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85th year, No. 57

Twin Falls, Idaho

Monday, February 26, 1990

# The Times

## Sandinistas, opposition predict election victory

The Associated Press

MANAGUA, Nicaragua — The ruling Sandinistas and the opposition both predicted victory in Sunday's elections after Nicaraguans voted on whether to continue a decade of left rule or hand power to a U.S.-backed coalition.

Voting was peaceful—and the turnout was heavy. "It was very fair," former President Jimmy Carter, one of 3,000 international observers, told The Associated Press after the polls closed at 6 p.m. (7 p.m. EST).

Voters flooded the nation's 4,394 polling stations during the morning hours in balloting that was considered a referendum on Nicaragua's battered economy under the Sandinistas and the U.S.-backed insurgency of the Contras.

About 1.75 million of Nicaragua's 3.5 million people were registered to vote.

Voters also selected 90 National Assembly members—and representatives to 146 regional, city and town councils.

Votes from the first four stations to

### Election observers — A5

report were released by the Supreme Electoral Council two hours after polls closed.

The four rural tables, which were from the presidential race, showed President Daniel Ortega's Sandinistas with 98 votes to 40 for Violeta Barrios de Chamorro's United National Opposition.

The head of the council, Mariano Fiallos, said the results were being released to illustrate the fragmentary nature of the returns so far. No more official returns were to be released until 15 percent of all precincts were in. There was no indication when that would be.

The Sandinistas already were organizing a victory celebration. A notice posted at campaign headquarters urged supporters to gather at midnight, when Ortega would proclaim victory.

Ortega has been favored in polls, but his opponents say Nicaraguans are afraid to reveal their true feelings outside a truly secret ballot box.

Random interviews with voters in



CHAMORRO ORTEGA

many areas of the country Sunday found few who supported the Sandinistas, although no trend was immediately available.

"Roberto Urroz," a spokesman for UNO, told a news conference that he felt "very optimistic and happy because of our victory" for presidential candidate Chamorro.

"In the first evaluations, as the voting is ending, we consider that we have triumphed," Urroz said. "We're just waiting for specific information from the poll-watchers to establish the verdict."

Voters started lining up hours before the 7 a.m. opening of the polling places, with hundreds in line at some places. See PREDICT on Page A2

## Governor's wife quits director's post amid Republican criticism

The Associated Press

BOISE — The wife of Democratic Gov. Cecil Andrus on Sunday resigned a lucrative Morrison Knudsen Corp. director's post amid increasing Republican criticism that her appointment was a conflict of interest.

"It has become obvious to me in recent days that certain members of the Idaho Legislature, for purely partisan reasons, have chosen to attack my appointment and have unfairly questioned the integrity of Morrison Knudsen and my husband," Carol Andrus said in a statement.

"I will not ask, nor do I expect, either Morrison Knudsen or my husband to spend their busy days defending me," she added.

The board of directors post pays \$20,000 a year, and \$1,000 a day for each day the board meets.

The resignation followed several days of criticism from Republican lawmakers over the Feb. 8 appointment of Mrs. Andrus.

On Thursday, Andrus said he saw no conflict of interest, and told the Idaho Press Club that Republican Attorney General Jim Jones and attorneys for the Boise-based construction and engineering company supported his view.

He emphasized that his wife ac-

cepted the board appointment on the condition that she not be involved in any decisions concerning Morrison Knudsen work for the state.

State contracts with the company in recent years have totaled less than \$50 million. The company currently has projects totaling more than \$2 billion worldwide.

"This is a sad day for Idaho, for the recognition of women and for Morrison Knudsen," Board Chairman William Agee said in a prepared statement. "It has now become obvious in this political season (that) Carol will be used as a tool against her husband in the governor's race, and not judged on her merits as an individual."

"The grossly unfair comments and innuendo have now caused her to step aside," he said.

— In announcing Mrs. Andrus' appointment last month, Agee said the company was looking for a capable successor to — Verna Morrison, the widow of co-founder Harry Morrison. Mrs. Morrison is stepping down in January 1991.

Agee said he resented suggestions that Mrs. Andrus' appointment was somehow connected to potential business the company might do with the state.

One of the major issues raised by Republicans was the company's con-

tract with the federal Department of Energy to clean up uranium mill tailings throughout the west, including a site in Lowman, Idaho.

That Lowman cleanup, estimated to cost some \$5 million, over 80 percent in federal money, has been before state lawmakers that past several years. The state's share, about \$460,000, has not been authorized in the past.

But this year, after legislators projected revenues higher than the governor estimated, Andrus used that additional money to recommend the state's participation.

House Appropriations Chairwoman Kathleen Gurnsey cited that as an example of a potential conflict of interest. Administration officials denied it. Morrison Knudsen landed the DOE contract more than a year before Andrus was elected in 1986.

Republicans also maintained the mere fact Mrs. Andrus would be on the company's board would result in bureaucrats throughout state government giving preferential treatment to Morrison Knudsen.

Andrus, his wife, and Agee, all have said that one positive outcome of the flap could be comprehensive government ethics legislation, which has eluded lawmakers for the past three years.



Ron Blake checks a ditch full of windblown dirt alongside Kimberly Road, east of Twin Falls

## Fall tillage helps soil take flight

By MARK KIND Times-News writer

TWIN FALLS — Alongside some fields, the dust storm earlier this month was so bad that travelers couldn't see their hood ornaments. Soil Conservationist Ron Blake was in the storm, watching the wind sweep soil from a bare field next to Kimberly Road.

"Vehicles disappeared when they went into that cloud," he said.

When the dust cleared, much of it had drifted six to eight inches deep into a ditch. But a neighboring field had virtually no dust in its ditch.

Blake said fall tillage was to blame on the blown field.

"He's getting a jump on his spring work load," Blake said.

In the neighboring field, tiny winter wheat plants had held most of the soil against the 50-mph wind, Blake said.

The dust storm may have been a fluke, but less dramatic wind erosion happens every spring. In fact, Magic Valley lands lose upwards of 20 tons of topsoil each year to winds.

That problem should ease during this decade. Under the 1985 Farm Bill, farmers who don't have fall conservation plans in place on their farms by 1995 won't be able to participate in any major federal farm programs.

Blake said sugar beet growers often have severe winter wind erosion problems. For maximum yields, the crop's tiny seeds must be planted in early spring in very finely tilled soil. That means sugar beet farmers often take advantage of nice autumn days, working their ground to a fine fluff. Then, they need not disk again in spring — they can simply plant their crop.

After harvest, beet farmers rotate to other crops to fight nematode infestations. But since there is little vegetation left after beet harvest, the field is vulnerable to erosion until planted again, Blake said.

Dry beans also cause considerable erosion. See SOIL on Page A2

## Bush, Kohl agree unified Germany would be NATO military member

The Associated Press

CAMP DAVID, Md. — President Bush said Sunday he and Chancellor Helmut Kohl of West Germany agreed on weekend talks that a unified Germany would continue as "a full member of NATO," including military participation in the Western alliance. Kohl said "neutrality would be a very false solution."

After two days of discussions regarding delicate issues of a unified Germany, Kohl said he recognized "the legitimate security interests of all states" in Europe, particularly Poland. "Nobody needs to be afraid," the West German leader said. Bush chimed in that if he were alarmed about the prospect of a single Ger-

many, he would not be endorsing reunification — as he had several times previously.

There have been fears in Poland — decimated by the Nazis in World War II — that a new Germany would seek to regain border territory that was formerly under German rule.

Nonetheless, Bush and Kohl said they saw no need to add Poland to the group of four nations that will discuss reunification with the two German states. Poland, like East Germany, has abandoned its communist monopoly government.

Bush pointedly said the United States regards the current European borders, including Germany's long border with Poland, as inviolable. And Kohl said the border question

"will be settled definitely by a free elected all-German government." He said "nobody has any intention of linking the question of national unity with changes in existing borders."

East Germany is a member of the Soviet-dominated Warsaw Pact, and many in Europe have supported the concept of a neutral Germany rather than one allied with the United States and its NATO allies. East Germany is abandoning its communist government and the Germans are pursuing a common currency based on the West German system.

"Neutrality would be a very false solution for us," said Kohl, adding that he did not expect that the German people would support a move away from NATO.

## Scare campaign fails to stop Soviet protesters from staging massive rallies



A protester shows his disgust by tearing apart a Vladimir Lenin portrait

The Baltimore Sun

MOSCOW — Hundreds of thousands of Soviet citizens, in cities from the Finnish border to the Sea of Japan, defied an official scare campaign to rally Sunday against Communist Party rule and to demand swifter, more radical democratic and market reforms.

— In Moscow, more than 100,000 people marched peacefully through ranks of helmeted riot troops, carrying signs with such slogans as "Communist Party — A Malignant Tumor," "Communists — To the Trash!" "of History," and "Communists, Nuremberg Awaits You," a reference to the trial of Nazi leaders after World War II.

The demonstrators, who stretched for a mile along an inner ring road between the towering Stalin-era Foreign Ministry building and Gorky Park, also rejected a Communist Party plan to give Soviet leader Mikhail S. Gorbachev wider powers without an election.

While some speakers backed the principle of a strong presidency, all said the president must not be appointed by parliament but run for office in a multicandidate, multiparty election. "A President Not Elected By the People Equals A Dictator," read one banner.

Other challenges to the Kremlin came from a 35,000-strong independence rally in the Georgian capital of Tbilisi and from voters in Lithuania, who overwhelmingly backed candidates favoring secession. Parliamentary elections were held Sunday

in Moldavia, on the Romanian border, and Kirgizia and Tadzhikistan in Central Asia. Soviet television showed soldiers voting in front of a tank in Dushanbe, the capital of Tadzhikistan, during a break in patrols following this month's ethnic violence.

Sunday's rallies in cities in Russia, Byelorussia and the Ukraine were aimed partially at boosting democratic candidates in elections set for next Sunday in those three republics.

In his political base of Sverdlovsk in the Urals, populist Boris N. Yeltsin addressed a cheering crowd of more than 30,000, local journalist Yuri Glazkov said. Polls predict that Yeltsin will take about 90 percent of the vote against a dozen opponents in a race for the Russian parliament, where he has pledged to seek election by his fellow legislators to the republic's presidency.

The big turnout of demonstrators, which in Moscow by most assessments matched that of a similar rally Feb. 4, came despite repeated appeals from officials and the media to stay away to avoid vaguely described threats of extremist violence.

The fear-mongering, in fact, seemed to backfire, with many demonstrators accusing the Communist Party and government of a cynical attempt to undermine the popular democratic movement.

No violence was reported, though in a few cities demonstrations were canceled by organizers for fear of provocations by right-wing groups or the KGB.

## Lithuanians soundly reject communists

The Washington Post

MOSCOW — In the Soviet Union's first multi-party elections in 72 years, Lithuanians overwhelmingly rejected the Communists overwhelpingly rejected a legislature that is expected to press Moscow hard for independence, perhaps as soon as this year, according to results announced Sunday.

The independence movement Sajudis scored a landslide victory. Out of 90 declared winners, 72 had been endorsed by Sajudis. The figure already gives it a majority in the 141-seat Lithuanian parliament and it is expected to win most of the run-off elections scheduled for next month.

The Lithuanian Communist Party won 29 seats. It had split with Moscow in December and endorsed a platform of independence and social democracy in an attempt to regain prestige in the re-

See REJECT on Page A2



**Briefly**

**Court to decide if post office is forum**

BOWIE, Md. (AP) — Free speech advocates say access to the public mailbox is at stake Monday in a case before the U.S. Supreme Court involving two Lyndon LaRouche followers who tried to solicit support on a post office sidewalk.

The court's decision will either broaden access to government property for the purpose of free speech or further restrict what constitutes a public forum.

The case will also allow the court to clarify conflicting rulings from federal appeals courts on the government's ban on soliciting on Postal Service property.

Groups such as the Hare Krishnas, conservative Christians, the AFL-CIO and newspapers have filed friend-of-the-court briefs urging that free speech rights be expanded.

**All continental fights now non-smoking**

A smoking ban on virtually all domestic U.S. flights took effect Sunday amid both relief and grumbling, and the phrase "Smoking or non-smoking?" all but disappeared from the lips of ticket agents.

The federal ban, in force since 1988 on flights of less than two hours, now applies to 99.8 percent of domestic flights — the only exception being flights to Alaska and Hawaii of more than six hours. Overseas flights are not affected.

