



# Attack

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have encountered attacks, but we are on top of the situation. The operation is going on full-scale. The Tamil have Soviet-designed AK-47 assault rifles and hand-made mortars, bombs and landmines. They have a few heavy guns mounted on trucks. A senior Indian official, speaking on condition of anonymity, said Indian troops were searching for Velupillai Prabhakaran, leader of the Liberation Tigers of Tamil Eelam. The Tigers are the most powerful Tamil rebel group. The Jaffna peninsula is their chief stronghold on Sri Lanka.

The July peace accord would give the Tamil some autonomy in the north and east in exchange for ending hostilities. But most Tigers refused to surrender their weapons, officials say. In eastern Sri Lanka, where most of last week's Sinhalese victims were killed, Indian forces conducted house-to-house searches for Tamil guerrillas, an Indian army officer said. He said a Tamil rebel was killed Sunday in Batticaloa. Dixit said 39 militant Tamils were arrested in Batticaloa and Trincomalee, a Tamil stronghold in the east, bringing the number of detained Tamils to more than 180. "We will continue the pressure on the ... (Tigers) for having obstructed

the accord," Dixit told The Associated Press in an interview. India, which has a politically powerful Tamil minority of its own, had been accused by some Sri Lankan officials and news media of failing to act forcefully against the Tigers. About 6,000 people have been killed in the four-year-old Tamil guerrilla war. Of Sri Lanka's 16 million people, 75 percent are Sinhalese and 18 percent Tamils. Most Sinhalese are Buddhists. Most Tamils are Hindus. The island also has small Christian and Moslem minorities. The Tamils accuse the Sinhalese of discriminating against them. On Sunday, the Indian government moved against Tigers operating from exile in south India. Police raided Tiger offices in Madras and two other towns in India's Tamil Nadu state, ancestral homeland of the Sri Lankan Tamils. A senior police officer, speaking on condition of anonymity, said telephone lines were cut and six radio sets were seized. Tiger spokesman S.K. Kittu said 50 Indian police raided his group's offices at dawn Sunday. He called reports of massive Tiger casualties in Jaffna "absolute nonsense."

# March

Continued from Page A1

said was endorsed by religious groups, civil rights organizations, political associations and community activists across the nation, came off smoothly and was unmarred by violence or injuries, according to Washington, D.C., police. As they made their way through the streets, many demonstrators embraced each other with great emotion and held hands. A group of AIDS patients, some in wheelchairs and others walking with canes, raised fists in triumph as crowds along the downtown route cheered. "But for others it was a day of anger. Numerous marchers held signs charging that the Reagan administration has not allocated enough funds for AIDS research. Others mocked the president's AIDS Commission, saying some of its members are homophobic and know little about the disease. "Today, I feel great anger and embarrassment," said Hugh Magladry, 35, a Los Angeles caterer with AIDS-related complex, a medical precursor of the deadly virus, as he walked slowly past the gates of

the White House, arms linked with other demonstrators. "People are dying and this Administration pretends that the problem will go away. It reminds of an old line: Just when I think I'm cynical enough to get by," he said. "Seconds later, Magladry and his friends were greeted by the taunts of several hecklers who waved placards urging marchers to "repen" and "remember Sodom." One man, grasping a bullhorn, kept yelling, "Shame on you for what you do, and was answered by jeers from hundreds of demonstrators. "As the march continued, unsuspecting tourists who had wandered down to the White House for an afternoon of picture-taking stood quietly on the sidewalk, watching the colorful parade. "When they began gathering in front of the Capitol, demonstrators at one point heard several off-color heavily amplified songs about gay and lesbian dress and sexual behavior. They cheered with enthusiasm. "This weekend, Washington D.C.

is ours," the Rev. Troy Perry, a founder of the Metropolitan Community Churches, told the audience. "This is the gay capital of the world!" Indeed, organizers said they had other events planned for the remainder of the week, including a national strategy planning meeting and a non-violent vigil in front of the U.S. Supreme Court, to protect a decision that upheld a Georgia law banning sodomy. "We are here for high visibility events," said Oshy. "This is a chance for every gay and lesbian person to feel pride in themselves once and for all." But there were poignant moments as well. Hundreds of marchers, in a ritual reminiscent of visits to the Vietnam War Memorial, walked quietly around a sprawling, widely embroidered quilt on the Capitol lawn listing the names of thousands of AIDS victims. "One marcher sank to his knees, took off his cap and wept when he saw the inscription honoring his lover, who died this year. "For some of us, this is a day of hope," said Tom Panagiotatos, from San Francisco, as a light rain fell. "But it is also a day of great sadness and loss."

# Nessie

Continued from Page A1

"I didn't even expect him to prove or disprove it," said Jean Slesser, an area tourist board official. "I think most people believe there is something different down there." Next to Edinburgh Castle, Nessie ranks as the second most popular draw for Scotland's \$700-million

tourist industry. But undoubtedly the happiest people at the inconclusive outcome were London-based bookmaking firm William Hill. They had attracted some brisk betting at 100-1 against finding a monster and stood to lose over \$1.5 million if Nessie had grinned recognizably into the sonar screens.

# Funds

Continued from Page A1

deposits, Slocum said Mountain State had to turn to out-of-state investors to generate the money, in addition to the state investments. "Normally, Idaho is a capital deficit state," he said. "There are always high loan needs, especially in construction, and never enough money." However, not all banks in the state bid on state money, or need it, Edwards said. "If they have a sufficient number of deposits, they don't usually need our money," she said. "Or they may not have enough collateral to tie up for long periods of time." Ken Coiner, senior vice president and chief financial officer of Twin Falls Bank & Trust, said his bank has not competed for state money because the loan demand is not strong enough. "Our loan growth has not kept pace with our deposit growth," Coiner said. "In the area of capital expenditures, we've noticed a tremendous decrease." Coiner said he believed that was true of most Twin Falls banks and savings and loan associations. Because of the depressed agricultural economy, people have tightened their belts and bought less equipment, fertilizers and herbicides the last two years.

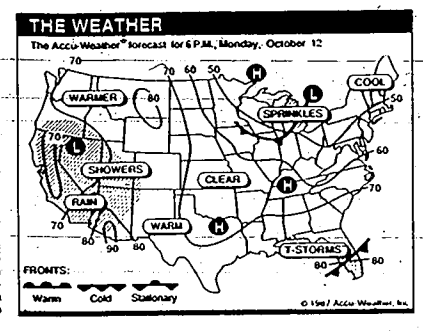
Currently, there are no Twin Falls banks holding invested state money. "This area has cut back in its loan demands, and that's a big key," Coiner said. "I think those demands are stronger in the Boise area." "If the money was needed by banks, Coiner said state funds are an excellent source of capital. "I think the state has done a good job of providing funds where they're needed," he said. CLASSIFIED ADVERTISING PHONE 733-0826

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# Today's weather

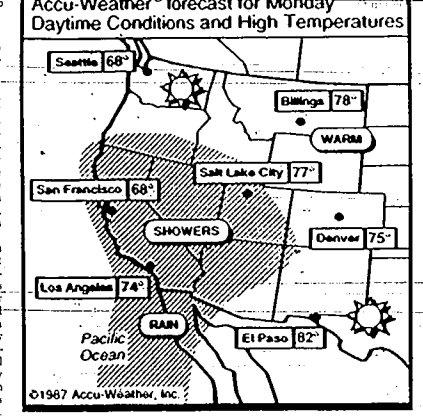
## Cooling trend brings chance of rain

Twin Falls, Burley, Rupert, Jerome and Gooding. Sunny this morning with increasing clouds in the afternoon. Highs in the mid-70s. Southeast winds 5 to 15 mph. Tonight, partly cloudy. Low near 40. Tuesday, mainly cloudy with a chance of showers. Highs 65 to 70. Camas Prairie and Wood River Valley. Mostly sunny and mild today. Highs 70 to 75. Tonight, increasing clouds. Lows 30 to 35. Tuesday, partly cloudy with a chance of showers. Highs 65 to 70. Northern Utah and Nevada. Utah - Mostly cloudy today with scattered showers and a few thunderstorms mainly over the western portion. Showers and thunderstorms increasing over the state tonight and Tuesday. Heavy south winds in the western valley today. Low tonight in the mid-40s to mid-50s. Highs in the 70s, dropping to the mid-60s to mid-70s Tuesday. Nevada - Occasional showers and thunderstorms today. Mostly cloudy with scattered showers tonight. Decreasing showers from the west Tuesday. Lows mid-30s to mid-40s. Highs both days in the mid-60s to mid-70s. Lows tonight in the 40s.



Summary: The National Weather Service says high pressure continued over Idaho Sunday, providing the state with more sunshine and pleasant daytime temperatures. However, a low pressure area off the California coast will slowly move to the east the next few days. This low combined with moisture moving north out of the remains of Hurricane Ramon will likely spread clouds over southern Idaho today with the chance of a few showers over the south on Tuesday. The best chance of showers will be over the southeast. The highest temperature in Idaho Sunday was 75 degrees at Twin Falls, while Stanley was the coldest spot with a low of 49 degrees. The agricultural outlook for Southern Idaho is for excellent conditions for harvest and field work today except for freezing temperatures in the Upper Snake River valleys, in the morning. Conditions will be generally poor Tuesday due to showers. Amounts will total a quarter inch or less with most rain falling over the eastern counties. Dry weather will return Wednesday and continue through Friday. Westerly winds will increase Thursday and continue Friday along with cooler temperatures. Four-inch soil temperatures will be below 45 degrees in the eastern counties until around 10 a.m. today. Winds for spraying will be southerly 5 to 10 mph today becoming westerly 10 to 15 mph for Tuesday. Southern Idaho's extended forecast is for a fair Wednesday. Partly cloudy with a few

## REGIONAL WEATHER



mountain showers Thursday. Fair and cool Friday. Highs in the 60s Wednesday and Thursday cooling to mid-to upper-50s for Friday. Lows in the 30s. Elsewhere in the nation Sunday, the highest temperature was 96 degrees at Bullhead City, Ariz., and the lowest was 7 degrees at West Yellowstone, Mont.

Table with National weather data for various cities including Kansas City, Las Vegas, Memphis, etc.

Table with Idaho weather data for various cities including Boise, Idaho Falls, Pocatello, etc.

# Index

Index table listing categories like Comics, Classified, Dear Abby, Horoscope, Idaho, Jo Ann Larsen, Magic Valley, Nation, Opinion, Obituaries, People, Sports, Reach, West, World.

Circulation: Circulation figures are mailed between 7 and 10 a.m. only. If you do not receive your paper by 7 a.m., call the number for your area: Jerome-Wendell-Gooding-Hagerman Burley-Rupert-Paul-Oakley Buhl-Castler Filer-Rogerson-Hollister Twin Falls and all other areas NEWS Stephen Hartgen, managing editor If you have a news tip or wish to talk to someone in the editorial department, call 733-6931 between 9:30 a.m. and 5:30 p.m.-weekdays. To report late news and sports results, after 5:30 and on weekends, call 733-6936. Advertising: To place an advertisement, call 733-6931. Classified ads, call 733-6625 Monday through Friday from 9 a.m. until 5 p.m. and Saturdays from 9 a.m. until noon. Information on display ads is available weekdays only.

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Snake River Pool & Spa and SPA TEAM advertisement for Dennis Conrad, featuring Sundance Spas and pool services.



# Opinion

## Comedy is great, but some prefer human conversation

Stop the world. The video version of being forced to listen to a comedy record is here. You know the situation: You are invited to someone's house for the evening and before you can run screaming from the house, they whip out a new comedy record by some brassy comedian and force you to listen to it. They sit you down in front of the stereo and make you listen to the whole bloody thing, both sides. No conversation permitted.

Worse, they have already heard it several times themselves. And they sit facing you as they give you the pleasure they are giving you. They watch to make certain you are laughing in the right place. And if you don't get what they consider a joke, they back up the tape or the record and reread it by you again. The only way to avoid hearing it a third time is to fake a laugh.

They have unilaterally decided which are the funny parts. And they tell you. They say things like, "Listen to this one. This is



Bill Hall

really great."

Or, "Pay attention here now. You're going to split a gut when you hear this one."

And then when the gag comes, they laugh uproariously, more than they did the first time they heard it. They are trying to lead you in laughter and thereby ratify their own judgment that this is really good stuff.

Call me a fool but when I go to someone's house for the evening, I want to sit and talk with live people. It's called conversation. First they say something. Then you say something back. Then they say something. And so on. A couple evenings without the stereo on and practically anyone can get the

hang of it.

I don't want to sit and be talked to by someone on a record. I don't want to be held prisoner in an impromptu comedy club.

But it could be worse. Friends of mine were recently invited over for dinner by a couple they knew rather casually. Unknown to my friends, their hosts had recently gone through a Born Again experience. After dinner the host sat and read the Bible to his guests for more than an hour, explaining what some of the more obscure passages meant.

Comedy records today are somewhat the opposite. They are sold for the most part to 14-year-old boys. And 14-year-old boys are easily amused by the outrageous and the shocking. Consequently, many of these records feature a stream of obscenities. When a young comedian is short on actual jokes, he simply utters an obscenity and all the 14-year-olds in the audience fall on the floor laughing.

I don't mind an occasional heartfelt ob-

scenity when the occasion warrants. Indeed, I would be the first to use such a word if someone ever held me prisoner after dinner and tried to convert me. Such words have a place.

But there is something tiresome about hearing America's favorite four-letter obscenity 127 times during a 60-minute comedy routine. Eddie Murphy, for instance. If you removed that word from his vocabulary, he would suddenly have a 15-minute comedy routine.

I feel the same way about any word, obscene or not. If a comedian said "table" 127 times in a 60-minute routine, I would get weary of it.

But when it is my stereo, I can turn it off. However, when it is the stereo of an alleged friend and he is sitting there, not only blocking my escape but telling me where it's funny and watching my face to make certain I laugh at the good parts, I get mean. I refuse to laugh. It could be the comedy routine of all time, and I sit there blinking and

looking puzzled.

I have never felt so mean as one recent weekend. A flock of us had gathered at a lodge for a family reunion. We only had a few hours together and yet, one nameless relative brought a favorite comedy video tape with him. He rented a video recorder and made all 26 of us give up our conversation and sit there and watch an hour of what he assured us was terrific stuff.

Apparently sensing my dullness, he stood behind my chair, telling me when the good parts were coming and roaring with inflated laughter to prove it was as funny as he said it was.

Of course, I became sullen and mean and uttered Eddie Murphy's favorite word under my breath about 127 times.

(If you find this column amusing, why not invite a friend over tonight and read it to him, whether he wants to hear it or not?)

Bill Hall is editorial page editor of the Lewiston Morning Tribune.

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## Opportunity lies in a regional plan

Sen. James McClure: Thank you for your courteous and prompt response to our letter urging you to support vigorously a peaceful resolution of the conflicts in Central America. As you and we are painfully aware, the past years of killing people and laying waste to the countryside in El Salvador, Guatemala and Nicaragua have not brought peace or true democracy in any of those countries.

We now have a real opportunity, for the first time in many years to put the strength of our country behind a regionally created and supported plan to resolve these conflicts.

Please understand that what is at work here is a structure which is built piece by piece on negotiated understandings and agreements. From what has evolved thus far in the countries which are mutually subject to the terms of the Arias proposal, it is evident that Nicaragua's government has made far more substantive moves toward compliance with that proposal than has, for example, the country into which we have poured major economic and military support for the past seven years, El Salvador.

**Douglas, Ann Christensen**

Central America — these countries cannot survive without our help. It is always possible to return to killing if a discernible pattern of change toward democratization does not occur through negotiation. The Nicaraguan political leadership has asked again and again over the past 6 years for a dialogue with our government.

