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Times-News

Twin Falls, Idaho, one year, No. 108

Monday, April 8, 1994

50 cents

Good morning

Today's forecast:

Partly cloudy with highs near 80 and lows in the mid-40s. Winds variable 5-10 mph.

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Magic Valley

Tactical squad

It may not be Los Angeles, but special training helps police officers deal with ticklish situations in Idaho.

Page C1

Game farm

They look like tiny reindeer, but these Middle Eastern deer have found a new home north of Rupert.

Page C1

Dose records

A research company wants to hear from former and retired employees of the Idaho National Engineering Laboratory.

Page C1

Sports

Little dominates tourney

Twin Falls' Dave Little won Twin Falls Tennis Association Membership Tournament titles in three different divisions Sunday.

Page B1

Floyd hands Trevino title

Lee Trevino was the beneficiary in Sunday's final round of the PGA Seniors golf tournament.

Page B1

Features

The big hurt

You don't have to live with chronic, debilitating pain anymore.

Page D1

Brace yourself

Dental braces aren't just for the very young these days.

Page D1

Opinion

A fresh voice

A new columnist makes her debut. She's a Texas tornado named Molly Ivins.

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Business

The more they stay the same

When it comes to greed, not much has changed since the 1929 crash to modern Wall Street, says Judge Milton Pollack.

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Nation

Too many specialists

A lack of general practitioners has driven up the cost of health care.

Page A3

Earth Day news

Gaylord Nelson, age 72, the man who invented Earth Day, is still at it.

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World

New superpower

If four new nations join the European Union next year, they will help form a new economic superpower.

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Clinton stresses diplomatic solution

President reaffirms negotiations, not military action, in settling Bosnian conflict

Los Angeles Times

Gorazde falls - A5

WASHINGTON — As criticism of his Bosnia policy mounted Sunday, President Clinton insisted that diplomatic rather than military actions hold the key to defusing the renewed hostilities in the war-torn nation.

Speaking with reporters Sunday, Clinton said that U.N. officials in Bosnia-Herzegovina have concluded that further NATO air strikes would be ineffective against Bosnian Serb forces besieging the Muslim enclave of Gorazde, and he stressed once more his hope of finding "a negotiated agreement" to the civil war.

"We have a diplomatic role, and we are doing our best to fulfill it," Clinton said during a trip to Virginia and North Carolina.

But even as the president spoke, a senior official in the Bosnia government warned that any diplomatic agreement that left the Bosnian Serbs in control of conquered territory guaranteed continued hostilities.

"You have to reverse the results of 'ethnic cleansing' if you want a stable peace," Bosnian Vice President Ejup Ganic said on ABC's "This Week With David Brinkley."

That stark warning came as calls mounted for the United States and its North Atlantic Treaty Organization allies to take firmer military action in response to the Bosnian Serbs' attacks on Gorazde over the past week.

Clinton and NATO have struggled to deter the renewed Serbian attacks without widening Western participation in the civil war or provoking an open break with Russia, which has generally supported Serbia and resisted military action.

On Sunday, Clinton said the United States would respond to requests for additional military responses from U.N. com-

manders on the ground but said the principal goal was "getting these peace talks back on track."

The president said the administration had indicated a willingness to discuss with Russia the lifting of U.N. economic sanctions against Serbia as a way of stimulating the stalled peace talks but that the recent Bosnian Serb offensive has taken that option off the table.

Taken together, these statements suggest that the administration remains committed to holding the line on its policy of using the minimum amount of force necessary to spur negotiations.

Taking on trash trade

New recycling company owners accept some glass again, see growth

By Mick Normington
Times-News writer

TWIN FALLS — Growth in the Magic Valley means more garbage — and more garbage is why the owners of Western Recycling bought the American Recycling plant in Twin Falls a month ago.

"Growth is good for us," said Greg Darnell, the new plant manager. "We're just scratching the surface here."



Magic Valley Growth

The Twin Falls recycling plant is tucked away behind the La Casita Mexican Restaurant on South Park Avenue. The plant's name has been changed to Magic Valley Recycling.

Inside the plant, a housewife drops off a bag full of aluminum cans and a month's worth of newspapers. Behind her in a beat-up pickup is an old man dropping off aluminum siding.

"We get everybody from housewives to contractors to college students in here recycling," Darnell said. "We have very environmentally conscious people who don't want to be paid for it and there's others who want top dollar. It depends on their economic situation, too."

After dropping off their "goods" they continue driving through the plant and get paid a few dollars.

On an average day, some 30 to 40 people come by to drop off newspapers, telephone books, computer paper, regular white paper, lower grade waste paper, cardboard, various metals, and aluminum cans. Darnell can sell all these items to manufacturing companies. In fact, his trucks stop in Buhl, Gooding, Jerome, Burley and American Falls to pick up these items.

But Magic Valley Recycling also takes clear glass, plastic milk jugs, and other kinds of plastics used in consumer containers.

"There's no market for this stuff now but it's better than throwing it in the landfill where it may never break down," he said while holding a 2-liter Pepsi bottle.

"We basically break even on this stuff," Darnell said.

Most of the products come from local companies who are learning that getting rid of their trash is getting more expensive.

Darnell said a local furniture store manager told him that his landfill fees had gone from \$100 a month to \$400 in the last year. And businesses are worried about what the future of trash will be.

Twin Falls County because the county government still doesn't have a landfill that meets federal law.

So Darnell's business is growing.

Outside the plant is a flat-bed tractor trailer loaded with bales of cardboard from Albertson's grocery store along with Target and ShopKo retail stores. In-

Please see RECYCLING/A2



Mitch Brooks of Magic Valley Recycling levels a pile of aluminum cans which will be fed to their baling machine before being shipped out. Above, Greg Darnell, plant manager, says profits in recycling come from dealing in large volumes.

Idaho drops in healthy living ranks

The Associated Press

LAWRENCE, Kan. — People worried about their health should head to Minnesota and avoid President Clinton's home state of Arkansas at all costs, says a company that publishes state statistics.

The "Health Care State Rankings 1994" rated Minnesota as the best state to live in and Arkansas at the bottom of the heap.

Idaho fell from a second-place ranking in 1993 to a tie with Colorado for 13th this year.

"If Minnesota ever offers courses in health care, Arkansas may want to attend," said Scott Morgan, president of Morgan Quino, the Lawrence-based publisher of state statistics.

Following Minnesota were Vermont, New Hampshire, Nebraska and Hawaii. Last year's winner, Utah, fell to sixth. Filling out the rest of the bottom five, ahead of Arkansas, were Delaware, Missouri, a tie between Florida and Louisiana.

The second annual rankings are based on 23 statistical factors of health chosen by the editors of "Health Care State Rankings 1994," a 320-page annual reference book that compares the states in 472 health care categories.

The award considers factors that reflect the overall health of a state's citizens as well as their access to health care.

Factors included the percent of adults who smoke or are overweight, the death rate by AIDS, the infant mortality rate and the percent of drivers who wear seat belts. Positive factors included the number of community hospitals and the percentage of children entering kindergarten who were fully immunized.

IMF sides with some U.S. officials in aid to Russia

The Associated Press

WASHINGTON — The International Monetary Fund, in a surprising turnabout, is likely to approve a \$1.5 billion loan to Russia this week that could open the way for billions of dollars of responses to Western assistance to begin flowing to President Boris Yeltsin's government.

IMF officials said that the loan proposal, which has already been endorsed by IMF Managing Director Michel Camdessus, is on the agenda for consideration by the agency's executive board Wednesday.

Officials, who spoke on condition of anonymity, said that barring any last-minute snags, it should win approval. The IMF loan will represent a vote of confidence by the agency in Russia's latest plan to get control of its economy.

It also represents a key hurdle Yeltsin's government had to clear in order to tap into even more substantial amounts of aid in the form of debt relief from Western creditors and project loans from the IMF's sister agency, the World Bank.

The IMF action would represent a surprise.

Please see RUSSIA/A2

The possibilities of Ralph Ellison and 'Invisible Man'

The Associated Press

NEW YORK — Now that Ralph Ellison is gone, his second novel still only a manuscript, he is in danger of being remembered by one or two unfortunate labels. He was a "black" writer, a chronicler of the "black experience." He was a one-shot novelist, another Margaret Mitchell or Harper Lee.

Nonsense. Ellison's book may have been written and narrated by a black man, but it

was influenced by everyone from Twain to Dostoevsky and it was addressed to all races. As far as completing just "one" novel, you could write a hundred books in the time it takes to exhaust the possibilities of "Invisible Man."

"What he really wanted was to get a sense of the pulse of things in America," recalled John Callahan, an old friend of Ellison's and the dean of arts and humanities at Lewis & Clark College in Portland, Ore.

"Whatever else he is, Ellison would

say, the true American is black. At the same time, he felt all Americans were white. Ellison just felt things were mixed."

Ellison died Saturday at age 80, a number of factors holding up that second work of fiction. A manuscript was destroyed in a fire. Friends spoke of his impossibly high standards. The author himself said the assassinations of the 1960s, which seemed to mirror the worst nightmares of his novel, "really chilled me — slowed down the writing."

"Invisible Man" published in 1952, follows a nameless man's journey from campus life in the South to political activism in the North. Nothing works out at college he's alienated both from students and faculty; at a factory job, he's alienated both from management and labor; in New York, he winds up underground, hunted by both whites and blacks.

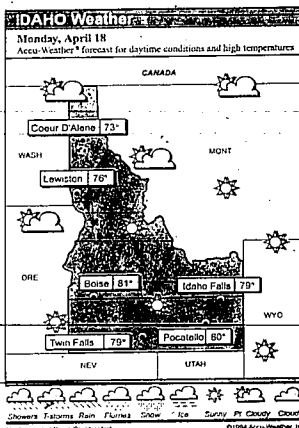
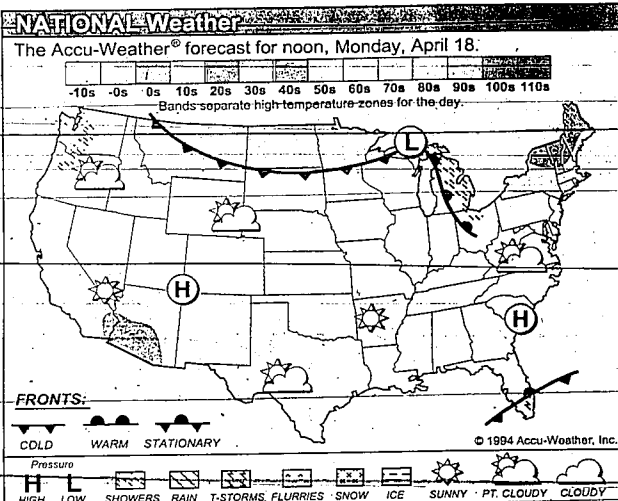
There is a double meaning to Ellison's withholding of the narrator's

Please see ELLISON/A2



Ellison

Weather



Temperatures		Twin Falls	
Albuquerque	83 53	Spokane	78 51
Atlanta	80 50	Washington	71 49
Boston	56 48		
Dallas	80 49		
Denver	79 46		
Des Moines	77 39		
Detroit	60 40		
Honolulu	81 64		
Houston	76 51		
Indianapolis	66 45		
Kansas City	85 48		
Las Vegas	89 67		
Los Angeles	83 59		
Miami	84 52		
Milwaukee	68 43		
Minneapolis	68 40		
New Orleans	78 63		
New York	64 40		
Oakland	80 47		
Omaha	89 40		
Phoenix	97 71		
Pittsburgh	60 44		
Portland, Ore.	72 50		
Reno	81 55		
St. Louis	75 48		
Salt Lake City	80 47		
San Francisco	68 54		
Seattle	71 47		

Weather summary

Skies went partly to mostly sunny over most of Idaho Sunday afternoon with some embedded thicker clouds creating overcast conditions. Similar weather patterns were forecast for the next few days.

Temperatures around the state ranged from the low 70s in the central mountains to the low 80s in the southern valleys. Other locations were in the 70s. The cold spot was 69 degrees in Salmon while the warm spots were Boise and Burley at 82 degrees. Pocatello hit 82 degrees shortly before 2 p.m., which broke the previous record high for this date set in 1936.

No precipitation was reported. Winds were generally light throughout the state during the afternoon.

The highest temperature in the state Sunday was 93 degrees at Hagerman. Stanley reported the lowest at 23 degrees.

Elsewhere in the nation Sunday, the highest temperature was 103 degrees at Gila Bend and Stanley reported the lowest temperature at 23 degrees.

Visible planets

Morning: Jupiter, Mercury, Mars, Saturn

Evening: Venus

Rain falls in Northeast, winds buffet Ohio Valley

The Associated Press

Showers fell along parts of the East Coast on Sunday, while clear skies covered most of the rest of the nation and strong winds buffeted the Ohio Valley.

The rain stretched from Maryland into New England, where higher elevations even got a bit of snow. A few thunderstorms hit Florida.

In Maine, rain swelled already brimming rivers; Eastport got more than half an inch in six hours.

In Fort Fairfield, Maine, near the Canadian border, chunks of ice 3 feet thick littered yards. Residents were cleaning up after the Aroostook River sent 6 feet of water flowing down Main Street on Saturday.

Elsewhere, strong winds swept across the Ohio Valley, gusting to 52 mph in Du Bois, Pa., and 38 mph in Akron, Ohio.

Clear skies covered much of the rest of the country. In Wisconsin, residents enjoyed a display of the Northern Lights.

A large ridge of high pressure over the Rocky Mountains produced unusually warm weather across much of the central and western parts of the country.

Overnight lows in the Southwest deserts and along the Gulf Coast dropped only into the 60s with a few lower 70s.

Elsewhere, 40s and 50s were common in the Pacific Northwest, the Plains, the Ohio and Tennessee valleys and the Northeast. The Great Lakes and northern New England cooled into the 30s.

The low in the lower 48 states Sunday was 23 at Winter Park, Colo.

Airmen, officials mourn victims

The Washington Post

ADANA, Turkey — The home air base for U.S. planes flying over northern Iraq held a memorial service Sunday for the 26 people killed Thursday when U.S. jets accidentally destroyed two U.S. helicopters over Iraq.

Turks here expressed a mix of anger and sorrow over the incident, in which three Turkish officers died along with American, British, French and Iraqi Kurdish passengers. The service at Incirlik Air Base was closed to journalists. But civilians there said by telephone that the accident had cast a pall of disbelief over the community of 5,000 Americans.

"There's a great deal of sadness," said Don Torrey, principal of the base's U.S. high school. "This morning the chaplain gave a very sorrowful prayer for the victims, for the people at the base, for the people who were part of it, and for the investigating team."

"People are at a loss as to how it could possibly happen," said David Weaver, director of the elementary school. "Didn't they (the helicopters) have U.S. markings? It's just absolutely mind-boggling that it could happen."

Among Turks in the neighboring city of Adana, "everyone is sad and mad," said a man, Yildren, who declined to give his last name. "Americans have such high technology, it's hard to believe that you can make that kind of mistake."

The widow of the senior Turkish officer killed Thursday, Col. Hikmet Alp, was quoted by the Turkish daily Hurriyet as saying a widow and two U.S. government officials were among the five found to have been in the incident, the Associated Press reported. This is the second time in two years that Turkish soldiers have died from a U.S. military blunder. In October 1992, the U.S. Navy's aircraft carrier USS Saratoga fired two missiles into a Turkish destroyer, killing five and nearly sinking the ship.

Authorities arrest paramilitary types

Los Angeles Times

LOS ANGELES — They first popped up more than two months ago, these men dressed in camouflage who built military-style encampments in California's national forests.

They built a long-slit trench at one site, and an underground bunker made of wood, large enough to hold both men and equipment, at another.

They carried guns as well — pistols and shotguns and assault rifles — though none was illegal.

But law enforcement officers who ran into them in the forests said their answers to questions didn't seem quite right, and once they passed themselves off as federal agents for something called the U.S. Enforcement Agency, which, as best anyone can tell, is not a government entity.

(Though there were no confrontations with hikers or locals, there was one reported death threat against a sheriff's deputy who got too snoopy.

Then investigators found out about that some of them had used aliases in the past, and that at least one had a criminal record. They decided there was more to this than a bunch of paramilitary fanatics from the city believing it was to be that as well.

So, over the weekend, federal agents — real federal agents — made raids throughout the Los Angeles area and arrested six men. A seventh was still at large Sunday afternoon.

Russia

Continued from A1

prising turn of events since the leading architects of Russia's reform resigned their Cabinet posts suddenly in January. They had charged that the opponents of economic reform had gained the upper hand following elections for a new parliament in which ultranationalists had made a strong showing.

Their departure prompted widespread hand-wringing in the West and dire warnings that Russia's economy, already in chaos, would spiral further out of control.

Vice President Al Gore and others in the Clinton administration openly criticized the IMF for being too tough in demanding that Russia rein in its economy. But the IMF got critical backing from Treasury Secretary Lloyd Bentsen. His view ultimately prevailed that Western aid would be wasted unless Russia got its economy under control by following IMF guidelines.

Camdessus reached agreement with Yeltsin's government last month on a package of proposals aimed at cutting inflation, which soared by 950 percent last year, to 7 percent a month and restraining the government's budget deficit.

Ellison

Continued from A1

name. He is saying the narrator is nobody, a member of no class or organization, unidentified and unidentifiable. He is also saying the narrator could be anybody, not the "invisible man, but an" invisible man."

"So my task was one of revealing the human universals hidden within the plight of one who was black and American," Ellison later observed, "and not only as a means of conveying my personal vision of possibility, but as a way of dealing with the sheer rhetorical challenge involved in the articulating across our barriers of race and religion, class, color and region."

Ellison was best known for the one novel, but read the two non-fiction books he would later publish, "Going to the Territory" and "Shadow and Act," and you'll appreciate the greatness of his ambition, his expectations for himself and his fellow writers.

He was unhappy with what he considered the failure of his contemporaries to address society at large, calling it a betrayal of "Huckleberry Finn," "Uncle Remus" and other seminal American novels. Like city dwellers fleeing for the suburbs, au-

thors were retreating to the safe, settled territory of "private experience."

"The phrases are neatly done, there is a great economy of means ... and tightness of structure, great texture and facile sensibility," he wrote in 1957. "Despite their skill, however, these novels are not widely read, and Ellison looks here for the turbulence of what he feels around him would be better satisfied by a set of comic books."

At the time of his death, Ellison was nearly finished with the next novel, Callahan said. It is the story of a white kid, Ellison becomes the voice of a black religious show and later grows up to become a segregationist politician and is the target of an assassination attempt.

"I had a long phone conversation with him a month ago," Callahan recalled. "We talked about the novel. He was chuckling about it and it seemed to be going well. He talked about how the characters kept coming and going."

"This novel was very different from 'Invisible Man.' I think of this novel as 'Huckleberry Finn' and 'Uncle Remus.' It was about American politics, American religion, American culture."

Recycling

Continued from A1

stead of having to pay to throw that cardboard away, Magic Valley Recycling picks it up and pays the stores \$15 to \$20 a ton.

Darnell gets twice that price when he ships the bales of cardboard to Georgia Pacific and Weyerhaeuser plants in Oregon and Montana. Recycled cardboard price have gone up in recent years.

But maintaining the Twin Falls plant, its \$500,000 crushing machine, and trucks costs into those revenues so his profit margins are low. He had to cut staff by half to five when he bought the plant from Hamilton Manufacturing and Distributing to cut expenses, Darnell said.

Profits must come from dealing in large volumes. And Darnell said he's hoping for higher volumes from more people coming to the Magic Valley and more of them recycling.

"Part of this is financial, but it's also cleaning up the city, county and state," he said.

Magic Valley Recycling wants to expand its operations across 30th-century Idaho and promote recycling, Darnell said.

The company is promoting Earth Day, which is April 22, by giving gifts and food to kids who bring in recycled goods. The company will have similar promotions for Johnny Horizon Day on May 7.

Darnell said he's also encouraged by the near-by Old Town Redevelopment projects to bring more businesses and residents to downtown and the South Park areas. That would mean more garbage he can sell.

The recycling business is new for the easygoing Darnell, who graduated from college with a degree in business administration and a master's degree in psychology. He was a social worker in California supervising a foster parents program and other psychologists.

"So I have supervisory experience and my brother-in-law runs the business," Darnell said referring to Dave Darnell, who runs four other recycling centers in Idaho.

And in California he saw recycling become a mandated big business as the state tried to stop the growth of its landfills.

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Circulation

Allen Wilson, circulation director

Circulation phone lines are open between 7 and 10 a.m. only. If you do not receive your paper by 7 a.m., call the number for your area:

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Butte-Castellford 543-4648

File-Rossman-Hollister 536-5375

Twin Falls and all other areas 733-0931

News

Clark Walworth, managing editor

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Peter York, advertising director

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The Times-News

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Press 7

Medical specialization drives up health-care costs

WASHINGTON (AP) — For Dr. Daniel K. Onion, who trains family doctors in Maine, finding people to teach isn't easy. Nationwide, specialists such as heart surgeons and gastroenterologists far outnumber general practitioners.

Onion recently told the Senate Finance Committee.

In the past 50 years, as medical knowledge and technology have grown exponentially, so have the number of medical specialties and sub-specialties. Medical students have been lured into these narrow fields by the promise of better pay, greater prestige and the chance to be in on medical breakthroughs.

Health reformers see increased reliance on the services of general practitioners — and the preventive care they provide — as a key to controlling costs.

But while specialization has brought medical advances, it also has been partly to blame for the soaring costs of medical care as patients seek more and more advanced care, often at exorbitant rates.

Health reformers see increased reliance on the services of general practitioners — and the preventive care they provide — as a key to controlling costs. The catch is there aren't enough of them to go around.

It's a problem President Clinton has said he wants to cure with national health reform.

In 1945, 20 percent of all American doctors were specialists and 80 percent were in general practice. Today, 70 percent are specialists, and only 30 percent in general practice, according to the Association of American Medical Colleges.

Ask Onion what's wrong with that and he tells a scary story.

A few years ago, when he took his children skiing, he was called to the scene of an accident on the slopes. A man was lying unconscious in the snow, surrounded by a group of worried-looking people.

"What's going on?" and they said, "We're physicians."

We're trying to figure out what's going on," Onion recalls.

"And I watched for a minute and they weren't even doing CPR... and I said, 'We've got to do something.'"

Onion got the man breathing more regularly while the other doctors watched. Why? Two were orthopedic surgeons, one was a urologist, and another was a general internist at a Connecticut teaching hospital who

said he wasn't comfortable with CPR; usually the residents did it. They were all too specialized to remember much about basic care. "That mix of providers... I think is reflective of the specialty mix in this country," Onion told the Finance Committee.

Onion is director of the Maine Dartmouth Family Practice Residency in Augusta, which has graduated more than 100 family practitioners since it began in 1973.

But Maine's family doctors are quickly being "sucked out," he said, recruited by health maintenance organizations eager to keep medical prices down by focusing on basic care.

Medical schools are not responding fast enough to the changing demand for general practitioners.

"The markets for medical care and the markets for medical education have been disconnected for years and they need to be redirected or reconnected in some way," Onion said.

Clinton's Health Security Act would try to shift the balance of family doctors by regulating the number of specialty residency slots across the country and providing incentives for those who provide primary care.

Onion thinks that's a good idea. But not all doctors and health professionals are so sure. Once a regulation is in place, they say, it's hard to get rid of, and it may be that 20 years from now there will be a shortage of specialists and not too many general practitioners.

Couple admits dumping baby's body, lying about it

New York Daily News

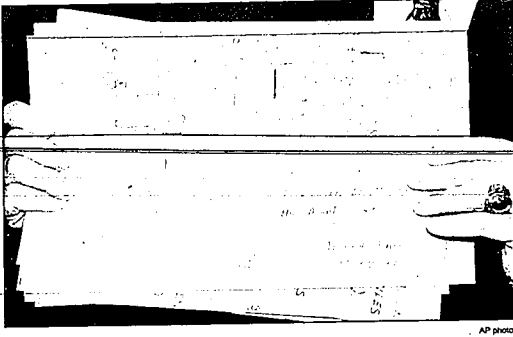
NEW YORK — A Canadian couple dumped their infant daughter into a ditch in Quebec, then came to New York looking for an alibi.

Hoping that the big city with the bad reputation would swallow their dirty little secret, Joseph and Helene Bales told police their 10-week-old daughter, Mujuet, had disappeared into the woods of Central Park.

But after hours of intense questioning, the mother broke into tears Sunday morning and confessed to covering up little Mujuet's death 10 days ago, police said.

Now the Canadian couple — whom authorities said has a previous history of child abuse — is facing murder charges back home. Police said the couple finally gave them this account: Helene Bales and her husband got scared when they discovered the baby dead in her crib on April 8. They wrapped the infant in three plastic bags, stuffed her in a knapsack and abandoned her on a wooded roadside 120 miles from their home in the small town of St. Roman.

On Friday, they rented a car and drove with their 4-year-old daughter, Priscille, straight to Central Park, where Joseph Bales concocted the tale of a tourist family's afternoon gone awry. They even tried to fool their older



Joseph and Helene Bales of St. Roman, Quebec drew this map of where they dumped their baby's body after finding her dead in her crib.

daughter, bringing along a doll and telling her it was her infant sister. But the couple waited 20 hours before

telling a security guard Saturday at the Museum of Natural History that Mujuet was lost in Central Park.

Police — immediately suspicious of the story because of the delay and other inconsistencies — launched a massive hunt through the park as they tried to question the couple and their daughter.

The couple claimed they couldn't speak English — until one officer asked if anybody wanted ice cream, and Priscille cried out, "Me!"

As she watched her daughter foil the plot, Helene Bales erupted into tears and confessed to the covering.

Police faxed a copy of a map drawn by the parents to Canadian authorities — who made the gruesome discovery of the dead infant an hour later.

Canadian authorities took away an adopted child from the couple last September after the child was found suffocating in a car with the windows tightly shut. The child's body allegedly had marks from previous abuse.

The Baleses planned to adopt six more children and build a schoolhouse inside their home, 20 miles north of the Vermont border, their neighbor told the Daily News.

On April 7, the father asked the neighbor, Marie-Michelle St. John, if she would take care of Mujuet for a few days.

St. John refused, and two days later her husband said the family laid their belongings into a truck and move to Ontario.

Assault ban measure said to lack support

WASHINGTON (AP) — Supporters of a ban on assault weapons are 15 to 20 votes short in the House of Representatives, a key congressman said Sunday.

In the latest head count by House Democratic leaders, a bill banning assault-style weapons such as Uzis and AR-15s is in jeopardy.

The prospect of a major disagreement between the House and Senate on anti-crime legislation.

"I find it very surprising with all the mayhem going on in the streets," Rep. Charles Schumer, D-N.Y., said in an interview Sunday. "The House voted against an assault weapons ban two years ago, but a lot has changed since then."