"It's wonderful. It's for the health of everyone," said Eastern Airlines flight attendant Nancy Robertson of Charleston, S.C. "I think there are more pleased people than not. All the passengers tell me about it."



The crew of the Space shuttle leave the checkout building at Kennedy Space Center Saturday night, ready to board Atlantis

**Shuttle ready to leave today after 4 delays**

CAPE CANAVERAL, Fla. (AP) — The countdown resumed Sunday for the nighttime launch of shuttle Atlantis after technicians fixed a computer problem that caused a fourth postponement of the secret military mission 31 seconds before liftoff.

But forecasters said a cold front was expected to bring clouds and high winds, reducing to only 40 percent the chances that weather would be good enough to launch the shuttle with its spy satellite early today.

Despite the gloomy forecast,

shuttle managers in midafternoon gave the go-ahead for the launch team to pump 528,000 gallons of liquid hydrogen and liquid oxygen into Atlantis' cavernous fuel tank for another try.

Contributing to the decision was the fact that Monday offered the best weather odds of the next three days: The odds drop to just 20 percent on Tuesday and Wednesday, forecasters said.

Clouds could block a spectacular view of the liftoff for residents on the East Coast as far north as New Jersey.

**Senate candidates have already raised \$62 million**

WASHINGTON (AP) — Candidates in 1990 Senate races raised \$62 million last year, topped by Republican Sen. Phil Gramm of Texas who received nearly \$6 million in contributions, federal statistics show.

Gramm was among four incumbents raising more than \$3 million, according to the analysis released Sunday by the Federal Election Commission. The others were Sens. Bill Bradley, D-N.J., with \$4.7 million; Rudy Boschwitz, R-Minn., with \$3.6 million; and Paul Simon, D-Ill., with \$3.3 million.

Twenty-two people reported contributions of more than \$1

million, all of them incumbents except three Republican House members and Texas Democrat Hugh Parmer, a state senator taking on Gramm.

Rep. Lynn Martin, R-Ill., reported raising \$1.5 million for her challenge to Simon. The FEC said GOP Reps. Hank Brown of Colorado, running for an open seat, and Tom Tauke of Iowa, contesting incumbent Democrat Tom Harkin, also raised more than \$1 million apiece last year.

Gramm reported \$6.1 million cash on hand going into 1990, the most of any candidate.

**1990s crucial decade for Earth population**

WASHINGTON (AP) — Unless birth control becomes available to everybody by the end of the decade, the number of people on this already overcrowded planet will double before a baby born today reaches middle age, according to a study released Sunday.

"This is a preventable disaster," said Sharon L. Camp, vice president of the private Population Crisis Committee, a Washington-based advocacy group that released the report.

There are about 53 billion people in the world, a figure that the United Nations says could rise to 14 billion before stabilizing in the next century. The committee said today's population could double in 39 years and reach 27 billion by the end of the 21st century if present birth and death rates continued unchanged.

Stopping population growth at about 9 billion to 10 billion people would require use of contraceptives by some 75 percent of couples, the study estimates. But to accomplish that the products would have to be available to everyone by the end of this century so the average family size could fall to about two children per couple early in the 21st century.

The report goes on to estimate the cost of such an effort — \$10.5 billion per year by the year 2000. Currently \$3.2 billion is spent on family planning in developing countries, where most population growth is taking place.

To finance this effort the report calls for increased aid from industrial nations, including \$1.2 billion from the United States, \$4 billion from other developed nations, \$1 billion from "development banks," \$500 million from private philanthropists

and \$1 billion from consumers of family planning services.

The analysis found 29 countries, including the United States, Japan and most of Europe, well on the way to ending population growth.

18 nations were rated poor and 45 as very poor in encouraging birth control.

Here is a country-by-country rundown of the committee's rankings of population control efforts.

**Excellent:** Czechoslovakia, United Kingdom, Belgium, Finland, France, West Germany, Italy, Sweden, Taiwan, Singapore, South Korea, United States, Singapore, Canada, Hungary, Hong Kong, Marshall Islands, Austria, Norway, Switzerland, New Zealand, Australia, Portugal, Japan, Denmark, Spain, Yugoslavia, East Germany and Greece.

**Good:** Poland, Argentina, China, Israel, Uruguay, Costa Rica, Thailand, Chile, Brazil, Colombia, Turkey and Sri Lanka.

**Fair:** Ireland, Panama, Romania, Vietnam, Jamaica, North Korea, Lebanon, Mexico, Malaysia, Albania, Dominican Republic, Tunisia, Venezuela, Indonesia, Peru, South Africa, El Salvador, Paraguay, Ecuador, Philippines, Cambodia.

**Very Poor:** India, Egypt, Algeria, Morocco, Honduras, Kuwait, Guatemala, Bangladesh, United Arab Emirates, Soviet Union, Mongolia, Jordan, Kenya, Nicaragua, Bolivia, Guatemala, Syria and Nepal.

**Worst:** Afghanistan, Angola, Benin, Burkina Faso, Burma, Burundi, Cambodia, Cameroon, Central African Republic, Chad, Congo, Ivory Coast, Ethiopia, Ghana, Guinea, Haiti, Iran, Iraq, Laos, Liberia, Libya, Madagascar, Malawi, Mali, Mauritania, Mozambique, Namibia, Niger, Nigeria, Pakistan, Papua New Guinea, Rwanda, Saudi Arabia, Senegal, Sierra Leone, Somalia, Sudan, Tanzania, Togo, Uganda, North Yemen, South Yemen, Zaire and Zambia.

**Governors told not to assume dividend**

WASHINGTON (AP) — The nation's governors put their stamp Sunday on national education goals, but got no encouragement from the White House for the prospect of financial help from a "peace dividend."

"Our aim is excellence in education," said Gov. Bill Clinton of Arkansas, as he offered the goals to the National Governors' Association for approval.

The Arkansas Democrat added that "I do not believe we will achieve them (the goals) unless we dramatically change our behavior."

The changes referred to by Clinton were included in a series of objectives that would put the governors on record as pressing for specific steps toward implementing the goals first outlined by President Bush in his State of the Union address last month.

The governors also adopted a resolution urging the president to

allocate any defense budget savings toward education as well as reducing the federal budget deficit and other domestic needs.

"We have to get this peace dividend," said Gov. Roy Romer of Colorado "or else we're going to have to make some other change in this country's policies or else we're not going to close the gap that we've created."

The resolution called on the president "to dedicate the peace dividend in a balanced manner between the federal budget deficit, education and other productivity investments."

Earlier, Romer failed in an attempt to get the governors to adopt a resolution that urged the president to "direct substantial federal resources from defense to educational needs and other productivity investments."

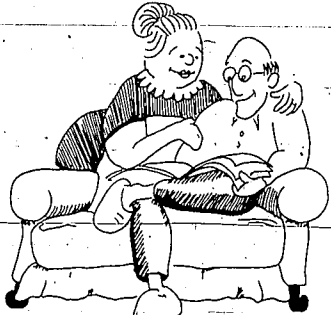
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## Briefly

### Former Italian Socialist president dies

ROME (AP) — Sandro Pertini, the beloved former Socialist president, symbol of integrity and World War II hero, died in his sleep at the age of 93 and was eulogized Sunday for his honesty and forthright style.

Pertini died late Saturday at his apartment in central Rome, Italian media reported.

No cause of death was given, but Pertini suffered a concussion after falling and hitting his head in early February. He refused to be taken to a hospital, insisting he wanted to die at home.



PERTINI

The Cabinet, led by Premier Giulio Andreotti, met in special session Sunday and ordered flags flown at half-staff during the next two days. In accordance with Pertini's wishes, no state funeral will be held.

### U.S. oil company to work in Laos

BANGKOK, Thailand (AP) — An American company has signed an agreement to search for oil and gas in Laos, according to a report monitored Sunday in the Thai capital.

The official KPL news agency of Laos said the Communist government on Friday concluded the agreement with the Texas-based Hun Oil Co., which is to conduct surveys and exploration in southern Laos.

Hun is believed to be the first American company to reach an agreement with Laos to help exploit the country's considerable energy and mineral reserves.

### Mandela urges black unity at rally

DURBAN, South Africa (AP) — Nelson Mandela, seeking to end four years of fighting among black factions in Natal Province, appealed to the warring groups Sunday to put down their weapons and fight together for racial equality.

He said the black-on-black fighting in the southeastern province hindered the battle against apartheid, South Africa's policy of racial segregation.



Former President Jimmy Carter and his wife Rosalynn, right watch election workers prepare ballots Sunday

## Observers watch observers

MANAGUA, Nicaragua (AP) — There were so many observers monitoring the Nicaraguan election Sunday that one group decided to observe other observers.

The Supreme Electoral Council said it had issued credentials for more than 3,000 monitors, or one for every 550 or so registered voters.

"It's great for Nicaragua to have all these people spending all these dollars," said Humberto Dona as he stood in line to vote. "There are some people who say we should have an election every year."

And in a scenario reminiscent of Mad Magazine's "Spy Vs. Spy," one liberal group, Boston-based Hemisphere Initiatives, decided to monitor observers from a conservative group, the Washington-based Center for Democracy.

Perhaps the single most important observer, ex-President Jimmy Carter, was at a polling place at 6 a.m., one hour before opening time, to watch preparations for the vote.

"The quality is very high," said Carter in heavily accented Spanish. "We need an election like this in the United States."

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**HARD TO KILL (R)**  
7:15 - 9:15

**ALWAYS (R.G.)**  
7:15 - 9:30

**BORN ON THE 4th OF JULY (R)**  
7:00 - 9:30

**DRIVING MISS DAISY (R.G.)**  
7:00 - 9:00

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## East German political groups work on election

EAST BERLIN (AP) — Inside the former local Communist Party headquarters, 17 opposition groups work under the same roof but with different visions of how to rebuild East Germany after the nation's first free elections next month.

Environmentalists, feminists, the well-known New Forum and even a lone conservative group all rent office space from the Communists in the neo-Gothic building, renamed Democracy House after the Communists moved out in January.

"It's a little chaotic here," campaign worker Jana Reuter of New Forum said Friday. "It's taking a while to get the hang of things."

Others praise the camaraderie and conveniences of similar groups working under one roof.

"For groups that work together, being in one building has big advantages," said Thomas Volt of the leftist-oriented party Democracy Now. "It's easy to meet quickly and exchange ideas or discuss campaign details."

With less than three weeks to go before the March 18 elections, Democracy House's winding halls are buzzing with commotion.

On the third floor Friday night, the conservative party Democratic Awakening was having an organizational meeting. One floor higher, leaders of the East German Greens gathered.

It sometimes seems there's a party or group for everyone.

## Protestors attack diplomat's home

SEOUL, South Korea (AP) — About 50 radical students shouting "Yankee go home!" tried to attack a U.S. diplomat's residence with rocks Sunday in the southern city of Kwangju, but police drove them off with tear gas, a news report said.

The students were stopped about 10 yards from the main gate of the residence of Carlton Ames, director of the U.S. Cultural Center in Kwangju shortly before 9 a.m., reported the South Korean news agency Yonhap.

About 40 riot police fired tear gas to disperse the students, and two bottles of red paint were hurled at the gate of the Kwangju mayor's house across the street as the protesters fled, Yonhap said.

It was not known if Ames was home at the time of the incident or if there was any damage to his residence. Police said there were no arrests or injuries.

Almost simultaneously, two separate groups of about 30 radicals attempted to attack two police stations in Kwangju but also were dispersed by tear gas-firing police, said Yonhap.

**The five category system of the voluntary film industry rating program is now as follows:**

- G - General audiences, all ages admitted.
- PG - Parental guidance suggested. Some material may not be suitable for children.
- PG-13 - Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for children.
- R - Restricted, under 17 requires accompanying parent or adult guardian.
- X - No one under 17 admitted.

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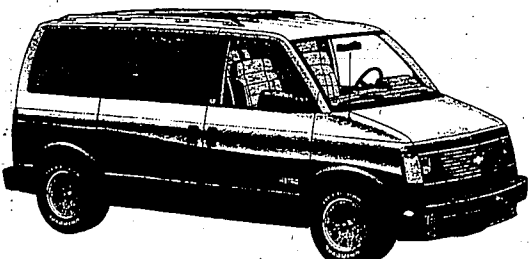
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- \*Price based on M.S.R.P. of \$15,330 including dealer prep and destination charge. Tax, license and optional equipment additional. You must take retail delivery out of dealer stock.

