

The Times-News

Twin Falls, Idaho/85th year, No. 274

Good morning

Today's forecast

Sunny and warm with highs in the mid-80s. Temperature: Monday, average.

Magic Valley

Making astronomy fun

Astronomy teacher George Galvin, center, shows students how a telescope helped him make astronomy fun for this students.

Page A5

Battling candidates

Some Senate opponents Gary Robbins and Russell McCreary are jockeying over who should take credit for a 1988 tax-increment financing bill in the legislature in which both men were involved.

Page A5

Sports

Pirates clinch NL East

The Pirates dusted off the NL East Sunday, leaving the AL East with its Blue Jays, test Sox, the fat-fat middle division in major league baseball.

Page A7

Changes for Patriots

New England Patriots owner Victor Kiam changed his tune and vowed big changes because of sexual harassment charges against some of his players.

Page A8

Features

Help for Type As

Experts offer suggestions to help type-A personalities reduce the risk of heart disease.

Page B4

Secrets of successful marriage

Columnist Jim Larsen gives suggestions about courtship and licensing needed to make a marriage successful.

Page B4

Opinion

Clean so far

This year's election campaign has been a mud-free, columnist Quince Keay says. So why have the Republicans been complaining about it so much?

Page A10

Bugs in high places

Do you think the Monarch butterfly queen to be our national insect? Humorist Dave Barry doesn't. He's rooting for Sen. Jesse Helms.

Page A10

Idaho

Burning over grass

Panhellenic Democratic leaders are up-scrubbing a closed-door meeting called by Republicans on grass burning.

Page A12

Nation

Shuttle readied for launch

NASA is optimistic about this week's planned shuttle launch, partly due to the history of the scheduled craft.

Page A3

Fetal disposal law in effect

The nation's more comprehensive fetal disposal law takes effect today.

Page A3

World

Childhood poverty targeted

The end of childhood poverty is the lofty goal of the United Nations.

Page A4

Inside

Section A **Section B**
 Opinion...10 Features...1-6
 Nation...10 Movies...1-4
 World...4 Comics...5
 Magic Valley...5-6 Idaho Today...6
 Sports...3-4 Classifieds...7-12
 Idaho West...12 Legal...7
 Please recycle this newspaper.

Sides forge compromise budget

The Associated Press

Who would be first? A3

WASHINGTON — President Bush and congressional leaders on Sunday forged a \$50-billion, five-year compromise package of tax increases and spending cuts, sparing Congress to quick action on a stopgap spending measure needed to avoid slashes in federal services Monday.

The House approved the temporary financing bill just hours after the budget agreement was doctored by President Bush in a Rose Garden announcement, and the Senate quickly followed.

It is balanced, it is fair, and in my view,

reaching an agreement that concluded last night negotiations that began in May.

The package contained \$134 billion in new tax revenues, including new taxes on gasoline, cigarettes, alcohol and luxury items. Medicare costs for the elderly and disabled; winter increased defense spending was satisfied as well.

On a 382-41 vote, the House passed what is called a continuing appropriations resolution to keep the government operating at full speed through next Friday while lawmakers

weight the proposed budget compromise.

Senate Republicans who failed to do the same agreed with Bush in New York Sunday evening, but it was not clear whether he would sign the measure prior to a technical midnight expiration of the existing budget.

On practical matters, however, the easier testing of his signature, which was a certainty, was not significant as long as it occurred within a day or so.

House Speaker Thomas Foley, D-Wash., joined the compromise, but agreed with Senate Democratic leader George Mitchell of Maine, who said "Now comes the hard

work" in pushing it past special interest groups and through Congress.

Rep. Newt Gingrich, a Georgia conservative, Republican and a leader of the political conservative wing left the White House before the Rose Garden announcement of the deal, not yet ready to support the package.

"We're still looking at it," he told reporters later, without further details.

At the other end of the political spectrum, Rep. Charles Rangel, D-N.Y., said he would oppose the package because "it looks like it's just an excuse for cutting what the wealthy are paying their fair share."

Rep. Nick J. Rahall, D-W.Va., said, "I don't think it goes far enough in getting the wealthy to pay their fair share."

Septic tanks hindering development

By Phil Salm
Times-News writer

TWIN FALLS — When the Twin Falls City Council decided in August to rezone 60 acres for residential development northeast of town, it was sending a signal.

Two developers, Larry Jones and Bob Brum, wanted a parcel north of Highland Drive near 3200 East rezoned from minimum 30-acre lots to larger lots. The council seemed amenable to development in the area but stalled at plans to sink a well and septic tank in each lot.

"We cannot keep punching in wells and septic tanks every time somebody wants to build a house," Councilman Jim Vickers said during the hearing. "If we can't put a stop to it, one of these days the state will."

Vickers told the council that running city sewer and water services for the site would add \$250,000 to the cost and make the project financially impossible. The council sympathized but unanimously voted down the zoning request.

The message from that night's vote was clear: Until city water and sewer service are extended to that area, little development is likely.

One subdivision in the Plain View Drive area already has trouble with septic tanks leaking into wells. The city does not want more trouble.

A little less clear from the vote was who should pay for getting city services to this area.

Should city tax money be used to extend services to county land? Or should developers be required to put up money up front and pass the cost to home buyers? What role should the county play?

Land in the impact zone northeast and east of town clearly is desirable for homes and development is creeping in that direction. Though the area is actually outside city limits and in the county, said Idaho Twin Falls County Commissioner Jim Ender, soon the city should bear the initial cost of getting sewer and water to the area.

"It doesn't cost the city to pick up the whole area," Ender said. "It's a cost for us." Please see SEPTIC/A2



The Snake River Canyon below Bliss is a popular area for whitewater recreation on the Snake River.

Guarding the Snake River

Snails could save biologist Bowler's boyhood home

By N.S. Nobkentz
Times-News writer

Joining forces A6

TWIN FALLS — The river tumbles over rocks churning the water to white as it glances through a wide S-curve that has stalled a small number of sellers kayakers and canoeists.

The river winds its way past Peter Bowler's boyhood home at the base of the Snake River Canyon below Bliss.

A proposed hydroelectric project would inundate the property, along with a prime stretch of whitewater and several species of rare snails. Those snails, and the federal Endangered Species Act, could end up saving it.

The U.S. Fish and Wildlife Service's staff has recommended protection of four snails and a limpet believed to live only along a 40-mile segment of the river, it arch.

The agency's staff recommendation is ap-

proved the proposed A.J. Willy hydro project as well as the so-called Dike project below Bliss, which would be blocked under federal law.

Bowler, now 41, lives in Laguna Beach, Calif., but he considers his pur-

pose place on the Snake River, where his father still lives, to be home. It was the younger Bowler who petitioned Fish and Wildlife to get some of the mollusks de-

clared endangered or threatened species.

Growing up on the river kindled a smoldering interest in biology and natural history, Bowler said. That interest was fanned into flames in the 1950s when a team of scientists working for the Geological Survey came through the

area along a 40-mile segment of the river, he arch.

Some were paleontologists studying

the Hagerman Fossil Beds. The one who most impressed young Bowler was Dwight Taylor, a biologist studying the aquatic life in that stretch of the river.

Often they used to come to our house," Bowler said. "It was terribly exciting to listen to them talk about science."

These conversations and Taylor's work heightened Bowler's interest in biology. His interest was augmented by the environmental ethics he learned from his un-

cle, Bruce Bowler of Boise, on numerous backpacking trips into the Idaho wilder-

nese.

That early interest blossomed into a Ph.D. in biology from University of California in Irvine, where Bowler now is director of the university's cooperative river program and teaches wetlands ecology.

Taylor, who now works at the National

Please see ENDANGER/A2

Analysts say war in gulf more likely

The Associated Press

More on the gulf A11

LONDON — The likelihood of war in the Persian Gulf has grown significantly as Iraq and a hostile world push Saddam Hussein into a corner with no diplomatic escape, European and Israeli military analysts say.

"But they say there is still a window for peace, before the effects of sanctions sink

The Associated Press

NEW YORK — Good grief! The Peanuts gang is turning 40.

The images are embedded in American popular culture. Charlie Brown trying to kick a football. Snoopy gunning for the Red Baron. Lucy dispensing psychiatric advice, a ticket at a time.

Now it's time to celebrate.

In honor of the 40th anniversary of the comic strip "Peanuts," there's a jazz concert at Carnegie Hall, a birthday party at the Natural History Museum of Los Angeles County, and a special exhibit at the Smithsonian Institution.

On Oct. 2, 1950, "Peanuts" made its debut in seven newspapers, and good ol' Charlie Brown and his beguiling beagle were on their way to becoming an international phenomenon.

Today the strip runs in 2,000 newspapers and reaches more than 200 million readers a day in 60 countries. The Peanuts gang speaks Chinese, even Serbo-Croatian.

"There's been a hit musical. You're a Good Man, Charlie Brown," a series of VHS specials and a book on the philosophical and religious implications of the strip, "The Gospel According to Peanuts."

In September, cartoonist Charles M. Schulz was one of Forbes magazine's top 10 richest entertainers, with earnings for 1989 and 1990 estimated at \$54 million.

Charlie Brown and gang turn 40



The Charles M. Schulz "Peanuts" comic strip first appeared Oct. 2, 1950.

Unlike many cartoonists, the 67-year-old Schulz still draws every comic strip. That's why I draw cartoons. It's my life.

Why do musicians compose symphonies and poets write poems?" he asked. "They do it because life wouldn't be the same." Do you like to draw? If so,

Please see GULF/A2

See Remington 300 Savage ... B-10

Nation

Agreement would pinch American pocketbooks

WASHINGTON (AP) — President Bush's budget deal with Congress would dig deep into American pocketbooks. Medicare payments would drop 1.4 percent on gasoline, cigarettes, liquor and boats would go up. Farmers' subsidies would get cut and government services would shrink.

The budget is to take a painful toll for a lot of people, said Senate GOP Leader Bob Dole of Kansas, predicting a "tearful night for almost everyone" before the agreement past Congress. The max says, the auto-parkers may have a field day.

