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Monday, March 13, 1989

Botha decides he won't retire; may postpone elections

The Washington Post

JOHANNESBURG, South Africa — South African President Pieter W. Botha Sunday night ruled out the possibility he would soon retire from office and said he intended to postpone elections for a new Parliament and the end of his term — from September until next spring.

In a combative speech broadcast nationally on state-run television, the ailing 73-year-old Botha warned his critics not to "sow political confusion" and said he would not be pressured by restive Cabinet ministers or his ruling National Party to leave office early. A majority of party members has been seeking to force him from office and replace him with Frederik W. de Klerk, the education minister and party leader.

"I don't believe in usurping the Lord's work ahead of time," declared Botha, saying that he had an unfinished agenda of reforming South Africa's apartheid system of racial separation without "handing over power to the 23 million-strong black majority."

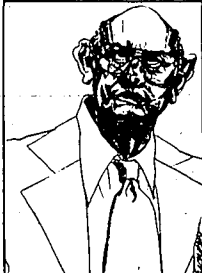
"I originated the concept of reform," Botha said in a rambling and occasionally disjointed speech that

seemed intended to intimidate the steadily growing wing of younger and more progressive National Party members of Parliament who have been urging him to retire since he suffered a stroke Jan. 18.

"My entire life bears testimony to the reform that I have initiated," he said, "and I still believe that it should be pursued with two conditions. . . I am for reform, but not for handing over. I am for reform, but against the undermining of stability and order."

Botha's five-year term of office was due to expire in September when the next parliamentary election was scheduled, but the president said that he will invoke a constitutional provision allowing him to delay the election and extend his term until March, 1990, to allow time for a re-drawing of election district boundaries according to the latest census.

Many members of the National Party caucus in Parliament had been urging that an election be called in May, at which time Botha would be replaced, and there also have been hints of a compromise proposal under which Botha would have stayed in office until a September election provided he gave up a significant amount of power to de Klerk, who took over as party leader Feb. 2.



PIETER W. BOTHA
Will not be pressured

Feline actress almost stops local production

By KIRK MITCHELL
Times-News writer

TWIN FALLS — Seldom does the exiting of an actor leave other cast members so moved that they burst into tears and become hysterical mid-way through a performance.

However, that is what happened Sunday at the end of Act I of the Magic Valley Dilettantes The King and I, when Inkky, a 3-year-old female cat, sprang through an open back stage door at the College of Southern Idaho and bolted to freedom.

Inkky, a "darling" black cat with white feet, chin, neck and tummy, plays a gift from the King's children to their new English teacher when they first meet in Act I.

Although Inkky was not due to return to the stage during the second act, her unexplained departure left 5 to 16-year-old princesses crying and princes pacing nervously backstage. Stagehands were pointing fingers at each other, wondering why the cat was not placed in her cage, said Carolyn Gilbert who says she is Inkky's human mother.

"It's chaos backstage," Gilbert said as Act II began. "I'm so upset I'm in tears myself."

Gilbert's 11-year-old daughter, Tavin Gilbert, who presents Inkky to the teacher in the play, was "hysterical" before the second act began and Gilbert said she was trying to calm her down.

"I told her, 'A true actress smiles through her tears,'" Gilbert said. At the conclusion of the play, an audience of about 850 gave a standing ovation, Gilbert said.

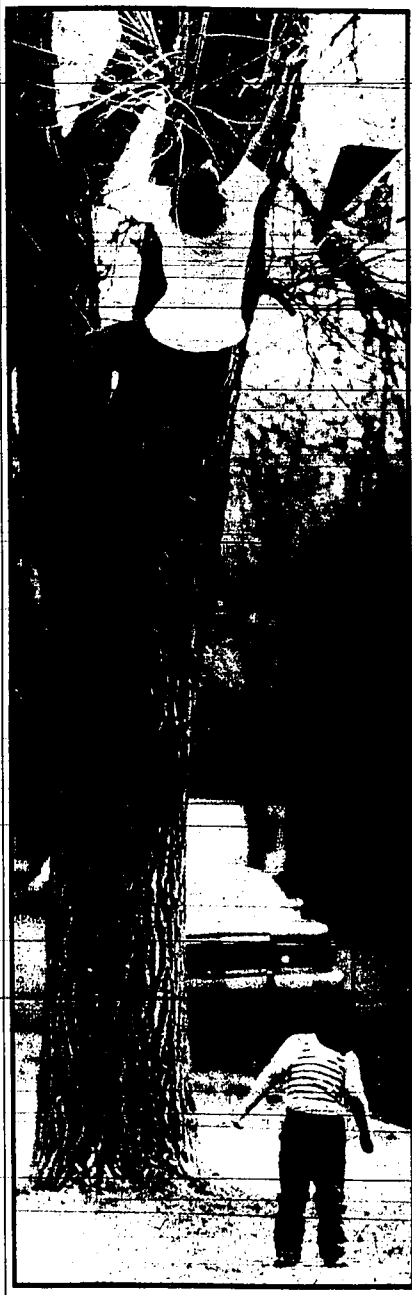
Over several rehearsals and two previous performances, Inkky endeared herself with the 14 children, purring and cuddling up against anyone who held her. She also charmed three audiences with her tail-swishing antics.

"Her stage debut has been a real surprise," Gilbert said.

She said her only clue as to why Inkky left was rumors that it involved some young actors and water. If something should happen to the cat — by getting "smooched" on Blue Lakes Boulevard — Gilbert said she doubts the Dilettantes will be able to find a suitable replacement.

"There's no way they could introduce a new cat," she said. Gilbert said Inkky knew her part well, sitting calmly while being passed from one person to the next.

• See CAT on Page A2



Times-News photo by TERESE TAMURA

Go fly a kite

Warmer temperatures and gentle winds made ideal kite flying weather. Trevor Waters, 4, encountered an obstacle and anxiously awaits the safe return of his kite, kindly retrieved by his stepbrother, Joe Weeks, 18. The pair were seen on 4th Ave. N. in Twin Falls.

Legislators face list of child abuse bills

By ANNETTE CARY
Times-News writer

BOISE — Republicans are still premising an unprecedented year in child abuse legislation despite the defeat of key proposals.

There will be no mandatory minimum sentences for child molesters, nor will there be statewide coordination of child abuse investigations and victim services, as proposed by Democratic Gov. Cecil Andrus. An alternate proposal, to formalize and help fund the Guardian ad Litem program, which matches volunteer advocates with abused children, faces a shaky future in the Senate.

That still leaves a healthy list of bills with good chances of passage. But though they may be greater in number, they are lesser in impact, says Senate Judiciary and Rules Chairman Denton Darrington, R-Idaho.

Not that some aren't controversial. Already passed the Senate is a bill that would allow children to face their accused victims through a two-way closed circuit television, rather than in the same room. Critics have questioned whether that would violate constitutional rights of the accused.

"This would be a limited, limited technique used only in cases where otherwise the case was not likely to go forward," says Deputy Attorney General Pat Kole. Pending Supreme Court cases may find the technique constitutional, he says.



Also controversial is a measure to lift the statute of limitations for sexual crimes against children. That bill has not come before the House or the Senate yet. But it has passed the House Judiciary, Rules and Administration Committee after an emotional hearing last week. Victims of child abuse testified that not until they were grown did they remember and understand the abuse.

"There was a feeling of the subcommittee that we wanted the abuser everytime he hears a knock on the door to wonder if it's the police there to get him," said Assistant House Majority Leader Mike Simpson, R-Blackfoot. "We don't want the perpetrator ever to feel safe."

Currently, only murder has no statute of limitations in Idaho.

Rep. Celia Gould, R-Buhl, who headed a House subcommittee that spent weeks discussing 21 child abuse proposals, says two pieces of legislation printed only last week could be among the most important. Both have been put forth as substitutes of sorts for mandatory minimum sentences.

The House Judiciary, Rules and

• See ABUSE on Page A2

Wright ethics charge reaches center stage

The Associated Press

WASHINGTON — Members of the House Ethics committee begin jury-like deliberations this week on six broad allegations of ethics violations against House Speaker Jim Wright in a case with particularly touchy political ramifications.

The closed-door deliberations are part of a congressional agenda for the week that includes possible action on a bill to halt the Eastern Airlines strike, the start of impeachment proceedings against federal Judge Alcee Hastings, a committee vote on raising the minimum wage and continued budget talks.

The ethics committee meetings, held under exceptionally tight secrecy, are to decide whether to recommend disciplinary action against Wright for a series of alleged misdeeds involving abuse of his office for personal financial gain and improper lobbying of government regulators.

The 12-member panel — six Democrats and six Republicans — has been closed to two weeks of hearing presentations on the charges, first from its independent counsel, Richard Phelan, then from Wright's lawyer, William Oldaker.

Oldaker is scheduled to wrap up his defense Tuesday. Then the committee begins its charge-by-charge deliberations, voting on how to dispose of each count against Wright. Chairman Julian Dixon, D-Calif., said that could take three to four days, possibly pushing a conclusion into next week.

"I don't think there's a consensus at this point," Dixon said.

Of the six counts, sources say two charges — that Wright skirted House outside income limits by making bulk sales of a book in lieu of accepting speaking fees, and that he used a luxury car and Fort Worth condominium without paying for them — have emerged as most prominent.

Whatever the outcome, it seems likely that Wright — who lost standing among some of his Democratic colleagues for what they saw as his mishandling of the congressional pay raise issue this year — will face political battering from House Republicans.

Elsewhere, the full House is expected to take up a bill that would require President Bush to appoint an emergency board to suggest a solution to ending the machinists' strike against tottering Eastern Airlines. The legislation, sought by the carriers' unions, is expected to gain approval in the Democratic-controlled chamber.

But it could run into trouble later in the Senate, where minority Republicans may be able to use procedural maneuvers to kill it. President Bush opposes the bill.

In the Senate, Hastings, a black federal judge from Florida, faces an impeachment trial beginning Wednesday on charges that he conspired to receive a bribe, then lied about it at a 1983 jury trial during which he was acquitted.

If convicted by the Senate, he would be stripped of his judicial post and his \$89,500 salary. Hastings contends that the charges are groundless, and has moved to dismiss them.

CPAs highlight St. Patrick's parade

The Associated Press

SALT LAKE CITY — The clear hit of Salt Lake City's annual St. Patrick's Day Parade was the Utah Association of Certified Public Accountants' drill team, which highlighted the event's wacky spirit with chants of "credit, credit, credit."

A UACPA drill team, marching in smart black, brown and gray

business suits, reminded the hundreds watching the Saturday morning parade that spring is the season not only for shamrocks and leprechauns but W-2 forms and tax returns.

"I don't care what people say, the drill leader shouted, and the chorus came back — 'Just wanna be a CPA.' Then, 'Don't wanna die and go to heaven. Rather file for Chapter 11.'"

Ten members of the Soviet inspection team monitoring Intermediate Nuclear Forces Treaty compliance at Hercules Inc.'s plant south of Salt Lake City were special guests, and organizers said they certainly got the chance to see a different side of Utah from the viewing stand.

They must have wondered what the Utah Scottish Association, All

• See PARADE on Page A2

Veterans protest art exhibit of U.S. flag

The Associated Press

CHICAGO — About 2,500 veterans and supporters from nine states marched Sunday at the Art Institute of Chicago to demand that officials remove a U.S. flag placed on the floor in an art student's exhibit.

At one point, participants in the most recent of a series of protests attacked about a dozen students holding a counterdemonstration, swinging fists and throwing hot coffee. Police intervened, and no one was injured.

A veteran and four students were arrested, said Police Officer Mark Halo.

The veteran was charged with battery; two students were charged with disorderly conduct and the other two were charged with criminal damage to property for painting flags on the sidewalk in an effort to force demonstrators to walk on the flag, Halo said.

Police led the students to a corner two blocks away from the demonstra-

tors and surrounded them with barricades.

The flag-waving protesters, led by local politicians and leaders of veterans groups, chanted, "One, two, three, four, get the flag off the floor." The symbol of charges that he conspired to receive a bribe, then lied about it at a 1983 jury trial during which he was acquitted.

Another group of about 20 counter-demonstrators, primarily artists from

• See PROTEST on Page A2

Legislature shouldn't alienate ever-eager lobbyists

BOISE—Some lobbyists who work the Idaho Legislature were a little miffed when they received "invitations" to pay \$500 to attend a dinner with the chairmen of some key Senate committees.

"I can't afford that, and my association can't afford it," said one lobbyist. He, like others contacted about the event, didn't want their names used. Lobbyists who allow their complaints to be made public fear their causes will suffer at the hands of influential legislators.

Lobbyists who attempt to influence the Legislature received invitations a few days ago from the Senate State Affairs Club, a GOP election organization.

It went under the names of Sen. Michael Crapo, R-Idaho Falls, president pro tem and Sen. Roger Fairchild, R-Fruitland, majority floor leader.

The invitation said Boise Republican senators Rachel Gilbert and Rod Beck "request the honor of your presence" benefiting the re-election of Republican State Senators.

Gilbert happens to be chairman of the

Quane Kenyon

Local Government and Taxation Committee, which deals with tax and revenue bills sent over by the House Revenue and Taxation panel. Beck is chairman of the Senate Human Resources Committee.

It's not unusual for the political parties to send out such "invitations" during the legislative session. In fact, Democrats had their own party at the same time, although it was for \$35 a head.

But the amount asked by the Republicans raised some eyebrows. Usually the dinners and parties cost \$25 to \$35 or up to \$50.

There also were a few questions about the unspoken hint contained in the invitations that attendance might help approval of anything still pending before the two committees.

The Senate leaders involved in the event denied there was any attempt to "strong-arm" anyone.

Crapo said fund-raising events for public officials are not rare, and it's convenient to hold them during the legislative session because everybody is in Boise. He said he would not think anything more or less of those who couldn't pay the \$500 to attend.

"There are no indications that anybody is trying to strong-arm anybody," said Crapo. Fairchild said Republican Senate leaders made it clear to GOP members long ago there would be no attempts to sell influence. "We instructed everyone on the etiquette," in part because of some activities of the minority Democrats, he said.

"I haven't heard any complaints about it," said Fairchild, "and if there are complaints, I want to know about it."

He said a \$50 fundraiser earlier in the session produced about \$5,000 for the Senate GOP campaign fund.

Fairchild also termed it an accident that the GOP event wound up in competition with the Democrats' "sine die," or session

adjournment party.

When it was organized a month ago, Fairchild said, the calendar was clear on that date.

"I wish it wasn't happening," he said of the conflict. "Next year, we will have ours organized much, much earlier."

Lobbying is big business in the Idaho Legislature. Before the session was two weeks old, 193 lobbyists had registered with the secretary of state's office.

A report compiled by the Elections Division shows that lobbyists spend nearly \$125,000 for food, entertainment and drinks for legislators. That's just under \$1,000 per legislator. Overall, the lobbyists spent close to \$230,000 on lobby efforts.

Typically, a legislator will be taken to breakfast, lunch, dinner or an evening banquet. The lobbyist will try to present facts, proposals and concerns in the best possible light.

Many a freshman legislator has noted that with a little care, a lawmaker would not have to pay for a meal during the legislative session.

Most legislators look upon lobbyists as an important part of the process. They're expected to provide information on their special subject. Lawmakers know the lobbyist has a slanted outlook. But the lobbyist who presents misinformation or outright falsehoods can get into trouble and credibility can be quickly lost.

Andy Anderson, who lobbies for the Associated Taxpayers of Idaho, found he miscalculated the impact of a tax proposal before the House Revenue and Taxation Committee. He said it would boost tax bills by \$65 million, but a later calculation showed it to be \$25 million.

He hastened to ask for a chance to appear before the committee the next day to apologize and admit he'd made a mistake.

Lobbyists have their own space on the third floor, convenient to the House and Senate floors. And they're officially listed as "legislative advisors," not lobbyists.

Quane Kenyon covers Idaho politics and government for The Associated Press.

Andrus puts nuclear cleanup ball firmly in DOE's court

Governors always gripe about the federal government, so what better place to do it than Washington, D.C.?

The Northwest's chief executives were no exception late last month as they spent four to five days at the National Governors' Association winter meeting in Washington, D.C.

But for once, they are getting results concerning one of their most serious grievances, radioactive contamination at nuclear defense sites.

Since problems at Department of Energy sites around the country have set off a national alarm, DOE has begun to respond to longstanding Northwest demands to stop contamination and clean up its mess.

The latest development was announced at a Capitol Hill press conference by Washington state Gov. Booth Gardner and federal officials. After a year's negotiations with the state and the Environmental Protection Agency, DOE agreed to a landmark 30-year plan to clean up the Hanford Nuclear Reservation which an EPA official called the country's largest and toughest toxic waste clean-up problem.

It is believed to be only the second time that DOE has backed up its written promises by agreeing to allow itself to be sued by the state or its citizens over violations of such an agreement. "Just fine (the state) negotiated it is a major step," said a lobbyist on Western interests. "Anybody who can pull down 30 to 50 percent of DOE's clean-up is doing for the next several years is funds pretty well for themselves."

DOE pledged to double clean-up



Larry Swisher

spending during the next five years, to \$2.8 billion. That could add up to 2,000 jobs to Hanford's hard-hit payroll by 1994. In addition, DOE agreed to provide the state \$2.9 million to oversee the projects.

But DOE can't guarantee to do more than ask the White House and Congress for the money. Key Northwest members warned that President Bush's budget office must agree to put it in the budget and Congress must go along. "We need to understand that we have to fight for these funds," said Rep. Les AuCoin, D-Ore., a member of the Appropriations Committee.

However, the new effort is well timed since Congress and new Energy Secretary James Watkins are focused on DOE's widespread problems and intent on doing something about them.

Helping pave the way for Washington state's victory was Idaho Gov. Cecil Andrus, who recently wrested a similar DOE pledge to increase funding for clean-up and waste management at the Idaho National Engineering Laboratory. Andrus' success in getting a promise of \$436 million over several years was seen by many as stemming from his dramatic ban in October on nuclear waste shipments to INEL from other DOE sites. Andrus since has partially lifted

the ban for six months to give DOE time to find another waste storage site and prevent closure of a vital nuclear defense plant in Colorado. But in an interview here, he said his Sept. 1 deadline is firm and that DOE will be to blame if it does not succeed. "They will have to suffer the consequences," he said. While in Washington, Andrus spoke informally with Energy Secretary Watkins at a White House dinner. INEL already has a comprehensive clean-up agreement, reached in 1987, but it involves only the two federal agencies, EPA and DOE. Unlike Washington state, Idaho wasn't given the authority to oversee DOE's actions, because it lacked a hazardous waste program, EPA Northwest Administrator Robie

Russell said. The state now is seeking to take over regulation from EPA.

But Andrus said Idaho has not been left in the dust by Washington state. "I'm confident what we're doing and the agreement we have will take care of our situation," he said.

Russell, a former Idaho deputy attorney general who was in Washington, D.C., for the announcement of the Hanford agreement, said developing the INEL clean-up plan was a "more cooperative" effort.

Also, waste problems weren't as serious because INEL has been engaged mostly in research not production of large amounts of nuclear materials, Russell said.

Compared to Washington state, there was less public controversy in Idaho, he said, noting, "Political careers have risen and fallen over Hanford."

Attending the press conference were two examples, Sen. Brock Adams and Slade Gorton. In 1986, the then-incumbent Gorton was upset by Democrat Adams, who made criticism of Hanford and DOE a centerpiece of his campaign. Two years later after the Hanford controversy eased, Gorton made a comeback against another candidate and won election to the Senate again.

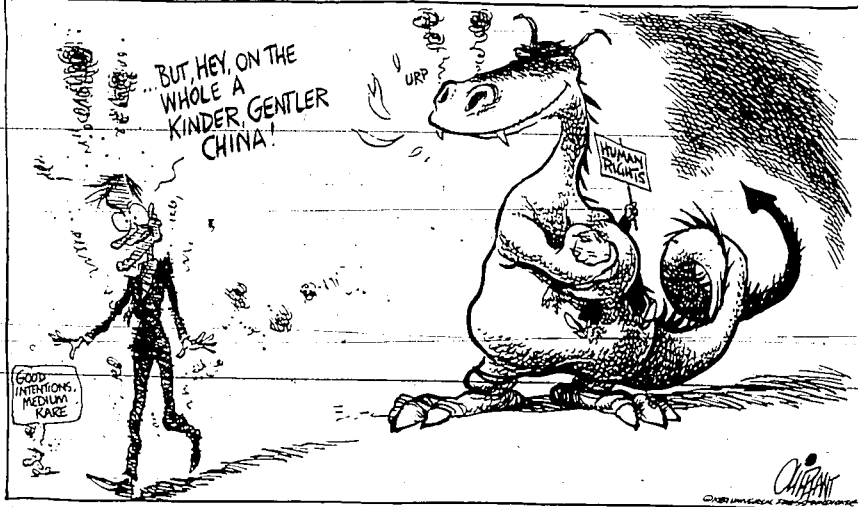
Like Adams, Andrus benefited politically from confronting DOE and elevating Idaho's waste problem to national attention.

DOE has two ways to solve the problem, Andrus noted last week. It

must either open its Waste Isolation Pilot Project, a permanent underground storage site in New Mexico, or find other temporary storage sites besides Idaho. He said DOE has assured him it is trying to find other sites, which could include four facilities now licensed to store low-level transuranic waste, but only that which is generated on-site.

The latter plan is considered DOE's most realistic option, since the New Mexico dump faces political and environmental obstacles and may not be fully open for several years.

Larry Swisher, a former Times-News reporter and editor, writes from Washington, D.C. on Northwest issues.



Bush can't afford loyalty in politics

What did George Bush owe John Tower? It is the question on many people's minds in the wake of his unwavering support of Tower for secretary of defense — support that has cost the new president enormously.

The episode has raised serious doubts about the capacity of the new team to manage the White House, has abruptly ended Bush's honeymoon and has cost him the initiative with Congress.

President Bush has not even finished his first 100 days and already comparisons to Jimmy Carter are being made. Especially when it comes to the series of White House missteps with Congress, the president who was supposed to be "ready from day one" is looking like the Georgia governor who didn't know the difference between the Georgia Legislature and the U.S. Congress.

Having lost the fight for Tower, Bush will find that subsequent fights in Congress will be harder to win.

No matter how many Polaroïd shots Bush takes of lawmakers and their spouses in the Lincoln bedroom, he will not be able to overcome the perception that he is weak and unable to handle Congress.

Now that he has lost his first big fight, no one will be afraid of Bush for the next four years. That is a problem in a town where being feared is often more valuable than being liked.

Even had Bush managed to get Tower past the full Senate, Tower would have been a very weakened secretary of defense.

And yet Bush stubbornly fought for his nominee, dragging down Tower, the Senate and his own prospects for a smooth 100 days. He could have cut his losses and asked Tower to remove himself from consideration at any

Elaine Kamarck

different points in the last few weeks. Why didn't he?

The most Machiavellian theory is that, as chairman of a commission to investigate the Iran-Contra scandal, Tower whitewashed Bush's role. But the report of the Tower commission was followed by a full-scale investigation. There were no significant contradictions between the two reports.

To understand Bush's suicidal support for Tower, you have to understand that, as we saw in the selection of Vice President Dan Quayle, Bush is a stubborn man who persists in finding virtue in people whose virtue eludes others.

In the case of Tower, this trait is compounded by the fact that for a quarter of a century Tower and Bush have been winning and losing together.

In the words of George Bristol, a Texas Democrat who has watched them both, "There has been an unbroken line of support between the two of them going back to when you couldn't find enough Republicans in Texas to fill up a phone booth."

Tower got elected to the Senate seat that Lyndon Johnson vacated to become vice president in 1961 — as a Republican in a state that had been Democratic for so long that no one thought a competitive Republican Party was possible.

Tower, Bush and a handful of other pillars of Houston's River Oaks Country Club constituted the core of a group called, with Tower as its head, made for the emergence of a competitive Texas Republican Party. When Bush ran (unsuccessfully) for the Senate in 1961, Tower

was there. When Bush ran successfully for a House seat in 1966, Sen. Tower helped him.

By the time Bush had his second run for a Senate seat in 1970, Tower had become a powerful force at home and in Washington, and he backed Bush totally.

In 1976, Bush and Tower backed Gerald Ford against Ronald Reagan, a decision that became costly to both when the country club Republican party that they had been quietly building got taken over by New Right activists loyal to Reagan. In 1980, Tower again backed Bush, this time for the presidency, and once again he was against Reagan.

So by 1988, Tower was ready for a winner. In the Bush campaign, he was legendary for his devotion to the cause. As a surrogate speaker for the campaign, he was ready to go everywhere and anywhere, to do anything needed — even campaigning with Dan Quayle when no one else would touch him. It was assumed by many all along that if Bush won, Tower would become secretary of defense.

George Bush owed John Tower nothing more, and nothing less, than his personal loyalty. In recent weeks, Bush has been as loyal to Tower as Tower has been to him for the past 25 years.

But loyalty is one of those good traits that can damage a presidency. Bush and Tower now join the ranks of Dwight Eisenhower and Sherman Adams, Jimmy Carter and Bert Lance, Ronald Reagan and Ed Meese — all examples of presidents who paid the price for loyalty to friends and longtime political allies.

As President Harry Truman once said, "If you want a friend in Washington, buy a dog."

