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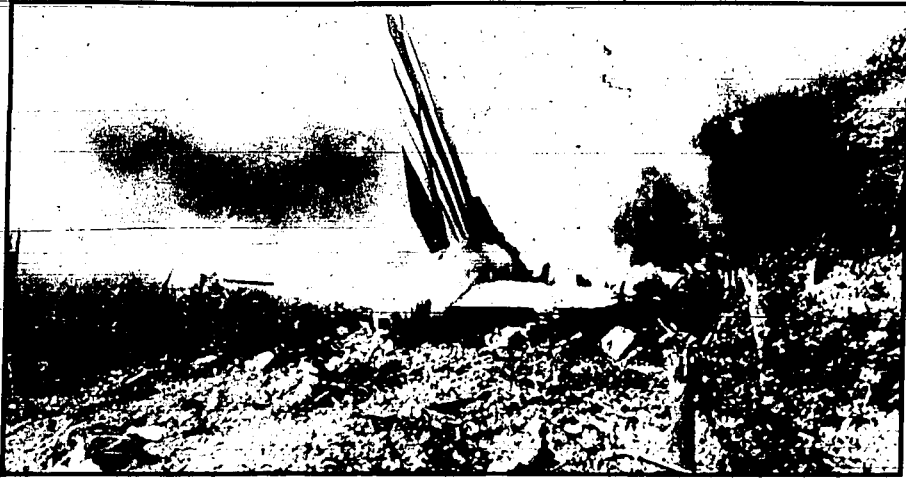
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Monday, June 27, 1988



Smoke billows over debris of the tall unit of an Air France Airbus 320 that crashed on a demonstration flight

Airbus crashes during air show

The Associated Press

MULHOUSE, France — A new Airbus jetliner carrying more than 130 people crashed into a forest Sunday during a demonstration flight at an air show, killing at least three people and injuring 98, officials said.

Many victims were believed to be first-time fliers who paid for the chance to take a ride on the Airbus A320.

Local government officials said 50 people were hospitalized after the crash in Hubheim, a village in eastern France about 15 miles from the Swiss border. Many of the injured were treated and released.

It was not immediately clear how many people were on the jet, because there was no official passenger list. Authorities said there were at least 136, nine more than originally believed. They urged survivors to get in touch with authorities so all aboard could be accounted for. Initial reports said four people were killed. The local government officials, who are not named in accordance with French practice, later said they were able to confirm three deaths. They said some victims were badly burned.

The jet was on a demonstration flight at a show in Hubheim, just outside Mulhouse and 250 miles east of Paris.

The twin-engine A320 is the new model that

went into service in April for Air France and British Airways. It was conceived and certified for flight by a two-member crew, eliminating the navigator.

Early this year, pilots and flight engineers of Air Inter, the largest French airline, called a series of strikes to protest the use of only two cockpit members in A320s, saying it was unsafe.

Air France took delivery Thursday of the plane that crashed Sunday.

A 25-year-old woman passenger who did not give her name was quoted by AP as saying she heard trees brush against the fuselage after the aircraft flew over the airport.

Dairies under closer scrutiny

By MARK PRATTER Times-News writer

TWIN FALLS — It is something of a shotgun wedding, but government regulators and several local dairy farmers seem to be slowly coming to terms about controlling a water pollution problem.

Dairy farmers have long resisted the marriage. But now regulators are stepping up inspections of dairies, leaving them little choice.

The state, acting on behalf of the U.S. Environmental Protection Agency, is making sure farmers get permits and that they build lagoons to control the animal waste that can pollute Idaho's rivers and streams.

Back in 1986 when EPA tried to explain the rules, some farmers attacked EPA for trying to drive them out of business.

Last year in the Magic Valley some 600 EPA letters explaining the permit system brought only 16 replies from dairy and feedlot operators. The government was looking for notices of intent to comply with the rules.

Large operators, with 700 cows or 1,000 head of feeder cattle, have been required to control animal waste runoff since the 1970s.

Now EPA is applying the rules to smaller operations that stable, confine or feed more than 300 slaughter and/or feeder cattle or 200 mature dairy cattle.

This year the state and EPA conducted inspections of local dairies and feedlots.

When they visited the Eric Hettling dairy along Interstate 84 in Jerome, they found his waste management system 10 times too small to handle the waste produced.

At the Ken Loman dairy south of

Buhl inspectors found illegal wastewater flows into the Twin Falls Canal Co.'s Lowline Canal. The late VanderVegt, a board member of the United Dairymen of Idaho, also had a discharge problem into a lateral N and K of the North Side Canal, the state says.

VanderVegt will spend \$3,000 to \$5,000 to build a third pond to handle wastewater runoff during the winter, she says.

VanderVegt says the cost of the new pond is something she can handle.

But Hettling says he will have to add more cows to pay for the \$60,000 cost of his new lagoon, land and pumps.

"It's a vicious circle. You put more cows on and get less for milk," Hettling says.

"I want to comply with the rules and regulations. We will like to do things right but this is going to cost money," says Hettling.

In addition to building a new lagoon, Hettling says he has filed for a water permit.

Getting Hettling to the altar with the state wasn't an easy process.

The state made two inspections of his 600-cow dairy last winter and found several violations including discharging wastes into an irrigation lateral of the North Side Canal. The wastes end up in the Snake River.

The second inspection turned up the same violations.

After the second inspection, the state gave Hettling a two week deadline for fixing the problems and applying for a permit. Nearly two months later the state received no response.

Last April, EPA warned Hettling.

• See DAIRY on Page A2

Firefighters control 5-day Tyndall blaze

The Associated Press

DEADWOOD SUMMIT — An army of 200 firefighters, aided by overnight rainfall and cooler, humid weather, controlled the 137-acre Tyndall Meadows fire in the Boise National Forest early Sunday and planned to begin demolishing Monday.

Mop-up and monitoring of the fire area, about 25 miles east of Casado, will be turned over to a 40-member crew from the Lowman Banger District, said Chellis National Forest spokeswoman Ruth Monahan.

The blaze was contained about 7 a.m. MDT Sunday and declared fully controlled at about 11 a.m., Ms. Monahan said. Crews spent the rest of the day mopping up hot spots within the fire's perimeter.

The fire is just south of the site of Idaho's worst fire in 1987. The Deadwood Summit fire blackened more than 60,000 acres, much of it in the Frank Church River of No Return Wilderness.

Jim James, incident information officer for the Boise National Forest, said about a half-inch of rain

fell Saturday night. That forced firefighters to retreat temporarily while nature took over the battle against the blaze, which was sparked Wednesday by a lightning strike.

The weather continued in firefighters' favor Sunday, with temperatures reaching only about 65 degrees and humidity of about 73 percent. Some scattered thunder showers, along with lightning, were forecast for early Monday. But Ms. Monahan said conditions should remain relatively good, with temperatures expected to reach only the mid-70s and humidity of about 30 percent.

Lightning from the same storm that brought rain to the Tyndall Meadows fire was responsible for dozens of small spot fires throughout central Idaho early Sunday. Most were out or controlled by nightfall, but one in the Boise National Forest grew to about 20 acres in the Twin Springs area, southeast of Idaho City, Ms. Monahan said.

Still, she said the blaze was "pretty much stopped" by an attack

• See FIRE on Page A2

United Nations organization assesses world's grain reserves Drought could lead to food shortage

The Associated Press

ROME — Worldwide grain stocks could sink to their lowest levels of the decade and lead to possible food shortages if the crippling U.S. drought continues for another two weeks, according to a U.N. organization.

But officials at the U.N. Food and Agriculture Organization say favorable weather and crop prospects have created a brighter farm picture in most of the rest of the world.

Before the U.S. drought took hold, the Rome-based U.N. organization already was projecting that world grain production in 1988-89 would not match consumption and

that stocks would drop close to the level the agency considers the minimum necessary to safeguard world food security.

"Now with the U.S. drought, the question is how much is U.S. production going to be drawn down," Peter Newhouse, chief of the agency's global information and early warning service, said in an interview Friday.

"It's still too early for firm projections. It all depends on the rain in the next two weeks," he said.

The organization had projected June that the United States would produce 279 million tons of this year's targeted 1.67 billion tons of grain worldwide. But that was before the

worst drought since the Great Depression parched the Midwest.

"If the present dry weather were to continue over the next couple of weeks, then there would be a severe shortfall in U.S. crops, particularly maize (corn)," Newhouse said.

He had already projected that with normal weather conditions, the stocks could fall close to the minimum level. Now if the drought continues, there's a distinct possibility it could fall below that.

The U.N. organization considers the minimum level to be 17 percent to 18 percent of the projected global consumption of wheat for

• See DROUGHT on Page A2

Survey shows AIDS has affected behavior

The Associated Press

BOISE — A newly released survey of groups at high risk for contracting acquired immune deficiency syndrome shows that 58 percent of respondents from the homosexual community have changed their sexual behavior.

But the Idaho AIDS Foundation thinks the number may be significantly higher for homosexual men, who are at the highest risk. Meanwhile, 31 percent of the intravenous drug users surveyed indicated they have adopted safer sex

practices.

The Idaho AIDS Information Survey generated 203 responses. It was launched in mid-1987 and is the first attempt in the state's gauge behavioral changes among drug users and homosexual men, who together account for most reported cases of AIDS.

The survey was financed by the state Department of Health and Welfare and aided by Marilyn Hayes of St. Luke's Regional Medical Center as part of her work toward a master's degree at Idaho State University.

Of 139 people surveyed in the homosexual community, 67 described themselves as homosexual or bisexual for 27 years. That could skew the results because people in low-risk groups might be less likely to change their behavior than people in high-risk groups, said AIDS Foundation member Russell Centanni.

Robert, a homosexual Boise businessman who said that his last name need not be used, echoed that. He said lesbians he knows are not concerned about getting AIDS, but that among

• See AIDS on Page A2

Allegations include bribery, wiretapping

Executives say Paisley won post despite dubious record

The Associated Press

LOS ANGELES — Melvyn R. Paisley, a central figure in the growing Pentagon fraud scandal, was able to win a top Defense Department post despite widespread allegations that he had bribed government officials and wiretapped competitors, according to a published report.

The Los Angeles Times reported Sunday that two executives of the Boeing Co. had sought to get Paisley fired from his job 10 years ago because they were alarmed about his conduct, which they said included charging fees for prostitutes to his ex-

pende account.

"Usually every major company has one guy who does the dirty business," former Boeing executive James Durst told the Times. "He was the guy."

Durst, in a telephone interview with The Associated Press Thursday night, said he passed along information to the government more than five years ago that Paisley had bragged of committing a felony wiretapping operation and of committing bribery internationally on military projects.

Lawrence E. Barcella, Paisley's lawyer, called that allegation "unfounded." Barcella

did not return telephone calls Sunday to respond to Durst's latest allegations. Calls to a Boeing spokesman were not immediately returned.

Paisley's reputation has been that of a fast-rising playboy who left behind a string of allegations of questionable conduct.

Durst described Paisley as a "hard-drinking, two-tisted man's man" who went a step at nothing to get his way. "He loved to talk, he loved to brag. Mel had certain priorities: women, money and business — particularly women," he said.

The latest revelations about Paisley's past raise questions about how he could

have passed FBI background checks necessary to become assistant secretary of the Navy in 1981 with access to the government's highest secrets about weapons and reconnaissance satellites.

One of Paisley's three ex-wives, Mildred R. McGretick, said she told the FBI at the time that Paisley "was dishonest with money" and had accepted cash and gifts as gratuities. McGretick's sister, Mickey Peterson, said she had sent a letter to then-Sen. Armed Services Committee Chairman John Tower saying that "Mr. Paisley has been known to take bribes." Tower's panel was then considering Paisley's nomination as a top aide to Navy Secretary John Lechman.

The Times said Paisley, who worked for Boeing for 27 years, had hired James E. Gaines, while a Boeing executive, and later brought him to the Pentagon as a deputy.

After Paisley left the Defense Department, Gaines stayed with the Navy and is suspected of having supplied classified material to Paisley, who used it in his consulting work.

Paisley's office and home were searched by the FBI as part of the investigation into the alleged bribery scandal. No one has been charged in the case.

Stockpiled grain helps some farmers through drought

STERLING, N.D. (AP) — Four steel bins filled with unsold grain are Mel Rodenburg's hedge against a drought that wiped out his 1,300 acres of wheat, oats and rye this spring.

As the drought drags on and grain prices soar, he and thousands of farmers who stand to make a tidy profit from selling their share of the billions of bushels of wheat and corn stockpiled around the nation.

"The drought makes it tough going, but, yes, we are going to get along quite comfortably," said Rodenburg.

Rodenburg, 57, has 14,000 bushels of wheat stored in the bins on his 3,000-acre farm. The wheat is worth \$3.85 a bushel, up \$1.15 from a few weeks ago. The price likely will rise much

more, perhaps as high as \$7 a bushel, some have speculated.

While some farmers worry whether they will have anything to sell at all this year, Rodenburg and his 25-year-old son, Alan, worry whether they will sell too soon.

"If you sold it this week and it made another \$1 jump next week, it would make you feel sick," Alan Rodenburg said. "If you screw up a decision this year, you are screwing up. It just about gives you an ulcer trying to figure out what to do."

The Rodenburgs represent a segment of the nation's farmers likely to withstand the worst drought since the Dust Bowl days of the 1930s.

According to the U.S. Agriculture Department,

farmers hold at least half of the 1.2 billion bushels of wheat and 5.6 billion bushels of corn in storage.

In North Dakota, the nation's second-largest wheat producer after Kansas, 500 million bushels of wheat are held in storage, an amount equal to the state's average annual yield, according to the state Wheat Commission.

"People who do hold these stocks and do sell them are going to make a nice profit on it," said Brad Kurem, the Agriculture Department's farm program analyst.

"I think that's private enterprise," said Milton Hertz, head of the U.S. Agricultural Stabilization and Conservation Service. "It's terrible

that a drought has to create something like that."

Some of North Dakota's farmers have as much as 60,000 bushels of grain, mostly wheat, stored on their farms and under government loan, estimated Alan Falk, an ASCS price support specialist in Fargo.

Farmers stand to make a profit on the stockpiled grain, even if they have to pay off their government loans to get it out of storage, said Neal Fisher, deputy administrator of the state Wheat Commission. At last year's loan rate, they could make \$1.50 to \$2 a bushel, he said.

Rodenburg is hesitant to talk about his good fortune at a time the drought could drive some of his neighbors out of business.

The most he will say is that his farm income could be half of normal. "But I don't know. Let's leave it like that."

A combination of insurance, government help, good planning and plain good luck will offset his losses.

Insurance covers the seed and fertilizer on the crops that were destroyed.

His land payments are minimal, since he owns 2,000 acres of his farm free and clear. What debt he does have is covered by \$37.50-an-acre government payments on 900 acres of highly erodible land he took out of production.

