

The Times-News

Twin Falls, Idaho/87th year. No. 117

Sunday, April 26, 1992

\$1.25

Good morning

Today's forecast:
Sunday fair. Light winds. Highs near 80.
Sunday night partly cloudy. Lows near 40s.
Page A2

Magic Valley

Where it's at
The Idaho Legislature redrew the political map of the Magic Valley during the past legislative session. Today, a look at what they came up with.
Page B1

Sons of Norway

Times-News columnist Steve Crump says that to truly appreciate the human condition, you must be Norwegian.
Page B1

Sports

World mark shattered

The Santa Monica Track Club pared the world mark with a 1-minute, 19.11-second clocking in the 800-meter relay Saturday.
Page D1

Ketchum woman shines

Kathy Morrel, who won the Bi-Perch-A-Thon event in 1988 and 1989, capitalized on two sterling runs Saturday, eclipsing a two-year-old course record in the process.
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Features

Dealing with Alzheimer's

Alzheimer's disease takes away a person's ability to function bit by bit, starting with memory lapses. It frustrates not only the person with Alzheimer's, but also the caretakers.
Page C1

Give peat a chance

Environmental columnist Retd Glenn reveals that peat in non-renewable and usually comes from endangered wetlands. She recommends using compost instead.
Page C4

Opinion

Impossible dream?

Finding a new tenant for the old Gooding TB hospital is beginning to look like an unattainable goal, today's editorial says.
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The blue view

Two Twin Falls' police officers dispute a Times-News editorial that criticized drug-enforcement efforts.
Page A9

Business

Building apace

A big dose of construction has taken over and is driving Twin Falls business climate. The economy is healthy, and consumers seem to be confident.
Page E1

Nation

Stars and Stripes salute

The Stars and Stripes, the soldiers' newspaper born as Nazi bombs rained down on London, celebrated its 50th anniversary Saturday.
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Careless mistakes

How did Chicago end up with a \$1 billion flood disaster? Mayor Richard Daley says when the Chicago River burst through its retaining wall it wasn't an act of God, but of bureaucrats.
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Please recycle this newspaper

2nd earthquake shakes California

The Associated Press.

FERNDALE, Calif. — A major earthquake Saturday knocked people to the ground in Northern California, caused fires and shook houses off their foundations. Numerous minor injuries were reported, but no deaths.
It was California's second serious quake in less than week. There were several minor injuries and damage of up to \$1 million in the 6.1-magnitude Southern California quake last Wednesday.

2 quakes unrelated — A2

The worst damage was in Ferndale, just miles from the epicenter, and 10 miles south in Petrolia, where the post office and other buildings burned to the ground. The area is mostly mountainous, and sparsely populated.

The quake, which measured 6.9 on the Richter scale, was centered offshore near this rural town of 1,300 residents, where brick facades collapsed during a street festival and at least 20 Victorian homes were knocked from foundations.

Shop windows shattered throughout the center of town, and cars were crushed by falling bricks and debris. Shocked residents wandered amid the rubble in a daze.

"People were running all over the place," said Ruy Azvedo, who drove into Ferndale a few minutes after the quake struck. "It was like a bees' nest, with people running every which way."

Some people's reactions surprised him. "Some people should have been getting the hell out of there, but they were drawn to it like a magnet," he said. "People were whipping



The facade of a storefront crushed this car during Saturday's earthquake. The town was in the midst of a festival when the quake hit late morning.

out their cameras. It just seemed bizarre to me."
The 11:06 a.m. PDT (12:06 MDT) quake was centered near the coast, about 35 miles south of Eureka, said geophysicist Bruce Presgrave of the U.S. Geological Survey in Golden, Colo.

"Downtown is a disaster area," Diana Lewis of nearby Fortuna told Cable News Network. "My son and I were in a cafe, and it was literally destroyed. The gas grill (that) weighs several hundreds pounds was picked up and moved two feet. It was terrible."

Golden state's worst quakes of the century

The Associated Press

- Major quakes to hit California this century, and their Richter scale readings:
1906 — San Francisco, 8.3 (estimate)
1952 — Tehachapi-Bakersfield, 7.8
1927 — Offshore San Luis Obispo, 7.7
1923 — North Coast, 7.2
1989 — Bay Area, 7.1
1980 — Eureka, 7.0
1992 (April 25) — Eureka, more than 7.0
1940 — Imperial Valley, 6.7
1911 — Coyote, 6.6
1980 — Mammoth Lakes, four quakes, 6.0 to 6.6
1983 — Coalinga, 6.5
1979 — Imperial Valley, 6.4
1968 — Anza-Borrego Mountains, 6.4
1971 — San Fernando, 6.4
1935 — Long Beach, 6.3
1925 — Santa-Barbara, 6.3
1984 — Morgan Hill, 6.2
1926 — Monterey Bay, two; both 6.1
1992 (April 22) — Desert Hot Springs, 6.1
1986 — Palm Springs, 6.0
1987 — Whittier, 5.9
1991 — Sierra Madre, 5.8

"Lots of people were walking around in a daze," Lewis said.
Please see QUAKE/A2

Hagerman's 'benevolent mayor' says he's not so tough

By Brad Bowlin
Times-News writer

HAGERMAN — Mayor Jim Martin is no stranger to politics, and things don't get much stranger than politics in Hagerman these days.

In just four months as mayor, Martin has raised the ire of enough Hagerman residents to rate a recall effort. One recent City Council meeting saw the resignations of the police chief, dog catcher, city clerk, three reserve police officers and a city councilman.

"Some people, they call me a 'benevolent dictator,'" Martin said. But he says he's just an old softie.

"I'm not really as tough as some people might think I am," said the 67-year-old Martin, recalling his one and only hunting trip.

He shot a deer, but didn't have the heart to take it home.

"I saw that deer laying on the ground crying, and I saw some other hunters and asked them if they wanted it," he said. He hasn't been hunting since.

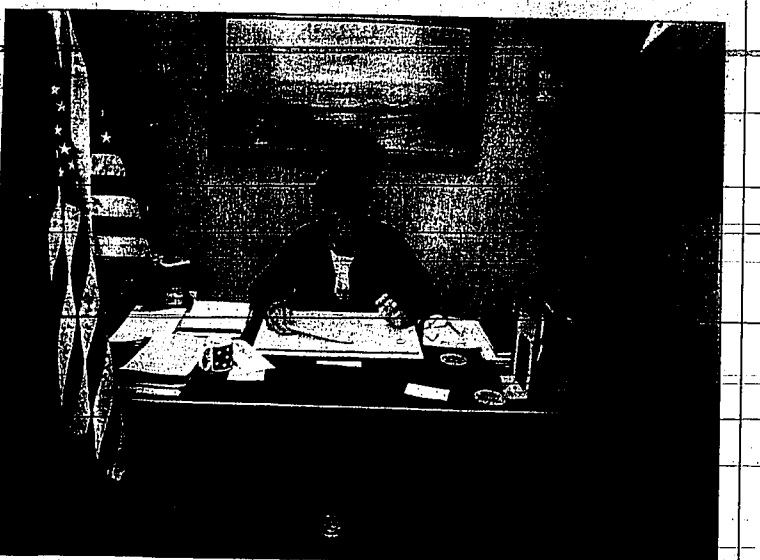
Martin says he won't hold any grudges against the townspeople who are hunting for his job. He expected controversy when he unseated Mayor Gloria Jazwick by a vote of 130-98 in November.

"I just don't have time to dislike people," he said. "Everybody is going to be treated equal."

Equal treatment hasn't always been the rule in this tourist town of 600 residents, Martin said. City ordinances often were enforced based on whether or not you knew someone in city government, he said.

A successful southern Idaho farmer and Please see HAGERMAN/A2

Eye of the Storm



From his desk in city hall, Hagerman Mayor Jim Martin says he expected controversy when he took the job and plans on staying the course despite a recall effort.

Critics say take-charge ways sparked recall attempt

The Times-News

HAGERMAN — Organizers of the effort to recall Mayor Jim Martin say they have enough signatures on petitions to force an election.

Sandy Petronek, a member of the recall petition committee, said the petition drive had 100 signatures as of last Tuesday. Organizers needed 63, said fellow committee member Audrey Hoffman.

A public meeting, planned by the committee, has not been scheduled, Petronek said.

Petronek said that Martin is dictating and has taken full control of the town without the City Council's approval. She also charged that Martin is conducting business away from City Hall.

"I can't keep city business out of bars and I think that's totally inappropriate," Petronek said.

Hoffman said Wednesday that she, Petronek and Warren Sims have been taking the recall petitions door to door around Hagerman.

"Due to the circumstances, there's a lot

Word on the street: Hagerman mayor deserves more time

...the city clerk and then as a councilwoman, she worked with six mayors and none upset people enough to provoke a recall attempt. These mayors shared responsibilities with their councils, Hoffman said.

"People figure I'm doing this because I have a grudge. I don't," she said. "I didn't lose when I lost. I gained a lot of friends through all the years that I was there."

For his part, Martin said those people circulating the petition have yet to make any specific charges against him.

"No one can say why they're having a recall," he said. "We've tried to figure it out around here. Nobody seems to know."

of things pending that involves the law and I don't want to jeopardize any of this," she said.

Hoffman, who lost her City Council seat to challenger Gary Grissom in November, charged that Martin had not given city administrative positions to council members as previous mayors did. Council members have not been appointed to be in charge of streets, police, library, parks and water and sewer.

"How come every other city does it?"

she asked. "I don't know of any other city that the mayor runs the whole town."

In defense of the mayor, Grissom said earlier this month that a new state mandate has put an end to the practice of individual appointments. Now, Grissom said, the council as a whole handles each department.

Hoffman said some "very qualified people" who seemed to get along with the previous administration are not there now.

She said that during her 16 years as city clerk and then as a councilwoman, she worked with six mayors and none upset people enough to provoke a recall attempt.

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Weather

NATIONAL Weather
The Accu-Weather® forecast for noon, Sunday, April 26.

Fronts:
COLD WARM STATIONARY

High Low Shower Rain Cloudy

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Idaho Weather
Sunday, April 26
Accu-Weather® forecast for daytime conditions and high temperatures

Coeur D'Alene	74°
Idaho Falls	74°
Boise	82°
Twin Falls	77°
Pocatello	76°

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Temperatures

Albuquerque	78 51	St. Louis	54 44 04
Atlanta	70 58	Salt Lake City	73 40
Boston	41 38 61	San Francisco	81 55
Chicago	47 38 03	Seattle	77 50
Dallas	75 52	Spokane	76 40
Denver	61 30	Washington	86 55
Des Moines	45 37 01	Twin Falls	
Detroit	45 38 49	Yesterday	76 38
Honolulu	81 66	Last 24 hrs.	56 36
Houston	77 69 02	Normal	67 30
Indianapolis	50 42 03	Sunset today	8:32 p.m.
Kansas City	52 38	Sunrise tomorrow	6:39 a.m.
Las Vegas	91 61	Lunar phase: East quarter	
Los Angeles	63 67	April 24: new May 2: first	
Miami	82 72	quarter May 5: full May 16.	
Miami Beach	82 72	Idaho	
Milwaukee	45 39 08	Max Min Pcp	
Minneapolis	46 34 01	Boise	83 45
New Orleans	78 68 11	Burley	80 37
New York	48 44 32	Heppner	64 05
COLUMBIA CITY	58 46	Idaho Falls	80 45
Omaha	51 34	Lewiston	80 45
Phoenix	103 71	McCall	67 29
Pittsburgh	48 42 14	Pocatello	75 29 jr.
Portland, Me.	42 37 09	Salmon	73 32
Portland, Ore.	60 51	Sun Valley	83 45
Reno	82 42		

Quakes were 'random coincidence'

Los Angeles Times

Saturday's 6.9 magnitude earthquake on the Northern California coast near Eureka was unrelated to last week's weaker tremor that struck Southern California, according to scientists with the U.S. Geological Survey.

"This can be called random coincidence," said Lucile M. Jones, a seismologist at the Survey's office in Pasadena, Calif.

Like Wednesday's 6.1 magnitude quake, the shaker centered south of Eureka occurred close to but not on the San Andreas Fault, the state's largest and most famous fault.

"From what we've observed of the behavior along the San Andreas, the various segments tend to behave independently of each other," said Bruce Presgrave, a geophysicist at the Survey's National Earthquake Information Center at Golden, Colo.

The coastal region around Eureka is one of the most seismically active in the state.

Just last year, scientists said they had uncovered evidence of a magnitude 7.6 to 8.4 earthquake that struck around 300 years ago in the vicinity, and they have warned that a magnitude 9.5 temblor is possible someday off the coast of Oregon or Washington.

There have been at least 10 earthquakes over magnitude 5.0 near Eureka since 1973. Saturday's quake was the fourth in the area at magnitude 6.5 or higher since 1980.

Presgrave noted that Saturday's event was centered northeast of the Cape Mendocino area where the San Andreas tuns west and goes out to sea. He called the area the "triple junction region" where three great tectonic plates — the Pacific, the North American and the Gorda — intersect.

Tectonic plates are large land masses that float on the molten core of the earth. Their meeting grounds are often associated with volcanic and earthquake activity. Just to the north of Eureka begins the Cascadia subduction zone, where the Gorda plate is being pushed under the

North American plate along the coast of the Pacific Northwest.

Indian tribes that live in the area have passed along stories of earthquakes in the distant past that produced huge drops in the elevation of coastal areas, and scientists have found evidence of great ancient tree trunks under the present ocean surface.

Just last summer, three powerful earthquakes struck off the Oregon coast northwest of Crescent City, Calif.

Robert Uhrhammer, a University of California, Berkeley, seismologist, warned then that the area was "the most active (seismic) region in the vicinity of California."

Due to the logarithmic nature of earthquake scales, each full point increase in magnitude represents a 10-fold increase in quake strength. By this standard, Saturday's quake south of Eureka was at least eight times more powerful than Wednesday night's east of Desert Hot Springs.

Quake

Continued from A1

The quake interrupted "Best of the West" weekend festivities in Ferndale, which is about two miles from the coast.

Carline Clark of Ferndale said people were knocked to the ground and bricks fell from buildings.

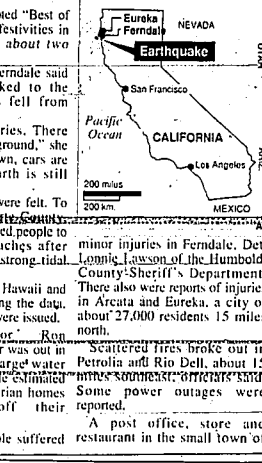
"There were injuries. There were people on the ground," she said. "Bricks are down, cars are crushed and the earth is still moving."

Many aftershocks were felt. To the north in Bolinas, County Sheriff's officers warned people to stay away from beaches after observing unusually strong tidal activity.

Tsunami centers in Hawaii and Alaska were evaluating the data. No official warnings were issued.

Ferndale Mayor Ron Richardson said power was out in the city and some large water tanks were broken. He estimated that at least 20 Victorian homes were knocked off their foundations.

At least eight people suffered



Petrolia burned to the ground, said Hoyt Lofgren of the state Office of Emergency Services in Sacramento. There were also reports of gas leaks in the town of about 1,000 residents, he said.

"There are no fires burning in Ferndale," said Don Becker of the town's Fire Department.

"We actually did not have any injuries from the quake itself except cuts and bruises. The injuries we had were more participant injuries — a few people had bad hearts."

Billy G. Gilliam of Weath about 100 miles east of Eureka, said the quake shook her house "like a bowl of Jell-O."

The quake was felt as far south as San Francisco, 230 miles away, as far southeast as Reno and Carson City in Nevada, about 250 miles away, and up to 200 miles to the north in southern Oregon.

In Fortuna, about 15 miles north of Ferndale, a nursing supervisor at Redwood Memorial Hospital said several people were being treated for cuts, bruises and other minor injuries.

Hagerman

Continued from A1

Hagerman-area businessman Burr Holmes said people should drop the recall petition and let Martin do his job.

"He's certainly no Richard Nixon," Holmes said. Having a businessman running the city's business is a step in the right direction, he said.

City Councilman Rudy Zollinger said he resigned because Martin was doing things without the council's approval.

"Martin spent five years in the Idaho Legislature as a representative from Jerome and Cassia counties in the 1960s, so he was prepared when the outgoing mayor and city council members didn't show up at January's meeting to wrap up a few loose ends."

"I know a little about parliamentary procedure," Martin said. "I just had the clerk swear me in and we went from there."

Whether Martin and the council went in the right direction is a matter of public debate. One of Martin's first moves was to propose a tougher city junk ordinance.

The proposal caught some of the council members off guard, said council President Mike Whinter.

"Jim was just overzealous," Whinter said. "Everybody resists change. We were a little apprehensive."

But city government needed new blood, and Martin brings enthusiasm to the job, Whinter said. "If you're going to do something, you're not going to please everyone," he said.

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Locals

Continued from A1

for the city and we will recognize that at a later date. Hagerman is on the verge of growth that will be more than we can handle unless the city is prepared for it."

John Moore Jr. "Personally, I think the mayor is doing a pretty good job. He's got some ideas that some people don't like, but I think some of his ideas are pretty good. I think we should support him and back him. ... He doesn't really need the job, but he's doing it as a public service."

Erna Turner: "I think (the recall attempt) is terrible. Absolutely terrible. I think they ought to give Jim a chance. What can he do in three months?"

Pete Weir: "They haven't given him enough time. Give the guy a break. He's trying to do some things that have to be done."

Weather summary

The warmest temperature in the state Saturday was 84 degrees at Hagerman, Stanley reported the coldest at 24 degrees in northern Idaho.

Elsewhere in the nation Saturday, the highest temperature was 104 degrees at Borego Springs, Calif. The lowest was 17 degrees at Laramie and Douglas, Wyo.

A warm ridge of high pressure was centered over Idaho during the afternoon. Under mostly sunny skies, that nearly the maximum temperatures to reach from 10 to nearly 20 degrees above normal with readings more like mid-June. It was the warmest day in Boise in over 6 months or since an identical 83 degrees was reached last Oct. 16.

High readings in the valleys were in the mid-70 to lower 80-degree range. Hagerman recorded the warmest afternoon high with a reading of 84 degrees.

Heavy rain-swells Texas rivers; snow sprinkles Minnesota

The Associated Press

Heavy rains across southern Texas caused rivers and creeks to overflow Saturday, while snow fell in northern Minnesota.

In the Pacific-Northwest, a warm front pushed temperatures to record highs, while the Northeast shivered under a cold front.

Thunderstorms produced heavy rain along the Gulf coast of Texas, with as much as 5 inches falling in some areas during the morning. While rivers and creeks spilled over their banks in some areas, no highways were reported closed.

Snowfall was widely scattered across northern Minnesota.

In the South, the rain continued through the afternoon along the Texas Gulf Coast and across northeast Florida.

Forecasts

Twin Falls, Burley, Rupert, Jerome and Gooding: Sunday fair. Light winds. Highs near 80. Sunday night, partly cloudy. Highs in the lower 70s. Monday morning, partly cloudy. Highs in the mid- to upper 70s.

Camas Prairie and Wood River Valley: Sunday fair. Highs in the lower 70s. Sunday night, partly cloudy. Highs in the lower 30s. Monday mostly cloudy. Highs in the upper 60s.

Extended forecast Southern Idaho — Tuesday through Thursday, sunny Tuesday and Wednesday. Partly cloudy Thursday with a slight chance of mountain showers. Highs upper 60s to around 80. Lows upper 20s and 30s.

Northern Utah and Nevada: Utah — Sunday and Sunday night fair and warmer. Highs in the upper 70s to lower 80s. Lows 45 to 50. Monday partly cloudy. Highs in the upper 70 to lower 80s.

Elko County — Variable high clouds Sunday through Monday. Continued warm with highs in the mid-70s to the mid-80s. Overnight lows in the mid-30s to the mid-40s.

Scattered showers, accompanied by chilly temperatures, swept across east-central New England and the mid-Atlantic states. Scattered showers also struck the Great Lakes region, the central Appalachians and the Ohio Valley.

Winter rainfall during the 6 hours ending at 2 p.m. EDT included 5 inches in San Antonio, nearly 3 inches in McAllen, Texas; and nearly 2 inches in Beaville, Texas.

Warmer temperatures prevailed in the Pacific Northwest after a chilly week. The temperature reached 71 degrees in Seattle-Tacoma, breaking the record for the date of 70 set in 1977.

The morning low in the lower 48 states was 17 degrees at Lake Yellowstone, Wyo.

Temperatures among the nation at 11 p.m. EDT ranged from 34 degrees in Marquette, Mich., to 98 degrees in Palm Springs, Calif.

Whistling winner belts out Beethoven

LOUISBURG, N.C. (AP) — Sean Lomax wasn't just whistling "Dixie" when he won the national whistling championship Saturday. He was whistling Symphony No. 5 by Beethoven.

"I chose Beethoven because it is a powerful piece of music and people love it," the 32-year-old man from Murietta, Calif., said after whistling the symphony's first movement.

Tanguy Desgagne of Quebec, Canada, finished second. Margot Solberg of New York was third.

They were among 66 people who showed up at the Franklin County Courthouse to whistle classical, popular, dance and dramatic songs in competitions for adults, teen-agers and children.

About 300 people gathered to listen.

Idaho lottery

BOISE (AP) — The winning numbers drawn Saturday night in "Idaho Powerball" are:

6-9-22-42-44.

(six, nine, twenty-two, forty-two, forty-four)

Powerball 12

Estimated jackpot: \$2 million

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Allen Willard, circulation director
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Peter York, advertising director
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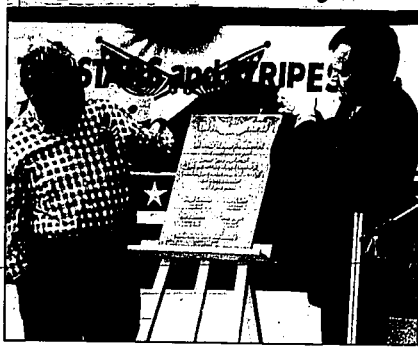
C-130 Hercules
Medium to long-range military transport built by Lockheed

CREW: 4 on flight deck
LENGTH: 97 ft. 9 in. (29.79m)
HEIGHT: 38 ft. 3 in. (11.66m)
WINGSPAN: 132 ft. 7 in. (40.41m)
ENGINES: Four T56 turboprops
RANGE: 2,450 miles (3,943 km)
CRUISE SPEED: 340 mph (547 km/h)
*Range with maximum payload

Source: "Jane's World Aircraft Recognition Handbook"

Stars and Stripes salutes 50 years

DARMSTADT, Germany (AP) — The Stars and Stripes, the soldiers' newspaper born as Nazi bombs rained down on London, celebrated its 50th anniversary Saturday with great nostalgia and some doubt about the future in a demilitarizing Europe.



Cartoonist Bill Mauldin, left, and chief editor Bernard Zivostski unveil a plaque honoring four Stars and Stripes staffers killed in action. The soldiers' paper marked 50 years Saturday.

Hundreds of reporters, editors, and photographers from five eras of history gathered at the newspaper's European headquarters south of Frankfurt for an outdoor party featuring the fruits of expatriate Americana: hamburgers, hot dogs and square-dancing.

On hand were several of the paper's most-prominent-alums including Andy Rooney of CBS' 60 Minutes and Pulitzer Prize-winning cartoonist Bill Mauldin, who both covered the Allied war against Hitler.

Chief editor Bernard Zivostski attributed the illustrious collection of former Stars journalists to the fact that "so many got their training under fire, literally."

He then unveiled a memorial plaque to four staffers killed in action. Rooney, America's plain-talking commentator, surprised the crowd of Stars loyalists, saying that while the paper served a noble cause in the war, it was time to close shop.

"I hope you all recognize that despite the optimistic talk here that what's good for the United States of America is bad for you," he said.

"The best thing... would be if The Stars and Stripes closed down because we should move out of this place, bag and baggage."

At their height, U.S. troops in Europe, most of whom are in Germany, numbered over 300,000. But Washington plans to halve that by 1995.

Still, there are no plans for The Stars and Stripes to go out of business, and Zivostski said the paper had hired its first-ever circulation manager to better reach a diminishing audience.

He said the paper now has a circulation of 90,000, and is distributed to all U.S. military communities in Europe.

Another edition under different management is distributed in Asia.

Peru fires on plane; 1 missing

LIMA, Peru (AP) — Rescuers searched Saturday for an American airplane lost when a Peruvian fighter fired on a U.S. drug-surveillance plane, an incident that may further strain relations between Washington and President Alberto Fujimori.

Peru said the U.S. C-130 was far off course and failed to respond to warnings from Peruvian aircraft.

The unarmed C-130 was on a Peru-approved mission when it was hit with 23-mm cannon fire from a Peruvian fighter-bomber Friday about 80 miles off Peru's northern coast, the Peruvian military said. An airman was lost before landing at a military base.

U.S. officials refused to comment on why the plane was off course. The Peruvian air force said that the C-130 was carrying a crew of 16 and that at least two crewmen were injured.

The attack posed another delicate diplomatic problem for Fujimori, who is under heavy international criticism for suspending Peru's constitution and closing Congress on April 5. Fujimori claimed the crackdown was necessary to fight drug traffickers and political corruption.

The White House cut off \$45-million in aid to Peru, but has continued its anti-drug programs. Peru is the world's largest producer of coca leaf, the base material for cocaine.

Fujimori expressed his regret over the incident to U.S. national security adviser Brent Scowcroft, who later spoke with President Bush.

A Peruvian air force spokesman, Col. Jorge Barboza, said the C-130 had permission to fly over the Upper Huallaga Valley, the source of more than half of Peru's coca leaf. But the plane was 300 miles west of its planned route, he said.

He said the plane's markings were visible to Peruvian pilots, but that the U.S. crew did not respond when asked to identify themselves.

"The plane was intercepted on the Peruvian coast and the pilot did not respond at all despite radio and other signals," Barboza said. Barboza said two Soviet-built Sukkoi-19 fighter-bombers intercepted the U.S. craft and fired a warning shot.

The Sukkoi-19 has twin 23-mm cannons for air-to-air combat. Barboza said the Peruvian pilot fired at the aircraft's rear loading door "in order to cause less damage."

Dr. Angel Cruz, a civilian physician who attended to the two injured airmen, said one had metal fragments in the head, neck, chest and stomach, and that the other was wounded in both legs. The two left for the United States on Saturday, Cruz said.

An embassy spokesman, Don Hamilton, said it was too early to say if the incident would disrupt U.S.-Peruvian cooperation in the drug war or other relations.

"We're all deeply concerned. We're investigating," Hamilton said. "I don't have any sense of it yet, but we're talking about two friendly countries."

SALE WILD OATS

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Nation

Abortion foes crawl under barricades, block clinic gate



An Erie County Sheriff's deputy arrests an abortion rights protester Saturday outside the Buffalo GYN Womenservices clinic. Police arrested 76 abortion opponents and three pro-choice protesters.

BUFFALO, N.Y. (AP) - Anti-abortion demonstrators slipped through police barricades Saturday to block briefly a gate at a women's clinic during their fifth day of protests.

Police arrested 76 abortion opponents, as well as three abortion-rights protesters, two in scuffles with officers. The mounting total of arrests put a strain on the capacity of the local armory where protesters are being jailed and led to a court dispute over conditions there.

The five-hour protest in rainy weather broke up around midday. Members of the anti-abortion group, Operation Rescue, made it through barricades, some crawling on hands and knees, before the Buffalo GYN Womenservices clinic opened.

They blocked the gate leading to a back entrance, praying and singing hymns. They prayed louder in an effort to drown out a federal marshal who read a court injunction prohibiting them from blockading clinics. Abortion-rights advocates responded with the chant, "Operation Rescue, Hitler would have loved you!"

Police loaded the abortion opponents onto a bus after they refused to move. Most were charged with obstruction, police said.

In all, about 350 arrests of abortion opponents have been made since demonstrations began Tuesday at four clinics. Operation Rescue leader Keith Tucci said protests will continue this week.

Most of those arrested have refused to post bail and remained at

the armory. Counting those arrested Saturday, the armory has reached its capacity of 250, said Erie County Attorney Patrick NeMoyer. Officials put the cost of housing them at \$14,000 a day.

"If this continues we will really be strained," NeMoyer said. "What we've got here is we're getting used as a video circus," he said.

On Saturday, state Supreme Court Justice Mario Rossetti toured the armory at the request of anti-abortion leaders who claimed, food and toilet facilities were inadequate and the building was too cold.

"What do they think this is, the Hyatt?" said District Attorney Kevin Dillon. "They knew they were going to be arrested."

Rossetti scheduled further arguments over the conditions for Monday.

The Rev. Paul Schenck, one of the leaders of the protests, said one reason many are refusing to post bail is that "there's a strong feeling that these arrests are unjust, that they're inequitable. I think to comply with all the procedures of an arrest could imply capitulation."

Bureaucratic bumbles to blame for Chicago flood

Knight-Ridder News Service

CHICAGO - One bureaucrat was supposed to inspect the spot that later developed a leak.

But he couldn't find a parking space, so he didn't. Another bureaucrat saw the leak when it was a mere trickle, and took pictures of it.

Then he dropped off the film at a drugstore, where it remained for a week.

Is this how Chicago ended up with a \$1 billion flood disaster that brought the city to a standstill two weeks ago?

Apparently. In a press conference last week, an angry Mayor Richard Daley disclosed for the first time that the flood caused when the Chicago River burst through its retaining wall into an underground tunnel - was not an Act of God, but of bureaucrats.

City investigators have traced the disaster to a Rube Goldberg-like series of careless mistakes.

The hole in the river that flooded 21 buildings and closed the Chicago Board of Trade and the famous Loop was not caused by a crumbling infrastructure, said Daley. It was created when a marine firm last summer drove pilings into the river in the wrong spot.

A city manager approved the proposed change in location without checking to see if it would be too close to the tunnel. "Incredibly, after 18 years with the city, he claims he never knew of the existence of the freight tunnels" 40 feet beneath the city, built in 1899 to ferry coal to buildings, said Daley.

Daley wants to fire that city manager.

A city engineer who was supposed to inspect the new pilings never did. The engineer, Dennis Sadowski, admitted that he gave up after being unable to find a parking place. (True, Sadowski was looking in one of Chicago's busiest blocks, but city officials say they would have reimbursed him for a parking lot.)

Daley has accepted the city engineer's resignation.

On Jan. 14, the Chicago Cable company, which uses the tunnels for its cable, discovered a leak. River silt and water appeared to be coming through the wall beneath the river.

But when it notified a city worker, he took a week to inspect the leak. He took another five days to take pictures. Then the worker, Jim McTigue, sent the film to an Oscar drugstore, a local chain. He waited a week to pick up the photos.

Later, after the flood, McTigue produced a memo he had written warn-

ing that the leak was a terrible danger, and should be fixed immediately. But it was an undated memo, addressed to no one, and Daley suggested he may have written it after the disaster to absolve himself.

Daley wants to fire him too.

A fourth city worker briefly considered fixing the leak, but decided that the \$75,000 bid to do the work was too high. His resignation has been accepted. The Chicago Board of Commerce now estimates the flood will cost up to \$1.5 billion in direct clean-up costs and lost business.

This week an abashed mayor labeled the bureaucrats as "paper-shufflers" who "dropped the ball," and apologized to citizens.

"The people of Chicago have experienced an understandable loss of confidence in their government," he said, "and that's something we can't fix with cement trucks, or with federal disaster funds, or with all the experts in the world."

Offices are still recovering from the April 13 flooding that started when a

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car-sized hole opened up in the tunnel and millions of gallons of water from the Chicago River poured into it, as through a drain in the bottom of a bathtub.

Many buildings still have brackish river water in their basements.

"The city has been treated as a disaster area," said Daley. "But the only bureaucrat Daley didn't blame was himself."

But political observers say he will likely pay for the flood in other ways.

Ambitious plans for casino gambling, for instance, may have to be put on hold as the mayor instead concentrates on obtaining flood relief money from the state.

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Nation

Pennsylvania primary won't reveal much about the real Clinton

By Jack W. Germond
The Baltimore Sun



AP photo

Looking ahead to the fall, Clinton sought support at the Conference of Black Mayors in Kansas City, Mo. Saturday. Here, he converses with Unita Blackwell, conference president.

PHILADELPHIA — The Pennsylvania primary campaign is ending as it began, as essentially a sham battle that will tell little or nothing about Bill Clinton's strengths and weaknesses as the prospective Democratic presidential nominee.

The Arkansas governor has used the three-week campaign to change his focus away from Democratic rival Edmund G. "Jerry" Brown Jr. and toward joining the general election battle with President Bush. What Clinton has not done, however, is demonstrate that his political troubles are behind him. And there is no reason to expect the results here to throw much light on that question, either.

While the most recent published polls show Clinton leading Brown, they differ widely on the size of his advantage. The first survey, by Millersville University, shows him ahead by 46 percent to 13 percent.