Elaine Kamarck is a political analyst and consultant.

F&G hearing was rigged

Fish and Game Hearing on Big Wood and Silver Creek.

What hearing? In any other state agency or the legislature and even county or city, when it's called a hearing it's to gather testimony to help make decisions on the matter being heard.

I looked forward to the evening — thinking with Steve Huffaker having been just moved up in the Fish Department it might just be something different.

But with his opening the hearing with the very first remark that "you bait fishermen were in for a rough night," my partner leaped over and said, "we've had it, let's go home."

Then the department came on with Mr. Huffaker opening the hearing by saying, "we have slides, diagrams etc. on both streams" and for the public to take notes so they could ask questions.

So then they turned out the lights and gave us over an hour of statistics, but people couldn't very well take notes in the dark, so as far as I was concerned at that point was when it became an "information" meeting instead of a hearing.

One thing I did get out of the presentation, even though I couldn't see to take notes, was that Steve said Idaho has 3,300 miles of stream under special regulation, Montana 300, Wyoming 200 and Washington and Oregon a couple of creeks. Sound like a awful lot to me, and now they're to add about another 150, and all of it to come from these two

streams which are so accessible to all of Magic Valley — and to discriminate against all bait people — and that's the largest percent of the total that fish.

I think when they tell all the people — youngsters, senior citizens, grandmas and grandpas, farmers, who pay the biggest share of property taxes — farmers who can set their water early, take off for the hills with the family and get back before dark to check the water — who's going to break that news to the public that now they'll have to drive clear over Trail Creek or Galena to use bait and be able to catch over two fish — "hell that won't stink up a skillet" — when you try to tell those grandkids how to fish with a barbless hook when it's hard for an adult to learn how.

And when you start arresting those kids for those first small fish they've ever caught. When you start telling us that no bait fishing will be allowed except in the desert below Magic where it's scorching hot all summer and by your own admission is dry many times in the summer. Then you're entering to special interests who fly fish and are absolutely allowing no bait fishing — and they're the majority of fishermen and the majority of the taxpayers.

Let the Sun Valley people who are pushing this go over Galena and Trail Creek. Set streams over there for regulations. Don't take away the streams we can reach from here and prohibit bait fishing.

BOB BURKS Wendell

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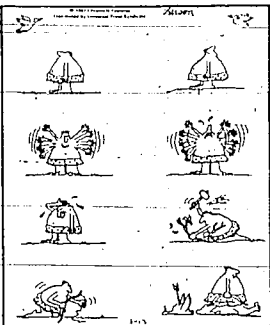
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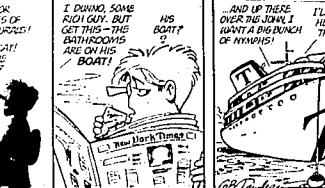
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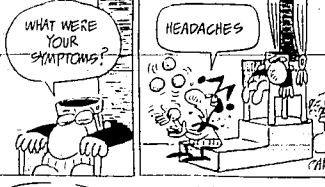
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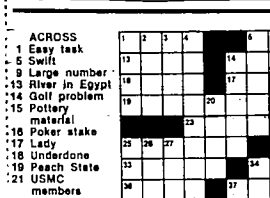
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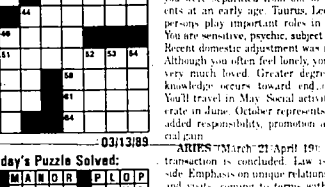
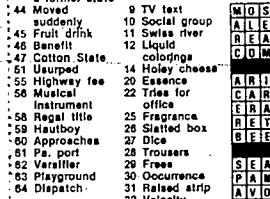
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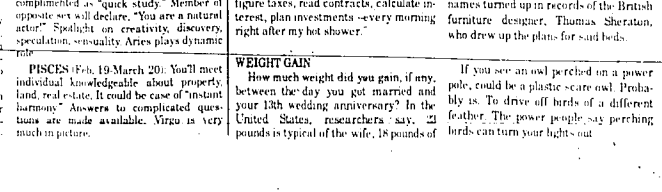
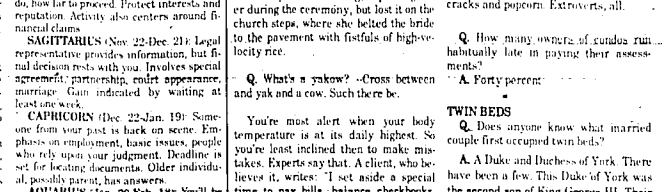
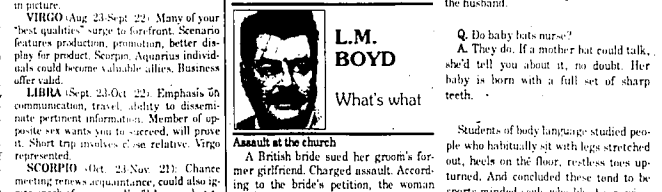
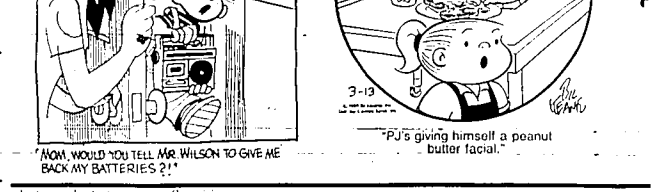
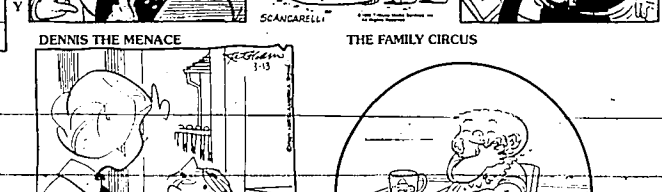
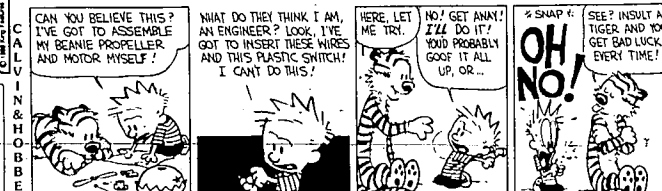
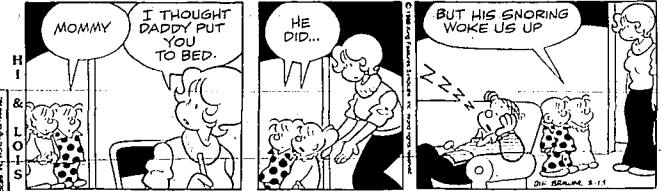
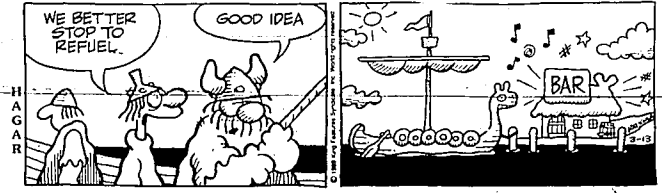
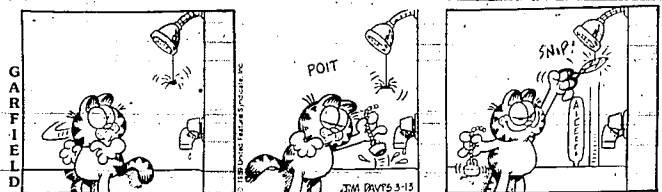
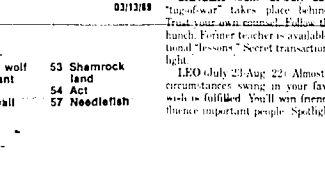
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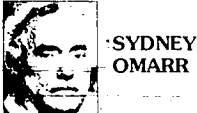
BORN LOSER



FRANK & ERNEST



ACROSS	1	2	3	4	5	6	7	8	9	10	11	12
1 Easy task	13	14	15	16	17	18	19	20	21	22	23	24
2 Swift	25	26	27	28	29	30	31	32	33	34	35	36
3 Large number	37	38	39	40	41	42	43	44	45	46	47	48
4 River in Egypt	49	50	51	52	53	54	55	56	57	58	59	60
5 Golf problem	61	62	63	64	65	66	67	68	69	70	71	72
6 Pottery material	73	74	75	76	77	78	79	80	81	82	83	84
7 Poker stake	85	86	87	88	89	90	91	92	93	94	95	96
8 Lady	97	98	99	100	101	102	103	104	105	106	107	108
9 Underdone	109	110	111	112	113	114	115	116	117	118	119	120
10 Peach State	121	122	123	124	125	126	127	128	129	130	131	132
11 USMC members	133	134	135	136	137	138	139	140	141	142	143	144
12 Register	145	146	147	148	149	150	151	152	153	154	155	156
13 Trophy	157	158	159	160	161	162	163	164	165	166	167	168
14 Way of entry	169	170	171	172	173	174	175	176	177	178	179	180
15 Typographers	181	182	183	184	185	186	187	188	189	190	191	192
16 Reliance	193	194	195	196	197	198	199	200	201	202	203	204
17 Lure	205	206	207	208	209	210	211	212	213	214	215	216
18 Privileged official	217	218	219	220	221	222	223	224	225	226	227	228
19 Flip	229	230	231	232	233	234	235	236	237	238	239	240
20 Confection	241	242	243	244	245	246	247	248	249	250	251	252
21 Yield by treaty	253	254	255	256	257	258	259	260	261	262	263	264
22 Dined	265	266	267	268	269	270	271	272	273	274	275	276
23 Gals	277	278	279	280	281	282	283	284	285	286	287	288
24 Cookware	289	290	291	292	293	294	295	296	297	298	299	300
25 Brings back to a former state	301	302	303	304	305	306	307	308	309	310	311	312
26 Moved suddenly	313	314	315	316	317	318	319	320	321	322	323	324
27 Fruit drink	325	326	327	328	329	330	331	332	333	334	335	336
28 Banquet colorings	337	338	339	340	341	342	343	344	345	346	347	348
29 Cotton State	349	350	351	352	353	354	355	356	357	358	359	360
30 Unupped	361	362	363	364	365	366	367	368	369	370	371	372
31 Unhappy fee	373	374	375	376	377	378	379	380	381	382	383	384
32 Musical instrument	385	386	387	388	389	390	391	392	393	394	395	396
33 Regal title	397	398	399	400	401	402	403	404	405	406	407	408
34 Haulboy	409	410	411	412	413	414	415	416	417	418	419	420
35 Approaches	421	422	423	424	425	426	427	428	429	430	431	432
36 Pa. port	433	434	435	436	437	438	439	440	441	442	443	444
37 Varsillor	445	446	447	448	449	450	451	452	453	454	455	456
38 Playground	457	458	459	460	461	462	463	464	465	466	467	468
39 Dispatch	469	470	471	472	473	474	475	476	477	478	479	480
40 DOWN	481	482	483	484	485	486	487	488	489	490	491	492
1 Jugged	493	494	495	496	497	498	499	500	501	502	503	504
2 Projection	505	506	507	508	509	510	511	512	513	514	515	516
3 IX	517	518	519	520	521	522	523	524	525	526	527	528
4 Singing voice	529	530	531	532	533	534	535	536	537	538	539	540
5 Unbearable	541	542	543	544	545	546	547	548	549	550	551	552
6 Parade vehicle	553	554	555	556	557	558	559	560	561	562	563	564
7 Intention	565	566	567	568	569	570	571	572	573	574	575	576
8 Fraudulent act	577	578	579	580	581	582	583	584	585	586	587	588
9 Perseverance	589	590	591	592	593	594	595	596	597	598	599	600



SYDNEY OMARR

ASTROLOGICAL FORECASTS

IF MARCH 13 IS YOUR BIRTHDAY
You were separated from one or both parents at an early age. Taurus, Leo, Scorpio persons play important roles in your life. You are sensitive, psychic, subject to moods. Recent domestic adjustment was necessary. Although you often feel lonely, you also are very much loved. Greater degree of self-knowledge occurs toward end of March. You'll travel in May. Social activities accelerate in June. October represents period of added responsibility, promotion and financial gain.

ARIES (March 21-April 19): Financial transaction is concluded. Law is on your side. Emphasis on unique relationship, trips and visits, coming to terms with relative. Lean effort complies with your wishes. Capricorn involved.

TAURUS (April 20-May 20): Obtain hint from Aries message. What appeared to be an obstacle is transformed into stepping stone. Emphasis on partnerships, collections, ability to push aside red tape. Relationship will intensify.

GEMINI (May 21-June 20): Men in your sign emphasizes personality, charisma, sex appeal. Previous limitations are removed. You will make first start. Focus also on romance, style, creativity. Leo figs, ups prominently.

CANCER (June 21-July 22): Family "upside-down" takes place behind scenes. Trust your own counsel. Edulis through air hand. Further teacher is available for additional "lessons." Secret transaction comes to light.

LEO (July 23-Aug. 22): Almost in a flash circumstances swing in your favor. Magic wish is fulfilled. You'll win friends and influence important people. Spotlight on pop-

ularity, social activity, romance. Gemini is in picture.

VIRGO (Aug. 23-Sept. 22): Many of your "best qualities" surge to forefront. Scenario features production, promotion, better display for product. Scorpio, Aquarius individuals could become valuable allies. Business offer valid.

LIBRA (Sept. 23-Oct. 22): Emphasis on lubrication, travel, ability to disseminate pertinent information. Member of up-to-date set wants you to succeed, will prove it. Short trip involves close relative. Virgo represented.

SCORPIO (Oct. 23-Nov. 22): Chance meeting, new acquaintance, could also ignite spark of romance. You'll know what to do, how far to proceed. Protect interests and reputation. Activity also centers around financial gains.

SAGITTARIUS (Nov. 23-Dec. 22): Final decision rests with you. Involves special agreement, partnership, court appearance, marriage. Gain indicated by waiting at least one week.

CAPRICORN (Dec. 23-Jan. 19): Someone from your past is back on scene. Emphasis on employment, basic issues, people who rely upon your judgment. Deadline is set for locating documents. Older individual, possibly parent, has answers.

AQUARIUS (Jan. 20-Feb. 19): You'll be complimented as "quick study." Member of opposite sex will declare, "You are a natural artist!" Spotlight on creativity, discovery, speculation, sexuality. Aries plays dynamic role.

PISCES (Feb. 19-March 20): You'll meet individual knowledgeable about property, land, real estate. It could be case of "instant harmony." Answers to complicated questions are made available. Virgo is very much in picture.



L.M. BOYD

What's what

Assault at the church
A British bride sued her groom's former girlfriend. Charged assault. According to the bride's petition, the woman showed up at the wedding, kept it together during the ceremony, but lost it on the church steps, where she belted the bride to the pavement with fistfuls of high-velocity rice.

Q. What's a yakow? -Cross between and yak and a cow. Such there be.

Q. Do baby bats nurse?
A. They do. If a mother bat could talk, she'd tell you about it, no doubt. Her baby is born with a full set of sharp teeth.

Q. How many owners of condos run habitually late in paying their assessments?
A. Forty percent.

TWIN BEDS
Q. Does anyone know what married couple first occupied twin beds?
A. A Duke and Duchess of York have been a few. This Duke of York was the second son of King George III. Their names turned up in records of the British furniture designer, Thomas Sheraton, who drew up the plans for said beds.

WEIGHT GAIN
How much weight did you gain, if any, between the day you got married and your 13th wedding anniversary? In the United States, researchers say, 21 pounds is typical of the wife, 18 pounds of the husband.

Students of body language studied people who habitually sit with legs stretched out, heels on the floor, restless toes upturned. And concluded these tend to be sports-minded souls who like to hear, cracks and popcorn. Extraverts, all.

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Q. How

German right-wing gets votes

Los Angeles Times

FRANKFURT, West Germany — For the second time in six weeks, elections Sunday in a major West German city brought defeat for the conservative Christian Democrats of West German Chancellor Helmut Kohl and boosted a small right-wing party into city hall.

Winners of the Frankfurt parliamentary elections were the Social Democrats and the environmentalist Greens party, who emerged with a joint majority only one day after their sister parties in West Berlin announced a city-hall coalition there. The Frankfurt polls were widely viewed as a test vote as campaigning warms up for 1990 elections to the Bundestag, or federal parliament.

Final Frankfurt results showed the Christian Democratic Union with 36.6 percent of the vote, down from 49.5 percent in 1985. The Social Democrats were up to 40.1 percent from 38.7 percent in 1985, and the Greens gained to 10.1 percent from their previous 8 percent.

Analysts said most CDU losses came from voters turning to the National Democratic Party of Germany (NPD), which took 6.6 percent.

The NPD is classified by the federal Constitutional Protection Office as "rightist-extreme" and following "anti-constitutional goals." It was last in Frankfurt's city hall in 1968-72, during the years after it won one-term minorities in seven of West Germany's 11 state parliaments between 1966 and 1968.

In 1969 it failed to gain the 5 percent vote required to enter the Bundestag. The CDU, lead of the conservative-center Bonn coalition with the Christian Social Union and the liberal Free Democratic Party, lost its ruling majority in West Berlin in Jan. 29 city elections.

'Verses' likely to dominate Islamic meet



The Ayatollah Khomeini seeks Islamic support for his death sentence of Salman Rushdie

RIYADH, Saudi Arabia (AP) — The leaders of 45 Moslem states and the PLO meet Monday at a conference that likely will be dominated by Saudi-Iranian clashes over ethics and politics.

This kingdom has refused to support Iran's death order against British novelist Salman Rushdie and it is not expected to change its position at the Organization of Islamic Conference.

The Saudis also are expected to clash with Iran over the question of recognition of the Afghan guerrilla government.

Arab diplomatic sources said Iran sent a delegation to Riyadh on Saturday for meetings to set the agenda for the four-day conference but that the delegation returned to Tehran without taking part in the meetings.

Conference Secretary-General Hamed al-Ghabid confirmed the conference will take up the issue of Rushdie's controversial novel, "The Satanic Verses," which many say blasphemes Islam.

Saudi Arabia's 16 million people are mainly Sunni Moslems. Iran's 50 million people overwhelmingly belong to the Shi'a Moslem sect, long at odds with the Sunnis.

Most Sunnis agree with Iran that "The Satanic Verses" should be banned. But they have stopped short of supporting Ayatollah Ruhollah Khomeini's call Feb. 14 for Moslems to seek out and kill Rushdie, an Indian-born Moslem who lives in Britain.

Shiites comprise one-tenth of the world's 1 billion Moslems and the Iranians are clearly outnumbered in their bid to gain support for the death threat.

But Arab diplomats, speaking on condition of anonymity, said Khomeini apparently wants to press ahead in an effort to persuade Moslems to view and support his campaign as a defense of Islam against the West.

Two Iranian government envoys have been touring Islamic states

seeking support for Iran's stance on the Rushdie affair. Ahmad Jannati was in Bahrain on Sunday and Mohammad Yazdi was in Nigeria.

The Rushdie affair is discussed daily by the Iranian media. Saudi newspapers have made no mention of it.

Fourteen nations have withdrawn their top diplomats from Iran in protest of Khomeini's death sentence.

The Saudis and Iranians have not had diplomatic relations since April, when Saudi Arabia broke ties, citing terrorism and subversion.

One reason for the rupture was what the Saudis called Iranian-inspired riots during the 1987 annual Moslem pilgrimage to Mecca. More than 400 people, most of them Iranians, were killed.

Khomeini has long challenged the Saudi royal family's guardianship of Islam's holiest shrines at Mecca and Medina.

On the Afghan issue, Saudi Arabia has been a key supporter of Sunni Afghan guerrillas who fought the Soviets until the Red Army withdrew from Afghanistan last month after nine years of intervention.

The Saudis have recognized the so-called interim Afghan government an alliance of Pakistan-based Sunni guerrillas formed last month, and are pressing other Moslem nations to do so. Sudan followed suit on Saturday and several other Moslem states are expected to act soon.

Iran, however, has backed Shiite Moslem guerrillas in the Afghan civil war.

Those insurgents operate from Iran and are not represented in the interim government.

Pakistan, which has a large Shiite minority, sent its foreign minister, Sahabzad Yacoub Khan, to Iran Saturday. Arab diplomatic sources said he was seeking to arrange a compromise between the guerrilla factions.

Hebrew 'Mein Kampf' raises Israeli furor

JERUSALEM (AP) — A Holocaust survivor's Hebrew translation of "Mein Kampf" has touched off a controversy over whether the book, which inspired the slaughter of 6 million Jews, should be published in Israel.

Author Dan Yaron argued Sunday that a Hebrew edition of the Adolf Hitler's manifesto will educate young Israelis about the evils of the Nazi regime. Other Holocaust survivors say it should never appear on Israeli bookshelves.

So far, Yaron has not found a publisher.

It's not easy to get someone to publish a book that is connected to Hitler," said Yaron, who spent the past 18 months translating the first volume of "Mein Kampf."

But 50 years after Hitler, we must be strong enough to look at what he was," said Yaron, who fled his native Vienna in 1938 after watching — Nazi troops parade down the main street of the Austrian capital.

Yaron, a retired educator, said in an interview that young Jews should read "Mein Kampf" as a warning against racist ideology. He said, for example, that there were disturbing anti-Arab senti-

ments expressed by "extreme right Israeli politicians."

The new generation needs... to know about the dangers that can occur," he said. "There are (Israelis) who promote racism."

Yaron said the fact his parents were killed by the Nazis while trying to escape from Austria has strengthened his determination to see the book published in Israel.

"If people like my father would have had the internal strength to read the book, they would have ended differently," he said.

Other Holocaust refugees vehemently disagree with Yaron, saying publication would stir deep emotion in a nation that was founded in part to shelter the survivors of the Nazi horrors.

If it is published, "there will be battles in the street," said Noah Klieger, a survivor of the Auschwitz concentration camp, who covers Holocaust affairs for the daily Yediot Achronot newspaper.

"We need freedom of opinion, but there is a limit, and Hitler is the limit," he said in an interview. "The man who wrote this book destroyed — physically destroyed — a third of the Jewish people."

Communist Party to tackle food shortages

MOSCOW (AP) — The Communist Party will tackle critical food shortages in a special meeting this week that comes amid signs President Mikhail S. Gorbachev and Politburo rival Yegor K. Ligachev disagree on the solution.

The hottest issue on the agenda of the 300-member Central Committee is Gorbachev's desire to lease state-owned fields to farmers.

In recent appearances, Ligachev has skipped lightly over leasing and emphasized collective farming — the traditional system that has left Soviet consumers standing in line for meat and vegetables.

At the meeting Wednesday and

Thursday, the policy-making Central Committee is likely to agree on the need to ease the poverty and isolation of rural life.

It also is expected to order the dismantling, at least partially, of an agricultural superministry formed in 1985.

In what appeared to be part of a campaign leading to action against the superministry, the Communist Party daily Pravda on March 6 reprinted citizens' complaints the agency is bureaucratic, ineffective and useless.

The Central Committee also will formally elect the 100 Communist Party members nominated for the

nation's new 2,250-member Congress of People's Deputies.

But the meeting's major task is to overcome divisions at the highest levels and to take bold action on the worsening shortages that could derail Gorbachev's entire reform program.

The "food problem," as it is known in the Soviet Union, means:

• Long lines for limited products of poor quality.

• A diet that includes twice as many potatoes and 50 percent more sugar than Americans eat, but roughly half the fruit and meat.

• A distribution system that lets three out of four potatoes rot before

they reach the table.

• A grain harvest of 196 million tons in 1988 — well below targets — that required the Soviet Union to spend precious foreign currency to import 36 million tons.

• Migration to the cities to escape the inadequacies of rural education, housing, roads, goods and services.

Afghan guerrillas attack, are repelled by army

ISLAMABAD, Pakistan (AP) — Afghan guerrillas fired 3,000 rockets Sunday on the city of Jalalabad, but government troops repelled the onslaught and killed at least 390 attackers, according to Afghan and Soviet news reports.

Guerrilla reports said 45 to 90 insurgents died in the battle for the city, the target of some of the heaviest fighting in the decade-long Afghan civil war.

Soviet television reported that the Afghan army claimed 14,000 guerrillas backed by 3,000 Pakistani advisers took part in the attack.

Afghanistan's Radio Kabul, monitored in Islamabad, said 386 guerrillas and 36 "foreign advisers" were killed. The official Soviet news agency

Tass said 380 guerrillas and 11 Afghan soldiers were killed.

Radio Kabul said civilian and government casualties from the rocketing were slight. It gave no count.

The broadcast said two Pakistani helicopters landed on Sunday at Jalalabad and unloaded weapons and "foreign advisers" before heading back home.

Official spokesmen in the United States and Pakistan have denied sending their nationals to the country, where U.S. and Pakistani-backed Moslem guerrillas are battling a communist government.

The Soviet TV report, based on an Afghan news conference, said Jalalabad was not out of danger even though the attack had been turned

back. "Judging by everything, the Pakistani military circles," which sent more than 3,000 of their advisers here, will try to do everything to capture Jalalabad," it said.

Also Sunday, the Communist Party daily Pravda reported that Afghan guerrillas fired on Soviet border guards in the Soviet republic of Tajikistan.

The newspaper claimed the culprits were connected with Pakistan, but it did not say when the incident occurred or if anyone was injured.

