

Good morning

Today's forecast:
Sunny and warmer with highs in the mid-80s and lows tonight 45-50. West winds 10 mph.

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Magic Valley

Still chuckholes

Although Idaho gained a windfall in the new highway bill recently approved by the U.S. Senate, transportation authorities say chuckholes won't disappear from Idaho's roads anytime soon.

Page A5

Tree controversy

For the second time in two months, a tree-cutting controversy has erupted in Ketchum over Idaho Transportation Department plans to widen a road.

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Sports

Ore-Ida Challenge ends

Sally Zack won the final race of the 1991 Ore-Ida Women's Challenge, and Jane Ciprelli hung on to win the individual title Sunday.

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Duo to race again

The last time Ben Johnson and Carl Lewis ran against each other was in the 1988 Olympics. Tonight, the two will race again.

Page A7

Tennis exits

Jimmy Connors was ousted from the Wimbledon tennis championships. Ivan Lendl and John McEnroe were victorious in Sunday's play.

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Features

Go fly a kite

Try some or all of the 15 suggested activities to keep your kids busy now that school's out for the summer.

Page B1

Lefties out in the cold

News that left-handed people live shorter than the right-handed species stirred up some panic in columnist Dave Barry.

Page B2

Opinion

Ideas from elsewhere

Today's editorial page contains a selection of opinions from newspapers around the nation, on subjects as diverse as abortion in Louisiana and the Mormon Church in Russia.

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High hurdles

Gov. Cecil Andrus has set some tough requirements for legislative leaders to meet before he'll call a special session on reapportionment.

Page A10

World

Prison before trials

More than 1,000 men languish in the Panama City prison - a facility meant to hold only 250 persons. Most Panamanian politicians agree the jail is one of the country's worst scandals as most prisoners face years behind bars without ever having been tried.

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Please recycle this newspaper

Bush said to have c... on nominee

The Associated Press

KENNERLUNKPORT, Maine - President Bush has decided who he intends to appoint to the Supreme Court - an administration source said, but Bush kept mum on the decision Sunday as his aides made arrangements for an announcement.

White House spokeswoman Judy Smith said Sunday that the president, as far as she could ascertain, had not made a final decision. However, the administration official, who spoke on condition of anonymity, said the president had told top aides of his decision. Bush had told reporters at midday Sunday that he was "getting close" to making an announcement.

Against that backdrop, it was learned that U.S. Circuit Judge Emilio Garza of San Antonio - who Bush only recently elevated to the Circuit Court of Appeals - spent several hours at Justice Department headquarters in Washington being interviewed.

He told reporters he would not be an "activist" judge who tries to legislate from the bench, saying: "I think it's our responsibility to provide a level playing field... and apply the law. We're not elected to be legislators." Garza became the youngest federal judge in the nation three years ago when he succeeded William Sessions to the U.S. District Court in Dallas.

The 1% solution

Under initiative, Jerome County stands to lose half its tax base

By Phil Sahn

Times-News writer

JEROME - W.W. Luper says he doesn't know much about the drive to get Idaho property taxes scaled back to 1 percent of market value. But he sure likes the idea.



Twin Falls residents, from left, Elbert Walker, Farnie Amick, Richard Howard and Ina Howard listen to a 1 percent initiative sales pitch from coordinator Ron Rankin.

"You bet I'd vote for it," Luper said, sipping coffee in Jim Bob's at the corner of Lincoln and Main.

According to the Associated Taxpayers of Idaho - this would be the largest percentage loss in the state, the group said in its June newsletter.

ATL President Randy Nelson said the group estimated property tax losses based on how many exemptions the 1 percent initiative might allow.

The initiative allows some exemptions to remain, the county would lose from \$1.7 million to \$2.3 million in property tax, he said.

If approved, taxpayers can expect to find themselves still paying for jails, indigent medical care and other services required by law. Yet the local pack might not be open as much and the local public ambulance service might not run 24 hours a day.

The repeat of the last vestige of the 1978 initiative last winter sparked the current drive by Ron Rankin, president of the Idaho Property Owners Association, to make the 1 percent solution the law of the state, Rankin was the author of the original 1 percent initiative.

If that happens, Jerome County could lose 52 percent of its property tax base, according to the Associated Taxpayers of Idaho.

All the figures were based on 1990 property tax collections, Nelson said.

Lawmakers would be wary of messing with 1% tax law

By Anita Dennis

Times-News writer

TWIN FALLS - The 1 percent initiative may be a re-run of a dozen years ago, but state legislators say this time around they won't repeat their response.

"I think if people understand and want it, I would how- ever their proposal to force school taxes at 1 percent of market value. To cap school funding off property taxes and onto the general fund."

But Republican Sen. Jerry Thorne of Nampa, chairman of the Senate Local Government and Taxation Committee and sponsor of the truth-in-taxation bill that touched off the current effort to revive the 1 percent solution, said he doesn't want that to happen.

"I'd hate to see the day when we lost all control of our school financing," Thorne said. "I want to see some local control."

Yugoslavian army to pull back Slovenian positions

U.N. officials to meet Iraqis to discuss shooting incident

The Associated Press

LJUBLJANA - Yugoslavians - Federal officials said Monday, the army would pull back to barracks, and a Croat was elected to head the executive presidency in moves designed to prevent Yugoslavia from falling into a state of civil war.

compand of the presidency, which at the moment does not function," he said.

BAGHDAD, Iraq - The head of the International Atomic Energy Agency and U.N. officials arrived in the Iraqi capital Sunday for meetings with government leaders following a shooting incident between nuclear inspectors.

to be tracking it, U.N. officials said. Officials who arrived Sunday also planned to discuss U.N. charges that Iraq has failed to divulge locations of all its nuclear facilities.

A member of a European Community team making its second visit in three days to mediate between the country's feuding republics indicated that the developments meant "the beginning of the solution of the crisis."

Still, despite initial promise, the European Community's plan reached Friday began unravelling within hours as both sides accused each other of tampering. The agreement had included a federal army pullback and the suspension of the two republics' independence declarations.

The delegation was to meet with Prime Minister Saddam Hammadi on Monday after discussions with Foreign Minister Ahmed Hussein Khudayer.

Under the April 3 cease-fire resolution that ended the Persian Gulf War, Iraq agreed to destroy all its chemical, biological and nuclear weapons.

Commission votes on final military base closings

WASHINGTON (AP) — The federal base closing commission voted Sunday to shut down nearly a score of military bases, including major Army posts, the massive Philadelphia Navy Shipyard, in economically painful actions to shrink the post-Cold War defense establishment.

But the panel voted to keep open the Army's Fort McClellan in Anniston, Ala., which Pentagon wanted to close, and gave a renewed lease of life to the big naval training stations in Orlando, Fla., and San Diego, Calif.

Representatives of "communities" where bases were kept open exulted.

"I haven't paced the floor like this since my children were born," said Gerald Powell, military affairs chairman for the Chamber of Commerce of Calhoun County, Ala., where Fort McClellan is located.

On the other hand, Sen. John F. Kerry, D-Mass., said he was "disappointed and angry" by the panel's decision to close Fort Devens in Massachusetts and would work to overturn it.

The final list goes to President Bush-Hill as until July 15 to accept or reject the recommendations or ask for further revisions. The president would ratify whatever the commission did.

The list would then go to Congress, which has 45 days to approve or veto, but is prohibited from making any substitutions.

The commission voted Sunday to close 17 bases, in addition to seven ordered closed on Friday.

In addition to Fort Devens, the commission recommended closing Fort Benjamin Harrison in Indianapolis and Fort Ord in Seaside, Calif., which employs more than 16,000 workers in military facilities. The commission also voted to close the Sacramento Army Depot in California.



Members of the federal base closing commission, from left, Hollis Galt, Duane Cassidy, Arthur Lewis Jr., Robert Stuart Jr. and Jim Courier, render economically painful decisions designed to shrink the military establishment.

The panel voted to keep Fort Dix in New Jersey open at a reduced level, although the Defense Department had recommended it be closed.

It voted to close the Long Beach, Calif., naval station but to keep the shipyard there, which the Navy said was essential. Commissioner James C. Smith II, who cast the only vote to close the Long Beach yard, argued that private shippers "need the business" that the shipyard provides.

In the case of Philadelphia, the commission decided to close the naval station along with the yard, which employs more than 7,500 civilians.

The naval air station at Chase Field in Texas was closed. Naval air stations at Meridian, Miss., Kingsville, Texas, and Whidbey Island, Wash., were left open. The Pentagon had proposed that Whidbey Island be closed along with Chase Field.

The commission voted to keep open the Marine Corps Recruit Depot in San Diego but to close the Tustin Marine air station at El Toro, Calif.

It went along with the Pentagon's recommendation that Fort Chaffee in Arkansas be closed and ordered a training center there moved to Fort Polk in Louisiana.

Among Air Force tactical fighter bases, the commission closed Bergstrom in Austin, Texas, Myrtle Beach in South Carolina, and

England in Alexandria, La., and partially closed MacDill in Tampa, Fla., but left Moody in Valdosta, Ga., open.

Strategic bomber and tanker bases closed were Langley in Fort Worth, Texas, Castle-Merrill in Calif., and Loring in Limestone, Maine. Plattburgh Air Force Base in New York was kept open as recommended by the Pentagon.

The panel voted to delay implementation of its proposed reorganization of the Army Corps of Engineers, which its advocates said would save up to \$100 million a year by closing a number of district and division headquarters — for one year to give Congress a chance to devise its own plan. If Congress did not act, the commission's plan would take effect. Some members of Congress had threatened to block all of the commission's recommendations if the engineers reorganization was included, arguing that the corps performs civil as well as military work.

In one of the most hotly disputed decisions, the commission voted to keep the home port station at Staten Island, N.Y., open.

The Navy did not advocate closing the home port, but some members of the commission argued that it was not needed. Commissioner Arthur C. Levitt Jr., a New York Democrat, said "For the largest port in the world, with over 300 miles of shoreline, not to have a naval presence would be wrong."

The first facilities to be closed on the commission's final day were Fort Benjamin Harrison in Indianapolis, Fort Devens in Ayer, Mass., and Fort Ord in Seaside, Calif. The commission also voted to close the Sacramento Army Depot in California.

Fort Ord employs more than 16,000 military and civilian workers.

The panel approved a reorganization of Army laboratories that would close a lab at Woodlands, Va., and other facilities in Alexandria and Fort Belvoir, Va., and Water-

ford, Mass., to the Aberdeen Proving Ground in Maryland. The changes, however, would be deferred until Jan. 1, 1992, as a result of a general reorganization of jobs in communities scattered around the country.

"Our job has been anything but easy," the chairman of the commission, former Rep. James Courier, said as he unveiled the session into order.

The final list goes to President Bush. He has until July 15 to accept or reject the recommendations or ask for further revisions, although one administrative official predicted, Sunday, the president would ratify whatever the commission does.

The list would then go to Congress, which has 45 days to approve or veto, but is prohibited from making any substitutions.

The base-closing panel tackled some of the less contentious issues Friday, voting to shut down seven Air Force bases and save five Army training facilities and one Air Force base.

Congress established the commission to make the politically timely decisions of which bases to close and which to retain in an era of a shrinking defense establishment.

The panel held 28 hearings in Washington and other cities, taking testimony from the Pentagon, the General Accounting Office and the Environmental Protection Agency.

On April 12, Secretary of Defense Dick Cheney recommended closing 41 bases and realignment of force reductions at 25 others. Early in June, the commission came up with a list of 17 others to be considered for closure, some as alternatives to bases on Cheney's list.

Civil rights 'foot soldiers' gather for dedication

MEMPHIS, Tenn. (AP) — The vanguard of America's struggle for equal rights in the 1950s and 1960s will gather this week to dedicate a National Civil Rights Museum at the motel where the Rev. Martin Luther King Jr. was slain.

The five-day celebration will attract speakers as diverse as the civil rights organizers of Rosa Parks and H. Rap Brown, a former Black Panther leader now known as Jamil Abdullah Al-Amin.

"This is a unique opportunity to give us a chance to sit down and reflect on the past 30 years and how we can improve from here," said D'Army Bailey, a Circuit Court judge who was ex-

elled from Southern University in Louisiana in 1962 because of his civil rights involvement.

"This museum is not the past. It is the future, a teaching tool from the past to inspire us for the future," Bailey said.

The museum celebration began with a church service Sunday at the Mason Temple led by the Revs. Jesse Jackson and Joseph Lowery, president of the Southern Christian Leadership Conference, which was founded by King.

Jackson said it has taken 23 years to build a civil rights museum because it took that long to deal with "all the pain and hurt."

King gave his last public address April 3, 1968 at the temple. In it, he made vague references to his own mortality.

"I just want to do God's will, and he has allowed me to look up to the mountain. And I've seen the promised land," King said. "I may not get there with you, but I want you to know tonight that we as a people will get to the promised land."

King was fatally wounded April 4, 1968 on the second floor balcony of the Lorraine Motel, the centerpiece of the \$92-million National Civil Rights Museum.

"There is something powerful about coming to this place where he gave his last sermon, where he projected his last mountaintop vision, where he led his last march and breathed his last breath," Jackson said before the service.

The celebration was to wrap up July 4, the original scheduled opening date for the museum. Construction delays have moved the opening to Aug. 31.

The small motel, which had become a haven for prostitutes and drug dealers over the years, was crumbling in disrepair when Bailey and others formed a nonprofit foundation to buy it and demolish it.

The museum is being built by the state and local governments.

Iowa law bans teens from possessing tobacco

IOWA CITY, Iowa (AP) — On a mild summer night, 15-year-old Sara Meeker and her friends like to sit around shooting the breeze and smoking cigarettes.

This week, the conversation might not be as lighthearted as before, because they'll be breaking the law if they light up.

Anyone under 18 caught smoking, chewing or even possessing tobacco in Iowa is subject to fines of up to \$100 or a spell of community service. Teen-age smoking is getting caught and paying 100 bucks, said Brian Hampton, 15, the youngest tobacco state in the union.

"I think it's a bunch of garbage," Meeker said. "I've been smoking since I was in fifth grade. When I was 11 years old, this new law said I'm going to change a thing. I smoke. I'm addicted and that isn't going to change."

Iowa's new anti-smoking law is believed to be the toughest of any state, said Carol Sigler, director of programs for the American Lung Association in Des Moines.

"Part of this law also has to do with making it harder for kids to buy cigarettes in the first place," she said. "I think it will make a difference, probably not a big difference, but we see this as progress that needs to be made in small steps."

Also taking effect Monday are measures in Virginia, Vermont and Wyoming to raise the legal age for buying cigarettes to 18 years, said the Tobacco Institute, a trade association in Washington.

Like spinach or booster shots, it may be good for them but that doesn't guarantee kids are going to like it.

"I want to get a protest going in the middle of the downtown mall where we all can sit and chain-smoke, but everybody's afraid of getting caught and paying 100 bucks," said Brian Hampton, 15, the youngest tobacco state in the union.

"I know one thing, we won't stop smoking. We just won't do it in front of cops."

Police here are aware of the new law.

"We are so busy out on the street running down domestic calls, notices, cases and incidents and everything else, I really don't know how they're going to enforce this," Des Moines police spokesman Sgt. Carl Hanson said.

While on patrol, Hanson said he took 25 years of high school domestic calls, notices, cases and incidents and everything else, I really don't know how they're going to enforce this," Des Moines police spokesman Sgt. Carl Hanson said.

Diversity of U.S. gay community goes on parade

The Associated Press

The diversity of the U.S. gay community went on parade Sunday with celebrations in San Francisco and New York where participants ranged from lesbian farmers to a cross-dresser going by the name of Michael.

San Francisco's Lesbian Gay Freedom Day Parade started with a roar as hundreds of Dykes on Bikes stormed up Market Street. The parade, first held in 1970, drew more than 500,000 people, organizers said.

Motorcyclists who led the way in New York where thousands of marchers followed a lavender line painted down Fifth Avenue in the city's 122nd annual Lesbian and Gay Pride March.

Joining marchers in the walk downtown to Greenwich Village were actress Mario Thomas and her husband, TV talk-show host Phil Donahue.

They were followed by widely varied marching contingents including lesbian farmers, a gospel choir, mothers of AIDS patients, American Indians, Asian-Americans, Hispanics and other ethnic groups.

Police estimated 70,000 people paraded in New York, with about 200,000 lining the streets to cheer passing marchers. Heat and humidity, most dressed warmly but there also was no shortage of flesh on display. Some appeared to be wearing nothing more than body paint.

Gary Knapp, 25, a local resident who marched under the name Velveta Cheese, wore a baby-pink corset, white fishnet stockings and high heels.

"It's my first time in drag at the parade," Knapp said. "I always wanted to do this. This is my way of just expressing myself."

On the East Coast, most marchers dealt with temperatures near 90 with shorts and T-shirts.

Exceptions included transvestites riding on floats in sequined gowns and a man in a white tutu and black fishnet stockings waving a whip. Three bare-breasted women, one in a wheelchair, moved nonchalantly down the avenue.

Hundreds of marchers from the AIDS Coalition to Unleash Power, or ACT UP, shook their fingers at St. Patrick's Cathedral and chanted, "Shame! Shame!" to protest the Catholic Church's stands on homosexuality and AIDS prevention.

Some carried signs that read "Silence=Death," bearing the pink triangle that Nazis once used to stigmatize homosexuals. Chanting protesters sat in the street for about three minutes as police watched, then moved on.

Ex-whiz kid says Soviets helped avert U.S. catastrophe

WASHINGTON (AP) — David Stockman, the former budgetary whiz kid of the Reagan administration, gives credit to the Soviet Union for helping avert financial catastrophe in the United States.

Stockman said the 1980s turned into a "race between the United States and the Soviet Union to see which could achieve fiscal bankruptcy first, and the Soviets won — by a hair."

In an interview in the July issue of The Washingtonian magazine, Stockman said the collapse of the Soviet empire made it possible for America to scale back military spending that had doubled during the Reagan years.

"There are still large numbers in the deficit but they're now back in a zone of normalcy," Stockman said. "And that outcome is a serendipitous result of the Soviet Union's collapse."

While the deficit for the current budget year that ends Sept. 30 is projected to hit a record \$300 billion, Stockman blamed this year's ink on temporary factors including the recession and the savings and loan bailout.

Man turns himself in after burglary

CHARLESTON, S.C. (AP) — A man accused of stealing computer equipment and videotapes from a hospital of children with cancer had a change of heart and turned himself in.

