

The Times-News

Twin Falls, Idaho/86th year, No. 30

Wednesday, January 11, 1990

50 cents

Good morning

Today's forecast:

Mostly sunny with light winds. Highs 27 to 35 degrees. Lows 5 to 15 tonight.
Page A2

Magic Valley

Asking for help

State officials charged with monitoring the environmental and health effects of operations at the Idaho National Engineering Laboratory want the federal government to invest more than expected cancer rates in Minidoka County.
Page B1

New license

The Twin Falls hydroelectric power plant has a new 50-year operating license, and the Federal Energy Regulatory Commission has granted Idaho Power Co. permission to increase its output more than five-fold.
Page B1

Sports

Top teams tangle

Two of this season's best Magic Valley boys basketball teams tangled when Barley visited Jerome Tuesday.
Page A-6

Bobcats best Bruins

Burley defeated Twin Falls, 38-37, in a Class A-1 playoff basketball game.
Page A-6

Features

Picky eating is OK

A study reveals that even children who are picky eaters still get enough to eat.
Page C1

Remodeling not easy

Food columnist Nancy Joy Jones is planning to remodel her kitchen. She's looking for the perfect way to obtain a really super kitchen.
Page C2

Opinion

A false issue

Fears about the gulf war souring America's image in the Mideast are misplaced, today's editorial suggests. Affection from the Arab masses would be nice, but we can get along without it.
Page A10

Idaho

Revenues running strong

Figures released by the Andrus administration show state tax collections running ahead of conservative estimates.
Page A8

Landfill plan costly

Idaho's public health districts say \$84 million is needed over the next two years to cope with an avalanche of solid waste problems.
Page A8

Nation

Baltic pullback in works

Soviet officials have told the United States some of their troops will be removed from the Baltic states in a move to defuse tensions there.
Page A2

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Please recycle this newspaper

Bush predicts dual victory

The Associated Press

WASHINGTON — President Bush confidently assured Americans Tuesday night that the war against Iraq will be won and the recession at home will end in short order. "We stand at a defining hour," the president said in his State of the Union address. "For two centuries, we've done the hard work of freedom. And tonight, we lead the world in facing down a threat to decency and humanity." Bush said in a nationally broadcast address to a joint session of

Congress

It was the first wartime State of the Union address since the dark days of Vietnam. Extraordinary security precautions enshrouded the Capitol, a bow to threats of terrorism. He won a long standing ovation when he praised U.S. forces in the Persian Gulf as "truly America's finest" and again when he predicted "we will prevail" over Saddam Hussein. "As Americans, we know there are times when we must step forward and accept our responsibility to lead the world away from the dark chaos of dictators, toward the

brighter promise of a better day," Bush said in his 55-minute speech.

The president delivered a terse assessment of the war to date: "I'm pleased to report that we are on course. Iraq's capacity to sustain war is being destroyed. Time will not be Saddam's salvation. With Americans' attention focused on the almost half-million troops risking their lives in the Persian Gulf, Bush devoted the heart of his annual address to the two-week-old battle to force Saddam out of Kuwait. In the Congress, Democrats and Republicans rallied behind the president.

"Now that war has begun, we'll work to see that it's swift and decisive, with the least possible loss of life," said Senate Majority Leader George Mitchell, D-Maine, one of those who had professed more diplomacy to war.

Along with the Cabinet, lawmakers and the diplomatic corps, there were two special guests in the audience: Brenda Schwarzkopf, wife of Desert Storm commander Norman Schwarzkopf, and Alma Powell, wife of Gen. Colin Powell, chairman of the Joint Chiefs of Staff. Both received standing ovations when they were introduced.
Please see BUSH/A2

Iraqi pullout could halt war



Clarence Conner of Hemet, Calif., a Navy medical corpsman, displays his Purple Heart, the first awarded a casualty in the war with Iraq.

Evacuation slow, wounded corpsman says

The Associated Press

IN EASTERN SAUDI ARABIA — A U.S. Navy medical corpsman who won the first Purple Heart in the war with Iraq says he lay in pain on the desert floor for about three hours before a medical helicopter took him to a hospital. Clarence Conner, recovering from a shrapnel wound in the right shoulder, said the military's system of medical evacuations needs improvement. "They don't really have the Medevac system worked out," said the 21-year-old medical corpsman from Hemet, Calif. "They don't have a lot of the bugs worked

out. It felt good to get the helicopter in there." Conner was with a Marine unit near the Kuwaiti border the night hostilities began. He said he was sleeping near an observation tower when the unit was hit by enemy artillery. A piece of shrapnel tore a wound 3 inches deep in his shoulder. He said he received first aid, but lay on the ground for 2 1/2 to 3 hours before the helicopter took him to a hospital. "They had to keep giving me morphine" while he waited, Conner said. Cmdr. Richard A. Mayo, commander of the Navy's Fleet Hospital 3, said he was

unaware of delays in evacuating wounded. He said medical evacuations are the responsibility of the Marines.

"I really don't know how long he (Conner) was out there," Mayo said. "I know time seems to drag out there. Five minutes might seem like five hours." Lt. Cmdr. Lawrence J. Stuker, a Navy spokesman, said orders for medical evacuations are based on the condition of the patient. "Hospitalman Conner was treated immediately by other medics," Stuker said. "He suffered no damage to vital organs, or broken bones. His wound was

Please see PURPLE/A2

Remember problems, Demos say

Knight-Ridder News Service

WASHINGTON — Democratic leaders were eager Tuesday night to show solidarity with America's fighting men and women, but with one wary eye on next year's presidential election, they reminded voters that President Bush is presiding over a recession.

"Americans — not Republicans or Democrats — but Americans ... have answered their country's call," said Senate Majority Leader George J. Mitchell of Maine, whom the Democrats chose to deliver their response to Bush's State of the Union address. "Our troops deserve our full support. They have mine and that of the Congress."

"But, as critical as the (Persian Gulf) conflict is, the other business of the nation won't be forgotten," Mitchell added. "The president says he seeks a new voting order. We ask him to join us in putting our own house in order. We have a crisis abroad. But we also have a crisis here at home."

Speaking in his distinct Maine accent, Mitchell, a former federal judge, was both resolute and somber. But, spoken alone into a camera, his presentation lacked the ambience of a packed House chamber and the standing ovations that helped give Bush's remarks such force.

Mitchell and other Democratic leaders interviewed during the day identified several themes they believe the administration is not adequately addressing:

- Nearly 25 million working Americans need health insurance.
- Millions of others need job training, while the nation's young people need better education to meet the standards of foreign competition.
- The tax structure unfairly burdens the middle class.
- Decaying, drug-ridden U.S. cities need infusions of money and hope.
- The nation needs an energy policy. "We should have learned the lessons of the two oil price shocks of the '70s," Mitchell said. "But we didn't. For 10 years, we've had no energy policy. We've just relied on imported oil."
- Bush mentioned the need to conserve energy and develop alternatives to oil, too, but missing this issue was the Democrats' gentle way of reminding Americans why Kuwait was such a priority.
- Earlier in the day, Sen. Edward M. Kennedy, D-Mass., and Rep. Henry A. Waxman, D-Calif., pledged to start the ball rolling toward greatly expanding the nation's health care system.

Please see DEMOS/A2

Jerome County planners give center tentative OK

By Brad Bowlin
Times-News writer

JEROME — A new regional juvenile detention center is one step closer to reality after the Jerome County Planning and Zoning Commission granted a special-use permit late Monday to allow the building east of U.S. Highway 93. Public testimony both for and against building the juvenile center at the site, located one-half mile east of the highway on Five Mile South Road, stretched late into the evening Monday. Although the planning and zoning commission gave the go-ahead for the project, there are strings attached, chairman Martin Lee said. A representative from the community or counties subsequently joined forces to find a long-term solution to the valley's juvenile — which has plans to build an agriculture

museum next door to the proposed site — must be allowed to join the six-county board working to build the detention center, Lee said.

The board will also be required to address public concerns about "buffer zones" between the center and neighboring buildings, and signs leading into the site, Lee said.

A site plan must be submitted and approved by the planning and zoning commission before construction begins, he said. The Magic Valley has been without a juvenile detention facility since the Southern Idaho Youth Center near Jerome closed in September. Twin Falls, Jerome, Gooding, Camas, Lincoln and Blaine counties subsequently joined forces to find a long-term solution to the valley's juvenile — which has plans to build an agriculture

Please see JUVENILE/A2

Group claims responsibility for explosion near Jackpot

The Associated Press

JACKPOT — Federal authorities are investigating claims that a single group was responsible for a November explosion at an Idaho Nevada substation north of town and a pair of similar explosions in southern Nevada.

The Federal Bureau of Alcohol, Tobacco and Firearms, and the FBI are investigating a letter received by a Las Vegas newspaper Jan. 16 in which a group calling itself "Americans for the Best America" claims responsibility for the bombings.

The letter reads, in part: "You know now that we can strike anywhere in the state. You have been warned." The letter, postmarked in Las Vegas, claims the motive for the bombings is to draw attention to complaints the group

has against federal, state and local politicians and law enforcement officials.

The first explosion came Nov. 8, when a bomb blew a crater at the Jackpot substation plunging the town into darkness for nearly an entire day.

More than a month later, a bomb damaged a substation near Jean, Nev., some 30 miles south of Las Vegas. Soon after, a third explosion rocked a power generator at a casino in Jean. The three bombings caused an estimated \$1.25 million in damage.

Sig Celaya, resident agent in charge of the Las Vegas Alcohol, Tobacco and Firearms office, said federal authorities have no way of knowing if the letter is from a person or group involved in the bombings, or if it was a prank.

Magic Valley

Around the valley

Boy Scouts and others may not need licenses

BOISE - Rep. Doug Jones, R-Filer, introduced a bill Tuesday that would exempt Boy Scouts of America and other youth service organizations from needing licenses to lead outdoor excursions.

A number of Boy Scout organizations, which lead backpacking, river running and other outdoor trips, are unsure whether they need to be licensed as outfitters and guides to serve their own members, Jones told the House Resources and Conservation Committee.

The bill would allow the Outfitters and Guides Licensing Board to not be involved with the activities of those non-profit organizations, said Dean Sangrey, executive director of the outfitters board.

The language in the bill was worked out with the board, Jones said.

Rod Leslie, executive director of the Snake River Council of the Boy Scouts of America, said licensing could cost his organization \$10,000 in fees and staff training.

\$225 worth of baseball cards stolen from mall vendor

TWIN FALLS - Three baseball cards worth nearly \$225 were reportedly stolen from a Blue Lakes Shopping Center merchant Sunday.

A clerk at Sports Cards Plus told police that two boys took the cards; one distracted her while the other sneaked behind the counter and took the cards, according to a police report.

Stolen were: a 1958 Willie Mays card worth \$200; a 1987 Terry Porter worth \$12.50; and a 1987 Isiah Thomas worth \$12.50.

Snake River water rights battle goes to trial Thursday

TWIN FALLS - The federal government's claim that it shouldn't have to pay filing fees in the Snake River Basin water rights adjudication goes to trial Thursday.

Fifth District Court Judge Daniel Hurlbut said he expects the trial to last four days as lawyers for the state and the U.S. Department of Justice present evidence and call witnesses.

The Justice Department claims federal law grants immunity from paying the filing fees because they constitute a tax.

Hurlbut, however, has ruled that filing fees are permissible, but whether the Idaho fee constitutes a tax is left to be decided. The fees only become a tax if any of the money collected is spent on anything not related to the adjudication, said Idaho Deputy Attorney General Clive Strong.

The federal tab for its water rights claims in the adjudication total about \$1 million.