Israelis kill 2 guerrillas in Lebanon security zone

JERUSALEM (AP) — Israeli soldiers on Sunday killed two Palestinian guerrillas who entered Israel's self-declared security zone in south Lebanon on a mission to infiltrate the Jewish state.

The incident was likely to increase Israeli demands that the United States halt its dialogue with the Palestine Liberation Organization.

In the occupied West Bank, a Palestinian stabbed an Israeli soldier in Bethlehem and soldiers broke up a funeral for a 17-year-old Palestinian who died Sunday of wounds suffered in a clash the previous day.

The soldier was reported in fair condition and Israeli radio said his attacker was captured after being

shot three times with rubber bullets.

Radio reports said the soldier was stabbed with a kitchen knife as troops ordered youths to erase anti-Israeli graffiti and take down Palestinian flags, which are outlawed by Israeli authorities.

The West Bank man who died was identified as Mohammed Shraim of the Aida refugee camp. Witnesses said soldiers blocked off the camp and fired tear gas and rubber bullets to block his funeral. The army confirmed the death and said it placed a curfew on the camp.

At least 336 Palestinians and 17 Israelis were killed during the 15-month uprising against Israel's occupation of the West Bank and Gaza Strip.

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RESTAURANT & CANTINA

RATINGS

The five category system of the voluntary film industry rating program is now as follows:

- General Audiences, all ages admitted
- P.G. Parental guidance suggested. Some material may not be suitable for children.
- P.G. 13. Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for children.
- R. Restricted, under 17 requires accompanying parent or adult guardian
- X. No one under 17 admitted.

JEROME CINEMA

ACCIDENTAL TOURIST (PG)
TONIGHT 7:10-9:30

DREAM A LITTLE DREAM
TONIGHT 7:10 (PG13)

TOM HANKS IN BURBS (PG)
TONIGHT 7:15-9:15

DUSTIN HOFFMAN-RAINMAN
TONIGHT 9:00 ONLY (R)

TOM SELLECK - HER ALIBI
TONIGHT 7:30-9:25 (PG)

TWIN CINEMA 5

TOM HANKS IN THE BURBS
TONIGHT 7:15 (PG)

DUSTIN HOFFMAN-RAINMAN
TONIGHT 9:15 ONLY (R)

THREE FUGITIVES (PG13)
TONIGHT 7:15-9:10

BILL & TED'S ADVENTURE
TONIGHT 7:25-9:15 (PG)

POLICE ACADEMY 6 (PG)
TONIGHT 7:00-9:00

CHANCES ARE (PG)
TONIGHT 7:00-9:00

MALL CINEMA

JOHN RITTER IN
SKINDEEP

MON.-TUES. 7:10-9:10
WED. 6:45 ONLY

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"WONDERFUL..."
It's hard to recall a film with more attention for youngsters since Trailblazer's "Small Change"
— from Thomas L.A. TIMES

MACARTHUR'S CHILDREN (PG)
WEDNESDAY 6:30 P.M.
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1979 MERCURY MONARCH

4 door, automatic transmission, good running car.

CUT 29% \$388

1974 DODGE COLT

Economical, good gas mileage, 5 speed transmission.

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Good transportation & economy car, 5 speed transmission.

CUT 50% \$888

1978 BUICK CENTURY

4 door sedan, air conditioning, automatic transmission.

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ONE OF A KIND!

1975 LINCOLN MARK V

Bought brand new at Theisen. Only 30,000 miles. Beautiful White, all the interior, fully equipped, power seats & wipers, cruise control & air conditioning, new steel belted radial tires.

SHOW ROOM QUALITY-MUST SEE!

1977 CHEVY MALIBU

Power steering & brakes, air conditioning, 4 door.

NOW ONLY \$788

1977 MERCURY MONTERO

Good transportation car, V-8 engine, air conditioning.

NOW ONLY \$988

1979 FORD T-BIRD

V-8 engine, power steering, automatic transmission.

NOW ONLY \$988

1982 DODGE RAMPAGE PU

5 speed transmission, front wheel drive.

NOW ONLY \$2288

1974 MERCURY COUGAR XR7

Automatic transmission, power steering & brake, V-8 engine.

NOW ONLY \$1088

1985 OLDS CUTLASS

2.3 Liter diesel engine, automatic transmission, loaded.

CUT 30% \$3988

1987 BRONCO II-Eddie Bauer

1 of a kind, 12,000 original miles, air conditioning, 4x4, can't tell from new, cruise control.

SAVE OVER \$5000

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Front wheel drive, just traded in, 5 speed transmission.

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1986 HONDA CIVIC STATION WGN.

1 owner, low miles, front wheel drive.

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1988 HONDA ACCORD DX

Bright Red, like new, front wheel drive.

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Local 1 owner, low miles, Silver metallic, like brand new.

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ACCORD-MOST ADVANCED 12-VALVE ENGINE • LONGEST WHEEL BASE • MOST ADVANCED SUSPENSION SYSTEM.



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#H-75, blue in color, equipped with front wheel drive, tinted glass, floor mounted transmission, cruise control, reclining front bucket seats. Honda raises it's standards even higher for 1989.

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NOW ONLY \$11,235
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#H-83, air conditioning, front wheel drive, power moon roof, power antenna, cruise control, power windows, dual power mirrors, absolutely loaded with options. This Little Honda Has It All!

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#H-69, front wheel drive, floor mounted transmission, deluxe interior, rack and pinion steering, remote trunk release. Est. EPA 33 MPG City - 37 MPG Hiway

\$164.00 Per Mo.
 Sale price \$8500, \$1275.04 cash down or trade-in, 12.90 APR, interest \$2615.94, 60 months, deferred \$11,115.94. Tax and license extra
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1989 HONDA CIVIC DX SPORT COUPE

#H-90, front wheel drive, rack and pinion steering, bodyside moulding, reclining front bucket seats, driver remote mirror. Come And See This Car Today!

\$168.25 Per Mo.
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#H-84, front wheel drive, tinted glass, floor mounted transmission, body side moulding, rear window wiper/washer, tachometer, reclining front seats. Cutest, sportiest car on the lot!

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Milner Dam improvements to begin

By N. S. NOKKENTVED
Times-News writer

TWIN FALLS — Like an old work horse with a spanking new harness, the venerable dam at Milner is about to get some needed improvements.

Five irrigation companies drink from the waters impounded by the 84-year-old dam. But officials have known since a 1982 study that the dam may be vulnerable to earthquakes.

"If we were to lose it for two or three weeks in August, everybody'd lose their crops," said Jack Eakin, manager of the Twin Falls Canal Co. The heart of Magic Valley irrigation, the dam supplies irrigation water to nearly half a million acres of cropland.

Finished in 1905, the dam is in reality three small, rock-fill dams, strung together two islands in the Snake River east of Murtaugh. The original spillway was built on the south island.

The Twin Falls and North Side canal companies have agreed with Idaho Power Co. on a cooperative project to repair the dam and build a hydroelectric plant 1 1/2 miles downstream from the dam. The utility will finance the repairs, and the canal companies will pay back the \$8 million repair bill by supplying water not needed for irrigation to the 44-megawatt power plant.

The project that will give the canal companies an upgraded dam with few out-of-pocket expenses is typical of the relationship between the companies and the utility, Idaho power spokesman Larry Taylor said.

Dam repairs include a new spillway on the north island and lining the back, or downstream side of the dam, to contain any leaks that might be caused by a quake.

When the dam was built, it had a wooden core to stop seepage of water through the dam. The dam's upstream face was rock and earth fill. Mud soon sealed the dam as it seeped into the face.

That wooden barrier is now mostly rotted away, and the only seal is the mud built up on the dam face. Dam safety experts fear that in an earthquake, the motion would loosen and liquefy the mud, allowing



Times-News photo by N. S. NOKKENTVED

New spillway and gates will be included in the Milner Dam renovation project, replacing the originals built in 1905

ing water to seep through the dam. If enough water leaked through the dam it could cause a "blowout," Eakin said.

Repairing the hole resulting from a blowout could interrupt irrigation water for three weeks, he said.

Lining the back of the dam sections to make it leak-proof will involve two layers, or zones, of graded sand and gravel, which will then be covered with rock.

"It's just kind of a just-in-case thing," Eakin said, "if this never-never earthquake comes."

One recent rainy morning, Dick Carl closed 10 more of Milner Dam's 99 old wooden spillway gates, leaving 28 open. The next day he would lower a few more, and a few more the day after that, slowly bringing the lake level up in preparation for the coming irrigation season.

Carl, the dam operator, will leave three or four gates open as needed to maintain the lake level until the reservoir begins to deliver water.

The old spillway gates are opened or closed one at a time. It is a slow process. Carl positions a hydraulic hoist, a lumbering behemoth on rails that can be moved only by cranking its axle with a three-foot pipe wrench. He then hooks onto the gate, and a small electric motor drives the hydraulic cylinder that lifts or drops the gate.

New electric spillway gates won't put Carl out of job, but they will make his work a little easier, he said.

"I won't have to stand out there with a pipe wrench and roll that

hoist around," he said.

Over the years, water rushing through the spillway gates have eroded and undermined the edges of the spillway where it crashes onto the rocks below the dam.

The new spillway will be sloped, rather than nearly flat as the present one is, and will reduce the erosion problems.

The old spillway gates will be replaced by an emergency structure that would give way if the water rose above a safe level.

Details of the project will be worked out by the engineering firm the canal companies hope to select this week.

That engineering firm also will build the downstream power plant. The first mile and a half or so of the main south side canal will be

widened to accommodate about 7,000 cubic feet per second of flow. The present maximum capacity is about 3,500 cfs, with a normal flow of about 3,600.

The power plant design capacity, according to the Federal Energy Regulatory Commission application, is about 4,000 cfs.

The control gates at the head of the canal will be removed and a control structure built beyond the power plant diversion point.

The commission issued the license for the dual project in December.

Repairs are expected to begin in October and should be finished by January 1991. The \$53 million hydroelectric project could begin in October 1990 and be completed in two years.

Students learn as bill fails

By ROBERT DOYLE
Times-News correspondent

HAILEY — Norm Cook's Wood River High School senior civics class packed the gallery March 7 in Boise for a lesson in politics. Students watched the Idaho House of Representatives debate their bill to allow 17-year-olds to vote in primary elections, if their 18th birthday falls between then and the general election.

After the measure was narrowly defeated the House voted 59-19 to reconsider the bill the next day. That gave the class the rest of the afternoon and the next morning to lobby.

"They walked outside the House floor to collar members as they emerged. 'We basically made a wall they had to walk through,' Morgan O'Toole said.

Despite their efforts, however, the bill was resoundingly defeated the next day, falling short by about one-fourth the needed votes.

The bill's failure disappointed the students, but their efforts were worth it, they say.

"If you really want to make a change, you can do it," senior Matt Harringer said.

The students said a 17-year-old voting bill is probably out for this year but that next year's civics class should take it up. They all agreed that the bill to be successful likely would have to be written so that 17-year-olds would not vote on money issues, such as school bonds, a major concern of opponents.

The idea started in Cook's Wood River High civics class with a discussion on whether one person can make a difference in politics. The conversation turned to the importance of primary elections, where the parties' candidates are chosen, and students realized some of them would reach Idaho's voting age between the primary and general.

"... we might have to vote for someone we didn't have a choice in selecting," one student said.

Class ended with a pledge to "do something about it," despite protest-

• See BILL on Page B2

Jerome prosecutor considers recommendations on dairy control

By DENISE TURNER
Times-News correspondent

JEROME — Recommended new dairy regulations designed to get tighter control over new dairies but not greatly affecting existing dairies are in the hands of the Jerome County prosecutor.

John Horgan hopes to have the recommendations written as ordinances and returned by the end of the month to the task force that developed them. They will then go to the Planning and Zoning Commission and county commissioners for a final decision.

The force was organized to draw up more complete guidelines for the more than 80 dairies in the county. "A cow standing in a corral is one thing," said County Building Inspector Jim Jurgens, a member of the committee. "But the most impacting part of a dairy is the lagoon, which was not even addressed under the old ordinance."

Until now, dairy regulations have fallen under Chapter 13 of the Jerome County Zoning Ordinance, adopted in 1965, which simply states that dairy operators must obtain special use permits and that a dairy corral cannot be closer than 1,000 feet to another residence.

"We certainly need more guidelines than that," Jurgens said. The county currently averages one application a month for new dairies in the area, he said.

The recommendations being made by the task force

Committee's proposed changes for dairies

Following are the committee's proposed dairy recommendations.

• A special-use permit would continue to be required for dairies, but the planning board, not the county commissioners, would make the decision. The commissioners would be an advisory board. The change is expected to reduce duplicate public hearings on permit applications.

• Building permits and inspections would be required for agricultural buildings and lagoons. Fees for building permits are set by the Uniform Building Code and are determined by the value of construction. Annual inspections and/or filing of forms would help officials keep track of changes at dairies. A minimal fee per cow would be charged for the inspection.

• No subdivision would be allowed in Agricultural 1 zones, and no dairies would be allowed in Agricultural 2 zones. Currently, these are discouraged but not disallowed. Existing dairies would be protected by a grandfather clause.

• Setbacks would be as follows: Dairy facilities must be 40 feet from the edge of roads, 175 feet would be required from any property line to a lagoon, lagoons would be required to be at least 400 feet from any residence and 450 feet from any other lagoon and there would be 300 feet between milking barns and/or corrals and neighboring residences. Landscaping would be recommended, but not required, around lagoons.

• The only current regulation states that a corral cannot be within 1,000 feet of residences.

• Environmental Protection Agency requirements would be followed. Compliance by dairies is a matter for the dairy and EPA, according to the committee. The regulations are recommended because the county wants to cooperate with the agency, which restricts the number of cows per acre of land, based on a computer formula. For example, 560 cows are allowed per 49 acres of land.

• Money collected from inspection fees would be used to handle enforcement of the dairy ordinance. Penalties for infraction would be \$10,000 per day, which is in line with EPA recommendations.

• The recommended changes also would firm up some hazy references in codes or regulations, concerning dairies.

"Right now, when they come in for a permit, it is difficult for them to know what to expect," Jurgens said. "With the guidelines, they will be able to look at a piece of property and decide at that moment whether that property can afford a dairy and whether they can meet the necessary guidelines."

Existing dairies would notice little change. "We expect them to voluntarily upgrade their dairies to the new standards in whatever areas might be needed to conform to the guidelines," Jurgens said.

The suggestions will eventually take the form of a new dairy ordinance, or, more probably, will be incorporated as a separate chapter into the county's current zoning ordinance, Jurgens said.

The 20 or so references in the current zoning ordinance dealing with dairies will be combined into one dairy section, he added.

Jurgens admitted there has been some concern from dairymen, who are worried that a new ordinance will make things tougher on them, and also from members of the private sector, who have been voicing the same concern.

• See DAIRY on Page B2

Barley growers may have to return deficiency pay

By DONNA SCHORZMAN
Times-News correspondent

RUPERT — The country's feed barley growers may have to return millions of dollars in deficiency payments due to the high market price of the crop.

Some barley growers took advances on subsidies the government gives to make up the difference between the crop's market price and the target price — the price the U.S. Department of Agriculture believes they should be paid, which is usually higher.

But the market price is currently higher than the target price and the department likely will ask for those payments back if the price remains up until the end of the season, May 31.

Unless there is some intervention by political forces I would say it's almost inevitable," said Tom Miller, supervisor of the Agricultural Stabilization and Conservation Service office in Rupert.

In Idaho, the return could add up to more than \$10 million in repayments, said Tim McGreevy, administrator of the Idaho Barley Commission.

The problem is most barley growers don't have the money. "Most of them have used it for expenses to put in their 1988 crop," Miller said.

A farmer who planted 100 acres under the program could owe about \$2,300.

Advance deficiency payments are not new to farmers. They have been offered through the ASCS and other agencies since the 1970s. But having to return an advance is very rare.

Each year, USDA projects a price for a commodity such as barley, and

• See BARLEY on Page B2

Heat turns minds to nuclear energy

By N. S. NOKKENTVED
Times-News writer

TWIN FALLS — The nuclear industry is poking its nose out of the doghouse.

Following the long, hot summer of 1988, some politicians, nuclear power advocates, environmentalists and scientists have joined in support for replacing all fossil-fueled electric generating plants with nuclear plants to reduce emissions of carbon dioxide that many believe is contributing to higher temperatures worldwide.

"We are paying a dear price right now in terms of acid rain and global warming for having depended too much on fossil-derived fuels to serve our energy and transportation needs for so long," Idaho Sen. James McClure told the U.S. Senate on Sept. 26.

Idaho, with its heavy reliance on an agricultural economy and hydroelectric power, may be particularly vulnerable to global warming. Rising world temperatures may bring reduced rainfall, which could reduce the amount of water available for irrigation and generating electricity.

Historically, most of Idaho has depended on

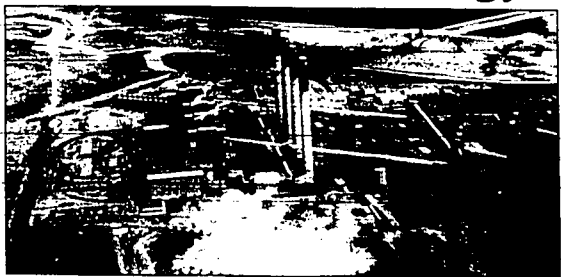


Photo courtesy of Idaho Power Co.

A long, dry summer increase Idaho's dependency on electricity from coal-fired plants, such as the Jim Bridger Plant near Rock Springs, Wyo.

hydro power for much of its electricity. But for the first time in its history, Idaho Power Co. got more than half its electricity from coal-fired power plants during 1988. If global warming brings more and worse droughts Idaho will be

come increasingly dependent on those coal-fired plants.

The fear that man-made gases may be contributing to global warming has brought a resur-

• See NUCLEAR on Page B2

On the agenda

Here's a list of governmental meetings that are scheduled to take place this week in the Magic Valley.

MONDAY

Buhl City Council, 7 p.m., city hall.
Blaine County commissioners, 9 a.m., courthouse.
Cassia County Commissioners, 9 a.m., courthouse.
Cassia County School Board, 7 p.m., 237 E. 19th St., Burley.
Dietrich School Board, 8 p.m., school.
Eden City Council, 8 p.m., city hall.
Gooding County commissioners, 9:30 a.m., courthouse.
Camas County School Board, 8 p.m., high school.

Gooding County commissioners, 9 a.m., courthouse.
Hagerman School Board, 8 p.m., high school superintendent's office.
Hazelton City Council, 7 p.m., city hall.
Hansen City Council, 8 p.m., city hall.
Hazelton City Council, 7:30 p.m., city hall.
Jerome County commissioners, 9 a.m., courthouse.
Jerome School Board, 8 p.m., Central Elementary superintendent's office.
Lincoln County commissioners, 10 a.m., courthouse.
Minidoka County commissioners, 9 a.m., courthouse.

Murtaugh School Board, 8 p.m., high school.
Richfield City Council, 7 p.m., city hall.
Richfield School Board, 8 p.m., high school.
Shoshone School Board, 8 p.m., high school.
Twin Falls County commissioners, 8:30 a.m., county courthouse.
Valley School Board (Eden-Hazelton), 8 p.m., high school superintendent's office.

TUESDAY

Blaine County commissioners, 9 a.m., courthouse.
Blaine School Board, 7:30 p.m., junior high school library.

Bliss School Board, 8:30 p.m., high school.
Gooding School Board, 8 p.m., school administration office.
Kimberly City Council, 7 p.m., community center.
Twin Falls City Planning and Zoning Commission, 7 p.m., city hall.
Twin Falls County commissioners, 8:30 a.m., county courthouse.
Twin Falls School Board, 8 p.m., administration office.

WEDNESDAY

Blaine County Hospital Board, 7:30 p.m., hospital conference room.

Minidoka County Planning and Zoning Commission, 8 p.m., courthouse.
South Central District Health Department Committee, 1:30 p.m.; Board, 2 p.m., 324 Second St. E. in Twin Falls.
Twin Falls County Commissioners, 8:30 a.m., county courthouse.

THURSDAY

Kimberly School Board, 7:30 p.m., Kimberly High School.
Twin Falls County commissioners, 8:30 a.m., county courthouse.

FRIDAY

Twin Falls County commissioners, 8:30 a.m., county courthouse.

Dairy

Continued from Page B1

But he said the recommendations reflect a balance of community interests. The task force is a good spectrum of the community, and I feel good about their input," he said. The task force members, in addition to Jurgens, are two dairymen, Greg Ledbetter and Art Van Hol-

land; two planning commission members, Dr. Martin Lee and Dan Suhry; County Commissioner Carl Montgomery; two experts on air quality, Bob Ohlenschlaen and Bill Alfred; and local residents Bill Marlett and Glenn Elwell. The suggestions of the task force, when they are put into final form,

will be sent to the Planning and Zoning Commission for review and changes.

They will then go to the County Commission for a final vote. At least one public hearing will be held before the planning commission recommendation and one before the commissioners' decision.

Bill

Continued from Page B1

tations by some students that no one would listen.

The class researched primary elections to see if any state allowed students whose birthday fall between the elections. A flurry of letters to all 50 states netted 10 with such laws on the books.

Next the students needed a member of the House to sponsor the bill and asked Rep. Gary Robbins, R-Idaho, an acquaintance of Cook when he lived in Dietrich. The bill was written as a class project with considerable help from Robbins and Dan Ames, a fellow student working as a page in the House.

Introduced as HR 6, the bill was assigned to the State Affairs Committee, where hearings on the bill saw testimony from student advocates and O'Toole and Erin Renfro. O'Toole and Renfro, when not tes-

tifying before the committee, spent hours lobbying legislators. "And I literally chased some of them down," O'Toole said. "What makes it easy to lobby is the fact that members of the House wear nametags so you can zero in those you think it's important to see."

Renfro said, "Wow! It didn't take long to find out who were your enemies who were your friends, who has the power and who doesn't," Renfro said. "I'd know when I'd meet an enemy because they would turn around and walk away. But they weren't evasive. They said how they stood."

O'Toole agreed. "I was impressed with their honesty. In most cases, when they were going to vote against our bill they would say so and do it in a gracious manner."

The students found committee Chairwoman Pam Bengtson, R-Boise, a willing advocate. The bill

passed out of committee on a 20-1 vote.

Bengtson later told Cook the students had one of the best researched presentations ever presented before her committee.

Later, when asked in class what they had learned by their experience, Julie Rodman said, "The political process really is one of compromise. How to give and how to take in order to get what you want."

"And really, the process works pretty well," Rodman continued. Cook said he didn't expect the students the voting issue would move beyond classroom discussion.

"All I wanted to do was get them involved in the political process," Cook said.

"Now they probably know more about politics and political procedure in Idaho than 99 percent of the residents."

This week at CSI

TWIN FALLS — Here's this week's calendar of meetings and events at the College of Southern Idaho.

Twin Falls County hearing on proposed cancer center at 7 p.m. in Aspen 108.

The King and I at 8:15 p.m. in Fine Arts auditorium.

TODAY

East-West All-Star basketball games with women playing at 7 p.m. and men at 9 p.m. in gym.

TUESDAY

General Motors service school from 8 a.m. to 4:30 p.m. in Canyon 130A.

THURSDAY

Shawn Davis Rodeo School all day in Expo Center. John Deere School from 8 a.m. to 4:30 p.m. in Desert 105.

Shawn Davis Rodeo School continues all day in Expo Center.

"The King and I" at 8:15 p.m. in Fine Arts auditorium.

SATURDAY

Shawn Davis Rodeo School continues all day in Expo Center. "The King and I" at 8:15 p.m. in Fine Arts auditorium.

Nuclear

Continued from Page B1

gence to the commercial nuclear industry, stalled—since the nuclear power reactor accident at Three Mile Island in Pennsylvania in 1979.

Concern has made bedfellows of former adversaries. It has made nuclear advocates out of some environmentalists and it has made environmentalists out of some politicians whose interests previously were elsewhere.

But they may be barking up the wrong smokestack.

While generating electricity with fossil fuels contributes to the amount of carbon dioxide in the atmosphere, carbon dioxide is not the only gas that contributes to the increasing greenhouse effect that many believe will result in global warming.

Global warming is a theory that a combination of man-made gases such as carbon dioxide, oxides of nitrogen and chlorofluorocarbons trap solar heat and ultimately would cause a rise in the earth's average temperature.

Some of the effects predicted by scientists include rising ocean levels from melting ice caps; changes in weather patterns; increased droughts and floods.

The greenhouse effect, however, was here long before man appeared on the scene. It is one of the peculiar characteristics of this planet that allowed life to evolve. It is the property of certain atmospheric gases to trap heat near the earth's surface.

As the sun heats the earth, heat that otherwise would radiate back toward space is trapped by these gases.

Industrialization, agriculture and the widespread use of the automobile have greatly increased the amount of greenhouse gases in the atmosphere. To make matters worse, humans are involved in destroying the two major planetary mechanisms to remove carbon dioxide: forest through slash-and-burn and clear cutting; and the oceans through man-made pollution killing the tiny one-celled plants that absorb carbon dioxide.

Reducing energy demands would reduce the amount of carbon dioxide released—by generating electricity with fossil fuels. Electrical production accounts for about one-third of man-made carbon dioxide in this country. Carbon dioxide accounts for only half the greenhouse gases, according to the Nuclear Energy Information Service.

