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The Times-News

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Monday, December 4, 1999



George Bush gestures to Mikhail Gorbachev during their joint statement Sunday.

Bush, Gorbachev see gains as superpower summit ends

The Associated Press

MARSAXLOKK BAY, Malta — President Bush and Soviet Leader Mikhail S. Gorbachev wrapped up two days of superpower summit on Sunday, claiming strides toward a new era of East-West peace...

Congress' reactions - A3

War and enters another epoch, Gorbachev said at an unprecedented joint news conference that marked the end of two days of storm-tossed talks held aboard a Soviet luxury liner...

is, the Soviets' call for cuts in naval forces and American anger at the continued flow of Soviet weapons to leftist rebels in El Salvador...

Gorbachev returning for historic meeting NATO leaders begin gathering in Brussels

The Associated Press

MARSAXLOKK BAY, Malta — Mikhail S. Gorbachev's first post-summit business Monday will be to brief leaders of a radically reshaped Warsaw Pact...

The Associated Press

BRUSSELS, Belgium — Leaders of the NATO military gathered Sunday in anticipation of a first-hand report from President Bush on his Mediterranean summit with Soviet leader Mikhail S. Gorbachev...

During airport remarks, Bush said, "It's an exciting time for the alliance, for Europe, and for America. Tonight we stand at the crossroads of history on a way to Europe, whole and free..."

Lea...quits: Panel to lead East Germany

The Associated Press

EAST BERLIN — Communist leader Egon Krenz and his entire government resigned on Sunday, and a 25-member panel of reformers took over temporary leadership in a desperate effort to rescue the Communist Party...



Egon Krenz speaks to a jeering East Berlin crowd Saturday night.



Party members under investigation, from left, Guenter Mittag, Barry Tisch, Gerhard Mueller and Alexander Schalch-Golodkowski.

"I think (it) is something we should welcome because it's connected with the desire of these peoples to ennoble their societies, to make them more democratic, humanitarian, to open up the rest of the world," he said.

Ex-spymaster, reformist mayor on committee guiding party

The Associated Press

EAST BERLIN — The new committee temporarily guiding East Germany's Communists includes the country's former spymaster, a lawyer for the New Forum opposition group, and several well-known reformers...

committee is Markus Wolf, the retired and respected legendary spy chief, who stepped down in 1982 as deputy minister of state security...

Government: Coup crushed but fighting continues in Philippines

The Associated Press

MANILA, Philippines — Rebel soldiers' battered government troops Monday in Manila's financial district as the forces loyal to President Corason Aquino moved against mutinous holdouts in the fourth day of the attempted coup...

At sunrise Monday, rebel snipers hiding in skyscrapers in the Makati financial district of Manila began firing at soldiers who approached their buildings...

Wood might be victim of cost-cutting in county public defender's office

By KIRK MITCHELL Times-News writer

TWIN FALLS — The county public defender's office, which has won half of its recent felony jury cases, will likely be replaced with a private law firm in hopes of saving money, county commissioners say...

But Wood said he was not told money was behind the commissioners' decision to replace him. "I don't think anyone is being forthright about this," he said...

Wood, who has been public defender since 1985, earns \$35,000 a year. Hepleman said some lawyers have told him that they could provide the service for less than the \$140,000 a county spends on his in-house public defender's office...

Randy Stoker said a law firm he was with had the last private public defense contract with the county in 1979. Commissioners created the in-house public defender's office that year to save money after bids ranged from \$60,000 to \$70,000, he said...

Stuber said his firm can save money by economizing in time spent on cases without harming representation for defendants. The firm already has an \$18,000 contract with the county for cases that pose a conflict of interest for the public defender's office...

Local attorneys familiar with Wood's work said the county will be losing an exceptional public defender's staff. "It puts heart and soul into it," said Twin Falls attorney Monte Carlson, who handled public defense cases between 1970 and 1974...



# Former HUD secretary gave grant to friend

NEWARK, N.J. (AP) — Former Housing Secretary Samuel R. Pierce Jr. reportedly gave a \$350,000 development grant to a friend for two New Jersey proposals that never went into operation, officials said Sunday.



SAMUEL R. PIERCE

According to Housing and Urban Development documents, the 1985 grant was made to a Washington consulting firm, the Center for Resource Development, even though other HUD officials had rejected the award. The New York Times reported in Sunday's edition.

The firm's principal was Samuel P. Singletary, a longtime friend of Pierce. The grant was made from one of two discretionary funds under Pierce's control, the Times reported. Singletary had managed Pierce's two major campaigns for election as a judge in New York City in 1959 and 1960. He told the Times that he had met with Pierce several

times at HUD, but had never discussed the grant. He denied that Pierce had done him a favor. Pierce told the Times through a

lawyer, Robert E. Plotkin, that he did not remember the grant to Singletary. HUD confirmed that there had been opposition to the grant to Singletary's group for the economic development projects in Camden and East Orange, two New Jersey cities with blighted central districts.

East Orange Mayor John Hatcher Jr. told The Associated Press on Sunday that Singletary proposed a commercial project in two abandoned buildings in the city's Ampere section.

"And as far as I understand, they were pretty well set with the project as far as plans were concerned," Hatcher said. But the proposal never went beyond the discussions, he said. Hatcher said most discussions with Singletary and his firm would have been by city planners and that he didn't get involved in technical details or get into a big dissertation with them.

Camden Mayor Melvin "Randy" Primas also said he didn't remember the details but added, "I think I remember the man, but nothing ever happened. We're always getting developers in."

DuBois L. Gilliam, a former Pierce aide who managed the discretionary fund programs, told the Times that Pierce ordered him to give the grant to Singletary even though other HUD officials opposed the grant, arguing that Singletary's group lacked experience.

Gilliam said Singletary had repeatedly contacted Pierce, who "told me he wanted us to help Singletary get some money. He said Singletary was a good guy."

Gilliam pleaded guilty to federal conspiracy charges involving other HUD grants and is scheduled to begin serving an 18-month sentence, the Times said.

# U.S., Japan, W. Germany increase exports in '89

WASHINGTON (AP) — The United States, Japan and West Germany — the world's largest trading nations — all showed a big increase in the value of their exports during the first half of this year compared with 1988, the International Monetary Fund reported Sunday.

West Germany's exports increased from \$159.1 billion to \$169.1 billion; the United States rose from \$157.6 billion to \$182.7 billion; and Japan's went up from \$125.3 billion to \$135 billion, the IMF said.

slightly, from \$91.5 billion to \$91.1 billion, the IMF said. The U.S. trade deficit improved in the first six months to \$58.8 billion, down from \$67.1 the year before.

Japan's surplus of exports over imports increased nearly one-third, to \$43.9 billion from \$33.2 billion. West Germany's surplus increased to \$37.2 billion from \$34.9 billion.

Increased deficits were reported for Britain, \$23.3 billion, instead of \$21.1 billion; Italy, \$10.3 billion, up from \$6.8 billion; and France, \$8.1 billion, up from \$5.8 billion.

At the same time, West German imports rose from \$124.1 billion to \$132.7 billion and U.S. imports went from \$224.6 billion to \$241.5 billion. Japan's imports dropped

Total trade of 22 industrial countries rose to \$2,164.7 trillion from \$2,099.7 trillion for the six months.

# Democrats ready to act on summit gains, Republicans wary

WASHINGTON (AP) — Leading Democratic senators praised the Malta summit Sunday and said they would support liberalized trade with the Soviet Union. Arms services Committee chairman Sam Nunn cautioned against a too-rapid march toward arms control treaties.

Senate Republican leader Bob Dole of Kansas also expressed concern that President Bush and Soviet leader Mikhail S. Gorbachev might be putting too much pressure on arms control negotiators to reach agreements.

Bush and Gorbachev ended their two-day shipboard summit on Sunday, hailing a new era of East-West peace. Both leaders said they would meet again in June in the United States with the possibility of agreements in 1990 to cut long-range nuclear weapons and conventional forces, said Dole, adding, "I hope that wasn't done." He said he needed more details of the summit talks before making a final assessment.

Nunn proposed that Bush and Gorbachev set up teams to discuss long-range cutbacks beyond agreements currently being negotiated. "We shouldn't get involved in technical details or get into a big dissertation with them," Nunn said.

"I'm a little bit concerned about trying to put a deadline on any arms control negotiators," said Dole, adding, "I hope that wasn't done." He said he needed more details of the summit talks before making a final assessment.

Mitchell, interviewed on ABC, said he supports "most favored nation" trade status for the Soviet Union but said it would not likely produce any significant increase in sales of Soviet-made goods in this country.

Nunn, D-Ga., called it a "successful and

constructive summit" but warned against a hasty weapons-reduction agreement.

# VOA to open second office in Soviet bloc

WASHINGTON (AP) — The Voice of America, the U.S. government's broadcast service overseas, will open an office in Warsaw that will expand its operations in the Eastern bloc to two cities, officials said Sunday.

VOA Deputy Director Robert Conrad said the office in Poland is the result of "the openness of the situation there in general and also because our audience the story there is very important." The formal announcement will be made in Warsaw on Monday by VOA Director Richard W. Carlson, VOA spokeswoman Beth Knisley said.

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# Furriers fight back against activists

BOSTON (AP) — American furriers are feeling the heat — and it's not from their mink coats. Increased pressure from animal rights advocates picketing fur stores, holding annual "Fur-Free Fridays" and chanting slogans like "Buy a fur and slip into something dead" have taken a toll.

Lennard, owner of Jay Lennard Furs, one of the largest fur stores in the Boston area. Last month, the New York firm of Burson-Marsteller sent out kits to fur retailers that included guidelines for handling the media and dealing with anti-fur demonstrations. The kit also included a hotline number for furriers faced with questions about the fur trade and provided form letters for use in writing letters to the editor.

executive director of the Fur Farm Animal Welfare Coalition in St. Paul, Minn., said the coalition is "redoubling efforts to re-educate the public about the industry."

New fur industry is fighting back. Fur manufacturers, some facing financial losses, recently hired one of the world's largest public relations agencies to represent them and have paid for dramatic newspaper, advertising and TV spots to reach people not to eat meat.

The fur industry also took out ads twice last month in The New York Times Sunday editions that read, in part, "Today fur. Tomorrow leather, then wool. Then meat."

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# Opinion

## Northwest lawmakers take keen interest in thawing of Cold War

As the Cold War with the Soviet Union thaws and Eastern Europe melts down the Iron Curtain, the question of U.S. military spending is stirring new winds in Congress.



Larry Swisher

Several Northwest members have taken an active interest partly because they sit on key committees and, in the case of Washington state and Idaho, because military bases and defense contractors are located in their state.

Among the most expensive and questionable defense projects are rail or deployment of the MX missile, slated for Fairchild Air Force Base near Spokane and six other bases; Star Wars, also called the strategic defense initiative; and the B-2, or stealth bomber, which is being partly built by Seattle's Boeing Co.

Another controversial program is the Department of Energy's nuclear weapons production complex. Energy Secretary James Watkins reportedly is re-examining whether to build the \$1 billion plutonium-refining SIS, or special isotope separator, slated for Idaho, and two tritium producing reactors, totaling \$6.8 billion, one for Idaho and one for South Carolina.

Both Idaho plans have been criticized by some Oregon and Washington members, but are strongly supported by Idaho's delegation, led by Sen. Jim McClure, former chairman of the Energy and Natural Resources Committee.

At McClure's request, Watkins lobbied Congress only a few months ago to save the project.

But last week, an unnamed senior department official told the Washington Post that Watkins faces budgetary and political pressures and may not make a congressional request for identification of need. "We are now looking at weapons-production scenarios that are half what we have long assumed," the official said.

McClure wouldn't dignify the unconfirmed report with a comment, but he and Rep. Richard Stignings, D-Idaho, hoped to discuss it with Watkins.

At the Defense Department, the budget faces so far have cut marked troops, air bases and ships for cutbacks — without touching the strategic arms that many in Congress oppose.

Each branch of the military has drawn up tentative five-year plans in preparation for President Bush's 1991 budget, which will be submitted on Dec. 23, when Congress reconvenes.

Rep. Norm Dickens, D-Wash., a senior member of the defense appropriations subcommittee, suggested the administration would be lucky to end up with only a 5 percent budget decrease. Another member of the subcommittee, Rep. Les AuCoin, D-Wash., is expected to be among those seeking deeper cuts.

It's too early to tell which

Northwest installations might be affected, because the cuts have not been spelled out in detail.

Furthermore, bases aren't going to be terminated overnight and probably not without fights. Congress probably would have to establish an independent blue-ribbon commission, like the one that successfully proposed 91 base closures last year for take-it-or-leave-it approval by the administration and Congress.

Those sites were in the United States — including the Nextilla Army Depot in Oregon. Next time, you'll see tanks and troops will be on the block.

A different issue was raised by the Air Force's announcement last week that seven bases, including Fairchild, had been picked as rail-garrisons for the 50 MX missiles now in site.

Sen. Brock Adams, D-Wash., who has opposed the mobile missile plan, called it "an outdated strategy that has been overtaken by events in Eastern Europe and the Soviet Union."

Proceeding now is a bad idea, especially on the eve of President Bush and Soviet leader Mikhail Gorbachev's summit, Adams said. Actual construction is expected to take several years, starting next year in Wyoming, so members will have a chance to try to scuttle it next year.

The Northwest is split loosely along party lines on these issues, with most Democrats voting earlier this year to drastically cut Star Wars funding and the MX system. Idaho's Stallings was an exception.

Several members voted to kill the stealth bomber after initial production is completed, but Congress agreed only to a one-third cut.

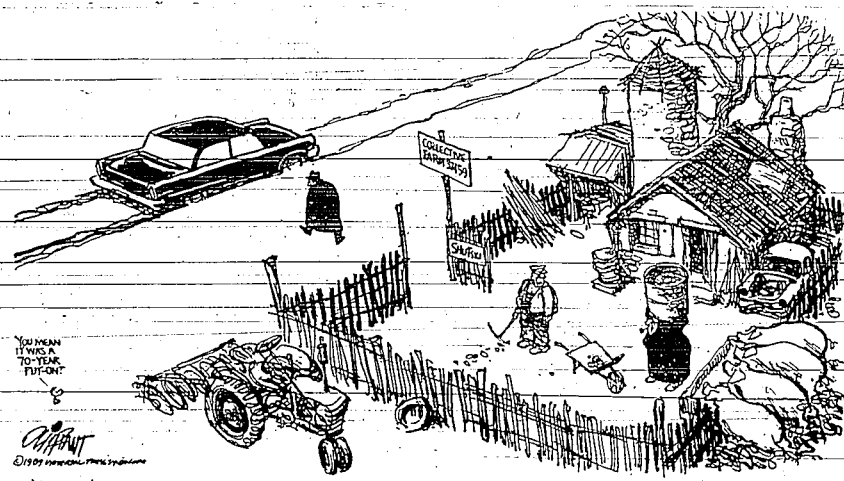
Rep. Larry Craig, R-Idaho, voted against even that modest cut. Adams plans to buy 132 planes for a staggering \$70 billion over several years.

Next year's defense spending debate is likely to be framed in terms of either stretching out or killing weapons programs.

Some members argue the United States shouldn't rush to scale back its military until negotiations with the Soviets on nuclear as well as conventional disarmament are complete. That isn't expected to happen until well after Congress has launched into its budget work.

On the other hand, why should Congress spend big money on new weapons until all the diplomatic dust settles?

Larry Swisher, a former Times-News reporter and editor, writes on Northwest issues from Washington, D.C.



'HOW D'YA LIKE THAT? MOSCOW SAYS TO FORGET ABOUT COMMUNISM - THEY WERE JUST KIDDING.'

## East Bloc politics transforming while economic reforms stall

Events in the Soviet Union and Eastern Europe seem to be running ahead of the ability to analyze them. Yet while attention has shifted toward Central Europe because of the dramatic changes in East Germany and Czechoslovakia, developments within the Soviet Union could well force us to reconsider the very way we look at that superpower.

Ever since relations with the Soviet Union came to center stage 4 1/2 decades ago, there has been an underlying debate: Which is better, the "Hungry Bear" or the "Fat Bear"?

Was the Hungry Bear more likely to be a predator, or would economic constraints restrict its freedom to prowl?

Would a Fat Bear — a relatively better-off Soviet Union and one more interdependent with the West — be more content, more benign and less aggressive? Or would it simply be able to spend more on arms and prove more capable of extending its grasp?

Those, for instance, who believed that the Hungry Bear was more in Western interests tried in the early 1980s to prevent planned Soviet gas exports to the West in order to limit hard currency earnings that they thought would go to feed the Soviet war machine. Those who thought the Fat Bear preferable sought in earlier years to promote East-West trade and are at present trying to expand American-Soviet economic relations.

But the unfolding drama within the Soviet Union is now bringing to the fore a third image, and a disturbing one — the "Bear Unhinged."

What could be the consequences of an unstable, disordered Soviet Union — both for itself?

To focus the matter simply: While many countries have gone through huge upheavals and

transformations, none to date has been a superpower with nuclear weapons.

Enough elements are there to make this a credible image. And, indeed, it is a concern that has found its way, in the form of warnings, into Gorbachev's own speeches. Enthusiasm within the Soviet Union has now given way to gloom and anxiety. Glasnost proceeds, but perestroika is in serious trouble. The political system is being transformed, but the economic reforms have stalled.

On top of the economic dislocation is the question of governance. The multinational Soviet state has been held together by three factors — ideology, force and Russian nationalism. Much of the ideology has been challenged by the "new thinking" and, de facto, by the wholesale re-examination of Soviet history. With the intellectual monopoly lifted, a host of tendencies has erupted within Russia — reformist, liberal, democratic, Slavophile, nationalistic, religious, mystical — some tolerant and some not.

The true testing could come with the ethnic minorities, which are now asserting their will and whose nationalism could mean a challenge to the present concept of the Soviet Union. It is one thing to let a bankrupt Poland or an entrepreneurial Hungary struggle to find its own independent road. But how will the center react over time as constituent parts of the Soviet Union step up their agitation for greater autonomy — or even more than that?

At some point, one or the other of the republics may well ignore Moscow's warning not to go too far.

Daniel Yergin

In a chaotic, contentious, fast-moving political situation, the engineering of a Soviet version of a "soft landing" will hardly be easy.

To what degree can the West affect the outcome? Gorbachev's domestic position will be strengthened by an aura of accomplishment and seriousness at the summit. But further steps on arms control will not deal with the Soviet Union's immediate economic crisis. Enhancement of long-term economic and trade packages will help, but again, not in the immediate crunch. Will we see short-term economic and trade packages that will get food and goods back in the stores? Here there is room for ingenuity.

