

A 'celebration of freedom' for 52

Retaliation is policy for future

WASHINGTON (UPI) — President Reagan welcomed the former hostages to a "celebration of freedom" in the nation's capital Tuesday.

Reagan promised that America never again will stand by while its citizens are made victims of terrorism. One week almost to the hour after they ran the gauntlet of jeering militants at the Tehran airport, the 50 men and two women rode in triumph down Pennsylvania Avenue in a fleet of 15 red, white and blue chartered city buses. In place of route markings the buses carried the number 52.

Police estimated that a half million people lined the 12-mile route of the hostages' motorcade from Andrews Air Force Base in Maryland to the White House, cheering and waving American flags.

It was the kind of welcome Washington usually reserves for war heroes, for astronauts and for presidents, an outpouring of patriotic pride rarely seen since the Vietnam War. "Thank you," said a small hand-lettered sign held out a bus window.

"I don't think any of us Americans have ever seen anything quite like it, quite so spontaneous, quite so beautiful in terms of the best qualities of our people. And we are deeply grateful for it," said Bruce Laingen, who was head of the U.S. Embassy when the Iranians took it over Nov. 4, 1979.

Laingen called it a "celebration of freedom." It was, he said, an "emotionally draining but beautiful experience." According to a White House aide, both the president and Mrs. Reagan had tears in their eyes as they watched the buses rolling into the North Portico of the White House.

At a reception in the Blue Room later, the first lady said she could not "stand" the formality and "began hugging and kissing everybody," the aide said.

The president of one week greeted



A quarter million people, more than watched the inaugural parade, cheered the freed hostages on a White House reception.

the 52 newly freed hostages and Richard Queen, who was sent home from Iran six months ago because of illness, in a ceremony on the South Lawn of the White House. He gave each a miniature American flag in a rosewood box. "Welcome from all America and thank you for making us proud to be Americans," he told the former hostages.

Reagan said America "for 444 days suffered the pain of your imprisonment, prayed for your safety, and, most importantly, shared your determination that the spirit of free men and women is not a fit subject for barter."

The president said the ordeal would not be repeated. "Let terrorists be aware that when the rules of international behavior are violated, our policy will be one of swift and effective retribution," he declared to the applause of the 6,000 people gathered on the lawn.

"We hear it said that we live in an era of limits to our power. Well let it also be understood there are limits to our patience," he said.

For the hostages, he said, it was

time to "turn the page and look ahead." Col. Charles Beckworth, members of the abortive rescue mission he led and the families of the eight servicemen who died on the mission attended the White House ceremonies. First the president and then Laingen thanked them.

The families, Laingen said, will have the "undying respect and affection" of the men the mission tried to save.

Some 6,000 invited guests and a record 200 reporters and photographers attended the White House

ceremonies. Both houses of Congress adjourned at midday so members could join ranking government officials, diplomats who had helped in the 14 months of negotiations and other dignitaries there.

After two days of reunions in the privacy of the U.S. Military Academy at West Point, the hostages and their families boarded four military planes usually reserved for diplomats at nearby Stewart International Airport for the flight to Washington and their first full-scale

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Ex-hostages call families real heroes

WEST POINT, N.Y. (UPI) — America's freed hostages said Tuesday they were eager to return to life as "rank-and-file common citizens" and praised their families as the real heroes of their 14 1/2 months of captivity in Iran.

At their first news conference since coming home Sunday, the hostages thanked their confinement for their love and support, played down reports of mistreatment in Iran and said they expected any lingering effects of their long ordeal to be only temporary.

"I don't know how the rumors got out about our experiences, but my talks with all the others at West Point indicated to me we all seemed all right," said Marine Sgt. John D. McKee Jr. of Balch Springs, Tex. "I want to get back to chasing women."

The 41 hostages and more than 300 reporters assembled in West Point's Eisenhower Hall broke into raucous laughter.

Bruce Laingen, former charge d'affaires at the U.S. Embassy in Tehran, seized by Iranian terrorists Nov. 4, 1979, started the briefing with praise for the hostages, their families, Jimmy Carter, Ronald Reagan and the American people.

"I am proud to present to you 52 equally proud, free and happy Americans," said Laingen. "I can tell you also that our families are among the most beautiful people in the world as far as we are concerned. They have demonstrated a nobility of courage we will never forget."

"We want to reach out with thanks to all our countrymen... never has so small a group owed so much to so many."

Asked how the intense media coverage was affecting the freed hostages, Laingen said, "I can assure you we are prepared to go out and become random-file common citizens again, and not sort of heroes in the whole panoply of press time-light."

Several of the hostages appeared reluctant to discuss details of their

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Superintendent says varying tax rates may lead to revolt

By LARRY SWISHER and United Press International

BOISE — State Superintendent of Public Instruction Jerry Evans Tuesday said some Idahoans are paying more than their share of property taxes for public schools.

In a preview of a speech Evans plans to make to Idaho legislators later this week, the superintendent told the Senate Health Education and Welfare Committee the 1 percent law has frozen a "major inequity" into the property tax system.

"The longer the freeze is in effect, the worse the problem is going to get," he predicted. "If we don't do something, this will plant the seed that generates another taxpayers' revolt."

The Legislature froze property tax collections to 1978

levels as a means of partly implementing the 1 percent initiative, a carbon copy of California's Proposition 13. As a result, local school districts that had imposed high tax rates in 1978 have fared better than those that imposed lower rates when the freeze was enacted, Evans said.

In addition, he said, some Idahoans continue to pay the higher tax rates because of the freeze, while those property owners whose taxes were frozen at low levels in 1978 continue to carry a smaller burden of school financing.

"I may not have an accurate crystal ball, but I think what aggravates people more than having to pay taxes is knowing they're paying more than other people," Evans told the committee.

Evans said those districts with low tax rates are relying more and more on state support to keep classes

running. At the same time, he said, those districts with high rates, in effect, are supporting the districts with low rates.

"If we're going to have property taxes supporting schools, let's make it as fair as we can," Evans said.

Evans said the inequities could be remedied by adopting one of two options.

First, he said, the state could require each school district to impose a minimum property tax rate at the same percentage rate of market value used statewide. This minimum would have to be met to qualify for state aid.

The second option, he said, would be for the state to impose additional levies on school districts so that the total tax rate charged in every district would be identical. For example, if a district is frozen at \$200,000

in property taxes — but the state decides that \$400,000 is needed to match the tax rates in other districts — the state would impose another levy to come up with the additional cash.

The second option would require some exemption from the 1 percent property tax law.

Evans said he was not ready to give a dollar amount which could be raised by employing either option. He said he would explain his plan in additional detail during an address to the state association of public-school superintendents scheduled for Thursday.

If the inequities were corrected in the tax-collection system and Idaho's public schools "got the lion's share" of the state's additional \$45 million revenue expected for next fiscal year, Evans said the public-school system could live with that funding level.

Still requires federal approval

U of U panel approves use of artificial heart

SALT LAKE CITY (UPI) — A doctors review committee at the University of Utah Tuesday approved the implantation of a mechanical heart in a human being.

The device has already been successfully tested in animals and human cadavers.

Dr. Ernst Eichwald, chairman of the university's Review Board for Research with Human Subjects, told

a news conference the 13-member committee had agreed to allow human testing of a polyurethane heart which has kept a calf alive for a record-setting 254 days.

The committee has been reviewing the request for seven months and developing guidelines for the surgical team which will implant the heart.

Cardiac surgeon William DeVries,

who will head the team, said he has already placed the plastic pumps in cadavers and found that they maintained acceptable blood pressure and flow.

The FDA must now review the proposal and give its approval before doctors can select their first patient.

Artificial hearts have been tested in human beings twice before. One

patient survived nearly three days. Eichwald said the doctors agree that the first patient would be someone undergoing cardiac surgery whose natural heart has stopped and cannot be restarted by any means.

"There would be no danger to the patient's life with the implant because he would die without it," said the pathologist.

Good morning!

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Reagan economics

Tax cuts higher priority than balanced budget

WASHINGTON (UPI) — Treasury Secretary Donald Regan and budget director-designate David Stockman told Congress Tuesday tax cuts carry a higher priority than a balanced budget.

The Federal Reserve chief disagreed. Regan told the Senate Appropriations Committee the tax cuts the Reagan administration are proposing for individuals and business should not be delayed while the budget is brought into balance.

Stockman said it would be all right for Congress to approve tax cuts before actually implementing spending cuts so long as there is "a demonstrated, credible commitment" to making these spending cuts.

However, Federal Reserve Chairman Paul A. Volcker told the same committee: "I would like to see concrete action on spending cuts before any final decision on tax cuts."

Volcker said a decision to cut taxes should be announced within the next few months, but implementation of those tax cuts should be delayed until there is some reduction in federal spending.

All three agreed that a coordinated, four-pronged approach of budget cutting, tax reduction, regulatory reform and tight monetary policy are necessary. Their difference was over the precise timing.

Regan, designated the new administration's chief economic spokesman, said it is the "intention" to balance the federal budget within two years and he thinks this can, in fact, be done.

Both Stockman and Regan said spending cuts the administration will propose will amount to "some multiple of \$10 billion."

Oil price decontrol to hike prices by 13¢ a gallon

WASHINGTON (UPI) — President Reagan has decided to lift all controls on oil prices and allocations.

The move is expected to push up gasoline prices by as much as 13 cents a gallon by year's end, Budget Director-designate David Stockman said Tuesday.

Stockman said decontrol would have a minimal immediate impact on gasoline prices, since there currently is an ample supply.

Stockman estimated gasoline prices will rise 3 to 5 cents a gallon at the pumps over the next few months, and between 8 and 13 cents over the course of the year.

The controls, imposed nine years ago and vigorously opposed by the oil industry, limit the retail price of gasoline and propane and the price producers can charge for several categories of crude oil.

Under President Carter's gradual decontrol program, the controls were scheduled to expire Sept. 30 anyway, Stockman noted.

Heating oil prices are expected rise more than those for gasoline. Sources also said higher gasoline prices now, by restraining demand, might defuse what could have been even sharper increases in the fall.

Controls on natural gas, now scheduled to be phased out by 1985, would not be affected by the order.

Administration officials reportedly were seeking some way to ease the impact of decontrol on small and independent refiners.

Siamese twins die

NASHVILLE, Tenn. (UPI) — A team of 15 doctors and surgeons trying to separate Siamese twins Marie Lynn and Samantha Dawn Self discovered their hearts hopelessly fused Tuesday.

After nine hours of surgery the infants died on the operating table.

Their teen-age parents were taken to the hospital to be told of the failure of the operation and then went into seclusion. Newsmen were given a prepared statement on the deaths.

Doctors had held out little hope of saving both infants, but believed their hearts were separate, although damaged. They were joined from sternum to navel and shared a single liver.

Gingie Carnahan, spokesman for Vanderbilt Hospital, said, "We regret to announce that despite all the hopes and efforts of the entire staff, the twins expired" at 3 a.m. MST.

Separation was attempted, but after long and difficult surgery to achieve partial separation the infants failed to tolerate further surgery. The hearts were found to be completely fused and this proved to be uncorrectable.

"It was late in the afternoon when it became obvious they were not going to be able to save the infants."

"We don't know what the funeral arrangements will be," she said. "I feel certain the parents will want to return home as soon as they can."

The babies, who had a combined weight of just over 11 pounds at birth, were the first children of Maryville residents Roger Self, 19, a janitor and recent high school graduate, and his wife, Katherine, 18.

Mrs. Self said she had "prayed over this thing" and was prepared to choose if one must be sacrificed to save the other.

Kathy Snyder, a night nurse who watched over the twins at Vanderbilt for the past four nights, said the infants slept at different times. "They fight sometimes and hug each other," she said before surgery began at 7 a.m. Tuesday.

There was no direct comment from any of the team of surgeons, internists, anesthesiologists, neonatologists, and other specialists, led by Dr. James O'Neill, chairman of pediatric surgery at Vanderbilt.



As the national Christmas tree was finally lit, a fireworks display honored the ex-hostages

Hostages

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public appearance before heading to their homes across the country.

It was the first time that most Americans had caught more than fleeting glimpses of the group and all the television networks and Washington's public radio station carried the ceremonies live.

Crowds began gathering at Andrews Air Force Base in nearby Maryland, along the 12-mile route of the motorcade and outside the gates of the White House hours before the first of the jetliners landed.

At the airport where Defense and State Department personnel joined more waiting relatives of the hostages, the control tower was wrapped in yellow bunting, a yellow heart on the terminal proclaimed

"Welcome-Home!" and even the sentry dogs wore yellow ribbons on their collars.

The American Legion, Ironworkers and building trades unions spread out on the grass next to the runway, an American flag they said was the largest in the world. The "Great American Flag" is the size of two football fields and weighs 3 tons.

"It's just our way of welcoming them home. We're saying, 'We're proud of you,'" Billy Joe Walker, one of the 100 men who laid out the flag, said.

"You are America," read one sign along the motorcade. "We love you," said another.

Yellow was everywhere — balloons, hair ribbons, flowers, sweaters, shirts, jackets, buttons, a 30-foot streamer of yellow telytype paper hang across the street from the

Treasury, and yellow tablecloths and bed spreads draped from a hotel. Lampposts, parking meters, automobile antennas and almost everyone in sight wore yellow ribbons.

And flags. Big flags, small flags. Flags waved, flags draped like blankets around shoulders, and flags hung from windows.

The welcoming noise from the cheering crowd could be heard rolling block-by-block up Pennsylvania Avenue as the motorcade moved slowly toward the White House.

The hostages had another sign of their own. Hanging out the window of the last bus in the motorcade was a yellow sign hand lettered in black: "Buy Iraqi War Bonds." It referred to the war between Iran and Iraq which many believe hastened the hostages' release.

Remarks

Continued from Page 1

reported mistreatment. Hostage Moorehead Kennedy had said one of their number attempted suicide while in Iran, and the State Department said about a dozen were experiencing severe mental problems.

"I've got a temporary problem," said Col. Tom Schaeffer of Tacoma, Wash. "We all do, but we'll be pretty strong citizens in a few short days."

Schaeffer added: "One day I'm sitting in Iran, wondering what I'm going to eat with my rice, and 48 hours later President Carter is embracing me with tears in his eyes.

Sure I have problems dealing with that."

When the question was raised about mental problems, there was nervous laughter from the hostages seated in the three-tiered semi-circle of the stage.

"It was a period of extreme stress," said Lt. Cmdr. Robert Engelmang of Hearst, Texas. "I have great faith in all of us — that we will adjust. A lot of that stress was relieved by getting on that plane."

"The real heroes of this thing were the families," said William Daugherty of Tulsa, Okla. "We knew what was happening to us — the families didn't."

Eleven of the hostages elected not to attend the news conference.

John Lambert Jr., of Washington, D.C., asked if the United States should have known better than to let the exiled Shah into the country for medical treatment, quipped. "When you're in the embassy, it always seems Washington should always know better. That's just the way a foreign service officer thinks."

The hostages also said their militant captors were in fact students and that the students were not at all interested in using them to secure the return of the shah. They also declined to level any harsh criticism of Carter's handling of the crisis.

New York appeals for release of Dwyer

ALBANY, N.Y. (UPI) — Gov. Hugh Carey Tuesday issued the state's first plea for the release of Buffalo resident Cynthia Dwyer, held captive in an Iranian prison for nine months.

In a one-page letter to Secretary of State Alexander Haig, Carey said Mrs. Dwyer's case was of "paramount importance."

Carey said concern for her safety

was "heightened by the tales of terror we have heard from some of the 52 former hostages who were apparently the targets of repeated acts of barbarism by their Iranian captors."

He wrote, "We must not allow Iranian authorities to think that we have forgotten Mrs. Dwyer."

Mrs. Dwyer, 49, a freelance writer from Amherst, N.Y., was arrested in

Iran May 5 on suspicion of being a U.S. spy. She has never been officially charged. She went to Iran at a time when the U.S. government had told American citizens not to travel to the Middle Eastern country.

In the letter, Carey said "We simply cannot tolerate the illegal kidnapping of any American, be it 52 American Embassy personnel or a solitary American woman," he wrote. "The case of Cynthia Dwyer is of paramount importance and I ask that you devote the full energies of the State Department to the task of securing her quick release."

Ex-hostage is hospitalized

WASHINGTON (UPI) — Robert C. Ode, the oldest of the freed American hostages, was hospitalized Tuesday night in fair condition for "pneumonia and severe bronchitis," hospital officials said.

Mary Shaw, a spokesman for the National Hospital in Arlington, Va.,

said Ode, 65, was being treated in the suburban Washington hospital's intensive care unit "for security reasons."

"He is currently listed in fair condition and the diagnosis is pneumonia with severe bronchitis. He is resting comfortably," she said.

Stockman's nomination under fire

Casey wins OK to CIA post

WASHINGTON (UPI) — The Senate Tuesday unanimously confirmed William Casey to head the Central Intelligence Agency, and heard the concerns of members about David Stockman as Ronald Reagan's budget director.

Casey, a Reagan campaign manager with a long government career, was approved 95-0. There was virtually no debate on his qualification for the job.

However, Stockman drew criticism from several senators during debate on his nomination as director of the Office of Management and Budget. One member expressed concern he might "systematically wreck" government programs.

Stockman, Labor Secretary-designate Raymond Donovan and Jeanne Kirkwood, chosen to be ambassador to the United Nations, were the last Cabinet and Cabinet-

level appointments that required Senate confirmation.

Casey was the 14th Reagan nominee to be confirmed.

Sen. John Glenn, D-Ohio, said he agreed with Stockman's objective of streamlining and improving government programs, "but we cannot trust our money to a man whose system that has been painstakingly developed."

Glenn said he was disturbed by Stockman's stated positions against many social programs, in favor of drastic cuts in the federal budget and against government regulations, and favoring "drastic changes that will cause untold misery to millions of people."

Sen. Jim Sasser, D-Tenn., said, "A number of my colleagues have serious and fundamental disagreements with positions Mr.

Stockman will be recommending to the president.

In particular, he said he disagreed with Stockman's support for immediate oil price deregulation, which he said would add greatly to inflation. Stockman said Tuesday Reagan has "decided to lift all controls on oil prices and allocation."

But freshman Sen. Mack Mattingly, R-Ga., said Stockman represents "exactly what the American people voted for" in November.

The debate on Casey's nomination to the CIA position centered on the role of the agency itself rather than Casey's qualifications.

Sen. William Proxmire, D-Wis., said the United States has a record of "embarrassments and mistakes caused by covert actions of the agency. I don't know of any successes."

U.S. rejects demands of Colombian leftists

BOGOTA, Colombia (UPI) — The United States and an American Mission Tuesday rejected demands issued by leftist guerrillas who threatened to kill a kidnaped U.S. linguist if the demands were not carried out.

In a note released to news organizations, the U.S. Embassy in Colombia compared the kidnapping of Chester Bitterman to the treatment given to the 52 former hostages in Iran and to the killing of four American nuns in El Salvador.

Referring to a letter supposedly sent by the guerrillas to President Reagan last week, the embassy said it did not receive it. But it said the U.S. government "as a principle will not accept the demands."

The embassy note responded to a communique issued by the guerrillas earlier Tuesday, which the leftists demanded be published in The New York Times, the Washington Post and European and Latin American dailies, "as one of the conditions to any release."

The U.S. Embassy said, "The U.S. President does not have any power to order the movements of American citizens nor can it order the publication of stories in our free press."

"The communique must be published by February 19," said the guerrillas, who are also demanding that the U.S. Summer Institute of Linguistics, which employs Bitterman and is run by the California-based Wycliffe Bible Translators Co., end its operations in Colombia by the same date.

Wycliffe officials in Huntington Beach, Calif., denied that the organization planned to submit to the demands of the kidnapers to secure Bitterman's release.

Betty Blair said they had talked

about what to do in such a situation before Bitterman was taken captive, "and we decided we would never give in to demands of guerrillas."

"There's a risk involved," she said. "We might lose a person. We're relying on the Lord to take care of us."

The New York Times had no immediate comment. Washington Post Managing Editor Howard Simon said the newspaper has not been contacted by anyone regarding the abduction and has received no communique.

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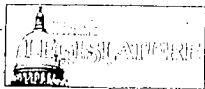
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Land use law repeal urged

BOISE (UPI) — Rep. Cameron Fullmer, aided by the House State Affairs Committee, launched a campaign today to repeal Idaho's 1975 Land Use Planning Act.



The freshman Republican legislator from Post Falls told the committee the act was in metamorphosis, emerging "not as a beautiful butterfly, but as a monster." His bill to repeal the act was introduced on a split vote voice. He said the 1975 act was unconstitutional because it allegedly deprived people of the right to use their property as they see fit.

"It is something that has to be destroyed because it is an abomination," said Fullmer, who crusaded against land-use laws for several decades when he lived in Southern California.

He said the 6-year-old act was being abused by planning and zoning commissions, arguing that their power was increasing daily to the point where people could be told what color to paint their houses and

what type of material to use in building driveways.

Some committee members supported the motion to introduce the measure only because they felt alleged abuses of the act should be aired. However, a handful, led by first-term Rep. James Higgins, R-New Meadows, opposed the introduction because wholesale repeal of the act "would throw the cities into chaos."

Doris Olsson, a radical land-use planning foe who threatened to begin a recall drive against Gov. John Evans when he vetoed a similar repeal measure in 1980, charged that property owners in Ada County were

being victimized by "an organized spy system."

"There are all kinds of cases of abuses, emotional torment and financial ruin" that have been carried out in the name of the act, she alleged.

The 1975 statute, designed to control excessive growth in fast-expanding Idaho, has been a target of proposed repeals in almost every legislative session since it was enacted.

Proponents of the repeal have bolstered this year because of the election of more lawmakers who apparently are sympathetic to their effort.

1980 Gold Rush straining Land Department staff

BOISE (UPI) — The "Gold Rush of 1980" has deluged the Idaho Land Department with mining claims, but the agency has no personnel to ensure miners comply with state laws, state Land Director Gordon Trombley said today.

Trombley said he would spend the requested \$200,000 to employ six mineral specialists in eastern and south-western Idaho and place the others in the Payette Lakes, Clearwater, Saint Joe and Priest Lake areas.

Increasing exploration for oil and natural gas in eastern Idaho also has placed a large burden on his agency, Trombley said in asking lawmakers for \$15,000 to pay for a petroleum engineer. He said the department already had hired the engineer, but didn't have sufficient funds to pay a proper salary.

"We have the statutory responsibility to look after these programs, but all we have in the field are foresters and range management specialists," Trombley said. "They just aren't trained to look after these mining activities."

"All this has come to a head as a result of the Gold Rush of 1980, you might call it. We've got people digging and scratching everywhere in the state, but we can't keep an eye on them."

"These petroleum engineers are in demand all over the world," Trombley said. "We looked two years before finding one. But they can pretty much set the salary they want."

While legislators questioned the need for the additional personnel in light of severe fiscal constraints facing the state, Trombley said the workers were needed badly.

Homeowners' exemption bill dying

BOISE — Gov. John Evans' bill to end a major component of the homeowner's exemption appears dead for this session of the Idaho Legislature.

House Speaker Ralph Olmstead, R-Twin Falls, has assigned the measure, House Bill 46, to the Ways and Means Committee, traditionally the final resting place for unwanted legislation.

"I never liked certain aspects of the exemption," Olmstead said. "It's not tax relief. It just shifts the burden onto other property."

Evans said the action to kill the measure means property taxes for homeowners will increase next year and those for utilities will again decrease.

The governor said 200,000 people filed for the exemption last year and received tax relief of \$50 to \$75.

"That burden will go back on the taxes of the homeowners next year, plus any other increases that might develop."

He charged Olmstead's action on Friday means businesses and utilities "will continue to benefit at the expense of the people."

Although a one-year exemption passed the Legislature in 1980, Republicans this year opposed renewing it.

They argued it unfairly shifted taxes to agricultural, commercial and utility property.

Evans recommended expanding the exemption from \$10,000 or 20 percent of a residence's value, to \$30,000 or 15 percent.

It was introduced as a courtesy by the House Revenue and Taxation Committee last week, but then Olmstead referred it to Ways and Means instead of returning it to the committee for consideration.

He said the House Revenue and Taxation Committee could "do a better job" than Evans' bill in "providing for some relief for those living in their homes."

He said Evans' bill only expanded the "injustices" of last year's exemption.

"(Evans') action is another in a long line of examples which indicate a Republican preference for tax relief to utilities over the plight of the homeowners," Evans charged.

Fifteen years ago, he said homeowners paid only 18 percent of property taxes; four years ago, 33 percent; and in 1980 almost 50 percent.

"Mr. Olmstead seems to be of the opinion that the huge shift away from the utilities to homeowners is a fair property tax burden. I don't agree," he said.

Olmstead points out a ruling from the Idaho Supreme Court several years ago to equalize taxation on all classes of property has caused the shift of the burden.

The governor's position is that the Legislature retained the authority to grant tax exemptions under the ruling.

Olmstead said he favors funding residential property tax relief to homeowners through the "recumbent" approach, in which the

state reimburses counties for the loss.