Our president has met many times with political demagogues, who have been shown to be corrupt and cruel dictators. Are we afraid that the Sandinistas carry some form of political/economic AIDS? As to support from the Cuban and Soviet governments, it is well known that the Nicaraguan government sought Soviet aid only after our government cut off all aid in 1981, and again after President Reagan enacted an economic embargo in 1985. Our policies have forced them to go elsewhere for help. As an integral part of the Arias agreement, all foreign military aid to the Central American countries must cease, and all military presence by foreign forces must be removed. That, of course, includes the Soviets and Cubans as well as the U.S.

1. Authorized the re-opening of La Prensa, which has published, without censorship.
2. Authorized the Catholic Church radio station to begin broadcasting again, without censorship.
3. Agreed to amnesty provisions for returning Contra army members.

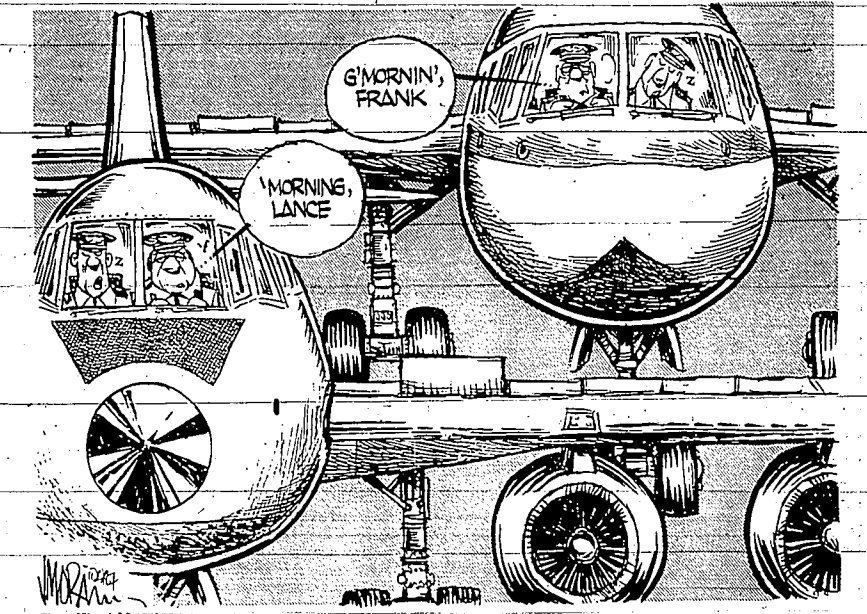
What progress toward similar commitments has the Duarte government made in El Salvador? The press has reported none to date. Meanwhile political and economic repression are a way of life in that port of the years. Democratic opposition and open discussion are not possible in El Salvador.

In addition, a neutral review of the composition of the joint committees set up by the Nicaraguan and El Salvadoran governments shows a notable lack of non-partisan selection in the selection by Duarte's administration of that committee; while foreign observers have commented positively on the pluralism reflected in the Nicaraguan committee.

Any process can be considered negatively and filled with flaws, if it is the desire of our political leadership to force the future of that process. Our country's support of this peaceful process is essential to its success.

While I respect your continued loyalty to President Reagan, reality and humanity demand that we put aside the failed policy of pursuing military adventures in this wounded region. Hence a chance. Don't you think it's time? We still hold most of the cards in

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## Politics and air safety just don't mix

**Barry Schiff; Bart Everett**

At 10,000 feet, the view from a jetliner's cockpit approaching Los Angeles is often spectacular. Forty miles ahead, the Pacific Ocean sparkles through the periscope to the right tower, the San Gabriel Mountains; to the left, foothills and valleys undulate beneath a misty veil.

But as the captain reduces speed for the final approach into Los Angeles International Airport, he has his eyes on more than just the scenery. He and others in the cockpit are scanning the skies for other traffic, for this is the busiest airspace in the world. And human eyes — even in the so-called "radar environment" — are a pilot's first line of defense.

Not only is there an almost incessant flow of jetliners and other aircraft arriving and departing the airport, there usually are many other aircraft, large and small, crisscrossing the Los Angeles Basin en route to other destinations.

Over the years, methods of keeping this traffic safely separated around busy hubs like Los Angeles have become highly efficient, but not perfect. The machines are more reliable than ever, the pilots more highly trained. But there are still brushes with the unexpected, and — on rare occasions — a fatal mistake or failure.

Seldom, however, have political actions had a negative effect on aviation safety. Yet that is what happened last month when the new Federal Aviation Administrator, T. Allan McArthur, ordered a change that adversely affects pilots who fly in the Los Angeles area. A few days later, Elizabeth Dale, before she quit her job as secretary of Transportation, announced similar plans for six other busy terminal areas. While the public may believe their actions enhance safety, aviation professionals, including those within the FAA, know better.

Most of the traffic over busy areas belongs to the huge general-aviation fleet, a segment of the aviation community little understood or appreciated by the public. These aircraft are often and erroneously referred to as "little airplanes" flown by "private" pilots.

Critics who have become aviation experts by riding in the back of jetliners don't bother to weigh the value of non-jetliners, or their need to share the skies with the airlines. They suggest, simply banning "little airplanes" — general aviation — from major metropolitan areas. That could be done, but it would be as ill-conceived as banning private automobiles from the freeway system in favor of public carriers. Airplanes not operated by airlines provide broad and useful services.

combined. General aviation accounts for 92 percent of all U.S. takeoffs and landings, and the FAA classifies only 6 percent of these flights as "recreational."

Using a wide variety of aircraft — from single-seat to transport — general aviation, makes possible air ambulances, aerial fire-fighting, crop dusting and spraying, air search and rescue, aerial law enforcement, aerial news and traffic reporting and a plethora of other vital services, including critical delivery of human organs for transplants.

Although lacking the high profile of the airlines, general aviation encompasses every type of civil flying imaginable except scheduled airline flights. Pilots, regardless of the aircraft they fly, share a deep concern for safety. General aviation pilots and their passengers have the same aversion to a midair collision as do airline pilots and their passengers.

But general aviation pilots were accused of lacking a concern for safety when they objected to McArthur's emergency ruling that increased the size of the terminal-control area (restricted airspace) surrounding the Los Angeles airport. Little noted were similar objections by the Air Line Pilots Association, the National Air Traffic Controllers Association, the National Air Transport Association and virtually every other aviation organization interested in safety. The reason is simple: The FAA's emergency regulation increases the potential for midair collision.

The aviation industry blames such an ill-conceived regulation on political expediency. Industry leaders contend that, as the first anniversary of the Cerritos, Calif., midair collision approached, public attention would focus on what the FAA had done to prevent a similar tragedy. Since the FAA had done virtually nothing, action was needed to avert face. Hence, McArthur, bypassing the normal rule-making process, made a change certain to be applauded by the public at large: After all, who could oppose "safety"?

Thus the FAA gained the immediate support of people alarmed and frustrated by overcrowded terminals, delays and an image of "crowded skies." Sanitizing huge chunks of airspace, they were told, would eliminate the potential for midair collision. If this solution seemed too simple for such a complex problem, few outside the aviation industry noticed.

Before the emergency regulation, general-aviation aircraft had safe routes across the Los Angeles Basin: Pilots could fly over the terminal-control area above 7,000 feet, or fly through an FAA-designated corridor over the Los Angeles airport between 2,500 and 5,000 feet.

The new regulation effectively blocked both of these routes to the large volume of traffic that flows north and south over Los Angeles. The top of the terminal-control area was raised to 12,500 feet, making overflight impractical for most general-aviation traffic. But that is not at the heart of the dispute.

The regulation also closed the corridor above the Los Angeles airport. Even though this had never been a hazard, McArthur reasoned that raising the top of the terminal-control area would dangerously increase traffic in the corridor. But by diverting both the overflights and the corridor traffic, the new rule adds to the very hazards it was intended to eliminate.

Traffic that once safely overflew the terminal-control area now skirts it 30 miles east of the Los Angeles airport — at precisely those altitudes occupied by airline traffic approaching the airport. Other general-aviation traffic now flows under the terminal-control area and over downtown Los Angeles. Funneling traffic in this way increases congestion and the risk of midair collision over heavily populated areas.

General aviation pilots seeking to avoid those routes can and do request permission to fly through the enlarged terminal-control area — thereby increasing the workload of already overburdened air-traffic controllers. And the "limitations of the air traffic control system" were cited by the National Transportation Safety Board as the single probable cause of the Cerritos disaster.

Additionally, McArthur's order — and similar plans for 28 other large airports in the United States — is just as inappropriate in the wake of the Cerritos crash as were the regulations instituted after the midair collision over San Diego in 1978. Neither set of regulations changed the conditions under which those disasters occurred. Yet in both cases the public was led to believe the system had been "fixed."

There have been many viable suggestions for accommodating increases in airline traffic. The one favored by many experts involves the designation of "sterilized corridors" exclusively for traffic using major terminals. Such a plan would leave an abundance of airspace for general-aviation traffic while increasing protection for the airlines. This and other logical concepts have been dismissed without explanation.

For the crew of the Los Angeles airport-bound jetliner, traffic avoidance is only one of many concerns. The responsibilities of a pilot are technically complex and sometimes difficult for passengers to understand. The architecture of the air-traffic system is similarly complicated and best left to those who understand and deal with it routinely. Politics has no place in aviation safety.

Barry Schiff is an L-1011 captain for a major airline and an aviation journalist; Bart Everett is a general-aviation flight instructor and a Los Angeles Times news editor.

Douglas and Ann Christensen are residents of Stanley.

**Letters welcome**

The Times-News welcomes letters to the editor but will reject those it considers libelous or in bad taste. Each letter must be signed; and should include the writer's mailing address. Letters of more than 400 words may be edited for length.

## Soviet minister says he'd rather see a farm

WEBSTER CITY, Iowa (AP) — The secretary of the Soviet Politburo cut short a presentation by an Iowa State University economist Sunday, saying he didn't need to learn about capitalism, and asked instead to see a farm or laboratory.

Secretary Viktor Nikonov, who heads a Soviet agriculture delegation touring the United States, said the Soviets were not studying American methods so that they could replace their socialist system with capitalism.

"I'm not going to redo your social structure," Nikonov said through an interpreter. "You're not going to redo ours either."

His comments came when he halted a presentation on computer modeling by Iowa State agricultural economist Stanley Johnson, who heads the Center for Agricultural and Rural Development.

"I'd like to see a laboratory or farm," Nikonov said.

The eight-member Soviet agriculture delegation left later in the day for Florida, where they were to visit Walt Disney World on Monday.

Nikonov invited Johnson to make his presentation at a conference on humanitarian development of scientific efforts in the Soviet Union. He said Soviet experts would be available to refute Johnson's assertions.

That will be neither feathers or down left from your

presentation," Nikonov said. House Agriculture Committee Chairman E. "Kika" De La Garza, D-Texas, who invited the Soviet delegation to the United States, said the Soviets were here to learn science, technology and biology and not economic reports.

Johnson said he only offered the analysis "to show you how we view the world. We have great respect for how others view the world as well."

Nikonov, 58, an agronomist, was more at home touring the Garst Seed Co. plant at Slater and the Van Diest Supply Co. near Webster City.

Nikonov is the only Politburo member other than Soviet Foreign Minister Eduard Shevardnadze to visit the United States since Mikhail Gorbachev came to power in 1985.

Garst Seed chairman Steve Garst, whose father, Roswell, quired Soviet Premier Nikita Khrushchev around his Coon Rapids farm nearly 30 years ago, invited the Soviet officials to spend a weekend at his home so he could show them the real Iowa.

"I'd like to come back," Garst said.

Garst told Nikonov and Soviet Ambassador Anatoly Dobrynin that they were not getting a true picture of the state on a two-day visit to Iowa agricultural manufacturing and research companies.

## KKK membership declining,

# Finances tangled up by court lawsuits

ATLANTA (AP) — Once a mighty Southern institution whose hooded members staged gruesome lynchings and hob-nobbed with powerful politicians, the Ku Klux Klan has fallen on hard times in the land of its birth.

Klan watchers across the South, and even KKK members themselves, say the so-called "invisible empire" is at its lowest ebb in decades. They largely attribute the Klan's dwindling influence and shrinking membership to the federal government's legal campaign against racial violence and a rash of successful civil suits filed on behalf of KKK victims.

The Klan's most crushing setback came in February when an all-white jury in Mobile, Ala., ordered Robert Shelton's United Klans of America to pay \$7 million in damages to the mother of a young black man hanged from a tree after his throat was slit by Klansmen in 1931.

"That was stunning," conceded Imperial Wizard James Venable of the National Knights of the Ku Klux Klan. "Robert Shelton and the UKA have all but been put out of business. I've been in the Klan since the 1920s, and I never thought I'd live to see something like that."

Venable, an 82-year-old Stone Mountain, Ga., attorney, has held a Klan rally every Labor Day weekend since 1930. He says he can't remember when things looked worse for the KKK.

"All these suits have everybody afraid to turn around for fear we'll be taken to court," he said. "This past summer was one of the quietest, as far as Klan activity goes, I can ever remember."

In the Alabama case, the UKA, for years the strongest and most violent of the 40-odd Klan factions around the country, was first hit with the convictions of two members in the murder of 19-year-old Michael Donald. Then came the civil suit, in which attorneys for the Southern Poverty

Law Center won a landmark judgment from the white jurors who held that the UKA, along with six of its members, was financially liable for Donald's lynching.

"It was an especially important decision because it marked the first time a Klan organization ever has been held liable for the actions of its members," said Morris Dees, an Alabamian who serves as executive director of the SPLC, a nonprofit law firm based in Montgomery.

The Donald case, in which the UKA had to deed the title of its Tuscaloosa office building to the dead man's 67-year-old mother, Beulah Mae Donald, was the SPLC's fourth major triumph over the Klan in recent years. Other cases considered victories by the SPLC include:

— A 1980 civil suit against the Invisible Empire, Knights of the Ku Klux Klan, of Gardendale, Ala., on behalf of Southern Christian Leadership Conference demonstrators who were attacked by Klansmen at Decatur, Ala. The suit has yet to be tried, but the SPLC produced evidence that led to the 1984 indictment of 10 Klansmen, two of whom have pleaded guilty to civil rights charges.

— A 1981 suit filed in Galveston, Texas, on behalf of the Vietnamese Fishermen's Association against the Texas Knights of the Ku Klux Klan.

— A federal judge ordered the KKK to quit harassing the Vietnamese fishermen and shut down its paramilitary operation.

— A 1984 federal suit in North Carolina against the White Patriot Party, which was ordered to cease its paramilitary activities. The SPLC later produced evidence that the court order was being ignored, leading to the conviction of two WPP leaders and the organization's disintegration.

"These suits and others have stemmed from

our Klanwatch Project, which we started in 1980 in an effort to drain the Klan's financial resources," Dees said.

Dave Holland, Grand Dragon of the Atlanta-based White Knights of Georgia, says the SPLC strategy has worked to perfection.

"Dees wants to keep us tied up in court and the Southern Poverty Law Center has enough money to do it. What's more, he works hand in hand with the government," Holland said as he pulled on his white uniform at the Stone Mountain Labor Day rally.

"Much as I despise him, I have to admit he's a genius at what he does. It keeps us broke just paying our legal fees."

Holland, a construction worker, is currently a defendant in a suit brought by Dees against Klansmen who harassed Atlanta Councilman Hosea Williams and other civil rights marchers last January in Forsyth County, Ga.

A week after that incident, 25,000 demonstrators from across the country joined Williams for a second parade in Forsyth County. In August the KKK staged its own march in Forsyth County and drew about 100 participants.

"That just shows you what a pitiful state we're in these days," grumbled Venable. "Hosea Williams can get thousands of people out to march and the Klan gets 100."

He looked around at the some 400 self-proclaimed "racialists" attending his Labor Day rally and shook his head.

