

Inside today

Evel Knievel returns - C1

Local pilot thunders - C1

Fitness: and fat attacks - B1



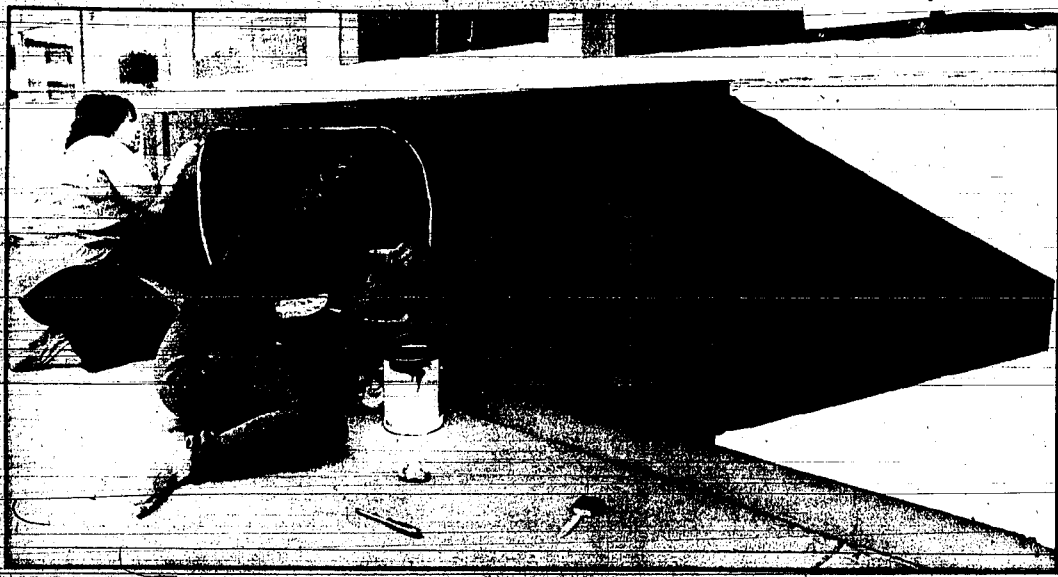
The Times-News

80th year, No. 252

Twin Falls, Idaho

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 Monday, September 9, 1985



Adding some color

Morningside Elementary School teachers paint in the trim on one of 40 original cars. The project began on Friday and is expected to last through the end of the month. For a story on teachers purchasing supplies for school, see Page B1.

Rebels deny claim

Say downed plane was a military craft

BY BARRY RENFREW
 The Associated Press

ISLAMABAD, Pakistan — Afghan exiles challenged Sunday Afghanistan's claim that guerrillas shot down one of its airliners with a U.S.-made missile, and said variously that the plane may have crashed or was a military transport.

Guerrilla groups based in Pakistan said Sunday they had no independent reports of the incident. No guerrilla organization claimed responsibility for shooting down such a plane.

Several guerrilla officials suggested the plane may have crashed in an accident and the communist Afghan government was trying to use the incident to discredit the guerrillas.

Reagan bends to pressure; plans to announce sanctions

By DAVID ESPO
 The Associated Press

WASHINGTON — President Reagan, faced with overwhelming pressure from Congress, intends to announce limited economic sanctions against South Africa on Monday, including a desire to ban the sale of gold Kruggerands, congressional sources said Sunday.

These sources also said Reagan would announce on Monday a ban on most new bank loans to the South African government, order a halt to the shipment of nuclear technology and stop large-scale sales of computer equipment used to enforce South Africa's racial discriminatory apartheid laws.

Speaking on condition they not be identified, the sources also said Reagan would announce requirements for most American firms in South Africa to follow fair employment practices and would make available expanded U.S. aid for South African black students.

A White House spokesman, Rusty Brashers, declined to comment.

The expected announcement would mark a shift in Reagan's long-held policy of "constructive engagement" — a low-key effort of negotiations that the president said on Friday offered the best hope of accomplishing political reform in South Africa.

Secretary of State George Shultz informed senior Republican congressional leaders on Saturday of

Botha gives warning — A7

Reagan's intentions.

In response, Senate GOP leaders have decided to seek a delay in the expected passage of sanctions legislation.

Senate Republican leaders predicted last week that a vote to cut off filibuster on the House-passed sanctions bill would have been successful on Monday, followed by the measure's final passage later in the week.

Members of both parties in both houses of Congress said a threatened presidential veto would almost certainly be overridden.

Senate Majority Leader Robert Dole said Sunday he would seek postponement of a vote on the sanctions bill until next spring if Reagan moved to implement some of the bill's provisions on his own.

"If the administration doesn't follow through on what they suggest, then we'd vote on the conference report and the sanctions would still take effect in January of 1987," Dole said.

"If we want to play politics and square off with the president, I don't think we'd have the same impact on the South African government," Dole said. "We all believe apartheid is repugnant and we've said so. We want to eliminate it. Let's do it, with one voice rather than 101."

Democrats say defense accord ruins reform bid

By TIM AHERN
 The Associated Press

WASHINGTON — The fight over next year's Pentagon budget — which seemed settled weeks ago — is back at the top of the congressional agenda through the efforts of a group of angry House Democrats.

"Gutted," "Gutted," "Gutted" screamed a letter the angry Democrats sent to their colleagues last week. The group argued in the letter that the Pentagon's compromise drafted by a House-Senate conference wiped out their efforts at reform for a "sound, basic, streamlined defense."

The disaffected House members, who are mostly liberal, want a new conference committee to start over again on the \$302.5 billion military spending bill.

During a series of closed-door meetings last week, the House Democratic leadership agreed to permit a floor vote on the liberals' efforts to cut the defense budget by \$10 billion.

All 253 House Democrats have been invited to a closed-door party caucus Wednesday morning to discuss the rising anger of some of their colleagues about the proposed Pentagon budget.

That could be followed as early as Thursday by a vote by the full House to order renewed Senate-House conference committee talks on the Pentagon budget, which could result in the Defense

Department starting the new fiscal year on Oct. 1 without a formal budget.

"There's a broad feeling of House members that we've been snookered," explained Rep. Charles S. Schumer, D-N.Y., one of the most vocal opponents of the \$302.5 billion Pentagon budget now on the House floor.

Others in the group include Reps. Barney Frank, D-Mass.; Barbara Boxer, D-Calif.; Marty Russo, D-Ill.; Tom Downey, D-N.Y.; Les AuCoin, D-Ore.; and Ronald Dellums, D-Calif.

The dispute began earlier this summer when the Republican-controlled Senate voted for a bill authorizing the Pentagon to spend \$302.5 billion in fiscal 1986.

A conference committee was called to resolve differences because both chambers must pass identical bills. During three weeks of negotiations, the House conferees gave way to the higher overall Senate budget figure.

The House negotiators, led by Rep. Les Aspin, D-Wis., chairman of the Armed Services Committee, also gave in to the Senate on a number of other items, including restrictions on producing new chemical weapons and proposed reforms of the way the Pentagon spends money.

Shortly before beginning a month-long recess, the Senate voted approval of the conference committee bill and Aspin and other House leaders confidently predicted easy House approval after the recess.

State document predicts military efforts will fail in Central America

By ROBERT PARRY
 The Associated Press

WASHINGTON — While making progress in Central America, the Reagan administration cannot expect military victory for its allies in El Salvador and Nicaragua, and needs more money from Congress, according to a secret State Department draft paper.

The four-page document, prepared for a meeting of 22 senior administration officials this weekend, also says that collapse of the so-called

Contadora peace talks "wouldn't be a total disaster for U.S. policy" although their continuation is preferred.

The draft, classified "secret" and obtained by The Associated Press, was written as a suggested presentation by assistant secretary of state Elliott Abrams to the meeting, held in Panama. But State Department officials said it was revised before going to Abrams and its content does not necessarily reflect U.S. policy.

But administration and congress-

sional officials familiar with that policy said the document appears to represent a frank, internal assessment of where administration efforts in the region stand. Those officials insisted on anonymity.

The paper, entitled "The View from Washington," cites "headway in the U.S." in persuading Congress and the American public on the correctness of the administration's Central American policy, but it noted that substantially more money is needed and added that

• See MILITARY on Page A2

The Soviet-backed government said in a radio announcement Saturday night that a domestic Bakhtar Afghan Airlines plane was downed last Wednesday while en route after taking off from Kandahar Airport in the west of the country.

All 52 people on board were killed when the plane plunged to the ground and exploded, the radio said.

The type of plane was not given but the airline is known to operate mainly two-engine Soviet-made propeller planes.

A senior guerrilla official, speaking on condition of anonymity, said he thought a plane probably was shot down, but that it was a military transport.

He said civilian air service to Kandahar no longer existed and any traffic in and out of the airport would be on government or military business, making it a legitimate target.

"There are no civil planes and no civilian passengers. Just party people, army and Russians," he said.

"Hezbollah-Islami," a major Islamic guerrilla group, issued a statement early Saturday saying its forces shot down a Soviet military transport plane as it took off from Kandahar on Aug. 28. But guerrilla officials said Sunday they did not believe that incident was related to the reported downing of the airliner.

The Afghan Information Center, an independent group that monitors events inside Afghanistan, also suggested Sunday that the plane may have been involved in an accident.

"It may well have been an accident. The Kandahar air base is simply too well defended for the Mujahadeen (guerrillas) to get close to it," said Professor Sayed Majeed, who heads the center.

Majeed said fighting had extensively damaged Kandahar, and reports from the city suggested that normal airline service had virtually collapsed, fueling speculation that the plane reported downed was on a military mission or at the least carrying government officials.

"The planes are not for civilians. It's always (Communist) party members and officials coming and going," he said.

Analysis
 Related stories — A5

Authorities

Briefly

Animals' skins sold illegally

SAO PAULO, Brazil (AP) — Millions of crocodiles, jaguars, snakes, foxes and other animals are being illegally slaughtered in Brazil and their skins smuggled abroad to become expensive shoes, handbags and coats, according to a Brazilian Forest Service official.

Everest climbers make camp

KATMANDU, Nepal (AP) — Indian climbers on Mount Everest have set up their first high altitude camp at the top of the Khumbu Icefall at 20,000 feet, the base camp reported to Katmandu on Sunday.

Investigators think engine fault is responsible for Midwest crash

MILWAUKEE (AP) — Federal investigators say the engines of a Midwest Express Airlines DC-9 may hold the answer to why the jet nosed into a meadow just after takeoff, killing all 31 people on board.

Planes make emergency stop

KHARTOUM, Sudan (AP) — Three aircraft made emergency landings on the asphalt Khartoum-Khartoum highway near El Kawe town, about 145 miles south of Khartoum, Sudan News Agency reported Sunday.

Quakes don't shake residents

JACKSON, Wyo. (AP) — Four moderate earthquakes that have rocked the Jackson area in the last three weeks seem to have left city residents unshaken.

Trade

Continued from Page A1
Senate Majority Leader Bob Dole, R-Kan., appearing on the CBS News "Face the Nation" program, called the decisions Reagan announced "a step in the right direction."