There's certainly plenty of unpopular stuff to choose from:

- Taxes on gasoline and diesel fuel would more than double. The current nine-cent levy, the Medicare tax or Social Security would be increased by five cents next July 1. In addition, there would be a one-cent-per-gallon tax on

all petroleum products, except home heating oil, beginning Jan. 1. That means the federal motor fuel tax would top out at 71 cents a gallon.

The federal tax on cigarettes, now 16 cents a pack, would rise four cents a pack on Jan. 1—\$54 a month.

Medicare taxes and fees would increase, while benefits go down.

Medical insurance companies that lost their employer subsidies would pay for Medicare. Currently, they would pay for Medicare. Currently, the payroll tax of 1.45 percent stops after a taxpayer's income hits \$51,300. The budget deal would keep workers' and employers' contributions until a \$70,000 income cap.

State employees who currently don't pay state payroll taxes at recreational sites would do so.

Meanwhile, Medicare patients would pay more for their doctor bills. The annual de-

durable would double in two years from \$75 to \$150. Coverage for clinical testing would not be limited beyond what they are now. Taxes on beer, wine and other alcohol would be increased although the exact figures remain to be decided. Tax on a six-pack of beer would go up 20 cents to 36 cents.

Buyers of new cars, boats, jewelry and furniture would pay a national sales tax on luxury goods. The fee would be 10 percent of the purchase above \$20,000, boats and yachts above \$55,000.

Boat owners also would be hit with a new estate tax of \$25 annually. And the stiff rules of gunners would be in place.

Most individuals or families with less than \$100,000 in annual income would pay more income taxes, with the government allowing 3 percent of itemized deductions.

Providers of Medicare services would be forced to absorb a billion-dollar hit equal to roughly \$32 billion over the next five years.

Party turns into brawl, 89 arrested

AKRON, Ohio (AP) — Police used tear gas to break up a black party that turned into a riot when revelers attacked authorities trying to put out a bonfire. Sixteen people were injured, eight arrested, officials said.

Up to 2,000 people were at the annual bushwackers street fair at the University of Akron when fire and police attempted to close it down.

"Today we put out a large bonfire."

Some of the revelers—mostly college-aged youths—tried to block their stations and threw rocks and glass at emergency personnel trying to close the fire, officers said.

Officer Brian Reid said when police asked the crowd to disperse, "They kept the fire going and continued shouting." Hell no, we won't go!

Police used tear gas and tearfuly turned their hoses on the crowd to break up the melee.

Search on for bodies after crash

LAKEPORT, Calif. (AP) — Search resumed Sunday for the sixth victim of a plane crash that occurred when an uninvited aircraft appeared at a pilot's convention, gave an impromptu aerobatic display and plunged into a lake.

Divers removed six bodies from the wreckage of the World War II Navy patrol plane, which broke apart on impact in Clear Lake before hundreds of stunned spectators Saturday afternoon.

In California, a seventh passenger aboard divers renewed the search Sunday, and authorities said they would try to pull the plane from the mud and murky water.

Just before the crash, the bulky twin-engine Lockheed P2V Harpoon made four low passes over the crowd on the shore and the floating sea-plane meeting for the annual "Seaplane Fly-In."

Budget pact doesn't kill deficit

WASHINGTON (AP) — Once again, the estimate of the deficit by a joint congressional committee suggests little has changed since last year.

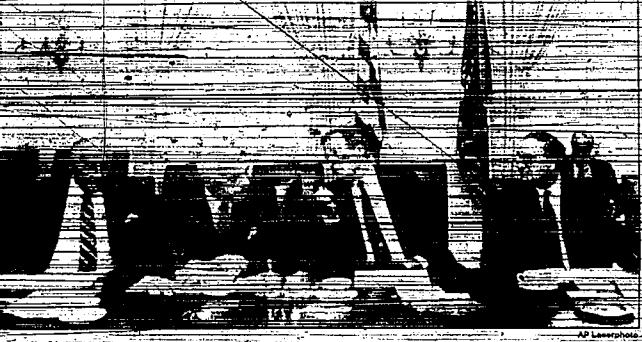
But in the week-long budget negotiations that President Bush and congressional leaders have been talking about a \$20 billion deficit reduction, the committee's findings will still leave a gap, stemming from some increases.

For it to work, the agreement—but even its shortcomings by no major deficit impact must be paid.

It would provide a budgetary cushion for some \$2.4 billion in market-share confidence that interest rates will start to fall.

Even though the plan announced yesterday by congressional leaders held out the promise of \$2.3 billion in deeper savings down the road, it assumed in January and the will not prevent the fiscal 1991 \$231 billion being estimated in July deficit setting a record for the highest estimates performance and the 20-year congressional savings and can balloon.

And that new figure assumes that were putting the finishing touches on its current \$40 billion deficit target. The federal deficit is \$27.524, and that was deficit by \$6 billion in the previous fiscal year. budget officials were up East.



Bush meets Sunday with, left to right, House Minority Leader Robert Michel, House Speaker Thomas Foley and Senate Majority Leader George Mitchell.

NASA trying for another launch with another shuttle

CAPE CANAVERAL, Fla. (AP) — which fuel tanks have not been tried four times to send Columbia back to the International Space Station with the sun and Jupiter.

After months of embarrassing failures, NASA will try again this week to launch a shuttle, this time with a nuclear-powered satellite that will study the sun's uncharted poles.

Optimism abounds and with some tension: The shuttle scheduled to lift off Saturday morning—Discovery, is the most recent spaceship to dangerous hydrogen leaks since

have flown and the only one in May, Atlantic since June. NASA's

right: an astronomical mission before stop.

"Right now, I don't even feel like we've been just doing everything," said astronaut Bruce McCandless, one of five men assigned to probe, named for the European Space Agency.

Columbia has been grounded by the European Space Agency.

McCandless, one of five men assigned to probe, named for the European Space Agency.

Columbia has been grounded by the European Space Agency.

the Hubble Space Telescope into orbit, was smooth and trouble-free. The

mission's success was overshadowed two months later, however, by the discovery of a defective mirror on the Hubble telescope.

Since fuel lines have been installed

between the orbiter and external tank, the area where hydrogen leaked in the other two shuttles.

Discovery's April flight that put

Thomas Weller, executive director of Planned Parenthood of Minnesota, said: "We believe now it is a law-to-intercede with a woman's rights to give birth."

Opponents of the 1987 law contend it is unconstitutional because it violates women's rights to privacy.

Garrison helped initiate the law by exhibiting an aborted fetus if could come from an abortion clinic's garbage container. The clinic denied

it planned through sued to block

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unconstitutional.

Ralph Eslinger, long-time resident of Twin Falls was chosen "Realtor of the Year" at

the State Convention of the National Association of Realtors in Kalispell, Montana

on September 21 of the annual combined Idaho and Montana convention.

Ralph is an Associate Broker with Gem State Realty and has been in the real estate business for fourteen years. Prior to his real estate career Ralph worked with Ida-Best, now Cenex, in the feed business. Ralph is the Immediate Past President

of the local Board of Realtors and is presently the Realtor of the Year for the local board. He also currently serves as an advisor to the board. These designations were earned by Ralph over many years of service to the local community in many capacities. The State designation is the highest award available to a Realtor in the State of Idaho. Ralph has been invited to represent Idaho at the National Convention of the National Association of Realtors in New Orleans in November this year.

The National Association of Realtors is a trade association which requires its members to adhere to a strict code of ethics. Licensed real estate salespeople who are not members of the NAR are not allowed to use the "Realtor" designation. The award for Realtor of the Year is based on service, professionalism, and civic activities and is not simply a popularity contest. Ralph is dedicated to his clients and is a major producer of sales in the Magic Valley every year. Ralph specializes in Residential real estate and also has extensive experience in Farm, Ranch and Commercial transactions.

Ralph Eslinger's parents came to the Magic Valley from Missouri when he was three years old. He grew up farming and attended the Curvy Elementary School and then Twin Falls Junior and Senior High, in the original location of O'Leary Junior High adjacent to the county courthouse. Ralph met his wife, Gloria Coffelt, at the country store her parents owned and operated at the site of the now Barry County Store southwest of Twin Falls. He says she spent four years persuading me to marry her, which he did in 1950.

Ralph is available to serve your real estate needs, answer your questions, or help solve problems at Gem State Realty.

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Evacuees return home after fire at chemical plant

MAGNOLIA, Texas (AP) — Nearly 1,000 people forced from their homes because of a fire at a nearby chemical plant returned to return home early Sunday, authorities said.

Explosions and flames broke out about 6 p.m. Saturday at the Tularik Petrochemicals plant, which makes polybutylene butene blend resins for pipes used in the oil business.

Officials and the fire crew all fled to burn itself to protect firefigh-

ers and to prevent chemical runoff.

But fears of toxic fumes prompted authorities to evacuate the surrounding area, up to 1,000 people living nearby. Montgomery County officials said the residents were allowed to return home at about 1:30 a.m. Sunday.

It was the Houston area's third-industrial accident over the weekend.

A massive fire earlier Saturday at a Shell Oil plant in Deer Park forced authorities to close a highway and order residents to stay inside.

And a Norwegian tanker run aground in the Houston Ship Channel late Friday, spilling nearly 30,000 gallons of partly refined crude oil into the water. It had largely exploded by Sunday, but authorities said they would still have to test to see if oil solvent in the oil had contaminated water miles in the bay.

Firefighters from about a dozen departments battled the sprawling plant fire. Two firefighters who suffered smoke inhalation were treated and released, officials said.

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World



A Soviet peasant carries potatoes in from a wet field.

Soviet consumers fret as potato crop rots

The Washington Post

MOSCOW — Forget "Gorbachev. Forget the gulf crisis. Forget the quantification of German reunification. What the Soviets last week was, when lambaging the potato crop rot, was to eat their own. Together, with bread which also has been in short supply over the last month, potatoes now form the staple diet for millions of Russians.

As a dismal fall gives way to winter, it started snowing here a week ago, a bumper potato crop (they're harvesting) have been issuing desperate appeals to Moscow's food ministers ever since that tiny island of hope there has been almost talk of ends in the rain-sodden fields

budgets, even families' bank accounts. Together, with bread which also has been in short supply over the last month, potatoes now form the staple diet for millions of Russians.

