

inside today

Dumars leads Pistons over Bulls — A9

Classified Sat. matching loveseat and recliner, good condition, \$450, 734-3357 after 5 p.m. Marketplace B8

Parenthood smoother with planning — B1



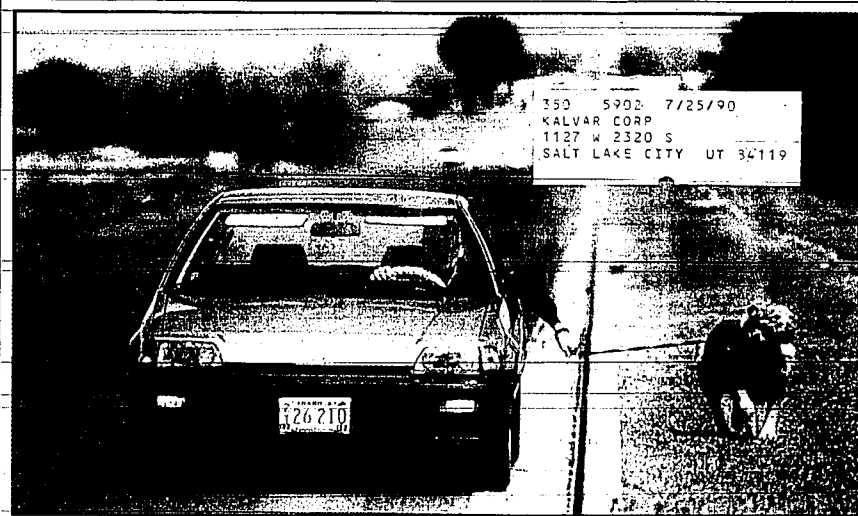
The Times-News

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85th year, No. 141

Twin Falls, Idaho

Monday, May 21, 1990



Just walking the dog

If there's an easier way to walk a dog, Dave Stanley would probably like to know. "Bug," Stanley's seven-year-old golden retriever, starts to "bug" him if the dog does not get to daily walk. Here, Bug jugs along as Stanley drives. Stanley said some days he runs or rides his bike when he takes Bug for a walk.

20 races focus on abortion issue

The Associated Press

BOISE — Anti-abortion forces lost a key battle, and labeled a political enemy, when Gov. Cecil Andrus vetoed a bill that would have given Idaho the nation's most restrictive state abortion law.

While the March 30 veto gave pro-choice advocates a victory, and a new ally, they contend there remains a score to settle with the lawmakers who passed the legislation known as H.B. 625.

So this year's elections have become Tuesday's primary election. According to a statewide telephone survey by The Associated Press, voters in 20 legislative races will choose between

candidates who share party affiliation but differ on the issue of abortion. The stakes are high because while both sides agree the November general election is the main event, decisions made in the primary could indicate which way the state's political and philosophical winds are blowing. "Who is pro-life, the Legislature is pro-life, and we expect it to stay that way," said Mike Havenor of Twin Falls, director of the political action committee formed by Right to Life of Idaho Inc.

Sixteen of the 20 primary races where the AP identified abortion as an issue involve Republicans, while only four are between Democrats. The

• See RACES on Page A2

Police hope trouble signs don't explode in heat of summer

By ANITA DENNIS

Times-News writer

TWIN FALLS — The heat of summer may still be weeks away, but sparks of trouble are kindling on the boulevard cruise and in South Park.

The cruise, concentrated on and around Blue-Lakes-Boulevard North, is picking up. There have been signs of two California gangs in Twin Falls recently. Numerous shops were fired in South Park last Tuesday night. And a window was reported shot out of a South Park home last Wednesday night.

Police say those events are unrelated, and they hope violence won't characterize the summer of 1990 because, "Anything you have bullets or shells flying around, there's always the possibility of someone getting hurt," City Police Detective Ron Robertson said.

The cruise — the summer-long nighttime gathering of teen-age motorists — is already keeping police occupied on weekends. But combating accidents, loitering, auto burglaries in shopping center parking lots, reckless driving and illegal consumption of alcohol.

There are not enough officers to patrol the strip on busy nights, police Lt. Ron Adams said. But officers will soon be equipped with Alcosensors, portable devices that will allow them to measure the amount of alcohol in teens' systems, he said. As the weather gets warmer,

Asman said, more and more teens from Twin Falls and as far away as Gedding will come to drive up and down the strip, although he said he doesn't foresee any "outrageous" problems.

One area of greater concern may be the south side of town, which was disrupted last summer by two violent incidents in which no arrests were made.

In August, police said gunfire erupted between occupants of a house on Washington Street South and a car that had pulled into the driveway. A few days later, a pickup parked on Gardner Avenue burst into flames after a Molotov cocktail was thrown at it, officers said.

In September, an early morning drive-by shooting on Fifth Avenue North and Addison Avenue injured two people, according to police reports.

These episodes were related to a feud between a Twin Falls family and one from Texas that travels here seasonally, police Lt. Jim Kistler said.

Kistler said he doesn't anticipate that the out-of-towners will return this summer, but he said that if they do, "the potential for further problems is there."

Police say they have no suspects in two nights of shootings last week in South Park.

Shortly after midnight last Tuesday, numerous calls from South Park. • See TROUBLE on Page A2

Summit may not live up to expectations

The Baltimore Sun

WASHINGTON — Next week's meeting here between President Bush and Soviet leader Mikhail S. Gorbachev seems likely to fall short of its original expectations despite the breakthrough on arms control talks announced in Moscow over the weekend, U.S. officials say.

Continuing tensions over Soviet handling of the rebellion in the Baltics threatens to hold up signing of a trade agreement with the United States, which was to be the centerpiece of a new economic and political relationship between the former Cold War enemies and a principle goal for the Washington summit set last fall in Malta.

Bush has been insisting that Gorbachev enter into negotiations with the breakaway republic of Lithuania to soften the specter here of his seeming to reward the Soviets with economic benefits while they are imposing economic sanctions against its rebels.

"I can't say at this point that the Soviets and Lithuanians have yet arrived at a common basis on which to proceed," Secretary of State James A. Baker III said in Moscow Saturday.

Further, it appears that unless much progress is made in the remaining few days before Gorbachev arrives here May 30, the two leaders

Europe's changes mean uncertain future for NATO

The Associated Press

WASHINGTON — In the unfamiliar landscape of a Western Europe no longer threatened by the military might of the Warsaw Pact, NATO is searching for a new reason to be.

Communism's collapse in Eastern Europe last year gave the North Atlantic Treaty Organization the victory for freedom and democracy it had sought for four decades. But it also stole the alliance's main reason for being and has led some analysts to question whether there is any role left for NATO.

The Berlin Wall is history. The Iron Curtain is parting. Missiles are being blown up. People on both sides of the Atlantic are asking: Who needs NATO?

President Bush, who meets next week with Soviet President Mikhail S. Gorbachev, says the alliance, in one form or another, must remain. Gorbachev says it should be dissolved, as should the Soviet-led Warsaw Pact.

Washington fears that Western satisfaction with Soviet peace moves will create an unstoppable momentum toward disarmament.

• See NATO on Page A2

So, while it now seems likely that Bush and Gorbachev will use their summit to initial the outlines of a treaty to "reduce" strategic nuclear weapons and to sign some other long-sought arms control agreements, they may not be able to develop the U.S.-Soviet relationship as far as they had hoped during their shipboard meeting at Malta.

"Where it seemed that relationship was moving forward very, very fast, that doesn't apply now," said a top foreign policy adviser to Bush. "Lithuania has cast a pall over the relationship (and) made it very difficult to plan for large scale movements on a number of fronts."

Another senior administration official observed that there is a new "sobriety" to the U.S.-Soviet relationship since the days last fall when the Berlin Wall was tumbling down and the term "Cold War" became a sudden anachronism.

"A little of the exuberance is gone," he said. "We're reminded that nirvana is not here yet."

U.S. officials have made a clear distinction between progress with the Soviets on arms control and taking steps toward a new economic relationship, declaring the former to be worth pursuing for its own sake and the latter to be primarily an inducement to the Soviets for a change in its political attitudes.

Governing National Salvation Front likely to sweep Romanian elections

Los Angeles Times

BUCHAREST, Romania — Romanians braved icy stares and unspoken threats to cast their ballots Sunday in elections expected to be swept by the governing National Salvation Front, after the most troubled campaign in the spring elections this spring among Eastern Europe's self-styled democracies.

Bucharest radio said that outright acts of violence were rare, although several complaints filtered into the capital alleging that ballots in some rural regions near Iasi and Cluj had been marked before being given to voters.

In one incident in Bucharest, reporters observing two election workers charged with bringing the ballot box to house-bound invalids saw them stamping the forms for the National Salvation Front.

International observers said they were aware of "grave irregularities" but declined to make any public

Ceausescu's children allowed to vote — A8

statements until Monday.

Voter turnout was strong for the first multi-party ballot in a half-century here, with more than 75 percent of the nation's eligible voters having shown up before 8 p.m. Polling hours were extended until midnight from the originally planned 11 p.m. closure after hundreds called election officials to say they hadn't been able to vote earlier.

The Front and its presidential candidate Ion Iliescu were widely seen as the favorites in the election, the results of which will not be known before Tuesday.

A West German polling company that proved extremely accurate in forecasting the outcome of the March 18 vote in East Germany conducted exit polls at 252 voting places in Romania Sunday. On the basis of more than 16,000 inter-

views, the Bonn-based INFAS company predicted a whopping 83 percent for Iliescu and 66 percent of the Parliament seats for the Front.

Public-opinion polls are of dubious credibility in Romania, where people are still inclined to say what they believe they should, rather than what they think. Samplings of Romanian media and research institutes have forecast at least 60 percent of the presidential vote for Iliescu, whose main challengers are returned emigres Radu Ceapaneu of the Liberal Party and Ion Ratiu of the National Peasants Party.

The Front, which took power after dictator Nicolae Ceausescu was toppled in December, had valuable state resources at its disposal for the campaign, such as air transport, the state motor pool and printing presses. The Front was repeatedly accused of having unfair advantages over its opponents, and of instigating suffragans in the countryside to attack or intimidate rivals.

Scientists 'pleased as punch' with Hubble's first image

Los Angeles Times

GREENBELT, Md. — The Hubble Space Telescope Sunday transmitted its first image back to Earth, where National Aeronautics and Space Administration astronomers declared with exuberance the historic snapshot's surprising clarity.

"It's quite an image — fantastic," said James Westphal, the principal scientist for the camera used in the first photo exercise. At the Goddard Space Flight Center, the finished photo was displayed on a television monitor, showing dozens of individual stars within a Southern Hemisphere star cluster.

"We are just as pleased as punch at this point," Westphal said. "Our image is significantly better than we (thought) it might be."

Indeed, the \$1.5 billion Hubble

scope survived a trouble-plagued launch from the shuttle Discovery on April 25 and at times it seemed doubtful that the powerful astronomical observatory would soon be transmitting images.

NASA's engineers had hoped to take the first picture about a week after the telescope was deployed but instead had to struggle to align and focus the instruments, as well as correct computer problems, a fouled antenna and a programming error that resulted from a simple math miscalculation.

However, at 11:13 a.m. EDT, that snafu-riddled history seemed light years away as the telescope successfully collected information about Theta Carina, a Milky Way star cluster located about 1,260 light years or about 7,008,000,000,000 miles from Earth.

As the 12-ton observatory orbited 381 miles above Jayapura, New Guinea, the shutter of its wide-field planetary camera opened for one second to take the first black and white picture. That photo and a second exposure lasting 30 seconds were stored on magnetic tape and relayed to the ground about 1:30 p.m.

Engineers took more than an hour to change the raw electronic data from Hubble into a properly contrasting picture on a TV screen.

• See HUBBLE on Page A2

Races

Continued from Page A1
races are evenly divided between House and Senate positions. Only one incumbent Democrat faces a challenge while eight Republican incumbents have GOP primary opponents. Of those, seven voted against H.B. 625.

The legislation that passed 47-36 in the House and 25-17 in the Senate would have outlawed more than 90 percent of the abortions performed in Idaho each year. The only exceptions would have been in cases of rape if reported within seven days, incest with a victim under 18, severe fetal deformity or the life or physical health of the mother.

Right to Life, which guided development of the bill as a potential test of the U.S. Supreme Court's 1973 Roe vs. Wade decision, said anything less restrictive would amount to abortion on demand. It since has made support in evaluating legislative candidates.

"The policy of the PAC will be to endorse only those candidates who voted for the bill," Havenner said. Sally Trout of Freedom Means Choice contends incumbents' means

Abortion issue divides primary candidates

BOISE (AP) — Here are the races in Tuesday's Idaho primary election that an Associated Press survey of legislative candidates determined pit opponents on opposite sides of the abortion issue. A "C" behind the candidate's name indicates pro-choice; an "L" indicates anti-abortion. An (I) behind a name indicates an incumbent.

Senate
District 5 GOP — Werner Brunner, C, Kenefick, vs. Gary Scott, L, Mosses
District 10 GOP — Mary Hartung (I), L, Payette, vs. Robert Bumgarner, C, Weiser, and Bart Westberg, C, Weiser.
District 11A GOP — Joyce Chase, L, Naima, vs. David Kemick, C, Caldwell
District 12 Dem — R. Claire Wetherill (I), L, Mountain Home, vs. Gail Best, C, Mountain Home, and Randall Morris, C, Mountain Home.

House
District 14 GOP — Herb Carlson (I), C, Eagle, vs. Richard Jarvis, L, Meridian, and Doris Ollason, L, Meridian.
District 17 GOP — Robert Maguire, L, Boise, vs. Edward Osborne, C, Boise.
District 20 GOP — Cheryl Schwartz, C, Boise, vs. Roland Smith, L, Boise.
District 22 GOP — Dorell de Fabry, C, Sun Valley, vs. (write-in) David Vreeland, L, Coalinga.
District 23A GOP — Laird Noh (I), C, Kimberly, vs. William Toolson, L, Twin Falls.
District 27A Dem — Rulon Ellis, L, Pocatello, vs. Mary Ellen Lloyd, C, Pocatello.
District 28 Dem — Henry Gensec, vs. James House, C, Pocatello.
District 29B GOP — Evan Frause, L, Pocatello, vs. Lynn Thompson, C, Pocatello.
District 9A GOP — Gayle Wilde (I), C, Mountain Home.

McCall, vs. William "Bill" Higgins, L, McCall.
District 17A GOP — Ralph Gines, L, Boise, vs. Robert Feman, C, Boise.
District 19A GOP — Robert Exler, C, Boise, vs. Fred Tilman, L, Boise.
District 19A GOP — Kathleen Gurnsey (I), C, Boise, vs. Myrtle Mae Christensen, L, Boise.
District 22B GOP — Bill Emerson, C, Jerome, vs. Dwight Johnson, L, Hagerman, and Sheila Pollock, L, Halley.
District 23A GOP — Ron Black (I), C, Twin Falls, vs. Wanda Anderson, L, Kimberly.
District 23D GOP — Douglas James (I), C, Ellettsville, vs. Paul Reynolds, L, Twin Falls.
District 27A Dem — Elaine Hofman, L, Pocatello, vs. James House, C, Pocatello.
District 29B GOP — Evan Frause, L, Pocatello, vs. Lynn Thompson, C, Pocatello.

the anti-abortion bill this year will not be used as a measure of pro-choice sympathy. Instead, the group asked candidates to submit a two-sentence summary of their position on the issue. The responses have resulted in 87 endorsements and the promise of financial support after the primary.

But regardless of their stated methods of identifying kindred spirits, rhetoric surrounding the abortion debate was laced with threats of political retribution from both sides and left some candidates unwilling to take a firm stand on the issue. That position, along with a general

reluctance to accept labels used by activists, was borne out in AP interviews involving a series of questions. The survey involved all the incumbent candidates on Tuesday's ballot, as well as a number of write-ins and the sole member of the 1990 Legislature who did not vote on the bill.

NATO

Continued from Page A1

that could erode U.S. influence in Europe and undercut the nation's role as a superpower. NATO, the officials say, is a guarantee of continued U.S. influence in Europe. Secretary of State James A. Baker III said in a speech May 14 that the alliance will remain "the place where Western democracies join in guaranteeing the new peace of Europe." But he also said NATO must adapt to the new political order.

Bush and leaders of the 15 other NATO member countries will meet July 5-6 in London to try to preserve the alliance by redefining its role. The next day, defense ministers from the seven-nation Warsaw Pact will gather to consider that alliance's future.

The first non-communist defense minister of East Germany, Rainer Eppelmann, has indicated the eastern alliance might be preserved as a politi-

cal forum — for a limited period.

But he added that "it now appears as though the Warsaw Pact is in the process of dissolving itself."

In the Soviet view, both alliances ought to be dismantled, replaced by broad new European security structures to include the United States and the Soviet Union. Soviet Foreign Minister Edward A. Shevardnadze called this month a proposal, as a first step, the immediate creation in Berlin of a "pan-European center for the elimination of the military threat," to control military activity in a unified Germany.

Gorbachev and Shevardnadze say a NATO including Germany would upset the fundamental East-West balance of power in Europe. The Soviets have so far refused to accept a U.S.-West German formula that would incorporate a reunited Germany in NATO but allow Soviet troops to remain temporarily in what is now East Germany.

Today's weather Warmer but still chance of showers

Twin Falls, Burley, Rupert, Jerome and Gooding:
Today and Tuesday, partly cloudy and warmer. Chance of showers or thunderstorms mainly in the afternoon and evenings. South winds 15 to 25 mph. Highs 70 to 75. Lows tonight in the upper 40s.

Idaho Falls and Wood River Valley:
Today—and Tuesday—variable clouds. Chance of showers and thunderstorms especially in the afternoon and evenings. Warm today with high 55. Lows tonight 40 to 45. Highs Tuesday in the mid 60s. Breezy days.

Boise:
Today and Tuesday, partly cloudy and warmer. Chance of showers and thunderstorms each day. Highs from 55 to 65. Lows from 40 to 45.

Northern Utah and Nevada:
Today — Fair and warmer. Breezy southerly winds in the afternoon. High from 75 to 80. Tonight and Tuesday, fair, windy and warm. Southerly winds from 15 to 25 mph at night and from 20 to 30 mph in the daytime. Low 6 from 60. High in the 80s.

Nevada — Widely scattered showers north and west of 120W. Partly cloudy windy and warmer with a slight chance of showers north and increasing cloudiness — tonight and Tuesday. Chance of showers spreading eastward becoming very windy west locally windy east from upper 40s to mid 70s. Overnight lows mid 30s to mid 40s.

Summary:
The National Weather Service in Boise says a showery week is ahead for the Gem State.

A large and deep low pressure system off the Pacific Northwest coast will periodically propel bands of moisture into Idaho during the week. This means more showers and thunderstorms with most of the precipitation falling in the western portions of the state. The airmass will slowly cool during the week but a time show will be likely over the mountains.

Showers and thunderstorms covered Idaho on Sunday morning. A line of thunderstorms moving through the Treasure Valley late Sunday morning produced a peak wind gust of 44 mph at the Boise airport.

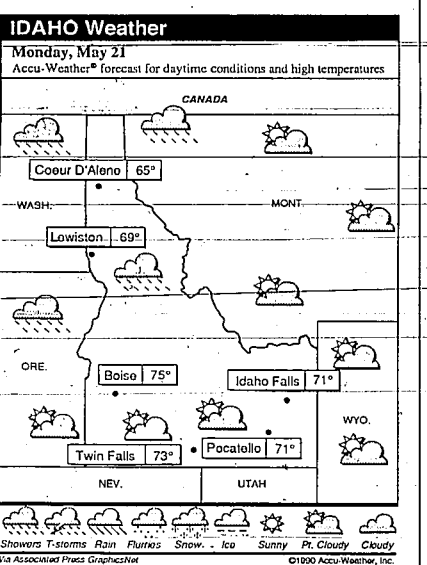
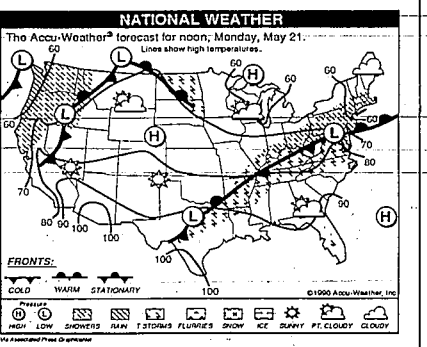
Flea sized hail fell in sections of the city, and blowing dust reduced visibility to near one mile in the morning area.

Rainfall reports over the state since midnight were mostly less than one-tenth of an inch but a few spots, including McCall and Boise, recorded around two-tenths of an inch.

Low temperatures Sunday morning were generally in the upper 30s and 40s. Breezy cloudy and showery aites, temperatures an midday Sunday were in the cool upper 40s and 50s. Winds between 15 and 20 mph were blowing in the upper Snake River Valley.

The warmest temperature in the state Sunday was 58 degrees at Hagerman. Davis and Stanley reported the coldest at 31 degrees.

Elsewhere in the nation Sunday the highest temperature was 100 degrees at Laredo, Texas. The lowest was 23 at Gunnison, Colo.



National

City	High	Low
Albuquerque	68	42
Atlanta	72	52
Boston	51	45
Chicago	55	40
Dallas	61	45
Denver	54	40
Detroit	50	35
Honolulu	80	72
Houston	82	70
Indianapolis	65	45
Kansas City	65	49
Las Vegas	71	46
Los Angeles	64	43
Memphis	47	45
Minneapolis	48	32
Milwaukee	45	30
New Orleans	68	50
New York	57	42
Oakland	54	40
Philadelphia	55	38
Pittsburgh	51	34
Portland, Ore.	65	44
Portland, Ore.	60	50
San Diego	73	44
San Francisco	60	40
Seattle	50	40
Spokane	59	45
Washington	70	47
Wichita	60	40

Twin Falls

City	High	Low
Boise	62	47
Idaho Falls	62	47
Twin Falls	62	47
Pocatello	62	47
Salmon	62	47

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Taiwan's leader calls for better ties with China

TAIPEI, Taiwan (AP) — President Lee Teng-hui, in a strikingly conciliatory speech, called Sunday for improving relations with Communist China as the first step toward eventual reunification.

It was the first time a Taiwan president had publicly indicated a desire to move away from the 40-year-old policy of the "three No's" toward Beijing — no official contact, no negotiations and no compromise.

In his presidential inauguration ceremony, Lee also promised an amnesty for political prisoners.

Trouble

Continued from Page A1

Park reported hearing shots fired. Although there were no signs of damage in the area, officers recovered 20 freshly fired shells around Alexander Street and Diamond Avenue, Robertson said.

Then, shortly before midnight on Wednesday, a Sidney Street resident reported that his living room window was shot out and he had been away from home for two days and the house had been vacant when the widow was shot, Robertson said.

Spent shells were found in the "immediate area" of the house, Robertson said.

Robertson said the two nights of shooting are probably coincidental, and he doesn't know whether the snipers had a particular target. But, he said, the shootings are definitely unrelated to a spree last month when three dozen cars and store windows were shot out around town. And last week's shootings are not gang-related, he said.

"There's no connection between the residents in South Park and any gang members or any known gang affiliates that I'm aware of," Robertson said.

The King Cobra Boys, a youth gang from Fresno, Calif., left its spray-painted mark all over Shoshone Falls Park and Dieters Lake at the end of April. And a member of the Asian Street Walkers/Warriors, from Sacramento, Calif., has been detained in connection with an aggravated assault in which several juveniles reported having their car shot at, and in connection with one of two April drive-by shootings in the president streets.

Robertson said he's concerned about gang activity in Twin Falls, but he hopes it won't be a problem this summer.

"I'm concerned to the point that I'm keeping in contact with gang task force members in other states so as to keep Twin Falls apprised of gang activity and travel," he said. That way, police will know about gang members before they arrive in town, he said.



In a photo taken from a television screen, the Hubble telescope's first image, right, of the Theta Carina star cluster is compared with a ground-based telescope in Chile.

Hubble

Continued from Page A1

manipulating separate sets of the image as spectators watched.

The picture from the 30-second exposure showed dozens of stars in the star cluster. It made a "pretty good target" for the test photo, said NASA spokesman Randeck Exler, because of its relative brightness and size. The cluster is so large that, to the naked eye from Earth, it appears twice as wide as the Moon, Exler said.

Comparing the Hubble image with a ground-based photo of the same stars, NASA scientists showed that the space telescope was on target and in better focus than anticipated.

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He didn't vote as the people wanted instead he followed Andrus and said "NAY" to the voters.

THE BASIC DUTY OF A SENATOR IS TO REPRESENT THE VOTERS. HE DIDN'T.

I WILL!
BILL TOOLSON
FOR SENATE 23A
A SENATOR WHO WILL REMEMBER WHO HIRED HIM!
Pd. Toolson for Senate, E.J. Morgan, Chairman

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Videocable

Floods strand residents on rooftops

By The Associated Press

Flash floods turned streets into rivers in Hot Springs, Ark., and pushed lakes out of their banks, sweeping away cars and stranding residents of lakefront homes on rooftops in yet another onslaught of high water.

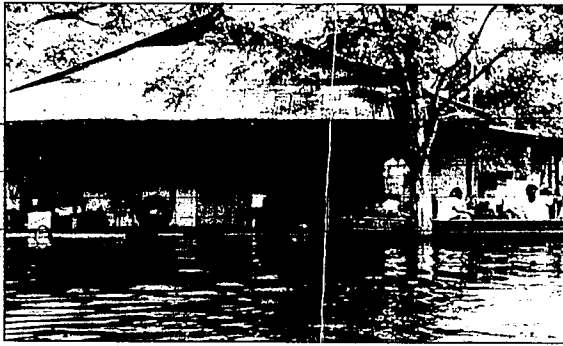
The flooding followed thunderstorms that began Saturday afternoon and brought up to a foot of rain and high winds to central Arkansas by early Sunday morning. The water receded by late morning, revealing extensive damage along this resort city's central-business-district, authorities said.

"Cars have been completely immersed and washed away. We've got a lot of shops and stores that are flooded," said police spokesman Michael McCormick.

The new floods brought misery to a different part of the region from the rampage along the Arkansas, Trinity and Red rivers that has caused hundreds of millions of dollars in losses and killed 13 people in the past three weeks in Texas, Arkansas, Oklahoma and Louisiana. Floodwaters continued to surge through southern segments of that region Sunday.

Floods eased in Missouri, Kansas, Illinois and Indiana. At least two people died in Illinois, and authorities searched for a woman missing in flooding in Missouri last week.

In some parts of Hot Springs, the water had reached the tops of parking meters before



A Kennefick, Texas family salvage what they can as flood waters swamp their home beginning to recede.

The storms dumped up to 12 inches of rain in Garland and Hot Spring counties Saturday night and early Sunday, The National Weather

Service said 3 feet of water was pouring over the top of Remmel Dam at the confluence of three lakes — the Ouachita, Catherine and Hamilton.

Researcher links cigarettes to disease in non-smokers

NEW YORK (AP) — Non-smokers who live with smokers have a 20 percent to 30 percent higher risk of dying from heart disease than do other non-smokers, a researcher said Sunday.

"Passive smoking causes heart disease, and the number of deaths due to heart disease is 10 times the number due to cancer," said Stanton Glantz of the University of California, San Francisco.

In remarks presented Sunday at the World Conference on Lung Health in Boston, Glantz said research is beginning to show exactly how cigarette smoke alters the heart, blood and arteries to increase the heart disease risk. Glantz presented a study in which he reviewed others' research on the subject.

