

The Times-News

Twin Falls, Idaho/89th year, No. 332

Monday, November 28, 1994

50 cents

Good morning

Today's forecast:

Partly cloudy with a slight chance of snow. Highs around 30, lows 15-25.
Page A2

Magic Valley

Landfill nearly ready

County commissioners hope to have the new Twin Falls County open by next Monday - weather willing.
Page B1

Animal exhibit opens

A collection of stuffed game animals have found a new home in a wildlife diorama at the Ice Cave Trading Post.
Page B1

County gets legal advice

County Prosecutor G. Richard Bevan has hired a civil deputy prosecutor to advise county officials on legal matters.
Page B1

Sports

Dolphins top Jets

Miami's quarterbacks took a page from an opponents playbook Sunday, employing deception to overhaul the New York Jets 28-24.
Page B4

Razorbaks back on track

Arkansas' defending national basketball champion Razorbaks regained form in trouncing Georgetown Sunday.
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Health & Fashion

Equine hygiene

Horse shampoo is the hottest thing in personal grooming.
Page D1

Don't be shellfish

Columbiad Dave Barry has serious reservations about eating what comes out of the sea.
Page D1

Opinion

Amend term limits?

The Idaho Legislature may need to revise the recently passed term limits initiative, a guest editorial says.
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Nation

Meet the new boss

The Republicans are planning to increase military spending and cut back on peacekeeping efforts.
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Time to assess

Political observers are calling Sen. George Mitchell a good majority leader and an effective senator.
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GOOD NEWS! IT SAYS
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Perry says Serbs have won war

Bosnian government accepts Bihac cease-fire, but Serbs continue to press on

The Washington Post

ZAGREB, Croatia — The Bosnian government Sunday accepted a U.N.-proposed cease-fire around the embattled enclave of Bihac, but attacking Serb forces pressed forward as NATO refrained from new airstrikes.

By agreeing to the cease-fire, the mostly Muslim government appeared to be acknowledging that it was in "a fatally weak position," a senior U.N. official said.

Although the United States had pushed for a more robust response to Serb advances last week, Defense Secretary William J. Perry said Sunday that NATO airstrikes would be ineffective at this point. Perry even suggested that the Bosnian government had now lost the 31-month war.

Perry said the Serbs were in control of

the situation and could occupy Bihac "if they decide to do that." Airstrikes "cannot determine the outcome of the ground combat," he said on NBC-TV's "Meet the Press."

Incoming Senate majority leader Robert J. Dole, R-Kan., called for the 23,000 U.N. peacekeepers to leave Bosnia and for the United States to begin supplying arms to Bosnia's Muslims in violation of an international arms embargo on Yugoslavia and its former republics.

"They're not doing their job, and they're in harm's way," Dole said on the same program. "Let's lift the arms embargo. And let's at least let the Bosnians defend themselves."

Serb forces in eastern Bosnia detained 150 more U.N. soldiers Sunday, mostly British and Dutch troops, to bring their hostage total to about 400, U.N. officials said.

The cease-fire proposal would force Muslim troops to abandon the U.N.-declared "safe area" for other, more dangerous parts of the Bihac pocket, where Serb

Please see SERBS/A2



Perry

U.N. peacekeepers may be pulled

The Associated Press

SARAJEVO, Bosnia-Herzegovina — The 24,000 peacekeeping soldiers in Bosnia may withdraw if the military situation continues to deteriorate, their U.N. commander said Sunday.

"If the scene gets much worse militarily, then I suspect the peacekeeping mission would find it very difficult to continue," said Gen. Sir Michael Rose.

More than 400 U.N. peacekeepers are effectively being held hostage by Bosnian Serbs as insurance against NATO air attacks. One group of peacekeepers was detained after NATO airstrikes on Serb positions last Monday. Another group was detained on Saturday.

Last week, NATO officials in Brussels said they were completing contingency plans for a U.N. withdrawal.

Sources said military planners estimated up to 40,000 troops would be required to help evacuate the lightly armed peacekeepers, who would likely be withdrawing under hostile conditions. The United States would be expected to provide much of this force, the sources said on condition of anonymity. On Friday, Washington announced it was sending three ships with 3,600 Marines and sailors to the Adriatic Sea, and Defense Secretary William Perry said Sunday they would be used for "contingency" and rescue operations.

The rebel Serb assault on Bihac in northwestern Bosnia has highlighted the limitations of the United Nations and NATO in Bosnia. While Bihac has been designated a "safe area" entitled to U.N. protection, little has been done to impede the assault.

Rose has rejected NATO proposals for more air strikes. Western military sources said. Even NATO officials concede airstrikes would likely have to be directed somewhere other than Bihac because of the risk of civilian casualties.

Winning smile



Travis Machacek's drawing won the American Lung Association Christmas Seal Kid's Art Contest. The drawing will be sent to 30 million homes this holiday season.

Reluctant winner

Christmas drawing earns Buhl teen top prize in national art contest

By Julie M. McKinnon
Times-News writer

BUHL — Three days before the deadline of the American Lung Association Christmas Seal Kids' Art Contest, Travis Machacek spent about 30 minutes looking through old Christmas cards for ideas.

Travis had had the contest rules for months but put off entering until the last minute. "I didn't really want to do it," 15-year-old Travis said. "I worked like an hour to two hours each night for three nights — when I was supposed to be going to sleep."

"I didn't think I had a chance." But his colored-pencil drawing of a mouse giving a present to a cat won the association's first national competition and will be sent to 30 million homes this holiday season.

Children aged 6 to 15 from every state, the District of Columbia, Puerto

Rico and the Virgin Islands could enter. Finalists from each competed in the national contest.

Ironically, Travis has asthma, which he didn't even think about when entering the contest. For every entry, contest-sponsor Triaminc donated \$1 to American Lung Association programs that help children with breathing problems.

In another ironic twist, Travis also is allergic to cats. Contest arrangers were surprised to learn Travis and one of his sisters, 11-year-old Heather, had asthma, said their mother, Wanda Machacek. Travis, his parents and his three younger sisters were given an all-expense-paid trip to Washington, D.C., from Oct. 29 to Nov. 4 so Travis could accept his award.

In the Idaho contest, Travis won an electronic sketch pad that he uses on the Machaceks' television. Besides the trip, Travis also received a personal computer, graphics software and a color ink-jet

printer in the national contest.

Next on Travis' drawing board are illustrations for a children's book written by his great-aunt, Rae Clark of Las Vegas. The book is Clark's third, and it's about alien creatures playing with Earth children.

The book is scheduled to be published next year, and while Travis has one picture done, he hasn't felt much pressure to complete the rest.

"(It's) not really too bad — yet," said Travis, who has taken art classes since sixth grade and likes sketching with graphite best.

Wanda Machacek, who has saved many of Travis' pictures and has several hanging in their rural Buhl house, said she has no idea where Travis' talent comes from, since neither she nor her husband Dave are artistic.

"He has been ever since he's been little," she said. "I can't even draw a straight line and get it straight without erasing it a few times."

Woman who let kids drive with drunk dad faces charges

The Washington Post

WIMBERLEY, Texas — The last time Shirley Draper saw her ex-husband, Gregory Cook, and their two daughters alive was on a Sunday morning in late September as the trio climbed into Cook's 1992 automobile. They were headed to a restaurant in nearby San Marcos for breakfast.

The vehicle was a testament to Cook's chronic drinking and driving problems. Outfitted with a court-ordered system to measure

blood-alcohol levels, the ignition would not start until Cook — or someone who was sober and willing to assist — breathed into the machine. On that Sunday, Sept. 25, Cook would not have been capable of starting the car; tests later showed he had a blood-alcohol reading of 0.22, more than twice the legal limit for intoxication.

It would be three days before the car and its occupants were seen again, submerged in a pond at the bottom of a steep incline a few miles from Draper's home. Cook had plunged

over the hill at high speed and into the 10-foot water. By then, Draper allegedly had told authorities she knew her ex-husband had been drinking heavily when he left her driveway with the children. Authorities say she also acknowledged she knew one of the young girls would have had to breathe into the machine for Cook to operate the car.

Now, in an unusual case that has divided this friendly central Texas community and is becoming a touchstone for the national move-

Please see CHARGES/A2

Governors to focus on states' rights

The Associated Press

SALT LAKE CITY — What better place for western governors to gather and discuss states' rights than southern Utah? All of the flashpoint issues are there: water, growth, tourism and, especially, the ubiquitous hand of the federal government.

Governors from 18 western states and three U.S. territories are expected to attend the winter meeting of the Western Governor's Association today and Tuesday in St. George, a desert boomtown 270 miles south of Salt Lake City. Also invited are nine governors-elect.

Utah Gov. Mike Leavitt, recently elected chair of the Republican Governors' Association and a powerful voice against federal meddling in state affairs, will lead the conference as vice chairman.

Given that, it comes as no surprise that the topics of a series of discussions Tuesday involve such issues as mining law reform, the Endangered Species Act, grazing issues and national parks — all points of friction between western states and the feds.

A main topic will be lessons learned from the 1994 Republican tidal wave that swept the nation and the West. The WGA's new makeup will be decidedly Republican, after Democrats gave up the statehouses in Texas, Kansas, Idaho, New Mexico and Wyoming on Nov. 8. The current breakdown is 11 Democrats, six Republicans and an Independent. After the first of the year, it will be 11 Republicans and seven Democrats.

There's very little question that people want less government and more decisions being made closer to home," Leavitt said Friday. "It's for us to decide now how best we can do that."

While more than a dozen issues will be touched on, Leavitt plans to focus on a couple where he thinks progress can be made. One is the Endangered Species Act, up for review by Congress next year.

"We want to make certain we've had a full opportunity to address the act before it is reauthorized," he said.

The act has been a ball-and-chain on development in a number of states, including Utah. In fact, just 10 miles from the city

Please see GOVERNORS/A2

Snow sends vehicles skidding off roads

The Times-News

TWIN FALLS — Old Man Winter made another early appearance Sunday, dumping snow for the second time this fall across the Magic Valley.

