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The Times-News

81st year, No. 132

Twin Falls, Idaho

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195

Monday, May 12, 1988

Syrians retaliate, expel 3 Britons

The Associated Press

DAMASCUS, Syria — Syria on Sunday ordered out three British diplomats in retaliation for Britain's decision to expel three Syrian envoys it brought to question about an attempt to blow up an Israeli airliner.

More accusations — A5

The Syrian retaliation is an answer to the British government's expulsion of three diplomats serving with the Syrian Embassy in London without any objective justification, a ministry statement said.

Britain on Saturday ordered the three Syrians leave within a week because the Damascus government refused to waive diplomatic immunity. Britain said it wanted to question them regarding allegations about Syrian involvement in certain terrorist activities in this country.

Dr. Loutof Allah Haydar, Syria's ambassador to Britain, told The Associated Press the issue was the April 17 attempt to smuggle a bomb aboard a Tel Aviv-bound El Al airliner at London's Heathrow Airport.

The Syrian statement released Sunday said, "The Syrian Embassy has agreed that its three diplomats be questioned by British investigators inside the Syrian Embassy, out of an emphatic conviction that there is no connection whatsoever with the accusations leveled against them."

But Scotland Yard said information obtained from questioning the envoys would not stand up in court unless diplomatic immunity was waived.

President Hafez Assad's government, Moscow's closest Middle East ally, has denied involvement in any terrorist activity in Britain or elsewhere in Europe.

Government-controlled media claim that Western allegations Damascus is linked to terrorism have been fabricated to justify a military blow against Syria similar to the U.S. air attack on Libya, staged April 15 in retaliation for Libya's alleged involvement in international terrorism.



Pretty fair work

Gene Chapa sets scaffolding for block laying at the site of the new merchants building at the Twin Falls County Fairgrounds in Filer. Block work on the 10,000-square-foot building began on Thursday. The building's 12-foot walls are expected to be finished by Friday.

Nuclear plant cleanup hits 'turning point'

By ANDREW ROSENTHAL The Associated Press

MOSCOW — A leading physicist in the cleanup of the damaged Chernobyl nuclear reactor was quoted Sunday as saying a turning point had been reached and that it was no longer possible the situation would worsen.

"It is true that until today there existed the theoretical possibility of a catastrophe — a large portion of the (nuclear) fuel and reactor graphite was burning," the official news agency Tass quoted Yevgeny Velikhov as saying.

"This is now not the case," he was quoted as telling Soviet journalists in Kiev, 80 miles south of the plant. The Kremlin issued a three-paragraph statement Sunday night saying work was under way to decontaminate the housing near the power plant. Soviet television broadcast footage of the evacuated 18-mile zone around the plant, showing some decontamination workers in gas masks and other people in street clothes.

Velikhov said workers were trying to protect ground water from radioactive contamination. "A new phase of work has begun," Tass quoted him as saying. "Work is being done to decontaminate and encapsulate the radioactive material. This will ensure it won't fall into the ground water."

Velikhov, the vice president of the Soviet Academy of Scientists and a director of the Chernobyl cleanup, said soil is being frozen and cement is being poured with the goal of sealing off the damaged reactor. Officials will decide afterward whether to reactivate the power plant, he was quoted as saying.

Tass issued for the first time close-up photos of the damaged reactor. The black-and-white pictures, apparently taken from a helicopter, showed the upper part of the reactor building was blown off, and piles of rubble lay at its base. Nearby buildings appeared unharmed. See NUCLEAR on Page A2

Radioactivity found in N.W. Oregon milk

The Associated Press

PORTLAND, Ore. — Radioactivity from the Soviet nuclear accident was reported in U.S. milk for the first time Sunday by Oregon officials, who said the contamination was not a cause for concern.

The report came as weekend samples of air and rainwater in the Pacific Northwest showed levels of radioactivity that were higher than normal, but below a level considered dangerous. The Environmental Protection Agency has recorded sporadic levels of radiation from the Chernobyl disaster in the past week in much of the country except the Southeast, the EPA said Sunday.

The discovery of traces of iodine-131 and cesium-137 in milk taken Sunday from dairies in northwest Oregon means the radioactivity "is passing through the food chain," said Dr. Lester Wright of the state Health Division.

The samples showed 118 picocuries of iodine-131 and 43 picocuries of cesium-137 per liter of milk, he said.

Health officials would be concerned if the iodine-131 level reached 15,000 picocuries and the cesium-137 level rose to 24,000 picocuries per liter.

level rose to 24,000 picocuries per liter.

"There is no reason to believe these levels will be reached," he said. Radiation in rainwater samples taken in Portland on Friday hit the highest levels detected in the United States since a nuclear reactor at Chernobyl in the Soviet Ukraine exploded and caught fire two weeks ago.

In Washington state, an air sample taken Saturday at Olympia showed 7 picocuries per cubic meter, an increase from .113 Friday and .07 Thursday.

A sample of rainwater taken in Seattle showed 2,400 picocuries of radiation per cubic liter from iodine-131, which compares with 540 picocuries Friday, said Jim Kneeland, press secretary to Washington Gov. Booth Gardner.

Still, Kneeland said Saturday, "It's substantially below where they would start advising precautionary action."

A ban on drinking would be imposed if the level reached 10,000 picocuries per cubic liter, he said, and monitoring will continue this week.

Khadafy photo heats up Senate race

By DAVID ESPO The Associated Press

WASHINGTON — Is a picture worth a thousand votes? How about a few hundred thousand bucks in one of the nation's most closely watched Senate contests?

Libya isolated — A5

Campaign managers for Idaho Democratic Gov. John Evans have mailed out hundreds of thousands of copies of a 9-year-old photograph of the state's freshman GOP Sen. Steve Symms in a relaxed pose with Libyan leader Muammar Khadafy. The mailings went mostly to Jewish donors around the country as part of Evans' strategy to raise money in his campaign to unseat the colorful, conservative Symms.

Symms, who posed for the picture while on an unsuccessful trade mission to sell wheat to Libya in 1977, said through an aide that Evans' use of the photo is "a good, strong sleaze factor."

"The good governor has decided to take that photograph and use that trip as a means of extracting money from the Jewish community" outside Idaho, says press aide Rusty Butler, noting there is "essentially no Jewish vote in the state."



This 9-year-old photo of Sen. Steve Symms and Libyan leader Muammar Khadafy is being mailed to potential contributors by Senate candidate Gov. John Evans

campaign consultant, Peter Fenn, counters that the trip to Tripoli — made while Symms was in the House of Representatives and before Khadafy achieved his current notoriety as a sponsor of international terrorism — came during a period when only a few American officials would have anything to do with the Libyan leader. It's part of a "pattern of irresponsibility" on

In Evans, a popular, conservative governor, the Democrats believe they have the right candidate to unseat Symms, and interjection of the Khadafy photo seems to have placed Symms on the defensive.

Symms has moved frequently in recent months to portray himself as a strong friend of Israel. He visited the Jewish state for the first time in his 14 years in the Congress and recently opposed President Reagan's proposed sale of arms to Jordan and Saudi Arabia. In addition, his campaign mailed letters signed by Sen. Rudy Boschwitz, R-Minn., who is Jewish, saying that Symms is a "good and growing friend" of Israeli-American relations.

"In something of a confession on Symms' behalf, Boschwitz wrote, 'I suppose, in retrospect, Steve wishes he hadn't gone and that picture hadn't been taken.'"

But raising the issue hasn't been without cost to Evans' own campaign. It has produced a spate of editorials in Idaho newspapers denouncing the governor's campaign tactics. "Shoddy, underhanded campaign tactic unbecoming of Evans," said one.

Most polls point to an extremely tight election in the Symms-Evans race, but the senator, running as an incumbent who holds a seat on the tax-writing Senate Finance Committee. See CAMPAIGN on Page A2

Financial harvest looks bleak on farm... America and the world... The 2000 there could be 2000 large scale... The 2000 there could be 2000 large scale... The 2000 there could be 2000 large scale...



# Backfire slows raging blaze's progress

HAMPSTEAD, N.C. (AP) — Firefighters intentionally burned thousands of acres in the path of a week-old forest fire in southeastern North Carolina on Sunday, halting the progress of the blaze that has charred 70,000 acres and forced 5,000 people to flee their homes.

"We have broken the head and we hope to have it contained by tomorrow," said Tommy Thompson of the state Division of Forest Resources. "Things look real good" on U.S. 17 and State Route 210. Parts of the highways had been closed because of the unpredictable fire.

The backfire was started at 12:30 p.m., scorching 5,000 to 10,000 acres before colliding with the larger blaze several hours later, leaving it with nothing to burn in what had been its northwestern direction.

"If we had not, we'd probably have a 10,000-acre fire out of control," Thompson said. "There's no doubt in my mind that it would have crossed the Cape Fear River and homes would have been lost."

Fire lines were holding Sunday along the southwest, south and southeast sides of the blaze, said Chrystal Stowe, a spokeswoman for the state Department of Crime Control and Public Safety.

Officials called other states to find tractors—able to navigate in the swampy soil of Pender County, Ms. Stowe said.

"We're also looking for some relief equipment operators," she said. "What we have found thus far is that South Carolina is sending three tractors and plows to the Sandhills region to replace their lighter equipment, which they'll take back."

In addition, Georgia was sending a tractor plow and an equipment operator, officials said.

U.S. Highway 17 remained closed 25 miles in Pender County, as was North Carolina Route 210, she said.

About 5,000 people were asked to leave their homes and while few used evacuation shelters, when they call for a voluntary evacuation, people leave," she said.

Becky Strickland was among people fleeing homes on the east side of the county on Sunday, taking her two children, two dogs and a bird to her



A North Carolina firefighter starts a backfire Sunday in an effort to control the blaze.

mother's house. "I mean, my house is full of smoke," she said. "My eyes were burning."

Mrs. Strickland said she wasn't concerned about her house burning because her husband, a firefighter, burned the perimeter around the building. But she said they might lose 33 acres of woods in front of the house.

Joyce Bonitz, who watched her husband, Al, wet the shingles atop their country store Saturday, said their car was packed with belong-

ings. Their poodle, Muffett, was asleep on the back seat.

"It's very hard for him today," Mrs. Bonitz said of her husband, the owner of Al's Woodside Grill and Grocery. "He's joking and he's laughing, but it's all because of nervousness."

"It's very difficult to sit here and watch your whole life burn up in front of your eyes," she added. "No matter what, if it doesn't affect me personally, it's going to affect somebody you know. How do you deal with these kinds of things?"

On Sunday, officials said a hunting cabin valued at \$3,000 and an outbuilding, both unoccupied, were the only structures lost to the fire. Ms. Stowe said about 30 people, mostly firefighters, had been treated at the scene for smoke inhalation, cuts and bruises.

Officials estimated it has cost nearly \$147,000 to fight the fire. There were about 525 people fighting the fires, not including U.S. Forest service personnel, said Joe Dean, secretary of crime control and public safety.

# Gasoline prices jump at unprecedented rate

LOS ANGELES (AP) — Retail gasoline prices, after a five-month decline, are on a historically unprecedented upswing for this time of year, an oil industry analyst said Sunday.

"This Mother's Day increase reflects an earlier-than-usual price boost" normally associated with Memorial Day, said Dan Lundberg, who added that this has never happened at this time of year.

"Crude oil prices broke at a \$15-a-barrel level, the highest price in three months. Retail gasoline moved swiftly upward as well. This development ends an unintermittent retail decline of 31 cents a gallon since last December. It bottomed out two weeks ago at an overall average for all grades at 89.96 cents a gallon."

Nevertheless, Lundberg, who conducts a semi-weekly survey of gasoline prices nationwide, said this year's May prices remain about 30 cents-a-gallon-lower-than-last-year's prices.

During the weekend, the upturn of 2.33 cents a gallon brought the new 50-state average to 92.23 cents a gallon, Lundberg said. There is still

a larger increase of 3.38 cents a gallon at wholesale, indicating that an additional pump price of another penny a gallon is in the immediate future.

"But as Memorial Day approaches," he said, "the increase, if seasonally true to form, could bring, on another four- to five-cent increase, especially pressured by the nation's exceptionally low inventory of gasoline stocks."

A notable unseasonal increase in driving has already taken place, he said, with the promise of still more, to come as many Americans plan to vacation in the United States rather than overseas because of the threat of terrorism.

Regular leaded and unleaded grades of gasoline still hover well below a dollar, at 79.36 cents for regular leaded, 85.39 for regular unleaded and 99.78 for premium unleaded. Those are average prices at self-service pumps. Full-service prices average out at \$1.1263 a gallon, which represents a 26.28-cent fee for sitting in your car, Lundberg said.

## Mascot found hurt

COLLEGE STATION, Texas (AP) — "Texas USA," the state's Sesquicentennial mascot bull that had been missing for three days, has been found, but his back is fractured and his legs are paralyzed, officials said Sunday.

The bull is on loan from a Nebraska woman to help celebrate Texas' 150 years of independence from Mexico.

On Monday, the bull's back is to be X-rayed to determine whether he will have to be destroyed, veterinarian Jan Cornick said. She said the bull may have sustained a fall or been involved in a fight.

## HAPPY 40th



To Our Favorite Telephone Man

# FDA set to relax food-claim rules, but issues warning against abuse

WASHINGTON (AP) — The Food and Drug Administration plans to give the drug industry a chance to previously forbidden health claims for food or supplement shelves, with the warning that if claims become outlandish, "we will come down on you — hard."

Outlandish or unsupported health claims would lead at the very least to warning action against individual offenders, and widespread abuse could lead to a return to a flat ban, FDA Deputy Commissioner John A. Norris said.

"We will encourage, support and work with industry and consumers to formulate valid health messages to benefit the public," Norris said, outlining the plans in a recent speech at an industry seminar.

"But we will come down hard — and I do mean very hard — on any

abuse of this option. We will not allow a few bad apples to spoil the sauce for the rest," he said.

The FDA's hand was forced on the issue by a successful marketing campaign launched for Kellogg's All-Bran cereal 18 months ago.

In October 1984, Kellogg's began shipping All-Bran in boxes whose labels cited National Cancer Institute studies that a diet high in fiber could reduce the risk of some forms of cancer. It added that "bran cereals are one of the best sources of fiber."

The wording was worked out with the cancer institute and supported by the institute as an educational effort. It helped spark a continuing public interest in "high-fiber food." But the suggestion that All-Bran might prevent cancer also violated the FDA's ban on health claims.

FDA regulations forbid labeling that "represents, suggests or implies that the food... is adequate or effective in the prevention, cure, mitigation or treatment of any disease or symptom."

The policy long has been that such health-claims-in-effect try-to-sell foods as drugs. And drug sales are subject to strict approval standards — including advance testing for safety and effectiveness — to ensure that quacks don't make false claims that end up hurting people.

Norris told the industry seminar that processors might best consider the range of possible health claims as a yardstick. Only about three inches are likely to be clearly allowable, and another three inches of fuzzy-standing. The other 30 inches, he said, "are simply off limits."

# Summer jobs likely to be scarce

NEW YORK (AP) — Youngsters across the United States are likely to have difficulty finding jobs this summer, just as they did in 1985, according to an annual survey by the Conference Board released Sunday.

Private and public coalitions found jobs for 73,107 youths in 14 major cities last summer, the business-sponsored research group said.

While this figure was up 15 percent from 1984, virtually all the gains were in New York City and

Philadelphia, where private-sector commitment has been both strong and effective, the board said. The two cities generated nearly one-third of all summer jobs in surveyed cities, it said.

Program administrators say a slowdown in economic growth and a decline in federal aid will make job-hunting difficult for youngsters this year, the board said.

"The outlook is not rosy," said Wesley Etheridge, who conducted

the survey. Most of the administrators foresee no growth in job placements in 1986 and several predict a decline, Ms. Etheridge said.

Under this program, the government provided an 85 percent tax credit for the first \$1,000 in wages paid to youngsters hired during the summer. Congress did not extend the credit in 1986, although efforts are under way to reinstate this legislation.

# Strike is off — for now

NEWARK, N.J. (AP) — Amtrak and its engineers agreed Sunday to hold talks, and union officials called off a threatened midnight strike that would have disrupted travel for 24,000 intercity travelers and possibly hundreds of thousands of commuters.

"Amtrak expects to operate all of its trains normally without disruption," Amtrak spokeswoman Sue Martin said from Washington.

"I'm sure my members will be relieved. We want to serve the traveling public but we just can't let Amtrak trample on our rights," said William C. Hausleiter, general chairman of the Amtrak local of the Brotherhood of Locomotive Engineers. "We weren't looking for a strike, but we're ready."

Union and management officials said they agreed to meet in Washington on Tuesday.

At that meeting, the union will bring up proposed changes in working conditions for engineers, including ways to reduce stress, Hausleiter said, refusing to elaborate. The dispute centers on safety and pay grievances.

But he stressed that strike plans have only been put on hold pending the outcome of Tuesday's meeting.

The local's 2,000 members had threatened to strike at 12:01 a.m. EDT Monday on trains in the North-Corridor route and two spur lines running from Springfield, Mass., to New Haven, Conn., and from Harrisburg, Pa., to Philadelphia.



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# Shcharansky feted at rally

NEW YORK (AP) — Anatoly Shcharansky led 300,000 people in song Sunday and recalled his nine years in Soviet prisons and labor camps as he urged the gathering not to forget those he left behind.

"Together we have won once," Shcharansky said to the crowd at Solidarity Sunday, an annual rally for Soviet Jews. "Together, we will succeed again."

Shcharansky, who emigrated to Israel after being released from Soviet prison in February, was introduced by the Israeli ambassador to the United Nations, Benjamin Netanyahu.

As the two men accepted wave after wave of roars and applause, the audience spontaneously broke into the Hebrew song, "Shalom Aleichem," meaning "peace unto you." Shcharansky, grinning bashfully, began singing along into the microphone, his voice carrying across Day Hammerskjold Plaza.

Shcharansky recalled the names of others still held by the Soviets — physicist Andrei Sakharov among them — and urged the imposition of economic and political measures against the Soviet Union to bring pressure for their release.

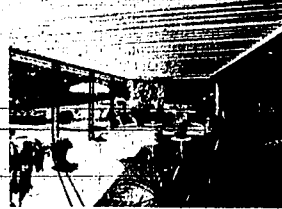
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## Reagan's obsession blocking Latin peace

The campaign by Latin American diplomats to draw up a peace treaty for Central America has been given up for dead many times in the last three years, but only in the United States. Latin political leaders understand the consequences of continued warfare in Central America better than their counterparts in Washington.

In the next few weeks there will be several important meetings in Central America that may bring the Contadora Group (Mexico, Venezuela, Colombia and Panama) closer to its goal of a comprehensive peace treaty between the revolutionary government in Nicaragua and its neighbors in El Salvador, Costa Rica, Honduras and Guatemala. The first was Thursday's gathering of Latin American leaders in Costa Rica for the inauguration of that country's new president, Oscar Arias. The informal discussions that occurred at Arias' inauguration will be followed by an official Contadora Group meeting May 16 in Panama. Then on May 24 Central American presidents will hold a summit meeting in Esquipulas, Guatemala.

Latinos hope this spate of diplomatic activity will produce enough momentum to carry the Contadora Group toward a pivotal meeting June 6. That is the target date set earlier this year for signing a regional peace treaty. But chances that a Contadora treaty could be signed by then are slim, because recently Nicaragua's Sandinista government has become more difficult. The Sandinistas insist they will sign no peace treaty until the Reagan administration stops aiding the contra's fighting to overthrow them. The United States says it will not let up on the Sandinistas until they agree to more democracy in their country.

Convinced they will not change President Reagan's stubborn stance, leaders of the four Contadora countries and their new support group (Brazil, Argentina, Peru and Uruguay) may try to convince Nicaragua's Daniel Ortega to budge instead. In exchange for signing a draft peace treaty, the Contadora countries may offer Nicaragua support in case of a confrontation with the United States. Peru's President Alan Garcia has already promised to break diplomatic ties with any nation that attacks Nicaragua. If other Latin presidents did the same, Ortega might sign a treaty and maybe even Reagan would get the message. But whether Reagan goes along with Contadora or not should make no difference to the Latin Americans. The president is so obsessed with the Sandinistas that he proceeds against them even without the support of Congress or the American public, and despite a lack of success on the battlefield. It is clear that if a peaceful way out of Central America's crisis is to be found, it must come from Latin America rather than Washington. Even if no Contadora treaty is signed by June 6, the Central American peace process must continue. There is no other option.

—Los Angeles Times

## Letters welcome

The Times-News welcomes letters to the editor but will reject those it considers libelous or in bad taste. Each letter must be signed and should include the writer's mailing address. Letters of more than 400 words may be edited for length.

## Careful consideration too tough at polls? Just pull lever A

Spring rain traditionally brings things like flowers, asparagus and mosquitoes. This year's April showers have been followed by another outdoor phenomenon — political campaign signs.

There they were last Monday morning, sprouting like crocuses along Highway 78-93, between Bellevue and Twin Falls, wooden signs for "Connie" and "Adamsom." The Republican contenders for the U.S. 2nd Congressional District seat had a virtual monopoly on the highway, particularly Dan Adamsom, whose simple blue messages were spaced like old Burma Shave signs. I almost expected them to read: "To Washington. Your Career File Total... Only... Get Your Vote... Adamsom."

But the message wasn't that tricky. Connie followed me all the way into Twin, where she was joined by "Watkins," "Stoker," "Richardson" and "Hofffield."

Does anyone expect these blights on the landscape to persuade someone to vote? What's the message? Is anything beyond the candidate's first or last name considered too complex to remember? Whatever happened to promises such as "Every man a king" or "A chicken in every pot"?

Sure they were exaggerations, but at least they were imaginative and provided voters with an idea of where the candidates were coming from.



Mike Sullivan

I suppose today's campaign signs say something about the elective process. Considering the boxes we wind up in, public office voters surely can't be pondering which candidate will do the best job when they step into the voting booth. They're voting for a party, some narrow cause, or for a name they're familiar with. Maybe the single word image is effective — it's seared into the voters' memory banks.