About 10 percent of the offending gases are oxides of nitrogen. About half of them are produced by automobiles and the use of nitrogen-based fertilizers in agriculture.

Other contributors include ozone, which comes primarily from the automobile. Ozone high in the atmosphere protects us from the sun's damaging ultraviolet radiation. But closer to earth, ozone traps heat like carbon dioxide. Two other culprits gases are chlorofluorocarbons and halons, used in refrigeration, not

only eat away at the high-altitude ozone but trap up to 20,000 times as much heat—as an equal amount of carbon dioxide.

These gases build up slowly in the atmosphere and their warming effect is gradual, taking decades to produce changes, according to Kevin E. Trenberth, head of the Climate Analysis Section of the National Center for Atmospheric Research.

Another serious contributor to global warming is deforestation. Clearing and burning large tracts of tropical rain forests for marginal agriculture adds a double burden. Burning the trees adds carbon dioxide and removes the trees that are important absorbers of the gas.

Rep. Claudine Schneider, R-R.I., has introduced legislation—the Global Warming Prevention Act of 1989—to reduce carbon dioxide emissions worldwide by 20 percent by the year 2000.

"Energy efficiency is America's and other nations' cash cow," she said, "and we need to keep milking it."

According to her research, the nation could reduce by half the amount it spends annually on energy. Idaho, for example, spends about \$1.4 billion on energy, which according to her figures could be reduced to about \$700 million through energy-efficient technology.

Schneider's bill also includes measures to reduce other sources of greenhouse gases.

Obituaries

Francis Clara Lillywhite

RUPERT — Francis Clara Lillywhite, 88, of Rupert, died Sunday, March 12, 1989, at the Minidoka Memorial Hospital.

Funeral arrangements will be announced by Hansen Mortuary.

Alice Wilson

JEROME — Alice Wilson, 88, of

Jerome, died Saturday, March 11, 1989, at St. Benedict's Family Medical Center.

Funeral arrangements will be announced by Howe-Robertson Funeral Chapel in Jerome.

Geraldine Palmer

OAKLEY — Geraldine Palmer, 83, of Oakley died Friday, March 10, 1989, at her home in Oakley of natu-

ral causes.

The funeral will be held at 1 p.m. Tuesday in the Oakley 1st Ward Chapel with Bishop Aaron Johnson, officiating. Burial will be in the Oakley Cemetery.

Friends may call at McCulloch's Monday 6:00 to 8:30 p.m. and Tuesday one hour prior to the services at the church.

Services

TWIN FALLS — A private graveside service is pending for Gordon Wayne Connor, 63, of Twin Falls, who died Thursday. Arrangements are under the direction of White Mortuary.

The family suggests memorial contributions may be given to the United States West Pioneers or to the Paul T. McE. Rt. 1, Box 1163, Paul 83417.

They may also be left at White Mortuary. Cremation took place in Salt Lake City, Utah.

TWIN FALLS — The funeral for George Williams, 80, of Boise and formerly of Twin Falls, who died Thursday, will be at 11 a.m. today at Summers Funeral Home in Boise with Sam G. Smith officiating.

Private family interment will follow. Memorial contributions may be made to the Elks Rehabilitation Hospital, 204 Fort Place, Boise 83702, the Idaho Rose Society, 5000 Spaulding, Boise 83705, or to the Idaho Historical Society (Old Penitentiary, Box 648) 21245 East Old Penitentiary Road, Boise 83712.

RUPERT — The funeral for Ruby Hall, 75, of Kennewick, Wash., and formerly of Rupert, who died Thursday, will be at 2 p.m. today at the Hansen Mortuary Chapel, 710 Sixth St. in Rupert with Pastor L.G. Metzner officiating.

Burial will be in the Riverside Cemetery in Heyburn. Friends may call at the Hansen Mortuary Chapel prior to the service.

Buhl — The funeral for Carl Hendrix, 79, of Buhl, who died Thursday, will be at 11 a.m. today at the First Christian Church in Buhl with the Rev. Art Freund officiating. Burial will follow at the West End Cemetery. Suggested memorials may be made to the Idaho Lung Association or to the charity of one's choice.

KIMBERLY — The graveside service for Sylvia A. Cunningham, 68, of

Kimberly, who died Wednesday, will be at 11 a.m. today at Sunset Memorial Park with the Rev. Homer Walpuk officiating.

The family suggests memorials may be made to the Amber Thacker Liver Transplant Fund, in care of the Kimberly Christian Church. Arrangements are under the direction of Reynolds Funeral Chapel in Twin Falls.

JEROME — A memorial service for Charles Stewart Blake, 66, of Jerome, who died Saturday, will be at 11 a.m. Tuesday at the Howe-Robertson Funeral Chapel with the Rev. William Last officiating. Interment will be in the Jerome Cemetery.

TWIN FALLS — The funeral for Stephen Lee Daniel Rex, 30, of Twin Falls, who died Tuesday, will be at 2 p.m. today at Reynolds Funeral Chapel.

Burial will be at Filer L.O.O.F. Cemetery. The family suggests that any memorial contributions for her children be sent to the Danny and Marjorie Trust Fund, c/o 224 Wisconsin, Twin Falls 83401.

HAGERMAN — The funeral for Nellie Sova, 79, of Gooding and formerly of Hagerman, who died Tuesday, will be at 2 p.m. today at Demareys Gooding Chapel with Mr. Wilbur Berg officiating.

Burial will be at the Hagerman Cemetery.

GOODING — A memorial service for Orval Earl Jarvis, 62, of Gooding, who died Thursday, will be at 11 a.m. today at the Gooding Christian Church with the Rev. Harold Hale officiating.

Arrangements are under the direction of Demareys Gooding Chapel.

TWIN FALLS — The funeral for Joyce M. Joy Rhodes, 55, of Twin Falls, who died Wednesday, will be

at 2 p.m. today at White Mortuary Chapel with the Rev. Perry Dadds officiating.

A graveside service will be Friday at Cedar Valley Memorial Garden Cemetery in Waterloo, Iowa.

The family suggests memorial contributions may be given to the Mountain States Tumor Institute.

TWIN FALLS — The funeral for Jerome M. Denton Westlake, 26, of Twin Falls, who died Tuesday, will be at 1 p.m. Tuesday at White Mortuary Chapel.

Friends may call at the chapel today from 3 to 8 p.m. Burial will be at the Hazelton Cemetery. The family suggests memorial contributions may be given to the Bobby Westlake Memorial Trust Fund and may be left at

TWIN FALLS — The funeral for Opal Marie Kirkman, 67, of Twin Falls, who died Thursday, will be at 11 a.m. Tuesday at the Twin Falls Church of the Nazarene with the Rev. Aaron Knapp officiating.

Burial will follow in Sunset Memorial Park. Friends may call at White Mortuary today from 3 to 8 p.m.

The family suggests memorials to the Twin Falls Church of the Nazarene building fund.

TWIN FALLS — The graveside service for Walter E. Chapman, 76, of Twin Falls, who died Saturday, will be at 2 p.m. Wednesday at the Hazel Cemetery.

Friends may call at White Mortuary today from 3 to 8 p.m. and Tuesday from 3 to 8 p.m. The family suggests memorial contributions may be sent to the College of Southern Idaho Athletic Department c/o Fred Trenkle.

HAZELTON — The funeral for Edna Christina Mow, 80, of Hazelton, who died Friday, will be at 11 a.m. today at White Mortuary. Burial will be in the Hazelton Cemetery.

Barley

Continued from Page B1

if the projected price is the target price, the farmer can apply for a deficiency payment to make up the difference.

Growers can receive a 40 percent advance on the payment to help with the expense of planting and growing his crop.

In 1988, when the prices were projected, the Midwest drought was an unforeseen player in the pricing game.

It caused prices to be higher than anyone expected.

The target price for feed barley is \$2.51 a bushel. The projected price for the 1988 season was \$1.75, giving farmers 76 cents per bushel in deficiency payments and a maximum advance of 30.4 cents a bushel.

But now the department says the 1988 market price actually averaged \$2.83, higher than the target price.

Some barley growers believe that the \$2.83 market price determined by USDA is too high because the department added in the higher-priced malt barley. McGreevey and Harvey Bickett, also of the Idaho Barley Commission and Glen Blatter, an Idaho Falls farmer representing the

Idaho Grain Producers Association, talked with department officials in Washington, D.C., last week to try to get the price readjusted to reflect only the feed price.


The price for malt barley between June and October 1988 was \$3.24 a bushel, but feed barley was only \$2.25 a bushel during the same period, McGreevey said.

The USDA officials in Washington, D.C. were receptive to their pleas, McGreevey said. They could see

there was some injustice.

It's not illogical for the department to ask that the advance be paid if the price is high, but there is great concern about how they arrived at the \$2.83 national price for barley. That's a fairly healthy price compared to what most growers are receiving," he said.

If growers are required to pay back the advance, the ASCS office will notify them at the end of July and they will have 30 days to repay.



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Mrs. Jeff Astle and daughter of Dietrich, Mrs. John Buckway of Malta, Larry Fleming of Jerome, Barbara Greene of Kimberly, Mrs. Alvin Joseph of Hales, Elva Low of Shoshone, Mrs. Glenn Vanpaten and daughter of Buhl, Ignacio Cortez, Mrs. Alex McKay and David Vanhooken, all of Twin Falls.

CASSIA MEMORIAL HOSPITAL

Admitted

Helen Oliver of Burley, Ivan Cuy of Salt Lake and Donna War of Rupert.

Tina Cartwright, Le-Child, Belva Gowen and Rex B. Jones, all of Burley; June Larsen, Almada Race and Margaret Tompkins, all of Rupert and Nancy Garner of Twin Falls.

Births

A baby was born to Mr. and Mrs. Jeff Watt of Rupert.

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Wednesday: 7:00 p.m. Bible Study

(We offer free Home Bible Correspondence Courses)

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Jesus died for you!
Romans 5:8,9
That all are sinners?
Romans 3:23

ANSWER FOR THE MARK 10TH QUESTION:

39

QUESTION OF THE DAY

How many books of the New Testament did John the Apostle write?

You are also welcome at the Church Of Christ meeting in Albion, Buhl, Eden, Gooding, Jerome, and Rupert.

Former hostage describes Terry Anderson's ordeal

COLUMBUS, Ohio (AP) — A Colorado hospital administrator who spent 17 months as a hostage with Terry Anderson drew a dramatic picture of what Anderson's life is probably like as he enters his fifth year in captivity.

You want your readers to know what Terry Anderson's day will be like Thursday? You tell them to go in their bedroom, strip down to their underwear, go into the closet and pull the door shut, David Jacobsen said.

"If there is a light in the closet, turn it off. Try to imagine sitting like that day after day, month after month,



Terry Anderson has been held hostage since 1985

year after year," Jacobsen said in a telephone interview from Durango, Colo., reported in Sunday's Columbus Dispatch.

Jacobsen, formerly a hospital administrator at the American University of Beirut, was kidnapped May 28, 1985, and released Nov. 2, 1986. He was the first Westerner to speak to Anderson in captivity.

Anderson, 41, chief Middle East correspondent for The Associated Press, was kidnapped in Beirut on March 16, 1985. He is the longest-held of nine Americans hostages in Lebanon.

Thursday, his friends and relatives, including several in Anderson's native Lorain County, began their fifth year of waiting for his release.

"He will be in a box like a blind rabbit," Jacobsen said. "Chained to the floor and dressed only in his underwear. Every freedom is taken away, except the freedom to think and pray. He can't even decide when he goes to the bathroom."

During their joint captivity, Anderson and Jacobsen talked, prayed and played chess with figures Anderson fashioned from tiny foil squares saved from packages of cheese they were given, Jacobsen said.

"It (Thursday) will be a day of sheer and absolute boredom (for Anderson)," Jacobsen said. "He will walk around for hours, if he is not chained and if the room is tall enough for him to stand up in."

"He will know what day it is. He knows he is beginning his fifth year in captivity. He will feel forgotten and abandoned by his government. He will feel that he has not been forgotten by his family."

Anderson has a teen-age daughter living in Japan and a daughter in Cyprus whom he has never seen. He has an aunt and cousins in northern Ohio, two brothers and a sister in Florida, and a sister, Peggy Say, in Cadiz, Ky.

Ms. Say, 48, has devoted much of the last four years seeking her brother's freedom. The struggle has been aggravated by the deaths of Anderson's father and brother in 1987. In letters to Anderson, the family has not told him of the deaths.

Ms. Say was to participate in ceremonies in Batavia, N.Y., Sunday and in Buffalo today. Anderson moved from Ohio to Batavia when he was 5, and graduated from high school there.

Idaho legislators find flood of bills ready for final action

BOISE (AP) — A flood of bills is building as the Idaho Legislature opens the 10th week of the 1989 session Monday, and when the floodgates open, there will be a flurry of action at the Capitol.

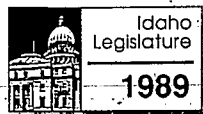
After a week of little progress on the bulk of legislation, the House finds itself with exactly 114 bills, resolutions and memorials ready for final action, and the Senate is on the verge of taking final legislative votes on dozens of measures that have already gained House approval.

On Friday, as has been the case most of the week, the House didn't get far with a backlog of bills that almost has the board listing them groaning from the sheer weight of numbers.

It's easy to figure out why. Both the House and Senate have been trying to decide what to do about the education budgets, which take about three-quarters of state general fund spending.

Friday afternoon the budget committee came up with a new college-university budget of \$115.5 million, \$1 million higher than a comparable recommendation from Gov. Cecil Andrus. It also calls for \$1 million in a one-time appropriation for a pilot work-study program.

The original higher education



bill called for much more, including \$20 million for construction projects in six cities. But House members voted 43-41 against it, voicing concerns that it would force a politically unacceptable tax increase to pay for it.

But first, the House must decide whether to accept the \$394.3 million public school appropriation already endorsed by the Senate.

It was among the 114 bills ready for action Monday, but Republican Caucus Chairman Bruce Newcomb of Burley said it might take another closed-door party caucus to decide when to take it up.

In the last caucus, Newcomb said although a vote was not taken, it appeared there was enough GOP support to pass it. House Speaker Tom Boyd also said Friday it appeared there were enough votes to pass the public school support bill.

House leaders said there was little that could be done to clear up the huge backlog of bills until the spending questions are settled. But

the Joint Finance-Appropriations Committee planned to wind up its work for the session by midweek.

And once that happens, the number of bills getting final action usually picks up dramatically.

It isn't only the education bills that cause the controversy. Up for final action in the House were 15 House and Senate bills related to improving laws against child abuse.

The House also was to vote on a \$500,000 increase in the per-day allowance for food and travel mileage on state business. It boosts the daily limit for food from \$15 to \$20 in state and from \$20 to \$25 per day out of state. It also boosts the state reimbursement for mileage from the 20¢ cents per mile now allowed to the same amount approved by the Internal Revenue Service, currently 24 cents per mile.

Late in the week, after much controversy, the Senate approved legislation restricting driving by 14- and 15-year-olds.

However, Rep. John Sessions, R-Idaho, chairman of House Transportation and Defense, said there are several Senate bills ahead of the measure in his committee, and it may not come up for a hearing or action for several days.

Navajo chairman fires 2 legislative officials

WINDOW ROCK, Ariz. (AP) — Navajo Chairman Peter MacDonald has ordered the firing of two legislative officials and the changing of locks on two tribal buildings in a move the former chairman has called the creation of a police state.

Tribal police late Friday were ordered to change the locks on the Tribal Council building and on the legislative affairs office, said Alyce Rouwalk, assistant area director for the Navajo office of the federal Bureau of Indian Affairs.

The order came after MacDonald's staff was given orders by James Henderson, director of the legislative affairs office, and Larry Foster, an aide to Henderson.

The action also followed Friday's action in which dissident members of the council voted to elect a new interim chairman and vice chairman and place Vice Chairman Johnny R. Thompson on administrative leave.

The council has already voted to place MacDonald on leave, after accusations in U.S. Senate hearings last month that MacDonald had accepted kickbacks from contractors.

In an interview Sunday with Phoenix radio station KFYI, former Tribal Chairman Peterson, Zah said MacDonald's move was uncalled for.

"Again, it's excessive use of police force on this reservation," Zah said. "So in essence, the bottom line is we

really have a police state here."

Despite the council's moves, MacDonald maintains that he is still in charge of the nation's largest Indian tribe.

By ordering the change of locks, MacDonald has also set up a confrontation with the BIA, which funds the Navajo Division of Public Safety.

Zah says that with the BIA behind the police force, essentially, "you have the federal government running the tribal government."

Zah said the tribe was in disarray and that MacDonald was manipulating to protect himself, but that the tribe could remedy the situation without outside help.

Ms. Rouwalk said Foster called her Friday night and said the police had seized audio tapes from the Friday council meeting, in which a quorum had passed numerous measures against the chairman.

MacDonald claims all the meetings of the winter session are illegal.

During the meeting, Richie Nez, MacDonald's chief of staff, entered the meeting accompanied by police in riot gear. Ms. Rouwalk said Nez announced that the chairman did not recognize the meeting then said he was replacing Henderson as the new head of legislative affairs and that his next order of business was to fire Foster, she said.

Utah youth not immune to health care problems

SALT LAKE CITY (AP) — Utah youngsters are not immune from the findings of a national report stating that the health status of American youngsters has deteriorated during the 1980s, state health officials say.

The "Profile of Child Health in the U.S.," compiled by the National Association of Children's Hospitals and Related Institutions, predicted the nation will fail to meet nearly all of the Surgeon General's 1990 Health Objectives relating to child health.

The study found, among other things, declines in immunization rates and access to health care, increasing child abuse, doubling youth suicide rates and a continuing and growing problem with teen-age pregnancy.

Utah youngsters fare better than their peers in some areas and not as well in others, local health officials said.

In 1985, for example, national figures show less than 60 percent of children under the age of 4 years completed the basic series of immunizations and that the incidence of mumps, measles and pertussis increased.

But in Utah, 88 percent of all children attending day care and 94.8 percent of school-aged children meet immunization requirements, Randy Turner of the Utah State Department of Health said.

That's just short of the 1990 objective of full immunization for 95 percent of all children attending day care and public schools.

The national study found that 1.9 million American children were referred to state protective agencies for reported physical or sexual abuse or

neglect. Child sexual abuse showed the most dramatic rise between 1981 and 1985.

The national trend was evident in Utah, where substantiated sexual abuse cases rose 209 percent between 1982 and 1987, said Barbara Christopherson, a clinical social worker and manager of the child protection team at Primary Children's Medical Center.

Reported cases of all types of abuse and neglect rose 78 percent between 1982 and 1987, and substantiated cases of all types of abuse increased 67 percent during the same period. But with the exception of sexual abuse, 1987 statistics on abuse declined between 2 and 6 percent from the previous year, the social worker said.

The Surgeon General's objective is a 25 percent reduction in child abuse and neglect by 1990.

Child suicide rates have more than doubled nationally since 1960, although most of the increase occurred by 1978, according to the NACHRI report. Utah, which ranks 44th in the nation for teen suicides, showed a more dramatic increase.

In 1960, five teens — all males — committed suicide. In 1978, nine males and five females — two under the age of 15 — killed themselves. In 1987, 18 males and five females — seven under the age of 15 — committed suicide.

Utah ranks better than the nation in numbers of low birth-weight babies. The national average, according to NACHRI, is 6.8 percent, while Utah has maintained a 6 to 6.2 percent for the last decade. Western Europe's average, by contrast, is 4 percent.

Detective denies having relationship with informant

MURPHY (AP) — A Nampa police detective testifying at the murder trial of Maxwell Hoffman has denied defense accusations he had sex with victim and drug informant Denise Williams.

During cross-examination Friday, Nampa defense attorney William Wellman asked Detective Sgt. Alan Creech: "Isn't it true that you were sexually intimate with Denise Williams?"

Before Creech could reply, Deputy Attorney General Michael Kane objected to 3rd District Court Judge Gerald Weston, who refused to allow

more questioning along those lines. Ms. Williams, 28, was slain in a remote ravine in the desert south of Marsing on Sept. 19, 1987. Her body was partially hidden by several large rocks.

Eight days before her kidnapping, the divorced mother of two had worn a concealed body transmitter and purchased LSD and cocaine from Richard Hoffman inside his Nampa trailer. Police raided the home moments later, arresting Hoffmans.

Hoffman, 32, has been charged with committing the killing, while Ronald Wages, 36, Caldwell, was

pleaded guilty to first-degree murder in the case and is awaiting sentencing.

Hoffman was charged with aiding and abetting the slaying and was taken to the Idaho State Penitentiary, where he was killed in a prison riot last fall.

After Weston removed the jury from the courtroom Friday, Wellman insisted he had proof Creech had sex with Ms. Williams in 1987 while she was a drug informant and he acted as her controlling officer.

Wellman argued the alleged relationship is "relevant to show the mo-

tives employed by the investigating officers in this case. Clearly, (Creech) was more connected with this investigation and the impact of it than would be typically expected."

Creech, a veteran narcotics investigator and former state correctional officer, said later the defense tactic was aimed at undermining his credibility with jurors.

"No, I never had sex with her," said Creech, who blamed Hoffmans, Wages and Hoffman for spreading rumors that had him getting Ms. Williams pregnant. An autopsy report showed no evidence of a fetus.

Pilots participate in search and rescue practice

CALDWELL (AP) — In his 11 years as a pilot with the Civil Air Patrol, Jim Marcoux has won some and he's lost some. Saturday morning when his search effort failed, he did not feel too bad about it. It was only practice.

Marcoux was one of 24 Idaho pilots who participated over the weekend in the first of six Search and Air Rescue practice exercises this year.

His mission was to locate what were supposed to be lost campers in the Owyhee Mountains in southwestern Idaho. As the scenario went, the campers had been seen in the tiny town of Murphy, headed toward Silver City. But they had not been spotted since.

Marcoux took off from the Caldwell Airport ear-

ly Saturday morning in his Cessna 172 with observer Ken Howerton. Their area of search was 15 miles by 16 miles.

"The first thing you do is, you go to the highest area and search down from there," said Marcoux, a 48-year-old retired Air Force pilot who now lives in Buhl.

But strong rotor winds — an updraft coming off the mountain at 1,000 feet a minute, then an equally strong wind coming back down — buffeted the plane and forced them to move to lower contour.

Still, the wind, with a 45-knot velocity, made it too tough on their small, single-engine plane and they returned to Caldwell after an hour. They did not find the target, but they would not have given

up as easily had there actually been people missing.

In an actual mission we would have stuck it out and hung in there," said Marcoux, commander of the Twin Falls Squadron of the Air Patrol. "But to beat the heck out of an airplane and crew just for practice wasn't the thing to do."

Anyway, Marcoux has always been at his best when the heat was on.

"In actual searches we have quite a good success rate," he said. "In fact, I have a higher percentage of success in real searches than I do in practice runs."

The Idaho Wing of the CAP has good success rates, both in practice and for real, said Cmdr. Cal Russell of Boise.

Franchises file suit against Diet Center company

SAN FRANCISCO (AP) — More than 100 Diet Center franchise operators have filed suit against the Rexburg, Idaho, company, asking that recent franchise-fee increases be deemed illegal and seeking a refund of some money paid since January.

The class-action suit was filed last week in San Francisco Superior Court by 192 Diet Center franchisees and subfranchisees against Diet Center of Rexburg and the Boston-based owners of American Health Cos., Diet Center's parent company.

The damage amount had not been specified.

Barry Walters, president of D.C. Fast, an association of Diet Center franchisees and subfranchisees based in Deerfield, Ill., said the lawsuit was prompted by Diet Center's fee increases which came after it was acquired last year in a leveraged buy-out.

The franchisees own and control 350 of the 2,300 Diet Center franchises in the United States and Canada, Walters

said. Jim Liljenquist, Diet Center spokesman, said the company would not comment on the lawsuit until its attorneys had a chance to review it.

Walters said when American Health Companies was acquired by Thomas H. Lee Co. and ML-Lee Acquisition Fund for \$163 million in 1988, the company was saddled with about \$125 million in debt.

"The annual interest alone is around \$20 million a year," he said. "Because of the huge debt, the fran-

chisor raised royalty fees 41 percent in January, plans to raise product prices and took other actions harmful to the franchisees in order to pay for the leveraged buyout, Walters said.

According to the lawsuit, the royalty fee increase "not only breaches the franchise agreement, but also violates the Uniform Commercial Code, is a material misrepresentation of the prospectus given to the franchisees when they bought their centers and constitutes a conspiracy by and between the franchisor and acquiring companies."

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TWIN FALLS

People

Levinson named best director of a feature film

BEVERLY HILLS, Calif. (AP) — Barry Levinson passed along praise to "Rain Man" stars Dustin Hoffman and Tom Cruise after being named best director of a feature film for 1988 by the Directors Guild of America.

"Unless you can get the performances on the screen, all else will ultimately fail," Levinson said in accepting the award Saturday night at the Beverly Hills Hotel.

Levinson noted that he had originally been brought in just to advise on the film's script, and then, "I ended up with a movie in my lap."

"Rain Man," the story of a scheming car salesman learning to love his autistic avant-garde brother, has received eight Academy Award nominations, including best picture and best director.

