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Monday, October 5, 1987

Propaganda drive illegal, report says

The Los Angeles Times

WASHINGTON — The State Department ran an illegal covert domestic propaganda campaign in 1984 that secretly produced articles critical of Nicaragua's leftist government for the opinion pages of leading newspapers, according to a congressional report released Sunday.

Consultants paid by the State Department wrote articles for the Wall Street Journal, the New York Times and The Washington Post and then attempted to have them published without disclosing that they had been produced by the government, the General Accounting Office reported.

"The State Department engaged in prohibited, covert propaganda activities designed to influence the media and the public to support the administration's Latin American policies," the GAO, Congress' investigative arm, concluded.

The GAO also discovered several significant documents on the issue that the Reagan administration failed to turn over to the congressional committees investigating the Iran-Contra scandal — raising questions about whether other evidence may have been withheld.

"It makes me wonder what else is still being hidden from Congress and the American people," said Rep.

Dante Fascell, D-Fla., chairman of the House Foreign Affairs Committee.

The Iran-Contra committees, which held hearings during the summer and are now preparing a report, relied on the White House to produce all administration documents relevant to their inquiry. They did not subpoena documents from the administration.

In one of the new documents found by the GAO, a memorandum entitled "White Propaganda Operation," State Department aide Jonathan S. Miller wrote that his office had succeeded in secretly placing an article in the Wall Street Journal, influencing a report on the NBC Nightly News and preparing columns intended for the New York Times and The Washington Post.

The Wall Street Journal article was written by John F. Guilmarin Jr., a Rice University professor who was also a paid State Department consultant at the time, Miller said. Guilmarin "collaborated with our staff in the writing of this piece," Miller wrote. "Officially, this office had no role in its preparation."

The article, an analysis of Nicaragua's buildup of Soviet-supplied arms, appeared in the newspaper with no indication that Guilmarin was under contract to the State Department when he wrote it.

• See DRIVE on Page A2



Sunday's 5.5 aftershock was the finishing quake for Dennis Ward's home in Whittier, Calif., when it brought down walls damaged in the earlier 6.1 quake.

Pre-dawn jolt sends jittery into the streets

The Associated Press

LOS ANGELES — A sharp aftershock from last week's severe earthquake jolted Southern California before dawn Sunday, causing at least one death and dozens of injuries, damaging buildings, knocking out power and sending jittery residents into the streets.

The quake, centered in suburban Rosemead about eight miles northeast of downtown Los Angeles, registered at 5.3 on the Richter scale of ground motion, said Don Kelly of the U.S. Geological Survey in Golden, Colo.

At the California Institute of Technology the quake was measured at 5.5, according to a spokesman, Robert Finn. "It was pretty wild," said Mark Rosenker, who was on the 18th floor of the Century Plaza Hotel in Los Angeles. "Let me tell you, it does get you up."

The 3:59 p.m. quake was the 22nd aftershock registering more than 3.0 since Thursday's quake, which measured 6.1 on the Richter scale and caused six deaths and more than \$108 million in damage.

Sunday's shock, centered about two miles west of Thursday's, was felt 40 miles west of Los Angeles in

Ventura County and 100 miles south in San Diego. It was followed by three tremors measuring 3.0 or more within four hours.

About 43,000 homes from Long Beach to Monrovia were blacked out and air conditioners were silenced a day after the city recorded a near-record temperature of 108, Southern California Edison said.

Service was restored to most within two hours. Many residents, some in bathrobes, gathered outside apartments and houses, waiting for more shocks. Others, camped out in a downtown parking lot, said they had been there since Thursday.

"We are glad we stayed out here," said a man who identified himself only as Hector. "At least here we feel safe."

Mildred Robbins, 66, of Arcadia, was pronounced dead at 5:14 a.m. at Arcadia Methodist Hospital after going into full cardiac arrest, said administrative supervisor Perry Pisenti. Efforts to revive her failed.

Pisenti said the heart attack was attributed to the quake.

More than 70 other quake-related injuries, mostly cuts from broken glass, bruises from being

hit by falling objects and anxiety-related chest pains and breathing problems, were reported at area hospitals.

The Red Cross said more than 500 people were already being housed in eight of its shelters and more were expected in the wake of the aftershock.

"All the lights went out. It felt like the sky was falling. I thought the whole house was coming down," said Maria Jimenez of suburban Montebello.

The Jimenezes moved a mattress and cushions onto their lawn and set up camp, listening to a portable radio. Many neighbors did the same.

"You never know when there will be another one," said Dora Nunes.

In hundreds of Whittier, where suburbs of homes were damaged and 30 buildings collapsed Thursday, residents who had been in overnight shelters were evacuated to a lighted baseball field.

"Psychologically, these people are in pieces. They were already upset and this has really done them in," said Frank Sapien, Red Cross shelter director. "I think a lot of the people are in some state of shock."

Among the injured was a 91-year-old Pasadena woman who suffered a possible ruptured disc in her back when the quake knocked her into the bathtub.

A man was brought to Huntington Memorial Hospital in Pasadena for a six-inch bite on his arm that occurred when he tried to control his distraught German shepherd, said nurse Lisa Ryken.

California Medical Center, about a mile south of downtown Los Angeles, sustained some structural damage and power to the complex was lost. The center was operating on emergency power, said nursing supervisor Elizabeth Adams.

The quake required that an "unusual event" be declared at the coastal San Onofre nuclear power plant, midway between Los Angeles and San Diego, but two operating reactors were not damaged, said Southern California Edison spokesman Dave Barron.

Several communities that suffered damage Thursday reported numerous roof problems ranging from shattered windows to collapsed buildings. Much of the damage was in commercial areas.

• See JOLT on Page A2

U.S.-Canada pact to cut trade blocks

The Washington Post

WASHINGTON — A sweeping new free trade agreement between the United States and Canada will create the world's largest open market, eliminate all tariffs between the two countries by 1999 and easing other Canadian restrictions on a whole range of U.S. products, administration officials said Sunday.

President Reagan hailed the pact, reached Saturday just minutes before a midnight deadline, and said it will serve as an important model for other nations seeking to improve their trading relationships with each other.

The agreement must be approved both by Congress and the Canadian Parliament.

The trade pact was reached after 16 months of hard bargaining capped by two days of marathon Cabinet-level negotiating sessions. As recently as 11 days ago, the agreement appeared doomed when

Canada walked away from the table. Just two hours before the deadline Saturday night, Canadian Trade Minister Pat Carney said both sides were convinced there was no chance of reaching an agreement.

"This historic agreement will strengthen both our economies and over time create thousands of jobs in both countries," Reagan said in a statement.

Reagan said the agreement "will provide enormous benefit for the United States. It will remove all Canadian tariffs, secure improved access to Canada's market for our manufacturing, agricultural, high technology and financial sectors, and improve our security through additional access to Canadian energy supplies. We have also gained important investment opportunities in Canada and resolved many vexing trade issues."

The agreement addresses a major complaint of U.S. auto makers and

• See PACT on Page A2

Iran calls base alert; repeats vows

The Associated Press

MANAMA, Bahrain — Iran said Sunday its bases in the Persian Gulf were on full alert following intensive Iranian naval exercises that set off widespread alarm and sent a U.S. warship steaming toward the maneuvers.

Rear Adm. Harold J. Bernsen, commander of the U.S. Navy's Middle East Force, acknowledged that higher officials ordered his flagship to break off from a southbound convoy and head north toward the area Friday night.

Iran's Prime Minister Hussein Musavi vowed Sunday to fight any aggressor in the gulf and said Iran was determined to oppose, the U.S. presence there.

Iran said 19 civilians were killed and others were wounded in Iranian shelling of border towns Sunday, and Iran reported injuries from Iraqi bombardments of its frontline cities in a campaign that threatened to revive the bloody Iraq of the Gulf.

Iran said in a war communique that most of the casualties were women and children killed

in long-range artillery shelling of the southern port of Basra, and declared "the hour of revenge is not far" if the attacks persist.

Iran's official Islamic Republic News Agency monitored in Cyprus reported a "number" of civilians were wounded and some houses and shops damaged by Iraqi artillery shelling over the past two days. IRNA said the shells hit the Iranian port cities of Abadan and Khorramshahr, across the border southeast of Basra.

Soviets lift chemical warfare secrecy

The Associated Press

SHIKHANY, U.S.S.R. — Seven months after acknowledging it had chemical weapons, the Soviet Union flew envoys to 45 nations to this secret military base to show its arsenal and repeat its call for a chemical weapons ban.

Many of the 110 diplomats and chemical warfare experts, who are participating in negotiations in

Geneva on the proposed elimination of chemical weapons, put on gasmasks to watch Soviet chemical troops in rubber suits dismantle a 650-pound bomb loaded with nerve gas.

The weekend visit to the Shikhaney proving ground, on the wind-swept steppe of central Russia, was a graphic example of the new policy of openness on security matters in-

roduced by Soviet leader Mikhail S. Gorbachev.

Shikhaney is one of the Soviet Union's most secret military bases, the government newspaper Ivestia said in an article Sunday.

Foreign diplomats, military experts and journalists were flown from Moscow on jetliners to a barbed wire-ringed enclave 10 miles from the Volga River to view chemical bombs, warheads, artillery

shells and other munitions.

The 36-hour visit to the base 400 miles southeast of Moscow illustrated the shift in the Kremlin's public policy on chemical arms. For years, the Soviets refused to confirm or deny they possessed chemical weapons.

In March, Yuri K. Nazarkin, the Soviet ambassador to the Geneva talks, acknowledged their existence

• See WARFARE on Page A2

Reagan firm in his support of Bork

The Los Angeles Times

WASHINGTON — President Reagan will not withdraw the embattled Supreme Court nomination of Robert H. Bork even if the Senate Judiciary Committee votes against the nominee, a leading pro-Bork senator said Sunday.

But Reagan's prospects for victory appear grim: 50 senators — one fewer than necessary to defeat the nomination — are now either leaning against Bork or already publicly committed to vote no, according to leading independent and anti-Bork vote counters. The pro-Bork vote — leaning and committed — is just under 40, the counts indicate.

In the event of a 50-50 tie in the Senate, Vice President George Bush would cast the deciding vote in Bork's favor.

Fewer than a dozen senators remain undecided on the nomination, and Reagan will now have to win all of them or else turn around votes

that now seem to be heading against him, if Bork is to become a high court justice.

Reagan will try over the next two weeks to accomplish that. "You'll see something every day," White House spokesman Martin Fitzwater said as the president returned Sunday to Washington after a weekend at Camp David, Md.

Fitzwater said the administration has scheduled a full week of activities to keep the nomination battle at the top of Reagan's agenda. Among those events will be personal calls to senators urging them to support Bork and speeches designed to rally support for the nominee. In the speeches, Reagan will continue to attack Bork's opponents as liberal "special interests" and try to rouse conservative supporters by arguing that the nominee would be tough on crime.

Asked by reporters as he returned from Camp David whether Bork's chances of confirmation have

• See BORK on Page A2

Water focus shift applauded

IDAHO FALLS (AP) — A shift in focus from dam building to resource management announced by the federal Bureau of Reclamation gets good marks from both Idaho conservationists and water users.

The bureau, which operates most of the water storage system on the Snake River, said in a plan released Thursday that it must "change from an agency based on federally supported construction to one based on resource management."

"It's 20 years overdue," said Russell Brown, an Idaho Environmental Council board member. "It says, at least in implication, that the criticism of the agency has been valid all along."

The shift from building major water projects to toxic waste cleanup, water quality protection and groundwater management will be phased in by the agency by 1998, officials said. Brown, who opposed the Teton Dam and other bureau projects, said that is not soon enough.

They still have the old war horses and the old river killers in the agency," he said. "I don't think they ought to be allowed to create more mischief."

Sheryl Chapman, executive director of the Idaho Water Users Association, said it agrees with the bureau's assessment of the future.

"Certainly the era of large-scale dam projects has passed," he said. "We've developed a good share of the land we needed developed. Better management of our existing resources is going to be important to all of us."

Eastern Idaho irrigators have continued to push for the rebuilding of the Teton Dam since its failure in 1976. Bureau officials said previously they wanted to rebuild it if there was sufficient state and congressional support.

"There is nothing that changes that statement," said Steve Wade, a bureau spokesman in Boise. "This redirection is not going to say one way or the other whether it is rebuilt. It will have to rise and fall on its own merits."

But the plan unveiled Thursday said the bureau would concentrate on small-scale projects that are not federally funded and are designed to get the "most out of existing facilities. Rebuilding the Teton Dam would cost an estimated \$250 million.

"I don't think this would signify the death of Teton," said Chapman. "This would make it a little more difficult to get the bureau to build it."

Dale Swenson of St. Anthony, manager of the Fremont-Gardiner Irrigation District, one of the state's largest, praised the bureau manage-

ment of the Snake River reservoir system and said he hopes they continue operating it in the future.

"I think as long as they kept their operating and maintenance section functioning as it has in the past, that's what's important to us," he said. "The bureau has done an excellent job operating and maintaining these reservoirs and I'd really hate to see them give up any part of that."

Wade said the agency will emphasize more local management of its projects and will in some cases try to turn over projects to states or the water users themselves. But that does not mean it plans to specifically abandon its Idaho projects.

The costs of maintaining dams and reservoirs would make it unlikely the state or water users would be interested in taking over the major facilities now operated by the bureau, said Ron Carlson, Water district No. 1 watermaster.

Wilderness blaze closes roads

LOWMAN (AP) — A fire burning unchecked in the Frank Church River-Of-No-Return-Wilderness Area since Aug. 4 has jumped wilderness boundaries, closing several roads just days before the start of the elk hunt, authorities said.

The 35,000-acre Deadwood blaze crossed out of the wilderness area late Saturday and burned down to a Boise National Forest campground on the Salmon River about 33 miles west of Lowman, forcing evacuation of 19 hunters and their horses, said Idaho Department of Lands spokesman Milt Williams.

Another four hunters thought to be in the area

Saturday were unaccounted for overnight, but the group was located and evacuated Sunday morning, Williams said.

"Our real concern right now is that the elk season in that area opens Wednesday," he said. "We're trying to get the word out to elk hunters that this is an area to avoid."

One firefighter, an unidentified member of an inmate crew from the Southern Idaho Correctional Institute, suffered a broken leg Friday night when he was struck by a falling tree. The man was airlifted to a hospital in Boise, Williams said.

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Ore-Ida Foods sets up coupon fraud division

BOISE (AP) — Boise-based Ore-Ida Foods Inc. has established an office to deal with coupon fraud, a phenomenon affecting businesses nationwide.

Doug Sato is the firm's coupon-control accountant. His job is to check for coupons that have been sent to the company for redemption but are from products that actually were not purchased.

Sato encounters thousands of dollars worth of "misredeemed" coupons.

Last year manufacturers of food and consumer items distributed 200.6 billion discount coupons worth \$55.3 billion.

On average, about 4 percent of those coupons will be returned, and 10 percent to 20 percent of that 4 percent, worth \$100 million to \$200

million, will be returned for illegal redemption.

In August, a federal grand jury in Muskegon, Mich., indicted members of an amateur rebate ring accused of using false names and addresses, falsified coupons, stolen proofs of purchase and counterfeit cash register receipts.

The core of the redemption problem is tucked discreetly inside the Sunday newspaper sheets of slick advertising inserts full of coupons that offer discounts on everything from razor blades to frozen potatoes.

It is not uncommon for a Sunday paper to contain \$10 worth of coupons, and the total continues to rise. Multiplied by hundreds of Sunday papers by 52 weeks, the numbers become astronomical.

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Bob Topmiller, new advertising representative for the Times-News, will be servicing the Buhl, Filcr, Hagerman, Wendell & Gooding areas. Bob previously was manager of Kings store for 15 years. Bob is a Vietnam Veteran, having served as a Navy Corpman. He also teaches Sunday school.

Bob is here to help you with any advertising needs you may have.

The Times-News

Dr. James Huges, a graduate of U. of N.C. Dental School, his wife Rose Ann Romer-Hughes, & their 3 Children recently relocated to the Twin Falls area. He is assuming the practice of Dr. A.W. Frantz, who is retiring after 32 years of service. Dr. Huges is very impressed with the area & feels it is a great place to raise his family. Rose Ann grew up in the Hunt area; graduated from Valley High & from B.Y.U. with a degree in Home Economics Education.

Opinion

Pride of sausage maker wafts hope for quality work ethic

BOSTON — If historian Barbara Tuchman is right about a rising tide of incompetence that is a symptom of national decadence, she should take heart from the example of David Nosiglia, sausage maker.

In a recent essay, Tuchman decried "a deteriorating ethic in many spheres." Here focus is government — the sinking of the Persian Gulf of the frigate USS Stark, poorly officered and untrained to its mission, and the Iran shambles in which government operatives plunged into strange nations "with no more serious thought than tourists off a cruise ship."