That would cost \$13 million to \$15 million in state revenue, which Olmstead said is not available this year.

Evans' bill may not come out of Ways and Means this session, Olmstead acknowledged.

But House Minority Leader Melvin Hammond, D-Rexburg, said it was

not necessarily dead.

"A great deal of pressure will come to bear" on considering the bill, he said. "I hope he'll let us deal with it at a certain point."

Hammond said he believed most House Democrats would support the exemption as they did last year.

The one-year exemption passed last session by a vote of 41-29 in the House and 20-15 in the Senate.

Right to Work statute hearing to draw 1,500

BOISE — An anticipated attendance of 1,500 people has forced legislative hearings on a right-to-work bill to be held in a gymnasium.

Rep. George Danielson, R-Cambridge, chairman of the House State Affairs Committee, announced the dates, places and rules of the hearings Tuesday.

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He said violation of the rule may force the immediate adjournment of the meeting.

Speakers will be limited to five minutes each and Danielson strongly encouraged written testimony.

Idaho county officials plan meeting to set lobby goals

By MARTY TRILLHAASE Times-News writer

BOISE — Officials from Idaho's 44 counties meet here today and Thursday to decide what proposals they will make to the Legislature.

Roughly 150 Idaho county officials are expected to attend the Idaho Association of Counties' legislative session, including Twin Falls commissioners Ann Cover, Merl Leonard and Marvin Hempleman, Sheriff James Mann, Assessor Bill Clark and Clerk Richard Perez. The cost of sending Twin Falls officials to the session is estimated at about \$800, including \$240 in registration fees, Cover said.

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"They're going to have to do something with the 1 percent and, at this time, the people in the counties are waiting to see what direction the people in the Legislature are going to

go," he said. "They might support the direction or they might oppose it, but at this time, we have no indication that the Legislature is going to do it."

Two related actions which IAC members may support are lifting the property tax freeze in the event of a state tax increase and stripping school districts of their ability to levy taxes outside of the 1 percent limit.

Blemel noted school districts were able to raise property taxes to compensate for a 3.85 percent reduction in state appropriations in 1980, something which cost property owners an additional \$7 million.

"It wasn't a cutback. It was just put back on the property owners. We want that repealed so if the governor does cut back his budget, they will not be able to levy outside of the 1 percent limit."

Other legislative proposals to be taken up at the session include:

- Allowing county commissioners to set their own salaries as well as the salary of county prosecuting attorneys.
- Encouraging a study to determine whether the state or the counties could manage medical and welfare programs. A panel consisting of six legislators and six county commissioners would conduct the study under the proposal.
- Urging the Legislature to find an alternative means of funding the Police Officers' Standards Training (POST) Academy at Idaho State University in light of anticipated cutbacks in federal spending.
- Providing insurance coverage to county sheriff's deputies when they cross county lines in pursuit of a suspect.
- Eliminating the requirement for publication of sample ballots at each election as a cost-cutting move.

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Land use law repeal urged

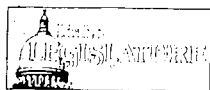
BOISE (UPI) — Rep. Cameron Fuller, aided by the House State Affairs Committee, launched a campaign today to repeal Idaho's 1975 Land Use Planning Act.

The freshman Republican legislator from Post Falls told the committee he was in metamorphosis, emerging "not as a beautiful butterfly, but as a monster."

His bill to repeal the act was introduced on a split vote. He said the 1975 act was unconstitutional because it allegedly deprived people of the right to use their property as they see fit.

"It is something that has to be destroyed because it is an abomination," said Fuller, who crusaded against land-use laws for several decades when he lived in Southern California.

He said the 6-year-old act was being abused by planning and zoning commissions, arguing that their power was increasing daily to the point where people could be told what color to paint their houses and



which type of material to use in building driveways.

Some committee members supported the motion to introduce the measure only because they felt alleged abuses of the act should be aired. However, a handful, led by first-term Rep. James Higgins, R-New Meadows, opposed the introduction because wholesale repeal of the act "would throw the cities into chaos."

Doris Ollason, a radical land-use planning foe who threatened to begin a recall drive against Gov. John Evans when he vetoed a similar repeal measure in 1980, charged that property owners in Ada County were

being victimized by "an organized spy system."

"There are all kinds of cases of abuses, emotional torment and financial ruin" that have been carried out in the name of the act, she alleged.

The 1975 statute, designed to control excessive growth in fast-expanding Idaho, has been a target of proposed repeals in almost every legislative session since it was enacted.

Proponents of the repeal have been bolstered this year because of the election of more lawmakers who apparently are sympathetic to their effort.

1980 Gold Rush straining Land Department staff

BOISE (UPI) — The "Gold Rush of 1980" has deluged the Idaho Land Department with mining claims, but the agency has no personnel to ensure miners comply with state laws, state Land Director Gordon Trombley said today.

Trombley asked the Legislature's Joint-Finance Appropriations Committee to hire six new mining compliance officers for his agency, saying state officials have no way of knowing how extensive extraction operations have become without the field personnel.

"We have the statutory responsibility to look after these programs, but all we have in the field are foresters and range management specialists," Trombley said. "They just aren't trained to look after these mining activities."

"All this has come to a head as a result of the Gold Rush of 1980, you might call it. We've got people digging and scratching everywhere in the state, but we can't keep an eye on them."

Trombley said he would spend the requested \$200,000 to employ six mineral specialists in eastern and southwestern Idaho and place the others in the Payette Lakes, Clearwater, Saint Joe and Priest Lake areas.

Increasing exploration for oil and natural gas in eastern Idaho also has placed a large burden on his agency. Trombley said in asking lawmakers for \$15,000 to pay for a petroleum engineer. He said the department already had hired the engineer, but didn't have sufficient funds to pay a proper salary.

"These petroleum engineers are in demand all over the world," Trombley said. "We looked two years before finding one. But they can pretty much set the salary they want."

While legislators questioned the need for the additional personnel in light of severe fiscal constraints facing the state, Trombley said the workers were needed badly.

Homeowners' exemption bill dying

BOISE — Gov. John Evans' bill to enlarge and make permanent the homeowner's exemption appears dead for this session of the Idaho Legislature.

House Speaker Ralph Olmstead, R-Twin Falls, has assigned the measure, House Bill 46, to the Ways and Means Committee, traditionally the final resting place for unwanted legislation.

"I never liked certain aspects of the exemption," Olmstead said. "It's not tax relief. It just shifts the burden onto other property."

Evans said the action to kill the measure means property taxes for homeowners will increase next year and those for utilities will again decrease.

The governor said 200,000 people filed for the exemption last year and received tax relief of \$50 to \$75.

"That burden will go back on the taxes of the homeowners next year, plus any other increases that might develop."

He charged Olmstead's action on Friday means businesses and utilities "will continue to benefit at the expense of the people."

Although a one-year exemption passed the Legislature in 1980, Republicans this year opposed renewing it.

They argued it unfairly shifted taxes to agricultural, commercial and utility property.

Evans recommended expanding the exemption from \$10,000 or 20 percent of a residence's value to \$30,000 or 15 percent.

HB 46 was introduced as a courtesy by the House Revenue and Taxation Committee last week, but then Olmstead referred it to Ways and Means instead of returning it to the committee for consideration.

He said the House Revenue and Taxation Committee could "do a better job" than Evans' bill in "providing for some relief for those living in their homes."

He said Evans' bill only expanded the "injustices" of last year's exemption.

"(Friday's) action is another in a long line of examples which indicate a Republican preference for tax relief to utilities over the plight of the homeowners," Evans charged.

Fifteen years ago, he said homeowners paid only 18 percent of property taxes; four years ago, 33 percent; and in 1980 almost 50 percent.

Mr. Olmstead seems to be of the opinion that the huge tax shift away from the utilities to homeowners is a fair property tax burden. "I don't agree," he said.

Olmstead points out a ruling from the Idaho Supreme Court several years ago to equalize taxation on all classes of property has caused the shift in residential property.

The governor's position is that the Legislature retained the authority to grant tax exemptions under the ruling.

Olmstead said he favors funding residential property tax relief for homeowners through the "circuit-breaker" approach, in which the

state reimburses counties for the loss.

That would cost \$13 million to \$15 million in state revenue, which Olmstead said is not available this year.

Evans' bill may not come out of Ways and Means this session, Olmstead acknowledged.

But House Minority Leader Melvin Hammond, D-Rexburg, said it was not necessarily dead.

"A great deal of pressure will come to bear" on considering the bill, he said. "I hope he'll let us deal with it at a certain point."

Hammond said he believed most House Democrats would support the exemption as they did last year.

The one-year exemption passed last session by a vote of 41-29 in the House and 20-15 in the Senate.

Right to Work statute hearing to draw 1,500

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IAC executive director Ron Biemel said the session will allow county officials to introduce new legislative proposals as well as to offer amendments to proposals already formulated.

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'Bad temper' may be an allergy

PITTSBURGH (UPI) — Some aggressive behavior may be explained by an individual's allergic reaction to certain foods — or even to the air the person breathes — a Carnegie-Mellon University professor said Tuesday.

Dr. Kenneth Moyer, a CMU professor of psychology specializing in the physiology of aggression, said some individuals may experience changes in behavior — such as anger, frustration or irritability — when they come in contact with certain allergens.

"When we know a person who reacts with impulsivity or in a different manner, we usually think he just has a bad temper," said

Moyer. "But it may be that he is being subjected to some allergen, such as a food or even air pollutants."

Moyer's interest in the subject grew out of a letter he received from a woman whose son threw a tantrum every time he ate bananas. A third aunt told the youth was allergic to all types of sugar except maple sugar, Moyer said.

"It's not an isolated incident, and the implications could be very important," he said.

Moyer believes that like some allergens affect a person's skin by producing welts, others may have a similar effect on the brains of susceptible individuals.

"It seems reasonable that sometimes these welts also occur in different parts of the brain," he said. "If they occur, say, in the particular part of the brain where the neurosystems for aggression are located, they could elicit feelings of anger and aggressive behavior."

Moyer admitted there was no direct scientific evidence to support his belief and "we don't really know which causes these changes."

Some of the allergens Moyer has found can produce behavioral changes in certain individuals include sugar, chocolate and other candies, milk, food coloring, cereals, onions and air pollution.

Keeps up with times, stays alive

Dick Tracy goes sophisticated at 50

By KAREN M. MAGNUSON

MUSCATINE, Iowa (UPI) — Detective Dick Tracy — celebrating his 50th birthday in comics this year — is too old to play cops-and-robbers anymore.

He battles more sophisticated horrors: computer crime, corporate kidnaping, sky-jacking and inner-city arson.

The square-jawed, trench-coated detective would never admit it, but modern-day crime has kept him alive. Keeping abreast of the times is one reason he has outlived hundreds of other comic strip characters.

Tracy has been the subject of books, movies and television shows and still appears on the comics pages of 500 newspapers across the world.

"He's been around so long that

some people can think of him in nostalgic terms," said Max A. Collins of Muscatine, who writes the comic strip.

"But it's important to deal with crimes of the '60s. Tracy's conservative attitude isn't terribly different, but he has to be perceived as a modern-day cop. He has, and that's why he's lasted so long."

Collins, 32, a mystery novelist who look over the strip about three years ago, gained national attention by plunging head-on into controversial topics.

Critics accused Collins of teaching his readers how to commit crimes after a recent skyjacker claimed to have modeled his crime after one in Tracy comics.

Inmates have run of jail

RAYMONDVILLE, Texas (UPI) — Prisoners can go anywhere in the Wilacy County Jail — even the evidence room, where marijuana is stored — as long as they crawl through a ventilation shaft.

That is what prompted Sheriff Raul Arevalo to take county commissioners on a tour Monday of the 5-year-old jail.

Prisoners were shown doors that would not lock, "unbreakable windows" that were cracked and steel plates that had been ripped from the walls, allowing prisoners to climb into ventilating shafts in the ceiling and slither throughout the jail.

Deputies said the prisoners sometimes raid the evidence room, where confiscated marijuana is stored, and carry small quantities of pot back to their cells.

Some prisoners have knocked holes in the walls to store the weed, one deputy said.

"The jail's in real bad shape," Arevalo said. "Something has to be done or one of these days we are going to have an escape."

Commissioners agreed.

"It has to be fixed," County Judge Bill Rapp said, telling commissioners he would contact the State Commission on Jail Standards and seek advice on ways to upgrade the facility.

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Today's schedule for prime time television

- WEDNESDAY JAN. 28, 1981
- 6:00**
- (1) FAMILY FEUD
 - (2) (3) (4) (5) (6) NEWS
 - (7) MOVIE - (DRAMA) ** "Concordia 1919" 1979 Glynis Turner, Vincent Gardenia, Susan Blakely. Superheroic adventure and international intrigue makes this sequel must seeing. (Rated PG) (2 hrs.)
 - (8) (1) (2) CONTACT
 - (9) HOLLYWOOD SQUARES
 - (10) NHL HOCKEY New York Islanders vs Toronto Maple Leafs (2 hrs., 30 mins.)
 - (11) SIGHTS AND SOUNDS OF LIFE
 - (12) OVEREASY Guest: Stage and screen actor Yul Brynner. Hosts: Hugh Downs and Frank Blair. (Closed-Captioned; U.S.A.)
 - (13) ENOS Officer Enos Strato is framed by a clever slick-up artist and becomes the target for a lady "hood hunter." (60 mins.)
 - (14) ENERGY AND THE WAY WE LIVE
- 8:30**
- (15) BARNEY MILLER
 - (16) MAGAZINE
 - (17) TIC TAC DOUGH
 - (18) MACNEIL LEHRER REPORT
 - (19) TREASURE VALLEY TONIGHT
 - (20) ABC NEWS
 - (21) M.A.S.H.
 - (22) OVEREASY Guest: Stage and screen actor Yul Brynner. Hosts: Hugh Downs and Frank Blair. (Closed-Captioned; U.S.A.)
 - (23) HAPPY DAYS AGAIN
 - (24) JOHN WESLEY WHITE
- 10:00**
- (25) (3) (4) ENOS Officer Enos Strato is framed by a clever slick-up artist and becomes the target for a lady "hood hunter." (60 mins.)
 - (26) (2) (3) REAL PEOPLE
 - (27) REPORTERS
 - (28) (16) EIGHT IS ENOUGH David and Janet's marriage becomes strained when his construction firm is hired to restore a old theatre and she is retained by a development company intent upon demolishing the structure. (2 hrs., 30 mins.) (Closed-Captioned; U.S.A.)
 - (29) MACNEIL LEHRER REPORT
 - (30) STUFF
 - (31) (17) SEABASKETBALL Florida vs Vanderbilt (2 hrs.)
 - (32) HBO STORIES FROM A FLYING TRUNK These three whimsical tales by Hans Christian Andersen are an unusual blend of animation and dance from the royal ballet.
 - (33) OVEREASY Guest: Stage and screen actor Yul Brynner. Hosts: Hugh Downs and Frank Blair. (Closed-Captioned; U.S.A.)
 - (34) (1) (2) TIC TAC DOUGH
 - (35) (7) THE LAWMAKERS
 - (36) LEGISLATURE '81
 - (37) (3) CBS WEDNESDAY NIGHT MOVIE "Thornwell" 1981 Stars: Glynis Turner, Vincent Gardenia. The drama concerns the United States Army's use of the hallucinogen, LSD, on an enlisted man, James Thornwell, and his subsequent years of mental anguish. (2 hrs.)
 - (38) (3) DIFFERENT STROKES
 - (39) GABE KAPLAN: JUST FOR LAUGHS Join stand-up comedian Gabe Kaplan for a live and very funny tape special, taped live at "The Loft Stop" in Hollywood.
 - (40) (1) (2) LIVE FROM THE MET: ELEKTRA This program, taped in performance on February 16, 1980, features the acclaimed Swedish soprano Daga Nilsson in the leading role of Strauss' one-act operatic interpretation of the classic Sophocles drama. Joining Miss Nilsson in the leading roles are Leonie Ryanak as Chrysothemis, Mignon Dunn as Klytemnestra, Donald McIntyre as Orestes and Robert L. Taylor as Aegisthus.
 - (41) (4) (5) TAXI The cabbies simply adore life at the garage as long as Latka keeps them supplied with his grandma's cooing, but Jim and every funny tale bursts reveal that the goodies contain something more potent than the usual oatmeal.
 - (42) (3) QUINCY A beautiful woman accused of murder turns out to be QuinCY's undying, when he falls in love with her and, oblivious to the indications that she's faking him, sets out to prove her innocence. (60 mins.)

- 11:00**
- (43) CBS LATE MOVIE "THE SWISS CONSPIRACY" 1978 Stars: David Jonathan, Ray Milland. A former U.S. Department of Justice investigator is hired by a Swiss bank when five of their depositors, with "secret" accounts, are threatened with blackmail notes.
 - (44) (3) MOVIE - (COMEDY) ** "Cousin, Cousine" 1976 Marie Christine Barrault, Yves-André Lacroix. Family feud cousins are having an affair (are they?) and the outcome will keep you guessing. (Rated R) (2 hrs.)
 - (45) ABC CAPTIONED NEWS
 - (46) (6) LOVEBOAT - POLICEMAN Love Boat - This Business O'Love 'A' call got seeking a new life finds true love, but a former CIA infiltrator turns it up. Police Woman - "The Loner" Arlene New York City detective turned private eye arrives in Los Angeles to trap a million dollar crime boss. (Repeat, 2 hrs., 10 mins.)
 - (47) (8) DICK CAVETT SHOW
 - (48) BONANZA
 - (49) REX HUMBARD
 - (50) (1) (2) STREETS OF SAN FRANCISCO
 - (51) (2) (3) TOMORROW
 - (52) (7) (8) ABC CAPTIONED NEWS
 - (53) HBO MOVIE - (SUSPENSE) ** "Bloodline" 1977 Audrey Hepburn, Ben Gazzara. President of an international pharmaceutical company is murdered, and it seems there is a plot to kill his heres daughter as well. Everyone on the board tries to figure out the murderer. (Rated R) (116 mins.)

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THE FACTS OF LIFE

SOAP OPERA

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QUINCY

Judge dismisses desertion charge against Garwood

CAMP LEJEUNE, N.C. (UPI) — A military judge Tuesday dismissed desertion charges against Marine Pfc. Robert R. Garwood but will let a court-martial jury decide the government's key charge of collaboration with the enemy.

Garwood, 34, the only Vietnam-era serviceman to be charged for his actions as a prisoner of war, had asked for a directed verdict of acquittal, contending the experiences of the Iran hostages adds credibility to his claim he was driven insane by torture.

In a ruling that stunned defense and prosecution attorneys alike, Col. R.E. Switzer dropped charges that accused Garwood of deserting in time of war, soliciting American troops to throw down their arms, and maltreatment of a fellow prisoner of war by verbally abusing him.

He let stand the collaboration charge and a charge that Garwood struck an American prisoner of war.

A military jury of five Marine officers will begin deliberating those charges next week. If convicted, Garwood still could be sentenced to life imprisonment, despite dropping of the other charges.

"Considering all the evidence in a light most favorable to the government, the court members (jurors) could not have found the accused guilty beyond a reasonable doubt (on the charges he dropped)," Switzer said in an interview.

Garwood disappeared near Da Nang in 1965 and resurfaced in Hanoi in 1979, saying he wanted to return to the U.S. Other former POWs accused him of joining forces with the enemy, wearing their uniform and carrying Viet Cong weapons.

Defense attorney John Lowe asked Switzer earlier in the day to dismiss all charges against Garwood. He maintained that reports of mental problems of some former Iranian hostages supports defense claims Garwood was driven insane.

"The symptoms they have described could very well be Bobby Garwood talking," Lowe said.

"There will be no ticker-tape parades for Bobby Garwood, there will be no medals from the president," Lowe said. "There will just be a long road back to humanity through years of psychotherapy."



Pfc. Robert Garwood still faces charges of collaboration

Star witness fails to identify suspects in Miami riot trial

MIAMI (UPI) — A star prosecution witness in the trial of four blacks charged with killing three whites in last May's race riots testified Tuesday she was not sure whether two of the defendants took part in the killings.

Prosecutor Jeff Raffle had promised the Circuit Court jury Doris Jones would testify she saw two of the defendants take part in the attack. But when Ms. Jones took the stand she said all she could be sure of was that two of the defendants were in the crowd that beat and stomped the whites to death.

On trial are two brothers, Leonard and Lawrence Capers, and 16-year-olds Patrick Moore and Samuel Lightsey. They are charged with killing Benny Higon, 21, and 15-year-olds Robert Owens and Charles Barree. The whites were

dragged from their car the night of May 17, the day the riots first erupted.

When asked Tuesday if she saw the Capers brothers actually hit or kick the victims, Ms. Jones replied: "I couldn't say. They were in the crowd."

She told of watching the incident from her apartment balcony, "with blood splashing out everywhere." The Liberty City riots erupted last when four Dade County lawmen were acquitted in the highly publicized beating death of black Miami insurance salesman Arthur McDuffie.

Eighteen people were killed, scores were injured and more than \$100 million in property was destroyed before the violence ended three days later.

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PRIME CUT

Another child is missing in Atlanta

ATLANTA (UPI) — Police were investigating the possible kidnaping Tuesday of a black teen-ager from a fast food restaurant in the general area where 17 other black children had disappeared in the last 18 months.

Police in suburban East Point said an alert saying there possibly had been another abduction was based on a report from a passing motorist who told police he saw a black man trying to drag a youth into a gray car.

The man told authorities he did not know if the child, believed to be about 14 or 15, was a boy or girl. Police were looking for a black man in his

30's, with a mustache and goatee.

At the same time Atlanta Mayor Maynard Jackson ordered a two-hour increase in a month-old curfew for children 15 and under, banning them from the streets from 9 p.m. to 6 a.m.

And a City Council committee heard citizens demand an even tougher curfew with fines and possible jail terms for parents whose children violate the street-clearing edict.

A special 35-member police task force from Atlanta was notified of the East Point incident "as a precautionary measure," said Captain Gus Thornhill, of the East Point Police Department.

Thornhill said no missing persons report had been filed and police had no suspects in the case.

In Atlanta, police also issued a public appeal for information concerning 15-year-old Lee Manuel Gooch even though officers said they considered him a runaway. Young Gooch was last seen Jan. 14, in downtown Atlanta near a bus station. Gooch, who has a record of running away from home, was reported missing Jan. 9.

Defendant takes stand during 'Diet Doc' trial

WHITE PLAINS, N.Y. (UPI) — The woman charged with killing the author of the best-selling "Scarsdale Diet" wept on the witness stand Tuesday as she described a 14-year "Cinderella" romance, gifts of diamonds and roses and the wedding that never happened.

Jean Harris, 57, ex-headmistress of an exclusive school for girls in McLean, Va., testified that her long-time lover, Dr. Herman Tarnower, 69, sent her roses regularly and proposed marriage in May 1967 with a large diamond engagement ring.

But he backed down at the last minute, she said, claiming he was "married to his work" and proposed instead that they stop seeing each other.

Tarnower was shot to death in his pajamas last March 10 in the bedroom of his Purchase, N.Y., home.

The defense claims the shooting occurred during a struggle between the doctor and Mrs. Harris for the gun the defendant planned to use on herself in a fit of depression worsened by sedatives and stimulants prescribed by Tarnower. The prosecution claims Mrs. Harris killed Tarnower in a jealous rage.

Mrs. Harris, a native of Shaker Heights, Ohio, wept as she told of the early days of her relationship with Tarnower after they met at a cocktail party in 1966.

She said she knew the author of "The Complete Scarsdale Medical Diet" had affairs with other women, but she loved him anyway.

Mrs. Harris told of an incident five years ago in which she returned to a room she was sharing with Tarnower

at the Ritz Hotel in Paris to find "a letter from another woman" that Tarnower tried to hide. She said it came from his pretty medical assistant, Lynne Trylor, 38.

Later, when they dressed for dinner, she spotted an inscription on his cuff links.

"I saw 'all my love, from Lynne' with the date 1974," Mrs. Harris testified.

"Did you continue to travel with Dr. Tarnower?" defense lawyer Joel Aurnou asked. "Yes," she replied with a nervous laugh.

For the first five years of their relationship, Mrs. Harris said, Tarnower called her every night at 8:30 p.m. and sent roses regularly. She broke into tears as she told of a particularly romantic evening they spent drinking together at the ele-

gant Pierre Hotel in Manhattan — "which I've loved ever since."

"After that, if he left the way he always did, like Cinderella. The limousine came and picked him up," she said.

After she received the engagement ring from Tarnower, she said she began pressing him to pick a wedding date.

"He said, 'Jean, I can't go through with it. I'm scared,'" said Mrs. Harris, removing her glasses and speaking in a calm, clear voice. "He later said he was married to his work. I wasn't surprised. If he hadn't been married to this point, he would never be married."

Next Tarnower said they should stop seeing each other because Mrs. Harris was a "proper woman" who "should be married." He told her to keep the diamond.

sperm of the husband, who becomes the natural father.