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**IDAHO'S BEST CHEVROLET DEALERS**

**LEO RICE MOTOR CO.** GOODING  
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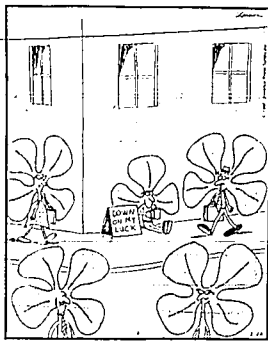
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3 YEAR/50,000 MILE WARRANTY

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THE FAR SIDE

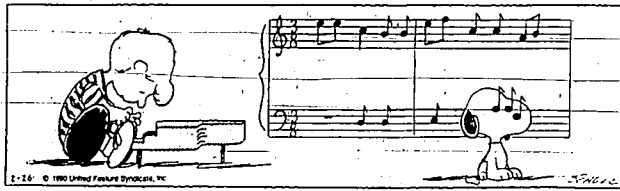


Life among the clover

BLONDIE



PEANUTS



GARFIELD



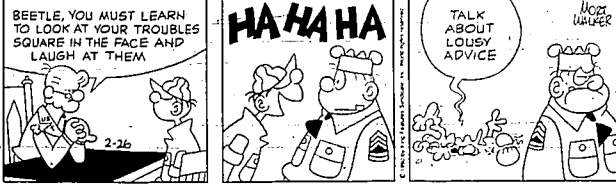
CONSEBERRY



HAGGAR



BEEETLE



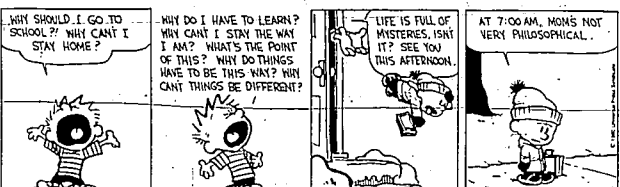
HI & LOS



WIZARD OF ID



CALVIN



BURN LOSER



GASOLINE ALLEY



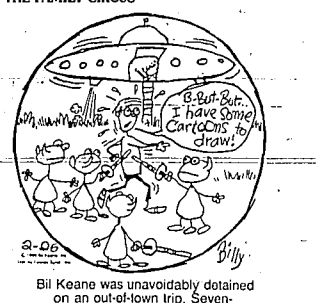
FRANK & ERNEST



DENNIS THE MENACE



THE FAMILY CIRCUS

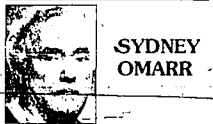


Bill Keane was unavoidably detained on an out-of-town trip. Seven-year-old Billy fills in with this version of why.

ACROSS

- 1 Pairs
- 5 Reach a goal
- 10 Wholly animal
- 14 Wheel
- 15 covering
- 16 adjectives
- 18 Money
- 19 exchange
- 20 premium
- 21 the Red
- 26 Snare
- 28 Fancy dance
- 29 Keopsake
- 30 Cut
- 31 Campus
- 32 building
- 38 Honshu
- 39 money
- 39 Life-like view
- 43 By way of
- 44 Eternally
- 46 Illuminated
- 47 Makes oval
- 48 Love song
- 51 Pursues
- 52 Troo rest
- 53 Ward off
- 55 Strong storm
- 59 With
- 61 Troo rest
- 64 Angry
- 66 Place for grain
- 67 Brazen
- 68 Blueprint
- 69 More modern
- 70 Son of Isaac
- 71 matrial
- 71 Silly ones
- 72 Dispatch

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## ASTROLOGICAL FORECASTS

**IF FEBRUARY 26 IS YOUR BIRTHDAY:** Spotlight on marital status, security, property, sense of direction. You are indecisive, sentimental and many claim you are sensible "fox-coloured." You are sensual, work well under pressure, are capable of medicine deadlines. March features travel, titillation, discovery, renewed vigor. Cancer, Capricorn persons play roles.

**ARIES** (March 21-April 19): Those who thought they could confine or contain you will learn their lessons. You'll win fame, have more room, will be singing song of freedom. You could also be saying, "What a glorious Monday!"

**Taurus** (April 20-May 20): At first you sense loneliness-to fulfilling-hope-rides. You do so by combining inspiration with practicality. Some very important people could become staunch allies. Don't underestimate potential.

**GEMINI** (May 21-June 20): Communication, received from influential individuals. You'll be helped in career, business enterprise. You'll comprehend power of written word. Member of opposite sex makes declaration of love. Confusion.

**CANCER** (June 21-July 22): You'll be saying, "At last people like me for what I am." Loss, aside layers of pretense. You can't go wrong this Monday by being yourself. Family member makes major confession. Love, mixed.

**LEO** (July 23-Aug. 22): Play role of "figure of mystery." Be discreet, tell only what is necessary. Emphasis on financial status of partner, mate. Third person figures prominently in gaining line of credit.

**02/26/90**

Saturday's Puzzle Solved:

SLAB	CHAPS	TSAR
LENA	LAPEL	RULE
AWGN	ENATE	AMIN
WINTERGREEN	MET	
ARI	STEVENS	
CHEMICAL	SEER	AM
RAIL	NAMED	DATED
OLIA	LETT	ILIM
WIAERS	SHEEP	MIT
CHALTE	ETCETERA	
LET	THUNDER	BIRD
OWNS	IDIOT	AREA
SEES	CANOE	GOAL
ERISE	SNEIDER	ONLY

45 Sand an answer

57 Intend

58 Corner

60 Clump

61 Vortex

62 Ear-shattering

65 Overcome

With revivance

## FOOD AND DRINK

**FOOD AND DRINK**

Could you survive on nothing but America's most popular food and drink? That food is eaten by 77 percent of the grownups. That drink is drunk by 41 percent. They're white bread and whole milk. Survive, certainly. Even grow fat on them. And profoundly morose, what?

Our Love and War man reports: Many a man is pushed over the brink by romance gone sour. Statistics indicate infatuated men every year kill between 2,000 and 3,000 of the women they'd once loved.

Question arises as to why "torilla" means omelet in Spain but cornmeal flatbread in Mexico. Spanish explorers knew all about hens' eggs, but nothing about corn. The Aztecs knew all about corn, but nothing about hens' eggs. Explorers adopted the locals' food, and the locals adopted the explorers' word.

**LABOR DAY STORMS**

On four out of five Labor Days in recent history, whether workers' strike picket lines in their maps to mark the whereabouts of lively hurricanes.

According to U.S. Navy regulations, if a uniformed seaman carries an umbrella, it must be a black one held in the left hand.

On Hudson Bay you can see the Northern Lights two nights out of three. I'm told.

**FOOD AND DRINK**

Could you survive on nothing but America's most popular food and drink? That food is eaten by 77 percent of the grownups. That drink is drunk by 41

## L.M. BOYD

**L.M. BOYD**

What's what

**Virgo** (Aug. 23-Sept. 22): Obtain hint from Leo message. Emphasis on power, authority, deadline. Capricorn man helps clear legal red tape. You'll be concerned with special permissions, cooperative efforts. Check records.

**LIBRA** (Sept. 23-Oct. 22): You'll reflect, "I am finished and glad and would have not missed the experience!" You leave behind situation that drained emotion, financially. You'll answer "call of love." Aries represented.

**SCORPIO** (Oct. 23-Nov. 21): Stress independence, courage, pioneering spirit. Creative juices stimulated. You'll imprint style and will attract romance. In matters of speculation, stick with number 1. Aquarian in picture.

**SAGITTARIUS** (Nov. 22-Dec. 21) You'll say, "I finally know in which direction to go!" Emphasis on family, property, ones aimed at gaining greater security. Older person declares, "You have more than you realize!"

**CAPRICORN** (Dec. 22-Jan. 19): Make room for diversification, versatility, experimentation. Refuse to be limited by one who is envious, lacks faith. Close relative finally admits, "You should do it your way!" Proceed.

**AQUARIUS** (Jan. 20-Feb. 18): When presented with challenge you'll declare, "This is my cup of tea!" Emphasis on payments, ability to earn more money. What was lost two weeks ago will be recovered. Scorpio plays role.

**PISCES** (Feb. 19-March 20): You'll refuse, "I am going to live up to my potential!" You will, too. Focus on communication, writing, associations with lively, dynamic individuals. You'll solve problem that represented roadblock.

**Bill Keane** was unavoidably detained on an out-of-town trip. Seven-year-old Billy fills in with this version of why.

**FOOD AND DRINK**

Could you survive on nothing but America's most popular food and drink? That food is eaten by 77 percent of the grownups. That drink is drunk by 41

To get "Boyd's Curiosity Shop" by return mail, send \$12 to "Boyd's Book," Crown Syndicate, Inc., POB 99126, Seattle, WA 98199.

# Magic Valley

■ Obituaries/hospitals B2  
■ Government meetings B2  
■ Sports B3-4

B

## AROUND THE VALLEY

### Devil's Corral on tap Wednesday in Boise

**BOISE** - A hearing on a proposal to protect Devil's Corral Creek from development will be at 1:30 p.m. Wednesday in the Senate Resources and Environment Committee meeting room on the fourth floor of the Statehouse.

In what has been called a rare show of unity, the Magic Valley legislative delegation is supporting a bill calling for two-year interim protection of Devil's Corral, one of two spring creeks still undeveloped along the Snake River stretching from Hagerman to Murtaugh.

The creek rises from the Snake River aquifer and enters the Snake River through a rugged canyon on the north side, about two miles above Shoshone Falls. It is a favorite hiking and fishing spot for many Magic Valley residents.

### Jerome P&Z meets tonight to consider jacklin request

**JEROME** - The Jerome Planning and Zoning Commission will meet tonight to consider a request for a special-use permit for a seed processing plant and to review a livestock confinement ordinance.

Jacklin Seed Co. plans to build a \$3.5 million plant south of town to process grass seeds grown locally to be sold worldwide.

The commission will also review the proposed Concentrated Animal Feeding Operations ordinance designed to gain better control of livestock operations in the county. The ordinance - an alternative to the planning commission's proposal - was developed by a group of dairy owners.

### Adventist school decides not to renew accreditation

**TWIN FALLS** - A local parochial school has decided not to renew its voluntary state accreditation.

The Magic Valley Adventist School's board of directors decided not to pursue the accreditation it lost in January because its two teachers were not certified by the state, according to a prepared release.

According to the release, the board decided that its teachers, Gary and Jacquie Dennis, were well-qualified for their jobs - Adventist education requirements are similar to state requirements, the board decided, and the couple met those requirements even though they haven't gone through the state's certification process.

The board felt that while some may feel the state accreditation and certification of parochial schools to be important, the goal of most parents is to have their children educated by teachers with excellent qualifications and teaching skills," the release said.

The board also retained the husband and wife teaching team.

### Prison waiting list keeping ex-publisher out of custody

**BOISE** - A full house and a waiting list at the Cottonwood prison has kept former newspaper publisher Steve McMullen out of jail for the last five weeks.

A Department of Corrections spokesman said he didn't know when McMullen, who pleaded no contest to grand theft, would be brought to the facility.

"We just don't have any room up there right now," Special Assistant Tony Skoro said.

Skoro said he is placing convicts now who were sentenced at the beginning of January, and McMullen will be placed just as soon as there's a bed for him.

McMullen was sentenced Jan. 15 by 5th District Judge Phillip Becker to spend 120 days at the North Idaho Correctional Institution at Cottonwood. After that time, Becker will either sentence McMullen to prison or release him on probation.

McMullen pleaded no contest to illegally selling newspaper equipment which he published in the North Side News, Gooding County Leader and Lincoln County Journal.

### Peavey, Robbins join group of Democrats for Twilegar

**BOISE** - State Sen. John Peavey, D-Carey, and Rep. Gary Robbins, D-Twin Falls, have joined a group of Idaho Democrats supporting Ron Twilegar for the U.S. Senate.

Twilegar is expected to announce his candidacy March 6, but already has a campaign organization in place. In 1974 he was the first Democrat in 36 years to be elected from Ada County to the Idaho House. Twilegar moved to the Senate in 1976, where he served until 1982.

In 1983 Twilegar was elected to the Boise City Council and in 1987 was appointed by Boise Mayor Dirk Kempthorne to the Boise Redevelopment Agency board of director.

## Glenns Ferry panel calls for school bond

By BO McWILLIAMS  
Times-News correspondent

**GLENN'S FERRY** - The school here needs to be expanded and a bond issue should pay for it, a community committee has recommended to the School Board.

