

# POLE MOVES TO BUILD MUSCLE

HEALTHY & FIT 1



Pole dancing fitness class focuses on building muscle, not attracting gentlemen admirers.

THE REPLACEMENTS >>> Kimberly seniors finally get their chance to shine on the football field, MAIN 6

MONDAY  
August 24, 2009

# TIMES-NEWS

75 CENTS

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## TOO COSTLY TO CRASH?

Role of gas prices unclear in Idaho crash statistics

By John Plestina  
Times-News writer

Four-dollar gas frustrated motorists and stretched budgets last year. However, pricey petrol may have also saved lives.

According to data released by the Idaho Transportation Department, fatal crashes in the state decreased by 8 percent in 2008, a decrease an ITD report said is likely due to a reduction of vehicles on the road due to high fuel prices.

According to that report, there were 25,002 reported crashes across the state last year — a 5.5 percent decrease from 2007. Fatalities for the same period decreased from 252 to 232.

However, at least one Idaho State Police official said that this year's dip in gas prices to around the \$2.50 mark hasn't necessarily led to an increase in fatal crashes.

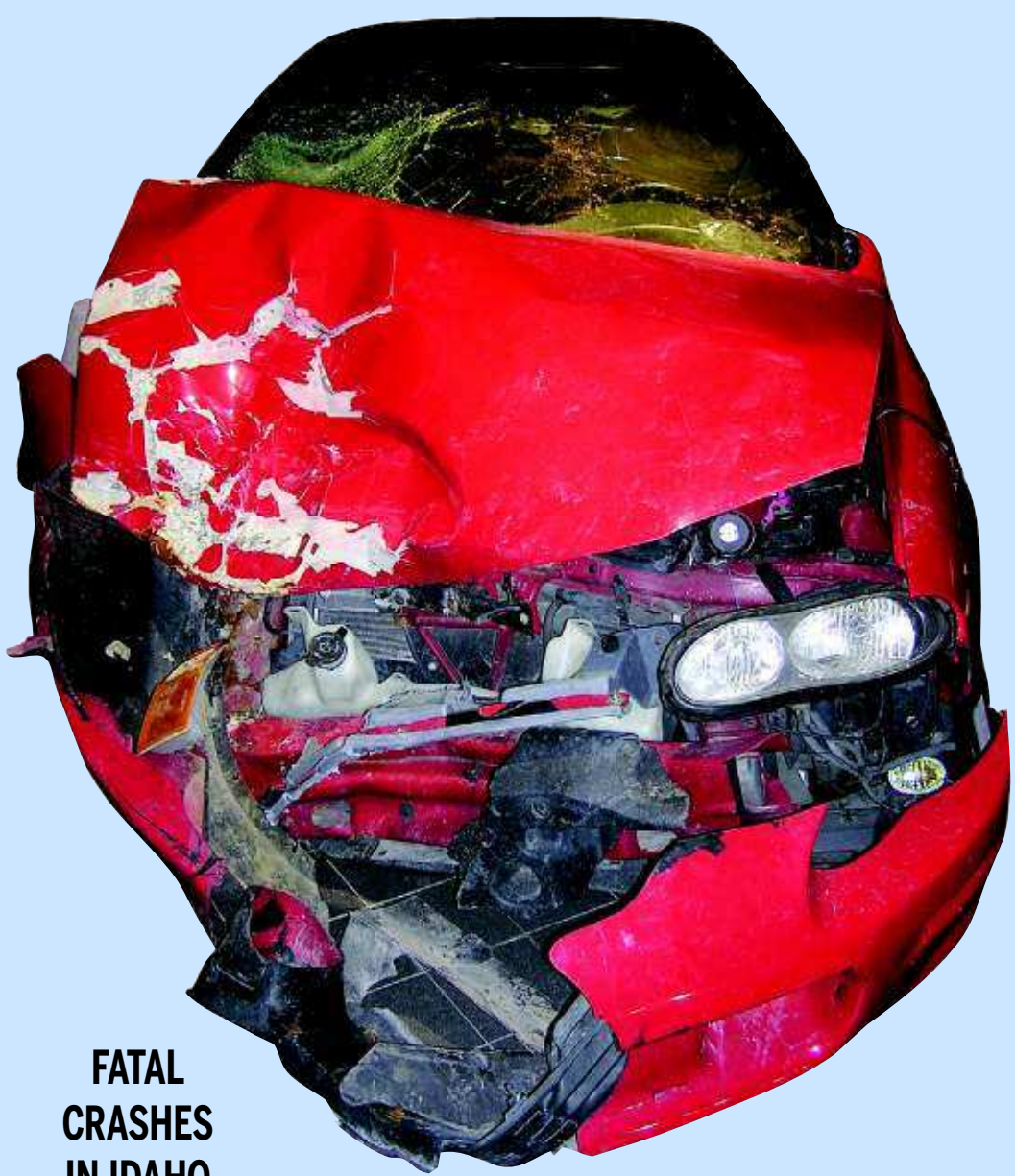
"We do monitor our crash statistics and our high-crash areas, and really we are about the same as last year so far," he said.

In Twin Falls County, fatal crashes decreased from 16 in 2007 to seven in 2008, while total crashes were reduced from 1,093 to 1,047 during the same span, according to ITD. Response to those crashes was split between the Twin Falls County Sheriff's Office and city police departments.

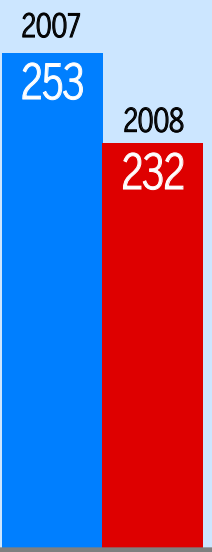
According to Twin Falls County Sheriff's Spokeswoman Lori Stewart, crashes have continued to decrease this year.

"We (responded to) 536 crashes in 2008 and

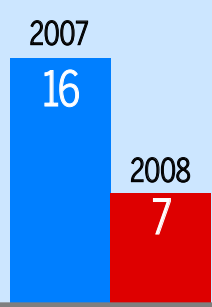
See **CRASHES**, Main 2



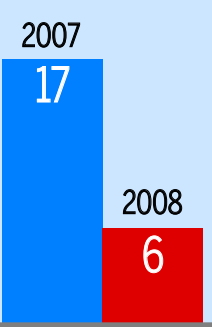
FATAL CRASHES IN IDAHO



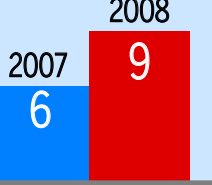
FATAL CRASHES IN TWIN FALLS COUNTY



FATAL CRASHES IN JEROME COUNTY



FATAL CRASHES IN CASSIA COUNTY



## 3 decades, 5 judges and 3,000 claims left to decide

Appointment means another transition for SRBA

By Nate Poppino  
Times-News writer

Judge John Melanson almost pulled it off.

Of the more than 180,000 water-rights claims that formed the Snake River Basin Adjudication — formed in 1987 to settle all water rights in question in the basin — Melanson had just about 3,000 contested claims left to handle.

Then an Idaho Court of Appeals seat opened and the judge faced a choice.

"I'm gonna do this, I've just got to do it," Melanson said on Friday.

Idaho Gov. C.L. "Butch" Otter announced Thursday that he selected Melanson to fill the seat of

See **SRBA**, Main 2

## Many SS payments to shrink

Payments won't increase for first time in years

By Stephen Ohlemacher  
Associated Press writer

WASHINGTON — Millions of older people face shrinking Social Security checks next year, the first time in a generation that payments would not rise.

The trustees who oversee Social Security are projecting there won't be a cost of living adjustment (COLA) for the next two years. That hasn't happened since automatic increases were adopted in 1975.

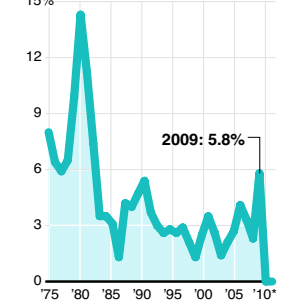
By law, Social Security benefits cannot go down. Nevertheless, monthly

See **PAYMENTS**, Main 2

## No Social Security COLA increase

The Social Security trustees project no cost of living increase for the next two years, something that has not happened since automatic adjustments were adopted in 1975.

Annual Social Security payment percentage increase



NOTE: Before 1983, cost of living increases were awarded in July; they have been awarded in January since 1984. \*2010 and 2011 are projections

SOURCE: Social Security Administration AP

## ISDB going through changes

By Ben Botkin  
Times-News writer

The Idaho School for the Deaf and the Blind is starting out its school year with changes.

Mary Dunne, ISDB's superintendent since 2007, retired this summer, ending a 37-year career at the school. ISDB has also shifted from being under the Idaho State Board of Education to an independent entity, the Idaho Bureau of Educational Services for the Deaf and the Blind, with its own board of directors.

Aylee Schaefer, formerly the transition coordinator for the blind and visually impaired at the state board of education, is the interim administrator at ISDB. For Schaefer, who has worked at the school before, the new job is a move to familiarity.

"I know many of the staff and I know the school and I worked in the outreach program so I know how the services work," she said. "It feels like kind of a welcome back."

Her appointment as interim administrator is for up to

See **ISDB**, Main 2

## W.R. Valley preparing to move more people

Ketchum, S.V. officials to explore future transportation improvements

By Karen Bossick  
Times-News correspondent

HAILEY — The pending development of a hotel at the base of Bald Mountain has prompted representatives from Mountain Rides, Sun Valley Co., Ketchum and Sun Valley to begin exploring transportation options to serve the increased traffic that such a project would bring.

The group is calling itself the Community Connector Committee, or CCC, and representatives are introducing the new committee to Sun Valley and Ketchum city representatives this week.

"We believe now is the time to address future increased traffic congestion in Ketchum's core, and to preserve its pedestrian character," said Peter Everett, chairman of Mountain Rides bus transportation service.

Everything is on the table at this point — from enhanced bus service to rapid transit, said Jason Miller, Mountain Rides director.

That includes an expanded

bus system, perhaps powered by natural gas, and a fixed guideway alternative, such as a gondola, or a trolley or streetcar on rails.

There's even been talk of a roundabout at Serenade Lane, which leads from Idaho Highway 75 to the ski resort.

In addition to determining the best option or options, the CCC also needs to examine how to raise funding for improvements, said Everett.

Sun Valley Co. Director of Resort Development Wally Huffman said the company wants a comprehensive community connector system that can transport hotel guests to downtown Ketchum quickly and easily.

"We are fully committed to supporting Ketchum as the retail and entertainment center of the valley," he said. "We have no interest in creating a second 'downtown' with our planned River Run development."

"We need an innovative link to transport locals and guests to key points throughout the area."

Sun Valley Co. last week



KAREN BOSSICK/For the Times-News

Portland resident John Brooke and his son, James, are among those who have participated in the popular pastime of climbing in the gondola cars that Sun Valley Co. has set up at the River Run Plaza and the Sun Valley Mall. Sun Valley Co. is touting a gondola that would run from Sun Valley Village to Ketchum and on to the ski area at River Run as a way to transport visitors and residents when Sun Valley completes a proposed hotel and condo project at River Run.

submitted plans to the city of Ketchum for up to 700 new hotel rooms and multifamily units in the River Run area. The resort already has approval for 30 homes and up to 120 multifamily units in the White Cloud development near the Sun Valley Lodge.

In addition, Ketchum has approved or is in the process of approving more than 300

additional hotel rooms within city limits.

Miller said a full-blown transportation study that can project how the River Run project will affect traffic patterns has not yet been performed.

"But it's a large enough development it certainly will have an impact," he said.

See **CCC**, Main 2

"We believe now is the time to address future increased traffic congestion in Ketchum's core, and to preserve its pedestrian character."

— Peter Everett, chairman of Mountain Rides bus transportation service



Comics .....Main 9  
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To do for you .....H&F 2

**WILDFIRES BURN CLOSE TO ATHENS**  
Thousands flee suburbs near historic city > Main 12

# MORNING BRIEFING

## Pat's Picks

Three things to do today

Pat Marcantonio



● If you're interested in history, the Lincoln County Historical Society is selling the "History of Shoshone," as well as T-shirts and note cards. You can also buy a membership. Stop by the Whistle Stop Antique Mall, 102 S. Rail St. E., Shoshone.

● Grab binoculars and a camera and follow the Idaho Birding Trail. This is 2,000 miles worth of trail with 175

sites of bird watching hotspots, habitats and more. For more info, go to <http://fishandgame.idaho.gov/ifwis/ibt/>.

● It's always time for education. The College of Southern Idaho is offering Saturday class times for several general classes this fall semester, which begins today. It's never too late to learn so go to <http://www.csi.edu/>.

## SRBA

Continued from Main 1

retiring Judge Darrel R. Perry, starting Oct. 1. That means the SRBA will be passed on to the fifth judge to oversee it, shortly after entering its third decade.

Melanson and his predecessors have kept the adjudication rolling along over the years, despite the fact that it's likely the largest in the country. If the new judge keeps up the pace, he said, the work could probably wrap up in two or three years. Any appeals in that time would likely go to the Idaho Supreme Court, he said, avoiding any possible conflicts of interest.

It's not clear yet who may be a contender to take over. The only active judge with past experience, Judge Barry Wood, is precluded from returning because his brother-in-law is a Supreme Court justice, and plans to retire this year anyway. The past SRBA presiding judges have all been 5th District judges, and for the most part have had to split time on the water court with time in a regular courtroom — Melanson also handles cases in Minidoka County.

Though the Idaho Supreme Court appoints the SRBA presiding judge, the job has typically fallen in the past to whoever showed a hint of interest. At a water law seminar last year, Wood recalled the job snaring him when he stepped in during a vacancy just to keep things moving.

Whoever gets the job will also likely become the de-facto judge for other water issues in the district, much as Melanson did. The judge said he plans to ask his superiors at the Supreme Court for permission to finish off a few last cases as he begins his new job, including appeals of several water delivery calls.

In the case of two — one made by two fish farms in the Thousand Springs area and the other by a coalition of seven canal companies and irrigation districts — he's now being asked to rehear parts of decisions he issued over the last couple of months and believes it'd be best to have the same judge conduct those hearings.

"I should finish what I started," he said, noting that the Court of Appeals would still be his main priority and that there's not much left to do on the cases he has in mind. "If I thought that, I would look for another judge."

The ongoing SRBA cases, he said, will be in good hands. Though it's been six years since Melanson took over, much of the administrative staff has been around for longer — the case administrator, he said, has worked for the SRBA since around its beginning. Three special masters who act as hearing officers will continue their work. And hopefully, he said, another judge will look past the arcane law and supposed hot tempers water cases are reputed for to see the opportunities and interesting work the post provides.

## ISDB

Continued from Main 1

11 months, and Schaefer says she is applying for the permanent administrator position.

Dunne, who lives in Jerome, said she's looking forward to spending more time with her family. She was recognized last week by the state board of education and her co-workers for her service.

Dunne said the public has come to realize that ISDB is more than simply a school in

Gooding and that it provides outreach services throughout all of Idaho. She has no second thoughts about her lengthy time at ISDB, which included working as a classroom teacher, an outreach consultant and director of outreach.

"I'm an Idaho native so I never entertained thoughts of going to another school for the deaf and blind in another state," she said, adding that she was honored by the recognition and support from co-workers and the state board.

## CCC

Continued from Main 1

Mountain Rides' master plan for a comprehensive regional transportation system includes construction of a parking garage at the River Run development for workers in Ketchum and Sun Valley to park before traveling to their jobs via the community connector.

Ketchum banker Kim Nalen said the thought of a trolley intrigued her as a way to get visitors from the hotel to downtown Ketchum.

"The important thing is to make sure Sun Valley Resort is linked with the new project to make it easier for visitors

to get around," said Sun Valley City Councilman Nils Ribi after listening to the group's presentation on Thursday. "It also would have benefit for commuters because they can park their car as they come into town and ride alternative transportation to work. As for the roundabout, I've certainly seen where they've worked elsewhere — the concept is to keep traffic moving."

Everett said a community connector would decrease pollution, in addition to reducing traffic congestion and freeing up downtown parking for retail customers.

The CCC plans to begin public discussions of all three connector options this fall.

## TODAY'S HAPPENINGS

### CLUBS AND ORGANIZATIONS

**Gooding Lion's Club meeting**, for men and women interested in identifying and meeting needs in the community, 6 p.m., Sally's, Main Street, new members welcome, 934-4141.

**Civil Air Patrol**, 7 p.m., Burley Airport, 678-0043 or 878-8880.

**SIGLBT Community Center coffee night**, 7 to 9 p.m., Starbucks, 509 Blue Lakes Boulevard, Twin Falls, price of a cup of coffee, [www.siglbt.org](http://www.siglbt.org).

**Syringa Lions Club**, 7:30 p.m., United Methodist Church meeting room, 605 H St., Rupert, 436-9862.

**Blaine County commissioners, administrative workshop**, 11 a.m., courthouse, 206 First Ave. S., Hailey, 788-5500.

**Twin Falls City Council**, 5 p.m., council chambers, 305 Third Ave. E., 735-7274.

**Ketchum Planning and Zoning Commission**, 5:30 p.m., City Hall, 480 E. Ave. N., 726-7801.

**Buhl City Council**, 6 p.m., council chambers, 203 Broadway Ave. N., 543-5650.

**Hailey City Council**, 6 p.m., City Hall, 115 Main St. S., 788-4221.

**Jerome County Planning and Zoning Commission**, 7 p.m., courthouse, 300 N. Lincoln St., 324-9116.

**Recovery for Life: "Find Help, Discover Hope, Experience Healing,"** includes

Divorce Care, Financial Peace, Co-dependency for Women, 12-Step HOPE (addiction recovery), 6 to 6:45 p.m. meal served and 7 p.m. meetings, Twin Falls Reformed Church, 1631 Grandview Drive N., (corner of Grandview Drive North and Pole Line Road), 733-6128.

### LIBRARY

**The Family Film Festival Feature**, classical crime drama "White Heat" with James Cagney, 7 p.m., Burley Public Library, 1300 Miller Ave., Burley, light refreshments provided, no cost, open to the public, 208-878-7708.

### SCHOOLS

**Filer Elementary School new student registration**, for Kindergarteners (must be age 5 by Sept. 1, with required proof of current immunizations and legal birth certificate) through 5th graders, 12:30 to 7:30 p.m., at the school, 700 Stevens St., Filer, student fees: \$8, 326-4369. (Currently registered students may contact office and update student records and pay registration fees from 8 a.m. to 4 p.m.)

### SPORTS

**Active seniors pickleball group**, group of pickleball enthusiasts willing to teach newcomers, 7 p.m., Harmon Park tennis courts, Locust Avenue, Twin Falls, no cost, 734-0622 or [ssacco@spro.net](mailto:ssacco@spro.net).

### TODAY'S DEADLINE

**Meeting Memo for Aug. 25 Blue Lakes Rotary Club meeting and breakfast**, features speakers from the community, 7 to 8 a.m., Red Lion Hotel, 1357 Blue Lakes Blvd., Twin Falls, visitors welcome, [marl-barn@busyb.myrf.net](mailto:marl-barn@busyb.myrf.net), 208-324-4808 or [www.bluelakesrotary.com](http://www.bluelakesrotary.com).

**To have an event listed**, please submit the name of the event, a brief description, time, place, cost and contact number to Suzanne Browne by e-mail at [sbrowne@magicvalley.com](mailto:sbrowne@magicvalley.com); by fax, 734-5538; or by mail, Times-News, P.O. Box 548, Twin Falls, ID 83303-0548. Deadline is noon, four days in advance of the event.

### EDUCATION

**Sun Valley Writers' Conference**, features talks, panels, readings and small-group discussions led by writers, Sun Valley Pavilion and Sun Valley Resort, Sun Valley, single-event tickets: \$25 each per presentation, 888-655-6529 or at the conference near the main entrance, schedule: [www.svwc.com](http://www.svwc.com) or 726-5454.

**Summer Lecture Series**, hosted by The Community School and College of Idaho with presentation by professor of history Howard Berger on "The Individual and the Community: Comparing Israeli and American Attitudes and Customs," followed by a question-and-answer session, 7 p.m., at The Community School Theater, 181 Dollar Road, Sun Valley, free admission, open to the public, 208-622-3960, ext 101.

### HEALTH AND WELLNESS

**SilverSneakers Fitness Program at Curves of Twin Falls**, complete cardio and circuit training with resistance, state-of-the-art equipment and "Curves Smart" personalized coaching, 5:30 a.m. to 7 p.m., Twin Falls Curves, 690 Blue Lakes Blvd. N., no cost for Humana Gold-insured or AARP provided by Secure Horizons, 734-7300.