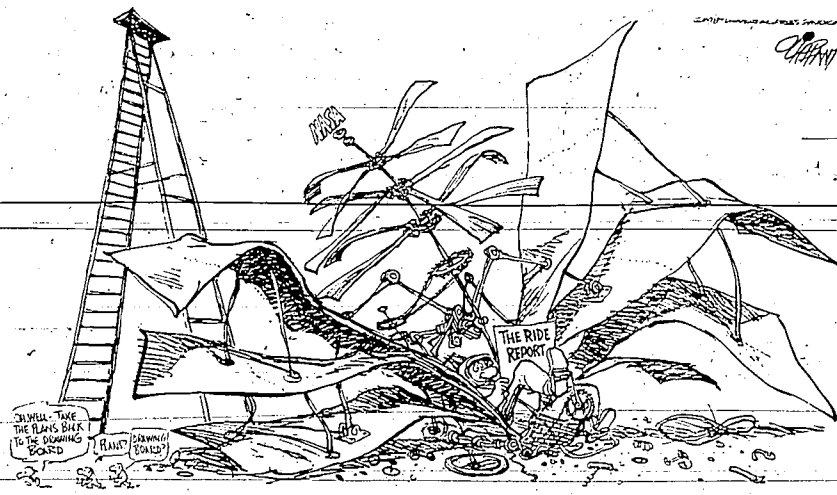


George Will

Her examples of incompetence are fair, if obvious. But they arise from the plague of small incompetencies from which the big ones rise — products poorly made and carelessly repaired, restaurant meals sloppily served, services indifferently rendered all around us. A social climate of tolerance for incompetence breeds big botches by government.

Don't blame David Nosiglia. He is a 27-year-old who, from a nondescript building at 15 Coventry St., Boston, manufactures sausages and other delicacies. Nine years ago, with the single-mindedness that is the father of excellence, he decided he wanted to make the best sausages — the freshest, finest, healthiest — in America. He does.

His three-year journey to craftsmanship took him to apprenticeship to a master butcher in Germany, where he worked 14-hour days, and half-days on Saturdays, and on Sundays he went to the factory to see how certain salamis are made. His travels took him to Switzerland and



RESEARCH AND DEVELOPMENT AT NASA.

France and Milwaukee, and to Louisiana to learn Cajun cooking. At 17, he had decided that he, unlike his siblings, was a "hands-on" fellow who did not want to go to college. He did something that many young people now slogging without enthusiasm through college should do: He chose a craft, rather than the credential chase. He now has a wife who, dressed as he is in jeans and a sweat shirt and leaning casually on a meat-grinding grinder, clearly has a heart for any fate. He and she and his father, with just three helpers, are making sausages (and smoked turkey, cheeses, trout, and other things) in

smaller quantities and much higher quality than is necessary. — But both the small quantity and high quality are necessary to the Nosigias. The quantity is a function

of their insistence on quality, and the insistence itself is their vocation. A cynic has said that when people are free to do as they please, they usually are pleased to

imitate each other. Not the Nosigias.

David Nosiglia spurs the categorical imperative of capitalism — maximum expansion. Not for him ever-expanding production, more outlets, franchises. He will remain a micro-manufacturer because, as he says with the arresting eloquence of the severely plain-spoken, "I will always have to be in a sausage kitchen." And no matter to whom he might delegate authority, "They'll never give up to take the same interest."

He quickly learned the futility of trying to sell to large supermarkets. The supermarkets' buyers all came

quickly to the (to them) crucial question: "What's your price?" Nosiglia's prices are higher than those of the industry's giants. But a discerning minority of customers who care about high quality will seek out those who provide it.

One regular customer is after a particular quality. The customer is a mother who appears every Friday to purchase the strongly seasoned carlie sausages. She serves them to her daughter for supper on weekend date nights. The daughter has not yet caught on to the mother's motives.

A realist has said that although truth is scarce, the supply always seems to exceed demand. The same could be said about quality. But not in Boston, where Sam Adams beer sells for much more than Budweiser, but sells briskly. It is produced here by one of the new "micro-breweries," they are another sign that individualism is alive and well, both on the supply side and the demand side. Boston, the cradle of American liberty, may now be the incubator of a movement demanding quality.

Today bookstore shelves groan beneath the weight of books telling us how to beat the Japanese at their own game, which used to be our game: quality manufacturing. Most of the books stress managerial skills. Such skills are necessary, but are not substitutes for the pride that makes a man like Nosiglia pleased to stand in smockers in a workplace that is small but all his. He is of geopolitical significance: An infection of competence can even affect government.

It has been said that the phrase "dull as ditchwater" is silly because a drop of ditchwater, seen through a microscope, teems with life. America's population is like that. There are never enough Nosigias, but we are never without them.

George Will writes for Newsweek.

The Times-News

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George Will's private contact with Bork clouds his praises

WASHINGTON — George Will, who is the best read columnist writing out of Washington — and this could well apply to both his column and his erudition — has been singing with unbridled restraint the praises of Judge Robert Bork, whose future in the Supreme Court is large part by the accounts he has received in the press — for the denunciations, of course.

Joseph Laitin

I was at which. I don't want to belabor the matter, and I really don't care whether George Will was best man or usher — in either case. I'm sure he did a first-class job. But it does suggest Judge Bork is more than a chance acquaintance and certainly is more than a casual news contact. On first glance, this looks like a simple problem. Mr. Will should have stated — or The Post should have — that Judge Bork was a close personal friend; the reader would then have been in a better position to evaluate Mr. Will's assessment of Judge Bork. It should be remembered that Vice President George Bush was a dinner guest at Mr. Will's home, and as Mr. Will likes to

point out, look where that got the vice president; in one of the most devastating columns ever written about him, that's where. As I said, it's a simple matter only at first glance. One of this century's most distinguished newspaper columnists, Walter Lippmann, repeatedly stated that there should be "a large air space" between a journalist and the high and mighty. In his farewell speech to his press colleagues in 1967, Mr. Lippmann cited the scriptures and said he would have carved on the portals of the National Press Club: "Put not your trust in princes." Or princesses, of course. It is well publicized that Mr. Will occasionally has private lunches with Nancy Reagan, and I'm sure this arouses the envy of his colleagues. It does mine. I know I'd love to have an intimate lunch at a secluded restaurant with the first lady, al-

though it could get a bit awkward if it came over ten that her husband fired me four weeks after he entered the White House, which may be why he's in such hot water now. To get back to Mr. Will, it is very difficult to be an eminent journalist in this capital without rubbing elbows and sipping with "princes." But readers do have a right to know the degree of intimacy that exists between the writer and the subject under discussion. In Mr. Will's case, this may be unrealistic, because he does travel in pretty rarefied circles and there would have to be a footnote to every column, except when he was writing about baseball or the best hot dogs in town. I don't know what the answer is. Perhaps, in his own defense, Mr. Will ought to do what journalists are constantly demanding of Cabinet officials and the

president: publish a daily schedule of all appointments — or, perhaps, provide a hotline number that readers can call at a cost of 50 cents to find out who Mr. Will is lunching and dining with. That might just do it. If seen as ditchwater, it is silly because only because I cannot come up with any constructive suggestion as to what sort of information a reader should have about a writer. I may have been guilty at some time of the same omission I am accusing Mr. Will of, though not in this column. You should know that I am a great admirer of Mr. Will, with a few reservations. But that doesn't deter me, or cause me from bringing up this sensitive issue of ethics and responsibility.

Joseph Laitin is ombudsman of The Washington Post.

Bork irrational on banning 'weaker' sex in military combat

A person could almost agree with Supreme Court nominee Robert Bork that women shouldn't be involved in military combat. War is vicious enough as it is without bringing some of the women I have known into it. Civilized nations don't engage in chemical warfare. They don't engage in biological warfare. And as they shouldn't bring women into combat either. If an American army ever marched toward an enemy with some hard-eyed zealot like Anti-Feminist Phyllis Schlafly or Congresswoman Patricia Schroeder in the ranks, the leaders of this nation would be hauled in front of a war crimes tribunal.

Bill Hall

But Bork takes the odd position that women are too small and delicate to go to war. What a sheltered life he has lived. He was assuring senators the other day that he would support women's rights unless there is a "rational basis" for treating females differently. At first I assumed he was talking about situations involving actual differences between men and women, such as requiring that boys wear gym straps in gym class but not requiring girls to. And that is undoubtedly part of what he meant. But the example he gave was that you could treat men and women differently if the treatment was based on "physical strength or something" like that. "It's rational to have all-male combat," he said. Oh, really? Who would you rather have defending you against the Russians — some soft, squeamish desk jockies like me and Robert Bork, or some terrifying female Rambo like Phyllis Schlafly or Patricia Schroeder? You can rationally require all of the boys and none of the girls in a gym class to wear gym straps because not one girl actually requires one.

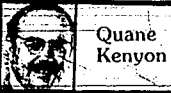
But it is a bit silly to base military service on the assumption that men are invariably stronger and more terrifying than women. It isn't so. There are more men than women who are physically strong. But there are millions of women who are stronger than millions of men. For instance, who would you rather arm wrestle — a female grocery store clerk? Some people go to a gym and lift weights for half an hour or so and they build muscle that way. Imagine the strength of a woman who lifts sugar and flour and 12-packs of beer for eight hours a day, five days a week? If I were president, I would never send male newspaper columnists into combat. I would send female grocery store clerks. Not only that, but some women are 6-foot-2, built like a refrigerator, and as aggressive as a pit bull on a cranky day. And some men are 5-foot-6, weigh 115 pounds and shriek a lot during lightning storms.

And yet, when war comes, we always send the small, terrified, man off to defend us and never the big, strong, terrifying woman. That isn't very bright. The only reason we have ever won any battles following that policy is because all the armies we have ever gone up against have made the same mistake. They're just as dumb as we are. But if this nation ever encounters an opposing army whose roster is based solely on strength and aggressiveness, with no attention to the gender of the soldiers, then all the jock straps in the world won't be enough to save us. Isn't it odd that generals who go repeatedly before Congress asking for bigger, more powerful weapons don't also go before Congress and beg the lawmakers to let them start putting some mean female hulks in the trenches and get rid of some of those little male whimps they're stuck with now? But the amazing part of this isn't that a bright man like Robert Bork would have no-

glected to notice all these years that some women are better suited to combat than many of the men we send. The amazing part is that so many women have neglected to notice that. And most amazing of all is that the women most likely to doubt that women are capable of combat are some of these hard-eyed female opponents of the Equal Rights Amendment. I don't know how the Russians feel, but women like that scare the devil out of me. Indeed, it makes a person suspicious. Surely some or even most of those women have noticed how many of their number are better suited for war than a lot of the men who go. Are these women really concerned about defeating the Equal Rights Amendment for the reasons they give? Or are they devilishly clever draft dodgers? Bill Hall is editorial page editor of the Lewiston Morning Tribune.

Andrus' 'honeymoon' with GOP on Land Board nears end

BOISE — Gov. Cecil Andrus just thinks pretty much his way in the first eight months he presided over the state Land Board. But indications are that's changing, and Andrus' "honeymoon" as a new governor may be ending, at least for the Republicans on the board. In recent meetings, Andrus and Republican Attorney General Jim Jones have tangled over the way to ban the export of logs from state lands so the logs can be used to keep Idaho sawmills busy. In a way, the Land Board reflects state politics on a small scale. It's made up of five top elected officials. At present there are three Republicans and two Democrats. But Andrus has pretty much held sway so far, with Democrat state Auditor Joe Williams and Republican Schools Superintendent Jerry Evans often siding with the gov-



Quane Kenyon

ernor on critical votes. Jones and Republican Secretary of State Pete Cenarrusa had Evans' support, and a 3-2 majority, during the final couple of years of the term of Democrat Gov. John Evans, but that changed abruptly when Andrus was inaugurated in January. Jones said he feels it necessary to oppose Andrus when the governor "goes off on a tangent," as the attorney general feels he has on the log export issue. Andrus and Jones bickered at length at the last Land Board meeting, with Andrus holding out for some sort of "innovative

solution" to allow Idaho to keep the logs at home. Jones contended just as strongly that under Idaho's Constitution and federal action, no solution is possible and the answer is federal legislation. Jones says Idaho's timber industry agrees with him, and is pushing for approval of a bill pending in Congress. Ironically, Rep. Richard Stallings, a Democrat, also supports that bill as the best solution to the log export problem. There's another reason for Jones' action. Lt. Gov. C.L. "Butch" Otter, considered the likely GOP governor candidate in the next election, has been maintaining a fairly low profile so far, with almost no public criticism of Andrus. Jones says he feels obligated to counter some of the political statements Andrus has been making.

If it comes to a vote on the log issue, at least two board members will be in a tough position. Williams, who will vote with Andrus, says he feels the governor is absolutely right on the log issue. Cenarrusa probably will vote with Jones, but it won't be easy. One of the arguments against banning the export of logs is that if an out-of-state foreign bidder is willing to pay more for the timber, that will benefit Idaho's public school endowment fund, which gets the revenue. But Andrus, who usually does his homework before Land Board meetings, pointed out at the last session that when faced with a similar issue two years ago, the board voted to allow lower grazing fees on state lands to help Idaho livestockmen through a particularly rough period. Cenarrusa will be hard-pressed to argue

that the state should grant breaks to help Idaho's livestockmen, and not grant the same concession to help the state's timber industry. As state schools chief, Evans' primary job on the Land Board is to protect the revenue going into the school endowment fund. But he agreed with Andrus in the last round of debate that the state might be better off with a healthy timber industry producing tax revenue. At the next Land Board meeting, the issue may come to a decision, although Jones contends nothing meaningful will happen until and unless Congress grants states explicit authority to regulate the export of timber. Quane Kenyon covers Idaho politics and state government for The Associated Press.

Government, leftist-rebels lay down arms, talk peace

SAN SALVADOR, El Salvador (AP) — Government leaders and left-wing rebels met Sunday for their first public talks in three years to discuss ways of ending El Salvador's 8-year-old civil war.

The two sides are still far apart on major issues, and the talks began nearly five hours behind schedule because of the late arrival of the rebel delegation. The rebels accused the Salvadoran army of causing the delay by impeding the travel inside the country of two of their delegates.

First to arrive at the Vatican Embassy for the negotiations were government representatives led by President Jose Napoleon Duarte.

The rebels arrived moments later and a Roman Catholic church spokesman said the delegations had lunch together and then opened talks.

A block from the two-story embassy, several thousand demonstrators gathered in an open field. The crowd was divided between government supporters waving white banners and members of leftist groups waving red ones, with the anti-government demonstrators appearing to have a substantial edge in numbers.

The two groups shouted insults and competed for attention over separate public address systems. There were no major incidents of violence, but the talks were interrupted by a mortar attack on the government side.

Mediating the talks is Monsignor Arturo Rivera Damas, the archbishop of San Salvador, who played a leading role in bringing the two sides together on this and two previous occasions in 1984.

The last public negotiations between the government and the rebels ended in discord on Nov. 30, 1984, and neither side was predicting a major breakthrough this time.

Guillermo Ungo, one of the rebel leaders, told reporters his delegation was neither "pessimistic nor optimistic," but would seek an agreement to continue the talks on a regular basis.

Ungo, who arrived Sunday morning from Panama with five other delegation members, said both sides had agreed to talk for 12 hours, then decide whether to continue the negotiations Monday.

Two rebel negotiators, Leonel Gonzalez and Facondo Guardado, both guerrilla field commanders, said army units had violated an agreement to remove tanks and troops from the highways leading from the province where they were operating to the capital, Gen. Adolfo Blandino, the army chief of staff, denied the charge.

Gonzalez and Guardado arrived at 9:30 a.m. in a convoy of International Red Cross and Spanish Embassy vehicles arranged to guarantee their safe passage. The eight rebel leaders at the talks represented five armed groups operating under the banner of the Farabundo Martí National Liberation Front, or FMLN, and its political movement, the Democratic Revolutionary Front, or FDR. The FMLN-FDR has an estimated force of about 6,000 combatants.

Before Sunday's meeting, both sides made it clear their positions have changed little since their first public meeting in the northern village of La Palma on Oct. 15, 1984, and their second meeting a month and a half later in Ayaguayo, near the capital.

Sunday's meeting is part of the Central American peace plan signed by the region's five presidents in Guatemala on Aug. 7. That agreement calls for talks between the governments and insurgents, cease-fires, amnesty for political prisoners and steps toward democratic reforms — all to be taken by Nov. 7.

Duarte contends that democracy exists in El Salvador and that the guerrillas are free to participate if they first agree to lay down their arms. The rebels say they will not disarm themselves until their conditions are met.

It calls for the government to end bombing and the use of long-range artillery, which the rebels claim kill innocent civilians.

Salinas' presidency nearly assured Mexico's PRI names candidate

The Washington Post

MEXICO CITY — Mexico's ruling party Sunday proclaimed as its presidential candidate Budget Director Carlos Salinas de Gortari, 39, the chief architect of economic rebuilding here.

Jorge de la Vega Dominguez, president of the Institutional Revolutionary Party (PRI), announced the nomination, tantamount to election in voting next year, at a morning press conference. "You will be the next

him for what had been erroneously announced in some local media as his designation.

One of Salinas' strongest rivals, Energy Secretary Alfredo del Mazo, in a radio transmission, was quoted as expressing support for the PRI's "magnificent choice" of Garcia Ramirez. Members of Salinas' political team saw the Garcia Ramirez boomlet as a last-minute attempt to derail the budget minister's candidacy.

