

Twin Falls, Idaho/89th year, No. 318

# The News

Monday, November 14, 1994

50 cents

## Good morning

### Today's forecast:

Patches of morning fog today, otherwise mostly sunny. Highs near 40. Light winds. Tonight fair and cold. Lows in the teens to near 20.

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## Magic Valley

### Tires go round again

A Shoshone tire recycler collects used tires from southern Idaho and sells them to cement factories as fuel.

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### Mental care plan

Blaine County has developed a plan for providing psychiatric care to inmates in response to a suit by the ACLU.

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## Mini-Cassia

### Cassia County sued

A lawsuit against Cassia County commissioners and the operator of the county-owned hospital goes on trial Tuesday.

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## Sports

### Marquee match

San Francisco beat Dallas in the battle of NFL division leaders Sunday.

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### Huskies still tops

Nebraska still leads Penn State in the latest AP football poll.

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### Racing ends

The Winston Cup racing season concluded Sunday with the Hooters 500.

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## Health & Fashion

### Zeroing in on cancer

Radiation therapy provokes fear among some people, but it's an increasingly popular alternative to more sobering choices.

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### Think young

Dude! Columnist Dave Barry says America's newspapers had better get hip and attract some young readers.

Page D1

## Opinion

### The GOP agenda

Look for dramatic changes when Congress convenes, a guest editorial says.

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## Nation & World

### Without precedent

The medical community is still unsure about Oregon's 'Death with Dignity Act' enacted last week.

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### Overseeing nature

Pennsylvania conservationist oversees the 2,226-acre raptor sanctuary called Hawk Mountain Sanctuary.

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## All aboard

Train service across the English Channel begins today. Pay \$150 and you can take the trip yourself.

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We print on recycled paper. Please recycle it again.

# AIDS Quilt journeys to CSI

By Denise Turner  
Times-News writer

TWIN FALLS — The AIDS Memorial Quilt is coming to Twin Falls.

Two 12-by-12-foot sections of the world-famous patchwork, dubbed the Names Project, will be on display at the College of Southern Idaho beginning next week. The Magic Valley Arts-Council is sponsoring the exhibit as a visual arts endeavor.

"This is the first time the quilt has ever been shown in Idaho," said Karen Fothergill, a coordinator of the arts council. "Some of the adults and children memorialized on our panels are from Idaho."

Each quilt panel, handmade and donated by people throughout the United States, tells its own story.

Some of the stories are like that of Connie Kehoe, one of the volunteers working with the Names Project display in Twin Falls.

Kehoe, who lives in Buhl, brought her son home from Kentucky to die in February, 1989. Kirt McLane, 26, died of AIDS at home with his mother on March 27 that year. It was the day Kehoe had been fearing for years.

"When you have a gay child, that's one thing you are facing," Kehoe told The Times-News in an interview shortly after her son's death.

Kirt McLane was a kind young man who worked with problem children at a hospital in Louisville, his family said. The day he came home, for the last time, he was suffering from impaired mental function.

The doctor told Kehoe that her son's death would be horrible. A home health care

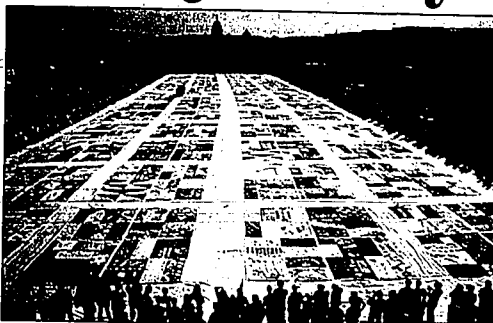


Photo courtesy NAMES Project

The AIDS Memorial Quilt is displayed for the first time in Washington DC in October 1987.

provider, she tried to prepare for the worst — but his death turned out to be more terrible than Kehoe thought it would be.

"It was almost a violent death, one of the worst I have ever seen," she said at the time.

As she told her son good-bye, she said, she also told him he would have no more pain and no one but God would ever judge him again.

Since then, Kehoe has worked to combat the disease that took her child from her. She's served on the board of directors of the Idaho AIDS Foundation. Someday, she

wants to see her son's name on the AIDS Memorial Quilt.

"I would love to have his name on there, but I hear it's expensive," she said. "I'm going to try to find a way."

She added, "Just seeing this quilt is going to be a very touching and emotional time for many people."

The quilt exists today because of a San Francisco man named Cleve Jones, who spent years searching for a way to increase public

Please see QUILT/A2

## Opening ceremony

The opening ceremony for the Names Project AIDS Memorial Quilt Display is set for 7 p.m. Tuesday at the Evergreen Building Atrium on the College of Southern Idaho campus.

Guest speakers will be Anthony Turney, executive director, Names Project, and Margot H. Knight, executive director, Idaho Commission on the Arts.

The AIDS quilt will remain on display in the atrium from 10 a.m. to 7 p.m. Mondays through Saturdays beginning Tuesday and running through Dec. 14. The display will be closed Thanksgiving weekend. Docents will be available to answer questions during viewing hours. Pastoral care providers will be available from 4 to 7 p.m. Monday through Friday and 10 a.m. to 7 p.m. Saturdays.

No admission will be charged, but donations will be accepted.

The viewing is being made possible by the College of Southern Idaho Student Senate, Herrett Museum, St. Thomas Episcopal Church, Unitarian Universalist Fellowship of Twin Falls, Episcopal Church of the Ascension, First United Methodist Church, Magic Valley Interfaith Association, Ascension Priory, P-Flag, South Central District Health Department, Twin Falls Clinic & Hospital, STD/AIDS Program, the Idaho Commission on the Arts and individual donors.

## Gulf War vet babies show birth defects

Los Angeles Times

FAYETTEVILLE, N.C. — Ten babies have died here already.

The children of Persian Gulf war veterans, they died of heart defects and liver cancer. One was born with no spleen. Three were born dead.

**'To my knowledge, this is the first time we've ever had such a large group exposed to a possible large degree of chemicals, so we better learn from this whole series of events.'**

— Dr. Francis J. Waickman

Here at Fort Bragg, home to the Army's 82nd Airborne Corps, veterans' wives learned almost by accident that they were not the only ones mysteriously losing children: Some by chance struck up casual conversations with other grieving mothers at the beauty shop; others traded stories at the local grocery.

The Fort Bragg experience is being repeated all over the United States. With some groups believing that as many as 65 percent of the children born to Gulf War soldiers are afflicted in some form or another, veterans and their spouses are confused and angry — and are increasingly refusing to have more children.

Dr. Ellen Silbergeld, a molecular toxicologist at the University of Maryland, told a congressional hearing in August that scientists now know that men exposed to toxic chemicals can pass the poison directly to their children through semen. What is frightening, she said, is that the chemicals can cause genetic mutations to the sperm that helps conceive the child.

Exactly why this occurs, she added, is the question we know the least about.

Dr. Francis J. Waickman, an Akron, Ohio, environmental pediatrician, compared birth-defect statistics between Gulf War babies and other children. He found a 30 percent rate of abnormalities among the children of Gulf War veterans — "probably tenfold of what is in the 'normal population,'" he said.

But as experts delve further into the issue, he said, more questions pop up. "Can it be passed on? The answer is yes, insofar as we have hard evidence that chemicals can absolutely decrease numbers of sperm."

"It can create an infant whose immune system does not function normally, and as a consequence this can be a cause for the increased incidence of infections in these children."

Please see BABIES/A2

## Just a swingin'



AP photo

Sue Dolozal, 8, didn't let the cold morning air keep her from playing at the Maple Grove Elementary School playground in Boise Sunday. Snow-covered Boise foothills are in the background.

## GOP begins pursuit of nomination

The Associated Press

DES MOINES, Iowa — Bob Dole is a man in a hurry these days, but he was content to cool his heels for half an hour to share a podium with Iowa's Republican Gov. Terry Branstad.

"I think there will be a number of people dropping into Iowa between now and January," the Senate Republican leader cracked as he milled around an airport lobby waiting for Branstad.

"Judging from my phone calls, yes, there will be," Branstad said when he arrived.

With the passing of the midterm elections, Republicans wasted no time turning to the next campaign — the fight for the nomination to oppose President Clinton in 1996.

Iowa's precinct caucuses, the first step in that pursuit, are still 15 months away, but the chase took on new urgency in the Republican landslide, which many saw as a sign of Clinton's vulnerability.

"The value of the Republican nomination for President just went up," veteran Iowa Republican operative David Oman said Thursday. "That caucus effort starts very quickly."

The swing by Dole, from neighboring Kansas, came just two days after the election. Sens. Phil Gramm of Texas and Arlen Specter of Pennsylvania were hard on his heels.

Gramm was already in Iowa on Friday, and on Sunday he said he would file candidacy papers with the Federal Election Commission this week. Appearing on NBC's "Meet the Press," Gramm also took a swipe at Dole: "I think that I am more committed to changing government fundamentally than Bob Dole is."

Specter is announcing his interest in a presidential bid with scheduled "exploratory travel."

## Women likely favor Democrats

The Associated Press

WASHINGTON — If women voters had prevailed in the midterm elections, the Senate would have remained in Democratic hands and several governor's seats would have gone to Democrats instead of Republicans.

The election saw one of the strongest gender gaps in years, exit polls indicated, as men hardened their conservative views and showed more affinity for the Republican

message of smaller government, less spending on social programs and anti-taxation.

Across the country, men — predominantly white men — voted heavily Republican.

Democrats sifting through the lessons of last week's election are faced with a reality that men are steadily defecting. In exit polls, men identified themselves as 37 percent Republican, 31 percent Democratic and 31 percent independent. Four years

Please see WOMEN/A2

ing the nomination spent considerable time in Iowa campaigning for state candidates and now are fice to work more directly for themselves.

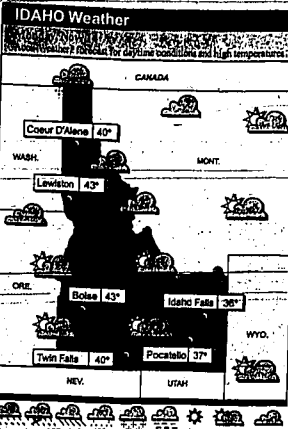
Much of former President Bush's cabinet has been spotted on the Iowa campaign trail, including Dick Cheney, Jack Kemp and Lamar Alexander. Former Vice President Dan Quayle showed up as well, and Tuesday's election returns stirred speculation that several Republican governors — Massachusetts' William Weld foremost among them — could be considered a run.

Iowa Republican activists were quick to begin handicapping the field and eager to begin reaping the benefits of a drawn-out campaign for the party's nomination.

Dole won the precinct caucuses when he unsuccessfully sought the 1988 GOP nomination.

Dole dismissed suggestions that his new job as Senate majority leader would cut into presidential campaign time.

# Weather



## Idaho Forecasts

### Magic Valley

Today patches of morning fog. Otherwise mostly sunny. Highs near 40. Light winds. Tonight fair and cold. Lows in the teens to near 20.

### Extended regional forecast

Patches of morning fog and low clouds today, with increasing higher clouds. Highs in the 30s and lower 40s. Tonight increasing clouds west and not as cold. Fair and cold with patches of valley fog east. Lows in the single digits above zero east to around 30 west. Tuesday mostly cloudy and breezy. A slight chance of snow or rain showers west later in the day. Highs in the mid-30s to mid-40s. Extended forecast, Wednesday mostly cloudy with a chance of snow. Lows in the 20s. Highs in the 30s. Friday partly cloudy and colder. Slight chance of snow east. Lows 5 through the teens. Highs mid-20s to mid-30s.

### Wood River Valley

Today patches of morning valley fog or low clouds. Otherwise mostly sunny. Highs in the lower to mid-30s. Tonight fair. Lows 5 to 15 above zero.

### Treasure Valley

Today patches of morning valley fog. Otherwise sunny in the morning and increasing higher clouds in the afternoon. Highs in the lower 40s. Light morning winds becoming northwesterly near 10 mph by midday. Tonight increasing clouds and not as cold. Lows in the mid-20s to near 30.

### Northern Nevada

Today increasing high clouds. Becoming locally breezy in the afternoon. Highs in the mid-30s to 40s west. Tonight mostly cloudy and locally breezy. Not as cold with lows in the teens east and 20s to near 30 west.

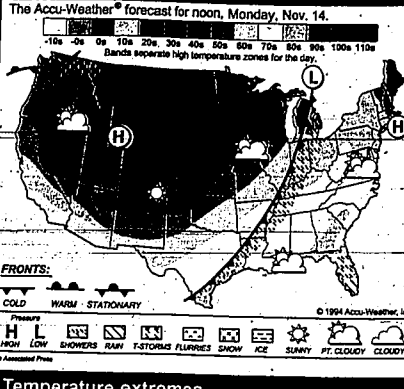
### Northern Utah

Today mostly sunny. Highs mid- to upper 30s. Tonight fair and cold. Lows near 20. The ultraviolet index forecast for today is 2, a minimal exposure level.

### Idaho weather summary

The back side of Saturday's storm system was providing some a few more snow showers over the higher elevations of southeast Idaho Sunday afternoon, especially near the Wyoming and Utah borders. Mostly sunny skies ruled the southwest and central mountains. The north had increasing clouds from a storm which will cross the northern border today and Tuesday with more rain or snow showers. The south and central portions of Idaho will have fair weather for most of today and a chance of precipitation on Tuesday. Colder temperatures are also on tap for a few days in the central and southern portions.

## National Weather



## National temperatures

Location	Max	Min	Pop
Albuquerque	50	32	10
Atlanta	73	48	...
Boston	57	44	...
Chicago	55	45	...
Dallas	72	58	...
Denver	53	37	...
Des Moines	56	53	22
Detroit	52	38	...
Honolulu	86	78	...
Houston	80	60	...
Indianapolis	71	45	...
Kansas City	50	35	...
Las Vegas	57	43	...
Los Angeles	67	48	...
Memphis	72	53	...
Minneapolis	58	50	17
New Orleans	74	63	...
New York	52	47	...
Oakland	53	55	11
Omaha	61	54	05
Phoenix	77	47	...
Pittsburgh	68	40	...
Portland, Me.	51	32	...
Portland, Ore.	51	42	03
San Francisco	62	45	...
Seattle	50	30	01
Spokane	37	23	...
Washington	71	43	...

## Temperature extremes

Idaho: High, 44 degrees at Riggs. Low, 9 degrees at Stanley. Nation: High, 88 degrees at Corolla and Laredo, Texas. Low, 9 degrees at Stanley, Idaho.

For up-to-the-minute weather information  
Tune to the National Weather Service radio band at VHF-FM 162.4 or 162.55 MHz or call 423-4425.

## For road conditions

For current road conditions, call these numbers: Twin Falls, 236-3060; Boise, 334-3731; Pocatello 232-1426; Idaho Falls 522-5141; Utah 801-964-6000; the Elko, Nev., area, 702-738-8888.

## Almanac

Idaho	Max	Min	Pop
Boise	41	24	...
Burley	37	28	...
Fairfield	31	19	...
Gooding	30	20	...
Hagerman	30	20	...
Idaho Falls	30	20	...
Jerome	37	26	...
Lewiston	42	32	...
Malad	37	23	...
Malla	30	20	...
McCall	35	27	...
Pocatello	35	27	...
Salmon	41	26	...
Stanley	9	...	...
Sun Valley	34	20	...

## Skywatch

Sunset today 5:17 p.m.  
Sunrise tomorrow 7:29 a.m.  
Lunar phase: First quarter Nov. 10; full Nov. 18; last Nov. 26; new Dec. 2.  
Visible planets: Morning: Mars, Mercury. Evening: Saturn.

## Quilt

Continued from A1  
awareness of AIDS. He devised the quilt project in June, 1987. By October of that year, the quilt—2,000 panels strong—was on display at the Capitol Mall in Washington, D.C. During the past seven years, quilt makers have spearheaded more than 1,000 additional displays — from large exhibits of the entire quilt to smaller exhibits in schools, churches, corporate offices, hospitals, malls, prisons, museums, theaters and convention centers. Through donations solicited at the displays, the project has raised more than \$1.4 million for AIDS service organizations.

## Babies

Continued from A1  
"But does this alter genes? And can this occur when you have severe chemical exposure?" He answered his questions this way: "To my knowledge, this is the first time we've ever had such a large group exposed to a possible large dose of chemicals, so we better learn from this whole series of events." Betty Mekede, founder and director of the Association of Birth Defect Children in Orlando, Fla., is also studying the illnesses and deaths. Her group is circulating 10,000 questionnaires to Gulf War families, all information that will be dissected to look for trends and patterns. What she hopes to determine is whether the ailments and fatalities are linked to the war, or simply mirror society. Defense Department officials say

help raise funds for people living with HIV and AIDS and their loved one. The panels going on display at CSI are woven from the fabric of many lives. Here are the names sewn into those particular panels: Becky Bruno, Jon Christopher "Andrew" Clark, De De, Brian Godines, Randy C. Gray, Dallas Larsen, Mark Pedraza, Marcia Lynn Penrod, Les Rawstons, Leslie M. Rawstons, David K. Ricketts, Kerry Searle, Shain K. Sissam, Edward Walker, Russell Warner, Russell James Warner and the Utah AIDS Foundation. "Through the 1980s and into '90s, men have become more conservative and more Republican, and women have stayed as tied to the Democratic Party as they were going into the '80s." In virtually every gubernatorial and Senate race last week, women supported Democrats more strongly than men did — even in the cases where women ended up voting overall to elect the Republican. The GOP takeover of the House was helped by the 57 percent male preference for Republicans compared with a 54 percent preference by women for Democrats. Democratic men crossed over more often to vote for Republican candidates than did Democratic women. Senate races in Washington, Michigan and Minnesota would have gone Democratic instead of Republican, based on the women's vote alone; preventing the Republican takeover of the Senate. "Governors' seats in Connecticut, Alabama, Maine and New York would have been won by Democrats if not for male votes that put them in Republican hands." In other cases, women provided the critical Democratic margin of victory where men favored the Republican. In Florida, for example, when women's 55 percent endorsement of Democrat Lawton Chiles helped him win re-election by two percentage points despite Jeb Bush's heavy support from men. Men cited concerns about taxes more often than women in Tuesday's health care, and women mentioned issue in their vote. Both men and women said they were worried about crime in the national poll. Even though most women agree that the country is seriously on the wrong track, they are more inclined to look to Democrats to fix things. Across the board, the sexes voiced different opinions — men disapproval of Congress more than women, and women giving President Clinton slightly more favorable ratings, while a majority of men disapproved of his performance. In specific races: — Men would have elected Oliver North to the Senate in Virginia, but the women's vote gave incumbent Demo-

## Women

crat Charles Robb the win. — Maryland provided a striking contrast in which men favored the woman gubernatorial candidate, Republican Ellen Sauerbrey, while women by a similar margin preferred the Democratic male, Parris Glendening. — New York's Democratic Gov. Mario Cuomo would have kept his seat based on women's votes alone. — California men, who cited crime, immigration and taxes as influencing their vote, preferred GOP candidate Michael Huffington for the Senate. Women chose incumbent Democrat Dianne Feinstein, most frequently citing experience and knowledge of California as their criteria. — Women picked Democrat Bob Carr over Michigan's winning Republican senator, Spencer Abraham. And in Washington, they preferred Democrat Ron Sims over the Republican vice, Sen. Slade Gorton. — Men would have turned out veteran New Jersey Democrat Sen. Frank Lautenberg for GOP challenger Chuck Hayatyan, but a large female vote gave Lautenberg the win. — In Minnesota, women picked Democratic Senate candidate Ann Wynn, but she was defeated by Republican Rod Grams. Exit polls indicated wide polarization, with only two women who voted for Gramm citing taxes as a key issue influencing their vote, and nearly the same ratio of female Wynn supporters citing health care.

## Idaho road report

BOISE (AP) — The Idaho Department of Transportation Sunday reported wet roads with fresh snow in mountain areas. Road Conditions: U.S. 95 — Riggs-Whitebird Hill, wet, rain; Whitebird Hill, icy; Grangeville-Winchester, broken snow; Winchester-Lewiston, dry; Lewiston-Hill-Moscow, dry; Weiser-New Meadows, dry-icy spots; Marsa-Oregon Line, dry. Interstate 84 — Oregon Line-Caldwell, dry; Caldwell-Nampa Area, dry; Boise Area, dry; Boise-Mountain Home, dry; Mountain Home-Olney Ferry, dry.

Bliss-Twin Falls, dry; Twin Falls-Burley, dry; Burley-Idaho Falls, dry. Idaho 55 — Horseshoe Bend Hill-Donnelly, icy spots; broken snow floor; Donnelly-McCall-New Meadows, icy spots. Idaho 21 — Boise-Idaho Falls, dry-icy spots; Idaho Falls-Lowman, icy spots; Lowman-Banner Summit, icy spots; snow floor. U.S. 20 — Mountain Home-Fairfield, dry-icy spots; Fairfield-Carey, dry; Carey-Aro-Idaho Falls, icy spots; Idaho Falls-Idaho Falls, icy spots; Ashton-Montana Line, icy spots; snow floor. U.S. 93 — Nevada Line-Twin Falls, dry; Twin Falls-Carey, dry; Carey-Aro, broken snow floor; Aro-Salmon, icy spots; Lost Trail Pass, icy spots-snow floor. Idaho 75 — Shoshone-Ketchum, dry-icy spots; Galena Summit, broken snow floor. Interstate 86 — Raft River-American Falls-Pocatello, dry. Interstate 15 — Utah Line-Pocatello, dry; Malad Pass, dry; Pocatello-Blackfoot-Idaho Falls, wet; Idaho Falls-Dubois, wet; Montida Pass, icy spots. U.S. 30 — McCammon-Soda Springs, icy spots; Soda Springs-Montpelier, wet; Montpelier-Wyoming Line, wet. U.S. 91 — Utah Line-Preston-Dewey, dry. Idaho 28 — Mud Lake-Salmon, icy spots.

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Allen Wilson, circulation director  
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### The Times-News

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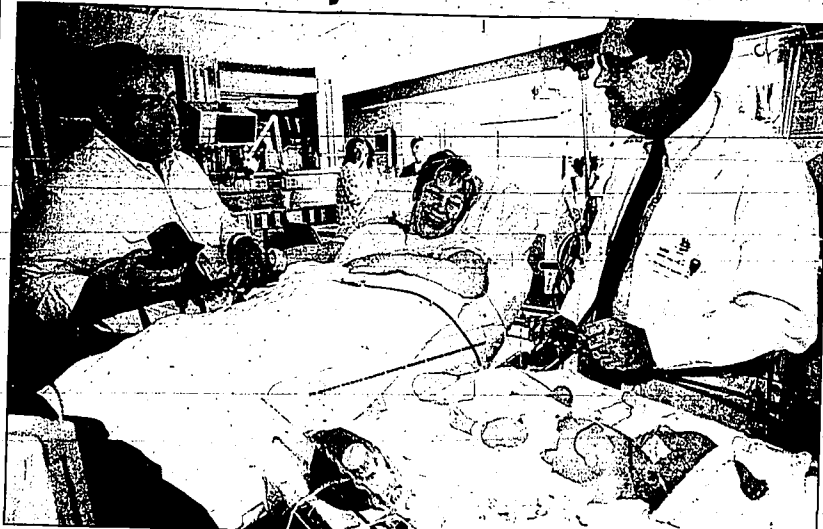
Press 6

### COMMUNITY CALENDAR

LOCAL SPORTS EVENTS

Nation

# Gubernatorial victory



Michigan Gov. John Engler and his wife, Michelle, turned their attention away from politics Sunday to the births of their triplet daughters. The girls, the couple's first children, were delivered by Caesarean section. Margaret, the firstborn, weighed 5 pounds, 3 ounces. Hannah weighed 4 pounds, 11 ounces and Madeleine 4 pounds, 15 ounces. Doctors said the babies would probably go home in about two weeks and Mrs. Engler in about four days.

## Medical community split on Oregon's act

The Washington Post

The enactment last week of Oregon's "Death with Dignity Act" represents a legal acceptance of physician-assisted suicide that is without precedent in the United States.

The tightly structured law, which goes into effect Dec. 8, stops far short of allowing the kind of active participation that has characterized the assisted suicides of pathologist Jack Kevorkian in Michigan. It places burdens on the terminally ill to ensure they are following their own wishes and offers legal protections for doctors involved in the cases.

"It remains to be seen whether the law will gain acceptance in Oregon's medical community, which has been divided on the legal and ethical questions surrounding the issue. The American Medical Association, along with the Catholic Church and both gubernatorial candidates, fought hard against the measure. It passed in a ballot initiative with 52 percent of the vote.

"I don't think physicians in the main have had any pressing desire for this legislation," said Peter Goodwin, a physician who headed the Oregon Right to Die Committee, which sponsored the initiative. He called the law "very tightly drafted and very specific," and added that "nobody is going to dare to act in a cavalier, arrogant or negligent way."

The law allows physicians in the state to help terminally ill patients commit suicide by drug overdose. It lays out strict rules for this assistance,

forbidding doctors from taking steps more aggressive than writing a prescription for the fatal drug. The patient must get the drug and take it. It specifically proscribes "lethal injection, mercy killing or active euthanasia."

The law applies to patients with terminal illnesses who are not expected to live more than six months. They also must be at least 18 years old and Oregon residents.

**'We felt it was fundamentally inappropriate for physicians to be asked to participate in such acts. Physicians should not be involved in the active demise of a patient.'**

—Thomas Reardon, physician

from becoming a destination for patients from around the country who want to end their lives.

The patient must request the prescription first orally, then in writing, and then again orally. Fifteen days must pass between the first and last request. The written request must be witnessed by two other people, one of whom cannot be a relative or beneficiary of the dying patient's estate. The doctor cannot be a witness.

Before writing the prescription, the physician must explain the patient's prognosis, describe alternatives such as hospice care or higher doses of pain-relieving medicine, and must request that the patient notify his next-of-kin of

his decision. The patient is not required to fulfill the last request, but if he doesn't, he must note that in writing. A second "consulting" physician must examine the patient, verify the disease's gravity and attest that the person is capable and acting voluntarily. If the patient appears to have depression or another psychiatric illness, he must be referred for counseling. In that case, no prescription can be written until the person is judged free of serious mental illness.

Under the law, Oregon physicians do not have to accede to a patient's request for suicide assistance, and the patient can stop the process at any time. The doctor must specifically offer the patient a chance to withdraw the request when he or she asks for the prescription the final time.

If all of these conditions are met, no physician can be subject to legal action—including discipline by medical licensing boards—for helping a patient die.

The law does not specify which drugs a physician should prescribe, but those most often chosen.

The initiative—called Measure 16—required 66,700 signatures to get on the ballot. About 95,000 were collected. The Right to Die Committee spent about \$900,000 promoting the measure, with more than \$100,000 contributed by the Hemlock Society, an international organization that supports assisted suicide. In all, about 40,000 people donated to the campaign, Goodwin said.

## EPA mulls tougher rules on bug bombs

WASHINGTON (AP) — The Environmental Protection Agency is considering stronger warning labels on cans of insecticide foggers known as "bug bombs" because of incidents in which the cans have exploded or caught fire.

The fogger labeling issue has dogged the EPA for eight years and prompted an intense lobbying campaign by propellant manufacturers who fear their products might unfairly be put in the same labeling category as gasoline cans or fireworks.

The agency raised concern over inadequate flammability warnings on the propellants in the mid-1980s but withdrew a proposal for stronger labeling requirements after industry objections, according to a study by a private group, Project on Government Oversight, which cited internal EPA documents.