"Used to be we had dozens of chartered buses from all over the country bringing people in for our Labor Day rally. Why, governors used to be KKK members. Now look at us."

Stuart Lowengrub of the Anti-Defamation League's southeastern office in Atlanta also sees the Klan losing its clout.

## Committee studies chemical hauling

WASHINGTON — Amid increasing concern about hazardous chemicals being shipped on the nation's highways, a House subcommittee will open hearings this week on proposals to tighten controls over the practice.

The federal Department of Transportation is responsible for overseeing shipments of hazardous chemicals on the nation's highways, but records show that thousands of toxic chemicals are trucked every day over major freeways without federal knowledge or control.

Many of the chemicals could cause massive fatalities if accidentally spilled, experts say. "It makes you wonder who is minding the store when it comes to the movement of such dangerous chemicals," said Rep. Cardiss Collins, D-Ill., whose House subcommittee will hold the hearings here and on Oct. 19 in Los Angeles. In Los Angeles, officials are seeking to ban the shipment of potentially deadly rocket fuel that has been routinely trucked through the heavily populated San Fernando Valley to Vandenberg Air Force Base.

Federal officials, while acknowledging shortcomings in the way they regulate the highway transport of hazardous materials, say they are taking steps to gain tighter control.

"We have an enviable record," said Alan Roberts, who directs the Department of Transportation's hazardous transport section, "especially when you consider the billions of tons that are shipped on the freeways."

With more than 426,000 trucks shipping chemicals over the nation's highways, there have been 54 deaths reported nationwide in the last 10 years as a result of hazardous materials accidents. The number of incidents, ranging from freeway spills to minor chemical releases, declined from 14,835 in 1977 to 4,546 last year.

## NBC union submits contract to members

NEW YORK (AP) — A union committee negotiating in the 15-week-old strike against NBC will submit a contract proposal to members, a spokesman said Sunday, and NBC said it hoped for quick ratification.

The National Association of Broadcast Employees and Technicians, AFL-CIO, will submit the proposal without recommending whether its members approve or reject it, said John Krieger, assistant network coordinator for the union.

Results of the vote will be announced Oct. 19, he said.

The strike, which enters its 16th week Monday, involves 2,800 engineers, camera operators, news producers, graphic artists, newswriters, news editors, couriers, building service and other employees in New York, Washington, Chicago, Cleveland, San Francisco, Los Angeles, Burbank, Calif., and news bureaus across the country.

Krieger said 15 units of the union will vote on the proposal. If one unit rejects it, it could hold up the entire process.

"The fate of this thing being accepted is uncertain. The best I can say — I would not dare to make a prediction," he added. A growing number of union members had been asking they wanted

But critics such as Rep. Henry A. Waxman, D-Calif., say the Department of Transportation has failed to adequately protect the public from the estimated 927 million tons of hazardous chemicals trucked annually. The Reagan administration's determination to deregulate the trucking industry, he charges, has left it unwilling to ensure the safety of shipments of hazardous chemicals.

In one Southern California case, for example, the Department of Transportation gave truckers permission to haul a lethal chemical called liquid cryogenic fluorine to TRW laboratories in San Clemente several times a year along congested freeways in Orange and Riverside counties, even though alternative routes are available through less populated areas.

Separately, Los Angeles officials began trying to ban the shipment of a rocket fuel, nitrogen tetroxide, after the Los Angeles Times reported last month that the Air Force regularly trucked the fuel through the San Fernando Valley. The Department of Defense agreed to halt transports for 60 days, but there has been no agreement on a permanent ban on the chemical, whose fumes may be fatal if inhaled.

Elsewhere, some state and local governments have passed their own restrictions. That, in turn, has led to a nationwide patchwork of confusing, parochial bans on chemical shipments that pit neighboring communities against each other and frequently trigger lawsuits from the trucking industry.

Congressional critics, private experts, local government officials, trucking industry leaders and chemical firms have urged that the Department of Transportation more diligently enforce the 1976 Hazardous Materials Transport Act, which gave the department power to:

— Issue specific guidelines for lo-

cal governments, chemical companies and trucking firms on the routes to be chosen for shipping dangerous chemicals.

— Develop a national data bank on the amounts of chemicals being transported over the highways, the companies that ship the materials and the routes they take.

— Help train local police and fire officials on the proper response to chemical spills.

None of these goals has been fully met, according to a 1986 report by the Office of Technology Assessment, a research arm of Congress.

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# Comics

## Frank and Ernest

**EMPLOYMENT COUNSELOR**

WHY DID I LEAVE MY LAST JOB? WELL, I DIDN'T THINK I SHOULD HANG AROUND AFTER I'D BEEN FIRED.

BY LAST WEEK, NO ONE IN THE EXTENDED BUSH CLAN WAS ON SPEAKING TERMS.

FIRST, GEORGE'S STEPMOTHER-IN-LAW MADE A POLITICAL CONTRIBUTION TO JACK KEMP'S PRESIDENTIAL CAMPAIGN...

THEN HIS SECOND COUSINS, TED AND BOOTS, DEFECTED TO THE AL HAGG JUGGERNAUT, BUT TO GEORGE, THE LAST STRAW WAS...

...THE CALCULATED BIGHT FROM HIS LONG-LOST EVIL TWIN, SKIPPY!

PEPE DU PONT! I GOT IT! WHI!

## Garfield

HMM. MY HOROSCOPE SAYS I'M GOING TO BE VISITED BY AN OLD ACQUAINTANCE TODAY!

**SPURT**

UNCANNY

## Hagar the Horrible

ROARRR!!

BREATH MINTS

## The Born Loser

OKAY, I'M CALLING YOUR BLUFF! NOW YOU'VE GOT IT, WHAT ARE YOU GONNA DO WITH IT?

## Beetle Bailey

BEETLE WANTS TO TRADE AND GO ON K.P. TUESDAY

I HAVE HIM SCHEDULED FOR MONDAY

WHAT'S WRONG WITH MONDAY?

HE DOESN'T LIKE TO GET UP THAT EARLY IN THE WEEK

## Gasoline Alley

Well! Let's head for home!

I've missed Gasoline Alley!

Everything looks the same!

Nothing much changes here!

Teeha! How do you like the old town?

It all NEW for me!

## Peanuts

ME?

NO! I'M OFFENDED THAT YOU WOULD EVEN SUGGEST IT!

I REFUSE TO ENTER A LOOK-ALIKE CONTEST!

## Blondie

WHEN JULIUS AND I WERE NEWLYWEDS...

I'LL NEVER FORGET OUR FIRST QUARREL

I THREW HIS FAVORITE SUIT OUT OF THE WINDOW

THAT MUST HAVE MADE HIM ANGRY

I'LL SAY... HE WAS STILL IN

## Andy Capp

CHEER UP! WAIT! IT MIGHT HAPPEN

IT'S OKAY FOR HIM. HE'S FOUND A GIRL WHO FITS THE DAY - HE GOES STRAIGHT TO BED

## Wizard of Id

THERE'S THAT GUY WITH THE LITTLE BLACK SUITCASE, WHO'S ALWAYS FOLLOWING THE KING AROUND

THAT'S IN CASE A WAR BREAKS OUT

WHAT'S IN THE SUITCASE?

A TICKET TO ROME AND SOME CLEAN UNDERWEAR

## Broom-Hilda

OOOH! I WOT A LOVELY SPOT FOR A PARTY!!

SORRY, LUV, IT'S A PRIVATE AFFAIR, BUT - CAREFUL, THEY'RE CRAMMED WITH GIVENCHYS AND ST. LAURENTS...

PARTY? RIGHT ON!

WHO ARE THEY? FERGIE SOMEBODY!

## Hi and Lois

HOW-COME YOU'RE ONLY PUTTING 3 CANDLES ON MY CAKE?

BECAUSE WE ONLY HAVE 3 CANDLES!

BUT I'M NOT 3, I'M 6 NOW!!

WHAT ARE YOU DOING?

CUTTING CANDLES IN HALF

**ACROSS**

- Snoopy person
- Information
- Small area
- Anthraxic
- Eat away
- Large book
- Alaskan island
- Baseball teams
- Is in debt
- Merits
- Ability
- Hints
- Called horse
- Different one
- Tardy
- Angry
- Pungent
- Passengers
- Lyric poem
- Kind of tide
- Trousers
- Graceful bird
- Light brown
- Bags
- Clamored
- in and out
- Victim
- Begin
- Manual art
- Jump
- Cereal
- 49-59 section
- Boat coat
- Objects of worship
- 60 minutes
- Flavor
- Nocturnal
- Horns
- 60 gm pads
- Jumble
- Story

**DOWN**

- Tropical fish
- Short letter
- Horse head
- Kind of stock
- Colo. city
- The Ram
- Large weights
- Fruit drink
- Shoulder scarf
- Greas cutter
- Augury
- Trial
- Lead
- Regretted
- Experts
- Portions
- Atlantic e.g.
- Typed copy
- Tall and thin
- Adjust
- Slight depression
- Gem surface
- Class type
- Hockey play
- Extend
- across
- Man's social tract
- Mental faculties
- infills
- Cheerful songs
- Agricultural tract
- Opéra-melody
- Pole of baseball
- Hawkeye State
- Obtuse
- Scotish Gaelic
- Water barrier

## L.M. Boyd

What's what

NO HAREM FOR MOOSE

The bull moose does not gather a harem. In the season of romance, he just tags along after the independent indifferent cows until one of same winks at him or whatever. It's not that he doesn't know his work. But they intimidate him... Sort of like a real gardener at a meeting of the garden club.

Between 1912 and 1918, the U.S. Treasury Department kept two people busy running a special washing machine and dryer wherein they laundered dirty currency and dried same. Lasted about six years. Then the government came up with throwaway money.

Chen Liang-eh of Taiwan invented a rice-eating machine that cut the rice. You eat the bowl. You don't eat the chopsticks, not yet. He's working on that.

LIBRA (September 23 to October 22): A private anxiety could upset you if you permit it. An important local person can help you find many new business contacts tonight.

SCORPIO (October 23 to November 21): This is a day when cooperation should be stressed and arguments should be avoided at all costs. Work harmoniously with your mate.

SAGITTARIUS (November 22 to December 21): If a friend has misgivings about a recreation you've chosen, go alone and enjoy yourself. Don't take any risks where credit is concerned.

CAPRICORN (December 22 to January 20): Your work load can be lightened considerably if you find ways

ers than men. Why? A better balance. Lower center of gravity.

GET-WELL CARD

When you send a get-well card to somebody in a hospital, use the patient's home as the return address. In case the get-weller already done get well.

Burglars say they like to target homes not visible from the street. So they'd rather hit a house behind a tall hedge than one behind a hedge trimmed down to three feet.

If balding worries you, sir, bear in mind castration will stop it.

## Daily Horoscope

GENERAL TENDENCIES: Put some carefully considered plans into action, but make it a point not to act impulsively. An influential friend can be of great help today. Take precautions against becoming involved in a confrontation.

ARIES (March 21 to April 19): Be sure to stick to routines which need your attention. Find some new ways of expressing your creative side this evening.

TAURUS (April 20 to May 20): Don't try to solve a financial problem without the help of any expert. A co-worker could be annoying, but maintain your poise.

GEMINI (May 21 to June 21): Post-

LIBRA (September 23 to October 22): A private anxiety could upset you if you permit it. An important local person can help you find many new business contacts tonight.

SCORPIO (October 23 to November 21): This is a day when cooperation should be stressed and arguments should be avoided at all costs. Work harmoniously with your mate.

SAGITTARIUS (November 22 to December 21): If a friend has misgivings about a recreation you've chosen, go alone and enjoy yourself. Don't take any risks where credit is concerned.

CAPRICORN (December 22 to January 20): Your work load can be lightened considerably if you find ways

to be more efficient. This is a good evening for quiet discussions.

AQUARIUS (January 21 to February 19): Don't permit a friend to irritate you over some social affair. If you're not happy with you present situation, find a unique way to change it.

PISCES (February 20 to March 20): A person who has power over your interest can make you feel inferior, today, so try to avoid this person. Be very cautious while driving.

IF YOUR CHILD IS BORN TODAY ... he or she will have a natural ability to deal with people from widely divergent backgrounds. Teach your progeny early not to fuse over details, but to be more concerned with principles and politics. Your child can have much success in foreign lands.

PENGUIN'S DIVES

The King penguin dives approximately 144 times a day to depths of 150 feet in search of food. Persistent little rascal. He only scores in one dive out of 10. That's about average, says our Love and War man.

Q. Will any animal eat a skunk?  
A. Only one, I'm told - the great horned owl.

In Portugal's Alcobaca stands the Cisterian Monastery. A great cement trench divides its kitchen floor. Through that trench flows a branch of the Alcon River. When the fathers want fish, the cook lowers a net.

Q. Women tend to be better dancers than men. Why?  
A. Better balance. Lower center of gravity.

GET-WELL CARD

When you send a get-well card to somebody in a hospital, use the patient's home as the return address. In case the get-weller already done get well.

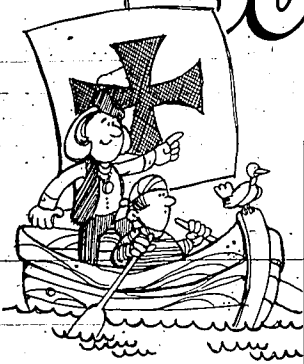
Burglars say they like to target homes not visible from the street. So they'd rather hit a house behind a tall hedge than one behind a hedge trimmed down to three feet.

If balding worries you, sir, bear in mind castration will stop it.



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OCTOBER 12th



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MON. - TUES. - WED. ONLY

Regularly To:	SALE PRICE	Regularly To:	SALE PRICE
<b>79.00 LADIES' WOOL JACKETS</b> One group of wool jackets in several colors. Sizes 6 through 16. (street level)	<b>32.99</b>	<b>42.00 MEN'S SHIRTS</b> Choose from plaid flannels, pattern cottons, and more. (men's alley)	<b>17.99</b>
<b>69.00 LADIES' FALL JACKETS</b> Corduroy and other fall fabrics. 16 only in this group. (street level)	<b>21.99</b>	<b>12.00 LEVI'S POLOS</b> Classic short sleeve polos in many colors. Boys sizes 4 to 14. (children's attic)	<b>6.99</b>
<b>200.00 LADIES' KNIT TOPPERS</b> Reduced 17 only knit toppers in prints and plains. Several colors and styles. Sizes P,S,M,L. (street level)	<b>40%</b>	<b>119.00 CASUAL COATS</b> Reduced Selected group including solid and pattern wool blends and pastel parkas. (top-of-the-stairs)	<b>40%</b>
<b>9.00 JEWELRY &amp; EARRINGS</b>	<b>1.99</b>	<b>\$6 TO \$80 ACCESSORIES BUYS!</b> Reduced Choose knee socks, scarves, bags, belts, tights, jewelry. (top-of-the-stairs)	<b>50% AND MORE</b>
<b>25.00 JEWELRY &amp; EARRINGS</b> Two groups of assorted jewelry and earrings. (street level)	<b>4.99</b>	<b>150.00 PENDLETON!</b> Reduced Selected jackets, skirts, blouses, and sweaters, plaids and tweeds. (pendleton shop)	<b>40%</b>
<b>149.00 LADIES' DRESSES</b> One group of street length dresses in prints and solids. Sizes 6 through 18. (street level)	<b>59.99</b>	<b>75.00 SPORTSWEAR!</b> Reduced Choose from a big variety of sweaters, skirts, pants, shirts and more! (top-of-the-stairs)	<b>50%</b>
<b>249.00 BETTER DRESSES</b> 2nd group of better dresses. Sizes 4 through 16. (street level)	<b>74.99</b>	<b>15.00 SWEAT SHIRTS/PANTS</b> EACH PIECE Soft acrylic knit in four bright shades, sizes S,M,L. (top-of-the-stairs)	<b>7.99</b>
<b>39.95 CAREER SHOP BLOUSES</b> One group of famous brand blouses. Sizes 6 through 20. (street level)	<b>12.99</b>	<b>138.00 UPDATED DRESSES</b> Reduced Including denims, twills, prints, solids, knits, more! Sizes 3 to 13. (top-of-the-stairs)	<b>30% TO 50%</b>
<b>39.95 COORDINATED SPORTSWEAR</b> Consisting of tops, jackets, pants and skirts in sizes 6 through 18. (street level)	<b>14.99</b>	<b>182.00 OCCASION DRESSES</b> Reduced Styles for holiday parties, proms, weddings, and very special! (top-of-the-stairs)	<b>50% AND MORE</b>
<b>69.00 LIZ SHOP CLEARANCE</b> Reduced Consisting of sweaters, skirts, and pants in sizes 6 through 14. (street level)	<b>50%</b>	<b>42.00 SWEATERS/SHIRTS</b> Pattern pullovers, flannel shirts, knit shirts, important 'extra' separates. (top-of-the-stairs)	<b>17.99</b>
<b>40.00 EARLY FALL SLEEPWEAR</b> Reduced One group of early fall sleepwear and tight robes. (street level)	<b>50%</b>		
<b>80.00 PANT/TOP BUYS!</b> Reduced A table pile high with denims, knits, shifts, and special pieces. (pant and top shop)	<b>40%</b>		
<b>24.50 BOY'S GREY LEVIS</b> Classic 501, styling in pre-washed denim, grey only. 8 to 14. (children's attic)	<b>16.99</b>		
<b>16.00 HARDWEAR LEVIS</b> Double knee construction in traditional blue denim. 4 to 7 boys. (children's attic)	<b>10.99</b>		
<b>52.00 MEN'S PANTS</b> Including classic or more updated styles. Wool blends, cotton blends, 100% cotton. (men's alley)	<b>24.99</b>		

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# Worshippers flee from Wailing Wall



Palestinians carry man overcome by tear gas at temple

JERUSALEM (AP) — Jewish worshippers praying Sunday at the Wailing Wall, the holiest site in Judaism, twice fled tear gas fired by Israeli troops who clashed with Palestinians protesting on the nearby Temple Mount.