A Harvard-educated economist respected for his intellect and

tional election.

While even the PRI's opponents concede the inevitability of a massive ruling party victory next year, Salinas will still embark on a grueling, costly campaign tour to fortify local support. The campaign will be financed in part through mandatory paycheck deductions from managerial-level government officials. The PRI announced last month.

Few negative views or expressions of surprise about the nomination were aired Sunday on Mexican radio and television. Yet the decision, though rumored strongly in recent weeks, disconcerted many analysts and politicians who had thought him out-matched by his two main rivals, Internal Affairs Secretary Manuel Bartlett Diaz and del Mazo.

A slight, balding man whose owlish countenance is beloved by Mexican political cartoonists, Salinas was also considered in some PRI circles to be insufficiently "presidential" in appearance.

Among six officially recognized PRI presidential hopefuls, only Salinas had provoked open opposition within ruling party ranks.

Yet this resistance came from critics of administration economic programs and may have fortified de la Madrid's determination to see his policies maintained, sources close to the president said.

"The key thing is that de la Madrid was able to name him because Salinas has some real strengths, as well as the obvious drawbacks," said Jorge C. Castaneda, a prominent political analyst who has often been critical of Mexico's present government. "Even though his base is narrow, Salinas has managed to cultivate support in diverse sectors — the private sector, of course, but also among some older politicians and the left."

And — the Mexican intelligentsia, to the extent that one can generalize about it, has a cultural and generational affinity for Salinas.

"Moreover, Castaneda added, voicing a view shared even by the candidate's rivals, Salinas "is obviously extraordinarily intelligent. He has also put together a homogeneous team. People say the Salinas group is ready to run the country right now, and they are right."

But while exercising the incumbent's traditional right to designate his successor, de la Madrid took unusual care to secure party backing of his candidate beforehand. In one unprecedented move, the six Cabinet members were publicly identified as presidential aspirants in August and called to present their views publicly before party elders.

Since then, the PRI has observed further candidate inscription formalities that seemed designed to persuade voters that the nominee is chosen by the party, not the president.

"Nobody within the system ever doubted that the president would make the final choice himself," said a PRI congressman. "But it was thought that opening up the process might affect who that choice would be."

Born in Mexico City on April 3, 1948, Salinas would be 40 at the time of the December 1988 inauguration, making him Mexico's youngest president.



AP Wirephoto

Mexico's leading party named Budget Secretary Carlos Salinas de Gortari as its presidential candidate

president of Mexico," he said, presenting Salinas at a rally outside party headquarters two hours later.

"Filled with emotion, I accept the party's decision," Salinas said in a speech lauding the egalitarian ideals of the Mexican Revolution and the governance of President Miguel de la Madrid, his career-long political benefactor.

In an attempt to heal the wounds of a bitterly fought renomination campaign, Salinas made a point of praising by name each of the five other Cabinet ministers who had sought to be the PRI standard-bearer. "Our world is changing with great rapidity," he said, pleading the case of economic and political "modernization."

The PRI's decision appeared uncertain up until the moment of the announcement. From dawn, well-wishers had gathered at the house of another presidential aspirant, Attorney General Sergio Garcia Ramirez, to congratulate

skills as a political infighter, Salinas' until recently was perceived to be relatively unpopular among party regulars. But Sunday, in an impressive demonstration of the PRI's fabled ability to rally rank-and-file support for the leadership's choice, some 50,000 rallying PRI union and peasant members enthusiastically chanted Salinas' praises.

Often somewhat somber in public, a contrast to the self-assurance and wit that he displays in private, Salinas Sunday was beaming and waving from the moment he boarded the PRI bus that took him from his southern Mexico City home to party headquarters.

Salinas will step down from his Cabinet post as secretary of budget and planning to be nominated by acclamation at a PRI convention later this month. The presidential election will be held July 6, 1988, for a single six-year term beginning in December. In its 68 years, the PRI has never lost a na-

tionally elected president.

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Quake shakes Costa Rica

WASHINGTON (AP) — An earthquake with an estimated magnitude of 5.9 on the Richter scale shook Costa Rica Sunday morning, the U.S. Geological Survey reported.

No reports of damage or injuries had been received, but the quake was of a magnitude within the range of past destructive earthquakes in Costa Rica, officials at the survey said early Sunday.

The quake was centered about 120 miles northeast of San Jose, Costa Rica, and occurred at 3:15 a.m. local time (4:15 a.m. EDT), USGS scientists said.

The Richter scale is an open-ended gauge of energy released by an earthquake as measured by ground motion recorded on a seismograph. Every increase of one number means that the ground motion is 10 times greater.

A quake with a magnitude of 5 can cause considerable damage in a populated area; a magnitude 6 quake can cause severe damage.

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LIST OF CITY OF TWIN FALLS NEW PHONE NUMBERS EFFECTIVE OCTOBER 1, 1987

Emergency Police	911
Emergency Fire	911
Utility Service (after hours)	733-0860
Police & Fire-General Business	733-0860
Airport Manager	733-5215
Golf Course - Grandview Dr.	733-3326
Public Library 434 2nd St. E.	733-2964
City Attorney	736-2268
Economic Development	736-2240
City Engineer	736-2273
Engineering Department	736-2254
Finance	736-2245
Building Inspection	736-2238
City Manager	736-2271
Parks & Recreation	736-2265
Planning/Zoning	736-2267
Public Works	736-2270
Sanitation	736-2264
Street	736-2226
Utility Billing	736-2249
Waste Water Collection	736-2270
Water Department	736-2274
Information	736-2287

Diplomat insists Nicaraguan struggle is not another Cuba

NEW YORK (AP) — A top Nicaraguan diplomat says the Sandinista revolution is "very different" from Cuba's and contends his government is committed to the establishment of a pluralistic system.

Disputing Reagan administration claims that Nicaragua is intent on setting up a one-party communist state, Vice Foreign Minister Victor Hugo Tinoco said Cuban authorities now accept that the Nicaraguan revolution must take a different path from Cuba's.

Tinoco said that a decade ago, Cuba's interest "was in seeing their own experience repeated" in Central America but "I think they now understand perfectly that social progress is not like a machine repeating itself all the time."

Tinoco, who was the chief Nicaraguan negotiator during ill-fated talks with State Department officials in 1984, outlined his thoughts in an interview at Nicaragua's 1984 mission in New York last week.

The 1984 discussions, which took place for the most part in Mexico, were the last substantive negotiations between the two countries. The Reagan administration, accusing Nicaragua of foot-dragging, broke off the talks in early 1985 and has rejected Sandinista appeals for renewed negotiations.

Tinoco was invited to a dinner hosted by Secretary of State George P. Shultz last week for the heads of Latin American delegations attending the U.N. General Assembly. He initially accepted the invitation but later turned it down when he learned that a Contra leader planned to attend.

The administration's view is that military pressure from the Contra rebels has deterred Nicaragua from establishing a Cuban-style state.

In appealing last month for \$270 million in additional assistance to the Contras, Shultz said that a rebel aid

cutoff would guarantee a "communist victory."

A suspension of aid to the rebels is a key element of the peace agreement signed by Nicaraguan President Daniel Ortega and four other Central American leaders on Aug. 7.

It also calls for the establishment of multiparty democracy and an end to cross-border subversion.

Tinoco acknowledged that the Sandinistas have a historic relationship with Cuba dating back a generation ago when their movement took up arms against Nicaragua's rightist dictatorship.

But, he said, the idea of a multiparty system is "not at all" alien to the Sandinistas, citing the participation of his party in university and trade union elections during the era of President Anastasio Somoza.

Competitive elections, he said, are "in the heart of our revolution.... That's something that's very clear for the Sandinista Front."

In that sense, he said, "we have a very different scheme" from Cuba's one-party state. Cuban authorities are not disappointed that Nicaragua is not following the Cuban pattern because "they understand perfectly" the difference between the two revolutions.

The Reagan administration's skepticism about Sandinista intentions is based partly on the 1984 presidential elections in Nicaragua. It has called those elections a "sham," contending that the Sandinistas rigged the process in their favor by intimidating opposition parties and other measures.

In recent weeks, Nicaragua has said it has done more than any other Central American country to comply with the Aug. 7 peace agreement. Among other steps, it has created a National Reconciliation Commission, allowed a resumption of press freedom and permitted the return of several exiled priests.

Introducing Our New

"Gringo Lunch"

SHRIMP SALAD	\$4.95
Succulent shrimp served on a bed of lettuce in a crisp flour tortilla shell, topped with avocados, tomatoes, cheese, olives, sour-cream dressing and cocktail sauce.	
BACON CHEESE BURGER	\$3.95
1/3 lb. 100% beef served with lettuce, tomato, onion, pickle, cheese, and fries.	
TERIYAKI CHICKEN	\$3.95
Marinated chicken breast stacked on a sesame seed bun with your choice of fries or cole slaw.	
TUNA MELT	\$3.75
Grilled-rye bread stacked with Albacore Tuna, melted cheese, pickles and celery served with fries or cole slaw.	
STUFFED TOMATO & FRUIT PLATE	\$3.50
Chicken salad served in a tomato surrounded with fresh fruit.	
THE OLE CLUB	\$3.75
Bacon, lettuce, tomato with sliced turkey served with fries or cole slaw.	

October Special

Take a friend to lunch!

Present this ad and receive a Gringo Lunch Item FREE with the purchase of another!

Blue Lakes Blvd.
Twin Falls • 734-0685

RATINGS

The five category system of the video film industry rating program is now as follows:

G: General Audiences, All Ages Admitted.

PG: Parental Guidance Suggested. Some Material May Not Be Suitable for Children.

PG-13: Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for young children.

R: Restricted. Under 17 requires accompaniment of parent or adult guardian.

X: No one under 17 admitted.

MOVIES

PROGRAMMING
TWIN FALLS.....734-2400
BOJONE.....324-8875
GOODING.....334-4881

TWIN MALL

STAKEOUT (R)
DAILY 7:05-9:15

BOJONE CINEMA

MAID TO ORDER (R)
SHOWS 7:00

HAMBURGER HILL (R)
SHOWS 9:00

BOJONE CINEMA

SNOW WHITE & 7 DWARFS (G)
also BENJI
DAILY 7:00

CAN'T BUY ME LOVE (PG-13)
DAILY 7:10-9:05

BORN IN EAST L.A. (R)
DAILY 7:30-9:15

LIKE FATHER LIKE SON
DAILY 7:10-9:10

TWIN CINEMA

THE PRINCIPAL (R)
DAILY 7:00-9:20

LIKE FATHER LIKE SON
DAILY 7:10-9:10

FATAL ATTRACTION (R)
DAILY 7:10-9:30

CAN'T BUY ME LOVE (PG-13)
DAILY 7:10-9:05

BORN IN EAST L.A. (R)
DAILY 7:30-9:15

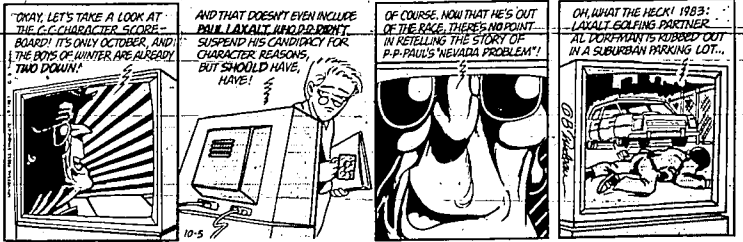
Comics

Frank and Ernest



I'D HARDLY REFER TO A COAST-TO-COAST BAD CHECK SPREE AS "WRITING TRAVELER'S CHECKS", MR. FROBLE.

THAVES 10-5



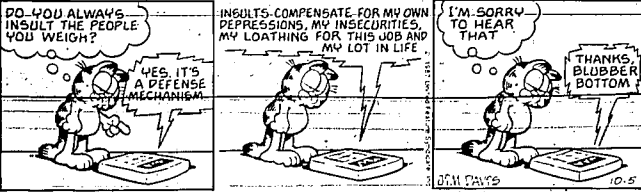
"MAY LET'S TAKE A LOOK AT THE P-C CHARACTER SCORE-BOARD! IT'S ONLY OCTOBER, AND THE BOYS OF WINTER ARE ALREADY TWO DOWN!"

AND THAT DOESN'T EVEN INCLUDE PAUL LAVAIL WHO DIDN'T SUSPEND HIS CANDIDACY FOR CHARACTER REASONS, BUT SHOULD HAVE HAD!

OF COURSE, NOW THAT HE'S OUT OF THE RACE, THERE'S NO POINT IN REPEATING THE STORY OF P-P-PAUL'S NEVADA PROBLEM!

OH, WHAT THE HECK! 1983: LAST YEAR'S SCORING PORTALS ALL TOOK THEM TO BARRED OUT IN A SUBURBAN PARKING LOT...

Garfield



DO YOU ALWAYS INSULT THE PEOPLE YOU WEIGH?

YES, IT'S A DEFENSE MECHANISM.

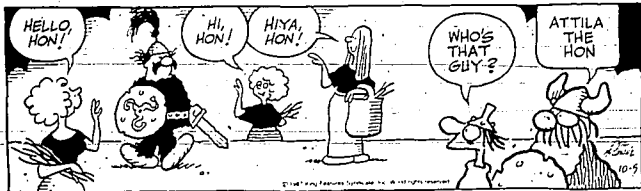
INSULTS COMPENSATE FOR MY OWN DEPRESSIONS, MY INSECURITIES, MY LOATHING FOR THIS JOB AND MY LOT IN LIFE.

I'M SORRY TO HEAR THAT.

THANKS, BLUBBER BOTTOM.

JOHN DAVIS 10-5

Hagar the Horrible



HELLO HON!

HI, HON!

HIYA, HON!

WHO'S THAT GUY?

ATTILA THE HON.

ATTILA THE HON.

ATTILA THE HON.

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The Born-Loser



DID YOU OPERATE HUKT, BRUTUS?

NO.

LISTEN, I DON'T SUPPOSE THEY GAVE YA YOUR APPENDIX IN A LITTLE BOTTLE, DID THEY?

OF COURSE NOT, WHY?

I NEED SOMETHIN' FOR SHOW-AND-TELL.

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Beetle Bailey



GIVE ME ANY TROUBLE, BEETLE, AND YOU GO ON K.P.!

OKAY! I WARNED YOU, K.P.!!

WHAT FOR?!

BELLIGERENT POSTURE.

NO, I WARNED YOU, K.P.!!

WHAT FOR?!

BELLIGERENT POSTURE.

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Gasoline Alley



Mom! Dad! I want you to meet, Teeka!

Teeka? Nice to meet you!

Is this a friend of yours, Adam?

More than that!!

She's my wife!

More than that!!

She's my wife!

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Peanuts



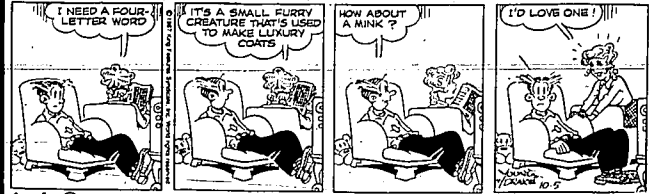
WAIT 'TIL I GET DOWN NEAR THAT TREE, MARCIE...

THEN YOU KICK THE OL' PIGSKIN TO ME...

WHY WOULD I WANT TO DO THAT?

POOR PIGGY.

Blondie



I NEED A FOUR-LETTER WORD.

IT'S A SMALL FURRY CREATURE THAT'S USED TO MAKE LUXURY COATS.

HOW ABOUT A MINK?

I'D LOVE ONE!

Andy Capp



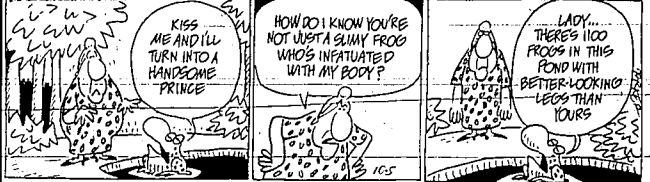
FISH AND CHIPS.

THAT'S IT, SIGN DOWN, I'M HAVING A FEELING FOR THE FISH AND CHIPS HOME WITH ME.

HE CAN'T VERY WELL KNOW ABOUT SUPPER BEING A FEW MINUTES LATE WHEN IT WAS HIM WHO PROMISED TO BE THERE WITH ME.

I DON'T KNOW, BUT THAT'S THE WAY IT IS.

Wizard of Id

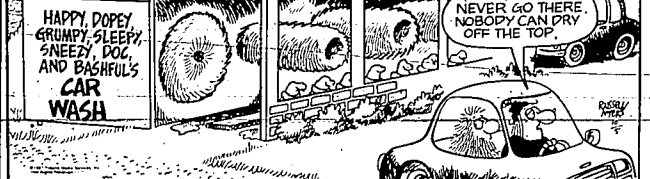


KISS ME AND I'LL TURN INTO A HANDSOME PRINCE.

HOW DO I KNOW YOU'RE NOT JUST A SLIMY FROG WHO'S INFATUATED WITH MY BODY?