A 16-member committee the board appointed in December 1989 to evaluate the district's needs has proposed a \$1.1 million bond issue to pay for a new wing to the secondary school.

The addition is sorely needed, Committee member Karl Carnahan said. "They're definitely not asking for things that aren't needed now," he said.

School Board members Ward Rulien, chairman, Laura Bellegrave, vice chairwoman, Nancy Blacksm, Kenneth Thompson and Rocky Trail all said at an

informational meeting Thursday they favor the idea.

The board is expected to decide at this Thursday's meeting whether to take the bond issue to the public. The vote would likely be set for this spring, Superintendent Bob Fontaine said.

The bond issue would cost the owner of a \$400,000 home in Glenns Ferry \$25-\$27 a year for 15 years, the district estimates.

The school's library, home economics, physical education and general classroom facilities are all overcrowded, Fontaine said.

The district, in fact, has no home economics program because the space is needed for another class, he said.

One classroom is a converted hallway, Committee member Dan Wicher said.

The district also wants to better separate

the lower and upper grades in the secondary school. The mix hurts the students, Wicher said.

Now is a good time to go for the bond issue because of the relatively lower current interest rates, Carnahan said.

The committee was formed in December after the School Board listened to Fontaine talk about the results of a survey of teachers and other school employees about the district's needs. It was comprised of area residents with a variety of interests.

"We do not want this bond issue to be an administrative idea," Fontaine said. "We wanted it really to be developed from a committee of a cross-section of the community."

The committee chose from about 10 options a plan by Architects Inc., Boise, to add five classrooms, a new library and a

multipurpose room for physical education classes and with a storage area but also acoustically designed for school musical productions.

The 18,110-square-foot addition wing would cost an estimated \$966,600, officials say.

The board has added another \$100,000 to repair the school's ailing boiler, fix a bad roof and bring underground storage tanks up to federal standards - thus bringing the total project to \$1.1 million.

The district plans an intensive public information campaign, including an open house and informational brochure, to promote the project, Fontaine said.

The unanimous recommendation by the committee to build is a good sign, he said. "You can never tell but at this point it's as good as we can expect," Fontaine said.

## Dietrich pondering cost of gym

By TERRELL WILLIAMS  
Times-News correspondent

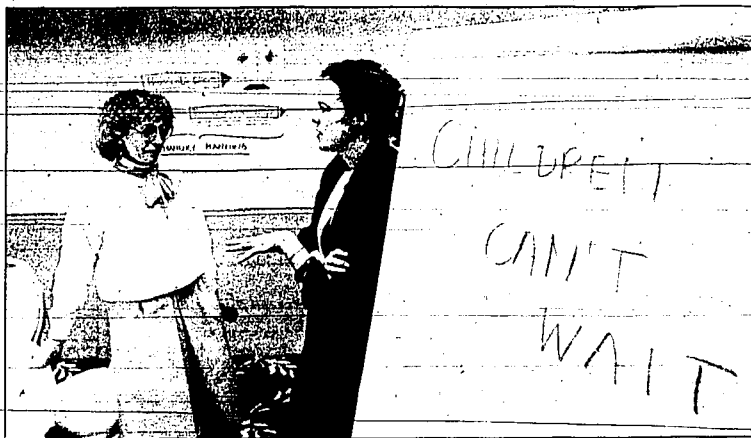
**DIETRICH** - The school needs a new gymnasium, says the man who spearheaded last year's successful drive to reinstate a football program in town.

School trustees say they'll soon be talking with residents of their districts to determine the support for a bond issue to pay for the \$250,000 gym project.

The bond would increase school taxes by about 68 percent over its 10-year life, Hubert Shaw estimated.

With boys and girls playing basketball, Hubert told the School Board recently, the school has two varsity teams, two junior varsity teams, six junior high teams and elementary school fifth- and sixth-grade teams.

"That's a whole bunch of basketball teams," Shaw said. "We used to have half that many. In fact, at one time, we had one."



Katharine Cahn, director of the Northwest Resource Center for Children, Youth and Families, right, and Anne McNevin, program manager of Family and Children Services in Twin Falls, talk after the Children Can't Wait seminar.

The existing gymnasium is not big enough to handle so many teams, Shaw said, adding, "I think somebody told me it was the smallest one in the state for a high school."

In the wintertime, he said, students from first grade to seniors all have to share this limited-space-and-not-all-of-them-get-an-equal chance to play.

Shaw spearheaded the drive late last year to revive Dietrich's football program, which had been eliminated for 16 years.

## Lost in limbo

### Foster children miss out while waiting for homes

By JENNIFER KUAH  
Times-News writer

**TWIN FALLS** - Children taken away from their parents by Health and Welfare officials spend an average of almost two years in limbo before they are settled into a permanent life.

But children can't wait that long, local officials say.

Appropriately entitled "Children Can't Wait," a special federally funded program came to Twin Falls last week. It gathered law enforcement representatives, Health and Welfare officials, attorneys, judges, court people, local counselors, foster parents and others in a two-day workshop to discuss how to speed up the process.

"All-of-us-have-great-war-stories-to-tell when children did wait," 5th District Magistrate Judge Michael Redman said. "And waited. And waited. And waited."

"I think when you don't give a child permanency, you are telling that child, 'You were never chosen to be part of a family,'" said David L. Davis, Health and Welfare's Region V regional administrator, in an interview after the workshop.

Davis said children thrive on consistency, and said that keeping children in limbo "has a real serious potential to hurt them long-term."

He also talked about bonding and learning about relationships through family attachments, something children in limbo may miss out on.

Health and Welfare only removes children from their parents after an investigation shows it would be in the child's best interests, at that point, to separate the family.

More often, however, the child will remain in the home.

But Health and Welfare's basic goal is to reunite the family. In some cases, however, parents don't follow through with requirements, such as attending a drug rehabilitation program or attending parenting classes.

Health and Welfare gives parents many chances to improve and get their children back, Davis said. But when a social worker has tried everything and the family still does not cooperate, the department files for a "petition for termination of parental rights" - a legal move to cut a parent's rights to raise the child.

Meanwhile, the child is usually in foster care.

After termination of parental rights is approved by the court, the child may be adopted by another family or may be

placed in permanent foster care, a youth ranch, a shelter or in another situation.

Locally, the Health and Welfare Department has about 100 kids in limbo - living away from their parents but not yet in a permanent situation - out of a total of 290 active cases on the department's files, according to Health and Welfare officials.

The department receives about 125 complaints each month that it must investigate. About 60 percent of those complaints are valid, Davis said, and the department takes on those cases.

By the end of the two-day seminar, participants had come up with four ideas for trying to reduce the average 22.7 months local children spend in temporary situations:

• Judges will work to shorten the appeal period that comes after parental rights have been terminated by the court. Parents can appeal a judge's decision, which can keep the case alive - and thus the children in limbo - for years.

• Top law enforcement, Health and Welfare, school, medical and court administrators will form a committee called Twin Falls Children at Need (or Twin Falls CANS). Davis said the committee will work to coordinate services, such as parenting

• See LIMBO on Page B2

## New chamber panel will seek to improve schools

By JENNIFER KUAH  
Times-News writer

**TWIN FALLS** - Still in embryonic stages, a new Twin Falls Area Chamber of Commerce advisory committee will look over the shoulders of educators, school administrators and legislators to see what can be done to improve education in the area.

"We'll look at the strengths and weaknesses and make recommendations," said Jim Jensen, who will chair the new committee. "We'll examine education and

try to make it better."

"And we'll let our views be known," he said.

Jensen said letters will be mailed to about 10 chamber members who have expressed interest in serving on the committee.

Committee members will meet and then formulate its goals, he said. But he did say he hoped the committee looks at education as a whole, not just at one particular school board or school level.

Jensen mentioned consolidation as one issue the new committee might address. And the chamber's executive vice,

president, J. Kent Just, offered school funding and class size as other possible topics of discussion.

Just described the committee as an "oversight" committee and said one of its goals will be to "assure job-ready graduates are coming out of local schools."

"Mainly what we're hearing from our members is that there are too many students being turned out of school who think they are job-ready, but who are not," Just said.

Jensen urged any other chamber members interested in participating in the new venture to call the chamber office.

## State wants to know about uncapped wells in area

By JENNIFER KUAH  
Times-News writer

**TWIN FALLS** - Uncapped wells can lead to groundwater contamination and can be hazardous to both animals and people - especially small children.

That's why the Department of Water Resources wants to get the word out: "If you see an uncapped well, notify us," Lotwick I. Reese, the department's groundwater protection manager, said.

Under state laws, all wells, whether in use or not, must be sealed - and putting wood or boards over the hole doesn't count, Reese said.

Well drillers are required to cover each freshly dug well with a welded, watertight seal before leaving. And a pump installer also must cover the hole when he's finished, Reese said.

Domestic wells usually have submerged pumps, and the top must have some kind of seal, he said. Irrigation wells, on the other hand, usually have pumps that sit above ground, but the entire hole must be covered.

For wells no longer in use, Reese said, state abandonment laws require owners to fill unused wells with cement or grout or other acceptable clay materials.

Filling an unused well prevents surface

run-off and chemicals from entering the well and possibly contaminating groundwater, Reese said. It also prevents accidents.

"It's illegal to have a well open, period," Reese said.

The department worked with several well owners during 1989 to cap or fill their wells, Reese said. No particular part of the state has had any more open wells than another, he said.

Fines are included in state laws, but Reese said he can't remember any recent fines because most well owners are willing to comply.

"We have never fined an owner unless

they just outright defy what we ask them to do," he said. "If they work with us and get it filled (or capped) we won't issue a fine."

Reese encouraged anyone who spots an open well, whether in a backyard or in the middle of the desert, to contact the local Water Resources Department office at 734-3578.

If you don't know who owns the well, call anyway, he said, because the department will track down the owner.

"We keep holding our breath," Reese said. "We don't know when an accident is going to happen and that's why we encourage people when they see those things to notify us."











Legals-Announcements-Selected offers

The Times-News Classifieds • 733-0626

LEGAL NOTICE

Continued from p.26... DATED this 8th day of February, 1990... KUBIK Whitehead, Supervisor Administrative Procedure...

LEGAL NOTICE

Case No. 20856-8500 TO: ROXIANE BENSON BRIGGS... I am hereby notified that there has been filed in the Snohomish County Superior Court...

LEGAL NOTICE

Notice of hearing on this matter shall be on the 27th day of March, 1990 at 8:45 a.m., in the Superior Court, address 2801 North Street, Everett, Washington 98201...

ALCOHOLICS ANONYMOUS

Alcoholics Anonymous... If you cannot attend an AA meeting, you will be re-joined for you. Your fee is to appear at this hearing or respond to this notice...

NOTICE OF BID

Notice of Bid for surplus property... Notice is hereby given, that on the 6th day of February, 1990, a surplus property belonging to the Twin Falls County Fair...

ANNOUNCEMENTS

002 Lost & Found... HOUND POUND NEWS... BUY & WEAR A LIFETIME LICENSE... TWIN FALLS ANIMAL SHELTER...

002 Lost & Found

1. Shepherd X, black & white male... 2. Scottie, black, female... 3. Shepherd X, black & tan, male pup...

LOCATED

139 8th Ave W. Open 1-6 pm only Monday thru Friday 10:30 am to 1 pm Saturday 738-2299

007 Jobs of Interest

007 Jobs of Interest... 007 Jobs of Interest... 007 Jobs of Interest...

002 Lost & Found

JEROME DOG LOG AVAILABLE FOR ADOPTION... 1:30 pm-2:30 pm... Shelter located on 1 mile west road, use the north entrance to Sewer plants across the road from KART Radio.

003 Special Notices

BANKRUPTCY... Stop foreclosures, repossession, suits, garnishments, evictions, collection action. Free telephone consultation. Appointment schedule in Twin Falls.

006 Personal

ALCOHOLICS ANONYMOUS... If you cannot attend an AA meeting, you will be re-joined for you. Your fee is to appear at this hearing or respond to this notice...

007 Jobs of Interest

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007 Jobs of Interest

Body shop supervisor wanted for southern Idaho new car dealership. Must have 5+ years experience...

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ANNOUNCEMENTS... RENTALS... PERSONALS... SPECIAL OFFERS... MERCHANDISE... REAL ESTATE FOR SALE... FARMERS' MARKET

007 Jobs of Interest... 007 Jobs of Interest... 007 Jobs of Interest... 007 Jobs of Interest...

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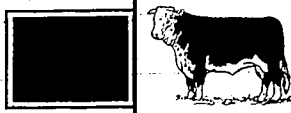
Classified Private Party Rates: See order form for our standard rates... Classified Specials: Guaranteed Ads - regular 7 day rates, pay for 1 week, 2nd week free...