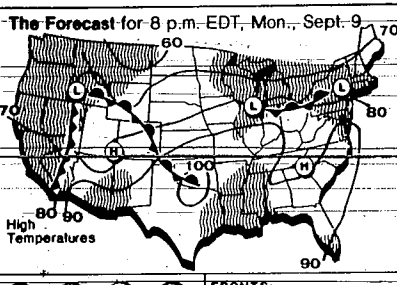
30,000 Romanians hear Graham

VORONA, Romania (AP) — An estimated 30,000 Romanians, one of the largest crowds ever at a religious service in this communist country, gathered in and around a Vorona monastery Sunday to hear American evangelist Billy Graham.

Following his sermon, and others joined in singing a hymn that drew out the benediction of the Orthodox priests. Graham appealed for order, saying, "I am highly honored that the state and the church cooperated in having us here today."

Today's weather
We get all summer's rain in one week

Twin Falls, Burley, Rupert, Jerome and Gooding: Considerable cloudiness today and Tuesday with scattered showers and chance of a thunder shower.



High Temperatures: 80, 80, 80, 80, 80, 80, 80, 80, 80, 80. Low Temperatures: 60, 60, 60, 60, 60, 60, 60, 60, 60, 60.

Camas Prairie, Halley, Lower Wood River Valley: Considerable cloudiness today and Tuesday with numerous showers and a few thunder showers.

National Weather Service NOAA U.S. Dept. of Commerce

through Friday shows a southerly flow of moist and unstable air will keep out the showery weather over the state through Thursday and then taper off on Friday.

Aftersoon temperatures will average a few degrees below normal, with overnight lows near the seasonal norm.

National

Table with columns for city, high, low, and weather conditions for various US cities.

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Index

Index table listing categories like Classified, Comics, Dear Abby, Idaho, Magic Valley, Nation, Obituaries, Opinion, Sports, Valley life, West, and World with corresponding page numbers.

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Trade

Continued from Page A1
Senate Majority Leader Bob Dole, R-Kan., appearing on the CBS News "Face the Nation" program, called the decisions Reagan announced "a step in the right direction."

It is a point the Democrats have not missed. "This can become the dominant thematic theme in the 1986 campaign," says Democratic House campaign committee staffer Mark Johnson.

Military

Continued from Page A1
"Congressional support is not assured." Although the document does not say precisely how much will be requested, a congressional staff aide said that to reach levels previously cited by the administration would require about \$500 million and that concern over the federal deficit would likely prevent approval.

"We have finally gotten people to believe that El Salvador is a reforming society and that the guerrillas do not represent the Salvadoran people," it said.

Twin Falls

Table with columns for city, high, low, and weather conditions for Twin Falls and surrounding areas.

Idaho

Table with columns for city, high, low, and weather conditions for various Idaho cities.

Some people in the crowd in this remote northeastern village began chanting "Billy Graham again!" Many of the major demoninations are tolerated under the auspices of the Federal Department of Cults, but Western monitoring groups frequently report arrests, beatings, police raids and other harassment of church members.

Some are broad-gauge proposals attempting to reach across the trade spectrum, such as the measure sponsored by Benetton, Illinois Rep. Dan Rostenkowski and other Democrats. It would boost tariffs 25 percent on goods from countries running large trade surpluses with the United States due to unfair trade practices, unless the surpluses were reduced.

International trade is an arena which in modern times Congress has yielded to the president, who has broad power to deal with the issue. In many cases legislators are saying they have only attempted to respond to trade problems because the president is reluctant to take any steps that might undercut his emphasis on free trade, has failed to act.

The most recent such example cited by critics of administration policy was the administration's decision to reject import quotas aimed at aiding the beleaguered shoe industry. The International Trade Commission, the federal agency responsible for investigating complaints of unfair trade, had recommended that quotas be imposed.

In the wake of the president's decision to reject shoe quotas — which he contended would have represented "a dangerous step down the road to a trade war" — many Congressional Republicans found themselves in a quandary.

Other points made in the draft paper are: "The economic and related crises of South America and the Caribbean are serious and, given limited U.S. resources, difficult to address." "The performance of the administration's highly touted Caribbean Basin Initiative to spur economic development in the region 'has been disappointing and we face a major problem if 'diffusion sets in.'" "Domestic politics, such as concern over loss of U.S. textile jobs and the sugar industry, have undercut the program."

"Despite recent elections in Peru and Bolivia, 'prospects for additional transitions to democracy in the short-term are virtually nonexistent.' Chile is a case in point where the Pinochet government not moving forward."

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Rebels seize radio control, claim successful Thai coup

BANGKOK, Thailand (AP) — A group of rebel military officers seized control of the Thai radio Monday morning and announced they had overthrown the government because of the "seriously deteriorating situation of the economy."

The broadcast said the officers had dissolved the Cabinet, Parliament, and the southeast Asian nation's constitution.

A later radio broadcast said the rebels had assumed the position of supreme commander of the armed forces.

The rebels' broadcast over the official army radio, the acting army commander, Gen. Pradit Sritsuphachulaporn, ordered all soldiers who had left their bases to return immediately.

The rebels' broadcast over Radio Thailand said: "There is no change of the commanders of the police and the military. Any military movements must be under the orders of the chief of the revolutionary group."

Four tanks and soldiers from an armored cavalry division took up positions around the government House, where the prime minister's office is located, and blocked off all streets leading to the compound.

But the broadcast over Radio Thailand said military men led by a former armed force supreme commander, Gen. Sern Nuanakorn, had ousted the elected government of Prime Minister Prem Tinsulanonda, who was on an official visit to Indonesia.

A later radio broadcast said Sern had assumed the position of supreme commander of the armed forces.

The rebels' armed forces commander, Gen. Arthit Kamitani, also was out of the country, touring Western Europe.

Nation/world

Conservative PACs lead way in campaign spending spree

WASHINGTON (AP) — Political action committees and individuals supporting President Reagan's reelection, while liberals spent only \$23 million on the 1984 election, much of which was disbursed by conservative groups for what turned out to be a sure thing — Ronald Reagan's re-election.

The biggest individual spender was Michael Goland, a rich California businessman who staged a one-man advertising campaign to help unseat former Sen. Charles Percy, R-Ill., spending \$419,573, according to a report on independent expenditures released Sunday by the Federal Election Commission.

The National Conservative Political Action Committee, which won a Supreme Court victory over the FEC last March ensuring its right to spend unlimited amounts independently, shelled out \$9.8 million for President Reagan.

NCPCAC also spent \$289,995 against Democratic challenger Walter F. Mondale and \$116,000 against 14 other Democrats and Sen. Lowell P. Weicker Jr. of Connecticut, a liberal Republican.

All told, conservative PACs spent \$15.8 million promoting Reagan's re-election, while liberals spent only \$803,923 on their own trying to elect Mondale. There was \$443,835 worth of negative expenditures against Reagan and \$445,230 against Mondale.

A campaign expenditure is considered independent if the activity it finances is not organized by or coordinated with a candidate's campaign.

James C. Moore, a real estate investor from Dripping Springs, Texas, was the second biggest individual spender by virtue of the \$79,934 he spent in a losing cause: the U.S. Senate race of former Democratic State Sen. Lloyd Doggett against Phil Gramm, the Democrat-turned-Republican winner.

Another Texas, Houston businessman Cecil Haden ranked third in individual expenditures by spending \$40,386 to promote Reagan's re-election.

It was widely reported last year, based on reporters' scrutiny of FEC records as well as a statement by Goland's attorney, that the California developer had spent more than \$1 million on negative commercials, mailings and billboards against Percy, then chairman of the Senate Foreign Relations Committee.

Brazil, Japan rebut U.S. charge over unfair trade

The Associated Press

Brazil's government said Sunday it "profoundly laments" President Reagan's criticism of its import restrictions on U.S. computers and officials in Tokyo said his charge of unfair trade practices by Japan was groundless.

Speaking Saturday in his weekly radio broadcast, Reagan ordered his trade representative to investigate potential unfair trade barriers by Japan against tobacco products, by Brazil against computers and related products, and by South Korea against insurance.

He also set a Dec. 1 deadline for Japan to end barriers against leather products and the European Common Market to end barriers against canned fruit.

In an official statement published Sunday, Brazil's Foreign Ministry said Reagan's announcement indicated his administration "doesn't understand the position now adopted at the moment when Brazil is mounting an intense effort to widen its areas of international commerce and establish its internal economy."

Since 1967, Brazil has prohibited foreign companies from manufacturing or selling mini- and microcomputers to protect the country's fledgling computer industry which has developed into a \$2-billion annual business.

"The Brazilian government profoundly laments the decision of the American government on Brazilian data processing policy," the Foreign Ministry statement said.

The United States is Brazil's largest trading partner, and any retaliatory U.S. action could seriously hurt the South American country's attempts to boost exports so as to reduce its more than \$100 billion foreign debt.

Lawmakers urge stronger attack on trade woes by administration

WASHINGTON (AP) — Legislative leaders, calling President Reagan's latest efforts to increase exports "cosmetic" and "small play," invited the administration Sunday to join Congress in a broader attack on the trade deficit.

U.S. Trade Representative Clayton Yeutler, though he defended the measures Reagan announced Saturday, said the administration is considering presenting further legislation to deal with the nation's record trade deficit.

"One judgment we have to make in the administration is if we want to submit some (trade legislation) for the consideration of the Congress and that's something that's been debated now," Yeutler said on ABC's "This Week With David Brinkley."

The administration on Saturday initiated investigations into whether unfair trade barriers had raised against exports of U.S. information technology to Brazil, tobacco in Japan and insurance services in South Korea. It also treated to retaliate against trade practices of Japan and the European Common Market.

"It seems to me those are very substantive cases," Yeutler said. "We spend a lot of time deciding which cases to do and they were decided for a whole host of reasons."

Sen. Lloyd Bentsen, ranking Democrat on the Senate foreign trade subcommittee, said on ABC, however, that although the steps are "in the right direction, they're mostly cosmetic."

Senate Majority Leader Robert Dole, R-Kans., said he plans to meet Monday with Yeutler to see what other action can be taken.

Chairman predicts reform support

WASHINGTON (AP) — Taxpayers will jump on the bandwagon of tax reform as soon as the House Ways and Means Committee begins drafting a bill, Chairman Dan Rostenkowski, D-Ill., predicted Sunday.

As members of the tax-writing panel returned to Washington from a two-day seminar on taxes, Rostenkowski and Treasury Secretary James A. Baker III were optimistic that Congress will be able to complete a bill this year. They said the committee's closed-door sessions produced no decisions and no compromises because that was not their purpose.

Rostenkowski told reporters he is disappointed that House Speaker Thomas P. O'Neill had expressed skepticism about public demand for tax overhaul. "We're on schedule," the chairman said. "Once we start putting together a bill, it will be highly visible and people will rally to the cause."

Although Senate Republican Leader Robert J. Dole has said most people consider tax reform less important than the budget deficit or the U.S. trade imbalance, "it certainly doesn't come as a second priority to me," Rostenkowski said.