**Fit and Fall Proof Exercise Class**, 10 to 11 a.m., Blaine County Senior Connection, 721 S. Third Ave., Hailey, no cost, 737-5988.

**Fit and Fall Proof Exercise Class**, 10:30 to 11:30 a.m., Ageless Senior Citizens, Inc., 310 Main St. N., Kimberly, no cost, 737-5988.

**SilverSneakers Fitness Program**, 10:30 to 11:30 a.m., Jerome Senior Center, 212 First Ave. E., no cost for Humana Gold Choice members, \$1 for non-Humana members, 324-5642.

**SilverSneakers Fitness Program**, innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for Humana-insured or YMCA members and \$5 per class for uninsured, 733-4384.

**Grief Share**, continuing program and time of sharing, 1 to 2 p.m., Rupert United Methodist Church, 605 H St., Rupert, 436-3354.

**Fit and Fall Proof Exercise Class**, 1:30 p.m., front lounge, Woodstone Assisted Living Facility, 491 Caswell Ave. W., Twin Falls, no cost, 737-5988.

**Choices for Recovery**, a non-traditional, 12-step spiritual program open to all faiths, issues and addictions, 6 p.m., west conference room, Minidoka Memorial Hospital, Rupert, no cost, 431-3741.

### GOVERNMENT

**Lincoln County commissioners**, 8:30 a.m., courthouse, 111 W. B St., Shoshone St., 886-2173.

**Twin Falls County commissioners**, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

**Cassia County commissioners**, 9 a.m., courthouse, 1459 Overland Ave., Burley, 878-7302.

**Elmore County commissioners**, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home, 587-2129.

**Gooding County commissioners**, 9 a.m., courthouse, 624 Main St., 934-4841.

**Jerome County commissioners**, 9 a.m., courthouse, 300 N. Lincoln St., 644-2700.

**Minidoka County commissioners**, 9 a.m., courthouse, 715 G St., Rupert, 436-7111.

## Payments

Continued from Main 1

payments would drop for millions of people in the Medicare prescription drug program because the premiums, which often are deducted from Social Security payments, are scheduled to go up slightly.

"I will promise you, they count on that COLA," said Barbara Kennelly, a former Democratic congresswoman from Connecticut who now heads the National Committee to Preserve Social Security and Medicare. "To some people, it might not be a big deal. But to seniors, especially with their health care costs, it is a big deal."

Cost of living adjustments are pegged to inflation, which has been negative this year, largely because energy prices are below 2008 levels.

Advocates say older people still face higher prices because they spend a disproportionate amount of their income on health care, where costs rise faster than inflation. Many also have suffered from declining home values and shrinking stock portfolios just as they are relying on those assets for income.

"For many elderly, they don't feel that inflation is low because their expenses are still going up," said David Certner, legislative policy director for AARP. "Anyone who has savings and investments has seen some serious losses."

About 50 million retired and disabled Americans receive Social Security benefits. The average monthly benefit for retirees is \$1,153 this year. All beneficiaries received a

5.8 percent increase in January, the largest since 1982.

More than 32 million people are in the Medicare prescription drug program. Average monthly premiums are set to go from \$28 this year to \$30 next year, though they vary by plan. About 6 million people in the program have premiums deducted from their monthly Social Security payments, according to the Social Security Administration.

Millions of people with Medicare Part B coverage for doctors' visits also have their premiums deducted from Social Security payments. Part B premiums are expected to rise as well. But under the law, the increase cannot be larger than the increase in Social Security benefits for

most recipients.

There is no such hold-harmless provision for drug premiums.

Kennelly's group wants Congress to increase Social Security benefits next year, even though the formula doesn't call for it. She would like to see either a 1 percent increase in monthly payments or a one-time payment of \$150.

The cost of a one-time payment, a little less than \$8 billion, could be covered by increasing the amount of income subjected to Social Security taxes, Kennelly said. Workers only pay Social Security taxes on the first \$106,800 of income, a limit that rises each year with the average national wage.

But the limit only increases if monthly benefits increase.

## Crashes

Continued from Main 1

257 currently in 2009," Stewart said. "Divided by months, the rate is reduced from last year."

Stewart cited campaigns encouraging seat belt use and combating aggressive driving. According to ITD statistics, 105 of the 232 fatal crashes in 2008 involved a driver or passenger who was not wearing a seat belt. Seat belt law compliance in Idaho was reported at 77 percent by ITD.

The report attributes aggressive driving as the cause of 54 percent of crashes and 100 deaths last year. Drunk and impaired driving was a factor in 41 percent of 2008 crashes, according to ITD.

In Jerome County, traffic fatalities decreased from 17 in 2007 to six last year, while total crashes for the same period decreased from 395 to 393, according to ITD.

Sheriff Doug McFall said he did not have exact statistics for 2009, but "we're on our way to having another low number consistent with last year."

McFall said he doesn't believe fuel prices have

impacted crash fatality statistics.

"I'm not seeing that at all," he said. "I think the reduction in fatalities can be attributed more so to traffic safety programs and they're (automobile manufacturers) building safer vehicles."

In Lincoln County, one person died on the roads in 2007 and two in 2008, according to ITD, while total reported crashes decreased from 98 to 66.

"It's obvious there were a lot less people on the road," Sheriff Kevin Ellis said of the period a year ago when gas prices were at \$4 per gallon. However, it's unclear how the gas price drop factors into this year's crash statistics, Ellis said.

"It's going to be hard to say. There are a lot more factors involved than just gas prices," he said.

Ellis said Lincoln County has put a lot more emphasis recently on patrols for safety.

Elsewhere in the area, crash and fatality numbers increased in 2008 in Blaine, Cassia, Gooding and Minidoka counties. The sheriffs of those counties had differing opinions on

possible reasons.

In Cassia County, reported crashes increased from 500 in 2007 to 545 last year, including a jump from six to nine fatalities, according to ITD.

Cassia County Sheriff Randy Kidd said a high cost of gas "surely reduces the amount of travel but speed-wise it doesn't slow people down."

Minidoka County crash numbers increased from 295 in 2007 to 352 in 2008, with a fatality increase from four to 10 in the same span, according to ITD.

"The stats are showing it is up quite a bit," said Sheriff Kevin Halverson. "Other counties along the I-84 corridor are in the same boat we are in," he said.

He cited other causes, too. "We're mainly farming and people use a lot of fuel. People are going to drive here no matter what," Halverson said.

Blaine County Sheriff Walt Femling cited wildlife as a cause of several serious crashes last year. He also said a high number of seasonal commuters contributes to county crash statistics,

which increased from 285 reported crashes in 2007 to 354 in 2008, including two 2007 fatalities and three in 2008, according to ITD.

"We had a lot of game wintering next to the highway," Femling said. "We had vehicles hitting two to four elk or deer a week."

"I don't think we had more cars on the road. I think we had more hazardous driving conditions. A lot of time it's road conditions that drive our accidents. Different winter conditions happen up here," Femling said.

Femling said he encourages commuters to use bus transportation that is available from Twin Falls and Shoshone.

In Gooding County, crashes increased from 215 in 2007 to 266 in 2008, according to ITD. There were two traffic fatalities in the county in 2007 and four in 2008. Gooding County Sheriff Shaun Gough was unavailable for comment.

*John Plestina may be reached at [jplestina@magicvalley.com](mailto:jplestina@magicvalley.com) or 208-358-7062.*

## TIMES-NEWS

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## T.F. Council considering speed changes

Times-News staff

The Twin Falls City Council tonight will consider two separate proposals to reduce speed limits in town during a regular meeting.

Citing concerns about pedestrian safety in the Snake River Canyon, the Twin Falls Traffic Safety Committee wants the council to reduce the speed limit on Canyon Springs Road from the top of the grade to Centennial Park Road, from 35 mph to 25 mph. In the past 12 years, there have been 11 accidents reported, with one in the last five years, but none have involved pedestrians or bicyclists, according to information from the city.

If the city's elected leaders support the proposal, county and city law enforcement in Twin Falls could start citing motorists for driving faster than 25 mph on Canyon Springs Road and Centennial Park Road.

But the city's engineering department "disagrees with a speed reduction on Canyon Springs Road because drivers tend to drive at speeds they 'feel' are safe, regardless of the posting," according to a report from City Engineer Jacqueline Fields. "With limited resources, enforcement of a lower speed limit on the grade will move enforcement activities from another location."

The city council is also set to consider tonight another speed limit reduction proposal. Two concerned citizens want the speed limit on Hankins Road — from Kimberly Road to Addison Avenue — reduced from the current 50 mph to 35 mph.

The Twin Falls Traffic Safety Committee supports a 5 mph reduction in that area, though to Falls Avenue East.

The city council is also being asked for an extension to a final plat for Grandview Estates subdivision — to develop 133 residential lots along the southeast corner of Grandview Drive North and Federation Road.

Two public hearings are scheduled as well for tonight. Comments will be taken on the city's 2009-10 fiscal year budget, and a proposed comprehensive plan amendment will be up for discussion. The proposal would amend the future land use from a residential type, to office/professional, for property situated south of Cheney Drive West, west of Park View Drive and north of North College Road West.

The Council meets at 5 p.m. tonight at 305 Third Ave. E.

# Wind farm debate splits private property concerns

By Matt Joyce  
Associated Press writer

GLENROCK, Wyo. — Richard Grant Jr.'s family has ranched Wyoming's rugged granite-and-grass hills for generations, their 123-year-old ranch dotted with reminders of their long history — an historic schoolhouse, an old red barn and the parcels of land sold away during hard times.

But it wasn't until a few years ago that a radical prospect blew in with the stiff winds that sweep the ridge tops of the northern Laramie Range: wind turbines.

Grant welcomes the chance to get into wind energy development and generate some income. His courting of wind developers however has put him at odds with some of his neighbors, who consider a large-scale wind farm to be the industrialization of their backyards in the sparsely populated region.

"My goal is to stay in ag, be able to pass on our generations of history," Grant said. "This gives us that opportunity."

As the nation's demand for renewable energy grows, landowners and govern-



On Aug. 3, Glenrock, Wyo. rancher Richard Grant sits next to the one-room schoolhouse where his father and grandfather attended classes on the Grant family's homestead. Grant is interested in leasing his family's ranch for a possible wind farm. Some of his neighbors oppose the idea of building a wind farm in the area.

ments across the West are wrestling with how to balance their cherished private property rights against the far-reaching visual impact of 400-foot-tall wind turbines and the transmission lines needed to move power to distant cities.

"That's something you're

hearing a lot about — the landscape and the viewsheds," Grant said. "And I can see their points. But if the viewsheds were worth so much, I wouldn't be worrying about making an extra dollar somewhere?"

Grant said he's been in negotiations for six months

with Wasatch Wind, of Heber City, Utah, to lease his ranch for possible wind farm development. A representative of Wasatch said the company is in the early stages of studying the area for a possible wind farm.

Some of Grant's neighbors are having none of it.

They formed the Northern Laramie Range Alliance this spring to fight industrial scale wind development in their namesake mountains and a segment of a proposed transmission line that would cut across the range.

Kenneth G. Lay, a founder of the group, said its members aren't opposed to industrial scale wind development in places such as Wyoming's eastern plains, where landowners are actively marketing their land to wind developers. But the group doesn't want a big wind farm in an area it describes as "scenic, multiple-use landscapes?"

The group is also concerned about developers quietly negotiating with individual landowners.

"We think there needs to be a responsible siting process that is going to balance a lot of interests that everybody has," said Lay, who spends his time on his ranch neighboring Grant's while not working in Washington, D.C., as treasurer of the World Bank.

"We believe that it is not appropriate for one or two big landowners to essentially dictate what is going to happen to everybody else's property?"

## Idaho booze, beer sales slow in FY 2009

By Todd Dvorak  
Associated Press writer

BOISE — The growth in the sale of vodka, whiskey and other hard liquor slowed in fiscal year 2009 to its lowest rate in more than a decade as consumers turned to cheaper brands and drank less in restaurants and bars.

State tax revenues also show a decline in beer sales compared to 2008 and a slight decline in overall liquor sales in Boise, the state's biggest market but also one of the hardest hit by the economic recession and job losses.

The Idaho Liquor Dispensary, which oversees the sales of all distilled spirits, reported revenue of \$135.1 million for fiscal 2009, up just 3.3 percent from 2008 but the lowest growth rate since 1997.

"People are looking more and more at value, and we're probably going to see more of that for a while until things straighten out with the economy," Dyke Nally, superintendent of the dispensary, told The Associated Press. "People just don't have as much disposable income right now."

Nowhere is that trend more evident than Boise,

which boasts Idaho's biggest selling state-owned store and typically accounts for more than 20 percent of the dispensary's total revenue.

Last year, hard liquor sales in the Boise market was \$28.2 million, down 0.7 percent from \$28.4 million in fiscal 2008. And the state's busiest store — located downtown and the lone supplier to the city center's bars and restaurants — reported sales of \$5 million last year, down from \$5.2 million the previous year.

The Boise metropolitan area unemployment rate for June was 10.1 percent, higher than the state rate of 8.8 percent. Boise has been hard hit the last two years by layoffs of high-paying jobs at companies like Micron Technology Inc., and Hewlett Packard.

"I think it's all explainable when you look at the sheer number of good paying jobs that have left Boise and the surrounding area in the last year," said Tony Faraca, the chief financial officer for the dispensary.

Other areas in the state, however, kept pace with previous growth in liquor sales. The dispensary reported sales growth from the previous year of 7.6 percent in 2008, 11 percent in 2007, 15.1 percent in 2006 and 10.7 percent in 2005.

## Fear over economy, suspicions of new gun laws lead to more gun permits

By Matt Gouras  
Associated Press writer

HELENA, Mont. — Gun owners worried that a bad economy could lead to increased violence and suspicious that new stricter gun laws are on the horizon are rushing in record numbers to get concealed weapons permits.

From Washington state to Florida, state officials say more people are deciding to pack heat. In some cases, states are reporting a near doubling in the number of concealed carry permits.

The firearms industry has seen a big jump in sales and interest following last fall's elections, driven by a fear that Democrats could dig up old gun control policies. But the economy is also on the mind of many getting new permits to carry a hidden gun. Some worry the recession will get worse, leaving people to resort to theft and violence.

"I do think there are going to be people who have very little, and they are going to decide you have too much and come get it," said Rochelle Haughton of Billings, who described herself as a middle-aged housewife who likes to bring a gun when she travels on the open highway.

In Montana, authorities

are on pace to issue twice as many concealed weapons permits than last year — and this is in a state that only requires such permits if you go into an incorporated city. They are unnecessary everywhere else.

Gary Marbut, president of the Montana Shooting Sports Association, said students taking his gun training classes report underlying worries on gun control and violence. He said the economy is prompting anxiety over what could happen next — to the point some think social order could start to break down.

"People are making decisions based on some anxiety, rather than having thought it totally through entirely," he said.

Police in states around the country are unable to keep up with the pace of concealed weapons permits.

The Texas Department of Public Safety says it is hiring temporary workers to help process a surge in applications. Oklahoma also reports a near doubling in concealed carry permit applications. North Dakota officials say concealed weapons permit applications are up a third over last year.

The trend stretches from

"I do think there are going to be people who have very little, and they are going to decide you have too much and come get it."

— Rochelle Haughton of Billings, Mont.

Washington state to Florida, where police expect to process at least 50 percent more applications than a year ago. That state is also turning to temporary workers to help deal with the work.

Florida was one of the first states two decades ago to pass a concealed-carry law. Interest blossomed quickly, and now nearly all states have such a law. Gun advocates call the program wildly successful, pointing to the increased popularity of such permits.

Critics say the laws — and interest in packing a hidden gun — are a result of senseless paranoia. Those closest to the big jump in permits this year cite the well-documented interest in buying guns and ammunition ever since the President Obama's election — along with the unsettling nature of the recession.

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AP photo

A Cash for Clunkers sign is displayed at a dealership in Indianapolis on Friday. The Obama administration will bring to an end the popular \$3 billion Cash for Clunkers program today.

# Final weekend of clunkers program draws big crowds

By Emily Fredrix  
Associated Press writer

From Vermont to California, exhausted but appreciative car dealers watched their lots grow empty as crowds rushed to trade in gas guzzlers during the final weekend of the popular Cash for Clunkers program.

The hectic pace of the \$3 billion rebate program accelerated in the final weekend, after the government announced the program would end at 8 p.m. today, two weeks earlier than expected.

Adding to the urgency, some dealers had said they would stop Cash for Clunkers sales even earlier to make sure

the government reimbursed them for the rebates — or because they didn't have enough eligible cars left.

In the final hours, customers streamed in.

"We thought about it a couple weeks ago," said Annette Palmer, 51, at Town and Country Honda in Berlin, Vt., on Saturday with her husband. They hoped to trade in a 1999 Jeep Grand Cherokee for a Honda CR-V.

"We kind of dragged our feet. Then we heard it was closing and we picked up our feet and ran," she said.

Though short of some new models, such as the Ford Focus, Honda Civic, Toyota Corolla and Nissan Altima, many dealers were still selling as many cars as they could

## CASH FOR CLUNKERS' FINAL WEEKEND

The Associated Press

**THE RUSH:** Customers streamed into dealerships to take advantage of the Cash for Clunkers program before today's 8 p.m. EDT deadline.

**THE HEADACHES:** Many dealers worried about preparing and filing their paperwork in time for the government to reimburse them for the rebates. Some didn't have enough eligible cars left to sell. Some stopped participating early.

**THE REASON:** The \$3 billion program gives consumers rebates of up to \$4,500 on new fuel-efficient cars if they trade in their gas guzzlers. As of early Friday, dealers had sold 489,269 vehicles through the program.

before Monday night's deadline.

Standing outside one of his Hyundai dealerships in Appleton, Wis., John Bergstrom said customers traded in 100 clunkers

throughout his fleet of 20 dealerships on Saturday and 100 the day before. They were his two biggest sales days during the clunkers program.

"That's about as good as it gets," Bergstrom said. "It's

going out with a bang."

In all, Bergstrom said his dealerships — whose brands include Ford, GM and Toyota — sold 800 cars during the program, boosting sales 30 percent. He had to bring in extra staff to deal with the paperwork, but the sales were worth the hassle, Bergstrom said.

At Universal City Nissan in Los Angeles, Alberto Vasquez said keeping up with the pace of the program has taken a toll on employees. Some labored past midnight to wrap up last-minute deals.

"Are we tired? Definitely," said Vasquez, the dealership's director of training. "But it's also bittersweet, because we're happy that we're selling cars."

# North Dakota's longest-serving inmate paroled after 40 years

Growing number of senior parolees returning to communities nationwide

By James MacPherson  
Associated Press writer

BISMARCK, N.D. — During the 40 years convicted murderer James LeRoy Iverson watched from his prison cell window, he saw a field transform from a nesting ground for geese to a Walmart Supercenter site.

A week after being paroled as North Dakota's longest-serving inmate, the 70-year-old got his first look inside the Bismarck store.

"I'd never been to a Walmart before — they have oodles and oodles of stuff in there," said Iverson, dressed in a crisp new blue jeans and shirt purchased from the retail giant. "It took me three hours to walk all the way around that place."

Four decades after his 1969 conviction for strangling two women in Grand Forks, Iverson is among a growing number of senior parolees returning to communities nationwide.

He has taken walks and taxis around town since his release earlier this month and said he's in awe of the changes. He likened it to having been in a time capsule.

"People dress different — I see a lot of people walking around in shorts and more men with beards," said Iverson, who had to abandon his first attempt at figuring out how to use a cell

phone.

The U.S. prison population has grown 500 percent to 1.5 million since the early 1970s, said Ryan King, a policy analyst with The Sentencing Project, a Washington-based group that supports criminal justice reform. The number of state and federal inmates aged 55 years and up more than doubled from 32,000 in 1995 to 70,000 in 2007, the latest figures available.