Vandal damages automatic teller at First Security Bank

TWIN FALLS - The automatic teller machine at the First Security Bank on Fire Avenue was damaged over the weekend by a vandal wielding a screwdriver.

Bill Lawley of General Banking Services in Boise, who maintains the machines, told police that someone with a screwdriver tried to pry open the slot where bank cards are inserted.

No cash was stolen in the incident, which occurred between 2 p.m. Friday and 1:35 p.m. Monday, a police report says.

New parts for the machine cost \$1,000 and labor for the repairs cost \$240, Lawley said.

911 emergency system meeting postponed till Feb. 6

TWIN FALLS - A meeting on the enhanced 911 emergency communications system scheduled for Feb. 6 has been postponed.

Twin Falls County Commissioner Marvin Hempleman said Tuesday that the meeting will not be held until he has found a consultant, probably an engineer, to help the counties find out what type and size of system they need.

Hempleman said he would like to find a consultant somewhere in the West to facilitate getting the plan started.

Voters in Twin Falls, Lincoln, Jerome and Gooding County approved in November a \$1.1-million charge per phone line to finance an E911 system. Gooding County already had approved the charge for the system and is considering joining the other four counties' system.

Getting an E911 system up and running probably will take close to two years.

The next E911 meeting will be held as soon as a consultant is found.

Compiled from staff and wire reports

Family files lawsuit against Smith's

By Craig Lincoln
Times-News writer

TWIN FALLS - A local Hispanic family has claimed in a lawsuit that the now-closed Smith's Food King store in Jerome discriminated against them after a shopping trip.

The Jerome family says store employees improperly stopped them in the parking lot and accused them of shoplifting. They have filed a five-count complaint in 5th District Court, asking for unspecified damages.

Smith's spokesman Robert Bolander de-

clined comment, saying the company hasn't received a copy of the complaint yet.

The incident started when Cesario and Mercedes Hernandez, their 5-year-old son and Ivan Hernandez and an in-law, Dolores Hernandez, went shopping May 8, 1990, at the Smith's store in Jerome. According to the civil complaint, Cesario Hernandez looked at cassette tapes on a stand at the front of the store while the other three shopped for groceries.

One of four sides of the cassette stand contained Spanish-language tapes. It was the only side with a shoplifting warning,

which was printed in Spanish, according to court documents.

Cesario Hernandez rejoined the other three at the store's checkout stand, then walked outside with his son, leaving Mercedes Hernandez and Dolores Hernandez to pay for the groceries.

But two employees of the store stopped the pair as soon as they walked outside, loudly accusing Cesario Hernandez of stealing a cassette tape, the complaint said.

The confrontation continued after Mercedes Hernandez and Dolores Hernandez

joined the group. The Smith's employees let them go only after the Hernandezs demanded that the police be called, the complaint said.

The Smith employees' conduct was discriminatory, the lawsuit alleged.

"Such conduct would not, and has not, been accorded other racial groups who patronize Smith's," the complaint says.

Salt Lake City-based Smith's closed its Jerome store in November and announced it would remodel and expand its Twin Falls store.

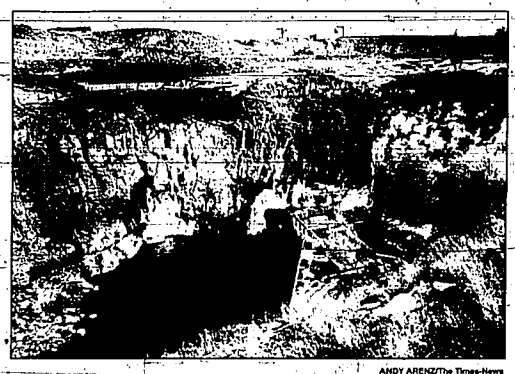
Utility wins new license at Twin Falls

By M.S. Nolkzentz
Times-News writer

TWIN FALLS - It's been churning out electricity for 55 years, but it changed forever the famed double cataract that gave Twin Falls its name.

Now the Twin Falls hydroelectric power plant has a new 50-year operating license, and the Federal Energy Regulatory Commission has granted Idaho Power Co. permission to increase its output more than five-fold.

The new license allows the utility to increase the plant's 9-megawatt capacity to 51 megawatts. The \$35 million project would add an additional 42-megawatt generator in a new powerhouse.



A new powerhouse will join the Twin Falls hydroelectric generating facility which received a new 50-year operating license.

The project will include a new intake structure, an 18-foot diameter, 213-foot steel-lined tunnel cut into the cliff, a transmission line and two access bridges between the old and the new powerhouses.

The old powerhouse turbine needed 380 cubic feet per second of water to operate and could handle up to 960 cfs. The new structure would increase the amount of water used for generating power to 4,960 cfs when that much water is available.

The license gives Idaho Power two years to start the project, which is expected to take about three years to complete.

It also requires the utility to make sure that water flows over the popular scenic falls - at least during the day.

It stipulates a 300 cfs minimum flow over the falls - or the entire flow of the river if it is less than 300 cfs - from 8 a.m. to dusk April through August and on weekends and holidays the rest of the year.

The utility also will have to improve trails, scenic access, parking and boat launch.

Built in 1934, the Twin Falls plant started producing electricity in December, 1935.

Its original license expired in June 1984, and Idaho Power began working on a license renewal application in 1983. Meanwhile the plant has received annual license renewals until the 50-year license was issued this month.

Skiing has taken a fall this year

The Associated Press

KETCHUM - A fourth straight year of light snowfall in the Sawtooth means fewer skiers at Sun Valley heading down slopes and fewer cash registers ringing up sales.

By this point last winter, which was considered a poor one, 91,892 people had purchased day passes at the nationally prominent resort. This year, that figure has fallen to 73,726.

Although Sun Valley has become more of a year-round attraction in recent years, business people agree that the economy is driven by snow.

"The number one reason people come here is to alpine ski," said John Wells, owner of the Warm Springs Resort. "Other winter activities somewhat mitigate the lack of snow. But everybody I know is having a less than wonderful year."

Wells said his bookings are down 50 percent and that other lodges are in a similar bind.

Jewelry shop owner Mike Sheffer said, "Business is terrible. In the peak season everybody is having sales."

"The Jack of snow has absolutely affected our business," said Rich Spaulding, a bartender in the Saltwater Grill. "Tell people the fishing is still very good."

Please see BOATS/A5

Feds asked to look at Minidoka County cancer rates

The Associated Press

BOISE - State officials charged with monitoring the environmental and health effects of operations at the Idaho National Engineering Laboratory want the federal government to investigate higher-than-expected cancer rates in Minidoka County.

In their first annual report to state lawmakers - on Tuesday - the state oversight team said a final report on its assessment of potential cancer risk from INEL operations would be made following review of the data by the federal Centers for Disease Control in Atlanta.

Residents of an area near Rupert known as "Cancer Ridge" have long maintained that there is higher-than-normal incidence

of cancer in rural Minidoka County. State testing showed radiation-related cancers were below expectations, but other cancers were high enough above statistical probability to push total cancer rates in the county above what would normally be expected among its 19,000 residents.

"These cancers may be associated with hereditary predisposition, smoking or other factors," the report said. But state officials undertook the review as one of the team's first projects because some in these areas "thought a relation may exist between the incidence of cancer and radioactivity from INEL operations."

The oversight committee's report said federal health experts for investigating clusters of health effects "were being tailored to

Idaho to ensure state-of-the-art investigations in the future.

Surveys of past monitoring on potential water contamination from INEL operations showed test wells on the site meeting state safe drinking standards by 1989, and concentrations of contaminants in water of the site were also well within government standards and in some cases were declining.

Much of the information outlined in the report involved results of various studies conducted on and around the site in recent years.

But the state oversight team did raise questions about some of the techniques used to analyze the information gathered in those studies.

"Although extremely low radioactivity

concentrations are being evaluated, several questions of significance for environmental monitoring at the INEL need resolution," the report said.

It specifically cited the methods used to detect the presence of radioactivity in the environment and the reliability of the laboratories analyzing test samples.

The team also reported that it rejected plans for closing down 10 waste units at the site because insufficient information was included.

Sixteen waste units were determined to pose no health threat, and closure plans for 18 others is currently being reviewed.

House committee kills Peavey's tax bill, but he promises a comeback

By Anita Dennis
Times-News writer

BOISE - The House Revenue and Taxation Committee on Tuesday declined to consider a bill by Sen. John Peavey that would benefit Blaine County schools.

The bill to allow cities, counties or school districts to exempt themselves from a 5 percent budget and levy limitation provided by law must contain a reference to a related section of tax law before the committee will accept it.

"I shall return," Peavey, a Carey Democrat, told the committee after its unanimous vote. "It's just a technicality," he said later.

The legislation would allow cities, counties or school districts to hold elections to exempt themselves from state law that limits annual budget and levy increases to a maximum of 5 percent. Exemptions would require a 55 percent majority vote.

Cities, counties and districts could not exempt themselves from other statutory limits on tax levies.

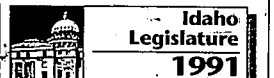
"This is a real problem-solver for Blaine County schools," Peavey said. "That's my big impetus."

Before the committee will consider Peavey's legislation, however, members want to mention a non-functioning law that could limit taxes to only 1 percent of total property value if the 5 percent cap is removed.

The law, passed by initiative in 1978,



John Peavey 'I shall return'



District, considered wealthy by state standards, runs on overrides because it doesn't receive enough state money, Peavey said.

The proposed legislation is limited to cities, counties and school districts, which consume the bulk of property taxes because they have the greatest need.

"I just thought the problems were far more severe" for cities, counties and schools than for counties, highways or other districts, Peavey said.

The 55 percent majority needed for exemption is a compromise between a simple majority and a two-thirds majority, Peavey said.

The question would come to a vote by city or county ordinance, a school district or board of trustees resolution or by a petition signed by at least 20 percent of registered voters of the district.

Two years ago, similar legislation passed the House but died in the Senate Local Government and Taxation Committee, Peavey said.

But an equal number of Democrats and Republicans now sitting on that committee gives the bill would stand a better chance of passing this year.

"We only need one vote," he said.

Motorboats may be on Snake River

By Phil Sahn
Times-News writer

TWIN FALLS - A public steering committee will recommend motorboats be allowed with restrictions - on the Snake River at the proposed Centennial Waterfront Park.

The committee did not decide what motorcraft restrictions to recommend. That will come tonight when the committee meets at 7 p.m. in the KMVT Community Room.

In a late-running meeting last week, the committee, appointed after a December hearing, expressed public dissatisfaction with the Twin Falls County Parks and Recreation Advisory Commission's plan for the park, decided that allowing motorboats with restrictions would provide the most use by the most county residents.

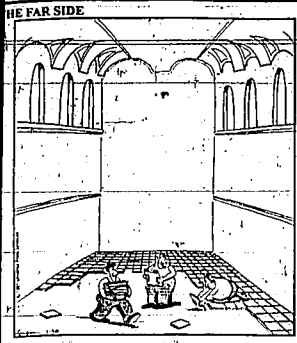
"It would best serve the needs of the public and best serve the needs of the canyon," committee Chairman Blaine Billman said in an interview Tuesday.

The committee considered but discarded two other options: unrestricted use of the waterfront park by only watercraft that are motorized use only. But under the method the committee is using to recommend a park plan, those two options had few advantages compared with restricted use.

Billman cautioned the committee has yet to decide what restrictions to recommend.