More than 500 Palestinians linked arms to try to block the visit of 24 right-wing Jewish extremists who demand Israeli control over the disputed mount.

Seven people were injured and 12 Arabs arrested in the protest, police and Palestinian news reports said.

Scores of Israeli policemen equipped with riot helmets, clubs and gas masks fired tear gas, smoke bombs and warning shots at protesters blocking an entrance to the mount. Some protesters threw stones and then took cover in mosques.

Also Sunday, Palestinian protests broke out for the fifth straight day in the occupied Gaza Strip. In addition, a 24-year-old Israeli shot in the Jerusalem's Old City died Sunday.

The Temple Mount, captured by Israel 20 years ago, is revered by both Jews and Moslems. Control of the area is one of the most explosive issues in the Arab-Israeli conflict.

The rectangular platform in the southeast corner of the walled Old City is the site of the mosques of Al Aqsa and the Dome of the Rock. Moslems believe the prophet Mohammed ascended to heaven from there.

The mount also was the location of the second Jewish Holy Temple, destroyed by Roman soldiers in A.D. 70, and the Western Wall — known commonly as the Wailing Wall — is its last remnant. Some Jews advocate rebuilding the temple.

The protest on the mount twice disrupted the Sukkot holiday outdoor services of hundreds of religious Jews, many dressed in black and white prayer shawls. The holiday commemorates the fall harvest and the desert wandering of the Jews during the Exodus.

Worshippers fled as tear gas clouds drifted over the wall.

Meanwhile, Israeli soldiers escorted five of the Jewish activists on the Temple Mount for a 15-minute walk around its perimeter.

The activists, members of the Temple Mount Faithful, have demanded the government wrest control of the area from Palestinian religious authorities and allow Jews to pray there at will. Jews now are barred from holding religious services there.

The Palestinians, who have retained control of the mount since the 1967 war, believe the Jews want to destroy their holy sites and excavate the remains of the Jewish Temple.

# Burma plane crashes, kills 49

RANGOON, Burma (AP) — A Burma Airways plane caught fire and crashed about 20 miles short of a popular tourist town in central Burma Sunday, killing all 49 people aboard, including 14 Americans, the government said.

The official News Agency of Burma said 36 foreigners, nine Burmese passengers and four crewmen were aboard.

It was the airline's second disaster in less than four months.

The agency said twin-turboprop Fokker Friendship 27 "caught fire in midair" and crashed southeast of its destination of Pagan, a town whose ancient Buddhist temples attract many foreign tourists.

The brief announcement did not give the cause of the crash.

The agency said besides the Americans, seven Swiss citizens, five Britons, four Australians, three West Germans, two French citizens and one Thai died.

The crash came one day after diplomatic sources reported increased

police protection of the U.S. Embassy in Rangoon because of reports that an anti-American terrorist group had entered Burma.

Officials would not speculate on possible links between crash and terrorists, and no further information was available on the alleged arrival of terrorists.

Government sources, who spoke on condition of anonymity, said the plane was on a two-hour, regularly scheduled flight from the national capital of Rangoon to Pagan, about 305 miles to the north.

Pagan has about 5,000 residents. It lies on flat terrain on the east bank of the Irrawaddy River, which crosses most of Burma. The town and surrounding area has hundreds of temples built during the 11th and 12th centuries.

A Burma Airways crash on June 21 killed 46 Burmese.

In that crash, a Fokker Friendship 27 hit a 8,200-foot-high mountain minutes after takeoff from the eastern Shan State town of Iho,

about 280 miles northeast of Rangoon.

The government has not said what caused the June crash.

Burma had not experienced a major plane crash before that in nearly nine years.

On March 25, 1978, 48 people, including 23 foreigners, were killed when a Burma Airways plane went down five miles from Rangoon Airport.

That plane also was a Friendship Fokker 27, Burma Airways' mainstay aircraft. The medium-range plane is made by the Dutch Fokker Company.

The diplomatic sources, who also spoke on condition of anonymity, said the rumored arrival of terrorists led to an advisory for American diplomats to stay indoors after nightfall. The American-sponsored International School for children of foreign diplomats was closed Friday, and it was not known if it would reopen this week.



At an opposition rally, Kim Dae-jung raises hands above his head to acknowledge crowd

# Kim on verge of announcement

SEOUL, South Korea (AP) — Opposition leader Kim Dae-jung said Sunday he is on the verge of announcing his candidacy for president, claiming he has the backing of most South Koreans.

"I believe my running is a unified wish of a majority of people and democratic citizens," Kim told tens of thousands of cheering supporters at a public rally at Sunnam, a southern suburb of Seoul.

Kim Young-sam, 59, his rival in the same Reunification Democratic Party, the main opposition party, officially announced he was running for president Saturday.

"I have a firm conviction that an absolute majority of people support me," Kim Young-sam said.

The two Kim's "have been vying for the party's nomination. Kim Young-sam is party president and Kim Dae-jung is an adviser."

All attempts to agree on a single party presidential candidate have failed.

The split is expected to benefit two other candidates — Roh Tae-woo, president of the governing Democratic Justice Party, and former Prime Minister Kim Jong-pil, who also has entered the race.

The 61-year-old Kim Dae-jung said he was im-

pressed by the "overwhelming show of support" for him during his trips to provincial cities.

"They demanded my running more strongly than I had anticipated. I can't go against their wishes because it would mean a betrayal to them," he said.

He said he would make his presidential bid official in two or three days, after the National Assembly approves a new constitution on Monday.

The constitution, jointly drafted by the governing and opposition parties, calls for direct presidential elections instead of the old electoral college system. A presidential election under the new constitution is expected to be held in December.

The opposition said the electoral college system favored the governing party.

Kim Dae-jung has drawn fire for retracting a statement he made last November that he would not run for president even if President Chun Doo-hwan's government agreed to constitutional changes allowing direct elections.

Chun agreed to direct elections and other reforms in early July after huge anti-government demonstrations throughout the country. Kim Dae-jung, citing the changing situation, retracted his earlier statement.

# Banks nationalized by Peru

LIMA, Peru (AP) — The nationalization of Peru's domestic banks, insurance firms and finance companies became formal Sunday, ending more than two months of national debate on the takeover.

Opponents vowed to take the fight all the way to the Supreme Court, and one banker set up headquarters in his office to keep authorities out.

President Alan Garcia proposed the nationalization during his annual state-of-the-union address July 28, sparking a bitter dispute that included marches and rallies by supporters and opponents.

Garcia said the nationalization was needed to halt capital flight, gain control of the nation's finances from a wealthy elite and ensure that loans for development reached Peru's most impoverished regions.

Critics charged the takeover would pave the way for establishment of a totalitarian regime by Garcia's center-left Aprista party. They said it would divert attention from the nation's economic problems and the growing strength of the Maoist Shining Path guerrilla movement.

Both houses of Congress, which are controlled by the Apristas, approved the law Sept. 29. The official gazette published the law Sunday, putting it into effect and formally bringing Peru's 10 private banks and 23 insurance and finance companies under state control.

Business owners won a court order barring the government from taking possession of their enterprises pending a higher court decision. The government contends that the restraining order is invalid now that the bill has become law.

Francisco Pardo, owner of Banco Mercantil and president of the Association of Bankers, moved a bed into his office and slept there to prevent authorities from taking control during the night.

"I am going to remain in the bank. I am protected by a judge's ruling, and I believe that in the future all will depend on the power of the courts," Pardo told The Associated Press in a telephone interview Sunday.

Pardo, said he had slept in the bank the past 13 nights.

Author Mario Vargas Llosa, an opposition spokesman, said the first victim of the takeover would be the country's independent but debt-ridden press. He said the new media would be forced to buckle under to government pressure to obtain loans.

# West German political figure dead



UWE BARSCHEL Reported suicide

GENEVA (AP) — The key figure in West Germany's most bitter political scandal in years was found dead in a Geneva hotel Sunday, police said.

The West German newspaper Bild reported that former Schleswig-Holstein Governor Uwe Barschel shot himself because he saw "no other way out."

A Geneva police official Marcel Carrara denied at report. He told a news conference that Barschel "was not killed by a bullet" and "there was no blood."

He said the body was found fully clothed in the hotel room. Asked about a report by the West German magazine Stern that the body was found in the bathtub he replied, "I said in the hotel room."

He added that an autopsy was

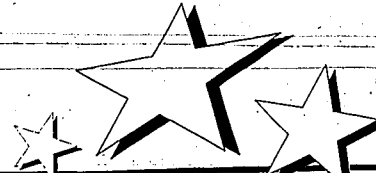
being performed and results would probably be made known Monday.

Barschel, 43, was scheduled to testify Monday before a state legislative panel investigating the scandal. He was a member of Chancellor Helmut Kohl's Christian Democratic Party.

Barschel resigned as governor on Sept. 25.

A month earlier during the pre-election campaign, West Germany's Der Spiegel magazine published an article containing allegations it said were based on the sworn testimony of Reiner Pfeiffer, an aide in Barschel's press office.

Der Spiegel said Pfeiffer claimed Barschel ordered him to hire private detectives to spy on Social Democrat Bjoern Engholm, Barschel's opponent in the election.




## WOMEN IN BUSINESS

Ingenious, creative business owners and hard-working, indispensable staff members are among the many successful Women In Business of the Magic Valley. A feature page, highlighting the accomplishments and active participation of these individuals, will recognize their importance to our communities. Published to coincide with National Business Womens Week, this is a unique way of announcing you (or a staff member of your business) as a part of a distinguished group of women.

Each space in this section, will include a black and white photo of the participant, their name, and biographical data, business title and information, civic accomplishments, awards, etc.

**RATE FOR SPACE: \$35**

If photo is needed, an additional \$5 will be charged.

Sample Space: Size: 3-3 1/8" width 2-1 1/2" height	 BLACK & WHITE PHOTO	NAME  BUSINESS DATA CIVIC ACCOMPLISHMENTS AWARDS ETC.
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Photos will be taken:  
Tues 10/13 & Wed 10/14  
  
Deadline for all photos:  
10/14 (5P.M.)


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**PUBLICATION DATE SUN., OCT. 18**

**The Times-News**


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# Fifth week of Big Sky Conference season settled very little

By The Associated Press



In usual Big Sky Conference fashion, the midseason games shed absolutely no light on the eventual league champs. Saturday's games proved true to form.

Weber State, expected to finish well back in the pack in the pre-season coaches' poll, maintains the sole possession of first place at 2-0 in conference and 4-1 overall after ripping Northern Arizona, 30-17.

Boise State, still smarting from its loss to the Wildcats several weeks ago, avenged last year's defeat to newcomer Eastern Washington by smothering the Eagles, 38-13. Idaho shook off the apparent curse of the Minidome in its loss to Idaho State last week and rolled over Montana, the surprising winner of a match with Nevada-Reno two weeks ago.

could only play to a 24-24 tie with Division II Portland State.

The Big Sky's foggy picture could clear a bit this week. As contenders Idaho and Nevada-Reno fight it out and Boise State takes on spoiler Montana. The winner of the Northern Arizona-Idaho State game could inch up the ladder. And Weber could extend its lead even further against Montana State, 0-3 in conference and 2-3 overall.

Weber emerged from a week's lay-off and a 17-14 deficit in the third period to hand the 1-2 Lumberjacks a final defeat.

"We came out and got that field goal and touchdown, then we took the ball 80 yards for six minutes," guard George Fuller said. "That's when I knew we had them. I heard one of the linemen say 'Oh man, I just want to go home.'"

The Lumberjacks could lose their status as the toughest defense in the league. NAU has held opposing offenses to 276 total yards until the Weber game, but let the Wildcats compile 424 yards.

Five was a special number for Boise State quarterback Vince Alcalde. That was the number of interceptions he threw to Eastern Washington safety Mark Cordes last year and the number of touchdowns passes he pitched this year as the Broncos stopped the 2-2 Eagles cold.

"It's a big win... hopefully it says we're getting better," Bronco Coach Skip Hall said. Boise State advances to a 2-1 conference record and 4-1 overall.

Backup Eagle quarterback Chad Sydnor filled in for injured Jon Snider and spent much of his time scrambling from Boise State defensive linemen, limiting him to 192 yards.

Saturday's matchup against No. 15-ranked Montana was a little too stressful for Vandal fans as Mark Matthews hauled in an interception with 57 seconds left to save the game.

Although Idaho secured a two-touchdown lead, partially through a 74-yard pass from John Frieze to Eric Jorgensen, the 1-2 Grizzlies clawed back in the fourth quarter with a touchdown pass to Dave Garza and a two-point conversion to put the Vandals edge in jeopardy.

"We're beat up, but we're scrappy," Idaho Coach Keith Gilbertson said.

Nevada-Reno's pounding running game took a break Saturday and let Zacheo throw for 250 yards and a touchdown against the Bobcats.

The Wolf Pack led 10-6 at halftime, but Coach Chris Ault still wasn't satisfied.

"I don't know if Hitler gave the same kind of talk in that beer hall. I told them 'You can stay in this locker room and I'll find 11 students to play a game, or you can go out and play football.' Nevada-Reno returned to score three touchdowns, two by Charvez Fogar and one by Lucius Floyd.

Idaho State's Jim Koetter was subjected to a coach's nightmare in the waning seconds of the tie ball game with Portland State.

Bengal player Corey White recovered a fumbled ball in the Portland State end zone for an apparent Idaho State touchdown. But the score was nullified by an official's adjacent whistle and the 1-1 Bengals had to kick off again.

"When you execute something as good as you could and somebody makes a mistake, there's nothing you can do," Koetter said.