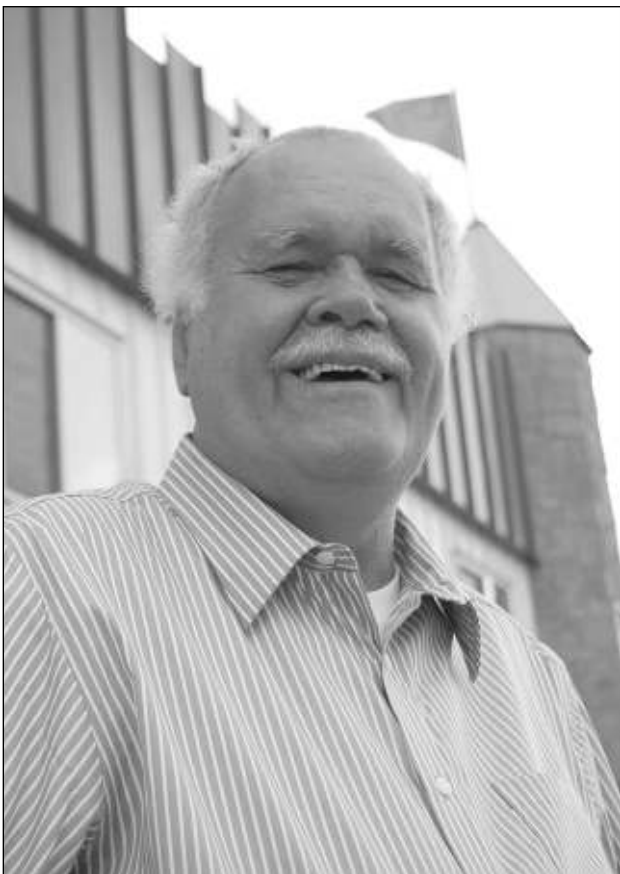
"More people are in prisons and they're staying for longer periods," King said. "And more than 90 percent of them will come out at some point."

The first wave of people sentenced under stricter criminal sanctions established some 30 years ago are now being released, said Marquette University criminal law professor Michael O'Hear. And while long-serving inmates sometimes become dependent on prisons, cases of elderly ex-cons reoffending just to return are rare, he said.

"Most people who are in want to be out," he said.

Jeremy Travis, president of John Jay College of Criminal Justice in New York, agreed there is little danger of reoffense from older adults.

"It's not to say there is no risk but statistically, they are long past the high crime years of their lives," he said.



AP photo

Convicted murderer James LeRoy Iverson, 70, poses Thursday in Bismarck, N.D. Iverson, North Dakota's longest-serving prison inmate, was paroled this month after serving 40 years for the murders of two Grand Forks, N.D., women.

Iverson, who believed he'd die behind bars, said he sees life on the outside as a short second chance.

The former taxi driver was sentenced to life in prison for killing Dianne Bill and 25 to 30 years for killing Carol Mayers. The women's bodies were found in Mayers' Grand Forks apartment in November 1968 after they failed to show up for work at

a restaurant. Calls to family members seeking comment on Iverson's release were not returned.

Iverson said he was intoxicated and doesn't remember killing the women.

"I don't know," he said, looking away. "I wish they had DNA. I want to know for me and my family because this has been a stigma for them."

# Dead soldier's family reacts to Iraq cruelty probe

By Meghan Barr  
Associated Press writer

COLUMBUS, Ohio — When Adrian Wilhelm learned that his son committed suicide just four days into his deployment in Iraq, he knew right away that the facts didn't add up.

His son, 19-year-old Pvt. Keiffer Wilhelm, had been excited and upbeat just weeks earlier as he prepared to ship overseas. He was planning to buy a new car. He was exercising diligently, shedding at least 20 pounds in time for boot camp.

Then, suddenly, he was dead. Now his family is struggling to process the stunning news that four of Wilhelm's fellow soldiers stand accused of abusing him and other soldiers in his platoon with excessive physical fitness and cruelty before his death.

"They just acted like they were a bunch of street hoods," Adrian Wilhelm said from his home in Plymouth, Ohio. "They thought they were above the law."

The soldiers have been charged with cruelty and maltreatment of subordinates, among other charges. The military says there is no direct evidence that the soldiers' alleged misconduct caused Wilhelm's death, which remains under investigation.

Wilhelm died Aug. 4 of a

gunshot wound to the head in Maysan province in southern Iraq. His unit is part of the first brigade to deploy to Iraq for the new U.S. mission to train Iraqi security forces.

"There's no way he could do what he did without being pushed to the limit," Adrian Wilhelm said.

In recent days, Wilhelm's family has watched as unconfirmed reports of the abuse leaked out in the media. Adrian Wilhelm says he's read that his son was forced to crawl in the dirt until his legs bled, and that he was harassed about his weight.

"We found all that out on the news," he said. "That was information that no one truly knew."

A portrait of a young, idealistic soldier devoted to the Army began to emerge from interviews with family and friends in the small northern Ohio town where Wilhelm grew up. A high school wrestler who battled weight issues, Wilhelm worked hard to get in shape before his deployment, said Linda Walker, a close family friend who encouraged him to enlist in the Army in December.

"Keiffer was the most non-threatening person you would ever want to meet," she said. "I just don't think he was ready for the brutality from his own troops."

# Wave fueled by Hurricane Bill kills 7-year-old girl in Maine

PORTLAND, Maine (AP) — A large wave fueled by Hurricane Bill swept a group of surf-watchers into the sea at a Maine park Sunday, including a 7-year-old girl who died after the Coast Guard pulled her from the churning waters.

The girl, her father and a 12-year-old girl who were

all visiting Acadia National Park were plucked from the water by rescuers. The man and the 12-year-old were hospitalized.

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# Medical testing at VA sites is faulted

Man infected with AIDS at Tenn. facility

By Steve Vogel  
The Washington Post

WASHINGTON — Army veteran Juan Rivera reported to the veterans hospital in Miami for a routine colonoscopy in May 2008. Almost a year later, the 55-year-old father of two learned that the Department of Veterans Affairs had not properly sterilized the equipment used for the procedure.

A test soon after revealed that he had been infected with HIV. "The VA has issued me a death sentence," Rivera said, according to his lawyer.

A problem with sterilization practices at a VA center in Tennessee was discovered in December, and the department has notified more than 11,000 veterans who had endoscopic procedures at three of its facilities that they may have been exposed to cross-contamination. The VA has advised them to return for testing.

As of Aug. 3, eight of those

patients have tested positive for HIV, 12 for hepatitis B and 37 for hepatitis C, according to the VA.

Rivera, who served in the Army for 13 years and drives a truck for the U.S. Postal Service, filed notice last month of his intent to sue the VA. The administrative claim, filed with the VA under the Federal Torts Claim Act, says that his infection was caused by the VA's failure to clean its equipment and to follow proper procedure.

"He's angry, stunned and distraught that the government he served so well for so long has done this to him," said his lawyer, Ira Leesfield.

Lawyers predict that Rivera's case marks the beginning of a rush of lawsuits against the VA alleging negligence in the handling of medical equipment.

Nashville, Tenn., lawyer Mike Sheppard said Friday that he is preparing to file claims on behalf of a dozen veterans who have contracted hepatitis B or C, as well as 50 to 60 emotional-distress claims from veterans and family members.

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# Obama facing hard choices on Afghanistan war plans

By Richard Lardner  
Associated Press writer

WASHINGTON — As public support for the war in Afghanistan erodes, President Obama soon may face two equally unattractive choices: increase U.S. troops levels to beat back a resilient enemy, or stick with the 68,000 already committed and risk the political fallout if that's not enough.

Army Gen. Stanley McChrystal, the top U.S. commander in Afghanistan, is completing an assessment of what he needs to win the fight there. That review, however, won't specifically address force levels, according to Adm. Mike Mullen, the chairman of the Joint Chiefs of Staff.

But military officials privately believe McChrystal may ask for as many as 20,000 additional forces to get an increasingly difficult security situation in Afghanistan under control. And one leading Republican is already saying McChrystal will be pressured to ask for fewer troops than he requires.

"I think there are great pressures on General McChrystal to reduce those estimates," said Sen. John McCain, R-Ariz., in an interview broadcast Sunday. "I don't think it's necessarily from the president. I think it's

from the people around him and others that I think don't want to see a significant increase in our troops' presence there."

Mullen on Sunday described the situation in Afghanistan as "serious and deteriorating," but refused to say whether additional forces would be needed.

"Afghanistan is very vul-

nerable in terms of (the) Taliban and extremists taking over again, and I don't think that threat's going to go away," he said.

Mullen also expressed concern about diminishing support among a war-weary American public as the U.S. and NATO enter their ninth year of combat and reconstruction operations.

## INSIDE

Afghan vote fraud allegations mount.

See Main 12

President Obama's strategy for defeating the Taliban and al-Qaida is a work in progress as more U.S. troops are sent there, Mullen said.

Three years ago, the U.S. had about 20,000 forces in the country. Today, it has triple that, on the way to 68,000 by year's end when all the extra 17,000 troops that Obama announced in March are to be in place. An additional 4,000 troops are arriving to help train Afghan forces. More civilian workers are going as well to help

rebuild Afghanistan's economy and government.

Mullen said the security situation in Afghanistan needs to be reversed in the next 12 months to 18 months.

"I think it is serious and it is deteriorating, and I've said that over the last couple of years, that the Taliban insurgency has gotten better, more sophisticated," he said.

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## Fighting in Yemen escalates

By Jeffrey Fleishman  
Los Angeles Times

CAIRO — Fighting in the mountains of northwestern Yemen intensified Sunday as the government announced that it had killed more than 100 Shiite Muslim rebels and humanitarian organizations voiced alarm over an estimated 100,000 people who have fled their homes since the conflict flared nearly two weeks ago.

The rebels rejected a cease-fire offer from the Sunni Muslim-dominated government at the beginning of the holy month of Ramadan on Friday. The region has since echoed with the fire of artillery, tanks and aircraft as Yemeni forces moved to crush a five-year rebellion led by Shiite militant Abdul Malik Houthi in Saada and Amran provinces.

The fighting near the border with Saudi Arabia was another spasm across an increasingly unstable Yemen, a poor yet strategic country off the Gulf of Aden. U.S. officials are concerned that the government of President Ali Abdullah Saleh is engulfed in conflicts that also include a separatist insurgency in the south and growing numbers of al-Qaida fighters using the nation as a base to launch attacks across the Middle East.

## Pakistan Taliban commander vows Afghan fight

MAKEEN, Pakistan (AP) — Pakistani Taliban fighters are committed to helping the fight in Afghanistan and consider Barack Obama their "No 1 enemy," a top commander said amid uncertainty Sunday about whether a new leader has been appointed to head the movement.

Waliur Rehman made the remarks in an interview with the Associated Press at a time of intense speculation over the next leader of the al-Qaida-allied group. A CIA missile strike on Aug. 5 is believed to have killed former chief Baitullah Meshud. Rehman, a cousin of Baitullah, is seen as a strong candidate for the post.

Speaking Saturday — before aides to another Taliban commander said a second contender, Hakimullah Meshud, had been appointed the next chief — Rehman said Baitullah had given him full control over the network and that a new leader "would be chosen within five days."

# SPORTS



**ROCKIES  
TOP  
GIANTS**  
Main 7

## Idaho has strong offense in final scrimmage of fall camp

By Josh Wright  
Times-News correspondent

MOSCOW — University of Idaho head football coach Robb Akey was shuffling through last-minute preparations for Sunday's scrimmage with part of his staff when he decided to vocalize a hunch.

"I've got a feeling that one side of the ball is going to get after the other today," he predicted.

Sure enough, it was UI's offense that dazzled for much of a mild, breezy afternoon at the team's outdoor practice field. And much to Akey's liking, the Vandals flaunted expertise in a bit of everything: a

capable power ground game, quarterbacks who efficiently managed simulated two- and four-minute drills and a diverse receiving corps with big-play potential.

Six wideouts/tight ends snared passes of 20 yards or longer on Sunday, helping Nathan Enderle and Brian Reader complete a combined 11 of 14 passes.

Last season Idaho had one bankable receiving target, H-back Eddie Williams, and a mix of wideouts whose performances were spotty. Williams, a first-team all-Western Athletic Conference performer

last season, hauled in 54 receptions, twice as many as the team's No. 2 threat, Preston Davis.

With Williams gone to the Washington Redskins, Akey identified five targets: tight end Daniel Hardy and receivers Eric Greenwood, Maurice Shaw, Max Komar and Davis, who have consistently flourished in fall camp.

"That makes me feel like when teams do some things to deal with our running game, we can distribute it a little better in the throwing game," Akey said. "That has me feeling better about things."

The burden of replacing Williams won't fall on just one player. Hardy seems ready to produce as the Vandals' designed H-back, a hybrid position that mixes tight end, fullback and receiver.

The junior has added nearly 40 pounds and two inches to his frame since coming to Moscow from Anchorage, Alaska, and he's shown a keen ability to extend the defense with deep receiving skills.

"You can't replace a guy like Eddie Williams," said Hardy, now 6-foot-4, 235 pounds. "Obviously he got drafted by the Redskins. He's making plays there. We just want to follow in his footsteps."

Hardy equates the Vandals' tight end group to the club's running backs. At both positions, UI will lean on a reservoir of talent instead of riding one key figure.

Besides Hardy, Idaho will use seniors Peter Bjorvik and Kevin Small, and perhaps true freshman Taylor Elmo of Yakima, Wash. Akey said his staff has been so impressed with Elmo's athleticism that the defensive aides want him to shift to defensive end and the offensive coaches have demanded he stay at tight end.

"Right now, I'm leaving him at tight end because that's a little more what his comfort zone is and what he'd like to play," Akey said.



### SEVEN DAYS OF FOOTBALL: DAY 2



Photos by DREW GODLESKI/For the Times-News  
Kimberly quarterback Nick Dame center, looks to hand off the ball during a scrimmage Saturday in Kimberly. The Bulldogs begin the season Sept. 4 at American Falls.

## The Replacements

Kimberly seniors finally get their chance to shine

By David Bashore  
Times-News writer

Sept. 4 can't come quickly enough. That's when the Kimberly football team opens the season at American Falls, and when a group of seniors will start living the moment for which they've patiently spent three years waiting for.

The last two seasons, which netted two Sawtooth Central Idaho Conference championships and a third-place state trophy in 2007, saw guys like Eric Marvin and A.J. Schroeder, along with countless classmates, steal the headlines.

They're all gone now, though, and at long last it's time for the Class of 2010 to make its mark on the field.

"We're all pretty excited, knowing it's our last year," said tight end Parker Champlin. "We're

tired of standing in their shadow. We're ready to step up and do what they did, or even better."

Leaning so heavily on the departed class the last two years left the current squad short on significant experience. But a great deal of team unity and chemistry is expected to compensate in part, while a fierce work ethic in the preseason could account for the rest.

"The best thing about these guys is their determination to show they can do it," said Kimberly head coach Kirby Bright. "They're working their tails off, and we're working their tails off. It's good to see these guys want it so much when they've been behind that class for so long."

While they didn't necessarily assume the leading roles in the past, Kimberly's seniors gained valuable game experience from the roles they did play. They also honed their technique against the class they now replace on the field.

"The biggest thing was the experience in practice against them," said linebacker Tyler Wadsworth. "We lined up against them in scout team and it made us better with our



"We're tired of standing in their shadow."

— Kimberly senior Parker Champlin on his class finally getting its turn to make a mark following two years of dominance from the class of 2009

tackling and with our footwork. That's only going to help us."

The bottom line for Kimberly this season is that while the names might not carry as much clout as Marvin, Schroeder, Folk or Cazeau — at least not right away — the mantra is the same, as is the approach.

They might not run the offense or defense with the same swagger just yet, but that shouldn't be mistaken for a chasm in ability.

"We're a little bit smaller, but everyone's got the same want, if not more, to get it done," said quarterback Nick Dame. "I don't think it'll be too much of a fall-off for us. I think we can actually take off from where they were last year."

David Bashore may be reached at dbashore@magicvalley.com or 208-735-3230.



### Coming Wednesday

Get your copy of MVP Football inside Wednesday's edition of the Times-News. The 32-page magazine is the only comprehensive preview of its kind in southern Idaho and includes previews of all 27 high school varsity teams in the Magic Valley.

## Quale survives wreck fest at MVS

By Linda Brittsan  
Times-News correspondent

NASCAR driver Sterling Marlin had an unfortunate accident with Magic Valley Speedway's front stretch wall in the Pepsi Late Models' main event race in which Bruce Quale would later emerge the victor Saturday night.

Although it appeared Marlin had the fastest qualifying time and new track record posted on the scoreboard, later results show it was Cliff Chester who laid out the fastest time with a 14.497 lap, breaking his own record set May 30. Marlin logged in with a 14.681 fast turn around the track.

Marlin then worked hands-on with McKean Motorsports crew members in the pits getting the car dialed into his liking prior to the main event race.

"We're just a little too tight — it's rolling in the center a little bit," Marlin said. "But they're working on it — got the best people for the job here."

Once the main event race got underway, rookie in the series, John Newell held the lead to lap 32 when catastrophe struck. David Patrick, TJ Woodhall and Marlin all crashed along the front stretch wall near turn 1 once Patrick got loose after suffering



LINDA BRITTSAN/For the Times-News

NASCAR driver Sterling Marlin gets some last minute advice from McKean Motorsports crewmember Ernie Hall just before the start of the Pepsi Late Models main event race Saturday night at Magic Valley Speedway.

electrical problems. With Woodhall sandwiched between Patrick and Marlin, the race was delayed for damage control and all three drivers would be out of the remainder of the contest.

Despite two more cautions Newell was

able to stay out in front with Lowder running second. But disaster struck once again as Chris Schrade caught the front stretch wall which he rode along sideways

See MVS, Main 7

## NFL NEWS Vick works toward playing Thursday



AP photo

Philadelphia Eagles quarterback Michael Vick is seen during afternoon practice at NFL football training camp in Philadelphia, Monday, Aug. 17.

See Main 7 for story

# Jimenez outduels Lincecum, Rockies top Giants 4-2

DENVER — Ubaldo Jimenez threw eight strong innings, out-pitching Tim Lincecum, and Seth Smith hit a two-run homer in the seventh for Colorado.

Held hitless by Lincecum for 5 1/3 innings, the Rockies rallied to move three games ahead of San Francisco in the NL wild-card race. Jimenez (12-9) won his sixth straight decision for Colorado, which has taken two of three in a four-game series that concludes Monday night at Coors Field.

The reigning NL Cy Young Award winner, Lincecum (12-4) was working on a no-hit bid in the sixth when Todd Helton singled off the glove of shortstop Edgar Renteria. Brad Hawpe walked with two outs and Ian Stewart's RBI single cut the Giants' lead to 2-1.

## PHILLIES 9, METS 7

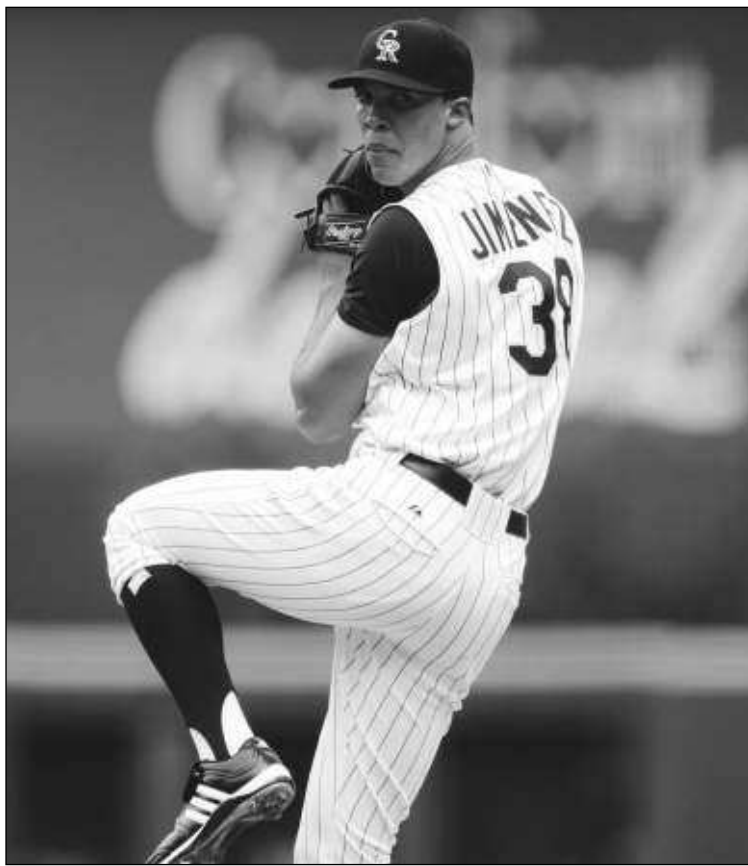
NEW YORK — Second baseman Eric Bruntlett turned an unassisted triple play to end the Philadelphia Phillies' wild 9-7 victory over the New York Mets on Sunday.

It was the 15th unassisted triple play in major league history — the second that ended a game. Detroit Tigers first baseman Johnny Neun also accomplished the feat on May 31, 1927, completing a 1-0 victory over Cleveland, according to STATS LLC.

## CARDINALS 5, PADRES 2

SAN DIEGO — John Smoltz had a brilliant debut with St. Louis, striking out a season-high nine — including seven straight — and holding San Diego to three hits over five scoreless innings.

Smoltz also had a bunt single and scored the first run for the NL



AP photo  
Colorado Rockies starting pitcher Ubaldo Jimenez works against the San Francisco Giants in the first inning in Denver on Sunday.