In the best tradition of the communist era, the government has again been set up all over the country to control the price of

Children's summit closes with pleas, pledges

UNITED NATIONS (AP) — An unprecedented meeting of world leaders called Sunday with commitments of nations to end the scourge of childhood poverty and harsh words for those who continue to abuse the young. More than 70 heads of state and prime ministers announced the two-day World Conference of Children by adopting a declaration pledging to fight the hunger, disease and other woes of children.

The summit, the largest gathering of international leaders, seeks to mobilize governments to give up 10 million children from nearly 100 countries and organizations to the 1990s.

Louis Shiloh, president of the World Council of Churches, told the assembly: "I believe that we can change the planet because it agrees with the truth that agrees with the truth."

On Oct. 18 — a practice in some U.S. states

of marking the first day of school — leaders gathered during the meeting, which also provided time for bilateral discussions on a variety of themes, not the least of which was the Persian Gulf crisis.

President Vaclav Havel of Czechoslovakia said leaders from Adolf Hitler to Iraqi President Saddam Hussein had committed evil for the supposed benefit of children.

"In the course of time I have heard people defend their actions by claiming reasons for the argument that they were doing it only for their children," Havel told the assembly.

"Imperialism was this committed in the name

of children and evil was served for their alleged

good," he said. "I saw Hitler waving in a friendly way to the children. I saw his mother, Sophie Scholl, a child with her red Communist youth badge, fighting children.

I saw Iranian children, innocent-looking children, who have been trained to kill, to have shot, to have killed."

And former Prime Minister Margaret Thatcher noted the influence of religious leaders such as Mohammad and Jesus.

"These are evil things — evil things done by wicked people," Mrs. Thatcher said. "They bring us back up against the fundamental issues of man's personal values and character."

Also, Secretary General Javier Perez de Cuellar told the assembly: "There is no way we can improve our humanity if we fail to struggle with the continuation of the misery that counts children among its victims."

He added: "We must do more to help them when their lives are at risk or their health is threatened." He said, "Saving one child is a miracle."

During the two-day summit, the United Nations estimates 2,800 children worldwide died of

malnutrition, 8,000 more from measles,

4,000 from tetanus, 5,500 from malaria, 22,000

from diarrhea and 12,000 from pneumonia — all

preventable ailments.

Japanese Prime Minister Toshiki Kaifu told

the assembly that universal education was the foundation for Japan's economic success, advocated extra pay

and status for public school teachers around the

world.



President Bush stressed plight of world's children at U.N. conference Sunday.

AP Wirephoto

Soviet Foreign Minister Eduard Shevardnadze and his South Korean counterpart, Choi Ho-jong, signed an agreement establishing the first liaison office between the two countries. They met together in a U.N. conference room and exchanged documents.

Shevardnadze was seen as a major

victory for the South Korean government and a devastating setback for Communist North Korea.

The Soviet Union is considered a key ally and arms provider for North Korea.

South Korea moved to expand its cultural and economic cooperation.

Soviets restore high-level relations with Israel, S. Korea

UNITED NATIONS (AP) — Israkland and the Soviet Union announced Sunday that they are opening consulates in each other's countries after a decade of estrangement.

The same day, another longtime estrangement ended as South Korea and the Soviet Union jointly made a similar announcement.

The Israeli-Soviet decision, announced after a meeting between Israeli Foreign Minister Shimon Peres and his Soviet counterpart, Eduard Shevardnadze, represented a major step in restoring relations that were severed after the 1967 Middle East War.

Consular relations at a level below full diplomatic relations were established after the two ministers also told re-

porters at the United Nations that

they intend to start meeting regularly

and that their foreign ministries will

be in regular contact.

On Oct. 23, 1980, in Moscow,

The Kremlin broke free of its

Arab allies.

The two countries began thawing

their contacts in 1987 when the So-

viets posted a delegation in Tel Aviv, and the Soviets would open a consulate general in Tel Aviv.

The Soviet restoration of ties with South Korea was seen as a major victory for the South Korean government and a devastating setback for Communist North Korea.

The Soviet Union is considered a key ally and arms provider for North Korea.

South Korea moved to expand its cultural and economic cooperation.

Pope opens synod of bishops

VATICAN CITY (AP) — Pope John Paul II on Sunday opened a worldwide synod of bishops to discuss revitalizing the priesthood in Vietnam and Laos, where the face of "burnout" challenges to the ecumenicity and a shrinking number of hoped they would join the synod last weekend.

The papal assembly, the No reason was given for the an- mounching assembly by celebrating son of bishops Jean Khong of a solemn Mass in St. Peter's Basilica. Laos and Cambodia. Paul Nguyen for some 1,000 priests, bishops and cardinals from around the world.

The synod, an advisory body that meets to discuss major issues in the Roman Catholic Church, was called by John Paul to discuss the formation of priests.

The synod is expected to focus on the difficulty in maintaining the church's rules that priests be celibate.

"Let me express the hope that your labors here will produce the foreseen marriage in a world divided but which the ecumenical community is expecting," the working document put it.



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Pirates kill 8 ferry passengers in Bangladesh

DHAKA, Bangladesh (AP) — Armed pirates boarded a ferry, killed eight passengers and tossed the bodies into the river, a newspaper reported Sunday.

The ferry was traveling from the southern port of Chittagong to the island town of Sandwip when an unknown number of pirates boarded it Thursday, the Bengali-language Sangbad newspaper said.

It quoted passengers as saying the eight were killed for resisting looting by pirates.

The pirates took the ferry to a spot on the nearby Bay of Bengal and then fled, the newspaper reported.

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Opinion

Guest editorial

Symms strikes another blow for ignorant bliss

When you need comic relief—well, if his assessment is that he's got it, the comic book humor will always be there. The great potato may attention to the problems of the Middle East, it is that we have not been sufficiently to produce political wackos like the way the South used to produce lousy racist demagogues. And there is no greater wacko than Idaho's junior United States senator, Steve Symms.

Symms has survived the current oil crisis, more fuel efficient. Symms' ridiculous argument was of the Middle East and found the villain. And who is that wretched villain? Not Sadam Hussein. No sirree. The villain, nor, Cecil Andrus, look bad during his according to the present Mr. Symms, is campaign for re-election. Andrus was the congressional community of America's most peckish environmentalists.

You see, Al Gore and Jimmy Carter had not been allowed to look up portions of Alaska in the Alaska Lands Conservation Act of 1980; we would not have to send American troops to the Middle East.

Gosh, Steve, it's all plain to us now! The potential for military conflict in the Middle East has nothing to do with the desert's embarrassment he must bring to their state.

None of this gives us much comfort about the future of Alaska or the ancient level, there is much oil in Alaska that it would negate the potential of Kuwait or Saudi Arabia. That is hardly the case.

Beyond the basic falsehood at the heart of Mr. Symms' assertion, the pathetic as

The Daily Astorian
Astoria, Ore.

The Times-News

Stephen Hartgen Clark Walworth Allen Wilcox Peter York
Publisher Managing editor Circulation manager Advertising director

The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth and Steve Crump.

Little mud thrown so far in 1990 Idaho campaigns

Idaho Senate President Pro-Tem Michael Clegg says he's been told that when you run for election, it's necessary to throw a little mud at your party.

The Idaho Press-Tribune held a Boise news conference this week to declare that as far as the Evans-Craig and Simmer and accusations are not the way to conduct elections.

Clegg said that in any election, an unscrupulous campaign can be developed simply by comparing, bashing the two candidates approach important problems.

He says he isn't against competitive election campaigns.

"I like to see hot campaigns," he says.

But he said "dirty" tactics that become the norm in recent years, especially in major races, don't appeal to voters, particularly in a small state such as Idaho.

"I think that the people of Idaho are going to be presented with a very clear picture of the vote they have to make in November," he said.

"I'm confident that when that picture is put out, when the people look at the capabilities of the candidates we have the (Stamps) can Party will do well," Clegg said.

It was the second time in a month that Republican leaders have called a news conference to deplore the possibility of dirty tricks in an election year that so far has been remarkably devoid of them.

In the House, as they've been threatened with reprimands or censure, Republicans have come down hard on dirty painting. But that isn't unique. It would be a rare election that saw candidates sign off on a movement to destroy each other.

The name-calling also has been fairly vicious this campaign, at least so far. So why have the Republicans been so complimentary about it?

Simply because they have the most to lose here are Republican seats in the Senate and House seats to defend, both of which are within the 1990 election cycle.

Letters

Country music too depressing

In regard to *The Times-News'* timely article concerning some music, every time I have to listen to country music for extended periods, I get depressed, crabby and develop the urge to hang out in bars, date women with cowboy hats so that I can cheat on them, decorate my house like the Dew Drop Inn, cry tears in my beers and drive me to drink.

This leads me to believe that maybe warning labels should be on the country records, especially the ones that graphically depict depression, adultery, excessive drinking and driving heavy machinery on medication. Labels should be big enough to cover most of those demoralizing covers, but not quite large enough to cover the entire record. I would have signs posted, "Warning: Country music can make you cry."

MARY E. STORDARD



There are also minorities in both the House and Senate to protect.

Rep. Larry Caine, the GOP Senate candidate, isn't the incumbent, although he is a seven-year House record-tender. But so far, Democratic challenges have been rather subdued, though critical.

Former state GOP chairman Blake Hall has a pre-emptive strike, including two legal actions against mud-slinging against Clegg, and perhaps that has had an impact.

Taylor has hinted he has some block busters coming. But when pressed for specifics last week, he said he hasn't completed the research and doesn't want to give any charge until he can back them up.

More plausible is the likelihood Taylor is saving money for the final weeks of the campaign when it will have the most impact.

Republican gubernatorial candidate Roger Fairchild has been doing his research, and recently has been coming up with almost daily blasts against the record of Democratic Gov. Cecil Andrus.

He is trying to keep them off. Indeed, he's been calling the Democratic lobby for 1990 comment.

Brian Epiphany also has a record from 1988 in the Idaho Senate and Andrus has said more than once he'd be pleased to compare it with Fairchild's.

