

Pentagon battles for expansion

MOUNTAIN HOME — The stark moonscape of Idaho's southwest corner can be so quiet that Emig Gehrike, an environmentalist who camps and hikes in the area, says you can stand in the vastness and hear the true sound of silence: the steady, rhythmic whoosh of blood in your ears.

This stretch of high, rocky desert, cleaved deeply by dramatic canyons, is sacred to the Shoshone-Paiute Indians settled on a reservation nearby. It is home to some 35 rare species of plants and animals. It is an area so wild and remote that the Interior Department has deemed it suitable for federal protection as a national wilderness area.

If the Air Force and Idaho's governor have their way, however, the silence and stark solitude of the Idaho's Cwayhee Canyonlands will be broken at least five days a month by the "sound of freedom" — the roar, thud and shriek of up to 80

complaning flying at supersonic speeds, dropping dummy bombs and maneuvering out of reach of mock antiaircraft fire.

Under a complex land swap conceived and pushed by one of the nation's most environmentally minded governors, the state would take possession of 13,000 acres of southwest Idaho owned by the Interior Department. Gov. Cecil D. Andrus, acting as a middleman in the exchange, would then turn the land over to the 366th Wing "Gunfighters" of Mountain Home Air Force Base for conversion into the new Idaho Bomb Range.

The Air Force would spend roughly \$26 million to buy equipment and privately owned land adjoining the site, improve roads and build the bomb range. It would then become one of four major target ranges within a 70-minute flight of the Mountain Home base.

A coalition of federal officials, environmentalists, Native Americans and big-game hunters — as well as some of Andrus' own state officials — are looking to shoot down the plan.

The test of wills, which could wind up being arbitrated by Congress, represents just one corner of a national battleground between the post-Cold War Pentagon and environmentalists.

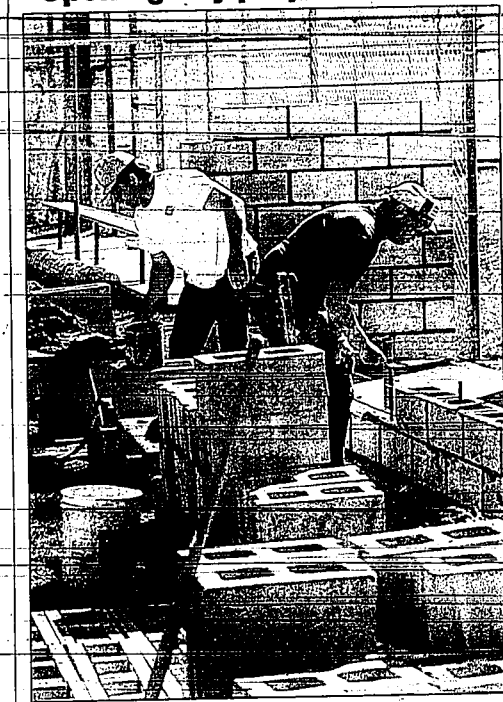
As the shrinking U.S. military draws its forces home from places like Europe and the Philippines, it is seeking to stop up activities and expand territory for maneuvers and training throughout the United States.

Such domestic tracts need to be large enough for jets, tanks and other military equipment to practice fast-moving combat tactics and fire long-range weapons.

In a February 1993 report issued by Gen. Colin L. Powell, then-chairman of the Joint Chiefs of Staff, the Pentagon acknowledged that "an integrated test and evaluation range structure," linking existing ranges across six Western states and areas off the California coast, would be necessary to bring U.S. training areas into line "with the changed world."

Please see PENTAGON/A2

Opening day preparations



Volunteers Rod Burk, left, and Galen Driesel block-up a dugout at the Jerome High School baseball field. Team members, along with supporters, have dedicated three weekends to preparing the field and facilities for the home opener against Twin Falls Tuesday. Much of the money to support the Jerome baseball team comes from donations.

Idaho's women inmates are separate, not equal

The Associated Press

BOISE — Women prison inmates have always been second-class citizens in Idaho, even among the dispossessed.

But now a penitentiary strictly for women is opening in Pocatello, and historians are telling the story of past convicts who survived boredom and isolation in tiny, gloomy cells at the old Idaho Penitentiary.

The most notorious of the prison's 214 female inmates was Lydia Southard, Idaho's "Lady Bluebeard." She was convicted of killing four husbands for their insurance money by feeding them arsenic extracted by boiling flypaper.

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A new permanent exhibit at the Boise prison-turned-museum, entitled "Our Ward is Rather Small," opened last weekend. And the ward itself has been restored to its appearance in the 1950s.

The seven small cells hold period furniture, and the walls are painted institutional green and yellow.

Historians Susan Stacy and Rosemary Wimberly, working on a state research grant, also presented their findings on the often-equal treatment of women behind bars last week at a Boise State University forum.

Idaho's first female prisoner was an Indian with one name, Henebe. She was sent to the penitentiary for manslaughter in 1887, but no more is known except that she once escaped and was recaptured a couple weeks later.

Lydia used a rose trellis to scale the prison's sandstone wall 10 years after her conviction. She was captured in Kansas 15 months later and returned to Idaho, where she spent a total of almost 20 years behind bars — longer than any female inmate.

Idaho's women convicts initially were guarded by men. But things changed at the turn of the century after a convicted killer who had been imprisoned for years got pregnant and had an abortion.

"It created an absolute scandal," Stacy said. "The warden was implicated as part of the cover-up."

By then Idaho was among the last states without a female matron to oversee women inmates. Warden's wives became matrons by default. Some disliked their jobs, but others were advocates for the women they supervised.

Please see PRISON/A2

U.S. may provoke war to stop nuclear agenda

The Associated Press

WASHINGTON — The United States is willing to risk provoking war to stop North Korea's program to develop nuclear weapons, Secretary William Perry said Sunday.

"We do not want and will not provoke a war over this or any other issue in Korea," Perry said Sunday on NBC's "Meet the Press." "But we will take a very firm stand and strong actions. It's conceivable where those actions might provoke the North Koreans into unleashing a war, and that is a risk that we're taking."

Perry said the CIA believes that North Korea already has as many as two nuclear bombs and is continuing to develop atomic weapons.

"I know they're lying when they say they're not developing a nuclear program," Perry said. "I do not know they're lying in saying ... they could very well conceive that faving a nuclear-free peninsula would be to their advantage."

The United States and the United Nations

have been pressing North Korea to allow international inspectors to examine its nuclear sites. North Korea has given no public indication that it is willing to do so.

In the meantime, the United States and South Korea have postponed deciding on whether to resume joint military exercises — although Perry said both sides were discussing a schedule Sunday.

The Washington Post reported Saturday that North Korea is about six months from doubling its capacity to produce plutonium for atomic weapons.

The United States' primary concern is to stop any further nuclear development in North Korea, but not necessarily to try to take away any nuclear weapons they now have, Perry said.

Please see NUCLEAR/A2

Uncle Sam spent average of \$4,599 per person in '93

The Associated Press

WASHINGTON — Uncle Sam spent an average of \$4,599 for every American last year, according to new Census Bureau reports on federal spending. Entitlement programs and grants for Medicaid, family support payments and housing accounted for 60 percent of domestic spending, said U.S. Census analyst Robert McAnhr.

Grants, benefits and subsidies were up 7.6 percent to \$892.6 billion, while purchasing rose 1 percent to \$201.4 billion. Pay for federal workers rose 2.8 percent to \$166.2 billion.

Alaska, where military salaries give the economy a big boost, remained the top recipient of federal dollars, receiving \$7,897 per resident in 1993, according to the reports.

Nine of the top 10 states, and all of the bottom 10, were unchanged from 1992, which surprised McArthur. He pointed to population migrations to the South and West, decreasing military spending and a mix-up in social programs.

Nonetheless, "nothing just shook loose and moved from one region to another," he said.

Second in spending per resident was New Mexico at \$6,292, up one spot from 1992 thanks to Department of Energy procurement in the state.

Virginia, home to major naval facilities as well as federal agencies in the Washington suburbs, climbed from fourth to third, receiving \$6,824 per resident last year.

Maryland, No. 2 in 1992, dropped to fourth with federal spending of \$6,803 per person in 1993. Hawaii was next, at \$6,017.

Please see UNCLE SAM/A2

Good morning

Today's forecast:

Windy and partly cloudy with a chance of rain showers. Highs in the lower 30s. West winds 20 to 30 mph. Mostly cloudy tonight with a slight chance of rain then snow showers. Lows in the lower 30s.

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Magic Valley

Blowin' in the wind

Whimsical windsock-maker flourishes in Hailey.

Page B1

Canyon oversight

A panel of local residents will offer advice on development along the Snake River and Rock Creek canyon rims.

Page B1

Boise farewell

Political writer Drew DeSilver looks back at the departed Idaho lawmakers and the 1994 session.

Page B1

Sports

Who will be NCAA champ?

The Blue Devils want to add to their collection of championship rings while Arkansas' best will be playing in their first NCAA championship contest.

Page B4

Major league season opens

St. Louis met Cincinnati in Sunday's opener while six more clubs open today.

Page B4

Features

Hobbled warriors

Every spring, legions of weekend athletes injure themselves needlessly.

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Embarrass your kids

Columnist Dave Barry says it's high time you humiliated your teen-agers, perhaps by picking them up from school in a Wienermobile.

Page D1

Opinion

Right to cough

America should respect smokers' right to hurt themselves, a columnist says.

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Nation

Disgruntled activist

The same AIDS protester that interrupted President Clinton during a speech in December disrupted an Easter church service the president, his wife and daughter were attending.

Page A3

What will investors do?

Some forecasters are expecting renewed increased selling on the U.S. stock market today, while others say stocks will rebound.

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World

Anti-Semitic Semite

Documents show Vladimir Zhirnovsky, the Russian nationalist leader who campaigns on anti-Semitic themes, had a Jewish last name until age 18.

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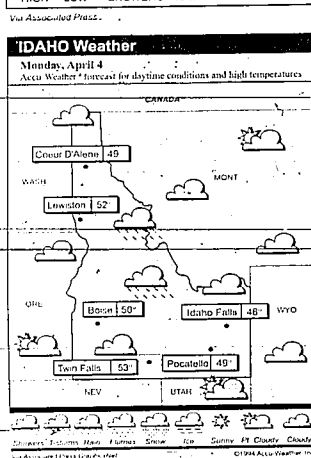
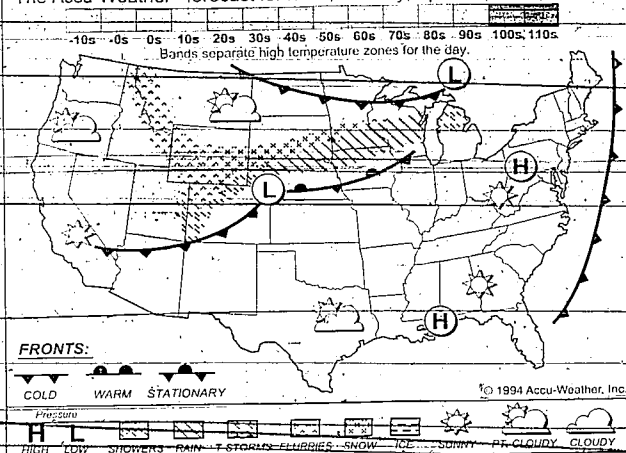


Brittney Roberts, 3, waited until Seth Wortham, 2, wasn't looking to take two eggs from his Easter basket at an egg hunt Saturday at Paul's Union Church in La Marque, Texas.

Weather

NATIONAL Weather

The Accu-Weather® forecast for noon, Monday, April 4.



Temperatures		Spokane	48	39	11
	Max Min Pcp	Washington	75	52	...
Albuquerque	73 38				
		Bozeman	50	34	...
		Chicago	50	34	...
		Dallas	67	47	...
		Denver	71	31	...
		Des Moines	55	22	...
		Detroit	45	32	...
		Honolulu	83	67	...
		Houston	76	58	...
		Indianapolis	44	35	...
		Kansas City	54	28	...
		Las Vegas	79	54	...
		Los Angeles	69	58	...
		Memphis	57	50	...
		Miami Beach	84	69	...
		Milwaukee	49	32	...
		Minneapolis	50	22	...
		New Orleans	77	48	...
		New York	61	43	...
		Oklahoma City	62	38	...
		Omaha	61	21	...
		Phoenix	88	60	...
		Pittsburgh	61	33	...
		Portland, Me.	54	37	...
		Portland, Ore.	58	45	...
		Reno	69	49	...
		St. Louis	50	34	...
		Salt Lake City	69	43	...
		San Francisco	64	52	...
		Seattle	55	42	...

Twin Falls			Max-Min Pcp
Albuquerque	71	51	.03
Atlanta	63	39	
Chicago	50	34	
Dallas	67	47	.38
Denver	71	31	
Des Moines	55	22	
Detroit	45	32	.20
Honolulu	83	67	
Houston	76	58	
Indianapolis	44	35	.34
Kansas City	54	28	
Las Vegas	79	54	
Los Angeles	69	58	
Memphis	57	50	
Miami Beach	84	69	
Milwaukee	49	32	
Minneapolis	50	22	
New Orleans	77	48	
New York	61	43	
Oklahoma City	62	38	
Omaha	61	21	
Phoenix	88	60	
Pittsburgh	61	33	
Portland, Me.	54	37	
Portland, Ore.	58	45	
Reno	69	49	
St. Louis	50	34	
Salt Lake City	69	43	
San Francisco	64	52	
Seattle	55	42	
St. Paul	50	30	
Tampa	78	58	
Wichita	61	30	
Yonkers	61	43	
Yesterday	na	na	
Last year	72	37	
Normal	58	31	
Sunset today	8:07 p.m.		
Sunrise tomorrow	7:14 a.m.		
Lunar phase:	Last quarter		
April 2: new April 10: first			
quarter April 18: full April 25			

Las Vegas		Idaho			
Los Angeles	69	58		Max	Min Pcp
Memphis	57	50	16		
Miami Beach	84	69		Boise	58 46
Milwaukee	49	32		Burley	55 48
Minneapolis	50	22		Fairfield	na na
New Orleans	77	48		Gooding	na na
New York	61	43		Hagerman	na na
Oklahoma City	62	38		Idaho Falls	55 36
Omaha	61	21		Jerome	50 43
Phoenix	88	60		Lawton	60 48
Pittsburgh	61	33	18	Methun	na 35

Portland, Mo.	54	37	Malibu	na	na	..
Portland, Ore.	58	45	.01	Malta	62	41	.0
Reno	63	49	McCall	na	na	...
St. Louis	50	34	.21	Pocatello	56	49	.C
Salt Lake City	69	43	Salmon	53	41	.C
San Francisco	64	52	Soda Springs	55	30	..
Seattle	53	45	.22	Sun Valley	na	na	..

Weather Summary

A cold front has crossed Idaho, bringing clouds, showers, and breezy conditions to most of the state as it moves east. The cool, wet pattern is expected to continue as weaker weather systems move across the state within the next few days.

Satellite pictures show cloudy skies across the southern part of the state. There were fewer clouds and showers in the north. Radar and weather station reports indicated scattered light showers from the Lewiston area southward.

Precipitation amounts varied. Coeur d'Alene had 0.3 inches, Grangeville had .39 inches, Lowell had .44 inches.

The highest temperature in the state Sunday was 62 degrees at Malia. Drive and Stanley reported the lowest at 18 degrees.

Elsewhere in the nation Sunday, the highest temperature was 94 degrees at Coolidge, Ariz., and Elly, Minn. reported the lowest temperature at 9 degrees.

Pollen count

Not available

Courtesy Asthma and Allergy of Idaho

Visible planets

Morning: Jupiter, Mercury, Mars, Saturn

Evening: Venus

Rain showers scattered across country; snow falls in East

The Associated Press

Rain was scattered across the East and South on Sunday. Snow fell in Pennsylvania and Ohio.

Showers that developed along a slow-moving cold front stretched from Alabama and Tennessee to New England. Strong southerly winds prevailed ahead of the cold front.

In northwestern Pennsylvania, rain changed to snow by mid-morning. Northwestern Ohio also received snow, and Toledo reported 1.7 inches, surpassing its record for the date of 1.5 inches set in 1975.

A few thunderstorms pelted Louisiana and the east coast of Florida, as well as Montana, Washington and the Lake Tahoe area of Nevada and California. Hail was reported east of Kalispell, Mont.

Forecasts

Twin Falls, Burley, Rupert, Jerome and Gooding: Today windy, partly cloudy. A chance of rain showers. Highs in the lower 50s, West winds 20 to 30 mph. Tonight mostly cloudy. A slight chance of rain then snow showers. Lows in the lower 30s, Tuesday partly cloudy. Highs around 50.

Camas, Prairie and Wood River Valley: Today mostly cloudy. A chance of rain showers. Highs in the mid-40s. Tonight mostly cloudy. A slight chance of rain and snow showers. Lows 15 to 20. Tuesday mostly cloudy. Highs in the mid-40s.

Extended forecast: Southern Idaho: Today windy. Partly cloudy. A chance of rain showers. Highs 45 to 55. Tonight mostly cloudy. A slight chance of rain and snow showers. Lows 25 to 35. Tuesday partly cloudy. Highs 40 to 55. Extended forecast, Wednesday and Thursday mostly cloudy with a slight chance of valley.

Northern Utah and Nevada:

Utah: Today showers likely. Slight chance of thunderstorms. Colder. Highs 40 to 55. Tonight mostly cloudy. Chance of showers. Lows 35-40. Tuesday partly cloudy. Chance of showers. Highs 50-55. Chance of precipitation 70 percent Sunday, 30 percent today, 40 percent tonight and 30 percent again Tuesday. Oxygen temperatures: 39 to 52-54.

Elko County: Today a few snow showers over the mountain area. Partly cloudy otherwise. Colder, with highs from the upper 40s to the upper 50s. Tonight chance of showers with snow level lowering to valley floor east. Lows in the lower 20s to lower 30s. Tuesday slight chance of showers mainly over mountains east and partly cloudy west. Highs in the 50s to mid-60s.

Not available

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Pentagon

Continued from A1

But as the military pursues that expansion, it is locking horns with environmentalists, who are finding common cause with other traditional users of federal lands throughout the West, including ranchers, miners and big game hunters.

The Pentagon is "going berserk right now, and I don't understand it," said Grace Bukowski of the Rural Alliance for Military Accountability, a citizens' action group that helps organize resistance to the military's expansion into public lands. "I thought the Cold War was over."

The opposition, Bukowski said, is "this strange group of individuals, who are leaving their shotguns at the door and joining forces to fight the military. Because when it comes to the military taking over our public lands, we're all in agreement. If the military gets it, everyone loses. (The lands are) gone for the ranchers, miners, environmentalists and recreationists."

Gehrke, for one, said he believes that the Idaho situation could represent a final push by the Air Force. "I just wonder if this isn't the last big land grab -- an effort to get one last range before the curtain closes," he said.

With 27 million acres of the nation's lands under military control already, and support for the protection of public lands growing, Gehrke said, "I can't see them arguing successfully for more training ranges."

Skirmishes like the one in Idaho are being played out throughout the nation, but the fights have been concentrated in the West, where vast expanses of open land and lightly populated areas have increasingly drawn the U.S. military.

In California, Army plans to expand maneuver areas by 320,000 acres at its National Training Center at Fort Irwin. Even though the center is in a desert, it is being forced to defend its existing training grounds elsewhere. Last year, the center was ordered to move to a new site, but the Defense Department is still trying to find a new site.

In Colorado, an Air Force bid to increase low-level flights across the state has caused a political uproar and has collided with a state law that strengthens protections for new wilderness areas under the military's flight path.

In New Mexico and Utah, an

Prison

Continued from A1

A wall was erected around the old warden's home in 1906 and it became the first women's ward. A "thoroughly modern dormitory" was built in 1920, but the double-occupancy cells were so tiny that one inmate had to stay on her bunk while the other dressed.

Women hooked rugs to make their concrete spaces more homely, but generally had few diversions. Prison officials designed activities for the hundreds of men in the penitentiary. But the few women did their time was an afterthought.

"Of all the women, there were about two or three who ever came back. They were too tired to return," Stacy said. "A lot of them returned because they found home there."

The warden offered no way to spend the time, women found they own.

They crocheted, sewed, cooked, kept their cells tidy, tended the warden's yard, grew flowers and made belts from snakes caught nearby. They played pin chess, pinole, volleyball and the piano, watched weekly

Uncle Sam

Continued from A1

Rounding out the top 10 were North Dakota, Massachusetts, Missouri, Maine and Rhode Island. Missouri was a newcomer, up from 11th place, while Mississippi dropped out of the top 10.

The bottom 10, same as 1992, were Illinois, Delaware, Vermont, Utah, Minnesota, North Carolina, Michigan, Indiana, Wisconsin and New Hampshire.

Not ranked was the District of Columbia, home of the federal government, where federal spending averaged \$35,034 per person.

Other findings in the three-volume federal spending studies:

- The Department of Health and Human Services spent the most on federal grants — \$23.7 billion — followed by \$22.2 billion from the Transportation Department.
- The Federal Postal Service had the biggest federal payroll at \$39.9 billion, although it is self-supporting and doesn't receive tax money. Among taxpayer-supported agencies, the biggest payroll was \$26.7 billion in the Navy, followed by the Army's \$24.9 billion.
- Health and Human Services topped the list for direct payments to individuals. Its Social Security Administration paid out \$319.9 billion and the Health Care Financing Administration distributed \$154.7 billion.
- The Air Force topped the purchasing list with \$39 billion in procurement, followed by the Navy at \$36.2 billion.
- Los Angeles County was the top locality for federal spending, at \$40.5 billion, and New York City was second, at \$32.1 billion.
- Federal spending topped \$10 billion in five other communities: Cook County, Ill. (Chicago); Washington, D.C.; San Diego; Philadelphia and Sacramento, Calif.

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Nuclear

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"At such time as we succeed at that, then we can be concerned about rolling back the program they have," Perry said.

Until then, the United States will continue to employ "imaginative and aggressive diplomatic actions," according to Perry.

"We don't have to have results this week or next week. The problems we're concerned about will take a year or two to unfold, so we can be firm, but we can be patient, too," he said.

However, Perry said if the situation doesn't change in six months, the United States would move "out of the diplomatic mode and into the mode of putting pressures" on North Korea, including economic sanctions.

Asked whether he would rule out a pre-emptive military strike against

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Army proposal to test-fire Patriot missiles across a stretch of pristine desert his environmentalists up in arms.

In Alaska, the Air Force and Army are pressing plans for sweeping additions to training areas throughout the state, prompting cries of concern about the effect on wildlife and native people who hunt for subsistence.

In Nevada, the Navy and Air Force have plans to expand two of the nation's most extensive bomb ranges — those associated with Fallon Naval Air Station and Nellis Air Force Base.

At the same time that the Pentagon is trying to expand its turf in some regions, it is being forced to defend its existing training grounds elsewhere. Last year, the center was ordered to move to a new site, but the Defense Department is still trying to find a new site.

In Colorado, an Air Force bid to increase low-level flights across the state has caused a political uproar and has collided with a state law that strengthens protections for new wilderness areas under the military's flight path.

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Nuclear

Continued from A1

"At such time as we succeed at that, then we can be concerned about rolling back the program they have," Perry said.

Until then, the United States will continue to employ "imaginative and aggressive diplomatic actions," according to Perry.

"We don't have to have results this week or next week. The problems we're concerned about will take a year or two to unfold, so we can be firm, but we can be patient, too," he said.

However, Perry said if the situation doesn't change in six months, the United States would move "out of the diplomatic mode and into the mode of putting pressures" on North Korea, including economic sanctions.

Asked whether he would rule out a pre-emptive military strike against

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Grief only option when one parent leaves U.S. with kids

WASHINGTON (AP) — Lilly Waken's husband and two young daughters left home for a party and never came back. Frantically, she called police, she called hospitals — then she learned her Arab husband had bought three one-way tickets to Damascus, Syria.

"That was 18 months ago, and Waken hasn't seen her children since."

Her husband returned to Miami one week without the children for a divorce hearing. A judge awarded Waken custody of their two girls, but her husband Mohammed ignored the court order and slipped out of the country.

Lamia has since turned 3. Dalal is 6. Waken wonders where they are, and whether they remember her.

"My heart is stolen, my soul is gone," she said from her Miami home, where she keeps the girls' room ready for them. "Unless your children were taken, no one can know the pain I live with."

There are others who know. U.S. parents are seeking to bring home more than 1,000 children taken from their country by a mother or father, according to State Department records. And children's advocates believe many more cases go unreported.

money," said Shayna Gluck Lazarovich, who has searched Serbia for her two children for 4½ years.

Even those with money to spend often find it's not enough. After Lazarovich's ex-husband kidnapped their two children from her home in San Diego, Calif., a bank seized his \$70,000 account and turned it over to her.

The money paid 10 lawyers, and helped Lazarovich take her custody case all the way to Serbia's highest court — winning at each step. It helped her travel to Serbia to search for the children. It took her to Washington to seek help.

Former Secretary of State James Baker championed her cause, and 90 members of Congress signed a petition for the return of her children. She met with Serbian President Slobodan Milosevic.

Yet 11-year-old Sasha and 8-year-old Andre are still missing.

Serbian officials have been unable of unwilling to find the children and turn them over to her. The civil war in Bosnia only makes things worse. And Lazarovich has run out.

records for a missing child's name, for example. But some nations don't keep complete records. And some missing children live under false names.

And, Budig points out, some parents don't even know which nation their child is living in.

Many parents complain that consular officials don't do enough to help them. Maria Rojas of Corvettville, Va., is organizing a march in Washington this summer to demand more help for parents searching for internationally abducted children.

"My children are U.S. citizens, but the people at the State Department don't want to be bothered with them," she said. "They just don't care."

Finding a missing child is only the start.

A parent must then take his or her case to the foreign country's legal system. Most nations do not recognize custody orders from U.S. courts. Even when criminal charges have been filed against the abducting parent, in America, many nations will not honor a U.S. request for extradition.

And some nations may discriminate against women.

The State Department will give a parent information about a foreign legal system, but cannot interfere in court on the parent's behalf, Budig said.

Most children who are taken abroad are not returned," said Betty Mahmoud, an American who escaped with her daughter from an abusive husband in Iran.

She formed an organization to help parents of children kidnapped abroad, called One World: For Children. Mahmoud said the group has helped parents of 900 children taken to "difficult" countries; only 49 were returned.

"Most of the time, it's an impossible situation," she said.

The State Department has logged 5,400 cases of international child abduction by parents since it began keeping records in 1978. The number rises each year.



Secret Service agents lead AIDS activist Luke Sissyfag away from the church in which the Clintons attended Easter service in Washington. Sissyfag criticized the president from the balcony.

AIDS activist disrupts Easter service, reprimands president

WASHINGTON (AP) — An AIDS protester shouting from the balcony disrupted Easter Sunday church services attended by President Clinton, his wife and daughter.

Two Secret Service agents sitting in a pew directly behind the Clintons jumped to their feet and shielded the couple after a man yelled, "Save your prayers for Bill Clinton!"

The disruption occurred about midway through the service at the Foundry United Methodist Church, breaking the silence immediately following a reading from the New Testament.

Clinton later said he was not bothered by the disruption. The same protester interrupted a Clinton speech in December, prompting the president to say then, "I'd rather that man be in here screaming at me than having given up altogether."