Cars were sent sliding off roads and into one another in many places along Interstate 84. A semi trailer rolled over near Milepost 137 and created a five-car pileup by 5 p.m. Sunday, though no one was seriously injured, authorities said.

Several minor car accidents also were reported across the valley.

Most towns reported between two to four inches of new snow on the ground by 8 p.m. Sunday.

At past time Sunday night, no roads had been closed as a result of the snow storm, but authorities were warning Magic Valley residents to stay off the roads, if possible.

More snow is expected today and tomorrow.

Digging out



Doug Smith, of Roseville, Calif., woke up Saturday morning to find his car buried under 14 inches of snow that fell overnight in the Myers area near South Lake Tahoe, Calif. The record snowfall that hit the Sierra Nevada Mountains was the heaviest since 1951.

Republicans plan to hike military spending, limit peacekeeping role

Newport News Daily Press

The Republicans, poised to control the Senate and its key Armed Services Committee, plan to stop the post-Cold War slide in military spending and limit the nation's role in worldwide peacekeeping.

But they are unlikely to seek any halt to the base closings already started or those expected to result next year as the Base Closure and Realignment Commission, or BRAC, process continues, according to senators, staff aides and military analysts.

The hot-button issues of gays in the military and women in combat roles are not likely to be reopened.

President Clinton established the "don't ask, don't tell" policy that effectively tolerates homosexuals in the armed forces by preventing authorities from asking about sexual orientation. Also, Clinton opened combat jobs to women.

Sen. Strom Thurmond, R-S.C., the man who is in line to take over as chairman of the Armed Services Committee when the new Republican-controlled Congress convenes in January, is not interested in revisiting the controversies of

gays and women despite earlier Republican opposition, according to his spokeswoman, Chris Cinko.

"A lot of people think Strom Thurmond will open up gays in the military," Cinko said in a telephone interview last week. "You're not going to see that. He thinks the policy is in place and we have to see how it works. The same with women in combat," she added.

Thurmond will be content to focus on the big money issues — how much is enough military spending and how it should be allotted, she said.

How those spending questions are answered, however, won't be clear until the push and pull of the legislative process plays out.

Because Congress is not supposed to debate the base closing commission's recommendations individually, the chairmanship of the Armed Services Committee is not crucial to protecting a state's bases.

Sen. John W. Warner, R-Va., had been the senior Republican on Armed Services and would have become chairman when his party took control of the Senate. That scenario changed in January 1993, when Thurmond exercised his pre-

rogative as a more senior senator to switch to the Armed Services Committee.

"The Republican majority is in general agreement that military spending has declined too far too quickly. The problem now is to figure out where to get the money to maintain the current spending level."

And despite the Republican majority in Congress, President Clinton still has the opportunity to set the direction on military spending.

"We work from his recommendations," Thurmond's aide Cinko said of the Clinton budget proposal. "That's the cornerstone from which we build the budget."

In the face of the Republican push to reverse the decline in military spending, Clinton is likely to increase the budget, according to Lawrence Korb, a senior fellow who follows the military at the Brookings Institution, a Washington think tank.

"The president himself will go above where he projected a year ago" in total military spending, Korb predicted. "His projection for '96 was \$243 billion. I think by the time he puts it in, it'll be close to \$250 billion," Korb said.

Supreme Court will consider congressional term limit case

Newsday

WASHINGTON — The justices of the U.S. Supreme Court this week will have to decide the meaning of silence.

In arguments Tuesday on the constitutionality of congressional term limits, the justices will be reminded that the framers of the Constitution explicitly set age, residency and citizenship requirements for representatives and senators.

The country's forefathers said the individual states could regulate the "times, places and manner" of holding the election. But they did not say whether the states could add further restrictions on whom could be chosen to represent them in Washington.

Opponents of term limits say the three limitations on congressional eligibility set forth in the Constitution were meant to be exclusive. Indeed, the framers rejected a proposal to build in term limits, which had been used in the Continental Congress.

But the framers also rejected a proposal to explicitly make their three limitations the only limitations. Proponents of term limits, which have now passed in various forms in 22 states, say that because powers not expressly granted to the federal government are reserved for the states, the Constitution's silence means the states can do what they want.

So far, the opponents have won in the lower courts. A U.S. District Court judge in Washington State and the

Arkansas Supreme Court (in a 5-2 decision) ruled that the framers intended them to be the only limitations on federal office.

It is the Arkansas case that will be argued Tuesday before the Supreme Court. The state's voters (despite the opposition of then-Gov. Bill Clinton) had adopted an amendment to the state constitution in November 1992 limiting the terms of the governor and state legislators. It also said that U.S. senators who had already been elected to two terms or U.S. representatives to three could not appear on the ballot.

(While the state argues that these are not term limits because writes-in candidates are permitted, this contention was brushed aside by the Arkansas Supreme Court.)

The amendment was challenged in local courts by the Arkansas League of Women Voters. Ruling that the U.S. Constitution permits no additional restrictions on candidates, the Arkansas Supreme Court said the framers had in mind that every senator and representative must make decisions for the entire nation.

"If there is one watchword for representation of the various states in Congress, it is uniformity," the court wrote. "Federal legislators speak to national issues that affect the citizens of every state. Additional age restrictions, residency requirements, or

ance among the states with respect to who can sit in Congress. This is precisely what we believe that the drafters of the U.S. Constitution intended to avoid."

Lawyers for U.S. Term Limits Inc., a nationwide group that advocates term limits and is a party to the Arkansas case, say that term limits do not threaten the governmental system.

"No federal function is threatened," they say in their brief. "No majority is seeking to suppress ideas or to impose its will on a powerless minority or protected class. The voters of Arkansas are not altering the structure of the federal government. They are simply trying, in choosing their representation, to open the political process and to remove one of the many election advantages that long-term incumbents enjoy."

Even if the U.S. Supreme Court rules term limits unconstitutional, it is not likely to be the last word on the subject.

House Republicans have promised to pass a constitutional amendment specifying term limits for members of Congress. Proposed amendments call for a total of 12 years in office for senators, with competing proposals of six or 12 years for representatives, though party leaders have said the amendment would not be retroactive.

An amendment would have to be approved by two-thirds of the House and Senate and then ratified by three-quarters of the states.

Space center bans toxic test after errors

HOUSTON (AP) — NASA's Johnson Space Center has banned tests with toxic chemicals because of a poisonous release that turned up a series of safety failures.

An internal investigation found poor training and lack of planning were major contributors to the April accident, which sent dozens of space center workers to a hospital. The Houston Post reported Sunday.

The report obtained by the Post detailed a parade of mishaps, including workers' failure to call the space center's own emergency line, a stalled

ambulance and a lack of information on the deadly chemical at the space center first-aid clinic.

And although a space-center guard saw a red cloud of the chemical blowing toward him, his radio batteries were dead and his guard house had no working phone, the report said.

The report said 52 people were treated at the center clinic for headaches, nausea, chest tightness, burning skin and coughs, two went to private doctors and 27 went to hospitals; none suffered permanent injuries.

"This was something we were vul-

nerable to," said Jay H. Greene, the space center's associate director of engineering and the report's principal author.

"It heightened our awareness that we have a lot of people out here to take care of," he said.

The release occurred when technicians in a remote space center facility were evaluating a small rocket engine.

A crew prepared to fire the engine by pressurizing a line with one of the two fuels: a combustible, poisonous chemical called nitrogen tetroxide.

Perry resists disarming of Haitians by U.S.

The Washington Post

WASHINGTON — Defense Secretary William J. Perry Sunday all but rejected a call by Haitian President Jean-Bertrand Aristide for U.S. troops to disarm opponents of his newly reinstalled government.

Perry compared the problems of taking weapons from Haitian thugs and army units of questionable loyalty to the difficulties that would be involved in disarming all of the state of Maryland, including Baltimore. "This is no small task that is being requested," he said.

Aristide made his call public last week in an interview with The Washington Post. Even before his return to power in September, Aristide and his supporters pressed the Clinton administration for a pledge to carry out an aggressive disarmament campaign.

They fear that remnants of the military regime and its supporters will try to seize power again when the United Nations peace-keeping force, which is to replace U.S. troops, leaves the country, probably in early 1996.

The U.S. troops, which went into Haiti in September after a deal was cut with the then-military leaders, paved

the way for the restoration of Aristide as president on Oct. 15.

In the Friday interview, Aristide said the United States has "to continue disarming the terrorists, those who are killing people and still have weapons, waiting for the moment to come out and make trouble."

Aristide, in the first public note of discord between his government and Washington since his return, said it is not enough to just disarm some of them. We should be moving fast. This is the cry of the Haitian people. It is the will of the Haitian people, and I welcome this cry and I share it."

Dole: N. Korea needs hearings

WASHINGTON (AP) — The deal with North Korea to dismantle that country's nuclear program may not be in the U.S. national interest, Senate Republican Leader Bob Dole said Sunday.

Dole, speaking on NBC's "Meet the Press," said he would await Senate hearings on the North Korean agreement before making any moves to block it.

But he said the United States appeared to come out on the short end of the deal that promises the Pyongyang government \$4 billion in international aid in exchange for promises to end its nuclear program.

"North Korea is known not to keep its promises. We still don't have full inspection in North Korea," Dole said. "I think they got a lot, but I'm not certain what we've got."

Sen. Frank Murkowski, R-Alaska, was quoted by the New York Times on Sunday as saying that he would try to stop the United States from carrying out a promise to supply North Korea with oil while other countries, mainly Japan and South Korea, help the communist North build a nuclear energy program based on light-water reactors.

It is more difficult to extract weapons-grade plutonium from such reactors than from the U.S. North Korea now has. North Korea has denied it is reprocessing spent fuel from an experimental nuclear complex to build atomic weapons, but it has balked at international inspections of the complex.