When the child is born and the paternity of the natural father has been established, the surrogate mother terminates her parental rights, the natural father receives the child, and his wife then adopts it.

Nothing that one baby has been born and several other surrogate mothers are pregnant, Beshear said. "There is no good time for filing this kind of action. The good time would have been before the first (surrogate) mother became impregnated."

Kentucky moves to end surrogate parenting

FRANKFORT, Ky. (UPI) — State officials took steps Tuesday to end the surrogate parenthood process in Kentucky, which Attorney General Steven L. Beshear termed "the buying and selling of children."

Beshear said he is seeking a permanent injunction in Franklin Circuit Court against Surrogate

Parenting Associations of Louisville, which already is responsible for the birth of one baby by a surrogate mother.

He also asked the court to issue a declaration of rights as to the legality of the entire surrogate parenting process.

The attorney general said he believed "the most appropriate avenue to pursue in the case was a civil, rather than a criminal one. He said Kentucky was one of the few states where such a process is permitted.

The request for an injunction against surrogate parenting followed by one day Beshear's office's determination that the surrogate parenthood process is illegal in Kentucky, based on at least three statutes.

He said it also is based on "a strong public policy against the buying and selling of children."

The surrogate parenthood situation arises when a couple wants children but the wife is not physically able to bear them. Another woman, "the surrogate mother," is artificially inseminated with the

U.S. 'significant' flu epidemic

ATLANTA (UPI) — The nation is in the midst of a "significant influenza epidemic," a top federal health official said Tuesday.

Dr. William Foege, director of the National Centers for Disease Control, made the comment at a surgeon general's meeting which brought together some of the nation's leading flu experts. They will formulate guidelines to combat the outbreak.

The CDC director said that for six consecutive weeks the number of deaths from influenza and pneumonia were "in excess of the level normally expected at this time of year. The flu epidemic, he said, was evident even at the CDC, with many employees absent from their jobs.

"This is frustrating," Foege said, "because we know that much of this is preventable. We have an effective vaccine."

Last week the CDC reported more than 1,000 deaths from flu and pneumonia for the second straight week. Thirty-seven states listed outbreaks of the disease, caused by a new virus strain, A-Bangkok, against which most people have little actual resistance.

Dr. Timothy Nolan, a CDC influenza epidemiologist, said the epidemic was causing "significant mortality among the elderly."

Statistical charts presented at the meeting showed a short wave of the surge influenza cases across the nation for each week since the middle of December.

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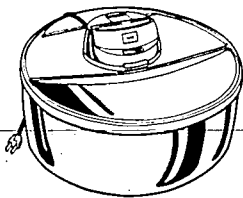
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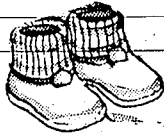
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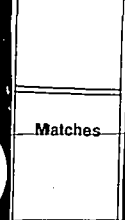
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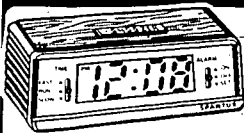


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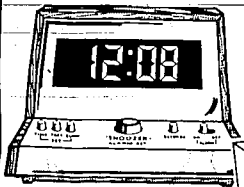
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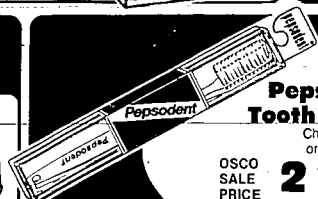
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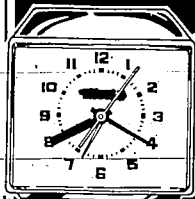
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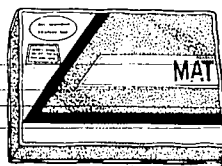
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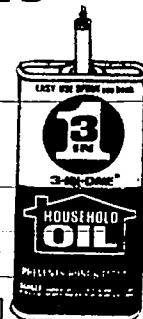
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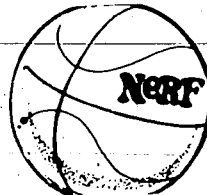
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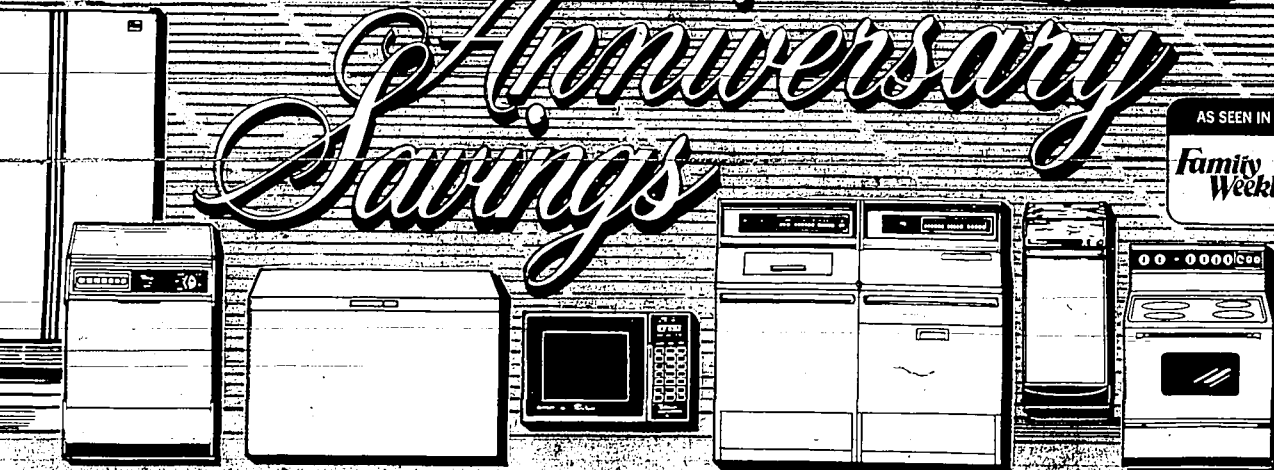
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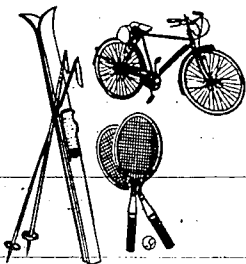
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APRÈS SPORTS IT'S "WHAT'S COOKING?"

EVERYBODY COMES HOME CHILLED and hungry as a bear, sniffing the air to see what's cooking to help stave off starvation. Sound familiar? It's the scenario of many a cold weather weekend when the gang's been out skating, jogging, bicycling, even skiing, expending energy and working up appetites.

A big batch of pancakes or hamburgers might be a quick solution for the immediate family, but if guests are involved a more substantial meal is in order. This needn't be complicated however, or demand lots of your time and energy. Preparation should be done as much ahead of time as possible.

Serve buffet-style so that the atmosphere has a casual chic. Here's the occasion to use your sturdy pottery instead of china, Art Deco plastic-handled stainless flatware, and colorful plastic serving pieces, such as Tupperware's pretty yellow serving container with removable strainer.

This is one meal that need not be taken at the table if everyone finds it more fun to sit around a televised football game or on pillows in front of the fire. Using sturdy, unbreakable plastic mugs takes the worry out of hot drinks—balanced precariously on crowded snack tables.

A steaming drink is *de rigueur* for cold hands and parched throats, in fact a delicious one with substance such as Mulled Cider Punch delivers taste and pick-me-up without alcohol—all the family can enjoy it.

Your hors d'œuvres of *crudites*, cheese and meats are a night-before cinch when you arrange them in a sectioned plastic susan along with their dip, then seal the serving container tightly and refrigerate until ready to present to guests.

Prepare tangy Chicken Paprikash in the morning and store it in a sealed bowl in the refrigerator for the flavors to blend. Then, just add sour cream, reheat and serve. The colorful green noodles with poppy seeds are cooked quickly just before serving, then drained and prepared, and popped into a 2-1/2 quart plastic warmer casserole which holds them at serving temperature and strains off any excess liquid.

For more fun, provide a dessert that makes a lovely base for favorite toppings, in this case a wonderfully light and delicious combination angel-pound cake, with a choice of toppings you've made and stored earlier.

Is the weather chilly or damp outside for all the hardy exercisers? Not so in the house, where a hospitable repast awaits to warm and fill the inner person.



Photo courtesy of Tupperware

GREEN GARDEN DIP

- 1 tablespoon lemon juice
- 1/2 teaspoon salt
- 1/2 cup firmly packed fresh parsley leaves
- 1/2 cup firmly packed fresh spinach leaves
- 1/4 cup walnuts
- 2 tablespoons olive oil
- 1/3 cup plain yogurt
- 1 package (3 ounces) cream cheese, softened at room temperature
- 1/4 teaspoon ground cumin
- 1/8 teaspoon chili powder

In food processor or container of electric blender combine lemon juice and salt. Gradually add parsley and spinach; process until smooth. Add walnuts, blend until finely ground. Add olive oil in a steady stream while continuing to process. Add yogurt, cream cheese, cumin and chili powder; process until smooth. Chill. Serve in a sectioned plastic susan with cut-up raw vegetables.
Yield: 1 cup.

CHICKEN PAPRIKASH

- 4 chicken breasts, boned, skinned and split
- 6 tablespoons butter or margarine
- 1-1/2 cups chopped onion
- 2 tablespoons plus 2 teaspoons paprika, divided
- 2 whole cloves
- 1 pound fresh mushrooms, sliced
- 1 cup chicken broth
- 2 cups (1 pint) sour cream
- 2 tablespoons flour
- 1 pound green egg noodles, cooked according to package directions, drained
- 1 tablespoon poppy seeds

Slice chicken lengthwise into 1/4-inch thick strips. Set aside. In a large skillet, melt butter; saute onion over medium heat until just transparent. Reduce heat; add 2 tablespoons paprika and cloves; cook, stirring 2 minutes. Add mushrooms; cook 3 minutes. Add chicken and cook, turning frequently, until chicken turns white. Stir in chicken broth and cook about 15 minutes, until chicken is tender. In a small bowl, combine sour cream, flour and remaining 2 teaspoons paprika. Add 1/2 cup of liquid from skillet to sour cream mixture; stir until smooth. Add to skillet, mix well. Heat through but do not boil. Toss cooked noodles with poppy seeds. Serve with chicken.
Yield: 8 servings.

LIZA'S HEAVENLY POUND CAKE

- 1 cup butter or margarine, softened
- 2-1/2 cups sugar
- 6 eggs, separated
- 1 cup sour cream
- 1/4 teaspoon vanilla
- 3 cups unsifted all-purpose flour
- 1/4 teaspoon baking soda

In a large mixing bowl, cream butter and sugar until light. Add egg yolks, one at a time, beating well after each addition. Beat in sour cream and vanilla. Sift together flour and baking soda. Add to batter, 1/3 at a time, until well blended. In a small mixing bowl, beat egg whites until stiff. Fold into cake batter. Pour into a greased 10-inch tube pan. Bake in a 300°F oven 2 hours or until a cake tester inserted in cake comes out clean. Let cool in pan 10 minutes. Remove from pan and cool completely on a wire rack. Store in a plastic cake taker with flexible seal.
Yield: 1 10-inch cake.

MULLED CIDER PUNCH

- 2 quarts apple cider
- 2-1/2 cups orange juice
- 2 cups water
- 1/2 cup lemon juice
- 1/2 cup light brown sugar
- 1 cinnamon stick
- 1 teaspoon whole cloves
- 1 teaspoon whole allspice
- 1 teaspoon ground ginger
- 1/2 teaspoon ground nutmeg
- 1/2 lemon, sliced

In a large saucepot combine cider, orange juice, water, lemon juice, brown sugar, cinnamon, cloves, allspice, ginger and nutmeg. Bring to a boil, reduce heat and simmer 5 minutes. To serve, strain into a large punch bowl. Reserve cloves. Stud lemon slices with reserved cloves and float on top of punch. Serve in plastic mugs.
Yield: 3 quarts (12 1-cup servings).

At Wit's End

Know your level of tolerance

By ERMA BOMBECK
© Field Enterprises, Inc.

One of the secrets of a happy marriage is knowing what your level of tolerance is for one another. Some couples can hang wallpaper together and stay married. Others can back up a recreational van as a team. A few can even hang a picture as one.

I, personally, have never been able to shop with my husband and sleep in the same bed with him that night. I couldn't fill all the hostility in the room if I opened the window.

We have been thinking about new beds for five years. We have talked about the new beds a lot. We have the money to buy the beds. We know

exactly what kind of beds we want. Outside the store last week, I explained the ground rules. "If these beds are what we want for the price we want, we are going to buy them. Is that understood?"

He nodded.

Inside the store, the salesman made his pitch. They were exactly what we wanted. The price was right. I turned to my husband who nodded and said, "They're perfect! We'll look around a bit more and get back to you."

Outside the store I faced him. "You have no intentions of ever buying beds, do you? It is just something to do until WE CAN GET TO THE STORE watching the planes land at the airport. You were like this with the carpet. How many years did we shop for a carpet? Other women were having babies, going on missions, setting goals, doing important medical research, living life to its fullest.

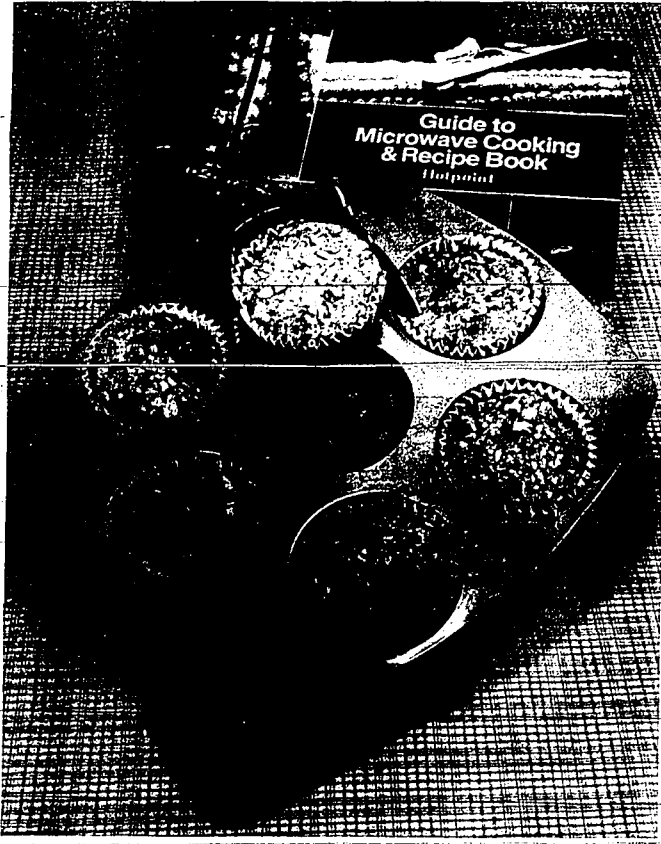
Me? I was shopping for a carpet. "And the freezer! You devoted more time to buying a freezer than you did to puberty."

"It was more fun," he said. I know I'm not the only woman around who has the problem. I see husbands like mine all the time. I've seen them wandering around Vegas looking over everyone else's shoulder, their hands in their pockets to make sure the money is still there.

I've seen them at auctions standing near the back watching everyone else bid, and I've seen them at weddings in the back of the church standing there with a handful of rice, unable to throw it.

There's a sign at an upholstery show I go to that reads: "A HUSBAND SHOPPING FOR MATERIAL MUST HAVE A NOTE FROM HIS WIFE."

They're years ahead of their time.



Ready-to-eat cereal is not only a popular supermarket item, but makes delicious muffins.



Willetta Warberg

Makes muffins from cereal

TWIN FALLS — Good news for ready-to-eat cereal fanatics! Your addiction isn't unique. A recent Wall Street Journal report shows cold cereals as the favorite supermarket buy along with rice and beans.

Part of the good news, too, is that these bulk-providing breakfast foods, many of which are enriched with large portions of your daily required nutrients, are not just for the morning meal dish.

They can be used to make delicious muffins. And these delicious holds of nourishment can be enjoyed at any meal including the most elegant.

Here are two recipes to try in your standard oven or microwave. But first we have a few perfect-muffin-making reminders.

1. Mix the dry ingredients well. If you don't, the leavening might be unevenly distributed and the baked muffins will have dark spots on the top.

2. Don't overmix the entire batter. Just stir until the batter clings together and follows the mixing fork or spoon around the bowl. Overmixing makes tough muffins with peaked tops and tunnels.

3. Don't overflow the muffin cups. If you do, the batter will overflow and the muffins will be misshapen.

4. Don't overcook muffins. Bake them until they just barely don't stick to a testing straw or toothpick. Remember that they will continue to bake a few seconds after they have been removed from the heat. This is particularly true when you use a microwave oven. Overcooked muffins are dry and tough.

5. Let muffins cool thoroughly

before serving. If you don't they will crumble excessively and be hard to eat. An overnight waiting period is best. Muffins can be reheated when served.

HONEY-BRAN MUFFINS

- 1 cup whole bran cereal
 - 1/2 cup raisins
 - 2 tablespoons margarine, butter or shortening
 - 1/4 cup honey
 - 1/4 cup molasses
 - 2/3 cup boiling water
 - 1 egg
 - 1 cup sifted flour
 - 1/2 teaspoon baking soda
 - 1/2 teaspoon salt
 - 1/2 teaspoon cinnamon
- Preheat oven to 400° F. Into mixing bowl, measure whole bran cereal, raisins and margarine, butter or shortening. Add boiling water and stir until fat is melted. Thoroughly beat in egg. Onto piece of waxed paper, sift together flour, soda, salt and cinnamon—Gradually add dry ingredients to bran mixture. Mix until combined. Don't overmix. Line muffin cups with paper liners. Spoon batter into cups and fill cups just ²/₃ full. Bake 20 to 25 minutes or until muffins test barely done with testing straw or toothpick. Makes about 10 muffins.

ANY READY-TO-EAT CEREAL MUFFINS

- 1 1/2 cups all-purpose flour
- 1/4 cup sugar
- 2 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 egg
- 3/4 cup milk
- 1/2 cup vegetable oil

1/4 to 1/2 cup coarsely crushed ready-to-eat cereal

Preheat oven to 400° F. In mixing bowl, thoroughly stir together flour, sugar, baking powder and salt. Make a well in center of dry ingredients. In small bowl, beat together egg, milk and oil. Stir egg mixture into dry ingredients—stirring just until moistened. Without mixing too much, quickly stir in crushed cereal. Fill paper cup-lined muffin pans only ²/₃ full with batter. Bake 20 to 25 minutes or until golden. Makes 10 to 12 muffins.

TO MICROWAVE MUFFINS:

Prepare batter. Fill cups only ¹/₂ full. Microwaving tends to provoke a higher rise in baked goods. For better looking muffins—surfaces, sprinkle tops with crushed bran cereal or flakes or chopped nuts. For six muffins, microwave at medium high for 3 to 5 minutes, rotating muffin tin after 1 1/2 minutes. If cooking more or less muffins at one time, see your microwave oven manual for different timings.

THIS WEEK'S BEST MARKET BUYS: Seasonal exotics such as seedless grapes, honeydew melons and nectarines will wind their way north from Chile into our local markets. Prices will be steep, but for those with the yen, it will be worth it.

An extraordinarily warm winter in California this year will hasten the arrival of luscious strawberries to the Magic Valley. The bumper crop should be here in earnest by mid-February, just in time for Valentine's Day desserts.

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Sweet-and-Sour Potato Medley uses vegetables for color with boxed air gratin potatoes.

Potato history reviewed

MINNEAPOLIS, Minn. — The potato is a vegetable we all take pretty much for granted, so it may come as a surprise that this little white tuber has an interesting history.

While most people believe the potato to be of Irish origin, it was really found by Spanish Conquistadors who ventured upon South American Incas dining on small white roots the size and shape of a peanut. This early ancestor of the potato was introduced to Europe where it suffered many misunderstandings. Not only was it thought by some to cause leprosy, but others also forbid eating it because potato was not mentioned in the Bible. The potato was even believed at one time to be an asphrodisiac.

Today the potato enjoys widespread popularity. With the in-

roduction of potato mixes, it's easy to enjoy exciting potato dishes because the tasks of peeling, long cooking and slicing have been eliminated.

When dinnertime menus call for plain broiled meats, try this zippy potato dish to add exciting flavor to your meal. It blends a delicious sweet and sour dressing, spiced with garlic and red pepper sauce, with boxed air gratin potatoes. Sliced carrots, green peas, and chopped tomato add flavor as well as color. Garnish with crumbled bacon for a dish that tastes as good as it looks.

SWEET-AND-SOUR POTATO MEDLEY

2 slices bacon
1 can cream of mushroom soup
2 cups water
1 tablespoon sugar

3 tablespoons vinegar
1 medium clove garlic, crushed
4 or 5 drops red pepper sauce
1 package air gratin potatoes
1 cup thinly sliced carrots
1/2 cup frozen green peas
1 cup chopped tomato

Cook bacon in 10-inch skillet until crisp; drain on paper towel and crumble. Stir in soup, water, sugar, vinegar, garlic, pepper sauce, potatoes, sauce mix, and carrots. Heat to boiling, stirring frequently; reduce heat. Cover and simmer, stirring occasionally, until potatoes are tender, about 25 minutes. Add peas; cook 5 minutes longer. Stir in tomato. Garnish with crumbled bacon. 6 servings.

High altitude directions (3,500 to 6,500 feet): Decrease simmer time to 20 minutes. Add peas; cook 15 minutes longer.

Early detection is possible for hereditary heart disease

By AL BOSSITER JR.
United Press International

TUCSON, Ariz. — New research suggests inherited risks for developing coronary heart disease, the leading killer of American adults, can be detected in children in time to take preventive action, an Ohio scientist reported.

Dr. Charles J. Glueck of the University of Cincinnati said about one-third of the factors that increase a child's risk of eventually developing clogged arteries which set the stage for a heart attack appear to be inherited. The rest are largely environmental.

Glueck told an American Heart Association seminar that studies in Cincinnati's Princeton School District show that children possessing these genetic risk factors can be identified from relatively simple tests on parents and evaluation of their histories.

The risk factors include the amounts of cholesterol and other fats in the blood and the levels of various fat-carrying proteins in the blood as well as blood pressure, obesity, nutrient intake and parental history of circulatory disorders and diabetes.

Glueck said there is substantial evidence indicating that many of these risk factors can be reduced "in a safe and prudent manner" — primarily by diet changes.

But there is disagreement among health authorities as to whether reduction of these risk factors will correspondingly reduce a child's chances of developing heart disease in the future.

Glueck said that while there is no proof, it seems likely such action will improve the outlook for the child. But he emphasized extreme care is needed in singling out those youngsters who seem to have an increased risk of developing clogged arteries.

"I want to be rock hard sure about the veracity and accuracy of that diagnosis," he said. So he said he and his associates require at least three separate laboratory tests plus physical examinations and the taking of family histories.

Glueck said one of the strongest inherited factors concerns amounts

of cholesterol-carrying proteins in the blood. High levels of a density type of these "lipoproteins" have been linked with a reduced risk of heart attack while large amounts of a low density lipoprotein (LDL) are associated with increased heart attack risks in adults.

One segment of the Princeton School District study found that children whose parents had high LDL levels were twice as likely as average children to have high LDL

amounts in their own blood. Similar findings were seen for the protective high density lipoprotein.

Glueck said the study showed that reduced intake of cholesterol and saturated fats will bring down the levels of blood cholesterol and the "bad" lipoprotein to the normal range.

Glueck based his conclusions on five reports to be published soon in four scientific journals and on two published last year.

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No bargain

SACRAMENTO, Calif. (UPI) — "Partly decayed" vegetables marked down in price may look like a bargain, but they are not.

By the time vegetables reach that state, many of their nutrients have been lost and decay is liable to spread rapidly. A nutrition information newsletter from the Dairy Council of California recommends using fresh vegetables within two to five days after purchase — except for root vegetables such as carrots, turnips and parsnips, which can be stored for several weeks in a refrigerator crisper.

O'Leary's honor roll announced

TWIN FALLS — First semester honor roll students of O'Leary Junior High School have been announced.

The Principal's list of students with all A grades in the ninth grade includes Michele Anderson, Melinda Carter, Wendy Davis, Carol Gibbs, Paula Green, Laura Rice, Heather Schell, Jane Stukenholz, Tricia Swartling, Mark Alexander, Curt Cutler, Mike Forbes, Craig Leonard and Jim Stewart.

Those with B grades and better include: Delores Adams, Shawna Anderson, Marissa Arrington, Jami Blisplinghoff, Shellie Brewer, Kristen Browning, Cassie Cañon, Caralee Cox, Juazie-Crow, Tammy Dickman, Terri Fritzy, Sonja Gilbreth, GayLynn Gunnell, Heidi Hansen, Kristine Hendrickson, Karen Hostetter, Janice Huff, Angie Hutchison, Mary Grace Johnson, Debbie Kelley, Rhonda Kistler, Kathy Kleinkopf, Cindy Lowrance, Marnie Lucena, Kathleen Morris, Julie Nussbaum, Stephanie Perkins, Shelley Peterson, Patty Pruett, Roxanne Hambur, Robin Reichert, Carl Reynolds, Lisa Saunders, Carol Seelick, Jim Skeem, Ginger Smedley, Staci Smith, Donna Speirs, Renee Spooner, Trol Stimpson and Wendy White.