LADY... THERE'S 1100 FROGS IN THIS POND WITH BETTER-LOOKING LEGS THAN YOURS.

Broom-Hilda



HAPPY, DOPEY, GRUMPY, SLEEPY, SNEEZY, DOC, AND BASHFUL'S CAR WASH.

NEVER GO THERE. NOBODY CAN PLY OFF THE TOP.

Hi and Lois



DOW JONES HIT AN ALL-TIME HIGH TODAY.

IS HE THE GUY IN YOUR OFFICE WHO DRINKS TOO MUCH?

IS HE THE GUY IN YOUR OFFICE WHO DRINKS TOO MUCH?

IS HE THE GUY IN YOUR OFFICE WHO DRINKS TOO MUCH?

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ACROSS

- Study, hard
- Make, happy
- Fathers
- Verdi opera
- Steinbeck novel
- Strada of TV
- Br. gun
- Br. radials
- Flower
- Stick-to-it-iveness
- Paragons
- Sheepfold
- Small insect
- Property
- Raises one's voice
- Roof overhangs
- Roger, (1007)
- Coyote import
- Patched
- Smility
- Garment
- Sol's problem: abbr.
- Mates
- Do grammar.
- work
- Reined
- Gift receivers
- Take notice of
- Truck type
- Spur
- Abominable
- Nobleman
- Make amends
- Wedding
- Common abbr.
- Dud
- Other
- Depend
- Dispatch boat
- Hollow stem
- Retali outlet
- event
- Gluts
- Changd residence
- Certain store
- Whole
- Pacific
- Island
- Wang's need
- Goiter's
- Hamlet locate
- 10 Remove in printing
- 11 Solo
- 12 Cooking herb
- 13 Limit
- 14 Beds
- 15 Good
- 16 Strong drinks
- 17 Peruses
- 18 Sod
- 19 Dispatch boat
- 20 over (studied)
- 21 Retali outlet
- 22 event
- 23 Gluts
- 24 Changd residence
- 25 Certain store
- 26 Containing
- 27 Unwielded
- 28 plant
- 29 Fruit
- 30 Entirely
- 31 Certain mechanism
- 32 Story
- 33 Gable
- 34 Beverage
- 35 Legal paper
- 36 Waco's state: abbr.
- 37 Vocal
- 38 Cupola
- 39 Gable
- 40 Beverage
- 41 Legal paper
- 42 Waco's state: abbr.
- 43 Vocal

10/05/87

L.M. Boyd
What's what

VIOLENCE IN SLEEP

During that sleep condition called REM - Rapid Eye Movement - you dream, sometimes violent dreams, but your muscles are paralyzed. A remarkable quirk of nature, that if they weren't paralyzed, you might tear up the bed, and injure who knows how many people!

At victory feasts of the ancient Celts, the king gave the baner's hand thigh to the warrior he thought

bravest. If another warrior challenged the choice, the two fought until one dropped, dead. I think of that when I hear complaints about the price of ham.

PLASTIC WRAP

You know how that plastic wrap tangles so easily by clinging to itself? Am told it won't, if you keep it in the refrigerator.

Q. The Namaste, you said, was that East Indian gesture wherein the thumbs against the chest.

What does it mean?

A. "I honor the place in you where the entire universe resides. I honor

the place in you where, if you are at the place in me, there is only one of us."

MIND OVER COMPUTER

If you want to know how much better your mind is than a computer, consider this: No computer system yet can name a four-letter flower that rhymes with "nose."

Collectors of odd names have turned up a Sodawater Bottlewalla in Bombay, India - and a Hump-dink Fongborner in Sandusky, Ohio. And a Suparporn Popoattana in New York, N.Y.

To get "Boyd's Curiosity Shop" by return mail, send \$12 to "Boyd's Book," Crown Syndicate, Inc., POB 99126, Seattle, WA 98199.

family this morning which will ease tensions. Avoid any public situations which could cause you much trouble.

spendence which has been puzzling you, but be cautious. Take greater care while in motion, especially while driving.

Daily Horoscope

GENERAL TENDENCIES - If you are up and around early today, you may find some pleasant surprises. Later today many tensions will build up and cause some confusion, but remain calm and don't make snap decisions.

ARIES (March 21 to April 19): Don't change your plans on the advice of an out-of-town friend. Your mate may be upset, so try to be soothing and understanding tonight.

TAURUS (April 20 to May 20): A troubling situation at work will be resolved. You will have to face many obligations today, so keep your nose to the grindstone.

GEMINI (May 21 to June 21): Accept an invitation from an ally this morning. Be sure not to take any risks where credit or career matters are concerned tonight.

MOON CHILDREN (June 22 to July 21): Don't take any action until you carefully consider all of the possible results. Show some enthusiasm in your work.

LEO (July 22 to August 21): Be conscientious in keeping any promises you have made. Avoid quarreling with your mate over money. Solve this problem intelligently.

VIRGO (August 22 to September 22): Do something nice for your

LIBRA (September 23 to October 22): Handle correspondence early in the morning. Postpone important decisions until you have plenty of time. There's more work than is apparent.

SCORPIO (October 23 to November 21): If you seize the bull by the horns this morning, you'll get some pleasing results. Be sure you do nothing to offend your friends.

SAGITTARIUS (November 22 to December 21): Focus your attention on home problems which have been building up. This is not a good time to invite guests into your home.

CAPRICORN (December 22 to January 20): Handle some correspondence which has been puzzling you, but be cautious. Take greater care while in motion, especially while driving.

AQUARIUS (January 21 to February 19): An expert may give you advice which is incorrect, so double-check the facts and figures. Be extra cautious with money matters.

PISCES (February 20 to March 20): Since you will be too busy this evening, handle your personal affairs early. Avoid being around any demanding friends today.

IF YOUR CHILD IS BORN TODAY... he or she will have a happy and rewarding social life, and will also be an adept student. Your child should make the most of youth, as later in life many responsibilities will limit the available leisure time. Teach your progeny to be objective in dealing with problems.

Off-road enthusiasts give alternative

Coalition seeks wilderness proposal change

By MARK PRATTER
Times-News writer

TWIN FALLS — A coalition of off-road vehicle enthusiasts is proposing leaving the Boulder and Smoky mountains out of an Idaho wilderness bill and creating a White Cloud wilderness.

The BlueRibbon Coalition says it wants the Boulder and Smoky mountains for multiple use. Its proposal is in response to an Idaho wilderness bill filed by Rep. Peter Kostmayer, D-Pa.

The coalition urges its members to do trailbiking in the Sawtooth National Recreation Area soon because

"many, if not most, of the popular trails will be turned over to hikers once the next Idaho wilderness bill is enacted by Congress," says an article in the BlueRibbon Magazine fall issue.

Motorized vehicles are not allowed in wilderness areas.

Most everything on the east side of Highway 75 would be closed with the possible exception of portions of Little Casino and Big Casino Creeks near Stanley, the article says.

The coalition is forwarding its idea for a White Cloud wilderness to Idaho's Congressional delegation and Gov. Cecil Andrus.

Rep. Richard Stallings recently of-

ferred the idea of a new land management designation that would not be wilderness but ban logging activities. This designation would allow off-road vehicle use, says Cary Jones, Stallings' natural resources aide.

However, Jones said the congressman was not thinking of this designation for the Sawtooths.

The bill shows the Sawtooths and the Boulder-White Clouds north of Ketchum have the strongest wilderness support of any area of the state, Jones said.

"We are just about locked in what we can and can't do in the Boulder-White Clouds, but I am sure every-

one will read and consider the BlueRibbon Coalition proposal for a compromise there," Andrus was quoted in BlueRibbon magazine.

Sen. Steve Symms commended the coalition for coming out with a counterproposal to such a large wilderness measure, according to the magazine.

Andrus and Sen. James McClure met in Washington on Friday to discuss the wilderness issue but no details of the meeting were released.

Asked what McClure thought of the BlueRibbon proposal, McClure's spokesman H.D. Palmer said, "he won't talk specifics."

The Kostmayer bill forwards the

proposals of a coalition of environmental groups by calling for 3.9 million acres of wilderness. Their proposal breaks down into 130,000 acres for the Smoky mountains, 182,000 acres in the Pioneer mountains and 453,000 acres in the Boulder-White Clouds.

Spokesmen for conservation groups were predictably critical of the coalition's proposal. The two groups have been at loggerheads over wilderness for some time.

Tom Pomeroy of the Idaho Conservation League called the BlueRibbon proposal "ludicrous." Pomeroy said "it shows the extremes of (BlueRibbon executive director)

Clark Collins and the BlueRibbon Coalition."

Wilderness is multiple use, says Craig Gehrke of the Wilderness Society. The National Forest Management Act says off-road vehicle use is permitted only where it does minimal damage to soil and wildlife, Gehrke says. The act says off-road vehicles must have minimal conflict with various types of non-motorized recreation.

The Wilderness Society opposes the BlueRibbon coalition compromise. "ORVs conflict with wildlife, water protection and primitive recreation experiences," Gehrke said.

Daily papers dotted Magic Valley

5 Cts. the Copy
THE CAMAS PRAIRIE COURIER \$2.00 the Year

Printed with a shirttail of type

Today there are only two daily newspapers published in Magic Valley. But there was a time when some towns in the valley had as many as three competing daily newspapers.



Virginia Ricketts Then and Now

One writer in the Hailey Times 75th Anniversary edition, said all it took was "a shirttail of type, a Washington hand press and a few tools of the trade" to start a newspaper a century ago. The formula may sound simple, but the number of newspaper names that have existed in Magic Valley gives credence to its truth. Nearly a hundred names have been carried on front page banners in the area — names that have ranged from the practical to the fanciful. There was the Bliss Blast, the Dietrich Promoter, the Milner Success, Ketchum Keystone, Eden Eagle, Albion-Busy Bee, Soldier Gimlet and Hollister Herald, to name a few. Probably the most unusual was the Minidoka Irrigator published by the residents of the War Relocation Center at Hunt from 1943-1945.

Some newspapers, such as the Vienna Reporter in the Stanley Basin, only lasted a couple of months. Others of brief duration were those, like the 1922 Jerome Leader, started shortly before an election to promote the philosophy of a particular political party.

The Tri-Weekly Statesman of Boise was the first newspaper to regularly relate the news of this area. Nearly every issue had information about the happenings along the Oregon Trail, Kelton Freight Road and the stage coach routes in this area.

The first newspaper for south-central Idaho began publication on May 6, 1881, in the three-month-old town of Hailey.

• See RICKETTS on Page B2

Tax benefit could cripple hospital debt repayment

By JaNENE BUCKWAY
Times-News correspondent

GOODING — A possible tax break for Gooding County residents could mean more trouble for the financially embattled, county-owned hospital.

County Clerk John Myers said Thursday the county budget has been submitted to the state, minus a \$356,000 tax levy scheduled for hospital debt repayment.

The 1987-88 spending plan, without the extra hospital money is "considerably lower" than last year, he said. A nearly \$300,000 levy collected in taxes last year for hospital debts has also ended, easing the burden on local taxpayers.

The County Board of Commissioners had included the extra money hoping the 5th District Court would allow the county to reopen its 1986-87 budget, issue registered warrants to pay outstanding hospital debts, and then collect the money in taxes for the fiscal year that began Thursday.

The request came as a result of county negotiations with the Gooding County Hospital Taxing District which was supposed to take over operation of Gooding County Memorial Hospital Thursday.

The county agreed to assume the hospital debt, including a \$160,000 loan from First Security Bank, and planned to pay the debts with registered warrants.

However, a court hearing in Gooding in late August revealed no budget for the hospital had been included in the 1986-87 county budget, making it difficult for the court to order it "reopened."

Judge Daniel Hurlbutt granted the county's request to withdraw its court reopening petition, and returned the matter to the commissioners.

Myers said he has not seen Hurlbutt's decision and has not been able to reach county prosecutor Lynn Nelson for information on how to approach the hospital's creditors.

Nelson said during the court proceedings he didn't think the situation met the legal requirements for an "emergency" because the situation "could have been foreseen" and the county has had to put large amounts of revenue into the hospital operation in past years. A court declared emergency could allow the county to levy a tax to pay the debts.

Myers said Thursday, as far as he has been informed, the county has the money to raise the money. The only option left is for the creditors to sue the county, he said. "If a court judgment is made before Nov. 1, we can still get it on this year's tax rolls. If not, we could be ordered to register warrants to pay a judgment and have to pay interest on the loans until next year."

• See HOSPITAL on Page B2

THE CAMAS PRAIRIE COURIER \$2.00 the Year

THE MINIDOKA IRRIGATOR

THE KETCHUM KEYSTONE

The Bellevue Press

HILL CITY NEWS

CASSIA COUNTY TIMES

North Side News

Globescope event discusses interrelated world problems

By JOHN ZILLY
Times-News correspondent

KETCHUM — An estimated 300 to 500 people will gather in Ketchum this week to discuss world trends in environment, resources, population and development and en-

courage action at the local level.

Jude Hawkes, executive director of Globescope Idaho, describes the event, scheduled for Wednesday through Sunday, as a conglomerate conference aimed at world education for a "sustainable future."

More than 100 speakers will discuss

issues ranging from world trade to nuclear power to water quality to changes in the ozone layer.

On Saturday evening, actor Robert Redford is scheduled to be presented the Global 2000 award for environmental work he did in conjunction with the Bering Sea Treaty. Because Redford is just finishing a film, however, conference organizers are still uncertain about whether he will attend.

The seeds of Globescope were planted in 1981 when President Carter released the Global 2000 report, a study of the world and some of the major international hurdles confronting human life. The exhaustive report gave readers a glimpse at the complexity of each problem and how it is interrelated.

As a response to the report, the Global Tomorrow Coalition was formed. The group began pulling together diverse groups from the fields of science, the environment, peace, education, business, government and the Third World. The coalition's goal has been to educate its groups about each other and expand the sphere of knowledge about global trends.

That effort led to the first Globescope conference, held in Portland, Ore., in 1985.

"As a result," Hawkes says, "Globescope began springing up locally all over the country." She says that the conferences gave work-shops on everything from World Bank loans and debts to water quality in forests.

In October 1986, Hawkes and Tom Hermal, the financial backer for Globescope Idaho, attended a Globescope conference at Tufts University in Boston, Mass. Since then they have been working on the idea of a globescope conference in Ketchum.

"What we're working toward now is the process of sustainable development," says Hawkes. This means, she says, people need to understand the connection between growing populations, development and the depletion of natural resources. "They're all so related that they can't be looked at separately," she says.

Hawkes uses Idaho's anadromous fisheries as an example of both the complexities and international

reaches of seemingly simple issues. Questions about "the fisheries 'really tie in everything,'" she says, including treaties with Canada and other countries, the tourist economy, mining and timber practices, water quality issues, and population issues. "It's all tied together," she says.

The theme for Globescope Idaho is "communication for a sustainable future."

"People need to understand that protecting the environment is good for business," Hawkes says.

In addition, she says, the goal of the conference "is to show the average citizen that they can make a difference" by writing letters or volunteering time.

• See GLOBESCOPE on Page B2

Council to review rates, water, sewer costs to rise

By PAT MARCANTONIO
Times-News writer

TWIN FALLS — Expect city water and sewer rates to bloust by 3 percent.

The Twin Falls City Council will consider rate increases at its meeting on Monday, which starts at 6 p.m. at City Hall.

The increases to the water rates are necessary to offset additional costs caused by inflation and the 3 percent wage hike for employees, according to city staff.

The monthly fee for a single-family unit will go from \$6.94 a month to \$6.17.

The projected revenue from the rate increases was included in the 1987-88 fiscal year budget. The proposed rates will provide adequate funding for the water and waste-water fund, staff report.

The other item on the agenda is consideration of an agreement between the city and Twin Falls Fire Fighters Association for 1987-88.

The contract has already been accepted by the association, staff report.

The two significant changes in the contract compared to last year are a modification to the section on family medical coverage to show new insurance rates and a change in the wage scale to allow for a 3 percent wage increase.

If approved, the minimum charge for water users will rise from \$4.39 to \$4.62 a month for the first 4,000 gallons.

The base rate for sewer use will increase 3.7 percent over last year, if approved. The sewer rates are based on a complex formula that develops a unit cost for handling of waste water.

Twin Falls makes move to direct office dialing

By PAT MARCANTONIO
Times-News writer

TWIN FALLS — The city of Twin Falls switched this week to direct dial system in which each office has its own number.

With few exceptions, 733-0860 had served as the main number for city offices. A dispatcher in the police department would take the calls and transfer them to the appropriate offices.

City Manager Tom Courtney said a heavy load on equipment and staff

was the reason for the change. The switching equipment had almost reached its capacity and there was not enough staff to handle the police, fire, and other calls coming into the city during some hours.

The alternative was to add manpower or go to direct dial, he said. The latter was selected because it would be less expensive in the long run.

The costs of switching to direct dial amounted to about \$4,600.

Beginning Thursday, most city offices were given their own numbers.