Shane Kenyon is the Associated Press writer in Boise.



Breast cancer deserves political attention

Ruth Rosen

When does a disease become a political issue? When it is contagious, incurable and kills those who are still vigorous enough to mount a campaign to grab public interest and funding?

Every year 140,000 women are diagnosed with breast disease every year 42,000 women die of it. I am not the only person who, while watching one more television program on acquired immune deficiency syndrome, has noticed that every two years more women die from breast cancer than all the people in the United States who have ever died from AIDS.

Yet, because breast cancer is not contagious or predictably incurable disease, and because women have not yet defined it as a woman's issue, what should be seen as a major social and political problem is regarded as a tragic and somewhat biologically fatal part of women's lot.

This is not to suggest that AIDS should receive less attention or funding. The former women have a great deal to learn from groups that have successfully publicized and politicized the horror of the AIDS epidemic.

But it is time for national women's organizations to complement their disease programs with an emphasis on breast cancer. Women's health advocates concentrated on the full force of today's sexism. What is needed is a determined effort to bring breast cancer to the forefront of our political consciousness, to make it a central cause of better detection, under-treatment? Or have environmental pollution, oral contraceptives and dietary habits somehow caused a greater proliferation of the disease? Why do so many doctors and insurance companies fail

to have any obstacles to overcome, including those in medical training. Only 2 percent of medical students take elective courses in preventive medicine; the academic award system rewards those who engage in basic research and technology development rather than those who devote themselves to prevention.

Attention to women's health issues, however, is sadly neglected. In 1987 the National Institutes of Health spent less than 14 percent of its \$7.6 billion research budget on women's health issues, although women make up more than half the population. The General Accounting Office reported that National Institutes of Health has made little progress in including women in research studies populations, although women's problems are not taken seriously until they reach a critical stage.

Look around you. One tenth of your sisters, daughters, wives, lovers, millions of female friends (who manage to survive life-threatening accidents and diseases) will, in the course of their lives, receive a diagnosis of breast cancer.

It is time for feminists, the public and politicians to grasp that breast cancer is a disease of epidemic proportions that affects enormous numbers of women and, hence, hundreds of thousands of their children, partners and friends.

This is a silent political constituency waiting to be discovered. There is no greater human right than the right to live out one's natural life span.

Ruth Rosen, a professor of history at the University of California, Davis, wrote *The Lost Sisterhood: Prostitution in America*. She wrote this article for the Los Angeles Times.

Selection of national insect needs your response

Dave Barry
HUMOR

I am sick and tired of our so-called "representatives" in Washington being influenced by powerful special-interest groups on unimportant lesser issues. As you have no doubt gathered, I am referring to the current effort to name an Official National Insect.

This effort, which I am not making up, was abruptly brought to my attention by Kick Guidon, who's on the staff of U.S. Rep. James Hansen, the Democrat who runs the congressional office that handles my constituency. He was invited to congressional hearings that were conducted by the Entomological Society of America (ASA). "Entomologist" is defined by Webster's as "one who studies entomology." I like the personality traits represented by this definition.

Believe it or not, the ASA has a House Resolution 116, which would designate the monarch butterfly as our national insect. The letter gives a number of reasons, including that "the durability of this insect's life cycle, its remarkable adaptability to a wide variety of habitats, its unique qualities, including the rugged pioneer spirit and freedom, upon which this nation was settled."

The letter is accompanied by a glossy photograph-and-style brochure with color photographs showing the monarch butterfly at work, relaxing with its family, etc. There's also a lament entitled "Our Nation Supporting the Monarch Butterfly," featuring the Friends of the Monarch, the National Pest Control Association, the Southern Maryland Rock and Roll Club and the Saginaw County Micromammal Commission.

Needless to say I am strongly in favor of having an official national insect. If history teaches us one lesson, it is that a nation that has no national insect is a nation that probably also does not celebrate Soylent Award Month.

I also have no problem with the monarch butterfly per se. ("Pssst, Al Gator, we're less than eggs in my salad.") Butterflies are nice to have around, whereas with a lot of other insects, if they get anywhere near you, your immediate reaction is an ecological emergency. Like, for example, the skeletal shortening mites and See-See-Jesse Jenkins. I could go on, but no point here is not to change all the possibilities, my purpose is to create stirrups and controversy.

But what bothers me is the way the entire

percent of medical students take elective courses in preventive medicine; the academic award system rewards those who engage in basic research and technology development rather than those who devote themselves to prevention.

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And you can help. I recently acquired a highly trained, well-staffed, modern Research Department. Her name is Judi Smith, and she is ever so underpaid because I never hear anything researched other than the question of what ate the frozen yogurt flavor of the Day in the cafeteria.

So I'm asking you to write your preference for National Insect on a POSTAL CARD. If you send a letter, the Research Department has been instructed to laugh in the classical manner of Jack Nicholson as The Joker and throw it away unopened. Send your card to National Insect Survey, c/o Jim Smith, The Miami Herald/Tropic Magazine, 1 Herald Plaza, Miami, FL 33132.

Huh? Will that end the entries and go insane. Then I'll let you know which insect is preferred by you. The People and we can start putting serious pressure on the Congress. If all goes well, this could wind up costing the taxpayers millions of dollars.

In closing, let me stress one thing: be nice and don't want to set yourself up as a laughing stock from insect experts correcting you in all facets. I am well aware that Sen. Holmes is technically a member of the arachnid family.

Dave Barry is a Miami Herald columnist.

Write to us

The Times-News welcomes letters from readers on subjects of public interest. To make sure your letter is published promptly, here are a few guidelines to remember:

Letters should include the writer's signature, mailing address, and telephone number. Letters considered before closure or in bad taste will be rejected and The Times-News reserves the right to edit all letters.

Because of space constraints, please limit letters to 250 words.

We look forward to hearing from you.

2 U.S. pilots killed in jet crash

DHA (AP) — Two U.S. Air Force pilots were killed Sunday when their F-15E aircraft crashed during an exercise in Saudi Arabia, the U.S. military command said. They were the first American personnel reported killed in Saudi Arabia since the beginning of Operation Desert Shield nearly two months ago. Another Army UH-60 Blackhawk helicopter crashed Saturday. Officers said one remained in critical condition, three in good condition and one was deceased.

The aircraft assigned to the 3rd Tactical Fighter Wing was en route to what was described as a routine mission in the southern Saudi desert on Sunday morning. Two soldiers have been killed and one hurt in vehicle accidents, and a sailor was accidentally electrocuted on a ship. A Saudi man was killed in a collision of a taxi and a Marine Force pickup truck.

The pilots' names were withheld pending notification of relatives. A board of inquiry was assigned to investigate.

Saddam softens tone in crisis

The Associated Press

Saddam Hussein adopted a conciliatory stance Sunday in the nearly month-old Persian Gulf crisis, urging peaceful dialogue instead of threats and warnings.

In a message broadcast on Iraqi TV and radio, Saddam also said he no longer opposed the involvement of foreign powers in the search for a settlement to the crisis, which was touched off by Iraq's Aug. 2 invasion of Kuwait.

The Iraqi leader's latest message came as world leaders meeting at the United Nations moved to shake up diplomatic efforts against Iraq.

Also Sunday, thousands of French troops joined the U.S.-led multinational force in the gulf, and U.S. and British warships stopped and searched ships carrying supplies from the region.

Jordan threatened to restrict the flow of refugees fleeing Iraq into Jordan unless it got more international aid. More than 600,000 people have poured into Jordan since the invasion, officials said.

Belgium, meanwhile, said most European Community embassies probably will be forced to close this week because of ongoing disputes to close their missions in Kuwait, or more than dozen Western nations have defied the order.

Belgian Foreign Minister Marc Ryckaert said Saturday that the European Union's foreign ministerial meeting in Luxembourg is beginning under uncertain circumstances following the cutoff of water and energy supplies.

AP Photo

Rosovist Marvin Baker prepares to leave Columbus, Ohio, Sunday for Jordan to replace troops sent to Saudi Arabia.

Prospect of U.S. ground offensive, if any, seen to be still weeks away

WASHINGTON (AP) — In the first days after President Bush ordered American troops to the Saudi-Cambodia border, Washington was still skeptical about whether the United States would commit its own forces to the conflict. Now, after Operation Desert Shield has been in nearly a month, the importance of the U.S. military buildup is clear: roughly 165,000-plus soldiers, sailors and marines, 300 aircraft and ships are amassing in Saudi Arabia, preparing for battle.

Even with this formidable presence, military analysts say it will be some time before a major U.S. invasion has already thrown heavy resources into launching a sustained ground offensive against Iraq.

Completing the military equation is the continued buildup of Iraqi forces in Kuwait and southern Iraq, estimated by the Pentagon to total 450,000 men as of Sept. 25.

"We're long way from having any capability to do anything other than harass in a terroristic way," said Jack Merritt, a retired Army general and former U.S. representative to the UN Commission on Disarmament.

In sending U.S. forces to Saudi Arabia on Aug. 7, Bush said their mission was to deter an Iraqi attack on the desert kingdom and, in the event the Iraqis invaded, to defend the Saudi oil fields.

The president has not ruled out an offensive strike to try to dislodge Iraqi forces from Kuwait, and Defense Secretary Dick Cheney said Friday it seemed increasingly likely

U.S. Air Force and Navy forces that entry a saucer-like

Poll shows Utahns support Gulf policy

SALT LAKE CITY (AP) — Utahns strongly support President Bush's actions in the Persian Gulf and believe U.S. troops should be in Saudi Arabia, but they don't want American troops驻留 there, according to a poll by the Salt Lake City-based Deseret News-KSL-TV Poll.

Utahns have found that most Utahns believe that American troops should fight back with conventional weapons if they are attacked.

However, pollsters for the Deseret News & Associates found that a fifth of those questioned said the United States should use nuclear weapons if Iraq agreed to withdraw from Kuwait.

The poll was taken in early September just after Bush ordered U.S. troops to Saudi Arabia. Asked if they supported Bush's actions in the gulf crisis, 80 percent of Utahns said they agreed.