Schumer is chairman of the House Judiciary subcommittee on crime and leading sponsor of the assault weapons ban.

The Senate last fall passed a \$22 billion crime bill that included the weapons ban. The House version, scheduled for continued debate this week, has no ban.

Differences between House and Senate bills are common. But if the disagreement packs enough political weight, it can sink an entire bill.

Schumer said aggressive lobbying by the National Rifle Association is behind the soft support for the assault weapons ban in the House.

Poll results indicate minimal effect of Whitewater on Clinton

Boston Globe

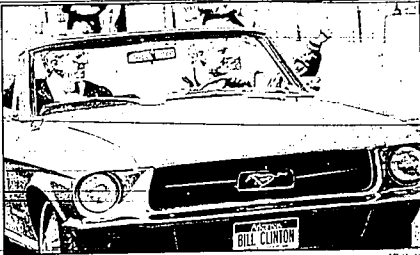
WASHINGTON — Around the White House in recent weeks, there has often been more talk about the New Hampshire primary than Whitewater. The reason: At a time when some critics have been writing off Clinton's presidency, his aides are studying polls and predicting that this is just another ride in the roller coaster driven by the Cornbeach Kid.

To many observers, President Clinton's handling of the Whitewater controversy and the revelation of Hillary Rodham Clinton's trading in cattle futures are only the latest proof of the political danger facing the president. From the subtle of deputy counsel Vincent Foster to the resignation of several top aides, Clinton sometimes seems bedeviled and his White House riddled.

But while Washington focuses so much attention on Whitewater, polls show that Clinton is doing better at this stage than many presidents, including Ronald Reagan. Just last week, in a California survey that brought shouts of glee at the White House, Clinton got his highest rating since his inauguration.

I don't think Clinton has really been hurt by Whitewater," said David Moore, the managing editor of the Gallup Poll. "I don't think Whitewater has translated into general dissatisfaction with his presidency."

Depending on which poll is read, Clinton in the last week has scored as high as a 59 percent approval rating — not bad for a president pummeled by Whitewater critics and elected with only 43 percent of the vote. The only president in the last 20 years to have a better rating at this



President Clinton helps draw attention to the first national convention of the Mustang Club of America Sunday in Concord, N.C. Here he drives through pit row at the Charlotte Motor Speedway.

point was George Bush. Clinton defeated Bush just two years after Bush hit his phenomenal all-time-high 91-percent approval mark.

White House officials hope Clinton has benefited from the recent second-guessing among the news media about Whitewater coverage. It remains to be seen how Clinton is affected by last week's foreign policy crises, including the bombing by U.S. warplanes of Serbian positions and the accidental downing of U.S. helicopters in Iraq.

The same polls showing support for Clinton reveal many danger signs. Kevin Phillips, a moderate GOP analyst, said Clinton is in dire trouble, with further weakening to be expected among women, Southern Baptists and populist-leaning voters. Like many analysts, Phillips said the latest polls

include widespread evidence that much of Clinton's support is fickle. In a theoretical 1996 matchup with an unnamed Republican, Clinton would lose by a 50 percent to 43 percent vote, a Gallup poll found last month.

"I don't think he has defused Whitewater at all," Phillips said, asserting that Clinton's moral authority has been severely damaged by the continual revelations about his personal and financial dealings.

Opinion Strategies said that while Bush did not stir strong feelings either positively or negatively among many voters, Americans have intense views of Clinton. This has led his supporters to rally around him in recent weeks and has prompted his critics to write off his presidency.

Waco survivors gather

WACO, Texas (AP) — Branch Davidians who survived the fire that destroyed their compound last year gathered with supporters Sunday to tell their story and mourn for those who died.

About 200 people attended the one-day outdoor event held 100 yards from what was once the cult's sprawling complex called Mount Carmel. They were joined by vendors hawking videos, T-shirts, hats, books and other items.

Speakers blamed the federal government for the deaths of cult leader David Koresh and 78 of his followers in the fire on April 19, 1993. The blaze ended a 51-day standoff between the Davidians and federal agents.

"They murdered those people. The government came in here and burned them to death," said a crying John Borgman, a supporter who knew nothing of the cult until the siege began on Feb. 28, 1993.

The fire began after FBI armored vehicles pumped tear gas into the compound. The government has said the Davidians set the fire and that those who died chose to remain inside the burning compound.

The survivors adamantly deny such claims.

Several Koresh followers, including at least two who escaped from the fire, told their story to an overwhelmingly pro-Davidian crowd.

"This is the first time I've been back out at this place since I left on the 19th," said survivor Clive Dwyer. "I'm kind of numb... I miss it."

"Basically, we're trying to keep this alive in the minds of America," he said, explaining why the survivors and their supporters held the event.

Survivors have maintained that the federal Bureau of Alcohol, Tobacco and Firearms unlawfully attacked the compound and that those inside were

only trying to protect themselves when they fired back, killing four agents and wounding several others.

In recognition of NATIONAL SECRETARIES WEEK, Express Personnel Services (Twin Falls and Burley) is holding a drawing for:

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Marilyn Monroe's half-sister recalls famed actress

NEW YORK (AP) — Marilyn Monroe and Bernice Miracle shared the same funny-looking middle toe, the same mother and just a handful of memories.

The half-sisters exchanged letters for years, but didn't meet until 1944, when Monroe was 18 and Miracle 25.

They met again only a few more times, and Miracle regrets that.

"I guess if I had it to do over again, I would probably have gone more often," she says in Life magazine's May issue.

The first time they got together, they laughed when they discovered that they both had extra-long middle toes, and that Miracle's daughter inherited the trait.

PROFILES IN SURVIVAL

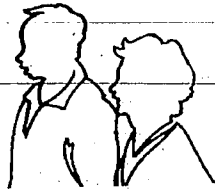
Wednesday, April 20 — 8 p.m.

An American Cancer Society program slated to air on CBS featuring local cancer survivors and progress in cancer treatment.

Sponsored by Magic Valley Regional Medical Center, the Southern Idaho Regional Cancer Center, and KMYT-TV.



Magic Valley Regional Medical Center



Nation

Earth Day founder prepares for 24th celebration

WASHINGTON (AP) — Gaylord Nelson hasn't ripped apart a telephone book in years. He did his final one-act push-up on his 72nd birthday. But still he gamely shoulders the weight of the world, in using Atlas in reading glasses.

It's his calling, to save the planet. More than two decades after he invented Earth Day, more than a dozen years after he was nudged off his environmental soapbox in the Senate, Nelson is still at it.

"Over the years, it became a greater and greater preoccupation," he says. "The more I learned, the more I realized what it was — the most important challenge that faces mankind."

As a counselor to the non-profit Wilderness Society, he still helps promote each April 22 as Earth Day. He's planning a big blowout to mark the event's 25th anniversary next year.

But Nelson, 77, is increasingly looking farther into the future. And he doesn't like what he sees: a world with too many people and too little food, water, clean air and living room. An overpopulation horror story.

"I don't think most people understand where we're headed," Nelson says. "It's his mission to tell them."

In speeches after speech at colleges and conferences, Nelson decries mankind's "war against the planet." The world's population has doubled since the 1950s, he notes. And it's growing even faster, eating up the earth's resources.

"If you don't do anything about it, nature will," he tells listeners. "That will be a lot harsher."

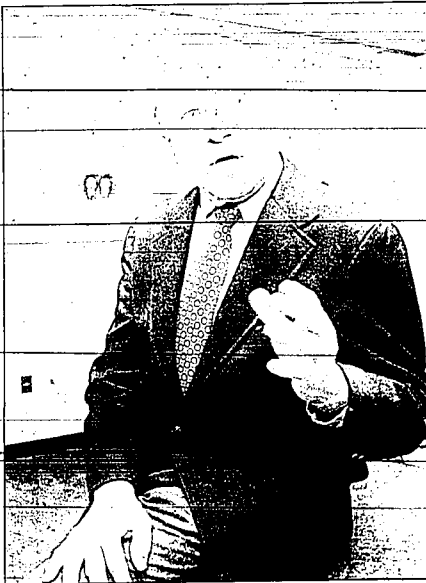
The fire-and-brimstone warnings are tempered by Nelson's easygoing style; he shifts his solid frame slowly, more like a cowboy than a doomsday prophet.

In the Senate, Nelson had a reputation for folksy anecdotes and cocky party stunts, like rapping up a Milwaukee phone book (here's a trick to it) or doing one-arm push-ups (a feat of balance plus strength).

"Behind his humor and behind the sort of rough-cut, down-to-earth manner, there was always a vision of sober conviction," said former Sen. George McGovern, who asked Nelson to be his running mate on the Democratic presidential ticket in 1972. Nelson was not interested.

He continued to represent Wisconsin in the Senate until he was narrowly defeated in 1980 by Robert W. Kasten Jr., one of a raft of Republicans swept into office with Ronald Reagan.

Nelson took it in stride. It was about



Former Wisconsin Sen. Gaylord Nelson continues his environmental battle as a counselor to the non-profit Wilderness Society and promoter of Earth Day this Friday.

time anyway, he says, to leave politics and work full time for the environment. He joined The Wilderness Society.

Now when he thinks back over his years in politics, the quickening drumbeat of human population seems to drown out everything else. He hardly noticed it while working to preserve Lake Superior's Apostle Islands or the

Appalachian Trail. But it was, always, building in the background.

When Nelson was born in 1916, the world population was roughly 1.8 billion, about 100 million people lived in the United States.

Some 700 of them made up his hometown of Clear Lake, Wis. At the end of Main Street, kids splashed through cattails in a marsh flush with birds and turtles and muskrats.

Young Nelson — everybody called him "Happy" — learned to love the outdoors "by osmosis."

He learned frugality from his father, a country doctor who conserved paper by writing his patient prescriptions on the backs of drug advertisements.

He learned politics at the family dinner table, where talk often turned admiringly to Robert La Follette Jr. and his Progressive Party.

When Nelson was drafted into the Army in 1942, the world population had topped 2 billion; the United States was at almost 135 million.

Nelson met his wife, a military nurse, at Okinawa. He came home to Wisconsin, practiced law, then began 32 years in public office, the first 10 of

The Nelson file

NAME — Gaylord Anton Nelson

AGE-BIRTH DATE — 77; June 4, 1916.

EDUCATION — San Jose (Calif.) State College, 1939; University of Wisconsin Law School, 1942.

EXPERIENCE — Served in Army in World War II, 1942-45. Practiced law in Madison, Wis., 1946-50. Wisconsin state senator, 1949-58; governor, 1958-62; U.S. senator, 1963-1981. Founder of Earth Day. Counselor to The Wilderness Society, 1981 to present.

FAMILY — Wife, Carrie Lee. Children, Gaylord, Cynthia, Jeffrey. Two grandchildren.

QUOTE — "The idea of Earth Day was to try to force this issue of the environment onto the national agenda. Presidents weren't talking about the issue, governors, Congress, the press, they weren't paying any attention."

— Nelson said in a recent interview.

announced his idea at a speech in Seattle in September 1969, and it "took off like gangbusters."

On that first Earth Day, New York's Fifth Avenue was closed and tens of thousands of people filled the street. Congress was adjourned so members could spend at least one day on the nation.

At least 2,000 colleges marked the day. An estimated 10 million public school children took part.

"It was something people were ready for and it kind of happened spontaneously," said Susan Flader, professor of environmental history at the University of Missouri-Columbia. "It welled up from below, and the politicians realized this was a movement that couldn't be ignored."

Today politicians must at least pay lip service to the environment. Newspapers have environmental reporters. Businesses brag about their "green" products. Grade schools teach about pollution and recycling. And Earth Day is an international event.

— As Nelson celebrates the 24th Earth Day, the world has grown to 5.6 billion people. The United States has topped 258 million.

— Nelson believes the United States, and then the world, must develop "conservation ethic" that will make long-term protection of the environment a reality.

He is encouraged that President Clinton has appointed a commission on sustainable development. And population control will be the subject of a major international conference this September in Cairo.

— He notes the United Nations' projection that the world population could top 10 billion by the year 2050, before the growth begins to slow.

That's five times the population at Nelson's birth. And twice the current world population.

— But he notes the country with twice as many people? Nelson asks.

— Are New York, Chicago, Washington D.C., Detroit, Los Angeles better cities now than they were when they were half that size?

— The answer is no.

— "Will it be a better world with twice as many people? NO."

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City wants to trash housing eyesore

MANKATO, Minn. (AP) — It's a trailer park in the sky, a testament to bad taste.

Valley View Apartments, also known as Tornado Towers, has been considered a municipal embarrassment since it was built in 1972: 20 mobile homes stacked on a concrete form four stories of low-rent housing.

"If you were to walk down the street and ask people what they think is the ugliest building in town, I'm sure this (Valley View) would be at the top of the list," said Larry Forsythe, director of planning and development services for Mankato.

But Tornado Towers — a name derived from the popular superstition that twisters invariably make a landing for mobile homes — has become more than the city's most unloved eyesore.

It's the focal point of a dispute between city officials, who

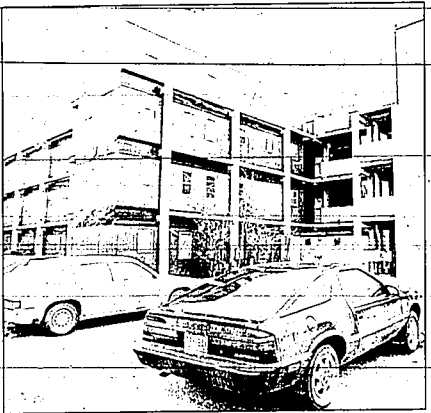
want to buy the place for \$160,000 and tear it down, and city residents, who think the price tag is too high.

The building's promoters once hailed the idea as "a whole new concept in community living." Rent is only \$260, and 19 of the 20 units are occupied.

The assessed value of the property is about \$124,000. Critics, including the Mankato Free Press, say the city should condemn the building as blight rather than pay an extra \$36,000 for it.

But Forsythe said that could take years and may require the city to pay relocation money to the residents. Besides, he said, the city's purchase offer reflects the income generated by the complex, not its assessed value.

"We didn't do a cost comparison," he said, "because how do you make a comparison with something like this?"



Valley View Apartments has been called the ugliest building in Mankato, Minn. It consists of 20 mobile homes stacked on a concrete frame to form four stories of low-rent housing.

Stowaway sent home to Columbia

PHILADELPHIA (AP) — The lone survivor among four Colombians who sought to enter the United States by stowing away in a sealed cargo box of coffee beans was sent back home Sunday.

Leonardo Romero-Rincon, 27, boarded a flight to Colombia at New York's Kennedy International Airport, said Lucille Lane, spokeswoman for Cross American Transport Inc., which chartered the ship on which the men stowed away.

Dock workers heard Romero-Rincon knocking on the shipping container Thursday while they unloaded the Sea Wind.

Immigration and Naturalization Service officials found Romero-Rincon alive and the three other men dead of asphyxiation and dehydration.

The four had packed five days worth of cheese, crackers and water, expecting the ship to dock in Florida. But the ship sailed for Philadelphia and the voyage lasted nine days.

Romero-Rincon said he survived by drinking his own urine and filling an air hole in the side of the container. He was treated at Northeastern Hospital.

Historian finds dramatic, emotional stories in dusty court files on slavery

GREENSBORO, N.C. (AP) — Historian Loren Schweninger finds moving tales of courage, love and inhumanity when he pores over dusty court files detailing the days of slavery.

"The drama in these documents is unbelievable," said Schweninger, who has copied more than 12,500 legal records from nine Southern states since 1991.

"You learn about divorce, brutality, violence, interracial sex, beatings, runaway slaves and so much more."

One of his favorite stories is that of Hannah, an elderly slave from Bourbon County, Kentucky, who was sold at auction as part of an estate settlement.

A lawyer's document said the highest bid was 50 cents — "She could be sold for no more owing to her age and decrepitude."

Schweninger, a specialist on Southern history at the University of North Carolina at Greensboro, said it's hard not to be affected by such a tale.

"What could she have been thinking?" he said. "What must have gone through her mind when it hit her that she didn't even bring a whole dollar on the auction block?"

Schweninger's research project is

titled: "Race, Slavery and Free Blacks: Petitions to Southern Legislatures and County Courts, 1775-1866." He hopes to complete the project next year.

His research is being funded by grants from the National Historical

Publications and Records Commission.

Petitions are court documents that request some specific action, such as freeing a slave or granting a divorce. Schweninger is focusing on petitions that involve slaves or free blacks.

"These records are virgin material," he said. "When I break the string or untie the ribbon that binds them, I'm the first person to look at it since as far back as the early 1800s."

Schweninger has found remarkable stories told by the slaves or their owners.

He recalled the tale of Dr. Jack, a slave from Tennessee who was said

to possess great ability to heal with roots and herbs. His owner's petition asked that he be allowed to travel through a six-county area to work his medicine.

"The testimonials were amazing," said Schweninger. "One man said that the finest doctors in the county and state failed to heal his wife. Dr. Jack gave her roots and herbs and three days later she was better. A week later she was out of bed."

Then there's the story of Antoinette, a free black who came from Cuba to Virginia in 1792. He fell in love with a slave but was forbidden to marry her.

When her owner took the woman to Indiana, Antoinette agreed to be an indentured slave for 7½ years, after which his companion would be freed.

But the owner reneged on the deal and sold the woman to a man from New Orleans.

Antoinette was able to nullify the sale but his loved one was on the way back to Virginia.

"There are so many poignant stories like this in these documents," Schweninger said. "I read about mothers buying their own children and free blacks buying their wives."

Key bank fraud figure joins bank in Chicago

ATLANTA (AP) — A woman who helped illegally finance billions of dollars in weapons for Iraq, then escaped prosecution by agreeing never to work in banking again, is now a bank officer in Chicago.

The Atlanta Journal-Constitution reported Sunday.

Mela Maggi was part of a massive bank fraud scheme when she worked in the late 1980s for the Atlanta branch of Banca Nazionale del Lavoro, a state-owned Italian bank, prosecutors said.

Ms. Maggi, an assistant vice president, regularly borrowed \$50 million or more a day from about 150 banks around the world to finance food, machinery and weapons exports to Iraq, according to prosecutors.

The loans helped Saddam Hussein build up his military arsenal in the years before the Gulf War.

Ms. Maggi and her co-workers hid her borrowings from federal regulators and BNL's headquarters in Rome, prosecutors said.

Prosecutors agreed not to press charges against Ms. Maggi after she promised to explain the scheme and build a case against her former co-workers.

Her 1989 immunity agreement also prohibited her from ever working in banking.

But in October 1990, she took a job

as an assistant vice president in Bank of America's corporate lending office in Chicago, said company spokesman Bob Wynne.

Neither the Justice Department, which prosecuted the case, nor the Federal Reserve Bank, which oversees banking, blocked Ms. Maggi's return to the industry.

Ms. Maggi declined comment. So did her Atlanta attorney, Michael Abbot.

Wynne said Ms. Maggi told him last week that the provision barring her from banking was waived in late 1989. According to Wynne, Ms. Maggi said officials with the U.S. Attorney's office in Atlanta allowed her to resume her career.

But federal officials would not confirm that the provision was waived.

Acting U.S. Attorney Kent Alexander, who helped prosecute Ms. Maggi's co-workers in 1990 and 1991, said he had recused himself from the case.

He referred questions to First Assistant U.S. Attorney Gentryn Brill. Ms. Brill, the former senior prosecutor in the BNL case, declined to comment.

John Russell, a spokesman for the Justice Department in Washington, said "whether she could work at a bank ... was ultimately a Fed decision."

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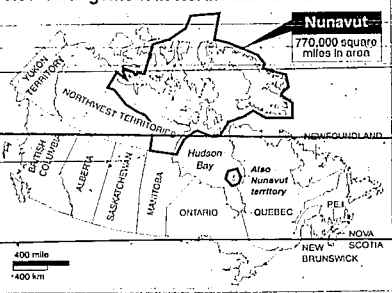
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New arrangement in Northwest Territories



Canada seeks new Northwest divisions

YELLOWKNIFE, Northwest Territories (AP) — Imagine a land five times the size of Texas with not enough people to fill the Cotton Bowl. That's the Northwest Territories.

After 20 years of negotiation to split the rocky, arctic landscape of boreal forest and tundra to create a home for Canada's Eskimos in the eastern two-thirds, and that was the easy part. Now, Canada has just five years to figure out what to do with the rest.

Eighty percent of the 21,000 people in what will be Nunavut after the split in 1999 are Eskimos, or Inuit as they prefer to be called. They have not won formal self-government, but will have it in practical effect because of their majority.

In the left-over territory to the west, home to fewer than 38,000 people, aboriginal people are in a slight minority and half a dozen main Indian groups have varying political aspirations.

It is a wild land of frozen oceans, rivers and lakes, of musk oxen, wolves and polar bears; of hardy native people; of tough nonnative men and women drawn by the land's harshness and beauty.

Many are anxious for new development. But before that, the question of who controls the land and resources must be settled.

"It's a far more complicated process than was the case with Nunavut," said John Berg of the Department of Indian Affairs and Northern Development. "You've got several native organizations as opposed to one; members of the Legislative Assembly to worry about; municipalities, women's groups."

At first, it looked easier in the west. The Dene and Metis of the Mackenzie Valley in the western arctic spent a decade negotiating a joint land claim for most of the native groups. Agreement was reached with the federal government in 1990 and a deal initiated, only to fall apart three months later.

Each Indian group then decided to go it on its own. Some have made separate settlements—Others are negotiating, and still others say they have 19th century treaty rights and need to negotiate.

"If they want to set up a territorial government, fine, take it with you, do it without us," said Bill Erasmus, leader of the Dene Nation, an umbrella organization that negotiated the original deal. "Let them run their own government. We're quite prepared to run our own."

Jonas Sangris, chief of the

Yellowknife Dene band, said the federal government has no political say on land that is the tribe's by treaty terms, "as long as the rivers flow and the grass grows."

Our forefathers signed that," he said. "I'm not about to break it."

The Dugrib Indians north of Great Slave Lake, on the other hand, are eager to work out a land-claim and self-government deal with the government, then cash in on mineral exploration in the region, including a diamond rush.

Henry Zoe, a Dugrib member of the Legislative Assembly, said prices are low and his people realize the traditional activities of hunting and trapping are on the wane.

"They are looking more toward a wage economy," he said. They realize they have to change with the times. But at the same time, they have to balance it with traditional ways.

There are two issues: land rights and self-government. Ottawa has agreed in principle to self-government, but neither the aboriginal groups nor the feds seem clear on what that means.

"The reality right now is that there is a feeling among the aboriginal people that the status quo is not acceptable," said Michael Ballantyne, head of the territorial Legislative Assembly's steering committee for constitutional development.

His committee hopes to have a constitution by 1995-96. It has worked out draft principles that say the charter will "accommodate to the maximum extent possible existing aboriginal and treaty rights, including modern treaties and aboriginal peoples' inherent right of self-government."

Ottawa has monitored the constitutional debates between the Northwest Territories and the new western territory, as yet unnamed, will have to be ready with a government of its own.

Ottawa has monitored the constitutional debates between the Northwest Territories and the new western territory, as yet unnamed, will have to be ready with a government of its own.

One thing is sure: Dividing the Northwest Territories is a daunting task. A study released last year estimated the additional costs of setting up a new government at \$800 million.

"We have to insure that there are adequate resources for Nunavut and the new western territory," said John Todd, the territorial minister of economic development and transportation. "It's convoluted and very complicated."

Simon contends that Fay is unfit to handle the punishment, which breaks the skin and leaves permanent scars. Because of Fay's condition, he could suffer extreme psychological consequences, Simon said.

Defense attorney R. Palakrishnan submitted two psychiatric reports at the youth's trial in March showing that he suffers from the condition. Lawyers have until Wednesday to file an appeal for clemency with President Ong Tien Cheong. A fast decision is expected.

Bosnian Serb tanks enter Gorazde

Los Angeles Times

SARAJEVO, Bosnia — Bosnian Serb tanks thundered into the rapidly collapsing city of Gorazde Sunday, just hours after U.N. officials had proclaimed victory in negotiating a cease-fire with the rebels.

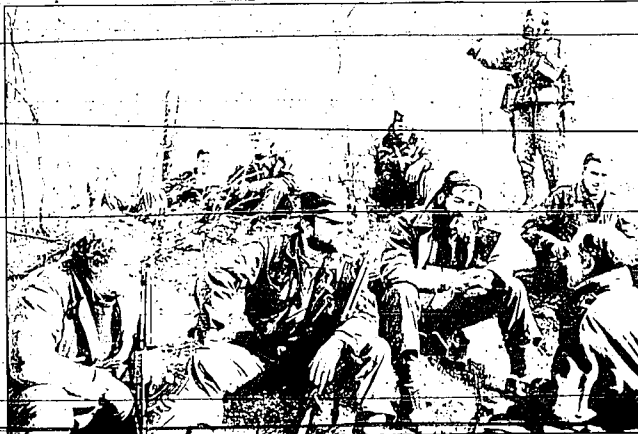
Triggering mass panic in the largest government-held enclave in eastern Bosnia, the Serbian invasion pressed on despite a call by the U.N. Protection Force for more air strikes against Serbian heavy weaponry firing on the city designated a military exclusion zone extending 1.8 miles from the center of the besieged city.

One report stated that 21 people had been killed and at least 55 wounded by Serbs in attacks that intensified in the afternoon and evening in Gorazde. The casualty report could not be independently confirmed.

The civilian chief of the U.N. mission, Yasushi Akashi of Japan, had announced shortly before the Serbian tanks rolled into Gorazde that he had won a cease-fire agreement that would allow deployment of 350 U.N. troops to the region and compel the Serbs to withdraw from a military exclusion zone.

The rapid deployment force of French, Ukrainian, British, Egyptian and Scandinavian troops had been sent to Gorazde, 35 miles east of Sarajevo, but was dispersed after it became clear that the cease-fire was being ignored.

Sunday's events followed a familiar pattern drawn by Serbian rebels over the past two years of war. Political leader Radovan Karadzic strikes a conciliatory pose in negotiations while his hard-line military chief, Gen. Ratko



A group of Bosnian Serb soldiers take a break along the front line overlooking Gorazde.

Madlic, carries on with aggressive actions on the ground.

Over the past week, Serbian gunmen have shot down a British Sea Harrier on a low flyover above Gorazde, taken more than 200 U.N. troops hostage, laid mines around weapons-containment sites and threatened peacekeeping operations in the capital.

Gorazde's fall, which U.N. military

officials now concede could be imminent, would deal a crushing blow to the credibility of the U.N. mission here — as well as Western policy on the Balkans.