The list of new phone numbers is as follows:

- Emergency police and fire — 911.
- Police and fire general business and after-hours utility service — 733-0860.
- City attorney — 736-2268.
- Economic development — 736-2240.
- City engineer — 736-2273.
- Engineering department — 736-2240.
- Finance office — 736-2245.
- Building inspection — 736-2238.
- City manager — 736-2271.

- Parks and recreation — 736-2265.
- Planning and zoning — 736-2267.
- Public works — 736-2270.
- Sanitation department — 736-2264.
- Street department — 736-2226.
- Utility billing — 736-2249.
- Wastewater collection — 736-2270.
- Water department — 736-2274.
- Airport manager — 733-5215.
- Gift certificate manager — 733-8326.
- Public library — 733-2964.
- Information — 736-2287.

Sun Devils rout UTEP, 35-16

TEMPE, Ariz. (AP) — Arizona State Coach John Cooper said the "Franked Sun Devils used the new... offensively to beat Texas' El Paso 35-16 in a non-conference football game Saturday night.

Sophomore tailback David Winsley rushed for two touchdowns in his second collegiate game while senior fullback Channing Williams also scored twice for Arizona State.

College football

The Sun Devils, now 3-1, built a 21-10 halftime lead on route to beating UTEP, 3-1, for the 23rd time in the last 24 meetings.

"They made a lot of big plays early to hurt us," Miners Coach Bob Stull said. "In the second half, they just controlled the ball on us. And when we had it, we had poor field position and made a lot of mistakes.

ern Arizona crushed Sonoma State 55-6 Saturday night in non-conference college football.

The Cosceaks, 2-2, belied their NCAA Division 2 standing by playing the Division I A.A. Lumberjacks close for a half. NAU, 3-1, led only 14-3 at intermission.

However, NAU broke the game open in the third quarter, scoring 24 points as Wyatt threw yard passes of 35 yards to Chris Baniszewski and 7 and 3 yards to David Lane.

Micky Penafior of the Lumberjacks kicked a 37-yard field goal during the spree.

In the fourth, Wyatt scored his touchdown, and Penafior took the score to 48-3 with his second field goal — a 40-yarder — and James Chambers completed the Lumberjacks' scoring with a 10-yard run with nine seconds left to play.

Scores and Stats

Bowling

TWIN FALLS — Bowling honor roll for the week of Sept. 29:

Table listing bowling scores for Twin Falls, including names like David Miller, Mark Miller, and scores for various events.

Honor roll

Table listing bowling honor roll for Twin Falls, including names like David Miller, Mark Miller, and scores for various events.

NFL box scores

Table listing NFL box scores for games on October 5, including Cincinnati vs Houston and Baltimore vs NY Yankees.

Baseball

AL standings

Table showing American League (AL) standings for teams like Detroit, Milwaukee, Boston, and Cleveland.

NL standings

Table showing National League (NL) standings for teams like St. Louis, New York, Houston, and Chicago.

AL box scores

Table listing AL box scores for games on October 5, including Toronto vs Detroit and Chicago vs Philadelphia.

NFL standings

Table listing NFL standings for teams like Houston, St. Louis, and Cincinnati.

Other

Roll-to-Rim Run

MINI FALLS — Fringers in Saturday's 7.5-mile Roll-to-Rim Run.

Boston's Clemens wins 20th game to cap holdout season

Baseball

BOSTON (AP) — Roger Clemens became the first American League pitcher to win 20 games two straight years since Tommy John in 1979-80, throwing a two-hitter as the Boston Red Sox beat the Milwaukee Brewers 4-0.

Clemens, finishing with a 20-9 record after starting 4-6, allowed a double to Mike Felder in the bottom of the eighth and a double to Dale Sream in the seventh.

The 1986 Cy Young Award winner with a 24-4 record, struck out 12 and didn't walk a batter.

Baltimore 4 N.Y. Yankees 2

NEW YORK (AP) — Cal Ripken hit a two-run homer to help Baltimore beat the New York Yankees 4-2 Sunday, ending one of the worst seasons in the Orioles' history.

Montreal 5 Cincinnati 2

HOUSTON (AP) — Tom Browning pitched an eight-inning shutout for the Cincinnati Reds to a 2-1 victory over the Houston Astros.

St. Louis 6 N.Y. Mets 1

ST. LOUIS (AP) — Pinch-hitter Lee Mazzilli hit a two-run single and Tim Lincecum added a two-run

Pro football

LA Raiders 35 Kansas City 17

LOS ANGELES (AP) — Quarterback Vince Evans, making the most of his chance to get back in the NFL, passed for two touchdowns and ran for another Sunday as the Los Angeles Raiders beat Kansas City 35-17 in a strike game Sunday before 10,708 people at the 92,000-seat La Coliseum.

Seattle 24 Miami 20

SEATTLE (AP) — The smallest crowd ever to watch an NFL game in Seattle saw quarterback Bruce Matthews, who joined the team three days ago, throw for 326 yards

and two touchdowns as the Seahawks defeated Miami 24-20.

Rick Parros scored on a 1-yard run with 1:30 left to give Seattle the come-from-behind victory over the Dolphins' replacement team.

A 47-yard pass from Mathison to Jimmy Teal gave the Seahawks the lead on the Miami 4-yard line with two minutes remaining. Parros scored two plays later.

There were five lead changes in the game, which was watched by 19,448 enthusiastic fans in the Kingdome as striking Seahawks' players kicked outside of the building. It was the smallest crowd in Seattle's 12-year NFL history.

Mathison, who joined the Seahawks' strike team Thursday, completed 20 of 42 passes for 326 yards and two touchdowns. He was intercepted three times.

Miami went ahead 20-17 with 3:11 left in the fourth quarter when John Tugheimer scored on a 2-yard run to cap a 76-yard, 12-play march.

AFC West: Chargers edge Bengals

Cincinnati (AP)

Jeff Gaffney, cut by San Diego this season, kicked a 24-yard field goal in the closing minutes to give the Chargers a 10-9 victory Sunday over the Cincinnati Bengals in an NFL strike game played at half-filled Riverfront Stadium.

Gaffney's kick with 2:44 to play decided a sloppy game between the replacements squads. The kick drew brow from fans, many of whom said they were attending the game as a protest against striking

Only one striking regular crossed the picket line Sunday — Cincinnati linebacker Reggie Williams, who played the entire game.

The Bengals didn't announce an attendance figure, but they appeared to be about 25,000 fans in the stadium.

The Chargers, 2-1, had a major advantage in experience, as 10 of their players have been in the National Football League for at least a year.

Only two Cincinnati players have NFL experience.

Pro football

LA Raiders 35 Kansas City 17

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AFC East: Hogeboom, Colts bury Bills, 47-6

ORCHARD PARK, N.Y. (AP) — Gary Hogeboom, one of the first veterans to defy the NFL strike, threw five touchdowns passes and an experienced Indianapolis Colts defeated Buffalo Bills 47-6 Sunday before 9,860 fans at 80,000-seat Rich Stadium.

Hogeboom, the team's regular starting quarterback, threw scoring passes of 11 and 37 yards to Walter Murray, the wide receiver who joined the replacement team, walked back onto the picket line and then returned to the substitute Colts.

He also threw two 18-yard touchdown passes to wide receiver James Noble and a 4-yarder to tight end Joe Jones before leaving the game early in the third quarter with the Colts ahead 37-0.

NFC Central: Ex-bartender leads Bear romp over Eagles

PHILADELPHIA (AP) — The strike version of the Chicago Bears could in no way compare with the regular "Monsters of the Midway," but they obtained the same results Sunday with a 35-0 rout of the non-union Philadelphia Eagles before only 4,074 fans.

The Bears, undefeated with three victories, crushed the Eagles with the help of three touchdowns passed by Mike Hohensee, a bartender just two weeks ago.

Both teams arrived at Veterans Stadium before dawn to avoid mass picketing by Philadelphia union supporters the Players Association strike against the NFL.

The estimated 1,500 pickets, hundreds posted at each gate, kept fans out of the 62,000-seat stadium until mounded police formed a corridor.

Green Bay 23 Minnesota 16

PONTIAC, Mich. (AP) — Only 4,919 fans showed up Sunday to see the Detroit Lions defeat Tampa Bay 31-27 in a strike game that had an advance sale of 40,000 tickets.

AFC Central: Bono engineers a win for Pittsburgh in Atlanta

ATLANTA (AP) — The smallest October crowd in Atlanta Falcons history, 16,667, watched the Pittsburgh Steelers win a battle of NFL replacement teams 28-21 Sunday as quarterback Steve Bono accounted for two touchdowns.

Fans inside the stadium only outnumbered union pickets outside the stadium by 17-1. There were 26,860 tickets sold and a crowd of over 40,000 would have been expected had the regular Falcons not been on strike.

Mike Kenn, an NFL Players Association vice president, thanked the 1,000 pickets for helping keep nearly 30,000 fans who had purchased tickets away from the game.

There was virtually no trouble outside the stadium before the game, with only one minor incident reported, and it did not involve the players or other unions helping them picket the game.

The small crowd, generally supported the Falcons, although they did begin booing in the fourth quar-

ter when it became apparent Pittsburgh would win.

The outcome left Pittsburgh with a 2-1 record and Atlanta with a 1-2 mark.

Cleveland 20 New England 10

FOXBORO, Mass. (AP) — Larry Mautner, released on Cleveland's final cut in training camp, ran for two touchdowns Sunday and the Browns beat the New England Patriots 20-10 in a mistake-prone game by strike substitutes before the smallest crowd in Sullivan Stadium history.

The 61,000-capacity stadium, which opened in 1971, was originally sold out, but rain at the start of the game and cold wind throughout combined with the NFL players strike to hold attendance to 14,830 of 26,332 who didn't obtain refunds. The previous smallest attendance was 22,363 for the last game of the 1984 season against Indianapolis.

NFC East: Sweeney steers Dallas past Jets

EAST RUTHERFORD, N.J. (AP) — Kevin Sweeney, the NFL's all-time leading passer, flourished while others flourished in Sunday's NFL strike game, throwing three touchdowns and leading the Dallas Cowboys to a 38-24 victory over the New York Jets.

The Cowboys didn't bother to use three offensive regulars who defied the NFL players' strike. But they didn't need quarterback Danny White, running back Tony Dorsett or wide receiver Mike Renfro to beat the Jets.

The smallest crowd ever for an NFL game in Giants Stadium — 12,370 — seemed divided in loyalty. When the Jets replacement players were introduced, there were some boos.

Annual crime rates decline drastically

The Associated Press
WASHINGTON — Americans were victimized by an estimated 34.1 million crimes last year, a decline of three-quarters of a million from 1985 and down more than 7 million from the peak year of 1981, the government reported Sunday.

The survey of about 100,000 people in 60,000 households by the Bureau of Justice Statistics found that the rate of violent crime dropped 6.3 percent last year compared to 1985 and has fallen 20 percent since 1981. The survey counts crimes whether or not they were reported to police and uses the results to estimate the number of criminal incidents nationwide.

Criminologists say the five-year downward trend is due to the aging of the baby-boom generation, the movement of people born after World War II out of the age group most prone to commit crimes, those from 18 to 24.

As the children of baby-boomers come of age in increasing numbers later this decade, crime levels should begin turning upward because of the "sheer number of children entering their teen-age years," said Marvin E. Wolfgang, professor of criminology and law at the University of Pennsylvania.

Last year's figures may represent a bottoming out of the decline, which showed some signs of slowing down in 1985, said Alfred Blumstein, dean of the school of urban and public affairs at Carnegie-Mellon University in Pittsburgh.

In the first three years of the decline which began in 1981, the number of crimes fell by nearly 6 million.

The number of assaults per 1,000 people fell 7.9 percent last year, while there were smaller declines in the rates of rape, theft, burglary and household larceny, according to the survey.

Motor vehicle theft rates rose 5.4 percent in 1986, apparently reflecting the increasing tendency of organized crime to get involved in stealing autos. Robbery rates, meanwhile, went up 1.4 percent.

The total number of criminal victimizations was 34.1 million in 1986, compared to 34.87 million in 1985 and 41.5 million in 1981.

Since 1981, the rates of rape, robbery and household burglary have gone down more than 30 percent while personal theft and household larceny rates have gone down more than 20 percent.

The FBI reported earlier this year that its index of major crime reported to police went up 6 percent last year, a figure in apparent conflict with the household survey.

The FBI index, however, measures only crimes reported to police. The household survey found that reporting rates have been climbing steadily in recent years, accounting for at least some of the increase in the FBI index.

Tobacco use, not AIDS, poses greatest threat

The Associated Press
PARK CITY, Utah — Tobacco, not AIDS, poses the greatest health threat to Americans in the 1980s, says Dr. James O. Mason, director of the Atlanta-based Centers for Disease Control.

In six years AIDS has only killed 42,000 people. Tobacco use kills that many people every 46 days, Mason told more than 200 business and industry representatives attending the 1987 Crossroads Conference here Friday.

A former executive director of the Utah Department of Health, Mason said there is a tendency in Utah to make smoking the infectious issue. "In the workplace it has to be purely, clearly, simply a health issue — in Utah or in any other state," he said. "It's a major health issue. For the majority of American workers, cigarette smoking represents a greater promise of disease and disability than does their workplace environment."

Mason said the threat continues despite a recent CDC study that showed a majority of 64,000 adults population does not smoke. The study showed the lowest prevalence of cigarette smoking among adults ever recorded, with only 26.5 percent of those surveyed admitting they are smokers.

In Utah only 14.9 percent of adults smoke. However, an estimated 46.8 million Americans still use cigarettes.

"These users are candidates for many diseases," Mason said. "In addition, these smokers constitute a major health concern for the non-smoking public."

The last surgeon general's report showed that involuntary inhalation of others' smoke is the cause of many diseases, including lung cancer, in healthy non-smokers, he said.

The report also concluded that the simple separation of smokers and non-smokers in the same air space may reduce, but not eliminate, the risk to the non-smoker.

Surprise snow blows across New England



Unusually cold in south states

By The Associated Press

New England was plastered with unexpected wet snow up to 20 inches deep Sunday, the earliest on record for some places, and temperatures skidded to record lows as far south as the Gulf of Mexico.

The heavy snow and wind knocked out power to more than 300,000 customers and stranded tourists who thought they were going to see fall foliage.

It even snowed in Florida ... Florida, Mass., that is, where 9 inches fell.

"It's the last thing we expected. The last we heard, we were only supposed to get rain and the next thing you know we were calling people in from church," said Louis Keeling of Northeast Utilities in Connecticut, which had about 85,000 customers without power.

"This makes my heart jump for joy. This is what we're all about," said Alan Ross, executive director of the U.S. Ski Team's cross-country team at Vermont's Sugarbush Ski Resort, where about an inch fell. "And to notice that it's happening on Oct. 4 hopefully is a good sign for the coming winter, in terms of skiing."

Connecticut Gov. William A. O'Neill ordered the Civil Preparedness Emergency Operations Center at the state armory in Hartford to coordinate cleanup and public safety efforts.

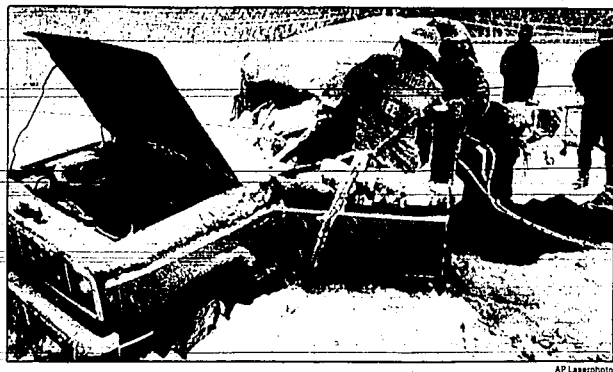
The snow was caused by a cold pocket at an altitude of about 18,000-20,000 feet that moved in from Canada and mixed with a low pressure system carrying precipitation from the east, said meteorologist Mel Goldstein of the Weather Center at Western Connecticut State University.

For much of the eastern third of the nation, it was the coldest day since last spring, and there was frost on pumpkins as far south as northern Alabama.

The National Weather Service reported low temperature records for the day were broken or tied in at least 37 cities, and for some it was the earliest on record for such cold air. Nashville, Tenn., chilled to 36 degrees and Louisville, Ky., hit 35, both breaking records on the books since 1888.

In Alabama, Mobile at 44 degrees and Montgomery at 40 both tied their records. Normal temperatures for the first week of October are 62 at Mobile, on the coast of the Gulf of Mexico, and 59 at Montgomery, the weather service said.

In contrast, early morning temperatures in the hills above Los Angeles were already in the 90s. On Saturday the city hit 108, and there have been only



Record high temperature (clockwise from left) have kept Californian's sweltering, while areas in the northeast have been hit by snow and ice. The driver of this car was killed when an ice coated tree gave way and fell on top of the car in New York

three days hotter in the past 109 years.

The weather service posted a winter weather advisory for parts of eastern New York state, where nearly 20 inches of snow fell at East Jewett, in the Catskill Mountains.

The four inches of snow at Albany, N.Y., was the earliest snowfall of more than a half-inch on record. The up to 7 inches in Connecticut was the earliest substantial snow on record there, Goldstein said.