An emergency measure by the Agriculture Department let him cut the healthy crop of alfalfa on that land for hay.

AMA proposal angers nursing association

CHICAGO (AP) — Nurses are squaring off with the nation's largest group of doctors for a battle this week over a physicians' proposal to offset the nursing shortage by creating a new class of bedside hospital worker.

Doctors attending the American Medical Association's annual policymaking convention, which opened Sunday, will debate a plan to establish a new type of lesser-trained hospital worker to provide some care to patients at bedside.

AMA officials believe their plan for "registered care technologists," who would handle such chores as changing bandages and taking vital signs, would be an innovative step toward easing the nation's

nursing shortage.

"It's an impractical, poorly thought-out proposal," said Mary Foley, a nurse from San Francisco and an elected Cabinet member for the nurses' association. "It could be potentially very dangerous."

She said nurses often help diagnose problems with patients and act as a backup to doctors. The technologists wouldn't have the expertise to spot medical complications or other problems in a patient, she said.

Lillian Joel, president of the Kansas City, Mo.-based association representing 188,000 nurses, plans to testify against the proposal during a hearing Monday at the AMA convention.

Demos' platform calls for competence

DENVER (AP) — Democrats headed home early Sunday after producing the party's shortest platform in decades in a spirit of harmony that left Jesse Jackson's forces talking unity and Michael Dukakis' campaign satisfied there was nothing in the document to embarrass the likely nominee.

The Democratic Platform Committee wrapped up work in a marathon session Saturday night on a party blueprint for what it calls "The Restoration of Competence and Hope."

Dukakis's delegates feebly turned aside Jackson efforts to add planks that would have committed the Democrats to raise taxes on the wealthy, freeze the Pentagon budget, double education spending, commit the United States to no-first-use of nuclear weapons, and call for Palestinian self-determination.

Eleanor Holmes Norton, Jackson's

platform chief, said Sunday no decisions had been made on which if any of the issues Jackson will fight for on the floor of next month's convention in Atlanta.

She said Jackson himself must make that decision, taking into account not only gains he made on both the party's platform and rules for 1992, but how he sees his own future politically.

As it stands, the broad-brush, moderate platform makes no dollars-and-cents promises, but vows the Democrats will "restore competence, caring and incorruptibility" to Washington and "reverse seven years' of voodoo economics," "trickle down" policies and fiscal irresponsibility.

"There's nothing in the document with which he disagrees," said Dukakis issues director Christopher Edley, who observed that on issues such as acid rain, health care and de-

fense the platform is less specific than the Massachusetts governor has been.

But if the entire platform was tailored to suit Dukakis, many passages also bore Jackson's stamp, from its call for an indexed minimum wage to its declaration that South Africa is a terrorist state to a slap at corporate raiders and to a commitment to same-day and mail-in voter registration.

"Although we have differences ... about 95 percent of all the issues that came up between these two campaigns have been resolved in a peaceful and in a unified way, and I know that scares the Republicans to death,"

former Gary, Ind., Mayor Richard Hatcher said late Saturday shortly before the panel finished its work.

The committee handled without rancor nearly a score of other amendments by voice votes, rejecting some key Jackson stands but accepting others, including one calling for Third World debt relief and significant increases in child care aid for low- and middle-income families.

Paul G. Kirk Jr., the party chairman, exulted that the Platform Committee had followed his instructions to avoid "a litany of social, cultural or ideological buzzwords."

Bush tries 'truth squad' on Dukakis

WASHINGTON (AP) — George Bush calls it his "truth squad," an army of Republican stand-ins with orders to take shots at opponent Michael Dukakis. The Democrat's camp has a less charitable label: "hit squad."

No matter the name, the Bush surrogates — made up of senators and House members, governors, and other prominent Republicans — already are having an impact on the 1988 presidential race.

The surrogates are fanning out across the country and criticizing the all-but-certain Democratic nominee, sometimes speaking in the same cities before or after Dukakis, a technique the Bush campaign calls "bracketing."

For a national campaign strapped for cash, the tactic is inexpensive and enables the vice president to get mileage from the sharp attacks without having to utter the words himself.

The Republican strategy became apparent during a Dukakis swing through the South last week when Sen. John McCain, R-Ariz., spoke in Nashville and Miami in advance of Dukakis, branding the Massachusetts governor soft on crime and an opponent of the death penalty.

"Dukakis called it negative campaigning and derided

McCain as someone who "doesn't know beans from brown bread." But the GOP footwork was not lost on Dukakis strategists.

A few days later, Bush delivered a strong law-and-order speech to the National Association of Sheriffs in Louisville, Ky. After the room cleared, one sheriff lingered near the press area. Wearing a large "Dukakis" sticker, he wns' hard to miss.

Sheriff Robert C. Rufo of Suffolk County, Mass., which includes the city of Boston, suggested the vice president — not Dukakis — lacked a crime-fighter's record.

"At all these conventions, there are going to be very strong Dukakis supporters. They're not going to be shy," said Leslie Dach, communications director for the Dukakis campaign.

But Dach said that, while Dukakis will have some surrogate speakers, he will not field anywhere near the number that Bush is using.

"Ultimately, this kind of tactic is not going to work. George Bush's problem is he hasn't articulated his own vision of the future. And that's what people want in a president, they're not looking for somebody who can organize a hit squad," Dach said.

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Wilderness bill far from approval

Two of the Northwest's most successful politicians last year formed an unusual alliance to try to settle the biggest remaining wilderness controversy in the national forests.



Larry Swisher

But the Idaho wilderness bill crafted by three-term Democratic Gov. Cecil Andrus and Republican Sen. Jim McClure has flopped. If the bill were a Broadway show, it would have closed in March after Idaho field hearings attracted 446 opponents and four supporters.

What's more, two members of the four-man Idaho congressional delegation oppose the bill - Republicans Sen. Steve Symms and Rep. Larry Craig - and the Idaho Republican Party at its recent convention slighted McClure by adopting a platform plank opposing any additional wilderness in the state.

This pattern was repeated last week when the Senate Public Lands Subcommittee held its Washington, D.C., hearing on the bill. No one spoke in favor except its two sponsors.

Most surprisingly, spokesmen for both the timber industry and environmentalists objected to the passage of a bill that would preempt their challenges to the new national forest land-use plans. This repudiates the main rationale for the bill, to settle which roadless lands will be preserved in the National Wilderness System without tying up the matter in administrative appeals and court cases.

Asked later how they possibly hoped to get the bill passed against such widespread opposition, Andrus joked, "I think the odds are about right. Andrus and McClure against the world."

But the informed betting in Washington was that they will be lucky to get the bill through the Senate before the long August recess, and even that will leave too little time for House consideration. Because of recesses, only about 10 full working weeks remain between now and adjournment in October.

Unless the bill passes the Senate in two to three weeks, it is "almost too late for the House to do anything with it," said Rep. Richard Stallings, D-Idaho. Stallings is crucial to passage in the Democratically controlled House. He supports the effort but hasn't endorsed the bill and has avoided every hearing, waiting until the issue actually lands in his lap.

The bill would set aside almost 1.5 million acres of new wilderness in 18 areas around the state, bringing Idaho's total to about 5.5 million acres. The issue is a holdover from the mid-1980s, when wilderness bills were passed for about 20 states, including Oregon and Washington, while Idaho's bill fell victim to a stand-off between McClure and environmentalists.

Andrus, who left Idaho in his second term to become Interior secretary under President Carter, entered the scene after his comeback election in 1986. Making good on his campaign pledge to settle the wilderness issue, he spent the latter half of 1987 developing his position and negotiating in secret with McClure.

Their bill seemed blessed at birth, having been fathered by two popular politicians who have been intimately involved with public lands issues for much of their careers. Andrus had a 73 percent landslide in 1974 and is given a good chance of winning an unprecedented fourth gubernatorial election in 1990. McClure, a pragmatic conservative, won his third Senate term in 1984 with 72 percent of the vote and chaired the Energy and Natural Resources Committee from 1981-1986.

But their compromise, which they revised slightly two weeks ago, failed to please either

the timber industry or environmentalists or to generate public support. The bill didn't give the timber industry the guaranteed access to non-wilderness areas it wanted and it didn't give environmentalists enough wilderness.

National environmental groups also have attacked special provisions such as a mandated timber sale increase in part of the Panhandle National Forest and a provision giving the state full control over granting of wilderness waiver rights. The Forest Service objected to a central feature of the bill, 650,000 acres of special management areas outside wilderness but subject to certain environmental protections.

But the root problem seems to be the take-it-or-leave-it attitude of industry and environmentalists. Both now prefer to fight out their differences in the forest planning process, each hoping to come out ahead. "We have to do it anyway," said Ron Mitchell, a founder of the pro-wilderness Idaho Sportsmen's Coalition. "Andrus and McClure don't seem to understand. Even if there is a bill, there will still be war in the woods. We'll still be appealing timber sales and plans and filing litigation."

The Idaho timber industry supported McClure's 1984 bill but since then has seen efforts to open up non-wilderness areas in Oregon and Washington stymied despite passage of their wilderness bills. "The controversy hasn't cooled off," a D.C. timber industry analyst said. "So why trade more wilderness for something they're already getting in the forest plans?"

Although Andrus and McClure are given credit for their effort, it may take several years of area-by-area combat to really settle the issue.

Larry Swisher, a former Times-News writer and editor, now writes from Washington, D.C., on issues of interest in the Pacific Northwest.

Election year drought requires calm response

Congressional leaders and Secretary of Agriculture Richard E. Lyng have adopted a cautious response to the drought. Caution is the appropriate response at this time all the more welcome because of the pressure for overreaction in an election year.

"There's no question about the seriousness of the drought," Lyng told 10 farm-state governors Thursday in Chicago. It is clear, however, that the dimensions of the disaster are not yet known, and will not be known before July. Furthermore, the direct effect on consumers will be softened by the stocks that remain from previous harvests.

The best estimates for the moment are that (1) the crop loss will be less than 26 percent of affected crops like wheat, corn, soybeans and other grains, (2) the actual effect on farm prices will not exceed 5 percent, and (3) global supplies are adequate to meet world needs.

But, as a farm official in Montana commented, "A drought just really impacts everyone." The effect on the incomes of many farmers, most of them still recovering from the recession of recent years, could be devastating. Rising prices will not have a major effect on American consumers but will almost certainly force developing nations, struggling with food deficits, to curtail imports.

Lyng has chosen to respond with emergency regulations and supplies to ensure feed for livestock and to discourage panic slaughtering of animals. That is an appropriate first step. For others in agriculture, the effect is mixed and varied.

As prices soar, some farmers will have greatly improved profits and the government will have enormous savings in subsidies that it would otherwise have to pay. What is an interesting example. About 85 percent of U.S. wheat comes in the winter crop, and it is a bumper harvest this year, with the drought affecting only the smaller spring wheat crop.

There are huge discrepancies among regions, and even from one portion of a state to another. Half the spring wheat of the Northern Plains may have been lost, and one-third of Midwest corn is affected. But rain in the next two weeks could rescue much of the endangered corn and soybeans.

Unfortunately, only about 10 percent of the eligible farmers took out federal crop insurance this year. Those unable to plant their corn and wheat because of conditions beyond their control will be eligible for deficiency payments. There are no general income compensation measures for the others, however.

Global grain supplies are at the lowest point in 14 years, but they are substantially higher than in the supply crisis of 1972 to 1975.

There remains a possibility for reducing losses in the U.S. drought. The situation can turn around, according to the Department of Agriculture. But prospects for the kind of substantial rain needed to reverse the situation are poor, according to a special drought alert issued by meteorologists on Thursday for the north-central area of the United States.

If those rains do not materialize, then there will be a "major catastrophe," the Department of Agriculture said. That will be the time for Washington to take broad emergency measures.

Los Angeles Times



Birth control sentence dehumanizing

WASHINGTON - When Debra Forster, was 11, she was raped.

At about that time she began drug abuse that has included cocaine and LSD. She was married at 15; by 17 she was the mother of two boys. Not surprisingly, she was a terrible mother. Today she is 18 and the focus of a legal controversy.

A year ago in Mesa, Ariz., she left her infant sons, ages 18 months and six months, alone for three days in a sweltering apartment without air conditioning. She was on a binge because motherhood was, she says, too much for her. The boys were dehydrated, nearly to death. She was arrested and, while in jail, gave birth to a girl.

She could have been sentenced to 30 years. Instead she was put on probation, with an especially troubling wrinkle. Her sentence of life probation not only forbids her to re-establish contact with her children, but also requires her "to remain on some method of birth control." That is for life.

One sympathizes with the sentencing judge, a woman exasperated with "babies having babies." However, this sentence is a step down a dangerous path.

Presumably, Forster will be required to furnish written evidence that she is using birth-control pills. To compel the use of a drug that controls an important human capability, as a birth-control pill does, is especially intrusive.

When government tampers, surgically or chemically, with sexuality, it is touching personal identity. In light of the recent elaboration of a woman's privacy right, as defined in constitutional law concerning abortion, it is hard to imagine Forster's sentence withstanding the scrutiny of an appeals court.



George Will

But regardless of its constitutional standing (Forster is a Catholic, so the sentence may violate not only the privacy right but the guarantee of free exercise of religion), the sentence is morally repellent.

Compelling Forster to use birth-control pills is not as intrusive as, say, compulsory sterilization would be, not least because what the pill does can be reversed if the compulsion is removed. But intrusiveness is not made acceptable by being reversible.

The seriousness of such an intrusion is suggested by this sensible intuition: It is less troubling for government to remove a child from incompetent or abusive parents than for government to stipulate who shall not have permission to procreate.

Forster's sentence can not be considered mandatory preventive medicine. What is to be prevented - pregnancy - is not an illness. And for a court to mandate medicine for punitive purposes conflicts with the fundamental moral imperative of medicine: "Do no harm."

What the sentencing judge is trying to prevent is not a disease but bad behavior - irresponsible procreation.

But the practice of administering drugs for behavior modification has enormous potential for mischief. Compulsory medication for persons incapacitated by psychosis is not uncommon. But such involuntary medication is undertaken only when the will of the patient is presumed not to exist, or to be so attenuated that only chemical intervention

can even partially restore it.

This is utterly unlike the mandating of a drug in Forster's case. There, the purpose of the drug is to incapacitate her body so that society will not have to count on her will to make her behavior better.

There are many potential uses of "chemical castration," drug treatments that reduce the body's production of testosterone. Violent recidivists could be sentenced to perpetual sedation. Perhaps drunk drivers could be sentenced to remain on a drug that would make them painfully ill if they consumed any alcohol.

Clearly many such punishments would be crueler, in the sense of mere demeaning, than the normal punishment of imprisonment for serious offenses. Forster's offense was serious. She should have been sent to jail. The law should try to regulate behavior by the traditional mixture of influences. The law should appeal to conscience by stigmatizing certain behavior, and should pose a threat to be feared.