But the EPA has revived the proposed regulation which would require warnings that insecticide foggers are "extremely flammable" and that the cans should carry symbols depicting a flame and an explosion. A final decision on the precise warning label requirements is expected early next year.

The fogger propellants have been on the market for years and are widely available in hardware stores and other retail outlets. Last year, 25 million cans were sold, according to industry estimates. They often are a cheaper way to rid a home of roaches, flies, ants or other insects than calling an exterminator.

But since the 1970s, manufacturers have used highly flammable propane or butane as the propellant that disperses the insecticide over a wide area when triggered. A chlorofluorocarbon had previously been used but it was banned in 1978 because of its threat to the earth's ozone layer.

"The consumer really isn't aware of what's in the aerosol product. You're talking about (propellant) substances that are as flammable, or more flammable than gasoline," argues Scott Amey, a researcher for the private Project on Government Oversight.

The group accused the EPA earlier this year of not aggressively pushing for clearer labels as well as more accurate flammability tests not only for fogger propellants, but other spray insecticide containers that use flammable hydrocarbons as the propellant.

Manufacturers argue that the danger

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Industry representatives emphasized that in each of these cases instructions—including clear limits on how many foggers can safely be used—were not followed.

## Unions OK contract, end newspaper strike

SAN FRANCISCO (AP) — Two unions approved a five-year contract with the San Francisco Examiner and San Francisco Chronicle on Sunday, ending their 13-day walkout.

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Additionally, all workers will return without threat of discipline except those convicted of a felony or those who "committed acts with the intent of causing bodily harm or serious property damage."

## Jury decides there is method to Hamlet's madness

CHICAGO (AP) — There was method to his madness.

At least that's what a majority of Hamlet's jury decided. Supreme Court Justice Anthony Kennedy presided as top lawyers and doctors gathered to put Shakespeare's melancholy Dane on trial for murder.

In a "rhapsody of words," Chicago attorneys George Costinolis and James Montgomery led the defense, arguing that the prince was clinically depressed and hallucinating when he killed Polonius, who says in the play: "Though this be madness, yet there is method in it."

The prosecution, led by Cook County Board President Richard Phelan and William Bauer, former chief judge of the 7th U.S. Circuit Court of Appeals, argued Hamlet was a brilliant tactician plotting to avenge his father's murder.

Almost 700 people paid \$200 each to attend the sold-out trial Saturday night at the Art Institute of Chicago. The event was part of the fifth annual Chicago Humanities Festival, and the



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money will be used to subsidize other festival events. Kennedy, who devised the idea to put Hamlet on trial, said he intended the show to be educational.

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The prosecution argued Hamlet rationally tried to kill Claudius to avenge his father and only feigned madness to protect himself.

"At the time of the actual slaying, Prince Hamlet knew precisely what he was doing," Phelan said. "He was not suffering from any mental disorder."

Dr. Alan Stone, a professor of law and psychiatry at Harvard, testified that the prince was sane, even though the play depicts Hamlet conversing with the ghost of his dead father.

## South Florida braces as tropical storm nears

Knight-Ridder News Service

MIAMI — After crisscrossing the Caribbean, Tropical Storm Gordon headed north on Sunday toward South Florida, where it's expected to bring heavy rains and winds gusting up to 45 miles per hour Monday and Tuesday.

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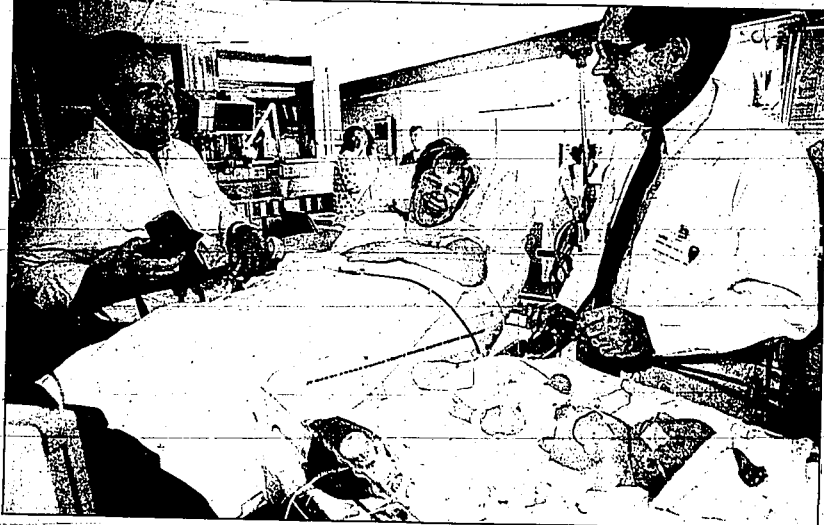
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Nation

Gubernatorial victory



Michigan Gov. John Engler and his wife, Michelle, turned their attention away from politics Sunday to the births of their triplet daughters. The girls, the couple's first children, were delivered by Caesarean section. Margaret, the firstborn, weighed 5 pounds, 3 ounces. Hannah weighed 4 pounds, 11 ounces and Madeleine 4 pounds, 15 ounces. Doctors said the babies would probably go home in about two weeks and Mrs. Engler in about four days.

EPA mulls tougher rules on bug bombs

WASHINGTON (AP) — The Environmental Protection Agency is considering stronger warning labels on cans of insecticide foggers known as "bug bombs" because of incidents in which the cans have exploded or caught fire.

The fogger labeling issue has dogged the EPA for eight years and prompted an intense lobbying campaign by propellant manufacturers who fear their products might unfairly be put in the same labeling category as gasoline cans or firecrackers.

The agency raised concern over inadequate flammability warnings on the propellants in the mid-1980s but withdrew a proposal for stronger labeling requirements after industry objections, according to a study by a private group, Project on Government Oversight, which cited internal EPA documents.

The EPA has revived the proposed regulation which would require warnings that insecticide foggers are "extremely flammable" and that the cans should carry symbols depicting a flame and an explosion. A final decision on the precise warning label requirements is expected early next year.

The fogger propellants have been on the market for years and are widely available in hardware stores and other retail outlets. Last year, 25 million cans were sold, according to industry estimates. They often are a cheaper way to rid a home of roaches, fleas, ants or other insects than calling an exterminator.

But since the 1970s, manufacturers have used highly flammable propane gas as the propellant that disperses the insecticide over a wide area when triggered. A chlorofluorocarbon had previously been used but it was banned in 1978 because of its threat to the earth's ozone layer.

"The consumer really isn't aware of what's in the aerosol product. You're talking about (propellant) substances that are as flammable, or more flammable than gasoline," argues Scott Arney, a researcher for the private Project on Government Oversight.

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Medical community split on Oregon's act

The Washington Post

The enactment last week of Oregon's "Death with Dignity Act" represents a legal acceptance of physician-assisted suicide that is without precedent in the United States.

The tightly structured law, which goes into effect Dec. 8, stops far short of allowing the kind of active participation that has characterized the assisted suicides of pathologist Jack Kevorkian in Michigan. It places burdens on the terminally ill to ensure they are following their own wishes and offers legal protections for doctors involved in the cases.

But it remains to be seen whether the law will gain acceptance in Oregon's medical community, which has been divided on the legal and ethical questions surrounding the issue. The American Medical Association and both gubernatorial candidates, fought hard against the measure. It passed in a ballot initiative with 52 percent of the vote.

"I don't think physicians in the main have any pressing desire for this legislation," said Peter Goodwin, a physician who headed the Oregon Right to Die Committee, which sponsored the initiative. He called the law "very tightly drafted and very specific," and added that "nobody is going to dare act in a cavalier, arrogant or negligent way."

The law allows physicians in the state to help terminally ill patients commit suicide by drug overdose. It lays out strict rules for this assistance,

forbidding doctors from taking steps more aggressive than writing a prescription and requiring witnesses, consultants and written documentation.

It is unknown how Oregon physicians feel about this imminent new power, or how many might be willing to use it. However, a survey in the neighboring state of Washington, published in the New England Journal of Medicine in July, found that 53 percent of doctors believed assisted suicide should be legal under certain circumstances. Forty percent said they would be willing to help a patient end his life.

The Oregon Medical Association in April declined to vote on a resolution supporting the measure because its membership was so divided. A month before the election, however, the AMA began actively campaigning against it.

"We felt it was a national issue," said Thomas Reardon, an Oregon physician and member of the AMA's board of trustees. "We felt it was fundamentally inappropriate for physicians to be asked to participate in active demises of a patient."

Central to the law is the stipulation that a physician may only write a prescription for the fatal drug. The patient must get the drug and take it. It specifically proscribes "lethal injection, mercy killing or active euthanasia."

The law applies to patients with terminal illnesses who are not expected to live more than six months. They also must be at least 18 years old and Oregon residents. The latter provision is designed to prevent the state from becoming a destination for patients from around the country who want to end their lives.

The patient must request the prescription first orally, then in writing and then again orally. Fifteen days must pass between the first and last request. The written request must be witnessed by two other people, one of whom cannot be a relative or beneficiary of the dying patient's estate. The doctor cannot be a witness.

Before writing the prescription, the physician must explain the patient's prognosis, describe alternatives such as hospice care or higher doses of pain-relieving medicine, and must request that the patient notify his next-of-kin of his decision. The patient is not required to fulfill the last request, but if he doesn't, he must note that in writing.

A second "consulting" physician must examine the patient, verify the diagnosis's gravity and attest that the person is capable and acting voluntarily. If the patient appears to have depression or another psychiatric illness, he must be referred for counseling. In that case, no prescription can be written until the person is judged free of serious mental illness.

Under the law, Oregon physicians do not have to accede to a patient's request for suicide assistance, and the patient can stop the process at any time. "The doctor must specifically offer the patient a chance to withdraw the request when he or she asks for the prescription the final time."

If all of these conditions are met, no physician can be subject to legal action — including discipline by medical licensing boards — for helping a patient die.

The law does not specify which drugs a physician should prescribe, but short-acting barbiturates will probably be those most often chosen.

The initiative, called Measure 16, required 66,700 signatures to get on the ballot. About 95,000 were collected. The Right to Die Committee spent about \$900,000 promoting the measure, with more than \$100,000 contributed by the Hemlock Society, an international organization that supports assisted suicide. In all, about 40,000 people donated to the campaign, Goodwin said.

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Unions OK contract, end newspaper strike

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## Nation



Jim Brett, curator at Hawk Mountain Sanctuary in Kempton, Pa., joins others looking for a passing raptor at the preserve. Brett is a conservationist, adventurer, gourmet chef, and a bit of a hellion.

## Naturalist earns worldwide reputation

### Biologist oversees respected intern program at Hawk Mountain Sanctuary in Pennsylvania

KEMPTON, Pa. (AP) — From the rugged outcroppings of rock known as Owl's Head, the lush farmland wedged between the ridges of the Kittatinny Mountains stretches out hundreds of feet below.

Occasionally, a red-tailed hawk catches an air current and glides noiselessly past at eye level.

Jim Brett rests against a rock and scowls out at the scenery. "The curator of Hawk Mountain Sanctuary in central Pennsylvania explains his weekly trips to Owl's Head.

"Nobody's supposed to come out here, but they do sometimes. Camp sometimes. Mess it up. So I try to get out here and check it every Monday."

Then he grins. "And it's a good way to start a week."

Brett, who oversees the 2,226-acre raptor sanctuary, is a character — not to mention conservationist, adventurer and mentor.

A former biology teacher in nearby York County, Brett also spent some time as a research biologist, writing impact statements for nuclear power stations. He was about to enter Cornell University

**'We talked about mutual understanding of the planet. It was provocative ... it was the aura.'**

— Conservationist Jim Brett, on a recent talk with the Dalai Lama

to work on his Ph.D. in nature interpretation when he took the Hawk Mountain job 24 years ago. During migration season, from August through December, Brett, 54, spends at least a few days a week perched for hours at a time on the sanctuary's North Lookout, counting raptors, keeping records and chatting with the regulars.

Brett also does research, organizes programs and acts as teacher to the young interns he recruits from Pottstown, Pa., to Tanzania.

"We're cutting edge," he says proudly of his internship program. "We have two black interns from Africa, one Hispanic from Ecuador and Annette."

Annette Edwards of Trinidad was hired by Brett recently to coordinate the sanctuary's internship program. He had met Edwards on his travels, liked her and pursued her until she accepted the job.

She returns the admiration. "He's such an inspiration ... he's wonderful," says Edwards.

Several seasonal interns also are accepted from the United States, including three this fall from New Hampshire, Massachusetts and Michigan. Brett works as hard to



Jim Brett records a passing raptor while on duty atop the North Lookout of Hawk Mountain Sanctuary. From August to December, some 20,000 hawks, eagles and falcons migrate above Hawk Mountain.

recruit those students as he does the foreign interns. As a result, the program has become known worldwide.

For Brett, there are no days off. His work on and off the mountain is more a lifestyle than a career. To keep himself fresh, he leaves

the mountains of Pennsylvania for up to 12 weeks a year and travels around the world.

In 1995, he has trips planned for Panama, Israel, India and Africa. Brett has been invited to attend the first Jordanian Hawk Watch next fall.

Officially, Brett's travels to Tanzania, South America, the Middle East and Asia are for finding possible interns and speakers, leading what he calls "eco-tours," planning exhibits and raising money for Hawk Mountain.

Unofficially, he says, "If I don't go away every once in awhile, I go whacky."

Last March, Brett met the Dalai Lama in the Sinai Desert with a group from the Society for the Protection of Nature.

"We talked about mutual understanding of the planet," he says with uncharacteristic reverence. "It was so provocative. ... It was the aura. I don't get turned on by that stuff usually, but that did something to me. Sitting high above the Red Sea, and the wind was blowing, and behind this holy man was this huge flock of black storks, and he said, 'This is what we need to protect.'"

"The whole moment transcended that particular time and place," he said.

Brett pauses briefly, then puts his binoculars up to his eyes and scans the valley.

"I'd like to get him here. I'm working on that," he adds simply.

## O.J. Bronco chase has dubious role in case

LOS ANGELES (AP) — What role the pursuit of the white Bronco will play at O.J. Simpson's trial remains in question since prosecutors decided against charging his best friend with helping him flee.

Legal experts say it's unlikely Al "A.C." Cowlings will testify for the prosecution. But they said that doesn't mean Simpson's flight from justice with Cowling at the wheel will be abandoned as a feature of the murder case against him.

"The flight has always been fairly ambiguous," said Loyola University law professor Laurie Levenson. "The defense can say it was an act of panic by a man whose world was collapsing around him. ... The prosecution can still argue he was thinking of fleeing. But they would have had a stronger argument if Cowlings had been charged."

The quirky nature of the pursuit across Los Angeles diminished its impact as an indication of consciousness of guilt, said UCLA law professor Peter Arenella.

The slowness of this chase makes it hard for people to treat this as a deliberate flight from justice," Arenella said. "It's a piece of circumstantial evidence, but not a particularly compelling one."

The defense contends Simpson was distraught over the death of his ex-wife and was trying to get to her grave. Many people lauded Cowlings for saving Simpson's life that day.

Prosecutors deciding how much to make of the chase during the trial likely will take their signals from jury questioning, Levenson said.

"If jurors are skeptical about it, you don't want to make it the focus of your case," she said.

Prospective jurors were asked about the pursuit on a questionnaire. "Have you seen, heard or read any portion of the freeway pursuit of O.J. Simpson

and Al Cowlings? If yes, approximately how many hours-minutes of the freeway pursuit did you watch on television or listen to on the radio? What did you think about the chase?"

Most prospective jurors said they saw at least part of the pursuit.

Their responses about it varied.

One woman said, "I was looking for him to shoot or get shot."

"Just another chase," said another. Five days after the killings of Nicole Brown Simpson and her friend Ronald Goldman, Simpson was charged with murder and his lawyer agreed to Simpson's surrender. But Simpson and Cowlings slipped away that morning, June 17.

Police began hunting for Simpson and the district attorney threatened to prosecute anybody who helped the fugitive.

Then came the call from motorists who spotted the white Bronco. Inside, Simpson held a gun to his head as his friend drove.

Millions of people watched on television as police cars tailed the white Bronco in a slow procession. Others ran out to the streets and freeways to cheer Simpson.

When Simpson surrendered at the front door to his Brentwood home, Cowlings also was arrested. But after months of grand jury hearings, prosecutors said they had insufficient evidence to file charges.

Southwestern University law professor Robert Pugsley said he's convinced the Cowlings grand jury process was used as "an auxiliary investigative tool against O.J. Simpson."

Once the grand jury inquiry ended, Deputy District Attorney Christopher Darden, who supervised the investigation, was transferred to the Simpson prosecution team. Pugsley noted that Darden brings with him whatever knowledge he gained during the secret hearings.

## Father of Ronald Goldman decries tactics of defense

The Los Angeles Times

LOS ANGELES — For Fred Goldman, the passage from grief to fury has been startlingly swift.

The father of Ronald Lyle Goldman has seen his murdered son's face plastered on trading cards. He has heard the young man's identity reduced to terms like "waiter" or "friend."

He has watched as a tragic double murder was transformed into a sensational spectacle dubbed "The O.J. Case."

And now, as Fred Goldman sees it, defense attorneys are misleading potential jurors, manipulating public opinion and inappropriately injecting race into the trial — all in an effort to win sympathy for O.J. Simpson, the accused killer of his son, a man Goldman worries may ultimately walk free.

"Lately," Fred Goldman said, "I find myself screaming at the TV and screaming at the radio. It's very frustrating to see and hear some of what's going on and know that it's just basically wrong. It's simply, basically wrong."

Originally, Goldman said, he had

been determined to stay silent about the trial as it unfolded. However, last week in his Agoura Hills, Calif. home, the 53-year-old businessman said he feels compelled to speak out about his experiences and impressions after having been unwillingly dropped into a place where private sorrow and public sensation intersect.

In the five months since he received the shattering phone call from the corner telling him his 25-year-old son was found dead along side Nicole Brown Simpson, Goldman said he has undergone an emotional reconstruction.

For weeks after the murder, Goldman rarely emerged from his house. His 22-year-old daughter Kim and his wife Patti spoke for the family.

As the criminal proceedings progressed, Goldman said he became even more incensed by actions of the lawyers.

Most objectionable, Goldman said, is the defense team's treatment of the issue of race — a provocative undercurrent in a case where the suspect is black and the victims were white.

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## Government workers: Fewer federal, more state and local

WASHINGTON (AP) — The federal government's civilian workforce is declining, while state and local governments are hiring more, the Census Bureau said Sunday.

Reporting on public employment for 1992, the bureau said federal civilian employment declined by 55,758 to 3,046,873, compared to the year before.

At the same time, state government

employment increased 73,250 to 4,594,635 and local governments increased their workforce by 172,834 to 11,103,221.

All levels of government reported increases in wages. Federal pay rose 2.5 percent to \$9.9 billion during the period; states paid \$9.8 billion, up 4.2 percent; and wages paid by local governments rose 5.6 percent to \$23.4 billion.

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# Murder shakes democratic forces

MIREBALAIS, Haiti (AP) — Someone chopped off the head of Deputy Mayor Cadet Damzal just over a week ago. The murder is sowing confusion and fear among those who would build democracy in Haiti.

Danzal, like many other supporters of democracy in Haiti's central plateau, had only recently ventured out of hiding, encouraged by the presence of U.S. troops and the return from exile of President Jean-Bertrand Aristide.

News of the slaying spread a message across the country: Even the U.S. Special Forces can't guarantee safety in Haiti's remote rural communities, long dominated by military commanders and armed civilians known as "attachés."

"By killing Damzal, they want to kill what he represented," Mayor Paul Yvel Millien said on the eve of Damzal's funeral, planned for Sunday.

The Aristide government ordered an investigation and was to send representatives to the funeral.

Millien, who along with about 300,000 other pro-Aristide Haitians had been in hiding during much of president's three-year exile, said the killers want to intimidate popular pro-democracy leaders who plan to seek public office in next year's elections.

Millien, 33, is certain this deputy was slain by the same paramilitary thugs who terrorized Haiti after Aristide's democratically elected government was toppled in a September 1991 military coup. The thugs are blamed for at least 3,000 political murders.

Aristide, whose vast support comes from city slum dwellers and rural sharecroppers, returned to Haiti on Oct. 15, a month after U.S. troops landed and engineered the departure of the coup leaders. A U.N. peacekeeping force eventually will take over from the Americans.

An American flag flies over the old yellow army barracks facing the town-square in this market town, separated by 40 miles of tortuous dirt and gravel road from Port-au-Prince, the capital to the south. Nearly every home is decorated with Aristide posters, something not permitted under military rule.

Danzal's beheading was the most brutal example of the continued violence against Aristide supporters in isolated regions of the country. They worry it may escalate once the American troops depart.

# Sweden to join European Union

STOCKHOLM, Sweden (AP) — Swedes voted Sunday to join the European Union in a referendum that could sweep all Nordic nations into the expanding economic and political bloc.

Prime Minister Ingvar Carlsson declared the referendum approved after returns showed 52 percent of voters said "Yes" and 47 percent said "No." Nearly 1 percent of the ballots were blank.

"The result is good for Sweden and good for Europe," Carlsson said. Sweden's parliament was expected to accept the result of the non-binding referendum and formally apply for EU membership.

The approval by Sweden should influence voters in neighboring Norway, which is holding a referendum on EU membership in two weeks. Finland said "Yes" last month and Austria last June.

"Now I think Norway will say 'Yes' as well," the leader of Norway's conservative party, Jan Petersen, told the Swedish news agency TT.

Finnish Prime Minister Esko Aho held out the prospect of creating a Nordic bloc in the EU.

"We have so many things in common ... because of our geographical position, nature and environment that if Finland and Sweden can't find each other within the EU, who can?" Aho said. If all four nations join, the European Union would grow next year to 16 members, encompassing about 375 million people and an economy worth \$7 trillion a year. They are



Happy pro-European Union voters celebrate with various European flags at a post referendum gathering in Stockholm Sunday.

scheduled to join Jan. 1.

The new EU would surpass the North American Free Trade Agreement, which encompasses 363 million people in Mexico, the United States and Canada and a combined gross domestic product of \$6.3 trillion.

European Union officials welcomed the vote.

"We need them — perhaps the Swedes need us as well," said Jacques Delors, president of the EU's executive agency, the European Commission.

Critics say EU membership will hurt employment, sovereignty, environmental protection and health.

Supporters acknowledge those risks, but say the economic gains far outweigh the costs of winning a voice in EU decisions that will affect Sweden whether or not it joins.

Carlsson cast his vote at midday. His minority Social Democratic Cabinet had staked its economic plan on membership, but in the last week said he was braced for a possible "No" vote.

# On uneasy road to peace, checkpoints cause friction

HEBRON, West Bank (AP) — The Bab Al-Zawiya checkpoint blocks a key intersection in the twisting streets of Hebron's old center, cutting the city in half.

Avoiding it requires a six-mile detour, but passing through can be lethal. Clashes with the Israeli soldiers manning the checkpoint left three Palestinians dead and dozens injured in recent months.

"We call it the death checkpoint," said Brakhat Badr, a 32-year-old Palestinian who owns an adjacent clothing shop.

Army checkpoints provide the sparks keeping Israeli-Arab hatreds burning despite efforts to transform the Middle East. While leaders make poetic speeches about highways of peace stretching across the Middle East, Palestinians find their lives bound by checkpoints.

They smolder at the humiliation and delays at the constant orders to produce identification. Their anger saps support for the peace effort and swells the ranks of radical Islamic groups like Hamas that are using violence to try to stop it. People in the Gaza Strip

and the West Bank town of Jericho, now under Palestinian self-rule, see fewer checkpoints. But most Palestinians still live under military occupation in the West Bank.

The sharpest recent illustration of checkpoint bloodshed came in television footage taped by Hebron cameraman Mazen Dana. It shows an Israeli soldier shooting from 4- to 6-feet away at a prostrate Palestinian at Bab Al-Zawiya. The tape does not capture the whole incident, however, and Israeli and Palestinian versions differ.

Israeli authorities say that the man, Nidal Tamimi, 24, was a Hamas terrorist who tried to stab a soldier and that the troops at the checkpoint were justified in opening fire.

Palestinians say Tamimi was the latest victim of a sadistic soldier who may have planted the knife afterward as evidence to justify the shooting.

"It was an execution. He was already under control," said Hasan Sadr, whose grocery shop sits at the intersection.

# Algerian airliner hijacked to Mallorca

PALMA DE MALLORCA, Spain (AP) — Three hijackers who forced an Algerian airliner to land in Spain and threatened to blow it up with 35 people aboard surrendered Sunday after an eight-hour standoff.

Their bomb turned out to be a box containing a coffee grinder, airport director Pedro Meaurio said.

The Air Algerie Fokker-27 turboprop plane was flying from Algiers to the southern Algerian city of Uargla when it was diverted to this Spanish island in the Mediterranean, Meaurio said. All of the passengers were believed to be Algerian.

The identities of the hijackers were not immediately released.

They had demanded that Algeria's military-installed government release political prisoners and hold elections — demands similar to those of anti-government Islamic guerrillas.

"There was no violence," Meaurio said. "They said they represented no party, they just wanted to give a message to the world."

Algeria's ambassador to Spain, Rahabi Abdelaziz, said Algeria would not try to extradite the men, because it has no extradition treaty with Spain.

News reports said the men asked for political asylum as a condition for surrendering.

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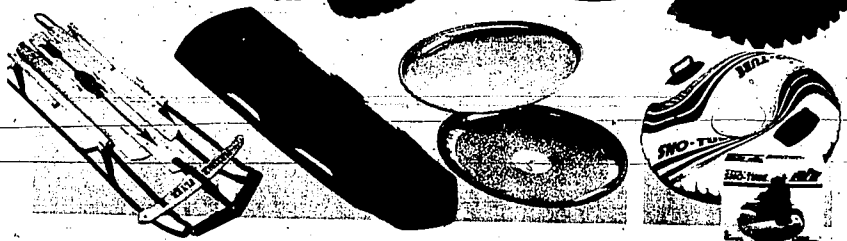
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# Opinion

## Other views

### Is everyone ready for the new Republican agenda?

It's not always easy to take the temperature while witnessing an avalanche, but one thing is certain to come from this week's elections: The debate over public issues is going to change dramatically when the Republican Congress convenes. In fact, the shift in the country's political agenda is going to be so abrupt, this post-campaign hiatus is a good time to consider the challenges-to-current assumptions looming just ahead.

Public education. Within the Republican Party is a determination to experiment with traditional public schools. Whether called charter schools, public-private classrooms, voucher schools or by a variety of euphemisms, alternatives to the way education is offered in exchange for tax dollars is coming. That movement is only increased by the number of Republican governors.

If handled right by the GOP, the challenge to public education can be a robust debate that asks if parents, teachers and administrators can find entirely new ways to produce classroom achievement. It's a big leap for many parents and current public education may be the end choice for most families. But today's arrangement of public employee union dominance in education is going to be hotly tested without key Democrats in place to protect the status quo.

**Bull's eye legislation.** Instead of sweeping laws such as the crime bill and health reform, a Republican Congress will be addressing problems with micro-solutions: fixing portability and prior conditions in health care, for example, without overturning huge parts of the economy.

Republicans have to show they can do something about the struggles of the working poor and the angst of the middle class by being specific with their solutions. Bull's eye bills have an automatic problem because they do not offer a little of everything to attract broad coalitions, but that's not the GOP strategy. Republicans have to

prove quickly they can address specific voter needs. They're not in office to attempt broad, societal change through legislation.