The Clintons took advantage of the bright, warm Easter, eating brunch at a riverside restaurant after the church services. Returning home, they posed briefly for the White House photographer for a family portrait. Mrs. Clinton wore a two-piece lavender

suit with a matching hat; Clinton wore a gray suit. They were accompanied by their daughter, Chelsea, and one of her friends.

The president later proclaimed Monday a "National Day of Reconciliation," in honor of the Easter season, Passover and the 26th anniversary of the death of Martin Luther King Jr.

"We must remain a nation that is not too cynical to restore hope, not too frightened to face our problems, and not too intolerant to seek reconciliation," he said in the proclamation released by the White House.

The AIDS protester, whom the Secret Service identified as Luke Sissyfag, also shouted, "Where's the Manhattan Project for AIDS?" referring to Clinton's campaign promise to mount a federal AIDS program of that magnitude. "Bill Clinton lied!"

Sissyfag, who was with another man who was not identified, was led out of the church by parishioners. Secret Service spokesman Dave Adams said Sissyfag agreed to go to the agency's offices for questioning and would not be detained. "No

threats were made against the president," Adams said.

The disturbance lasted only 10 to 15 seconds. Immediately afterwards, the minister, the Rev. J. Philip Waganman, said, "Let us pray for this young man," and continued the service.

The Clintons were spending Easter in Washington, ending a 10-day vacation, most of which was spent in Southern California. The president was heading off again Monday on a five-day, six-state trip — away from his Whitewater woes.

But their first order of business today was to be the traditional Easter egg roll and hunt for hundreds of youngsters in the back yard of the White House.

The Clintons then planned to split up for baseball's opening day. The president was throwing out the first ball in Cleveland, attending opening ceremonies at the Indians' new park, Jacobs Field.

Mrs. Clinton was hurling the first pitch for the Chicago Cubs at Wrigley Field. A longtime Cubs fan, she was at her dying father's bedside last year and missed opening day.

Consumer activist dies

NEW YORK — She will be remembered as one of the grand dames of broadcasting.

Betty Furness, the broadcast journalist, consumer activist, commercial pitchwoman and actress, died Saturday at Memorial Sloan Kettering Medical Center after a long battle with cancer. She was 78.

Known for her elegant manner, she was also willing to roll up her sleeves and go after the bad guys.

"We were lucky to have her around to bask in her glory," said Steve Freidman, who was her longtime producer at NBC's "Today" show.

She began her career as a Hollywood actress in the 1930s, where she appeared in mostly B-movies. She was also in films with Fred Astaire and other top Hollywood stars. By the 1950s she was hawking refrigerators for Westinghouse on television. It was the dawn of the television age, and her commercial appearances made her a national figure and after a short time she was earning \$10,000 a year for her appearances.

Eventually, Furness moved away from commercials, and began doing a series of critically acclaimed public affairs television programs.

Her public affairs work led to political contacts, and after working on the presidential campaign of Lyndon Johnson, she became a professional recruiter for Head Start and VISTA, and a special assistant for consumer affairs to President Johnson.

Furness followed her presidential administration stint with a job with New York State as director of the state's Consumer Protection Board and as a commissioner of the New York City Department of Consumer Affairs.

In 1974 Furness joined NBC's New York affiliate, where she answered consumer complaints.

By 1977, she began appearing on "Today," where she remained a contributor until 1992.



Furness

Poll: 75% believe IRS abuses power; 6% fear audit

NEW YORK (AP) — About two in three Americans believe the Internal Revenue Service abuses its power, but only 6 percent fear an audit this year, according to a new poll.

The poll was taken by Gallup for CNBC, a cable TV business and financial network, which is reporting the results this week.

CNBC said the poll found a link between skepticism about the IRS and a widespread belief that government wastes a significant portion of tax dollars.

The belief that the IRS mostly or sometimes abuses its power was held by 64 percent of all those polled, and by 77 percent of those who think the government wastes more than 50 cents of every federal tax dollar.

The average response was that government wastes 47 cents of every federal tax dollar, 38 cents of every state tax dollar and 36 cents of every local tax dollar.

Nevertheless, seven in 10 are willing to pay higher federal taxes for either crime-prevention or an improved educational system. Support for tax increases for specific programs drops only modestly among those who feel most taxes are wasted, Gallup pollsters said.

Results, based on a nationwide random sample of 1,001 adults March 1-3, have a margin of sampling error of plus or minus 3 percentage points.

Walt Disney Co. president dies in crash

ELKO, Nev. (AP) — One of the top-ranking officials of the Walt Disney Co. was among three people killed Sunday when a helicopter crashed into a mountainside in northeastern Nevada, authorities said.

Frank Wells, who had been president and chief operating officer for Disney since 1984, was pronounced dead at the scene. Two other people who were also killed were not immediately identified. Two others were taken to Elko General Hospital, where they were listed in critical condition.

Elko County Sheriff Neil Harris said the helicopter was returning to Lamolite from a heli-skiing outing in Nevada's Ruby Mountains when it experienced mechanical problems and hit a steep, rocky 7,500-foot mountain side.

A surprise storm dumped about 4 inches of snow in the Ruby Mountains Sunday, but it wasn't snowing when the helicopter crashed and weather didn't appear to be a factor in the crash, Harris said.

Wells came to Lamolite with his son for an Easter ski vacation. Wells was one of three skiers who arranged for the flight through Ruby Mountain Heli-Ski, based in Lamolite.

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remote back-country areas that are otherwise inaccessible.

Actor Clint Eastwood took part in a heli-ski trip arranged by the company Saturday.

Disney has prospered under the stewardship of Wells and Chief Executive Officer Michael Eisner, with the company's market value has jumped from \$2 billion to \$22 billion between 1989 and the end of 1992.

Wells helped get-to-know-control in 1992, when he and Eisner exercised stock options worth a combined \$252.2 million before taxes. Analysts who follow Disney's stocks defended the move, citing the company's performance during their tenure.

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U.S. Air Force jet crashes in Okinawa

TOKYO (AP) — A U.S. Air Force F-15C fighter jet crashed early today near a runway at Kadena Air Base on Japan's southern island of Okinawa, base officials said.

A brief statement from the base said there was "no report of injuries from the aircraft or ground." Local police said they also had no immediate reports of injuries.

According to the statement, the crash occurred about a half mile northeast of Kadena's main runway. It did not say whether the fighter was landing or taking off.

Kadena, located about 1,000 miles southwest of Tokyo, is home to the 18th Tactical Fighter Wing, the largest tactical fighter wing in the Air Force.

Grenade kills U.S. serviceman

SAN SALVADOR, El Salvador (AP) — An American serviceman, while trying to defuse a grenade, was killed by a grenade, pulled the pin on a grenade. It exploded, killing the 47-year-old serviceman.

A U.S. Embassy spokesman confirmed Rivera was killed by a grenade, but did not provide other details.

A forensic doctor at the Institute of Legal Medicine, where the body was taken, said the explosion also injured two of the arrested employees and two policemen. The doctor spoke on condition of anonymity.

ing weapons, including grenades.

The radio said Rivera, trying to prove to police that the weapons were fake, pulled the pin on a grenade. It exploded, killing the 47-year-old serviceman.

A U.S. Embassy spokesman confirmed Rivera was killed by a grenade, but did not provide other details.

A forensic doctor at the Institute of Legal Medicine, where the body was taken, said the explosion also injured two of the arrested employees and two policemen. The doctor spoke on condition of anonymity.

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Nation



A civil suit brought by Rodney King, right, against the city of Los Angeles is bringing the man's past to light. The ex-convict with learning disabilities may not be awarded the damages he seeks. His lawyer, Milton Grimes, center, talks with reporters after a hearing Tuesday.

Could King's past affect trial turnout?

LOS ANGELES (AP) — Rodney King's hearing made him famous and his plea — "Can't we all get along?" — became a mantra of peace in a riot-torn city.

Now a civil damage trial is providing a close-up of the man on the videotape, an ex-convict with learning disabilities and a tendency to minimize his past failings.

Will this view of the real Rodney King undermine his chances of recovering millions for his injuries? More importantly, will it change history's perspective on the notorious police brutality case?

"Rodney King has never been a hero. He's a victim, not a hero," said Loyola University Law School professor Laurie Levenson. "But this case has significance no matter who Rodney King is. It will always be the case that changed things in Los Angeles."

King, who is black, was beaten by four white police officers following a car chase in March 1991. The beating was videotaped by an onlooker. The four policemen were acquitted of state charges in 1992. Those verdicts ignited three days of riots.

Two of the policemen, Sgt. Stacey C. Koon and Officer Laurence Powell, were convicted last year in federal court of violating King's civil rights. They are serving 30-month prison terms.

Except for King's notoriety, his case is similar to many others with the problem of a less-than-perfect plaintiff seeking millions for police-inflicted injuries.

The city tried to settle for \$1.25 million. King's lawyers wanted \$9.6 million. Experts suggest a jury award will fall somewhere in between.

"Police brutality cases are always difficult, because when people come in contact with the police, they've done something wrong, and it's difficult to gain the sympathy of a jury," Levenson said.

Unlike the first two trials, police behavior is not at issue in this federal trial. The City of Los Angeles, which

is being sued by King, removed the question by conceding liability for the beating.

Juries are being asked to set a figure to compensate King for his actual damages including medical bills, lack of employment income, emotional trauma, pain and suffering and psychological damage.

In a second phase, they will be asked to set punitive damages against the officers and other defendants. Punitive damages are intended to punish the wrongdoers and prevent a recurrence.

The soft-spoken King, who turned 29 on Saturday, testified that he is a timid man plagued by memory and concentration problems, headaches and blurred vision.

He said he wears a bulletproof vest and lives behind shuttered blinds with bodyguards dogging his every move. Skinheads have threatened to kill him. "I feel like I'm a walking target," he said.

A high-powered team of medical experts is outlining the extent of King's injuries. So furious was the pummeling that doctors testified he suffers permanent brain damage and it was pure luck that he survived at all.

"Legally, what's at issue is whether or not all the injuries and losses are due to his beating," said UCLA Law School Professor Peter Arenella.

He said the defendants may argue that King's use of drugs and alcohol and his past problems with the law indicate troubles of his own making.

This past week, King offered many explanations, minimizing his previous brushes with the law. In one case where he pleaded guilty to robbery and went to prison, King said he did nothing more than throw pies at a grocer who refused his \$5 food stamp coupon. He said he couldn't afford a lawyer to fight the charge.

"If the jury finds him to be disingenuous in that testimony, that's the kind of thing that could alienate them," said Arenella.

He said the defendants may argue that King's use of drugs and alcohol and his past problems with the law indicate troubles of his own making.

"I was worried about their safety," he said. "My grandmother and grandfather died in a car accident. No one was around to help them. I did what I had to do."

The Walters were in stable condition at Baptist-Mercy Medical Center. Dennis said he has been sleeping under overpasses and begging money since he was laid off two years ago by NASA, where he performed general maintenance and operated a fork-

lift.

Dennis was begging Saturday afternoon when a car driven by Margaret Walters, 67, struck a truck and a traffic signal pole and caught fire.

Dennis rescued Mrs. Walters, then returned to the car to save her 79-

Astronauts master geography to photograph sensitive spots

CAPE CANAVERAL, Fla. (AP) — Astronaut Thomas Jones, a planetary scientist and former city engineer, has been cranning for more than a year, poring over atlases and traversing the world to get ready for this down-to-Earth space shuttle mission.

After completing what amounts to a college geography degree, six astronauts hunted for this week say they should have no trouble finding and photographing some of Earth's most environmentally sensitive locales.

While the astronauts take pictures from 138 miles above, the Amazon River, the Andes, the Alps, Patagonia, the Galapagos Islands, the Sahara desert, Death Valley and other sites will be scanned by what NASA says is the most sophisticated radar ever sent into space for environmental purposes.

At the same time, hundreds of scientists and graduate students will act as "truth squads," measuring the vegetation, soil moisture, snow, water and weather conditions at 19 "super sites" so NASA can compare the findings.

Endeavour is due to blast off Thursday on the nine-day flight, part of NASA's Mission to Planet Earth, an ongoing program to study the home planet from space. The countdown was scheduled to begin Monday.

"Our planet is underexplored in many regions, and we lack firm numbers on what's going on in the biosphere," said

shuttles and civilian satellites. The main objective of this mission is to see how well the radar works and whether it eventually could fly on a satellite for continuous Earth mapping.

A bus-size radar antenna aboard Endeavour will transmit pulses of microwave energy toward Earth in three frequencies, 44 wavelengths, and measure the amount of energy reflected back. The radar waves can penetrate clouds, volcanic dust, vegetation, ice and dry sand.

The mission is expected to yield 32 trillion bits of radar data, or the equivalent of 20,000 encyclopedia volumes. Fifty-two scientists in 13 countries will use the resulting images to better understand Earth's changing environment, in particular deforestation, soil erosion, flooding, snow distribution, volcanic eruptions, earthquake faults and ocean currents.

If the radar performs as expected, scientists will get a peek at how much vegetation is left beneath the tree tops and canopies of the rain forests. And historians may get clues to past civilizations, the radar will survey the Sahara for ancient river drainages and oases. Omats for more details about what's believed to be the lost city of Ubar, uncovered a few years ago by shuttle radar and other spacecraft sensors.

Pay-per-view executions unpopular

TYSON'S CORNER, Va. (AP) — Perhaps it's a crassly commercial appeal to public bloodlust. Or perhaps it's the natural extension of a society that already televises courtroom battles and police patrols.

"We want to put on pay-TV an actual execution," said Mark B. Sandground, a Virginia lawyer. He has founded a production group that hopes to eventually air a pay-per-view "execution of the month."

So far, the idea has found plenty of critics and no takers. "I find the idea abhorrent. I want no part of it," Warner Bros. executive Edward Bleier wrote to Sandground's partner, Los Angeles entertainment lawyer Michael Shapiro.

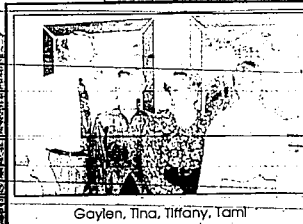
"It's going back to Roman times. I think it is an assault on our civilization," said State Del. Bernard S. Cohen, a death penalty supporter.

Sandground said he thinks the notion of paying \$9.95 to watch a killer pay for his crime would have "worldwide appeal."

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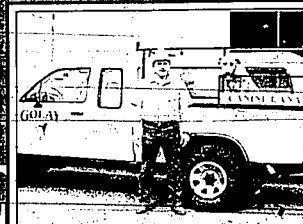
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Feds can't track gun ownership

LOS ANGELES (AP) — The story of the 450 handgun traces of assassin Mexican presidential candidate Luis Donaldo Colosio cannot be tracked by the federal Bureau of Alcohol, Tobacco and Firearms.

"It's like looking for a needle in a haystack. There could be a million explanations for what happened to that gun," said ATF spokesman Ed Gleba.

The bureau closed its investigation last week after it was unable to trace the history of the Brazilian-made .38-caliber faurus.

The weapon was first sold for \$50 to a security company executive in 1977 at the Bob Chow Gun Shop in San Francisco. Three years later, the security company and its assets were sold to Texas-based Stanley Smith Security.

"We don't have anything to indicate that we ever received it at this point, we're assuming it didn't," said Patricia Schindler, vice president of corporate development for Stanley Smith of San Antonio.

U.S. stock market investors may renew increased selling

NEW YORK (AP) — The worst may not be over for the U.S. stock market, pummeled last week by a barrage of economic and political news, that investors have increasingly viewed as omens of rising inflation and uncertainty.

Many professionals don't rule out a renewed selling assault today when the market reopens from a three-day Easter weekend. But others say the respite gave investors an opportunity to rethink the impulse of dumping stocks. Some forecasters are even expecting stocks to rebound somewhat.

"I think it's hard to know," said Marc Chandler, research director at Ezra Zask Associates, a money management firm in Norfolk, Conn. "We've seen some indiscriminate selling. That's created some buying opportunities."

Sellers overran the market last week, depressing the Dow Jones industrial average by nearly 139 points, or 4 percent, from the week before. The best-known barometer of U.S. stock prices, which now stands at 3,635.96, is off more than 8 percent from its all-time high of 3,978.36 reached Jan. 31.

Broader measurements of stock

values also tumbled last week, a possible sign that a 3½-year-old Wall Street rally is undergoing a correction, or a pullback to more realistic levels.

A key reason for the drop has been the Federal Reserve's moves to raise short-term interest rates Feb. 4 and March 23, reversing a five-year strategy of keeping rates low to stimulate the economy. The Fed has said interest rates must be raised to thwart inflation, a step that ought to reassure investors.

But the Fed aroused the opposite reaction by creating uncertainty over when interest rates will stop rising. That means strong economic news has been viewed with increased apprehension in the financial markets. Last week, for example, stocks and bonds tumbled on a report of rising consumer confidence.

The market's behavior was complicated by the Good Friday holiday, when the Labor Department said job creation surged in March, another possible warning of higher inflation. Investors had to delay their reaction until Monday.

Further complicating the picture is the Monday release of another

potential market-moving piece of information, a monthly assessment of the manufacturing economy by the National Association of Purchasing Management, a trade group. If its report shows unexpectedly strong March growth or much higher prices paid by factories for raw materials, the market could fall.

Against the backdrop of fear over higher interest rates and inflation, political concerns have crept into Wall Street's collective thinking as possible reasons to sell.

In the past week, for example, traders have mentioned President Clinton's prosecution with the so-called Whitewater inquiries into his family's personal finances, including Hillary Rodham Clinton's profits in cattle futures dabbling. While that issue might seem unrelated to the stock market, it is viewed by Clinton's political longevity.

"People wonder if it will ever go away, or if there are problems that will make Bill Clinton a tenure questionable," said Tracy Herrick, chief investment strategist at Jefferson & Co., an investment firm in San Francisco. "There always seems to be something more."



Charles Osgood, left, Charles Kuralt's successor as anchor of CBS News 'Sunday Morning' program, bids Kuralt farewell Sunday during his final episode.

As Kuralt hits the road, Sundays won't be same

NEW YORK (AP) — Charles Kuralt, who led a loyal 'Sunday Morning' congregation for 15 years, has stepped down from the pulpit.

The broadcast veteran called it a day at the close of this week's edition of the 90-minute news and features program, which he has anchored since its inception in 1979.

"Time for us to part, you and I," said Kuralt, who only three weeks ago announced his retirement from CBS News after 37 years.

"I aim to do some traveling and reading and writing," he said. "I want to see the world the civilized way for a change — in my bathrobe, while having breakfast."

Displaying modesty that politicians and Oscar winners could learn from, Kuralt kept his sign-off to a light-hearted poem by Clarence Day that goes, in part: "Farewell, my friends, farewell and hail; I'm off to seek the Holy Grail ... Tiddly-widdly-toodle-o."

After the final fadeout, Kuralt was met with cheers from 50 curious, former colleagues, who had gathered some of their families, in Studio 42 at CBS' West 57th Street Broadcast Center.

"I was careful not to be at all emotional on the air," Kuralt remarked by telephone later from his office. "But when I said 'Goodbye' and the show was off the air, and everybody applauded, it did sort of get to me."

The 59-year-old Kuralt's unexpected decision to leave CBS News, initially dismissed "Sunday Morning" fans, who feared he might take with him the love, respect and quality that so distinguished the program from most TV fare.

CBS News President Eric Orved pledged otherwise.

"The last thing I want to do is change (the show)," he said last week as he sifted through dozens of possible successors.

The anchor-elect, Charles Osgood, another longtime CBS News correspondent, appeared briefly Sunday with Kuralt. "Nobody has ever been welcomed as genuinely as you were welcomed here," Kuralt told him.

Known for his bow tie and light verse, Osgood takes over "Sunday Morning" next week. He will continue his "Osgood Files" feature on CBS Radio.

Upon celebrating his 15th anniversary with the show, and making critically acclaimed contributions to CBS' Winter Olympics coverage, Kuralt decided the time had come to end the career that he began in 1957 as a 22-year-old radio writer on CBS' overnight news desk.

"I'm really eager to stick a notebook in my hip-pocket-and-go-out there alone, and try being a reporter again," Kuralt said. He plans to write a book — his sixth — about America.

But he doesn't plan to vanish from the network.

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Madison Avenue shoppers, businessowners now fearful

Chicago Tribune

NEW YORK — Along upper Madison Avenue, Manhattan's international bazaar of wealth and fashion, everyone is talking about "the incident."

It happened on March 23. Two impeccably dressed thugs robbed and shot a wealthy out-of-town couple who had come with their daughters to shop at Vera Wang's Bridal House.

The couple, Gerald Schaeffer, 50, and his wife Edith, 49, of Potomac, Md., remain in serious but stable condition at New York Hospital's Cornell Medical Center, Madison Avenue, the glittering heart of the city's most posh shopping, remains in shock.

"Something like this just had to happen," said Patrick O'Connor, whose Tamagata art gallery is across the street from where the robbery occurred.

"Crime has become so much more brazen. It's easy to become completely paranoid."

On Madison Avenue, people expect to find the best of everything, from Paris' Yves Saint Laurent and Givenchy to Milan's Gianni Versace and Giorgio Armani. In the center of American design stars Ralph Lauren and Nicole Miller.

But if there is fear along Madison Avenue, fear of lost business is equally pervasive. Tourists annually spend \$14 billion in New York City, some \$2 billion of it in retail stores. Anything that frightens away shoppers frightens merchants.

For violence to shatter the polished serenity of the boutique of Vera Wang, who designed Nancy

Kerrigan's Olympic skating costumes shown, was unthinkable.

The Schaeffers had come to Wang's with daughters Alisa, 22, and Jennifer, 15, to buy a wedding gown for Alisa.

But Edith Schaeffer made a near-fatal mistake. She wore, in plain view, a \$60,000 diamond ring. It apparently had been spotted earlier in the day by a pair of predators, either while the family lunched at Mac 61 in the new Barney's specialty store uptown or as they shopped at nearby Bloomingdale's.

The pair stalked the Schaeffers, talked their way into the by-appointment-only bridal shop, which is housed in the luxurious — and very security-conscious — Carlyle Hotel and demanded the ring.

Edith Schaeffer resisted, and one of the men shot her. The assailants then shot her husband when he came to her aid. Yanking the ring so violently from Mrs. Schaeffer's hand that her finger was broken, the robbers walked calmly through a rear entrance of the hotel and vanished.

"It was terrible," said Stacey Panousopoulos at O'John's East, a restaurant just a few blocks down the street from Wang's. "There were police cars and SWAT teams up and down the street. It's all our customers are talking about."

Madeline Ando, assistant manager of the Yves Saint Laurent boutique, said her shop had hired security guard for the first time, and she now is extremely cautious about who she "buzzes in."

"If it's somebody who looks anything like the two males in the police composite (of the suspects), I'll be dialing 911," she said.

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Opinion

Smokers deserve right to harm themselves

Going out for lunch, I pass through the gauntlet of smokers, holding my breath to avoid inhaling their exhalations, recounting the perpetual haze around the employees' entrance.

I want to exile the smokers, and then I remember that they are exiles already, pushed from their desks, denied indoor smoking areas and shoved out of the building itself. Am I cruel enough to deny them the right to stand near the

I think about it.

The stigmatization of smokers is a remarkable process. Thirty years ago, when the surgeon general's first report on the health hazards of smoking came out, more than 40 percent of Americans smoked, and smoked almost anywhere they pleased. GIs got cigarettes in their C-rations, and smoked them if they had them. Movie stars exuded the sophistication and romance of smoking. Virginia Slims were developing the nicotine addiction to women's liberation.

Now, only one in four Americans smokes, and these smokers are a hounded bunch, increasingly denied the right of smoking at their desks, in stores, at movie theaters and restaurants, even at open-air arenas.

Philip Morris Co. reportedly is introducing a Marlboro Short, designed for brief outdoor smoking breaks.

San Jose and Santa Clara County already have banned smoking in public establishments. Last week, the federal government ganged up on the cigarettes.

The Labor Department announced plans to ban smoking in workplaces, unless employers pay for smoking rooms with outside ventilation. (The indoor air pollution regulations exempt government buildings: The feds are unwilling to pay costs they are willing to mandate for private employers.)

The Food and Drug Administration threatened to treat cigarettes as an addictive drug, responding to charges that tobacco companies manipulate nicotine levels to keep smokers hooked.

Congress took up bills to ban smoking almost everywhere but private homes, and to raise cigarette taxes by a whopping \$1.25 a pack.

And, of course, the surgeon general went after the hide of Joe Camel. MacDonald's, Jack in the Box and Taco Bell have banned smoking in their restaurants, notwithstanding known as health hang-outs. The Defense Department has turned off the smoking light for service members.

Soon the only question left is whether smokers will be allowed to smoke 100 feet from an occupied dwelling in a full gale, and whether they should be required

By Joanne Jacobs

to wear a scarlet S while they're doing it. The turning point in the anti-smoking campaign came last year, when the Environmental Protection Agency declared that secondhand smoke causes 3,000 cancer deaths a year, and 300,000 cases of respiratory illness in children.

I suspect the potential medical harm to healthy adults is exaggerated. But after decades of denying the medical evidence linking cigarettes and cancer, the tobacco industry has no credibility to challenge the EPA report.

As long as secondhand smoke affects people who choose not to smoke, there is no freedom-of-choice argument for allowing smokers to exhale. You have the right to ruin your lungs, but you have no right to ruin mine. Or to make me cough.

Other habits may be unhealthy but not to abstain. That's why such things as secondhand chocolate.

Now that smokers have achieved the social status of medieval lepers, what's next?

I don't think cigarettes will be criminalized, even though the National Institute for Drug Abuse says nicotine is more addictive than heroin.

Tobacco Prohibition would be a disaster. Nobody wants to see gangs shooting each other for the right to sell Marlboros on the street corner, while nicotine junkies turn to stealing to afford their fix. Instead, society will try to limit the harm of nicotine addiction by stigmatizing users, making use inconvenient, discouraging ads aimed at children, and by using regulations to protect non-users.

The success in "denormalizing" tobacco use could teach us lessons in denormalizing other drugs.

Limitation policies are popular in Europe, but many Americans believe that relaxing criminal laws will make drug abuse socially accepted, and therefore much more common.

Tobacco—a legal but socially unacceptable drug—offers a model in the use of social controls and regulations to discourage bad habits that annoy or harm non-addicts.

The campaign against drunken driving is also a model of how to focus criminal penalties and social stigma on dangerous behavior, without the harm of Prohibition. (When's the last time a liquor dealer shot another liquor dealer over turf?)

As a society we need to respect Americans' inalienable right to harm themselves, and to find smarter ways to limit the harm to others.

Joanne Jacobs is a columnist for the *San Jose (Calif.) Mercury News*.



Beltway abstractions vs. pothole reality

NEWBURGH, N.Y. — Once known as the Queen City of the Hudson, this historic community has fallen on hard times.

Many of its factories stand empty, and the old neighborhoods are scarred with derelict buildings, filled with poverty-stricken immigrants preyed upon by drug dealers.

Crime is rampant and, of course, illegitimacy. Even the affluent suburbs have been shaken as the mass layoffs at IBM, the Hudson Valley's largest employer, have rippled through suppliers and service businesses.