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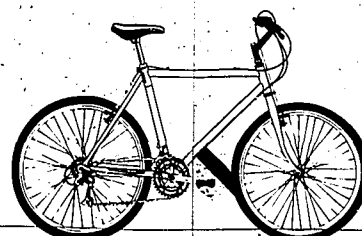


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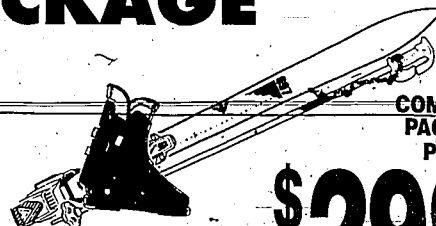
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Opinion

Other views

Idaho's term limits law will require some tinkering

Idahoans gave resounding approval to term limits, which set a cap on the number of terms an elected official can serve in office. Now that the people have spoken, it is up to lawmakers to decide what they said.

Do Idahoans truly want school board members and county sheriffs to serve limited terms?

If the answer is no, lawmakers will need to fix the amendment by refining it further and by giving citizens maximum flexibility to reorganize county government.

The question is important, because many counties in Idaho may find themselves hamstringing by a measure that was mostly intended for Congress.

Statewide, the term limits initiative, Proposition 2, was approved by 59 percent of voters on Nov. 8. But the measure failed in nine small rural counties in eastern Idaho. It passed by less than 100 votes in six others.

Small counties are where the rubber hits the term-limits road.

In towns like Bliss and Driggs and Soda Springs, finding enough people to fill slots in local government can be difficult. That's especially true for positions such as school board trustee, where play is nonexistent and hassle is plentiful.

The same is true for county positions, where there may not be a lot of people standing in line to serve two terms as sheriff or clerk. In many cases, these jobs are filled by career-oriented people who enjoy serving the public.

Term limits may force counties to reconsider just how many elected positions would be better filled another way. Fortunately, voters had the good sense to approve another ballot measure, HJR 17, which allows for alternative forms of county governments. Counties that wish to reorganize for greater efficiency may wish to make some county positions appointed rather than elected, and they ought to have the authority to do so.

—Idaho Statesman, Boise

Postal Service steps too far in removing baby Jesus

The U.S. Postal Service plans to drop the practice of issuing an annual Christmas stamp depicting the baby Jesus in the arms of Mary. Next year, the Christmas stamp will have a "Victorian"-style design featuring an angel and bells.

"We're moving away from being denominational to being nondenominational," a post office spokesman said.

That's illogical. It's also sad.

It's illogical because it merely substitutes one religious symbol for another. Anyone who thinks an angel is a "nondenominational" Christmas symbol should refer to Luke's Gospel, in which the angel of the Lord appears to shepherds and announces the birth of a savior.

The angel is joined by a heavenly host singing words that have been repeated at Christmas time ever since: Glory to God in the highest. Peace

and good will to mankind.

That's less "denominational" than a picture of Mary and Jesus?

Come on.

The planned elimination of Mary-and-Jesus stamps is sad because it constitutes another victory for those who want to purge all religious acknowledgements from public life. They say a postage stamp isn't an appropriate place for a religious symbol.

A stamp remains an appropriate place for sex symbols, however. Elvis Presley has been featured on a stamp. Marilyn Monroe is scheduled for a future stamp. But Mary and Jesus are on their way out. They aren't politically correct, even though the Postal Service has featured them on Christmas stamps each year for 29 years.

—Omaha (Neb.) World-Herald

To the GOP, the South is increasingly friendly

The last time Republicans controlled Congress — in 1953-1954 — there were no Republican senators from the 11 states of the old Confederacy. Of 102 representatives from that region, 96 were Democrats. From then till now (and in every election before 1952 as well), the Republican Party never won a majority of Southern Senate or House seats.

This month it did. The region's 22 senators now break down 13-9 Republican. The party picked up two on election day in Tennessee and one in Alabama on the day after election day. The region's 125 House seats now divide 64-61 Republican, a net election day gain of 14.

This division does not appear subject to relapse. If anything, Southern Republicans will probably continue to gain seats in Congress. Six Southern Democratic representatives are reportedly negotiating with Republicans now over the possibility of switching parties.

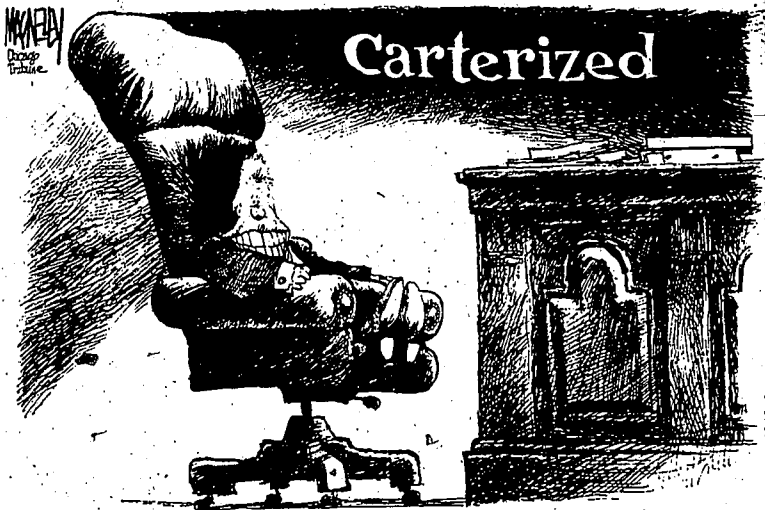
The South is a fast-growing region and as such will increase its relative strength in the House after every Census.

The region has been increasing its number of congressional representatives by about six a decade. The House's total membership is fixed at 435, so every Southern gain means a loss somewhere else, usually in the East and Midwest.

Southern members of Congress were once at home only in the Democratic Party. This was due to tradition and inertia. They may have voted against liberal legislation, but they voted for Democrats for speaker of the House and Senate majority leader and for Democratic control of committees.

The shift away from a Solid South to a roughly divided one means that what was essentially an artificial Democratic control of House and Senate will no longer occur.

—The Baltimore Sun



Letters

Cemetery needs better care

In answer to Ruth V. Allen's article on Nov. 17, if flowers and dead grass are the only complaints you have about the Twin Falls Cemetery, you have it made.

I bought property in the Twin Falls Cemetery. I buried my husband Dec. 5, 1992. The grave was covered with snow. In March 1993, I visited his grave. It was 6 inches deep with water and the sod was rolled up. It was a real mess.

In December 1992, we went to put a Christmas tree on his grave. We had to remove the dead flowers from his funeral. I put a nice stone and also a veteran's stone with two vases on the grave. In August 1994, the vases vanished, as did all his artificial flowers I had put on during the winter.

They never smoothed his grave over, nor did they replace the burnt sod. The weeds took over, so I bought spray and tried to keep them under control. I also carried water to try to get the grass seed I put on to grow. I took clippers and trimmed the little bit of grass that came up.

Finally in August, I gave up and moved his casket to another cemetery. His grave is so pretty and green, and no squirrels dig on it or crows use his headstone as a dumping ground.

I feel so sorry for people who have their loved ones there. Yes, my husband's mother's grave is there and is a foot or more, but it's a waste of breath in anything.

DOROTHY L. WEEKS
Kimberly

Consider small dish for TV

Mr. Cunningham's comments about the new RCA 18-inch dish and satellite receiver could perhaps use a little further clarification.

While the picture is certainly excellent, it is not exactly equal to laser disc and certainly not high-density TV. Digital compression still leaves some visible artifacts, especially on fast-moving pictures such as "Twild cam-

era" music videos or the like. And again, while the sound is excellent, it does not exceed (and usually doesn't equal) the quality of digital soundtracks on laser disc or compact disc formats.

On the positive side, the picture is already slated for an MPEG II upgrade, perhaps next year, which should take care of the video compression problems.

Mr. Cunningham was correct in reporting problems about receiving network or PBS programming. PBS, so far, is not carried on the DirectTV offerings, and network programming is only available if the buyer cannot currently receive an "acceptable" rooftop antenna picture from a local network affiliate. An outlet on the back of the receiver does allow your existing antenna to be plugged in and operates when the receiver is off or the channel is manually selected.

C-band satellite receiver systems do offer a larger menu of programming. However, for those who do not like the aesthetics of the large dishes or who can more easily afford the \$700 base price of the RCA system and the approximately \$30 a month programming fee, the small dish makes an attractive alternative.

JON PYRAH
Carey

GATT requires more review

I support free trade agreements, providing all issues are thoroughly debated and amended as needed: all pork is eliminated and government's role is minimized before passage. For the past 40 years, members of both parties have abused the constitutional rights of the states and those of the people. Arrogance, deceit and outright theft have left the people and our country poorer.

President Clinton and his democratic majority in both houses unintentionally became the instrument of change. On Nov. 8, our ballots said volumes. Yet within days, Congressmen Newt Gingrich has stated he will support "fast track" passage of the 22,000-

page General Agreement on Tariffs and Trade/World Trade Organization bill.

National and states sovereignty may be sacrificed. Tons of pork that has nothing to do with free trade (business as usual). Example:

• Section 801, pioneer preferences — this provision issues next-generation cellular telephone licenses for Los Angeles, Washington, D.C., and New York City for \$2 billion less than the taxpayers would gain from an open and honest auction.

• Section 769 — Carl Leach could recover \$200 billion from an underfunded TWA pension plan and taxpayers would pick up the tab. These are just two of numerous examples.

The much publicized and welcome Republican "Contract With America" has been diminished from a great new cornerstone for progress to just another cheap and angel political hoax.

All of us should write our senators and Congressman Crapo to stall President Clinton's and Newt Gingrich's "fast track" plans until 1995 and let Congress review, debate and amend as necessary. The militant majority will not be satisfied with anything less.

WAYNE A. GILLESPIE
Paul

Tressa Toner delivers the news

One of the things I am thankful for this Thanksgiving Day and all year is our dedicated Times-News carrier, Tressa Toner. For these many years that she has been our carrier, she has served us well.

I can remember only twice that we didn't receive our paper and that was several years ago during the snowbound winter when the paper truck didn't make it from Twin Falls. Otherwise, through sunshine, rain, snow or whatever, at sometimes before 6 a.m., the paper arrives. Thank you, Tressa.

OLGA JAROLIMEK
Paul

Pork pushes defense funds wrong way

John Hall

and it won't make cheap television fiction.