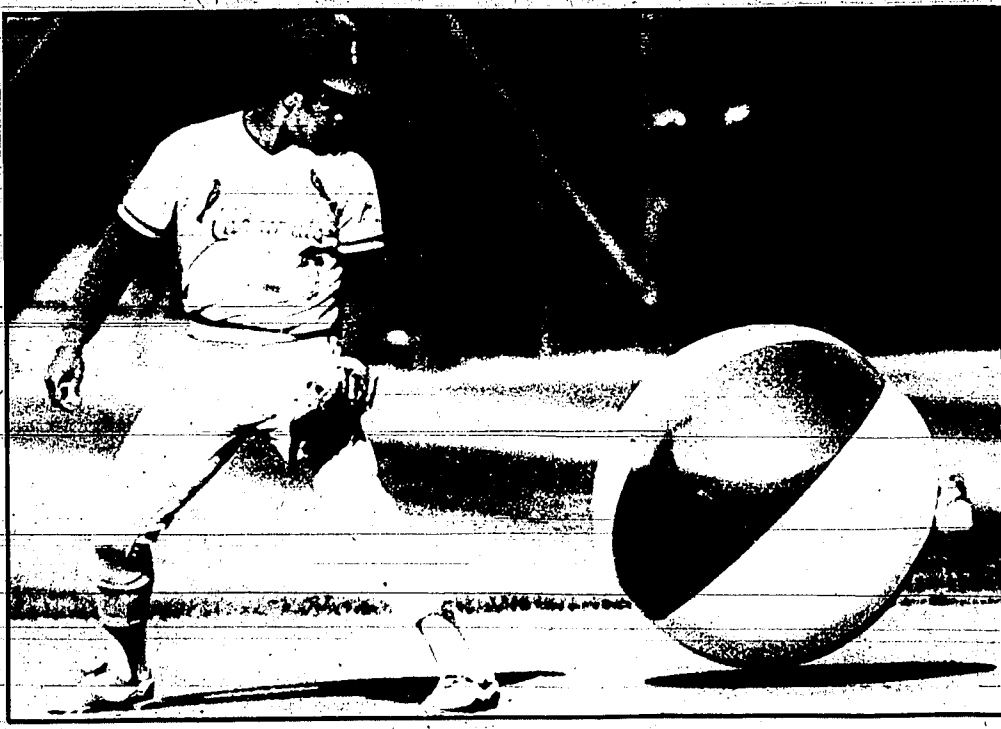
Monday, October 12, 1987 Times-News, Twin Falls, Idaho

## Sports

- Late Saturday football C4
- McEmore wins a toumey C4
- Classified C4-8



## Slip-sliding away



St. Louis' Dan Driessen is startled to discover a beach ball had tapped him on the back of the leg after it blew on to Candlestick Park field.

## Pitching-poor Cards run short on fortune

By BEN WALKER  
The Associated Press

SAN FRANCISCO — Roger Craig hinted this one might be different.

The San Francisco Giants played their game and beat the St. Louis Cardinals at their, too, for a 3-2 lead in the National League playoffs.

"We found out some things about their pitching and found a way to steal some bases," the Giants manager said after San Francisco got the Cardinals on the run and ran them out of windy Candlestick Park.

The Giants are within one victory of their first World Series appearance since 1962. They can get there by winning Game 6 Tuesday night in St. Louis when Dave Dravecky, who pitched a shutout in the second game, opposes John Tudor.

Cardinals Manager Whitey Herzog knew something was strange when the first two Giants batters stole bases.

"They looked like the Gas House Gang today and we looked like a bunch of leadfoots," Herzog said. "We couldn't get them out with a cannon."

This best-of-seven series had been billed as power-versus-speed, and the Giants had both.

The Giants, who stole just 126 bases to St. Louis' 248 this season, swiped three in the first four innings. That's more than the Cardinals have stolen in the series.

Kevin Mitchell homered and drove in two runs and Jose Uribe's

• See NL on Page C4

## Twins win in Detroit to take 3-1 lead in AL Championship Series

By JOHN NELSON  
The Associated Press

DETROIT — The phone rang as Twins Manager Tom Kelly was answering questions from newspapermen.

"Uh oh," Kelly said. "That might be Reagan."

Leading 3-1 in the best-of-seven American League playoffs after a 5-3 victory Sunday night over Detroit, the Minnesota Twins already were thinking pennant.

Kirby Puckett and Greg Gagne hit home runs for Minnesota, and Darrell Evans cost the Tigers two

TV: 1:30 p.m. Channels 7, 38

runs with a baserunning blunder and a fielding error as the Twins moved one victory away from their first World Series in 22 years.

"This is getting real close to Thousand Oaks," said Tigers Manager Sparky Anderson, referring to the trip back to his home in California he'll take if Tigers lose another game.

The victory broke a traveling jinx for the Minnesota Twins — the worst road team in playoff history.

of his normal position at first, he made an error that cost the Tigers another run in the eighth inning.

Anderson called the pickoff — from Twins catcher Tim Laidner to third baseman Gary Gaetti — the turning point of the game, no doubt.

Laudner said he set up the play beforehand with Gaetti.

"Gary and I have a predetermined signal, and he put it on," Laidner said. "If he puts it on, I'm going to throw it down there."

The pickoff play loomed pretty large.

Two pitches later, Twins reliever

Juan Berenguer threw a wild pitch.

Tigers left-hander Frank Tanana contributed to his own downfall with a playoff record three hit batemen.

Frank Viola, the Twins' opening-game starter, was the winner, although neither he nor Tanana was around at the end. Viola was pitching on three days' rest, and he suddenly seemed to run out of steam in the fifth and sixth innings after retiring 12 in a row in one stretch.

While the Twins had a 29-52 record on the road this season — worst of any division or pennant

winner in history — they had baseball's best record against left-handed pitchers, 26-17. And they took advantage of the latter.

"To come close, and possibly do it in Tiger Stadium, would be a dream come true," said the Twins' Steve Lombardozzi, whose eighth-inning single helped Minnesota capitalize on the error by Evans, who was moved to third in some offensive maneuvering in the sixth inning.

Puckett hit a solo homer in the third, and Gagne had one in the fourth. Between the two of them,

• See AL on Page C4

## Talks between NFL owners, players broken off

By MICHAEL WILBON  
and MARK ASHER  
The Washington Post

WASHINGTON — Talks between the players' union and management broke off again Sunday, each side calling the other inflexible and sending the National Football League players strike into a fourth week with no end in sight.

No new negotiations were scheduled as the union set a meeting of player representatives Monday in Chicago. The NFL Management Council is expected to meet Monday or Tuesday, probably in New York.

Jack Donlan, the owners' chief negotiator, said after meeting with NFLPA Executive Director Gene Upshaw for six days that, despite the union's new offer on free agency, "a roadblock" exists and the union has "overreached on any number of issues."

As he did when talks broke off in Philadelphia Sept. 25, he implored the players "to substantially reassess their position." He said it would be fruitless to resume negotiations until the union softens its stance.

"We're stuck on all the major issues," he said. "All we're doing is further entrenching ourselves in the positions we've had all along."

Upshaw contended that the owners never wanted a settlement this weekend. Instead, he said, they wanted to beat the union, continue to field replacement teams and wait at least another week to see how many strikers will defect. He called the issue of free agency "a smoke screen" to obscure "the real issues which are pension, guaranteed contracts, player rep protection and the whole list of things."

At a news conference after Donlan's, Upshaw said: "Once again, Jack Donlan has walked away from the table and broken off bargaining. No doubt, it was orchestrated. They wanted to walk out yesterday (Saturday). They came here to test us once again, to

see if we could keep the players together."

Striking players lost a third straight paycheck Sunday as replacement teams played for the second straight week. Attendance averaged 25,042 at the 13 games, up from an average of 16,987 in 14 games last week and Monday night, but still well below the pre-strike average of 58,000 for the first two weeks of the season.

While attendance was up, network officials were expecting television ratings to be down. Overnight ratings of the nation's 15 largest markets will be announced Monday. The networks have said they will decide on a week-by-week basis whether to televise the replacement games.

This latest round of negotiations, which started Tuesday, began with the union optimistic about a quick settlement and management significantly tempering that enthusiasm. During these recent talks, negotiators signed off on eight minor

issues, about one-fifth of the total.

Not only were the major pre-strike issues unresolved but so were two new ones that have arisen during the strike. The owners want a longer contract and the players want the results of the replacement games stricken from the standings.

Before the strike, the owners agreed the new contract would cover three years. Now, they want a six-year deal to ensure "labor peace," as Donlan called it. "We think this industry needs a good, long period of stability and labor peace," said Jim Conway, the Management Council's general counsel. "Our proposal for a longer plan is a peace plan, not an attempt to stall off these talks, not an attempt to derail the process."

Doug Allen, NFLPA assistant executive director, said "labor peace" to management means an end to the union as a force for the players. "Management would simply dictate the conditions of employment and

• See NFL on Page C8

## Mtn. Home's Pease passes Oilers to another victory

CLEVELAND (AP) — Houston Oilers Coach Jerry Glanville may be beginning to wonder "if he really wants the NFL players' strike to end."

"I was told these guys were going to buy three dozen eggs, go down and sit by the railroad tracks and tell our regular team that they better not screw up their good record," Glanville said Sunday of the replacement Oilers who beat the Cleveland Browns, 16-10 behind rookie quarterback Brent Pease from Mountain Home.

The victory was the second straight on the road for Houston, whose regular team hadn't won two consecutive road games since 1981. The Oilers are 2-0 in replacement games and the 3-1 record is their best start since 1979.

Herman Hunter rushed for 121 yards on 28 carries in 2½ quarters against a Cleveland defensive line that included a 12-year NFL veteran and a former No. 1 draft pick.

"I don't even know all these players yet, but I'm learning them," Glanville said.

That, said Hunter, is the reason he and many of the replacement players were willing to engage in some rock-and-egg-throwing to cross the Oilers' picket line last month.

"I think that's what all the guys are here for — maybe the coaches will think, 'Well, keep this guy after the strike ends,'" Hunter said.

The Oilers took a 7-3 halftime lead when Pease threw a 15-yard scoring pass to closely guarded Keith McDonald.

Scores and Stats

Sports on TV

Table with columns for time, channel, and program name for Sports on TV.

NFL box score

Box score for NFL game: Cincinnati Bengals vs Tampa Bay Buccaneers.

Baseball

Box score for baseball game: Oakland Athletics vs Los Angeles Angels.

AL box score

Box score for American League game: Toronto Blue Jays vs Cleveland Indians.

NFL standings

Standings for the National Football League.

Big league stats

Statistical data for American League and National League.

Football

Table with columns for team, wins, losses, and ties.

NFL box scores

Box score for NFL game: Dallas Cowboys vs Tampa Bay Buccaneers.

Baseball

Box score for baseball game: Atlanta Braves vs Chicago Cubs.

NFL box scores

Box score for NFL game: Tampa Bay Buccaneers vs Dallas Cowboys.

Baseball

Box score for baseball game: Los Angeles Angels vs Oakland Athletics.

NCAA I-A stats

Statistical data for NCAA I-A football teams.

NCAA I-A stats

Statistical data for NCAA I-A football teams.

Ice hockey

Table with columns for team, goals, and points.

NHL standings

Standings for the National Hockey League.

NHL box scores

Box score for NHL game: Boston Bruins vs Chicago Blackhawks.

NHL box scores

Box score for NHL game: Philadelphia Flyers vs Tampa Bay Lightning.

NHL box scores

Box score for NHL game: St. Louis Blues vs Chicago Blackhawks.

Peninsula Open

Results for the Peninsula Open golf tournament.







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## The Times-News



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- 002 Lost & Found
- 003 Announcements
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#### 004-Kids Corner

#### 006-Personals

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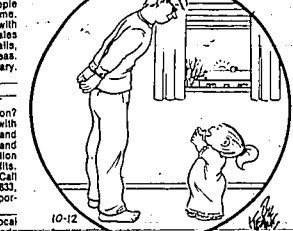
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By Bill Keane



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Nebraska, 300-600 Block; Oregon 300-799 Block; Gooding Lane; Michigan 300-699 Block; Locke St; 500 Block; Illinois 300-500 Block; 4th & 5th Ave. 400 Block on. If you live near these areas, call. The Times-News 536-2635 or Roger at 326-4107.

#### TELEPHONE SALESPEOPLE

The Times-news is looking for circulation telephone salespeople. This is a part-time, evening job. Telephone sales experience necessary. For more information see: Sandi at the Times-News, 132 3rd S., West, Twin Falls, ID. No phone calls please.

#### TWIN FALLS ROUTE AVAILABLE #774

Washington Pk. Apt. ... Washington Pk Town Houses ... 1200 Bk. Twin Villa Loop ... 1300 Bk. Washington St. S.

CALL TIMES-NEWS CIRCULATION DEPARTMENT... 733-0844

#### TIMES-NEWS ROUTE AVAILABLE

1300-1400 Blk. 6th Ave. 1300-1600 Blk. Elizabeth

If you live near this area Call Deb. 734-7619 or Times-News Circulation; 733-0931

### LEGAL NOTICE

**NOTICE OF INTENDED ACTION**  
In the Matter of Amendment of Sections 12, 13 and 15 of the Rules and Regulations Concerning the Bacterial Diseases of Swine. TAKE NOTICE, that the Idaho Department of Agriculture proposes to amend the existing rules and regulations of the Idaho Department of Agriculture to restrict the planting of bean seeds and/or products to require that fields of beans used for planting purposes be restricted to 7 for research purposes, to require that fields planted with beans be eligible for planting under Section 16 (b) of the Rules and Regulations, with the rules and regulations to provide in Section 10 (C), to delete Section 12, and to delete Section 13, and to establish fees for laboratory work done by the University of Idaho pursuant to the procedure prescribed in Section 16 (b) of the Rules and Regulations as provided by Title 22, Chapters 19 and 23.

### LEGAL NOTICE

**PLEASE TAKE NOTICE**  
PLEASE TAKE NOTICE, that a copy of the proposed amendments may be obtained from the undersigned at 2270 Old Penitentiary Road, Idaho.

### LEGAL NOTICE

**PLEASE TAKE NOTICE**  
PLEASE TAKE NOTICE, that a copy of the proposed amendments may be obtained from the undersigned at 2270 Old Penitentiary Road, Idaho. The purpose of determining whether the proposed amendments should be adopted, any person or group interested in the amendments should file their oral or written testimony to the undersigned on or before October 20, 1987, at the aforementioned address. This Department shall fully review and consider all written and oral submissions concerning such amendments received on or before the date stated above. Any person presenting a petition signed by two or more persons, a governmental subdivision or association, to request a hearing on or before October 20, 1987, no such hearing shall be held if the hearing requested is not received on or before October 20, 1987. Any hearing requested...

### LEGAL NOTICE

shel) to be accessible to the physically disabled. Interpreters for persons with hearing impairments and sign language interpreters for persons with visual impairments can be provided upon five (5) days' notice. For arrangements, contact: Department of the Interior, Bureau of Land Management, (40-2307-4410-08) Salem, Oregon 97331.

### LEGAL NOTICE

**DEPARTMENT OF THE INTERIOR**  
Bureau of Land Management  
Management (40-2307-4410-08)  
Salem, Oregon 97331  
Amendments for Designation of Area of Critical Environmental Concern. Agency: Bureau of Land Management. Notice of Availability. Notice is hereby given that proposed land use plan amendments for the designation of Areas of Critical Environmental Concern (ACEC) of the Research Natural Areas are available for public review. Interested parties may review the proposed amendments in the District Office, 200 S. Oakley Highway, Burley, Idaho 83702, during a public period will end October 30, 1987. The proposed areas are: Jim Sage, Proposed RNA/ACEC, 320 acres for the protection of riel vegetation and a natural spring. Goodie Creek Mesa, Proposed RNA/ACEC, 115 acres for the protection of riel vegetation. ACEC of Red Bluffs, Proposed RNA/ACEC, 320 acres for the protection of riel vegetation. ACEC of Idaho, Proposed RNA/ACEC, 320 acres for the protection of riel vegetation. ACEC of Oregon-California Trail Junction, Proposed RNA/ACEC, 150 acres for the protection of the existing trail. ACEC of ACEC, 80 acres, for the protection of "Davis Play House" owned by VanKoman-Homestead and Old Juniper Township, 5 acres for the protection of these historical sites.