Central-leading Cardinals.

## CUBS 3, DODGERS 1

LOS ANGELES — Jake Fox went 4-for-4 with a home run and two RBIs, and the Cubs rallied to avert a four-game sweep.

Fox had the first four-hit game of his career while starting in place of outfielder Alfonso Soriano, given his second consecutive day off because of a sore knee.

## BRAVES 7, MARLINS 5

ATLANTA — Brian McCann hit a tiebreaking two-run single in the eighth inning and matched a career high with five RBIs, leading the Braves to the win.

McCann finished with three hits, including a three-run homer in the first.

## DIAMONDBACKS 7, ASTROS 5

HOUSTON — Ryan Roberts matched a career high with four

hits, helping Arizona end a season-high seven-game skid.

Augie Ojeda added two hits and a pair of RBIs for the Diamondbacks, who also ended a season-long nine-game road skid.

## NATIONALS 8, BREWERS 3

WASHINGTON — Ryan Zimmerman, Cristian Guzman and Adam Dunn homered to help Nationals end a five-game skid.

## REDS 4, PIRATES 1

PITTSBURGH — Homer Bailey tossed seven sharp innings and Cincinnati ended Pittsburgh's five-game winning streak.

## AMERICAN LEAGUE RANGERS 4, RAYS 0

ST. PETERSBURG, Fla. — Scott Feldman struck out a career-high 11 to win his fifth consecutive road start and the Texas Rangers avoided a three-game sweep by beating the Tampa Bay Rays 4-0 on Sunday.

Michael Young and Ivan Rodriguez each drove in two runs.

## BLUE JAYS 8, ANGELS 3

TORONTO — Ricky Romero won for the first time in four starts, Travis Snider hit a solo homer and Toronto beat Los Angeles.

Snider went 3 for 3 with a walk as the Blue Jays earned a split in their eight-game season series with the Angels. Toronto has lost the season series just once in the past seven years.

## ATHLETICS 9, TIGERS 4

OAKLAND, Calif. — Jack Cust hit two homers and drove in four runs, Landon Powell added a

three-run shot and Oakland beat Detroit.

Brett Tomko (3-2) allowed three hits in six innings, striking out eight. He's won both his starts for the Athletics after appearing in 15 games with the Yankees. Cliff Pennington also homered for the A's.

## ORIOLES 5, WHITE SOX 4

CHICAGO — Brian Roberts had three hits and Nolan Reimold hit a two-run homer to help Baltimore beat Mark Buehrle.

Jason Berken (3-11) won for the second time since May 26. The rookie right-hander allowed three runs, two earned, and five hits in 5 2/3 innings.

## TWINS 10, ROYALS 3

KANSAS CITY, Mo. — Michael Cuddyer homered twice in Minnesota's eight-run seventh inning and Denard Span added a three-run triple, helping the Twins break open a close game against Kansas City.

A pitching duel between Twins starter Carl Pavano (11-9) and Royals right-hander Brian Bannister (7-10) got messy in a hurry in the seventh, when Cuddyer hit the first pitch for a homer, then added a two-run shot that put Minnesota up 9-1.

## INDIANS 6, MARINERS 1

CLEVELAND — Fausto Carmona pitched seven innings for his first win in more than three months and Cleveland beat Felix Hernandez.

Jonny Peralta homered and drove in two runs.

—The Associated Press

## MVS

Continued from Main 6

for several yards before settling down. Chester was also involved and both drivers were finished for the night.

With the field whittled down to nine from the original 14 starters, Newell and Lonnie Lowder began their own battle for the lead on the restart. However, the winner of the war would be Quale, who was able to pass the pair in turn two.

With Quale now in the lead, Lowder and Newell continued to make contact and Newell was punted out of bounds at lap 58, setting up a two-lap shootout for the win. Quale, who had problems early in the event, would maintain the front position to take the checkered flag at lap 60, .551 seconds ahead of Lowder.

"I guess it was good to be bad at first because I probably stayed out of that wreck," Quale said. "Then we got that one caution and changed our front tires. They were older tires but they worked better. I thought I had better go right after the restart. I think when I got beside Lonnie (Lowder) it looked like he was kind of anxious trying to stay up there and he bumped the No. 4 (Newell) a little bit. So it worked out perfect."

## PITZ RIDES TO WINNER'S CIRCLE IN PONY STOCKS

Points leader Ray Homolka held the lead in the 20-lap main event race until Josh Pitz was able to maneuver around Homolka using the outside groove. A restart at lap 11 set up a battle for the lead once

again, this time between Pitz and Wade Henslee. Pitz made short work of the task and he and Todd Audet, making a late sprint, finished one-two in the race.

## EDENS BACK WITH STREET STOCKS WIN

Steve Edens quickly gained ground on the rest of the field after taking over the lead from Rob Roche on lap five. A caution at lap 17 tightened the pack for the restart but Edens was able to hold off the aggressive pair of Bruce Henry and Rosalee Weller who were in hot pursuit of Edens to the checkered.

## PECK CARVES OUT HORNETS VICTORY

After a caution in the first lap along the now dreaded front stretch wall, Ty Garibay held the lead through the 13th round of the main event race. Jeff Peck then took over after passing Garibay on the outside. Garibay was persistent in tailing Peck looking to get back into the lead, but Peck held his ground. It was Peck's first win in the division.

## NEWHOUSE BUILDS WIN IN JR. STINGERS

Hannah Newhouse made the pass on Taylor Patrick at lap nine to take the lead in the main event race. Patrick fought back but ran out of laps and would finish a close second.

## RESULTS:

Pepsi Late Models: 1. Bruce Quale, 2. Lonnie Lowder, 3. Tyler Bailey, 4. Gary Porter, 5. Dan Pehrson.  
NAPA Pony Stocks: 1. Josh Pitz, 2. Todd Audet, 3. Wade Henslee, 4. Michael Stuart, 5. Ray Homolka.  
Magic Valley Pipe Street Stocks: 1. Steve Edens, 2. Bruce Henry, 3. Rosalee Weller, 4. Craig Nuttak, 5. John Newell.  
Quale's Electronics Hornets: 1. Jeff Peck, 2. Ty Garibay, 3. Casey Pehrson, 4. Mark Kidd, 5. Bob Gilligan.  
Jr. Stingers: 1. Hannah Newhouse, 2. Taylor Patrick, 3. Russell Dalton, 4. Dustin Patrick, 5. Rayce Kidd.

## Franchitti wins Sonoma Grand Prix

By Jamie McCauley  
Associated Press writer

SONOMA, Calif. — Dario Franchitti finally won at Infineon Raceway, leading from start to finish to capture his first Sonoma Grand Prix on Sunday in the final road course race of the year.

Franchitti took the pole and led all 75 laps, topping runner-up and new points leader Ryan Briscoe on the way to his fourth victory of the year. Franchitti and Briscoe avoided a multiple-car crash early in Lap 1 on the tough 12-turn, 2.303-mile road course. Scott Dixon, the points leader coming in and Franchitti's teammate with Target Chip Ganassi Racing, finished a disappointing 13th after stalling in the wreck. He fell into third place in the points race.

At least seven cars crashed in an accident heading into Turn 2 of the race, including

'07 Sonoma champion Dixon after he started 10th. There's a quick 104-foot elevation gain from the starting line to Turn 2. Debris was strewn all over the track.

Franchitti, the Scot who moved into second in points at 493 and four points behind Briscoe, became the first flag-to-flag winner in an IndyCar race since Dixon did so in 2003 for 206 laps in a rain-shortened event at Richmond.

All the top drivers know the 2009 title will come down to the wire with three races to go. The four points separating Briscoe and Franchitti ties the closest margin in IRL history with three weeks remaining. The race also was that close in 2002.

Defending champion Helio Castroneves, the reigning Indianapolis 500 winner of Team Penske who started third, dropped out in Lap 67 because of suspension problems.

## Moore beats Stadler in sudden death

GREENSBORO, N.C. — Ryan Moore won for the first time on the PGA Tour with a birdie on the third hole of a sudden death playoff to beat Kevin Stadler.

Moore — who vaulted up the leaderboard with five consecutive birdies on the back nine — had two chances to seal the victory after his approach on No. 18 landed in the middle of the green and rolled to 6 feet. He sank that putt for his first victory in his 112th event.

Stadler's second shot on the third playoff hole skipped off the back of the green. He chipped within 20 feet, but his putt drifted to the low side of the cup.

That cleared the way for Moore to pick up \$918,000 and 500 FedEx Cup points for winning the final tournament before the playoffs start later this week.

## REID TAKES CHAMPIONS TOUR

SUNRIVER, Ore. — Mike Reid made a 12-foot birdie putt on the first playoff hole to beat John Cook and win the Jeld-Wen Tradition for his second career major on the Champions Tour.

Reid raised both hands and let out a deep sigh before humbly removing his cap and shaking Cook's hand at Crosswater Golf Club in central Oregon.

Reid's two majors — he also won the 2005 Senior PGA Championship — are his only two wins on the tour.

Cook's approach shot on the playoff hole, No. 18, came to rest about 15 feet away and his downhill putt for birdie missed just left.

Reid shot a final-round 70 and



AP photo  
Ryan Moore hits from a sand trap on the 18th hole during the final round of the Wyndham Championship PGA golf tournament at Sedgefield Country Club in Greensboro, N.C., Sunday. Moore won for the first time on the PGA Tour with a birdie on the third hole of a sudden death playoff to beat Kevin Stadler.

Cook had a 69 to finish at 16-under 272.

## SIM WINS NATIONWIDE TOUR

OVERLAND PARK, Kan. — Michael Sim played his way onto the PGA Tour.

The Australian shot a 4-under 67 to win his third Nationwide Tour event this season, taking the Christmas in October Classic by two strokes.

Josh Teater's 66 followed a 63 the day before, but wasn't enough to catch Sim, who had only two bogeys all weekend and none in the final 45 holes to take home \$112,500.

Sim, the Nationwide money leader, won promotion to the PGA Tour for the remainder of this season and next season, the ninth golfer on the Nationwide Tour to do so.

—The Associated Press

## N F L

## Orton sharp early, Hasselbeck better

SEATTLE (AP) — Seattle's Matt Hasselbeck likened finally getting hit again following back problems to having flashbacks of a car accident.

All of Colorado is relieved Kyle Orton's second game as the Broncos' starting quarterback wasn't another train wreck.

Orton had a mostly reassuring answer to his dismal Denver debut, saying he feels his play is its best ever after he completed 16 of his first 19 throws with a touchdown before a relapse into another mistake.

Hasselbeck was even better, hitting on 16 of 23 throws with two touchdowns in his two quarters. He also withstood the first three sacks on his recuperating back in nine months during the Seattle Seahawks' 27-13 win over Denver.

"It's just like I remembered — no fun. ... I forgot how hard people hit in here," said a lighthearted Hasselbeck said, who missed nine games with a bad back in 2008. "It's just like a car accident. It's part of the game ... and it was probably good that it happened."

Hasselbeck, who was untouched in a short night at San Diego last week, plopped a 34-yard touchdown pass into the arms of rookie Deon Butler on the opening possession. He closed with a sharp two-minute drive that ended with a 2-yard scoring throw on a perfectly timed fade route.

## Vick gets close to game day

PHILADELPHIA (AP) — Michael Vick showed no signs of rust during the Philadelphia Eagles' practice Sunday, throwing tight spirals with plenty of velocity.

"How does Michael look in the offense? He looks pretty good," offensive coordinator Marty Mornhinweg said. "It was a fairly seamless transition, even though he hadn't played for two years, because of the terminology. It's very similar. Now, many of the details are different and details are where you win football games, so that's the important part there. But the terminology is coming very easily to him."

Mornhinweg said coach Andy Reid will probably make a decision Tuesday on whether Vick will make his preseason debut Thursday at home against the Jacksonville Jaguars.

Vick worked with offensive assistants James Urban and Doug Pederson on Sunday.

"Every day he works with James and Doug he picks up a little more," Mornhinweg said. "He hasn't played in two years, so a lot of it is just getting him into football shape."

"I think he was in decent shape coming in, as far as in general. But moving, cutting, lateral movement, throwing the football, moving while he's throwing the football, that's what we needed to see."





**B.C.** By Johnny Hart

WHY, HELLO THERE, BIG FELLA. ARE YOU LOOKING FOR SOME FOOD?

THOSE INCISORS SUGGEST YOU PREFER TO EAT MEAT.

AND YOUR HUNGRY GAZE BEFITS AN ANIMAL PREPARING TO FEED...

I SINCERELY HOPE THERE'S A RACK OF LAMB SITTING BEHIND ME.

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**Baby Blues** By Rick Kirkman & Jerry Scott

UPEN, SIT!

DOWN!

ROLL OVER!

CAN YOU BELIEVE MOM STILL WON'T LET ME TAKE HER TO THE DOG PARK?

SO UNFAIR.

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**Beetle Bailey** By Mort Walker

I NEVER KNEW BEETLE WAS SO BOUNCY!

8-24

GREG & MORT WALKER

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**Blondie** By Dean Young & Stan Drake

MR. B., I HAVE A QUESTION...

IN SCHOOL WE HAVE THE THREE R'S, RIGHT?

RIGHT

OKAY, READING BEGINS WITH AN 'R', BUT THE OTHER TWO R'S ARE WRITING AND ARITHMETIC

SO WHAT'S THE QUESTION?

8-24

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**Dilbert** By Scott Adams

I SPENT THE FIRST PART OF THE WEEK INSTALLING OUR NEW PRODUCTIVITY SOFTWARE.

THEN I USED THE REST OF THE WEEK TRYING TO MAKE IT INTERFACE WITH OUR TIME REPORTING SYSTEM.

SO FAR ALL IT CAN DO IS TELL ME HOW MUCH TIME I'M WASTING IN THIS MEETING.

8-24

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**The Elderberries** By Phil Frank and Joe Troise

I never heard how your last date with Ludmilla went, General...

Not unlike The Siege of Saipan...

An initial feeling of anxiety, then an epic battle, followed by the relief that it was all over.

You're not giving me much dirt to bring back to the gossip club!

There are some battles a soldier prefers to keep to himself, Evelyn...

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**For Better or For Worse** By Lynn Johnston

IT'S OUR BIG, BIG BACK-TO-SCHOOL BARGAIN BLITZ! EVERYTHING YOU NEED FOR BACK-TO-SCHOOL IS HERE AT HINKLEY'S HANDY HAVEN!

FOR ONE-STOP SHOP-PIN! GET HOPPIN'! GOT KIDS? BRING 'EM! GOT THE MUNCHIES? EAT HERE! FAST! FUN! FRIENDLY! FIND IT ALL AT HINKLEY'S HANDY HAVEN!

WE SLICE PRICES! WE GIVE YOU DEALS! TOP BRANDS, LABELS! YOU NAME IT, WE GOT IT FOR LESS! YES! COME ON IN TO HINKLEY'S HANDY HAVEN!!!

I NEVER SHOP THERE.

I HATE THEIR ADVERTISING.

WHY NOT?

8-24

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**Frank and Ernest** By Bob Thaves

A MASSEUR FOLLOWS YOU EVERYWHERE!

YES, IT'S FOR INSTANT MASSAGING!

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**Garfield** By Jim Davis

UM... I MEAN, GET THE MOUSE

THIS GOES RIGHT IN MY BLOG

8-24

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**Hagar the Horrible** By Chris Browne

WHEN YOU'RE YOUNG YOU DON'T REALIZE HOW IMPORTANT AN EDUCATION CAN BE...

I WISH I'D PAID MORE ATTENTION IN SCHOOL WHEN THEY TAUGHT "SACKING AND LOOTING!"

© 2009 Chris Browne. All rights reserved.

**Hi and Lois** By Chance Browne

I'M PLANNING A GOLF VACATION TO SCOTLAND. WHY DON'T YOU COME?

I WISH I COULD.

"YOU WISH YOU COULD" WHAT?

DID I SAY SOMETHING?

8-24

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**Luann** By Greg Evans

WHAT ARE YOU DOING HERE, ELWOOD? AS IF I DIDN'T KNOW

OH, SO YOU KNOW I GAVE THE LIBRARY HALF A MILLION SO IT CAN STAY OPEN? AND, I MIGHT ADD, PAY YOUR WAGE, YOU SHOULD BE HAPPY TO SEE ME, GUNTHER

AND SO SHOULD LUANN, I ASSUME

BY GOLLY, YOU'RE RIGHT. I HADN'T THOUGHT OF THAT

8-24

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**Classic Peanuts** By Charles M. Schulz

I WONDER IF THERE ARE DOGS ON MARS..

I DOUBT IT..

I DON'T HEAR ANY BARKING..

8-24-09

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**Pearls Before Swine** By Stephan Pastis

EXCUSE ME, BUT I'D LIKE TO PICK UP MY SHIRT PLEASE...

OH NO... THERE'S A BIG RIP IN IT, JUST LIKE WITH THE SHIRT I GAVE YOU LAST WEEK.

Arrrrgh..

PIRATES MAKE LOUSY DRY CLEANERS.

8-24

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**Pickles** By Brian Crane

WHAT DO YOU THINK ABOUT THIS ONE, OPAL?

WHAT IS IT?

IT'S THE BIRTHDAY CARD I'D BUY YOU IF YOUR BIRTHDAY WERE COMING UP.

DO YOU LIKE IT?

YES, IT'S CUTE.

GOOD. REMEMBER IT FOR YOUR BIRTHDAY, AND WE'LL SAVE \$3.95.

8-24

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**Rose is Rose** By Pat Brady

I CAN STILL MAKE IT!

HAVE A MEMORABLE MORNING COMMUTE-HOP ON THE NEXT AVAILABLE TIRE SWING!

8-24

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**Non Sequitur** By Wiley

QUICK! FORM A COMMITTEE!!

THE BIRTH OF CORPORATE LEADERSHIP

8-24

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**Dennis the Menace** By Hank Ketcham

"I SUPPOSE I SHOULD BE THANKFUL THAT YOU CAN'T GET ANY DIRTIER."

8-24

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**The Wizard of Id** By Brant Parker & Johnny Hart

I NEED THE MOST POWERFUL LOVE POTION YOU'VE GOT FOR MY HUSBAND

SLIP HIM THIS. IT'S MADE FROM TIGER PAW AND RHINO HORN

THANK YOU!

WIZ!

NOW WHAT?

THEY BANNED HIM FROM THE ZOO FOR LIFE

8-24

© 2009 Brant Parker & Johnny Hart. All rights reserved.

**Zits** By Jim Borgman and Jerry Scott

I HAVE MY DRIVER'S LICENSE, A 1962 VW VAN AND A LITTLE UNDER FORTY BUCKS IN MY POCKET.

SIGH!

THERE'S A CERTAIN MELANCHOLY THAT COMES WITH ACHIEVING ALL OF YOUR LIFE GOALS AT A YOUNG AGE.

WHAT ARE YOUR PLANS FOR RETIREMENT?

8-24

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# OPINION

QUOTABLE

“They just acted like they were a bunch of street hoods.”  
 — Adrian Wilhelm, father of Pvt. Keiffer Wilhelm who committed suicide just four days into his deployment in Iraq, on the four soldiers who are accused of abusing him and other soldiers

EDITORIAL

## There will be a wolf hunt; beyond that, all bets are off

As can't-win decisions go, last week's action by the Idaho Fish and Game Commission to authorize killing one-fourth of the state's wolf population through organized hunts was sensible. But with litigation-minded environmental groups circling like a pack of Canadian grays and new doubts about the effectiveness of wolf control hunts, it's still impossible to separate the emotion from the science from the politics.

**Our view:**  
 Can organized hunts do the job or controlling wolf numbers in Idaho? We'll see.

The vote was 4-3, with Chairman Wayne Wright — a retired Twin Falls cardiologist who represents the Magic Valley on the commission — arguing unsuccessfully for a higher quota.

But the bigger news was a series of conversations that Commissioner Tony McDermott of Sagle reported with Canadian wildlife officials, who told him that a controlled hunt is a fool's errand for curbing wolf populations.

“We'll be lucky to probably hit half of the hunter harvest limit,” McDermott told reporters.

If McDermott is right, the rationale for state-organized hunts to limit wolf numbers flies out the window. For if Idaho doesn't have an effective mechanism to control wolves — and one that meets federal muster — how can it possibly manage the predators?

It would have been nice to know all this back during the state's tortuous negotiations with the feds to take the wolf off the Endangered Species List. The whole premise of Idaho's position — and that of neighboring Montana — was that the state, not the feds, is in a better position to manage wolves.

Now that's not so certain. Organized hunts are the state's last, best option. Wolf politics being what they are, if large-scale, systematic elimination of wolves is required it will be the feds — not Idaho Fish and Game officers — who do it.