Please see BOATS/A5

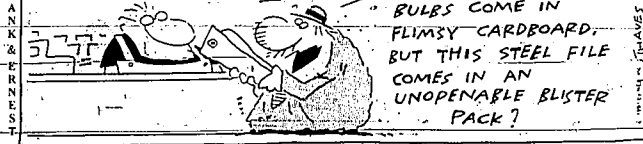
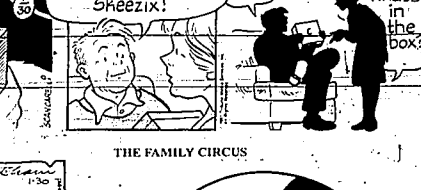
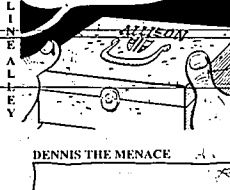
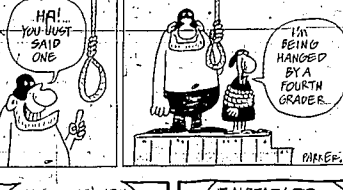
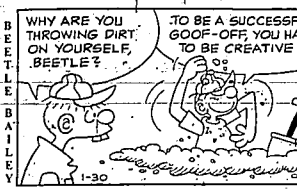
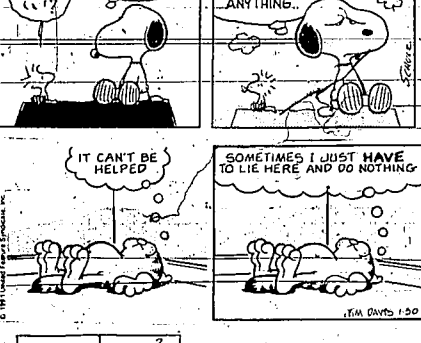
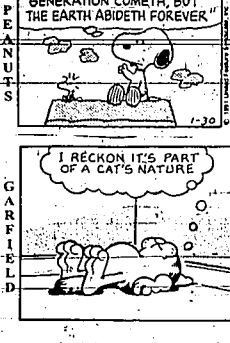
Comics



Although history has long forgotten them, Lambini & Sons are generally credited with the Staines Chapel floor.



IF YOU WOULD PLEASE SIGN UP, HADWIN, THIS IS OUR UNCONDITIONAL 90-DAY GUARANTEE, AND THESE ARE OUR GARMENT CARE INSTRUCTIONS. IN CASE YOU DON'T SIGN UPON.



ACROSS 1 Way off 2 Met in competition 3 Break 4 Stark 5 Treatment 6 Robert 7 Singer James 8 Broz' port 9 Fly about 10 Downness 11 Song of a kind 12 Narrow way 13 Downness 14 Onassis to friends 15 Notor pirato 16 First wife 17 Egg-like in a way 18 First wife 19 Navigating hazards 20 Come to be 21 Truani 22 High-rise 23 Iguarous 24 Butt 25 A million 26 Expression of praise 27 Followed 28 Setto 29 Smart 30 Fitzgerald 31 First abbr. 32 Devoured 33 Sport pack 34 Cholesterol 35 Unitue 36 Shell 37 Star city 38 Shell bark 39 Down 1 Genesis name 2 Fortune 3 Skills 4 Thought out 5 Conical utensil 6 Rule (syn.) 7 Popular pair 8 Mincod oath

Sydney Omarr Astrological Forecasts

Virgo (Aug. 23-Sept. 22): What you feared turns out to be the "paper tiger." You'll have reasons to celebrate as the result. Ways are cleared for pursuit of creative endeavor.

Yesterday's Puzzle Solved: 9 Easily upset 10 Tyrant 11 Medicinal plant 12 Scorch 13 A pronoun 14 Nervous 15 Small horse 16 Drunken one 17 Because of 18 Lord 19 Source of oil 20 Of times past 21 Disorder 22 Cholesterol 23 Certain 24 Certain fruit 25 Above 26 Froggot 27 44cot offering 28 Trap 29 Do office work 30 Scheme 31 Pasternak 32 Character 53 Indigo 54 London 55 Gallantry 56 Merriment 57 1st. airline 58 Moisai 59 1st. airplane 60 Towood

IF JANUARY 30 IS YOUR BIRTHDAY: You have a delightful sense of humor, are sensitive concerning body image, are peppy, restless, possess intellectual curiosity. Gemini, Sagittarius persons are drawn to you.

Q. Who were the first of the New World highway builders? A. The Incas. One of their 2,500-mile roads went from Colombia to Chile. Skywriting pilots say "S" and "K" are the hardest to write.

Opinion

Feelings

Continued from A10

I wish that age 18 can't go because they are too young. I do not want the war to go on. Do you? Yes (circle one)
-SARAH ZEMKE, 9
Heyburn

I think that President Bush should try to get all of the soldiers to shoot down Saddam Hussein.
Then we wouldn't have to go to war and none of our men would have to die. But we still have to try. I think we will win the war. I just wish we didn't have war. I wish it was a free world.
Saddam is fat and dumb. I wish Saddam was dead. Saddam is stupid. I wish the soldiers would come home and not fight Saddam. We pray for you and take care of yourself.
-JOHNNIE FUGSLEY
Heyburn

I don't think I want to go to war. Some other people might not agree with that, and some people might. I wish this never happened.
All they have on TV is about the war. It goes from 1 till 10. It is very boring. I really don't like it very much and I don't like war. I think war shouldn't exist. I wish that war never started.
-RIKI PETERSON, 10
Heyburn

I think that President Bush should not let young people go to Saudi Arabia. We lose more and more people. Mom and Dad will get worried that they are there. They don't know what is going to happen to them. They might cry because they think they are going to die.
Sometimes they don't die. If they do, then they get sad and start to cry, but if they don't they get happy and sometimes they have parties. They come home safely and they bring beer and wine for their coming home party.
-JIMMY ROJAS, 10
Heyburn

I think this war is not a good one because many troops will be killed. And the people should start supporting the troops instead of fighting over it.
We shouldn't have sent so many young people over to Saudi Arabia. Saddam Hussein has the Scud missile that he can hook up to a nuclear warhead and if he fires that, it will cause a lot of the horror of the war! And I would not like that, no not at all, because my uncle is in the front of the battle and he would shortly be killed.
-CHRIS ANDERSON, 10
Heyburn

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I think that war is not a good one because many troops will be killed. And the people should start supporting the troops instead of fighting over it.
We shouldn't have sent so many young people over to Saudi Arabia. Saddam Hussein has the Scud missile that he can hook up to a nuclear warhead and if he fires that, it will cause a lot of the horror of the war! And I would not like that, no not at all, because my uncle is in the front of the battle and he would shortly be killed.
-CHRIS ANDERSON, 10
Heyburn

What I feel about the war is that too many people die in the war. I

hope you're not in the war. I just don't want anybody hurt. I wonder why they make war.

I really feel sorry for them who are in the war. I really hope nobody gets hurt.
I really feel sorry for my uncle. He is in the war.
-LESLIE GARCIA, 9
Heyburn

I think Iraq is stupid because they took over Kuwait and I think this is stupid what we're fighting about because Iraq had no business taking over Kuwait anyway because my uncle is in the war and I'm really scared for him that he might get shot and just think how many people are dying right now and how many people are getting beat up by Iraq's men.
Iraq's men are so stupid for doing that to our men. We don't do that to their men.
We are helping them, taking them to the doctor, feeding them and they beat our men up. I think that is very rude.
-HEATHER REYNOLDS, 10
Heyburn

The war is sad. I want the boys at the war to be safe.
-JENNA BREHM, 6
Twin Falls

I have many questions about our world and what is happening.
I support our boys 100 percent. I have an uncle in Saudi Arabia. Robert Jackson Jr. is married to a wonderful woman named Jennifer. They live in California. There isn't one day that goes by I don't pray.
Every time the news comes on and says how many people have died, I think, "Was one of those my uncle?" I feel sorry for everyone who goes through what my parents and I go through. I hope the war ends soon and our boys come home.

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No one should have to go through war.

SHILO GREEN, 10
Jerome

I think that the war should not begin. The troops of America should come back to America because Saddam Hussein doesn't have the power to come fight in America, so come back. But you can stay and help your friends, Saudi Arabia, Kuwait, Jerusalem and Israel. So do either but just save yourselves and win that war.

I hope that Jerusalem isn't getting bombed anymore so bomb their airport. I think it's on the left or middle of Saudi Arabia. Bomb all over Iraq and kill Saddam Hussein. Did you know he killed people to become a president?

At night send stealth bombers and bomb their airport because they don't have lights. If they gave drafts for children I would go and help.
-DUSTIN RENZ, 9
Heyburn

I hope my cousin isn't going to the war. I do not want him to die in Saudi Arabia.
-KENNA LENKER, 6
Twin Falls

It is a war. The war, I feel sad.
-DANIEL NORRIS, 6
Twin Falls

I do not like wars.
-RYAN YARDLEY, 6
Twin Falls

I have many feelings toward the war and I think our troops are fighting for a good cause. I feel empathy for the soldiers in Saudi Arabia and for their families in the states that don't know what is going to happen in the Gulf.

I am proud of the men and women who had to leave their families to serve and I hope the war is over very

soon. I support our troops 100 percent and I am proud to wear yellow everyday!
-DALONNA GUTHRIE, 13
Shoshone

I hate war.
-DANIEL NALDER, 1st Grade
Twin Falls

War is coming in Saudi Arabia. We hope that nobody gets hurt. We hope a lot.
-BRIAN DIXON, 7
Twin Falls

I hate war. It is bad. My friend's dad will go.
-SARA ANDREWS, 7
Twin Falls

We talked about the war and it is sad.
-BRIAN LAYTON, 6
Twin Falls

I hate war because it kills people and it scares me a lot.
-BRIAN BURDICK, 8
Twin Falls

The war is going on. Brian's dad might have to go. Brian is so sad.
-KATTI BERRIOCHOA, 6
Twin Falls

Brian's dad has to go to war. I'm sad that we have war. I think that is sad. War is a bad thing.
-RACHEL HARTGEN, 6
Twin Falls

I believe my country is doing the

right thing by trying to make Iraq leave Kuwait. I feel this way because no country has the right to take over another country. America, by going to war, is liberating Kuwait. The Bible says, "We are our brother's keeper." To me, this means when someone is in trouble, help them out.
My country is trying to help Kuwait. Helping another country acquire freedom can be costly, but "freedom isn't free." I'm proud to be an American.
-LUKE DELAY, 10
Twin Falls

I don't think we should be in the war because it's not our war! And especially, my cousin has to go to the war and he might get hurt bad or killed! And there might be some other people who have to go or have children that have to go to the war! My cousin, Steve Monroy, was in the Marine Corps. He got a call and they said he had to go to Saudi Arabia to the war!
-DARLA ULRICH, 11
Twin Falls

I don't really understand what is going on in Saudi Arabia, but I think that the protesters are wrong. I think we should get the job done, then come home. I hope this won't be another Vietnam.
-BRYAN MUFF, 11
Twin Falls

This war worries me. I feel sorry for the families that have relatives or friends that are fighting in the war. I

think Saddam Hussein is wrong for trying to take over Kuwait. Kuwait is a small country with a lot of oil. Kuwait and Iraq made a deal to only sell a certain number of barrels of oil. Kuwait sold too many barrels of oil and Iraq got mad.
Another reason Iraq is trying to take over Kuwait is Saddam Hussein is a small country with a lot of oil. I think I don't think what he is doing is right. I think he should be happy with what he has.
I think the United States is doing the right thing, fighting for the freedom of Kuwait.
-KAREN NESS, 10
Twin Falls

I feel that what George Bush is doing is right.
To invade another country is (in my opinion) not good. Saddam Hussein (again in my opinion) is out of his mind. If he wants to rule the world, he should try to rule Pluto! If Israel gets into this disaster (as war) it will be a big mess.
I am scared, not for us in America but for people in Saudi Arabia. I think we should give anyone who is on Saddam's side a fair share of what he did to Kuwait. Then he would know what it feels like.
-ERIN PEPPER, 10
Twin Falls

I feel that President Bush did the right thing. I think that we should bomb Iraq with jets, then move ground forces.
-JAY JOHNSON, 11
Twin Falls



Twin Falls - Sun-Wed Feb. 3-6
Rev. James R. Spencer
Lecturer, Pastor, Christian Apologist and Author of *Beyond Mormonism, An Elder's Story: Have you witnessed to a Mormon lately?* and *Hard-Case Witnessing - Winning the "Impossible" for Christ.*

Winning "Impossible" Witnessing Seminar

Sunday 11:00 a.m.	"Beyond Mormonism - An Elder's Story"	Address	X Eastside Baptist
Sunday 7:00 p.m.	The Spirit of Truth Vs The Spirit of Error	Address	Q Kally Garden
Monday 7:00 p.m.	Winning the "Impossible"	Address	Q K Mart
Tuesday 7:00 p.m.	Temples of Doom	Address	
Wednesday 7:00 p.m.	The New Age - Is it really so new?	Address	

Public Welcome - Free Admission - Love Offering

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ROPERS

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OPEN THURSDAY 7:00 A.M.