But civic spirit has somehow survived the onslaught of economic and social problems that have devastated Newburgh. When the area's freshman Democratic congressman, Rep. Maurice Hinchey, held a town meeting in Newburgh the other night, close to 100 people turned out, sitting for two hours on metal folding chairs to tell him what they and their community hope for from Washington.

For years, such town meetings have been part of virtually every representative's routine during congressional recesses like the current two-week Easter break. But never have they been needed more than now, when distrust of Washington and its quarrelsome policies is running high and the gap between citizens and the national government seems immense.

Consider the first question of the evening. It came from a special education teacher who told the room, "As far as I'm concerned, I'm other women. I recently became a victim of domestic violence myself." She wanted to know what Washington is going to do to help her and others in her plight.

Hinchey said the crime legislation pending in the House "has a section focusing on crimes against women," strengthening federal penalties in many instances.

"How are you going to enforce it, when



David S. Broder

the penalties we have now aren't being enforced?" she asked. "I wasn't able to get a restraining order to stop this."

"The most we can do is provide additional resources to the state and the city," Hinchey said, adding that the federal government is "fairly remote from these situations. Perhaps, if you contact my office, we might be able to approach the court in a respectful way and be sure they're aware of the situation."

Every member of Congress has a bagful of such anecdotes of constituents who expect them to fill the potholes, get the trash collected and deal with other mundane matters properly the responsibility of local or state officials. Hinchey, a veteran of the New York legislature who won a close race in 1992 for an open House seat, knows that if he wants to be re-elected, he must make an effort to help — not turn a cold shoulder.

Listening and responding are more important than ever, when Washington is operating at a level of abstraction and complexity that makes it appear to be not 300 miles away from Newburgh but 3 million light-years.

That was the case with the comments and questions on health care that dominated the two-hour session. A middle-aged woman wanted to know if President Clinton's health plan would "police" doctors like the one she said had charged her \$125 for an office visit and tests, then refused to give her the results unless she made another appointment and paid him another \$65. A nurse asked if the Clinton plan would get more help to her

hospital, where "the patient ratio has gotten so high we're really not taking care of people the way we should." A self-employed businessman said he pays \$7,000 a year for health insurance, but still was stuck with 20 percent of the bills for a broken leg. Would the Clinton plan change that?

"To all of them," Hinchey had to say that whatever Congress passes will likely be quite different from what the president had proposed, and he couldn't guess now what the final provisions would be. "I'm not trying to pass the buck," he said, but it was clear he feared it would sound that way.

The most poignant moment came when a high school student said her ambition was to be a teacher, but "I'm the oldest of three in my family, and I can't ask my parents to help me with college." The prospect of repaying college loans from a teacher's salary scares her, she said.

Hinchey said Congress has approved a Clinton initiative that will let some people pay back college loans by doing community service, "but it's awfully inadequate. The problem is the deficit." Then he explained how the national debt had exploded during the years this young woman was growing up. "Now, we're on track to cut the deficit by 40 percent," he said, in part by starving programs like college aid.

"But tuition goes up and up," she said. "I know I have not given you a good answer," Hinchey said. "I'll work as hard as I can to see that there's money to help people like you. We need you."

This is not an easy time to be in public office, to stand with one foot in Washington and the other in Newburgh. Sometimes the gulf between them seems too wide for anyone to span.

David S. Broder writes for the *Washington Post*.

Letters

Minidoka board was rude

I attended the Minidoka County School Board meeting on March 22 and left the meeting totally appalled by the rudeness and disrespect demonstrated to the patrons by the board members. For example, I felt that Mr. Randy Ketterling's performance as chairman of the board is very unprofessional.

At the meeting, the board members stated that serving on the School Board is the one no pay, and by their comments, I was led to believe that they feel honored to participate in this public service. Their participation in this public service makes them public servants. In closing, I have one question for the board: Who are you serving — the public, or Mr. Bishop and yourselves?

ANNE BLAYNEY
Rupert

Some of the board members stated during the meeting that it is impossible for their spouses to attend conventions to become more informed. Perhaps their spouses should be required to attend all School Board meetings.

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ANNE BLAYNEY
Rupert

Good luck, Karen Fraley

A compliment and congratulations to Karen Fraley.

From reading the article in *The Times-News*, you are a visionary and your visions are the ones we must have in order to make our school system democratic work. Your determination (you had to buck the system big time, being both a female and visionary in a provincial community), your focus and abilities will go far in changing attitudes about what education and democracy is all about.

We are all first our child's teacher and second their parent.

Democracy means not that I am equal to you but you are equal to me. These words were written during the Civil War years when our country was again in civil strife. Only this civil war is referred to as the "days of our fathers." It is still civil strife.

Good luck is in your future. Go for it!

POLLY BICKETT
Jerome

Letters

Predators have hurt pheasants.

For just a few minutes, let's put aside the nonsensical raving and the chicken-little syndrome. Now let's embark on a fact-finding tour.

First, the Idaho Department of Fish and Game is not poisoning any predators. They will be trapped and then euthanized. Secondly, it is not a massacre, rather a simple reduction in predator numbers.

We all agree that depredation is not the only reason for declining pheasant populations.

However, it most certainly is part of the problem. Depredation, whether by carnivorous or herbivorous mammals and scavenging birds, is an issue that occasionally must be addressed.

Because of declining fur prices and, consequently, lack of hunting interest in predators, numbers have increased to an unacceptable level at present. One must realize that predators such as coyotes, foxes, skunks and badgers have few or no natural occurring enemies in the wild. Hence, the reason for human intervention.

Hunting and trapping has proven to be a

very effective method of control for any sound wildlife management plan. Unfortunately, media euphemism stimulates a public hysteria that makes these methods difficult to utilize.

Which brings me to a notable quotation from Albert Einstein: "Great spirits have always encountered violent opposition from mediocre minds."

Try to educate yourselves on these matters before you come to an unjustified conclusion. Reality is a fantastic concept.

JAMES E. LEE
Twin Falls

Candidate helped Stallings serve

Thank you for profiling my candidacy for the Twin Falls County Commission recently in your paper. I would like to clarify the correction of the headline that you printed the following day.

I have served as a county chairman and vice chairman for the Republican Party, as well as being active for many years.

When Congressman Stallings was elected from the conservative 2nd District, he hired me to work in his Twin Falls office because

of my activity as a Republican. He recognized that he would be offering constituent service to all the people who lived in the district, the majority of which were Republican, and felt that they would be more comfortable in visiting and asking for his assistance if there was a Republican in the local office to help them.

At the time, *The Times-News* printed a story about the Democratic congressman hiring a Republican.

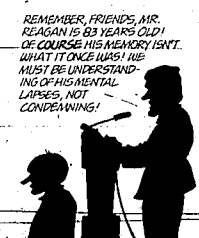
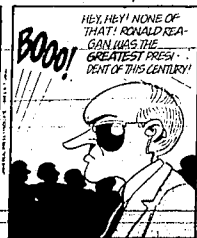
He also solicited my opinion as well as those expressed by constituents to keep him informed of the feelings of those he represented.

Because I am a strong believer in the constitutional process and the representative form of government, I was willing to provide this insight and constituent service from a Republican perspective.

Thank you again for keeping the community informed so that they can exercise their responsibility as good citizens in the upcoming election.

CHARLES A. BARNES
Filer

BY GARRY TRUDEAU



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Records question Zhirinovsky's past

ALMA-ATA, Kazakhstan (AP) — Public records show that Vladimir Zhirinovsky, the Russian nationalist leader who campaigns on anti-Semitic themes, had a Jewish last name until age 18.

Zhirinovsky vehemently denies that he or his parents were Jewish. Zhirinovsky's origins have political significance in Russia because of his attacks on Jews, and the documents raise questions about his candor.

The public records were found by a reporter working for The Associated Press and Cable News Network in four archives in Alma-Ata, Kazakhstan, the city where Zhirinovsky was born and raised.

Zhirinovsky's Liberal Democratic Party won 23.5 percent of the national vote in December's parliamentary elections, and he has said he will run for Russia's presidency in 1996. Much of his political strength rests on extreme nationalists who are virulently anti-Semitic.

Although the records do not say specifically who his father was, Zhirinovsky's surname was listed on his birth registration as Eidelshstein. Documents show he applied for and received permission to change his name to Zhirinovsky in June 1964.

That was just before he moved to Moscow from Kazakhstan, in what was then Soviet Central Asia, for higher education. Ethnic quotas for universities at the time held back many Jewish or Jewish-sounding students.

Zhirinovsky won a place in the prestigious Institute of Oriental Languages, affiliated with Moscow State University.

The worn, hand-written documents at the Alma-Ata archives were retrieved from dusty shelves and cardboard boxes in response to a reporter's inquiries. Officials at the archives said they were authentic.

In Moscow, Grigory Serebrennikov, a spokesman for Zhirinovsky's party, told the AP, "The documents clearly have been forged."

"Ever since his birth, his only last name has been Zhirinovsky. This name (Eidelshstein) never figured in his documents," Serebrennikov said.

Serebrennikov said Zhirinovsky would answer questions but would charge \$5,000 for a half-hour interview. He filed out a meeting without payment.

Zhirinovsky's autobiography, "The Final March South," claims his father was named Volk Andreyevich Zhirinovsky, but no records could be found for such a man in Alma-Ata. Details about the father in the autobiography seem to combine elements from his mother's two husbands.

One husband was Andrei Vasilyevich Zhirinovskiy who, documents show, died of tuberculosis in August, 1944, 18 months before Zhirinovsky's birth on April 25, 1946.

In the autobiography, Zhirinovskiy mentions that his mother had five children by her first husband, but never names him.

A marriage registration shows that five months before Zhirinovskiy was born, his mother married Volk Iskhakovich Eidelshtein, who was officially listed as Jewish.

She became Alexandra Pavlovna Eidelshstein and her nationality was listed as Russian in the Soviet Union, being Jewish was considered a distinct nationality.

There is no further record of Eidelshtein. On Zhirinovskiy's birth registration, his father is identified only as "Volk." A note by an official on the back of the registration says, "no documents for father." The baby's last name is handwritten in ink as Eidelshstein, then crossed out and listed in different handwriting as Zhirinovskiy. A jotted explanation says the change was made in 1964.

Another document, registering Zhirinovskiy's new name with the city spokesman-of-awards committee, bears the signature of the applicant: "Eidelshstein."

Andrei V. Zhirinovskiy, head of the forestry department of the Turkistan-Siberian Railway, Zhirinovskiy wrote in his autobiography that his father was a lawyer for the railway. He says his father died as a result of a car accident while he was still an infant, but no records could be found to substantiate this.

Mikhail Iskhakov, who says he was a close childhood friend of Zhirinovskiy, told AP that Zhirinovskiy's mother "had a few different husbands. I don't even know if it is clear who the father was."

In his autobiography, Zhirinovskiy says his mother had relationships with several men. Only two legal marriages are known. She died in 1985.

Childhood friends and neighbors said the young Vladimir used the last name Zhirinovskiy at school. But his real name was rumored to be "something that ended in 'shstein' or something like that," Iskhakov said.

Zhirinovskiy soared to prominence when his ultranationalist party emerged as the biggest vote winner in the June 12 parliamentary elections. He calls for Russia to reestablish an empire and regain control of former Soviet republics like Kazakhstan.

His vision of a strong, triumphant nation appeals to many Russians bitter over the collapse of the Soviet Union and the country's economic chaos.

Jewish activists say Zhirinovskiy worked for a Jewish-organization, Shalom, in Moscow in the late 1980s, but he has denied any affiliation with the group. He obtained an invitation to emigrate to Israel in 1983, although he never applied.

Zhirinovskiy denies being anti-Semitic but has said Jews bring antisemitism on themselves. He has also been quoted as saying that Jews are "infecting the country" through the media, and that Jews have tried to dominate the world.

Serbs deny reports of ethnic terror

SARAJEVO, Bosnia-Herzegovina (AP) — While thousands fanned Sarajevo cathedral on the city's first peaceful Easter Sunday in two years, fighting continued along Serb-Muslim front lines in other parts of Bosnia.

Bosnian Serb leader Radovan Karadzic ordered an investigation into events in Prijedor in northern Bosnia, where 20 Muslims and Croats were reported killed in ethnic terror.

Earlier some Bosnian-Serb officials denied the killings and denounced the U.N. relief agency reporting them as biased.

But the Bosnian Serbs' self-declared interior ministry later confirmed that 16 people were killed between March 29 and April 1, and said it was a "criminal act by so far unidentified perpetrators."

In the eastern Muslim enclave of Gorazde, residents covered in shelters under heavy Serb bombardment, Bosnian radio reported. The town has been under Serb siege for more than a year.

Bosnian Premier Haris Silajdzic appealed for international help in Gorazde and Enfidar and warned that the whole peace process is seriously at stake.

He spoke after meeting with U.S. congressman Frank McCloskey, D-Ind., who attended Easter services at Sarajevo cathedral. It was the first Easter not marked by shelling in two years in the multilevel Bosnian capital, while a cease-fire is in its eighth week. About 17 percent of Sarajevo's pre-war population of 600,000 was Roman Catholic Croats.

Although Karadzic is quieter, "It is obvious that this war is still not so close to its end," McCloskey said.

Bosnian radio reported Serbs had launched a heavy tank and infantry attack on Muslim-led government forces around Gorazde and said a new tank battalion had moved in Saturday night.

U.N. military observers reported shelling and infantry and artillery battles on Saturday. One person was killed and two wounded in shelling of a refugee camp, U.N. spokesman Maj. Rob Amnik said.

The shelling of Gorazde resumed in recent days after government troops made incursions against Serb forces in northern Bosnia, where the Serbs are trying to keep control of a narrow land corridor linking their holdings in the east and west of the war-ravaged republic.

Serb forces who hold 70 percent of Bosnia fear that the new federation between Muslims and Croats may turn into a military alliance. They have rejected offers to join the federation, opting instead for union with neighboring Serbia.

The Bosnian Serb military claimed Sunday that a "general Muslim offensive" was continuing on all fronts.

In northern Prijedor, the U.N. High Commissioner for Refugees reported the killings of 20 non-Serbs and accused Bosnian Serb authorities of acquiescing in the attacks.



French U.N. soldiers attend Easter Mass celebrated at Sarajevo's Roman Catholic Cathedral.

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THE CHIROPRACTIC COLUMN

Not many U.S. doctors have heard about the new Canadian back pain study, but they probably will soon because chiropractors don't stop talking about it. The study—done by a team of Canadian health economists commissioned and funded by the Ontario Ministry of Health—is based on an extensive review of international medical literature, as well as interviews with researchers, practitioners and patients. Its conclusion: that the best clinical studies show spinal manipulation by chiropractors is more effective, safer and more cost-effective than other treatments for low-back pain.

The report's principal researcher, Prana Manga, says chiropractors could save hundreds of millions of dollars a year, but he doesn't stop there.

Many medical therapies are of questionable validity or are clearly inadequate, some are "unsafe," or even cause complications, the report says. Mangas says he found "good empirical evidence" that patients are very satisfied with chiropractors and "considerably less satisfied with physician management" of low-back pain. Many pay out-of-pocket for chiropractor bills not covered by insurance; they wouldn't if it didn't help, he says.

Manga, reached by phone at the University of Ottawa, where he is a professor, says he is "a little embarrassed" at having become chiropractors' champion. "I don't know where they got the study. I did not talk to a single chiropractor or person working with them, and they did not know the study was being done," he says.

He knows his report may benefit chiropractors. But it seems so positive one can hold out wonder: does he have some personal interest in giving chiropractors a boost? "My interest is serving the public interest," he responds. "It's not personal, and not family related. If anything, I have many (medical) doctors in my family."

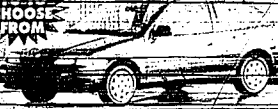
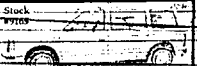





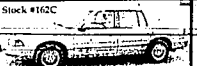


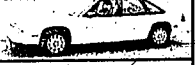

He simply believes his findings. "The evidence is overwhelming," he says. When asked why, if this is true, medical doctors don't seem to know it, Manga says, "I think doctors do know chiropractors are better and more effective for back pain. Their beef is (chiropractors) also treat other kinds of problems."

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Corbin Chiropractic
Ronald S. Corbin, D.C.
760 Blue Lakes Blvd. N.T.F.
733-0411



SPRING CLEANUP SALE

 1988 BUICK SKYHAWK \$2488 \$0 down \$119 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 11.87% APR. No cash down. 24 monthly payments - no balloon payments.</small>	 1989 DODGE COLT \$2988 \$0 down \$129 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 11.87% APR. No cash down. 24 monthly payments - no balloon payments.</small>	 1985 OLDS 98 \$2988 \$0 down \$129 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 11.87% APR. No cash down. 24 monthly payments - no balloon payments.</small>	 1994 SUZUKI SWIFT GA 3 DR. \$6488 \$0 down \$109 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.89% APR. No cash down. 72 monthly payments - no balloon payments.</small>	 1994 DODGE SHADOW \$8488 \$0 down \$149 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.04% APR. No cash down. 72 monthly payments - no balloon payments.</small>
 1985 PLYMOUTH VOYAGER \$3988 \$0 down \$99 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 11.87% APR. No cash down. 24 monthly payments - no balloon payments.</small>	 1990 DODGE D-50 PICKUP \$4988 \$0 down \$129 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 11.87% APR. No cash down. 24 monthly payments - no balloon payments.</small>	 1989 ISUZU PICKUP \$4988 \$0 down \$129 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 11.87% APR. No cash down. 24 monthly payments - no balloon payments.</small>	 1994 PLYMOUTH SUNDANCE \$8488 \$0 down \$149 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.04% APR. No cash down. 72 monthly payments - no balloon payments.</small>	 1994 DODGE DAKOTA \$9988 \$0 down \$169 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.04% APR. No cash down. 72 monthly payments - no balloon payments.</small>
 1988 FORD AEROSTAR \$4988 \$0 down \$129 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 10.79% APR. No cash down. 48 monthly payments - no balloon payments.</small>	 1990 CHRYSLER COUPE \$6988 \$0 down \$149 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 10.79% APR. No cash down. 48 monthly payments - no balloon payments.</small>	 1988 FORD SUPER CAB FULL SIZE PICKUP \$7988 \$0 down \$179 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 10.79% APR. No cash down. 48 monthly payments - no balloon payments.</small>	 1994 EAGLE TALON \$11488 \$0 down \$199 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 7.84% APR. No cash down. 72 monthly payments - no balloon payments.</small>	 1994 JEEP WRANGLER \$12988 \$0 down \$219 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 6.61% APR. No cash down. 72 monthly payments - no balloon payments.</small>
 1993 PLYMOUTH ACCLAIM \$8988 \$0 down \$189 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.24% APR. No cash down. 60 monthly payments - no balloon payments.</small>	 1991 BUICK REGAL \$8988 \$0 down \$189 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.24% APR. No cash down. 60 monthly payments - no balloon payments.</small>	 1990 DODGE 3/4 TON DIESEL PICKUP \$9988 \$0 down \$219 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 7.77% APR. No cash down. 60 monthly payments - no balloon payments.</small>	 1994 SUZUKI SIDEKICK \$12988 \$0 down \$209 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 6.61% APR. No cash down. 72 monthly payments - no balloon payments.</small>	 1994 JEEP CHEROKEE \$15988 \$0 down \$269 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 6.51% APR. No cash down. 72 monthly payments - no balloon payments.</small>
 1991 MERCURY COUGAR \$9988 \$0 down \$219 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.24% APR. No cash down. 60 monthly payments - no balloon payments.</small>	 1993 PONTIAC GRAND PRIZ \$9988 \$0 down \$219 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 8.24% APR. No cash down. 60 monthly payments - no balloon payments.</small>	 1989 MITSUBISHI MONTERO \$10988 \$0 down \$219 ⁰⁰ mo. <small>Units subject to prior sale a.s. Tax, title fee (\$8.00) and Dealer DOC fee (\$15.00) are not included in the monthly payment. 7.77% APR. No cash down. 60 monthly payments - no balloon payments.</small>		

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Magic Valley

Mayor appoints 9 residents to rim committee

By Sean L. McCarthy
Times-News writer

TWIN FALLS — Nine city residents have been appointed by the mayor to advise the development of a master plan for the Snake River and Rock Creek canyons.

They are Clair Alexander, Kevin Dane, Keith Ferrell, Brent Jussel, David Mead, Mike Penner, Tim Qualls, Dale Riedesel and Earl Williamson.

They include an engineer, a member of the city's planning and zoning commission, an avid bicyclist, property owners, former planners and the director of

the Jerome Recreation District.

Development along the canyon rim has been stalled by a 120-day Valley-wide City moratorium imposed by the City Council.

Earlier this year, the council hired planning consultant Lee Nellis to develop a master plan for the city's canyon rims.

That plan is scheduled to be completed by August.

Nellis recommended the formation of an advisory committee to look into the potential for greenways and open spaces along the rim. The committee also would be responsible for gauging the public's

interest in future development of the rim.

The committee's first meeting was last week. A second meeting is planned for April 14.

Mead has been outspoken on the future of the canyon rims since the 1970s, when he served on a similar advisory committee.

The 1994 advisory committee will succeed only if the entire city becomes involved in the development of the rim, he said.

Nine people alone cannot decide that development, he said.

"This whole thing depends on publicity and getting public input," Mead said Friday. "We

want to know how the rim owners feel."

The committee is considering a survey of some form that would ask specifically what people want the canyon rim, of the future, to look like, he said.

City Planning Director LaMar Orton said he has received "a tremendous amount" of interest from the property owners near and along the rim.

Orton, who attended the first advisory committee meeting "only as an observer," said the city does not intend to push a linear park system into private property.

"Nobody wants to trounce on anybody's property rights," he said.

Around the valley

Hailey trees cut to widen highway

HAILEY — Nine trees near Main Street in Hailey will be removed so Idaho-75 can be widened.

The Idaho Transportation Department said that the trees must be removed to make way for two lanes in each direction and a center turning lane between Airport Way and Myrtle Street.

"The city of Hailey and ITD went to great lengths to preserve as much natural vegetation as possible," said District Engineer Loren Thomas.

"Our goal all along has been to preserve our natural beauty," said Hailey City Administrator Daryle James. The city was able to save over 24 mature trees and relocate six centers for the project, he said.

The Transportation Department plans to plant a total of 280 new trees, Thomas said. Construction is scheduled to begin today and be completed by August 25.

Twin Falls County Democrats to meet Tuesday evening

TWIN FALLS — The Twin Falls County Democratic Party has planned its monthly meeting for 7 p.m. Tuesday in the community room at the Obenchain Building.

"For more information, call David Davis at 734-2168."

Shoshone city hearing on building ordinance set

SHOSHONE — The City Council has scheduled a public hearing on its new building permit ordinance for 8 p.m. Tuesday.

The ordinance, which amends the city's current planning and zoning ordinance, limits lot coverage and establishes a minimum building size of 500 square feet for primary dwellings.

As drafted, the ordinance requires building permits for all new construction, remodeling or additions to existing structures within the city limits. Structures two stories or higher must have building plans and specifications stamped and submitted by an architect or licensed engineer.

The ordinance also specifies a minimum size building lot as 50 feet by 120 feet, or a minimum of 6,000 square feet. Maximum lot coverage is 30 percent and the minimum size of new residential households is 500 square feet.

Copies of the revised ordinance are available at Shoshone City Hall, located at 207 South 9th St. West.

Crime report

A weekly look at the number of crimes reported to Twin Falls city police and county sheriff's deputies.

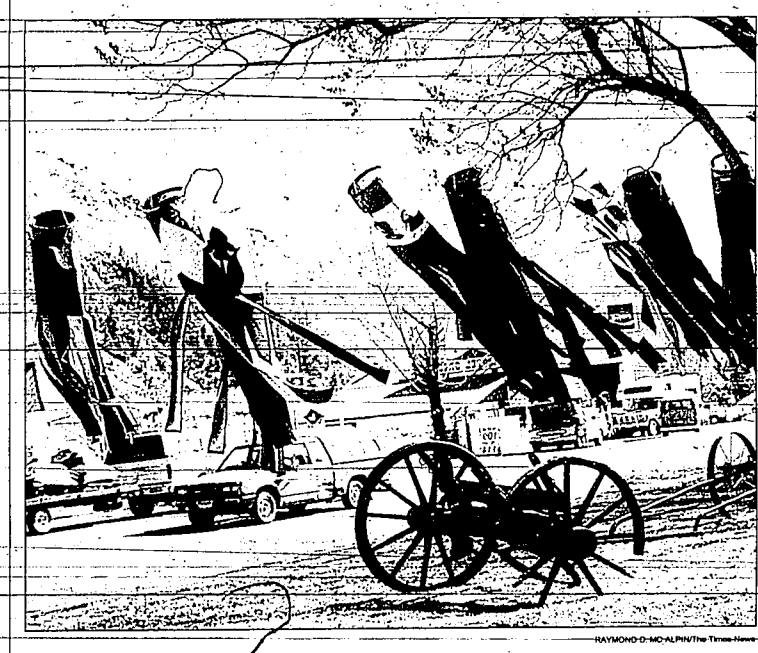
Twin Falls law enforcement agencies report these crimes

	Last week	YTD
Twin Falls Police Department		
Car Burglaries:	12	160
Home Burglaries:	4	29
Business Burglaries:	1	20
Total Burglaries:	17	247
Forgeries:	1	10
Stolen vehicles:	3	25
Possession/Stolen property:	3	15
Aggravated assault:	3	15
Grand theft:	7	72
Aggravated battery:	1	6
Attempted burglaries:	1	1
Total Felonies:	34	440
Twin Falls Sheriff's Department		
Burglary:	4	42
Arson:	1	1
Forgery:	1	1
Stolen property:	1	2
Total Felonies:	7	85

Inside

Obituaries B2
Sports B5-B

Blowin' in the wind



Sally Kern's windsocks sway in the Wood River Valley breeze.

Hailey woman runs 'sock house on honor system

By Raymond D. McAlpin
Times-News correspondent

HAILEY — It's one of those places that seem to make the march of time slow to a crawl. Most folks know it as the Windsock House.

It first flew its fluttering fleet of spinaker windsocks 11 years ago, and it hasn't changed much since. It still treats drivers to a rainbow of color on the southern approach into Hailey.

From its weathered wooden sign, nailed to an old cottonwood tree, to its pay-by-honor system, the Windsock House exemplifies a small-town America that Hailey residents still protect.

The woman who owns this house and makes the windsocks is Sally Kern, originally from Portland, Maine, and who took the long road to get here.

"I traveled with a friend on a trip that ended 10,000 miles after we left Maine and ended up in Ketchikan. I was only going to stay for one winter. That was 14 winters ago," Kern said.

Perhaps the most telling aspect Kern's business is its reliance on the honor system. "And that's just great for someone who would rather be hiking in the nearby mountains than tending the store."

There is a sign on Kern's door: "Howdy, I'll be back a little later (and later could mean a week). If you would like a windsock, please put a check for \$28 or leave money in the mail slot and help yourself. Thank you and enjoy, Sally Kern."

She has come back from hiking to see that four or five windsocks had sold. But she's never lost one and never had a bad check, she said.

Please see SOCKS/B2

Council mulls County allows airport plans to fly

mall expansion

By Sean L. McCarthy
Times-News writer

TWIN FALLS — The City Council will consider today whether to allow the Magic Valley Mall to expand with a second strip shopping center and up to two other businesses along Pole Line Road East.