That's not how the Fish and Game Commission, the governor and thousands of wolf-loathing Idaho sportsmen and ranchers wanted things to go. But in the world of wolf management, nobody's happy.

## TIMES-NEWS

Brad Hurd . . . publisher Steve Crump . . . Opinion editor

The members of the editorial board and writers of editorials are Brad Hurd, James G. Wright, Steve Crump, Bill Bitzenburg and Ruth S. Pierce.

## LETTER TO THE EDITOR

### Lack of foresight has doomed California

Candice Reed, in a column Aug. 19 about the great state of California, rightly praises its superiority in weather, top-rated colleges and leading the other states in innovation. But she wrongly blames Proposition 13.

It provided the way to remain in your home in an era of inflation by limiting raises in property assessments to 2 percent a year. New homes with higher assessments would pay more and that seems fair, as they are creating the need

for more roads, schools and parks. The mistake was including business property in Prop 13.

The lack of foresight by the legislators, who did not recognize that adjustments were needed, caused today's problem. And also the huge influx of undocumented immigrants allowed by the federal government without any compensation to border states.

We are all suffering from legislators who do not see the big picture and look instead to their own personal situations.

**GWEN ERICKSON  
 Rupert**

### Tell us what you think

**ONLINE:** Register at [magicvalley.com](http://magicvalley.com), and respond to any of the local opinions or stories in today's edition.  
**ON PAPER:** The *Times-News* welcomes letters from readers on subjects of public interest. Please limit letters to 300 words. Include your signature, mailing address and phone number. Writers who sign letters with false names will be permanently barred from publication. Letters may be brought to our Twin Falls office; mailed to P.O. Box 548, Twin Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to [letters@magicvalley.com](mailto:letters@magicvalley.com).  
**JOIN THE DISCUSSION:** Voice your opinion with local bloggers: Progressive Voice, Conservative Corner and In the Middle. On the opinion page at [magicvalley.com](http://magicvalley.com).



## Tom DeLay, a dancing 'Star?' Be afraid

When I think of Tom DeLay, the word “ballroom” doesn't leap into my mind.

The guy just doesn't strike me as a dancing fool. He probably gets the terminology mixed up with dentistry. You know, flossie flossie one, flossie flossie two.

Oh sure, politicians just like anybody else are capable of enjoying normal entertainment activities, like hunting and hiking and hiring hookers. And text-messaging by loafer in an airport men's room.

But Tom DeLay on “Dancing with the Stars”? That's stretching reality.

Next month, the Republican former U.S. House majority leader will help ABC's dance show kick off its ninth season when the warm and cuddly DeLay hoofs his way into your hearts.

DeLay's dance routine will lead to lib protest chants like



John Kelso

this one: “Hey hey, Tom DeLay, how many toes did you crush today?”

Can you think of anyone more awkward for “Dancing With the Stars”? OK, so Hillary Clinton. Ain't nobody gonna call her Diddy any time soon.

On the other hand, since DeLay is a Texan from Sugar Land, and the Cotton-Eyed Joe is a Texas dance famous for use of a certain description for cow droppings, let's just change DeLay's name to something more dance-appropriate for the show: Cotton-Eyed Tom.

This shoe leather gig could present a challenge for Cotton-Eyed Tom, who was indicted on money-laundering charges. Which

“... it should be one heckuva arts evening, especially if the network has DeLay jitterbug with Nancy Pelosi.”

means he could have got stuck dancing with a ball and chain. (As opposed to dancing with the old ball and chain.)

Ever tried to do the mashed potato while wearing a money belt and carrying around all those big fat checks? No easy task, friends and neighbors. That's a lot of stuff to trip over when you're trying to fox trot.

I sure hope ABC convinces DeLay to take a few turns with former Travis County D.A. Ronnie Earle. Seems like an obvious dance card pairing.

Talk about a Texas two-step, as in Step 1: Earle tries

to nail him, and Step 2: Cotton-Eyed Tom gets a great attorney and dances right on outta here.

In a situation like this, who leads? This could be the first dance contest ever that begins with, “All rise.”

This is not the first time “Dancing With the Stars” looks like it should change its name to “Dancing Behind Bars.” Rapper Lil' Kim, who made it onto the show, did 10 months in prison.

But it should be one heckuva arts evening, especially if the network has DeLay jitterbug with Nancy Pelosi. Who needs Xtreme Fighting when you've got the kind of fireworks those two kids would set off if they went cheek to cheek?

So come on, everybody, let's do the loco-motion.

*John Kelso is a columnist for the Austin, Texas, American-Statesman. Write to him at [jkello@statesman.com](mailto:jkello@statesman.com).*

## LETTERS TO THE EDITOR

### More resources should go to top students

Your editorial Aug. 16 states, “to make AYP, a school must meet student achievement goals in 41 different target areas during a school year.” You listed 15 districts and why they failed.

I found it interesting that a combination of three “target areas,” Graduation Rate, Math Proficiency and Reading Proficiency, and four student groups, Latino, Limited English, Economically disadvantaged and Students with disabilities caused these failures: (1) Graduation Rate lower than previous year, three districts. Few if any districts will have the same graduation rate from year to year due to different sized classes. (2) Math Proficiency (districtwide?), three districts, all small districts and math teachers are hard to find and hire. Latino, seven districts; Economically disadvantaged, four districts; Limited English, seven districts; With disabilities, nine districts. (3) Reading Proficiency (district wide?), one district; Latino, one district; Limited English, three districts; Economically disadvantaged, three districts; with disabilities, five districts.

Seems pretty obvious, if a student wants the opportunity of our school systems and English isn't your primary language, you need to become fluent in our language; not easy and requires real effort from you and your parents. Economically disadvantaged kids need the opportunity for early

exposure to books, reading, being read to, etc. Parents must assume this responsibility and schools share in it. Students with disabilities should be tested to their capabilities not unrealistic goals, i.e., AYP Scorecard in editorial) “Districts missed AYP three years” Idaho State School for Deaf and the Blind — Reading. Duh! Using the primus of AYP, there should be no need for Special Olympics, special needs athletes should try for the regular Olympics.

Today “educational leaders” and politicians ignore the old “Bell Curve,” but it has always been and will always be with us.

In my opinion, we need to devote more resources to the top 80 percent of our students to push them to achieve their potential.

**RALPH HATCH  
 Buhl**

### We pay a high price for an empire

Being veteran of Vietnam, I'm supportive of the Wood River Valley campaign to help those affected by Private Bowe Bergdahl's prisoner-of-war status.

However, if you're going to kill a snake, don't you chop the head? Most Americans don't know it, but the real enemy for Osama bin Laden is the Saudi monarchy, not the USA.

One: Bin Laden fervently opposes the leaders in Saudi Arabia who wish to shed the Wahhabi extremist brand of Islam; two: Bin Laden's core of fanatic supporters aren't in Afghanistan,

they're in Yemen, specifically in the Assir province; and much of Europe believes that's where Bin Laden will soon be if he isn't dead or there already.

Then, why are we in Afghanistan and Pakistan? The Soviets went to Afghanistan to stabilize the government so they could start construction of a natural gas pipeline from Turkmenistan through Afghanistan to the port city of Karachi, Pakistan, located on the Arabian Sea. That endeavor failed with U.S. help during which 15,000 Soviet soldiers were killed and thousands more wounded.

Now America is there doing the same thing. With the collapse of the CCCP (pronounced: S-S-S-Rrrr), Turkmenistan and Uzbekistan became independent states, thus opening both countries to American influence — and a consortium: Bush senior of Carlyle Group, Bush junior of Harkin, Cheney of Halliburton, Rumsfeld of Occidental, Rice of Chevron-Texaco and Union Oil of California and Gale Norton of BP Amoco — are the principal organizers and beneficiaries of this war.

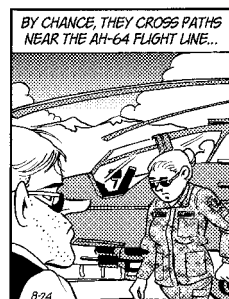
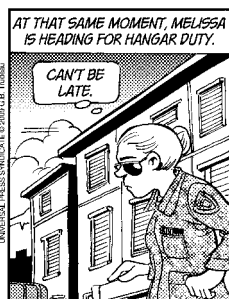
As usual, America, the land of the sedated, has a hard time connecting the dots. Private Bergdahl's predicament, as with so many others, is a good example of the high price paid for empire.

So, how many wealthy Wood River types are getting richer over this war? Understand Carlyle alone owns 146 subsidiary companies.

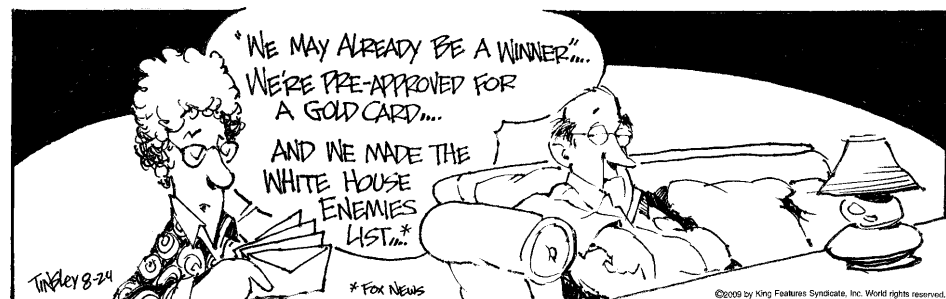
**MARK SCHUCKERT  
 Twin Falls**

## THE LIGHTER SIDE OF POLITICS

### Doonesbury



### By Garry Trudeau Mallard Fillmore



### By Bruce Tinsley

# Let's not waste more tax money on Amtrak

WASHINGTON — The Obama administration's enthusiasm for high-speed rail is a dispiriting example of government's inability to learn from past mistakes. Since 1971, the federal government has poured almost \$35 billion of subsidies into Amtrak with few public benefits. At most, we've gotten negligible reductions — invisible and statistically insignificant — in congestion, oil use or greenhouse gases. What's mainly being provided is subsidized transportation for a small sliver of the population. In a country where 140 million people go to work every day, Amtrak has 78,000 daily passengers. A typical trip is subsidized by about \$50.

Given this, you'd think even the dullest politician wouldn't expand rail subsidies, especially considering the almost \$11 trillion of projected federal budget deficits between now and 2019. But no, the administration has made high-speed rail a top priority. It's already proposed spending \$13 billion (\$8 billion in the "stimulus" package and \$1 billion annually for five years) as a down payment on high-speed rail in 10 "corridors," including Philadelphia to Pittsburgh and Houston to New Orleans.

The White House promises fabulous benefits. High-speed rail "will loosen the congestion suffocating our highways and skyways," says Vice President Joe Biden. A high-speed rail system would eliminate carbon dioxide emissions "equal to removing 1 million cars from our roads," adds the president. Relieve congestion. Fight global warming. Reduce oil imports. The vision is seductive. The audience is willing. Many



Robert Samuelson

Americans love trains and regard other countries' systems (say, Spain's rapid trains between Madrid and Barcelona, running at about 150 miles an hour) as evidence of U.S. technological inferiority.

There's only one catch: The vision is a mirage. The costs of high-speed rail would be huge and the public benefits meager.

President Obama's network may never be built. Its doubtful private investors will advance the money and once government officials acknowledge the full costs, they'll retreat. In a recent report, the Government Accountability Office (GAO) cited a range of construction costs, from \$22 million a mile to \$132 million a mile. Harvard economist Edward Glaeser figures \$50 million a mile might be a plausible average. A 250-mile system would cost \$12.5 billion and 10 systems, \$125 billion.

That would only be the beginning. Ticket prices would surely be subsidized; otherwise, no one would ride the trains. Would all the subsidies be justified by public benefits — less congestion, fewer highway accidents, lower greenhouse gases? In a blog-posted analysis, Glaeser made generous assumptions for trains ("Personally, I almost always prefer trains to driving") and still found that costs vastly outweigh benefits. Consider Obama's claim about removing the equivalent of 1 million cars. Even if it came true (doubtful), it would represent less



Relieve congestion. Fight global warming. Reduce oil imports. The vision is seductive. The audience is willing. ... There's only one catch: The vision is a mirage. The costs of high-speed rail would be huge and the public benefits meager.

than one-half of 1 percent of the 254 million registered vehicles in 2007.

What works in Europe and Asia won't in the United States. Even abroad, passenger trains are subsidized. But the subsidies are more justifiable because geography and energy policies differ.

Densities are much higher, and high densities favor rail with direct connections between heavily populated city centers and business districts.

In Japan, density is 880 people per square mile; it's 653 in Britain, 611 in Germany and 259 in France. By contrast, plentiful land in the United States has led to suburbanized homes, offices and factories. Density is 86 people per square mile. Trains can't pick up most people where they live and work and take them to where they want to go. Cars can.

Distances also matter. America is big; trips are longer. Beyond 400 to 500 miles, fast trains can't com-

pete with planes. Finally, Europe and Japan tax car transportation more heavily, pushing people to trains. In August 2008, notes the GAO, gasoline in Japan was \$6.50 a gallon. Americans regard \$4 a gallon as an outrage. Proposals for stiff gasoline taxes (advocated by many, including me) go nowhere.

The mythology of high-speed rail is not just misinformed; it's anti-social. Governments at all levels are already overburdened.

Compounding the burdens with new wasteful subsidies would squeeze spending for more vital needs — schools, police and (ironically) mass transit.

High-speed rail could divert funds from mass transit systems that, according to a study by Randal O'Toole of the Cato Institute, have huge maintenance backlogs: \$16 billion in Chicago; \$17 billion in New York; \$12.2 billion in Washington, D.C.; \$5.8 billion in San Francisco. Any high-speed rail system should be financed locally; states should decide their transportation priorities.

All this seems familiar, because it's Amtrak writ large: the triumph of fantasy over fact. The same false arguments used to justify Amtrak (less congestion, pollution etc.) are recycled. Evidence and experience count for little. Obama and Biden pander to popular prejudices instead of recognizing past failure. Boondoggles become respectable. A White House so frivolous in embracing dubious spending cannot be believed when it professes concern about future taxes and budget deficits.

*Newsweek columnist Robert Samuelson writes about economics.*

# And the money kept rolling out in all directions

WASHINGTON — I recently visited the U.S. Bureau of Engraving and Printing to watch money being made. Call it a cheap thrill while waiting for some real economic stimulation.

"We print between 700 and 750 million dollars a day," said P.J., a tour guide. At that rate, it would take less than five minutes to stimulate my bank account, boost my consumer confidence and get me spending again.

Ooo la la. Through windows along the tour route, I saw sheets of \$100 bills coming out of a 52-foot-long, 12-foot-high monster of a printing press. It was the mother of all cash cows: nursing the Federal Reserve, feeding the big banks, sustaining a global network of ATMs that suckles 24-7.

A sign in the press room read: "We make money the old fashion way. We print it."

Shake that moneymaker, baby.

A stack of bills worth \$32 million, shrink-wrapped and resembling loaves of bread, sat on a skid in a corner. I was mesmerized, "like a one-eyed cat peeping at a seafood store," to borrow a line from songwriter Jesse Stone's 1950s hit, "Shake, Rattle and Roll."

Pathetic. Scintillating. Did you know that banknote paper is 75 percent cotton and 25 percent linen? Fabric pressed into paper, dyed green and called a dollar — amassed in sufficient quantities — can end poverty, cure disease, pay mortgages, car notes, school tuition.

It takes about 4 cents to make a dollar.

The bureau, located on 27 acres just off the Mall in Washington, printed the extra currency needed as a result of President Obama's \$787 billion stimulus package. So why is so much of it stuck in bank vaults and languishing on skids instead of stimulating my wallet?

Alan Blinder, a former vice chairman of the Federal Reserve Board and professor of economics at Princeton, wrote in The Washington Post last week, "The simple truth is that even the voracious U.S. government cannot spend \$787 billion quickly."

The bureau likes to publish "fun facts" about such things. For instance, if you had \$10 billion in \$1 bills and spent one every second of



Courtland Milloy

every day, it would take 317 years for you to go broke.

Of course, the economic stimulus should have kicked in by then.

Still, you have to wonder why that money wasn't put directly into the hands of taxpayers. The bureau has a guillotine that can cut up sheets of money into \$10,000 bricks. Why not send one to every taxpaying American household, say 100 million households?

There's a trillion dollars that might actually be spent on consumer goods. Jobs would be saved, homeowners spared foreclosure.

But no.

"Scared consumers are hanging onto their cash, bemoaning the lost value of their houses and trying to reduce their debts," Alice Rivlin, senior fellow at the Brookings Institution, wrote in The Washington Post recently. "They won't rush back to the mall to buy things they don't absolutely need. Employers will be cautious about hiring until they are sure the recovery is robust, so unemployment will remain high for several years."

It need not be that way. There is just too much money floating around for so many people to be in such misery.

Consider a recent study of income inequality by Berkeley professor Emmanuel Saez: In 2007, the top 0.01 percent of American earners took home 6 percent of total U.S. wages, a figure that nearly doubled since 2000.

This is astounding. According to Saez, the top 10 percent of U.S. earners pull in more than 49 percent of total wages.

I suggest that more people visit the bureau, a k a "America's money factory," to see what they are missing. Sure, there's a strip club's kind of "look but don't touch" ethos to the place — unless, of course, you're a big shot like AIG.

Then you get to grab all you want.

But, hey, why should rich guys have all the fun? Show me the money.

*Courtney Milloy is a columnist for The Washington Post.*

## Tell us what you think

**ONLINE:** Register at [Magicvalley.com](http://Magicvalley.com), and respond to any of the local opinions or stories in today's edition.

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## LETTERS TO THE EDITOR

### We need to start thinking for ourselves

I doubt that Randy Rathie is a National Rifle Association member; why would he say that when the meeting was on health care not guns. He said he was satisfied because Obama said he would not raise his taxes; he seemed to think that it was all right to raise other people's taxes as long as it wasn't his. He seemed to forget the old adage of divide and conquer.

Obama's promise of not raising the taxes on people making under \$250,000 now may sound good, but we all know that if there are not enough taxes in the future to pay for all these giveaways, taxes will have to be raised on the middle class. It is time for people to start thinking for themselves and reading between the lines of what politicians tell us to get us to go along with them.

I sincerely hope that Americans wake up to this "divide and conquer" agenda of the current administration, because if you allow your fellow men to be concurred, you will be next.

**RAY WIMAN  
Twin Falls**

### Time to restore basic principles

The principles contained in the Declaration of Independence need to be restored to preserve our individual liberty and independence. These principles include the following:

**National Sovereignty.** National sovereignty is the primary battle-ground in the war over independence vs. internationalism (world government).

**Natural Law.** It is the universal moral code that governs all people and forms the basis of our civil laws and inalienable rights.

Self-evident truths. The

Declaration states: "We hold these truths to be self-evident ..."

**Equality.** Equality means treating everyone's legitimate claims the same, not treating everyone equal.

**Inalienable Rights.** Fundamental human rights such as life, liberty and property are granted by God and not by government. The proper role of government is to protect these rights.

**The Inalienable Right to Life,** not abortion on demand.

**The Inalienable Right to Individual Liberty.** Our country was founded as a Republic — a representative form of government where individual rights are protected.

**The Inalienable Right to Private Property.** Economically it means free markets and free enterprise. Global government advocates want an unholy union of government, education

and business

The Primary Purpose of Government is the Protection of Inalienable Rights. Governments are instituted among men to secure these individual rights, not the common good.

**Popular Sovereignty.** People have a higher level of authority than government and government has only those powers delegated by its citizens.

**Federalism and States Rights.** Powers not specifically delegated to the federal government are reserved to the states and the people.

**Divine Providence.** The signers of the Declaration believed their cause was just and that a just God (Supreme Judge) would be on their side.

It is time to restore the principles of the Declaration that made America great.

**ADRIAN L. ARP  
Twin Falls**

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**Auction Calendar**

Through Aug 29th

**MONDAY, AUGUST 24**  
No Auction • CLOSED for our Daughter's Wedding  
Bethany Hutchins & Andrew Brackman  
Auction next week, Aug 31  
IDAHO AUCTION BARN  
[www.idahoauctionbarn.com](http://www.idahoauctionbarn.com)

**SATURDAY, AUG 29, 10:00AM**  
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## QUOTABLE

"I have made it a practice not to comment on the actions of other prosecutors. Your decision to release Megrahi causes me to abandon that practice in this case. I do so because I am familiar with the facts, and the law. ... And I do so because I am outraged at your decision, blithely defended on the grounds of 'compassion.'"

— FBI Director Robert Mueller in a letter criticizing Scotland's justice minister for releasing the Lockerbie bomber.