Brown's campaign has been too disjointed to offer any kind of valid test. The former California governor has been tarnished by his weak showing in the last major test in New York April 7, where he finished third behind both Clinton and Tsongas. And the decision of the AFL-CIO political leadership to endorse Clinton has robbed Brown of labor support in a state in which one in five voters is from a union household.

Indeed, Brown has appeared to be such a minor factor here that Clinton has felt free to refuse to debate him and to ignore him in both his speeches and advertising. There has been scarcely a mention of the

prospective Democratic nominee now trails Bush among Pennsylvania voters, 44 to 37 percent, after leading him 46-40 percent a month ago.

with 15 percent for Paul E. Tsongas, whose name remains on the ballot although he has suspended his campaign. The second poll, conducted by Political-Media Research for two

Pennsylvania TV stations, had Clinton at 35 percent and Brown at 27, just eight points behind, with Tsongas at 16 percent.

An even less encouraging finding

Analysis

Brown proposal for a 13 percent flat tax to replace the existing system.

Instead, Clinton has concentrated on speeches on major national issues — the economy and the environment, for example — intended to define himself before Bush and his Re-

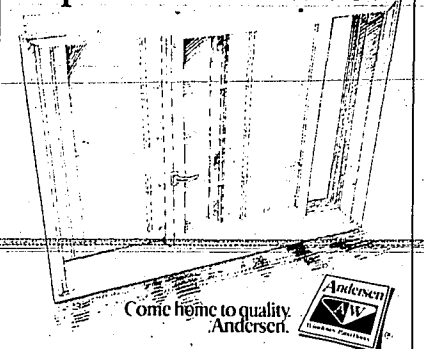
publican managers do it for him. The stake in the primary is 169 delegates, and Clinton seems assured of winning most of them, perhaps enough to bring his total up over 1,500 of the 2,145 needed for the nomination.



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Bush attacks pessimists, cites U.S. lead in exports

Los Angeles Times

WASHINGTON — The United States is the world leader in exports and its manufactured goods are more competitive internationally than a decade ago, but those encouraging facts are being clouded by news reports featuring "Chicken Little hysterics," President Bush said Saturday.

Using his regular Sunday press address to boost his administration's accomplishments on international trade, Bush also assailed proponents of get-tough attitudes toward American trading partners.

"Our competitors are tough," he said. "Some want us to respond to their challenges as if they were a bull just hiding under the covers and hope it goes away. They may be talking tough, but they're really running scared. The problem is they're running the wrong way."

"The answer isn't to build up our barriers, it's to get other countries to tear down theirs."

The president's remarks came two days after a meeting with European Community leaders to discuss the state of the Uruguay Round of international trade negotiations. If the talks eventually succeed, Bush said, it will mean hundreds of thousands of new jobs for American workers.

Despite reports that emphasize the negative, he said, the news is generally positive. He cited a one-month record of \$38 billion in exports during February.

It is good news, "not just for our coastal states and port towns, but all across America." For example, he said, jobs supported by trade include 150,000 in Tennessee, 120,000 in Arizona, and 90,000 each in Colorado and Iowa.

A North American Free Trade

Agreement would create another 360,000 U.S. jobs and boost trade between the U.S. and Mexico by \$10 billion, he said.

In a Democratic Party response, House Majority Leader Richard Gephardt, D-Mo., took issue with Bush's rosy portrayal and the near-term outlook for U.S. trade, charging that the president "sees things not as they are, but as he wishes them to be."

"The administration, he said, is without a strategy to deal with the new economic superpowers in Europe and Asia.

"Whether the issue is Mexico free trade, Japanese protectionism, or European subsidies of aircraft, the president just doesn't get it," Gephardt said.

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Weight Loss Surprises Researchers

WASHINGTON — A nutrition of- ganization was hopeful that a nutritionally complete, "hi-tech" food tablet would help erase world hunger problems, until a study revealed that one of the ingredients could cause significant weight loss.

Although other studies and scientists may not agree, researchers in Europe found that the ingredient, a natural plant colloid, actually caused people to lose weight, even though specifically instructed not to alter normal eating patterns, according to one study published in the prestigious *British Journal of Nutrition*. Researchers in an earlier study had speculated that the weight loss was due to a decrease in the intestinal absorption of calories.

While the project of National Dietary Research, aptly named Food Source One, would not be used to successfully attain its original goal, the formula, which has since been improved with other natural colloids has been a windfall for some overweight people. A Daytona Beach, Florida woman fighting a weight battle for 12 years used the product on the recommendation of her physician and lost 30 pounds. She stated, "Not only have I lost 30 pounds but my cholesterol has dropped from 232 to 143. I have two closets full of clothes which have not fit me in two years that I can now wear." In a separate report, a telephone interview revealed that a Wilmington, North Carolina pharmacist lost 14 pounds in 3 weeks on the product and was never hungry.

Food Source One tablets are part of National Dietary Research's comprehensive plan to bring a rapid end to obesity in this country. A variety of nutritionally sound diet plans, specially prepared by NDR, accompany each bottle and provide a natural, drug free alternative for confronting the problem of obesity.

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Nation

Key West relives 'Conch Republic' glory

KEY WEST, Fla. (AP) — The Conch Republic's current ambassador to India happened to be in Bombay 10 years ago when he learned his adopted home town had declared independence from the United States.

"I was at a cocktail party when somebody told me the bad news," says Chandur Gidwani, owner of Islander Fashions in Key West. "They said, 'Your country has seceded and there was a revolution.' They thought my businesses had been taken over. I was penniless."

Gidwani rushed out to get a copy of the Times of India and, sure enough, a front-page story told of Key West's declaration that it was the sovereign nation of the Conch (pronounced conk) Republic.

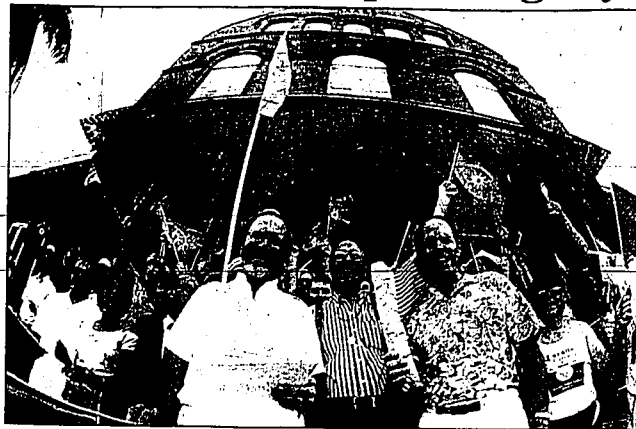
"It was all tongue in cheek, of course," as is Gidwani's ambassadorial post, which he bought at a charity auction. "But there was a serious dispute with the U.S. Border Patrol behind the succession, and Key West emerged the victor."

"We seceded where others failed," is the official republic motto today. On Thursday, the city of 25,000 at the southernmost tip of the continental United States kicked off a week-long celebration to mark the 10th anniversary of the insurrection.

At a celebration in front of the Custom House, dozens of people pretended to pelt a Border Patrol agent with stale Cuban bread.

"Key West should secede again today ... this time for real," quipped treasure hunter Mel Fisher, the Conch Republic's Minister of Underwater Affairs.

It was no joke when the fiasco began on a quiet Sunday, April 18,



Celebrating the anniversary of the Conch Republic in Key West, Fla., are David Horan, left, Mel Fisher and Ed Swift.

1982. The Border Patrol, under orders from a federal drug task force led by then-Vice President Bush, set up a checkpoint on the tip of the Florida mainland in an effort to weed out drug runners and illegal aliens.

The checkpoint, put up without warning, created a 20-mile long traffic jam on the only road through the Keys. Thousands of tourists canceled their trips to the rustic land of Hemingway, conch-shell chowder

and Key lime pie. "We're a land of pirates, you know, down here in Key West. And to us, it was like a declaration of war," says Mayor Dennis Wardlow, 48.

Several days after the checkpoint went up, Wardlow and other city officials flew up to Miami for an emergency hearing with a federal judge, who sympathized but said his hands were tied.

"I told them right then and there

on the courthouse steps that we would secede the next day," says Wardlow. "If they were going to treat us like foreigners, then we would act like foreigners."

Sure enough, in an elaborate ceremony, Wardlow the following day raised the flag of the Conch (pronounced conk) Republic and declared the island an independent nation.

"I appointed myself Minister of Taxation, declared we were broke, and asked for a million dollars in

loans," recalls businessman Ed Swift.

While city and county officials knew it was merely a publicity stunt, not everyone caught on.

The mock nation received hundreds of letters of support and some official-looking proclamations recognizing its sovereignty.

University now known as 'Moonie U.'

BRIDGEPORT, Conn. (AP) — The University of Bridgeport's trustees agreed Saturday to turn over control of their financially ailing school to a group connected to the Rev. Sun Myung Moon in exchange for \$50 million.

Under terms of the deal, the Professors World Peace Academy would take over the board of trustees.

The New York-based academy receives 90 percent of its funding from the Unification Church, although it said fewer than 5 percent of its members belong to the church.

Trustees, who had tentatively approved the deal April 15, said it was the only way to keep the university open.

"I believe that this is the right course of action," said Trustee Chairman Colin Gunn. "This will be a much better university than it ever

was. They want to make this university a first-class institution."

Gunn said the academy has promised that the university would maintain its academic freedom. He declined to say how it would do that.

The deal still needs the approval of the state attorney general, the Connecticut Commission on Higher

Education, a regional accreditation agency and banks that have loaned the school money.

The board rejected a similar proposal last year after students and teachers protested.

Complaints were heard again when the tentative deal was announced two weeks ago, with some of the school's 3,000 students saying they would transfer because they didn't want to be identified with "Moonie U." But trustees said they had no choice, considering the school is \$22 million in debt and struggling to meet its payroll.

Crash investigators find bad fuel

PERRIS, Calif. (AP) — Contaminated fuel was a factor in the killer crash of a skydiving plane and the pilot had no formal training in the craft, federal investigators said.

Contaminants found by National Transportation Safety Board investigators caused the right engine to fail, said Don Lorente, the agency's supervisor in Los Angeles. Engines "just don't run on that substance," he said.

The DeHavilland DHC-6 Twin Otter crashed Wednesday, killing 16 of 22 people on board. The pilot and co-pilot were among the dead.

Investigators traced the contamination to a fuel delivery made the day before the crash. Lorente said in Saturday's Press-Enterprise of Riverside.

The airport ordered fuel on Saturday from its regular supplier. The delivery was made Tuesday, but the airport's fuel reservoir pump broke down, investigators said. The airport asked the supplier to help transfer the fuel from the reservoir to a truck that was used to refuel planes.

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Nation

Don't like booze tax? Try beer company's electronic protest

SPRINGFIELD, Ill. (AP) — Miller Brewing Co. has set up an electronic phone system to lobby against higher liquor taxes proposed by Gov. Jim Edgar.

But some lawmakers aren't too happy with the high-tech campaign.

Under the system, paid for by the Milwaukee-based giant, a computer calls voters and asks if they oppose the proposed tax increase.

If the answer is yes, the call automatically transfers to a toll-free

number with a recorded message blasting the governor's proposal.

After a pause, the line is linked directly to lawmakers' offices, where the caller can express displeasure with the tax plan — without ever having made a phone call.

"We open the door, but they have to walk in," Richard Klemp, government affairs director for Miller Brewing, said of the call-in program, which began this week. "We're just opening the door to government."

But Sen. Richard Luft, a Democrat who chairs the Senate Revenue Committee, criticized the beer company.

"I think they're misguided, misinformed and aren't going to effect any change at all," he said.

Republican Sen. Frank Watson called the electronic lobbying program excessive, but said it was a good way to get lawmakers' attention.

The governor's office reported getting about 200 calls, and calls to members of the Senate Revenue Committee ranged from about 25 to 100.

The governor has proposed tripling the state's alcohol tax to help close a \$1.4 billion gap in the state's 1993 budget.

Female petty officer warned by officials

VIRGINIA BEACH, Va. (AP) — Navy officials told a petty officer who was beaten up by a former boyfriend that she might be discharged if such incidents keep happening, prompting outrage from advocates for battered women.

Petty Officer Francine Adams says she expected help from the Navy after she was abused last October. Ms. Adams suffered a concussion and missed two days of work after the ex-boyfriend showed up at her house, drunk and uninvited, and fought with her when she tried to get him to leave.

Instead of help, Ms. Adams got a disciplinary note and a stern warning the Navy says was an attempt to "avoid her" for a pattern of letting herself be abused.


"Avoid abusive relationships" read the notice from senior officers at Oceana Naval Air Station. "Any further deficiencies in your performance and/or conduct may result in disciplinary action and in processing for administrative separation. Administrative separation is a form of discharge."

"I did this voluntarily, asked for help, and it backfired," said Ms. Adams, 27, a master-at-arms with nearly 10 years in the Navy.

Ms. Adams has appealed to Oceana officials to remove the warning — called a "Page 13" in Navy parlance — from her record.

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Mental Health Minute

Depression - When The Blues Won't Go Away

Everyone gets the blues now and then. It's a normal response to some of life's challenges, such as the death of a loved one, or the breakup of a marriage.

The blues, as they are called, are usually related to a specific incident and disappear with time.

Depression, on the other hand, may or may not be related to a specific event and may last for weeks or even months. In severe cases, it can immobilize a person.

Symptoms of depression include:

- Loss of interest in normal activities
- General sadness
- Difficulty making decisions
- Inability to concentrate
- Irritability
- Change in eating/sleeping and sexual habits
- Feelings of worthlessness
- Recurrent thoughts of death
- Withdrawal from social contact

Depression tends to run in families which indicates a possible genetic link to the problem.

It is also estimated that at any given time, approximately 10 million Americans suffer depression.


Because depression frequently incapacitates people and makes them unable to act on their own, others often have to take the initiative. This may be difficult because depressed people are often angry and withdrawn.

Friends and family members should encourage the depressed person to get professional help. The National Institute for Mental Health estimates 80-90 percent of depressed people can benefit from professional care.

If you recognize symptoms of depression in a loved one, don't be afraid to ask for help for them, preferably from a psychiatrist.

A psychiatrist is a medical doctor who has received additional training diagnosing and treating these types of problems.

Mental Health Minute with Kim Gilbert is a service of Canyon View Hospital, Twin Falls, Idaho. It is presented as a community service of Canyon View Hospital.



KIM GILBERT

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Opinion

Facts don't bear out irresponsible criticism of Drug Task Force

The Easter Sunday editorial was, among other things, very critical of the Magic Valley Drug Task Force. It made some statements, both explicit and implied, about the responsibility for some activities that an inspection of the facts are incorrect.

Of the 38 crimes charged by the Task Force officers, one crime took place in January 1991, two crimes took place in March 1991 and the remaining 33 crimes took place in a five-month period just before the indictments. The Task Force did not request charges on any case that was two years old.

In addition, of the 26 defendants charged, 24 were charged with the sale or attempted sale of drugs. One was charged with growing marijuana and possession of cocaine, and one was charged with simple possession of cocaine. This last person had the misfortune to be the customer of a dealer who the Task Force was watching make a sale in a public place here in Twin Falls.

It is possible that you are mistakenly attributing Idaho Bureau of Narcotics cases to the Task Force. This would also be the case with your reference to a tort claim

Paul L. Du Fresno
Reader comment

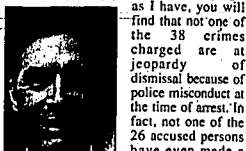
filed by a police officer's wife. Had you checked the record, and if you will do so, you will see that this case is also not a Task Force case. We will accept responsibility for the actions that the Task Force has taken but should not be criticized for the actions of other agencies.

As to whether we would know a real drug dealer if we tripped over him, during the last year, the Task Force "tripped over" more than 100 people, seized more than \$78,000 worth of cocaine, more than \$1 million worth of marijuana and \$14,000 worth of methamphetamine. We would have liked to do more, but we were limited to \$40,000 in federal funds, one officer donated by the city of Twin Falls and the few dollars we were able to take from previous convictions.

By the way, at least four of the 26 defendants were on parole or probation at the time of these new crimes, and the criminal records of each of the defendants

that the Task Force has charged is on file at the court.

You ask why I didn't "curb the practices of an outfit whose officers can't seem to make a bust without jeopardizing the arrest by violating the rights of the accused." If you will check with the district court judge



Du Fresno

as I have, you will find that not one of the 38 crimes charged are at jeopardy of dismissal because of police misconduct at the time of arrest. In fact, not one of the 26 accused persons have even made a claim that the arresting officer violated their rights.

Your reference to an allegation made in a tort claim by a non-involved person who happened to be in the home of one of the defendants at the time of the arrest has no effect on any of the criminal charges. It is a fact of life that drug dealers expose their families and neighbors to the fallout

from their crimes, and this complicates the efforts of the police in dealing with the defendants. We took this into account at the time these arrests were made, and had Health and Welfare workers on hand to assist with the children who were sadly caught up in their parents' criminal activity.

I have looked into the actions of the officers who made the arrest in question and, given the information they had at hand, I feel that they acted properly and with professional restraint.

But what I feel or what the editor of *The Times-News* feels has no bearing on the matter, for like every other civil action, this claim will be presented to and decided by the courts. This has not happened yet, and I believe there is good reason to doubt that a suit will ever be filed.

Furthermore, I have known Detective Don Walden for the last three years and have found him to be a dedicated, hard-working officer. He is not a racist. He may not have the eloquence of a courtroom attorney or the skill with words of an editorial writer, but I have never seen him allow any personal bias to affect his work or judgment, with one exception. Don, like

most other police officers and many common citizens, has seen first hand the terrible effects that drugs have had on too many people in our community, and he simply won't tolerate the criminals who deal in them.

In these times when the national, state and even local news is full of stories about brutal, crooked and incompetent police officers, it is understandable that our citizens have questions about the quality of their police service. And we should hold our officials and public employees to a higher standard, and the taxpayers do have a right to expect professionalism and competence.

But the facts do not support the claims made in your editorial about the Magic Valley Drug Task Force and its police officers. To misstate or ignore the facts in this matter and further erode the public trust is an irresponsible act.

Paul L. Du Fresno, director of the Twin Falls Department of Public Services, supervises the city's police and firefighting agencies.

'Frontier justice' and 'Keystone Cops'? That's not the case

As manager of the Magic Valley Drug Task Force, I would like to respond to your April 19 editorial.

I find the editorial quite disturbing and full of fallacies. I am aware of your crusade against K. Baxter, the prosecuting attorney's office and the grand jury system in Twin Falls County. I am not pleased with your printing of false information about the Magic Valley Drug Task Force and using it as a lever in furtherance of your agenda.

In answer to your quote by Judge Hurlbut, "Why did you wait two years on these cases?" - all of the Task Force cases were in 1991, less than a year old. The delay in filing the case was two-fold.

(1) A grand jury in Cassia County in July where 28 drug dealers were indicted. These were also cases from the Idaho Bureau of Narcotics and the Magic Valley Drug Task Force, the same two agencies involved in the Twin Falls drug indictments.

(2) Scheduling by the Twin Falls prosecuting attorney's office and the availability of Frank Nichols, the Task Force and the Idaho Bureau of Narcotics had the drug cases ready and wanted a jury

Don Walden
Reader comment

inpaneled in September 1991.

To your outlandish remark about frontier justice administered by Keystone Cops and the Task Force officers who can't seem to make a bust without jeopardizing the arrest by violating the rights of the accused - I believe your remark shows your consistent negative attitude toward law enforcement as always.

The Task Force last year alone arrested more than 100 people without incident on drug-related charges, seized \$78,000 in cocaine, \$18,000 in marijuana, \$1.6 million of marijuana plants and \$14,000 in methamphetamine.

You state the indictments by the grand jury of 39 people wasted thousands of taxpayers' dollars on minor narcotics users.

Out of the 27 Task Force cases the grand jury indicted, 21 people were indicted for delivery of controlled substances, and most of them were for more than one delivery. Delivery is sales, distribution of drugs for profit within our county. No drug dealer is too small as far as I am concerned.

You state you wonder if we would know a real drug dealer if we tripped over him. We would know a real drug dealer with the

The alleged indictment you referred to a Twin Falls cop's wife provoking a \$1 million tort claim against the Task Force was not even a Task Force case. This was a case presented to the grand jury by the Idaho Bureau of Narcotics. A female subject with the same name and same date of birth as the city cop's wife was indicted for drug trafficking. This name was printed in your newspaper and is the basis of the tort claim even though the right subject was arrested on the warrant.

Your editorial states, "They threw an innocent, mentally retarded citizen to the floor during a drug raid and held her at gunpoint," resulting in another legal claim against the county. I certainly am glad your paper is now making legal determination for our county as to who is innocent and what claims are legal and which ones are not.

First of all, this was not a drug raid. The Twin Falls City SWAT team went to the El Millagro Housing complex, formally the Twin Falls Labor Camp, to serve a felony warrant for delivery of marijuana on a male subject living there. The wanted person was living in the same house he was selling marijuana out of.

Whether the occupants of the house were innocent of marijuana sales, I do not know. Whether the SWAT team threw an innocent, mentally retarded citizen to the floor, I do not know. Whether they held her

at gunpoint, I do not know. The Task Force was not involved in the arrest. I do know that the wanted person was arrested on the warrant at the house and at the time this alleged incident occurred.

You quoted me as stating, "I justified the manhandling of the retarded woman" by saying "the officers didn't know who was in the house and didn't want to take any chances, especially in the labor camp." Let's print the statements in context and not just the wind pieces of it.

I did not justify the action of anyone. I stated that when we, the Task Force, executed a search warrant on a residence where we know drugs are being dealt, safety for the officers and the occupants of the place to be searched is our No. 1 concern.

It is our practice upon entry to place everyone on the floor and handcuff them until the entire house is secure and safe for everyone. In these situations, there is always a danger factor: drugs and guns seem to go hand-in-hand. People high on drugs and scared of being arrested can become violent and hostile.

It is more common than not for us to serve a search warrant and find the household of women and children. The drug dealer takes it upon himself to subject his household members to the shame, inconvenience and suffering placed upon them when he engages in illegal drug

business. It is easy to cry foul in an attempt to get back at the cops.

My statement in reference to the El Millagro housing units, the old labor camp, would be accurate if you printed the rest of it. I stated that one of the wanted subjects living in the labor camp was at the time involved in gang activities, and we were not sure at the time how many more gang members might be living near or with this subject in the close confines of the housing complex. This could place the arresting officers in a dangerous situation and, indeed, "you could get into serious trouble out there."

We attached a photo to the arrest warrant of this gang member crouched behind a car with a sawed-off shotgun. This was not a racist or offensive remark and was only stated that way by you in an attempt to sensationalize your story.

It is my sincere wish that you would obtain factual information before printing it. The Magic Valley Drug Task Force has strived long and hard in an attempt to curb the drug problem that exists in the Magic Valley. I don't believe it is fair for you to air the problems existing between you and the Twin Falls prosecuting attorney's office by using the Task Force as another tool in your fight.

Don Walden is the project manager for the Magic Valley Drug Task Force.

Letters

Ignore crybabies

The only thing true in Mr. Clew's letter of April 22 is that "it is an election year." There are a lot of drug dealers in Jerome County crying about Sheriff Gold and trying to make him look bad so he won't get re-elected.

For years, our community has watched these "crybabies" get away with anything and everything. Sheriff Gold has changed all that, and we are behind him 100 percent.

Please don't be fooled by the crying you'll hear from now until election day. These guys want things the way they used to be, and we will never let that happen.

KATHY KENT
Hazelton

'Friends' offer help

One of the hardest things in life to accept is the death of one's child. If you know of someone whose child has died, or if your child has died, there is a group which exists for the purpose of helping bereaved parents and siblings toward a positive

resolution of their grief.

That group is The Compassionate Friends, which is an international organization with more than 640 chapters in the United States. There are no dues or membership fees. TCF is a non-profit, charitable organization (listed with the Internal Revenue Service) and is staffed entirely by volunteers at the local level.

Many chapters' leaders foot some of the expenses (incurred on behalf of TCF) from their own pockets. TCF is dependent upon contributions from bereaved parents, mainly, and its vitality depends upon many parents helping to shoulder the work entailed in the running of a chapter.

The group in the Twin Falls area can be contacted by writing to Joan and Pat Blunt, Magic Valley Chapter TCF, 233 E. Ave. B, Jerome, ID 83338, or by calling 324-4796.

There are chapters in Blackfoot, Idaho Falls and Pocatello.
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7107 W. State, Boise	853-2211	400 N. 3rd E., Min. Hope	587-8417	111 E. 1st, Meridian	808-3687

Idaho/West

Man faces kidnapping charge

SALT LAKE CITY (AP) — Richard John Tarver remained in a mental health unit of the Salt Lake County Jail Saturday awaiting extradition and a kidnapping charge in the alleged abduction and hostage-taking of a Washington girl.

Tarver, 35, was arrested and 9-year-old Amber Kern released unharmed Friday evening after a 7½ standoff with police at a west-side church. The girl had been abducted two days earlier from her Spokane neighborhood.

Tarver, a parolee from the Oregon corrections system wanted for questioning by authorities in Spokane and Idaho, was arraigned before U.S. Magistrate Ronald Boyce within an hour of his arrest.

While Boyce read the federal kidnapping charge against him, Tarver sat with his head down and rocked back and forth. Asked if he wanted an attorney, Tarver declined. Boyce appointed one anyway, saying he was not convinced of Tarver's culpability to make an intelligent waiver of counsel.

The magistrate also directed that Tarver be held without bail in the county jail pending a detention hearing Thursday, and ordered a psychiatric evaluation.

Since the kidnapping charge was filed in Spokane, Boyce said, a plea must be entered there. Extradition proceedings to Washington were to be discussed further at Thursday's hearing.

The whereabouts of Amber and



Richard Tarver, left, leaves court in Salt Lake City.

her mother, Debra Kern, were not known Saturday.

However, Mrs. Kern had told reporters after being reunited with her daughter that the two would remain in Utah as long as authorities need them.

"They have their job to do, and

without them I wouldn't have my baby back," she said.

Mrs. Kern was flown from Spokane to Salt Lake City Friday night and then whisked to Primary Children's Medical Center, where Amber was undergoing a medical examination.

AP/PHOTOS

HUD awards \$120,000 to Ogden for youth sports program at center

OGDEN, Utah (AP) — The U.S. Department of Housing and Urban Development has awarded Ogden a \$120,000 grant to start a youth sports program at the Marshall White Center.

The program is designed for youths living in HUD projects near the center, including organized sports and games, special classes and activities and drug resistance education.

Mayor Glenn Mechem said the program will give youths a chance to establish personal relationships with adults and learn social and coping skills.

"Central Ogden youth are in need of a safe, wholesome environment that will foster self-esteem and improve their resistance to substance abuse," Mechem said.

According to the grant proposal, about 93 children live in HUD housing projects in the area and nearly 98 percent of their parents said they would support a sports and activities program.

"The community was overwhelmingly supportive. It's nice to get some funding to now put this program into works," said Annette Cotter, Ogden recreation manager.

Officials hope to begin the program later this summer with about 60 children. Youngsters from other HUD projects in the city also will be invited to participate and will be transported to and from the center.

Organized sports and games will be held three times a week, and will include basketball, baseball, boxing, volleyball and tennis.

Don't free Thomas, say women

BOISE (AP) — Kerry Stephen Thomas will be released from prison after 18 months, although three women he exposed to the AIDS virus beseeched officials to keep him behind bars.

The former Boise State basketball player can leave the minimum-security Southern Idaho Correctional Institution on parole within six weeks.

The women who were exposed to the HIV virus cried and hugged each other after the Commission for Pardons and Parole made its decision on Friday.

"When he told me he didn't have AIDS, I believed him," said a 23-year-old woman, who declined to be identified. "I feel he would be a threat to society because he has no remorse for what he did."

Thomas, 28, denies he has, no concern for exposing five women.

"I can understand their anger," he said.

Although the women were allowed to testify, Board of Corrections Chairman Del Ray Holm said the panel could only consider the testimony of the victim of the crime for which Thomas was convicted.

Thomas agreed to plead guilty to one count of statutory rape with a 16-year-old girl while he was an aide at a Boise adolescent hospital.

Charges of exposing the women to AIDS were dropped in a plea bargain. The statutory rape victim did not appear at the parole hearing.

Thomas' tendency to conceal his HIV status from sex partners "could be a problem," said Holm, "but that's not for us (pardons commission) to determine."

Thomas was charged in April 1990 with knowingly exposing the women to the HIV virus. Authorities say he had unprotected sex with them in 1989 and early 1990 without their knowledge of the disease.

Arizona bill would outlaw gas chamber

PHOENIX (AP) — A bill to change the state's method of execution from gas to injection goes to the state Senate now that it's been approved by the House.

The measure passed the House 41-10 on Friday. If approved in the Senate, the matter would be put before the voters in November as an amendment to the state Constitution, which specifies the use of gas.

The change was proposed early this year, but didn't gain significant support until the April 6 execution of triple murderer Donald Eugene Harding in the gas chamber. It was Arizona's first execution in 25 years, and many lawmakers were disturbed by graphic accounts of his slow death.

Harding wasn't pronounced dead until 10 minutes after two cyanide pellets were dropped into a bowl of sulfuric acid beneath his chair. Witnesses described a gruesome scene

of Harding gasping, shuddering and desperately making obscene gestures with both strapped-down hands.

The campaign for change gained momentum this week when neighboring California had its first execution in 25 years. Robert Alton Harris had to sit strapped in the gas chamber chair while his last appeal was rejected. Then, like Harding, Harris took 10 minutes to die.

Arizona, Maryland and California are the only states where gas is the sole method of execution. North Carolina and Mississippi use gas or injections.

The Arizona amendment was introduced by state Rep. Lela Sterrett, who favors the death penalty and worried that environmental concerns last year about venting the gas after an execution might delay the return of capital punishment.

The chief opponent of the change was House Judiciary Chairwoman Patti Noland, a supporter of victims'

rights whose son was shot to death last year during a traffic dispute.

She had been expected to filibuster the measure by reading a list of names of inmates on the state's 100 death row inmates.

But she changed her mind because, she said, victims would like to eliminate one avenue for what they see as defense delaying tactics: the argument that gas amounts to unconstitutionally cruel and unusual punishment.

Arizona hanged its murderers until 1939, when the rope decapitated a condemned woman. The state tried to use the gas on grounds it was more humane.

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Magic Valley

Primary voters face change in districts

By Drew DeSilver
Times-News writer

TWIN FALLS—When primary voters go to the polls on May 26, they will encounter a far different system for electing state legislators than the one in use for the last eight years.

In some ways, it will be simpler. Floterial districts (such as the Magic Valley's old District 25) are gone, as are multiple-delegation districts (Twin Falls County's old District 23, for example). Instead, each new district will send a delegation of one senator and two representatives to Boise.

Figuring out what district you're in, though, may be tricky.

The new map, unlike the one drawn in 1984 the last time the state was reapportioned, splits counties between legislative districts. Statewide, in fact, 15 counties lie in more than one district.

In south-central Idaho, Elmore, Gooding, Minidoka and Twin Falls counties are split between districts; the cities of Twin Falls and Rupert also are split.

These maps show those splits in those four counties and in the city of Twin Falls. Use these maps, along with the following district descriptions, to determine which district you now vote in and which primaries, if any, are being held there.

District 20

Elmore County: precincts of Chattin Flats, Glenna Ferry 1 and 2, Hammett, Mayfield, Mountain Home 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

District 21

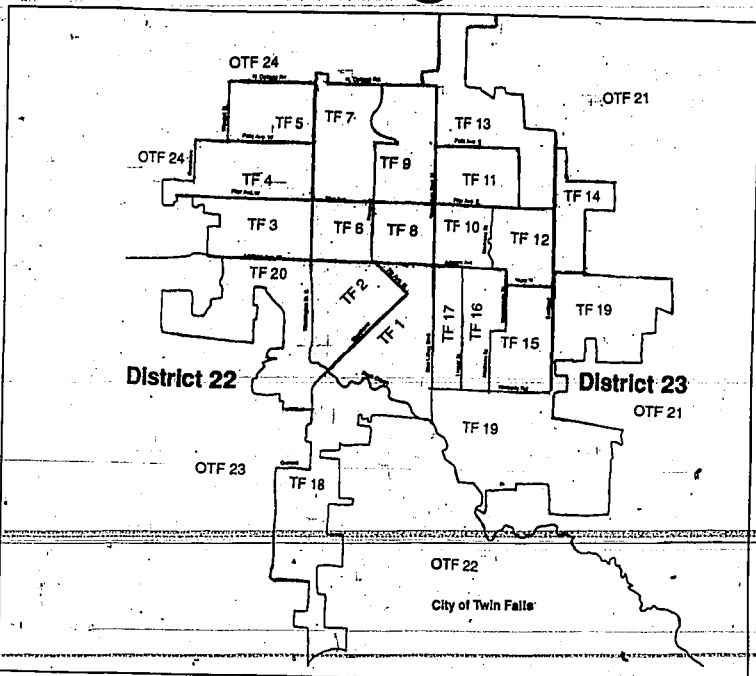
Blaine County: all.
Camas County: all.
Elmore County: precincts of Atlantá, Camas, King Hill, Pine, Prairie.