In his 1986 annual report on smoking and health, the U.S.

surgeon general concluded that passive smoking causes lung cancer in non-smokers. At that time, the evidence was insufficient to link passive smoking with heart disease, the report said.

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Briefly

Bush angry over anti-crime proposals

PORTLAND, Ore. (AP) — President Bush on Sunday accused Congress of spawning "weak imitations" of his proposals to attack crime after allowing them to languish for a year.

"We must reject those who soft-pedal the need to be hard on crime," Bush said in remarks prepared for a Portland law enforcement audience as the Senate prepared to begin debate Monday on an anti-crime bill.

He accused lawmakers of sitting on key anti-crime measures he first proposed a year ago. But he also acknowledged that Congress agreed to his request for more federal law enforcement officers, prosecutors and prisons as part of anti-drug legislation enacted earlier.

Bush said he still wants congressional action on his call for expanded use of the death penalty, fewer burdens on police in gathering evidence and limits on the length prisoners have for filing federal appeals.

"I urge the Senate and in coming weeks the House to act quickly and build America up by opposing those who would tear America down," he said.

Thornburgh denies protecting aide

WASHINGTON (AP) — Attorney General Dick Thornburgh denied Sunday he tried to conceal that a top aide had showed deception on a lie detector test during a Justice Department investigation into news leaks.

Thornburgh said the agency's departing No. 2 official, who criticized the attorney general's handling of the investigation, was "sadly misinformed" about the facts in the case.

Deputy Attorney General Donald B. Ayer, who resigned earlier this month, has claimed that Thornburgh mishandled the Justice Department's investigation in an attempt to protect Robert S. "Robin" Ross, a longtime Thornburgh aide.

"The attorney general was participating in an effort to prevent appropriate disclosure and evaluation through established procedures of the activities that earlier this week resulted in Robin Ross' abrupt removal from office," Ayer was quoted as saying in Sunday's Los Angeles Times.

Lawmakers push clean air bill passage

WASHINGTON (AP) — House leaders hope for swift passage of a far-reaching clean air bill this week, but only after a likely showdown over whether to make automakers produce non-gasoline cars for smog-troubled cities.

Floor debate was scheduled to begin Monday. "We would like to get done before the Memorial Day break," House Majority Leader Richard Gephardt, D-Mo., told his colleagues last week.

The Senate in April approved a similar bill calling for steep cuts in acid rain pollutants and new controls on urban smog and toxic industrial emissions. Both versions would cost the economy about \$21 billion a year when the new controls go fully into effect.

A concerted effort to toughen the law for the first time in 13 years began in 1989 when President Bush reversed a decade of White House opposition and announced his support for a comprehensive package of new controls.

Debra Scarlett

for
Gooding County Treasurer
Republican



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Make sure to vote in Tuesday primary

The Times-News urges all registered voters to take time to go to the polls Tuesday. Here is list of the primary election candidates endorsed by the newspaper:

Republican primary for U.S. Senator:
Jim Jones

Democratic primary for U.S. Senator:
Ron Twiligar

Republican primary for Congress, 2nd District:
No endorsement

Republican primary for governor:
Roger Fairchild

Republican primary for lieutenant governor:
Incumbent C.L. "Butch" Otter

Republican candidate for state House Seat 22B:
Dwight Osborne

Republican primary for state Senate Seat 23A:
Incumbent Laird Noh

Democratic primary for state Senate Seat 23B:
Lloyd Walker

Republican primary for state House Seat 23A:
Incumbent Ron Black

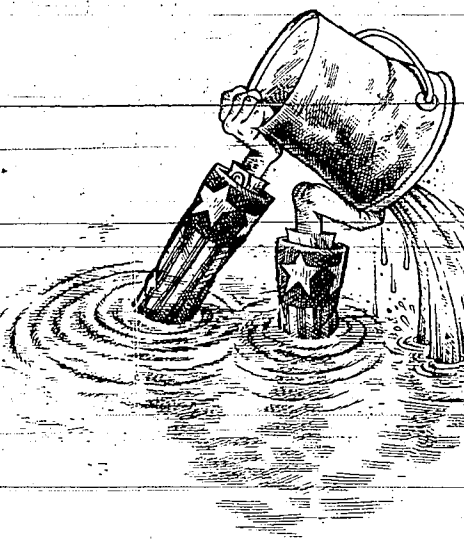
Republican primary for state House Seat 23D:
Incumbent Douglas Jones

Republican primary for state House Seat 24A:
Jim Kempton

Democratic primary for state House Seat 25A:
Eugene Sullivan

Democratic primary for state House Seat 25B:
Elinne McLain

Republican primary for Twin Falls County clerk:
Linden McBratney or Linda Wright



THE S+L BAILOUT

Are the environmentalists serious?

Pat Ford decided to rewrite history a bit on the Idaho wilderness issue in his May 10 guest opinion (Idaho wilderness: negotiate or legislate?). For the sake of historical accuracy, allow me to revise his revision.

Pat suggests that the route that Gov. Andrus and I chose to take — meeting between ourselves to develop a balanced proposal for presentation to Idahoans and to Congress — killed its chances, since we did not include other members of the congressional delegation in the process.

What Pat fails to mention is that process was tried back in the early 1980s, and I failed. Four Senate field hearings were held across the state in 1983 on what ought to be included in an Idaho wilderness bill. Hundreds of Idahoans attended those hearings and gave us their diverse views. I and the other members of the delegation took those comments and produced a bill that we said was a starting point for negotiation.

It should also be noted that the Idaho Conservation League, then under Pat's direction, worked long and hard with national environmental organizations and their supporters in the House of Representatives to scuttle the negotiations in the fall of 1984 that could have resolved the wilderness question.

I do not exaggerate when I say that I went to

Sen. James A. McClure

bed one night that October, having reached a significant agreement in principle on several key issues with House members who represented these groups only to wake up the next day to find they had reneged on their earlier commitment. Their reversal, combined with a series of non-negotiable demands that followed, is why that process collapsed.

Realizing that this process hadn't brought about a satisfactory resolution of the wilderness question, Gov. Andrus and I decided to take a stab at another method in hopes that it might bring about a different result. So far, though, it appears that our efforts have led only to greater polarization rather than the conciliation we had sought.

And finally, a point about those "non-wilderness provisions guaranteed to rile up those meddling Easterners" that Pat mentions. The governor and I put several provisions in the bill that dealt with issues other than numbers and boundaries because we felt that an Idaho wilderness bill would be incomplete without them.

A provision, for example, to allow snowpack surveys to continue to get a better fix on our annual water supply. Or a provision to allow heli-



James A. McClure is Idaho's senior U.S. senator.

copter access in the event of a hiker's emergency. Or a provision that expressly states the bill's neutrality on water rights, ensuring that outside interests couldn't gain greater control over our water through some legal sleight-of-hand.

If those provisions rile "meddling Easterners," then I'm glad they did. I think that any Idaho wilderness

proposal wouldn't be responsible without them. Since Pat and other environmental groups have taken potshots at each of these two approaches, it isn't surprising that many of them are now getting cold feet about a proposal to submit the wilderness issue to mediation. I'd guess that most Idahoans who look at the history of all this are wondering whether these groups are truly serious about wanting to resolve this issue.

Daily racism may be the worst kind

WASHINGTON — Two men were traveling together last Sunday morning, one white, one black. They were flying from New York to Washington. Both were dressed neatly in suits. Both held similar complimentary tickets, authorized by the airline's management as part of a TV advertising trade-out.

They approached the ticket counter, where two agents — one white male and one white female — were working.

The white man handed over his ticket. The male agent glanced at it, smiled and asked him where he preferred to sit.

"Aisle, near the middle of the plane," he said.

"He got 17C."

He lingered near the counter, waiting for his friend to select the seat on the opposite aisle, so they might chat during the flight.

The black man handed over his ticket. The female agent glanced at it and asked, "Do you have some identification?"

"Yes, I do," the black man said, and he reached for his wallet. "But just out of curiosity, do you mind telling me why you want to see ID?"

The agent grinned in embarrassment.

She said nothing in response.

"How about a credit card?" the black man said, and he pulled one out of his wallet.

"Do you have a work ID?" she asked, apparently hoping to see something with the black man's photo on it.

"No," he said, and whipped out another credit card.

"A driver's license would be fine," she said, sounding trapped. "I don't have my driver's license with me," he said. "I'm taking the plane, not the car." Though he maintained an even tone, you could feel the heat smoldering behind his eyes. He continued to flash credit cards.

Tony Kornheiser

He felt there was no good reason for the inquiry — only one had one — and he'd thought about coming to his friend's aid. But he'd decided it was better to back off. As it continued, he sensed he was watching an accident happen, waiting for the impact.

"That's fine, sir, thank you," the agent finally said, shrinking a bit with each successive credit card. "Enjoy the flight."

The men rode the escalator up to the gate area in silence.

"The white man took his head, "I've probably watched that a hundred times in my life," he said. "But that's the first time I've ever seen it."

The black man nodded. He'd seen it more times than he cared to count. "You don't ever need to remind yourself that you're black," he said, "because every day there's somebody out there who'll remind you."

They walked on for a while, and the black man started to laugh to himself. Flourescent, he roared his outfit, an ill-fitting, double-breasted suit with a red rose in his lapel for Mother's Day. "I really can't look any better than this," he said sardonically. Then, he looked into his friend's eyes and said, "I had my driver's license. But if I show it, we may as well be in Soweto."

This incident at the airport, this is the everyday, insidiously banal face of racism. This is the cancer.

To be inescapably pointed by color. When someone is defining you out in a crowd, never to be referred to as "the thin guy" or "the tall guy," or "the young guy," but invariably as "the black guy."

Everybody keeps track of the big stories with racial overtones: the Central Park jogger, the subway vigilante, whether Louis Farrakhan balances David Duke.

Nobody keeps count of this. Can you show me some ID?

Can you show me some ID?

Can you show me some ID?

Can you show me some ID?

ICL should join talks on wilderness

Will Idaho reach a mediated wilderness settlement proposed by the state Legislature or will Mike Medbery of the Idaho Conservation League take his marbles and go home?

Idaho's Legislature has made a sound, common-sense approach to a long-term challenge facing the Gem State. Legislative leaders have proposed a mediated wilderness settlement to be negotiated by all parties interested in the fate of future-wilderness designation.

The ICL is one of three groups that has decided to withdraw from the negotiations before they begin. Why? Primarily because Medbery says that only the U.S. Congress has the power to set aside wilderness and that the state Legislature is controlled by the Republican Party. Medbery

Mike Tracy

says that this has created an uneven playing field. It sounds to me as if Medbery is not interested in negotiating anything. He says that he supports negotiations, but not this particular process. Legislative leadership on both sides of the aisle have agreed in principle with the negotiation process and even the governor has supported the process.

Medbery stated that if the Legislative Council decided to proceed without the environmental groups that the national environmental groups would work to kill the compromise. In other words, if Medbery can't play by his rules in this bill park, he'll move to a new playground where he can make the rules.

Sen. McClure and the governor have both urged a solution to the wilderness stalemate because they believe if Idaho's congressional leadership cannot find a settlement, then the courts will. It appears that this is exactly where Medbery would like to see the debate continue — in the courts.

If Medbery really wanted to find a compromise that worked, he would be willing to sit down at the table and negotiate. Rather, he would like to sit on the sidelines and peer and ultimately work to scuttle whatever consensus is reached.

Medbery says he can't support this process. Well, let's hear the rules he wants to play by and maybe he'll bring his marbles back into the game.

Mike Tracy is the director of information for the Idaho Farm Bureau Federation.

Senate refuses to monitor methane

Here at the Exploding Animal Research Institute we have received two very alarming news items that we are passing along today in the hopes that you, the generalized public, will finally break out of your apathetic, selfish, materialistic life styles and send us some large cash contributions.

Item One, submitted by numerous alert readers, concerns the recent animal methane vote by the U.S. Senate AGAINST having the federal government monitor methane emissions from cows. I am not making this vote up. As you may be aware, cows emit huge quantities of methane, which contributes to global warming, which has gotten so bad in some areas that brand-new shirts are coming out of the factory with armpit stains already in them. So the U.S. Senate (motto: "White Male Millionaires Working for You") was considering an amendment to the Clean Air Act, under which the government would monitor methane emissions from various sources, including "animal production."

Well as you can imagine, this did not sit well with the senators from those states where cow flatulence is a cherished way of life. Leading the herd of opposition senators was Sen. Steve Symms of Idaho ("The Exploding Potato State"), who took the floor and stated that the amendment would — this is an actual quote — "put the nose of the federal government in almost every place it does not belong."

So the Senate took out the part about monitoring animal methane, which means there will be no advance warning when, inevitably, there is some kind of cow-internal blockage, causing a potentially lethal buildup of flammable gases and transforming one of these normally docile crea-



Dave Barry

tures into a giant mooring time bomb which, if detonated, could cause the drenched Rain of Oregon. Have you ever, in a supermarket, accidentally encountered a cow tongue — a large slub-like slab of gray flesh that you couldn't imagine anybody purchasing for any purpose other than to nail it to the front door in hopes of scaring off evil spirits? Well, I'd like to know what Sen. Symms would say if one of those babies came hurtling out of the sky and struck him at upwards of 100 miles per hour. "Yuck," would be my guess.

I base this statement on a similar situation in Oregon where innocent civilians were struck by falling whale parts. I am absolutely not making this incident up; in fact, I have it all on videotape, which I obtained from the alert father-son team of Dean and Kurt Smith. The tape is from a local TV news show in Oregon, which sent a reporter out to cover a 45-foot, eight-ton dead whale that washed up on the beach. The responsibility for getting rid of the carcass was placed upon the Oregon State Highway Division, apparently on the theory that highways add whales are very similar in the sense of being large objects.

So anyway, the highway engineers hit upon the plan — remember, I am not making this up — of blowing up the whale with dynamite. The thinking here was that the whale would be blown into

small pieces, which would be eaten by sea gulls, and that would be that. A textbook whale removal.

So they moved the spectators back up the beach, put a half-ton of dynamite next to the whale, and set it off. I am probably guilty of understatement when I say that what follows, on the videotape, is the most wonderful event in the history of the universe. First you see the whale carcass disappear in a huge blast of smoke and flame. Then you hear the happy spectators shouting "Yay!" and "Whoo!" Then, suddenly, the crowd's tone changes. You hear a new sound, the sound of many objects hitting the ground with a noise that sounds like "splud." You hear a woman's voice shouting "Here comes pieces of ... my GOD!" Something smears the camera lens.

Later, the reporter explains: "The humor of the entire situation suddenly gave way to a run for survival as huge chunks of whale blubber fell everywhere." One piece caved in the roof of a car parked more than a quarter of a mile away. Remaining on the beach were several rotting whale sections the size of condominium units. There was no sign of the sea gulls, who had no doubt permanently relocated to Brazil.

This is a very sobering videotape. Here at the Institute we watch it often, especially at parties. But this is no time for gaiety. This is a time to get the hold of the folks at the Oregon State Highway Division and ask them, when they get done cleaning up the beaches, to give us an estimate on the U.S. Capitol.

Dave Barry is a humor columnist for the Miami Herald.

Tony Kornheiser is a Washington Post columnist.

AROUND THE VALLEY

CSI board to discuss funding transfer bill

TWIN FALLS - The College of Southern Idaho's board of trustees will discuss tonight a proposed bill that would transfer funding responsibility from Jerome and Twin Falls counties to the state.

The meeting will be at 5:30 p.m. at the College of Southern Idaho.

Open house in Hagerman will honor veteran teacher

HAGERMAN - The Hagerman School District is having an open house to honor Kathleen Brown, who is retiring after 31 years of high school business teacher in Hagerman.

The open house will be from 7-9 p.m. Thursday in the elementary school multipurpose room. A special entertainment program will be presented at 8 p.m.

Transportation department recommends acting early

BOISE - Waiting to register your camper, boat or recreational vehicle the Friday before Memorial Day weekend may delay your trip, a spokesman for the Idaho Transportation Department warns.

Past records show that county offices will register vehicles at an average of five times the usual number on Friday. Jeff Stratton, a public information officer, said, "If you want to avoid long lines, we suggest you register your vehicle early."

This dramatic increase in registrations also slows the Transportation Department's computer system, which services the entire state. "This may further slow the registration process," Stratton said.

Twin Falls Republican party schedules precinct elections

TWIN FALLS - There will be no rest for Twin Falls County Republicans this week. On Wednesday, the day after the primary elections are over, party members are urged to attend a meeting at 7:30 p.m. in the PCA building, 246 Third Ave. E. According to Idaho law, the party must reorganize by holding elections for precinct committee officers.

Wednesday's meeting must be held in a meeting room at a meeting of the Region V Republican - Central Committee. On that date, party members from throughout the Magic Valley will meet to reorganize and elect officers for the regional group. That meeting will begin at 7:30 p.m. in the Cassia County Courthouse in Burley.

Chiropractor will reward motorists wearing seatbelts

TWIN FALLS - This week a local chiropractor will be handing out \$10 checks randomly to motorists who are wearing their seat belts.

"Wearing seat belts can reduce automobile death by 50 percent and injuries by 70 percent," said Dr. Spencer Williams, chairman of the professional chiropractic association.

"We want to give a shirt to commemorate 'Buckle up for Safety and Bucks Week.'"

"We want people to wear their seat belts, and maybe we can save some lives," Williams said.

Tickets now on sale for trip along Oregon Trail in June

JEROME - Tickets are now available for the Oregon Trail ride next month to raise funds for the Jerome Historical Society and Stricker Ranch.

On June 22, the Perrine stagecoach, a covered wagon or a buckboard will take ticket-holders along parts of the trail on the north side of the Snake River near Twin Falls. The rides are in the evening and will be about a half-hour each.

Tickets are \$25, or \$12.50 for children 11 years old and younger. Call Clair Ricketts at 324-2017, Johnny Meyers at 733-8753 or Bertha Haynes at 423-5816 for reservations. Tickets are required for the rides.

First Interstate backs prints to help public broadcasting

BOISE - First Interstate Bank of Idaho has funded a series of prints by Idaho artist John Killmaster to benefit the state's public broadcasting system.

Each of the four prints features a landscape from one of the four seasons - spring, summer, fall and winter. Killmaster, a professor of art at Boise State University, is an award-winning ceramicist and painter.

The prints commemorate Idaho's Centennial and a newly-produced PBS-TV series on Idaho's history, which airs on Mondays nights at 9 p.m.

The prints can be ordered from First Interstate branches throughout Idaho. They will cost \$12.95 each, or \$50 for the set of four.



Workers assemble a core drill in Rock Creek Canyon at the Victory Bridge site. Times-News photo/ANDY ARENZ

Victory Bridge drilling results look positive

By JENNIFER KAUTH
Times-News writer

TWIN FALLS - Preliminary drilling in the Rock Creek canyon at the future Victory Bridge site is looking good, says the city's engineer.

And that could have a good effect on the city's pocketbook.

City Engineer Gary Young said that last week's test drilling shows that the rock is not as deep underground as originally predicted.

And the rock is solid, not the boulder patch predicted, which could have led to foundation problems for the bridge.

"I'm pretty encouraged now," Young said.

Though he didn't give an estimate, he said the two positive findings have "some serious budget ramifications."

The City Council picked the \$814,000 design plan for the bridge earlier this month, but the engineers working on the project told the council they would have to test drill to make sure the chosen design - which places the support pillars at certain places - is indeed feasible.

Flexibility is built into the bridge plan in case the soil or rock is to weak to support a plan. Pillars and support walls can be moved to other locations.

The two-lane bridge will rest on three pillars and two support walls just past the canyon rim.

The city received a \$700,000 federal Economic Development grant earlier this year to pay for the bridge as well as a \$500,000 Community Block Grant. Property taxes on Universal Frozen Foods' \$25 million expansion will add another \$200,000 for the project.

Planning to focus on repairs needed at Jerome city pool

By H.R. WEIXEL
Times-News correspondent

JEROME - A public meeting in June to consider the fate of the city pool will not include discussion of the pool at the Spears Manufacturing Co. plant, a city official said.

That pool is outside the city limits and under the authority of the Jerome County Recreation District so city funds can't be used for it, Councilman Rocky Jackson said.

The city has set a public meeting for June 14 to talk about the repairs needed for the city pool. While long-range plans for the pool will depend on public comment, the recreation district pool won't be part of the plans because of the restrictions, Jackson said.

The City Council wants to hear from local residents about what to do about the 41-year old city swimming pool that will require up to \$83,000 in repairs to put it in good operating condition.

The city will outline the repair

needs and costs at the meeting, said Jackson, who is heading up the project.

"Then, we'll have an idea about how much the people want us to spend on repairs or if they have any different ideas for the summer swim program," he said.

Some repairs work has already been done and the council on Tuesday voted to spend about \$13,250 in city funds and donations to get the pool ready for a June 1 opening.

A pool expert from Boise looked the city pool over Thursday and said it was in remarkably good condition, considering its age, Jackson said.

Recreation district Director Mike Pepper said the district pool won't open this year due to costs. The pool doesn't pay for itself, much less repairs, he said.

Pepper said he plans to attend the June meeting to provide any helpful information. Long-range plans for the district pool will depend on the fate of the city pool, Pepper said.

Developer Yamagata brings plans for new subdivision to council

By JENNIFER KAUTH
Times-News writer

TWIN FALLS - Another developer would like to turn farm land northeast of town into a housing subdivision.

Gene Yamagata will go before the City Council tonight at its 6 p.m. meeting to ask for a rezoning of a 120-acre chunk of land just west of Falls Avenue East and just west of 3200 East.

The land in questions surrounds, but does not include, the Boy Scouts of America Snake River Area Council "building" and property.

The city Planning and Zoning Commission voted 4-4 on Yamagata's request at an earlier meeting and recommended the request not be approved.

A staff report mentions a concern that the development would only add to existing groundwater quality problems in the area.

The council tonight will also hear a request from J.P. Hamilton for Farmer's National Bank to have some additional property near the bank's future site on Shoshone Street re-zoned.

The Woodbury Corporation is on the council's agenda tonight for final consideration of its agreement with the city on how development of Rockbridge Farms will proceed.

Without final approval, Woodbury cannot sell any of the property in the development.

The council will meet at 6 p.m. in its City Hall chambers.

Teachers' union considers acting against principal

By SUZANNE HUXHOLD
Times-News correspondent

BELLEVUE - The local teachers union is considering asking a state commission to investigate a Bellevue principal, charging he acted unethically in recommending one of his teachers not be rehired, a local teacher said.

The Blaine County Education Association is considering asking the Idaho Professional Standards Commission to file charges of ethical misconduct against Bellevue Elementary Principal Claude Ballard, Blaine County Education Association President Irene Healy said.

Meanwhile, a newly formed parents group that has already asked for an investigation has also asked the district to allow a committee of local residents to help hire new teachers, parent Pam Plovman said. The School Board is expected to discuss the request at a future meeting.

Some local residents here are upset over the resignation last month of Bellevue third-grade teacher John Allsen, who they contend was forced out of his job.

Supporters of Allsen contend that Ballard recommended against rehiring Allsen either because of his teachers union activities or because of his classroom methods.

Ballard says he recommended against the rehiring because Allsen violated school sick-day policy last year.

Because the BCEA decide to file a complaint, Healy said the letter to the commission, an internal organization charged with policing the ethics of the state's educators, will contend that Ballard made "false and inflammatory statements" against Allsen, violating the commission's ethics code. It also contends he did not "present evaluation and recommendations for colleagues fairly, accurately, and professionally" in accordance with the code.

Healy said the local teachers union wants to talk with all of its nearly 100 union members before deciding whether

to file the complaint. The Idaho Education Association would file the complaint for the BCEA, she said.

A newly formed parents group, called C.A.R.E., Citizen Advocates for Responsible Education, has already sent a letter making the charges, Plovman said.

The commission has the authority to issue a letter of reprimand for Ballard's permanent state file or revoke his educators license, according to Terry Gilbert, Region 4 director of the IEA.

Ballard maintained his silence on the specifics of the issue, saying the matter was confidential because it dealt with a school employee. While 30 or so local parents showed their support for Allsen at a recent School Board meeting, Ballard has garnered his share of backers too, including nearly every Bellevue school teacher in a letter to the board and the local media.

Plovman said Ballard told her and a couple of other

• See TEACHERS on Page A6

Wilderness settlement may trouble conservationists

President of Wilderness Society wary of compromise stemming from Legislature's efforts for mediation

By N. S. NOKKENTVED
Times-News writer

REDFISH LAKE - A negotiated settlement to the wilderness issue in Idaho may put wilderness advocates in a bind, the Wilderness Society's president said Saturday.

"That's a process we don't think will lead to any productive solution," George Frampton told the Idaho Conservation League at its annual conference this weekend.

If a mediated process funded by the Idaho Legislature fails, conservationists are likely to be blamed, he said. The Wilderness Society would not support a closed process to hammer out an agreement over the fate of Idaho's more than 9 million acres of roadless lands.

Though the society has taken no official stance, it would support negotiations "only if it's an open, democratic, educational process," Frampton said.

Any wilderness negotiations should involve public hearings, he said. But the people of Idaho cannot settle national issues such as federal water rights and the release language that would determine the

fate of the roadless areas not included in a wilderness bill.

Those are national issues that will be settled by Congress, Frampton said.

But Idaho citizens should be better informed about the areas in contention and the values of wilderness, and they should be involved in determining which areas are worth more as wilderness.

Only if the process is open and educational can citizens participate in what areas and how much acreage should be set aside as wilderness, he said.

But whether it is a result of negotiations or some other process, Frampton said, he hopes to see a strong Idaho wilderness bill in early 1991.

"Obviously the McClure-Andrus bill is not going any place this year," he said, referring to a controversial bill written by Gov. Cecil Andrus and Sen. James McClure.

That bill came under fire from conservationists for the small amount of wilderness it would set aside and for forest management portions that critics say rightly belong in a Forest Service management plan, not a congressional mandate.

• See WILDERNESS on Page A6



Wilderness Society President George Frampton says to be successful, conservation efforts must include a broader base of people. Times-News photo/LES NOKKENTVED

Progress slow on park for mining industry

By The Associated Press

Despite all the fanfare surrounding celebration of the state's 100th birthday, progress on a state park north of Stanley to commemorate mining's role in the birth of the 43rd state resembles anything but a gold rush.

The snail's pace has been set, in large part, by less-than-adequate funding.

Idaho's Centennial Legislature appropriated \$750,000 for the spending year that begins July 1 to develop the state's first regional park, which would become the first state park in central Idaho.

Although the appropriation is slightly more than half the amount requested by the Idaho Department of Parks and Recreation to get the project off the ground this year, it's \$750,000 more than what Gov. Cecil

Andrus recommended.

Andrus overlooked the park in his budget recommendation last winter, saying the money would be better spent on maintenance and improvements at existing sites.

Meanwhile, plans to construct an interpretive center near Challis are moving ahead, slowly.

Merle Mews, Parks Department planner, said the department hopes to make an offer on the preferred site by June. It's at the junction of Idaho Highway 75 and U.S. Highway 93, less than two miles south of Challis. Mews said an appraisal has been completed and the department is assessing the site's benefits as well as possible drawbacks.

The department's second choice is a piece of land administered by the Salmon District of the U.S. Bureau of Land Management, Mews said.

The acreage is just south of Challis on the west side of U.S. 93. But Challis residents have expressed preference for a site closer to the community.

Mews said a lack of immediate funding has hampered the department's progress with the project. Ideally, he said, the department would like to have park personnel in the area this summer to begin providing interpretive services and to serve as a project liaison with surrounding communities, but no personnel funds have been budgeted.