The U.N. force's inability to halt the deadly assault on Gorazde also appeared to be encouraging Western leaders to look for an escape route from the volatile conflict as it

seemed poised to escalate out of control.

Akashi had conceded a day earlier that it would be meaningless to continue operations in Bosnia unless the Serbian rebels abandoned their strategy of aggression and conquest.

U.S. officials also seem to have sided with those who believe nothing can be done here but retreat.

Japan coalition agrees to agree

TOKYO (AP) — Former Foreign Minister Ichiro Watanabe said Sunday he would leave Japan's former ruling party to seek support within the current government coalition in a bid to become prime minister.

The move by Watanabe, leader of the third-largest faction within the Liberal Democratic Party, could complicate the coalition's efforts to unite behind a candidate and prolong Japan's political paralysis.

The seven-party coalition had come close to splitting over policies, personalities and procedures after Prime Minister Morihiro Hosokawa's surprise announcement April 8 that he was stepping down over questions about his personal finances.

But after weekend meetings, the coalition was reported close to working out its disputes and formally choosing

Tsutomu Hata, the current foreign minister, as its candidate — which would make him the likely winner when Parliament chooses the next prime minister.

It was to meet again Monday. Some groups within the faction were known to lean toward Watanabe, 70, because of his experience in government. Most recently, he had served as foreign minister from October 1991 until ill health forced him to step down in April 1993. A few months later, the scandal-plagued Liberal Democrats lost their 38-year majority in Parliament's more powerful lower house in national elections. A coalition led by Hosokawa took over in August.

Watanabe had strongly hinted previously at his availability to serve as prime minister, apparently hoping for strong support within his own party,

now the major opposition force.

But on Sunday he said: "Since I need support from many people (to become prime minister), it is naturally that I will leave the LDP."

He did not say when he would officially take the step. Yohko Kono, the party president and himself a prime ministerial hopeful, said Sunday night that when he met with Watanabe last Friday, "we promised to meet again. So I plan to see him. Until that time, we also pledged that we should not make any decisive action or announcement so that I hope he will keep the promise."

Hata, while declining to comment on his own position in the complex struggle, hinted that cooperation with Watanabe might be possible.

"I respect his determination," Hata said. "He is fit to be a leader."



Michio Watanabe seeks prime minister backing

European Union unsure of enlargement plans

BRUSSELS, Belgium (AP) — The European Union plans to take in four prosperous new members, extending the reach of the powerful economic bloc into the heart of central Europe and north to Russia's Arctic frontiers.

If Austria, Sweden, Norway and Finland join as planned on Jan. 1, they will enlarge the union to 16 nations, 375 million people and an economy worth \$7 trillion a year. The North American Free Trade Agreement of the United States, Canada and Mexico has 360 million people in a \$6 trillion economy.

Such expansion warms the hearts of those who dream of building a European superpower to rival the United States. But some Europeans believe increasing the membership will only delay progress toward united foreign and defense policies.

"A common foreign policy comes from common interests, not from a declaration in a treaty," said Jonathan Eyal, director of studies at the Royal United Services Institute in London. He said larger membership will make it "even more difficult" to define those common interests.

Supporters of ever-closer ties among European nations fear the newcomers will join Britain in defending national sovereignty against visions of a "United States of Europe."

Also, the NATO-aligned majority will have to accommodate the old training of Sweden, Austria and Finland.

Nor did negotiations with the four candidates boost confidence in Europe's ability to unite. Before they were completed a month after the March 30 deadline, foreign ministers spent weeks quarreling about how to adapt voting procedures and share out Norway's fish stocks.

While they wrangled, others took the lead in Bosnia and the Middle East, two areas where the European Union had once hoped

for diplomatic success. U.S. and Russian diplomats vied for peace in former Yugoslavia with some success, and the United States became the broker in Israeli-Arab talks.

"It demonstrates what American leadership can provide," Stuart E. Eizenstat, U.S. ambassador to the European Union, told The Associated Press.

"Europe is beginning to come together. But even with that, they still need the entrance of the world's only superpower to make things fully happen."

In January, the bloc appeared to recognize this when its foreign ministers appealed for American help to end the killing in Bosnia. That was a far cry from a declaration in 1991 by Foreign Minister Jacques Pons of Luxembourg, then the EU chairman, that European diplomacy would end the war quickly.

"This is the hour of Europe, not America," Pons said on his way to the first of many EU peace missions. All of them failed.

The Treaty on European Union, which took effect last November, created stronger links among the 12 members and gave the EU executive more power to force a united foreign policy and to manage a military crisis with 12 foreign ministers.

Eyal of the London institute was less diplomatic: "Their initiatives in the Middle East were a disaster. ... On Yugoslavia, they spent three years bickering like fishwives."

Hans van den Broek, foreign affairs chief of the EU executive commission, acknowledges a rocky start for the common foreign policy.

"What we have seen so far ... should certainly be more visible, concrete and collective actions," he said in an interview.

Van den Broek feels the union must simply decide quickly if it wants "to perform a role corresponding to its economic weight and political responsibility."

Member-nations have scheduled a conference in 1996 to do that, clarify foreign policy and strengthen the new defense arm, the Western European Union.

As usual, however, they disagree about how to do it.

Some hope the conference will push the union toward a federal state

with its own constitution. Others are determined to defend national sovereignty, and the neutral newcomers are wary of a common defense.

But all realize change is necessary to make the union work and continue growing.

Its potential for growth is enormous. In addition to the four nations scheduled to join Jan. 1, Hungary, Poland and the Czech Republic want in by 2000, and a dozen others from Malta to Estonia are knocking at the door.

Attention disorder may save teen from flogging

SINGAPORE (AP) — If his final appeal against being flogged is rejected, an 18-year-old American has a slim chance to escape a beating on medical grounds.

"The punishment of caning shall not be inflicted unless a medical officer is present and certifies that the offender is in a fit state of health to undergo such punishment," according to Singapore's Criminal Procedure Code.

That doesn't happen often, however. An average of 1,000 people are sentenced to flogging, said a spokesman for the Ministry of Home Affairs. About six avoid the lash each year on medical grounds each year, and the caning is either remitted or commuted to a jail term.

Theodore Simon, a lawyer in

Philadelphia who specializes in helping Americans who get in trouble in other countries, said that Michael P. Fay, who was sentenced to six lashes for vandalism, has attention deficit disorder, which often contributes to disruptive behavior.

Simon contends that Fay is unfit to handle the punishment, which breaks the skin and leaves permanent scars. Because of Fay's condition, he could suffer extreme psychological consequences, Simon said.

Defense attorney R. Palakrishnan submitted two psychiatric reports at the youth's trial in March showing that he suffers from the condition. Lawyers have until Wednesday to file an appeal for clemency with President Ong Tien Cheong. A fast decision is expected.

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CHIROPRACTIC COLUMN

HANDS-ON BACK THERAPY IS WINNING RESPECTABILITY

By Elizabeth Frenkel

Frustrated by a lack of good treatments for back pain, doctors are turning to a therapy they have long dismissed as chiropractic quackery: spinal manipulation.

The American Association of Orthopedic Surgeons this year for the first time included a symposium on back manipulation at its meeting and, in a side event, almost a third of the 1,000-member audience basked in the sun.

They had referred patients for the technique.

No question, manipulation is more accepted," said Dr. Scott Malesman, a neurologist who is also a chiropractor.

"Ten years ago if you practiced manipulation, you were a quack; you couldn't get published and were never invited to meetings. Now I can't keep up with the invitations."

"I was surprised at how much agreement there was on when manipulation was appropriate and surprised at the interest on the part of the orthopedists," said Dr. Paul G. Shekelle, an internist who is leading the Rand project. At one time, he said, he would never have sent a patient to a chiropractor, but he now does so on occasion.

John Frymoyer, director of the McGuire Musculoskeletal Research Center at the University of Vermont, says that a growing number of doctors practice manipulation themselves, or more commonly, refer patients to other professionals who are skilled in the technique, from chiropractors to physical therapists.

Dr. Norton Hadley, a professor of rheumatology at the University of North Carolina at Chapel Hill, describing himself as a "canonized doctor who would have never dealt with manipulation in the past," said "it's not mainstream, but it has become acceptable to talk about because some of the establishment figures have become interested."

Today, most hands-on back therapy is done by chiropractors, who believe that back pain and a number of other maladies can be treated by manipulation, the physical movement of joints past their normal range of motion. In their view, manipulation relieves aching backs because it restores normal mobility to vertebrae joints that are abnormally stiff, altering the function of adjacent muscles and nerves.

"Chiropractors, who used to be ostracized, are now invited into major hospitals, H.M.'s and practices," Dr. Hadley said.

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Business

Pollack resolves national financial disasters

NEW YORK (AP) — At 87, years of age, U.S. District Judge Milton Pollack has seen his share of financial disasters.

His career as a securities lawyer started two weeks before the 1929 stock market crash. Sixty years later, that experience helped him clean up a multibillion-dollar mess left in the fall of Michael Milken and Drexel Burnham Lambert Inc., one of Wall Street's most powerful investment banks before it collapsed into bankruptcy.

"Really, nothing has changed," Pollack said in an interview, comparing the similarities between 1929 and the Yuppie era of the 1980s. "The greed incentive still remains as the driving catalyst for the excesses that occur on Wall Street. What has changed is the manner in which the cases are presented."

The Drexel case solidified Pollack's stature as a Wall Street legend, a seemingly mild-mannered, gray-haired judge with a reputation for making high-priced attorneys squirm.

Midnight telephone calls, harsh face-to-face meetings and a piercing intellect are tools he deploys to force resolution of complex litigation.

"I've appeared before him a number of times over the years and I would say that he's about one of the smartest people I've ever dealt with on the bench," said Stanley S. Arkin, a veteran defense attorney.

"You have to be very careful to get on the right side of him. He's a man (who) has a lot of common sense, and is laced with toughness," he said.

That toughness was displayed last year when he grilled Milken, the 48-Drexel financier and convicted felon who appeared on the witness stand for two former clients, Victor and Steven Posner. The father-and-son investment team later was convicted of civil securities law violations.

In a subsequent decision, Pollack criticized Milken as "an incompetent unable to accept the fact that he has done wrong."

As for the Posners, Pollack ordered them barred from serving as officers or directors of any public company and ordered them to repay about \$4 million they gained from one of their businesses. Pollack described the two as "legendary people in the sense of being baroque when it came to dealing with other people's money and other people's businesses."

Few attorneys interviewed about Pollack



At 87, U.S. District Judge Milton Pollack has seen his share of financial disasters. His career as a securities lawyer started two weeks before the 1929 market crash.

offered criticism of the judge. Those who did wouldn't speak on the record, but generally complained about the pressure to arrive at settlements and his occasional tongue-lashing.

Pollack admits he can be tough on lawyers. "I didn't allow the inconvenience of having to come here to interfere with what I wanted to find out," he said from his office in Manhattan federal court.

Pollack clearly enjoys his work, putting in eight-hour days, then plowing through cases after dinner. "My theory of longevity is the harder you work, the longer you live," he said.

This is the spirit that led Pollack to resolve what could be one of the biggest, most complex financial cases of all time — the civil litigation surrounding Drexel and Milken.

When the Drexel bankruptcy case first came before him in 1990, claims against the fallen junk bond house vastly exceeded the \$3 billion in assets set aside for creditors.

About 180 lawsuits were filed against Drexel, which Milken had built into one of the most aggressive securities firms through its dealings in junk bonds, the high-risk, high-yield IOUs that proliferated in the 1980s.

In September, Pollack gave final approval to \$1.3 billion settlement of the Milken-related litigation. Pollack calls resolution of the cases "his masterpiece."

Memorabilia of the event decorate his spacious office: There are framed courtroom sketches of a Feb. 18, 1991, hearing called on the President's Day holiday so attorneys couldn't use the excuse of other conflicting cases) in which the outline of the agreement was concluded. There's also a framed single

sheet of legal paper that contains the scribbled terms of the Drexel agreement.

As a judge on senior status, Pollack can refuse to take cases, leaving him to focus on large, complex litigation. Attorneys in the Drexel case also gave him wide discretion.

"This entire group of lawyers got together early on any subject at anytime without the encumbrance of anybody else being present," Pollack said.

Pollack stayed in touch with the numerous attorneys despite a crisis in his personal life.

A severe heart attack suffered by his wife, Moselle. While she was hospitalized in Houston, Pollack made telephone calls from a doctor's office to the attorneys to ensure they were meeting his deadlines.

Pollack's wife figured into another aspect of the Drexel case. In 1988, lawyers for

Drexel and Milken tried to remove Pollack from hearing a Securities and Exchange Commission lawsuit against the defendants.

They argued the judge's impartiality was in question since Pollack's wife stood to gain \$10 million from a buyout of her company.

A federal appeals court upheld Pollack's decision to stay on the Drexel case. Ironically, Drexel was later represented by another law firm which specifically asked Pollack to oversee the subsequent bankruptcy case two years later.

Although he's best known for work on the Drexel case, Pollack made his mark long before then. As a private practicing attorney, Pollack won a \$4.5 million shareholder lawsuit against General Motors Corp. in 1942.

Pollack ran his own law firm, specializing in securities law, from 1945 to 1967, the year President Lyndon B. Johnson appointed him to the bench.

As a judge, not all his cases have involved the arcane world of securities law. In 1975, he gave a 27-month sentence to one of the members of the Weather Underground, convicted of a plot to bomb the federal building as a protest to the Vietnam War.

Pollack also ruled to let the Concorde super-jet fly over New York and issued a decision that allowed regulators access to secretive Swiss bank accounts to prosecute insider-trading cases.

"One way he has kept abreast of the fast-moving changes over the years is by paying special attention to the ideas from his young law clerks."

"I'm bringing a new dimension to what you're doing. And you have to keep up with them," he says.

Pollack remains close to many of his clerks, all of whom gather for annual reunion dinners. Peter Wang, a clerk in 1973, recalls when the dinners started off as small affairs. Now, a ballroom is rented.

At the last gathering, the normally private Pollack gave a short speech offering insight into the sacrifices necessary to be on the bench.

"Judges may not lead the ideal life that many people think they do," he said. "Being a judge is a lonely job, professionally and socially. They can't allow themselves to show the same range of emotions that other professionals can show during their work."

"Judges start keeping even their old friends at arms length."

Women wages gap narrows, but remains

The Washington Post

Young women now entering the work force make almost as much as their male counterparts. But that doesn't mean they will when they are older.

Census Bureau statistics show that women between 15 and 24 years of age take home 92.5 cents for every dollar in men's earnings. But the pay gap between men and women gets wider with age, until age 65.

The data for 1992 capture pay rates for women who entered the work force in the earlier, more discriminatory era — when women were relegated to lower-paying jobs and professions when fewer mothers worked and when the issue of sex discrimination raised only a few (mostly shrugging and puffed) eyebrows.

"If you entered the work force under more highly discriminatory conditions, it set you off on a pay path that is much lower than a man's," said Karen Kussman, director of the Labor Department's Women's Bureau. "We can be hopeful that if what we're seeing is a historical trend, we wouldn't see it among a new generation of women who have not yet entered the workforce."

Even if pay discrimination disappeared, a gender gap in pay might still exist for older workers, say economists who have studied the issue.

That's because the gap partly reflects the fact that working women generally have more child-rearing responsibilities than

working fathers. Until that disparity changes, women are likely to suffer some loss of experience or opportunity when their children are young — which can cost them money and promotions in later years.

In 1992, only 36.8 percent of married women with children under the age of 18 worked full time and year-round, according to Howard Haythe, an economist with the Bureau of Labor Statistics' division of labor force statistics.

The bottom line: Experience counts. Elaine Sorenson, a senior research associate with the Urban Institute, a Washington-based think tank, found in a study published in 1991 that increases in work experience had been more important in raising women's earnings during the 1980s than changes in education.

The working arrangements that women make because of child-rearing responsibilities can have an impact on pay, Sorenson said. So does the expectation on the part of some employers that a woman with small children may not put her job first.

Overall, the pay gap has been shrinking. In 1981, women earned 59.2 cents for every dollar a man made. By 1992, women's median annual earnings were 70.2 percent of men's.

But most of the pay gap shrinkage has resulted from a decline in men's real, inflation-adjusted wages, not an increase in what women make.

Mutual investment names can fool you

NEW YORK (AP) — Anytime you're looking at mutual fund investments, Shakespeare's question "what's in a name?" should never be too far from your mind.

Updated for the 1994 marketplace, the message might read, "Never assume that a fund operates on the philosophy that its name seems to imply."

Consider the Fidelity Blue Chip Growth Fund, a \$1 billion fund with an impeccable pedigree and high marks from independent advisory services — but also a portfolio that really stretches the definition of "blue chip."

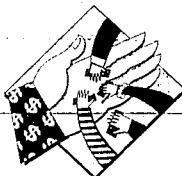
The fund's recent investments have included such large, long-established enterprises as Ford Motor, Texas Instruments, Whirlpool and Deere. But the list also bristles with names like Hornbeck Offshore Services, Informix, and Mirage Resorts Inc., none of which will be candidates for the next vacancy in the Dow Jones industrial averages.

When Michael Gordon took over as the fund's manager last year, "he immediately started buying small- and medium-cap stocks," reports analyst Amy Arnold in the Morningstar Mutual Fund advisory service.

"Given Gordon's past record at Fidelity, this fund has a good shot at sustaining its success," Ms. Arnold added. "It's important for shareholders to realize that this is far from a traditional blue-chip offering, though."

Or look at Blue Chip's sister fund, the Fidelity Dividend Growth Fund, which started operations about a year ago with Abigail Johnson at the helm.

It got off to a promising start toward its stated objective of "capital appreciation." But dividends? So far it has paid out precisely a penny a share in divi-



OF MUTUAL INTEREST

dend distributions, which works out to a yield of less than one one-hundredth of 1 percent.

The fund's largest single stock holding at last report, Home Shopping Network, has been a popular growth stock, but has never paid a cash dividend. The Fidelity group, the giant of the fund business at nearly twice the size of its nearest rival, is known for giving individual fund managers wide latitude. But it isn't the only place where names don't always fit.

There's the Warburg Pincus Growth & Income Fund, which has been attracting a lot of attention and above-average performance ratings from Morningstar and the Value Line Mutual Fund Survey since Anthony Orphanos became its manager in 1992. "It returned over 37 percent last year, making it one of the best-performing funds in the growth and income group," Value Line reports.

Terrific growth. But income? The reported dividend payout in the last year of 12 cents a share works out to a yield of less than 1 percent.

Fund-name misunderstandings

can occur just as commonly in the realm of fixed-income investments. For instance, it has become painfully clear that a "government securities" fund can hold anything from ultrasafe Treasury bills to bits and pieces of mortgage debt that qualify as some of the most speculative bets anywhere.

Or take a phrase like "capital preservation" that crops up now and then in fund names.

Benham Management Corp. in Mountain View, Calif., runs the Capital Preservation Fund and Capital Preservation Fund II, both money-market funds with an emphatic safety-first philosophy. Money funds seek to maintain constant net asset values so that their shareholders experience neither capital gains nor losses.

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DIALOGUE

Would "caning" work here?

Unless 18-year old Michael Fay receives clemency for vandalism in Singapore, he'll be stripped and bound by his hands and ankles and be whipped with a cane wielded by a martial-arts expert. If he passes out from the first strokes, he'll be revived by a medical doctor, and the caning will continue.

Many Americans seem to have little sympathy for him... saying the U. S. should learn from Singapore how to prevent crime.

But, what do the people of Twin Falls think?

Join KKVI's Tim Novotny and Char Alexander, and call in to let your opinion be known.

DIALOGUE, a live primetime series from KKVI News.

Tomorrow at 9pm

KKVI 35

Licenses for new breed of mobile phones coming

WASHINGTON (AP) — The Federal Communications Commission could take the first step toward a new breed of mobile telephones — phone numbers assigned to a person, not a place — by the end of the year.

That's when the FCC is likely to begin auctioning licenses for the service, Robert F. Peck, chief of the FCC's Plans and Policy Office, said in an interview recently.

The timing has been unclear and a source of speculation within the wireless communications industry.

The FCC is re-thinking a complex plan, adopted last September, by which radio spectrum would be parceled out for broadband personal communications services. The centerpiece of these services is the next-generation of mobile phone service.

Sixty-six petitions have been filed asking the commission to reconsider these rules.

A commission task force, assembled last month, held its first hearing Monday to collect information to help refine the rules.

Lengthy regulatory delays in licensing the next generation of mobile telephone services will threaten investment and slow introduction of service to businesses and to consumers, analysts and communications executives warned the task force.

The FCC can't begin to auction broadband personal communications services licenses until the licensing rules are finalized. Under the existing plan, 2,500 licenses of various shapes and sizes would be available for auction.

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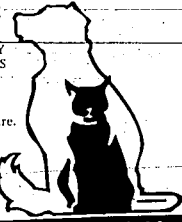
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Snapshots from city ruled by barbarism

By Arthur Allen
The Associated Press

NAIROBI, Kenya — Fifteen sleep on airport luggage belts in hot-wired cars past machine-gunning killers slugging down cane liquor. And the bodies, crumpled in bloody piles.

That was the scene journalists took in during the ethnic slaughter and war in Kigali, possibly the most terrifying place on earth last week.

Like everyone else trying to keep from being killed or wounded, journalists depended on the protection of 1,750 Belgian and French paratroops who flew in to evacuate foreigners after the killing started April 6.

The red-beretted French paratroops were icy, crew-cut and medical. The green-beretted Belgians were bearded and friendly — and nervous.

The Belgian troops were afraid. Ten of their colleagues were tortured and murdered. One was killed and another on April 7. The guards blamed the Belgians for the mysterious plane crash that killed Rwanda's president, Juvénal Habyarimana, the day before.

Fear set in with sunset Monday night as the paratroops got ready to board a C-130 transport from Nairobi, Kenya to Kigali.

"How is Kigali tonight?" a reporter asked.

"It's bad," said the flight chief.

"But it's quiet at the airport, right?"

"No, it's bad there, too."

"After this I'm quitting the paratroops," said Cpl. Alex Camerlynck, as the propeller plane took off with two jeeps and a military truck bouncing in the cargo bay and passengers jiggling in their webbed seats.

"My kids can't take these missions anymore," said Camerlynck, a veteran of the U.N. mission in Somalia.

"My 12-year-old especially, it hurts his heart."

Arrival at 9:30 p.m., Kigali is silent: flashing lights like heat lightning indicate a battle to the north. The Milky Way is bright and purplish. The Big Dipper and the Pleiades twinkle in the heavens above the airport tarmac.

The Belgians executed a complicated ballet with the French forces in Kigali, using armored convoys to drive about 4,000 foreigners to the airport past thousands of men with murder in their eyes.

The French reportedly sold arms to Rwanda's army in 1990, and friendly ties enabled the French to take over the airport April 7 and begin flying in 450 paratroops for the operation.

Each time Belgian planes tried to land, however, the Rwandan army parked trucks across the runway, said Lt. Col. Marc Emonts-Gast. Four days later, the Rwandans released and let the Belgian troops fly in.

On Wednesday, as a two-pronged rebel column entered Kigali from the north, the 400 French withdrew to the airport. They didn't want to be around when the rebels took power, a French official said.

The rest of the evacuation to the Belgians, whom the Hutu-dominated Rwandan government has accused of helping the Tutsi rebels.

"Among the bands of marauding Hutus leaving their camps, strewn about the capital, antipathy to the Belgians was clear."

Two French photographers who ventured out without armed escort were stopped 100 yards from the airport by Hutus who put machine guns to their necks and shouted, "You are Belgian! You are Belgian!"

"They were savages," said a shaken Pascal Guyot, an Agence France-Presse photographer.

As he and his colleague argued for their lives at a roadblock, soldiers executed a screaming woman a few feet away. Bullets kicked up dirt in Guyot's face. "Now go away," the soldiers said.

The most remarkable feature of Gregoire Kayibanda Airport, named after Rwanda's first president and built in 1986, is a giant mountain gorilla carved in black soapstone in a display case in the arrival lounge.

Rwanda, a tiny, densely populated nation of 7.3 million, is best known outside Africa for Dian Fossey and her gorillas, immortalized in the film "Gorillas in the Mist." Fossey was slain in 1986. No one really knows who killed her.

After a week of occupation by 450 French soldiers and about 30 journalists, the arrival lounge was strewn with cigarette butts and used ration cans.

The toilets were clogged; half the lights were cut to save electricity.

But it was the only safe place in Kigali. Doctors Without Borders, the aid group, set up cots behind the money exchange desk. French TV journalists slept on luggage conveyor belts.

Soldiers, reporters and marauding gangs alike made free use of the cars that expatriates ditched at evacuation stations. Some had to be hot-wired. Others were left with the keys in the ignition.

On their way out, reporters parked the cars by the airport hangar where the Belgians were based.

A Belgian in sunglasses and shorts, who identified himself as Guy Steimes, popped up wherever expatriates were to be found. He spoke perfect German and fluent Oxford English. Everyone seemed to know him.

"It's a bit like Saigon here, don't you think?" he asked, pointing to a group of Rwandan U.N. workers pleading to be taken away.

Steimes said he was a businessman and was just "helping out" the Belgian embassy officials who processed the departures, writing down names on a list.

"Do you like Thomas Pynchon?" he asked a reporter. "I wrote my master's thesis on Pynchon."

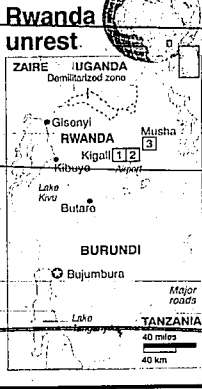
Pope denounces U.N. conference

VATICAN CITY (AP) — Pope John Paul II criticized a planned United Nations conference on population growth on Sunday as an attempt to promote birth control and abortion.

The pontiff said he has sent all world leaders a letter "expressing painful surprise" that religious points of view apparently will be excluded from the meeting, planned for September in Cairo, Egypt. About 170 nations are expected to attend.

The pope said the gathering, which will be led by economists, sociologists and political leaders, will reinforce the "presumed right of abortion."

The pope's voice rose with emotion as he denounced the meeting, which he called "a defeat for man."



Reporter's notebook

Gun raises doubts about assassination

TIJUANA, Mexico (AP) — Secret Service agents said they found a weapon used to kill Mexico's leading presidential candidate after the alleged assassin had indicated another firearm, police documents show.

The conflicting reports raised fresh doubts whether Luis Donaldo Colosio, killed at a March 23 campaign rally here, was slain by a lone gunman, as investigators currently maintain.

Miguel Abuto confessed to the crime and has been charged with the murder. Three men hired for crowd control at the rally have been charged with being co-participants in homicide.

Authorities say the three men helped clear a path through a crowd for Abuto to shoot Colosio, the leading contender for the Aug. 21 election as candidate of the ruling Institutional Revolutionary Party, or PRI.