Classified Private Party Rates: See order form for our standard rates... Classified Specials: Guaranteed Ads - regular 7 day rates, pay for 1 week, 2nd week free...

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060 Warehouse & Storage Rental... 1200 sq ft metal bldg, NW port of town...

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081 Furniture & Carpets... 40 yds shag, multi-colored, green, brown, yellow...

THE ACES ON BRIDGE BOBBY WOLFF

"The only sense that is common in the long run is the sense of change... and we all instinctively avoid it." E.B. White... The Spring North American Bridge Championships will be held at the Terrant County Convention Center in Fort Worth, Texas...

114 Farm Implements... 1976 Thicket potato planter... 1977 Lockwood 4 row potato planter...

115 Farm Work Wanted... All planning, rock picking, crowd work, manure haul, Custom plowing & haying...

122 Sporting Goods... Electric golf cart with charge or 250. Call 733-4036.

067 Miscellaneous For Sale... Arrow collapsible wheelchair, kids for 12" x 40" long...

071 Antiques... Antique chrome and leather baroque chair with marble base. Shown by appointment...

082 Building Materials... Posts, rough lumber, rough joist, rough siding...

094 Thriftly Goods... 2 African pigmy goats, male, brooding or put quality...

098 Farms For Rent... FOR LEASE: SPUD GROUND, 200 acres south of Wendell...

104 Horses... 2 year old OH gelding, Call 324-2267.

068 Computers... Digital 100 computer with monitor, MS-DOS operating system...

072 Appliances... 22 cu. ft. upright freezer; 21 cu. ft. chest freezer...

083 Cat Food... Farm Style 50 lbs. \$9.95 Globetrotter Feed Co. Twin Falls, ID.

095 Hay, Grain & Feed... 12 ton bean straw, \$35 a ton. Call 629-5515.

099 Pastures For Rent... Wanted: irrigated pasture for approximately 70 pairs. Call 324-2107.

105 Horse Equipment... Kolor built C & B and Circle J heron and stock horses...

069 Cameras & Equipment... Buying photo equipment and cameras. Call 639-455-4541.

073 Appliances... 22 cu. ft. upright freezer; 21 cu. ft. chest freezer...

084 Musical Instruments... 5 piece drum set plus crash and hi-hat. Call 934-5882 after 5 p.m.

096 Farm Seed... Certified seed potatoes for sale G3, G4, G5. Call 436-6676 days, 436-6675 eves.

100 Cattle... 100 head stock cows. Call 334-5778.

106 Sheep/Goats... 100 head white face ewe flock with 13 yearlings in March and April. Call 543-6205.

070 Wanted To Buy... 12x40 or 50' mobile home. Exterior must be good...

074 Musical Instruments... 5 piece drum set plus crash and hi-hat. Call 934-5882 after 5 p.m.

085 Firewood... Firewood, hardwood no pine, \$100 a cord. U-haul. Call 423-5374.

097 Hay, Grain & Feed... 12 ton bean straw, \$35 a ton. Call 629-5515.

101 Cattle... 100 head stock cows. Call 334-5778.

107 Sheep/Goats... 100 head white face ewe flock with 13 yearlings in March and April. Call 543-6205.

075 Office Equipment... AT&T Merlin phone system, 10 phones, expandable...

076 Office Equipment... IBM correcting Solentec II, wide carriage, W/Triflex system \$550, 435-4355.

086 Firewood... Firewood, hardwood no pine, \$100 a cord. U-haul. Call 423-5374.

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090 Pets & Supplies... AKC Labs, 3 black, 1 yellow, males & yellow females...

104 Horses... 2 year old OH gelding, Call 324-2267.

110 Poultry & Rabbits... Dressed rabbits, 324-3430.

111 Irrigation... Steel pipe, new and used, Rocky Mountain Industries, Jerome, 324-2142.

081 Furniture & Carpets... 40 yds shag, multi-colored, green, brown, yellow...

082 Building Materials... Posts, rough lumber, rough joist, rough siding...

083 Cat Food... Farm Style 50 lbs. \$9.95 Globetrotter Feed Co. Twin Falls, ID.

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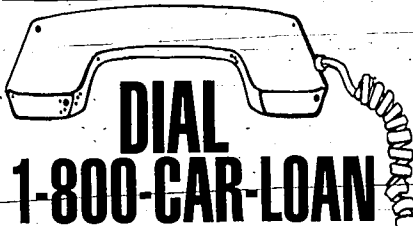
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127 Motor Homes 136 Heavy Equipment 139 Pick-Up Trucks 148 Antique Autos 162 Autos-Ford 175-Auto Dealers 175-Auto Dealers 175-Auto Dealers. Includes numerous car listings with details like year, make, model, and price.



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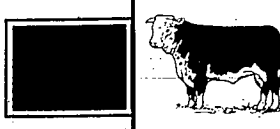
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If you prefer, our used car lot is filled with previously owned Hondas all filled with gas and ready to go.

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40 yds yag, multi-colored, green, brown, yellow, 28 yds nylon plush shag, 20 yds nylon plush shag, 20 yds brown; good condition, \$2 a yard for viewing until March 5, at 425 Jefferson E. Kimberly, Call 429-2507.

082 Building Materials

Lumber & Paint. Paint supplies. West End Sales Co. Call 734-7119.

083 Garage Sales

4-family plus, restaurant & bar equipment, 8 door garage, 12 metal kitchen cabinets, 25. Sewell their \$35. 500. Call 733-4193.

084 Firewood

Firewood, hardwood, 10 cu. yd. Call 734-6276.

085 Office Equipment

AT&T Merlin phone system, 12 phones, expandable, now \$10,000, asking \$6000 or best offer. Call 733-5200.

086 Computers

Digital 100 computer with monitor, MS-DOS operating system, Syma bookkeeping packages, make offer. Call 734-8444.

087 Home Entertainment

19" remote control color TV, 12" color, \$425.50. Call 734-7222.

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Lumber & Paint. Paint supplies. West End Sales Co. Call 734-7119.

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087 Home Entertainment

19" remote control color TV, 12" color, \$425.50. Call 734-7222.

088 CAT FOOD

20lb. \$3.95. Globo Soda & Food Co. Twin Falls, ID.

089 DOG FOOD

20lb. \$3.95. Globo Soda & Food Co. Twin Falls, ID.

090 PALE & SUPPLIES

AKC Labs, 3 black, 1 yellow males, 4 yellow females. \$1000-4375 and 575. Call 734-6276.

THE ACES ON BRIDGE BOBBY WOLFF

"The only sense that is common in the long run is the sense of change - and we all instinctively avoid it." - E.B. White.

The Spring North American Bridge Championships will be held at the Terrant County Convention Center in Fort Worth, Texas, March 16-25. If you come to play or to kibitz (no charge), you'll see many interesting deals. How many fans at the tournament would solve today's problem?

Those who play routinely will win the club and attack trumps immediately. East wins and knocks out South's remaining high club; South then draws the outstanding trump. A heart finesse to East's King, and East shifts shrewdly to a diamond - West wins the ace and cashes a club - down one.

The more careful declarers see the dangers of drawing trumps immediately and turn their attention to avoiding a club-loser. At-tract two, instead of leading a trump, they lead a heart to dummy's queen, leading to East's king. A club comes before, but South wins and tries another heart finesse to dummy's 10. This holds, and the heart ace takes care of South's club loser. Now it's time to attack in trumps, and the thoughtful declarers limit their losses to two aces and the heart king.

The Championships will schedule deals for all levels of players. Make your plans to attend now.

Send bridge questions to The Aces, P.O. Box 1213, Dallas, Texas 75213, with self-addressed, stamped envelope for reply. Copyright, 1990, United Features Syndicate

098 Farms For Rent

FOR LEASE: SPUD COUNTRY, 200 acres south of Mandali. Call 324-2244. FOR RENT: 270 acre, pivot and wheel line, east of Jerome. Call 326-5116.

099 Pasture For Rent

Wanted: irrigated pasture for approximately 70 pairs. Call 326-5107.

100 Horses

2 year old OH gelding. Call 324-2267. 2-year-old TB gelding. Call 324-2267.

101 Cattle

100 head stock cows. Call 324-5778. 15 peppered Black Angus bullock for sale. 16 months old. Call 324-5778.

102 Beef & Dairy Sale

Good beef & dairy sale every Friday - 12 noon All Breed - All sale every Friday - 12 noon Good Livestock Commission, Inc. Call 324-2279.

103 Dairy Equipment

300 gallon milk tank, 3 hp vacuum pump, moving machine. Call 324-2261. 500 gallon milk tank and compressor. Call 326-2991.

104 Farm Implements

1976 Tractor planter. \$4500 or make offer. Call 326-5479. 1977 Lockwood 4 row potato planter, good condition. Call 324-4072 or 324-2086.

105 Farm Implements

1969 Casana 182 Skyline, air frame total time 3771, prop governor T50 660, prop T50 622 engine, 622, since 1990 overhaul 6 hrs. Avionics: Mark 12B, nav comm, navaid, transponder. Call 324-2086.

114 Farm Implements

1976 Tractor planter. \$4500 or make offer. Call 326-5479. 1977 Lockwood 4 row potato planter, good condition. Call 324-4072 or 324-2086.

115 Farm Work Wanted

All planting, rock picking, ground work, manure haul, Randy Weaver, 543-6888. Custom plowing & harrow. Call 423-5312, overnight. Hay retrieving, 2 or 3 wide. Call 734-3554.

120 Aviation

1969 Casana 182 Skyline, air frame total time 3771, prop governor T50 660, prop T50 622 engine, 622, since 1990 overhaul 6 hrs. Avionics: Mark 12B, nav comm, navaid, transponder. Call 324-2086.

121 Boats & Marine Items

12 Gregor aluminum boat, 15 hp Evinrude motor, 17 foot. Call 326-5741 or 536-2071 days. 1973 Stacercraft, open bow, 15 hp Evinrude motor, \$3000 or best offer. Call 543-6884 eve.

125 Campers & Shells

10 Starline over-cab sold contained. \$1900-734-1919. 11 1/2 ft cabover, with jacks, furnace, electric gas regulator, stove, w/over, \$1100. Call 678-1517.

127 Motor Homes

1978 Tige 24', Dodge chassis, fully equipped, many extras, very low mileage. 536-6360 after 5pm. Immaculate, 76 Cruise Air, 20' mi, Dodge 360, PB, cruise, cab air, AM/FM cassette, new tires. Must call 525-50, 734-3358. Seats and cushions removed. Free estimator. M & T Upholstery, Call 734-4848.

122 Sporting Goods

Electric golf cart with charger. \$250. Call 733-4036. Women's ski, Swallow, poles, boots & bindings. \$50. Pro 160. \$35. Boy's country skis. \$10. 734-9227.

123 Guns & Rifles

Remington 600, no rb, excellent cond, good iron sights. \$245. Call 734-6735. Smith & Wesson, model 5906, 9 mm. \$300. Call 42-663 evenings. Smith & Wesson model 157, 357, pачmiring prps. \$200. Call after 6. 543-5504.

124 Snow Vehicles

1978 Polaris 300, like brand new. Call 733-8074. 1987 Irid 650 long track, powderin pipes, excel cond. \$3700. Call 734-1919. Ski-Doo Safari, very good. Call 734-5087.

125 Travel Trailers

1965 Road Runner 14' over-cab camper trailer, Sleeps 6, gas stove, ice box, porta potti, oil, electric brakes, gas/electric w/ lights, gas, 1100. Call 324-8319. 1970 16 ft Scumby travel trailer, sleeps 4, ice box, heater, good condition, \$1100. Call 423-6232.

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WATER TO LEASE. For lease 3.5 cfs of underground irrigation water, on 2.0 acres. Preferably to be leased for 6 yrs. Call 324-8046, Curtis Blevins.

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## '90s families should see better living

### GOOD NEWS FOR FAMILIES IN THE '90s!

For the past two decades, you've lived through accelerating cultural changes that have brought mega-stress to bear on families. The most significant of these changes include:

- double-digit inflation
- soaring divorce rates
- rising housing, medical, and educational costs
- a technology and information explosion
- a commitment of more hours to the



**JoAnn Larsen**

work place and a drain on leisure time - a rapid rise of women in the work place (with accompanying seismic shifts in men and women's roles as well as men are bringing home bacon and more men are cooking it).