Michael R. Champlin, 25, walked in to police headquarters Friday after seeing news reports of the burglary at the Charleston office of Happy Days, which sponsors a summer camp for children with cancer, police said.

He said he was driving down the street and saw the office and decided to break in. He called a deputy who asked not to be identified.

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Nation

Mormon Church members supply 90% of operating funds

PHOENIX (AP) — Curtis and Joni Meese have three children and live on what he makes as a self-employed financial counselor. "We're not getting any money from the Mormon Church."

"We believe that if you pay the tithing and are not begrudgingly, you will be provided for," Curtis said. "There's also a feeling of respect of knowing you are on the right track. We feel we're better persons for making the sacrifice."

It takes that kind of faith to be a member of The Church of Jesus Christ of Latter-day Saints. "We're not getting anything in scriptural commitment and people do pay their tithing to satisfy the scriptural commandment," said Howard W. Hunter, 83, a member of the Council of the Twelve Apostles, from which presidents of the church are chosen by seniority.

"It's administered by people who aren't receiving anything out of those funds. We're sure about that. And so there's trust," Hunter said.

Mormons trust the church enough to tithé about \$4.3 billion each year without asking for any accounting of how it's spent. The Arizona Republic reported today in the second of a four-part series on the church's holdings.

The series is based on an eight-month investigation by four reporters.

Best estimates are that about 30 percent of the church members give a full tithé. Church leaders say tithing accounts for more than 90 percent of the church's revenues and that profits from business operations and investments

make up the balance.

Nothing is used to build and maintain thousands of temples around the globe, print sacred scriptures in dozens of languages and to educate 50,000 students in church-operated elementary and secondary schools and colleges and universities.

In this place, where two-thirds of the population is LDS, the church has spent "hundreds of millions of dollars" to build new chapels, said Gordon B. Hinckley, first counselor to church President Ezra Taft Benson.

In addition, the church's missionary program, thought to be twice as large as any other operated by a single organization, relies on a combination of tithing funds and contributions from the families of its 44,000 missionaries.

Although the Mormon Church won't disclose financial data, the missionary program costs an estimated \$550 million a year, according to David Barrett, a researcher who tracks missionary programs for the respected World Christian Encyclopedia.

Barrett estimates that the second-largest missionary program is operated by the Jehovah's Witnesses at an annual cost of \$200 million.

The Roman Catholic Church's missionary programs are far larger, involving about 150,000 missionaries, but according to Barrett, because they are divided among a large number of religious orders and are not under central control, Barrett said, The Mormon Church, like everyone else, has to balance its priorities among its missionary, missionary, education

and investment goals.

Enrollment at Brigham Young University has been capped at 27,000 students because the church, which gave the school \$153.7 million last year, doesn't want to divert money away from missionary programs.

BYU President Rex Lee explained to the school's alumni that "we cannot continue to dot the universe with chapels if we continue to dot BYU with buildings."

Mormon tithing also is used as an investment vehicle to buy stocks, bonds and real estate. The church's investment portfolio easily exceeds \$5 billion, including \$1 billion in stocks and bonds and another \$4 billion in real estate.

The Kenyon Institute said that most members take it on faith that their funds will be spent advancing the Lord's work.

"People who press, who want to know, are people who usually aren't members of the church," Hunter said. "Members of the church pay tithing and know the money is used for the purposes for which they pay it. It doesn't require an accounting."

In 1853, an unidentified visitor to Utah asked apostle John Taylor why there was no public accounting of the tithes.

"In the end, it would be better for the more intelligent and educated men to take care of the people's affairs than to have them fight and quarrel about everything," Taylor replied.

A century and a half later, little has changed.

"I recall that when I was a boy, I raised a question with my father concerning the expenditure of church funds," Hinckley said.

Applied math: The new movement

FAIRFIELD, Va. (AP) — Popping popcorn to teach fractions? A video called "Dealing With Data"? This is applied math: the learning-by-doing approach being used by tens of thousands of vocational education students.

Some educators are calling applied learning a ray of hope, especially for those with trouble grasping skills in traditional textbook-and-chalkboard settings. It's part of a sea change in vocational education that is being led by beyond-the-shop class, as educators reshape the concept of secondary school itself.

At Rockledge High School, a small, rural institution with academic and vocational students in the Blue Ridge foothills, the motto is "Apprentice Your Learning."

The school began implementing applied learning in many classes three years ago, especially for the half of its students who don't go on to college.

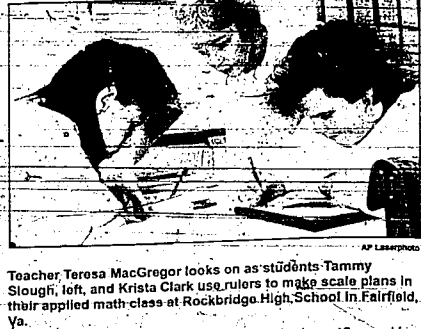
In the applied physics class, "Principles of Technology," old equations such as "work equals force times distance moved" come down from the chalkboard.

"Now, an auto-paint technician brings that dry formula to life in a workbook vignette. 'If the pressure in the paint hoses can't force the paint out (maybe the line is clogged), then the pressure hasn't done its work.'"

In English for Technical Preparation, students study how to read a transcription or a work of literature. But always the goal is the same, said Rockledge teacher Kim Lacy: "Making the students see a reason for taking this class."

Thus, Thomas Wilson's play "A Raisin in the Sun" becomes a vehicle for her vocational students to examine how jobs have changed since the early 1900s.

Across the country, high schools are getting rid of the "general track" students study how to live in a "summer math" which let students self-equipped either for higher education or careers. Instead, pupils must choose between vocational or college-preparatory courses of study.



Teacher Teresa MacGregor looks on as students Tammy Stough, left, and Krista Clark work rulers to make scale plans for their applied math class at Rockledge High School in Fairfield, Va.

Academic and vocational educators also are breaking down the barriers that traditionally came between them. More academic educators now embrace the notion that students for whom math or English never clicked simply learn differently and may see their own lives given the chance to learn "hands-on."

And high schools, which centers and community colleges in at least 85 districts around the country have started coordinating course offerings to prepare vocational students for a smooth transition into a two-year associate's degree program.

Washington's first time included \$64 million to support such "2+2" or "tech-

Shannon Pooley, a 17-year-old junior, said she felt "just like a knot in a log" while enduring lectures in the old general math class at Rockledge. "It was more or less the teacher standing up and talking," he said. Now, Pooley and others in Teresa MacGregor's applied math class begin each unit of study with a videotape showing how a math principle applies to a real-life situation. The video shows how record sales and other factors determine which record reaches the Top 40.

Mrs. MacGregor said she has found popcorn poppers handy tools to teach decimals and percents. Students buy 100 kernels of popcorn and count how many pop and how many don't.

"Here's a picture of what these fractions and decimals and percents mean," she said. "And then, 'you get to eat the popcorn.'"

Another workbook problem asks students to measure the classroom and prepare a "bid" on the cost of refinishing the walls using paint, wallpaper or paneling.

"It seems like you're learning more," said Danny Clifton, 17, a junior who will head math for his intended career in carpentry. "It's something that catches the eye."

Some educators argue that vocational applied learning could prove to be a tonic for all students — the college-bound included.

"There's anecdotal information that a lot of college-bound kids are saying, 'Hey, I could learn physics that way,'" said Dale Farnell, former president of the American Association of Community and Junior Colleges and author of a 1985 book, "The Neglected Majority," which promoted applied academics and tech prep.

The same techniques are among tools that the Southern Regional Education Board is using to close a skills gap between vocational-track students and their college-track peers in 15 states across the South.

Conable has been under pressure from the Bush administration to give more help to private businesses with some resistance from other countries.

The United States is the bank's biggest stockholder.

Mormon belief system differs from most other denominations

PHOENIX (AP) — While identifying itself as a Christian church, the Church of Jesus Christ of Latter-day Saints has a core of beliefs that are shared by no other Christian denomination.

Here are some uniquely Mormon concepts:

THE GOSPEL: God was once a man. He eventually evolved into godhood. According to Mormon Church founder Joseph Smith, he is an exalted, glorified man, "clothed in the heavens."

THE FATHER: The Father, with Mary, Jesus created the world under the direction of God the Father. He died on the cross for the sins of all mankind and is now an immortal being of flesh and bone. Satan is an angel who rebelled against the authority of God.

BOOK OF MORMON: Translated by Joseph Smith from gold plates found buried on a hillside near Palmyra, N.Y., it is a history of the Americas from about 2247 B.C. to 421 A.D., including Christ's teachings after he was resurrected. It was written by prophets and abridged by the prophet-general Mormon. Mormons consider it equal in significance to the Bible.

THE HOLY SPIRIT: In 1821, the church gave the Book of Mormon the title "Another Testament of Jesus Christ."

PRIESTHOOD AUTHORITY: After the death of Christ's apostles, the world fell into apostasy, and no church had the authority to act in God's name. The gospel was restored in 1830 with establishment of the

Mormon Church.

REVELATION: The president of the church is the "prophet, seer and revelator," who receives from God divine revelation necessary for the direction of the church. This means that Mormon doctrines must be subject to change, but according to the church, the doctrine that has been passed down since 1830 is the truth. Latter-day Saints have no creed but are ready to believe in all true principles that exist as they are made manifest from time to time.

SECOND COMING IN MESSIAH: Christ will rule for a thousand years on Earth from a New Jerusalem, to be built by the Mormon Church in Jackson County, Mo., "when the Lord directs."

WORLD OF WITNESSES: The Book of Mormon records that God clearly revealed in 1830 that it forbids the use of tobacco, alcoholic drinks, tea and coffee.

DIVINE MISSION OF THE UNITED STATES: The nation was established, with its constitutionally guaranteed rights of freedom of religion and freedom of speech, by the Book of Mormon, which was published and taught. The U.S. Constitution was divinely inspired.

ETERNAL PROGRESS: All human beings existed in spirit form before they were born. Those who obey the gospel can enter the celestial kingdom and eventually come back to earth to witness and share their own words as God rules the Earth. Most will be sent to a lower "kingdom of glory." Wicked bur-

men who reject the gospel are sent to a "spirit prison," where they have a last opportunity to repent so that they can enter a "kingdom of glory." Those who do not repent go to hell.

POLYGAMY: "God revealed the principle of plural marriage to Abraham in 1839. God commanded the command to continue the practice," Wilford Woodruff, then president of the Mormon Church, issued a manifesto against plural marriage, starting a reconciliation with the U.S. government that eventually led to statehood for Utah in 1896.

BAPTISM FOR THE DEAD: Only those people baptized by legitimate priesthood authority can enter the highest kingdom of glory. When the world fell into apostasy, this authority was lost. It was restored with the establishment of the Mormon Church. Those who died without being baptized properly can be baptized by proxy in Mormon temples.

CELESTIAL MARRIAGE: This is the term for marriages performed in the temple, where a man and a woman are "sealed together in the marriage union for time and eternity."

SOURCES: Doctrine and Covenants, a church scripture; Mormon Doctrine, by Bruce R. McConkie; History of the Church, six volumes, by Joseph Smith; and church spokesman Don L. Pearce.

World bank lending hits record \$24.2 billion

WASHINGTON (AP) — New loans approved by the World Bank, the largest source of aid for the Third World, hit a record \$24.2 billion in the past year.

That was up from \$22.7 billion the previous year, according to a review made public Sunday.

Moeen A. Qureshi, a senior vice president, said that lending to eastern Europe rose from \$500 million two years ago to almost \$3 billion this past year. Poland got \$1.4 billion, lending to Romania was \$1 billion, while Bulgaria and Czechoslovakia got loans for the first time.

Additional lending because of the Gulf War was put at more than \$1.1 billion for the 12 months.

But reducing poverty is the bank's

main object, said President Barber Conable at a news conference.

The way to do that is to make Third World economies grow, said Conable, adding that the private sector is one of the "modalities" of growth.

Conable has been under pressure from the Bush administration to give more help to private businesses with some resistance from other countries.

The United States is the bank's biggest stockholder.

Beating victim passenger dies in car crash

PASADENA, Calif. (AP) — A man who witnessed the videotaped police beating of Rodney King was killed when a car he was a passenger in crashed into a telephone pole, police said.

Freddie George Helms, 20, who also was a passenger in King's car the night he was beaten, died shortly after 12:30 a.m. Saturday. Another passenger, Bobbie Dixon, 20, also

was killed in the crash.

The driver, 26-year-old Robert Gilliam, was arrested for investigation of vehicular manslaughter and bail set at \$10,000. Investigator Bill Burger said.

Burger said that Gilliam was driving 75 mph on a city street, 40 mph over the speed limit. Tests were being conducted to determine if the driver was drunk, Burger said.

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T.V. Weekly 7-6	Monday 7-1	Wed. 7-3	Wed. 7-3
Friday 7-5	Monday 7-1	Wed. 7-3	Wed. 7-3
Ag. Book 7-6	Friday 6-22	Wed. 7-3	Wed. 7-3
Saturday 7-6	Tuesday 7-6	Fri. 7-5	Fri. 7-5
Sunday 7-7	Tuesday 7-6	Fri. 7-5	Fri. 7-5
Chall 7-9	Wednesday 7-3	Mon. 7-8	Mon. 7-8
Monday 7-8	Wednesday 7-3	Fri. 7-5	Sat. 7-6

All classified line ads are due at The Times-News by 5:00 p.m., unless early publications are necessary. The Times-News Advertising and Business Offices will be closed on July 4th. The Editorial office will be open normal office hours.

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Magic Valley

Around the valley

Race organizers want folks to show up in gear

TWIN FALLS — Organizers of the welcome for the "Great American Race" want Twin Falls residents to show up downtown this afternoon in their best gone-fishing gear.

The Twin Falls Area Chamber of Commerce and the Downtown Business Improvement District plan to welcome the cross-country race of vintage automobiles with concessions and other activities in City Park and a display of old cars downtown. The city that rolls out the best welcome for the "Great American Race" receives \$5,000 for its library.

One hundred-two classic cars will begin arriving from Ogden, Utah, at 1:05 p.m. City Park will serve as a lunch stop for the racers, who are scheduled to depart for Mountain Home at 3:45 p.m.

A U.S. Navy band will perform following the departure of the racers. The racers left Norfolk, Va., on June 22 and will arrive in Seattle, the finish, on July 4.

Sponsored by Interstate Batteries, it includes cars made before 1940.

Gas prices fall from month ago, but up from last summer

BOISE — Gasoline prices throughout Idaho have fallen since the traditional opening of the summer travel season a month ago and will be several cents lower heading into the Fourth of July holiday weekend.

But the American Automobile Association of Idaho reports the pump price is still running above the level of a year ago.

In its regular, non-holiday surveys, the AAA said self-service, unleaded gasoline was averaging less than \$1.14 a gallon, nearly three cents below the average during the Memorial Day weekend at the end of May.

The nationwide average was nearly a penny higher. The current statewide average is just over three cents higher than it was for the July 4th period in 1990, but during the past year the federal government has added another nickel in fuel taxes and the state slapped another three cents a gallon on gasoline in April.

Gas prices in Twin Falls on Sunday ranged from \$1.099 a gallon to \$1.169 for self-service unleaded regular.

State meeting of Green Party set for July 13 in Sun Valley

SUN VALLEY — A state gathering of the Green Party is scheduled for July 13 at the Boundary Picnic Ground on Tran Creek Road.

The Greens, an environmentally oriented political organization with a philosophy akin to the Green Parties of Europe, will discuss plans for getting the party on the Idaho general election ballot in 1992. A petition drive to gain access to the ballot is scheduled for begin Aug. 30. At least 30,000 signatures of registered voters must be obtained for the Greens to be officially recognized as a party. Also on the agenda for the gathering are plans for a state nominating convention, a membership drive and a voter registration drive.

The event is scheduled to begin at 4 p.m. Further information can be obtained by phoning Mike Sullivan at 788-2984.

Kimberly School District receives technology grant

KIMBERLY — The Kimberly School District has received \$14,500 in telecommunications-technology grants from the Idaho Department of Education.

The money includes \$6,500 for the learning center at the high school and \$8,000 for calculator connections, a program to provide calculators for students to use in math and science classes.

The learning center, which serves 500 students in the junior and senior high schools, will get two computers, a videodisc player, a printer and computer programs.

State issues warning against using fireworks on public land

TWIN FALLS — The Bureau of Land Management and the Forest Service say anyone they catch setting off fireworks on public land this July 4th will be poorer for the experience.

It's against the law to even possess fire on public land.

"People violating this law are subject to a fine of \$200 and confiscation of all fireworks," said Randy Richter, Sawtooth National Forest fire management officer. "In addition, a person responsible for starting a fire on public lands can also be held liable for the resulting costs of the property damage and suppressing the fire."

"With the 4th of July holiday coming up, we are increasing the number of patrols in our areas," said Andy Payne, fire management officer for the BLM's Shoshone district.

Compiled from staff and wire reports

Students get wish: Advanced classes at TFHS

By Kirk Mitchell
Times-News writer

TWIN FALLS — Unchallenged history students complaining about boring classes won't be an issue at Twin Falls High School after next year.

TFHS will offer an advanced placement history class and an advanced placement government class starting in the fall of 1992, Assistant Superintendent Ken Olson said.

Recent TFHS graduate Jon Vanausdell said he was bored with the standard text-

book-driven history classes he took last year.

"I would have liked a class with more rigorous course and go more in-depth," he said.

Advanced placement classes are important to some college-bound students because if they pass a national exam, some colleges will give them credit for their high school advanced placement work.

Vanausdell and four other students want to know why the district has not offered advanced placement classes in history and

government when it has a teacher who is qualified to teach them.

Janis Mottem-High, who teaches senior English literature and majored in British history in college, took the college-board advanced history placement class, which qualifies her to teach the class.

"This strikes us as completely ridiculous," Vanausdell and the others said in a recent letter to the editor of *The Times-News*. "Why would anyone hinder progress that would do a great amount of good for all students, present and future?"

TFHS Principal Carl Snow said the class

has not been offered because the high school has not had the money to do it before.

Superintendent Terrell Donich agreed. He recently wrote in a five-page affidavit that a shortage of funds prevents the district from providing advanced academic college preparatory courses in history and chemistry.