But doubts persist whether Abuto acted alone because no ballistic report has been made available and authorities say only one bullet was found, even though Colosio was hit twice.

In a report of Abuto's interrogation at the Attorney General's office here, Abuto identified a Taurus .38 revolver as the weapon "he used to fire the shots at Colosio."

The revolver had two bullets missing and two in the cartridge.

The weapon was in a bag during questioning and was identified by Abuto at about 7:30 p.m. on March 23, Jose Perez Canchola, the attorney general for human rights who was present during Abuto's questioning, said Sunday.

But in a police report read to an AP reporter

and another foreign news correspondent by police director Federico Benitez, secret service agents returned to the hospital where Colosio was taken at 9:30 p.m. with a bag that they said contained the murder weapon.

It is not known what weapon, if any, was inside the bag. No comment was available from secret service authorities or the attorney general's office.

Canchola said the report, filed by David Rubi Gomez, a municipal police officer, "raises a lot of doubts about the one gun theory."

Miguel Montes, special prosecutor in the case, has said ballistic tests showed the bullet found matched the Taurus revolver, and that the two shots came from the same gun. The government has not made that report public.

American probes mystery of Amenmesse

LUXOR, Egypt (AP) — Otto Schaden has spent 25 years trying to unravel the mysteries of Amenmesse, a Pharaoh who suddenly burst onto the royal scene of ancient Egypt, then just as suddenly vanished.

Historians can't even agree when he lived.

Seeking the truth about the elusive Pharaoh has brought Schaden once again from the University of Arizona to the Valley of the Kings and the tomb said to have belonged to Amenmesse.

That should be the best place to look for clues, but "we don't know if he was ever buried in it," Schaden said.

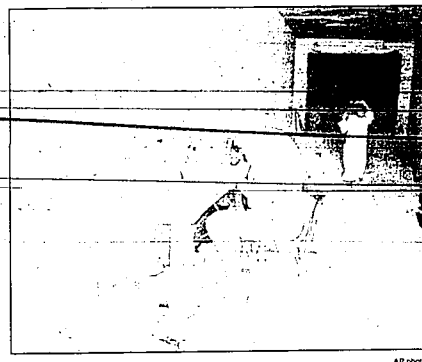
Weather is no help.

The Amenmesse tomb, like many others in the valley, is choked with debris carried by flood waters that pour down the hillsides. Contents of one tomb often end up in another, turning history upside down.

Slowly digging and crawling, Schaden and his colleagues are only about halfway to the burial chamber. Once there, they may discover artifacts or descriptions that reveal the tomb's occupant, family history and important events of the day.

Or they may not. After all that work, little may be waiting for Schaden and Ted Brock of the Canadian Institute in Cairo, co-director of the expedition; Richard Wilkinson of the University of Arizona; Earl Ertman of Akron University, and illustrator Lyla Finch-Brock.

Archaeologists had hoped the dry air and isolation of the Kings' Valley would protect its tombs, but natural disasters, mass tourism and the valley's fragile makeup destroyed such optimism.



Otto Schaden researches the history of Amenmesse outside his tomb near Luxor, Egypt. The Egyptian Pharaoh vanished from the royal scene in ancient Egypt.

"Last century, there was a lot left in the valley that's missing today," Brock said. "A century from now, there may be nothing left to record."

Amenmesse's tomb is a good example. Ten years ago, Schaden peered into it through a small hole. He saw evidence of inscriptions and wall paintings that could provide clues to the mystery king.

Today, the peephole reveals none of that.

For Schaden, the search for Amenmesse is more than an obsession with one Pharaoh. It is a love

affair with the Valley of the Kings and its changing history.

The valley is a deep rift in the Theban hills across the Nile from the ancient capital Thebes, now called Luxor. Sixty-two tombs, royal and nonroyal, were hewn into its limestone hills in hopes that the isolation would protect them from grave robbers.

It didn't work. Tombs were robbed repeatedly and reused. They fell prey to the whims of nature. In the early 19th century, archaeologists began disturbing history to reach treasure.

"What we see today bears no resemblance to the valley when the first kings were buried there," Schaden said.

The greatest find in the valley was the treasure-filled tomb of Pharaoh Tutankhamun — King Tut — uncovered in 1922.

"After 1922, there was a tendency to think everything of value was gone," Schaden said. "Very little has been done since."

As time passed, however, the definition of treasure changed from objects found in burial chambers to history found on tomb walls. Tutankhamen, like Amenmesse, was a shadowy figure in Egyptian history until his tomb was found.

To understand the history of the Kings' Valley, archaeologists must find all the pieces and fit them together. Amenmesse is a missing piece.

Ancient records reveal only that a Pharaoh of that name spent about four years on the throne. He left his name on a few monuments, but later kings placed their names over him, obliterating details about him, including the dates of his rule.

"With reservations," Schaden places Amenmesse as heir to Ramses II and his son Merneptah, who died in 1214 B.C.

It is a possibility fraught with intrigue: Both Ramses and Merneptah left many princes. Who would be king?

"To know Amenmesse's story, you'd have to have been present just before and just after Merneptah died," Schaden said.

He believes pharaoh plotting caused turmoil and that Amenmesse — who perhaps was an official rather than a prince — emerged the winner.

Zulus cancel march, fearing renewed violence

The Dallas Morning News

JOHANNESBURG, South Africa — Threatened with a massive police and military response, Zulu members of the Inkatha Freedom Party Sunday backed down on plans for a protest Monday in downtown Johannesburg.

President F.W. de Klerk had vowed to keep the protesters, from Inkatha's youth wing, away from the march's announced destination, the downtown headquarters of the African National Congress, Inkatha's rival.

Authorities had feared a repeat of the March 28 bloodbath in which more than 30 people died when shooting started after Inkatha

marchers tried to reach ANC headquarters.

Police officials had warned that they might not be able to guarantee public safety in Johannesburg

Monday if the march had gone on as planned. The ANC building had been cordoned off and surrounded with barbed wire to prevent attacks.

The Inkatha party, led by Chief

Mangosuthu Buthelezi, plans to boycott South Africa's first multiracial elections unless a last-minute compromise is reached before the April 26-28 voting.

Pope denounces U.N. conference

VATICAN CITY (AP) — Pope John Paul II criticized a planned United Nations conference on population growth on Sunday as an attempt to promote birth control and abortion.

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Opinion

Other views

Tobacco probe asks for straight answers

"The time for straight answers is here," said Rep. Henry A. Waxman, D-Calif., on the eve of hearings by his health subcommittee into what the tobacco industry is up to. Ah, yes. But calling for straight answers and getting them can be two very different things.

"Cigarette smoking is not addictive," testified William Campbell, president of Philip Morris USA, at Thursday's hearing. "We do not do anything to hook smokers or keep them hooked," averred James Johnston, chairman and chief executive of R.J. Reynolds Tobacco Co.

Confronted with such straight-faced assurances, the eyebrows uncontrollably lift the jaw drops, the gorge rises, the mind boggles.

Hundreds of thousands of Americans die every year — many of them in indescribable agony — from diseases caused by smoking. Can anyone truly believe that in the years and decades before their deaths they stuck to their suicidal habit out of rational choice, the way one might choose between soup or salad to start a meal, rather than because they had become helplessly addicted to tobacco and the powerful drug it contains?

The solemn assurances once again given by tobacco industry officials, the suggestion that smoking is no more addictive than watching television or playing video games, are preposterous. The U.S. surgeon-general, the American Medical Association

and the World Health Organization, relying on countless studies by independent researchers, all have determined that tobacco is as addictive as heroin or cocaine. Indeed, some studies have suggested, kicking tobacco addiction is even harder than kicking heroin.

"Smokers are not drug users or addicts, and we do not appreciate being characterized as such," huffed and puffed one of the industry executives at Thursday's hearing. Strip any moral or character implications from that statement and assess it simply on the basis of pharmacologic fact. It is plainly false. Nicotine is a drug. It affects body chemistry and the mind, and smokers do become powerfully dependent on it, meaning they become addicted.

Any smoker or former smoker knows all this. To deny a truth that is so painfully evident to so many is impudent and insulting.

A key purpose of the subcommittee hearings is to try to find out whether cigarette makers manipulate the amount of nicotine in their product as a way to hook smokers. If the Food and Drug Administration finds that nicotine content is manipulated it could classify the chemical as a drug and move to regulate tobacco products. Compelling evidence indicates it's time for that step to be seriously considered.

—Los Angeles Times

Child support must be paid

It is well past time to get more aggressive with deadbeat parents who don't pay child support. To do that, the system — from lawmakers to judges to prosecutors to social services — must put teeth into enforcement efforts.

President Clinton has made child support collection a major part of his welfare reform package, and various states across the nation are putting more muscle into collection efforts. Counties in Iowa and

Wisconsin have had some success with publishing lists and/or posters of negligent parents' names.

Lawmakers and the system generally must take child support issues much more seriously...

When children are robbed of the support they need and deserve, society gets ripped off as well.

—Saint Paul (Minn.) Pioneer Press

The Times-News

Stephen Hartgen, Publisher
Clark Walworth, Managing editor
Allen Wilcox, Circulation manager
Peter York, Advertising director

The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth, Mark Kind and Steve Crump.

Cobain death eclipses that of inventor of plastic bags

It was the big story. News of grunge rocker Kurt Cobain's suicide in Seattle eclipsed political upheaval in Japan, massacres in Rwanda, the Whitewater revelation of the day.

Another national figure died in Fort Lauderdale, Fla., that same Friday, though Harold Warp died almost unnoticed by the media. It was Monday before his death made The Sun-Sentinel in Fort Lauderdale, Section B, Page 6. By Tuesday, The Chicago Tribune finally remembered Warp, Local Section, Page 9.

The Miami Herald, which found space for Cobain on its front page and sent reporters to measure South Florida's reaction, took no notice when the old inventor died after a long illness. TV ignored him. For Harold Warp, death stumbled across a forgotten man.

The two deaths tell something about the wantonness of celebrity. One can argue that Cobain's place in national life was not merely as a prominent grunge rocker, but as the country's pre-eminent grunge rocker. Still, in the U.S. age, such status hangs from a tenuous hook.

His most notable contribution to American music, "Smells Like Teen Spirit," may yet endure. Who knows? But in his short, unhappy life, he did not touch everyone.

Warp did. Warp's work is so omnipresent that one could scarcely make it through the day unaffected by this one-time Nebraska chicken farmer.

He brought the world plastic wrap. Jiffy Wrap, he called the stuff back in the 1950s. And he brought us plastic bags for food. And plastic garbage bags.

He began as a Nebraska farm boy, who imagined chickens growing taller in buildings of translucent plastic sheets.

In 1923, he applied for a patent for Flex-O-Glass, the nation's first plastic substitute for glass windows and the precursor of Plexiglas. Warp was only 20 years old.

By 25, he had moved to Chicago, opened two manufacturing plants, established a nationwide distributing network and was hustling America into the age of plastics. Warp eventually would hold 30 patents.

Harold Warp probably deserved to die on the front page and on the evening news as much as any grunge rocker did. But Warp lived too long. He was 90. Making it to 90 means you outlive your friends, perhaps your fame.

Warp lived to see his plastic bags and plastic wrap seen as both essential and the scourge of the environment. If he had died two decades ago, the glory of plastics still would have been unambiguous.

In 1953, the industrialist went back to his birthplace, Minden, on the Nebraska plains, bought most of the little town's historic buildings and created Harold Warp's Pioneer Village.

Plastics. Billboards along Interstate 80. The stuffed crane, Harold Warp may have lived too long.

Kurt Cobain died young, in a time when fame suffers a short attention span. But Harold Warp outlived his own era. He survived into the age of forgetting.

Fred Grimm is a columnist for the Miami Herald.

If George Washington were president today:



Authoritarians curb freedom, not crime

AUSTIN — I'm fascinated by the fascination we seem to have for the case of the kid who is due to be caned in Singapore. We've even polled ourselves on it and have decided that we're divided. I find the depth of that division telling.

The division the polls show is mirrored in letters to the editor. Some of us say: "So Singapore is going to give an American kid a couple of whacks for vandalism. So what? Serves the little jerk right."

It would be a better world if more kids got whacked for misbehavior.

Those on the other side are equally adamant: "Good Lord, don't you recognize torture when you see it? We're not talking about a paddling by a vice principal. This is six lashes with a rattan cane delivered by a martial-arts master, a beating that often leaves victims in shock and produces scars."

Social workers who specialize in child-abuse cases will not, of course, be startled by how many of the pro-canning contingent include in their letters the information that they were whipped when they were children, "and it didn't do me any harm." That child abusers are almost invariably the victims of the victims of child abuse is well-established.

Human-rights activists, who have long tried to draw attention to Singapore's deplorable record of authoritarian abuse, must be dumbfounded by the furor about this one kid's fate. The Nation magazine lists the following well-documented violations of civil liberties in Singapore: one-party rule, repression of dissent, curbs on freedom of the press and assembly, restrictions on labor organizing, detentions without charge or trial, and brutal methods of police interrogation near to torture.

In the curious city-state of Singapore, possession of marijuana is a capital crime, and chewing gum and failure to flush a public toilet are punishable by heavy fines. Human-rights organizations are banned from the island.

Several psychiatric studies show that callousness toward the pain of others is easily instilled by the frog-in-cold-water method. You remember. If you put frogs in boiling water, they become frantic and try to jump out, but if you put them in cold water and gradually heat it to boiling, they remain calm while they boil to death.

Tolerance toward brutality grows gradually; military torturers in Latin America who have been interviewed turn out not to be sadists but people who have gradually become indifferent to the pain of others. In one famous study, college students, not military torturers, were urged to gradually increase the hypothetical electric voltage designed to discourage a certain behavior.

Molly Ivins

Ivins adds opinion

Today we present a new addition to our Opinion page line-up: As a columnist for the Fort Worth Star-Telegram, Molly Ivins has been stirring up Texas politics for years. She is provocative, insightful and known for never pulling a punch. Now she is turning her sharp wit on national politics, and we're proud to have her column as a regular feature.

for and with almost no hesitation at all shortly after a letter to the editor.

Politically, authoritarianism remains appealing to many. Singapore, many people will tell you, is clean and prosperous. These are the same people who are still inclined to argue that Mussolini made the trains run on time in Italy. (Actually, he didn't. What he did was ban all reporting on train accidents and delays; Alexander Cockburn recently cited a 1936 account in the London Independent that reported spotty performance by Italian express trains of that era and huge delays on local trains.)

What we are seeing is a mistake made consistently, not just abroad but in the United States as well: the notion that we can make ourselves safer by giving up some of our freedom. We made that mistake about communism during the McCarthy era, thinking that we could somehow protect ourselves from the terrible menace of communism by violating the constitutional rights of "suspects."

The same impulse occurs when we are frightened of something — crime, immigrants, pornography. We think that if we make ourselves less free, that will somehow make us safer. For many more and make some decisions, we're really thinking that we are taking away the rights of others — criminals, immigrants or pornographers — never noticing that they are our rights, too.

And if you ask me, that same authoritarian impulse makes the goal of "discipline" into dictation: Sure, let the state beat the little SOB — that'll teach him. It's depressing that after 200 years of political liberty, such a high percentage of Americans still have that authoritarian impulse.

Letters

Realtors thanked for rights fight

A recent article in The Times-News mentioned that the Idaho Private Property Coalition ignored Rep. Bruce Newcomb for his diligence in bringing pass legislation to protect private property ownership. He definitely deserves our thanks, but I would also like to thank the Idaho Association of Realtors organization for its contribution to private property rights. It is the main reason Idaho government now recognizes the "rights to use" of the land Idahoans own.

The Idaho State Association of Realtors, Land Use Committee, chaired by Twin Falls County commissioner candidate John Etheridge, worked with the attorney general and the Idaho Private Property Coalition to develop a law that forces state agencies to respect the rights of property ownership.

Without the Realtors' leadership, it's likely no law would have been written to begin with, so next time you see a Realtor on the street, thank them for their efforts and beliefs in the American dream of private property ownership.

STEVE HALLOWS
Twin Falls

old addresses are: Eugene Finlay Southland, 267 Polk St., Twin Falls; Francis Hark, Route 1, Hansen.

If anyone has information on either of them, I would appreciate it very much. I live in Shoshone and my phone number is 886-7587; call collect if you want.

WALDO FAUGHT
Shoshone

Idaho misses real tax story

Listening to the governor and the media, you would believe that there is only one side of the property tax relief story. As a member of the Idaho Legislature, I strongly supported the property tax relief bill, which would have given taxpayers across the state an average of 25 percent reduction in their property taxes each year. This is the most significant property tax reduction attempt within my memory as a citizen of Idaho or as a state legislator.

Most commentators and reports totally missed the hiring freeze attempted by the Legislature. We passed a bill that would impose a significant hiring freeze on state employees. The governor vetoed that bill.

The governor's agenda is clear. He does not want to limit taxes and he does not want to control the growth of government. His chosen successor quickly jumped on his bandwagon. It is a frightening thing to think that someone with that attitude is considered a shew-in for the governor's race.

Critics of the property tax bill assumed that the Legislature cut taxes and set the ship of the state adrift without direction. That is incorrect. We are still on board. Come January of 1995, the Legislature will see what has happened over the last few months and make some decisions regarding spending and taxes. What frightens the governor and other government growth advocates is the fear that if the economy turns down, the state Legislature will have the evidence necessary to force a cut of government bureaucracy.

Also, if we were pressed, the Legislature could allow the school districts' maintenance and operations levy to continue for another year or two at the half rate. This would only give half of the property tax relief asked for but would be some relief.

In other words, we did not pass a tax cut and leave town as the governor's veto message suggested. We were trying to find a way to cut taxes and reduce state government considering the fact that we only meet for the first three months of each year. When we leave town, the state bureaucracies tend to do what they want to do and it is business as usual in spite of the efforts of the Legislature to cut taxes and end government. I urge the citizens of the state to wake up and smell the roses. Support candidates who support tax cuts and cuts in bureaucracy.

Rep. MARK D. STUBBS
Twin Falls

Doonesbury



BY GARRY TRUDEAU

Lawmakers vote against wilderness

States News Service

WASHINGTON — Here are the votes of senators and local representatives on key legislation in Congress this past week.

Senate votes:
1) Bill: Desert — The Senate approved Wednesday by a 69-29 margin a bill that sets aside about 7 million acres of Southern California desert as federally protected wilderness and creates three new national parks.

Senators Larry Craig and Dirk Kempthorne, both Republicans, voted no.

2) Bill: USDA redux — The Senate approved Wednesday by a 98-1 vote a bill (S. 1970) designed to reorganize the Department of Agriculture. It would consolidate about 1,000,000 department field offices and reorganize many agencies under its purview to improve efficiency. A "yes" vote favors reorganizing the agency.

Craig and Kempthorne voted for the measure.
3) Bill: Barkett — The Senate Thursday confirmed by a 61-37 margin the nomination of Rosemary Barkett as a U.S. judge for the eleventh circuit, which includes Florida, Alabama and Georgia. Craig and Kempthorne voted against the nomination.

House votes:
1) Bill: Amendments — The House approved Wednesday by a 244-176 margin a rule (H.R. 4091) governing debate on the crime bill (H.R. 4092) that Republicans said prevented adequate debate on the measure and blocked them from offering enough amendments. Although the House will vote on 21 Republican and 47 Democratic amendments, the rule blocked votes on 61 Republican and 51 Democratic amendments.

Rep. Mike Crapo, Republican, voted no. Rep. Larry LaRocco voted in favor of the rule allowing 68 amendments to the crime bill but does not allow votes on another 112 amendments.

2) Bill: Kingpins — The House rejected Thursday by a 108-316 margin an amendment to the crime bill (H.R. 4092) that would have deleted a provision that subjects convicted "drug kingpins" to the death penalty. Crapo and LaRocco voted in favor of retention of the death penalty for drug kingpins.

3) Bill: Life and death — The House rejected Thursday by a 111-314 vote an amendment to the crime bill (H.R. 4092) that would have replaced the death penalty with life imprisonment as the punishment for 65 federal offenses, which would warrant execution under the bill.

Crapo and LaRocco voted for retention of the death penalty for many federal crimes.

4) Bill: Cuts — The House on Thursday rejected by a 202-216 margin a motion to instruct conferees on the five-year budget plan to agree to the Senate-passed \$26 billion in cuts over the House version.

Crapo and LaRocco voted in favor of the Senate plan for further cuts. The attendance record tracks the cumulative attendance of members to date when they are physically present for roll call votes.

Senate attendance, present and voting:

Craig 99.38 percent, Kempthorne 99.79 percent.

House attendance, present and voting:

Crapo 98.59 percent, LaRocco 98.03 percent.

Survey: DARE lessons fade in about 4 years

OGDEN, Utah (AP) — A Weber State University survey has found that the lessons taught in a popular anti-drug program for children wear off in about four years.

Police are disappointed not surprised at the findings of the local poll of about 2,850 Ogden middle and high school students who had been in the Drug Abuse Resistance Education program.

The university's criminal justice department, which conducted the study, released the findings late last month.

"Kids leave the program excited and committed," said Morris R. Sterrett, head of WSU's criminal justice department. "Then police aren't able to follow up as well as they could. The study pointed out that over time, the positive effects of the DARE program fade, probably because of peer pressure."

Although the study pointed out significant differences early on in drug use and gang affiliation among DARE graduates and non-DARE graduates, it indicated a strong need for a follow-up program.

Washington teen-agers extinguish fires, fears

CUSICK, Wash. (AP) — Some people did a double-take when the first firefighters to respond to a recent car-pedestrian accident at the Spokane Coliseum were teen-agers. "People are scared of us because we are teen-agers," Cusick High School senior Steve Scott said. "They really don't think we know what we're doing."

At least that was the reaction in Spokane, where teen-agers wearing radio pagers are more likely to be seen as drug dealers than heroes.

Skepticism is fading in southern Pend Oreille County as word gets around that Scott and fellow Cusick High seniors Jeremiah Maghan and Tom Webb are among the best-trained firefighters and medical first-responders in the county.

Maghan said even classmates were skeptical at first. "They laughed like, 'You're kind of fake,' and then they started realizing that we really go out and do things," he said.

Maghan, Webb and Scott were among 18 teens who took a rigorous firefighter-training program last summer as part of the Newport Kiwanis Summer Gaiety camp for kids of all ages.

Pend Oreille County Fire District 3 — which serves Diamond and Sacheson lakes and Deer Valley — has five graduates of the Summer Gaiety program. They're better trained than most adults on the squad, "including me," said Lt. Larry Naccarato.

The training is paying dividends throughout southern Pend Oreille County as the young emergency workers bolster thinly staffed volunteer fire departments.

The teen-age firefighters are especially valuable during the day, when many adult volunteers are at work and cannot respond, Naccarato said. There are no full-time professional firefighters in Pend Oreille County.

Naccarato said another benefit of the training



Cusick, Wash., high school students Jeremiah Maghan, left, Steve Scott and Tom Webb wear pagers to school to respond to fire calls. They were among 18 teenagers who received training at a Kiwanis summer camp last year.

program is that it helps teen-agers mature while they serve their communities.

Doug Longley, the Cusick High counselor, said the program transformed a troubled student at another school.

"All of the sudden, he was successful at something, and that success just turned his academic life around," Longley said.

One of the junior volunteers, Josh Bingham,

handled a near-drowning without help for almost five minutes.

"I really took up to these kids," Naccarato said. "They've really accomplished a lot."

The three Cusick teens, friends since the sixth grade, have proved themselves repeatedly as volunteers for Fire District 4's Dalkena station, south of Cusick. So Cusick High teacher Tim Pontius didn't hesitate to volun-

teer their services when a car hit a 24-year-old woman in front of the Spokane Coliseum on Feb. 19.

The young men had just attended a Spokane Chiefs hockey game as part of a school-sponsored anti-drug program led by Pontius. The group was waiting for its bus when the accident occurred. "I nudged across the way and said we had three firefighters, and I called the guys over," Pontius recalled.

He didn't mention that they were teen-agers. One man kind of looked like, "What are these kids doing here?" Pontius said.

But the young emergency workers held the crowd back, prevented the victim from being moved and assessed her condition. They made sure she was breathing properly and had adequate blood circulation.

"I remember that they gave us a pretty decent report when we arrived on the scene, and they had taken the proper steps," said Spokane fire department paramedic Jim Schaffer. "They acted in a very responsible and professional manner."

The victim, who paramedics thought might have suffered a broken hip, was hospitalized for two days.

The incident was the first time Pontius had seen his students in action except for running out of class when their pagers go off. But it was one of the first for Maghan, Scott and Webb.

They were commended for reviving an elderly Cusick woman who suffered a heart attack last fall. "The doctors were amazed," Maghan recalled.

The woman, Vienne Shatzer, subsequently died during a helicopter flight to Spokane. But her son, Col. W.A. "Bud" Shatzer, who works for the secretary of the Army in Washington, D.C., praised the "superb professionalism" of the three.

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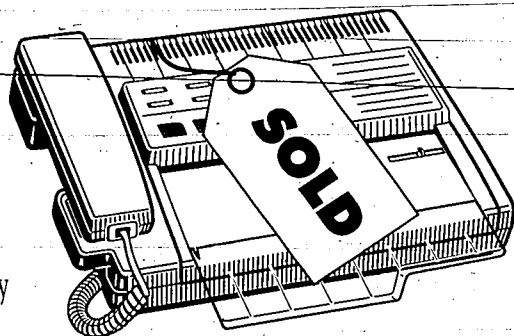
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Sports

Morning line

Sportsquote

“

No. The ball is too big, and there's no chance of a rainout.

”

—Eric Hillman, the New York Mets' 6-foot-10 pitcher, when asked whether he liked basketball

Briefly

Friesz, Redskins reach \$900,000 agreement

NEWPORT NEWS, Va. — John Friesz reportedly will now get a chance at quarterbacking the Washington Redskins.

The Daily Press of Newport News reported in its Saturday editions that Friesz, a free-agent quarterback who played with the San Diego Chargers last year, has reached a contract agreement with the Redskins.

Friesz and his agent, Leigh Steinberg of Newport Beach, Calif., said the deal is for one year and is worth \$900,000, the newspaper said.

The signing is scheduled to take place Monday.

“I’m looking forward to playing in Washington,” Friesz said. “The opportunity to start is what I like.”

“From our standpoint, it’s the best place for John to compete for a starting job,” Steinberg said.

Incumbent Mark Rypien was waived Wednesday and free-agent backups Cary Conklin and Rich Gannon are unlikely to be offered contracts.

Friesz, who suffered a knee injury in 1992 and lost his starting job with the Chargers to ex-Redskin Stan Humphries, has completed 401 of 747 passes for 53,396 yards in less than four full seasons in the league.