We need to widen our thinking to include the likes of the Bear Unhinged. Along with glasnost and perestroika, a third Russian word should be added to our vocabulary. It is "besporyadok." It means disorder, and it is a concept with deep resonance in Russian history.

One of the first Slavonic works, "The Primary Chronicle" of the 11th Century, declares, "Our land is great and rich, but there is disorder in it."

The word also means excitement, greater freedom, optimism, hope — and change on a scale that would have been considered impossible half a decade ago. It has also brought uncertainty, shortages, anxiety, fear — and disorder and disension. Disorder and the fear thereof could, as in the past, bring diverse results — some still unexpected and not all of them by any means pleasant.

Daniel Yergin, president of Cambridge Energy Research Associates, is author of "Shattered Peace: The Origins of the Cold War" (Penguin).

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**Letters Welcome**

The Times-News welcomes letters to the editor but will reject those it considers libelous or in bad taste. Each letter must be signed and should include the writer's mailing address. Letters of more than 400 words may be edited for length.

## Letters/Variety of issues draw reader comment

### Quit misinforming the public

First off, let's cease misinforming the public regarding the so-called government-subsidized grazing fee. Ms. Nielson failed to reveal that the grazing fee per animal unit per month (AUM) in South Dakota is also \$6 on state and grazing land. The \$13.20 per AUM that was alluded to is not unrealistic for private range land (private range in Idaho runs anywhere from \$5 to \$10 per AUM).

The \$13.20 per AUM on private range pays for items and services that otherwise must come out of the pocket of the livestock producer who utilizes his permit to graze on federal land.

Only people who own — that's right

### Must be Murtaugh's water

At long last, Ted Samples is beginning to get credit for his well-deserved recognition. Ted's hilarious accounts of life in Depression-era Murtaugh rank right up there with Garrison Keillor's Lake Wobegon yarns, and Keillor got thirty ritz by simply recalling anecdotes of the mythical Minnesota hamlet.

Well, old Ted has a growing fan club and there's no telling where this could lead. Best of luck, Ted, and keep charming.

There must be something in the water over Murtaugh way — high-schooler Bob

Reiman and his disciples seem to have a little fan club building also.

Over Murtaugh way — high-schooler Bob

### Force's official plan for the expansion of the Saylor Creek Bombing Range under the Freedom of Information Act and was told that the cost of this basic information would be approximately \$40.

I had the naive impression that the Freedom of Information Act had been created by Congress to help us citizens readily obtain documents and information from the government in the public interest.

The Air Force here in Idaho has recently been putting on a great show of congeniality and cooperation but I am forced to conclude from its demand of \$40 for some basic information that it is in truth just that — a show — and that the Air Force remains its secretive and arrogant self.

ELLEN GLACUM Ketchum

### Pro-lifers concerned for women

I attended the Right to Life meeting last night at KMVT's community room and was anxious to read your report of the meeting. At the meeting, The Times-News was criticized for not being fair with the pro-life movement so I was interested to see if you would handle this meeting properly.

Sadly, I must say that you seem to have failed again. It is not that what you report-

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**Nation**

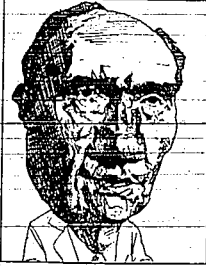
**U.S. doesn't want to kill Filipinos**

WASHINGTON (AP)— U.S. officials told Philippine President Corason Aquino they "did not want to get into the business of killing Filipinos" when she requested help against a military coup attempt, national security adviser Brent Scowcroft said Sunday.

Scowcroft said air cover provided by U.S. jets was the "functional equivalent" of attacks on the rebels since it kept their planes from taking off. But he did not answer directly questions on NBC-TV's "Meet the Press" about reports in Sunday editions of The Washington Post and the Los Angeles Times that Philippine officials asked U.S. planes to attack the rebels.

The Times, quoting unidentified government sources, reported that a series of calls to U.S. officials, Mrs. Aquino and Philippine military officers asked for attacks on specific targets.

Asked whether U.S. officials turned down a request for strafing, Scowcroft said, "We made it clear to her that we did not want to get into



**BRENT SCOWCROFT**  
Evaded questions in broadcast

the business of killing Filipinos." U.S. F-16 fighter-bombers flew cover for government troops on Friday and early Saturday morning, but officials said they were ill-

Sunday as troops loyal to Mrs. Aquino continued to turn back rebel forces in Manila. The government declared the coup attempt was over, but some rebel holdouts remained holed up in the suburban financial district of Makati and at some outlying military facilities.

Secretary of State James A. Baker III, interviewed on ABC-TV's "This Week With David Brinkley," declined comment on what the Philippine president "might or might not have asked us to do."

"Whether she initiated the request for air cover or whether we did is something I really don't want to get into," Baker said.

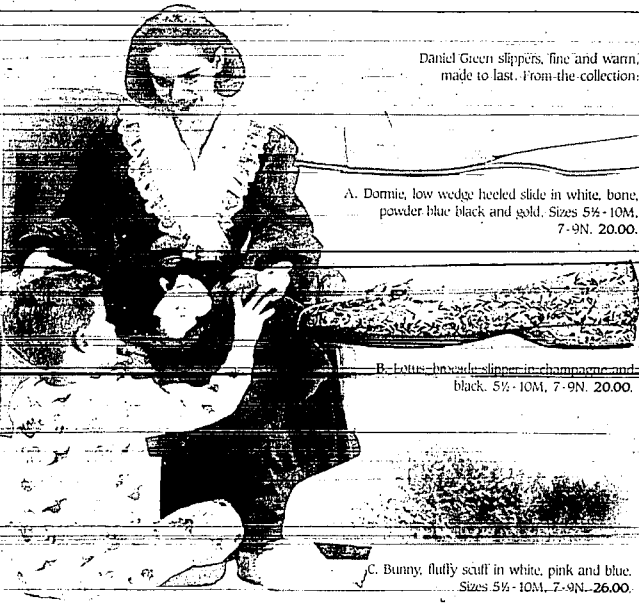
He said the U.S. action, ordered by President Bush while he was on Air Force One en route to the superpower summit in Manila, does not mean the United States will provide air cover in every hostile action against pro-U.S. governments.

"What we have here is a situation where people are trying through bullets and bayonets to overthrow a duly-elected government



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C. Bunny, fluffy scuff in white, pink and blue. Sizes 5 1/2 - 10M, 7-9N. 26.00.

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**Oswego State kicks off 'Bias Busters'**

OSWEGO, N.Y. (AP)— A bulletin board announcement of an open season on blacks and other racial incidents have led the state college here to start a "bias busters" campaign to combat campus bigotry.

The campaign starting Sunday at the State University of New York College at Oswego is an effort to confront what college leaders say is a nationwide trend.

"Do I think this will help? Yes. Do I think this will solve the what we call Oswego State," President Stephen Weber.

"The first step in stopping bigotry and prejudice is to acknowledge it

exists," Weber said. Officials of the 7,600-student college 35 miles north of Syracuse said the "bias busters" campaign is aimed at getting students to take a public stance when they witness incidents of racism or bigotry.

"The whole point of what we're trying to do is to get to the silent majority which by its silence condones these acts," Weber said.

Just before Thanksgiving, an announcement pinned to a bulletin board in a campus dormitory said it was an open season on "no-racial incidents" and contained other racial slurs.

"If they're going to tell you that they're going to hunt you down

and kill you, that's scary," the Syracuse Herald American quoted a senior from the Dominican Republic as saying. She said she found the notice posted outside her dorm room.

Black students are not the only targets—Two weeks ago, a gay student was threatened and the tires on his car slashed. Another student said he was considering moving out of his dorm because of harassment he receives for being openly gay.

"Bias busters" can wear a lapel pin bearing the word bias surrounded by a circle with a slash through the center.

**Federal prisons bulging as inmate population doubles in one decade**

WASHINGTON (AP)— The nation's federal prison population has doubled since 1980 and now stands at 56 percent above capacity, according to a report from the General Accounting Office released Sunday.

The severe overcrowding represents a sharp change since the start of the decade when federal prisons were operating at less than 1 percent over capacity, according to the report.

Federal prisons contained 24,162 inmates in 1980 and had mushroomed to a population of 37,017 by 1989, the report said. The 70 institutions currently being operated by the federal system were designed to hold a maximum of 30,860 prisoners.

The General Accounting Office is an arm of Congress. The report was

requested by Rep. Charles Rangel, D-N.Y., and Sen. Sam Nunn, D-Ga.

Even under a Federal Bureau of Prisons plan to increase capacity 100 percent to 64,000 inmates within the next five years, the system is still projected to be operating at 30 percent overcapacity, the report said.

And authorities are projecting an inmate population of up to 147,000 in the federal system within a dozen years, the report said.

It also contained these other findings:

- Just 19 percent of prisoners counted in May 1989 were serving time for violent offenses.

- The price tag for expanding the prison system is \$51,340 a bed.

- Forty percent of inmates entering the system had a moderate or serious substance abuse problem.

- Acquired immune deficiency

syndrome (AIDS) represents a potentially serious and costly problem for the prison system.

The report also said state prison systems are operating at 23 percent over capacity with a total of 573,000 inmates. It said that as of April, 35 states and the District of Columbia were operating under court orders or consent decrees related to crowding.

**Body dug up as joke, 4 arrested**

WENATCHEE, Wash. (AP)— Four intoxicated young men apparently trying to be funny dug up a body from a cemetery and took it

to the home of a sleeping acquaintance, who woke up, failed to see the humor and called police.

"We got drunk, went to the graveyard and dug up a body," one of the four, Ronald Kramer, 18, of East Wenatchee said in an interview before he was taken to jail. "It was like a prank, to freak out some friends. But now that I'm sober, I can't believe I did it."

The four were booked Friday night for investigation of opening a grave, stealing a body, receiving a body and mutilating human remains.

Each is a felony carrying a maximum penalty of three years in prison and a \$1,000 fine.

The remains removed from Hamilton Cemetery were those of a woman who died sometime between 1910 and 1920, said Douglas Adams, Douglas County sheriff's detective Rich Adams.

The youths "had been drinking and they decided it would be neat to see what a body looked like after that length of time," Adams said. "One thing led to another and they decided ... to take the body from the grave to a house in Wenatchee."

The body's head and finger bones allegedly were removed, "for what purpose we don't know," he said.

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We'll Host It Here or Deliver It To Your Home Party!

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**EVERTON'S HUGE EXPANSION SALE**

We've just begun the largest expansion project in our history! We have over 100,000 yards of material to move out. These are just an example of the low prices. All beds are on sale. We must make room for the builders.

**TWIN SIZE SETS**  
As Low As **\$99.00**  
Set  
includes Mattress and Foundation

**QUEEN SIZE SETS**  
10 Year Warranty  
As Low As **\$299.00**  
Set

**TWIN SIZE MATTRESSES**  
As Low As **\$39.00**

**It's not what you save, but what you pay that counts. And you pay less because it's factory direct.**

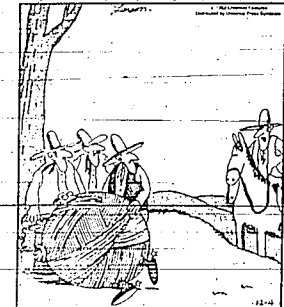
**EVERTON**  
The Sleep Center

326 2nd Avenue • Twin Falls • 733-3312  
Open Mon - Fri 8:00 - 5:00  
Saturday 10:00 - 3:00

**MATTRESS FACTORY**

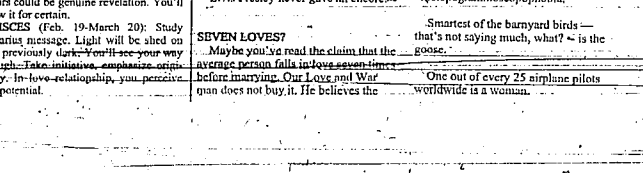
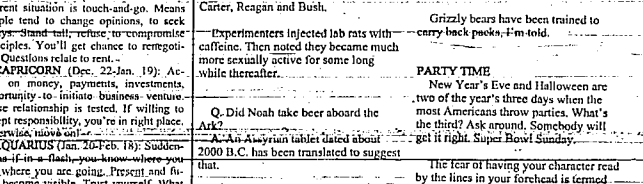
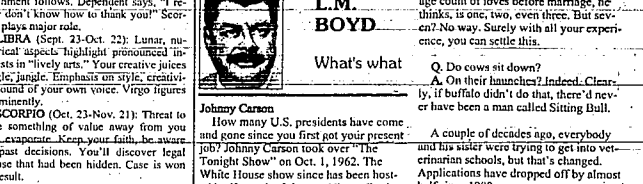
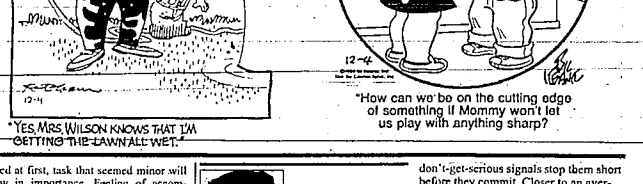
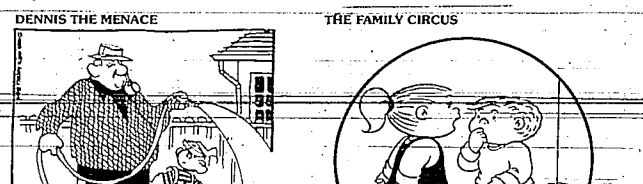
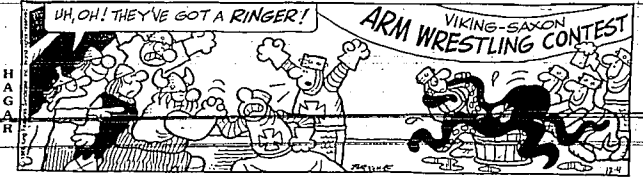
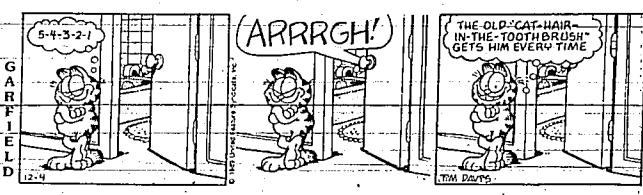
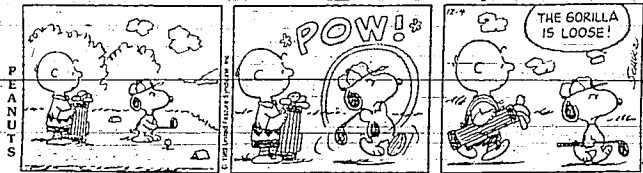
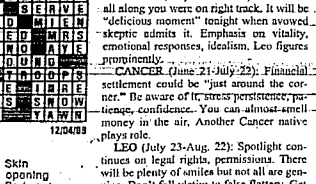
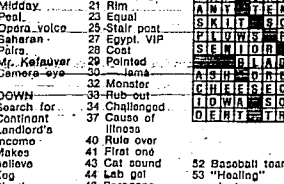
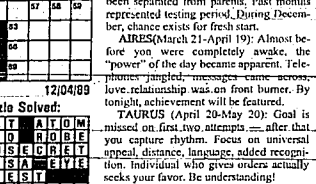
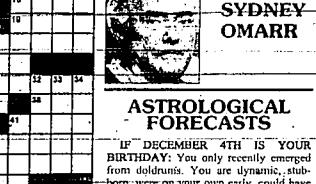
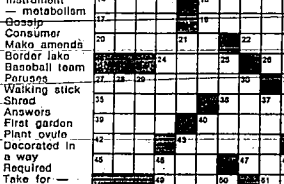
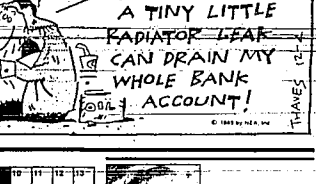
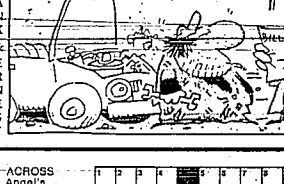
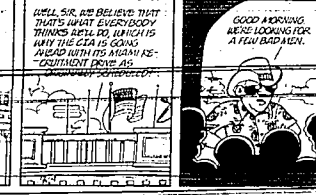
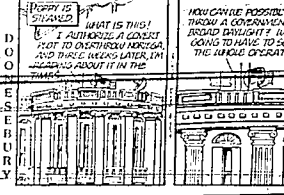
# Comics

## THE FAR SIDE



"Hang him, you idiot! Hang him! String him up!" is a figure of speech!

## BLONDIE



**Sid's Kwiki-Fix Garage**

IT'S AMAZING HOW A TINY LITTLE RADIATOR LEAK CAN DRAIN MY WHOLE BANK ACCOUNT!

**SYDNEY OMARR**

**ASTROLOGICAL FORECASTS**

**IF DECEMBER 4TH IS YOUR BIRTHDAY:** You only recently emerged from doldrums. You are dynamic, stubborn, were on your own early, past months represented testing period, trying December, chance exists for fresh start.

**ARIES** (March 21-April 19): Almost before you were completely awake, the "power" of the day became apparent. Telephones rangled—messages came—new love relationship was on front burner. By tonight, achievement will be featured.

**TAURUS** (April 20-May 20): Goal is missed on first two attempts—after that, you capture rhythm. Focus on universal appeal, distance, language, added recognition. Individual who gives orders actually seeks your favor. He understands!

**GEMINI** (May 21-June 20): You know all along you were on right track. It will be "delicious moment" tonight when avowed skeptic admits it. Emphasis on vitality, emotional responses, idealism. Leo figures prominently.

**CANCER** (June 21-July 22): Financial settlement could be "just around the corner." Be aware of his stress persistence; patience, confidence. You can almost smell money in the air. Another Cancer native plays role.

**LEO** (July 23-Aug. 22): Spotlight continues on legal rights, permissions. There will be plenty of smiles but not all are genuine. Don't fall victim to false flattery. Get signature on dotted line. Control figure prominently.

**VIRGO** (Aug. 23-Sept. 22): Although

**Saturday's Puzzle Solv'd:**

12/04/89

COAT	TILT	ATON
ELBA	PATIO	ROBE
LEFS	OPENSECRET	
LOOTER	MESA	EYE
CR	FR	WEST
GO	RE	FIELD
ANT	MEMOR	BEAVE
SKIT	SOLID	MIREN
PLAINS	HATED	WARS
SENIOR	RENO	AVE
CH	SI	ROAD
ASH	BL	ROAD
CHER	BE	CAKE
IOWA	SOLES	SNOW
DERIV	TREY	VIANN

12/04/89

52 Baseball team  
53 "Holding"  
54 Lab coat  
55 Paragon  
56 Mako  
57 Skinning  
58 Pork cut  
59 Elnifano  
60 Little "plop"  
61 Skinning  
62 Little "plop"

**DENNIS THE MENACE**

**THE FAMILY CIRCUS**

"How can we be on the cutting edge of something if Mommy won't let us play with anything sharp?"