The winner of the guild trophy almost always repeats as best director in the Academy Awards. And because the Academy's best-directed film often receives the best picture Oscar,

the DGA awards hold a special significance for the film community.

Bernardo Bertolucci won both the DGA award and the Oscar in 1988 for "The Last Emperor" — and Oliver Stone doubled in 1987 for "Platoon." Both these films also won the best picture Oscar.

In the DGA television competition, those honored included directors of episodes of the ABC series "The Wonder Years" and "thirtysomething," and directors of three specials: "Lincoln," a drama on NBC, "Gangs," a CBS daytime special, and "100th Birthday Celebration" (Irving Berlin), a CBS special in the musical-variety category.

Carroll O'Connor recovers from surgery

ATLANTA (AP) — Carroll O'Connor, star of television's "All in the Family" and "In the Heat of the Night," was reported in "very good" shape Sunday, a day after heart

surgery.

O'Connor is expected to remain in Emory University Hospital's cardiovascular intensive care unit for another day or two, then move to a standard hospital room for another week of recovery, according to hospital spokeswoman Judy Smith.

His wife, Nancy O'Connor, said Saturday evening that the actor was "responding in character, with strength and wit."

On Saturday, doctors performed six grafts to repair damage around his heart.

O'Connor, best known as the irascible Archie Bunker in the 1970s hit "All in the Family," currently is starring as Police Chief Bill Gillespie on NBC's "In the Heat of the Night."

David Gerber, chairman of MGM-UA Television, the show's producers, said production on the show is continuing, and of 18 of this year's planned 22 episodes were already complete before O'Connor's hospital-

ization.

Prince Charles leaves for visit to Kuwait

LONDON (AP) — Prince Charles and his wife, Princess Diana, left Sunday for a seven-day visit to Kuwait, Bahrain and the United Arab Emirates.

The royal couple left London's Heathrow Airport amid tight security aboard a Royal Air Force jet.

Wearing a stylish, blue two-piece suit, Diana hurried up the steps of the aircraft ahead of Charles, heir to the British throne, to escape the chilly airport wind.

The prince and princess are scheduled to formally open the British Embassy's new commercial and consular offices in Kuwait as part of a hectic round of official engagements there and in the United Arab Emirates aimed at strengthening trade links with Britain.

81-year-old man hits bank robber

COLUMBUS, Ohio (AP) — An 81-year-old man struck a bank robber with a karate-style chop after seeing him hit a female teller, causing the robber to drop his gun, police said.

The robber, who was seen, Shaw said, "She (the teller) complied, but apparently it wasn't fast enough for him," Shaw said. The robber struck the teller in the head with the money-filled bag.

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...a Ted Shaw.

Shaw said the robber handed a note demanding money to the teller Friday afternoon. The robber said he had a gun, but no weapon was seen, Shaw said.

Shaw said the robber struck the teller in the head with the money-filled bag.

The robber, who was seen, Shaw said, "She (the teller) complied, but apparently it wasn't fast enough for him," Shaw said. The robber struck the teller in the head with the money-filled bag.

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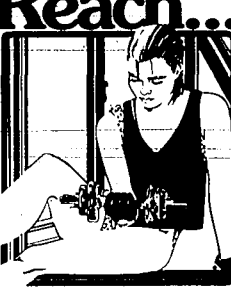
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Times-News

The Final Four: Magic Valley high school stars play in last games

Trenkle learns to deal with big expectations

By RON GATES
Times-News writer

TWIN FALLS — The formula starts with a father-coach and his willing, but then not quite able son.

Swede Trenkle, the oldest of Fred and Nita Trenkle's four children, was born in Halley where Fred, for the past six years the basketball head man at the College of Southern Idaho, was in his second year with the Wood River High School varsity.

"I can remember going up to the gym at Wood River," says Swede. "I think I was four years old. I picked up the ball and tried to throw it up, there — but couldn't. Then, when I was 7, Dad hung an eight-foot basket on the garage."

A lot has transpired in the 11 years since that first, reachable target went up: a move south when Fred broke into the collegiate ranks as an assistant at the University of Arkansas, the return to Idaho in 1983. Through it all two things, the youngster's unbending work ethic and the ever-present hoop, have never changed.

Dad worked with me quite a lot — before and after school, but when we were in Arkansas a lot of kids were better than me," Swede adds. "There was no basketball program in Halley and Arkansas starts kids pretty young."

Deprived by a lack of earlier competition against which to test his skills, the fourth-grader embarked on his own plan to catch up. "I got up early and shot, then again after school," he recalls. "I liked to shoot in the rain. It was raining, but it was 90 degrees out — I'd shoot for hours."

When Swede penetrates for a three-point play at CSI tonight it will be as a member of the West squad in the annual Magic Valley All-Star Basketball Game.

His three-year contribution as a starting guard for the Twin Falls Bruins has been appropriately recognized. Unfortunately, he's had to pay an uncommon price.

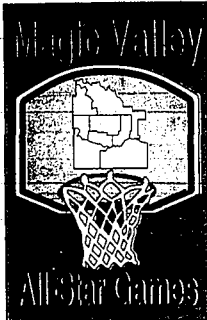
There is a lot of pressure to be the best because I'm a coach's son," he says.

The simple truth is that, unlike so many of his teen-age peers, Trenkle has never wavered in his discipline and concentration and has worked long and hard developing the skills needed to do so many things so well.

By the time he was a sophomore, Trenkle's game was well rounded enough to merit his joining a select few to start for the Bruins as an underclassman.

At that point Twin Falls coach John Astorquia took over.

"It was obvious that he'd gotten a lot out of just being around the game," says Astorquia. "Kids like to see SWEDE on Page C3"



Twin Falls' Swede Trenkle scrambles for a loose ball during last month's Region III Class A-1 basketball tournament

Can anyone break Poulton's record?

By RON GATES
Times-News writer

RUPERT — Daniel Poulton's name sits atop the basketball record book at Minico High School.

The 6-foot, 3-inch senior forward saw to that with a jump shot midway through this year's state class A-1 tournament opener against Moscow.

While nobody stopped the contest to award Poulton the game ball or otherwise bestow recognition, that basket broke Jim Boatwright's all-time Minico scoring record of 1,605 points, a standard considered unreachable by many.

By the time the Spartans picked up the third-place hardware at Boise earlier this month, the 18-year-old standout had amassed 1,666 points. A number that will grow when Poulton takes the floor for the East in tonight's Magic Valley All-Star Basketball Game.

"I have nothing to prove," says Poulton of the all-star event. "I'm going to go in looking to have fun and do the best I can."

Shattering Boatwright's scoring mark was a milestone attained, the realization of a long-time ambition. Of even more importance, it helped erase any perceived shortfalls of the current season.

The Spartans, playing in the tough Gem State Conference against teams that finished first, second, third and fifth in last year's state tournament, finished up at 15-14 despite their state showing and a tie with Pocatello for the Region III title.

A lot of people were critical," Poulton admits. "But our records isn't that big a deal. We wanted to go in and see POULTON on Page C3"



DAN POULTON Minico's all-time top scorer

Yore didn't miss a beat jumping from Gooding to Camas

By STEVE CRUMP
Times-News sports editor

FAIRFIELD — At the end of the 1987-88 high school basketball season, Tim Yore was a starting point guard for the Gooding High School basketball team with 11 years of varsity experience behind him and his senior season ahead of him.

Eight months later, he was just trying to make the Camas County High School basketball team.

"I just didn't know if I'd fit in, if the kids here would like me," said Yore, who will wrap up his high school career tonight playing for the West team in the Magic Valley All-Star Games at the College of Southern Idaho gym in Twin Falls. "As it turned out, we get along great."

Yore, grafted on to a Camas basketball team with five returning seniors, proved to be the catalyst for the Musers' best season since 1974, the year the school won its first and only state championship.

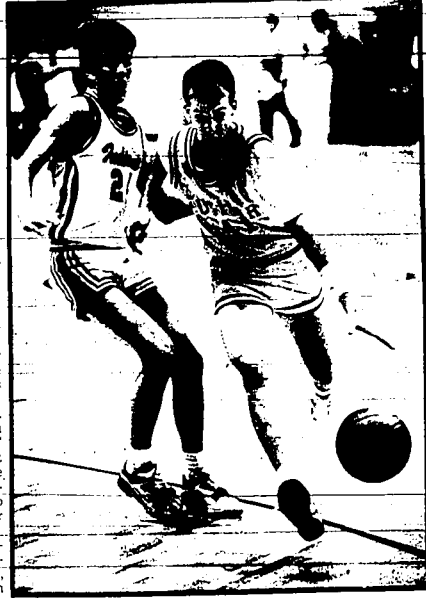
"You figure that if you can start at Gooding (a Class A-3 school), you can start at Camas (which is A-4)," said Bliss coach Jerry Couch. "But it isn't quite that simple. You move into a program that you're not familiar with, and it can be hard to make the adjustment no matter where you come from."

There's no question that he provided a lot of leadership," said first-year Camas coach, David Shirts, whose ballclub finished fourth in the Class A-4 tournament earlier this month after winning the Northside Conference championship.

Yore led the Musers with a 13-point average this season, dealing out an average of 4.7 assists and picking up 3.2 steals.

Ballhandling is his biggest strength, but he comes from a program with good competition and I think that helped a lot," Shirts said.

But the move from Gooding to Fairfield last spring meant that



Tim Yore drives against Shoshone's Alex Ugalde

Yore, who had played both football and basketball for the Senators, had to start from scratch.

Two things helped.

First, the Musers had a new offense and a virtually identical defense to Lou Andersen, who coached during Yore's two varsity seasons at Gooding. Secondly, by the time the basketball season began, Yore had already earned all-

Sawtooth Conference honors at end and helped the Musers to a winning football season.

"In football, I found out I could play here," said Yore, a 6-foot, 2-inch senior. "And having a new basketball coach helped because we were all learning (the new system) together."

"I think Tim fit in so well because this is such a balanced team," said See YORE on Page C3

The morning line

Good morning. It's Monday, March 13
Sunday's scores

Basketball
College
Atlantic Coast Conference tournament North Carolina 72, Duke 64
Big East Conference tournament Georgetown 90, Syracuse 79
Big Eight Conference tournament Missouri 90, Oklahoma 80
Mid-American Conference tournament Louisville 87, Florida State 80
Mountain West Conference tournament Utah State 82, New Mexico 65
Pacific 10 Conference tournament Arizona 73, Stanford 59
Southeastern Conference tournament Arkansas 72, Florida 60
Southwest Conference tournament Arkansas 100, Texas 79

Richfield's long-playing King a durability study

By BRAD BRELAND
Times-News writer

RICHFIELD — You might call him the King of the basketball courts in these parts. Well, one of the Kings.

Laine King, a senior at Richfield High School, will put his basketball career to the final test tonight when he participates on the East team in the Magic Valley All-Star Games at the College of Southern Idaho.

King is a three-year starter for the Tigers and has averaged better than 20 points a game over the past two seasons, but this season was a little tougher. Because of injuries, the Tigers played with five players for the last part of the season.

What wasn't unusual was the 24-point, 13-rebound average that the 6-foot, 3-inch, 185-pound senior, had at the end of the season.

coach, Shawn Nilsson. "When he decided to get a rebound, it's his. When he decided to go to the hly, he was there."

Just because King was one of five players to play 32 minutes a game, he was not a player to be overlooked.

"Everybody was well aware of him," said Camas County Coach David Shirts. "He could go outside or play inside. We concentrated on him more than some of the others."

"I think his real strength is that he is aggressive," says Bliss coach Jerry Couch. "He really plays with a lot of confidence. He kind of knows he can do it."

No opponent ever looked past the Kings, Laine and his cousin, Spence. Both were forces to contend with in Richfield football and basketball.

They're both incredible athletes. They're both gifted," said Nilsson of See KING on Page C3

Idaho draws UNLV in NCAAAs; BSU gets bid to NIT

By The Associated Press
and The Times-News

Idaho's first appearance in the NCAA tournament since 1982 will be Thursday night in the familiar surroundings of the Boise State University Pavilion, against an opponent very familiar with the NCAA's big show.

The Vandals, 26-5, beat BSU 59-52 on the Broncos' homecourt Saturday to claim the championship of the Big Sky Conference postseason tournament. Idaho will return for a first-round NCAA game against Nevada-Las Vegas, 26-7, champion of the Big West Conference.

Boise State, as expected, received a National Invitation Tournament bid and will play Oklahoma State in Stillwater, Okla., Friday night in a first-round game. Kermit Davis, Idaho's first-year head coach, told his team on the bus ride home from Boise that he had a hunch they would meet the Runnin' Rebels.

"I was trying to figure out some teams they would try to keep out West, and I told our guys I bet we'll play Vegas in Boise," Davis said Sunday. "It was just a lucky hunch. I guess."

Davis said his team will feel comfortable playing at Boise in front of Big Sky fans. But the Vandals, seeded 13th in the West regional, will have to prepare for a fourth-seeded UNLV team whose running style and athletic ability is unlike any team Idaho has faced this season.

"They're an excellent team," Davis said. "They've got two great guards and their inside players are an active rebounders and scorers as we've played against."

"Whoever you play at this level, you have to rebound. I think that will be the most critical aspect of the whole game."

Game time is 7:07 p.m. Thursday in the Pavilion, the third game of the first round of the NCAA West regionals.

"We're excited about being in (the NCAAAs), but it's not the kind of excitement where we're just happy to be there," Davis said. "We're going to try to win a game. We'll fire a shot and see what we can do."

Boise State had held hopes for an at-large bid to the NCAA tournament, but the Broncos' longest shot didn't come in.

"I think we're a little disappointed," Boise coach Bobby Dye said. "We're sorry we didn't get a (NCAA) bid, but that's the way it goes."

The Broncos will meet the Cowboys at 6:35 p.m. MST Friday.

"We're pleased to be still playing," said Dye.

The 32-team tournament will include 13 schools with 20 or more victories, led by Georgia Southern, 23-5, Boise State, 23-6, and St. Louis, 23-9.

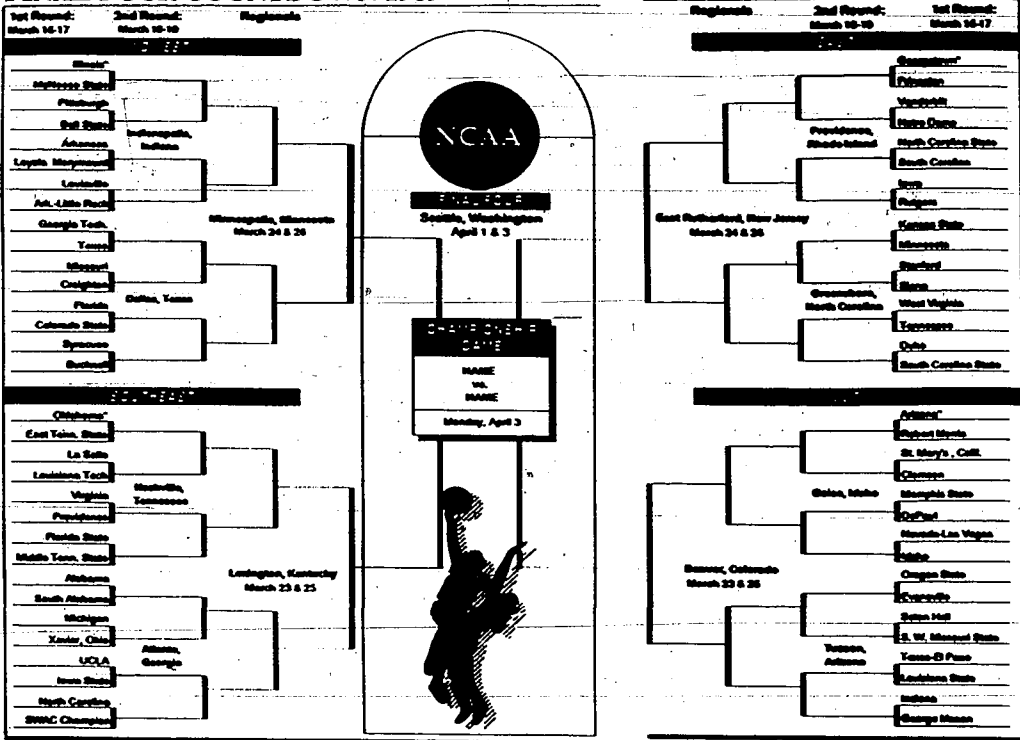
Boise State ended its season at 13-3 in regular-season Big Sky play. Oklahoma State is 16-12 and 7-7 in the Big Eight, where it finished fourth in the conference.

Dye said late Sunday he had not yet had a chance to size up Oklahoma State.

"I don't know much about them," he said. "I know they've been awfully good at home. I know they'll be tough. They beat Oklahoma this year."

Dye said he did not know why BSU did not get a shot at the NCAA, but added it did not too surprising.

FINAL FOUR COUNTDOWN 1989



Tradition says the Big Sky does not send two teams, so I guess that's part of it," he said.

BSU went to the NIT for the first time two years ago, where it beat Utah in the first round, but lost to Washington in the second round.

The second round will be played March 20 and 21 and the third round March 22-24, all at campus sites.

The semifinals will play in New York's Madison Square Garden March 27, with the final set for March 29.

Idaho won back-to-back Big Sky tournament championships under Don Monson in 1981-82, going into overtime in their first NCAA game each year. Idaho lost to Pittsburgh 70-69 in 1981, then in 1982 defeated Iowa 69-67 before being eliminated by Oregon State.

In Saturday's title game, The Vandals limited Boise State to 31 percent field goal shooting and owned the boards, 27-18, neutralizing the Big Sky tournament-record crowd 11,576 that jammed the Pavilion.

The game, half of which was televised nationally by ESPN, was the second-lowest scoring championship game in tournament history.

Riley Smith, Idaho's beefy post man, scored 20 points and tore down nine rebounds to play a media vote as the tournament's most valuable player.

Even though Boise State fell behind 14-3 and converted one field goal in the first 11 minutes, 21 seconds of the second half, there was a moment when Boise State seemed on the verge of reversing a night of struggle.

Guard Chris Childs took over in the stretch, scoring seven of his 15 points in the last 2:30.

"We knew when it gets late, he just takes the game over," said Davis.

Childs' three-point bomb from a dead run cut Idaho's lead to 53-48 with 1:28 to play. Then he leaped into the Vandals' defense and stuck a 19-footer to make it 53-50 with 56

seconds left.

Between his baskets, Idaho guard Lorenzo Nash missed the front end of two one-and-one free throw opportunities. But, in a measure of poetic justice, Nash nailed four straight in the last 31 seconds to finish the Broncos off.

"You can look at a lot of basketball games . . . when you shoot 31 percent, you're probably not going to win," said Boise State coach Bobby Dye, whose ballclub won this tournament last year.

Even though Davis is only in his first season, he was astute enough to play a sagging zone defense for much of the game. He correctly sensed that the Broncos were out of their shooting rhythm.

Dye knows that the Big Sky runnerup has never made the NCAA tournament. When asked if the Broncos deserved to be in the tournament, Dye said: "I spend a lot less time thinking about that than people think I do. It

really doesn't matter what I think . . . so, whatever, whatever."

The Broncos' Wilson Foster was more direct about the NCAA's selection process: "I know we deserve to play, but it's not for me to decide. They usually shortchange teams out West."

While 25-5 Idaho was strengthened by its mainstays — forward Raymond Brown, playing an exceptional game in Boise for the first time in his career, contributed 13 points, 11 rebounds and three assists — it benefited from the surprising contribution of a guard who were only one shot. Junior Cesar Prelow hit all four of his jump shots and assisted on three baskets.

Foster contributed 12 points, seven rebounds and three steals for the Broncos.

Four of the all-tournament selections — power men Smith and Brown and Boise State's Foster and Childs — clashed in the final. Also named to the team was Montana center Wayne Tinkle.

Illini, Sooners, Wildcats, Hoyas seeded #1 in NCAA

KANSAS CITY, Mo. (AP) — Second in the Big Ten, Illinois is first in the Midwest. Second in the Big Eight tournament, Oklahoma is first in Southeast. Indiana plays in Arizona, Arizona in Idaho.

The NCAA basketball pairings turned out to be as unpredictable as many expect the tournament itself to be this year.

Top-ranked Arizona and third-ranked Georgetown got No. 1 seeds as expected, the Wildcats in the West. The other top seeds went to Illinois, the Big Ten runnerup, and Oklahoma, which was losing to Missouri in the Big Eight final even as the NCAA draw was being announced.

Big Ten champion Indiana missed a chance to play the first two rounds at the Hoosier Dome in Indianapolis and was banished to the West regional as the second seed.

Cedrick Dempsey, chairman of the nine-man selection committee, said the Hoosiers fell back because the first responsibility was "to nationally seed them on the basis of competitive all year. Translation: Win the Big Ten wasn't enough to overcome two losses to Illinois and two losses in the Hoosiers' last three games."

Plus, he said, the Illini benefited from a late surge, six straight victories and nine in 10 games, and the return of guard Kendall Gill from a broken foot.

That didn't sit well with Indiana coach Bob Knight.

"If the Big Ten champion doesn't get the first seed — the best league in the country according to every power rating I've seen — then why the hell play it?" he said before the seedings were announced. "What we ought to do is schedule 18 Hoosier Conference teams."

Even Illinois coach Lou Henson hadn't expected it, saying, "I understand, I think under normal condi-

tions, if you win the Big Ten, you probably are going to get the No. 1 seed."

The seeds were determined while some conference championship games were still being played and therefore did not reflect Oklahoma's 98-86 loss to Missouri in the Big Eight final less than an hour later.

Overall, the draw was long on competitive balance, shorter than expected on home-area advantages and noticeably lacking the powerhouse second-round matchups that have spiced the tournament in recent years.

The Atlantic Coast Conference had the most entries with a record-setting six, while the Big East, Southeastern Conference and Big Ten had five each and the Pac-10, the Metro and the Big Eight four apiece.

Eighteen teams with at least 20 victories did not make the field, including New Mexico, a 20-game winner but non-NCAA team for the third straight year.

This is the richest NCAA tournament ever, with all 64 teams guaranteed at least \$250,000 and the 32 first-round winners a minimum of \$500,000 apiece. Each Final Four team is guaranteed \$1,231,000.

Two of the ACC entries, Duke and North Carolina, were made second seeds, the Blue Devils behind Georgetown in the East, the Tar Heels behind Oklahoma in the Southeast. Syracuse of the Big East was second seeded in the Midwest and Indiana out West.

Third seeds, included Stanford in the East, Missouri in the Midwest, Michigan in the Southeast and Seton Hall in the West.

Iowa in the East, Nevada-Las Vegas in the West, Louisville in the Midwest and Florida State in the Southeast were the fourth-seeded teams.

Missing from the field is defending champion Kansas, which won

19 games but became the first champion barred from defending its title under terms of a probation for recruiting violations.

Georgetown will open against Ivy League champion Princeton in Providence on Friday, and Arizona will play Robert Morris, champion of the Northeast Conference, on Thursday in Boise, Idaho. Ironically, when Robert Morris won its conference title, its fans were holding signs saying "We Want Arizona."

Illinois will open Thursday against McNeese State in Indianapolis and Oklahoma will play against East Tennessee State in Nashville as the tournament committee did its best to take the home court advantage away from top seeds.

Oklahoma, for instance, was expected to end up in Dallas, an easy trip for Sooners fans, and North Carolina could have been at Greensboro in the East instead of Duke. Arizona was prohibited from playing in Tucson, on its home court, and will go to Boise instead.

Texas, the 11th seed in the Midwest, will play in Dallas. Middle Tennessee State, No. 12, in the Southeast, will open in Nashville, and Idaho, No. 13 in the West, will be in Boise on the same court where it won the Big Sky tournament Saturday.

Second-round winners advance to the regional semifinals the following week. The East and Midwest regionals will be held March 24 and 26 at East Rutherford, N.J., and Minneapolis, the West and Southeast at Denver and Lexington, Ky., on March 23 and 25.

The four regional winners gather in Seattle for the tournament semifinals on April 1, with the championship game April 3.

Teams overlooked this year included New Mexico, 20-10; New Mexico State, 21-10; Boise State, 21-6; Georgia Southern, 23-5, and Akron, 21-7.

Mizzou tops OU, wins Big Eight

KANSAS CITY, Mo. (AP) — Missouri's Doug Smith made sure his mother's long drive from Detroit wasn't for nothing.

Smith, a 6-foot-10 sophomore, scored 22 points and grabbed 14 rebounds Sunday as 10th-ranked Missouri beat No. 2 Oklahoma 98-86 in the finals of the Big Eight Tournament.

While Smith was making life miserable for the Sooners, his mother Kathryn was in the crowd watching him for the first time. Mrs. Smith drove 14 hours to Kansas City after the Tigers won their semifinal game Saturday.

"It was a special occasion," said Smith, who was named the tournament's most valuable player. "I just tried to go out and do what I've been doing all along. I just had a great game today."

He wasn't alone. Byron Irvin scored 29 points, Gary Leonard had 16 and Lee Coward added 15 as the Tigers tied a school record with their 27th victory.

Missouri, 27-7, had been 4-4 under interim Coach Rich Daly heading into the tournament. But they won all three of their tournament games convincingly.