Mews and department planner John Crow met with Sawtooth National Recreation Area and Challis National Forest staff recently to discuss cooperative funding for park-related facilities.

The Challis Forest has received three federal Challenge grants for the Yankee Fork area, which will be

a focal point of the Centennial park. The partnership grants, totalling \$17,000, will be used to cover the stacker on the Yankee Fork gold dredge; complete historical architectural plans for the ghost town of Custer; and restore a stone house once occupied by Miss Lou Treator.

The projects will be undertaken in partnership with the Yankee Fork Gold Dredge Association, the Friends of the Custer Museum and the Parks Department.

Mews said the Sawtooth National Recreation Area has applied for a Challenge grant to help fund an open-air information site and improved restroom facilities at Sunbeam. The structure would provide travelers along Idaho 75 with information on central Idaho mining activity and recreational opportunities.

On the agenda

Here's a list of governmental meetings that are scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information before attending.	commissioners, 8:30 a.m., courthouse. Wendell School Board, 8 p.m., high school library.
MONDAY Burley City Council, 8 p.m., City Hall. College of Southern Idaho Board of Trustees, 5:30 p.m., board room, Taylor Administration Building. Gooding City Council, 7:30 p.m., City Hall. Hansen School Board, 8 p.m., high school. Jerome County commissioners, 9 a.m., courthouse. Ketchum City Council, 7 p.m., City Hall. Minidoka County School Board, 7:30 p.m., Memorial Elementary School. Morit Community Hospital Board, 3 p.m., hospital library. Twin Falls City Council, 6 p.m., City Hall. Twin Falls County	TUESDAY Buhl School Board, 7 p.m., Buhl Middle School library. Twin Falls County commissioners, 8:30 a.m., courthouse.
WEDNESDAY Heyburn City Council, 7 p.m., City Hall. Twin Falls County commissioners, 8:30 a.m., courthouse.	THURSDAY Twin Falls County commissioners, 8:30 a.m., courthouse. Wendell City Council, 8 p.m., City Hall.
FRIDAY Twin Falls County commissioners, 8:30 a.m., courthouse.	

This week at CSI

Here's the schedule of the meetings and events this week at the College of Southern Idaho.

MONDAY CSI Board of Trustees meets at 5:30 p.m. in the board room of the Taylor-Administration building.
TUESDAY "Facts of the Gem State: Fine Crafts of Idaho" opens at 9:30 a.m. at the Herrett Museum.
WEDNESDAY U.S. Postal Service Test will be from 1:30 p.m. in the Fine Arts auditorium. Snake River Canyon Kennel Club meets at 7 p.m. in Shields 101. Twin Falls Ranger District annual operators meeting will be at 7 p.m. in Aspen 108.
THURSDAY State Insurance Fund meeting will be from 8 a.m.-noon in Aspen 108. American Federation of Grain Growers meets at 7:30 p.m. in Canyon 120. Tour "Spokane Falls Brass Band" concert will be at 8 p.m. in the Fine Arts auditorium.
FRIDAY Twin Falls High School Commencement will be at 8 p.m. in the gym.
SATURDAY U.S. Office of Personnel Management exam will be at 9 a.m. in Aspen 140. Filer High School Commencement will be at 8 p.m. in the gym.

ISU among recipients of pachyderm parts

SYRACUSE, N.Y. (AP) — The organs of an Asian elephant who died after an emergency Caesarian section will help zoos nationwide learn better ways to breed elephants in captivity, researchers said.

An autopsy was completed last week on Babe, the 36-year-old elephant who died May 12 at Burnet Park Zoo in Syracuse. The day after the autopsy was finished at Cornell University veterinary school, zookeepers began distributing Babe's organs and body parts for research.

Among the beneficiaries was Edward Plotka, a senior research analyst at Marshfield Research Foundation in Marshfield, Wis. Six months ago, Plotka filed an unusual request with zoos across the country. He asked someone to send four feet of elephant rectum to the foundation.

A section of Babe's rectum was delivered to Plotka Thursday. Plotka is working with the St. Louis Zoological Park. He's trying to develop an instrument that can help artificially inseminate captive elephants.

But first, he needs to study the

strength and resistance of elephant testicles. He'll run tests and study the curvature of Babe's to determine the feasibility of such an instrument.

The 7,700-pound Babe died nearly three weeks after undergoing a Caesarian section to remove a stillborn calf from her womb.

A pathologist at the Idaho Museum of Natural History in Pocatello, Idaho, is trying to learn about the elephant's past.

Almost 2 million years ago, large numbers of mammoths closely related to the modern elephant mysteriously died. Fossil remains indicate that several had broken bones.

William Akersten, the Idaho museum's curator of vertebrate paleontology, plans to break Babe's bones in the same pattern as the fossil remains. He wants to see if her ancestors were killed off by man, who used the bones as tools, or by natural causes, such as falling off a cliff.

"We've been trying to get the skeleton of an adult and a juvenile elephant for a long time," Akersten said.

Utah man dies after stall forces down hang glider

POINT OF THE MOUNTAIN, Utah (AP) — A 34-year-old Lindon man was killed over the weekend when his hang glider went into a stall and he fell up to 200 feet, authorities say.

Utah County Sheriff's officers said Joseph D. Gillies was hang gliding Saturday with a group from the Utah Hang Gliders Association on the south side of the mountain, when his hang glider went into a stall.

The glider collapsed around him and Gillies fell 100 to 200 feet.

He was taken to American Fork Hospital where he died of head injuries, said the Utah County Sheriff's Department.

Kerry Evans, investigating deputy

with the sheriff's office, said Gillies was maneuvering above a launch site when the glider stalled and pushed him into a strait that runs from wing-tip to wing-tip. He said Gillies tried to push himself away from the glider and was deploying a parachute when the craft's wings folded around him.

A friend who was about to launch his craft said he had heard a loud snap and initially thought it was coming from his own glider. The friend, identified as Jonzy, said he backed away from the launch site and saw Gillies behind him on the ground.

"I ran to my truck and got my medical kit," he said. "When I first got to him, he still had a pulse."

Wilderness

Continued from Page A5

Andrus' support for the bill waned when he and McClure disagreed on road definitions McClure wanted to include in the bill.

But Frampton said he thinks a bill closer to what the Wilderness Society and the Idaho Conservation League would like to see has a better chance of passing next year.

Recent environmental problems, including a huge Alaska oil spill, the Yellowstone fires and recent Earth Day events, have caused public opinion to shift, he said.

"People are beginning to realize that natural resource protection makes long-term sense," Frampton said. "People think more about the fate of forest land."

The increasing export of raw timber also has focused more attention on the timber industry.

The United States is the only country that allows the unregulated export of raw timber, he said.

The Wilderness Society has proposed that Congress authorize states to tax raw logs for export from private land, Frampton said.

"Threats to jobs have come from technological advances and log exports, not from environmental restrictions," he said. While timber jobs have declined 15 to 20 percent in recent years, timber companies report increased harvests.

Logging in the national forests, however, is not the only threat to wilderness areas and proposed

wilderness areas, Frampton said.

Military expansion on public lands is a national problem. In Idaho a proposed expansion of the Saylor Creek Bombing Range may include some proposed wilderness areas in the canyons that criss-cross the Owyhee Plateau.

Though the Air Force has said it would avoid the sensitive canyon areas, low-flying military jets could create a conflict in those areas, Frampton said.

"We don't want to give up wilderness areas to hypothetical future needs," he said.

The issues is not a choice between wilderness or military training areas, but the legitimate training needs. That does not, however, include

possible future needs.

"I think it's important for people who are concerned about this, to be willing to acknowledge legitimate military needs," he said. "But the point is the military should have to demonstrate that need."

Elect MARJORIE L. ANNIS


Marjorie Annis has the experience and supervisory capability to hold the office of Clerk, Auditor, Recorder and if elected she promises to uphold the Idaho Statutes pertaining thereto and will give complete service to ALL the taxpayers and residents of Twin Falls County.

Pledging Total Commitment

Thank You For Your Vote.

VOTE MARJORIE L. ANNIS
MAY 22, 1990

Paid political advertisement by Annis for County Clerk Committee, Charlene Vallins, Treasurer.



Teachers

Continued from Page A5

parents in a private meeting that Ailsen had violated the sick-day policy but also accused him of unspecified misconduct and of being a "threat to child safety."

Parents have asked the district to be more specific but officials have declined to comment. "He has created terrible rumors our community," Plotka said of Ballard. "He has defamed John."

Plotka said Ailsen's teaching evaluations have been "outstanding" while at Bellevue. She also asserts

that Ailsen was not notified of a more recent evaluation that included deficiencies nor did he have any reason to believe Ballard was unhappy with his performance.

C.A.R.E. has also written a letter to Superintendent Phil Homer asking that a committee help school principals choose new teachers. The group has also asked for a professional facilitator to mend the "rift in the community" the issue has caused.

Homer said the board would have to discuss C.A.R.E.'s requests at an official board meeting, and that a

special meeting may be called later this month.

He said that although Blaine County uses a committee to hire principals, a committee to hire teachers would be "impractical." If several teachers had to be hired at one time, Homer said, it would be difficult for committee members to spend all the hours it would entail.

Ailsen and his wife have recently signed teaching contracts with a private school in Delaware, but Plotka says she hopes they will return when the furor dies.

Obituaries

Mike Fennen
BUIH — Mike Fennen, 46, of Buhl, died Saturday, May 19, at the Magic Valley Regional Medical Center.

Services are pending and will be announced by the Farmer Funeral Chapel.

John Bohrn
FILER — John (Jack) Bohrn, 75, of Monnet, Mo., a former area resident, died Saturday, May 19, 1990.

Services will be announced by Reynolds Funeral Chapel.

Earl A. Grace
ALBION — Earl A. Grace, 73, Albion, died Sunday, May 20, 1990, in the Minidoka Memorial Hospital.

Services are pending and will be announced McCulloch's Funeral Home in Burley.

Mourning in Twin Falls with the Rev. Randy Powell officiating. Burial will be at the Twin Falls Cemetery. The family suggests that memorial contributions may be made to the American Cancer Society or to the Lewis Clark State College. Contributions may be left at mail to White Mortuary, Box 845, Twin Falls, ID 83303.

Services

TWIN FALLS — The funeral for Thomas T. McDonald, 65, of Twin Falls, was held at 11 a.m. today at Reynolds Funeral Chapel in Twin Falls with the Rev. Perry Dodds officiating. Burial will follow at the Twin Falls Cemetery. No viewing will take place. The family suggests that memorial contributions may be made to the Magic

Valley Regional Medical Center Cancer Treatment Center or to the Home Hospice Services of the Magic Valley Regional Medical Center.

HANSEN — The funeral for Norma Jean Coats, 57, of Hansen, who died Thursday, will be at 1 p.m. today at White

A son to Mr. and Mrs. Daniel Butler of Bliss, and a daughter to Mr. and Mrs. Jerome Coates of Burley.

CASSIA MEMORIAL
Admitted
Donna Helms and Address both of Burley; Barbara Anderson, Nicole Smith, and Aron Boyce, all of Declo; Virginia Graham of Rupert; Cindy Lloyd of Paul; Eta Taylor of Almo; Sharon Frost of Heyburn; and Florence Rose of Murtaugh.

Released
Diane Dyer and baby and Judy Howard, both of Burley; and Peggy Marzeta of Rupert.

Births
Babies to Diane Dyer of Burley; Mr. and Mrs. O'Rand of Burley; Mr. and Mrs. Clinton Anderson of Declo; and Mr. and Mrs. Daniel Lloyd of Paul.



Sheila POLLOCK

for STATE REPRESENTATIVE

Sheila Pollock will make a difference.

District 22
Blain, Camas
Gooding and
Lincoln Counties

- Water Rights**
In the coming years, the legislature will need to safeguard the integrity of Idaho's water supply, and keep in-state control of water resources.
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Idaho's most important citizens - children - don't vote and they rarely call their legislators. The Idaho legislature needs legislators who have the awareness and experience to develop common sense, effective policies for Idaho's small, non-voting citizens.
- Small Business, Farms and Ranches**
Most of Idaho's wealth and productivity come from small businesses, farms and ranches. We need policies and legislation that allow Idaho enterprises to compete in fair markets with limited government intervention.

Paid for by the Committee to Elect Sheila Pollock, Greg Peterson, Chairman (Treasurer)

Candidate continues attacks on Craig in U.S. Senate race

By The Associated Press

With the Republican primary campaign for the U.S. Senate coming down to the wire, Attorney General Jim Jones on Sunday issued two more in a recent avalanche of prepared statements blasting Congressman Larry Craig.

The latest news releases once again accused Craig of having accomplished little in a decade of representing Idaho's first Congressional District and struck back at his criticism-of-Jones-for repeatedly raising allegations of gasoline price fixing during his two terms as attorney general.

Craig said Thursday during a statewide televised debate that Jones had "used his office to interfere in the processes of the marketplace" and "went after the mom and pop service station operators and called that going after big oil."

has received this year from political action committees representing the oil and gas industry.

"Mr. Craig has come out foursquare in favor of high gasoline prices, which fits his past anti-consumer stance," Jones said. "It is not in keeping with the free enterprise system to have dealers participating in efforts to maintain prices at an artificially high level. Mr. Craig should know better."

But Attorney General Jones' campaign manager, discounted both Jones' charges as the political death throes of a candidate who has been unable to find a legitimate weakness in his opponent.

"Larry has been a congressman for 10 years, and I think the Idaho people think he has a great record," Henderson said. "I think Mr. Jones is at the last minute, in the final days of the campaign, trying to find a niche in the congressman's armor. It appears to me he's just desperately trying to find something."

The Republican race for the seat being given up by retiring GOP Sen. James McClure has turned into the most hotly contested of all the races

in Tuesday's Idaho primary election. But candidates in every race blanketed the state Sunday in a last-minute appeal to voters who might still be undecided.

Craig and Jones both attended a Republican barn dance Saturday night near Parma, and Craig planned to stay in southwestern Idaho through election day. Jones, however, scheduled a quick trip to Pocatello early Monday before returning to Boise later in the day.

The two Democrats vying for the U.S. Senate seat: Boise businessman Ron Twilegar and Idaho Falls consultant David Steed, were keeping their schedules flexible in the campaign's waning hours. But Jones said Sunday that whichever candidate wins the Democratic nomination, he likely will lose in November.

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People view a street lined with antlers before the annual elk antler auction in Jackson, Wyo.

Antlers generate more than \$68,000

JACKSON, Wyo. (AP) — The sale of almost 6,300 pounds of antlers shed by bull elk on the National Elk Refuge generated more than \$68,000 on Saturday in the annual "antler auction" held here.

Jackson Boy Scouts collected and sold 6,293 pounds of antlers in the auction attended by 250 to 300 people, about 1,800 pounds less than was collected from the refuge in 1989.

Tom Ninneman, a Boy Scout district commissioner, said mild winter weather and an early spring contributed to the smaller antler collection.

Only Boy Scouts are allowed to collect the antlers from the refuge near Jackson for use in the auction. Most of the money raised in the annual event is used

to buy feed for the refuge. The antlers are popular with artists who use them in items such as jewelry and among Oriental buyers, who grind the antlers into dust for items including aphrodisiacs.

The average price paid per pound of antlers in Saturday's auction was \$10.85, a decline of more than \$3 from 1989 figures of \$14.10.

The most item that sold for the highest amount at the auction was an elk's skull cap with the antlers still attached, which was purchased for \$780.

Don Choi, of the American Deer Industry and Trading Co. in California, paid the most for a package of antlers, \$47,172.

Kayakers help save elderly couple after auto accident

BOISE (AP) — Everett Hickox, 76, knelt on the roof of his car, which was sinking slowly in the icy waters of the Payette River.

Trapped inside and up to her neck in the frigid waters was his wife, M. Alyce, also 76.

"She had more or less told me goodbye, and I had told her good-bye because I didn't know how to get her out of there," Hickox said hours later.

Then, one Idaho 55 motorist after another spotted the car just north of Horseshoe Bend and stopped to help. Two men in kayaks smashed a window and rescued Hickox's wife. A jet boater ferried Hickox to shore.

Police and Hickox credited the kayakers with saving Alyce Hickox's life. The couple was treated at St. Alphonsus Regional Medical Center in Boise and then released.

"I sure wish I had the names of those kayakers," said Hickox, resting Saturday afternoon at a friend's home in Boise. "I'd tell them I love them forever."

The Hickoxes' trouble began about 10 a.m. as they drove up Idaho 55 to Banks for breakfast. Their car careened out of control after it was struck by another vehicle.

According to Idaho State Police Sgt. Thomas Wilson, who helped

investigate the accident, the Hickoxes had been in a long procession of cars heading north toward McCall.

Also in line was Kelvin Roberts, 55, of Lewiston. As Roberts tried to pull off the road into a turnout, his vehicle struck the Hickoxes' car.

The car, with Everett Hickox behind the wheel, plunged down a 30-foot embankment, splashed right side up in the river, floated more than 600 feet downstream and then stopped, apparently catching on a rock in the middle of the river.

Everett climbed out through a partially open window, but his wife was unable to squeeze through. The car's electrical system, which operated the windows, shorted out.

Help arrived quickly. Don Anderson, his wife, Shelley, and their 6-year-old son, Charlie, were among dozens of motorists who aided in the rescue. Participants in the annual Payette River jet boat race also helped, as did emergency medical technicians and police.

The Andersons, from McCall, were on their way to Boise to go to the Discovery Center and Zoo Boise when they noticed cars parked along the road. They slowed down to look and spotted something in the river current.

Post Register

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Jan. 7, 1990

IDAHO FALLS, IDAHO

Volume 59

Number 161

A poll of political observers and legislators from around the state rate the best and worst of the Idaho legislature

Stories by Chuck Malloy Post-Register Political Editor.

Informed observers rank Senator Noh number 2 of all Idaho Legislators.

THE BEST OF THE IDAHO LEGISLATURE

AT THE TOP



Sen. Mike Grapo, Pres. Pro-Tem R. Idaho Falls



Rep. Tom Boyd, Speaker of the House R. Goshone



Rep. Mack Nelbor R. Paul

Sen. Laird Noh

A reporter responding to the poll described Noh as "the one man who can so well juggle the concerns of environmentalists and resource users."

Another reporter said Noh "combines experience, integrity and fairness with a remarkable intellect."

A fellow lawmaker dubbed Noh "my ideal legislator."

All three descriptions are on the button. Neither a hardrock conservative nor a flailing liberal, Noh manages to strike a balance as chairman of the Resources and Environment Committee.

During the first part of last year's session, Noh's committee handled the potentially emotional issue of state oversight of operations at the Idaho National Engineering Laboratory. But Noh refused to get caught up in the emotion and his committee, with the help of INEL officials and environmental leaders, came up with a reasonable solution.

As a committee chairman, Noh can be firm, but he also has a reputation for fairness.

Briefly

Tentative pact reached in cleanup

BOISE (AP) — A tentative settlement has been reached between the state of Idaho and Noranda Mining Company over cleanup of the Black Bird Mine in Lemhi County.

Idaho Attorney General Jim Jones says the details of the settlement will be announced at a news conference in the conference room of his Statehouse today at 11 a.m.

Jones said the site is on the Superfund cleanup list and he expects it will take at least \$10 million to clean up the site.

Jones declined Sunday to give any further details of the settlement.

Standoff ends without shots fired

PAYSON, Utah (AP) — A man described as distraught and armed surrendered to police here late Saturday night after negotiators talked him into giving up, authorities said.

A Utah County Sheriff's Office statement said that negotiators talked the man, who was not identified, into surrendering after 11 p.m. Saturday.

Repeated calls to the Payson Police Department were unanswered Saturday night and Sunday. However, sheriff's dispatchers said no shots had been fired.

Officers were dispatched to the residence about 8:30 p.m. to investigate a possible hostage-taking incident, the dispatcher said.

The sheriff's statement said a special emergency response team, known as SERT, was called to the scene and Sgt. Alex Hunt and Lt. Dave Lamph talked the man into surrendering.

The man was taken to the Utah County Jail.

Winter Games could yield \$1 billion

SNOWBLIND, Utah (AP) — If Utah wins its bid to host the 1998 Winter Games it could realize \$1 billion in economic benefits and an employment surge over the next eight years, state planners say.

Brad Barber, director of demographic and economic analysis for the Utah Office of Planning and Budget, said the Olympics also might help reverse the state's out-migration problem.

However, he warned that it is unlikely the Winter Games will translate into dramatic growth in the ski and tourism industries.

Barber told the Utah Chapter of the American Planning Association's meeting here that if the International Olympic Committee selects Utah as the site of the games, 250 new jobs would be created in 1992.

Employment would surge over the following years, reaching 9,500 jobs in 1998 before tailing off to about 150 in 2000.

Re-elect LAIRD NOH

Idaho Senate Twin Falls County MAY 22

Paid Political Advertisement Noh For Senate Committee, Elaine Phillips, Treasurer.

World

Ceausescu's children vote in free elections

BUCHAREST, Romania (AP) — The jailed children of executed dictator Nicolae Ceausescu were allowed to vote in Sunday's elections, the first free balloting following their father's brutal 24-year rule.



Ceausescu's son Valintin casts his vote in Bucharest

Ceausescu's two sons and daughter are awaiting trial on charges of complicity in his rule. All three have been jailed since December and, if convicted, face sentences of up to life in prison.

They were not handcuffed when they appeared at a police station in Bucharest to cast their ballots.

Nicu, 40, Ceausescu's youngest son and once his successor, voted first. He spent several minutes in the booth before emerging and dropping a large envelope in the ballot box.

Nicu goes on trial next weekend on charges of complicity in genocide in the Transylvania city of Sibiu, 155 miles northwest of Bucharest. He was regional Communist party chief there until his arrest.

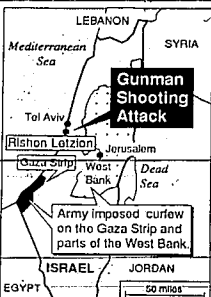
Sporting a black beard and mustache and clad in jeans and a dark sweater, Nicu declined to speak to reporters at his first public appearance since being shown on television the night of Dec. 22, just after his father's execution.

Ceausescu's oldest son, Valentin, 43, a nuclear physics engineer, spent comparatively little time in the booth.

"I'm treated like everyone else in prison," he said, smiling and looking relaxed in a jogging suit top and jeans. He had long long hair, a beard and mustache.

"It is very difficult for me to say something concrete about the elections. It is good, however, that the people are given the chance to have more options," the state news agency Rompres quoted him as saying.

Israeli kills 7 Palestinians; 7 more die in riots



RISHON LETZION, Israel (AP) — An Israeli who was dishonorably discharged from the army shot and killed seven unarmed Palestinian laborers and wounded 11 on Sunday. Outraged Arabs rampaged through the occupied territories in rioting that left seven more Palestinians dead and hundreds injured.

It was one of the bloodiest days since the Palestinian uprising began 29 months ago and could rekindle the violence that had declined in recent months.

The assailant, dressed in army pants and a black jacket, confronted the laborers at a junction south of Tel Aviv, ordered them to sit in a line, then opened fire, police said. The victims apparently followed his orders because they mistook him for a soldier.

Police who arrested the shooter said they were distraught over personal problems, including a recent breakup with his girlfriend. His identity was not released pending a court hearing.

Israeli officials condemned the attack, which one general called a "fragile act by a deranged individual." The army imposed curfews on the Gaza Strip and most of the West Bank, confining 1.1 million Palestinians to their homes.

But, wild with anger, Palestinians defied the curfew and poured into the streets by the thousands, attacking army outposts, stoning passing Israeli cars and blocking roads, Arab reports said.

"They threw anything they could find at soldiers and came at them with all they had," said an army spokesman. "Imposing the curfew on the rioters was a difficult period in which most of the casualties occurred."

Those killed in the rioting ranged in age from 14 to 30. In one case, Arab reporters said a youth was fatally wounded when he tried to stab a soldier.

Hospitals and United Nations clinics in Gaza said 691 Palestinians were treated for injuries from live ammunition, rubber bullets, beatings and tear gas. Thirteen were wounded, two seriously, by gunfire in the West Bank, hospitals said. Israel radio said 11 soldiers were injured.

The scope and intensity of the rioting, which lasted about 13 hours before subsiding around midnight, was reminiscent of the early days of the uprising, when tens of thousands took to the streets in December 1987.

Contra commanders want guarantee of safety

EL ALMENDRO, Nicaragua (AP) — Contra commanders confirmed they have suspended disarmament and said they won't order their troops to put down their weapons unless their safety can be guaranteed.

A Contra representative had said Saturday the rebels would continue disarming under terms of an agreement with the government.

However, the No. 2 Contra commander said late that day the group had ordered its forces to keep their weapons.

"Demobilized fighters are not getting the treatment they deserve," said Oscar Sovaalbarro, the second-ranking Contra commander, in an interview with The Associated Press.

Sovaalbarro, known as "Commander Ruben," said demobilized Contras were being harassed by Sandinistas and weren't getting enough food, medical care and assistance to establish themselves in civilian life.

The U.S.-backed Contras fought the leftist Sandinistas for nine years in a civil war. Last month, a U.S.-backed opposition coalition took power in Nicaragua after free elections, but the

Contras have been unwilling to completely disarm.

Sovaalbarro said the Sandinistas were subverting President Violeta Barrios de Chamorro's efforts at reconciliation.

"The government is sympathetic. But it doesn't have any money, and the Sandinistas are disobeying orders," he said.

He cited last week's civil service strikes, which virtually paralyzed the government, as an example. The public employees' union is controlled by the Sandinistas.

Sovaalbarro spoke after a meeting of the Contra high command at the mayor's house in El Almendro, a village 110 miles southeast of Managua.

El Almendro is at the center of one of five security zones where Contra fighters agreed to gather after Mrs. Chamorro took over from President Daniel Ortega on April 25.

The Contras had agreed to demobilize by June 10, and Sovaalbarro said that deadline could still be met — if there was "an atmosphere of confidence."

Briefly

India moves troops to Pakistan border

NEW DELHI, India (AP) — India is moving tens of thousands of battle-ready soldiers to its border with Pakistan, prompting fear among Western diplomats of another war over Kashmir.

Western military experts say India also is seeking to buy large quantities of movable bridges, troop transport boats and other equipment that could be used in an attack.

In addition, the government recently formed a paramilitary unit called the National Rifles, which could undertake counterinsurgency operations in the troubled state of Jammu and Kashmir, facing the army to go to the border.

Interviews with military experts from the West and Asia indicated several countries were seriously considering the possibility of war between India and Pakistan. One Western official said his embassy was discussing contingency plans for withdrawal of embassy personnel and their families.

Soviet Cosmonauts not in danger

MOSCOW (AP) — Cosmonauts aboard the Soviet space station Mir are not in danger of being stranded in space because of damage to their craft, a newspaper reported.

A U.S. magazine had reported the problem jeopardized their return to Earth.

The government newspaper Izvestia on Saturday quoted Flight Director Yuri Serebranikov as saying some thermal insulation had peeled off the hull of the Soyuz spacecraft but that "in no way" will prevent the cosmonauts from returning to Earth.

The U.S.-based Aviation Week and Space Technology weekly reported in its May 21 issue that cosmonauts Anatoly Solovoyev and Alexander Balandin, who have been in space for more than three months, have no reliable way to

return in an emergency because of damage to the protective blankets that surround the space capsule.

Kwangju Riots Rage for 3rd Day

KWANGJU, South Korea (AP) — Police firing automatic rifles held off demonstrators hurrying firebombs at a police station Sunday as about 10,000 protesters rampaged in this city for a third day.