Gooding County: precincts of Bliss, Gooding East, Gooding Northeast, Gooding Northwest, Gooding West, Tuttle, Wendell East, Wendell Rural, Wendell West.

Lincoln County: all.
Primaries: none.

District 22

Gooding County: precincts of Hagerman, Orchard Valley, West Point.
Twin Falls County: precincts of Buhl 1-



Blaine County: all.
Camas County: all.
Elmore County: precincts of Atlantá, Camas, King Hill, Pine, Prairie.
Gooding County: precincts of Bliss, Gooding East, Gooding Northeast, Gooding Northwest, Gooding West, Tuttle, Wendell East, Wendell Rural, Wendell West.
Lincoln County: all.
Primaries: none.

District 23

Twin Falls County: precincts of Hansen, Hollister, Kimberly 1-3, Twin Falls 1, 2, 6, 8-17, 19, 21, 22 (basically the eastern two-thirds of the city of Twin Falls, as divided by the line described above).

Primaries: Incumbent Sens. Russ Newcomb of Twin Falls and Laird Noh of Kimberly are running for the Republican nomination for the Senate seat. No Democrat has filed for the seat.

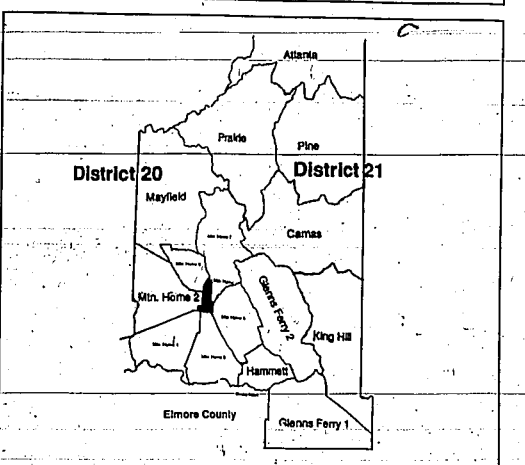
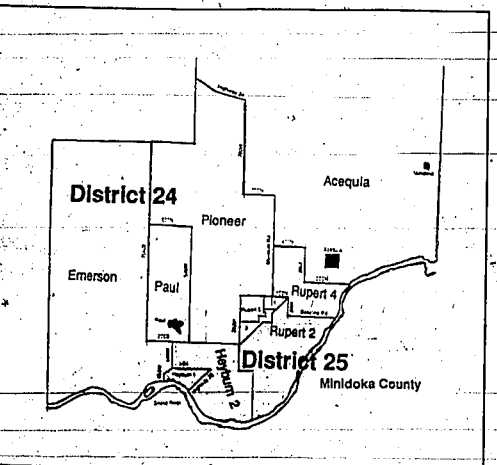
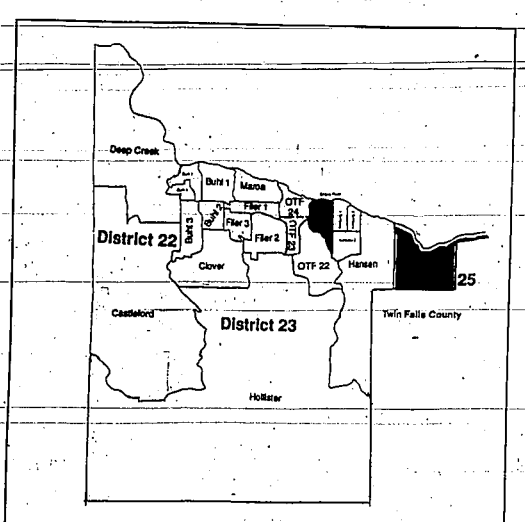
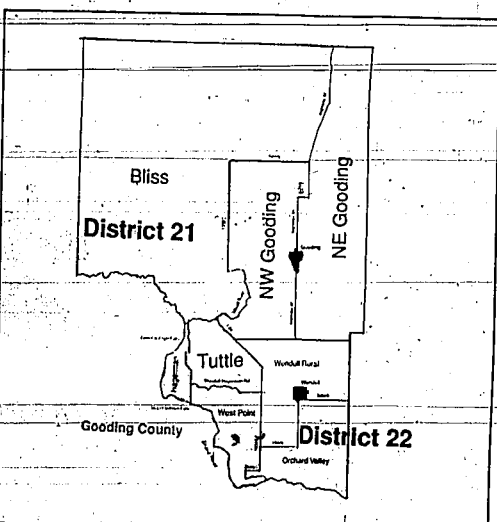
District 24

Jerome County: all.
Minidoka County: precincts of Acequia, Emerson, Paul, Pioneer, Rupert 1, 3, 4 and 5 (basically the western two-thirds of

Rupert, or the part lying northwest of Oneida Street).
Primaries: Two incumbent legislators, Sen. Dean Cameron of Rupert and Rep. Ralph Peters of Jerome are running for the Republican nomination for the Senate seat. The winner will face Democrat Jason Stoldorf.

District 25

Cassia County: all.
Minidoka County: precincts of Heyburn 1 and 2, Rupert 2 (basically the eastern third of Rupert, or the part lying southeast of Oneida Street).
Primaries: none.



Want the real truth? Ask a Norwegian

The road to Jackpot is littered with broken dreams, but along a two-mile stretch of Idaho Highway 74 south of Twin Falls, the Sons of Knute have picked them all up.

The Sons of Knute is one of 137 organizations and families in the Magic Valley that are involved in an Idaho Transportation Department-sponsored program to keep sections of highway litter-free, but nobody does it better.



Steve Crump
Don't ask me

To comprehend why, you have to understand the true nature of the Sons of Knute's constituency:

Norwegians.

To be Norwegian is to understand the basic truth of the cosmos: Some things are worth worrying about, but not that many and not that much.

Order is one of the exceptions. My Uncle Torvald was born in a village north of the arctic circle that was so small there wasn't room for both an "ending" and "leaving" sign.

They put they put the sign on a rail siding five miles down the track, figuring that anybody who didn't know where he was when he was in town should certainly be told before he got away.

After Aunt Gudren died, Torvald remained, in Garrison Keillor's happy phrase, a Norwegian bachelor farmer—a man who plowed a neat furrow, changed his socks twice a year and his mind somewhat less frequently.

He'd look you in the eye, shake your hand firmly, sit down and not say another word for 10 minutes, at which time he'd stand up, look you in the eye, shake your hand firmly and get home and watered the stock.

He'd have appreciated Roger Juntunen of Twin Falls, one of the stalwarts of the local Sons of Knute.

"Roger's" music is Keillor's "Lake Wobegon Days" and his philosophy is simple: "Sure we're Norwegian, but then isn't everybody?"

The Knutes meet every now and then and talk things over (the death of Norway's King Olav is a recent favorite subject), play some tunes (the band has a security division to keep groupies away), help the Irish celebrate St. Patrick's Day and reflect on the Nordic condition.

Norwegians, you understand, come from a land of contrast, a place where glaciation gives way to winter about August and then back to glaciers again two weeks later.

There are more rocks per square acre than anywhere else on earth except Lincoln County, and Norwegians grow up believing herring is the staff of life.

That's not a happy prospect. Trust me, Torvald and his brother, Arne, moved to Utah in their teens, a place that in 1920 was as far from a fish market as you could get and still be on the planet.

No matter. They brought their own herring with them, barrels of it, salted, pickled and — Lord have mercy on all who sample it — lutefisk.

Lutefisk is a Norwegian word meaning drain-cleaner. Actually, it's herring or stockfish soaked for extended periods in lye and left for dead.

Torvald and Arne had it three times a day, sometimes more. Arne must have inhaled, because he died at 50.

By the time I came along, Torvald was an older and wiser man, and he never ate lutefisk unless he had an antidote: Akvavit.

The dictionary says akvavit is a clear, Norwegian or Danish liqueur flavored with caraway seeds, which is like saying that tequila is a gentle aperitif favored by cactus worms.

Torvald was never a big drinker, but then with akvavit you don't have to be. He'd toss back a thimble-full, chase it with coffee, strong enough to mug the sugar bowl, get up, and walk away like Lon Chaney Jr. in "The Mummy."

In his declining years, he worked his 160-acre farm alone. Hired hands were an extravagance, and Torvald was a man who kept himself to himself.

But after my dad died and I needed to see the truth of things, I'd go pay Torvald a visit.

Last time I saw him, we sat at his old kitchen table and shared an akvavit. As was the custom of the house, we swallowed it in a single gulp, which brought tears to my eyes for 10 minutes.

When I finally could see again, I looked at Torvald. He had tears in his eyes too, something I'd never seen in the old Norwegian.

"Yeah, sure, by golly, and that's enough," he said at length. "You betcha." The Sons of Knute would understand.

INEL comment period extended

IDAHO FALLS (AP) — Federal and state officials have extended the public comment period on a plan for cleaning up the Idaho National Engineering Laboratory's Power Burst Facility.

The original comment period ended Friday, and public hearings were conducted April 8 and 9 in Idaho Falls and Burley. Now the U.S. Department of Energy, the Environmental Protection Agency and state Department of Health and Welfare will accept comments until May 24.

The Power Burst Facility Reactor, was built to test

pressurized-water reactor fuel rods under conditions imposed by hypothetical reactor accidents. It began operating in 1972 and was shut down in 1985.

Now the INEL wants to clean up the facility's corrosive waste sump, evaporation pond and related piping used to neutralize, transfer and hold spent reactor coolant water.

They were contaminated with organic compounds, metals and radionuclides. Officials say cleanup is being considered to reduce potential exposure to chromium and low-level radionuclides.

Record

Continued from B3

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Alvin Russell Wayland.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Jorge Melendez Jr.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Richard Forbes.

State of Idaho, Bureau of Child Support Enforcement on behalf of minor children, vs. Gary E. Miller, d/b/a Miller Concrete & Excavation.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Wayne Scott Rasmussen.

State of Idaho, Bureau of Child Support Enforcement on behalf of the State of Washington, Department of Social and Health Services, vs. Lloyd Richard Broner Sr.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Volker Albrecht.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Troy William Schroyer, a/k/a Troy William Chilson.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Kully Matthew Kulin.

State of Idaho, Bureau of Child Support Enforcement on behalf of minor children vs. Robert Dean Miller.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Robert E. Arnold.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Gary Jerome Jamroz.

State of Idaho, Bureau of Child Support Enforcement vs. Wayne Gause.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Roger Noble Evans.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Ken Martine MFR.

State of Idaho, Bureau of Child Support Enforcement on behalf of minor children vs. Roberto Galan.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Steve R. Brannon.

State of Idaho, Bureau of Child Support Enforcement vs. Gary L. Paulson.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. Israd Ramirez.

State of Idaho, Bureau of Child Support Enforcement on behalf of a minor child vs. William Thomas.

State of Idaho, Department of Health and Welfare on behalf of a minor child vs. Donald Baker.

State of Idaho, Bureau of Child Support Enforcement on behalf of the State of Washington, Department of Social and Health Services vs. Houn Chan.

Other civil lawsuits filed:

Glenda E. Jones, aka "Jinx" Jones vs. Arthur Jones, aka "Art" Jones.

Asking for \$49,100 plus interest from July, 30, 1984, and attorney's fees and costs.

Robert J. Kulhanek vs. Elizabeth Jackson and D.A. Jackson, wife and husband.

Personal injury lawsuit asking for at least \$10,000 damages and medical costs, plus attorney's fees and costs.

Landie Miller, individually vs. John C. Wells, an individual.

Asking for general damages of \$10,000, plus medical costs, lost wages and attorney's fees and costs.

Gary Atkinson and Kimra Atkinson, husband and wife, vs. John Reid and Jane Doe.

Reid, husband and wife, d/b/a Reid Brothers Circus, and Smiles Inc.

Timothy Read and Avis Read, vs. John Reid and Jane Doe Reid, husband and wife d/b/a Reid Brothers Circus and Smiles Inc.

Delsman Glauner and Alice Glauner, husband and wife vs. Cactus Pete's Inc., and John Does 1-50.

Personal injury lawsuit asking for damages and medical expenses, plus attorney's fees and costs.

Maryann Gulick, a minor by and through her next friend Nancy Gulick, and Gilbert Gulick and Nancy Gulick, husband and wife vs. County of Twin Falls, a political subdivision.

Asking for general damages to be determined at trial. Damages claimed exceed the minimum jurisdictional amount for the district court. Also asking for attorney's fees and costs.

JOHNNY HORIZON DAY

Saturday, May 2, 1992
8:00 am to 3:00 pm

Official County Road Clean-up
Day For Magic Valley
Join The Fun...

Free Pepsi, McDonald's Fries
and a lot of prizes for participants!

Prizes Valued Up to \$300

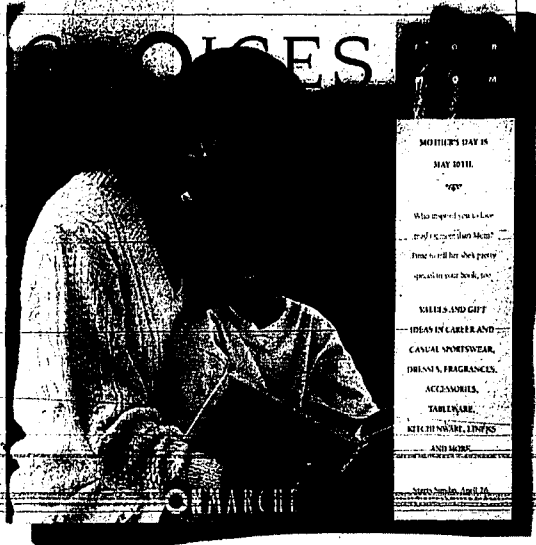
Prizes For All Participants

Call 734-9490 for Clean-up Locations

For Further Information Call
American Recycling • Hamilton Manufacturing
733-9689

Times-News Public Service Announcement

See what we've got in store for Mom.



Look for our Mother's Day insert in today's paper.

Event starts today.

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Our Storybook Bear can help give illiteracy a happy ending.



With each \$100 purchase of our charming stuffed friend, we'll make a contribution to a literacy organization. It's a way of honoring moms who share a love of reading with their children. If you hurry, you'll also receive our limited-edition "Storytime for Little Bear" poster by acclaimed children's book illustrator/author Scot Gustafson.

Join us for Storybook Saturday, May 2 & 9.

Starting at 11 a.m. We'll have librarians reading favorite children's books in the Kidsworld department. Also find out how to sign up for a library card.

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Features

Spotlight on the valley

Twin Falls graduate earns Fellow

The California Speech-Language-Hearing Association has conferred the honor of Fellow upon Sharon Brooks, the daughter of Ted and Fumi Matsuda of Twin Falls. Brooks received the honor for demonstrating outstanding service to the CSHA and outstanding productivity in her field of work. The Twin Falls High School graduate was born in the Minidoka Relocation Center. She earned her doctorate degree from the University of Washington and will be promoted to the position of associate clinical professor at the University of California College of Medicine, Department of Neurology, in July.



Brooks

During their morning routine Mary Larkin gets her mother, Agnes Bowlin, ready for the day by doing her hair and makeup. Center, Larkin accompanies Bowlin on one of her mother's frequent walks.



ANDY ARENZ/The Times-News

Others are busy receiving honors, too. More than 500 high school and college students recently competed in 20 events at the Idaho Skill Olympics held at Boise State University. College of Southern Idaho students who won awards are Eric Calliger, Jeff Campbell, Doug Hughes, Jim Stewart, Carl Hiler, Peter Glenn, Darrell Loveless, Kelly Chappell, Damon Beard, Janet Hocky, Rose White, Tonia C. Thomason, Chris Derbridge, Wendall Sleight, Lauretta Knighton and Helen Mori. Winners from Burley High School are Sheldon Lynch, Scott Bell, Nathan Nelson, Rob Veneman and Bruce James. Greg Hutchins of Twin Falls, a student at Idaho State University, also won an award.

Rachel Clark, a College of Southern Idaho music major, won the piano division at the Idaho Federation of Music Clubs state competition. The daughter of Tom and Norene Clark is a student of Phyllis VanNest.

Michael T. Martin, of Twin Falls has been elected to the Wabash College chapter of Phi Beta Kappa. Eugene Gordon and Stephen Miller, both of Twin Falls, were elected to Phi Beta Kappa at Whitman College.

Several students have been inducted into the Golden Key scholarship and service honorary at the University of Idaho. They include Jennifer Kooiman of Buhl, Kara Henning of Hazelton and Lisa Bowen of Twin Falls.

The University of Idaho chapter of Phi Eta Sigma national honorary society has inducted the following new members: Christine Brown of Buhl, Shane Harris of Bujley, Marcia Kulik of Filer, Justin Rumpel of Hailey, and Sara Falk, Gail Hazen and Andrew Moran of Twin Falls.

Heidi Bendorf, the daughter of Rick and Susan Bendorf of Bliss, has been awarded the Distinguished Honor Scholarship at Cornell College in Mount Vernon, Iowa. The \$4,000 scholarship is awarded to high school seniors.

Among 177 students participating in internships as part of their undergraduate work at Trinity College in Hartford, Conn., is Tracee Carlson, daughter of Elizabeth and Clyde Carlson of Boulder, Colo., and formerly of Twin Falls. The senior English and psychology major is interning with the Connecticut Public Defender's Office.

Jerome High School became home state champions after competing with 40 Idaho schools in a recent speech contest. Students placing in the competition were Becky Prescott, Katie Neff, Chris Wong, Heidi Bingham, Bicoo Barney, Katie Johanson, Jeff Wong, Micah Miller and Rich Burton.

Five students in Minidoka County have their names displayed at the state capital building in Boise. The students are all winners of a Write On Idaho competition. They are Jennilee Larson and Darin Jurgensmeier, both of Coconia Elementary; Sheila Jensen, of Big Valley.

Please see SPOTLIGHT/C2

When Memories Fade

Alzheimer's disease disintegrates what takes a lifetime to achieve

By Denise Turner
Times-News writer

TWIN FALLS — Agnes Bowlin knows she has Alzheimer's disease. She is trapped inside life's worst nightmare, watching herself gradually lose her mind.

Each loss becomes increasingly tragic. First, Bowlin was robbed of the ability to cook. Then she couldn't do laundry. Now, she can't watch TV, because the images on the screen move too fast. Whenever Bowlin loses another function, she cries. Eventually, the disease will rob her of her fear and despair — her last tie to reality.

Alzheimer's disease is a progressive, irreversible neurological disorder that afflicts up to three million American men and women. Most victims are over 65, though some are in their 40s and 50s. Sometimes called the "disease of the century," Alzheimer's is the fourth leading cause of death among adults. It is not communicable. It is not curable.

Modern medicine, in many ways, is baffled by Alzheimer's.

The disease is a form of senile dementia, a

Please see ALZHEIMER'S/C2



Patients, families live life day at a time



Howard Tucker says he will keep his wife, lone, at home as long as he is able.

By Denise Turner
Times-News writer

TWIN FALLS — If love is something you do, Howard Tucker is one man who got it right.

Tucker, 77, has been lovingly caring for his wife since she was diagnosed with Alzheimer's disease in 1987. No days are easy.

Each morning, lone Tucker, 75, awakens in her two-story white house with its familiar surroundings. Her husband helps her dress and begins preparing her meals. "I never cooked before, but she's very easy to please," he said.

After breakfast, Howard Tucker, a polite, soft-spoken man, tends to the housework, washing or ironing clothes. When he does yard work, his wife sits outside in a lawn chair nearby.

Three times a week, Howard Tucker utilizes the services of the Office on Aging's Senior Companion Program, allowing

him time to fish, play golf or engage in his lifelong passion: bridge. "This is wonderful for me, but difficult for lone," Tucker said. "lone would much rather I'd stay home."

The Tuckers have five children, none of whom live in the Magic Valley. But, when a son or daughter visits, Howard Tucker has extra free time. lone Tucker's brother and sister-in-law, who live down the road, also help out. And the Alzheimer's Support Group, at the Office on Aging, is Howard Tucker's lifeline.

"Their program is wonderful," said Howard Tucker. "It helps so much to be with people who are having similar experiences and to receive the newsletters." lone Tucker has lost the ability to read, and she has difficulty finishing sentences when she speaks. Often, she completes a thought by saying, "I just can't remember."

Still, she likes colors, and the

Please see TUCKER/C2

Caregiver tips, resources

The Times-News

Caregivers of Alzheimer's patients need not feel alone. Here are some tips and resources:

- Stay in touch with your loved one by reading to him or looking through family albums with him.
- Try a portable, sitz bath for easier bathing.
- To reassure a loved one who panics when you are away, get a timer so the patient can "hear" when you will return.
- Tape your voice to soothe your loved one when you go out.
- Assign your loved one a task he is able to do — folding clothes, emptying wastebaskets, dusting — to help him feel more productive.
- For sensory stimulation, help your loved one sort buttons, cards or socks. For tactile stimulation, encourage your loved one to arrange silverware or scraps of fabric.
- Keep your loved one safe at home with night lights, childproof doorknobs, warning bells and safety gates. Put dangerous household products out of reach, and provide wanderers with some sort of identification.
- Take good care of yourself and, you will be better equipped to care for family members. Allow others to help you.

• Canyon View Hospital in Twin Falls offers an Alzheimer's assessment evaluation program, including a complete medical workup to rule out other diseases. Even though an absolute diagnosis requires examination of brain tissue, performed at autopsy, various psychological and neurological exams can provide a fairly accurate diagnosis. Canyon View's initial consultation is free. Call 734-6760.

• Green Acres Care Center's Alzheimer's Support Group meets at 2:30 p.m. the second Wednesday of each month at 1220 Montana in Gooding. Call 934-5601 for more information.

• The Twin Falls Office on Aging Alzheimer's Support Group meets at 10 a.m. the third Wednesday of each month at 998 N. Washington on the College of Southern Idaho campus. A monthly newsletter is free. Call 736-2122 for more information.

• The Office on Aging's Senior Companion program is free, as determined by need for the service. A Homemaker Service, in which visitors perform specific tasks, is set up on a sliding fee scale. Call 736-2122.

• Personal Care Services, available through the Department of Health and Welfare, is an income-eligible program. Call 736-2177.

• A box is now included on the Idaho income tax form so that people can make donations to the Alzheimer's Association. Individuals or groups anywhere in

Please see TIPS/C2

'When you lose a loved one to death, you lose them once. With Alzheimer's, you lose a little bit of them every day.'

— Mary Larkin, whose mother has Alzheimer's

Inside

- Chess C3
- Earthright C4
- Dear Abby C5
- Somebody needs you C6

Alzheimer's

Continued from C1
 problem that has afflicted the elderly—for generations. Researchers are currently investigating experimental treatments, using various substances to promote nerve cell growth and repair. Tissue transplants are also a possibility, but both approaches require more study before they can be tested in humans.
 Mary Larkin, 53, traveled to the Magic Valley from her home in Oregon in 1987 to attend her father's funeral. She never left. Larkin is Bowlin's daughter.
 "When you lose a loved one to death, you lose them once," Larkin said. "With Alzheimer's, you lose a little bit of them every day."
 Bowlin's disease was diagnosed in 1988.
 Alzheimer's begins almost imperceptibly, with memory lapses that can happen to anyone—an inability to find the right word or to remember a name. Eventually, the victim's personality changes: less sparkle, dwindling interests. In the later stages, the patient becomes incontinent and bedridden. Finally, he loses consciousness. The changes generally take place over a period of seven to nine years but may take 20 years or more.
 At first, Larkin said, she didn't know how to deal with her anger and guilt. Her doctor put her on nerve pills, but she didn't want to be dependent on medications. She started looking for other ways to cope.
 Larkin enlisted the help of friends, who visit Bowlin, 72, and care for her while Larkin bowls. Larkin also has strengthened her faith in God, praying frequently. "I attend the Alzheimer's support group at the Office on Aging," Larkin said. "I couldn't have made it without them."
 Marie Donner and Janice Stone work closely with Alzheimer's

caregivers at the Office on Aging. They started a support group eight years ago, while working with a patient whose last entry in his journal was "I think I'm losing my mind."
 Today, more than 300 people are on Donner's mailing list. "Most of them are Alzheimer's families," Donner said, "but we have no way of knowing how many people in the Magic Valley actually have the disease."
 At support group meetings, caregivers share concerns and learn to cope. "The caretaker tends to want to correct the thinking of the patient," Donner said. "A better tactic is validation therapy: you agree with the patient's statements and understand that he is actually communicating some old business."
 Bowlin has good and bad days. Sometimes, she confuses the names of her two sons, and she can't keep her grandchildren or great-grandchildren straight. Often, she mixes up words.
 On good days, Bowlin likes to get out of the house. "You say go, and I'm gone," she said. She likes to listen to music on the radio, too, and sometimes dances a jig. She has been spared any drastic personality changes.
 "She's not mean," Larkin said. "Oh," Bowlin replied, a faint twinkle in her eyes. "I thought I was ornery."
 Larkin recommends that caregivers meet with a lawyer to draw up guardianship papers. She also shopped around to find a physician who would treat Bowlin like a human being with dignity.
 The doctor prescribed a medication for Larkin's mother, to lessen her unpredictable behavior.
 But even on good days, Larkin said, she often feels desperately alone. "Many family members don't acknowledge Alzheimer's

because they can't deal with it," she said. "People hide and whisper about it, like they once did about cancer."
 Larkin has told her lawyer what to do if the disease ever strikes her. "I don't want my children taking care of me," she said. "First, I want to go to residential care and then to a nursing home when it's necessary." Larkin made her decision, she said, because she has "been there," and she knows that the patient doesn't really understand what is happening.
 "A big part of our function is to help people realize when they can no longer keep their loved ones at home," Donner said. "All of the nursing homes and most of the residential care facilities take placement, and some will do space available day care on physician referral."
 Green Acres Care Center in Gooding and Twin Falls' West Magic Care Center both have special facilities for Alzheimer's patients. Holly Residential Care Homes in Jerome has Maranatha House, with a staff trained in new methods of communicating with and caring for Alzheimer's patients.
 Cost can be a problem, though. Medicare is of little benefit for long-term services, and Medicaid is only for those who have exhausted their own funds. Luckily, Bowlin's husband left her a trust.
 Larkin knows she will have to look into nursing care someday. Bowlin, whose generation promoted the stigma of the old folks' home, would prefer not to think about that.
 "You will go when I can't handle you, won't you, Granny?" Larkin asked.
 Bowlin answered her daughter with a half smile. After a long pause, she replied, "I'm not ready to go."

Historical society sets lecture, show

The Times-News
 SUN VALLEY — A free lecture and slide show on the architectural history of southern Idaho will be presented at 7:30 p.m. Wednesday in the North Horizon Room of the Elkhorn Resort.
 Presented by Jennifer Atteberry, Ph.D., "What Style is It and Why Should We Care?" will focus on the architectural styles Idahoans used for their buildings, and will explain the many ways 19th-century residents kept in touch with American trends.
 Atteberry has written the book, "Building Idaho: An Architectural History."
 The program is sponsored in part by the Ketchum/Sun Valley Historical Society, the Idaho Humanities Council, and Elkhorn Resort as part of Preservation Week. Another program will be featured in May.
 The recognition will continue through the summer when Ketchum Mayor Dan Hamilton proclaims a local Preservation Week. In late June, 14 commemorative plaques will be placed on historic landmark properties and a walking tour of homes and businesses will be organized.

Valley happenings

One By Ones to convene Tuesday
 TWIN FALLS — The single women's One By Ones will meet at 5 p.m. Tuesday in the First Baptist Church parlor, 910 Shoshone St. E., for a cooked dinner. Dotie Marlow will speak on "Blindness." Single women are welcome. Bring table service.
Learn to make fragrance doll at class
 JEROME — Mary Ann Beikman will instruct a craft class on making a fragrance doll that holds a room deodorizer concealed under her skirt at 7 p.m. Tuesday. The fee is \$5 plus materials. To register for the class or for more information, including location, call the Jerome Recreation District at 324-3389.
Harambee Club sets May flower sale
 TWIN FALLS — In honor of National Mental Health Month, the Harambee Club is holding the fourth annual May Day Flower Sale. Bouquets, priced at \$6 including tax and delivery, can be ordered until Tuesday and will be delivered Thursday and Friday, Call 736-2117 between 10 a.m. and 3 p.m., or 736-2177 between 8 a.m. and 5 p.m. Proceeds go for club activities, recreational outings and other community projects.

Help revive local AARP Wednesday
 TWIN FALLS — A meeting to revitalize the local chapter of American Association of Retired Persons is set for 12:45 p.m. Wednesday at the Twin Falls Senior Citizens Center, 616 Eastland Drive. Jack Jones, state director of AARP; and Aveland McLaughlin and Marshall Edson, veteran AARP volunteers, will speak. Lunch will be served at noon. Suggested donation is \$1.75 for senior citizens and \$2.50 for persons under age 60.
 The Times-News welcomes news of community events. Send material to The Times-News Valley Happenings, PO Box 548, Twin Falls, ID 83303-0548. Please submit news at least a week in advance and include a phone number where you can be reached.

Anniversary?

The Times-News welcomes announcements on anniversary celebrations from 25 years on. Anniversary open houses for 25 years will run as a paragraph in the Valley Happenings column without a photo. Anniversary celebrations from 30 years on will run as a separate item with a photo. Please call 733-0931, ext. 278, or visit our office at 132 Third St. W. for an anniversary form.
 For celebrations of 50 years and over, we ask that the information be typed and the form returned to our office along with a photograph, black and white preferred. Please include a phone number where you can be reached and return the form at least two weeks in advance.
 Your announcement will be published the Sunday before the date of your celebration and as space permits. You may pick up your photo once the announcement has appeared in the paper.

 Twin Falls Elks Lodge #1183
 proudly presents
 2nd Annual
 NFL Celebrity Veteran
 Charity Softball Game
 NFL Allstars vs. Elks Allstars
 FUND-RAISING PROJECT
 CHILD I.D. PROGRAM • DRUG AWARENESS PROGRAM
 Saturday, September 12, 1992
 at 7:30 pm
 Harmon Park, Twin Falls
 For tickets, advertisements and general employment info call 733-4605
 We appreciate the community's support in the purchase of tickets and game program advertising.
 Thank You

Tucker

Continued from C1
 change of seasons. She walks when she is able and goes shopping with her husband on good days. She loves music and tries to play the piano, but she becomes frustrated when her music doesn't sound right.
 Camille Cox, a volunteer for the LDS Relief Society, frequently drops by the Tuckers home to sing and play the piano for her. "I hope anyone could ever give her," Howard Tucker said.
 Since 1983, the Tuckers had suspected that Lou might have

Alzheimer's, particularly as her memory lapses worsened. Her mother and grandmother are believed to have had the disease. Doctors have long cited genetic predisposition as a possible factor.
 "For a long time, the doctors said they didn't think the memory losses were Alzheimer's," Howard Tucker said. "We lived on that for many years."
 Doctors now have lone Tucker on a new medication called Cognex. She is one of 17 people in Idaho on the program designed to slow the

progress of her disease. "They think it would help people in the early stages the most," Howard Tucker said.
 Whatever the future holds, the Tuckers will continue to live it one day at a time.
 "And I will keep her at home as long as I possibly can," said Howard Tucker, nodding gently toward his wife.

Tips

Continued from C1
 Idaho may make grant proposals to any of the three Idaho chapters (Idaho Falls, Boise or Coeur d'Alene), with all collected funds staying in the state. For chapter locations and addresses, call 1-800-272-3900.
 • The Alzheimer's Disease and Related Disorders Association national office is housed in Suite 1000, 919 N. Michigan Ave., Chicago, Ill. 60611-1676. Call 1-800-272-3900.