The document is part of a lawsuit involving the Twin Falls schools and 18 other Idaho school districts that claims the state formula for disbursing funds, which relies

Please see CLASSES/A6

In Oakley, history's a fact of everyday life

The Times-News and The Associated Press

OAKLEY — Twenty miles and half a world south of Burley, people measure the time they have lived not in years but in generations.

Oakley's 735 residents have a living link to history. It's in their families. It's in their homes.

It's the only town in Idaho that rests, in its entirety, on the National Register of Historic Places. "It's almost like writing 100 years back in the past," says Sharon Okelberry, who has written a book on the town's history.

"First, there are still a lot of families that have been here since Oakley was settled," she says. "And second, this is a very Mormon town, and we believe all generations are linked together for all time."

Oakley's great-grandfather, Alonzo Fruit Martindale, among the first Mormon settlers sent by Brigham Young, arrived in 1831.

"When my grandson, who's in first grade, goes to the high school that'll be five generations of my family that have gone there," she says.

But Oakley isn't immune to the economics of rural Idaho and changes that have left farm towns like it struggling for their very existence.

"Your kids kids here to high school age, then most of them leave," says Okelberry. "Our population doesn't change much."

Kammi Woodall, 19, a third generation Oakleyite and a student at the University of Idaho, loved growing up here, but says her days in Oakley are numbered.

"I wouldn't want to live here," she says. "I've done that."

Still, there is a determined core of residents who see Oakley as an ideal family town.

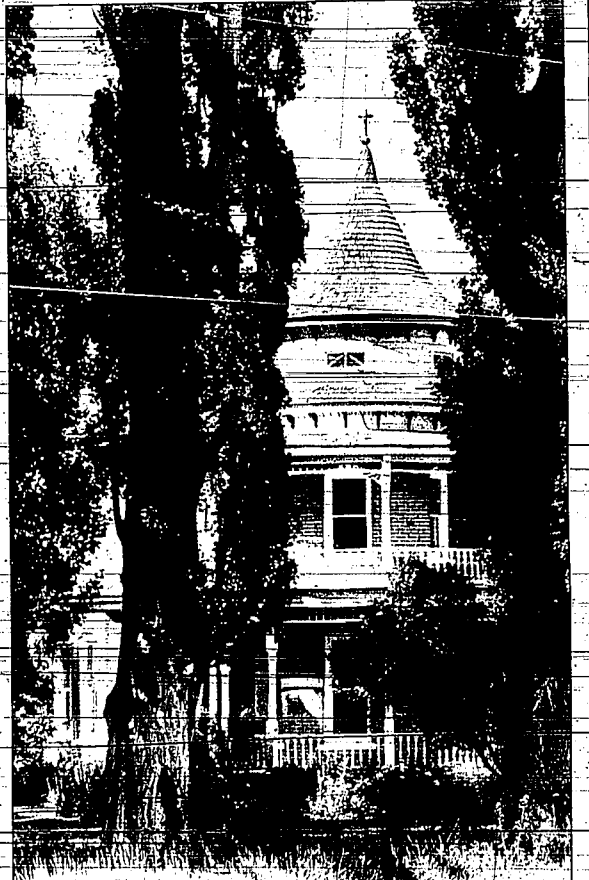
"It's such a nice place to raise children, that's the bottom line," says Lorgen Gorringer, who has restored the three-story, turn-of-the-century house originally built by polygamist Marcus Funk, supposedly to house his three wives.

For many of those residents, Oakley's unique history is more than genealogy. Along with its proximity to the City of Rocks National Reserve, it is also its future.

It is a history far bigger than its present size indicates. For a time when Twin Falls and Burley were still dusty shacks in the sagebrush, when the only other sizeable Magic Valley community was the silver boom town of Hailey, Oakley was the dominant city in the area.

In the mid-1800s, Oakley served as a hunting ground for Native Americans and grazing land for cattle owners. The stage line from Ketchum, Utah, to The Dalles, Ore., followed, and in 1880 the Mormons began to colonize the area.

Please see OAKLEY/A6



A visit to Oakley is like stopping back in time. First colonized in 1880, generations continued to stay in town. Today, historic homes attract visitors from around the state.

Potholes may be with us a little while longer

States News Service

WASHINGTON — The new five-year highway bill that emerged from the U.S. Senate last month came up all access for Idaho.

But Idahoans shouldn't expect the chuckholes to disappear anytime soon.

"Federal funding is never enough," said Gary Dick, chief of transportation services for the Idaho Transportation Department. "We could use more than that, but it will definitely be a boost to our program."

If the highway bill passes the House of Representatives in the same form that cleared the Senate, Idaho will get \$239 million to improve the state's roads over the next five years — \$200 million

Please see POTHLES/A6

Tree-chopping issue once again flares in Ketchum

By Michael Hofferber
Times-News correspondent

KETCHUM — Highway improvements threatening trees is once again an issue in the Wood River Valley.

Both Duke, one of several residents who unsuccessfully sought to stop the Idaho Transportation Department from cutting down cottonwoods during a construction project on Idaho Highway 75 north of town this spring, has questioned plans to remove seven mature spruce along Ketchum's Main Street.

She will present a scheme for saving those trees to the Ketchum City Council tonight.

"We're trying to work with the city to get them to consider our alternative," said Duke.

The endangered spruce trees are located at the "five corners" intersection of Sixth Street, Warm Springs Road and Main Street where a traffic signal is to be installed.

In January, the Ketchum City Council approved transportation department plans for the intersection, which include widening Main Street to four lanes.

Please see CHOP/A6

Thanks for the memories .. from Indian Cove

I think Darwin had a few good ideas. No matter what my mother says.



Diana Hoolley
Country neighbors

For one thing, Kasee had her two front teeth pulled out and she won't wear the bridge the dentist made because it's too uncomfortable. Every word she says, including "Ninny," she whistles through the hole in the front of her mouth.

If my mother could watch Rose on an apple farm that cleared the Senate, I'd get \$239 million to improve the state's roads over the next five years — \$200 million

think everything and everyone changes. Even when I started writing this newspaper column eight years ago I had just had my third child and was looking around for something to do that was adult-oriented. Maybe even mental.

I wanted to express myself. Not exactly like Madonna, but farm wives have fun, too. And fun I had writing for the newspaper

about Big Spur, our rooster from hell; ET, my extraterrestrial-looking newborn fourth child; and Indian Cove, the unhealed and grossly undecorated bedroom community of Chicago so I had to learn how to stop bugs (recipe secret here). A yummy slop bucket mix is ground corn and curried milk. I had to learn how to butcher chickens. I had to learn the importance of investing money and not spending it.

The farm columns was a whole other area of discussion I wrote about. My column went through the farm crisis of the mid-80s. Nantab, and Indian Cove, the unhealed and grossly undecorated bedroom community of Chicago so I had to learn how to stop bugs (recipe secret here). A yummy slop bucket mix is ground corn and curried milk. I had to learn how to butcher chickens. I had to learn the importance of investing money and not spending it.

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Here in Indian Cove we were due in, so to speak. The Pioneer Agency and the Great Depression for some Indians covers was not history, but a memory. And if you can remember how bad it was, you can remember how to get through it. We did too. No farm or farm machinery in Indian Cove was sold out during this time. I tried to chronicle in my fashion how my family, farmers around here and rural Idaho in general were reacting to

Please see FAREWELL/A6

Sports

Ciprelli holds Ore-Ida Challenge lead

By Mike Maller
Times-News sports editor

BOISE — Saturday's 93-mile stage of the 1991 Ore-Ida Women's Challenge went to the survivors. Sunday, speed ruled the short course of the St. Luke's Critérium.

The fastest of the sprinters when it counted was Team Shaklee's Ritchey's Sally Zack, winner of the 11th and final stage of the event. Zack got the best of Linda Brenneman, Jacqui Nelson and five others in the lead group on the final of 49 laps that each had eight 90-degree turns.

"I'm psyched," said Zack of North Conway, N.H. "This is such a fast course. It's amazing."

"I like criteriums. I like going fast."

The 77-mile course ran a figure 8 (without crossing) in downtown Boise with the start/finish line across State St. from the Sinté House.

Jane Ciprelli didn't need a lot of speed for the last day of the race. She stayed at the front edge of the main pack to hold onto the individual championship in her first visit to the Challenge.

Marguerite Manley came in fifth behind Kathi Biggart. Along with Brenneman, that put two TGI Fridays teammates among the top four on the awards platform. With Dede Denick and Eve Stephensen's top 10 overall finishes added in, TGI Fridays completed an overwhelming team championship.

Coming into the last lap, Manley pulled into a lead, hop-

ing Zack would have to chase her. That would leave Brenneman to ride off Zack's wheel to set up a sprint for the win.

"That's the beauty of having two teammates in a break," Manley said. "If they refused to chase me, I'd get on to victory."

Instead of Zack, Nelson of Team Kivi caught Manley. Then Zack came screaming by Nelson three turns from the finish line and won handsily. Brenneman slipped by Nelson by little more than the width of a pedal at the finish line to get second.

Zack took fourth overall, winning four of the 11 stages, and was the only rider to get the lead from Ciprelli during the event.

Please see CIPRELLI/A9

Sports Line
The Times-News
For the latest scores, call:
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Morning line

Sunday's scores

Baseball

American League

Baltimore 6, Boston 4
Detroit 4, Cleveland 3
Minnesota 3, Chicago 0
New York 5, Milwaukee 5
Texas 2, California 1
Oakland 3, Kansas City 2
Toronto 0, Seattle 0

National League

Pittsburgh 7, Montreal 4
Philadelphia 10, New York 9
Cincinnati 5, Houston 4
Chicago 2, St. Louis 4
San Francisco 8, San Diego 7

Sports on TV

Sports on TV
9 p.m. - Channel 7, 38, Tennis: Wimbledon

Briefly

'52 Mickey Mantle card sells for \$50,000

SAN JOSE, Calif. — New Jersey dealer Al Rosen, known throughout the collecting industry as "Mr. Mint" (and no relation to the Giants executive of the same name), recently sold a high-grade Topps 1952 Mickey Mantle card for \$50,000. That overtook the previous '52 Mantle record of \$49,500 from a March auction in New York.

Did the buyer make a good investment? "I don't think the card is worth that," said Tony Galovich, a southern California dealer who has written about sports memorabilia for a variety of publications.

Galovich's criterion for rating the transaction is that \$50,000 also would have bought five Bowman 1954 Mantle cards — a much better investment, he thinks, because the '51 Bowman is Mantle's "rookie" card. But Topps is the best recognized brand, and that's the main reason for the mystique of the company's '52 Mantle card.

The only '51 Mantle is the Bowman card. Both brands had Mantle cards in '52.

Waltrip wins again at Nashville Motor Raceway

NASHVILLE, Tenn. — Darrell Waltrip beat Bob Senneker by .021 of a second Sunday to win the DeLeo Voyager 250 at Nashville Motor Raceway.

Waltrip averaged 78 miles per hour for the 149-mile race over the 5.96-mile oval. He crossed the 250 laps in 1 hour, 53 minutes, 16.18 seconds and collected \$6,300.

Waltrip, who lives in nearby Franklin, held an early lead in his Chevrolet but lost it on lap 83 when he had to make an unexpected pit stop to replace a hood pin.

Harold Jan of Detroit, driving a Chevrolet, took over the lead for six laps before Mike Eddy of Midland, Mich., pulled his Pontiac into the lead.

There were 12 lead changes in the 149-mile race that saw 32 drivers start. Waltrip crossed the finish line.

With 25 laps left in the race, Senneker took a pit stop to change tires, and Waltrip made his move. He regained the lead on lap 236 but had to hold off Senneker's Chevrolet.

Waltrip would be tough when he's pitted for fresh tires," Waltrip said.

Compiled from wire reports

Sportsquote

ABC's 18-hole coverage of the U.S. Open was more like a four-hour advertisement for products like 'No-Doz.'

99

Atlanta Constitution television-radio writer Prentis Rogers on his feelings on the U.S. Open golf telecast



Rostagno retires Connors at Wimbledon

The Washington Post

WIMBLEDON, England — Time finally ran out on Jimmy Connors Sunday. The 38-year-old American, celebrating his 20th Wimbledon anniversary, had made a gallant show all week, grunting and sweating and knocking off two opponents almost a generation younger.

But Sunday evening, after valiantly fighting off four match points, Connors lost to American Derrick Rostagno, 7-6 (7-2), 6-1, 6-4 in a third-round match. The younger champion, who had made an inspirational comeback after a wrist injury, vowed to be back next year.

"I probably had more fun this year than in the 19 years previous," Connors said. "I had a ball. I've done my duty here. This is all just great grow-up time."

Although dark rain clouds hovered over the All England Club all day, matches were interrupted just once by rain, but even with the historic play on the Sunday at mid-tournament, Wimbledon remained behind schedule with half of the men's third-round matches still to go. Play will continue to start earlier than usual for the next few days.

Please see WIMBLEDON/A9



With no reserved seating Sunday, the general admission crowd was distinctly different than the normally conservative Centre Court at Wimbledon. This marked the first time since the tournament began in 1877 that matches were played on a Sunday. At top, Spain's Arantxa Sanchez Vicario is surprised when USA's Lori McNeil misses a shot. Sanchez Vicario beat McNeil 6-2, 6-4. John McEnroe pleads with a disinterested line judge during his match with France's Jean-Philippe Fleurian.

Wimbledon tradition broken creating carnival atmosphere

The Associated Press

WIMBLEDON, England — Centre Court turned into a delirious carnival Sunday as Wimbledon tradition broke 114 years of tradition.

As the rain-ravaged tournament dropped its one cherished day of rest, unprecedented scenes greeted 11,000 Open champion Gabriela Sabatini, when she came out to play Andrea Strinova.

Thousands of young fans joined in a wave that circled the stadium. They cheered out loud each stroke of the warm-up, roared at every overhead, and even gave the ball boys and ball girls a standing ovation.

And that was before the match. Wimbledon officials decided to scrap the mid-tournament rest day because persis-

tent rain delays left a huge backlog of unplayed matches. With fans being admitted on a first-come, first-serve basis, 12,000 people waited for up to 16 hours to get into the All England Club despite early rain.

While Centre Court seemed more like Shea Stadium, there was a parade of stars on Court No. 2, where seats went for only \$8.50. Martina Navratilova and Steffi Graf were scheduled for singles and doubles on No. 2, and Ivan Lendl also was in singles action.

"It is amazing how many young people seem to be in the crowd and how energetic and enthusiastic they are considering they got absolutely soaked," said Chris Corring, the tournament's chief executive.

Many of the fans who lined up said they were at Wim-

bledon for the first time. Mark Sackenthil, 17, traveled 200 miles from Halifax in north England as soon as he heard the ticket arrangements for Sunday's play.

"We were on our way within half an hour of the announcement and we have been here, waiting by the gates, for 16 hours," he said. "It's the only way I could get here because I had no other way of getting a ticket. I hope they do this again."

According to Corring, that doesn't seem likely. "The committee is determined that this should not be seen as a precedent," he said. "It was forced upon us by the extreme weather conditions and the committee made its decision very reluctantly."

2 meet for 1st time after 1988 Olympics

The Associated Press

VILLENEUVE D'ASCQ, France — Carl Lewis and Ben Johnson said Sunday that their first meeting since the 1988 Olympics is just another race on the road to the World Championships in August.

The two face each other for the first time in almost three years at Monday's BNP Grand Prix track and field meet.

"This is an important season for all of us," Lewis said. "I can't look at any race to be anything more than a training objective in the world championships."

Johnson also has Tokyo on his mind. "Hopefully I have 12 weeks before the world championships and things will get better by then," Johnson said.

The last time they met, in the Olympic final in Seoul, Johnson won in 9.79 seconds, with Lewis second in 9.97. But Johnson was disqualified two days later after testing positive for anabolic steroids and was stripped of his gold medal and world record.

Lewis was awarded the gold and the world record. Leroy Burrell broke the mark with a time of 9.90 on June 14 at the U.S. Championships in New York.

The Lewis-Johnson rematch was in doubt last week because of a contract dispute, but the matter was settled when Johnson agreed to take a 25 percent pay cut if he fails to run 10.17 or better. Each runner was supposed to have a \$250,000 fee for the race.

"Ben and I haven't raced in the same time in quite some time, and probably never clean," Lewis said. "People are anxious to see that."

Not counting the Seoul Olympics, Lewis leads 9-4 in head-to-head competition against Johnson.

Since coming back from a two-year suspension, Johnson has struggled. He has competed four times over the past two months, with his best time being 10.40 on June 23 in Finland.

"I should be further along but I'm not," Johnson said. "My form is off. My stride is

off and my power is not even 60 percent."

Lewis expressed to be in good form when he finished second to Burrell at the U.S. Championships in 1993.

"It's still early for us. We have only run a few races. I feel we are all going to run faster," Lewis said.

The field for Monday night's 100 meters also includes Americans Dennis Mitchell, Mike Montgomery and Mark Witherspoon.

The best race could have been the 200 meters, where Burrell and Michael Johnson were scheduled to compete. However, meet officials said Sunday that Johnson will run instead in the 400 meters. He was top-ranked in the world in the 200 and 400 last year.

Also scheduled to compete is Sergei Bibba, the Soviet pole vaulter who has broken the world outdoor record twice this year. He hasn't competed since pulling a calf muscle in a meet on June 15.

His main challenger may be countryman Rodion Gataulin, who won the European title last September.

L.A. man claims Regatta prize

By Jeff Haskisson
Times-News writer

BURLEY — What a difference a day will make. For the drivers and fans at the 15th Annual Idaho Regatta the two days of racing provided a stark contrast to each other.

Saturday the weather was cool and windy, but the waters of the Snake River were fairly calm. The weather turned sunny on Sunday, but the waters became choppy making it tough on the drivers.

"The water was a lot tougher than it was yesterday," remarked Marty Caccarelli of Phoenix, Arizona. Caccarelli found out the hard way.

Please see REGATTA/A8

Giants edge Padres in extra inning affair

SAN DIEGO (AP)—Will Clark singled home the tiebreaking run in the 10th inning and the San Francisco Giants rallied past the San Diego Padres for their eighth victory in nine games.

The Giants tied it with two runs in the ninth, including an RBI single by rookie Tony Perezuela with two outs.

Pirates 2, Expos 1

MONTREAL (AP)—Barry Bonds drove in the go-ahead run with a check-swing single in the seventh inning and the Pittsburgh Pirates sent Montreal to its seventh straight loss.