Three Army combat divisions have recently been ranked by their own commanders as unready to move into combat and fight effectively. Even "forward deployed" divisions in Europe, Korea, Hawaii and Alaska are rated as ready, but below par.

The Army said there is only one explanation for the scores, the lowest in 12 years — declining funds for operations and maintenance, a 36 percent drop in five years.

Similar budget cuts have affected the Navy and the Air Force. Flying hours and training maneuvers have fallen off. Equipment is down. Depot maintenance has declined.

These deficiencies are not in the tail, but in the very teeth of our combat capability — and they have been building for years. The overall Defense Department budget drawdown isn't the whole reason, Presidents and defense secretaries have been asking since the late 1980s for more operations and maintenance money than

Congress has been coughing up.

The current U.S. force posture is designed to be able to fight two major wars nearly simultaneously — like Korea and the Persian Gulf. Gen. John Shalikashvili, chairman of the Joint Chiefs of Staff, now wonders if U.S. forces are headed toward one-war readiness.

Republicans, who will control Congress next year, have promised an increase in the defense budget next year. But they have also promised a balanced budget amendment.

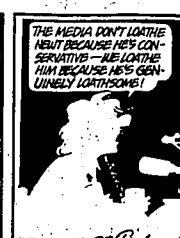
The two goals are contradictory. Congress won't be able to fix what's wrong with fighting forces unless it stops spending money on expensive weapons programs no longer needed, but continued as home-state pork. They have been robbing U.S. force readiness.

That is where the clash is occurring between civilians and the military, not in any imagined mutiny against an unpopular commander in chief.

John Hall is Washington bureau chief for Media General News Service.

Doonesbury

BY GARRY TRUDEAU



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The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth, Mark Kind and Steve Crump.

Write to us

The Times-News welcomes letters from readers on subjects of public interest.

To make sure your letter is published promptly, here are a few guidelines to follow:

Each letter should include the writer's name, address and telephone number. Typewritten letters are preferred, because they allow faster handling with less chance of error.

Letters may be brought to our Twin Falls office, mailed to P.O. Box 548, Twin Falls, 83303, or sent by fax to (208)734-5538.

Because of space constraints, please limit letters to 400 words. Longer letters will be shortened. The Times-News reserves the right to edit all letters.

World



Karen Black of Escondido, Calif., holds broken pieces of brick Sunday from the other wall of Hanoi's Hoa Lo Prison, nicknamed the 'Hanoi Hilton' where her husband was held for six and a half years as an American POW during the Vietnam War.

'Hanoi Hilton' wall tumbles to make way for luxury hotel

HANOI, Vietnam (AP) — Workmen on Sunday knocked through a wall of a prison nicknamed the "Hanoi Hilton" by U.S. servicemen held there during the Vietnam War. A luxury hotel is to be built on the site.

One former POW, retired Navy Capt. Cole Black, carried away a few souvenir bricks from the prison, a place of pilgrimage for returning veterans.

Black and his wife, along with other American tourists on a bus tour, peeked in the front gate at the intact cell blocks.

"They liked to put people in irons — medieval-type punishment," Black recalled later. "The treatment was very bad."

At the rear of the structure, workers with a backhoe and

sledgehammers opened a hole big enough for trucks to enter.

The prison, whose real name is Hoa Lo, was built by the colonial French government and held Vietnamese nationalists and communists during the 1940s and 1950s. The first wife of Gen. Vo Nguyen Giap, commander of the guerrilla forces that drove France out of Vietnam in 1954, died there in the 1940s.

After the United States began sending troops to prop up non-Communist South Vietnam against the Communist North, the prison became notorious for holding American POWs, who coined the nickname.

Burton Engineering of Singapore and the Hanoi Construction Co. plan a 22-story luxury hotel at the site.

The prison's last residents,

young Vietnamese convicts, were transferred to another facility earlier this year, according to officials.

Many Vietnamese are eager to replace the city's wartime relics with the modern trappings of economic development. Hanoi authorities already have cleared the wreckage of a downed American B-52 bomber from Lenin Park to make way for another foreign hotel.

Black, 62, of Escondido, Calif., was unsentimental about his visit to the prison where he was held on and off for seven years until being released in 1973 after the United States and North Vietnam made peace. He was shot down and taken prisoner about 60 miles northeast of Hanoi on June 21, 1966.

Israel, Jordan announce ties

JERUSALEM (AP) — Israel announced the establishment of diplomatic ties with Jordan Sunday, a month after the two countries signed a peace treaty ending a 46-year state of war.

Jordan became the second Arab country to open diplomatic ties with the Jewish state after Egypt, which signed a treaty with Israel in 1979.

Israel and Jordan "hereby declare as of today to establish diplomatic relations at the ambassadorial level," Foreign Ministry spokesman Danny Shek said, in a statement read to reporters by telephone.

DR. RONALD S. CORBIN,
Chiropractor

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Dissidents order Arafat loyalists out

SIDON, Lebanon (AP) — Dissidents ordered Yasser Arafat's loyalists to leave Lebanon's biggest refugee camp Sunday, but their deadline passed without the threatened attack in the Ein el-Hilweh shantytown.

Violence may have been prevented by an unexpected rainstorm that flooded the southern part of Sidon and the adjacent camp.

The warning by Lt. Col. Munir Makkadah, who defected from Arafat's ranks in protest against his self-rule accord with Israel last year, threatened to reignite street battles which killed 10 people and wounded 25 on Friday.

"You either get out by 9 p.m., or I shall lower the boom and send roofs crumbling down on

your heads," Makkadah said.

Speaking by telephone from his headquarters in the Ein el-Hilweh, he told The Associated that he had sent an emissary to the leadership of Arafat's loyalists to deliver the ultimatum.

The looming showdown in the camp, on the southeastern outskirts of this port city 25 miles south of Beirut, is unlikely to influence the crisis between Arafat's self-rule authority and Islamic fundamentalist factions opposed to the Arab-Israeli peace process.

When news of Makkadah's threat spread, scores of panicky Palestinian civilians hurriedly packed bundles of clothes and streamed out of areas controlled by Arafat's 150-strong loyalists in the northern section of the sprawling camp.

Officials slow in spill cleanup

MOSCOW (AP) — Northern Russia could be in for a greater ecological disaster if cleanup of a huge oil spill isn't completed before spring thaws can push more oil into rivers and streams, a government commission said Sunday.

The slow pace of building a new pipeline through the region and of cleaning up the spill make it doubtful that cleanup will be completed by April 1 as planned, the commission said in a report carried by the ITAR-Tass news agency.

That raises the possibility that spring floods could transport more oil into the salmon-rich Pechora River, which flows into the Barents Sea, the commission said.

It called such a scenario an "ecological catastrophe."

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World

Islamic militants kill settler rabbi

Hail of bullets hit car on the eve of Jewish holiday, peace negotiations in Brussels

BEIT HAGAI, West Bank (AP) — A rabbi was shot to death and an Israeli policeman wounded in a hail of bullets fired at their Sunday as they drove toward a Jewish settlement. Islamic militants claimed responsibility for the shooting.

The shooting, on the eve of the Jewish holiday of Hanukkah, occurred 3 miles from Hebron, where tensions have been high since the massacre of 29 Muslim worshippers by a Jewish settler at a mosque Feb. 25.

It came a day before Israeli Foreign Minister Shimon Peres was to meet with PLO leader Yasser Arafat in Brussels, Belgium, and as the cycle of violence in the West Bank and Gaza Strip is pushing negotiators to speed up the peace process.

Jewish settlers blamed government peace policies for encouraging Islamic militants, but members of Prime Minister Yitzhak Rabin's Cabinet pledged to continue talks with the PLO.

"We must continue the peace process and do our best so that such sad events will not occur in the future," said Immigration Minister Yair Tshaban.

An anonymous caller claiming to be from the radical Muslim group Hamas called Israeli radio and claimed responsibility for Sunday's shooting. Hamas had carried out a suicide bombing that killed 23 people in Tel Aviv last month.

"We will continue the attacks," he said.

The man said the shooting marked the anniversary of the killing of a Hamas activist by Israeli forces last year.

Israeli sources said the gunfire came from a passing car carrying at least two men. The rabbi's car drove off the road and flipped over.

Blood stained the muddy ground and seeped from cracks in the front windshield. Six bullet holes pierced windows, and 30 shell casings from an automatic rifle littered the ground.

The victim was Rabbi Ami Olami, 35, the spiritual leader of Otmei, a nearby settlement with about 50 families. He was heading back to Otmei from another Jewish settlement.

A policeman riding with him was

shot in the back of the head, but managed to get out of the car and fire at the attackers, settlers said. He was hospitalized in fair condition.

Seminary students at the scene were led away sobbing. One recited prayers as the rabbi's body lay under a gray blanket nearby.

"May God avenge his blood," Moshe Rabinovich of the Beit Hagai settlement said as he stood next to an ambulance.

Noam Arnon, a spokesman for the Jewish settlement in the nearby city of Hebron, blamed Rabin's peace accord for the attack.

"They are responsible and will be responsible for every dead victim and all that is going on here," Arnon said.

14-year-old boy faces town tired of 6 years of vandalism, arrests

ELLAND, England (AP) — A 14-year-old boy has united a West Yorkshire town against him. After six years of vandalism and theft, he's blamed for causing insurance premiums to soar and some firms to move away.

Since age 8 when he already was notorious for stealing candy, he has been arrested 88 times and convicted of 130 crimes, all within 1 1/2 miles of his home, courts and police say.

"He ought to be hung," Jackie Smith said of the boy, who began stealing from her newspaper at age 7. "I just want to get my hands around his neck and squeeze the life out of him."

Smith's shop suffered \$7,800 in

damage from three break-ins last fall. She has since had to pay for surveillance cameras, mirrors and metal shutters to keep her insurance.

"I would pay for stocks on the precinct (town square) and leave him there with his pants down for a week," said Annette Ford, who had to shell out for more security devices and higher insurance premiums for her florist shop.

The one-boy crime wave rolls on because the courts are unable to lock up one so young. The boy is often ordered to go to a supervised youth center or perform community service.