Many members of Congress have said they found little public demand for tax reform as they toured their districts and states.

Baker, who attended the tax discussions with 33 Ways and Means members in nearby Warrenton, Va., said the sessions were "a very productive and useful experience and we moved progress forward considerably."

He repeated Rostenkowski's observation that the sessions were for education, not negotiation.

Search grows for suspects in \$1-million Brinks robbery

PROVIDENCE, R.I. (AP) — The FBI joined city police Sunday in the search for two masked thieves who swiped more than \$1 million from a vault after overpowering the only guard on duty at the Brinks Armored Car building.

"There's a possibility" a former employee could have been involved in the robbery, said Brinks official Thomas Donovan.

Auditors were working to determine the exact amount stolen in Saturday's heist, but the figure would not be available until Monday, he said. Police said the vault contained cash being transferred between banks, as well as from retail businesses.

Donovan referred all other questions to Brinks' corporate headquarters in Connecticut.

CORRECTION NOTICE

The weigh bench on page 4 of the *Times-News* September 4 circular has no sale price stated. Sale price is \$49.99.

We regret any inconvenience this may have caused our valued customers.

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Fire damage extensive

GILBERTOWN, Ala. (AP) — A 14-hour fire that broke out when a man lit a cigarette lighter to search for a friend who fell into an oil storage tank caused up to \$1 million damage, an official said Sunday.

The fire Saturday, which leaped 100 feet into the air and could be seen for 20 miles, threatened the community of Gilbertown and a gasoline storage facility about one-quarter mile away, but firefighters confined it to two oil storage tanks.

"We were lucky," said Choctaw County Sheriff Donald Lotley, who estimated the damage at \$500,000 to \$1 million.

Rescue workers pumped the remaining oil out of one tank in hopes of finding the body of C.J. Turner, 22, of Butler, the man who had fallen in. No remains were located Sunday, and Lotley said Turner apparently burned up in the blaze.

"It got hot enough that these huge steel beams in the tank were twisted like paper," he said.

The fire began about 1:30 a.m. Saturday when two couples in their teens and early 20s began exploring the Hunt Oil Co. facility.

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The Times-News

Briefly

- Killer freed without remorse** — YACAVILLE, Calif. (AP) — Theodore Strelski, convicted of beating his professor to death with a hammer to publicize the plight of graduate students, was freed unconditionally from prison Sunday, without promising not to kill again.
- Strelski, who spent 18 years in an unsuccessful attempt to earn a doctorate degree in mathematics at Stanford, has said he feels no remorse for what he called the "logical and morally correct" killing of Professor Karel del'ouey in 1976 in a protest against the way Stanford University treats its graduate students.
- Welcome awaits ship finders** — WOODS HOLE, Mass. (AP) — An admiral, hundreds of oceanography workers, helium balloons and possibly a life-and-drum band are expected on the docks of this tiny seaport Monday to greet the 25 scientists who found the remains of the mighty ocean liner Titanic.
- "I would certainly like to be there when their ship pulls in, and I can imagine so would everybody else," said Nancy Green, a spokeswoman for the Woods Hole Oceanographic Institution whose researchers led the expedition that found the 73-year-old shipwreck.
- More than 1,500 passengers went down with the Titanic.
- Study: Tax might break habit** — BOSTON (AP) — A Harvard University report concludes that hundreds of thousands of low-income American smokers might quit and hundreds of thousands of teen-agers might never take up the habit if Congress raises the tax on cigarettes next month.
- The report "confirms what we have sensed for some time: An increased excise tax would likely impact the number of smokers, particularly young smokers," said John M. Flaherty, executive director at Harvard's Institute for the Study of Smoking Behavior and Policy.
- Congress is scheduled to cut the 16-cent cigarette excise tax in half on Oct. 1, although some legislators have urged that it be doubled.
- Strike preempts funny pages** — PHILADELPHIA (AP) — Most city newspaper readers had no Sunday comics to read with breakfast as a strike over wages by nine unions kept printing presses idle at Philadelphia Newspapers Inc., which prints the Inquirer and Daily News.
- For the second straight day, no contract talks were held. The strike by 4,774 employees began at 12:01 a.m. Saturday, blocking publication of the Sunday Inquirer, which has a circulation of 1 million. The daily Inquirer has a circulation of 519,000. The Daily News prints 280,000 copies six days a week but has no Sunday edition.

Alf Landon marks his 98th birthday

TOPEKA, Kan. (AP) — It was, Alf Landon confessed, one of the hardest things he's had to do in his long and colorful life.

In July, the 1933-37 Kansas governor and 1936 Republican presidential nominee gave away Ted, the horse he'd owned for more than 20 years.

Landon once rode almost daily, well into his 90s, in his estate in northwest Topeka where the Kansas River and back 10 miles or more, but he had to stop riding after he fell and broke his hip in April 1983.

"I hadn't been able to ride the old boy for two years, so I found him a wonderful place to live. I didn't sell him. I gave him away."

"It was very hard, my golly, yes," Landon, whose 98th birthday Monday will include a visit by Vice President George Bush.

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- ★ Julie Ellis ★ Registered Physical Therapist
- ★ Marilee Roberts ★ Certified Aerobics Instructor

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Kellogg Rice Krispie Bars	40¢ OFF
Lipton 100 Flo-Thru Tea Bags	30¢ OFF
Fleischmann's Light or Fleischmann's Margarine	20¢ OFF
Jolly Time Pop Corn	20¢ OFF
Richland 25's	FREE PACK
Richland 25's 800 carton	\$2.00 OFF

The Times-News

Doonesbury

Comics

Frank and Ernest

COMPUTER DATING IT'S NOT THAT I PREFER A WOMAN WITH A GOOD SENSE OF HUMOR. I JUST THINK MY CHANCES WOULD BE BETTER WITH ONE.

Doonesbury strips: THIS IS ROLAND HEIDER, CUTTING SHORT HIS MENTION TO BRING YOU THIS EXCLUSIVE WHITE HOUSE REPORT... TODAY IT WAS LEARNED THAT PRESIDENT REAGAN HAS AGREED TO MAKE A REQUEST REGARDING FOR USA FOR SOUTH AFRICA... THE PROJECT, INITIATED BY THE REAGAN PULLER, HAS ALSO ENLISTED THE HELP OF 50 OTHER CONSERVATIVE SUPERSTARS LIKE BRUSSELE AND DESSIE HELMS... ALL PROCEEDS WILL GO TO BUY COMPUTERS FOR NEEDY SECURITY FORCES

Garfield

LET'S GO TO A MOVIE TONIGHT. HERE'S ONE ABOUT KIDS AT A DAY-CARE CENTER WHO SAVE THE WORLD... IT'S BEEN DONE... HOW ABOUT 'NINJA GRANDMOTHER'? YOU'RE GETTING WARMER... HERE IT IS! 'THE ANGRY MAUVE PLANET'... SOUNDS LIKE A CONTEMPORARY REMAKE...

Peanuts strips: HERE COMES THE SCHOOL BUS... THE DRIVER SAYS HE CAN'T TAKE YOU, YOUR NAME ISN'T ON THE COMPUTER LIST... TELL HIM I'M YOUR BROTHER!... HE WANTS TO KNOW IF YOU'RE SOME KIND OF TROUBLEMAKER...

Hagar the Horrible

I'LL NEVER FORGET WHAT YOU SAID ON THE DAY OUR SHIP SANK! 'SAVE THOSE TWO RABBITS I'M TAKING HOME FOR THE KIDS,' YOU SAID...

Blondie strips: FOR YEARS YOU'VE BEEN MY Toughest CUSTOMER... SO I WANT TO PRESENT YOU WITH THIS SPECIAL AWARD... I ACCEPT!... THAT'LL BE \$29.95...

The Born Loser

MISS FORTZEBE, MAKE A NOTE THAT I AM GIVING THORAPPLE A SALARY INCREASE. FOR HOW MUCH? OH... BETWEEN 50 AND 55 DOLLARS... THAT'S QUITE A SIZEABLE INCREASE... HAM... PERHAPS \$5 IS A BIT MUCH...

Andy Capp strips: I'M OFF, FLO... OKAY, ENJOY YOURSELF... THANKS, CHARLIE... ON THE WAY TO THE SNOOPER CUE WITH HIM... SHE ASKS NO QUESTIONS...

Beetle Bailey

BEEBLE! HOLD IT... TIME OUT... ZERO SUBSTITUTING FOR BEEBLE... SUBSTITUTING? BEEBLE HAS AN FARACHE...

Wizard of Id strips: SURRENDER, OR WE WILL DESTROY THE CASTLE! WE HAVE INSURANCE! YES, BUT YOUR PREMIUMS WILL GO UP!... WHO IS GETTING SO COMPLEX...

Gasoline Alley

Hello, Rover's granpa! That Skinner woman sent you here to snoop! Does she think I'm beating the child? Glovia didn't send me! I came on my own, but it looks like the kid has blown my cover!

Broom-Hilda strips: THIS IS THE NEW CLEANING LADY! I WANT YOU TO DO A GOOD JOB... AND PAY SPECIAL ATTENTION TO THE CORNERS! I'LL DEVOTE PLENTY OF TIME TO 'EM!'... Z...

ACROSS 1 Chew, 5 Schemes, 10 Primitives daily, 14 Shapen, 15 CPA concern, 16 Slave of old, 17 Territory of 110, 19 Roads; abbr., 20 Golf teacher, 21 'Miss - Regrets', 22 Card game for two, 24 Frank, 25 Or, philologist, 26 Inhabited, 28 Sham, 32 Hamlet, 33 Dana, 34 Chicken - king, 35 Meal for an, 36 Rib-a-g, 38 Goddess of agriculture, 39 One who wishes he hadn't, 38 Ascot, 39 'Belter to have - and lost', 40 Stopover, 41 Situated, 43 Chalices, 44 Chatter, 45 Erod, 46 Flood, 48 Pump of leafier, 49 Taz'n's pal, 52 Fleur-de-lis, 53 Sputnik et al., 56 Mannerism, 57 Omop, 58 Rib-a-g, 59 Ran, 60 Poodah, 61 Shobnob one, DOWN 1 BOWW, 2 Kind of glass?, 3 'do - others', 4 Born, 5 Belled, 6 Detective, 7 Arsene, 8 'Belter to have - and lost', 9 Pittsburgh, 10 Willy, 11 Borman et al., 12 Dill old style, 13 - majesty, 14 Leaflet user, 15 Broadway hit, 16 In debt, 17 Jimmie, 18 Matrimon, 19 Sponit et al., 20 Braces, 21 Capt Kirk's space ship, 22 Pealed, 23 Frazz rain, 24 Noblemen, 25 Ousey, 26 Tournays, 27 Certain hours, 28 Kind of frog?, 29 Mushroon, 30 Chatterbox, 31 With asplendency, 32 Wolf progeny, 33 Alouin, 34 Island, 35 Resound, 36 I, family, 37 Paraghian, 38 Dogma, 39 Cease, 40 Cease, 41 Cease, 42 Cease, 43 Cease, 44 Cease, 45 Cease, 46 Cease, 47 Cease, 48 Cease, 49 Cease, 50 Cease, 51 Cease, 52 Cease, 53 Cease, 54 Cease, 55 Cease, 56 Cease, 57 Cease, 58 Cease, 59 Cease, 60 Cease, 61 Cease