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TAKE AN EXTRA 25% OFF

All Previously Marked-Down Merchandise - ALL DEPARTMENTS

EXAMPLES:	ORIGINAL PRICE	PREVIOUS MARKED-DOWN PRICE	END OF YEAR PRICE
LADIES COATS	\$169 ⁰⁰	\$84 ⁵⁰	\$63 ³⁸
LADIES SWEATERS	\$42 ⁰⁰	\$21 ⁰⁰	\$15 ⁷⁵
BOYS WINTER COATS	\$64 ⁰⁰	\$32 ⁰⁰	\$24 ⁰⁰
MENS WINTER COATS	\$108 ⁰⁰	\$54 ⁰⁰	\$40 ⁵⁰
MENS SWEATERS	\$65 ⁰⁰	\$32 ⁵⁰	\$24 ³⁸
MENS SUITS	\$260 ⁰⁰	\$209 ⁸⁵	\$157 ³⁵
MENS SPORT COATS	\$175 ⁰⁰	\$87 ⁶⁰	\$65 ³⁸
MENS DRESS SHIRTS	\$26 ⁰⁰	\$19 ⁹⁹	\$15 ⁰⁰
YOUNG MENS SHIRTS	\$28 ⁰⁰	\$14 ⁰⁰	\$10 ⁵⁰
LUGGAGE	\$180 ⁰⁰	\$134 ⁹⁹	\$101 ²⁴

***OUR YEAR ENDS THIS SATURDAY!**
All Roper's stores will be closed Monday, Feb. 4 for inventory. The stores will reopen on Tuesday.

SALE DOES NOT APPLY TO 501 OR 701 LEVELS
No LAYAWAYS. Exchanges with REGISTER RECEIPT only.

Open 7 a.m. till 6 p.m. Thursday!
Reg. Hours - Fri. 9:30-6:00 • Sat. 9:30-5:30

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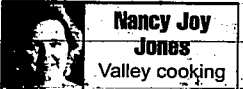
Features

Explore the versatility of beans

Improving state-of-the-art from 1941

He said it! Yep, several times friend-husband has spoken about taking a bulldozer or auger to our kitchen and starting all over again.

The original builders and owners moved in on Pearl Harbor Day back in 1941 so our home is turning 50! We've lived in it half his life and never felt a real need to do anything radical because it was solidly built with roomy rooms and good insulation—a great house to raise a family and turn into a home.



Nancy Joy Jones
Valley cooking

Hey, they spent \$12,500 building this home back then, so you know it was state-of-the-art!

But the kitchen, oh the kitchen, even without updated appliances it's been steadily shrinking in efficiency. There are 10 electrical plug-ins. Imagine what a luxury that was in the middle of World War III!

The refrigerator, the stove, the microwave, the dishwasher, the garbage disposal, the coffee maker, the toaster, the light over the stove, the telephone, answering machine, the water cooler and the food processor, mixer, blender, electric frying pans, fryer, battle iron, vacuum cleaner, etc. all share outlets in a synopated rhythm of blown breakers.

So nose deep in those magazines and remodeling books I look for the perfect solution!

You know, the one you could hand to a builder and say for-that. I'll come back in a month and arrange my pots and pans and resume life.

My friends tell me it just ain't so! Optimistic as I am, they say I need to sign up for yoga, biofeedback, aerobics and marriage counseling to get through the "month" which they predict will last several.

Since this is my one time in life to get a really, super kitchen, I'm asking you dear readers to tell me what to do. I'm looking for unique ideas on storage, equipment, layout, actually everything including the name of a godd banker!

Please jot down anything that you found worked and I'll share with everyone!

Sandwiches are some of my favorite foods. When you think of it, they contain all of the basic food groups and any "sin" (usually heavy on the fat ingredients) can be easily cured by using one of the newer substitutes on the market.

If you still have turkey turkey in your freezer, here's a favorite from Kentucky.

LOUISVILLE HOT BROWN SANDWICH

- 4 tablespoons unsalted butter
- 1/2 cup all-purpose flour
- 1 cup chicken broth
- 1 cup milk
- 1/2 cup freshly grated romano cheese (substitute parmesan)
- 1/4 teaspoon each salt and pepper
- 4 slices firm white bread, toasted
- 1/2 pound cooked turkey breast, sliced
- 8 slices tomato
- 8 slices partially smoked bacon
- 8 teaspoon paprika

Right now before telling you how to make this I suggest using these substitute ingredients to lower the fat and cholesterol content.

Use light olive oil in place of the butter. Use de-fatted broth and skim milk. Substitute canadian bacon for the regular.

In a medium saucepan, melt the butter then add the flour and cook over medium heat for about 2 minutes.

Now whisk in the milk and chicken broth and bring to a boil, whisking constantly until smooth and thickened. Simmer over low heat for 5 minutes.

Now add half the grated cheese, the salt and pepper and cook for about 5 minutes more until the sauce is very smooth. Set aside. Preheat your oven to 375 degrees. Place each slice of toast on a heatproof serving plate. Divide the turkey, over the toasts to cover the bread completely.

Pour about a cup of the cheese sauce over each sandwich and sprinkle with the remaining cheese and paprika.

Place two slices of the tomato and bacon on each sandwich and bake until tops are slightly brown and bubbling, maybe 10 to 15 minutes.

Serves 4.
I'm always looking for ways to use
Please see JONES/B5

The humble bean has gone gourmet. Beans now fill shelves in trendy shops and plates at upscale restaurants.

Leading the popularity boom are health and fitness fans because beans are a nutritional gold mine.

They're protein-packed, loaded with vitamins, minerals and soluble fiber, low in fat and cholesterol-free. Explore the versatility of beans with this new collection of recipes created by Pace picante sauce home economists.

ITALIAN BEAN 'N SAUSAGE STEW

- 1 pound Italian sausage
- 2 medium onions, cut into 1/2-inch pieces
- 1 clove garlic, minced
- 1 can (28 ounces) Italian plum tomatoes, undrained, cut into bite-size pieces
- 1 can (16 ounces) kidney beans, rinsed and drained
- 2 1/2 cup picante sauce
- 1/2 teaspoon basil leaves, crushed
- 1 large green pepper, cut into 1/2-inch pieces
- 1 medium zucchini, sliced 1/2-inch thick, slices halved or quartered, as desired (about 1 1/2 cups)
- 1 tablespoon cornstarch dissolved in 1 tablespoon water
- 2 tablespoons grated parmesan cheese (optional)

Cut sausage into 1/2-inch pieces; remove casing. Cook in 12-inch skillet over medium-low heat until lightly browned, about 4 minutes. Add onions and garlic to skillet; cook until sausage is no longer pink, about 3 minutes; pour off drippings. Add tomatoes, beans, picante sauce, basil and oregano.

Bring to a boil; reduce heat and simmer 15 minutes. Add green pepper, zucchini and cornstarch mixture; continue to simmer 5 minutes or until vegetables are tender and sauce is thickened. Sprinkle with cheese, if desired, and serve with additional picante sauce.

Makes 6 servings, about 8 1/2 cups stew.

PASTA WITH PICANTE BLACK BEAN SAUCE

- 1 medium onion, coarsely chopped
- 1 clove garlic, minced
- 1 tablespoon vegetable oil
- 1 can (15 ounces) black beans or pinto beans, rinsed and drained
- 1 can (about 16 ounces) stewed tomatoes, undrained
- 1/2 cup picante sauce
- 1 teaspoon chili powder
- 1 teaspoon ground cumin
- 1/2 teaspoon oregano, crushed
- 4 cups hot cooked orzo, rotini or other favorite pasta
- shredded monterey jack or cheddar cheese (optional)
- chopped fresh cilantro (optional)

Cook onion and garlic in oil in large skillet until onion is tender. Stir in remaining ingredients except pasta and cilantro; bring to a boil. Reduce heat, cover and simmer 15 minutes, stirring occasionally. Uncover; cook over high heat until desired consistency. Serve bean mixture over pasta; sprinkle with cheese and cilantro, if desired, and serve with additional picante sauce.

Makes 4 servings.

SPICY-SWEET-BORDER BEANS

- 1/2 cup chopped onion
- 1 tablespoon vegetable oil or bacon drippings
- 1 can (16 to 18 ounces) baked beans
- 1/2 cup sugar
- 1/2 cup picante sauce
- 1/2 cup ketchup
- 2 tablespoons brown sugar
- 2 tablespoons ground cumin
- 1/2 cups diced ripe tomato
- 1/2 teaspoon salt

Cook onion in oil in 10-inch skillet until onion is tender. Add remaining ingredients; stir in beans, beer, picante sauce, ketchup, brown sugar and cumin. Simmer uncovered 10 minutes. Add tomato and salt; simmer 5 minutes.

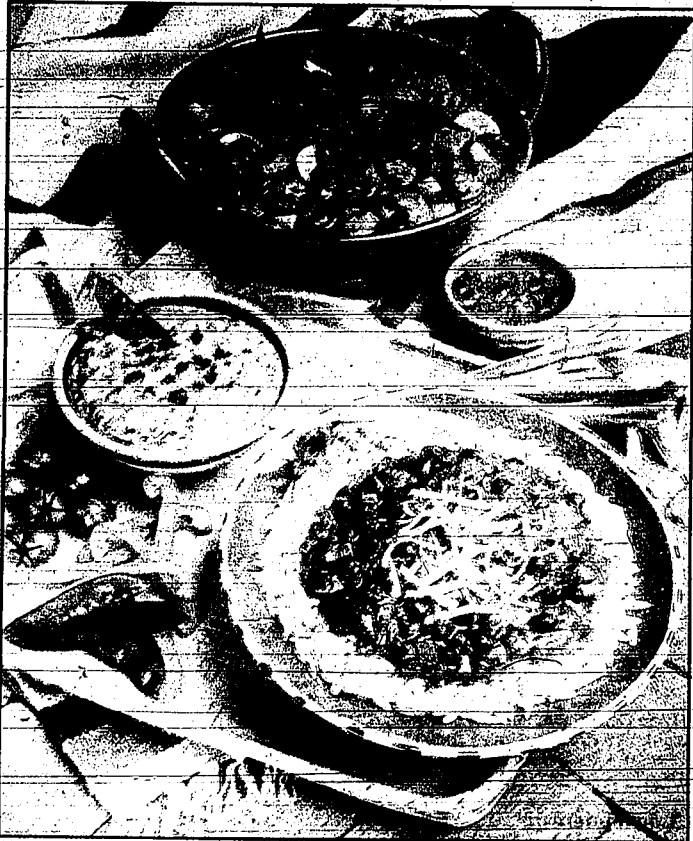
Makes 6 servings, about 3 cups beans.