New Faces & Places

These Magic Valley Businesses are pleased to announce their recent change or addition to our distinctive business community. That is what New Faces & Places is all about. The unique opportunity to introduce their re-location, new management, changed name, or whatever news they feel is exciting.

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Machelle McCuistion has moved!

I've recently moved to a new salon and am happy to announce my new location: The Aquarius located in the Club Fitness Center at 798 Falls Avenue. I'm enjoying this new and exciting business venture. I look forward to meeting new people as well as continuing to serve my clients with all their hair care needs. Stop in and say "Hi" or call me at 733-5807.

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The Times-News is pleased to announce the recent addition of Peter York, as the Advertising Director. Pete has been in the advertising business for fourteen years, mostly as the Advertising Director of the Idaho State Journal in Pocatello. He brings a wealth of marketing experience to the area and is looking forward to meeting and working with the Magic Valley business community.

The Times-News

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SHOWCASE WEEK

KAID TV 4

THIS IS THE WEEK TO WATCH!

Marriage secrets: Talking, listening

You've seen couples who just seem to function with all the smoothness of a well-oiled watch - couples who hold and hug, who speak to each other with loving and respectful tones, who work out their differences without shouting and fussing. What's their secret?

**JoAnn
Larsen
Psychology**

These couples - whether they know it or not - habitually use certain responses that nurture the relationship and allow them to talk and share and work out their problems.

A number of these responses are healthy skills you can learn and use to create good feelings in any relationship.

You'll find in this article two of the most basic skills. As you read on, ask yourself whether you use these two skills to listen and talk to your partner. (In the communications of troubled couples, these skills are usually missing altogether.) If the answer is no, you may be able to bring new vitality and satisfaction to your marriage by adopting these communication habits.

Listening - the receiving skill. Listening is the key skill that allows you to understand your partner. When you're truly listening, you pay absolute attention. You enter your partner's world; you try to see things from the listener's point. You verbally walk with that person, hold his hand, feel with him, but do nothing to add to or change his perspective. You do not judge. You are simply there.

Anytime you listen carefully to your partner, you give a gift - a verbal backrub, so to speak. And you help that person to bring his thoughts out into the open, to hear those thoughts, and to clarify them. Almost magically, as you listen, your partner may rid himself of his own hurts, change his own views, solve his own problems.

To make listening work for you, consider these suggestions:

- Make listening a form of communication that you frequently use to reach out to your partner.

Paraphrase your partner's messages, trying to capture the essence of what he is saying. Use leading phrases like "It seems to you . . . I sense you're feeling . . . or . . . how do you . . . ?"

If you sense feelings - perhaps anger, hurt, disappointment, resentment - put those feelings into words. ("You're hurt, and I didn't seem to appreciate your efforts.")

"Make it a point to listen anytime your partner is confused or distressed (even when he's distressed with you). Clear your head and simply prepare to receive what the other person is saying."

Please see LARSEN/B2

Features

Tension, workaholism = Type A



Hostility appears to be the most harmful aspect of Type A behavior, studies show.

Modifying behavior can help Type A's lead longer, healthier lives

By Bob Doyle
Times-News correspondent

When you're standing in line at the post office, check-out line, do you count the items in the basket at the person in front of you to determine if those items exceed the limit? If the limit's exceeded, do you feel a rush of anger?

Does your blood begin to boil when the elevator doesn't come, causing you to punch the elevator button ten times?

Do you find it difficult to do nothing? Are you quick to anger when a child or spouse doesn't respond instantly to a command from you? Do you dread retirement?

If you answered "yes" to one, some, or all of these questions, your personality type may be Type A. The A classification is reserved by behavioral scientists for those people who regularly exhibit impatience, hostility, and an all-consuming desire for results.

As a consequence of this third characteristic - a consuming desire for results - A's are often workaholics, dedicated to their work at the expense of all other aspects of their life. American author William H. Whyte best described this work-oriented group by saying, "They're never less at leisure, then when they ARE at leisure."

OK! You've fussed up and labeled yourself an A. Should you make an appointment with the nearest psychiatrist and strive to become a B - a type who rarely gets upset, and takes everything in stride? The answer is no, according to psychiatrist Gregory Young, author of *Your Personality and How To Live With It*.

Young says a person can change manners, habits, but not his basic style. "We can change within our own style, but we cannot cross over to another style," Young says.

Assuming Young is correct, (once an A always an A) maybe being an A is an advantage. Ambition, drive and a desire for perfection - all A characteristics - appear to be desirable traits in a competitive world.

The problem, according to Dr. Redford Williams, is that Type A run a greater risk of heart disease. Williams, director of the Behavioral Research Center at Duke University, is author of a book called *The Trusting Heart*. He was recently interviewed in U.S. News and World Report on the subject of increased incidents of heart attacks in Type A individuals in comparison to other personality types.

Williams found in his research that what takes a toll on Type A hearts is not hurrying, or workaholism, but hostility. It's now clear that only the hostility and anger associated with Type A behavior contributes to heart disease. It's the quickness to anger, the persistent hostile outlook and cynical mistrust of other people, rather than impatience per se that appears harmful, Williams says.

Ketchum Clinical Psychologist Dan Hamilton says he feels that type A personalities' first step is to acknowledge that they are

Please see A/B2

Benefits of not smoking beat sacrifices of quitting

By Sonya Ross
The Associated Press

ATLANTA - A series of new studies emphasize that gaining weight or enduring a little stress to kick the smoking habit is a small price to pay for living longer, U.S. health officials said.

The Centers for Disease Control used its weekly report to release the findings on the advantages of quitting in order to freshen warnings about smoking. CDC officials said.

The research found that quitting smoking increases life expectancy, said Dr. Ronald Davis, director of the CDC's Office on Smoking and Health in Rockville, Md.

"The public needs constant reminders," Davis said. "Even though we knew quitting smoking was good for you, we never really had an idea of how much the risk goes down after quitting."

The CDC's report came two days after Surgeon General Antonia C. Novello reported that older smokers could increase

Even though we know quitting smoking was good for you, we never really had an idea of how much the risk goes down after quitting!

- Dr. Ronald Davis,
director for CDC Office on
Smoking and Health

their life expectancy, and improve their health if they quit even after decades of smoking.

According to her report, 50 million Americans smoke or chew tobacco and 900,000 die every year from smoking-related diseases. Novello said about half of all living Americans who ever tried tobacco products have quit.

According to the CDC, risks associated with smoking drop dramatically — in low birth-weight babies as women who some cases almost from the moment they never smoked.

last cigarette is snuffed out.

Echoing the surgeon general's findings, the Atlanta-based CDC concluded that smokers gain an average of 5 pounds after quitting, but 70 percent of those who quit gain more than 20 pounds.

Davis said the findings also showed smokers should not feel stress and tension associated with ending smoking.

The psychological effects of nicotine withdrawal — irritability, difficulty with concentration, sleep disorders, increased appetites and cigarette cravings — peak within two days, then "rapidly subside" over the next seven to eight weeks, he said.

"We are trying to get across the message out that these effects go down very quickly, and that if people do all they can to get beyond those first few weeks and increase their chances of becoming permanent non-smokers," he said.

The CDC also cited a study of pregnant smokers in Ohio that found that women who stopped smoking before pregnancy or during the first four months of pregnancy have the same risk of delivering normal-size babies as women who never smoked.

College-educated smokers were more likely to believe there were health benefits in quitting for long-term smokers, the CDC said. Knowledge of the advantages of not smoking was lowest in smokers ages 55-64 who had no college education.

Inside

To do for you	B4
Comics	B6
Dear Abby	B6
Classified	B7

Looking good

Individuality pervades '90s

The 1990s are the decade of the individual. And the biggest fashion mistake will be to sacrifice one's own individuality in favor of someone else's.

The American woman of the 1990s is a fashion genius, says Marjorie Deane, editor of the influential *Top! Report* (a fashion trade newsletter).

American women today, explains Deane, are more self-confident, self-aware, and definitely more opinionated when it comes to fashion. And as these women search for new avenues of expression, fashion and style take on a new freedom and vibrancy.

"Fashion is the primary tool women have to express themselves and today we have more choices than ever," says Lucille Klein, women's fashion director for J.C. Penney. "Remember the days when working women were urged to wear a 'uniform,' to blend in as if they were men. That worked then in a new-found era of career equality. But it doesn't work now."

Winter is time for skin care

As winter approaches, people who have a skin regimen are knowingly stocking up on all of their favorite moisturizing products. People who tend to just slather on a bit of lotion in the morning are likely to be doing nothing. The experts at Kent Skin Care have



Left: shiny sportswear. German: right, attire with style can go anywhere.

Health notes

Watch computes fertility

For all those women whose biological clocks are ticking and time is running out on starting a family, comes help from a Swiss inventor named Ernest Straub.

Straub, according to the September issue of Parenting magazine, has designed a new wristwatch to keep the wearer up to date on the crucial computing for conception. Straub's invention has a minute hand, a second-hand and a "cycle hand" that indicates the most fertile days of a woman's menstrual cycle.

The watch is priced at \$60 to \$80.

Ice cream headaches are real

No, these headaches aren't triggered by computing the number of calories and toppings you've just consumed.

So-called ice cream headaches are thought to be sparked by temperature-sensitive receptors in the roof of the mouth that send pain to the front of the head because of the intense cold of some foods like ice cream, the Mayo Clinic Health Letter says.

Doctors can't really explain it, according to the newsletter, but this phenomenon appears most common in people who suffer from migraine headaches. These headaches generally last for less than a minute.

But quick relief can be only a warm drink away. Warm drinks seem to normalize the cold sensation.

Or, the next time you're curling the tongue upward and pressing it against the soft palate on the roof of the mouth, warns the painless and thus off the pain reflex.

Spoilage is hard to detect

Spoiled food doesn't always smell bad or look bad. Spoiled can go undetected, according to the U.S. Department of Food and Agriculture, because food produces toxins invisible to the eye.

The department has a meat and poultry hot line, (800) 333-4555, that is helpful for advice as we head toward the holidays when people cook for larger family and party groups, and the proper storage of food takes a back seat to the general mayhem of seasonal activities like shopping, gift-giving and running errands.

Some general rules on spoilage from the Department of Food and Agriculture:

* Food requiring refrigeration should be left at room temperature for no more than one hour.