L.M. Boyd What's what

You wonder where California's big towns got their names? The founder of the California missions was Fra Junipero Serra. He came from Petra on the Mediterranean island of Majorca. In his home friary were the chapels of San Francisco, San Luis Obispo, San Juan Capistrano, San Buenaventura and San Diego. In getting across a stretch of water, a motorboat is about five times more efficient than a duck. Hydrodynamically speaking, I don't often get the chance to speak hydrodynamically. Only now and then. Claim is unhappy people don't eat popcorn. There are rare people who know a face is a face when they see one, but don't know whose face it is, even the face in a mirror. The disorder is called 'prospagnosis'. WESTWARD HO! The people who move to Los Angeles in 24 months outnumber all the people who ever lived or died on the Oregon Trail. Q. Is it true people are more inclined to act with reckless abandon in a room decorated in red? A. It's what the experts believe, true or not. Most gambling casinos are decorated in red. John Harvey Kellogg sold the world's first corn flakes with the claim they curbed lustful desire. Eaters of same were less sexy, he averred. Today, with an ad campaign like that, he wouldn't sell a flake, what? OVERWEIGHT Any woman who thinks she's a bit overweight, might consider this: Tests show women and men differ as to what they regard as the ideal female figure and the men's ideal is considerably heavier than the women's. A lot of Wisconsin lakes have the same names. Lumberjacks named them after girlfriends. Some had the same girlfriends. Religious law according to Iran's Khomeini requires adherents to bury their nail clippings. In every society worldwide, it's said, men in fear turn to their mothers, if they can. Bottled water in Central Africa carries the brand name 'Split'.

Daily Horoscope

GENERAL TENDENCIES: Don't expect swift action on the part of others or yourself today, but try to use the extra time from delays, etc. to get a more well-rounded understanding and awareness of situations. ARIES (March 21 to April 19) Postpone payment on some account, until you are absolutely sure of the amount owed and be more businesslike. TAURUS (April 20 to May 20) You will have to extend your talks with an associate before agreement can be reached, but use patient waiting... LIBRA (Sept. 23 to Oct. 22) A bigwig may give you suggestions about money or real property, but they would not fit your situation. GEMINI (May 21 to June 21) Keep busy working, even if you find payment is not forthcoming just yet and you may have to wait a little longer. SCORPIO (Oct. 23 to Nov. 21) You had better study now ideas or plans better before you carry through with them. Listen to your hunches about a new friend. SAGITTARIUS (Nov. 22 to Dec. 21) Get rid of that depressing situation and become enthusiastic for new practical interests that can be profitable. CAPRICORN (Dec. 22 to Jan. 20) Get your head together with an old friend and a group buddy and plan the future better. Consult an expert. AQUARIUS (Jan. 21 to Feb. 19) Be watchful of your reputation since some innocent action could easily be misinterpreted. Handle duties efficiently. PISCES (Feb. 20 to March 20) Try a new kind of entertainment with a new friend who knows the ropes. Then look to old friends for "lures" progress. IF YOUR CHILD IS BORN TODAY, he or she will have the energy to carry through with an enterprise long after others give up. However, your progeny will be slow at learning school lessons early in life, but, once learned, will never be forgotten. Provide college education.

Yesterday's Puzzle Solved:
1. ROME
2. BIARRITZ
3. ALGIE
4. GIRONDE
5. GONDAR
6. LAUREN
7. GIBRALTAR
8. GONDAR
9. GIBRALTAR
10. LAUREN
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60. GONDAR



Indian soldiers march through a street Saturday to deter Sikh disruption of the polls

Sikhs assassinate party member, call for boycott of state elections

AMRITSAR, India (AP) — Sikh separatist militants assassinated a Hindu Congress Party member Sunday, and in Amritsar called for a boycott of state elections.

The assassination of a party member Sunday, and in Amritsar called for a boycott of state elections. The shooting of a party member Sunday, and in Amritsar called for a boycott of state elections.

Opposition parties have called for a boycott of state elections. The shooting of a party member Sunday, and in Amritsar called for a boycott of state elections.

State police said two Sikhs killed a party member Sunday. The shooting of a party member Sunday, and in Amritsar called for a boycott of state elections.

Botha rejects guerrilla talks; police kill 2 blacks in rioting

JOHANNESBURG, South Africa (AP) — President P.W. Botha Sunday it would be disloyal for a group of this country's leading business executives to meet with the African National Congress, and flatly rejected talks with the outlawed black guerrilla movement.

In new violence, police reported that they killed two blacks overnight during fierce anti-apartheid rioting near Cape Town.

Police said earlier they killed one black as youths rampaged through Cape Town's Guguletu black township following a funeral Saturday for 11 riot victims. Later they said police shot a second black man to death.

Botha brought to at least 31 the toll of people killed around Cape Town since the government banned the release of Nelson Mandela, former ANC president imprisoned 21 years ago for plotting sabotage.

Two police officers were injured in the Guguletu violence that killed the two blacks, age 19 and 28, were killed, police said.

The townships were reported quiet Sunday, a police spokesman said. A newspaper which supports the township following a funeral Saturday for 11 riot victims. Later they said police shot a second black man to death.

Pope vehemently attacks abortion

ESCHEN, Liechtenstein (AP) — one of the inalienable human rights," he added, speaking in the medieval castle of 79-year-old Prince Franz Josef II, overlooking the nearby capital of Vaduz.

This tiny, predominantly Roman Catholic country, squeezed between Austria and Switzerland, has kept its ban on abortion, unlike many European nations.

The pope raised the issue of abortion and other moral questions earlier in the day at an outdoor Mass life are repulsive crimes," he said. "The unborn being's right to live is

Switzerland, Austria and nearby West Germany.

He repeated the church's condemnation of "living together outside marriage," "unfaithfulness in marriage, the increasing divorce rate, the misuse of marriage and abortion."

PLO leader sums up Mideast peace plan

WASHINGTON (AP) — Palestinian Organization Chairman Yasser Arafat offered in exchange "peace for land" with Israel on Sunday and expressed hope his plan would get the Reagan administration's support.

Arafat, speaking via satellite hook-up to the annual convention of the American-Arab Anti-Discrimination Committee here, summed up what appeared to be a new joint PLO-Jordanian initiative for peace with Israel, based on what he called "peace for land."

"We hope this initiative will be accepted by all of international public opinion, the United Nations, and especially by all the democratic and advanced forces inside Israel to accept our initiative — peace for land."

"I hope that the American administration will work with us in this," he said.

In Jerusalem, an Israeli government official said Israel could not give a formal response until the full text of the PLO leader's remarks was examined, but that Arafat says what is convenient for him to say. There is nothing new in it.

"The principle of land for peace is brought up from time to time, it looks moderate to the Americans, but it's just another example of his (Arafat's) doubletalk," said the official, who spoke on condition that he not be identified.

With U.S. diplomatic efforts in the region stalled, some State Department officials have recommended discussions between U.S. Middle East troubleshooter Richard W. Murphy and an aide to Arafat.

Deputy Secretary of State George Shultz rejected the idea Friday following a meeting with Israeli Finance Minister Yitzhak Mordechai, reiterating an old U.S. position of refusing to talk directly with the PLO.

Shiites ignore latest cease-fire try as fighting flares in refugee camps

BEIRUT, Lebanon (AP) — Shiite Moslem forces ignored on Sunday a cease-fire called to end five days of battles and fought Palestinian guerrillas entrenched in a refugee camp with mortars and rocket-propelled grenades, police said.

Police reported two people killed and eight wounded in afternoon clashes, including the known toll of 32 dead and 183 wounded since camp fighting broke out on Tuesday.

"Education Minister" Salim Hoss met in Damascus Sunday with Vice President Abdul-Halim Khaddam of Syria to ask that Syrian troops be deployed in mostly Moslem west Beirut as the only way to restore order there.

The Shiite Amal militia, in addition to fighting at the Bourj el-Barajneh refugee camp in south Beirut, is locked in a power struggle with Druse militia in west Beirut.

Hoss, a Sunni Moslem and a former prime minister, told reporters in the Syrian capital that his talks focused on ways to curb the hostilities. He said the coordination committee, formed two months ago to oversee a truce among west Beirut's warring factions, planned a meeting Monday in Beirut.

The committee, headed by Prime Minister Rashid Karami, includes Shiite and Druse militia officials and Syrian military observers. So far, it has failed to enforce any of the truce measures.

There was no official Syrian comment on the request for troop deployment.

But in a statement issued upon returning to Beirut, Hoss quoted Khaddam as saying Syria "was very upset" over the renewed fighting and pledged to help end it through the coordination committee.

Common market seeks global impact

BRUSSELS, Belgium (AP) — Officials of the European Common Market return from a summer recess this week with more than 100 proposals for playing a major role on the world stage.

The 10-nation trading bloc has resolved enough of its internal problems to cast a more serious eye on the outside world: South Africa and its racial crisis, the economic and political woes in Latin America and trade relations with the United States and Japan.

Each of these issues is the near top of the agenda for the diplomats and bureaucrats returning to the Brussels headquarters of the European Economic Community, the Common Market's official name.

Western Europe still has plenty of economic problems to worry about, but they are less of a preoccupation than in recent years.

Unemployment in the region has dropped nearly one percentage point since peaking at a record 11.9 percent in January, and economic growth this year is higher than in the United States, though below that in Japan.

The Common Market also is preparing for the formal entry Jan. 1 of Spain and Portugal. The Iberian nations signed membership treaties June 12, setting the stage for the first expansion of the Common Market since Greece joined in 1981.

The transition to a larger Common Market presents its leaders with a bundle of in-house problems, not the least of which is the prospect of even slower decision-making with two additional members.

But it also presents new opportunities for Western Europe to make its voice heard more clearly on important international issues.

There is a look at the major foreign issues facing the Common Market.

SOUTH AFRICA

Foreign ministers from the 10 member countries, plus Spain and Portugal, met Sept. 10 to discuss South Africa's apartheid policy of racial separation, its year of violence and the possibility of imposing joint economic sanctions against the white-minority government.

The foreign ministers of the Netherlands, Italy and Luxembourg will report on their Aug. 30-Sept. 1 visit to South Africa.

FOREIGN TRADE

The Common Market opens negotiations later in September on the proposed renewal of a year-old agreement limiting European steel exports to the United States. The current agreement expires Dec. 31.

The Europeans also will try in September negotiations with Washington to strike a deal ending a 16-year-old dispute over citrus fruit trade.

Japan also figures prominently on the Common Market agenda. A high-level meeting of Japanese and European officials will be held in October to assess the effects of Prime Minister Yasuhiro Nakasone's latest plan for opening Japanese markets to foreign goods and services.