Pittsburgh completed a three-game sweep and won its fourth straight.

Reds 5, Astros 4

CINCINNATI (AP)—Bill Doerin, Billy Hatcher

Ciprelli

Continued from A7

Ciprelli, known as Jeannie Longo when she dominated women's cycling before retiring 20 months ago, simply took care of business. With 20 minutes to go, she crossed over the finish line and she needed only to finish in the same pack as Janet and Team Lithuania's Daiva Tepliene, who she stayed second and third respectively. Tepliene ended up 11th, Ciprelli 12th and Janet 18th.

"I tried to do my best in the last laps for the crowd," Ciprelli said.

She said that she worked to regain the feel of a sprint race and she kept to white leader's jersey who wore for all but one day of the Challenge.

"It took me a couple laps to get the speed back in my legs," Ciprelli said. "I'm always nervous the last day. Everything can happen. You could lose your concentration."

Team-wise, TGI Erlands buffered its lead by more than a minute to 8:06 over second-place Lithuania. Team Kalha, which had no finisher higher than Julie Young's ninth, was third. Fri-

National League

and Paul O'Neill homered in the fifth inning as the Cincinnati Reds once again turned to their power to beat the Houston Astros.

All three solo homers came off Pete Harnisch (5-6) of the National League's earned-run leader entering the game. Cincinnati had seven of its last nine games, and has hit at least two homers in eight of the nine.

Phillies 10, Mets 9

NEW YORK (AP)—The Philadelphia Phillies chased slumping Dwight Gooden with three home runs in 4-3 innings and then held on to beat the New York Mets.

"It was great. The teams made this race so exciting," Manley said. "We just about did it all of them."

The field was considered one of the best in the eight One-Ride Challenges.

"It was great. The teams made this race so exciting," Manley said. "And because somebody like Jeannie (Ciprelli) was here it made it better. Because she is so strong and had us work so hard on the climbs, we could really show our colors."

Ruthie Mathews of Ketchikan and a member of the Alaska Derby finished with the lead for 19th place Sunday. She ended up 15th overall, 5:37 behind Ciprelli.

Twin Falls native Lauren Wright, with Team Flavors/Ganous, was 44th Sunday to take 39th.

Sixty-four cyclists started the 10-day competition. Fifty avoided injury and illness for completion of the 588 miles. Nelson, racing in her second Challenge, kept it simple describing the event.

en, who had not given up three home runs in a game entering this season, also served up three homers in Atlanta on June 20. Lake, Campuzano and Thon entered the day with a total of three homers between them—all by Thon.

Cubs 7, Cardinals 4

CHICAGO (AP)—Dwight Smith hit a game-tying, three-run homer in the third inning and the Chicago Cubs rallied to beat the St. Louis Cardinals. The Cubs won their second straight game after losing 12 of their previous 15. With the score tied at 4 in the seventh, Shawon Dunston led off with a blood double to center and later scored on Jose Vizcaino's sacrifice fly.

Reliever Chuck McElroy (4-0) was the winner, helping himself with an RBI double during a two-run eighth. Jose DeLeon (3-6) took the loss.

"Magnificent work," she said.

1991 One-Ride Women's Challenge Awards
Race Champion: Jeannie Longo (Team USA)
Overall points champion—Lisa Visbeck-Hyman
Hot Spot Sprint champion—Lisa Brannaman
Most Improved Rider—Linda Lueck
Liaison Champion—Janie Grogan
Most Improved Team—Lithuania (finished 44 places in 10 from Team USA's second year)

Most impressive ride—Lisa Visbeck-Hyman
Most improved team—Georgia (moved six places to No. 9 from Stage 1-11)

Best 21 years and younger—Dede Demme
Best 21 years and younger—Dede Demme
Team Year End Champion—Team Lithuania
Liaison Rider (last stage of those who finished)—Carla Chen

Outstanding mechanic—Valje Kovonovics, Team Lithuania
Outstanding mechanic—Jim Freeman, Team USA

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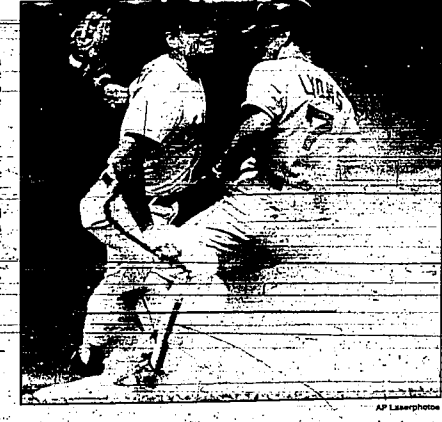
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Boston Red Sox baserunner Steve Lyons comes up short after being caught trying to steal second base. Baltimore Orioles second baseman Bill Ripken puts the tag on him.

Guzman tosses 2-hitter as Texas downs Angels

ANAHEIM, Calif. (AP)—Jose Guzman (2-3) pitched a two-hitter for his second straight complete game and struck out 10, his most since April 7-1988—as the Texas Rangers nipped the California Angels 2-1 Sunday.

American League

and Lou Whitaker, homered in the first as Detroit—scored the three-game series.

Cleveland lost its fourth straight and has not won consecutive games since June 1-3. The Indians have lost 9 of 10, 15 of 17 and 20 of 23.

Athletics 3, Royals 2

OAKLAND, Calif. (AP)—Jose Canseco hit a three-run homer as Oakland won its second straight following a four-game losing streak.

Twins 3, White Sox 0

MINNEAPOLIS (AP)—Jack Morris won his eighth consecutive start with a six-hitter as Minnesota started a four-game losing streak. Chicago's three-game winning streak ended as the White Sox lost for its 22nd save in 24 chances.

Blue Jays 6, Mariners 1

TORONTO (AP)—Todd Stottlemyre pitched a four-hitter as the Toronto Blue Jays beat the Seattle Mariners 6-1 Sunday for their ninth victory in 11 games.

Yankees 6, Brewers 6

MILWAUKEE (AP)—Alvaro Espinoza capped a seven-run seventh inning with a two-run double as New York staged its second big comeback in six games. The Yankees prevailed for six runs in the final two innings of Saturday night's 6-6 victory.

Tigers 4, Indians 1

DETROIT (AP)—Walt Terrell won for the first time in four starts.

Erickson tries to change luck after worst game ever

MINNEAPOLIS (AP)—Every-one is entitled to a lousy game once in awhile, says Scott Erickson, but he had so many people here to see it.

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ALBANY, N.Y. (AP)—The Albany River Rats traded pitcher Steve Largent to the New York Yankees for pitcher Steve Largent.

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Scores and stats

Baseball

Team	W	L	GB
Atlanta	21	17	0.0
Baltimore	20	18	0.5
Boston	19	19	1.0
California	18	20	1.5
Chicago	17	21	2.0
Cincinnati	16	22	2.5
Cleveland	15	23	3.0
Colorado	14	24	3.5
Detroit	13	25	4.0
Houston	12	26	4.5
Los Angeles	11	27	5.0
Minnesota	10	28	5.5
Montreal	9	29	6.0
New York	8	30	6.5
Pittsburgh	7	31	7.0
San Diego	6	32	7.5
Seattle	5	33	8.0
St. Louis	4	34	8.5
Texas	3	35	9.0
Washington	2	36	9.5
White Sox	1	37	10.0

Team	W	L	GB
Los Angeles	18	12	0.0
San Diego	17	13	0.5
San Francisco	16	14	1.0
Colorado	15	15	1.5
Arizona	14	16	2.0
Los Angeles	13	17	2.5
San Diego	12	18	3.0
San Francisco	11	19	3.5
Colorado	10	20	4.0
Arizona	9	21	4.5
Los Angeles	8	22	5.0
San Diego	7	23	5.5
San Francisco	6	24	6.0
Colorado	5	25	6.5
Arizona	4	26	7.0
Los Angeles	3	27	7.5
San Diego	2	28	8.0
San Francisco	1	29	8.5

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San Francisco	6	24	6.0
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Arizona	4	26	7.0
Los Angeles	3	27	7.5
San Diego	2	28	8.0
San Francisco	1		

Opinion

Russia offers historic challenge for LDS Church

For seven decades, all religion in the officially atheist Soviet Union was repressed. Then six years ago came Mikhail Gorbachev and his reforms.

Today, Russian Orthodox churches are being restored, and persecution of believers appears to be coming to an end. Easter has been celebrated in the ancient cathedrals of the Kremlin; Russian President Boris Yeltsin has been among the worshippers.

Against this backdrop of historic change, the Russian Republic has granted official recognition to the Church of Jesus Christ of Latter-day Saints, a denomination founded in the United States that claims only about 300 adherents in the Russian Union.

I know the Mormon Church is an international faith with a worldwide missionary program, it still is strongly identified as an American church. Its official recognition in Russia marks the welcoming by the government there of yet another powerful institution from the West and the United States in particular.

For the Mormons, the ceremonies open an opportunity, though denied them to spend their faith in the largest nation on earth.

The opening of Russia and Armenia to the Mormon Church comes within months of the church gaining welcome to several of the former Communist Bloc nations of Eastern Europe. For the Salt Lake City-based church, as for the former communist nations themselves, this is a time of historic challenge and opportunity.

Other views

ber or early November.

Before the governor calls for gearing up the Legislature in special session, legislative leaders should submit the committee's recommendations by mail to members and then poll the lawmakers by telephone. If there isn't widespread acceptance of the committee's work, then why bother with a special session?

It is probably doubtful the legislators can do the job at any time. They weren't able to do 10 years ago when the last census required boundary changes. In effect, the courts took over the task and reapportioned the Legislature last time around and they will probably have to do so again.

Once again, this raises the question of why Idaho can't adopt the method of the neighbors in Washington who created an independent citizens' commission to take over the task that members of the Legislature, most of all, lack the perspective to do.

Reapportionment in Idaho took three years last time.

In Washington, it took 17 days.

Louisiana looks foolish again

Leave it to Louisiana, the state that gave the nation Huey P. Long, Jimmie Swaggart, David Duke and blackened catfish, to live down to its long tradition of misguided ornerness by adopting the strictest anti-abortion law in the nation.

The action sets up a bitter legal conflict that seems destined to go all the way to the United States Supreme Court and provide the most serious challenge yet to the 1973 Roe vs. Wade decision, which recognized a woman's right to an abortion.

The Roe vs. Wade decision acknowledged that the criminalization of abortion had failed because most women are determined to choose whether or not to give birth. Nothing has occurred to change that intensely personal reality and Louisiana's effort to legislate compulsory parenthood won't either.

The American Civil Liberties Union and other abortion-rights advocacy groups must resist in their legal attempt to block this backward-looking law.

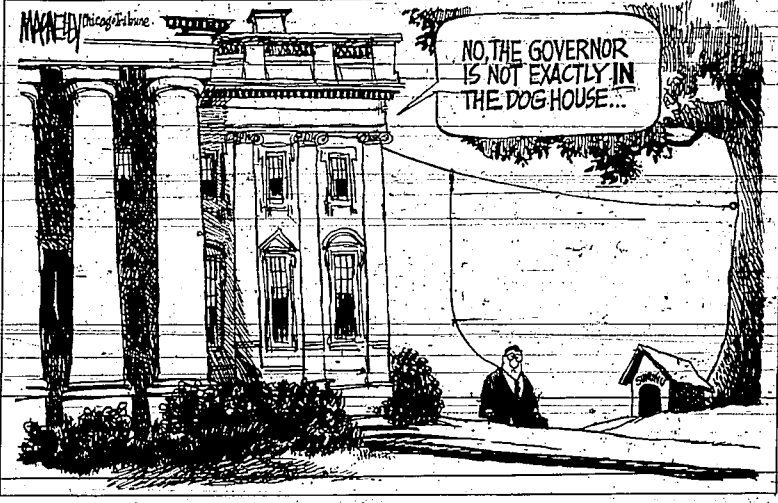
Welcome news on Red Cross

Plans recently announced by the American Red Cross to update its system of handling blood donations are very encouraging for the AIDS virus is welcome news.

Red Cross President Elizabeth Dole said the organization planned to install a new computer system and make other changes to protect the blood it collects. In order to accomplish this, the Red Cross will close its 53 blood centers in relation beginning in 1992. While each of the centers is closed for installation of the new equipment, its staff will receive training in new procedures.

While there is no guarantee that the threat of AIDS transmission through blood transfusions will be completely eliminated, the ambitious program undertaken by the Red Cross, which handles about half of the nation's blood supply, should provide a message of welcome reassurance to the public.

The Times Reporter, Zanesville, Ohio



Say 'savonara' to Sununu

John Sununu, the White House's traveling chief of staff, should be grounded before he destroys even the president's credibility. One of Sununu's latest junkies is a government limousine from Washington to New York. On government business? Hardly. Sununu went to a jump show at the taxpayers' expense.

While noting "the appearance problem" of the trip, President Bush unfortunately tried to nationalize it by saying Sununu took the government's car because it had a telephone in it, and he made plenty of official calls while traveling to ... New York.

We're sorry the president's rationalization just doesn't ring true. In a time of financial austerity, it is very hard to represent an intolerable misuse of the public purse. Pure and simple, period.

We keep wondering how long it's going to take President Bush to tell his aide, Savannah, Sununu, you've pulled your last number.

The Bolivar Campaign, Cleveland, Miss

No hurry for trip to Boise

Idaho Gov. Cecil Andrus should refuse to call a special session to redraw the boundaries of legislative districts unless there is a probable majority for one or more plans.

Otherwise, the governor should save the taxpayers the cost of a special session and leave the lawmakers facing the prospect of fighting over the new lines during their regular session early next year.

Legislative leaders are asking the governor to bring the tax matters into special session in late October.

The Times-News

Stephen Hartgen, Publisher
 Clark Walworth, Managing Editor
 Allen Wilburn, Circulation Manager
 Peter York, Advertising Director

The members of the editorial board are Stephen Hartgen, Clark Walworth and Steve Crump

Letters

Residents get shabby treatment

Did the Idaho Board of Corrections Committee check all areas of the city of Twin Falls for a work-center location? Did they seek a location in the affluent northeast area, canyon rim area, west or east areas?

Without consulting residents of South Washington, they made their plans. This area has some very fine homes, both large and small and well kept. Is it because the "average" is located across the tracks in an industrial area considered not to be quite as "elite" as the areas mentioned above? Thus, who cares about damaging the property values?

Don't trust the Soviets

So, we are going to have another summit meeting this summer to allow the president and the Russians to flood the papers with all sorts of photos and propaganda. Sure, it is nice to think that Gorbachev and Gagarin are changing their stripes and economic system to a more normal way of living in this world. They could use some old-fashioned Yankee ingenuity and free enterprise for their vast natural resources and teeming masses yearning for free markets to rush into a situation where more prudent analysts fear to tread.

Give me... but don't tax me

I wish to respond to your June 17 editorial titled "Hey, Congress! Folks are tired of that huge deficit."

A young man attended public school, rode the free school bus and participated in the subsidized lunch program. He entered the Army and then upon discharge, rejoining the National Service Insurance. He then attended the government-sponsored university on the GI Bill.

Upon graduation, he married a public health nurse and bought a farm with an FHA loan and then obtained a REA loan to go into business. The government then paid for college for his two children. He then wanted a baby was born in the county tax-supported hospital.

Later, he put part of his land in the soil bank and the payments helped pay for his farm and ranch. His father and mother lived on his ranch on their Social Security; REA lines supplied him with electricity. The government helped clear his land. The county agent showed him how to terrace it, then the government built him a fish pond and stocked it with fish.

Books from the public library were delivered to his door. He backed his money into government bonds and received a dividend on his public shares, rode free school buses, played in the public parks and swam in the May primary election.

He was the leader in obtaining the new tax-supported agencies to his area and went

to Washington with a group to ask the government to repair his irrigation dam. He petitioned the government to leave the air base in his state. He asked for federal funds to improve his irrigation system. He asked for pollution exceptions to raise his fish and milk his cows without government regulations.

And then he wrote a letter requested by the local newspaper. "I wish to protest these excessive governmental expenditures and attendant high taxes. I believe in rugged individualism. I think people should stand on their own two feet without expecting hand-outs. I am opposed to all socialistic trends and I demand a return to the principles of our Constitution and of state rights."

ROBERT JOHNSON
Twin Falls

So, we are going to have another summit meeting this summer to allow the president and the Russians to flood the papers with all sorts of photos and propaganda. Sure, it is nice to think that Gorbachev and Gagarin are changing their stripes and economic system to a more normal way of living in this world. They could use some old-fashioned Yankee ingenuity and free enterprise for their vast natural resources and teeming masses yearning for free markets to rush into a situation where more prudent analysts fear to tread.

The Pentagon is closely watching recent statements from the Soviet Defense Ministry that defense spending will increase in real terms over the next 10 years; therefore, it appears that the Soviets are falling away from their original plans to reduce the level of resources that they pour into their military.

The latest facade of converting Army personnel and equipment to Navy status is proof to circumvent the Congressional force on arms agreement has apparently been overdone, hence the possibility of a summer summit.

But let's not fool ourselves into thinking that because of their massive economic problems, they have decided to change their spots. They have a trouble getting food to Moscow to feed their people, but they didn't have trouble getting tens of thousands of pieces of military equipment behind the Urals where it sits ready to be used at a moment's notice.

Epithet "greedy" should not be in God we trust all the others we continue to watch and defend against."

It's not a perfect world we live in, but let's not fool ourselves into thinking that because we are now the sole remaining superpower, we can rest on the accomplishments

of the past and reduce our vigilance or our armed forces.

It's not how far we had to come for freedom but how far we will go to keep it. The world the last two years has changed dramatically and the Soviet Union, whatever its intentions may be, its capabilities are and will remain very real.

JOSEPH E. EYRE
Jerome

Money motivates officials

In my book, members of Congress are elected to function for the good of the country first, their state second and - human nature being what it is - the good of the congressman third. The actual present attitude is for the congressman first; second and third, they get paid like corporation directors and get better perks and still figure the taxpayer is a bottomless barrel.

The attitude of the states is accepting the innumerable congressional blackmails because it makes money available. That is blackmail and bribery.

Now comes the congressional mandates with no money. The states are being asked to either rejecting congressional blackmail, bribery and mandates without financing or going bankrupt.

The report in Idaho of the 1 percent initiative limit is only the tip of the iceberg. Given the California basic efforts by taxpayers as a foundation, this could become a country of chaos - not being able to function.