The teen-ager, who cannot be named under a British law protecting children,

promised last week to go straight.

"I'm nearly 15 and I'm old enough to go to prison," the boy told journalists in Elland, a struggling mill town between the Pennines and the Yorkshire Dales, 175 miles northwest of London.

Asked why he commits crimes, he said, "Nowt (nothing) to do, not much pocket money."

Not even his own parents believe he will improve.

"We've tried, obviously, hitting him, if you like. We tried that, that didn't work, that made him more angry. We tried locking him in his room. We even screwed the windows shut," his father told journalists.

China cracks down on shoddy products

BEIJING (AP) — The markets these days are overflowing with far more products than most Chinese ever dreamed of. They're also booby-trapped with products that not only fail to do what they claim, but are sometimes fatal.

As the economy has grown, quality control has declined.

Zhou Sujun learned that lesson when a soft drink bottle blew up in her face, blinding her in one eye.

The 19-year-old's misfortune is not unusual: official reports say that some 300 people have complained of having

been injured by exploding bottles in the past year. And that's just one of the product problems afflicting the Chinese.

Televisions, water heaters and even oxygen tanks occasionally self-destruct, causing dozens of deaths and injuries. Seeds that don't sprout, poisonous fake medicines and liquors, fake spices and ineffective contraceptives also have infiltrated the markets.

"The sacrifice of quality for speed, violation of standard operating procedures for faster completion of projects and disregard for business ethics for

greater profits are frequent phenomena," complained an editorial in a recent issue of the newspaper Liberation Daily.

One of the side effects of China's industrial boom of the past decade has been a proliferation of tiny factories that don't meet quality standards. Some copy the packaging of brand-name or foreign products.

As part of the country's drive to reform its economy and legal system, laws were enacted last year that prohibit counterfeit and unsafe goods. Violators face fines, jail sentences, sometimes execution.

Monkeys gorge at annual feast

LOPBURI, Thailand (AP) — It wasn't quite monkey see, monkey do in this Thai town Sunday.

Dozens of wild primates gorged on watermelon, peanuts, bananas, cabbage and more during the sixth annual monkey feast. Hundreds more hung back, starting at the thousands of people who turned out to watch them.

The feast is held to pay homage to the monkeys that live in the town's temple. Townspeople hope it brings good fortune.

"The monkeys are like gods. If we

do good things for the monkeys, we will get lucky some day," said Siriporn Sombonying, sales manager of Lopburi Inn, which sponsors the feast.

Well-fed by their human neighbors in this monkey-friendly town about 95 miles from Bangkok, the simian stragglers probably figured they could afford to pass on the feast piled on red tablecloths.

Their more outgoing peers weren't above fighting over boiled eggs and cucumbers. A baby monkey climbed inside a pumpkin to claim it while munching on pineapple pieces.

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Magic Valley

Around the valley

Commission narrows magistrate list to 5

SHOSHONE - The Magistrates Commission for the 5th Judicial District has narrowed its list of potential new magistrates.

The commission, looking to find a replacement for Lincoln County Magistrate Barry Wood, is interviewing just five of the fifteen applicants.

Those applicants are: Stephen Bywater of Butte; Cindy Campbell of Blackfoot; David Day of Boise; David Epis of Bellevue; and John Melanson of Buhl.

The commission plans to interview the five finalists, beginning at 9:45 a.m. on Nov. 29. Those interviews, at the Lincoln County Courthouse in Shoshone, are open to the public.

Mayor urges support of drunk driving prevention month

WENDELL - Because drunk and drugged drivers injure an average of four Idahoans every day and kill one every four days, Mayor Lynn Nelson has signed a proclamation making December Drunk and Drugged Driving Prevention Month.

"I urge all citizens to support the theme 'The responsibility is yours - choose a sober driver,'" says the proclamation signed by Nelson.

The proclamation declares Dec. 16 as "National Lights on for Life Day," and asks motorists to drive with their headlights on to call attention to preventing drunk and drugged driving and to remember victims of the crime.

Council will accept justice applications until Friday

BOISE - The State of Idaho Judicial Council is still accepting applications from would-be supreme court justices.

Stephen Bistline announced his resignation - effective Dec. 1 - and the council is working to select nominees to replace him.

Applications must be received by Friday to: Robert G. Hamlin, Executive Director, Idaho Judicial Council, P.O. Box 16488, Boise, Idaho 83715 or delivered to Hamlin at 3100 S. Vista Ave., Suite 200 in Boise.

The council narrows the field of candidates, but Gov.-elect Phil Batt will make the final selection, after taking office in January. Gem State Supreme Court justices make \$79,188 annually.

Twin Falls appoints 2 new members to planning, zoning

TWIN FALLS - The city has appointed two new members to its planning and zoning commission.

S. Troy Hackmeister and Frank Hegy will begin service on the planning commission in January.

Hackmeister, who runs the Burger King on Blue Lakes Boulevard, will serve a two-year term as an alternate. Hegy, of Hegy's South Hills Vineyard, will serve a three-year term as an alternate member from the city's impact area.

The city also reappointed Ken Stutzman, Vickie Traxler and Stephanie Cunniffe to new three-year terms. Cunniffe also was promoted from an alternate to a full member of the commission.

Transportation board seeks comment on Idaho's future

BOISE - Anybody who wants to comment on transportation in Idaho for the next 20 years has until Dec. 23 to submit remarks.

The 20-year plan was prepared after statewide public hearings. Comment will be included in the final plan to be presented to the Transportation Board in January.

"The plan sets the direction for all types of transportation and considers a variety of alternatives beyond improving Idaho's highway system," said Ray Mickelson, department transportation planning administrator. The plan integrates transportation planning, energy consumption, land use and the different types of (multi-modal) transportation used, he said.

Former BSU educators write about fall of American dream

TWIN FALLS - Two former Idaho residents have written a book on the rise and fall of the American dream.

That book, "It's Tea Time Again," shows how "the great American experiment in liberty" can be restored, according to promotional material.

The book, written by former-Boise State University educators Barry Asmus and Don Billings, may be obtained from: AmeriPress, 3420 East 34th Blvd, Suite 235, Phoenix, Arizona 85028.

Compiled from staff and wire reports

County hopes to open landfill by Dec. 5

By Sean L. McCarthy
Times-News writer

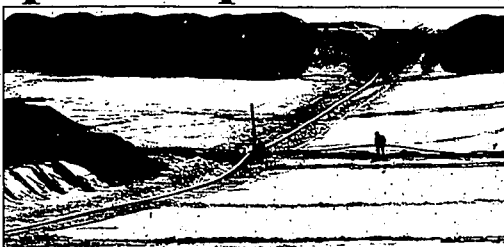
TWIN FALLS - Warm weather Friday instilled county commissioners with renewed hope that the county's new landfill near Hub Butte will be able to open by next week.

The commissioners were to be able to accept trash at the new dump south of Twin Falls on Monday, Dec. 5. Though temperatures reached a high of 48 degrees Friday afternoon, frigid weather has dominated much of last week as well as the weekend. County Commissioner Brent Reinke said the temperature needs to be at least 26 degrees for workers to move sand at the Hub Butte site.

The new landfill is located immediately south of the old main landfill about eight miles south of Twin Falls.

The last-ditch efforts to open the landfill before winter could, if successful, end another chapter in the county's five-year garbage dilemma.

Commissioners have been struggling for the



BUDDY CHARLES MANDINE/The Times News

As work progresses on the Twin Falls landfill, other landfills are beginning to overflow.

past five years to modify its dumps and garbage landfills to comply with stricter federal environmental regulations to protect groundwater.

Since April, all of the county's trash

Solid Waste Director Darrell Heider.

Heider and the commissioners met several times last week to figure out how to accommodate West End residents with a nearby dump site while at the same time, ensuring a steady flow of trash to Hub Butte. The county needs the revenues from gate fees at Hub Butte to pay off the \$4 million in bonds that were issued toward the dump's construction in 1993.

Reinke said Friday that the county will keep a "limited transfer station" open at the Hub Butte dump to accept trash from rural residents living south and west of Buhl.

"We don't want to end up with trash in someone's barrow pit," he said.

The county has found more people dumping their trash on public lands since the landfill's gate fees tripled last year to \$29 per ton.

Reinke said the county wants residents to take their trash to the Hub Butte landfill once it opens.

"Our goal is to have the West End landfill closed by the June 9, (1995) date," he said.

By then, he said, the county hopes to know whether the West End wants or needs a permanent transfer station.

Twin Falls takes 2nd look at rim

By Sean L. McCarthy
Times-News writer

TWIN FALLS - The City Council will take its second crack today at a new zoning law regulating development near the Snake River and Rock Creek canyons.

The council can hold up to three public hearings before voting on a zoning law. Today's hearing begins at 4 p.m. at City Hall. A third hearing, if needed, is scheduled for Monday, Dec. 5.

Mayor Gale Kleinkopf said he would not be surprised if the council decided not to vote on the canyon-rim zoning ordinance tonight. The council often allows ordinances that are broad and sometimes controversial to be publicized for three hearings before being put to a vote, Kleinkopf said.

The canyon-rim ordinance would redefine a canyon-rim setback and apply a new set of zoning regulations to development within 1,000 feet of the rims of the Rock Creek and Snake River canyons.

The city is considering exempting the Old Town area as well as manufacturing zones from the ordinance.

Members of the Old Town Corp., a non-profit group, say the ordinance would place undue restrictions on their attempts to revitalize business in the old warehouse district and south downtown neighborhoods.

Some city officials also have expressed concern about the impact the zoning laws would have on expansion plans of any of the manufacturing plants that line parts of Rock Creek Canyon.

In other business, the council will consider new rates for golfing at the municipal golf course.

The city's golf advisory board has recommended that most season passes remain at the same rates for the 1995 season. Five-day passes for seniors would be discontinued, while season passes for college students and juniors would decrease.

Daily rates, however, would rise \$1 for nine holes and \$3 for 18 holes. Rates for golf carts also would increase to \$150.