Louisville 87
Florida State 80

COLUMBIA, S.C. (AP) — Percis Ellison scored 22 points as 16th-ranked Louisville beat No. 14 Florida State 87-80 Sunday to win its second straight Metro Conference tournament title.

Louisville, 22-8, led by 14 in the second half but the Seminoles rallied to cut the margin to three with 1:35 left on a three-point play by Derrick Mitchell. However, Ellison and LaBradford Smith each hit two free throws in the final 37 seconds to clinch an automatic NCAA berth for Louisville.

The title was the third in four years for the Cardinals and seventh in the 14-year history of the league. Florida State, 22-7, has been to the tournament final five times but has never won the championship.

College basketball

Arkansas 100

Texas 76

DALLAS (AP) — Lenzie Howell scored 28 points as Arkansas routed Texas 100-76 Sunday to win its first Southwest Conference tournament since 1982 and an automatic NCAA playoff bid.

Arkansas, 24-6, will be the fifth seed in the Midwest Regional and play Loyola-Marymount Thursday in Indianapolis. Texas, 24-8, was seeded 11th in the Midwest and will meet Georgia Tech in Dallas on Friday.

Arizona 73
Stanford 51

INGLEWOOD, Calif. (AP) — Sean Elliott scored 16 of his 21 points in the first half Sunday as top-ranked Arizona took command early and rolled to a 73-51 victory over 12th-ranked Stanford in the championship game of the Pacific-10 Conference tournament.

The Wildcats went ahead for good after less than six minutes of play and pulled away to take a 43-27 halftime lead. The Cardinal wasn't closer than 14 points in the second half.

Georgetown 88
Syracuse 79

NEW YORK (AP) — Alonzo Mourning scored 21 points and No. 3 Georgetown won its sixth Big East championship with an 88-79 victory over fifth-ranked Syracuse on Sunday.

The Hoyas, 26-4, won three tournament games by an average of 20.6 points in capturing the conference's automatic bid to the NCAA Tournament. The Hoyas have been in the tournament every year since the Big East was formed 10 years ago.

The championship was the sixth in many appearances in the final for Georgetown and four have now been over Syracuse, 27-7, which has lost seven of its last eight meetings with the Hoyas.

Ball State 67

Kent State 65

TOLEDO, Ohio (AP) — Ball State edged Kent State 67-65 to win the Mid-American Conference tournament Sunday and an automatic NCAA berth.

Billy Butts scored 19 points, including five 3-pointers, and Paris McCurdy added 15 points and 11 rebounds as Ball State survived a late Kent State rally.

The Cardinals, 28-2, led by 11 points twice in the second half, but fell behind 61-60 on two foul shots by Eric Glenn with 2:33 left.

Alabama 72
Florida 60

KNOXVILLE, Tenn. (AP) — Keith Askins scored 14 of his 23 points in the second half Sunday to break open a close game and lead Alabama to the Southeastern Conference tournament championship with a 72-60 victory over Florida Sunday.

Askins' run came on four consecutive 3-point baskets, turning two of them into four-point plays as the Tide went from a 35-34 lead to a 49-38 margin the Gators were never able to overcome.

It was the fifth victory in a row and the seventh in eight games for Alabama, which carries a 23-7 record into the NCAA tournament with the SEC's automatic bid.

North Carolina 77
Duke 74

ATLANTA (AP) — Steve Bucknall scored all 10 of his points in the last 5:28 to lead No. 9 North Carolina to a 77-74 victory over 7th-ranked Duke Sunday and its first Atlantic Coast Conference tournament title since 1982.

North Carolina, 27-7, which received an automatic bid to the NCAA tournament next week, blew a 12-point first half margin as Duke, 24-7, took the lead for the first time with 5:44 left on two free throws by John Smith.

Tonight's Magic Valley All-Star games end high school season

The Times-News

TWIN FALLS — The top high school basketball players in the Magic Valley will make one final appearance on the court here Monday night in the annual Magic Valley All-Star Basketball Games.

The girls start from the east and west will tip it off at 7 p.m. in the College of Southern Idaho gymnasium, with the boys game to follow at about 9. The game is sponsored by the Fourth District Coaches Association, with proceeds going to the Fourth District Activities Association.

The West girls, coached by Sherry Venus Dodson, include Shannon Cato and Regina Wray of Buhl,

Prep basketball

Jayne Anderson and Jennifer Garrison of Jerome, Kamie Coon and Theresa Nelson of Filer, Rachel Schraft and Heidi Hope of Wendell, Renette Cunningham of Glens Ferry and Nikki McCammon of Hagerman.

The East girls, coached by Lynn Payne of Declo, include Jennifer Beck and Julie Peterson of Burley, Angie Turner and Melanie Jenkins of Declo, Shelly Hart of Twin Falls, Cheryl Jensen of Richfield, Stephanie Hale of Oakley, Linda Haley of Shoshone, Chantel Staunty of Murtaugh and Amy Christensen of Minico.

The West boys, coached by LaRell Patterson of Filer, include Swede Trenkle and Jeremy Willey of Twin Falls, Steve McCandless and Clint Lutz of Filer, Dana Crandall of Glens Ferry, Clint Bailey and Randy Lance of Jerome, Jim Mesick of Shoshone, Steve Lutkus of Buhl and Tim Yore of Camas County.

The East boys, coached by Hal Jardine of Murtaugh, include Dan Poulton, Eric Miller, Jay Ennen and Pete Dexter of Minico, Jeff Steadman and Shane Osterhout of Declo, Laine King of Richfield, Tim Tingey of Carey, Pete McDonald of Valley and Rodney Bates of Murtaugh.

Swede

Continued from Page C1 that came in and do things instinctively.

"That was my first high point," says Swede. "My role has changed so much. When I was a sophomore I brought the ball up, I should have been working more on three-point shots."

That came after a year on the varsity according to Astorquia.

"I think when Swede was younger he had to shoot the ball with two hands," the coach explains. "In the spring after his sophomore year he decided to change his shot to more of a one-handed one."

"It spun differently and that caused him some problems," Astorquia continues. "He'd hit three-four or four-four in a game, then he'd couple games without a three-pointer before he'd get hot and come out blasting again."

As a senior, Swede averaged 21 points-per-game, three times reaching a career-high 29 in leading Twin Falls to its first winning season in five years. A lot of the scoring boost attributable to an improved range.

"He's helped me especially on my shot," says Swede of Astorquia's contribution. "Coach changed my shot in my sophomore year. Now I'm pretty much 40 to 45 percent from three-point range. He's helped me in a lot of the mental aspects of the game too. I've gained so much because the coach was always there."

"Swede's been a much better three-point shooter this year," agrees Astorquia. "It gave us three guys out there and took the pressure off inside."

Yore

Continued from Page C1 Shirts. "He was familiar with a lot of the teams they were doing, especially on defense."

Seniors Ben Rast and Kit Barron returned to anchor the middle, while the Mushers had a returning starter (Fred Frustenson) at off-guard and sweet-shooting sophomore Eddie Harness coming back at forward after a strong freshman year. Yore, as it turned out, was the missing element.

"That has a lot to do with the type of player he is," said Coach. "He wasn't always the highest-scoring kid, but Camas didn't need one this year. They had Rast and Barron, who'd get 12, 10 points apiece on the inside, Harness and Frustenson shooting from the outside. Yore would bring

Poulton

Continued from Page C1 make sure we did good. It worked it itself out."

A surprisingly low-key response from one who has been the catalyst in three consecutive Spartan state appearances and an individual who twice qualified for the Idaho Basketball Congress International squad.

"He's probably the best I've ever coached," said Minico Coach Craig Dexter after Poulton and company downed second-ranked Post Falls in the contest for third place at state. "He was starting in his 104th game. He's only missed one game."

One comment from Twin Falls Coach John Astorquia says it all. "Other teams have directed their defense at Dan and he's handled it very well," he said. "He's started since he was a freshman and a lot of freshmen, even sophomores and juniors, would be totally intimidated."

King

Continued from Page C1 the duo.

For Laine King, an all-conference selection both in football and basketball the last two years as well as all-state pick by the Idaho Statesman in football last season, it's not hard to decide which sport is his favorite.

"I prefer football because of the physical action and contact," said King, who piled up over 1,000 yards in rushing and receiving on the gridiron this season.

Even an early exit at the hands of

where we're not tall." The inside, especially when reached on a drive down the lane, is not a place Trenkle abhors.

"That's my best point," he adds of his ability to penetrate. "I've tried to make my range out and get people to guard me. If you hit a few they come out on you."

All in all, it's been a pretty good year for Trenkle and the Bruins. "Actually, I really didn't experience a real high until this year," he says. "We won four games last year, eight when I was a sophomore. We won 12 this year, including some big games. I finally got a chance to win one with free throws. It's been a lot of fun beating four schools ranked in the top five."

Some might call the transformation chemistry.

"They're great," says Swede of his current teammates. "Last year we had two sophomores, but two years ago it was 11 seniors and me. They were a good bunch of guys, but I just didn't fit in. We've still got a good junior-senior mix, but we do things together. Everybody wanted to win this year."

With careful selection and a little luck, the future could be equally bright.

"I definitely want to go play basketball somewhere," says Trenkle with great enthusiasm. "I don't know where. Some schools have talked to me, but I haven't committed to anyone."

"I definitely want to go to Division I," he added. "I've always had this thing about not playing in Idaho, but

I wouldn't mind playing for the University of Idaho. I just don't want to go somewhere that has a losing record."

Before the time to choose arrives Swede plans to try his hand at long jumping for the track team.

"I've always kind of dedicated my time to basketball and been in the gym with the coach every day," he says.

A well-deserved break, then, not yet at the height of his powers, it's back to basketball.

"I would love to play after college," Trenkle reflects. "I'm going to work for that. It's kind of a farfetched dream. I've always had since grade school. (But) I'm not going to rely on basketball. I want to see about majoring in business, selling or banking. I've always wanted to do one of those."

"I've thought about coaching," he adds. "Every kid wants to do what his father does. In college it wouldn't be so bad, but you have to start out at the high school level. The fault is you have no pick like you do in college. Whoever's there is who plays. We have one of the largest schools for Idaho and eight total kids try out for the varsity team. I don't know why. It's just a thing about our town. I guess."

"I don't think there's any doubt that he can play college ball," says Astorquia. "And I think he's being pretty realistic. I can't quote you figures, but how many make it (to the pros)? For some the jump from high school to college is the same. One thing for sure: Swede will give us his best shot."

the ball up court, get a few baskets and play good defense, and that combination worked very well. He brought it all together for them."

Shirts favors a 1-2-2 zone defense, and Yore was particularly effective as its point man.

"He's got some quickness and size for a point guard and he has long arms," said Coach. "He's just kind of a chess player. He sees the whole floor, knows how to handle the press — he's just kind of the master of the whole situation."

Shirts, who used to be an assistant coach to former Glens Ferry mentor Gordon Brown, said Yore's exposure to Canyon Conference basketball made him a better player at the A-4 level.

"He's had the experience of playing

against a lot of different kinds of teams, and I think that helped us in a lot of situations this year," he said.

Yore agreed.

"There's about the same level of competition here, but the thing about A-4 is that most teams give you two or three good players and not much depth. Against Filer (last year's Canyon Conference champion), you'd see six or seven good players."

At Gooding last season, Yore and his teammates played 24 games and didn't get out of the district tournament. Camas went through three rounds at state and played 29 games, winning 17 of them.

"I was used to playing a couple of games a week, sometimes more," he said. "Here we'd sometimes go 10 days between games. It helped that

He wasn't at all. Danny has been a great player right from the start."

Performing in the clutch may be his specialty and no one has as many moves to set up a shot as Poulton.

On our team you take the open shot when you get it," he explains. "We don't have a set play like a lot of teams. We just work the offense, then take it when it's there."

Poulton has outplayed taller opponents throughout his prep career, averaging 26 points — in the state tournament Dan ravaged Moscow, Borah, and Post Falls for exactly his year's average — and seven rebounds per game in his senior season.

As a rule, free throw shooting accuracy tends to drop as playing time increases. But that doesn't hold true for Poulton, who downed 27 of 31 free throws, 87.1 percent, at Boise State. From the floor he was good on 23 of 59 attempts, including five of 13 from

three-point range (38.5).

"I've enjoyed sports a lot. High school wouldn't be the same without them," said Poulton, a four-year starter in both basketball and baseball. "I've heard a lot of people say the scoring record wouldn't be broken, but I just kept grinding away."

Pending a later decision on college athletics, Poulton wraps up his hoop career tonight. No matter, basketball is for the cold-weather months.

"My best sport depends on what I'm playing at the time," Poulton says. "As soon as baseball starts I'll be totally into it. I don't really have a favorite."

Poulton, who has played first base when not on the mound, will try his hand at shortstop for the Spartans this season. With his talents he's a shoe-in to succeed.

"He's one of those multi-sports kids," added Astorquia. "Busy from

Highland-Craigmont in last fall's state eight-man playoffs didn't dampen King's feelings about having a successful senior season.

"Yes it was, except for not taking the state championship," he said. "Basketball season was unusual, to describe it at best. At Richfield, The Tigers had so many injuries that their basketball team was composed of five players. All five played the whole game. There were no substitutions and no bench."

"We were out to win and do the best we could," said the senior, who

plans on attending Boise State to major in health and physical education to pursue a possible coaching career. "I had to play the whole game, every game. You had to be in good shape and that was one of the hardest things — keeping in shape."

Although King mentions the contests against Camas County as highlights of his basketball career, his high-scoring game came against Carey, where he poured in 37 points.

"As far as I'm concerned Laine is one of the best, if not the best, in

Scores and Stats

Basketball

NBA standings

By The Associated Press

Team	W	L	Pct	GB
Phoenix Suns	18	12	.600	0
San Antonio Spurs	17	13	.563	1
Los Angeles Lakers	16	14	.538	2
Golden State Warriors	15	15	.500	3
Portland Trail Blazers	14	16	.469	4
San Diego Clippers	13	17	.435	5
Utah Jazz	12	18	.400	6
Seattle SuperSonics	11	19	.365	7
Denver Nuggets	10	20	.333	8
Minnesota Timberwolves	9	21	.300	9
Chicago Bulls	8	22	.269	10
Philadelphia 76ers	7	23	.233	11
Washington Wizards	6	24	.200	12
Atlanta Braves	5	25	.167	13
Charlotte Hornets	4	26	.133	14
Orlando Magic	3	27	.100	15
Indiana Pacers	2	28	.067	16
Memphis Grizzlies	1	29	.033	17
San Jose Sharks	0	30	.000	18

NCAA tourney

By The Associated Press

Team	W	L	Pct	GB
Phoenix Suns	18	12	.600	0
San Antonio Spurs	17	13	.563	1
Los Angeles Lakers	16	14	.538	2
Golden State Warriors	15	15	.500	3
Portland Trail Blazers	14	16	.469	4
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Orlando Magic	3	27	.100	15
Indiana Pacers	2	28	.067	16
Memphis Grizzlies	1	29	.033	17
San Jose Sharks	0	30	.000	18

NBA box scores

By The Associated Press

Team	W	L	Pct	GB
Phoenix Suns	18	12	.600	0
San Antonio Spurs	17	13	.563	1
Los Angeles Lakers	16	14	.538	2
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Indiana Pacers	2	28	.067	16
Memphis Grizzlies	1	29	.033	17
San Jose Sharks	0	30	.000	18

NIT

By The Associated Press

Team	W	L	Pct	GB
Phoenix Suns	18	12	.600	0
San Antonio Spurs	17	13	.563	1
Los Angeles Lakers	16	14	.538	2
Golden State Warriors	15	15	.500	3
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Nestle PGA

By The Associated Press

Player	W	L	Pct	GB
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Memphis Grizzlies	1	29	.033	17
San Jose Sharks	0	30	.000	18

Gold

By The Associated Press

Player	W	L	Pct	GB
Phoenix Suns	18	12	.600	0
San Antonio Spurs	17	13	.563	1
Los Angeles Lakers	16	14	.538	2
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Effective date thru March 22
 By The Associated Press

Phoenix Suns
 San Antonio Spurs
 Los Angeles Lakers
 Golden State Warriors
 Portland Trail Blazers
 San Diego Clippers
 Utah Jazz
 Seattle SuperSonics
 Denver Nuggets
 Minnesota Timberwolves
 Chicago Bulls
 Philadelphia 76ers
 Washington Wizards

LEGAL NOTICE

Individual who were employed by or
be af-- organizations with provider.

Those sections affected in this rule-making are as follows (Note: non-substantive changes, such as the renumbering of unaffected sections, is not

03.9147, --03.9147.06.
Adopted section entitled "CRISIS PREVENTION AND MANAGEMENT" with related subsections.

- * Specifiers include:
- The description of the oil spillage incidents in the

- Identification of the geographic limitations of service delivery restricted to the Idaho Health and Welfare's Region I.
- The description of the services to be provided

- The description of provider qualifications.
- Provision for freedom in selection of providers to the client.

- The description of Payment methodologies.

AVAILABILITY OF PROPOSED RULES FOR PUBLIC REVIEW: Within the time limits specified below, any person can review the proposed rules in the DHW Administrative Procedure Section as is

any of the regional administrative offices of the Department. Copies of the proposed rules will be made available, free of charge, upon written request specifying the docket number cited above.

SUBMISSION OF WRITTEN COMMENTS, ASSISTANCE ON TECHNICAL QUESTIONS: Anyone can submit written comment regarding the proposed rules, and any individual or industry who may be af-

ing making hold requests

proposed rules, contact Lloyd Forbes, Department of Health and Welfare, Division of Welfare, (208) 334-5798, Boise, Idaho. All written comments and data concerning the pro-

Directed to the undersigned and must be postmarked or delivered on or before March 31, 1989.
DATED this 16th day of February, 1989.
D. Kerry Lowder, Supervisor

of the
subject
posed
will be
physi-
cians

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Recreational-Automotive

127-175

THE ACES ON BRIDGE

BOBBY WOLFF

"No one ever quite believes in any other man. One may believe in an idea absolutely, but not in a man."

— H.L. Mencken.

South made only one human error in his play of today's slam. He placed his trust in West's play rather than searching for his best chance.

West's lead of a diamond was a good shot. The bidding told him that North was prepared for a heart lead, so he led a diamond in hopes of developing a quick winner in that suit.

Dummy's diamond ace won, and a trump finessé "succeeded" as West played a smooth deuce. Carelessly and full of ill-advised trust, South repeated the trump finessé. This time West took his king and led a third trump. Now it was too late to develop the clubs and the slam went one down.

South should not have risked that second trump finessé before ruffing a club in dummy. After West ducks the first spade, South should take two high clubs and ruff a club to establish his suit. Then he can repeat the trump finessé, losing to West's king. West can no longer do any damage, and instead of one down, South brings home his vulnerable slam.

NORTH ♠A
♥J8
♦A9875
♣AK7
K8

EAST ♠K3
♥K32
♦QJ854
♣J10

SOUTH ♠AQ1076
♥Q1064
♦Q92
♣J4

Vulnerable: North-South
Dealer: South
The bidding:
South West North East
1♦ 1♥ 3NT Pass
4♦ Pass 6♣ All pass
Opening lead: Diamond deuce

LEAD WITH THE ACES

South holds:
♠15
♥K5452
♦Q3
♣K7

East South West North
1♠ 1♥ 1♠ 2♥
2♦ 3♥ 3♥ 3♥
4NT Pass 5♦ Pass
6♦ Pass 6♣ Pass

ANSWER: Since East is prepared for a heart lead, surprise him with a club. Partner may have the club queen and a side-entry.

Send bridge questions to The Aces, P.O. Box 5000, Twin Falls, Idaho 83401. Send answers to the editor.

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140 Heavy Trucks/Semis

1975 International 700 single axle, 6'10" hoist bed, 46,000 miles, 1962 Chevrolet, 2000 cc, 140 cu in. & 240 cu in. 324-2722.

Mac truck with self unloading bed, \$11,500. Pup trailer with Tescos bed, \$4500. Call 825-3844.

141 Vans

1974 Ford custom van, for sale or trade for newer van. \$5000.00. Call 324-4722.

1976 Chevrolet conversion van, \$2000. Call 324-3662.

1981 Dodge Ram van, 2500, 120 cu in. 324-3662.

1982 GMC 12 passenger van, AT, AC, good shape, \$3500.00. Call 324-3662.

1985 Chevy Landmark Van, loaded, like new. Call 734-5511 after 6 p.m.

1986 Ford Econoline van, 3500, 120 cu in. 324-3662.

146 4x4's & ATVs

1983 Jeep Scrambler, excellent condition, PS, PB, 6 cylinder, 52,000 original miles, \$5500.00. Call 734-8328.

1983 Suburban, 350 V-8, real sharp, \$8000. Call 734-2528 day, or 324-3756 evenings & weekends.

1984 Grand Wagoneer, 60,000 miles, loaded/rear, 6 cylinder, 10,000, call 825-3844.

1985 Suburban 4x4, loaded, bucket seats, tinted glass, \$12,800. Call 423-4432.

1985 Yamaha Tri-Moto, 200 cc, 4 wheeler with new tires. Call 324-2270.

1986 Ford F250 XL 4x4, 460 4 speed, 30,000 miles, excellent, \$11,500. 678-3724 exts.

1986 GMC 3/4 ton, 4x4, 4 speed manual, 100,000, low mileage, \$12,200. 788-4431.

1986 heavy duty 3/4 ton Ford, 460 engine, 4 speed transmission, like new, not even a scratch, loaded with extras, \$12,500. 886-7793.

1986 Isuzu pickup, 4x4, 25,000 miles, excel. cond., take over payments. Call 825-5024.

1987 Ranger S/C 4x4, loaded, short, low miles, like new. Call 734-7075.

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148 Antique Autos

Silver Auctions Presents COLLECTOR CAR AUCTION. Bids start at \$1000. SATURDAY APRIL 1ST. 100 cars for sale.

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1-800-255-4485. To Consign Your Car. WANTED: 1949 to 1954 Chevrolet or related parts.

Wanted: 35-38 Chevy convertible or hardtop, 4 door. Steve Lynch 678-1201.

154 Autos-Cadillac. 1974 Fleetwood 4 door, runs good, excellent upholstery and tires. \$1000. 734-7095.

1979 Cadillac, must sell, \$700. Call 734-0802, or 899 by 456 Van Buren.

158 Autos-Chrysler. 1983 Chrysler New Yorker, loaded, excellent condition, 47,000 miles. Call 432-5404.

1988 Chevrolet SS El Camaro, 396, 325 HP, AT, PS, PB, runs great, \$1400. Call 432-4971 after 6 p.m.

1977 Caprice Classic, good condition, \$700. 324-7123.

Suburban, 1974, 3/4 ton, exceptional condition, trailing package, new tires, large engine, looks and runs like new. \$5,450. Call 734-4019.

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1977 Caprice Classic, good condition, \$700. 324-7123.

158 Autos-Chevrolet

1977 Impala 4-door, V-8, AT, AC, cruise, runs & looks good, \$2750. Call 733-1735.

1977 Nova 4 door, for sale by social side with right of refusal by the City of Hamilton, PD bid, Call Hamilton city at 734-3244. Closing at 6:00 p.m. or by appointment. 423-3037.

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1984 Camaro, 2.8, 1600, 4 door, 1980, Call 543-8320 after 6 p.m.

1987 Celebrity, AT, AC, excellent condition, Call 543-5597.

160 Autos-Dodge. 1982 Dodge 400 Sports pkg, automatic, loaded, western, Call 734-0446 evenings and weekends.

1986 Dodge Aries, 4 door, PS, PB, AT, AC, 4 door, 1980, Call 543-8320 after 6 p.m.

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1987 Sunbird convertible, 34 mpg, AM/FM cassette, 63k, excel. cond., 3000. 324-4200.

For sale: 1976 Grand Prix with T-top, runs fine, needs radiator, \$500. 736-0854.

1986 Mustang, \$2500. Call 734-7029.

1986 Mustang, near original, blue, \$2200. Call 432-0767.

1978 Thunderbird, excel. cond., Will sell or trade for newer car or SUV. 543-4782.

1987 Ford Explorer, 4 door, 13,000 miles, \$3600. Call 324-2521.

1987 Ford Escort, Kenwood stereo, new tires and rims, stereo, \$2095. 733-2545.

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1987 Ford Explorer, 4 door, 13,000 miles, \$3600. Call 324-2521.

1987 Ford Escort, Kenwood stereo, new tires and rims, stereo, \$2095. 733-2545.

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1986 Mustang, near original, blue, \$2200. Call 432-0767.