Cities, counties, states and Congress need to get their priorities in order and just looking at every idea presented from the standpoint of "that's a good idea and it could get me a few votes." The first consideration should be "can we afford it and can it be stopped when it has served its purpose?"

Just one example of the deep generosity of Idaho members of Congress is the attitude on the Idaho National Engineering Laboratory. If Idaho gets the reactor now being promulgated, it will bring dollars to the state, along with more employment and more votes.

Ignore the fact that if the aquifer becomes contaminated, a major portion will be a desert as it once was.

The Idaho members don't care about the future of Idaho - just today and votes. The INEL has pumped dangerous material for years as just a matter of time, in my opinion, until the so-called harmless material will accumulate and concentrate to the point that the water that was life-giving becomes life-taking - human, fish, animals, etc.

EVERETT P. EBERG
Jerome

Andrus has set some tough conditions for calling special session

Gov. Cecil Andrus has laid down conditions that might make it impossible to hold a special session on reapportionment later this year.

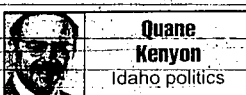
Republicans are warning the governor, probably correctly, that if the job isn't done in a special session, it could throw the 1991 election into chaos. But so far, the Democratic governor isn't listening.

Senate President Michael Crapo and House Speaker Tom Boyd held a news conference this week to agitate Andrus about a special session this fall.

Andrus responded that he would consider it, but only if the 20-member legislative reapportionment committee agreed on a single plan with bipartisan support.

That could be impossible. In a handful of meetings earlier this year, the panel found it hard to agree on anything. It's unlikely that it could come up with a single plan acceptable to all the interests that will be competing for attention on the issue.

Crapo and Boyd said the legislative process would be seriously disrupted if lawmakers



Quane Kenyon
Idaho politics

Besides that, delaying redistricting until the last minute almost guarantees the chaos," the Republicans predict.

Batt, who's been through the process a couple of times in the past, predicted the Legislature would put it off until the end of the session, "if it was impossible, and vote to delay the filing date and probably the May primary election."

"That whole fiasco would deter qualified candidates from entering the contest. Idaho would likely end up with a disproportionate number of special interest legislators," he said.

As the law now stands, filing for the 1992 elections opens March 23, about the time the Legislature usually is in the final week of the session.

In February April 4, barely enough time for a campaign for the late May primary, even if candidates knew beforehand what the district boundaries will be.

On top of that, the 1990s, 1970s and 1960s redistricting plans eventually were decided by the courts. If the Legislature

waits until the end of the regular session to come up with a 1990s plan, it will require an almost constant decision from the Idaho Supreme Court to let the May primary election proceed as scheduled.

Republicans think Andrus is stalling the special session to benefit Democrats, who appear to have a chance at grabbing control of at least the Senate in the next election.

Since there are 77 Republican seats in the Legislature to 49 Democrats, the GOP thinks the uncertainty and confusion about the process might benefit challengers Democrats.

Andrus says that isn't his motive. The governor says he wants the best possible people in the Legislature.

He says he must be shown that a special session will be the best use of taxpayer dollars.

Boyd said he thought that in a special session the Legislature could come up with a plan in about a week. Crapo says less optimistic.

Reapportionment is one of the most dif-

icult issues the Legislature faces. It is a difficult and time-consuming process," he said.

Andrus will control the process, no matter what happens. Only the governor can call a special session, and he will set the agenda.

If Democrats on the legislative committee don't like the proposals that come up this fall, they apparently can block a special session.

Faced with the chore of eliminating between 21 and 36 legislative seats, the 1991 reapportionment plan will be difficult to achieve.

Republican leaders will be hard-pressed to come up with a plausible 77 GOP lawmakers will approve and which also will win endorsement from the Democrats for the unanimity Andrus says is necessary before he will allow a special session.

Quane Kenyon is the Associated Press' Capitol writer in Boise.

Inmates await trial in Panama City

The Baltimore Sun

PANAMA CITY, Panama — A wretched stench permeates the air around this city's 86-year-old maximum security prison — built for 250 inmates, now holding 1,200 men.

More than 85 percent have never been tried. Many have been awaiting trial for five years or more. Still more have been waiting 18 months, ever since President Bush launched the U.S. invasion to restore democracy and justice to Panama.

Lunatics, AIDS victims, drunks, drug addicts, cronies of former Panamanian strongman Manuel Antonio Noriega, murderers, vagrants, petty thieves and dope dealers are all crisscrossed in the root in the humid, 90-degree heat.

The U.S.-built Modelo Prison and Panama's 43 other jails and provincial lockups provide the only point upon which every Panamanian politician can agree, with the exception of the 44 prisoners awaiting trial, the system is a scandal, the rear end of a judicial system gone awry.

Politically-appointed peace justices, many of them non-lawyers, routinely sentence minor offenders to the Modelo maximum security prison or to the penal colony on Coiba Island because there is nowhere else to send them.

People can be detained for years on the strength of a denunciaton or criminal complaint that results in an investigation by the attorney general's office. The investigation may ultimately find the person innocent. More than 17,000 denuncias were lodged in the first nine months after the invasion.

Prisoners' appeals and other Supreme Court records were destroyed in the Dec. 20, 1989, American invasion of Panama, forcing lawyers and judges to try to reconstruct the documents while the prisoners wait.

Prison were sacked in the Modelo and all the prisoners fled. Police said they knew who the prisoners were and recaptured them. The Modelo population has jumped to 600 in the last days of the Noriega regime to about 1,200 today.

If a prisoner has powerful friends, money and a good lawyer, he can avoid jail altogether. The country's former justice chief was recently released from jail because of a minor car infection and because his defendants rarely have a lawyer. There are only 20 public defenders for the whole country.

Many view themselves as "prisoners of war" whose only crime was to defend the country against a foreign invader.

"Hundreds if not thousands of Panamanians who have not been tried, who may never be tried and who, if tried, may never be convicted, are nevertheless incarcerated, usually more than a year, in seriously overcrowded prisons," said an April report by Americas Watch, the New York-based human rights group.

In many cases, the time spent in jail already exceeds the time they would have spent had they been tried and convicted," the report says.

Recently, the government for the first time allowed a group of foreign journalists to visit the Modelo prison. In the bowels of the Modelo prison are the security cells for troublesome prisoners. The faces peer out of the grill at the top of the door. A single light bulb shines behind them, casting shadows in the dimly lit corridor.

"They kept me in the dark in one of those cells for six months without a chance to get outside," says Benjamin Colombaro, the former head of the Dignity Battalion, behind them, casting shadows in the dimly lit corridor.

Nearby, an AIDS patient is dying slowly. The prison warden had won his release on humanitarian grounds. He has no funds to send him home to his family near the Costa Rican border. There is no money to screen prisoners for the virus. The 17 AIDS patients are segregated from the general prison population as are homosexuals.

A few doors away, violent psychotics are restrained in their cells. Almost none have access to modern anti-depressive drugs. Panama has no mental health facilities for them, nor for treating the prison's drug addicts.

A madman wanders down the corridor, talking about Santa Claus. There is one doctor for the whole prison.

The second floor is different. Its dormitory wing houses 24 well-to-do prisoners, including Colombaro and Jaime Simmons, the former head of the national savings bank under Noriega. Here the well-dressed prisoners are allowed televisions and radios.

Since the invasion, Colombaro has been awaiting trial on treason charges, arising from what he says was "harassment of American troops."

Colombaro refers to himself as a "prisoner of war" and has appealed his treatment to the Organization of American States, complaining that he is a "prisoner who tried to defend my country."

Mudslide buries homes; avalanches expected

MANILA, Philippines (AP) — A thundering wall of mud and boulders roared down a river near Mount Pinatubo on Sunday, burying homes as residents looked on helplessly.

While there were no reports of casualties, authorities warned villagers living near the active volcano they could expect worse mudflows, including huge waves of volcanic ash and debris capable of engulfing whole towns.

The private television station GMA said mudflows had occurred near the towns of Porac and Florida Blanca, about 40 miles northwest of Manila and near the volcano.

The Philippine Institute of Volcanology and Seismology said the incidents were not true volcanic mudflows, but simple flooding and landslides caused by heavy rains and an accumulation of mud and volcanic debris from recent eruptions.

The institute said the Porac River in Pampanga had risen three feet because of rain and ash accumulations since Mount Pinatubo began erupting last June 9.

In the village of Bio, on the Porac River, residents had fled their homes



An unidentified woman stares as mud from the debris of the volcanic eruption of Mt. Pinatubo slowly buried homes in Pio, Philippines.

near the riverbanks when they heard the rumbling sound.

Soldiers began firing weapons in the air to warn residents. Filipino reporters said a huge amount of steaming earth and boulders as large as re-

frigerators suddenly rolled down the banks of the river, burying houses up to their roofs.

There were no reports of fatalities since everyone in the village had moved to higher ground, the reporters

said. Officials warned of possible flooding along four other rivers in Pampanga, Tarlac and Zambales provinces, which border the volcano.

Poor communications hampered timely reports.

Scientists have been warning of the possibility of mudflows pouring down the jagged slopes of Mount Pinatubo.

The 4,795-foot volcano entered its fourth week of eruptions Sunday, spewing ash and steam up to 33,000 feet, the Institute said.

At least 117 quakes have also shaken the area around the volcano since it broke after 600 years of inactivity. Officials say 338 people were killed and more than 200,000 fled their homes during the eruptions.

Meanwhile, President Corason Aquino suggested Sunday that Philippine consulates sell souvenir ash from Mount Pinatubo to raise money for rehabilitation projects.

"I told (Foreign Secretary) Raul Manglona that I hope all over the world, especially where we have consulates, we can sell these little souvenirs of Mount Pinatubo," Mrs. Aquino said.

Renewed Algerian fighting leaves 1 dead, 11 hurt

ALGIERS, Algeria (AP) — Gunfire recaptured Algeria's capital Sunday in a new outbreak of fighting between loyalist soldiers and Islamic fundamentalists opposing the government. One person was reported dead and at least 11 wounded.

There also were reports a top official of the leading opposition group was arrested Sunday afternoon.

Teargas grenades and gasoline bombs littered the Belcourt and Babchrah districts, fundamentalist strongholds in central Algiers. Tear gas and smoke from hundreds of burning garbage bags choked the air-

Bullet holes riddled windows, cars and walls.

Soldiers with tanks held major roads and intersections, but bands of fundamentalists roamed side streets and sporadically raided the troops, calling them "infidels" and hurling rocks and firebombs.

The fundamentalists have been agitating against the government since May. President Chadli Bendjedid ordered the army to crack down on violent protests June 5, but he also re-

fundamentalists demand to delay the nation's first free parliamentary elections and hold an early presidential

election. The government says 33 people have died and nearly 300 were injured since the unrest began.

The latest clashes came two days after the army deployed tanks at major mosques and other strategic sites as Muslim fundamentalists gathered for weekly prayers.

Algeria's top opposition leader, Abassi Madani, head of the fundamentalist Islamic Salvation Front, responded to the show of force by threatening a "holy war" against the government if the four-month state of emergency was not lifted. He said his party would not hold any talks with

the government as long as martial law remained in force.

Sources close to the Islamic Front said authorities had arrested the party's vice president, Ali Benhadji, who joined Madani in threatening a holy war. There was no confirmation from the government.

Benhadji and Madani were summoned Friday to appear before police, but they ignored the order. Madani's whereabouts Sunday could not be learned.

Shooting broke out around midnight Saturday and continued into the daylight Sunday.

Coal mine fire reportedly kills 32 in the Ukraine

MOSCOW (AP) — Thirty-two miners were killed when a fire at a coal mine in the Donbas region of the Ukraine released toxic gas, a Soviet journalist said Sunday.

There was no immediate confirmation from officials. Dmity Dobrovolsky, of the Komsomolskoye Znamya newspaper, said the fire started Saturday afternoon at the Yuzhmaya Dombasskaya 1 coal mine as shifts were changing.

The fire began on one of the rubber conveyor belts that are used to transport coal to the surface.

Dobrovolsky said. He said the cause of the fire was not known.

The miners died from inhaling toxic coal gas. Two miners managed to save themselves by using a respirator and are now in the hospital, Dobrovolsky said.

The mine is in the city of Donetsk.

The mine is in the city of Donetsk. The miners were among the hundreds of thousands of Soviet miners who went on strike

this spring for better pay and more control over their working places.

Working conditions at the mines are dangerous. According to the Donetsk Statistics Committee, two lives are lost for every 1 million tons mined in the Donbas region.

In the United States, one life is lost for every 12 million tons, while in Britain, one miner dies for every 10 million tons mined.

Angolan troops begin demobilization

LUENA, Angola (AP) — The second stage of Angola's truce begins Monday as government and rebel troops are fused into a single 50,000-man national army and the remaining 150,000 are demobilized.

One of the gathering points will be this pretty colonial-style town where the last battle of the 14-year civil war was fought, the 1975-76 Governmental cease-fire ahead of the signing of

other staging areas, according to the one stage of Angola's truce begins Monday as government and rebel troops are fused into a single 50,000-man national army and the remaining 150,000 are demobilized.

Luena was the site of the final fire fight, a 45-day artillery siege in which more than 500 civilians perished. Shelling stopped on May 15 when both sides agreed to an informal truce. The signing of the

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Chinese celebrate 75th birthday of Communist Party

BEIJING (AP) — China put aside concerns about the collapse of communism elsewhere to celebrate the 70th birthday of the Chinese Communist Party with banquets, parades and dragon dances Sunday.

Festivities ranged from gala events for top officials to small gatherings that showcased groups of workers singing revolutionary songs.

Party General Secretary Jiang Zemin, Premier Li Peng, President Yang Shangkun and other officials attended a special theatrical performance Sunday night, the official Xinhua News Agency said.

The celebrations climaxed weeks of activities to commemorate the anniversary. Xinhua said 10,000 people attended a party Saturday at the Great Hall of the People, the seat of the government in Beijing.

The party was founded July 1, 1921, but the biggest observances came on the eve of the anniversary because Monday is a regular work day for most Chinese.

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83 HONDA ACCORD #30401, 4 DR	\$3987	85 FORD BRONCO #41050, 4X4 UTILITY	\$6987	88 CHEVY SUBURBAN #40390, VAN	\$12287	89 FORD FESTIVA #31022, 4 DR	\$4887
83 PONT BONNEVILLE #C031, 2 DR	\$3477	85 MERC-MARQUIS #41050, 4X4 UTILITY	\$6987	88 CHEVY SUBURBAN #40390, UTILITY	\$15777	89 MERCURY TRACER #30429, WAGON	\$5737
83 MERC GR MARQUIS #31020, 4 DR	\$2977	85 LINCOLN MK VI #C040, 2 DR	\$9177	88 LINCOLN TOWN CAR #C041, 4 DR	\$10977	89 FORD TEMPO #C024, UTILITY	\$7777
83 DODGE RAM 50 #41031, VAN	\$3577	86 CHEVY C10 PU #41050, 4X4	\$7997	88 FORD BRONCO #41051, 4X4 UTILITY	\$13477		



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Features

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and follow the simple instructions.

'Hands-on' fathering good for kids, dads

"Being a father means answering a question one more time when you're too tired to speak," says a man of his fathering role.



JoAnn Larsen
Psychology.

"It means towel-drying a squirming, uncooperative body during your favorite TV show. And, finally, it means looking indignantly at your 2-year-old while he's busy with something else and thinking that surely he's the most precious, miraculous creature you've ever seen."

"This man is what might be called a 'new-age father'—a father who's actively involved in the moment-by-moment care of his young child—and loving it. "Fathers' roles are changing rapidly," says T. Berry Brazelton, a nationally recognized pediatrician.

"While fathers may have once felt they were no more than substitutes for mothers, they are now acknowledged as being able to contribute very special things to a child's emotional and intellectual development."

"We live in a time when women feel pressured to do 'house' and 'work' to 'fit it themselves' in two," he continues. "They are overwhelmed by demands on their energy and time. For these reasons, one parent can no longer be expected to do 99 percent of the job alone. Every child needs a mother and a father, and every father can make a difference."

In today's world, there are many more fathers who are exploring beyond the boundaries of traditional male and female roles, feeling a newfound freedom to enjoy their children, to express affection, to be substantial providers of emotional as well as economic resources. Given the opportunity, says one child-care expert, men will dispel the myth that they're not interested in the daily activities of children.

New research studies, in fact, underscore that fathers make great mothers, with these encouraging findings:

- Fathers are just as active and involved as mothers.

Please see LARSEN/B3

Inside

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Twin Falls youngster Parker Cornia takes in some air as swimming instructor Wendi Ellis prepares to put his head under the water during a pre-beginner class at the city pool. Learning to swim is one way to beat summer boredom.

How to combat summer boredom

- By Rosemary Banks-Harris
Orlando Sentinel
1. They, parents, it's that time again. School's closed for the summer. You know what that means: They're probably bouncing off the walls from boredom.
 2. It's not pretty.
 3. But there are lots of fun things your brood can do to keep themselves occupied during the summer. Below are 15 suggestions covering a wide variety of activities, most of which are relatively inexpensive.
 4. Go fly a kite. They're colorful, they're fun, they don't pollute. And kids can even learn to make them by themselves, which, if it makes you feel better, gives them insights into aerodynamics.
 5. Take a hike. Sure, it's hot, but in the early mornings and late afternoons, hiking is a great way for the kids to feel closer to you, to each other and to nature. (Just don't forget the insect repellent!)
 6. See a movie. What better way to beat the heat than in a cool, dark movie theater? A theater might offer movie festivals at bargain prices; watch the movie listings for details.
 7. Take in a play. Many a thespian was born from a wide-eyed kid sitting in the audience at her first live theater performance. Whether your children have acting inclinations or not, they can develop an appreciation for the dramatic arts through early exposure to them.
 8. Learn about art. Kids have a natural affinity for art. It may be just a coloring book or a hunk of Play-Doh at this point, but the interest is there.
 9. Learn about science. Kids like science too, though they may not realize it.
 10. Learn to cook. Speaking of science, chemistry may not be every kid's cup of tea, but a surprising number of kids like to cook. Most bookstores and public libraries' stock bookshelves geared to kids, which will give you something to do together that's both fun and useful.
 11. Learn to dance. We're not talking the box step here. Various centers often offer summer classes in jazz, modern and African dance. There are also dance studios geared to kids.
 12. Learn to play music. You might want to invest in some ear plugs, but here's another activity that just about every kid has a natural interest in. Most music stores offer lessons, as do a large number of music schools. You can also find easy-to-follow, self-instruction music books for kids at music and record stores, bookstores and the public library.
 13. Learn to swim. "Some boys" and "girls" clubs offer learn-to-swim programs. Low-cost courses for beginners are also available through city recreation departments, YMCAs and the Red Cross.
 14. Keep swimming. Check with your local YMCA or city recreation department.
 15. Read. It may be a tough sell, but public libraries have summer reading programs designed to win over kids who never dream of checking a book when school's out (or in, if they can help it). Librarians are masters at finding just the right book for your child's specific interests.
 16. Do something useful. Windows need washing? Garage need cleaning? Offer the tykes a couple of bucks and let them have at it. Encourage your older children to become entrepreneurs, offering their baby-sitting or lawn-mowing services to relatives and neighbors.
 17. Do good works: You don't have to be an adult to start giving something back to your community.
 18. Take the night off. They've earned it. You've earned it. See if there are any relatives or friends they can stay with for an evening.