The wet snow on tree limbs and power lines blacked out more than 171,000 customers in the Albany greater capital district, where the airport was blacked out and closed, said Niagara Mohawk Power Corp. spokesman Ray Hull.

Nick Lyman of Niagara Mohawk said some people in the Albany area could be without power for days. "We're pulling out all the stops to deal with the problem," he said.

An additional 2,000 customers lost power on eastern Long Island, said Gail Pannepacker of Long Island Lighting Co.

North of New York City, state police warned motorists to stay home in Dutchess and Columbia counties because virtually all roads were closed.

Trooper Susan Benfield said high wind and freezing rain toppled trees onto roadways. Two fatalities in Columbia County were blamed on falling trees, but no details were available, police said.

West of Albany, the Montgomery County village of Huganum, population 1,300, was completely closed with only emergency vehicles allowed in or out, said Sheriff Ron Emery.

Some customers also lost electricity in parts of Vermont and northern New Jersey.

"Imagine my surprise when I walked past the window at quarter to seven this morning," said Sue Shinn, a police dispatcher in Vernon Township, N.J., where an inch of snow fell. "I looked outside and thought, 'This is a bad joke and I'm going back to bed.'"

There was a greater-than-usual amount of downed trees and branches because trees in southern New England had not yet begun to shed leaves, leaving more surface to collect the heavy snow.

The leaves also cause other problems, since their annual autumn color change attracts tourists to New England.

In Middlebury, Vt., two busloads of "leaf peepers" were stuck on one road until plows and sanders could help them out, said Ray Burke of the state Highway Department.

"They may have to wait a little bit, but they can see what Vermont's all about early," he said.

Snow fell as far south as the mountains of West Virginia, where the Snowshoe ski resort, at an elevation of 4,500 feet, accumulated about an inch.

Panel questions evangelists' tax status

The Associated Press

WASHINGTON — A congressional panel, wading gingerly where angels fear to tread, is calling on some of the nation's best-known television evangelists to spell out whether they are making proper use of their tax-exempt status.

Are tax-deductible contributions being used for personal lobbying or political purposes? Are religious organizations competing with commercial businesses and neglecting to pay tax on that income? What is a reasonable salary for a minister?

Not even the Internal Revenue Service can answer those questions, which are likely to be asked by members of the House Ways and Means oversight subcommittee at Tuesday's public hearing.

Although the panel's chairman, Rep. J.J. Pickle, D-Texas, says the panel is not looking to write new legislation affecting churches, the nation's more-traditional religious groups are expressing concern. But some tax authorities express a different concern: that churches have been granted such exalted status that it is impossible for the IRS to solve abuses.

The Rev. Jerry Falwell of Lynchburg, Va., the Rev. Oral Roberts of Tulsa, Okla., and the Rev. John Ankerberg of Chattanooga, Tenn., were among evangelists agreeing to testify at the hearing. Jim Bakker, the PTL founder who was defrocked by his denomination after his sexual encounter with a church secretary was disclosed, declined to appear, as did his wife, Tammy.

The hearing was prompted chiefly by reports that church money may have been used to buy the silence of Jessica Hahn, the church secretary in the Bakker affair, and that the Bakkers were paying themselves

huge salaries. Another factor leading to the hearing was Roberts' well-publicized statement that unless contributors sent \$8 million to his ministry, God would take his life.

Because the Constitution bars Congress from interfering with free exercise of religion, churches traditionally have been exempted from taxes and permitted to accept tax-deductible contributions. But the law goes much further, excusing churches from some requirements that apply to other tax-exempt charitable organizations.

For example, a church, auxiliary or religious association does not even have to apply to the IRS for a tax exemption; a church becomes exempt just by organizing. Most such organizations are not required to file annual information reports with the IRS. And a new law severely restricts the ability of the IRS to audit church finances.

Senate takes steps to override family planning restrictions

The Associated Press

WASHINGTON — The Senate is taking steps to override President Reagan's order imposing tough new abortion restrictions on family planning providers, and even opponents of the Senate plan say there is a chance they may lose.

Nestled in a \$129 billion appropriations bill ready for floor action is one sentence that effectively cancels regulations that administratively says are needed to remove "the taint of abortion" from Title X, the federal family planning program.

Specifically, the regulations proposed Sept. 1 by the Department of Health and Human Services would define family planning to exclude counseling after a pregnancy is diagnosed. They would cut off money to organizations that provide counseling and referral for abortion services or, that promote abortion in any way, including lobbying.

And they would require that family planning activities be completely separate and distinct from abortion-related activities, including separate physical plants and separate financial, accounting, personnel and medical record systems.

Such a vital role to play in preventing unwanted — pregnancies among low-income women," HHS Secretary Otis Bowen said in a Sept. 22 letter to Senate Appropriations Chairman John Stennis, D-Miss.

But the Reagan initiative, designed to appease a constituency neglected for seven years, was shut down in a Senate subcommittee within weeks of its much-vaunted introduction.

The Labor-HHS appropriations subcommittee last month accepted an amendment by Sen. Lowell Weicker, R-Conn., that says the \$146 million for the 1988 family planning program must be used in

accordance with DHHS regulations and guidelines in effect as of Aug. 31, 1987.

And the massive Labor-HHS appropriations bill won committee approval last Thursday with no change in the Weicker language, leaving partisans gearing up for a floor fight that could come as early as this week.

Opponents characterize the proposed new regulations as a gag rule on doctors and counselors. "The issue is not abortion. The issue is proper care," Weicker said.

But Bowen, in his letter to Stennis, complained that the Weicker language "would effectively prohibit the department

from both fulfilling the president's personal directive and ensuring the integrity of the Title X program."

Sen. Don Nickles, R-Okla., who had planned to try to delete the language in committee, decided instead to save his assault for the floor, where he believes he has a better chance of success.

"The regulations are awfully important. I do not think they should be totally stopped," Nickles said. "The money is supposed to be used for family planning — not for abortion. It should be for the prevention of pregnancy — but not to abort. You can terminate your pregnancy. Abortion is a viable option."

Family planning groups are not allowed to use federal money for abortion activities, and, by all accounts, none of them do. But some of them do provide abortion-related services with other money or are located in the same building as abortion services.

Richard Mintz, a spokesman for the National Abortion-Rights Action League, said many women don't show up at family planning clinics until they are pregnant. "And you do want them to come back again" for help in avoiding repeat pregnancies, he said.

Should parents pay for live-ins' wedding?

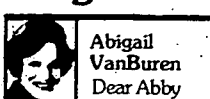
DEAR ABBY: In these changing times, I don't know what is right or wrong.
One daughter, who is now 20, got into an argument with us when she was 18, moved out of our home and rented an apartment. She lived there until last year when she moved into a house with her boyfriend. (He owns the house.)
She recently announced her engagement and wants to have a formal church wedding with bridesmaids, wedding gown, reception and all the trimmings. The problem: She wants us to pay for the wedding!

Her father and I feel that because she is already living with this man she should forget the formal wedding and get married quietly, with maybe a small dinner at our house for the family and a few friends.
She thinks we owe her a big wedding and is upset because we won't go along with it. Everyone knows they are living together and we don't think a big formal wedding is proper.
Do live-ins have big church weddings these days?

DEAR PERPLEXED PARENTS: DEAR PERPLEXED: Some do, and some don't. Your decision should not depend upon what other people do.

Just because something is "done by some people" doesn't make it right. This decision should be entirely yours.

DEAR ABBY: I have been going steady with this girl for two years, and every time we go out I am expected to pay for everything we do. She never offers to chip in for the entertainment, food, gas or whatever.
We both make the same amount of money. I have asked her why she never offers to chip in, but I never get a straight answer.
Don't you think she should offer



to treat me once in a while?
Answer in the paper. I know she reads your column. Maybe if she sees it in print and coming from you she will loosen up a little.
If you think the man should always pay for everything, just tear this up and forget it.

DEAR A.J. I agree with you. Your girlfriend is behind the times. There is no reason why she shouldn't chip in or treat you occasionally.
In fact, many couples go "Dutch" when their paychecks are equal. I'm all-for-it.

DEAR ABBY: You could do nurses a favor by printing these few rules for people who visit patients in a hospital:
1. Beds are for patients - not for visitors to sit or lie on. I'll have had to change entire beds because visitors sprawled out on an empty bed and got it dirty and messed up!

2. Please observe visiting hours. Do not come early and stay late. The patients need their rest.

3. Follow the hospital's smoking regulations. If that means visitors are not allowed to smoke, don't smoke.
4. Respect the patient's plan of care. Smoking in food, alcohol, cigarettes, medicine, etc could sabotage their recovery. Always ask before giving a patient anything.

5. Do not ask the nurse to take your blood pressure. Nurses are there to take care of the patients.
- AN R.N. IN ADAMS, MASS.

LEGAL NOTICE

IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO.
IN AND FOR THE COUNTY OF CASSIA.
MAGISTRATE DIVISION.
NOTICE TO CREDITORS.
In the matter of the Estate of ZELMA E. RICHMOND.

Decedent IS HEREBY GIVEN that the undersigned has been appointed personal representative of the above-named estate. All persons having claims against the said Decedent are required to present their claims within four (4) months after the date of the first publication of this notice or said claims will be forever barred. Claims must come to the undersigned at the office of the undersigned, representative, at the offices of GLENN S. LAWYERS, P.O. Box 1522, Twin Falls, Idaho 83303-1522.
Dated this 10th day of September, 1987.

PUBLISH: Monday, September 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 1987.

NOTICE OF INTENDED AGENCY ACTION
In the matter of Amendment of Sections 7, 10, 12, and 13 of the Rules and Regulations Concerning Exterior Diseases of Beasts, Poultry and Swine.

NOTICE, that the Idaho Department of Agriculture proposes to amend the rules and regulations of the said Department.

The Department proposes to amend the rules and regulations of the said Department, to provide for the issuance of permits for the use of certain agricultural structures for the purpose of housing, raising, or keeping livestock, poultry, or swine.

Persons who are physically disabled and persons with hearing impairments and brailled or taped information are encouraged to submit information concerning the proposed rules to the undersigned at the address set forth in the enclosed rules. Copies of the proposed rules will be made available to the undersigned at the rate of \$2.00 per page. Checks must accompany the request and be made payable to the Department of Health and Welfare for the amount of \$2.00 for the fee of the proposed rules.

THE FAR SIDE



"Alan - you're cheating!"

licensing Standards - 2, 3, Chapters 2 and 21.
Rules and Regulations of the Department of Health and Welfare, published under the authority of the Governor, Idaho Code.

The original copies of the proposed rules and regulations will be maintained in the Department of Health and Welfare, and the undersigned will be available to receive comments from the public during the public hearing period.

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Valley happenings

Pernie school plans carnival fun for Friday
TWIN FALLS - The I.B. Pernie School PTO Carnival will be held Friday from 5 to 9 p.m. Activities will include a raffle, games and a dunk tank. Food items will also be available.

Auxiliary flea market a bargain hunter's delight
TWIN FALLS - The Idaho Unit Executive Board of the Cassia United Homes Auxiliary will sponsor a flea market at Immanuel Lutheran Christian Life Center gym on Saturday from 9 a.m. to 4 p.m. Clothes, toys, books and many miscellaneous items will be included. Lunch of homemade chili, chicken noodle soup, rolls and pie will be available. Proceeds go to the Good Shepherd Home for the mentally handicapped.

Compassionate Friends to meet tonight
TWIN FALLS - Maureen Easton will conduct the meeting of Compassionate Friends at 7:30 p.m. Monday at the office of George 998 Washington St. Mr. Larson from Payne Funeral Home will be guest speaker. For information, call Pam Bolton at 734-5216.

4-H to sponsor crafts booth for children
TWIN FALLS - A 4-H information booth will be set up for the Magic Valley Mall Oct. 10 from 10:00 a.m. to 4 p.m. Youth visiting the booth will be assisted in making a craft item. Information will also be available to adults interested in volunteer work in the program.

Continuation of Rule-making and Notice of Hearing
In compliance with Section 67-5203(a)(1), Idaho Code, notice is hereby given that the Idaho Department of Health and Welfare, Division of Children and Family Services, has scheduled a hearing under Docket No. 0302-8701 an 0302-8701 and has extended the period for public comment.

This action concerns the proposed adoption and amendment of rules governing Social Services and Child Care

Effective Date thru October 13

Valley auction calendar listing various auctions including 'EVERY WEDNESDAY 6 P.M.', 'SUNDAY, OCTOBER 4', 'THURSDAY, OCTOBER 8', 'FRIDAY, OCTOBER 9', 'SATURDAY, OCTOBER 10', 'SATURDAY, OCTOBER 10', 'SATURDAY, OCTOBER 10', 'SUNDAY, OCTOBER 11', 'TUESDAY, OCTOBER 13'.

LEGAL NOTICE

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CLASSIFIED INDEX

Classified Index listing various services and offers: ANNOUNCEMENTS, SELECTED OFFERS, REAL ESTATE FOR SALE, RENTALS, MERCHANDISE, LEGAL NOTICE, CORRESPONDENTS, CRUISE SHIPS, ALCOHOLICS ANONYMOUS, DIAL-A-DATE, Selected offers, Jobs of Interest.

Selected offers-Real estate

007-030

Have we got a line for you

New, low per line rate. Commercial or private party. 7 days, only \$3.75 per line. Call Now 733-0626!

The Times-News

007-Jobs of Interest

Immediate opening- electronics technician, VCR experience... 20 hrs/week, retirement/medical provided...

007-Jobs of Interest

Positions are available in Halley, Shoshone, Twin Falls... Major Cruise Lines now hiring! Salaries to \$60K...

007-Jobs of Interest

REGISTRED NURSES: for long term care facility... Todd Sales: Inside sales, no experience necessary...

008-Sales People

Salesman, experience a must... \$25,000 1st Year: Sales closers needed, apt to present...

022-Investment

CASH FOR YOUR CONTRACT: I'll pay you cash for your real estate contract...

000-Homes For Sale

BEAUTIFUL BRICK HOME in the country... HAMLETT REALTY OFFICE...

000-Homes For Sale

EQUITY TRADE: VA - 10.5% - 15 years. Fenced corner lot...

000-Homes For Sale

MUST SELL: Thousands behind area appraisals. Pay approx. \$800...

000-Homes For Sale

WHY WAIT?: Here's the home for you! This cute, modified Teagan plan home...

007-Jobs of Interest

Medical Assistant: Medical transcription, office experience required...

007-Jobs of Interest

RN or LPN needed for full time to 11 charge nurse... Medical Assistant: Medical transcription, office experience...

009-Employment Agencies

REGISTRATION: TELEPHONE employment secretaries. Photography studio now hiring...

010-Professional Services

CLEANING: Quality work, reasonable rates. Results guaranteed. Golden Glade Cleaning...

014-Day Care Services

Childcare my home, rel. cost - about 1/2 day care. Interested in babysitting children in my home...

000-Homes For Sale

A cozy 2 bdr home with partial basement. Fenced yard and storage shed...

007-Jobs of Interest

TWIN FALLS ROUTE AVAILABLE #774: Washington Pk. Apt. ... 1200 Blk. Twin Villa Loop...

007-Jobs of Interest

Part-time Janitor, Apply in person at Magic Maintenance, 138 Blue Lakes, Twin Falls.

008-Sales People

AD SALES PERSON: Experienced and aggressive to sell our new advertising concept...

016-Employment Wanted

BOOKKEEPING, reasonable rates, call 734-4551. Have opening for two hours for Saturday cleaning...

017-Business Opllys.

BUYING OR SELLING A BUSINESS: Twin Falls Office, 734-6605. Boise Office, 345-5820...

018-Income Property

33 space mobile home park including 6 mobile homes in Wendover, \$187,000, \$300,000 down...

025-Instruction

AIRLINES: There's just ONE question you should ask before you select your airline school...

025-Instruction

ATTENTION TRAINEES: Expansion has created the need to add live instructors...

025-Instruction

ATTENTION: A successful 4 year old septic service business in Wood River Valley...

HEY KIDS! (12 & UNDER) ADVERTISE FREE! Kids' Korner advertisement with large stylized text and illustrations of children.

Boys. Girls. Here's your chance to sell, swap, or buy anything of value to you. All at no cost. Use the Times-News "Want-Ads" to sell toys, bikes, skateboards...

Kids' Korner MAIL COUPON TO: The Times-News. P.O. BOX 548 TWIN FALLS, IDAHO 83303. Includes fields for name, address, city, zip, phone, and parent's signature.

COCTUS PETES: JOBB OPENINGS. Marketing Sales Trainer, Word Processor, Front Desk Manager, Dishwashers, Floor Cashiers, Observation Operator...

Where Airline Careers Begin! INTERNATIONAL AIR ACADEMY. WASHINGTON MISSOURI ONTARIO CALIFORNIA COLUMBIA MARYLAND

COCTUS PETES: Cactus Pete's is accepting applications for openings throughout their resort casino. Present Openings Include: Marketing Sales Trainer, Word Processor...

Selected offers-Real estate

007-030

Have we got a line for you

New, low per line rate. Commercial or private party. 7 days, only \$375 per line. Call Now 733-0626!