**Tax reform, not welfare reform.** The GOP will use corporate and individual tax returns to alter the domestic spending agenda. That's a policy often scoffed at by traditional Democrats and will be a real test of Republican vitality with voters in two years. The GOP wants to use the money already out in the economy to bolster the middle class, rather than recycling the money through the District of Columbia. Tax incentives, capital gains reductions, tax breaks tied to investments are all going to land on Clinton's desk for approval, putting the president in the interesting dilemma of being a New Democrat or a constant veto of tax policy.

**Power shift.** If Republicans are true to their beliefs, the states will have more ability to govern. Will the GOP leadership really shift decision-making on such issues as health care and the environment to the states, or does acquiring power in Congress mean Republicans will want to keep it? A good starting point for debate is giving states much wider latitude to regulate banking, telecommunications, occupational safety. Can the GOP live with the results?

**Retraining.** Republicans have the votes to repeal legislation passed early in the Clinton administration. But if they do, and overturn the Brady gun bill and laws enacting family leave, gay rights in the military and an assault weapons ban, they're going to be fighting yesterday's battles and reminding voters of their extremist members.

Republicans and Democrats alike agree the party that runs Congress has an impatient electorate on its hands. The GOP found themes that put the party in touch with millions of American voters. The first 90 days will tell if the Republicans are riding the crest of discontent or a real wave of change.

—Seattle Times

LOOK AT OL' NEWT GINGRICH! AIN'T HE UGLY WITH ALL THEM BUMPS ON HIS HEAD?!

BUMPS? WHY I THOUGHT THEY WERE WARPS! HIT 'IM AGAIN!!



GARRY TRUDEAU  
THE NEW YORK TIMES

## Election signals end of liberal mind-set

The election confirmed the axiom that people are inclined to believe in the truth of ideas that they see strongly believed. The election results are consequences of the wholesome contagion of conservative ideas. Times have changed indeed.

"In the United States at this time," wrote Lionel Trilling in 1950, "liberalism is not only the dominant but even the sole intellectual tradition. For it is the plain fact that nowadays there are no conservative or reactionary ideas in general circulation."

Trilling worried that "it is not conducive to the real strength of liberalism that it should occupy the intellectual field alone." Today a debilitating supremacy is one worry liberalism is spared.

Today, as usual, conservatism for most people is less a creed than a climate of opinion. However, what is happening is a restoration of an idea. What is being revived is the pre-New Deal tradition of American politics.

The New Deal was made possible by a more sanguine attitude about the central government. That attitude was presaged by this change: 11 of the Constitution's first 12 Amendments restricted the federal government, but six of the next seven enlarged federal powers. Still, from the founding until the 1930s the American premise was that the function of government was to provide the conditions in which happiness can be pursued — ordered liberty — but not to provide happiness itself.

Since the New Deal the government has been more ambitious. But Americans are not happy.

Politics is driven by competing worries. Today conservatives are more radically distressed than liberals are by conditions in government and the culture. Liberals still express their worries in an essentially 1930s vocabulary of distributive justice, understood in economic terms. This assumes a reassuringly banal politics of splittable differ-



George F. Will

ences — how much concrete to pour, how many crops to subsidize by how much, which groups shall get what.

Conservatives worry in a more contemporary vocabulary, questioning the power and ambitions of the post-New Deal state, and finding a causal connection between those ambitions and the fraying of the culture. Conservatives believe government's principal functions are the preservation of freedom and removal of restraints on the individual.

Liberalism's ascent in the first two-thirds of this century reflected the new belief that government should also confer capacities on individuals.

Liberalism's decline in the final third of this century has reflected doubts about whether government can be good at that, or whether government that is good at that is good for the nation's character.

One count in conservatism's indictment of liberalism is that liberalism takes too much for granted, including those habits — thrift, industriousness, deference of gratifications — which make free societies succeed. Conservatives worry that the severest cost of solicitude government is not monetary but moral. This cost is diminution of personal responsibility and private forms of social provision.

This worry has a distinguished pedigree. Tocqueville warned of a soft despotism that "makes the exercise of free choice less useful and rarer, restricts the activity of free will within a narrower compass, and little by little robs each citizen of the proper use of his faculties."

The 1994 election was a large step away

from an essentially European idea of the state, an idea incorporated into 20th-century liberalism. Rejecting that idea involves reaffirming an underlying principle of federalism: the principle of "subsidiarity." That principle is that none of the polity's tasks should be assigned to a body larger than the smallest that can satisfactorily perform it.

The first business of the next Congress, the balanced-budget constitutional amendment, will promote, even compel subsidiarity. This is because as entitlements devour the federal budget, the central government will have a steadily shrinking sphere of discretion, so powers should devolve from Washington to lower governments. Furthermore, next year Congress, prompted by governors, may begin seriously attacking unfunded mandates, by which the federal government has forced state and local governments to work the federal government's will without receiving federal funding.

Suddenly ideas for strengthening society by relimiting government are bursting out all over. Rep. Chris Cox, a California Republican, says that after 40 years of Democratic control the committee structure of the House of Representatives bears no significant relationship to Republican objectives.

A committee that he says should be "radically redesigned and renamed" is the "Education and Labor Committee." After all, over 90 percent of American workers are not unionized, and local control of education is threatened by federal encroachments. Cox also proposes two new committees: Committee on Law Revision and Repeal, and Committee on Deregulation and Privatization.

Such practical measures arise from the most practical things — ideas which, being strongly believed by a few, become part of the climate of opinion.

George F. Will is a Washington Post columnist.

## Now comes the hard part — going after the welfare state

It has been described, especially by its supporters, as the first shot in a nation-wide war on the welfare state. Let us hope they are right about Proposition 187, the California ballot measure, winning by a landslide, that would deny public services to undocumented immigrants.

Divisive as the initiative was, and we ourselves find it necessary to throw up a red flag about its dangerously intrusive features, the success of 187 should be seen as an unmistakable rebuke to the entitlements mentality that has taken root in the political and media classes.

Already the Los Angeles school district, obnoxiously using the taxpayers' money, has filed a legal challenge to the constitutional "will of the people," and a San Francisco judge wasted not a moment to issue a temporary restraining order on the amendment's enforcement.

But such reflexes were exactly what Gov. Pete Wilson and the proposition's authors anticipated: It is not an edifying (or even conservative) spectacle. Will it become a political fashion to push popular programs of dubious constitutionality just to see if the courts will permit them?

Nor did we find it comfortable to be allied with 187's organized opposition, which used Mexican flags, threats of insurrection, and even profoundly mistaken interpretations of the Gospels to promote the idea that people from all around the world are entitled to Americans' honestly earned money.

We were troubled even more by the full-throated rhetoric, coming from

politicians who should know better, that only U.S. citizens are entitled to other people's money. The core principle to be preserved is that no human being, regardless of national origin, can exact coercively the fruits of others' labors for his own benefit. That is a pre-political, trans-border, eternal principle.

Americans in the pre-welfare days made that principle a distinguishing characteristic of citizenship.

A self-reliant bunch, they tapped into our rich heritage of voluntary associations to take care of those who stumbled, their objective always to encourage such unfortunate back to independence.

As so many of the 187 supporters indignantly explained, it was simply not right to brand their movement — which, alas, did heighten awareness of racial distinctions as only politics can do — as a racial bigotry.

Such folks are right to wonder where the polls and pundits, those who have pushed hiring quotas and other forms of affirmative action, get off calling them racially divisive.

But as we all sort through the legal headaches and nightmares that 187 inevitably brings, those who passed it must not content themselves with the thought that they sent the government a message and can go back to business as usual.

They must swivel the turrets northward and fix their sights on the welfare state itself.

That will mean pitting U.S. citizens against U.S. citizens. The hard part.

—Orange County Register

## Letters

### Left wingers, we're on to you

The American people have made their decision. We've had our quiet revolution and we have handed power to the GOP in both the House and the Senate. Now they have a contract to live up to and the American people will find out if they replaced one bunch of tyrants with another or if these people will do what they promised.

We all need to understand that the money and power that bought so many of the congressmen that were kicked out and some of the ones that are still there is still waiting in Washington D.C.

We also need to understand why Congress is trying so hard to take our Second Amendment rights. These people are highly educated and can analyze the facts as well as anyone who knows what the facts are.

**Fact:** Gun control — New York City has extremely high crime, Washington D.C. has extremely high crime.

**Fact:** One county in Mississippi passed gun freedom laws and crime went down to almost zero. Santa Rosa County, Fla., put

everyone in the militia and said they had to have at least one gun in each house and crime went down 80 percent.

I'll say it one more time, if these people can raise crime, run businesses out of the country, steal our rights and make the people think our system doesn't work, then they think they can impose their own system, the same system Bill Clinton has been trying to impose since he became a socialist tripartite.

In 1968, I volunteered for the draft. I believed that if everyone turned out and ran, there would be no one to stand up for the country.

I didn't know much about Vietnam but I did know that communism was a plague on humanity and with the expansionist policies of the communists back then, anytime we fought it was right even if we had to start the war ourselves. Ronald Reagan proved that with his total opposition and eventual destruction of the Soviet Union.

Near the end of September 1994, Bill Clinton gave a dinner for all the mainstream

media. CNN, ABC, CBS, NBC, Turner Broadcasting including Tom Brokaw, Barbara Walters and others. At this dinner, Clinton promised a waiver on licensing fees of close to \$10 million each. The networks have been bought and you cannot believe what they report.

TONY R. KIRK  
Fairfield

### NRA remains alive and kicking

Regarding this last election and the message it must have sent to the Clintons, Schumers, Kennedys, etc.

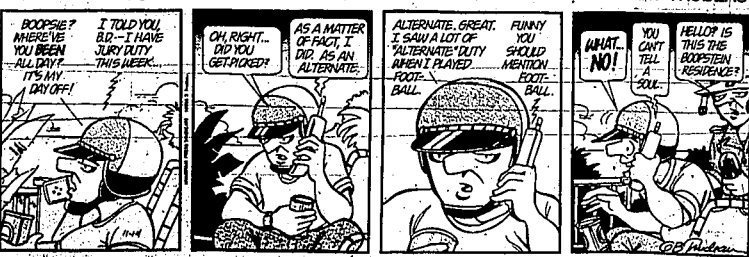
They obviously thought that the National Rifle Association had passed away and was no longer a force to be reckoned with. It now appears that the report of the death of this group was, as Mark Twain once said, "grossly exaggerated."

Perhaps we can now begin to talk about criminals and criminal behavior rather than guns. Let us hope for this.

BILL G. MARTIN  
Paul

## Doonesbury

BY GARRY TRUDEAU



## The Times-News

Stephen E. Hinton, Publisher; Clark W. Wilson, Managing Editor; Allen W. Wilson, Circulation Manager; Patricia G. Jenkins, Advertising Director.

Members of the editorial board and writers of editorials: Stephen E. Hinton, Clark W. Wilson, Mark Kim and Steve Crump.



West

# High-tech 'Alcatraz' opens before end of 1994

FLORENCE, Colo. (AP) — "An uncommon level of security" is the understated way wardens describe the new federal Alcatraz that soon will welcome the nation's most violent, incorrigible prisoners.

The \$60 million U.S. Penitentiary Administrative Maximum Facility will open in this southern Colorado community of 3,500 before the end of the year. It is the first federal prison ever built just for the most predatory inmates in the U.S. Bureau of Prisons. Nearly 500 of them will be sent here.

Alcatraz was their home in years past. Then a federal penitentiary in Marion, Ill., was modified for the purpose. Now comes "Super Max."

"There's no doubt this is a severe program," said John Vanyur, the prison's associate warden.

"This is not a typical prison facility. It's one of a kind. And it's only used for this very small number of people."

There are motion detectors in underground crawl spaces, 1,400 remote-controlled sliding steel doors, cameras covering virtually every nook and cranny, and 12-foot chain link fences topped with razor wire.

The 7-feet-by-12-feet cells could be described as spartan. They contain a polished steel mirror (glass is a weapon) riveted to the solid concrete wall.

The toilet and shower are steel and fixed to the walls, the bed is a slab of concrete covered with a mattress. The only other place to sit is an immovable concrete cylinder in front of a writing table, also concrete.

Cells are designed so inmates cannot make eye contact with other prisoners, or see anything outside except the prison walls and the Colorado sky.

The worst inmates will be cell-bound 23 hours a day, five days a week. Five days a week, they get an hour of solitary exercise in a cement-walled room; the other two days, they don't get an exercise period.

In their cells, they will receive educational programming on a 12-inch black-and-white television, their meals on trays and their showers, with the water controlled from outside. Inmates needing counseling from ministers or social workers will get it in their cells.

Inmates will be sent here from Marion and other federal prisons. Prison officials are not allowed to discuss who will call Super Max home, but they can generalize:

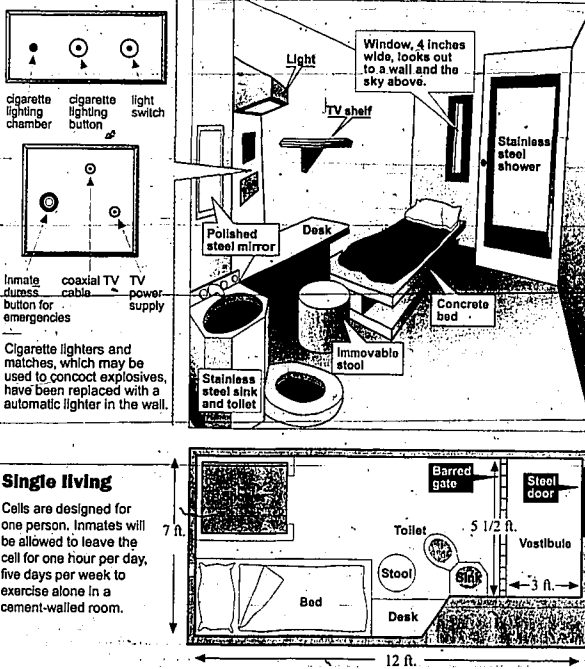
"They've demonstrated through highly assaultive behavior, predatory behavior and escape-related behavior that they cannot function in a less secure prison," said Louis Winn Jr., an executive assistant. "They've proven themselves to be

## What's in store for America's most predatory inmates

Dubbed Super Max, the first federal prison built specifically for the worst inmates opens this month in Florence, Colo. It will house about 500 prisoners in stark quarters in almost constant solitude.

### Typical one-man cell

While many Super Max inmates are serving life sentences, most will move on to an ordinary federal prison. Their stay is designed to be free of any luxury. A 12-inch black and white television broadcasts only educational programming. Meals will be served in the cells. Water for the showers is controlled from the outside.



Source: LKA Partners, Lescher and Mahoney/DLR Group, U.S. Dept. of Justice, Federal Bureau of Prisons

### Security

Wardens say there's "an uncommon level of security."

- Facility is surrounded by two 12-foot high chain link fences topped with razor wire.
- Plumbing automatically shuts off in the event of a blockage in piping.
- Motion detectors are installed underneath the floor of the prison.
- All walls, floors and furniture are constructed of steel-reinforced concrete.
- No one, including prison guards, will be allowed to carry firearms. Guards will carry nightsticks.
- Before leaving the cell, prisoners must slip their arms behind them through a slot in the gate, allowing guards to handcuff them. The cuffs will be removed in the same manner.

"There's no doubt this is a severe program. This is not a typical prison facility. It's one of a kind. And it's only used for this very small number of people."

— John Vanyur, associate warden

modified so he can mingle with other inmates and visit the commissary.

"Buildings are only one part of the program," said Vanyur. "The key part is what the staff do and how they interact. They're the ones who have to preserve self-esteem and humanity issues — maintaining dignity but getting across the message."

"You go back to the Alcatraz example... You all had the same haircut, walked in lockstep down the hallway and didn't speak during meals. Those elements of dehumanization, we don't have that here. Every individual has his own program, caseworkers, psychologists and chaplains are going to come down and deal with him," Vanyur said.

But the security measures go on and on.

Plumbing has automatic shutoffs so inmates cannot flood cells. Sprinklers and smoke containment systems are built in. Matches and cigarette lighters are forbidden; smokers must use a lighter built into each cell wall.

Handles on toothbrushes are cut off to prevent use as weapons. Only pencil stubs are allowed. Pictures of spouses (no nudity) are allowed but frames are not.

Escape-minded inmates will have their hopes dashed. Between their cells and from them lie seven layers of secured steel and cement. Beneath the building is a crawl space with no outlet, monitored by motion detectors.

Doors are remote-controlled by officers posted in fortified rooms within the prison. If they feel threatened, they can transfer control to another guard.

The prison is surrounded by cleared landscape, those 12-foot fences and razor wire, and six towers occupied by armed guards. Guy wires will be strung over open areas to prevent helicopter escapes. In addition, there are other security systems federal officers know about and will not discuss.

"There's obviously a message here and the message is we're not going to tolerate your violent behavior or predatory behavior, and in fact if you change that behavior you eventually will get more privileges," Vanyur said.

## Californians crowd into Colorado

The Washington Post

DENVER — Mention you're from California these days and the grocery bagger here sneers. The dry clean mutes. A welcome smile may dissolve into a snarl.

"I think of them as a plague of locusts," said Sally Janover, a Denver designer. "They go where it's good feeding, bringing their garbage with them. They're rude, self-centered, snobby and only interested in their own well-being."

Once welcomed as a cure-all for Colorado's ailing economy, migrating Californians nowadays are widely viewed as an invading horde. Many "natives"—as anyone in Colorado long enough to get a haircut declares himself—believe Californians are polluting the Rocky Mountain way of life with big money and ambitions and lack of respect for the state's natural beauty.

"They are the harbingers of the future," said former governor Richard Lamm. "They have compromised their quality of life, and

they are looking for other places to go. If you want to see Denver tomorrow, go to Los Angeles today."

The influx has been happening elsewhere in the West since the 1980s—with tens of thousands of Californians streaming into

Washington, Oregon, Nevada and Arizona. About 160,000 have abandoned the Golden State in the last five years for Colorado—a significant addition to a state population of 3.6 million.

This, in turn, is helping feed an economic phenomenon that is changing the character of the state and the people who live here. New professionals have boosted housing prices while fueling an expansion in ancillary businesses like dry-cleaners and groceries. Demand for everything is up, creating jobs, but also creating longer waits that hurt the quality of life.

Enclaves like Castle Rock and Highlands Ranch, both south of Denver, have become magnets for California castaways because of inexpensive land and beautiful scenery. Golden, rolling hills are

now spotted with \$100,000-plus homes and the bagel shops and coffee houses that followed.

Bashing out-of-staters is hardly new. Colorado's booms and busts date back to the Cripple Creek gold rush of the 1890s, with corresponding influxes of fortune seekers.

Before Californians there were Texans, drawn to the late-1970s energy boom under President Jimmy Carter's shale oil program. The animosity died down in the 1980s, when a severe recession gave Coloradans other things to complain about.

But the dominance of the old mining and agricultural industries is giving way to a new economic boom fueled by high-tech industry and tourism that has put the growth issue front and center.

Whatever the price to a way of life, Californians are doing their part to fuel the Colorado economic boom. The Denver Chamber of Commerce estimates that roughly half of the new businesses expanding or relocating into the state are from California.

tional officers will accompany them, Winn said. One will walk in front with a baton, the only weapon allowed inside the prison, and one will walk behind holding the chains connected to handcuffs the prisoner will be wearing behind his back.

Inmates are allowed up to three

paperbacks, but no law books (only copies of applicable pages) so no contraband can be smuggled. Visitors remain behind inch-thick plate glass designed to withstand hammer blows.

If an inmate participates in rehabilitation programs and stays out of trouble, his confinement can be

## THEISEN MOTORS Service Specials for November

Get Ready for Winter - All Month Long!

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Open Sat. 8am-1pm

Genuine Motorcraft Parts and Lubricants

Quality Care "Where The Quality Continues"

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3. Pressure Test Cooling System  
4. Check Belts & Hoses  
5. Test Drive

Electrical System & Battery Check \$24.95\* Plus Tax & Supplies  
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2. Check Charging System  
3. Service Battery  
4. Clean Battery Tray  
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All Around Winterize Special \$99.99\* Plus Tax & Supplies  
1. Change Radiator Coolant  
2. Battery Service  
3. Rotate Tires, Inspect Brakes  
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## CHRISTMAS IN CHURCH

On Wednesday, December 7th, the Times-News will publish a special church page of Christmas activities.

This page gives the Magic Valley churches the opportunity to share their unique and spiritual services that surround the Christmas holiday.

Watch for our special Christmas page welcoming those seeking a place to worship. It may be the start of a special and lasting relationship!

ADVERTISING DEADLINE: THURSDAY, DECEMBER 1ST PUBLICATION: WEDNESDAY, DECEMBER 7TH

Churches, if you are interested in being on this page, please contact Billie Hensley at the Times-News: 733-0931 Ext. 208, Paid Advertising.



World

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AP photo

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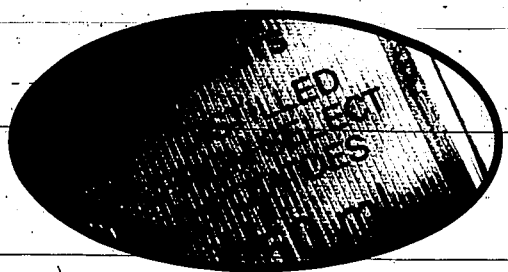
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## WHAT'S YOUR WISH?

All I Want for Christmas is for you to marry me!  
KD to RD

Chelsea  
Born June 14  
Welcome to our family

My Christmas Wish to Family Here's a lifetime sharing loving & hugs Robert

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Christmas Day	December 22, Noon

# Magic Valley

## Around the valley

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Grand thefts:	6	62
Forgery:	1	45
Bad checks:	1	39
Aggravated assault:	5	193
Sexual vehicles:	1	19
Sex crimes:	1	9
Robbery:	1	8
Bomb threats:	42	1,486

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## Tire of recycling? Not in Shoshone

### What goes around comes around for 3-year-old tire recycling business

By Michael Hofferber  
Times-News correspondent

**SHOSHONE** — Buy a new set of tires from a retail dealer in southern Idaho, and the old set will probably pass through a recycling center north of Shoshone.

Started by Shoshone realtor Craig Hadden three years ago, Idaho Tire Recovery Inc. now collects nearly every worn-out tire in 34 Idaho counties and many intermountain cities.

"By the end of the year we will have handled 3 million tires," said Tom Floyd, manager of the 30-man operation.

Tires that used to be dumped in county landfills and private stockpiles are now being used as fuel in cement plants or as casings for recapped tires. Federal laws forbid dumping tires and the market for the old rubber is very healthy, Floyd said.

"Tires burn 20 percent hotter than coal, and when mixed with coal in cement-making kilns they make the coal burn cleaner and that reduces emissions," Floyd said.

The steel in the tires melts in the kilns

and is recovered for use in the cement. "One hundred percent of the tire is used," Floyd said. "There's no ash and no residue."

Newer kilns can burn whole tires, as will most older kilns in the near future. "Right now the cement plants are sold out and not willing to shut down for three

tires that still have some life in them, they are appropriate for recapping, will eventually be shipped into Mexico.

The stockpile of tires at the recycling plant near Shoshone has swelled into small mountains of rubber in recent months, rising above the surrounding lava fields just west of Highway 75. Floyd estimates that he now has close to 100,000 tires on hand.

"People buy the majority of their tires in the summer," he explained. "Nobody buys tires from December through February. That's a very slow time at the tire stores and a lot of them lay employees off."

If new tires are not being sold then used tires are not being turned in, and the supply of rubber available for recycling dwindles. To keep up a steady supply of tires for the cement plants Idaho Tire Recovery stockpiles enough to get through the winter.

"We build our inventory in the summer and pile it up in Shoshone," Floyd said. "We stockpile it, just like a squirrel does nuts."

**'By the end of the year we will have handled 3 million tires ... We build our inventory in the summer and pile it up in Shoshone. We stockpile it, just like a squirrel does nuts.'**

— Tom Floyd, manager of Idaho Tire Recovery

Cement plants in Dieke, Ore., and Lemington, Utah, burn 2,400 tires a day at temperatures from 800 degrees to 3,000 degrees as they work their kilns around the clock to meet a steady demand for cement in the region. Kilns in Idaho, Montana, Washington and Nevada also burn tires from the Shoshone-based operation.

Some kilns require tires shredded into 2-inch chunks or smaller, a product which Idaho Tire Recovery produces at its plant near Shoshone.

to four weeks in order to convert to whole tires," Floyd explained.

With 10 trucks and 60 trailers, the Shoshone tire recycler gathers used tires from 34 Idaho counties and travels as far as John Day, Ore., Butte, Mont., and Rock Springs, Wyo., to fill its orders for rubber. A branch operation in Salt Lake City collects tires throughout Utah.

The spent tires are sorted by class and condition. Some cement kilns can only burn passenger car tires, Floyd said.

## Idaho attorney general upholds council's action

By Steve Koehler  
Times-News correspondent

**WENDELL** — The Idaho attorney general says that the mayor's tie-breaking vote on a city ordinance was legal.

In August, Mayor Lynn Nelson cast the tie-breaking vote on an ordinance vacating First Avenue West between Nampa and Hagerman streets.

Former Mayor George Benson questioned the legality of that vote, and Nelson asked the attorney general for an opinion.

Nelson told the City Council Thursday about the response.

According to a letter to City Attorney Craig Hobday from the attorney general's office, the mayor has the authority to break such a tie.

Reporting on the annual audit of city finances, Robert Poulsen of Oakley, Jones and Poulsen CPA's in Gooding said, "The city is in an enviable financial position. Most cities around the area would be envious of your situation."

The only debt the city carries is a fire truck, which will be paid off in February.

In other matters the council:

- Scheduled a workshop at 1 p.m. Monday to discuss the impact zone around the perimeter of the city, and set parameters for putting the city's lagoon sprinkler field out on bid to farmers. Growing food for humans and grazing cattle are prohibited on that field.

- Heard a report from Nelson that the city is continuing to lower the water level at the sewage lagoons to comply with public safety standards.

- Authorized sending employee John Gnesa to a water treatment operator's class in preparation for an exam on Dec. 7.

- Scheduled a workshop at 1 p.m. Nov. 28 to discuss building permit fees.

- Rejected a \$500 bid for the city's vacuum-street-cleaner, which the city hopes to sell to a business that needs a parking lot cleaning machine.

- Authorized the mayor to sign a memorandum of understanding with the Idaho Department of Commerce describing responsibilities and benefits of the city's Gem Community status.

## Anticipation



Enjoying some exercise in City Park, "Sue" eagerly waits as Jaime Lee of Twin Falls tosses a stick for her friend's dog. "It's time for her daily heart attack," said Lee.

MIKE SALSBUROUGH/Times-News

## Blaine County adopts mental health protocol

By Barbara Newirth  
Times-News correspondent

**HAILEY** — Blaine County has formulated a plan to deal with county jail inmates who need psychiatric attention.

The plan will cost the county more to implement than the way things have been handled in the past, but it may appease the American Civil Liberties Union.

The Mental Health Protocol was developed as part of an agreement with the ACLU, which filed suit against the county for violating a federal court order.

One of the issues in that case was the county's failure to provide proper psychiatric medical care to an inmate who attempted suicide at the jail in August of 1993.

While the ACLU may like the plan, it has caused rifts among Blaine County officials.

Prosecutor Fritz Haemmerle and county Sheriff Walt Femling had disagreed on how best to insure proper psychiatric care for inmates.

Haemmerle walked out of a meeting last week with county commissioners and Femling after discussion of payment of a \$4,900-psychiatric bill authorized by Haemmerle.