The council also will consider a revised development agreement with the owners of the Magic Valley Mall. The revised agreement takes into account the new construction around the mall's perimeter and would allow the Sears building to expand to 93,271 square feet. The existing store is 67,671 square feet in size.

Big game



ANDY ARENDT/The Times-News

Some of the animals bagged by the late Leora Coffey, including a musk ox and a couple of wolves, are back on public display, making up part of a wildlife diorama at the Ice Cave Trading Post on Highway 75 north of Shoshone.

Another roadside attraction: Wildlife reemerges at trading post

By Michael Hoffaber
Times-News correspondent

SHOSHONE - A pair of black-haired Siberian wolves, kept for years in dark confinement, are roaming again on cliffs north of Shoshone.

At the Ice Cave Trading Post, the only roadside business on a 30-mile stretch of state Highway 75, visitors are reporting sightings of mountain goat and musk ox, and even an endangered jaguar.

"We'd like to get more animals that are local to our area, like cougar and Rocky Mountain sheep," said Harbor Stanton, proprietor of the trading post where he and a local artist have created a lifelike wildlife diorama using decades-old, taxidermied (stuffed) animals.

The dozen animals on display were collected by the late Leora Coffey, a big game hunter from California who settled in Shoshone and displayed her kills in a "wild animal museum" along the highway for many years.

Coffey authored a book titled "Wildlife of Alaska Big Game Hunting" and was once

listed in the Guinness Book of World Records as the world's oldest, big game hunter. She was 80 years old at the time she shot the musk ox on display at the trading post.

"They aren't very hard to kill. When I threatened I guess they just stand in a circle protecting their young in the middle," said Stanton. "But still, she was 80 years old and hunting in Alaska."

When Coffey died her son, Bill Coffey of Richfield, acquired her collection and has had it in storage for the past three years. He loaned Stanton and artist Bo Adams the animals for the diorama they wanted to construct.

"Bo and I just started talking about doing this, and the more we talked the more things started to happen," Stanton said.

They used chicken wire and cardboard to form the cliffs along a 10-foot-by-30-foot wall at the east end of the trading post. They wrapped the structure with fabric, painted in skylines and ground vegetation, and arranged the animals in action poses.

A jaguar swats at a pheasant flying just outside its grasp. A coyote howls at the

moon. A weasel rises up on its back legs to scout the terrain.

In three weeks the diorama was complete. It is now open to the public free of charge.

"It turned out better than we thought it would," Stanton said.

In addition to its convenience store and the wildlife exhibit, the trading post also offers a spacious gift shop full of handmade items mostly crafted by Stanton and his wife, Linda - antler chandeliers, log furniture, barn-board picture frames, jewelry. There are shelves of rocks for sale and dozens of Old West collectibles and paintings arranged on the walls.

"We specialize in making things from antlers, like the chandeliers and the jewelry," Stanton explained.

The heavily-bearded entrepreneur also runs "Grizzly's Custom Tanning," a busy tannery of deer and elk hides.

For more information on the wildlife diorama or the Stanton's many enterprises, phone the Ice Cave Trading Post at 886-7123. The store is located 15 miles north of Shoshone on the east side of Highway 75.

County hires civil prosecutor

By Sean L. McCarthy
Times-News writer

TWIN FALLS - The county has done a pretty fair job of operating without a full-time legal advisor, says the attorney hired this month to serve in that role.

Though his corner office is still under construction on the fourth floor of the County Courthouse, As Yewer began work a couple of weeks ago as the county's chief civil deputy prosecutor.

Yewer, 39, had worked for the past 3½ years as a civil attorney for Ada County.

County Prosecutor G. Richard Bevan said Yewer was selected from a field of six applicants. "He'll be given advice to any county agency that needs it," Bevan said.

Before Yewer was hired, any county official - from commissioner to assessor to planning and zoning commissioner - who needed legal advice was lucky to track down one of the overworked county prosecutors. Ordinances were sometimes delayed while the commissioners waited for Bevan or a deputy prosecutor to review the document's legality.

But the commissioners approved a hefty increase in Bevan's 1994-95 budget, and the new money has allowed him to add Yewer to the payroll.

Ada County has seven or eight civil attorneys working at any given time. Yewer is the first attorney hired to be a full-time civil prosecutor for Twin Falls County.

Yewer said he will advise the commissioners on contracts and ordinances and help county agencies tangle with personnel matters and other legal questions "to make sure the 1's are crossed and the 1's are dotted."

He said he needs to let county employees know that they have a resource they can turn to for legal help.

"I'm a general counsel to the corporation," he said.

Yewer's legal first name is Alexander, but he says his parents always called him Ax, and well, the nickname is short and easy to remember.

Yewer is married to Lincoln County Prosecutor Jennifer Brown Yewer, who also works part-time as a criminal prosecutor for Twin Falls County. The couple met in a legal conference about a year ago and married in June.

While they are happy that they no longer have to commute between Boise and Shoshone to see each other, they insist that their carloads won't overlap.

Even if they do have to share an office until workers finish Ax's office.

Former council member wary of drawdown plan

The Associated Press

BOISE - Jay Webb has reservations about the Snake River drawdown plan Gov. Cecil Andrus is pushing as the best way to save endangered salmon.

"I have serious reservations about the track we are on, especially on biological objectives," Webb said. "The biological objectives have to be the touchstone of the process. Those are not in place."

Webb's differences with the governor surfaced this week when he abruptly resigned from the Northwest Power Planning Council. Andrus announced the resignation on Friday and appointed aide Andy Brunelle to serve the final six weeks of Webb's term.

Webb, just elected chairman of the eight-member council, was to serve a term ending in January. Andrus made Brunelle's appointment effective until Jan. 2, when Gov.-elect Phil Batt will succeed Andrus as governor.

Webb, 60, a Boise Republican, served on the Boise City Council before he was named

to the Power Council. The holdover Idaho member is Robert Saxvik, a Burley Democrat, whose term runs into 1996.

By tradition, Idaho has been served by one member of each party on the Power Council, but there is no legal requirement for balance. Batt could appoint two Republicans to fill the jobs if he so desires.

The Power Council, representing Idaho, Oregon, Washington and Montana, is rewriting its plan to save salmon, under an order from the U.S. 9th Circuit Court of Appeals to take more aggressive action.

Webb's resignation came after he told Andrus he could not press to complete amendments to the council's Strategy for Salmon by the end of the year.

The council is studying five options ranging from slight improvements to the current salmon bagging system to immediate drawdowns of four Lower Snake River reservoirs.

Both Andrus and Webb support drawdowns, although not necessarily next spring. Please see DRAWDOWN/B2

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Answers to water questions aren't obvious

SALT LAKE CITY (AP) — The obvious advantages of water conservation perhaps aren't so obvious, after all.

The belief that water bills will go down if everybody conserves may not necessarily be the case. And the environmental advantages of conserving water aren't so easy to pinpoint, as well. Whatever water is saved more often than not is used to slake the thirst of urban growth.

All of which fuels the debate between water experts on how best to spend \$50 million for

water-saving projects recently given to Utah by Congress. That the issue is being debated at all is something new to Utah, where residents use more water than just about anybody else in America.

Still, don't expect to see the water rates plummeting if residents install low-flow showerheads or suddenly fix leaky faucets. Customers probably will end up paying the same amount or even slightly more for less water.

The reason, according to LeRoy W. Hooton Jr., director of public

utilities for Salt Lake City, is that 80 percent of the average water bill pays for "fixed costs" that don't change if a resident uses one gallon of thousands of gallons of water.

Fixed costs include the dams, treatment plants and pipes used to deliver the water.

Meantime, water-conservation measures likely will have few environmental benefits. Most of the saved water will be used to continue urban growth. Unless new policies are adopted, hardly any water will be put back into rivers and wetlands.

Sewer costs overwhelm many East Washington rural towns

SPOKANE (AP) — Tougher sewage regulations intended to protect water supplies are burdening Eastern Washington's rural towns with huge bills, many community leaders say.

Monthly sewer bills in the north-eastern Washington community of Chewelah have doubled in two years to \$15 to pay for a sewer study.

Unless local leaders can persuade the state to lower its standards for the treated sewer water that the towns dump into the Colville River, rates will double again, city administrator Bill Provost says.

Rates could jump to as high as \$144 a month if the town of 1,945 has to build a new sewage treatment plant. The estimate assumes state or federal money will cover half of the \$7.5 million to \$9 million cost of the plant.

"Folks have to be able to live," Provost says. "There are no fish kills. There's no evidence that we're hurting the water."

Chewelah's situation is not unique. Rural residents throughout Eastern Washington rely on a low cost of living to offset poor wages but face big increases in sewer bills. Many such towns have large popula-

tions of elderly residents with little income.

Connie Beacham resigned as mayor of the northeastern Washington town of Metaline rather than oversee an increase in sewer rates from \$6 a month to \$15. Rates are expected to jump again to pay the town's \$125,000 share of a \$625,000 sewer project.

"We only have 80 (sewer) customers, and many of them are senior citizens," Beacham said. "They can't afford it."

State and federal sewer regulations have been tightened repeatedly since federal standards were set in 1972.

New sewer plants are easier on the environment and can support more new development but cost millions of dollars.

Regulators know they are often considered villains but defend their role as environmental watchdogs.

Every outdated or malfunctioning sewer system speeds the decline of streams, lakes, wetlands and ground water, said Ken Merrill of the state Department of Ecology.

"In some cases, it might be overkill," Merrill said. "If you look at it as a policy nationwide, I'd say it's not. I truly

believe everybody ought to be doing what's economically feasible to protect the environment."

Many towns are finding it harder to pay for the improvements. Until the early 1980s, towns could get 90 percent of sewer improvement costs covered by federal and state grants.

Today, most are lucky to get half of their costs covered, said the Ecology Department's Roger Ray. Towns must raise utility rates to pay off loans for the projects.

In Harrington, residents pay \$60 a month for water, sewer and garbage disposal. In three years of saving, the Lincoln County town has saved only \$20,000 for a sewer project that may cost \$2 million.

Many towns facing expensive sewer projects are replacing systems built in the 1940s and 1950s that are crumbling from age and neglect.