So, after a 20-year roller-coaster ride, what's in store for families in the '90s? The good news is - THERE IS GOOD NEWS! Here's the family forecast into the year 2000:

- The obsession for business and money of the '80s is going out, with a growing concern and commitment to quality of life issues coming in. More people will be "cashing out," moving from cities to towns, scaling down their hectic lives, and striving for more life satisfaction.

And where will they find their greatest satisfaction? At home, say prudent forecasters. Says one: "The psychological rewards of the home will intensify and people will spend more time together as families."

Two Gallup polls taken one year apart - in 1986 and 1987 - support the contention that, in the '90s, "home will be where the heart is." In the span of that one year's time, the number of Americans who said that hanging around the house was their favorite thing to do tripled.

"Perhaps the most humble indicator of America's growing interest in home and hearth is a boom in refrigerator magnets," reports the New York Times. Why is the diminutive magnet receiving such a razz? "Because," says one magnet manufacturer, "the refrigerator is the only place a family can get messages to each other."

Another good piece of news is that, after rising for nineteen years, the divorce rate has stabilized - despite the prediction of one researcher in the early '80s that, at the then current rate of family dissolution, "there would not be a single American family left intact by the year 2008."

Though 50 percent of American couples can still expect to get divorced, "gone is the image of divorce as the easy way out of a troubled marriage," says Sue Browder, author of the article: "Marriage in the 1990s: The Way We'll Be." "Some books like 'Second Chances,' by Judith S. Walestein and Sandra Blackless, may have helped to change the old idea that 'the kids will adjust' and given way to the realization they may not," she says.

"Also, feminists who saw marriage as oppressive to women are beginning to realize divorce may be even more oppressive."

See LARSEN on Page D2

## Bone calcium loss definitely worth avoiding

By JOAN BEAN  
Times-News correspondent

TWIN FALLS - While the average woman generally pays attention to the care of her hair and skin, as well as to weight control, she may not give a lot of thought to maintaining her bones. But, perhaps she should.

Osteoporosis - a thinning of the bones - especially the long bones, due to calcium depletion - strikes one in four white women over the age of 65.

"That sounds like it's a disease of elderly persons," says Peggy Stanfield, M.S.R.D., professor of nutrition in the Science and Allied Health Department at the College of Southern Idaho. "But our research shows that it began back in the early childbearing ages."

Osteoporosis affects mostly women, she says, because they have less dense bones and are of a smaller stature than men, have less calcium in their bones to start with, and do not exercise as much as men do. But she says, occasionally a small-boned elderly man will have osteoporosis.

Stanfield, the author of "Basic Nutrition," "Nutrition and Diet Therapy" and other health textbooks, says many women diet most of their lives. "And this includes not drinking milk, because they believe it is fattening - which it is not. I have young teen-age girls in some of my classes right now that really won't drink milk at all, because they are afraid it will make them fat."

She says those young women who will not drink milk think they are too young to get osteoporosis. "They're getting it. It just hasn't shown up yet. This is an insidious onset."

And so all those years of doing things that deplete calcium stores can take their toll after menopause, because of the loss of estrogen which regulates the withdrawal of calcium.

The body leaches the calcium it needs for heart action, muscle contraction and other functions, from the bones. And Stanfield says it's not noticeable until the bones become very porous. "So if you're not taking in any calcium - over a long period of time - what the body does is simply take it from your bones."

She says milk and dairy products are the major source of calcium, and the belief that it is easy to get all the calcium one needs without them is a myth.

Milk has lactose in it, and calcium absorbs better in lactose. It also absorbs better if there is some ascorbic acid with it. There is also vitamin D in milk, and Stanfield says one can't get any calcium into the bones without it.

She says the calcium tablets do not absorb so well, and it is necessary to drink a lot of fluids when taking them, in order to avoid the possibility of developing kidney stones. She says when buying these tablets, to be sure to get a source that was never alive; such as oyster shell, eggshell or bone meal.

"Wherever that animal lived, if it picked up contaminants, it's in there," she says.

"Whereas if you buy calcium tablets that were made strictly on a sterile basis in a chemical laboratory, you only get what they say is in it."

The new recommendation from the National Academy of Science (which Stanfield says dieticians go by) is that there be a daily intake of 1,200 milligrams of calcium, and for pregnant and post-menopausal women, about 1,500. There are approximately 300 milligrams in a cup of milk.

Stanfield says the following guidelines are recommended by most nutritionists and nutrition scientists, to help prevent osteoporosis:

1. Eat a balanced diet, including food from the milk group.

2. Moderation in protein intake - 5 or 6 ounces a day (Most Americans, she says, eat 8 or 10 ounces a day, if they can afford



Times-News photo illustration/ANDY ARENZ

### Milk and regular exercise may be the best preventative medicine against osteoporosis

Miller says bone loss is accelerated in people who are underweight - the more underweight, the more accelerated, because weight-bearing keeps bones healthy, and retards the development of osteoporosis.

And it is accelerated in those who smoke; those who are light and fair skinned - especially if they come from Scandinavian ancestry - and those who have a history of osteoporosis in the family.

For the woman who already has symptoms of osteoporosis - even though she cannot recapture all the calcium that has been lost, she can vastly slow down the rate of loss. And Miller says some people feel you can start new bone formation by starting estrogen at any age.

"If you knew you were going to die at age 90, it would be safe to stop estrogen at age 80 and maybe even age 70," he says.

"But with people living older and older, the worst possible scenario is to live until

See BONES on Page D2

## 'Unpredictable' surgery corrects near-sightedness

By BRENDA C. COLEMAN  
The Associated Press

CHICAGO - Two-thirds of people who had eye surgery to correct their nearsightedness were able to see without glasses four years later, but doctors still can't predict the outcome of the costly operation, a study says.

"Our study and others have demonstrated fairly well that there are some adverse outcomes, but they are relatively rare," said John Carter, coordinator of the study, based at Emory University in Atlanta.

The surgery, known as radial keratotomy, is painless and can be performed on an

outpatient basis. It involves making cuts in the cornea in a pattern resembling spokes of a wheel. The purpose of the procedure, introduced in 1976, is to reduce the

cornea's curvature. It costs about \$2,000 an eye, Carter said.

For four years, researchers tracked 390 patients who underwent the surgery on one eye between March 1982 and October 1983. Visual sharpness was improved better than 20-40 in 76 percent of eyes, the researchers reported.

Most patients - 69 percent - had visual sharpness of 20-200 or worse before the operation, and no one had sharpness better than 20-40, the researchers reported in the Journal of the American Medical Association.

But eleven patients who had 20-20 vision or better with corrective lenses before

the surgery suffered a significant loss of visual sharpness after the procedure, even with glasses or contact lenses, they reported.

Infections developed in two patients, who were successfully treated with antibiotics without vision loss, Carter said in a telephone interview.

Among the 323 patients who had both eyes operated on, 64 percent said they wore no corrective lenses four years after the surgery, the researchers said.

"It is generally thought to be a safe procedure - and effective - and it does result in the reduction of myopia," said

See EYES on Page D4

**'A major qualifier is no surgeon can tell a patient exactly what his outcome will be. That's unpredictability.'**

- John Carter

## Looking good

### '60s designs hold for '90s

Whether short and sexy or long and sensuous, the fashion of the '90s reflects a renewed interest in personal style with flowing, body-skimming fabrics that are draped, wrapped or tied.

Softened skin-baring designs reminiscent of the '60s replace the sharp-edged tailored looks of the '80s. The emphasis this year rests on '60s inspired unconstructed casual shapes that are much simpler to sew, says Caryl Svendsen of The Sewing Fashion Council. "Even a novice can easily create a chic look that reflects personal style."

Choosing the correct fabric is pivotal to the success of the finished garment. Feminine, flowing and textured, the fabrics composed of tri-blends of cotton, rayon, linen or nylon, are mixing to create never-before-seen textures that offer improved performance, comfort and care characteristics.

### New lines helping Gap sales

The Chicago Tribune

CHICAGO - The business pages tell us that The Gap stores enjoyed a rather phenomenal 24 percent sales gain during January. Expect those figures to climb even higher now that The Gap has come out with everything from booties to blankets for babies.

The things are cute enough to make some people think about expanding their families. No pale pink and blues, no dainty lace-edged anything, no cute lit-

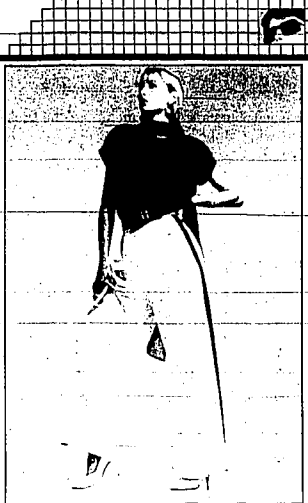


Photo courtesy The Sewing Fashion Council

Flowing silhouettes in sheer fabrics are in style

See LOOK on Page D2

## Quick takes

### Computers offer confidence

The Los Angeles Times

No matter what your age, you may be too embarrassed to discuss subjects like sexual behavior, pregnancy, suicide or drug use with your doctor. You might find it easier to "confide" in a computer, though, and several hospitals now provide such a service.

According to the American Hospital Association, teenagers now "have access to information on relationships; parenthood, and general health through interactive computer programs now available at several Kaiser Foundation hospitals in California."

"The Romance Game" simulates dating situations a teen-ager might face, such as being pressured to have sex, while "The Baby Game" provides a reality check on the consequences of early parenthood by illustrating what it's like to care for a baby 24 hours a day. "The Teen Health Advisor" provides an individualized health assessment based on the teen's answers to a series of questions, and transmits a printout to the youngster's physician so he or she can determine which subjects need special attention.

Adults, too, are benefiting from interactive computers in the health arena. Information about topics such as weight control, cancer, AIDS, self-exams, medications and substance abuse is available through computer systems at the University Hospital in Augusta, Ga., and Abbott Northwestern Hospital in Minneapolis, Minn. University Hospital's computer alternates among public libraries, malls and fitness centers in the community; Abbott Northwestern's computers

are located in family/patient lounges at the hospital.

### Study backs 2nd opinions

Yet another reason to get a second opinion, when time permits, before checking into the hospital for elective surgery: A Rand Corporation study indicates that a significant number of surgical and medical procedures are performed for inappropriate reasons.

According to the Hope Health Letter (Kalamazoo, Mich.), Rand researchers studied four surgical procedures commonly performed in the U.S. Their conclusions:

- 56 percent of coronary artery bypass surgeries were appropriate, 30 percent were "equivoical" (meaning the researchers were unable to reach a conclusion) and 14 percent were unjustified;
- 36 percent of carotid endarterectomies (removing plaque build-up in the arteries in the neck to prevent stroke) were justified, 32 percent were equivoical and 32 percent should not have been performed;
- 74 percent of coronary angiography (X-rays of heart arteries injected with dye) were appropriate, 9 percent were equivoical and 17 percent were unjustified; and
- 72 percent of upper gastrointestinal tract endoscopies (visual exam with optic device) were appropriate, 11 percent were equivoical and 17 percent were unjustified.

### Miracle cures: Don't buy in

Every year, according to Food and Drug Administration estimates, 38 million Americans pay \$27 bil-

See QUICK on Page D4

# To do for you

## Exercise class registration continues

**TWIN FALLS** — The city sponsored exercise class, "Bodies in Motion" continues registration at the Robert Stuart Junior High gym. Classes are held from 6:45 to 7:45 p.m., Monday through Thursday. All ages and fitness levels are invited to attend and participants may take their initial class free. The cost is \$20 per person or \$30 per couple. The class is instructed by Jaqui Schneidermann, who is certified by the I.D.E.A. foundation. For more information, call Schneidermann at 733-4796.

## Free weight-control seminar Tuesday

**TWIN FALLS** — A free weight-control seminar will be at 7:30 p.m. Tuesday at The Club, 798 Falls Ave. The seminar is presented by Daryl J. McCombs, Exercise Physiologist, MS, program director of weight control and wellness program for the Magic Valley Rehabilitation and Physical Therapy Clinic. Learn principles of lifetime weight control, heart disease and cancer risk reduction. For more information, call 734-5893.