I'm reminded of a sign I once spent as a poll-watcher in Chicago, where the desire to vote is so strong that even the dead are known to arise and cast ballots — invariably for Democrats. Several voters came into the polling place unsure of who to vote for. So they asked the Democratic precinct captain sitting next to me, a dedicated campaign worker whose job depended upon getting out the Democratic vote. Looking at me out of the corners of his eyes, his limitations under the law were reluctantly explained to voters who were advised to go outside and pick up a pamphlet from the guy standing on the corner.

I would like to respond to Rep. Mack Neibaur's speech before the Twin Falls Rotary Club last week (Times-News, May 1, 1986) Rep. Neibaur had the difficult task to explain and defend the disaster that was the 1986 Idaho Legislature. Although granted that money is tight and there have been revenue shortfalls, the simple truth is that Rep. Neibaur has never been a strong advocate of public and higher education, even in the years when the economy was strong.

Unfortunately for the state of Idaho, the Republican leadership in the Legislature has shared similar views on education in recent years. He explained that there were revenue shortfalls and limited state resources, but he was careful not to explain the reasons for them. Up until 1977, the state had a balanced system of taxation. Since then, the Republican-controlled Legislature has made changes by granting job credits, accelerated property depreciation rules, and investment tax credits. They were intended to stimulate business and industry and create new jobs, but they haven't worked. These changes have left our tax system out of balance and unable to raise the revenues to adequately fund state government.

These changes have actually created an unstable, unpredictable, and inadequate taxation system. I believe that fair tax reform is badly needed and would not only provide the needed revenues to fund education and other state services,

## Grant J. Hansen

but might mean lower taxes for the average tax-paying citizen. In the meantime, those same citizens carry the tax burden. That burden has been increased by raising the sales tax twice within the last three years. It's no secret where Mac Neibaur and like-minded colleagues go when they want to raise taxes. All segments of our population are beginning to realize that we need to fund our educational system as we go or we will risk losing it altogether. Farmers, business executives, and professionals are also realizing that a properly funded, quality educational system is a good business investment and an important key to the state's economic recovery.

Many are alarmed by the rapid deterioration of Idaho's public and higher educational systems. Many of our educational institutions are facing losses of accreditation. Numerous elementary schools in the Magic Valley have been "advised" or "warned." Two schools in Cassia County have been "dropped" altogether. It was recently announced that Idaho State University's College of Business and Library are also being threatened with a loss of accreditation. Our colleges and universities are losing credibility and prestige due to

inadequate funding from the Republican-controlled Legislature. This year more than 800 Idaho high school students will pay more than \$5 million in out-of-state tuition and room and board to Utah's colleges and universities.

Thousands more go to schools in other contiguous states. Republican legislators had little time to discuss any of these major problems facing the state, as they were occupied debating a 1-cent sales tax increase for 64 days of the 83-day session. Neibaur's argument that money for education should be raised locally through override elections to maintain "local control" is a clever way to excuse the Legislature from its responsibility to adequately fund education. The people are not misled by his arguments. Override elections are not the best way to fund public education. Increasing property taxes, especially on farmers, at a time when many are having financial difficulties and are already in arrears in their property tax payments, doesn't make sense.

If Neibaur and Republican legislators would have adequately funded education, 50 percent of Idaho's school districts would not have been forced to call these elections. Funding education through override elections only leads to a large disparity between the rich and the poor school districts and an inequitable education for many of Idaho's schoolchildren.

It would be wonderful if many of our farm children could continue the tradition of the family farm for generations to come, but unfortunately that is not the economic reality of our time.

Idaho is making a transition from a resource-based economy (farming, timber, mining) to a high-technology and service-based economy. "Sunset of an Era in the Northwest." U.S. News, May 5, 1986. Most Idahoans already know that, as we move into the 1990s and the 21st century, the key to Idaho's economic recovery and economic restructuring is a quality, well-funded educational system for our children. I believe that they will need it just to survive in the coming technological revolution.

In the next few years, a strong and healthy Idaho economy won't just happen. It must be carefully planned and created. Mack Neibaur, Denton Darrington, Jim Risch and many Republican state legislators have no plan, no agenda, no vision of the future. Indeed, their regressive political philosophy is impeding growth and development. They are out of step with the times and the people of Idaho.

I believe that the 1986 elections will be a referendum on education and that the "no-growth" views of these men will be defeated.

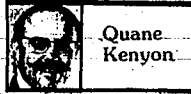
Grant J. Hansen is a Democratic candidate for the state Senate and lives in Burley.

## Candidates look high & low for issues

BOISE — In an election year that so far has produced few issues, Idaho candidates are reaching up to 12 years into the past for whatever tidbits they can scrounge to embarrass their opponents.

Lt. Gov. David Leroy, Gov. John Evans, Sen. Steve Symms and Lieutenant-governor candidate Chuck Lempsis all have gone back in the past for the issues which to prime their partisan cannons. Leroy has been criticizing his Democratic governor opponent, Cecil Andrus, because Andrus led the drive to kill the proposed Pioneer Child-led electrical generating plant in 1974-76. But that's an issue Andrus would love to see Leroy keep talking about.

In 1974, Idaho Power Co. proposed a 1,000-megawatt coal-fired generating plant almost midway between Boise and Mountain Home. The utility described it as necessary to meet future electrical demands, which then were growing rapidly. Few southern Idaho residents were neutral over Pioneer. One scientist claimed at least 50 people



Quane Kenyon

per year would die from air pollution caused by the plant, state Sen. John Peavey and others argued the plant cost put thousands of farmers out of business by doubling or tripling irrigation costs. Public opinion polls ran strongly against the plant, even though business leaders argued that if Idaho had a plentiful supply of cheap power available, it would attract new industry.

Eventually, even Ralph Wickberg, the Republican member of the PUC, joined Democrats M. Karl Shurtliff and Robert Emagthen in voting against the plant. It was rejected on environmental grounds, even though all three PUC members warned the Idaho public would need a major new source of power by the early 1980s.

Leroy is arguing now that it was a "no-growth" philosophy that Andrus used to oppose the plant; that if the cheap electricity had been available, new business would have been attracted to the state.

But power demands have fallen off. The region actually has a power surplus, making the 1976 PUC decision a good one, even though the commissioners didn't envision the fall in electrical use. Andrus and other opponents, stressing what the Republican has done in the six years since to combat those problems.

Even his opponent, Evans, is talking about the past. Evans' first round of television ads put heavy emphasis on the fact that Evans comes from a pioneer Idaho family and he has served 33 years in a variety of public offices.

Jewish groups favoring Evans went back to the 1974 election. Symms, dredging up a 1977 picture of Symms and Libyan leader Moammar Khadafi.

Symms' trip to Libya was rather innocent in 1977 — an attempt to sell oranges. It's true, but he has been busy in recent weeks reminding himself against any Khadafi fall. Lempsis used a 1978 interview by his primary election opponent, C.L. "Butch" Otter, to make points last week. And to prove he's not "soft" on drugs, Lempsis distributed copies of a 1973 presidential election he received for his work as an undercover narcotics agent.

Lempsis argued that digging up an eight-year-old newspaper interview written by Otter was not making a personal attack, but instead was discussing the presidential issues of this campaign. Otter observed that Lempsis must not have many current issues to talk about.

Quane Kenyon covers Idaho politics and state government for The Associated Press.

The voters dutifully complied and returned clutching a simple pamphlet, which they took into the voting booths with them. The curtain closed, the mechanism clanked, and the curtain reopened — all in the space of 10 seconds or so. What did the pamphlet say? It contained a drawing of a disembodied hand pulling a lever. Its message was: "Pull Lever A." It was elegant in its simplicity, doing away with distracting distinctions or confusing jargon whenever A was the straight Democratic ticket. I can't say how many votes were cast that way, but I suspect it was more than a few. Illinois Democrats were recently nonplussed when two supporters of gaddy Lyndon LaRouche beat two party regulars in the primary election. How did it happen? Some voters admitted they voted for the candidates' Anglo-Saxon names, not knowing anything about them. Every week seems to bring some new scandal involving an elected official or another instance of political ideology getting in the way of clear thinking on issues. With the primary election coming up in two weeks, this seems an appropriate time to ask voters to consider how well candidates will be able to administer the duties of office, not how well they toe a narrowly defined party line. The last session of the Idaho Legislature revealed a certain lack of vision on the parts of some lawmakers. Obviously, there's a constituency which approved of some of the shenanigans in Boise. Others were appalled. Now we have a host of candidates lined up against the incumbent state legislators, each promising to do a better job in representing Magic Valley voters. Some of the contenders look pretty good. Likewise, five Republicans are scrambling for a shot at ousting Democratic U.S. Rep. Richard Stilling's seat. But let's look at what we're offered: there's a state senator whose idea of leadership is blocking any form of tax legislation, a state representative fond of inflammatory campaign tactics, the wife of a former congressman voted out of office in the wake of a financial scandal, a radio broadcaster whose campaign so far has offered little more than a smile and a shoeshine, and a former county prosecutor who just completed a walk across the district. Each, in his or her own way, offers something to voters, but in the case of the first four it's basically variations on a theme — a big government's end. They seem to be yearning for a return to the "good old days," or at least to maintain the status quo for their constituency. The fifth is a maverick who stands out from the pack and seems to have some sympathy for the victims of a faltering economy. The most interesting candidate, Gary Robbins, dropped out after finding that selling beads and popcorn from the back of his pickup truck couldn't finance a campaign. Robbins seemed to be his own man and wasn't afraid to alienate LDS voters by criticizing the church's dominance in Idaho politics. Many of us are concerned about the role government plays in our lives and would like to see it reduced, but what does it take to change things? I haven't seen much evidence that party hacks of any political persuasion are inclined to make any significant changes in the way things are in Washington. If they oppose federal spending on social programs, they favor it for defense. On the state level, they seem to see little need at all for government. I guess what I'd like to see are candidates with the administrative skills to handle elected office, the vision to see what must be done in the best interests of everybody and the independence to work for it — and a good sense of humor. How can we really tell who has it and who doesn't? That's the rub. The only way is to listen closely to what they say, and watch (even more closely) what they do. Ask yourself what you expect from government and whether the candidate is likely to deliver it. It sounds simple, but it requires some thought. If that's too much to ask, just pull lever A.

# Peres seeks to win against terrorism, but without war

TEL AVIV, Israel (AP) — Prime Minister Shimon Peres told his Cabinet Sunday that Israel would fight Syrian-sponsored terrorism but "do everything it can to prevent war."

A communique issued after the regular Cabinet meeting also quoted Peres as calling for world-wide economic and diplomatic action against Syria "to halt international terrorism and the involvement of Syria in this terrorism."

A similar stand was expressed by Defense Minister Yitzhak Rabin as he returned from Washington. He told reporters at the airport, "Against terror, we don't apply the policy of retaliation. We wage an all-out war which is divided into defensive and offensive means. Within the framework of acting against terror, we do not limit ourselves."

But he added that whatever action Israel might take against terrorism should "not interfere with the first part of our policy — to prevent escalation that might bring about hostilities on a large scale between Syria and Israel."

Israel has been seeking to discount reports that appeared in the news media last week saying the Jewish state might retaliate for the alleged Syrian connection with an attempt on April 17 to plant a bomb aboard an airliner leaving London.

Rabin repeated his analysis Sunday that Syrian "official bodies" were behind the attempted attack.

A Palestinian, Nizar Hindawi, has

been charged in London with attempting to blow up the Israeli jetliner. His pregnant Irish girlfriend was stopped by security guards as she was about to board the plane with explosives hidden in her carry-on luggage.

She was released after questioning and police said she did not know about the explosives and had been duped by Hindawi who had said he would marry her in Israel.

British police sources have said Hindawi told investigator that he worked for Syrian intelligence.

Rabin, asked about a reported buildup of forces on the Golan Heights, which Israel captured from Syria in the 1967 Middle East War, said, "Our policy is not to initiate and to deter any temptation by Syria. Our goal is to avoid, to prevent such a confrontation."

Three Israeli newspapers reported Sunday that Israel asked the United States to assure Syria the reports of an imminent Israeli attack were untrue.

Justice Minister Yitzhak Mordechai Sunday — with U.S. Attorney General Edwin Meese and said they discussed cooperation against terrorists.

Meese, who is on a one-week visit to Israel, declined to talk to reporters after the meeting.

Meese attended a ceremony opening a law center in Jerusalem where Peres praised U.S. actions against terrorism, including the April 15 air raids on Libya.



Attention-getter

A Japanese admirer of Princess Diana employs a look-alike tactic to get the British monarch's attention Sunday during a royal parade through downtown Tokyo. Diana and Prince Charles are in the midst of a five-day Japanese tour.

# Meeting will take aim at African baby boom

HARARE, Zimbabwe (AP) — African lawmakers from 37 nations meet here Monday to discuss the continent's rapid population growth, which has contributed to food shortages, massive migrations and a drain on foreign revenues.

"Whatever the obstacles, solutions must be found for population control to avert a demographic catastrophe," Dymally Mutasa, speaker of Zimbabwe's National Assembly and host of the five-day conference on population and development, told reporters at a news conference.

"With the exception of peace, no issue dominates the conscience of mankind this century as much as population control. This conference will try to bring together key facts and figures concerning population growth in Africa," he said.

The Rome-based Food and Agricultural Organization, a United Nations agency, has estimated that 2 million of them

production for the continent's chronic food crisis.

Rfrica, with a population of 500 million people, has an annual birth rate of 3 percent. Traditionally, large families in Africa meant wealth and prestige, an insurance against a high mortality rate and a guarantee for parents that children would care for them in old age.

In a report issued in August, the FAO said Africa was the only region in the world where the population growth outpaced food production. The report said Africa needed to nearly double its annual increase in food production from 1.9 percent to 3.4 percent in order to feed its people.

About 35 million people in 21 African countries were affected by famine in 1985 and U.N. officials estimated that 4 million of them died.

# Khadafy fails to garner much support

By ROBERT H. REID  
The Associated Press

CAIRO, Egypt — Nearly a month after the U.S. bombing raid on Libya, Col. Moammar Khadafy is increasingly isolated diplomatically, unable to muster credible support from fellow Arabs or his European trading partners.

Appeals from Khadafy, the Libyan leader, to the Arabs to "liquidate" American interests in the Middle East following the Arab summit on Tripoli and Benghazi have fallen on deaf ears.

No major Arab leader has visited the Libyan capital of Tripoli since the attack to show solidarity with the mercenary Khadafy, and Libyan efforts to organize Arab summits to condemn Washington broke down this month.

The 12-member European Common Market, which had \$10 billion in trade with Libya last year, agreed to curtail the number of Libyan diplomats at the capitals of its member countries and make it less attractive to sell certain agricultural products to Libya.

At this month's Tokyo economic summit, President Reagan convinced leaders of Britain, France, Japan, Canada, West Germany and Italy to cite Libya as a supporter of terrorism and agree to restrict arms

## Analysis

sales and diplomatic contacts with the Khadafy regime.

The Reagan administration said the bombing raid was in retaliation for Libyan-supported terrorism.

Even the Soviet bloc, which condemned the raids, has been cautious in its support for Khadafy. Western diplomats as well as Arab and Eastern bloc sources, all speaking on the condition of anonymity, say the Kremlin was alarmed over the poor air defense mustered by the Libyans.

The sources also say the Soviets are concerned over the state of the Libyan economy, severely strained by the fall in oil prices.

Although Arab governments were quick to condemn the U.S. air raids, most showed little interest in lining up with Khadafy against a superpower with whom many maintain economic, political and military links.

Saudi Arabia, Kuwait and other Arab countries accepted Khadafy's call for a summit on condition that the agenda also include Libya and Syrian support for non-Arab Iran in its war with Arab Iraq.

When Libya balked, the summit fell through. All the Libyans could do

was rail against fellow Arabs for their failure to unite against the threat of what Tripoli called "U.S. imperialism."

Arab sources, requesting anonymity, say Syria, Libya's principal Arab ally, has provided some pilots and air defense personnel to the Libyans but is hardly in a position to do more.

The Syrians are bogged down in the Lebanese civil war, face the Israeli military presence in the Golan Heights and have a non-military foreign debt estimated at \$3 billion.

Faced with diplomatic problems among the Arabs and Western Europeans, Khadafy has threatened to turn to the Soviet bloc for help. Libya's state-run media have said the country may join the Moscow-led Warsaw Pact or offer naval facilities to the Soviet fleet to counter U.S. pressure.

But Western diplomats in Tripoli, speaking last month on the condition of anonymity, said they believe Moscow will be slow to respond to Khadafy's overtures.

"The Soviets are trying to cultivate moderate countries in the (Persian) Gulf," said one diplomat. "That's a bigger prize for them, and they will want to make sure their support for Khadafy doesn't interfere with this strategy."

# Protests reported in Kabul

ISLAMABAD, Pakistan (AP) — Security forces in the Afghan capital of Kabul have violently broken up anti-Soviet demonstrations by students protesting the departure of Babrak Karmal as the country's communist leader.

The sources, speaking on condition they not be identified, also said large contingents of Afghan and Soviet troops continued to guard key government buildings in Kabul, and that the city was filled with reports and speculation of major disputes within the government.

Karmal resigned as secretary-general of Afghanistan's ruling People's Democratic Party — the name of the Communist Party — on May 4

and was replaced by Najibullah, former chief of the secret police. The government said the resignation was for health reasons.

The switch in the country's most powerful post-came after growing indications that the Soviet Union, which installed Karmal in 1979, was unhappy with his failure to defeat Moslem guerrillas and gain more popular support. An estimated 15,000 Soviet troops are in Afghanistan aiding the government against the guerrillas.

Western diplomatic sources reported last week that Kabul was virtually taken over by Soviet soldiers and paratroopers on the eve of Karmal's dismissal.

## CORRECTION NOTICE

The May 12 issue of "People" magazine distributed in this area included a Sears furniture ad that was meant for insertion in the Rockies. As a consequence, two of the featured pieces of merchandise are not available in this area and one item was incorrectly priced.

The longwale velvet chair shown (regular \$199.99; on sale 2 for \$379.99) should have been the Oakmont Supreme wing chair (regular \$399.99; on sale 2 for \$779.99).


The club chair and Ottoman (shown \$399.99; on sale for \$179.99) should have been the Andra Swivel rocker (regular \$359.99; on sale for \$199.99).

The triple push chair is on sale for \$299.99 not \$249.99.

We regret any inconvenience this may have caused our customers.


SEARS ROEBUCK & CO.

The Magic Valley  
A Special Place  
**BURLEY**  
Monday at 5:30 and 10:00 p.m.  
What makes these places SPECIAL places??  
Doug Maughan talks with kids, old timers, mayors, people on the street.  
"Good News for GOOD NEWS SAKE"  
• Lifestyles in towns around Twin Falls  
• (Magic Valley)  
• What do people like about living in their town  
• A little bit about history of these towns

A Special Place!

Come to the fair and take a little pressure off yourself.




What better place to see just how you're ticking than a health fair? Besides being able to find out plenty of interesting information about current health practices, new health developments and health resources in this area, you'll have a chance to look at you.

Be cause while you're at the fair, you can have blood pressure tests, vision tests, Special screenings. Health counsellings. Even referrals to physicians for further diagnosis.

The fairs are a great way for you to learn about health. They are being coordinated statewide by the College of Health Related Professions at Idaho State University in cooperation with

Magic Valley Regional Medical Center. Basic costs are being underwritten by grants from the Mountain Bell Foundation, along with The Idaho Statesman/Gannett Foundation, Idaho First National Bank and the Idaho State Broadcasters Association.

So give the health fair, coming to Twin Falls on Wednesday, May 14, from 11:00 a.m. to 6:00 p.m., at the Magic Valley Regional Medical Center. It's a great way to help make you feel good.



MOUNTAIN BELL  
A USB WEST COMPANY

## COMPARE YOUR PLAN WITH OUR "PROTECTION PLUS" ONE POLAR HEALTH CARE PLAN FOR INDIVIDUALS AND FAMILIES. SEND FOR OUR FREE BROCHURE.

"PROTECTION PLUS" PLAN:	OPTION A - \$200 DEDUCTIBLE		OPTION B - \$500 DEDUCTIBLE	
	MALE	FEMALE	MALE	FEMALE
UNDER AGE 30	\$24.50	\$38.50	\$17.00	\$27.10
30 through 39	\$31.50	\$45.50	\$22.00	\$32.10
40 through 49	\$42.50	\$55.50	\$29.70	\$39.20
50 through 59	\$54.00	\$67.00	\$40.10	\$47.90
60 through 64	\$69.50	\$82.50	\$50.20	\$55.90
One Child	\$22.00	\$35.00	\$15.10	\$24.90
Two or More Children	\$38.50	\$51.50	\$26.40	\$42.90

SEND ME YOUR FREE PROTECTION PLUS BROCHURE AND I WILL IMMEDIATELY CONTACT YOU [ ] YES [ ] NO (PRESS THIS BOX)

NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

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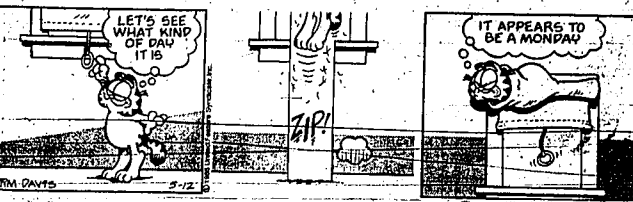
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# Comics

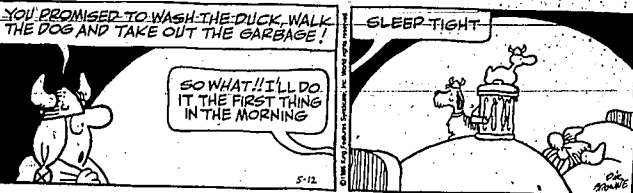
## Frank and Ernest



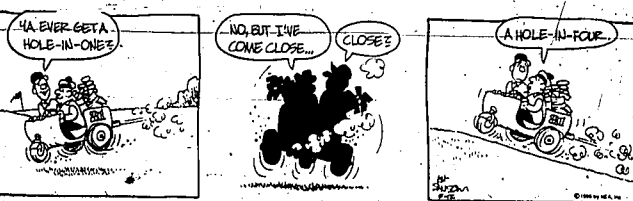
## Garfield



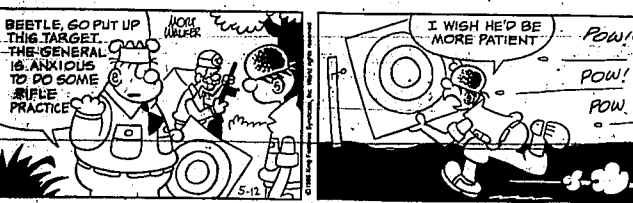
## Hagar the Horrible



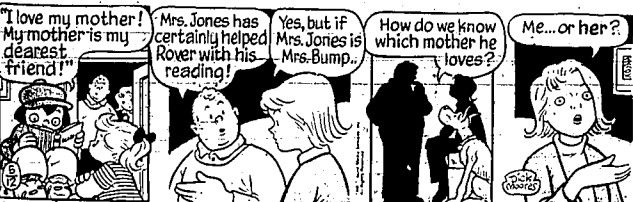
## The Born Loser



## Beetle Bailey



## Gasoline Alley



## Peanuts



## Blonde



## Andy Capp



## Wizard of Id



## Broom-Hilda



## Hi and Lois



**ACROSS**

- One-man stint.
- Persona non grata.
- Tent maker.
- "Theme".
- Xard, or flin.
- ave.
- Callings.
- Last straw.
- Wallpops.
- Malt beverage.
- Fictional sleuth.
- Loves greatly.
- Speechmaking.
- Tied shoos.
- Springe.
- Recipients.
- Paul of music.
- Se long tails.
- Reporter's inquiry.
- Freeze.