**Interstate Amusement Theatres**  
Movies Aug 21 to 27, 2009. Sorry - We do not accept debit, credit cards, or personal checks.

**Twin Cinema 12** 160 Eastland Drive, Twin Falls  
All Adults \$6.00 Before 5:15 p.m.

**Star Trek** - Adults \$4.00 Children \$2.00 (13) 6:45 9:45  
**Transformers** (13) 6:45 9:45 **Ice Age 3** (PG) 7:00  
**The Proposal** (13) 7:30 9:45 **The Ugly Truth** (R) 7:30 9:45  
**G.I. Joe** (13) 7:00 7:15 9:30 9:55 **G-Force** (PG) 7:30 9:45  
**Aliens in Attic** (PG) 7:30 9:45 **Julie & Julia** (13) 7:00 9:30  
**Inglourious Basterds** (R) 7:15  
**Time Travelers Wife** (13) 7:15 9:30 **Band Slam** (PG) 9:15

**Jerome Cinema 4** 955 West Main, Jerome  
All Adults \$6.00 Before 5:15 p.m.

**G.I. Joe** (13) 7:00 9:30 **G-Force** (PG) 7:00 9:15  
**Wolverine** (13) Adults \$4.00 Child \$2.00 7:10 9:20  
**I Love You Beth Cooper** (13) 7:10 9:20

**Odyssey 6** Inside Magic Valley Mall, Twin Falls  
All Adults \$6.00 Before 5:15 p.m.

**500 Days of Summer** (13) 7:15 9:45  
**The Goods. Live Hard. Sell Hard** (R) 7:15 9:45  
**Perfect Getaway** (R) 7:00 9:15 **Post Grad** (13) 7:30 9:45  
**Hurt Locker** (R) 7:00 9:40 **Funny People** (R) 7:00 9:45

**Orpheum Theatre** 154 Main Avenue, Twin Falls  
All Adults \$8.00 Before 5:15 p.m.

**DISTRICT 9** Humans are Not Welcome Here  
Daily 7:00 9:20 Sat-Sun 4:40 7:00 9:20

## Margaret Eleanor Myers

Margaret Eleanor Myers, 91, formerly of Twin Falls, passed away on Aug. 19, 2009 in Kuna.

Margaret was born Feb. 15, 1918, in Hailey. She was the daughter of Arthur and Margaret Cloughton, the second of six children. Margaret was raised and attended school in Wood River Valley where some of her fondest memories were made. After graduation from high school, she traveled to Spokane, Wash., to attend beauty school. Margaret went on to become a beautician in Twin Falls. While in Twin Falls she met her future husband with whom she eloped on May 20, 1941. Shortly after their marriage, they moved to southern California where their three children were born. While the family lived in California, Margaret spent her time nurturing her young family.

In December of 1953 the Myers family moved from southern California to the family homestead near Bellevue. From Bellevue, the family moved to Boise before returning to Twin Falls. In Twin Falls, Margaret owned and operated her own beauty salon where she "bent hair" until she was 80-years-old. She was also an officer for the Twin Falls "Welcome



Wagon"; bowled on a city league, was an avid bridge club member, and attended the First United Methodist Church.

Margaret's loving family includes her sister Katie Johnson of Bellevue; her children, Marilyn (Jim) Pettingill of Meridian; Ron Myers of Inkom and Linda (Ted) Wheeler of Meridian; her seven grandchildren, Misty Rhodes, Christine Pettingill, Wendy (Troy) Peltzer, James (Marci) Pettingill, Sara (Mario) Morfin, Tim (Karen) Wheeler, and Anna (Nick) Wilson; she also had 15 great-grandchildren. Margaret was preceded in death by her husband Wayne, two sisters, two brothers and a great-grandson, Luke. Margaret will be remembered for her ability to create beauty not only in her rose garden but also in the lives she touched. We have all been greatly blessed to have had her in our lives. "We love you and will miss you."

A family memorial service will be held at 2 p.m. on Thursday, Aug. 27, at Cloverdale Funeral Home in Boise.

Condolences for the family may be submitted online at [www.CloverdaleFuneralHome.com](http://www.CloverdaleFuneralHome.com).

## SERVICES

**Jess (Dutch) Arnold Mullinix** of Twin Falls, celebration of life at 11 a.m. today at Reynolds Funeral Chapel, 2466 Addison Ave. E. in Twin Falls; visitation begins at 9 a.m. today at the funeral chapel.

**Gordon James Hopson of Blackfoot**, funeral at 11 a.m. today at the Hawker Funeral Home, 132 S. Shilling Ave. in Blackfoot; visitation one hour before the service at the funeral home.

**Karen Mae Chavez** of Rupert, funeral at 1 p.m. today at the Star LDS Church, 100 S. 200 W. of Burley; visitation from noon to 12:45 p.m. today at the church (Rasmussen Funeral Home in Burley).

**Melvin D. (Mel) Kaiser** of Springfield, Ore., and formerly of Rupert, service today at Christ's Center Church in Junction City, Ore.

**Lucelia F. Merkley** of Buhl and formerly of Jerome, funeral at 10 a.m. Tuesday at the Buhl LDS Church on Fair Street; visitation from 5 to 7 p.m. today at Farmer Funeral Chapel in Buhl and one hour before the service at the church.

**John George Kerbs** of Hansen, graveside service at 11 a.m. Tuesday at Sunset Memorial Park in Twin Falls; visitation from 6 to 8 p.m. today at White Mortuary in Twin Falls.

**Ralph Edgar Harper** of Twin Falls, memorial service at 4 p.m. Tuesday at Parke's Magic Valley Funeral Home, 2551 Kimberly Road E. in Twin Falls.

**Vivian Burkett** of Buhl, graveside service at 2 p.m. Wednesday, at the Twin Falls Cemetery.

**Peter Patrick McLinn** of Twin Falls, celebration of

life at 10 a.m. Wednesday at Parke's Magic Valley Funeral Home, 2551 Kimberly Road in Twin Falls.

**Edith Quigley** of Buhl, funeral at 11 a.m. Wednesday at Farmer Funeral Chapel in Buhl.

**Sybil Laura (Pedersen) Saunders** of Boise and formerly of Burley, memorial service at 1 p.m. Wednesday at the Southminister Presbyterian Church, 6500 W. Overland Road in Boise (Alden-Waggoner Funeral Chapel in Boise).

**Exie Kate Shafer** of Castleford, graveside service at 3 p.m. Wednesday at West End Cemetery; visitation from 5 to 7 p.m. Tuesday at Farmers Funeral Chapel in Buhl.

**Dahris Afton Hobson Hanks** of Burley, funeral at 2 p.m. Friday at the Star LDS Church, 100 S. 200 W. of Burley; visitation from 6 to 8 p.m. Thursday at Rasmussen Funeral Home, 1350 E. 16th St. in Burley, and 1 to 1:45 p.m. Friday at the church.

**Lacy D. Tyree** of Buhl, funeral at 3 p.m. Friday at the Calvary Chapel, 1004 Burley Ave. in Buhl; visitation from 5 to 7 p.m. Thursday at Parke's Magic Valley Funeral Home, 2551 Kimberly Road in Twin Falls, and one hour before the service at the church.

**Larry James Woolstenhulme** of Burley, funeral at 11 a.m. on Thursday, at the View LDS Church, 550 S. 500 E. in Burley, with Bishop LaVell Stoker officiating. Burial will be in the Sunny Cedar Rest Cemetery in Almo. Friends may call from 6 p.m. until 8 p.m. on Wednesday at the Rasmussen Funeral Home, 1350 East 16th St. in Burley, and from 10 a.m. until 10:45 a.m. on Thursday at the church.



AP photo

A soldier uses a spade to fight flames, in Agios Stephanos, a suburb north of Athens, Sunday. Thousands of local residents were involved in evacuations as the fires destroyed homes.

## Wildfires cause thousands to flee Athens' suburbs

By Demetris Nellas  
Associated Press writer

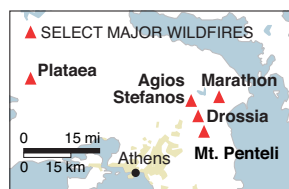
ATHENS, Greece — A raging wildfire raced down a mountain slope in Greece toward the town of Marathon on Sunday, nearing two ancient temples while despairing residents pleaded for firefighters and equipment that were nowhere to be seen.

Tens of thousands of residents of Athens' northern suburbs evacuated their homes, fleeing in cars or on foot. Several houses were destroyed as the fire advanced across an area more than 31 miles wide.

More than 90 wildfires have ignited since Saturday across Greece, and six major fires were burning late Sunday. The Athens fire began on Mt. Penteli, which divides Athens from the Marathon plain, and has spread down both sides of the mountain.

Driven by gale-force winds, the blaze grew fastest near Marathon, from which the modern long-distance foot race takes its name.

"If they do not come right now, the fire will be uncontrollable. Please, bring two or three fire engines at least ... for God's



SOURCE: ESRI AP

sake," Vassilis Tzilalis, a resident of the seaside resort of Nea Makri, near Marathon, told TV channel Mega.

One resident, Nikos Adamopoulos, said he had driven over a large part of the area and saw no firefighters.

"The Museum of Marathon is being encircled by fire and flames are closing in on (the archaeological site of) Rhamnus," he told The Associated Press. Rhamnus is home to two 2,500-year-old temples.

The mayor of Marathon said he had been "begging the government to send over planes and helicopters" to no avail.

## DEATH NOTICES

### Charles A. Bremers

BUHL — Charles A. Bremers, 89, of Buhl, died Saturday, Aug. 22, 2009, at Desert View Care Center in Buhl. Arrangements will be announced by Farmer Funeral Chapel of Buhl.

### Aleen Young

RUPERT — Aleen Young, 85, of Rupert, died Sunday, Aug. 23, 2009, at her home. Arrangements will be announced by Hansen Mortuary in Rupert.

### Andre Joseph Kai Line

Andre Joseph Kai Line, 5-days-old, of Twin Falls, died Saturday, Aug. 22, 2009, at St. Luke's Medical Center in Boise. Funeral Services will be at

1 p.m. on Tuesday at Parke's Magic Valley Funeral Home, 2551 Kimberly Road, in Twin Falls, and interment will follow at the Twin Falls Cemetery. Arrangements are under the direction of Parke's Magic Valley Funeral Home of Twin Falls.

### Gary Custer

Gary Custer, 71, of Twin Falls, died Saturday, Aug. 22, 2009, at his home. Arrangements will be announced by Parke's Magic Valley Funeral Home of Twin Falls.

### Margaret 'Peggy' Billington

Margaret "Peggy" Billington, 83, of Twin Falls, died Sunday, Aug. 23, 2009, at her home. Services will be announced by White Mortuary Chapel by the Park.

For obituary rates and information, call 735-3266 Monday through Saturday. Deadline is 3 p.m. for next-day publication. The e-mail address for obituaries is [obits@magicvalley.com](mailto:obits@magicvalley.com). Death notices are a free service and can be placed until 4 p.m. every day.

## Afghan vote fraud allegations mount

KABUL (AP) — The outcry over alleged vote fraud in Afghanistan's election escalated Sunday, with President Hamid Karzai's chief opponent charging that turnout figures were padded and the chief fraud investigator saying some allegations were serious enough to influence the outcome if true.

The controversy threatens to discredit an election the Obama administration considers a key step in a strategy to turn back the Taliban. It could also delay formation of a new government and fuel growing doubts in the United States about the war in Afghanistan.

Millions of Afghans voted Thursday in the country's second-ever direct presidential election. Final certified results will not come until next month although partial figures are expected Tuesday. If none of the 36 candidates wins a majority, the top two finishers will face a runoff in October.

Karzai's top challenger, former Foreign Minister Abdullah Abdullah, widened allegations of fraud against Karzai and his government Sunday, saying ballots marked for the incumbent were coming in from volatile southern districts where no vote was held, and that turnout was being reported as 40 percent in areas where only 10 percent of voters cast ballots.

## Even in death, Kim Dae-jung unites Koreans

SEOUL, South Korea (AP) — In death as in life, Kim Dae-jung managed to bring the two rival Koreas together.

Hours before his funeral Sunday, North Korean officials dispatched to Seoul to pay their respects to the Nobel Peace Prize winner held talks with South Korea's president — the first high-level inter-Korean contact after many months of tension.

They relayed a message about bilateral relations from North Korean leader Kim Jong Il during a half-hour of "serious and amicable" talks with President Lee Myung-bak, Lee's spokesman said.

It was a fitting breakthrough on a day of mourning for a man who made history by traveling to Pyongyang in 2000 to meet Kim Jong Il for the first summit between leaders of the two countries.

"Farewell, Mr. Sunshine," read yellow placards held up by mourners who packed

the plaza outside City Hall on Sunday to watch a broadcast of his funeral at the National Assembly. Kim died Tuesday at the age of 85.

The two Koreas technically remain in a state of war because their three-year conflict ended in 1953 with a truce, not a peace treaty. Tanks and troops still guard the heavily fortified Demilitarized Zone bisecting the peninsula.

Kim Dae-jung, however, was respected on both sides of the border. As president from 1998 to 2003, he advocated a "Sunshine Policy" of engaging the isolated North and sought to ease reconciliation by plying the impoverished nation with aid.

In 2000, he traveled to Pyongyang for the summit with Kim Jong Il. Raising their hands aloft in a sight that would have been unimaginable just years earlier, the two Kims pledged to embark on a new era of peace on the Korean peninsula.



AP photo

South Korean Buddhist monks pray during the funeral of the late former South Korean President Kim Dae-jung at the National Assembly in Seoul, South Korea, Sunday.

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## FITNESS CLASS REVIEW

# SWEAT ASSESSMENT

Pole  
moves  
to build  
muscles



I first saw fliers for Becky Bronson Martinez's pole dance classes in February.

Pole dancing to build muscles? It made sense. The climbing and twirling looked like it required an intense amount of arm and core strength. But how risqué would it be?

So I looked it up. Pole dancing fitness classes, popular in urban areas and college towns, teach the same moves that strippers use, but the focus is on building muscle, not attracting gentlemen admirers.

This summer, Bronson Martinez moved her classes to a new studio that is right around the corner from the *Times-News*' Twin Falls office. Curiosity overcame me and I gave her a call.

By Melissa Davlin  
Times-News writer



### Muscles by Miss.FIT

- **What:** pole dancing
- **Where:** 229 Main Ave. W., Twin Falls
- **When:** Right now, most of Becky Bronson Martinez's students come on Tuesday and Thursday nights, but she can arrange classes or lessons whenever students can make it. The next round of classes starts Sept. 3.
- **Price:** Classes are \$75 a month for eight classes. Private lessons are \$10 to \$30, depending on the skill set.
- **Information:** 212-2014 or [musclesbymissfit.com](http://musclesbymissfit.com).

### What went down

Bronson Martinez gave me a private, abridged beginner class Tuesday. We skipped the typical aerobic warm-up, which consists of jumping rope, and got straight to the dancing.

She showed me how to do moves called the Butterfly and the Tinkerbell. I looked them up on YouTube the next day and found out that moves can have multiple names, and the Butterfly can also refer to an upside down inverted move. I did the easy version — also known as a front hook — where my right leg hooked around the pole and my left leg bent, making a W shape. Don't forget to point your toes, Bronson Martinez reminded me.

Before class, I had stretched my arms thoroughly but neglected my legs. Big mistake. After I threw them back for a Butterfly a few times, both cramped. I limped to a yoga mat and stretched them as well as I could, but felt it for the rest of the night.

While I recovered, I watched Bronson

See **POLE**, H&F 2



Photos by DREW GODLESKI/for the Times-News

TOP: Muscles by Miss.FIT instructor Becky Bronson Martinez, right, works on creating a pole dancing routine with Roxey Owens on Tuesday in Twin Falls.  
ABOVE: Bronson Martinez goes inverted on the pole at her studio.

# As soup recipe gets a tuneup, is it still Mmmm-mmmm good?

By Jennifer LaRue Huget  
Special to The Washington Post

It's always risky to tinker with an icon.

But that's just what Campbell's has done. This month the company is rolling out a new version of its best-selling tomato soup. The can looks pretty much the same as always. Inside, though, there's much less salt.

Campbell's has been working for years to reduce the sodium content of its soups. It has taken 40 years — the last four in real earnest, according to Chor San Khoo, the company's vice president for global nutrition and health — to figure out how to cut back



the salt without compromising flavor. The new tomato soup has 480 milligrams (mg) per serving, down from 710 in the most recent iteration.

Campbell's has lowered

the sodium in more than 90 soups by 25 to 50 percent. Some have been lower-sodium variations, and others are replacements for the original variety, such as the condensed kids' soups,

which lowered their per-serving sodium level to 480 mg last year from 600. This year Campbell's cut the sodium in its Healthy Request soups to 410 mg from 480 mg.

The Dietary Guidelines for Americans recommend healthy adults restrict their sodium intake to no more than 2,300 mg per day. People with high blood pressure, blacks and middle-aged and older adults (and that's an awful lot of us) should keep it to 1,500 or fewer.

But just ditching the salt shaker isn't going to get you very far. One study cited in the Dietary Guidelines shows that we get 77 percent of our sodium from

processed and fast foods; 12 percent comes from foods in which salt is naturally present and only 6 percent comes from the shaker.

At a time when sugar and high-fructose corn syrup are under scrutiny for their role in fueling obesity, it's important not to lose focus on salt. Of course, our bodies require some salt to maintain adequate fluid levels in our cells. But as the Dietary Guidelines point out, for most people there is a direct and dose-specific relationship between salt intake and blood pressure: The more you eat, the higher your blood pressure. And since high blood pressure is a major contributor to heart disease and stroke — respec-

tively the first- and third-leading causes of deaths in the U.S. — limiting salt is clearly a personal and public health imperative.

But as Khoo notes, while there are plenty of sugar substitutes, there is no substitute for salt. To create its new recipe, Campbell's turned to a proprietary sea salt that contains less sodium than standard, mined salt. The substitution required tinkering with other elements of the recipe to keep flavors — and things we don't think about, such as pH levels — in balance. And experience has shown that people won't buy reduced-sodium soup (or

See **SOUP**, H&F 3

# To do for You

## New exercise class site for seniors

South Central Public Health District offers a new Fit and Fall Proof exercise class site for senior citizens in Twin Falls. Classes will be at 10:30 a.m. Mondays, Wednesdays, and Fridays, beginning today, at Twin Falls Senior Citizens Center, 530 Shoshone St. W.

The low-impact exercise classes are designed for mature adults to improve their health and reduce their risk of falling while enjoying social interaction with other participants.

There are four other sites of the exercise classes in Eden, Kimberly, Oakley and Twin Falls. Additional sites will open in September in Burley, Hailey and Twin Falls and in October in Wendell.

Free. Register: Elvia Caldera, 737-5988.

## 'Baby and Me'

St. Benedicts Family Medical Center's "Baby and Me" classes, 11 a.m. to noon Tuesdays, at Jerome Public Library, 100 First Ave. E.

This week's topic: Got the blues? The session is educational support for parents and babies. A baby scale is available each week.

Free; 324-6133.

## Childbirth refresher

Childbirth refresher course, 6:30-9 p.m. Wednesday, in the lobby at St. Luke's Magic Valley Medical Center's downtown campus, 660 Shoshone St. E. in Twin Falls.

Topics: Review of childbirth preparation and breathing techniques, and a video tour of the Women's and Infants Center.

Cost is \$20. Pre-registration required; 732-3148.

## Stroke prevention

Life Line Screening offers ultrasound tests to help people identify their risk of stroke, vascular diseases or osteoporosis. Appointments begin at 9 a.m. Saturday at the Kimberly Church of the Nazarene, 3550 E. 3750 N.

The screenings help identify blocked arteries and irregular heart rhythm, abdominal aortic aneurysms and hardening of the arteries in the legs.

The bone density screening to assess osteoporosis risk is appropriate for both men and women. Screenings take 60 to 90 minutes.

Cost is \$139. Pre-registration required. Appointments: 1-800-710-1913 or www.lifelinescreening.com.

## About childbirth

Prepared childbirth classes, 6:30-9 p.m. Thursdays, this week to Sept. 24, in the lobby at St. Luke's downtown campus, 660 Shoshone St. E. in Twin Falls.

Topics: wellness of the mother; labor and delivery process with relaxation and breathing techniques; care of the postpartum mother and newborn; breastfeeding and bottle feeding; and a video tour of the Women's and Infant Center. Bring a labor support person, if possible.

Cost is \$60. Pre-registration required; 732-3148.

## About childbirth

St. Benedicts' prepared childbirth series, 7-9:30 p.m. Wednesdays, Sept. 2 to Oct. 7, at Jerome Ambulance Building, 240 E. Main St.

Bring a labor support person, if possible. Mothers may enroll even if their babies will be born at a dif-

ferent hospital.