The Times-News

007-Jobs of Interest

Immediate opening, electronics technician, VCR experience desired... 40 hr. week, retirement/medical benefits... Send resume to: P.O. Box 548, TF, ID 83303

007-Jobs of Interest

Positions are available in Idaho, Shoshone, Twin Falls, Burley and Lewiston... for intake aid and processor clerk-for the LINEAP Fuel programs... Salary \$47.00 per hour...

007-Jobs of Interest

REGISTERED NURSES: long-term care facility. Negotiable salary, benefits & liberal signing bonus... located in Elva, Nevada... Salary \$17.00 per hour...

008-Sales People

Salesman, experience a must, must be very comfortable meeting people, self motivated, apply at Twin Falls-Athletic Club... PO Box 488, Twin Falls, ID 83303

\$25,000 1st YEAR

Sales closes needed, no experience necessary, must be experienced and professional. Good comm. Safety products. Send resume to: P.O. Box 548, Twin Falls, ID 83303

023-Investment

CASH FOR YOUR CONTRACT I'll pay you cash for your unused deed, mortgage, or real estate contract... Call TODAY! Metropolitan Financial Services 734-4367 or 1-800-345-0753

030-Homes For Sale

BEAUTIFUL BRICK HOME in the country. You can see for miles! Big living room, huge family room and 3 bathrooms... Call TODAY! Joyce Cole - 733-0787 Dave Hamlett - 733-4030

030-Homes For Sale

EQUITY TRADE VA - 10.5% - 15 years. Fenced corner lot, 14-ft vinyl 4 bdrm, central air, fenced garden... Call TODAY! Joyce Cole - 733-0787 Dave Hamlett - 733-4030

030-Homes For Sale

MUST SELL Thousands behind area appraisals. Pay approx. \$800 & assume \$40,000 loan, gets \$298 P & I. Beautiful newer 3 bdrm, 2 bath family home with garage... Call TODAY! Joyce Cole - 733-0787 Dave Hamlett - 733-4030

030-Homes For Sale

WHY WAIT? Here's the home for you! This cute, modified, 1.5-bdrm plan home is found in a super Kimberly location... Call TODAY! Joyce Cole - 733-0787 Dave Hamlett - 733-4030

007-Jobs of Interest

Need insulator and window installer. Job based on experience. Send resume to: Box 052, c/o Times News, P.O. Box 548, Twin Falls, ID 83303

007-Jobs of Interest

Need mature adult-to-care for family of three children. Light housework, no smoking... Send resume to: Box 052, c/o Times News, P.O. Box 548, Twin Falls, ID 83303

008-Sales People

AD SALES PERSON Experienced and aggressive to sell our new advertising concept to hotels, motels, restaurants and other businesses... Call Me: Winesgardner, 788-3501

023-Investment

BOOKKEEPING, reasonable rates, call 734-8551. Have opening for two hours of Saturday cleaning. Call Me: Winesgardner, 788-3501

030-Homes For Sale

BUYING OR SELLING A BUSINESS? Twin Falls Office, 734-9665 Boise Office, 343-8860 CORPORATE INVESTMENT BUSINESS BROKERS

030-Homes For Sale

016-Business Opps. A successful 4 year old softie service business in Wood River Valley... Call Me: Winesgardner, 788-3501

030-Homes For Sale

018-Income Property 33 space mobile home park including 4 mobile homes in Wendell... Call Me: Winesgardner, 788-3501

030-Homes For Sale

015-Babysitters After school sit, supervised Saturday activities... Call Me: Winesgardner, 788-3501

030-Homes For Sale

016-Employment Wanted 008-Sales People

TWIN FALLS ROUTE AVAILABLE #774 Washington Pk. Apt. ... 1200 Blk. Twin Villa Loop ... CALL TIMES-NEWS CIRCULATION DEPARTMENT ... 733-0844

JUNIOR CARRIER ROUTE AVAILABLE IN GOODING Nebraska-300-600 Block; Oregon 300-799 Block; Gooding Lane; Michigan 300-699 Block; Locke St; 500 Block; Illinois 300-500 Block; 4th & 5th Ave. 400 Block on. If you live near these areas, call The Times-News' 733-0931 or Roger at 326-4107.

TELEPHONE SALESPEOPLE The Times-news is looking for circulation telephone salespeople. This is a part-time, evening job. Telephone sales experience necessary. For more information, see Sandi at the Times-News, 132 3rd St. West, Twin Falls, ID. No phone calls please.

JOB OPENINGS Cactus-Pete's is accepting applications for openings throughout their resort casino. Present Openings include: Marketing Sales Trainer, Word Processor, Hotel Front Desk Manager, Cape Cashier, Dishwashers, Floor Cashiers, Observation Operator, Room Service Partners (2 years old) Janitors, Line Cook, Stocker/Checker - Gen. Store, Hotel Reservation, Hotel Front Desk/Hotel Auditor. Excellent working conditions & local. Incentive. Interviews will be held at Nelson Construction Co. in the Lynwood Plaza on Wednesday, Oct. 7 from 9:00 a.m. to Noon and 1:00 p.m. to 4:00 p.m.

Cactus Pete's EQUAL OPPORTUNITY EMPLOYER M.F.H.V.

ATTENTION FIVE (5) TRAINEES Expansion has created the need to add five individuals immediately. We offer: 1) Company training program 2) First year income \$25,000-\$35,000 or higher (including salary plus commission) 3) Management opportunity in \$90-120 days 4) National travel in rural area necessary 5) Stability of an 48 year old national corporation 6) Growth rate of 38% per year. We require applicants to: 1) Have an ability to deal with people 2) Possess personal motivation for success 3) Seeking a career opportunity. For more information and to arrange a personal interview, call 208-733-5031 Monday & Tuesday October 5th & 6th. Interviews will be held in Twin Falls, ID. EOE Channel 38 NBC for the Magic Valley seeking motivated self-starter for a sales position. Contact Jim Boyd at 834 Falls Ave. TF.

AIRLINES There's just ONE question you should ask before you select your airline school: "Can your school DOCUMENT its placement with AIRLINES?" WE CAN! Over 6,000 of our graduates are working for airlines nationwide. Discover why the airlines respect our 12-week training. ATTEND FREE 2-HOUR SEMINAR THURSDAY - OCTOBER 8 HOLIDAY INN 1350 N. BLUE LAKES BLVD. TWIN FALLS, ID. 7:30 P.M.

Where Airline Careers Begin! INTERNATIONAL AIR ACADEMY VANCOUVER WASHINGTON ST. LOUIS MISSOURI ONTARIO CALIFORNIA COLUMBIA MARYLAND

HEY KIDS! (12 & UNDER) ADVERTISING OPPORTUNITIES Kid's Korner MAIL COUPON TO: The Times-News P.O. BOX 548 TWIN FALLS, IDAHO 83303 Boys. Girls. Here's your chance to sell, swap, or buy anything of value to you. All at no cost. Use the Times-News "Want-Ads" to sell toys, bikes, scooters, skates, stamps, baseball cards or pets - in fact, you can sell anything... just as long as mom or dad says it's all right. List what you have to sell, your ad must include a price in the coupon below. We'll run your ad FREE!

Kid's Korner MAIL COUPON TO: The Times-News P.O. BOX 548 TWIN FALLS, IDAHO 83303 YOUR NAME: _____ AGE: _____ ADDRESS: _____ CITY: _____ ZIP: _____ PHONE: _____ PARENT'S SIGNATURE: _____ Include your name, address and phone number - and your age. BE SURE TO HAVE MOM OR DAD SIGN THE COUPON GIVING THEIR OKAY. NO PHONE CALLS PLEASE.

Merchandise-Automotive

THE ACES ON BRIDGE BOBBY WOLFF
A wise skepticism is the first attribute of a good critic.
— James Russell Lowell.

Today's South makes a good bet if he tries to win at least one finesse in three tries. But why bet at all? South has a sure thing if he plans his play carefully.

West cashes his diamond king and shifts accurately to the spade jack when East signals with his deuce. What happens if dummy tries the queen for a losing finesse?

ANSWER: Club king. Despite partner's diamond support, the club lead offers more promise.

Send bridge questions to The Aces, P.O. Box 12343, Dallas, Texas 75225, with self-addressed, stamped envelope.

077-Home Entertainment
NEW SATELLITE SYSTEM
083-Garage Sales
088-Variety Foods

078-Comm. Devices
FOR SALE: Soara Cold Spot cooler heater. \$125.
084-Tools
085-Bicycles

086-Firewood
Ain wood cutters! Now taking bids on approx 10 cord of standing pulp.
088-Variety Foods
APPLE CIDER, pure & fresh, 32.75 per gal.

081-Furniture & Carpets
CASH for good used furniture & appliances.
082-Auctions
AUCTION HOUSE
089-Farmers' market

FOR LEASE TO HIGHEST BIDDER
BY SEALED BID:
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When women love too much

By KRISTIN TUCKER
Times-News correspondent

TWIN FALLS — Loving is painful. Leaving seems impossible. She feels swallowed by a compulsion to love men she wants to change — even though she gets nothing in return. Is it possible that she loves too much?

According to the success of a recent paperback book and the popularity of related workshops and support groups, the answer is yes. Loving too much means an obsessive effort to please, to help, to change. It means sacrificing your goals, needs, and self-esteem. Like an addiction, it's destructive and often accompanies other addictive behaviors.

Last week, 10 Magic Valley women gathered to learn more about what it means to be a woman who loves too much. A one-day workshop sponsored by the Center for New Directions at the College of Southern Idaho, focused on Robin Norwood's 1986 best seller, "Women Who Love Too Much: When You Keep Wishing and Hoping He'll Change." Workshop leaders Rita Larom and Ann Farrell explained the basic principles of the book and offered participants "new patterns for new relationships."

For some, it was a first step away from years of pain. One woman has just ended her third marriage, each to a man whose addictive behaviors thwarted their relationships and her own growth and health.

Another, the adult child of an alcoholic, is just now recognizing how her childhood has impacted her ability to love.

A young mother faced the realization that her daughter is now using self-destructive behaviors.

And a widow recognized her need to control the lives of those she loves.

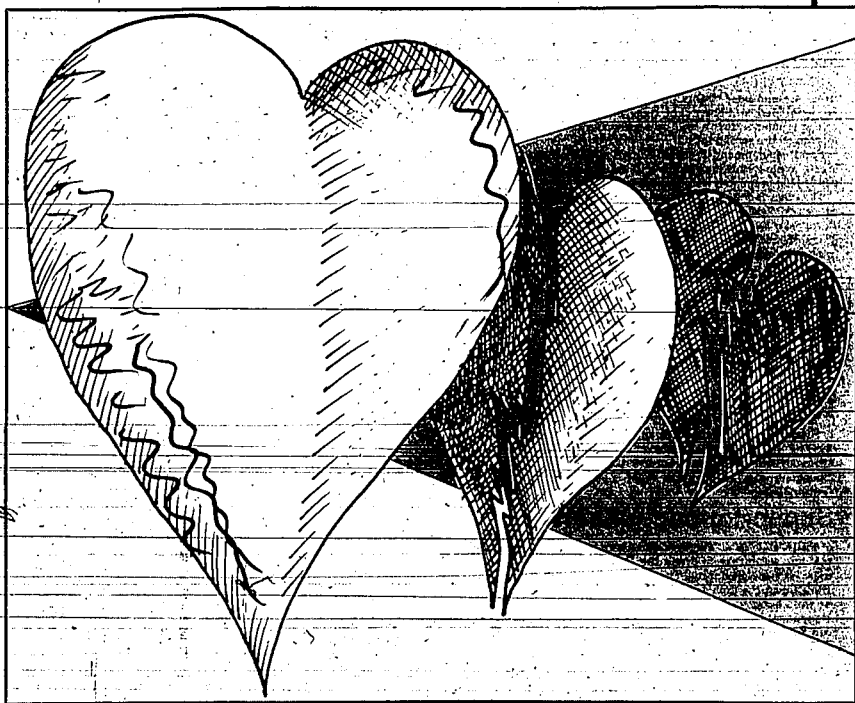
Each situation is different, but many of the patterns are the same. Self-esteem is low. They are care givers at work and at home. They are attracted to men with severe emotional needs, believing they can change them with their love. They fear abandonment. They may suffer from depression, alcoholism, drug abuse and/or eating disorders. Many were raised in dysfunctional families, where alcohol abuse, sexual or other trouble becomes a "family secret" that blocks normal relationships.

For generations, our culture has valued sharing and self-sacrifice while scorning expression of feelings and selfishness, says Larom. But women who continually put someone else's needs before their own, risk losing their own identity, health and stability.

"It's difficult to see the patterns while you are embroiled in them," admits Larom. "People don't get help until they are miserable."

And there's a wide variation in the amount of misery people are willing to tolerate. Some women will walk out at the first sign of trouble. Others will tolerate years of mental, physical and/or emotional abuse before seeking a way out — and a chance for a happier life.

Thursday's session was just a beginning, but most admitted it hadn't been easy to come. "Going for help" is the first step towards recovery, according to Norwood's book. An information session such as the one offered last Thursday, a talk with a friend, or a good book can point the way.



In addition to Norwood's book, Larom recommends "Feeling Good" by David Burns and "Co-Dependent No More" by Meloni Beattie.

"There's a risk in taking books too literally," she cautions. "Take what will help you on your path."

A woman who loves too much can learn to recognize, understand and change the way she loves. That change means she no longer will expect the other person to meet her needs, explains Larom. It also means that she will have enough energy to genuinely give of herself.

But for those who have never known a healthy relationship, that's a mixed blessing. It's a new way of relating to people, and that newness means risks.

"Changing patterns means no longer having a rule book," Larom says.

"If you change, your relationship may change," she says.

There's a chance that the relationship will get better. But there

is also the chance that the relationship will dry up.

Like recovery from addiction to alcohol or drugs, the road to feeling good again is a long and slow. Not until the end of last Thursday morning's session did Larom ask participants to introduce themselves (first name only), tell a little about why they had come, and indicate if they were interested in being part of an on-going support group for women who love too much.

For the purpose of helping people work on their own recovery, support groups like Alcoholics Anonymous and Al-Anon model the ideal: Groups meet regularly, participants share anonymously, leadership is shared and confidence is strictly kept.

The support group that is growing out of last week's meeting is clearly a beginning, with the hopes of also attracting other Magic Valley women who recognize themselves as women who love too much.

"I just want to find happiness within myself," said one participant. "I don't want to have to depend on someone else to be happy."

Learn to recognize, understand and change the way you love.

Fat distribution, not looks should trigger dieting

By The Los Angeles Times

Today's emphasis on dieting has caused much anguish to the body, psyche and pocketbooks of some heavyweights in America. As a result researchers have begun to look more closely at the link between body fat and disease to determine the real importance of diet therapy: Is the decision to go on a diet a health choice or a cosmetic cure?

At a recent nutrition conference in Newport Beach, Calif., sponsored by the Dairy Council of California, Dr. C. Wayne Callaway, director of the Center for Clinical Nutrition, Department of Medicine, George Washington University, said the location of fat in the body plays a significant role in health risk for some diseases.

Callaway's research indicates that it may be the

distribution of a person's excess weight — no matter how much or little — and genetic and environmental factors that are really at issue when determining the potential for disease and the need for diet therapy. Physical appearance is the least consideration.

He explained that the male predisposition for coronary heart disease (in addition to genetics and environment), is affected by the fact that men's excess weight usually is carried in the abdomen and chest, whereas a woman tends to harbor her extra poundage in the hip area.

Callaway said that many people who have a predetermined body type and metabolism based on family heritage and environmental climate may be unnecessarily starving and aerobically their

See DIET on Page D3

Looking good

What's new in winter coats

There is a definite morning chill which may have started you thinking about a new coat. What's in for winter '87?

Double-breasted coats in black, cobalt, red, and browns are being shown in both shorter and mid-calf lengths. Another new fashion statement is a large paisley scarf used as a head wrap, or draped dramatically over one shoulder. The scarves, some with fringed edges, complement the clean, uncomplicated lines of this season's new coats and jackets.

Or, if fur is in your future, why not check out one of the sportier new looks for fall. Furred parkas, fur-lined raincoats and duffel coats abound, even in the more opulent sable or lynx. For a more sophisticated evening look, fur designers have created a fuller cut that falls just above the knee.

Improper bra can ruin looks

Jeanette Blumer, a body fashions consultant with The Bon department stores, says an improperly fitted bra or girdle could be spoiling your total look.

Blumer will be traveling around the west this month to offer fitting workshops for customers. She will visit The Bon's Intimate Apparel department in Twin Falls on October 27.



New lines, new lengths for winter coats

Quick takes

Are kids getting fatter today

Our kids are growing up fatter and fatter, according to several recent studies, including one from Harvard.

What's a parent to do? Restrictive diets for children are not the answer, Elynn Satter, a registered dietician and therapist specializing in eating disorders, told Parenting magazine. "At best, only 5 to 10 percent of kids who diet succeed in keeping weight off. More often, dieting causes the very problems parents want children to avoid — eating disorders, impaired growth from inadequate nutrition, feelings of failure and family battles."