CHICKEN 'N BEAN STEW

- 1 1/2 pounds boneless skinned chicken breast, cut into 1-inch cubes
- 1 large onion, cut into 1/2-inch pieces (2 cups)
- 2 garlic cloves, minced
- 2 tablespoons vegetable oil
- 1 can (16 ounces) kidney beans, rinsed and drained
- 1 large green pepper, cut into 1/2-inch pieces
- chopped cilantro (optional)

Cook chicken, onion and garlic in oil in a large saucepan or Dutch oven until chicken loses its pink color. Add remaining ingredients except green pepper; bring to a boil. Reduce heat, cover and simmer 15 minutes. Add green pepper; continue to simmer until carrots and green pepper are tender, about 10 minutes. Sprinkle with cilantro, if desired, and serve with additional picante sauce.

Makes 8 servings, about 9 cups stew.



Serve Select-A-Bean Dip, left, as a starter, and Italian Bean 'n Sausage Stew, top, or Pasta with Picante Black Bean sauce, bottom, as an entree.

SELECT-A-BEAN DIP

- 1 can (15 or 16 ounces) black beans, pinto beans or kidney beans, rinsed and drained
- 1 small clove garlic
- 1 cup (4 ounces) shredded cheddar or monterey jack cheese
- 1/2 cup picante sauce
- 1/2 cup thinly sliced green onions with tops
- 1/2 teaspoon ground cumin
- 2 tablespoons chopped fresh cilantro

Place beans and garlic in food processor fitted with a steel blade or in a blender container; process or blend until smooth. Transfer to saucepan; stir in cheese, picante sauce, green onions and cumin. Heat just until cheese is melted. Transfer to serving dish; sprinkle with cilantro. Serve with vegetable dippers or chips.

Makes about 1 1/2 cups dip.
*Or, transfer to microwave-safe bowl or serving dish; cook in microwave oven at HIGH 1 to 2 minutes or until cheese is melted. Stir. Proceed as recipe directs.

Nutritious, comfort food for our troubled times

By Felicia Gressette
Knight-Ridder News Service

If you have the morning blahs, try these ideas:

- Top English muffins with cottage cheese, a spoonful of honey and a dash of cinnamon; heat under the broiler.
- Combine 1/2 cup cottage cheese, 2 eggs, 2 tablespoons flour and 2 tablespoons melted butter for a simple pancake recipe.
- Combine cottage cheese, fruit yogurt and granola for a hearty cereal substitute.
- Mix cottage cheese, confectioner's sugar and fresh berries, then roll them into warm crepes or use to top a stack of hot pancakes. (These tips are from the California Milk Advisory Board.)
- Add 1/2 cup wheat germ and 1/2 cup ripe fruit (mashed banana, chopped apple or blueberries) to 2 cups complete or buttermilk complete pancake mix. Prepare as package directs, increasing liquid by 1/4 cup.
- Prepare muffin mix as package directs for 12 muffins, except add 1 cup wheat germ and increase liquid by 1/4 cup. Substitute 2 eggs whites for egg and skim milk for whole milk. (These tips are from the Kretschmer wheat germ people.)

ORANGE BREAKFAST CRUNCH
1/2 cups wheat germ
1/2 cup firmly packed brown sugar
1/2 cup margarine, melted
1 tablespoon grated orange peel
1/2 teaspoon ground cinnamon

In microwave: Combine all ingredients in 8- or 9-inch square glass dish. Microwave at high power 3 to 4 minutes or until deeper golden brown, stirring after 2 minutes. Cool; store tightly covered in refrigerator up to 3 months. Sprinkle over oatmeal, toast, fresh fruit, yogurt, pancakes, waffles or French toast before serving. Makes 2 1/2 cups.

In conventional oven: Heat oven to 350 degrees. Melt margarine in a 13- by 9-inch baking pan in oven 3 to 4 minutes. Please see COMFORT/B5

Cleaning up your plate may not be such a good thing

By Daniel Q. Haney
The Associated Press

BOSTON — Science has a lot of advice for anxious parents of picky eaters: Relax. A study concludes that grownups need not — and probably should not — force their children to clean up their plates. Left to their own devices, youngsters will almost certainly get enough to eat.

"It's the parents' job to supply kids with an array of nutritious foods but the child's job to decide when and how much to eat," said Dr. Leann L. Birch. "Parents should not try to stuff food into their child's."

and the next they turn up their noses at everything but apple juice.

Aggravating, perhaps, but not necessarily bad.

"We substantiated parents' observation that children's eating behavior 'mal' meal is erratic and unpredictable," Birch said. "But that's probably normal. Energy intake over the total day is relatively tightly regulated."

In other words, children tend to take in almost the same total amount of calories each day, even though consumption and tastes fluctuate wildly from meal to meal. If a 3-year-old declines to eat anything but three grapes for lunch, chances are good that she cleaned up her cereal at breakfast and will put away a decent dinner.

"Parents, particularly fathers, should not be too upset if the kid doesn't seem to be eating," commented Dr. Johanna Dwyer, a nutritionist at New England Medical Center in Boston. "This shows that there is a fair amount of variability within children from meal to meal, but over the long term, they do pretty well."

Of course, this doesn't mean that children should be allowed to eat just potato chips and grape jelly, even though they might want to. Parents should offer healthy fare both for meals and snacks, and avoid high-fat, nutrient-poor junk food.

Birch, a psychologist at the University of Illinois at Urbana-Champaign, based her findings on careful observation of 15 youngsters' eating habits over six days. The results were published in the New England Journal of Medicine.

Her research helps clear up questions that

Please see PLATE/B5

Club calendar	B2
Dear Abby	B3
Home/Garden	B4
Classified advertising	B8-12

Valley life

Valley happenings

Retired teachers plan meeting Friday

TWIN FALLS - Magic Valley Retired Teachers will meet for a noon luncheon this Friday at Valley Christian Our Savior Lutheran Church, 1708 Hwy. 20, Burn Ave. E. All retired teachers are welcome.

Church Women United will meet

TWIN FALLS - Church Women United of Magic Valley will meet at 1:30 p.m. Friday at Valley Christian Our Savior Lutheran Church, 1708 Hwy. 20, Burn Ave. E. All are welcome. For more information, call 733-3796.

Chill, cinnamon roll feed set for Friday

JEROME - St. Jerome's Catholic Church will sponsor a chili and cinnamon roll feed from 5 to 8 p.m. Friday in the church hall, 216 Second Ave. E. Cost will be \$3 for adults, \$1.75 for children ages 12 and under or \$10 per family.

The Times-News welcomes news of community events. Send material to The Times-News Valley Happenings, P.O. Box 348, Twin Falls, ID 83403-0348. Please submit news at least a week in advance and include a phone number where you can be reached.

Distraught mom wants to bar daughter's jailhouse romance

DEAR ABBY: What would you advise me to do about my daughter who is 47 years old, twice-married, twice-divorced and has two lovely children, ages 24 and 27?

My daughter got religion and worked in her church. She organized programs and became the minister's assistant. No problem there, but one of the programs consisted of a group of women visiting a nearby prison to talk to the inmates and help make their lives better.

She became infatuated (my word - her word is love) with a man who has been in for five years and has five years to go on a burglary charge. He's been in and out four times, used cocaine, fathered four children before he was sent up - no marriages. He is 12 years younger than she is. She has a very good job.

They plan to marry in a month or so, while he is in prison. I have asked her to wait, but she says no.

I have asked her to see a counselor, but she will not change her mind. Her daughter is not happy about it, but doesn't want to openly oppose her. My husband feels as I do. We are changing our will because of it.

She has told this man of all our assets, which are considerable, and she was sole heir. We have told her now that she is not in our will and told her to tell him so. She says it suits her. We are still on speaking terms and our plans are to back off, so I guess there's nothing left to do. I'd appreciate your response, but please do not use my name.

—FLORIDA MOTHER

DEAR MOTHER: Your daughter is 26 years past 21 and is legally entitled to make this decision for herself. If it will give you and your hus-

Dear Abby
Abigail
VanBuren

band peace of mind, talk-to-your-attorney about placing your estate in trust for your grandchildren when the time comes. And should this young man turn out to be a loving, responsible spouse, you can always revise the documents at a later date.

DEAR ABBY: This is in response to "Yes or No," who didn't know if she should tell her girlfriend that her boyfriend asked "Yes or No" out.

You said she shouldn't tell. I disagree. Years ago, I fell in love with a man I'll call Wayne. Several months into our relationship, my girlfriend sat me down and gently broke the news to me that Wayne had asked her out a week later. I broke up with Wayne. Two months later, Wayne married a woman whom no one even knew he had been dating. A year later, my girlfriend and I ran into Wayne at a local amusement park with another woman with whom he appeared to be enamored. Abby, he was cheating on his pregnant wife!

I was naive, and my girlfriend's information was a real eye-opener. I am now married to a wonderful man and can never thank my girlfriend enough for telling me. This was a kindness.

Yes, it's true that rats eventually trap themselves, but usually at the expense of others.

—WELL-INFORMED
DEAR ABBY: The letter signed "Seattle" hit a nerve with me. It's true, "widowed" women are treated

with more respect and compassion than divorced women. I assume to be a widow, but I do not readily tell people because some men assume that a widow has inherited money or is sexually starved.

Most people think I'm divorced, and I prefer that designation. After four years with an assumed identity, sign me ... ENJOYING LIFE IN TEXAS

CYCLIST PEDDLES CREAMETTE COOKBOOK!



Hardi Zappa, West Jordan

"As the wife of an avid cyclist, I've learned that pasta meals are perfect for pre-race carb-loading. Your 2-in-1 Cookbook gave us many tasty dishes!"

Creamette

Didn't get a Cookbook? Send one UPC symbol from any Creamette® product to: Creamette® Cookbook, P.O. Box 1074, Lovell, MN 55308. Limit one per household. Allow 6-8 weeks for delivery. www.borden.com

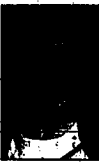
Job's Daughters plan installation

JEROME - Teri McClure will be installed as honored queen of Bethel No. 14 of the International Order of Job's Daughters at a ceremony set for 2 p.m. Sunday.

The installation will be held at the Jerome Masonic Lodge, 221 E. Ave. E. The public is welcome.

Teri is the daughter of Scott and Claire McClure of Jerome. Her project as honored queen will be the Twin Falls Humane Society.

Officers include: Tonya Hite, senior princess; Dana Hite, junior princess; Ruth Hamlin, guide; Tamie Traugbeig, marshal; Traci McClure, chaplain; Christy Buttacane, musician; Rana



McClure

Vining. Choir members are Tami Cammell and Kasey Hoobler; Amy Overlin will serve as installing honored queen. She will be assisted by Kama Klime as guide, Tina Childers as marshal; Katie Silver Lewis as chaplain; Lisa Silver as musician; Loreta Vining as recorder; Susan Buttacane as senior custodian; and Jeanne Hettenbach as junior custodian.

Other officers are: Mary Lynn Montgomery, inner guard; Jennifer Traugbeig, outer guard; Heather Overlin, senior custodian; and Sarah Schiffler, junior custodian.

The messengers will be Tina Childers, Amy Overlin, Amanda Alonzo, Lanell Decoteau and Kim

Others assisting in the ceremony will be Jack Hydef and Becky Prescott as soloists; Sarah McClure and Jessica Faulkner as Bible bearers; and Mary Childers, Gail Decoteau and Linda Montgomery as reception hostesses.