The northeastern Washington city of Colville plans to spend \$11.4 million by the turn of the century to replace pipes, build a new treatment plant and complete other work.

Colville's pipes "are cracking, they're breaking up and some of them are collapsing," city administrator Harlan Elissasser said.

Services

Harold Arrington, of Twin Falls, 1 p.m. today, LDS 1st Ward Chapel, 421 Maurice St. N. in Twin Falls. Viewing, 11:45 a.m. to 12:45 p.m. today at the church, (White Mortuary in Twin Falls).

Bernice Aldro Brewerton, of Alton, 1:30 p.m. today, Alton LDS Ward Chapel, Viewing, 4 to 8 p.m. today at the church, (Payne Mortuary in Burley).

Lena Belle Rogers Kail, of Twin Falls, memorial service, 2 p.m. today, White Mortuary in Twin Falls.

Vernal Anderson, of Burley, 11 a.m. Tuesday, McCulloch-Hansen Mortuary Chapel in Burley. Viewing, 6 to 8 p.m. today and one hour before the funeral on Tuesday at the funeral chapel.

Anita Colleen Miller, of Twin Falls, 11 a.m. Tuesday, White Mortuary Chapel in Twin Falls. Viewing, 4 to 8 p.m. today, at the funeral chapel.

Curma Palmer, of Burley, graveside service, 11 a.m. Tuesday, Terrace Lawn Memorial Gardens Cemetery in Boise, (Payne Mortuary in Burley).

Hospitals

MAGIC VALLEY REGIONAL MEDICAL CENTER

Some names are omitted at patient's request.

Admitted

Teri Lesh of Jerome.

Released

Donald Jensen and Medford Roland, both of Twin Falls.

CASSIA MEMORIAL HOSPITAL

Admitted

Noah Wilson of Rupert.

MINDOKA MEMORIAL HOSPITAL

Admitted

Anita Andrade of Rupert.

Released

Cletus Schuch, Jennifer Peibel and Patricia Gibson, all of Rupert.

Births

A daughter was born to Anita Andrade of Rupert.

Death notices

Mildred Robinson

GOODING — Mildred Robinson,

84, of Gooding, died Sunday, Nov. 27,

1994, at the Green Acres Care Center

after a courageous battle with cancer.

Funeral services are pending and

will be announced by Demaray's

Gooding-Chapel.

Edna H. Jakway

TWIN FALLS — Edna H. Jakway,

89, of Twin Falls, died Sunday, Nov.

27, 1994, at Twin Falls Care Center.

Services are pending and will be

announced by White Mortuary, Twin

Falls.

Ellen Phillips

BURLEY — Ellen Phillips, 94, of

Burley, died Sunday, Nov. 27, 1994,

in the Burley Care Center.

Funeral services are pending and

will be announced by McCulloch-

Hansen Funeral Home in Burley.

Obituaries



Albert Nicholas Kratz

KIMBERLY — Albert Nicholas Kratz, 85, of Kimberly and formerly of Ellettsville, died Sunday, Nov. 27, 1994, after suffering a heart attack at his home.

He was born Aug. 22, 1909, at Denver, Colo., the son of Bert and Alice Herbig Kratz. He spent his early years in Winfield, Kan., and graduated from Winfield High School in 1930. He married Marie Estelle Carson on May 30, 1931, in Johnson, Kan., and they had three children, Bonnie Alice, Judith Fay and Dennis Albert.

During World War II, he worked for Boeing in Wichita, Kan., as a machinist. In 1945, he and his family moved to Idaho. Albert started a welding and machine shop in Filer and operated it until his retirement in 1991. For several years, he and his partner, Clifford Kennedy, made and sold Miller Beer Home Flour Mills. He also dried many water

melts in the Oakley area. He accepted Christ as Saviour in 1945 and served Him faithfully. He was a charter member of Grace Baptist Church and served the church in several positions throughout the years. He loved hunting for cutting and polishing rocks. He also enjoyed fishing, boating and camping.

Albert is survived by his wife, Marie, of Kimberly; two daughters, Bonnie Bacon of Kimberly and Judith Rogers of Carleton, Texas; four grandchildren, Beverly Perdue and Debbie Fleming, both of Carrollton, Texas; Rodney Rogers of Shawnee, Okla.; and Linda Williams of Tuckahoe, N.Y.; and eight great-grandchildren. He was preceded in death by his parents and his brother, Jack. His son, Dennis, passed away on Oct. 2, 1994.

Funeral services will be held at 3 p.m. Tuesday, Nov. 29, 1994, at Grace Baptist Church, 798 Eastland Dr. N. in Twin Falls, with the Rev. Myron L. Glatz officiating and assisted by the Rev. Benton Bell. Family and friends may call at Blye Colonial Funeral Home, 2551 Kimberly Rd., Twin Falls, from 12 to 9 p.m. today. Memorials are suggested to the Twin Falls Christian Academy, 798 Eastland Dr. N., Twin Falls, ID 83301.

Acel Maroni Fairchild

BUHL — Acel Maroni Fairchild, 79, of Buhl, died Saturday Nov. 26, 1994, at his home in Melon Valley.

He was born in Melon Valley on June 5, 1915, to Seymour and Melicia Sharp Fairchild. He married Lillian Shappan on Dec. 2, 1932.

He was a member of the LDS Church. He is survived by his wife, Lillian, of Buhl; two sons, Fred L. Fairchild of Aurora, Colo., and Tom V. Fairchild of Buhl; two daughters, Elaine Wilson of Gooding and Linda McClymonds of Buhl; 17 grandchildren and 15 great-grandchildren. He was preceded in death by a brother and a sister.

A graveside service will be held at 2 p.m. Tuesday, Nov. 29, at the West End Cemetery. No viewing is planned. Farmer Funeral Chapel is in charge of arrangements.

Erma R. Simcoe Cook

BUHL — Erma R. Simcoe Cook, 87, of Buhl, died Friday, Nov. 25, 1994, at the Cassia Memorial Hospital in Burley.

She was born May 26, 1907, in Burr Oak, Kan., the daughter of Clarence and Nellie Lane Sheard. She attended school in Kansas and Colorado, graduating from high school in Joes, Colo.; Erma married Marshall Bryan Simcoe in Joes on Aug. 10, 1926. They lived in Joes and Breckenridge, Colo., and Wyoming prior to moving to Buhl in December 1941. Bryan died Nov. 29, 1955.

Erma married Joe S. Cook on Oct. 5, 1960. They enjoyed gardening, fishing and traveling together. She died Oct. 31, 1979. She was a longtime member of the Buhl First Christian Church and the McCollum Club. She worked many years at the J.C. Peasey store in Buhl. Erma is survived by her children, Marshall and Janet Simcoe of Pocatello; Ada Ruth Brown of Heyburn; Doyt and Dixie Simcoe of

Twin Falls; Darrell and Alice Simcoe of Dallas, Ore.; Nancy and Bill Simcoe-Hubbard of Arcata, Calif.; Warren and Pat Cook of St. Francis, Kan.; and Phyllis and Chuck Marsh of Boise; three brothers, Leland and Elizabeth Sheard of Canon City, Colo.; Delmer and Lorita Kimberly of Brawley, Calif.; and Elmer and Dotie Lane of Brighton, Colo.; 22 grandchildren and many great-grandchildren.

The funeral will be held at 11 a.m. Tuesday, Nov. 29, at the First Christian Church in Buhl with Pastor Arthur M. Freund officiating. The family suggests memorials be given to the Buhl First Christian Church Scholarship Fund or to local community quick response units of choice.

Ralph W. Martin

TWIN FALLS — Ralph W. Martin, 75, of Twin Falls, died Friday, Nov. 25, 1994 at Magic Valley Regional Medical Center.

He was born Dec. 21, 1918, in Ottawa, Kan., the son of Archie and Georgia Martin. He moved to Twin Falls from Ottawa, Kan., in April 1919. He attended schools in Twin Falls graduating from Twin Falls High School in 1937. He served in the U.S. Navy during World War II as a medical corpsman. He was a partner with his brothers at the old East Side Market, and was sole owner when it closed in 1970. Mr. Martin was a member of the First Christian Church of Twin Falls.

He is survived by three children, James R. (Susan) Tury of Woodbridge, Va.; Mary J. McLaughlin, Lacy, Wash.; and Carol (Bob) Hodge of Twin Falls; four grandchildren; one brother, Martin F. Martin of Twin Falls; and one sister, Artis Jean Doolittle of Kimberly. He was preceded in death by one brother Lloyd Martin and by his parents.

Funeral services for Ralph W. Martin will be conducted 11 a.m. Wednesday, Nov. 30, 1994, at White Mortuary, Twin Falls with the Rev. Rick Bender officiating. Cremation will follow at White Crematory, with inurnment at a later time in Sunset Memorial Park. Friends may call at White Mortuary, Twin Falls Tuesday from 4 to 8 p.m. The family suggests memorials to the First Christian Church, 601 Shoshone St. N., Twin Falls, or to a charity of donor's choice.

This week at CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

TODAY

Student Senate meets at 3:15 p.m. in student conference room of Taylor Building.

TUESDAY

Alcohol and Drug Awareness Program meets at 1 p.m. in Desert 112.

Military testing will be held at 6 p.m. in Shields 201.

Magic Mud Invitational opening reception will be held from 7 to 9 p.m. at Herrett Museum.

WEDNESDAY

"The Nutcracker" ballet will be held at 4 p.m. and 7:30 p.m. in Fine Arts Auditorium.

Swing band rehearsal will be held at 7:30 p.m. in Fine Arts 121.

THURSDAY

Men's Basketball Arctic Circle games at 6 and 8 p.m. in the gymnasium.

FRIDAY

Men's Basketball continues with games at 6 and 8 p.m. in the gymnasium.

SATURDAY

Boy Scouts winter camp training meets at 7 a.m. in Shields 204.

Scholastic Aptitude Tests will be held at 8 a.m. in Shields 101.

Idaho Personal testing will be held at 8 a.m. in Shields 204.

Military testing will be held at 10 a.m. in Shields 204.