Witnesses and news reports said no one was injured in the attack on the police station. But authorities said about 50 officers and protesters were hurt in other clashes, including a student doctor said may lose his sight after being hit in the eyes by a rock.

About 200 people were arrested, news reports said.

Earlier Sunday, thousands of riot police firing tear gas stormed Chosun University.

Security up for China anniversary

BEIJING (AP) — Police drastically increased security overnight and set up roadblocks, but the Chinese capital was calm on the first anniversary of the declaration of martial law that preceded last year's crackdown.

The government imposed martial law in Beijing on May 20 last year, just five weeks after students began the massive pro-democracy movement that drew hundreds of thousands of Chinese into the streets.

Premier Li Peng appeared on nationwide television then saying, "The anarchic situation is going from bad to worse ... and we are forced to take resolute and decisive measures to put an end to the turmoil."

The military crushed the pro-democracy movement June 3-4, when soldiers drove protesters from Tiananmen Square. Hundreds, perhaps thousands, of people were killed and thousands more wounded.

Until martial law was lifted on Jan. 11, soldiers or police armed with semiautomatic rifles were stationed at key intersections and bridges throughout the capital.

Unlike April 15, when armed police ringed Tiananmen Square on the anniversary of the start of the pro-democracy movement, the plaza was open Sunday and full of people enjoying incandescence of sunny skies.

The scene was very different overnight, however. At midnight Saturday, police set up at least 14 checkpoints at major intersections along Beijing's main thoroughfare, Changan Avenue, and along a major road that circles central Beijing.

Jordan ends ban on male hairdressers

AMMAN, Jordan (AP) — The government rescinded a decree banning male hairdressers from working in beauty parlors after a court ruled the order was unconstitutional, an Interior Ministry official said Sunday.

"The ban has been withdrawn and things will go back to what they were before in a few days," the official said in an interview.

FROM NEW YORK'S RADIO CITY MUSIC HALL—
All On One Stage! All On One Night!

Night of 100 Stars III

Chairpersons:
HELEN HAYES
KATHARINE HEPBURN
JAMES STEWART

STARRING (scheduled to appear)

Hank Aaron	Estelle Getty	Christopher Reeve
Danny Aiello	Kid 'n Play	Jason Robards
Muhammad Ali	Gladys Knight	Jerry Seinfeld
Bea Arthur	Patti LaBelle	Martin Short
Ed Asner	Mark Linn-Baker	Sylvester Stallone
Raymond Burr	Rich Little	Jessica Tandy
Michael Caine	Robert Loggia	Alan Thicke
Carol Channing	Priscilla Lopez	Joan Van Ark
Walter Cronkite	Greg Louganis	Luther Vandross
Hume Cronyn	Susan Lucci	Christopher Walken
Tyne Daly	Loretta Lynn	Rique Wallace
Clifton Davis	Rue McClanahan	Maikel Welch
Joe DiMaggio	Joe Namath	Betty White
James "Buster" Douglas	Olivia Newton-John	"The Phantom of the Opera"
Greg Evigan	Stefanie Powers	The Radio City
Michael Feinstein	Eddie Rabbit	Music Hall Rockettes
Jane Fonda	Tony Randall	and many more!
Aretha Franklin		
Crystal Gayle		

ALL-NEW 3-HOUR SPECIAL
7PM KAS 38

IDEAS IN POLITICS

EDUCATION

Everyone talks about choice. In a free country what we allow to be chosen defines our moral fabric. How is it that we have a society free to choose to kill their own children but not free to choose a surviving child's education. It makes sense to some people. They want choices that serve their view of the world. They tell you to feel free to have children or kill them. If you have children your choices stop. You must turn them over to be taught to think their way, with their morals. It is the only thing that seems to be successful teaching American children can't find America on a map but they know that it's alright to be sexually immoral or have an abortion. Values are the core of education. Choice allows the parent to determine whose values. Since a free society needs a moral foundation for excellence in learning it is not surprising that immorality, tolerated and encouraged in schools, has preceded the drop in the quality of learning.

Our view should be high achievement for Idaho's children. No choices in who or where your child is educated means an ever increasing price on a lower quality product. The same is true in the food or automobile industry. The laws of the free market are not suspended for this nation's schools. Choice and competition in education foster quality and protect a consumer's rights. Should the state require that you the citizen buy this product from the state? Even if the product is destroying lives? Remember, you're not buying shoes, you are purchasing the future of your family.

Think about this. Think and vote.

Vote Bob Forrey
for Lt. Governor/Republican

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Watch the Night Report at 10PM

THE MORNING LINE

Good morning. It's Monday, May 21.

Sunday's scores

Baseball

American League

Minnesota 5, Boston 4
Toronto 5, California 4
Baltimore 4, Texas 0
Seattle 6, Cleveland 7, 10 innings
Detroit 3, Chicago 2, 10 innings
Milwaukee 3, Oakland 2
Kansas City at New York, late

National League

St. Louis 6, Cincinnati 2
Chicago 5, Houston 1
Montreal 6, San Francisco 5, 11 innings
Los Angeles 6, Philadelphia 3
San Diego 3, New York 1
Pittsburgh at Atlanta, late

Basketball

N.B.A. playoffs

Detroit 86, Chicago 77, Detroit leads series 1-0

Hockey

N.H.L. playoffs

Dominion at Edmonton, late

Sports on TV

5:30 p.m. — Channel 8, Major league baseball, St. Louis at Atlanta.
8:30 p.m. — Channel 15, N.B.A. playoff, Phoenix at Portland.

Briefly

Fully recovered, Muster takes Italian Open

ROME (AP) — A year ago, Thomas Muster, came to the Italian Open on crutches. On Sunday, he walked off the champion.

Fully recovered from the knee injury that sidelined him for five months last year, the Austrian overwhelmed Andrei Chesnokov of the Soviet Union 6-1, 6-3, 6-1.

Rarick wins Pat Bradley International despite Cindy

HIGH POINT, N.C. (AP) — Cindy Rarick won the Pat Bradley International despite a wobbly finish Sunday.

Rarick got some breaks in holding off final-round charges by Hollis Stacy and Beth Daniel to capture the tournament although she struggled over her last three holes.

Rarick wins Pat Bradley International despite Cindy

HIGH POINT, N.C. (AP) — Cindy Rarick won the Pat Bradley International despite a wobbly finish Sunday.

Rarick got some breaks in holding off final-round charges by Hollis Stacy and Beth Daniel to capture the tournament although she struggled over her last three holes.

She made bogey, par and bogey on 16, 17 and 18 and finished with 25 points under the modified Stableford scoring system, which rewards bold play and penalizes mistakes with points instead of strokes.

Lopez regains lightweight boxing title in split decision

RENO, Nev. (AP) — Tony Lopez, spurred on by a partisan crowd, regained the International Boxing Federation junior lightweight title Sunday with the closest of split decisions over Juan "John John" Molina.

Lopez, trailing on two of the three judges' cards after 10 rounds, dropped Molina midway of the 11th round and went on to win the 12th round to eke out the narrow victory.

Lopez, 34-2 with 23 knockouts, was favored 115-112 by judge Al Munoz and 114-113 by Patricia Jarman. Judge Doug Tucker favored Molina 114-113.

The Associated Press had it 115-113 for Lopez.

SportsQuote

“I used to be very hands-on, but lately I've been more hands-off, and I plan to become more hands-on and less hands-off and hope that hands-on will become better than hands-off, the way hands-on used to be.”

— George Steinbrenner

Pistons roll past Bulls; Jordan's wings clipped



Detroit Pistons' Coach Chuck Daly, center, and Assistant Coach Brendan Suhr, left, react to Isiah Thomas' alley-oop pass turn into a 2 pointer

By HARRY ATKINS
The Associated Press

AUBURN HILLS, Mich. — Joe Dumars grabbed the virtuoso role for the Detroit Pistons Sunday after Michael Jordan was slowed by a bruised hip.

Dumars scored 18 third-quarter points and Detroit's tenacious defense held Jordan to eight second-half points as the defending NBA champion Pistons beat the Bulls 86-77 in the first game of the Eastern Conference finals.

Jordan, averaging 40.3 points in the playoffs, fell on his left hip while driving across the lane with 1:37 left in the first quarter.

He was able to keep playing despite the pain, but the hip muscle tightened during halftime and Jordan wasn't the same.

"I knew he was hurt," Dumars said. "He didn't appear to have the same ability as in the first half. He didn't have the same effectiveness."

Jordan, who had 26 of his 34 points at halftime, said the pain bothered his rhythm.

"It's a little disappointing, knowing that I got into a great rhythm," Jordan said. "Something like this happens, it knocks your rhythm off and I spent the rest of the game trying to get it back."

The best-of-7 series continues Tuesday night at the Palace, then shifts to Chicago Stadium for afternoon games Saturday and Monday.

Dumars, the most valuable player in last year's championship series when the Pistons swept the Los Angeles Lakers for their first league title, finished with 27 points.

"It was just a situation where the first couple of shots fell and they kept calling my number," Dumars said. "On this team, when you get hot you get the ball."

Jordan helped Chicago to a 43-39 half-time lead.

"Any time you put yourself in that position to take those kinds of shots, you're go-

ing to hit the floor," Detroit's Bill Laimbeer said. "That's a fact."

The Pistons, meeting Chicago for the second straight year in the conference finals, are 2-6 against the Bulls in the last three years, including the playoffs. Last year, they eliminated Chicago in six games.

"Dumars had a good second half and Michael had a good first half," Chicago coach Phil Jackson said. "You have to guard against Detroit's ability to play a big quarter."

Over the past two seasons, Detroit has held playoff opponents to less than 100 points in 23 of 26 games.

Chicago's 77 points matched the 1990 playoff low, by New York against Detroit in the second round. It was the fewest points for the Bulls in the playoffs since 1988, also against the Pistons.

Last year, Detroit won the title by winning 15 of 17 games, holding playoff opponents to an average of 92.9 points, the best defense since the advent of the 24-second clock 35 years ago. They allowed fewer than 100 points in 15 of the 17 games.

"It was one of those strange opening round games," Detroit coach Chuck Daly said. "There was a lot of tightness on both teams' part. You waste a lot of energy going into a game like this."

Detroit shot 42 percent for the game and the Bulls shot only 37.8. The Pistons also had a 48-36 advantage in rebounds.

The Pistons, bidding to become only the third franchise in NBA history to repeat as champions, overcame a cold first half with 65 percent shooting in the third quarter to go from a four-point deficit to a 67-60 lead.

The Bulls went scoreless for the first 3:23 of the third period.

"We got soft at that point," Jackson said. "We needed to be more aggressive."

The Pistons stretched their lead to as many as 12 points with 4:22 remaining in the game.

"Joe got it going in the second half," Daly said. "He bailed us out."

Hapless Nets win 1st pick in NBA draft

NEW YORK (AP) — The New Jersey Nets and Seattle SuperSonics, two hard-luck teams during the NBA season, found good fortune on Sunday.

The Nets, worse even than the four expansion teams, took advantage of a new "weighted" lottery system to win the first pick in the NBA draft, while Seattle beat the odds to get the second selection.

The Nets could have picked as low as fourth despite their 17-65 record, so team vice president Willis Reed hasn't started preparations for the draft.

"We haven't thought too much about who to pick because we could have wound up fourth in the draft," Reed said. "We'll celebrate having the pick for a while, then decide between now and the draft who we're going to pick."

Derrick Coleman, a 6-foot-10 power forward from Syracuse, is considered the top player available in the June 27 draft, but Reed said before the lottery that he might trade the No. 1 pick if he got it. Reed considers power forward Roy Hinson his best player.

Sunday, however, Reed indicated a trade

is unlikely.

"I'd would take a lot of talking and some unusual things to happen for us to trade this pick," Reed said. "Right now, we're looking to use this pick to help us."

The Nets, because they had the worst record, had the most ping-pong balls in the drawing — 11 of the 66 that determined the top 11 picks in the draft.

But the SuperSonics, who finished 41-41, had only two of the 65 remaining balls after the Nets won the first spot.

"We felt we had a chance for a top three pick," General Manager Bernie Bickerstaff said. "That's why people play the lottery, to beat the odds. With the season we had, our luck had to change."

The Sonics tied Atlanta for the best record among the 11 non-playoff teams. A pre-lottery drawing determined that the Hawks would get one lottery ball and Seattle two, but that was enough for the SuperSonics.

Bickerstaff also was non-committal about who the Sonics would take with the No. 2 pick.

Besides Coleman, the draft is expected to

be dominated by perimeter players such as Dennis Scott of Georgia Tech, Gary Payton, of Oregon State, Kendall King of Illinois, Bo Kibler of Loyola-Marymount and Rumeal Robinson of Michigan.

"Winning the No. 2 spot gives us the ability to listen and it gives us leverage," Bickerstaff said. "We'll do anything that will help us improve the team. There's a lot of research ahead for us. We have to wonder how valuable this pick is for someone else."

Seattle president Bob Whitsitt said it was exciting when Commissioner David Stern opened an envelope with Greater State's logo inside for the 10th draft spot. That was where Seattle would have picked if it hadn't made the top three.

"As soon as No. 10 wasn't us, we were cruising," Whitsitt said. "I knew we were in the top three."

The remaining lottery picks have Miami third and Orlando fourth, followed by Charlotte, Minnesota, Sacramento, the Los Angeles Clippers, Dallas, Golden State and Atlanta.

Lee Trevino takes his 4th senior's tourney in 8 tries

The Associated Press

HOUSTON — Lee Trevino shot a 3-under-par 69 Sunday for a tournament-record 13-under-par 203 total and a six-stroke victory in the Doug Sanders Kingwood Celebrity Classic.

The victory was Trevino's fourth in eight tournaments this year, his first on the PGA Senior Tour.

Trevino was the wire-to-wire leader and also set the 36-hole tournament record with 134 over the 6,564-yard, par-72 Deerwood Country Club.

Trevino birdied the final three holes to shake off runner-up Gary Player, whose tournament-best 7-under-par 65 in the final round had pulled him within three strokes of the lead.

Player, who started the final round 10

strokes behind Trevino, closed to within three strokes of birdie on the 18th hole.

Player, playing two groups ahead of Trevino, went to seven under with birdies on 14, 15 and 16 while Trevino bogeyed 15 to go 10 under.

Left-hander Bob Charles of New Zealand, who came into the final round in second four strokes behind Trevino, but finished third at six under with the final-round 72.

MIKE THIL, George Lanning and Orville Moody tied for fourth at three under.

Trevino won \$45,000 with the victory and increased his season-leading earnings to \$320,133.

Defending champion Homero Blancas shot a 69 and finished at even par 216, 13 strokes behind Trevino.

Brewers win 2 out of 3 from A's in battle of AL division leaders

The Associated Press

MILWAUKEE — Chris Bosio would love to see the sun again, but when you pitch for the Milwaukee Brewers it's something you learn to live without.

In his two previous starts, Bosio lost in the fog and lost in the rain. The weather wasn't much better Sunday, but Bosio was.

He beat the Oakland Athletics 5-2 with a four-hitter, giving the Brewers two out of three games in their series with the American League West leaders and defending world champions. The Brewers lead the AL East by 2½ games.

"I think it was a confidence builder for us. We play Oakland tough. They've got a heck of a club and are without a doubt the favorites," Bosio (4-2) said. "They got off to a good start and everybody was like, 'Oh my gosh, here they go again; watch out, there go the A's.'"

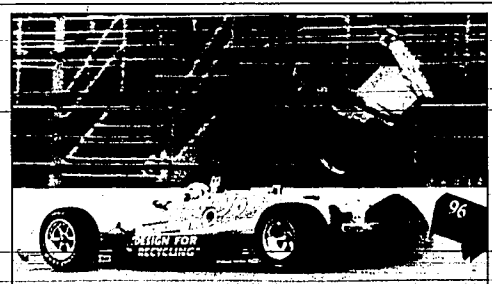
"You've got to play them tough and try

to have a mental edge on them coming in. They can pulverize any pitcher they face. We had to pitch them tough, think one pitch ahead every time and not get lachrymical."

The Brewers gave Bosio an early cushion with a five-run fourth inning, featuring a key two-run, bases-loaded single by former Oakland DH Dave Parker. B.J. Surhoff started the inning with a homer and also doubled twice.

"It's what we're here to do. We're not here to make friends. We're not going out to play for fun, we're playing to win. We're here to win the Eastern Division and possibly go to the World Series," said Parker, who had a pair of run-scoring doubles in the Brewers' 5-0 victory Friday night. Oakland won 9-1 Saturday night.

"I've always had the theory as a player that I respect everyone but fear no one. That's the attitude of this club," said Parker.



Steve Chassey hits the wall in turn three after he lost control during practice at the Indianapolis Motor Speedway Saturday

Rutherford, 3-time Indy winner, fails to make cut

The Associated Press

INDIANAPOLIS — Seventy-five minutes of tension Sunday at the end of the rain-shortened final day of qualifications for the Indianapolis 500 put John Paul Jr. and Rocky Moran into the 33-car lineup and kept out a former winner and the son of another champion.

The hectic period at the end of the day left three-time winner Johnny Rutherford and rookie Jeff Andretti, the son of 1969 Indy winner Mario Andretti, on the sidelines.

The day began with tight rain that kept the cars off the track. At that point, after a full day of qualifications Saturday and just 86 minutes last weekend, because of rain, the field was full and rookies Buddy Lazier and Andretti were the slowest qualified drivers.

The sun peeked out in mid-afternoon and the track finally opened about 3½ hours before the 6 p.m. EST close.

Lazier was "on the bubble" at

209,418 mph and Andretti, trying to make his first Indy-car race, was next at 210,268.

Paul, making his second Indy start and first since 1985, made one attempt at 3:45 p.m., running two laps at 209 before waving off. After some adjustments to the car and a few practice laps, he came back out at 4:45 and bumped Lazier with a solid four-lap average of 214,411 mph.

Andretti, meanwhile, was working at getting a new car ready, just in case. He spun moments later, making two harmless loops off turn four and driving the circuit "right long."

David "Salt" Walther, trying for a comeback 11 years after his last Indy start, surprised everyone by jumping from laps in the 205 and 206 range to a qualifying effort of 210,558 with just 10 minutes remaining. That was good enough to bump Andretti's qualified car.

Hrbek hammers Twins into middle of AL West pennant race

BOSTON (AP) — Minnesota's big-Kent Hrbek is noted for tape-measure home runs.

However, Hrbek took the shortest route in a little Fenway Park as the Twins edged the Boston Red Sox 5-4 Sunday for their 13th victory in 17 games this month.

The win moved the Twins into the American League West pennant race, 4 games behind Oakland's A's, who drove in a run with a third-inning single, snapped a 2-2 tie by hitting a two-run homer off the right-field foul pole just 302 feet from home plate in the fifth.

"I don't think I've ever seen anybody throw a ball harder than he does," said Kirby Buckett, who had a game-tying RBI double just before Hrbek's seventh homer. "He really mashed that one off the foul pole."

Hrbek said later Eric Hetzel (1-3) "got a forkball up and I was lucky enough to hit it off the foul pole. That's a foul ball in any other ballpark, but it's a home run here, so I'll take it."

The Twins added another run on Dan Gladden's RBI single in the sixth and held on, with relief ace Rick Aguilera earning his 11th save in 12 opportunities.

Roy Smith (2-4) settled down after a rocky start and got the victory. Smith yielded three runs and seven hits in 5 1-3 innings, Terry Leach gave up a run in 2 1-3 innings and Aguilera pitched the final 1-3, yielding three hits.

After yielding singles to pinch-hitter Tony Pena and Luis Rivera, the latter driving in a run, Aguilera fanned Wade Boggs for the final out of the eighth inning.

Los Angeles 6 Philadelphia 3

LOS ANGELES (AP) — Alfredo Griffin again came through with the bases loaded, hitting a two-run single Sunday and leading the Los Angeles Dodgers over the Philadelphia Phillies 6-3.

A day after Philadelphia beat the Dodgers 15-12 in 11 innings, Ramon Martinez and Mike Hartney combined to slow down the Phillies.

Major Leagues

Martinez (4-2) gave up three runs on six hits in seven innings and struck out eight and Hartley finished for his first major-league save.

With the score 1-1, Los Angeles loaded the bases with no outs in the fourth inning against Pat Combs (2-4) on a double by Willie Brooks, a walk and a single by Mike Scioscia. Griffin's hit made him 9-18 with the bases loaded since joining the Dodgers and 16-37 lifetime.

Detroit 3 Chicago 2
CHICAGO (AP) — Lloyd Moseby's tie-breaking single with two out in the 10th inning gave the Detroit Tigers their sixth straight victory Sunday, a 3-2 decision over the Chicago White Sox.

Tony Phillips was hit by a pitch from loser Wayne Edwards (0-2) to open the 10th. After Alan Trammell and Dave Bergman grounded into force plays, Cecil Fielder, who earlier hit his major-league-leading 16th homer, singled Bergman to second and Moseby followed with his single.

With a single, Toronto's second hit, and went all the way to third on Langston's wild pitch. Kelly Gruber walked and Bell singled for a 2-1 lead.

Baltimore 4 Texas 0

BALTIMORE (AP) — Pete Harnisch and Gregg Olson combined on three-hit batters Sunday and the Baltimore Orioles beat Texas 4-0, the Rangers' eighth loss in 10 games.

Harnisch (4-1) allowed only two hits through seven innings before Olson retired the Rangers in the final two innings to earn his ninth save.

The duo outduelled Kevin Brown (5-3), who surrendered only four hits in 7 2-3 innings but lost his third straight decision. Mike Jefferson relieved in the eighth and was met by Keith Tettleton's three-run homer.

Seattle 8 Cleveland 7

CLEVELAND (AP) — Edgar Martinez, who homered, tripled and singled earlier, hit a tie-breaking two-run homer in the top of the 10th inning and Ken Griffey Jr. also hit two home runs as the Seattle Mariners outlasted the Cleveland Indians 8-7 Sunday.

Griffey singled with two out off Jesse Orosco (2-2), the fifth Cleveland pitcher. Martinez then hit his fifth home run. The Mariners had 15 hits, including two doubles, two triples and the four home runs.

Seattle Mike Schooler (1-0) earned the victory with three innings. He yielded Sandy Alomar's third home run in the bottom of the 10th.

Chicubs 5 Houston 1

HOUSTON (AP) — Andre Dawson homered and drove in three runs and Shawn Boskie pitched a five-hits in his major league debut Sunday as the Chicago Cubs beat Houston 5-1, the Astros' 12th loss in 14 games.



AP Wirephoto

Indians runner Cory Snyder, left, is tagged out at the plate by Mariners catcher Scott Bradley

Dawson, who also doubled and singled, leads the majors with 41 RBIs and the National League with 13 home runs. He drove in nine runs in the last three games against Houston.

Boskie, called up from Triple-A Iowa on Saturday, struck out six and walked one. He also got two hits, including an RBI double off Mike Scott (1-5).

St. Louis 6 Cincinnati 2

CINCINNATI (AP) — Joe Magrane won his second consecutive decision and Tom Pagnozzi singled home the tie-breaking run in the seventh inning as the St. Louis Cardinals beat Cincinnati 6-2 Sunday.

Magrane (2-6) overcame two costly wild pitches and two errors by first baseman Pedro Guerrero. He allowed three hits over seven innings, giving up one earned run.

Guerrero had an RBI double during a three-run eighth against Rob Dibble to help atone for his fielding mistakes. The Cardinals had scored only nine runs in seven games; six of those losses, against Cincinnati.

San Diego 3 N.Y. Mets 1

SAN DIEGO (AP) — Roberto Alomar hit a two-out, two-run single in the seventh inning and reliever Craig Lefferts escaped a bases-loaded jam in the eighth Sunday as the San Diego Padres sent the New York Mets to their fifth loss in six games, 3-1.

Ron Darling (1-4) took over for starter Sid Fernandez to start the seventh with the score 1-1. The Padres loaded the bases on three walks, the last an intentional pass to Tony Gwynn with runners on second and third. Gwynn got seven hits, Alomar with four, a hard

grounder that skipped past first baseman Mike Marshall for his second hit of the game.

San Francisco 6 Montreal 5

SAN FRANCISCO (AP) — Pinch hitter Wallace Johnson's two-run homer in the 11th inning put the Montreal Expos ahead and they held off the San Francisco Giants 6-5 Sunday.

Spike Owen singled with one out against Alvin Hammaker (3-3) and Johnson connected on the next pitch for his first home run of the year and the third pinch-homer of his career. Johnson had been hitless in seven at-bats as pinch hitter this season. The Expos got an insurance run that proved necessary later in the 11th when Marquis Grissom singled with two outs and ran home when the left fielder Tim Lincecum made an error on Greg Linton's single.

Crenshaw's last-minute mistakes don't cost him Colonial tourney

FORT WORTH, TEXAS (AP) — The drama came on the 17th hole on Sunday — Ben Crenshaw in hot pursuit of a ball bobbing and bouncing down a drainage ditch.

Crenshaw, who salvaged a bogey from the unusual situation, easily won the Colonial golf tournament for the second time with a masterful display of putting on the front nine.

He made a pair of 30-footers for the birdies that gave him some breathing room and, by his own calculation, didn't miss anything under 15 feet in his three-stroke victory. He shot a 4-under-par 66 on Sunday for a 72-hole total of 272, eight under par.

"The greens were awfully good," he modestly demurred.

But so was "L'il Ben," the putter Crenshaw has used since his days as a junior golfer in Austin, Texas.

"It was my amazing. I can't even carry his putter," said Curtis Strang, who hoped to find some confidence on the road to the defense of his U.S. Open crown, but encountered nothing but frustration.

"The way he was hitting the ball, coupled with his putting stroke, he was just unbeatable," said Nick Price.

Some exceptionally low scores were recorded Sunday — a 62 by Gene Sauer that matched the course record, and a 63 by Mike Hulbert — on greens softened and slowed by the morning thunderstorm.

Cory Favin and Fred Reed tied for second with John Mahaffey at 77; Mahaffey had a closing 66, Pavin and Reed 68; on the Colonial Country Club course, Strang, who matched par 70 over the final 18 holes, and Hulbert were next at 76.

Payne Stewart, Sauer, Brian Tennyson and Andrew Magee followed at 77. Tennyson and Magee shot 66; Stewart 67.

NAU sweeps Big Sky track

MISSOULA, Mont. (AP) — Northern Arizona swept the Big Sky Conference men's and women's outdoor track championships Sunday.

Twin Falls' Amber Wely, an Idaho State University senior, shared the outstanding woman athlete of the year award with Mary Kay Cramer of Boise State.

Wely won the heptathlon with 4,986 points, was victorious in the high jump at five feet, 11 inches, and was third in the 100-meter hurdles in 14.49.

Northern Arizona won its fifth men's Big Sky title in the last six years by holding off Montana State.

The Axers wound up with 114 points, while Montana State was second with 101, followed by Boise State with 80 and Idaho with 79.

The Lumberjacks, coached by Ron Mann, now have won nine mens' outdoor track titles since they joined the Big Sky in 1970. They

also have won five indoor track championships and six cross country titles.

NAU's women captured their second straight title.

The Lady Jacks scored 153 points, compared with 112 for runnerup Boise State. Then came Idaho with 70, Idaho State with 67, and Weber State with 67.

Montana State distance runner Shannon Butler, a junior from Eureka, Mont., was voted by the coaches as the outstanding track athlete of the year.