Ernest Albhorn, Steve Bennett, Nathan Burac, David Burwell, Chris Chupa, Wayne DeWitt, Mike Erke, Mike Floyd, Brian Gable, Alan Haslam, McKay Lundgren, Kevin McClure, Mike McKay, Thor Mikesell, Sean Molyneux, Scott Morgan, Kyle Mueller, Jeff Nasman, Peter Ogden, Anthony Ophlem, Christopher Porter, Pat Segale, Jac Shipp, Stan Sorensen, Phil Swerthoff, Andrew Tootson and Tug Worst.

Eighth graders with all A's include Liz Allard, Caryn Crowley, Miltzi Harkins, Jenni Hovey, Blythe Moffitt, Marcel Sterling, Todd Jones, Jeff Lambert, Stan Sorensen, Christopher Swerthoff, Matt Phillips, Steve Schimall, Chris Scholes, Erick Shiner, Mark Stowman and Jeff Whitl.

Those with B's or better, Erin Anderson, Tammy Babel, Denise Carlson, Cheryl Chresman, Stacey Gerber, Elizabeth Gibson, Tyna Harmon, Jeannie Harris, Nicole Hitchcock, Cecilia Howell, Jeanette Johns, Traci Kelly, Stacy Lingnaw, Cathy Livingston, Kalya Marsh, Christy Matthews, Christine McManama, Shelley Miles, Connie Molyneux, Tracy Parr, Karen Price, Angela Reynolds, Holly Reynolds, Janelle Sorenson, Jackie Wadsworth, Megan Weirich, Jody Wheeler.

Brendan Armstrong, Phil Burdick, Mark Cazeau, Glenn Davis, Dwight Denison, Rob Ellis, John Gibbs, Derek Green, David Groat, Kyle Hartley, Shawn Holman, Ryan McDermott, Jeff Mink, Terry Molyneux, Brian Moser, Scott Quinn, John Raymond, Alan Roesberry, John Sims, Gary Stringer, Jayce Sudweeks, Todd Swenson, Jeff Tavernia and Robert Wilkins.

Seventh grade all A students include Margaret Cluff, Marin Frost, Veronica Gregory, Shelly Lay, Diana Meacham, B'Nee Monroe, Kristen Rosholt and Christy Smith, David Coleman, Steven Cox, Jeff Mildon and Isaac Pigott.

Those with B's and better include Lori Alberdi, Natalie Armstrong, Pam Armstrong, Nicki Brown, Lori Calico, Heather Call, Tabettha Carlson, Tammy Carson, Gloria Clark, Pennie Dugan, Joy Engleman, Amy Greene, Kristy Griffith, Kathy Henschel, Traci Henson, Jeannings, Kim Knauss, Michele LaCruz, Jodi Larson, Bryan McKim, Eryn McKim, Bonnie Marley, Cynthia Morris, Karl Moss, Jaime Neilson, Pam O'Dell, Janet Pretti, Bekki-Rosholt, Amy Smack, Kristina Swenson, Hollie Taylor, Cassie TerVeen, Felice Thorpe, Lorrin VanBuren, Shelley Watson, Tammy Wilson.

David Beeks, Marc Burnikel, Rennee Cannon, John Clauson, Ron Dingwall, Tom Green, Richard Hundhausen, Kevin Kleinkopf, John Mialer, Roger Maschek, Scott Scholes, Tim Shaub, Paul Stukenholtz and Ben Worst.

Solar help

PUEBLO, Colo. (UPI) — If you are considering a solar water heating system for your home, a free government booklet may help you make up your mind.

Among other things, the booklet shows how to estimate fuel savings in gallons and cash for your particular home and area of the country.

Heating water accounts for about 20 percent of home energy usage — and in one year, a solar unit can meet 50-70 percent of a household's demand for hot water, says a consumer newsletter from the General Services Administration. Savings, it adds, can run as high as \$100 for the first year.

The free booklet describes how solar water heaters work, and includes guidance on choosing the right solar energy system for your particular needs and a dealer-installer if you decide solar suits you.

To obtain a copy of "Is solar water heating right for you?" send a postcard with your request to Consumer Information Center, Dept. 600J, Pueblo, Colo. 81009.

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It's good to shop in a

Day At Albertsons!!

Beef prices expected to increase

Chicago Sun-Times

Beef prices, as high as they seem now, aren't going to ease off this winter. Shoppers can expect a rise of about 10 percent, according to beef industry sources.

Considering that beef prices (nationally) average \$2.50 a pound (that's anywhere from about 65 cents to \$1.25 a serving depending on the cut), the high cost could lead more people to seek beef alternatives.

Among the best low-cost protein buys are eggs and tuna. A serving of two eggs is less than 20 cents, and a 1/2 can of tuna (a single serving) is 50 cents.

The catch is that you're probably not going to satisfy a hungry family used to a slab of beef with a naked platter of fried eggs or tuna ala carte.

Dress up these bargain proteins in a casserole, pie, omelet or egg roll. Anything that combines a good use of seasonings with an unusual presentation will turn an ordinary dish into an appetizing one.

The only recipe below that doesn't provide enough protein for an entrée is the egg rolls. Serve these crisp, vegetable-packed rolls with tuna chowder or even tuna salad for a complete meal.

ZUCCHINI QUICHE

- 1 9-inch pie shell, unbaked
- 6 eggs, beaten
- 2 cups sliced zucchini
- 1/2 cup chopped onion
- 2 tablespoons butter
- 1/2 cup grated parmesan
- 1 1/4 cups milk
- 1/2 teaspoon salt
- 1/2 cup celery seed
- 1/4 to 1/2 teaspoon tarragon leaves, crushed
- 1/4 teaspoon pepper

Zucchini slices, optional

Brush pie shell with small amount of the beaten eggs. Pierce bottom and sides with fork. If using a metal pie pan, bake shell in pre-heated, 450-degree oven until golden brown about 5 minutes. If using pie plate or quiche dish, bake shell at 425-degrees. Cook on wire rack. Reduce oven temperature to 375 degrees for metal pan or 350 degrees for plate or dish.

In 10-inch skillet over medium heat, cook zucchini and onion in butter until tender, but not brown, about 3 to 5 minutes. Spread zucchini mixture evenly in pie shell. Sprinkle with parmesan cheese. Beat together eggs and all remaining ingredients until well blended. Pour over zucchini mixture.

Bake in pre-heated oven (according to above directions) until knife inserted near center comes out clean, 30 to 40 minutes. Let stand 5 minutes before serving. Garnish with zucchini slices if desired.

BAKED OMELET A L'ORANGE

- 1 cup sour cream
- 1 tablespoon brown sugar
- 1 tablespoon fresh grated orange peel
- 6 eggs, separated
- 1/4 teaspoon salt
- 1/4 teaspoon cream of tartar
- 2 tablespoons butter or margarine
- 2 oranges, peeled and sectioned

Combine sour cream, brown sugar and 2 teaspoons orange peel; set aside.

In small bowl, beat egg yolks, remaining peel and salt until thick and light colored. With clean egg beater, beat egg whites until foamy; add cream of tartar and continue beating until stiff but not dry. Fold in egg yolks.

In oven-proof, 10-inch skillet melt butter. Pour in egg mixture. Cook over low heat about 5 minutes until underside is lightly browned. Place in 325-degree oven. Bake for 10 minutes until top is set. Loosen around edges with spatula.

Make a slash across center; fold in half. Carefully turn out onto serving dish. Top with small amount sour cream mixture; garnish with a few orange sections. Serve with remaining sour cream and oranges. Makes 3 to 4 servings.

VEGETARIAN EGG ROLLS

- 1 cup shredded cabbage
- 1 cup chopped onion
- 5 medium mushrooms, coarsely chopped
- 2 cups bamboo shoots
- 1/2 pounds fresh bean sprouts
- 2 stalks celery, sliced
- 2 stalks green onion, sliced
- 3 tablespoons soy sauce
- 1 teaspoon sugar
- 1 tablespoon grated ginger root
- 1 teaspoon crushed garlic
- 1 package egg roll skins (2 1/2 dozen)
- 1 egg
- 4 to 5 cups peanut oil for deep frying

Stir fry cabbage, onion, mushrooms, bamboo shoots, bean sprouts, celery and green onion in 3 tablespoons peanut oil until crisp tender. Season with soy sauce, sugar, ginger root and garlic. Stir fry 1 more minute. Let ingredients cool to room temperature before using.

Position egg roll skin so a corner is at top, bottom, left and right (on the diagonal).

Place one-third cup filling on lower section of wrapper. Tuck bottom corner around filling and roll firmly about halfway up. Moisten the remaining 3 corners with beaten egg. Fold left and right corners toward the center and roll up all the way. Heat remaining peanut oil to room temperature before using. Deep fry a few egg rolls at a time on both sides until golden brown. Drain on paper towels.

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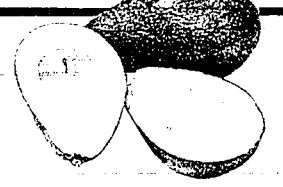
- Oscar Mayer Bologna** Meat or Beef Sliced Save 19¢ 32 oz. Each **1.79**
- Oscar Mayer Wieners** Meat or Beef Save 21¢ 1 lb. Each **1.88**
- Oscar Mayer Bologna** Meat or Beef Sliced Save 20¢ 8 oz. Each **1.19**
- Dinner Franks** Armour Beef Save 41¢ 1 1/2 lb. Each **2.98**

GROCERY SPECIALS

- Chili Con Carne** Janet Lee Regular or Hot Save 12¢ 15 oz. Each **54¢**
- Del Monte Catsup** Save 60¢ 44 oz. Economy Size. Each **1.19**
- Quick Oats** Janet Lee Save 20¢ 42 oz. Each **1.19**

Avocados

Medium Buttery, Rich In Vitamins & Minerals



10 For **1**

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Margarine

Parkay Save 15¢ 1 lb.



58¢

lb.

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Tuf-N-Ready Save 46¢ Jumbo Size



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Each

Bonus Buy!

FRESH PRODUCE SPECIALS

- Artichokes** Boil & Serve Hot or Cold With Sauce Of Your Choice **2** for **\$1**
- Mineola Tangelos** Juicy Ripen, Delicious Flavor. **2** lbs. For **\$1**
- Radishes-Gr. Onions** Crisp & Fresh Add Flavor To All Your Salads. **4** Bunches For **\$1**
- Banana Squash** Cut Whole Excellent Quality. **1** lb. **24¢**
- Marble Pothos** Green and Healthy 6 inch Pot. Each **3.99**

FROZEN SPECIALS

- Banquet Dinners** Turkey, Chicken, or Salisbury Steak Save 10¢ 11 oz. Each **69¢**
- Orange Juice** Natural Sun High or Low Pulp Save 19¢ 12 oz. Each **88¢**
- Boil In Bag Meats** Turkey, Chicken Ala King, or Salisbury Steak Save 6¢ 3 oz. Each **39¢**
- LaChoy Egg Roll** Meat or Shrimp Save 8¢ 30 Count 7.5 oz. Each **99¢**
- LaChoy Fried Rice** With Meat Save 9¢ 12 oz. Each **1.19**
- LaChoy Sweet & Sour Pork** Save 15¢ 15 oz. Each **1.69**

LOW PRICED VARIETY SPECIALS

- Jhirmack Shampoo** Dry, Normal, or Oily Save 19¢ 8 oz. Each **2.00**
- Tampax** Regular, Super, Super Plus Save 20¢ 40 Count. Each **1.99**
- Westinghouse Light Bulbs** Eyesavers Save 59¢ 60, 75 & 100 Wat. **2** Pack **\$1**

DELI SPECIALS

- Turkey Breast** Rich's Boneless Fully Cooked Save 71¢ 1 lb. **3.98**
- Turkey Bologna** Rich's Made From Thigh & Drumstick Meat Save 20¢ 1 lb. **1.09**
- Cole Slaw** Creamy Good Save 30¢ 1 lb. **79¢**
- Jack Cheese** Save 30¢ 1 lb. **2.19**
- Pizza** & Varieties **30¢** Off Reg. Price

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Prices Effective Jan. 28, 29, 30, 31, 1981



Dear Abby

When tables turned on hostesses, joke didn't seem funny

By ARIGAIL VAN BUREN
Universal Press Syndicate

DEAR ABBY: My husband's former wife, Velma, with whom we have remained on fairly good terms, invited us to her home for a party. She is now married to a very well-to-do man.

Velma told me it was going to be a costume party, so my husband and I dressed up like a couple of rabbits.

Imagine our surprise when the butler opened the door and ushered us into a room filled with men in tuxedos and women in stunning gowns! We felt like a couple of fools. Velma laughed and said she thought it was funny. I was very upset to have been made the butt of her joke. So I got myself a glass of punch and spilled it on her gown. Then I laughed and told her I thought it was funny. However, she didn't see anything funny about it.

My husband isn't speaking to me, and he thinks I owe Velma an apology. What should I do?

—A WIFE IN NEED

DEAR WIFE: Send Velma a bunch of carrots, and tell her you're sorry.

DEAR ABBY: I never thought I'd be writing to you because I'm a very private person, but I have nowhere else to turn.

I've been married for 21 years to a man I'll call Bob. (No children.) Fourteen months ago was the last time we had sex. I've never been very interested in sex, but I enjoyed the intimacy of it. As I look back on our marriage, Bob never was overly sexy, but he performed. I thought we had a good marriage.

About the time our sex life stopped, Bob developed a friendship with a man. Their friendship grew from

getting together, just the two of them, one evening a week, to spend the weekends together. Last summer Bob spent his entire vacation with this man, excluding me. That's when I strongly suspected that he was gay. When I confronted him with my suspicions, he flatly denied it. I begged him to go with me to a counselor. He refused. I offered him divorce or separation. He wanted neither. He says he "cares for me," but he no longer "loves" me.

Abby, I still love him and don't want to give him up even if he is gay. I'm too embarrassed to discuss this with anyone I know. My heart is broken and I am desperate. Please help me.

—MASS HOUSEWIFE
DEAR HOUSEWIFE: It's unfortunate that you can't want to "give him up," because it appears that he has already given YOU up. You both need counseling, but you can't force it on Bob if he refuses to accept it. Please go for counseling without him. You desperately need to learn how to cope with a painful situation that is more common than you know.

DEAR ABBY: In our town when people are invited to a party, they are often asked to bring something to serve. My wife is famous for her delicious cakes, so that's what she usually brings.

At the end of the evening, if there is any cake left over, my wife matter-of-factly picks it up and takes it home. I am embarrassed, feeling that she should leave whatever is left for her hostess. My wife disagrees with me, insisting that the cake is "hers."

My question: What should happen to the leftovers when food is brought by the guests?

—LOUISVILLE, KY
DEAR LOUISVILLE: Unless it's clearly understood beforehand that

everyone takes home his or her own leftovers, your wife should leave the cake for the hostess. It would seem an

appropriate bonus for having had the party at her house and cleaning up afterward.

DEAR ABBY: What do you do with a grown man who bathes maybe twice a year, never washes his hair and

doesn't own a toothbrush?
—ASKING IN ASPEN
DEAR ASKING: Nothing.

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Save 30¢ toward the purchase of one can MJB Ground Coffee (any size or grind). GROCER Please redeem this coupon at the face value on one can of MJB Ground Coffee. You will be reimbursed at the face value plus 7¢ for handling, provided you and consumer have complied with the terms of this offer. Coupons may not be accepted or transferred by you. We will not honor redemptions through outside agencies, brokers, etc. Your customer must pay any sales tax. Coupon void where taxed, prohibited or restricted. Invoices showing your purchases of sufficient stock to cover coupons presented for redemption must be shown on request. Cash value .0001¢ per coupon. For prompt redemption mail coupon to MJB Co., P.O. Box 1487, Clinton, Iowa 52732.

Expires April 30, 1981
Limit one coupon per purchase

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Hearty soups helpful in cold of Midwest

By LOUIS SZATHMARY
Chicago Sun-Times

If you'd like to know how cold it can get in Siberia or at the Arctic Circle, fly to Minneapolis, rent a car, and drive to Fairmont, Minn. There I guarantee you will learn the meaning of cold.

I've always wondered why all our "meteorologists" haven't discovered this coldest of our cold spots. It may be that this lovely, thriving farm community, with its vegetable canning and packing industry, is too small to have a weather station.

When I managed product development for Armour & Co. during the late 1950s and early 1960s, I was in charge of co-production between Armour and Stokely-Van Camp. In that capacity, I often would fly to Fairmont. The flights in our converted Lockheed Lodestar were often an adventure in themselves.

When we arrived at the Three Oaks Motel — the only one in town — the management gave us ice picks and shovels to dig out the doorways so we could get into our rooms.

Once inside, the first thing we did was plug in all the electric wall heaters and both electric blankets — the one over the top sheet and the one under the bottom sheet. Then we went out for a steak dinner at the only local restaurant open in the evening.

I believe the owner's wife, who was chief cook and bottle washer, was named Jeanette. She cooked the most marvelous, hearty soups I've ever had in a restaurant.

In a place as cold as Fairmont, hearty soups were decidedly welcome. The management of Stokely-Van Camp came with us to the restaurant for lunch at 10 a.m., and day after day we had a different hearty soup. We started our work at 5 a.m., so we were hungry as wolves by 10. All our work was finished and the plant shut down and tucked away by 3 p.m.

Jeanette gave me some of her hearty soup recipes, and I would like to share with you one I've used many times.

TURKEY CHOWDER

- 1 bunch green parsley
- 1 bay leaf
- 1 rib celery
- 4 pounds turkey wings
- 4 tablespoons shortening
- 1 cup celery, diced to the size of a kernel of corn
- 1/2 cup green pepper, similarly diced
- 1 cup onion, similarly diced
- 2 tablespoons salt
- 1/2 teaspoon freshly ground black pepper
- 2 quarts water
- 1 20-ounce can creamed corn
- 1 20-ounce can whole kernel corn
- 2 to 3 egg yolks
- 1 whipping cream or half-and-half

The parsley, bay leaf, and celery rib together. Wash turkey wings, cover with water, and bring to a boil. Boil 2 to 4 minutes, then pour off water. In a large soup pot, melt shortening. Add diced celery, green pepper, and onion, and half the salt. Cook over high heat, stirring, until vegetables start to brown. Reduce heat, add turkey wings, remaining salt, black pepper, and parsley bouquet. Add 2 quarts water, cover, and simmer 2 to 2 1/2 hours. If water evaporates

excessively through simmering, adjust to original water level in pot by adding more water.

Remove turkey wings and cool. Remove parsley bouquet and discard. Remove turkey meat from bones and discard bones. Return meat to chowder and add both cans of corn. Simmer 15 more minutes.

Mix 2 to 3 egg yolks with cream or half-and-half, and place in bottom of a large soup tureen. Stirring constantly, add a few tablespoons of hot chowder to mixture. Add more hot liquid, then pour in all chowder and serve. Serves 6 to 8.

SOUP KITCHEN OYSTER SPINACH SOUP

- 1 gallon chicken stock
- 1/2 pound onions
- 1/2 pound spinach
- 1 teaspoon nutmeg
- 2 bay leaves
- 3 drops tabasco sauce
- 1/4 pound butter
- 1/4 pound flour
- 1/2 quart milk
- 1/2 quart cream
- 1 quart oysters
- 1 cup sherry

Bring chicken stock to a boil and skim. Dice onions and add to stock. Reduce heat to a simmer. Chop spinach and add to soup. Add nutmeg, bay leaves and tabasco. Cover soup until onions are translucent, which indicates soup is done. Make a roux of flour and butter and add milk and cream. Salt and pepper to taste. Finally, add oysters.

(Serves 16)

Wine tip: If you serve this chowder for lunch, I suggest you start the meal with a glass of good American sherry, such as Paul Masson's Cocktail or Pale Dry. Either is for about \$10 a bottle. Serve it cool but not chilled. Serve the soup with lots of crusty bread or fresh hot rolls, and afterward serve some fruit and cheese with the same sherry you served before the soup.

If you serve the chowder for dinner, try one of the newer American white wines from the Northwest. We have enjoyed several times Chateau St. Michele's Chardonnay from Washington state, which sells for about \$8.25 a bottle. We find it dry with just a bit of bitter aftertaste—which is not unpleasant with a hearty soup like this. The wine complements the mildness of the chowder and eggs you eat to it.

Shopper tip: Some of the best corn in the United States (in the world, for absolutely top-notch quality) can't get the same taste as with a combination of canned creamed corn and canned whole corn.

Although you couldn't do it in Fairmont 20 years ago, today in many places you can buy fresh corn on the cob even in January. If you decide to use it, scraping the kernels off the cob for this chowder, I would nonetheless suggest using the canned creamed corn for at least half the total needed.

Free candy and sweet savings from Nestlé.

Save up to 30¢ on Crunch bars and get a free \$100,000 bar.

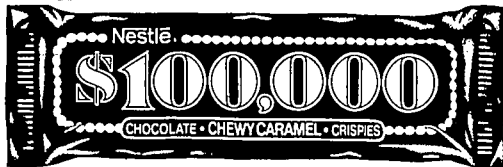
Nestlé Crunch bar—
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Just taste that creamy milk chocolate melody, plus all those harmonious crispy crunchies in every bar. Together, they make sweet music to your mouth. Nestlé Crunch—what a sweet creation.



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Mayonnaise now is popular in cakes, cookies and bread

ENGLEWOOD CLIFFS, N.J. — Everyone has a special cake, some prefer devil's food, others favor angel food, but it's always fun to try something new.

A different technique, an unusual ingredient, can create a surprisingly special effect. Mayonnaise, for example. Although the idea of using mayonnaise in a cake batter goes back many years, it was usually reserved for the classic Chocolate Mayonnaise Cake.

Now mayonnaise shows up in a wide variety of cakes and other baked goods from cookies to breads. In most of them, it serves as a shortening and adds a richness and moistness unique to the addition of this unusual ingredient.

New recipes using mayonnaise in place of shortening are the Apple Cider Spice Cake, which starts with a package of cake mix, Apple Cider, corn starch, (rather than pudding mix), eggs, walnuts, and mayonnaise are added; then baked in a bundt pan producing a cake so moist it need not be frosted. Just dust with confectioner's sugar.

Chocolate brownies take on a moister, richer flavor with the addition of whole chocolate pieces and mayonnaise. These rich fudgy brownies freeze well, requiring very little defrosting.

Quick fruit breads these days come in a wide variety of flavors. Entirely new is Apricot Almond Bread made with dried apricots and chopped almonds and given a tender moist texture by the use of mayonnaise.

APPLE CIDER SPICE CAKE
1 package (18 1/2 ounces) spice cake mix
1/2 cup corn starch
4 eggs
1 cup apple cider or juice
1/2 cup real mayonnaise
2 cups finely chopped walnuts
confectioners sugar
Grease and flour 12-cup fluted tube pan. In large bowl with mixer at low speed stir together cake mix and corn starch until well mixed. Add eggs, cider and real mayonnaise; beat just until blended. Beat on medium speed 2 minutes or until batter is smooth. Stir in walnuts. Pour into prepared pan. Bake in 350 degree oven 1 hour or until cake tester inserted in center comes out clean. Cool in pan 20 minutes. Remove from pan. Cool completely on wire rack. Just before serving, sprinkle with confectioners sugar. Makes 12 servings.

DOUBLE CHOCOLATE BROWNIES
1 package (12 ounces) semisweet chocolate pieces, divided
1 cup unsifted flour
1 teaspoon baking powder
1/2 teaspoon salt
1 egg
1/2 cup real mayonnaise
1/2 cup sugar
1 1/2 teaspoons vanilla
1/2 cup chopped walnuts
Grease 9x9x2-inch baking pan. Melt 1 cup of the chocolate pieces. In small bowl stir together flour, baking powder and salt. In medium bowl with fork beat egg slightly; beat in real

mayonnaise, sugar, and vanilla until smooth. Beat in melted chocolate. Stir in flour mixture. Stir in remaining 1/2 cup chocolate pieces and walnuts. Turn into prepared pan. Bake in 350 degree oven 25 to 30 minutes. Cool completely in pan on wire rack. Makes 16 squares.

APRICOT ALMOND BREAD
2 1/2 cups unsifted flour
1/2 cup sugar
1/2 cup blanched almonds, coarsely chopped
1 tablespoon baking powder
1/4 teaspoon salt
1 1/2 cups chopped dried apricots
2 eggs
1/2 cup water
1/2 cup real mayonnaise
1 1/2 teaspoons almond extract
Grease and flour 9x5x3-inch loaf pan. In large bowl stir together flour, sugar, almonds, baking powder and salt. Stir in apricots. In small bowl with fork beat eggs slightly; beat in water, real mayonnaise, and almond extract until smooth. Add to flour mixture; stir just until moistened. Turn into prepared pan. Bake in 350 degree oven 50 to 60 minutes or until cake tester inserted in center comes out clean. Cool in pan 10 minutes. Remove from pan. Cool on wire rack. Wrap in foil or plastic film and store 1 day before slicing. Makes 1 loaf.