A man on probation for drunken driving in Blaine County moved to Idaho Falls, where he became depressed last January and threatened to kill himself and others, Femling said.

After a standoff with Idaho Falls police, they wrestled him to the ground and booked him for carrying a concealed weapon.

He was placed in a mental hospital for four days until Idaho Falls police found he had violated his Blaine County probation by carrying a gun, Femling said.

"When Blaine County sheriff's office was notified, deputies picked him up and jailed him in Hailey," Femling said. The county subsequently received a bill for \$4,900 for mental care.

Deputy Prosecutor Doug Nelson refused to pay, saying the county had no knowledge of the situation and no responsibility for the prisoner's care until he was in Blaine County's jurisdiction.

In October, Haemmerle became involved and agreed to pay the bill based on the Idaho Falls attorney's account, Haemmerle said. He did not contact the Blaine County Sheriff's Department, he said.

Saying that the Idaho Falls version and Femling's version differed substantially, commission chairman Tom Blanchard said, "As our county attorney we would hope you would consult with our officials."

Haemmerle said: "I fully understand who I represent. I don't need a lecture." He then left the meeting. He could not be reached for comment Saturday.

In developing the protocol, Haemmerle had lobbied for hiring an outside attorney to represent any inmate with signs of mental illness.

In an earlier meeting, Haemmerle had said he could not represent society at large if he had to also represent the inmate.

The new protocol will provide a county-paid attorney to represent the inmate in court proceedings to determine if he or she should be moved to a secured mental health facility.

The county also will be responsible for having a physician on call to respond immediately to any needs of a mentally ill inmate.

## Canadian wolves soon to be in Yellowstone, C. Idaho

The Associated Press

**CODY, Wyo.** — Federal wildlife agents have started collaring the Canadian wolves that will be transplanted into Yellowstone National Park and central Idaho.

The wolves are being fitted with radio collars that will let biologists find their packs when the time comes to move them to the United States, said U.S. Fish and Wildlife Service biologist Ed Bangs.

That will probably be around Thanksgiving.

Biologists hope to collar one wolf in each of at least six Canadian wolf packs, said Bangs, who wrote the environmental impact statement on wolf reintroduction.

Officials expect to capture 30 wolves and transplant 15 each to Yellowstone and Idaho.

Wolves from Alberta will probably go to central Idaho while wolves from British Columbia will go to Yellowstone.

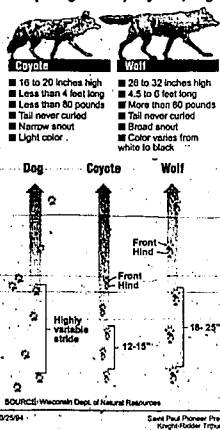
Those headed for Yellowstone must be from the same family unit because they will be held in pens for six weeks after arriving in the national park.

Wolves from different packs might attack and kill each other if penned together.

In Idaho, however, officials plan simply to release wolves immediately, so there's no need for the animals to be from the same pack.

Release of wild wolves in Yellowstone and central Idaho this winter still hinges on publication in the Federal Register of the final rule that will govern the process. Officials expect the rule to be published late next week.

### Comparing wolves, coyotes, dogs



World

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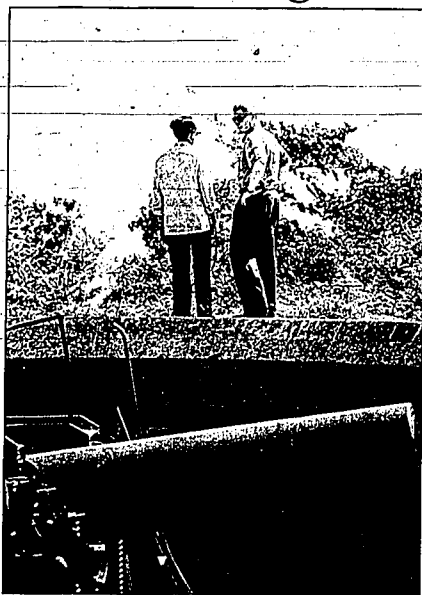
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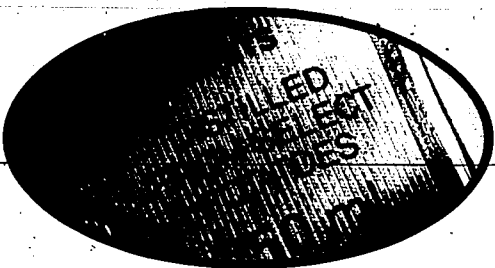
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Robert

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Times-News correspondent

**SHOSHONE** — Buy a new set of tires from a retail dealer in southern Idaho, and the old set will probably pass through a recycling center north of Shoshone.

Started by Shoshone realtor Craig Hadden three years ago, Idaho Tire Recovery Inc. now collects nearly every worn-out tire in 34 Idaho counties and many intermountain cities.

"By the end of the year we will have handled 3 million tires," said Tom Floyd, manager of the 30-man operation.

Tires that used to be dumped in county landfills and private stockpiles are now being used as fuel in cement plants or as casings for recycled tires. Federal laws forbid dumping tires and the market for the old rubber is very healthy, Floyd said.

"Tires burn 20 percent hotter than coal, and when mixed with coal in cement-making kilns they make the coal burn cleaner and that reduces emissions," Floyd said.

The steel in the tires melts in the kilns

and is recovered for use in the cement. "One hundred percent of the tire is used," Floyd said. "There's no ash and no residue."

Newer kilns can burn whole tires, as will most older kilns in the near future. "Right now the cement plants are sold out and not willing to shut down for three

Tires that still have some life in them, or are appropriate for recapping, will eventually be shipped into Mexico.

The stockpile of tires at the recycling plant near Shoshone has swelled into small mountains of rubber in recent months, rising above the surrounding lava fields just west of Highway 75. Floyd estimates that he now has close to 100,000 tires on hand.

"People buy the majority of their tires in the summer," he explained. "Nobody buys tires from December through February. That's a very slow time at the tire stores and a lot of them lay employees off."

If new tires are not being sold then used tires are not being turned in, and the supply of rubber available for recycling dwindles. To keep up a steady supply of tires for the cement plants Idaho Tire Recovery stockpiles enough to get through the winter.

"We build our inventory in the summer and pile it up in Shoshone," Floyd said. "The stockpile is just like a squirrel does nuts."

**'By the end of the year we will have handled 3 million tires ... We build our inventory in the summer and pile it up in Shoshone. We stockpile it, just like a squirrel does nuts.'**

— Tom Floyd, manager of Idaho Tire Recovery

Cement plants in Dierke, Ore., and Lemington, Utah, burn 2,400 tires a day at temperatures from 800 degrees to 3,000 degrees as they work their kilns around the clock to meet a steady demand for cement in the region. Kilns in Idaho, Montana, Washington and Nevada also burn tires from the Shoshone-based operation.

Some kilns require tires shredded into 2-inch chunks or smaller, a product which Idaho Tire Recovery produces at its plant near Shoshone.

to four weeks in order to convert to whole tires," Floyd explained.

With 10 trucks and 60 trailers, the Shoshone tire recycler gathers used tires from 34 Idaho counties and travels as far as John Day, Ore., Butte, Mont., and Rock Springs, Wyo., to fill its orders for rubber. A branch operation in Salt Lake City collects tires throughout Utah.

The spent tires are sorted by class and condition. Some cement kilns can only burn passenger car tires, Floyd said.

## Idaho attorney general upholds council's action

By Steve Koehler  
Times-News correspondent

**WENDELL** — The Idaho attorney general says that the mayor's tie-breaking vote on a city ordinance was legal.

In August, Mayor Lynn Nelson cast the tie-breaking vote on an ordinance vacating First Avenue West between Nampa and Hagerman streets.

Former Mayor George Benson questioned the legality of that vote, and Nelson asked the attorney general for an opinion.

Nelson told the City Council Thursday about the response.

According to a letter to City Attorney Craig Hobday from the attorney general's office, the mayor has the authority to break such a tie.

Reporting on the annual audit of city finances, Robert Poulsen of Oakley, Jones and Poulsen CPA's in Gooding said, "The city is in an enviable financial position. Most cities around the area would be envious of your situation."

The only debt the city carries is office truck, which will be paid off in February.

In other matters the council:

- Scheduled a workshop at 1 p.m. Monday to discuss the impact zone around the perimeter of the city, and set parameters for putting the city's lagoon sprinkler field out on bid to farmers. Growing food for humans and grazing cattle are prohibited on that field.

- Heard a report from Nelson that the city is continuing to lower the water level at the sewage lagoons to comply with public safety standards.

- Authorized sending employee John Gnessa to a water treatment operator's class in preparation for an exam on Dec. 7.

- Scheduled a workshop at 1 p.m. Nov. 28 to discuss building permit fees.

- Rejected a \$500 bid for the city's vacuum street cleaner, which the city hopes to sell to a business that needs a parking lot cleaning machine.

- Authorized the mayor to sign a memorandum of understanding with the Idaho Department of Commerce, describing responsibilities and benefits of the city's Gem Community status.

## Anticipation



Enjoying some exercise in City Park, 'Sue' eagerly waits as Jaime Lee of Twin Falls tosses a stick for her friend's dog. "It's time for her daily heart attack," said Lee.

MIKE DALSUR/The Times-News

## Blaine County adopts mental health protocol

By Barbara Neiwert  
Times-News correspondent

**HAILEY** — Blaine County has formulated a plan to deal with county jail inmates who need psychiatric attention.

The plan will cost the county more to implement than the way things have been handled in the past, but it may appease the American Civil Liberties Union.

The Mental Health Protocol was developed as part of an agreement with the ACLU, which filed suit against the county for violating a federal court order.

One of the issues in that case was the county's failure to provide proper psychiatric medical care to an inmate who attempted suicide at the jail in August of 1993.

While the ACLU may like the plan, it has caused rifts among Blaine County officials.

Prosecutor Fritz Haemmerle and county Sheriff Walt Femling had disagreed on how best to insure proper psychiatric care for inmates.

Haemmerle walked out of a meeting last week with county commissioners and Femling after discussion of payment of a \$4,900-psychiatric bill authorized by Haemmerle.

A man on probation for drunken driving in Blaine County moved to Idaho Falls, where he became depressed last January and threatened to kill himself and others, Femling said.

After a standoff with Idaho Falls police, they wrestled him to the ground and booked him for carrying a concealed weapon.

He was placed in a mental hospital for four days until Idaho Falls police found he had violated his Blaine County probation by carrying a gun, Femling said.

When Blaine County sheriff's office was notified, deputies picked him up and jailed him in Hailey.

Femling said the county subsequently received a bill for \$4,900 for mental care.

Deputy Prosecutor Doug Nelson refused to pay, saying the county had no knowledge of the situation and no responsibility for the prisoner's care until he was in Blaine County's jurisdiction.

In October, Haemmerle became involved and agreed to pay the bill based on the Idaho Falls attorney's account. Haemmerle said. He did not contact the Blaine County Sheriff's Department, he said.

Saying that the Idaho Falls version and Femling's version differed substantially, commission chairman Tom Blanchard said, "As our county attorney we would hope you would consult with our officials."

Haemmerle said, "I fully understand who I represent. I don't need a lecture." He then left the meeting. He could not be reached for comment Saturday.

In developing the protocol, Haemmerle had lobbied for hiring an outside attorney to represent any inmate with signs of mental illness.

In an earlier meeting, Haemmerle had said he could not represent society at large if he had to also represent the inmate.

The new protocol will provide a county-paid attorney to represent the inmate in court proceedings to determine if he or she should be moved to a secured, mental health facility.

The county also will be responsible for having a physician on call to respond immediately to any needs of a mentally ill inmate.

## Canadian wolves soon to be in Yellowstone, C. Idaho

The Associated Press

**CODY, Wyo.** — Federal wildlife agencies have started collaring the Canadian wolves that will be transplanted into Yellowstone National Park and central Idaho.

The wolves are being fitted with radio collars that will let biologists find their packs when the time comes to move them to the United States, said U.S. Fish and Wildlife Service biologist Ed Bangs.

That will probably be around Thanksgiving.

Biologists hope to collar one wolf in each of at least six Canadian wolf packs, said Bangs, who wrote the environmental impact statement on wolf reintroduction.

Officials expect to capture 30 wolves and transplant 15 each to Yellowstone and Idaho.

Wolves from Alberta will probably go to central Idaho while wolves from British Columbia will go to Yellowstone.

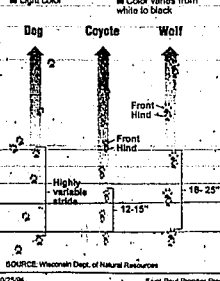
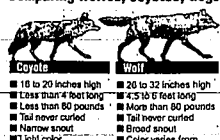
Those headed for Yellowstone must be from the same family unit because they will be held in pens for six weeks after arriving in the national park.

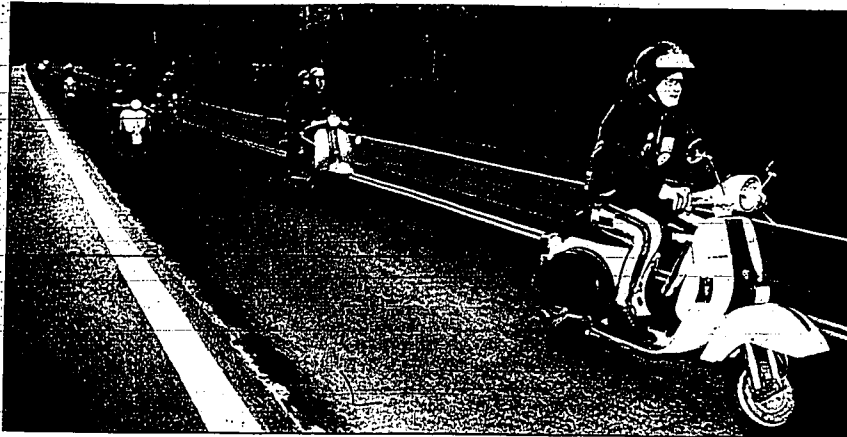
Wolves from different packs might attack and kill each other if penned together.

In Idaho, however, officials plan simply to release wolves immediately, so there is no need for the animals to be from the same pack.

Release of wild wolves in Yellowstone and central Idaho this winter still hinges on publication in the Federal Register of the final rule that will govern the process. Officials expect the rule to be published late next week.

### Comparing wolves, coyotes, dogs





Dave Johnson leads the Spokane, Wash., Scooter Society on their last run earlier this month before the snow flies

## These easy riders were born to be mild

SPOKANE, Wash. (AP) — The Spokane Scooter Society hits the road making a racket like a billion bees in beer cans.

Heads turn as six vintage Vespas and one Lambretta pulled out in front of a downtown hangout called Cafe Rasputin and cruise west on Second Avenue. It's the club's last group ride before the snow falls.

Club members, most in their 20s, ride Italian scooters built before they were born. To them, scooters are the ultimate in cool. But Spokane just doesn't get it.

"People laugh at us and question our sexuality," says Dave Johnson, 31, the club's elder statesman and deadpan humor specialist.

A scooter, by definition, is a two-wheeled vehicle with a small, two-stroke motor next to the rear wheel. It has a step-through chassis, bodywork to protect the rider and the engine, small wheels and an automatic transmission.

Top speed is about 70 mph, mileage about 100 miles per gallon.

The scooter's aura is harder to explain. Its contradictory mix of European sexiness, 1960s nostalgia and quirky nerdishness attracted young devotees periodically over the years. The wave is cresting again, with scooters making recent appearances in McDonald's ads, a Playboy centerfold and movies.

In the scooter world, the brand-name Vespa is the best-known. Italian for "wasp," the name comes from the scooter's shape: flaring in front, thin in the middle and bulging in the rear. Designed by a helicopter engineer, the Vespa revived Italian aircraft manufacturer Piaggio after World War II.

In the 1950s, scooters and emancipated women went hand in hand. In the 1953 movie "Roman Holiday," Audrey Hepburn rode

sideways behind Gregory Peck, then jumped on the front and screamed around Rome with Peck holding on for dear life behind.

In 1954, Picture Post magazine discovered "A New Race of Girls" including "untamed, unmanicured, proud, passionate, bitter Italian beauties" Gina Lollabrigida and Sophia Loren. They rode scooters, of course.

**'This is Mod according to someone who grew up in Spokane. It might be totally different in Cleveland.'**

Dave Johnson, member of Spokane Scooter Society

In the 1960s, members of an English youth cult called the Mods adopted the scooter to set themselves apart from their motorcycle-riding rivals the Rockers. Mods dressed sharp in Italian suits and listened to American blues and The Who.

Doug Dillon, 25, a lab technician at a Spokane photo studio, emulates Mod when he rides with the scooter club. His doled-up scooter has six mirrors, four headlights and a leopard skin seat cover.

Johnson, also a modern-day Mod, traded his collection of vintage metal lunch boxes for his Vespa. He wears eye-straining red-and-white striped pants and an army-green parka with a Union Jack stitched to the back.

"The Who movie 'Quadrophenia,' which Johnson first saw in 1983, inspired his fascination with scooters and Mod. But he can't be

sure he's got it quite right, he cautions.

"This is Mod according to someone who grew up in Spokane," Johnson says. "It might be totally different in Cleveland."

The Mods are the minority in the Spokane club. Most members don't affect 1960s fashions.

"Some of them tried to get us to do a Mod ride where we'd all wear ties, but half of us refused. We don't put on a tie for Thanksgiving or Christmas, much less to ride a scooter," says John Krauss, 27.

Krauss, who majored in Italian studies and political science at Gonzaga University, opened Cafe Rasputin five months ago. The cafe is so alternative, Krauss says, that "we don't do espresso." In fact, at the grand opening, Krauss and others smashed an espresso machine.

Italian-scooters are hard to come by. Vespa stopped exporting to the United States in 1981 because of California's air-emissions standards. Vespa now on the road in Spokane came from Montana farmers, a nun and others who had them stored for years.

About 10 people ride restored scooters in Spokane, Krauss estimates. Another 15 are working on bikes.

Most are men—but more women are thinking of buying. Maggie Tuttle, 20, wants to get off the back of her boyfriend's bike.

"I want to get my own and take off," she says.

Club members say they get laughs from police and obscene gestures from motorcyclists. They pretend to be miffed that they're misunderstood, but being different is part of the appeal.

"If you have to laugh, at least turn your head first," Krauss says in a mocking plea.

## Bear River Fault could produce major quake

SALT LAKE CITY (AP) — An obscure geological fault in extreme northern Utah may generate a major earthquake that could rock the region from Evanston, Wyo., to Salt Lake City.

A new study of the 25-mile long Bear River Fault concludes that a quake of up to 7.5 magnitude could occur at any time in southwestern Wyoming and north-central Utah.

Michael W. West, a consulting geologist in Littleton, Colo., conducted the analysis for the Utah Geological Survey.

West said the fault, discovered in the past decade, stretches southward to the north flank of Utah's Uinta Mountains.

Utahns already expect a expected major quake sometime along the heavily populated Wasatch-Cache National Park.

West found that the Bear River Fault became active 5,000 years ago and has produced two major earthquakes since then.

"We're seeing the birth of a new earthquake-causing fault zone," West said. "It is a brand new fault, unlike the Wasatch Fault."

The first major quake happened 4,620 years ago, give or take 690 years. The other occurred up to 2,370 years ago. The study concludes another major jolt may be overdue.

Jim Pechmann, a University of Utah seismologist, said he agreed "a large earthquake could occur at any time."

"But based on this data, I would not necessarily say one was imminent. There's a lot of uncertainty," he added. "The next one might occur tomorrow or hundreds of years from now."

Scientists said a magnitude 7 to 7.5 quake on the Bear River Fault would be bad news for Evanston, but they disagreed on its effect on Salt Lake City, about 75 miles west-southwest of the fault.

"Damage in Evanston could be quite significant," and the quake also could cause deaths there and damage to nearby oil fields and pipelines, West said Friday.

West once headed the U.S. Bureau of Reclamation

section responsible for earthquake-safety evaluations of the agency's dams.

The study began more than a decade ago as part of the bureau's evaluation of the safety of the Meeks Cabin and Stateline dams on the north side of the Uinta Mountains.

"There is the possibility of an impact on those" dams during a big quake, West said.

The Bureau of Reclamation now is modifying Meeks Cabin Dam and next year will study if it needs to upgrade Stateline Dam.

Pechmann said the distance between Evanston and Challis and Mackay, Idaho, were from the epicenter of the magnitude 7.3 Borah Peak, Idaho, earthquake in 1983.

"That earthquake knocked down quite a number of unreinforced masonry walls in those two towns, including one that fell on two schoolchildren and killed them in Challis," Pechmann said. "I would expect very comparable effects" in Evanston from a Bear River Fault quake.

## Death notices

**Howard Dean Van Patten**

CLOVER — Howard Dean Van Patten, 61, of Clover, died Sunday, Nov. 13, at his home. Funeral arrangements are incomplete and will be announced by Moffett's Memorial Chapel of Buhl.

**James H. Snider**

TWIN FALLS — James H. Snider, 75, of Twin Falls, died Sunday, November 13, 1994 at the Twin Falls Clinic and Hospital. Services will be announced by Reynolds Funeral Chapel.

**Rita L. Mendola**

GOODING — Rita L. Mendola, 93, of Gooding, died Saturday, November 12, 1994 at the Gooding County Memorial Hospital in Gooding. Funeral services are pending and will be announced by Reynolds Funeral Chapel.

## Hospitals

**MINIDOKA MEMORIAL HOSPITAL**

Admitted: Andrew Padron and Jessica Garcia, of Rupert; Michael J. Tom of Paul and Deborah Griggs of Bur-

nounced by Demary's Gooding Chapel.

**Paul H. Standley**

TWIN FALLS — Paul H. Standley, 81 of Twin Falls, died Saturday, November 12, 1994 at New Port, Oregon. Services will be announced by Reynolds Funeral Chapel.

## Services

**Florence Mary Halsted**, of Spokane, Wash., and formerly of Hansen, graveside service, 9 a.m. today, Rupert Cemetery, (Hansen Mortuary in Rupert).

**John Paogosa**, of Buhl, memorial funeral mass, 11 a.m. today, Immaculate Conception Church in Buhl, (Farmer Funeral Chapel in Buhl).

**Fern Rita Braden**, of Buhl, memorial service, 11:30 a.m. today, First

Baptist Church in Paul, 25 N. Fourth E., (Hansen Mortuary in Rupert).

**Thad Gary Cross**, of Twin Falls, graveside service, 2 p.m. today, Sunset Memorial Park in Twin Falls. Viewing, 9 a.m. until noon today at Reynolds Funeral Chapel in Twin Falls.

**Tony R. Carlson**, of Twin Falls, 3 p.m. today, White Mortuary in Twin Falls.

## Friendship doll survives WW II, back in Idaho

BOISE (AP) — Miss Nara is back in Idaho, and she has a baby sister.

Idaho's Japanese-Friendship Doll, a 1927 gift intended to ease relations with Japan, has spent the last four months being restored in her homeland. Chips and cracks were repaired, her kimono was cleaned and she received a little sister, "New Miss Nara."

Both dolls will be on display at the Idaho Historical Museum in Boise until January.

Historical Society registrar Jody Ochao said restoration costs were paid for by Japan's Nara International Foundation.

The dolls were displayed for a week at a department store in the city of Nara, where 10,000 people came to see them.

## CSI this week

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

### TODAY

Student Senate meets at 3:15 p.m. in student conference room of Taylor Building.  
Men's basketball vs. international team at 7 p.m. in gymnasium.

### TUESDAY

Small Business Tax Education Program will be held at 9 a.m. in Aspen 108.  
South Central Idaho Private Industry Council meets at noon in Desert 113.  
Alcohol and Drug Awareness Program meets at 1 p.m. in Desert 112.  
Military testing will be held at 6 p.m. in Shields 201.  
Opening ceremony for AIDS quilt will be held from 7 to 9 p.m. in Evergreen atrium.  
Magic Valley Symphony concert will be held at 8 p.m. in Fine Arts auditorium.

### WEDNESDAY

Swing band rehearsal will be held at 7:30 p.m. in Fine Arts 121.  
People for Pets meets at 7:30 p.m. in Shields 109.

### THURSDAY

Region IV Development Association meets at noon in Desert 113.  
University of Idaho town hall meeting will be held at 2 p.m. in Aspen 108.  
Twin Falls County Board of Community Guardians meets at 5:30 p.m. in Office on Aging annex.  
Magic Valley Chorale rehearsal will be held at 7:30 p.m. in Fine Arts 133.

### FRIDAY

Lions Club leadership training will be held at 6:30 p.m. in Desert 113.  
K&T Steel basketball tournament will be held with games at 6 p.m. and 8 p.m. in the gymnasium.

### SATURDAY

Idaho Personnel exam will be given at 8 a.m. in Shields 204.  
Rotary Youth Exchange program will be held at 8 a.m. in Shields 115.  
Military testing will be held at 10 a.m. in Shields 204.  
Twin Falls County Farm Bureau speech contest will be held at 12:30 p.m. in Aspen 108.  
K&T Steel basketball tournament continues with games at 6 p.m. and 8 p.m. in the gymnasium.

## On the agenda

Following is a list of governmental meetings that are scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

### TODAY

Buhl City Council, 7 p.m., City Hall.  
Blaine County commissioners, 9 a.m., courthouse.  
Bliss School Board, 7:30 p.m., school library.  
Camas County commissioners, 9:30 a.m., courthouse.  
Camas County School Board, 7 p.m., high school.  
Cassia County commissioners, 9 a.m., courthouse.  
Cassia County School Board, 7 p.m., central office, 237 E. 19th St., Burley.  
Dietrich City Council, 8 p.m., City Hall.  
Dietrich School Board, 8 p.m., school.  
Eden City Council, 7 p.m., City Hall.  
Gooding County commissioners, 9 a.m., courthouse.  
Hagerman School Board, 8 p.m., elementary school.  
Hailey City Council, 6 p.m., courthouse.  
Hansen City Council, 8 p.m., City Hall.  
Hazelton City Council, 7:30 p.m., City Hall.  
Jerome County commissioners, 9 a.m., courthouse.  
Lincoln County commissioners, 10 a.m., courthouse.  
Magic Valley Regional Medical Center Board, 7 p.m., hospital board room.  
Minidoka County commissioners, 9 a.m., courthouse.  
Murrumbidgee School Board, 7 p.m., high school.  
Richfield City Council, 7 p.m., City Hall.  
Richfield School Board, 8 p.m., high school.  
Shoshone School Board, 7:30 p.m., Lincoln Elementary School.  
Twin Falls County commissioners, 8:30 a.m., courthouse.  
Valley School Board (Eden-Hazelton), 8 p.m., high school superintendent's office.

### TUESDAY

Castleford School Board, 7 p.m., high school.  
Filter School Board, 7 p.m., elementary school library.  
Hagerman City Council, 7 p.m., City Hall.  
Jerome City Council, 7 p.m., City Hall.  
Minidoka County School Board, 7:30 p.m., call the central office for meeting place.  
Rupert City Council, 7 p.m., City Hall.  
Twin Falls County Commissioners, 8:30 a.m., courthouse.  
Twin Falls School Board, 7 p.m., school district's office.

### WEDNESDAY

Blaine County School Board, 7:30 p.m., hospital-conference room.  
E-911 Regional Board meeting, 7 p.m., in the basement at Land, Title and Escrow Inc., 237 N. Lincoln, Jerome.  
Minidoka County Planning and Zoning Commission, 8 p.m., courthouse.  
South Central District Health Department Board, 2 p.m., 324 Second St., Twin Falls.  
Twin Falls County Commissioners, 8:30 a.m., courthouse.