**DOWN**

- Shoe part.
- Porriant.
- Far from the sea.
- Food scrap.
- Mittens.
- Indy entrant.
- Bows.
- Ice harer.
- Snake.
- Amor or letter.
- Lairs.
- Office person.
- Esao.
- 20 Old.
- Surface.
- Grouch.
- 28 Jai.
- 27 Waltz or tango.
- Pungent.
- vegetable.
- 29 sessions.
- 30 Time periods.
- 32 Ppy.
- 34 Printing term.
- 38 Early Ron Howard TV role.
- 37 Exclamation of excitement.
- 39 Pipe parts.
- 40 Soljoun.
- 42 Perfect.
- 43 Sounded like a donkey.
- 45 Kitchen gadget.
- 46 Recad.
- 47 Nazimova.
- 48 Heavy metal.
- 49 WWII town.
- 51 Bevid's state.
- 52 Quite a few.
- 54 Ood's "Amatoria".
- 55 Fresh.
- 56 Brewed drink.

**L.M. Boyd**

**What's what**

It's now believed P.T. Barnum's renowned elephant, Jumbo; was a border-line alcoholic. Keepers fed him great quantities of beer, and booze, and he eventually evidenced a craving.

An ancient Yiddish proverb: "It's no disgrace to be poor. (Pause.) It's no honor, either."

Brazil is another place where a husband historically could murder his adulterous wife without fear of punishment. But a wife had no such immunity. Put out this query at the next family gathering: Have any societies sanctioned individual murder? The answer is yes, many.

Mallard ducks commit rape.

**SPIDER SICK**

Spider silk is finer, lighter and tougher than silkworm silk, how come we're not all wearing clothes made from spider silk?

A. Spiders eat spiders. You can't organize the little rascals.

Information alone is not enough. You've got to make use of it. For example: If you press a turtle's belly into modeling clay, you get an impression as unique as a human fingerprint. Don't just forget it. Use this information.

In Southern India: Many a man without much money shares his wife with at least one other man. And many a man with a lot of money shares himself with two or more wives. To the poor, willing women are scarce; to the rich, they're plentiful.

**INTELLIGENCE**

The law in ancient Wales permitted a wife to divorce her husband if it was none other than that he had had breath.

Roman Catholic scholar, Luclius F. Cervantes, S.J., who said, "The higher a woman's IQ, the more she is likely to be masculine in outlook. The higher a man's IQ, the more likely he is to be feminine in outlook."

If you doubt that 5 percent can exert an overwhelming influence, consider this: About 95 percent of the human body is structured almost identically in both the male and the female.

Q. In what country is it traditional for the woman to ask the man to dance?  
A. Indonesia.

## Daily Horoscope

attained today.

**LIBRA** (September 23 to October 23): You are inspired how to profit in some new and modern project, so get at it and gain assistance from a bigwig.

**SCORPIO** (October 23 to November 21): Discuss your problems with a business expert and get good advice on how best to handle them. Do something to make your mate happy.

**SAGITARIUS** (November 22 to December 21): A show of appreciation to an associate for the vision expressed in a joint venture is wise now.

**VIRGO** (August 22 to September 22): You can figure out ways to improve your worldly prestige and outside activities. Personal aims can be

**GENERAL TENDENCIES:** The morning is excellent for communicating with those who are alert and able to support your ambitions. The latter part of the day is good for home and family matters.

**MOON CHILDREN** (June 22 to July 21): Add to personal activities in the morning and later do something that will please bigwigs.

**LEO** (July 22 to August 21): Be on the alert for a good pal who can help you to gain some goal that is important to you...and then do the work required.

**TAURUS** (April 20 to May 20): Plan how to become more affluent early in the day, and later handle fascinating new activities well.

**GEMINI** (May 21 to June 21): Pursue whatever you desire most in a

to others and make big headway. Socialize this evening.

**AQUARIUS** (January 21 to February 19): Let bigwigs know of your special talents and they will help you with some big project you have in mind.

**PISCES** (February 20 to March 20): Early establish more harmony at home, and later take family, or friends out for a good time and be happy together.

**IF YOUR CHILD IS BORN TODAY...**...he or she will be one who can communicate well with others and be very popular. As an adult, your progeny will become very home oriented. A feeling of martyrdom may develop so give as much education as you can to counteract it. Healthful sports will be beneficial.

### Pair of girls attends prom together

MONTEREY, Calif. (AP) — Two girls who won a court battle to attend their high school prom together enjoyed the big event after overcoming a last-minute problem: they forgot to bring their tickets.

"I can't believe I forgot the prom bid," said a distressed Stephanie Salgado, 17, realizing she was armed with a court order but no \$25 ticket to the event Saturday night.

School officials, however, admitted Salgado and her friend, 18-year-old Marie Hawkins, without it.

Once inside, they were among the stars of the prom. Salgado, wearing a black-and-white gown, and Hawkins, dressed in a tuxedo with a blue bow tie and top hat, gave TV and newspaper interviews. And one of two bands playing at the prom, the Medlys, played a song titled "Skip the Slow Dance" that band members Robbie Evans and Carl Christ had written in their honor.

"We're glad to be here," Salgado said. "I'm very happy."

The girls decided in January to go to the prom in Monterey together because their boyfriends were unwilling to attend, partly because of the cost. Hawkins said attending together would be "a statement of friendship for each other."

But they were denied permission by the student council, which said such an action would threaten the prom's couples-only tradition. The school's principal, district superintendent and school board upheld the council's decision.

On Friday, the day before the dance, Monterey County Superior Court Judge Richard Silver issued a temporary restraining order allowing the two to attend.

## Homeless activist Snyder set to host glittering fund-raiser

WASHINGTON (AP) — Homeless activist Mitch Snyder, who six years ago lived unsheltered on an outdoor steam grate, is hosting members of Congress and Hollywood stars Monday at a fund-raising preview of a motion picture about his life.

Snyder, leader of the Community for Creative Non-Violence, is using the Washington premiere of "Samaritan: The Mitch Snyder Story" to launch a drive for \$2.5 million the group says is needed to refurbish a crumbling shelter for the homeless.

The CBS-TV movie starring Martin Sheen and Cicely Tyson will be shown on national television May 19.

The premiere in the nation's capital is to be held at National Theater where Sheen, Valerie Harper, and other Hollywood stars are expected to mingle with about 1,100 people, including some of the city's power-brokers. Tickets range in price from \$50 to \$5,000, which includes dinner with the stars.

The movie and the fund-raiser are additional steps designed to "build consciousness" about the homeless and "put this issue on everybody's list," Snyder said.

Over the past decade, Snyder, 42, a one-time management consultant on Wall Street, has orchestrated a series of events aimed at focusing the spotlight on the homeless. Today, he is perhaps that group's most recognized advocate.

Snyder's most dramatic statements have been his hunger strikes — he has been on five since 1979.

The television movie was inspired by his 61-day hunger strike at the height of the 1984 presidential election, and his most recent fast earlier



Homeless activist Mitch Snyder and actress Valerie Harper share a light moment Sunday during their promotion of a new TV movie based on Snyder's life.

this year ended when the Reagan administration turned over to the city government an aging federal building that CCNV operates as a 900-bed shelter.

Snyder wasn't forced onto the streets, he chose that life.

"I was 26, I had a wife and two kids and a job on Madison Avenue and I literally woke up in a sweat

one morning," he said.

"I had a vision of myself at 60 or 70 taking my last breath and having spent my life doing this, and it just frightened me," he said.

He spent four months in 1980 sleeping on a grate near the Interior Department where he said thousands of people walked by without even looking towards him.

## Donahue lets his fists do talking to protester

NEW YORK (AP) — Talk-show host Phil Donahue and a pro-nuclear activist affiliated with political extremist Lyndon LaRouche got into a fight at an airport Sunday after the protester shouted that Donahue and his wife "ought to be murdered," officials said.

The confrontation at LaGuardia Airport came hours before Mario Thomas, Donahue's wife, was to receive an award for her work against nuclear arms.

"The fists were flying," said Port Authority Police Officer Mitchell Kaufman. "Several officers responded, and they had to pull them apart."

Donahue and Miss Thomas were walking through the central terminal about 12:15 p.m. when the man yelled, "Donahue and his wife ought to be murdered," police said.

Donahue responded, the two began shouting and a fight ensued, Kaufman said.

The protester was identified as William Ferguson Jr., 44, of Ridgely, N.J., a member of the International Caucus of Labor Committees, said Port Authority spokesman Leon Katz. The caucus is a pro-nuclear group affiliated with LaRouche.

Donahue and Ms. Thomas were scheduled to attend a dinner Sunday night in Boston, where Ms. Thomas was to receive the Helen M. Caldicott Leadership Award from Women's Action for Nuclear Disarmament. —The award recognizes "outstanding contributions to increasing public awareness of major humanitarian issues in the nuclear age," according to the anti-nuclear group.

## Bungling burglar drops clue

LANTANA, Fla. (AP) — Police say they have arrested a burglary suspect who left his jail release papers bearing his name at a house he broken into.

While investigating a burglary, police Lt. James Upton found a plastic bag with the Palm Beach County Jail release papers that Robert "Butch" Scott had received after a different burglary arrest. Scott and his partner were seen on the street Thursday nursing a

hangover and taken into custody, said Upton.

The pair apparently made themselves at home during the burglary, watching TV and drinking bottles of whiskey and rum, the officer said.

Scott, 33, had been arrested last month on burglary charges after he tried to pawn property that was inside a bag bearing the rightful owner's name, court records show.

**PG-13 Rating**  
Introduced

A new rating category is in place as of July 1. This new category is inserted between the current PG and R ratings. It is designated as "PG-13: Parents are strongly cautioned to give special guidance for attendance of children under 13. Some material may be inappropriate for young children."

The revised five-category system of the voluntary film industry rating program is now as follows:

- G** General Audiences, all ages admitted.
- PG** Parental guidance suggested. Some material may not be suitable for children.
- PG-13** Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for young children.
- R** Restricted, under-17 requires accompanying parent or adult guardian.
- X** No one under 17 admitted.

All films rated after July 1 will be given ratings under the new five-category system.

**MOVIES**

**Fire on Fire**  
BOTH TOWNS DAILY 7:10-9:10  
MALL CINEMA BERTHOE

**OFF BEAT**  
BOTH TOWNS DAILY 7:10-9:10  
TWIN CINEMA BERTHOE

**SHORT CIRCUIT**  
BOTH TOWNS DAILY 7:00-9:00  
TWIN CINEMA BERTHOE

**THE MONEY PIT**  
DAILY 7:10-9:00  
TWIN CINEMA

**DANNY DeVITO JOE PIGGOTT WISE GUYS**  
DAILY 7:00-9:10  
TWIN CINEMA

**MURPHY'S LAW**  
DAILY 7:20-9:10  
TWIN CINEMA

**LEGEND**  
DAILY 7:10-9:00  
BERTHOE

**3rd ANNUAL ACADEMY AWARDS**  
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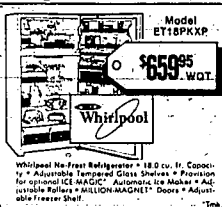
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Physicians announce aerobics guidelines

By ALLAN PARACHINI Los Angeles Times

Concerned that millions of American women and their aerobics instructors may be sustaining unnecessary injuries in exercise routines, the nation's largest group of specialists in women's health care has introduced safety guidelines to try to stem the toll.

The new guidelines were announced in New Orleans May 5 by the American College of Obstetricians and Gynecologists at its annual convention.

The guidelines are a response to growing concern that some aerobics instructors may be perpetuating a sort of aerobics-macho mind-set that drives women to attempt useless and dangerous routines.

Some of the safety concerns extend equally to men participating in aerobics, the

physician group said, but the focus of the new safety drive is on women because they account for at least 90 percent of the estimated 24 million to 25 million people who participate in aerobics programs of all types today. Industry groups estimate there are between 100,000 and 250,000 instructors in the aerobics business.

Countless numbers of women exercise in their homes to aerobics videocassettes, sales of which have been consistently strong. In listings published by Billboard magazine, four of the nation's 40 top-selling videocassettes last week were aerobics tapes, including two of the top 10.

One concern about aerobic instruction is that women in some classes are advised to continue an uncomfortable maneuver—so they can "go for the burn"—a burning sensation in the muscle tissue—in the mistaken belief the pain is a sign they are

eliminating excess fat from their bodies. Actually, this practice may cause muscle tissue to break down, experts interviewed by the Los Angeles Times agreed.

"The burn" in fact, is a sensation caused by a buildup of lactic acid—a symptom, in turn, of the breakdown of the normal chemical balance in the muscle fibers.

Other women who keep up any of a variety of exercises in which they jump repeatedly from the floor may be risking stress fractures of any of the bones of their legs and even their pelvises; as well as permanent damage to ligaments, cartilages and tendons in the knees and ankles, said several experts who participated in drawing up the new guidelines.

set the stage for breakdown of discs between the vertebrae, several experts noted.

The introduction of the safety guidelines by the American College of Obstetricians and Gynecologists has a commercial tie of its own. ACOG later this month will begin selling a videocassette illustrating safe exercise routines. The cassette was produced by Dr. Art Ulene, the Los Angeles television commentator who is also a board-certified obstetrician-gynecologist.

The tape, called "Balanced Fitness Workout" will be sold through doctors' offices and video stores. Ulene and the college collaborated last year on two videocassettes on safe exercise for pregnant women and those who have just had babies.

The college found that women and instructors who overindulge in aerobics often do so in the mistaken belief that the more vigorous and taxing a workout, the better. This

sets the stage for a serious incidence of what are called "overuse" injuries in which joints and muscles that can tolerate — and profit from — a few repetitions of certain maneuvers break down when too many are done.

Peter and Lorna Francis, a married couple from San Diego State, were consultants to the American College of Obstetricians and Gynecologists in the aerobics study. She is a physical education and telecommunications expert and he is a biomechanics researcher. Instructors often find, the Francises agreed, that women clients at aerobics studios expect workouts to be exhausting and painful in the belief, Lorna Francis said, "that if a little (pain) is good, a lot is better."

To try to eliminate the many misunderstandings that have led to what amounts to aerobics folklore — or even folk medicine —

\* See AEROBICS on Page B2

Personal ads take faces

By RICK HAMPSON The Associated Press

NEW YORK — In the faceless, black-and-white personals, a world of warm, vivacious women and dynamic, witty men who want to share walks on the beach, candlelit dinners and lazy Sundays, a picture is worth \$500.

It is, at least, in New York magazine, which claims to be the first general interest periodical to print color head-and-shoulder photos with its classified personal advertisements.

"It's a courageous and progressive thing for single people to do," Karen O'Neil, the weekly magazine's classified ad manager, said Wednesday.

Since the magazine announced its new service last month, "We've been inundated with calls," she said.

But no one, she admitted, had come to New York's office to take out a color photo personal.

Ms. O'Neil said the four photo personals in the magazine's last two issues were magazine employees who did not have to pay for the ads, although they are serious about finding a mate.

The four, whom Ms. O'Neil declined to identify, have been "thrilled with their responses," she said.

These singles were quick to capitalize on their unique advantage in the Darwinian struggle for attention that is fought out each week on the magazine's five pages of personals.

One, a smiling, 37-year-old playwright-actor with dark hair and eyes, captioned his ad, "I Wasn't Always Like This."

After listing his virtues he concluded, "You've already seen mine, so please show me yours — photo, that is."

Another photo personal, of an outgoing, energetic, fun-loving, intelligent, non-smoking Jewish female, 23, bears the caption, "A Picture Is Worth a Thousand Words."

Maybe, but \$500? Ms. O'Neil said that at \$25 a line, many singles spend more than \$500 just on written ads.

Ms. O'Neil said anyone who wants to take out a photo personal must come to the magazine's office so she can make sure the face matches the photo and the advertiser is really single.

The magazine's personals department, Ms. O'Neil explained, "is for people who are serious about getting together with a mate. It's a very serious situation here. It's not a game."



Counselor Joan Dalton Boyd, center, listens to, from left, Marjorie Berglund, Elens Barnes and Sandee Golay during a grieving class

Good grief: The healthy way to face a loss

Editor's note: Some of the persons interviewed for this story asked to remain anonymous, and are thus identified with fictitious first names and last name initials.

By JOAN BEAN Times-News correspondent

TWIN FALLS — Grief, following the death of a loved one, is the common bond uniting six women attending Joan Dalton Boyd's "Grieving Well" course at The Relationship Place.

Receiving guidance from Boyd, a counselor, and group support through sharing their stories and feelings, has been therapeutic for them.

Boyd's personal experience with grief is the basis for her eight-week series of classes, which meet on Tuesdays at 7 p.m.

Boyd came to lead grief workshops through her own experiences with the loss. In the course of ten years, Boyd first experienced the death of her father, then that of her husband. She says she didn't deal with her grief until the death of her son.

"I just went into a depression, and went on with my life. When my son Scott died I decided, 'I'm going to do something different. I'm going to explore this and see what happened,'" she says. So, the former junior high teacher returned

to school and earned a master's degree, specializing in grief. For her thesis she developed a wellness model of grief, giving guidelines for the care of the physical, mental and spiritual self during this difficult time.

She says the mourning process is as individual as the person going through it. "I can't grieve the way you grieve, and you can't grieve the way I grieve. I think one of the things we try to do in this society is to meet society's expectations of what we should be doing.

relationships more meaningful so as to develop a support system. Boyd guides them in remembering the deceased in a realistic way and in letting go of the grief. She has the participants express their feelings in journals and in letters to the person who died. Through all of the sessions, she works with them on self-esteem.

She says, "Everyone we associate with is a mirror for us, reflecting back to us who we are, and when that mirror is broken, then who are we? One of the goals we have in the grieving process is to put ourselves back

together again, and who we are will never be the same."

Under her guidance, the six women in her support group have made strides in this direction.

After almost 53 years of a happy marriage, and the sudden death of her husband "Swede," Marjorie Berglund says she knew she needed help and reassurance that there was something in the future for her.

"It seemed like he was the one who always did everything for me," she says, "and I was just lost. I didn't know what to do about anything, so I decided I had to find an answer to these things."

She says she had been unable to talk to her daughters without crying. "It wouldn't have been the way my husband would have wanted me to act," she says. "He would have wanted me to be strong and gone on."

Berglund says the sessions have made her feel like a weight's been lifted from her shoulders because she's talking about her feelings with the others.

The sudden loss of her son brought Mary S.

\* See GRIEF on Page B2

Quick takes

Weight machines overused

It's foolish to use machines to weight lift, says a study by the American College of Sports Medicine. The study found that 90 percent of gym members use weight machines. The study also found that 90 percent of gym members use weight machines. The study also found that 90 percent of gym members use weight machines.

Another magic number for muscle building

When you pump iron, three times a week is the magic number for muscle building. The study found that 90 percent of gym members use weight machines. The study also found that 90 percent of gym members use weight machines.

Pregnancy tests overrated

Home pregnancy tests are wrong a lot more often than their manufacturers admit, a medical technology expert reports.

Smoking chemical binds to cells

A chemical in cigarette smoke binds to cells in arteries, starting the process of atherosclerosis. The study found that 90 percent of gym members use weight machines. The study also found that 90 percent of gym members use weight machines.

Heart attack is much more common than you think

When enough cholesterol and plaque build up these arteries, blood flow to the heart is blocked, causing a heart attack. Heart attack is much more common than you think. The study found that 90 percent of gym members use weight machines.

Looking good

Men's accessories in the dark

Rivling men's summer style, the accessories suit is this year's ruffled 'wave' of three styles: in basic, solid, clearly distinguished by unconstructed form.

Rumba ruffe prince trims sails

Oscar de la Renta, prince of rumba ruffles for the last 20 years, is putting down his offerings to stay in step with the times. The professional woman of today is influencing the trends with her own ruffled ruffe. Oscar de la Renta has always been the most conservative of designers. Today, some of the understatement of Miles O' is weaving its way into ready-to-wear.



# Apples, oranges: Comparing yourself to others is fruitless

In a world of individuals, comparison is a senseless activity.

— Wayne Dyer



Jo Ann Larsen

Do you often wish you looked like someone else? Do you feel bad like everybody else so you'll fit in? Do you try to be like others do better than you, on a test or in a tennis match? Do you tell yourself you can't do things just because others aren't doing them? Do you want to know what others are wearing before you decide on your clothes? If you answered "yes" to most items, you may be suffering from a malady common to most other people — you compare yourself to others. Your intent? To assure yourself that you're at least as "good" as others — and therefore — that you're an adequate person.

**BUT DOES COMPARING MAKE YOU FEEL GOOD?** Ironically, comparing usually makes people feel bad, not good. Betty is a case in point.