Enrichment classes will start at CSI

The Times-News

TWIN FALLS - The following enrichment classes begin soon through the College of Southern Idaho:

• Folk Art Painting on Furniture will meet from 9 a.m. to noon Saturdays from Feb. 2 through April 13 in Room 102 of the Shields Building. Cost is \$25.

• Beginning Photography will meet from 7 to 9 p.m. Thursdays from Feb. 7 through April 18 in Room 101 of the Shields Building. Cost is \$55.

• Beginning Tapepainting is set from 7 to 10 p.m. Wednesdays from Feb. 6 through April 17 in Room 107 of the Shields Building. Cost is \$45.

• German, Sprechen - Sie Deutsch will meet from 8 to 10 p.m. Mondays from Feb. 4 through April 22 in Room 114 of the Shields Building. The fee is \$35.

• Intermediate German is set from 8 to 10 p.m. Wednesdays from Feb. 6 through April 17 in Room 114 of the Shields Building. Cost is \$35.

• Cultural Spanish will meet from 7 to 9 p.m. Wednesdays from Feb. 6 through April 17 in Room 104 of the Shields Building. Cost is \$35.

• Writing with your Senses will meet from 7 to 9 p.m. Mondays from Feb. 4 through April 8 in Room 104 of the Shields Building. Cost is \$30.

• Sewing, Beginning English Smocking will meet from 7 to 10 p.m. Mondays Feb. 4 through March 25 in Room 121 of the Canyon Building. The cost is \$30.

• Antiques - Furniture and Glassware will meet from 7 to 9 p.m. Thursdays from Feb. 7 through April 4 in Room 143 of the Aspen Building.

• Taxidermy: Small Mammals will meet from 6 to 9:30 p.m. Tuesdays from Feb. 5 through March 12 in Room 102 of the Shields Building. Fee is \$30 plus materials.

• First Aid will meet from 10 a.m. to 3 p.m. Feb. 9 in Room 208 of the Shields Building. Cost is \$15.

• Ecology Gardening will meet from 7 to 10 p.m. Tuesdays from Feb. 12 through March 15 in Room 140 of the Aspen Building. Fee is \$20.

For more information on these classes, call 733-9554 ext. 270 or register in the Taylor Building records office.

Just married?

The Times-News welcomes your wedding announcement. Please call 733-0931, 278, or visit our office at 132 Third St. W., for a wedding form.

We ask that the information be typed and the form be returned to our office along with a photograph, black and white preferred. Please include a phone number where you can be reached.

Your announcement will be published as space permits. You may pick up your photo at The Times-News once the announcement has appeared in the paper.

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The Times-News

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Day 3

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3	♥♥♥♥	8	♠
4	♣♣♣♣	9	☾
5	♂♂♂♂	0	●●●●

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For a complete set of rules and this week's game card, see the full page ad in the Sunday edition of your Times-News or come by our office at 132 3rd Street West during regular business hours. No purchase necessary.

Home/Garden



This home features a real log exterior but a paneled interior.

New variation of log home construction more energy-efficient

The Associated Press

An energy-efficient variation on logs for home construction has been introduced by Wilderness Log Homes of Plymouth, Wis.

The company uses full eight-inch logs, halved and fastened to a framework of 2x6 studs. Six inches of fiberglass insulation and sheathing are installed in the wall cavity, then the interior can be finished with paneling, drywall or half logs for a full-log effect.

"Insul-R" construction results in over twice the energy efficiency of other construction, the firm says. For further information, call the company at (800) 237-8564 or (800) 852-5647.

Steel siding may be the answer for homeowners who live in heavy weather areas.

Besides existing hail and other weather-related hazards, it also stands up better to human hazards, such as tipped-over bicycles and wayward baseballs," says David Henderson, Great Plains and Midwest

sales manager for Rollex Corporation. The company recently introduced its first steel siding, which it says equals aluminum in ease of upkeep but excels in resisting dents from hailstones and wind-driven debris.

The siding comes in a dozen colors, in wood-grain textures and styles to fit different architectural characteristics.

A new angle on roof ventilation for insulating is Roll Vent from Benjamin Obdyke, a self-contained ridge ventilator that comes on a roll. The installed vent is relatively inobtrusive, looking like a thickened ridge cap on the roof. It works on a venturi or vacuum principle, drawing in air through soffit vents or the roof overhang, then forcing it out at the top of the roof to insulate with a continuous airflow. The vent also is weather resistant because of the self-contained design. It can be installed on any roof pitch by just rolling it out and fastening under the roof's ridge caps. Rolls are available for asphalt, fiberglass, flat tile and cedar roofs.

Noisy plumbing pipes can be fixed easily

CHICAGO (AP) — That awful racket your plumbing pipes make usually can be diagnosed by sound and can be fixed easily, according to the Plumbing-Heating-Cooling Information Bureau.

Banging, or hammering results when water moving through a pipe comes to an abrupt stop. This shocks the pipe and causes it to jump.

A capped pipe extension behind faucets and toilets will serve as a shock absorber to prevent this kind of banging, extension is filled with air.

"The trapped air in each extension, or air chamber, acts like a cushion for the vibrations," says David L. Weiner of the bureau. "When the chambers lose air, they fill with water. This causes the banging."

Refrilling the pipes to replace the air, or alternatively, mechanically injecting air into the chambers. If your plumbing system can't have these shock absorbers, they can easily be added at the site of the noise, he says. Some can be installed by fitting or the hose supplying a clothes washer, for example. Others may need to be soldered onto the pipe fitting. Pipes of different materials may need different types of shock absorbers, he adds.

Since pipes expand when hot, and contract when cool, they can make creaking sounds. If they are suspended from hangers that fit too tightly, they will bind and release repeatedly with a tapping noise. Loosening the hangers or changing from metal to plastic will let the pipes move freely.

Rushing sound means the pipes are either too small or clogged with

Telling annual flowers from perennials

Annual flowers must be replanted each spring, or "annually." Perennial flowers survive the winter and re-grow from roots, stems or crowns. Biennial flowers survive one winter only to grow a second season.

Most perennials and biennials do not bloom until the second year, unless given some kind of cold treatment. More and more of the new perennial flowers do bloom the first season because they have been selected for just that characteristic.

Not all flowers fit neatly into one of these three categories. The Pansy is a notable example. The Pansy is really a winter annual. In mild climates, Pansy seeds sprout outside during summer and become established by fall. They survive the winter and bloom the next spring and summer; if summer is hot, they often die or at least go out of bloom.

In colder climates like the Intermountain area, we usually plant Pansies in the spring. Because of our cool night temperatures they bloom all summer. If protected from extremely cold weather by snow or mulch, many Pansy plants will survive the winter and bloom again the next year. Winter hardiness of different strains of pansies varies widely. Some strains will survive

almost 100 percent. We had one particular yellow Pansy in the Ricks College Demonstration Garden which acted just like a perennial and continued to grow for 5 or 6 years in the same location. When examined closely, we noticed that new young plants were coming up each year from seed scattered by the old plants. It was not clear how long the old plants were surviving.

Subperennial and a few other "annual" flowers will also occasionally survive for one winter. Many other annual flowers also naturally reseed themselves. A few are like pansies and will come up during the summer, survive the winter and bloom early the next year. California and Shirley Poppies are two examples.

Most reseeded annuals do not sprout until the next spring when the soil has warmed sufficiently. Sweet Alyssum will readily re-establish itself if seed is not buried by spading or rototilling. If you recognize Alyssum seedlings and do

Telling annual flowers from perennials

not pull or hoe them out with the weeds, they will be in bloom by late June. Many gardeners do not want to wait an extra month for bloom, so they plant established, blooming plants from the greenhouse in May.

Other annuals which readily reseed themselves include Calendula, Cornflower or Bachelor's Button; Coreopsis, Cosmos, Dianthus, Holyhock, French Marigold, and Portulaca or Moss Rose. Very little seed will come up if it is buried deeply by spading or rototilling.

Many other annual flowers, like petunias and snapdragon will sprout occasional seeds naturally. However, plants are usually so sparse and late to bloom that they do not make much of a show.

My new book, Intermountain Flower Gardening, includes descriptions of flowers which grow well here and lists of flowers for specific situations such as warm, cool, shady, containers, cutting, drying, rock gardens, dwarf, medium, tall, reseeding and perennial. For a copy, send \$9.95 plus \$1. for handling to: Allen Wilson, P.O. Box 343, Rexburg, ID 83440.

Allen Wilson teaches horticulture at Ricks College. His column appears every Wednesday in The Times-News.



Allen Wilson Gardening

Tub drain mechanisms often can be repaired easily

Q. Our bathtub has a drain that is open, or leaking, or lifting or lowering a lever on the tub overflow plate. The drain is stuck open. How do I get it to stop it? — P. Hardis

A: Most bathtubs have one of two types of drain mechanisms inside the pipes at the drain end of the tub. Both types have a vertical rod that runs down a pipe leading to the tub drain.

If the tub has a pop-up drain plug, the vertical rod has a coil spring on the bottom that contacts another rod running horizontally to the pop-up stopper. When the tub lever is moved, the two rods cause the stopper to open or close.

The second type of drain has a stopper plug suspended from the bottom of the vertical rod; the plug controls water flow by opening and closing the pipe itself rather than the tub opening, which simply is covered by a strainer.

Either type of drain mechanism can become stuck or fail to operate properly for several reasons, but the usual cause is an accumulation of hair and sludge around the coil spring or suspended stopper.

You can clean and/or adjust the drain mechanisms by removing the screws in the overflow plate, which covers a drain hole near the top of the tub that helps keep the tub from overflowing, and ritting the vertical mechanism out of the pipe through the overflow hole.

In most cases, cleaning and re-installing of the mechanism will solve sticking, although badly corroded or broken parts should be replaced.

You can adjust the mechanism slightly by loosening a lock nut at the lever end of the rod and screwing the rod up or down in its bracket.

For example, you can stop a slow leak by making the rod a bit longer on the suspended stopper drain; the tub will drain faster if you make the rod a bit shorter.

Adjustment of the pop-up drain is different because it connects with a second, horizontal rod (leading to the pop-up). If you shorten the vertical rod slightly on this type of drain, the pop-up will be seated better and a slow leak stopped. If you lengthen the rod slightly, the pop-up plug will open farther.

Be careful when you remove the mechanism to avoid chipping or cracking the tub. If the mechanism is so tightly stuck it cannot be pulled out the overflow hole without excessive force, it might be necessary to gain access to the pipes behind the tub and partly disassemble them to free the drain. Bathtub plumbing usually is accessible through an access door that sometimes is located in the back of a closet.

Do it yourself Gene Austin

Q. I want to wallpaper some rooms, but the walls and ceilings have a texture finish that won't hold paper. How can I remove the texture finish with the fewest problems? — J. Bradshaw

A. Texture-Off, a special remover for latex texture paints, probably is the best bet. This relatively safe, low-odor remover is applied with a brush, roller or spray and allowed to soak in. The paint, which softens and jells, is scraped off with a wide putty knife. Texture-Off is sold at some home centers and hardware stores and paint stores. Call 800-526-3885 for names of dealers of more product information.

Q. An 18-foot sill plank between the foundation and wall of our house rotted because of a drainage problem. We've corrected the drainage, but how can we replace the sill board? — G. Westerfield

A. I'd say this is a job for an experienced carpenter, because the wall will need support while the plank is replaced, or there could be cracking and other structural damage to the wall. Even though the drainage problem is corrected, be certain the new sill plank is made of pressure-treated wood, which resists rotting if exposed to water.