* Dairy products can spoil faster, regardless of expiration dates on packages.

* Meat and poultry should not be left in the refrigerator longer than 30 minutes to prevent bacterial growth.

From the Los Angeles Times

Hiking the trail — blind

Hiker, seeing-eye dog approach completion of Appalachian Trail

CRAWFORD, N.Y. (AP) — It's time to take the 2,100-mile Appalachian Trail despite his blindness. Bill Irwin has replaced his last-for-wine and women with a devotion to God that guides his every, deliberate step.

The 46-year-old Irwin, who since leaving Georgia six months ago with his guide dog Orient, Irwin, has traversed mountains and braved blizzards, craved elegances and greasy french fries, broken a rib and fallen an estimated 3,000 times.

"His destination is Mount Katahdin, Maine, more than 300 miles away. If he gets there, Irwin will be the first blind man known to hike the entire Appalachian Trail."

In the mountains of New Hampshire, Irwin talked about the days of wine, women and song, when he was an alcoholic, womanizer and smoked five packs of cigarettes a day.

"I was a jet-setter, playboy," the 46-year-old Irwin joked. "My wife was my wife," he joked.

The Bible replaced beer four years ago, when he didn't think he could drink any longer, he said.

Irwin may seem an anomaly, but he has been an unusual participant in training, Irwin began his quest.

"We just set out to come to Maine," Irwin said in his Burling-

ton accent. "The Georgia wilderness for four days; not sure if we can do it."

Starting out on Springer Mountain, the scene in the middle of the worst flood in the history of Georgia—not even knowing how he was going to get down the trail, he was the scariest portion of the trip, he said.

Irwin wears pads to protect his knees from the 15 falls he said he takes daily.

"But Irwin said he has become preoccupied at staying on the trail



Blind hiker Bill Irwin and dog Orient hike in New Hampshire.

and knows when Orient has strayed.

"I can tell by the way he turns ping in Conway. Battered by his head that we are off trail."

Because when he's not certain, he is stilling the ground and walking with hesitations," he said.

Though he can't see the map, other views that guided people earlier in his life have helped him.

"I have a sense of beauty in the colors and sensations of nature, and tries to constrict images of the landscape. When others are around, he likes them to describe the scene, but rely on visual images more than anything else," Irwin said.

"It won't always go for this broad-shouldered, lumbering man," Irwin said.

Irwin had normal vision until the age of 16, when he was struck with chronic retinitis, a disease that destroys the retina.

"I'm no great example of anything," he said. "Any blind person that is capable could do the same thing if they wanted to go through the same difficulty."

The stories and faces will remain after he finishes the trip and tries to parlay his experience into a business that combines hiking and counseling, Irwin said.

Irwin said he won't forget "The Irish Goat," an untidy, crusty hiker who woke everyone one night with his screams. A mouse had perched on the old man's beard and was eating remnants from that evening's meal, Irwin said, bursting into laughter.

In New York, the mosquitoes were so bad one day that Irwin tied a bandana over his face. A woman started at the sight of a man hiking with his face and eyes covered, asked him if he was crazy, Irwin said.

Just taking this seeing-eye dog for a walk isn't Irwin's goal,

Study shows syphilis up 34% since 1981

CHICAGO (AP) — The U.S. syphilis rate is at its highest level in 40 years, and the biggest increase in the sexually transmitted disease has been among blacks, according to a federal study.

A separate study also published in the Journal of the American Medical Association says the common, inexpensive methods of treating gonorrhea should be abandoned because of sharp rises in both the penicillin-resistant and tetracycline-resistant strains of the disease.

In the first study, researchers at the Centers for Disease Control in Atlanta report a 34 percent increase in the number of Americans treated for syphilis between 1981 and 1989. They said 18.3 of every 100,000 Americans were treated for syphilis last year, up from 13.7 cases per 100,000 treated in 1981.

The 1989 rate was higher than at any time since 1949, the study said. The overall rate has risen most sharply in the last four years, which may be an indication that precautions spurred in the early 1980s by the AIDS outbreak are on the wane, said one of the study's authors, Dr.

Allyn K. Nakashima of the CDC's division of sexually transmitted diseases.

"Obviously the message has not gotten out to certain groups," Nakashima said in a telephone interview.

Especially worrisome though, the study's authors say, is the high rate among blacks. The study shows the incidence of the life-threatening disease more than doubled between 1985 and 1989, to 12.1 cases from 5.2 cases per 100,000 people.

In contrast, syphilis rates among white males have dropped by 69 percent since 1982. The disease rate for white females remained low and unchanged.

Data for the study came from county and state health departments over the nine-year period reviewed.

Researchers were unable to give concrete reasons for the differences between the racial groups, although they suggest that the higher rate among blacks may be linked to a higher incidence of drug abuse, poverty and homelessness.

"This is just one more problem that can be attached to that disadvantaged group," Nakashima said.

Commenting on the new study, the March of Dimes Birth Defects Foundation said in a statement that it has seen "a shocking 186 percent jump" in the number babies born with syphilis passed on by infected mothers in the last five years.

"The ravages of syphilis continue in an area where there is little awareness," said Dr. Reed V. Takson, a senior vice president at the March of Dimes in White Plains, N.Y. "The resurgence

INSERT Coming

**WEDNESDAY,
SOUTH
IDAHO PRESS,
NORTHSIDE NEWS**

**THURSDAY, THE
TIMES-NEWS**

FDA OKs marrow drug

WASHINGTON (AP) — The sometimes random to wisdom that Food and Drug Administration has immune system, so the marrow authorized expanded use of an experimental drug that helps prevent graft-versus-host disease, destroying the existing marrow to life-threatening side effects, both sides of the new, an FDA panel decided yesterday.

"The drug is designed to help the 10 to 15 percent of patients whose bone-marrow graft takes longer than usual to work or fails to work. Many patients have leukemia, lymphoma, multiple myeloma, and other cancers."

More than 3,000 bone-marrow transplants are performed every year, as it should, patients are given an anti-rejection drug to prevent their bodies from attacking the new marrow and other cancers.

The new drug is a genetically engineered version of a human protein, called "granulocyte-macrophage colony-stimulating factor" or GM-CSF. It works by promoting development of certain bone marrow cells that produce neutrophils, the FDA said.

**"Gee,
it's been
a year
and you
haven't
changed
a bit."**



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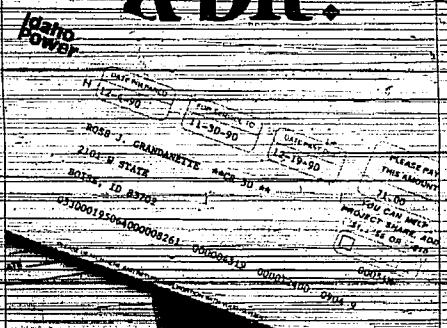
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We're not hit with our highest bills just when we need the money for Christmas and summer vacations.

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And once a year, you adjust yourself to reflect our electric use—the past year, true. Afterwards, we may be paying a little more, but we may also be paying a little less.

Thank goodness for Idaho Power's Level Pay plan. It's changed things for the better.

SAMPLE HEATING BILLS

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January	\$127	\$ 71
February	\$114	\$ 71
March	\$ 90	\$ 71
April	\$ 58	\$ 71
May	\$ 37	\$ 71
June	\$ 43	\$ 71
July	\$ 47	\$ 71
August	\$ 50	\$ 71
September	\$ 38	\$ 71
October	\$ 49	\$ 71
November	\$ 76	\$ 71
December	\$113	\$ 71
TOTALS	\$852	\$852



Idaho Power

Many of best workouts are done without fancy exercise equipment

Many Americans have purchased elaborate exercise equipment, but have found they don't commit to using it.

Before investing money in weight machines and exercise cycles that may end up as clothes racks, try working out with what you have:

Bodylessons

Judi Sheppard Missett

Aerobic activity such as brick-walking, jogging and swimming can be done without equipment.

Resistance training should be done twice a week for no less than 20 minutes. The activity should raise your heart rate to a "training level" of 40-50 percent of your maximum heart rate.

Other forms of free-exercise are calisthenics such as curliques, planks and leg lifts. These exercises work to strengthen and tone specific muscles using gravity and the weight of your body as the resistance force.

The following exercise focuses on the gluteus maximus (buttocks) and the hamstring muscles, which lie along the back of the thigh. The gluteal muscle primarily maintains the leg in the air while the hamstring muscles flex (bend) the leg at the knee joint.

Drop to all fours, position your right knee behind you so it is level with your spine, no higher. Be careful not to arch your back or let it "sway."

Next, keep your leg at the same level while you bend the knee to approximately a 25-degree angle. Repeat the movements times. Reverse the movement, as desired.



Los Angeles Times

This exercise will tone up the hamstring muscles.

Combining both aerobic activity and muscle strengthening exercise is essential for achieving and appears every Monday in *The Times-News*.

To do for you

"Over 60 and Getting Fit" begins

TWIN FALLS — The "Over 60 and Getting Fit" exercise class for seniors will begin at 9 a.m. today in the College of Southern Idaho gym.

Instructor Jan Mittfelder said walking seniors at 9:30 a.m. followed by stretch and strength exercises at 10:15 a.m. The class meets on Mondays, Wednesdays and Fridays. The class is free, but participants should have permission from a physician to take the class. For more information, call Mittfelder at 733-9554, ext. 202.

YFCA starts children's program

TWIN FALLS — The Magic Valley YWCA will be starting its new children's fitness program called G.A.M.E.S. (Great Aerobic Movement Exercises). The first class will be from 4 to 5 p.m. Tuesday at the YWCA, 1751 Elizabeth Blvd.

The program will be for grade school children and will be held every Tuesday. The cost is \$5 cents per child each Tuesday. For more information, call the YFCA at 733-4384.

Hospital plans child CPR meeting

TWIN FALLS — An Accident Prevention and Injury Control Cardiopulmonary Resuscitation meeting is set for 7:30 p.m. Oct. 8 at the Magic Valley Medical Center cafeteria. The facilitator is Dr. Paul Miles and it is sponsored by the Childlife Program at MVRMC. For more information, call Blossom Mathews at 217-2430.