LATIN AMERICA

At a ministerial conference in Luxembourg in November, the Common Market countries, plus Spain and Portugal, are expected to sign an agreement doubling financial aid to six Central American nations and establishing formal economic relations.

The November meeting also is to discuss possible solutions to the political strife in Central America and to consider long-range plans for easing the huge foreign debt burden on the region.

85 reported killed in Sri Lankan violence

NEW DELHI, India (AP) — News reports quoted Sri Lankans living in India as saying Sunday that Sinhalese guards burned three villages in their homeland, killing 50 Tamils, and Sinhalese thugs set fire to a bus, killing 33 other Tamils.

In Colombo, the Sri Lankan capital, the government said it had no information about the report concerning the bus. Officials could not be reached later to comment on the alleged raids on the villages in the Tamil-dominated north of the island, formerly Ceylon.

The United News of India, quoting unidentified Tamils in the southern Indian city of Madras, said a group of Sinhalese "hoodlums" stopped a bus carrying 36 Tamils at Ichhapalaha, a village about two miles south of Jaffna on the road to Colombo, and set it ablaze Saturday night.

It said 35 passengers perished and one escaped with burns, but gave no further details.

Deadly forest fire put out in Turkey

ISTANBUL, Turkey (AP) — Firefighters put out a forest fire on Sunday that killed 14 soldiers and a forest ranger who were trapped, while battling the flames, the semi-official Anatolia news agency reported.

The fire, which broke out Friday, burned 2,400 acres of forest around the village of Davutlar, the agency said.

The area is about 8 miles southeast of Kusadasi, an Aegean Sea resort that draws thousands of foreign tourists, especially British and French. Kusadasi was not threatened by the fire.

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PG-13 Rating Introduced

A new rating category is in place as of July 1. This new category inserted between the current PG and R ratings: It is designated as "PG-13: Parents are strongly cautioned to give special guidance for attendance of children under 13. Some material may be inappropriate for young children."

The revised five-category system of the voluntary film industry rating program is now as follows:

- G** General Audiences, all ages admitted.
- PG** Parental guidance suggested. Some material may not be suitable for children.
- PG-13** Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for young children.
- R** Restricted, under 17 requires accompanying parent or adult guardian.
- X** No one under 17 admitted.

All films rated after July 1 will be given ratings under the new five-category system.

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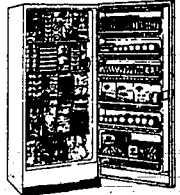
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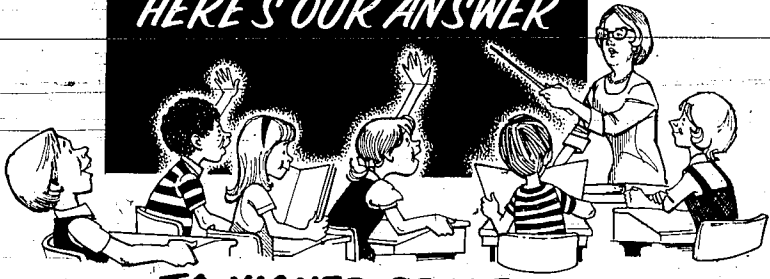
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F.A.T. A.T.T.A.C.K.S

Fatty foods sabotage weight control, damage good health

By MIKE SULLIVAN
Times-News writer

Having come into the world before it was trendy to be fit, and having a deep-seated suspicion of anything trendy, I've had mixed emotions about the fitness revolution.

Clearly recognizing the physical and psychological benefits of regular exercise, good nutrition and other healthy practices, I have to confess that I stiffen my back at the non-stop barrage of fitness messages beamed at the American public today. The fitness forces mean well. I'm sure, but their war against ill health sometimes borders on overkill.

Isn't this a strange thing to be saying, you might ask, in a section of this newspaper devoted to fitness? Not really.

You see, I'm not alone in this feeling. There are, at the least, thousands of my fellow Americans who feel this way. We resent having people tell us what's good for us. We'd rather find out ourselves—often the hard way. The best lessons are learned that way.

My first awareness of this idiosyncrasy dawned on a ski slope over a decade ago. A ski patrolman, mistaking my plan for a lack of control, told me to slow down. Slow down? Speed was one of the reasons I skied? The patrolman was right, of course. I might have injured someone else. Injuring myself was my business.

Later, after discovering the therapeutic effects of solitude and vigorous exercise in the back-country, I bristled at the reams of written material being spewed out on the need for caution out there. One of the attractions of wilderness is the

absence of rules. It is, after all, my skin, I reason. "Safety Nazis" was a term I came across somewhere, promulgated by some kindred spirit who shared my dislike of being preached to. The term fit.

Life has since taught me a few things—the hard way. The most important of those things is to listen to someone who knows what they're talking about when they offer advice. In most cases, it took the equivalent of a two-by-four, vigorously applied between my eyes, to make me realize that.

This leads us to the reason for this discourse.

Friends, I've seen the light. It took a fat attack in the middle of the night to do it, but good nutrition is now as much a part of my life as telephones and video display terminals.

Oh, oh, you're thinking, not another born-again substance abuser?

Bear with me a little longer.

Like many of my contemporaries, I was lured by chicken fat. The best part of mom's roast chicken was the crisp skin enveloping the white meat—and holding most of the bird's fat—liberally soaked with gravy. Everything mom cooked, it seemed, was soaked in gravy. I loved it. Later, my all-American diet of beef, pork and chicken was supplemented by savory Italian imports such as pizza, lasagna and ravioli. For lunch, the bread on my ham sandwiches was smeared with margarine. For dessert, my ice cream was covered with chocolate syrup. My breakfast pancakes dripped rich syrup onto bacon and breakfast sausage. Salads were smothered with dressing. Sure, I knew it all contained fat.

So what? I burned off those calories playing tennis and skiing. I balanced the fat with carbohydrates—beer and pasta. Of course I also ate vegetables and took vitamin tablets religiously.

So it came as a bit of a shock when the attending physician in the emergency room the other night prodded my writhing body with a finger and announced that my tortured innards had finally rebelled at decades of fat abuse. The menu I was "hanged by the hospital dietitian" slammed into my consciousness with the impact of a death warrant. My favorite foods were now forbidden. All that was left were carrots.

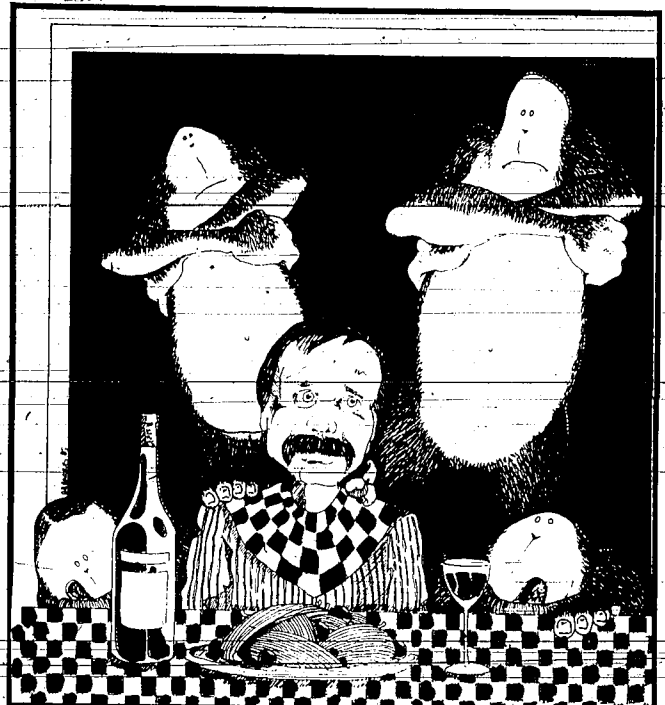
Fat, it seems, is insidious. It's difficult for some people to digest, it oozes into their system, accumulating in ugly pockets and overworking their liver, gall bladder and pancreas.

To make an already long story

short, I've been following the new diet—and surprisingly—feel better than ever. Fat had been my unconscious enemy all these years, sucking my energy, torturing my gastrointestinal tract and straining the limits of my belts. I'm now fat-free, singing the praises of fish and tofu and—and substituting pretzels for potato chips.

Fat has joined alcohol and cigarettes on my growing list of forbidden substances and has proven to be the easiest of all to give up.

I find myself doing things I'd never considered before—studying package labels to determine the fat content of the product, snacking on celery sticks rather than taco chips, eating bean curds, rather than ice cream. I do it not because it's trendy; I do it because it's smart.



Times News Graphic by P. HARRIS

Swap high-fat foods for the 'good guys'

By KRISTIN TUCKER
Times-News correspondent

Fat. It's in our bacon-and-egg breakfasts, burger-and-fries lunches and New York steak dinners—as well as in ice cream sundaes, mayonnaise-based salad dressings, butter, cheese, pastries and pizzas.

Forty-two percent of our calories come from fat—up from 32 percent just a few generations ago, and at least 10 percent above what nutritionists recommend.

That means that in a healthy 2500-calorie diet, 1050 calories come from fat. Cutting the fat to 35 percent means 875 fatty calories. Some experts think we'd all be wise to cut the fat to 25 percent of our calories from fat—625 calories worth, or 63 grams of fat per day.

All that high-fat eating puts pounds on our bodies, and increases our chances of suffering from heart disease, gallstones and possibly certain types of cancer (cancer of the colon, breast and endometrium).

Ounce for ounce, gram for gram, fat has more than double the calories of protein or carbohydrate. A tablespoon of butter (14 grams worth) has 100 calories; a tablespoon of sugar (12 grams worth) has only 45 calories. So a few fat-cutting strategies can cut dozens of calories from your diet, and drop that fat ratio significantly.

Replacing a high-fat favorite with a low-fat alternative is one of the most successful ways to change your diet. Try these swaps:

- Have 1/2 cup ice milk (3 grams fat) instead of 1/2 cup ice cream (7 grams fat);
- 1 cup popcorn, popped in oil with no butter (2 grams fat) instead of 10 potato chips (8 grams fat);
- Swap 1/2 English muffin with 1 tsp margarine (3 grams fat) for a glazed doughnut (11 grams fat);
- 1 ounce of low-fat mozzarella cheese (6 grams fat) for 1 ounce cheddar cheese (9 grams fat);
- 1 cup 1-percent milk (3 grams fat) for 1 cup whole milk (10 grams fat).

Half of a broiled chicken (7 grams of fat) for a 12-ounce steak (30 grams of fat).

Of course, cutting the size of your portions will also cut the fat in your food: a 6-ounce steak has half the fat of a 12-ounce steak, a teaspoon of butter has a third the fat of a tablespoon of butter, etc.

And you should restrict your use of certain "high-fat" extras: bacon, butter, sausages and deep-fried foods are just a few examples. Reading the labels on the foods you eat will tell you more about what you are eating. Look for listings for fat, cholesterol, saturated fat and unsaturated fats.