**L.M. BOYD**

**What's what**

**Johnny Carson**  
How many U.S. presidents have come and gone since you first got your present job? Johnny Carson took over "The Tonight Show" on Oct. 1, 1962. The White House show since has been hosted by Kennedy, Johnson, Nixon, Ford, Carter, Reagan and Bush.

**Experimenters injected lab rats with caffeine.** Then noted they became much more sexually active for some long while thereafter.

**Q. Did Noah take beer aboard the Ark?**  
A. A Babylonian tablet dated about 2000 B.C. has been translated to suggest that.

**Elvis Presley never gave an encore.**

**SEVEN LOVES?**  
Maybe you've read the claim that the average person falls in love seven times before marrying. Our L.M. and W.G. never do not buy it. He believes the

**Q. Do cows sit down?**  
A. On their haunches? Indeed. Cleanly, if buffalo didn't do that, there'd never have been a man called Sitting Bull.

**A couple of decades ago, everybody and his sister were trying to get into veterinarian schools, but that's changed.** Applications have dropped off by almost half since 1980.

**Grizzly bears have been trained to carry back packs, 4-m-told.**

**PARTY TIME**  
New Year's Eve and Halloween are two of the year's three days when the most Americans throw parties. What's the third? Ask around. Somebody will get it right. Super Bowl Sunday.

**The fear of having your character read by the lines in your forehead is termed "metroganogramscopophobia."**

**Smartest of the barnyard birds—that's not saying much, what? ~ is the goose.**

**One out of every 25 airplane pilots worldwide is a woman.**

# Elton John selling share of soccer club, will stay on as president

LONDON (AP) — Pop star Elton John says he's selling his share of the Watford soccer club but will stay on as "life president."

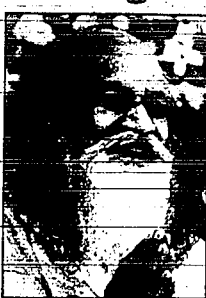
John, 42, co-invented the English league team on the northwest outskirts of London when he became its chairman in 1977 after being a board member for three years. Now he's stepping down as chairman and "selling out," but he'll maintain a link with the club. "I've pleased to be able to ensure the financial security of the club and the new owners certainly have ambitious plans for the future," The Daily Mail quoted him as saying Sunday.

"I've been asked to stay on as life president, which I'm delighted to do as I can maintain an involvement with my many friends at Watford and continue my support of the club." No details of the sale were given.

In 1978, John appointed a new manager who took Watford from the fourth division to the first in five seasons.

Watford dropped back to the second division at the end of the 1987 season.

As part of his help to the team, John reportedly forgave a \$2.1



MAHARISHI MAHESH YOGI  
Once Guru to the Beatles



ELTON JOHN  
Forgave team a \$1.2 million debt

million debt the team owed him.

**Oprah Winfrey to start campaign for children.**  
DALLAS (AP) — Talk show host Oprah Winfrey will kick off what

she calls her "Year of the Child" campaign in 1990 with a one-woman benefit show here.

Proceed from the Jan. 13 performance will go to the local branch of Save the Children, an international assistance agency for

children.

Ms. Winfrey plans to devote at least one of her shows each month to children's issues, according to The Dallas Morning News.

"The (Dallas) show is a matinee because we wanted to be sure children could attend," said benefit chairwoman Nancy Harvey Steurts.

## Shah's widow has difficulty with terrier

GREENWICH, Conn. (AP) — Princess Farah Diba Pahlavi's black Labrador retriever is back in the dog house after jumping a wall at her estate and attacking a neighbor's terrier.

Pahlavi, widow of the Shah of Iran, wasn't home Thursday when the Labrador retriever bit Pepper, a smaller, gray-and-white dog. So the princess' caretaker, Niels Christiansen, was issued two summonses by police: one for allowing a dog to roam and another for allowing a dog to create a nuisance.

The summonses carried a total fine of \$80.

Christiansen told police the

terrier apparently got out of the heavily guarded mansion when another worker inadvertently left a door open.

Pahlavi's husband was forced to flee Iran in 1979 when followers of the late Ayatollah Khomeini seized power. The Shah died in exile in 1980.

## Soulet rock band says people same everywhere

DALLAS (AP) — A Soviet rocker says it doesn't matter where you are, youth still clamor for music about the same things: sex, drugs and rock 'n' roll.

"It's different drugs but the problem is the same," said Alexei Belov, lead guitarist for the Soviet heavy-metal band Gorky Park, which played in Dallas on Friday.

"Politics are different but people are the same," Belov said. "People make love the same all over the world and people have difficulties and cry the same all over the world."

Gorky Park performed with Molly Crue, Ozzy Osbourne and Bon Jovi at the Moscow Music Peace Festival recently. The Soviet

rocker also collaborated on a "Make a Difference" Foundation album which benefits efforts to curb drug and alcohol abuse.

The band's members said they are now making as much in one night as the average Soviet citizen makes in six months.

## Yogi proposes City of Immortals-in-Oklahoma

OKLAHOMA CITY (AP) — Maharishi Mahesh Yogi, founder of Transcendental Meditation and one-time guru to the Beatles, is proposing a City of Immortals somewhere in Oklahoma to start building his vision of Heaven on Earth.

Representatives of the Indian guru met with developers Saturday in Oklahoma City to discuss plans for a low-density housing community proposed by the Maharishi Heaven on Earth Development Corp. It is one of several such communities planned across the nation, backers said.

Backers said the communities would be "noise-free, pollution-free and free from crime and anxiety."

## Ritz hotel, Iowan battle over toilet name

DES MOINES, Iowa (AP) — A man named Ritzer would naturally be nicknamed Ritz, and would be likely to give his nickname to something he invented. So argues Tom Ritzer, who invented a potty training toilet set and called it the Ritz.

But the people who guard the reputation of the famed Ritz Hotel in Paris are trying to use their name without permission.

The hotel people asked the Trademark Trial and Appeal Board of the U.S. Patent and Trademark Office to order Ritzer to stop using their name.

"It's been one nightmare after another," said Ritzer, 48, of Arnolds Park, in northwestern

Iowa. "I think what's really happening here is that the big Ritz Hotel in France is trying to put a hurin' on the little Iowa toilet set company."

But Ritz president Frank Klein, who flew to New York to testify in the case in October, said Ritzer represents a genuine threat.

"The Ritz Hotel in Paris stands for privacy, for perfection, for discretion," he testified. "The Ritz had such a reputation for over the last 80 years that whatever we do, whatever is matched with our name, has to be in a perfect way."

Thus, he said, Nabisco Foods paid the Ritz for use of its name on Ritz crackers.

Klein said Ritzer deliberately

cloned his hotel's name for the toilet seat.

"Why does the man put the name Ritz on it? Because he needs us as a signature. That's what he has done, the man is not stupid. What else could work better than the name Ritz?" Klein testified.

The trouble began two years ago when Ritzer applied for a patent and trademark on his invention. The patent was granted but the Ritz Hotel filed formal opposition to the name — Ritz-Z — for one of its attorneys noticed the request in a routine review of trademark applications.

Lawyers on both sides said they don't expect a decision for several months.

## Actress who played Aunt Bea retired in small town, hospitalized

SILER CITY, N.C. (AP) — It's got the usual fast-food restaurants, video-rental stores, three banks and a department store. But there's something else that makes this town of 5,000 more than just a spot on the map.

It's the home of Aunt Bea, the devoted, lovable matron who looked after Sheriff Andy Taylor and his son, Opie, on "The Andy Griffith Show."

Born 86 years ago in New York, actress Frances Bavier chose to retire to this town after a career that included Broadway, as well as television. The town is in the same region as the fictional Mayberry, N.C.

Though she's avoided interviews and contacts with visiting fans over the years, and has been ailing lately, she's made friends among the folks

here. And everyone calls her "Aunt Bea."

"Every year at some time or another, people get it in their head to check up on Aunt Bea," says Velma Suller, the Police Department records clerk and a 12-year friend of Ms. Bavier. "It's just a shame this year's influx coincides with Aunt Bea being in the hospital."

Ms. Bavier was admitted to the coronary care unit of Chatham Hospital here the day before Thanksgiving. Hospital officials say they're not releasing any details at her request and that doesn't surprise most residents.

"She's an extremely private individual, and she's let that be known," said Wanda Ingold, town clerk. Sometimes, admiring or curious outsiders have made life difficult.

## Couple celebrates 70 years of marriage

PORTAGE, Ind. (AP) — A woman says her secret to staying married for 70 years, quite simply: "If you have an argument, don't sweat it, forget it."

Sylvester "Bud" Roach and his wife, Jessie, were married in a simple ceremony on Dec. 4, 1919.

For the 70 years, they've been inseparable, family members said.

Mrs. Roach, 88, said she discovered how to get along with her husband when she was a newlywed.

"I learned a long time ago there was no use arguing with him," Mrs.

Roach said. "He could say whatever he wants to you, just forget he said it."

The Roaches, who were celebrating Sunday with an open house, said their faith in God helped keep them together through major surgery and illness. "I can't help but see the Lord had a hand in it," said Roach, 90.

The pair were childhood friends while growing up in a small town in Illinois. But when she started courting her, "her mom ran me off like a stray dog," he said. "When the sun went down, it was time for me

to go."

The couple spent most of their first seven years together in Swan River Valley in northern Manitoba in Canada. The nearest town, Minotons, was four miles away.

Two of their six children were born in Canada. One was born without the assistance of a doctor because "a fer of snow blanketed the countryside one 20-degree night. A neighbor came to help instead."

A daughter, Juanita Tucker of Hobart, said her parents are kept private what disagreements they had.

## Confederate leader's death commemorated

NEW ORLEANS (AP) — About 100 people, many in Confederate coats and carrying Civil War era weapons, gathered under grey skies to mark the centennial of the death of Confederate President Jefferson Davis.

Although the 5-foot pedestal was once deluged with graffiti denouncing the statue as racist, ho pickets or hecklers were around as a Marine band tuned up for the ceremonies Saturday.

"One of the main things I've tried to bring to the public's attention is that Jefferson Davis is always thought of as president of the Confederate States of America but that people have no realization that that was four years out of his 80-year life," said Davis' great-grandson, Bertram Hayes-Davis of Dallas.

"He was a great American patriot, a tremendous scholar, and certainly one of the ablest leaders of that time."

Jefferson Davis died Dec. 6, 1889. During his life, he was a U.S. representative and senator, a hero in the Mexican War, and a member of President Franklin Pierce's Cabinet.



**RATINGS**  
\*\*\*\*\*  
The five category system of the voluntary film industry rating program is now as follows:

- \* G. General Audiences, all ages admitted.
- PG. Parental guidance suggested. Some material may not be suitable for children.
- PG-13. Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for children.
- R. Restricted, under 17 requires accompanying parent or adult guardian.
- \*X. No one under 17 admitted.

**Grandstand CINEMA**  
PICK-UP TICKETS FROM DOWNTOWN MERCHANTS TO SEE HONEY I SHRUNK THE KIDS THIS WEEKEND FOR ONLY 50¢

**MEET CINEMA**  
NOW SHOWING  
EDDIE MURPHY HARLEM NIGHTS (R) TONIGHT 7:30-9:30

**MEET CINEMA**  
PICK-UP TICKETS FROM DOWNTOWN MERCHANTS TO SEE KARATE KID 3 THIS WEEKEND FOR ONLY 50¢

**MATINEE CINEMA**  
SAT • SUN  
3RD WEEK BACK TO THE FUTURE 2 (PG) TONIGHT 7:20-9:30

**MATINEE CINEMA**  
SAT • SUN  
FUN • FUN • FUN CROSS ANATOMY (PG-13) TONIGHT 7:15-9:15

**MATINEE CINEMA**  
SAT • SUN  
MICHELLE PIFFER FABULOUS BAKER BOYS (R) TONIGHT 7:00-9:15

**MATINEE CINEMA**  
SAT • SUN  
LOOK WHO'S TALKING (PG-13) TONIGHT 7:30-9:30

**MATINEE CINEMA**  
SAT • SUN  
PICK-UP TICKETS FROM DOWNTOWN MERCHANTS TO SEE INDIANA JONES 3 FOR ONLY 50¢ SEE NORTHSIDE NEWS FOR DETAILS

**MATINEE CINEMA**  
SAT • SUN  
BACK TO THE FUTURE 2 (PG) TONIGHT 7:00-9:20

**MATINEE CINEMA**  
SAT • SUN  
ALL DOGS GO TO HEAVEN (G) TONIGHT 7:00

**MATINEE CINEMA**  
SAT • SUN  
LOOK WHO'S TALKING (PG-13) TONIGHT 7:30-9:30

**MATINEE CINEMA**  
SAT • SUN  
CHRISTMAS VACATION (PG-13) TONIGHT 7:30-9:30

**MATINEE CINEMA**  
SAT • SUN  
THE BEAR (PG) TONIGHT 7:30-9:30

**MATINEE CINEMA**  
SAT • SUN  
ENDS SOON! DAD (PG) TODAY 7:00-9:15

# Family Fiesta!

Every Monday night!

Kids under 12 eat free!

(limit to family of five — must purchase two entrees.)

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AND THERE'S NO CHRISTMAS GIFT LIKE **Samsonite** LUGGAGE

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### Silhouette 4

Hardside and softside. The luggage line created to solve all your travel problems. Shock absorbing bumpers, handy removable wetpaks, the list goes on. Everything a traveler needs in luggage.

AND ALL OUR **Silhouette 4** IS ON SALE!!

	Reg.	SALE
BEAUTY CASE	\$105	\$79 <sup>99</sup>
26" HARDSIDE	\$180	\$134 <sup>99</sup>
29" HARDSIDE	\$215	\$159 <sup>99</sup>
CARRY-ON W/WHEELS	\$145	\$109 <sup>99</sup>
TOTE	\$95	\$69 <sup>99</sup>
DELUXE PERSONAL CASE	\$105	\$79 <sup>99</sup>
CASUAL CARRY-ON	\$150	\$119 <sup>99</sup>
SOFT 26"	\$170	\$129 <sup>99</sup>
SOFT 29"	\$210	\$154 <sup>99</sup>
VALET CARRY-ON	\$200	\$149 <sup>99</sup>
VALET GARMET BAG	\$240	\$179 <sup>99</sup>
ULTRAVALET CARRY-ON W/WHEELS	\$240	\$179 <sup>99</sup>
ULTRA VALET GARMET BAG	\$265	\$199 <sup>99</sup>

FREE CHRISTMAS WRAP

## ROPER'S

OUR STRENGTHS ARE LEGENDARY

TWIN FALLS • BURLEY • RUPERT • Buhl

# Former Sandinista, Contra Eden Pastora returns to Nicaragua

MANAGUA, Nicaragua (AP) — Eden Pastora, the notorious Commander Zero who abandoned the Sandinistas for the Contra rebels, returned home Sunday after eight years of exile and condemned the leftist government and the U.S.-backed opposition.

Pastora said the Social Christians, with whom he has aligned himself for the Feb. 25 elections, are the true followers of Nicaraguan nationalist hero Augusto Cesar Sandino.

Pastora, who is anti-imperialist with Moscow and we are anti-imperialist with Washington, Pastora told a few hundred people who filled only about a fifth of the Plaza of the Revolution. A smooth, charismatic orator, Pastora drew cheers as he lambasted the Sandinistas and the National Opposition Union, a coalition whose 14 member parties range from communists to conservatives.

Pastora scoffed at Sandinista accusations that he betrayed the revolution when he left them to fight in 1983 with the U.S.-backed Contra rebels.

He said the Sandinista commanders are the "true counterrevolutionaries" because their standards of living now are much higher than the great majority of Nicaraguans.

Pastora also said that although he personally respected presidential candidate Violeta Chamorro, she did not really level UNO—the opposition coalition—is known.

He said UNO was made up of opportunists and followers of the late President Anastasio Somoza, whom Pastora fought 15 years ago as a Sandinista rebel.

Pastora spoke from a wooden platform at the back of the former National Palace, now called Palace of the Heroes of the Revolution.

He gained worldwide renown as

Commander Zero when he led about 20 Sandinista rebels in a takeover of the palace Aug. 20, 1978.

They held dozens of congressmen hostage until Somoza was forced to release 50 Sandinista prisoners, including Daniel Ortega and Tomas Borge, now the president and the interior minister.

"I have come to take over the palace that's called Nicaragua," Pastora told the crowd, which cheered wildly at the reference to his bold exploit.

Pastora's reception at the airport, organized by two factions of the Social Christian Party, was the largest by far for any of the many exiled leaders who have returned to Nicaragua this year to join the political fight against the Sandinistas.

A caravan of jeeps, trucks and cars jammed traffic from the airport to downtown Managua. Pastora stood on the back of a jeep

and looked slightly bewildered as the noisy caravan made its way slowly along the highway. He waved tentatively at people standing on sidewalks waiting for buses, many of whom stared back with blank expressions.

Standing with Pastora were Erick Ramirez of the Social Christian Party and Mauricio Diaz of the People's Social Christian Party.

Two months ago Diaz threw his support behind Ramirez's presidential candidacy after splitting from UNO, which retained part of Diaz's party.

The Social Christians hope Pastora will increase their visibility, but it is unlikely that will translate into more votes for Ramirez.

Pastora has been leading a quiet private life running a fishing cooperative in neighboring Costa Rica since he quit the armed struggle against the Sandinistas in 1986 after

three years with the Contras. When the Sandinistas came to power in 1979 in a popular revolt that forced Somoza to flee the country, Pastora was named vice minister of defense and enjoyed wide popularity.

But the man who called himself a nationalist was at odds with his more radical leftist comrades and grew disillusioned with the Sandinista revolution. Some say he grew bitter because he was not given the post of defense minister.

Pastora distanced himself from the Sandinistas in 1981, then dropped from sight.

He emerged in 1983 and said he would fight the Sandinistas, but he constantly criticized his Contra colleagues, saying they misspent money that should have gone to the fighters on the field.



EDEN PASTORA Criticizes both sides

## Colombia rejects truce declared by traffickers

BOGOTA, Colombia (AP) — The government Sunday rejected a truce declared by drug traffickers in their bombing campaign and said accepting it would leave the country in the hands of the traffickers.