Prepared childbirth course planned

TWIN FALLS — A prepared childbirth course for parents due in December will begin Oct. 10 at the Magic Valley Regional Medical Center.

The 12-week series of six classes will be held from 7 to 9:30 p.m. on Wednesdays in the Women's Health and Education Center conference room, second floor. The course fee is \$30.

Designed to prepare parents for childbirth and early parenting, the course includes film slides and physician question and answer sessions. The expectant mother is asked to wear comfortable pants and to bring two pillows. A support person is encouraged to attend.

Pre-registration is required. To pre-register or for

more information, call the Women's Health and Education Center at 737-2900, weekdays between 9 a.m. and 4 p.m.

Jerome district sponsors programs

JEROME — The following programs, sponsored by the Jerome Recreation District, will begin on the dates specified or when a minimum of 10 participants have registered. For registration information, call 324-3389 or stop by the Jerome Recreation District at 241 E. First Ave.

A portion drill class, instructed by Lavina Burnham, will be available to participants 12 and older. The class will be held from 6:30 to 9:30 p.m. Thursdays and the fee is \$12 plus materials.

A clogging dance class open to boys and girls seven through 12 years old will be from 3:30 to 4:30 p.m. Thursday at the Jerome Recreation Center. The fee is \$8.50 per six-week session.

A youth basketball/driving class for fourth-grade students will begin Tuesday at Jefferson Elementary and Wednesday at Jefferson School for first through fifth-grade students. The instructor is Lowell White and the fee is \$10 for a six-week session.

A tote painting class, designed for students with some experience, will be held from 6:30 to 9:30 p.m. Oct. 8 at the Jerome Recreation Center, 2444 S. Lincoln. The fee is \$6 per six-week session.

A pottery class, the first of a three-part "Super Saturday" series for children, three-years-old through the first grade, will begin Oct. 13. Children will meet at 11 a.m. at the Jerome Recreation Center and will be served lunch on their return from the daily tour. The fee is \$5.

To Do for You is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to *The Times-News*, P.O. Box 134, Twin Falls, 83303, or deliver to our office at 132 Idaho St. W.

Immune system abnormalities possibly linked to miscarriages

CINDY ALLEN (AP) — Women with an abnormal immune condition related to the thyroid may be twice as likely to miscarry as women whose thyroid function has been traced to misaligned antibodies.

But an independent researcher and author of the report published in the *Journal of the American Medical Association* cautioned that the findings need further study.

"This is the first time anything like this has been found," said one of the study's authors, Dr. Alex Stagnaro-Green of the Endocrinology division of Mount Sinai School of Medicine in New York. "We've never been able to start worrying about this. This study will have to be replicated."

The report is the first to link miscarriages with the presence of two thyroid auto-antibodies. It is also the first to show that women who test positive for either thyroglobulin and thyroperoxidase don't suffer from common hormonal-based thyroid disease or underactive thyroid," said Dr. Green.

"It's really nothing to do with the hormonal balance," said Dr. Green, who tested positive for both antibodies.

In the study, researchers at Mount Sinai screened 532 women from seven obstetrics and gynecology clinics across the country for thyroid auto-antibodies.

"In the study, researchers at Mount Sinai screened 532 women from seven obstetrics and gynecology clinics across the country for thyroid auto-antibodies," said Dr. Green.

Main said the incidence of women who tested positive for the auto-antibodies — nearly 20 percent — was higher than he expected.

"One should always be suspicious when a larger share of a group that otherwise seems normal reflects some kind of abnormality," he said. "They could suggest some false positives."

Main also said a study needs to address the question of whether the process of autoimmune somehow leads to the development of auto-antibodies rather than the other way around.

The report said that 8.4 percent of women who tested negative for the auto-antibodies miscarried. Seventeen per-

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Some restrictions apply. Call for more details.

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For further information, call June Terri, OMB or Marjean Today.

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AT THE MOVIES

MALL CINEMA

ROBERT DENIRO
DAILY
GOODFELLAS
(R)

ENJOY A

ARACHNOphobia
(PC-13)

7:15 - 9:15

PRESUMED INNOCENT
(R)

7:00 - 9:30

FLATLINERS
(R)

7:15 - 9:30

MEN AT WORK
(R)

7:00 - 9:00

MOVIE TONIGHT

YOUNG GUNS
(PG-13)

7:15 - 9:15

MEN AT WORK
(R)

7:00 - 9:00

POSTCARDS
(R)

7:30 - 9:30

NARROW MARGIN
(R)

7:30 - 9:30

HOST
(R)

7:00 - 9:30

PACIFIC HEIGHTS
(R)

7:30 - 9:30

Apartment Therapy

R Magic Valley Regional Medical Center Prescription for Good Health

Free Breast Screening Educational Program. By appointment only. Call 737-2900. The MVRMC mammography facility is accredited by the American College of Radiology.

Learn how to perform your own breast examination. You may schedule a mammogram (\$71) following your appointment.

If you are 40 years of age or older, have never had a mammogram, and do not have insurance coverage for a mammogram or have an unitem deductible over \$100, YOU qualify for a free mammogram under the MVRMC Mammography Grant Program.

Stress Management Lunch Series • Tuesday, October 2, 12 noon - 1:30 p.m., 2nd floor conference room.

This week's topic: "Communication Skills" by Jamie Kelley-Kinyon, ACSW. Cost: \$20 for the 4 lunch series (includes lunch). Call 737-2900 to register.

Community CPR Course • October 3 & 4, 3-10 - 6:30 p.m., 3rd floor south conference room.

Two-session course. Fee: \$11. For recertification, only 2nd session required. Fee: Call 737-2007 to register.

"After Cruzan: What You Need to Know About a Living Will" • Wednesday, October 3, 7 - 9 p.m., 2nd floor conference room.

Information on legal, medical and social issues concerning choices for healthcare. Speakers: Paula Brown-Sinclair, JD and Harry Brumback, MD, with moderator Jamie Kelley-Kinyon, ACSW. No charge.

Safe Kids Class • Monday, October 8, 1:30 p.m., MVRMC Cafeteria. Free class on accident prevention and child CPR. Facilitator: Dr. Paul Miles. Call 737-2430.

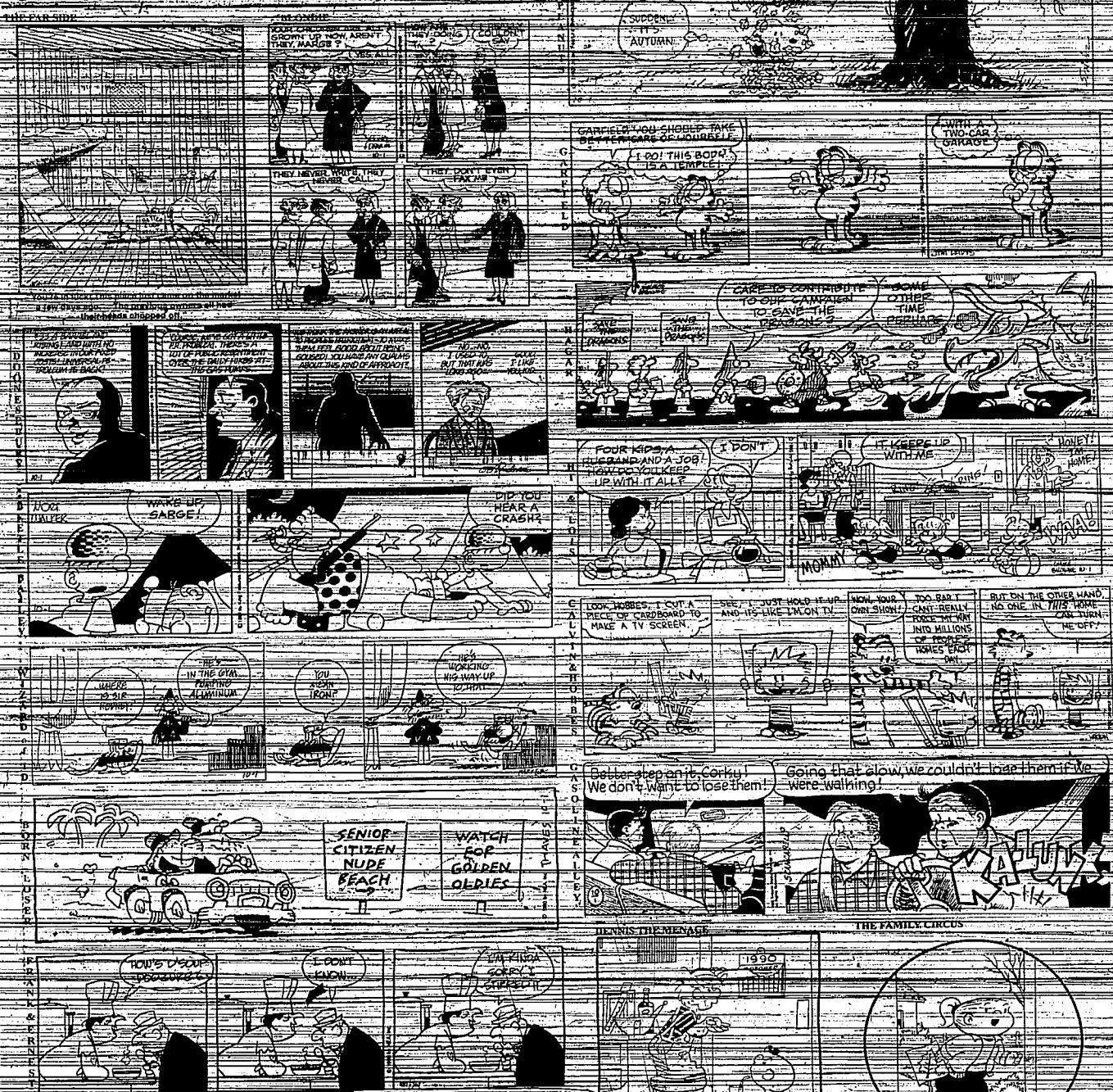
Community CPR Course • October 8 & 10, 4 - 7 p.m., 3rd floor south conference room.