158 Autos-Mercury & Lincoln

1984 Town Car, Signature Series, loaded, \$7900. Call 734-2144.

1986 Mercury Lynx 4 door, 1600, 4 door, 1980, Call 543-8320 after 6 p.m.

1984 Outlane, new tires, \$850. best offer, 733-0071.

1983 Outlane, Call 733-0071.

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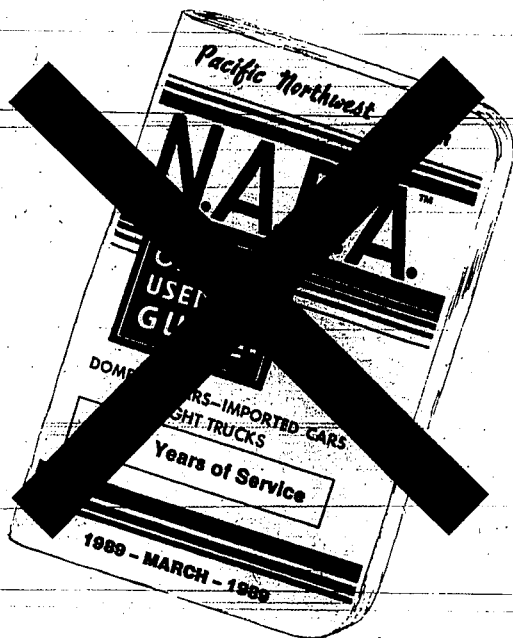
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MAGIC VALLEY'S LARGEST SELECTION OF USED CARS -

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1985 DODGE OMNI 4 DR. #762



N.A.D.A. Page 32
Retail... \$3250 Wholesale... \$2500

OUR PRICE: \$1988

or **\$0 down X \$79 mo.**

Units subject to prior sale o.a.c., terms 36 months, 20.67 APR, total monthly payments and down payment \$2,844.00. No balloon payments. \$0 down + tax & title in cash.

1983 CHEVY CAVALIER WGN. #842



N.A.D.A. Page 23
Retail... \$2800 Wholesale... \$2100

OUR PRICE: \$1988

or **\$0 down X \$79 mo.**

Units subject to prior sale o.a.c., terms 36 months, 20.67 APR, total monthly payments and down payment \$2,844.00. No balloon payments. \$0 down + tax & title in cash.

1984 PONTIAC PHOENIX 4 DR. #395



N.A.D.A. Page 76
Retail... \$3525 Wholesale... \$2750

OUR PRICE: \$2688

or **\$0 down X \$95 mo.**

Units subject to prior sale o.a.c., terms 42 months, 20.26 APR, total monthly payments and down payment \$3,990.00. No balloon payments. \$0 down + tax & title in cash.

1987 FORD ESCORT 2 DR. #862



N.A.D.A. Page 37
Retail... \$5300 Wholesale... \$4400

OUR PRICE: \$4288

or **\$0 down X \$105 mo.**

Units subject to prior sale o.a.c., terms 60 months, 13.91 APR, total monthly payments and down payment \$6,300.00. No balloon payments. \$0 down + tax & title in cash.

1988 FORD FESTIVA #953



N.A.D.A. Page 36
Retail... \$5400 Wholesale... \$4500

OUR PRICE: \$4388

or **\$0 down X \$109 mo.**

Units subject to prior sale o.a.c., terms 60 months, 14.56 APR, total monthly payments and down payment \$6,540.00. No balloon payments. \$0 down + tax & title in cash.

1988 MERCURY TRACER #806



N.A.D.A. Page 48
Retail... \$7300 Wholesale... \$6300

OUR PRICE: \$6288

or **\$0 down X \$149 mo.**

Units subject to prior sale o.a.c., terms 60 months, 12.51 APR, total monthly payments and down payment \$8,940.00. No balloon payments. \$0 down + tax & title in cash.

COMING THURSDAY, MARCH 23, 1989 — 3rd Annual Latham Mini Rodeo in conjunction with the 13th Annual Rocky Mountain Regional N.I.R.A. Rodeo March 24th & 25th.

REGISTRATION IS AT 5 P.M. AT LATHAM MOTORS
CONTEST IS AT 6 P.M. AT LATHAM MOTORS

EVENTS

Stick Horse Barrel Racing — ages 4 & under, 5-8 yrs., 9-12 yrs.
Goat Tagging — ages 4 & under, 5-8 yrs., 9-12 yrs.
Team Roping — ages 5-8 yrs., 9-12 yrs.
Bull Riding — ages 4 & under (Featuring "Crooked Horn" the Bouncing Bull)

All competitors receive a free ticket to the Saturday afternoon, March 25, 1989 performance of the 13th Annual Rocky Mountain Regional N.I.R.A. Rodeo held March 24th and 25th at the C.S.I. expo center.

The top four contestants in each event will compete in the pre-rodeo entertainment championship finals at 7:30 p.m. on March 24th and 25th at the C.S.I. expo center.

CHAMPIONS WILL RECEIVE TROPHY BUCKLES!!!

For more information and costs on both the Mini Rodeo and the 13th Annual Rocky Mountain Regional N.I.R.A. Rodeo, contact Shawn Davis at 733-9554, ext. 320; or call Latham Motors at 733-5776.

All contestants must have liability release signed by parents or guardian for competing.

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Abby surveys readers on cheating boyfriend — D3

Jo Ann Larsen discusses managing anger — D4

Ear infections relate to age, weather, heredity

By CINDY KENNISON
Times-News correspondent

Avoid painful ears if flying — D2

TWIN FALLS — While the recent warm days remind us that spring is just ahead, the wet and windy weather typical of March means it's still the season for ear infections.

Colds and ear infections are more common in the winter months, says Dr. Julian Nicholson, a Twin Falls

ear nose and throat specialist. When your feet and hands are chilled, Nicholson says the temperature inside your nose will drop enough to allow cold viruses to grow. A cold in the throat may then invade the eustachian tube causing

an ear infection. Many times an ear infection is accompanied by a collection of fluid because the eustachian tube is not functioning normally. The fluid may remain in the ear even after the infection.

Nicholson says ear infections often run in families and are more prevalent among younger children primarily because a child's eustachian tube is shorter and

angled in a way that allows infection to enter. He also says that younger kids may be more susceptible because they are regularly exposed to cold viruses at school and day care centers.

In a recent article prepared by the Los Angeles Times Syndicate, Dr. Charles Blueston, an ear, nose and throat specialist at the Children's Hospital of Pittsburgh, Penn., said it's possible for children to outgrow the tendency for middle ear infections.

"It's a maturational problem in that it's a failure of both the immune system and the eustachia," Blueston said. "As the children grow older their immunity improves."

He added that by the time a child has reached 2 or 3 years old, the rate of acute infection drops. The number of infections drops again after the child reaches age 6.

Parents may suspect ear infection if a child complains of pain. But they may not suspect their child has fluid in his ear because he may not show any symptoms, may be too young to communicate the problem, or may just have become used to the full feeling. Nicholson says he sees three or four children every year who have no real symptoms, yet fluid was detected in their ears during well-baby checks or preschool testing.

"The mother may be all embarrassed, because she didn't know about it," he says. "I have to reassure her that she hasn't been a bad mother and the problem can sneak up and be subtle with some children."

Antibiotics are the most common treatment for ear infections. In some cases a decongestant can help. If

those first remedies aren't effective, sometimes the next step is for the doctor to insert an ear tube to help ventilate the middle ear.

The doctor makes a small puncture in the ear drum, then inserts the tube to keep the hole from healing over.

"We try to place the tube where it will interfere with the hearing the least," Nicholson says.

The ear tube normally remains in place from eight months to two years. It allows air to enter the middle ear enabling the hairlike cilia inside the ear to move, flushing out trapped mucus.

Not every doctor endorses ear tubing. In an interview for the Los Angeles Times report, Dr. Gunnar Stiekler, a pediatrician with the Mayo Clinic in Rochester, Minn., said "We have some excellent studies that show it (the ear fluid) will simply disappear, although you can't tell how long — maybe two weeks, maybe four months."

Nicholson recommends that at least a couple of months of antibiotic treatment — and possibly decongestants — should come before inserting a tube.

Yet he believes tubing is a lot better alternative than mastoid surgery, which used to be the physician's only remedy to correct complications caused by ear fluid.

"I wear a hearing aid in my left ear, because when I was growing up, they didn't have ways of preventing this progressive problem and I had to have mastoid surgery," he says. "Actually that's how I got interested in ear, nose and throat medicine. Obviously a large number of kids

had no problems and some kids like me, for instance, fluid would collect, a vacuum would be created and a disease called cholesteatoma developed."

If left untreated, ear infections can lead to a number of problems, including hearing loss.

According to a report published in the February 1989 issue of the medical journal titled The Otolaryngologic Clinics of North America, "hearing loss even if unnoticed by the child, may have a marked effect on his or her behavior...They may also become inattentive, dreamy, lazy, irritable or nervous...and affected children may even be suspected of being slightly retarded."

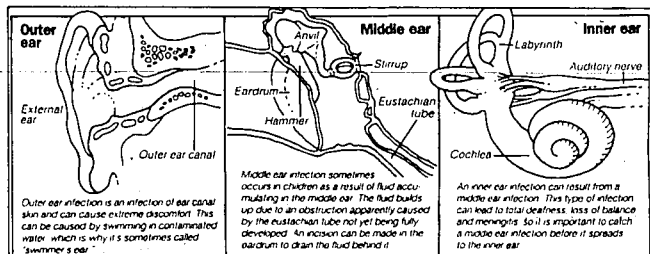
The article also reports that children who suffer early hearing difficulties may later suffer speech impairments, language difficulties and reasoning difficulties.

You can help prevent your child from getting ear infections. Nicholson says keeping your home well humidified helps to keep the mucus blanket and the cilia of the mucus blanket of the throat working well. When they dry out they're more susceptible to colds and ear infections. Most homes are down to 18 to 20 percent humidity during the winter, while 30 to 40 percent humidity is best, Nicholson says.

Other common sense advice from Nicholson for fighting off ear infections: Try to maintain a comfortable temperature inside your home. Keep from getting chilled. Make sure your child has a balanced diet, drinks plenty of fluids, and if needed, takes vitamin supplements.



Dr. Julian Nicholson shows what youngsters like Timothy Dulin, 4, undergo in an ear exam



Graphic courtesy of THE BALTIMORE SUN

Correct behaviors can help you control depression

You've got your health. A good job. A family you love. And friends who tell you how lucky you are. You know they're right. So why do you find yourself feeling down and giving in to the blues? Although everyone suffers from everyday depression periodically according to clinical psychologist Harriet B. Braiker, Ph.D., you can, with the right mental and emotional tools, manage and overcome blue moods.

In this excerpt from her book, "Getting Up When You're Feeling Down," Braiker describes a three-step method for effective mood management.

By HARRIET B. BRAIKER, Ph.D.
Los Angeles Times Syndicate

The key word to keep in mind throughout

learning mood-management is control. Focusing on the fact that you can do something to help yourself feel better is, in and of itself, curative of the blues and restorative of a better state of mind and more positive emotions.

To restore a positive mood, engage in behaviors that are incompatible with depression. Depression-Incompatible Behaviors, or D.I.B.s, are the "something" you should do — the action you should take — if you are seeking effective and prompt relief from your emotional discomfort. By engaging D.I.B.s while you are feeling depressed, you will induce a state of cognitive dissonance. In other words, your mood of depression will not fit with the fact that you are doing behaviors or engaging in activities that people who are depressed do

Part 3

not typically perform. By sustaining the behaviors in spite of your low mood, your mind, which is motivated to resolve the dissonance and reestablish consistency and compatibility between your feelings and actions, will have no alternative but to correct your mood toward the positive in order to make it more consistent with your actions.

D.I.B.s can include a wide range of activities. The selection that follows is based on research that has shown what most depressed people tend to do (and tend not to do) and, conversely what people who are in positive moods tend to do (and not do). By pursuing activities characteristic of positive moods, you will bring the incongruity

Principle into play and bring up your down mood so that it is more in line and compatible with your actions.

PHYSICAL ACTIVITY

Any kind of active physical exercise is incompatible with feeling depressed. Generally when the activity requires concentration and strategy in addition to physical movement, the effectiveness will be even greater. But activities you do alone that don't require much concentration are also perfectly acceptable.

Solitary physical activities can include walking, jogging, working out in a gym, swimming, bicycling (stationary or moving), aerobics, dancing, jumping rope and rebounding (miniature trampolining), as well as many others. Since depression usually

involves a turning down of your internal metabolic setting, activities that generate the "aerobic effect" of accelerated heart rate and increased oxygen intake will also serve to give your metabolic rate a jump start.

SOCIALIZE AND GENUINELY LISTEN TO OTHERS

Research on depression shows that when you are in a down mood you will be likely to withdraw from social contact, focus thoughts and attention on yourself and your problems, and become preoccupied. You probably know this about yourself and that is why you feel that you can't be "good company" if you go out when you are feeling low.

But the Incongruity Principle suggests just the opposite: When you feel down, go out and socialize. Don't permit yourself to

•See DEPRESSION Page D2

Looking good

Men's fashion begins regression to '30s, '40s

Los Angeles Daily News

LOS ANGELES — As the new '90s loom on the horizon, the menswear featured in the Men's Fashion Association shows held here recently has undergone past-life regression.

A host of menswear designers has revived the mood and looks of the '30s, '40s and '60s in spring '89 fashions. Though we are rapidly approaching the 21st century, ultrafuturistic design concepts, such as uniforms for the mass population imagined by costume designers in previous decades, seem as distant as condo developments on Mars.

Silver-screen stars such as Cary Grant and Ronald Colman popularized the three-button suits that are now back with a vintage vengeance. Many feature the double-breasted jackets with slightly extended, sloped shoulders reminiscent of clothing worn by the elite dapper set in this Great Depression decade.

The most important retro-style element revived from the '30s for

contemporary wear is the shape of spring's suits. So closely related are the suits of the '30s and late '80s that menswear manufacturer Hickey Freeman reintroduced pinstripe suit originally designed in 1935. The suit jacket featured broad shoulders and a no-vent treatment. The pants ride higher in the waist (sometimes referred to as a Hollywood waist). The thigh area of the pants is wide and full and tapers gradually toward the ankle for a more draped, elegant look.

The Eisenhower jacket, popularized by Ike and later by actor Robert Mitchum, is also back, rescued from '40s obscurity. For spring, it is quite frequently paired with cuffed pants in a matching or harmonious fabric and an interesting tie.

The cardigan sweaters, worn in many '40s films by Bing Crosby and Fred Astaire, appear for the '80s with crests, wide stripes or in sophisticated solids.

The unique patterned ties from the '40s have also been given a new lease on life. Free-spirited designs with dimensional effects or geometrics in unusual colors characterize the new designs.

Sixtiesomething inspirations are evident in sportswear. Peace signs emblazoned on T-shirts capture the mood of the socially conscious '60s. Electric colors such as lime

•See LOOKING Page D2



Generous shoulders, peak lapels, two-button closure mark modern tailoring

Quick takes

Study: Writers, alcohol do mix

The image of the writer with a glass of alcohol in his fist is a common, almost romantic vision of the American novelist. But do writers really sip an abundance of booze? Psychiatrist Donald W. Goodwin, M.D., says there is evidence suggesting this is true. And he has written a book about it called "Alcohol and the Writer."

"Of the seven American Nobel Laureates in literature; four of them — Sinclair Lewis, Ernest Hemingway, Eugene O'Neill and William Faulkner — were clearly alcoholic and a fifth, John Steinbeck, was probably alcoholic. Five of seven, 71 percent, is a pretty high rate of alcoholism, surely the highest rate in any precisely-defined group known to exist," Goodwin told American Medical News. "When you add all the other 20th-century writers who were alcoholic you have an epidemic."

Why does he think this occurs? While history tells of the psychological profiles of each of the writers is unique, one thing they had in common was their profession. Goodwin suggests that this may be the common link, and that writing and booze make understandable bedfellows.

"Writing is a form of exhibitionism; alcohol lowers inhibitions and prompts exhibitionism in many people. Writing requires an interest in people; alcohol increases sociability and makes people more interesting. Writing involves fantasy; alcohol promotes fantasy. Writing requires self-confidence; alcohol bolsters confidence. Writing is lonely work; alcohol assuages loneliness. Writing demands intense concentration; alcohol relaxes."

Goodwin, who has spent 20 years studying alcoholism, does not suggest that drinking alcohol is a constructive endeavor, only one that is in some ways not surprising for a writer.

He concludes: "Creative writing requires a rich fantasy life; loners have rich fantasy lives — the ultimate loner is the schizophrenic who lives in a prison of fantasy. Alcohol promotes fantasy."

Brains, muscles use energy well

Smart brains may have something in common with fit muscles. Both use energy efficiently, according to Self magazine. Using scanners to measure the brain's use of radioactively tagged glucose "fuel," scientists saw that the brains of those who had the highest scores on the tests used less glucose, breathing through their pores like world-class marathoners. In contrast, the brains of those whose scores were low guzzled fuel like a '63 Chevy. Could brains be trained to be more efficient? The study was by researchers at the University of California at Irvine.

Diabetes pamphlet now available

Questions about diabetes? A pamphlet published by the American Diabetes Association offers tips for diabetics on how to live a healthier life through proper diet, exercise and good living habits. To receive a free, four-issue subscription to the newsletter, Diabetes '89, write to: Diabetes '89, American Diabetes Association, 1660 Duke Street, Alexandria, Va. 22314. Or call the toll-free number, 1-800-ADA-DISC. In Virginia and metropolitan Washington, D.C., call (703) 549-1500.

To do for you

To Do for You is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, 83303, or deliver to our office at 132 Third St. W.

Sign language class begins today

JEROME — A beginning and intermediate sign language class will be held today at 6:30 p.m. for beginners and 7:45 p.m. for experienced signers. Students will learn basic communication skills, vocabulary and expressions used by the hearing-impaired. Libby Baker is the instructor. A minimum of 10 participants are required before each class can begin. To register, call the Jerome Recreation District at 324-3389. The fee is \$7.50 or \$10 for out of district residents.

Senior exercise class begins today

SHOSHONE — Golden Years Senior Citizens Center will begin an exercise class today at 9:30 a.m. Lenore Grieve will be the instructor.

MVRMC offers child safety class

TWIN FALLS — The Magic Valley Regional Medical Center will sponsor a free seminar focusing on accident prevention and child C.P.R. Instruction at 7:30 p.m. today in the hospital cafeteria. The seminar will be led by Dr. Paul Miles. For more information call Kris Ras at 737-2430.

C.P.R. class to meet today

TWIN FALLS — Quality Home Care Services will sponsor C.P.R. classes today and Tuesday from noon to 3 p.m. Cost is \$5 per person. Call 734-2225 to register and for directions.

St. Benedicts offers prenatal class

JEROME — St. Benedicts Family Medical Center will offer a prenatal class on the subject of labor and delivery and common variations; delivery procedures and practice exercises on Tuesday at 7:30 p.m. Cost is \$4 per couple per class or \$24 for the series of six classes. For more information call Gayle Goodin, R.N. at 536-6663.

ShopKo sponsors cholesterol test

TWIN FALLS — ShopKo Pharmacy will sponsor a cholesterol screening on Friday and Saturday from 10 a.m. to 6 p.m. The test will be performed by a medical technician via a blood sample. Fee is \$6 and results are available in five minutes.

Jerome sponsors aerobics for kids

JEROME — The Jerome Recreation District will sponsor a mini aerobics class for kids second grade through the sixth grade and will be instructed by Sue Homan. Class is scheduled to begin when 10 participants have registered and will be held at the Martial Arts Center, 206 E. Main St. Sessions begin at 3:15 p.m. for second-through fourth-graders and 4 p.m. for fifth- and sixth-graders. Classes will be held twice a week for six weeks. The fee is \$6. To register please call the Jerome Recreation District, 324-3389.

Seniors aerobics class meets

JEROME — An aerobics class for senior citizens will be held at 11 a.m. on Tuesday and Thursday at the Jerome Senior Citizens Center. Fee is \$10 per six-week session. Pre-registration is necessary by calling the Jerome Recreation District at 324-3389. This next session will begin March 20.

Simple precautions, medication can ease painful ears if flying

WASHINGTON (AP) — Do your ears hurt when your jetliner starts descending for a landing? Here are some tips from the nation's ear, nose and throat doctors to relieve the discomfort:

- Pop your ears to equalize the pressure. Pinch your nostrils, take in a mouthful of air and, with your mouth closed, use your cheek and throat muscles to force the air into the back of your nose "as if you were trying to blow your fingers off your nose. When you feel a pop in your ears, you may have succeeded," said Dr. Robert Schindler of the American Academy of Otolaryngology and Head and Neck Surgery.

- If necessary, repeat the procedure several times, but stop if it hurts.

- Try swallowing and yawning to activate the muscle that opens the eustachian tube.

Looking

- Continued from Page D1

green reappear in cardigan sweaters, batik prints add ethnic interest to shirts, and the smiley face enjoys a popularity not seen since the "Have a nice day" lampshade stickers disappeared from view.

By borrowing the best of the past, and updating it for today's man, menswear designers have actually made possible very fresh, highly individualized forms of dress. Here are some examples:

For George Bush and the classic crowd: It might be tough to get President Bush, a Yale graduate, Delta Kappa Upsilon alumnus and a perfect size 42, to put on a ventless jacket, but one can only pay he might consider this flattering alternative to the smug vest. Bush followers may have already noted that he wears cuffs on all his pants, so there may be hope for presidential fashion advancement.

Since the white dress shirt still an IBM mandate is back in fashion following a short hiatus, conservative types bent on the borrowed-from-Bush look will be trendy even as they lean toward the

connecting the back of the throat with the middle ear. Chewing gum or letting mints melt in your mouth will help you swallow more often.

- Avoid sleeping during descent. You may not swallow enough to keep up with pressure changes if you are asleep.

- If you have allergies, take antihistamines at the start of the flight or a decongestant pill or nose spray an hour or so before descent.

Schindler said the medications will help your ears pop more easily, but they shouldn't be used by people with heart disease, high blood pressure, irregular heart rhythms, thyroid disease or excessive nervousness.

If your ears fail to open or pain persists after landing, you may need to consult your ear doctor, he said.

safety style zone.

Gray, a notably conservative color, is also back in fashion.

Sportswear with the classic stamp of approval centers around the traditional crested or logo-emblazoned cardigans and jackets, a quintessential fraternity-man look.

For spring, suspenders remain high on the list of stylish accessories, but only when worn without a belt to avoid redundancy.

Those with interesting patterns are the most noteworthy. Perry Ellis Furnishings offers a navy blue shirt with playing cards scattered helter-skelter. Especially new are the suspenders with the fringed, clip-on fasteners, like the ones designed by Bill Blass.

Ties and pocket squares, the pieces de resistance and color enhancers for the gray-sued executive with creative style, look newest in the season's white-hot color palette.

Another new item the moderately trendy businessman would do well to consider is the muted lilac dress shirt, offered by Valentino Uomo, Gant and other shirtmakers.

Study: Questions balloon therapy for heart

By The Washington Post

In a study with far-reaching implications for the routine treatment of heart-attack patients, researchers have found that the immediate use of special balloons to force open clogged arteries is unnecessary in the vast majority of cases if the patient is treated with a clot-dissolving drug.

Most heart specialists have assumed that the balloon treatment, an expensive and increasingly popular procedure called balloon angioplasty, should routinely follow the use of drugs, such as TPA, that dissolve the blood clots that cause most heart attacks.

But in a study of 3,262 heart-attack patients that is expected to transform the standard treatment of the nation's leading killer, researchers at medical centers across the country found the extra measures were rarely needed. Half of the randomly selected patients

were treated solely with the clot-dissolving drug TPA, while the other half was given TPA followed by angioplasty.

The results, reported in Thursday's issue of The New England Journal of Medicine, showed that for most people adding angioplasty was no better than relying on the less complicated and less costly drug treatment.

"This is really the first big study to show that angioplasty might not be necessary at all," said Eric J. Topol, a leading heart specialist at the University of Michigan and one of the study's investigators. "Most research seems to show that things are more complicated and expensive than we thought. This shows the opposite. It's a big message for physicians."

An editorial in the journal calls the results a "giant step forward in our understanding" of how to treat heart attacks. Heart attacks kill nearly 500,000 people in the

United States each year. American hospitals were expected to perform more than 250,000 angioplasty operations this year, according to the American Heart Association. Last year the figure was 200,000, up sharply from 32,000 in 1983.

Clot-dissolving drugs have emerged in the past two years as the most effective new treatment for heart attacks in decades, especially if given within a few hours of the attack. But until this study, most heart specialists thought the drug simply bought time until they could determine the clot location in the artery and perform an angioplasty.

In an angioplasty, the cardiologist puts a flexible hollow tube through the skin and into arteries, snaking it toward the blockage near the heart. Then the doctor inserts a thinner tube with a balloon on the end. As it is inflated, the balloon crushes the fatty obstructions that cause heart attacks.

Depression

• Continued from Page D1

widowed and become isolated. Seek the company of other people, preferably others who are in good spirits and whom you typically enjoy when you are in a good mood. Do this even at work if possible. Find a reason to go talk to some colleagues about a project or set a lunch date to be with some friends or co-workers. Accept social invitations and initiate invitations on your own.

It is vitally important for you to be outgoing and interested in other people if you want to reverse your blue moods with D.I.B.s. Do not use your time with other people to cry to them or complain about your low mood and problems. This completely defeats the purpose of seeing the company of others as a D.I.B. Instead, be a genuinely good listener. This means that you will ask questions of others and try to stay focused and concerned about their responses.

ALTRUISTIC D.I.B.s
Depressed people also avoid giving assistance to others or even being friendly. By doing the opposite, you will be invoking the mood-altering effect of a D.I.B.

A number of altruistic opportunities are available to you each day. Going out of your way to assist a stranger or doing something thoughtful and considerate for a friend are examples. Joining and become actively involved in a charitable organization is not only altruistic, but also involves the bonus of socializing.