Holt named to head Vandal women's basketball

MOSCOW — Julie Holt, Gonzaga's head coach for the past five seasons, is the new women's basketball coach at the University of Idaho.

Athletic director Pete Liske announced her hiring Saturday. He would not disclose how much Holt will be paid in her one-year contract.

Holt, 37, led the Gonzaga to a 21-10 record last season and a second-place finish in the West Coast Conference, its highest finish ever.

In moving to Idaho of the Big Sky Conference, Holt joins her husband, Nick. He is defensive line coach for the Vandal football team, which helped convince Holt to leave a good situation in Spokane, Wash.

Holt has been a head college coach for 12 years. Her career record is 136-194, and last season was only her second with a winning program.

She previously was an assistant coach at the University of Pacific for two years. She was head coach at the University of Nevada in Reno in 1982-83, then spent five years as head coach at Pacific. She was an assistant at Nevada-Las Vegas for one year before taking the Gonzaga position.

The Vandals were 3-22 last season and started the season 0-15. Coach Laurie Turner was reassigned in the athletic department after the season.

Compiled from staff reports

Sports on TV

11:00 a.m. — Channel 13, college baseball, Stanford at California
3:30 p.m. — Channel 13, hockey, NHL playoffs
5:35 p.m. — Channel 32, baseball, St. Louis at Atlanta

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The Times-News

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Floyd finds water, gives Trevino title

The Associated Press

PALM BEACH GARDENS, Fla. — Lee Trevino got the PGA Seniors Championship as a gift Sunday from Ray Floyd.

“Christmas came early,” Trevino said after Floyd hit three balls into the water on the final four holes at the PGA National Golf Club. Raymond was Santa Claus.

Floyd admitted he succumbed to pressure, losing seven strokes to Trevino in a six-hole stretch. He went from four ahead after nine holes to three behind after 15.

Trevino, who played without a major error over the back-nine, cruised in to a one-stroke victory, shooting 70 and completing the tournament with a 9-under-par 279 total.

Floyd, poised for a run-away at the turn, shot 42 on the back side and skidded into a tie for third in perhaps the most embarrassing performance of his career.

But he learned something, Floyd said. “I’ve been playing professional golf for 30-something years. Under pressure, when I hit a bad shot, it’s usually to the right. Until today, I never really knew why,” he said.

After hitting his third shot into the water in a stretch of three holes, it came to him.

“For some reason, under pressure, I get the ball too close to me. My longer ball gets into the swing and I can’t catch up. I block it.”

“After I’d moved up to drop on the 17th, it hit me. I moved the ball away — it felt like 3 or 4 inches, but it probably was just an inch — and it freed up my swing.”

By then, however, the damage had been done — a quadruple bogey-7 on the par-3 15th and a double bogey-5 on the 17th — and the title chase was over.

“Hey, it’s a golf tournament,” Floyd said. “I learned something today. I’m taking it as a positive.”

“If I stay healthy, I’ll play a lot more golf tournaments. Hopefully, I’ll put myself in the title hunt,” he said after a 6-over-par 42 on the back finished off a round of 75. Jim Colbert, never really in the title hunt, came on to take second at 280, after a bogey-free final round of 67. Floyd was tied at 282 with Dave Stockton, who matched par 72.

The group at 283 included Dale Douglass, Isao Aoki of Japan, DeWitt Weaver and Chi Chi Rodriguez. Aoki closed up with a 66. Weaver birdied four of the first five holes and shot 68. Rodriguez had a 69 and Douglass shot 72.

Trevino, who won this title for the second time, collected \$115,000 from the total purse of \$850,000 and increased his leading money-winning total \$381,017.

But he knew it was a gift.

“He gave it to me on a silver platter,” Trevino said. “I was as shocked as he was.”

The gift-giving took place on par-3s. From four back, Trevino pulled within one stroke with birdies on the 10th and 12th, while Floyd bogeyed the 11th from a fairway bunker.

That’s when the pressure built up and the ball crept closer to Floyd’s feet.

“Put the onus on pressure,” Floyd said. “That’s the only reason I can think of.”

On the 15th, Floyd hit a 5-iron into the water on the right.

“I figured he’d made 5 and I would be a shot up,” Trevino said.

But, after moving up to the front tee for a drop, Floyd hit a 6-iron over the green and into the pond again.

The loss of four shots to par put him three back and essentially sealed the tournament. He birdied the 16th, then hit a 7-iron tee shot into the water, again on the right, on the 17th.

The double bogey gave him a total of 12 — double par — on the two par-3s.

“I did all the damage,” Floyd said. “He didn’t.”



Lee Trevino of Jupiter Island, Fla., celebrates his victory on the 18th hole at the PGA Seniors Championship in Palm Beach Gardens, Fla. Trevino shot 70 Sunday to finish the tournament at 9-under par.

Skinner edges into Atlanta win

The Associated Press

STOCKBRIDGE, Ga. — Call it one of the laws of golf: A triple-bogey on the first hole never bodes well.

Sweden’s Liselotte Neumann, who held the lead entering the final round, learned as much Sunday, opening with a 7 and never fully recovering despite a 33 on the back nine.

The opening blunder cleared the way for Val Skinner, who shot a 4-under-par 68 to edge Neumann by one stroke and win the LPGA Women’s Championship.

“After that (first hole) I was standing there with a 7,” said Neumann, who shot a par-4 on the 400-yard hole Saturday.

“Every bad lie and every bad shot was on the first hole.”

“It was a rough start. I just missed the green and chucked it into the bunker. After that it went better.”

Neumann entered the final round at 136, one stroke ahead of Judy Dickinson and two ahead of Skinner.

“I told myself I’d rather have it happen on the first hole than on the last one,” said Neumann, who ended the day with a 1-under 71. “I just tried to put it out of my mind. At least I hit 17 holes to come back.”

Skinner of La Quinta, Calif., birdied five holes Sunday and

finished with a 10-under 206 at the Eagle’s Landing Country Club Course, south of Atlanta.

She won \$97,500 in her best finish since a tie for third in the Feb. 19 Cup Noodles Hawaiian and her first victory since the 1993 Lady Keystone Open. Neumann won \$60,510.

Both Daniels finished third at 209. Dickinson shot a 73 and was in fourth at 210, one stroke ahead of Debbie Massey, Helen Alfredsson and Dottie Mochrie at 211.

The second round was completed Sunday after play was suspended Saturday because of darkness. Rain interrupted Friday’s opening round.

Skinner, playing in the same group with Neumann, said she empathized with the Swede on the first hole.

“I think it was just stress,” Skinner said. “She couldn’t do anything right. But she really regrouped well and regained her composure. You want everyone to play well, and you want to beat them when they’re playing well. Things just went my way.”

An example was her birdie on the 404-yard, par 4 No. 15, where she chipped from the bunker into the hole.

“On No. 15, I holed-out-of-the bunker,” Skinner said. “Go figure. You don’t do that very often.”



Val Skinner kisses her caddy Marty Wells after winning the Atlanta Women’s Championship in Stockbridge, Ga.

Little shines again in Twin Falls tennis tourney

The Times-News

TWIN FALLS — Dave Little teamed with Kathy Metzger to post a 5-7, 6-2, 6-4 victory in mixed doubles Sunday for his third Twin Falls Tennis Association Membership Tournament championship.

It was the hardest fought triumph of the day for the Twin Falls man who defeated Rob Welch in two close sets, 7-6, 6-4, to add the men’s singles championship.

Shawn Timoney joined Little in men’s doubles where the pair got past Welch and Andy Crane 6-4, 6-2.

Gonnie Maughan yielded the first set, 4-6, to Hailley’s Nancy Scribner, but rallied to win women’s singles. Scribner gained a measure of revenge in 4.0 mixed doubles, hooking up with Stan Metzger to beat Maughan and Dave Davis in three.

Susan Whitney and Shirley Keegan held off Kathy Metzger and Lynn Buid

6-3, 6-1 in the top women’s doubles division. More than 200 competitors took part in the two-day event which featured tennis in 21 separate divisions.

Men’s division:
A-4 singles-Dave Little def. Rob Welch 7-6, 6-4.
A-4 doubles-Dave Little and Shawn Timoney def. Rob Welch and Andy Crane 6-1, 6-0. B-3-D-5-Alan D.J. Perry 6-4, 6-2.
A-4 doubles-Dave Little and Shawn Timoney def. Rob Welch and Andy Crane 6-1, 6-0. B-3-D-5-Alan D.J. Perry 6-4, 6-2.
A-4 doubles-Dave Little and Shawn Timoney def. Rob Welch and Andy Crane 6-1, 6-0. B-3-D-5-Alan D.J. Perry 6-4, 6-2.

Women’s division:
A-4 singles-Cornie Maughan def. Nancy Scribner 4-6, 6-2.
A-4 singles-Alma Little 6-2, 6-1. B-3-D-5-Alan D.J. Perry 6-4, 6-2.
A-4 doubles-Shirley Keegan and Shirley Keegan def. Kathy Metzger and Lynn Buid 6-3, 6-1. B-3-D-5-Paula Barretto and Linda Fraser def. Sally Burke and Shirley Keegan 6-2, 6-0.
A-4 doubles-Dave Little and Stan Metzger def. Andy Crane and Dave Davis 7-5, 4-6, 7-5. A-4-D-5-Alan D.J. Perry 6-4, 6-2.
A-4 doubles-Dave Little and Stan Metzger def. Andy Crane and Dave Davis 7-5, 4-6, 7-5. A-4-D-5-Alan D.J. Perry 6-4, 6-2.
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1st South African women compete in Boston Marathon

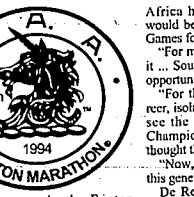
The Associated Press

BOSTON — Mention the readmittance of South Africa to the international track and field scene, and smiles warm the faces of Elana Meyer and Collen de Ruick.

For years, the two world-class distance runners were confined to competing in their native South Africa because the nation’s policy of racial separation prevented its athletes from competing internationally.

Then, in 1992, shortly before the Barcelona Olympics, the ban was lifted and the athletes were liberated.

Monday, Meyer and de Ruick will make history. They not only will be the first world-class South



African women in the Boston Marathon, but the first world-class African women in the race’s 98-year history.

“It was amazing,” Meyer, 27, the 1992 Olympic silver medalist at 10,000 meters, said happily about the news two years ago that South

Africa had been readmitted and would be able to participate in the Games for the first time since 1960.

“For many years, we couldn’t do it ... South Africans never had the opportunity.”

“For the biggest part of my career, isolation was a reality. I didn’t see the Olympics or the World Championships as a possibility. I thought that’s the way it would be.”

“Now, I feel lucky to be a part of this generation.”

De Ruick, 30, the ninth-place finisher at the 1992 Olympic marathon, is just as enthusiastic as Meyer about South Africa’s return to the international fold.

“It was fantastic, great,” she said, beaming.

“At the Olympics, you just have goosebumps and you always have a smile on your face. The whole atmosphere is so different, so exciting.”

“I was just so grateful to be able to compete in the Olympics, because a lot of great athletes have missed that opportunity.”

“We were being penalized even though we didn’t agree with the political scene.”

De Ruick said she was getting “tired” of running because she had achieved her goals domestically, including winning the South African marathon championship and earning the Springbok colors, a prestigious honor for an athlete.

“Now, competing internationally, it gives you more inspiration and more hope to achieve new goals,”

she said. “Also, I can represent my country outside of South Africa.”

Meyer, making her marathon debut, and de Ruick, competing in only her third marathon — and her first since the Olympics — are among the favorites Monday in an exceptionally strong women’s field.

Their major opposition will include two-time defending champion Olga Markova of Russia, Olympic gold medalist Valentina Yegorova of Russia, 1993 New York City Marathon winner Uta Pippig of Germany, two-time Boston runner-up Kim Jones of Spokane, Wash., 1993 third-place finisher Carmen Oliveira of Brazil, New York City third-place finisher Nadia Prasad of France, and 1993 world cross coun-

Please see MARATHON/B2

Appier's arm put Royals on top, 8-3

CLEVELAND (AP) — Five days after the worst start of his career, Kevin Appier pitched seven strong innings Sunday, as the

American league

Kansas City Royals beat the Cleveland Indians 8-3, for their fourth straight win.

Rookie designated hitter Bob Hamelin homered and doubled, driving in three runs and has eight RBIs in his last two games.

Brian McRae had four hits, matching his career high for Kansas City, which completed its first sweep in Cleveland since 1973.

Appier (1-2) came into the game with a 13.50 ERA after allowing nine runs in three innings of a 22-11 loss to Boston last Tuesday.

Jack Morris (1-1) gave up eight hits in 6 2-3 innings.

White Sox 7, Red Sox 4

BOSTON — Frank Thomas and Darin Jackson led the Sox in the fourth inning, and Lance Johnson added a pair of RBIs for Chicago.

Scott Sanderson (1-0), making his first appearance for the White Sox, allowed one run and six hits in six innings.

Roberto Hernandez got the final out four outs, striking out the side in the ninth for his second save.

Frank Viola (0-1) allowed four runs and seven hits in 5 1-3 innings.

Yankees 8, Tigers 6

DETROIT — Bertie Williams ignited a four-run eighth with a sacrifice fly and Luis Polonia singled in two runs.

Don Mattingly opened the eighth with a double off Bill Krueger (0-1) and Danny Tartabull singled him to third. Mike Stanley was walked intentionally to load the bases, and Williams' fly to right brought Mattingly home.

Mike Gardiner relieved Krueger and yielded an RBI single to Mike Golecki before Pat Kelly walked to re-load the bases. Polonia followed with his two-run single to make it 8-4.

Xavier Hernandez (1-0) picked up the win despite giving up a two-run homer to Eric Davis in the eighth. Jeff Reardon got his second save.

Athletics 5, Twins 1

OAKLAND, Calif. — Facing the Minnesota Twins had Ron Darling on edge.

But Darling, coming off two shaky starts, limited Minnesota to three hits in eight innings and Mark McGwire finished for the third straight game Sunday, sending the Oakland Athletics to a 5-1 victory over the Twins.

Magic cuts Chicago's winning streak short

ORLANDO, Fla. (AP) — Chicago trailed Orlando by just two points late in the third quarter, and it seemed the Bulls would have a good chance to extend their 10-game winning streak.

Seven points by the Magic in a 37-second span changed all that. Shaquille O'Neal made a free

Pro basketball

throw and Dennis Scott and Nick Anderson followed with 3-pointers to break open a close game and propel the Magic to a 118-101 victory Sunday.

With a standing crowd of 15,297 waving placards in support of MVP, the Magic center had 32 points, 14 rebounds and two blocked shots. The seven-point edge he started with 2:35 left in the third quarter turned a 78-76 lead into an 85-76 advantage.

Anderson scored 22 points and rookie Anfernee Hardaway, coming off his first career triple-double, had 21 points, eight rebounds and seven assists.

Orlando, which topped a two-game losing streak, led Cleveland by 26 games in the race for the fourth seed in the Eastern Conference playoffs. The Magic (47-31) have four games remaining in the Cavs (45-34) three.

Chicago, meanwhile, missed an opportunity to pull ahead of New York in the battle for best record in the conference. The Bulls (54-25) currently have the third-best record in the East, one-half game behind the Knicks and 1 1/2 games behind Atlanta.

Scottie Pippen led the Bulls with 34 points, but none of them came in the final period. Horace Grant added 17 for Chicago and B.J. Armstrong had 14.

Pacers 104, Pistons 99

AUBURN HILLS, Mich. (AP) — Byron Scott scored nine of his 16 points in the fourth quarter, leading the Indiana Pacers to a playoff-clinching 104-99 victory over the Detroit Pistons Sunday.

The loss was Detroit's ninth straight, and clinched an Eastern Conference playoff spot for the Pacers. Indiana also tied a team record with its 17th road win of the year.

Darling (2-1) had given up nine runs in nine innings in his two previous outings before putting it together Sunday. He walked two and struck out eight before giving way to Billy Taylor who pitched a perfect ninth.

Darling's performance came a day after Bobby Witt threw a complete game against the Twins, and one week after the A's and Twins combined for 55 runs in a three-game series.

After the Twins staked Scott Erickson (1-2) to a 1-0 lead on Kent Hise's sacrifice fly in the first, the A's scored three runs in the fourth.

Troy Neel led off with a walk and a sacrifice fly to second base. Scott Briles, Mike Bordick then brought in Neel with a two-out double.

After Erickson walked Scott Hemand and Ricky Henderson to load the bases, Stan Javier delivered a two-run single to put the A's ahead 3-1.

Mariners 8, Brewers 3

SEATTLE — Ken Griffey Jr. and Torey Lovullo each had three hits and the Seattle Mariners scored five runs in the fifth inning Sunday en route to an 8-3 victory over the Milwaukee Brewers.

Seattle, shut out 1-0 by the Brewers on Saturday, broke out of a 16-inning scoreless streak with the five-run outburst against Milwaukee starter Jaime Navarro.

Lovullo, Eric Anthony and Darren Rigg each hit two-run doubles in the fourth, and Bill Haselman hit a homer in the sixth, his first, for the Mariners.

Seattle starter Dave Fleming (2-1) allowed two runs and nine hits in 6 1-3 innings. He struck out one and walked one.

Blue Jays 5, Angels 4, 10 innings

ANAHEIM, Calif. — As far as Ed Sprague is concerned they're all line drives in the boxscore.

Sprague dropped a soft single over a score Roberto Alomar, sending the Toronto Blue Jays to a 5-4 victory over the California Angels.

For Sprague, struggling through a minor slump, the hit was welcomed relief. "I'll take it," he said. "It was a good time to get one to fall in."

In the 10th, Alomar led off with a single against Joe Grahe (0-2) and Jeff Carter followed with a ground-rule double. After an intentional walk to John Olerud, Alomar hit a two-run single to tie the game.

For Sprague, struggling through a minor slump, the hit was welcomed relief. "I'll take it," he said. "It was a good time to get one to fall in."

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Braves 4, Cubs 2

CHICAGO — Atlanta tied a club record with its 10th consecutive mad victory, and John Smoltz (2-1) allowed five hits in seven innings and struck out eight. Greg McMichael got three outs for his fourth save.

Johnson scored 22 points and Hersey Hawkins had 20 Sunday when the Charlotte Hornets, playing without suspended center Alonzo Mourning, moved into first place on the all-time Pacer scoring list.

Mourning was suspended for one game after fighting with Chicago Bulls center Luc Longley on Friday.

Johnson was 10-for-20 from the field with 12 rebounds. He also made three straight baskets, two from outside, midway through the fourth quarter to hold off the Knicks.

The rest of the Hornets also played well in Mourning's absence. Dell Curry scored 15 points, Frank Brickowski had 11 and Kenny Gattison 10.

Patrick Ewing led New York with 12 points. Orlando Magic scored 12 points. Anthony Mason and Greg Anthony added 11 apiece and Anthony Bonner 10.

Nuggets 99, Timberwolves 88

MINNEAPOLIS — The Denver Nuggets looked up at the scoreboard early in the third quarter and saw they trailed the Minnesota Timberwolves by 16 points.

If that's not motivation for a playoff-bound team, nothing is. "To be as good as we are and let Minnesota set the tempo... we were very disappointed," said Laphonso Ellis, who also was with Patrick Pack Ellis, who also was with Patrick Pack.

Ellis began the surge with a one-handed windmill jam off a rebound and added 12 more of his 21 points during the run.

After the Timberwolves took a 67-51 lead 3 1/2 minutes into the second half, Pack replaced Mahmoud Abdul-Rauf — Denver's

top scorer this season — and played the rest of the way at point guard. Pack, who always gives the Timberwolves problems with his quickness and defensive intensity, had seven of his 10 points during the 40-13 run.

MIAMI — When the New Jersey Nets set their sights on making the playoffs for a third straight season, they expected Kenny Anderson and Derrick Coleman to lead them there.

But when it came time to clinch the spot, it was Dennis Benjamin who made the difference. Benjamin, coming off a season-high 26-point game Friday against Detroit, got 25 more points Sunday as New Jersey beat Miami 110-103.

The Nets' season-high 110 points was the highest since they won their seventh, and they still have a chance to catch Indiana for the sixth seed.

Coleman was slowed by a twisted right ankle Friday and got into foul trouble Sunday. Both times, Benjamin stepped up.

But Anderson, coming off a career-high 45-point effort against Detroit on Friday, scored 12 points to spark an 18-4 run at the end of the third quarter, lifting the Nets to an 84-83 lead. He finished with 29 points and 11 assists.

Coleman's layup gave New Jersey a 101-97 lead with 4:40 remaining. Anderson followed a miss with an 18-footer. Rony Seikaly blocked Anderson's drive and Bimbo Coles sliced in on a reverse to cut the deficit to 103-100 with 2:35 left.

Anderson answered with a 15-footer with 2:24 remaining and Miami never recovered.



Toronto Blue Jays catcher Pat Borders tags California Angels base runner Spike Owens as Owens tries to score from third base.

Dodgers thrash Pirates, 19-2

National league

PITTSBURGH (AP) — Cory Snyder hit three homers and drove in seven runs, and the Dodgers matched their highest run total since moving to Los Angeles with a 19-2 victory Sunday over the Pittsburgh Pirates.

Snyder had a pair of two-run homers, then added a three-run drive during a nine-run seventh inning for the second three-homer game of his career.

Tom Candiotti (3-0) allowed two runs over six innings for his third straight victory as the Dodgers finished with 21 hits, halting a four-game losing streak and Pittsburgh's six-game winning streak.

Two of Snyder's homers and Raul Mondesi's three-run drive came off Steve Cooke (2-1), mugged up for nine runs and 12 hits in five innings.

PHILADELPHIA — Tom Browning pitched a two-hit for his first shutout in four seasons.

Browning (1-0), who missed the final three months of 1993 because of a broken arm, was for the first time since last July 22. It was his 12th career shutout, his first since May 7, 1990.

Shawn Boske (0-1), making his first appearance for Philadelphia since the Phillies acquired him from Chicago on April 12, struck two runs and nine hits in six innings, allowed four and walked one.

Mets 4, Astros 2

NEW YORK — Jeff Kent hit two more home runs, including a two-run drive in the eighth inning. He has seven this season, including two multi-homer games.

Kent connected for a solo homer in the second inning off Darrell Kile and his go-ahead drive with one out in the eighth against Todd Jones (0-1).

Bobby Jones (2-1) gave up five hits in eight innings, struck out four and walked two. John Franco finished for his second save.

Cardinals 5, Padres 0

ST. LOUIS — Geromino (1-1) homered from both sides of the plate, and Rene Arocha (1-1) rebounded from two poor starts with a five-hit effort. He struck out nine, matching his career high.

San Diego has lost seven of eight and is 2-11 overall, the worst record in the major leagues. St. Louis has won four of five.

Pena, playing only because of an injury to second baseman Luis Alvarado, homered off Andy Ashby (0-2) in the third and hit a 3-2 pitch from Mark Davis in the seventh.

Giants 9, Marlins 8

MIAMI — Mark Portugal (2-0) won his 14th consecutive decision, and Barry Bonds and Matt Williams hit two-run homers for San Francisco, which nearly wasted a 9-2 lead. Williams went 4-for-5.

Portugal (2-0) allowed five runs in seven innings. Mike Jackson, helped by Bonds' leaping catch that robbed Jeff Conine of an extra-base hit, pitched a perfect ninth for his second save.

Ryan Bowen (0-3) gave up eight hits in five innings for Florida, which scored three runs in the eighth after a bench-clearing fight that began when a pitch by Kevin Rogers brushed back Benito Santiago, who then charged the mound and tackled the reliever.

Rockies 6, Expos 5

DENVER — Little Markhamer homered with two outs in the 11th inning off Gil Heston (0-2), putting Colorado above .500 for the first time ever at 6-5.

Colorado has won four consecutive games and also has won six straight extra-inning games. Mike Manos (1-1), Colorado's sixth pitcher, threw a one-hit 10th.

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• 100% Stainless Steel Interior
• 10 Wash Cycles: 3 Wash & Spin Cycles
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Magic Valley

Around the valley

High school registration meeting for parents set

JEROME — A meeting for parents of eighth-graders who will be freshmen at Jerome High School next fall is set for 7 p.m. Thursday in the auditorium at the high school.

Registration materials were given to all eighth-grade students at an orientation meeting held April 13. Parents should bring the registration guide with them to the meeting, which will explain the registration process, "Early Bird" classes, new requirements, extracurricular activities and answer questions.

Freshmen registration papers are due back to the Jerome Middle School by April 25. Parents are asked to help their eighth-graders choose appropriate electives and return the registration sheet promptly. Students will be assigned alphabetically to a counselor; those with last names beginning with the letters A-K will see Barbara Mecham, and those with names starting with letters L-Z will see Don Fowler.

For more information, call Mecham or Fowler at the high school at 324-8137.

Idaho wildlife license plates available at assessor's office

TWIN FALLS — Drivers now can obtain Idaho wildlife license plates directly from the county assessor's office.

Before Friday, wildlife plates only were available by mail from the Idaho Transportation Department in Boise.

The special license plates are blue and beige, and feature the state bird and state flower. The plates sell for \$35 more than regular registration fees for the first year and \$25 for each additional year. The State Department of Fish and Game receives \$10 from each plate for its nongame wildlife program.

Stanley will get visitor center and rest area this summer

STANLEY — A new visitor information center and rest area will be built this summer along Idaho 75 near Stanley.

Construction crews will build and pave the parking lot and entryways about one-half mile south of the junction of Idaho 75 and Idaho 21. Public toilets and bulletin boards also will be installed at the center as part of the federal Scenic Byways Program.

The project will cost an estimated \$170,000. Of that, the Federal Highway Administration will contribute about \$135,000. State funds will cover the rest of the project.

The site used to be a stockpile for sand, gravel and other road-maintenance material, but was vacated in the 1970s and has since been used as a vehicle pull-off area.

Softening snow strands Twin Falls woman, son

KETCHUM — A Blaine County search and rescue team picked up a Twin Falls woman and her 7-year-old son Saturday night after they were stranded by softening snow.

Rose Czaplinski took her son for a weekend camping trip Friday in the Baker Creek area of the Sawtooth National Forest, but warm weather caused the snow to soften and made it impossible for her to move her van, said Blaine County Sheriff's deputy Dean Arnold.

Czaplinski and her son were found walking along Idaho Highway 75. Neither suffered any injuries from the incident, Arnold said.