### LEGAL NOTICE

Proposed RNA/ACEC, 40 acres, for the protection of a cultural district. PUBLISHED: Monday, October 05, 12 and 19, 1987. SAALOD-proposals will be received by the Idaho Department of Parks and Recreation, 2177 Warm Springs Avenue, Boise, Idaho 83725, Monday, October 05, 12 and 19, 1987, from 10:00 a.m. to 4:00 p.m. local time, on October 29, 1987, for: Gold pour track filling and restorative seal coating of approximately 2500 square yards of the asphalt pavement at the Idaho Department of Parks and Recreation, Bureau, Owyhee County, Idaho. Plans, specifications and other information are on file for examination at the Idaho Department of Parks and Recreation, 2177 Warm Springs Avenue, Boise, Idaho 83720. Documents may be obtained for bidding on October 20, 1987, at the Idaho Department of Parks and Recreation, 2177 Warm Springs Avenue, Boise, Idaho 83725. Non-refundable fee of \$10.00 is required for each set of plans. Contractors required to bid on this work: Direct all inquiries regarding this project to the Department Bureau, Idaho Department of Parks and Recreation, Statehouse Mall, Boise, ID 83726, (208)334-2154. ASSOCIATED CONTRACTORS GENERAL 110 N. 27th St. Boise, Idaho 83702 In the amount of five percent (5%) of the total amount bid is required for the preparation of the bid. Documents may be obtained for bidding on October 20, 1987, at the Idaho Department of Parks and Recreation, 2177 Warm Springs Avenue, Boise, Idaho 83725. Non-refundable fee of \$10.00 is required for each set of plans. Contractors required to bid on this work: Direct all inquiries regarding this project to the Department Bureau, Idaho Department of Parks and Recreation, Statehouse Mall, Boise, ID 83726, (208)334-2154. It's time to apply those unused items from your closet, basement, and attic! We'll buy them classified. Call 733-0626.



## 054-Urban, Apts & Duetches

In Filer, 2 bdrm. apt., kitchen, water & sanitation on 2nd floor. Call 734-7864.

IN WENDELL: 2 bdrm. apt., carpeted, 1st & 2nd floor. Rent \$225.00. Call 734-6529.

2 bdrm. 2 bath duplex. Appliances, garage, 300 sq. ft. plus. Call 734-9652.

## 055-Office and Business Rental

Office space very reasonable, excellent location. Office Suite, 785 sq. ft., very professional, energy efficient, excellent parking 415 addition. Call 734-7864.

Recently remodeled office, 800 sq. ft., with 2 private offices. Located across from Lynchwood. 1400 Filer Ave. Available Nov. 1st. Call 734-3300.

Southwest Office Center, 1252 Addison Ave. 10,421 sq. ft. Rent \$1,100. Call 734-2024.

1200 sq. ft. office. Rent \$1,200. Call 734-2024.

1300 sq. ft. office. Rent \$1,300. Call 734-2024.

## 056-Computers

IBM PC 54K memory, 3 disk drive, color, modem, amber monitor, serial & parallel ports. \$1250. Call 545-8225 evenings.

056-Cameras Etc. GA&S slide projector, plus 24 reels, \$150. Call 734-2941.

# THE ACES ON BRIDGE

BOBBY WOLFF

"The education forms the common mind. Just as the twig is bent the tree's inclined." — Alexander Pope.

Many would fail to win 10 tricks at this grade game. They would rely upon the odds for a favorable break in trumps and would be disappointed when they lost control of the hand.

East wins the heart king and shifts to the club queen. South winning the ace. If South considers only the trump suit, the odds-on plan is to cash the three top trumps. This plays up trumps whenever Club is held 3-3 or when the Jack is doubton. When trumps break, South wins a comfortable 11 tricks.

In today's layout, if South goes for 11 easy tricks, he scores only nine. East discards on the third trump and when South tries to run the diamonds, West ruffs the third round and the defense enjoys two more hearts.

The safest way to play the game is to cross to dummy's trump ace after winning East's club shift. A second trump back to the 10 loses to West's jack but South retains control. Dummy's third trump guards against two heart losers and South has time to draw the trumps and run the diamonds for a safe 10 tricks.

## 105-Horse Equipment

Circle J Trailers. Check our selection of pickup boxes, horse trailers, etc. Call Paul Chubb Chevrolet, Pontiac, GMC Trucks 734-3000 or 734-6585.

Close-out on new 1987 Equine trailers. Call 734-1312.

I'm trying to locate a man in Idaho who had a horse trailer in his mid-summer. Call 538-8134.

## 122-Sporting Goods

MOUNTAIN MAN GUN & PAWN SHOP. Formerly Jack's Pawn Shop. Buy or sell anything. Call 734-5870.

122-Guns & Rifles. Browning 30 Mag., Belgium made. 300 yard accuracy. Call 734-2629.

122-Utility Trailers. 3 axle 58" wheel trailer heavy duty, 1500. Located in Burley, Idaho. 734-2827.

## 057-Home Furnishings

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## 106-Swims

Hammocks, ready for service. Call 545-8223.

106-Swims. Hammocks, ready for service. Call 545-8223.

## 123-Automotive

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# BURNOUT

## Although past its prime in the media, 'burnout' describes a real malady

By MICHELLE COLE  
Times-News writer

TWIN FALLS — Forgotten any appointments lately? Do you have a cold that just doesn't seem to go away? Does it seem like you are working harder but accomplishing less?

If you answered yes to the above questions, watch out — you may be tipping the burnout scale.

A hot media topic a few years ago, not much has been said about burnout lately. But, Ken Diebert, administrator at Canyon View Hospital in Twin Falls, says just because stories about burnout have been replaced with reports about other "vogue" maladies, many of us really do suffer burnout resulting from an inability to handle stress created by our jobs, families or other responsibilities.

"People say it (burnout) is a lot of poppycock, that people are just plain lazy, don't want to do their work and are just using burnout as an escape," says Diebert. But, he says, people literally do get burned out. The physical symptoms include ulcers, abuse of drugs and alcohol, headaches and a chronic state of mental and physical exhaustion.

Diebert, who holds a master's degree in social work and has worked in the mental health field for 20 years, spoke about burnout last week to Network, a local organization of businesswomen.

Working women are not more prone to burnout than men or women who are at home, says Diebert. He cited a study conducted at the University of Texas Health Science Center in Houston, which found that working women actually scored higher on a "General Well-being" test measuring stress levels and adverse health effects caused by stress.

But, Diebert says, both men and women who are most likely to suffer from burnout share common characteristics. They are high achievers. They tend to be professionals who set high expectations for themselves and for the people around them. They define their personal achievements only in terms of success. They typically work 12-16 hours a day because they think nobody else can do the job as well.

A person who develops job burnout is usually not an accountant type, says Diebert. Instead, burnout happens to someone who is people-oriented and has a high degree of contact with the public at his job.

Men and women professionals in their mid-30s to early 40s are the most likely to show signs of burnout, he says. But, Jean Jensen, a psychotherapist with a private practice in Ketchum, says it's possible that a person can be programmed for burnout even from childhood.

"Many of us might still be trying to please our parents on some un-

## BURNOUT TEST

Look back over the past six months. Have you been noticing changes in yourself or in the world around you? Think of the office... the family... social situations. Allow about 30 seconds for each answer. Then assign it a number from 1 (for no or little change) to 5 (for a great deal of change) to designate the degree of change you experience.

1. Do you tire more easily? Feel fatigued rather than energetic?
2. Are people annoying you by telling you, "You don't look so good lately"?
3. Are you working harder and harder and accomplishing less and less?
4. Are you increasingly cynical and disenchanted?
5. Are you often invaded by a sadness you can't explain?
6. Are you forgetting (appointments, deadlines, personal possessions)?
7. Are you increasingly irritable? More short-tempered? More disappointed in the people around you?
8. Are you seeing close friends and family members less frequently?
9. Are you too busy to do even routine things like make phone calls or read reports?
10. Are you suffering from physical complaints (aches, pains, headaches, a lingering cold)?
11. Do you feel disoriented when the activity of the day comes to a halt?
12. Is job elusive?
13. Are you unable to laugh at a joke about yourself?
14. Does sex seem like more trouble than it's worth?
15. Do you have very little to say to people?

**The Burn-Out Scale**

0-25 You're doing fine.

26-35 There are things you should be watching.

36-50 You're a candidate.

51-65 You are burning out.

Over 66 You're in a dangerous place, threatening your physical and mental well-being.

\*This questionnaire is distributed by Canyon View Hospital.

conscious level and that can lead to stress and burnout," Jensen says. She explains that those who are still caught up in trying to please their parents might have difficulty saying "no" to people, and might find themselves in situations they don't necessarily want to be in — all of this causing undue stress.

Roy Slotten, a senior consultant at the state Job Services in Twin Falls, says he often hears complaints of burnout from his clients and addresses the problem during job-finding workshops sponsored by his agency. Slotten says people in helping professions, such as mental health, who have to deal with crises day after day are more likely to suffer from burnout.

However, Slotten has found that changing careers is not always the cure for everyone who says he has job-related burnout. "Sometimes it's just the situation they're in at the time," Slotten says. "Sometimes it's a personality conflict at work. Sometimes it's just because they haven't had a raise. Sometimes it's just plain boredom that has set in."

Although it's his job to find new employment for his clients, Slotten may counsel clients who complain

about burnout on how to make improvements on their current job. Being assertive about your own needs, in order to make changes in the situation that is causing you stress, is one of the best ways to avoid burnout, agree mental health professionals. Joan Dalton Boyd, a Twin Falls counselor, says it's also important to have a support network — consisting of your spouse, family, friends or your minister — to talk about the things that are bothering you.

"If you are relying only on your spouse or a few friends, you are in trouble," she says.

The counselor also recommends that her clients learn to express their frustration and feelings through drawing or writing in a journal.

Exercise is also vital to eliminating stress, Boyd says. "It's important to spend time on yourself. Take warm baths. Exercise. Or find time to spend with nature."

And, if all else fails, remember that humor can be the best medicine. Both Boyd and Diebert say that it is very important for all of us to be able to step outside ourselves and laugh once in a while.

## Winter looks now

### Fashion show to benefit club

TWIN FALLS — From school clothes for children to evening elegance for men and women, the Twentieth Century Club's annual fund-raising style show will present what's new in fashion this winter.

Regined "Guys and Dolls," the show will be presented at the Turf Club twice on Tuesday, with a luncheon show at noon and a wine-tasting show at 8 p.m.

Fashions will be furnished by area retailers. Deby Johnson, manager at The Room, predicts that "the audience will enjoy seeing brown come back as one of the new winter colors. Natural tones, accented by navy and rust, will also be spotlighted.

Johnson says that dresses are also making a comeback. "Knit dresses and two-piece, 'dressing' is very heavy this year," she says. "Knits are easy to care for and can be dressed up or down. More and more of my customers are asking for cotton knits, even going into the winter."

Nanette West, manager at Schertz, says that silk is becoming "another" popular fabric, with shiny and natural silk being shown in women's suits and dresses.

See FASHION on Page D2



Andrea Stansell is wearing a child's stylish outfit



Fran Rider and Marietta James model outfits that will be featured in the style show

## Quick takes

### Replace toothbrush when ill

Getting a new toothbrush when you're sick may help you shake your illness, according to the Academy of General Dentistry.

University of Oklahoma researchers found that bacteria on a toothbrush may extend the length of the sickness. Toothbrushes can remain contaminated for up to one month, the study found. It also found that people who changed their toothbrush every two weeks and took antibiotics recovered from illness faster than those who only took antibiotics.

The bacteria and yeast found on toothbrushes were commonly found in pneumonia, stomach ulcers, strep throat, sinus disease, upset stomach and diarrhea. The Academy recommends: "If you've been sick, invest in a new toothbrush."

### Seat belts reduce injuries

Head injuries in children can be significantly reduced when auto safety restraints are mandated by law, according to a report in the American Journal of Diseases of Children. Such laws can also significantly reduce injuries overall.

Researchers at the University of California at Irvine studied the effect of California's 1983 child passenger safety law on pediatric injuries seen in nine hospital emergency rooms. The report found a 17 percent reduction in head injuries. Although the total number of children taken to emergency rooms after an accident did not change much before and after enactment of the law, 13 percent fewer children were brought in with injuries during the post-enactment period.

### Stuttering affects more boys

It is estimated that there are 214 million stutters in the U.S. and that stuttering affects four times as many boys as girls. The Speech Foundation of America warns that stuttering may be particularly difficult for teen-agers who are beginning dating and social interaction and who are in the process of preparing for life-long careers.

The problem can be particularly significant, if not handled properly.

# Graying remains in the dark

By ALLAN PARACHINI  
Los Angeles Times

You squint into the mirror in the morning, your eyes trying to adjust to the harsh bathroom light. Hastily, you take a brush to your hair. And, there it is.

Around one or both temples, perhaps radiating up the side of your head. If you're male, you might see it at the top of your sideburns.

Gray hair. Not just a foy, but enough to be inescapably — undeniably — noticeable.

No one has gotten to the root of the problem yet, for the process of graying is an aspect of body behavior that has never been thoroughly studied by medical researchers.

Nevertheless, graying is known to be a function of a complex system of body chemistry which, among other things, appears to be influenced by many of the factors identified by traditional folk culture. For instance:

- Stress and worry evidently can influence the rate at which people gray.
- There is something to the notion that people gray "overnight," but it isn't because the hairs turn color rapidly. It is just that dark hairs fall out, leaving only white ones behind — but it usually occurs over a period of a few weeks, almost never literally overnight.
- Graying patterns in all likelihood are inherited.

• Men and women gray in slightly different patterns. Women gray slightly faster than men.

• Light-haired people don't gray more slowly than dark-haired people; it just appears that way because apparent grayness is often created by the contrast between white hairs and darker ones. In light-haired people, the contrast is less pronounced.

• Premature graying is a quantifiable phenomenon, affecting a quarter of all people by the time they are 25. Production of the first gray hairs on the head commonly begins as early as age 15.

As much as graying may be a preoccupation in today's young adults and people in early and middle age, it has never been the focus of a concerted scientific inquiry. The world medical literature includes not one single journal article in the last decade on the graying process.

So a lot of what the experts say about it, they concede, is based on assumption and guesswork.

"It is a subject of enormous curiosity," said Dr. James Nordlund, chairman of the department of dermatology at the University of Cincinnati College of Medicine, and one of the few experts on graying identified by the American Dermatology Association and the government's National Institute of Arthritis and Musculoskeletal and Skin Diseases.

"But if you went to the National Institutes of Health (the federal government's research arm) and said, 'Look, I'd love to have a grant to study graying of the hair,' you'd probably get the Golden Fleece Award from that senator from Wisconsin (Democrat William Proxmire)," Nordlund said.

## The world medical literature includes not one single journal article in the last decade on the graying process.

From interviews with Nordlund and three other experts, a picture of the phenomenon of graying begins to emerge.

The process starts deep in the outer layer of the skin, the epidermis, almost to the inner layer of the skin, the dermis. Each of the 100,000 hairs on the head is controlled by a hair bulb, below the follicle at the deepest part of the root system. It is through the hair bulb that a variety of complex substances are channeled, creating each hair, mainly composed of a biochemical substance called keratin.