Forster's sentence is a step toward treating an offender-as-a creature devoid of the essence of humanity, the status of mental agent. It is a step toward reducing convicts to raw material for those people that C.S. Lewis called "official straighteners," people armed with modern technologies and a modern disregard for the free will of individuals.

It may seem perverse to say that a convict has a right to normal punishment. But alternatives to such punishment can be worse. Alternatives can dehumanize the convict by chemically nullifying the need for him or her to make moral choices.

George Will writes for Newsweek.

Struggle yields workable state Democratic platform

POCAHELLO - For a time during the state convention here, it appeared that Idaho Democrats were more interested in airing their grievances than electing members of their party.

But wiser heads prevailed, and Democrats came up with an election platform general enough to avoid hurting themselves.

Democrats tried a streamlining process that worked two years ago. But that wasn't a presidential election year. Delegates to the 1988 state convention rejected the draft platform, and directed the platform committee to try again.

It wasn't easy. J.D. Williams, the Preston attorney who also served on the platform committee, said there were four or five complete rewrites before the revised platform was ready. And the committee met until well past 2 a.m. - 18 hours after the first meeting of the day - coming up with the revised version.



Quane Kenyon

Platforms play a peculiar role in political conventions. Often delegates to a convention will battle for days to produce a platform. Then, as McDermott put it, "It's read by two newsmen" and goes on as itself to collect dust.

Party veteran Lloyd Walker tells of the time in the 1960s he and others spent three days locked up in a room trying to disavow the gambling or anti-stomping plank that would make everyone happy.

One 1988 proposal that didn't get far was one opposing construction of the Special Isotope Separator in Idaho or anywhere else. It came from Garry Nielsen of Twin Falls.

That plank could have been extremely harmful to Democratic incumbent Rep. Richard Stallings, who could have been forced to disavow the plank in eastern Idaho areas where a lot of people work at the Idaho National Engineering Laboratory.

The vocal pouce wing of the party wanted an extended statement on world

peace, arms control and related issues. Hispanics wanted a stronger statement on Democrat support for their efforts to improve education, job opportunities and an end to discrimination. And they got it.

Labor finally settled for a plank attacking the right-to-work law enacted by the Republicans in 1985, but stopping short of calling for outright repeal. The plank did urge the Legislature to reinstate the prevailing wage law that died in the same session that approved right-to-work.

There was an amazing change in mood in 2 1/2 hours at the convention. A day after all the battles over the platform, all of the party's diverse elements appeared to make up.

There also was a renewed sense of optimism over the presidential race, one that hasn't been present since 1976. Democrats feel once Michael Dukakis gets better known, he will pick up support over Vice President George Bush. In turn, that could help other Democrats,

because there will be no Ronald Reagan contrails to ride on this election.

Walker, one of the most partisan of Democrats, said of Bush's visit to Twin Falls, "He came to town a wimp and he left a wimp."

Sheer numbers also encouraged the Democrats. Party leaders were pleased that every party job voted upon at the convention had at least two candidates, indicating an enthusiasm that hasn't been present for years.

John Evans and Cecil Andrus, the two Democrats who between them have held the governor's post since 1971, both say there's no friction between them.

Evans, now a Burley banker, has been in the office of his successor many times working for his community's business interests. And Evans invited Andrus to attend Burley's highly successful boat races on the Snake River.

Andrus, in turn, invited Evans to take part in the annual Governor's Cup golf tournament, which raises money for scholarships.

A lot of factors went into the decision

OSHA cracks down on state construction site violations

BOISE (AP) — Four fatal accidents at Boise-area construction sites during the past 18 months "could have been prevented," says the Idaho director of the U.S. Occupational Safety and Health Administration.

Robert Campbell and David Barntree died building the hydroelectric plant at Lucky Peak Dam. Rodney Mitchell and Norman Boepple fell to their deaths in the construction of Boise's Towne Square mall.

Idaho OSHA director Ryan Kuemichel's office has been busy during the past two years writing citations for the two projects, among others. Contractors at Lucky Peak were accused of 23 violations of federal job safety rules. And mall contractors

were accused of 70 violations. Penalties totaling \$16,220 were demanded at both sites in the actions, which reflect what Idaho's Associated General Contractors call something of an OSHA crackdown.

The deaths at Lucky Peak and the mall was the most visible of an increase in Ada County construction accidents of nearly 25 percent from 1982 to 1987, according to Idaho Industrial Commission figures.

Workers' compensation for injured construction workers missing at least five days of work increased about 50 percent in that period, and totals about \$1.5 million a year.

About 900 construction workers in Ada County — nearly one in four —

file workers' compensation claims each year over job-related injuries. The accident rate does seem to be dropping this year as contractors operate more safely, said Chris Olson, assistant executive director of the contractors' association.

But Ada County has a gargantuan share of the kind of construction in Idaho that tends to pose greater risks to workers: 83 percent of the value of building permits issued in April statewide were for industrial and commercial construction in the area.

The county is being transformed by nearly a dozen major projects, from the Broadway-Childen Connector to the First Interstate Office Tower to the convention center to the mall and

dam. Nationally, construction, with its inherent dangers, is one of the most hazardous industries, safety regulators say. Congress recently zeroed in on construction safety. Unions charge that after nearly two decades of federal safety regulation, construction workers aren't substantially safer. Accident rates have dropped, but are still nearly twice as high as in the private sector generally.



Symms profits on honoraria circuit

LEWISTON (AP) — Sen. Steve Symms might not be Idaho's best public speaker, but he may very well be the best paid.

Symms earned \$47,600 through the honoraria network last year.

The Idaho Republican received speaking fees from 32 organizations, ranging from the Tobacco Institute of Washington, D.C., to defense contractor McDonnell-Douglas and conservative groups such as the John Birch Society.

Symms is the most prolific speaker among the Idaho and Washington congressional delegations. His speaking income ranked him 16th among the 95 senators who accepted speak-

ing fees last year.

"I don't know that he's in more demand than the others," said Symms press secretary Bill Jarrell. "He's a very popular speaker."

But several of his colleagues are not too far behind. And because a congressional limit on honoraria required Symms to donate \$12,668 to charity, his take-home speaking pay is virtually identical to the \$34,625 earned by Sen. James McClure, R-Idaho.

Not far behind are Majority Leader Tom Foley, D-Wash., who earned \$28,627; Rep. Don Bonker, D-Wash., who received \$28,300; Sen. Brock Adams, D-Wash., who made \$25,950; and Sen. Dan Evans, R-Wash., who

received \$14,500.

In each case, the congressmen were limited to a \$2,000 payment for each appearance. Sometimes, the individual payments were well below that maximum.

But however small, the payments help lawmakers get around the thorny political issue of increasing their own \$89,500 annual salaries.

Still, some congressmen impose their own limits on honoraria. Rep. Larry Craig, R-Idaho, received only \$4,856, and Rep. Richard Stallings, D-Idaho, took in \$8,050. Both men say they will take no more than \$1,000 per engagement and will not take any fee for an appearance in Idaho.

McClure pushes for amendment

WASHINGTON (AP) — Sen. James McClure, R-Idaho, has claimed a victory in his continuing fight over what he contends has been the Office of Management and Budget's foot-dragging on funding for federal land management projects.

The Senate Appropriations Committee has approved an amendment to the Department of Interior's appropriations bill for fiscal 1989 that would force the OMB to carry out specific spending directives from Congress.

The bill now heads to the full Senate for consideration.

McClure seeks bee research

WASHINGTON (AP) — Fearing damage to Idaho's farm economy, Sen. James McClure said he is seeking federal money to stop a disease threatening the leafcutter bees that alfalfa seed farmers in the West depend on to pollinate their crops.

The malady, called "pollen mass," prevents the reproduction of leafcutter bees, the more important of two bee types that are used by alfalfa seed producers in Idaho, Washington, Oregon, Utah and Nevada.

Leafcutter bees lay their eggs atop a pollen ball. But when pollen mass strikes, the eggs and larvae dissolve into a lifeless mass and combine with the pollen ball.

The U.S. Department of Agriculture estimates 1 billion cells of leafcutter bees are used in the United

States in the production of alfalfa seeds, which have an annual market value of more than \$100 million.

Idaho's senior senator has convinced the Senate Appropriations Subcommittee on Agriculture to approve \$92,000 in continued funding for bee research at public universities in fiscal 1989. The bill also has been approved by the full Appropriations Committee, but still must be considered by the full Senate.

If approved, the funding will be split among researchers at the universities of Idaho and Nevada, and Oregon State, Utah State and Washington State universities.

McClure said researchers at those schools are credited with developing techniques that greatly reduced the loss of leafcutter bees to chalkbrood.

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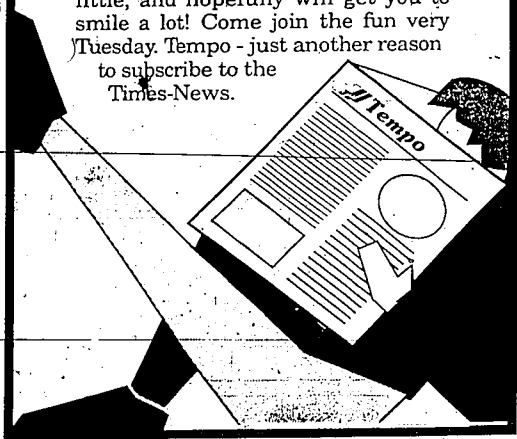


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Kick Up Your Feet

We've lightened up! Kick up your feet and have some fun with Tempo, one of the newest weekly feature sections in The Times-News. Read about prominent personalities, trivia tidbits, and insights into human nature. These stories, and more, will make you think a little, help you a little, and hopefully will get you to smile a lot! Come join the fun very Tuesday. Tempo - just another reason to subscribe to the Times-News.



The Times-News

733-0931

Comics

Frank and Ernest

BANK

ELECTRONIC FUNDS TRANSFER

HE SAID MY LAST CHECK HAS BEEN BOUNCED OFF THREE DIFFERENT SATELLITES.

THAMES 6-27

Garfield

ONE THING YOU CAN SAY ABOUT ODIE...

HE'LL NEVER HAVE A MENTAL BREAKDOWN

NO-MOVING PARTS

IF I'VE SAID IT

Hagar the Horrible

THEY SAY THAT YOUR MEMORY IS THE FIRST THING TO GO

WHO SAID THAT?

WHO SAID THAT?

WHO SAID WHAT?

6-27

The Born Loser

NAME?

GLADYS THORNAPPLE

AGE?

ATOMIC?

Beetle Bailey

WHEN I PULL MY BLANKET OVER MY CHEST, MY FEET GET COLD

BUT IF I COVER MY FEET MY CHEST GETS COLD

THIS ISN'T MUCH BETTER

YOUR BLANKET IS ON SIDWAYS

6-27

Gasoline Alley

We're going for a snack!

Will you join us, Chipper?

I'd love to, but I've got to find my date!

You've lost her? That's awful!

Could be worse!

Doonesbury

SHALL AND BONES, THE WIFE OF... SOCIETY TO SAVED FROM NOT SPEAKING ITS OWN NAME

DEEP IN THE UNDER STRUCTURE OF THE SOCIETY'S REVOLUTIONARY IDEALISM, A SILENT REVOLUTION OF BONESMEN WAS IN PROGRESS

THE CRASH OF THE CURS OF THE SOCIETY FOR AN ENDING OF BIRTH AND REFINANCING

FOR GEORGE BARK, IT USES A LOW-COMING... SO! POPPY! WANT HAVE YOU BEEN BARK? UM... RUNNING FOR BARK!

Peanuts

TELL ME, DOCTOR, YOU SEEM MORE NERVOUS TODAY THAN USUAL.

IS THERE A REASON FOR THIS?

YES, I'VE DECIDED TO CHANGE PUTTERS.

Blondie

I HAD NO IDEA YOU WERE... PROBABLY

HOW MANY TIMES HAVE YOU... JAWAGED?

THE HONEST TRUTH IS, I... HAVEN'T HAD ANY JAWAG

BUT I'VE BEEN PUSHED... OUT EIGHT TIMES

Andy Capp

HOW MANY TIMES HAVE YOU... JAWAGED?

I KNOW I SHOULDN'T... BUT EVERY TIME WE SEE... A FIGHT WITH HIS WIFE

ME TOO

BUT EVEN HERE I'M... LOSING 10-2

Broom-Hilda

TAKES GOOD CARE OF THAT EGG WHILE I'M GONE, IRWIN!

YES, MRS. CONFORI!

WATCH OUT FOR THOSE NATURALIST SINGERS! OH, LOOK! POPPY'S BE SO CURIOUS ABOUT US!

BE A DEAR AND LOOK LIKE MIKE WALLACE AGAIN!

BE A DEAR AND LOOK LIKE MIKE WALLACE AGAIN!

Wizard of Id

WHAT DO YOU WANT TO BE WHEN YOU GROW UP, LITTLE GIRL?

I WANT TO GO INTO A FIELD WHERE WOMEN EXCEL

WHY DON'T YOU BECOME A WITCH?

Hi and Lois

YOU DON'T HELP AROUND THE HOUSE MUCH, DO YOU, MR. THURSTONE?

WHAT? SURE I DO!

LOOK AT WHAT I'M DOING WHILE MY WIFE IS SHOPPING!

SHE WOULD HAVE MISSED THIS SHOW COMPLETELY IF I DIDN'T WATCH IT FOR HER

ACROSS

- Boat
- Agitate
- Defact
- Kind of bean
- die
- Study hard
- Mountains
- Calms
- aircraft
- Sound a horn
- Ripped
- Sleep
- Shore birds
- Around
- Gym pad
- Halt
- Tracks of animals
- Commas
- Memorable period
- Doctrine
- London
- Intellect
- Prices
- Prime donna
- Movie award
- Cattle farm
- Knockout count

DOWN

- Lath
- Hawall port
- Consequence
- Noonlike
- food
- Ocean
- Hue
- Mass of cast metal
- US law agcy.
- One deposit
- Alfrah
- Extended
- Protection
- Wanton looks
- Register
- Sub detector
- Servant
- Written reminders
- Got up
- Corolla leaf
- Enterprise
- Prying tool
- Elegant
- Shingling voice
- Afterward
- Window nettles
- Respond to stimuli
- Boss
- Dietend
- Mot
- Whitewalls
- Stringed instrument
- Hero
- Information
- Demeanor
- Augury
- Tenent's payment
- Sty
- Unity

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Saturday's Puzzle Solved:

MASS FAVOR RASP
 ABOVE AGAVE AGAR
 STDA RATES DENE
 COME REE TIA
 PETERS UNTERED
 EROSE NIN TAIN
 TOW PROTER WIN
 ADITY ARE EDINE
 UETIARON SUDIR
 ELL SERRAL
 STEALTH MAYERRE
 LOST TONIC MEAL
 ANTE EMOTE MACK
 PEER SIOER ARKS

08/27/88

L.M. Boyd

What's what

Vacation project?