Spotlight

Continued from C1
 Elementary and Clinton Morgan and Andrea Knipe, both of Paul Elementary, Eden Elementary student winners are Mackenzie Madewell, Kelly Cartwright, Jentry Fife and Kia Cartwright.
 Linette Gregg, who has taught at Hagerman High School for the past four years, has been chosen to receive the University of Idaho Alumni Association Teaching Excellence Award. She will go on to compete in a state contest.
 The National Council of Teachers of English recently announced the appointment of Jeanne Alban of Twin Falls High School as state coordinator for the 1992 NCTE Achievement Awards in Writing.
 Dennis Digean of Wells, Nev., has been nominated to compete in the National Vocational Agricultural Teachers Association, Inc., Outstanding Agricultural Education Teacher award program.
 Darrell Bomer of Twin Falls has been named Educator of the Year by the Snake River Association for the Education of Young Children in conjunction with the Young Child and Parent Learning Fair. Bomer is a staff member of the Department of Health and Welfare Child Development Center.
 Chanhpheng Nanhthaboon, a student at Perrine Elementary School, is among nine state winners in the International Aviation Art Contest. The students sent their

artwork to Washington, D.C., to compete at the national level.
 The Times-News welcomes items about area residents who receive honors — or recognition. Send information to The Times-News Spotlight column, P.O. Box 548, Twin Falls, ID 83303

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Helping children to help our environment

Knight-Ridder News Service

Here are some tips for environmentally aware kids:
TELL THE PRESIDENT

You can write and ask President Bush to attend the Earth summit in June in Brazil; the White House, 1600 Pennsylvania Ave., Washington, D.C. 20500.
RECYCLE YOUR LUNCH BAGS
Take a reusable lunch bag instead of a paper bag. You can decorate the lunch bag with your favorite stickers, or tape on pictures of people you like from magazines or newspapers.

Use spoons that you take home to wash, use cloth napkins instead of paper. Use long-lasting Tupperware-type containers instead of plastic sandwich bags.
Bring milk or juice drink in a Thermos-type bottle instead of throwaway cartons. Eat all the food up.
TEST THE AIR IN YOUR NEIGHBORHOOD

Spread some petroleum jelly inside a wide jar. Take it outside, and leave it there for five days. Then check to see what kind of dirt clings to the jelly. Some of the dirt can be from stones (grayish), some from wood (brownish), some from car tires (often oily dust).

CONTAINERS CAN BE ART SUPPLIES
See if your school art teachers will take plastic or cardboard containers for art supplies. Save some to use at home. Set aside a collection spot to bring in

yogurt cups or ice cream containers to hold supplies for painting.
BIGGER IS BETTER
When you help your family go grocery shopping, look for the biggest size box of cereal. This usually costs less for each serving and ounce per ounce uses less wrapping than smaller boxes.
PLANT A TREE AT YOUR SCHOOL

Talk to your teacher about planting a tree in your schoolyard. If it's OK, pick a spot with plenty of sunlight and room for the tree to grow. Check in your library for planting tips.
BUILD A COMPOST
Start a compost (COM post) pile in your backyard. Compost is a way that waste can add nutrients to soil. When things you would throw away are piled in a heap, tiny organisms (ones you can't even see) help attack the waste and break it down to new substances that can help feed garden plants. You library and garden stores can help in building a compost pile.

USE IT AS SCRAP PAPER
Check out the trash in your room. What's in your wastebasket that doesn't have to be thrown away? Is there paper used only on one side that could be used as scrap paper? Are there cans or bottles that could go back for recycling?

RESOURCES:
• "Earth Book for Kids" by Linda Schwartz
• "Looking at the Environment" by David Suzuki

Give peat a chance; pencil earns black mark

FOR PEAT'S SAKE! Most people probably don't realize that peat can be 4,000 to 10,000 years old. Peat is non-renewable, whereas compost, which can be made in one's own backyard, on a municipal scale or farm, is renewable. Much U.S. and Canadian peat used by municipal parks departments, potted-plant-growers and home-gardeners comes from scarce or endangered wetlands. So give peat a chance, buy or make compost instead.

BLACK MARKS: First it was chopsticks, and now the latest environmental atrocity has to do with pencils. The Southeast Asian tropical rain forests are falling faster than any others in the world — especially in Indonesia. Now contributing to this rapid deforestation are U.S. and foreign pencil-makers buying lower-priced Jelutong wood from Indonesia and Malaysia.

Dixon Ticonderoga is the only U.S. company purchasing Jelutong, which it uses for a cheaper line of pencils called Oriole and also for no-name pencils made for businesses. When buying pencils — avoid these name brands and look for labels that say made from U.S.-sustained forest or does not contain tropical wood, says Pam Walker of the San Francisco-based Rainforest Action Network.

According to the Incentive Cedar Institute, until five years ago, virtually all American-made wood pen-



cils used Incentive-cedar, a renewable resource harvested on a sustained-yield basis from forests in Northern California and Oregon. Incentive-cedar pencils are a reddish brown with a distinctive grain or growth lines and a cedar aroma. Jelutong pencils are dark white with specks of dark brown and no aroma.

CRUSHING NEWS: Finally, just what America's been wanting for — another appliance. This one goes with such indispensables as electric air fresheners and fingerprint polish dryers. But now, we can actually burn up energy, while we're trying to save it with "The First Fully-Automated Aluminum Can Recycling Appliance."

But seriously folks, a California company thinks it's providing "part of the solution" with its faux-Scandinavian appliance, the sJobber Recycler (unlaunched on both "o's, please). Although the manufacturer says that in 1.8 years of operation, the appliance consumes only the equivalent of energy saved by recycling one aluminum can (385 kilowatt hours), what about all the energy consumed to manufacture, package and ship the thing or the non-renewable fossil fuels

used to make its sleek plastic body? But what price for something that can crush a can automatically almost as fast as you can stomp your foot? (\$75.)

ENERGY-EFFICIENT MORTGAGES: Yes, really. An energy-efficient mortgage (EEM) enables a borrower to add the cost of energy upgrades to the mortgage. Formerly, energy-saving improvements, the slight increase in mortgage payments is greatly offset by energy savings.

If a home is already energy efficient, an EEM allows more lenient rules in qualifying borrowers. A free brochure on EEMs is available from the Conservation and Renewable Energy Inquiry and Referral Service (CAREIRS). The brochure is aimed at both borrowers and loan mortgage lenders and describes energy-efficient mortgage programs sponsored by Federal government housing organizations.

CAREIRS, operated by Advanced Sciences, Inc., for the U.S. Department of Energy, has free brochures on numerous subjects, including Energy-Efficient Factory-Built Houses (FS222), Converting a Home to Solar Heat (FS110), Passive Solar Heating (FS121), Insulating Cathedral Ceilings (EES) and more.

To obtain the free brochure on Energy-Efficient Mortgages (SD264), write to CAREIRS, P.O. Box 8900 Silver Spring, MD 20907 or call 1-800-523-2929.

SEA SHEPHERD UPDATE: The Sea Shepherd-Conservation Society plans to retire its battle-worn original vessel, the Sea Shepherd, with a burial at sea and a drift-net shroud. The Sea Shepherd has rammed drift-net fishing vessels violating international law, and in 1986 its crew members sank half of the Icelandic-whaling fleet (two ships) in part with no loss of life.

Speaking recently at Shoreline Community College near Seattle, Wash., Capt. Paul Watson, head and founder of the society, said he was looking into replacing the Sea Shepherd with a submarine purchased from the East German Navy. In a talk that ranged from protection of marine life to tropical rain forests, Watson spoke of flying along Brazil's Amazon River from Belém to Manaus and seeing little clear cutting. But when he flew from Portland, Oregon to Vancouver, B.C., he was horrified at the vast deforestation there. "The only thing worse for the Brazilian rain forest," Watson quipped, "would be if George Bush and Brian Mulroney (Canada's prime minister) were the presidents of Brazil."

Reed Glenn writes a weekly column on environment and health for the (Boulder, CO) Daily Camera. Send your comments to: Reed Glenn, Daily Camera Newspaper, P.O. Box 591, Boulder, CO 80306.

Pen pals for peace: Letters link former foes — Speakers offer seminar about estate planning

Knight-Ridder News Service

BRADENTON, Fla. — Almost 10 years ago, Richard Riley Conaroe and a couple dozen to match pen pals from the United States and what was then the Soviet Union.

The non-political letters for peace were "born" in the midst of the nuclear arms race. Now, with the Soviet Union dissolved in favor of the Commonwealth of Independent States, the program needs a bit of jumpy starting.

"We aren't getting as many letters from Americans," Conaroe said. "It's a pity that Conaroe hopes to hear in all corners of the country."

Conaroe, of Holmes Beach, Fla., is surrounded by hundreds of letters, some from Russians, some from Americans from across the country. All ask to be fixed up with a pen pal. Even though the break up of the Soviet Union has led to political and economic chaos, a huge stack of letters from the independent states still arrives each day, Conaroe said.

It is quite a change from when Conaroe made the first steps toward starting the program to foster international understanding and encourage a people-to-people-exchange of ideas. Conaroe was a businessman who owned a public relations firm. He sold the agency in 1979 and wanted something meaningful to do. Rather than sending letters to his congressman, or something along those lines, he hit on the idea of striking up friendships with Soviet citizens.

But he couldn't figure out how to get a list of names. Remember, this was during the time when the KGB was still in power, and Soviet citi-

How to sign up for Russian pen pal

Knight-Ridder News Service

If you're interested in striking up a mail friendship with an individual or family in the newly independent republics that formerly composed the Soviet Union, send your name, address, age and special interests to: Letters for Peace, 8404 Marina Drive, Holmes Beach, Fla. 34242.

Letters for Peace is a nonprofit group that provides its services on a membership basis. Members receive one or more letters to answer from a Russian letter writer, a membership card, a subscription to the quarterly newsletter and discounts on gifts such as peace-oriented greeting cards.

Membership rates are \$15 for individuals, \$6 for students and \$25 for families or groups of up to 25 members.

"My whole family can't wait for the next letter. This has opened up a whole new adventure in our lives."

— An American pen pal about the program

zens were wary of having their names turn up on a list. Conaroe heard that there were telephone books from Soviet cities that he could get. Not true, some Russian experts told him, Conaroe said.

He called the U.S. information office and explained his predicament to a sympathetic employee, who told him, yes there are phone books, and no, you can't have them.

Conaroe hung up the phone thinking that the call was all for naught. A week or so later, a large manila envelope arrived. There was

no return address. "Inside was a letter from the Baltic state of Estonia, Conaroe said.

"A funny thing happens when someone tells you that something can't be done," Conaroe said of the phone books.

You work harder, he said. The hard work has paid off. Last year, Letters for Peace received about 25,000 letters from individuals and families in the independent states. About 13,000 matches with Americans were made.

"We have people of all ages, all occupations," Conaroe said.

One Russian letter writer offers that "Americans and Soviet people have very much in common, have a lot of problems to discuss, to share opinions."

An American pen pal wrote to Letters for Peace on the significance of the program. "My whole family can't wait for the next letter," the pen pal wrote. "This has opened up a whole new adventure for our lives."

Speakers offer seminar about estate planning

The Times-News

TWIN FALLS — An estate planning seminar is set for 2 to 4 p.m. Wednesday in the Second-Floor Conference Room at the Magic Valley Regional Medical Center.

The use of wills and trusts, living wills and probate procedures will be discussed by speakers-left-Right—attorney with Henworth, Munster and Lezamis; and Peter Toft, the Twin Falls manager of the West One Bank Trust Department.

A question and answer session will also be held to allow individuals to ask questions particular to their own situations.

Admission is free, but seating is limited. Please call 737-2480 if you would like to attend.

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A Sunday Weekly Feature of The Times-News

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- Life Insurance
- Chiropractor
- Funeral Director
- Hearing Specialist

The Times-News

UFF team fund-raiser to benefit ill worker

By Bertilla L. Roffen
Times-News correspondent

TWIN FALLS — A team of concerned employees at Universal Frozen Foods have put together a fund-raiser to help benefit another employee, Cyndie Gailey, who has a serious respiratory illness.

Employees recently held a benefit dance, and have accumulated a number of donated items to support the drawing that will take place on May 1 at UFF during the swing shift.

Approximately 100 items have been donated, ranging from gift certificates, free dinners and hair cuts, to a room at Cactus Pete's Towers in Jackpot, Nev.

Gailey, 27, and the mother of two small children, is in need of financial assistance to help defray astronomical medical costs. She is currently at the Salt Lake University Hospital, suffering from Varicella Pneumonia. This type of respiratory distress syndrome was brought on by complications from the chicken pox, and is a very serious condition.

Gailey was in a local hospital for about three weeks and has been in Salt Lake for almost a month. She isn't expected to be able to return to work due to complications.

Her husband, Brent, is also on medical leave due to a back injury. Because of these extenuating circumstances, her friends at work are chippling in to do what they can to help.

For more information on the fund-raiser, contact Wilma Keen, 734-5075, Pat Mann, 734-4931 or Phyllis Uptain at 734-5454 on Thursdays.

Readers discover to err is human, to forgive is divine

DEAR ABBY: Your column on forgiveness touched a nerve in me. I am a 74-year-old woman living in New Jersey. I have an older sister who lives in Florida. Emily and I had a misunderstanding 22 years ago, and we had not spoken to each other since.



Dear Abby
Abigail VanBuren

When I read your column on forgiving, I called Emily in Florida, but her number had been changed, so I called a mutual relative who gave me her number.

While wiping away the tears, my telephone rang. You guessed it — it was Emily! She had read your

column in the Fort Lauderdale News. The power of your column is awesome. May God bless and reward you.

— FEELING WONDERFUL

DEAR FEELING WONDERFUL: The response to that column was amazing. Read on:

Teachers' ecology course set

The Times-News

TWIN FALLS — A two-credit course to acquaint local educators with the ecology of the Oregon Coast has been scheduled again this summer and a brief overview of the course will be held at 7:30 p.m. Wednesday in Room 104 of the Shields Building at the College of Southern Idaho.

Instructor Rick Snider said although the marine ecosystem will be used as a model, the ecological principles learned will be applicable to other ecosystems. The course will include discussion and field study of estuary and beach ecology, coastal geology, marine algae, invertebrates, mammals, birds and oceanography.

This course is primarily designed for elementary and secondary edu-

cation teachers. Students will be allowed to make collections of plant and animal materials that can be used in their classrooms.

Cost of the course is \$84 plus \$30 lab fees for CSI credit; lodging will be approximately \$90 for the June 13-21 excursion and transportation about \$40.

Graduate or upper division undergraduate credit is available at an additional cost of \$30 a credit from either Boise State University or Idaho State University.

Teaching the course will be Snider, professor of biology at CSI; Mark Sugden, assistant professor of biology at CSI, and Judy Snider, an elementary teacher in the Filer School District.

For more information about this course, contact Dr. Snider at 733-9554, Ext. 182.

DEAR ABBY: I was more than inspired by your column on forgiveness. I have spent at least 30 of my 42 years hating my mother, who is no longer living. She was unpeppably cruel to me all my life. Your column isn't long enough to print all the abuses I suffered at her hands.

After reading your column, I was able, to say, "I forgive you, Mama."

— YOUR DAUGHTER
IN GEORGIA

DEAR ABBY: Regarding your article on "Forgiveness," I had an older brother who had given me genuine cause to hate him since I was 12 years old. (I am now 75.)

After reading your article, I cut it out and sent it to my brother with a note signed, "With Love, Your Sister."

Within two days, he called me long distance. Time doesn't always heal — but forgiveness does.

— HEALED IN TAMPA, FLA.

DEAR ABBY: Two months ago, for reasons known only to

himself, my brother shot and killed his wife; then turned the gun on himself, leaving behind their two young children who witnessed this terrible scene.

Abby, my brother was not a violent man. He was truly looking for a way out of a very painful situation. I forgive him because I truly love him. I still cry and get angry, but I feel a lot better since I forgave him.

Thank you for your column on forgiveness.

— HANGING ON

DEAR ABBY: On St. Valentine's Day of this year, I came home early from work to discover my husband of eight years in the arms of another woman. The woman was my "friend." It was the most devastating experience of my life.

As I sat and wept, many questions arose: "Was it my fault? Is this the end of my marriage? What about the children? Can I ever forgive him?" I still don't have all the answers,

but your recent column on forgiveness is pasted on my fridge. I found comfort in those words and will read them every day. Thank you for being there.

— LEARNING TO FORGIVE

DEAR ABBY: Your column on forgiveness moved me. It was divine providence that it was printed on my birthday! I have been in therapy for four years, and although many problems have been resolved, I didn't realize until I read that column that if I was ever going to find inner peace, I would have to forgive myself.

— ENLIGHTENED IN CHICAGO

This one's for everybody, from teens to seniors! To purchase Abby's new booklet, "The Anger in All of Us and How to Deal With It," send a long, business-size, self-addressed envelope, plus check or money order for \$3.95 (\$4.50 in Canada) to: Dear Abby, Anger Booklet, P.O. Box 447, Mount Morris, Ill. 61054. (Postage is included.)

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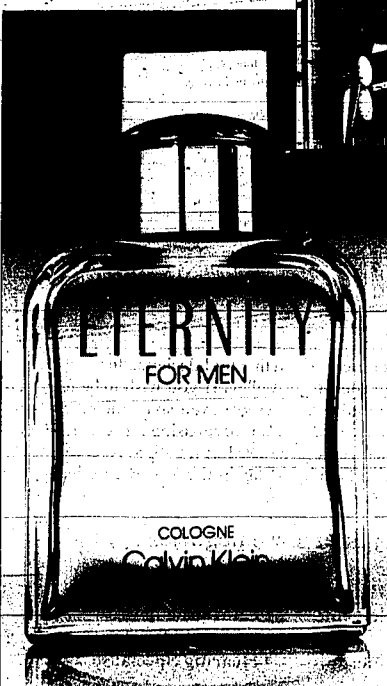
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Somebody needs you

Health and Welfare Child Development Center needs a volunteer with office experience. Duties include filing, light bookkeeping and typing. If you can volunteer 10 to 15 hours per week, call Rosemary Evans at 736-2122.

The Magic Valley Art Council needs volunteers for clerical duties. If you can volunteer a few hours per week, call Elizabeth Bullard at 733-8454.

The South Central Community Action Agency needs a refrigerator. If you can donate, call Shirley Maxim at 733-9351.

Health and Welfare in Jerome needs baby furniture. If you can donate, call Cindy Royce at 324-8144.

The College of Southern Idaho Refugee Center is in need of one, two and three-bedroom houses or apartments for rent in Twin Falls for incoming refugees from the Soviet Union. Prices must range from \$250 to \$400 per month.

The refugee center is also in need of beds, kitchen tables and chairs, miscellaneous furniture as well as televisions and radios in good working order, bicycles, toasters, irons, coffee pots, tea kettles, wastebaskets, soupy pots, skillets, pots and pans, dishes, glasses, cups, knives, can openers, silverware, kitchen

utensils, bath towels, hand towels, washcloths, kitchen towels and dishrags, tablecloths and blankets.

If you have rental housing available or can donate any of these items, call Mary Lynn Culp at 736-2166 or 734-3293.

A 17-year-old boy needs a foster home. The boy is racially mixed, outgoing and athletic. He enjoys school, but needs supervision for the next few months. He is in good health, he has no physical limitations and interests well with his peers, but needs to know his limits. His case manager prefers placement in Twin Falls, Gooding or Jerome counties. This boy through no fault of his own, cannot return to his parents home. If you can help, call Dale Wahquist or Michael Burg at the Department of Health and Welfare in Burley at 678-1121.

Three volunteers are needed at the Twin Falls Public Library. A volunteer is needed to file at least once a week for four hours, a typist is needed for eight hours, two times a week and a computer operator is needed to help with three projects, eight hours per week. If you can help, call Marda Wright at 733-2954 or Rosemary Evans at 736-2122.

The Silver Sage Girl Scout Service Unit No. J9 needs administra-

tive volunteers, leaders and aides. If you can help, call 324-3522 or 733-9623.

The Twin Falls Senior Center needs volunteers to help in the dining room, reception desk and bargain center. If you can donate a few hours any day of the week, call Betty Jo Olson at 734-5084.

The Foster Grandparent Program has an opening at Washington Elementary School in Jerome for a person 60 or older and low income. Benefits include a tax free and exempt stipend, travel reimbursement, meals, accident and liability insurance for 20 hours a week. For more information, call 736-2122.

The Foster Grandparent Program also has several openings in Twin Falls for various duties for low-income people 60 or older. A small stipend, travel reimbursement, an annual physical, meals and accident, liability and excess auto liability insurance are offered. Call Marcie Donner or Teresa Hellickson at 736-2122.

Volunteers are needed to help at the Jerome County Historical Museum. Duties include acting as tour guides, assembling newsletters, light housekeeping chores (dusting), clerical and record keeping. The museum is open from 1 to 5 p.m. Tuesday through Saturday. Pick your own

hours, and if interested, call Clair Ricketts at 324-2107 or Rosemary Evans at 736-2122. Mileage reimbursement and liability insurance is provided to senior citizens age 60 and over.

The Health and Welfare Department is seeking homes for boys ages 14 to 18 who are unable to return to their parents' home. Call Nancy Clark at 734-4000 or Bill and Carol Williams at 837-6124.

The Senior Companion Program has openings for active persons 60 or older who are low income and who would enjoy working 20 hours a week at either St. Benedict's Family Medical Center in Jerome or at the Magic Valley Regional Medical Center in Twin Falls. The program pays a small tax-free stipend, travel reimbursement, provides an annual physical, and covers participants with accident, liability and excess auto liability insurance. Call Marcie Donner at 736-2122.

Volunteers are needed in Gooding and Wendell to help tutor in the literacy program. No experience is necessary and training and material will be furnished. If you can give a few hours per week, call Sally Bergstrom at 934-8302 or 934-4089 for more information.

Volunteers are needed to help in

the College of Southern Idaho literacy program. Volunteers to help with reading or math are needed. All material is furnished by CSCI. Call Rosemary Evans at 736-2122 or Ruth Scott at 733-9554, ext. 417.

Volunteers are needed to deliver meals to homebound senior citizens. Mileage reimbursement is provided. Call Ann Graefe at the Senior Citizen Center at 734-5084.

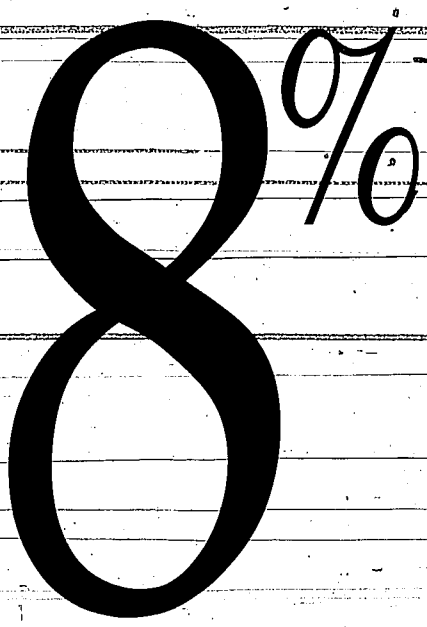
This public service column is designed to match needs in the communities of the eight counties in the Magic Valley, with volunteer help. If you need a volunteer, call Rosemary Evans at the College of Southern Idaho, 736-2122, to have it appear in this column.

BSU summer bulletins out

BOISE — Summer bulletins are now available for students who wish to attend Boise State University's summer session.

More than 400 courses ranging from English composition to linear algebra, geology and microbiology will be offered in most disciplines. The first five-week session and the eight- and 10-week sessions start June 8.

Undergraduate fees are \$68 per credit hour; graduate fees are \$86 per credit hour. New students may register from May 4 - June 2. Summer bulletins can be obtained in Room 110 of the Administration Building. For more information or if you would like a bulletin mailed to you, call the Division of Continuing Education at 386-3706.



Introducing an interest rate that's on the house.

A new home equity line from First Security can help make life a bit more financially comfortable—from consolidating debt to landscaping the backyard to a tropical vacation. That's why our 8% APR is of particular interest. It's one full-point below our already low rate floor of 9% APR. That's a fixed rate for one year after your new home equity line is opened. You have the option to make interest-only payments for the first ten years. That interest is 100% tax deductible for most people (contact your tax adviser for details). And if you apply before June 30 of 1992, we'll put a rate cap of

14.5% APR on your interest until January 1 of 1994. The maximum interest rate over the life of the loan is 18% APR. We also won't charge you any fees. No appraisal or filing fees—not even an annual fee. If an 8% APR interest rate sounds good to you, open a new home equity line (minimum of \$10,000) at First Security Bank. Or call 1-800-657-5513. Promotion ends June 30, 1992.

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Currently Giving 110%
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8% interest rate applies to any advances taken during the first calendar year after the line is opened. After that date, the interest rate returns to a variable rate based on the published Wall Street Journal prime rate plus 2%. As of April 8, 1992, the WSJ published prime rate was 6.5% APR. Offer good for new home equity lines only. If refinancing an existing First Security line, applicant is responsible for all fees. See your tax adviser for complete tax information.

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OK AUTO MONEY SAVING COUPON

RADIATOR FLUSH & FILL
 • Check entire cooling system
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 • Flush & clean system
 • Add coolant
\$19.95*
*Excludes chemicals & parts

OK AUTO MONEY SAVING COUPON

Computerized Wheel Alignment
\$29.95 \$49.95***
*Includes front and rear 10 wheel bearings & shocks
 **Includes front and rear 10 wheel bearings & shocks
 • Includes oil change & filter
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 • Includes 100% safety inspection
 Expires 4-30-92

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COMPLETE EXHAUST SERVICE
10% off all mufflers
FREE INSTALLATION
 Exhaust pipe and tail pipe extra...if needed! Custom jobs by quote.
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OK AUTO MONEY SAVING COUPON

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 • Install new disc brake pads
 • Resurface rotors
 • Rebuild disc calipers
 • Pack wheel bearings
\$99.95*
*Semi-metallic extra
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OK AUTO MONEY SAVING COUPON

AIR CONDITIONING
 Recharge & Maintenance Check
 • Performance Test System
 • Leak test all connections & components
 • Check controls • Check drive belts & hoses
 • Discharge, evaluate & recharge air conditioning system
\$34.88*
*Includes up to 2 lbs of refrigerant gas. Additional at \$7.00/lb.
 Expires 4-30-92

OK AUTO MONEY SAVING COUPON

BELT CHANGEOVER
 1 BELT SYSTEM **\$19.00***
 2 BELT SYSTEM **\$35.00***
 3 BELT SYSTEM **\$52.00***
 4 BELT SYSTEM **\$64.00***
*Belts & Labor Included
 SERPENTINE BELTS AND TRANSDRIVE BELTS EXTRA
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Kids turn off TV, tune into magazines

By Bill Marvel
Dallas Morning News

The television set is dark, the Nintendo is idle. Even the boombox is silent for once. Toys have been laid aside, and a strange quiet prevails throughout the house.

And yet where are the kids in this picture? Sprawled across chairs and stretched out on the couch, noses buried in magazines.

Dream on, parents: Never happen, right? Getting kids to read anything is like getting a cat to swim: theoretically possible, but hardly worth the trouble.

And yet somebody's kids must be reading magazines, and some parents must be buying them. Kids' magazines are thriving. Not just the traditional children's and teens, but stories, puzzles and poems, but special-interest magazines aimed at kids. Science, current affairs, consumer interest, sports, Spanish-speaking, African-American: If a kid is interested, chances are a magazine is available.

There is a huge spectrum of children's magazines out there, says Donald Stoll, executive director of the Educational Press Association of America, which represents some 400 educational publishers of all kinds. "I could easily lay my hand on 160 titles. Twenty years ago, there were about 90 to 95."

And new titles are appearing all the time — 12 new starts in 1990, seven last year, according to Dr.

Samir Husni, magazine-watcher and journalism professor at the University of Mississippi. Half of these new ventures can be expected to fail within a year or so, Dr. Husni says. But the survivors are finding a growing audience.

Some magazines are published for classroom distribution, says Donald Stoll. But increasingly, children's magazines aim at a home audience. Most are sold by subscription — "Kids love things that come in the mail in their name," Stoll says. But the new Disney Adventures (\$1.95 an issue) is making a bid for that supermarket change, right up there at the checkout counter next to Family Circle, TV Guide and The National Enquirer.

The field is opening up for a number of reasons, Stoll says. "Part of it is the growing emphasis on literacy by parents. Part of it is, publishers see a market out there." That market, according to Husni, follows the adult market. "Lately the trend has been away from entertainment-oriented and toward service-oriented publications."

Young consumers now can read reviews of new toys and games in their own version of Consumer Reports. Published by non-profit Consumers Union, Zillions (with a \$2.75 cover price) has seen its circulation double to 300,000 since its debut in 1990. Zillions is an updated, redesigned version of Penny Power, founded in 1980.

Environment-minded readers can

choose among *Otterwise*, *Odyssey*, *Dolphin*, *Log*, *Yard*, *Back Yard*, *Ranger Rick* and a flock of other nature and science magazines.

Multilingual-Skipping Stones embraces a culturally diverse audience. *Que Tal?* is intended for Hispanic-Americans.

But even if you can lead a kid to the right magazine, can you get that kid to turn off the television and read?

Yes, says Lynn Lehmkuhl, publisher of *Disney Adventures*.

In fact, she says, studies show that kids are already tuning out television. Recent Nielsen ratings indicate a sharp drop in the audience for children's programming — perhaps as much as 18 percent. The television industry disputes the ratings, saying that kids haven't been taking the time to properly program Nielsen's new People Meter. But NBC has already started to cut down on Saturday morning kids' shows.

"Kids are doing a lot of things," says Lehmkuhl, "and one of those things is reading." The evidence is circumstantial but, to Lehmkuhl, persuasive. Since her magazine made its debut in October 1990, circulation has climbed from 350,000 to 525,000.

Many parents buy the same magazines for their kids that they read when they were children. *Ranger Rick* is 25-years-old. Highlights for Children has been around for 46 years with a time-tested blend of stories, puzzles and gentle moral instruction.

There are probably great-grandfathers who read *Boys' Life*, published since 1911 by the Boy Scouts.

Sports Illustrated for Kids, the adult magazine spinoff, sparked much of the current interest in children's magazines, according to Donald Stoll.

Aimed at 8- to 13-year-olds, the magazine appeared in 1988. The publishers gave away stacks of the magazines in classrooms all over the country.

As a result, circulation in four years has burgeoned to about 750,000, making it one of the most successful new kids' magazines ever.

Stoll says, however, most children's magazines are still published by small companies, amateurs in the old sense of the word: People who do things for love, rather than money.

Calliope, a magazine of World History for Young People, was founded by two teachers in New Bedford, Mass. Its sister publication, *Cobblestone*, which focuses on American history, was the work of two Peterborough, N.H., teachers.

Few of these magazines carry ads, and all of them have to acquire new readers constantly to replace those who outgrow them.

"You can't charge too much, because a magazine is disposable. You have to have a lot of art, because children demand a lot of art. And you have to have a lot of high-quality stuff because parents scrutinize the magazine."

"So there's a constant pressure on these publications to do more with less."

After all, the TV set is always there waiting.

Anniversary?

The Times-News welcomes announcements on anniversary celebrations from 25 years on. Anniversary open houses for 25 years will run as a paragraph in the Valley happenings column without a photo. Anniversary celebrations from 50 years on will run as a separate item with a photo. Please call 733-0931, ext. 278, or visit our office at 132 Third St. W., for an anniversary form.

For celebrations of 50 years and on, we ask that the information be typed and the form returned to our office along with a photograph, black and white preferred. Please include a photo number where you can be reached and return the form at least two weeks in advance. Your announcement will be published the Sunday before the date of your celebration and as space permits.

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Call and ask for Jeannie today
Hurry after expires May 15

PLUS We now offer Reflexology Massage of the hands & feet to relieve stress & pain.

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ESCAPE

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Where to find magazines

Dallas Morning News

DALLAS — Don't look for many of the new children's magazines on the newsstand — or many of the old ones, either. A spot check of Dallas-area newsstands suggests that most still think of kids' reading in terms of comic books, fan magazines and Mad.

The larger magazine stands do carry *Sports Illustrated for Kids*, *Cricket*, *Seaside*, *Street Magazine* and a few of the more established other titles. Most supermarkets and drugstores carry *Disney Adventures*.

But this barely turns the page on what's available. For a complete rundown on kids' magazines, there's *Magazines for Children*, edited by Donald Stoll of the Educational Press Association; this paperback directory lists more than 120 magazines, providing for each a brief description, targeted age group and subscription information.

It is available for \$5.25 from: International Reading Association, 800 Barksdale Road, P.O. Box 8139, Newark, Del., 19714-8139. Several of the newest publications, however, are not yet listed in *Magazines for Children*.

Here's more information:

Kids Discover
Comes out 10 times a year. Each issue deals with a single subject such as trees, the circus, pirates and bubbles. The picture-packed, information-dense format should keep even the most obsessive young information junkie absorbed for hours, and there is always a page of puzzles and home activities, plus guidance on where to find even more information. The magazine is aimed at 6- to 12-year-olds, and is available by subscription only, \$14.95 for a year.

Send child's name, address and date of birth to:
Kids Discover, P.O. Box 54206, Boulder, Colo., 80323-4206

Disney Adventures
Aims to entertain, but publisher Lynn Lehmkuhl likes to point out that when Disney is entertaining it's still educational. The magazine compresses feature stories, tales (fiction), a showbiz interview, puzzles and games, letters from readers, short news items of interest to kids and four comic adventures — oh, yes, and advertisements (M&Ms, Colter clothes) — into a Reader's Digest-sized format.