"We will continue battling them because if we don't, we will cease to exist," Interior Minister Carlos Lemos Simmonds said.

The Medellin cocaine cartel has announced that beginning Monday it will observe a "cease-fire" in its terrorist campaign with the aim of persuading Congress to approve a national vote on the government's extradition policy.

The government has extradited Colombian drug suspects to the United States as part of a crackdown on cocaine cartels that began Aug. 18 after a leading presidential candidate and anti-drug crusader was assassinated.

The administration of President Virgilio Barco so far has extradited nine suspects. The traffickers have responded with 200 bombings that have killed 29 people and injured 238.

Barco departed Sunday for a four-day visit to Japan and after a farewell ceremony at the airport, Lemos Simmonds reiterated the administration's opposition to a national vote on its extradition policy.

"If the government accepted this proposal, the country would be left to be governed by the desires

of drug traffickers," he told reporters.

A congressional committee on Friday attacked the referendum proposal to legislation that would reform Colombia's constitution.

Lemos Simmonds accused members of the committee of being "accomplices of drug trafficking."

He said the traffickers would stage a violent campaign of intimidation if there were a national vote on extradition.

Barco indicated Saturday that the government would prefer to kill the constitutional reform legislation rather than let it pass with the referendum bill attached.

Abandoning reforms would endanger peace negotiations with the April M19 Movement, the only one of Colombia's five main guerrilla groups that has accepted an official peace plan.

The legislation contains provisions for the guerrilla group to run candidates for Congress. Its leader, Carlos Pizarro, has said the guerrillas would lay down their arms on Dec. 19, provided that the government passes the reform legislation.

## Officers arrest 800 protesters at Bhopal Union Carbide plant

BHOPAL, India (AP) — Police arrested about 800 people Sunday when they tried to hold a protest in front of the Union Carbide plant on the five-year anniversary of a gas leak that killed more than 3,500 people.

Before marching toward the plant, the protesters burned two 10-foot effigies symbolizing the U.S.-based multinational company to mark the anniversary of the world's worst industrial accident.

"Down with Union Carbide!" the crowd shouted as hundreds of riot police stood behind steel barricades erected in front of the main gate of the pesticide plant, which was closed after the gas leak on Dec. 3, 1984.

V.C. David, a senior police officer, said about 600 men and 200 women were arrested and taken in buses to a city sports stadium that was turned into a temporary jail. David said the people would not be held long.

Such detentions are legal under Indian law and are commonly used to break up protests. David said some protesters hurled

stones at the buses before they got in.

"We just wanted to show our protest and anger against the government and the company," said Balkrishna Gupta, the city secretary of the Communist Party of India, which organized the rally.

He said all the demonstrators lived in shantytowns around the plant and were directly in the path of the deadly methyl isocyanate gas that leaked from it. At least 3,598 people have died from effects of the gas.

Effigies made of bamboo, straw and rags were set on fire by a 60-year-old woman, Birju Bai, whose husband and four children were killed by the gas.

On Saturday night, several groups of victims burned effigies of Union Carbide and its former chairman, Warren Anderson, in about a dozen neighborhoods. Others prayed in churches, mosques and temples for the victims.

Gupta demanded the government distribute the \$470 million that Union Carbide gave to the Indian government in April in final compensation for the accident.

But the government's right to agree to the Supreme Court-supervised settlement has been challenged in the same court, delaying disbursement of most of the money.

The Indian government has spent millions of rupees on relief and rehabilitation, but survivors say the measures are inadequate.

The government had originally used Union Carbide for \$3 billion, alleging negligence. Union Carbide said the leak was the result of sabotage by a disgruntled employee.

Relief workers say gas victims continue to die at a rate of at least one a day. About 20,000 survivors still suffer from exposure to the gas. Most victims suffer from eye and lung ailments and are unable to work.

On Sunday morning, the government organized prayer services for the victims. The Madhya Pradesh state chief minister Motilal Vohra said in a message: "The gas victims are still struggling for life, sustaining their endurance, fortitude, indomitable courage and firm determination."

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## AROUND THE VALLEY

# Idaho abortion polls appear to differ

While both sides have figures to support their positions, expert says the 2 polls measure different things

By MICHELLE COLE  
Times-News writer

TWIN FALLS — Both sides in Idaho's war of words on abortion are branding public opinion polls as proof of imminent victory.

The pro-life forces assert a majority of Idaho voters oppose abortion and would vote to outlaw it if the U.S. Supreme Court reversed its 1973 Roe vs. Wade decision. And they have a public opinion poll to prove it.

Meanwhile, pro-choice forces declare a majority of Idahoans are opposed to any constitutional ban on abortion. They are confident that their reproductive-rights initiative, which would allow abortion through the 26th week of pregnancy, will pass if it appears on the ballot next year.

Can both polls be valid? They can, said J. Roy Bardsley, a market research expert in Portland, Ore., who con-

nects with newspapers and private industry to do survey public opinion.

With an emotional issue such as abortion, Bardsley said, comparing public opinion polls can be like comparing apples and oranges.

A January survey of 500 adult registered voters in the state found Idahoans oppose abortion 2-1.

The survey asked, "Are you strongly in favor of, in favor of, strongly opposed to, or just opposed to abortion?" Thirty percent reported they are strongly opposed to abortion. Twenty-nine percent said they are opposed to abortion. Twenty-three percent said they favor abortion. Eight percent said they strongly favor abortion. Ten percent had no opinion.

"There is no other way to interpret the responses or the strength of the commitment against abortion in Idaho," concluded Larry Eastlund, who conducted the survey through his Boise-based Research Evaluation Center.

Eastlund recently abandoned a possible

run for Rep. Richard Stallings' congressional seat to become state Republican treasurer.

Eastlund initiated the study on his own, but he has shared the results with several organizations throughout the state, said Dwight Johnson, executive director of Eastland's research center.

The poll gives Karen Heffner confidence. As a Right to Life lobbyist with a decade of experience with the abortion issue, Heffner believes most Idahoans, like most Americans, are against the notion of abortion on demand. Given the information they need, most people would favor a constitutional ban on abortion, she said.

The same poll is likely to give Ann Cosho heartburn.

A Boise lawyer who also acts as the spokeswoman for Idaho Pro-Choice, Cosho said polls like Eastland's are "unreliable" because the question isn't specific enough.

abortion, she said.

"Naturally, with a poll like that every body's going to say 'no,'" she said.

But insert the word "choice" in that question, Cosho said, and her answer would be much different.

The Boise State University Survey Research Center opted to focus on the concept of choice in a poll commissioned by Planned Parenthood. It arrived at very different results.

The same month as Eastland conducted his survey of 500 Idahoans, the BSU Research Center conducted a random survey of 879 Idahoans aged 18 and older.

The survey reveals "many areas of agreement and a conviction that abortion should be an option under most circumstances," according to a Planned Parenthood booklet that summarizes the survey's conclusions.

The study found a majority of Idaho's adults statewide oppose a constitutional ban on abortion. While 36 percent said they would be in fa-

See PAGES on Page B2

### Board seeks remedy for shortage of nurses

TWIN FALLS — Although a few of its 22 vacant nursing positions have been filled, the county hospital is still feeling the affects of the nationwide nursing shortage.

The Hospital Board tonight will discuss several proposals to attract and retain nurses, Hospital Administrator John Bingham said.

Also on the board's agenda is a discussion of the proposed medical office building. A preliminary set of specifications has been completed and mailed to three interested developers — Ormond Builders of Idaho Falls, a second Idaho Falls company owned by Dennis Ainsworth and Glenn Arrington, a Twin Falls contractor.

The proposal was also mailed to Magic Valley Physicians and the Pediatric Center — the two largest medical groups interested in renting space at the medical office building if it is built, Bingham said.

Also scheduled is an update on construction of the cancer-treatment center and on the strategic planning committee's progress.

The board will meet at 7 p.m. in the doctors' meeting room in the hospital basement.

### City Council will consider new building requirements

TWIN FALLS — City Council members will discuss whether to adopt new building code requirements that could mean higher permit fees.

At the 6 p.m. meeting at City Hall officials will decide whether to adopt the 1988 Uniform Building Code, a standard building guide used in most western states.

The city is enforcing the 1985 edition of the Uniform Building Code, but charging fees recommended in the 1982 code. The fees in the 1988 code are the same as 1985. Building permit fees for projects of various sizes would increase between 25 percent and 100 percent.

The increases would hit small construction projects hardest, said Jim Leichter of JUB Engineers, which oversees building inspections for the city.

### CSI gains scholarship fund with Parish gift endowment

TWIN FALLS — A \$233,950 endowed scholarship fund has been established for College of Southern Idaho students after two long-time Twin Falls residents left a sizable part of their estate to the college.

CSI recently announced the gift from W. Wayne and Eva Mae Parish. Wayne Parish was a potato buyer for the J.H. Henry Produce Co. of Kimberly, and an avid baseball fan.

He died in 1986, and Eva Parish died in 1988.

### Gooding Family History Book will be available for pick-up

GOODING — The Gooding County Family History Book will be available for pick-up from 10 a.m.-4 p.m. Saturday.

The books will be at Gooding City Hall, the American Legion Hall in Wendell, the Community Church in Bliss and at the Hagerman Historical Society Museum in Hagerman. Tuttle residents will pick-up their books at the museum.

For more information call Dwayne or Alberta Butler, Gooding, 934-4109; M.J. Freeman, Hagerman, 837-4753; Helen Bray, Bliss, 222-2200; or Emma Coleman, Wendell, 536-2191.

### Despite lack of certification, Dietrich teaches special ed

DIETRICH — Denise Dwyer will continue to teach special education classes at the school, despite the Idaho Board of Education's recent refusal to waive the state's certification requirements.

Dwyer, certified to teach physical education and working for certification in special education, will continue to teach two periods of special education, Superintendent Wayne said.

"She is doing a good job," he said. "The kids are being served." Perruz said. "We're doing the best we can."

The board had been unable to find a certified teacher to fill the position and he was surprised and disappointed at the state board's decision, he said.

### Schools are allowed to use non-certified teachers receiving state funding

INGH — He estimates that will cost the district \$6,000 to \$8,000 — money that will have to be found in other areas of the budget.

### Police make arrest as result of early-morning altercation

TWIN FALLS — A man was in fair condition Sunday evening after an early morning altercation involving an ax in the 500 block of 4th Avenue North.



Whoa there After a Sunday afternoon run on Bald Mountain, Bart Vanderkruk comes to a skidding stop. Vanderkruk, a foreign exchange student from the Netherlands, was enjoying the first weekend of skiing at Sun Valley this year. Sun Valley is operating daily with one run currently open.

## Proposed livestock rules up for debate

By MIKEL BENTON  
Times-News correspondent

JEROME — The county's proposed livestock ordinance is drawing criticism from residents on both sides of the issue, which the county commissioners say indicates the new regulations probably are pretty good.

Some say the new regulations would not be restrictive enough because they would be difficult to enforce, won't limit the number of animals per square mile and have inadequate setback distances.

Debbie Fountain, who lives near several dairies, said requiring sewage lagoons and waste-storage facilities to be 1,000 feet from property lines in areas zoned for agricultural/residential uses is not far enough.

### Livestock ordinance hearing in Jerome

A hearing will be held at 7:30 tonight in the Jerome High School auditorium.

"Anyone wishing to speak must register from 8:30 a.m.-4:30 p.m. in the county clerk's office or from 7-7:30 p.m. at the high school."

Also, the distances should be the same throughout the county. The facilities would be allowed within 300 feet of property lines on property zoned strictly agricultural.

"I don't think that it should be 1,000 feet in one area of the county and 300 feet elsewhere."

See RULES on Page B2

## Residents consider zoning challenge

By TERRELL WILLIAMS  
Times-News correspondent

JEROME — Some rural residents are considering challenging a county decision to keep their property zoned strictly agricultural.

"We feel the planning and zoning people were not fully staffed and did not have a quorum to hear our testimony," Martin said.

Residents have 30 days to decide whether it will appeal a decision by the county commissioners Nov. 27 to deny its request to have a square mile rezoned to A-2 from A-1. The change would have restricted new feed lots and dairies near their Leisure Acres Subdivision.

The county commissioners denied the petition for the same reasons the Planning

and Zoning Commission gave in its report recommended against the change, Chairman Carl Montgomery said.

The planning commission said it was concerned that an A-2 zoning surrounded by A-1 zoning would be the beginnings of a patchwork of differing zonings.

"Despite the fact that this section in question has undoubtedly been urbanized, zoning in that area has always been agricultural," the county commissioners stated in its report to home owners detailing their decision. Further, the county can monitor residents' concerns by means of permits, which livestock operations are required to have, it stated.

The residents of Leisure Acres, on a square-mile section three miles west of Jerome, recently told the planning commission.

See APPEAL on Page B2

## Change in bus service would prolong trip to eastern Idaho

By BARBARA NEIWERT  
Times-News correspondent

BURLEY — Magic Valley residents who want to travel by bus to Pocatello or other cities in eastern Idaho will have to visit Ogden, Utah, first, under a proposal by Greyhound Lines Inc.

Greyhound has told the Public Utilities Commission it wants to drop bus service on Interstate 86 between the Utah interchange, just west of Burley, and Pocatello.

While dropping service on this 62-mile stretch wouldn't prohibit travelers in western Idaho from reaching the eastern part of the state, it would increase the time and cost of the trip.

Bus travelers would have to be routed down to Ogden and then bus back up to Pocatello if they need to reach eastern Idaho or Montana. A trip from Boise to

Pocatello — about 4.5 hours now — would take about 12.5 hours, and the fare would increase to about \$60 from the current \$28, based on the current schedule.

There is no bus route between Mountain Home through Knifed and Carey to Idaho Falls on Highway 20, only along Interstate 84.

Greyhound has asked the PUC to approve the change because the route has not been profitable, company official Greg Alexander said. Greyhound lost \$24,000 this year operating that route, Alexander, director of Capacity Management and Traffic Division, said from Dallas.

The bus line told the PUC that over the past 12 months, the highest average passenger load from Pocatello to Burley was 76 in December 1988, with a high of 87 passengers going from Burley to Pocatello

See BUS on Page B2

## Narcotics Bureau acquires debt along with pickup

By CRAIG LINCOLN  
Times-News writer

TWIN FALLS — Hey, that's our pickup!

It's a fact of life: narcotics agents seize property used in alleged drug deals. But it's also a fact of life that most people borrow money to buy pickups. And when a lender holds a lien on the property, such as a pickup, things get a little complicated.

And it's why the Bureau of Narcotics is named as a defendant in a local repossession lawsuit.

"According to statute, we have to satisfy that lien," said Merrill Kelley, local bureau agent in charge.

The old situation began when the Bu-

reau of Narcotics seized a pickup belonging to Antonio Avelar, 34, after arresting the Burley citizen Nov. 8 on three cocaine-related charges.

The bureau is holding the brown 1989 pickup — the central figure in the lawsuit — at an undisclosed location.

General Motors Acceptance Corp. holds a \$15,000 note on the pickup. After jawing the matter over with local bureau agents, GMAC agreed to file a repossession lawsuit naming Avelar and the Bureau of Narcotics as defendants.

"Obviously, if the lien is too high, and we are not interested in satisfying that lien, then this is the way to do that repossession," Kelley said. "It's just the legal hoops we have to jump through."

# 3 crash lawsuits ready for trial Timber harvest statistics don't match

BOISE (AP) — A Boise attorney says three lawsuits associated with the Nov. 15, 1987, crash of Continental Air Lines Flight 1713 are ready for trial in U.S. District Court here, and he is hopeful the trials can be scheduled for early next year.

Attorney Robert Koonitz represents survivors of John Stewart, 32, Fayette, and Terri Owens, 26, Boise, both of whom were killed when the jetliner attempted to take off in bad

weather for a flight to Boise from Denver. A third lawsuit involves injuries to Mike Spicer, Boise, president of Perma-Green Lawn Care Co.

"We're ready to try them as soon as the court can schedule them," Koonitz said Saturday.

The cases have been assigned to Judge Marion Callister, who has moved to senior or semi-retired status.

Koonitz said it is expected that the

trials will take four to five days each.

The issue of punitive damages has been resolved, through an early lawsuit and trial in the case. Koonitz said the Boise trials will center on the issue of damages under the Texas deceptive trade practices act, which the lawsuits allege, involved false and misleading advertising.

Stewart and Owens were among 14 Idaho residents killed in the crash.

LEWISTON (AP) — The amount of lumber cleared for sale during 1989 slightly exceeded the 10-year average for the Nez Perce and Clearwater national forests in north-central Idaho.

Exaggerating trends emerged in a summary of statistics prepared by the two national forest staffs.

While the volume of timber cut from the Nez Perce strongly outstripped the decade's average, the Clearwater failed to reach the same level.

In contrast, the volume of lumber mills bought exceeded the average on the Clearwater. A Nez Perce official blames an accounting glitch for the apparent shortfall in timber purchased there.

For the Nez Perce, the agency of 100,000 acres cleared for sale last year, an increase from the decade's average of 101.4 million. The volume sold dipped to 80.7 million from the 10-year average of 84 million.

David R. Fischer, Nez Perce timber

staff officer at Grangeville, said the sales total fails to reflect 19.7 million board feet that was offered during the fiscal year but was sold after the Oct. 1 beginning of fiscal 1990.

Loggers took 99.5 million from the Nez Perce during 1989, a large increase from the 74.5 million average.

For the Clearwater, the Forest Service shows it offered 158.5 million board feet of timber for sale during fiscal 1989, which ended Sept. 30.

## Girl prevents assault on sister

SEATTLE (AP) — A 7-year-old girl awakened and alerted her parents in time to grab a man and apparently prevent her 10-year-old sister from being raped, police said.

James R. Leflingwell Jr., 38, of Friday Harbor, was being held in the King County Jail on \$500,000 bond pending arraignment Tuesday on charges of attempted first-degree rape of a child and first-degree burglary.

The following account was given by the girl's father in a telephone interview Friday and in documents filed by prosecutors in King County Superior Court.

The younger girl awoke about 2:15 a.m. Wednesday and saw a

stranger had fallen while carrying her older sister down the hall. She ran by the man to her parent's bedroom.

"Daddy, come quick," she said. "There's a weird man with the sister's name."

The parents found Leflingwell sitting on the floor, apparently intoxicated, with the older girl still asleep on his lap and his pants unzipped.

Only when the intruder struck the father with his belt and the two began scuffling did the sleeping girl awaken. After the father had the man under control, police were summoned and arrested him.