Why don't you start your masterpiece when you go on vacation? That's what Bram Stoker did. He wrote "Dracula" during his R-&-R visits to the Scottish coast.

An actress who weighed 200 pounds lost 80 of them. How had she managed that? A reporter asked, "By eating one meal a day and falling in love," she said. Did she mean she burned off 80 pounds in romantic action? No, all that the love provided,

Big Beetle

World's largest beetle stays drunk most all the time. That African zebra-stomped monster, four inches long, two and a half inches wide. Feeds on fermenting fruit. What it sees in DT's I do not know. People maybe.

Q. That expression about being

Emotional Side

Left side of your face, if you're right-side, is more expressive than the right side. In matters emotional. But it's something you never notice. You don't give out with spontaneous emotional expressions in front of a mirror. You

Libra

Libra (Sept. 23 to Oct. 22): Send out many messages and don't let friends forget you. Also work on papers and reports. Don't stay alone tonight.

SCORPIO (Oct. 23 to Nov. 21): Use your acute sense this week to keep out on financial affairs and gain advantageous position. Watch those whom you consider successful.

SAGITTARIUS (Nov. 22 to Dec. 21): Today throw your uncommonly high energy into business. Concentrate on honest methods. Take special care of healthy concerns.

CAPRICORN (Dec. 22 to Jan. 20): Be assertive with higher-ups, and don't be afraid to communicate with them. Try to be more attentive to your mate in the evening.

Daily Horoscope

GENERAL TENDENCIES: Your important plans for the future can be implemented by taking swift and definite action to make such a course on the same beam as yourself. Consider ways to expand.

ARIES (March 21 to April 19): Today is a good day to contact far off friends and relatives and discuss plans with them. If you think a trip will be wise, plan for it now.

TAURUS (April 20 to May 20): Stop procrastinating. Tonight, have a talk with your mate that you have been postponing. Make business plans early.

GEMINI (May 21 to June 21): Keep your associations productive. State your aims clearly. Keep contact with those who are of greatest help to you.

MOON CHILDREN (June 22 to July 21): Spend time working instead of devising work methods. Stay busy and make the most of the cooperative spirit which prevails.

LEO (July 22 to Aug. 21): Focus on utilizing talents. Today plans should be put to work. Try to improve your health. Show affection to others.

VIRGO (Aug. 22 to Sept. 22): Get busy early realizing promises made to family yesterday. Spend time relaxing with charming, helpful friend.

AQUARIUS (Jan. 21 to Feb. 19): Today you will receive some well-deserved recognition from friends and admirers. Get together for a party during the evening.

PISCES (Feb. 20 to March 20): Today there is potential to meet powerful individuals who can be helpful if you use tact and diplomacy. Handle credit matters carefully.

If Your Child Is Born Today: He or she will be an individual with great vision and who can handle enterprises of grand scale. Along with fine academics, this child should be taught about imports, exports, and the exotic. Foreign language may be a plus. Try to calm tendency toward insecurity.

Director invites jury that found him innocent to preview

LOS ANGELES (AP) - Film director John Landis, who was cleared of manslaughter charges in the "Twilight Zone" movie set deaths of three actors, invited the jury that found him innocent to a preview of his latest film.



JOHN LANDIS
Cleared of manslaughter



LES PAUL
First time in audience

Landis and four co-defendants were found innocent last year in the 1982 deaths on the set of "Twilight Zone: The Movie." Actor Vic Morrow and two child ac-

Former film star visits native state
FULTON, Mo. (AP) - Former television and film star Bob

Cummings, who performed in more than 100 Hollywood movies, revisited his native Missouri, playing the role of parade grand marshal.

Cummings, who was raised in Joplin, also was the guest of honor at Fulton's Kingdom Days celebration Saturday.

Cummings, 78, who starred in Alfred Hitchcock's "Dial M for Murder," is most remembered by TV viewers for "The Bob Cummings Show," in which he portrayed a photographer.

Troia film festival features U.S. stars

TROIA, Portugal (AP) - Robert Mitchum, famed for his "tough guy" Hollywood roles, gave audiences at Portugal's leading film festival a down-to-earth view of acting.

"You turn up at the right time, say the lines you're told to, then go home," Mitchum, 71, replied to a question last week on how he interpreted a role.

Then he elaborated. "Sometimes they ask you to say the lines louder or softer," he added at a news conference at the fourth annual Troia Film Festival at a resort about 30 miles

south of Lisbon. Danny Huston, son of the late American director John Huston, also attended the festival for the screening of "Mr. North," his debut as a feature film director. The film stars Mitchum in a role that was to have been played by John Huston.

Guitarist attends Fitzgerald concert

NEW YORK (AP) - Guitarist Les Paul attended Ella Fitzgerald's JVC Jazz Festival concert, saying it was the first time he had been a mere spectator in Carnegie Hall.

"I've been in Carnegie Hall 10 times and this is the first time I've been in the audience," Paul said Saturday, adding that he has known the singer since the early 1930s.

Paul said he also has known Fitzgerald's pianist, Paul Smith, since the 1940s. He says, "I need-

ed a pianist. Someone in Los Angeles told me there was a big/ tall, lanky kid in San Diego who played a lot of piano. I called him up and to my surprise, he played while I was on the phone. I auditioned him on the telephone, and I said, 'You've got the job.'"



RATINGS

The five category system of the voluntary film industry rating program is now as follows:

G. General Audiences, all ages admitted.

PG. Parental guidance suggested. Some material may not be suitable for children.

PG-13. Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for children.

R. Restricted, under 17 requires accompanying parent or adult guardian.

X. No one under 17 admitted.

Man faces criminal libel charges for caustic columns

KINGSTREE, S.C. (AP) - Two years ago, an editor besieged by Jim Pitts' letters to his newspaper suggested that the retired agriculture teacher start up his own publication to voice his opinions.

Fitts took the advice, and today his fledgling weekly is in the midst of a legal battle involving First Amendment rights.

Fitts, the 62-year-old editor of Williamsburg County's The Voice newspaper, not only stirred up the political powers that be in the poor, rural county of 40,000 people. His denunciation of two politicians and subsequent arrest of criminal libel charges arrested

the attention of journalists around the country.

Fitts has gone to jail once and could go again for expressing his opinion in a newspaper. He awaits word Monday on whether he has been indicted by a Williamsburg county grand jury on criminal libel charges.

If indicted and convicted, he faces a fine of up to \$5,000 and a year in jail.

"Clearly, we've got a political commentator making a political statement about two politicians," said Jane Kirtley, executive director of the Reporters Committee for Freedom of the Press in Washington. "It seems to me that

punishing someone for speaking is not an American concept."

But Pitts targets set something more in the caustic column he wrote before the June 14 primary elections.

State Rep. B.J. Gordon and state Sen. Frank McGill say Fitts' attacks, in which he accuses them of stealing and corruption without offering evidence, are lying, hurtful shots that deserve to be punished.

"Freedom of the press is not to go around with freedom and accuse people of committing crimes," Gordon said.

The two politicians have brought what is believed to be

only the fourth criminal libel suit in South Carolina in 40 years and the first in the nation since 1984.

Although civil libel cases are not rare and often result in the awarding of monetary damages to the aggrieved party, criminal libel cases are rare because they can send a journalist to jail.

Fitts, who spent 13 years as an agriculture teacher in Dillon and North Myrtle Beach and 20 years as Clemson University's agricultural extension agent in Williamsburg county, retired in 1986 and began sending letters to the county's only newspaper board

issue. After a while, he said, the editor suggested Fitts needed his own paper to publish his opinions. "I thought, 'That's a good idea. I hadn't thought about that,'" he recalled in an interview Thursday.

"I've been in Carnegie Hall 10 times and this is the first time I've been in the audience," Paul said Saturday, adding that he has known the singer since the early 1930s.

Paul said he also has known Fitzgerald's pianist, Paul Smith, since the 1940s. He says, "I need-

Study bemoans 'incompetent' kindergartners

CHICAGO (AP) - Half the children who enter the Chicago public school system are unable to say their first and last names or to speak in complete simple sentences, a new survey of kindergarten teachers indicates.

Most of the youngsters also are unable to identify basic shapes such as squares and circles, hold a pencil or crayon correctly, sit still to listen to a brief story, or settle disputes without physical aggression, the survey found.

The findings, published Sunday in the Chicago Sun-Times, resulted from a poll in late May by the newspaper indicating that Chicago's public schools are overwhelmed with many low-income children who start kindergarten unprepared for basic classroom learning.

"The sad thing is, these kids are not only illiterate - they're incompetent," said philanthropist Irving Harris, who has sponsored innovative pre-school programs for families at the Robert Taylor Homes public housing project.

"There's a difference," Harris said. "You don't have to be literate to have common sense sense and be able to do things." The newspaper also surveyed kindergarten teachers in the affluent suburb of Wilmette, where the vast majority of children entering their classes could perform all of the basic tasks.

The survey also found that the overwhelming majority of Wilmette kindergartners had been read to by their parents and taken to a zoo, library or museum, but most Chicago kindergartners had not enjoyed those experiences.

Based on estimates given by their teachers, 51 percent of Chicago kindergartners percent could not tell both their first and last names, compared with only 3 percent in Wilmette; 52 percent in Chicago could not speak in complete sentences, compared with 8 percent in Wilmette; and

59 percent in Chicago could not identify a square, circle and triangle, compared with 18 percent in Wilmette, the newspaper said. Half to nearly three-fourths of the Chicago kindergartners also could not identify primary colors, draw a recognizable human figure, or tell a story with a beginning, middle and end.

Chicago Schools Supt. Manfred Byrd Jr. said the results reflected "a failed social policy," in which the schools are expected to make up for the neglect and lack of support low-income families face. The survey proved that there should be more support for pre-school programs, he said.

Harvard-bound teen confesses killing

NIAGARA FALLS, N.Y. (AP) - A Harvard-bound teen-ager beat his mother to death the morning he was to graduate as valedictorian of his class, apparently because she was being overbearingly protective, police said Sunday.

"He claimed his mother wouldn't give him any freedom," Detective Lt. Richard Clatic said. William Shrubshell, 17, was in jail without bond Sunday after police said he confessed to using a baseball bat to crush the skull of his 56-year-old mother, Marianne, during an argument about 3 a.m. Saturday. The boy said his mother hit him first, Clatic said.

with no volitional speech and no intention of the killings, said principal Ralph Guerrucci. Guerrucci said school officials did not want to remind the class of 250 students of the tragedy, but it definitely dampened the day.

"The graduates were understandably upset. Obviously, they don't want the day to be remembered by what happened to their valedictorian," the principal said. Friends and neighbors reacted with disbelief that the handsome and popular teen-ager, who was to attend Harvard University in the fall, could have committed the crime.

"You can't say anything bad about him. He was just super-nice," said Darlene Irish, a neighbor whose father had called police. "And his mom was one of those. 'Can I do anything for you' persons. She was always help-

ing. A classmate, Larry Lang, said he'd never seen Shrubshell get angry. Another classmate, Terry Adamec, said he couldn't believe Shrubshell committed the crime.

"He had everything going for him," Adamec said. "A class valedictorian wouldn't do something like that. He was the smartest guy in the whole school."

Shrubshell's attorney, Paul Cleary, said the boy and his mother outwardly seemed to enjoy a good relationship, but had a history of problems that led up to the killing.

"He made a detailed statement of that to police and it will come out in court," Cleary said. The Buffalo News reported that Mrs. Shrubshell had physically beaten the boy on previous occasions.

SHOWTIME EXCLUSIVE



Malone

ON SHOWTIME, NOT ON HBO.

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Milagro



Milagro

DAILY 7:00-8:20 SAT 4:30-7:00-9:20 SUN 2:20-4:40-7:00-9:20

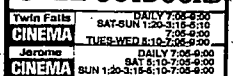
POLTERGEIST III



POLTERGEIST III

DAILY 7:00-9:30 SAT 5:30-7:30-9:30 SUN 1:20-3:00-5:10-7:20-9:30

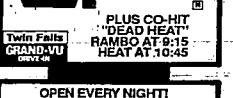
A WEEK IN THE WOODS WITH ROMAN AND CHET



A WEEK IN THE WOODS WITH ROMAN AND CHET

DAILY 7:00-9:30 SAT 5:30-7:30-9:30 SUN 1:20-3:00-5:10-7:20-9:30

WILLOW



WILLOW

DAILY 7:00-9:30 SAT 5:30-7:30-9:30 SUN 1:20-3:00-5:10-7:20-9:30

STALLONE RAMBO III



STALLONE RAMBO III

DAILY 7:00-9:30 SAT 5:30-7:30-9:30 SUN 1:20-3:00-5:10-7:20-9:30

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CHEVY CHASE FUNNY FARM

DAILY 7:30-9:30 SAT 5:30-7:30-9:30 SUN 1:30-3:30-5:30-7:30-9:30

RED HEAT



RED HEAT

DAILY 7:30-9:30 SAT 5:30-7:30-9:30 SUN 1:30-3:30-5:30-7:30-9:30

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PRESIDIO

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DAILY 7:45-9:45 SAT-SUN 1:45-3:45-5:45-7:45-9:45 TUES-WED 5:45-7:45-9:45



Dukakis' prison work plan similar to Reagan's in '70s

SACRAMENTO, Calif. (AP) — In the early 1970s, then-Gov. Ronald Reagan firmly defended a work furlough program for California prison inmates that was similar to the Massachusetts program that Vice President George Bush has attacked recently.

And just as Massachusetts Gov. Michael Dukakis today faces political criticism for violent crimes committed by inmates on work furloughs, Reagan also faced complaints from conservative politicians and police officials that his policies had put dangerous criminals on the streets.

Like Dukakis, the expected Democratic nominee for president, who continued a work furlough program started under a governor of the opposite party, Reagan inherited his furlough program from Democratic Gov. Pat Brown.

Reagan implemented Brown's program vigorously and boasted that California had one of the most progressive inmate rehabilitation programs in the nation and that he was reducing California's prison population while other states were struggling with prison overcrowding.

But after two inmates were charged with murders committed while on work furlough passes, Reagan fired one top manager of the program and closed one of five work furlough centers.

At one point, conservative legislators were demanding the resignation of Reagan's director of prisons, and the

Los Angeles chief of police, Ed Davis, who is now a Republican state senator, complained to Reagan that about 40 percent of our serious and violent offenders are on active parole from your Department of Corrections.

Reagan resisted the demands to fire his director of prisons and stood behind the furlough program.

In addition to the work furlough program, Reagan also administered a probation subsidy program under which counties were paid a \$2,000 annual bonus for each convicted felon who would otherwise go to state prison who they instead placed in a county jail or community rehabilitation program.

As a result of the two programs, Reagan became the only California governor in modern times to have the prison population decline during his tenure.

Bob Gore, information officer for the California Department of Corrections, said during Reagan's administration, inmates with clean records in prison were eligible for work furlough, even if they had committed violent crimes such as murder. Today's work furlough rules exclude inmates convicted of murder and other violent crimes.