### THURSDAY

Gooding County Memorial Hospital Board, 7 p.m., conference room.  
Kimberly School Board, 7 p.m., Kimberly High School.  
Twin Falls County Commissioners, 8:30 a.m., courthouse.

### FRIDAY

Twin Falls County Commissioners, 8:30 a.m., courthouse.



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# Mini-Cassia

## Hospital lawsuit begins Tuesday

By Liz Wright  
Times-News writer

**BURLEY** — A lawsuit against the county and the company that operates the county-owned Cassia Memorial Hospital could change the way the two do business and raise health care rates.

The suit goes to trial at 9 a.m. Tuesday.

The lawsuit, filed by Rupert lawyer Don Chisholm and Burley real estate businessman Truman Bradley, charges that Cassia County commissioners have not been forthcoming in their dealings with Intermountain Health Care Hospitals Inc.

IHC is a Utah-based company that leases and operates the county-owned Cassia Memorial Hospital.

The company is building the Cassia Regional Medical Center in Burley.

Cassia commissioners and the hospital company are named as defendants in the lawsuit. If the county loses the suit, the hospital company may be ordered to return money to the county's coffers and restructure its business agreements with the hospital company, County Prosecutor Stephen Bywater said.

The county also could be forced to raise the rent on the hospital equipment that it currently leases to the company for \$1 per year, Bywater said. If rent goes up, it could mean higher medical costs to patients, he added.

"I don't see it as a high stakes court trial," County Prosecutor Stephen Bywater said.

Among the issues on which 5th District Judge Roger Burdick will rule are:

- County commissioners violated open meeting laws during

their dealings with hospital officials.

- The county is illegally leasing county-owned medical equipment to the hospital company for a nominal fee of \$1 per year.
- The county taxpayers own a hospital plant fund, to which IHC Hospitals contributed money.

During a pretrial hearing, Chisholm and Bradley failed to prove that the company is controlled by the Mormon Church and that the county violated the constitutional law separating church and state by making business deals with the company. Burdick wrote in a Nov. 9 decision.

Cassia commissioners also had properly auctioned the land at 16th Street and Hiland Avenue for a new hospital, the judge ruled.

The county also did not violate anti-trust laws, he wrote.



Debbie Matsen and her sister, Lesa Fox, take flowers to their grandmother Friday at Cassia Memorial Hospital. A lawsuit against Cassia County commissioners and Intermountain Health Care Hospitals Inc., which operates the county-owned hospital, goes to trial Tuesday.

## Declo utilities need upgrading, council told

By Teryl Zollinger  
Times-News correspondent

**DECLO** — The city's utilities are due for an overhaul.

City Superintendent Gene Fries told the City Council last week that Declo's electrical system needs some major overhauling.

Mayor Jay Darrington urged the council "to upgrade and get things in line." He said the best plan would be to coordinate purchases over a number of years and budget accordingly "instead of waiting until it is too late."

Bonneville Power Administration, which sells electricity from federal hydroelectric dams, has given most Idaho cities that it serves until the year 2002 to get their electrical systems up-to-date.

"We don't want to be stuck like Albion," Darrington said.

Albion can't cover needed renovations on its own budget, and it must seek grant money for financial help, he said.

After some discussion among City Council members, the mayor said that the city will continue working with Southside Electric and get the utility company's comments on what the city should plan on buying.

Fries said that the city also needs to overhaul four sewer system pumps. He couldn't give any cost estimates, but he said that the pumps would probably have to be replaced — the pumps have been going for more than 20 years.

In other business:

- A letter from Cassia County

Sheriff's Deputy Scott Smith questioned the accuracy of Declo addresses. City Clerk Nelda Matthews said it's a problem the city has been working on for some time.

Matthews said houses were numbered 20 years ago. But since that time the city has opened several new streets, and new people have moved in. Matthews said that all Declo residents would get an address number in their December electric bill.

The City Council stressed that the city would provide an address. Residents will have to put their own numbers on their homes.

- Darrington reported that a Declo High School Future Farmers of America Chapter street sign project remains unfinished. He said after

talking to the FFA that he hoped to get some results soon.

- The council reviewed bids to extend 2nd West Street, a new gravel street that will be opened two blocks south of Main and east of the Declo LDS Stake Center. The property was annexed in 1975 but has remained undeveloped. The council received bids from Triple C Concrete and from Maverick Construction but made no decision.
- The council decided to contact Cassia County Administrator Tim Hurst to set up a meeting to discuss the city's area of impact agreement and to determine what the city's next step should be.
- Fries said that he would start putting up Christmas lights the week of November 21st.

## Large Indian shield stolen from bakery

**SPOKANE (AP)** — A large American Indian shield has been stolen from a bakery on the lower South Hill.

Robin and Matt Doval, owners of the Cobblestone Bakery, reported the Friday night theft of the \$1,000 piece to police.

The wood, brass and canvas shield is about 3 feet in diameter with beaded fringe and was made by local artist Jo Fyfe, said Robin Doval.

### Minidoka Memorial Hospital

## ARTHRITIS?

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### ARTHRITIS SEMINAR

Tuesday, November 15th  
at 7:00 pm  
IN THE FIREPLACE ROOM

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## Declo council says water rates going to rise

By Teryl Zollinger  
Times-News correspondent

**DECLO** — Water rates are going up, whether or not the city gets financial assistance to upgrade its water system, the City Council says.

That conclusion was based on the city's latest attempt to get a grant from the U.S. Farm Service Administration to help pay for a new well and improvements to the water system.

"We'll have to raise water rates just to put in the application," Councilman Mark Payne said.

Before the city can apply, it must

meet certain criteria, FmHA district loan specialist Craig Thurgood told Declo Mayor Jay Darrington in a meeting earlier last week.

To apply for a grant, a city must show that its water system pays for itself and is not subsidized by other utilities, Thurgood had said.

Darrington said he was advised to set a new budget for the city's water system and reevaluate current rates.

The council realized there were some major problems with the water system two years ago when coliform bacteria showed up in Declo water. It was also discovered that the city's water system couldn't pump water

fast enough to fight a large fire.

In December, Declo passed a \$200,000 bond issue to upgrade its water system. But an application to FmHA for an Idaho Farm grant was turned down. That gave the city another year to try again.

The pre-application deadline for the grant was Nov. 4. Applicants will know by mid-December whether they are invited to make a full-fledged application, and final decisions won't be made until March.

In the meantime, Declo must show that the water system pays its own way.

Water users now pay \$6.50 for their first 3,000 gallons of water per month. According to City Clerk Nelda Matthews that rate hasn't been changed since 1963. Council members compared that to the average rate for cities in this region is somewhere between \$25 and \$30 per month.

## Cassia district to discuss weapons policy

The Times-News

**BURLEY** — The Cassia County School Board will again discuss its "zero tolerance" weapons policy Monday.

The meeting will begin at 7 p.m. at the district's central office.

If the policy is passed, students and teachers will face a minimum of a one-year expulsion if they bring any kind of weapon onto school grounds or to school activities, or threaten or harm students or district employees with any instrument that could be used as a weapon.

The penalty could also apply to weapon "facsimiles," depending on the recommendation of school officials.

Board member Neal Jeppesen said no patrons had called him with opinions of the policy. But he said

he has approached parents and students and discussed the policy with them and has been met with positive comments.

"They seem to think it is a good idea," he said.

Parents, he said, have expressed concern at violence in schools and are

glad something is being done about it.

In addition, the proposed policy has been printed in school newsletters in order to get the word out, Jeppesen said.

Patrons with comments about the policy are encouraged to call their School Board member.

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### AUCTION CALENDAR through November 19, 1994

**MONDAY, NOVEMBER 14<sup>th</sup>, 1994**  
Ted Sandmeyer Estate - Farm Machinery - Buell  
Advertisement - November 12  
**MASTER'S AUCTION SERVICE**

**TUESDAY, NOVEMBER 15<sup>th</sup>, 1994**  
Real Estate - 635 Addison  
Thomas & Laurie Palacios - Twin Falls  
Advertisement - Classified 502  
November 8, 11, 12, 13, and 15  
**GEM STATE REALTY and MESSERSMITH AUCTION COMPANY**

**WEDNESDAY, NOVEMBER 16<sup>th</sup> - 11am**  
Stearns, California  
**SATURDAY, NOVEMBER 19<sup>th</sup> - 10am**  
Eureka, Nevada  
Farm/Ranch Equipment  
Advertisement - November 5, Times-News  
November 12, Ag-Weekly  
**PATTERSON AUCTIONEERS and TNT AUCTIONS**

**FRIDAY, NOVEMBER 18<sup>th</sup>, 1994**  
Mt. & Mrs. Keith Rhodes Estate and Stan & Betty Albee  
Farm Machinery - Household - Hansen  
Advertisement - November 16  
**WALL AUCTIONEERS**

**SATURDAY, NOVEMBER 19<sup>th</sup>, 1994**  
Farm Mart - Farm Machinery - Jerome  
Advertisement - November 3  
**BILL ESTES AND ASSOCIATES**

**SATURDAY, NOVEMBER 19<sup>th</sup>, 11am**  
Idaho's Largest Public Auction - Eagle  
Advertisement - November 6  
**MUSICK & SONS, INC.**

**SATURDAY, NOVEMBER 19<sup>th</sup>, 1994**  
Vorgil & Eleanor Bryant Estate - Household Antiques - Collectibles - Autos - Gooding  
Advertisement - November 17  
**JMA AUCTIONEERS**

**SATURDAY, NOVEMBER 19<sup>th</sup>, 1994**  
Wendell Valley Farm - Irrigation Equipment & Machinery - Wendell  
Advertisement - November 17  
**MASTER'S AUCTION SERVICE**

**SATURDAY, NOVEMBER 19<sup>th</sup>, 11am**  
Farm & Construction Equipment - Pocatello  
Advertisement - November 13  
**LIVINGSTON AUCTION & SALES CO.**

**SATURDAY, NOVEMBER 19<sup>th</sup>, 1994**  
Boise Collector Car Auction  
Fairgrounds - Boise  
Advertisement - November 14-19  
Classified 7005  
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## Sports

## Morning line

## Sportsquote

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with the media  
whatsoever.’  
”

Hall of Fame pitcher  
Steve Carlton talking  
about his horse

## Briefly

Magic Valley teams  
set to battle for title

**POCATELLO** — The title football contests involving Magic Valley teams will take place Thursday and Friday at Holt Arena in Pocatello.

Of the four Magic Valley teams in championship contests, two teams will play on Thursday with another pair scheduled for Friday.

Carey will play Deary in the Idaho State Class A-4 championship game on Thursday at 6 p.m. Murtaugh will take the field after that game for the battle with Wilder with the Idaho State Class A-4 championship game on the line. Kickoff is slated for 8:30 p.m.

On Friday, football action starts at noon with Glens Ferry playing Homedale for the Idaho State Class A-3 championship contest.

The site for the A-1 Division II title game was changed from the Kibbie Dome in Moscow to Holt Arena due to the fact that none of the Northern Idaho schools made it to the championship contest. Burley will play Madison for a scheduled 8:30 kickoff on Friday in the title game.

The A-2 title contest between Bishop Kelly and Snake River will be played in between the two games.

Nampa and Pocatello will decide the Idaho State Class A-1 football title Saturday at 11 a.m. Later that night, Idaho State will close out its football season with a game with Minnesota-Duluth.

NHL: players to resume  
negotiations — maybe today

The National Hockey League and its players association are expected to resume negotiations, possibly as early as Monday, on a new collective bargaining agreement, but talk of a possible NHLPA International Tourney may produce quicker results.

After the success of the Four-on-Four Challenge in Hamilton, Ontario, over the weekend, the NHL Players Association is working on staging more charity tournaments if the lock-out continues.

“You’ve not seen the last of the NHL Players Association,” said the Chicago Blackhawks’ Jeremy Roenick.

“We’ve been approached about doing some kind of tournament,” said the New York Islanders’ Troy Loney, “and if the NHL isn’t going to let us play, then it will be a good way for guys to release a lot of frustration.”

The NHLPA is considering several big arenas in the United States — the Palace in Auburn Hills, the Rosemont Horizon near Chicago — as well as sites in Hamilton, Saskatoon and Saskatchewan for future events.

The format would be five-on-five and be full-length games, instead of the four-on-four, abbreviated versions. And the series could begin in late December or early January.

Compiled from staff and wire reports

## Sportslate

## Today

College men’s basketball  
Creston National Team at College  
of Southern Idaho 7 p.m.  
Prep girls’ basketball  
Oakley at Valley 6 p.m.

## Sports on TV

7 p.m. Champions 6, 36 NFL Football (Satellite at Pittsburgh)

## SPORTS LINE

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The Times-News

## 49ers gun down Cowboys

San Francisco comes out on top, 21-14, in pro football’s battle of the best

Los Angeles Times

**SAN FRANCISCO** — So that is what it looks like when you shed the weight of the pro football world.

Steve Young danced Sunday afternoon. The quiet quarterback of the San Francisco 49ers skipped and twirled and waved his fingers at the sky.

For 20 seconds that must have felt like two years, he waltzed around the battered reputation of the Dallas Cowboys.

His teammates had never seen it before — “I didn’t think Mormons were allowed to dance,” Harris Barton said.

But then, most of them had never seen anything the likes of the 49ers’ 21-14 victory over the mighty Cowboys.

Before a record crowd of 69,014 at Candlestick Park, it was a triumph not just for the standings, but the soul.

After losing to the Cowboys three times in the previous two seasons—twice with a Super Bowl appearance at stake — the revamped 49ers finally got it right.

They got physical. They got nasty. They got inside not just the Cowboys’ end zone, but the Cowboys’ heads.

And they got it with flair.

There was Young, an artist with wits, dancing through the end zone after throwing a 13-yard touchdown pass to Brent Jones in the final three minutes to give the 49ers an insurmountable 21-7 lead.

Young vs. Cowboy quarterback Troy Aikman? Young vs. the memory of Joe Montana?

Both contests were no contest.

“Today, Steve got the monkey off his back,” Barton said.

There was Merton Hanks, nearly four minutes earlier, strutting across the field after intercepting Aikman in the end zone.

Holding the football like it was a hammer, Hanks swung it to the ground once for every time he remembered the Cowboys ruining his season.

Swung it three times, then left it spinning on the ground, as out of control as the National Football League’s new order of power.

It is no longer the Cowboys, then every-body else.

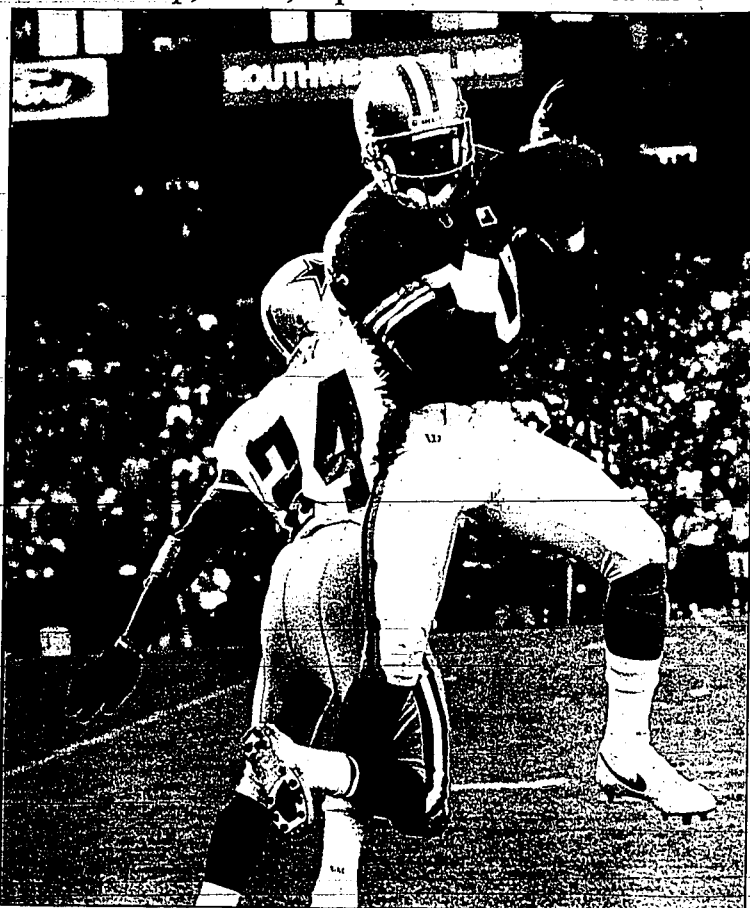
It is now the Cowboys and 49ers, equals not just in record (8-2) but in stature. And nobody else.

They will probably meet again in the National Football Conference championship game Jan. 15. The winner of that game will probably be the favorite in the Super Bowl two weeks later.

That is, if the winner can walk.

From the ninth play Sunday, when 49er tackle Steve Wallace stood up under the whistle had blown and butted heads with Cowboy Charles Haley, this was a football

Please see 49ERS/B5



San Francisco’s Jerry Rice hauls in a pass Sunday from Steve Young before going on to score a 57-yard touchdown against the Dallas Cowboys. The 49ers won the game to up their record to 8-2.

AP photo

Nebraska hangs on to top  
spot in college football poll

The Associated Press

Top-ranked Nebraska maintained its’ lead over No. 2 Penn State, and Alabama climbed to No. 4 Sunday in The Associated Press college football poll.

The Colmushers topped the Nitany Lions 39-23 in first-place votes and hold an overall lead of 18 points in the media poll, the same margin as last week. Nebraska and Penn State also are 1-2 in the USA Today-CNN coaches’ poll.

Both teams remained unbeaten Saturday, although neither had an easy win. Nebraska (11-0) needed two fourth-quarter touchdowns to pull away from winless Iowa State 28-12. Penn State (9-0) overcame a 21-point deficit to beat Illinois 35-31.

The victories clinched an Orange Bowl berth for Nebraska and a Rose Bowl trip for Penn State, so they won’t meet for the national championship.

Florida moved up one spot to No. 3 and Alabama jumped two places to No. 4, the Tide’s highest ranking this season. The teams will meet in the Southeastern Conference championship game at Atlanta Dec. 3.

The Gators (8-1) clinched the SEC East title with a 48-17 victory over South Carolina. The Tide (10-0) won the SEC West by beating Mississippi State 29-25.

Miami (8-1) stayed No. 5 following a sloppy 17-12 win over Pittsburgh, and Auburn (9-0-1) fell three spots to No. 6 after a 23-23 tie with Georgia that ended the Tigers’ 20-game winning streak. Auburn plays Alabama at Birmingham Saturday.

Rounding out the Top 10 were Colorado (9-1), Florida State (8-1), Texas A&M (9-0-1) and Colorado State (9-1). Colorado beat Kansas 51-26, Florida State downed Notre Dame 23-16, Texas A&M defeated Louisville 26-10, and Colorado State beat Arkansas State 48-3.

Kansas State was 11th, followed by Oregon, Southern California, Virginia Tech, Michigan, Virginia, Boston College, Washington, Arizona, BYU, Utah, Ohio State, Mississippi State, Duke and North Carolina State.

Ohio State and North Carolina State moved into the Top 25, while Syracuse and Washington State dropped out.

## CSI takes on Slovenians

By Larry Hovey  
Times-News writer

**TWIN FALLS** — International basketball makes its annual renewal in Twin Falls tonight when College of Southern Idaho hosts the Slovenian junior select team in an exhibition.

Tipoff is 7 p.m. for the exhibition that is exclusive of the Golden Eagles’ regular season schedule. That means no reserved seats and season passes will not be accepted at the gate. Prices are \$3 for adults, \$2 for students and a family of four at \$9.

Coach Steve Irons said all proceeds will go into the athletic department scholarship fund. Last year’s prices were a straight \$8, he noted.

The major difference between the Slovenian club and the other professional and amateur teams that have come through CSI over the past 20 years is maturity.

“They have height but they don’t have the bulk and the strength that comes with maturity,” said Irons who watched Wednesday of Utah beat the Slovenians Wednesday night.

That matches them more closely with the

ages represented on the CSI team.

“They are talented. Their point guard is in control and he does a good job of running the game for them,” Irons said.

They will bring three 6-10 inside players into the fray, using two at a time and rotating playing time fairly equally. They also have three others in the off-guard and wing positions that have size and quickness.

“They are a fairly typical European offensive team with a lot of picks, post to guard and roll-the-post action. They always look to take advantage of any defensive switch against them,” Irons said.

“They also seem to like the transition game but do more pulling up and shooting the three than taking the ball inside,” he added.

On defense, Slovenia used man-to-man all night against the Utes but Irons said he wouldn’t be surprised to see some attempt at zone during the game.

The Eagles will remain at home this weekend, hosting Monroe Community College of Rochester, N.Y.; Polk Community College of Winter Haven, Fla., and Treasure Valley, TVCC and CSI will swap eastern opponents.

## Floyd comes from nowhere to nip Albus



**MYRTLE BEACH, S.C. (AP)** — Ray Floyd came from six shots back in regulation play, then beat Jim Albus in the fifth extra hole Sunday in the season-ending Senior Tour Championship.

Floyd rolled in his winner on a 15-foot downhill birdie putt on the 18th hole at the Dunes Club.

The victory was worth \$240,000 and lifted Floyd into second place on the Tinal money-winning list at \$1,882,762.

Albus, a former club pro and a two-time winner this year, won \$141,000 and finished the official season at \$1,237,128.

Jay Sigel, playing on his 51st birthday, finished third in the \$1.35 million event sponsored by Golf Magazine. He scored a rare double eagle, a 2 on the par-5 15th, on the way to the best round of the tournament, a 63.

The double eagle came on a 220-yard, 5-wood shot on the 51st-yard hole.

“I never dreamed it would happen to my

ball,” he said. “That happens to someone else’s ball. I didn’t know it was in. I couldn’t see it. I didn’t believe it was in. I was totally shocked.”

Albus played the last round in par-72 and Floyd made up the ground he had to have with a 66.

Albus, who played the regular tour only on a brief, part-time basis, took a six-shot lead into the final round, and watched it all disappear by the 10th.

The playoff, held only on the 18th hole, was set up when Albus and Floyd finished regulation play at 15-under 273.

The first four times they played the hole in the playoff, each made par. Each had adventures, however; Albus missing a 12-footer that would have won it, Floyd salvaging a par after hitting a tree off the tee, and later hitting the cup with a 15-foot chip that spun out.

The fifth time they played the hole — a

Please see FLOYD/B5

Season on the line  
for Bills Monday

The Associated Press

**PITTSBURGH (AP)** — If the Buffalo Bills lose to the Pittsburgh Steelers Monday night, they won’t likely have to live with the ignominy of losing again in the Super Bowl.

Even they say so.

The Bills (5-4) already have as many losses as they did all last season. They’re older, more injury prone and admittedly aren’t the same team that has played and lost in a record four consecutive Super Bowls. If they keep losing, the Super Bowl will be nothing more than a distant bad memory.

No wonder that with the season’s mid-point barely passed, quarterback Jim Kelly is calling his homecoming to his native western Pennsylvania a “must win.”

Please see BILLS/B5





# Martin guns past field to win Hooters 500

Knight-Ridder News Service

HAMPTON, Ga. — Mark Martin bided his time early, then breezed to victory in the season-ending Hooters 500 at Atlanta Motor Speedway on Sunday to overtake Rusty Wallace for second place in the points standings.

Dale Earnhardt, who clinched his seventh Winston Cup championship at Rockingham, N.C., two races ago, put in another strong performance in his Chevrolet to finish second. Young Todd Bodine was third in a Ford, the best finish of his career.

Tire wear played a big part in the race on the newly reaved track, with most teams able to go only 30 to 35 laps before having to make a change. In the past, teams were able to go about 60 laps between changes. But Martin and Earnhardt were able to make their tires last a few laps longer, and that helped them to run up front.

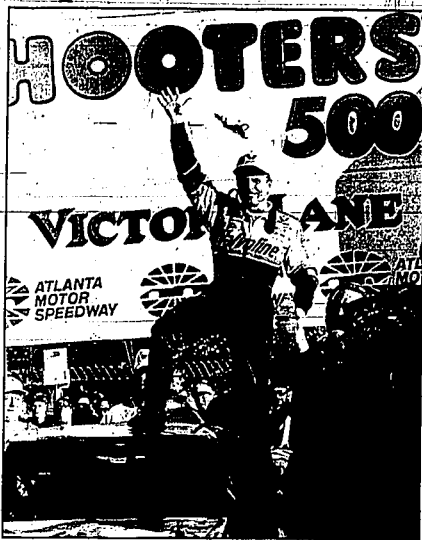
Martin led eight times for 119 laps, more than double the total of anyone else in the 328-lap race on the 1.522-mile oval. He was most dominant late, leading 107 of the final 136 laps.

"The car was good all day," Martin said. "We were just taking care of it early. When it was time to go, we went. We were concerned about the tire wear early and were trying to feel the situation out. But we were able to go longer and longer each stop, so by the second half we were ready to open it up and race. The car was just great. I figured the only way we could lose was to stop one lap early, so I took an extra lap."

Martin's remark about stopping too early was a jab at himself for a blunder earlier this season. He was leading the Busch Grand National race at Bristol, Tenn., when he became confused by a late caution and pulled into the pits one lap too soon, losing the lead and victory.

It was his second win of the season and the second of his career at Atlanta Motor Speedway (the other was in November 1991). Martin now has 14 career wins.

"This is one of the best races to win because it gives you bragging rights all winter," Martin said. "It gives the team a boost to keep working hard in the off-season."



Mark Martin celebrates atop his car in Victory Lane after winning the Hooters 500 Sunday.

ing hard in the off-season."

It was also a profitable victory for Martin and the Jack Roush Valvoline team. Their share of the race purse was \$104,200, and by overtaking Wallace in the points standings, the team claims \$350,000 for finishing in second place.

Martin entered the race 75 points behind Wallace, who continued a streak of late-season bad luck Sunday. Wallace was running a strong seventh when Greg Sacks crashed into the wall and debris from his car bounced off under Wallace's car, bursting the oil tank and breaking part of the suspension.

Wallace missed 62 laps while his car was repaired and finished 32nd.

"I never saw the debris at all. It's too bad. This car was really humming," Wallace said. "It's a shame to lose a position (in the standings) because of something that you can't control. It was just some more bad luck."

Wallace led the series with eight victories and had a hot streak going — finishing in the top seven in seven straight races, including three victories — to make a run at Earnhardt for the title. But consecutive bad finishes in the last four races — 37th, 35th, 17th and 32nd — not only handed the championship to Earnhardt but also dropped Wallace to third.

It was the only change in the top 10 positions in the standings. Earnhardt finished with 4,694 points

to wrap up his seventh title, tying him with Richard Petty. Martin led 4,250 and Wallace 4,207. Following them were Ken Schrader, Ricky Rudd, Morgan Shepherd, Terry Labonte, Jeff Gordon, Darrell Waltrip and Bill Elliott.

"We came from 30th and finished second, so that wasn't too bad. But it would have been really nice to win today," Earnhardt said. "The car worked good, but Mark just had a little more than we did today. But we've had a great season."

Pole winner Sacks and Geoff Bodine, both Ford drivers on Hooters tires, were the early front-runners, leading 58 of the first 82 laps.

But they both crashed after what appeared to be tire failures sent their cars veering into the fourth-turn wall — Sacks on lap 74 and Bodine on lap 255. Another Ford on Hooters, this one piloted by Loy Allen Jr., also hit the wall after a blowout on lap 146.