"My youngest daughter is a hero,"

he said. Leflingwell apparently was familiar with his daughters because he has relatives who live in the neighborhood.

The father said he had insisted that the girls keep going to school and resume a normal-a-life-as-soon-as-possible.

"They're afraid to sleep without an adult in their bedroom," he said. "I think they're afraid to go out and play even."

Barbara Linde, deputy King County prosecutor, said Leflingwell said he had an alcohol-induced blackout and remembered only that "he was in a fight with some guy on his way home to his mother's home."

## Idaho fund-raising letter source of embarrassment

MOSCOW (AP) — The University of Idaho has asked its alumni for help to push it over its \$43 million centennial Campaign fund-raising goal, but the school exceeded last month.

Three weeks after topping the \$43.5-million mark, the UI Foundation sent a letter to about 20,000 alumni, asking them to help the school reach its original goal. The letter, dated Nov. 8, was signed by campaign honorary chairman and vice president of Boise Cascade Corp., J. Kirk Sullivan.

"I do not have to convince you that the University of Idaho is a

quality institution dedicated to education, research and service," Sullivan wrote.

"What I do have to convince you of is the urgent need to assist us in reaching and surpassing the Centennial Campaign goal of \$43 million. We are within striking distance, and you can help push us over the top. Without your support, we may fall short, and we simply cannot permit that to happen."

But earlier, on Oct. 26, the university announced that it had surpassed its \$43-million goal during its annual telephone campaign the previous week.

## Forgery suspect to return to court

BOISE (AP) — One of the first three people accused of forging an Idaho Lottery ticket to produce a winner has been forced to return to court.

James Peirso, 25, Boise, was ordered by 4th District Judge Robert Newhouse to stand trial Dec. 18 on the felony charge. He is being held in the Ada County Jail in lieu of \$25,000 bond. He allegedly altered the ticket to win \$10.

Peirso failed to appear in court Tuesday and was arrested Thursday night in Boise. If convicted, he faces up to five years in prison. Two co-defendants in the case are expected to testify against him in exchange for a recommended short jail term.

## On the agenda

Here's a list of governmental meetings this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests you confirm the information before attending.

**MONDAY**  
Burley City Council, 8 p.m., City Hall.  
Dietrich City Council, 8 p.m., City Hall.  
Gooding City Council, 8 p.m., City Hall.  
Hansen School Board, 8 p.m., high school.  
Jerome County commissioners, 9 a.m., courthouse.  
Ketchum City Council, 7 p.m., City Hall.  
Magic Valley Regional Medical Center Board, 7 p.m., hospital board room.  
Twin Falls City Council, 6 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**TUESDAY**  
Fairfield City Council, 7:30 p.m., firehouse.

Hagerman City Council, 7 p.m., City Hall.  
Jerome City Council, 8 p.m., City Hall.  
Shoshone City Council, 8 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**WEDNESDAY**  
Bliss City Council, 8 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**THURSDAY**  
Glenns Ferry City Council, 7:30 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**FRIDAY**  
Twin Falls County commissioners, 8:30 a.m., courthouse.

## This week at CSI

Here's the schedule of the meetings and events this week at the College of Southern Idaho.

**MONDAY**  
State Department of Education language development academy will be from 8:30 a.m. to 4 p.m. in Desert 113.

Student Senate meets at 2 p.m. in the Taylor Building cafeteria.

**TUESDAY**  
Brain Boosters meet at 7 a.m. in the Taylor Building cafeteria.

U of I daily teleconference will be from 11 a.m. to 1 p.m. in Aspen 108.

Students on Recreatory meet at 1 p.m. in Desert 113.

Child development field trainers meet at 3:30 p.m. in Canyon 205.

CSI Christian Fellowship meets at 7 p.m. in Aspen 142.

Military testing will be from 7 p.m. to 10 p.m. in Shields 207.

Magic Valley Symphony rehearsal will be at 7:30 p.m. in Fine Arts 121.

CSI student services offices and bookstore will be open until 7:30 p.m.

**WEDNESDAY**  
Student Re-Entry Support Group meets at noon in the Taylor Building student conference room.

FFA crops contest will be from 3-7 p.m. in Aspen 108.

Idaho Department of Agriculture chemigation

hearing will be at 6:30 p.m. in Shields 117-118. Emotions Anonymous meets at 7 p.m. in Shields 101.

Magic Valley Arts Council meets at 7:30 p.m. in Shields 107.

Stage Band rehearsal will be at 7:30 p.m. in the Fine Arts auditorium.

**THURSDAY**  
Ernie Sites musical entertainment will be provided at 11 a.m. in the Desert cafeteria and at noon in the Taylor Building Eagle's Nest.

Idaho Department of Health and Welfare reform session will be from 11:30 a.m. to 3 p.m. in Desert 113.

Magic Valley Chorale rehearsal will be at 7:30 p.m. in the Fine Arts auditorium.

**FRIDAY**  
Magic Valley Chorale rehearsal will be at 7:30 p.m. in the Fine Arts auditorium.

**SATURDAY**  
Military testing will be from 9 a.m. to 1 p.m. in Shields 207.

CSI vocal and piano workshop will be from 9 a.m. to noon with recital at 2 p.m. in Fine Arts 121.

Magic Valley Chorale concert will be at 8 p.m. in the Fine Arts auditorium.

**SUNDAY**  
Magic Valley Chorale concert will be at 3 p.m. in the Fine Arts auditorium.

## Bus

Continued from Page B1

that same month, Gary Richardson, information officer for the PUC, said.

Also, that segment brought in only \$3.5 million from express freight during the month, Richardson said.

The PUC will have a public hearing on the request at 1 and 7 p.m. Jan. 9 at the Quality Inn in Pocatello.

With American Falls being the only city completely cut off from

service, Alexander said he didn't anticipate any opposition from the public to the request.

But some city officials are upset.

"While sympathizing with Greyhound's economic argument, Burley Mayor Ken Fronk said the change would hurt the Mini-Cassia area."

John Lo Buono, Pocatello chamber of commerce executive vice president, said eliminating the route would reduce the frequency of ser-

vice to eastern Idaho cities.

"When you limit them, you limit the attractiveness of the city," he said.

The trend in commercial-bus transportation is toward stops in major markets and away from local service, PUC Commissioner Perry Swisher said. "Increasingly Idaho gets served by these interstate carriers for the same reason the chicken crosses the road," he said.

## Appeal

Continued from Page B1

mission their area is highly populated and presented photographs and testimony contending a dairy owned and operated by Kenny Vanderham has damaged and devalued their property.

The county commissioners stated that "no conclusive data was presented showing economic, social or physical stress on the existing uses of the surrounding area as the result of passing traffic."

Vanderham has denied his operation has created undue problems for

the home owners.

The home owners may challenge the decision because only three voting commissioners and the chairman heard testimony, Martin said. Five members constitute a quorum for the 10-member commission.

"So half of them never even heard the testimony and yet they voted," she said. "We feel like it was an illegal procedure."

Montgomery said the argument is invalid because the county commissioners — not the planning commission — make the final decision.

The zoning commission did listen to the evidence and county attorney John Hargan said it acted properly, Ellwell said.

The county commissioners stated that urbanization in the area shouldn't have occurred under proper planning. "It's been urbanized in spots and away from local service. It shouldn't have been," Planning and Zoning Administrator Glenn Elwell said. "Now, who's fault is it is anybody's argument."

Recognizing, he said, would conflict with existing activities in the area.

## Rules

Continued from Page B1

Robert DeBie, of D B Farms, said, "Maybe you've had a permit for two or three years, but now they're nit-picking, they're looking for other restrictions to put on the dairymen."

He added, however, that he favors a closer look at statutes currently governing livestock operations. The current guidelines are not very effective and the industry needs some standards, he said.

Current county dairy regulations stipulate that a 300-foot setback must stand between a 300-foot residential area and a residence.

Under the proposed ordinance:

- Permits would still be required, but the Planning and Zoning Commission — not the county commissioners — would decide whether to approve them. Permit costs would be \$75 and owners would have to submit a map designating surface contours, soil conditions and natural drainage points.
- Setbacks in A-1 zoning would be extended to include lagoons and waste facilities, which would have to be 300 feet from the property line.

Corrals would need to be at least 300 feet from residences.

In areas zoned A-2, distances between residences and corrals, feed storage areas or waste facilities would be 1,000 feet. No new livestock operations would be allowed in these areas.

Owners would be required to pay annual fees, as yet undetermined, to finance annual inspections.

"Violations" of the ordinance would be subject to a fine punishable by a maximum fine of \$300 and up to six months in jail.

County Commissioner Veronica Lierman said the task force has done a good job integrating all of the interests involved. "I think that's a pretty good ordinance at this point, from what I've seen of it," she said. "I don't think that anybody's going to be completely satisfied, but that makes it that it is a balanced ordinance."

Copies of the proposed ordinance are available from the planning office at the courthouse.

## Obituaries

**Ida K. Peterson**  
MURTAUGH — Ida K. Peterson, 81, of Murtaugh, died Sunday, December 3, 1989. Funeral services will be announced by Reynolds Funeral Chapel and will appear in the newspaper at a later date.

**Christena Compton**  
BUHL — Christena Compton, 93, of

Buhl, died Sunday, December 3, 1989, at West Magic Care Center. The funeral will be at 2 p.m. Tuesday at the Farmer-Falls Funeral Home. Burial will appear at a later date.

**Lloyd E. Mason**  
CALDWELL — Lloyd E. Mason, 86, of Caldwell, formerly of Twin Falls, died Saturday, December 2, 1989, at West Valley Medical Center. Services are pending and will be announced by White Mortuary, a full obituary will appear at a later date.

well. A full obituary will appear at a later date.

**Raymond R. Payne**  
TWIN FALLS — Raymond R. Payne, 76, of Twin Falls, died Saturday, December 2, 1989, of natural causes at the Twin Falls Clinic and Hospital. Services are pending and will be announced by White Mortuary. A full obituary will appear at a later date.

## Polls

Continued from Page B1

44 percent — believe abortion should be available if the future of an unmarried teenage girl might be seriously affected.

Eighty-five percent said they opposed to a ban on abortion when a woman's life is in danger.

Seventy-seven percent are opposed to a ban on abortion when a woman's physical health is in danger.

Seventy-one percent oppose a ban on abortion when a pregnancy results from rape or incest.

Smaller majorities of 66 and 60 percent oppose a ban on abortion when the woman's mental health is endangered or when there is likelihood that child will be deformed or handicapped.

In contrast to national surveys,

less than a majority of Idahoans believe abortion should be available if the future of an unmarried teenage girl might be seriously affected.

"The family is still the source of values and emotional support in Idaho, although abortion is viewed as a very serious decision, a clear majority of Idahoans believe it is a decision best left between a woman and her doctor without the interference by governmental agencies," the study concluded.

Hefner accuses Planned Parenthood leaders of not releasing all the results. Hefner did, she said, their poll would look much like Eastland's.

Burdley offers another explanation for the apparent contradictions between the two polls.

One attempts to assess personal opinion while the other asks a question of law, he said.

"They are two entirely different things."

## Hospitals

Sharon Breeding, Alfred Robinson and Helen Sully, all of Twin Falls; Teresa Cook and Kendra Dawn Lewis, both of Kimberly; Melody Rose Holden and Robin Holford, Greenleaf.

Released

Mrs. Kevin Adams and son of Twin Falls; Angel Chavez and Clark Taylor, both of Boise; Mrs. Jay Miller and daughter of Henry, Oregon; Wanda of Death, Nev.; and Sherri Yurivich and daughter, Meridian.

Bidita

A baby to Dr. and Mrs. Wayne Blauer and to Mr. and Mrs. Randy Gledet, all of Burley.

Cassia Memorial Hospital Admitted

Nancy Blauer and Marvin Larsen, both of Burley; Martha Antley, of Rupert; and Jordan Bevan, of Paul.

Released

Cathy Bishop, Helen Lindley and Maria Llanos, all of Burley.

Bidita

A baby to Dr. and Mrs. Wayne Blauer and to Mr. and Mrs. Randy Gledet, all of Burley.

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**Sticky negotiations**  
Horses and cats posted gains in heavy trading Friday, during postage stamp trading day in Alberton School, Missoula, Mont. Every other Friday, 40 - 50 pupils in grades 5-8 sit in on an hour of sticky negotiations.

# Feud throws cold water on state commemorative coins

WASHINGTON (AP) — It's a feud fit for the Old West. Sen. Max Baucus, D-Mont., thought it would be a good idea to celebrate the 100th birthdays of six Northwest states with a commemorative coin. Montana, North Dakota, South Dakota and Washington turned 100 years old this year, and Idaho and Wyoming will hit the century mark in 1990. But Baucus' insistence that some of the coins be made of palladium, a metal mined only in his home state, led to a standoff with the House and the U.S. Mint that has all but dented his plan. The Mint opposed minting any coins for the six states, arguing at a House hearing in October that there already were too many commemorative issues. The Mint particularly opposed using palladium, contending the silver-white metal used in automobile catalytic converters is too hard to mint. Representatives of coin collectors agreed with the Mint, and the House last week approved a silver-only issue of a million coins. But the Senate, which has approved Baucus' palladium plan at least four times, accepted Baucus' demand that at least 175,000 coins be made of palladium. Earlier he had proposed 350,000. The Senate passed Baucus' plan Nov. 22 shortly before Congress adjourned this year's session. The House, however, refused to back down and sent the bill back to the Banking Committee that rejected Baucus' idea in the first place. It is not expected to be the committee's top priority. "It may be a dead issue, frankly," Baucus spokesman Bob Harrison said. Interest in the bill has been focused in the delegations of Idaho and Montana, the two states with the most to gain. South Dakota, for example, has been more concerned with getting a coin approved for the 50th anniversary of Mount Rushmore National Memorial. Baucus accuses silver-producing states like Idaho, which produces a quarter of the nation's supply, of sabotaging his idea. "It was an issue of equity," Harrison said. "It was Max's bill, and we were being disinclined to participate in it."

# Bombs still tested though all go bang

MERCURY, Nev. (AP) — For 38 years, the government has exploded nuclear weapons at the Nevada Test Site. Bombs have been dropped from airplanes and exploded atop tall towers. They've been buried deep underground in tunnels. At least one was launched with an air-to-air rocket. In every one of 697 announced tests, there's been one constant. "They've always gone off," said Paul Brown, head of the Defense Systems Arms Control office at Lawrence Livermore National Laboratory. "Sometimes the yields haven't been what we expected, but they've always gone off." Given that nearly perfect track record, why does the government continue spending some \$500 million a year to test its nuclear weapons? "Reliability is one reason, but it's

only one," Brown said. "We see a need to modernize our weapons in response to a changing world. And there's a tremendously significant need to improve the safety of our current weapons." That view is challenged by a senior physicist at Lawrence Livermore, where nuclear weapons are designed. Ray Kidder, a 30-year veteran of nuclear weapons research, says current weapons are both safe and reliable and contends the only reason for continued testing is to develop new warheads, such as one under development that would burrow underground before exploding. "Do you want new weapons or not? That is really the only question," said Kidder, who in a 1987 report to Congress — refuted by the Reagan administration's contention it needed to

test weapons from stockpiles to ensure they worked. Kidder's five-month study found the nuclear stockpile to be robust, and argued that weapons no longer had to be taken off the shelf to be tested. "With the exception of a few of the management people in the complex here, I think almost everyone agrees with that now," he said. "Almost anybody that doesn't have an institutional reason for it pretty much agrees you can maintain a stockpile for deterrence forever without new testing." Nuclear weapons have a shelf life of only about 20 years before they start deteriorating, but Kidder argued in his study that scientists would be able to manufacture new ones based on old designs without the need for new testing.

# Utah lawmaker want to change wording in Pledge of Allegiance

SALT LAKE CITY (AP) — A Utah legislator has pre-filed a resolution asking the state's congressional delegation to lead the fight in changing the Pledge of Allegiance. Rep. Jed Wasden, R-Midvale, wants Congress to modify the concluding phrase of the pledge to read "...with liberty, justice and responsible freedom for all." He's encouraged enough to ask his fellow legislators to back him in the crusade. His resolution will be considered when the Utah Legislature convenes Jan. 8. Wasden acknowledges the idea isn't his. He says the man behind the inspiration is Mark Nichols, a friend and the former director of Utah's vocational education program. The resolution states that "present social and economic conditions in

our country beckon a need for additional strengthening of the pledge to denote the responsibility of all Americans for the freedoms enjoyed by this free land." Nichols, a volunteer developing citizenship programs at West High School, says he sees a weakening of ethical principles. Easy credit is creating an unrealistic appetite for luxuries. He also is concerned with increases in sex abuse, serious crime, and use of drugs and alcohol. "What is needed, he concludes, is a national scaphandre as a signal to motivate more responsible action. "Many don't know the difference between freedom and liberty," he says. "Liberty is a legal right. Freedom demands personal responsibility." He believes there can be no better

long-term way to reach the heart of the matter than to change the pledge. And he points out the pledge has been changed twice before for cultural reasons. The pledge was first used in public school exercises in 1892, written by Francis Bellamy of Boston, associate editor of the publication, "The Youth's Companion." The pledge was highlighted at the Chicago World Fair that year and found use in patriotic exercises with the flag to mark the 400th anniversary of the discovery of America, Nichols said. The original version: "I pledge allegiance to the flag of my country, and to the republic for which it stands, one nation indivisible with liberty and justice for all."

# Prizes aren't always necessarily so

BOISE, Idaho (AP) — Mailed notices that someone has won a new car and \$5,000 aren't necessarily so, says Attorney General Jim Jones. Jones said Friday United Resorts of America, Inc., also known as Fort Running Bear, has entered into a voluntary compliance agreement with the Consumer Protection Unit of his office. That settles complaints over mail solicitation used by the company to induce people to visit and possibly join recreational vehicle membership park near Mountain Home.

Home. Jones said Idaho residents have been blanketed in recent months with promotional literature which appeared to indicate that someone had won a car and cash. In reality, the recipient must attend a sales presentation at the resort facilities, near Mountain Home, and match the number on the notice to the prize numbers at the facility to see what prize would in fact be awarded. The odds of receiving the car or cash were slim, Jones said.