Target audience is 7- to 14-year-olds. Newsstand price is \$1.95. Subscriptions are \$14.95 (12 issues). Disney Adventures, P.O. Box 380, Mount Morris, Ill., 61054-7728.

Zillions
From the publishers of *Consumer Reports* for adults, this magazine hopes, in the words of editor Charlotte Boecher, to turn young readers into thoughtful consumers who question what they see, who don't take things at face value, who check things out. Each issue features reviews of toys, sports equipment, junk food and other products of interest to kids, written by the parent magazine's experts and by youthful testers. The magazine analyzes TV commercials, exposes deceptive trade practices, compares prices — all in a brisk, colorful style that never talks down to readers.

Age: 8-14. Subscriptions \$16 for one year (six issues), \$24 for two years (12 issues). Zillions, Subscriptions Department, P.O. Box 54847, Boulder, Colo., 80321-4847.

JUST LIKE HOME

Q. I just bought a new puppy. When should she get her first vaccinations?

A. It is always a good idea to have your puppy examined by a veterinarian within a few days of purchase. I usually recommend starting their vaccinations at eight weeks of age. The vaccination will be a combination vaccine including parvovirus, distemper, infectious hepatitis, parainfluenza, leptospirosis, and coronavirus.

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The pampering starts when we welcome you with homemade chocolate chip cookies. Take advantage of our great location to sightsee and shop. Or unwind in our heated indoor pool, sauna and whirlpool, then relax in your luxurious room. We've even extended our check out time to 6 PM on Sunday.

For more information, call your travel professional or 801-531-7500. Then leave your hectic week behind where it belongs.

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Some restrictions apply. Rate subject to change. Friday through Sunday. Not applicable to group. Optional breakfast package available for an additional \$5 per person.

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New Location?

OLDE TOWN ANTIQUE MALL

New Name?

ESCAPE

New Faces and Places is a unique opportunity to announce your relocation, change name, new management, or whatever news you feel is exciting. This special page, bordered in color, will feature your business photograph accompanied by your message which will be read by over 56,000 potential Magic Valley customers.

Interested? Contact your Times-News Sales Representative or the Times-News Sales Department for details and our space.

1000 words of copy, 60-65 words of copy, and COLOR PHOTOGRAPH. Deadline: May 15, 1992 • Runs Monday, May 4th, 1992.

Times-News

Call 733-0931 Today

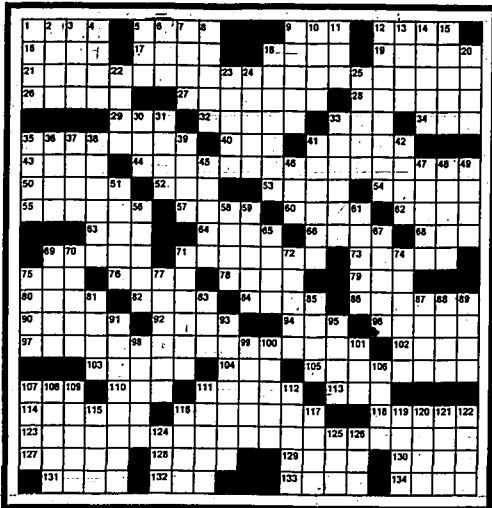
Crossword/people

THE Sunday Crossword

FAMILY
By Dorothy B. Martin

Edited by Herb Ettenson

- ACROSS
1 Disposed to
5 Stew meat
9 Distress signal
12 Bulk
16 Choir voice
17 Asian mountain range
18 Deep breath
19 Bandleader Shaw
21 Donizetti opera (with "The")
26 Logic
27 Kind of battery
28 Fly or mosquito
29 Deputy, abbr.
32 Take for (dupe)
33 Make lace
34 Grassland
35 Felt
40 Honcho letters



- 41 Cheeks
43 In (bored by routine)
44 Betty Grable film
50 Covered the inside of
52 Pair
53 Highlander
54 Dir.
55 More just
57 Political association
60 Experts
62 Airline airlift
63 Iko's command
64 Marsh bird
66 Humorist
68 Musical syllable
69 Concerning film
71 Lawmaker
73 Out of killer

- 118 Canyon
123 Douglas-Hackman film
127 Domingo, o.g.
128 Roosts
132 Sverre
130 Adolescent
131 Morning moistures
132 Overhead trains
133 Rowing
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37 Paul of old
38 Films
39 Tramp
39 Ticket end
41 Food merchant
42 Franconia
43 tomis
45 Residence
46 Wood sorrel
47 Sword
48 Aurochs
49 Irag for
51 Book award to a student
55 MACHINA
56 Title of nobility
59 Haagar
61 Lulliputian
65 Suit to
67 "— for the Misboggott"
69 Tax shirer
70 Title of nobility
71 Christmas visitors
72 Bay window
74 A Gandhi
75 Desert robes
77 Overcharged
81 Kiev
83 Coterie

Actor Rourke, former sparring partner set for fight in Miami

MIAMI BEACH, Fla. (AP) — Mickey Rourke took over a gym to prepare to defend his undefeated professional boxing record — one win — in a light heavyweight match with a former sparring partner.

The co-star of the just-released whodunit "White Sands" took over the famed Fifth Street Gym and was spotted at beach nightspots before the scheduled Saturday night bout with Francisco Harris.

Rourke, who had a 23-3 record as an amateur in the 1970s, turned pro last May with a unanimous decision in a sloppy slugfest. Both Rourke and Harris, 2-2 as a pro and 8-2 as an amateur, weighed in at about 175 pounds.

Rourke's pro bout last year drew a crowd of 2,200 people, including actors, boxers and a crush of paparazzi, many representing publications in Europe where the 35-year-old actor is popular.



Actor Micky Rourke weighs in at Miami Beach for Saturday's fight.

Tomlin: Women need better acting roles

PIGEON FORGE, Tenn. (AP) — Lily Tomlin said during an opening day visit to Dolly Parton's theme park Saturday that there aren't enough good roles for women in Hollywood.

"They are hard to come by and when they do, you have to pounce on them," she said. "Every woman in Hollywood wanted a part like 'Thelma and Louise.'"

Tomlin and Parton co-starred with Jane Fonda in "9 to 5," a feminist comedy about secretaries taking revenge on their boss.

Man was abandoned twice before

PORTLAND, Ore. (AP) — An Alzheimer's patient who was left at an Idaho store, truck in March had been abandoned twice before, broadcast stations reported Friday.

John Kingery, 82, was found at a track near Post Falls, Idaho. The labels had been cut from his clothing and a note misidentifying him was taped to his wheelchair.

His daughter, Sue Gifford of Hillsboro, Ore., is under investigation but has not been charged in the incident.

According to a copyrighted story by KGW-TV and KINK-FM, Kingery had shown up unannounced at Gifford's doorstep Nov. 2, 1990.

Kingery had been living with a son, Arthur Kingery, in the Anchorage, Alaska, area, the stations said. Arthur Kingery put his father on a plane to Portland with instructions that he be driven to Gifford's home in the suburb of Hillsboro.

Gifford wasn't home when Kingery arrived in a taxi, and the driver left him sitting on the curb amid his luggage. Neighbors called police.

Arthur Kingery told KINK he sent his father to Oregon because he had become difficult to care for. "It was kind of like a hit and run deal. I didn't like to do it, but I had no other option," he said.

The next day, Gifford left her father at Holladay Park Medical Center in Portland without providing any information about how she could be reached, according to hospital records. He stayed there for three weeks, until police located Gifford.

Gifford told police she hadn't seen her father in 20 years before he arrived from Alaska.

She placed Kingery in the Laurelhurst Care Center, but removed him against a doctor's advice on March 9.

Gifford has declined to comment on her father's abandonment.

After Kingery's latest abandonment made national news, he was reunited with relatives in Tennessee who thought he was dead.

His daughter from his first marriage, Nancy Myatt of Dickson, Tenn., recognized Kingery's picture in the paper.

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733-2044

What are the chances that you will read this story? Read, heed

The Associated Press mentioned in the media at least once in their lifetimes. One in four is on television at least once.

How about doing without?
The book says one in three people in the United States do without strong drink; without movies or a daily newspaper, two in five; without drugs, four in five; without church, three in five.

Without sex?
Outside wedlock, the book says the figures range from one in 10 for people who have never been married to one in 33 for those divorced twice.

Without television? Only one in 50.

According to the book, here are some good bets:
You will regain weight loss after a diet: 90 chances in 100.
You will parent a child: 80 in 100.
You will qualify for a mortgage: 80 in 100.
A criminal will return to jail after release: 80 in 100.
A youth will graduate high school: 75 in 100.
You will be married: 75 in 100.
A smoker will try to quit: 71 in 100.
A wife will outlive her husband: 70 in 100.

You will avoid imprisonment if convicted: 60 in 100.
A college freshman will graduate: 50 in 100.
A child will live past 75: 50 in 100.
Then there are the "long" shots: some worth waiting for, some not:
You will undergo an IRS audit this year: one in 100.
A person will be incarcerated: one in 200.
Your child will be a genius: one in 250.
A high school player will play in a future Super Bowl: one in 4,000.
The Earth will be devastated by a meteorite in your lifetime: one in 9,000.
A person will be struck by lightning: one in 9,100.
A professional golfer will get a hole-in-one: one in 15,000.
A fan will be hit by a baseball at a major league game: one in 300,000.
You will be dealt a royal flush in the opening poker hand: one in 649,739.
A state lottery player will hit the jackpot: one in 4 million.
A passenger will be killed in an air crash: one in 4.6 million.

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Rebels take Kabul, meet little resistance

KABUL, Afghanistan (AP) — Muslim guerrillas chanting "Long live holy war!" seized the capital Saturday, meeting almost no resistance in the final fight of their 14-year battle against the communist government. But rivalries among rebel factions still threatened to flare.

Red and yellow rockets and tracer bullets lit up the night sky from every part of the city as the mujahedeen, or Islamic holy warriors, celebrated.

Convoy of trucks loaded with gun-wielding rebels roared through the city, and jubilant residents and fighters paraded through the streets carrying the green flag of the mujahedeen.

Deposed President Najibullah, ousted nine days earlier, was believed still in the city, in hiding.

During the takeover, gunfire and shell blasts rocked several parts of the city, but no major confrontations were reported. Most key sites in the capital — the presidential palace, army installations, government buildings — fell to the rebels with virtually no resistance.

Some policemen surrendered their posts after brief and polite negotiations with the insurgents, conducted over pots of steaming tea.

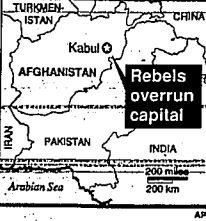
The rebels had been filtering into Kabul for several days before Saturday's takeover. Most of Afghanistan's other major cities have been under control of combined guerrilla forces for the last week.

Most of the rebels who seized the capital were loyal to commander Ahmed Shah Masood, whose Jamiat-i-Islami group is considered relatively moderate. But other guerrillas under Gulbuddin Hekmatyar held some buildings in the city center, including the Interior Ministry.

At the Pakistan headquarters of the resistance, all 10 rebel chiefs except Hekmatyar issued a communique declaring Masood in charge of Kabul until their arrival. "All commanders and mujahedeen should work under his direction to



Ahmed Shah Masood, left, reviews his troops in Charikar Saturday. Above right, Afghans march through downtown Kabul Saturday, waving the green emblem of Islam.



keep law and order in the city," it said. The city of 1.5 million people was the last, and biggest, target of the mujahedeen guerrilla groups that have fought a succession of Soviet-backed governments since 1978. The guerrillas have been supported

at times by the United States, Pakistan and sympathetic Arab countries. The civil war took more than 2 million lives, and made refugees of 5 million people.

Kabul fell only hours after Hekmatyar, leader of the Hezbi-Islami faction, rejected a plan for the rebel groups to share power, renewing fears of a bloody showdown between moderate and fundamentalist

fighters. Masood himself reportedly remained at his stronghold town of Charikar, about 36 miles north of Kabul. Hekmatyar's whereabouts were not known.

"Long live holy war!" chanted crowds of children, war veterans and rebels thronging Kabul's streets. "Death to communism!" others yelled.

Despite some tense moments when the rival factions were in close

quarters, there were no reports of fighting between them.

At the presidential palace, Hekmatyar's men held nearby buildings while Masood's forces were advancing, forcing government soldiers to join them or turn over their weapons. Masood's guerrillas eventually persuaded Hekmatyar's men to retreat.

At one point, two units of Masood's fighters — one inside the front gate of the palace and another advancing on it — almost clashed when the advancing guerrillas mistook those inside for Hekmatyar loyalists.

Masood fighters also took over the Afghan State Bank, most ministry buildings and the central bazaar in what appeared to be a well-planned operation.

Jeeps overloaded with mujahedeen pulled up to one armed



forces post after another in the Khairkhana suburb demanding that the government soldiers yield their weapons.

Guerrillas — some clad in the rough clothing and cloth caps of the mujahedeen, others in U.S. Army fatigues — collected the weapons, carefully signing a list with each rifle's number.

A jeepload of rebels, some of them armed, drove to the Continental Hotel, the base for most of the foreign correspondents in the capital, but there was no violence.

The guerrillas standing guard and patrolling the streets appeared well disciplined, and there were no reports of looting or harassment of civilians.

The formerly pro-government militia of Rashid Dostum, now allied with Masood's forces, remained in control of the airport and the television and radio stations. Broadcasts appeared to be unaffected.

Afghan Foreign Minister Abdul Wakil, who held talks with Masood last week, said he would welcome the new leaders. On Friday, the rebel leaders announced in Pakistan that they had formed a commission to take power, and resistance leader Abdul Rasul Sayyaf had said the members would leave for Kabul Sunday. He said within six months a council of tribal elders would meet to select a transitional government to oversee elections a year later.

Protesters want return of leader

DUSHANBE, Tajikistan (AP) — More than 1,000 pro-government protesters occupied the square in front of Tajikistan's legislature on Saturday, demanding the reinstatement of the ousted speaker of parliament.

About 150 helmeted police with metal shields formed three lines to keep the demonstrators away from hundreds of anti-government activists who pressed on with a vigil in front of the president's office. They were protesting the appointment of Safarali Kenjayev, the deposed speaker of the legislature, as the new minister of national security, formerly the KGB.

The protests raised tensions in Dushanbe, the capital of the Central Asian state of Tajikistan. The state has been tense for more than a month because of demonstrations demanding changes in the government, which is still dominated by former communists.

Groups of pro- and anti-government protesters were about half a mile apart at opposite ends of Rudaki Street, the main boulevard in Dushanbe. None of them appeared to be armed.

Many of the more than 1,000 pro-government protesters, camped out on the large treeless square in front of the Supreme Soviet, said they had come in from the countryside to defend Kenjayev. They had large supplies of round loaves of bread and thick mattresses to sleep on.

"We are for Kenjayev," said Zarin Babiyeva, a medical student who gave a speech urging people to remain all night in front of the Supreme Soviet. "He did so much for our country. We want to destroy those who removed him."



A Russian woman is aided as she cries after being sprayed with tear gas by a Crimean guard.

Russians in Crimea seek break from Ukraine

SIMFEROPOL, Ukraine (AP) — Crimea has ancient Greek ruins, Tatar castles, a stunning Black Sea coast, an important navy base and an angry majority of Russians who want independence from Ukraine.

Russians have gathered nearly 250,000 signatures, enough to force a referendum on Crimea's status. Such a vote would likely increase friction between Ukraine and Russia.

"Ukrainians are nationalists," said Alexander Tsivot, a Russian who works in a cooperative in Simferopol, the capital. "They want to introduce their language, and that is not good for us. They want us to be their colony."

"There is a danger the tension here could be transformed into armed conflict."

Before the Soviet Union collapsed last year, Russians in Crimea worried little about being under Ukrainian administration. Now emotions are rising.

Alexander Marin, an unemployed Russian worker, accused Ukraine of taking food grown in the region. "I want Crimea to be free and independent," he declared. "We must leave Ukraine."

"My family has been here for four generations," said Anzhelika Ezboyeva, a retired Russian kindergarten teacher. "Under no circumstances do we want to be in Ukraine."

Vitaly Fesenko, leader of the local branch of the Democratic Party of Ukraine, feels the Russians are wrong.

He said they "can't understand Ukraine is an independent country, and Crimea is in Ukraine."

Russia captured the Crimean Peninsula from Turkey in 1783, culminating its historical quest for a warm-water port. Crimea's only link to the mainland is north over a narrow isthmus to Ukraine, and a strait separates it from Russia to the east.

The peninsula, about the size of Maryland, was under Russian jurisdiction until Nikita Khrushchev, who made his Communist Party career in Ukraine, signed it over to that Soviet republic in 1954.

Russia now is arguing with Ukraine over how to divide the 300 ships of the Black Sea fleet, pride of the former Soviet navy, based in the Crimean port of Sevastopol.

N. Korea displays might, vows to back communism

PYONGYANG, North Korea (AP) — Tens of thousands of soldiers marched in a parade on Saturday, and tanks rolled through the capital as part of a show of force by one of the world's last communist regimes.

The parade marked the 60th anniversary of the nation's armed forces, but it also was intended to honor the steady rise to power of Kim Jong Il, the son of dictator Kim Il Sung, officials and diplomats said.

The younger Kim has already taken day-to-day control of the government and Communist Party from his 80-year-old father, the world's longest-reigning ruler.

North Korea promoted 664 generals Thursday in a sweeping reshuffle of the

military. The moves apparently were intended to boost the authority of Kim Jong Il, who was appointed supreme commander of the armed forces in December.

The North Korean army is the world's fifth-largest, with 1.1 million soldiers.

Although North Korea was formed following the division of the Korean peninsula in 1945, it traces the foundation of its army to 1932 when Kim Il Sung joined Chinese guerrillas fighting Japanese invasion forces in northeastern China.

North Korea's official news agency, monitored in Tokyo, said 1 million citizens and delegations from 61 countries watched the two-hour parade Saturday.

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World



Lara Potapenko, born the day of the Chernobyl disaster, holds a lit candle in memory of victims, in Kiev on Friday. Children in background hold up their paintings of the nuclear accident.

6 years after blast, Chernobyl still affects Ukraine, Belarus

MOSCOW (AP) - The former Soviet republics are still struggling to recover from the explosion six years ago Sunday at the Chernobyl nuclear power plant that spewed radiation over Ukraine and Belarus.

Minister Nikolai Ryzhkov and other top leaders of the former Soviet Union. The group ordered officials speaking to the media to "point out as groundless the claims and assessments made by separate officials and the press in a number of Western countries which allege that serious ecological and material damage" from the spread of radiation.

The daily Labor said Saturday said the full Chernobyl story is still being covered up.

"The Chernobyl catastrophe has not ended," Ukraine Health Minister Yuri Spizhenko said last week. "Ecologically, things are getting worse, and the moral and psychological state of the population is still serious."

As it was attempting to downplay the effects of Chernobyl, the Politburo was receiving daily reports about thousands of radiation victims being hospitalized, Izvestia said.

"Why is it that even now the names are not known of those who lied and cheated, hiding the truth about the true scale of the catastrophe and the reasons behind it, and submitting people to deadly danger?" the newspaper asked, "Is it done to save face, to preserve cozy positions, high salaries and special legal favors?"

The April 26, 1986 explosion at the Ukrainian capital of Kiev was the world's worst atomic accident.

Meanwhile, the Soviet Ministry of Health manipulated reports of widespread radiation sickness by changing what was considered an acceptable radiation level.

In Kiev, a museum opened Saturday to commemorate "all those who won victory in the fierce struggle against atomic elements during the catastrophe in Chernobyl," the ITAR-Tass news agency said.

Ukraine authorities said last week that cancer and other radiation-related illnesses had killed 6,000 to 8,000 people in the years since the disaster, similar to estimates of Western scientists. Another 15,000 now suffer from radiation-related diseases, the officials said.

The minutes show that the Politburo group was told on May 8, 1986, that the Ministry of Health of the U.S.S.R. has approved new standards of admissible levels of radiation exposure that are 10 times higher than the previous ones.

Although three reactors remain operational at Chernobyl, the Ukrainian parliament has voted to shut the plant down entirely by the end of 1993 and make Ukraine a nuclear-free zone.

Thirty-two people were officially reported killed in the explosion itself. Spizhenko told reporters that 1.5 million people, including 350,225 children, have undergone follow-up medical tests as of Jan. 1. "Each year fewer are given a healthy verdict," he said.

The minutes of Politburo meetings. In the weeks following the accident, a special Politburo group met daily to track the spread of radiation sickness, Izvestia said. Minutes showed the meetings were sometimes attended by President Mikhail S. Gorbachev, Prime

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Yeltsin won tactical victory, but is retreating on reforms

By Bryan Brantley
The Associated Press

Analysis

MOSCOW - Russian President Boris Yeltsin scored a tactical political victory over the Communist-dominated Congress last week, but his opponents have forced him to retreat from his radical economic reforms.

Vice Premier Yegor Gaidar, architect of the reforms, put on a bold show. His aides declared victory before ordering the retreat on Friday. They said the government had held the budget deficit to a lower than a predicted 4.8 percent of gross national product in the first three months of 1992, and because of that success, would allow the deficit to grow to more than 7 percent of GNP by the end of June.

But under pressure from lawmakers and voters, he is softening reforms by easing some price increases, raising subsidies to state-owned farms and businesses, and allowing the money supply to grow.

Gaidar kept the deficit low in part by keeping a tight lid on money supply and credit, but plans to loosen it in the next few months. The government has said it will ease credit policy by annulling some of the \$7.8 billion owed by state-owned enterprises. In effect, continuing to subsidize unprofitable businesses in order to keep people on the job and off the streets.

Besides loosening monetary controls, the government decided to allow oil and gas producers to sharply raise wholesale prices, a step designed to stimulate production but expected to cause retail prices to rise steeply.

Softening monetary policy may help forestall bankruptcies and curb rising unemployment, but it contradicts Gaidar's original plan of a painful shift from a centrally planned to a market economy.

Any action that raises inflation is not likely to please the Group of Seven wealthiest democracies, who agreed to advance \$24 billion in credit aid to the former Soviet republics on condition that the ruble remain stable.

State-owned enterprises, bloated by decades of gorging at the government trough, are gagging on Gaidar's medicine. The social pain is high, too. The health care system is collapsing, although with many other sectors,

Doctors were threatening strikes next week to protest low salaries, lack of medicine and the closure of some hospitals.

Data released last week by the State Statistics Committee showed the number of jobless people up from 70,000 in January to 118,000 in April out-of-a-work-force of 73.4 million people, a rise from 1 percent to 1.6 percent. Although that is low by Western standards, it's high for a system that until recently acknowledged no unemployment.

More worrisome were statistics showing that about 50 million Russians, roughly one in three, receive less than 900 rubles (\$9) a month, below the estimated subsistence level of 1,200 rubles (\$12).

During the 14-day Congress, which wound up last Tuesday, lawmakers voted time and again against Yeltsin's Cabinet, never managing an adequate majority to topple the government, but forcing a tactical retreat.

Yeltsin warned that if the Congress blocks the reforms, he may call a referendum that would force new elections, which reformers hope would reduce opposition in the 1,046-member body.

But Yeltsin's aides said they preferred to postpone such elections for as much as a year, fearing that popular anger over the economic reforms could cause reformers to lose rather than gain seats in parliament.

Strikes hit Germany's public sector

FRANKFURT, Germany (AP) - Rail and public service unions voted Saturday to join hundreds of thousands of public workers who plan to walk off their jobs on Monday to demand more pay.

The strikes will affect only western Germany, since workers in eastern Germany have separate contracts. The walkouts would be the first public-sector strikes in the west since 1974.

The strikes by 2.8 million workers in western Germany would idle trains, close schools and leave garbage uncollected. Some postal workers already are on strike.

The unions began taking strike votes on Friday after the government refused to accept a mediator's proposal of a 5.4 percent wage increase plus a \$300 bonus. The unions demand a 9.5 percent pay raise and a \$330 bonus.

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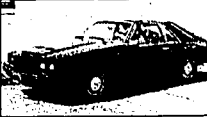
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11:00 a.m. — Channel 8, WLAF football, Sacramento at London
12:05 p.m. — Channel 8, Baseball, Houston at Atlanta
1:00 p.m. — Channel 12, PGA golf, Greater Greensboro Open
1:15 p.m. — Channel 7, NBA basketball, first round playoff game
2:00 p.m. — Channel 8, Women's golf, Sara Lee Classic
2:30 p.m. — Channel 10, Yachting, The Challenger/Defender final
5:00 p.m. — Channel 22, NBA basketball, first round playoff game
6:00 p.m. — Channel 11, Baseball, Kansas City at Toronto
7:30 p.m. — Channel 22, NBA basketball, first round playoff game

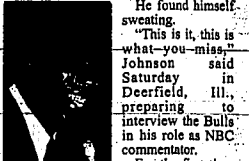
Briefly

2-person best ball golf tourney set for May

TWIN FALLS — The 1992 State Homes two-person best ball tournament has been set for May 2-3. Championship and low handicap flights will be contested at Canyon Springs on Friday while the women and higher handicaps open at the Jerome Country Club. Players will exchange sites on Saturday. A \$100 entry fee will be charged which includes tee prizes, dinner, a luncheon, transportation and special events following the conclusion of the event. More than \$3,000 added money is available by the sponsors. Signups will be accepted until Wednesday, April 29.

Ex-Laker point guard longs for return to playoff action

CHICAGO — Magic Johnson felt a familiar sensation as he sat in the Stadium Friday, watching the Bulls and Miami Heat warm up for their first-round playoff game.



He found himself sweating. "This is it, this is what you miss," Johnson said Saturday in Deerfield, Ill., preparing to interview the Bulls in his role as NBC commentator. For the first time in 13 seasons, Johnson is forced to watch as the NBA season races to its climax. And as much as anything that has affected him since his retirement last November after contracting the HIV virus, this was going to be tough. "The hardest thing is sitting and knowing you can play," he said. "If I was old or the virus was big or I was sick, that's a different thing. But being big, strong, healthy, running every day 3-4 miles, lifting weights and shooting 200 to 300 shots a day, I feel ready to go." "Playoff basketball is my time. Just like Michael (Jordan). We enjoy being on center stage. We enjoy putting everybody and everything on our shoulders and carrying them. This is it. There's no other time." Johnson still holds open the possibility of returning to the NBA, an opening that seems to grow wider every day.

Combined from staff and wire reports

Sportsquote

66
He's about 145 pounds soaking wet, and I don't know how he carries his heart around.

99
— Lee Trevino on Chi Chi Rodriguez

Inside
Scores and stats **D2**



Carl Lewis celebrates after helping set a world record in the 4x200 Saturday along with Leroy Burrell, Mike Marsh and Floyd Heard.

World 800-meter relay mark falls

The Associated Press

PHILADELPHIA — The Santa Monica Track Club set a world record in the 800-meter relay and Arkansas and LSU each won two major men's relays Saturday in the 95th Penn Relays.

Carl Lewis and Leroy Burrell, the world's highest-ranked sprinters, led Santa Monica to a world record of 1 minute, 19.11 seconds in the Olympic Development 800-meter relay.

The Santa Monica quartet of Mike Marsh, Burrell, Floyd Heard and Lewis broke the mark of 1:19.38 set in 1989 by a Santa Monica team composed of Burrell, Heard, Lewis and Danny Everett.

Arkansas, leading almost from start to finish, won the 6,000-meter relay by about 40 yards, its eighth victory in the event in 11 years. On Friday, Arkansas won the distance medley, also for the eighth time in 11 years. Arkansas, which gained a slight lead on the final lap of the first leg and then pulled away during John Schiefer's second leg,

was clocked in 15 minutes, 1.62 seconds. Wisconsin finished second in 15:08.86, with Villanova third in 15:09.86.

"John did a tremendous job," coach John McDonnell said. "He broke the race wide open. You never expect to come here and win easy, but I felt kind of confident after the second leg. I knew I had two good milers at the end."

Schiefer said he was tired but determined to give Niall Bruton "as much room as I could."

Bruton, who anchored the distance medley team and ran the third leg in the 6,000 team, was selected top male athlete of the meet.

Villanova's Carole Zajac, who set a collegiate record of 32:23.09 for 10,000 meters on Thursday, was named the meet's top woman athlete.

LSU ran off with the sprints, winning 400-meter relay in 39.70 and the 800-meter relay in 1:22.02. On Friday, the LSU women won the 400-meter relay and the shuttle hurdles.

Villanova won the men's 3,200 Saturday in 7:21.93 to go with its 6,000 triumph Friday.

Washington State left with three individual winners, Joseph Kaporky in the 5,000 (13:44.37), Mark McDonald in the 400-meter hurdles (50.29), and E.J. Guo the 10,000 (29:00.05).

A Tennessee quartet of Shane Lacy, Tony Lee, Marvin Kline and Tony Prilla, won the sprint medley championship in 3:14.47 over North Carolina, which finished in 3:14.86. Prilla ran the 800 anchor leg in 1:45.6.

Clemson's shuttle hurdle team of Duane Ross, Nathan Fields, Anthony Knight and Larry Ryons won in 56.7.

Florida's women captured the 800 (1:33.28) and 1,600 (3:34.54) relays.

Alabama won the women's 3,200 in 8:26.1, snapping Villanova's four-year winning streak.

Ohio State's quartet of Rich Jones, Robert Smith, Jordan Gray and Aaron Payne won the men's 6,000 in 3:04.68.

Warriors shoot down Sonics

The Associated Press

Mario Elie, who played just five minutes in Game 1 and no minutes in the first half Saturday, ignited Golden State with 17 second-half points, including 12 in the third period when the Warriors outscored the SuperSonics 19-18 to take the lead for good.

NBA playoffs

"It's been a yo-yo season for me," Elie said after Golden State's 115-101 victory. "I play one game, sit the next. I got my chance tonight and just tried to make the best of it."

Eddie Johnson scored 22 points and Shawn Kemp had 17 points and 19 rebounds for the Sonics, who were outscored 48-41 by the smaller Warriors. The SuperSonics outbounded Golden State 54-53 in their 117-109 victory in Game 1.

"Now it's our turn to check our intensity, our courage, and our attitude," Seattle coach George Karl said.

Tim Hardaway scored 23 points, Chris Mullin 20 and Sam Cassell 18 for Golden State, which trailed most of the first half.

Boston 119, Indiana 112 (OT)

John Bagley, who barely survived the cut during training camp, has the Boston Celtics alive and very well in the NBA playoffs.

The oft-maligned and oft-unwanted Bagley matched his career high of 35 points and handed out 15 assists, including three on Boston's last three baskets in overtime, as the Celtics rallied from a 14-point second-period deficit and beat the Indiana Pacers 119-112 Saturday at Boston Garden.

It was the Celtics' 10th straight victory, their 17th in the last 18 games and extended their winning streak at Boston to 19 games. It gave them a 2-0 lead in the best-of-5 series.

The Celtics can clinch the series by Please see NBA/D4



Golden State's Chris Gatling, right, drives by Seattle's Shawn Kemp for a reverse lay-in during the Warriors' 115-101 win over the SuperSonics.

Pep talk, penalty help Greensboro leader

The Associated Press

GREENSBORO, N.C. — Just as Rocco Mediate was talking about how weight loss has helped his golf game, virtually a ton of phone calls made Chip Beck's boyhood dream a little harder to reach.

Mediate shot a 3-under-par 69 Saturday for a 207 total and a one-stroke lead after three rounds of the Greater Greensboro Open. Beck might have been right alongside but for a two-shot penalty assessed when an apparent rule violation was caught on national television and PGA officials were notified.

"When I heard he said when he watched Beck's error replayed on a media room television, 'Oh, my, Too bad.'"

After making the top at 3-over-par in Thursday's opening round, Mediate said a pep talk from his caddy got him turned around for an even-par 72 finish. A 66 on Friday left him five shots back, and a three-birdie round on Saturday got him into the top spot.

"A caddy does his best work when a player's going south somewhere. They just know what to say," Mediate said. "Even if he's lying, he's got to say something to get you to go forward."

"I haven't made a bogey in 2½ days, so I think we've done a good job of getting from point A to point B," he said.

One of the best NFL drafts might be the last

The Associated Press

NEW YORK — The NFL draft hasn't been the same since 1986, when Bill Walsh built Super Bowl winners III and IV for San Francisco by trading high picks and finding John Taylor, Charles Haley and Kevin Fagan in Rounds III through VI.

That's why if you watch today's draft, you may not even get to see the entire first round. Last year, with all the trading and maneuvering, many teams took the entire 15 minutes to choose and the round took a record 4 hours and 55 minutes.

This year may be even longer.

"It's a trade-down year," says Bill Pollan, general manager of the Buffalo Bills, whose near-success of the last two seasons has them drafting almost all the way down — 27th, one position higher than they'd like.