CHOLESTEROL is not a fat, but a fat-like substance that's found in foods high in animal fat. Gallstones are "crystals of cholesterol" that form in the gall bladder.

SATURATED FATS are usually solid at room temperature, and are usually animal fats. Butter, meats, egg yolks and dairy products are high in saturated fats. They are also high in cholesterol.

Festival promotes healthy-heart eats

By KRISTIN TUCKER
Times-News correspondent

TWIN FALLS—Local supermarkets, hospitals and community volunteers are joining forces with the American Heart Association's Food Festival scheduled this weekend.

Greg Hassakis, regional director of the American Heart Association, says the AHA is working with five major food chains nationwide and numerous independent stores to improve public awareness of nutrition, shopping, eating habits and healthy lifestyles. Among the Food-Festival activities are store tours, blood pressure screenings, free cookbooks and plenty of AHA information.

Sharon Gerberding, dietitian at Gooding County Memorial Hospital, hopes to help the public become better informed about the foods needed for a healthy heart. "There's so much misleading information on food labels. It's hard for the consumer to understand what's best," she says.

Assisted by volunteers from local 4-H groups, Gerberding will be at the Gooding Safeway store from 10 a.m. to 3 p.m. on Saturday.

Low cholesterol snacks will be given out, and Gerberding will be on hand to talk with customers about healthy eating.

"Growing awareness will also be able to use a computer to determine their cardiac risk, thanks to 'Risko,' a computer program which has been made available by the local University of Idaho extension office.

The dietary staff of St. Benedict's Family Medical Center in Jerome will be handing out healthy information at the Jerome Safeway store on Friday from 11 a.m. to 6 p.m., says St. Benedict's personnel director Jim Evans. A copy of St. Benedict's employees cookbook will be given away hourly, and a hardbound copy of the AHA Cookbook will be given away at the end of the day.

Patricia Marks, dietitian at Magic Valley Regional Medical Center, is coordinating Food Festival activities in Twin Falls, including displays for viewing this Saturday at Albertson's and at the Safeway store on Flier Avenue.

Assisted by local 4-H Club members, Marks will be assembling a shopping cart filled with "heart healthy foods" which are low in saturated fat, cholesterol and sodium, and high in fiber.

Quick Takes

Jim Lehrer takes meaner notes

Recent studies of our long-neglected sense of smell may lead to unsuspected developments in medicine, advertising, academics—and even sex, say researchers who have whiffed surprising new trends in the air.

For starters, smell is fast gaining recognition as a diagnostic tool in certain medical conditions. Kidney disorders and diabetes, for example, are said to cause sweaty, fetid aromas. Cancer victims are thought to emit an identifiable odor when approaching death. This idea that the nose knows began centuries ago, when physicians observed that plague was associated with the smell of honey, scarlet fever with hot bread, measles with freshly plucked feathers and insanity with mice or deer.

Soviet physicians are currently experimenting with aroma therapy, says Dr. Robert Henkin, director of the Center for Molecular Nutrition and Sensory Disorders at Georgetown University Medical Center. They hope to find that whiffing specially formulated vapors through a person's environment, such as a hospital room, can help soothe anxiety, ease stress and even induce hypnosis and sleep in patients.

Some American researchers predict that smell will prove instrumental in behavioral as well as psychological conditioning. It's speculated that laboratories could concoct fragrances to boost worker productivity, convince shoppers to buy in department stores and arouse

Smell studies hold air of possibilities

By ROBERT BROYD
Los Angeles Times Syndicate

Recent studies of our long-neglected sense of smell may lead to unsuspected developments in medicine, advertising, academics—and even sex, say researchers who have whiffed surprising new trends in the air.

For starters, smell is fast gaining recognition as a diagnostic tool in certain medical conditions. Kidney disorders and diabetes, for example, are said to cause sweaty, fetid aromas. Cancer victims are thought to emit an identifiable odor when approaching death. This idea that the nose knows began centuries ago, when physicians observed that plague was associated with the smell of honey, scarlet fever with hot bread, measles with freshly plucked feathers and insanity with mice or deer.

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Some American researchers predict that smell will prove instrumental in behavioral as well as psychological conditioning. It's speculated that laboratories could concoct fragrances to boost worker productivity, convince shoppers to buy in department stores and arouse

student curiosity and receptiveness in classrooms.

"The use of vapors as hidden persuaders is very impressive," Henkin notes. Perfumed hostility far outstrips the nonperfumed kind, he says. Restaurants and food shops deliberately aim exhaust fans to well-trafficked sidewalks to entice customers with savory aromas.

Special odors are even being bottled and marketed, it seems, as potential aphrodisiacs. Last year Dr. George H. Dodd, a chemist at Warwick University in England, claimed to have isolated a possible human pheromone, a hormonal substance secreted by the body that conveys—like a smell telegram—sexual desire, fear, aggression or territoriality to other members of a species. Now Jovan, Inc., has introduced Andron, a fragrance that includes sandal, synthetically produced quantities of alpha androstrenol, said to be a human sex pheromone.

"Pheromones are important for establishing subliminal bonds between people, whether the people are lovers or mother and child," says Dr. John Money, professor of medical psychology at Johns Hopkins University Medical Hospital. "They're long-distance hormones produced usually for sex or reproduction."

A recent survey at Georgetown's Taste and Smell Clinic showed that an estimated 16 million Americans cannot smell sharply. Separate studies in the clinic showed that 25 percent of people with smell disorders lose interest in sex. Henkin speculates that the original life forms on earth had to mate by smell because the air was so dark.

Looking good

Blonde weavings kinder to hair
All-out bleaching no longer is the only way to achieve the fair-haired blonde look. Weaving four to five shades of blonde highlights through the hair is less damaging to hair, besides making frequent touch-ups unnecessary.

Quick, grow tresses long again
Hair's growing longer every day. With fall's lengthier styles for women, reminiscent of '80s looks, comes a big news, a softness that depends on health, cut and shine, not on backcombing and hairspray. Count on soft perms and mousses for lift. And look for a return of the flip.

501s lead dungaree-doll trend
With the strong come-on of Levi's 501 button-fly jeans, other designers are turning to classic straight-legged jeans and away from the passé "designer jeans" trend. The old familiar name "dungarees" is what Ralph Lauren's calling his functional denim pants.

Keep it simple for statement
Pared-down silhouettes cry out for simple, dramatic adornment. Try a pair of massive sculptured earrings, or one important jeweled piece. And gold this season takes on a richer, more burnished look, rather than a bright sheen.

Fixed or removable bridges can replace a missing tooth

By TIMOTHY C. GOGAN
Los Angeles Times Syndicate

Do you know someone with silver clips around his teeth? Very often a patient who needs a bridge will come in and ask if there is anything that can be done to avoid them.

When you lose a tooth, it is necessary to put something back in its place to prevent the other teeth from shifting. Top and bottom teeth fit together. If you lose a top tooth, and don't put something back, the bottom tooth will grow up to try to meet either another tooth or the gum tissues where the top tooth was removed. The same is true if a bottom tooth is lost.

There are two ways to replace a missing tooth: either a fixed bridge or a removable bridge. A fixed bridge is cemented into place. A removable bridge can be put in and taken out of the mouth.

A fixed bridge works well when one, two or three teeth are missing and there is a tooth on either side of the space. The teeth on either side of the space are capped or crowned and artificial teeth are joined to the caps.

A removable bridge can be used if there are more than three teeth missing and if there are no more teeth left in the back of the mouth.

If more than three teeth are missing, the distance between the remaining teeth is too wide for a fixed bridge to hold; it can break or warp.

If there are teeth left in the back of the mouth, the dentist usually cannot hang two or three caps off the side of another tooth. These cliffhanger caps will either become loose or they will rock the remaining tooth loose. (Think of a teeter totter; as the cliffhanger caps move down, the remaining tooth would move up.)

A removable bridge is a better choice than a cemented bridge when three or more teeth have to be replaced, or when the back teeth are missing.

A removable bridge is designed to fit by friction; either clips (clasps) or snaps can be used. They are made of steel wire or cast chrome metal. Snap attachments can only be used if the teeth next to the space are capped or covered. Not every person who needs a removable bridge can use these precision attachments.

The fact that you have teeth next to the space does not always mean they will be strong enough to hold caps and the removable bridge.

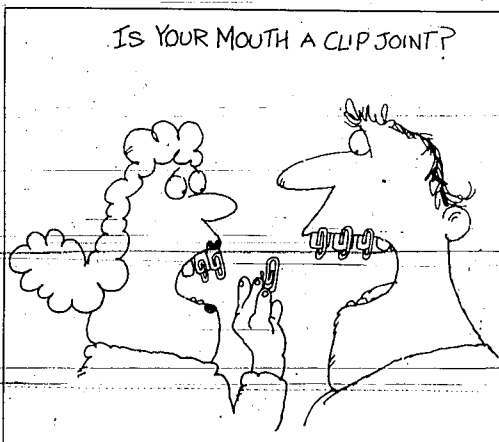
The length of the remaining teeth is critical. Most caps are seven millimeters tall

(counting from the edge of the gums to the biting edge of the tooth. Most caps are between 1 1/2 to two millimeters thick (the thickness of tooth enamel). So at least five millimeters of tooth should be present to hold the cap. If the remaining tooth is too short, precision attachments may not be used.

The length of the tooth root and the amount of bone around the tooth is also important. If there is not enough bone there are short roots, the remaining teeth will not be strong enough to hold the removable bridge under the force of chewing. Just think of an ocean pier with the pylons supported in sand. If the sand washes out, exposing the pylons, the pier will break up.

The remaining teeth should not be loose or mobile. If there is adequate bone left and the root is long enough, the adjacent teeth can be capped together to compensate for the mobility. Also, the patient may need to wear a bruxism splint (a clear plastic guard) which covers the teeth at night and prevents heavy clenching from loosening the teeth.

Adults start out with 32 teeth (16 on the top, 16 on the bottom). If the wisdom teeth, or third molars have been removed, there will be 28 teeth left (14 top and 14 bottom).



Lasers minimize pain of cataract surgery

By PAUL FIRST, M.D.
Los Angeles Times Syndicate

Years ago the word "cataracts" brought visions of either extremely uncomfortable eye surgery with an extended recovery period or imminent blindness. However, the use of high-frequency sound waves and laser technology have made cataract surgery quick and relatively painless.

A cataract is a clouding of the lens of the eye due to the natural aging process. After the age of 60 most people will have developed some cataract problem. (Some kind of vision impairment affects over 2 million Americans.) The lens of the eye focuses light coming through the clear cornea onto the retina, the light-sensitive membrane at the back of the eye. The lens, which lies behind the iris and in front of the retina, is normally clear. When it becomes cloudy however, it interferes with the light reaching the retina, and vision becomes

blurred or dimmed.

Cataract surgery is only 30 minutes long and can be done on an outpatient basis under local anesthetic and light sedation. Using an operating microscope that magnifies the eye from five to 45 times, a tiny incision is made and the old clouded lens is removed, either intact or by using a process called phacoemulsification, which breaks the lens into small particles using high-frequency sound waves; the tiny particles are then vacuumed out of the eye.