# Utah lawmen skeptical about proposed flag desecration law

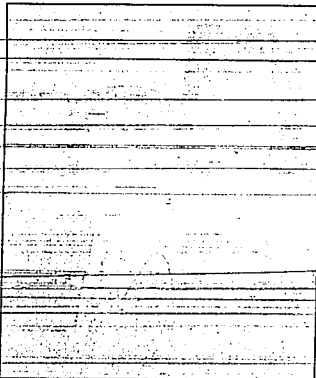
OGDEN, Utah (AP) — Some Utah lawmen are skeptical of a bill that would allow citizens to sue for that kind of law is, where do you stop the aggression? "This has got to be a joke," said Ogden Police Capt. A. K. Greenwood after reading the legislation, which outlines that a citizen can use "reasonable force" to stop someone from desecrating the flag.

"In spirit, I believe that I support that," said Davis County Sheriff Harry Jones. "The danger in that kind of law is, where do you stop the aggression?" "This has got to be a joke," said Ogden Police Capt. A. K. Greenwood after reading the legislation, which outlines that a citizen can use "reasonable force" to stop someone from desecrating the flag.

# Garn thinks purpose of study is to shoot down a proposed electronic battlefield

SALT LAKE CITY (AP) — Accounting Office. Rather, Garn said he asked the GAO for a budget status report of the project. "The purpose of this request was to understand the budget requirements of the Utah range for the 1990s because of an \$80 million discrepancy between the local Air Force projected figures and Pentagon officials' projected spending for 1990," Garn said in a press release.

Accounting Office. Rather, Garn said he asked the GAO for a budget status report of the project. "The purpose of this request was to understand the budget requirements of the Utah range for the 1990s because of an \$80 million discrepancy between the local Air Force projected figures and Pentagon officials' projected spending for 1990," Garn said in a press release.



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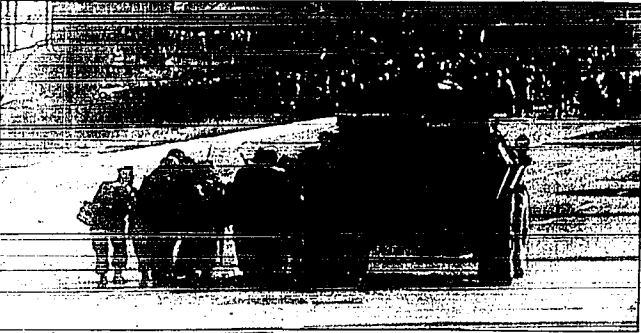


# Some People Will Have Plenty Of Places To Eat This Christmas.

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# World



## As civilians watch, government troops, supported by a personnel carrier, prepare to assault the camp of the general headquarters where mutinous troops are holding their ground Rebel soldiers take high-rises, kill Christmas

MANILA, Philippines (AP) — During the Christmas season, the broad avenues of Makati are a magical place of tinsel and bright lights. This year, they became a battlefield for the future of President Corazon Aquino's government.

Christmas carols, usually broadcast across the shopping district on loudspeakers, were replaced by the crackle of gunfire.

Makati, the swanky financial district of elegant shops and posh hotels, was the last stronghold in the capital of military mutineers who launched a coup attempt Friday against Mrs. Aquino.

They took up positions in hotels, high-rises and condominiums that line the streets, trading fire with

government forces below. Makati's main street, Ayala Avenue, was deserted. The district is home to foreign embassies, foreign-owned banks and firms and headquarters of major corporations. It is also the favored residential area of foreign diplomats and wealthy Filipinos, including close relatives of Mrs. Aquino.

One building, the Atrium, was heavily damaged, pockmarked by hits from government M-60 machine guns, 90mm recoilless rifles and 20mm anti-aircraft guns.

A soldier on the street even asked an officer for permission to test fire his M-16 at the Atrium, several hundred yards away.

The high-rises were good places for the rebels as they targeted

loyalist soldiers below.

"They can move from floor to floor with ease, just using the elevators, while we here on the ground don't know from what floor they will be firing at us next," said one soldier on the street, who asked not to be identified.

"Can't you cut off electricity and water?" a reporter asked him.

"Yeah. But these buildings have their own generators and water pumps, so there," the soldier replied.

## New Czech government draws fire from opposition

PRAGUE, Czechoslovakia (AP) — Communist leaders named a new government Sunday that includes non-Communists for the first time in 21 years, but it was immediately denounced because of the large number of holdovers from the last Cabinet.

Premier Ladislav Adamec said the government is open to "radical changes," but opposition leaders called for a renewal of mass street protests and threatened a general strike if the ministers are not replaced in a week.

Hundreds of people gathered on Prague's Wenceslas Square in the night and urged people to rally Monday, chanting "Everybody here tomorrow!"

The new government includes five non-Communists, but the other 16 members are Communists, and 13 served on the previous Cabinet.

It failed to meet opposition demands for a non-Communist interior minister, who is in charge of police, and a civilian defense minister.

As he swore in the Cabinet, President Gustav Husak indicated he may be ready to step down, as the opposition has demanded. Husak was installed here after the crushing of reforms in 1968, and he is the last of those leaders still in power.

One of the government's first acts was to propose talks with Moscow on the future of the 80,000 Soviet troops in Czechoslovakia since the Warsaw Pact invasion that crushed the reforms 21 years ago.

Soviet President Mikhail S. Gorbachev, the architect of the reforms sweeping Eastern Europe, recently criticized the invasion.

## PLO responds 'positively' to Baker's Mideast plan for talks

Los Angeles Times identified.

CAIRO, Egypt — The Palestine Liberation Organization has forwarded a "substantially positive" response to Secretary of State James A. Baker III's proposal for a direct Palestinian-Israeli peace dialogue, a senior PLO official said Sunday.

However, the PLO is continuing to insist that it participate in selecting the Palestinian delegation, said the official, who asked not to be

identified. "Our position in principle is the PLO selects the delegation as the sole representative of the Palestinian people, and these would be from inside and outside" the Israeli-occupied West Bank and Gaza Strip, he said.

An initial draft of the response was submitted Sunday to Egyptian and American diplomats to draft a statement that will represent the

organization's final response, according to sources close to the negotiations.

The PLO for weeks has delayed any response to the dialogue proposal, at one point seeking "clarifications" to ensure that the PLO would be able to appoint the Palestinian delegation and that any talks would not be limited solely to Israeli Prime Minister Yitzhak Shamir's plan for elections in the occupied territories.

## Leader labels U.S. Enemy of Arabs

ABU DHABI, United Arab Emirates (AP) — President Sheik Zayed bin Sultan Al Nahyan on Sunday denounced the United States as the "Arabs' No. 2 enemy," saying it supports Israel at the expense of the Palestinians.

"Israel is our No. 1 enemy, and America is our No. 2 enemy," he told a news conference at the culmination of nationwide celebrations marking the 13th anniversary of the United Arab Emirates.

"America supports Israel in its intransigence against the rightful

cause of the Palestinians," Sheik Zayed said.

The United States stands to lose the friendship of 21 Arab powers by "exaggerating its support for Israel," he said.

Otherwise, he said, the United Arab Emirates "has warm and friendly relations with America."

Answering a wide range of questions by Arab and foreign reporters, the sheik lauded Soviet President Mikhail S. Gorbachev for introducing "appreciable changes" for his people.

## Tamil rebels kill 17 Sinhalese soldiers

COLOMBO, Sri Lanka (AP) — Tamil rebels ambushed an army truck and killed 17 Sinhalese soldiers Sunday in a northern district, a military official reported. He said the killers first attacked with grenades and then sprayed the truck with rifle fire, killing all the soldiers who were returning to base from a trip to market in Vavunia district, Vavunia is about 110 miles north of Colombo.

The official, who was not

identified in line with army regulations, blamed the attack on ethnic Tamil insurgents.

In another development, a government official reported that 115 anti-government Sinhalese had surrendered to army units since Friday.

He said air force helicopters had dropped 350,000 leaflets in southern, central and northern parts of Sri Lanka appealing to Sinhalese militants to give themselves up.

## Sinking tanker could cause Israel's worst spill

HAIFA, Israel (AP) — An oil tanker was sinking Sunday in the Mediterranean, and heavy seas threatened to smash it onto rocks and cause the worst oil spill in Israel's history, officials said.

About 30 to 60 tons of fuel and oil already have leaked, they said. The oil-covered the beaches along this resort town north of Tel Aviv.

"It looks like a street paved on the beach," said Environment

Ministry director Uri Marlow. "But it is zero compared to what will happen if all 600 tons come out."

The Israeli-owned Eyal, carrying 660 tons of heavy oil, developed engine problems Thursday en route from the northern port of Haifa to the port of Ashdod in the south.

Government officials said the 150-foot ship, Israel's only coastal tanker, flooded in high seas.

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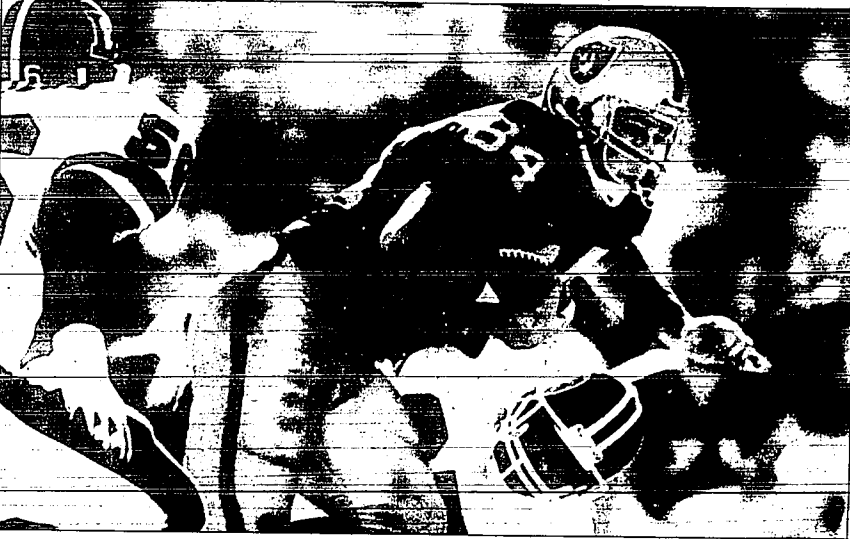
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Raiders' tight end Mike Dyal is stopped by Broncos' safety Steve Atwater after catching a pass for 16 yards.

# Oilers beat Steelers in Pittsburgh storm

### AFC Central

Then, after forcing Pittsburgh to punt, the Oilers — playing for the first time this season in frigid weather — drove 68 yards on seven plays for Moon's 27-yard touchdown pass to Drew Hill with 10 seconds left in the half for a 14-10 lead. Hill was playing for the first time in three weeks after being sidelined with a painful back injury.

Anderson kicked his second field goal early in the third quarter, but the Oilers tackled punter Harry Newsome in the end zone for a safety following a bobbled snap and a 16-13 lead.

Houston then forced Pittsburgh to settle for Anderson's playing 18-yard field goal with 5:43 to play after the Steelers had driven 78 yards to a first down at the Oilers' 2. Merrill Hoge gained just a yard on two carries and Brister couldn't find a wide-open Tim Worley in the end zone on a third-down incompletion.

Earlier on their first possession of the game, the Steelers settled for Anderson kick's 18-yarder and a 3-0 lead when Brister and Tim Worley were stopped for no gain from the Oilers' 1. Worley's 12-yard run had given the Steelers a first down at the 3.

Worley, the Steelers' first round draft pick, carried 18 yards, 171 yards and his first NFL 100-yard game. Worley has 198 yards in his last two games.

The frigid weather and snow resulted in 18,459 no-shows in 59,000-seat Three Rivers Stadium. Thousands of more fans left before the game ended.

# Raiders beat Broncos in overtime, 16-13

### AFC West

LOS ANGELES (AP) — Thoroughly outplayed for the first 52 minutes Sunday, the Los Angeles Raiders were fortunate to trail Denver by only a touchdown.

Then, three rather unlikely heroes — placekicker Jeff Jaeger, tight end Mike Dyal and cornerback Lionel Washington — emerged to keep them in the playoff race.

Jaeger kicked his second game-winning field goal in as many weeks, a 26-yarder after 7:02 of overtime, to give the Raiders a 16-13 victory over the Broncos.

"This 'iped make it an outstanding season for me," said Jaeger, who had never kicked a game-winning field goal in an NFL game before his 32-yarder with 5:57 to go gave the Raiders a 24-21 win over New England on Nov. 26. "I knew all of my kicks were good today the minute I kicked them."

The Raiders moved from their own 29-yard line to Denver 9 in six plays following a punt. Jaeger then kicked his third field goal on a

their safety, and I did."

On his 26-yard catch in overtime, Dyal said, "Their linebacker was trying to cheat inside and Steve saw it. It was wide open."

The Raiders now have a 7-0 record and are in contention for a wild-card spot. The Broncos, who clinched the AFC West title a week earlier, are 3-3.

Denver won the coin toss at the start of the overtime period but was forced to punt after getting two first downs.

The Broncos had a chance to win in the final minute of regulation, but Washington intercepted a pass John Elway and returned it 14 yards to the Los Angeles 45-yard line with 30 seconds left.

It was the second interception of the game for Washington, who had only one previously this season.

"I told myself to stick in there and something good would happen," Washington said of his second interception. "As the pass came toward me, it looked like a beachball."

# Rams manage win over Dallas, 35-31

### NFC West

IRVING, Texas (AP) — Jim Everett threw four touchdown passes — two in the last four minutes — and rallied the Los Angeles Rams to a 35-31 victory Sunday over the Dallas Cowboys at Troy Aikman, who also had four touchdown passes.

Los Angeles advanced its record to 9-4 while Dallas dropped to a 1-2 record in its second-worst season.

Everett overcame a 31-21 deficit with scoring passes of 39 yards to Ron Brown with 3:58 to go and 23 yards to Aaron Cox with 1:50 left.

Dallas managed to tie the Los Angeles 13-yard line before the end of an Aikman-to-Cornell Burgess completion.

The loss was the 13th consecutive for Dallas in Texas Stadium. The Cowboys have won at home since defeating Atlanta 26-20 in September 1988.

Aikman had three second-half touchdown passes. He scrambled for gains of 19 and 17 yards before hitting tight end Steve Folsom for a 5-yard scoring pass that put Dallas about 27-17 with 11:23 to play.

Brown fumbled the ensuing kick off to Manny Hendrix at the Rams' two-yard line. After being sacked, Aikman hit Beverly Ford with a 10-yard scoring strike.

# Late field goal keeps Packers in 1st place

### NFC Central

TAMPA, Fla. (AP) — Dramatic finishes are becoming routine for Green Bay Packers as they won their one-point game of the season Sunday and named Tampa Bay's bid to win three in a row for the first time in seven years.

Chris Jacke's 47-yard field goal with no time remaining gave the Packers a 17-16 victory over the Buccaneers and enabled Green Bay to stay in first place in the NFC Central Division.

The game-winning kick came on the 12th play of a 32-yard drive that was kept alive by an illegal hand to the face penalty against Tampa Bay's Shawn Lee.

"I'm not sure what the call was," Tampa Bay coach Ray Perkins said. "Even if they explained it to me, I'm not sure. Our players are very down. That's all I have to say."

Don Majkowski, who threw two touchdown passes to Sterling Sharpe, threw a 47-yarder to Carl Bland at the Buc 29. The last four games in the series have been decided by three points or less.

"It seems that if you want a good

tion on fourth-and-16 from the Green Bay 39 to give the Packers new life on the last drive.

"I know we got a huge break, but we got some bad breaks earlier in the game, so maybe they'll evened out," Infante said. "To get a second chance like we did, and then go out and do the job, that's great. It tells us if we keep plugging, keep working hard, then good things will happen to you."

### Detroit 21

### New Orleans 14

PONTIAC, Mich. (AP) — Richard Johnson caught eight passes for 248 yards, including a 75-yard touchdown — bomb — from Bob Gagliano, as the Detroit Lions beat New Orleans 21-14 Sunday, all but crushing the Saints' slim hopes for a wild card playoff berth.

Johnson's yardage was second in Lions' history only to Clyde Box who had 302 yards receiving against the Baltimore Colts in 1960.

"It was the first time since 1986 that Detroit (4-9) has won two consecutive games. The Saints (6-7)

with 3:25 remaining.

The Chargers had a chance to force overtime, but Chris Bahr's 37-yard field goal try with 10 seconds remaining was wide right.

the Rams let the Cowboys back into the game when Dale Hatch couldn't get off a punt and was tackled by Ray Horton at the Los Angeles 38.

Two plays later, Aikman hit James Dixon on a slant pattern over the middle on a 35-yard touchdown pass.

Two lost fumbles contributed to a quick 14-0 first period lead by the Rams.

Linebacker Kevin Greene recovered Junior Tautaila's fumble at the Los Angeles 47. Everett flipped a 1-yard scoring pass to Damon Johnson for the touchdown after a 12-play drive.

The Rams scored again in less than three minutes when safety Vince Newsome recovered Paul

Chip Lohmiller kicked a 24-yard field goal with 1:38 to play, and Fups was called for intentional grounding on a pass out of the end zone for a safety with 53 seconds left to close out Washington's scoring.

The Jets improved to 4-9. San Diego also is 4-9.

# Foundering Jets rally to beat San Diego

### AFC East

SAN DIEGO (AP) — Roger Vick's two fourth-quarter touchdown runs and a swarming New York Jets defense produced a 20-17 victory over the San Diego Chargers on Sunday.

Vick's first touchdown, a 1-yard run, came with 9:19 left to play and put the Jets back on top, 14-10. It followed a seven-play, 47-yard drive led by backup quarterback Pat Ryan, who replaced injured Ken O'Brien in place of the injured Ken O'Brien.

San Diego pulled within three points when rookie quarterback Billy Joe Tolliver threw an 8-yard touchdown pass to Anthony Miller

with 3:25 remaining.

The Chargers had a chance to force overtime, but Chris Bahr's 37-yard field goal try with 10 seconds remaining was wide right.

# Redskins beat Phoenix, keep hopes alive

### NFC East

TEMPE, Ariz. (AP) — Gerald Riggs and Earnest Byner both had 14-play and 607-yard runs, while rookie cornerback A.J. Johnson returned a punt for his first NFL touchdown and the Washington Redskins beat the Phoenix Cardinals 29-10 Sunday.

Washington (7-6) took the second-half kickoff and drove 61 yards in 11 plays and 6:07, said Riggs, to touchdown putting the Redskins ahead to stay at 17-10.

Hogeboom was 8-of-11 for 131 yards before fracturing the index finger on his throwing hand eight minutes before halftime.

Tupa took over and was 10-of-18 for 124 yards as the Cardinals (5-9) lost their third straight game overall and second under interim head coach Hank Kuhlmann.

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# Eagles

Continued from Page C1

The third quarter might have been more, but Zeke Mowatt dropped a pass wide open in the end zone.