"It's a trade-up year for some people, a trade-down year for others, but it's definitely a year for trades," says George Young, GM of the New York Giants, whose mediocre 8-8 finish has him considering dumping names like Phil Simms, Carl Banks and Mark Collins for draft picks.

What makes all the trading likely is that this is one of the best drafts of recent years and there may not be one next year. The draft expires after this one and its future may be decided in court at an antitrust suit scheduled to start in Minneapolis June 15.

Please see DRAFT/D4

Burley splits with South Fremont

The Times-News

BURLEY — A bid to capture game two of a Cross State conference doubleheader against South Fremont came up a run short for the Burley Bobcats Saturday afternoon.

Prep baseball

Brandon Ormond garnered his fifth victory against a single loss in the opener. Ormond, whose 3-for-3 performance at the plate produced three RBIs, carried a no-hitter through 7 innings, before being touched for one lone hit.

"We just started a little slow in the nightcap," said Burley Coach Doug Bailey. "South Fremont was competitive early and we waited a little too long to get going."

The Bobcats host the seven-team Cross State Conference tournament, a one-day event to be contested on three separated diamonds, on Fri., May 1. Play begins at all sites at 9 a.m.



Burley's Dave Walnum faces a collision with catcher John Niendorf of South Fremont in a scoring attempt during the first game of a doubleheader. Walnum was called out in the play, but Burley went on to win 4-0.

Aldinger and Michael Reed who had singled.

The Indians got out of that no-out situation only to watch Anthony Anderson emerge from a cloud of dust at home plate with a safe call on a close play after a passed ball in the

Wolverines' final turn.

The victory kept Wood River, 9-4 overall, unbeaten at 4-0 against Dist. 4 opponents.

But Wood River 100-110-000 — 8-5 1
Wood River 100-110-000 — 4-13 5

Stars & Stripes closes on America3

SAN DIEGO (AP) — It was another nice day off San Diego — just nice enough for Dennis Conner to counterattack in the America's Cup defender finals but so nice that it was absolutely miserable for Italian skipper Paul Cayard.



'Killer' tennis player will turn pro when she's ready

MIDLAND, Mich. (AP) — Anne Miller's large eyes narrowed to mere slits and a wicked grin split her face as she poked the question...

'I don't want to turn pro just to be ranked 300th. I'll go to college rather than do that.'

— Anne Miller, 15-year-old tennis phenom

The Kiwis can clinch a spot in the America's Cup match with a victory on Sunday. The 11 Morro led New Zealand by a whopping 4-20 leading by a whopping 4-20...

Stars & Stripes, right, lacks in front of America3 during their America's Cup defender final Saturday. ... Miller said, "I don't want to turn pro just to be ranked 300th. I'll go to college rather than do that..."

Miller said, "I don't want to turn pro just to be ranked 300th. I'll go to college rather than do that..."

big brothers, both of whom now are in college. That was enough for the boys. 'They've both basically quit tennis, now,' Miller said, the toothy smile getting wide again...

Suspended Reynolds fails in Olympic bid

DES MOINES, Iowa (AP) — Butch Reynolds' comeback stalled again Saturday when he failed to qualify for the U.S. Olympic Trials.

Reynolds, recently cleared to run in this country while appealing a two-year suspension from track, won the 400 meters in the 83rd Drake Relays with a strong finish. But the early pace was too slow and his time of 45.92 seconds fell short...

Miller said, "I don't want to turn pro just to be ranked 300th. I'll go to college rather than do that..."

Miller practices with McGrath when the two are in town. 'I think what put Anne ahead of the other kids was that she worked harder,' Royal said. 'When the others began dropping by the wayside, she kept working.'

'The race tempo wasn't there. We thought the whole field was going to run a lot faster than that.'

Reynolds' comeback stalled again Saturday when he failed to qualify for the U.S. Olympic Trials. Reynolds, recently cleared to run in this country while appealing a two-year suspension from track...

to wait to the end of the race and let the wind push me the last 100. It worked. Also Saturday, Len Siiko anchored Illinois to its second relay victory of the weekend, Baylor reclaimed the title in the 1,600 relay and Wisconsin raced to a second meet win in the women's division.

Miller practices with McGrath when the two are in town. 'I think what put Anne ahead of the other kids was that she worked harder,' Royal said. 'When the others began dropping by the wayside, she kept working.'

Miller practices with McGrath when the two are in town. 'I think what put Anne ahead of the other kids was that she worked harder,' Royal said. 'When the others began dropping by the wayside, she kept working.'

Declo hands Carey boys their 1st track setback

EDEN — Jan Kirkland now has her name on the record books. The speedster from Carey erased two records Saturday at the Monte Anderson Invitational track meet.

On the girls' side, there were three double winners in the running events. Besides Kirkland, Carey's Kathy Simpson won both hurdle events and Heather Beard of Kimberly dominated the distances. Kirkland almost picked up another first place, but was nipped by her teammate Michele Sparks in the 400-meter race.

Miller practices with McGrath when the two are in town. 'I think what put Anne ahead of the other kids was that she worked harder,' Royal said. 'When the others began dropping by the wayside, she kept working.'

Miller practices with McGrath when the two are in town. 'I think what put Anne ahead of the other kids was that she worked harder,' Royal said. 'When the others began dropping by the wayside, she kept working.'

Boisean leads Clear Springs Amateur field

BUHL — Boise's Bret Rupert carded a 69 in Saturday's opening round of the Clear Springs Amateur golf tournament to head the championship flight.

Four golfers, Rick Carson, Idaho Falls, Jim Parves and Dave Driscoll of Twin Falls and Buhl's Tim Howard are one more back at 73.

Complex advertisement for Sneaker World. Includes text: 'Sneaker World NOW OPEN!', 'LA GEAR BOY'S PUMPS \$39.95', 'LADIES' CROSS TRAINERS \$33.95', 'MEN'S CAPULPTS \$59.95', 'MEN'S & WOMEN'S TURNTEC RUNNING SHOES \$46.95'. Also includes a coupon for a drawing: 'Come In and ENTER OUR DRAWING'.

Complex advertisement for Grand Opening!! Includes text: 'Grand Opening!! Tuesday, April 28 - Friday, May 1 Gam State Service 825 Shoshone Street South • 734-4514'.

49ers seek to revive old image through productive draft

SANTA CLARA, Calif. (AP) — Stung by an off-season tumult and change, the San Francisco 49ers are looking to Sunday's opening of the NFL draft as a chance to dispel the image of organizational disarray.

"I think it's going to be important to show people we have our act together, that we're truly as organized as I know we are," said 49ers president Carmen Policy.

Team officials are looking for an upturn to an off-season that began on a down note and steadily worsened.

Even when the news has been good, some of the less appealing aspects have been difficult to overlook.

Joe Montana is expected to return in 1992 after missing all of last season with a torn right elbow tendon. But as welcome as that news is, it still could open the door to a divisive quarterback controversy with Steve Young and Steve Bono, the league's No. 1 and No. 4 passers last season, also on the roster.

"It's incredible, really. You've kind of got a situation where it's almost like, 'When is too much no good,'" Policy said.

What the coach has to do is work his way through it and make the right decision.

So far, coach George Seifert's only decision has been to state that he has no plans to trade his quarterback.

San Francisco went into the off-season winning its last six games to finish 10-6. But the 49ers missed the playoffs for the first time in nine years as the situation Policy called "intolerable."

Since then, Bill Walsh's opened a chance to reinvent the organization, as a player personnel specialist; the organization's chief scout quit in a huff; the team lost seven players through Plan B departures, a club record; and the coaching staff endured a major turnover.

Owner Edward DeBartolo Jr.

also came under scrutiny in an investigation of an alleged sexual assault. The San Mateo County district attorney's office declined to prosecute DeBartolo, citing insufficient evidence. But the alleged victim and her lawyer are considering a civil suit.

"It's been difficult, obviously," said Policy. "But we recognize the need to handle those situations. We find a way to deal with them and resolve them. That's been the trademark of this club. I feel adversity makes you stronger, as long as you survive the adversity, and I think that's what's going to happen with this organization."

Seifert said while the five coaching staff changes were at first "disconcerting and unsettling," the additions, among them Mike Shanahan as the new offensive coordinator, brought new energy and ideas to the 49ers.

"If anything, maybe we've gained ground," Seifert said. "We're ahead of where we've been in the past. I feel we're going into this draft as well prepared, better prepared, than any of the others. The imagination, the creativity is more than it's been. I'm not knocking what we've done in the past. I feel good about what we've done in the past. I just think it's even been intensified."

Policy said some of the changes were inevitable, the price of the 49ers' success. He said Mike Holmgren, Seattle's former coach, foregone conclusion.

Holmgren, San Francisco's offensive coordinator, left to coach the Green Bay Packers, starting the biggest staff exodus since 1982.

He took assistants Sherman Lewis and Ray Rhodes with him, making them the Packers' offensive and defensive coordinators, respectively.

Lynn Stiles also left as special teams coach to take a front office job with Kansas City, and Tommy Hart went from being an assistant defensive line coach to the scouting staff.

2nd-year pro paces Sara Lee Classic

NASHVILLE, Tenn. (AP) — Dana Lofland battled wind and chill Saturday to post a 1-under-par 71 and take a one-stroke after two rounds of the \$525,000 Sara Lee Classic.

Lofland, one of three golfers who tied the course record with a 7-under 65 during Friday's first round, was more steady than spectacular as she remained the tournament leader after 36 holes.

"I felt really off today. I only hit about five fairways yesterday (Friday) and hit about that many today. I did hit my irons well and kept myself in it with my chipping," said Lofland, who was 8-under for two rounds over the par-72, 6,242-yard Hermitage Golf Course.

Lofland, in her second year on tour, earned her first victory this year in the Las Vegas PGA International.

At 137 are Tina Barrett, who also shot 71 Saturday, Brandi Bugon and Dawn Coc, who put together a second-round 70.

Burton made a run at the lead in the late afternoon, moving to 7-under after birdies at Nos. 13 and 14 and then offsetting a bogey 4 at the 17th with a 3-foot putt for a birdie-3 the 18th.

Tracy Kerdyk and Florence Descampe, who matched Lofland's 65 on Friday, faltered on Saturday. Kerdyk dropped to 5-under for the tournament after a round of 2-over 74. Descampe took bogey on her first two holes on the way to a 76 that left her at 141.

"That's golf," Descampe said.

Golfer Cathy Gerring received first- and second-degree burns to her face and hands in an accident while waiting in a serving line at one of the course's hospitality tents.

Gerring was taken by helicopter to a local hospital, according to a statement



Sara Lee Classic leader Dana Lofland chips onto the seventh green during Saturday's second round.

when a fuel tank containing alcohol was being refilled when a gust of wind blew into the tent and the tank ignited, according to a statement from LPGA officials.

Gerring stood at even-par 144 after her two rounds.

Lofland, who started on the back nine, matched par on her first 10 holes before sinking a 4-foot birdie putt at the 505-yard, par-5 second hole.

Lofland then continued on par for her round of 71.

"It just kept on being a real boring round," Lofland said. "I wasn't hitting it right for birdie opportunities, but I wasn't hitting it so bad that I was in real trouble."

"I feel a lot more comfortable being in this position after (winning) Las Vegas," Lofland said. "I didn't feel a lot of pressure out there, but there is pressure when you see yourself just hanging in there at 1-under par."

Burton found the swirling winds and temperatures that dropped to the mid-50s to her liking.

"The wind is what made it tough and on the last three holes I really felt the temperature go down," Burton said.

"I consider myself a very good bad weather player. My concentration is intense in bad weather," Burton said. "I'll shot 3-under in these conditions today. I can do it again tomorrow."

Burton, who had a string of 34 holes without a bogey snapped at No. 17, was very pleased with her overall game.

"I've missed only three greens in two days. I hit it close today, but I couldn't make the putts. If I can, keep my swing going and get my putter going tomorrow, I should do well."

LPGA Tour officials.

Vanderbilt officials said Gerring's injuries are not life-threatening. Gerring was caught by flames well.

Local clubs fare well at soccer tourney

POCATELLO — The Twin Falls U-19 Fury soccer team split two games on Saturday in the opening round of the Portneuf Invitational Soccer Tournament.

The Fury, getting goals from Brian Rencher and Ben Murphy, shutout the Blackfoot Blackknives 2-0 before falling 3-0 to Idaho Falls' Venture club.

In the U-16 (under 16-years-of-age) division, the Fury had completed just one game at press time.

Mike Ramsey, Donnie McCall and Dwayne Kimball registered Fury goals as the Twin Falls aggregation fashioned a 3-3 tie with the Boise Impulse.

Twin Falls' U-12 Ventures and the Boise Challengers battled evenly through three periods until, with 20 seconds remaining in the contest, the Ventures' Aaron Evans kicked in the winner.

All three teams will be in action today, vying for a berth in the championship finals.

What's Coming This Tuesday In Chat!

- Overdue letter arrives-56 years later
- Contrary to Hollywood rumors Shelly Long is alive
- Material Girl strikes million-dollar deal
- Pontiac Bonneville SE wins yet another award
- How to grow a wildflower garden

All this and more in Tuesday's Chat!

Chat! Just another reason to subscribe to The Times-News.

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Draft

Continued from D1

But there may be enough talent here for two drafts.

There are the standard top six or seven "can't miss" guys.

They include defensive tackle Steve Washington of Washington, who will be the No. 1 pick by the Colts; receiver Desmond Howard of Michigan; the Heisman Trophy winner, and two of the best cornerbacks in years, Troy Vincent of Wisconsin and Terrell Buckley of Florida State. Add David Klingler, the Houston quarterback, Texas A&M linebacker, Quentin Coryatt and defensive end Sean Gilbert of Pitt.

But beyond that is a pool augmented by the largest selection of underclassmen since the league made them eligible two ago. Emmitm, Buckley, Howard and Gilbert all fall into that category and beyond them is a group that could include as many as a dozen sophomores and juniors in the first two rounds.

"Drafts are cyclical things," says Dick Steinberg, general manager of the New York Jets.

"This one's good not only because of the underclassmen, but because there's a lot of quality on defense. Usually you get a lot of offense because coaches tend to put the better athletes on offense. But this year in the upper rounds, the numbers are equal."

That's demonstrated by what's become the normal paucity of quarterbacks. Only Klingler, for whom the Chiefs, Browns and Giants could be tempted to trade up, is considered a sure, first-round pick, despite a bad senior season and a low rating from some scouts who think he learned bad habits in the run-and-shoot.

Beyond him, only Virginia's Matt Blundin could sneak into the first round and that's a longshot.

Despite a selling job by Leigh Steinberg, agent to the quarterbacks, UCLA's Tommy Maddox, only a sophomore, is probably a second- or third-rounder because he's too good and too frail. Penn State's Tony Stewart is another. Florida State's Casey Weldon and BYU's Ty Deimer are too short and don't have strong arms, and there are questions about the knee-of-Miami's Craig Erickson, drafted in the fifth round by Philadelphia last year, but a candidate for the draft again if he doesn't sign by Saturday night.

The first round could be dominated by offensive linemen, headed by Stanford's Bob Whitfield, another junior, defensive linemen, and defensive backs. The running back crop, led by Vaughn Dunbar of Indiana and Tommy Vardell, of Stanford, is just fair, and linebackers

tend to be of the second- and third-round variety rather than No. 1.

The draft will start with Indianapolis taking Emman, a 285-pound bull inside who reminds a lot of scouts of Houston's Ray Childers.

The Colts also have the second pick, which they got by dealing quarterback Cliff Chandler to Tampa Bay (which later released him).

If the Colts keep it, they'll probably take Coryatt, but they could also trade it — to Washington, which picks sixth (courtesy of a trade with their former general manager Bobby Beathard, now in San Diego, for last year's No. 2), they want Vincent, as does Dallas, they pick 13th and 24th. But the asking price is high — a starter and two No. 1 picks.

There's also likely to be action at Nos. 4 (Cincinnati), 7 (Miami), 8 (New England) and 9 (Cleveland).

Washington might dangle Klingler and wait for a bidder, and so would the Dolphins. Ditto for the Patriots, who may make the Houston quarterback — if he gets by New England, the Browns, if they don't get Klingler, could deal with the Giants, who are interested.

Dallas, of course, is another major player, with six picks in three rounds. That's the final payoff for the Herschel Walker trade that has helped turn the Cowboys from a 1-15 team in 1989 to 11-5 last year, and should get former NFL team president Mike Britz an encoached on the Texas Stadium Wall of Honor.

There are a couple of other factors in the draft.

One involves three big-name running backs — Walker, Eric Dickerson of Indianapolis and Bobby Humphrey of Denver. All are on the market and only Humphrey seems marketable — no one else seems ready to surrender a high pick for a 30-year-old running back with a spotty history.

The other factor is signability. It first surfaced two years ago when Chicago took safety Mark Carrier with the sixth pick because it could sign him relatively cheaply. Carrier, who turned out to be the defensive rookie of the year, was expected to go much lower.

That's a major factor, says Jim Finks, the president of the New Orleans Saints, who matched a multimillion dollar free agent bid by Detroit for Innebaeker Pat Swilling. "Do you want to pay a million dollars for an unproven rookie or to someone you know has already produced?"

That's certainly one factor in Cincinnati's willingness to trade the No. 4 overall pick to a team (Dallas or Washington) seeking Vinson or Buckley. The Bengals are among the NFL's lowest-paying teams and their top pick almost always holds out.

NBA

Continued from D1

beating the Pacers at Indianapolis Monday or Thursday.

"He's been our lifesaver," Boston coach Chris Ford said of Bagley, who was given little chance to make the team after missing last season with a knee injury.

"I just took advantage of what (the Pacers) gave me," Bagley said of his brilliant performance, which also included four rebounds and two steals.

"John Bagley was making us look like fools," Indiana coach Bob Hill said.

Robert Parish had 23 points for Boston and Kevin Gamble 19. Chuck Person led the Pacers with 32 points. Reggie Miller scored 20 and Delf Schrempf 19.

The Celtics played their 10th straight game without Larry Bird, suffering from back pain, and seventh in a row without Dee Brown, sidelined with acute viral syndrome.

Portland 101, L.A. Lakers 79 — Kevin Duckworth led the way for Portland with 19 points and nine rebounds as the Blazers blew open the game with a 15-1 run in the third quarter.

"Double-zero was the man," Clyde Drexler said. "The big fella is really playing well."

"He's working much harder than he was earlier. In the last month,

there are not many centers who have played better. When Duck is that aggressive, it really makes our team very good."

The Lakers' 79 points were the fewest ever allowed by the Blazers in a playoff game.

"We wanted to put the pressure on them the full 48 minutes," Blazers coach Rick Adelman said. "We knew that they would come out strong, but somewhere along the line, we thought they would crack, and they did."

Cavaliers 118, Nets 96 — Mike Sanders hit six straight shots in the first quarter and Brad Daugherty took over from there as the Cleveland Cavaliers beat the New Jersey Nets 118-96 Saturday night for a 2-0 lead in their first-round series.

Cleveland, which hasn't won a playoff series since 1976, sent the Nets to their 10th consecutive playoff loss. New Jersey has lost its last 16 games at Richfield.

Daugherty made 8 of 11 shots and 13 of 14 free throws for 29 points, giving him 69 in the two playoff games in Richfield, Ohio. Larry Nance scored 19 points and Mark Price had 15 points and 15 assists.

Derrick Coleman had 24 points and Drazen Petrovic 23 for the Nets, who play host to the Cavaliers in Game 3 of the best-of-5 series Tuesday night.

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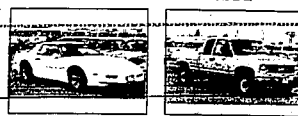
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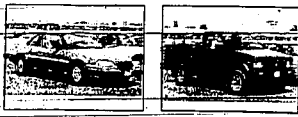
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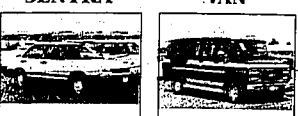
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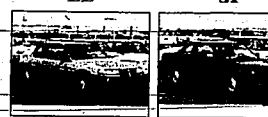
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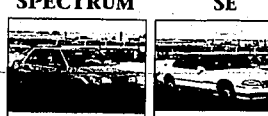
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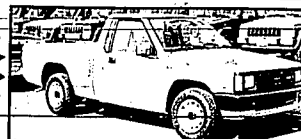
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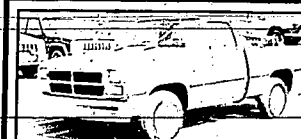


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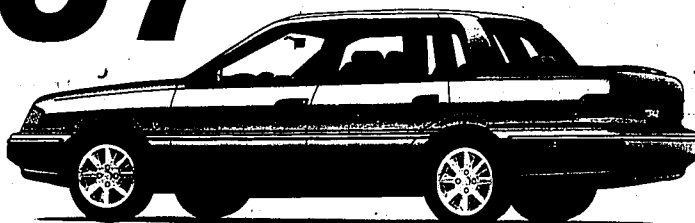
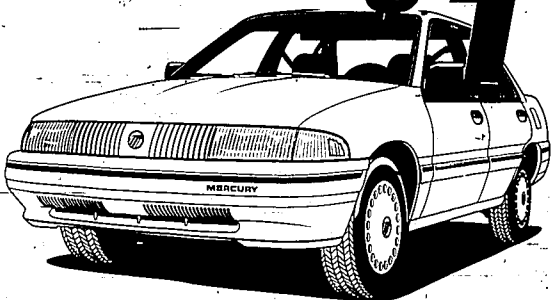
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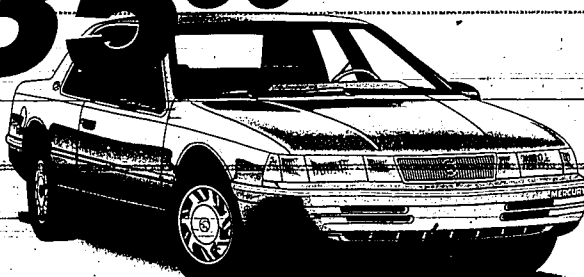
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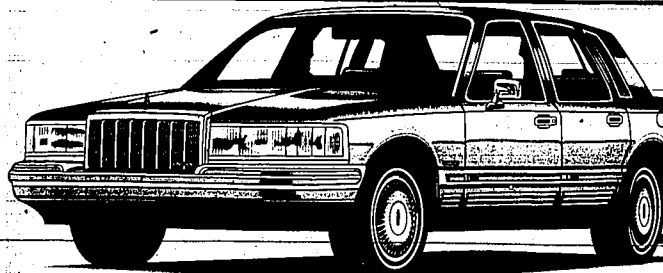
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Lisa Marie Presley (r) with moon and rock star David Bowie

Q I understand that Elvis Presley's will stipulated that his only child, Lisa Marie, was to inherit Graceland at age 25, but she's age of infirmance has been postponed until she's 30. Who—other than Elvis himself—could have made this radical change?—Vicki L. Fritzel, Dunlap, Tenn.

A When Elvis died in 1977 at age 42, he left his estate to three people: his father, Vernon; grandmother, Minnie Mae; and daughter, Lisa Marie. Vernon died in 1979 and Minnie Mae in 1980, leaving Lisa Marie the sole heir. She'll inherit the entire estate—worth an estimated \$100 million—on Feb. 1, 1993, her 25th birthday. But Lisa Marie, who once was seriously involved with cocaine and left school in the 11th grade, has shown little interest in running the complex day-to-day affairs of Elvis Presley Enterprises. Instead, she has signed a contract giving her mother, Priscilla Presley, authority to continue as president of the family business for five more years.

Q After seeing Robert De Niro in "Cape Fear," I wondered how a man of his age manages to stay in such great shape. What's his secret?—K.J. Topek, Kan.

A In a word—discipline. De Niro's personal trainer, Dan Harvey, says the 48-year-old actor is "probably the most focused person I've ever met." For his role in "Cape Fear," De Niro decreased his body-fat content to 4 percent (the average for American men is 19 percent). He did it through a regimen of weight-lifting and a high-carbohydrate diet.

Q What branch of service was represented by the uniform worn by former Surgeon General C. Everett Koop? Also, what was his rank and rate of pay?—Robert P. Brubaker, Strasburg, Pa.

A While he was U.S. Surgeon General, C. Everett Koop chose to wear a sparkling white dress uniform to give his role more visibility and clout. He was entitled to do so as commanding officer of the Public Health Service, whose 6,000 members wear uniforms resembling the Navy's. The Surgeon General's rank is the same as a Navy vice admiral, as is the pay. The current office holder, Dr. Antonio Novello, earns \$128,554 a year, plus housing stipends and other perks. Dr. Koop, 75, now writes and lectures about oral health and other medical concerns.



Koop in his uniform days

Q Julie Kavner, star of "This Is My Life"—how did she become such a big star? How old is she? Was she born? Is she married? And how much does she weigh?—D.R.P., Williamsport, Pa.



Kavner in *This Is My Life*

A Julie Kavner has become one of the most sought-after character actresses in Hollywood because of her Emmy-winning role as the awkward kid-sister in the TV series "Rhoda" and her work on "The Tracey Ullman Show," which carried her two Emmy nominations. She also earned critical acclaim in five Woody Allen films and such movies as "Awakenings," and developed a vast following as the voice of Marge on "The Simpsons." Kavner's age (40), birthplace (Los Angeles) and marital status (single) are matters of public record, but she declines to discuss her weight. Suffice to say that this talented lady should be judged by the weight of her work.

Q Jack Nicklaus—how old, how rich and how many more years to go in professional golf?—B. Friedman, North Palm Beach, Fla.

A "When the time comes, except for social golf with my family, I'm just not going to play—anything, period," says the 52-year-old Nicklaus. That time obviously hasn't come yet, however, since he is planning to play in 15 tournaments this year and hopes to match the \$854,000 he won last year in regular PGA and senior PGA tournaments. Along with his deft chip shot, the multimillionaire "Golden Bear" has the touch of a born businessman: His fee for designing a golf course can come to a whopping \$1.25 million.

Q As television's feisty Murphy Brown, actress Candice Bergen plays a woman who is proud to be having a baby out of wedlock. Is Bergen pregnant in real life? And if so, is she married to the father of the child?—Martha Gamage, North Yarmouth, Maine

A Candy Bergen is as witty and sharp-tongued offstage as the character she plays on TV. But, no, she is not pregnant. The actress has been married to French film director Louis Malle, 59, for 14 years, and they have a daughter, Chloe, 6. Bergen is an outspoken feminist who believes women should control their own bodies—but, given her age (45) and the brutal demands of working in a weekly sitcom, she has no desire to see her life imitate her art.



Bergen with her daughter, Chloe, and husband, Louis Malle



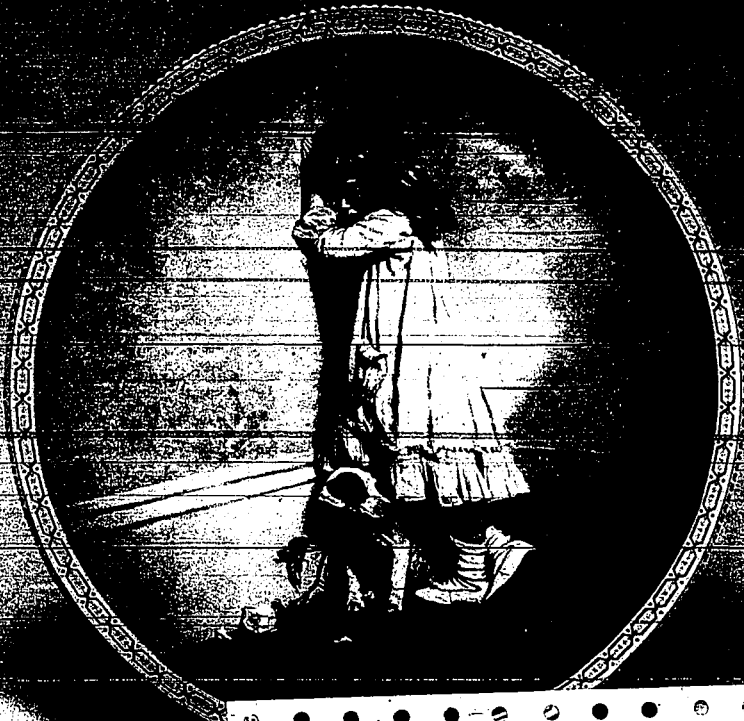
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APRIL 26, 1992

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It was an accident. The flower looked so beautiful. She just wanted to take a closer look. But so did he. And as he eagerly leapt at the prize, his young niece came close. Now they both stand in the corner of the room.

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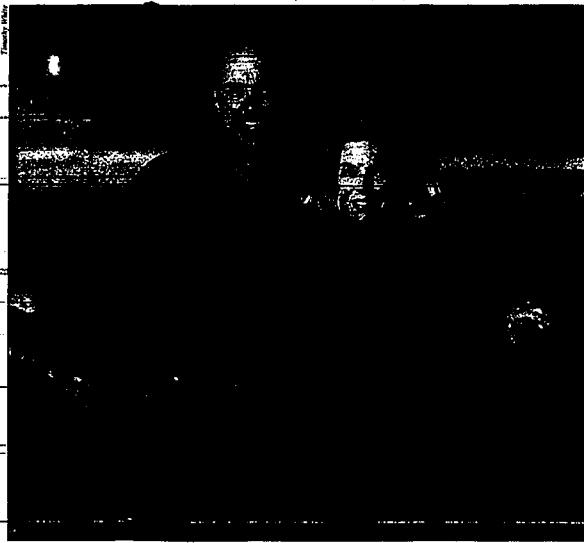
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Nolan Ryan is as successful as a husband, father and businessman as he is on the baseball mound—where, at 45, he's still breaking records. What are his secrets for living wisely?

First, Respect Yourself



Nolan and Ruth, who were high-school sweethearts, will celebrate their 25th anniversary in June. Like her husband, Ruth follows a vigorous workout program. Bottom: Ryan in action at Yankee Stadium. He has struck out more batters than any other pitcher.

"but I never get out of shape."

Every day, he visits the weight room and gym in a barn near his house. On off days during the season, he lifts 5500 pounds of weights in a variety of routines and repetitions, does one hour and 40 minutes of sit-ups, lifts, sprints, foot-ball-tossing, swimming and exercise bicycling, and he often adds 45 minutes of baseball drills. Even after Ryan pitches a game, he works out for half an hour on an exercise bike.

That kind of dedication can pay off for you too, Ryan declares, and you don't have to invest all those grueling hours. "All you have to do is become more active and watch what you eat," he says. "People who do that have great success. I've seen other people who have zero success getting in shape. When you tell them what they have to do, you find out what they really want: is something you can buy in a can that



Pitching for the Texas Rangers, Nolan Ryan last year won his seventh no-hit game. He also struck out his 5500th batter and won his 314th game in an amazing baseball career. And he found time to take a scuba-diving vacation with his wife, Ruth, and their three children—all while overseeing his four ranches and two banks. This year, at the old (for baseball) age of 45, he is still defying *Father Time* as well as power hitters. Tomorrow, Ryan's autobiography, titled "Miracle Man," will be published. Like everybody else in America, we wanted to know Nolan-Ryan's secret for a successful life. So we went to his hometown of Alvin, Tex., to find out.

SUCCESS FOR NOLAN Ryan has come both on and off the pitcher's mound—in physical fitness and in emotional well-being—and he is the first to recognize the fact. In large part, he owes his physical prowess to a comprehensive routine of exercise and diet ("Calories in, calories out—control that, and you'll have success."), which he has followed scrupulously for decades. "But he also credits his accomplishments to some nonphysical factors: a sense of self-respect and purpose...and a firmly centered home life. "My family is the reason I'm still playing today," he says.

Not everyone can have Nolan Ryan's athletic ability—but, he believes, any-

one can have his attitude.

"You've got to respect yourself," Ryan says. "The most important message I'd like to get across is that, no matter how little you've done in life, how much you've abused yourself, whatever your lifestyle or your occupation, you can improve."

Nolan Ryan appeared as trim near the start of spring training as he does at the height of the season. "I have the attitude that, if you're going to do something, you have to be committed and make the sacrifices it demands," he says. Ryan had continued his regular workouts throughout the winter. "I tend to take it a little easy for 30 days after the end of the season," he explains,

will change their bodies. Well, you can't buy it in a can."

Ryan was signed by the New York Mets in 1965 as a high school star with a 98-mile-an-hour fast ball. He had no idea that he would be playing in 1992—and throwing at 93 miles an hour. "I never really had a plan," he recalls. "It was a goal of mine to qualify for a pension. That took four years, and at times I thought that was in jeopardy." He stayed with the Mets until 1971, when

B Y M I C H A E L R Y A N



Sharing a Labor Day picnic at home in Fort Worth, the Ryans stay during baseball season. (l-r) Reese, 16, Nolan, 45, Ruth, 42, and Wendy, 14. Family—not sports—is what he cares most about in life, says Nolan.