Polio catching up with victims a half-century later

By Heidi Nolte Brown
The Associated Press

RICHMOND, Va. — Mary Wilkinson spent 25 years working her way up to become manager of a \$250 million stock portfolio for Reynolds Metals Co.

Then she started falling.

"It started with leg pain," said Wilkinson, 52. "I couldn't understand why my legs hurt so bad. I stopped wearing high heels... I had a nasty bathtub fall!"

The problem dated to 1944, when Wilkinson turned 5 and contracted polio, a disease that attacks the central nervous system. Through painful exercise, she regained the use of her legs.

Nearly 50 years later, Wilkinson is forced to use crutches again. She spends more time in a wheelchair. She lost her job because she was so overcome by fatigue, she just couldn't concentrate.

Wilkinson is among 650,000 polio survivors haunted by a disease they thought they had conquered. More than 125,000 are estimated to have post-polio syndrome.

Most of those who contracted the virus in the 1940s and 1950s, before a vaccine was discovered, followed medical advice and exercised rigorously. Now, physical therapists say the strain they put on their muscles may be to blame for post-polio syndrome.

The symptoms include sudden fatigue, muscle weakness and pain. Sometimes, patients have difficulty sleeping, breathing and swallowing, according to the International Polio Network in St. Louis.

About 50 percent or 60 percent of polio survivors can expect symptoms of post-polio syndrome, said Dr. Lauro S. Halstead, Please see POLIO/B3

Looking good

'60s fashions coming back

The Beatles have split up, Twiggy's put on a few pounds and Jackie Kennedy is a grandmother. But the fashions they made famous in the supersex '60s are finding popularity with a young audience.

After 30 years, everything old is new again, especially for first-time wearers. But fashions are replete with a fresh, contemporary twist.

"Everything in fashion goes in a cycle," says Lucille Klein, women's fashion director for JCPenney department stores. "But when it returns, it never looks exactly as before, and it shouldn't."

Klein cites vintage ideas that have survived and now thrive in an updated fashion. "Color is most important. It's very bright, distinct and intense without being overbearing," she says. "Rather than seeing a '60s acid green, we'll have an apple green that is much easier to wear."

"The brights have a whitened base that makes them livelier. So young women can enjoy the power and explosion of color, particularly pinks, which emerged in the '60s."

Art-inspired pop, graphic and abstract prints have returned like "swag" and "pow" from the hippie generation. "But these aren't acid prints," Klein says. "They're bright, happy ones with smiley faces or fanciful daisies."

Dress shirt moves into work

DRESSY: Alex. Get the starch out. The new dress shirt is here, and it's neither stiff nor starchy. Men are taking the week-day shirt into the work week, pairing denim with art deco or floral neckties with khaki pants, or washed chubbies with jeans.



Designers splash on kaleidoscope colors on stretchy leggings and a matching top. Please see LOOKING/B3

Health notes

- THE HEART BEAT:** Tune in to this sci-fi-like medical advance: A procedure using concentrated open-heart surgery, pacemakers or medication in treating some forms of an irregular heartbeat. Two studies in the New England Journal of Medicine report success in treating a rapid heartbeat condition known as tachycardia as well as Wolff-Parkinson-White syndrome, a hereditary form of an overactive heart, with radio waves funneled into the heart.
- EASE ON DOWN THE ROAD:** When jogging or walking, move against traffic (facing). Be aware of your surroundings and plan to jump to safety if a "hicle" veers toward you. At night, attach reflective tape to the front of your clothes.
- EARLY DETECTION:** If you have a tendency to ignore or downplay physical or emotional problems, make a conscious effort to change. You may be ignoring a potentially serious illness that could be treated more easily in its early stages.
- TO SLEEP, PERCHANCE:** If you're a doctor treating an elderly patient for sleeplessness, give him or her only half the usual dose of Valium, a popular sleeping pill. Older people are twice as sensitive to the drug, formerly known as Triazolam, than people age 21 to 41, researchers report in the New England Journal of Medicine. They say the findings probably

- explain why memory loss, daytime drowsiness and impaired coordination are reported more often in the elderly.
- VASECTOMY UPDATE:** If you've had a vasectomy, this will come as a relief: In a position paper, the American Urological Association says two articles published in December that said such procedures might cause prostate cancer used faulty methods and failed to prove a link. Six other studies have shown no complications, according to the group.
- THROAT-CANCER ADVANCE:** Good news on cancer: Doctors may be able to preserve the vocal cords of patients with cancer of the larynx by using a combination of chemotherapy and radiation instead of surgery, according to a report in the New England Journal of Medicine. The treatment "can be effective in preserving the larynx in a high percentage of patients, without compromising overall survival," the researchers say.
- HEPATITIS PROGRESS:** Another ingenious scientific discovery: Researchers have identified at least one genetic mutation that turns the hepatitis-B virus into a quiet killer, according to two studies in the New England Journal of Medicine. Hepatitis B is the sometimes-fatal liver disease caused by a virus in the blood. But in some cases, called fulminant hepatitis B, the virus becomes unusually lethal, killing 60 percent to 70 percent of its victims.
- DON'T SWEAT IT:** There's no benefit to excessive sweating, and it can cause dehydration. So don't overdo it for exercise and don't wear "sauna suits." Exercise need not be extremely vigorous to achieve weight loss.

Compiled from wire reports

Bitter news from Bummer Desk leaves lefties out in the cold

I was feeling good that morning. I woke up to the happy discovery that not a single one of our major news anchors had broken during the night and we still had running water, which is highly unusual in our household. Then I got both dogs all the way outside without getting the Weeweee of joy on my feet. It looked like it was going to be a great day.

They like a fool. I picked up the newspaper. You should never pick up a newspaper when you're feeling good, because, every newspaper has a special department, called the Bummer Desk, which is responsible for digging up depressing news stories.

Headlines like DOORBELL USE LINKED TO LEUKEMIA AND OZONE LAYER COMPLETELY GONE DIRECTLY OVER YOUR HOUSE.



Dave Barry
Humor

I'm left-handed, along with 10 percent of the population, as well as many famous historical figures such as Napoleon, Leonardo da Vinci, Sandy Koufax, Speedy Gonzales and Flipper. President Bush is also left-handed, which has raised a troublesome constitutional issue because every time he signs a bill into law the drafter has to hand through his signature and mess it up. Nobody knows whether this is legal. "This doesn't look like a signature," observed the Supreme Court. In one recent case: "This looks like somebody killed a spider on the Federal Highway Authorization Act."

Because of the way we write, most of us lefties go through life with big ink smears on the edges of our left hands. In fact, when I first saw the newspaper article about lefties dying sooner, I thought maybe the cause would be ink absorption. Or maybe it would

be related to the fact that we spent our entire academic careers sitting with our bodies twisted clockwise so we could write on those stupid right-handed-only desks. I have this daydream wherein the inventor of these desks is shipwrecked on a remote island, and some natives come out of the jungle, and he saves at them in what he thinks is a friendly manner, unaware that this is the fierce Wogoodi tribe, and if you wave at them with your LEFT hand, they treat you like a god—but if you wave with your RIGHT hand, they play The Happy Snake Game with your intestines.

Not that I am bitter. Nor am I bitter about the fact that I've never got a bad grade in class because I couldn't work scissors designed for right-handed people. On Parents' Night, when all the children's art projects were put up for display, mine was the one that looked as though the paper had been chewed up pieces by shrew.

Nor am I bitter about grumpy ladies. And if you don't understand WHY I'm not bitter about grumpy ladies, just try using one with your left hand.

But I have to admit that I AM a little bitter about this business of dying nine years early. According to the researchers, a major reason for this is that left-handers have a lot more accidents than right-handers. And really why this is: We read books backwards. I know! When left-handers pick up books, they tend to start reading from the last page. This saves us a lot of time with murder mysteries. But it's a bad habit which we're reading, say the instructions for operating a barbecue grill, and we begin with "STEP 147: IGNITE GAS."

I myself have always been accident-prone, especially when I attempt to use tools designed for right-handed people—the extreme example being chain saws, which should not even be legal to sell to left-handers. I know! I had installed a wood-burning stove in our fireplace in an effort to reduce our energy consumption by covering the entire house with a thick, insulating layer of soot. Near our house was a large tree, which I realized could supply our soot needs for the better part of the winter. So one day I strode out and, drawing on my skills as an English

major, started making strategic cuts designed to cause the tree to fall away from the house. Even though my wife told me to watch the tree fall, and of course those of you who are familiar with situation comedies have already figured out what happened: The tree, which was clearly right-handed, fell in the EXACT WRONG DIRECTION, chucking audibly all the way down and missing the living room by a mere six inches.

My wife, who thought I had PLANNED to have the tree do this, said, "That was great!" And I replied, "Wurg," or words to that effect, because my brain was busy trying to get my heart going again. Speaking of which: Some scientists think that left-handed people's brains work completely differently from right-handed people's brains. I'm entirely from the school of thought that left-handers are a different species from right-handers—let's call it silly! As if we were ALIENS or something. What nonsense! Planet-foolish this over take will we say one.

Dave Barry writes for the Miami Herald.

To do for you

Red-Cross will offer First Aid course

TWIN FALLS - The Sawtooth Chapter of the American Red Cross will offer an eight-hour course in Standard First Aid in two, four-hour sessions from 6 to 10 p.m. July 9 and 11. The American Red Cross has developed an eight-hour OSHA-recognized course that covers the essentials employees need to know about First Aid and CPR (cardiopulmonary resuscitation). The course fee is \$25 and pre-registration is required. To pre-register or for more information, call 733-6464 or stop by the Red Cross office at 718 Shoshone St. E.

CPR Instructor's Course set to start

TWIN FALLS - The Sawtooth Chapter of the American Red Cross will offer a Cardiopulmonary Resuscitation Instructor's Course in three, four-hour sessions, set for 6 to 10 a.m. July 10, 13 and 17. This is a nationally recognized course prepares and authorizes instructors to teach American Red Cross Adult CPR, Infant and Child CPR, and Community CPR courses. The CPR Instructor course fee is \$35 and pre-registration is required.

Applicants must have successfully completed the American Red Cross Instructor Candidate Training Course (ICT), the Community CPR course and possess a valid certification. The ICT course is being offered from 6 to 10 p.m. July 8. There is an additional cost of \$5 for this course and pre-registration is required.

To pre-register or for more information, call 733-6464 or stop by the Red Cross office at 718 Shoshone St. E.

To Do for You is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Reach section. Mail notices to: The Times-News, P.O. Box 348, Twin Falls, 83303, or deliver to our office at 132 Third St. W.

Buhl High School honor roll

BUHL - The second semester honor roll has been released at Buhl High School.

SENIORS

High Honors: Christine Brown, Jenna Busch, Tanya Eckert, Barbara Eggelson, Heather Hulse, Amber Nelson and Kerri Svancera.
Honors: Jennifer Claire, Amy Cole, Cary Carter, Amy Iverson, Robin Kelly, Angela Kelly, Mindy Lupton, Tracie Millington, Misty Parnell, Chad Schabert, Cyrilla Snel and Shavon Smith.

JUNIORS

High Honors: Vicki Jaynes, Charla Maxton, Chad Murphy, Steven Nofziger, Matthew Pender, Ted Woodruff and Charles Wright.
Honors: Leah Akland, Brian Amest, Karlene Buggett, Hollie Davis, Melissa Evans, Craig Franzen, Ronald Gierth, Melissa Johnson, Sara Johnson, Nicole Kroos.

Kristen Lyon, Cassie Melanson, Jennifer Prigmore, Tracie Rouse and Billie Vynard.

SOPHOMORES

High Honors: Deanne Clements, Kirk Labratt, Shaun Lucas and Jodi Wimbey.
Honors: Jeffrey Archibald, Gretchen Bartosovsky, Bryan Chivers, Aaron Clark, Jana Cole, Karen Eckert, Brian Franzen, Andrew Hansen, Scott Hansen, Wyatt Howell, Tricia Kephth, Mike Mandelkow, Steven Niedmeyer, Crystal Scherwaman, Kim Williamson and Bert Womack.

FRESHMEN

High Honors: Angelita Eckert, Seth Phillips, Jared Watson, Jon Williams and Andrew Wright.
Honors: Stefanie Colpitis, Dawna Dennis, Lucy Dry, LeAnna Helsley, Carina Howell, Helma Kliegel, John Kolmport, Jill Nofziger, Michael Orr, Rayme Owen, Heidi Richards and Michael Stigel.

Relative's hug too close for woman's comfort

DEAR ABBY: I have a male relative who puts his arms around me, holds me close, and hugs me every time he sees me.

I have noticed that I don't like it, but on no account. When I casually mentioned this to his wife, she smiled and said, "People who experience physical contact tend to have fewer emotional problems."

Abby, this may be true, but as far as I'm concerned, every time he does this to me, I feel manipulated, and I dislike it intensely. If I were to take harsh measures, my other relatives would say I'm being foolish. He is just being friendly. Please tell me how to handle this situation. I am not a child.

YOUNG FEMALE ADULT

DEAR YOUNG FEMALE ADULT: Quit hitting, and when this male relative approaches you, give him the straight-arm and this short speech: "From now on, no more huggings, please. I don't mean to be unfriendly, but I really am into hugging."



Dear Abby
Abigail VanBuren

And if his wife again interjects her opinion with regard to physical contact and emotional problems, you smile and tell her that you don't need that much physical contact - and you'll take your chances with "emotional problems," should any occur.

DEAR ABBY: I don't lie, steal, swear, gamble or cheat on my husband. I don't do drugs, cheat on my taxes, abuse my children or run stop signs. I don't chew my fingernails, drink to excess, overeat, gossip or spit on the sidewalk. But I am addicted to cigarettes and am consequently addicted to verbal and emotional abuse by non-smokers.

I know what it is like to be treated like a second class citizen. I am told where I may and may not sit. I have

children told that I stink, I'm weak, and I ought to be ashamed of myself. So what do I do? Go out in the alley and light a cigarette to comfort myself and calm my nerves. Am I such a bad person?

GUILTY IN ANTIGO, WIS.

DEAR GUILTY: No, you are not a "bad" person. You are just one of millions of smokers who are addicted to cigarettes and are not yet ready to do whatever it takes to free yourself of this addiction. When you're ready, call the National Cancer Institute's Cancer Information Service. Its toll-free number is (800) 4-CANCER.

DEAR ABBY: I recently had a friend visiting me. She brought her children along. I noticed that her children were playing at my desk

where I keep my jewelry in a drawer. After they left, I discovered that one of my rings was missing. Should I tell my friend?

ANXIOUS

DEAR ANXIOUS: Yes. But before telling her, search everywhere to be certain that it is nowhere to be found - not just misplaced.

What teenagers need to know about sex, drugs, AIDS, and getting along with their peers and parents is now in Abby's updated, expanded booklet, "What Every Teen Should Know." To order, send a long, business-size, self-addressed envelope, plus check or money order for \$3.95 (\$4.50 in Canada) to: Dear Abby, Teen Booklet, P.O. Box 447, Mount Morris, Ill. 61054. (Postage is included.)

Glenns Ferry Junior/Senior High School honor roll

GLENN'S FERRY - The second semester honor roll has been released by Glenns Ferry Junior/Senior High School.

SENIORS

4.0: Chad Grigg, Ryan Labrum, Mindi Smith and Renee Southwick.
3.5-4.0: Joe Bailey, Jamean Davis, Sy Farris, Jana Garrett, Charlie Heath, Chris Willard and Keul Wills.

JUNIORS

4.0: Shawn Phelps.
3.5-4.0: Angie Cerda, Dusty Gumb, Lloyd Knight, Tasha Morn, Bryan Stevenson, Sherie Warner, Justin Wootan and Teresa Schuck.

SOPHOMORES

4.0: Gary Andrews, Jeff Blanksma, Carla Critchfield, Tyler Mills, Kristin Smith and Beth Scott.
3.5-4.0: Chastity Allen, Rebecca Crump, Marc Crocker, Jake Ferris, Erday Gumb, Stacy Phelps, Kari Trail and Norma Gomez.

FRESHMEN

4.0: Katie Gray and Scott Hoggland.
3.5-4.0: Donna Adams, Mike Bryant, Roman Espinosa, Blake Paris, Wendi Grigg, Marcela Hurtado, Eddie Rainford, David Beaumont, Susanna Williams and Jess Ferling.

EIGHTH GRADE

4.0: Melissa Gibson, Jeff Knight and Emily Warner.
3.5-4.0: Benny Cortes, Dietrich Johnson, Salvador Juarez, Cindy Labrum, Jessica Lewis, Shay Smith, Kristy Stump, Christopher Tanager, Nakeia Tucker and Melinda Wootan.

SEVENTH GRADE

4.0: Lindsey Bruesch, Ross Farris, Ryan Fontana, Ryan Galt, and Christopher Wieher.
3.5-4.0: Kandra Baxter, Danhella Espinosa, Joseph Hitesman, Annie Hootley, Sara Johnson, Angel Parish, Nolan Perry, and Jeremiah Temple.

Summer camp aims to assist grieving children

POCATELLO - A summer camp for children who have lost a family member or friend to death is now accepting registrations.

Camp Sunrise is sponsored by Bannock Regional Medical Center and Geriatric Center. The camp's activities include hiking, games and other activities designed to provide a balance between grieving and traditional camping experiences.