Apple Cider Spice Cake, made with real mayonnaise, is so moist it needs no frosting

Bank executive will address 'Network'

TWIN FALLS — Helen McCallie, senior vice president of Twin Falls Bank & Trust, will be guest speaker at Network Magic's monthly meeting Wednesday.

The meeting will be held at 7:30 p.m. at Willetta Enterprises, 116 8th St. S.

McCallie, a veteran of 35 years of banking, will speak on "Women and Finance: How to Set Up Your Own Business." She will discuss financial angles commonly used by men in business, but which are generally unfamiliar to women. A question period will follow.

Leadership for Network Magic was decided at the December meeting. Assuming office through June are Mary Lou Jeno and Melody Lenkner, who will act as co-chairwomen and schedule speakers. Jeno is co-owner of New Beginnings beauty salon and Lenkner, a speech therapist, is a co-owner of Lenkner, Michener & Associates.

Jan Mitteldeier will serve as treasurer. Mitteldeier is an associate professor of physical education at the College of Southern Idaho and a facilitator at the Sun Valley Health Institute.

Shauna Williams, the secretary, is executive secretary and bookkeeper

at Willetta Enterprises. Publicity will be handled by Trudi Tario, director of the research department at Willetta Enterprises. Willetta Warberg has contributed the facilities and supplies of Willetta Enterprises for the monthly meetings.

Beginning in February, Network Magic will hold its meetings on the third Wednesday of each month. The following speakers and topics have been scheduled:

* Feb. 18, Susan Mudgett on "Handling Stress." Mudgett is a reflexologist and masseuse at Miracle Hot Springs in Buhl.

* March 18, Mary Lou Jeno on "Yoga." The co-owner of New Beginnings is also an instructor of yoga at CSI.

* April 15, Mary Ann Fisher on "Personality Typing." Fisher is associate professor of physics at CSI.

* May 20, Koolean Lytle on "Real Estate." Lytle is the owner of Spring Creek Realty. Network Magic supports women in the workplace, provides business and professional contacts, and disseminates job information and opportunities. All interested women are invited to attend. For further information, call 734-8684.

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2 Litre Soft Drinks
"The Big Bottle At The Little Store"
Coke
Tab, Sprite, Fresca
\$1.19

ELEVEN
FOOD STORES

MOST STORES OPEN 24 HOURS

Jerome honor roll

JEROME — Honor roll students for the second quarter in the Jerome high school have been named by school officials:

Freshmen honor students include those with all grades, Scott Hogarty, Laird, Irina, Lova, Joanne Nishimoto, Kim Schlund and Roberta Simmons.

Those with A and B grades are Jane Beukers, Jennifer Brant, Lisa Dalton, Lori Duncan, Kevin Emberton, Ronnie Farnsworth, Mark Hurst, Gary Huber, LeAnn Jackson, Jani James, David LaCelle, Robert Larsen, Jennifer Love, Todd Martin, Wendy Mowry, Brenda Mulder, Lynda Nielsen, Christina Nutsch, Troy Prairie, Kevin Redd, Julie Rieddorf, Ryan Roberts and Daniel Steffen.

Sophomores with all A grades are Aleta Bates, Tammy Blades, Mark Ireton, Dan Laird and Laurie Lickley. Those with A and B grades are Beverly Adkins, Laura Clark, Mark Cobble, Mike Cobble, Barrett Craig, Roger Gaboury, Kimberly Gore, Karleen Hepworth, Rachelle Miller, Samantha Ogden, Lisa Scheer and Anne Weigle.

Juniors with all A grades are Kristen Grace, Doug Jones, Kim-

berly Lierman, Bobbi McKean and Marge Marshall.

Those with A and B grades are Kevin Ahrens, Dan Beukers, Julie Braun, Laurie Brown, Doug Carrell, Susan Chojnacky, Lynda Harwood, Sandra Madsen, Robin Mein, Michael Mogensen, Brett Murrell, Darin Nutsch, Dan Nutsch, John Rucker, Scott Weigle and John Wong.

Seniors with all A grades are Jeff Barry, Nancy Butters, Lisa Emberton, Brian Fluegal, Julia Hosman, Cynthia May, Corbin Miller, Sally Mobley, Jan Mogensen, Kathy Petruzzelli and Larry Tanner.

Students with A and B grades are Dianne Alves, Pat Amoureux, Heather Blom, Lisa Burnham, Shari Camp, Miles Cunningham, Colleen Doherty, Sandra Fernandez, Ana Ferre, Clint Foote, Kevin France, Katy Gunning, Don Heuer, Ron Heuer, Lisa Hill, Dawn Holland, John Huber, Anna Humphrey, Gloria Hunter, Connie Johnson, Richard Johnson, Lori Kiser, Judy Lewis, Jody McLean, Sandra Maricle, Dave Martin, Vicki Meyers, Mel Moudy, Rita Nutsch, Eileen Orchard, Tim Ostie, Matt Pennington, Lonnie Robinson, Roy Studviny, Scott Stultz, Rand Tolman, Monte Wilson and Andy Wong.

Service news

BURLEY — Master Sgt. Ronald A. Demaughel, son of Mr. and Mrs. Augustine Demaughel of Burley, has arrived for duty at RAF Upper Heyford, England.

Demaughel, a chapel management specialist, was previously assigned at McClellan Air Force Base, Calif.

JEROME — Marine Lance Cpl. Nichol Garcia, son of Jessie Garcia of Jerome, has been awarded a Meritorious Mast while serving with Seventh Motor Transport Battalion, Marine Corps Base, Camp Pendleton, Calif.

Meritorious Mast is official recognition from an individual's commanding officer for superior individual performance. It is issued in the

form of a bulletin published throughout the command, and a copy is entered in the individual's permanent service records. He joined the Marine Corps in May 1979.

GOODING... Navy Interior Communications Technician First Class Jay A. Wood, son of Hubert R. and Clara A. Wood of Gooding, has returned from a deployment to the Western Pacific.

He is a crewmember aboard the destroyer USS Hewitt, homeported in San Diego.

A graduate of Gooding High School, Wood joined the Navy in June 1973.

Prices effective through Feb. 1st at all participating stores in Idaho



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\$1.69
64-oz. Btl.



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Extra-Fresh Bakery Specials!

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CRACKED WHEAT BREAD ... 1 1/2 loaf **69¢**

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Sun. 9 a.m. - 9 p.m.

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4 for **89¢**

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SNACK CAKES ... 4 for **99¢**



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Bring this coupon to Buttrey's with any manufacturer's "Cents Off" coupon and get **TWICE** the savings! This offer does not include "retailer", "free", or "Mail-In" coupons and is not to exceed the value of the item. Limit one Buttrey's Double Coupon per "Cents Off" coupon. Limit 3 Double Coupons per customer.

Buttrey One Two
EXPIRES **TUES. FEB. 3, 1981**
No Double Coupons on Cigarettes

HERE'S HOW IT WORKS:
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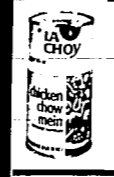
Tree Top
APPLE JUICE
46-oz. Tin **89¢**



12 oz. Cans Pop
PEPSI
6 Pack **\$1.49**
• Diet Pepsi
• Pepsi Light
• Mtn. Dew



LaChoy Bi-Pack
DINNERS
42-oz. Tin **\$1.79**



GE Standard
LIGHT BULBS
4 Pack **\$1.39**



Kraft
MAYONNAISE
32-oz. Jar **\$1.43**



Clover Club
TORTILLA CHIPS
7-oz. Pkg. **79¢**
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Buttrey's Soft
MARGARINE
1-lb. Tub **55¢**
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CHUNK TUNA
6 1/2-oz. Tin **89¢**
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FRYERS
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CUT-UP FRYERS
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Ital. Saus., Pop., Combo
MR. P's PIZZAS ... Each **98¢**
Variety Pak
PORK CHOPS ... lb. **\$1.59**
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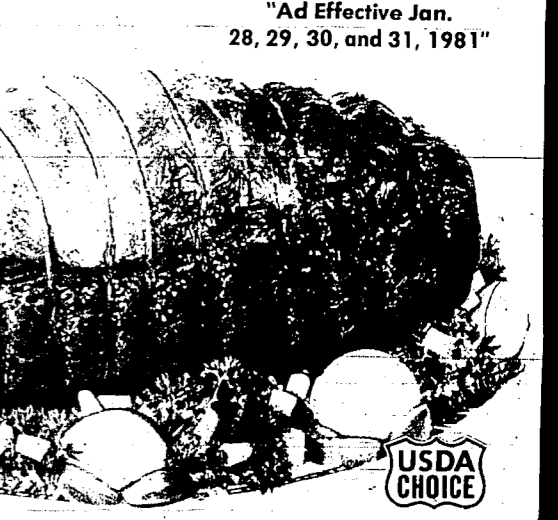
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"Ad Effective Jan. 28, 29, 30, and 31, 1981"



Even though former killer diseases now readily cured

Personal discipline is necessary for health

Editor's Note: This is the first in a series of 15 articles exploring "The Nation's Health." In this article, microbiologist Rene Dubos discusses the potential and limits of modern medicine. This series, written for Courses by Newspaper, a program of University Extension, University of California, San Diego, was funded by a grant from the National Endowment for the Humanities.

By **W. Lester Breslow**
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The Nation's Health

COURSES BY NEWSPAPER

would never have suffered from rheumatic heart disease. In fact, as a result of modern medicine, this type of heart condition is becoming rare.

Changing causes of death
Until the end of the last century, a very large percentage of young people suffered and died from malnutrition and infection. Today, in contrast, poor nutrition is no longer a significant problem in the United States except among very poor people or in fringe social groups.

The most destructive microbial plagues of the past have now been essentially brought under control. For example, tuberculosis, lobar pneumonia, streptococcus infections, typhoid fever, dysentery, smallpox, poliomyelitis, and measles can either be prevented by sanitation and vaccination or cured by drugs. As a result of the control of nutritional and microbial diseases, the causes of death are now completely different from what they were half a century ago.

For people under 40, the chief causes of death are no longer diseases, but homicide, suicide, automobile accidents, and other forms of violence. After age 40, although deaths from violence continue to be common, more and more people die from a small variety of chronic and degenerative diseases, particularly arteriosclerotic heart disease, strokes, various forms of cancer and cirrhosis of the liver.

The various causes of death now affect similarly black and white people in the United States, but their prevalence differs profoundly from one part of the world to another and changes with time. During the 1970s, for example, the death rate from coronary heart disease was 10 times higher in the United States than in Japan.

As is well known, lung cancer has been extremely high in American men for several decades, and is beginning to increase in women, almost certainly as a result of smoking. In contrast, cancers of the stomach and of the uterus have markedly decreased in the United States, whereas they have remained high in several other countries.

Health and the environment
Such differences and changes in the prevalence of fatal diseases make it obvious that these diseases are not the inevitable consequences of aging but are largely determined by environmental factors. This conclusion is

supported by the fact that ethnic groups who adopt American ways of life also acquire the disease patterns characteristic of Americans.

Social relationships are other aspects of the environment that affect health and disease. People who are single, widowed, divorced, dissatisfied with their jobs, or undergoing life changes are more likely to need medical care than are people with a more satisfying life.

Thus, a person's state of health seems to be influenced by lifestyles and the quality of the environment. To a large extent we create our own environmental pollution when we smoke or eat junk food; many forms of stress come from our being envious of others or too ambitious.

Control of disease
Nutritional and microbial diseases that used to be common in the past can be controlled by methods requiring little effort on the part of the person to be protected or treated, by adding chlorine to public water supplies, giving appropriate vaccines, administering a drug, supplementing food with vitamins.

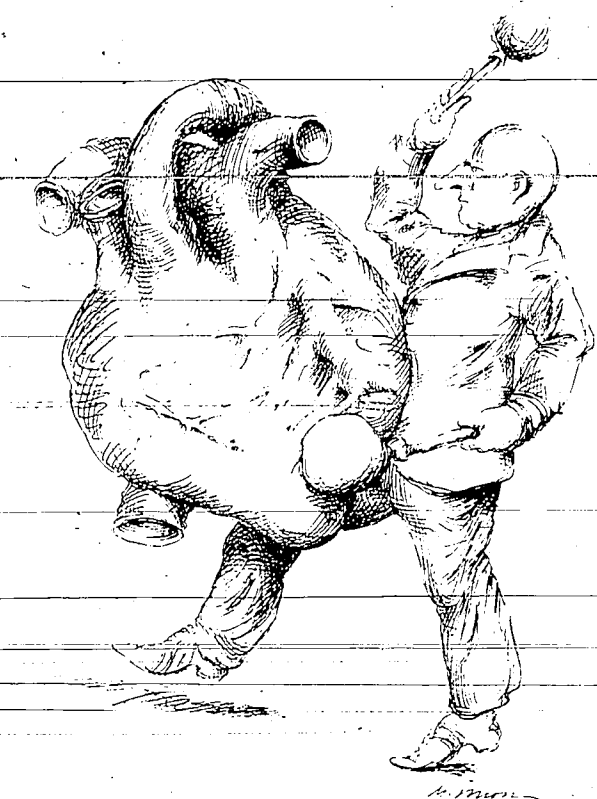
In contrast, it takes personal responsibility and a sense of discipline to control, over a whole lifespan, one's food and alcohol consumption, cigarette smoking, driving habits, physical exercise and equanimity toward other people.

There are good reasons to be skeptical about the possibility of changing human behavior, but there are also reasons for hope. For example, deaths from heart disease, which had steadily increased since the beginning of the century, began to decline in the 1960s and have continued to decline ever since.

This improvement may be due in part to the use of drugs against hypertension and to better handling of heart attack victims, but changes in our way of life have probably also played a role. Cigarette smoking has markedly decreased among adult men (although it is increasing among women and teen-agers); we have appreciably reduced the saturated fatty acids in our diet; and we may have increased our physical activity, as indicated by the popularity of jogging and other active sports.

The ideal goal of medical intervention is, of course, either to prevent disease or to achieve complete cure. There are many situations, however, in which medicine can contribute to the welfare of people, even though it cannot prevent or cure disease.

Medical care can relieve symptoms, for example, by treating



Coors, Inc. photo illustration coordinated with the Washington Post Writers Group

A generation ago, there was almost universal faith in the miraculous power of modern medicine.

There have been numerous spectacular medical advances since then, yet, paradoxically, it has become fashionable to downgrade the contributions of medicine to health.

Several learned physicians have even stated that the steady improvement in public health in this century has been brought about not by medicine, but by improvements in sanitation, nutrition, housing and our general standard of living.

There is some truth in that statement. But it is also true that several diseases that used to kill large numbers of people can now be readily cured, thanks to modern medicine. I shall use my own life as an example.

I was almost 79 years old when I wrote these lines. I walked several miles every day in any kind of weather. I climbed three flights of stairs to my office and had many national and international activities, carrying my own luggage wherever I traveled.

All this sounds as if I had always been in perfect health. But in fact, I have been medically handicapped throughout my life.

At age 8, I contracted a severe sore throat and developed acute rheumatic fever that resulted in a heart lesion, at the aortic valve. This lesion is still with me and has made me a cardiac cripple, preventing me from playing the conventional games.

Some 10 years ago, I developed bacterial endocarditis, an inflammation of the heart membrane. This disease used to be uniformly fatal, but I recovered because it can now be successfully treated with antibiotics.

I have had several attacks of atrial fibrillation, an irregular muscle fibrillating right now. After each episode, I have tried to rehabilitate myself by progressively increasing my physical activities. I have been so successful that at age 78, before my last attack of fibrillation, I was physically more vigorous than ever before.

My medical history would have been very different had I been born 50 years later. Laboratory tests would have shown that my initial sore throat was caused by a hemolytic streptococcus, and that I would have known that infection with this microbe commonly leads to rheumatic fever. I would have been immediately treated with an antibiotic and

Questions on health article 1

- Questions:
1. What were the major causes of death prior to the 20th century, now under control?
 2. What are the chief causes of death today for people under 40? Over 40?
 3. What factors largely determine a person's state of health today?

4. Besides preventing diseases and achieving cures, how can medicine contribute to the welfare of people?
- Answers:
1. Malnutrition and microbial diseases.
 2. Forms of violence; chronic and degenerative diseases.
 3. Lifestyles and the quality of the environment.
 4. Medicine can relieve symptoms, facilitate rehabilitation, and relieve anxiety.

Group issues burn alert

NEW YORK (UPI) — The Shriners fraternal organization has issued the group's annual "burn alert" to warn about the danger tens of thousands of children face of being scalded by hot tap water, especially in their bathtubs.

Dr. F.T. H'Doubler, who heads the international fraternal and philanthropic organization, says he has estimated 2 million Americans suffer serious burns each year, chiefly in their own homes. Kitchens and bathrooms are the most dangerous areas — two-thirds of the serious burns children sustain are in these areas, and the bathtub is the scene of most fatal scalds.

Dr. H'Doubler warned that it takes less than three seconds to receive second or third degree burns from 145-degree tapwater — and that most home water heaters are set at 140 to 150 degrees.

Former President Gerald F. Ford, a Shriner, said, "Burns claim more pre-schoolers' lives than any infectious disease. Work by Shriner medical experts has taught us all too well that the most important element in burn prevention, and 75 percent of the burns that occur daily are preventable."

The Shriners suggest lowering settings on home water heaters to between 120 and 130 degrees; plus close supervision of small children at all times in the bathroom and kitchen and when they are around hot beverages.

The Shriners operate 21 hospitals through the nation, including three burns institutes in Boston, Cincinnati, and Galveston.

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Next week: Dr. Lester Breslow, Dean of the School of Public Health at the University of California, Los Angeles, discusses how and why our health has been improving.

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MR. AND MRS. STEVEN DONALDSON

Casados-Eggink

TWIN FALLS — Renae Casados and Bryan Eggink exchanged wedding vows Dec. 18 at the Twin Falls Reformed Church.

The bride is the daughter of Mr. and Mrs. Joe Casados. The bridegroom is the son of Mr. and Mrs. Nelvin Eggink, all of Lakewood, Calif.

The bride wore a gown of chantilly lace with a fingertip veil. Her bouquet consisted of red and white carnations.

Cindy Casados, sister of the bride, was matron of honor. Bridesmaids were Holly Eggink and Helde Koolstra.

Bruce Eggink, brother of the bridegroom, was best man. Ushers were Dick Vandermeer and Jeff Hartman.

Receptions were held at the church following the ceremony and at later at the bridegroom's home.

The bride is a graduate of Wilson High in Long Beach, Calif., and the bridegroom is a graduate of Valley Christian High in Artesia, Calif.

Upon return from a trip to Sun Valley the couple will reside in Twin Falls where the bridegroom is employed with Nelvin Eggink and Sons Dairy.

JEROME — Donna Peterson and Richard E. Vawser exchanged wedding vows Jan. 10.

Les Peterson of the Valley Christian Church officiated the ceremony with Julia Bingham as organist. Soloists were David and Debbie Mullins.

The bride is the daughter of Mr. and Mrs. Don Ellis Peterson of Jerome. Mr. and Mrs. Richard L. Vawser of Hansen are the parents of the bridegroom.

The bride wore a gown of satin and sheer crepe with a lace bodice. Her bouquet consisted of silk carnations, roses and daisies.

Matron of honor was Sherry Davis, sister of the bride. Bridesmaids were Diane Hoyer and Cathy Humphrey.

Chuck Vawser, brother of the bridegroom, was best man. Larry Peterson was the usher. Ringbearer was Bradley Hoyer and Heather Vawser was flower girl.

A reception followed at the Valley Christian Church. Valerie Peterson and Sharon Vawser served the cake and punch.

The bride, a Jerome High School graduate, is employed at Tupperware. The bridegroom is a graduate of Hansen High School and works at Switts and Co. Inc.

TWIN FALLS — Kandace Semple and Steven Donaldson exchanged wedding vows Jan. 3 at the First Church of the Nazarene.

The Rev. Aaron Knapp officiated.

The bride is the daughter of Mr. and Mrs. Robert C. Semple of Twin Falls. The bridegroom is the son of Dr. and Mrs. Howard A. Donaldson of Rupert.

The bridal gown was made of white satin with a full length lace overlay, a queen-ane neckline and lace sleeves. The bride carried a bouquet of blue and white silk roses.

Nancy Donnelly was maid of honor. Bridesmaids included Kim Roseau, Evonne Ramos and Heather Semple, sister of the bride. Kelli-Anne and Andrea Donaldson, sister of the bridegroom, served as candlelighters, and Janice Itamos was flower girl.

Best man was Alfred Donaldson.

brother of the bridegroom. Groomsman were Marty Donaldson, Kevin Cannors and Brett Semple, brother of the bride. Nathan Grubbs served as ringbearer.

Organist was Scott Carmack. Pianist was Maxen Evans. Soloists included Helaine Boylan and Wendy Nixon accompanied on the guitar by Rich Nixon.

Melody Belcher registered guests with Michelle Peterson and Ann Brockway taking gifts.

A reception followed the ceremony. Serving at the bridal table was Terry Gibson, Sherry Owings, Koby Smalley and Melody Belcher.

Special guests were Mrs. Elsie Jarvis of American Falls and Mrs. Francis Latin of Mesa, Ariz., both grandparents of the bride. The couple will reside in Nampa.

Peterson-Vawser

Semple-Donaldson

Briggs-Strawser

TWIN FALLS — Cherri Briggs and Kirk Strawser of Twin Falls exchanged wedding vows Jan. 10.

The candlelight ceremony was held at the First United Presbyterian Church with the Rev. Robert Van-Nest officiating.

The bride is the daughter of Mr. and Mrs. Warren G. Briggs. The bridegroom is the son of Dr. and Mrs. Roy Strawser, all of Twin Falls.

The bride wore a strapless gown of white velvet, long white gloves and a floor length veil. She wore a neck corsage of one red rose held by a white lace choker and carried a bouquet of red roses, stephanianes and gardenias.

Vicki Nelson, the bride's sister, was matron of honor. Bridesmaids were Wendy Peininger and Chris

Strawser, sister of the bridegroom.

John Carter was best man. Groomsman were Steve Briggs, brother of the bride, and Kaui Hookano. Chris Nelson, nephew of the bride, was ringbearer.

Mary Walker was soloist. A reception was held at the Littletree Inn with music by Sweet Country Air.

Ann and Cathy Briggs, and Pat Stephan-Faucett were in charge of gifts.

Mrs. Robert Stephan and Pat Stephan-Faucett gave a bridal luncheon at the Littletree Inn, and the parents of the bridegroom hosted a rehearsal dinner.

After a two week trip to the West Indies the couple will reside in the Seattle area.



MR. AND MRS. KIRK STRAWSER

Bixler-Richardson

TWIN FALLS — Terry Ann Bixler and John Chester Richardson exchanged wedding vows Dec. 1.

The ceremony, performed by the Rev. Warren Sapp of St. Mark's Episcopal Church, was held in the living room of the bridegroom's grandmother, Mrs. Chester M. Kennedy.

The bride is the daughter of Mr. and Mrs. Jack Bixler of Twin Falls and the bridegroom is the son of Mr. and Mrs. Johnnie Richardson of Madras, Ore.

The bride wore a princess style white satin gown trimmed in seed pearls and full train which had been worn by her mother-in-law and sister-in-law. Her shoulder length lace veil, held by a crescent-shaped cap, was fashioned by Lin Neumann. Her bouquet was a cascade of red roses and blue daisies.

Christy Lofling and Nancy Thornton of Madras attended the bride while Doug Lofling and Dale Thornton acted as groomsmen. Linda Hall, niece of the bridegroom, was ringbearer.

Lyle Specht, uncle of the bridegroom, played the traditional wedding music and Jack Mulder, cousin of the bridegroom, lit the candles.

Jodi Hall, niece of the bridegroom, was in charge of the guest book.

A champagne reception was held following the ceremony. Mrs. Leroy Lancaster, great aunt of the bride, cut the three-tiered cake, while Mrs. Daye Hall, sister of the bridegroom, Mrs. Lyle Specht, aunt of the bridegroom, and Mrs. Mark Mulder, cousin of the bridegroom, served punch and coffee.

Special guest were their grandparents, Mr. and Mrs. Don Sapp of Phillet, Mr. and Mrs. John Richardson of Lakview, Ore., and Mrs. Chester M. Kennedy of Madras.

The bride is a 1972 graduate of Twin Falls High School and attended the College of Southern Idaho. She has spent the past year as a nurse at Mountain View Hospital in Madras.

The bridegroom is a 1971 graduate of Madras High School and attended Mt. Hood Community College in Gresham. He has been associated with his parents in the ranching and agate business for the past eight years.

After returning from a short trip to Kah-Ne-Ta and Portland the couple is making their home at the Richardson Ranch where they are both associated with the family ranching business.