None of the drivers were seriously injured, although Allen was taken from the track on a stretcher and checked at a hospital before being released. Those were the only wrecks.

"I thought when the race started that the Hooters cars had the race," Martin said. "They could go a full fuel stop on a set of tires, and we (the drivers on Goodyears) couldn't. But I didn't know they would start having blowouts, and we got to where we could run longer."

No one controlled the middle of the race, with nine drivers swapping the lead. But then Martin began taking control, growing stronger as the race progressed. He wound up leading 79 of the final 82 laps and winning by a 3.42-second margin over Earnhardt.

Martin did have one late scare, almost getting sideways when he tried to dip beneath Kenny Wallace in turn four with 10 laps to go.

"I'm sure Kenny was trying to get out of the way, but I was really coming fast and had to go real low on the inside, lower than I had tried to go all day, and it about got away from me. I was a little more careful after that, but I still had to keep pushing because Earnhardt was back there."

## Earnhardt finishes season in style

HAMPTON, Ga. (AP) — Dale Earnhardt added one last bit of glitter to his championship season Sunday with a solid second-place finish behind winner Mark Martin in the season-ending Hooters 500 at Atlanta Motor Speedway.

"It would have been nice to win, but we came from 30th (at the start) and finished second, so that wasn't too bad," Earnhardt said. "We've had a great season."

"I'd like to dedicate this championship to Neil Bonnett. Those folks we've lost this season and seasons past mean a lot to us. We remember them all — Davey (Allison), Neil, J.D. (McDuffie) and Tim Richmond — all of them."

Bonnett, Earnhardt's longtime friend and competitor, was killed in a crash prior to the season opener in February at Daytona. Allison died in July 1993 in a helicopter crash. McDuffie in an August 1991 crash at Watkins Glen, N.Y., and Richmond in 1989 of an AIDS-related illness.

The champion, who won four races in 1994, finished the season with nine straight finishes of seventh or better.

That included eight finishes of third or better and one win. Earnhardt took a post-race ride around the track on an open trailer joined by team owner Richard Childress and members of his GM Goodwrench crew.

REPRISE: NASCAR, which has been known to change its rules at a moment's notice, overlooked a rule Sunday morning at Atlanta Motor Speedway — and nobody complained.

Drivers who are late for or miss the pre-race drivers' meeting are generally made to start at the rear of the field, no matter what their qualifying position.

But the only driver to be late for the meeting before Sunday's sea-

### Racing notebook

son-ending Hooters 500 got a waiver. Harry Gant, the 54-year-old North Carolinian who is retiring as a Winston Cup driver, got to start the race right where he qualified, 28th in the 43-car field.

Gant's tardiness was excused because he was being honored in the pre-race show.

The race wasn't what Gant had hoped for, however, with a burned piston ending his day early and relegating the crowd favorite to a disappointing 33rd place.

RECORD THROUGH: Atlanta Motor Speedway officials declined to put a number on it, but said Sunday's crowd for the Hooters 500 was easily the biggest in the track's history.

Richard Sowers, a track spokesman, said that every seat that was available had been sold, including 22,000 temporary grandstand seats on the backstretch of the 1.522-mile oval — 8,000 more than ever before — and that every seat in the track's 62 luxury suites — an addition of 12 from March — were also in use.

Sowers said every reserved spot in the infield had been sold and that, for the first time in the track's history, the infield was closed to vehicle traffic the day before the race. In fact, he said the drive-ins were halted at 10:30 a.m. on Saturday.

Unofficial estimates ranged from 150,000 to 200,000 people.

ROOKIE FINISH: None of the three drivers at the top of the 1994 Rookie of the Year standings fared well Sunday.

Leader Jeff Burton was running at the end, but wound-up 31st, 53 laps off the winner's pace.

## Love, Couples pair up to claim 3rd-straight World Cup for U.S.

DORADO, Puerto Rico (AP) — The United States team of Fred Couples and Davis Love set a tournament record by winning the World Cup of Golf for the third straight time Sunday.

Their victory broke a mark set twice over a five-year period by Jack Nicklaus and Arnold Palmer, winners for the U.S. in 1963-64 and 1966-67.

**'Having our names up there with Nicklaus and Palmer is something special. They meant a lot to the game.'**

— Fred Couples, after he and teammate Davis Love broke the World Cup victory record.

The 14-stroke winning margin equaled a record set by Ben Hogan and Sam Snead in 1956 and the four-round total of 40-under-par at the Hyatt Dorado Beach East Course also set a tournament record.

"Having our names up there with Nicklaus and Palmer is something special," Couples said, after shooting a 69, his fourth sub-70 round of the tournament. "They meant a lot to the game."

Couples, 72, hole score of 265, 23-under-par, named him his first World Cup individual title, an additional \$100,000 and another tournament record. He finished second to Bernhard Langer last year and third to Brett Ogle in 1992.

He and Love will share \$300,000 for winning the team competition. "I felt we were the best team," Couples said. "Getting off to such a great start took a lot of the pressure off. We didn't play as well over the last two rounds, but we did what we needed to do, turn in rounds in the 60s."

Love had to break 70 Sunday, salvaging a 69 by sinking a 55-foot birdie putt on the par-4 18th hole. His four-round total of 271 was good for third place in the individual competition and an additional \$25,000.

"One of these times I'd like to win the individual title and let Freddy have some time off," said Love, who has finished behind Couples in each of the Americans' three previous World Cup appearances.

Zimbabwe's Mark McNulty and



Fred Couples, left, and teammate Davis Love congratulate each other on the final hole Sunday after the U.S. team won the I.G.A. World Cup of Golf over 31 other countries.

Tony Johnstone, who began the day nine strokes behind the Americans, didn't mount a run Sunday, playing themselves out of contention by the turn.

Couples and Love coasted from there. "With the tournament wrapped up after the front nine, I was playing for second place and ran into some problems," Love said. "That usually happens when you relax."

Zimbabwe could pick up only one stroke from par Sunday to finish the tournament at 26-under-par, one stroke ahead of Sweden for second place. New Zealand was fourth at 23-under.

"They didn't hit it like they would have liked today, which made things easier for us," Couples said. "It's a lot more comfortable playing with a double-digit lead."

Couples and Love indicated they would be back to try for a fourth title next year in China, although they haven't yet received an official invitation.

"Everyone from the (International Golf Association) keeps saying, 'We'll see you in China,' so I guess that means they want us back," Love said.

"I think we'll go for No. 4," Couples said. "I've enjoyed playing in this tournament and we've done well together."

Constantino Rocca shot 68 Sunday to finish second at 270. McNulty was fourth at 272.

## FAMILY NIGHT

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## The end draws near for Navratilova

NEW YORK — A decidedly melancholy atmosphere envelops the Virginia Slims Championships this year. Martina Navratilova has chosen Madison Square Garden, her supposed tennis home, to say goodbye.

The drama begins Tuesday night, when the Garden will raise a banner in Navratilova's honor after her first-round match against Gabriela Sabatini. From now on, every tennis ball struck under the Garden roof will be hit underneath the name of Martina Navratilova, the greatest woman to play the game.

"I just hope she doesn't get all tied up," said her longtime doubles partner, Pam Shriver. "It could go either way."

Shriver and Navratilova paired for

nine Slims doubles championships in 11 appearances at the Garden from 1982-1992. In singles, Navratilova rules at 33rd Street. She has seven titles, including a record five straight, in 16 appearances here and made the finals five other times.

"In the end she had a great rapport with the crowd," said Shriver, who is playing doubles here with Liz Smylie and will catch all of the Navratilova matches she can. "In one of our last matches together, when we won our last championship (1991), we won 6-4, in the third over (Jana) Novotna and Gigi Fernandez. It was an amazing match."

Anytime she's taken the court, I've never felt such an electricity in the crowd."

The draw did not favor the fans or

Martina Navratilova retiring

Year	Round	Score
1982	1st	6-4, 6-3
1983	1st	6-4, 6-3
1984	1st	6-4, 6-3
1985	1st	6-4, 6-3
1986	1st	6-4, 6-3
1987	1st	6-4, 6-3
1988	1st	6-4, 6-3
1989	1st	6-4, 6-3
1990	1st	6-4, 6-3
1991	1st	6-4, 6-3
1992	1st	6-4, 6-3

the Garden by matching the sixth-seeded Navratilova against the unseeded Sabatini, another New York favorite, who won here in 1988.

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## Focus

One man's

## Odyssey

From Vietnam to addiction to a shelter

Homeless veteran John Simmons struggles to stay clear of the poverty and drug abuse which plagues the neighborhood surrounding the shelter in Philadelphia which he now calls home. Simmons looks through the dresser in his room at his sister's home before leaving for the shelter.



The Associated Press

PHILADELPHIA — The line of choppers slices through the stillness of the morning sky. John Simmons, a paratrooper, demolition specialist, hangs in the doorway. The signal comes, and he steps over the edge — and into the waiting jungles of Vietnam below.

It is September 1966. Simmons is 22. It is his first jump in country.

Simmons promptly hits the ground and fractures both ankles.

Taken to a medivac hospital, he is given morphine for the pain.

"And that was the beginning of the addiction for me," he says.

"Cheekmate," Simmons grins; as he takes a last drag on his cigarette. The embers burn well into the filter before he

drops the Kool into the coffee can on the table beside him. The men at the table dump the chess pieces back into the box and head inside the Veteran's Residence and Resource Center for lunch.

It is 1994, and this is John Simmons' home, for now. And he is still battling his addiction.

"I'm angry at myself for this," he says. "I'm 50 years old and I'm living in a shelter. It's about doing now. It ain't about talking anymore."

**'I'm angry at myself for this. I'm 50 years old and I'm living in a shelter. It's about doing now. It ain't about talking anymore.'**

— John Simmons, Vietnam veteran

playing chess and spades, attending counseling sessions and reading the Bible. And he's learning to talk about the demons that have traveled with him since his days in Vietnam.

"Vietnam taught you to close down," he says. "I didn't allow myself to feel hurt or fear, and I needed a system to release those feelings."

—Thirteen months and 25 days after that first helicopter jump in Vietnam, Simmons was back at an Army base in Augusta, Ga.

Addicted to drugs, angry at the world and plagued by graphic nightmares, he went AWOL 28 days before his scheduled discharge. Two months later, he was picked up by the military police.

He spent his last 60 days as a soldier in the stockade.

After being discharged, he got on a bus to New York City. He did not return to Georgia — or to the woman he had married in 1966 on the eve of his overseas tour. And he never has.

"I was so angry and disillusioned with the Army when I left that by the time I had walked away from the bus station, I had given away all my military clothes to men begging," he says.

Of the decade following his discharge, Simmons says, "I was someone you didn't want to be around."

He lost his job after job because he was hostile to his bosses and fought with his co-workers. And the drug addiction continued.

"Heroin, cocaine, marijuana — I didn't care" he recalls.

Finally, estranged from his family and out of work, Simmons entered a drug treatment program. He stayed clean for 23 months and earned his GED at age 37. But when he had difficulty receiving G.I. Bill funding to continue his education, he went into a tailspin.

When he moved back to his mother's home in Williamston, N.C., in 1982, his world again started to fall apart.

"The land in North Carolina reminded me of Vietnam," Simmons says. "I started having flashbacks and nightmares. I went into deep combat awareness, wearing dark clothing, only going out at night. And I started getting back into drugs."

"One day while I slept, my mother came into my room. I had a 38 under my pillow and a shotgun next to my bed. My own mother was scared of me ... and she was scared for me."

And he was scared, too. I didn't know how to get help.

Not knowing what else to do, Simmons' mother gave him \$500 and asked him to move out.

After another decade of drifting, he finally turned to the Veteran's Residence and Resource Center.

He's found another job, working two hours a morning cleaning the lot of a nearby convenience store, restocking its shelves and providing a second set of security eyes.

At long last, the dark walls of isolation he began erecting in 1966 are slowly falling away, and he can see a future beyond his addiction.

A few years from now, he says, "I'd like to have a degree in construction technology. I'd like to own my own home and be married again. And I want to work at renovating houses for use by women with children coming out of recovery programs."



While another resident watches television, Simmons takes some quiet time to read the Bible. Simmons tries to find time on the weekends to study the Scriptures and to meditate.



Above, Simmons, left, attends 'Lifeskills' at the Veteran's Residence and Resource Center. Morty Baron, top right, teaches the four-week class, which helps the veterans better their communications skills and properly read train and bus schedules. At right, Simmons plays chess at the shelter. Many of the men at the shelter play chess or cards as a release from the mental and emotional stress of their therapy sessions.



AP photos

Inset above, Simmons, at age 22 before he left for Vietnam, hugs his wife, Shirley Simmons; left, and his mother, Madeline Simmons. Simmons never returned to his wife after he got back from the war, drug addicted and angry. His mother passed away several years ago.

## World

## All aboard

## Service across world's longest submarine tunnel begins

The Washington Post

**ABOARD THE EUROSTAR** — The sleek bullet train pulls out of Paris Gare du Nord and soon attains a cruising speed of 120 miles per hour. As the Picardy wheat fields pass by in a blur, you can skim through the newspapers, work on your portable computer or savor a gourmet lunch of poached salmon or filet mignon served at your seat.

Ninety minutes into the journey, the windows go black as the train streaks into the world's longest submarine tunnel burrowed 130 feet beneath the chalky seabed of the English Channel. You emerge from darkness 20 minutes later on Shakespeare's "precious stone sea in the silver sea," having traversed the first land link between Britain and mainland Europe.

From the port of Folkestone, the train meanders through the verdant Kent countryside, chugging along at 50 miles an hour to accommodate the antiquated British tracks. An hour later, you alight in the heart of London at the new Waterloo international station.

After a plague of cost overruns and glitches that put the project more than a year behind schedule, the Eurostar train service linking London with Paris and Brussels is set to launch, regular passenger service today amid the kind of hoopla rarely reserved for railroad connections.

The three-hour journey between Paris and London (15 minutes longer for the trip between Brussels and London), to be offered twice a day in each direction, heralds a new age in continental travel that boosters say will draw European peoples closer together by effectively establishing a land link with Britain.

Plans call for the high-speed rail network to be expanded across the continent, with the Brussels and Paris spokes to be extended to Cologne, Munich and Berlin, followed by Prague, Budapest and ultimately Moscow.

While the cost of such a modern transport system could run as high as \$100 billion over the next two decades, a

Europeanists believe that cutting down time and distance between the continent's urban centers will break down national barriers — both real and psychological.

In Britain, the island mentality has been a source of fierce pride for centuries. After thwarting invaders from Spain, France and Germany, British governments have long hailed the channel as a protective moat.

British tabloids have warned that "hordes of garlic-breathing frogs" will soon descend on their scepter'd isle, and English worries about rabies caused further delays by forcing tunnel's builders to erect an elaborate anti-rabies shield. Fences were buried deep in the soil around the English terminals, and the undersea tunnels were equipped with electrical grids known as "sun mats" to prevent animals from crossing.

Now that the tunnel has been built, its investors hope that British resistance will melt away once travelers see the ease with which they can now travel to the continent. Indeed, Eurostar directors believe

that up to 70 percent of their customers will be British.

The Anglo-French consortium Eurotunnel, which built the undersea bridge that has been hailed as the greatest engineering feat of the century, is counting on the popularity of the

Eurostar line and the desire of British travelers to make more frequent trips to the continent as its salvation from the brink of bankruptcy.

The \$16 billion Channel Tunnel project cost more than double its original estimate, and the delays in starting train service are expected to compound projected losses by another \$75 million this year. The value of Eurotunnel stock has dropped by half since the Channel crossing was inaugurated six months ago, prompting shareholders to find grim irony in the company's marketing pitch: "Easy come, easy go."

Eurotunnel's other main activity, Le Shuttle, which transports cars and trucks on train carriages under the channel, is expected to face stiff competition from cross-channel ferry boats that have slashed prices and improved service. It has suffered some serious teething problems in coping with cars, whose anti-theft alarms often go off because of the rocking motion of the crossing and whose lights can trigger the tunnel's fire alert system.

The train system too has endured some embarrassing fiascos, such as electrical breakdowns that stranded a trainload of journalists on a preview

journey from London to Paris. But prospects are looking brighter. Since tickets went on sale last month, more than \$4 million's worth have been purchased.

The directors of Eurostar, which is operated by the French, British and Belgian railway companies, predict they will draw 10 million passengers a year and siphon a lot of business away from the world's busiest air route between London and Paris.

They say it is only a matter of time before the public starts to respond to their claims of superior service, speed and comfort over their competitors among the airlines and ferry companies.

"Passengers will quickly see a big difference in quality of service between us and the airlines," says Jacques Berducou, manager of France's high-speed international operations.

"The fact that the train takes you right to the city center plays in our favor," Berducou said. "Travelers can count on three hours of peace to do work and enjoy the journey, whereas airplane passengers have to fight traffic to get to and from the airport, check in baggage, squeeze into seats for a 45-minute flight and generally put up with a lot of disruptions."

Tickets for the train crossing have been pegged closely to air fares. The cheapest round-trip train ticket, payable 14 days in advance of the trip and not subject to change, will cost about \$150, competitive with the airlines' advance purchase excursion fares, which range between \$135 and \$166. A first-class Eurostar round-trip ticket will cost \$309, less than the \$400 charged for many business-class tickets by the airlines.

## Channel TUNNEL

## 1 All aboard...

Passengers departing from Folkestone or Calais will pass through a toll area, border controls and a security checkpoint. Terminals include restaurants, shops, restrooms, gas and service stations. Signs in French and English offer guidance.

## 2 Boarding the shuttle

Drivers will park their cars, buses or motorcycles in train cars called "shuttles." Each shuttle is pulled by two electric locomotives and can carry up to 180 cars. Vehicles up to 5 feet high will travel in double-deck cars; larger trucks and buses in single-deckers. Motorists will drive through loading doors and through the shuttle until an attendant tells them to park. Internal ramps in the loading cars provide access to upper decks.



Plan of double-deck shuttle



## 3 Inside the shuttle

Car and bus passengers will remain with their vehicles; motorcycles will spend the journey in passenger compartments. Truck drivers, however, will be separated from their vehicles and will go to an air-conditioned club car. The shuttles are well-lit and fitted with windows, although there is no view for the 28 minutes of undersea travel.

## Under the sea

## Safety and security

The biggest threat to safety in the Channel is fire. Developers are pushing prevention: Smoking is banned. Also, motorists may not open the hoods of their cars.

Each car has two doors that can hold back flames for 30 minutes, long enough for the train to reach the terminal or for the fire escape hatches that lead to the service tunnel. Also, the cars are equipped with fire detectors and extinguishers.

The last major earthquake shook the Channel area in 1513, but just in case, the Channel is earthquake-proof.

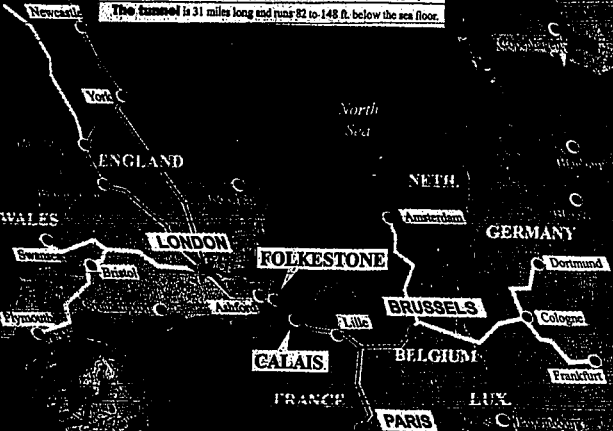
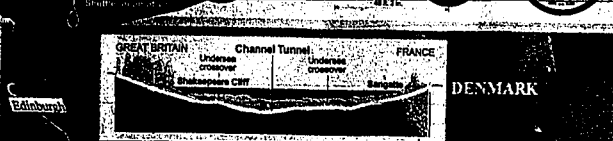
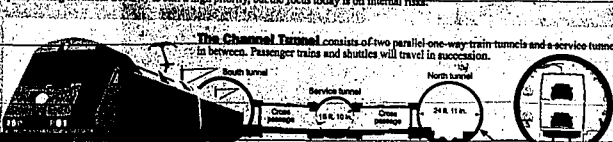
Channel waters are notoriously choppy — "aggressive," developers say. They designed the Channel walls to withstand 120 years of use without major leaks or cracks. The tunnel walls are lined with concrete rings reinforced with steel, then coated in protective corrosion.

When passengers board, they'll receive information on exits and evacuation procedures. The first priority is to move people nearest the danger. For example, if a vehicle is not brought to a halt, passengers would be moved to another wagon. The train would continue to the nearest terminal.

For more dangerous situations, passengers can be evacuated through the fire doors into the service tunnel. They would either go on to the opposite rail tunnel to be picked up by another train, or walk to the service tunnel for an emergency vehicle.

The British are determined to keep rabbits out of England. Animals are banned from the train, and checked baggage in the tunnel doors will serve as the last line of defense against rats, foxes, and

THE CHANNEL MAY BE A MODERN-DAY MARVEL, but the concept dates to the 19th century. In 1802, Napoleon's engineers created plans for tunnel travel via carriages. That project fell through when France and Britain went to war. Britain shelved a later plan, fearing invasion. Security is still a high priority, but the focus today is on internal risks.



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 Earn up to \$3000/month pro-  
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733-7512 EOE

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I do housecleaning. Call  
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**217 RESUME PREPARATION**  
733-2009 for customized  
prof. resume - Roy Stotter  
Professional Resumes  
Cindy at 733-1808

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**212 TRADE**  
Journeyman refrigeration,  
3 yrs experience, r/o, own  
tools, benefits.  
Call 733-8564  
  
 Looking for OTR truck driv-  
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934-4451.  
  
**PARTS COUNTER**  
Well established local truck  
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Heavy truck experience  
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DOE. 1-800-879-8886 ask  
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## Miscellaneous-Recreational

817-909



BUY IT - SELL IT - FIND IT  
**CLASSIFIED 733-0931**



## 817 MISCELLANEOUS FOR SALE

Collector's Records, Ninja Turtles, Toys, 734-224-224.  
Don't miss the best of bottled water? Purified drinking water from your own tap for 2 cents a gallon.  
733-1186

Free pallets, Call 733-0931, The Times-News, or stop by the office between 8 am and 5 pm, 132 3rd St. W.  
Koenig 2 1/2 in auction drags, \$400, 543-4942.

Kenmore washer & dryer, white, \$250. Glass & brass table with 4 chairs (blue covers), \$200, 734-2685.

Kimball upright piano, \$1000.00. Flat top sewing machine and a Singer sewing machine with cabinets, \$250 ea. Needs to be with fringe, ladies 22-24, \$100. Hide-a-bed, \$25, 734-2947.

Log Cabin pkg \$10.59, 24 oz. with 1/2 pint of 750 Swedish pipe, saddle notch box, 2 1/2" T&O rock deck, Plans, video, lot & other items available.  
737-684-2445.

Used waste oil furnace, \$750, 734-3684.

Your favorite place of early Wood River Valley & Sun Valley in front! Local writer seeks help for history book. Call Wendy Holm at 733-726-6261.

## 818 MUSICAL INSTRUMENTS

Baby Grand, flawless, high gloss black finish, smooth action, needs to sell, can deliver, \$4100, 208-678-2717.  
Rehearsal Piano, 733-3905.

TEACHER BELLINI SPINET, 733-3502, 733-0861.

Wurlitzer Baby Grand like new finish, superb tone, \$1,875; can help deliver, 737-678-2717.

## 819 OFFICE EQUIPMENT

Copiers for sale. Large selection of reconditioned copiers starting at \$45. 1 year warranty available.  
734-7995.

## 820 PETS AND SUPPLIES

Pr-few female, friendly, mellow temper, cat. Approx. 3 yrs old. Free to good home 326-5801.

## 820 PETS AND SUPPLIES

1 AKC Black Apso pup, \$150 ea. 1 AKC Pekingese pup, \$200. Adult Boston Terrier, \$35, 438-8093.

29 gal aquarium-cabinet stand, accessories, \$175. CASH. Call 733-5000 or 324-4274.

4-H quality puppies, \$5. Call 4-H, 324-5152.

55 gallon aquarium with stand & accessories, \$150. Call 543-5176.

(5) AKC Boston Terrier puppies, 6 wks old, \$25 ea. Also (1) female 7 month old, \$200. Call 423-5753.

AKC German Shepherd puppies, 1 purchased Schipperke puppies, \$150 each, 543-4293.

AKC Dalmatian puppy, \$100. Call 734-2685.

AKC reg. yellow Lab puppies, born 10-5-94, great for field, show, family, & other uses. \$150 ea. Call 420-206-3567.

Baby piglet, \$40. Zebu cattle, miniature dorkies, 1 flight of Quaker parrots. Call 678-2004.

Doberman puppies 5 weeks old, 3 males, 3 females. Ask for Hans 733-6261.

## DOG FOOD

High Energy Tri Pro dog food, 10 lbs. Call 733-3502, 733-0861.

For sale: Spayed female Rottweiler, \$100. Call 733-3502, 733-0861.

Free breedable, ivory Lab Chow X puppy, female, 8 mo. Lovable, good family pet. Needs large yard. Call 734-7995.

Free kittens to good home. Two orange tiger stripes, two gray tiger stripes, one calico, 734-7995.

## FREE TO GOOD HOME

Lab X puppy, 4 males & 5 females, 8 wks old, 3-year-old, 8 lbs. Call 734-7995.

## PUPPY FOOD

200 bag \$4.49 Golden Retrievers puppies, no papers, \$100 each. Call 733-5785.

Pumping Shamrock puppies, excellent with children. Call 423-4167 or 734-8876.

## 820 PETS AND SUPPLIES

FREE to good home: Siberian Husky-Golden Lab X puppy, 5 wks old, 3 lbs. Call 734-7995.

Himalayan males: Breeding age, with shots. Reasonable price, \$36-5750.

Looking for large royl, female to male with 12 reg male, exchange for pick of the litter, 423-435 after 5.

Miniature Schnauzer puppies, 1 female & 2 males. \$150 ea. Call 438-8082.

One lively, lovable ball of built, liver reg. Collie Old colored leucopoodle puppy, \$250. Only serious inquiries please. Call 733-1172.

Registered Persian kittens, all colors, 2 females, 3 males, \$100 without papers, \$150 with papers. \$150 ea. 543-4293.

Siamese kittens & Balinese kittens, with shots, reasonably priced. Call 536-5750.

Yellow lab puppies, father AKC mother should be Maleis, \$100. Females \$125, 543-4171.

## 822 TOOLS AND MACHINERY

12 X 36 Craftsman-Alias lathe. Tooling. Good condition, \$1,100. Call 497-2090.

## 822 VARIETY FOODS AND SERVICES

Butcher shop, \$109 a lb, cut & wrapped. Wild game processing, natural jerky, ground beef, salami, Polish & German sausage, custom beef & pork. Call 678-5613 or 530m-5030m. After hours 208-678-8243.

## 824 VIDEO ENTERTAINMENT &amp; TELEVISION

10" Tracker Floor satellite system, great shape, circuit boards updated on receiver. \$1200. Call Stan or Carol 733-3769.

## 824 VIDEO ENTERTAINMENT &amp; TELEVISION

TV and entertainment unit, 7 1/4" wide, good condition. Call 734-5418.

## 825 WANTED TO BUY

10" & Larger non-working color TV's & VCR's. Call 423-4676 or 423-5130.

2 1/2" wheels for '85 Mercury Lynx, 1 1/4" wheel for '91 Pontiac Grand Am. \$250 ea.