On the men's side, Nevada distance thrower and shot putter Kamy Keshmir, a sophomore from Reno, Nev., earned the outstanding field athlete of the year award.

Butler was a double winner, taking the 10,000 meters in an NCAA qualifying time of 29 minutes, 32.93 seconds as he established a new Big Sky meet record. He also won the 5,000 meters in a 14:22.56 clocking. Keshmir also was a double winner, setting a new Big Sky mark in the discus with an effort of 208 feet, 8 inches on Friday.

On Saturday, he came back to qualify for the upcoming NCAA Championships in the shot put by winning the event with a toss of 60-11 1/4.

Montana State pale vaulter Scott Dupuis set a Big Sky record with a 16-0 effort to cross the league's oldest existing record. The height bettered the 16-8 standard set in 1975 by Northern Arizona's Brad Armstrong.

Idaho sprinter Patrick Williams was a double winner, taking the 100 meters in 1:04.1 and the 200 meters in 20.72. He also helped the Vandal 4x100-meter relay team to victory with a 40.18 clocking.

Scores and Stats

Basketball

NBA box score table with columns for team, points, field goals, and other stats.

NBA draft order

Table listing draft order by round and team, including selections like Jason Kidd and Derrick Coleman.

NL standings

Table showing National League standings for East, Central, and West divisions.

AL standings

Table showing American League standings for East, Central, and West divisions.

NL box scores

Box scores for National League games including Atlanta vs Chicago, Cincinnati vs Houston, etc.

AL box scores

Box scores for American League games including Minnesota vs Tampa Bay, Detroit vs Baltimore, etc.

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Doctors examine record-breaking recipient of heart-lung transplant

PITTSBURGH (AP) — The world's longest surviving recipient of a heart-liver transplant returned to Pittsburgh on Sunday where doctors checked signs she may be rejecting her second transplanted liver.

"I've been in the hospital all weekend so this wasn't a surprise," said Stormie Jones of the trip from her suburb Fort Worth, Texas, home.

The girl, who will turn 13 on May 31, was hospitalized in Texas on Friday.

"The doctors found her enzyme levels were high, so they wanted to get it under control before it got to be a big problem," said her mother, Lois "Suzie" Purcell, who flew to Pittsburgh with Stormie on Sunday. Mrs. Purcell and Stormie met briefly with reporters at Children's Hospital of Pittsburgh after coaxing from the hospital staff, who wanted to assure the public that she was not critically ill. She was admitted in fair condition.

"Remember I'm getting paid for this," she joked. "And this is just for five minutes."

Doctors immediately began their evaluation, which is expected to take several days, said hospital spokeswoman Lynn McMahon.

"One of her blood level measurements is elevated and typically that is something that happens when the body is rejecting a transplanted liver," McMahon said.

While she's being evaluated, doctors plan to give Stormie higher doses of an experimental anti-rejection drug she's been taking, said another hospital spokesman, Susan Cardillo.



Stormie Jones, left, and her mother Lois Purcell arrive at Children's Hospital of Pittsburgh.

"While it's disappointing she's had to return, it doesn't have to be an indication of a severe problem," said McMahon.

The girl received a new heart and liver at Children's Hospital on Feb.

14, 1984, because of a congenital condition that left her cholesterol levels 10 times higher than normal. She was 6 years old when she became the world's first recipient of a heart-liver transplant.

Mother still writes letters to son killed in Vietnam

WASHINGTON (AP) — Eleanor Wimbish dutifully writes her eldest son four times a year. But she never mails the letters.

She leaves them beneath panel No. 32 of the Vietnam Veterans Memorial, where her son's name is permanently engraved in black granite.

Wimbish, a 63-year-old great grandmother from Glen Burnie, Md., began writing the unmailed letters to her son, William Reed "Spanky" Stocks, after he was killed in a helicopter crash in Vietnam on Feb. 13, 1969. For years, she told no one of the letters she wrote in the wee hours of the morning to comfort herself.

But in recent years her letters have been published in numerous books and magazines. Next week, one of the letters will be read during public television's live Memorial Day evening broadcast of a National Symphony concert on the U.S. Capitol grounds.

In the letters, Wimbish often discusses childhood memories of her son and the kindnesses his fellow military buddies have shown her through the years.

"This (writing) is my way of coping with the pain," Wimbish said after leaving a letter at the Memorial earlier this month, on what would have been Stocks' 43rd birthday. "My son warmed his way into everyone's heart. He was very special."

Stocks, nicknamed "Spanky" by his comrades in Vietnam, died at age 21. The blades of his helicopter cut into the aircraft, leaving Stocks severely injured. He died about half an hour later.

His body was returned to the United States in a glass-covered casket. Wimbish explained that all

bodies deemed viewable were placed in such caskets.

"I didn't have to wonder like others who only got pieces back," Wimbish said, clutching her handbag and fighting back tears during a recent interview. "I hope you know I'm going to go home and bawl like crazy. But that's OK. It's worth it. It's worth it for people to know."

An estimated 200,000 people are expected to gather on the West Lawn of the U.S. Capitol on May 27. The 90-minute TV special will feature actress Colleen Dewhurst, who will read the letter, in addition to appearances by actor James Earl Jones and singer Rosemary Clooney, who will perform with the National Symphony.

"Memorial Day is a time for all Americans to honor the memory of those who made the ultimate sacrifice for their country," said House Speaker Thomas S. Foley, D-Wash. "This televised event will allow Americans everywhere to share in this important holiday."

Foley is scheduled to appear at the event with House Minority Leader Robert Michel, R-Ill.

The letter to be read was written six years ago.

"Today is Feb. 13, 1984. I came to this black wall again to see and touch your name, and as I do, I wonder if anyone ever stops to realize that next to your name, on this black wall, is your mother's heart. A heart broken 15 years ago today, when you lost your life in Vietnam," Wimbish wrote.

"When my son died, I wrote my pledge," Wimbish said. "I said I will not now or ever let people forget."

Correspondent challenged by new job

RADNOR, Pa. (AP) — "60 Minutes" correspondent Steve Kroft is a Vietnam veteran whose journalism career has taken him to Beirut, Northern Ireland and El Salvador.

"But there was nothing, he says, that was quite as daunting or that I ever went into with so many reservations as this first year on '60 Minutes.'"

Kroft, 44, came to the staff of the highly-rated CBS News show from the network's low-rated "West 57th."

"It was difficult, in part, because there are only eight people who have had this job, and there is a fair amount of pressure. You don't want to screw up," he said in the current TV Guide. "I'm one of the few people ever to have come here who wasn't an established star. I'm just a reporter."

That lack of glamour doesn't necessarily hurt, he said. Kroft said he's been told "that I come across as a real person — which probably comes from the fact that I've never been a full-time anchorman."

University class honors comedian Smirnoff
RENO, Nev. (AP) — Soviet comedian Yakov Smirnoff kept his audience laughing with jokes about his homeland when he was named an honorary member of the University of Nevada, Reno's Class of '90.

In the Soviet Union, he said "you don't pick the subjects you want to take — which kind of trains you for the future."

As for his school days, he said he "used to shoot spitballs at the teachers, which isn't smart because they shoot back."

Smirnoff, who left the Soviet Union for the United States in 1977, is a frequent performer in Reno and

told the crowd he likes the city. "It's the first place where I was introduced to gambling. I like the American version of the roulette much better. Russian roulette is a killer."

Baptist preacher turns attention to homeless

PHILADELPHIA (AP) — The Rev. Leon Sullivan, the preacher who shaped U.S. business practices in South Africa, is turning his attention to the homeless.

The first of what he hopes will be many Human Development Centers nationwide opened Sunday in a converted bank building in north Philadelphia.

"It's the biggest problem in America, and it's tied to the problem of drugs and the problem of AIDS in

the inner city," Sullivan said last week in a telephone interview. "You've got to get at the causes of the problems."

Sullivan retired in 1988 from the pulpit of Zion Baptist Church to head the International Foundation for Education and Self Help.

He said other homeless programs "put them in a bed or they give them a bowl of soup, but they don't prepare them for a better life. And that's what we're going to do."

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7:00 - 9:00 (PG)

LISA (PG-13)
7:30 - 9:30

BIRD ON A WIRE
7:00 - 9:00 (PG-13)

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PRETTY WOMAN (R) 7:15 - 9:30

TEENAGE MUTANT NINJA TURTLES (PG) 7:00 - 9:00

SPACED INVADERS 7:00 - 9:00 (PG)

WILD ORCHIDS 7:30 - 9:30 (R)

BIRD ON A WIRE (PG-13) 7:30 - 9:30

TALES FROM THE DARKSIDE 7:30 - 9:15 (R)

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RATINGS

The five category system of the voluntary film industry rating program is now as follows.

G. General Audiences, all ages admitted.

PG. Parental guidance suggested. Some material may not be suitable for children.

PG-13. Parents are strongly cautioned to give special guidance for children under 13. Some material may be inappropriate for children.

R. Restricted, under 17 requires accompanying parent or adult guardian.

X. No one under 17 admitted.

KMYT 11

6PM **KMYT 11 NEWS**

6:30 **WHEEL OF FORTUNE**

7PM **Season Finale!**
MAJOR DAD
Will Mac leave the military and go from an officer to a gentleman?

7:30 **Final Episode!**
Goodbye Newhart
Expect the Unexpected in the Wildest Newhart Ever!

8PM **Season Finale!**
MURPHY BROWN
Wedding bells may ring if Corky doesn't ring Murphy's neck first.

8:30 **Season Finale!**
DESIGNING WOMEN
When Suzanne gets her tax refund, she spends it... FAST.

9PM **Special!**
THE SISKEL & EBERT SPECIAL PRESENTS
GLENN CLOSE
DANNY DEVITO
CLINT EASTWOOD
MEL GIBSON
KATHLEEN TURNER

10PM **KMYT 11 NIGHTSCENE**
10:35 M*A*S*H
11:05 CBS LATE NIGHT WISEGUY

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Nation

White House short of recycling goals

Chicago Tribune

WASHINGTON — In offices around the capital, people are changing the way they get rid of their trash by sorting it into bins — one for white paper, one for newspapers and a third for everything else as required by the District of Columbia's new recycling law.

But in the most important office in town — the Oval Office — it's still business as usual. A proposed White House recycling effort is held up by high-level indifference and the problem of finding someone who can use tons of secret documents shredded smaller than confetti.

"Paper recycling in the White House has not proceeded with the speed it might," admits Michael Deland, the president's environment adviser.

The issue of recycling is no small matter. Paper is as basic to government policymaking as steel is to Detroit's automaking, and a single government agency such as the Labor Department throws out as much as 50 tons of white paper a month.

Environmentalists say the president should be setting the example for other government offices, many of which have also been disregarding the local recycling ordinance.

When he took the job as the president's environmental adviser, Deland figured it wouldn't be tough to set up a recycling program at the White House.

After all, George Bush had promoted the idea of recycling in campaign speeches and was elected with promise of being the environmental president.

"I assumed it was something I could have done by the second week on the job," said Deland, who is chairman of the Council on Environmental Quality.

Finally, after seven months and countless inconclusive meetings, the White House is moving toward starting a recycling program.

Perhaps coincidentally, the movement comes after environmentalists announced plans to sue the president for failing to comply with the District's recycling law.

Although the administration's timetable remains a little vague, officials say they are close to overcoming one of the biggest hurdles — finding a paper recycling company that will take the White House's paper shreds.

The president's papers, and others produced by the 2,000 people who work in the White House complex, for security reasons are routinely shredded into a kind of confetti paste before being hauled to the local dump.

Currently, about a quarter of the White House documents are shredded. But by fall, on the principle that there is no such thing as an unimportant White House document, virtually all discarded papers will be destroyed.

White House officials say that the shreds are too small to be used by most recyclers because the paper fibers are essentially destroyed. But one major paper company says it would be willing to take — and even pay for — the scrap.

Fort Howard Paper Co. of Green Bay, Wis., which supplies the paper napkins used on Air Force One and millions of dollars worth of other paper products for the federal government, has held preliminary talks with White House officials, according to company vice president Jeffrey Eves.

"We told them that if they were interested in setting up a model recycling program, we would be more than happy to work with them," he said.

The president's staff generates about a ton of old newspapers and other scrap paper daily, about the amount of paper produced from 17 trees.

Last month, the local chapter of the Sierra Club said it plans to sue the White House for violating the District's recycling law, which went into effect for offices on Dec. 1.

Flotilla takes protest to edge of Cuban waters

KEY WEST, Fla. (AP) — A flotilla of private boats piloted by exiles sailed from Key West early Sunday, crossing the wave-tossed Florida Straits to rally for democracy on the edge of communist Cuba's territory.

Cuban patrol boats were waiting on the other side but there were no confrontations, said Lt. Cmdr. Jeff Karonis, a Coast Guard spokesman.

Although 34 boats sailed from Key West before sunrise, only 24 made the complete crossing, with the lead boats stopping early in the afternoon about 20 miles north of the Cuban coast, Karonis said.

They stopped there for regrouping, waiting for the others to catch up, said Petty Officer Luis Diaz, another Coast Guard spokesman. He said the flotilla

sailed parallel with the Cuban coast for about six miles, then headed back across the Straits for Key West.

There was no reaction from Cuban patrol boats cruising on the other side of the boundary.

"They were out there, but there were no provocations and no problems that we're aware of," said Karonis.

Coast Guard Cutters on patrol in the Straits monitored the flotilla by radar, but did not provide an escort.

Coast Guard officials said they had warned the exiles to protest verbally but go along peacefully if they were intercepted by Cuban defense forces, and also warned them that Cuba claims a territorial sea extending 12 miles or more from the coastline.

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Somewhere is a creative and anonymous soul who has designed for us all THE STRESS DIET, which is as follows:

- Breakfast:**
 1/2 grapefruit
 1 piece whole wheat bread (toasted)
 8 oz. skim milk
- Lunch:**
 4 oz. lean broiled chicken breast
 1 cup steamed zucchini
 1 Oreo cookie
 herb tea
- Mid-Afternoon Snack:**
 Rest of package of Oreo cookies



JoAnn Larsen

- 1 quart Rocky Road ice cream
 1 jar hot fudge
- Dinner:**
 2 loaves garlic bread
 large mushroom and pepperoni pizza
 1 large caramel almond cashew shake
 3 Milky Ways
 Entire frozen cheesecake - eaten directly from the freezer.

Now - whether that's a diet that RELIEVES stress or CAUSES stress is hard to determine. What is certain is that, in most cases, however, is that the diet isn't working.

Why not? Well, Jane E. Brody, of "Jane E. Brody Good Food Book" fame, makes a comment that probably fits. Citing studies showing that carbohydrate depletion depletes the brain of an important transmitter of nerve messages - serotonin - which acts as a calming factor and sleep inducer, Brody observes: "When brain levels drop too low, cravings for carbohydrates are likely to occur."

"Pretty soon, then, low-carbohydrate dieters are crumbling at the sight of a cookie or piece of bread and salivating at the smell of pizza. Eventually their resolve falters, and they fall for the low-carbohydrate wagon, often with a bingie of their favorite mixed foods."

Habitual meal skipping or "starving" can also predispose you to binge once you start eating again, adds C. Wayne Callaway, M.D., an authority on weight loss and nutrition. "Bingeing has little to do with lack of discipline or loss of control. It's the result of biological signals."

"Extensive research in both animals and humans has shown that very low or irregular food intake sets off an impulse to eat regular food the way requires when food finally becomes available. Bingeing is simply your body's survival response to its perception of famine."

"Another way your body fights against starvation diets is by slowing down metabolism," says Callaway. "When you begin a very low-calorie diet, your metabolic rate - the speed at which your body converts calories into energy - adapts by slowing down to conserve precious calories. This undermines your dieting efforts by slowing weight loss. It may also produce fatigue, sleep disturbances, dry skin and hair, cold intolerance, constipation and depression."

"Your body learns to adjust to food scarcity so efficiently that each time you starve, your metabolism gears down

• See LARSEN on Page B2

Planning helps the childbirth experience

By MIMI STEFFENS
 Times-News correspondent

You're expecting your first baby. Congratulations are in order. For most people, becoming a new mother or father is very exciting. Rightfully so, since babies are very special and lots of fun. But be forewarned, they are also lots of work.

Ask any experienced parent about what lies ahead and they'll probably respond that there's no way to really know until you actually experience it.

One you've changed diapers, gotten up night-after-night, survived the first emergency room visit, witnessed the first smile, heard the first word and received the first hug and kiss, you will not know what the journey of parenthood is all about.

However, you can make the start of this journey much smoother for you and your baby with advance planning and organization.

A good way to begin your preparations is to gather some information. There are many books covering pregnancy, childbirth, parenting, child care and infant development. In addition, there are magazines, videos, handouts from doctors and health officials and even cable television programs specifically dealing with these subjects.

One book most people have heard of is "Dr. Spock's Baby and Child Care," written by Benjamin Spock, M.D., and Michael B. Rothenberg, M.D. Written over 40 years ago, this book has been revised several times to include changes in medicine and culture. Skimming through this reference book will acquaint a prospective parent with many situations that may be encountered during their baby's first year.

Another book, "Infants and Mothers," by T. Berry Brazelton, M.D., approaches the subject using three case histories to illustrate how children develop within their own families.

Picking up books at the library or a local bookstore or purchasing a magazine dealing with parenthood would provide a parent-to-be with a good overview of the things that need to be done and/or thought about before the baby arrives.

A baby needs a name, a place to sleep



When having your first child, planning ahead can make a big difference

and nourishment, as well as to be kept warm, safe, clean and dry. They also need love and affection and intellectual and physical stimulation.

Thus, you'll have to think about and decide upon the following things: What will you call the baby? Will you bottle-feed or breast-feed? Use cloth or disposable diapers or some combination? Will the baby share your room or will it have its own room?

Some of these decisions are personal, such as feeding and sleeping arrangements, so there are no right or wrong answers. Now is a good time to arrange for your baby's medical care because you'll then have another resource to learn about the pros and cons of these issues.

Plan ahead to have your baby's room exactly right

By BETSY LAMMERDING
 Knight-Ridder News Service

If the stork is expected to land at your home with a little bundle in hunting, now's the time to plan the nursery for the big arrival.

Previous parents may need only to retrieve the crib from the attic or move Junior from his crib to a real bed and room of his own. First-time parents, however, probably will be starting fresh.

While it's easy to get carried away trying to indulge the beloved baby with dozens of stuffed animals, rocking horses and other toys and accessories, it makes sense to start with the basics.

First, the infant will need a crib. If you've never shopped for pint-sized furniture before you may be in for a surprise. There are as many varied styles - contemporary, traditional, country - as there are in furniture for big people. Sometimes, they seem to have big price tags, too.

For instance, today's cribs are available in fine woods, such as oak and cherry, laminates and tubular metal in white and bold primary colors and even brass or brass-and-wood combinations. Some are available in fancy four-poster designs and others can be fitted with a canopy. A few manufacturers make cribs with drawers built into the bottom or ends.

At the USA Baby store in the State Road Shopping Center in Cuyahoga Falls, Ohio, cribs range from about \$100 to \$600, according to manager Bob Herman. Oak is his best seller.

"We find that shoppers go whole hog, either with their first or last baby," Herman said.

Herman said he finds shoppers are influenced by the seasons.

"In the winter, even if the baby isn't due until the warm weather, shoppers go for warmer and darker woods, such as cherry and oak. In the summer, they think white, even though the baby is due in December."

Crib assembly is fairly easy. Law mandates that ready-to-assemble cribs provide detailed instructions and diagrams "written so that an unskilled layman can correctly assemble the crib without making errors."

For safety reasons, today's cribs are required to meet government standards. If you'll be borrowing an old crib, be wary.

Babies spend the biggest part of their early lives sleeping, so don't skimp on a cheap mattress.

To keep baby cozy, as well as comfortable, you'll need to outfit the crib with bumper pads, sheets and blankets. Available in hundreds of designs and colors.

Baby also will need a changing table. It's preferable to choose one with built-in shelves or to position it close to the diaper storage area so Mom and Dad aren't tempted to turn their backs on Baby while they reach for a diaper. Better yet, select a changing table with a raised edge or border to keep baby safe.

Whatever you select, it doesn't have to be fancy. For instance, interior designer Marcia Lowery of Stow, Ohio, took two dressers and, using folded playpen pad, made a special cushion for the dressers, tops which she attached with Velcro when her daughters Megan and Sarah, now 9 and

Dr. Barton Adrian of the Pediatric Center in Twin Falls suggested that parents rely on their baby's doctor for the first few weeks.

"I encourage dependence, since the children's grandmothers are often not close by to answer questions like, 'How do I mix formula or he's crying, what should I do? It's often common sense, but the parents don't necessarily know the answers. We try to help out the best we can," said Adrian.

"We have lots of literature and handouts available and both the doctors and nurses spend a lot of time on the phone answering questions of any kind," Adrian said. In other words, if in doubt, call.

The South Central District Health Department offers a wide variety of family health programs including a comprehensive pregnancy program for low-income women.

"We currently serve 200 to 300 women in the district's eight counties," said Maggie Machala, the district's Reproductive Health Services Coordinator.

The program aims to alleviate any financial hardship which might otherwise prevent a woman from receiving prenatal medical care.

"Qualifications are based on family size in conjunction with the federal poverty level. We urge people to check with us to see if they qualify for assistance," said Machala.

Parents must also remember to get their new baby a car seat. It is Idaho state law that children under the age of 4 or under 40 pounds ride in an approved car-restraint system.

"Parents can rent one through our volunteers program here at the hospital," said Suzanne Summers of the Magic Valley Regional Medical Center.

Summers, director of Marketing and Community Relations at MVRMC, discussed other services available to parents. "There are accident prevention and infant CPR classes available through our ChildLife Program and prepared childbirth classes available through our Women's Health and Education Center," said Summers.

Also offered by St. Benedict's Hospital in Jerome and through the Blaine County Medical Center, the classes cover many important topics.

The six-class program at MVRMC includes the stages of labor and delivery, breathing exercises and relaxation techniques, the anatomy of pregnancy and films about healthy babies and parenthood, as well as a film of a birth. There are also

• See BABY on Page B2

Unless you have an unlimited budget or are expecting to raise a large family in which nursery furnishings can be reused, a few times, avoid real cutsey pieces with limited uses.

Your decorating dollars would be better spent on versatile pieces that will grow with the child. No one-age child will be happy with bedroom furnishings that appear "babyish."

While scaled down a bit, most so-called nursery dressers are the same size as furniture for adults. Once the diaper and footed-sleeper stage is passed, chests, dressers or cabinets can be used for other clothing.

• See ROOM on Page B2

Looking good

Golf fashions are in style

It was a magical time. The world focused its attention on glamorous movie stars at play. Stars and starlets strolling across fashionable hideaways like Palm Springs and the Hamptons. Grant, Hope, Bacall. Wielding gold clubs to the delight of the press.

The world lived it and wanted more. Golf is the sensation of the '90s, and the fastest growing sport in the country. Fashionable apparel is bursting onto the scene just as quickly as golfers roam the fairways in record numbers.

The outlook is strong as new styles and sophisticated color palettes combat the less than tasteful combinations of recent memory.

"JCPenney has recognized the rising demand in golf for golfwear and made the decision to develop its own golf collection under the label Par Four Golf Apparel," says Joe Sapienza, Men's Fashion Director of JCPenney.

"The golf collections consist of slacks, shorts, sweaters and solid and striped shirts, all of which coordinate together," Sapienza continues. "There are bold designs, stripes and rich jewel-tones. The slacks are pleated for style and ease of movement. And the pockets are functional, designed deeper to hold markers, tees and balls."

Women can fully enjoy the new, varied styles, too. Retailers are marketing distinctively feminine golf fashions designed with fuller cuts for ease of movement, and in plenty of soft stripes, solids and pastels.

Expect to see flowers subtly printed on mostly cotton ankle-length pleated skirts. Fashionable split



Golf, and golf's version of high fashion, is the sensation of the '90s

Quick takes

Jumping excellent exercise

By the Los Angeles Times

Do you live in a less-than-ideal neighborhood for walking or jogging? Don't have time to drive your bicycle to a park? Your schedule (or your budget) just won't accommodate an aerobics class or gym membership? Here's an option ... try jumping rope for fitness.

Rope-skipping is ideal for burning fat and for building cardiovascular fitness, agility, coordination and endurance, according to *Self* magazine. In fact, "When you're jumping at a pace of 65 to 145 turns per minute, you can burn up to 200 calories in 15 minutes," says Ken Solis, M.D. "That's equivalent to running a 10-minute mile." Solis, along with Kathleen Hargarten, M.D., and Deborah Solis developed the "Ropes" program, an exercise routine that includes jumping exercises interspersed with nonjumping, low-intensity movements done with the rope. (Instructional videotapes are available for \$24.95 plus \$3 shipping and handling; just call 1-800-252-JUMP.)

If you simply want to incorporate rope skipping into your current fitness routine, trainers suggest substituting three minutes of jumping for any aerobic segment of an exercise video, or doing 5 minutes on a home-exercise machine (bicycle or stair-climber, for example), then 3 minutes of rope-jumping, repeating the cycle four times.

Some rope-jumping safety tips recommended by *Self*:

- Wear aerobic or cross-training shoes.
- Use wrists and forearms, not shoulders, to turn the rope.

Alternate-foot jumping is the most energy-efficient; try not to jump more than an inch off the ground.

Never jump on concrete. "Suspended" wood floors like those in gyms are the ideal surface, but carpeting, asphalt and packed dirt are fine. So, what are you waiting for? Get hopping.

Liquid 'salads' not so bad

OK, so it's a lot easier to throw a can of vegetable juice into your sack lunch than it is to pack a salad. But is that the best way to "eat your greens"?

Maybe, maybe not, according to the U.C. Berkeley Wellness Letter. It depends on the salad. If you're talking about iceberg lettuce topped by a thin slice of tomato and a couple of slices of cucumber, the juice would be the best nutritional choice. A blend of tomatoes, carrots, celery and other vegetables, these beverages typically contain 60 percent of the recommended daily allowance for Vitamin C and nearly half that for beta carotene - substantially more than in an iceberg salad.

But, if your salad has dark greens like spinach or romaine and cut-up vegetables such as carrots, beans, peppers and tomatoes, it will surpass the nutrient value of the juice by far, and give you several grams of fiber, too. Of course, the benefits of eating salads are compromised if you have a tendency to drown them in high-fat dressing, notes the Wellness Letter.

If, for convenience sake, you still choose to have a vegetable juice with your lunch, consider a "no salt added" variety; they have only about 40 milligrams of

• See QUICK on Page B2

Every pregnancy, child different

We reached a family milestone last week when we celebrated our first baby's second birthday. After two years of parenthood and two babies, we now know every pregnancy is different, every child is different.

Paul Daniel arrived May 14, 1988, at 5:02 a.m. - all 9 pounds and 13 ounces of him. I distinctly remember the doctor announcing "it's a boy."

My husband Mark and I were elated. Labor and delivery had lasted seven days, although it felt like seven days to me.

The actual pain of labor didn't bother me as much as not knowing how long it would last. I just wanted the whole thing to be over. Yet knowing exactly how long it would take probably wouldn't have helped because my entire sense of time was altered the moment my water broke.

The passing of seconds, minutes, hours became irrelevant to my body and mind focused on my task. I'd glanced at the clock as I got into bed at the hospital and it was 1:28 a.m. Several contractions later, I decided to check the time again. The clock now read 3:30 a.m. I was shocked.

Baby

Continued from Page B1

tours of the nursery and labor and delivery areas. Doctors address class participants on such matters as postpartum changes, family planning, Cesarean sections and feeding arrangements.