Daily recipe

JANE OSBORNE
Route 1, Hagerman

EASIEST EVER WHOLEWHEAT PANCAKES

- 1 cup wholewheat kernels
- 3/4 cup cool water
- 1/2 cup milk
- 3 egg yolks
- 1 tablespoon honey
- 1 tablespoon melted butter or oil
- 1/4 teaspoon salt
- 1/2 teaspoon baking powder
- pinch of soda
- 3 egg whites

Soak kernels in cool water overnight. Next morning, place soaked, drained kernels and milk in blender. Run for 5 minutes (medium). Then add egg yolks, honey, melted butter, salt, baking powder and soda. Cover and run blender one minute. Then pour into a large bowl and fold in the stiffly beaten egg whites. Fry on hot greased griddle.

Hot muffins make hit anytime

Piping hot muffins make a hit at any meal. Try these quick apple muffins with a luncheon salad, or a pork roast dinner. Prepare 1 package corn muffin mix according to package directions and place in muffin tins. Core 1 Golden Delicious apple and cut into thin slices. Roll apple slices in 2

tablespoons sugar and 1/4 teaspoon cinnamon. Press narrow edge of three slices into top of each muffin. Bake according to directions.

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Learn how to make low-calorie foods you like more appetizing

By BEV BENNETT
© Chicago Sun-Times

January is traditionally the month in which people atone for December's sins of gluttony.

Those excess pounds made up of egg nog, fruitcake, turkey stuffing, cookies and candies have taken their toll on the waistline.

For all of you who follow this December-fest — January-famine routine every year but never seem to return to pre-holiday weight, who just can't stick to a diet of carrot sticks and mock spaghetti made from shredded celery, there's someone you should know.

His name is Bruce Wolfson, a 28-year-old lawyer who lost 25 pounds in high school and has kept the weight off despite his enjoyment of cooking, entertaining and most of all, eating.

The charming, attractive bachelor has a relatively painless approach to dieting.

Instead of following an impersonal, rigid list of dos and don'ts, Wolfson made up a list of all the low-calorie foods he liked and learned how to make them more appetizing.

"It was like a jigsaw puzzle," said Wolfson, who first put on the excess weight following Julia Child's recipes on television, and has since been "working on keeping it off interestingly."

That he's been successful is evident. He is 5 feet, 6 inches and weighs 140 pounds.

"I eliminated red meat from my diet since it was a problem for me, and focused on fruits and vegetables,"

At one time starches were excluded, but Wolfson now has rice, potatoes and pasta as part of his meals — without the fattening butter or cream.

Among his favorite low-calorie foods that he has made more appetizing are vegetables.

"Everyone in my family cooks, and we always had a lot of vegetables in the menu," Wolfson said.

What he objects to most in standard diet recipes is that dishes are altered to resemble the more fattening ones but suffer by comparison.

"My idea is to look at the purpose of the fattening ingredient in a recipe and see what else (with fewer calories) will do the same thing," Wolfson said.

For example, he rarely uses artificial sweetener in place of sugar for a dessert recipe.

"Artificial sweeteners taste artificial. If a food requires artificial sweetener to be good, I won't use it," he said.

Instead, he sweetens desserts with fruit juices, which accent the desserts with a natural flavor.

Wolfson, explaining how he creates his low-calorie recipes. "It's used to make the mousse lighter. What else will do the same?"

The answer he came up with for his recipe was egg whites, a difference in taste the dieter will never miss.

"Don't take classic dishes and strip them down," said Wolfson, "but make something new that's low-caloried."

To aid the January dieter, he shared his best tips.

"Use fruit juice instead of sugar or artificial sweetener if you want to make a sweet dessert.

"Experiment with yogurt for sauces in place of sour cream as an ingredient or dip. Yogurt goes in all kinds of wonderful things.

"Use lots of herbs and lots of peppers — Tabasco, white and black pepper and good Hungarian paprika — that's the best of all."

"When I shop, I only buy good, nutritious food. I won't allow other foods in the house.

"Since not all of my friends are watching their weight and I entertain, I bring the fattening foods into the office the next day. I don't want those foods around to tempt me."

blender or food processor. Blend until onion is completely chopped. Add salmon and blend until smooth. Add mayonnaise and blend until mixed.

Whip cream until stiff and fold into salmon mixture. Chill in well-oiled mold (use vegetable oil) for at least 5 hours. Unmold.

Garnish with sliced lemon, capers, cucumbers, tomatoes, etc. Serves 6.

Diet hint: Substitute 1/2 cup plain yogurt for the mayonnaise and 2 stiffly beaten egg whites for the whipped cream.

If you would like a cold sauce to go with the salmon, chop 1 small cucumber and drain excess liquid. Stir into 1 cup plain yogurt and season with dill, paprika, pepper and a pinch dry mustard. A little hot red pepper sauce is nice, as are a few capers. Use your imagination.

Time: several hours
Cost: about \$1.10 (without garnishes)

1 tablespoon unflavored gelatin
1/2 cup boiling water
2 tablespoons lemon juice

1 small onion
1/2 teaspoon salt
1 teaspoon dill (dried, if fresh, use more to taste)

1/4 teaspoon paprika (Hungarian is much better than Spanish)

1 1-pound can salmon, drained
1/2 cup mayonnaise
1/2 cup whipping cream

Sliced lemon, capers, cucumbers, tomatoes, mushrooms, olives and anything else for garnish

Combine gelatin, water, lemon juice, onion, salt, dill and paprika in

blender or food processor. Blend until onion is completely chopped. Add salmon and blend until smooth. Add mayonnaise and blend until mixed.

Whip cream until stiff and fold into salmon mixture. Chill in well-oiled mold (use vegetable oil) for at least 5 hours. Unmold.

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Time: about 15 minutes
Cost: less than \$3.50

1 cup unsweetened fruit juice (I like apple)

1 teaspoon cinnamon
2 tablespoons sugar or brown sugar (or equivalent in artificial sweetener), optional

4 bananas
1/2 cup rum for other liquor of your choice

1 quart plain yogurt flavored with vanilla and cinnamon (you may

add artificial sweetener if necessary)

Heat fruit juice, cinnamon and sugar, if used, in frypan. Add bananas and saute until tender. Add liquor and flame, stirring until flame burns out. Serve over yogurt. Makes 4 servings.

Time: about 35 minutes
Cost: about \$2.75

2 10-ounce packages frozen spinach
2 tablespoons lemon juice
1/2 teaspoon nutmeg

1/2 cup plain yogurt
Salt and white pepper to taste

6 artichoke hearts, cut in quarters
6 poached eggs
Lemon juice
Parsley sprigs
Paprika

Defrost spinach and cook only until heated through. Drain off excess moisture. Stir in lemon juice, nutmeg, yogurt, salt and pepper. Place spinach mixture on serving platter or 6 individual plates. Arrange artichoke sections on spinach and center poached egg on each artichoke heart. Sprinkle additional lemon juice over top and garnish with parsley and paprika. Makes 6 servings.

Time: about 15 minutes
Cost: less than \$3.50

1 cup unsweetened fruit juice (I like apple)

1 teaspoon cinnamon
2 tablespoons sugar or brown sugar (or equivalent in artificial sweetener), optional

4 bananas
1/2 cup rum for other liquor of your choice

1 quart plain yogurt flavored with vanilla and cinnamon (you may

add artificial sweetener if necessary)

Heat fruit juice, cinnamon and sugar, if used, in frypan. Add bananas and saute until tender. Add liquor and flame, stirring until flame burns out. Serve over yogurt. Makes 4 servings.

Time: about 35 minutes
Cost: about \$2.75

2 10-ounce packages frozen spinach
2 tablespoons lemon juice
1/2 teaspoon nutmeg

1/2 cup plain yogurt
Salt and white pepper to taste

6 artichoke hearts, cut in quarters
6 poached eggs
Lemon juice
Parsley sprigs
Paprika

Defrost spinach and cook only until heated through. Drain off excess moisture. Stir in lemon juice, nutmeg, yogurt, salt and pepper. Place spinach mixture on serving platter or 6 individual plates. Arrange artichoke sections on spinach and center poached egg on each artichoke heart. Sprinkle additional lemon juice over top and garnish with parsley and paprika. Makes 6 servings.

Time: about 15 minutes
Cost: less than \$3.50

1 cup unsweetened fruit juice (I like apple)



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ON A 32 OZ. OR 44 OZ. BOTTLE OF HEINZ KETCHUP.

50¢

DEALER: Send this coupon after redemption to H. J. Heinz Company, P.O. Box 1649, Elm City, N.C. 27829 for reimbursement of 50¢ plus 7¢ handling. Invoices proving purchase of sufficient stocks of Heinz Ketchup to cover coupons presented must be shown upon request. Failure to do so will void all coupons. Coupons non-transferable. Sales tax must be paid by customer. Void where prohibited, taxed or restricted. GOOD ONLY ON HEINZ KETCHUP. ANY OTHER USE CONSTITUTES FRAUD. OFFER EXPIRES 2/28/82. OFFER LIMITED TO ONE COUPON PER PURCHASE.

STORE COUPON 110681

SAFEWAY

PRICES GOOD JAN. 28-31, 1981

\$200 CASH REFUND! when you buy any 3

Cough Drops 69¢
Cherry Honey Lemon, Mentholplus, Ice Blue 30 COUNT

Antacid Tablets \$1.69
Rolaids Regular 75 COUNT

Efferdent \$2.49
25¢ Off Reg. 2.99 96 COUNT

Mouth Wash \$1.59
Listerine & Listerine Cinnamon 12 OUNCE

Sinutab 30's \$2.69
30 COUNT

Mouth Wash \$2.89
Listerine Antiseptic SAVE 40¢ 32 OZ.

GET DETAILS AT YOUR SAFEWAY STORES

Schick Injector Blades \$3.29
Platinum - 30 COUNT

EVEREADY

HEAVY DUTY BATTERIES

9 Volt 2 pack \$1.69
9 Volt each \$1.19
"D" Size 2 pack 99¢
"C" Size 2 pack 99¢
"AA" Size 4 pack \$1.39

SAFEWAY



IT'S SAFEWAY FOR SAVINGS

ON FAMOUS NAME BRANDS YOU KNOW AND DEPEND ON!

OUR SHELVES ARE LOADED WITH THESE GREAT BUDGET SAVERS!

Garbage Bags
 Glad Super Large 20 ct. **\$1.39**

Garbage Bags
 Glad Super Large 20 ct. **\$2.39**

Trash Bags
 Glad 20 ct. **\$2.79**

Salad Oil
 Crisco 128 oz. **\$6.63**

Laundry Detergent
 Dash King 100-oz. **\$3.50**

BIG VALUES IN SMALL PRINT!

- Margarine Blue Bonnet Family Bowl 16 oz. 77¢
- Margarine Fleischmann's, Soft 16 oz. 99¢
- Lender's Bagels Plain & Onion 12 oz. 77¢
- Twice As Fresh Assorted .95 oz. \$1.17
- Pancake Syrup Slaye Natural 24 oz. \$1.35
- Banquet Dills Nalleys, Baby 22 oz. \$1.27

ENTER THE UNITED CEREBRAL PALSY SWEEPSTAKES

COMTREX LIQUID 6-oz. bottle **\$2.29**

Excedrin CAPSULES 40-count **\$2.19**

COMTREX CAPSULES 36-count **\$2.99**

COMTREX TABLETS 50-count **\$3.19**

Arthritis Strength BUFFERIN 100-count **\$2.99**

nasal spray YOUR CHOICE 5-oz. **\$1.49**

Excedrin P.M. 30-count **\$1.49**

Excedrin TABLETS 60-ct. **\$1.89**

Vitalis 7-oz. bottle **\$2.45**

BODY ON TAP Shampoo or Conditioner 11-oz. bottle **\$2.09**

TICKLE YOUR CHOICE 2-oz. size **\$1.85**

ban ROLL ON DEODORANT 2.5-oz. **\$2.09**

BUFFERIN ANALGESIC TABLETS 60-count **\$1.89**

PICK UP YOUR SWEEPSTAKES ENTRY BLANK AT SAFEWAY

Dishwasher Detergent
 ELECTRA-SOL 20c off label 85-oz. **\$2.49**

Grape Juice
 Welch's 40-oz. **\$1.89**

Laundry Detergent
 Tide Giant Size 15c Off Label 49-ounce **\$1.82**

Schillings Ground Black Pepper 4-oz. can **\$1.29**

Sucret Regular, Children's, Mentholated 24 count **\$1.59**

Hold Adult Cough Suppressant 10 count **\$1.09**

Vicks Inhaler Cello Wrapped .007 oz. **\$1.19**

Rolaids Antacid Tablets Regular, Epermin, Wintergreen 36 count **79¢**

Close-up Toothpaste 6.4 oz. **\$1.39**

Hair Cream Brylcreem, Imperial 6.5 oz. **\$2.69**

Disposable Bottles Playtex 80 ct. **\$1.99**

Playtex Trial Kit ca. **\$1.29**

SINE-OFF Capsules Sine-Off Extra Strength 20-ct. **\$2.49**

SAFEWAY HAS ALL THE GREAT NAME BRANDS

Schick Injector Blades Schick Platinum 15-ct. **\$3.29**

Anti-perspirant Right Guard 4-oz. **\$1.69**

Decongestant Neo-Synephrine II Long Lasting 5-oz. **\$1.99**

Neo-Synephrine 1/4 Spray .75-oz. **\$1.79**

Neo-Synephrine 1/4 Nose Drops 1-oz. **\$2.89**

See Store Display for Details SUPER BOWL GAME

Cartridge Atra 5-ct. **\$1.69**

Cartridge Gillette Trac II Twin Blade 9-ct. **\$2.89**

Razors Gillette Trac II ca. **\$3.39**

Super II Schick, 40c off label 9-ct. **\$2.49**

Deodorant Right Guard, Bronze 5-oz. **\$1.89**

Deodorant Right Guard Stick, Reg.-Lime 2.5-oz. **\$1.49**

Shampoo Body on Tap Normal, City 7-oz. **\$1.49**

Conditioner Body on Tap Light, Deep 7-oz. **\$1.49**

Cold Medicine Vicks Day Care 6-oz. **\$2.39**

Cold Medicine Vicks Nyquill 10-oz. **\$3.59**

COMTREX TABLETS Comtrex Cold Reliever 24-ct. **\$1.89**

Shampoo or Conditioner Silkence, Regular, X-body 7-oz. **\$1.79**

BUFFERIN 165-ct. **\$3.89**

Cold Tablets Congesprin Children 36-ct. **99¢**

DRISTAN 12-hour Capsules 10-ct. **\$1.79**

DRISTAN Nasal Mist 15-ml **\$1.85**

DRISTAN Decongestant, Long Lasting 24-ct. **\$1.69**

DRISTAN Decongestant 50-ct. **\$3.19**

Kotex maxi pads 30-ct. **\$2.99**

Foamy Shave Gillette, Reg., Menthol, Lemon Lime, 11-oz. **\$1.59**

Pain Reliever Excedrin 100-ct. **\$2.39**

Hair Cream Protein Clear Gel 3-oz. **\$1.54**

Anti-perspirant Speed Stick, Spice, Fresh Scent 2.75-oz. **\$1.99**

Mini Pads Kotex Deodorant 30-ct. **\$2.15**

Lotion Deepin Skin Care, Baby Fresh 10-oz. **\$1.49**

DEBITIN Ointment Desitin 2.25-oz. **\$1.29**

Ointment Ben-Gay Greaseless 3-oz. **\$2.79**

Cough Formula Robitussin 4-oz. **\$1.39**

Robitussin DM 4-oz. **\$1.99**

Robitussin CF 4-oz. **\$1.99**

Triaminic Expectorant Cough Formula Syrup 4-oz. **\$1.99**

SAVE AT SAFEWAY ON ALL YOUR NEEDS

TWIN FALLS RUPERT JEROME GOODING BURLEY

Everything you want from a store...

ITEMS AND PRICES EFFECTIVE THRU JANUARY 31, 1981. RETAIL QUANTITIES ONLY.

and a little bit more



SAFEWAY

FIGHT INFLATION... PLAY GROCERY



SAFeway

PRICES GOOD JAN. 28-31, 1981
RETAIL QUANTITIES

NO PURCHASE NECESSARY. Get a free "INSTANT GROCERY GIVEAWAY" ticket at participating Safeway Stores; one ticket per adult (18 years or older) per store visit, per day.

EASY TO PLAY-Use edge of coin to gently scratch off one row only, of the seven rows on the ticket. TICKET IS VOID IF MORE THAN ONE ROW IS SCRATCHED OFF. If the row you pick shows a prize, you win that prize.

LOCATION-This promotion is available at 63 Safeway Stores located in Utah (33), Idaho (26), Oregon (1), Nevada (2), and Wyoming (5). This promotion is scheduled to end on April 4, 1981.

PEPSI • PEPSI LIGHT • DIET PEPSI

16 oz. 8 Pack Bottles or 6 pak 12 oz. Cans

\$1.59 Plus Deposit

TOMATO JUICE
Scotch Buy 46-oz.

SAVE 10¢

59¢

GREEN BEANS
Scotch Buy 16-oz. Cut & French Style

3 for **89¢**

GREEN PEAS
SCOTCH BUY 16 oz. cans

3 for **\$1**

MARGARINE
SCOTCH BUY IN QUARTERS 16 oz.

47¢

DETERGENT
SCOTCH BUY 49 oz. pkg.

\$1.39

CHILE w/BEANS
SCOTCH BUY 15 oz. can

57¢

MILLIONS OF PRIZES AVAILABLE

PLAY INSTANT GROCERY GIVEAWAY

SWEETSTAKES DRAWING WIN UP TO \$2,500.00 IN GROCERIES

WIN FREE GROCERIES FOR 3 MONTHS (MAX. \$1,000.00)

COME IN AND PLAY

EVERY TICKET CAN WIN! JUST PICK THE RIGHT ROW

BONELESS ROAST
Beef Rump or Bottom Round Safeway Quality Beef

USDA CHOICE

\$1.88 lb.

TURKEY WINGS
USDA Grade A (40-lb. Box \$15.00)

44¢ lb.

SALTINE CRACKERS
Scotch Buy Compare! 1-lb. box

59¢

MAYONNAISE
SCOTCH BUY SAVE BIG! 32 oz. jar

\$1.39

MEXICAN FIESTA
(Mita Corn Tortillas each 99¢) (Flour Tortillas Lynn Wilson each 55¢)

Lynn Wilson Burritos Your Choice 5-oz.

3 for **\$1**

FISH STICKS
Fisher Boy 16-oz. pkg.

99¢

INFLATION FIGHTERS

- Fruit Drinks Scotch Buy Assorted Flavors **59¢**
- Vienna Sausage Scotch Buy Chicken 5-oz. **39¢**
- Broken Shrimp Scotch Buy 2 1/4-oz. **\$1.89**
- Jack Mackerel Scotch Buy 15-oz. **59¢**
- Chile Without Beans Scotch Buy 15-oz. **79¢**
- Syrup Scotch Buy 32-oz. **\$1.39**

LUNCH MEATS
Scotch Buy Pickle-Olive Bologna-Spiced Luncheon-Salami 6-oz.

66¢

LINK SAUSAGE
Fresh

\$1.19 LB.

TOMATOES
SCOTCH BUY CANNED 16 oz.

39¢

TOP SIRLOIN STEAKS
USDA Choice Grade Beef lb.

\$2.69

GROUND BEEF
Regular Safeway Consistent Quality

\$1.37 LB.

Detergent Scotch Buy Liquid 32-oz. **79¢**

Dog Food Scotch Buy-Dry 25 lb. bag **\$5.59**

T-Bone Steaks USDA Choice Grade lb. **\$3.59**

Eye of Round Beef Steaks or Roasts Safeway Quality Beef lb. **\$2.29**

Round Steaks Beef Bottom USDA Choice Grade lb. **\$1.88**

Sliced Bacon John Morrell 16-oz. pkg. **\$1.49**

Beef Shortribs Braise or Stew lb. **\$1.49**

Pork Chops Assorted 1/4 Loin Sliced lb. **\$1.59**

Tamales Lynn Wilson 4/Pack 12-oz. pkg. **\$1.09**

Carmelita Chorizos Beef or Pork 16-oz. pkg. **\$1.19**

Enchiladas Lynn Wilson Beef or Cheese ea. **99¢**

Jumbo Shrimp Large Green In Shell lb. **\$6.99**

King Crab Legs And Claws Ready To Eat **\$3.99**

LOBSTERS Atlantic Fully Cooked ea. **\$2.99**

Detergent Heavy Duty Scotch Buy Liquid Laundry 64 oz. **\$2.85**

Cleaner Scotch Buy Liquid Bathroom 32-oz. **\$1.55**

25-lb. FLOUR
SCOTCH BUY

\$3.99 SAVE 46¢

CONTAC TABLETS
Decongestant 40 count

Save 50% **\$3.89**

FINAL NET
Unscented-Reg. Ultra Hold - Soft Hold

12-oz. Save 90% **\$2.29**

SUAVE BALSAM
Shampoo & Conditioner

28-oz. Save 50% **\$1.49**

ALOE VERA LOTION
Natures Family With Vitamin E

16-oz. Save 78% **\$1.54**

SHORTENING
SCOTCH BUY

\$1.59 Pre-Creamed 42-oz.

Everything you want from a store

SAFEWAY'S INSTANT GIVEAWAY

ORANGE JUICE
Scotch Buy 12-oz.
CASE OF 36 - \$24.84
69¢



MAC & CHEESE
Scotch Buy Dinner 7 1/4-oz.
SAVE 20¢
16¢ on 4
4 for \$1



CAKE MIXES
Scotch Buy 16 1/2-oz.
White, Yellow, Devils Food
59¢



BATH TISSUE
Scotch Buy 6 Pack
SAVE 20¢
White, Yellow
99¢



SAFEWAY
PRICES GOOD JAN. 28-31, 1981
RETAIL QUANTITIES
ODDS CHART FOR TOP PRIZES

GROCERY NUMBER	ODDS	ODDS	ODDS
PRIZE	1 TICKET	15 TICKETS	24 TICKETS
VALUE	10%	10%	10%
\$1,000	10	200,000	15,385
75	250	40,000	3,077
25	500	20,000	1,539
			770

These odds are in effect until 30 days after start! Thereafter, updated odds will be posted in participating stores and in any newspaper.
The balance of prizes consist of 15,000,000 grocery products. (See Product Price List posted in each store for complete description.) Odds are probability. The odds of winning one of these prizes with one ticket is 1 in 7.
Odds of winning in the Sweepstakes Drawing will depend on the number of entries received.

TOTAL RETAIL VALUE OF PRIZES AVAILABLE \$2,700,000

SOFT SPREAD
SCOTCH BUY 1 lb. pkg.
55¢

CHEESE SCOTCH BUY \$1.39
IMITATION SINGLES 12 oz.

SALAD DRESSING 99¢
SCOTCH BUY 32 oz. jar

BAR SOAP 5 \$1
SCOTCH BUY 3 oz. bars for

FRUIT JUICE
SAVE 20¢
SCOTCH BUY GRAPEFRUIT YOUR CHOICE 46 oz.
89¢

FRUIT DRINKS
SCOTCH BUY YOUR CHOICE GAL.
\$1.19

PRESERVES
SCOTCH BUY STRAWBERRY 32 oz.
1.69

FABRIC SOFTENER
SCOTCH BUY COMPARE! GALLON
1.39

STOCK-UP & SAVE!

Frozen Dinners Scotch Buy Assort. 11-oz.	59¢
Long Grain Rice Scotch Buy 2-lb.	81¢
Apple Sauce Scotch Buy in Juice Sliced 20-oz.	59¢
Corn Scotch Buy Var-Pak Whole Kernel 12-oz.	35¢
LARGE AA EGGS Lucerne (per 10) 27 Medium 29 doz. per lb.	83¢

INFLATION FIGHTERS

Grapefruit Scotch Buy Broken Sections 16-oz.	59¢
Hot Cocoa Scotch Buy Instant 12 1/2-oz. env.	\$1.19
Cling Peaches Scotch Buy Sliced/Halves 29-oz.	69¢
Peaches Scotch Buy Freestone-Irregular 29-oz.	69¢
Fruit Mix Scotch Buy Bartlett Halves/Sliced 29-oz.	85¢
Pears Scotch Buy Bartlett Halves/Sliced 29-oz.	79¢

ICE CREAM
SCOTCH BUY VANILLA Half Gallon
\$1.27

INSTANT COFFEE
SCOTCH BUY DELICIOUS 10 oz. jar
\$4.29

Napkins White/Yellow 140-count **69¢**

Paper Plates Scotch Buy White 9 inch 100 ct. **\$1.35**

Rolls Scotch Buy Raspberry-Cinnamon 12-ounce **\$1.49**

Tea Bag Scotch Buy 100 count togless **\$1.49**

Strawberries Sliced Scotch Buy 10-oz. **65¢**

Cut Corn Scotch Buy 10-oz. **41¢**

Green Peas Scotch Buy 10-oz. **39¢**

French Fries Regular-Crinkle Cut 32-oz. **55¢**

APPLE RAMA
MIX OR MATCH

School Boys Remos Rod Golden Delicious **3 \$1** lb. for

RED GRAPES
California Grown **49¢** lb.