Q. Our house is built of unfinished cypress and has weathered for some years. Part of it has turned out attractive gray that we like, but other parts are very dark or too light. We are replacing some boards that have split and would like to know how to get a uniform gray color. — B. Tepley

A. Probably the best bet is to finish all of the siding with a heavy-bodied

gray stain that also repels water. The water repellent will help keep the siding from cracking and warping, and the stain will give the siding a uniform color. Stains are available that approximate the color of weathered wood; check with home centers and paint stores in your area.

Readers' questions and comments are welcome and should be sent to: Gene Austin, The Philadelphia Inquirer, Box 8263, Philadelphia, Pa. 19101. Questions cannot be answered personally.

Q. Our house is built of unfinished cypress and has weathered for some years. Part of it has turned out attractive gray that we like, but other parts are very dark or too light. We are replacing some boards that have split and would like to know how to get a uniform gray color. — B. Tepley

A. Probably the best bet is to finish all of the siding with a heavy-bodied

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Food

Jones

Continued from B1
lover lamb. Here's a pita sandwich that makes enough for two for dinner:

- ### FAR EAST PITA SPECIAL
- 1/2 cup mayonnaise
 - 1 ounce of anchovy fillet (use half of a 2-ounce can)
 - 2 tablespoons lime juice
 - 2 cloves garlic
 - 1 teaspoon sugar
 - 1/2 teaspoon hot pepper sauce (Tabasco kind)
 - 1 cup julienned strips of cooked lamb, beef or poultry
 - 1/2 small red onion, thinly sliced (1/3 cup)
 - 1/2 large green pepper, sliced (1/2 cup)
 - 1 large tomato, cut in small wedges (1 cup)
 - 2 pita breads (6-inch diameter)
- In your blender, mix the mayonnaise, anchovies, lime juice, garlic, sugar and pepper sauce until smooth. In a medium bowl combine the meat, onion, green pepper, tomato and anchovy dressing. Mix well.
- Cut pita into half to form pockets. Spoon meat mixture into each pocket and serve with a salad or chips.
- If you like the barbecue sandwich taste, here's a sauce to make and store in your freezer:

- ### HOMEMADE HARBECUES
- 2 cans (10K ounce size) condensed tomato soup
 - 1/2 cup finely chopped onion
 - 2 tablespoons sugar
 - 3 tablespoons vinegar
 - 2 tablespoons Worcestershire sauce
 - 1/2 teaspoon prepared mustard
 - 1/4 teaspoon hot pepper sauce
 - 1 pound cooked pork or beef, thinly sliced
 - Hamburger buns, split
- In a 2-quart microwavable bowl combine the soup, onion, sugar, vinegar, Worcestershire, mustard, hot pepper sauce and 1/2 cup water. Microwave, covered, about 8 minutes, stirring every 2-3 minutes. Stir in meat and freeze in three 1-pint containers.
- The contents of each pint will make 4 sandwiches. Thaw in your microwave and cook for eight to 10 minutes. Serve in the hamburger buns.
- OK, you're on the committee for a lunch here. Here's a sandwich that even fellows could go for. This recipe serves 24.
- I would purchase the coltslaw at a deli. Since almost everybody is watching his or her fat intake, I would add only half the mayonnaise at a time until you think it's spread enough. Remember, the coltslaw probably has a hefty amount of mayonnaise. (Mayonnaise usually contains about 2,000 calories per cup and is 100 percent fat!)

- ### SALMON SALAD SANDWICH SUPREME
- 4 pounds of canned salmon
 - 1/2 cup lemon juice
 - 3 cups celery, finely chopped
 - 1 to 1 1/2 cups mayonnaise
 - 72 slices of bread, lightly buttered
 - 8 medium tomatoes, sliced
 - 24 lettuce leaves
- Drain and flake the salmon. Combine with the lemon juice, celery, and mayonnaise. Refrigerate (can be done 1 day ahead) Cover first slice of bread with a scant 1/3-cup of coltslaw, then 2 slices of tomato. Now place next piece of bread on top and on the top of it place a lettuce leaf.
- Cover with the same amount of salmon salad as the coltslaw and top this with a third slice of bread. Secure with toothpicks and slice in half. Arrange sandwich sections on a plate and serve with french-fried onion rings and garnish with crisp greens and radishes.
- Enjoy!
- Nancy Joy Jones welcomes comments - on recipes - Her address is: 1020 I St., Rupert, Idaho 83350.

Meatloaf burgers can be made in 15 minutes

- ### Seattle Times
- #### MEATLOAF BURGERS
- (6 servings; approximate preparation time, 15 minutes)
- 2 teaspoons olive oil
 - 1/2 cup finely chopped onion
 - 1 package (1K pounds) meatloaf mixture (pork, veal and beef)
 - cup taco sauce
 - 1 egg
 - 1/4 cup fresh bread crumbs
 - 1 1/2 teaspoons dried leaf sage, crumbled
 - 1/2 teaspoon salt
- 1 teaspoon freshly ground black pepper
 - In a small skillet heat the olive oil over medium heat. Add the onion and saute 5 minutes.
 - Combine the onion with the meatloaf mixture, taco sauce, egg, bread crumbs, sage, salt and pepper. Form into 6 patties. The patties can be covered and refrigerated until ready to use.
 - Cook the burgers in a large skillet set over medium heat for about 8 to 10 minutes on each side. Check for doneness and serve.
- DATA PER SERVING:** Calories 308; Protein 23g; Fat 20g; Carbohydrates 8g; Sodium 273mg; Saturated fat 7g; Monounsaturated fat 9g; Polyunsaturated fat 1g; Cholesterol 118mg.

Comfort

Continued from B1
Add remaining ingredients, mix well. Bake 10 to 12 minutes or until deeper golden brown; stir. Cool, store and serve as directed above.

- ### CRUNCHY FRUIT AND YOGURT
- 1/2 cup Orange-Breakfast Crunch
 - 1 8-ounce cartop low-fat yogurt, any flavor
 - 1/2 cup chopped prunes, dried apricots, raisins or mixed dried fruit
- Layer ingredients as desired in cereal bowl. Makes 1 serving.

- ### RUSTIC COTTAGE BREAD
- 2K cups flour
 - 1/2 teaspoon salt
 - 2 tablespoons sugar
 - 1 package quick-rising yeast
 - 1 2-cup cracked black pepper
 - 1/2 cup grated Parmesan cheese
 - 1 cup low-fat cottage cheese, warmed slightly
 - 1 cup beer, warmed (or use low-fat milk)
- Combine flour, salt, sugar, yeast, pepper and Parmesan in food processor bowl and mix with metal blade until blended. Add cottage cheese and beer (or milk) and mix briefly. Scrape into greased 6-cup casserole or soufflé dish or 5- by 9-inch loaf pan. Cover and let rise in a warm place for 45 minutes. Bake at 350 degrees for 40 to 50 minutes until brown and crusty.
- (from the California Milk Advisory Board)
- Walnut Onion Bread: Stir in 1/2 cup chopped walnuts and 1/2 cup chopped red onion. The onion taste will be milder if you saute them first in a little butter or margarine, then let cool.
- Swedish Farm Bread: Stir in 1 teaspoon EACH of sesame, caraway and fennel seeds.
- Herbed Bread: Stir in 3 tablespoons chopped fresh herbs or 3 tea-

spoons dried herbs (rosemary, parsley, thyme, marjoram).

- ### PEAR BRAN BREAD
- Make this easy, good-for-you bread with Anjou or Bosc pears, two winter varieties that are widely available now.
- 1/2 cup molasses
 - 1/4 cup honey
 - 1 egg
 - 1/2 cup buttermilk
 - 2 tablespoons vegetable oil
 - 1K cups whole wheat flour
 - 1/2 cup oat bran
 - 1/2 cup packed brown sugar
 - 1 teaspoon baking soda
 - 1/4 teaspoon salt
 - 3 cups finely chopped fresh pears
- 1/2 cup chopped walnuts
- Beat molasses, honey and egg until well blended. Stir in buttermilk and oil. Combine flour, oat bran, brown sugar, soda and salt; add to buttermilk mixture. Blend until smooth. Fold in pears and nuts. Pour into greased 9- by 5-inch loaf pan. Bake at 350 degrees for 65 to 70 minutes or until a wooden pick inserted in the center of the loaf comes out clear.
- (from the Oregon-Washington-California Pear Bureau)

- ### QUICK ALMOND OAT DANISH COFFEECAKE
- 1 cup plus 2 tablespoons quick or old-fashioned oats, uncooked, divided
 - 1/3-cup (5-and-one-third-tablespoons) margarine, melted
 - 1/3 cup finely chopped almonds
 - 1/3 cup sugar
 - 2 tablespoons egg substitute or egg white (about 1), slightly beaten, divided
 - 1/2 teaspoon almond extract
 - 1 pound frozen bread dough, thawed, at room temperature
 - 1 cup whole pitted prunes or mixed dried fruit
- Spray cookie sheet with nonstick spray or oil it lightly. Combine 1 cup oats and margarine; mix well. Stir in almonds, sugar, egg substitute and almond extract. On a lightly floured board, roll or pat dough into a 12- by 10-inch rectangle. Spread oat mixture in narrow strip down middle; top with prunes or other dried fruit.
- On each side of the filling, cut 3-inch diagonal slits, two inches apart. Fold alternating strips of dough over filling to form a braid pattern, pinching ends of strips to seal. Transfer to cookie sheet.
- Cover and let rise 30 minutes or until almost doubled in size. Heat oven to 350 degrees. Bake loaf with 1 tablespoon egg substitute, sprinkle with remaining 2 tablespoons oats. Bake 30 to 35 minutes or until golden brown. Serve warm. Serves 8.

Spray cookie sheet with nonstick spray or oil it lightly. Combine 1 cup oats and margarine; mix well. Stir in almonds, sugar, egg substitute and almond extract. On a lightly floured board, roll or pat dough into a 12- by 10-inch rectangle. Spread oat mixture in narrow strip down middle; top with prunes or other dried fruit.

- ### CINNAMON OAT RAISIN ROLLS
- 1/3 (5-and-one-third-tablespoons) margarine, melted
 - 1/4 cup firmly packed brown sugar
 - 2 teaspoons ground cinnamon
 - 1K cups raisins
 - 1 cup quick or old-fashioned oatmeal, uncooked
- 1 pound frozen bread dough, thawed, at room temperature
- Sprinkle an 8- by 8-inch baking pan with nonstick cooking spray or oil it lightly. Combine margarine, brown sugar and cinnamon and mix well. Stir in raisins and oats. Roll dough into 12- by 10-inch rectangle. Spread evenly with raisin mixture. Starting from wide end, roll up dough tightly. Cut into 9 slices; place flat in prepared pan. Cover; let rise in warm place 30 minutes or until almost doubled in size. Heat oven to 350 degrees. Bake 35 to 40 minutes or until light golden brown. Spread top with orange marmalade while warm, if desired. Serve warm. Makes 9 servings.

Plate

Continued from B1
have lingered since Dr. Clara Davis, a Chicago, pediatrician, discovered 60 years ago that children survived just fine with no dining instructions from their elders.

"Davis put lots of food in front of babies and let them pick what they wanted. Even though they often chose bizarre combinations - liver and orange juice for breakfast and nothing but bananas for lunch - they grew nicely."

Birch's study shows why. Children's appetites are under tight internal control. On their own, they will eat as much as they need. Forcing youngsters to eat more than they want might do more harm than good, and could make them fat.