Class participation provides new parents the opportunity to find out what's going to happen during and after the birth process.

"Many women feel so miserable as they approach their due date that they just want to have the pregnancy be over. This acts to calm any anxieties that they might have about the birth experience," said Dr. George Miller, a Twin Falls obstetrician.

And then after the baby arrives, what changes can parents expect?

"For the woman, there may be de-

Larsen

Continued from Page B1

more quickly.

"This is why it becomes harder and harder with each succeeding diet to lose as much weight as fast as you did the first time around."

So, if eating too little isn't the answer to successful weight loss, what is? Both Brody and Callaway agree that the answer is to strike a metabolic balance by exercising regularly and eating enough food every day.

Brody goes further - asking: "How would you like to say good-bye forever to distorted weight-reduction schemes and feelings of deprivation and self-denial and instead leave the table satisfied, invigorated - and slender?"

And, while you're getting more pleasure out of eating, would you also like to reduce your risk of developing heart disease, cancer, diabetes, high blood pressure, and other life-shortening health problems that currently plague so many millions of

Mimi Steffens

Two whole hours had passed, but I thought it more than half an hour had gone by.

Time was different when we came home from the hospital too. It was measured by the last feeding or the last diaper change. No relatives were available to help so Mark and I were on our own. We had no idea what we were doing.

Paul Daniel was an active infant, eating two or three times a night and only napping 45 minutes once or twice a day. Lack of sleep became our biggest problem and the subsequent fatigue blurred the difference between day and night. Fortunately, as Paul Daniel grew, Mark and I grew in our parenting skills and knowledge. We didn't fully understand the purpose of all we'd been through that first year of parenthood until we became parents for the second time three months ago.

Flannery Margaret was born on Feb. 18 at 2:46 a.m. Three hours later, she lay in the neo-natal intensive

pression resulting from the decrease in hormone levels.

"And there is fatigue from the increased work load of the constant demands of caring for a newborn... suggest that the wife and husband get a baby sitter once a week right away to go out and get a break. It's good for the baby as well as the parents," said Miller.

And just how do people manage to make the adjustment to life as a family of three?

Faye and Mark Hayhurst moved from Johnson to Twin Falls last July. Faye was barely two months pregnant. Mark is the assistant pastor at Immanuel Lutheran Church and Faye worked as a CPA at McMullen, McPhee and Co. until two days before their first baby was

Americans?

While you're nodding, Brody presents the kicker - bringing about these conditions means a LIFESTYLE change.

A diet is temporary, she says.

"Something you go on...to go off! And when you go off it, you return to the eating habits that...mean you overweight in the first place.

Slowly, your hard-won losses become unwanted gains, and you're ready to try the next desperation diet."

Eschewing diets as self-defeating, Brody weighs a rule of thumb for any weight-loss schedule:

"Don't go on anything that you're not willing (or able) to stay on forever."

Brody recommends an everyday "diet" - a diet rich in fiber and the complex carbohydrates - potatoes, pasta, bread, rice and other starchy foods - but low in fats and added sugars and moderate in protein. Her aim is to improve your health and to

care unit, struggling for breath while an infection raged through her tiny body. If this sounds dramatic, it was. Her illness was unexpected and terrifying. There were intravenous tubes, wires, oxygen hoods, drugs with long names, monitors, alarms. Unable to hold her, I sat by her side stroking her arm and telling her how much we loved her and about her big brother who waiting for her to come home.

Mark and I realized we would survive this crisis, whatever the outcome, because the joys and challenges of raising Paul Daniel had prepared us. I am happy to report Flannery recovered and we're busy adjusting to life as a family of four. She has been the biggest help of all - taking long naps during the day and sleeping for six to eight hours at night for over a month now. Her bright smile reminds us daily to try to be flexible and to maintain a sense of humor for whatever life offers us next.

Mimi Steffens is a Times-News correspondent.

born. Anna Hayhurst arrived on Jan. 27, 1990, the day before she was due.

"I was very thankful for her timing, because I was ready to have the baby," said Faye Hayhurst.

She and Mark had taken preparation classes at MVRMC and although her initial response was mixed, Faye felt they were helpful overall because she'd never seen a childbirth.

"They tell you all the bad things that could happen and it made me more afraid, yet I understood why they need to give all the possibilities so you'll be prepared in case something does happen," said Faye.

help you achieve and maintain a normal body weight for the rest of your life - without dieting.

Brody's "Good Food Book," which recommends "living the high-carbohydrate way," aids you to gain an appreciation for the value of high-energy, health-promoting starches.

Her book includes chapters on the major starches, such as potatoes and pasta, as well as on fruits, vegetables, nuts, and seeds.

Brody's book also includes chapters on weight control, guidelines on how to restructure eating and exercise habits, and over 350 recipes innovative recipes that put her nutritional principles to work.

The key to permanent weight control, Brody says, "is not a lifetime of deprivation and self-denial, of eating awful tasting and worse-looking foods, of alternately bingeing and starving, of measuring, weighing, and counting everything you put in your mouth, or of swallowing pills,

Look

Continued from Page B1

skirts and walking shorts, and a variety of pastel and striped shirts.

Clothes buyers seeking less basic and more fun

Basic wardrobe - filled with black, white, navy, ivory and red - makes getting dressed every day easy, efficient, convenient.

And buying

Quick

Continued from Page B1

sodium per 6-ounce serving, compared to about 600 milligrams in the regular juices.

Women, alcohol don't mix like men, alcohol do

There is a lot of anecdotal evidence that women can't "hold their liquor" as well as men. But while most of us probably intuitively at-

Mark and Faye said they have not experienced any dramatic shifts in their lifestyle.

"It's very natural to have her home. I was mostly surprised at how tired I was and I wasn't prepared for that," said Faye.

And now, with almost four months of parenting experience, how are the Hayhursts handling things?

"I'd like to get more organized. Just to go out and run errands-takes a lot more planning.

"Should I bring the stroller or carry her? In spite of the work, having Anna has been very positive," said Faye.

potions, formulas, or fiber supplements.

Nor is it a matter of sweating, massaging, or having your fat sucked out surgically or 'dissolved' by magical enzymes.

"Rather," she says, "it is learning to eat three or more sensible meals a day, with wholesome snacks and occasional no-nos and plenty of satisfying complex carbohydrates, and making exercise as routine a part of your life as brushing your teeth."

Why go for a lifestyle change? Because you're better off. And you'll live longer and wealthier.

Stresses Brody: One by one, leading experts on the nation's serious diseases are recommending a diet rich in fiber and complex carbohydrates as the most health-promoting.

JoAnn Larsen is a Salt Lake City family and marital counselor. Her column appears every Monday in The Times-News.

For day-in, day-out work dressing, nothing beats a simple-to-put-together wardrobe, but "more and more, designers say their customers are asking for off-duty clothes that are less basic and more fun.

But head-to-toe bright doesn't mean monochromatic. Mixing and matching, for even more eye-popping effect, is the way to go this spring.

For those who feel daring, these tips will help determine the "right" clothes.

Room

Continued from Page B1

Some changing tables are designed to convert into a desk. Most manufacturers also offer a headboard to match their dressers and cabinets. When baby outgrows the crib, just add a box spring and mattress. Some cribs adjust into youth beds or trundle beds, too.

Don't forget a comfortable chair for mother, advises Lowery. "It helps with the rocking, reading, nursing and feeding," she said.

Furniture may be one thing, but once babies begin to focus, they spend a lot of time laying in the crib looking around the room. Make the room pleasant and stimulating. While some parents prefer pastels,

hydrogenase - that breaks down alcohol in the stomach before it has a chance to enter the bloodstream.

According to the Tufts University Diet & Nutrition Letter, researchers have found that, compared to men, women have only about half as much of an enzyme - alcohol de-

Room

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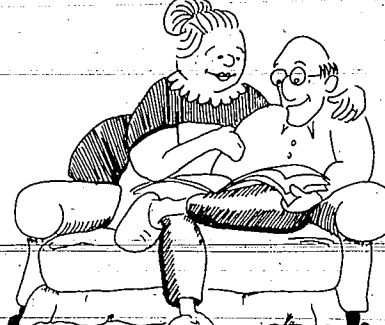
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Studies show spermicide may increase bladder, yeast infections

LOS ANGELES (AP) — Nonoxonyl-9, the spermicide touted for its ability to prevent the spread of AIDS and other sexually transmitted diseases, may increase the risk of bladder and yeast infections in women, new studies show.

Some women should consider switching to other forms of birth control, but only if they are in a relationship that puts them at low risk of catching AIDS, chlamydia, gonorrhea or other venereal diseases, researchers said.

"Nonoxonyl-9 is an extremely effective agent against many sexually transmitted diseases, as McGroarty said, said Jackie McGroarty, a clinical gynecologist at Toronto General Hospital.

"We wouldn't recommend people discontinue use of spermicide unless they are suffering recurrent bladder or yeast infections and are currently in a stable, monogamous relationship."

If women who suffer infections when using spermicides or diaphragms want to use those contraceptives, they can get antibiotic treatment for the infections, said Dr. Thomas Hooton, of the University of Washington's Harborview Medical Center in Seattle.

Bladder and yeast infections cause discomfort, but aren't dangerous compared with sexually transmitted diseases or unwanted pregnancy, McGroarty said. Birth control pills previously have been linked to yeast

infections. McGroarty presented her findings in Anaheim, Calif., during the American Society for Microbiology's annual meeting. Two related studies by Hooton have been submitted for publication in medical journals.

The studies are the first to link bladder and yeast infections to nonoxonyl-9 even when the spermicide — found in most spermicidal jellies, foams and creams — is used without a diaphragm, vaginal sponge or condom, Hooton said. Some condoms are packaged with nonoxonyl-9.

There are studies that show women who use diaphragms and sponges are at higher risk of urinary

tract (bladder) infections," said Dr. Amy Pollack, associate medical director of the Planned Parenthood Federation of America. "However, the spermicide is generally considered antimicrobial. Therefore the presumption has been it's the barrier method (diaphragm or sponge) itself, not the spermicide, that's the problem."

Pollack said she hadn't seen the new studies, but "what she (McGroarty) is saying makes sense."

Physician Barbara regulatory affairs manager for spermicide-maker Schmid Laboratories Inc., said she was surprised by the studies and hadn't seen them.

"We definitely will be taking a look," she said by phone from Little Falls, N.J.

Representatives of other spermicide manufacturers said they were unable to offer immediate comment on the studies.

McGroarty grew yeast and E. coli — the bacteria responsible for most bladder infections — in the laboratory with nonoxonyl-9 and the kind of cells that line the vagina and urethra, or urine tube.

In the presence of nonoxonyl-9, the yeast and bacteria underwent changes that made them stick to the cells in greater numbers, suggesting the spermicide helps the microbes colonize the vaginal and urinary tract.

McGroarty also found nonoxonyl-9 killed lactobacilli, harmless bacteria that naturally grow in the vagina to protect against infections.

Hooton said his studies suggest nonoxonyl-9 can trigger infections independent of any contribution by diaphragms, which may spur infections directly or simply by holding spermicide in the vagina. Hooton's studies, which involved 130 women, found those who used spermicides alone or with diaphragms or condoms were more likely than other women to develop infections or to have high levels of E. coli bacteria.

Bladder infection, or cystitis, occurs when bacteria travel up the urethra to the bladder. Yeast infections are vaginal overgrowths of the fungus Candida albicans. Both cause burning or stinging during urination and a frequent urge to urinate.

New study shows altitude sickness widespread at ski resorts

KEYSTONE, Colo. (AP) — Altitude sickness afflicts one of four visitors to Colorado's mountains. Its effects range from nausea and headaches to death, according to a study under way at this Rocky Mountain resort.

One victim was Howard Shapiro, a 40-year-old New York City lawyer. He flew out of Newark, N.J., on a Monday morning in February, arrived in Denver about noon and drove to this ski resort at about 9,300 feet altitude.

Shapiro became very dizzy, lightheaded. At the onset I was short of breath, but that seemed to abate pretty quickly. The headache went from mild to severe ... and then the constant vomiting," Shapiro said. "At some point in time lying seemed the lesser of two evils," he said.

In the morning, at the resort's Snake River Health Center, he was asked to participate in an

experimental program. He was placed in a red Gamow bag, which resembles a backpack's tube tent. Air pressure in the bag is increased.

"We take him down to higher pressure and lower altitude. It's a simulated drop from Keystone's 9,300 feet to about 4,300 feet," said University of Colorado graduate student Jim Kasic, who is involved in the study by the Colorado Altitude Research Institute based at the clinic.

In two hours, Shapiro could eat and drink again.

Bengtke Jaurin, 35, a microbiologist from Umea, Sweden, complained of the same symptoms after arriving at Frisco, altitude 9,036 feet. He went to his room and was found dead the next morning, Jan. 19. An autopsy showed he died of respiratory failure due to high altitude pulmonary edema, an abnormal accumulation of fluid in the lungs.

"The problem involves dozens of millions of people — 13 million visitors to Colorado alone each year," said Dr. Charles Houston, founder of the institute.

Altitude sickness has been found to afflict 23 percent of those surveyed so far at the clinic, he said.

"It doesn't mean they're incapacitated," said Houston, of Burlington, Vt. "But with simple measures, we think we can stop at least a dozen preventable deaths a year from altitude sickness in Colorado. Make that 12 to 20 deaths that are preventable," Houston said.

The institute's study, staffed by graduate students and supervised by doctor-board members of the nonprofit Snake River Health Clinic, began last June. About 1,700 adults and teen-agers have been interviewed at Keystone ski resort so far.

"No one has looked at the 8,000- to 10,000-foot level and Mr. and

Mrs. Joe Public, how well or how poorly they tolerate altitude, particularly if they have heart or lung disease," Houston said.

He says losses to the state's ski industry due to high-altitude sickness approach \$55 million a season.

Cathy Kruzic, spokeswoman for Colorado Ski Country USA, said the figures would be hard to verify. She asked chief executive officers from the state's ski areas about the estimates during a recent meeting. "They were extremely surprised by that figure and would certainly want additional information to qualify those numbers because it's not something that has been of major concern in terms of lost revenues to the areas," Kruzic said.

Houston, 76, began research on altitude while a mountain climber in the Himalayas in the 1930s and 1940s and while with the Navy's air arm during World War II.

Houston said altitude sickness is a mixture of problems that often occur together:

- Acute Mountain Sickness, which includes headache, nausea, vomiting, shortness of breath, fatigue and sleep disturbance.
- High Altitude Pulmonary Edema, water accumulation in the lungs that can be fatal.
- High Altitude Cerebral Edema,

in which water accumulates on the brain. It also can be fatal.

Symptoms can be treated with medication, but the disease can be prevented, Houston said.

"Prevention is to take a couple of days to get here, spend a couple days in Denver (at mid-to-high altitude) and then come on up here" to 9,300 feet, he said.

Physical exams cut risk of dying while running

NEW YORK (AP) — Walter R. Niles was 60 years old, in apparent good health, and had run 12 marathons. Richard Hough, 47, was in good shape, had run three marathons, and had trained thoroughly for the Pittsburgh Marathon on May 6.

Both men entered the race and should have completed it easily. Neither did. Six miles before the finish, Hough collapsed; he was taken to hospital, where he died. A mile before the finish, Niles, too, collapsed and died.

"I don't understand this," Hough's former wife, Bootsie, said. He was totally prepared. He never drank, never smoked and was never sick.

What happened? In as many as 98 percent of such cases, autopsies show that the victims had severe coronary artery disease, although they might not have known it.

That is, the coronary arteries that supply the heart muscle were narrowed to the point where their hearts were starved for blood — and oxygen.

"People can complete marathons without symptoms, can be age-group record-holders in their events, and still have serious coronary artery disease," said Steven Van Camp, a cardiologist in San Diego and vice-president for medicine of the American College of Sports Medicine.

At a recent New England championship track meet in Providence, R.I., for example, a 57-year-old man won the 3,000-meter race, set a New England record, walked up to the awards ceremony and dropped dead.

Regular exercise sharply cuts the risk of heart disease, but it isn't a guarantee, Van Camp said. To be sure they aren't at risk of sudden death while exercising, runners over 30 should have a physical examination, Van Camp said.

Exercise doesn't produce chest pains. "It's most frequently described as discomfort, a tightness, a funny feeling," Thompson said.

His studies have shown that the death rate in people running is seven

times that of people at rest, Thompson said. "While you're doing it, exercise increases your risk," but "nearly every study suggests that exercise prevents heart disease."

The death rate among runners still is rare. "Among people thought to be healthy, we found one death in 15,620 individuals per year," he said. The study was done with men 30 to 65 years old.

One of the runners who died in the Pittsburgh Marathon was found to have had severe coronary artery disease.

Results of an autopsy on the other one were inconclusive, with no clear sign of coronary artery disease.

"Every once in a while, you see cases like the one in Pittsburgh in

which the autopsy is said to be normal," Thompson said. "What happens then? We're not certain."

The cause could be a slight malformation in which the coronary arteries seem to come off of the heart at an odd angle, Thompson said.

"Or it could be an inflammation of heart muscle, perhaps from something as innocent as influenza."

"I tell people if they've got the flu, especially with muscle aches, they shouldn't be exercising," Thompson said.

Van Camp said that running deaths, usually described in news accounts as heart attacks, are actually caused by heart-rhythm abnormalities. "It's electrical chaos rather than the synchronized

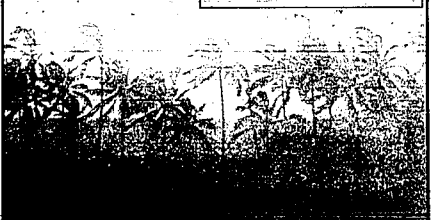
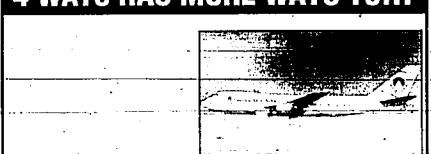
electrical stimulation of the heart."

Perhaps the most well-known case of exercise-related death was that of Jim Fixx, the author and running enthusiast who died while running in 1984. It turned out that he had underlying coronary artery disease.

If he had had a physical examination, he might be alive and running, Van Camp said.

"His disease almost certainly would have been detected. He would have been a good candidate for bypass surgery," Van Camp said, and probably would have written a book on coming back from heart disease.

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Too many adults forget that playing can be fun, beneficial

By the Los Angeles Times

Too many adults tend to forget the joys and unbridled exuberance of being a child and what it's like to run and jump for the sheer pleasure that comes from movement.

The next time you walk by a playground or pass a ball field, stop for a moment and simply observe the children playing. You'll notice right away that the air is filled with a kind of non-stop laughter as the children whoop and chase each other, skip rope, try to touch the clouds with their feet as they use the swings, play tag or kick a ball around. They're free spirits and certainly enjoying themselves.

Their play is unstructured-with no rigid order or complicated rules to govern their fun activities. Games break out at a moment's notice, with everyone invited to participate.

Look to children at play, says Steve Brooks, and you'll see high levels of endurance, flexibility and good body weight. You'll also notice plenty of happiness.

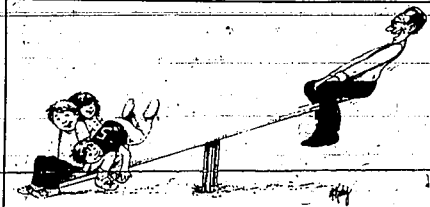
"It's the essence of good living at its best," he says. According to Brooks, for adults to rekindle these same emotions, one has to act like a re-born child when it comes time to play.

Daily movement is good for everyone, says Brooks, 48, a former tennis pro and elementary school teacher, now a nutritionist and health educator based in Creswell, Ore. Brooks contends that too many people make exercise "adult" or ultra-serious, turning what should be fun into something that becomes a joyless obsession or a burdensome duty that has to be performed for a mandatory 20-30 minutes a day, three to four times a week.

While many adults may be exercising regularly because they want to keep their bodies functioning as best as possible, Brooks is reluctant to define their exercise as good living. And that's because what they do is so lacking in joy. Not having fun is one of the reasons, Brooks says, that so many people begin an exercise program, only to stop after a few tries.

"If adults could only make simple childhood routines an important part of their life, they'd give up boring activities such as regimented exercise and dieting," he says. "Unfortunately, as we get older, we get into adult behavior."

"If you exercise, many adults go 'round and 'round on a running track with grim looks on their faces. They follow the same routine day



Health and Fitness News Service

after day. Children would never do that. They'd skip and hop. They'd go the opposite way on a track zigging and zagging as they went. They'd take time off to hop on a bench to balance themselves on the edge.

"Children are active and inventive with their activities," notes Brooks, because they want to have fun. He sees that the adult goal also should be to have fun during their active moments, letting childhood joys bubble up to the surface.

"One of the easiest ways to do this," he says, "is to vary your exercise activities in order to keep them interesting. Don't be afraid of what people may think if you skip instead of run, or if you do wheelies on your bike instead of just riding a straight-line. With the increased enjoyment that you'll get from this un disciplined, child-like movement will come renewed fitness and good

consequences of the disease. Experts from the International Society on Hypertension in Blacks said the government would spend less money helping people control their hypertension than it already does paying the bills of patients who suffer strokes and kidney failure

On a physiological basis, developing high levels of endurance for the heart and lungs is the most important component of general physical fitness. Children build this endurance quite naturally through their fun-filled play.

During the course of an hour-long game, it's not uncommon for children to run three miles or more. After a typical day of play, it's not unusual for a healthy child to have covered a distance of 10 miles peppered with pauses, stops and starts. Brooks knows this because he attached pedometers to children at play over a 10-year period to study their activities.

Sedentary adults may not have an interest in playing tag, keep away, kick ball or in climbing trees, but they can certainly build their endurance through a simple adult-play-activity that costs no money

Simple steps can add the enjoyment of life

Establish a harmonious rhythm in living. Go to bed when you are tired. Get up when you are awake. Take the time to sit in the sun. Avoid taking on more work or responsibility than you can reasonably handle. Practice deep breathing. Do your own practical things. Work on the things that give you pleasure. Take a long, relaxing walk in the park. Know flowers and trees, insects and birds.

and can be performed well into their later years. It's called walking. "Walking is one of life's greatest pleasures and the cornerstone for good living," says Brooks. "But most adults have gotten out of the habit of walking. They walk perhaps as far as their cars, but that's it. If they'd only park their car a half-mile from their job and start to walk, it would give them back so much in return. "Walking is extremely relaxing," Brooks goes on. "To do it best, walk tall. Take long steps as you go. Breathe in deeply and take in big doses of Vitamin O, oxygen. Enjoy yourself as you move. "Forget about the time, your bills and your problems."

To do for you



Childbirth refresher class set today

TWIN FALLS — A prepared childbirth refresher class for persons who have previously taken a prepared childbirth course will be from 7 to 9 p.m. today at the Magic Valley Regional Medical Center in the Women's Health and Education Center conference room, second floor. Childbirth preparation and medical center procedures will be reviewed. A film, a discussion on sibling adjustment and a tour of the labor/delivery unit will be included. The fee is \$5 and participants must re-register by calling the Women's Health and Education Center at 737-2900, weekdays between 9 a.m. and 4 p.m.

Breast clinic Thursday in Richfield

RICHFIELD — A special breast self-exam discussion and clinic will be from 7 to 9 p.m. Thursday for Lincoln County residents at the LDS Church in Richfield. This free clinic is open to all women, by reservation only. Call 886-7663 by Tuesday and leave a message to reserve an examination time.

Jerome recreation programs slated

JEROME — The following programs will be sponsored by the Jerome Recreation District and will begin on the dates specified or when a minimum of 10 participants have registered. For registration information, call 324-3589 or stop by the Jerome Recreation District at 229 E. First Ave. An early summer session of Early Morning Aerobics will begin at 6 a.m. Tuesday or when 10 have registered at the Jerome Recreation District. Louise Slater will be the instructor and the fee is \$20 for a six-week session. Classes are held on Tuesday, Wednesday and Friday.

A girls' softball coaches and umpires clinic will be from 6 to 8 p.m. Tuesday at the Spears Recreation Center. Gary Mitchell will instruct the clinic. All girls' softball coaches and those who are planning to umpire girls' softball during the 1990 season are invited to attend.

A baseball coaches clinic will be from 6:30 to 8:30 p.m. May Thursday at Gayle Forsyth Park. Curt Bartholomew will instruct this clinic for all Junior League and Pee Wee League boys' baseball teams. Anyone who is planning to umpire or coach these games is invited to attend this free clinic.

To Do for You is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to The Times-News, P.O. Box 548, Twin Falls, 83303, or deliver to our office at 132 Third St. W.

Hypertension experts want government to pay

By The Baltimore Sun

A society of hypertension experts issued a "manifesto" calling on the federal government to help low-income people pay for blood pressure medication, drugs needed to fend off crippling and often fatal

consequences of the disease.

Experts from the International Society on Hypertension in Blacks said the government would spend less money helping people control their hypertension than it already does paying the bills of patients who suffer strokes and kidney failure

from uncontrolled hypertension.

"We think health care is a right and not a privilege, and this is both a morally correct and cost-efficient way to prevent strokes and kidney failure," Dr. Susan Steigerwalt, a kidney specialist with the Henry Ford Hospital in Detroit, said in a telephone interview.

Hundreds of scientists gathered last week at the society's annual conference in Long Beach to trade theories on why hypertension strikes blacks at a disproportionate rate and on how best to prevent and treat it.

Hypertension afflicts blacks 1 1/2 to two times more frequently than whites.

Mother-daughter weekend set

TWIN FALLS — A weekend workshop for women and their daughters is set for June 8 through June 10 at a camp retreat in the South Hills.

Facilitators Joan Dalton-Boyd, M.A. and Judy McAllister, M.S.W. from The Relationship Place in Twin Falls will guide the group in opening communications, healing relationships, releasing expectations and strengthening friendship bonds.

This workshop is limited to 10 mothers and 10 daughters. The deadline for early registration is May 30. Early tuition is \$125 per

couple with a \$25 non-fundable deposit to ensure participation. Tuition received after the deadline is \$135 per couple.

For more information or arrangements, call The Relationship Place at 733-2044, weekdays between 9 a.m. and 1 p.m.

Clinic hours change

TWIN FALLS — The Twin Falls office of the health department, 324 Second St. E., will be changing hours for the immunization clinics starting June 1. Wednesday morning hours will be eliminated and Thursday morning hours will begin.

The hours are as follows: First and third Wednesdays: 1 to 6:30 p.m.

Second and fourth Wednesdays: 1 to 4 p.m. Every Thursday: 9 to 11:30 a.m.

VOTE MAY 22 TO RE-ELECT JOHN J. WURST

The Republican INCUMBENT Jepoma County ASSESSOR

Paint: John Wurst

Fly To ALASKA This Summer!

Round Trip Airfare
Salt Lake City to Anchorage

Fares Start At **\$379**

Some restrictions apply. Travel now through early September.