A public hearing on the matter begins at 6 p.m. today at City Hall.

The mall's management received approval from the city's planning and zoning commission for the project March 8. That 5-3 vote recommended that the mall:

- Realign its Pole Line Road entrance to match up with Laeust Street North.
- Provide for a future signal at that intersection during reconstruction of the mall entrance.
- Limit to three the number of approaches to the mall from Pole Line Road.

The historic Boone house is being moved from its present location on Pole Line to accommodate the mall's expansion.

The council also will consider the final blueprints for three residential subdivisions.

Please see COUNCIL/B2

County allows airport plans to fly

By H.R. Weikel
Times-News correspondent

JEROME — A proposed change to a county ordinance would allow a much needed aircraft maintenance and rebuilding facility at the county airport.

The Jerome County Planning and Zoning Commission has approved the amendment.

Scott Jackson and several other pilots, under the company name of Magic Valley Aviation, want to put up a 60- by 80-foot building on the west side of the airport.

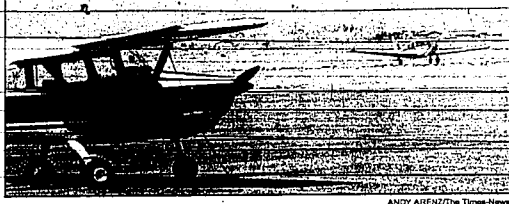
"It's something we've needed for a long time. The way it is now all the work has to be taken to Twin Falls," Jackson said.

The airport board will consider adding up to 20 more hangars at the airport, Jackson said.

A public hearing on the ordinance change will be April 25 in the county commissioners' office, planning administrator Art Brown said.

In other business, the commission:

- Tabled a request from Delbert Kohrt for a permit to divide 40 acres into five-acre ranchettes.
- "I'd like this to be a place where young married people with kids can afford to own a home," he said. Kohrt said this would be the first phase of a planned



Aircraft at the Jerome County Airport now must go to Twin Falls for maintenance and rebuilding, according to pilots.

development of about 100 acres north of "Hazeon."

- Approved a request from Don C. Tolman for a variance to have a waste water lagoon 150 feet from a county road.
- Approved a rezoning request from Betty and Jack Hyder to rezone their property southeast of Jerome from A-1 to A-2 agriculture.
- Allowed a permit for Oma Hall to put a modular home on her property northeast of Jerome provided the trailer be removed when her granddaughter and husband moved.

Postponed until the next meeting, a decision on what regulations would be required to govern sale of compost materials on dairies.

"It's futuristic. It's here to stay," Commissioner Roy Prescott said.

Unanimously approved a final plat plan submitted by John Beers to put the 99th home site in the North Rim Fairways subdivision.

- Delayed until next month, a review of an industrial park south of Jerome.

Threats ruled this year's legislative session

If there's one thing the just-concluded 1994 Legislature demonstrated, it's that the only sure way to get lawmakers to do something is hold a gun to their heads.

Look at the big property-tax cut pushed through by House Speaker Mike Simpson. Simpson's most potent argument for passing the bill was not that property taxes were too onerous (in fact, he thinks the state's tax system is pretty fair on balance), but that if the Legislature didn't do something about them voters would pass the 1 Percent Initiative this fall.

Lawmakers, fearing the consequences the 1 Percent would have on schools and local governments, put aside any qualms they felt about the bill's not missing any new revenue



due to pay for slashing property taxes.

A rival bill did include replacement revenue. But that would have meant repealing several cherished sales-tax exemptions and extending the 5 percent tax to services, and lawmakers didn't want to do that if they absolutely didn't have to.

They'd like to before too long, as soon as Idaho's economy slows down enough to affect the state's tax revenues. Once they

have a crisis atmosphere to justify it, lawmakers will swallow hard and raise sales taxes anyway.

Or look at education. Legislators have put over-increasing amounts of money into the public-school funding formula for years, even as that formula became more and more inequitable. Finally, a group of school districts got fed up waiting for the Legislature to reform the formula and sued the state.

Although the equity portion of that lawsuit was thrown out, lawmakers stressed over and over that changing the formula is essential to resolving the suit. So — aided by a \$92.5 million boost in state aid — key legislators and school superintendents have

merced out a compromise formula they all could live with.

Even if the money were there, would the formula change have gone through in the absence of the lawsuit? Don't bet on it.

Another lawsuit, that of Tim and Alvin Musser against the state Water Resources Department, led directly to more major water law being written in the last month of the session than in the entire previous session since the Swan Falls agreement. The gun this time was the prospect of the Mussers making a call for water to satisfy their 1892 right, and forcing hundreds or thousands of groundwater pumpers in the Snake River Plain aquifer to shut down.

Please see LEGISLATURE/B2

Experts put Shoshoni language into print

The Associated Press

HOISE - Half a century ago, Beverly Crum and other children on the Duck Valley Indian Reservation were punished for speaking Shoshoni - a language used in Idaho long before white explorers and settlers arrived. Families feared maintaining that link to the past would make assimilation into modern culture too difficult.

"The parents didn't want their children to go through that painful experience," said Crum, now 67. "Any language that's treated in that manner, it's going to become less and less prevalent."

But now she has a master's degree in languages, and she has helped Boise State University linguistics professor Jon Dayley compile a book of Shoshoni words and phrases.

"Western Shoshoni Grammar" evokes a people whose language is rich with descriptions of game animals, streams teeming with salmon, fields of camas roots, and geographic reference points like the river used in day-to-day survival.

"The Shoshoni have a very large vocabulary of flora and fauna throughout the region," Dayley said. "They were knowledgeable about their environment, much more than our culture."

Several variations of Shoshoni were spoken in the Great Basin, which includes southern Idaho, most of Utah, central Nevada and portions of California.

Just as English and other western

languages sprang from Indo-European roots, Shoshoni also spelled Shoshone - belongs to a family of tongues called Uto-Aztecan. It includes the Aztec civilization in central Mexico, as well as the Utes, Paiutes, Comanches, Hopi and Yaquis.

The various Shoshoni bands tended to be named for their major food source. For example, a group on the Snake River subsisted on fish, so they were called the Akai Tikka's or "Salmon Eaters."

The central Idaho band that fought off the U.S. Army for months in 1879 from a mountain stronghold on the Salmon River was the Tuktu Tikka's, or "Mountain Sheep Eaters," for the big game they hunted.

Mountains and valleys also were named as the bands migrated. Tonamutso, or "gracewood peak" was later called Battle Mountain in Nevada. Pohokoi is the "sagebrush hill" on southeastern Idaho's Fort Hall Indian Reservation where young tribal members went for religious vision quests.

The tribe often lumped several of their words together for a new meaning. Natatshu ukahni is "medicine house," or hospital.

Some Shoshoni words even made it into the English dictionary. Chuckwalla, a large lizard in the Southwest, comes from "chuckwalla," and the sego lily is derived from "sego."

But Shoshoni sentences are ordered differently than in English, making the language closer in syntax to Basque or Japanese.

Dayley, an expert on Indian vocabularies, has studied Shoshoni since 1967. He published two scholarly books in 1989 on the Panamint Shoshoni language of Death Valley.

He also lived in Guatemala in the 1970s. From his work there with Mayans he published the "Tzotzil Dictionary of San Juan La Laguna," one of 30 languages handed down

from Central American empires. Crum has translated the Gospel according to Mark into Shoshoni and coauthored another book on her dialect.

She is among several thousand people who still speak Shoshoni. But Dayley said most are about 40 or older and "Only if they're quite old do they use it as their first language."

This week at CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

TODAY

Student Senate meets at 2 p.m. in student conference room of Taylor Building.
Symphonic Band rehearsal will be held at 7:30 p.m. in Fine Arts 121.
Arts on Tour presents the Utah Symphony at 7:30 p.m. in Fine Arts auditorium.

TUESDAY

General Motors training will be held from 8:30 a.m. to 4:30 p.m. in Canyon 130A.
Alcohol and Drug Awareness Program meets at 1 p.m. in Desert 112.
CSI baseball vs. Eastern Utah at 1 p.m. at Frontier Field.
Military training will be held at 6 p.m. in Shields 102.
Magic Valley Symphony rehearsal will be held at 7:30 p.m. on Fine Arts stage.

WEDNESDAY

General Motors training continues at 8:30 a.m. in Canyon 130A.
Singing Band rehearsal will be held at 7:30 p.m. in Fine Arts 121.

THURSDAY

State FFA conference will be held all day in Fine Arts Center.
Magic Valley Chorale rehearsal will be held at 7:30 p.m. in Fine Arts 133.

FRIDAY

State FFA conference continues all day in Fine Arts Center.
I-Car training will be held from 1 to 10 p.m. in Canyon 130A.
Sixth District High School Rodeo will be held at 7 p.m. in Expo Center.

SATURDAY

I-Car training continues from 8 a.m. to 4 p.m. in Canyon 130A.
Idaho Personnel exam will be given at 8 a.m. in Shields 204.
State FFA conference continues all day in Fine Arts Center.
Cheerleader tryouts will be held from 9 a.m. to 5 p.m. in gym.
Military training will be held at 10 a.m. in Shields 201.
Sixth District High School Rodeo will be held at 9 a.m. in Expo Center.

SUNDAY

CSI choral concert will be held at 3 p.m. in Fine Arts auditorium.

On the agenda

Following is a list of governmental meetings that are scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

TODAY

Acacia City Council, 8 p.m., Mayor Larry Wall's home.
Burley City Council, 8 p.m., City Hall.
Preston City Council, 7 p.m., City Hall.
Gooding City Council, 7:30 p.m., City Hall.
Hansen Community Library Board of Trustees, 7:30 p.m., Hansen Community Library, 120 W. Maple.
Hansen Community Library, 120 W. Maple.
Hollister City Council, 7 p.m.
Jerome County commissioners, 9 a.m., courthouse.
Ketchum City Council, 6:30 p.m., City Hall.
Magic Valley Regional Medical Center Board, 7 p.m., hospital board room.
Twin Falls City Council, 6 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.

TUESDAY

Albion City Council, 8 p.m., old library.
Fairfield City Council, 7:30 p.m., firehouse.
Hagerman City Council, 7:30 p.m., City Hall.
Jerome City Council, 7 p.m., City Hall.
Rupert City Council, 7 p.m., City Hall.
Shoshone City Council, 8 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.
Friedman Memorial Airport board, 5:30 p.m., courthouse.

WEDNESDAY

Bliss City Council, 8 p.m., City Hall.
Minidoka County Fair Board, 8 p.m., board office at the fairgrounds.
Oakley City Council, 7 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.

THURSDAY

Cassia County School Board, 7 p.m., central office, 237 E. 19th St., Burley.
Glenns Ferry City Council, 7:30 p.m., City Hall.
Twin Falls County Commissioners, 8:30 a.m., courthouse.

FRIDAY

Malta City Council, 7:30 p.m., Raft River Electric Co-op Conference Room.
Twin Falls County commissioners, 8:30 a.m., courthouse.

Briefly

Perrine Bridge repairs begin this week

TWIN FALLS - Construction will begin this week on rehabilitating the Perrine Bridge.

Work on the Perrine Bridge will last at least until late August, with one lane of the bridge closed.

The metal deck joints on the driving surface of the bridge will be replaced with new joints that will be covered in a rubber-like substance, said Bill Merritt, state engineer on the project.

Moisture under the Snake River below the bridge is rusting the joints and support structure under the bridge, Merritt said. So construction crews will remove and replace rusted parts, paint the bridge, repair some of the older wheels, replace the railings and add extra supports.

They will also add eight street lights to the Perrine Bridge. Street lights will be installed from Pole Line Road up Blue Lakes Boulevard and across the bridge.

Board to discuss '94 county fair plans

FILER - The Twin Falls County Fair Board meets today to discuss ongoing preparations for the 1994 fair.

The public meeting begins at noon, at the Canyon Springs Inn, 1357 Blue Lakes Blvd. N., in Twin Falls.

Helsley to run for county assessor

TWIN FALLS - A former appraiser for the county assessor's office, Democrat Rick Helsley of Twin Falls has filed his candidacy for county assessor.

Helsley, 40, was a property appraiser for the county from 1987-1991. He unsuccessfully challenged Republican County Commissioner Marvin Hempleman in 1990.

Helsley disputes Hempleman's assertion that Democrats cannot win elective office in Twin Falls County.

"I think we'll make Marvin eat his words this year," he said.

He said he would be an assessor who would "listen to all parties concerned."

Helsley works for Henningsen Cold Storage Company as a forklift operator and warehouseman and is the commander of the American Legion Post 7.

Republican Gerry Bowden, a deputy assessor, also is running for the assessor's post.

Fire causes \$400 damage to repair shop

BURLEY - A fire of "suspicious origin" did about \$400 to a radiator repair shop Saturday evening, officials said.

Some 15 firefighters responded to the blaze at 112 E. 11th St. shortly before 7 p.m. They remained until about 8 p.m. a fire dispatcher said.

The blaze, which destroyed some siding, was suspicious because it apparently began at the outside corner of the building, the dispatcher said.

Compiled from staff reports.

Services

Della Fawcett Howells, of Twin Falls, 2 p.m. today, White Mortuary in Twin Falls.

Allene A. Curren, of Wendell, 10 a.m. Tuesday, Wendell Presbyterian Church, (DeMayar's Wendell Chapel).

William Earl Boatwright, of Rupert, graveside service, 11 a.m. Tuesday, Rupert Cemetery, (Hansen Mortuary in Rupert).

Claude J. Espinosa, of Socorro, N.M., and formerly of Burley, vigil service 7 p.m. Tuesday; Joseph Payne

Memorial Chapel in Burley. The funeral will be held at 2 p.m. Wednesday at the Little Flower Catholic Church in Burley.

Death notices

Donald L. Davis
TWIN FALLS - Donald Lee "Uncle Ducky" Davis, 59, of Twin Falls died Sunday, April 3, 1994 at his home. Funeral arrangements are pending and will be announced by White Mortuary.

Veldon Martin, of Kimberly, Saturday, Dayton Ward LDS Chapel in Dayton, Idaho, (White Mortuary Kimberly Chapel).

Grant Pratt
HEYBURN - Grant Pratt, a 75-year-old Heyburn resident, died Saturday, April 2, 1994 at his home. Funeral services are pending and will be announced by Hansen Mortuary.

Hospitals

MAGIC VALLEY REGIONAL MEDICAL CENTER
Admitted
Rebecca Hyde of Jerome.

CASSIA MEMORIAL HOSPITAL
Admitted
Jeffrey Ruggenberg and Gloria Saenz, both of Twin Falls.

IMELDA RANDALL, of Burley, and Steven Brown of Burley, and Kelly Hess and Kristine Moline of Heyburn.

Released
Ana Gomez and Robert Martin of Burley; Virgil Fenton and Maria Gomez of Rupert; Erma Lowry of Oakley; and Don Bufum of Blackfoot.

Births
Babies were born to Mr. and Mrs. Darin Hess of Heyburn; and Mr. and Mrs. David Williams of Burley.

MINIDOKA MEMORIAL HOSPITAL
Admitted
Beverly King of Rupert

W M
SINCE 1921

WHITE
Mortuary & Crematory
"Chapel by the Park"
TWIN FALLS • KIMBERLY • 733-6600

Family
Contributions

Socks

Continued from B1

Once, however, she thought someone had failed the honor test. Lying in her yard, sick with the flu, she noticed that one of the colorful socks was gone, she said. And she didn't see the \$28.

But then one of her three golden retrievers carried her a dollar in his mouth. The dog came back with another

er one and another, she said. "I walked around and found the money someone left had been blown out of an envelope into the lilac bush and the dogs just kept bringing it to me," she said.

Along with the occasional help from her retrievers, Kern enlisted the help of her sister in making some 4,000 windsocks each year.

Money isn't what keeps Kerns hanging out her socks, year after year. It's the people who buy them, she said.

When customers come, she doesn't welcome them to her store. She invites them into her house.

"There are always the people. There are some who have bought them year after year and have never met me. When I finally get to meet them they are really enthusiastic," she said. "I think that as old as my system is they like it."

Kern's customers don't always buy her windsocks for just window dressing.

They were mostly for decoration but people have had them put them up to keep away swallows and keep birds from smashing into their windows," she said.

That first windsock was not made for profit, at least not in the usual sense. Kern bartered it for a

leather dog collar.

Before Hailey and before her windsocks, there were kites in Kern's life. The winds along the Malheur coast were perfect for the kites she made there.

But she found the valley winds of the Wood River didn't lend themselves to the serious kites. So she turned the spinnaker fabric she had used for kites into windsocks.

Kerns never meant her windsock operation to make a lot of money. It is something she just began doing - one thing just led to another.

"I was working as a waitress, doing landscaping, cleaning, bartending and lots of odd jobs, so the socks weren't supposed to be a main means of income," she said.

Now the windsocks are significant income, but it is her quilting that has gained national attention in a quilting magazine.

Though the article included only a passing reference to windsocks, it was enough to create another windsock convert. Not long after the article ran, she received a letter, not about quilts, but about windsocks.

"The letter said I saw your picture in a quilt magazine and I saw your windsocks when I was in Hailey. So I'm ordering some," Kern said.

Kern's windsocks seem to make an

impression on those who pass through town.

And there are those who can't resist.

"Sometimes at 6:30 in the morning the tow-truck driver to stop so they can get a sock," she said. "Sometimes people will buy them as last-minute birthday presents for the person who has absolutely everything and who has absolutely no need for a windsock."

Those visitors, regret not having bought one of Kern's windsocks while in Hailey, have dropped her a post card. Not quite knowing to whom it should be addressed, write: Windsock Lady, Hailey, Idaho 83333.

Though Kern's small operation hasn't changed much over the years, progress is approaching in the form of a city street-widening project.

"We might lose the tree that my sign is on. It really isn't much of a sign, actually it's kind of pitiful," she said. "But it's kind of sentimental now."

But that's not the only complication of progress headed her way.

The city's proposed sign ordinance defines all business logos as signs. On a streamer of each windsock is Kern's heart-shaped business logo.

She will let the city decide if its sign ordinance is just an

Legislature

Continued from B1

The flip side of reacting to crises, of course, is avoiding them - that is, being proactive. Unfortunately, the Legislature doesn't have a very good track record of that, either.

State Sen. Laird Noh, R-Kimberly, sponsored a bill this session to create an office for rare plants and animals within the Fish and Game Department. The office would have had responsibility for developing and carrying out recovery plans for species listed as endangered or threatened under the federal Endangered Species Act, and also for coordinating efforts to conserve rare species and keep them from being listed in the first place.

The idea, says Noh, was to give Idaho

more control over how the ESA is enforced, allow Idahoans to tailor species recovery to local conditions, and hopefully keep the ESA from coming into play wherever possible. His bill was endorsed by groups from the Intermountain Forest Industry Association to the Idaho Conservation League.

But it wasn't endorsed by Idaho Farm Bureau, and that killed it. Farm Bureau convinced the House Resources and Conservation Committee

that the bill gave too much power to Fish and Game, which after Health and Welfare is the least-popular agency among lawmakers.

Apparently, Farm Bureau and its allies on the committee prefer to have endangered-species decisions made in Washington, D.C. rather than Boise. Now there's a high-caliber gun.

Drew DeSilver covers politics for The Times-News.

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Address _____
City _____ ST _____ ZIP _____
Phone _____ Birth Date _____
No other discount coupons or certificates apply.

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Idaho/West

Legislative committee cleans up outdated, unconstitutional codes

BOISE (AP) — It will no longer be illegal to wave a red flag in Idaho or to use profanity in the presence of a woman after June 30.

And it will be legal to advertise a cure for gleet — not that anyone would anymore.

Members of an interim legislative committee charged with updating the state's criminal code could figure it out, but just barely. Language including the antiquated name for inflammation of a faculty office was written into Idaho law more than 70 years ago.

It was contained in one of many sections of law rewritten or updated or repealed by a package of bills the panel produced.

The work did not involve the controversy of school funding, and lawmakers expected it would have a tough time showing it off to voters. But those involved passed nine of the 10 bills they wrote, and said it is the kind of quiet, effective work they were sent to the Statehouse to do.

"We repealed 20 sections entirely, with statutes that were either outdated, in conflict with other laws or unconstitutional," said state Sen. Roger Madsen, R-Boise, one of the committee chairmen.

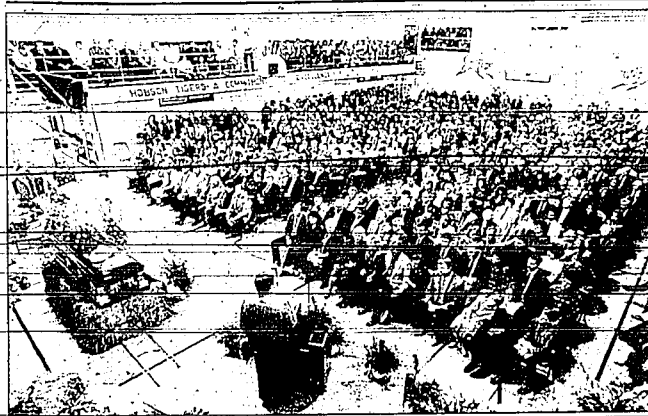
The most significant bill raised the maximum fine for felonies from \$5,000 to \$50,000. A companion bill raising fines for misdemeanors did not get out of committee.

The committee's success is partly due to the fact that it steered clear of controversial topics, like Idaho's ban on sodomy.

There were special-interest groups that raised sodomy and other controversial topics, Madsen said. "We took up the consensus issues."

The committee's other bills and some key changes:

- Increases fine for injuring railroad property, and repeals sections superseded by federal law.
- Increases fines and updates language regarding child abuse.
- Repeals Idaho's law against lewd exhibition and displaying a red flag — passed in 1919 and apparently aimed at communist sympathizers — and other sections deemed obsolete.
- Repeals some sections defining theft.
- Increases penalties for underage drinking.
- Removes references to "lunacy" in the state's rape law, a change made throughout the criminal code.
- Makes it a misdemeanor to abuse, exploit or neglect a vulnerable adult.
- Repeals the law making it illegal to advertise cures for various sexual and mental disorders, including "gleet."



The high school in Hobson, Mont., was turned into a church Saturday for funeral services for Wayne Stevenson, a prominent cattle rancher, who was murdered last week.

Montana rancher's slaying attracts 1,000 mourners

HOBSON, Mont. (AP) — Wayne Stevenson didn't have to check his cows every night. As one of Montana's most prosperous ranchers, the nation's biggest breeder of Black Angus cattle, he had hired hands for that.

But he also was a man who fussed over his cows as if they were children, especially in calving season. A breeched calf might have to be pulled out of its mother. A cow could steal another's newborn calf. There's no telling what might happen.

And so at 9 p.m. on March 27, Stevenson climbed into his mud-caked truck and drove 10 miles out to his calving shed, a dark and cavernous barn packed with pregnant cows.

It was just like any other night — until the ransom call at 11:41.

"I've got your husband and his red pickup, and I want \$1 million in 24 hours," a man told Stevenson's wife, Marian.

Two days later, searchers dug Stevenson's bullet-riddled body out of a manure pile in a lean-to near the calving shed. Last Thursday, a trusted ranch hand was charged with the crime.

Stevenson's death was unsettling enough for the 226 people of Hobson, a speck on the map in central Montana.

Just the sheriff, charged for having a murder since 1945. As more than 1,000 mourners poured into town for Saturday's funeral, Stevenson's stature in the ranching world became clear.

In an age when the Old West image of rugged ranchers has been diluted by absentee landlords and agribusiness conglomerates, Wayne Stevenson was the real item: a cattleman's cattleman who thrived on the harsh Montana range only to be betrayed while doing what he loved best — tending his herd.

It was as if Ben Cartwright had been murdered.

"He didn't want money," said his daughter, Valerie. "All he wanted was better cows."

"Everybody went to him for advice on cattle," said Tess Brady, an old friend. "If they needed a bull, he'd loan them a bull. If they needed help, he'd help them."

Wayne Stevenson was born 51 years ago, the third of five sons in a Hobson ranching family. He never strayed from the Judith Basin, a broad and grassy plain ringed by low mountains.

He married Marian when he was 18 and she was 16, and they moved into an 8-by-30-foot trailer on his parents' ranch. Stevenson worked for his father but was paid only in livestock, so the newby boys raised such by hand-milking cows and raising humpbacked, castoffs rejected by ewes.

"They also raised a family: first Valerie, then Doug and Clint."

By 1972, they had saved enough to buy their own ranch, a modest spread of about 1,500 acres and 150 cattle. They named it the Basin Angus Ranch and raised purebred Black Angus cattle for breeding stock.

With an unerring eye for cows, a knack for salesmanship and an enthusiasm for 16-hour work days, Stevenson steadily expanded his ranch to 25,000 acres. The trailer home is long gone, replaced by a big house with five bathrooms and an indoor swimming pool.

But Stevenson was not softened by success. At 51 he was still as sturdy as a post, with calloused hands and a rancher's tan, his forehead white beneath the shade of an ever-present cap.

He'd rouse friends with phone calls before dawn, declaring, "Get on your feet, it's 6 a.m.," Last winter, when it was 40 below, he was outside all day, hustling pregnant cows to shelter until his hands turned numb.

Ranch hands say Stevenson never asked them to work harder than he did, and he was as loyal to them as they were to him.

"He never fired a person, even when some of us thought he should," Marian said.

He hired 32-year-old David Llamas Blake last year, putting him and his family up in a house across the road from the calving shed. Stevenson liked Blake. He worked hard and kept the house in good repair.

What Stevenson didn't know was that Blake was a wanted man. California authorities say he was a "coyote" who smuggled Mexicans across the U.S. border for a fee. They believe he killed a man in 1986, shooting him because he didn't pay.

The night of March 27, soon after Marian-Stevenson got the ransom call, she phoned Blake at his house. No, Blake said, he hadn't seen her husband, but he promised to go look.

He didn't find him. Neither did the army of ranch hands, FBI agents, sheriff's officers, tracking dogs and pilots, who scoured the ranch for 36 hours.

It wasn't until Tuesday afternoon, when a skittish horse pawed up some manure in its lean-to, that Stevenson's body was found.

Investigators quickly zeroed in on Blake. FBI agents traced the ransom call back to Blake's house, and authorities say there was blood on Blake's clothing, blood in the calving shed, and blood on a front-end loader sitting next to Blake's house.

Charged with murder and kidnapping, Blake is being held without bail while awaiting trial. Authorities say they're still trying to determine whether others were involved in what one called "a bungled abduction."

Author blames Utah's poor record of conservation on Mormon theology

SALT LAKE CITY (AP) — The author of an award-winning book says Utah's inability to preserve open space and prime farmland is the result of Mormon theology.

New Mexico State University Geography Professor John B. Wright believes neighboring Colorado has a far better track record when it comes to conservation issues.

"Colorado was founded on and continues to be a bastion of secular capitalism," Wright wrote in his book "Rocky Mountain Divide: Selling and Saving the West."

"Utah is a structured, conservative state and 80 percent Mormon," he wrote. "To many Mormons, the idea of controlling growth shows a lack of faith in a Divine advent that will repair any damage done to the earth."

The juxtaposition between Colorado and Utah is central to Wright's book, an impassioned effort to show the merits of ending the transformation of farmland into subdivisions and shopping malls.