But the two work furlough cases which resulted in California murders in the early 1970s both involved inmates with no history of violence — a burglar and a forger.

Meese ouster T-shirt sales thrive

WASHINGTON (AP) — "Meese is a Pig," a slogan first plastered on construction fences, building walls and traffic signal boxes in the nation's capital, has turned into a thriving enterprise that can't keep up with demand.

But by the end of the week, the Justice Department said it would allow people wearing the shirt inside the building.

Justice Department spokesman Patrick Kortzen said in an interview this weekend that the department doesn't take the T-shirts too seriously. "I know it's hard to believe, but we spend 13, 14 hours a day thinking about serious matters involving law enforcement," he said.

T-shirts calling for the ouster of Attorney General Edwin Meese III are the hottest-selling item ever stocked by Common Concerns, a downtown Washington bookstore, manager David Marcuse says. He estimated that about 1,000 of them have been sold so far.

The T-shirts are produced by a group of about 60 punk rock musicians and fans, who say they got into the business after they were arrested for putting up posters with the "Meese is a Pig" slogan in places where no posting is allowed.

Group members say they decided to sell T-shirts to get out their message in another way and to raise money to cover their legal expenses.

"We weren't intending to become a T-shirt fashion fad," said Mark Andersen, spokesman for the group.

The business got some free publicity last week after a bicycle messenger reported that he had not been admitted into the Justice Department because he was wearing the shirt.

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Times News Public Service

Weinberger accused of ignoring scandal

WASHINGTON (AP) — Former Defense Secretary Caspar Weinberger looked the other way while a scandal was brewing in his Pentagon, two congressional critics said Sunday, but Weinberger said "I certainly don't feel culpable" in the unfolding procurement fraud case.

Rep. John Dingell, D-Mich., chairman of the House Energy and Commerce Committee, said he had warned Weinberger that there was "a massive problem" with secret documents falling into the hands of defense contractors, but he charged that Weinberger never responded.

"I have to say that there is every appearance that they did not want to know," Dingell said on ABC-TV's "This Week With David Brinkley" program. "It appears there is some condoning, if not active participation by the leadership of the Pentagon in these matters."

And Sen. David Pryor, D-Ark., said that Weinberger had presided over "a feeding frenzy" of contracting full of "incestuous relationships" between

federal officials and private contractors.

But he said the Defense Department has resisted every recent attempt by Congress to build in controls and accountability, including the establishment of an independent inspector general. Even now, Pryor said, the department's inspector general is not complying with the law that requires monitoring of outside consulting contracts.

Of Weinberger and his top managers, Pryor added: "I don't think they have met their responsibility in overseeing this tremendous shadow government that has been building, especially in the Pentagon for eight to nine years. ... I have not seen one real reform bill that this administration has supported."

Appearing on the same program and on NBC-TV's "Meet the Press," Weinberger defended his performance and said the Pentagon problems are no different from past scandals in Congress or illegality anywhere in society.

Sunspot activity increases

WASHINGTON (AP) — Sunspot activity is increasing rapidly and, during the next few years, could lead to the most intense solar disturbances ever recorded, the National Oceanic and Atmospheric Administration said Sunday.

Intense disturbances on the sun can have serious effects on Earth, including interference with broadcasting, damage to sensitive electronic systems in satellites and disturbances in electrical power and telephone transmissions.

Some scientists also have speculated that activity on the sun could affect the climate on Earth, an idea that has prompted considerable controversy in the meteorological community.

Changes in rainfall patterns have occurred roughly in parallel with changes on the sun over the years. However, proving that the two are connected has, so far, eluded science.

Sunspots occur in cycles of approximately 11 years. Climatologists have

found slight variations in rainfall patterns in the United States over periods of 11 years in the central and western states and over 22 years in the eastern states.

The current cycle began in September 1986 and already has seen record rates of increase in sunspots and radiation from the sun, according to Gary Heckman, head of the NOAA-Air Force Space Environment Services Center in Boulder, Colo.

Heckman noted that in a typical cycle sunspots increase to their maximum in about 1.3 years and then take some 6.6 years to decline to a minimum again. But cycles with rapid increases, as in the current case, have higher and earlier maximum levels.

Sunspots themselves do not affect the Earth, but are used as indicators of other solar activity which does, such as solar flares and geomagnetic storms, bombarding the Earth with radiation.

FINAL COUNTDOWN IN PROGRESS

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REGULAR \$1.90 to \$1.74	64¢	60¢	56¢	52¢	48¢
REGULAR \$6.50 to \$7.49	\$3.87	\$3.67	\$3.47	\$3.27	\$3.07
REGULAR \$11.95 to \$12.94	\$8.57	\$7.57	\$6.57	\$5.57	\$4.87
REGULAR \$15.99 to \$17.94	\$11.57	\$10.77	\$9.87	\$8.87	\$7.77
REGULAR \$18.95 to \$19.94	\$14.57	\$13.57	\$12.57	\$11.57	\$10.57
REGULAR \$24.95 to \$29.94	\$17.87	\$16.87	\$14.87	\$12.87	\$10.87
REGULAR \$31.95 to \$36.95	\$21.87	\$19.87	\$17.87	\$16.87	\$14.87
REGULAR \$40.01 to \$44.94	\$24.87	\$22.87	\$20.87	\$18.87	\$16.87
REGULAR \$49.95 to \$54.94	\$32.87	\$29.87	\$26.87	\$23.87	\$19.87
REGULAR \$59.95 to \$69.94	\$43.87	\$39.87	\$34.87	\$29.87	\$24.87
REGULAR \$69.95 to \$74.94	\$48.87	\$44.87	\$40.87	\$35.87	\$29.87
REGULAR \$99.95 to \$119.94	\$66.87	\$61.87	\$55.87	\$49.87	\$43.87
REGULAR \$139.00 to \$149.94	\$99.87	\$88.87	\$78.87	\$68.87	\$58.87

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FINAL COUNTDOWN IN PROGRESS

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Gooding woman will plead guilty

By CRAIG LINCOLN
Times-News writer

GOODING — A Gooding woman will plead guilty to five counts of grand theft after several months of legal battles over the alleged embezzlement of \$189,000.

In a plea bargain, Sonia Branch will admit to five grand theft charges. Gooding County Prosecutor Lynn Nelson agreed to drop 68 counts of grand theft and recommend probation for Branch.

She will plead guilty to a total of \$7,418 of theft.

Branch's guilty plea probably won't be the last she will see of courtrooms over her alleged actions, which have resulted in three criminal complaints and a civil lawsuit.

Nelson originally charged Branch and her husband with conspiracy to commit grand theft by embezzlement. Nelson said they conspired to write 74 checks totaling \$204,709 to an account opened under the name of WEGO Systems.

Nelson dropped those charges April 20, saying in court he probably couldn't prove the two agreed to the scheme. Agreement is an essential element of the crime of conspiracy.

The same day, Nelson filed the 72 counts of grand theft against Sonia Branch and one count against Lester. In the same plea bargain leading to

the dismissal of most charges against Sonia Branch, Nelson dropped the one charge against her husband, Lester.

Meanwhile, Basterrechea Distributing sued the couple in civil court. The Gooding distributing company says Sonia Branch took \$189,361 from the company. It wants the money back, along with \$3,186 in overdraft charges the company ran up while Sonia Branch was their bookkeeper. \$30,000 of attorney's fees and interest.

Basterrechea also alleges the Branches violated the state's racketeering act. Because the act provides for treble damages, the distributing company says the Branches should pay three times the amount of money the company says they embezzled. That brings the total of damages from the alleged theft to \$586,083.

The Branches deny Basterrechea's charges. They also say Luis Basterrechea, president of the distributing company, authorized the checks.

In a court affidavit, Gooding County Sheriff Robert Aja says the Branches deposited money to an account at United First Federal Savings in Jerome under the name of WEGO Systems. The account, was opened Aug. 21, 1986.

Sonia Branch worked for Basterrechea between Aug. 14, 1986, and Oct. 3, 1987. Aja says Branch forged signatures on the checks.



Mike Graham, left, tries to talk with short wave radio operators in other states while Shawn Harris logs in contacts

Radio operators prepare for worst

By ADRIENNE TOOMEY
Times-News writer

JEROME — A handful of ham radio operators gathered at Anderson Campground Saturday morning, patiently turning a radio dial as they tried to separate voices from static.

It was not an emergency that brought them together, but rather preparation for one.

"Our main purpose of the whole day is to practice what we would need to do to make outside contact in case of a real disaster," said Gordon

Harris, a Twin Falls amateur radio operator. "If there were no telephones, we could still set up our radio and talk to people."

Operators across the continent participated in the 24-hour National Field Day. Within an hour, Magic Valley operators had reached fellow radio operators in Canada and in several states, including Georgia, New Jersey and Alabama.

They said they hoped to contact several hundred more operators before the field day was completed.

"Some clubs get really serious about this," said

Mike Graham, a radio operator. "I've heard of people who contact several thousand."

Although Idaho is not plagued by many disasters, the Twin Falls Amateur Radio Club, with about 50 members, has been called upon for emergency assistance on several occasions. Club members aided rescue workers when the Teton Dam collapsed, and they provided communication during last summer's firefighting efforts in the South Hills.

When phone lines were destroyed during Mexico's earthquake, they provided communication during the crisis.

• See RADIO on Page B2

Plane crash not caused by mechanical failure

The Associated Press

SUN VALLEY — There is no evidence that mechanical failure caused a plane crash near Hailey that killed a television crew and a police officer from Boise on Sept. 21, according to a report released this week.

The National Transportation Safety Board report also said the pilot of the Cessna 210, officer Lynn

Huppe, had been certified to fly the plane commercially for three months, but had little experience in that type of craft and had not flown from Hailey's Friedman Airport at night.

Huppe also had a therapeutic amount of the anti-depressant drug desipramine in his bloodstream, although an investigator concludes it was not a factor in the crash.

A final report on the probable cause

of the crash will be released by the NTSB, probably in several months, agency spokesman Ted Lopatkiewicz said.

The latest study does not speculate on the cause of the crash that killed KTVB reporter Mary Shore, 29, photographer Daniel Sullivan, 25, and Huppe, 45, the pilot, shortly after takeoff.

Witnesses described the plane go-

ing into a stall-spin before crashing into a mountainside above the airport. The craft was chartered by the television station to cover a story in the Wood River area that night.

The report also says Shore and Sullivan appeared to be in a hurry to report to Boise with their story for the evening newscast. The crash occurred about 9:10 p.m.

• See CRASH on Page B2

CEO tells media to question state development

The Associated Press

SUN VALLEY — The head of Trus Joint Corp. has taken issue with the failure of the news media to question what he calls, "a popular governor's press for economic development at any cost."

Walter Minnick, chief executive officer of the corporation that this spring opened Norco Windows Inc. in Twin Falls; addressed members of the Utah-Idaho-Spokane Associated Press Association this weekend. He said that the state's newspapers should at least question Democratic Gov. Cecil Andrus' economic development pro-

gram from the standpoint of its potential impact on the quality of life.

"We seem too often to view programs in economic terms and forget the byproduct of that progress will be the destruction of the things that make this place so special," said the head of the Boise-based maker of roof trusses and wooden windows.

Minnick said the state needs economic development, but suggested the current campaign did not attempt to direct new industry to the pockets of the state that need the boost the most.

He said Andrus "wants the next new industry, and he doesn't care

whether it is located in Boise where the unemployment rate is below 4 percent and additional development would only add to congestion and other problems of city.

Minnick also raised questions about the media's failure to take issue with the continuing expansion of below-cost timber sales; the Idaho Republican Party's decision this month to oppose any more wilderness as proposed by Andrus and Republican Sen. James McClure; the timber industry's torpedoing of water quality standards in the last legislative session; and Coeur d'Alene Mines Corp.'s proposal for a major open-pit gold mine employ-

ing into a stall-spin before crashing into a mountainside above the airport.

He declined to say if those positions were good or bad. He only contended, "Because those things aren't seriously questioned, you embed those people to do the same things again."

Minnick, who has sided with environmental interests in the state, said Idaho's spectacular outdoor environment is "priceless—it's irreplaceable and it's threatened."

"A lot of places once had the things we have here too, but too many people pursuing them caused them to disappear."

Take a stroll down Jerome's main street to learn history

The Jerome townsite, named for the son of W.S. Kuhn, president of the Twin Falls North Side Land and Water Co., was selected in June 1907. At first Main Street was divided into Upper Town and Lower Town, with the center of the business district — the high priced lots — nearly devoid of buildings. By 1909 the unification of Main Street began with the completion of the North Side Inn and various other business structures.

The first buildings in a town are always intriguing to me. When I see an old building I often wonder who built it and what brought the people to cast their fortune at that particular place. The question is especially true of our irrigation projects and their towns because many of those people left comfortable homes and good jobs to come to a sagebrush desert with no trees and lots of wind and dust.

Today let's take a short stroll along Main Street in Jerome and find out who first occupied seven of the buildings, all but one built before 1913, that are receiving plaques designating them as historic structures. Three were built as bank buildings, one housed a theater, another the first permanent post office and the others various businesses.

At 160 W. Main is the small white bank building built by Paul R. Kartzke for the Farmers and Merchants State Bank, the second bank in town. The bank moved into its new quarters July 1911 from across the street. Six years later the bank surrendered its state charter



Virginia Ricketts Then and Now

and became the Jerome National Bank.

The Jerome National Bank, having outgrown its space, moved on May 1, 1921, a block east to its impressive new quarters at 100 E. Main. The new structure was also built by Kartzke. According to newspaper description of the first building, the same general floor plan was used for the new structure although on a much larger scale.

This "new" Jerome National Bank building, now occupied by the First Security Bank, will also acquire an historic plaque because it is on the National Register of Historic Buildings. The second floor of the bank was used as the Jerome County Courthouse from 1924 until 1939.

Across the street at 101 E. Main the brick First National Bank, constructed by the Northside Construction Co., was the second building at the main intersection of town. It opened for business in March 1911. Contrary to its name the First National was actually the third bank to open its doors in Jerome.

Adjoining the second-floor offices was a large room

• See RICKETTS on Page B2



The Farmers & Merchants State Bank was built in 1911

Photo courtesy of the Halls family

Bomb kills Palestinian leader's young sons

BEIRUT, Lebanon (AP) — A bomb destroyed a Palestinian leader's car Sunday and killed his two young sons in south Lebanon. Dissident Palestinian guerrillas stormed a Beirut refugee camp in clashes with Yasser Arafat's faction.

Police said eight people were killed and 14 wounded as Arafat's loyalists and Syrian-backed dissidents of Col. Saeed Mousa's Fatah-Uprising faction fought with mortars and rockets in the Chatilla and Bourj el-Barajneh shantytowns.