Then, after holding the Eagles on three cracks from the 1-yard line, Wilson's 1-yard run at the end of a 49-yard drive set up by Mike Runger's 21-yard punt into the wind.

Then, using a timeout at the end of the third quarter, the Giants were able to make the Eagles punt into the

wind again and after an exchange of punts and a sack by Erik Howard, the Eagles were backed up at the 1 and faced a fourth down.

In came Cunningham, rather than Runger, to punt. A punter in college, Cunningham had punted twice previously this season.

Meggett fielded on the 8 and took it back to the 16. But one play later, Bob Golik sacked Simms, who fumbled and Mike Pitts recovered at 7, setting up the winning score.

"Merry Christmas," said Simms, who completed 11 of 37 for 265 yards. "I had a lot to do with their fumbling, no question about that. There's really no reason at all for the fumbles." All-Pro linebacker Lawrence Taylor played the first half for New York, getting one tackle and three assists.

# Hagerman wins Bliss tourney

The Times-News

BLISS — The fourth-ranked Hagerman Pirates won the Bliss Invitational boys' basketball tournament Saturday night, defeating Carson Valley 48-46 in boys' basketball action.

## Prep basketball

Pharis led Hagerman with 14 points while Warr chipped in a dozen. The Wolverines did take the lead near the end, but a basket by Hagerman with 25 seconds left proved to be the shot that won the game. The victory improved the Pirates' record to 3-0.

Table with 3 columns: Team, Score, Result. Includes Hagerman 48-46 Carson Valley, etc.

# St. John's crushes Wright State

NEW YORK (AP) — Robert Wendann had 20 points and 16 rebounds as St. John's' frontline starters outscored Wright State's 52-26 and the 20th-ranked Redmen beat the Raiders 76-56 for the championship of the Lapchick Memorial Tournament.

## College basketball

Penn St. 82 BYU 72

STATE COLLEGE, Pa. (AP) — Ed Fogel scored 23 points as Penn State turned back a second-half rally and beat Brigham Young 82-72 Saturday night.

each added 16 points for Penn State, which held a 42-27 rebound margin in the game. Twin Falls' Andy Toolson had a team-high 33 for BYU and Marty Hlaws added 14.

St. John's (5-1) has won all 15 editions of its own tournament which honors the memory of its longtime coach and is now 30-0 in tournament play.

South Alabama beat San Diego 77-72 in the third-place game. Wright State (2-1), an independent school in just its third season in Division I, hung tough with the Redmen for the first 10 minutes and held its last lead at 19-18 on a 3-pointer by Marcus Mumphilly with 9:39 left.

Then the Redmen's size advantage took over and it led to a lot of easy fast break opportunities.

Then the Redmen's size advantage took over and it led to a lot of easy fast break opportunities. Jason Buchanan started a 25-8 streak for the Redmen with two 3-pointers sandwiched around two free throws by Billy Singleton. Wendann scored six more in the run and Buchanan had four more as the Redmen led 43-29 at halftime.

## N.-Carolina 87

Chapel Hill, N.C. (AP) — No. 12 North Carolina beat Towson State 87-70 Sunday to square its season record at 2-2.

Scott Williams scored 20 points and North Carolina shot 61 percent in the first half as it played its sixth game in 10 days. Towson State (2-1) trailed 78-58 with six minutes left but went on an 11-2 run, pulling to 80-60. Eugene Kurk Lee scored 11 of his game-high 26 points during that stretch. But Williams, making two free throws and a jump shot with four minutes left and the Tie Hook (4-2) costed the rest of the way. Towson State shot 30 percent from the field in the first half and 39 percent for the game, while North Carolina made 53 percent.

# Scores and stats

Table with 3 columns: Team, Score, Result. Includes Redondo 45-35 NLR, etc.

## Rodeo

Table with 3 columns: Event, Name, Score. Includes LAR VEDA AP, etc.

## Individual Statistics

Table with 3 columns: Player, Team, Stats. Includes RUDOLPH, etc.

# Parker

Continued from Page C1

left-handed batters hit a total of only 20 home runs in 1989.

Milwaukee also hopes the addition of Parker will bolster its efforts to retain free agent Robin Yount.

"The Brewers showed genuine interest from the start," Parker said. "I don't think they had a serious negotiating session with us. But this is a business—and we all understand

that." The Athletics, who last week resigned free agent outfielder Rickey Henderson for four years at \$12 million, also will need to spend big money to satisfy outfielder Jose Canseco, pitcher Dave Stewart and others.

"We would like to bring back everybody from our championship team, but the economics haven't made it possible," Athletics general manager Sandy Alderson said. "We also didn't feel we could give him the multi-year contract he was seeking."

Parker has 307 home runs, 1,342 RBIs and a .289 average for 17 seasons. He was the National League MVP with Pittsburgh in 1978 and spent the past two seasons with Oakland.

The Brewers had not signed a free agent since getting Roy Howell, who had been with Toronto, on Dec. 11, 1988.

Milwaukee, crippled by injuries, was 81-81 and finished fourth in the AL East, eight games behind Toronto. The division now may be the weakest in baseball, and the Brewers, projected by many as the favorites last season, wanted someone who could teach them how to win, and then help do it.

# Football

## NFL standings

Table with 3 columns: Team, W, L, T. Includes AFC East, etc.

## Individual Statistics

Table with 3 columns: Player, Team, Stats. Includes DUNN, etc.

## NBA standings

Table with 3 columns: Team, W, L, T. Includes Eastern Division, etc.

# Who's Hot

Table with 3 columns: Player, Team, Stats. Includes DUNN, etc.

## NHL standings

Table with 3 columns: Team, W, L, T. Includes Eastern Division, etc.

## NFL box scores

Table with 3 columns: Team, Score, Result. Includes Denver 30-10 LA, etc.

Advertisement for Leonard Duran III. Includes text: 'LEONARD DURAN III', 'THURSDAY, DECEMBER 7, 1989', 'LIVE VIA CLOSED-CIRCUIT BIG-SCREEN TV', 'LEONARD/DURAN 9:00 P.M.', 'Tickets: \$25 Gala Showroom, \$20 Horseshu', 'Hurry, seating is limited.', 'Cactus Pates logo.



Legals/Classified Legals- Selected offers 002-007

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SELECTED OFFERS \$5555 Table listing various items for sale such as tools, equipment, and electronics.

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Classified Private Party Rates: See order form for our standard rates.

Automotive Table listing car services, auto parts, and automotive accessories.

002 Lost & Found

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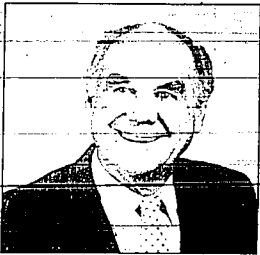
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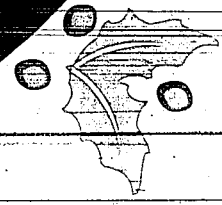
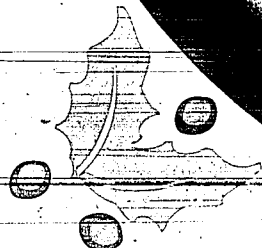
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**BRING THE ENTIRE FAMILY ... IT'S A CHRISTMAS EXTRAVAGANZA!**

Dear Abby: Cellbate woman gains peace of mind — D2

Low-calorie diets can slow down metabolism — D3



## Have fun this holiday; avoid guilt season

"The first time I hear someone say there are only 25 or so shopping days left until Christmas, I think, 'You just ruined my whole day,'" observes one woman.



JoAnn Larsen

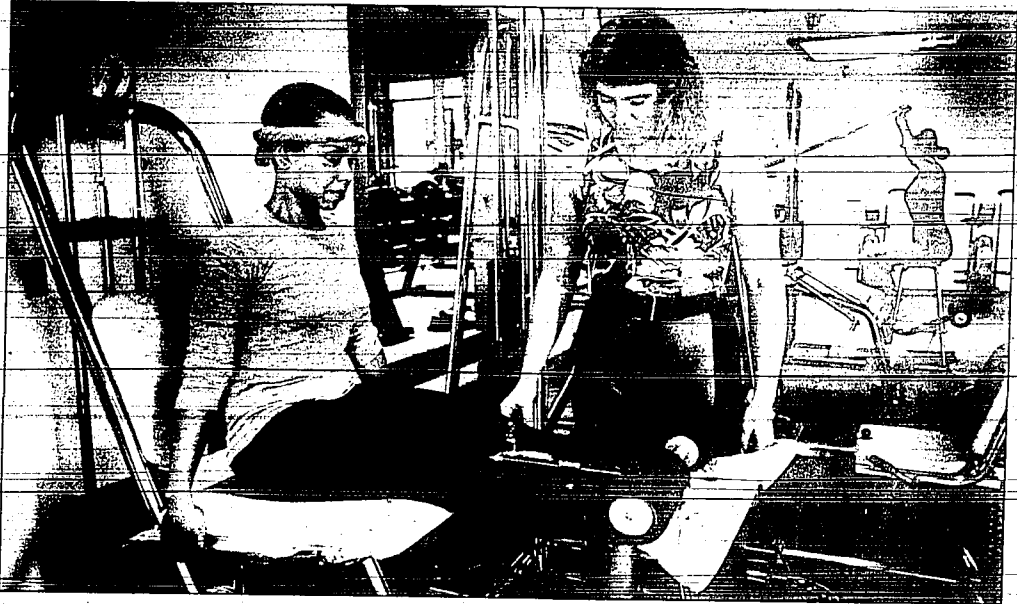
For most women, holiday guilt is an annual predictable event. November and December, see a woman who is normally trucking along at a fast pace on her treadmill, become a frenzied woman on a dead run who's wearing herself out as she tries to pull this gala season together and to organize a Christmas just like grandma used to have.

"I KNOW I don't have the right attitude," admits one woman, "but, especially with young children, Christmas seems SO self-defeating. I buy all the presents, wrap all the presents, clean up all the wrappings, put away the all presents, pick up all the presents all year, and, later, often THROW away the presents. Then it's Christmas again."

The burning questions that plague many a woman's mind come from feeling absolutely in charge of Christmas and the feelings of the people who will either be pleased or not pleased by how Christmas "turns out."

Now, if this sounds grim, and you're saying, "WAIT-A-MINUTE! I don't feel like that—par yourself on the back for having your act in order and proceed to fully enjoy the Christmas season. Consider giving lessons - next June - to your fellow soulmates on how to have a relaxed year season."

• See **WARS** on Page D2



Doreen Bills, left, works out according to a fitness schedule and is supervised by personal trainer Tammy Boer

## Sticking with exercise tough but worth the effort

By JULIE FANSELWOL  
Times-News writer

TWIN FALLS — Does this sound familiar? You pay good money to join a health club. For the first few weeks, the aerobics class is your second home.

Or how about this? You spent last April's tax refund on a complete home fitness system. As summer and the swimsuit season approached, you diligently kept your date with your body.

stick with your program, the easier it will be to stay motivated.

Tammy Boer, a certified fitness instructor at The Club on Falls Avenue, says that — for the majority of people who haven't been involved in athletics — three to four months is the maximum length they'll stay dedicated to a fitness routine.

joy it and it becomes a way of life," she says.

The lack of visible immediate results is often a major factor in why people lose interest in pursuing fitness.

## Cocaine addicts risk heart attacks even after withdrawal

By AT-HOSTETTER  
The Associated Press

PHILADELPHIA — Cocaine addicts are in danger of suffering heart attacks even for a few weeks after they stop taking the drug, a group of Los Angeles researchers reported.

The researchers found that eight of the 21 subjects had episodes of abnormal blood flow to the heart. They speculated that cocaine had upset the balance of chemicals in the brain that prevented the arteries from undergoing spasms, making heart attacks more likely.

A heart attack causes the death of part of the heart muscle. It occurs when arteries that are narrowed or blocked keep a section of the heart from getting enough oxygen, which is carried in the blood.

Cocaine restricts blood supply to the heart while increasing the heart rate, blood pressure and demand for oxygen.

Dr. Douglas Wilkinson, who studies the cardiovascular effects of cocaine at the Medical College of Ohio, cautioned that researchers do not have enough evidence to attribute the heart attacks to spasms of the arteries.

"I feel that during withdrawal, patients should be carefully monitored. The most important thing is to make sure the patient is completely abstinent from the drug," he said.

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Dr. Douglas Wilkinson, who studies the cardiovascular effects of cocaine at the Medical College of Ohio, cautioned that researchers do not have enough evidence to attribute the heart attacks to spasms of the arteries.

Some scientists say that the heart attacks could be caused instead by clots forming in the arteries or simply by blood

flow inadequate to the heart's demand, he said.

One member of the Los Angeles group, Dr. David Gorelick, now with the National Institute of Drug Abuse, said the group ruled out heart disease as the cause of the temporary heart abnormalities in the subjects.

The report has immediate impact on how emergency room physicians will treat addicts experiencing chest pains, according to Dr. William Sprivey, chief of emergency room research at the Medical College of Pennsylvania.

"It's going to make us realize that we're going to have problems (after withdrawal) with these cocaine addicts," said Sprivey.

The study "opens our eyes" to the value of preventive medical treatment for addicts withdrawing from cocaine, said Dr. Gary Scherer, a cardiologist at Rush-Presbyterian-St. Luke's Medical Center in Chicago.

An estimated 25 million Americans have used cocaine at least once, according to the American Society of Addiction Medicine. Experts recommend that addicts be given treatment to reduce the flow of blood to the heart and use other, more precise tests to examine heart function in cocaine addicts.

## Looking good



Estee Lauder Nights captures gold radiance

Beyond a fashionable doubt, it is the heralded color of the party season. But, it is far from a frenzied, indiscriminate rush for gold.

shimmering all-over iridescence. The golden aura Estee Lauder creates is also the perfect complement to the "perfect little black dress" and brilliant-colored evening looks.

## Finding more lavish lingerie

The Baltimore Sun  
BALTIMORE — Romantic confections of satin, ribbon and lace are classics in the lingerie department, but this season holiday shoppers will find the creations even more lavish.

## Quick takes

### Learning headache language

By the Los Angeles Times  
You've got a splitting headache... or is it a piercing one? Actually, when you think about it, the pain is throbbing... or not, providing. These are some of the words we use to describe headaches and, according to the National Headache Foundation (NHF), each one may offer your doctor a different clue as to the cause of your pain.

### Altitude sickness hits fitter skiers

While it's true working out at home in preparation for skiing this winter may help you avoid sore muscles and prevent injury, it won't do much to protect you against altitude sickness. In fact, being young and in great shape may put you at a greater risk for certain symptoms.

Give cold medicines properly  
As we head into the cold, wet months, many parents can anticipate nursing their children through at least one of the typical winter illnesses. But while no parent likes to have a sick child, many may unwittingly slow their recovery by not giving them medicines properly.

• See **QUICK** on Page D2

# To do for you

## Walk club to have monthly meeting

**TWIN FALLS** — The I Walk for the Health of It Club will have a monthly meeting at 7:30 a.m. on Dec. 13 in the Courtyard area of the Magic Valley Mall.

## Aerobic classes offered in Jerome

**JEROME** — The following aerobic exercise classes will be offered through the Jerome Recreation District, on the dates specified or when 10 participants have registered. To register, call 324-3389 or stop by the office at 229 E. First Ave.

Time	Begins	Days Held	Instructor	Fee
9 a.m.	Dec. 11 Mon., Wed., Fri.	11 a.m.	Sarah Griest \$18/6 wks.	
11 a.m.	Dec. 11 Mon., Tues., Thurs.	1 p.m.	Sue Homan \$10/6 wks.	
1 p.m.	Dec. 19 Tues. and Thurs.	3 p.m.	Michelle Lewis \$12/6wks.	
1 p.m.	Dec. 18 Mon., Wed., Fri.	3 p.m.	Judy Martens \$18/6 wks.	
3 p.m.	Dec. 11 Mon., Wed., Fri.	5 p.m.	Tammy Boer \$18/6 wks.	

The Senior Citizens class is held at the Senior Citizen Center at 212 First Ave. W. with all other aerobic classes held at the Aerobic Center at 202 W. Main in Jerome.

To Do for You is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 548, Twin Falls, 83303, or deliver to our office at 132 Third St. W.

# Genetic testing detects flaws before pregnancy

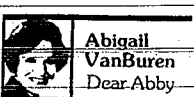
**The Baltimore Sun**  
BALTIMORE — Genetics experts said that they have devised a method to screen a woman's eggs for certain genetic defects before she becomes pregnant. The technique that would enable women to avoid passing along a genetic disease without having an abortion.

"My feeling is that this is a very significant approach to genetic diagnosis, one that in the future could become routine for those disorders for which there is a well-defined gene," said Dr. Yury Verlinsky, director of the cell genetics laboratory at the Johns Hopkins Hospital.

The woman did not become pregnant, but Verlinsky said this is common with "test tube baby" implants and was not caused by the genetic screening tests. Implanted embryos are known to "take" and develop into the womb in less than 20 percent of all attempts.

# Celibate, happy woman regains peace of mind

**DEAR ABBY:** This morning I read the letters from your readers concerning the adolescent girl who was being pressured for sex by her boyfriend. "Sorry I Didn't" regretted that she didn't resist when she found herself in a similar situation. She said it was too easy to continue having sex, "and not always with the same partner."



Abigail Van Buren Dear Abby

While there is something to be said for being a virgin bride, those who give in for whatever reasons need not feel that it's lost. I "gave in" when I was 17, more out of curiosity than anything else. I went through a period of guilt and soul-searching, and finally concluded that I wasn't ready for the physical and emotional responsibilities. I needed time to gain some distance on the tangle of issues I was grappling with, so I took a six-month vow of abstinence.

I have told all my friends to simply address me as "Mary Doe," no title necessary. Please be fair, Abby, and leave it to each individual as to what she prefers to be called.

This month I begin my 10th year of celibacy. I've worked through my ambivalence and have no regrets. If someday I meet a man with whom I want to spend the rest of my life, I can hold my head high and wear white to the altar. And if I never marry, so be it! In my heart, I have

regained that intangible quality we refer to as "peace of mind." And I can appreciate it all the more because I earned it this time.

**DEAR BETTER:** Bravo for your mature and admirable attitude. Should you meet a man one day with whom you want to spend the rest of your life, he will be getting a prize.

## Exercise

**Continued from Page D1**  
not but there's just one reason why you exercise, and that's to feel good," says Turner.

**DEAR MARY DOE:** I agree with you—women should be addressed according to her own personal preference. But a reader asked, "What is the 'correct' way?" So I deferred to the etiquette authorities: Letitia Baldrige, the late Amy Vanderbilt, the late Emily Post, and the very-much-alive Miss Manners. All four agree that a widow is "Mrs. John Doe" (socially, but not on legal documents) as long as she lives, unless she remarries.