Cabinets, building materials, refrigerator, light fixtures, 30-cup coffee maker, 422-5130.

Color TV or VCR needing repair, 734-3539.

Garage door 10 X 8. Call 324-8554.

Good quality oak cupboards, double paneled windows any size, new carpet or linoleum, new carpet or linoleum, 438-8945.

Am using a new office need all sorts of office furniture, desk, chairs, filing cabinets etc. Please call 733-6030. If not home please leave msg.

Nice Ruger 10-22 rifle, with or without accessories, 543-4912.

Old kitchen cupboard, also buying collectible and antique glassware, pottery, rugs, etc. 734-7205.

Race car bed in good condition. Call 543-8646.

Set of used bunk beds, ceramic and pottery wall nockets, 543-6547.

Shoppers Mark V. 326-0443.

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## 825 WANTED TO BUY

Wanted: Ceramic kiln, small to medium size, must work, paying reasonable cash, please immediately. We will pick up, 736-4958.

Wanted: Hard woods, oak, cherry, walnut etc. Call 736-0267.

Wanted: Heavy duty meat grinder & sausage making equipment. Call 543-5714.

Wanted: 10' x 63, 1064, 1065, or 1074 for wheel wagon. 825-9971

Wanted: Kitchen Aids or other brand heavy duty food mixer, 736-1504.

Wanted: Lincoln Electric, Tig 300-300 welder or equivalent, 733-1172.

Wanted: Mobile home bathroom fixtures, lin. sliding & shutters, stainless steel kitchen sink, 438-9845.

Wanted to buy: 15' Chevrolet Rally wheels, \$35 hood for 70-72 Chevrolet Camaro. Call 734-5222.

Will pay up to \$100 for a running car, up to \$200 for a running truck, 734-8881, ask for Jim.

## 826 WANTED TO TRADE

Trade '86 Winnebago motor home, 16 ft. for tandem axle campervan, good condition, 543-8276.

Set of used bunk beds, ceramic and pottery wall nockets, 543-6547.

Shoppers Mark V. 326-0443.

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Wanted: Lincoln Electric, Tig 300-300 welder or equivalent, 733-1172.

Wanted: Mobile home bathroom fixtures, lin. sliding & shutters, stainless steel kitchen sink, 438-9845.

Wanted to buy: 15' Chevrolet Rally wheels, \$35 hood for 70-72 Chevrolet Camaro. Call 734-5222.

Will pay up to \$100 for a running car, up to \$200 for a running truck, 734-8881, ask for Jim.

## 826 WANTED TO TRADE

Trade '86 Winnebago motor home, 16 ft. for tandem axle campervan, good condition, 543-8276.

Set of used bunk beds, ceramic and pottery wall nockets, 543-6547.

Shoppers Mark V. 326-0443.

Call 324-6443.

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## 825 WANTED TO BUY

Wanted: Ceramic kiln, small to medium size, must work, paying reasonable cash, please immediately. We will pick up, 736-4958.

Wanted: Hard woods, oak, cherry, walnut etc. Call 736-0267.

Wanted: Heavy duty meat grinder & sausage making equipment. Call 543-5714.

Wanted: 10' x 63, 1064, 1065, or 1074 for wheel wagon. 825-9971

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—Learned Hand.

A player with a miserable collection of cards is a good candidate to miss his call to action. He gets so accustomed to passive participation that he fails to recognize how and why his lone card holds the key to success.

West leads two high hearts and switches to the club Jack. South wins, cashes his other high club and leads a trump to dummy's queen to ruff dummy's last heart. When South plays another trump to dummy's Jack to lead a diamond, what card should East play?

If East sticks to his routine and plays another of his many low cards, South makes his king. South inserts his diamond nine, which loses to West's king but leaves West without a safe lead. If West leads a heart or club, South gets a ruff and sluff. And if he leads a diamond, South enjoys a free finesse.

After South plays the way he did, it should be obvious to East that South has only two clubs (Otherwise, why would he waste dummy's queen?) And when a diamond is led from dummy, East must be prepared to take part in the defense. Instead of following low, he should put up his queen. This attitude move paralyzes declarer, who must concede two diamond losers to go under.

Some seemingly hopeless hands are not as hopeless as they seem.

**NORTH** 11-14-A  
 ♠ Q J 3 2  
 ♥ J 8 5  
 ♦ 7 4 2  
 ♣ Q 5

**WEST**  
 ♠ 10 9 8 7  
 ♥ K 8 5  
 ♦ J 10 3 2  
 ♣ 9 8 7 6 4

**EAST**  
 ♠ 8 7  
 ♥ 6 4 3  
 ♦ Q 10 3  
 ♣ 9 8 7 6 4

**SOUTH** 11-14-B  
 ♠ A K 10 9 6 5  
 ♥ 7 2  
 ♦ A 9  
 ♣ A K

Vulnerable: Both  
 Dealer: South

The bidding:  
 South West North East  
 1♠ 2♥ 2♠ 2♠  
 4♥ Pass Pass Pass

Opening lead: Heart king

LEAD WITH THE ACES

South holds:

♠ Q 7 2  
 ♥ K 5 3  
 ♦ 8 6 4  
 ♣ 10 8 3

East South West North  
 1♥ Pass 4♥ All pass

ANSWER: Spade deuce. When you are faced with choosing a blind lead, it's usually better to lead from "something" than from "nothing."

Send bridge questions to The Aces, P.O. Box 12383, Dallas, Texas 75212, with self-addressed, stamped envelope for reply.

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### 909 SNOW VEHICLES AND EQUIPMENT

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1988 Polaris 350, new Chatter longer track, new clutch, \$2500. 543-6601, evs.

1993 Arctic Cat, 580 Z, 1,000 miles, low extras, \$3500. Call 336-4851.

3 snowmobiles with trailers. 1989 Phazer, 1986 Excels 340, 1986 Bravo 200, 1986 or best offer, 734-2260 evs or leave msg.

1990 Arctic Cat ProWor 100, \$2,549.50.

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1003 AUTOS-OTHER

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1004 AUTOS WANTED

DUMP TRUCK 10-wheeler, 736-2625 or 436-3714.

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1956 and 57 Chevy PU, V-8 ton and 1/2, several to choose from. Also 1957 Suburban. Call 734-6988.

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# Health & Fashion

## Hey dude, read all about it!

Here in the newspaper industry (official motto: "For Official Motto, Please Turn To Section F, Page 37") we are seriously worried. Newspaper readership is declining like crazy. In fact, there's a good chance that nobody is reading this column. I could write a pornographic sex scene here and nobody would notice.

"Oh Dirk," moaned Camille as she writhed naked on the bed. "Yes yes yes YES YES YES YES YESSSSSSSSSS!"

"Wait up!" shouted Dirk. "I'm still in the bathroom!"



**Dave Barry**  
Humor

It was not always this way. There was a time in America when everybody read newspapers. Big cities had spunky lads standing on every street corner shouting "EXTRA!" These lads were selling newspapers. They just shouted "EXTRA!" because they wanted to irritate people, and boomboxes had not been invented yet.

But the point is that in those days, most people read newspapers, whereas today, most people do not. What caused this change?

One big factor, of course, is that people are a lot stupider than they used to be, although we here in the newspaper industry would never say so in print.

Certainly another factor is that many people now get their news from television. This is unfortunate. I do not mean to be the slightest bit critical of TV news people, who do a superb job, considering that they operate under severe time constraints and have the intellectual depth of hamsters. But TV news can only present the "bare bones" of a story. It takes a newspaper, with its capability to present vast amounts of information, to render the story truly boring.

But if we want to identify the "root cause" of the decline in newspaper readership, I believe we have to point the finger of blame at the foolish decision by many newspapers to stop running the comic strip "Henry." Remember Henry? The bald boy who looks like Dwight D. Eisenhower? Believe that readers liked the "Henry" strip because, in times of change and uncertainty, it always had the same plot:

PANEL ONE: Henry is walking along the street. He is wearing shorts, even if it is winter.

PANEL TWO: Suddenly, Henry spies an object. You can tell he's spying it, because a dotted line is going from his eyeball to the object. Often the object is a pie cooling on a windowsill. (Pies are always cooling on windowsills on the planet where Henry lives.)

PANEL THREE: Things get really wacky as Henry eats the pie.

PANEL FOUR: The woman who baked the pie comes to the window and discovers that — prepare to roll on the

Please see BARRY/D2

### Inside

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## In the line of fire

Radiation therapy stirs fears, but it's the popular alternative to more sobering choices

By Joan Bean  
Times-News correspondent

TWIN FALLS — A cancer diagnosis is shock enough, but faced with the prospect of being treated for it with radiation can provide an additional jolt to the nerves.

"Patients are coming in, who for their entire life radiation has been a horrible thing and they try not to be exposed to radiation," said Dr. Gene Seville, director of radiation oncology at Magic Valley Regional Medical Center. "Here they are being told that it's good for them."

If the entire body got two or three doses of what oncologists routinely use on a small area, it would be lethal, Seville said. But radiation therapy is not a whole-body treatment, he said, nor does it encompass the bone marrow.

Seville said if a small area is treated, radiation affects the ability of cells to divide. Normal tissues can repair the damage to the DNA in the amounts that are given, but tumor cells are not able to do that effectively.

The reason treatment is given daily, as opposed to in several whopping doses, Seville said, is to allow normal tissues in that 24-hour period to repair themselves, and for abnormal cells to have some loss.

Day to day, the loss is exaggerated, he said, and that's the reason it works. Radiation therapy frequently involves radiation used in combination with chemotherapy or surgery, Seville said, often to avoid more radical surgical procedures.

The idea is to treat a cancer while allowing the patient to function. For example, to contain a muscle tumor in the legs, surgeons used to amputate above the knee.

Karen Lewis, a 48-year-old registered nurse from Twin Falls, was worried about a small hard lump she found behind her right knee. She had it for about five months, and in that time called it to the attention of a couple of doctors passing through the corridors of MVRMC, where she works as a discharge planner.

They told her it appeared to be a Baker's cyst, which can form as a result of exercising. But when it suddenly grew to about twice its original size, she made an appointment with an orthopedic surgeon who advised surgery.

After the growth was removed, it was tested and retested and finally sent to the Mayo Clinic. The diagnosis was sarcoma, or cancer of the extremities.

Lewis was referred to Seville, who set her up for an appointment with a sarcoma specialist at UCLA. He did a wide resection — surgical removal of tissue or organ — of the area where the tumor had been, removing parts of muscles.

Three weeks after returning to Twin Falls, Lewis was started on radiotherapy; the 20 treatments ended in October of last year.

Since that time she has had computerized tomography scans of her chest and abdomen and magnetic resonance imag-

ing of her leg, and will have the same thing done all over again in December.

Seville said patients need to know that if they keep a once-cancerous body part, they have the responsibility to watch it.

"The onus, unfortunately, is on the patient and physician to keep looking, because cancers can come back since the body part is still there," he said. "But the results equate with very radical surgery."

Radical surgery used to be common, but radiation therapy has changed all that.

Patients with laryngeal carcinoma no longer have to have their larynxes removed, and can retain normal speech, Seville said. With early-stage larynx cancer, he said there is a 97 percent survival rate with radiotherapy alone, the same as with a laryngectomy.

It used to be common for patients with low-lying rectal cancer to have the rectum removed and have a colostomy, Seville said. Now, with radiation therapy, a limited resection of a small rectal cancer that is too low for the surgeon to retain the rectum allows the results to be virtually the same as with the more radical surgery. So he said most surgeons choose this approach instead of a colostomy.

**'That's one of the big issues to try and alleviate this kind of terrible anxiety: No. 1, they have cancer, and No. 2, they're coming into something they completely can't fathom.'**

—Dr. Gene Seville, MVRMC director of radiation oncology

For the past 50 years or so, the most common way to treat breast cancer was with a modified radical mastectomy, Seville said. This procedure provided a survival rate in the early stage of about 85 percent, and the control in the breast, regardless of whether the tumor had spread elsewhere or came back in the chest wall, at a rate of about 95 percent.

The application of radiation enabled doctors to achieve the same results as more radical surgery.

"The breast size for me is just personally and emotionally an important one," he said. "To be able to use lumpectomy — not to have a mastectomy and all the attendant difficulties with sexuality, with body image, etc."

Even so, Jane Hamilton, 49, of Jerome, said that didn't enter into her decision in the summer of 1993 when she opted for a lumpectomy and radiation treatments for breast cancer.

Hamilton said after doing a lot of research she felt very confident that if she just had the lumpectomy and radiation treatments for her early-stage cancer, she would be fine.

So she had nine weeks of radiation, and experienced few problems during that time. She did have some burning, and the treatments were stopped for a few days. The radiation sapped her energy considerably.

Seville said fatigue is the most common side-effect of radiation therapy, although there may be some secondary effects as well. With the larynx, for example, there may be a sore throat, or difficulty of hair loss for patients being treated for brain cancer.

He said patients often worry that they will experience some complications that a distant relative had in the 1940s or '50s, but medical procedures are very different now.

"That's one of the big issues to try



Under the care of Dr. Gene Seville, who is director of radiation oncology for the Magic Valley Regional Medical Center Cancer Center, Karen Lewis, a nurse at the hospital, underwent radiation treatments after a growth was removed from her leg and diagnosed as sarcoma.

and alleviate this kind of terrible anxiety: No. 1, they have cancer, and No. 2, they're coming into something they completely can't really fathom," Seville said. "They will have side-effects often from what we do — side-effects of chemotherapy or from residual surgery, and it's sometimes tough to make them aware of what to expect."

He said patients come into the hospital's cancer center referred by a physician, and are first seen by an oncology nurse. They will watch videos about the center and treatment machine and be told what to expect. Next, Seville will examine them and discuss treatments and side-effects.

After that, patients who are to be treated go in a simulation machine, where a X-ray is taken of the problem area, with the purpose of measuring and designing a treatment. They'll also have a single CT scan through the middle of the treatment field, so that the normal tissues underneath are visible.

Using this film and looking at the CT scan, Seville draws a line around the tumor.

The film then goes to a department where a block of nickel and lead is made to mount in the head of the treatment machine, so that normal tissue is not exposed to the beam of radiation. Seville said a computer is used that allows a variety of plans to be designed for that area, and he

selects one of these plans.

On the first day of actual treatment, a set of films is taken on the accelerator, and they will be compared with the simulation film. These have to align within 2-3 millimeters of being correct. Once that's done the patient can be treated, using a linear accelerator — a high-energy machine in which electricity is supplied but no radiation is present when it's turned off.

Surprisingly, as the energy levels go up, the side-effects don't, Seville said. "As the energy goes up you end up with more sparing of skin," he said. "Basically the dose will drop further and further below the skin as the energy goes up, so that you end up essentially dumping the dose in deeply and not giving more side-effects."

He said there is a concept called shrinking-field technique. Initially there is a lot of margin around the area being treated, encompassing lymph nodes, etc. As treatment progresses, the simulation is often repeated and the field being treated is reduced. This has the effect of decreasing side-effects.

"Side-effects are related to something called the integral dose — or product of the field size and dose given," he said. "So often you can't reduce the dose, but you can reduce field size, so if you can do that you can try to cut down side-effects."

## Health notes

**A STRONG ATTRACTION:** Talk about body chemistry! Some women's ovaries contain a powerful fluid that acts as a chemical magnet, luring the fittest and most viable sperm to the egg, according to a University of Texas Southwestern Medical Center study reported in *Self* magazine. This explains why some women are more fertile than others, and why only 200 of the 280 million sperm, give or take a few, that are released actually reach that choosy egg.

**LEAD ON THE BRAIN:** Lead ingestion does indeed retard children's intelligence, but other factors such as genes play a bigger role in your children's brainpower. That's according to a report in the *British Medical Journal* on a study of more than 6,000 children around the world. It suggests that the damage lead does to children's intelligence may be overblown.

**LEUKEMIA FINDINGS:** Also from the *British Medical Journal* comes a report that childhood leukemia may be connected to an infection of some sort and is definitely linked to mixing people from different locations. Researchers studied medical records of 1.2 million children involved in widespread evacua-

tions during World War II and found that rural children exposed to children moved from cities had a noticeably higher rate of leukemia after the war.

**A SAUR POINT:** Well, thank goodness we've got this one cleared up. The discovery of an ancient embryo in the Gobi desert suggests a dinosaur long believed to have ruthlessly preyed on eggs of its neighbors was given a bum rap. Paleontologists now think the rare birdlike dinosaur was actually a tender nurturing parent. It wasn't stealing and gobbling the eggs but incubating or protecting them, says a report in the *Journal of Science*.

**BLINDED BY THE LIGHT:** Being in the spotlight can be hazardous to your health. The eyes of pop stars and other television and theater workers can be damaged by the bright floodlights they work under, British doctors report in the *Journal of the Lancet*. They said such lights can be almost as dangerous as those used in sunbeds and exposure to them should be limited.

Compiled from wire service reports

## Looking good

### Death of power suits give jackets a sporting chance

Orlando Sentinel

Weatherman Willard Scott, Kramer of "Seinfeld" and the stereotypical used-car salesman: What do the three have in common?

Loud, obnoxious, in-your-face sport coats. After being muscled aside by the power suits of the '80s, sport coats are back — but not, thankfully, the Scott-Kramer-salesman variety.

When describing the latest incarnation of this versatile, informal jacket, clothing experts use words like "elegant," "gentified," "lofty" and "fashionable." (Not adjectives usually linked to Scott, Kramer, et al.) The new sport coat is the one worn by such icons of style as menswear designers Ralph Lauren (heather-gray tweed with blue jeans), Bob Mackie (muted checks with dark dress pants) and Tommy Hilfinger (navy blue with white stripes).

Sport coats, which can range in price from about \$100 to more than \$1,000, are taking

off because of the new casualness in the way men are dressing, said Efin Gaffney, spokeswoman for the giant Hartmark Corp., manufacturer of the Hart Schaffner & Marx, Austin Reed and KM by Krizia lines.

"From three years ago, our sport coat sales have gone up 50 percent overall," Gaffney said.

At J.C. Penney stores, sport coat sales have jumped more than 25 percent since last October, said Joe Sapientza, director and vice president of merchandise development.

"This reflects a growing trend toward more latitude in dress codes in the business world. The suit and tie are no longer mandatory. A sport coat offers flexibility and a more comfortable fit," Sapientza said.

"These are not staid, traditional sport coats," he added. "The consumer is reacting with a variety of new fabrics, patterns and colors. The dominant trend is a country look. Our best-seller is by Hunt Club — a tweed jacket in browns and greens with suede elbow patches."



This textured sport coat, from JCPenney, works to create a casual, yet elegant, look.

Sport coat business is also brisk at Lands' End, a mail-order company. "We've been talking about more casual dress for the office for a couple of years — now it's a reality," said spokesman Joe Sirinani.

Please see SPORTS COATS/D2

## Sport coats

Continued from D1

As a result, Lands' End has seen significant growth in sport coats over the past three years — including a jump in sales of about 28 percent in the past year, said Franz Weiglein, another spokesman.

For Jack Herschlag, executive director of the National Association of Men's Sportswear Buyers, the ultimate proof of the sport coat's new-found popularity is this:

"A few years ago, The Gap was not in the sport-coat business. Now it's heavily into it," Herschlag said.

John Schwarz, a pharmaceutical salesman from Casselberry, Fla., is sold on sport coats. "I like the versatility. They can be dressed down with a denim shirt and pair of khakis. But they're also appropriate for business with dress pants and a dress shirt and tie. You can't really dress a suit down," Schwarz said.

"They're more practical from the cost perspective and the comfort perspective. I can see I'm going to be buying more sport coats and fewer suits from now on."

Orlando clothes say a well-constructed sport coat in a good quality fabric probably will cost at least \$250.

The traditional sport coat, according to Fairchild's Dictionary of Fashion, is "a man's tailored, hip-length coat, usually of wool tweed, worn with a shirt and tie or turtleneck shirt but with non-matching trousers, for daytime wear in place of a business suit."

Many sport coats still fit this definition. However, according to Herschlag, "We've broken through the mental barrier that sport coats belong only to tailored clothing."

A new genre of sport coat is now being produced by sportswear manufacturers, Herschlag said. These sportswear companies typically use fewer tailoring elements such as

These reinvented sport coats have found a whole new audience among men who want a lighter, trendier, more casual jacket, Herschlag said.

Menswear experts agree that "Friday dressing" is the main reason for the renewed popularity of the sport coat — and of its close cousin, the solid-colored, brass-buttoned blazer. Friday dressing, or "business casual," is the more relaxed style of dress allowed at a growing number of U.S. corporations, particularly on Fridays.

"The sport coat is the No. 1 item on the list of necessary ingredients for Friday wear. It falls somewhere between tailored clothing and sportswear," said Massimo Iacononi, fashion director for The Fashion Association, a trade group in New York. There are a lot of other reasons men are warming to sport coats.

In the 1980s, "fashion took over," said Iacononi. "There was great emphasis on creativity, designer names, labels. The sport coat was too traditional a concept to stir interest."

"But now clothes are much more sensible, more consumer-driven than designer-driven. Fashion is more realistic, less fantastical — and sport coats are popular again," Iacononi said.

Sport coats can be seasonal or trans-seasonal, said Herschlag of the Sportswear Buyers Group. An unlined linen shirt is cool and light for summer; a big, soft, woolen style can be worn over a sweater and scarf in winter, and a wool-blend can be worn year-round," he said.

Sport coats come in an appealing variety of styles and fabrics.

The basic sport coat is either a boxy, two-button style or a narrower, three-button style with a soft drape and no vents at the sides or back. But stylistic variations, such as five-button closures and convertible,

stand-up collars, are common. Fabrics include wool, camel hair, cashmere, silk, cotton corduroy, rayon, microfiber and blends. Patterns include tweeds, checks, plaids and solids.

guy, I want to do my part by making my column more "hip" and appealing to young people. So I'm going to conclude by presenting the views of some students of Daniel Kennedy's English class at Clearfield (Pa.) Area High School. I recently wrote a column in which I said that some young people today have unattractive haircuts and don't know who Davy Crockett was. Mr. Kennedy's class read this column and wrote me letters in response: here are some unedited excerpts, which I am not making up:

"Maybe one of these days, you should look in the mirror, Dave. Dave, you need a new hairstyle, man! You have a puffed, Dave."

"Without hair I think every guy in the world would just die of embarrassment. I know, would, but I am a girl."

"You say that I don't no any thing about Davy Crockett. Well I no that he fight at the Alamo. He also played in several movies."

Let me just say that we in the newspaper industry totally agree with you young people on these points and any other points you wish to make, and if you will please please read the newspaper we'll be your best friend, OK? OK? Young people? Hello? You're not even reading this, you little twerps."

"Oh Dave," moaned Camille, "I am overcome by desire at the sight of your ... your ... What do you call those?"

"Dockers," said Dirk.

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

## Sedentary ways stay in the family

Chicago Tribune

A few months ago, in a widely publicized report, the National Center for Health Statistics estimated that nearly one-third of all adult Americans are obese or 20 percent heavier than a healthy weight. That's up from one-quarter of the population in 1980.

Another study, by the National Sporting Goods Association, compounded matters by revealing that 72.7 million adults (44 percent) in this country can be classified as non-participants when asked about aerobic, running, bicycling, swimming, exercise walking, calisthenics or using exercise machines.

High school students apparently aren't reversing the trend. In fact, they are boosting what are already disturbing numbers.

A newly published survey from the federally funded Centers for Disease Control and Prevention shows that only 37 percent of all high school students say they engage in 20 minutes of vigorous exercise three times a week. When the Atlanta-based organization performed a similar survey in 1984, the rate was 60 percent.

It gets worse. By senior year, or 12th grade, only 28 percent of all students follow the regular exercise regimen. Girls were particular physical activity dropouts, falling to 23.4 percent in 11th grade and 17.3 during their final year in high school.

The centers also examined TV viewing in what is officially called the 1990 Youth Risk Behavior Survey, detailed in the November issue of the American Medical Association's Archives of Pediatrics and Adolescent Medicine. More than one-third of the students watched three or more hours of TV each school day, and an additional 35 percent watched one to three hours during the work week.

"By the time these kids reach 12th grade, they are approaching the sedentary pattern of adults," said Gregory W. Heath, the epidemiologist and exercise physiologist who developed and analyzed the study. "It is clear they don't prize physical activity."

Or at least they don't care to exercise in conventional fashion. Maybe they are out in-line skating, perhaps walking or biking to school?

"We definitely will look at any new activity category in our next study," Heath said. "We will also consider more moderate types of exercise."

(Studies show benefit of some exercise compared to sedentary behavior.) "But we do have some preliminary data showing only 30 percent of all students

**'By the time these kids reach 12th grade, they are approaching the sedentary pattern of adults. It is clear they don't prize physical activity.'**

— Gregory W. Heath, analyst of an AMA study on youth behavior

are involved in 'transportational exercise' getting to and from school."

Heath said the study is intended to provide a foundation for new federal guidelines on physical education strategies in schools. His task force, which is partnering with several academic institutions, expects to complete its recommendations early next year.

Other interesting numbers: Participation in school sports stayed steady during all grades (about 40 percent of the students played at least one sport each year), and 52 percent of the girls and 43.7 percent of the boys reported they were not enrolled in physical education classes.

"We know physical activity is very important in preventing heart disease and cancer," Heath said. "The inactivity among these kids also increases obesity levels."

"Yet we are realistic. We are not going to motivate 15-year-olds by telling them exercising now will help them stop heart attacks later in life. We are more geared toward linking exercise with things that matter to these kids: self-esteem, self-confidence, personal appearance."

Parents can also help, said Dr. Greg Landry, a professor of pediatrics and sports medicine at the University of Wisconsin at Madison.

"Many of these kids are not active out of school," Landry said. "Part of the reason is parents are not active. We are fighting problems with the family."

Landry also suggested some room to relax our standards, especially in associating winning with success.

"The problem is kids inherently want to do things well," he explained. "We want them to know it is OK to exercise and not be especially good at it."

"The ideal is an exercise habit. It may have nothing to do with sports."

## High cholesterol may be no problem for elderly

Knight-Ridder News Service

Having high cholesterol may not make much of a difference to people over the age of 70, a new study has found.

The study of 997 people from ages 71 to 104 found that those with elevated cholesterol levels were at no higher risk for heart attacks or deaths than their counterparts with normal cholesterol.

The study's findings, published in the Journal of the American Medical Association, raise the question of whether many older people are being needlessly treated with cholesterol-lowering drugs.

An editorial accompanying the study notes that more than two million Americans over age 65 are taking medication to lower their cholesterol. Those drugs are often expensive and can cause unpleasant side effects.

Previous research on cholesterol and elderly people has produced contradictory findings. Some studies have suggested that elevated levels do put older people at risk for heart disease, but other studies have found no association between cholesterol levels and heart problems after age 70.

Without any definitive findings, some doctors have assumed that since high cholesterol does increase a middle-aged person's risk for heart problems, the same must be true for elderly people. Keeping cholesterol in check also seemed a good idea because heart disease is the leading cause of death among older people.

But the latest study, in which the average age of participants was 79, turned up "no strong compelling evidence that these people should feel they are at any increased risk," according to Harlan M. Krumholz, a Yale University cardiologist who headed the research. "We could find no strong evidence that elevated cholesterol levels were associated with any increased risk for hospitalization for heart attack, death from heart disease, or death from any cause."

Krumholz said the study left unresolved, however, the question of whether high cholesterol is dangerous for elderly people who have already suffered a heart attack.