The camp will be held Aug. 5-8 at Camp Alpine, a 3-H location on the east end of Palisades Reservoir. The camp is free, as is transportation to and from the camp, but registration is limited.

For more information, call Marie Pavey at Bannock Regional Medical Center and Geriatric Center in Pocatello, 232-6151, ext. 1152.

Just married?

The Times-News Welcomes your wedding announcement. Please call 733-0311, ext. 278, or visit our office at 132 Third St. W. for a wedding form.

2 GREAT OFFERS!

AMERICA'S MOST BEAUTIFUL SALE!

THE BIG 4TH OF JULY WINDOW COVERING REBATE!

For A Limited Time, Get A \$20 Rebate Back On The Purchase Of Each Two Pleated Shades, Metal Blinds, Wood Blinds and/or Each Vertical Blind.

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OFFER GOOD THRU JULY 8, 1991

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Magic Valley Regional Medical Center

Free Breast Screening Educational Program. By appointment only. Call 737-2900. The MVRMC mammography facility is accredited by the American College of Radiology.

Learn how to perform your own breast examination. You may schedule a mammogram (\$76) following your appointment.

Big Kids Klub • Saturday, July 6, 10-11 a.m., 2nd floor conference room.

Single class to help prepare brothers and sisters for the new baby. Cost: \$5 per child or \$8 per family. Call 737-2900 to register.

Senior Meal Celebrating Independence Day • Sunday, July 7, 11 a.m. - 1 p.m. and 4:30 - 6 p.m., MVRMC Cafeteria.

Featuring barbecue ribs or fried chicken, small salad bar, vegetable, dinner roll, beverage and ice cream sundae bar. \$3.95.

Free "Safe Kids" Class • Monday, July 8, 7:30 p.m., MVRMC Cafeteria.

Injury prevention and first aid. Families welcome. No charge. Facilitator: Dr. Paul Miles. For further information and to pre-register, call Blossom Matthews at 737-2430.

Prepared Childbirth Course • Thursdays, beginning July 11, 7-9:30 p.m., 2nd floor conference room.

Lamaze-based series of 6 classes. This session for those due in late August. Fee: \$30. Call 737-2900 to register.

Looking

Continued from B1
and light sport jackets. Simple women wear belts to finish off the look.

The keys to this nontraditional fashion statement are comfort, cotton and updated classics.

Classic regimental striped ties are mixing with the denim and chambray set. But the key doesn't have to be subtle and the more sporty ties in cotton, linen, rayon, wool and multi-color knits are finding a place on the rack.

Among the designers and worldwide manufacturers updating classic shirts to reflect a relaxed mood are Perry Ellis, Ralph Lauren, Tommy Hilfinger and Katharine Hamnett. In Blaine, Idaho, Tango by Max Raab, J. Crew, Lands End, Banana Republic and The Gap.

And the summer shirt colors are as soft and cool as 100 percent cotton chambray, raspberry, aqua, teal, grape and sage. Apart from the solids, many designers are rethinking minichests and roundabouts in grape and white or navy and white. For a more understated look, some offer the classic stripe - even gingham.

Beat the summer heat: Dress light, white, cool

White. The color of summer. Think white-sand beaches and white-hot heat.

Larsen

Continued from B1
valued with their newborn infants as their wives. They hold and rock their babies more, and they smile, vocalize, touch, look at, explore and imitate their infants as much as new mothers.

In bottle-feeding babies, fathers are just as sensitive to cues that their infants provided - mouth movements, vocalizations, coughs, spit-ups, and sneezes - which they respond to by adjusting their feeding activities.

Fathers are also equally tuned into an infant's signals of pleasure and distress.

Fathers even adjust their speech to infants in the same way mothers do, speaking in shorter sentences and with more repetitions when talking to their babies than to each other.

Fathers are also able to develop an attachment relationship with their infants that, after a few months, are as strong as those of their wives, even though they spend far less time with their babies. The more involved the father is with his infant, the stronger becomes the attachment.

The bottom line says an expert is that men can be as competent as women to care for an infant and child - whether they are depends upon whether they want to be.

Being a "successful dad" of course requires listening, following through. In an article, "What It Takes to Be a Good Father," Stanley C. Englehardt offers strategies to help men in getting beyond the infancy stage with their children.

Be early and work regularly at being present. That means setting aside time for daily positive, happy contact, since intimacy and bonding in young children requires constant, repetitive renewal.

Practice the art of "being there" as well as good. Take time to show up, say, when a child's behavioral or physical problem is being discussed. Your presence will indicate to your child that you care.

"Kids are very sensitive," says Englehardt, "and being there for the problems is just as important to good fathering as showing up for the happier times."

Play with your children - The more you play with your child as an infant, the easier you'll find it as the child develops the relationship as the child

Better yet, think white linen, white cotton, white silk.

In the world of fashion, white doesn't have to be white. It can be ivory, eggshell or cream; Vanilla, blond or snow. Cloud; ice or fog.

Best of all it can be cool. Light colors, light fabrics. The better to deflect the sun's rays with, my dear. (And for those who tap, no color shows off sun-kissed skin better.)

Even better, they all go together. Mixing shades of white with others barely there desert neutrals gives textural interest to a monochromatic ensemble. A touch of silver (shoes of furex thread or silver sandals, for instance) adds elegance without disrupting the palette.

One caution: Because white is the simplest of all shades, clothing flaws are more difficult to hide. Poorly made clothes look especially cheap in white. An awkward fit is immediately apparent. Choose white garments with care and with utmost attention to detail.

Because white is by definition neutral, it's easy to go as elaborate as one wishes with fabric details and accessories. But the most modern approach keeps it all in the color family. Cotton eyelet, ribbed knits, pearl embroidery and fringe; frothy crystal jewelry or oversized pearls.

Polio

Continued from B1
director of the Post-Polio Program at National Rehabilitation Hospital in Washington, D.C.

Heard a 56-year-old polio survivor as a college student in 1954 and followed the advice to exercise vigorously.

"Personally, I would not have pushed myself as much," he said. "I might have taken escalators or elevators instead of climbing stairs. But who knows? You can fagellate yourself endlessly. There may be more to it than an overuse phenomenon."

Post-polio survivors are discouraged at losing the gains they made.

You worked so hard as a kid to not show a limp or any weakness and here it was again, said Margo Gathright-Dietrich, 43. There's a lot of emotional pain along with that.

Gathright-Dietrich was 2 when she contracted poliomyelitis. It put her in a long hospital stay but she jogged and danced and exercised her way back to health.

She largely forgot about the disease until her condition began to deteriorate a few years ago. She changed jobs from medical surgical nursing to psychiatric nursing, which was less wear and tear on her muscles. Within a year, she went from crutches to a wheelchair.

"I convinced myself as long as I could, draw up emergency medications or use the phone or unlock the doors to get the other patients to safety. I was OK," she said. "But when I couldn't count on my hands to do those things, I didn't feel I had any business being there."

Affraid of what was happening to their bodies, victims have turned to support networks. Halstead said more than 300 have sprung up in the past decade.

Clearly, being a good father is not an easy job, but the benefits long-lasting in children can be impressive. Imagine the good feelings of Englehardt the night he got a telephone call from his son, who asked, "Got a few minutes, Dad? I've got a problem and I want to bounce it off a good friend before making a decision. Now here's what it is..."

JoAnn Larsen is a Salt Lake City family and marital counselor. Her column appears every Monday in The Times-News.

Dowdy magnifying glasses get a make-over

By T.J. Howard
Chicago Tribune

CHICAGO - Reading glasses are showing up in some of department stores, most precious retail areas - women's main floor accessory counters.

This metamorphosis from drugstore to fashion accessory has come about as eyewear and accessory manufacturers churn out reading glasses that are nothing to hide behind. Today's readers (as they're dubbed by the eye-wear industry) feature oversized rectangles, squares and retro cat's-eye styles. The half-moon is still around but now appears in colors like fuchsia and royal blue.

What sparked the make-over in magnifiers? Baby Boomers who are determined to grow old fashionably if not gracefully. "People my age are suddenly having difficulty reading," says 41-year-old Clifford Browner, vice president of marketing at Riviera, the New York-based accessory firm that produces eyewear under the Riviera and Anne Klein II labels.

Eye care professionals refer to this phenomenon as "presbyopia" - a form of farsightedness caused by reduced

'When I think of readers, I remember my mother whipping her glasses out of her handbag to read something and then removing them quickly. Today, People are leaving readers on longer because they look good.'

— Julie Hartman, women's accessories manager at Bloomingdale's in Chicago

flexibility of the eye's lens, making it more difficult to focus on close objects. "When you walk into a restaurant and the menu turns dusky, you know you need them (readers)," says Ann Stock, the 45-year-old vice president of public relations at Bloomingdale's, New York.

Riviera has been marketing reading glasses for 10 years, but sales have shot up dramatically in the past two years, says Browner, citing spring sales up 80 percent over last year. Co. Inc. in Optics, a 17-year-old eyewear company, introduced readers two years ago when the firm's president, Sanford Hutton, found he needed magnifying glasses to read. Known for its fashion frames, Hutton de-

signed glasses for Diane Keaton in the movie "Annie Hall." Colors in Optics offers some of the most unusual readers around: startling purple-and-green combinations, ambers with flecks of color and fruitcolor mosaics.

"When I think of readers, I remember my mother whipping her glasses out of her handbag to read something and then removing them quickly. Today, people are leaving readers on longer because they look good," says

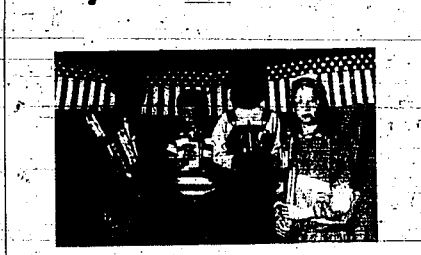
Julie Hartman, the women's accessories manager at Bloomingdale's here.

Readers range from about \$17 to \$75, with most averaging \$30. "Readers are wonderful," says Stock. "I was losing (prescription) glasses that cost \$250 at a rate of about once a month."

Yet readers are not meant to replace a visit to the eye doctor. "They are strictly an aid and not for people who need glasses all the time," cautions Browner.

Dr. Richard Uppelstein, president of the Illinois Association of Ophthalmology, doesn't disapprove of readers, commenting that they are the answer for everyone. "If your eyes are not symmetrical, one may be more farsighted than the other. Generic readers might cause eye strain. Also, if the distance between your pupils does not coordinate with the optical centers, they could cause problems."

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CHIROPRACTIC: IS IT QUACKERY? LET'S SET THE RECORD STRAIGHT

Throughout its history, there has been much misinformation about Chiropractic. The purpose of this article is to state the facts about the profession of Chiropractic.

Chiropractic is the largest non-medical healing art in the world to range from two Greek words, chiro (hand) and praktos (to do), meaning done by hand, without the use of drugs or surgery.

Doctors of Chiropractic are considered primary health care providers by the United States Department of Health and Human Services.

Chiropractic is practiced internationally and has membership of more than 50,000 Doctors of Chiropractic in the world today.

Specific legislation licensing the practice of Chiropractic exists in all of the U.S., the Canadian provinces, the Australian states, New Zealand, South Africa, and Switzerland.

Most private health insurance companies provide coverage for Chiropractic services.

Workers are entitled to seek Chiropractic care under worker's compensation board legislation in the United States, Canada, Australia, and New Zealand.

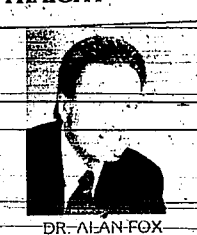
millions of people who are sick, suffering and dying who are being hit by pain killers and other drugs, perhaps facing surgery, who are tired, fatigued, and ill, and yet have never considered trying chiropractic care. In many instances, help is literally around the corner.

Why won't they go? What's stopping them from at least giving the chiropractor a chance when other doctors have not been to help? What's holding them back? Two things: ignorance of a new concept and fear of the unknown.

SO WHO SHOULD GO TO A CHIROPRACTOR? It could depend on who you talk to. Ask a person who was relieved of migraines. He will say that just that anyone with migraines should go. Ask a child who no longer wets his bed, and he'll say that anyone who suffers from menstrual cramps, and she will tell you anyone with menstrual problems should go. Ask a person saved from back or disc surgery, and you will hear that chiropractic is for people with spinal, back, or neck problems. In fact, under chiropractic care, you will find stories of people recovering from nearly every known disease and condition, from heart trouble to hyperactivity, from fatigue to allergies, from digestive problems to colds and flu.

And yet surprisingly, Doctors of Chiropractic do not treat migraines or bedwetting, menstrual cramps, or backaches, the flu or high fevers, or any other disease. The goal of the Doctor of Chiropractic is to turn on your inner doctor, your own natural healing ability. By correcting spinal nerve stress for vertebral subluxations, one of the deadliest, most destructive biologicals of life and energy that we can suffer from, we can promote natural healing, vitality, strength, and health.

If you would step into the waiting room of a Doctor of Chiropractic, you would probably see people with many kinds of health problems. Even though some of them may not know it, they are there for one thing only - to have their spinal nerve stress corrected, not to have their diseases treated. So, are patients wrong when they say



DR. ALAN FOX

"Chiropractic is for headaches" or other problems? Well, yes, it's a common mistake. Most people first go to a chiropractor because of a specific health problem. They may have heard from a friend or relative that chiropractic is good for such and such a condition. They don't usually enter the chiropractor's office asking to have their spleen checked for vertebral subluxations. They want the chiropractor to heal them of their ailments.

After the chiropractor has educated people to the dangers of spinal nerve stress, parents bring in children for necessary chiropractic spinal check-ups. They learn that the need for a healthy spine is similar to the need for good nutrition. It is vital for health and necessary to keep your body strong and your immune system less stressed.

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Study concludes putting on, taking off weight can be deadly

BOSTON (AP) — Yo-yo dieters who go through life taking off weight and putting it back on again appear to significantly increase their risk of dying from heart disease, a study concludes.

Being overweight clearly raises the chance of heart trouble, but the new research suggests that failure to keep off the flab might be just as bad.

"People should take dieting seriously," said Dr. Kelly D. Brownell. "They should try to ensure that chances of success are high before they begin."

Yo-yo Diets	
The increased risk of heart disease and death in people with highly variable weights compared to those with stable weights:	
MEN	
Total mortality	+65%
Heart disease	+78%
Heart disease deaths	+93%
WOMEN	
Total mortality	+47%
Heart disease	+78%
Heart disease deaths	+56%

The potential dangers of up-and-down weight have become a subject of concern over the past few years. Now, however, doctors have warned against the habit largely because of the risk that dieters will put back on more pounds than they take off.

"Brownell's study raises the possibility that they might also heighten their risk of heart disease, the nation's No. 1 killer. Ironically, people are often urged to take off weight as a way to prevent heart disease.

"It's hard to underestimate the importance of this paper," commented Dr. David Williamson of the U.S. Centers for Disease Control. "It raises an important public health issue. An association between increased mortality and weight loss and gain is very serious."

While the latest study provides circumstantial evidence that yo-yo dieting is harmful, it steps the door to several important questions, such as how much — and how frequent — weight fluctuation is bad.

In an editorial in the journal, Dr. Claude Bouchard of Laval University in Ste. Foy, Quebec, said the study's conclusion "is likely to be controversial and to nurture the debate that began a few years ago."

The study considered people to have fluctuating weight if they had one or two big weight losses and

then put it all back on again or if they stayed relatively slim but had some smaller ups and downs. It did not determine whether a few large fluctuations are better or worse than lots of smaller ones.

Among its conclusions:

- The danger of yo-yo dieting to the heart appears to be about the same as staying fat.
- Men with fluctuating weights have nearly twice as high a risk of dying from heart disease as do those with stable weights. Among women, the risk is about 50 percent greater.
- The fluctuating weights among people studied probably resulted largely from dieting, not sickness.

"This does not give people the license to abandon weight control efforts," said Dr. Johanna Dwyer, director of the nutrition clinic at New England Medical Center. "But it does suggest we need to focus on long-term weight management. We know how to take weight off. What we are not so good at is weight maintenance."

The study was based on 32 years of follow-up on 127 men and women who participated in the long-running Framingham Heart Study in suburban Boston.

The researchers noted that at any time, about half of all U.S. women and a quarter of all men are on diets. Many of these people, especially the

women, are already lean and do not need to lose weight for health reasons.


"These results do not condemn dieting," Brownell said. "But they raise the possibility that repeated dieting may have negative effects. The implication is that if you need to lose weight, be successful when you diet. The unnecessary dieting that occurs in people near their ideal weight may be undesirable."

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The study found that the risk of dying from heart disease is about 70 percent higher in those with fluctuating weight than in those whose weight stays reasonably steady.

Brownell, a psychologist at Yale University, was senior author of the study, published in the New England Journal of Medicine.

Dr. George Blackburn, a diet expert at the New England Deaconess Hospital, said he will ask the National Institutes of Health to reconsider recommendations that everyone achieve ideal body weights, even when they are obese.

"The Brownell data are enough for us to say 'Let's not do any radical dieting until we sort this out, because we might be worse off than if we did nothing at all,'" he said.

Blackburn said people should be especially careful about trying to lose more than 25 pounds or 10 percent of their body weight.

"Don't panic if you've lost 25 pounds and put it back on," he said. "But if you've done it twice, you shouldn't do any more in this area without professional help."

Cornell researchers say women in college athletics prone to develop eating disorders

SYRACUSE, N.Y. (AP) — A sample survey suggests that as many as three-fourths of the women in college athletics could develop bulimic or anorexic-type eating disorders, according to Cornell University study.

The study stressed, however, that although 75 percent of those surveyed displayed those abnormal eating habits, a much smaller fraction developed long-term problems.

"As many as 20 percent of these athletes will actually develop self-induced eating disorders," Wanda Koszewski, director of the dietetics program in Cornell's Division of Nutritional Sciences, said in a telephone interview.

'They're so obsessed with weight and fat. They're not looking at food as fuel. Food is the enemy.'

— Evelyn Tribole, American Dietetic Association spokeswoman

The NCAA surveyed its 430 members and got responses from 60 percent. Forty percent of those answering reported experiencing at least one incident of anorexia or bulimia in their athletic programs during the last two years, Dick said.

The study, which surveyed 69 miles and 69 females at a California college, also indicated that 1 in 5 women who take part in college athletics have eating problems that may put their health at risk, Koszewski said.