By police count, 120 people have been killed and 516 wounded since the power struggle for control of the camps in Beirut's southern outskirts flared May 1.

Police said artillery duels raged from dawn to dusk, when the dissidents stormed Chatilla, capturing two of their four bases seized by Arafat's Fatah faction a month ago.

In the Ein el-Hilweh refugee camp outside the southern port of Sidon, the two sons of Mohammed M'rad, a central committee member of the Moscow-oriented Democratic Front for the Liberation of Palestine, were killed in the car bomb, police reported.

They were identified as Ali, 13, and Mazen, 6. Police said the bomb exploded when Ali turned on the ignition of his father's Mercedes outside the family home and police took away the group's leader.

South Korean students battle riot police

SEOUL, South Korea (AP) — Students throwing firebombs and rocks battled riot police Sunday around the Roman Catholic cathedral and started a blaze in a 15-story building after authorities blocked a march.

Brief-running clashes broke out around Myongdong Cathedral as hundreds of riot police in green combat fatigues and black helmets stopped students from marching in the streets.

Firebombs hurled by students at police started the blaze in the ground floor of an office building. Smoke poured from two floors as firefighters and police extinguished the blaze, which apparently was started by accident.

The building had been closed and there were no reports of injuries from the blaze. Police officers said offices on the ground floor were damaged.

A number of students and police officers were hurt in the fighting, but there were no figures on injuries or arrests.

Radicals called for a major rally and march at the cathedral to mark nationwide riots in June 1987 and press for the overthrow of the government of President Roh Tae-woo.

But hundreds of police stopped many students from reaching the cathedral. Only about 200 got through. The students at the cathedral stormed out to break police lines so they could get through, but they were driven back by tear gas.

Radicals use the cathedral as a sanctuary because police do not enter for fear of offending public opinion and church authorities.

Student leaders, addressing the rally in the cathedral grounds, denounced Roh and former President Chun Doo-hwan as dictators.

Speakers demanded Roh and Chun be punished for the bloody suppression in 1980 of an anti-government revolt in the southern city of Kwangju in which at least 191 people were killed.

"Down with Roh Tae-woo and Chun Doo-hwan" students shouted. Protesters also chanted "Thank you home" and speakers urged the United States to help suppress the Kwangju revolt and backed military rule in South Korea.

Radical groups had called on people to show support for the protest by honking car horns and joining the rally, but there were no signs of public support.

The students, some armed with clubs, firebombs and rocks, started a march out of the cathedral ground.

They were identified as Ali, 13, and Mazen, 6. Police said the bomb exploded when Ali turned on the ignition of his father's Mercedes outside the family home and police took away the group's leader.

Yuri Semenovskiy and about 10 other Soviet Jews came to the Arbat, a bustling pedestrian mall in central Moscow, to protest legislation they say prevents them from leaving the country.

Soviet officials say the only bar to emigration is knowledge of state secrets, but Semenovskiy and the others said they cannot leave because of a law requiring documentation that they don't owe money to relatives or ex-spouses.

A law passed in August 1986 requires that the documentation be provided by would-be emigrants' relatives. Semenovskiy said Soviet citizens have no legal way to make a relative provide such information.

"The courts are no help," said the former mathematician, who lost his job when he applied to leave the country more than two years ago.

They have been told not to get involved in cases involving refuseniks. More than 200,000 Soviet Jews want to leave, but can't.

At 4 p.m., Semenovskiy and the others, members of a refusenik group called the Poor Relatives, assembled in front of a building on the Arbat. They taped four small posters on the wooden fence that surrounds the building.

One read: "If you want to know the truth about refuseniks, and not the usual lies and filth from the newspapers and Central Television, read the informational leaflet from the 'Poor Relatives' Group."

Scores of Soviets assembled to scan the posters.

Ten minutes after the posters went up, two men dressed in civilian clothes ripped them down, walked away and threw them into the trash.

A water truck usually used to hose down Soviet streets passed close to the group clustered around the posters, forcing them closer to the wooden fence.

"It's the KGB," said Semenovskiy. A police lieutenant came up to Semenovskiy and asked him to accompany him to a district court. Semenovskiy asked if he was being detained.

"I invite you to accompany me because of administrative violations you have committed," the policeman said.

"What violations?" Semenovskiy asked.

"You know very well," the lieutenant said.



A student hurls a firebomb at police after authorities blocked a protest march

Soviet refuseniks' protest ends in leader's arrest

MOSCOW (AP) — Soviet Jews demanding the right to emigrate gathered on a Moscow street Sunday, but within minutes their posters were ripped down and police took away the group's leader.

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Iran claims Iraq used poison gas

NICOSIA, Cyprus (AP) — Iraq said its troops Sunday drove out the last Iranian occupiers from its southern Hoveizah marshes. Iran claimed Iraq used poison gas in the battle and in another attack, killing 60 people and injuring 4,000.

The marshes were held by Iran since 1984 and were Iran's last foothold in southern Iraq. It was Iraq's third major land victory since April in the nearly 8-year-old war, and President Saddam Hussein was quoted as calling it "the last of the difficult battles" and predicting "final victory soon."

Iraqi officers who took part in an assault Saturday said paratroopers were dropped behind Iranian lines to cut them off while ground forces moved eastward.

The Iraqi 3rd Army Corps, spearheaded by units of the elite Presidential Guard, drove the Iranians back across the border and pursued them into Iran.

The official Iraqi News Agency, monitored in Nicosia, quoted a military spokesman as saying the Iraqi forces withdrew into Iraq on Sunday.

Fighting still raged Sunday in the marshes east of the Tigris River and 80 miles north of Basra. But by all accounts the main battle was over.

Iran's official Islamic Republic News Agency, also monitored in Nicosia, acknowledged that Iraqis had "gained control" of the Majnoon islands in the swamplands and pushed its forces out of the Majnoon sector.

But it charged the Iraqis seized the islands through "extensive use of chemical weapons to force Iran's combatants to retreat."

IRNA said that Iraqi warplanes also dropped bombs containing nerve, cyanide and mustard gases Saturday near the southwestern city of Ahwaz, 60 miles east of the marshes, killing 60 people and injuring 4,000.

The Iraqi agency quoted an unidentified "authoritative source" in Baghdad as denying chemical weapons were used.

Iran's official Islamic Republic News Agency, also monitored in Nicosia, acknowledged that Iraqis had "gained control" of the Majnoon islands in the swamplands and pushed its forces out of the Majnoon sector.

But it charged the Iraqis seized the islands through "extensive use of chemical weapons to force Iran's combatants to retreat."

IRNA said that Iraqi warplanes also dropped bombs containing nerve, cyanide and mustard gases Saturday near the southwestern city of Ahwaz, 60 miles east of the marshes, killing 60 people and injuring 4,000.

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Legals-Announcements-Selected offers

CITY OF POCATELLO, IDAHO
PUBLIC NOTICE FOR CONSULTANTS
PROVIDING SERVICES FOR FARM PROJECT NO. 17/20 (081) 024
CLYMPUS DRIVE
Salem, Oregon
July 12, 1988
Statements of interest to perform soils investigations for the date shown herein received until 5:00 p.m., Mountain Daylight Time, on the date shown above at the City Clerk's Office, 802 E. Sherman Street, Pocatello, Idaho 83250-409. No proposal will be accepted after the date and time specified.

LEGAL NOTICE
ment Materials and Research Manual. The project is located in Bennequin County, Idaho. General information on the project may be obtained from City Engineer, Pocatello, Idaho, telephone 208-234-6230.

LEGAL NOTICE
By the State laboratory, Division of Health and Welfare, Rules and Regulations of the Department of Health and Welfare, effective January 1, 1988. The following is a descriptive summary of the substance of the intended action and of the principal issues involved.

LEGAL NOTICE
TIONS: Anyone can submit written comment regarding the proposed rules, and any individual or entity who may be affected by the proposed rules is encouraged to submit information concerning the anticipated economic impact of the proposed action. For assistance on technical questions concerning the proposed rules, contact the Bureau of Health, Department of Health and Welfare, 450 West State Street, 3rd Floor, Boise, Idaho 83720-9990. Monday, June 13, 20, 27, 1988.

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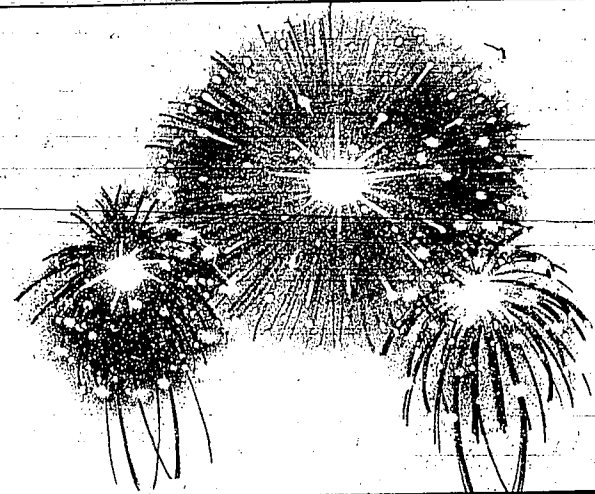
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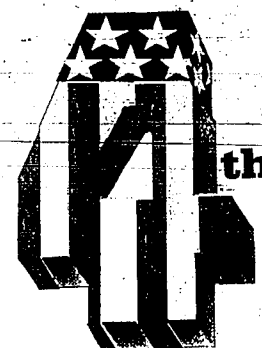
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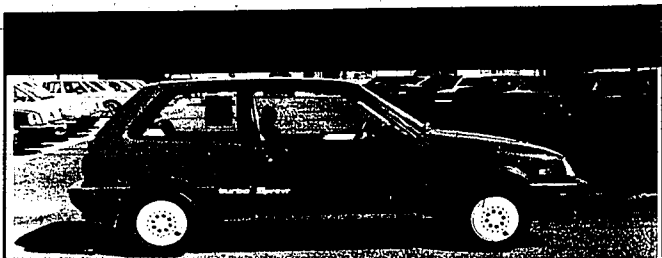
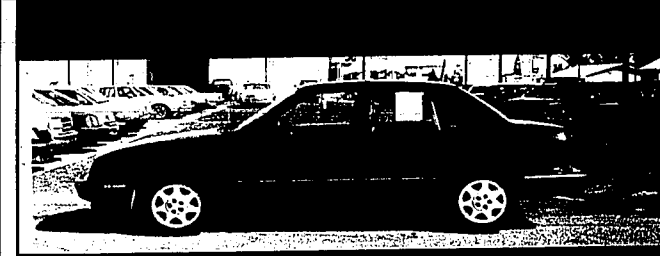
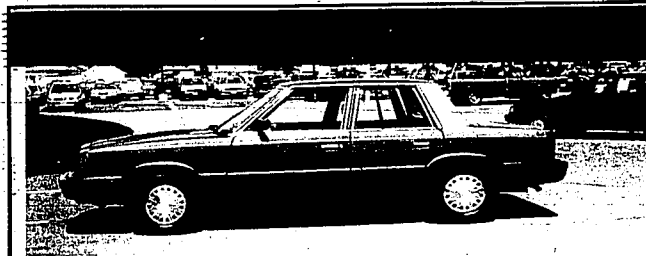


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Study shows Basque blood not unique enough — D2

'Paying last respects' may actually show hypocrisy — D4

Hiking time! Besides knowing where and when to go, you'll need the right boots plus preparation for sun protection

Don't drive yourself to exhaustion when local hiking excels

By ADRIENNE TOOMEY
Times-News writer

It doesn't make sense. Although we plan summer vacations to "get away from it all," we subject ourselves to long car treks while traveling to our destination. The kids fidget, the map is illegible and our legs stick to hot vinyl car seats.

However, Magic Valley residents do not have to endure driving marathons to go camping or hiking during their vacations or on long holiday weekends. Endless hiking opportunities are available in nearby mountains and deserts.

Both backpackers and day hikers should prepare for the unexpected. Always carry drinking water, warm clothing and high calorie food. Forest Service offices can provide maps and descriptions of many trails.

Here's a partial listing of local trails to get you started:

• **TWIN FALLS RANGER DISTRICT** — The South Hills, located outside Burley, are full of commonly overlooked trails. From a distance, the South Hills may

easy to moderate, can be reached by driving 19 miles south of Hansen on Rock Creek Road.

• **BURLEY RANGER DISTRICT** — Hikers can satiate their wanderlust on 50 miles of trails in the Burley Ranger District. The four-mile Independence Lakes trail, which includes wooded areas and open brush, is popular among day hikers. Avid anglers can enjoy fishing at the four lakes located at the end of the trail.

Although the majority of the trail is smooth and easy, a sharp incline exists at the three mile mark.

To reach the Independence Lakes trailhead, drive east from Oakley on the Oakley Elba Pass Road and follow the signs.

Backpackers looking for a long, but relatively easy hike can also begin at the Independence Lakes trailhead. Ranger Trail, a 13-mile loop winding around Independence and Cache Peaks, branches off from Independence Lakes trail at the two mile mark.

The Ranger Trail does not rise above 9,000 ft, so backpackers will hike through patches of

Hikers can satiate their wanderlust on 50 miles of trails in the Burley Ranger District.

merely look like bumps covered with sagebrush. However, hikers will find almost 70 miles of trails which wind through canyons, meadows and wooded areas.

Many of these trails were once used by pioneers and sheepherders. The Twin Falls Ranger District is currently linking these old paths and constructing new ones to form the Third Fork Trail System.

The system, which is rated

brush in addition to trees.

• **KETCHUM RANGER DISTRICT** — Beginners to experts can enjoy the Ketchum Ranger District's many trails.

The Pioneer Cabin Trail offers day hikers a challenging path which climbs 2600 feet in 3.8 miles. While the incline may be grueling, the rewards justify the climb.

The trail ends near Pioneer Cabin, a shelter built in 1937 for

• See HIKING on Page D2



David Sparks and Kathy Carter map out their hike along Prairie Creek in the SNRA

Times-News photo by ANDY ARENZ

OK, you're sunburned, so what do you do?

By KAREN FRIEFELD
Los Angeles Times Syndicate

You meant to get some color on your face. Instead you get a blistering burn. Now you'll try anything under the sun to put out the fire and salvage whatever you can for your "tan."

There are hundreds of "after-sun" products to choose from — many with ingredients like aloe vera, collagen and Vitamin E. They claim to help reduce sunburn pain, prevent peeling, keep a tan from fading and remove sun-induced wrinkles. But can those claims stand up under heat?

Unfortunately, it's not easy to repair sun-damaged skin. Once you've got a burn, you can't undo the damage. The best you can hope for is relief from its symptoms. If you tan instead, you may not be in pain, but you still have to guard against the long-term effects of the sun; dryness, wrinkles and loss of elasticity. Nothing can undo the increased risk of skin cancer that comes with overexposure to the sun.

For a severe sunburn — one that causes a lot of pain, blisters or fever and chills — see a dermatologist, says Jennifer A.L. Patterson, M.D., assistant professor of dermatology at New York University Medical Center.