Everywhere Betty goes, she indiscriminately compares herself to others. When she's in a house that looks more tidy than her own (at the moment), she says to herself, "I must be a poor housekeeper." When she's in a group, she hangs back, think-

ing "I don't have interesting things to say (like other people)." When she makes a mistake, she concludes, "I'm stupid. Other people wouldn't do a dumb thing like that." And when she runs across another mother whose children are taking more lessons than her own, she laments, "I'm a bad mother for not providing more opportunities for my own children." (Never mind that she has six children and the other woman has two!)

On any one day the number of times Betty compares herself to others runs into the hundreds. Her destructive habit keeps her feeling that there's something wrong with her — and that she's always falling. So why then does Betty — and why do all the rest of us — continue to measure ourselves against other people?

**IT'S ALL IN THE TRAINING.** Every day we're bombarded with cultural messages

## This self-comparison trap is deadly, says Dyer, because your assessments of yourself are always controlled by something outside you which you can't possibly regulate.

that encourage us to compare, says Wayne Dyer, author of "Pulling Your Own Strings." "People are taught by our culture always to look outward for their behavioral cues, and consequently 'comparison-vision' dictates most of our judgments." For example, observes Dyer: "How do you know if you are intelligent? You compare yourself to others. How do you know if you are stable? Attractive? Worthy? Happy? Successful? Fulfilled? By checking out how others around you are doing and then deciding where you fit on the comparison scale."

This self-comparison trap is deadly, says Dyer, because your assessments of yourself are always controlled by something outside you which you can't possibly regulate. You can never have any internal security, since you can never be sure how others will judge you. And it limits you from doing anything "different" — wearing your clothes in a new style, dating an older or younger person, or acting in ways that are "out of the ordinary." If no one else is doing what you want to do, then you are trapped.

**COMPARING SELF TO OTHERS ISN'T LOGICAL.** People often mistakenly believe they can accurately compare themselves to other human beings. Not so, says Dyer: "No one is even remotely like you in terms of your innermost feelings, thoughts, and desires."

Echoing Dyer's position is Dorothy Briggs, author of "Celebrate Your Self." "You're an unprecedented event in the Universe," says Briggs. Just "the likelihood of another, genetically put together into your unique pattern at any time in the past, anywhere today or any time in the future is so infinitesimally small as to be inconceivable."

Add to your genetic heritage your own unique family background and upbringing, and the unique experiences you've had each day of your life that have differed from anyone else's, and that should drive home the point that there is no one like you on this earth. As Briggs puts it, there are no carbon

copies of you. Comparing apples to oranges. Apples and oranges are different. You and others are different. There is nothing good or bad about that. It is simply a statement of fact. And if you accept this fact, then you may want to take a hard look at why you would ever compare yourself to anyone else.

**USE SELF-MEASUREMENT:** "You don't have to look outside yourself for self-assessment," says Dyer. "How do you know if you are intelligent? Because you say and know you are, because you can do the things you want to do. Are you attractive? Yes, by your own standards, which you'd better set for yourself, before you find that you've chosen to accept someone else's standard of attractiveness — at your 'victimhood' expense."

The truth is that the only viable position you have is to compare you to yourself. Focus inward and measure your own growth — the distance you've come since you last gauged your progress. Set your own goals and measure the extent to which you've accomplished what you set out to achieve. And pay attention to your own satisfaction with the way your life is going. Then you will truly be your own person.

Jo Ann Larsen, D.S.W., is a Salt Lake City family therapist and a daughter of Dr. Ivan M. and Alice Jackson.

## Vitamin overdose reports sought

**WASHINGTON (AP)** — Thousands of Americans, attempting to become healthier, may be poisoning their bodies with huge doses of vitamin supplements that can be dangerous in large quantities, a group of scientists said Monday.

The scientists and the Food and Drug Administration called on the nation's doctors to begin recording their patients' vitamin use in medical records and to report side effects related to vitamin overdoses to the FDA.

"We in the scientific community are concerned with the increasing number of supplements can be used to prevent serious diseases" such as cancer and osteoporosis, said Dr. David Heber, chief of clinical nutrition at the UCLA School of Medicine.

"Americans should get their nutrients from food instead of pills," Heber said. "Large supplement doses of single nutrients won't prevent disease, but instead will upset absorption of other nutrients."

Dr. Allan Forbes, the FDA's nutrition and food sciences director, said the federal agency shares the concern, but now is barred by law from restricting vitamins, which are considered a food supplement, without detailed scientific findings of their ill effects.

To collect that kind of data, he said, the FDA is encouraging physicians to report vitamin side effects on the same voluntary reports they now file for side effects from drugs.

The comments came at a news conference that ended a weekend seminar for doctors, and dietitians on the problem organized by the National Academy of Medicine.

Later, a trade group representing vitamin

manufacturers said the group supported efforts to gather more information about the effect of supplements, saying such data would bolster their position. But the group's president said he was concerned about the FDA's ill-timed possible regulation before the information was in.

"We would be strongly supportive of any effort to improve the data base," said J.B. Cordaro of the Council for Responsible Nutrition, but added he feared the FDA was "out to prove a predetermined conclusion."

Cordaro said vitamin overdoses occur rarely, not in the thousands of people the scientists suggested, and only under very high doses, far higher than most people would ever choose to take.

While the industry agrees on the desirability of a balanced diet providing nutrients, he said, the supplements at most reasonable levels can provide assurances to people who pay little attention to their diet.

The scientists said they are not concerned about the person taking a daily multivitamin tablet that provides recommended daily allowances of several vitamins. Nor are they concerned with people who may have a legitimate need to add supplements, such as pregnant women and the elderly.

They are concerned, however, with normal people taking huge quantities of a single vitamin or mineral on the belief it will prevent some disease or cure some condition, such as huge doses of calcium supplements to prevent osteoporosis.

"Last year calcium supplement sales increased by 50 percent, with another one-third

increase projected for this year," Heber said. "Yet, safety levels for supplements have not been established, the ramifications for long-term use are unknown and high doses, in some cases, amount to over-the-counter drug abuse."

Dr. Victor Herbert of Mount Sinai School of Medicine in New York said beta-carotene, a precursor to Vitamin A, is touted by some as a cancer preventive. Yet, he said, the substance "is so prevalent in the American diet, it's a waste of money to supplement."

At the same time, overdoses of Vitamin A carry significant risks — liver damage, loss of hair, increased brain and spinal fluid pressure, blurred vision and more.

Megadoses of Vitamin C are used by many to prevent or cure colds. But while many people can tolerate huge doses, the scientists said, others suffer from reduced copper and iron absorption, development of kidney stones and other complications. In some animal tests, they said, huge doses of Vitamin C have made tumors grow larger.

Similarly, the scientists said, overdoses of Vitamin D can cause kidney damage and failure; overdoses of Vitamin E can suppress the thyroid gland; overdoses of magnesium can cause breathing difficulty, lethargy and slurred speech; and overdoses of zinc can interfere with the body's absorption of calcium, iron, copper and selenium.

Herbert said scientists are now beginning to see toxic effects from large doses of some vitamins; long considered harmless, such as Vitamin C and some of the B vitamins.

## Rate of out-of-uterus pregnancies up 13%

**ATLANTA (AP)** — Ectopic pregnancies, those outside the uterus, are up 13 percent in the latest yearly survey, with minorities and women over 34 at greatest risk, federal health officials said Thursday.

In 1983, 69,000 ectopic pregnancies were reported in the United States, up from 61,000 in the previous year, the CDC said in its weekly report. That was an increase from 12 to 14 per 1,000 pregnancies.

The cause is most likely an increase in pelvic inflammatory disease, which can result in fertilized eggs implanting before reaching the uterus, usually in the Fallopian tubes, CDC researchers said.

"Pelvic inflammatory disease is believed to be a basic factor behind the increase in ectopic pregnancies," said Dr. Hani Attrash, a reproductive health specialist at the Atlanta-based agency.

The rate of ectopic pregnancies in the United States has more than tripled since 1970. That year, 17,800 such pregnancies, or fewer than five per 1,000, were reported.

Preliminary studies to be published soon by CDC researchers indicate that the rate of ectopic pregnancies for white women is eight per 1,000 pregnancies, significantly lower

than the 11.9 per 1,000 for blacks and other non-white women.

The rate for women ages 35-44 is 18.4 per 1,000 pregnancies, compared to 9.2 for all women and 5.6 for women aged 15-24.

But while ectopic pregnancies are increasing in the United States, the mortality rate from them is dropping. Between 1970 and 1983, the death rate for women with ectopic pregnancies fell from 3.5 per 1,000 to 0.5 per 1,000.

In more than 97 percent of ectopic pregnancies, the fertilized egg implants in the Fallopian tube. During pregnancy, as the fetus enlarges, the condition can cause rupturing of the tube and severe bleeding, Attrash said.

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## Aerobics

Continued from Page B1

The new guidelines suggest that: In aerobics classes utilizing so-called "impact" exercises — any maneuver in which participants jump from the floor — maximum intensity levels should not raise the heart rate above 85 percent of its calculated maximum. Heart rate should be measured at peak output periods during an exercise routine.

Exercises involving jumping should be limited to not more than four consecutive landings on either

foot. The figure is significantly below the number commonly done in many aerobics classes or demonstrated on videocassettes.

Duration of impact workouts should never exceed 30 minutes, and such routines should not be done on consecutive days. The day of rest between vigorous impact workouts is necessary to avoid the risk of muscle, joint and bone damage from overuse.

Contrary to what aerobics participants may believe, as the intensity of exercise increases, the proportion

of body fat used up as an energy source actually goes down — meaning that if aerobics is intended to trim fat from the body, increasing intensity has the opposite effect from what is intended.

Special care should be taken in selection of a floor surface on which to exercise. Impadded concrete surfaces are the worst since they offer no shock-absorption capabilities at all.

Close attention should be paid to wearing well-designed shoes. Acceptable shoes must have a sole that

slides readily on the floor. For that reason, shoes designed for running, basketball and court sports are generally not safe for aerobic dance. Running shoes are worst of all. Exercising in bare feet is exceptionally dangerous since it robs the participant of the impact-absorbing capabilities of well-designed shoes.

Care should be taken in exercising muscles on all sides of joints, avoiding a situation in which the hamstrings (in the buttocks and rear of the thighs), for instance, are developed but the quadriceps (the muscle group in the front of the thigh) is not.

## Grief

Continued from Page B1

to the group. She says it has helped to discover what she is going through is normal, and not a sign she is going crazy.

"My son loved to play the stereo," she says. "I would wake up at night hearing that stereo playing — just out of an absolutely dead sleep. And you think, 'Oh my God!'"

"You hear it, it's so real. It's things like that, that come about and bring it back to you, and put you in such a startled position that you just need to talk to somebody else that's probably gone through a similar thing."

Ann J. also lost a son, and was suffering greatly as a result. She says she and never had to deal with death before and "the thing this group has done for me is to help me realize more of what is the usual process of grief, and that it is natural, and that it's such a wound that you suffer, that you need help. I've had to learn to get well, to take care of myself, and I had no idea this was part of

kind of are still waiting for them to come back.

"That was really a down for me, so it was really good for me to go into the class. The main thing I have learned is to cope in dealing with George's death, and to cope with everyday life so that I could still function."

She says she did not want to wither up and die, but "it's really hard to think about yourself. I want to be happy and I want to be healthy, and you have to work on those things."

In her "Grieving Well" classes, Boyd addresses this lack of self-concern. "I think oftentimes when

we have someone die, we don't even want to worry about our body anymore because the other person isn't in their body," she says.

"My focus is to help people become aware there are options — that they don't have to do this alone, and that grief can really be a growing process and it doesn't have to be all bad. Of course, we wouldn't want to go through that hurt — we wouldn't choose that, but once we have lost control of choice we do have control over how we respond to it, and where we go from there."

In Boyd's next "Grieving Well" course will begin on May 27. For more information, call 733-2044.

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MAY 13 FAMILY TALKS - **Free lecture targeted for parents of pre-schoolers.** 7:30 p.m., Irene E. Oliver Women's Health Center Conference Room. Facilitators: Tom Machala, RN, BSN, Health Educator and Kim Kvale, RN, BSN, Public Health Nurse, So. Central Dist. #5 Health Dept.

MAY 14 WOMEN'S HEALTH FAIR from 11 a.m.-6 p.m. - Free Screening & Lectures. Employee Craft Fair. Noon Fashion Show by "Kathy's".

MAY 15 "SHAPE UP FOR SUMMER" by Rodney Swartling, M.D. and Fred Surbaugh, M.D. 7:00 p.m. MVRMC Cafeteria.

MAY 16 EMT's open house and movie scheduled throughout the day. — Employees invited to tour the ambulance.

MAY 17 & 18 EMERGENCY MEDICINE DISPLAY AT BLUE LAKES MALL

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**Magic Valley Regional Medical Center**

# FDA OKs antidote to widely used, hard-to-regulate heart medication

WASHINGTON (AP) — The Food and Drug Administration on Thursday approved an antidote designed to prevent overdose deaths among the 4 million people taking an old heart medication called digoxin, a hard-to-regulate drug that accounts for half of all accidental poisonings among the elderly.

The antidote — Digibind — is an intravenous solution that can be administered in hospital emergency rooms to heart patients who take an overdose of digoxin or a related drug, digitoxin.

About 175 people die each year of digoxin overdoses, either accidental or deliberate, and many of them can be saved by the drug, the agency said.

Digibind also can treat severe toxic reactions from non-fatal overdoses, the FDA said, and will help many of the estimated 1,300 cases each year in which children under 6 take digoxin or other heart drugs from an adult's medicine cabinet.

"The development of this antidote is an important achievement because lives will be saved, and because the concept underlying the drug's development may hold pro-

## Digoxin poisoning accounts for half of all accidental poisoning deaths among people over 60 — FDA

accidental poisoning deaths among people over 60, the agency said.

In announcing the antidote's approval, the FDA also urged patients on digoxin to be alert for signs of an accidental overdose.

Early symptoms include loss of appetite, lower stomach pain, nausea or vomiting, unusual heart beat and unusual fatigue, the agency said.

A potentially fatal overdose also can cause mental depression, confusion, hallucinations and blurred vision. An overdose victim also may see a yellow halo around objects, the FDA said.

The antidote was developed by researchers at Columbia University and Massachusetts General Hospital.

It comes from antibodies produced by sheep injected with digoxin and another substance. When antibody fragments from the sheep are injected into the body of an overdose victim, they bind to the digoxin circulating in the blood, and both digoxin and antibodies are excreted in the urine.

The antidote was developed under the federal "orphan drug" law.

Digoxin and digitoxin are derived from the poisonous digitalis plant, or foxglove. They are among the oldest heart drugs in the country. Foxglove, as an herb, was given to patients as long as 200 years ago, said FDA spokeswoman Susan Cruzan.

They still may be the most widely used prescription drugs among the elderly, the FDA said. One brand of digoxin alone, Lanoxin, is the third most-dispensed prescription drug in the United States.

But the dose at which digoxin helps people by strengthening the heartbeat is very close to an overdose, the FDA said, so accidental overdoses are not uncommon. Digoxin poisoning accounts for half of all

# Spring shapes show off 'gym trim'

Dallas Times Herald

Spring's close-to-the-body offerings salute those who huffed and puffed their way through winter aerobic classes.

Form-fitting knit dresses flow over gym-tote curves. Scooped-out backs showcase an expanse of skin. Cleverly placed cut-outs play peek-a-boo. Peplums accentuate slim waists.

This body-conscious trend currently sweeping the United States actually finds its roots in Europe. Many credit French designer Azzedine Alaïa with bringing women's wear closer to the body than anyone had ever dared.

"He is a man who likes women and admires the female form," says Cheryl Fox of Macy's. "He is also an excellent tailor. And as a designer, he hasn't copied anyone. His rise to the top came when everyone else was doing those loose, Japanese-inspired clothes and he opted for form-fitting garments."

The Tunisian-born, Paris couturier's molded clothing curves into and around the body like a second skin with a focus on the waistline, midriff and derriere.

Alaïa's sculpted dresses cling to fashionable French women as well as a host of celebrities including Tina Turner, Raquel Welch, Grace Jones and Princess Caroline of Monaco.

On this side of the Atlantic, Seventh Avenue's Donna Karan helped propel shapely silhouettes to the fashion forefront with her innovative bodysuit dressing. In her debut fall collection, she paired the bodysuit with a variety of figure-skimming bottoms for a move away from borrowed-from-the-boys dressing. These silhouettes continue into spring.

"You can think of our clothes as body-conscious, but they actually become part of the body once you put them on," says Patty Cohen of Donna Karan. "With all the tying and wrapping, the clothes fit and shape to your individual figure — so you don't have to suck yourself in to wear them."

The physical fitness craze also deserves credit for the season's

leaner looks. Women spending more time at the gym are eager to display well-toned figures.

"Exercise is not for the select few anymore," says Christie Blake of Bloomingdale's. "Instead of hiding that new body, women want to show off all their hard work. They are tired of the boxy, tailored, oversized look and are turning to clothes that are more feminine."

This spring, feminine translates to form-fitting. Sleek, turtle-neck dresses of cotton-knit accent the body as they slip to the calf. The slender, sleeveless tubes come in an array of frilly shades — raspberry red, lemon yellow, lime green — to accent sun-kissed skin.

Some designers pair the season's body-hugging shapes with billowing accent pieces. "What makes this

look new is the full-over-fitted shap-ing," says Craig Leloff of Lou Laitman, a Dallas specialty store. "An added layer that floats away from the body, like the diaphanous lace overblouse in Patrick Kelly's white-on-white dress."

Knit attaches a slinky, man-style tank to a pouffy skirt of layered lace. Over the top of this concoction, he tosses an airy, lace T-shirt for a twist on the body-conscious trend.

"Knitwear is the most flexible fabric and works well with close-to-the-body designs," says Barbara Louls of the National Knitwear and Sportswear Association. "Knits are easy to wear and shapely without relying on darts. They are cool in the summer, warm in the winter. Knits don't wrinkle, so you never need to press them."

## To do for you

"To Do for You" is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 543, Twin Falls, 83303, or deliver them to our office at 132 Third St. W.

**Final city aerobics classes begin**

TWIN FALLS — The final session of spring of aerobics classes sponsored by Twin Falls Parks and Recreation Department will begin today.

The six-week season is held Mondays and Thursdays at 5:45 p.m. at the Robert Stuart Junior High School gym. Cost is \$10.

For more information, call instructor Sherie Hill at 734-0000.

## Stressed out? Get a leg up on it

TWIN FALLS — A stress management workshop will be given Wednesday at The Relationship Place, 407 N. Ave. 1, from 7 to 9:30 a.m.

Facilitator will be Joan Dalton Boyd, M.A., and Judy McCallister, M.S.W. The workshop is designed to help participants develop their own stress management techniques.

Cost is \$9. For more information, call 733-2044.

## Group focuses on child cancer

TWIN FALLS — Candlelighters, a self-help group of parents of children with cancer, will meet Wednesday, 8:30 p.m. at the First United Methodist Church, 700 N. Harrison, Twin Falls. The group meets the first and third Wednesdays of each month. For more information, call 733-4184.

## Women's Health Fair scheduled

TWIN FALLS — A free Women's Health Fair is being held at the Twin Falls Community Center, 200 N. Harrison, on Wednesday, May 20, from 10 a.m. to 4 p.m.

The fair will feature health screenings, lectures and films. The speakers will be Dr. Margaret M. Gorman, M.D., and Dr. Robert M. Gorman, M.D.

For more information, call 734-0000.

## Hospital plans prenatal class

St. Joseph's Family Medical Center is planning a prenatal class for expectant mothers. The class will be held on Wednesday, May 20, from 10 a.m. to 12 p.m. in the hospital's conference room, 700 N. Harrison, Twin Falls.

The class will cover topics such as prenatal care, labor and delivery, and newborn care. For more information, call 733-4184.

## Some cereals not worth their salt

The Washington Post

Wheaties, the "breakfast of champions," contain more sodium per one-ounce serving than potato chips and most other common salty snack foods, a family practitioner warns in The New England Journal of Medicine.

Dr. Steven W. Luger, of Old Lyme, Conn., undertook an informal sodium-content survey after noticing that his own favorite cereal, Cheerios, had a high sodium content of 330 milligrams per ounce.

"My children eat them, I like them, they're low in sugar, they have no artificial color or flavors — the ideal cereal, snack and finger food, right? Wrong!" wrote Luger in a letter to the journal.

Here are the results of Luger's sodium survey:

- Wheaties (370 milligrams per ounce), Cheerios (330 mg.), Kix (315 mg.), Kellogg's corn flakes (289 mg.), Total (280 mg.), Wise potato chips (190 mg.), Lay's potato chips (200 mg.), Fritos corn chips (220 mg.), Cheetos cheese snacks (300 mg.) and Bachman twist pretzels (410 mg.).

Salt content is important, Luger said, because epidemiologic evidence suggests that a high-sodium diet may contribute to the development of high blood pressure. Other evidence suggests that the earlier the diet begins the more harmful it is, and that high sodium consumption in adults is due partly to an acquired taste from eating salty foods during childhood.

The American Heart Association, among other groups, has recommended a reduction of sodium in the diet.

"In a nutrition-conscious society trying to avoid sugar, alcohol and additives in food for children," Luger wrote, "why add sodium when it's not needed?"

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It is true that there are numerous circumstances when medication is required to sustain life. Our concern here is with the abuse of medication daily to alleviate symptoms temporarily. The real value of this type of medication is to buy you time and comfort while you are attempting to determine the cause of the problem and get it corrected. The symptoms relieved by the medication must be viewed as warning signals that something is wrong within the body. The point here is that steps need to be taken to get to the root of the problem, rather than treating the symptoms. Another problem with temporary relief from the pain, is that while you're feeling better, the real problem may be worsening.

Is there an alternative to the common belief that pain killers are the only answer for relief from pain? YES! Chiropractic health care seeks the cause of the problem rather than merely dealing with the symptoms. Chiropractic teaches that health comes from within, and true health is the result of the body functioning at one hundred percent. We do not believe that health can be bottled or packaged. Chiropractic can provide true relief by correcting the problem.

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# Reach

## Apples, oranges: Comparing yourself to others is fruitless

In a world of individuals, comparison is a senseless activity.