Cost is \$30. Register: 324-6133 or anitbart@sbfmc.org.

## Breast cancer screenings

Planned Parenthood and Susan G. Komen Race for the Cure offer free breast cancer screenings, 10 a.m. to noon Sept. 4 and Sept. 18, at Wood River YMCA, 101 Saddle Road.

Funds are available to assist women needing additional screenings beyond the initial exam.

Appointments suggested; walk-ins welcome. Appointments: 734-9955.

## Belly dancing

College of Southern Idaho's Community Education Center offers the class "Middle Eastern (Belly) Dance" (beginning through intermediate), 7-8:30 p.m. Wednesdays, Sept. 9 to Nov. 4, in Room 236 at the CSI gym.

In the first two classes, participants learn about the basics of beginning belly dance, followed by dance styles, moves and combinations.

Belly dance is an art form that embraces all body types and enables dancers to create self-confidence through artistic self-expression, organizers said. Cyndie Woods, a contemporary artist in Middle Eastern dance, will instruct along with guest instructors.

Wear comfortable exercise clothing; socks or non-slip dance shoes can be worn but are not necessary.

Cost is \$79. Register: 732-6442 or communityed.csi.edu.

## Learn dancing

CSI's North Side Center offers the class "Cha-Cha," 6-8 p.m. Fridays, Sept. 11-25, at the Gooding Elementary School cafeteria. Reid and Danielle Lofgran will instruct.

Learn the steps of this basic Latin dance. Wear smooth-soled shoes (no athletic shoes).

Cost is \$25 per person (sign up with a partner). Register: 934-8678 or North Side Center, 202 14th Ave. E., Gooding.

## Fitness program for seniors

CSI's North Side Center offers the Over 60 and Getting Fit program at four locations.

The course, designed for the fitness needs of the mature adult, includes cardiovascular activities (walking and/or other low-intensity aerobic movement) and flexibility and resistance strength training. Participants may do only those activities appropriate for individual needs. A medical release is required.

Classes are 9-9:50 a.m. Tuesdays and Thursdays, Sept. 8 to Dec. 17, at Hagerman High School gym; and 9-9:50 a.m. Mondays, Wednesdays and Fridays, Sept. 9 to Dec. 16, at Idaho School for the Deaf and the Blind gym in Gooding, Shoshone High School gym and Jerome Recreation Center.

Cost: free for anyone 60 and older, or \$100 for those under 60. Register: 934-8678 or North Side Center, 202 14th Ave. E., Gooding.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's Healthy & Fit section. E-mail notices to ramona@magicvalley.com.



GEORGE WILHELM/Los Angeles Times

Moving your body can reap benefits for the mind, studies show.

# Exercise vs. depression

By Jeannine Stein  
Los Angeles Times

When Gaetano Vaccaro meets with depressed patients at Moonview Sanctuary, he sometimes moves part of the session outside, taking a walk while talking. The result: "People's state of mind can shift."

Depression can spawn a spiral of lethargy and hopelessness, so that the last thing someone wants to do is exercise. But regular, moderate physical activity may lessen depression symptoms as much as some medications.

"On its own, exercise does appear to have significant effects in terms of elevating mood," says Dr. Andrew Leuchter, professor of psychiatry at the Semel Institute for Neuroscience and Human Behavior, at the University of California, Los Angeles. Physical activity, he adds, often is used to augment treatments such as medication and cognitive behavioral therapy. "If people are on medication or in treatment and haven't had a complete recovery from depression, exercise is useful

in getting them all the way there."

Exercise affects the brain in several ways. "People with depression tend to become somewhat inert, and they don't engage in their usual activities, and exercise gets people back to their usual level of activity," Leuchter says.

That can prompt an upward cycle, inspiring people to return to work and connect again with friends and family, ultimately providing motivation to stay on course. Such connections are crucial.

"The psychological benefits make a big difference from my perspective," says James Blumenthal, professor of medical psychology at Duke University in Durham, N.C. "People have a greater sense of being in control. They feel better about themselves and have more self-confidence."

A physical change can instigate a mental change, says Vaccaro, director of development at Moonview Sanctuary, a psychological treatment center in Santa Monica, Calif. "When you're getting somebody to

move and getting them to change a pattern in their life, just that little bit of pattern change can relate to a mood change, and they start to see themselves as a person who is active, not just a couch potato. They change their perception."

There may be direct physical effects on the brain as well.

The treatment center encourages exercise — yoga in particular — as a way to manage many types of mood disorder. Besides having a strong mind-body connection, "yoga is something that can be modified to someone's activity level and is something they can do throughout their life," Vaccaro says.

Several studies illustrate the benefits of exercise. In one, published in 2007 in the journal Psychosomatic Medicine, 202 men and women with major depression were randomly assigned to participate in a supervised exercise program in a group setting, do home-based exercise, take an antidepressant medication or take a placebo. After 16 weeks, 41 percent were

in remission, meaning they no longer had major depressive disorder. Those who were in the exercise and medication groups tended to have higher remission rates than the placebo group.

Another study examined how much cardiovascular exercise was needed to see a change in mood among those with mild to moderate cases of major depressive disorder. The 80 men and women who took part in the research were randomly placed in four exercise groups that varied in the number of calories burned and the frequency of activity. A placebo group did flexibility exercises three days a week.

Those in the group that exercised at moderate intensity three to five days a week for about 40 minutes (consistent with public health recommendations) showed the biggest decrease in depressive symptoms compared with those who exercised less or just did stretching. The 2005 study appeared in the American Journal of Preventive Medicine.

## Pole

Continued from H&F 1

Martinez and student Roxey Owens demonstrate more advanced moves. Owens has been pole dancing for only four months, but she had no problems flipping around the pole and posing upside down. Owens and Bronson Martinez took turns doing tricks and complimenting one another on their moves.

And their arms! Both ladies had fantastically toned shoulders, biceps, triceps and forearms. So wait — I can get muscles like that while twirling around a pole, and I don't have to endlessly lift weights? Sign me up.

## What hurt the next day

When I woke up on Wednesday morning, I felt a little like I was back in college.

No, I didn't moonlight as a club dancer. Pole dancing uses most of the same muscles as rock climbing, one of my favorite pastimes at school. The insides of my wrists ached, and I could barely raise my arms above my head. (My hair looked awesomely bad that day.) I imagine my core muscles would hurt if I did some of the advanced moves Bronson Martinez and Owens showed off.

I also had a bruise on the inside of my right thigh where my leg kept



DREW GODLESKI/For the Times-News

Becky Bronson Martinez takes a break from pole dancing and plays with Lucy Vargas, 3, at her Twin Falls studio.

hitting the pole. That's common, Bronson Martinez said. She has a perma-bruise on her foot, along with calluses.

Injuries aren't unheard of in this activity. In March, Bronson Martinez separated her shoulder. Right now, she has a dislocated thumb and a blown wrist.

"It's all in the name of learning new moves and pushing my limitations," she said.

## Who should stay away

Don't come to this class thinking Bronson Martinez will teach you how to strip. This is a fitness dance class, not a peep show. That said, women who are uncomfortable showing a little skin won't feel comfortable. In

order to do the moves properly, students need to wear tank tops and shorts so their skin can grip the pole. A bare midriff is optional, but helpful.

People with major shoulder problems might want to think twice before signing up. And if you have super weak arms, try lifting weights regularly for about a month before you start.

How about the gentlemen? Women fill most classes, Bronson Martinez said, but there are a few male pole dancers.

And the kids? They're welcome, too, if a parent is willing to sign. Bronson Martinez can teach them circus acrobat-like moves on the pole.

"My son is 8. He does it," Bronson Martinez said.

## The Ponzi Scheme: Spotting a fraud

**Check Credentials.** Anyone can call himself or herself a financial planner or advisor — or claim any other designation he or she chooses — so it pays to check with national organizations that issue these credentials. AARP offers a resource that explains various financial designations; find it by going to [www.aarp.org](http://www.aarp.org) and typing "understanding financial credentials" into the Search field.

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FRIDAY IN ENTERTAINMENT

# Why did eating make her faint?

Cause of trouble finally found

By Sandra G. Boodman  
Special to The Washington Post

Although he had never seen a case like it in his career, cardiologist David Lomnitz felt certain he knew why his new patient kept blacking out when she ate.

At the time of her first appointment in September 2004, Martha Bryce, then a 36-year-old health-care consultant, was feeling desperate. Four years earlier she had been given a diagnosis of epilepsy, and had taken medication to prevent seizures. But doctors had been unable to explain the frequent swooning episodes that occurred when she started to eat, forcing her to put her head down on the table in an intermittently successful attempt to avoid passing out.

Doctors seemed unconcerned and told her the episodes might be a symptom of her seizure disorder. Bryce, a registered nurse, wasn't so sure.

But after a frightening incident drove home the potential danger of the baffling condition, she made an appointment with Lomnitz, now assistant chief of cardiology at Norwalk Hospital in Norwalk, Conn. "Her story rang a bell for me," he said.

His hunch about her condition, triggered by cases he heard about during his training years earlier, would upend her diagnosis and radically alter her treatment.

The first sign something was wrong was dramatic.

While on a business trip to Las Vegas in January 2000, Bryce, who lives in Ridgefield, Conn., decided to visit the Hoover Dam before catching a red-eye flight home.

Standing at an overlook preparing to photograph the concrete behemoth, Bryce recalled, "all of a sudden I felt a way I'd never felt before." She fainted and, after regaining consciousness, learned she had suffered a grand mal seizure during which she had bitten her tongue.

"I actually closed the dam down because they needed to get emergency services in," Bryce said. She spent the next four days undergoing a complete work-up at a Las Vegas hospital. Doctors ruled out a brain tumor, drug reaction and other problems. An avid exerciser in excellent health, Bryce couldn't imagine what might be wrong.

Back home, a neurologist conducted additional tests but found nothing, either. He told her she might be among the 11 percent of people who suffer a single seizure for reasons that are never determined. To be safe, he prescribed anti-seizure medication and told her not to drive for six months.

Within a week, a disturbing new problem surfaced. While eating, Bryce would feel faint and sometimes briefly pass out. The episodes never occurred when she drank, only when she consumed solid food. At first intermittent, they soon became a daily occurrence, especially at breakfast.

Her neurologist told her the episodes were unrelated to the seizure and advised her not to skip breakfast. After four seizure-free months, he weaned her off the medication and told her there was no reason to come back unless she had another seizure.

She learned to live with the swooning. Friends and family members got used to seeing her put her head on the table for a few minutes at the start of a meal. When entertaining business clients, then a frequent occurrence, she would



DOUGLAS HEALEY/The Washington Post

Martha Bryce's rare condition first surfaced when she had a seizure.

bow her head, seemingly intent on studying a menu or pretending to search for something deep inside her purse.

In 2001 she became pregnant, and the episodes ceased. Bryce thought they might have vanished as suddenly as they appeared. But when her son was a few months old, they returned and grew more frequent. Doctors were unable to offer much in the way of explanation.

An incident in 2004 made Bryce realize she needed to get doctors to take the situation seriously. Home alone with her then-2 1/2-year-old son, her husband en route to London on business, Bryce was eating a bowl of cereal and watching her son play. Without warning she fainted and awoke to find herself on the floor in the throes of a seizure, which was milder than the one she had had in 2000.

"I was terrified about what might have happened," she said. After emergency room doctors found nothing, Bryce consulted a second neurologist.

He told her that two unexplained seizures in less than five years meant she had epilepsy. The swooning, he told her, was probably an aura that precedes seizure activity. Bryce again began taking epilepsy medicine and was told not to drive.

Skeptical of the epilepsy diagnosis, Bryce mentioned her problem to a friend who is a cardiologist.

"He said, 'Of course you've had a cardiac work-up, right?'" She hadn't. When she asked her neurologist for a referral, he scolded her, telling her she should go to the epilepsy clinic at Yale-New Haven Hospital where doctors would, in his words, "make you understand your condition!"

Instead, she made an appointment with Lomnitz and began scouring the Internet for information. Her search unearthed a British

site for STARS, short for Syncope Trust and Reflex Anoxic Seizures, a group founded in 1993. The site described patients given a misdiagnosis of epilepsy who were actually suffering from cardiac problems, including unusual varieties of syncope.

Syncope, the medical term for fainting, is typically related to a transient, insufficient blood flow to the brain, according to the American Heart Association. A common condition, it can be caused by low blood pressure, medications, stress, pain, the sight of blood, dehydration or a plethora of heart, metabolic and lung disorders. Sometimes, as in Bryce's case, the cause is more exotic.

Lomnitz had done his fellowship training at New York Hospital, home to a lab dedicated to syncope research. He knew about the unusual causes of syncope, including the one he suspected was causing Bryce's problems.

"Based on her history, I thought she had swallow syncope," Lomnitz said. In some people, the act of swallowing interferes with the heart's electrical system, causing it to briefly stop beating, which results in fainting or near blackouts.

The disorder is so uncommon it typically appears in the medical literature as a case report. In 1999 two physicians at Howard County (Md.) General Hospital described two patients who had swallow syncope diagnosed, one after drinking a cold carbonated beverage, the other after eating a large quantity of food.

To test his theory, Lomnitz fitted Bryce with a 28-day monitor that would track her heart rate around the clock and transmit information to his office.

Less than 24 hours after she began wearing it, Lomnitz called Bryce and told her there was no doubt she had swallow syncope: When she began eating, her heart

stopped beating for five to 10 seconds.

The next step was to determine the underlying cause. In some patients, Lomnitz said, swallow syncope can result from a narrowed esophagus or other anatomical defect. In Bryce's case, tests revealed no physical abnormality.

Lomnitz then recommended implanting a pacemaker, which uses electrical stimuli to regulate the heartbeat. Bryce was reluctant to undergo the procedure, opting to try medications first. When they didn't help, she had pacemaker surgery in January 2005.

"From the moment that pacemaker went in, I have never had another episode," Bryce said.

Some questions about her case may never be answered. Neither Lomnitz nor any of her other physicians know why the problem vanished during her pregnancy.

Although Lomnitz said that patients can develop swallow syncope for no apparent reason, Bryce wonders whether hers might have been related to her visit to the Hoover Dam.

"After my pacemaker was implanted, I read the warnings about not going through airline security, not getting near large speakers or electromagnets and, incredibly, not going to the Hoover Dam," she said. (The dam's electromagnets are used to generate power from the Colorado River.) "Maybe I had some latent electro-cardio issues that got worse that day."

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By Linda Searing  
Special to The  
Washington Post

## Quick Study

The topic:  
**Incontinence**

Shedding pounds may help women control urine leakage

### THE QUESTION

Might losing weight make urinary incontinence less of a problem for women affected by loss of bladder control?

### THIS STUDY

It randomly assigned 338 overweight or obese women (average age, 53) with chronic urinary incontinence to participate in a weight-loss program with diet, exercise and behavioral components or in a program that provided only information on weight loss, physical activity and healthful eating. Both programs included one-hour weekly group meetings, and all participants were given a booklet with instructions on improving bladder control. Six months later, the active weight-loss group had lost, on average, 17 pounds, compared with a three-pound average loss for the others. Incontinence episodes had declined by 47 percent for women in the weight-loss group, compared with 28 percent for the others.

### WHO MAY BE AFFECTED?

Women, who are twice as likely as men to suffer either stress incontinence, when urine leaks are brought on by activity such as sneezing, or urge incontinence, when urine is leaked unexpectedly.

### CAVEATS

Data on incontinence were based on records kept by the participants.

### FIND THIS STUDY

Jan. 29 issue of the New England Journal of Medicine.

### LEARN MORE

Learn about urinary incontinence at [www.kidney.niddk.nih.gov](http://www.kidney.niddk.nih.gov) and [www.mayoclinic.com](http://www.mayoclinic.com).

*The research described in Quick Study comes from credible, peer-reviewed journals. Nonetheless, conclusive evidence about a treatment's effectiveness is rarely found in a single study. Anyone considering changing or beginning treatment of any kind should consult with a physician.*

## Soup

Continued from H&F 1

other foods) if they don't taste good.

A serving of the new tomato soup provides 690 mg of potassium, or 20 percent of the DV of 3,500 mg. That's important, because adequate potassium intake is vital to controlling blood pressure.

The new soup is not perfect. Some critics will wish it, like its predecessor, didn't contain high-fructose corn syrup. And one might hope a serving provided more than a single gram of fiber, which is just 4 percent of the DV. Those who can't tolerate gluten will bemoan the wheat flour in the recipe; it's there to improve the soup's texture, Khoo says. (Campbell's does offer many gluten-free products; they're listed at [www.campbellswithout-gluten.com](http://www.campbellswithout-gluten.com).)

Still, a one-cup serving has just 90 calories, no fat and no cholesterol. As Khoo notes, soup — especially low-calorie ones such as this — can help with weight control. Eaten as a first course, it can help fill your belly and cause you to eat fewer calories in the rest of your meal.

And it's easy to boost the soup's nutrition content. Reconstitute it with skim milk instead of water and you get 30 percent of the day's needed calcium and 25 percent of the Vitamin D for just 80 added calories. Khoo says she likes to sliver some lettuce and serve it atop her soup to add a bit of crunch and fiber.

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**NOTICES**

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**RESCHEDULING OF PUBLIC HEARING ON CITY OF WENDELL PROPOSED BUDGET FOR FY 2010**

The City of Wendell has rescheduled the public hearing set for Thursday, August 20, 2009, at 6:30 p.m. to Thursday, August 27, 2009, on the proposed budget for Fiscal Year 2009-2010 (FY 2010). Location will be at Wendell City Hall, 375 First Avenue East, Wendell, Idaho. The time for the hearing is set for 6:30 p.m.