The Association of American Geographers honored the publication as the outstanding book in cultural geography and studies of the cultural landscape in 1993.

Brigham Young University history professor Thomas Alexander, an authority on land use in Utah, had not yet read Wright's book.

But after receiving a copy of the concluding chapters, Alexander said he felt the premise lacked historical perspective, and exaggerated and misinterpreted Mormon viewpoints.

"What he is doing is taking a theological position that Mormons believe and extrapolating it far beyond what most Mormons would agree with," he said.

Church of Jesus Christ of Latter-day Saints spokesman Don LeFevre rejected Wright's assertion that Mormons have abandoned church founder Joseph Smith's agrarian ideals by rapidly accepting urban life.

"He's too willing to put responsibility on the church," LeFevre said.

Olympic ice rink opens in Ogden

OGDEN, Utah (AP) — An ice skating rink built to help ease the 2002 Olympic Winter Games to Utah has officially opened.

More than 1,000 people attended the opening of the \$6.2 million ice sheet on Saturday and skated for free. The rink next to Weber State University's Dee Events Center was built with \$3.25 million in state funds from the community.

She doesn't look her age,
She's still quite nifty,
But don't let her kid you folks,
She just turned 50!!!

Hang in there Rob,
Like good wine,
They get better with age.

Idaho's first AIDS clinic to open in Boise

BOISE (AP) — The state's first clinic for people who have AIDS or HIV is expected to open late this spring in Boise.

The clinic, staffed by a part-time nurse, will help people get appointments with doctors, dentists and mental-health therapists. It also will be a clearinghouse for up-to-date treatment information.

It will be called Central Idaho HIV-AIDS Clinic. No opening date is set.

"The idea of a clinic is that you'll have access to everything, so you don't have to spend hours and hours going around to everybody and getting turned down," said Pat Mechem, 54, diagnosed with AIDS about two years ago.

Mechem is retired pastor of Metropolitan Community Church in Boise. He also is a member of the Central Idaho AIDS Consortium, which has spent the past year deciding how to get the clinic running.

The clinic will run for a year on \$40,000. That money is part of

Man sentenced in wife's death

CHESTER, ALA. (AP) — A sentence of at least 18 years in prison for Danny Ray Aeschliman of Coeur d'Alene in the beating death of his wife left the victim's parents screaming and weeping in the courtroom.

Aeschliman, 42, will not be eligible for parole until he is 60. But Mike Garcia, the father of Mary Ann Aeschliman, on Friday said the sentence is too lenient.

"My daughter's life is worth more than 18 years," said "I expected natural life behind bars."

As his wife, Helen, wept, Garcia jumped out of his front-row seat and shouted profanities at Aeschliman as he was led out of the courtroom.

First District Judge James Ludd called the tortuous beating death of Mrs. Aeschliman last summer "outrageously wicked and vile," but said the defendant can be rehabilitated.

He said there is evidence Mrs. Aeschliman was subjected to "extreme and prolonged sexual abuse."

Aeschliman faced a minimum 10 years in prison and Ludd could have sentenced him to death. He imposed an indeterminate life sentence.

Magazine lists Boise at top of vital cities

BOISE (AP) — The quality of life make the city one of seven American "boomtowns," a national magazine says.

The April 11 issue of U.S. News & World Report, which lists newsstands today, names Boise as one of the country's most livable and economically vital cities.

Based on reports and interviews with economic forecasters and business experts, the magazine's "Home Guide" lists Boise as one of the "top 100" cities for explosive growth.

Other cities on the list are Albuquerque, N.M.; Kendaisha, Wis.; Fayetteville, Ark.; Huntsville, Ala.; Fort Myers, Fla.; Lancaster, Pa.; and Eugene, Ore. The cities — with populations of 750,000 or less — are expected to jump in population, employment and construction before 2000, the magazine's publicists say.

"Boise is a magnet for three simple reasons: jobs, jobs, jobs," the guide states. About 27,000 jobs are expected to be created in Boise by the end of the decade, the article says.

And the city can accommodate them — with the right planning, says Gary Lyman, Boise's strategic planner.

"There's no doubt Boise is growing. The challenge is whether or not the city can manage that growth in such a way as to maintain the quality of life," he says. "Current growth has already brought with it various costs as well as benefits. It's the responsibility of the community to determine if the benefits outweigh the costs."

Andrus asks Clinton to OK spud exports

BOISE (AP) — Gov. Cecil Andrus said he has urged the Clinton administration to negotiate with the Mexican government to eliminate non-tariff barriers under the North American Free Trade Agreement that prevent table and seed potato exports.

"The losers under these persistent non-tariff barriers are U.S. potato growers and shippers, as well as Mexican consumers," Andrus said in a letter to U.S. Trade Representative Mickey Kantor.

Andrus said the country's commodities are subjected to extensive scrutiny to ensure the absence of crop-destroying pests and diseases.

AUCTION CALENDAR through April 17, 1994

MONDAY, APRIL 4, 1994 Lee Larson - Farm Machinery - Jerome	MASTERS AUCTION SERVICE
WEDNESDAY, APRIL 6, 1994 Wayne Madsen - Auto - Antiques - Horseshoe - Twin Falls	ALL AMERICAN AUCTION CO.
THURSDAY, APRIL 7, 1994 Bill & Anna Lynn - Farm Machinery - Gooding	MASTERS AUCTION SERVICE
FRIDAY, APRIL 8, 1994 Don & Carol Egan - Horsehold - Twin Falls - Horsehold - Twin Falls	WALL AUCTIONEERS
FRIDAY, APRIL 8, 1994 Dean Egan & Russell Kalk - Horsehold - Twin Falls - Horsehold - Twin Falls	WENT AUCTION SERVICE
SATURDAY, APRIL 9, 1994 Lynn & Ruth Coon - Horsehold - Twin Falls - Horsehold - Twin Falls	ESTES & ASSOCIATES
SATURDAY, APRIL 9, 1994 Jack Fuller Estate - Gun & Horsehold - Twin Falls - Horsehold - Twin Falls	WALL AUCTIONEERS
SATURDAY, APRIL 9, 10 A.M. C & R Daily and Hager, Utah Community Auction - Horsehold - Twin Falls	MASTERS AUCTION SERVICE
SATURDAY, APRIL 9TH - 11 A.M. Whitney Oxygen Storage - Motorcycles - Furniture - Misc. - Twin Falls	HENRY'S AUCTION SERVICE
SUNDAY, APRIL 10, 1994 Dale Sloan - Horse Trailer - Truck - Misc. - Bliss	MASTERS AUCTION SERVICE
MONDAY, APRIL 11, 1994 Adventures - April 11	WALL AUCTIONEERS
WEDNESDAY, APRIL 13, 1994 Outdun Farm Equipment - Jerome	JWA AUCTIONEERS
SATURDAY, APRIL 16, 1994 Liggett - Horsehold - Collections - Twin Falls	JWA AUCTIONEERS
SATURDAY, APRIL 16TH - 11 A.M. Vol. Pat Doherty - Friends - Furniture - Auto - Farm Misc. - Twin Falls	HENRY'S AUCTION SERVICE
SUNDAY, APRIL 17, 1994 Don Rios Estate (Horse, Saddle, Shop) - Sporting Goods - Shop - Equipment - Bellevue	BILL ESTES & ASSOCIATES

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Cain's Service Center

Morning line

66

22

Briefly

Craven-championship

NCAA women's tournament due for more change in 1995

Compiled from wire reports

11:00 a.m. — Channel 13, baseball, Seattle at Cleveland
2:00 p.m. — Channel 13, baseball, Pittsburgh at San Fran
3:00 p.m. — Channel 32, baseball, Atlanta at San Diego
7:15 p.m. — Channel 12, NCAA basketball championship

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Cincinnati Reds pitcher Jose Rijo sends the first pitch of '94 season.

Hog roommates share more than starring roles

The Associated Press

14 in the second half.

Thurman grew up in Ruston, La., home

—Please see HOGS/B6

Duke savors shot at another NCAA ring

The Associated Press

Laettner and Davis, along with Hurley, were a part of the Duke teams that won national championships in 1991 and 1992. Hurley and Thomas Hill were the seniors on the 1993

Tar Heels buzzer-beater earns title



University of North Carolina forward Charlotte Smith (23) defends Louisiana Tech forward Vickie Johnson (55) during the first half of the NCAA Women's Championship basketball

Reds hand Cards 1st win

The Associated Press

soft-opening homer in the major leagues in

other, and Oliver had an RBI single.

James holds off Frank to win Canyon Springs

By Larry Hovcy
Times-News writer

Frank said.

Fourth Flight
129-Jon Schell; 130-Mark Carney; 137-Bill Thomason;
138-Gene Federico, Bill Saxton and George Lee; 139-Lyle Thor-

uzzer-beater earns title

The Associated Press

Smith on the right wing and the 6-foot junior, a 27 percent shooter from 3-point range, buried the shot. Immedi-

is played only 24 hours after semifinals and fatigue showed in both teams early.

Crenshaw putting earns Freeport-McMoran win

NEW ORLEANS (AP) — Ben Crenshaw, his putting track especially sharp, shot his third straight round of 68 Sunday to win the Freeport-McMoran Golf Classic by three strokes.

"I was really proud of the way I played this week on this course," said Crenshaw, who finished with a total of 15-under-par of 273. "I was really glad to get through today."

The victory, the 18th in his 22-year career, earned Crenshaw \$246,000. His last three top 10 finishes have been victories.

Jose Maria Olazabal, with birdies on three of the last four holes, sneaked into second place after Sam Torrance, who battled Crenshaw all day, bogeyed Nos. 17 and double bogeyed No. 18.

"That was a killer," Torrance said. "I still felt I had it going into No. 17."

Crenshaw and Torrance started the day at 14-under. Crenshaw, despite swirling winds, opened his round with birdies on Nos. 1, 2 and 5 to make the turn at 14-under.

On the 10th hole, a 420-yard, par-4, Crenshaw hit into the water for a double-bogey, dropping him back to 12-under. Torrance again with Torrance.

"I hit a three-iron and hit it fat into the wind and in the water," Crenshaw said. "That was terribly upsetting. It preyed on me (on) the whole back nine."

But Crenshaw came back quickly, getting birdies on Nos. 11, 13, and 14, where he putted in 25 feet from the fringe to go 15-under.

Torrance had only one birdie on the front nine, putting him at 12-under, two behind Crenshaw. He birdied 11 to tie Crenshaw at 13-under, but on 14, his putt stopped inches from the hole for a bogey, dropping him three strokes back.

While Crenshaw played steady pars on the last four holes, Torrance dropped back another stroke on 17 after leaving his putt inches from the hole. On 18, he put it in the water and then missed his putt.

"I pushed my drive a little bit," Torrance said. "I was on the edge of the bunker. It was a little awkward and I didn't hit it very well and it went in the water."

Olazabal, who opened the tournament with a course-record 63, was nine back at the start of the day, two strokes behind Crenshaw and Torrance.

"I played well the first day and the



Sam Torrance of Ayrshire, Scotland, grimaces as he misses a birdie on the sixth green during the last day of the Freeport-McMoran Classic in New Orleans.

last day," Olazabal said.

Olazabal still trailed by nine after 14 holes Sunday, alternating birdies and bogeys. Then birdies on Nos. 15, 17 and 18 gave him a 69 for the day and second place.

"I got kind of a shock from him, Torrance said. "I thought second place was secure. He deserved it. He made a tough shot on 18 for a birdie."

The second place finish was worth

\$129,600. Torrance picked up \$81,600 for third.

"That was an expensive 18th hole," he said.

Dennis Paulson, a tour rookie who set a course record and tied a tournament record on Friday, finished with a 68 for a 242 total.

"I had two great days and two crummy days," he said. "If anybody tries to explain golf they're not a idiot. Golf is a four letter word."

Blazers earn 1st consecutive playoff spot

EAST RUTHERFORD, N.J. (AP) — Portland clinched its 11th straight playoff berth Sunday as Clyde Drexler hit five free throws in the final 26 seconds, leading the Trail Blazers to a 109-105 victory over the New Jersey Nets.

Drexler scored 25 of his 34 points in the second half and the Trail Blazers rallied from a 10-point halftime deficit to beat the Nets for fourth straight time and 15th in 16 games.

Drexler's biggest points came with 26 seconds to go when he hit two free throws after being fouled by P.J. Brown on a scramble for a loose ball. That put the Trail Blazers ahead 104-100.

Drexler then deflected an inbound pass by Johnny Newman and stole the ball. He was fouled with 23 seconds to play and hit one free throw to push the lead to three points.

Kenny Anderson pushed the ball upcourt on New Jersey's next possession, but Cliff Robinson stripped him of the ball and Rick Strickland hit a layup for a 107-102 edge with 10 seconds to go.

The Blazers entered the game with 29 points and Anderson 25 for the Nets. Strickland had 18 points for Portland, which has made the playoffs 16 of 17 years.

Pro basketball

go held off a late Detroit rally for its fourth straight victory.

Isiah Thomas scored 17 points and Cadillac Anderson grabbed 15 rebounds for the Pistons, who were outscored 25-6 from the free-throw line. The victory gave the Bulls a sweep of the five-game season series with the Pistons and won Chicago's seventh straight game.

Detroit over the last two seasons.

Pippen, who had 10 points in the third quarter, hit a pair of free throws in the final seconds to send the Bulls into the fourth quarter with a 76-63 advantage. The Pistons closed to 89-87 with 1:45 remaining, but six Chicago free throws off two 3-pointers by Detroit's Terry Mills.

Rockets 106, Clippers 98

LOS ANGELES — Hakeem Olajuwon had 39 points, 11 rebounds and six blocked shots as Houston beat Los Angeles for the eighth straight time and completed its second consecutive season sweep.

The Rockets putted everything back on the Bulls in San Antonio in their season battle for the Midwest Division lead.

The Clippers' loss was their fifth in a row and 20th at home this season, the sixth time they've reached that figure in 15 seasons in Los Angeles, but the first time since 1989-90. Last season, they had 15 home losses; the franchise's worst total since 1978-79 in San Diego.

Dominique Wilkins had 36 points and 11 rebounds for the Clippers in his 900th NBA game.

Gary Grant, replacing the injured Ron Harper, played 16 scoreless minutes in the first half and finished with 10 points and 10 assists.

The Clippers, led by 20 points at halftime, closed to 86-78 as reserve guard Randy Woods made two 3-point shots and added a 20-footer with 8:33 to play. But they never got closer.

Celtics 135, 76ers 112

PHILADELPHIA — Sherman Douglas scored a season-high 27 points and passed for a career-high 22 assists, leading Boston to victory over Philadelphia.

It was the 10th straight defeat of the Celtics, who posted their highest point total of the season. Their previous high was 129 points against Sacramento on Dec. 8.

Clarence Weatherspoon scored 23 points as the Celtics won their 19th straight game, which stayed close in the first quarter before Boston pulled away in the next three periods.

Dino Radja added 25 points for the Celtics, who posted their highest point total of the season. Their previous high was 129 points against Sacramento on Dec. 8.

Clarence Weatherspoon scored 23 points as the Celtics won their 19th straight game, which stayed close in the first quarter before Boston pulled away in the next three periods.

Floyd tops nerves to win Tradition

SCOTTSDALE, Ariz. (AP) — With a little luck and tenacity, Raymond Floyd survived a rare case of nerves to win The Tradition.

"Yes, I dug down in a couple of holes where it looked like the tide was turned, and drew it back, so it was great for me," Floyd said Sunday after birdieing the 18th hole twice in 20 minutes. The first kept him abreast with Dale Douglass; the second won the first-playoff-in-the-tournament six-year history.

Floyd had three bogeys on the back nine, but the 1976 Masters winner and 1980 U.S. Open champion kept alive with his senior-leading short game.

He clipped in for a birdie on No. 16 to catch Douglass and reached the green on No. 18, a 531-yard par-5, in two shots both in regulation and in the playoff.

"At that time, I felt like I had to go for it," Floyd said of the final hole. "I didn't want to stay back with the other guys and get into a wedge contest."

Luck came into play on the last regular hole when Douglass' 40-foot chip shot actually rolled over the cup hit the flagstick and stayed out. Had it dropped, Douglass would have won.

"I wasn't trying to chip it in," Douglass said. "On the playoff hole, I was, but what happens when I try. The shot on the 72nd hole was an excellent shot. Raymond was going to make birdie, and I had to make birdie."

In winning the season's first senior major, Floyd followed Don Bies (1989), Jack Nicklaus (1990, 1991), Lee Trevino (1992) and Tom Stinson (1993) as champions.

Floyd's two-time PGA champion on the regular tour, won his sixth crown and second major in just 24 senior events since September 1992.

He took home \$127,500 as his first Tradition winner. He was the first to finish in the top three to win the last three holes to do it.

The 14th hole, where he made his second straight bogey and trailed Douglass and Colbert by one shot, and No.

15 were the only holes of 72 when he didn't have at least a share of the lead.

Floyd, 51, shot a 4-under-par 68 on the 6,869-yard Cochrise Course at Desert Mountain, while Douglass shot 66 for his total of 17-under 271. Their scores are second only to Shaw's record 269.

Colbert shot a 70 for the round and was alone in third at 274.

Nicklaus, Tom Weiskopf and Jimmy Powell were next at 278, with Gibby Gilbert and Mike Hill tied at 279.

The playoff began on a hole-hole, a par and a bogey on No. 18.

Floyd, the only player in regular and senior events in the same year (1992), forced Douglass' hand when he hit a 3-iron to the green and his first putt stopped two feet from the hole.

Douglass, who had won 10 titles since joining the Senior Tour in 1986, took time to stretch to stretch the green and was just off the fringe. Trying to chip in for a birdie to force another playoff hole, he rolled the ball seven feet past and two-putted.

Floyd had let his chance for a big and lucrative Saturday, when he drew to unplayable lies twice off the 18th tee and made a bogey for a one-shot lead over Colbert. It was only the second bogey of the tournament for Floyd until his final round — four bogeys, eight birdies and just six pars.

Scores and stats

Basketball

NBA standings

AT THE MOT
EASTERN CONFERENCE

Team	W	L	Pct.
New York	47	29	.618
Orlando	47	29	.618
New Jersey	37	39	.487
Atlanta	37	39	.487
Washington	37	39	.487
Charlotte	37	39	.487
Philadelphia	37	39	.487
Indiana	37	39	.487
Chicago	37	39	.487
San Antonio	37	39	.487
Phoenix	37	39	.487
Golden State	37	39	.487
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Denver	37		

Cubs announcer hits 50th year

CHICAGO (AP) — Harry Caray will have a golden year this season, no matter how the Chicago Cubs do. The gregarious announcer begins his 50th season in the broadcast booth on Monday, and he has no plans to quit.

"I hope to do 50 more," Caray said between innings of a recent Cubs exhibition game.

The seventy-something announcer says he would like to die with his boots on, if his health is good, and I was still going pretty good as of last night.

He relishes the line and punctuates it with his famous laugh: "Hawh-hawh-hawh."

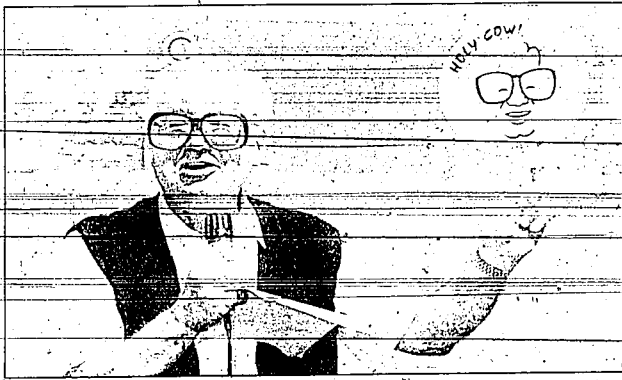
Caray is beginning his 13th season with the Cubs. Before that, he spent 11 years with the Chicago White Sox, a year with the Oakland Athletics and 25 years with the St. Louis Cardinals.

President Clinton grew up listening to Caray on the radio and recently recalled how Caray described Stan Musial's crouch in the batter's box.

On Monday, first lady Hillary Rodham Clinton, a longtime Cubs fan, is to throw out the season's first pitch and later join Caray in a ceremonial "Take Me Out to the Ball Game" with fans during the seventh-inning stretch.

"We are interested in having Harry as long as he wants to be," says Dennis FitzSimons, an executive with the Tribune Co., which owns WGN radio, WGN-TV and the Cubs. "We consider him a huge asset."

Caray was inducted into the



Chicago Cubs broadcaster Harry Caray holds up a likeness of himself during a ceremony before the Cubs' spring-training game against the Oakland Athletics in Mesa, Ariz. Caray was honored for his 50th season.

baseball Hall of Fame in 1989 and into the Broadcasting Hall of Fame this year.

He has close relatives in sports broadcasting: son Skip, an announcer for the Atlanta Braves, and a grandson, Chip, who announces Seattle Mariners and NBA Orlando Magic games.

For a man orphaned at age 9 and feared by other children about his poverty, Caray's upbeat personali-

ty belies a residue of depression from his childhood. It still plagues him around Christmas, he says.

Caray's lifestyle is as famous as his broadcasting style, which includes exclamations of "Holy Cow!" over good plays.

He was pushed out of St. Louis, when rumors surfaced about an alleged affair with one of the Busch family wives, according to an account compiled by the

Chicago Sun-Times. Caray has been married three times, and is the father of five children, including his three daughters with whom he's lost contact.

He rarely goes to bed before 4 a.m., and, as befits a colorful character who by his own account grew up in smoke-filled saloons, his late-night escapades and drinking have given rise to innumerable stories.

Ryan enjoys first season on sidelines

ARLINGTON, Texas (AP) — For the first time since 1965, the major league baseball season is opening with Nolan Ryan nowhere in sight.

And baseball's career strikeout king couldn't be happier — or busier.

There are chores to be done on his four ranches — he transacted at the two — banks — he owns in Alvin ... Endorsements and more — endorse-

Add to everything else the duties that go along with being a full-time father and husband.

"I wonder how I had time to play baseball because my days are so full," Ryan said last weekend after throwing out the first pitch at the

Batball, the Texas Rangers' new home.

Baseball still has a small role in Ryan's life. He can often be found on the mound at Alvin High, his alma mater, throwing batting practice to his son Reese's varsity team.

"I throw them good curveballs and give them some 'with good velocity,'" said Ryan, adding that the torn right elbow that ended his career two starts early is held together by scar tissue.

"My theory is don't just go out there and lob them in, let them work on something. That way, when they get in a game and see a curveball, they'll have more confidence because they've seen it before," he said.

In addition to practicing with Reese, a senior pitcher at Alvin, Ryan also spends time with eldest son Reid, a senior pitcher at Texas Christian, and daughter Wendy, a junior volleyball player at Alvin High.

"I work my schedule around their games," he said.

Wife Ruth also gets some quality time.

"She's enjoying having someone there to share responsibilities," he said.

With so many things to keep Ryan busy, there's little time spent thinking about his amazing career or the Hall of Fame induction

he's awaiting him in 1999.

"I don't even think about it," he said, laughing because it's the answer he's given for years yet people keep asking. "I just basically started a new era of life. I've never really been the kind to look back and reflect."

Ryan, 47, broke into the majors briefly in 1965 with the New York Mets. He returned to the majors in 1968 and stuck around for 27 seasons, one of the more than 50 records he holds.

He's now under a 10-year personal services contract with the Rangers, requiring him to work between 30 and 60 days a year at \$210,000 annually. It's basically meant to make sure he wears a Rangers hat to the Hall of Fame.

"I really don't know what role I'll play with the ballclub," he said after Friday's first appearance in his new role. "They've been so busy it's not a big priority."

With team owner George W. Bush running for governor against popular incumbent Gov. Ann Richards, Ryan said he'd be happy to help his friend and fellow Republican.

"I told George I'd be available if I could," Ryan said. Could politics be in the future for Ryan, who once considered running for agriculture commissioner?

"No," he said quickly. "I'm just trying to get my life to slow down."

Nothing has changed with Longhorn wins

AUSTIN, Texas (AP) — Twenty-five consecutive winning seasons haven't changed Texas Longhorns baseball coach Cliff Gustafson.

Maybe his guitar strumming is a little better and his collection of country music a little bigger.

But the man known as Coach Gus still hugs peanut butter and honey sandwiches to the ballpark for lunch each day. He still drives a pickup that he uses for chores amid the horses-and-cattle-on his modest ranch southwest of Austin. And he still barks about fundamental to players through a baseball-sized wad of chewing tobacco.

Gustafson, 63, whose team is sitting atop the Southwest Conference and recently took two of three from defending national champion

Louisiana State, will likely become the all-time victory leader in college baseball by mid-April.

He's on track to surpass the record of 1,332 victories set by 45-year Southern Cal coach Rod Dedeaux, a man Gustafson greatly admires.

"When and if we are fortunate enough to see that record come, it still doesn't dilute the great accomplishments of Rod Dedeaux," Gustafson said of the man who led the Trojans to 11 national championships and 28 Pacific 10 Conference titles before retiring in 1986.

"There will never be anyone to replace him or what he accomplished in the college game."

Dedeaux, who just turned 80 and now out of baseball, praised Gustafson, a friend and coaching

rival for nearly 20 years.

"I'm pulling for him," Dedeaux said from Los Angeles. "We have been good friends for many, many years. I can recall his victories that were at our expense, and he deserved every one of them."

For Gustafson, the record will be one of the crowning achievements in a career that includes two national championships, 17 trips to the College World Series, 21 SWC titles and a legion of star former players such as Roger Clemens, Greg Swindell and Burt Hooton.

While his achievements are high-profile, Gustafson isn't. He shares fellow Texan Nolan Ryan's country charm and humility off the field and his intensity on it.

Gustafson's subdued demeanor

and slow, penguin-like stride to the pitcher's mound give way to a temper that flares when his players don't measure up to their ability.

The most notable tirade occurred in Gustafson's first season at Texas in 1968 after the team opened the SWC schedule with three straight losses. Seething, Gustafson gathered his team in the center of Clark Field after a practice so he could shout where no one else could hear.

Now that the Longhorns have a locker room at UT's Falk Field, he has a more private venue to get his points across.



Mike Piazza of the Los Angeles Dodgers slides safely into home plate as California Angels catcher Greg Myers takes the throw.

Giants end skid with A's win

SAN FRANCISCO (AP) — Barry Bonds homered and Salomon Torres allowed three hits in six innings as the San Francisco Giants beat the Oakland Athletics 5-3 Sunday, stopping a six-game losing streak.

Oakland finished the spring 19-11, second best in the AL behind Seattle and tying a club record for spring wins set in 1989. The victory gave Oakland a 2-1 victory in the Bay Bridge series. San Francisco finished at 17-13-1.

Bonds hit a two-run homer, his fifth of the spring, after Matt Williams singled leading off the fourth against Bob Welch.

Cubs 9, Twins 5 MINNEAPOLIS — Anthony Young continued to look more like a potential winner rather than one of baseball's biggest losers, blanking

Exhibition baseball

Minnesota on two hits over four innings.

Chicago finished the spring 16-17. Minnesota was 14-18.

Young, making his first appearance since the Cubs obtained him from the Mets last Wednesday, finished the spring with a 3-0 record and 0.90 ERA. He walked one and struck out two. The right-hander was 1-16 and made history last year, when his 0-13 start gave him a record 27-game losing streak.