CABBAGE
Large Green Heads **19¢** lb.

CELERY
California Grown Large Stalks **29¢** lb.

2-lb. Cello Bag Carrots **69¢**
Romaine Lettuce **49¢**
Calif. Grown Avocados **99¢**
Natural Large Bundle Firewood **\$1.99**
Sunsweet 9 oz. Pitted Prunes **99¢**
Scotch Buy Breakfast Prunes 2-lb. bag **\$1.99**

GOLDEN BARRELL CACTUS **\$5.99**
In 6 inch Pots only

Jade Plants in 4 inch pots **\$1.89**
Mums. Assorted colors 6 inch pots (Decorated) **\$7.99**

MILLIONS OF PRIZES AVAILABLE

PLAY INSTANT GROCERY GIVEAWAY

SWEEPSTAKES DRAWING WIN UP TO \$2,500.00 IN GROCERIES

WIN FREE GROCERIES FOR 3 MONTHS (MAX. \$1,000.00)

COME IN AND PLAY

EVERY TICKET CAN WIN! JUST PICK THE RIGHT ROW

Bake Shop

CAKE DONUTS HONEY WHOLE WHEAT

DOZEN ONLY **\$1.19**

Golden Dinner Rolls Dozen **89¢**
Mocha Torte Cake 8 inch **\$1.99**

Available in stores with Bake Shops only.



Whole FRYERS.. 53¢ lb.

Grade "A" Fresh CUT-UP FRYERS..... 63¢ lb.

Fresh!
Whole Picnic
Pork Roast
79¢
lb.

U.S.D.A. Choice Tablette
Boneless
Chuck Roast
\$1.89
lb.
Boneless Chuck Steak *2.09 lb.

IGA
Boneless
Whole Ham
\$1.79
lb.

FISH Specials

Van de Kamp's 14 oz.
Fish & Chips... **\$1.59** pkg.
Van de Kamp 12 oz. Country Seasoned
Fish Kabobs... **\$1.98** pkg.

"Sliced" Lunch Meat Armour 12 oz. pkg. **\$1.19** pkg.
Meat Hot Dogs Oscar Mayer "Round" 12 oz. **\$1.19** pkg.
Variety Pak Oscar Mayer **\$1.98** pkg.
"Sliced" Meat Bologna **\$1.59** pkg.
Sliced Bacon Hygrade 1 1/2 lb. West Virginia **\$2.49** pkg.
Midget Horn Cheese Kraft 1 lb. 5 1/2 oz. **\$2.59** pkg.

LETTUCE

Large Fresh Heads **\$4.11** for

Fresh Green Onions 6 bunches **\$1** for

Fresh Crisp Radishes 6 bunches **\$1** for

Fresh Young Asparagus **1.29** lb.

Large Red Delicious Apples **39¢** lb.

DOUBLE your MONEY. when you bring these coupons to your IGA store!!

IGA COUPON *DOUBLE COUPON*
Present this coupon along with any one manufacturer's "Cents Off" coupon and get the double savings. Do not include retailer or free coupons, or cigarette coupons, or exceed the value of the item.
LIMIT 1 coupon per manufacturer's coupon.
LIMIT 3 double coupons per customer.
GOOD ONLY AT IGA STORES
January 28-31, 1981

IGA COUPON *DOUBLE COUPON*
Present this coupon along with any one manufacturer's "Cents Off" coupon and get the double savings. Do not include retailer or free coupons, or cigarette coupons, or exceed the value of the item.
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LIMIT 1 coupon per manufacturer's coupon.
LIMIT 3 double coupons per customer.
GOOD ONLY AT IGA STORES
January 28-31, 1981



you'll go for these...
BIG FOOD SAVINGS



3 lb., Regular, Drip, Elec. Perc
MJB COFFEE

25 lb. Size
Purina DOG CHOW

32 oz. Size
IGA MAYONNAISE

1 lb. Size
Parkay MARGARINE

25 lb., Bleached, Unbleached
Pillsbury FLOUR

\$6.39

\$6.39

\$1.29

59¢

\$4.69

IGA Mushroom Soup 10.75 oz. **29¢**
Hunt's Catsup 32 oz. **98¢**
Ballard Sweet Milk or Buttermilk Biscuits 7.5 oz. **4 for 89¢**

Early Garden Peaches 29 oz. **69¢**
Macaroni & Cheese Dinners "No-Name" 7.25 oz. **4 for 51¢**
IGA Apple Juice 46 oz. **89¢**
IGA Bleach Gallon..... **83¢**

Frozen

Ore-Ida. 24 Oz.

Hash Browns **79¢**

Non Food

Knee Hi's

No Nonsense **\$1.09** pkg.

Dairy

IGA - 1 lb. Size Cottage Cheese **85¢**

Meadow Gold - Pint Sour Cream... **89¢**

Bakery

IGA - 24 oz. Bread "Sandwich".... **75¢**

Prices effective:
Wednesday,
January 28,
thru
Saturday,
January 31,
1981.

FILER
Patterson's IGA Foodliner

HAGERMAN
Owstley's IGA Market

HANSEN
Daw's IGA

KIMBERLY
Porson's IGA Foodliner

OAKLEY
Clark's For Shopping IGA

RICHFIELD
Pipor's IGA

TWIN FALLS
Marty's IGA Market

TWIN FALLS
Williams IGA Foodliner



Horoscope

Serious talks improve relations with allies for Libras today

GENERAL TENDENCIES: Upsets that occur today can work out much to your satisfaction in the long run, so don't be disturbed by delays and obstacles. Let conditions work themselves out to your benefit.

ARIES (Mar. 21 to Apr. 19) Obtain all the information you can that's connected with new projects you have in mind. Then you will know how to proceed.

GEMINI (May 21 to June 21) Listen to the views of associates for future benefits and cooperate more with them. Travel with utmost care.

MOON CHILDREN (June 22 to July 21) You can easily get rid of a pesky problem if you start doing something about it instead of procrastinating.

LEO (July 22 to Aug. 21) Avoid one who is detrimental to your best interests. Plan how to make your talents work more efficiently.

VIRGO (Aug. 22 to Sept. 22) Try to understand those at home better and have more harmony there. Engage in outside activities and become more fluent.

LIBRA (Sept. 23 to Oct. 22) Improve relations with allies by having serious talks with them. Plan your day better and you have more free time.

SCORPIO (Oct. 23 to Nov. 21) Delve into important work ahead of you instead of wasting time on less important matters. Be more helpful to others.

SAGITTARIUS (Nov. 22 to Dec. 21) Be sure that business affairs are running smoothly before seeking recreation. Be more optimistic.

CAPRICORN (Dec. 22 to Jan. 20) Go after the personal goals that most appeal to you and gain them easily. Handle business affairs wisely.

AQUARIUS (Jan. 21 to Feb. 19) Listening to what good friends have to say can bring you more success now. Plan how to gain your finest aims.

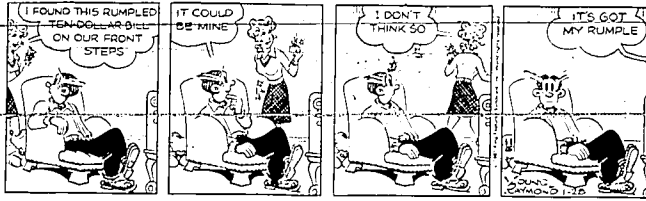
PISCES (Feb. 20 to Mar. 20) You can have big advancement through the unexpected today, so be alert, at all times. Strive for increased happiness.

IF YOUR CHILD IS BORN TODAY ... he or she will comprehend various types of philosophies and should be given the finest education possible to bring out the many talents in this nature. Be sure to give ethical training early in life. A fine artist here.

PEANUTS



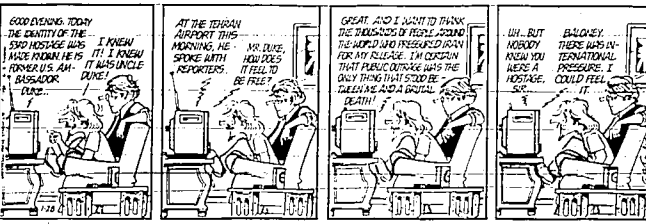
BLONDIE



ANDY GAPP



DOONESBURY



What's what

Dr. Peck was smart when it came to people

Hardly anybody understood better how to handle the expense of things than Dr. Joseph Peck, who said: "It costs a lot less, if you learn early that all is vanity, and that most folks spend money they haven't got on things they don't need to impress people they don't like." Lar Dr. Peck among those once numerous oldtimers who made it a rule when first married never to buy anything on time except a house. Our Chief Prognosticator thinks their ilk will make a comeback.

Don't believe you'll find any newly published dictionaries that define "frowdewite" as "one who doesn't work for a living," but some have phrased it that way in the past, including an early Funk and Wagnall.

Those who want to take a driver's license test in England now have to wait about six months, I'm told. More than 700,000 are on the standby list.

Remember, a baboon can't throw overhead.

SWIMMERS

Q. The best swimmer of all among four-footed mammals uses only its forepaws when swimming. Can you name it?

A. No doubt you mean the polar bear. But since when can even a polar bear swim better than an otter?

What our Language man knows for certain is that no feminine moniker offers more nicknames than Elizabeth. Beas, Bease, Beth, Betsy, Betty, Eliza, Elsie, Libby, Liza, Lizzie, and on. Also the spelling variations are numerous. What he doesn't know for certain is which masculine moniker offers the most nicknames. Any suggestions?

An old law on the books in Virginia makes pedestrians subject to fines, if they let themselves be hit by cars.

DEMONSTRATIONS

Another way the Federal Intelligence agencies keep track of organized demonstrations in this country is by canvassing the bus companies. They count the number of charter buses hired to any given point, multiply that by 40, and double the total to account for those who expect to get there by other means. Understand it's a fairly accurate way to predict how many will show up.

The purest sort of white color, as most North Americans see it, actually has a blue cast to it. The South Americans, however, only recognize white as whitest white if it has a tinge of red in it.

Read "Boy's Book of Odd Facts." Sterling Publishing Co., Inc., 18.95 plus \$1.05 postage, packing, handling—total, \$10. For return-delivery, send payment with order to "Boy's Book," Crown Syndicate, Inc., No. 5 Crown Road, Weatherford, TX 78065.

Address mail to L. M. Boyd in care of this newspaper. Copyright, 1981 Crown Syndicate, Inc.

GASOLINE ALLEY



LATIGO



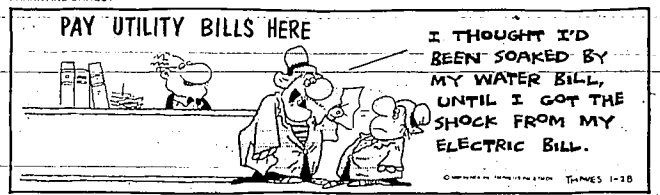
BEETLE BAILEY



DENNIS THE MENACE



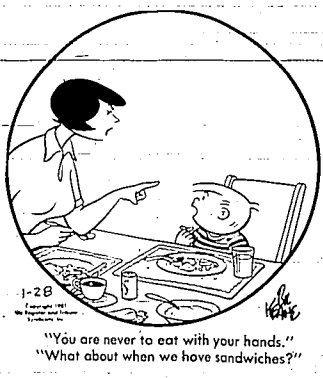
FRANK AND ERNEST



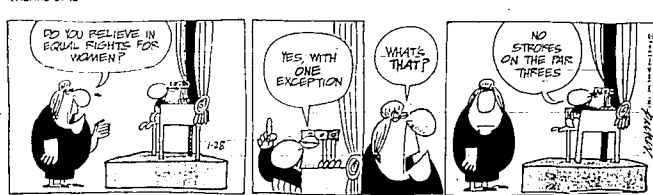
REX MORGAN



FAMILY CIRCUS



WIZARD OF ID



THE BORN LOSER



ALLEY OOP



Mining industry opposes severance tax

MOSCOW (UPI) — The mining industry opposes proposed severance tax on Idaho's mineral resources, but the small miners may be hurt the most if the tax is adopted.

The proposal has come out of Gov. John Evans' office and is stirring comment around the state.

An Evans' aide said a copy of the proposal was distributed to make legislators aware of the rationale but when or whether it will be introduced to the Legislature hasn't been decided yet.

The severance tax would be designed to help ease the state's current financial crunch but it would add only \$2.8 million a year to state revenue because it would replace some other taxes.

The Evans' proposal would tax metallic mineral and phosphate as soon as it is mined as 2 percent of gross value, non-metallic minerals at 1 percent and energy minerals at 5 percent.

The revenue from the tax would be divided among cities and counties, higher education, the state Water Pollution Control Fund and mine reclamation and research projects.

The severance tax on the state's mining industry would replace both the mine and inheritance taxes which now bring in nearly \$7 million to the state's coffers, according to the proposal.

The severance tax would generate \$3.8 million, the same proposal states.

Steve Seward, a senior assistant to Evans, said the proposal, although in bill form, is not meant to represent the governor's final stand on the severance tax.

"We're talking with the mining industry and have been," Seward said.

Copies of the proposal have been distributed so the industry and legislators would be aware of the issues, he said.

"Right now, we're more interested in the concept than in a specific piece of legislation," Seward said.

Bob Peterson, Sunshine Mining Co. general manager at Kellogg, said the mining industry has taken a position on the proposal but the general attitude is against it.

"The position of Sunshine is that it's true that we have done fairly well but those prices that we're getting now for our silver are subject to wide fluctuations," he said.

With such fluctuations, Peterson said a constant severance tax could hurt the industry when times are bad. Sunshine has been the nation's leading silver producer.

"What that extra burden would tend to do is lower our reserves," Peterson said.

With the addition of a 2 percent severance tax the deeper or marginal ore deposits could no longer be economically tapped, he said.

Sunshine's position on the tax is further complicated because the

company depends on lead and zinc smelters to process the silver ore.

While the additional tax might not seriously harm silver companies with present market conditions, the lead and zinc producers could face disaster because of an already precarious financial outlook, Peterson said.

"It may not be able to swallow it," he said, "if they go down, it will hurt us too."

A severance tax would certainly inhibit firms from other exploration efforts in Idaho which Peterson said were originally started here because of the lack of the tax.

Such projects now in the initial phases or on the drawing board amount to \$750 million.

"That is far and away more than any other Western states although others have more ore potential," Peterson said.

Bill Green, a UI mining engineer professor, said the severance tax would probably hit the small miner and prospector hardest because they already have a narrow profit margin.

"There will be a lot of gnashing of teeth by the major companies but the small miners are the ones who will be most hurt," he said.

Green said he hasn't fully studied the issues surrounding a severance tax but he called the proposal "a seductive type of thing in a state that's going through financial difficulties. One has to look a little more deeply at something like this."

In Wyoming House

Non-smokers win battle

CHEYENNE, Wyo. (UPI) — Opponents of a proposal to prohibit smoking in public places failed Tuesday in an attempt to kill the legislation in committee.

Rep. Elizabeth Phelan, D-Laramie, asked the House Labor, Health and Social Services Committee to kill the proposal, but her motion failed 5-4.

Mrs. Phelan, a non-smoker, told the panel that although she is uncomfortable in a room full of smokers, she never has found a group of smokers unwilling to stop once they learned of her discomfort.

Also, she said, the proposed legislation is contrary to President Reagan's desire to cut government regulation.

Rep. Nyla Murphy, R-Natrona, also argued against legislative action on behalf of the non-smoking public.

"I'm a non-smoker and my husband died of cancer," she said, "... but I would think they could

take some action at the local level rather than us sitting up here legislating everything that comes along."

A majority of the House panel, however, opted to give Rep. Grant Sanders, the proposal's sponsor, an opportunity to present modifications to the bill at a future committee meeting.

"This bill, I recognize, has its weaknesses," Sanders told the committee. The Big Horn County Republican suggested a list of changes designed to tighten language in the proposal and to build in a presumption that smoking is prohibited in public places unless otherwise posted.

"It would take some positive action to overcome the presumption that you don't smoke in these areas," Sanders said.

As the bill is written, violations of the smoking prohibition would be a misdemeanor offense carrying a fine up to \$10.

Chicano activist's trial begins

PUEBLO, Colo. (UPI) — A Chicano activist who eluded police for seven years went on trial Tuesday on charges he mailed explosives to a Denver policeman involved in a 1973 shootout that killed a Mexican-American.

About 70 prospective jurors were called to U.S. District Court for selection of a 12-member jury to hear testimony against attorney Frank "Kiko" Martinez, who was arrested last September while trying to cross the Mexican border to Nogales, Ariz.

Prosecutors said they expected the trial to last two or three weeks.

Security was tight around the courtroom, which is normally a federal bankruptcy court capable of

seating 60 persons. Judge Fred Winner said an overflow of news reporters would have to stand.

Martinez, 34, is represented by Denver attorney Kenneth Padilla and Leonard Weinglass of Los Angeles, who was the defense attorney for the "Chicago Seven" trial in 1967 and for Angela Davis.

Among those attending the trial was Russell Means, a founder of the American Indian Movement.

Martinez is charged with allegedly mailing bombs to a Denver policeman, a school board official and a motorcycle shop in 1973. None of the bombs exploded. He is being tried on each charge separately.

At a rally on his behalf last weekend, Martinez maintained he is innocent of the charges and said he was being framed.

Prosecutors said Martinez allegedly mailed explosives to a policeman who was involved in a shootout with Mexican-Americans in 1973. One Chicano activist was killed in the incident.

The bomb, which was discovered by the Postal Service before it went off, had Martinez's palm print on it, the prosecution has said.

Winner agreed to move the trial from Denver to Pueblo at the request of Martinez' lawyers, who said he could not receive a fair trial in Denver.

Dispute may be cause of shooting

GARDEN CITY (UPI) — Garden City police report a Boise man who was shot to death Sunday night may have been involved in a dispute over his ex-wife with another man minutes before his death.

Police Capt. Bob Ridenour said Monday Richard P. Livassour, 34, was shot after he went looking for his ex-wife at a Garden City mobile home. He died of a single small-caliber bullet wound to the chest.

Police arrested Gerald Reid, 29, Garden City, a few hours after the shooting.

Reid is scheduled to be arraigned Monday on charges of first-degree murder and possession of a firearm during the commission of a felony. He is being held in the Ada County Jail without bond.

IT'S NEW!

5 oz. FROZEN TAMALES FOUND IN THE FREEZER CASE



Lynn Wilson's

Cline faces kidnapping charges

MISSOULA, Mont. (UPI) — A Spokane, Wash., man who once was convicted in Montana's so-called "Workers' Compensation Scandal" Monday was accused of kidnapping.

Merrel Cline, 53, was charged in Missoula Justice Court with two counts of kidnapping. He allegedly used a gun to force Stephen Maxwell, 24, and Timothy Maxwell, 19, to leave their home and accompany him.

A court affidavit states that Cline drove the two men to an East Missoula bar, where he and others allegedly attempted to determine whether the Maxwell brothers might have been responsible for an alleged

assault on Cline's daughter last week. Cline told authorities that the Maxwells were the perpetrators of the alleged assault, Deputy Missoula County Attorney Stewart Pearce reported.

Shortly afterward, Pearce said, the Maxwells were released "unharm."

Pearce said Cline turned himself in to the sheriff's office in cooperation in the investigation. That cooperation led to a light bail bond of \$1,000 on each kidnapping count, Pearce said.

Cline is scheduled to appear with counsel in court Monday.

In 1975, Cline — then a Montana

resident — was convicted in connection with charges filed in the statewide Workers' Compensation investigation. He was given a 14-year sentence for obtaining money under false pretenses from the Montana state Workers' Compensation Division, but the sentence was overturned by the Ninth U.S. Circuit Court of Appeals.

In 1975, Cline and disbarred Bret Falls, Mont., attorney L.R. Bretz were exonerated of charges that, while in prison, they conspired to assassinate former Montana Attorney General Robert Woodahl and Chief Work-Comp Prosecutor Dick Dziwi.

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<p>210 TABLETS THOMPSON B-COMPLEX SHP \$4.75 REG. 5.78</p>	<p>WHOLE WHEAT FIG BARS \$1.79</p> <p>5 1/2 OZ. DR. BROWN'S CHEEZON SNACK REG. 85 69c</p>	<p>BULK HARD RED CRACKED WHEAT REG. 38c 29c</p> <p>DULK YELLOW POPCORN REG. 69c 49c</p> <p>8 OZ. AMBROSA 49c</p> <p>8 OZ. ORGANIC SOYA BEANS REG. 79c 59c</p>	<p>THOMPSON VITAMIN E 400 90 CAPSULES \$6.99 REG. \$9.95</p>
<p>100 CAPS PLUS VITAMIN "ONE DAILY" \$6.95 REG. 18.95</p>	<p>100 TABLETS SOUP NATURAL KELP TABLETS \$2.59 REG. 3.99</p>	<p>BULK WALNUTS REG. 15 \$2.69</p>	<p>VIVA VERA ALA VERA BELL DRINK GALLON \$14.50 REG. 18.50</p>

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NO, DEAR, I AM SHOPPING... AND I'M SAVING TIME, GAS, AND MONEY, TOO!

I can shop the biggest marketplace around... and never leave my easy chair.



Tagus Ranch victim of time, progress

TULARE, Calif. (UPI) — The choicest of Tagus Ranch peaches used to be shipped directly to New York City's Waldorf-Astoria Hotel as a delicacy for discerning guests.

But the famed, 7,000-acre spread, once one of the world's largest fruit ranches, fell victim to time, decay and progress. And now the dignified old office building, financial headquarters of an empire, is being torn down.

Like a selling out of John Steinbeck's "Grapes of Wrath," hundreds of Depression Era field hands from the Dust Bowl and Mexico used to gather outside on payday and stand patiently in a line that circled the office waiting for their wages, paid out in ranch scrip known as "funny money."

The workers could use "funny money" to buy provisions at the ranch store, where prices were said to be higher than stores in Tulare, and the ranch scrip system was replaced after a period of labor unrest.

The building was constructed in 1930 to replace another office that had burned. Its Spanish-style architecture was a familiar sight to motorists traveling Old Highway 99 through the Central Valley.

The ranch was founded in 1912 by Hulett Merritt who purchased 3,000 acres of grain and pasture land. His son, Clinton, began managing the ranch in 1918 and it eventually grew to 7,000 acres of the most fertile cropland found anywhere in the world, although half the land was never developed.

At its peak, the Merritts claimed to be producing one-tenth of the world's canning peaches. The best were saved for the Waldorf-Astoria.

Some 2,480 acres were planted in tree crops and 900 acres were devoted to cotton.

Woman avoids assault

SPOKANE (UPI) — Police reported that a Spokane woman escaped a male assailant at the downtown Parkade parking facility Monday night by spraying him with mace.

The incident occurred about 8 p.m. Two off-duty police officers working in the parkade assisted the victim, but the assailant escaped down an elevator.

The incident was the second in as many weeks in which chemical mace was used by women to fend off would-be attackers.

The suspect in the latest incident was described as a white male about 24 years old with short brown hair and a moustache.

Mace sales have increased dramatically with the increased incidence of rape and attempted rape over the last year.

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PRICES EFFECTIVE JAN.28th THRU FEB.3rd, 1981.

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ALL BEEF AT SMITH'S IS U.S.D.A. CHOICE

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WE ACCEPT VISA & MASTER CHARGE



USDA CHOICE

T-BONE STEAK

\$2.69 LB.

FRESH PICNIC STYLE

PORK ROAST

79¢ LB.

TURKEY DRUMSTICKS

39¢ LB.

SLICED BACON

75¢ EA.

SLICED BEEF LIVER 98¢ LB.

BONELESS BEEF CHUCK ROAST \$1.98 LB.

BEEF STEW MEAT \$1.98 LB.

QUARTER SLICED PORK LOINS \$1.49 LB.

BONELESS COUNTRY STYLE SPARERIBS \$1.69 LB.

BONELESS SIRLOIN PORK CUTLETS \$2.49 LB.

COUNTRY PRIDE FRYER GIZZARDS, LIVERS & HEARTS \$1.39 LB.

COUNTRY PRIDE FRYER WINGS 79¢ LB.

12 OZ. NO-NAME AMERICAN SINGLES \$1.09 EA.

12 OZ. NO-NAME VARIETY LUNCH MEAT \$1.59 EA.

12 OZ. GORTONS BATTERED-FRIED HADDOCK \$2.35 EA.

12 OZ. GORTONS BATTERED FRIED SOLE \$2.35 EA.

USDA CHOICE

PORTERHOUSE STEAK

\$2.79 LB.

BONELESS CHUCK STEAK \$1.98 LB.

2 1/2 OZ. LAND-OF-FROST SLICED MEATS 289¢

8 OZ. KINGSTON CREAM CHEESE 69¢ EA.

FRESH PRODUCE

RUSSET POTATOES

\$1.49 EA.