Two-session course. Fee: \$11. For recertification, only 2nd session required. Fee: Call 737-2007 to register.

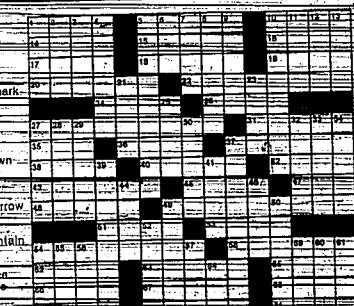
Prepared Childbirth Course • Wednesdays, beginning October 10, 7:30 p.m., 2nd floor conference room.

Lamaze-based series of 6 classes. This session for those due in December. Fee: \$30. Call 737-2900 to register.

COMICS



CROSSWORD



Saturday's Puzzle Solved:

TOMS	MANN	SWAB
APIE	ADIE	SHORE
MAMA	RODOT	
TELE	LAUREL	MAIN
ELLEN	LAUREL	MAIN
SILVER	MAINE	
CILIARIA	BOOBY	THEATRE
ALOID	PARADE	
BEEFED	STEERED	PILES
LEAFED	STEERED	PILES

10/01/90

10/01/90



Sydney Ontario
Astrological Forecasts
SEE IT TESTED YESTERDAY AND TOMORROW!
JUST A COUPLE OF TODAY'S

IF OCTOBER 1 IS YOUR BIRTH DAY: You are independent, creative, dynamic, hubbub. You also are an original thinker, unusual, and unpredictable. You have inhibiting qualities of leadership. Leo Aquarius persons play important roles in your life. Otherwise you are a good person, reliable, and resourceful. You are recent matroy. Key note is to avoid heavy lifting. You are sensitive, sentimental, vulnerable. Where love is concerned, you'll travel in November, income potential increases.

ARIES (March 21-April 19): Restrict time off for second wind. Focus on de-

sign, refinement of techniques, and the development of your agency. What has been done will be revised.

TAURUS (April 20-May 20): Many of your fondest hopes will become real.

Financial gain results from career business activation. Romance sparks are likely to fly. You'll win friends among the high and mighty.

GEMINI (May 21-June 20): Focus on career, higher-ups, participation in political or charitable campaign. There will be changes at home that include major domestic adjustments. You're a sharp, clear, diplomatic, forceful person.

CANCER (June 21-July 20): Define terms, see others in realistic light, avoid self-deception, interest in mystery, the occult surface. You'll discover hidden values through esoteric literature. Focus on ure promiscuity.

LEO (July 21-Aug. 22): You might appear to be more backward than actually is the case. Your voice is as reliable guide. Accented by an energetic, forward momentum. Emphasis on power, authority, responsibility, possibility of fulfilling financial backed up.

LIBRA (Sept. 23-Oct. 22): Your im-



What's what?

Longest smokes

When you've never smoked a cigarette, I wonder long? Such烟者, came into it in 1940. Under the brand name "Head Play," longest cigarettes ever sold in the United States.

That hair-cut called the Mohawk. Cutted with the Indians all right. They didn't have to get the effect. They plucked!

How do you want to be seen? Sometimes when the camera shifts from the football field to the bimini in the sky, I wonder how Charles Goodyear wanted to be remembered. Sooner probably. He was jailed repeatedly for nonpayment of debt, and he died broke and miserable.

What cockroaches really like is soap. Nothing new about obnoxious insects. They were particularly popular four centuries ago. To multiply the candlelights.

"Communication" is a liquid word that always takes the right side of language. Well, a liquid, I mean. It requires it only as "intimate rapport," comments it's the

most highly desired human condition. He says: "Marriages usually survive communion without sex, but not so easily sex without communion."

The kook bear has two opposite thumbs on each hand. And still can't handle chopsticks. Dumb beast!

Another way to get stinkus out iron under wall mouse is light up that crawl space. With a drop light or whatever. Then nocturnal stinkgo to the dark.

Understand English is the only language that capitalizes the word "I."

TENSE DIETERS
Tense situations drive dieters to eat more. So says a weight-loss specialist.

This authority advises dieters to avoid scary movies, high-speed auto rides and evenings with the in-laws. Or the stress.

Kansas City barbers are required by local ordinance to see their doctors every six months. I'm told.

Nothing new about obnoxious insects. They were particularly popular four centuries ago. To multiply the candlelights.

In Norway, all of November is Father's Month.

Grieving mother writes about Sudden Infant Death Syndrome

DEAR ABBY: Last November, my husband and I went to awaken our 5-month-old son, only to find him dead in his crib. We were sure he had Sudden Infant Death Syndrome (SIDS), more commonly known as "crib death." There was no cause, accusations and unnecessary guilt.

Almost as devastating as the loss of our child was the confusion and frustration that followed. Because so little is known about SIDS, parents are often left to face cruel questions from well-meaning but untrained medical staff and family. It is difficult to understand how a child who appears to be perfectly healthy and normal can die so suddenly for no apparent reason. It can lead to false

accusations and unnecessary guilt. Almost as devastating as the loss of people who have already suffered much.

Abigail VanBuren, 1000 N. Main St., Suite 100, West Chester, Pa. 19380.

1. SIDS is the sudden and unexpected death of an apparently healthy infant; the cause remains unknown even after an autopsy.

2. SIDS is the No. 1 cause of death among infants between the

ages of 1 week and 1 year, although it cannot be answered, SIDS occurs today because some studies do not agree with each other.

3. An average of 7,000 babies die, occurring in the total states throughout the year.

4. SIDS is NOT caused by suffocation, aspiration or regurgitation.

Most SIDS victims appear to be healthy before death, although a few frequently have special needs. The best advice from medical authorities now shows symptoms of sleep and friends tell DON't say "you

shouldn't be born dead."

5. SIDS is NOT caused by child abuse or an immunization reaction.

Neither contagious nor hereditary, it should be ruled out.

And, above all, DON'T try to substitute other children in families of all social and economic levels.

6. SIDS cannot be predicted or prevented. While the cutting question

is, "What did you baby do?" the best advice I can offer parents

is, "Please become better educated and involved. Since 1970, SIDS has increased more than 100 percent. The toll-free National SIDS hotline number is 1(800) 227-7437."

October is National SIDS Awareness Month. Please make only hope for learning more about this tragic problem lies in research, voluntary contributions are needed.

Abby's favorite family recipes are included in her new book, *Abby's Kitchen*, a 100-page soft-cover book with a free booklet titled "Facts About SIDS." Send your name and address to: The Sudden Infant Death Syndrome Alliance, 10500 Little Patux-

etage is included.

Md. 21044. The toll-free National SIDS hotline number is 1(800) 227-7437.

Those who are interested in learn-

ing more about SIDS can obtain a

free booklet titled "Facts About

SIDS." Send your name and address to: The Sudden Infant Death Syn-

drome Alliance, 10500 Little Patux-

etage is included.

Calcium helps stop bone loss

BOSTON (AP) — Women over age 55 can keep their bones strong and probably prevent fractures by consuming the amount of calcium in three glasses of milk daily, a study has found.

"Evidence is mounting that calcium matters," said Dr. Bess Dawson-Hughes, who directed the study. Here is the first real proof that it makes a difference in the diet of women."

The study found that women had managed to boost their calcium intake to the recommended daily allowance of 1,000 milligrams completely stopped the otherwise slow, steady erosion of bone in their hips, wrists and spines.

The researchers said their advice could help millions of older women who now typically get half or less of the recommended amount of this nutrient in their daily diet.

The consumption of calcium by older women, while often included in routine dietary advice, is controversial among experts. Some have doubted that it helps.

"It's very important that they showed a calcium effect. That should be trumpeted," commented Dr. Robert Resek of Creighton University.

Dawson-Hughes and colleagues conducted the study at the U.S. Department of Agriculture Human Nutrition Research Center on Aging at Tufts University. It was published in the New England Journal of Medicine.

Weakened bones, a condition known as osteoporosis, is a common crippling affliction of growing old. It affects an estimated 15 million to 20 million Americans and primarily strikes women after menopause, when their bodies take less estrogen.

According to a national survey, the average calcium consumption among women over age 45 is 475 milligrams. The latest study found that extra calcium helps when women's consumption of calcium is already low, under 400 milligrams.

Dairy products are a primary source of calcium and a quart of milk contains 1,200 milligrams.

Other sources include dark green vegetables such as broccoli, hollyhock, such as sardines, calcium tablets and foodstuffs fortified with extra calcium.

Women often lose bone rapidly after they go through menopause, typically around age 50. The latest study found that adding calcium does nothing to prevent this during the final five years after menopause. But by about age 55, enough calcium in the diet can stop the erosion completely.

Dr. William Cook, dean of Washington University's medical school, said that while the latest finding is important, women can still benefit from estrogen supplements to preserve their bones immediately after menopause.

"You don't want a woman to think she can walk into the sunset taking a lot of calcium," he said. "She can't be protected."

The study was conducted on 301 women with low dietary calcium intake. Doctors tested 500 milligrams daily doses of two forms of calcium — calcium carbonate, the type usually sold in calcium supplements, and calcium citrate malate.

Calcium citrate malate worked better, stopping loss of bone in the spine, wrist and hip. Doctors said this form of calcium is absorbed more readily, although women may be able to achieve the same effect by taking larger doses of calcium carbonate.

Calcium citrate malate is commercially available only in Citrus Hill Plus Calcium brand of grapefruit and orange juice. Procter & Gamble, which makes the juices, co-sponsored the latest study with the USDA.

Dawson-Hughes said she would like to see calcium citrate malate made available in tablet form. However, she added, "My first choice for people to get their calcium is to use food sources, because their general nutritional requirements are more likely to be met."

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THE REASON TO DO IT THIS WEEK.

In fact if your IRA was at Benjamin Franklin, you may have reason to do it Monday. Because Monday is the final day of the ten-day grace period that Bank of America extended their IRA holders to move those accounts without penalty.

But regardless of where your IRA is, or if you're just opening an IRA, West One's offer shouldn't be overlooked. Here's a rare opportunity to earn a high rate that's guaranteed for a full six months. With a secure, \$4.4 billion, century-old institution.

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