## Red Cross offers resuscitation class

**TWIN FALLS** — The Sawtooth Chapter of the American Red Cross will offer a twelve-hour instructor's course in community cardiopulmonary resuscitation. The course will be held in three, four hour sessions from 6 to 10 p.m. Wednesday and from 6 to 10 p.m. on March 1 and 8.

This nationally recognized course prepares and authorizes instructors to teach American Red Cross adult CPR, infant and child CPR and community CPR courses. Applicants must have successfully completed the community CPR course and possess a valid card of certification.

The course fee is \$12 and pre-registration is required. To pre-register or for more information, call 733-6464 or stop by the Red Cross office at 718 Shoshone St. E. in Twin Falls.

## Childbirth refresher class set today

**TWIN FALLS** — A prepared childbirth refresher class will be from 7 to 9 p.m. today at the Women's Health and Education Center conference room, second floor.

Childbirth preparation and medical center procedures will be reviewed. A film, a discussion on sibling adjustment and a tour of the labor/delivery unit will be included.

The fee is \$5 and participants must pre-register by calling the Women's Health and Education Center at 737-2900 on weekdays, between 9 a.m. and 4 p.m.

## Jerome recreation programs slated

**JEROME** — The following programs will be sponsored by the Jerome Recreation District and will begin on the dates specified or when a minimum of 10 participants have registered.

An early bird aerobic exercise class will begin at 6 a.m. Tuesday at 202 E. Main. Classes will be held on Tuesday, Wednesday and Friday, with Louise Slatter instructing. The fee is \$18 for a six week session. Showers are available at the aerobic center. An evening aerobic exercise class will be at 6 p.m., Monday through Thursday. The fee for the six week-session is \$12 for two days per week, \$18 for three days per week or \$24 for four days per week. To register or for more information, call the District at 324-3389.

*To Do for You is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 548, Twin Falls, 83303, or deliver to our office at 132 Third St. W.*

# Bones

Continued from Page D1

you get osteoporosis and are in chronic pain or disabled - crippled up with fractures."

He says cases must be looked at on an individual basis. "I think ultimately the patient has to make the decision whether or not to go on estrogen replacement therapy," he says. "She should be informed of the risks and benefits, and decide for herself."

Jerome family physician, Dr. Elizabeth Sugden, says the symptoms of osteoporosis show up late in the course of the disease.

"By the time an X-ray shows osteoporosis, a person has already lost 20 - 30 percent of their bone mass.

So, the symptoms really occur when fractures occur."

She says by this time it's already far advanced - really past the stage where most treatments - usually would help.

The person doesn't notice anything until the fracture happens - most commonly the wrist, hip or vertebrae.

The trauma that causes the fracture is usually one that would not be enough to cause it in a younger person.

This happens at an age when it can do away with independence if it leads to chronic pain or instability - especially with a hip fracture.

Sugden says this may make it harder to walk and therefore difficult

to cook or do other things for oneself at home.

"So that's often the turning point for people from living independently to having to live either with other people or in a nursing home."

For people who know they have osteoporosis, she advises they:

1. Avoid high heel shoes.
2. Have railings and slip resistant tiles in bathrooms.
3. Avoid having loose throw rugs around the home.
4. Make sure the home is well lighted.

Sugden says we reach the peak of

our bone mass at about age 35, and thereafter it slowly declines.

And the decline is accelerated after menopause, unless estrogen is supplemented.

So, developing good health habits as a preventive measure at an early age is important.

"Your bones are going to be stronger and more dense if you do weight-bearing exercises like walking, aerobics, jogging or biking," she says.

"So the earlier you start that, the better your bone mass is going to develop."

# Larsen

Continued from Page D1

of control over their lives and live a complete life more easily. Sex roles in marriage will be (a little) more equal. Browder points to statistics indicating that 18 percent of men surveyed in one study now share housework and child care equally with their wives. (In keeping with the hopefulness of this article, those statistics need to be viewed from the perspective that one in five men has arrived rather than four in five men still aren't there!)

If you're into intimacy, there's good news, too. "In the 1980s, the sexual revolution gave way to the 'intimacy revolution,'" says Browder. "Books like 'The Joy of Sex' were replaced on best-seller lists by books with titles like 'Intimate Partners' and 'Intimacy' experts became our new gurus."

A little disconcerting is the news that there's a rise in I.S.D. - Inhibited Sexual Desire (not surprising, with all those super-pooed women out there!). Many couples struggling to raise families may lose interest in sex simply because they're so tired, says Browder. They're not "suffering from dysfunctional sex lives: They're suffering from dysfunctional lifestyles."

Browder quotes a sex therapist who says: "I can't tell you how many married couples I see who are trying to sandwich sex in between eleven and eleven-thirty at night. They're exhausted and look at the clock, thinking, Even if I get to sleep right now, I'll only get six hours of sleep. Then they expect sexual magic to happen. A lot of married couples we work with devote infinitely

more attention to their jobs - or even their aerobics classes - than to physical intimacy with each other."

Pulling out of the hat some good news about Inhibited Sexual Desire, however, Browder points out that this malady isn't the "curse" upon a happy marriage it's been touted to be. First of all, knowing that I.S.D. can haunt ANY tired couple, you can adjust your lifestyle for romance. You can also "come to understand there's anebb and flow in sex drives. And just because you've fallen into a valley for a while doesn't mean you've fallen out of LOVE."

JoAnn Larsen is a Salt Lake City family and marital counselor. Her column appears every Monday in The Times-News.

# Look

Continued from Page D1

the Dumbo or ducky patterns. The colors are the kind you'd expect in the grown-up Gap stores: mango and pineapple, neon mixed with navy, odd blues and teals.

**Recycled paper the base for new Esprit catalog**  
By the Chicago Tribune

"We need to be responsible citizens of the planet ... to implore consumers to temper their appetites. ... Consumers should evaluate carefully what they need, and buy accordingly - whether it is clothing, cars, televisions or whatever. The resources of the Earth are finite."

The urgings are on the opening pages of Esprit's spring catalogue, printed on recycled paper (saving 295,000 gallons of water and 7,157 trees, according to Esprit).

The companion kids catalogue's copy reads: "We must instill in our kids and ourselves a thorough respect for our interaction with nature. ... Respect for nature and ecological responsibility start at home and especially when we are young."

Esprit's Barbara Middleton says it's the first time a major retail corporation has printed a catalogue on recycled paper.

And it's probably the first time, too, that a company has put out two very handsome, oversized catalogues (totaling 72 pages) with copy that focuses "on the environment rather than prices and fabrics."

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**\$3.99 per roll**  
Sold in double roll balls only.



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# NO MORE DELAYS!

ON JANUARY 24TH THE IDAHO SENATE SPOKE LOUDLY AND CLEARLY WHEN IT VOTED TO RESCIND THE STATE'S 1979 CALL FOR A CONSTITUTIONAL CONVENTION. THE VOTE WAS A RESOUNDING 40-1.

ON JANUARY 25TH REP. JERRY DECKARD\* SPOKE CLEARLY WHEN HE PROMISED TO SEND IT TO THE FULL HOUSE FOR A VOTE.

MEMBERS OF THE IDAHO HOUSE ALSO DESERVE AN OPPORTUNITY TO REPRESENT THE CITIZENS IN THEIR DISTRICT ON THIS IMPORTANT MEASURE. IN FAIRNESS, SCR-131 SHOULD BE SENT TO THE HOUSE FLOOR FOR A VOTE IMMEDIATELY.

THE UNITED STATES CONSTITUTION SHOULD NOT BE ENDANGERED BY ANY MORE-GAMES-OR-DELAY TACTICS.

In 1979 the state of Idaho passed a resolution calling upon Congress to assemble a modern constitutional convention. This would be the first such meeting since the founding of our present system nearly 203 years ago. The idea of a new convention was rooted in the hope that Congress could be forced to balance the budget. Some even thought the convention route would offer a means of circumventing Congress and forcing the U.S. to limit spending.

Two-thirds of the states must apply in order to trigger a convention; that means 34 states. Up to this point, 32 have applied, including Idaho.

But wait just a minute! What is a convention? What are its powers? Is it a sovereign body? Could it alter our form of government, erode the separation of powers, or alter our cherished Bill of Rights? Would it afford an opportunity to every flim-flam artist or political opportunist to make constitutional mischief?

Most legal authorities think it would be a very dangerous route to take and that all state convention petitions should be withdrawn.

Rex E. Lee, former head of the law school at Brigham Young University, stated: "...members of the legislature should realize that the risks are very real and that (1) just as happened in 1787, the convention might not in fact limit itself as instructed by Congress and (2) the convention's forays into areas forbidden them by Congress might eventually be upheld."

This and other responsible views have prompted the Idaho Senate to vote overwhelmingly in favor of withdrawing Idaho's convention call and of placing the ultimate power back at the ballot box. Voters can easily replace members of Congress who avoid addressing the budget issue.

We must safeguard the Constitution by getting the Idaho Senate bill adopted by the House. It is not fair for any one person to block a measure that enjoys such broad support by the people of the state of Idaho, who deeply respect the Constitution of the United States and are not willing to play games with it.

(\*Rep. Jerry Deckard is chairman of the House Ways and Means Committee where he is holding up this important legislation.)

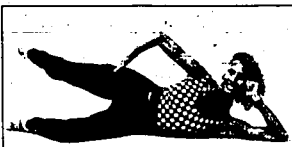
American Legion - National Farmers Union - Eagle Forum - Idaho State AFL - CIO - Common Cause - American Association of University Professors - The John Birch Society - Idaho Federation of Teachers - American Association of University Women - And the many other veteran and patriotic organizations that have spoken publicly in opposition to a federal constitution convention.

## Organizing fitness makes sense

Many top athletes base their fitness training on "periodization" — organizing their activity into "periods" or "cycles" of time. The work of each period is designed to reach certain goals towards the preparation for optimal performance.

The Greeks were the first to introduce the idea of training periods, which had two purposes: First, to get the body in shape and, second, to learn the techniques of the particular sport for which the person was training. Individuals who exercise for better health and appearance may have more in common with elite athletes than they think.

Every person who participates in an exercise program should establish goals and strive to reach them. While top athletes may be primarily concerned with a certain performance task, amateur exercisers might



Los Angeles Times photo

The above exercise uses resistance to work the gluteals and latissimus dorsi

When you give your body a chance to rest, it continues to store glycogen and retains a certain level of energy, which gives you the strength to continue the next day.

Whether you're doing your workouts in cycles or not, you'll probably be able to see increases in your muscle strength and endurance with exercise like this one for the gluteals and latissimus dorsi (muscles in your back).

- Lie on your right side with your knees bent. You may rest your head on your right hand.

- Place your left hand on the outer portion of your left thigh.

- Lift your left leg upward while your left hand presses downward on the thigh for resistance.

- Lower your left leg, using resistance against the hand as it continues to press downward.

- Repeat the movements 15 times, then switch sides and do 16 repetitions with the right leg and right arm.

Judi Sheppard Missett is the owner of Jazzercise. Her column appears every Monday in *The Times-News*.

### Bodylessons

focus on a goal such as weight loss or reducing body-fat.

The periodization process for reaching and maintaining fitness goals has five variables: volume, cycles, intensity, frequency and active rest.

The volume of work is the time spent exercising aerobically or the load of weight lifted (repetitions multiplied by weights).

Macrocycles cover two to three months of training. Within each macrocycle are smaller divisions known as mesocycles. Mesocycles begin with low-intensity, high-volume activities and end with high-intensity, low-volume. The time periods that deal with the daily and weekly variations in volume, intensity and load are known as microcycles.

Intensity is the concentration of work per unit of time. During aerobic training, working out at a particular percentage of your heart rate is a indicator of intensity.

In weight lifting, intensity can be determined by working at a certain percentage of a one-repetition maximum of any lift, or maximum load for a certain number of repetitions.

Frequency of training refers to the number of training sessions per day, week or month. For example, the standard has always been three days per week, but two days on, one day of rest, two days on, etc., has also proved to be a successful pattern.

Active rest is not a time of inactivity, but a transition period that allows the body to rest before it begins another mesocycle of training. Active rest periods include activities such as walking, cycling, swimming or low-impact aerobics. These fitness activities help promote restoration between workouts.

## Valley happenings

### Gooding child team meeting today

GOODING — The next meeting of the newly formed Gooding County Child Protection Team is slated for noon today at the Lincoln Inn, 413 Main St. Anyone with questions on the group should contact Thomas at 934-5001 or Berdell Lesneski at 536-6561.