Compiled from staff reports

Crime report

A weekly look at the number of felonies reported to the Twin Falls City Police Department and Twin Falls County Sheriff's Department

Crime	YTD
Car Burglaries:	5
Home Burglaries:	7
Business Burglaries:	5
Total Burglaries:	17
Child abuse:	4
Stolen vehicles:	4
Grand theft:	3
Aggravated battery:	3
Aggravated assault:	1
Forgery:	2
Arson:	1
Dead checks:	1
Total Felonies:	36

Twin Falls law enforcement agencies report these crimes

TWIN FALLS — Twin Falls law enforcement agencies reported the following crimes from last week:

Crime	Last week	YTD
Car Burglaries:	5	172
Home Burglaries:	7	65
Business Burglaries:	5	30
Total Burglaries:	17	272
Child abuse:	4	10
Stolen vehicles:	4	30
Grand theft:	3	9
Aggravated battery:	3	9
Aggravated assault:	1	16
Forgery:	2	12
Arson:	1	4
Dead checks:	1	17
Total Felonies:	36	501

Twin Falls Sheriff's Department

Drug cases:	2	9
Larceny/Grand Theft:	3	16
Burglary:	2	40
Stolen property:	1	02
Auto theft:	1	02
Total Felonies:	9	100

Obituaries	C2
Dear Abby	C3
Classified	C4-10

Center seeks INEL radioactivity information

By William Brock
Times-News writer

IDAHO FALLS — If you worked at the Idaho National Engineering Laboratory in the 1950s and 60s, then Joseph Shonka wants to talk with you.

Specifically, he's looking for retired employees who know about chemical and radioactive releases at INEL. Ideally, he's hoping to find people who worked in areas with significant health and safety responsibilities.

The perfect retiree, Shonka said in a telephone interview from his office in Marietta, Ga., "is a packrat, someone who saved a lot of old materials."

The INEL "is a place where 7,000 people have been generating paper for 50 years," he said. "That's a mountainous stack of hay and

we're looking for needles. If anyone has any needles, we want to talk with them."

Shonka's company, Shonka Research Associates, Inc., is under contract to the federal Centers for Disease Control in Atlanta to do the first part of a seven-phase "dose reconstruction project" for INEL. The project, which is estimated to take about seven years, began Oct. 1, 1992, Shonka said.

The ultimate goal of the project is to establish the magnitude of doses to people at or near the eastern Idaho facility from chemical

and radioactive releases at INEL, he said.

In addition to talking with employees, both past and present, Shonka's firm is poring over all the INEL-related documents it can find. Published documents and informal materials, such as notes and journals, are fair game; at least 50,000 boxes of written materials are known to exist.

The INEL has been receiving spent reactor fuels from U.S. Navy reactors since the 1950s. Far from harmless, spent nuclear fuels are highly radioactive and potentially lethal.

Some environmental and nuclear watchdog

groups, such as the Idaho-based Snake River Alliance, have raised questions about how such fuels have been handled and stored at INEL.

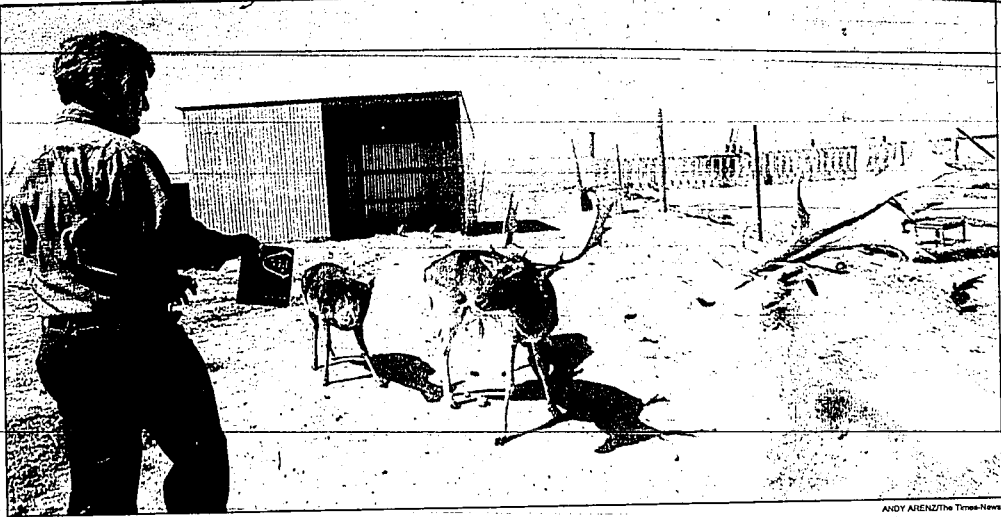
Other storage facilities for radioactive materials, such as the Hanford site in eastern Washington state and Rocky Flats in Colorado, have already gone through similar dose reconstruction projects, Shonka said. Those reports, which were prepared by the federal Energy Department, were widely criticized because they weren't sufficiently independent or comprehensive, he said.

"All those previous studies got into trouble because (investigators) would discover they hadn't been thorough enough," Shonka said. "So, they'd go back to work and solemnly announce, the way scientists do, 'This is the answer.'"

Please see INEL/C2

The ultimate goal of the project is to establish the magnitude of doses to people at or near the eastern Idaho facility from chemical and radioactive releases at INEL.

At home on the range



ANDY ARENZ/The Times-News

Merrill Bylund's fallow deer are not finicky eaters; they will eat most things from weeds to dog food, according to Bylund.

Raising bucks ... and does

Rupert game farm brings miniature reindeer to valley

By Robyn Maxfield
Times-News correspondent

RUPERT — They've found a home in Iraq. They've found a home in Iran. They even claim Europe, Texas and Utah as home.

Now, you can find four of them at 1150 N. Meridian in the Norland area north of Rupert.

No matter where you find them, the miniature version of Santa's reindeer, known as fallow deer, seem right at home.

Merrill Bylund, a preservationist, hunter and taxidermist, and his wife, Cecil, moved to their 3 1/2-acre farm in Minidoka County from eastern Idaho, bringing two each of the petite bucks and does with them. Measuring just 3 feet at the shoulder, they have adapted to their surroundings perfectly, eating a combination of delicacies — oat hay, bread, carrots, apples and weeds.

"They do real well on just the weeds," said Bylund, taking a breath before emitting a whistle. At the sound, all four of the deer, plus their large white canine companion named Smokey, came bounding toward him. Reaching into a plastic bag, he handed feed bread to the two curious bucks and their Great Pyrenees protector. Tossing bread slices to the less assertive does, Bylund added, "but dog food is their favorite."

According to Bylund, the 100-pound does generally remain cautious, and they are quick on their hooves.

"The does are a little bit wild," he said, "and they're fast — I've had to rope a few." The 125-pound bucks, on the other hand, are friendly, except around October.

"When they're in rut," he said, "the bucks get pretty feisty. I don't even like to go in with them."

Bylund said the brown buck is dominant and seems to enjoy heckling the white buck, usually in the form of guttural grunts. "He does make their presence known with a faint bleat or meowing sound."

An 8-foot-high fence, state-required "Private Game Farm" signs and Smokey keep the fallow deer in and intruders out. But these protective barriers don't keep them from stopping traffic.

"They're better than speed bumps out here on this last road," Bylund said, adding people often slow down or stop their cars to take pictures or get a closer look.

Cecil added, "They must look a lot like Santa's reindeer, because lots of kids came by at Christmas."

Bylund said that both bucks, which are 4 years old, are ready to shed their palmed antlers, which are 20 inches long with a 16- to 18-inch spread. He said new antler growth is signified by an increase in temperature at the pedestal of the antler, which he has noticed occurring in the past few weeks.

In addition, the deer are about to shed their shaggy, dull winter coats.

"They're pretty in the summer," he said. Pointing to a brown beauty with a widening girth, he said that she will be the color of a chocolate bar in a few months. Bylund added that spots, not seen on the winter coats of the deer, will appear on their summer coats.

With the possibility of a fawn coming in June, the Bylunds are excited, yet somewhat nervous. A fawn, appropriately named Summer, born to one of the does last June only lived a month.

"It was not much bigger than a cat," Bylund said. "It weighed about 5 pounds when it was born." He added that it died with Smokey for protection, and he isn't sure why it died.

Considered exotic animals, Bylund said some people don't agree with raising them in a preserve.

"An awful lot of people are against game farms," he said. "They're afraid if one fallow deer gets out, then the elk they hunt will be spotted."

But fallow deer, unlike red deer, will not breed with elk, he said. He added that when moved from state to state, fallow deer must be tested for tuberculosis and brucellosis.

SWAT team calls crisis success City hears 2 residents' plans

By Phil Sahm
Times-News writer

TWIN FALLS — When a Twin Falls County man holed up in a house for 12 hours last Monday night, a group of specially trained sheriff's deputies got the call.

The man had gotten in a fight with his wife, was holding a gun, and had threatened violence, sheriff's officials said. He also reportedly had said he would not come out and wouldn't let authorities come get him.

Sheriff's deputies had responded to a domestic dispute at around 10:20 p.m. Monday. As they arrived, a shot was fired, and the standoff began. Within an hour, members of the sheriff's Crisis Response Team arrived — the start of a 12-hour siege.

The team did exactly what it's trained to do, said Lt. Dan Hall, who leads the group.

"When something like that happens, we simply can't walk away. The situation last week turned out about how we like them to."

Contrary to television images of a SWAT team that blows up everything and everyone, the crisis team tries to preserve life and property, Hall said. The goal in any standoff, or hostage situation, is to keep hostages, innocent bystanders, deputies and, if possible, the suspect.

Please see SWAT/C2



MIKE DALLSOUR/The Times-News

The sheriff's Crisis Response Team was called in Monday when a domestic dispute turned into a 12-hour standoff.

By Sean L. McCarthy
Times-News writer

TWIN FALLS — A Twin Falls man will ask the city to hire two new police officers. A Buhl man, meanwhile, will ask the city to halt all development and business recruitment until all of Twin Falls County has a "truly" comprehensive plan.

Both men's presentations will be made at Monday's City Council meeting.

The meeting begins at 6 p.m. at City Hall and is open to the public. A 4 p.m. work session, also open to the public, will precede the regular meeting in the City Hall conference room.

Ray Graham, a Monroe Street resident, said the city police force is inadequate to handle increased crime in the city's neighborhoods.

Graham wants the city to hire a full-time police officer and a resource officer for the city's junior high schools.

He has circulated petitions around the city that he plans to present at Monday's meeting.

Graham was one of several residents of Madison, Monroe and Quincy streets who

Please see CITY/C2

Jerome meets state and county candidates

By H.R. Weixel
Times-News correspondent

JEROME — Twenty-one candidates for state and Jerome County positions in the May primary will converge on Jerome to meet some of the people they hope to serve.

The Jerome County Republican Central Committee will sponsor a "meet the candidates night" at 7:30 p.m. Thursday in the Jerome Civic Memorial Library.

The candidates will include gubernatorial hopefuls Phil Batt, Larry Eastland and Chuck Winder; 5th District Barry Wood; candidates for state auditor, Ralph J. Gines and Ron Pollock; and Bob Dutton, who is running for state superintendent of public instruction.

The guest list also includes candidates for state Senate seat 24 Dean Cameron, the incumbent, and his opponent Harold Mohlman; candidates for state House seat 24B Maxine Bell and

Randy Reddington; attorney general candidate Al Lance; and Supreme Court Justice candidate Wayne Kidwell.

Other candidates who plan to attend include John Toolson and Mac McKay who are vying for the District 1 seat on the county commission; and Shawn Nacarato who is running against incumbent Gerald Ostler for county coroner.

Though running unopposed, County Assessor Gregory Heinrich,

County Treasurer Mary Childers, County Clerk Cheryl Watts, and Roy Prescott, who is running for the District 3 seat on the county commission, also plan to attend.

Sethwan Sales and Keebler Co. have furnished ice cream and cookies for the social hour. The public is invited.

For additional information, call Republican Central Committee chairman Marshall Everhart at 324-2987 or Secretary Mary Childers at 324-4030.

On the agenda

Following is a list of governmental meetings that are scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

TODAY
Burley City Council, 8 p.m., City Hall.
College of Southern Idaho Board of Trustees, 5:30 p.m., board room, Taylor Administration Building.
Gooding City Council, 7:30 p.m., City Hall.
Hansen School Board, 7 p.m., high school.
Jerome County Commissioners, 9 a.m., courthouse.
Ketchum City Council, 6:30 p.m., City Hall.
Meritz Community Hospital Board, 3 p.m., hospital library.
Twin Falls City Council, 6 p.m., City Hall.
Twin Falls County Commissioners, 8:30 a.m., courthouse.

TUESDAY
Castelford School Board, 7 p.m., high school.
Hagerman City Council, 7 p.m., City Hall.
Jerome City Council, 7 p.m., City Hall.
Mindoka County School Board, 7:30 p.m., call the central office for meeting place.
Rupert City Council, 7 p.m., City Hall.
Twin Falls County Commissioners, 8:30 a.m., courthouse.
Twin Falls School Board, 7 p.m., I.B. Perrine Elementary school.

WEDNESDAY
Blaine County Hospital Board, 7:30 p.m., hospital conference room.
E-911 Regional Board meeting, 7 p.m., in the basement at Land, Title and Escrow Inc., 237 N. Lincoln.
Jerome County Commissioners, 8 p.m., courthouse.
Mindoka County Planning and Zoning Commission, 8:30 a.m., courthouse.
Twin Falls County Commissioners, 8:30 a.m., courthouse.

THURSDAY
Kimberly School Board, 7 p.m., Kimberly High School.
Twin Falls County Commissioners, 8:30 a.m., courthouse.
Wendell School Board, 7:30 p.m., administration office.
Sun Valley City Council, 8:30 p.m., City Hall.
Gooding County Memorial Hospital Board, 7 p.m., conference room.

FRIDAY
Twin Falls County Commissioners, 8:30 a.m., courthouse.

This week at CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

TODAY
John Deere sales seminar will be held from 8 a.m. to 5 p.m. in Desert 104C. Student Senate meets at 2 p.m. in student conference room of Taylor Building.
CSI Board of Trustees meets at 5:30 p.m. in Taylor Building board room.
Twin Falls High School Senior Recognition Concert will be held at 7:30 p.m. in Fine Arts auditorium.
Symphonic Band rehearsal will be held at 7:30 p.m. in Fine Arts 121.

TUESDAY
John Deere seminar continues from 8 a.m. to 5 p.m. in Desert 104C.
General Motors training will be held from 8:30 a.m. to 4:30 p.m. in Canyon 130A.

L. Gov. Butcher Otter speaks at 11 a.m. in Eagle's Nest of Taylor Building.
Alcohol and Drug Awareness Program meets at 1 p.m. in Desert 112.
Military testing will be held at 6 p.m. in Shields 102.
Southern Idaho Council on Alcoholism will be held at 7 p.m. in outdoor arena.

Magic Valley Symphony rehearsal will be held at 7:30 p.m. on Fine Arts stage.

Student art show opening reception from 7 to 9 p.m. at Herrett Museum.

WEDNESDAY
General Motors school continues from 8:30 a.m. to 4:30 p.m. in Canyon 130A.

Road training will be held from 8 a.m. to 5 p.m. in Canyon 133A.
Recycling Olympics will be held at noon in Eagle's Nest of Taylor Building.

Hunter education program will be held at 6 p.m. in Aspen 145.
Junior rodeo will be held at 7 p.m. in outdoor arena.

Swing Band rehearsal will be held at 7:30 p.m. in Fine Arts 121.
"Steel Magnolias" will be presented at 8 p.m. in Fine Arts 119.

THURSDAY
General Motors training continues from 8:30 a.m. to 4:30 p.m. in Canyon 130A.

School superintendents meet at 9 a.m. in Shields 116.
"Building Multicultural Drug-Free Communities" teleconference will be held from 9:30 a.m. to 5 p.m. in Canyon Building audio visual studio.

Twin Falls High School Madrigal Nights will be held at 7:30 p.m. in Fine Arts auditorium.
"Steel Magnolias" will be presented at 8 p.m. in Fine Arts 119.

FRIDAY
General Motors school continues from 8:30 a.m. to 4:30 p.m. in Canyon 130A.

"Dress Like Your Garbage" fashion show will be held at noon in Eagle's Nest of Taylor Building.
CSI baseball vs. Treasure Valley CC at 6 p.m. at Frontier Park.

Twin Falls High School Madrigal Nights at 7:30 p.m. in Fine Arts auditorium.
"Steel Magnolias" will be presented at 8 p.m. in Fine Arts 119.

SATURDAY
Idaho Personnel exam will be given at 8 a.m. in Shields 204.
Fitness Trail cleanup begins at 9 a.m. at greenhouse.

Military testing will be held at 10 a.m. in Shields 102.
CSI baseball vs. Treasure Valley at 1 p.m. at Frontier Park.

"Steel Magnolias" will be presented at 2 and 8 p.m. in Fine Arts 119.
Scouting Festival begins at 5 p.m. at Expo Center.

SUNDAY
CSI Symphonic Band Concert will be held at 3 p.m. in Fine Arts auditorium.

Wendell Cemetery District wants to see more respect

By Steve Koehler
Times-News correspondent

WENDELL — The Wendell Cemetery District commissioners and employees want to see more respect.

Paul Isaacson, cemetery sexton, said one man takes off his hat the moment he steps onto the cemetery lawn, solemnly carries it with him while he walks the grounds, then puts it on the moment he steps off the lawn.

Isaacson contrasted this with those who drive on the lawn and youth who play in the sprinklers as if at a public park.

"What floors me is I've seen four funerals in which women, about age 18, in short shorts and tank tops," Isaacson said.

On Memorial Day weekends people often take flowers from others' graves, said Karen Isaacson, cemetery district clerk.

"There's been a rip-roaring problem, especially silk flowers," she said.

Commissioner Harry Surplus said one woman brought flowers, went to get water for them and when she came back her flowers were gone.

Half the \$5,600 owed to the district for burial services and plots are past due, Paul Isaacson said. But the bill

used to be over \$14,000. He praised one individual who pays \$5 each month immediately after receiving her social security check.

Karen Isaacson said politeness has helped her collect some bills.

"It isn't a normal business because we're dealing with them at a very emotional time," she said.

In other matters:

Paul Isaacson said no graves have dropped more than two inches. Last year one dropped two and one-half feet after watering. Wooden boxes in the old section of the cemetery are probably the cause of dramatic drops.

Paul Isaacson said some modular and sometimes collapse. Modern concrete vaults are one-piece and much stronger, he said.

Paul Isaacson is working to get the cemetery ready for Memorial Day, but his hours are limited by a tight budget. Volunteers can call 536-6184.

Eastern Star will operate the hospitality booth and provide refreshments Saturday, Sunday and Monday of Memorial Day weekend, Commissioner Mildred Frith said. The hours will be 10 a.m. to 6 p.m. A computer printout at the booth will show the location of plots.

City trashes cleanup day

By Steve Koehler
Times-News correspondent

WENDELL — The Wendell City Council agreed to abandon an annual city cleanup day because of restrictions on disposing of certain wastes.

Residents are going to have to pay for discarding restricted items and get help with bulky material.

"There's just too much stuff out there that we can't get rid of, and that just puts it on our shoulders if we pick it up," said Councilman Dale Baum. "I don't know how we're going to do it."

Tires, appliances, batteries and refrigerators with Freon are among the items not accepted or requiring disposal fees at the transfer station, Baum said.

City employee Allen Meyer said it would be a hassle to keep track of these items and then billing each customer.

Baum and Meyer decided it would be easier to burn tree branches at the city shop; but that presented another problem.

Dave Fisher, senior police officer, said some people have complained that the burn pile at the city yard smolders at night. The city's open burning ordinance prohibits burning from 4 p.m. to 7 a.m.

Meyer said the transfer station has a permit and people can take their trash there. Stacking branches in the alley creates a problem for the city, he said.

In other matters the council:

Appointed Fire Chief Keith Hosack as assistant building inspector at the request of Building Inspector Sonny Henry because he himself is a concrete contractor. Hosack also will conduct inspections when Henry is absent.

Plans a workshop at 3 p.m. Monday with City Attorney Craig Hobbey and city engineer Scott Bybee to discuss the personnel manual and property development.

Agreed to continue the city's insurance with agent Jerry Dadds and broker Lori Bergsma who have handled the city's account through Dadds Stroberg Agency in Twin Falls. Dadds said that he and Ray Stroberg are in the process of dissolving their partnership.

Briefly

U.S. 20 near Carey receives facelift this summer

CAREY — U.S. 20 over Picabo Hill west of Carey will be rebuilt and widened this summer by Hunziker Construction Co. of Pocatello at an estimated cost of \$620,000.

Crews will widen and resurface 3.6 miles of highway between Silver Creek and Dry Creek, and will provide a slow-moving vehicle lane over Picabo Hill.

The project is expected to be completed by fall.

Sheriff's department offers basic boating class

BUHL — The Twin Falls County Sheriff's Department is offering a class in boating basics on Wednesday and Thursday.

Deputy-Daron Brown said the class will run four hours each night in the Buhl City Hall from 6 to 10 p.m. The class is free, and anybody can attend, Brown said.

The class will cover boating laws, boating and water safety and alcohol, Brown said.

Police probe Filer drive-by shootings

FILER — Police are investigating two drive-by shootings that occurred last week.

A vehicle located in the 500 block of 6th Street and another located on Park Avenue were damaged by gunfire early last week, Filer police officer Loyd Bailey said.

In both incidents, one small-caliber round was fired into the vehicles during the night of Monday, April 11.

Police believe the two incidents were committed by the same individuals and may be gang-related.

No injuries were reported in either shooting.

Bailey said the investigation is continuing and police do have suspects in the case, but he would not release any further information.

Compiled from staff reports

Death notices

Wilford Grant Allen
TWIN FALLS — Wilford Grant Allen, 83, of Twin Falls died Sunday, April 17, 1994, at the Twin Falls Care Center. Services will be conducted 11 a.m. Thursday, April 21, at 1994 at White Mortuary in Twin Falls. Interment will follow in Twin Falls Cemetery. Friends may call at White Mortuary Wednesday, April 20, 1994 from 4 p.m. — 8 p.m.

Joseph R. Wallis
TWIN FALLS — Joseph Raymond Wallis, 47, of Twin Falls, died Friday, April 15, 1994, at Tucson, Arizona. Services are pending at Bay Colonial Funeral Home, 2551 Kimberly Road, in Twin Falls.

Lawrence Johannsen
TWIN FALLS — Lawrence Johannsen, 91, of Twin Falls and formerly of Burley and Buhl, died Sunday, April 17, 1994, at West Magic Care Center in Twin Falls. Arrangements are pending and will be announced by Payne Mortuary in Burley.

Frank E. Campbell
TWIN FALLS — Frank Edward Campbell, 81, of Twin Falls, died Saturday, April 16, 1994, at Magic Valley Regional Medical Center. Services are pending and will be announced by White Mortuary in Twin Falls.

Clarence (Bud) Wells, of Gooding, 10:30 a.m. today, Demary's Gooding Chapel.

Wesley Virginia "Jean" Brooks, of Twin Falls and formerly of Hazelton, graveside service, 1 p.m. today, Sunset Memorial Park in Twin Falls. (Bay Colonial Funeral Home in Twin Falls).

Francis Greenwood, of Buhl, graveside service, 3:30 p.m. today, Terrace Lawn Memorial Gardens in Boise. (Springfield Memorial Gardens Cemetery Funeral Home in Springfield, Ore.).

Espenanza Hernandez, of Rupert, vigil service, 9 p.m. today, St. Nicholas

Catholic Church in Rupert. Mass of Christian burial at 11 a.m. Tuesday, at the church, (Hansen Mortuary in Rupert).

Florence Margaret Henderson, of Irigoin, Ore., 1 p.m. Tuesday, White Mortuary in Twin Falls.

Tyrel Carl Pethold, 3-year-old son of Tim and Jennifer Terry Pethold of Rupert, 2 p.m. Tuesday, Rupert LDS 3rd Ward Church, 526 South F St., (Hansen Mortuary in Rupert).

Beverly LeRoy Primm, of Twin Falls, 3:30 p.m. Tuesday, White Mortuary in Twin Falls.

Hospitals

MAGIC VALLEY REGIONAL MEDICAL CENTER
Some names are omitted at the patient's request.

Admitted
Bobbie Jo Fox and Geana Davis, both of Twin Falls.

Released
Lillian Belle of Wendell; Bobbie Jo Fox of Twin Falls; and Melanic McClintons of Kimberly.

CASSIA MEMORIAL HOSPITAL

Admitted
Maria Corona and Leo Whitehawk, both of Burley; Ellen Danner of Albion.

Released
Gaylene Olsen, Shirley Ramey and Norma Rich, all of

Burley; Glendon Jones of Malta; Seth Owens of Albion; and Earl Wright of Hazelton.

Births
A child was born to Mr. and Mrs. Javier Corona of Burley.

MINDOKA MEMORIAL HOSPITAL

Admitted
Cristy Carper of Burley and Cade Siebold of Rupert.

Released
Lester Lee, Eileen Hyde and girl, all of Rupert; Trina Winn and boy of Burley; Robyn LaFrance and girl of Heyburn; and Nicole Logan of Paul.

Births
Harold and Cristy Carper of Burley

INEL

Continued from C1

"I swear, and, sure enough, it wasn't."

To silence those critics, the DOE handed over the dose reconstruction project to the Centers for Disease Control. The CDC, in turn, contracted with Shonka's firm to do part of the INEL work.

In addition to Shonka's environmental release inventory, other aspects of the program focus on workers' health

Swat

Continued from C1

people themselves, from getting injured, he said.

By this measure, last week's episode was a success.

The man peacefully surrendered at 10:30 a.m. Tuesday after negotiators talked him into coming out. Hall complained the deputies who initially responded to the call for containing the situation until the crisis team arrived.

He preferred not to say how many deputies work on the crisis response team, but said they train constantly and must pass rigorous requirements for physical fitness, marksmanship and other skills.

All sheriff's deputies, including members of the crisis response team,

City

Continued from C1

formed a Neighborhood Watch group for their area last fall following a spurt of drive-by shootings and criminal activity that centered on Quincy Street.

Bill Chisholm of Buhl wants the city of Twin Falls and the area chamber of commerce "to cease all external recruitment efforts."

Chisholm is running as an independent candidate for county commissioner.

Twin Falls County needs a "truly" comprehensive plan that examines energy needs and changing lifestyles as well as housing and business needs, he said Friday.

The county, including all of its cities, cannot continue to woo businesses to

issues and, ultimately, exposure risks when current environmental clean-up projects are complete, he said.

The terms of Shonka's contract require him to finish his work by October — "run it down."

Shonka's firm has about 300 INEL employees, he said, "but we haven't been very successful in talking with retirees." He's hoping for more retirees to come forward to fill out questionnaires about INEL's opera-

tional procedures.

"I want my work to be as comprehensive and thorough as possible," he said. "We're trying to leave no stone unturned."