A new plastic lens can be permanently implanted to replace the clouded one. The intraocular lens, or IOL, works exactly as the old lens did, giving the same vision that was enjoyed before the cataracts and without using heavy cataract glasses or contacts. (The lens implant is usually done during cataract surgery, but can be performed months or even years after the initial surgery.)

The patient goes home a few hours later with a temporary patch over the treated eye. Normal activity can be resumed almost immediately, with complete recovery taking from four to six weeks.

New laser technology has simplified the problems of secondary cataract treatment. In a small percentage of cases, clouding occurs on the lens capsule that was left behind when the lens was removed. A small intense laser beam called a YAG (yttrium YQ aluminum garnet, a type of crystal used to filter light from the laser) is directed at the cloudy particles, painlessly vaporizes them and restores the impaired sight immediately.

Symptoms of cataracts are dimmed or blurred vision, difficulty in reading, frequent changes in eyeglass strength and trouble with nighttime glare. A checkup can determine if you have cataracts and their severity.

Paul First, M.D., is an assistant clinical professor of ophthalmology at Hollywood Presbyterian Hospital.

Cancer rate increases in black males

WASHINGTON — Black male tend to be high in fiber and low in fat, have extremely low rates of colon cancer. But American blacks who white males, now have a far higher have adopted high-fat, low-fiber rate than white males, white fiber diets are experiencing higher colon cancer rates.

The increase is due partly to psychological and behavioral factors — including consumption of alcohol, cigarette smoking, fatty diets, emotional stress and exposure to carcinogens on the job — concludes a study by two researchers at Pennsylvania State University.

The study, by psychologists Howard R. Hall and Xyna Bell, was reported in The Journal of Black Psychology. It cites these points:

— A higher percentage of black males (46 percent) than white males (38 percent) smokes cigarettes, the leading cause of lung cancer.

Small words, big results, This is a Times-News Classified.

Phone 733-0931

— African populations, whose diets

Rectal bleeding needs quick attention

DEAR DR. LAMB: I am very concerned about bleeding from my rectum. When I go to the rest room and have a bowel movement I pass blood and it makes me very afraid. I know I have piles, I've been to the doctor and he told me I have piles and he treats them whenever I go to see him.

But he never tells me to get them operated on. Now the piles will not go back inside my rectum. It doesn't bother me but I do have bleeding every now and then. This has been going on a long time and I'd like to know your opinion of this matter.

DEAR READER: My first concern is to be certain that all my readers know that if they have bleeding from the rectum or in their stool, movement that they see a doctor as soon as possible. Why? You need to be certain it is not colorectal cancer. A cancer of the rectum can usually be cured if found early.

In your case, I am glad you have been seeing a doctor and that you know your bleeding is from hemorrhoids: But a tumor in the rectum can cause enough pressure to cause hemorrhoids, so an examination is essential.

What needs to be done in your case depends entirely on the findings during physical examination. Perhaps your doctor has not discussed surgery with you because you have not asked him about it. Your



Lawrence Lamb, M.D.

description sounds like you would need surgery if you are correct hemorrhoid condition. If you had just internal hemorrhoids, then you might be treated with injections or ligations. External hemorrhoids or those that are both internal and external usually require surgery.

I have discussed the difference in internal and external hemorrhoids in The Health Letter—13-12, "Hemorrhoids: New Treatment for an Old Affliction," which I am sending you. Others who want this issue can send 75 cents with a long, stamped, self-addressed envelope for it to me in care of this newspaper, P.O. Box 19622, Irvine, CA 92713.

The term piles is correctly applied to external hemorrhoids. The word comes from Latin and means "ball." They give the patient the sensation of sitting uncomfortably on a ball. Hemorrhoids refers to blood flow as occurs from internal hemorrhoids.

DEAR DR. LAMB: I am a 19-year-old diabetic. Recently I had a motorcycle accident which severely fractured the tibia and fibula in my right leg. While convalescing, which

has been taking months, I have dropped my weight from 150 to 120 pounds. I've heard you should eat large amounts of red meat to gain weight back fast. Is this so? Is red meat unhealthy for my system?

Please let me know if it will help.

DEAR READER: Please have your diabetes checked. If you are losing a lot of sugar in your urine that will cause you to lose weight. You might also be able to test this by noticing if you are drinking lots of water and passing lots of urine. If your diabetes is the answer to your weight loss, you need to have your diabetes controlled, not just eat more red meat.

Lean meat is actually low in calories, and it is a good source of protein for muscles. Meat with fat will give you lots of calories from the fat, not the flesh. If you need calories, fat meat is a good source. The only real danger is that a high-fat diet may raise your cholesterol, but you can have that checked first and followed as you regain lost weight.

You probably also need a physical therapist to help you with exercises for your leg muscles. If you can do strength exercises, that will help you build muscle rather than just adding fat to your body.

Doctor Lamb welcomes letters from readers with health questions. You can write to him at P.O. Box 19622, Irvine, CA 92713.

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Spitting tests palsy recovery

From wild, wonderful West Virginia comes a new way for doctors to determine whether someone has recovered from Bell's palsy, a usually temporary paralysis of facial muscles.

Northern doctors may not have heard of the technique, Dr. Darren Lisse and two colleagues write in the Journal of the American Medical Association. It involves chewing tobacco and the resultant juice. And spitting.

"At the disease onset," Lisse writes about one patient, "while chewing his tobacco, he was able to spit the juice only out the (unaffected) side."

The patient's spitting proficiency increased as he regained control of his cheek muscles.

"Over the weeks he was able to transcribe an arc that gradually progressed to the midline, at which time complete healing was obvious."

In the past, only a painful and relatively expensive electrodiagnostic test could trace healing of the nerve.

"The spitting industry will surely rejoice in our efforts," Lisse writes.

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CONTOUR ANALYSIS PHOTO
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A physician will lecture on breast cancer incidence, mortality, and symptoms. A question and answer session and an opportunity to sign up for the clinic will follow the lecture.

Free Clinic: Wednesday, September 18, 4:00-7:00 p.m.
MVRMC Same Day Services Center
Medical professionals will instruct on self breast examination techniques. If desired, a mammography examination will be arranged at this time. There will be a \$60 charge for xeromammography. Reports will be directed to the participants' physicians.

TIMES-NEWS CLASSIFIED ADS PHONE 733-0931



Chain adds a name

McFadden does Penney's designs

By KIM MARCUM
Dallas Times Herald

DALLAS — With the addition of Coty Award winner Mary McFadden, JCPenney's stable of fashionable designer names grows to half a dozen. It marks yet another milestone in creating an upscale image, complete with an exclusive designer department, for the 83-year-old chain.

McFadden, who was inducted into the Fashion Hall of Fame in 1979 for her fantasy evening creations, introduces her "Signature" Collection of missy sportswear to JCPenney customers this season. The 15-piece line, the first of six annual collections, focuses on related separates with classic styling.

For the first time since she began designing more than a decade ago, McFadden tries her hand at sportswear. She delivers well-tailored—merino-wool pants, draped—jackets and architecturally-detailed blouses in a rich palette of teal, cobalt and cinnamon accented by mustard.

Except for her trademark twist of color and texture, the Signature Collection differs dramatically from her established couture line. "My couture business is built on fanciful evening wear," McFadden said recently. "But this is executive dressing that centers on the idea of separates. I designed it to reflect my daughter Justine's generation. These are clothes for women of the '80s — women who are on the go and have little time to shop, but still want excitement in their wardrobes."

Prices will help make that excitement more affordable.

Snips and shags shape these cuts

This fall brings new allure to hair with an engaging collection of sexy, sleek designs. Inspired by the season's feminine, body-conscious fashions, these looks turn toward longer, more shaggy silhouettes, exchanging volume and lift for low-laying, forward-flowing movement with wicked wisps and flirt fringes.

Texture takes on new importance, combining revolutionary cutting techniques with creative color to give the season's flattened shapes abundant motion, depth, and dimension.

REVERSIBLE. Rushing boldly—but softly—forward toward the face, "reversible" presents a refreshing new shape with amazing adaptability. Pointing teams up with "Bite" cutting, a method in which little bites of hair are snipped out near the roots, to produce a ragged, shaggy texture. Impact comes from the forward sweep of bangs, achieved via scooping and slide cutting.

Color comes into play with two-tone coloration, leaving roots dark for depth and dimension and adding artful strokes of gold and blonde tint on ends, along the perimeter—and above the bangs. Brushed forward, flashes of blonde texturize and accentuate movement toward the face. But when hair is brushed back, light reverses to dark for a whole

new look. **MOPPET.** An ultra-feminine mid-length cut that transforms yesterday's blunt bob into a sensationally soft, wispy perimeter, with bits and bites of hair flicked out to achieve ruffled, broken-up texture. Taking its cue from wigs, "Moppet" sits close to the head like a cap, while sexy, slinky strands of hair slip weightlessly forward to filter over a mini fringe. Motion and interest are heightened by nipping into the hair's surface layers at an angle to create a rippled effect.

FLICK. This lengthy look is unmistakably sexy, shapely—with a surprising dash of shaggy texture falling forward toward the face. First, while hair is still wet, a geometric shape is created. Featured are a gently layered back, forward-sloping side and a soft, short fringe, balanced by longer overlapping strands. Once hair is dried, texture takes charge via "Flick" cutting—a technique in which pieces of hair are intermittently flicked out, angled according to the cut's desired movement. The result is soft, ruffled texture, further defined and broken up by a splash of blonde tint around the face and along the back perimeter.



Dark roots, light hair tips shift effects in 'Reversible'



Ruffled layers of hair in many lengths form 'Flick'



'Moppet' softens the blunt bob with a wispy perimeter

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AMA head: Profession suffers gap

By ALLAN PARACHINI
Los Angeles Times

LOS ANGELES — When Dr. Harlson L. Rogers Jr. finished his training in surgery and hung out his shingle in Atlanta in 1957, he had to go to a banker friend of his family and arrange for \$1,000 monthly loans to make it through his first year in practice.

He was able to start paying back the cash advances within about 1½ years and went on to establish himself as a general surgeon. From there, Rogers' career advanced, taking him this year to the presidency of the American Medical Association, in which he serves as the chief spokesman for the nation's private practice physicians.

Like AMA presidents before him, Rogers came to realize before his election that the year he will spend

as the top elected officer of the nation's largest medical trade group will require massive amounts of travel, at least 250,000 miles, and will leave little time to practice medicine. So, also like other previous AMA presidents, he invited a young physician, Dr. Jeffrey Stone, to join his office and absorb virtually the entire caseload until next summer.

What makes this significant is that, in his interaction with Stone and perception of the younger surgeon, the 61-year-old Rogers has developed, he said in a recent interview here, a greater sense and understanding of what could be called the generation gap that divides medicine today — just as it does the rest of American society.