NO-NAME SAVINGS

25 LB. NO-NAME FLOUR \$3.59

MACARONI & CHEESE

19¢

TUNA FISH

75¢

FRESH NAPPA CABBAGE 39¢ LB.

FRESH TENDER BEAN SPROUT 69¢ LB.

FRESH LARGE ARTICHOKE 69¢ LB.

FRESH CLIP TOP CARROTS 29¢ LB.

CRISP SMALL RED DELICIOUS APPLES 35¢ LB.

BEAUTIFUL 4" POT WITH BOOKLET \$1.89 EA.

COFFEE PLANT \$1.69 EA.

COLORFUL 3" POT GRATFED STAR CACTUS \$1.69 EA.

8 OZ. NO-NAME ALL FLAVORS YOGURT 45¢ FOR

1 LB. NO-NAME SALTINE CRACKERS 49¢

18 1/2 OZ. NO-NAME CAKE MIXES 63¢

38 OZ. NO-NAME SALAD OIL \$1.75

128 OZ. NO-NAME FABRIC SOFTENER \$1.09

20 CT. NO-NAME TRASH CAN LINERS \$1.99

15 OZ. NO-NAME APPLESAUCE 35¢

8 OZ. NO-NAME TOMATO SAUCE 65¢ FOR

13 OZ. NO-NAME EVAPORATED MILK 40¢

NEW CROP FRESH TENDER ASPARAGUS \$1.49 LB.

FRESH SNOWHITE CAULIFLOWER 59¢ LB.

5 1/2 OZ. LAY'S OR RUFFLES POTATO CHIPS 83¢

70 OZ. DETERGENT FRESH START \$6.28

12 pk. - 12 oz. BUD BEER \$3.89

12 oz. 6 pk cans PEPSI, DIET PEPSI, MOUNTAIN DEW & PEPSI LIGHT \$1.59

46 OZ. HI-C FRUIT DRINKS 69¢

20 LB. COME N GET IT DOG FOOD \$7.09

SWEETHEART SPECIALS

WHITMANS RED FOIL HEART

\$3.99

1 lb. of delicious assorted chocolates for the Valentine in your life.

SALTED NUT ROLLS

3\$1

By Peter Paul. A delightfully chewy candy. Tastes like peanuts, chocolate coated.

LARGE HEAVY WEIGHT BATH TOWELS

\$3.49

25x50 Solid colors. Soft and absorbent in assorted decorator colors. Some slightly irregular.

99¢

48 Cards and envelopes. A super buy. Non-mailable.

STARK CUTE HEARTS

69¢

1 1/2 oz. bag of little candy hearts with cute sayings.

ENTER THE UNITED CEREBRAL PALSY SWEESTAKES

SEE IN STORE DISPLAY FOR DETAILS.

JONTUE OR CHARLIE COLOGNE

\$4.49

Your Choice. 6 OZ. Jontue or 4 OZ. Charlie.

BARBARA STREISAND GUILTY \$6.99

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TOMY ELECTRONIC TENNIS \$19.99

HANSCRAFT VAPORIZER

\$5.49

BAKE CUPS

4\$1

PYREX WARE PIE PLATES

2\$3

CONTAC CAPSULES

\$2.29

Gerry DUAL WHEEL STROLLER

\$22.99

LARGE COOKIE SHEETS

\$1.19

PYREX WARE OBLONG UTILITY BAKE DISH

\$2.99

CHLORASEPTIC LIQUID

\$1.49

NO-NAME SAVINGS-A STORE WITHIN A STORE.

NO-NAME SAVINGS				SAVE 10 to 60% EVERYDAY!			
ITEM	BRAND	NO-NAME	YOU SAVE	ITEM	BRAND	NO-NAME	YOU SAVE
140 CT. NAPKINS	ZEE	69	85	8 OZ. INSTANT DECAFFINATED COFFEE	SANKA	41	50
JUMBO PAPER TOWELS	DELTA	39	63	3 OZ. INSTANT TEA	LIPTON	1	11
30 CT. MINI PADS	STAYFREE	1	21	16 OZ. CHOCOLATE SYRUP	HERSHEY'S	69	85
30 CT. MAXI PADS	STAYFREE	2	31	20 OZ. CHUNKY PINEAPPLE IN JUICE	DOLE	63	79
21B. PANCAKE MIX	KRUSTEAZ	79	11	1 OZ. PARSLEY FLAKES	SCHILLINGS	79	11
15.4 OZ. FUDGE FROSTING	BETTY CROCKER	79	11	7 OZ. MINCED ONIONS	SCHILLINGS	1	11
32 OZ. BROUHE MIX	BETTY CROCKER	69	11	8 OZ. SEASONED SALT	LAWRY	89	11
50 LB. DOG FOOD	PURINA	8	13	1 1/2 OZ. TACO SEASON MIX	SCHILLINGS	27	43
48 OZ. SALAD OIL	CRISCO	1	21	2 LB. SALISBURY STEAK	BANQUET	1	11
8 OZ. BLACK PEPPER	SCHILLINGS	1	21	16 OZ. PEAS & CARROTS	PICTS	53	69
28 OZ. TOMATOES	HUNTS	65	87	10 LB. WHITE FLOUR	BIG J	1	21
1 LB. SPAGHETTI	R-F 24 OZ.	49	11	15 OZ. REGULAR CHILI	NALLEYS	59	79
32 OZ. GRAPE JELLY	WELCH'S	1	11	15 OZ. KIDNEY BEANS	S&W	45	49
3 OZ. LIME GELATIN	LOG CABIN	1	21	16 OZ. RE-FRIED BEANS	ROSARITA	49	59
12x25 ALUMINUM FOIL	DIAMOND	49	63				
10 CT. LAWN/LEAF BAGS	GLAD	1	31				
6 PAK 1 1/2 OZ. RAISINS	SUNMAID	93	11				
14 OZ. ASPARAGUS	DEL MONTE 10 1/2 OZ.	99	11				
15 OZ. SPINACH	DEL MONTE	47	55				
14 OZ. STEAK SAUCE	HINZE	23	32				
3 OZ. LIME GELATIN	PLANTERS 6 1/4 OZ.	2	21				
7 OZ. CASHEWS	FRENCH'S	69	89				
24 OZ. MUSTARD	LIBBY'S	43	52				
5 OZ. VIENNA SAUSAGE	FOLGERS	3	11				
10 OZ. INSTANT COFFEE							

BRAND TOTAL \$74.56

NO-NAME TOTAL \$53.03

YOU SAVE \$21.53

MORE NO-NAME "GENERIC" THAN ANY OTHER SUPERMARKET!

ATTENTION - NEWS CLASSIFIED RESPONSE

BRIDGE

Oswald Jacoby and Alan Sontag

Desperation bid locked up

Today's part score hand was played by expert Terry Gibson in a rubber bridge game in McKinney. Tex. Only a simple little part score, but a real gem.

Gibson passed as dealer, failed to overcall at his first chance to do so and finally decided to like his life in his hands and come in with three clubs. Everyone passed and the real danger was behind him.

Now it was up to him to make his contract. He won the second heart and ruffed a heart—Next—came the 10-of-clubs from dummy.

He did not play low and Terry went up with his king. Now he was ready to really try for his contract.

He did not play a second trump. That would lead to sure defeat. Instead, he ruffed king and ace of spades and played a spade. Now he had that second trump and East was in with the ace.

East had to lead a diamond. A heart or spade would allow Terry to ruff in dummy and chuck a diamond. So the five of diamonds was led and Terry made a diamond trick and a 60-point part score. (NEWS-CLASSIFIED RESPONSE ASSN.)

TO QUALIFIED BUYERS, 3 Bedroom, FHA home can be yours. \$38,000.

ON 3 ACRES, professionally decorated and landscaped 5 bedroom home, 3 1/2 baths, 2 car garage, terraced, Jonikair, and wet bar. Additional 40 Acres can be purchased.

POSSESSION WITH BRICK fireplace, 3 Bedroom, 2 bath, plus extra large lot. \$60,000.

1000 SQ. FT. 3 bedroom home on quiet dead-end street. \$40,000. Call today 8% loan. Call today \$48,500.

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610 So. Lincoln

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ACROSS 39 Never (cont'd)
40 Apricot
41 Egg
42 Felt
43 Egg
44 Egg (abbr.)
45 Handle ruler
46 Egg
47 Slave
48 Eskimo home
49 Set on fire
50 Lamp
51 Lamp
52 Lamp
53 Lamp
54 Lamp
55 Lamp
56 Lamp
57 Lamp
58 Lamp
59 Lamp
60 Lamp

DOWN
1 Totaly
2 Egg
3 One devoted
4 Religious
5 Creed type
6 Day of week (abbr.)
7 Philosophy
8 Young (abbr.)
9 Status (abbr.)
10 Unhappy
11 Mediterranean
12 National
13 Simple

Answer to Previous Puzzle

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60

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038 Acreage & Lots
"20 ACRES" close to Buhi on field adjacent to "20 ACRES" double wide mobile home, horse barn, corals, Munros-Roberts R. E. 118 Broadway N. Buhi, 543-8006.

3 LOTS IN NORTH STAR SUBDIVISION. \$100,500 each. Call 734-4220.

33 ACRES with full water, good soil in new seeding. Close to Buhi and owner. Price \$24,999. Call 734-4220.

35 ACRES on Snake River. Firm Owner finance at 9% w/ 20% down. Call 734-4220.

40 ACRES NW of Jerome, \$40,000. 20% down. Call 734-4220.

5 ACRES View Parcel, Buhi area. \$750 down. Call 734-3555.

6 ACRES SW of Jerome, 9% assumable loan. After \$200. Call 734-4220.

6.11 ACRES on Snake River. Call 734-4220.

8 ACRES Good location, water right. 733-8228. Call anytime. Call 734-4220.

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CHOICE LOCATIONS RETAIL-COMMERCIAL
Site Location Services. Build-to-suit & lease-back programs. Many locations. Buhi, Blaine, Lakes, Addison, Kimberly, etc. Call 734-4220.

4000 SQ. FT. GARAGE on Main Street in Filer, new roof, good lighting, could be used as warehouse. Small apartment. Call 734-4220.

315 ACRES adjoining Irigoien, state, wheeling, improvements. 438-5274. Call 734-4220.

040 Cemetery Lots
(2) ADJOINING LOTS in Pinehurst Gardens, Sunset Main. Park. 734-5855. 733-3307.

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(3) TRAILER AXLES, 6 wheels for sale. Call 825-1555.

046 Acreage & Lots
FOR SALE! 33 Acres, canyon rim. Call after 6pm, 733-7191.

HURRY! Before we put these beautiful big lots into the hands of others. Each plot fronts on good county road. SE of Twin. Electric & telephone along frontage. Good prices. Terms. Low interest. 734-4222.

I HAVE SOME BEAUTIFUL SMALL ACRES... you'll have to see them to believe them. Call 734-4220.

AFFORDABLE 18-20 Acres close to Jerome. \$250 per Acre.

6 ACRES with a great view. Road frontage, pond, water rights, sprinkler irrigated.

5 ACRES LOT with splendid canyon view. This is an outstanding piece of property and you'll have to see it to appreciate it.

5 & 10 ACRES buildings sites with a great view that are priced right. Includes pasture and water shares.

BUILD IN THE country on 2 or 5 Acre lots close to Jerome. Water shares.

DUE to a very successful real estate business, I am looking for a home out of homes. If you are interested in any of the properties I have listed, please call me for a home to see and I would like to discuss listing with you. Call 734-4220.

JERRY JACKSON Real Estate Unlimited 733-8107 or 324-9922

REPO
1978 SUV 12 WIDE
*TOTAL ELECTRIC
2 BEDROOM
BROCKMILL'S MOBILE HOMES
3 miles north of Perrine Bridge on Highway 93 and Spruce. 1978 Maytag. Call Phone 734-3187 or 324-4203.

10 MOUNTAIN HOME
550 ALPESSE 2 bedroom, 1 1/2 bath, 1978 Maytag. Call 734-4220.

REPOSESSED 2 bedroom, 1 1/2 bath, 1978 Maytag. Call 734-4220.

USED MOBILE HOME
1978 Maytag. Call 734-4220.

1978 BROADMORE
14x60 2 bedroom, 1 1/2 bath, 1978 Maytag. Call 734-4220.

1978 FLEETWOOD
14x60 2 bedroom, 1 1/2 bath, 1978 Maytag. Call 734-4220.

1978 FLEETWOOD
14x60 2 bedroom, 1 1/2 bath, 1978 Maytag. Call 734-4220.

1978 FLEETWOOD
14x60 2 bedroom, 1 1/2 bath, 1978 Maytag. Call 734-4220.

047 Farms & Ranches
120 ACRES East of Castleford, 2 homes, machine shop, 2 steel grain bins, 2 horse stalls, slantion tank milking barn, full water. \$215,000. Owner's avail. Call 734-4220.

120 ACRES, East of Castleford, 2 homes, machine shop, 2 steel grain bins, 2 horse stalls, slantion tank milking barn, full water. \$215,000. Owner's avail. Call 734-4220.

120 ACRES, East of Castleford, 2 homes, machine shop, 2 steel grain bins, 2 horse stalls, slantion tank milking barn, full water. \$215,000. Owner's avail. Call 734-4220.

048 Rooms for Rent
NICE APT'S & Kitchens...
NICE 2 BDRM...
NICE 3 BDRM...
NICE 4 BDRM...
NICE 5 BDRM...
NICE 6 BDRM...
NICE 7 BDRM...
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Everybody Likes Guaranteed Results Because
IT WORKS!



- 142 Imports-Sports Cars
76 DATSUN B-210 hatchback, 1400cc. A/T. Just had major tune incl. valve job. \$2295. Hency's Imports, 204 W. St. Hazelton, ID 829-4146, 829-5721 anytime.
- 145 4 Wheel Drive
810 RED for \$310. 1978 Club cab power wagon, heavy 1/2, 318 cubic inch, 4 speed, \$3500/best offer. 324-8579.
- FOR SALE 1979 Dodge W150 444 V-6, 4 speed, 28,000 miles. Macho package, custom paint & wheels; \$600. 324-8579 anytime.
- FOR SALE—1978 Ford 4x4, \$4600. 1978 Ford 4x4, \$3600. 1975 Dodge 4x4, \$2200. Our best offer, 587-7947 for details.
- MUST SELL IMMEDIATELY, 1977 1/2 ton Ford 4x4. Good condition. 423-4490.
- REAL SHARP 1950 2-A Willys Jeep, new tires, rebuilt engine. Must see to appreciate. \$1650. 734-4365.
- VERY SHARP 1973 Jimmy. Low mileage, lots of extras. Call 734-4038 before Ramblin' Epm & friends.
- 1955 WILLYS 4WD pickup. 327 Chevy, mag wheels. \$800. 734-8630.
- 1969 SCOUT 304 3 speed. A good one! 324-4227.
- 1972 CHEVY Blazer. See at 2 miles west of Twin on HW 33 or call 943-5685 anytime.
- 1972 FORD 4WD 1/2 ton, 4 speed, locks & runs good. \$2300. Call 324-7117.
- 1973 GMC Jimmy, new largest master 350 engine, looks great. \$3500. 734-6058 for info.
- 1978 1/2 TON GMC 4x4 pickup, needs work, but can be put in good condition for approx. \$1,000. Asking \$1100. 788-4424 evens.
- 1978 G.I. JEEP, 4 speed, 4 cyl, exc cond. Call Tom 733-5338 or 734-1377.
- 1977 BUICK LeSabre, all power, 300 to appreciate, \$4195, or will trade for 4 wheel Chev or Ford 4. 543-4257.
- 1977 F-150 Ranger. XLT. A/C, CC, AT, sliding rear window, carpeted, AM/FM stereo. 91,000 miles, exc cond. \$5000 firm! 733-2651.
- 1977 GMC 4WD, long box, Sierra Grande, very low mileage exc cond. 743-7270 before 5. After 5pm, 734-9928.
- 1978 GMC Sierra Grande, shortbed, exc con., low miles, many extras. 733-0188.
- 1979 GMC Jimmy, loaded. \$9000. Call 543-8039.
- 72 G.I. JEEP, 384, headers, full cage roll bar, good rubber & paint. Runs good. 543-5685 after 8.
- 78 GMC 4x4, island, 4 sp., am-fm cassette. Small 1230, take over payment. 324-5472.
- 148 Antique Autos
1949 FORD pickup flat head, 8 engine, good cond. \$300. Call 543-5841.
- 1954 DODGE Royal, red, ram horn motor, all original, new paint, new tires. 678-4155.
- 149 Autos-AMC
1977 PACER, low mileage, exc cond., AM/FM radio, 8 cyl, P/S brakes, A/C, blue w/white interior. \$2500. Will consider trade. 376-5291.
- 150 Autos-Buick
1978-BUICK-CENTURY sports model, 28,000 miles. AM/FM radio, CB, exc 110, good mod. \$4200. 536-6443.

175	Auto Dealers	175	Auto Dealers	175	Auto Dealers	175	Auto Dealers	175	Auto Dealers	175	Auto Dealers	175	Auto Dealers	175	Auto Dealers
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JANUARY CLEARANCE SALE

5.75%

OVER COST
Every New Pontiac, Cadillac, GMC Truck & Datsun

PONTIAC'S GMC TRUCKS

- Sunbird's
- Firebird's
- Phoenix's
- LeMan's
- Bonneville's
- Bonneville Broughman's

- 1/2 Ton's
- 3/4 Ton's
- 4 x 4's

DATSUN'S

- 210
- 310
- 510
- 200 SX
- 280 ZX
- 810

CADILLAC'S

- SeVille's
- Eldorado's
- DeVille's

This Will Be The Biggest Sale In Our History
EXAMPLE'S

1981 PONTIAC PHOENIX COUPE

Factory Equipped, White Walls, Custom Belts, Sport Mirrors, Power Steering	
Factory Invoice	\$6137.00
Undercoat	48.50
Salesman Commission	88.75
5.75% Profit	355.64
Sale Price	\$6629.89

1981 DATSUN 210 SEDAN

2-Door, Factory Equipped	
Factory Invoice	\$4139.00
Undercoat	48.50
Salesman Commission	61.25
5.75% Profit	245.00
Sale Price	\$4493.75

1981 PONTIAC SUNBIRD

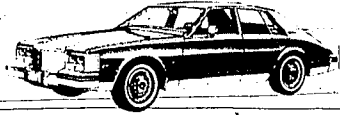
Power Disc Brakes, Power Steering, Radio	
Factory Invoice	\$4560.00
Undercoat	48.50
Salesman Commission	66.25
5.75% Profit	264.96
Sale Price	\$4939.71

1981 DATSUN PICKUP

Lil' Hustler, Factory Equipped	
Factory Invoice	\$5276.00
Undercoat	48.50
Salesman Commission	76.50
5.75% Profit	306.13
Sale Price	\$5707.13

1981 CADILLAC SeVILLE ELEGANTE SEDAN

The Ultimate In Luxury Automobiles	
Factory Invoice	\$22,424.00
Undercoat	48.50
Salesman Commission	322.25
5.75% Profit	1,289.38
Sale Price	\$24,084.13



Previously Owned Pickups

- Two 1978 Chevrolet El Caminos Loaded, AM/FM, 8 cyl, 1400cc. No. P0-592 & P1-14. Your Choice \$4695
- 1979 Chevrolet 1/2 Ton 4x4 Pickup No. P1-141. Was \$6495 \$5995
- 1979 Chevrolet 3/4 Ton 4X4 Automatic, Air, Conditioning No. P1-140. Was \$6695 \$6195
- 1979 Chevrolet Cheyenne Blazer Air conditioning Low miles. Call P1-207. Was \$8995 \$8295
- 1976 Ford 1/2 Ton Pickup Automatic, Power steering & brakes. No. 97-2A. Was \$2995 \$2495
- 1975 Jeep CJ-5 No. 1-120A. Was \$2995 \$2795
- 1972 Chevrolet 1/2 Ton Automatic, lift wheel. Extra, extra sharp \$1995
- 1972 Chevrolet 1/2 Ton Pickup No. 1-121B \$1595

Forest Service Lease Units Too Numerous to Mention
Big Savings!

NOTICE — WE DO NOT service Southern Idaho Leasing vehicles.



JOHN CHRIS MOTORS

600 Block Main Avenue East WHERE DEALS ARE MADE NOT JUST TALKED ABOUT 733-1823

Closing prices

Following New York Stock Exchange	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS
Alcoa	15.25	15.25	15.25	15.25	15.25	15.25	15.25	15.25	15.25
Aluminum	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10
Amstar	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10
Armco	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10
Steel	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10	1.10
... (many more rows) ...									

Stocks traded over the counter	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS	SI-METALS
Bank of Amer.	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00
1st Sec. Co.	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00
1st Id. Corp.	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00
1st Nat.	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00	24.00
... (many more rows) ...									

BONUS COUPONS

★ **CLIP COUPONS BELOW**
 ★ **FILL IN YOUR NAME AND THE NAME OF THE PARTICIPATING MERCHANT WHOSE STORE YOU WILL DEPOSIT THEM**
 ★ **DROP COUPONS IN STORES COUPON BOX BEFORE JANUARY 31, 1981.**

YOU MAY WIN THE \$1,650.00 HAWAIIAN VACATION FOR 2!

Bank of Amer. 24.00 27.50
 1st Sec. Co. 24.00 24.25
 1st Id. Corp. 24.00 23.00
 1st Nat. 24.00 28.00
 Pac. S. Life 11.50 11.875
 Kellwood 9.625
 Long Fiber 29.50 30.50
 Pac. St. Life 3.50 3.75
 Trust-Just 21.50 22.00
 Con-S. Food 24.875
 Qualex 1.25 1.375
 Mimi West 18.75 21.875
 Great Power 16.25
 Amal Sugar 49.75

CLIP & DEPOSIT ONLY AT

OFFICIAL COUPON

WIN! FREE \$1,650.00

WINTER VACATION FOR TWO TO HAWAII FOR 7 FUN-FILLED DAYS!

Name _____
 Address _____
 City _____ Phone _____

DEPOSIT NO LATER THAN JANUARY 31st AT:

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WIN! FREE \$1,650.00

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 Address _____
 City _____ Phone _____

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CLIP & DEPOSIT ONLY AT

OFFICIAL COUPON

WIN! FREE \$1,650.00

WINTER VACATION FOR TWO TO HAWAII FOR 7 FUN-FILLED DAYS!

Name _____
 Address _____
 City _____ Phone _____

DEPOSIT NO LATER THAN JANUARY 31st AT:

Closing commodity futures

Month	Commodity	Close	High	Low	P.M.
Mar.	Maines	13.57	14.00	13.50	13.90
Apr.	Maines	16.02	16.50	15.85	16.30
May	Idaho Russets	21.62	21.61	21.35	21.69
Feb.	live cattle	62.67	62.95	61.90	62.10
Apr.	live cattle	66.10	66.07	65.70	66.07
Feb.	live hogs	45.75	45.85	44.80	44.92
Dec.	wheat #2	5.13 1/2	5.12 1/2	5.06	5.06
Jan.	corn	3.65 1/4	3.70 1/2	3.63 1/4	3.69
Jan.	silver	13.32	13.78	13.35	13.44
Jan.	gold	521.50	526.00	515.00	520.50
Mar.	sugar	29.34	29.95	28.30	28.40
Mar.	soybeans	7.32	7.45 1/2	7.33	7.42

Quotations from Sinclair, Inc.

Valley beans

Great Northern: 9 dealers at 27.00, 7 at 26.00, and 4 off the market.
 Pinto: 14 dealers at 30.00, 1 dealer at 29.00, and 5 off the market.
 Small Reds: 8 dealers at 30.00, 8 dealers at 29.00, 2 off the market.
 Idaho Pinto: 8 dealers at 29.00, 11 at 28.00, 1 at 27.00, and 4 off the market.

Quotations represent offering at reporting office, courtesy of Western Bean Dealers Association Inc. Prices are net, U.S. No. 1, best Idaho bean lot averages.

FREE PICK-UP DEAD AND USELESS ANIMALS!

INTERNATIONAL TWIN FALLS 733-6835

COOK Pest Control Company 733-0800
 for free estimate and 100% GUARANTEED results with PHOSTOXIN fumigant

Participating Dealer

Idaho Power interest free weatherization loan program

Jerome Glass & Paint
 238 West Main, Jerome

If You Have Electric Heat! Call Now For A Weatherization Energy Audit 324-8121

COOK Pest Control Company Attention

Mr. Farmer - Mr. Elevator operator

Don't let those little devils destroy the grain you sweat much for last summer. These weevils can destroy as much as 50% of your stored grain in as little as 150 days storage, while you are not aware of the problem, until you start to move it. To eliminate this problem, call

COOK Pest Control Company Attention

Mr. Farmer - Mr. Elevator operator

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Don't Now For Mind

Marlboro Lights

The spirit of Marlboro in a low tar cigarette.



Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.