What about easing minor sunburn pain? Topical anesthetics that contain the ingredient benzocaine can soften the sting and cool the burn. But they may not be the answer for everyone. Too many people develop sensitivities to

Nothing can undo the increased risk of skin cancer that comes with overexposure to the sun.

(them, says Bijan Safai, M.D., chief of dermatology at New York's Memorial Sloan-Kettering Cancer Center.

Skin preparations containing steroids, such as hydrocortisone, reduce swelling and blistering and help prevent secondary infections. One hydrocortisone cream, Cortaid, is available over the counter. (You'll need a stronger, prescription-strength cream for severe burns, though.)

Safe and simple
The safest way to take the sizzle out of sunburn is also the simplest: Apply cool water compresses, or take a cool bath. (Some dermatologists suggest adding cornstarch and

• See SUNBURN on Page D2

Right boots help you walk longer in more comfort

By ADRIENNE TOOMEY
Times-News writer

A hiker wearing ill-fitting boots is like a car with a leaky tank: both will quickly run out of gas.

A disastrous hiking trip may cause you to reject the sport entirely. You begin your expedition full of ambition, feeling athletic enough to star in a Gatorade commercial. Thirty minutes later, your feet maimed by blistering room again.

Fortunately, there are alternatives to this toe-torturing scenario. Today's hiking boot, refined by modern technology, will send you hiking to boot heaven.

"Those awful waffle-stompers, you'd put them on and maybe two years later they'd be broken in," says Carolyn Baird, owner of Sports Country in Twin Falls. "Nobody wears those anymore... Maybe I'll bring my old pair

into the store to set up as antiques." Retailers who sell hiking boots say the end of the waffle-stomper era began more than a decade ago, when Nike adapted the tennis shoe to hiking. These new hiking tennis shoes were leather reinforced, thick-soled alternatives to the conventional bulky boot.

As the new boots became more popular, traditional bootmakers began applying tennis shoe technology to their own orthodox designs. The result, in most cases, was a well-made hiking boot that was both durable and comfortable.

Although bootmakers now seem unanimous in their attempt to produce a user-friendly boot, their styles and materials have incredible variety. Consumers may feel overwhelmed when faced with the current selection. Boots used to fit like vice grips, but at least the choice was simple. Experts contend that the best way

to make headway in this boot labyrinth is to determine the type of terrain on which the boots will be used.

Consumers primarily interested in easy day hikes often opt for the hiking tennis shoe. These boots are constructed with a combination of leather and cordura, a heavy-weight nylon. Extremely lightweight and low cut, they do not offer much foot support. However, avid hikers say support is not a major concern when covering short distances on well-maintained paths.

With price tags as low as \$40, the hiking shoe/boot is an alternative for people who enjoy casual hikes but aren't willing to invest a lot of money.

The comfort offered by the hiking tennis shoe is popular among nonhikers as well. "We sell a lot of lightweight to dairy farmers or older people who are on their feet a lot," says

• See BOOTS on Page D2

Looking good

Stars begin jumping into fashion scene

Are the stars out tonight? You bet. More and more



JACLYN SMITH Lends name to label

celebrities are trading on their star quality to sell clothing.

Your good buddy Mr. Mellow — Kenny Rogers — has just come out with his new collection for J.C. Penney.

The style of clothes? Casual, of course. What else would you expect from the husky-voiced singer with the "I'm just folks" image?

His collection includes cotton-blend sweaters with the ever-popular heraldic crest, oxford shirts with awning-stripe designs, pleated navy twill slacks, sweatshirt-style pullovers and acrylic-blend sweaters with rye and cable patterns.

Rogers certainly is not the first celebrity to hook up with a chain store. Stefanie Powers was signed in 1985 to promote a line of clothing for Sears, Roebuck and Co. And, Jacqueline Smith pushes her clothing line

• See LOOKING on Page D2

Quick takes

Don't knock bug repellent

There are many good reasons to celebrate bug repellent. Chief among them, bug repellent has made it possible to picnic during the summer months. But not all bug repellents are created equal, reports the University of California, Berkeley, Wellness Letter. It recommends a relatively safe and effective repellent, N,N-diethyltoluamide, known as DET or deet. It will ward off most chiggers, ticks, biting flies, mosquitoes and other insect repellents have only a little of it. Others are pure.

Since some of the chemical can enter the bloodstream through the skin, it is important to take note of how much of it a product contains. This should not be of concern to most people, the Wellness Letter notes, but allergic reactions to deet have been reported as well as a few cases of toxic brain disease, mainly in children. So here are some suggestions for making good, safe use of insect repellent from the Berkeley Wellness Letter:

- Use clothing as protection when possible.
- A light application of bug repellent can be

applied to clothing.

— Notice the concentration of deet in the brand of repellent. Lower concentrations are safer but will need to be applied more frequently. It probably is wise to avoid brands that are totally deet, since the risk of adverse reaction is highest with them.

— Be careful with infants and children in whom the greatest number of serious reactions have been reported. Don't spray them or adults repeatedly over long periods and don't use excessive amounts. And don't reapply unnecessarily.

— Should a rash appear, discontinue use. In the unlikely event that breathing difficulties or seizures occur, seek medical assistance immediately.

Education helps health

The higher the education level, the better the health habits according to a study from the University of Michigan Fitness Research Center. "In areas ranging from non-smoking and weight control to knowledge of blood pressure and cholesterol levels, the higher one's education level, the better their health

habits," the researchers said.

The study also found that older men were where blood pressure and cholesterol levels are concerned. Sixty-two percent of the men and 59 percent of the women reported knowing their blood pressure and 29 percent of the men and 25 of the women knew their cholesterol levels. Older age groups were most likely to know these values.

It also found that seat belt use is increasing and smoking declining. Since 1981, 37 percent of college graduates and 20 percent of non-college graduates always used seat belts. During the past three years, this increased to 45 percent of college graduates and nearly 30 percent of non-graduates. Seventy-five percent of male college graduates in all age groups are nonsmokers but male non-college graduates aged 18-64 fall short of that percentage. Seventy-five percent of all women's groups studied, except for non-college graduates aged 30-44, were nonsmokers.

The study examined data for 93,523 males and 117,270 females in a group of 18-29, 30-44, 45-64 and 65-75. Forty-five percent were college graduates.

Hiking

Continued from Page D1

cross-country skiers. The cabin is now maintained by the Forest Service and retains some of its original furniture.

From the cabin, hikers have an excellent view of 12,000-foot Hyndman Peak. Waterfalls and a lake are also visible.

To reach the Pioneer Cabin Trailhead, drive past Sun Valley on Trail-Green-Road, and turn on to Coral Creek Road. After four miles, this road intersects the trailhead's parking lot.

Ketchum Ranger District's Pioneer Range also offers numerous overnight hiking opportunities. Backpackers looking for a three- to four-day trip and good fishing may enjoy the Mormon Hill Trail

leading to Upper or Lower Box Lakes.

The 15-mile trail will lead you over mountain ridges through canyon bottoms and will follow the headwaters of Little Wood River.

Mormon Hill Trail begins in the Little Copper Creek area. Follow the signs on Mormon Hill Road leading to the trailhead.

SAWTOOTH NATIONAL RECREATION AREA - The Sawtooth National Recreation Area covers more than 750,000 acres and its 1,500 miles of trails attract hikers from around the nation.

The Titus Lakes trail in the Spokys Mountains is a great day

hike for someone interested in sampling the Sawtooth area. The round-trip to the lake takes three miles and is rated fairly easy to moderate.

The trail gradually climbs 500 feet to a ridge, giving hikers a view of rugged mountains, and then descends 150 feet to Titus Lake.

The Titus Lakes trailhead is located 20 miles north of Ketchum on Highway 7, with parking.

Hikers looking for challenging backpacking trails in the Sawtooth area can drive to Grandjean Campground, 38 miles from Stanley. From there, hikers will have access to trails leading to a number of high mountain lakes

including Edna, Vernon, Tuxaway, Alice and Virginia lakes.

DESERTS - Idaho's deserts offer almost as many hiking opportunities as its mountains. Few maintained trails exist in the desert, making maps and compasses important. However, hikers who accept the desert's challenge are often surprised at its wide range of terrain, vegetation and wildlife.

Desert hikers may find Sheldon Bluestein's most recent book, "Exploring Idaho's High Desert," helpful. Bluestein's book, available at local bookstores, describes more than 60 desert hikes and explains skills necessary for desert hiking.

Boots

Continued from Page D1

Kurt Daugh, a Sports Country employee. "They like them because they have better soles and last longer than regular tennis shoes."

More serious hikers often head for the Idaho desert and require a sturdier boot. "I consider desert hiking the highest form of hiking," said Sheldon Bluestein, author of "Exploring Idaho's High Desert," during a recent slide presentation promoting his new book. "You aren't coddled by forest service maintained trails, so you need a good reliable boot," he said.

Bluestein recommends a "hybrid" boot which, like the hiking tennis shoe, is constructed with leather and canvas. Canvas breathes easily. This ventilation can be a relief in the foot-sizzling desert.

Although constructed with the same materials as hiking tennis shoes, boots worn in the desert should have a cushioned insole and should be taller to add extra ankle support.

Support is especially important when hiking through desert lava fields. "Idaho has a virtual monopoly on North American lava hiking," Bluestein said.

Support is crucial because you aren't slipping through the lava. You are striding precariously

through it in a never-ending search for balance."

While some desert hikers prefer the hybrid boot, some have remained loyal to an all-leather boot. The leather boot of the 80's, fortunately, is a far cry from leather waffle-stompers.

"Our leather boots come up higher on the ankles than waffle stompers, so they give more support," says Phyllis Judd, Vickers Western Wear employee. "They have a composition sole to prevent slipping. People seem to like them a lot."

In the desert, where hikers may encounter an occasional snake, leather boots have an added advantage. "The leather is real heavy and comes up over the ankles," says Judd. "It even calls these my 'snake-proof boots.'"

Price tags on all-leather boots are usually above \$120, while their rugged hybrid cousins average \$65.

Like desert hiking, rough mountain hiking calls for a thick, sturdy boot. "When you're back-

packing, you run into a lot of rocks, and you've often got a lot of weight on your back," says Robert Hendricks, an avid hiker and U.S. Forest Service employee.

"If you don't have the right kind of boot, the rocks can feel like a hammer on the ball of your

foot."

A "sturdy" boot is not synonymous with a "heavy" boot. Keep in mind that one pound on your feet equates roughly to five pounds on your back. "I know people who have gone out rock climbing with boots that weighed about 16 pounds a piece. There's no flexibility there," says Hendricks.

While many serious mountain hikers opt for a rugged hybrid boot, Hendricks prefers lightweight leather. "My boots are made out of one piece of leather with a seam in the back," he says. "Having just one seam keeps out the water. They've lasted for five years."

Once you've decided to invest in a pair of new hiking boots, be prepared to comparison shop.

Floyd Hazen of Blue Lakes Sporting Goods asks customers to try on boots while wearing the same socks they plan to use on the trail. "One pair of really thick wool socks or two medium weight socks are the best," he says.

A well-fitting boot should feel snug but not uncomfortably tight. As the hiker walks, the boot's heel should not slip more than an inch. There should be a thumbnail's distance between the front of the boot and the wearer's toes.

"I find that a lot of people buy boots too small for them," says Baird. "They haven't measured their feet for years. People's feet change, but they just go in and say 'Give me size six.'"

Baird asks her customers to stand on an inclined wooden board. "If they hit the end of the boot with their toes, it's no good," she says. "They'll end up with black and blue toes when they come down hills."

If you have doubts about a boot's fit, keep searching. With today's selection, there is no need to settle for an uncomfortable boot.

"I've seen people with big blisters who practically cripple themselves," says Hendricks. "They're not wearing the right boots, and they just end up making themselves miserable. The whole idea of hiking is to have fun."

Sunburn

Continued from Page D1 suggest adding oatmeal and baking soda to the water. And take aspirin to bring down the inflammation and relieve the pain.

Since the sun dries your skin, most dermatologists recommend that you use moisturizers after sunbathing. Cold creams soothe sunburn pain and moisturize the skin. Any moisturizer will keep skin soft after tanning, but none prevent skin peeling.

What about all those after-sun products with special ingredients to make your tan last longer? Although some claims seem to make sense on the surface, most are only skin-deep.

For example, some after-sun products contain collagen, a protein in skin that keeps it elastic. When smeared on skin in a lotion or cream, however, it doesn't do any more for you than a moisturizer without collagen. The outer layer of your skin is composed of dead cells, penetrable only by the smallest of molecules (such as water). Collagen molecules are simply too big to get through, says Patterson.

Aloe vera, another ingredient in moisturizers, is supposed to heal wounded skin faster and rejuvenate skin. But there's no solid evidence that this extract from the cactus plant has any special powers.


Cancer study questions post-operative treatment

The Washington Post

A review of some 6,000 cases of breast cancer in New Mexico shows a significant increase in the number of breast-sparing operations after 1981 but raises serious questions about whether the women also are being given more radiation therapy that is needed to kill any tiny pockets of cancer cells that survived the surgery.

In last week's Journal of the American Medical Association, Dr. Bruce A. Mann and colleagues at the University of New Mexico School of Medicine in Albuquerque reported that 26 percent of the women younger than 65, and 56 percent of the women 65 and older, appeared not to receive follow-up radiation therapy following lumpectomy, a surgical procedure that removes the cancerous tumor without removing the entire breast.

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Long-term damage
Some of the most devastating sun damage doesn't show up for years: leathery, wrinkled skin that's been prematurely aged. Until recently, "photaging," as it's called, was thought to be irreversible. Now, though, physicians have at least two remedies that show some promise of partially reversing the damage.

Some physicians prescribe Retin-A (retinoic acid - a derivative of Vitamin A) to counteract long-term damage to sun-ravaged skin. Retin-A supposedly increases the skin's production of collagen. Results may not be visible for six months, though, and the drug may irritate your skin.

Collagen injections are a more standard cosmetic treatment for patients who are prematurely wrinkled from chronic sun exposure. "When you inject collagen into the skin, it fills out the wrinkle," explains Safni. Collagen injections hide blemishes for six months to a year.

Researchers are studying Vitamin E, another ingredient of skin care products, as a shield against sun damage. But like collagen, its molecules are too big to penetrate the skin. Also, it may cause allergic reactions.

For now, the best way to preserve your skin is to prevent damage from happening in the first place. So use a sunscreen or stay out of the sun!

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Looking

Continued from Page D1

Jim Palmer former baseball star for K-mart shows off his trim body in Jockey underwear.

And the cosmetics and fragrance industry has hired **Christie Brinkley** for Cover Girl makeup, **Elizabeth Taylor** for "Pension" perfume and **Linda Evans** for the "Forever Krystle" scent.