Many of the rewards of exercise can't be seen in a mirror. "Think of other benefits rather than just looking good," says Boer. "You heart that's the greatest benefit right there."

**DEAR ABBY:** This is in regard to your response to the inquiry as to how to address a widow. Abby, what gives you the right to dictate what a

Turner says that, although it may take a while for people to see improvements in their physiques, it won't take long to feel the benefits of a cardiovascular workout. Someone who is getting regular aerobic exercise will rapidly notice an increase in stamina and heart-lung capacity.

George Silva of Twin Falls has been working out at the Twin Falls Athletic Club for about a half a year, and he agrees—the going can get rough motivationally after a few months. He says he's had many friends drop out of a fitness program after a month or two.

Others are busy concentrating on their own workout and they are not going to be staring at their neighbors.

Mike Jenkins, who just recently resumed a weight lifting and racquetball regimen after a layoff of about eight months, says he decided to return to the fitness fold to get back into shape. "I usually just tell myself it's something I've gotta do," he adds.

Mariann Griffith, owner and manager of the Twin Falls Athletic Club on Pole Line Road, says people beginning programs usually have a lot of motivation. She says she believes it's partially her responsibility to maintain that level of enthusiasm.

For Doreen Bills, a Twin Falls woman who has been working out at The Club for about six months, starting slow helped.

"Most people are real gun-ho to get started, and we're here to keep them excited," she says. Every three to six weeks, Griffith or one of her

staff members will re-evaluate an individual's program. Often, changes will be made in the regimen to help the person stay interested.

Being around a group helps you push yourself, but many people feel intimidated when they look at the already-fit people in their eyes or exercise class. Turner says not to worry.

Bills wanted to lose the extra 15 pounds she'd retained after the birth of her daughter, who is now 4. When she decided to begin a fitness pro-

gram, Bills began with walking and diet that for a month before joining The Club.

Walking is another popular and low-cost way to pursue fitness. Three generations of Twin Falls women — Helen McKillop, her daughter, Beverly Knutson, and granddaughter Juanita Knutson — can be found striding around the corridors of the Magic Valley Mall six mornings a week.

Others are busy concentrating on their own workout and they are not going to be staring at their neighbors.

They've been doing it faithfully for about three years, and estimate there are at least 280 active mall walkers. Doors open at 6 a.m., hours before the stores do, and two laps around the mall's climate-controlled indoor walkways equal a mile.

Others are busy concentrating on their own workout and they are not going to be staring at their neighbors.

Asked if it is ever difficult to make

## Quick

### Continued from Page D1

sumer, he advises parents to make sure they understand — from product labeling, the physician or the pharmacist — four important pieces of information before they give medicine to their children: 1. What the medicine is for. 2. How much to give. 3. When to give it, and 4. How long to continue giving it.

create the perfect environment for bacteria that can cause nausea, cramps and diarrhea.

According to the Tufts University Diet & Nutrition Letter, nearly 70 percent of home chefs refrigerate cooked foods in large pots or casserole dishes that cool too slowly, a practice it says is considered "one of the riskiest food-handling mistakes" by the U.S. Department of Agriculture. It can take several hours for food in a large container to cool through and through, allowing plenty of time for any bacteria in the center of the food to multiply. And the more bacteria, the greater the risk of food poisoning.

The solution, according to the Diet & Nutrition Letter, is to transfer cooked steaks, soups and casseroles to several shallow, small containers before refrigerating, and to cut whole roasts, turkeys and other large pieces of meat and poultry into pieces. By taking the same care with soups, stews, casseroles and when preparing meals in the first place, you can enjoy them — safely — at a later date ... just the time-saving treat you need this time of the year.

### Taking care of leftovers

**Leftovers** — whether from a family dinner, an office party or a laboratory restaurant lunch with friends — are almost as much a part of the holiday season as caroling, gift wrap and traffic jams. But if you don't refrigerate them properly, they may

ities and traditions during December with realistic gift expectations for family members. You may find that cutting down on gifts may be much easier than you imagined, especially if children's needs are being met in other ways. To minimize disappointment, include in your gifts to your child the gift on the top of his list if it

## Larsen

### Continued from Page D1

erally focusing your attention. "Says one woman: "I was going crazy as usual, making all the Christmas goodies, frantically shopping the sales, making a production of every gift I wrapped, when suddenly it hit me as I brushed aside a child who was pulling at my dress. I thought, 'She may have the kind of Christmas you'd see on TV, but what good will that do her if she never sees her mother smile?'"

STEP FOUR — Take short-cuts when it comes to preparations for Christmas dinners and festivities and to gift-giving outside the immediate family. Show your love abundantly to those you love through notes and cards. Discuss practices of the gift-giving with extended family members and find ways of cutting down.

STEP TWO: Sit down with your family and ask them to describe a dream Christmas. What would help them to experience the true meaning of Christmas? What kinds of events and traditions are important to them? What would they especially like to do as a family? And most importantly...

As you consider reducing your production, keep Christmas activities that have meaning to you and that you REALLY enjoy.

HOW WOULD THEY LIKE TO HELP THOSE EVENTS BECOME POSSIBLE?

STEP FIVE: Stop viewing the holiday period as one long haul. Author Wayne Dyer says this: "Make each thing that you do — each gift you wrap, each card you write — a pleasant, satisfying experience in itself, instead of one of the things that is a task at a time, one joy at a time, precisely how children approach everything during the yuletide season. That way each activity like cookie-making or stocking-stuffing becomes an enjoyable thing for them and for you to do."

Relinquish your position as sole manager of the Christmas season and cheerfully make it clear to everyone. Mrs. Claus has eyes. Engage the entire family in a discussion of how to get the shopping, cooking, cleaning, wrapping, and delivering accomplished this season.

Note: Consider obtaining "Celebrate the Wonder: A Family Christmas Treasury" by Kristine M. Tucker and Rebecca Lowe Warren. "Celebrate the Wonder" is an inexpensive book designed to help families create a more personalized Christmas.

Decide with your family to PUT YOUR FAMILY IN FOCUS this year (and every year from now on) as a gift to yourselves. Then make every other decision regarding your time commitments and the giving of gifts for Christmas from this priority position.

Children have much more fundamental needs than gifts at Christmas time, says Jo Robinson and Jean Stahl, authors of the article "Bring Home the Joy." They need time with you.

Parents are often away from their children more in December than in any other month of the year, as their lives become crowded with shopping and social events. And when they're at home, they're often preoccupied with holiday chores and money worries," say these authors. "This constant business can make December a lonely month for children. Even though they are showered with gifts and affection on the 24th and 25th of December, this two-day burst of attention is rarely enough. Children need to feel loved in a steady, constant way."

JoAnn Larsen is a Salt Lake City family and marital counselor. Her column appears every Monday in The Times-News.

STEP THREE: Couple a much more intense focus on family activities

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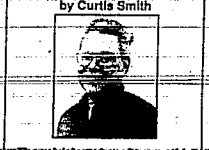
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## THE LIGHT TOUCH



by Curtis Smith

The minister who rebukes his sermon preys he practices what he preaches.

Confidence is that brief golden moment between when you think of a solution, and when you realize it won't work.

Optimists are people who make the best of it when they get the worst of it.

The first one to see a traffic light turn green is always the second car back.

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# Low-calorie diets slow down metabolism

A frustrating, but real fact of life for dieters is that your metabolic rate drops when your body is given too few calories. If your metabolism slows down, you will burn fewer calories and find weight harder to lose.

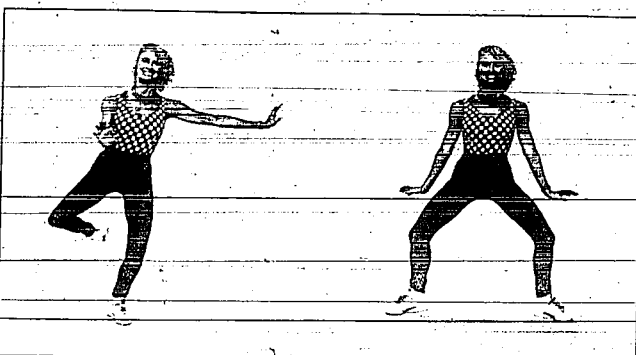
## Bodylessons

People on an extremely low-calorie diet not only lack energy, but find that repeated crash diets make the weight-harder to lose.

In a study of obese people at the University of California, Davis, researchers observed five obese individuals for four weeks as they followed a restricted diet of 500 calories daily. During the first two weeks, the subjects were sedentary; their resting metabolic rates (RMR) fell by 13 percent. During the last two weeks, the subjects exercised aerobically 30 minutes each day. Their RMR returned to former levels.

While I do not recommend extremely low-calorie diets without a doctor's supervision, the researchers, cited in *Medicine and Science in Sports and Exercise*, agreed that exercise was effective in reversing the depressed metabolic rate caused by these diets.

The researchers also studied two groups of high-calorie eaters of similar size and body type. The first group lost a minimum of 10 pounds a week at least 10 times during the wrestling season. The second



Photos courtesy of LOS ANGELES TIMES

**Judi Sheppard Missett demonstrates an aerobic movement to add to your repertoire**

group lost no more than three pounds a week fewer than five times during the season. When the wrestling season ended and the subjects had returned to their normal weights, the groups were re-tested. The frequent dieters showed a 14 percent lower resting energy expenditure than the stable-weight group, indicating that frequent dieting may cause the metabolic rate to remain low.

The American Heart Association recommends decreasing the overall

amount of fats consumed while eating more complex carbohydrates such as whole grains and fruits and vegetables. Combining such a low-fat high-carbohydrate diet with a workout schedule is the sensible way to lose or maintain your weight.

Consistent aerobic exercise is one of the best ways to "rev-up" your metabolism. Here's one that I include in my movement repertoire.

• Hop on your left foot while your right foot lifts slightly from the

floor. Make a big sweeping motion with your arms to the right.

• Hop on both feet, shoulder width apart. Make sure your knees bend when you land. Arms swing downward.

• Reverse the motions (then alternate sides for 15-30 sets. Repeat as desired).

*Judi Sheppard Missett is the author of **Exercise**. Her column appears in *The Times-News* every Monday.*

# Valley happenings

## Redeemer Lutheran to host dinner

**KIMBERLY** — Redeemer Lutheran Church will host its annual holiday dinner from 5 p.m. to 8 p.m. Wednesday at the church, Washington and Tenth Streets. The menu will include roast beef, baked potato, green beans, salad, rolls, homemade pie and beverage. Cost will be \$5 for adults, \$2 for children ages 6 to 12, 25 cents a year for kids 5 and under, or \$12 per family. There will also be baked food items and crafts for sale.

## Delta Kappa Gamma plans meeting

**TWIN FALLS** — Delta Kappa Gamma members will meet at 2 p.m. Saturday for a Christmas Tea in the Fireside Room of First Presbyterian Church, 209 Fifth Ave. N. Diana Guess is in charge of the program and a scholarship offering will be taken. All members are encouraged to attend.

## Friends invited to Gooch anniversary

**JEROME** — Friends and neighbors are invited to honor LaVere and Ethel Lee Gooch at a reception in honor of their 40th wedding anniversary. The event is slated from 2 p.m. to 5 p.m. Dec. 10 at the Jerome Country Club. The couple were married Dec. 10, 1949, in Jerome. LaVere taught and coached in Jerome for 30 years, retiring as junior high principal in 1977. Erma Lee has spent most of her career working with accounting firms and currently works for Jeffrey L. Palmer CPA in Jerome. The couple has two daughters, Linda Satterfield of Burley and Debra Hayes of Jefferson City, Mo., and three grandchildren. The open house will be hosted by Linda and Don Satterfield and family.

## Computer class set to start Monday

**TWIN FALLS** — An Introduction to Computers class is slated from 4 p.m. to 6:30 p.m. Monday, Wednesday and Friday, Dec. 4 through Dec. 22 at the College of Southern Idaho. Fee is \$49. A class in Word Perfect Level I will be held from 6 p.m. to 9 p.m. Thursday, Jan. 11 through Feb. 15. The cost is \$69. Enrollment in both classes is limited, and preregistration is required. Students can may register in the Records Office of the Taylor Administration Building. Call 733-9254 ext. 266 for more information.

*The Times-News welcomes news of community events. Send material to The Times-News Valley Happenings, PO Box 548, Twin Falls, ID 83303-0548. Please submit news at least a week in advance and include a phone number where you can be reached.*

# Lifestyle changes can reverse artery hardening

Newsday

**NEW ORLEANS** — For the first time, scientists said, they have found that a radical change in lifestyle can dramatically reverse the hardening of arteries that leads to heart attacks.

By going on a strict regimen of moderate aerobic exercise, stress reduction training, group support meetings and a fat-free vegetarian diet, four women and 14 men were able to reverse their severe heart disease, researchers at the annual meeting of the American Heart Association said.

The University of California, San Francisco study, headed by Dr. Larry Scherwitz, followed 41 patients for about a year. Twenty-two underwent the strict lifestyle changes, while 19 followed standard medical recommendations to reduce their overall weights and decrease fat con-

sumption. Neither of the groups used drugs during the study.

The process of hardening of the arteries continued among the group on standard therapy, and that condition steadily worsened. The number of clogged artery sites per patient increased and the size of those clogs expanded.

In contrast, nearly all people in the university regimen improved markedly, and, said Scherwitz in an interview, "the degree of improvement directly correlated with how closely they adhered to the program."

Those who cheated on their diets or avoided the exercise had little or no improvement. The most striking finding, Scherwitz said, was that serum cholesterol levels did not closely correlate to the degree of improvement. Stress, decreased fat intake and exercise were the key factors. "Diet alone

will never do it," Scherwitz said, "cholesterol is not a mechanism of (heart disease) by itself."

The changes observed in blood vessels were dramatic, and photos of the test results drew large crowds at the presentation here.

Although the university regimen's stricter than the famed anti-cholesterol Pruitkin diet, Scherwitz had little difficulty getting most of the participants to stick with the program. "We get a range of responses from them," he said. "Some act like martyrs saying, 'I still miss my cheese cake,' and it goes all the way to zealots who say nobody should live any other way."

Overall, however, the dramatic improvements in their health reinforced the participant's commitment to the university program. "After all," said Scherwitz, "within a week all chest pain goes away—it's not hard to convince somebody when pain disappears."

# Harrah's Casino operators betting on program to help compulsive gamblers fight costly disease

**RENO, Nev. (AP)** — Like the addicts who admit to a problem, a casino operator has conceded that compulsive gambling is a disease and some of its patrons and employees are infected.

So far, Harrah's Corp. stands alone in Nevada in its public confession that the state's No. 1 industry and its biggest taxpayer is more than recreational fun for up to six million Americans.

"I didn't know if it existed," said William Stewart, Harrah's general counsel and chairman of an employer task force that studied compulsive gambling for more than a year before recommending the company help addicts.

Last month, Harrah's posted signs in its five Nevada casinos to tell people how to get help for gambling problems. The company also agreed to pay one year's costs to operate a hotline to take those calls.

"Our role in the problem gambling issue is not to change anyone's behavior, but simply to provide help for people who might have a gambling problem," said Harrah's President Phil Sater.

As many as 12 percent of Nevada casino employees are compulsive gamblers, according to some esti-

mates. Seven percent to 9 percent of Nevadans share the problem, compared to 2 percent to 3 percent of the general U.S. population.

To those who find it dicey for a casino owner to be helping people overcome a disease that seems to boost business, Sater responds that treatment could diminish employee absenteeism, petty theft and misconduct.

"Casinos would be better off without addicted gamblers who are trouble because they can run up huge debts and sometimes become angry or abusive when on a losing streak," he said.

"Helping employees and guests with this problem is both the right thing to do and also a very good business decision, not only for Harrah's but for the entire gaming industry," Sater said.

Atlantic City, N.J., casinos have had such hotlines in place since gambling began in 1778, and spend \$300,000 a year to help compulsive gamblers. In Nevada, casinos have all but ignored gambling addicts since betting was legalized 58 years ago.

For the state, which receives more than half its annual revenues from casino taxes, declaring gambling a

problem would be akin to admitting some of the golden eggs laid by the gaming game are really toxic gold.

Dian Edwards, executive director of the Gaming Industry Association, said Jerry Higgins, executive director of the Nevada Council on Compulsive Gambling, which runs the Las Vegas-based hotline, said most Nevada casino operators are like the addicted gambler who denies the problem.

"We just need to do a lot more education because there's still this Wild West mentality out there that gambling's just fun," she said.

Edwards said the month-old hotline gets three to five calls daily. The best calls come from friends and family of addicted gamblers, she said. The ones-from-bettors don't last long.

"There's a real problem of denial involved in this just like for alcohol and drug addicts," said Edwards, a

mental-health therapist.

Only one certified hospital exists in Nevada to help compulsive gamblers, she said, and insurance companies don't recognize the problem as a disease like alcoholism or drug addiction.

"We're just in the beginning stages of addressing this problem," she said.

Edwards said publicity about Pete Rose, the Cincinnati Reds manager suspended for life from baseball for betting on the game, has helped gain legitimacy for people treating compulsive gambling.

According to various studies, the typical gambler is male between the ages of 20 and 40, lives with his spouse and has at least a high school education.

"I can walk through a casino and tell you who the compulsive gamblers are," she added. "They're mesmerized by the machines. They're in love with them. They can't take their eyes off them. It's frightening."



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## For Christmas, make them work

**WASHINGTON (AP)** — Every Christmas, gift-givers work hard to find the right present.

"This Christmas, why not make the gift-getters work hard, too? How about a health club membership?"

Have friends sweat their way to a healthier body.

When shopping, however, there are a few things to keep in mind.

The club should be handy for the recipient to use. People are more likely to use a club that's close to home.

Another good idea is to look for a club that fits his or her individual needs.

Women, for instance, are more likely than men to join aerobics classes. If the membership is for a woman, make sure the floors are specially made and padded to protect the joints.

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733-1979

**warm up with a hot ticket**

Scratch the snowflakes and you'll find mittens, skates, skiers or other symbols. Three matching symbols in a row across makes you a winner!

If the first row across your Winter Wonderland ticket doesn't match, there are still two rows to scratch.

**Winter Wonderland**

GET	WIN	▲▲▲ = \$10
○○○ = \$1,000	●●● = \$5	
□□□ = \$500	□□□ = \$2	
△△△ = \$50	△△△ = \$1	

Win \$1,000 Instantly!

**DAVID**