In the hair roots and in the

epidermis, millions of protein-producing pigment cells, called melanocytes, produce chemicals that determine the coloring of hair and skin. Albinoes usually have a normal number of melanocytes, but they lack the chemical means to trigger pigment production. In some people, only a small area of skin lacks functional melanocytes, producing white spots or streaks in an otherwise dark head of hair.

For an albino, said Nordlund, "it's like a car without a carburetor. There's plenty of fuel (in the form of the cells) but it is not able to convert it into color."

The melanocytes, in turn, are responsible for chemistry that colors the hair that takes shape in the follicle and grows long enough, eventually, to be seen. Once hair has been pigmented — by the melanocyte's action, the color cannot be changed because the pigmentation is not just a coating to the keratin body of the hair; it is infused.

The pigmentation chemical, melanin, has two basic components — sort of like the pigments used at custom-mix paint stores. The two basic colors predispose a hair to be dark or light or some hue in between, depending on the proportion of each pigment that is genetically introduced into the hair-making process.

Coloration is influenced by racial and ethnic factors, but virtually no

See GRAY on Page D2



# Learning problems have profound effect on children

Rob certainly wasn't a belligerent child — just unmotivated, not working up to his potential — his elementary teachers would report. The message to Rob's parents was consistent every year. Rob seemed to be a bright child, but he was inattentive and a daydreamer. He had trouble listening and following directions. He was clumsy. And he was always out of his seat.

At home Rob was also having difficulty. He was forgetful. He often didn't do his chores. Or if he did, they were done sloppily. Sometimes, despite strict instructions, Rob just left home and was gone for hours. As a result, Rob's parents were often angry at him. But, despite their lectures, scoldings and punishments, Rob's behavior didn't change. Nothing seemed to help.

None of the professionals Rob's parents contacted were able to identify the problem. Finally, when Rob was in the sixth grade, they consulted Dr. Paul McCarty, a Salt Lake based learning specialist. After giving Rob a series of tests, McCarty identified Rob's learning



**Jo Ann Larsen**

difficulty.

"Rob is an example of a child who is suffering from a neurophysiological problem," observes McCarty. "One side of his brain simply isn't able to communicate well with the other." Among Rob's learning problems, McCarty says, is a visual-perceptual disorder often termed a midline problem.

"Rob literally has a problem seeing things directly in front of him or to his left," explains McCarty. "If you move a pencil back and forth in front of Rob, his eyes refuse to follow. Since it's right-eyed dominant, he can't clearly process visual or verbal information that is coming from his left side. Information coming from that side is often misunderstood or jumbled."

The implications of the midline problem are profound for both

children and adults, says McCarty. For example, people with a midline problem can't maintain eye contact and process information clearly. In order to receive information, they have to keep shifting their eyes to the left or right, depending on which eye is dominant.

Yet, we live in a society where eye contact is considered essential to communication, says McCarty. "So the teacher says to Johnny, 'look at me when I talk to you.' Johnny does what he's told but as he concentrates on trying to look the teacher straight in the eye, he can't pick up what she's saying."

Tragically, says McCarty, a child can lose much of the information that comes to him during a school year. This is because midline problems, as a part of visual perception, depth perception, letter or number reversal, word skipping and visual tracking. The problem is greatly compounded when a child is seated throughout the year on the wrong side of the classroom for his visual problem.

Adults may interpret a child's lack of eye contact as his nonver-

bely admitting guilt, emphasizes McCarty. "They may emphatically say to the child, 'I know you're lying because you aren't looking me in the eye.'"

Rob's visual problem also involves difficulty in transposing information from one sense to another. Says Rob's mother, "Rob can't copy from the blackboard onto paper or from a book onto paper unless the book is on his right side. He can get bits and pieces but not all of the information."

"Knowing what Rob's problems are explains a lot of things that were aggravating to us and to his teachers," continues his mother. "He just couldn't perceive what was on the board. And he kept saying he didn't understand his math. The teacher would say to him, 'I showed you, but he showed him on the wrong side, or his less dominant side, so the information didn't penetrate.'"

Rob's midline problem is complicated by an auditory problem called a selective attention disorder. Says McCarty: "You may say to a child, 'I want you to pick up your clothes,

hang them up, put away your tricycle and then take a bath. However, when the commands are given, the child can't remember them all. He may mix up the commands, put the last one first, or vice versa."

Rob's mother describes her struggle with this auditory problem: "Rob would simply forget things. I would tell him to clean his room and put his dirty clothes in the hamper and he would go into his room and just look around. Something else would catch his attention and he would be off and gone."

Children who have learning difficulties like Rob's have to concentrate much harder in school than their average child. As a result, they experience daily mental exhaustion or burnout, says McCarty. "It's so demanding on the child that by the end of the school day the child's behavior may be totally different from what it was in the morning."

Because of this mental strain, says Rob's mother, Rob sometimes just walks out of the classroom. "He has to strain so hard to concentrate that it's like his brain suddenly

shuts down in his body and he gets up and leaves without making a conscious decision to do so."

Understanding Rob's specific learning difficulties has opened a whole new world for Rob's parents. "Finally we realized that we could do to help Rob with his problems," says his mother. "Just knowing what was wrong has changed our whole approach to him." As a result, Rob is becoming a happier and better-adjusted child.

Rob's parents also help Rob to do a series of sensory integrative exercises designed by McCarty. Usually, says McCarty, the child has innate ability in the area of difficulty, and daily exercises can sometimes help to remove blockages in the body's sensory systems that prevent the use of this ability.

Next week: More on learning problems.

*Jo Ann Larsen, D.S.W., is a Salt Lake City family therapist and a daughter of Dr. Ivin M. and Alice Jackson of Kimberly.*

# The bran wagon

## Not all brans pack same punch, some dietary, others diaretic

By LAWRENCE POWER, M.D.

In the future, the past two decades may be regarded as bran wagon times. Fiber supplements and bran cereals are promoted as remedies for many of today's disorders. The interest stems from observations of people living in rural Africa and later supported by controlled laboratory studies. Rural Africans have very little heart disease and cancer, and then eat a diet very high in fiber. What has tended to be ignored in these observations is that rural Africans not only eat more fiber but less fat, less salt, less protein and less sugar.

Not that fiber in and of itself is without benefit, as the laboratory confirms but we're expecting too much of it since we are not reducing our consumption of other problem nutrients. On its own, fiber's laxative effect keeps large bowel pressures low and minimizes the risk of diverticular diseases and appendicitis, two benefits that get less publicity than cancer and heart attack do. But not all fibers have a laxative benefit. Water soluble fibers such as the guar gum of confectioners' jelly beans and the oat gum of porridge, have no laxative effect but they do capture cholesterol and help to lower blood levels thereby benefiting the heart. Bran from wheat or corn has such heart protective property.

In the branwagon to board the bran wagon, cereal makers give wheat and corn most of the play, but heart-smart consumers shouldn't overlook oats. One product currently marketed as oat bran is more of a flour than a bran as casual inspection confirms. White and powdery stuff, oat bran actually contains parts of the crushed oat grain plus several layers of cells underlying the outer skin of the grain that are rich in protein, iron, phosphorus and beta-carotene. It's a bran fiber that dissolves in water because of its high concentration of gums. They give cooked oatmeal its sticky texture. While wheat and corn brans act mostly as laxatives, oat bran has little

laxative effect but helps to lower blood, cholesterol and to reduce blood sugar levels in diabetics.

Scientists in Kentucky and Illinois have shown that adding oat bran to the diet of otherwise healthy individuals with high blood cholesterol levels can lower those levels by five to 10 percent. Knowing nothing of this heartening information, horses have always appreciated their oats. After such a feeding, they live up appreciably, hence the expression about feeling one's oats. While a cup of coffee is more often called upon for the same effect on humans at breakfast, the other benefits mentioned are coming from the scientists and not the horse's mouth.

One fast-lane breakfast shake for the busiest of days can be made with a banana, a teaspoon of cocoa or instant coffee, skim milk and oat bran. The bran gives the shake a smooth, thick consistency, a characteristic of oat bran that can be used at other times to thicken stews, soups and sauces.

At the moment, under the aegis of new research, enthusiasm for the health promoting properties of fiber are somewhat on the wane. There's little direct evidence that taking bran at breakfast has any major beneficial effect on weight control, blood pressure control, heart disease or even colon cancer. Population studies of the role of fiber in health have never demonstrated a bran benefit, but a fiber benefit. That means fiber in a dietary food style of fruits and grains, not a bran breakfast supplement. A high-fiber food style tends to produce a diet that's low in fat, sodium and calories. The bran wagon as it applies to wheat bran, seems to have rolled too far too quickly, but this is probably another reflection of our tendency to look for quick fixes rather than long term changes in habit.

*Lawrence Power, M.D., is professor of medicine at Wayne State University and physician in private practice; writes a weekly column for the Health & Fitness News Service.*

# Complete vascular system treated for migraine headache prevention

By The Associated Press

Recent advances in the treatment of migraine headaches are aimed at prevention. According to physicians at the New York University Medical Center, many medications used today stabilize the blood vessels, thereby preventing the vascular changes that are currently thought to initiate throbbing head pain.

"We no longer treat migraine as if it were only a headache," said Dr. Emil Hiesiger, assistant professor of neurology at the center.

"Migraine is now known to be a condition that affects the whole vascular system. We feel that people

with migraine have very labile blood vessels — vessels that contract and dilate more readily than normal. In the head, this sudden fluctuation leads to the throbbing migraine headache."

Two medications currently used to control migraine are beta blockers, such as propranolol, and calcium-channel blockers, such as verapamil. "These alter the tone of the vascular wall, thereby reducing the susceptibility to fluctuations," explained Hiesiger.

Antidepressant medications, such as amitriptyline and imipramine, also have been of value in migraine control programs. "One hypothesis for their success is that these drugs decrease the release of three chemicals in the brain — serotonin, norepinephrine and histamine — all of which are thought to cause fluctuations in the vascular system and, therefore, to play a role in the genesis of migraine headache," explained Hiesiger.

A third option for controlling mi-

graine is the use of anti-inflammatory drugs such as indomethacin and aspirin.

"These drugs are believed to be effective because they reduce platelet aggregation in the blood vessels," said Hiesiger. "Part of the initial blood vessel changes in migraine involves aggregation of platelets in the blood vessels. These platelets release serotonin, one of the chemical triggers of migraine."

Not all migraine conditions require pharmacological control. For many people, simple life style changes may reduce the frequency and severity of migraine.

Dr. William Haas, professor of neurology at the medical center said, "If a person has been getting along with an occasional migraine and suddenly begins to have one or two severe headaches a week, we would look for recent lifestyle changes that could be provoking the headaches before recommending preventive or pain-relieving medication."

# Cancer drug offers hope

By The Los Angeles Times

Although the anti-cancer drug methotrexate has not been approved for use in rheumatoid arthritis by the Food and Drug Administration, it has been found effective in treating patients who may have not responded to other therapies, according to the Annals of Internal Medicine.

First used to treat rheumatoid arthritis in the 1950s, methotrexate is being used by physicians when other types of treatment fail. Although four controlled studies have been published, documenting its effect during short-term use, questions still linger regarding its long-term use and potential toxicity. In one "third" trial, patients given methotrexate, treatment must be discontinued due to adverse effects, less than one percent of which are life threatening.

Trials suggest that improvement usually occurs within one month, reaching a maximum at six months and then leveling off for the rest of the treatment. After the first four to six months, the benefits may wane.

# Gray

Continued from Page D1

research has been done on the existence or non-existence of such influence in graying. Because gray is largely determined by white-dark contrast, genetically dark-haired races or groups would be expected to show more discernible graying than races and ethnic groups with a broader range of light hair colors.

The color-chemistry changes with age so that even persons who have natural hair coloring changing with advancing age. Many people experience a darkening in their coloring — directly attributable to the maturing function of the melanocytes and the varying production of melanin.

With time, said Dr. Coleman Jacobson, of the Baylor Hair Research and Treatment Center in Dallas, the melanocytes deteriorate and their pigment-producing chemistry begins to shut down. It is a gradual process and, for the period that the melanocyte is still functioning at reduced capacity, the bulb produces a hair that is gray, or incompletely colored.

As time goes on, though, the melanocyte stops working completely and the hair bulb turns out a completely white product. The process can also be influenced by a variety of diseases that prematurely order its cessation, but the disorder is detected early enough — reduce enzyme chemistry and interfere with the pigment cells.

In the vast majority of cases, age and the natural evolution of melanocytes — culminating in their cessation of function — is the cause of graying.

One can have a heck of a lot of gray hairs and not notice it. Even if you have 50 percent or 60 percent white, your scalp can still look dark. You have to have considerably over 50 percent before it begins to show (decisively), said Jacobson.

Thyroid disorders are a common cause of premature failure of the melanocytes. Diseases affecting the pituitary gland probably reduce hair coloration, said Jacobson, and even interruptions of hormone production in the testicles or ovaries can bring about premature graying. Diabetes causes enough of a hormone imbalance to affect hair color, too, as can severe malnutrition. Premature graying has also been associated with a possibly heightened risk of heart disease.

The experts agree that vitamin and mineral supplements and dietary changes generally cannot influence the process, and in case of pernicious anemia, a deficiency in Vitamin B-12 may actually influence graying.

Stress and worry, according to

the experts, probably exert a tangible influence on the pigment chemistry. The mechanism by which stress reduces melanocyte function is not understood, but the evidence that it exists, said Jacobson and others, is substantial.

The shutdown of the pigment cells usually occurs gradually. About 100 hairs a day are lost just from natural attrition. With age, the older dark hairs fall out, leaving a greater proportion of newly-created white hairs. As white hairs gain the majority, the grayness appears to increase. Thus, grayness is an optical illusion created by the mixture of the remaining dark hairs and the newer white hairs.

All of this begins to occur earlier than most people realize.

# Style

Continued from Page D1

Fashions for men will include a sleek gray suit for office or evening wear, and for younger men, a new generation of career looks that includes plaid jackets which Johnson says are just a little "louder" than usual. These new jackets are complemented by brightly colored shirts and ties.

For children, Pat Garcia of J.C. Penney says pastel colors are going to be popular in girls' fashions, along with soft fleece fabrics in casual tops and bottoms. The fashionable look for boys includes laundered and washed cottons and tops and bottoms in novelty patterns.

Tickets for Tuesday's fashion show can be purchased at Shear Delight, The Bon, J.C. Penney and Siefert's or call 733-6998 or 733-0845.

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# TRAVEL TIPS

IF YOUR FLIGHT IS DELAYED, here are some positive steps you can take to help the situation. If you arrive just in time for a morning flight, but are scheduled to depart, do not waste time trying to get information from agents at your arrival city as they don't know more than is posted on the monitors. Instead, go directly to your departure gate even though you think it is hopeless. Information on the monitors is not always updated, especially for a short delay.

The airline customer-service staff has more power than you are led to believe. These agents often have authority to decide whether your ticket is assigned over to another airline or whether you are offered hotel accommodations at site to express. An agent is much less likely to extend help or commit the airline, if a passenger is demanding or unyielding. Be reasonable and courteous; the agent did not cause the problem you are facing. If you can propose a solution

to your problem that the agent can implement, both you and the agent are better off. Don't ask for a supervisor until you are sure you are making a request that the agent can't handle.

Agents provide plenty of information on airlines; look for answers at them before you ask questions. Using the time of hurried airline staff to answer unnecessary questions can cause further delay.

If the lines are long at the airport counters, call your travel agent or the airline from a pay phone to arrange alternative flights when yours is delayed or canceled. You will get faster service than if you wait in front of an overbooked and understaffed airport counter.

Next week we will offer more suggestions. In the meantime, please call for all your travel needs.

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"To Do for You" is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 548, Twin Falls, 83303, or deliver to our office at 132 Third St. W.