—Wayne Dyer



Jo Ann Larsen

Do you often wish you looked like someone else? Do you try to be like everybody else so you'll fit in? If you feel bad if others do better than you, say on a test or in a tennis match? Do you tell yourself you can't do things just because others aren't doing them? Do you want to know what others are wearing before you decide on your clothes? If you answered "yes" to most items, you may be suffering from a malady common to most other people — you compare yourself to others. Your intent? To assure yourself that you're at least as "good" as others — and therefore — that you're an adequate person.

**BUT DOES COMPARING MAKE YOU FEEL GOOD?** Ironically, comparing usually makes people feel bad, not good. Betty is a case in point.

Everywhere Betty goes she indiscriminately compares herself to other people. When she's in a house that looks more tidy than her own (at the moment), she says to herself, "I must be a poor housekeeper." When she's in a group, she hangs back, think-

ing "I don't have interesting things to say (like other people)." When she makes a mistake, she concludes, "I'm stupid. Other people wouldn't do a dumb thing like that." And when she runs across another mother whose children are taking more lessons than her own, she laments, "I'm a bad mother for not providing more opportunities for my own children." (Never mind that she has six children and the other woman has two!)

On any one day the number of times Betty compares herself to others runs into the hundreds. Her destructive habit keeps her feeling that there's something wrong with her — and that she's always failing. So why then does Betty — and why do all the rest of us — continue to measure ourselves against other people?

**IT'S ALL IN THE TRAINING.** Every day we're bombarded with cultural messages

**This self-comparison trap is deadly, says Dyer, because your assessments of yourself are always controlled by something outside you which you can't possibly regulate.**

that encourage us to compare, says Wayne Dyer, author of "Pulling Your Own Strings." "People are taught by our culture always to look outward for their behavioral cues, and consequently 'comparison vision' dictates most of our judgments." For example, observes Dyer: "How do you know if you are intelligent? You compare yourself to others. How do you know if you are stable? Attractive? Worthy? Happy? Successful? Fulfilled? By checking out how others around you are doing and then deciding where you fit on the comparison scale."

This self-comparison trap is deadly, says Dyer, because your assessments of yourself are always controlled by something outside you which you can't possibly regulate. You genetically put together into your unique pattern at any time in the past, anywhere today or any time in the future is so infinitesimally small as to be inconceivable. Add to your genetic heritage your own unique family background and upbringing, and the unique experiences you've had each day of your life that have differed from anyone else's, and that should drive home the point that there is no one like you on this earth. As Briggs puts it, there are no carbon copies!

**COMPARING SELF TO OTHERS ISN'T LOGICAL.** People often mistakenly believe they can accurately compare themselves to other human beings. Not so, says Dyer: "No one is even remotely like you in terms of your innermost feelings, thoughts, and desires."

Echoing Dyer's position is Dorothy Briggs, author of "Celebrate Your Self." "You're an unprecedented event in the Universe," says Briggs. Just the likelihood of another genetically put together into your unique pattern at any time in the past, anywhere today or any time in the future is so infinitesimally small as to be inconceivable. Add to your genetic heritage your own unique family background and upbringing, and the unique experiences you've had each day of your life that have differed from anyone else's, and that should drive home the point that there is no one like you on this earth. As Briggs puts it, there are no carbon copies!

From this vantage point, comparing yourself to another human being is like com-

paring apples to oranges. Apples and oranges are different. You and others are different. There is nothing good or bad about that. It is simply a statement of fact. And if you accept this fact, then you may want to take a hard look at why you would ever compare yourself to anyone else.

**USE SELF-MEASUREMENT.** "You don't have to look outside yourself for self-assessment," says Dyer. "How do you know if you are intelligent? Because you say and know you are, because you can do the things you want to do. Are you attractive? Yes, by your own standards, which you'd better set for yourself. Because you find that you've chosen to accept someone else's standard of attractiveness — at your 'victimized expense'."

The truth is that the only viable position you have is to compare you to yourself. Focus inward and measure your own growth — the distance you've come since you last gauged your progress. Set your own goals and measure the extent to which you've accomplished what you set out to achieve. And pay attention to your own satisfaction with the way your life is going. Then you will truly be your own person.

Jo Ann Larsen, D.S.W., is a Salt Lake City family therapist and a daughter of Dr. Ivin M. and Alice Jackson.

## Vitamin overdose reports sought

**WASHINGTON (AP)** — 'Thousands of Americans, attempting to become healthier, may be poisoning their bodies with huge doses of vitamin supplements that can be dangerous in large quantities, a group of scientists said Monday.

The scientists and the Food and Drug Administration called on the nation's doctors to begin recording their patients' vitamin use in medical records and to report side effects related to vitamin overdoses.

"We in the scientific community are concerned with the increasing number of supplements that can be used to prevent serious diseases" such as cancer and osteoporosis, said Dr. David Heber, chief of clinical nutrition at the UCLA School of Medicine.

"Americans should get their nutrients from food instead of pills," Heber said. "Large supplement doses of single nutrients won't prevent disease, but instead will upset absorption of other nutrients."

Dr. Allan Forbes, the FDA's nutrition and food sciences director, said the federal agency shares the concern, but now is barred by law from restricting vitamins, which are considered a food supplement, without detailed scientific findings of their ill effects.

To collect that kind of data, he said, the FDA is encouraging physicians to report vitamin side effects on the same voluntary reports they now file for side effects from drugs.

The comments came at a news conference that ended a weekend seminar for doctors, and distillations on the problem organized by the National Dairy Board.

Later, a trade group representing vitamin

manufacturers said the group supported efforts to gather more information about the effect of supplements, saying such data would bolster their position. But the group's president said he was concerned about the FDA's tilt toward possible regulation before the information was in.

"We would be strongly supportive of any effort to improve the data base," said J.B. Cordaro of the Council for Responsible Nutrition, but added he feared the FDA was "out to prove a predetermined conclusion."

Cordaro said vitamin overdoses occur rarely, not in the thousands of people the scientist suggested, and only under very high doses, far higher than most people would ever choose to take.

While the industry agrees on the desirability of a balanced diet providing nutrients, he said, the supplements at most reasonable levels can provide assurances to people who pay little attention to their diet.

The scientists said they are not concerned about the person taking a daily multivitamin tablet that never has any recommended daily allowances of several vitamins. Nor are they concerned with people who may have a legitimate need to add supplements, such as pregnant women and the elderly.

They are concerned, however, with normal people taking huge quantities of a single vitamin or mineral on the belief it will prevent some disease or cure some condition, such as huge doses of calcium supplements to prevent osteoporosis.

"Last year calcium supplement sales increased by 50 percent, with another one-third

increase projected for this year," Heber said. "Yet, safety levels for supplements have not been established, the ramifications for long-term use are unknown and high doses, in some cases, amount to over-the-counter drug abuse."

Dr. Victor Herbert of Mount Sinai School of Medicine in New York said beta-carotene, a precursor to Vitamin A, is touted by some as a cancer preventive. Yet, he said, the substance is so prevalent in the American diet, it's a waste of money to supplement.

At the same time, overdoses of Vitamin A carry significant risks — liver damage, loss of hair, increased brain and spinal fluid pressure, blurred vision and more.

Megadoses of Vitamin C are used by many to prevent or cure colds. But while many people can tolerate huge doses, the scientists said, others suffer from reduced copper and iron absorption, development of kidney stones and other complications. In some animal tests, they said, huge doses of Vitamin C have made tumors grow larger.

Similarly, the scientists said, overdoses of Vitamin D can cause kidney damage and failure; overdoses of Vitamin E can suppress the thyroid gland; overdoses of magnesium can cause breathing difficulty, lethargy and slurred speech; and overdoses of zinc can interfere with the body's absorption of calcium, iron, copper and selenium.

Herbert said scientists are now beginning to see toxic effects from large doses of some vitamins: long considered harmless, such as Vitamin C and some of the B vitamins.

## Rate of out-of-uterus pregnancies up 13%

**ATLANTA (AP)** — Ectopic pregnancies, those outside the uterus, are up 13 percent in the latest yearly survey, with minorities and women over 34 at greatest risk, federal health officials said Thursday.

In 1983, 69,600 ectopic pregnancies were reported in the United States, up from 61,800 in the previous year, the CDC said in its weekly report. That was an increase from 12 to 14 per 1,000 pregnancies.

The cause is most likely an increase in pelvic inflammatory disease, which can result in fertilized eggs implanting before reaching the uterus, usually in the Fallopian tubes, CDC researchers said.

"Pelvic inflammatory disease is believed to be a basic factor behind the increase in ectopic pregnancies," said Dr. Hani Atrash, a reproductive health specialist at the Atlanta-based agency.

The rate of ectopic pregnancies in the United States has more than tripled since 1970. That year, 17,800 such pregnancies, or fewer than five per 1,000, were reported.

Preliminary studies to be published soon by CDC researchers indicate that the rate of ectopic pregnancies for white women is eight per 1,000 pregnancies, significantly lower

than the 11.8 per 1,000 for blacks and other non-white women. The rate for women ages 35-44 is 18.4 per 1,000 pregnancies, compared to 9.2 for all women and 5.6 for women aged 15-24.

But while ectopic pregnancies are increasing in the United States, the mortality rate from them is dropping. Between 1970 and 1983, the death rate for women with ectopic pregnancies fell from 3.5 per 1,000 to 0.5 per 1,000.

In more than 97 percent of ectopic pregnancies, the fertilized egg implants in the Fallopian tube. During pregnancy, as the fetus enlarges, the condition can cause rupturing of the tube and severe bleeding, Atrash said.

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## Aerobics

Continued from Page B1

The new guidelines suggest that: In aerobic classes, utilizing so-called "impact" exercises — any maneuver in which participants jump from the floor — maximum-intensity levels should not raise the heart rate above 75 percent of its calculated maximum rate. Heart rate should be measured at peak output periods during an exercise routine.

Exercises involving jumping should be limited to not more than four consecutive landings on either

foot. The figure is significantly below the number commonly done in many aerobic classes or demonstrated on videocassettes. Duration of impact workouts should never exceed 30 minutes, and such routines should not be done on consecutive days. The day of rest between vigorous impact workouts is necessary to avoid the risk of muscle, joint and bone damage from overuse.

Contrary to what aerobics participants may believe, as the intensity of exercise increases, the proportion

of body fat used up as an energy source actually goes down — meaning that if aerobics is intended to trim fat from the body, increasing intensity has the opposite effect from what is intended.

Special care should be taken in selection of a floor surface on which to exercise. Hardwood floors are the worst since they offer no shock-absorption capabilities at all.

Close attention should be paid to wearing well-designed shoes. Acceptable shoes must have a sole that

slides readily on the floor. For that reason, shoes designed for running, basketball and court sports are generally not safe for aerobic dance. Running shoes are worst of all. Exercising in bare feet is exceptionally dangerous since it robs the participant of the impact-absorbing capabilities of well-designed shoes.

Care should be taken in exercising muscles — on all sides of joints, avoiding a situation in which the hamstrings (in the buttocks and rear of the thighs), for instance, are developed but the quadriceps (the muscle group in the front of the thigh) is not.

## Grief

Continued from Page B1

to the group. She says it is helped to discover what she is going through is normal, and not a sign she is going crazy.

"My son loved to play the stereo," she says, "I would wake up at night hearing that stereo playing — just out of an absolutely dead sleep. And you think, 'Oh my God!'" "You hear it; it's so real. It's things like that, that come about and bring it back to you, and put you in such a startled position that you just need to talk to somebody else that's probably gone through a similar thing."

Ann J. also lost a son, and was suffering greatly as a result. She says she had never had to deal with death before, and that the thing this group has done for her is to help her realize more of what is the usual process of grief, and that it is natural, and that it's such a wound that you suffer, that you need help. "I've had to learn to get well, to take care of myself, and I had no idea this was part of it."

Through the classes, Elena Barnes, whose husband Larry was ill for two years before his death, says she has learned to handle the emotions of the grieving process. "It's like an acid and down the drain, goes through you," she says, "one day you feel positive and you're on top, and the next day you could be crawling to the bottom — so you recognize this is normal."

She says by attending the sessions, she has learned a lot about herself and that it is important to get rid of grief and frustration; to live each day and not worry about the future.

Sandee Golay's son George had been dead for six months when the reality hit her. "Sometimes you can put out your mind the fact that they're really gone," she says. "You

kind of are still waiting for them to come back. "That was really a down for me, so it was really good for me to go into the class. The main thing I have learned is to cope in dealing with George's death, and to cope with everyday life so that I could still function."

She says she did not want to wither up and die, but "it's really hard to think about yourself. I want to be happy and I want to be healthy, and you have to work through those things."

In her "Grieving Well" classes, Boyd addresses this lack of self-concern. "I think oftentimes when

we have someone die, we don't even want to worry about our body anymore, because the other person isn't in their body," she says.

"My focus is to help people become aware there are options — that they don't have to do this alone, and that grief can really be a growing process — and it doesn't have to be all bad. Of course, we wouldn't want to go through that hurt — we wouldn't choose that, but once we have lost control of choice we do have control over how we respond to it, and where we go from there."

Boyd's next "Grieving Well" course will begin on May 27. For more information, call 733-2044.

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**Magic Valley Regional Medical Center**

# FDA OKs antidote to widely used, hard-to-regulate heart medication

WASHINGTON (AP) — The Food and Drug Administration on Thursday approved an antidote designed to prevent overdose deaths among the 4 million people still taking an old heart medication called digoxin, a hard-to-regulate drug that accounts for half of all accidental poisonings among the elderly.

The antidote — Digoxin — is an intravenous solution that can be administered in hospital emergency rooms to heart patients who take an overdose of digoxin or a related drug, digitoxin.

About 175 people die each year of digoxin overdoses, either accidental or deliberate, and many of them can be saved by the drug, the agency said.

Digibind also can treat severe toxic reactions from non-fatal overdoses, the FDA said, and will help in many of the estimated 1,000 cases each year in which children under 6 take digoxin or other heart drugs from an adult's medicine cabinet.

The development of this antidote is an important achievement because lives will be saved, and because the concept underlying the drug's development may hold pro-

## Digoxin poisoning accounts for half of all accidental poisoning deaths among people over 60 — FDA

accidental poisoning deaths among people over 60, the agency said.

In announcing the antidote's approval, the FDA also urged patients on digoxin to be alert for signs of an accidental overdose.

Early symptoms include loss of appetite, lower stomach pain, nausea or vomiting, unusual heart beat and unusual fatigue, the agency said.

A potentially fatal overdose also can cause mental depression, confusion, hallucinations and blurred vision. An overdose victim also may see a yellow halo around objects, the FDA said.

The antidote was developed by researchers at Columbia University and Massachusetts General Hospital.

It comes from antibodies produced by sheep injected with digoxin and another substance. When antibody fragments from the sheep are injected into the body of an overdose victim, they bind to the digoxin, causing it to be excreted in the urine.

The antidote was developed under the federal "orphan drug" law.

# Spring shapes show off 'gym trim'

Dallas Times Herald

Spring's close-to-the-body offerings salute those who huffed and puffed their way through winter aerobic classes.

Form-fitting knit dresses flow over gym-trim curves. Scooped-out backs showcase an expanse of skin. Cleverly placed cut-outs play peek-a-boo. Peplums accentuate slim waists.

This body-conscious trend currently sweeping the United States actually finds its roots in Europe. Many credit French designer Azzedine Alaia with bringing women's wear closer to the body than anyone had ever dared.

"It is a man who likes women and admires the female form," says Cheryl Fox of Macy's. "He is also an excellent tailor. And as a designer, he hasn't copied anyone. His rise to the top came when everyone else was doing those loose, Japanese-inspired clothes and he opted for form-fitting garments."

The Tunisian-born Paris couturier's molded clothing curves into and around the body like a second skin — with a focus on the waistline, midriff and derriere. Alaia's sculpted dresses cling to fashionable French women as well as a host of celebrities including Tina Turner, Raquel Welch, Grace Jones and Princess Caroline of Monaco.

On this side of the Atlantic, Seventh Avenue's Donna Karan helped propel shapely silhouettes to the fashion forefront by her innovative bodysuit dressing. In her debut fall collection, she paired the bodysuit with a variety of figure-slimming bottoms for a move away from borrowed-from-the-boys dressing. These silhouettes continue into spring.

"You can think of our clothes as body-conscious, but they actually become part of the body once you put them on," says Patty Cohen of Donna Karan. "With all the tying and wrapping, the clothes fit and shape to your individual figure — so you don't have to suck yourself in to wear them."

The physical fitness craze also deserves credit for the season's

leaner looks. Women spending more time at the gym are eager to display well-toned figures.

"Exercise is not for the select few anymore," says Christie Blake of Bloomingdale's. "Instead of hiding that new body, women want to show off all their hard work. They are tired of the boxy, tailored, oversized look and are turning to clothes that are more feminine."

This spring, feminine translates to form-fitting. Sleek turtleneck dresses of cotton-ramie knit caress the body as they slip to the calf. The slender, sleeveless tubes come in an array of ruddy shades — raspberry red, lemon yellow, lime green — to accent sun-kissed skin.

Some designers pair the season's body-hugging shapes with billowing accent pieces. "What makes this

look new is the full-over-filled shapewear," says Craig Lidji of Lou Lattimore, a Dallas specialty store. "An added layer that floats away from the body, like the diaphanous lace overblouse in Patrick Kelly's white-on-white dress."

Kelly attaches a silky, man-style tank to a pouffy skirt of layered lace. Over the top of this confection, he tosses an airy, lace T-shirt for a twist on the body-conscious trend.

"Knitwear is the most flexible fabric and works well with close-to-the-body designs," says Barbara Louts of the National Knitwear and Sportswear Association. "Knits are easy to wear and shapely without relying on darts. They are cool in the summer, warm in the winter. Knits don't wrinkle, so you never need to press them."

## To do for you

"To Do for You" is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 948, Twin Falls, Idaho 83403, or deliver them to our office at 132 Third St. W.

### Final city aerobics classes begin

TWIN FALLS — The final session this spring of aerobic classes offered by Twin Falls Parks and Recreation Department will begin today. The six-week session is held Mondays and Thursdays at 5:45 p.m. at the Robert Stuart Junior High School gym. Cost is \$10. For more information, call instructor Sherie Hill at 734-6900.

### Women's Health Fair scheduled

TWIN FALLS — A free Women's Health Fair including health screenings, lectures and films will be held at the Idaho State Medical Center from 10 a.m. to 5 p.m. on Monday, May 19. All classes are held in the Medical Center Conference Room, 700 N. Idaho. Complete program information is available at the Idaho State Medical Center.

### Stressed out? Get a leg up on it

TWIN FALLS — A stress management workshop will be given Wednesday at The Relationship Place, 604 7th Ave. NW from 7 to 9:30 a.m. Facilitator will be Josh Dalton Boyd, M.A., and Judy McCallister, M.S.W. The workshop is designed to help participants develop their own stress management techniques. Cost is \$5. For more information, call 733-2944.

### Group focuses on child cancer

TWIN FALLS — Candelighters, a self-help group for families of children with cancer, will meet Wednesday at 7 p.m. at the First United Methodist Church. For more information, call Jane Hopkins, daytime at 733-6117, evenings at 733-4194.

### Hospital plans prenatal class

TWIN FALLS — St. Benedict's Family Medical Center will offer a prenatal class May 21 at 7 p.m. The class will cover topics such as nutrition, exercise, and labor. All classes are held in the Medical Center Conference Room, 700 N. Idaho. Complete program information is available at the Idaho State Medical Center.

### Some cereals not worth their salt

The Washington Post  
Wheaties, the "breakfast of champions," contain more sodium per one-ounce serving than potato chips and most other common salty snack foods, a family practitioner warns in The New England Journal of Medicine.  
Dr. Steven W. Luger, of Old Lyme, Conn., undertook an informal sodium-content survey after noting that his own favorite cereal, Cheerios, had a high sodium content of 330 milligrams per ounce.  
"My children eat them. I like them, they're low in sugar, they have no artificial color or flavors — the ideal cereal, snack and finger food, right? Wrong!" wrote Luger in a letter to the journal.  
Here are the results of Luger's sodium survey:  
Wheaties (370 milligrams per ounce), Cheerios (330 mg.), Kix (315 mg.), Kellogg's Corn Flakes (289 mg.), Total (280 mg.), Wise potato chips (190 mg.), Lay's potato chips (200 mg.), Fritos corn chips (220 mg.), Cheez-It cheese snacks (330 mg.) and Bachman twist pretzels (410 mg.).  
Salt content is important, Luger said, because epidemiologic evidence suggests that a high-sodium diet may contribute to the development of high blood pressure. Other evidence suggests that the earlier the diet begins the more harmful it is, and that high sodium consumption in adults is due partly to an acquired taste from eating salty foods during childhood.  
The American Heart Association, among other groups, has recommended a reduction of sodium in the diet.  
"In a nutrition-conscious society trying to avoid sugar, alcohol and additives in food for children," Luger wrote, "why add sodium when it's not needed?"

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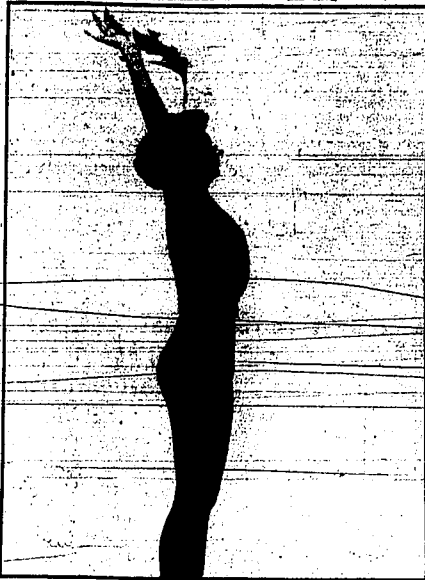
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While you are attempting to determine the cause of the problem and get it corrected. The symptoms relieved by the medication must be viewed as warning signals that something is wrong within the body. The point here is that steps need to be taken to get to the root of the problem, rather than treating the symptoms. Another problem with temporary relief from the pain, is that while you're feeling better, the real problem may be worsening.  
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## Upper torso muscles need stretch to fight exercise-caused tightness



By KATHY COREY and ROBERT REID  
Los Angeles Times

Lack of flexibility in the chest and shoulder area can cause tension, headaches and back problems. Most exercise programs tend to build the upper body, creating a shortness and tightness through the upper back, chest and shoulders.