Satter advises parents to establish healthy eating habits for their children at birth: Infants must be fed on demand, but once they reach toddler stage, parents can begin to set limits on what, when and where children eat at home.

While parents can't control everything their children eat, they can be responsible for serving nutritious meals in a pleasant setting and regular eating times. Food should be kept out of sight between meals. Snacks such as fruit and yogurt and fresh vegetables should be provided, but only at prescribed times and in specific locations, such as the kitchen or dining room.

Side pains still unexplained

Side cramps, long the pain of runners and other active people, have ruined many an otherwise in-

vigorating workout. Yet the cause of what is sometimes known as a stitch, while the subject of much speculation, has remained elusive. One theory is that the diaphragm (the large muscle that separates the chest from the abdominal cavity) sometimes doesn't receive enough blood during its contractions. This can result in spasms and pain. Another theory is that a stitch is caused by trapped gas pockets in the stomach brought on by exercising too soon after a meal.

Here is some advice on coping with and avoiding stitches, from the University of California, Berkeley Wellness Letter:

— If you get a stitch during exercise, stop or slow down, then bend forward and push your fingers into the painful area.

— Breathe deeply and exhale slowly through pursed lips to help relax the diaphragm.

— Another way to deal with a stitch is to stretch the abdominal muscles by raising your arms and reaching above your head.

— If stitches seem to hit after a meal, wait 30 to 90 minutes before exercising.

— Warm up before exercising.

— Work out at lower intensity for longer periods, rather than suddenly increasing the intensity of the workout. If you are going to increase intensity, do so gradually.

— Well-conditioned runners and walkers don't seem to get stitches very often. The more you increase your aerobic capacity, the less likely you are to be in stitches.

See TAKES on Page D3

Turning to peers could save a suicidal teen's life

By The Associated Press

Teen-agers can play a crucial role in preventing the suicides of other teens, say specialists at New York University Medical Center.

"A troubled adolescent's feelings are often expressed primarily to peers," said Dr. H. Paul Gabriel, professor of clinical psychiatry.

Dr. Edgardo C. Bianchi, clinical associate professor of psychiatry, said adolescence is a transitional stage during which independence from parents is established.

"Part of this process is testing out perceptions with one's friends, one's peer group," Bianchi said. "A trusted friend who can sympathize with another teenager's problems is in the best possible position to discourage the idea of suicide. The most

vulnerable youth is the one who is not close to anyone, who has no one to turn to."

Since the idea of taking one's own life is so foreign to most people, the NYU physicians observed, the expression of that intent may not be taken seriously. "When someone says he or she would rather be dead, never assume the person is joking," Gabriel said. It should be viewed as particularly worrisome if a means of self-destruction is specified.

Other distress signals, he said, may include withdrawal from friends, loss of interest in accustomed activities, falling grades in a previously good student and, often a significant sign, an individual's giving away possessions to others.

A teenager's concern about such an expression

See TEENS on Page D2



To do for you

"To do for you" is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 546, Twin Falls, 83303, or deliver to our office at 132 Third St. W.

Early pregnancy class starts

TWIN FALLS — An early pregnancy class for parents in their first four months of pregnancy will be held today at Magic Valley Regional Medical Center. The class will be held from 7-9:30 p.m. in the Women's Health and Education Center Conference Room located on the second floor.
Fetal development, prenatal nutrition and exercises, warning signs, common misconceptions and physical and emotional changes during pregnancy will be discussed.
The class is free for those already registered for prenatal classes at MVRMC. Otherwise, the fee is \$5. Participants must preregister by calling the Center at 737-2900 between 9 a.m. and 4 p.m., Mondays through Fridays.
Early pregnancy classes are held on a quarterly basis.

Alcohol workshop to be held

KETCHUM — "Children of Alcoholics — Past and Present" workshops will be held Thursdays at 4:30 p.m. at Our Lady of the Snows Catholic Church. The sessions are sponsored by the Walker Center and the Idaho Department of Health and Welfare. For information, call J.C. Smith at 1-800-227-4190.

Prenatal classes set to begin

SHOSHONE — Baby bath and infant care, breast and bottle feeding and practice exercises will be discussed at the Prenatal Classes held Thursdays from 7-9 p.m. in Dr. Davis' office in Shoshone. Cost of the class is \$4. For information call Gayle Goodin, 536-6445.

Support group gathers

TWIN FALLS — "Feeling Good Again," a support group for people who would like to break the "I-Have-to-Do-It-All" cycle, will meet at noon beginning Thursday in room 201 of the Canyon Building at the College of Southern Idaho. The group, sponsored by the Center for New Directions, will be based on the book, "Co-Dependent No More," by Melonie Beattie. For more information or registration call the Center, 733-9554, ext. 361.

Snake River bicycle tour set

KETCHUM — The Snake River Bicycle Tour will be held Saturday with a tour along the Snake River. The 60-mile scenic fun tour is the final one of the season. All snacks, lunch and Shag Wagon are included in the \$18 fee. For information, call The Elephant's Perch, 726-3497.

Less stress program planned

TWIN FALLS — Joyce Camoron, a licensed marriage, family and child counselor, will conduct a one-day workshop entitled "Less Stress, More Joy" Oct. 17 from 10 a.m. to 4 p.m. in room 113 of the Desert Building. The class will help relieve the tension resulting from personal stress patterns.
The fee is \$26. For more information, call 733-9554, ext. 363, or pre-register in the Taylor Building.

Community health fair set

BUHL — The Twin Falls Clinic and Hospital is having a health fair for the community of Buhl on October 17 at Poppelweil Elementary School from 8 a.m. to 2 p.m. Free blood pressure checks, finger stick blood sugar testing, lung volumes and testing for color-related vision will be done. A chemical profile blood test can be done on fasting individuals for \$17 between 8 and 10 a.m.
The local police department will have Mr. McGrutt available to talk with children and the Poppelweil Parent Teacher Network will coordinate fingerprinting of children. All children must be accompanied by parents.
For information call 733-3700, ext. 344.

Magazine says party, get used to hangover

By The Associated Press
The morning after a party you may wake up with a hangover that makes you feel like a swamp critter — and look worse.

Learn to cope with hangover symptoms, advises an article in the current issue of Cosmopolitan, because you probably will over-party again some time.
Alcohol is a diuretic, causing dehydration that leads to headaches and that dry mouth feeling.
Nutrients the body needs are lost in the process of metabolizing alcohol — protein, minerals such as magnesium, calcium and potassium, vitamin B complex, especially thiamine (B1) and folic acid.
Too much alcohol also irritates the stomach, and its metabolites — the products of the breakdown of alcohol — are a toxin.
You can ease some of the effects by coating your stomach lining with milk products and bulky foods before drinking.
Consume lots of water while drinking, before you go to bed and the next day. One medical encyclopedia suggests you drink two pints of water at bedtime.
Dr. Jennifer A.K. Patterson of the New York Medical Center advises cutting down on carbonated beverages. "Sleep with the windows open for humidity and fresh air," she adds.
Alcohol is not the only culprit in hangovers... Your body also must contend with congeners that, add flavor, aroma, color and preservatives to alcoholic beverages and intensify your hangover.
One controversial hangover cure is "hair of the dog" — more alcohol. Brian Morgan, assistant professor of nutrition at Columbia University's Institute of Human Nutrition, disapproves.
"I don't believe in the hair of the

dog," he said. "The brain can break down only a certain amount of alcohol, and more alcohol won't speed anything up."
Morris Chafetz, clinical professor of psychiatry and behavior science at Harvard Medical School, differed somewhat:
"A dose of alcohol may bring temporary morning-after relief because the victim is suffering early, mild withdrawal symptoms — tremors, sweating, sensitivity to light and sound, headache."
But he said you pay for this later. Columbia's Morgan has this prescription for hangovers: antacid for the stomach; analgesic for headache; on waking, eat easily digested complex carbohydrates such as cereal, fruit, bread or toast. Caffeine in coffee or cola dehydrates you more.
One layman's cure is beer. Dan Lessa, director of Manhattan's Bartenders International School, commented: "It works because it's palatable going down, not harsh like Scotch. That's why those brunch-type drinks like screwdrivers and Bloody Marys were created. The breakfast juices disperse the alcohol."

Mandatory AIDS tests before marriage are inefficient and costly combat move

By The Associated Press

CHICAGO — Mandatory AIDS tests for couples wishing to marry, a measure already endorsed by three states, would be an ineffective, inefficient and costly way to combat the deadly disease, researchers say.
"The general belief is premarital screening is inexpensive, unobtrusive and that it will have a large impact on the spread of the virus. That's just not so," said Paul Cleary, a researcher with the Harvard School of Public Health.
"AIDS screening is seen by too many people as a quick fix, and may in fact be a harmful distraction from the more difficult task of developing a comprehensive policy to deal with the problem," said Cleary, one of six authors who performed a cost-benefit analysis of premarital screening.

The group reported its findings in Friday's Journal of the American Medical Association.
The researchers estimate 3.8 mil-

lion people nationwide plan to marry each year, and the potential cost for screening, testing and counseling of them would exceed \$100 million annually.

Illinois, Louisiana and Texas have enacted measures calling for some form of premarital testing by next year, and researchers noted that as of July 31, 79 bills on the subject had been introduced in 35 states.
But the researchers concluded that people planning marriage already have been shown to be a low-risk population for AIDS and that premarital screening would detect fewer than 0.1 percent of people infected with the human immunodeficiency virus, or HIV, a precursor to AIDS in a still-undetermined percentage.
Acquired immune deficiency syndrome is spread most often through sexual contact, needles or syringes shared by drug abusers, infected blood or blood products, and from pregnant women to their offspring.

Homosexual and bisexual men and intravenous drug abusers have been hardest hit by the disease that has killed at least 24,400 people in this country.

The researchers also estimated that while as many as 9,000 of the 3.8 million people screened would test positive on a screening test, only 1,200 people would show up positive on a second, confirmatory test.
"And even with a series of tests, there will still be a substantial number of errors," Cleary said in a telephone interview. "That may be acceptable, given the goal — stopping the spread of AIDS."
"But its impact on the spread of the disease is uncertain," he added, "and these errors (false-positive results) can prove very harmful."
"Even so, it should be emphasized that this particular analysis doesn't argue against testing other populations," he said. "We simply suggest they analyze a number of factors before going ahead."



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Tummy slimming plan needs physical fitness evaluations

The Associated Press

BELLEVILLE, Ill. — In a five-week period, Steve King, pinched about 20 tummies, asked a lot of personal questions and put several people through agony.
But these people were not angry. They were grateful.

Since early June, King has administered physical fitness evaluations to staff and members of the YMCA of Southwest Illinois, Downtown Belleville Center.
Whether people want to trim fat, start walking programs, improve their stretch-at-first-base-or-winter-triathlons, the fitness evaluation can help.
"Whatever they want out of an exercise program, they let us know and we help them to accomplish that," he said.

Doctors and exercise physiologists devised the test for the YMCA, and instructors like King take a week-long course to learn how to give it.
It covers four areas: percentage of body fat, cardio-respiratory fitness, muscular strength and endurance and flexibility. Computer-tabulated results compare a person's fitness to that of others of the same age and sex.
In all test categories, results are discussed. If areas need improvement, King suggests specific exercises.
"It's a good starting point," said King, the YMCA's physical director. People first answer medical questions to reveal whether they are healthy enough to take the test or need a doctor's OK.
"Some people think this is a stress test," King said. "It's not. It's a fitness test. We're not doctors. This isn't any type of medical thing at all."
Then, participants have their rest-

ing heart rate and blood pressure recorded.

The first test is body composition, important because obesity is a health hazard. Using a caliper, the skin is pinched in four places — the chest, abdomen, hip and side.
The sum of the measurements is used to determine percentage of body fat. Although not as precise as body immersion, the caliper is accurate to plus or minus 3 percent.
The second test uses an exercise bike to test cardio-respiratory endurance.
Participants ride until their heart rate reaches the "training zone," 70 to 85 percent of the top rate at which their heart should beat per minute during exercise. The top rate is calculated by subtracting age from the number 220.
Participants begin pedaling at low resistance to warm up and get the heart working harder, as their heart rate is measured. The process is repeated at a second, more difficult level, then at a third.
At each level, the rider must pedal at a steady rate, with the idea to find a plateau, or steady state, at each level up to the training zone.
"Being aware of maximum heart rate will help athletes know when to push and when to back off. It's very important when these people are exercising to take their heart rate and see where they are," King said.
The third test area is muscular strength and endurance. Strength is tested by the number of smooth repetitions in the bench press, in which a weight is pushed up from the chest while lying on a bench.
Participants test their endurance by doing as many sit-ups as possible in one minute.
The final test area is flexibility. Sitting on a measuring device, participants stretch legs in front with

knees slightly bent and lean forward at the waist. The idea is to use your hands to push T-spine as far forward as possible. The farther it goes, the greater the trunk and hamstring flexibility.
"Most people need to work on their flexibility," King said.
"Everybody is always concerned with how strong they are, but flexibility is very important."
Flexible muscles, tendons and ligaments will stretch, rather than snap or pull, in the case of falls or overextension.

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Teens

Continued from Page D1
of intent or puzzling change of behavior or personality on the part of a teen should promptly be brought to the attention of a trusted older person, one's own parent (aunt or uncle); a teacher, a physician, a guidance counselor, perhaps an older sibling. Such a step, the specialists emphasized, should not be viewed as a betrayal of confidence but as a life-saving imperative.

"This can be a difficult decision for a young person," Bianchi said, "but it is necessary. A friend who is dead is no longer a friend. It's better to have the friend temporarily angry at you, but still alive."
Gabriel added that while some explicit "gestures" are not truly attempts at self-destruction but cries for help or expressions of anger at particular people, even if professional cannot come to that conclusion without thorough investigation.
"Every attempt must be taken seriously," he said.

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Child development credentials being offered

Career health day scheduled for CSI

TWIN FALLS — "Health Career Day" will be held Oct. 16 at the College of Southern Idaho.

Representatives from Idaho State University and Boise State University will be available to discuss specific programs as well as show students how they can take one or two years of classes at CSI and then transfer to the appropriate school to complete their education.

The purpose of the event is to give people interested in health occupations a chance to learn about the education options in Idaho for various health careers.

Programs that will be represented are: dental hygiene, medical technology, radiologic technology, respiratory therapy, speech pathology and audiology, health care administration, physical therapy, community and environmental health medical records.

The representatives will be prepared to discuss the job market, salaries, cost of programs, scholarships and special facets or trends for specific careers.

The sessions will be held from 2 to 4 p.m. and 6 to 8 p.m. in the lobby of the Taylor Administration Building.

TWIN FALLS — South Central Community Head Start is co-sponsoring with the College of Southern Idaho a series of Child Development Associate credential training sessions Wednesday through Friday.

Providers of care for young children can earn the national Child Development Associate credential through study and demonstration of competence in a series of study modules which develop knowledge, skills and abilities in providing quality care for children.

Jean Monroe, regional trainer of Development Associates, Inc. will lead all the sessions which are planned for current and potential trainer-advisors, Child Development Associate credential candidates, parents and community members who are involved in the Child-Development-Associate-credential process.

Currently the South Central Community Head Start agency offers Child Development Associate credential training as part of its in-service education program. The Early Childhood Learning Center, a United Way infant and child care agency in Twin Falls, also provides Child Development Associate credential training for its employees and to community child care givers.

CSI will give Child Development Associate training for community members and agencies in 1988.

On Wednesday, there will be an orientation session in Room 113 of the Desert Building from 1:30 to 4 p.m. From 4 to 6:30 p.m. there will be orientation to the Infant-Toddler Child Development Associate credential at the Campus Child Care Center.

A session on "Portfolio Development" will be held Thursday in the Desert Building Room 113. An Overview of the Assessment Process will be given from 1:30 to 4:30 p.m. in the same location. A reception for Monroe will be held from 5 to 7 p.m. in the campus child care center.

A session on Orientation to the Role and Responsibilities of the Trainer-Adviser will be held from 9 a.m. to noon Friday in Room 105 of the Shields Building. Orientation to the Role of Parents and Community Representatives in the Child Development Association credential assessment process will be held from 1 to 3 p.m.

There is no charge for any of the sessions. For more information call Jo Leuze, South Central Community Head Start, 733-9351, or Marian Posey-Ploss, CSI, 733-9554, ext. 308.

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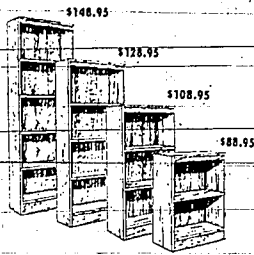
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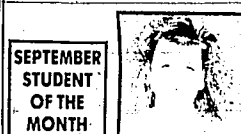
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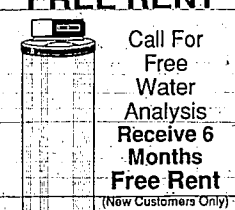
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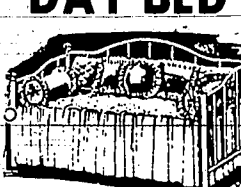
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