Krumholz said high cholesterol may not be a problem for older people because, by virtue of the fact that they reached old age, they have already proven themselves to be survivors. Also, he said, high cholesterol in old age does not necessarily mean that a person was exposed to excess levels of cholesterol earlier in life.

Many older people are routinely screened for cholesterol as part of general physicals. A high reading may prompt doctors to put patients on a low-fat diet or prescribe medications.

In the editorial, Drs. Stephen B. Hulley and Thomas B. Newman of the University of California, San Francisco, write that "the increasing prevalence of cholesterol intervention in elderly people is a matter of concern." They say that when it comes to cholesterol-lowering drugs there is too much uncertainty about "the precise circumstances in which the likely benefits outweigh the possible harms."

Even being on a low-fat diet can put an elderly person at risk for malnutrition and diminish the pleasure they get from eating.

Contrary to federal guidelines, Hulley and Newman recommend in the editorial that "elderly people in their late 70s and beyond generally should not be screened or treated for high blood cholesterol."

Among younger elderly people, the doctors said, cholesterol screening and treatment should be considered for those who have signs of heart disease or who have a medical history that puts them at elevated risk for heart problems.

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## Barry

Continued from D1

floor — the pie is gone. The woman is surprised. You can tell because exclamation-points are shooting out of her head.

This timeless humor has been delighting readers for thousands of years ("Henry" strips have been found on prehistoric cave walls), but for some reason, a white book most newspapers stopped running the strip, and readership has been in the toilet ever since. I don't think it's a coincidence.

Whatever the cause, the readership decline is producing a joyous underground here in the newspaper industry. We're especially concerned about the fact that we're losing young readers — the so-called "Generation X," which gets its name from the fact that it followed the so-called "Generation W."

We're desperate to attract these readers. Go to any newspaper today and you'll see herds of editors pacing around, moaning nervously, trying to think up ways to make newspapers more relevant to today's youth culture. This is pretty funny if you know anything about newspaper editors, the vast majority of whom are middle-aged Dockers-wearing white guys who cannot recognize any song recorded after "Yellow Submarine."

But they're trying. If you read your newspaper carefully, you'll notice that you're seeing fewer stories with uninviting, incomprehensible, newspaperese headlines like PANEL NIXES TRADE PACT; and more punchy, "with-it" headlines designed to appeal to today's young people, like PANEL NIXES TRADE PACT, DUDE.

I applaud this effort, and as a middle-aged Dockers-wearing white

guy, I want to do my part by making my column more "hip" and appealing to young people. So I'm going to conclude by presenting the views of some students of Daniel Kennedy's English class at Clearfield (Pa.) Area High School. I recently wrote a column in which I said that some young people today have unattractive haircuts and don't know who Davy Crockett was. Mr. Kennedy's class read this column and wrote me letters in response: here are some unedited excerpts, which I am not making up:

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## To do for you

### Friends of Bereaved Families to meet

**TWIN FALLS**—Friends of Bereaved Families from Hagerman and Twin Falls will meet at 7:30 p.m. today at the Office on Aging, Senior Annex Building, College of Southern Idaho campus, 998 Washington St. N. The subject will be: "How To Get Through The Holidays." For more information, call Pam Bolton at 734-5216.

### Magic Breathers' will gather Tuesday

**TWIN FALLS**—The Magic Breathers' Club will meet from 2 to 3:15 p.m. Tuesday at 998 Washington St. N. (on the College of Southern Idaho Campus behind the Office on Aging in the Senior Annex Building).

The program will be: "Facing Winter With A Positive Attitude." Speaker will be Rebecca Worst, MSW.

Light refreshments will be served. The room is heated and/or air-conditioned for your comfort. The meeting area is wheelchair accessible and accommodates oxygen units. First member to arrive should ask someone in the office to open the annex room. This is the last meeting of the year.

The MBC is a support group for people with respiratory disease. Family and friends are welcome. The club is sponsored by the American Lung Association of Idaho and receives additional support from local hospitals and oxygen-medical supply businesses. For more information, call Patsy at 734-9330 or 734-6482, Mardo at 734-6507, John at 733-8376 or Flo at 733-8532.

### Walking club sets date for event

**TWIN FALLS**—The I Walk for the Health of It Club will hold its monthly meeting at 7:30 a.m. Tuesday at the Magic Valley food court yard. (Note that this is a change from the usual Wednesday meeting day).

Father Brian Thorn of the Episcopal Church of the Ascension will present a program on setting priorities for the holidays. The walking club is co-sponsored by the Magic Valley Regional Medical Center and the Magic Valley Mall. Anyone interested in more information about the club should call the MVRMC Senior Connection at 737-2065.

### New session for senior aerobics to start

**JEROME**—A new session of senior aerobics will be held at 4 p.m. beginning Tuesday at the Jerome Senior Citizens Center. The fee is \$10 for a six-week session.

For more information, call the Jerome Recreation Center at 324-3389 or stop by the office at 2444 S. Lincoln.

### Hospice volunteers to meet for lunch

**TWIN FALLS**—The volunteers for Magic Valley Staffing Service Inc., Hospice Division will be meeting for a light luncheon provided by hospice at 11:30 a.m. Thursday in the conference room at 200 Second Ave. N.

If you are interested in volunteering for hospice, you are welcome. For more information, call 734-0600.

### 'Bridges' group to hold session Thursday

**TWIN FALLS**—The "Bridges" Bereavement Support Group will meet at 1:30 p.m. Thursday at Magic Valley Services Inc., Hospice Division Conference Room.

This support group is open to anyone in the community that has experienced the loss of a loved one. We are located at 200 Second Ave. N. If you have any questions, call 734-0600.

### Red Cross provides disaster training.

**TWIN FALLS**—The Sawtooth Chapter of the American Red Cross will be holding three different Disaster Services training sessions. These classes train people to help with disasters from small family house fires to major disasters such as floods, earthquakes, area wild fires, etc.

The first class, "Intro to Disaster" will be held at 6 p.m. beginning Wednesday at the Sawtooth chapter office, 718 Shoshone St. E. This class is a pre-requisite to all other disaster classes.

The second class, "Damage Assessment" will be held at 6 p.m. beginning Friday at the Sawtooth chapter office. This class is specifically designed to train people to assess damage to buildings from all different types of disasters.

The third class, "Mass Care I" will be held from 8 a.m. to 5 p.m. beginning Saturday at the Sawtooth chapter office. This class is designed to prepare people to set up and man shelters and to take care of mass feeding of people after a disaster has struck.

The charge for each class is \$5. To register or for more information, call the office at 733-6464.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID, 83303, or deliver to our office at 132 Third St. W.

## Recycling late wife's jewelry rings sour for many

**DEAR ABBY:** This is in regard to "Perplexed in Calif." whose wife had passed away leaving some beautiful jewelry. This man had two daughters who would naturally inherit all their mother's jewelry, but there was an especially beautiful cocktail ring he wanted to keep, in case he met "Miss Perfect" one day. He asked for your approval, which you gave him. Totally disagree. If one day he should meet Miss Perfect, he should buy her her own ring! I would never accept a ring knowing it had belonged to the man's deceased wife.

Abby: I'm sure you'll get a bushel of letters from angry wives protesting your answer. Sign me.

**FIRST WIFE** IN SAN ANTONIO

**DEAR FIRST WIFE:** A bushel? An understatement. Read on:

**DEAR ABBY:** First of all, his wife's jewelry should be divided



Dear Abby  
Abigail  
VanBuren

between his two daughters. Secondly, I'd like to meet "Miss Perfect" who would accept jewelry from a man, knowing it once belonged to his deceased wife. How awful! How cheap!

I doubt that there is a "Miss Perfect" for this bozo. And by the way, what was his wife? Chopped liver?

**DEAR ABBY:** In reference to the widower with two grown daughters puzzling over what to do with the cocktail ring that belonged to his wife: He thought he might give it to "Miss Perfect" should she come along one day. And you agreed it was OK!

But what if "Miss Perfect" turned out to be not so perfect

after all? I say, by the new lady a new ring, I certainly wouldn't care to wear a ring knowing it had belonged to my husband's dead wife.

**—BEEN THERE IN DENVER**  
**DEAR ABBY:** You were wrong, Abby. A woman who is "perfect" would not want to upset the daughters by wearing their deceased mother's jewelry. Besides, if the woman really loved the man, she'd be happy to wear a cigar band on her finger. Perhaps he's already met "Miss Perfect." I wouldn't be the least bit surprised if he had.

**—AUDREY DE TONANCOUR**  
**DEAR ABBY:** You were wrong. The jewelry rightfully belongs to whomever the deceased would want to have it—and it surely wouldn't be her husband's new wife.

How do you think the daughters would feel seeing their deceased mother's ring on the hand of another?

accept a ring from a man knowing it once belonged to a woman he had previously loved?

Abby, I am perplexed as to why you gave such a bad answer.

**—PERPLEXED IN OKLAHOMA**

**DEAR PERPLEXED:** Now that you mention it, so am I.

**DEAR ABBY:** You dropped the ball in your response to the woman whose fiancé pressured her into selling her jewelry from her former boyfriend. You advised her to "sell her jewelry to keep the peace." Abby, marriage to a man so selfish, insensitive and insecure is trouble from the word go. I say, "Keep the jewelry and sell the boyfriend!"

(D.V.I.)

KIRKPATRICK, M.D.

## Before you buy, always remember to try, try, try

**DEAR PAULA:** As I'm sure you've heard from most of your readers, I wish I had read your book sooner. I shudder to think of the money I've wasted all these years. On that subject, I thought you might be interested in this brochure from Emfin Cosmetics, which are sold throughout the Chicago area at Marshall Fields. For years, literally, their salespersons have accosted me to "talk about my under-eye circles." Not a great way to begin a sales pitch, even if my circles do look bad.

Yesterday, I acquiesced, as I had time on my hands and was a little curious about what these products could do. The resulting demo used three products around my eyes: mink oil, moisture cream, and, finally, a concealer. The combination produced a very shiny look, which I didn't care for, but the salesperson said it was "more flattering, more youthful." Total cost of the three products: \$415!

Needless to say, she didn't make a sale, and within two hours my mascara smeared so my eyes looked even worse than before. In the past I might have purchased these products, but your book has made many a difference in my life, and this story represents that change nicely. —Caroline



Cosmetics  
Q&A  
Paula Begoun

**DEAR PAULA:** Could you please tell me the names of some inexpensive creams that have hyaluronic acid in them. —Patricia

**DEAR PATRICIA:** I am not set up to search for individual ingredients for readers; particularly in regard to specific water-binding agents. Besides, I am curious what it is about hyaluronic acid in a moisturizer that makes it so important for you. It is a good water-binding agent, but nothing more, and not any better than dozens of other water-binding agents to be found in cosmetics. Focusing on one particular ingredient (other than something like alpha hydroxy acids or sunscreens) is not going to help your skin.

Paula Begoun is the author of several books on cosmetics, including her second edition of "Don't Go to the Cosmetics Counter Without Me" (Beginning Press; \$13.95).

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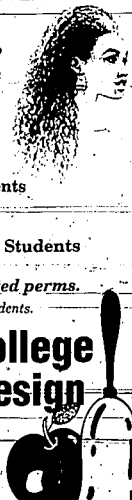
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# the lesson page

# Hair analysis can provide personal insights

The Hartford Courant

You can curl it, crimp it, bleach it, streak it, wax it, pluck it, bead it, braid it, shave it or dye it neon colors.

But even though hair is usually considered a decoration, an annoyance to be removed, or a fond memory, it's much more than that. Those strands of keratin emerge from our bodies loaded with physiological information that can be extracted and studied for clues about what's going on inside the body.

A doctor might look to a patient's hair to determine if toxic metal poisoning or an imbalance of mineral nutrients could be the cause of a patient's symptoms. A researcher in a crime lab might study a hair's physical or genetic structure to help solve a crime. An employer might test a prospective employee's hair to screen for drug use.

Hair appears to be relatively stable tissue to test: Once a substance is deposited in the hair shaft, it tends to stay there for months.

Blood can show substances in circulation before they are deposited in another tissue, or excreted, said Bob Smith, the president of Doctor's Data Inc., a lab in the Chicago area that measures the levels of various elements — like lead or magnesium — in a sample of hair. The urine shows what's been excreted. "Teeth, hair and nails show what's gone on deposit," Smith said.

Because people tend to be reluctant to give up teeth, or offer the part of the nail (the root) that can best reveal information, hair is a better choice for research on the links between minerals and disease.

"If you can measure minerals in toenails and agricultural soil samples, you can measure minerals in hair," said James Sensenig, a naturopathic doctor who uses hair analysis in his practice to detect mineral deficiencies. "The question is, what does it mean?"

The jury is still out on whether hair analysis is reliable enough to make clinical decisions about an individual. Smith says many clients of his Chicago lab are medical doctors looking for evidence of toxic substances, such as lead or mercury.

Researchers have found what appear to be links between certain problems — including Alzheimer's, cystic fibrosis and criminal behavior — and abnormal levels of some elements in the hair.

But hair analysis is mostly associated with alternative medicine. "I think of it as kind of a screening

test" for mineral deficiencies," Sensenig said. "It's not the be-all and the end-all, but it's cheap, easy and non-invasive."

Interpreting an elemental analysis of hair is not as easy as reading results of something more familiar, like a blood test. But hair has an advantage over blood, Sensenig said, explaining why this: Blood always tries to maintain balance. So if a patient's diet is deficient in, for example, calcium, the blood will pull calcium from bone to maintain a balance. A blood test might show normal levels of calcium, but a hair analysis could show the deficiency.

"You start picking up deviations before they become bona fide complaints," Sensenig said.

Still, even some naturopathic doctors use hair analysis rarely, if at all.

"Hair analysis was taught to us in school. Some of us use it; some of us don't," said Robert Murphy, a naturopathic doctor and chairman of Connecticut's board of naturopathic examiners. Murphy points to reports that results vary from one lab to another. "Its biggest value, according to the literature, is in the detection of toxic metal levels."

That's what Deirdre O'Connor, a naturopathic doctor, considers the main value of hair analysis. But she says it could eventually prove useful for other tests. "I think the research at this time is inconclusive and somewhat weak" when it comes to analyzing nutrition through hair, said O'Connor, president of the Connecticut Society for Naturopathic Physicians. "It doesn't knock my socks off."

But if hair could provide a complete and accurate nutritional profile, it could be helpful in diagnosis. There is now no single laboratory test that can provide that kind of profile, O'Connor said. She relies on information about the patient's medical and dietary history, a physical examination and some blood tests.

Even Smith, a firm believer in hair testing, acknowledges that hair is an indicator, not a direct measure of element levels. "Hair is not a diagnostic modality. It is a screening modality," he said.

One problem in hair analysis is contamination. Grooming products can affect mineral levels; so can the chemicals in a swimming pool, Smith said. Permed, dyed or bleached hair can also have skewed results, but that problem can be solved by using the newest hair, close to the scalp.

## Misconceptions prove to be hair-raising

The Hartford Courant

Can your kids really give you gray hair?

Diane Hoss, a dermatologist at the University of Connecticut Health Center, says heredity and race are the major factors in graying — not stress. The cells in the hair bulb that produce melanin (the substance that colors the hair and skin) gradually stop working as we age.

People of African descent generally get their first gray hair later in life: The mean age is 43.9 years for blacks, compared with 34.2 years for whites, Hoss said.

And here's one symmetrical statistic: By age 50, 50 percent of Caucasians are 50 percent gray.

Can people really go gray overnight?

From Marie Antoinette (who reportedly woke the morning of her execution with all gray hair) to Laura Palmer's father in "Twin Peaks" (who was possessed by some kind of evil spirit anyway, so go figure), stories abound of stress causing hair to turn white overnight.

The only plausible explanation, Hoss said, can be found in an aspect of the disease alopecia areata, which causes scalp hair to fall out. When people with alopecia areata have an

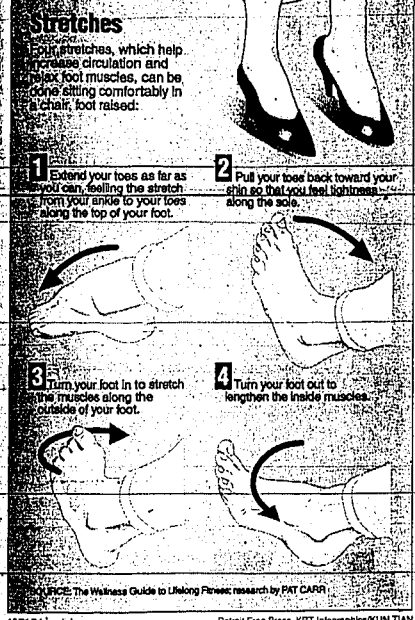
episode of hair loss, the pigmented hair often falls out before the gray. Episodes of the disease are also associated with stress.

So someone with, say, 60 percent gray hair would not look completely gray. But if all of their pigmented hair fell out overnight, it would appear that their hair turned white.

The problem with thinning strands of hair on the average head, losing 40,000 overnight would probably make an impression. History doesn't say that Marie Antoinette noticed a pile of pigmented hairs on her pillow, although, presumably, she had other things on her mind.

Can hair products really make a difference?

It all depends on the condition of your hair, says Susan Rood, dean of education at the Connecticut Institute of Hair Design. Very healthy hair is sealed tight against both the ravages of the environment and the effects of conditioners. But if you think of a strand of hair as being like a shingled roof, "very, very damaged hair would be like the roof shingles coming up," Rood said. These "imbriations" allow products into the hair shaft, where they can clump up the hair. But too much conditioning can pack the imbrications so much that the hair gets heavy and flat, Rood said.



## Benefits may be stretch, but go through motions

Orange County Register

You hear it on every exercise video, in every dance class and spouting from the mouth of every P.E. teacher and coach: Stretch before you exercise or suffer strains and sprains.

Ever wonder what would happen if you ignored those admonitions and skipped the stretching routine before and after exercise?

Maybe nothing, some say.

Though the idea that stretching reduces injuries is considered gospel among athletes amateur and professional, and while some researchers have shown that warming up with low-level activity might reduce injuries, no one has ever shown that stretching does a thing for you.

"There's a lot of intuition about why it might be good, but there's no research showing that it is," said award-winning music researcher Rick Lieber at the University of San Diego School of Medicine.

"The belief that stretching reduces injury exists because people who stretch seem to be injured less frequently than those who don't," Lieber said. Concluding that that means stretching reduces injury is about as reasonable as concluding that roosters crowing causes the sun to rise, he said.

"It's possible that people who stretch out tend to be stretchy people and that their natural flexibility — not the stretching — causes the low rate of injury," Lieber said.

Despite the lack of research proving stretching has any positive effects, many coaches still insist their athletes take the time to go through the motions.

"Clinically, people who stretch have a lower incidence of problems," said Dr. Peter Bruno, internist at New York City Lenox Hill Hospital and the Nicholas Institute for Sports Medicine and Athletic Trauma — and team physician for the New York Knicks basketball team.

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# Exercise, weight control help protect against Type II diabetes

## 1 form of condition tied with pregnancy

Knight-Ridder News Service

TALLAHASSEE, Fla. — About 30 weeks into her second pregnancy, Roseanne Dunkberger got the shocking news — she had gestational diabetes.

She knew her excessive weight gain put her at risk, but she hadn't worried because her first pregnancy turned out fine.

"But when the doctors told me that I was diabetic, I knew it was a serious matter," recalls Dunkberger. "How could you be more motivated diabetes-wise? You want to do everything to make sure you have a healthy child."

Gestational diabetes occurs predominantly in women who have had a previous delivery of an infant weighing 10 pounds or more, a family history of diabetes, repeated miscarriages or spontaneous abortions in previous pregnancies, and women who are obese. It is found in 2 percent to 4 percent of pregnancies, according to the National Institutes of Health.

But not all women fit into these categories, says Dr. Terry Sherraden, a Tallahassee endocrinologist. That's why women are encouraged to be tested for gestational diabetes between their 24th and 28th weeks of pregnancy.

"You just can't look at a woman and predict whether or not she has it," Sherraden says. "Although overweight women are more prone, there could be a young, skinny, vivacious woman having her first child who gets gestational diabetes."

The condition is typically manageable through diet, exercise and sometimes insulin injections, but the complications of an unregulated blood-sugar level can be serious, Sherraden says.

Gestational diabetes often causes excessive growth in the baby, which can require the mother to have a Caesarean section. Injuries to the infant also are possible because of the birth weight, including nerve damage in the arms and neck during birth.

Dunkberger closely monitored her blood-sugar levels and her eating habits — the latter of which was the toughest, she says. But she was willing to do anything to prevent any complications in the birth of her child.

"When you're pregnant you feel like you have a license to eat," says the 37-year-old Mary Kay cosmetics-sales representative. "The hardest thing was staying aware of what I was eating all the time. You can cheat on a diet. You can sneak a spoonful of something. But when you're dealing with diabetes, the blood-sugar doesn't lie."

In the last few weeks of her pregnancy, she also had to take insulin injections to maintain a normal blood-sugar level. "Just the concept of insulin was scary," she said. "It was like having to admit that my own body couldn't take care of itself or my baby."

Fortunately, the pregnancy resulted in a healthy baby girl, Mary, who is now 3½ years old. Although all traces of gestational diabetes disappear after pregnancy, Dunkberger continues to worry about her own health because her chances increase by 50 percent of developing diabetes later in life.

Boston Globe

Robert Pinkston, 60, developed diabetes 14 years ago after he "blacked out" a high-intensity exercise program of weight-lifting and distance running. Cause and effect? No; but certainly more than coincidence.

Diabetes researchers are increasingly convinced that exercise — not just Pinkston's punishing routine, but moderate levels achievable by non-athletes — is a potent protector against Type II diabetes, by far the most common form.

So is weight control — but again, not necessarily the spartan diet necessary to transform a person from obese to svelt.

This may not sound new. Diet and exercise have always been the mainstays of diabetes treatment. What's new is specialists' growing belief that Type II diabetes, which usually shows up in middle age, is a preventable disease.

This is grounded in recent studies showing the protective effects of exercise and healthful eating in people at risk for diabetes. One recent study of nearly 6,000 University of Pennsylvania graduates found their risk of developing Type II diabetes was substantially lower if they had engaged in regular exercise, after allowing for obesity, family history, age and other risk factors. Those at highest risk benefited the most.

Another hope rests on drugs to correct the earliest metabolic abnormalities that precede actual diabetes by 10 to 20 years. Some of these are tried-and-true pills long used to treat diabetes.

Newer drugs, like one called troglitazone featured in a New England Journal of Medicine study last week, show promise in mitigating what many now consider the primary defect of Type II diabetes: resistance to insulin by muscle, liver and fat cells that need the hormone to absorb energy-providing glucose, or sugar. By comparison, Type I diabetes, which usually arises in youngsters, involves the failure of the pancreas to make insulin at all.

Encouraged by the mounting evidence, the federal government has committed \$100 million over the next seven years to see if Type II diabetes can be prevented by exercise, diet and drugs. Planners hope to begin enrolling 4,000 people at high risk for diabetes by late next year.

If Type II diabetes can be prevented, or even delayed significantly, the implications will be enormous. Type II accounts for 90 percent of the 7.4 million diagnosed cases of diabetes in America. In 1992, the nation spent \$45 billion to treat diabetes and its complications — more than the entire budget of Britain's National Health Service.

Moreover, diabetes is a rapidly growing problem. About 7 percent of all U.S. adults currently have the disease. By the year 2000, one in 10 American adults is expected to be diabetic, because the population is growing both older and alarmingly more obese — potent risk factors for Type II diabetes.

At highest risk are those with least access to the early and regular medical care that diabetes demands: African-Americans, Hispanic Americans, Asian-Americans, native Americans and other minorities.

To get a full picture of what this ominous trend means, talk to Pinkston, a former bus mechanic who lives in Dorchester. "I take high doses of insulin twice a day, plus about eight other pills," he says. "Last week I had laser surgery on both eyes. I have to wear special shoes and socks because I have nerve damage pretty bad. My kidneys are spilling protein," a sign of advanced kidney damage. He also has a high likelihood of suffering a heart attack or stroke.

"Type II has always been seen as a milder, easier-to-treat form of diabetes," says Laurinda Poirier, director of clinical and educational services at Boston's Joslin Diabetes Center. "Now we know that it's not true. People with Type II have a


hard time controlling their blood sugars, because they have resistance to insulin. It's the Type II's who are filling our hospital beds."

Type II diabetes puts doctors in the frustrating position of diagnosing the insidious disease only after it has wrought years of damage on the heart, blood vessels, eyes, kidneys and nerves.

"We've become aware that as people develop diabetes it's increasingly difficult to treat," says Dr. David M. Nathan of Massachusetts General Hospital,

chairman of the upcoming prevention trial. "And very often by the time we diagnose it these people already have heart disease. So they've missed the boat."

By "difficult to treat," Nathan means in part that many Type II diabetics require escalating doses of insulin by the time the disease begins to cause symptoms of abnormally high blood sugar. And high insulin doses promote weight gain, which causes more insulin resistance, which requires more insulin to overcome.



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## Study: Some sports can tax heart patients

WASHINGTON (AP) — Sports that are fun and healthful for some people with heart problems can be a strain on others.

So cardiologists and exercise physiologists have updated their guidelines on who can play hard, who should play easy, and who should watch from the stands.

The recommendations are published in the Journal of the American College of Cardiology and in the American College of Sports Medicine's Journal, Medicine and Science in Sports and Exercise. The 1994 recommendations update guidelines put out in 1985.

The recommendations were designed with the competitive athlete in mind. But they also can be applied to non-competitive athletes and to people whose jobs require strenuous exertion, said Dr. Barry J. Maron of the Minneapolis Heart Institute Foundation and Dr. Jeri H. Mitchell of the University of Texas

Southwestern Medical Center at Dallas.

Maron and Mitchell emphasize that cardiovascular disease is rare in young athletes, and that relatively few people of any age die during exercise.

The times when exercise can be dangerous vary depending on the type and severity of the medical problem, the conference reports noted.

High blood pressure is a case in point. The report termed this "the most common cardiovascular problem observed in competitive athletes."

Some athletes with severe hypertension could have heart attacks and die, and so should stay away from sports that put a high-pressure load on the heart, the report said. Among these events are rock climbing and weight lifting.

On the other hand, people with mild or moderate hypertension needn't worry about these limitations, the report said. In fact, regu-

lar exercise can improve their cardiovascular system — lowering their blood pressure. So doctors might instead encourage them to take part, but should check their blood pressure every two to four months, the report said.

The task force on coronary artery disease faced a similar issue. People who have heart attacks and die during exercise are often found on autopsy to have had severely narrowed arteries or an advanced lesion in an artery, the report said. The risk is rare in people under 30, but rises with age, it said.

Athletes with known coronary artery disease should be tested to determine the state of their cardiovascular systems and the maximum amount of exercise they are capable of, the report said.

Those with mildly higher risks of a cardiac event should avoid intense competition but can participate in activities such as baseball, softball, doubles tennis and golf, the report said. But some in this group might

take part in more intense activity if their overall profile suggests very low risk and the patient is willing to take the chance, it said.

Those with substantially higher risks should stick with low-intensity sports such as billiards, bowling and golf, the task force said. And even this may be too intense for the worst off in this group, it said.

The report concedes there are no solid studies to prove that keeping an at-risk athlete from competing will substantially prolong the athlete's life. The paper also says it's hard to tell exactly how much stress a given activity will cause in an athlete. But it notes that intense competition can create severe strain.

The report advises doctors to keep any errors on the side of excluding athletes who could compete safely, rather than encouraging athletes to take a potentially dangerous chance.

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