To achieve suppleness through the upper torso, we must first create a foundation in the lower torso to prevent hyperextension of the back. The lower torso maintains balance and stability, allowing the upper torso to open and lift. This support is achieved by tightening the low abdominal muscles back to the spine and contracting the buttocks muscles. Maintain this position throughout the exercise.

Stand with feet hip distance apart. Stand with feet about 24 inches apart above your head—Press the towel behind your head, feeling the stretch across your chest and onto your shoulders. Keep your neck long, straight and free of tension. Keep the shoulders relaxed. Expand your chest as you press the towel back. Inhale as you press back; exhale as you release. Repeat the exercise eight times. As your flexibility increases, deepen the movement and double the repetitions.

Kathy Corey and Robert Reid are Southern California exercise consultants.

Los Angeles Times photo

To prevent back injury, lower torso must be stable and balanced before letting the upper torso open and lift

## In the battle of sexes, women win in a walk

MINNEAPOLIS (AP) — Women walk faster than men, cover more ground, choose more complex routes and give strangers better walking directions, a researcher who has spent years stalking pedestrian behavior said Tuesday.

Michael Hill, a visiting sociology and geography professor at the University of Minnesota-Duluth, also said children tend to meander and choose less direct routes than adults; presumably to explore their surroundings.

The findings suggest that city planners, a field dominated by men, should consider altering the heavy emphasis on efficiency, he said.

"Planners go out of their way to make things more efficient," Hill said in an interview before presenting his research to the 82nd annual meeting of the Association of American Geographers. "I don't know that those are values that everyone in society likes."

Hill's study of 200 adults and 100 children in Lincoln, Neb., found that women walked at a rate of 256 feet per minute, while men covered an average of 245 feet in a minute. He also found that women walked about 35 miles in an average trip while men averaged 45 miles.

He also said the path that men walk is straighter.

"They don't go out of their way to take twists and turns," Hill said. Adult men take the least complex routes, while children take the most complex, he said.

"My guess is that they (children) like more complexity. They're exploring," he said.

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- Educational Programs
- Osteoporosis
- Heart Disease
- Home First Aid
- Weight Reduction
- Nutrition
- Gynecology
- Obstetrics

**What if I just want to find out more about these problems?**

You can use the Womens Health Center as a resource center for all of your questions. Simply call us at 324-2016 or come in to visit with us. We'll answer your questions.

**Do they have programs for younger and older women?**

Our specialty is women. Of all ages. We know there are questions that you may have about changes that are occurring in your body. Let us help you answer them.

**Does the Womens Health Center have physicians or can I use my own?**

You may do whatever you like. Your physician will know about the Womens Health Center and may refer you for specific problems. However, you don't need to have a physician to use us. We will be happy to help you under any circumstances. Just call us.

**What do I do if I want to find out more about the Womens Health Center?**

Call us at 324-2016. And be sure to visit us at 222 6th Avenue West. Our first public open house is April 15th. We would love for you to come see why we're so proud.

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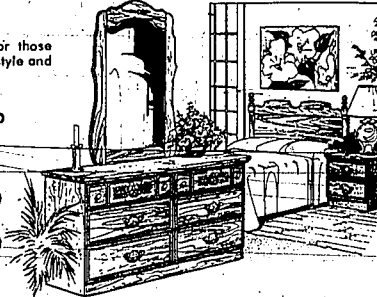
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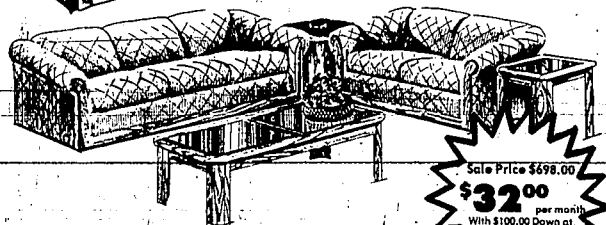
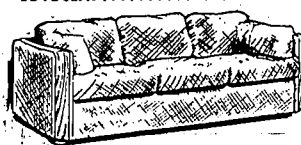
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# Voters' choices may influence liquor debate

By PAT MARCANTONIO  
Times-News writer

TWIN FALLS — County residents can cast an advisory vote during the May 27 primary election on whether to allow liquor sales in Twin Falls County. The vote will be held on Sunday, May 27, at 2 a.m. and if liquor-by-the-drink should be sold on Sundays.

The Board of Commissioners will follow the advisory vote when making the final decision, Commissioner Judy Felton said.

The commissioners could have decided the issue without the vote, which they aren't obligated to follow. But they decided to use a

vote because the issues involve major community changes, Felton said. Even holding a public hearing wouldn't have ensured a true representation of the public's feelings, she added.

A bill passed this year by the Idaho Legislature gave county officials the authority to allow Sunday liquor sales and extend bar hours.

Proponents of the bill said it would benefit Idaho's tourism and convention business. Critics, however, said the bill ran counter to attempts to encourage responsible use of alcohol. Twin Falls County residents will be asked to vote "no," "yes" or "undecided."

"Shall the Twin Falls County commissioners set the closing time for the bars in Twin Falls County at 2 a.m.?"

"Shall the Twin Falls County commissioners allow liquor-by-the-drink sales on Sunday in Twin Falls County?"

Virgil Sislam, general manager of the Holiday Inn in Twin Falls, said the answer to those questions should be "yes" — to boost local tourism.

The more liquor is sold, the more tax revenue for cities and counties is generated, he added.

Randy Dill, general manager of Canyon Springs Inn in Twin Falls, agreed that increased bar hours and Sunday liquor sales would help the

convention business, because Twin Falls competes with Nevada. Business has been lost over the fact that Sunday liquor sales, except for beer and wine, now are barred in Idaho, he said.

If Twin Falls County doesn't adopt the proposals, its businessmen could be competing with other counties where the sales and hours have been approved, Dill added.

Beer and wine now are sold on Sunday. It's "ridiculous" to ban drink sales, Dill said. Because 12 ounces of beer or five ounces of wine equals the alcoholic content of 1 1/2 ounces of 80-proof liquor.

The Times-News, four hotel and restaurant owners — Dill and Sislam included — claimed extended bar hours would not result in more alcohol abuse.

"This is tantamount to saying increased availability of food will lead to obesity," they wrote.

Their industry is making a large effort to prevent problems from the consumption of alcohol, they wrote.

The choice of whether to abuse liquor, however, is an individual one. "We feel that the people of the Magic Valley are intelligent enough to make the right decision for themselves."

LaVerne McGrane, a substance

abuse counselor and director of the Walker ACT Center of Magic Valley, said she didn't know what would happen if people have one more hour to drink at bars or buy liquor on Sundays.

Increased availability may have an influence, such as more drunken drivers, she said.

She didn't believe, however, that there should be discrimination against liquor on Sunday, McGrane said. Beer and wine now are sold and they like hard liquor, are mood-altering chemicals.

No matter the availability of liquor or bar hours, alcoholics always will have a supply on hand, she added.

Monday, May 12, 1986 Times-News, Twin Falls, Idaho

## Magic Valley

- Obituaries/hospitals C2
- Valley Life/Dear Abby C3
- Idaho/West C4

C

# Sex offenders ease pain through treatment

Editor's Note: The actual names of the sexual offenders mentioned in this story were not used, as protection of the identities of the victims, most of whom were related to them.

By PAT MARCANTONIO  
Times-News writer

TWIN FALLS — The group that meets every Sunday seems to be a typical men's club — a bunch of guys sitting around a table, talking and sipping coffee.

Then, introductions began.

"I'm Tim. I'm here because I sexually abused my step-daughter."

"I'm Lenny and sexually abused by three oldest daughters."

"I'm Sam and I sexually abused my son."

And so it goes.

One man said he had sexually molested his child, a babysitter and "messed around with animals."

The purpose of this meeting is to help sex offenders, mostly men, emerge from a personal hell they have created by becoming as one judge described it, "a slave to their own desires."

The treatment group was founded

**'I cried all night before the disclosure. I was more scared about what I was going to lose than what I would gain.'**  
— William

more than 1 1/2 years ago by psychologist Dr. Paul Ives, who also provides individual counseling to offenders.

Only first-time, non-violent offenders are allowed in the group, a combination therapy, confrontation and monitoring tool, Ives said.

A majority of people are ordered to attend under the terms of their court probation. To graduate from treatment, they must complete 65 goals, such as being able to discuss details of their offense and their feelings, Ives said.

Some men continue attending meetings after the court order to "remain abstinent," he added.

Of the 80 offenders who have attended the sessions, none have re-

offended, Ives said.

Attending a meeting is a ticket into the guts of people who have molested children, most of whom were related to them.

The reasons for their actions are as varied as the men — bad marriages, alcoholism or the fact they had been abused as children.

One man said he had been abused as a child, but that was no excuse to abuse his own children. "I did it on my own," he said.

"I used any excuse to molest my daughter," Arthur said.

The secret of the abuse spanned years in some cases. When it finally was revealed it was as if, as Doug said, "someone took a 100-pound sack of beans off my shoulder."

William said, "I cried all night before the disclosure. I was more scared about what I was going to lose than what I would gain."

When the secret was out, however, the consequences began to hit. Most men lost or were separated from their families through divorce or court actions. Others lost jobs. Several went to jail or prison.

When Ives asked how many had considered suicide, most hands were

**'I'd rather have been shot than tell my wife. I didn't have the courage to kill myself.'**  
— John

raised among the more than a dozen men at the meeting, Ives said an important part of treatment is admitting the offense.

"I'd rather have been shot than tell my wife," John said. "I didn't have the courage to kill myself."

Some said their wives supported them through the experience. But relationships were altered.

Lenny said, "A certain trust with my wife had been destroyed. She had been hurt, deeply hurt."

A normal sex life for others became non-existent. One remarked he had become impotent and "mentally castrated."

Their children, even the abused ones, still loved them. But in some cases the molested children were different. They became aggressive or sexually abused others. It was as if

part of their childhood was taken from them.

Men once guided by their own pleasures now were taking the blame and grieving for the hurt they caused their children and families.

The men also discussed the previous week. John had a good one. He said he enjoyed taking his daughter, the one he had molested, shopping. Though he never used bribes when he abused her, the shopping trip was good because he was taking her out as a father. Enjoying simple family life now "is so much more fun than the best of the times when I was abusing."

Lenny said, "I told my daughter I love her. I haven't been able to do that over a period of time." His high comes from knowing he has not abused his other children.

Tim said he was happy to see his children again.

Doug wasn't as lucky.

"My ex-wife is trying to generalize me for the rest of my life," he said.

Gus said, "I had a so-so week. It would go by better if I could find a job."

But he's trying to be positive. Gus said he appreciates the group.

**'A certain trust with my wife had been destroyed. She had been hurt, deeply hurt.'**  
— Lenny

Otherwise he might be thrown in jail and called an animal.

Ives argued against the myth that offenders placed on probation get off easy. On probation, they shoulder a lot of responsibilities.

People also should be aware that sexual abuse involves a wide range of actions, from patting a behind to intercourse, he said.

The men shook their heads in agreement with Ives.

The offenders have a long road ahead of them.

Lenny summed it up. "Each one has a different fight to fight."

Said Ray, also a recovering alcoholic, "I just want to prove to myself I can do it."

Tim said he never would re-offend: "I'm never going to put myself through that hell again."

# Robbins envisions solidarity among House moderates

By DEAN MILLER  
Times-News writer

TWIN FALLS — When Rep. Gary Robbins, R-Dietrich, first ran for the Idaho House in 1984 from his four-county district in the heart of the Magic Valley, he said if he was elected he would probably be one of the more moderate Republican members of the House.

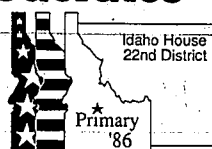
Running for reelection in District 22 this year, after an aborted bid for the U.S. Congress, he said Saturday he wants to go back to the Legislature and add his moderate voice to the small body of elected party leaders in the House Republican caucus.

He is challenged in the primary battle for the Blaine, Camas, Gooding, and Lincoln County district by Willes Cheney of Gooding, who operates the school bus company for Gooding.

The 45-year-old Robbins said that if he is re-elected, he will pursue one of the lesser Republican leadership positions: either House Majority Leader or Assistant Majority Leader, but not House Speaker or Caucus Chairman.

As a member of the loosely organized Steadhead Caucus of moderate House Republicans, Robbins voted for more money for public schools, but voted on the conservative side on other state spending issues, he said Saturday.

Education is an especially difficult



REP. GARY ROBBINS Stresses education funding issue in his district because the Blaine County school district, with



## A... 'steady' girlfriend

Mannequin model Danala Jolley, left, attracts a group of curious shoppers as she models clothes in a Twin Falls downtown store window. Jolley and several other models caused double takes among shoppers Saturday with their statue-like perfor-

mances on sidewalks and in merchant's windows. The models are made up to resemble mannequins and trained to hold single poses.

# 'Double-jeopardy' policy scuttled by school board

By CAROLYN DILLWORTH  
Times-News reporter

GLENNIS FERRY — To avoid having students face "double jeopardy" in their grades, the Glennis Ferry School Board approved a change in attendance policy recommended by High School Principal Len Penner on Thursday.

In the past, a percentage of the students' quarterly grades were based on attendance, to encourage better class attendance, Penner said.

However, because students are now required to meet the state's new 90 percent attendance rule or face a loss of credit, the incentive to attend class is already taken care of, and students should no longer have their attendance be considered part of their grade, Penner said.

He said classroom grades will

now be based on classroom performance, homework and test requirements of individual teachers. Attendance will be dealt with separately.

Penner said no other changes will be made in the grading policy, and policies for makeup work and efficiency reports will stay intact.

In other business: Board members reviewed their attorney's opinion on the use of tape recorders during school board meetings. The board's policy of refusing the use of recorders during their meetings was questioned by local reporters last month.

Board members said they legally have the right to refuse because they had previously established a no-use policy.

However, Chairman Jerry Bybee said Friday the board is

# Focus groups offer consumer feedback

In cars, colleges, demand for 'expert' testimony is on rise

By KRISTIN TUCKER  
Times-News correspondent

TWIN FALLS — A car dealer wants to know if customers are satisfied with his service department.

A food processing company wonders if a new product will appeal to chefs and dietitians.

A hospital wants community input in designing a new department.

A college seeks broad-based feedback to help it prepare for the future.

In recent months, focus groups have helped several Magic Valley businesses get a different perspective of their products and services.

Seeking feedback on their service department and on new car sales, Roy Raymond Ford-BMW, Twin Falls, has sponsored two focus groups in recent months. Prior to evaluating the dealership, the randomly selected group of participants were welcomed by Raymond and treated to a steak dinner.

Christopherson says offering a meal to focus group participants is

like dangling a carrot in front of them. "I take you out to lunch if you are going to tell me what I want to hear, rather than if I were anonymous and asking what were your feelings on a particular product," he says.

But the College of Southern Idaho's Mike McClymonds, associate professor of management and marketing, says offering focus group participants a meal is a matter of courtesy that shows the sponsor appreciates the time people are giving to the process. McClymonds admits that's an approach that "may soften the input."

McClymonds adds that maintaining anonymity is "pretty tough when you are talking about buying new cars." To get the best feedback, the focus group sponsors should make it clear that they are interested in hearing negative and positive comments.

Idaho Frozen Foods uses focus groups to "test the viability" of new products in both the food service and retail sides of their operation, says

Dick Barber, IFF vice president of sales and marketing.

To evaluate a new food service product, IFF's parent company may establish a focus group of eight to 10 food-service operators, including chefs and dietitians in commercial and residential settings.

IFF maintains anonymity for its research by using outside agencies. Rooms with a two-way mirror enable company personnel to observe and discuss the evaluation process without biasing the people in the focus groups.

"Focus groups are used exclusively for qualitative research," explains Barber, and may not produce enough specific feedback to adequately evaluate a product. IFF usually supplements focus group research with sensory evaluations that involve 100-200 people and "closed-end" questions that are easier to process than focus group feedback.

St. Benedict's Family Medical Center in Jerome used a marketing

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**Hansen-Peck**

TWIN FALLS — Heidi M. Hansen became the bride of John M. Peck March 14 at the LDS Temple in Idaho Falls.

The bride is the daughter of Laren and Elaine Hansen, Twin Falls, and the bridegroom's parents are Ronald and Wanda Peck, Carey.

A reception was held at the LDS Church on Elizabeth Boulevard and an open house was held at the bridegroom's home in Carey.

Nancy Staley was matron of honor with Lana Hansen, Carrie Hansen, Kris Reynolds, Janine Knight and Lynne Peck, all Twin Falls, serving as bridesmaids.

Rick Stewart, Carey, was best man. Groomsman included Tom Peck, Roger Peck, Kendall Peck, Layne Peck and Curtis Hansen.

Serving were Jill Skeem, Brenda Peck, Kathi Peck, Holly Reynolds and Debby Dixon. LeeAnn Shupe attended the guest book.

Following a trip to the coast, the couple resides in Twin Falls where both attend CSI.



John and Heidi Peck

**Anniversary**

**The Moores**

TWIN FALLS — Mr. and Mrs. Arlie Moore will be honored at an open house, May 17, for their 50th wedding anniversary.

Friends and relatives are invited to call from 1 to 3 p.m. at the home of their son-in-law and daughter, Steven and Shelley White, 716 Grandview Drive N.

Moore and Eunice Brown were married May 16, 1936, at Caldwell where they lived until moving to Twin Falls a year ago. He worked for the Black Canyon Irrigation District and the junior high school in Caldwell before retiring.

They have five children, Charles Moore, Smith Ferry; Jim Moore, Caldwell; Rylie Moore, both Caldwell; John Moore, Clear Creek; and Shelley White, Twin Falls; 13 grandchildren and four great-grandchildren.



Mr. and Mrs. Arlie Moore

**Job's Daughters set to install new officers**

TWIN FALLS — Lisa Jensen, daughter of Mr. and Mrs. Keith Jensen, will be installed honored queen of Twin Falls Bethel No. 56, International Order of Job's Daughters, at 2 p.m. May 18 at the Masonic Temple.

Other officers to be installed include Julie Schmidt, junior princess; Karole Kistler, senior princess; Rosanna Boyle, guide; Karée Henman, marshal; Kenleigh Kelly, chaplain; Kim Kicer, recorder; Kelly Kicer, librarian; Betty Clark, musician; and Shannon Kelly, treasurer.

Messengers are Stephanie Simcoe, Michelle Phillips, Kristin Kyle, Tara King and Randi McDermott. Mary Stavin is inner guard; Marc Alexander, outer guard; Shannon Braley, senior custodian; Stephanie Braley, junior custodian; Suzi Anderson, flagbearer; and Michelle Boyd, lights custodian.

Choir members are Heather Kirkman, captain; Amy Boyd, Charlotte Smith, Stacie Thompson, Jenna Jones, Jenny Ford, Christy Everton, Kelli Stowman, Kim Wright, Elizabeth Shaffer and Tami Deering.

Shirley Schmidt will serve as installing officer, assisted by Margie Schmidt, Lisa Alexander, Karen Irwin, Ronda Palmer, Shannon Reed, Ann Boaz, Jenny Baumert, Janelle Newbury.

Kimberly Kling will narrate the ceremony "Love in the Bud of a Rose" with Scott Perkins and Sharon Wright as soloists.



LISA JENSEN  
New honored queen

Mr. and Mrs. Bill Kyle and Mr. and Mrs. Don Stavin will be hosts, assisted by Cinnamon Hazen, Jenny Rutherford and Joshua Jensen.

The new queen's project will be the Shriners Hospital for Crippled Children in Salt Lake City.

**Somebody needs you**

Elderly widow in Twin Falls needs a volunteer or a service group who would like to volunteer to do spring yard cleaning at her residence. If you would like to have this opportunity, call Sherry or Opal at 734-7583.

Attention, flower lovers: There are 67 flower beds on the CSI campus available for adoption. CSI crews will do the heavy work and the watering. Maintaining the beds and cultivating are the greatest need. Call Sherry or Opal for "adoption" information at 734-7583.

Free private tutoring for adults who have difficulty with basic skills

of reading, writing, arithmetic or spoken English is available in all eight counties in the Magic Valley. Tutors are needed to help in this program. Teacher training is not required. Training and support is available to the volunteer. If you would like to be a tutor or if you would like to be a student, call Ruth Scott at 733-9554, ext. 354, or 423-4338, or call Sherry at 734-7583.

This public-service column is designed to match needs in the community with volunteer help. If you need a volunteer, call Sherry Garey at the College of Southern Idaho, 734-7582, to have it appear in this column.

**Academy applications now accepted**

TWIN FALLS — Applications to the nation's military academies are being accepted. Sen. Jim McClure, R-Idaho, announced last week. Applications are being taken for West Point, Annapolis, Air Force and West Point and the Merchant Marine academies.

Applicants must be U.S. citizens, legal residents of Idaho, single and without children, McClure said. They also must be between 17 and 22 years old.

Nominees will be selected based on SAT or ACT scores, class rank, grade point average, school records, extracurricular activities, leadership potential, motivation for a career in the military and personal recommendations.

Initial letters should be sent no later than Sept. 20 to McClure's office at the Dirksen Senate Office Building, Room SD-361, Washington, D.C., 20510.

**Letter on voting gets a nay from Ph.D.**

DEAR ABBY: I would like to comment about the letter from an Alabama reader who gave examples of "how one vote changed history." His purpose, to encourage voting, was a good one, but most of his facts were wrong.

He said: "In 1845, one vote gave Oliver Cromwell control of England."

Wrong! In 1645, Oliver Cromwell became leader of the New Model (Puritan) Army, but NOT of England, which was then in the midst of a civil war. He didn't establish his own government until 1649 — and then did so in part by expelling opponents from Parliament. It wasn't primarily votes but strong leadership and military force that established his control.

He said: "In 1649, one vote caused King Charles of England to be executed."

Wrong! In 1649, King Charles I of England was executed — but not as a result of a one-vote margin. Cromwell's soldiers excluded the



Abigail VanBuren  
Dear Abby

moderate majority from the House of Commons and shut down the pro-royalist House of Lords entirely; a newly established revolutionary tribunal then tried the king and overwhelmingly condemned him to death.