Fashion magazines also have a penchant for dressing celebrities in fancy designer clothes. Tom Hanks, Tom Cruise and Charlie Sheen have been seen recently in the pages of GQ, the men's fashion magazine. Singer Jodie Watley graced a recent cover of Essence and shared the July-August cover of In Fashion with "Moonstruck" star Nicolas Cage.

ion models, retail sales people and wholesale manufacturers' representatives, among other positions.

The average annual income of a fashion designer is \$23,980; dress makers average a mere \$11,658 by comparison. Fashion models bring in \$32,700 a year on the average; retail sales people earn \$15,805 a year and wholesale reps earn \$24,525 annually.

As for hours logged in an average week, fashion designers work 44.2 hours. Dressmakers work 41.4 hours, and on the average, fashion models smile for 39.8 hours a week. Retail sales people work 39.8 and wholesale reps work the most of all, 47.9 hours a week.

So, you want to work in fashion industry?

Not-so-fab fashion: Anyone interested in working in the fashion industry might be surprised to learn how low some salaries are and how much work is required for success on the job.

The "Jobs Rated Almanac" (World Almanac, \$14.95) lists industry professions such as fashion designer, dressmakers, fash-

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To do for you

"To Do for You" is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 648, Twin Falls, 83303, or deliver to our office at 132 Third St. W.

Childbirth refresher set

TWIN FALLS — A prepared childbirth refresher class for persons who have previously taken a prepared childbirth course will be held at Magic Valley Regional Medical Center today from 7-9 p.m. in the Women's Health and Education Center conference room, second floor.

The fee is \$5 and participants must pre-register by calling the Women's Health and Education Center at 737-2900 between 9 a.m. and 4 p.m.

Prenatal class convenes

JEROME — St. Benedict's Family Medical Center will offer a prenatal class on infant care, baby bath, breast- and bottle-feeding and practice exercises on Tuesday at 7:30 p.m. in the Center's conference room. Cost is \$4 per couple. Call Gayle Goodin, R.N. at 536-6445.

CPR certification given

JEROME — Infant cardio-pulmonary resuscitation (CPR) certification will be given at St. Benedict's Family Medical Center on Thursday at 7:30 p.m. in the conference room. Cost is \$5. Pre-registration is required. For information, call Priscilla Malone, 324-4301, ext. 283.

Prenatal class to meet soon

SHOSHONE — A prenatal class with discussion on baby bath, infant care, breast and bottle feeding and practice exercises will be held Thursday at 7:30 p.m. at Dr. Keith Davis' office. Cost is \$4. Call Gayle Goodin, 536-6445.

CSI offers study for nurses

BURLEY — A course to prepare people to be certified nursing assistants and homemaker home health aides will be offered by the College of Southern Idaho in the Mini-Cassia area.

The course begins July 5 and ends August 4, meeting from 8 a.m. to 4:30 p.m. weekdays. Most of the classes will be at Cassia Memorial Hospital with clinical experiences at both Cassia Memorial Hospital and Minidoka Memorial Hospital.

Due to a state vocational grant, this course can be offered for \$50 which will include the cost of the textbook. The class is limited to 20 students. Carmen Adams will be the instructor. Upon successful completion of the course, a candidate will be certified as a nursing assistant and homemaker home health aide. Call CSI's Burley office 678-1400.

La Leche to discuss milk

TWIN FALLS — La Leche League of Magic Valley will discuss "Research-Proves-the-Superiority-of-Mothers-Milk" at 10 a.m. July 5 at Judy Ruprecht's home, 1520 Princeton Drive (off Locust). Call 733-9639.

'Releasing' lessens everyday stress



Jo Ann Larsen

It's been a bad day. Maybe you discovered you were wearing one black sock and one brown one or your nylon ran while you were out in public. Or maybe you had to wait in line or missed the turnoff when you were late for an appointment. Or the candy machine ate your money. Or your tantrum of gas on the way to work.

Or perhaps you've had bigger stresses to deal with: an argument with your spouse, the loss of a job, or a relationship gone awry.

Life is made up of an accumulation of stresses — some large and some small — that can undermine your health and well-being. What can you do to relieve the pressures these daily stresses put on your mind and body?

Use a technique called "releasing," says Patricia Carrington, the author of a book by the same name. Gain control of a process that often happens to you inadvertently.

For example, Perhaps you've been in the middle of an argument when you suddenly stopped and thought, "Wait a minute. What am I doing? This isn't that important?" Maybe at that time your perspective took a 180-degree turn—and you then were able to cope better with the other person. You had released.

Or maybe you were trying to meet a tough deadline and the closer it became, the more inefficient you became. As your tension continued to mount, maybe you said to yourself, "Why am I getting worked up?" At that, perhaps your sense of urgency melted away and you were then able to immobilize your energies effectively. Again, you had released.

In both instances, you let go of feelings that were preoccupying and consuming you. You changed your perception of the event and thereby released your stress.

When used deliberately, releasing is a method for rapid on-the-spot change. It is simple, takes seconds to do, and can defuse problems and stress moment-by-moment in your life.

A part of releasing is to stop your overpush, says Carrington. "When confronted by frustration, we often feel driven to do better, to solve a

problem quickly and at all costs. In the problem falls to yield to this initial pushing, we then assume that the answer lies in pushing much harder."

"Unfortunately," continues Carrington, "pushing harder can be self-defeating. In fact, it almost invariably makes matters worse. Surprisingly enough, when we stop our overpush, new options open up and the situation becomes manageable."

Learn the technique of releasing by first trying it out on an inanimate object rather than a person, says Carrington. Look around for something you would like to change — an object you'd like to have rearranged or straightened, the dog you'd like to stop barking or the radio you'd like turned down; or the shoe you'd like to be more comfortable.

Choosing something you've selected, think to yourself, or say out loud (off handedly): "COULD I LET GO OF WANTING TO CHANGE THAT?"

That, without thinking further about the matter, just let go — as easily as you would allow an object to drop from your hands. Practice with a number of small frustrations.

Each seemingly trivial thing you release can serve to lighten a portion of the total emotional burden you carry. With each experience of "letting go,"

you free a certain amount of energy that has been tied up to now use creatively.

Releasing has many applications, including dealing with situations that would be nice to change but probably won't get changed. In such instances, you may want to say, "IT WOULD CERTAINLY BE REASONABLE TO CHANGE THAT... BUT COULD I LET GO OF WANTING TO CHANGE IT?"

Releasing is often needed to deal with things that have already happened. In this case, imagine the event in the present and release it. For example, the clerk at the checkout counter jammed your groceries haphazardly into a bag, crushing some eggs. As you discover this later, rather than holding onto your anger, imagine the event and think to yourself: "COULD I LET GO OF WANTING TO CHANGE THE FACT THAT HE/SHE IS JAMMING (present tense) MY PURCHASES INTO THE BAG?"

Releasing can also be used when you are preoccupied with past goals that didn't work out: "If I could just do such and such over again" or "Why didn't I think of doing that instead of what I did." In such instances, say to yourself: "COULD I LET GO OF WANTING TO REWRITE THE PAST?"

Carrington offers many "unlocking" techniques for letting go of emotionally-loaded situations that resist releasing. In such instances, she suggests partially releasing the situation with questions like these: "COULD I LET GO OF ONLY 1 PERCENT OF WANTING TO CHANGE

(THAT SITUATION)?" "COULD I ACCEPT ONE PERCENT OF (SUCH-AND-SUCH SITUATION)?"

"COULD I LET GO — FOR ONLY TWO SECONDS — OF WANTING TO CHANGE (THIS SITUATION)? THEN I CAN TAKE BACK THE WANTING?"

"COULD I POSTPONE WANTING TO CHANGE (THIS SITUATION) FOR ONLY TWO SECONDS?"

Sometimes it helps to release in advance an event in which you anticipate or fear the consequences by imagining the absolute worst that could happen and then release on that.

To use releasing to maximum effectiveness, conduct a releasing review at the end of the day to neutralize residual stresses that have slipped by unnoticed. To do this, find a quiet place and let your mind roam over the day's events, catching those that are still unresolved, and releasing on these as they surface.

Jo Ann Larsen is a Salt Lake City marital and family therapist. Her column appears every Monday in Reach.

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Microwaving kills weeds of infection

GAINESVILLE, Fla. (AP) — Millions of women who suffer from recurring yeast infections may find relief if they microwave their underpants, researchers say.

Zapping freshly laundered but damp underwear for five minutes on high kills the fungus that causes vaginal infections in 20 million women yearly, said Byron J. Masterson, chairman of Obstetrics and Gynecology at the University of Florida.

The underwear must be cotton, he warned. "Not your Frederick's of Hollywood — no-no," Masterson said. "The bunny suits would probably go ka-boom in your microwave."

The study was published recently in the Journal of Reproductive Medicine.

Yeast infections can cause irritation and discharge.

Previous studies have found that yeast, or candida albicans, survives laundering in detergent, even in hot water. That's because candida is killed at 154 to 163 degrees, while household water heaters are set at about 120 degrees.

"Undergarments are contaminated and regular washing doesn't seem to kill it," Raymond Kaufman, an obstetrician-gynecologist at Baylor College of Medicine in Houston, said Thursday. He did not take part in the UF study.

"Most people carry candida, it's a very common organism. Most women who develop vaginal infections (can be treated) very effectively with drugs 80 percent of the time," Kaufman said.

"But you've got a percentage who keep getting reinfect over and over. We see this commonly in diabetic women" or those whose immune systems are below par.

Other studies have shown that boiling underpants kills off the yeast. "But how many women do you know are going to boil their underwear?" Masterson asked.

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'Paying last respects' may be example of too little, too late

DEAR ABBY: I can certainly relate to that woman who had a falling out with her brother. She hadn't spoken to him for seven years, and when he died, "I'm no hypocrite." She said, "I'm no hypocrite."

Three years ago, I learned that my brother had stolen from our elderly parents. When I confronted him with the evidence, he asked me to lie to cover up for him.

I refused. That's when he hit me in



Abigail VanBuren
Dear Abby

the temple with a full can of beer, beat me up, took all my cash and left. The day he did that to me, my love for him died. As far as I am concerned, I no longer have a brother,

and if he were to drop dead tomorrow, I wouldn't attend his funeral. I rarely disagree with you, but this time you were wrong. Some grievances can never be buried.

— NO HYPOCRITE NO. 2
DEAR NO HYPOCRITE NO. 2: I was clearly outnumbered on this one. Read on for a typical dissent:

DEAR ABBY: Regarding your recent letter from the woman who didn't attend her brother's funeral because

she wasn't a hypocrite, I think your answer was way off.

A funeral may well be for the living, but the living should apply first to the immediate family of the deceased, i.e. wife, husband, children — not brothers and sisters.

My father had a brother who ignored him in his later years despite repeated attempts by my father to initiate contact. This hurt my father deeply, but there was no falling out —

they just never spoke. Then my uncle showed up at my father's funeral.

His presence upset my mother and me because we both know how much one short visit from this brother would have meant to my father when he was alive.

You'll probably say that we shouldn't carry a grudge, and maybe my uncle was trying to make up for what he had failed to do before, but nothing could make up for the hurt he

caused my father in his final years. Bitter? You'd better believe I'm bitter.

— TOO LITTLE, TOO LATE

DEAR ABBY: Speaking of hypocrites and funerals, when my wonderful mother died at 81, many of her friends came to her funeral. Did it give me pleasure to see such a turnout? No, it didn't.

Where were all these "friends" when my poor mother lay partially paralyzed in a nursing home for six years? Mother would have so enjoyed a visit from these so-called friends, but none of them came.

When I saw them "paying their last respects" at my mother's funeral, I wanted to say: "It's too late now. Where were you when she needed you?"

— PESHE'S DAUGHTER

Experts hope to understand fussy baby problem

The Washington Post

Two babies, both 9 months old, are sitting with their mothers in a pediatrician's office waiting to see the doctor. One baby sits smiling and laughing on his mother's lap, watching with interest as the other patients come and go, while the other baby squirms and cries, throwing himself back against his mother.

Want information?

Material for parents on fussy babies is available from:

- University of Maryland Institute for Child Study, the Fussy Baby Program, 3304 Benjamin Hall, College Park, Md. Program Director Stephen Porges and his colleagues are looking for fussy babies and their parents to participate in a research study. Phone (301) 454-1400.
- Regional Center for Infants and Young Children, 11710 Hunters Lane, Rockville, Md. 20852. Phone (301) 954-4444. This nonprofit organization offers treatment for fussy babies and their parents.

early evening, when they are irritable and cranky. Little seems to comfort them.

Many infants also suffer from colic — another condition that often gets confused with, but may not be related to, long-term fussiness. The difference between colicky babies and chronically fussy infants is that colicky babies usually grow out of their problem by about 3 to 4 months of age, Greenspan says. Fussy babies don't.

Greenspan, Porges and University of Maryland graduate students Pat Walker and Lourdes Portales believe that chronic fussiness is caused by the infants' "difficulty in regulating their bodies."

months old, most babies have learned how to calm themselves when they get upset, says Greenspan. They may cry for a few minutes at different

times during the day, but, in general, these babies are engaged in the human world. They take pleasure in the activities around them, gazing with alert eyes at what is going on.

For the fussy baby, there is little interest in the outside world, because they have difficulty integrating what happens around them. Their fussiness can be caused by either overstimulation or understimulation. Whatever their difficulty, Porges believes that the problem relates to how the central nervous system regulates the body. Porges looks at a particular nerve called the vagus nerve as a win-

dow on the whole central nervous system. The vagus nerve is partly responsible for regulating the heart, stomach, intestines, pancreas and parts of the lung.

Porges, who is the father of a formerly fussy baby himself, measures heart rates of infants as they go through a series of tasks. By following how heart rate changes, he can gauge how the vagus nerve is being affected and if it truly does operate differently in fussy babies.

Parents of fussy children are often at a loss about what to do to help their babies.

When I saw them "paying their last respects" at my mother's funeral, I wanted to say: "It's too late now. Where were you when she needed you?"

— PESHE'S DAUGHTER

What makes one baby fussy and another calm and happy? Are fussy babies at more risk for other emotional problems later in life, and if so, can anything be done to minimize their trouble?

These and other questions are the subject of an on-going study by University of Maryland psychologist Stephen Porges and Dr. Stanley Greenspan, a George Washington University child psychiatrist. "We want to discover why some babies are more fussy, difficult and challenging than others," says Greenspan. "We want to see whether there are different kinds of fussy babies and if some of the kinds of early difficulty (they have) are related to some of the later difficulties that are great challenges for kids."

"By learning about the underlying mechanisms (of fussiness), we hope to give parents better advice so that it doesn't lead to more long-term kinds of things."

No one knows for sure how many babies are "fussy," although Porges estimates that perhaps 5 percent of infants may show chronic irritability.

Experts are quick to note that all babies get upset at one time or another. Many very normal infants go through a "wailing hour" every day — a time often in the late afternoon or

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