The truth is that doing nice things for other people makes you feel good about yourself. And feeling good about yourself is anathema to

depression. Don't wait until others ask you to do a favor. Try to anticipate what somebody with whom you work, or a friend or someone in your family might need or just really like.

COMPLIMENTS, PRAISE AND AFFECTION

Of special importance in the categories of kindnesses you can give to others and to yourself are compliments, praise and physical affection. Once again, research shows that people who are depressed are less likely not only to praise themselves but to give praise to others. And depressed people withhold compliments and physical affection.

PLEASURABLE ACTIVITIES

When you are depressed, your activities generally consist of a disproportionate number of things you have to do but that are not enjoyable, pleasant or positive for you. These include household chores, errands or perhaps work projects. This is because you feel as though you have limited energy and you had better spend what you've got on what you absolutely have to do.

In addition, since you feel underserving and low, you won't tend to allow or permit yourself to seek out pleasurable things to do. In fact, if you get the blues a lot, you probably do not have enough sources of pleasurable activity in your current life-style.

Begin composing a list of positive, pleasurable activities. Some of the other D.I.B.s just mentioned, such as physical sports or exercise, socializing, and doing nice things for yourself, may be included on your list. Write down at least 25 activities

that you think would give you pleasure.

The activities need not require a great deal of time. Some items on your list, in fact, should require very little time, less than 15 minutes, to accomplish. Others might require advance planning time and several days or even weeks to accomplish, such as going on a vacation or out on the town for a series of entertaining Saturday nights in a row.

The important thing is that you (a) know what kinds of things give you pleasure; and (b) that you do at least five pleasurable activities per week, and even more if possible.

DIVERSION AND DISTRACTION TECHNIQUES

A number of other mental diversionary techniques can serve as behaviors incompatible with rumination and depression.

Crossword puzzles, computer games or new programs or just balancing your checkbook requires a level of concentration that makes worrying about your mood or problems temporarily impossible. Other hobbies, such as gourmet cooking from relatively complicated recipes, needlepoint, knitting, sewing and others are effective diversionary tactics for depressive rumination because of the measurement, concentration and counting involved.

"Escape" entertainment such as movies, plays or fast-paced books are effective mental diversions. Listening to radio or television talk shows or focusing your concentration on audiotapes of books, self-help programs or foreign-language self-instruction are also excellent for diverting your mental energy from your own problems.

Study finds pesticides may threaten children

The Los Angeles Times

WASHINGTON — At least 3 million preschool children around the nation face an "intolerable risk" of cancer from the residues of eight pesticides found on fruits and vegetables, according to a two-year study released recently by a leading environmental group.

The study by the Natural Resources Defense Council charges that federal and state regulations do not provide adequate protection for preschool children, whose diets generally contain a higher proportion of fruits and vegetables than adults at an age when they are particularly susceptible to cancer-causing chemicals.

"Our nation's children are being harmed by the very fruits and vegetables we tell them will make them grow up healthy and strong," the report concluded. Current regulation of pesticides fails to protect the preschooler.

Representatives of the Natural Resources Defense Council have threatened to file a lawsuit within a week unless the Environmental Protection Agency agreed to revise its regulations governing the use of some 300 pesticides.

But federal and state officials as well as agricultural groups strongly defended the safety of the food supply, contending that existing laws provide sufficient protection for

all consumers.

In a statement issued before the NRDC report was officially released, EPA acting deputy administrator John Moore said flatly: "Food containing legal levels of pesticide residues is safe for people of all ages. In fact, the food supply of the United States is among the safest in the world."

According to the NRDC study titled, "Intolerable Risk: Pesticides in our Children's Food," between 5,500 and 6,200 children under six may get cancer sometime in their lives because of their exposure at this age to the eight pesticides identified in the study.

The study said that the most dangerous of the chemicals is dieldrin, also sold under the name Alar and sprayed on apples to delay ripening. For children who consume large amounts of apple juice and applesauce, the pesticide can cause one additional case of cancer for every 1,000 children — a level 500 times the accepted federal safety standard, the study said.

However, Jim Wells, a spokesman for the California Department of Food and Agriculture, countered that the study's figures were "just irresponsible fear-mongering." He said an analysis of dieldrin conducted by the state indicates that the risk of cancer is less than two in 10 million — well above the federal safety threshold of one in 1 million.

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Readers comment on cheating live-in boyfriend

DEAR READERS: I received a letter from a woman signed "Feeling Rotten," who was beside herself with guilt because while visiting her best friend in another city, her friends live-in lover came to her bedroom in the middle of the night and she let him make love to her. She admitted that she responded positively, adding she hopes she's not pregnant because they used no protection. "Feeling Rotten" asked me if she should tell her friend about what took place. I aired the pros and cons, then asked my readers how they would vote.

So far, it's a dead heat — and the letters are still coming in: Some responses from readers who say Tell!

DEAR ABBY: "Feeling Rotten" should feel rotten, because she is rotten to the core. She must have given her best friend's live-in lover some kind of encouragement — flirting, body language, eye signals to let him know she could be had — or he never



Abigail VanBuren
Dear Abby

would have had thechutzpah to come to her bed in the middle of the night. Yes, she should tell her friend what kind of bum she's living with. It will probably be the end of their friendship, but if she keeps quiet and her friend marries this heel, it could be the worst mistake of her life.

— BEEN THERE IN WILMINGTON, DEL.

DEAR ABBY: "Feeling Rotten" should tell her friend immediately. Also, both she and her friend should be tested for AIDS. If they test negative, they should be tested again in six months. And it goes without saying that

the sleepwalking boyfriend should also be tested.

— AN M.D. IN THE BRONX
DEAR ABBY: "Feeling Rotten" should tell! How I wish someone had told me what a louse my husband was. He was in his last year of medical training and it was accepted that his hours were erratic and his schedule flexible. Finding out from a phone bill with a list of 15 of the same numbers from a different city was the most agonizing revelation I had to face. He swore he'd never do it again. But he did. If only a friend had told me. I later learned that everyone knew it but me. We are still married and are reasonably happy, but I'll never be able to trust him. We have two fine children, which is the cement that has held us together.

— NO NAME OR TOWN, PLEASE

DEAR ABBY: Here's what I would tell Miss Feeling Rotten: Tell your friend everything — exactly the way it happened —

then accept the consequences of your friend's reaction. If your friend is so hurt she no longer wants you for a friend, then so be it. I hope you realize that your friend is feeling twice the pain from having been betrayed by both her best friend and her lover.

— PAUL IN PHOENIX
DEAR ABBY: I went through exactly the same thing. Feeling Rotten experienced, only I cheated with my best friend's husband. When I finally couldn't stand the deceit anymore, I confessed. Do you know what she told me? What took you so long? It's been all over town for months.

— FORMERLY EASY IN PHILLY
DEAR ABBY: This happened to me. Only I was married at the time. My wife had a younger sister who spent the night with us. One night my wife went to bed early. Sister and I stayed up to watch television. She said her back ached, so I rubbed her back. One thing led to another, and we ended up in bed.

We both felt so guilty, we went to my wife together and told her what had happened, and promised it would never happen again. She was hurt, but she forgave us, and we all put it behind us. Everything is better out in the open. Today, I have no desire for the sister — nor she for me. (She's married now.) Confessing took the romance out of it.

— NO MORE GUILT IN VERMONT
DEAR ABBY: Why are you surveying your readers about something that has only one answer? Of course Feeling Rotten should tell her friend that the man she's living with is sleeping around. Women should stick together. Why keep quiet and protect a cheater? Since it takes two to cheat, they are equally guilty. Those two unprincipled dimwits deserve each other.

— CHICAGO SCHOOLTEACHER

TOMORROW: Letters from readers who say, Don't tell.

Inconsiderate doctors tend to overschedule patients

By LAWRENCE MEYER
The Washington Post

WASHINGTON — The appointment was for 9 a.m. on a Friday. I did it that way deliberately because I wanted minimum disruption of my work day and because, I figured, if I was there at the start of the doctor's day, I wouldn't have to wait. Wrong.

I arrived at 9 on the button, a little surprised to find that the waiting room was full. The other patients, I soon found out, also had appointments for 9 with the same doctor. Either he was omnipresent, or some of us were going to be kept waiting.

He was not. I found out, omnipresent.

I was asked to fill out the form, which asked only for financial information — whatever was bothering me was apparently less

Perspective

important than what kind of health-insurance coverage I had. That took two minutes.

Then I waited. At 9:15, my name was called. Not too bad, I thought. But it was only an assistant waiting to know my social security number. I waited some more, thumbing through a Life magazine. At 9:35, another assistant called me, showed me back to a room and after a few perfunctory questions about my problem — my knee had been bothering me for four weeks — she told me to take off my pants, put on the blue paper gown she gave me and closed the door behind her as she left me alone.

Luckily, I had brought the Life magazine with me. At 9:50, I made a command decision. If the doctor wasn't there by 10, I wouldn't be there either. I read some more. At

10, I took my pants off the hook, pulled them on, slipped off the gown and left.

Now, granted, if my problem had been more severe, I might have stuck it out, despite having spent an hour of my time waiting for a doctor who, for all I know, wasn't even in the office.

No one, after all, had had the courtesy to come tell me that the doctor was running late or to acknowledge that I had been kept waiting. Apparently, they don't do that sort of thing in doctors' offices.

If the patient inquires or complains to the receptionist about the wait, the response is usually indignant, as though a favor is being done for the patient. It isn't an audience.

Why? Why, I asked myself, are patients treated this way? Why is it

necessary to schedule so many patients at the same time when experience tells the doctor — or whoever is doing the scheduling — that the doctor can't possibly see them all at that time? Why not spread them out so that waste of patients' time is minimized?

I know that physicians go to school for many years, spend more time in residency and developing a specialty. I know that their time is valuable.

But isn't a patient's time worth something?

When I called Dr. X's office later to ask if they customarily overschedule patients, I was told to speak to the office manager. She said there was a "scientific reason" behind the scheduling. Three return patients are scheduled along with one new patient. She said that filling out forms, which took less than five minutes in my case, is one reason

why new patients are brought in early. But the office manager was baffled as to why I was kept waiting an hour.

I want to believe her, but I'm skeptical that it's unusual for a patient to be kept waiting that long. When I was starting to look around for a physician to see about my knee, I decided immediately not to return to one I had seen in the past because he customarily runs half an hour to 45 minutes late. "That's standard," another patient told me. Doctors, he said, customarily overschedule themselves.

Why? I think the answer has nothing to do with patients and their inconvenience, and everything to do with the doctor and his (or hers). The doctor knows that the patient is in pain or anxious about a medical problem. Therefore, the patient will wait. Doctors aren't fools. They

value their time. If they keep you waiting, so what? Better you should wait for them, than that they should have unfilled time during the day because maybe a patient didn't show or an appointment took less time than anticipated.

Precious few physicians treat patients like consumers or — excuse me for introducing the crass suggestion of money into the doctor-patient relationship — like customers. Service isn't their middle name. One reason why it isn't is because we don't demand it and they know we won't. The doctor and the staff know we will sit there and take it because we hurt or we're worried. And that situation creates a seller's market. We're talking here about power, and power breeds arrogance.

I could feel good limping off after wasting an hour waiting for Dr. No-Show. I felt, for the moment, victorious and independent. I had made my statement. But life seldom affords such clean-cut outcomes. I hope I get better. But if I don't, I'll make an appointment with another doctor. I know what will happen: I'll rush to get there on time, and I'll wait, and wait and wait and...

Lawrence Meyer writes for the Washington Post.

Play therapy helps researchers understand kids

By the Los Angeles Times

In a class that tries to help children develop creativity by encouraging them to fantasize, Michael, 3, decides to open a restaurant, dictates a menu and makes play money with his teachers, who hang a sign: Michael's Restaurant.

At a Los Angeles hospital, an orthopedist puts a cast on a teddy bear and tells its young owner that he will wear a similar dressing after surgery. The child, relieved, takes the toy into the operating room and adjusts easily to his cast.

Therapists nationwide are expanding the uses of play to learn more about children and to help them overcome their problems.

Although experts have studied children's play for decades, they say that they now are solving youngsters' problems faster and more thoroughly by using toys, art and other such objects. They are exploring techniques that go far beyond aspects of therapy and children's play that have become familiar to the public, practices like the controversial use of dolls in sexual molestation trials.

"We are reshaping well-known play methods to new areas," said Judith Wallerstein, a clinical psychologist.

Charles E. Schaefer, a clinical psychologist and co-founder and director of the Association for Play Therapy in Yonkers, N.Y., agreed, saying: "We are setting the stage so the child can go right to what's bothering him."

Spencer Eth, a psychiatrist at the University of Southern California and the University of California, Los Angeles medical schools, said that one prominent advance in treatment employs techniques of play therapy to help children involved in traumatic incidents, including wars.

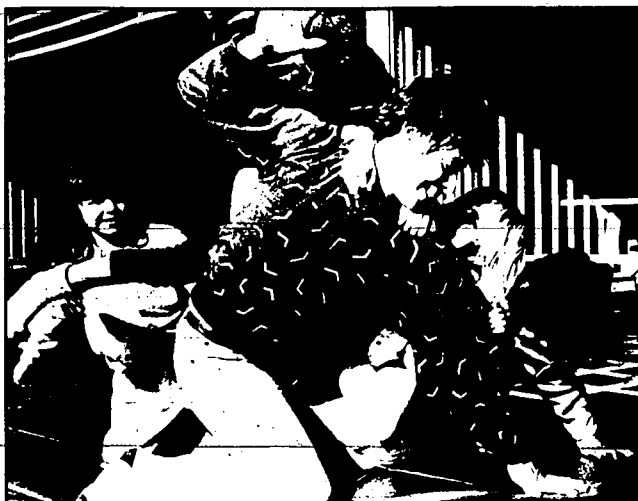


Photo courtesy of LOS ANGELES TIMES

Rick Porter encourages roughhousing between children at his California day care center earthquakes, kidnappings, car accidents, incest or rape.

"In the past," he said, "someone might have said that what's best is to help a child forget the trauma. We now know that the most important thing is not forgetting — it's helping a child master his fears. That requires working it through with play repeatedly until a child feels more in control of his memories about the experience."

Much of the initial research on play and childhood trauma was conducted relatively recently by Lenore Terr, a psychiatrist at the University of California, San Francisco.

Terr studied 26 students kidnapped from a Chowchilla, Calif., bus in 1976 and buried alive in a truck trailer for 16 hours. Terr interviewed the students five months after the kidnapping and again four to five years later. She decided that play

was the key to treatment. "Let's say a little girl is bitten by a dog and takes the toy dog in my office and says it is going to bite this toy child," she said. "Then I say to the girl that this toy child is very scared."

"The little girl tells me that the bite was the toy child's fault. And I say how could it be her fault? We discuss it, and I find out that this little girl feels guilty that she was bitten by the dog and has taken responsibility for it."

"Then I have two choices: I can stay inside the play and say that little toy girl is making herself feel bad for what the toy dog did. Or I can say directly to her that you made yourself feel bad for what Bower did to you. Both of those options are therapeutic."

Terr said that in merely stressful situations, such as when youngsters receive a bad grade at school or must visit the doctor, "children under 12 tend to work the situation through by mimicking it in play about three or four times."

But when they are traumatized, their play differs notably. "It's grim, monotonous and repetitive," she said.



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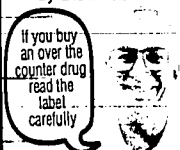
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Manage anger to maintain open communication

Managing anger — your child's anger AND your own — could be one of your biggest challenges as a parent.

Maybe your child doesn't get the dessert, or he wants to go to bed. Or maybe he doesn't want to make his bed. Or he gets ready for school. Or to do his homework. Suddenly he's angry.

If it was just anger, you could probably handle it, but maybe your child yells, his sasses, swears or just downright disobeys you when he gets angry. And that makes you angry.

Now what? If the scenario plays out, there could be two people yelling, hitting, verbally jerking each other around — two people — when the conflict is over — reduced to emotional rubble.

So how can you prevent situations such as these from getting out of hand? Try these strategies:

- First make a commitment to control your anger. Opting for control is a good choice because kids imitate the way they see people near them expressing their anger. Your anger patterns will most likely become your children's anger patterns.
- Pay attention to how often you are tired, irritated, in a bad mood, worried, or overworked and then get grouchy with your children. You may consistently respond to



Jo Ann Larsen

kids with impatience, a short temper, or a sharp voice and still expect them to move meekly in the direction you'd like. If so, take charge of your own responses so you don't encourage the anger and resistance you're trying to eliminate in your kids.

- Let your children know when you've momentarily succeeded in containing your temper. Point out, for example, that you usually get mad when you see muddy tracks going across your kitchen floor (probably the ultimate temper test) but this time you are not yelling and/or mangling kids. (Then, tongue-in-cheek, emphasize you won't turn into the Wicked Witch of the West if they hurry and clean up the mud!)
- Ask kids to tell you when they spot instances in which you're managing your frustrations more effectively than in the past. They'll love it, and if you're really working on containing your anger, you'll get some good feedback that will reinforce your growing self-control.
- Apologize when you lose your temper or

are heavy-handed. Or, even better, apologize when you make that first caustic, critical response (which will help keep a situation from escalating). It is vital that kids learn to say I'm sorry when they've wounded other people — but they probably won't learn this unless they see you or other significant people in their lives apologizing.

- Talk to your child privately about typical situations in which one or both of you become angry. Do this when things are calm and there are good feelings between you. Describe the child's usual responses and your own. If you contribute to the problem, talk about ways you're going to change your behavior. Ask your child to think of things he can do to control his anger and help the situation.
- As an incentive, you may want to create for your child some type of temporary reward program for anger control. For example, offer for the next week to give him a dime for some other small attractive item) every time you notice (or he reports to you) he has controlled his temper instead of losing it. (The price, of course, goes up for teenagers.)
- Together decide on a code word like "truce" or "time out" that you can use any time things get heated. This will give you

both a chance to bring yourselves back into control and you can then deal with the problem. Don't let situations escalate in their usual manner — it won't serve any purpose.

- Frequently point out to your child instances in which he managed anger and coped with frustration in effective ways. Say, for example, "Sometimes I have seen you get really angry — even slam down your books — when you couldn't do a math problem. Tonight you're showing more self-control. Frankly, I'm impressed."
- When you begin to see progress, point out the child's growth and prophesy he is on his way to becoming a person who can control his temper and manage even angry feelings in a positive way.
- When you see younger children in the throes of a temper tantrum, regard them as being "stuck" rather than "bad." Children have a tendency to shift to "automatic pilot" when they're angry and then have difficulty getting out of that mode. Instead of losing your own temper, think about how you can help children become "unstuck." This may mean calmly and with dispatch putting a child into his room for a short time-out. Or, doing something unexpected to distract the child. Or even reaching out and holding the

child close to you until the mood passes.

- When you need to express anger, select in advance words that don't wound but that let your child know you're angry. Think ahead — what are my options? Instead of dripping raw anger, you can state a rule, assert your values, give choices, or describe a problem.
- When your child gets angry, hear him out. Help him to get to the feelings that underlie the anger: frustration, disappointment, resentment, fear, jealousy, hurt, embarrassment. Try to restore good feelings in the relationship instead of simply punishing him because you don't like his behavior. Remember that you may have inadvertently contributed to any problem he may be having with you.
- Let your child know it's okay to feel angry but it's not okay to express that anger in a hostile way — It's important we both treat each other with respect even when we're angry.
- When things are calm, talk about positive rules for expressing anger and then make sure you both follow those rules.

JuAnn Larsen is a Salt Lake City marital and family therapist. Her column appears every Monday in Reach.

Middle-age spread can be controlled with proper diet, exercise programs

By JUDI SHEPPARD MISSETT
Los Angeles Times Syndicate

Bodylessons

Middle-age spread is common, it is not inevitable. It typically shows up on men in their stomachs and on women in their hips and thighs. Even people who maintain their weight will see more fat and less muscle as they reach middle age.

The causes of this undesirable

condition are many, including lack of exercise and bad eating habits. The main reason is reduced basal metabolic rate (BMR). That is the rate at which the body uses energy at complete rest. The body uses varying amounts of energy throughout a lifetime. The peak

periods are during childhood and puberty, when the body is growing and developing. As a mature adult, the body needs less energy, which means fewer calories are needed.

Eliminating middle-age spread requires a combination of efforts, including a reduction of calories and an increase in exercise. Any increase in activity increases the body's need for energy. This results in an increased total metabolic rate and more calories burned.

If you're new to exercise, start slowly and gradually work up to more intense exercises. Always give your body a warm-up. And make it fun. Put on one of your favorite songs, then try warming up by rocking side to side.

Stand with your feet fairly wide apart, toes angled outward slightly. Find the beat of the music then make a small lunge to the right by leaning to the right while the right knee bends. Shake your arms gently to the right and even try snapping your fingers.

Then reverse the rocking lunge to the left. Alternate sides for 30 repetitions. Then repeat as desired, or combine with other movements for a warm-up that lasts about 5 minutes.

You are now ready to proceed with a more intense workout, a workout that seems "somewhat hard" to "hard" to you. Remember to include a cool down period at the end of your workout.

Judi Sheppard Missett is founder and chief executive officer of Jazzercise, an international aerobic-dance instruction company. Bodylessons appears every Monday in Reach.



Photo courtesy of LOS ANGELES TIMES

Ju J. Sheppard Missett demonstrates a warm-up exercise.

Experts find anxiety center in brain

By The Washington Post

Panic and anxiety are familiar feelings. Now scientists think they have identified where in the brain these feelings originate.

Using positron emission tomography (PET scans) to measure blood flow in the brain, a way of pinpointing regions of brain activity, scientists from the Washington University School of Medicine in St. Louis found that the bilateral

temporal poles (roughly in front of the ears at the temple and behind the eyes) "light up" when volunteer subjects are warned that they will receive a painful electric shock to their hand sometime in the next two minutes. The volunteers never really get much of a jolt.

But in the 40 seconds before the shock, the subjects suffered anticipatory anxiety, enough to provide a significant clue to the anatomical origins of those feelings.

Common cold

Body chemical may lure virus away from nose

BOSTON (AP) — A newly discovered body chemical may be able to lure the common cold virus away from its targets inside the nose, offering the possibility of the first medicine to prevent the sniffles, scientists said Thursday.

The research helps unravel the strategy used by rhinoviruses — the culprits in about half of all colds — to get into the cells that line the nose and begin the all-too-familiar bouts of hacking, sneezing and sniffing.

While the research provides clues for developing ways to prevent the common cold, scientists caution that such treatments are still years away. Even if they prove effective, they will only work against the rhinoviruses, not other cold viruses, and probably won't cure colds once they start.

"This is not a cure. It is a scientific step," said Dr. Michael E. Kramark of Molecular Therapeutics, one of two research groups that simultaneously made the discovery.

The two teams provided the first detailed descriptions of the rhinovirus receptor, the minuscule spots on cells where rhinoviruses attach themselves.

Researchers speculate that by flooding the nose with synthetic copies of this natural molecule, it should be possible to hopelessly confuse attacking viruses, luring them away from susceptible cells. A similar strategy is being tested against AIDS.

Scientists said the approach to preventing cold infections succeeds in the test tube but has not been tried on people.

"If it works, it would be very exciting," said Dr. Richard Crowell, a virus researcher at Hahnemann University School of Medicine in

Philadelphia.

Reports on the two teams' conclusions were published in Friday's issue of the journal Cell.

One study was conducted at the Harvard-affiliated Center for Blood Research in Boston and Boehringer Ingelheim Pharmaceuticals in Ridgefield, Conn., and the other at Molecular Therapeutics of West Haven, Conn., part of Miles Inc., a pharmaceutical company.

It is clearly feasible to develop a treatment based on what we have learned," said Dr. Timothy A. Springer of the Center for Blood Research. He described the work as "an important scientific breakthrough."

Springer said his group already has produced a soluble form of the virus receptor but is attempting to develop a version that will be even more effective as a virus-fighting drug.

Experts predicted that such a treatment probably would be used as a nose spray or drops. Since it would be impractical — and probably expensive — to use the drops daily, people might take the medicine when they are especially worried about getting colds.

For instance, parents might take the treatment to protect themselves when their child brings home a cold. Or an athlete might use it to keep from catching a cold before an important game.

"Whether it would cure a cold once it started is not clear," said Springer. "I doubt it. It might help a cold clear up more quickly."

Springer has worked for several years on a structure on the surface

of cells called intercellular adhesion molecule-1, or ICAM-1. This protein is the receptor that white blood cells use to hook themselves onto the body's tissues.

THE LIGHT TOUCH

by Curtis Smith



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ANNOUNCE

The association of JEFFERY P. JENSEN, who holds a Masters Degree in Communicative Disorders and a Certificate of Clinical Competency in Audiology from the American Speech & Hearing Association. In addition to clinical audiology and hearing aid services, Mr. Jensen specializes in industrial audiology and hearing conservation, brain stem audiology, testing of disorders of equilibrium and balance, and computerized insertional gain fitting of hearing aids. He has extensive experience in evaluating hearing disorders in children, the assessment of environmental noise injury, fabrication of hearing protection devices, and provision of assistive listening devices.

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