He stated: "In 1845, one vote brought Texas into the Union."

Wrong! In 1845, the U.S. Senate passed the convention annexing Texas by two votes (27-23), not one; and it entered into force only after ratification by the Texas Congress and voters.

He stated: "In 1876, one vote changed France from a monarchy to a republic."

Wrong! In 1876, France was not a monarchy; it had become a republic

in 1875, by a larger margin. (Its empire had ended in 1870; previous monarchies ended in 1830 and 1848.)

He stated: "In 1923, one vote gave Adolf Hitler leadership of the Nazi Party."

Wrong! Hitler acquired dictatorial control of the Nazi Party in 1921, not 1923, and by a party congress vote of 553-1 — not exactly a one-vote margin.

Abby, if your Alabama correspondent wanted his argument to be effective, he should have checked his facts.

LOUISE E. HOFFMAN, Ph.D.  
DEAR DR. HOFFMAN: I was hesitant to publish his letter without checking his facts, but he seemed so certain. I didn't question his sources. My fault, not his.

DEAR ABBY: You've had a lot of letters about adopted children in your column lately. I'd like to add to it.

After I was born, my mother was not able to have any more children,

so she and my father adopted a 5-day-old boy. (I am also a boy.) In their determination to make their adopted son feel as loved and wanted as their natural child (me), they went overboard.

I heard that "Jimmy" was their "chosen" child, which made me think that when I was born they had to take what they got — but Jimmy was special, so they "chose" him.

I grew up feeling inferior and less-wanted than my little brother. I felt that I had to prove my worthiness by being competitive with him. I wanted to love him, but it was hard when he was given preferential treatment and told he was their "special, chosen child."

I know my parents loved me, too — but it took a lot of understanding, not to mention several years with psychoanalyst, to straighten my head out.

Print this. It may help other well-meaning parents.

—NAMELESS

**Valley happenings**

**Tutoring workshop slated**

TWIN FALLS — Mary Swiger, Buhl, will conduct a three-session workshop especially for parents on how to tutor students of any age with learning disabilities. Sessions are scheduled at 7:30 p.m. Tuesday, Wednesday and Thursday in the Immanuel Lutheran School. Cost is \$2.50. Call 543-4593 or 734-7378 for more information.

**Luncheon meeting slated**

TWIN FALLS — The Magic Valley Chapter of Concerned Women for America meet at 11:45 a.m. Thursday at China Garden restaurant. Cost for the luncheon is \$3.75. Reservations should be called to 733-5105, 734-7015 or 733-8610.

733-7820. For more information call 543-4593 or 734-7378.

**Lodge schedules cruise**

TWIN FALLS — The Twin Falls Moose Lodge will hold its annual shake-down cruise at Lava Point at Magic Reservoir Friday through Sunday. For more information call Harold "Smitty" Smith, 734-3228.

**Sitting clinic is Saturday**

EDEN — A Red Cross certified baby-sitting clinic will be held from 8:30 to 4 p.m. Saturday at the Lutheran Church in Eden. Participants, who must be at least 12 years old, should bring a sack lunch, doll with clothes, diaper, bottle and pencil and paper. Cost is \$1 to be certified. Pre-registration is requested by Wednesday by calling the Jerome County Extension Service, 324-7576.

**Agape carnival coming up**

TWIN FALLS — Agape Christian School carnival with spaghetti dinner and salad bar is scheduled from 5 to 9 p.m. Saturday at the new Salvation Army building, 348 Fourth Ave. N., Twin Falls. Dinner will be served until 8 p.m. There will be games, prizes, snack bar and raffle. Cost for the dinner and salad bar is \$2 per person or \$8 per family. For more information call the school office, 734-9656.

**Class will deal with stress**

TWIN FALLS — A stress management workshop will be presented at 7 p.m. Wednesday at the Relationship Place, 404 Seventh Ave. N., by Joan Dalton Boyd and Judy McAllister. Cost is \$5 per person. The workshop is designed to help participants identify sources of stress in their lives and develop their own stress management plan.

**Talent show goes Thursday**

TWIN FALLS — The annual Twin Falls High School talent show, composed of 15 acts of dancing, singing, acting and dramatic reading, is set for 7 p.m. Thursday in the school gym. Two high school band groups also will perform. The public is invited. Tickets may be purchased at the door for \$2 for adults and \$1 for students and children.

**Sign-up deadline looms**

TWIN FALLS — Registration deadline is Thursday for teachers and children interested in the Slingerland Institute summer school to be held here on learning disabilities. Applications for scholarship aid are due June 1. Registration should be done through Gary Cable, Immanuel Lutheran School, Twin Falls.

**Pre-natal course to begin**

JEROME — St. Benedict's Family Medical Center will begin a prenatal class at 7 p.m. Wednesday in the hospital conference room, 709 N. Lincoln, Jerome. Cost is \$4 per class or \$24 for the series of six classes. One can start on any class session. For more information, contact Gayle Goodin, 324-4301.

**Women's group will meet**

TWIN FALLS — An interdenominational

**Women's meeting will be held**

at 7 p.m. Thursday at the Golden Griddle Restaurant by Women's Aglow. Nita Berquist, who had her own radio program in Anchorage, will speak.

**Idea for new magazine wins student \$5,000**

OXFORD, Miss. (AP) — A family illness provided the inspiration for an Ole Miss student to create a new magazine for grandparents that will appear nationwide.

Although the idea for Grandparents Magazine didn't earn Ronda Gooden an "A" in class, she did receive \$5,000.

Ms. Gooden was in her family's Clarksdale home one weekend, struggling with a project for her University of Mississippi Journalism class, when "suddenly the idea came up," she said.

"The summer before, my grandmother had suffered a stroke, and moved in with us," said Ms. Gooden, 21. "I spent a lot of time with her, and that got me thinking about the idea."

She envisioned a magazine that covers issues not addressed in other magazines directed toward older readers.

The project became a property of the Joshua-Harmon Magazine Company, which publishes 11 magazines, including Better Homes and Garden and the Ladies Home Journal.

The first Grandparents Magazine

will appear in January, with a press run of 400,000.

"I saw the 'Grandparents' title and we had been trying to think of a way to enter that market," said Meredith President Jim Autry. "Grandparents" has the emotional connection that other magazines don't.

The selection of a student project for professional development "is a first for us," Autry said, adding that he was pleased the idea came from a student from his alma mater.

Earlier this month, Autry presented Ms. Gooden the check for her idea at a ceremony.

Ms. Gooden professor, Samir Husni, took the classwork to Autry after two course projects won national collegiate awards.

She worked two semesters on her idea, researching a market for readers, designing a prototype magazine issue and coming up with article ideas. Although she received a B-plus for her assignment, Husni gave her what he called "the ultimate compliment a journalism professor can give: she never asked for an extension of her deadlines."

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- C.L. Bulch Otter, Vice President, J.R. Simplot Co. (I. Governor Candidate)

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**Ina Mae Seach**

Candidate for School Trustee, Dist., 411, Zone 4

**WORKS FOR EXCELLENCE IN EDUCATION.**

Ina believes that Public Schools have potentials that have not been reached.

Ina will be an asset to the School Board. She will take the time required to thoroughly research complex issues, separate opinions from facts, observe school operations, and meet with students and teachers and patrons.

Ina is knowledgeable. She has worked successfully in support of increased state funding for education. She has served on two local Committees on Excellence in Education. She understands the complexity of the issues in our local school district.

Ina is a part-time diabetes nurse educator. She is married to Dr. Laird Seach and has children at Sawtooth, O'Leary and the Twin Falls High School.

Paid for by The Committee to elect Ina Seach, School Board Trustee, Zone 4.





# Idaho West

## Utah lawmakers say lake pumping best of bad options

SALT LAKE CITY (AP) — Gov. Norm Bangert's proposal to pump floodwaters of the Great Salt Lake into the desert is seen as a \$55 million gamble that hinges on an unanswered question: When will the lake stop rising?

But legislators say it also may be the only way to pull the plug on surging waters that threaten to flood major highways, railroads and airports in a sea of brine.

"If you want to see the state come to its knees, just do nothing," said House Speaker Robert Garff, who will try to spur lawmakers to action at a special session Tuesday on what to do about the ever-greater Salt Lake.

Expected soon to surpass its 1873 historical high of 4,211.6 feet above sea level, the lake has already caused more than \$470 million in damage after three abnormally wet winters.

Since January, the lake has risen more than 2 feet, and if it isn't stopped, it will flow across Interstate 80 and a Union Pacific Railroad line that skirts the south shore. It also threatens to inundate runways at Salt Lake City International Airport and several lakeshore industries.

During the Legislature's general session in January, neither Bangert nor the Legislature did anything about the lake, which was then receding. Lawmakers appropriated about \$40 million in state flood-control funds for unrelated projects.

But in recent months the 2,460-square-mile lake has risen at a rate unprecedented in recorded history. Its unrelenting rise convinced Bangert to make a public appeal against Jewish people, says the president of the National Conference of Christians and Jews.

However, said Jacqueline Greenan Wexler, if Mormons and Jews can learn to understand each other, the "million complex" will be completed.

Wexler, speaking Friday at the Mormon Church-owned university as part of Holocaust Recognition Week, said Jews who oppose the study center fear its students will use it as a base for missionary activities.

"Their fear of proselytizing is part and parcel of their persecution," Wexler said. "The memory genes for all Jews are very long. The Mormon

Other lawmakers said the only appeal of pumping is that it appears to be the lesser evil.

Rep. Alarik Myrinn, co-chairman of the Energy and Natural Resources Appropriations Subcommittee, said pumping will work only if conditions are right.

If the lake rises too fast, pumping will be pointless because the water will drain into the desert naturally.

If the lake recedes, millions will have been wasted, he said. "We're just caught between a rock and a hard spot. Either we don't do anything and take a chance, or we do something and hope it works out," Myrinn said.

Rep. Scott Holt said the Legislature waited too long to act on the pumping plan. He said its potential effectiveness has been reduced as the lake has grown larger.

By the time the pumps are in place in mid-1987, the water may have risen too much, he said.

"It's not a panacea, it's a gamble," said Holt.

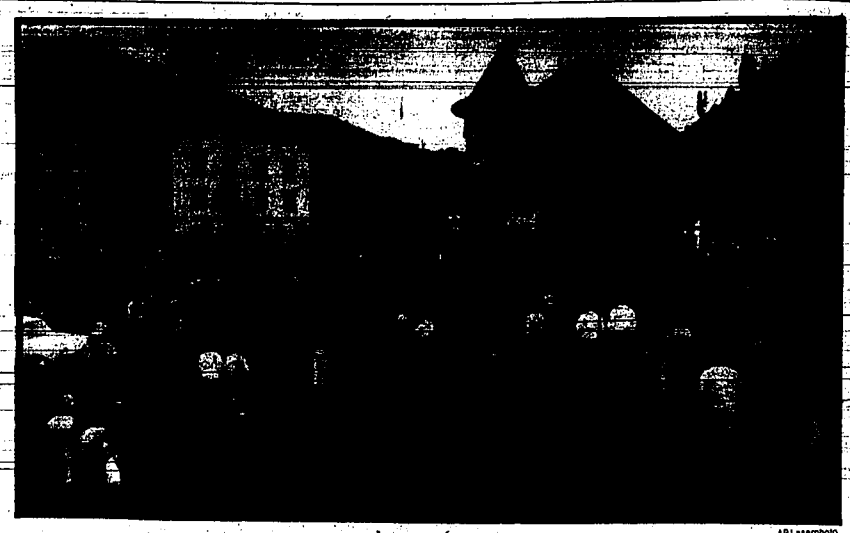
There are other proposals, discussion of which could stretch the session to four days, Garff said.

The one that apparently has gathered significant support would protect the lake's shoreline, where most of the threatened areas lie, with a series of dikes.

Supporters contend that within 18 months of the dike's completion, the sealed-off portion of the lake would be made relatively fresh by inflow from rivers and streams.

Bangert has dismissed the proposal, saying it would cost about \$240 million. But Sen. Jack Bangert, a proponent of the dike plan, said it could be done for less, possibly around \$150 million.

Jack Bangert said \$150 million still would be too costly, but he said he is introducing legislation that would call for a shorter dike. That, he said, would cost from \$22 million to \$38 million and still would give the state a major reservoir that would generate up to \$44 million a year from recreational uses.



Wallace's 85-year-old train depot is moved Saturday to its new site, across the south fork of the Coeur d'Alene River

## Changing times: Depot moves for highway

WALLACE (AP) — Wallace's 85-year-old train depot, built by the Northern Pacific Railway with repossessed Chinese brick, was slowly towed across the Coeur d'Alene River's South Fork for 300 feet Saturday to make room for U.S. Interstate 90.

About 2,500 people stood in the rain to watch the depot as it was moved in two hours and 45 minutes so that road crews can begin construction on the interstate that runs through Wallace, the only unfinished portion of Interstate 90 from Boston to Seattle.

When the stretch of Interstate is completed in about two years, Wallace, with a population of about 2,000, will lose its distinction as the town with the only remaining stiplight on the cross-continent interstate.

The depot's move, which was followed by a celebration billed as the Last Annual Depot Derby, marks the end of an era and optimists say it also marks the beginning of a new and better one.

The neighborhood mines here are mostly silent this spring, waiting out a slump in silver, lead and zinc prices that has caused the number of miners to drop from 4,500 in 1980 to 500 today.

Pessimists might even call the depot's moving a defeat for some town residents' 20-year effort to stop the concrete freeway corridor from shattering the gentle integrity of their community.

But Wallace is a mining town built on brick, not of wood — an outrageously optimistic statement in itself. Western mining camps are supposed to last a couple of decades, then fade away. This one celebrated its 100th birthday two years ago.

"This is a hard town to kill," Mayor Maurice Pellissier said. "Even with the mines down, this will get everybody in the mood for bigger and better things."

during daylight, or until we can see the entire dome at night, we can't verify that. The view geologists got Friday night were extremely limited because of heavy steam from the top of the dome."

Brantley said the seismic activity detected Sunday was similar to seismic signals known to represent rockfalls from the lava dome.

"Typically, we see an increase in rockfall activity from the dome once magma (molten rock) has reached the surface, and this, too, suggests there may be a new lava lobe on top of the dome," he said.

The volcano is following the pattern of the 15 dome-building eruptions it has undergone since 1980, Brantley said. Last Wednesday, the USGS predicted a dome-building eruption within a week.

## St. Helens undergoing quiet eruption

VANCOUVER, Wash. (AP) — Mount St. Helens is in the midst of a quiet dome-building eruption, a U.S. Geological Survey spokesman said Sunday, but thick clouds have kept geologists from knowing exactly what is happening.

"It's not possible for us to say at what point the eruption actually began, because we were not able to make any observations of the (lava) dome during the peak earthquake activity," said Steve Brantley, a USGS geologist.

"And we still do not know whether there is a new lava flow on top of the dome, although that does appear likely."

Scientists say all the signs indicate molten rock has been slowly pushing its way into the dome on the crater floor in the past several days, causing internal dome growth.

Earthquake activity at the southwest Washington volcano remained at moderate levels Sunday, decreasing from high levels early Saturday.

Thick cloud cover kept scientists out of the volcano's crater Sunday. They last visited the crater, with its mammoth dome of craggy black lava, Thursday, the day of peak earthquake activity.

"But they only saw the lower half of the dome on Thursday because the top was obscured by steam," Brantley said.

Scientists who flew over Mount St. Helens on Friday night reported seeing an incandescent glow atop the lava dome, suggesting the peak was adding a new lobe to its dome, which was 800 feet high when last measured.

"The high incandescence on the dome suggests there may be a new lobe there," Brantley said. "But until we can see the dome

costs. Both companies are based in Boise. The increases vary according to the size of the charter, distance traveled or trip duration.

The proposed rates are lower than the interstate and Oregon interstate want to boost rates by 15 to 30 percent of both companies, the PUC cent, to offset increased operating said.

## Bus companies request higher rates

BOISE (AP) — The Idaho Public Utilities Commission says it will accept public comment until May 29 on requests for two bus companies to boost rates for charter bus services.

Boise-Winemucca Stages Lines Inc. and Northwestern Stage Lines Inc. want to boost rates by 15 to 30 percent, to offset increased operating

## Effective Dates May 12 thru May 24

**MONDAY, MAY 12**  
ORVEL A. NEAL - GOODING - EVENING SALE - 5:30 P.M.  
FARM MACHINERY - HOUSEHOLD  
Advertisement May 10  
Messersmith Auction

**TUESDAY, MAY 13**  
FURNITURE - ANTIQUES - FARM ITEMS  
Advertisement May 11, 12 & 13, (In Classifieds)  
Klein Consignment Auction

**TUESDAY, MAY 13**  
W.W. BILL & DOROTHY KLINGER - TWIN FALLS  
FINE FURNITURE & GUN COLLECTION  
Advertisement May 11  
Messersmith Auction

**THURSDAY, MAY 15**  
JESSIE A. HENNEFER - HOUSEHOLD - TWIN FALLS  
Advertisement May 13  
Messersmith Auction

**FRIDAY, MAY 16**  
GOODING COMMUNITY  
FARM MACHINERY & SHOP  
Advertisement May 14  
Messersmith Auction

**FRIDAY, MAY 16**  
STORAGE AUCTION - TWIN FALLS  
Advertisement May 14  
Messersmith Auction

**SATURDAY, MAY 17**  
CONSTRUCTION EQUIPMENT - JOSE  
Advertisement May 11  
Mullick Auction Service

**SATURDAY, MAY 17**  
MEL JAGALS - FARM & FRIENDS  
HOUSEHOLD - ANTIQUES & OTHERS  
Advertisement May 15  
Messersmith Auction

**SATURDAY, MAY 17**  
HOWARD AUCTION - GOODING - HOUSEHOLD  
Advertisement May 15  
Messersmith Auction

**SUNDAY, MAY 18**  
JESS HAWKINS - HOUSEHOLD - BUHL  
Advertisement May 16  
Messersmith Auction

**THURSDAY, MAY 22**  
FRANCES SEDDON - HOUSEHOLD - EVENING SALE - 5:30 P.M.  
Advertisement May 20  
Messersmith Auction

**THURSDAY, MAY 22**  
LEONARD LEMIERRE - HOUSEHOLD - JEROME  
Advertisement May 20  
Messersmith Auction

**SATURDAY, MAY 24**  
MRS. C.C. BECKER - TWIN FALLS - HOUSEHOLD  
Advertisement May 22  
Messersmith Auction

## Official believes Jews, Mormons can co-exist

PROVO, Utah (AP) — Jews protesting Brigham Young University's study center in Jerusalem see it as part of a centuries-old persecution against Jewish people, says the president of the National Conference of Christians and Jews.

However, said Jacqueline Greenan Wexler, if Mormons and Jews can learn to understand each other, the "million complex" will be completed.

Wexler, speaking Friday at the Mormon Church-owned university as part of Holocaust Recognition Week, said Jews who oppose the study center fear its students will use it as a base for missionary activities.

"Their fear of proselytizing is part and parcel of their persecution," Wexler said. "The memory genes for all Jews are very long. The Mormon

Church for some Jews of today is as fearful to them as was the Holy Roman Empire at one time."

Wexler said she had met with state officials and told them she supports the center, but no missionary work is done in the country.

"I think the center and its ideals are important and crucial for Jews and for Jerusalem" and to foster better relations between Jews and Christians.

"I would ask all of us as Christians and who are members of (The Church of Jesus Christ of Latter-day Saints) to try to understand what it is to be the child of a Jew, or the grandchild of a Jew who suffered through the Holocaust and pogroms, and had that happen to them over their heads and in the name of God."

## Rekindling an age-old art

### Woods teaches flintknapping to its practitioners' descendants

By GARY WOLF  
Idaho State Journal

FORT HALL — When 9-year-old Don Crabtree read in his Boy Scout manual that Indians had flaked pieces of flint or obsidian in a fire to shape pieces off for a sharp edge, he tried it. It didn't work.

So he spent the rest of his life trying to figure out how stone tools actually were made, eventually rediscovering an art lost a generation before the Civil War began. The young man went to work at Idaho State University, gained international fame for his research into flintknapping and taught what he had learned to a number of students before he died in 1984.

Now, one of those students is passing on Crabtree's rediscovery of the art to those whose ancestors practiced it — students at the Sho-Ban School here.

Jim Woods, director of the Herrett Museum at the College of Southern Idaho, started by giving a short talk on the history of the making of stone tools and a demonstration of flintknapping.

He said the original inhabitants of Idaho found an abundance of the proper stones to fashion the tools of their daily lives — knives for hunting and kitchen use, scrapers for preparing hides and planing wood, adzes, hammers, points for arrows and spears, even a drill for making holes in the wood handles of many tools.

Some of the tools were simple, he said. Others were so complex that after the middle 1800s no one knew how they were made. By then, metal tools had replaced stone ones and the art of flintknapping was lost. It was up to researchers like Crabtree and anthropologist Woods to figure out how it was done.

Two basic techniques have been rediscovered: percussion and pressure flaking. Woods demonstrated the first by striking a large piece of obsidian with a softer stone, breaking off a large

piece, revealing its shiny interior and producing an edge sharp enough to cut through leather and skin. To finish the piece, he used pieces of deer antler to press off smaller flakes, shaping the tool to fit its purpose and giving it a straight edge and slimmer form.

Studying the stone to know where to strike it is the key, he said. Obsidian, volcanic glass, breaks either with or across the grain depending on the blow. "The trick to flintknapping is knowing when to stop," he said, lightly tapping his piece with another stone to hear the tinkle of glass that tells him how brittle the stone is becoming.

Scrapers were rounded quickly to make "the most amazing tool you'll ever see if you do you any tanning," he said. Knives became long, slender and sharp enough to shave "the hair on your arm."

Arrowheads were notched in a tribe's style and in keeping with the point's purpose.

Woods said obsidian produces an edge so sharp that Crabtree made knives used on him by a surgeon. The cuts healed more quickly than those made by a scalpel. Investigation under an electron microscope showed the stone tools were sharper and thus able to produce finer cuts for easier healing.