Co-ed volleyball planned

**JEROME** — An adult co-ed volleyball league will be offered by Jerome Recreation District with an organizational meeting to be held Tuesday at 6:30 p.m. at the district office. The program will be strictly recreational with games played approximately one night per week. All teams or individuals interested in participating should attend the meeting. For more information, call the office at 324-3389.

Sibling class offered

**JEROME** — St. Benedict's Family Medical Center will offer a sibling class for children ages 2 and up to be held Tuesday from 7-8 p.m. in the conference room at the center. Those attending are encouraged to bring a life-sized doll. For information, call Gayle Goodin, 536-6446.

C-section class slated

**JEROME** — "Why C-Sections?" will be the subject of a prenatal class offered at St. Benedict's Family Medical Center. The class, conducted by James Irwin will also do review and practice exercises Wednesday at 7 p.m. in the conference room at the center. Cost is \$4 per couple. For information, call Gayle Goodin, 536-6445.

Fitness classes to begin

**TWIN FALLS** — An "Over 60 and Getting Fit" exercise class will meet for the first time this semester on Wednesday. The instructor is Jan Mitteldeier. The class will meet from 9:30 to 10:30 a.m. Monday, Wednesday and Friday in the east balcony of the College of Southern Idaho gym. Students can register at the first class. There is no charge. For information, call Mitteldeier at 733-9554, ext. 302.

Workshop set on mourning

**TWIN FALLS** — Dr. Glen W. Davidson will conduct a workshop on "Understanding Mourning" Thursday from 1-4 p.m. at the Magic Valley Regional Medical Center Conference Room. Cost of the workshop is \$15. Registration is available by calling Greg Lindsay, 733-5872 or Paul Reynolds, 733-4900.

Stress class staged

**TWIN FALLS** — Joyce Cameron, a licensed marriage, family and child counselor, will conduct a one day workshop entitled "Less Stress, More Joy" Saturday from 10 a.m. to 4 p.m. in room 113 of the Desert Building. The class will help relieve the tension resulting from personal stress patterns. The fee is \$25. For more information, call 733-9554, ext. 363, or preregister in the Taylor Building.

Buhl health fair scheduled

**BUHL** — The Twin Falls Clinic and Hospital is having a health fair for the community of Buhl on Saturday at Popplewell Elementary School from 8 a.m. to 2 p.m. Free blood pressure checks, finger stick blood sugar testing, lung volumes and testing for colorectal cancer will be done. A chemical profile blood test can be done on fasting individuals for \$17 between 8 and 10 a.m. The local police department will have Mr. McGruff available to talk with children and the Popplewell Parent Teacher Network will coordinate fingerprinting of children. All children must be accompanied by parents. For information call 733-3700, ext. 344.

Sunday hike planned

**TWIN FALLS** — The Trail and Trekkers, a day hiking group, will go to the Craters of the Moon National Park on Sunday. Participants should meet at the Twin Falls Bank and Trust building in the Magic Valley Mall at 9 a.m. Supplies should include good hiking shoes, lunch, day pack and water. Those attending may also meet for breakfast at 8 a.m. at JB's Restaurant.

Jerome aerobics class held

**JEROME** — The Jerome Recreation District will offer a comprehensive aerobic exercise program for total body conditioning beginning Oct. 19. The six-week class will be held at 4 p.m. Monday, Wednesday and Thursday at the Martial Arts Academy. Instructors are Deanne Ford and Patty Sibold.

Jukido class offered

**WENDELL** — A Jukido class will be offered for all youth in grades 7-12 from 7 to 8:30 p.m. Wednesdays beginning Oct. 21 through Dec. 16 at the Wendell Elementary School multi-purpose room. The class is sponsored by Magic Valley-Evangelical Free Church, Jerome, with Gary Phelps instructor. Those attending should wear comfortable clothes. For information, call Diane Davis, 324-7326 or Glenn Theberge, 636-2388.

Give me a 'Lite' Benefits vary greatly, but light level better than no exercise

By RICK McGUIRE The Los Angeles Times

First came "lite" beer, the "lite" wine, now you can have an entire "lite" meal. With Americans obviously seeing the "lite," it should come as no surprise that next up is "lite" exercise.

Researchers have been working up a sweat studying the effect of activity on the human body, and they are coming to the conclusion that the public has been oversold on the value of training-level exercise. Consequently, according to those scientists, this "go-for-the-burn" mentality has discouraged the very people who most need exercise in their lives.

However, there is a healthy dose of hope in a series of new studies that define the substantial benefits of light- to moderate-activity levels. This light approach to exercise includes activities such as gardening, golf, home repairs and bowling.

The debate over recommended activity levels was a recurring theme during "this year's" meeting of the American College of Sports Medicine in Las Vegas.

Steven Blair, director of epidemiology at the Institute for Aerobics Research, Dallas, believes there has been "way too much emphasis" on the intensity of exercise and not enough emphasis on the exercise or activity itself.

"Frankly," he said, "I think we've scared 70 million to 80 million people away from the very activities that we want them to pursue. That's why nearly half of all adult Americans have no leisure-exercise program whatsoever."

Popular activities for healthier hearts

Arthur Leon, M.D., a professor of epidemiology at the University of Minnesota, reported the most popular activities according to his analysis: lawn/garden (64 percent), walking (70 percent), home repairs (64 percent), water sports with swimming the most popular (68 percent); other popular with bowling most popular (60 percent); dancing (40 percent); fishing/bowling (38 percent); conditioning (38 percent); and in this category 12 percent reported that they were jogging; biking (38 percent); and golf (28 percent).

Blair added that our cultural and commercial presentation of exercise is also unhealthy. He is convinced that the idealized image of fit young people, doing highly vigorous activities has dissuaded many people from doing anything at all.

"An overweight, middle-aged, out-of-shape person looks at this image, figures it's unattainable for him or her and quits exercising before they even begin," Blair said.

Peter Raven, Ph.D., head of the department of physiology at Texas College of Osteopathic Medicine and the new president of the ACSM, agreed with Blair and noted: "There is this whole concept that if you can't run a marathon you aren't very fit. That's ridiculous."

"We've confused health fitness with performance fitness," he said. "What proof is there that light-to-moderate activity is health protective? The evidence, according to several studies presented at the ACSM meeting, is substantial.

go for total exhaustion," he said. Miller, who is considered the father of cardiac rehabilitation in the United States, added: "You have to do something to increase the use of your muscles, to make your heart rate come up, but I don't think there's anything really magic about getting your heart rate up to 80 percent to 90 percent of max."

"Sure you'll get more training effect that way, but I don't think it's been proven that you'll get more cardiovascular protection at that (maximum) level as opposed to say a 40 percent maximum level at which you can incorporate almost all-daily activity and get some (healthful) effect," he said.

Steven Blair said: "The public health message needs to swing a bit and we need to get people off their butts and up and moving, even if that just means getting them out for a 15- to 20-minute walk once or twice a day. I don't care what their heart rate is! There is certainly evidence that that kind of light-to-moderate activity produces health benefits."

Although the phrase light to moderate activity was banttered around by one and all at the gathering of sports medicine specialists, a precise definition was not forthcoming. "Activity" doesn't have to be real intense, it just has to be consistent, Miller said, "but total activity should reach a certain critical level, and I guess we are a little undecided about what that is."

Leon's conclusions are based on his analysis of nearly 13,000 high-risk men who participated in a coronary-prevention study known as the Multiple Risk Factor and Intervention Trial, or MRFIT.

Doctors stress importance of exercise to heart patients

By The Associated Press

**CHICAGO** — A medical review panel overwhelmingly endorsed exercise for recovering heart attack or heart surgery patients, but at least one expert said more research is needed to determine if exercise reduces deaths.

A panel of 29 experts reviewed exercise as part of a carefully supervised program of cardiac rehabilitation and concluded that its greatest benefits were a reduction in recurring heart problems, enhanced physical and psychological well-being and a speedier return to work.

"The results of the survey by the American Medical Association's Diagnostic and Therapeutic Technology Assessment panel appear in Friday's Journal of the American Medical Association.

"My sense is that exercise cuts into mortality rates, but we don't have much data other than anecdotal stuff," said Dr. Edward B.J. Winslow, who discussed the subject in a journal commentary.

"We can say with certainty it's beneficial beyond a reasonable doubt, but we don't have the same weight of evidence when you're talking about mortality rates," said Winslow, a cardiologist at the Northwestern University Medical School in Chicago.

He noted that the amount and frequency of exercise in cardiac rehabilitation programs varies widely. Depending on the patients' heart condition, between 16 percent and 88 percent of the AMA panel said ex-

ercise is a safe and effective way to help avoid further heart problems.

No more than 36 percent of panel members, however, were willing to characterize exercise as a safe and effective means of reducing deaths among cardiac patients.

The panel report concluded that studies demonstrating the effectiveness of such regimens "have failed to reach statistical significance."

Dr. Ira Friedlander, a panel member, said doctors of heart attack patients used to "put them in a dark room at the end of the hall where they wouldn't be disturbed, let them vegetate for a month" and the end of that time, sent them home and told them not to do anything.

"We now know how valuable exercise and cardiac rehabilitation programs are. We hope this will raise interest in the issue among all practicing physicians," said Friedlander, a cardiologist at the University of Chicago Medical Center.

"If you come to me as a patient after a heart attack, I would like to be able to tell you — with science to back it up — that exercise will not only make you feel better, but it will increase your chances for survival over the long term."

"But do I think it should be of the highest priority (for research dollars)? No," he said. "There are more important things that need to be taken care of."

Winslow said that too few studies examining exercise and mortality have been performed and that even

the largest such clinical trial "was doomed to failure before it was completed."

The National Exercise and Heart Disease Project study reported a 37 percent reduction in deaths over a three-year period in a control group of cardiac patients whose rehabilitation program included regular exercise. A total of about 700 patients took part in the study.

"But to achieve significance, you would need somewhere around 5,000 patients," said Winslow.

He said prospects for an adequate study on the relationship of exercise to reduced mortality rates remain gloomy for the near term, partly because of the expense of doing the studies.

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Shortness, can be cured

The Associated Press

BETHESDA, Md. — Some 2 million children in the United States suffer from severe short stature and often their parents do not know that treatment is available for many of the causes of these disorders, according to the Human Growth Foundation.

The foundation is a national non-profit group of health care professionals and parents of children with growth disorders.

Parents who understand how growth disorders can affect their child are better able to take corrective measures, says Dr. Joseph Zanga, pediatrician from Children's Medical Center at the Medical College of Virginia.

Early diagnosis of growth problems can be achieved by informal parental observation of their children's size when comparing classmates and playmates and how quickly they outgrow new clothes, the foundation says.

# Medical help required by asbestos handlers

By The Associated Press

Anyone who has ever worked with asbestos should be checked for potential lung damage and should stop smoking immediately, warn specialists at New York University Medical Center. But not everyone who has worked with asbestos, knows it.

"An estimated 4 to 5 million people who worked directly or indirectly with asbestos may be affected," said Dr. Morton Davidson, associate professor of clinical medicine at the medical center and head of its asbestos-exposure screening program.

According to Davidson, the hazard is not limited to those who have worked directly with the asbestos insulation once commonly used in construction, or to those now engaged in the demolition or renovation of the approximately 700,000 such buildings across the country.

According to the NYU physician, also at risk are those who have worked in or near such construction, former shipyard work-

ers and those engaged in the manufacture or handling of a number of other products and materials which once involved asbestos, including roofing, ceiling and floor tiles, water and sewer pipes, furnace and electrical-equipment insulation, brake linings, filters used by brewers and distillers, hand-held hair dryers (nearly 100 models were recalled in the late 1970s), and rock used in paving roads, playgrounds and parking lots.

For those who have been exposed, smoking greatly exacerbates the health risks. "Smoking multiplies the risk of asbestos-caused lung cancer by a factor of 40," said Davidson. "If these people stop smoking, however, this risk significantly decreases."

The term "asbestos" is applied to several mineral silicates; one, called chrysotile, accounts for some 95 percent of asbestos used in the U.S.

"The damaging effects are due to microscopic fibers of the mineral lodging in the body, especially in the lungs," Davidson noted.

# Snuff habit leaves bad taste in mouth

**DEAR ABBY:** After reading the letter from the man who hasn't kissed his wife in 10 years because she was a heavy smoker and he couldn't stand the taste and smell, I had to write.

My husband chews tobacco — specifically, he dips snuff, which is why I haven't kissed him in 10 years!

His teeth are brown, his tongue is cracked and his mouth tastes so bad my tongue and mouth "burn" when he tries to kiss me. It's a real turn-off when making love, and yet he insists that I kiss him.

"It's not that bad," he says. Hal Cancer runs in his family, yet he's into total denial of all the statistics.

For years he has been promising me he would quit. Now he announced that he has changed his mind — he "enjoys" dipping snuff too much to give it up. I still find him repulsive with that tobacco mouth, but it's not enough to make me divorce him.

He doesn't drink, gamble or chase other women. I find myself looking at other men and fantasizing about what it would be like to spend a night just kissing!

Am I wrong to refuse to kiss him during lovemaking? Or would a

**Abigail VanBuren Dear Abby**

good wife submit to whatever her husband wants, just to satisfy him?

**DEAR KISSED OFF:** Your husband is clearly addicted. He made a choice between you and tobacco. You lost.

And no, you are not wrong to refuse to kiss him during lovemaking. ("A fine romance — with no kisses!")

Your husband is selfish to the point of being cruel; he's punishing both of you because he "enjoys" his addiction too much to try to overcome it.

**DEAR ABBY:** My son and his family visit us twice a year. I enjoy setting what I consider to be an attractive table for breakfast, lunch and dinner.

My daughter-in-law, judging by our occasional visits to her home, goes to very little trouble at mealtimes, and we rarely have matching glasses and dishes.

When my daughter-in-law visits me, she has the annoying habit of removing the floral centerpiece from the table, stating that we need more room on the table, which is extra-large! She evidently thinks that the center of the table should be occupied by a bowl of spaghetti or a carton of milk rather than something decorative.

What should I do?  
— BURNED UP IN EVANSTON, ILL.

**DEAR BURNED UP:** Accept your daughter-in-law's limitations and say nothing.

Now I will tell you what NOT to do. Don't complain to your son about his wife's bad manners. If he can put up with her on a steady basis, you can tolerate her twice a year.

**DEAR ABBY:** I felt compelled to write after reading the letter in your column about how many people had lost their cats in clothes dryers.

Last week, Adam, our 2½-year-old son, crawled into our clothes dryer and pulled the door shut. I was in the next room and could hear him playing contentedly, then I heard the dryer door slam shut.

Soon I heard his muffled cries for help. Abby, that dryer is airtight, and if the radio or dishwasher had been on, Adam might have suffocated before I found him! As it was, he suffered only a big scare.

I hope you feel that this warning is worthy of space in your column.  
— ELAINE WALLACE, MOUNTAINTOP, PA.

**DEAR ELAINE:** I do. And thanks for shouting it from the mountaintop!

**DEAR ABBY:** Here's a question I've never seen in your column: My recently divorced wife, "Sue," and I would like to get back together, but during our marriage, Sue constantly fooled around.

She says she has changed. How can I be sure?  
— WONDERING IN WYOMING

**DEAR WONDERING:** Until you and Sue get to the root of what compelled "her" to "constantly fool around" and the circumstances are changed, you can't be sure.

I would strongly recommend professional premarital counseling before you return to the altar with Sue.

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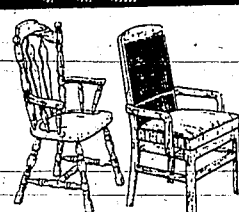
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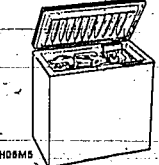
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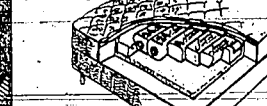
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