For information on other dates and destinations, Call June, Terri, Gail, Julie or MarJean Today

DESERT SUN TRAVELS
1063 Blue Lakes Blvd., Twin Falls • 734-9486

Magic Valley Regional Medical Center Prescription for Good Health

- Free Breast Screening Educational Program.** By Appointment Only. Call 737-2900. Learn how to perform your own breast examination. You may schedule a mammogram (\$68) following your appointment.
- Parent Refresher—Childbirth* Monday, May 21, 7-9 p.m., 2nd floor conference room.** Single class for those who have previously taken a prepared childbirth course. Fee: \$5. Pre-register by calling 737-2900.
- Community CPR Course* May 21 & 23, 4-7 p.m., 3rd south conference room.** Two-session course. Fee: \$10. For recertification, only 2nd session required. \$5 fee. Call 737-2007 to register.
- Grand Rounds: "Cost Effective Management of Pneumonia in the COPD Patient" * Tues., May 22, 7:30-8:30 a.m., 2nd floor conference room.** By John Pullman, M.D., Internal Disease Specialist from Butte, Montana. Designated for 1 hour CME credit. Interested health care professionals welcome to attend. Call 737-2007 for information.
- Baby-sitter Certification Classes** coming this summer — starting in June. Watch for details.
- Western Days Parade June 2*** Watch for the MVRMC float celebrating the opening of the Southern Idaho Regional Cancer Center.
- HEALTH FAIR COMING! Saturday, June 30.** Health profile blood drawings May 9-23, weekdays only, 7-10 a.m., MVRMC Lab. Includes 8 tests (creatinine, glucose, uric acid, hemoglobin, hematocrit, cholesterol, HDL, triglycerides) for \$10. Fasting required. (12 hours no food, water only). Results available at educational session June 6, 7-9 p.m., 2nd floor conference room (or request results mailed to you). No blood drawings on the day of the Health Fair June 30.

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Reba Davis
Customer Service Representative

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Hours:
Monday - Friday: 5:30 am - 7:00 pm
Saturday: 5:30 am - Noon
Sunday: 5:30 am - 10 am

Comics

THE FAR SIDE



Punk accountants

BLONDIE



DAGWOOD MY BOY

BOSS AIN'T U NOW U ANYHTY U COULD BE B

THIS IS THE EARLIEST THAT YOU'VE EVER BEEN LATE

DONESERBURY



GUESS IT'S A LITTLE SOME-TINGS BY THE BOAZ BOYS

PET SOUNDS ON CD! THEY DID IT! THEY FINALLY RELEASED THINGS ENOUGH TO HEAR THE SOUNDS ON CD!

TWO EXTRA CUTS? I LOVE IT! I DON'T LOVE LINDS TAKING THE DINO AND GOING TO HEAVEN!

IN FACT, AMHARRB YOU'VE KNOWS HERE! YES! YES! YES! YES! YES! YES! YES!

BETTE BAILEY



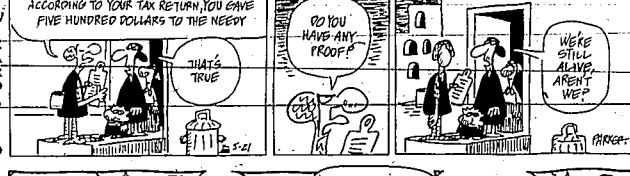
WANT TO JOIN THE PHOTO CLUB, BEETLE?

NO, THANKS, SIR, I'VE JOINED TOO MANY ALREADY

LIKE WHAT?

THE ARMY

WARD ID



ACCORDING TO YOUR TAX RETURN, YOU HAVE FIVE HUNDRED DOLLARS TO THE NEEDY

DO YOU HAVE ANY PROOF?

WE'RE STILL AWAY, AREN'T WE?

BORN LOSER



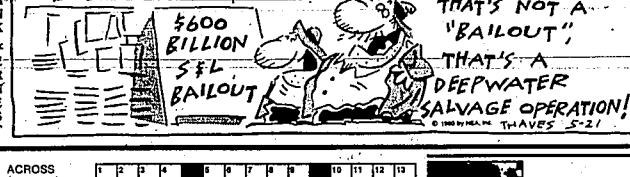
THIS IS CERTAINLY A PRETTY CESS!

THANK YOU, IT'S A SHERATON

I BEG YOUR PARDON?

I'VE HEARD OF TAKING TOWELS AND SOAP, BUT HOW'D YOU GET THIS OUT OF THE HOTEL?

FRANK & ERNEST



NEWS

\$600 BILLION S&L BAILOUT

600 BILLION?! --- THAT'S NOT A "BAILOUT" THAT'S A DEEPWATER SALVAGE OPERATION!

ACROSS

- 1 Appeared
- 5 Actress Day
- 10 Riders' payment
- 14 October gem
- 15 Stale a view
- 16 Walking
- 17 Continent
- 18 Intellectual's org.
- 19 Machine
- 20 Enticing
- 22 Meet from a shop
- 24 Without
- 25 Flat-topped elevation
- 26 Cause delay
- 29 Plant stand
- 33 Neither's companion
- 34 Flower petal
- 36 Charles' wife
- 37 Waterfalls
- 39 Hardship
- 41 Come to earth
- 42 Titles
- 43 Walking sticks
- 44 Vex-causing
- 45 Mouth to together
- 46 Lumber
- 51 Lease
- 52 Red items
- 53 Receive
- 56 Baseball glove
- 58 Gauche's weapon
- 61 Accim
- 62 Rill
- 64 Woe is moi
- 65 Rope loop
- 66 Ball of yarn
- 67 Gentle person
- 68 Played (with)
- 69 Golf items

7A	8	9	10	11	12	13
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70	71	72	73	74	75	76

SYDNEY OMARR

DOWN

- 1 Outer garment
- 2 Church part
- 3 Injure as time
- 4 Rule over
- 5 Begins
- 6 Phone sound
- 7 Those selected
- 8 All rights reserved
- 9 Sliced together
- 10 Disney movie
- 11 Lean against
- 12 Renovate
- 13 First garden
- 14 Young boys
- 15 Exploited
- 16 Honeydew
- 17 Silly
- 18 Enu for Aesop
- 19 Boot grade
- 20 Irregular person
- 21 Claw
- 22 Old-manish
- 23 It another
- 24 Lace type
- 25 Stage
- 26 Blind as
- 27 53 Blind as
- 28 54 Cannon drink
- 29 55 Close-mouthed one
- 30 48 Determined
- 31 50 View
- 32 52 Stage
- 33 53 Blind as
- 34 54 Cannon drink
- 35 55 Close-mouthed one
- 36 56 Woary by
- 37 57 Not working
- 38 58 Molding
- 39 59 TV fare
- 40 62 Dove's call

ASTROLOGICAL FORECASTS

IF MAY 21 IS YOUR BIRTHDAY: Your lifestyle undergoes transformation in June. You could temporarily be away from home base. Current cycle involves travel, communication, testing of relationship. You'll say to yourself, "This could really be the beginning of the end!" Gemini, Sagittarius persons are drawn to you. You have excellent sense of humor, possess intellectual curiosity.

ARIES (March 21-April 19): Sun shines bright for you this Monday. Past obligations, pressures can be pushed aside. Focus on new start, innovations, accurate timing. You'll feel lively, vigorous and "in love."

TAURUS (April 20-May 20): You asked for "quick action" and it is here-and-now. What has been similar to confinement is transformed into open-door policy. You'll have greater freedom of thought, action. Aquarian plays role.

GEMINI (May 21-June 20): You'll say, "This appears to be one of the liveliest Mondays I've experienced!" Focus on accelerated social activity, trips, visits, messages. Major wish will become reality. Communication!

CANCER (June 21-July 22): Remodel, design, reinforce structure. You'll be dealing with people who request facts, figures. Check accounting procedures. Spotlight on business, career, public reputation.

LEO (July 23-Aug. 22): Request is fulfilled despite delay that you equate with defeat. Emphasis on written word, special communication, invitation that includes travel. Gemini, Virgo, Sagittarius persons involved.



DO YOU EVER TRY TO IMAGINE WHAT YOUR DREAM GIRL WOULD LOOK LIKE?

SHE'D HAVE ROUND EARS LIKE TWO COOKIES, BIG EYES LIKE TWO MORE COOKIES AND A NOSE LIKE A COOKIE

TIME TO WATER THE OIL LAWN

YANK!

GARFIELD



WH-O! WH-O! WH-O!

MY DEODORANT JUST GAVE OUT!



YOU'RE NOT GOING TO THE CHUCKS PLAY LIKE THAT! WHAT IF MY FRIENDS SEE YOU?!

WHAT'S WRONG?

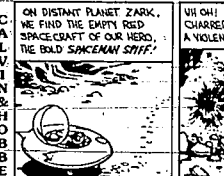
LOOK, I THINK I CAN HELP YOU TIGHTEN UP AND SEE WHAT YOU THINK



ON DIETARY PLAN ZARK, WE FIND THE EMPTIEST SPACE CRAFT OF OUR NERD, THE BOLD SACKENAW STIFF!

WH OH! UP AHEAD, THE ROCKS ARE CHARGED WITH DEATH RAY BLASTS! A VIOLENT STRUGGLE TOOK PLACE HERE!

AND ONLY THE TRACKS OF A LARGE, SINISTER ALIEN LEAVE THE SCENE! WHAT HAS HAPPENED TO THE EARTHLING EXPLORER?



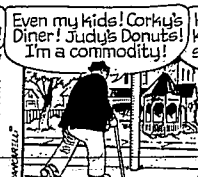
EVERYWHERE I SHOP OR EAT, MY NAME'S AN ENDORSEMENT!

EVEN MY KIDS! CORKY'S DINER! JUDY'S DONUTS! I'M A COMMODITY!

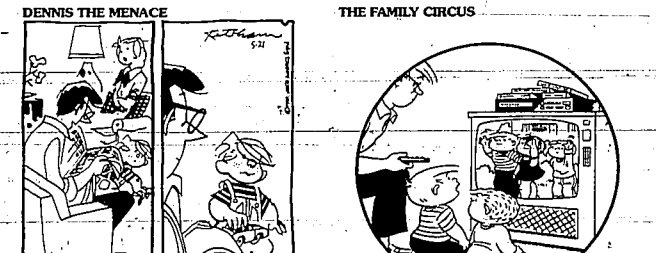
HMM! TOO BAD SKEEZIX DOESN'T KNOW HOW TO REPAIR FLYING SAUCERS AT HIS GARAGE!



DENNIS THE MENACE



THE FAMILY CIRCUS



"SEE WHERE THE AMVOR GOT CAUGHT WITH HIS HAND IN THE COOKIE JAR!"

"DID HIS MOM MAKE HIM SIT IN THE CORNER?"

"Our home videos will never win any money."



L.M. BOYD
What's hot

It's an historical fact that Indian tribes around the Great Lakes fought many a war over control of places where wild rice grew.

Beaver dinner?

What you've never heard of domesticated beavers? The French once raised them. To eat.

Although wood mechanics loathe cliches, people in general don't. The most popular game show on television — "Wheel of Fortune" — is built entirely of cliches.

Beaver dinner?

Our language nuth cleans up clie dialogue for mystery stories. Example: Inspector — "How did you know this room has been kept dark all winter?" Sherlock — "The goldfish are white."

In Singapore, you can be fined the equivalent of \$150 for leaving a public restroom toilet unflushed.

DREAMS
Forty-year-old women, more so than those of any other age, dream about sex, according to the sleep researchers. Curious bunch, those researchers. They surveyed both men and women, but

You can get 700 grocery bags out of a 20-year-old tree. And then what've you got?

POCKET CASH
Sir, do you habitually carry out of \$145 in your pocket? Don't answer, it's your business. But that's how much cash researchers say the average man packs daily. Average woman, they insist, they know carries about half that much. Well, maybe they know.

There are dentists, I'm told, who think you ought to replace your toothbrush every two weeks.

Disputes over Shakespeare's words are becoming a habit

DEAR ABBY: Fools rush in! In second-guessing Shakespeare, you should not be so quick to give credence to a high school student's English teacher. Most serious Shakespeare scholars now agree that, in Hamlet, "nunnery" means a convent or cloister.

It was not until 1936 that Dover Wilson, in his "What Happens in Hamlet," first suggested that it meant a brothel, along with other silly notions, most of them Freudian.



Abigail VanBuren
Dear Abby

Such interpretation became fashionable for a while (Laurence Olivier gave it acceptability) but it has largely faded. Although there was some use of

the word "nunnery" in Elizabethan England as a brothel, such use was not extant. Moreover, no one can rationally read this scene without concluding that Hamlet, in urging Ophelia thither, is crudely suggesting that only in such a place can she hope to escape the evil machinations of man and the vile institution of marriage, which has so despoiled his mother. He can hardly be meant to do this.

Isaac Asimov, in adopting the conventional meaning, offers another suggestion: "But is it Ophelia he plans to send to a nunnery, or is it his mother, Queen Gertrude?" (Remember that Edward the Confessor sent his mother, Emma, to a nunnery once he had gained the throne.)

Be assured that, for every opinion

of Shakespeare, there is another to the opposite, and hundreds in between. And just because this genius was much given to the bawdy does not mean we should go out of our way to give his every word that twist.

— WILL BAKER, YAKIMA, WASH.

DEAR MR. BAKER: Whatever did we do before the facts were fixed in a matter of minutes?

According to Warren Seid of the Frances Howard Goldwyn Hollywood Regional Library in Los Angeles: "There were two meanings of the word 'nunnery' in Shakespeare's time. Noting his use of puns, and the nature of the character who is being addressed, it becomes clear that Hamlet is telling

Ophelia to go to a nunnery where personalities of note can get 'favours' from the inhabitants. It is there that he can go to breed sinners."

A page from the Oxford English Dictionary (2nd Edition, Volume X) shows under the word "nunnery": 1) A place of residence for a body or community of nuns, a building in which nuns live under religious rule and discipline; a convent. 2) A house of ill fame.

Ah! So, there is, indeed, a question about what Hamlet meant in his speech to Ophelia. I rest my case.

DEAR ABBY: Your suggestion that telephone operators eliminate the "ma'ams" and "sirs" to avoid mistakes is a good one.

If the woman sounds like a man, she should give up her four-pack-a-day habit. And if the man sounds like a woman, lifting barbells might help.

— VIVIAN GROW IN PALM SPRINGS

Don't put off writing thank-you notes, letters of sympathy, etc., because you don't know what to say. Get Abby's booklet, "How to Write Letters for All Occasions." Send a long, business-size, self-addressed envelope, plus check or money order for \$3.95 (\$4.50 in Canada) to: Dear Abby, Letter Booklet, P.O. Box 447, Mount Morris, Ill. 61054. (Postage is included.)

New study finds diet doesn't prevent jet lag

Boston Globe

NEW YORK — If travelers headed for Europe this summer hope to beat jet lag by using a widely publicized diet plan, they may well be disappointed, according to a new study.

In an experiment funded by the Pentagon, a diet recommended in the 1986 book "Overcoming Jet

Lag" failed to help volunteers on a simulated New York-to-Paris flight adjust to the new time zone, a researcher said.

If anything, the individuals who followed the regimen slept less well during the "flight" than those who ate their normal diet, said Margaret L. Moline of the New York Hospital-Cornell Medical Center.

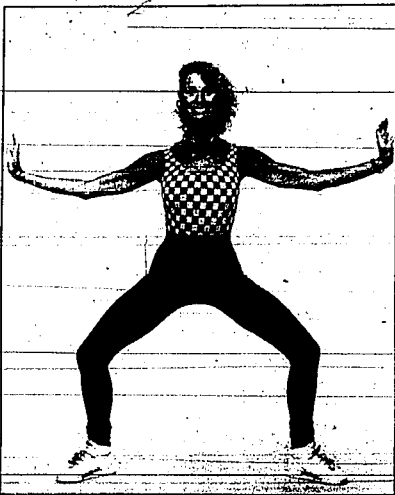
Crossing time zones disturbs

biological rhythms governed by light and darkness, so that travelers often are plagued by fatigue, depression and other complaints, lying awake when everyone else is sleeping and dozing off while sightseeing.

One of the more popular ideas was proposed in "Overcoming Jet Lag" by Charles F. Ehret and Lynne W. Scanlon. Moline, a researcher at the New York Hospital-Cornell

Institute of Chronobiology, said the regimen has been widely publicized, and at least one airline offers meals based on it.

For travel to Europe, the plan calls for a five-day diet, starting four days before the trip, of high-protein breakfasts and lunches, and high-carbohydrate dinners, with alternating days of feasting and low-calorie meals.



L.A. Times photo

This simple aerobic hopping exercise can be part of your workout

Are you burning fat?

Many exercisers are under the impression that the best way to lose weight is to exercise at a low intensity, since supposedly "low-intensity exercise burns more fat."

(Low-intensity exercise is any activity performed that brings your heart rate level 50 to 60 percent of its maximum. Higher intensity exercise will bring your heart rate 70 to 90 percent of maximum.)

But that's only half the truth. The whole truth is, if the exercise intensity is lowered, then the duration (length) of the exercise session must be significantly increased if weight loss is your goal.

Burning fat provides your body with energy to perform activities, just like burning carbohydrates does. Both fuel sources are used simultaneously, but in different proportions, depending on the duration and intensity of your activity, as well as your fitness level. Neither fuel source is better or worse than the other.

The best is to work out at the best of your capabilities for the time you're able to devote to your exercise session. The pace you're able to maintain easily for 45 minutes. The focus on your weight-loss exercise plan should be on total calories burned. This may be accomplished by exercising aerobically at a low intensity for a longer period of time (40 minutes or longer), or at a higher intensity for a shorter

Bodylesson

period of time (20-40 minutes)

This doesn't mean "hop 'til you drop," or "no pain, no gain." Every individual must gradually increase the duration, intensity and/or frequency of workouts.

You can include the following movements in your aerobic workout. It will work the large muscle groups of the body. Aerobic exercise can provide cardiovascular improvements when performed three to five times per week for a minimum of 20 minutes each time.

- Hop onto both feet with feet wide apart. Land with both knees slightly bent, toes pointed outward. Let the bending motion serve as a shock absorber. You have the option of extending your arms sideways so they follow the motion of your legs.

- Next, hop on both feet again, but this time bring your feet together. Be sure to land gently and allow your knees to bend slightly. If adding the arm movements, bring your arms toward your sides.

- Repeat the hopping out-and-in movements about 30 times. Combine with other aerobic movements for a complete workout.

Judi Sheppard Missett is the owner of Jazzerise. Her column appears every Monday in The Times-News.

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FOR HIS PAST EXPERIENCE AND REPUBLICAN PRINCIPLES

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- BOB STEPHEN
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- LE ROY SCANTLIN
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Linda Wright

Republican for
Twin Falls County
Clerk, Auditor & Recorder

Primary Election
Tuesday, May 22

EXPERIENCE

- Twin Falls County Jury Commissioner
- BS Degree in Business Management
- Extensive computer experience
- Partner in farm operation
- Volunteer coordinator for school system
- PTO board Chairman
- Parents' Advisory Council, Filer School Dist.
- State Officer in Baptist Church

LINDA IS COMMITTED TO:

- Cross-training employees so they can respond more easily to customer requests.
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- Modernizing banking procedures.
- Providing cooperation between city and county government to save time and money.
- Establishing a good working relationship with the public service with a smile.

Paid by Wright for County Clerk Campaign, Nancy and Gerald Tevis, Chairman.

Idaho Senate Twin Falls County MAY 22

Paid Political Advertisement by the above individuals

Throat cancer: It's avoidable, treatable

Knights-Ridder News Service

Throat cancer, which last week claimed the life of Sammy Davis Jr. and the speech of recently released hostage Robert Polhill, is an avoidable tragedy. Surgeons say most of his victims smoke and drink. And those who suffer most have usually ignored early signs of the disease.

The American Cancer Society estimates that there will be 12,300 new cases of cancer of the larynx in the United States this year — 10,000 in men and 2,300 in women. There also will be 3,750 deaths from the disease — 3,000 men, 750 women. It's a comparatively infrequent cancer. For instance, this year 157,000 Americans will discover they have lung cancer and 142,000 men and women will die of it.

Davis, 64, who died Wednesday, was a heavy smoker. He had some growths (nodules) removed from his larynx in 1986. Last September, throat cancer was diagnosed and a Los Angeles doctor said a "complete recovery is expected." Instead, the singer, who reportedly chose radiation over surgery to try to save his voice, died at home within eight months.

Polhill had his larynx (voice box) removed by surgery on Thursday. Doctors at Walter Reed Army Hospital in Washington say the cancer, which had reduced his voice to a husky whisper, probably developed at least a year ago.

"When we talked to the president, he was obviously terribly hoarse," says Dr. Victor Dembow, chief of the division of surgical oncology at Mount Sinai Medical Center in Miami Beach. "When I heard him, I said, 'That man sounds like he has a cancer of the larynx.' We see by often and see many advanced cancers in people who neglected themselves."

Although the disease, which had paralyzed one of Polhill's vocal cords, was clearly neglected during his 39 months of captivity in Lebanon, doctors at Walter Reed blamed his smoking habit for causing the disease.

"Most of the cancers of the mouth, throat and voice box behave fairly similarly and are the same kind of squamous cell cancer caused by drinking and smoking," says Dr. Jerry Goodwin, chairman of the department of otolaryngology (ear, nose and throat surgery) at the University of Miami School of Medicine. Recent studies have indicated that more than liquor in mouth and throat cancers.

Nevertheless, Goodwin adds, "It's very, very unusual for early, localized disease to become overwhelming."

But when it kills, cancer of the larynx is vicious.

"Usually, it's a very painful death," says Dembow. "Many die either of hemorrhage or asphyxiation, which is a horrible death, due to obstruction of the airway. When a major blood vessel is encumbered by the tumor and a fatal hemorrhage occurs, they simply drown."

As with most cancers, treatment works only when the disease is



Feeling of a lump in the throat, persistent hoarseness and unexplained weight loss and bleeding.

Warning: Early signs of throat cancer

Feeling of a lump in the throat, persistent hoarseness and unexplained weight loss and bleeding.

detected early.

"Most of our very early cases are successfully treated with radiation therapy and can be assured of 90 percent cure," says Dembow.

It has been more than a century since the first laryngectomy was done to remove a voice box, and there have been many improvements in diagnosis, treatment and rehabilitation. Lasers, fiber-optic diagnostic instruments and surgery that allows only partial removal of the voice box have all revolutionized treatment — although for too many people, treatment still comes down to losing their natural voice.

"We still see many patients with advanced cancer that require laryngectomy just as Polhill is having," says Dembow. "Ideally, we would like to see them in the early stages. Unfortunately, many doctors don't recognize the early symptoms of larynx cancer. We see them when they have been treated for sore throat and hoarseness with gargles and other inadequate methods."

"If we have lost a precious three or four months ... and that can make a difference."

Trouble usually begins as a tiny tumor, less than a centimeter across, on one of the vocal cords, disturbing its motion. The voice tone changes or becomes hoarse. That's when it might be ignored or shrugged off as transient laryngitis, especially in winter. If it persists, though, it could be deadly. Early clues to trouble are a lump at the side of the neck and a persistent cough.

"It's extremely important, if there's no response to treatment of hoarseness within 10 days; that the patient see a specialist who can adequately examine the larynx," says Dembow. Although cancer might be present, "in 90 percent of cases, it will be a simple 'sore throat.'"

Legals-Legals

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ANNOUNCEMENTS

001 Florida
002 Lost & Found
003 Special Notices
004 Kids Corner
005 Memorial Notices
006 Personals

RENTALS

007 Furnished Apartments
008 Unfurnished Houses
009 Even. Apts. & Duplexes
010 Uniforms & Linens
011 Roommates/Apts.
012 Rooms for Rent
013 Wash. & Bed Room
014 Office & Business Rental
015 Condominium Rentals
016 Wash. & Bed Room Rental
017 Garage Rentals
018 Wanted to Rent
019 Rent to Own
020 Wash. & Bed Room

007 Livestock Wanted
008 Animal Breeding
009 Farm Equipment
010 Cars & Trucks
011 Autos
012 Swine
013 Sheep/Goats
014 Poultry/Rabbits
015 Irrigation
016 Farm & Ranch Supplies
017 Farm & Ranch Equipment
018 Farm Work Wanted

SELECTED OFFERS

001 Jobs of Interest
002 Sales People
003 Adult Care Services
004 Child Care Services
005 Babysitters Wanted
006 Employment Wanted
007 Business Opportunities
008 Income Property
009 Money to Loan
010 Money to Invest
011 Investments
012 Instruction
013 Medical Lessons

REAL ESTATE FOR SALE

020 Open Houses
021 Qtrs. for Sale
022 One-of-a-Kind Homes
023 Single-Family Homes
024 Commercial Real Estate
025 Farms and Ranches
026 Real Estate Wanted
027 Real Estate Wanted
028 Business Property
029 Commercial Real Estate
030 Mobile Homes for Sale

FARMERS' MARKET

092 Autos
093 Furniture & Top Soil
094 Home & Garden
095 Hay & Feed
096 Farms for Rent
097 Pastures for Rent

Classified Line Ad Deadlines:

5:00 pm Monday through Friday for next day's publication
12:00 Noon Saturday for Sunday's and Monday's publication

Classified Display Ad Deadlines:

3 business days prior to publication. Call a Times-News Advertising Sales Rep. for more info.

Classified Private Party Rates*

See order form for our standard rates

Classified Specials:

- Guaranteed Ads - regular 7 day rates, pay for 1 week, 2nd week free.
- Senior Discount - 1/2 off regular 7 day rates
- Thrifty Ads - 4 lines, 7 days, \$6 - \$2 per additional line
- Student Discount - 1/2 off all rates
- Memorial Notices - 12 lines, \$5, 1 day
- Free Ads - lost & found, items to give away, 3 lines, 3 days - Wanted to Buy, up to 30 days per insertion

*Add \$1.00 for each ad, 5 lines or less or \$2 for each ad, 6 lines or more that runs Sunday, to be included in our Tuesday Chart!

Get details on specials by calling a Times-News classified advisor.

Please check your ad the first day it appears. In case of error, report it to the Classified Dept. to receive an adjustment.

The Times-News reserves the right to censor, revise, reclassify or reject any classified advertisement not meeting the standards of the publisher.

LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE

NOTICE OF INTENDED RULE-MAKING AND NOTICE OF HEARINGS
GOVERNING MEDICAL ASSISTANCE, RATES AND REGULATIONS
SUBJECT: Rules and Regulations Governing Medical Assistance.
ACTION: The proposed action under Docket No. G009-89, involves the proposed amendment, adoption, and renumbering of rules governing Medical Assistance, Title 3, Chapter 9, Rules and Regulations of the Department of Health and Welfare.
AUTHORITY: In compliance with section 87-520(c)(1), Idaho Code, notice is hereby given that the Director of Health and Welfare is conducting a public hearing for the purpose of implementing the provisions of 42 CFR 482.66, effective August 6, 1990.