Anyone wishing to reach Shonka can write to him in care of the INEL Dose Reconstruction Project, 4939 Lower Roswell Road, Suite 106, Marietta, Ga. 30068. The telephone number is 1-800-331-4635.

"When these incidents happen, they're just as serious here as in Los Angeles."

The work isn't all that glamorous, Hall said. Last week, crisis team members spent the night crouched in darkness, trying to keep tabs on the man in the house, while negotiators tried to talk him out. But team members take pride in the work.

"When you get called out on a situation, you already know it's high-risk. I think it gives them a great deal of pride to train for such situations," Hall said.

Several years ago, a man barricaded himself in a South Park house for three days. And sheriff's deputies face situations regularly that can get out of hand, Hall said.

Serving drug warrants, for example, can get dangerous when dealing with people who have a history of violence.

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The terms of Shonka's contract require him to finish his work by October — "run it down."

Shonka's firm has about 300 INEL employees, he said, "but we haven't been very successful in talking with retirees." He's hoping for more retirees to come forward to fill out questionnaires about INEL's opera-

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Parents who praise kids unlikely abusers

DEAR ABBY: Each year, the month of April is designated as National Child Abuse Prevention Month. During April, communities throughout the country celebrate children and families with unique and educational special events, ranging from poster art to loan meetings and special programs sponsored by schools and churches. The goal of Child Abuse Prevention Month is to raise the public's awareness of child abuse and neglect and to promote positive interaction between parents and children.



Dear Abby
Abigail VanBuren

Control your temper. Never act in anger.

3. Take time to enjoy your child. 4. If your own childhood was unhappy and unpredictable, consider professional counseling and/or a parenting class to bolster self-esteem and promote coping skills.

5. Don't worry about being a perfect parent. It's not possible. 6. Remember, you are the adult. Set a good example: never raise your voice, or your hand, in anger.

7. Contact your local radio and television stations to request that public service announcements be used for public education. 8. Praise your child daily in some way.

Kind words make him or her feel special today and help him or her be a better adult tomorrow.

9. Support local programs for new parents. Many community agencies are in need of volunteers like you. Share your time and talent.

To Call the National Committee to Prevent Child Abuse at (800) 55-NCPA for free material on how you can prevent child abuse.

Many thanks, Abby, for publishing this letter. Your ability to influence the public, particularly on issues as important as the prevention of child abuse, is legend. Please accept our sincere appreciation.

JOY BYERS, NATIONAL COMMITTEE TO PREVENT CHILD ABUSE

DEAR JOY: The pleasure is mine. Your letter didn't arrive in time for me to publish it at the beginning of April, but it is still timely because child abuse prevention is important every day of the year.

DEAR ABBY: Shame! Shame! Shame on you for saying it is OK to make change from the offering plate when it is passed in church. In nearly half a century as a clergyman, I have never seen or heard of this actually happening.

A recent survey of the 12 members of the governing board of the church where I serve as pastor agree with me. Several of them said, "Come to church prepared, and make certain you have the amount you want to give." As one person put it, "The church will be here next week; so bring what you want to give, but keep your fingers out of the offering plate."

ROY B. JOHNSTON, PASTOR, ANDERSON GROVE PRESBYTERIAN CHURCH, OMAHA, NEB.

DEAR MR. JOHNSTON: Why shame on me? I said it OK, "... as long as the church is given an honest count."

Many favor 'Back to basics' in schools

My recent article on "team building" in public schools generated a flurry of mail. In brief, I listed ways to "fun and games" approaches to education. Indeed, the outcome of any meaningful learning experience should be immensely satisfying, but I said reaching that outcome requires hard work. Echoing what my parents told me whenever I complained that school was not a barrel of monkeys — "You're there to learn not to learn not to have fun!" — I called for a "back to basics" approach to learning and discipline in America's public schools.



Parenting
John Rosemond

you'd find widespread support among the state's educators.

Becky Banks, an early-childhood specialist from Des Moines, Iowa, called my article "disturbing," and said I have "enough information to be dangerous."

Banks might want to bounce her opinions off Dr. Larry Terango of Lexington, Ky., who writes that he forfeited a 28-year career in teaching and administration for standing up for accountability and quality in education.

The mail was overwhelmingly positive, which tells you that people who read my column tend to agree with what I say. But in the final analysis, this isn't a matter of opinion. The incontrovertible fact is that three decades of educational "reform," during which we've seen a parade of faddish handwagons stream through the halls of America's public schools, has produced not one measurable gain in student achievement levels. Quite the contrary; again, in fact, student achievement levels have responded negatively to this experimentation.

Cooperative learning, outcome-based education, open classrooms, values clarification, whole language, and their many "self-esteem building" cousins have all been busts. Bankrupt. Worthless.

Alice Hartung, a freshperson at Winthrop College in Rock Hill, S.C., reminds me that "we are not living in the 1950's anymore."

Then it is certainly interesting that in non-elite private and parochial schools that have eschewed the "change for the sake of change" trends of the last 30 years and stuck with what was working in the classroom of the 1950's, student achievement levels remain high. And strangely enough, those students don't seem to be suffering from a lack of "team building" exercises.

John Rosemond is a family psychologist in private practice in North Carolina.

Cooperative learning, outcome-based education, open classrooms ... and their man 'self-esteem building' cousins have all been busts.

Clinton administration following Barry plan

I see by the newspapers that solid progress is being made by the failed Clinton administration, which has finally moved beyond the Bumbling Around Cluelessly Phase and is now deep into the Big Incomprehensible Scandal Phase.

This is good. Under our system of government (called, technically, "The Goober System"), the primary function of the executive branch, aside from frowning sincerely down from helicopters at natural disasters, is to get involved in vast, festering legal messes that affect the legislative process in a manner very similar to what happens when you attempt to flush a dead mouse down a commode: Everything gets stopped up. Which is exactly what we want. As the great statesperson John or Samuel Adams once said, "A government engaged in the legislative process is a government that can, at any moment, without warning, decide that it needs to spend \$14.3 million on a Bureau of Clifish Services."

So we need big executive-branch scandals. That's why there's a top-secret, high-tech, self-activating device in the White House attic called the Stupid Ray. I'm sure you have long suspected that there was such a device. You have noticed that we keep sending all these brilliant people to the White House — dynamic leaders with their 14-point programs and their Bold Visions for America and their dozens of co-sponsors, National Honor Society, Phi-Beta-Kappa Rhodes-Scholar aides and lawyers, and the instant they grab



Dave Barry
Humor

hold of the controls of the 'Ship of State, they become Jerry Lewis starring in "The Nutty Administration." Take Richard M. "Dick" Nixon. Here is a man with an IQ of 384, a man who every six weeks produces a hard-core book explaining how we can solve every single problem in the entire world, and look what happened when he got into the White House: NIXON (to his aides): "... and our first priority must be the implementation of the New Federalism, with the concomitant amalgamation of the structural parameters of the ... STUPID RAY: Hummmmmmm NIXON: I know. Let's discuss a tape recorder in here, then install a criminal copyspiral!

AIDES: Great idea, sir! HENRY KISSINGER: Then let's screw in a light bulb!

And it wasn't just Nixon. Jimmy Carter was a nuclear engineer. Do you think a nuclear engineer with an unimpaired brain is going to tell reporters that he was chased by a GIANT SWIMMING RABBIT? No, that was the Stupid Ray, which also caused the massive incomprehensible Iran-Contra scandal that paralyzed both the Bush and Reagan administrations (although for some reason the ray appeared to

have no effect whatsoever on President Reagan himself).

And now we have the Clinton administration, loaded with brains, flailing around like a blindfolded mule wrestler, getting itself deeper and deeper into this. Whitewater Development scandal, the scope of which has now been expanded to the point where, any day now, there is going to be a Texas School Book Depository angle.

We here in the print media are working overtime to keep you abreast of this scandal by cranking out long, fact-filled stories. Each of these is carefully reviewed prior to publication by a team of brilliant theoretical physicists headed by Stephen Hawking; if these people have even the faintest clue as to what the story says, we rewrite it to make it more incomprehensible for you, the average citizen.

This is easy for us, because even we don't understand this scandal. Some days, when we're running a little short, we stick chunks of old Watergate articles in our Whitewater stories to bulk them out. All we know for sure about Whitewater is, it has something to do with — surprise! — a failed savings-and-loan; everything has to do with a failed savings-and-loan. Hundreds of years from now, historians will look back on the ravaged remains of our society and wonder how come we never used nuclear weapons on the savings-and-loan industry when we had the chance.

Here's what I want to know: Did you, personally, ever have any money

in a failed savings-and-loan? No, right? Neither did I. Neither did anybody I know. I bet neither did anybody you know. So where the hell are all these failed savings-and-loan savings from? Who put all these billions of dollars into them that we taxpayers are always paying back? Space aliens? Are we bailing out Martians here?

This is only one of the many Whitewater questions now under investigation. And although course it would be strong to pass any judgment before all the facts are known, we can safely assume that everybody involved is guilty. The Republicans cannot believe their good luck, but they are trying to be cool about it. So Senate Minority Leader "Bob" Dole (R-Missouri) put it in a recent speech: "We cannot allow work on critical national issues to be halted by a shortsighted partisan obsession with Whitewater. Whitewater neener neener neener ha ha ha."

There are some other ones, such as the budget deficit, and the fact that you apparently can write "RUSSIAN AGENT" on your Central Intelligence Agency employment application and still get a high-level job, and as concerned citizens we should be seeking to close these doors. Depending on terms from our leaders, but every time we try to Hummmmmmm

Dave Barry is a humor columnist for the Miami Herald.

To do for you

Breast cancer detection, education seminar tonight

TWIN FALLS — A free Breast Cancer Detection and Education Seminar is set for 7 p.m. today at the Twin Falls Clinic & Hospital Lobby. Speakers will be Dr. David McCuskey and Dr. Howard Schiff. Participants will be offered significantly reduced mammogram rates. A drawing will be held for a free mammogram. To register, call 733-3700, ext. 345.

Diabetes support group presents speaker today

TWIN FALLS — The Diabetes Education and Support Group will present a seminar featuring guest speaker, Dr. Paul Reuber who will be presenting a talk on "What's new in Diabetes," at 7 p.m. today at the Twin Falls Clinic & Hospital Health and Welfare meeting room. Anyone interested in diabetes is invited to this informative session.

Parkinson Support Group plans Tuesday meeting

TWIN FALLS — The Twin Falls Parkinson Support Group will meet at 7 p.m. Tuesday at the KMYT Community Room. The topic of discussion will include "Dietary Problems and Innovations Regarding Parkinson's Disease," with speaker Molly Slough, dietitian. For more information, call Don Arrington at 733-8868 or Ray Clark at 734-5013.

Class regarding vaginal birth after C-section set

TWIN FALLS — A prepared vaginal birth after previous caesarean birth (VBAC) will be offered from 9 to 9:30 p.m. today and April 25. The class will be held at the Magister Valley Regional Medical Center, second floor conference room. The non-refundable fee is \$20. Designed to prepare the expectant mother and her support person for a successful labor, parents will learn about VBAC safety, relate their birth stories, and connect with people who have gone through similar experiences. The expectant mother

is asked to wear comfortable pants and to bring two pillows. Her support person is encouraged to attend. Pre-registration is required. To pre-register or for more information, call the MYRMC Education Department at 737-2900, weekdays between 9 a.m. and 4 p.m.

Red Cross offers 9-hour community first aid class

TWIN FALLS — The Sawtooth Chapter of the American Red Cross will offer a nine-hour course in Community First Aid from 6 to 9 p.m. Tuesday, Wednesday and Thursday. Community First Aid teaches cardiopulmonary resuscitation (CPR) for adult, infant and child victims and first aid. The course fee is \$30 and pre-registration is required. To pre-register or for more information, call 733-6464 or stop by the Red Cross office at 718 Shoshone St. E.

Learn about C-section delivery at hospital class

TWIN FALLS — The third class of each Childbirth Preparation Program is available to anyone wishing to

learn more about Cesarean deliveries. The date for the current class is scheduled for 7 to 9:30 p.m. Tuesday in the Magister Valley Regional Medical Center second floor conference room.

There will be a labor rehearsal, plus instruction covering medications, hospital procedures and non-conforming labors. A tour of the obstetrical department, including the C-section room will be given. The non-refundable fee for the class is \$15. For more information, call the Education Department at 737-2900, weekdays between 9 a.m. and 4 p.m.

Representative will discuss hair loss at salon Tuesday

TWIN FALLS — Men or women, is thinning hair a problem? Daily hair loss is normal, however, when hair loss amounts are greater than normal hair growth, you should take immediate steps to correct this condition.

Want to learn more? Come to a free information class at 7 p.m. Tuesday at Hair Etc. Etc., located at the Campus Commons center on Silver Avenue.

Learn about Nioxin — the hair program with amazing results. A Nioxin representative will be there. For more

information, call 733-5082.

Magic Breathers Club meets Tuesday at CSI

TWIN FALLS — The Magic Breathers' Club will meet from 2 to 3:15 p.m. Tuesday, at 908 Washington St. N. (on the College of Southern Idaho campus behind the Office on Aging in the Senior Annex Building).

Julie Schermer, registered physical therapist, will demonstrate stretching activities, that promote relaxation, body alignment, range of motion and gentle stretching.

Light refreshments will be served. The room is heated and/or air-conditioned. The meeting area is also wheelchair accessible and modulates oxygen units.

The club is a support group for people with respiratory disease and is sponsored by the American Lung Association, with support from local hospitals and oxygen-medical supply businesses. Family and friends are welcome. The club is scheduled to meet on the third Tuesday of each month through November.

For more information, call 734-9330, 734-6482, 734-6507, 733-8376 or 733-8582.

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AUCTION CALENDAR
through April 30, 1994

MONDAY, APRIL 18TH - 11 A.M.
Eugene & Lee Ann Monor - Farm
Household - Auction
Admission - April 15

MASTERS AUCTION SERVICE

THURSDAY, APRIL 21, 1994
Abert "Al" Wright Estate - Farm
Household - Auction
Admission - April 19

MASTERS AUCTION SERVICE

SATURDAY, APRIL 23, 1994
Glenn Ferry Community - Farm
Household - Auction
Equipment - Fairgrounds
Admission - April 21

SULLIVAN AUCTION SERVICE

SATURDAY, APRIL 23, 1994
L & S Storage & Neighbors - Household
Tools - Twin Falls
WERT AUCTION SERVICE

SATURDAY, APRIL 23, 1994
Barbara's Antiques - Antiques
Collectibles - Filter
Admission - April 21

MASTERS AUCTION SERVICE

SUNDAY, APRIL 24, 1994
Carl Shady - Household - Butte
Furniture - Auction
Admission - April 22

MASTERS AUCTION SERVICE

MONDAY, APRIL 25, 1994
Don Hutchins - Farm Equipment - Household - Hunt Project, Eden
Admission - April 23

WALL AUCTIONEERS

MONDAY, APRIL 25, 1994
Mrs. Clinton Dugley - Farm
Machinery - Minidoka
Admission - April 23

MASTERS AUCTION SERVICE

SATURDAY, APRIL 30, 1994
Stu & Maxine Paynter & Neighbors - Sprinkler Equipment & Tools - Rapids
Admission - April 28

WERT AUCTION SERVICE

SATURDAY, APRIL 30TH - 10 A.M.
Idaho Power Co. U.S. West
Communications, Cars & Coaches -
Surplus Operations & Construction
Equipment - Boise
Admission - April 17 & 24

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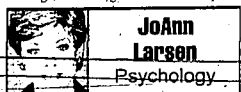
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Empathy is compassion's 1st name

"To understand any living thing, you must, so to say, creep within and feel the beating of the heart," W. MacNeile Dixon says.

Within this context, consider the empathic response of one American as she viewed the first pictures taken of American POWs in Iraq three years ago:

"Like many Americans, I'll always be haunted by images of the first POWs taken in the Persian Gulf," Leslie Laurence said. "Watching them paraded on Iraqi TV — their faces bruised and vacant, their voices feeble and halting — I wept to think what they and their families were going through. Although I'd never experi-



JoAnn Larsen
Psychology

enced anything remotely similar, I felt their pain.

From Lawrence's compassionate description, it's possible to recognize the plight of these POWs and to put ourselves in their psychological shoes as people who, like ourselves, experience the spectrum of feelings from piercing pain to overwhelming joy.

In essence, if we walk in their shoes, we feel penetrating empathy for them. Defining empathy, Jess Lair says simply: "Empathy is your pain in my heart."

Jeff Wheelwright, a part-time volunteer who serves meals to the homeless of New York City, describes the empathy and the "pain in his heart" he experiences in working with these people. In his description, he personifies the plight of the homeless, singling out among them individuals who suffer:

"In the morning, coming back into Grand Central Terminal on my way to work, I watch my people moving aimlessly among the streams of commuters. I pick out the familiar faces, the lost expressions.

"You know, you could do that, too — pick out a familiar face, make a one-way connection to a fellow human. It's simple. Just break stride long enough to identify a homeless person. You don't have to address the one you choose, or hand him money — just remember him. Will he be in the same spot the next morning? Look around for him. If you miss him for a day or two, you'll wonder whether he's all right. When you see him again, be glad.

Think kindly; say a prayer for him. Give him a window into your heart."

In personifying a homeless person's plight, Wheelwright's penetrating insights stretch far beyond appearances. And for good reason, for looks are deceptive. In fact, "Looks are so deceptive that people should be done up like food packages with the ingredients clearly labeled," Helen Hudson says. Thus, in keeping with perspective, being empathic means we must blot out

Please see LARSEN/D2

Doctors tackle chronic pain

By Joan Bean
Times-News correspondent

TWIN FALLS — Pain can be a friend that tells you when something in your body is amiss, but not when it persists in nagging you about it.

By definition, chronic pain hangs around for at least two months after you thought it should have gone away, says Dr. Thomas Davis, an anesthesiologist and pain management specialist.

Davis treats all kinds of pain, but the most common complaint is the lower back. Some of his patients have been to doctors, some have been to chiropractors, some have had surgery and many are taking pain-killers, but it still hurts — and hurts all the time.

But by using cortisone and other drugs, Davis said doctors can help relieve this pain with increasing success.

The science of pain management dates back to World War II, and anesthesiologists got involved because they do pain-killing procedures, such as neural blockades with spinal and epidural anesthetics, all the time during surgery.

In a neural blockade, doctors use one of the pain solutions, such as novocaine, to block the pain impulse temporarily. Or nerves can be killed by cutting, burning, freezing or using chemicals.

Doctors also use diagnostic neural blocks to pinpoint the source of the pain.

It could be coming from the somatic nervous system, the part of your body's wiring that lets you know whether something is hot or cold, and which allows you to move.

Or the source could be the sympathetic nervous system, part of the autonomic system that controls things such as perspiration, blood vessel tone and digestion.



Shirley Huck and her father, Everett Webb, are both on cortisone treatments and both say they are happy with the results.

Davis sees quite a few patients with a condition called reflex sympathetic dystrophy (RSD), which can follow surgery, a broken bone or even a stubbed toe. It usually starts out with a burning sensation.

Huck, 64, knows all about pain management. Fifteen months ago, she fell backward off two steps and onto a concrete floor and suffered a herniated disk.

That's a reflex started by the regular somatic nervous system, after which the sympathetic nervous system gets involved too.

The limb or the toe or the finger hurts, so the patient doesn't use it. The joint eventually freezes up and the patient won't move it.

After a while, the calcium starts coming out of the bones because they aren't being used. And since the muscles aren't being used either, they start wasting away.

For Belva VanCleave, 39, it was an accident last August that brought on her RSD trouble.

A construction worker, she was driving a 45,000-pound water truck and crossing a berm of gravel when the steering wheel spun back on her and held her hand and arm; throwing her around like a rag doll.

When she sought pain management help from Davis last November, he injected the sympathetic ganglia (mass of nerve cells) directly. Later he gave her a series of intravenous shots, which worked better than the earlier ones.

"I feel quite well," she said. "I can reach back almost all the way to the span of my arm now, where I couldn't before. I can pick things up, where if I even tried to pick up a gallon of bleach before, it almost knocked me to my knees."

As more people are living beyond 70 or 80, some who have degenerative changes of the spine might not be able to have surgery because their disease is so extensive. Others have heart, lung or blood-pressure problems. For these folks, chronic pain management, using injections of anesthetic agents or cortisone, can help.

Everett Webb, 92, had surgery 16 months ago for deterioration of his spine. But the pain came back, and it was hampering his ability to use his legs.

But after a series of three injections, he's doing well, according to his daughter, Shirley Huck, with whom he lives.

"He was not walking," she said. "He went in a wheelchair and after the third shot he was walking out."

Please see PAIN/D2

Meet Dr. Mom, Nurse Dad

Orlando Sentinel

To raise today's children to upstanding adults, moms and dads have to wear many hats. But one of the most difficult roles parents must play is doctor.

Is my child sick or just in a mood? When a child is too young to say what hurts, frustrated parents must play both Colombo and Marcus Welby to figure out if it's time to rush to the doctor's office.

There are no standard guidelines to follow, but pediatricians say that Mom and Dad can look for some common signs that could signal how a child is feeling when the child is too young to say.

Doctors say that by age 2 the average child should be able to show, if not describe in broken sentences, what hurts. However, parents can discover that assess-

ing pain and illness in children can be a headache at any age.

"It can be frustrating," says Dr. Frank Stone, an Orlando, Fla., pediatrician. "It's hard to make hard and fast rules, and if you (parents) rely too much on strict rules you may miss things."

What makes it difficult for doctors to say "You should do this when..." is that kids are different, Stone says.

Fever, for example, which generally raises most parents' eyebrows, affect each child differently.

"Some kids tolerate fevers better," Stone said, explaining parents might not even suspect their child has a high temperature, but then "some kids will have a low-grade temperature of 101 (degrees), and will look and act ill."

So, what to do?

Pediatricians suggest that parents keep an eye and ear peeled for easy-to-spot symptoms like fever or constant crying, and then try to determine if illness is the culprit.

"The parent's job is to tell whether the crying is for pain or something else — and not just that they're hungry," said Dr. Joseph Bunn, a Winter Park, Fla., pediatrician.

"If they're crying for attention, and you pick them up, they will stop," he says, "whereas if the child has pain, picking them up is no comfort, but they will still keep crying because it still hurts."

Parents must also be alert for less blatant signals that something out of the ordinary is going on.

Please see PARENTS/D2

Inside

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Looking good Fall fashion will be short, tight, bright

Knight-Ridder News Service

NEW YORK — The American designers have spoken.

Their edict for fall fashion: short, tight and bright. This means the miniskirt reigns, along with fitted and body-hugging styles and bold colors, from neon hues to shirled shades.

And just in case of another big chill next winter, U.S. designers seconded the European motion, sending mohair and fake fur flying down the catwalk.

At this year's fall fashion shows, which concluded last week, there were more wearable clothes on display than in many a season. Sure there were the fanciful creations of cult leaders such as Anna Sui, but for most part the shows were replete with great suits, pretty dresses, fabulous coats and beautiful evening wear.

Let's start with those hemlines, a never-ending source of style debate: When it comes to fall skirts, the thigh's the limit.

Please see FASHION/D2



AP photo

Clingy, short skirts will be in fashion this fall.

Health notes

FAT CHANCE 1: Sorry to tell you this, women, but there's gender bias in the war against fat. In a recent study done at Cedars-Sinai Medical Center, researchers found that women have the body to burn fat, then men do, according to Prevention magazine's spring "Guide to Weight Loss."

Fat cells evolved to keep us alive during times of famine, and women's evolved so they could protect two — the woman and a developing fetus, according to Debra Waterhouse, author of "Outsmarting the Female Fat Cell." The solution: a slow, steady approach to weight loss rather than a crash diet.

UNHEALTHY DOCTORS: If your doctor is "callous and quick or makes (you) wait a long time," it "detracts from the possible benefits of the treatments." So says psychiatrist Arthur K. Shapiro, who tells Glamour magazine that there is a placebo effect when a patient has faith in the doctor, values the treatment and sees it as being helpful.

TESTICULAR CANCER: According to Planned Parenthood, men between ages 15 and 36 are at the highest risk of having testicular cancer. To schedule a professional, confidential, low-cost health screening at one of the group's reproduc-

tive health centers, call 800-230-7526.

PILLOW TALK: The position in which you sleep can affect the aging process. So warns McCall's magazine, which says that after age 30 on, "if your favorite sleeping position is lying with your face pressed against your pillow, you're likely to end up with sleep lines — these creases that appear on cheeks and chin. To prevent permanent creases, learn to sleep on your back." Another option: satin pillowcases.

OVEREXPOSED: Exposure to the sun during your childhood — not sunburn itself — is the key factor in contracting melanoma, the most dangerous type of skin cancer. That's according to Australian cancer expert Bruce Armstrong, who says, "We shouldn't just try to prevent sunburn. We should be trying to prevent sun exposure as well. ... The idea that you can get as much sun as you like provided you don't get burned is perhaps wrong."

A HEALTHY SENSE OF HUMOR: To make it a little easier for you to understand Bill and Hillary when they talk about their health-care plan, Comedy magazine has compiled a glossary of medical terms: Caesarean section (a district in Rome); dilate (to live longer); impotent (distinguished or well-known); pelvis (cousin of Elvis).

Compiled from wire reports

Without proper dosage, medicine may not relieve child's symptoms

Orlando Sentinel

A stressed-out woman walks into her doctor's office with a sniffling child in tow.

"She sneaks. 'Doctor! Doctor! My baby's sick. She's got a fever, I had cough and achies all over. I've given her some over-the-counter medicine, but it's not working.'"

"Did you give her enough?" the doctor asks.

Many parents in this situation would offer a sheepish "I guess so."

When it comes to over-the-counter remedies, parents often give their kids less than the recommended dosage, doctors say, which can get downright costly when needless hospital visits and lost time from work are factors.

Underestimating, as physicians call it, has been identified as a common cause of inadequate relief of pain and fever among millions of children each year, according to health professionals.

Of course, doctors say overprescribing with too much medication is not a good idea either.

Underestimating is a common problem, says Dr. Frank Stone, an Orlando pediatrician. "We generally try to ad-

verse parents at 'well' visits what the dosage should be."

But that doesn't always work, as a study conducted by the Children's Hospital of Philadelphia discovered. Researchers found that two-thirds of parents who had rushed their children to the emergency room with a fever had not administered the proper dose of fever medication.

"I got a call from a mom concerned about fever the other night," Stone said. "When I asked her what dose she had given, I found out she had given less than half the required dose. Unfortunately, especially with young children, I don't think many people pay attention to the box."

"There have been some changes in dosing, that's one reason for it," said Dr. Ginny Guyton, an Orlando pediatrician, alluding to one reason for the confusion. "On some packages they'll go by age, but weight is the accurate measure."