The Cornell study adds further evidence to the already alarming statistics about young people's nutritional habits, according to other researchers and nutritionists.

About 3 million women under 40 are thought to be affected by some symptoms of anorexia, self-starvation — or bulimia, according to the American Dietetic Association. The problem is more alarming among college-aged women and even more apparent among athletes.

Anorexia is an eating disorder found chiefly in young women and characterized by aversion to food and obsession with weight loss. It is manifested in self-induced starvation and excessive exercise. Bulimia is characterized by eating large quantities of food followed by purging through self-induced vomiting.

Eating disorders were reported in 15 of the 17 women's sports governed by the NCAA and in 11 of the NCAA's 20 men's sports, he said. Gymnastics was the sport with the highest incidence with half of the schools reporting eating disorders.

"It's not just a problem localized to a few sports; it's widespread," Dick said.

The NCAA was not attempting to determine the number of individual athletes suffering eating disorders, but rather was attempting to gauge the extent of the problem, he said.

"We were asking administrators to make medical diagnoses. But even the perception justifies the need to be more informed. We're probably even underestimating the problem," Dick said.

The ADA has sent out informational videotapes to help schools recognize and handle eating disorder problems, he said.

Koszewski, who has submitted her findings to the ADA for publication, said although athletes are more attentive to nutrition information and seemingly better informed, they fail to interpret and incorporate their knowledge properly into their eating behaviors.

"Athletes will do anything to give themselves the winning edge, they didn't really understand the relationship between their diet and their performance," she said.

Among Koszewski's other findings:

- In an effort to reduce body fat, the already underweight female athletes were ingesting about 30 percent fewer calories than recommended. In many cases, the female athletes still felt they were overeating.
- Most athletes took vitamin, mineral or protein supplements unnecessarily, and felt the supplements were needed for them to be successful.
- Male athletes erroneously believed that high protein intake would boost their muscle mass. Many were ingesting two to three times the recommended dietary allowances for protein, thereby stressing their kidneys and liver but doing nothing for their muscles.

Koszewski found that nutritional recommendations to students were not effective in improving their eating habits.

"Any effective intervention would have to be continuous and reinforced regularly," she said.

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Lead in bread-bag labels may leach onto food

The Washington Post

Re-using plastic bread bags to wrap other food may cause unwanted lead to leach onto it, according to a new study by researchers at the Environmental and Occupational Health Sciences Institute in Piscataway, N.J.

The study detected lead in labels painted on the outside of 17 of 18 types of bread, including white, whole wheat, rye, pita, as well as bagels. The study was published in the June issue of the American Journal of Public Health.

The bread was purchased from three national chain supermarkets located in three New Jersey towns about 80 miles apart. Fourteen brands were tested.

Previous studies by the Food and Drug Administration have shown that lead-based paints are safe to use on the outside of bread packages. But findings from this study suggest that the paint might pose a risk to those who turn the bags inside out and re-use them to wrap other food.

A survey of 106 families found that 16 percent reported using the bags in this way for food storage.

"People want to get rid of crumbs and moisture (left inside), so they turn the bag inside out," said Clifford Weisel, co-author of the study.

Based on the amount of lead found in the labels, foods containing

weak acids, such as vinegar could "readily leach 10 micrograms of lead from a painted plastic bag in 10 minutes," the authors reported.

The amount is "not enough" to cause people to rush to the hospital, Weisel said. But lead is a neurotoxin that can cause harm at low levels, particularly to children.

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Odds are low, but hide in buildings to avoid lightning anyway

By Larry Thompson
The Washington Post

When it comes to lightning, you can't run, but you can hide.
That flash of airborne electricity moves at 60,000 miles a second, so if a bolt of lightning is heading in your direction, you are never going to outdistance it. The only option, says the experts, is to hide — preferably inside a building.

"Overall, the odds of being struck by lightning in any one year are pretty low; about one in 2 million, according to a risk study conducted by the Nuclear Regulatory Commission. Yet lightning strikes between 1,000 and 1,500 Americans annually; 100 to 300 die, according to the National Weather Service.

Recently, one man was killed and five others injured when lightning struck a tree under which they were gathered at the U.S. Open golf tournament in Minnesota. Flat surfaces, such as the beach, are particularly dangerous. Last summer, an anti-

slippery man was struck and killed in Virginia Beach when a Colorado man died after being struck in Dewey Beach, Del.

The basic lesson of lightning safety is straightforward: don't be a target. As soon as you hear thunder, come down off the mountain, get out of the water, head the boat for harbor, leave the playing field, and get off the golf course.

And the sooner, the better. Sometimes lightning strikes without warning. The most dangerous type comes out of the top of the cloud, said Andrew Stern of the National Weather Service. It can strike miles ahead of the advancing storm front and occurs most often in summer at the beach where the cool ocean air collides with the air heated over land.

If you are caught outside in a lightning storm and cannot get to shelter, it is important not to be the tallest thing around — or next to the tallest thing around. Lightning is just a high-voltage electric spark a few miles long looking for some place to ground. Trees and other antennae — like umbrellas,

golf clubs and even fence posts — are targets because they are higher than the ground.

The electric charge comes from the distribution of water and ice crystals in very tall clouds. The charges become distributed vertically — the negative charge at the bottom and positive charge at the top. Normally, the earth itself is negatively charged, but the negative charge at the bottom of the cloud induces the earth's surface to become positively charged.

Sometimes people near where the bolt is about to hit will sense the change in electrical charge along the ground. Their skin will tingle and their hair will float up as though attracted by static electricity.

If you feel such an electrical tingling, put your feet together and crouch down to make yourself as small a target as possible, minimizing your contact with the ground.

Sometimes people in a boat don't have time to get back to shore. Meteorologists recommend getting as low in the boat as possible, staying far away from the mast and

not touching the metal shroud lines that support the mast.

Picnickers in areas where there is no shelter nearby should get into a car or crouch down in some low-lying area, such as a ravine, health officials advise. A car affords some protection, as long as you are not touching any metal surfaces. If lightning strikes, the current travels through the car's metal exterior to the ground.

In some instances, lightning has hit people indoors. The current can travel along an antenna or television cable, jolting people standing close to a TV. It also can hit telephone lines, causing a deafening sound for someone on the phone, but not actually strike the caller.

When the lightning bolt lets go, a stream of ions searches out a channel through the air toward ground. At the same time, the electrical charge on the ground will actually reach up to the descending bolt. The temperature of the bolt instantly reaches 50,000 degrees Fahrenheit. The power in a lightning bolt averages 100 million volts.

If the bolt hits a person directly, it is usually fatal. More often, it is a glancing blow, sometimes called a lightning splash, that first hits a tree, for example, and then strikes a person. The electricity can jump off the tree and flow into the person, or it can travel through the ground and up into a body. Because much of the jolt is absorbed by the tree, there is a greater chance of survival.

A lightning splash can cause major injuries. The electrical force immediately knocks out the body's muscles, stopping the heart and the muscles that inflate the lungs. Often the heart will start beating by itself, but the lungs will remain paralyzed and the person suffocates.

If cardiopulmonary resuscitation is immediately started, the person has a good chance of surviving, said Andrew M. Munster, director of the Baltimore Regional Burn Center and a lightning expert. "Anybody who has even the remotest knowledge of CPR ought to not be afraid to treat a patient who is the victim of lightning until help arrives."

Anniversary?

The Times-News welcomes announcements on anniversary celebrations from 25 years or more. Anniversary open houses for 25 years will run as a paragraph in the Valley happenings column without a photo. Anniversary celebrations from 50 years on will photograph, black and white preferred.

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by Drs. Sirucek & Corbin

Chiropractic... and Exercise

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While there are numerous "canned" exercise and fitness programs of one kind or another always being marketed via fitness centers, books and videotapes, these generalized programs usually fail to consider that the intended customer may have some physical impairment, disability or health problem. They presume that the customer is fit enough to undergo the program.

Because generalized fitness programs can be harmful, even dangerous, for persons with a history of neck, back, hip, arm or shoulder problems, it is vital that evaluation of the individual's needs and limitations be made — preferably by a chiropractor — before starting any exercise or fitness program.

Chiropractors are extensively educated and trained in exercise physiology and a substantial portion of chiropractic practice involves treatment and rehabilitation for sports injuries; industrial injuries, auto accidents and other neuro-musculoskeletal conditions. Combining chiropractic treatments and specific exercises is often the best method to get rid of back and neck problems and reduce the likelihood of recurrence.

Chiropractic treatments (called adjustments) realign the vertebrae to their proper position, thus freeing pinched or irritated nerves resulting from vertebral misalignments.

Specific exercises strengthen weak muscles, thus allowing the spine to attain and maintain its proper balance, flexibility, extensibility and stability. In turn, this makes for longer-lasting effectiveness of the chiropractic treatments. Until weak muscles are strengthened, the back tends to be unstable and subject to muscle spasms, vertebral subluxations, disc degeneration, pinched nerves, pain and other problems.

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In-line skates: Some venture onto thin ice

By Ira Dryfall
The Associated Press

WASHINGTON — In-line skating has taken on a new look as some doctors wonder if the throngs of novices know how to safely handle this speedy form of roller skating.

An in-line skate's four wheels line up in a row, instead of in the traditional roller skate's front-and-back pairs. Participants say in-line skates are more like ice skates — faster and more maneuverable than traditional skates.

The relatively new sport is growing rapidly, according to sports demographers, who've only recently started to track it.

In 1990, participation grew 40 percent, to 4.3 million, said Harvey Lauer, president of American Sports Data in Haverdale, N.Y. Traditional roller skating had a larger total — close to 25 million — but its growth was a mere 3 percent, Lauer said.

"It became a phenomenon in 1989," said Larry Weindrich, a spokesman for the National Sporting Goods Association in Mount Prospect, Ill. That's largely due to aggressive marketing by Rollerblade Inc. of Minnetonka, Minn., he said. Doctors have few quibbles about the equipment itself, and research supported by Rollerblade has shown an aerobic benefit. Aerobic endurance showed an average increase of 6 percent in a study of 17 males ages 18-35 at St. Cloud State University in St. Cloud, Minn.

In-line skating works the leg muscles, but not as much as the knee as running, researcher Patrick B. Karns said.

But some doctors doubt many current users have learned how to do it properly. Although they're not doing as much as they used to, several report more cases. And they fear in-line skating could be putting skaters in lines at clinics instead.

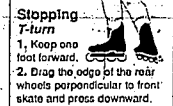
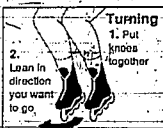
One is Dr. Jacob D. Rozbruch, chief of orthopedics at Beth Israel Hospital North in New York City.

"People are just not having enough training, so they're just not appreciative of the risks," Rozbruch said. "It's an instant

Off the Ice and on the Road

The appeal of in-line skating is gliding swiftly across the country. This form of roller skating offers for greater speed and maneuverability than the traditional way. The four wheels on an in-line skate line up in a single row, instead of in pairs of two as on ordinary roller skates.

THE BASIC MOVES



Source: Rollerblade, Inc. AP/Wide World

same mechanism as the younger person," Rozbruch said. "It takes more energy."

Stopping involves dragging the front tip of one of the skates behind you," said Dr. Pietro M. Tonino, chief of the sports medicine center in the Department of Orthopedic Surgery at Chicago's Loyola University. "It's almost a figure skating-type stop, as opposed to a hockey stop where you shift the blades sideways."

Tonino also has seen an increase in injuries, usually "when people skate out of control," he said. "The injuries generally result from falls, Rozbruch and Tonino agreed. "An old lady that falls has exactly

the same mechanism as the younger person," Rozbruch said. "It takes more energy."

Skating, of course, gives the energy. The results can include fractures of the wrist and elbow, Rozbruch said.

"Our reflexes are not stick arm out," said Tonino. This reaction is to prevent more serious injuries, such as to the head, he said. "It's a survival-type reflex," he said.

Rollerblade and other in-line skate-makers have joined with the National Safety Council to create the SKATESMART program, said Joe Janasz, director of the Rollerblade In-line Skate Association, which the

company created to promote the sport.

The company recommends helmets, wrist guards, and knee and elbow pads. SKATESMART is promoting 10 rules of the road, including controlling speed, learning control and obeying traffic regulations.

In-line skaters may well consider themselves wheeled vehicles. At a recreational pace, they are rolling at 10 mph, like a cyclist, Janasz said.

"Where in-line skating works best is areas like Minneapolis, for instance, that has a trail for cyclists and in-line skaters because both are wheeled vehicles," he said. "Where we find the most trouble is trails for in-line skaters and walkers."

Diuretic reduces strokes, heart attacks for some with high blood pressure

By Susan FitzGerald
Knight-Ridder News Service

For more than 3 million Americans with a type of high blood pressure that comes with age, taking a simple, inexpensive diuretic can significantly cut the risk of stroke and heart attack, a new study has found.

Researchers say 8,000 hospitalizations to hospitals and nursing homes could be avoided each year if older people with isolated systolic hypertension got effective drug treatment.

Until now, people with this type of high blood pressure often went untreated, even though they were known to be at greater risk for cardiovascular disease and sudden death. Many doctors worried that without any studies to prove its benefit, drug treatment of older patients more than good.

The long-awaited study, published last week in the journal of the American Medical Association, offers a convincing argument that isolated systolic hypertension should not go untreated.

In a five-year study of 4,800 men and women aged 60 and older, the incidence of stroke was cut by 36 percent and the number of heart attacks and deaths from coronary heart disease was reduced by 27 percent among those given drug treatment — diuretics and sometimes another drug for high blood pressure.

"It's a simple message. The condition should be treated," said John Kostis, chairman of medicine at the Robert Wood Johnson Medical School of the University of Medicine and Dentistry of New Jersey, one of 16 medical centers in the study.

Project director Jeffrey Probst said the findings mean that about 50,000 major cardiovascular events — including 24,000 strokes and 10,000 heart attacks — could be prevented each year if older Americans with isolated systolic hypertension were appropriately treated.

People with isolated systolic hypertension have blood pressure readings in which the upper number (systolic pressure) is high, 160 or above, while the lower number (diastolic pressure) is normal, or below 90.

Two directors with the National Institutes of Health in Bethesda, Md., spoke at a news conference to underscore the importance of the new findings.

Claude Lenfant, director of the National Heart, Lung and Blood Institute, said the study had "significant public health implications for our increasing population of older men and women."

Franklin Williams, director of the National Institute on Aging, said, "We clinicians and health care providers must offer this treatment to our older patients as quickly as possible — not only for its benefits to the individual, but also for its cost containment."

He estimated that as much as \$500 million could be saved each year if everyone with systolic hypertension were treated. Future savings could be even greater as the number of aging Americans with the condition climbs to eight million by the year 2025.

When a person gets older, arteries tend to become stiffer, causing systolic pressure — the pressure of blood surging into the arteries — to go up. This can happen even though the diastolic pressure, which measures the pressure in the arteries as the heart relaxes between beats, remains normal.

Previously, studies had documented the benefits of treating patients with elevated diastolic blood pressure.

The participants, who all had a systolic pressure of at least 160 and a diastolic reading below 90, were divided into two groups. One received a low dose of the diuretic chlorothalidone, which helps remove excess water from the body (in some cases, members of this group also got a beta-blocker drug called atenolol).

The other group was given a placebo, or sugar pill. The researchers found that by treating the elevated systolic pressure, they were able to prevent 30 strokes for every 1,000 participants over a five-year period. Likewise, they were able to prevent 16 heart attacks per 1,000 participants.

People in the group getting drug treatment were also less likely to have other cardiac problems such as heart failure and heart-bypass surgery. The drugs caused few side effects.

Millions of Americans itching for relief from dandruff

By Sheila Anne Feecey
New York Daily News

Take it from the top: Millions of Americans are itching for relief from dandruff.

Dandruff afflicts not only the scalp, but can pop up on the eyebrows, sides of the nose, underarms, groin, chest and in the beard, says Dr. Samuel Jacobs, clinical assistant professor of dermatology at Cornell Medical College.

Technically known as seborrheic dermatitis, dandruff can trouble anyone from infants to the elderly, and is often mistakenly identified as psoriasis, which plagues 3 million Americans. Sometimes, elements of both conditions combine in a hybrid known as sebo-psoriasis.

While medical studies have shown a predilection to dandruff usually runs in families. Combine a genetic tendency with stress and some dermatologists contend, a diet of spicy foods, and the condition can become a major headache.

Shampoo daily. A zinc slampoop (Head and Shoulders, for instance) is a good place to start, says Jacobs. Stubborn cases demand a tar-based slampoop, but not too often. Some tar shampoos (particularly those containing copper) discolor dyed hair. Neutrogena T-Gel is generally a safe bet, says Jacobs.

Shampoo thoroughly with the tips of the fingers to the scalp, and don't be shy with the slampoop. A good procedure is to lather up first thing in the shower with a regular shampoo; then rinse well. Next, work up a foaming lather with the dandruff shampoo, massaging the stuff well into your scalp. Leave it on until leading the shower.

P & S (Phenol and Silylic Acid). Liquid helps remove the unsightly scaling, but doesn't attack the underlying condition, Jacobs notes. Rub into the scalp at bedtime, and wash out in the morning.

Go easy on the goop. "If you put anything occlusive on an existing dandruff case, it tends to make it worse," says Jacobs. Sprays, gels and mousses are fine for styling the ends of hair, but keep them off the scalp.

Some dermatologists advocate brief exposures to the sun. "A little sun exposure is good for dandruff," says Dr. Charles Fowler Jr. in Men's Health magazine.

Listen to your mother and stop

picking. "You shouldn't scratch the scalp either. It irritates the scalp and makes it worse," scolds Jacobs.

"People sometimes mistake dandruff as dryness, and inadvertently aggravate the condition by massaging oil into the scalp," writes Deborah Chase in *The New Medically Based Non-Nonsense Beauty Book* (Henry Holt, \$19.95). African Americans

should never try to self-treat using a sulfur shampoo, "which can literally dissolve chemically treated black hair," Chase writes. She advocates tar-based shampoos such as Denorex, or Zincon as better choices for chemically treated black hair.

"If nothing else works, see a dermatologist. After medicinal slampoos, physicians usually recommend

a cortisone preparation prescribed for the scalp.

Folks afflicted by flakes on the skin should consult a dermatologist to determine the course of treatment — usually cortisone topically applied. Reducing stress with exercise, meditation and other relaxing and pleasurable activity will also quiet down overactive glands.

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