### Social Security seminars Tuesday

TWIN FALLS — Two seminars explaining Social Security are planned for Tuesday at Magic Valley Regional Medical Center. The afternoon session, set for 2 p.m., will cover supplemental security income and Medicaid. The evening session, slated for 7 p.m., will address retirement planning including various aspects of Social Security and Medicare. Each session will be held in the second-floor conference room at the hospital. Dana Sherrill-Davis, field representative for the Social Security Administration, will lead the programs and answer questions. For more information, call 737-2065.

### Jerome club slates Tuesday meeting

JEROME — The Jerome Democratic Women's Club

will meet at 7 p.m. Tuesday in Heritage Hall. Interested newcomers to the area are invited to attend. For more information, call JoAnne Smith at 324-3261.

### Senior birthday dinner Wednesday

TWIN FALLS — A birthday dinner is set for noon Wednesday at the Twin Falls Senior Citizens Center, 616 Eastland Drive. Cost is \$17.75 per person, or \$4 for people under 60.

### Twin Falls parent education slated

TWIN FALLS — The Twin Falls High School Parent-Teacher-Student Association is sponsoring a Parent Education night from 7 to 9 p.m. Wednesday in the high school B-Quad. Each parent can attend two of the four, hour-long sessions that will be held concurrently. Speakers and their topics will be Terry Dodds, "Innovative Financial Planning for College"; Kim Kvale, "Teen Sex in the '90s"; Jill Chestnut, "Surviving the Emotional Roller Coaster of Teens"; and Shawna Fuller, "Learning Disabilities — What Are They, What Can You Do." The program is free, and all parents of school-age children are invited.

## What jewelry complements ornate broach?

Knight-Ridder News Service

DEAR DR. FASHION: I have an antique circular pin that was given to me 30 years ago by my great uncle when my aunt from England died.

It is very Victorian-looking with white gold filigree with eight diamonds encircling the pin and a black onyx bow on top.

The only thing is, I'm hesitant to wear it because all of my other jewelry is yellow gold.

Can I still wear it with yellow gold jewelry, or should I remove my other jewelry and wear it alone? — L.A.

DEAR L.A.: Just from the description of the pin, Dr. Fashion would be inclined not to wear another piece of jewelry with it simply because the broach sounds so ornate.

However, if you'd like to wear your other jewelry with the broach, don't let the fact that it's not made of the same metal stop you.

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# 4WAYS TRAVEL SERVICE INC.

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## CSI offers wide variety of classes

TWIN FALLS — The following classes begin soon through the College of Southern Idaho:

- "Speaking Effectively" begins Thursday and will meet for four sessions from 7 to 9:30 p.m. Thursdays in Shields 101.

- Students will learn basic skills and confidence for speaking in front of groups, to the media and to peers. Fee is \$25.

- "Successful Money Management," a three-session course, will meet from 7 to 9 p.m. Thursdays starting this week in Shields 108. The course will stress a balanced approach to developing a plan for achievement of financial goals. Fee is \$15.

- A workshop on cardiopulmonary resuscitation is slated from 10 a.m. to 3 p.m. Saturday in Aspen 140. Fee is \$15.

- "Massage for Friends and Partners" will be taught from 10 a.m. to 5 p.m. Saturday and 1 to 5 p.m. Sunday at the Magic Valley Massotherapy Institute, 111 Second St. W. Cost is \$50.

- An American College Test preparatory course will be offered from 9 a.m. to 4 p.m. March 10 in Aspen 140. It will cover English and mathematics, and the fee is \$15. An ACT workbook is available for \$10.45 at the CSI Bookstore.

- A class on self-healing is slated from 9 a.m. to 5 p.m. March 10 in Shields 113.

- Participants will explore ancient and modern healing states to develop an understanding of the human energy field and how it affects health and healing. Cost is \$35.

- "Hypnosis for Weight Control," another one-session workshop, is set from 7 to 9:30 p.m. March 14 in Desert 113.

- Techniques of stress reduction, behavior modification and self-hypnosis will be taught. Fee is \$35.

- For more information, call Dr. Marci Catanzaro at 206-543-1667 or Dr. Clarance Weinert at 406-994-6036.

- The following courses begin soon through CSI's North Side Center:
  - "Street-Spoken Spanish" will meet from 7 to 9 p.m. Mondays and Wednesdays beginning March 5 at Gooding High School. David Hocklander is the instructor, and the fee is \$25.
  - "Refresher Typing," taught by Carol France, will meet from 7 to 9 p.m. Mondays starting March 5 at Gooding High School. Cost is \$25.
  - "Beginning Dog Obedience" will meet from 7 to 8 p.m. Wednesdays March 7 through May 9 at the Gooding County Fairgrounds. Colleen Bohney is the instructor, and the fee is \$25.
  - "Natural Basketry II" is slated from 9 a.m. to 1 p.m. March 10 at Wendell High School.

- Janie Mack will teach the class. The fee is \$16 plus materials.

- Pre-registration is required for these classes. For more information, or to sign up, call 536-2600.

## Study aims at MS sufferers

If an adult member of your family has multiple sclerosis, you may want to participate in a study designed to help determine what support and assistance you might need to keep up with the challenges of living with someone suffering a long-term illness — as a partner, a parent and an individual.

The nursing schools at the University of Washington and Montana State University are co-sponsoring the research.

They are particularly interested in families located in rural settings. The adult MS patient is between the ages of 30 and 69 years of age and there are children present in the home, preferably between the ages of 7 to 12.

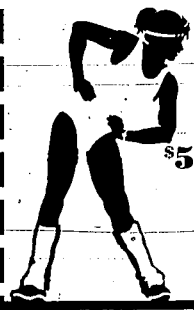
The outcome of the study will assist hundreds of thousands of families who are living with an adult with a long-term illness.

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Fresh buttered popcorn - daily. Several sizes.  
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Group memberships excluded. Offer ends March 31, 1990

# THE CLUB

HOURS:  
Mon-Fri: 6 a.m.-10 p.m.  
Sat: 8 a.m.-6 p.m.  
Sun: Noon-6 p.m.



**Rx Magic Valley Regional Medical Center**  
Prescription for Good Health

- Free Breast Screening Educational Program. By Appointment Only. Call 737-2900.  
You may schedule a mammogram (\$68) following your appointment. If you are 45 years of age or older and this is your first mammogram, you may qualify for a free x-ray.
- Prepared Childbirth Refresher Class \* Monday, February 26, 7-9 p.m., 2nd floor conference room.  
One-session class for those who have previously had any prepared childbirth course. Fee: \$5. Call 737-2900 to pre-register.
- Free Social Security Seminar \* Tuesday, February 27, 2 p.m., 2nd floor conference room.  
Geared toward retirees. Speaker: Dana Sherrill-Dennis, field representative for Social Security Administration. Topics: supplemental security income, available benefits, eligibility, income and resource limits, benefit amounts, application process, Medicaid. Co-sponsored by the MVRMC Senior Connection. For information, call 737-2065.
- Free Social Security Seminar \* Tuesday, February 27, 7 p.m., 2nd floor conference room.  
Geared toward pre-retirement. Speaker: Dana Sherrill-Dennis, field representative for Social Security Administration. Topics: stability of social security trust funds, return from social security investment, amounts of average benefits and how they are figured, eligibility, time limits, dependents' and survivors' benefits, disability benefits, and Medicare. Co-sponsored by the MVRMC Senior Connection. For information, call 737-2065.
- Hospice Volunteer Training Session \* Starts Tuesday, February 27. 10-week session for those interested in becoming a hospice volunteer. Sponsored by the MVRMC Home Hospice Services. Preregistration required. Call Annette Newham at 737-2506.
- Community CPR Course \* March 3, 8 a.m. - 4 p.m., 3rd floor south conference room.  
Two-session course. Fee: \$10. For recertification, only 2nd session required. \$5 fee. Call 737-2007 to register.
- Stop Smoking Course Free Introductory Sessions \* March 5 or 8, 7 p.m., 3rd floor south conference room.  
Come learn about our Stop Smoking Program and meet our certified instructors. For details, call 737-2900 (weekdays 9 a.m. - 4 p.m.).
- Community CPR Course \* March 6 & 8, 3:30 - 6:30 p.m., 3rd floor south conference room.  
Two-session course. Fee: \$10. For recertification, only 2nd session required. \$5 fee. Call 737-2007 to register.
- Advanced Cardiac Life Support Course. \* April 6 & 7, 8 a.m. - 5 p.m., at MVRMC.  
For physicians, nurses, EMT's, paramedics, and other health care professionals. Pre-registration required by March 19. Call 737-2007.
- Pediatric Advanced Life Support Course. \* April 27 & 28, 7:30 - 4 p.m., at MVRMC.  
For physicians, nurses, EMT's, paramedics, and other health care professionals. Pre-registration required by April 9. Call 737-2007.

# Smoker demands equal time for health hazards of coffee

**DEAR ABBY:** I am an adult woman whose mother-in-law is always telling me how bad smoking is for me. Every time you have something in your column about smoking, she clips it and mails it to me. I read your column every day and she knows it - but she sends these articles anyway.

The point is if my mother-in-law didn't have any bad habits of her own, I would be touched by her concern about my health. But she drinks coffee all day long. Every body knows that coffee is a health hazard, so look who's talking. I wish people would clean-up-their own backyards before criticizing someone else's.

Abby, please print something about the dangers of too much coffee. And thank you



**Abigail VanBuren**  
Dear Abby

for not using my name or town.

**DEAR ME:** The most important ingredient in coffee, which accounts for its popularity, is caffeine - a drug that stimulates the central nervous system and provides that "lift" most coffee drinkers enjoy. It's also a morning waker-upper and a quick pick-me-

up during the day. (Legend has it that its sleep-inhibiting properties led to coffee's discovery thousands of years ago by Arabian shepherds who noticed that their sheep walked around all night after eating berries of the coffee plant.)

Most physicians agree that an excess of caffeine can cause insomnia, irregular or rapid heartbeat, upset stomach, high blood pressure and nervousness.

Obviously, habitual coffee drinkers hurt only themselves, while habitual smokers (unless they never smoke in the presence of others) offend - and possibly harm - those around them.

**DEAR ABBY:** Albeit a very late but

heartfelt response to "Alone in Wichita, Kan.," who caught herpes from her husband: Please let her know that she is not alone.

Having herpes made it easy for me to say "No." I never let it keep me from dating and having a normal social life, but if it came to the point where sex was the question, I would ask myself if I knew this person well enough to tell him that I had herpes.

If the answer was no, I said no to sex. I felt that any man who was interested in me as a person would stick around anyway - and they generally did.

I was not promiscuous. I was a healthy, attractive young woman who was divorced at 24 and had only one relationship at a time. So, please tell "Alone" that there are

plenty of right people out there who will not let a little thing like herpes stand in the way of a loving relationship. I know. I was lucky enough to find one. We've been happily married for four years.

— ALIVE AND WELL IN GEORGIA

*Don't put off writing thank-you notes, letters of sympathy, etc., because you don't know what to say. Get Abby's booklet, "How to Write Letters for All Occasions." Send a long, business-size, self-addressed envelope, plus check or money order for \$3.95 (\$4.50 in Canada) to: Dear Abby, Letter Booklet, P.O. Box 447, Mount Morris, Ill. 61054. (Postage is included.)*

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Normal Eye      Myopic      After Surgery

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BEFORE      AFTER

Radial cuts flatten the cornea enabling light rays to focus on the retina.

Source: Mayo Clinic Health Letter  
AP/Carl Fox

## Eyes

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Carter, who has a doctorate in physics.

"A major qualifier is no surgeon can tell a patient exactly what his outcome will be," Carter said. "There's unpredictability."

The study did reveal that patients who started with the most visual acuity, or sharpness, before surgery came closest to full restoration of acuity after the operation, the researchers said.

But the unpredictability of the outcome of the procedure remains "unacceptable," the researchers said.

"I think it's safe to say that the predictability is better now than it was, but there's still a range of outcomes," Carter said.

Dr. Perry S. Binder of the University of California at San Diego, cautioned that radial keratotomy "is not intended for all myopic patients just because they wish to see without spectacles or contacts."

## Quick

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lion for "miracle cures" and nostrums for dozens of diseases and disorders.

Here are some rules of thumb recommended by the Medical Letter to help you preserve a healthy skepticism:

- If a medical breakthrough seems too good to be true, it probably is. Remember, all drugs have side effects; all surgical procedures have risks.
- Great medical breakthroughs never debut in obscure magazines or tabloids.

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