Angels 5, Dodgers 4 ANAHEIM, Calif. — Gary DiSarcina singled home the go-ahead run in the ninth as California completed a three-game sweep.

It was only the third three-game sweep for California in the series, which began in 1962. The Angels finished the spring 10-19, including victories in seven of their last eight games. The Dodgers finished 15-15.

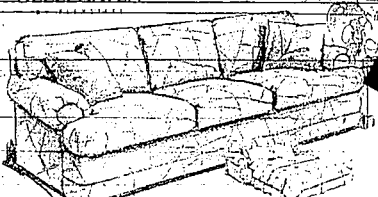
California took a 4-2 on Chili Davis' two-run homer off Pedro Astacio in the fourth and RBI hits by Chad Curtis and DiSarcina.

Stars 6, Padres 5 LAS VEGAS — Ray McDavid and Harvey Pulliam hit run-scoring singles in the ninth.

Third baseman Archi Cianfrocco and first baseman Dave Statton homered for the Padres, the Stars' parent club. Outfielder Randy Curtis and shortstop Ray Holbert had three hits each to lead the Stars' 13-hit attack.

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American, others held for ransom

The Associated Press

BANGKOK, Thailand — Khmer Rouge guerrillas were holding a young American woman and several Cambodians for ransom Sunday along Cambodia's southern coast, a U.S. Embassy spokesman in Phnom Penh said.

The spokesman, who asked not to be named, said Melissa Heinz and probably three Cambodians were being held in the Kampot area, and the Khmer Rouge was asking for \$200,000 for the release of the hostages.

"We are following this very closely and trying with the Cambodian government to effect a release," said the spokesman, who was contacted by telephone from Bangkok. He said the hostages had not been heard of since last Thursday.

Ms. Heinz was working for Food for the Hungry International, a private organization active in Cambodia and based in Thailand's capital of Bangkok, the spokesman said.

The spokesman said he had no further details of the incident and did not give her hometown.

Other unconfirmed reports said she and Cambodian staffers of the organization were seized after they traveled to Kampot, 75 miles southwest of Phnom Penh, to negotiate the release of a Food for the Hungry vehicle allegedly stolen by the Khmer Rouge.

Numerous vehicles have been stolen from international agencies operating in Cambodia, but bandits and renegade government policemen rather than the Khmer Rouge have usually been blamed.

Although wells are scarce and badly needed in the countryside, kidnappers in Cambodia normally have asked for money rather than assistance of this kind.

Khmer Rouge guerrillas continued to operate in remoter areas of Cambodia, including Kampot, despite major battlefield losses and defections.

The Khmer Rouge imposed a reign of terror in the mid-1970s and then continued to fight the central government after being ousted in early 1979 by a Vietnamese invasion force.

The Marxist guerrillas refused last year to take part in a U.N.-sponsored general election and continue to oppose the current government in Phnom Penh.

Mandela says patience needed



Nona Danisa, 16, mourns the loss of her mother, Ethel, who was shot and killed while praying outside her home in Ghamabai, Natal Province.

The Associated Press

PIETERSBURG, South Africa — A mob posing as policemen killed a family of ANC supporters in Natal, and Nelson Mandela warned Sunday it would take time for the state of emergency to end the Zulu-ANC violence that threatens this month's all-race elections.

Mandela, head of the African National Congress, said he hoped a summit this week with President F.W. de Klerk and Zulu leaders would dissipate tension so the emergency measures could be lifted, and Natal — which includes the volatile KwaZulu black homeland — could participate in the first April 26-28 voting.

A spokesman for de Klerk said the summit would take place Friday. No other details were announced.

The nine deaths in Port Shepstone, on Natal's south coast, and at least nine other killings Saturday and early Sunday brought the death toll in Natal to 37 since de Klerk declared the state of emergency Thursday, police said.

The attackers in Port Shepstone identified themselves as policemen to enter a hut on Saturday night, then locked and stabbed nine people to death, including a 5-month-old infant and two older children. The family was identified as ANC supporters, Police Lt. Col. Marzeth de Beer said.

The attacks were part of the daily violence that has wracked Natal, where the ANC and the Zulu nationalist Inkatha Freedom Party have fought since 1990. Inkatha is boycotting the election.

De Klerk, in conjunction with the multiracial

Transitional Executive Council helping run the country until the vote, declared the state of emergency because of the escalating political violence.

Mandela's ANC is expected to win the election and has pledged to get rid of black homelands, including KwaZulu, which were established under the apartheid system of racial segregation.

Zulu nationalists led by Mangosuthu Buthezi, the Inkatha Freedom Party leader, oppose the vote, fearing an ANC victory will allow it to crush the rights of South Africa's 7 million Zulus, most of whom live in Natal.

More than 1,000 South African soldiers have been sent to Natal to try to secure the province, especially KwaZulu, so political campaigning and voting can proceed unhindered.

Mandela, speaking to reporters as he traveled to a church meeting near Pietersburg, 210 miles north of Johannesburg, said soldiers needed time to bring violence under control. "We shouldn't have exaggerated or unrealistic expectations," he said. "The security forces are busy establishing themselves and it might take some time before they actually master the situation."

Mandela said he hoped the state of emergency and meeting with de Klerk, Buthezi and Zulu King Goodwill Zwelithini would help solve the problem.

"The measures which we have taken are both political and security measures," he said. "The combination of the two should ultimately be able to bring us the result that we seek." At least 200 people died in the political strife in Zulu-dominated Natal in March, the highest monthly toll in three years. Tensions deepened last Monday when at least 53 people were killed in violence linked to a march by Zulu nationalists in Johannesburg.

Nothing keeps Chinese on farm

The Associated Press

SHENZHEN, China — He's studied some English at night school, and likes to call himself Jesse.

The only son in a family of five children, Jesse left the farm at age 20 in search of a job. Six years later, he has little to show for it. Everything he owns is with him on a narrow, metal bunk bed at a television factory in Shenzhen, the booming Chinese development zone next to Hong Kong.

There is his one suit, shiny and gray-green, hanging loosely on its skinny frame. There are a radio and some books, a few dishes, a box of papers.

What's that brochure? It turns out Jesse spends his free time in direct sales for an American health-food company that is making a big push in southern China. That has given him ideas for getting out of the factory, he said.

Jesse hasn't made much money, but going back to the village is the farthest thing from his mind.

"People look down on you if you farm," he said. "Why did you Americans go West? Because there were more opportunities. It's just like that in Shenzhen. To go from a farm to a city factory, to go from peasant to worker, aren't the opportunities wider?"

There are at least 80 million Jesses across China, peasants who have left their villages in search of opportunity. Jesse, who has a high school education, has better prospects than most, but all share his ambition to create a life free from the tyranny of flood, drought and government grain quotas.

Since average rural incomes are less than one-third those of city dwellers, the migrants believe they have nothing to lose.

Their cheap labor has become a major factor in keeping China's economy growing at 13 percent annually for the last two years. They turn out the shirts, sneakers and toys so familiar on U.S. and European store shelves. They build the office towers, hotels and highways that are transforming Beijing, Shanghai and Canton.

More are always on the way, hitchhiking along highways or squeezing into rail cars. Ask why and the answer is uniform: There are no jobs at home. No one wants to farm.

For the first three decades of Communist rule, the people stayed mainly where they were born, bound by a strict population registration system and travel controls.

The controls relaxed enough in the 1980s to let peasants travel to cities for winter jobs, when the land was fallow.

Now, South Korea — China is expected to send a high-ranking delegation to North Korea this month to help defuse a standoff over nuclear inspections, South Korea's national news agency reported Sunday.

China, as North Korea's only major ally, is potentially influential in resolving the dispute that has raised international tensions and fears of conflict.

The Yonhap news agency also reported that South Korea will hold off until at least May on its annual war games with the United States.

Yonhap, quoting an unnamed Foreign Ministry official, said the Chinese delegation will visit Pyongyang for North Korean President Kim Il Sung's 82nd birthday on April 15.

"Chinese delegates are expected to urge



Migrant workers sit outside a train station in the southern Chinese city of Canton.

Then, in the 1990s, the "peasant army" became a year-round occupation force. Now most urban construction workers, garbage collectors, street sweepers, maids, bicycle repairmen, shoeshiners and popcorn vendors are former peasants. So are most of the factory workers in such coastal boomtowns as

Shenzhen. "They do the jobs that are dirty, tiring and dangerous," said Han Jun, a researcher at the Rural Development Institute of the Chinese Academy of Social Sciences.

"City people don't just consider the income, they also consider whether a job has status," he said. "A city worker doesn't want to wash dishes" for a living.

Most migrants live as cheaply as possible in the cities and send money home that spurs development in the villages.

In Liujianguang Village in Shandong province, eastern China, a survey found the average income was equivalent to \$50 a year for families without migrant members and \$147 for

those with someone in the city. Communities of migrants have grown up on the outskirts of major cities. Beijing's "Zhejiang Village" is home to more than 100,000 migrants from Zhejiang province just south of Shanghai, including many entire families.

The Chen family is typical. Chen Chuanbao, 32, his wife, infant son and two friends share a 10-by-12-foot rented room. With two sewing machines, they churn out leather bomber jackets and whatever else is in fashion.

"We can make to order, we're fast, our prices are low," said Chen, who wears a beeper on his belt. The family's annual income, he said evasively, is "several tens of thousands of yuan" — thousands of U.S. dollars, or several times that of most permanent residents of Beijing.

Unlike permanent city residents, the migrants have no watchful neighborhood committees to supervise their activities, their guests, their births.

"We are the zhuo pan," the free faction, Chen said. "We can come and go as we please."

That makes city officials and residents nervous. Cities blame rising crime rates on the migrants. Shanghai says they committed half the crimes reported there last year.

Korea and the United States would resume contacts, also around mid-April, Yonhap said.

In a separate report, Yonhap said South Korea will postpone its joint annual military exercises with the United States at least until mid-May by when time it expects North Korea's intentions to be clearer.

A final decision will be made when U.S. Defense Secretary William Perry visits Seoul on April 17, it said.

The war games were shelved to coax North Korea into allowing inspections, and reinstated after the inspectors were banned from some sites. North Korea calls the exercises an act of aggression.

Other news reports said South Korea will push for expanded military cooperation with Japan when its defense minister, Lee Byung-tae, visits Tokyo on April 25.

PLO leaders await foreign police arrival

The Associated Press

JABALIYA REFUGEE CAMP, Occupied Gaza Strip — The gunman from PLO leader Yasser Arafat's Fatah faction punctuated every sentence with a pistol shot after he seized the microphone.

"We want our leaders to stop the negotiations with Israel," he yelled at a weekend rally, the largest since the Israel-PLO autonomy accord was signed in September.

Thousands of young men in jeans and battered jackets roared in approval, but the PLO elders sitting in jackets and ties sat motionless. Tension between street fighters and officially appointed PLO leaders is intensifying, and Gazans expect things to get worse with the arrival this week of the first PLO police and administrators from outside the occupied lands.

Whether Arafat can control this internal competition will determine the success of Palestinian self-rule in Gaza and the West Bank town of Jericho, and ultimately whether the Palestinians can achieve their own state.

About 50 deportees, including some of Arafat's top advisers, are due by Wednesday to help prepare the takeover from Israel. A vanload of about 100 PLO police are expected in the Gaza Strip and Jericho by Thursday, also to lay the groundwork for the arrival of thousands more.

Friday's rally underscored a key problem the Palestine Liberation Organization faces in taking over. While publicly muting its support for Israel, the group is clearly on the side of continuing the fight.

Events that have sapped support for peace include the Feb. 25 mosque massacre in Hebron, when a settler killed 30 Muslim worshippers, and the killings last week of six Fatah members by Israeli police.

The rally of 12,000 people was notable for having almost no portraits of Arafat — an oil painting showed up about halfway through — and for the roar that greeted every random gunshot in the schoolyard where it was held.

PLO leaders shrugged off the calls for fighting — "This is the Palestinian street. It deals with feelings and emotions more than actual events," said spokesman Sufian Abu Zayda.

But rank-and-file members of Fatah said the leadership is having difficulty controlling armed fighters in the Fatah Hawks, with gunmen taking pot shots at Fatah branch offices both in the Gaza Strip and the West Bank.

The street fighters, many in their 20s, were the ones who fought the occupation and built underground organizations. They resent being driven out by PLO authorities who don't question orders from headquarters.

Arafat is expected to announce this week when he will close Fatah branch offices permanently. They are a growing source of friction, members said, with gunmen refusing to take orders from what they see as desk-bound bureaucrats.

The offices also increase public disenchantment with the peace process because staffers cannot help with day-to-day occupation problems, they said.

Already stories are circulating that Fatah members are becoming peace profiteers, pocketing commissions for helping Europeans seeking to invest.

"We all thought we were fighting for high principles, but as autonomy gets closer it is boiling down to a fight over the position of chair-Jihad leader of the opposition Popular Front for the Liberation of Palestine."

850,000 face starvation in Rwanda

The Associated Press

NAIROBI, Kenya (AP) — More than 850,000 people in Rwanda — about one of every eight people in the country — urgently need food to prevent starvation due to drought, a new report says.

The report, prepared by aid agencies, including Oxfam, said the \$54,873 needed were scattered in seven regions in the tiny central African nation.

The report was released in Rwanda's capital, Kigali, on Friday and summaries made available to the Associated Press on Sunday.

According to the report, 56,000 tons of grain, beans and cooking oil are needed over the next three months.

"In some places, the rate of malnutrition among Rwandans is increasing, while aid workers report a decline among refugees from neighboring Burundi," the report said.

"While donors are preoccupied with defining the severity of the famine, they have done little to address the problem," the report said.

Rwanda first appealed for 104,500 tons of food for 900,000 people in November. Faced with such a large request, donors asked for more information.

In addition to the drought, the report said political instability has prevented people from migrating in search of jobs.

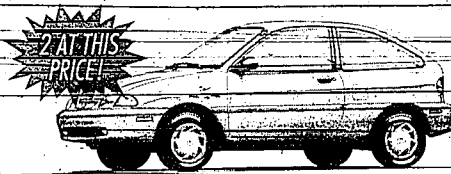
President Juvenal Habyarimana's coalition and the former Rwandan Patriotic Front rebels have failed to agree on a transitional government despite a peace accord last August.

Ethnic rivalry between the majority Hutus and the minority Tutsis is mostly responsible for the failure to form the government.

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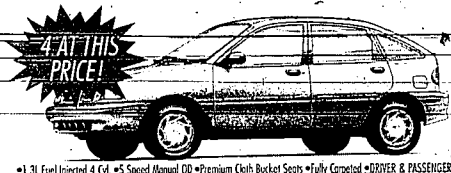
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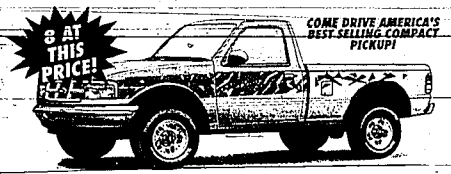
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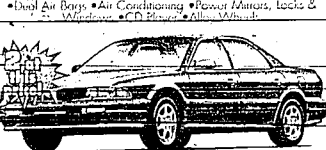
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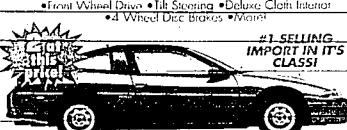
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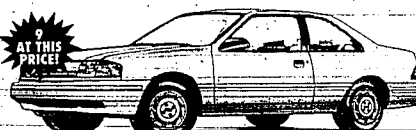
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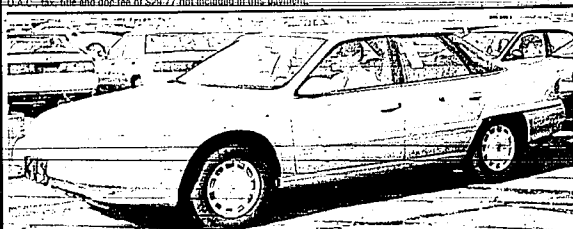
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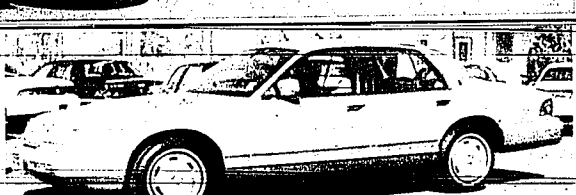
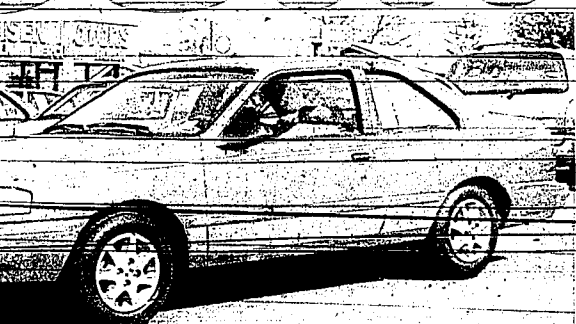


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Features

Spring break

Anxious weekend athletes needlessly hurt themselves every year

A marriage is a journey; take a friend

In marriages, couples take a journey together, through time. As the journey continues, the scenery changes, as does the couple as each partner becomes older, wiser, more self-differentiated and more of what all his or her choices and programming allows.

Occasionally, couples take the journey gracefully, with little incident or personal wear. But, more often, they take unanticipated detours, get off on the wrong roads, end up at unexpected destinations — sometimes with another traveling companion — and blame each other for the rough trip.

Unfortunately, they have no manuals instructing them how best to take the trip, what sights to see or to avoid, or what



**JoAnn
Larsen**
Psychology

means of travel offers them the smoothest ride. Nor are there any maps that show them the way and what they can expect to gain, should they continue their journey together toward their final destination. They have only a few travel brochures promising how wonderful their trip will be.

There is certain "travel information" that can help couples take their trip, keep their luggage and their same traveling companion, and end up at the same destination, a sample of which follows:

- From the time "traveling companions" meet, till the time they finish their journey together, the central issue in all stages of the relationship is how they manage the differences.

- At the beginning of their journey, partners often unconsciously conclude that the other person will (think/do/be) like them. For various reasons, in what one author has called the stage of Fantasy Time, interested parties do tend to diminish their differences, to ignore them or not to notice them. Then they get married and begin sharing limited space together. Slowly, and sometimes shockingly, the differences begin to emerge as they do, each partner may put pressure on the other to conform to his or her tacit expectations.

- At this point in the journey, partners often act as if they own the property rights to the other, concluding that they are justified in using anger, criticism, cynicism, screaming or other destructive means to bring the other partner's behavior into line. Only when each partner accepts that the other has a right to be like him or her, and when each learns how to invite, rather than demand changes, will be couple have a chance of a satisfying journey or relationship.

- During the journey, couples must learn to pay attention to the road and to where they are going together. Sometimes, partners blithely watch the scenery and take frequent individual side trips, and even extend detours by themselves, without the overall trip in mind. Often, then, they discover that they are no longer taking the same journey or that they have lost a valued traveling companion.

- Paying attention to the road and to where they are going together means that couples must consistently touch bases, plan

Please see MARRIAGE/D2

By Steve Crump
Times-News writer

TWIN FALLS — Consider if you will, that old roadster parked in your garage.

Hasn't been driven since last August when you took it to the car wash. Oil hasn't been changed since the Carter administration, and it still bears a fresh state safety inspection sticker, although state safety inspections were discontinued in 1977.

But it's spring, after all, and it's hard to resist a blast from the past. So you find yourself waiting at the traffic signal at the intersection of Blue Lakes North and Heyburn, just as the first glaudious Saturday in April fades to black. In the next lane is a 4x4 with a sneer, driven by a kid too young to know better.

And when he pushes the accelerator to the floor, you forget all about the fact that you're 45 and a Rotarian.

When the light changes, you pop the clutch, and the two vehicles roar away with a squeal of tires — the 4x4 into a cloud of black smoke and your roadster into a thousand, tiny, machine-tooled pieces.

It's just one more triumph of physics over ego, and it's not confined to machinery.

You'll see it on hundreds of basepaths in dozens of ballparks around the Magic Valley this time of year as softball replacers beer-swilling us the sport of choice.

If you're sedentary, or even if you're in pretty good physical shape, your muscles probably just aren't prepared for a sudden burst of activity," said Dr. Stephen Wasilewski, a Kelchum physician and surgeon who specializes in sports medicine. "So the first time you try to stretch a single into a double, there's a good chance you're going run into trouble."

Doctors and therapists who treat sports injuries are busy year-round in the Magic Valley, but spring is the season when ambition doesn't yield to gravity.

The results: Injuries ranging from strained hamstrings to busted ankles, and because between 2,000 and 3,000 Magic Valley residents play organized softball, most of the misery wears pinstripes.

"This is a busy time of year for us," said Julie Ellis, a physical therapist who works for the Center for Physical Rehabilitation in Twin Falls. "Most of the injuries we see this time of year are from softball, and almost all of them come from trying to do too much too soon."

"Whatever the type of injury, that's usually the reason for it in the spring," said Dr. Robert Porter, a Twin Falls orthopedic surgeon. "People see that spring is here, think it's time to get in shape and they end up hurting themselves."

A majority of sports injuries — stress fractures, tendinitis and muscle pulls, for example — tend to take care of themselves after the weekend warrior puts himself on the disabled list for anywhere from a few days and several weeks.

But there can be more serious damage. Porter sees broken bones, torn ligaments and ruptured Achilles tendons, and Wasilewski treats rotator-cuff injuries — the same shoulder malady that retires million-dollar-a-year pitchers.

"It basically boils down to putting demands on particular muscles or groups of muscles that they're not in condition to handle," Wasilewski said. "If you do

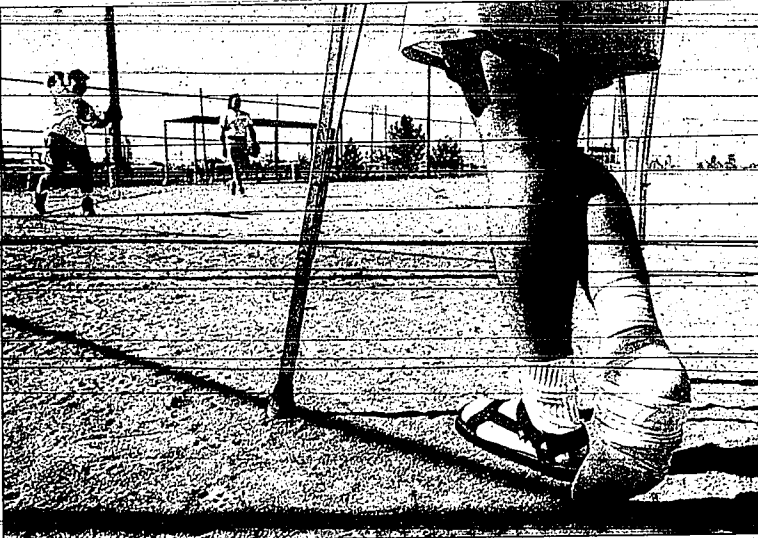


Photo illustration ANDY ARENZ

Trying to do too much too soon on the softball diamond often leads to injuries this time of year.

Sports risks and benefits

Selected team sports and the relative risks and benefits associated with each:



Baseball

■ Risks: Soft arms, abrasions, contusions, fractures, sprains.
■ Benefits: Aerobic, agility and motor skills enhancement.



Basketball

■ Risks: Knee strains, contusions, shin splints.
■ Benefits: Aerobic, agility and motor skills enhancement, eye-hand coordination.



Soccer

■ Risks: Contusions, knee strains.
■ Benefits: Aerobic, agility and motor skills.



Football

■ Risks: Fractures, sprains, contusions, concussions.
■ Benefits: Strength and agility enhancement.



Wrestling

■ Risks: Abrasions, contusions, strains.
■ Benefits: Strength and agility enhancement, physical endurance.



Lacrosse

■ Risks: Fractures, contusions.
■ Benefits: Aerobic and agility skills.



Volleyball

■ Risks: Knee strain.
■ Benefits: Aerobic and agility skills.

KIT Information

Inside

To do for you **D2**
Dear Abby **D3**
Dave Barry **D3**
John Rosemond **D3**

Looking good

These are must-haves for spring

Knight-Ridder News Service
These are the must-haves for spring:

SOMETHING SILVER.

Take your pick-and-shine on: A silver vest. A silver purse. A silver rain coat. A silver skirt. Silver hose. A silver metallic bodysuit.

• **A KILT.** Plaid or plain, a kilt allows you to update for spring '94 without breaking the bank. And it's classic enough to be worn season after season. Watch the length though. Don't make it too short.

• **FANTS WITH PLACES.** There's always a time and place for gender-bender style, no matter what the other trends. Suspended pants, endorsed by Ralph Lauren and Donna Karan, look just great with a bright white cotton shirt. Men wear suit. Cut for a woman, but made

from glen plaid, herringbone or other menswear fabric, the menswear suit can have a short skirt or narrow pants.

• **SOFT TUNIC.** Like last year's versatile vest, the tunic is the new staple of the female wardrobe. Can be worn with soft slacks, a long or short skirt, under a jacket or a vest, or alone over a pair of opaque hose or colored leggings.

• **ETHNIC PRINTS.** Prints out of Africa, India and the Far East freshen up a wardrobe. Look for them in dresses, blouses, jackets and scarves.

• **COLUMN GOWN.** From Donna Karan's "keyhole" dress, with a back cutout resembling a keyhole, to Karl Lagerfeld's dresses that conform to the feminine figure are the last word in evening wear.



Anthony Mark Hankins designed this button-front tunic and matching trousers.

Health notes

ALL IN THE FAMILY. Often, in jacking a big problem, you're told to pull no punches. But refraining from punching is exactly what Surgeon General Joycelyn Elders is urging people to do to help end domestic physical abuse. "Women who are physically abused by their partners are more likely to abuse their children, and then these children go into the schools," Elders told attendees at the American Medical Association's National Conference on Family Violence. "And the long-term, cyclical effects — are like the ripples from a rock thrown in the water. They don't subside. They just get bigger."

UP ABOUT DOWNS: Don't discount children born with Down's Syndrome. So says Mitchell Levitz, 22, and Jason Kingsley, 19, who, with all of their families, have written a book called "Count Us In: Growing Up With Down Syndrome" (Harcourt-Brace). In it, the two young men tell how they learned to achieve when there were once no expectations for them at all. "We want to tell people to erase their negative attitudes. Get to know people," says Levitz. "With our abilities, we should change it to Up Syndrome," says Kingsley.

PROTECT YOUR CHILDREN. Let's take another shot at getting this message across: Fewer than half of the babies in major U.S. cities get all their vaccinations by age 2, federal researchers found in a new study. Even babies who are up to date on vaccinations by age 2 usually don't receive them at the recommended intervals, making them vulnerable to diseases such as measles and

whooping cough, according to the Centers for Disease Control and Prevention.

LONELY DOGS: Leaving your dog home alone can bring on separation anxiety for both of you. A pamphlet called "The Dog That Cannot Be Left Alone" recommends getting the dog used to staying alone gradually, by building from absences of an hour to eventually being alone all day.

NEW AGE LULLABIES: "Rock-a-Bye Baby" doesn't do the trick. A British company has come out with recordings of special rhythmic sounds that are supposed to calm your cranky child. The British Technology Group, which hopes to market the Baby Soother in the United States, says the sound patterns are similar to those in a mother's womb and the human speaking voice.