Her study was conducted on preschoolers who ranged in age from 2 to 5. Twice a week for three weeks, the researchers provided all the youngsters' food. They were offered a total of 2,700 calories a day, about

twice as much as they needed. At dinner, for instance, the children could pick from such kid cuisine as peanut-butter-and-jelly sandwiches, macaroni and cheese, peas, carrot sticks and pudding.

The researchers noted that a child might eat 100 calories at breakfast, one day and 350 calories another, even though the food was identical. Yet their daily energy intake was relatively constant, suggesting "the existence of an orderly mechanism to control food intake."

In an accompanying editorial, Dr. Gilbert B. Forbes of the University of Rochester agreed that the work shows youngsters' "innate ability to control how much they eat."

"Even with all the food available to them, her young subjects did not eat to excess," he noted. "In this they were wiser than many adults for whom a plethora of food is but a passport to obesity."

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Campus Box 8184 • Pocatello, Idaho 83209-0009

BUY FOUR
INSTANT TICKETS &
PLAY IDAHO
FANTASTIC 5
FREE!

Only where you play Idaho Fantastic 5
Look for a Green Dream Machine!

ONE-FREE PLAY

Present this coupon and any four instant scratch tickets to get a free \$1 Idaho Fantastic 5 play.

Customer Signature _____ Date _____

Coupon valid 1/21/91 through 2/15/91. Limit one coupon per hour scratch ticket purchased. Tickets must be unscratched when purchased. Valid only at time and place of purchase.

IDAHO FANTASTIC 5

ALL REMAINING COATS

70% OFF

COTTON SWEATER & SKIRT SETS

1/2 PRICE

KAREN KANE PETITES

40% OFF

RACKS OF BLOUSES, SWEATERS, COORDINATES & DRESSES

60% OFF

OPEN TODAY 12-4

COURTESY ALTERATIONS & GIFT WRAP

Natly's

Where Customer Service is Our Specialty

156 Main Ave. N. 734-7811

You'll Be Calling You

E'lise Swan

The Times-News Telemarketing

E'lise Swan is one of the newest members of our Telemarketing staff. During the day E'lise attends C.S.I. where she is studying Physical Education. After graduation she plans to pursue a career in teaching. Her spare time is consumed with volleyball, reading and shopping. She believes The Times-News is a great "learning tool" and should be used more often.

When E'lise calls just say "yes!"



OVER 51 YEARS OF SAVINGS

FROM THE LOW PRICED SUPERMARKET

Fresh! Regular Ground Beef **99¢**
 Family Pack 10 lbs. or More... lb.
 5 lbs. or More... lb. **1.09**
 Less Than 5 lbs... lb. **1.19**

Lean Ground Beef Fresh! Family Pack • 10 lbs. or More
 5 lbs. or More... lb. **1.49** **1.39**
 Less Than 5 lbs... lb. **1.59** lb.

Extra-Lean Ground Beef Fresh! Family Pack • 10 lbs. or More
 5 lbs. or More... lb. **1.89** **1.79**
 Less Than 5 lbs... lb. **1.99** lb.

Ground Turkey Fresh! 10 lbs. or more Family Pack lb. **99¢**
 5 lbs. or More... lb. **1.09**
 Less Than 5 lbs... lb. **1.19**

Fryer Breasts
 Holly Farms Frozen Grade A
99¢ lb.

Huggies Diapers
 Huggies Natural Care
 Huggies Natural Care
 Huggies Natural Care
948 ea.

Sandwich Bread
 Eddy's Thin Sliced
99¢ 24oz.

Yoplait Yogurt
 Assorted Varieties
3 \$1 6 oz. FOR

GUARANTEED 100% SATISFACTION • FROM YOUR LOW PRICED SUPERMARKET

Boneless Rump Roast
 Lean Supreme Beef
1.99 lb.

Pork Butt Roast
 Bone In
1.39 lb.

12-Pack Pepsi
 2-Liter
 All Varieties
3.19 ea.

Paper Towels
 Janet Lee
2 \$1 FOR

Instant Lunch
 Maruchan Assorted Varieties
4 \$1 FOR

Premium Saltines
 Nabisco Assorted Varieties
99¢ ea.

Crisp Lettuce
 California Grown Medium Heads
2 \$1 FOR

Ripe Bananas
 U.S. No. 1
3 \$1 lbs.

Morrell Franks
 Bigger Than The Bun
99¢ 16 oz.

Breaded Patties
 Or Corn Dogs
 Armour
1.99 16 oz.

Potato Chips
 Ruffles Assorted Varieties
1.99 13-15 oz.

Go Lightly Milk
 1/2% Lowfat
1.89 gal.

Liquid Bleach
 Albertsons
89¢ gal.

6-Pack RC Cola or 7-up
 All Varieties • 12 oz. cans
1.69 ea.

Green Onions
 Flavorful
3 \$1 FOR

Bell Peppers
 Fresh
6 pack 99¢

BUTCHER BLOCK Orange Roughy
 Fillets • Previously Frozen
3.99 lb.

ALBERTSONS COUPON EXPIRES: FEB. 5, 1991
Cooked Shrimpmeal
 Oregon Bay Previously Frozen
 Limit 4 Pounds Per Coupon Available At Butcher Block Stores Only
3.99 lb.

ALBERTSONS COUPON EXPIRES: FEB. 5, 1991
Pork Chops
 Boneless Center Cut
 Limit 4 Pounds Per Coupon Available At Butcher Block Stores Only
2.99 lb.

IN-STORE BAKERY Cinn. Pershings
 Made Fresh Daily
5 FOR 99¢

Angel Food Cake
 Iced
3.99 ea.

Pumpkin Pies
 Gourmet • 9 inch
3.99 ea.

DELI SHOPPE Fried Chicken
 A Whole Chicken Cut 8 Ways
2.99 8 pieces

Cooked Ham
 Billed or Baked
2.99 lb.

Swiss Cheese
 Sliced
2.99 lb.

VARIETIES BUYS L'eggs Pantyhose
 Sheer Energy Colors
3.58 pair

Shampoo With Candilonei Albertsons
1.99 15 oz.

NyQuil Regular or Cherry Liquid
3.58 8 oz.

Windshield Wash
 Janet Lee
99¢ 1 gal.

VIDEO RENTAL Movies
 7 Days A Week... ea. **97¢**

New Releases
 7 Days A Week... ea. **1.97**

Machine Plus Any Movie... ea. **\$5**

BEER & WINE SPECIALS
24-PACK BUDWEISER Reg. Light or Dry 24 12 oz cans **11.69**

STE. CHAPELLE WINE 10-Varieties 750 ml **5.69**

PLANTS/BULK FOODS Foliage Plants
 Ass't. Ivy • 8 Inch Pots
8.99 ea.

CALIFORNIA PISTACHIOS
2.99 LB.

PRICES EFFECTIVE: JAN. 30, thru FEB. 5, 1991

Conveniently Located At:
1221 ADDISON AVE. EAST, TWIN FALLS

Albertsons

AVAILABILITY: Each of these advertised items is required to be readily available for sale at or below the advertised price in each Albertsons store, except as specifically noted in this ad.

RAIN CHECK: We strive to have on hand sufficient stock of advertised merchandise. If any item is out of stock, a RAIN CHECK will be issued enabling you to buy the item at the advertised price when it becomes available.

Rentals-Merchandise-Farmers' market

CLASSIFIED MARKETPLACE



052. Furnished Apts. & Duplexes

2 bedroom apartment for rent... Quiet Luxury 1 1/2 bdrm apt... 1 bdrm apt...

057. Miscellaneous For Sale

2 portable oxygen tanks with leather carrying case... 2 1/2 horse trailer...

070. Wanted To Buy

1980 or newer Buick or Chevy in good shape... Wanted: 1987-1989 Buick...

082. Building Materials

2 Storage sheds for sale... 6x8 all steel pump...

097. Hay, Grain & Feed

100 tons of 1 ton bale stock... 150 tons of 3rd cutting hay...

102. Cattle

PRODUCTION LIVESTOCK... Open dairy heifer...

108. Swine

Large weaner pigs... 108 Sheep/Cocks...

114-Farm Implements

International tractor... 114-Farm Implements...

052. Furnished Apts. & Duplexes

2 bdrm apt with walk-in closet... Quiet Luxury 1 1/2 bdrm apt...

057. Miscellaneous For Sale

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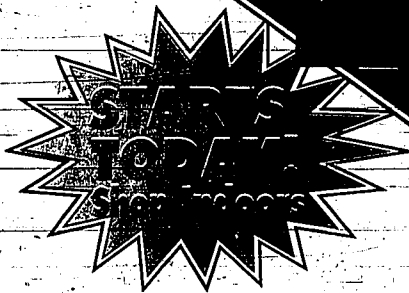
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114-Farm Implements

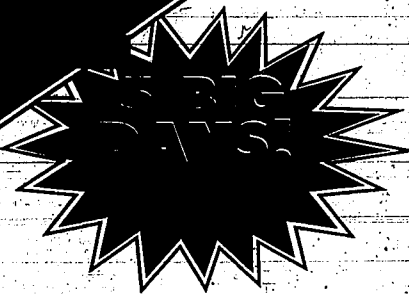
International tractor... 114-Farm Implements...

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FACTORY AUTHORIZED



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2 Magic Valley Market Leaders Under 1 Roof!

\$ 5 Million EXTRAVAGANZA

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DON'T MISS IT!!!

OVER 300 NEW CARS - TRUCKS - VANS AT FACTORY INVOICE!

Notarized Invoices Will Be
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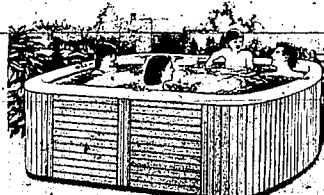
• CHRYSLER • PLYMOUTH
• DODGE/DODGE TRUCKS
• JEEP/EAGLE

PLUS OVER 200 USED CARS & TRUCKS
AT LIQUIDATION PRICES!

INVENTORY CLEARANCE



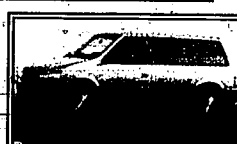
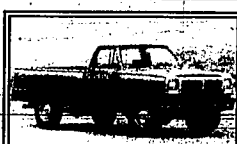
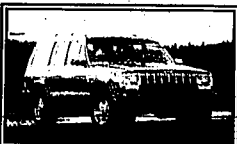
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**USED
SPAS
Starting
As Low As
\$200**

Whitfield PELLET STOVES
STARTING AS LOW AS

\$1299⁰⁰



REGISTER TO WIN . . .

- 1 Used Car Valued At \$4000
- Use Of A Hot Spring Spa For 6 Months

Drawing to be held at 5:00 P.M. Sunday,
February 3. You must be 18 years or older
to register and must be present to win.

PUBLIC AUCTION

SATURDAY, FEB. 2 • 11:00 A.M.
AT THE CSI EXPO CENTER

80 VEHICLES WILL BE SOLD AT AUCTION For \$10 to \$999
More than 80 used cars, vans and trucks will be sold to the highest bidder
regardless of price. All vehicles will be sold at auction for \$10 to \$999.

- Retail Values \$500-\$2000 • Inspected - All Run - All Drive
- Dealers Welcome • All Bidders Must Register Prior To Sale
- In The Event Of A Tie, A Drawing Will Determine The Buyer

TERMS: CASH DAY OF SALE

Snake River Pool & Spa Inc.

LATHAM

1020 BLUE LAKES BLVD. NO.
TWIN FALLS, IDAHO 83301
PHONE (208) 734-8103

CHRYSLER • PLYMOUTH • DODGE • JEEP • EAGLE

510 2nd Ave. S. • Twin Falls, Idaho • 733-5776