PUBLISH: August 17 and 24, 2009

**NOTICE OF TRUSTEE'S SALE**

TS No. 09-0094402 Title Order No. 090470004 Parcel No. RPJ13700610080 The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States, in the front lobby of Land Title & Escrow located at 237 N. Lincoln, Jerome, ID 83338, on 12/04/2009 at 10:00 am, (recognized local time) for the purpose of foreclosing that certain Deed of Trust recorded 11/08/2004 as Instrument Number 2045982, and executed by **DOROTHY MATTHEWS, AN UNMARRIED WOMAN**, as Grantor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, to RECONTRUST COMPANY, N.A., the Current Trustee of record, covering the following real property located in Jerome County, state of Idaho: LOT 8 IN BLOCK 61, JEROME TOWNSITE, JEROME COUNTY, IDAHO AS THE SAME IS PLATTED IN THE OFFICIAL PLAT THEREOF, NOW OF RECORD IN THE OFFICE OF THE RECORDER OF SAID COUNTY. The Trustee has no knowledge of a more particular description of the above referenced real property, but for purpose of compliance with Idaho Code, Section 60-113, the Trustee has been informed that the street address of, **404 1ST AVE E, JEROME, ID 83338-2402** is sometimes associated with said real property. Bidders must be prepared to tender the trustee the full amount of the bid at the sale in the form of cash, or a cashier's check drawn on a state or federally insured savings institution. Said sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in that certain Deed of Trust. The default for which this sale is to be made is: Failure to pay the monthly payment due 04/01/2009 of principal, interest and impounds and subsequent installments due thereafter; plus late charges, with interest currently accruing at 5.625% per annum; together with all subsequent sums advanced by beneficiary pursuant to the terms and conditions of said Deed of Trust, and any supplemental modifications thereto. The principal balance owing as of this date on said obligation is \$60,989.47, plus interest, costs and expenses actually incurred in enforcing the obligations thereunder and in this sale, together with any unpaid and/or accruing real property taxes, and/or assessments, attorneys' fees, Trustees' fees and costs, and any other amount advanced to protect said security, as authorized in the promissory note secured by the aforementioned Deed of Trust. Therefore, the Beneficiary elects to sell, or cause said trust property to be sold, to satisfy said obligation. NOTICE IS HEREBY GIVEN THAT THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE, AND THAT THE DEBT MAY BE DISPUTED. THE ABOVE GRANTORS ARE NAMED TO COMPLY WITH SECTION 45-1506(4)(a) IDAHO CODE. NO REPRESENTATION IS MADE THAT THEY ARE, OR ARE NOT, PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. DATED: 07/27/2009. Name and Address of the Current Trustee is: RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 91028-1821 PHONE: (800) 281-8219 RECONTRUST COMPANY, N.A. Successor Trustee Diana Feehan, Team Member ASAP# 3203258

PUBLISH: August 3, 10, 17 and 24, 2009

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**NOTICE OF TRUSTEE'S SALE**

TS No. 09-0094383 Title Order No. 090470520 Parcel No. RPBF5010010020A The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States, in the front office of Land Title & Escrow, 211 West 13th St. Burley, ID 83318, on 12/18/2009 at 10:00 am, (recognized local time) for the purpose of foreclosing that certain Deed of Trust recorded 11/09/2001 as Instrument Number 278155, and executed by **JULIE M SMITH, AN UNMARRIED WOMAN**, as Grantor(s), in favor of MAGIC VALLEY BANK, as Beneficiary, to RECONTRUST COMPANY, N.A., the Current Trustee of record, covering the following real property located in Cassia County, state of Idaho: LOT 2 OF THE FIFTH AVENUE SUBDIVISION, CASSIA COUNTY, IDAHO, AS THE SAME IS PLATTED IN THE OFFICIAL PLAT THEREOF, NOW OF RECORD IN THE OFFICE OF THE RECORDER OF SAID COUNTY, RECORDED JANUARY 7, 2000 AS INSTRUMENT NO. 286765; RE-RECORDED FEBRUARY 22, 2001 AS INSTRUMENT NO. 273430, RECORDS OF CASSIA COUNTY, IDAHO. The Trustee has no knowledge of a more particular description of the above referenced real property, but for purpose of compliance with Idaho Code, Section 60-113, the Trustee has been informed that the street address of, **542 CONANT AVENUE, BURLEY, ID 83318** is sometimes associated with said real property. Bidders must be prepared to tender the trustee the full amount of the bid at the sale in the form of cash, or a cashier's check drawn on a state or federally insured savings institution. Said sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in that certain Deed of Trust. The default for which this sale is to be made is: Failure to pay the monthly payment due 09/01/2008 of principal, interest and impounds and subsequent installments due thereafter; plus late charges, with interest currently accruing at 8.000% per annum; together with all subsequent sums advanced by beneficiary pursuant to the terms and conditions of said Deed of Trust, and any supplemental modifications thereto. The principal balance owing as of this date on said obligation is \$12,966.31, plus interest, costs and expenses actually incurred in enforcing the obligations thereunder and in this sale, together with any unpaid and/or accruing real property taxes, and/or assessments, attorneys' fees, Trustees' fees and costs, and any other amount advanced to protect said security, as authorized in the promissory note secured by the aforementioned Deed of Trust. Therefore, the Beneficiary elects to sell, or cause said trust property to be sold, to satisfy said obligation. NOTICE IS HEREBY GIVEN THAT THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE, AND THAT THE DEBT MAY BE DISPUTED. THE ABOVE GRANTORS ARE NAMED TO COMPLY WITH SECTION 45-1506(4)(a) IDAHO CODE. NO REPRESENTATION IS MADE THAT THEY ARE, OR ARE NOT, PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. DATED: 08/10/2009 Name and Address of the Current Trustee is: RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 91028-1821 PHONE: (800) 281-8219 RECONTRUST COMPANY, N.A. Successor Trustee Diana Feehan, Team Member ASAP# 3221643

PUBLISH: August 17, 24, 31 and September 7, 2009

**NOTICE OF PUBLIC HEARING**  
Proposed Budget for the  
**WENDELL CEMETERY MAINTENANCE DISTRICT**  
October 1, 2009 through September 30, 2010

Notice is hereby given that on Monday, 31 August, 2009, from 7 to 8:00 PM at the Wendell Cemetery, a public hearing will be conducted by the Board of Commissioners of the Wendell Cemetery Maintenance District on the proposed budget for October 1, 2009 through September 30, 2010. At said hearing all interested persons may appear and show cause, if any, why said proposed budget should not be adopted. The following proposed budget of the Wendell Cemetery Maintenance District for the above named period may be examined at 152 East Main, Wendell, Idaho: (Please call for an appointment: 538-6187).

<b>ANTICIPATED REVENUE:</b>	
Tax Levy	56,581
Ag Money	5,482
Sales Tax	5,000
Interest Checking	200
Plot Sales	8,000
Open/Close + Sats	9,000
Bank Balance (June 30)	25,067
Other	500
<b>TOTAL</b>	<b>\$109,830</b>
<b>ANTICIPATED EXPENSES:</b>	
Cemetery Labor	45,000
Clerk	6,500
Commissioners	2,700
Payroll Withholding	10,000
Insurance	5,750
Legal & Professional Fees	1,700
Irrigation Assessment	1,900
Property Tax	100
Equipment Purchase	3,000
Maint-Building/Improve	2,500
Maint Equip-Fuel & Oil	3,500
Maint-Equipment	6,500
Maint-Grounds	9,000
Maint-Tools	600
Maint-Water	2,500
Office Supplies/Equipment	1,500
Rent	1,200
Utility-Electricity/Gen	1,200
Utility-Electricity/Irrig	3,000
Utility-Telephone	480
Misc.-Elections	1,000
Misc.	200
<b>TOTAL</b>	<b>\$109,830</b>

Respectfully submitted this 12<sup>th</sup> day of August, 2009.  
Karen Isaacson, Clerk  
Wendell Cemetery District

PUBLISH: August 17 and 24, 2009

**NOTICE OF TRUSTEE'S SALE**

Trustee's Sale No. 02-FHF-80606 NOTICE IS HEREBY GIVEN that, PIONEER LENDER TRUSTEE SERVICES, LLC, the duly appointed Successor Trustee, will on December 3, 2009, at the hour of 01:00 PM, of said day, FRONT STEPS OF THE TWIN FALLS COUNTY COURTHOUSE, 425 SHOSHONE STREET NORTH, TWIN FALLS, ID, sell at public auction to the highest bidder, for cash, in lawful money of the United States, all payable at the time of sale, the following described real and personal property (hereafter referred to collectively as the "Property"), situated in the County of TWIN FALLS, State of Idaho, to-wit: Township 10 South, Range 17 East of the Boise Meridian, Twin Falls County, Idaho, Section 29: A tract of land in the Northeast quarter Northeast quarter, more particularly described as follows: COMMENCING at the Northeast corner of said Section 29; THENCE North 89°07'00" West 703.40 feet; THENCE South 01°10'30" West 25.00 feet to the REAL POINT OF BEGINNING; THENCE South 0°10'30" West 459.26 feet; THENCE North 89°46'00" West 92.0 feet THENCE North 0°10'30" East 460.30 feet; THENCE South 89°07'00" East 92.00 feet to the REAL POINT OF BEGINNING. The Trustee has no knowledge of a more particular description of the above-referenced Property but, for purposes of compliance with Section 60-113 of Idaho Code, the Trustee has been informed that the address of **217 ORCHARD DRIVE WEST, TWIN FALLS ID, ID 83301**, is sometimes associated with said real property. Said sale will be made without covenant or warranty regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in the Deed of Trust executed by **KENNETH B YOUNG, A MARRIED MAN, AS HIS SOLE AND SEPARATE PROPERTY**, as Grantor, to ALLIANCE TITLE & ESCROW CORP., as Trustee, for the benefit and security of HOUSEHOLD FINANCE CORPORATION 111, as Beneficiary, dated 5/25/2004, recorded 5/26/2004, under Instrument No. 2004-011368, Mortgage records of TWIN FALLS County, IDAHO, the beneficial interest in which is presently held by HOUSEHOLD FINANCE CORPORATION III. THE ABOVE GRANTORS ARE NAMED TO COMPLY WITH SECTION 45-1506(4)(A), IDAHO CODE. NO REPRESENTATION IS MADE THAT THEY ARE, OR ARE NOT, PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. The default for which is sale is made is the failure to pay when due under the Deed of Trust Note dated 5/25/2004, THE MONTHLY PAYMENT WHICH BECAME DUE ON 1/29/2009 AND ALL SUBSEQUENT MONTHLY PAYMENTS, PLUS LATE CHARGES AND OTHER COSTS AND FEES AS SET FORTH. Amount due as of July 29, 2009 Delinquent Payments from January 29, 2009 7 payments \$4,446.20 (01-29-09 through 07-29-09) Late Charges: \$185.35 Beneficiary Advances: \$40.00 Suspense Credit: \$0.00 TOTAL: \$4,671.55 All delinquencies are now due, together with unpaid and accruing taxes, assessments, trustee's fees, attorney's fees, costs and advances made to protect the security associated with this foreclosure. The principal balance is \$103,447.08, together with interest thereon at 7.590% per annum from 12/29/2008, until paid. The Beneficiary elects to sell or cause the trust property to be sold to satisfy said obligation. Anyone having any objection to the sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the same. DATED: 7/29/2009. PIONEER LENDER TRUSTEE SERVICES, LLC Trustee By Kara Lansberry, Assistant Trustee Officer C/O REGIONAL TRUSTEE SERVICES CORPORATION 616 1st Avenue, Suite 500 Seattle, WA 98104 Phone: (206) 340-2550 Sale Information: <http://www.rtrustee.com> ASAP# 3215054

PUBLISH: August 10, 17, 24 and 31, 2009

**NOTICE OF TRUSTEE'S SALE**

Trustee's Sale No. 02-FMB-79587 NOTICE IS HEREBY GIVEN that, PIONEER LENDER TRUSTEE SERVICES, LLC, the duly appointed Successor Trustee, will on November 25, 2009, at the hour of 02:00 PM, of said day, FRONT STEPS OF THE JEROME COUNTY COURTHOUSE, 300 NORTH LINCOLN, JEROME, ID, sell at public auction to the highest bidder, for cash, in lawful money of the United States, all payable at the time of sale, the following described real and personal property (hereafter referred to collectively as the "Property"), situated in the County of JEROME, State of Idaho, to-wit: THE WEST 21 FEET OF LOT 2, ALL OF LOT 3 AND THE EAST 4 FEET OF LOT 4 IN BLOCK A-204, WILLIAMSON-TURNER SUBDIVISION OF JEROME TOWNSITE, JEROME COUNTY, IDAHO, AS THE SAME IS PLATTED IN THE OFFICIAL PLAT THEREOF, NOW OF RECORD IN THE OFFICE OF THE RECORDER OF SAID COUNTY. The Trustee has no knowledge of a more particular description of the above-referenced Property but, for purposes of compliance with Section 60-113 of Idaho Code, the Trustee has been informed that the address of **517 4TH AVENUE EAST, JEROME, ID 83338**, is sometimes associated with said real property. Said sale will be made without covenant or warranty regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in the Deed of Trust executed by **DAVID D TAPPAN AND SHELLEY TAPPAN, HUSBAND AND WIFE**, as Grantor, to LAND TITLE & ESCROW, as Trustee, for the benefit and security of INDYMAC BANK, FSB, as Beneficiary, dated 8/18/2003, recorded 8/22/2003, under Instrument No. 2035139, Mortgage records of JEROME County, IDAHO, the beneficial interest in which is presently held by OneWest Bank FSB. THE ABOVE GRANTORS ARE NAMED TO COMPLY WITH SECTION 45-1506(4)(A), IDAHO CODE. NO REPRESENTATION IS MADE THAT THEY ARE, OR ARE NOT, PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. The default for which is sale is made is the failure to pay when due under the Deed of Trust Note dated 8/18/2003, THE MONTHLY PAYMENT WHICH BECAME DUE ON 3/1/2009 AND ALL SUBSEQUENT MONTHLY PAYMENTS, PLUS LATE CHARGES AND OTHER COSTS AND FEES AS SET FORTH. Amount due as of July 22, 2009 Delinquent Payments from March 01, 2009 5 payments at \$696.91 each \$3,484.55 (03-01-09 through 07-22-09) Late Charges: \$26.72 Beneficiary Advances: \$332.50 Suspense Credit: \$-134.44 TOTAL: \$3,709.33 All delinquencies are now due, together with unpaid and accruing taxes, assessments, trustee's fees, attorney's fees, costs and advances made to protect the security associated with this foreclosure. The principal balance is \$84,918.47, together with interest thereon at 4.433% per annum from 2/1/2009, until paid. The Beneficiary elects to sell or cause the trust property to be sold to satisfy said obligation. Anyone having any objection to the sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the same. DATED: 7/22/2009. PIONEER LENDER TRUSTEE SERVICES, LLC Trustee By Kara Lansberry, Assistant Trustee Officer c/o REGIONAL TRUSTEE SERVICES CORPORATION 616 1st Avenue, Suite 500 Seattle, WA 98104 Phone: (206) 340-2550 Sale Information: <http://www.rtrustee.com> ASAP# 3208330

PUBLISH: August 10, 17, 24 and 31, 2009

**24/7 Classified Ad Placement**  
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**NOTICE OF TRUSTEE'S SALE**

TS No. 08-0103740 Title Order No. W832490 Parcel No. RPH2840038009A The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States, in the front office of Land Title & Escrow, 211 West 13th St. Burley, ID 83318, on 12/18/2009 at 10:00 am, (recognized local time) for the purpose of foreclosing that certain Deed of Trust recorded 05/04/2007 as Instrument Number 490709, and executed by **EDDY D TIMMONS, AND LINDA L TIMMONS, HUSBAND AND WIFE**, as Grantor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, to RECONTRUST COMPANY, the Current Trustee of record, covering the following real property located in Cassia County, state of Idaho: ALL OF LOT 9 AND THE WEST 16 FEET OF LOT 10 IN BLOCK 38 OF THE FIRST STATE ADDITION TO THE CITY OF HEYBURN, MINIDOKA COUNTY, IDAHO, ACCORDING TO THE OFFICIAL PLAT THEREOF, NOW ON FILE IN THE OFFICE OF THE COUNTY RECORDER, MINIDOKA COUNTY, IDAHO. The Trustee has no knowledge of a more particular description of the above referenced real property, but for purpose of compliance with Idaho Code, Section 60-113, the Trustee has been informed that the street address of, **1840 20TH ST, HEYBURN, ID 83336-9693** is sometimes associated with said real property. Bidders must be prepared to tender the trustee the full amount of the bid at the sale in the form of cash, or a cashier's check drawn on a state or federally insured savings institution. Said sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in that certain Deed of Trust. The default for which this sale is to be made is: Failure to pay the monthly payment due 06/01/2008 of principal, interest and impounds and subsequent installments due thereafter; plus late charges, with interest currently accruing at 10.750% per annum; together with all subsequent sums advanced by beneficiary pursuant to the terms and conditions of said Deed of Trust, and any supplemental modifications thereto. The principal balance owing as of this date on said obligation is \$72,484.93, plus interest, costs and expenses actually incurred in enforcing the obligations thereunder and in this sale, together with any unpaid and/or accruing real property taxes, and/or assessments, attorneys' fees, Trustees' fees and costs, and any other amount advanced to protect said security, as authorized in the promissory note secured by the aforementioned Deed of Trust. Therefore, the Beneficiary elects to sell, or cause said trust property to be sold, to satisfy said obligation. NOTICE IS HEREBY GIVEN THAT THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE, AND THAT THE DEBT MAY BE DISPUTED. THE ABOVE GRANTORS ARE NAMED TO COMPLY WITH SECTION 45-1506(4)(a) IDAHO CODE. NO REPRESENTATION IS MADE THAT THEY ARE, OR ARE NOT, PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. DATED: 08/10/2009 Name and Address of the Current Trustee is: RECONTRUST COMPANY 1800 Tapo Canyon Rd., SV2-202 SIMI VALLEY, CA 91028-1821 PHONE: (800) 281-8219 RECONTRUST COMPANY Successor Trustee Diana Feehan, Team Member ASAP# 3221852

PUBLISH: August 17, 24, 31 and September 7, 2009

















BURLEY/RUPERT FORECAST

Today: Partly cloudy to mostly cloudy with a low wickily scattered thunderstorms. Highs 80s.
Tonight: Thunderstorms ending. Lows in the mid 50s
Tomorrow: Warmer and mostly to partly sunny. Highs in the upper 80s.

ALMANAC - BURLEY

Table with 3 columns: Temperature, Precipitation. Rows include Yesterday's High/Low, Normal High/Low, Record High/Low, and Water Year to Date statistics.

IDAHO'S FORECAST

Map of Idaho showing weather forecasts for various regions including Boise, Northern Utah, and other major cities. Includes icons for sun, clouds, and rain.

TWIN FALLS FIVE-DAY FORECAST

Table showing 5-day weather forecast for Twin Falls: Today (High 81, Low 56), Tonight (Thunderstorms), Tuesday (High 88/57, Partly cloudy), Wednesday (High 93/59, Warmer), Thursday (High 90/54, Partly cloudy skies), Friday (High 85/56, Fair skies).

ALMANAC - TWIN FALLS

Table with 3 columns: Temperature, Precipitation, Humidity. Rows include Yesterday's High/Low, Normal High/Low, Record High/Low, and Water Year to Date statistics.

Table for Moon Phases and Moonrise and Moonset. Includes Moon Phases (New, Full, 1st, 3rd) and Moonrise/Moonset times for today and tomorrow.

REGIONAL FORECAST

Table showing weather forecasts for various regional cities including Boise, Salt Lake City, Denver, and Phoenix.

Yesterday's Weather

Table listing weather conditions for various Idaho locations (Boise, Challis, Coeur d'Alene, etc.) from yesterday, including High, Low, and Precipitation.

ALMANAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure. Rows include Yesterday's High/Low, Normal High/Low, Record High/Low, and Water Year to Date statistics.

Table for Moonrise and Moonset. Includes Moonrise/Moonset times for today and tomorrow.

NATIONAL FORECAST

Table showing weather forecasts for various national cities including Atlanta, Chicago, Dallas, and Los Angeles.

U. V. INDEX



WORLD FORECAST

Table showing weather forecasts for various international cities including Tokyo, London, Sydney, and others.

TODAY'S NATIONAL MAP



meineke car care center advertisement. 169 Addison Avenue West. 735-8296. Open Mon - Fri 8:00 AM - 6:00 PM • Sat 8:00 AM - 1:00 PM.

CANADIAN FORECAST table. City: High, Low, Wind, Precip. Today. Tomorrow. City: High, Low, Wind, Precip. Today. Tomorrow.

Get up-to-date highway information at the Idaho Transportation Department's Web site at 511.idaho.gov or call 888-432-7623.

LITHIA advertisement for 1008 SUVs. Includes listings for Chevy '04 Blazer 4x4, Dodge '06 Durango 4x4, and Dodge '99 Durango SLT.

LITHIA advertisement for 1009 Vans and Buses. Includes listings for GMC '98 Yukon 4x4, Jeep '06 Commander 4x4, and Jeep '95 Wrangler Rto Grande Edition.

Wheels online advertisement for 1010 Autos. Includes listings for Ford '06 FreeStar cargo van, Pontiac '99 Montana, and Buick '02 Rendezvous.

LITHIA advertisement for 1010 Autos. Includes listings for Dodge '02 Neon SE, Dodge '04 Intrepid SE, and Dodge '05 Neon.

JUMBLE advertisement. Unscramble these four Jumbles, one letter to each square, to form four ordinary words. Includes word search grids and answers: THIRM, SMIPK, CHORCT, NURPEY.

ONE-HOUR SERVICE advertisement. I need a costume last! Includes a cartoon illustration and the text 'WHY THE FAIRY PRINCESS WENT TO THE PHOTO STORE.'

LITHIA advertisement for SUVs. Includes listings for Ford '04 Escape XLT, Ford '05 Escape Limited, and Ford '97 Explorer.

Wheels online advertisement for SUVs. Includes listings for Ford '04 Escape XLT, Ford '05 Escape Limited, and Mercedes '97 Mountaineer.

Small Motors advertisement for SUVs. Includes listings for Buick '03 LaSabre Custom, Cadillac '05 CTS Victory, and Chevy '01 Camaro SS.

LITHIA advertisement for Autos. Includes listings for Dodge '08 Charger RT, Dodge '94 Shadow, and Ford '03 Crown Victoria.

Assist Auto Brokerage advertisement. Includes listings for Lincoln '07 Town Car Signature Limited, Mazda '96 B26, and Mitsubishi '01 Eclipse Fir.

Assist Auto Brokerage advertisement. Includes listings for Suzuki '98 Swift, Toyota '90 Camry, and VW '08 Beetle.

Small Motors advertisement for SUVs. Includes listings for GMC '01 Yukon XL, Nissan '05 Murano, and Nissan '87 Pathfinder.

Wheels online advertisement for SUVs. Includes listings for Nissan '05 Murano, Nissan '87 Pathfinder, and Dodge '97 Full size conversion van.

Small Motors advertisement for Autos. Includes listings for Chevy '05 Impala, Chevy '06 Cobalt LT, and Chevy '09 Cobalt SS.

LITHIA advertisement for Autos. Includes listings for Ford '05 Taurus, Ford '02 F-150, and Honda '91 Civic.

Assist Auto Brokerage advertisement. Includes listings for Mitsubishi '99 Galant, Pontiac '02 Grand Prix GT, and Hyundai '04 Accent.

Assist Auto Brokerage advertisement. Includes listings for Toyota '95 Corolla S, Mercedes '81 380 SL, and Toyota '09 Camry.