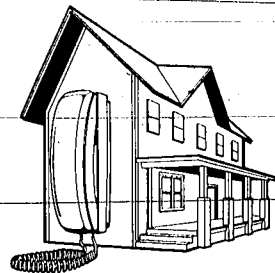
An era has genuinely passed. When Rogers first started practicing in Atlanta, blacks were treated on segregated wards in hospitals that were

not air-conditioned and where all patients were housed in rooms so dimly lit it was often not possible, he remembers, to tell if they were jaundiced.

One of the first things Rogers discovered in his relationship with Stone, 33, is that, despite a growing gloom-and-doom attitude about the economic futures of young doctors that pervades much of medicine (among Rogers' generation, at least), Stone will be able to get into practice without having to endure the year or two of economic uncertainty Rogers faced in the 1950s.

The younger surgeon, because he works on call part-time for local emergency rooms and has taken care to cultivate referral sources for patients, will be able to pay his way in practice earlier than his older colleague.

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County approves 1985-86 budget

Board votes to review plan in six months

By PAT MARCANTONIO
Times-News writer

TWIN FALLS — After a lot of cutting, squeezing and shifting to make ends meet, the Twin Falls County Board of County Commissioners Friday adopted the 1985-86 county budget of \$5.3 million.

But they are going to review the budget in six months to determine if there's more work to be done.

Commissioner Judy Felton said Friday that the allowance for a budget review was part of the ordinance adopting the budget. One reason for the second look is the possibility of a holdback in state spending because of a projected fiscal 1986 deficit of up to \$11 million due to reduced revenue. The prediction was made by Lt. Gov. David Leroy. The staff of Gov. John Evans, however, says there would be a wait of a few months before a holdback is ordered because of the volatile nature of revenue figures.

Another reason to review the budget is because of recent pressure on the indigent budget. The county this week paid \$123,000 for indigent claims, Felton said. The amount includes \$70,000 to a Salt Lake City hospital and \$25,000 to Alameda, County, Calif., for their cost of treating a man arrested there on a Twin Falls County warrant. The county had requested more money, but the case was negotiated down to \$25,000. The remainder of the indigent fund was depleted by smaller bills, Felton said.

In the newly adopted budget, the commissioners cut the poor fund because they didn't want to levy any more on the taxpayers, she added. Yet, the county could be pinched if more claims arrive.

While the commissioners don't know how the county will be affected by a state holdback or a shrinking indigent fund, they do have a contingency plan if the money doesn't roll in, Felton said.

Among the ideas are staff cuts, changing the hours of the Courthouse and other actions, "we hope we won't have to do," Felton said.

The 1985-86 budget, which goes into effect Oct. 1, freezes the wages of county employees, allows money for more jailers and takes into account a \$110,000 increase in the cost of county insurance.

Flying high



Capt. Lance Undhjem (inset), will fly with the Air Force Thunderbirds next spring

Undhjem's fortunes take off with Thunderbird selection

By BONNIE BARRD JONES
Times-News writer

TWIN FALLS — When Lance Undhjem was going to school in Twin Falls, he wanted to grow up to be a pilot. He worked diligently toward that end by earning an appointment to the U.S. Air Force Academy.

Now, after seven years of active duty as a pilot with the Air Force, the Twin Falls man is about to attain another achievement that many pilots only dream about. He will be flying during the 1984-87 term with the six-man U.S. Air Force Thunderbirds, the pride of the Air Force and its one and only high-precision aerial demonstration team of F-16 jet pilots.

Home for a brief visit, Undhjem learned Tuesday that he has actually been selected to train for one of the wing positions and to begin flying with the famed demonstration team next spring.

Now 28, and a pilot for a former Air Force jet, he left Thursday morning for Las Vegas, Nev., to meet his wife and celebrate their fourth wedding anniversary before reporting to his new assignment. He will be one of the youngest Thunderbird pilots to fly with the world-famous team, since most are about 30 or more when they join the program.

Thunderbird pilots train for one specific formation position as a solo pilot and rigorous training runs from November through February to prepare pilots for the beginning of the show season in March.

One-half of the six-member team changes each year, and members remain with the squadron only two years. But it is a busy two years; with some 100 shows a year and at least one performance in a foreign country, Lance says in the coming year, it may be a trip to China.

Capt. Undhjem says it is a rare opportunity and he is looking forward to the coming two years.

"I see it as an assignment with three major missions," Undhjem said. "First of all it is a tremendous public relations opportunity for the Air Force, and one that probably recruits more airmen than any other effort. When we fly the first line jet fighters we are also showing the taxpayers what their money buys. And third, when we go aboard the red, white and blue aircraft, we demonstrate to our allies the U.S. air strength and skills."

The son of Virginia Undhjem of Twin Falls, the Thunderbird graduated from Twin Falls High School with the class of 1974. He then received the academy appointment when Idaho senators James McClure and Frank Church and Rep. Orval Hansen all approved his nomination.

Four years later, Undhjem graduated from the academy and went into active service. He completed pilot training at Williams AFB in Phoenix, Ariz. Over the ensuing years he flew the F-16 Falcon; the craft flown by the Thunderbirds; at both Williams AFB and Hill AFB in Utah; he spent a year in Korea at Kunsan Air Base on the west shore of the peninsula. During that time, he traveled the Far East, including Japan and the Philippines during 1983.

He returned to the U.S. and entered weapons training and was one of the youngest ever to graduate from the weapons school at Hurler AFB, where he is still stationed.

With 1,000 flying hours to his credit, Undhjem decided last spring to submit his application to the Thunderbird program.

"You have to apply, send in a resume, letters of recommendation and state your intent and why you want to become part of the Thunderbird team," he said. "Congress and other authorities review the applications and narrow the field to eight semifinalists."

"We then go to Nellis (AFB home base for the Thunderbirds), where we meet with the team; are in-

See PILOT on Page C2

Chadband's remarks raise Roark's ire

By DEAN S. MILLER
Times-News writer

TWIN FALLS — Former Blaine County prosecuting attorney Keith Roark has blasted congressional candidate Rep. J.F. Chadband, R-Idaho Falls, for disparaging remarks Chadband made about Blaine County voter registration practices.

Roark said when Chadband told the Idaho Mountain Express last week that Blaine County had "the highest percentage of non-compliance with voter registration laws in the state," the term "non-compliance" was "deliberately inaccurate and misleading."

Roark said Chadband's remarks were "so shockingly false, I am compelled to set the record straight once more."

Chadband and other supporters of defeated congressman George Hansen challenged Blaine County election returns last winter after Hansen was narrowly defeated by Democrat Richard Stallings. An investigation by the Attorney General's office and Roark's office revealed no indication of organized voter fraud.

Kniewel to appear at ceremony today

By DEAN S. MILLER
Times-News writer

TWIN FALLS — Motorcycle stuntman Robert "Eve" Kniewel will be looking down on the top of a semi-truck again today, but this time he will be standing on a flat-bed floor and not soaring over a trailer box on a motorcycle.

Officials of the Twin Falls Chamber of Commerce will host a ceremony at 10 this morning to place a marker commemorating Kniewel's attempted jump over the Snake River Canyon. The stage from which they will speak will be on a flatbed truck, which is fitting because Kniewel used to jump long rows of trucks in his stunt-man days.

Kniewel is expected to appear at the ceremony and to speak to those who gather for it. Chamber of Commerce executive vice president Michael Dolton said Sunday afternoon that Kniewel was not yet in town but would arrive later in the evening.

"I'll be glad to get through it. The thing that concerns me the most now is the weather," he said. Twin Falls skies were grey and spitting rain Sunday.

Kniewel will be on his way to a gallery showing of his paintings in the Seattle area, Dolton said. Kniewel has announced that he is now a painter and will have a display trailer with him. Interested persons will be shown his works, Dolton said.

People attending the ceremony will be asked to park on Pole Line Road to avoid blocking traffic over the bridge. Dolton said friends of Kniewel have announced intentions to show up to pay tribute to their friend at the ceremony.

The Montana daredevil brought national attention to Twin Falls on Sept. 8, 1974 when he failed in an attempt to jump the Snake River Canyon from south to north on a rocket-powered "Skycycle."

With two Salt Lake City television stations and two Boise television stations set to cover the event, Dolton appears to have succeeded in his plan to bring Twin Falls into the national spotlight once again. He said about 50 newspapers have contacted him and a film crew will be on hand gathering material for a documentary on Kniewel.

Back-to-school supplies aren't for students only

By PAULA EUBANKS
Times-News writer

TWIN FALLS — Kids are not the only people who load up on back-to-school supplies. Teachers join the cashier line, too, as they stock classroom supplies that range from corrugated cardboard bulletin board trim to mimeographic stencils.

"Most people don't realize that the business we do with teachers is out of their pocket," said Judi Baxter, owner of Judi's Inc., a teaching supplies and book store in Twin Falls.

Each business day in the back-to-school season, any teacher's ticket is \$25, she said. "Some teachers spend \$100 just here, while some spend \$25 to \$30 here. That doesn't count what they buy elsewhere."

She added that investments in extra classroom materials production varies between teachers.

"Only 10 percent of the teachers' supplies (bought here) is reimbursed," she added. She said that teachers who will be reimbursed usually bring a purchase order to the store or ask for a receipt.

Most of her teacher customers are each primary grade teachers and most of her inventory is geared toward primary learning materials. She said secondary teachers' materials are not in the market, Baxter said.

Valley, from Elko and Wells, Nev., and from as far north as Challis buy at Judi's. The store's wares include premade bulletin board decorations and learning aids, flash cards, reward stickers, bumper stickers, number lines, imagination exercise tapes, curriculum workbooks and nursery rhyme records.

Teachers can run a tab for a \$2.65 basic addition flash cards set or a \$3.25 Idaho Counties flash cards set. They can sign a bill for scratch 'n' sniff reward stickers for under \$2 or singing multiplication tables recordings for under \$10. A book of art lesson ideas is \$8.95, while a roll of common bulletin board trim is \$2.65. A new-fangled trim with colored gumballs or black and white piano keyboards printed on it can be sacked for more.

Some school district administrators, individual school principals and PTA members tend to recognize some teachers' personal investment in classroom supplies and will reimburse, Baxter said. Others simply cannot afford to reimburse the teachers, she added.

Baxter was a grade school teacher for about seven years in Oregon and Twin Falls, where her assignment included teaching gifted students. She and another Twin Falls teacher, Judy Scholer, started the store as a teaching

supply store for about seven years in Oregon and Twin Falls, where her assignment included teaching gifted students. She and another Twin Falls teacher, Judy Scholer, started the store as a teaching

Teachers' from around Magic Valley



Shauna Robinson, a social studies instructor at Robert Stuart Junior High, picks out teaching aids at Judi's Books

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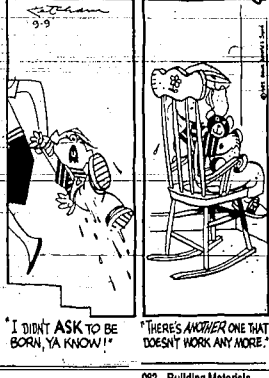
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