DESCRIPTION: The proposed rule-making action will amend the proposed action under holding at 7:00 p.m., on June 6, 1990 in the Doubletree Room, Compt. Ho. 412, 474 North Idaho Street, Boise, Idaho 83724. The hearing will be open to the public. The hearing will be held on the following dates:
Monday, June 18, 1990 at 7:00 p.m.
Tuesday, June 19, 1990 at 7:00 p.m.
Wednesday, June 20, 1990 at 7:00 p.m.
The proposed rule-making action will amend the proposed action under holding at 7:00 p.m., on June 6, 1990 in the Doubletree Room, Compt. Ho. 412, 474 North Idaho Street, Boise, Idaho 83724. The hearing will be open to the public. The hearing will be held on the following dates:
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AT-88-2; HCFA State Medicaid Manual Section 3212; Department Policy Manual 88-7; 42 CFR 439.222; 42 CFR 435.111; 42 CFR 435.112; 42 CFR 435.113; 42 CFR 435.114; 42 CFR 435.115; 42 CFR 435.116; 42 CFR 435.117; 42 CFR 435.118; 42 CFR 435.119; 42 CFR 435.120; 42 CFR 435.121; 42 CFR 435.122; 42 CFR 435.123; 42 CFR 435.124; 42 CFR 435.125; 42 CFR 435.126; 42 CFR 435.127; 42 CFR 435.128; 42 CFR 435.129; 42 CFR 435.130; 42 CFR 435.131; 42 CFR 435.132; 42 CFR 435.133; 42 CFR 435.134; 42 CFR 435.135; 42 CFR 435.136; 42 CFR 435.137; 42 CFR 435.138; 42 CFR 435.139; 42 CFR 435.140; 42 CFR 435.141; 42 CFR 435.142; 42 CFR 435.143; 42 CFR 435.144; 42 CFR 435.145; 42 CFR 435.146; 42 CFR 435.147; 42 CFR 435.148; 42 CFR 435.149; 42 CFR 435.150; 42 CFR 435.151; 42 CFR 435.152; 42 CFR 435.153; 42 CFR 435.154; 42 CFR 435.155; 42 CFR 435.156; 42 CFR 435.157; 42 CFR 435.158; 42 CFR 435.159; 42 CFR 435.160; 42 CFR 435.161; 42 CFR 435.162; 42 CFR 435.163; 42 CFR 435.164; 42 CFR 435.165; 42 CFR 435.166; 42 CFR 435.167; 42 CFR 435.168; 42 CFR 435.169; 42 CFR 435.170; 42 CFR 435.171; 42 CFR 435.172; 42 CFR 435.173; 42 CFR 435.174; 42 CFR 435.175; 42 CFR 435.176; 42 CFR 435.177; 42 CFR 435.178; 42 CFR 435.179; 42 CFR 435.180; 42 CFR 435.181; 42 CFR 435.182; 42 CFR 435.183; 42 CFR 435.184; 42 CFR 435.185; 42 CFR 435.186; 42 CFR 435.187; 42 CFR 435.188; 42 CFR 435.189; 42 CFR 435.190; 42 CFR 435.191; 42 CFR 435.192; 42 CFR 435.193; 42 CFR 435.194; 42 CFR 435.195; 42 CFR 435.196; 42 CFR 435.197; 42 CFR 435.198; 42 CFR 435.199; 42 CFR 435.200.

LEGAL NOTICE
3-1223 Adopt subsections in section entitled INCOME EXCLUSIONS
3-1251 Amend subsections in section entitled THE HOME
3-1250 Amend subsections in section entitled PROP-ERTY ESSENTIAL TO SELF-SUPPORT
3-1261 Amend subsections in section entitled LIFE INSURANCE
3-1262 Amend subsections in section entitled BURIAL PLOTS AND FUNDS SET ASIDE FOR BURIAL EXPENSES
3-1263 Amend and renumber subsections in section entitled LIQUIDITY, OWNERSHIP AND NEGOTIABILITY OF RESOURCES
3-1264 Amend subsections in section entitled DEPRIVATION OF PARENTAL SUPPORT
3-1311 Amend, adopt, repeal, and renumber subsections in section entitled SPECIFIC ELIGIBILITY FACTORS FOR AFDCFC
3-1325 Adopt subsections in section entitled INCOME EXCLUSIONS
3-1326 Amend and adopt subsections in section entitled TYPES OF ASSISTANCE UNITS
3-1401 Amend subsections in section entitled SPECIFIC ELIGIBILITY FACTORS FOR MA
3-1403 Amend and adopt subsections in section entitled SPECIFIC ELIGIBILITY FACTORS
3-1410 Amend subsections in section entitled FEDERAL ELIGIBILITY FACTORS
3-1404 Amend and adopt subsections in section entitled FEDERAL ELIGIBILITY FACTORS
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Drug stems bone calcium loss

BOSTON (AP) — A drug can reverse the loss of vertebral bone and prevent fractures in older women with osteoporosis, a common cause of disability among the elderly, according to a study.

Danish doctors who tested the medicine, called etidronate, found that while it halted the loss of bone in the spine, it did not affect bones in other parts of the body.

An estimated 15 million to 20 million Americans have osteoporosis. The condition is blamed for 1.3 million fractures annually in people over age 45. It is especially common among older women, when their bodies make less estrogen after menopause.

The research, directed by Dr. Tommy Storm at Stryker Hospital in Copenhagen, was published in the New England Journal of Medicine. The doctors performed a three-year comparison study on 66 women who ranged from age 56 to 75. When it was over, they found that the vertebral bone mineral content of those who got the drug increased 7 percent. But it decreased 3 percent in a comparison group who got dummy pills. The number of vertebral fractures also decreased substantially in the etidronate group.

Auction

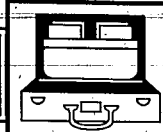
Effective date thru
Catalog May 31, 1990

MONDAY, MAY 21, 1990
ABE LOEWEN - HOUSEHOLD - FURNITURE - GOODING ADVERTISEMENT - MAY 19
MASTERS AUCTION SERVICE
THURSDAY, MAY 24, 1990
ERMA SNYDER - HOUSEHOLD - FILER ADVERTISEMENT - MAY 22
MASTERS AUCTION SERVICE
SATURDAY, MAY 26, 1990
DAN & LEONA CRAFTON - FARM MACHINERY - HOUSEHOLD - BUHL ADVERTISEMENT - MAY 24
MASTERS AUCTION SERVICE
WEDNESDAY, MAY 30, 1990
THELMA CLARK - HOUSEHOLD - BURLEY ADVERTISEMENT - MAY 28
MESSERSMITH AUCTIONS

NOTICE OF INTENDED RULE-MAKING
SUBJECT: Rules and Regulations Governing Medical Assistance.
ACTION: The proposed action, under Docket No. G001-89, involves the proposed amendment, adoption, and renumbering of rules governing Medical Assistance, Title 3, Chapter 9, Rules and Regulations of the Department of Health and Welfare.
AUTHORITY: In compliance with Section 87-520(c)(1), Idaho Code, notice is hereby given that the Director of Health and Welfare, through the Division of Welfare, has initiated regular rule-making proceedings. The proposed rule-making action will amend the proposed action under holding at 7:00 p.m., on June 6, 1990 in the Doubletree Room, Compt. Ho. 412, 474 North Idaho Street, Boise, Idaho 83724. The hearing will be open to the public. The hearing will be held on the following dates:
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IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF TWIN FALLS
Case No. CV90-01187 D
ALAN SUDWICKSON, Plaintiff
vs.
GEORGE DUNCAN and EDITH DUNCAN, husband and wife, Defendants
GARTH LEON MABE, Defendant
Sends notice that the above named defendant, you are hereby notified that a complaint has been filed against you in the District Court of the Fifth Judicial District of the State of Idaho, in and for the County of Twin Falls, Idaho. You are hereby notified to appear and plead to said complaint within twenty (20) days of the service of this notice on you. If you fail to appear and plead to said complaint, the court may enter judgment against you as prayed in said complaint. Witness my hand and seal of the Court, the 14th day of May, 1990.
Richard A. Ponco
CLERK
By Camille Jones
BY JAY D. SUDWICKSON
Attorneys for Plaintiffs



CLASSIFIED YOUR RECRUITMENT MARKET

The Times-News
CLASSIFIEDS • 733-0626

GET BOLD

Add attention-getting drama to your classified ads in the Times-News when you display a keyword in bright-boldface type. Boldface distinguishes account signatures in eye-catching type available in 10, 12, 18, 24, or 36-point sizes. Use it to make your ads stand out in the crowd.

1985 NISSAN 4X4
Power steering, power brakes, air conditioning, new tires, cruise control, AM/FM cassette, and camper shell. Excellent condition.
CALL 733-0000

1985 NISSAN 4X4
Power steering, power brakes, air conditioning, new tires, cruise control, AM/FM cassette, and camper shell. Excellent condition.
CALL 733-0000

Point Sizes Available

- BOLD 10 pt.
- BOLD 12 pt.
- BOLD 18 pt.
- BOLD 24 pt.
- NOT BOLD
- NOT BOLD
- NOT BOLD
- NOT BOLD

BOLD 36 pt. NOT BOLD

The Times-News Classifieds

733-0626

007-Jobs of Interest

RN OR LPN: Supervisor for 10 bed skilled nursing facility. competitive wages and benefits with the nation's largest long term care corporation. great opportunity for educational and career advancement. Contact Mrg at Magic Valley Manor in Wenatchee. 536-6623.

OFFICE NURSE
Fulltime position. RN preferred. Salary depends on education/experience. Spanish speaking ability, hospital job description and position available at Family Health Services Clinic, 542 Main Ave., S. Twin Falls. Phone 734-3312. Closing date: 5/21/90. EOE

Opening for head department starting salary \$1100 or according to experience. Contract for fall; starting salary \$1000, county benefits. Contact Shonni Roloff at Gooding Co. Schools Office.

Our business is great! We need more sales help in our new store. If you are self motivated, energetic, and like to sell...call Larry at Celina's. 735-2522.

NURSES-LPN OR RN
Needed for vacation relief. TOP WAGES!
Contact: Sandy Mohr, DNS For interview appointment. Hours in Buhl, 543-6401

Part-time salesclerk position working nights and weekends. Work Show, 734-2723.

Waitresses wanted: Start high. Idaho, Tam, 734-3961, days/evenings.
Chicks, 286-9205, evenings.

Truck drivers needed, 13 gear Road Ranger, start immediately, could be year round. Call 423-4269.

Get an angle on the camera equipment you've always wanted. Road Classified. Call 733-0626.

007-Jobs of Interest

Nursing Assistant
Looking for a caring and dependable person who would be excellent nurse in caring for people who need long term care. Good benefits and pay for the right person at Mountain View Care Center. Call Susan at 423-8291.

Do you have unused photo equipment in your home? Exchange it for cash with a week-end cash sale. Free Secretary/Receptionist/bookkeeper needed for busy office. Experience and pay for the right person at Mountain View Care Center. Call Susan at 423-8291.

TRAILER REPAIR MECHANIC
Welding, brake repair, and electrical wiring experience necessary. Mechanical experience helpful. Fringe benefits and hourly pay. Call Chris at 452 South Park Ave West, 733-5241.

Truck driver needed. Must have over hauling ability. Shop. Send resume a return-PO Box 2136, TF, ID 83303.

Keep an eye on classified. You'll find excellent bargains every day.

POSTAL SERVICE JOb: Salary to \$65K. Nationwide. Entry level positions. \$25,000-697-6000 Ext. P-10467.

TECHNOLOGIST
Full-time opening ARRT or registry eligible, excellent benefits, wages and working condition. Contact Rochel Miller at 208-234-4301 ext. 233 or send resume to St. Benedict's Medical Center, 709 N. Lincoln, Jerome, ID 83308. EOE

Respiratory Therapy
Full-time opening GRT, RRT, or registry eligible. 12 hour shift available plus on-call. Excellent benefits. Contact: Shonni Maloney at 436-0481 or send resume to: Minnie Memorial Hospital, 1224 8th Street, Rupert, ID 83350.

RN needed at Gooding County Memorial Hospital. Full-time or part-time positions available. wages negotiable, good benefits. Contact Jean at 934-4433.

007-Jobs of Interest

Secretary needed: Computer experience preferred. Professional appearance & organizational skills necessary. Part-time. 733-2008.

The City of Buhl is accepting applications for a pool manager, \$5 an hour. And certified lifeguards, \$4.25 to \$4.50 per hour. At City Hall or the Public Works Dept, 213 9th Ave. So. 543-4522.

The Tilt family amusement center is seeking for at least 2 years experience. References required. Call 487-2341 at 213 9th Ave. So.

WELDERS NEEDED
Welders with experience in production or fabrication now being hired. Excellent pay & working conditions. Salary based on place work schedule. Paid vacations & medical insurance furnished. Apply at Charming Trailers, 452 S. Park Ave. West, Twin Falls, ID 733-5241.

TRUCK DRIVERS
Experienced flatbed truck drivers to drive for Dave R. Grant Trucking in Ojoon. Full time. In business 20 years. 11 western states. Into model-equipment, excellent health & retirement benefits. 2 yrs flat bed exp. required. Must have excellent driving record. 1-800-453-2227.

One of the nicest things about classified is the way it works for you. Call 733-0626.

007-Jobs of Interest

Immediate Position
Opening in Hailey, Idaho
For apartment manager and maintenance team.
Experience required. Salary, benefits, and free rent!
Contact: Jano Wiedemann
Property Management West
788-3411

Cactus & Petes
RESORT CASINO JACKPOT, NEVADA
COME GROW WITH US!

CACTUS PETE'S RESORT CASINO is presently undergoing a major expansion. Most of this expansion, we are looking for talented people who are goal-oriented and quality-minded to help us make Cactus Pete's the best destination resort in the Intermountain West.

Cactus Pete's has excellent employee benefits including Profit Sharing and Insurance. Several positions offer excellent tip potential and incentive Bonuses. Additionally, we have implemented a unique Career Development program for those employees who wish Career advancement and growth. Some of the positions we currently offer are:

- Floor Cashiers
- Keno Runners
- 21 Dealers
- Security Officers
- Cooks
- PBX Reservationist
- Grounds Crew
- Cashiers
- Room Attendants
- Bus person
- Butcher

\$100 Bonus will be given to those who are hired from May thru June 14, 1990 and who successfully complete their 90 day orientation period. Applications can be placed between 9 a.m. and 4 p.m. at Cactus Pete's Human Resources Department at Jackpot, Nevada or at Nielsen and Company in the Lynwood Mall. For more information please call 1-800-441-4233 extension 146/149.

AN EQUAL OPPORTUNITY EMPLOYER M/F/H/V

008-Sales People

\$40-\$80K PER YEAR
Commission Potential National Wholesale Jewelry Co. needs REP for local area. No direct calls, wholesaler only.
713-782-1881

Experienced salespeople in the retail automobile business wanted. Representing the excellent lines of Oldsmobile-Buick and Isuzu. Excellent work atmosphere; continuous training; salary plus commission, family health plan, Contact Brian of Brad Day in person at Dick Day Oldsmobile-Buick-Isuzu, 712 Main Ave South.

LOCAL SALES TERRITORY AVAILABLE
Primrose Oil Co seeks a self-starting hard working sales representative to sell the finest custom lubricants in America. Knowledge of farm or heavy equipment is helpful. Sales experience preferred but not a must. Field training in multi-county area. High commissions and excellent bonus program. Call Alan Cole, Primrose Oil Co, Dallas, TX 1-800-444-3330

Sales people wanted for advertising sales. Earn top dollar with top performing company. No experience necessary, we train you to win. Call 733-7512.

009-Adult Care Services

Room in licensed home. Family atmosphere, personal care. Call 734-3537.

010-Professional Services

AMERICAN Personnel & Temporary Services, Inc.
"Serving history since you" M/F/H/V/EOE-No fee
Twin Falls.....734-6452
Buhl.....322-0100
Nampa.....467-5627
Prullman.....452-5575
Twin Falls.....735-1535
Winnemucca.....702-23399
Kennewick.....509-736-0735
B Olys' Lawn Maintenance, Mow, trim and blow. "We got the job done!" Free estimates, call Trent at 544-8747.
Dependable, efficient, reliable housecleaning. Call 284-5549.

Need someone to clean your house or office space? 734-7422 ask for Debbie.

010-Professional Services

Troo Hitting, 16 years experience. Larry.
014-Childcare Services
Babysitting in my home. \$3.00 per hour. Call 734-2217.
Babysitting. M, F, two, two meals. Call 734-4369.
Sito (re)babysitting home for your little ones, infants and a few rates. 733-1921.
Will do babysitting home. Drop-ins welcome, meals provided. Call 736-7209.

015-Babysitters Wanted
Need a mature person to care for 3 children in my home, ages 10, 8 & 5. Must have phone and own transportation. Some housework included. References required. Call 733-0813 from 10 to 5:30. 733-0343 after 6.
Responsible nanny in Buhl area for 6 month old. Full time, dwn. 734-0842.

016-Employment Wanted
Auto body work. Blow shop services. Call 733-9922.
Perfection Housekeeping. Have your house cleaned by a professional. References. Will unarranged groceries shopping etc. Also will house sit while you vacation. For information call Diane, 734-2363.
Retelting, tractor mounted. Cards & small tires. Vernon Adams, 423-5357.
Want to clean houses and offices. \$5 per hour, reliable references. Call 423-4593.

017-Opportunities

Now Maytag-squipped laundry in Twin Falls. Ready for the right person to own and operate. Wonderful buy location in Commercial Square. Contact Dave or Dana, 1-800-537-6338.

WORTH CHECKING
National firm looking for ambitious person interested in owning exclusive top business in building service industry. Please don't call unless you have strong financial independence. Investment only \$3750. Full on location training, advertising & more. For full information and details call 1-800-333-8523 ext 2115

017-Business-Opportunities

Liquor bar-good location-licenses & equipment • Hot high speed salami, toning machines & tanning booth.
LANDMARK REALTY 321-7519

018-Income Property

DELUXE DUPLEX. This large 3 bedroom, 2 bath per unit, multi-level duplex features detached yards, automatic sprinkling system and attached garages. Each unit has a cozy family room, plus an accumable lot. Price at \$94,500. Call us today. IRWIN REALTY 734-6500

023-Investments

70 acres of land for sale, 1/2 miles from Crescent Valley Nevada. 2000 acre, new gold mine, mineral rights, all or part. \$200 per acre. Call 733-8898 or 857-2288

BUYING.....Real Estate contracts, mortgages, and Deeds of Trust. Loren McCoy, 734-2068.

CASH BUYER for your Mountain View Realty. Ed Melton.....800-526-0234
Real Estate For Sale
Call 733-5912

030-Homes For Sale

2 bdrm up, 2 down, garden spot, wood stove, and much more. Only \$43,000.
Mountain View Realty 734-1899

8 1/2% ASSUMABLE LOAN on this 4 bdrm, 2 bath, family rm, dbl car garage. Exc. TF. McClinton, 572-500, 326-4179 or 206-659-2223.

ONE ACRE PLUS
3 bedroom 2 baths, heat pump, earthtone colors, dock. Edge of town with all the conveniences you need buy. Asking \$52,000. Call Gainolio, 93-90.

030-Homes For Sale

A PLACE TO BEGIN 2 bdrms, 1 bath on nicely landscaped fenced lot. Recently remodeled and insulated - vacant and ready for occupancy, only \$31,500.

BRAWLEY REALTY
734-5858
Joan.....733-9633
Jim.....733-9830

BRAND NEW ON THE MARKET
4 bdrm, 2 1/2 baths, fully fenced yard with detached double garage, corner lot. Priced to sell quickly. Call today.

BRAWLEY REALTY
734-5858
Paulette.....736-0925
Donna.....736-2220
BUHL'S BEST BUY
1 Lovely 4 bedroom, 2 bath home, fireplace, new carpet, good location, close to park and shopping. \$69,900. BJS.

ROBERT JONES REALTY
733-0404
or 1-800-262-5001
EXT. 1211

COUNTRY HOME
Fantastic view, immaculate 3+ bdrms, 2 1/2 baths, family rm, dbl garage, garden area, fenced pasture. Ready Now. Call OWNER. 733-1150

COZY COTTAGE
on a quiet street with many energy saving features. 3 bdrms with 4th floor terrace. Full bath, full basement. Room in full basement - new at all siding, interior windows, electric heat, service panel of water solarizer, wood honor, fur tree, migraines, hot water and storage shed. Priced to move at \$39,800. Call John Barness 733-6939.

GEM STATE REALTY
734-0480
OR TOLL FREE 1-800-345-6655 ext E115

COLDWELL BANKER WESTERN REALTY
733-2365
Independently owned & operated.

SERVICE GUIDE AND DIRECTORY

BUSINESS SERVICES John's Sharpening Service Special for Hair, Handwaxes Call 326-4462.	HOME IMPROVEMENTS D & L Complete Mobile Home Repair Senior Discount Ask for Don 734-3542	PAINTING/PAPERING Interior/Exterior spray, brush, roll, 20 yrs exp. Free est. Better Bid, 734-8648.
QUALITY IBM repair Free estimates. David, 924-3217.	HANDYMAN: Light electrical, plumbing, painting & carpentry. Call 733-4792.	MR. PAINTER: Interior, exterior, free estimates. Call 734-2762 or 736-1105.
Stan's Sharpening Service We sharpen most anything that cuts. Call 734-6491.	MACDONALD CONTRACTING Quality home improvements 733-3102.	Spring cleaning, painting and wallpapering. Experienced, refs. 733-3603.
CUSTOM SERVICES Bathroom & Kitchen remodeling. Ceramic tile & cabinets. Tom, 734-9611.	REPAIRS, remodeling, including ceramic tile, lay brick or rock. Call Mel, 733-7355.	RESIDENTIAL CLEANING Today carpet cleaning 3 rooms & hallway, \$44.95. Sanitizer & deodorizer incl. Guaranteed. Call 734-8742.
EXCAVATING SERVICES Backhoe service Responsible rates Call 734-6969	HOUSE CLEANING Residential window cleaning, reasonable price. Call 733-1304.	ROOFING Bath Proof of Roofing. Special Hand spill of. 10 year. Mdn. Mad. shales from \$119.95 installed. 423-4548.
FLOORING SERVICES Hardwood floors. We have all maintenance/finishing on your floor. Free estimates. 423-4418.	LANDSCAPING Trim, hauling, rototilling, maintenance & clean ups. Free est. Tony, 734-3322.	ROTOTILLING Custom Rototilling; yard and lots. Reasonable rates. Arnold Mein, 733-5792.
GENERAL MAINTENANCE Handyman Services. Repair most anything from a crack at down to a broken truck. Call 326-5683.	LAWN SERVICE MAINTENANCE AAA-Commercial/residential lawn service, lowest rates, Free Local Maintenance. 733-3922. Free estimates.	TREE SERVICES Tree & shrub topping & removal. Call est. John Mc Bride, 733-0939, 734-4365.
Would like to clean offices in the evening. Call 734-0927 or 733-1555.	GRAVEL/SAND TOPSOIL Delivered for driveways, parking lots, etc. You can haul too. Call Northwest Gravel & Paving, 733-1234.	

SELL IT! BUY IT!

A Times-News Classified Will Fill Every Need

733-0626

BUY IT! SELL IT!

SUN VALLEY ELKHORN RESORT
Immediate positions, full and part-time; excellent benefits with advancement in career opportunity.

Available Positions

- Front office
- Reservations
- Bell staff/ valet
- Maintenance/grounds
- Housekeeping
- Food/beverage

Work this year for one of the northwest's leading 4 diamond resorts.
Call 208-622-4511 for interview appt.

THEISEN MOTORS USED CAR SELL-A-THON

It's 7 a.m. and we're open--Come in for hot coffee and donuts!

ABSOLUTE Best Buys!!

- 1979 MERCURY MARQUIS**
Automatic trans., power steering & brakes.
CUT \$300 **\$700**
- 1976 OLDS DELTA 88**
Low miles, fully equipped.
CUT 40% **\$800**
- 1983 BUICK CENTURY**
Air conditioning, front wheel drive.
CUT \$500 **\$1200**
- 1979 FORD LTD WAGON**
Power steering & brakes, vacation ready.
CUT 30% **\$1200**
- 1983 MERCURY MARQUIS**
Power steering & brakes, automatic trans.
CUT \$400 **\$1500**

WE WANT YOUR BUSINESS!

We know that in order to obtain your business and keep it, we must provide you with the **LOWEST PRICES ANYWHERE** and the **FINEST SERVICE AVAILABLE**. And this we do, day by day, week after week, year after year. That's why for over 36 years Theisen Motors has been one of the largest Lincoln/Mercury dealers in the entire Northwest and No. 1 in Customer Satisfaction.

Thank You, We do appreciate your business.

1986 MERCURY LYNX TODAY \$3500	1983 CHRYSLER NEW YORKER TODAY \$4500	1985 HONDA ACCORD 3 DR. TODAY \$4988	1984 FORD BRONCO II TODAY \$4999	1977 DATSUN B210 TODAY \$500
1987 DODGE SHADOW TODAY \$5988	1988 MERCURY TRACER TODAY \$5888	1989 FORD ESCORT TODAY \$5588	1973 CADILLAC DeVILLE TODAY \$1188	1985 CHEVY CELEBRITY TODAY \$5788
1984 LINCOLN TOWN CAR TODAY \$6588	1986 LINCOLN TOWN CAR TODAY \$6999	1987 MERCURY SABLE TODAY \$6988	1985 LINCOLN TOWN CAR TODAY \$6888	1985 GRAND MARQUIS TODAY \$6499
1986 MERCURY SABLE TODAY \$6988	1989 MERCURY TOPAZ TODAY \$7499	1988 FORD TAURUS TODAY \$7988	1985 CADILLAC SEDAN DeVILLE TODAY \$8288	1988 FORD THUNDERBIRD TODAY \$8488
1987 FORD THUNDERBIRD TODAY \$9488	1987 PONTIAC BONNEVILLE TODAY \$10,995	1986 LINCOLN MARK VII TODAY \$10,995	1989 GRAND MARQUIS TODAY \$12,888	1988 GRAND MARQUIS LS TODAY \$11,995

If you don't find the car you want--JUST ASK!!!

1982 MERCURY MARQUIS Air conditioning Automatic transmission Power steering \$1500	1981 MERCURY MARQUIS Air conditioning Automatic transmission Cruise control \$1500	1986 JEEP CHEROKEE Four wheel drive Power steering Good hunting rig \$2500
1972 FORD LTD WAGON Automatic transmission Air conditioning Excellent fishing car \$1099	1985 CHEVY S-10 PICKUP Four wheel drive Camper shell Air conditioning \$5499	1984 AUDI 5000S Leather interior Automatic transmission Air conditioning \$3988

TAKE YOUR CHOICE!!

1989 LINCOLN TOWN CAR
2 to choose from



Equipped with automatic overdrive transmission, climate control, air conditioning, power seats and windows, power steering and brakes, all the luxury and power options.

NEW OVER \$30,000 *Just Pick The One You Want!* **\$17,488**

NO MONEY DOWN DELIVERS ANY USED CAR IN STOCK!!

How About A Mid-Size Car??

1983 CHRYSLER CORDOBA Dark brown, air conditioning, automatic trans. \$1500	1987 MERCURY TOPAZ Sport model, stereo system, air conditioning \$5500
1984 PLYMOUTH RELIANT 4 DR. Dark blue metallic, automatic trans., power steering \$2200	1985 OLDS REGENCY Just traded in, power seats & windows, automatic trans. \$5988
1984 FORD LTD 4 DR. Oxford white, air conditioning, automatic trans. \$2200	1987 PONTIAC GRAND AM Low miles, 5 speed transmission, air conditioning \$5988
1985 BUICK LeSABRE Air conditioning, cruise control, power seats \$3900	
1986 MERCURY TOPAZ #T-112, 5 speed transmission, front wheel drive \$3900	
1987 FORD TEMPO Front wheel drive, excellent condition, just traded in \$4999	

HONDA'S #1 in Customer Satisfaction

1985 HONDA ACCORD 3 DR. Stereo system, front wheel drive, floor mounted transmission. \$4988
1987 HONDA ACCORD LX Dark blue, front wheel drive, air conditioning, cruise control. \$6988
1986 HONDA ACCORD LX 4 DR. Dark red-metallic, AM/FM stereo, front wheel drive, air conditioning. \$6888
1988 HONDA ACCORD LX 3 DR. Bright red, stereo system, front wheel drive, 5 speed transmission. \$7988
1989 HONDA ACCORD LXI Sport coupe, only 18,000 miles, air conditioning, power windows, 5 speed. \$12,588

Emmett Harrison's

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