"In three years, our kids will be out of the house. There are forces out there to pull you apart. We've never let them—we've worked to stay together."

they traded him to the California Angels, where he stayed seven years. He played for the Houston Astros from 1979 to 1988, when he joined the Texas Rangers.

His accomplishments do not surprise Ruth. "Whether it's baseball or anything else he undertakes, Nolan wants to do well," she says. "He wants to be prepared—and not just physically."

In Ryan's case, that meant deciding, as a young man, that he never wanted to look punchy, be out of shape or lose his athletic abilities by his early 30s. Ryan developed his first exercise regimen on his own—including extensive lifting at a time when most trainers thought weights would make a pitcher muscle-bound. Later, he refined his approach with the help of an exercise physiologist. "As I matured and developed my attitude about conditioning, I just evolved to where I am today," he says.

Despite all his effort to stay in shape, Ryan says that family is his main priority. During the season, he commutes on off days to be with his family; in the winter, he stays close to home. Nolan and Ruth often work out together. When they find time to vacation—between baseball and overseeing their four ranches and two banks—they share activities like skiing and diving with their three children. "We think a healthy lifestyle benefits our kids," Ruth says. Her husband agrees: "Our kids are very active and very positive. They all have interests in sports. We've tried to instill in them the proper approach toward life and let them know that the rewards you receive from it aren't necessarily immediate."

With a father on the road much of the year, the oldest child (Reid) in college and the two younger ones (Reese and Wendy) in high school, the Ryans might

appear fairly disoriented. They are anything but. "We plan our week around the kids' games-and-their-schedules," says Ruth. "We've always felt it was important for us to be together. If we wanted to, we could be at a charity ball or a dinner every night of the week." Adds Nolan: "In three years, our kids are going to be out of the house. There are forces out there that pull you apart. We've never let them. We've worked to stay together."

After chatting over lunch for an hour, we piled into the family car and drove off to Alvin High School, where Wendy, 14, was waiting by the entrance to Nolan Ryan Field for a ride. Car pools and school buses were readily available, but the gesture spoke volumes about what the Ryans think is important.

If you press Nolan Ryan, you can get him to tell stories about the great games he has pitched and the great moments in his career. He needs no prompting, however, to tell stories about his family: One favorite is about the time he and Ruth were on a road trip, and Reese—who was in charge of the house—accidentally locked one of their three hunting dogs inside. The dog panicked, destroyed a curtain and chomped \$1000 in damage trying to find a way out. Reese called a decorator and used his own savings to pay for the damage; he never asked his parents for help. "I was flabbergasted," says Ruth. Adds Nolan: "Reese realized that he was responsible. I have confidence that my kids will be responsible."

Nolan Ryan is not a bionic man—even though, unlike many pitchers, his control actually has increased over the years. He advises others that minor aches and pains are a normal part of fitness, and no reason for giving up. "I have days when I feel my age more than others," he says.

"If I've had a real tough game and thrown an excessive number of pitches, I'm going to feel it for two days. The recovery time is definitely slower. I've had stretches where I couldn't throw well for months. I thought age was catching up with me."

When he pitched his seventh no-hitter last season, Ryan made headlines all across the nation. He received more no-did-for that one game than he did as a much younger man in 1973, when he threw two no-hitters in a single season.

At 45, he doesn't need to prove anything to anybody anymore, but he still has a dream. "I'd like to pitch in another World Series. It's my only appearance was in 1969) and play a very large role in winning," he says. "I'd like to have one

of those charmed seasons where everything went right. I'd like to, but that's not really a goal. I'm approaching this season like every other."

"This could be my last season," he says calmly. "If a season comes along where I don't have the kind of stuff I need to get people out to the stands, I'll get out of the game. If the day comes when I'm frustrated with myself and my ability to perform on the level I expect from myself, I'm going to get out."

But when the time comes to leave, he says, he will go with no regrets. "I was blessed with an ability to say, 'I get satisfaction out of knowing that I took that ability, dedicated myself and accomplished something with it.'"

...And Respect Others

In his new autobiography, "Miracle Man," to be released tomorrow by Word Publishing, Nolan Ryan has this to say about men and women:

THE MOST IMPORTANT NUMBER in my life is one. There's one woman in my life—Ruth has been the only girl I've wanted to be with since the time I was a teenager. That has never changed.

I consider her the best friend I have. Like most guys, especially athletes, I had to learn the hard way to treat Ruth right. Before we had kids, she was stuck in New York while I was on the road with the Mets. When I got home, I wanted to stay; she was ready to go out. It wasn't until we both learned to be sensitive to the other that we started compromising on things like that.

I'd like to think that I get better at this marriage business as I go along, because I learn more. The biggest adjustment comes when you have children. I don't think anybody has any idea of the impact kids have on marriage. Men sure don't. They just keep doing what they've been doing, and their wives end up with all the work. Ballplayers especially push the obligation of the children off on their wives. Everybody has to learn sooner or later how the time and effort that have to be put into raising children restrict a woman's life. I had to understand that. It's not only person in the marriage and that Ruth had desires and dreams and goals too. That's not an easy lesson for someone who has become the center of attention almost everywhere he goes, just because he can throw a baseball.

Our marriage has not been perfect.

Like any other couple, we've had our ups and downs. Ruth and I have worked through that, and the particulars are nobody's business but ours.

People's private lives ought to stay that way, but a lot of professional athletes think they are above any system, and the only standard is their own. I've learned the hard way that they're entitled to do whatever they please without answering to anyone. It's disgusting.

It says something that a superstar athlete with the AIDS virus is made into a hero. Magic Johnson was already a hero, of course, because of his ability and personality. I've never met him, but, like anyone, I was shocked when I heard the news.

Martina Navratilova made a good point about Magic Johnson. She said that if a woman athlete announced she had AIDS, she'd sleep with a couple hundred men, she would not be considered a hero at all. She would be called a tramp. Martina has a point.

All I know is, you stay married to and sleep only with one person, who does the same and you're not going to get AIDS through sex. I think Magic is a hero because what he did is athleticly—not because he's so courageous and outspoken now. It's good he is, and maybe his impact will help us to find a solution to AIDS. I'm glad to see he's even starting to say that the only real safe sex is no sex outside of marriage. But I have a problem with making a hero out of him because of AIDS. Magic wasn't really an innocent victim because of his lifestyle. —Nolan Ryan

From the book "Miracle Man," by Nolan Ryan and Jerry Imluba, to be released April 27, 1992. Copyright © 1992 by Word Publishing.

HEALTH • Take Charge! Questions You Should Ask

DO YOU WORRY that, after a decade or two, you will have to get used to being worn out, mentally dull, emotionally distressed and the easy prey of diseases?

Scientists say it needn't be that way. Experts helped us answer some of the most-asked, most-worried-about questions people have concerning aging. Their replies include the latest scientific findings and tell how you can use them to take charge of your life.

Q: *I want to live long only if I can feel and look good and be mentally sharp. Can I?*

A: The short answer is "yes." It takes hard work, but the benefits far outweigh the difficulties. Aging makes organs weak and less efficient, naturally. You can't change that very much. But cumulatively, research shows, disease and disuse or abuse wreak far more havoc on your body than aging does. And yet—if you take charge of your body and your mind—you can protect yourself. Here are two sure-fire ways:

- Exercise your muscles and your brain regularly, and do so with the goal of recapturing powers you may have lost.
- Quit the abuses—smoking, drinking, high-fat foods, drugs and high-risk activities (such as motorcycleing).

An ounce of prevention is still worth



Take charge of body and mind: Exercise your muscles regularly—and your brain—by trying new things.

a pound of cure. The progress science has made in treating the illnesses of our later years has been amazing—but, at best, medicines only ease or postpone aging's symptoms. We'd do ourselves a great favor by using our youthful years to prepare for a great old age.

Q: *My habits weren't always healthy. Does this mean I will be sick when I'm old?*

A: Depends on how old you are now and how "unhealthy" your habits were. Research shows it's never too late to change, and the time to start is now. In your 20s, 30s and 40s, build a pattern of diet and exercise. It will protect you against disease of the heart and circulatory system, which kill a million citizens a year.

National health organizations endorse a diet of low-fat, low-calorie, high-fiber foods, with several daily portions of vegetables, fruits and starches and only two 3-ounce portions of meat a day. All dairy foods should have a skim-milk base. One rule: Learn your ideal weight and eat only enough calories to maintain that weight. Control obesity, and you control high blood pressure and diabetes. Both are killers.

Women: Your diet should provide more calcium as you age, to prevent osteoporosis, the thinning of the bones. Women lose calcium rapidly after menopause. This could result in broken bones—perhaps broken hips and spines. Younger women need to replace the iron lost in menstruation.

The low-fat and low-calorie diet, for one thing, helps you to lower your blood cholesterol to a level below 200. This prevents a cholesterol pileup in your arteries. If your diet fails to help you do this, new medicines can take cholesterol out of the blood and even prevent your liver from making it. (See a doctor who treats cholesterol.) Some scientists say a low-fat diet also may protect against cancers of the breast and colon.

Exercise. Studies show how 90-year-olds benefited from lifting light weights. Some of them, formerly wheelchair-bound, actually got up and took walks on their own. A good, lifelong exercise



Are you 30? 50? Older? The time to start healthy habits is now.

pattern protects you against heart disease and helps control obesity, high blood pressure, diabetes and high cholesterol levels. Recommended is a three-way program of working with weights, flexibility training and aerobics—exercise that sets your heart pounding and lungs inhaling oxygen quickly and deeply.

Michael O'Shea, PARADE's fitness expert, says a daily walking program is the easiest way to start: "At least 30 minutes of brisk walking every day will launch your exercise schedule. It's safe and effective. You'll be encouraged to do more." The three-pronged daily exercise schedule builds enough stamina and strength to play high-energy sports like tennis, basketball, swimming and running. And it keeps you strong enough to play well and pleasurably into your 70s and 80s.

Q: *Smoking, drinking and fooling around? How bad can they really be?*

A: Pretty bad. (And we mean fatal, not naughty.) Evidence shows that cigarette smoking, taking more than two drinks a day and engaging in risky behaviors cause hundreds of thousands of early deaths in the U.S. every year.

These risky behaviors figure highly in early deaths and severe injuries:

- Drinking and driving contribute to about 20,000 deaths a year.
- Smoking-related diseases—heart disease, lung and throat cancers, and emphysema—took 434,000 lives in 1988 alone.

■ Riding without wearing seat belts. Belts have saved 25,000 lives since 1983, and you're three times more likely to

Let Them Eat Fat Free Fruit And Cake.

need hospitalization without them.

■ **Unprotected sex, many partners—AIDS.**

■ **Excessive sunbathing—melanoma.**

So, everything your mother told you not to do is risky. Momma was right!

Q *Heart attacks run in my family—so, what good could it possibly do me to change my lifestyle?*

A Plenty. Heredity and environment do limit you, certainly.

But you can do much to increase your odds for a long life and good health. I know. My father died of a heart attack at age 44. Two of my three brothers had heart attacks in their 30s. Working as a science editor, I saw early findings on preventing heart attacks, and years ago I began to practice what they preached. So far, I've outlived my father by 20 years.

Since 1970, thanks to new findings about diseases of the heart and circulation, death rates in this country have fallen 59% from strokes and 34% from heart disease. Researchers credit this to improved lifestyles—eating less fat, quitting smoking, aggressively treating high blood pressure—and the surgical replacement of clogged arteries.

Q *I hear a lot about "silent diseases." How do I find out if I've got one?*

A There are many tests to detect many kinds of diseases—from certain cancers before they surface, to high blood pressure and high blood cholesterol. Although tests do uncover diseases, they rarely detect them during our healthiest years—40 or younger. Two exceptions are tuberculosis and AIDS. A skin test will tell if you are infected by TB. Caught early, it can be treated easily with drugs. AIDS strikes young people too. If you or your partner have had unprotected sex with a person whose sexual or drug history is unknown, there is a chance the deadly virus may have infected you. Test results can ease your worry or permit you to get early treatment and protect your partner.

The following tests help you and your doctor spot, prevent and treat illnesses:

■ **Pap smears**—once women become sexually active, or no later than age 18, to detect cervical cancer.

■ **Mammograms**—for women 40 and over, to detect early breast cancer.

■ **Prostate exams**—for men 40 and over, to prevent cancer.

■ **Rectal exams**—for both sexes from age 40 on—to prevent cancer.

■ **Skin cancer (melanoma) exams**—for sunbathers at high risk, such as those who are fair-skinned or live near the equator.

■ **Vaccines help prevent illnesses too:**

■ **Papovirus vaccine**—if it only once, at 65 or older, for lifelong defense against 23 types of deadly lung bacteria.

■ **Flu shots**—get them annually, from continued



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HEALTH/continued

age 65 on. Surprisingly few people get the pneumonia vaccine. Not enough older people are getting the vaccine to defend themselves against influenza, which can lead to pneumonia. Pneumonia is the nation's sixth leading killer. Together with influenza, it claims 75,000 American lives yearly.

Q: Sometimes, elderly people can't seem to think or remember. Can I avoid that?

A: You can do a lot to keep mentally sharp at every age. Research shows that stimulation by learning adds to our brain power. Leonard Giambra, a research psychologist at the National Institute on Aging, says: "Learning is like any skill—you have to practice it. Older people take longer to learn things. We don't know why, but what the older person lacks in speed, he or she makes up in experience and wisdom."

A Harvard University study of 4000 persons from 1982 to 1989 found that those with a lower level of education were more likely to have memory decline and Alzheimer's with aging than those with a higher level of education. Marilya Albert, an associate professor of psychiatry at Harvard, says: "We need to be as mentally active as possible...engaged, not isolated, from interesting and challenging ideas." Such findings encourage us to break from routine and take on a difficult mental task: a new, challenging game (bridge, chess); a new subject, such as history, computers, math, languages (I study French); or new ways to do daily work.

Q: When I'm old, I don't want to be cranky and set in my ways. How can I not be that way?

A: Dr. Paul T. Costa Jr. of the National Institute on Aging reports that most of us keep our early personality traits: A cranky (or happy) 30-year-old is that way at 60. But at any age, negative feelings can kill. New evidence links heart disease to hostility (see PARADE, Feb. 11, 1990). And hostility does not draw others to us.

Dr. Redford Williams, professor of psychiatry at Duke University, says: "If you have companionship, chances are you will live longer, free of disease or emotional distress, than those who don't." For example, Dr. Williams' research reveals this finding about survivors of heart attacks: Those who were unmarried and had no one to confide in had only a five-year survival rate of 50%. The five-year survival rate was 82% for patients who were married or had a confidant.

Medical research also reveals this about healthful changes in lifestyle: At whatever age you start to make them, you benefit immediately. **II**



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MONEY • When To Start Planning And How



YOU KNOW THE KIND of good advice everybody tends to ignore? Like, "Make a will! Everybody ought to have a will!"

—Well—c'mon—You only need a will after you're gone, and if you haven't gotten around to it by then, it's no skin off your back.

But retirement...that's different. Because you are going to be around for your retirement—every last terrific or lousy second of it—and the plan you make today can have a huge impact on its quality.

The good news is that planning for your retirement is easy. We can do it before you turn the page.

The bad news is that it requires sacrifice: saving money you could otherwise spend. But saving has its compensations. It can be satisfying, it's good for the country—and, by helping to make you feel more secure about tomorrow, saving can make you happier today.

In any event, you'd better do it, because retirement is no fun if you have only Social Security to live on. That's because, much as we'd like it to do more, Social Security was never intended to provide a comfortable retirement; it was intended to provide subsistence for those who, through ill fortune or irresponsibility, had failed to provide for themselves. Social Security will still

be around when you retire, but the age at which it kicks in with full benefits will rise from 65 to 67 by the year 2027—if not higher.

So take charge! Figure out what you need, make a plan for amassing it, and stick to that plan.

WHAT YOU NEED

Tons. Say you're 65, about to retire, and you want \$15,000 extra each year, rising with inflation, to supplement your Social Security. In very rough terms, you'd need \$300,000 to \$400,000. (The terms are rough, because who knows how long you'll live or how well you'll be able to invest your savings to keep up with inflation?) If you want twice as much, fine—but you'd need twice as much.

Don't be discouraged if these numbers seem impossibly large. Even a small nest egg is vastly better than none at all. It's the first few thousand dollars in supplemental income that mean so much—just ask any senior citizen who lives solely on Social Security whether a little extra each year wouldn't make a world of difference.

But don't be complacent, either, if you're 25 and thinking it'll be easy to accumulate \$300,000 or \$400,000 by the time you're 65. It's not easy. And, because of inflation, by then you could easily need several times as much.

AMASSING IT.

Here are the basic rules of thumb:

1. Start! Obviously, the younger you are, the easier it is to amass the savings you'll need. You have more time.

2. Try to save at least 5% of your income—20% once the kids are grown. Hard? Yes. Impossible? No. If you make \$24,000 a year now, it means living as if you made 5% less, or \$22,800. People do. It's tough on \$24,000; it's tough on \$22,800. But, as almost anyone who earns \$60,000—or \$16,000—will tell you, it's tough on \$60,000 or \$16,000 too. Remember: This isn't money someone is taking away from you; it's money you're putting away for yourself. If you don't put it away for yourself, who will?

3. Where possible, invest under the shelter of a tax-deferred retirement account, so your money can grow free of tax until you begin withdrawing it: an IRA; a Keogh plan (if you're self-employed) or a retirement plan at work.

4. If you're young, or even not so young, the place to invest for retirement is stocks. That's because retirement money is long-term money, and stocks outperform safer investments over long periods of time. The market "pays" you to take the risk.

Consider a frugal 27-year-old who manages to put away \$2000 a year in an IRA all the way to age 67. If his mon-

ey grew 1% faster than inflation, as it might in a bank, he'd amass \$100,000 in today's dollars. But if it grew 6% faster than inflation, as it might over long periods in the stock market, he'd have more than \$300,000.

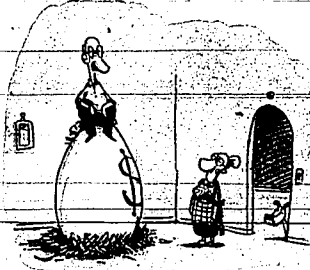
5. But don't rush to put *all* your money into the market when prices are high (the Dow is over 3200 as I write). If you already have a sizable sum somewhere safe, leave most of it there until the market falls. When stocks are at record levels, as they are now, they're expensive. Better to buy 'em on sale.

And don't pick the stocks yourself! Rather, invest steadily, month in and month out, in a few "no-load" mutual funds—funds that charge no sales commissions. Which funds to choose?

Here are some to consider: if you try to pick the very best one, you'll never get around to doing anything, because it's impossible. So just close your eyes and begin investing regularly in any no-load funds that a competent, objective source recommends. For example, you could split your money equally among Vanguard's Index, Extended Index, Star and World International Growth funds. (Vanguard is good because its management fees are among the lowest around.)

Finally, note that if your company retirement plan lets you choose (as many do) among its own stock, a stock-market mutual fund and a guaranteed-income fund, you should probably go with the stock-market fund. Over the long run, stocks outperform safer investments, as I said—and don't you already have enough riding on the success of your company without having to bet on its stock? Diversify.

6. As retirement nears, begin to take less risk. Even once you've retired, if you're lucky enough to have a lot of money, you'll want to keep some of it in conservatively managed stock-market mutual funds. After all, you may well live



another 20 or 30 years, so you're still investing for the long term. But, especially if your net egg is modest, you should begin shifting much or all of it to really safe investments that produce income you can rely on.

Every broker and insurance agent in the world will want to help you with this. But beware: The best investments are often the simplest, that pay the lowest sales commissions—and thus are the least likely to be brought to your attention. For example:

■ You may do just fine switching from no-load stock mutual funds to no-load government-bond funds, and/or no-loads that specialize in relatively safe, high-yielding utility stocks or convertible bonds. If you've placed your IRA with a "family" of funds, doing so may take no more than a phone call.

■ You might earn a good return by accelerating the payments on your mortgage, so you own your home free and clear at retirement. Not having to pay interest on an 8.5% mortgage is just as good as earning 8.5% risk-free.

■ Series EE U.S. Savings Bonds currently yield 6% if held five years. They're free of local tax, and you can defer the federal tax until you cash them in, so your money compounds faster. Chances are you'll be able to keep rolling them over, deferring the tax, until you retire—and then roll them over into Series HH bonds designed for retirees. Ask your bank for details.

■ If you can afford it, you might consider investing in a retirement condo and renting it out in the meantime. Condo prices remain low in lots of nice places.

■ Consider annuities—~~not~~ ~~think~~ ~~write~~—with an annuity, your investment grows free of tax until withdrawal like an IRA, and with no limit to how much you can invest. (But if it's a tax advantage you're after, why not buy municipal bonds—"general obligation" bonds are safest—on which tax is *never* due?) The real advantage of an annuity, if you can get one from a sound company at a good price, is that it guarantees to pay as long as you live. That's a good bet if you wind up living unusually long, but only a fair or poor bet otherwise. Also, not every company that sells annuities will be around 30 years from now to keep its promises; and "illustrated" payouts are often far higher than the "guaranteed" payouts, which are all you can really count on.

7 Don't get hung up on the fine points, agonizing over the absolute smartest place to invest your money or the precise "right amount" to save. The main thing, as with exercise, is simply to do it. Unless you put your retirement savings ~~some~~ ~~place~~ ~~really~~ ~~dumb~~, you'll do just fine.

8 Don't put your savings ~~some~~ ~~place~~ ~~really~~ ~~dumb~~. We've all read about far too many older people who've lost their life's savings. When in doubt, be conservative. Whenever large sums are involved, deal with large, established companies (not just companies that sound large and established). If a broker or salesperson makes promises ("You can't lose!"), have him put those promises in writing. But retirees often do best *not* dealing with a stockbroker or insurance agent, for three reasons: First, salespeople are expensive. Their fees come out of your investment. Second, salespeople have a natural bias toward their own product line, emphasizing its benefits rather than its costs and risks. Third, sales folk are, for the most part, really nice people! You will find it very hard to turn them down.

STICKING TO YOUR PLAN

It gets easier. At first you have to make decisions, fill out some forms, and lock up cash that would rather run outside and play. But once that's behind you

(you've set up your IRA, say, or joined your company's payroll-savings plan), and once you begin to see your savings mount, writing those checks becomes less and less a sacrifice, more and more a satisfaction. By sticking to your plan, you'll be building a secure future for yourself and, not incidentally, for your children. Because a country that saves for the future *builds* a strong future. A country that lives off borrowing and Social Security is a country in decline.

AND IF YOU'RE ALREADY RETIRED

Chances are, you're already doing all the right things. You've ponied up your \$5 to join the American Association of Retired Persons, so you're up to date on the latest seniors' discounts and on the worrisome issue of health care. You're over 55 and the kids are long gone, so you've taken advantage of the one-time \$125,000 tax exemption on gains from the sale of your house and moved someplace cozier and less expensive.

You may even have purchased *Time Dollars* (Roda

Press), a blueprint for volunteering your time now, while you're vigorous and healthy, in return for "time dollars" that will entitle you to assistance when you need it. (Says Ralph Nader: "*Time Dollars* could sweep the nation to higher levels of care, compassion and enjoyment.")

About the only thing you're not doing is hitting up your kids for help—even though they sure hit you up for help once upon a time. Well, why not send them this article, to help them start planning for their own retirements? Maybe if you do need help, they'll see this paragraph and take the hint.

Okay. Enough. You think I like preaching like this? No. (Well, maybe just a little.) But gradually becoming a nation of savers instead of a nation of spenders is one of the most important things we can do.

And one last thing: For heaven's sake, make a will. Everybody ought to have a will.

Andrew Tobias, one of the nation's foremost financial writers, is creator of the best-selling software program "*Managing Your Money*."

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GOVERNMENT: What It Can Do For You

WITH OUR apologies to John F. Kennedy, many Americans are asking what their country can do for them. The answer is: plenty—if you know where to look.

Most of the assistance can be tapped through phone calls to state and local offices that administer the programs, as well as regional federal centers and department headquarters in Washington, D.C. Here's just a smattering of the government's services:

■ There are 13 institutes within the National Institutes of Health, with information on everything from blood pressure to bone-thinning to salt intake. The National Cancer Institute alone employs hundreds of people just to answer your questions. In the lower 48 states, call (800) 4-CANCER, in Alaska, call (800) 638-1234; in Hawaii, (800) 524-1234.

■ The Education Department publishes a booklet telling students how to get loans and grants for colleges, universities and trade schools, including obscure programs that pay top students to study and work in fields where a shortage of professionals exist. Call (800) 433-3243 to get a free copy of *Student Guide*.

■ Did you know Medicare pays for Pap smears for eligible recipients every three years and pays part of the cost of mammograms for eligible women over 35? ■ The Energy Department will help you keep your home warm during the winter. The Conservation and Renewable Energy Inquiry and Referral Service is staffed to answer your questions about caulking, weatherstripping, solar energy, recycling and other energy problems. Call (800) 523-2929.

■ Before you buy retail, consider a government surplus auction. Much of the equipment sold is useless to the average person, but a patient bidder can find a bargain on cars, office equipment, appliances, computers, bicycles and even some luxury items seized from drug dealers. The auctions are run by various agencies, from police departments to the General Services Administration. For information, you may have to make a lot of phone calls: Start with the nearest regional GSA office and move through every local and federal government agency with a reason to dump its inventory. Many auctions are advertised in your newspaper.

■ Each year, the Labor Department creates thousands of part-time jobs for older persons through its Senior Community Service Employment Program. The employees work at senior centers, schools and hospitals. The benefits include help with transportation, nutrition and health problems. For information, call your state job-service office, your state or local agency on aging, or the Labor Department headquarters in Washington, D.C., at (202) 523-6871.

■ Retired business people will share their expertise with you through the Service Corps of Retired Executives (SCORE) in the Small Business Administration. They'll give free advice on sales, cash flow, expansions, inventory, financing and other demons that plague a small business. Information about SCORE is available at (800) 837-5722.

■ If you know an adult who can't read, the Education Department will teach him.

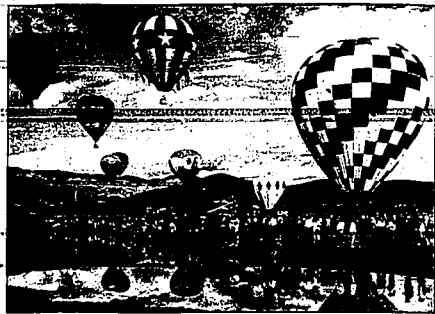
■ The literacy hot line is (800) 228-9813. ■ The Internal Revenue Service publishes *A Guide to Free Tax Services* (IRS publication number 910). You can get it by calling (800) TAX-FORM.

Then there are those little things your government does for you. For example: ■ The President will be more than happy to send a card congratulating you on your 80th birthday or 50th wedding anniversary. Just make sure your request arrives at the White House one month before your big day. Mail your order to: Presidential Responses, Old Executive Office Building, Room 94-Washington, D.C. 20500.

■ How about a photo of your town? The U.S. Geological Survey has aerial photos of most regions of the country. Prices range from \$6 to \$65. To order a picture of your neighborhood, call the USGS in Sioux Falls, S.D., at (605) 594-6151.

For \$125, Uncle Sam will help you adopt a horse. The Bureau of Land Management is trying to manage the wild-bird and horse population on public lands by placing the critters on your private land. Call your local BLM office, or the headquarters in Washington at (202) 208-5717, for a copy of the booklet *So You'd Like To Adopt a Wild Horse or Burro?*

■ Your children can learn about other flora and fauna from the Forest Service's Woody Owl campaign for a clean environment. Have the kids write to: Woody Owl Fan Mail, Box 1963, Washington, D.C. 20250. Woody will send them song books, pictures to color, patches and stickers.



Hot-air ballooning in Park City, Utah. Winter resorts like this are off-season bargains.

TRAVEL: More For Your Vacation Dollars

THIS IS A YEAR for great travel bargains because the leisure industry is scrambling for your business. Here are some of the best deals around, including some bonuses for older travelers. To take full advantage of today's travel buys, remember to:

■ Watch the ads. Some of the best bargains turn up at the last minute, so watch for ads in your newspaper.

■ Go off-peak. Schedule your trip at an untraditional time of year, because rates often drop dramatically in the off-season. Be flexible on dates, days and times of departure, to take advantage of deals.

1. MOUNTAIN ADVENTURE. Vacation at a ski resort *after* the skiers have gone, and you can save a bundle. In Park City, Utah, for example, lodging costs about half as much in the spring, summer or fall as in winter. High in the Rockies, Park City is a picturesque old silver-mining town. After the snow melts, there's hiking, biking, riding, golf, tennis, gondola trips up the mountains, hot-air balloons, concerts, outlet shopping. For more information, write: Park City Visitors Bureau, Dept. P, Box 1630, Park City, Utah 84060.

2. THE BIG APPLE. Stay in New York City for \$18.75 to \$20 a night at the New York International AYH Hostel. A landmark turn-

of-the-century building on the Upper West Side, it's clean, simple, safe. Singles sleep in four-bunk dormitory rooms; families can get their own rooms. Urban AYH hostels may also be found in Boston, Honolulu, Los Angeles, New Orleans, Orlando, Philadelphia, San Francisco, Seattle and Washington, D.C. For information, write: American Youth Hostels, Dept. P, P.O. Box 37613, Washington, D.C. 20013-7613.

3. NATURAL HISTORY TRIPS. Immerse yourself in nature with a non-profit educational group. For example, spend five days paddling a canoe through Georgia's Okefenokee Swamp with a naturalist guide and view peat prairies, basking alligators, turtles and sandhill cranes. Cost: \$385; including meals and camping equipment. For information, write: Wilderness Southeast, Dept. P, 711 Sandtown Rd., Savannah, Ga. 31410-1019.

Or consider a Sierra Club outing, such as a seven-day expedition in the beautiful Badlands of South Dakota. For \$390, you'll sleep in a tent at a base camp and take day hikes to observe bison, eagles, prairie-dog towns and natural springs. For information, write: Sierra Club Outings, Dept. P, 730 Polk St., San Francisco, Calif. 94109.

4. TOURING BY CAR: Get in the car and mosey around an area you've always wanted to see, such as the gold-rush country east of San Francisco. Following the guide-

BY JACK ANDERSON

BY JOAN R. HEILMAN

lines in *Driving Tours U.S.A.* (Prntice Hall Travel), spend four days exploring old mining towns in the Sierra Nevada, circling through Yosemite National Park and returning by way of the verdant farmlands of the San Joaquin Valley. This guidebook covers 30 routes, giving directions for the historical sites and towns for children.

5. THE NATION'S CAPITAL. One of the most visited places in the U.S., Washington, D.C., is also one of the best buys. All the major sights are free—from the White House to the Pentagon, the Capitol Building, the FBI, the National Air and Space Museum and the Botanic Garden. What's more, most offer free tours, movies, lectures and maps. Get around town on the inexpensive Metro bus or Metrorail. For lodging, check the weekend price breaks offered by hotels in this and many other cities. For more information, write: The D.C. Committee To Promote Washington, Dept. P, P.O. Box 27489, Washington, D.C. 20038-7489.

6. ATTENTION CITY SLICKERS. If you want to play cowboy, consider a family-run dude ranch like the Coulter Lake Guest Ranch, in the mountains of Colorado. You'll get riding, fishing, hiking, square-dancing and three meals a day for \$640 a week for adults (less for children) in summer, with lower rates in spring and fall. If playing farmer is more your style, try a real working family farm, such as the Rockhouse Mountain Farm on 450 acres in New Hampshire, with 15 rooms. Per person, double, with breakfast and dinner: \$48-\$56 a day for adults, much less for children.

For information, write: Adventure Guides Inc., 7550 E. McDonald Dr., Suite MP, Scottsdale, Ariz. 85250. **EW**

Best Buys For Older Travelers

Flying for less. If you're 62 or over, major airlines gave you a 10 percent discount on many flights or sell books of coupons that let you fly for less.

Golden Age Passports. These are free entrance passes for those 62 or over to any federal park, monument or recreation area—plus a 50% discount on camping fees and more. Pick them up at park gates or government offices.

Sun City vacations. You can have a week's holiday at the Tucson, Phoenix or Las Vegas Sun City retirement community for \$199 to \$450 a couple, if one of you is at least 55 and the other at least 19. (The idea, of course, is to entice you to move there.) You'll stay in a villa apartment or, in Las Vegas, a downtown hotel. For information, call (800) 528-2604 for Phoenix, (800) 433-9611 for Tucson or (800) 843-4848 for Las Vegas.

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The control and confidence of advanced anti-lock brakes are yours (and your family's) *at no extra cost* on the new Grand Am.® To get ABS on a Toyota Camry you have to spend \$15,613; On the Honda Accord, \$18,245.