STRESSED OUT: An article in the health magazine Remedy says researchers are discovering that in women over 55 hostility may be hidden, a factor that can be harmful for the heart. Medical researchers for years have been trying to identify Type A or hostile personalities, since stress can contribute to heart disease. Studies have found that many older women were conditioned to act "traditionally female" and not worry about themselves. They tend to pretend that everything is OK even when it isn't, whether the stress is in their marriage, family, or jobs.

Compiled from wire reports

To do for you

Slatter to instruct 9-week co-ed aerobic class at Jerome gym

JEROME - A 6 p.m. co-ed aerobic exercise class instructed by Louise Slatter will begin today at the Jerome Recreation Center Gym. The fee is \$30 (\$35 for out-of-district participants) for a nine-week session. Class will be held on Mondays, Tuesdays and Thursdays. For more information or to register, call the recreation center at 324-3389.

Jerome Rec Center offers CPR, first aid certification classes

JEROME - A cardiopulmonary resuscitation (CPR) and first aid class will be held from 6:30 to 9:30 p.m. today and April 11 at the Jerome Recreation Center. Both sessions must be attended in order to certify. Instructor will be Larry Wood. The fee is \$10 (\$15 for out-of-district participants). For more information or to register, call the recreation center at 324-3389.

CSI-10-week healthy weight reduction program begins today

TWIN FALLS - A 10-week weight reduction program with emphasis on healthy eating, behavior modification and exercise will be held from 7 to 8 p.m. beginning today at the College of Southern Idaho Office on Aging Annex, 1238 Washington St.

Bring a spouse or friend and get \$5 off the fee. To register or for more information, call 733-0113. Registration will be held today.

MVRMC begins prepared childbirth courses Tuesday

JEROME - A prepared childbirth course will begin Tuesday and continues through May 12. The class will meet from 7 to 9:30 a.m. at the Magic Valley Regional Medical Center second floor conference room. The non-refundable course fee is \$40.

Designed to prepare parents for childbirth and early parenting, the course includes films, slides, and physician questions and answers sessions. The expectant mother is asked to wear comfortable pants and to bring two pillows. A support person is encouraged to attend.

Pre-registration is required. To pre-register or for more information, call the MVRMC Education Department at 737-2900, weekdays between 9 a.m. and 4 p.m.

Early morning aerobic class begins Tuesday in Jerome

JEROME - A 6 a.m. co-ed aerobic exercise class will begin Tuesday at the Jerome Recreation Center Gym. Instructor will be Louise Slatter. The fee is \$30 (\$35 for out-of-district participants) for a six-week session. For more information or to register, call the recreation center at 324-3389.

Marriage

Continued from D2

ning for the next leg of the trip, and budgeting their time, energy and resources to assure they can do fun things together, yet still can make it to the next destination. When couples take the trip, but don't see the sights together, they often conclude that the relationship is dull and boring. Not understanding that they must take charge of the itinerary to keep the relationship interesting, individuals often seek another traveling companion who promises to make the trip more exciting. Ultimately, a new traveling companion often comes with excess baggage and, rather than making the trip more exciting, just makes it harder.

As couples plan their moves, they must make provisions for each partner to see sights or to make stops along the way that bring personal satisfaction. Neither party has the opportunity to meet individual goals or to experience individual growth outside the context of the shared journey they are taking. Thus, partners must not penalize each other, simply because they are taking the same journey, from achieving personal growth experiences. Rather they should aid each other in planning specific and edifying side trips that one or the other may take alone.

• No trip comes without its travails

and no traveling companion without his or her foibles. There are only imperfect journeys taken by imperfect people. Thus, during their travels, partners may find themselves at odds regarding which interim roads to take, or they may realize that one of the other has been left at the last stop.

It's common for partners to find themselves "out of sync" with each other and to believe they are taking the trip with the wrong companion. However, rather than abandoning the trip, it is far less trouble, and much less wear-and-tear, for partners to find other paths they agree on and to commit to becoming better traveling companions. This may require seeing a travel agent or counselor regarding how they could more gracefully take the trip together.

• The longer couples travel together, the more they have in common with each other, until they have more in common with each other than any other person on earth. Over time, they tacitly settle thousands of small issues that allow them to anticipate each other's needs and wishes to the point in common, and to take the trip comfortably. This is the leg of the trip where each partner feels fully secure with a traveling companion who has his or her best interests at heart.

Each knows now that it is the trip to

gether, not the final destination, that makes the trip their happiness. Both can look back to see the road traveled, the experiences suffered or savored, and the tremendous travel investments made over time. And they can look ahead - not always knowing where their travels will take them - but knowing that to the end, hand in hand, they will travel together.

Joanne Larsen is a Salt Lake City marital counselor. Her column appears on Mondays.

Surgeon to speak at MYRMC Arthritis Support Group

TWIN FALLS - The Arthritis Support Group will meet at 7 p.m. Tuesday at the Magic Valley Regional Medical Center Doctors' Meeting Room, located in the basement cafeteria of the medical center.

William F. May, M.D., orthopedic surgeon, will present a program on "Arthritis and Related Surgery." Anyone with arthritis is encouraged to attend and participate in the free monthly meetings and family members and friends are also invited. The group usually meets the first Tuesday of the month at the medical center.

For more information, call Becky Jensen at 737-2065.

Free anger-management program offered Wednesday evening

TWIN FALLS - A free community education program, "Anger Management for Real People" will be held at 6 p.m. Wednesday at the JMV Community Room.

The program will be provided by Eric Jones, M.S., M.F.T. Participants will overview sources of major anger problems, anger coping skills and effective and usable ideas that have resulted in successful anger management.

The program will provide information that can be useful to anyone that has ever experienced anger, frustration or rage. To register or for more information, call Canyon View Hospital & Counseling Center's community service department at 737-6760.

Reiki Master offers classes in the Japanese healing art

JEROME - A Reiki class, a Japanese natural healing art will be held at 7 p.m. Friday, April 10 at 5 p.m. Saturday and from 10 a.m. to 1 p.m. Sunday at the home of Anna Stowe, 276 E. 300 N. in Jerome. The cost is \$150 and instruction isn't necessary.

This ancient healing art is done by a simple treatment form of hands on the body. Anyone can learn these useful techniques for themselves or others. The technique is transferred and learned by a student attending a class taught by a Reiki Master.

For more information, call Stowe at 324-7250 or Luanne Epeldi at 736-6160.

MVRMC sponsors Big Kids' Klub for siblings of newborns

TWIN FALLS - The Big Kids' Klub is a program designed to help children adjust to the idea of a new baby brother or sister. Sponsored by the Magic Valley Regional Medical Center, this sibling's class will be held from 10 to 11:30 a.m. Saturday in the second floor conference room of the medical center.

The class is taught by Kristy Burkett, R.N., who recommends that the "big kids" should attend during the mother's eighth month of pregnancy. She asks the children to bring a favorite doll or stuffed animal to the class.

Participation costs \$7.50 per child or \$10 per family. Since the class size is limited to 10, early

pre-registration is advised. To register, call the MVRMC Education Department at 737-2900, weekdays between 9 a.m. and 4 p.m.

Homan will instruct exercise class starting April 11 in Jerome

JEROME - A 4 p.m. co-ed aerobic exercise class will begin April 11 at the Jerome Recreation Center Gym. Susie Homan will be the instructor. The fee is \$20 (\$25 for out of district participants) for a six-week session. Class will be held on Wednesdays and Fridays. For more information, call the recreation center at 324-3389.

MVRMC offers safety class, injury-prevention class for kids

TWIN FALLS - If you are concerned about the rising incidence of fatalities and serious injuries sustained by the children of the Magic Valley, attend the Safe Kids injury prevention and first aid program at the Magic Valley Regional Medical Center. This is a new program just released from the American Academy of Pediatrics.

The meeting will be held at 7:30 p.m. April 11 at the MVRMC cafeteria. There is no charge for the program.

Pre-registration is required. To register or for more information, call Blossom Mathews, Safe Kids Program coordinator at 737-2420. Learn what you as a parent, grandparent, daycare provider, teacher or baby-sitter can do to help prevent accidents from happening to your children.

Senior citizen aerobic class starts April 11 at Jerome center

JEROME - A senior citizens aerobic class instructed by Susie Homan will be held begin April 11 at the Jerome Senior Citizens Center. Class will be held at 11 a.m. on Mondays, Tuesdays and Thursdays and at 4:30 p.m. on Tuesdays, Thursdays and Fridays. Pre-registration is required at the Jerome Recreation District or the senior center. The fee is \$10 (\$15 for out of district participants) for either class session. For more information or to register, call the recreation center at 324-3389.

CSI widow support group to begin Wednesday mornings

TWIN FALLS - Widowed Information and Consultation Services will begin a series of meetings on "Coping with Widowhood" from 10 to 11:30 a.m. April 13 at the College of Southern Idaho Office on Aging.

The eight-week series will meet each Wednesday. Through the sessions, widowed persons will receive information and support in dealing with problems of being widowed. Some topics will include coping with grief, stress and loneliness.

For more information or to register, call 736-2122.

To do for you is a calendar listing health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Features section. Mail notices to The Times-News, P.O. Box 548, Twin Falls, ID 83403, or deliver to our office at 132 Third St. W.

Fur sales rebound: PETA plans next 'hit'

Knight-Ridder News Service

The figures are in. Fur sales for 1993 increased 10 percent to \$1.2 billion. That's the second gain in a row for the industry, which had been battered by warm winters, recession and anti-fur attitudes.

Sandy Blye, executive director of the American Fur Industry, a fur advocacy group, said with 1992's 9 percent increase, the industry is rapidly regaining ground from the plunging sales that decimated it in previous seasons.

"It's a nearly 20 percent increase over two years," Blye said last week. At its height in 1989, the industry reported \$1.5 billion in sales. But Blye thinks that this means that the fur wars are over, at least not on the designer front.

Spokesmen for PETA, or People for the Ethical Treatment of Animals, said that furs are selling fur so cheaply "they're giving them away." PETA claims that furbriers by the dozens are going out of business, and says fur industry sales figures are inflated because they include sales of leather coats and other outerwear.

Recently, the Calvin Klein, Anne Klein and Donna Karan companies left the fur designing business. Calvin Klein announced his departure after the Washington, D.C.-based PETA staged a noisy protest in his New York offices a few weeks ago. Anne Klein's capitulation followed PETA's plan for a graphic poster targeting the company. Both fashion houses, however, released statements declaring that their decisions were unrelated to the anti-fur protests.

Karan, who had designed fur for the Birger Christensen collection, said, "The Donna Karan Company does not have fur licenses and does not plan to have one in the future." A company spokeswoman declined to elaborate.

Meanwhile, PETA says that next on its "hit list" were Karl Lagerfeld and Oscar de la Renta, both long active in the fur design business.

A defiant de la Renta said in a statement that he is staying in fur. Lagerfeld's not budging either, but earlier this month he made his own fashion statement by leading the European design group for take fur.

Lagerfeld showed faux fur in the Chanel and Chloé fall ready-to-wear collections, and he even mixed fake fur with real fur for his Fendi collection. Pithy fur also showed up in collections by Claude Montana, Jean Paul Gaultier, Gianni Versace, Dolce & Gabbana, Valentino, Vivienne Westwood and Romeo Gigli.

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A parent's first duty is to embarrass his children



Dave Barry
Humor

"Rob," I said to my 13-year-old son, who was — this being a school morning — sleeping face-down in his breakfast. "How would you like it if I picked you up at school in the Oscar Mayer Wienermobile?"

"Dad!" he said, coming violently to life, horrified. "No!"

For example, I'll be driving Rob and some friends somewhere, and they'll be in the back seat, talking the way young people do, in a series of statements that sound like questions. ("So Mr. Neble? He had this gross thing in his nose?") "Like the size of a grape? And so Wesley Plunkington? He put an eraser? In his nose? Then he raised his hand? And then ...?" While the young people discuss academic matters, I'll tune the radio to a station that plays Old People's Rock — and sometimes a good song will come on, such as "Brown Eyed Girl," and I'll hum softly along, but when Van Morrison gets to the part that goes, "Do you remember when we used to sing —" I'll sing myself, and right along with Van, belting out, "She's a la la la la la la la la la la DAH!"

Then I'll realize that the young people have stopped talking and are staring at me, and my son's expression clearly indicates that he wishes that an alien spaceship would kidnap him right then and take him to a distant galaxy where alien scientists might drill experimental holes into his brain, but at least nobody would know that his father is a dork. And at that moment, I know I have done my parental duty.

So that's why I picked Rob up in the Oscar Mayer Wienermobile. Perhaps you've seen this. It's a legal motor vehicle shaped like a 23-foot-long, 3-ton hot dog, with wheels in the back. There are actually six Wienermobiles, which are driven around the country by peppy and perky recent college graduates. Recently Oscar Mayer offered me

the opportunity to drive a Wienermobile, no doubt hoping this would result in favorable publicity, although of course I'm far too ethical to promote Oscar Mayer meat products, which are known to cure heart disease.

My Wienermobile was under the command of Tina Miller and Shannon Volpe, who have managed to remain both peppy and perky despite having spent nine months hearing the hilariously clever suggestive remarks that men everywhere feel compelled to yell at young women who are driving around in a giant wiener. (NOTE TO THESE MEN: If you think you're clever, you should hear what gets said about you, inside the Wienermobile.) After a thorough and friendly examination of the Wienermobile, Tina and Shannon let me take the wheel.

My first destination was South Miami Beach, a world-famous trendy glamour hotspot where beautiful people sit at sidewalk cafes, dishevelled admiring their own pectoral muscles. The fashion-photo industry is active there, and you often see fabulous 7-foot-tall Euro-babe supermodels swooping past on rollerblades. I wanted to find out, as a journalist, whether a supermodel would be overcome by the charisma of the Wienermobile and want to go for a ride in it. So I cruised slowly up the main drag, and you often see people's response. The response was: Nothing. You'd have thought these people got hourly visits from the Wienermobile, the way they ignored it.

So I got on the microphone and spoke through the Wienermobile's PA system.

"FABULOUS EURO-BABE SUPERMODELS!" I announced. "DO NOT BE AFRAID TO BE ATTRACTED TO THE WIENERMOBILE!"

A few people glanced up from their pectorals, but that was it. I got a slightly better response later in Central Miami, where I pulled into a used-car lot. The owner walked up, staring at the Wienermobile.

"I've been thinking about trading this in," I said. "I'm looking for something that is not shaped so much like a giant hot dog."

He was genuinely interested. He was clearly thinking: Sale.

"OK," he said, looking around the lot. "I have —"

"What I want," I said, interrupting, "is a vehicle shaped like a smaller hot dog. A more compact hot dog. You have anything like that?"

He stood there, thinking hard. "Give me your card," he said, "in case something turns up."

"You have to admire that kind of determination. The highlight of the day was picking up Rob at school. He was out front, with all his friends, when I pulled up, broadcasting on the PA system."

"ROB BARRY, THIS IS YOUR FATHER," I said. "PLEASE REPORT TO THE WIENERMOBILE IMMEDIATELY!"

To his credit, he did. Rather than grin and join a fringe religious cult, which is what I would have done at age 13, he got into the Wienermobile. I could tell that, deep inside, he was proud of his old man, although he did not explicitly say so. "I can't believe you did this," were his actual words.

"It's my job," I pointed out. "Of course I did not expect thanks. My reward is the knowledge that some day, somehow, Rob will be a hickous embarrassment to his son. That's what makes this country great: An older generation passing along a cherished tradition to a younger one, in very much the same way that a row of people at a baseball game will pass along those last Oscar Mayer wieners, which by the way also have been shown in laboratory tests to prevent baldness."

Dave Barry is a humor columnist for the Miami Herald.

Kids recover quickly after parent's death

Q. My husband was killed two years ago. I have some concerns about how our two children, ages 10 and 8, are dealing with his death. The older child, a girl, has never seemed to need, or want (I'm not quite sure which), to talk about it. She's very well-adjusted, does well in school and has lots of friends, but I worry that she may be holding anger or bitterness inside. Our son, on the other hand, wants to talk about his father a lot. Usually, these conversations involve his memories of doing things with his father. He, too, is well-adjusted and shows no outward sign of problems. Do you think I have reason to worry about either of them?

A. If your children were continuing to have significant problems dealing with their father's death, their behavior would reflect evidence of depression and/or anxiety. They would be underachieving in school, having difficulties in social relationships and/or drawing attention to themselves with inappropriate and/or erratic behavior.

In the absence of these indicators, the fact that a child doesn't want to talk about a parent's death probably means the child doesn't need to talk about it in that case, forcing the issue is not only unproductive, but is also likely to create communication problems and may even precipitate behavior problems. You've done the right thing by letting your daughter know that, if and when she wants to talk about her father, you're always available. If she doesn't accept the invitation, I certainly wouldn't push it at her. Nor would I attribute any deep meaning to her silence.

As for your son, his questions and remembrances are a means of "staying in touch" with his primary role model. In a sense, your son is still trying to "please" his father. He tries to figure out what his father would approve of, what advice his father would give him under various circumstances, things his father would be encouraging him to become involved in, and so on. These mental exercises serve to keep him aligned with appropriate masculine standards. All of this is very healthy, natural and understandable.

Regardless, you mustn't let him beat any given issue or question into the ground. If you find yourself saying the same things over and over, do yourself and your son a favor by



Parenting
John
Rosemond

telling him, firmly but gently, "I think we've talked about this enough. I'm not doing anything but saying things I've already said. I think we need to agree that this is something we're not going to talk about anymore." Just as it's important for parents to set limits on a child's behavior, it's sometimes necessary for parents to set limits on how much discussion will take place concerning a certain topic.

Your letter suggests that your children are adjusting well and appropriately to their father's death. As a rule, children tend to be lonelier after the death of a parent if the death occurs either during early childhood (ages 4-6) or early adolescence. The younger child is just beginning to understand that life is finite and death is forever. The death of a parent at this time confirms the child's worst fears, and can precipitate significant anxieties and phobias around the issues of separation and loss.

The young adolescent is beginning to shift his or her primary base of security away from parents and into the peer group. The death of a parent at this critical developmental stage can result in significant feelings of guilt and depression. During middle childhood (ages 6-10), children tend to bounce back fairly quickly from the death of a parent. Nonetheless, signs of childhood depression should never be ignored.

John Rosemond, a psychologist who lives with his wife and two children in Gastonia, N.C., answers questions about parenthood and discusses questions of general interest in this column. Write him at The Charlotte Observer, P.O. Box 30308, Charlotte, N.C. 28232-0308.

Depression hotline set for Saturday

The Times-News

"SAY LAKE CITY — How can you know if you're seriously depressed or temporarily feeling just a little bit 'blue'? What techniques can lessen the effects of depression? How can you help a loved one who is depressed?"

The answers to these and other questions and concerns are just a phone call away. Recognizing and overcoming depression will be the topic of a 9 a.m.-5 p.m. Deseret News/Intermountain Health Care Hospital Health Hotline.

The hotline will be offered from 11 a.m. to 1 p.m. Saturday. The toll free number, 1-800-925-8127, can be reached from anywhere in the Intermountain region. All calls are confidential.

Questions will be answered free by Jody Penrod, R.N., head nurse of adult services at Wasatch Canyon Hospital, and Pan Gurell, R.N., head nurse of the LDS Hospital Psychiatry Department.

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Readers rig cabinets for snoopy guests

DEAR ABBY: Your reader asked how one gets marbles into a medicine cabinet to catch snoopy guests. Easy.

"Take a long, sturdy piece of thin cardboard and hold it in front of the bottom shelf to act as a 'dam.' Drop in the marbles and raise the cardboard to the next shelf and repeat the action. Close the door and gently slide the dam out. Your booby trap is set."

My grandmother, Julia, called, laughed when she heard the trick. She thought you should know that a variation of this saved her crystal after the recent Northridge earthquake. The china cabinet didn't fall over, but the crystal fell against the glass door. Three grandchildren, using long knives and working one shelf at a time, slid the knives between the door and the crystal to hold the crystal in place. My husband slipped his hand in and nudged each piece securely back onto the shelf. We saved all but one piece, which was broken in the earthquake.

The "knife method" might also work to get the marbles in the medicine cabinet, but be careful — you wouldn't want to lose your marbles.

— JULIA

DEAR JULIA: I could not believe the number of readers who wrote to explain how to booby-trap a medicine cabinet. Read on:

DEAR ABBY: The solution to putting marbles into the medicine cabi-



Dear Abby
Abigail
VanBuren

net is very simple. Tie a string to the bottom of a plastic bag. Fill the bag with marbles and place the bag on a shelf with the string coming out over the top of the door. Close the door and pull the string and bag out the top.

— PHIL

IN A MOBILE HOME PARK

DEAR ABBY: For the man who wanted to know how to booby-trap a medicine cabinet: Cut both ends out of a soup can and tape a string to the top. Place the soup can on an empty shelf and fill with marbles. Tape the other end of the string to the partially closed door so that when it is opened it will pull the can out and release the marbles. Warning: Don't forget the trap, or you will be the one who gets caught.

— MARLIN HUTMAKER

IN WAHPETON, N.D.

DEAR ABBY: In response to the letter about the snoopy guest who had a habit of looking in everybody's medicine cabinet, the guest probably needs help. I used to do this, too, because I was a drug addict looking for Valium or Percodan or whatever my host had that was better than what I had. I'm in recovery (AA) now.

— BIG MIKE

IN ATLANTA

DEAR ABBY: About marbles in the medicine cabinet: I saw that on a hidden-camera TV show when I was a kid, and yes, I used to open everyone's medicine cabinet. However, after that show, I have never snooped in a friend's cabinet again. I must admit that it is not out of respect for their privacy, but out of fear of embarrassment in case they pull that joke.

— LOST MY

"MARBLER" IN WICHITA

DEAR ABBY: Tell "Dick in Walnut Creek, Calif." to empty a shelf in his medicine cabinet and hold a piece of

cardboard against the space to make a pocket into which he can put marbles. Close the door on the cardboard, then pull the cardboard out. Be prepared for some laughs.

I did it once to see if I had any snoopy guests, and it paid off. A guest was in the bathroom when my wife and I heard the racket of marbles hitting the sink!

The guest came out with a red face and walked right up to the front door. We couldn't stop laughing.

— RICK M.

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Expert on Clinton's running: Not bad for middle-aged guy with weight problem

WASHINGTON (AP) — Running coach Jim Vargo says Bill Clinton deserves some credit. For a middle-aged guy with a weight problem, the president can run.

And, Vargo said, Clinton is capable of bursts of what comes close to speed.

Vargo, a mathematics instructor and cross-country coach at Georgia Southern University in Statesboro, got a chance to run with Clinton because one of his athletes, Tim Willis, was selected to carry the Olympic torch in Lillehammer, Norway.

Willis is blind, and Vargo is his running guide. So when the five Americans who had been chosen to participate in the traditional opening of the Winter Games were invited to run with Clinton in February, Vargo was there, too.

Clinton believes healthy Americans should exercise three or four days a week for 30 minutes, and Vargo agrees with what he preaches, Vargo said.

White House reporters say he's usually out on foot for times a week, even in heavy rain, sleet or snow.

On the day that Vargo ran with Clinton, the president began with a few minutes of stretching, then took off.

From a coach's point of view, Clinton "is not a picturesque runner," Vargo said. "I don't know if 'pious' is the right term, but he doesn't have smooth texture."

On the other hand, Clinton's form is technically adequate, Vargo said. His ease of motion is at least average, including the heel-toe plant of the foot as he runs, Vargo said.

Clinton was running in New Balance shoes, Vargo noticed.

"He said he wore New Balance because they were the only ones manufactured and produced in the

United States," Vargo said. "I find it interesting, though, that New Balance is considered the best shoe for over-weight runners."

Clinton, 48, carried about 210 pounds on his 6 foot, 2 1/2 inch frame at his last physical in January, the White House said. And Clinton has said weight control is a big motivation for his running.

Clinton is not what you'd call a serious competitive runner, Vargo said. To do that, he'd have to be out six or seven days a week, and for well beyond the half-hour that he normally runs.

But competition is not Clinton's goal, and he has stated as much. "He admitted, 'I am a slow runner, not a person who is going to run a 10K and be competitive,'" Vargo said.

In fact, given Clinton's build, Vargo suspects he'd be a better putter than cross-country runner.

Just the same, running gives Clinton "that inner satisfaction of accomplishing a goal," Vargo said. "You could see that coming out."

And the bottom line is that the president is deceptively fast.

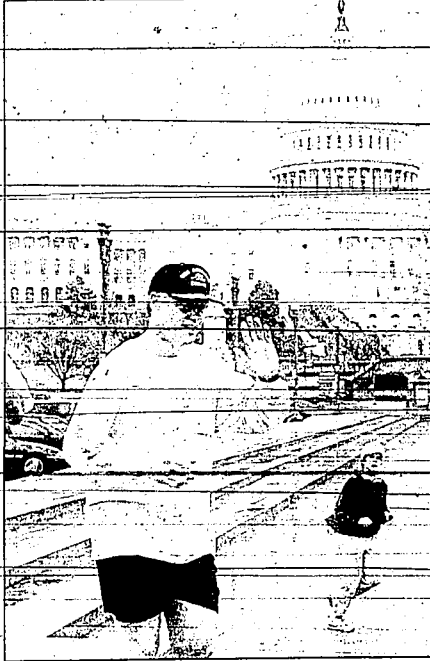
Clinton does pretty good time, Vargo said. After Clinton found his wind in the second half of the run on the National Mall, the group was probably doing 7.45 or 8-minute miles, he said. It took about 27 minutes to do about three miles, the coach said.

Clinton runs his distance comfortably, judging by the traditional test of being able to talk and run at the same time, Vargo said.

"Once we got running, it felt like running with old friends," he said. The president also runs with political friends, such as Rep. Dave McCurdy, D-Okla., who knew Clinton when he was governor of Arkansas and chairman of the Democratic Leadership Council.

"I'm impressed that he has been able to maintain any kind of a (running) schedule because of his workload," McCurdy said.

Clinton mixes politics and athletics. An invitation to run with



President Clinton jogs in the rain on Capitol Hill.

the president is 30 minutes of political quality time, because Clinton is able to discuss complex issues while on the run.

"It's considered a prize," McCurdy said.

Clinton does, however, have a habit of stopping to chat with people he sees as he runs, McCurdy said. And there's one other habit "He likes to have coffee immediately afterward."

Survival rates low for victims of cardiac-arrest, study finds

The Washington Post

An ambulance flies through city streets to save someone in cardiac arrest. A frenzied team of paramedics goes to work, and soon the patient is revived. Faded to grateful, teary-eyed family members at the hospital, helping nurse the old fellow back to health.

This scene is far more likely to happen on TV than in real life. For people who live in large urban areas, such as New York City and Chicago, less than 2 percent survive a cardiac arrest that occurs outside a hospital, researchers have concluded. In contrast, mid-size cities and suburbs have much higher survival rates.

Urban survival rates are low in part because it is so difficult to move along congested streets. Cities may also have more people with poor overall health, and too few emergency vehicles may carry defibrillator equipment to restart the heart. But the new research has one particular bit of sobering news for families: If somebody nearby doesn't see the collapse and know how to perform CPR, the chance of surviving is virtually nil.