Even the hundreds of tiny flakes that came off in the production of these tools were razor-sharp, Woods said as he bandaged a slightly bloody finger. It made him wonder how the ancients kept from injuring themselves while making tools, lacking protective gear such as safety goggles.

Learning to make the tools has helped him understand what archaeologists find, he said, opening up the story of each artifact found. It lets him look at a damaged spear point and know whether it was damaged in use or in the making, and by whom it was made and how.

From experience, he is able to see the different flake patterns produced by holding the stone in

different ways. By comparing these patterns to artifacts from different areas, he can deduce how different tribes used different methods. Indigenous Idahoans, for instance, held the stone in the palm of their hand as they flaked the edge away. Mayans of Central America held the stone in their fingertips.

And archaeologists have helped him learn more about how the tools were used. Points once thought too small for any prey but birds have been found in the skeletal remains of deer. Points larger than a half-inch wide were probably not arrowheads but spear points, he said, demonstrating a spear-throwing tool allowing hunters to kill prey from as far away as 65 yards.

The tools he used in his flintknapping attracted as much interest as the art itself. He displayed an array of hammers — stones of different size and softness. Quartz is too hard, he said, shattering the obsidian rather than crumbling away itself to absorb the shock of the blow. Moose, elk and caribou antlers proved able hammers, too, as well as handles for some of the stone tools.

The tending of mountain sheep provided sinew for binding the tools to their handles. And pitch from pine trees, boiled and mixed with ashes from the fire, became the toolmaker's glue. It was cooled for safekeeping and then reheated and used like hot melt glue today to produce an even more durable bond.

Woods also told how to boil antlers to soften the marrow so a knife blade could be inserted easily. When the marrow cooled, it would harden around the blade and hold it tightly without glue or binding.

The display of tools told the story of an active life for the ancients — of hunting game, scraping hides, digging roots, building houses, making jewelry, all using tools fashioned from stone valuable enough to influence migratory routes. It was a life of purpose, Woods said, blended to the world that sustained them.

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# Bucks oust 76ers from postseason

By JEFF MAYERS  
The Associated Press

MILWAUKEE — The Philadelphia 76ers' domination of Milwaukee in the NBA playoffs ended Sunday with the Bucks' 113-112 victory in the deciding game of their best-of-seven playoff series.

But Milwaukee guard Sidney Moncrief said it will be difficult to erase the memory of losing four out of the previous five years to Philadelphia, including last season's four-game sweep.

"It's in the past. All we can deal with is 1986," said Moncrief, whose 19-point leadership helped the Bucks win 4-3 and advance to the Eastern Conference finals against Boston, starting Tuesday night.

"But I don't think people are going to forget the years prior to 1986."

Although forward Jerry Cummings said he didn't apply to this year's squad — "this team is different" — he admitted the win was

## Rich get richer: Sixers, Celtics win NBA lottery

NEW YORK (AP) — The Philadelphia 76ers and Boston Celtics came out the winners over the NBA have-nots in the league's lottery Sunday, winning the first two picks in the June 17 draft.

The two archrivals were the last two teams to have their logos picked out of sealed envelopes at the NBA lottery, and when the last envelope was opened, it was the 76ers who won the right to pick first.

Following Philadelphia and Boston were the four teams in the

lottery who did not make the playoffs — Golden State, Indiana, New York and Phoenix, respectively. Dallas, a third playoff team, will pick seventh, and Cleveland will choose eighth.

"The Boston-Philadelphia rivalry is the most dominant in pro sports," Philadelphia General Manager Pat Williams said. "It's ironic that there we were, knocking heads again. I'm glad we finally won one. They've had a lot of success against us over the last couple of years."

Milwaukee forward Paul Pressey added:

"Milwaukee Coach Don Nelson said Sunday's victory was 'the nicest win I ever had' because the Bucks then came out on top of an emotional,

The Celtics have won six of the 10 playoff meetings between the teams since 1965, and they beat the 76ers last year to get to the NBA finals for the second consecutive season. A one-point loss to Milwaukee Sunday kept the 76ers from an 11th postseason meeting with the Celtics.

Williams, who sat next to Celtics President Red Auerbach as the seven lottery envelopes were opened, said both the 76ers and Boston were winners in the lottery.

"Boston will get a very good

player, and with the kind of team they have, that's not good news for the rest of us," Williams said. "Everything Red touches seems to come out right."

The NBA lottery is designed to give each of the league's seven non-playoff teams a chance at the No. 1 pick in the draft, but one of those teams, the Los Angeles Clippers, traded their 1986 first-round choice to the 76ers in 1978 in exchange for Joe Bryant. Philadelphia was 54-28 this season. See LOTTERY on Page D2

a bad shot to have in that situation," Erving, who scored 17 points, said. "It was a shot that we would ask for if we were in that situation again."

Cummings, who played most of the game with a dislocated finger on the left hand, said the first thing he did after Erving's shot was to make sure Charles Barkley didn't get the rebound. Barkley led 18 points and 12 rebounds, well below his playoff averages of 25.6 points and 16.1 rebounds.

"We got a good shot with Charles going to the basket," Philadelphia Coach Matt Guokas said. "It's going to be very physical in the last few seconds. They took advantage of it."

Craig Hodges had 24 points for Milwaukee, including the winning basket on a goaltending call with 29 seconds left.

"The 76ers, down by nine points early in the third quarter and trailing 27-20, came back and won."

See BUCKS on Page D2

# Sports

- Golf, tennis D2
- Baseball roundup D3

D

## USFL courts future

In NFL lawsuit  
By GARY POMERANTZ  
The Washington Post

WASHINGTON — The United States Football League's \$1.32 billion anti-trust lawsuit against the National Football League — a legal rendition of Herschel Walker's running at Refrigerator Perry's misdeed — will begin with selection of jurors Monday in a Manhattan courtroom.

Judge Peter K. Lelsure, of the U.S. District Court for the Southern District of New York, will preside as the USFL attempts to prove that the NFL violated Sections 1 and 2 of the Sherman Antitrust Act by illegally "tying up" the three television networks.

USFL attorneys assert that this effectively prevented the USFL from gaining the revenue and exposure necessary to compete.

Besides damages, the USFL is seeking injunctive relief in the form of forcing the NFL off at least one network so that the USFL might negotiate a deal of its own with that network. Since declining to move from the spring to a fall season in 1986, the USFL has been unable to secure a network contract.

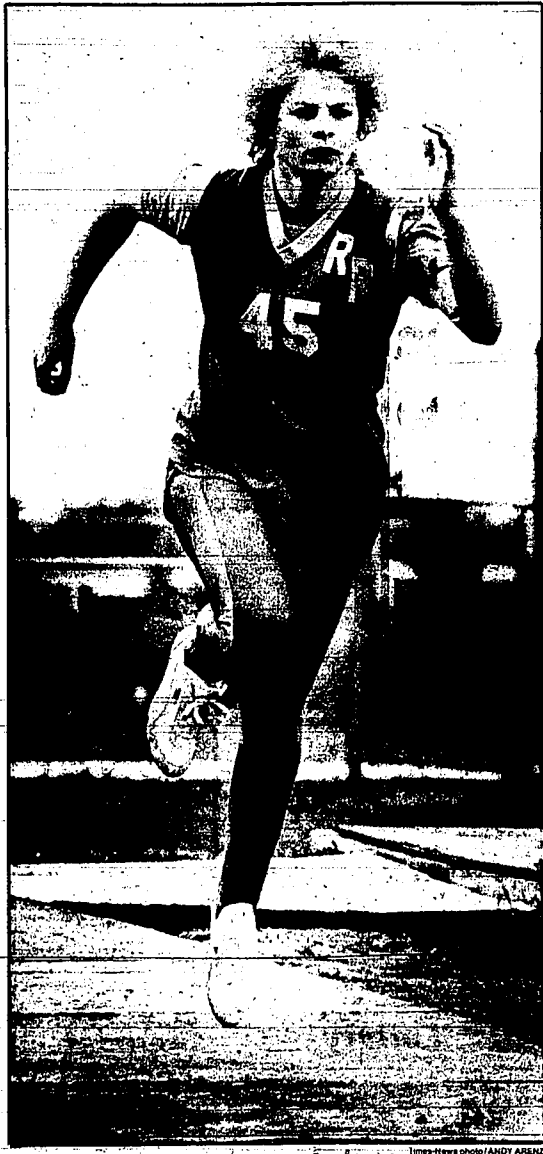
Above all, the trial will provide a detailed examination of how the television dollar fuels and drives the professional football industry.

The trial is expected to last between six and 10 weeks. The final decision could alter drastically the current shape of professional football. Big Bang style with a complete USFL victory, or it could serve merely to reaffirm the strength and staying power of the NFL empire, fanning strong after 66 years, and to strike dead the USFL, a mere pup of three years.

Stephen Ross, managing partner of the Baltimore Stars of the USFL, said if his league loses all points of the suit, "We'd have problems. I don't know if it's the end of the league, but, well, I just don't have an answer to that."

The USFL commissioner, Harry Usher, said the league will play this fall regardless of the outcome of the lawsuit. However, Usher said that if the USFL loses all points of the suit and cannot secure a network contract, "I wouldn't be critical of the owners if they decided to cash it in" after this season.

Commissioner Pete Rozelle of the NFL has termed the suit "baseless" and one-NFL-owner privately said the suit "is made of whole cloth; it's preposterous."



Kristine Keetch takes a run in the long jump at the MVC championships

## It's Keetch, as in reach

Busy Raft River High star chases state track titles

By RON GATES  
Times-News writer

MALTA — "I like to be active," understates Raft River High School senior Kristine Keetch.

Keetch, student body president, salutatorian of her graduating class, president of the school's Future Homemakers of America chapter, member of the National Honor Society and starter on the Trojans' basketball and volleyball teams, is about to take a crack at a state Class A-3 prep track championship in the 200- and 400-meter dashes and in the long jump and one or two gold medals in the relays as well.

"We can't put her in as many events as we'd like," says Raft River girls' track Coach Clea Whitaker. "She's quite versatile and would excel in everything."

Involvement in many activities isn't unusual in a high school the size of Raft River, but Keetch and her junior and senior classmates have used it to set a new standard for girls' athletes here. The Trojan basketball team went to state last winter, and after winning the Magic Valley Conference track championship for the last two years, the Raft River girls' track team will be the strongest contender three-time defending District 4 Class "A-3" girls' track champ Glenns Ferry will have at this week's district meet in Jerome.

"Track didn't used to be a big thing but has really picked up here in the last four years," says Keetch, who is bound for Utah State University next fall on a track scholarship. "We have about the same number of girls, but they seem to work harder now than ever."

Though born in Utah, Keetch was raised in this agriculturally oriented Cassia County community. Gordon and Bettie Keetch moved to Malta to take up farming shortly after their daughter's birth and their graduation from Utah State. Last November, Gordon accepted the position of Adams County Extension Agent and the family moved to the western Idaho town of Council. Kristine was the only family member to stay here, opting to finish high school at Raft River.

"I guess in the first grade when we played kites, I found out I could beat all the boys," she says of her first recollection of her running ability.

"She was beating everyone in Malta Elementary," says her mother. "But she was going to a county meet so I had a talk with her and tried to soften the blow by telling her that she was up against some real competition and probably wouldn't win. She took four first places."

Keetch attributes much of her success to involvement in gymnastics.

"In my case I have, in the past, participated in tumbling in a program coached by Verlin Anthony of Declo. During my freshman year I was the Utah state power tumbling champion. We had to go to Utah because Idaho had no tumbling association. I know it was a great asset to me in track."

There is no track facility at Raft River High, so, along with her teammates, Kristine practices by running through the sagebrush, on a gravel road, out to the old airport and back on a dirt road or — occasionally — through the rails.

"She's a really good athlete and she works hard at it," says Oakley High track Coach Neal Wyatt. "She's durable enough that she can run anything up to an 800 and could probably run the mile if she wanted to."

Competing in the state meet in her initial prep year, Keetch took eighth in the 200 and a fifth in the long jump. Although she failed to place in the 400, she did set a personal record in that event as well. In that same meet the following year, she improved to third place in the 400, fourth in the 200 and fifth in the long jump.

At the 1985 state meet, she anchored the state championship quarter-mile relay team which set a school record of 51.3 seconds and anchored the 800 relay team that finished second. The Trojan girls were contenders in the medley as well, but lost the baton to fall out of contention.

"She's been really strong for us," says Whitaker. "She performed very well at the Smitplot Games and the Idaho Falls (Tiger-Grizzly) Invitational."

In the latter, she took second in the 200, fourth in the long jump and ran on two relays that placed.

"I think that's a pretty good showing, especially since that meet was the day following the junior prom," Whitaker says. "Another thing she did recently was run the 800 meters at Murtaugh for the first time ever and she placed first."

There was a reason, Keetch says, that she became an instant half-miler in that meet last month.

"I had just heard from the Utah State track coach. They have a really strong girl in

See KEETCH on Page D2

### Costs rise, revenues plunge

## Networks, sports' golden geese, may be flying the coup

By BARRY WILNER  
The Associated Press

TV sports, feeling the pinch of the major networks' spending squeeze, appears headed for a new, streamlined era.

With advertisers no longer willing to pay six-figures for commercial time on networks keeping a close eye on balance sheets, the current sports glut on the tube is bound to start thinning.

Already caught in the cutbacks are events like the Seoul Olympics, the Belmont Stakes and several college bowl games.

"We've had to retrench simply because of the proliferation of sports on television sets," said Peter Lund,

### Big-time sports now permeates the spectrum of cable television operations

By The Associated Press

Baseball, motor sports, basketball, Australian Rules Football, professional karate. When it comes to sports, cable television broadcasts it all, from the ordinary to the exotic.

ESPN, TBS and USA are the main outlets for sports on cable, with ESPN devoted almost entirely to sports.

But most cable operators make sure their customers get a dose of out-of-town stations which provide sports as a major source of programming.

Even The Nashville Channel, broke the NCAA's exclusive control over televised college football games, freeing individual colleges to make their own TV deals. That, in any turn, put more games on television.

While ratings increased for most sports in 1985, only CBS made money

basically a country music station, has some sports. And Financial News Network, primarily concerned with the bulls and bears on Wall Street, has SCORE at night, a studio sports show that includes trivia contests, call-ins and highlights. Occasionally, SCORE even presents live events.

Clearly, cable television and sports make for a happy marriage.

ABC Inc. went on the air in 1979 and since then has increased its live programming from 1,500 to 3,000 hours. ESPN made a profit for the first time last year, less

See CABLE on Page D2

on sports — \$10 million. NBC said it barely broke even and ABC said it took a loss, which industry analysts say may have been as much as \$50 million.

"When the audience growth pattern leveled off, the advertising pat-

ture changed," said Arthur Walton, NBC's president for sports. "There is no question more people were watching sports — particularly college sports — in the various opportunities they were given on the networks, cable stations, etc."

"The network audience was fractionalized by the other outlets," he said. "There were more sources supplying programming — many of them, particularly regional syndicates, have fallen by the wayside — and thinking they would make a killing that wasn't there. Some fell by the wayside with big losses."

The first major indicator of the networks' fiscal austerity was the bidding for the Seoul Olympics. The

See TV on Page D2

SPORTS GRID

Baseball

AL standings

Table showing American League (AL) standings for teams like New York Yankees, Boston Red Sox, and Detroit Tigers.

NL standings

Table showing National League (NL) standings for teams like St. Louis Cardinals, Cincinnati Reds, and Los Angeles Dodgers.

AL box scores

Box scores for American League games, including matchups like Chicago White Sox vs Cleveland Indians.

NL box scores

Box scores for National League games, including matchups like Los Angeles Dodgers vs Montreal Expos.

TV

Continued from Page D1. Rights went to NBC for a relatively modest \$300 million...

Cable

Continued from Page D1. Events, we are almost to the point where the economics are such that a cable can acquire a portion of major sports programming...

Keetch

Continued from Page D1. Freshman sister Nancy participates in the same event as her older sister, both at Council High School...

Bean just holds on at Nelson

DALLAS (AP) — It almost — not quite — got away from Andy Bean on the final holes of the Byron Nelson Classic.

Golf

And Bean, three strokes ahead with three holes to play, got the lead on the new 71-hole course.

Cutler, Purves win CS better-ball

TWIN FALLS — Dr. Chet Cutler and Jim Purves continued their mastery of the Canyon Springs Golf Course Sunday, capturing the 1985 better-ball title.

Briefly In Sports

Four CSI players all-region

TWIN FALLS — Kevin Lofthus and Shawn Whalen of the College of Southern Idaho were the top two voters in this year's all-region baseball team...

U.S. boxers fare poorly

RENO, Nev. (AP) — Kenneth Gould celebrated his 19th birthday Sunday by snapping a string of four straight American losses at the World Amateur Boxing Championships.

Spencer-Devlin wins title

SUFFOLK, Va. (AP) — Muffin Spencer-Devlin came out of the pack Sunday to fire a 3-under-par 69 and win the \$250,000 LPGA-United Virginia Bank Golf Classic.

Noah outlasts Vilas

NEW YORK (AP) — Yannick Noah of France, mixing his game brilliantly, defeated Argentine veteran Guillermo Vilas 7-6, 6-4 Sunday to win the \$615,000 Shearson Lehman Brothers Tournament of Champions and stamp himself as one of the favorites for the French Open.

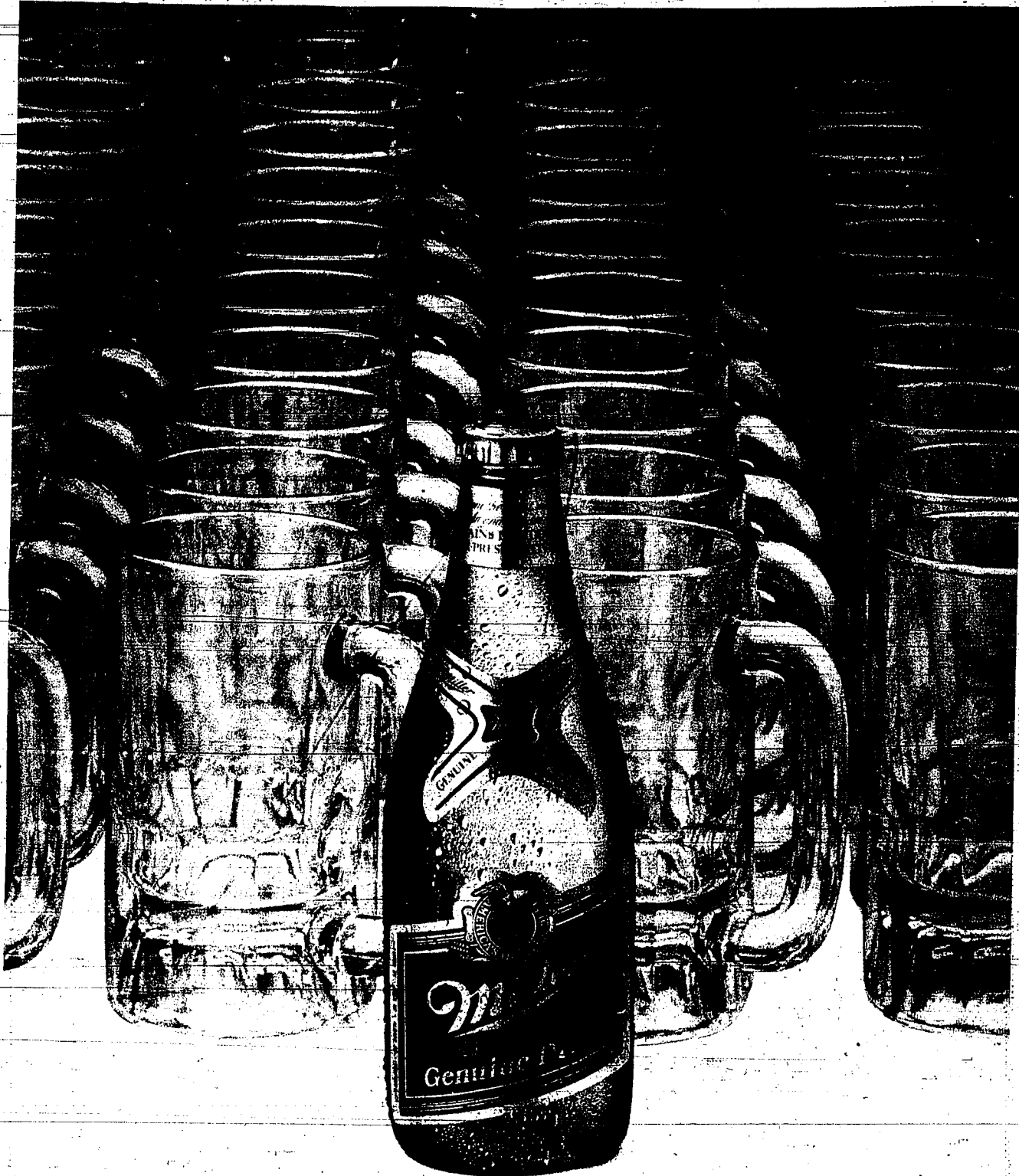
Bucks

Continued from Page D1. by as many as eight in the fourth quarter, rallied for a 106-104 lead with 3:20 remaining on a Barkley dunk.

Garage Sale advertisement with large text 'GARAGE SALES?' and 'MAKE YOUR GARAGE SALE A REAL SUCCESS WITH A CLASSIFIED AD IN THE TIMES-NEWS'.

Lottery advertisement featuring a cartoon character and text 'IF YOU'RE A DOLLAR SHORT... LET SOME CANS MAKE \$ENSE OF YOUR BUDGET.' Includes details about Budweiser cans and a recycling center.





## THIS SPRING, WE'RE SERVING DRAFT BEER IN A NEW KIND OF GLASS.

No, it's not your typical mug. It's new Miller High Life<sup>®</sup> Genuine Draft in bottles. And if you're not used to seeing draft beer in this kind of glass, just wait. It's going to be a very familiar sight before long. Because Miller High Life Genuine Draft is so smooth, you'll swear it came from a keg.

You see, before most bottled beers leave the brewery, they're pasteurized—or cooked—which can compromise their original smooth taste.

But not Miller High Life Genuine Draft. Instead of pasteurizing our beer, we use a unique cold-filtering process that retains the smoothness you expect in a true draft.

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