Although the only hazard to underestimating may be the child's misery, doctors say parents can use the fol-

lowing hints to prevent the problem:

- Read labels. This is critical when it comes to children's medications. Check the expiration date, special instructions and precautions and correct dosage for the child, based on her or his weight and age.

- Use the measuring device that comes with the medication. Teaspoons are not standard measuring devices; an oral syringe measurement can be more accurate.

- Monitor your child's weight. Because children's dosages are based on weight, what was good six months ago for your toddler may be ineffective now.

- When using pills, do not rely on the "two-pill" rule of thumb adults use ("Take two aspirins and call me in the morning"). The recommended dosage for children's tablets or capsules often exceeds what doctors the products are formulated to allow parents to give the proper dosage based on the child's weight.

- But above all, keep a watchful eye on your sick child.

"If they're (the child) not responding, you may need to re-evaluate," Stone said. "Maybe you're not giving enough."

Children

Continued from D1

A child under 6 months hears wailing if he or she is suddenly not eating as much, has trouble sleeping, assumes a downright fussy disposition during the day or becomes clingy, says Dr. Ginny Guyton, an Orlando pediatrician.

"If we (adults) have a pain we can manage it, but they (children) don't know how to do that yet, so they want someone to hold them and make it feel better," she said. Yet for most parents, physical cues are often the most baffling to decipher, Bunn says.

Infants often now at their ear when they have an earache. Or curl up in a little ball when they have a stomachache. Children around 18 months sometimes stick fingers in their mouths — as if they're trying to gag themselves — because they have a sore throat. If you see a child holding

or thumping his head with his fingers,

"A child's verbal skills are not as advanced as an adult's, so a child expresses itself through more physical ways," said Mercedes Castro, an Orlando child development therapist.

Still, it doesn't mean that effectively let parents know when they, like adults, don't want to be bothered.

"They get a short fuse as far as temperament," says Guyton. "Some things that wouldn't normally upset them, upset them easily."

Meanwhile, once you know what symptoms to look for, doctors caution parents against jumping to conclusions: Sometimes a tug at the ear is just a tug at the ear. And long before you even consider hauling your child off to the emergency room, doctors say parents should call their pediatrician or another health provider.

Pain

Continued from D1

She's had constant pain across her back, down the back of her legs and down the side of her left leg, she said.

Huck was treated by a chiropractor, which helped for a while. Her physician prescribed pain medication, but her problem wasn't going away.

"I kept thinking, 'Oh, it'll get better,'" she said. "You know how you do — you live with it, you work it out."

Now, with one more injection to go in a three-shot series, Huck's pain is gone. She said she was told to take it easy, but is having trouble doing so because she feels so well.

Davis said while a diseased disk is bulging, steroids applied to it in the proper place can reduce the swelling. Because steroids are anti-inflammatory drugs, they essentially shrink the disk back down into its normal size and shape, and take the pressure off the nerve root.

It will also take some of the swelling out of the nerve root and decrease the pain, and in essence can

literally cure these people without having to have lumbar surgery," he said.

Davis also works with terminally ill cancer patients — people who take massive amounts of pain-killing drugs and have developed too much tolerance for them.

They become candidates for injections into the spinal fluid; or the space just outside of it, with the same steroids.

Davis said there is an implantable system in which a small tube or catheter can be placed into the spinal fluid or right on the outside of the membrane, and hooked up to a pump-driven system on the patient can get a continuous infusion or intermittent injection of morphine.

Once inside the body, the drug diffuses and goes up through the spinal fluid into the brain, giving the patient more effective pain relief.

First a trial is done, using a tube that comes out through the skin through which the drug is administered for four or five days. This is to prove it will control the pain for the

next several months if it's implanted.

If it helps, the patient might receive a permanent, implantable system so he can be up and around. He can either be hooked up to a pump intermittently or to a little device that's implanted under the skin into which a needle may be put every day to squirt in extra pain medication.

"You've gone the route, and usually by the time you've gone the route, you're facing an end stage problem anyway," Davis said. "And what you're trying to do is to utilize another methodology to relieve the pain in the terminal stage."

In cardiac emergencies, dial 911, then do CPR, experts say

Los Angeles Times

The Seahawks were about to kick off at the Kingdome in Seattle when a fan clutched his chest and fell to the ground.

As the football tumbled through the air, a group of fans turned their backs on the play and rushed to the stricken man. As one rescuer began pumping his chest, others lined up to take over.

"They were standing around, saying, 'It's my turn now, it's my turn,'" recalls Dr. Michael Copass, medical director of paramedic service for Seattle, where one out of every three citizens, including all cab drivers and Kingdome beer vendors, is trained in cardiopulmonary resuscitation.

But that wasn't what saved the fallen fan's life. It was the call someone made to 911.

According to new guidelines from the American Heart Association and the American Red Cross, if

you want to save a life, the first step is to pick up the phone.

Although chest compressions and mouth-to-mouth breathing may prevent immediate brain damage, medical experts now agree that CPR alone does not save the lives of most adults whose hearts have stopped.

What they need is defibrillation — the application of 8,000 volts of electricity to jump-start a stiffening heart muscle — and for that, only an equipped ambulance or fire truck will do.

That means knowing 9-1-1 and it means dialing those numbers first — even if it means leaving the victim unattended to do so.

"Unless this is an infant or a child, the first thing you should do if you come across an unconscious person is to pick up the phone," says Dr. Samuel Strittmatter, medical director of Los Angeles County's emergency programs. "CPR buys time. But by itself, it is not going to

save the lives of most adults who go down."

If the victim is a child, the first step should always be to clear the airway and start CPR, including the Heimlich maneuver of repeated abdominal thrusts. "Children don't stop breathing because they've had a heart attack. They stop breathing because they are in respiratory failure, from pneumonia or from choking or something stuck in the throat," Strittmatter says.

But for adults who collapse, summoning professional medical help is more urgent than beginning CPR, say Strittmatter and others who helped prepare the new guidelines, which resulted from research that showed CPR alone was not saving many adult lives.

For a cardiac arrest victim to survive, CPR has to be started within four minutes, and medical rescuers must join the heart with a defibrillator within eight minutes, experts say.

Larsen

Continued from D1

how that person "looks" and consider how he or she is similar to us and what feelings we would experience under similar circumstances.

How would it feel like, for example, to be a homeless person? To be without shelter, without emotional support, without knowing where your next meal was coming from? Without any of the material goods that give us comfort and security? Without the routine and the sense of well-being that accompanies going to work every day, picking up the newspaper in the same spot every morning or going to church on Sunday; or, on a whim, even being able to plunk down money for some momentary whim?

The answers to such questions help us look through another's eyes. It may be, though, that our "seeing" will take place in the heart. "We may not always see eye to eye, but we can try to see heart to heart," Sam Levenson says.

If you want to develop more empathy for others, look for their inner child, for, as Woody Harrelson says so poignantly, "A grownup is a child with layers on."

Inside most people is a vulnerable child, a child who is unsure of self, who experiences fear and hurt, who easily feels slighted or unimportant. Perhaps there is a child inside who is disillusioned by painful life experiences or who has been cheated out of good ones. Maybe even a child who never had the opportunity to grow up.

Franz Kafka captured the sense of the "child in man," noting, "A man's embittered features are often only the petrified bewilderment of a boy."

Though we try, it's difficult to experience empathy for those who are different than we are, as we tend to look through our own

unique peepsholes and regard what we see as "true."

Karl Menninger offers a perspective: "When a trout rising to a fly gets hooked and finds himself unable to extricate himself freely, the beautiful fight which results in struggles and splashes and sometimes an escape. ... In the same way, the human being struggles. ... with the hooks that catch him. Sometimes he masters his difficulties; sometimes they are too much for him. His struggles are all that the world sees, and it is usually misunderstood. There is wisdom in understanding others — for both their sake and for ours."

When we truly empathize with another human being, we, in the process, become better acquainted with our own inner selves, a necessity for empathic responding.

For, as Justin O'Brien has stressed, "Each of us really understands in others only those feelings he is capable of producing himself."

Joanne Larsen is a Salt Lake City marital counselor. Her columns appear on Mondays.

Fashion

Continued from D1

Oh, Donna Karan and Calvin Klein showed some frumpy at-the-knee length skirts, but most skirts started mid-thigh and rose perilously higher.

The popular skirt styles were schoolgirl-leotards, cheerleader skirts and enough skating skirts to keep tacky Tonya Harding attired for a lifetime.

Skating skirts shayed down the runway in the Nicole Miller, Isaac Mizrahi, Karan, Anne Klein and Andrienne Vittadini collections.

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I have received extensive training aimed at getting people well (where prudent) without the use of drugs or surgery. I am also highly trained to know the limitations of my profession, to make referrals to the appropriate type of doctor, when indicated. I feel strongly about treating patients the way I would want to be treated. That includes sending them somewhere else, if they could be better helped by someone outside my field of expertise.
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Growing trend for young, old: Braces

The Washington Post

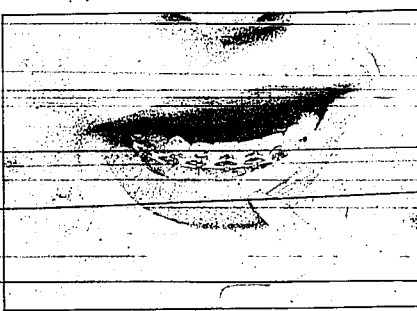
When Laura Ralston was a young girl, she used to stick paper clips over her teeth and pretend they were braces. "I'd look at my babysitters and think, 'Wow! Braces!'" said Laura, now 12.

So two years ago, she got the real thing, just like most of her babysitters and some of her classmates in Fairfax, Va. Even her mother had braces.

On the face of adolescence, braces have become as common as acne. They are, say the dentists who apply them and the parents who pay for them, necessary tools to mold a Hollywood smile. And more and more adults are choosing braces as a way to improve their appearance. As dental insurance has become more common, nearly half the population now has some coverage, compared with about 3 percent in 1970 — visits to dentists and orthodontists have increased.

The growth in insurance coverage and greater awareness of the medical and psychological benefits of proper dental care have turned orthodontics into a growth industry, with twice as many practitioners today — about 12,000 — as 25 years ago. And braces are not just for adolescents. Nearly a quarter of North America's 4 million orthodontic patients are adults, and in the United States, the number of adults in braces has doubled in the last 10 years.

The entire field has been retooled," said Barton H. Tayer, clinical director of postgraduate orthodontics at Harvard



Los Angeles Times photo

Adolescents aren't the only ones wearing braces these days.

University's School of Dental Medicine, who has been in practice for 35 years. "It used to be there was an assumption that as you got older you'd lose your teeth and wear dentures," Tayer said. "Most people now know that they can maintain their teeth for life."

Patients in their twenties have visited the office of Washington, D.C., orthodontist Arnett A. Anderson, who says almost 45 percent of his patients are adults. They usually are motivated by a desire to improve their appearance, he said. "People used to be embarrassed to talk about aesthetics as a concern," Tayer said. No more. "Now they want to look and

feel better about themselves, and they're upfront about it."

The same is certainly true of the most appearance-conscious among us: adolescents. "If their teeth look bad, they're very self-conscious," said Michael G. Duncanson, a Manassas, Va., orthodontist whose practice is 90 percent youth. "Their attitude looks good, and they want to look good." And so they are willing to pay what, for most young people, a considerable price: no popcorn, no gum, no beloved Super Blow Pops (bubble gum, lollipop).

The younger the patient, the greater the commitment and enthusiasm, Duncanson has found. "It's come in all prepared," he

said, "right down to knowing, 'I want a red retainer with purple polka dots.' It's like a toy to them."

With its space-age hardware and new-fangled fittings, orthodontic work is not inexpensive, ranging from \$1,800 to \$4,500 in most cases, and takes 12 to 36 months. An estimated 40 percent of Americans have some coverage for orthodontics, but dental plans often cover less than half the cost and usually have a lifetime benefit limit of \$1,500 or less.

However, "there is some controversy among dentists about the use, and possible overuse, of braces," said Charles Inlander, who heads the People's Medical Society, a health care consumer group in Allentown, Pa. "One can be sure that if you have dental insurance, you're more likely to be told to get braces than if you don't."

Inlander said that when he was growing up in a suburb of Chicago, his parents couldn't afford \$1,800 for braces. "So you won't have a perfect bite," they rationalized. "Today, no question, I would have braces," he said. "I'm not sure we can say they're being inappropriately provided."

Some orthodontists agree. "Orthodontics is a luxury in a lot of instances," said Duncanson, who has advised some patients to wait. "People don't die of crooked teeth," and for some, "you can do braces at any time in your life, or not at all."

Program on compulsions set Thursday night at KMVT Community Room

The Times-News

ister, call 734-6760 or 1-800-657-8000.

TWIN FALLS — A free community education program, will be presented at 7 p.m. Thursday in the KMVT Community Room, 1100 Blue Lakes Blvd. N. Dr. Richard Wurst, medical director at Canyon View Hospital and Counseling Center, will talk about "Compulsions and Obsessions: When Too Much is Not Enough." Participants will overview obsessive and compulsive behaviors and help that is available.

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Insights on bladder infections reveal new understandings, treatments

The Washington Post

Frequently discomforting but rarely disabling, urinary tract infections are the bane of millions of women. New research explains why these annoying infections disproportionately strike women and points toward new preventive measures.

Urinary tract infections — called cystitis, bladder infections — are not just a nuisance. Nearly a quarter of all women experience a urinary tract infection at some point in their lives. These infections last only a few days, but they account for more than six million doctor visits per year, cost millions of dollars annually to treat and rank as one of the most common of all infections in women.

By age 30, half of all women are sidelined at least once by a UTI, according to University of Michigan epidemiologist Betsy Foxman. About 20 percent of those who get one UTI will get another, but that rate drops to about four to five times per year.

Treatment of UTIs often frustrates both patient and physician. "It's one of the more troubling infections," said Leroy M. Nyberg, director of the Women's Health Program at the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) and co-chairman of a meeting last week in Bethesda, Md. on Women's Urological Health.

For patients, there is the difficulty of living with recurring discomfort, lost work days and the social stigma of having to stay next to a bathroom because of the frequent urgent need to urinate. For physicians, "it is frustrating to know that many of their patients will be back in three months suffering from the same thing," Nyberg said.

Now researchers are beginning to crack the mysteries of UTIs. Last week, scientists said they had pinpointed certain blood types that appear to leave some women more vulnerable to infection. They showed why some birth-control methods, such as the diaphragm, increase the risk of infection and described other new findings.

"Many women think that having uri-

nary tract infections is their fate in life," Nyberg said. "But it doesn't have to be that way."

Some women never experience symptoms from infection. For others who do, the infection produces an urgent need for frequent urination, which is usually painful and may also be accompanied by a burning sensation. Back and side pain are common as are fever and chills. The urine often turns cloudy and then bloody as the infection peaks.

A variety of microbes can cause UTIs, but bacterial infections remain the leading culprits. Two types — Escherichia coli and Staphylococcus saprophyticus — account for 90 percent of all infections, according to the NIDDK. They exist harmlessly in the gastrointestinal tract.

But when they colonize the area around the opening to the vagina, they can easily be pushed up into the urethra, the entry to the bladder, and cause infection. The urinary tract includes the urethra, the bladder, the kidneys and two ureters leading from the bladder to the kidneys. Having bacteria in the bladder, which is normally a sterile environment, doesn't necessarily guarantee that bladder infection will occur.

"In fact, 99 percent of these bacteria are voided out," said John W. Warren, head of the division of infectious diseases at the University of Maryland Medical Center in Baltimore. "It's a wonderful protective mechanism."

Why are many women able to fight off this invasion while others are not? Anthony Schaeffer at Northwestern University and others have found that certain blood types make it easier for the bacteria to grab onto the bladder wall and thrive, thereby causing an infection.

In other women, infection can be caused by such things as repeated sexual intercourse, fluctuating estrogen levels, antibiotic use for other conditions and use of spermicides.

Standard treatment is still a prescription for antibiotics. What has changed, however, is the length of the treatment.

Once routinely prescribed for seven to 10 days, treatment today is more likely to be just one to three days long, thanks to the ability of the bladder to concentrate antibiotics.

Doctors often treat recurrent infections with small doses of antibiotics. The drawback, said David Uehling of the University of Wisconsin at Madison, is having to take frequent medication that may produce other unwanted symptoms, including diarrhea and a general feeling of malaise. In rare cases, there is also the possibility of developing a drug-resistant infection, he said.

A new task is to develop a vaccine against the most common strains of UTI bacteria. At Tulane University in New Orleans, researchers will soon begin injecting chimpanzees with an experimental vaccine.

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When push comes to shove, the pushup works out

Chicago Tribune
Let's all pull for the pushup. This simple exercise is down on its back. Few people do pushups these days, and even fewer do them correctly.

Blame it as much on vanity as technology. There's little glamor in doing the pushup. It has been muscled aside by all sorts of exercise devices, from computerized weight machines to gleaming chrome dumbbells to "heavy" jump ropes. Even personal

trainers shy away from pushups when designing at-home routines for their clients.
Not that the pushup has totally fallen on its face. The United States Army and U.S. Navy continue to require personnel to pass a regular physical fitness test that includes pushups: a 17- to 21-year-old male soldier must be able to do at least 42 pushups in two minutes; a female must do 18 in two minutes.

The U.S. Marines, those nutty, loving tough guys, do not require

pushups in their physical fitness test. They use pullups instead — a more difficult exercise.
But don't misinterpret matters, said Major Scott Campbell, who works at the Marine Corps Recruit Depot at Parris Island, S.C.
"We have nearly 20,000 recruits come through here every year," Campbell said. "I see people doing pushups all the time — with their units and by themselves."

Yet the pushup struggles for survival, even though it remains a classic way to build the upper body.
Though the pushup is used in some exercise videos, aerobics sessions and martial arts classes, it's mostly as an accessory. It can — and should — be much more.

"I could do right here in my office and do some," said Lenny Kaminsky, an associate director at the Human Performance Laboratory at Ball State University.

That might be the best thing about pushups, but there are other good reasons to retrofit them into your exercise routine.

The pushup is a functional exercise involving a lot of body parts," said Paul Callaway, a physical therapist in Elmhurst, Ill. "Pushups work your chest muscles, shoulder muscles, rotator cuffs, triceps, biceps, back, abdominals and more. They can be wonderful, provided you use good form and technique."

That's exactly where pushups get a bad rap.

"Improper technique leads to injuries or muscle soreness," Callaway said, "and then people give up before seeing the benefits."

According to Callaway, the proper pushup begins on your hands and knees. "Before even getting up on your toes, work for a neutral pelvic position. Your back is neither arched nor sagging. Lock in with your stomach muscles, then step back to your feet."

Your head is also in a neutral position, eyes looking at the floor. Imagine flattening your neck against the wall to find its proper place. Keep your back and legs straight, think of yourself as an ironing board."

If you haven't done pushups in a while, say, maybe since high school, Callaway suggests starting with your knees on the floor or your hands elevated on a chair or bench to reduce the weight you're pushing. (If you have arm, shoulder or lower-back problems — or any cardiovascular or respiratory conditions — begin doing pushups with supervision.)

Just how many pushups you should do is easy to figure, said Callaway. "You know it's time to rest when you can't do the proper technique," Callaway explained. "Don't compromise technique for more repetitions."

To fully work your shoulders, Callaway suggested you finish the top of the pushup by pressing to stretch your shoulder blades apart. On the down stroke, squeeze the shoulder blades together. This enhances your serratus anterior muscles, the ones that

look like "ribs" or "fingers" under the shoulder blades of those V-chested pro athletes whose appearance most men secretly want to imitate.

Such an athlete is Herschel Walker, the running back for the National Football League's Philadelphia Eagles. Walker, who won the Heisman Trophy in college, is legendary for his physical regimen. He knocks off some 1,500 pushups each day, along with 2,500 situps.

Walker does all of the situps in four sets in the morning while mixing 50 to 100 pushups between each set. He finishes his pushups quota throughout the day, often doing them while watching TV.

If you are an aging runner, pushups can help keep your upper body strong enough to provide a finishing kick in races. Some goers for bicyclists. Other kids for pushups. They help tone the back of your arms and they enhance your posture, especially in lifting the chest and shoulders.

Nonetheless, pushups also can be a misleading form of exercise. Most of us consider them an exercise for strength rather than endurance.

Not necessarily, said Kaminsky. "Your body adapts to overload," he said. "Once doing 20 pushups is easy, you will have to do 25 to build more strength. Otherwise, you will be working on endurance in the muscles, not the power burst we associate with strength."

One way to increase your workload is to do the pushups with your feet ele-

vated on a bench or chair. This applies more of your body weight to the pushup, though you can't achieve total use of body weight unless you do handstand pushups.

Most of us can use daily pushups to condition our muscles without the hands. You can start by doing 25 pushups a day. You can while maintaining proper technique. It might be 20 or 10 or 5. Then work your way to three sets of 10 to 20 each day for an overall toning. You can also choose to do all of the pushups in one set. In either case, be sure to be fully warmed up before doing pushups and make it a point to stretch your chest, shoulder and arm muscles afterward.

Of course, there is a limit to how many pushups one might do.

The world record for 24 hours is 46,001, set by one Charles Servizio, 43, of Hesperia, Calif. Servizio tried to break his record just this past weekend, hoping he could pass the 50,000 mark in what was his sixth 24-hour "pushup marathon" in the last six years. He stopped at 33,000 after 17 hours. "I'm not making excuses," said Servizio, "but I couldn't sleep the night before. I was too revved up and that hurt me."

When he set the record last April, Servizio did 30,000 of the world-record amount in his first 10 hours, averaging sets of 50 each minute. He finished with a more leisurely 16,001 in 14 hours, which still works out to a formidable 1,143 each hour. Goicha, Servizio.

the lesson page

Stre-e-t-c-h before you play
Stretching can help basketball players, joggers or anyone else who stresses lower-body joints and muscles. Before stretching, warm up thoroughly, because cold muscles are too stiff to stretch. Do a gentle jog slowly or do other mild activity for at least 10 minutes. Then do the stretches shown here.

Calf stretch
Stand about a foot from a wall, then extend one leg behind you, keeping both feet flat on the floor, toes pointed straight ahead, and your rear knee straight. Move your hips forward, keeping lower back flat. Lean into the wall until you feel tension in the calf muscle of the extended leg. Hold for 10 seconds, then stretch other leg. Repeat.

Achilles tendon stretch
Get into position for the calf stretch, then lower hips downward as you slightly bend the knee of the extended leg. Keep both heels flat on the floor and toes straight ahead. Hold the stretch 10 seconds, then stretch other leg. Repeat.

Hamstring stretch
Sit on the floor with one leg out straight. Bend other leg at the knee and press the sole of that foot against your opposite inner thigh. Extend arms as far as possible, grasping the ankle of extended leg and pulling your upper body down as your ankle (hold bent knee close to the floor and bend at the waist, keeping spine fairly straight). Hold 10 seconds, then relax. Stretch other leg. Repeat.

Groin stretch
Sit with legs outstretched in a V, with feet a comfortable distance apart. Place hands on thighs for stability. Exhale, then slowly lean forward from your hips, reaching forward with both hands to a spot between your feet. Hold 10 seconds, relax. Repeat.

SOURCES: David Ralston, athletic trainer for men's basketball, University of Michigan; Richard Lampman, exercise physiologist, Catherine McAuley Health System.

Protect yourself from impact injuries

Knight-Ridder News Service

When people exercise, their joints absorb enormous forces. The feet of a 130-pound person absorb 500 pounds of pressure with every step taken. On average, people take about 10,000 steps each day. This adds up to about five million pounds of pressure on your feet in a single day. Add impact exercise and you can increase this force immensely. As the foot strikes the ground while running, the energy of the body passes through the ankles up to nine times your body weight.

Exercise is controlled damage. If you tear down more than you can repair, problems or injuries can occur. Individuals who repetitively participate in the same high-impact activities tend to be at the highest risk. It has been said that runners are the fittest group of injured people in the world. Statistics show that about 85 percent of serious runners get injured. In addition, research shows that 76 percent of all athletic injuries occur at or below the knee.

This article will address three of the most common aerobic impact problems: shinsplints, plantar fasciitis and chondromalacia. The underlying causes of these injuries is repeated micro-trauma to the soft tissues.

SHINSPLINTS

Shinsplints is a catchall term describing pain in the front of the lower leg. Shinsplints usually occur in poorly conditioned individuals who are participating in impact activities on hard surfaces. Most describe shinsplints as a feeling of tightness and soreness that is painful to the touch.

Prevention:
• Shock-absorbing insoles such as Sorbothane.

• Proper supportive and shock-absorbing shoes.
• Stretching exercises for the calves and shins. Women should avoid wearing high heels to prevent even further tightening and shortening the muscle-

tendon unit.
• While running, land heel-toe; while jumping, land toe-heel or flat-footed to minimize impact.

• Avoid repetitive overuse of the same muscles by cross training.

Treatment:
• R-I-C-E. An acronym standing for rest, ice, compression and elevation of the injured area.

• Modify your exercise routine. Decrease the intensity, duration and frequency of activity until symptoms disappear.

• Anti-inflammatory medication.

• Strengthen anterior muscles and stretch posterior muscles.

PLANTAR FASCIITIS

The plantar fascia is a sheath of dense connective tissue on the sole of the foot that extends from the toes to the heel. Running or jumping activities can irritate and inflame the fascia. Many podiatrists have noted a rise in

this problem, probably because of the growing popularity of stair-climbers machines and bench-stepping aerobics. Pain is usually more severe in the heel but may radiate in the arch or ball of the foot.

The foot may be the most tender in the morning with the pain subsiding after a little movement.

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- Walkers Club Meeting • Wednesday, April 20, 7:30 a.m., Magic Valley Mall Food Court. Call the MVRMC Senior Connection at 737-2065 or 1-800-649-9198.
- "Sex, Drugs, and OSHA" — an employee orientation to federal regulations about safety and health at the workplace • Wednesday, April 20, 7:30 a.m. — 12 noon, Canyon Springs Inn. Fee: \$15. Reservations required by calling 733-3974.
- "Profiles in Survival" • Wednesday, April 20, 8 p.m., on CBS television. Don't miss this American Cancer Society program featuring local cancer survivors and progress in cancer treatment. Take the Cancer Quiz with your family — copies available by calling 737-2807.
- CPR Class • Saturday, April 23, 8 a.m. — 4 p.m. To register, call 737-2007.
- "Women in Agriculture Workshops" • April 23, 9 a.m. — 4 p.m., Twin Falls County Farm Bureau (2732 Kimberly Road). Five workshops on farm safety, including animal and machine safety. Registration fee: \$12 (includes sack lunch and materials). Registration deadline: April 15. To register, call the Magic Valley SAFE KIDS office at 737-2430.
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