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SEX: The Simple Truth— Why It's Better Now

WHO SAYS that great sex is the province of the young? As a clinical psychologist and a professor specializing in human sexuality, I've spent years studying the data on relations between the sexes. But I've learned even more about what really goes on between men and women from listening to my patients.

Great sex is not defined by fantasies that come from nowhere to distract you; nor by instant physical arousal; nor by sudden spasms. There's another gender side to sex, which is more sensual and, therefore, more satisfying—and, thanks to the influence of *Moeller Nature and Father Time*, it gets better as we mature.

The facts of life. The "basics" do not change as we grow older, of course, but certain facts about sexuality are largely unreported. For example, a man does not need an erection to reach orgasm. Older women do not lose their capacity for multiple orgasms. A woman's sex drive can increase after menopause (possibly she's more relaxed, less afraid of an unwanted pregnancy). Less than 1% of men have heart attacks during sex—even fewer when the partner is their wife!

SEX not only improves over time, it also is better for us: Sex can give us a cardiovascular workout comparable to light jogging, and it can increase our cortisol level enough to ease the pain of arthritis and help allergies. Sex also stimulates neurotransmitters that act as natural antidepressants, analgesics and stimulants; helps prevent migraines; makes us less vulnerable to stress; renews intimacy; expresses love—and is neither fatiguing nor expensive. So, if you're in the over-30 crowd, here's what you need to know, and how to use it. Take heart and take part, because the best is yet to come.

Our 30s. This is the real sexual revolution, or evolution, can begin. Male hormone levels begin to drop off just enough to free men from the distraction of constant sexual fantasies and a preoccupation with orgasms. Women, on the other hand, are just reaching their full sexuality. Thirty is when many women have their first orgasm and when many men need



about half an hour between their first and second ejaculation. Therefore, it's also the decade when sex slows down enough for true lovemaking to begin.

How do they differ? Sex is driven by the heat of passion, whereas lovemaking creates the heat. Lovemaking does not rush toward orgasm; it reluctantly ends with orgasm. In our 30s, we learn that the great enemy of lovemaking is not the passage of time, but the lack of it.

Our 40s. "Sexuality becomes more 'feminine' in our 40s," says June Reinisch, Ph.D., director of the Kinsey Institute for Research in Sex, Gender and Reproduction at Indiana University. "There's more emphasis on foreplay and less on intercourse." Like women, men now need touching and time to become physically aroused—a glimpse or a glance doesn't do it anymore. Now it's time for direct, hands-on stimulation—and women love feeling "sexually necessary" as well as sexy. Men become less genitally focused and more diffusely aroused all over their bodies. Now is the time for couples to practice indulging each other in stroking and stimulation from head to toe. The skin is the body's largest sense organ, with nerve receptors

for light touch, massage, tickles, tingles and temperature changes. Relish it.

When intercourse does begin, erections last minutes instead of seconds; so, many women find that they become more aroused and stay aroused longer. Men who ejaculated prematurely in their 20s and 30s can now trust longer so, many women delight in their first orgasm during intercourse. If mutual timing is your goal, this is the time to try it. More good news: Since the refractory period (the postejaculation phase, when another erection is physiologically unlikely) may now be hours instead of minutes, couples can talk, cuddle and give pleasure after sex without the pressure of a repeat performance.

Our 50s. Many women now find their sexuality shifting into high gear. As estrogen levels drop, they may feel more of the sex drive created by their androgens. In fact, at 50 a woman's sex drive, or libido, is often stronger than a man's.

But what about menopausal melancholia? Midlife crises? Empty-nest syndromes? Not so, says my survey of more than 2600 women for *The Female Stress Syndrome*. This generation of

Lovemaking in your 50s: These can be great years for sex, especially for women.

women finds the symptoms of menopause an inconvenience, not a tragedy! Men's erections are less spontaneous, their ejaculations less explosive. The good news is that foreplay gets more play, and more women get to have multiple orgasms. The bad news is that men start worrying about the very changes in their sexual functioning that are so good for their partners! This is also the age when many men worry about having a heart attack—or are recuperating from one. If this sounds like you, get a doctor's note and return to lovemaking. (If you can climb one flight of stairs, your physician will probably say that you can have sex safely.) If it's your man who's worried, you may have to make the first move. Create a relaxed, non-demanding atmosphere and remember: It does count even if you have to ask.

Our 60s. Fullness may decrease, vaginal lubrication may decrease, frequency may decrease—but 76 older couples who volunteered for a study of normal sexual aging said that sexual satisfaction does not decrease. "Sexual satisfaction and marital happiness are not directly related to how rigid the penis is," says Dr. Raul C. Schvartz, director of the Human Sexuality Program at Mount Sinai School of Medicine in New York City. Dr. Schvartz found that couples in their 60s who complained of sexual dysfunction or dissatisfaction had the same changes in their sexual capacity as couples who said they were sexually satisfied and gratified.

The trick to staying sexual at 60 has more to do with the mind than the body: couples who want to continue making love can choose to use the effects of medications, illness or surgery as changes—not losses—and then adapt. Try to see a man's increased need for psychological and physical stimulation as romantic and inviting. Look at his increased refractory period (it may now last hours to days) as a chance for the kind of cuddling without intercourse that makes two people feel loved for themselves. Take advantage of morning erections (triggered by sleep cycles, not full bladders). And remember that a man does not need an erection to have an orgasm—and a woman doesn't need his erection to have an orgasm either.

B Y D R. G E O R G I A W I T K I N

Our 70s.

Who is still interested in making love at 70? A Duke University study suggests 80% of 70-year-olds. But who's still making love at 70? According to the study, 70% of couples are having sex about once a week, and probably the majority of single men. Since there are four times more widows than widowers in this age group, and two-thirds of the remaining men are married, only 25% of women in their 70s who feel sexual have an opportunity to make love. All lovemaking seems to require at 70 is a partner, playfulness and privacy.

Older couples luxuriate in extended mutual foreplay because erections now require 30 to 40 minutes of direct physical stimulation. They enjoy intercourse as much for its pleasurable sensations as for orgasm, because the male orgasm is now less explosive. They enjoy more tenderness and gentleness, because the older woman has less natural vaginal lubrication and elasticity (unless she is receiving estrogen-replacement therapy or has maintained regular, frequent sex all her life).

A bonus: Older people who prolong passion also promote health. Remember that arousal boosts neurotransmitters that counterattack depression and also stimulates the adrenal glands to secrete cortisol, which reduces the pain of arthritis. As for exercise value, the gerontologist Dr. Alex Comfort tells us: "Most people can and should expect to have sex long after they no longer wish to ride bicycles."

Our 80s.

If you doubted that sexuality is a lifelong capacity and lovemaking a lifelong option, here is a summary of a decade of research:

- According to a survey of 800 elderly couples, 75% of those who are still sexually active say that their lovemaking has improved.
- Most men in their 80s (and even one 96-year-old man in Mount Sinai's sleep lab) still have some degree of erection during sleep and report sexual dreams.
- Almost 50% of men in their 80s say they are still interested in sex.
- Only 17% of women in their 70s or 80s say intercourse is necessary for "good sex."
- Although, at 80, just one woman in five will have a sex partner, women at 80 still have the capacity for orgasm.

So don't let uninformed, uninterested or inconvenienced caretakers tell you differently. Sexuality at 80 and beyond is normal, if not necessary, and possible. Just shift your focus from quantity to quality, from intercourse to intimacy and from performance to pleasure, and you can make love forever! **II**

Georgia Witkin, Ph.D., is an assistant clinical professor of psychiatry at Mount Sinai School of Medicine in New York City. Her sixth book, "Passions" (Villard Books), will be published on June 1.

Mal



Mother's Day Rose



Teleflora



HOUSING • The Very Best Deals

HOUSE 4 SALE
SAN FRANCISCO—4 BR, 2½ bth, maid's rm, 2200 sq. ft., mod kit, fam rm, LR/pl, fin bsmt, spnkrlr, den, C/AC, 2-car gar, Forest Hills, \$604,000.

Tari and Allen Davis of Englewood, Colo., with daughter, Kendra. They purchased this 3950-square-foot, four-bedroom house—complete with two-car garage and landscaped exterior—in 1990 for \$178,500.



PUT THAT HOUSE in Boise, Idaho, and you could get it for \$122,700. In Nassau County, N.Y., it would cost \$373,750.

In each case, however, it would be considered as good a deal.

Why? Because housing prices as a rule are higher along the East and West Coasts and in major metropolitan areas than in the South, Midwest, Southwest.

Good deals depend, of course, upon a lot more than price: location, jobs, schools, cost of living, environment, taxes, transportation, recreation and crime. The importance given to each factor differs from family to family.

But in looking for America's best housing deals, PARADE found that today's marketplace can have rewards for all. "This is an absolutely marvelous time to buy a house," asserts Dorcas Helfant of Virginia Beach, Va.—president of the National Association of Realtors (NAR). "Interest rates are the lowest they've been in 18 years. In many areas, it will be possible to pay less for mortgage payments than for rent."

Some of the best deals are in the upper tier, houses listed at \$750,000 or more. Then there are the properties owned by federal agencies such as the Resolution Trust Corporation (RTC), which is trying to recoup losses from savings and loan failures. It has an inventory of 21,025 single-family homes. Of those, 5000 are earmarked for low- or moderate-income families, with an average purchase price of \$28,000.

There also are foreclosed properties held by the Federal Housing Administration (average price: \$37,000), the Federal National Mortgage Association, or Fannie Mae (average price: \$50,000); the Federal Home Loan Mortgage Corp., or Freddie Mac (average price: \$60,000); and the Veterans Administration (average price: \$50,000).

In choosing the best deals, PARADE got information from the Department of Housing and Urban Development (HUD); the NAR and RTC; Runtzheim International in Rochester, Wis.,

How Much House Can You Afford?

This affordability chart is based on a 30-year mortgage, at 8.23% interest, with a 20% down payment.*

Family Annual Gross Income	Home Mortgage	Price
\$20,000	\$55,600	\$69,500
\$30,000	\$83,400	104,300
\$40,000	111,200	139,000
\$50,000	139,000	173,800
\$60,000	166,800	208,500
\$70,000	194,600	243,300
\$80,000	222,400	278,000

*Source: National Association of Realtors

which analyzes relocation properties for Fortune 1000 clients; SchoolMatch, a firm in Columbus, Ohio, that evaluates schools for the relocation market; the network of Coldwell Banker brokers; and various published surveys.

We focused on three- and four-bedroom homes similar to the one in the San Francisco ad. Realtors consider such homes typical in many areas of the country for a family of four at the annual income level of \$40,000 to \$60,000.

We also saw some great deals at higher levels.

As for our cost figures, "average" is the dollar amount when prices are added together, then divided by the number of houses. "Median" is that price at which half the houses cost more and half cost less.

Here's what we found: **WEST** Many newcomers have been drawn to the Portland, Ore., area as much for its attractive house prices as for its reputation for friendly people, a great public-transit system, good schools and

is expected to create up to 3300 jobs. About 49% of its people are between ages 18 and 49. **AVERAGE PRICE: \$85,842.**

Although Colorado's economy has picked up since the energy crash of the '80s, there still are great deals. Allen and Tari Davis paid \$178,500 for an opulent, two-story, four-bedroom, 3950-square-foot home in Englewood, a Denver suburb. **AVERAGE PRICE: \$131,948.**

Colorado Springs, hit by a loss of high-tech projects related to federal spending, still is widely considered a gem in a buyer's market. Debbie and Mark Harris paid \$120,000 for a three-bedroom, two-bath home in the historic district. "It sits in a neighborhood where the houses are \$250,000 and up," Debbie says. "It's stunning. I could sell it in a day." Newer homes elsewhere in the city are \$90,000 and up. **AVERAGE PRICE: \$98,120.**

MIDWEST George E. Marks—a Philadelphia architect who travels the nation, teaching others all about affordable housing—had no hesitation in picking the area he thought offered the best deal. "Kansas City," he said. "It's handsome, clean and affordable."

Johnson County, Kan., is considered prime, especially Overland Park. Ron and Kimberley Barnard and their son, Ryan Matthew, 4, moved into a 3400-square-

foot, four-bedroom house in Johnson County much like the \$604,000 San Francisco example—only it cost them \$134,000. AVERAGE PRICE: \$122,938. Cedar Rapids, Iowa, has been cited as the nation's least-stressful city. After some hard times in the early 1980s, Cedar Rapids has rebounded with a diversified economy and an unemployment rate of 4.3%, way below the national figure. MEDIAN PRICE: \$62,720.

SOUTH Begin in Texas, and you may just stop there. Because of the energy bust, there is a significant stock of RTC housing on the market here, especially in such cities as San Antonio, Houston and Austin. Our \$604,000 San Francisco house would cost \$149,250 in Austin, \$129,600 in Houston and \$96,045 in San Antonio.

"What you find in Austin is a very young city with the median age 26.6, because we have five colleges and two seminaries," says G. Foster of the Chamber of Commerce. "There are some really great buys. People are very pleased with the quality of life, and that is why you find that people work at jobs below their training or education—like college grads working as secretaries—because they want to live here." AVERAGE PRICE: \$101,200.

NORTHEAST In the last year, housing prices have tumbled in states in this region, from as much as 10% in Nashua, N.H., to 4.6% in Prov-

idence, R.I. They are victims of the economic decline that has bruised the Northeast. At the same time, that may mean attractive deals for those who find that work, business opportunity or a changing lifestyle brings them to the area.

The metropolitan Syracuse area in upstate New York has witnessed much of the economic growth because of its diversified economy. Syracuse's education system is also praised. The city expands \$6235 a pupil in public funds. "I think the real value here is in the schools," says Adyne Stacey, who moved here from California with her husband, Paul, and now lives in a three-bedroom, 50-year-old house with two big fireplaces in Canastota, a nearby village. The Staceys bought it a few years back for \$75,500. The \$604,000 San Francisco house would cost \$144,475 here. MEDIAN PRICE: \$79,200.

"There are really great opportunities in New England for young couples looking for starter houses," says Todd Sloane, an architect. He and his wife, Elizabeth, both 26, live in Boston. He tells about a \$300,000 house in nearby Brockton whose owners are selling for \$140,000 to \$160,000. MEDIAN PRICE: \$168,200.

Sloane adds: "If you take time to really look, places you couldn't have considered before are now within reach. There is so much on the market, with low rates for financing, I think you can make a good deal in many places." [E]

"If you really take the time to look, places you couldn't have considered before are now within reach," says one expert.



Paul and Adyne Stacey bought this three-bedroom, two-fireplace home in Canastota, N.Y., for \$75,500. Quality education for their daughter was a major consideration.

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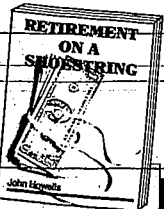
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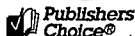
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Intelligence Report

Because of volume of mail received, Parade regrets it cannot answer queries

Nuclear Threat Of the Soviet Sub Fleet

Two former Soviet republics—Russia and Ukraine—currently are quarreling over control of the Black

Sea fleet. The outcome doesn't much concern the Pentagon. Regardless of who ends up in control, our military chiefs don't expect a naval attack upon the United States. They're far more worried about the nuclear reactors of the former Soviet Navy than about its nuclear missiles.

The Soviet Navy operated about 160 nuclear submarines. Pentagon sources told Jack Anderson, PARADE's Washington bureau chief, that this undersea fleet is a disaster waiting to happen. Its nuclear reactors simply don't measure up to American standards, they warn, and are plagued with problems.

Since the Kremlin began opening its military secrets to the Pentagon, our admirals have been learning about exploding reactors and irradiated submarine crews. One malfunctioning reactor was simply dumped on an uninhabited Arctic island, where it remains a hazard to marauding polar bears and inquisitive seals.

Reports indicate that at least three Soviet nuclear subs have sunk as a result of accidents—scattering five nuclear reactors and 38 nuclear warheads on the ocean floor. Meanwhile, several of the 150 submarines still are patrolling the high seas. Scientists fear that their next nuclear accident could contaminate some nation's shores.

Conclusion: The Pentagon doesn't want Russia, Ukraine or the new Commonwealth of Independent States to operate those 150 submarines. For the sake of world safety, our admirals believe, the nuclear fleet of the former Soviet Navy should be scuttled.

Tina Turner Downscales Her London Digs

Tina Turner—the long-limbed rock star, still sexy at 52—has put her London townhouse on the market for \$2.3 million, reports London's *Daily Mail*. The Georgian building features period decor, including Victorian portraits and Chippendale furniture.

Tina's tight security is evident in the barred windows and the video camera covering the front door. The six-story house also boasts a sauna, two kitchens, servants' quarters, a billiard room, a roof terrace—and wardrobe space for 1000

outfits and 250 pairs of shoes. Perfect for an entertainer known for her quick changes during performances.

So why is she selling the townhouse? It's too large, complains Tina, who shares her London digs—as well as a place in Cologne—with her boyfriend, Erwin Bach, 35, a German record producer. The singer says she's looking for something smaller.

Whatever she finds, Tina Turner surely has come a long way since her humble beginnings as Anna Mae Bullock in Nut Bush, Tenn.



Timeless Tina celebrating her birthday in London with German boyfriend, Erwin Bach

Doublecheck That Military Address

The U.S. armed forces, which are trying to phase in a new mail system by July 15, have encountered

some unexpected difficulties. The new address format includes a Postal Unit or Postal Service Center number on the next to last line. Some servicemen and women are confusing this number with their company unit number, explains Army Sgt. Sunny Taylor: "A female soldier in Germany said, 'I put my unit number on the envelope—and she's right,'" says Taylor. "But she also has to put the Postal Unit number on it, or

they'll send the mail back."

Other changes include new APO and FPO numbers for about 40% of the military post offices overseas and new state codes for geographic areas. Current designations are New York, Miami, San Francisco and Seattle. The three new designations are AE (for Canada, Europe, Africa and the Middle East), AA (for Central and South America) and AP (for the Pacific and some areas of Alaska).

If you write to persons in the military, ask for their new APO or FPO numbers and Postal Unit or Postal Service Center number to avoid delays.

Ask Marilyn®

BY MARILYN VOS SAVANT



I play gin rummy with a group of men who say that cards get "ginned out" after two or three games, no matter how

many times they're shuffled. "Ginned out" means cards are dealt in the sequence of past hands, and players are dealt two or three spreads, or nearly gin hands. True? —Harry J. Ibarra, Bloomfield, N.J.

Sounds like "ginned in" to me (as in "broken in"), not "ginned out." But either way, it's not true. Current thinking has it that seven ordinary shuffles mix a deck thoroughly. (Fewer aren't enough, but more don't help that much.) So maybe you guys just aren't shuffling enough!

Do you think the government would purposely keep a cure for cancer a secret because of overpopulation? —Maurine Reynolds, Patterson, Calif.

Not a chance in a zillion. Those people haven't even been able to keep their sex lives secret!

ANSWER TO LAST WEEK'S BRAINTEASER: If you can't change

a dollar, you have no more than one half-dollar; and if you can't change a half-dollar, you have no more than one quarter and no more than four dimes. If you can't change a dime, you have no more than one nickel; and if you can't change a nickel, you have no more than four pennies.

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If you have a question for Marilyn vos Savant, who is listed in the "Guinness Book of World Records Hall of Fame" for "Highest IQ," send it to: Ask Marilyn, PARADE, 750 Third Ave., New York, N.Y. 10017. Because of volume of mail, personal replies are not possible.

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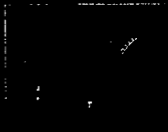
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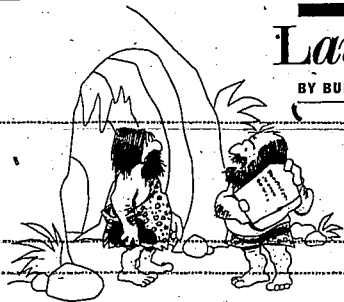
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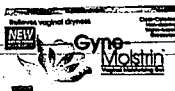


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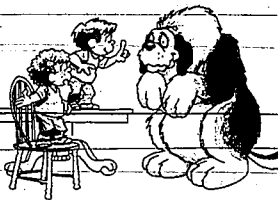


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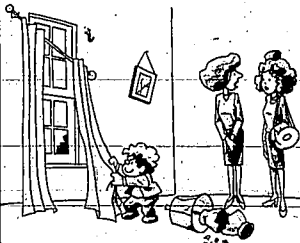
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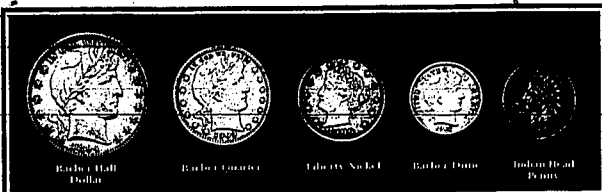
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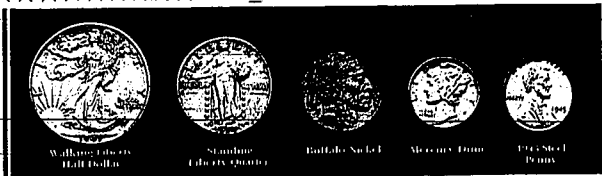
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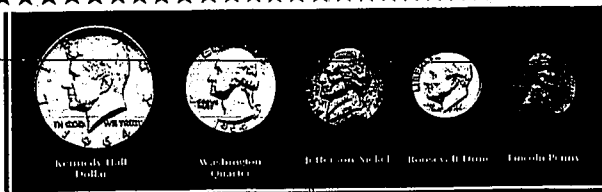
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IN STEP WITH:

BY JAMES BRADY

Anthony Hopkins

THIS WAS BEFORE HE won the Academy Award as Best Actor, and Anthony Hopkins and I were sitting around his suite at the Plaza Hotel in New York, talking about his role as the truly terrifying Dr. Hannibal Lecter in *The Silence of the Lambs*. Hopkins was telling me that he really enjoys all the fuss and feathers so many actors say they hate.

"I'm a fan," he said. "I see Warren Beatty or Jeff Bridges across a room, and I wave, and they wave, and it's all great fun. I met Dustin Hoffman the other day, and I was really excited. I hope I never lose that. I met Lauren Bacall and said to her, 'I used to watch you in films when I was a kid.' And she looked at me and said, 'Thanks.'"

BRADY'S BITS

Early in his career, Hopkins auditioned for Laurence Olivier

and, later, he understudied the great man. "Olivier had tremendous charm, enormous physical courage," Hopkins recalled. "He was obsessed by work and was terribly ambitious. And he was sick a lot. Incredible that he lived as long as he did. No patience whatever with actors calling in sick. One night I played his role while he was ill in bed, and he got up and went to stand in the back of the theater in his jammies.

The next day, he phoned. 'I was there last night,' he said. 'I saw you.'"

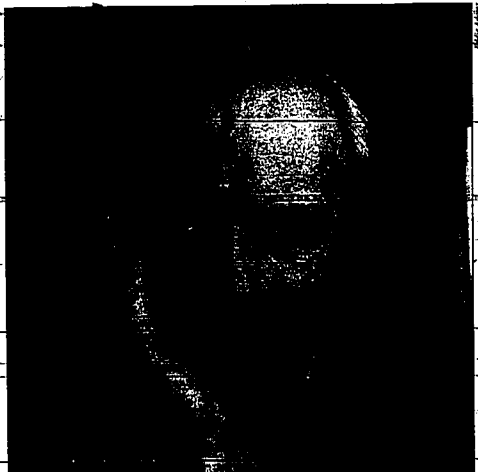
Hopkins does a good imitation of Bacall's sarcastic "thanks."

Hopkins now can be seen in *Howards End*, a lovely, literate

movie set in England early in this century. "I'm not being falsely modest, but it's Emma's film," he said, referring to the actress Emma Thompson. "Sometimes, it's nice to be in a movie you don't have to carry on your own

shoulders." I asked if, in school, he'd read the E.M. Forster novel on which the film is based. "No," he said. "I read it while doing *Bounty* in Tahiti, where there was little else to do."

Hopkins has a couple other movies coming out this year, one of them a new version of *Dracula* (he doesn't play the old bloodsucker but the doctor) and one called *Spotlight Wood*. "It's a nice little film,"



he said, "and I did it because I wanted to go to Australia, where I'd never been. I liked it very much."

But what about *Freejack*, which got rotten reviews when it came out in January? Why did he do that? "I just wanted to meet Mickie Jagger," he said mischievously.

I knew Hopkins played the piano, but I wondered if, like so many from Wales, he also was a singer. "No," he said. "I'm not a professional Welshman at all, like [Richard] Burton or Stanley Baker. I never played rugby and almost got punched in the nose for saying so."

On the day we met, Hopkins had just won the D.W. Griffith Award as Best Supporting Actor for *The Silence of the Lambs*, and I asked how he felt about the Oscars. "I'll be in Los Angeles for them," he said. "It's still a very important thing. I would love to get it, but I have no expectations."

When informed he was being cast as Hannibal Lecter, Hopkins said, he had asked, "Are you sure they want me?"

"Jonathan Demme [the director] had seen me in *Elephant Man*," he told me. "I seem to have cornered the market on playing disturbed people."

Hopkins and his wife, Jenni—live-in—London, where his daughter from a first marriage, Abigail, is trying to become an actress. "I won't help her except in giving advice," he said. "Nepotism doesn't work."

And is Jenni, to whom he has been married since 1973, an actress? "No," said Hopkins. "She was a secretary on a film that I worked on, and one day they needed a young woman for a scene on the stairs with a naval officer. Just to walk by. And she wouldn't do it. Too scared. 'I don't know how you people [actors] do it,' she told me."

Anthony Hopkins won the Oscar for his role as the scariest movie menace ever in "The Silence of the Lambs." Next? A new "Dracula."

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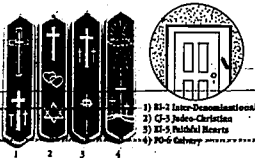
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LYNN MINTON REPORTS:

Fresh Voices

What it feels like to be fat: Readers speak out

A while back, Gilana Gelman, a teenager from Reading, Mass., spoke in this column of the pain of being fat in a country that looks down on fat people. Here's what some readers said in response, followed by an excerpt from a letter Gilana wrote to us concerning the mail she had received.



"For me, being fat isn't too terrible. I have a lot of friends. I even have a few popular friends who have even invited me to parties with their popular friends.

And this year I became the school newspaper editor. Still, it's true that most people think that rude remarks bounce off our fat heads. A kid at school said to me, in public, 'Beih, you know, you're fat and ugly.'"

"I absolutely hate it when girls as big as my wrist say they are so fat and want to lose at least 5 pounds. I hate it when my mom says I can't have seconds because 'I don't need it.' I hate pity. Once this guy I have a crush on asked to dance with me but was it because I was 'that fat, lonely girl with no date'?"

"My mother, I feel, is probably the most disappointed in me (besides myself) that I'm fat. Judging from her yearbooks (which are signed by practically everyone), she was popular. She was skinny and a pom-pom girl. I do more extracurricular activities than she ever did, and yet my books don't have that many signatures. My mother was probably kissed by 16. She doesn't know what it is like to be fat and to never have a date to Homecoming or anything else." —Beth Hall, 17, Cuba, Ill.



"I really feel for those who have trouble with their weight, but if you were with a bunch of your friends, and they all started to laugh and call someone names because they were fat, you wouldn't tell them to stop. You would do it also. I have been in this situation many times and, yes, I called them names. I also felt guilty afterward.

"I don't think many of us would invite a person who is obese to our party or to spend the night, or most less be friends with him or her.

I really don't think I would.

"I never knew I had this attitude toward overweight people until I started thinking about it. I hope I can stop. I quote my mother: 'You could be missing out on a lot of neat people if you don't give everyone a chance.'"

"I hope that the next time I start to make fun of someone, I'll think about what I'm doing and how that person might feel." —Troy A. Flus, 15, Birmingham, Ala.



"All through my school years, I wished I were dead rather than having to face another school day with people calling me

'blimp,' 'chubby,' 'earthquake,' etc. Even the people at church and relatives—who really didn't mean any harm—would say, 'Lisa has such a pretty face. If only...'

"One day I decided I would lose weight once and for all. I dreamed of the life I'd live being thin, wearing beautiful clothes, dates lined up at my door, people whispering, 'Who is that beautiful girl?' Weight became my obsession, and I became anorexic, going without eating until my doctor—against my will—put me in the hospital and told me that in three more days I'd have dropped dead of a heart attack at 18.

"I'm 24 now and still struggling with anorexia. I wish I could make only one teenage girl aware of the dangers of dieting. Right now, I know that it seems so awful to be fat, but it gets better once you're out of school. Sure, I wear a size 3 now and look different, but I'm the same person inside. Your heart and the way you feel inside don't change."

—Lisa L. Ames, 24, Waterloo, Iowa

"I too was an obese teenager and young woman until I found help in Overeaters Anonymous. You get so much love and acceptance from the others. OA has many teenage groups and is listed in the phone book."

—Beverly I. Brady, 63, Anaheim, Calif.



"I am 5 feet 9 and I weigh 225 pounds, but I'm not unhappy. Sure, I've had my ups and downs. Who hasn't? But being large hasn't been the cause. Just

because a person is fat doesn't mean that they're friendless and unhappy. I went with good-looking, thin guys to both my junior and senior proms and had a good time.

"I say it is more a person's attitude and personality that draws or repels other people. My goal is to get down to 170, but it won't make me any happier. I can do anything I want, regardless of my bulk. My advice: Quit feeling sorry for yourself. Go out and do something positive, and don't be ashamed of who or what you are." —**Juliana Stewart, 21, Michigan City, Ind.**

"Fat people are as discriminated against as any minority. Almost everyone has something in their life that they are not proud of. But most weaknesses can't be kept private. Even an alcoholic's problem can go undetected for a long time. Not so with the overcar." —**Chris Digopolaki, 47, Florissant, Mo.**

Gilana Gelman replies:
"My original letter had one very simple intention. That was to inform people that being overweight is only an infinitesimal part of what I am and should not be considered an integral part of who I am. In response, I received a variety of

diets, etc. While I realize that most were sent in good faith, some did make me angry, because they were only trying to help me to the obvious solution—lose weight and gain acceptance—when what I wanted was for people to learn to accept me regardless.

"Still, the outpouring of support for me was deeply appreciated. People wrote and telephoned me out of kindness and compassion—because they genuinely cared. And I really need to say 'thank you' for that."

—**Gilana Gelman, 16, Reading, Mass.**



O'Connell in Stand by Me (l) and today

the actor Jenny O'Connell—who played the chubby kid, Vern, in the film *Stand by Me* at 11—says he decided to lose weight "when puberty kicked in" a year or so later, and he "discovered girls."

"I just pretty much cut out junk food," says O'Connell, now 18, "and then I grew about a foot, so my weight kind of stretched out. Actually, I never thought of myself as fat—we never used that 'F' word in my house. I was, as my mother would say, 'husky.'"

Now he's not.

Spanking: The argument continues

A while back, we printed a letter from a father who strongly advocated "a good, old-fashioned whipping" to discipline teenage boys. That produced a flood of responses. Now, here's the next round:



"I was greatly upset when one girl said, 'Children are not animals that need to be beaten into an acceptable form of behavior.' Children (humans) are animals. But no animal deserves to be beaten under any circumstances." —**Sarah Forbes, 18, Virginia Beach, Va.**

"I was subject to good, old-fashioned spankings right through my mid-teens. The discipline helped motivate me at school and kept me from doing wrong. Unfortunately, nowadays spanking is equated with

child abuse. To me, the real abuse is letting your teens run wild. If more parents had the guts to spank their teens, we'd live in a safer society."

—**Warren D. Scott, 35, Detroit, Mich.**

"No child is ever 'asking for a whipping.' He or she is asking for attention, concern, involvement, love. Unfortunately, in many families, kids don't get that parental involvement until and unless they screw up. In other words, from a child's viewpoint, negative attention is better than no attention at all. If more men talked with their sons and daughters, we'd have a better and safer society."

—**C.D. Grant, 41, Cloverdale, Calif.**

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- You always have 10 days to decide; if not, you may return the Selection at our expense.
- Half-Price Bonus Plan: If you continue your membership after fulfilling your obligation, you will be eligible for our money-saving bonus list. It lets you buy one CD at half-price for each CD you buy at regular CD price.
- 10-Day Free Trial: We'll send details of the Club's operation with your introductory package. If not satisfied, return everything within 10 days and you will have no further obligation.
- Extra Bonus Offer: you may take one additional CD right now at the superlow price of only \$6.95—and you are then entitled to take an extra CD as a bonus FREE! And you'll receive your discounted CD and your bonus CD with your introductory selections—10 CDs in all!
- If the application is missing, you may write to: Columbia House, 1400 N. Frustridge Ave., Terre Haute, Indiana 47811-1129.



We reserve the right to reject any application or cancel any membership. Offer not available in APO, FPO, Alaska, Hawaii. Please refer to back of alternate offer. Consider medicine withheld from Toronto. Applicable sales tax added to all orders.