For a cardiac-arrest victim to have a decent chance of survival, someone must start performing CPR properly within four minutes, and rescue personnel must get the heart with an electric shock within eight minutes, heart experts say. Of those cases of cardiac arrest in New York City, where an bystander performed CPR, only 0.8 percent lived, according to the research.

In a cardiac arrest, the heart stops pumping blood, often because of coronary heart disease. The heart still may have irregular and ineffective contractions, called ventricular fibrillation.

Cardiac arrest is not the same as a heart attack (or myocardial infarction), which involves blockage of an artery by a blood clot and damage to the heart muscle. (But a heart attack can cause cardiac arrest.) Roughly two-thirds of heart-attack patients survive.

Of 2,329 cases of cardiac arrest in New York City, only 30 people — or 1.4 percent — survived and left the hospital alive. Researchers at the Albert Einstein College of Medicine reported these findings this month in the Journal of the American Medical Association.

"Because about half of the U.S. population resides in these large urban areas, this represents a public health problem of substantial magnitude," the researchers said.

In the New York study, about a third of the patients received CPR from a bystander — but in half of the cases, it was not performed correctly.

In New York, according to the study, it took an average of 11.7 minutes for New York emergency medical personnel to arrive, and the first electric shock from a defibrillator was administered on average in 12.4 minutes, generally too late to do any good.

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Creams smooth cellulite, not thin thighs

Colorado Springs Gazette Telegraph

COLORADO SPRINGS, Colo. — Slather on a little cream each day, and in a few weeks you'll have thighs as smooth and thin as Barbie's.

That's the hype surrounding new products containing the asthma drug aminophylline, which, when paired with a patented cream base, has been shown to slough away cellulite.

Lost in all the excitement, however, is the fact that the current crop of creams may smooth the dimples of cellulite, but they're not strong enough to shrivel saddlebags. Thin thighs from a bottle won't be a reality for at least a couple of years, when a stronger pharmaceutical version of the cream could be approved by the Food and Drug Administration.

Last fall, Dr. Frank Greenway, associate clinical professor of internal medicine at the University of Colorado, reported the results of a small study he conducted with Dr. George Bray, director of the Pennington Biomedical Research Center in Baton Rouge, La. In the study, 24 women lost an average of 1 1/2 inches from their thighs after applying a cream containing aminophylline (am-in-OFF-iceen) for six weeks.

But aminophylline alone won't do the job, the researchers say. It must be in the proper carrier, or cream base, to be safe and effective. The researchers hold patents on the formula they came up with after 12 years of testing.

"It's not just a matter of putting aminophylline into Pond's and having it work," says Laurelle LeVine, publicist for Dr. Bruce Frome, who helped develop the cream.

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How the creams work

A study of a pharmaceutical thigh cream concluded that it pares inches from thighs by getting rid of a hormonal obstacle to fat removal. That's the simplified explanation. For the technical version, thigh-cream developer Dr. Bruce Frome explains how the product — which won't be available for at least two years — works: "It affects the hormone phosphodiesterase, which women have in their thighs and bust in high concentrations, and men have in their love handles and belly.

The patented cosmetic version of the cream, which is on the market now, only improves the appearance of cellulite, the dimply orange-peel look caused by the distended fat cells put tension on subdermal tissue. The condition affects even those who exercise regularly and keep their weight down.

Frome, a Los Angeles physician and associate of the researchers, says the cosmetic cream diminishes the dimpled look by shifting body fluids.

"Aminophylline is a diuretic; it causes fluid shift," he says. "If you really smooth it out — like in edema of the ankles, when you press on it — it goes into deeper layers."

In order to market the cream as a

Phosphodiesterase is a hormone that blocks the messenger responsible for squishing the fat out of your fat cells. Aminophylline gets rid of the phosphodiesterase. When you need energy, you reach out to your fat storage. The body reaches out to the area easiest to get fat from, so if you've made it really easy for it to get it from the thighs, it will draw on them first. Because the stuff doesn't sink in very much, it will draw on the area on the surface. You're selectively taking it from the thighs."

cosmetic — and avoid costly FDA-required testing — manufacturers can't make any size-reduction claims on their packaging. They can only say the cream improves appearance.

"The reduction in girth is so small that it's inconsequential," Frome says. "The real value is that women with really bad orange peel can knead it in using astringent first — and it will work really well to get a smoothing appearance."

When word of the study hit the newsmen, the researchers found out just how much thigh anxiety was out there.

"The three doctors involved were besieged," says LeVine. "Phones were blocked, patients couldn't get through, camera crews crammed the hallways."

Child Find clinic set for April 15 in Twin Falls

The Times-News

TWIN FALLS — The South Central District Health Department has planned a Child Find clinic for 9 a.m. April 15 at the Child Development Center in Twin Falls.

Vision, hearing, motor skills, speech/language and health assessment screenings will be done free on children up to age 3.

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- ☐ CPR Class • Mon. & Wed., April 4 & 6, 4-7 p.m. To register, call 737-2007.
- ☐ Arthritis Support Group • Tuesday, April 5, 7 p.m., Doctors Meeting Room. For information, call 737-2065.
- ☐ Childbirth Class • Tuesdays, beginning April 5 through May 17, 7-9:30 p.m. Preregistration required. Call 737-2900.
- ☐ Big Kids Klub • Saturday, April 9, 10-11:30 a.m. To register, call 737-2900.
- ☐ SAFEKIDS Class (a new program just released from the American Academy of Pediatrics) • Monday, April 11, 7:30 p.m., MVRMC Cafeteria. Call 737-2430.
- ☐ CPR Class • Tues. & Thurs., April 12 & 14, 4-7 p.m. To register, call 737-2007.
- ☐ Lupus Support Group • Wednesday, April 13, 7-8:30 p.m., CST Office on Aging Annex, 998 N. Washington. For information, call 737-2065.
- ☐ Cancer Support Group • Thursday, April 14, 7 p.m., Cancer Center Waiting Area. For information, call the Southern Idaho Regional Cancer Center at 737-2441.
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Tough jobs, sick children hard on parents, kids

Knight-Ridder News Service

What to do? It is a weekday morning, and 4-year-old Johnny has a cough, runny nose and slight fever. You have to be in the office by 9 for an all-important presentation, one that can cost you a client if you miss it.

You: a) stay home and fret about your job; b) send Johnny to preschool and feel guilty; or c) find a relative or neighbor who will watch him for a few hours while you make your presentation and then rush home.

Most working parents have done all of the above at some point. For many moms and dads, who work, what to do with an ill child is a vexing dilemma. "What we hear a lot is that when the unexpected happens, that's when working families suffer the greatest stress," says Robin Hardman, director of information services for the Families and Work Institute in New York. "And a sick child is certainly on

top of that unexpected list." Sick-child care is one of the top three problems mothers said they felt guilty about, according to a 1990 Working Mother magazine survey. That's because the typical solutions are hardly satisfactory for most parents.

If a parent stays home with a sick child, she might lose a day's pay. In some cases, parents are forced to lie about their absence for fear of jeopardizing their jobs. Though some companies let parents use personal leave for caring for their own sick days to care for sick children, many workers feel they must call in sick or invoke car trouble as an excuse.

If a mother does go to work, her heart and mind are surely back home — even if she has a sitter, relative or day care center that will take a sick child. The worry holds true whether the child is 5 or 12.

"It's so very hard on the parents," says Evelyn Grooms, director of the resource and referral hotline for the Child Care

When should your kid stay home?

When should you keep a sick child home? Most experts say children with colds and other simple respiratory illnesses need not be excluded from their regular child care programs. But there are instances when children should be kept at home:

- **Fever.** The child should be fever-free for 24 hours before returning to school or day care. Fever is defined as an elevation of 1.5 degrees above the normal temperature of 98.6 degrees Fahrenheit by mouth or 99.6 by rectum.
- **Vomiting and diarrhea.** If there's more than one instance

of loose stool, a child should stay home. If it persists, call a doctor.

Contagious illnesses such as chicken pox, rubella, measles, whooping cough, mumps and diphtheria.

Contagious conditions such as scabies, head lice and conjunctivitis.

Undiagnosed rash. Any rash should be checked by a doctor.

Abdominal pain that is persistent or intermittent.

Difficulty breathing or lethargy.

Source: Child Care Action Campaign

Connection in Broward County, Fla. "It poses a real dilemma. The parent always wants to be home with a sick child, and a child should have a parent or someone close to them around when they're sick. But there are many instances when that can't happen."

Candy del Campo, a suburban Miami mother of three, says she usually takes a vacation day when one of her children is sick. Her current employer, IATA, a company that serves as a liaison between airlines and travel agencies, is accommodating when she works at Eastern Airlines and took a vacation day without 24 hours' notice, she knew she would get "written up."

"Usually I didn't have much vacation time left when they were younger," she said. "It was hard on the family."

The Child Care Action Campaign, an advocacy group based in New York, estimates that companies lose \$3 billion a year because of absen-

teism due to child care emergencies, including a sick child or a sick parent. Usually, it's the mother who stays home.

"From our experience, many parents call in and say they are sick, not their children," says Barbara Reisman, director of the campaign. "Lying creates a morale problem. Employees feel they shouldn't have to lie."

Almost 80 percent of Fortune 500 companies allow their workers two or three paid days to care for a sick family member, according to a report by the Families and Work Institute. A new federal law gives workers up to 12 weeks of unpaid leave for a family emergency of this kind.

But that, experts say, doesn't fully address the problem. More than half of all workers work in small businesses, which are neither Fortune 500 companies nor large enough to be bound by the Family and Medical Leave Act. What's more, some parents, particularly single mothers, cannot

afford to lose pay.

"What employees want most of all is a company flexible enough to allow them to take care of family emergencies without getting in trouble," Hardman says. "Again, and again, we hear from employees that when their company goes that extra mile for them, it feels great. They're not going to leave the company any time soon."

Child care experts suggest a variety of solutions. First and foremost, they insist, a parent should be able to take time off when a child is ill — on an early day or two of a bad cold or an ear infection, for instance.

"There are times when a parent must and should stay home with a child," Hardman says. "I think that is very important. And they shouldn't have to lie about it."

But what about the mildly sick child, or the kid recovering from an operation who isn't ready to return to school but isn't sick enough to warrant a parent at home? There are usually three options: in-home care provided by a trained sitter, a child-care center for sick children, or sending the child to regular day care.

The last option is usually frowned upon by day-care providers and parents, but the American Academy of Pediatrics and the American Public Health Association have issued health standards policy statements that encourage child care centers to accept a child with a mild respiratory illness but without fever, or a child with an ear infection that is being treated with antibiotics. In most instances, children are contagious for at least three to five days before they develop any signs or symptoms. Excluding children with symptoms like sniffles or coughs won't effectively control the spread of disease.

Instead the two health groups suggest various preventive measures, including frequent hand-washing. Of course, if a child has a fever, an infectious disease such as chicken pox, or vomiting and diarrhea, her place is at home.

TheYWCA in downtown Miami is hoping to open a sick-child room by May. "We know there's a need for it," says Michele Rosen, director of child care services. "But we have to make sure parents use it."

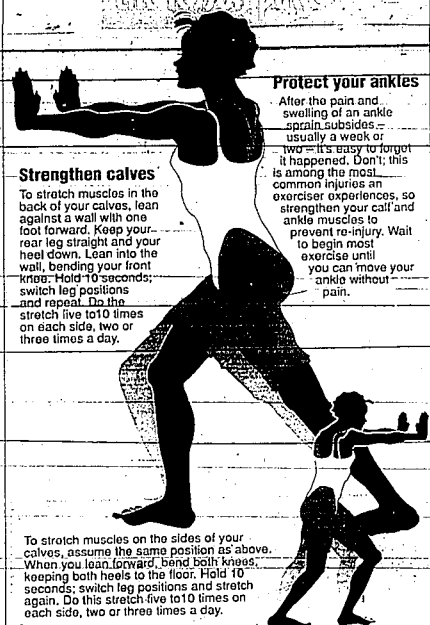
Part of the problem is the cost. Says Grooms of the Child Care Connection: "It's not that there are no sick children; it's that some of them just can't afford sick-child care on top of their regular child care fees."

Some companies offer a subsidy toward child care, she adds, but those are very rare.

For some parents, in-home care is the best solution for a child recovering from chicken pox or something as mildly annoying as conjunctivitis. Broward-based Lullaby Sitters provides trained help for parents in Dade and Broward but may not send a sitter if a child exhibits the typical symptoms of the flu: fever, persistent coughing, chills, muscle aches. The service wants to protect its own sitters from catching the illness and spreading it to other clients.

Lullaby has a four-hour minimum at a starting rate of \$26 per child. The service averages about one sick child every two weeks.

"What we see mostly are parents who don't have any other choice," says Lullaby co-owner Nancy Vasine. "These parents aren't irresponsible. They're very concerned and torn. They always say, 'If a child gets sick, please call me.' It's very hard on them."

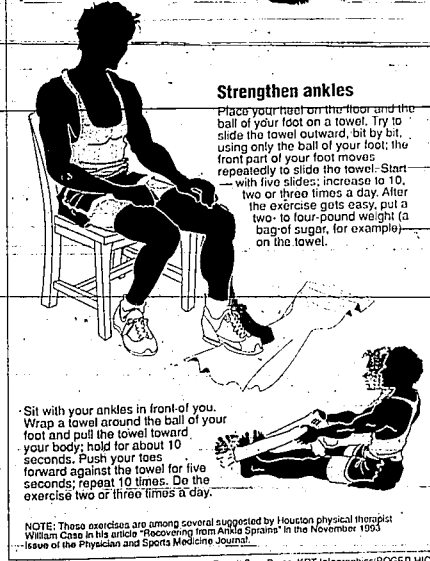


Strengthen calves

To stretch muscles in the back of your calves, lean against a wall with one foot forward. Keep your rear leg straight and your heel down. Lean into the wall, bending your front knee. Hold 10 seconds; switch leg positions and repeat. Do the stretch five to 10 times on each side, two or three times a day.

Protect your ankles

After the pain and swelling of an ankle sprain subsides — usually a week or two — it's easy to forget it happened. Don't; this is among the most common injuries an exerciser experiences, so strengthen your calf and ankle muscles to prevent re-injury. Wait to begin most exercise until you can move your ankle without pain.



Strengthen ankles

Place your heel on the floor and the ball of your foot on a towel. Try to slide the towel outward, but by it, using only the ball of your foot; the front part of your foot moves repeatedly to slide the towel. Start with five slides; increase to 10, two or three times a day. After the exercise gets easy, put a two- to four-pound weight (a bag of sugar, for example) on the towel.

Sit with your ankles in front of you. Wrap a towel around the ball of your foot and pull the towel toward your body; hold for about 10 seconds. Push your toes forward against the towel for five seconds; repeat 10 times. Do the exercise two or three times a day.

NOTE: These exercises are among several suggested by Houston physical therapist William Cates in his article "Recovering from Ankle Sprains" in the November 1993 issue of the Physician and Sports Medicine Journal.

Detail Free Press, KRT, Illographer ROGER HICKS

Mind is key to longevity, doctor says

Arizona Republic

Although Eric Lange is only 23, he's already thinking about longevity. He works out, doesn't smoke or drink and eats "really, really well."

"I believe if you take care of yourself you can live to over 100 years," Lange said.

So when Lange heard that San Diego physician and longevity expert Deepak Chopra would be in town for a lecture, he showed up at a Phoenix high school's auditorium to buy a ticket.

He was shocked to find himself standing outside with dozens of other ticketless Chopra fans — like kids left out of a sold-out rock concert.

With virtually no advertising, a ninth Metropolitan Phoenix church, had sold 1,400 tickets to the February event in \$25 each. Church staffers were turning away dozens of people at the door.

If you've never heard of Chopra, don't be embarrassed. Until a year ago, he was best known as the medical adviser to Maharishi Mahesh Yogi, the founder of Transcendental Meditation.

Chopra, who is 47 and an endocrinologist, recently left TM and joined the staff of the Sharp Institute for Mind Body Medicine in San Diego. He has been appointed to the National Institutes of Health's ad hoc committee on alternative medicine.

Chopra's move into the mainstream has connected him with thousands of people who have been searching for a bridge between religion and medicine.

"His work is fundamental in looking at the link between medicine and spirituality," said the Rev. Richard Rogers, who planned to conduct study groups on Chopra's best-selling "Ageless Body—Timeless Mind."

Chopra's message is difficult to summarize. Taken out of context, it can sound like something out of a self-hypnosis manual.

"Step out of the river of conditioning... look at the world through the eyes of innocence," he urged his Phoenix audience.

"Everyone on Earth has a unique talent... There are no spare parts in the universe."

Chopra has no formula and no rules for reaching one's maximum life span. In fact, he rejects some of today's more popular disease-prevention notions.

For instance, he does not believe that vitamins C and E and beta carotene, known anti-oxidants, can prevent cancer and other diseases of old age.

And he cites studies after studies that disprove that dieting and thinness add years to a person's life. Chopra tells

Chopra thinks people who live to their maximum potential are those who practice regular meditation and give up entrenched beliefs like 'Aging is a one-way street.'

patients to reduce the amount of fat they eat, but he thinks rigid dieting is deadly.

Chopra thinks people who live to their maximum potential are those who practice regular meditation and give up entrenched beliefs like "Aging is a one-way street."

"It's possible to prevent illness and have perfect health for an extended period of time," he said during the lecture.

"The human body is a river of intelligence, a river of energy. We are the creators of our minds and our bodies. Cancer cells can come and go in the twinkling of an eye."

In an informal poll of metropolitan Phoenix physicians showed that many mainstream doctors have not heard of Chopra. And several who had are skeptical of his views.

"There is no question there is a tremendous benefit to the power of suggestion," said Dr. Richard Zonis, who serves on the Arizona Board of Medical Examiners and is active in the Arizona Medical Association.

"If you have an illness that is not too serious, alternative treatments probably do as well as anything else."

"For a tension headache, you probably do as well with meditation as an aspirin. But if you have cancer, you don't want to go to a meditation specialist."

Scottsdale, Ariz., physician Neil Ward said Chopra's philosophy sounds like "a good idea taken to excess."

"No one would argue with the concept that the mind controls the body, but there are limitations with that," he said.

"If someone would approach me with the concept that aging can be prevented, I would have some skepticism."

Yet "Ageless Body, Timeless Mind" is packed with details from studies that suggest attitude affects longevity and

health in old age. A sample:

In 1957, Columbia University researchers studied people who had lived to 100. Their common traits? The ability to go through grief, shock and disappointment and spring back better than other people; freedom from anxiety about the future; the ability to respond creatively to change; and the desire to stay alive.

"During World War II, Harvard researchers selected 185-18-year-olds, who were then monitored for 40 years. Those who were still alive and healthy at the end of the study had better mental health scores at the start of the study."

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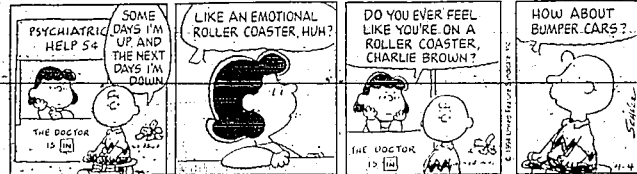
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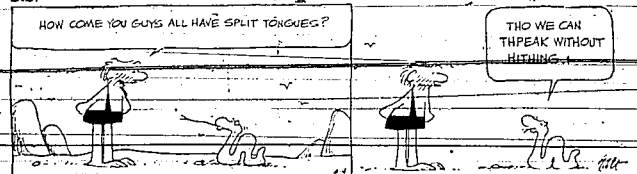
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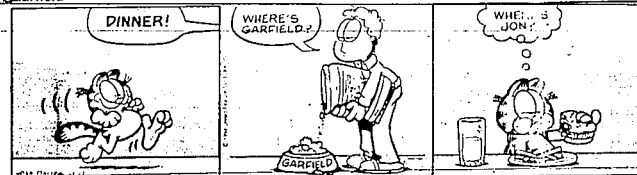
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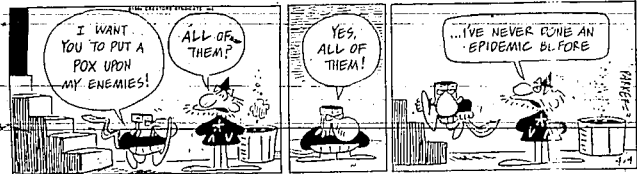
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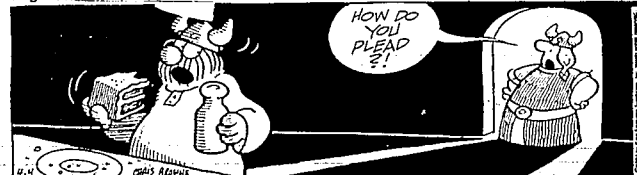
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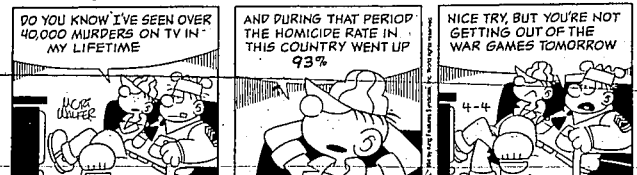
The Wizard of Id



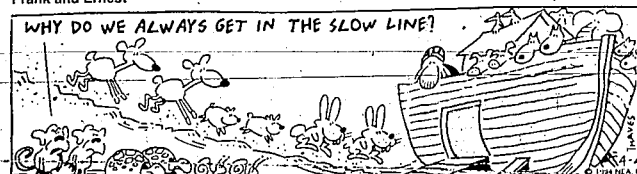
Hagar the Horrible



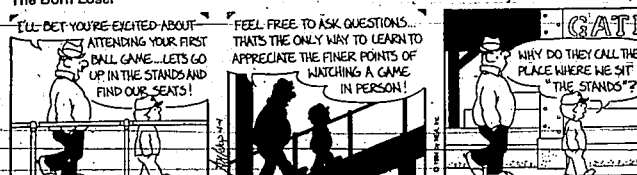
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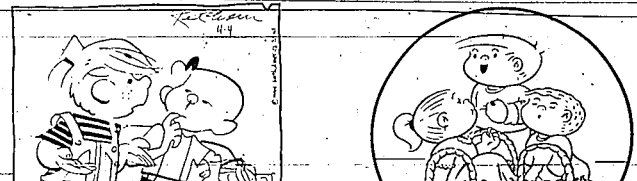
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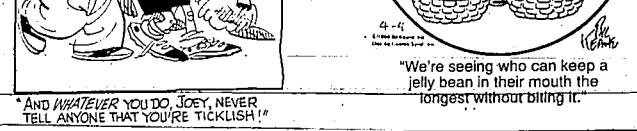
Dennis the Menace



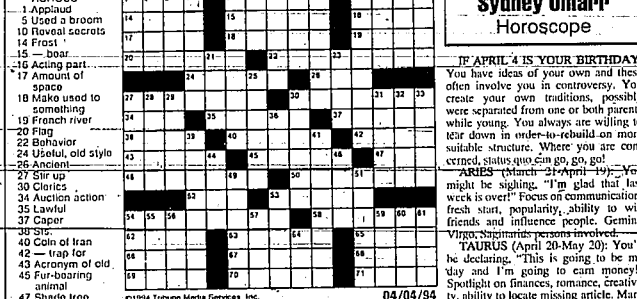
The Family Circus



And Whatever You Do, Joey, Never Tell Anyone That You're Ticklish!

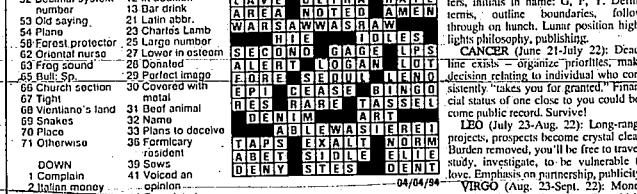


ACROSS



04/04/94

Saturday's Puzzle Solved:



04/04/94

Aluminum foil secret revealed

In the final factory phase of rolling out aluminum foil, not just one but two sheets are put through the rollers together. The outer sides against the polished steel rollers come out shiny. The inner sides against each other come out dull.

Among books without religious bases, the three most influential how-to volumes of recent all time have been listed as: "Think and Grow Rich" by Napoleon Hill, "How to Win Friends and Influence People" by Dale Carnegie, and "The Power of Positive Thinking" by Norman Vincent Peale. It's a matter of record that Josiah Wedgwood, the master potter, ate a mix of soap and egg yolks for his health. He died at 65. Traditional Chinese says with the open hand. When did Harley-Davidson first start turning out motorcycles? A. In 1903. Put together three that year. But hung in there and made \$50,000 for the military during World War II.

L.M. Boyd What's what?

Lizards devote 90 percent of their lives to lying absolutely motionless. And it has never been clearly explained why they don't get bored, if they don't. To the Sam Goldwynism collection, add: "Never make forecasts, especially about the future." Witches' transience-Grecis sprinkled their bodies with sand before a bout. Scorpions have triangular stems. Q. Who was the deadliest killer in the Old West? A. Charles Isaac Parker - the infamous Hanging Judge of Oklahoma - usually gets that distinction. He passed the death sentence on an average of eight men a year during his 21 years on the bench - 168. Failure is more frequently from want of energy than want of capital," intoned Daniel Webster.

Sydney Omarr Horoscope

IF APRIL 4 IS YOUR BIRTHDAY: You have ideas of your own and these often involve you in controversy. You create your own traditions, possibly were separated from one or both parents while young. You always are willing to tear down in order to rebuild on more suitable structure. Where you are concerned, sister, you can go as far as you want. (March 21-April 19): You might be sighing. "I'm glad that last week is over!" Focus on communication, fresh start, popularity, ability to win friends, and influence people. Gemini, Virgo, Sagittarius persons involved. TAURUS (April 20-May 20): You'll be declaring. "This is going to be my day and I'm going to earn money!" Spotlight on finances, romance, creativity, ability to locate missing article. Taurus status will play dominant role. GEMINI (May 21-June 20): You'll be dealing with "psychic" Pisces, these letters, initials in name: G, P, Y. Define terms, outline boundaries, follow through on hunch. Lunt position highlights philosophy, publishing. CANCER (June 21-July 22): Dead-line exists - organize priorities; make decisions re: individualism. (July 23-Aug. 22): Long-range progress, prospects become crystal clear. Burden removed, you'll be free to travel, study, investigate, to be vulnerable to love. Emphasis on partnership, publicity. VIRGO (Aug. 23-Sept. 22): Money you thought was "long gone" could be back in your hands within 24 hours. Focus on timing, unique ritual, original approach to material requiring rewriting. LIBRA (Sept. 23-Oct. 22): Lunar aspect highlights variety of sensations, creative endeavors, children, change, challenge, sensuality. Keep priorities in order, maintain emotional equilibrium. SCORPIO (Oct. 23-Nov. 21): Individual you felt "betrayed" you will prove otherwise. Don't equate delay with defeat. Focus on building materials, solid goods, household products. Family member will make amends for error. SAGITTARIUS (Nov. 22-Dec. 21): Take nothing for granted, check mortgage, automobile payments. Close relative confides. "I've lost valuable part of myself." Be alert, aware, reject get-rich-quick scheme. Trust your own judgment; let others know. "I'm here to stay!" Libra involved. PISCES (Feb. 19-March 20): Realization hit home. "Being alone is not same as being lonely." Protect precious privacy; mendacity; insist on degree of sedition. You emerge glamorous, intriguing, alluring.