Men's Basketball continues with games at 6 and 8 p.m. in the gymnasium.

Magic Valley Choral Concert will be held at 8 p.m. in the Fine Arts auditorium.

SUNDAY

Magic Valley Choral Concert will be held at 3 p.m. in the Fine Arts auditorium.

On the agenda

Following is a list of governmental meetings that are scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

TODAY

Blaine County commissioners, 9 a.m., courthouse.

Cassia County commissioners, 9 a.m., courthouse.

Jerome County commissioners, 9 a.m., courthouse.

Lincoln County commissioners, 10 a.m., courthouse.

Minidoka County commissioners, 10 a.m., courthouse.

Twin Falls County commissioners, 8:30 a.m., courthouse.

TUESDAY

Buhl School Board, 7 p.m., superintendent's office downtown.

Minidoka County Democratic Party, 8 p.m., courthouse.

Shoshone City Planning and Zoning Committee, 7:30 p.m., City Hall.

Twin Falls County Commissioners, 8:30 a.m., courthouse.

WEDNESDAY

Cassia County Memorial Hospital Board, 5 p.m., hospital auditorium.

Twin Falls County Commissioners, 8:30 a.m., courthouse.

THURSDAY

Gleams Ferry City Council, 7:30 p.m., City Hall.

Twin Falls County Commissioners, 8:30 a.m., courthouse.

FRIDAY

Twin Falls County Commissioners, 8:30 a.m., courthouse.

Housing drives up cost of living in Salt Lake City

SALT LAKE CITY (AP) — High housing costs are driving up the cost of living in Salt Lake City, making it the most expensive place to live on the Wasatch Front, according to Weber State University economists.

WSU's Center for Business and Economic Training and Research has published its "Price Watch," which shows that homes and rental units in Salt Lake City cost on average 14 percent more than other Wasatch Front communities.

Provo, meantime, is the least expensive place to live. The Price Watch says that's due mostly to low medical costs — just 63 percent of the Wasatch Front average.

Provo also has the cheapest housing costs at 83 percent of average and the lowest apparel and upkeep costs at 96 percent, while Davis County food prices are the least expensive at 94 percent of average.

Ogden is lowest in two categories — transportation at 95 percent of average and recreation at 97 percent.

The report also said the Wasatch Front inflation rate from the first quarter of 1993 to the first quarter of 1994 was highest in Davis County at 6.18 percent.

Salt Lake City was a close second at 6.15 percent, followed by Ogden at 5.99 percent and Provo at 3.86 percent.

The report says the national inflation rate of only 3 percent for the same period. The dramatic rise in the cost of living is attributed to the increased cost in apparel, food and housing in Salt Lake City and Davis counties. Provo remains relatively immune to this high housing increase, according to the report.

Drawdown

Continued from A1

Webb objects to the council's lack of biological objectives — such as a goal for returning salmon — and the pace of its decision-making.

Andrus said it is critical to get the amendments in place by the end of the year before changes in the council make it harder to reach any agreement next year.

Batt, who opposes drawdowns, is expected to replace both of Idaho's council members and changes are expected in Oregon and Washington, which have Democratic governors.

But Montana's council members support delaying the amendments until next year, so all other six votes are needed to get the plan approved quickly. Andrus said if they can't agree, "the salmon are done."

"I couldn't tell him he could rely on me to hard-line this issue," Webb said.

DR. RONALD S. CORBIN, Chiropractor

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Family Connections

Idaho/West

Batt firm on tax relief proposal

BOISE (AP) — The man in charge of writing next year's state budget for Gov.-elect Phil Batt is committed to giving homeowners property tax relief.

But it will not come out of the state's \$80 million surplus. That is one-time money, says former state Sen. Dean Van Engelen, Batt's budget director.

Van Engelen said he and Batt remain committed to at least \$40 million in tax relief — which will come out of agency requests for the next budget year.

He said he does not know what will get cut. But with an anticipated budget of roughly \$1.4 billion, up from \$1.26 billion this year, "we can still get it out of budget growth," Van Engelen said.

This spring, the Republican-led Legislature passed a larger tax cut that would have trimmed more than \$120 million after two years.

House Speaker Mike Simpson pushed it. Batt has said repeatedly he would have signed the bill, which Gov. Cecil Andrus vetoed. But Van Engelen said, "my own personal opinion is we would have had a tough time living with it."

Population and economic growth drive the state's budget increase — but also increase the demand for state services and public education.

Van Engelen, 65, served in the state Senate from 1977-1982. He served on the key budget-writing panel, and became known for carefully reviewing spending proposals ahead of time — and for thrift.

During his legislative years, he ran his own department store in Burley, Van Engelen's.

He later worked as an auditor for the federal government for five years in Los Angeles and three in Germany for the Department of Defense.

Now retired and living in Eagle, he says he worked only slightly for candidate Batt.

Batt asked him to join his transition team, and later run the budget operation because of Van Engelen's experience with the state's finances.

Van Engelen says he will stay at least through the end of the legislative session.

A number of policy changes could affect the budget for the 1996 fiscal year. The most drastic change: juvenile justice could shift out of the Department of Health and Welfare. So could the Division of Environmental Quality.

He won't commit to giving 50 percent of the general fund to public schools, a number that educators cite as the state's long-time goal. Batt has already rejected a \$713 million education budget plan — roughly half of Van Engelen's expected budget.



Police officers in Nampa look over a garage where police shot and wounded an armed man early Friday evening. The man was arrested on charges of killing a man in the living room.

Man lay dying while 2nd man kept emergency personnel away

BOISE (AP) — Shot three times in the stomach and once in the back, Jaime Schuller staggered across the living room and lay dying.

For the next 40 minutes on Friday evening, Sandra Baker, her 6-year-old son, Jonathan Jr., and two other people watched Schuller, 22, die in Baker's Nampa home. She took his pulse and updated the emergency personnel on the phone. Schuller stopped groaning, became pale and grew cold.

"He laid here and died on my floor. Forty minutes later the paramedics got here and Shag (Schuller) was dead," said Baker, 40.

Baker's ex-husband held police at bay with a pistol in front of the garage, keeping paramedics from

entering. Jonathan Trujillo allegedly pointed his .25 caliber semi-automatic pistol at a Nampa officer, who then shot and wounded Trujillo, 25.

Trujillo was charged with first-degree murder Saturday in connection with the shooting of Schuller. Nampa Police Lt. Alan Creech said Trujillo was in serious condition Saturday night at Mercy Medical Center in Nampa.

The Nampa Police Department said further information will be provided on Monday.

Baker said police were called three times from her home. Baker called immediately after the shooting, but before she could give her address, Trujillo hung up the phone and began reloading. They struggled

for control of the gun in front of their son.

Several minutes later, two acquaintances came to the house, and one called police.

Baker said she talked Trujillo into waiting in the garage. Everybody stayed in the house until the standoff ended.

Baker called police a third time, and they said officers were on their way. Nampa Police Chief Marshal Brislin said Nampa does not have an "enhanced 911 system," which would allow dispatchers to see the address of a caller.

Baker said for the past month Trujillo talked about how he wanted to die, and how he wanted police to shoot him to death.

New process for registering on voting day draws big crowd among Idahoans

The Associated Press

More than 31,000 voters took advantage of Idaho's new law allowing them to register at the polls and vote Election Day.

The official abstract of votes showed 31,704 people signed up to vote election day, out of 419,300 who cast ballots, a turnout of just over 67 percent of the registered voters.

Turnout Nov. 8 was highest in growth areas and college towns. And while both parties courted new voters, it doesn't appear that had an impact on the huge Republican victory. "Frankly, the numbers are a little higher than I would think they would be," said Ben Ysursa, chief deputy secretary of state and election administrator.

Under prodding from the federal government, the Legislature this year allowed Election Day registration. Previously, voters couldn't register within 10 days of an election.

Democrats used telephone hook-up records to identify about 33,000 people in southern Idaho who had not registered to vote, particularly in Ada, Canyon and Bannock counties.

Republicans used the same process to find that number into their massive get-out-the-vote campaign.

It's unknown whether that had an impact, but the number of new voters who registered at the polls was dramatic in some places.

In Ada County, 12,425 voters signed up at the polls, nearly 13 percent of the 146,661 votes cast in the count. In Canyon County, 2,424 reg-

istered Election Day and in Bannock, it was 1,664. Kootenai County registered 1,438 voters.

In small counties, the Election Day registration was lower. It was under 4 percent in Lemhi and 3.5 percent in Blaine.

Both sides believe those voters mirrored the preferences of people who registered early.

"Statewide I predicted and I still think it's true that the same-day registrants broke percentage-wise just about the same," said state Democratic Chairman Bill Mauk of Boise.

Randy Smith, state GOP chairman, said part of his party's big get-out-the-vote effort was reaching unregistered voters.

"I don't think (late registration) altered the results," Smith said.

Utah wilderness groups fight it out over natural areas

SALT LAKE CITY (AP) — Utah environmentalists are far from being one big, happy family.

Consider the discord between Utah's oldest and youngest wilderness groups. The 15-year-old Utah Wilderness Association and the feisty 10-year-old Southern Utah Wilderness Alliance have few good things to say about one another.

It's a rancor, however, that neither side likes to talk about. In the past, environmentalists preferred to appear as a united front in their cause.

But no longer. The rift between UWA and SUWA has gone public.

"I'm sick about it, that it has taken this most recent turn," said UWA coordinator Dick Carter.

That turn was sparked by comments Carter made in the October issue of Catalyst magazine, which explored the wilderness debate. He was quoted as criticizing some unspecified environmentalist groups for taking a "bullying" approach to protecting land.

While his group wasn't named, SUWA director Mike Matz took offense and wrote a pointed letter to Carter.

"We have enough detractors that we don't need to be jumping on each other and making our jobs even more difficult," Matz wrote in his first communication with Carter since taking over as SUWA director a year ago.

Matz said he was troubled that Carter would publicly criticize SUWA, noting, "I understand there has been bad blood between your group and ours in the past and I know that this organization has eclipsed yours in prominence in this state."

UWA was at the forefront of the wilderness

debates in the early 1980s when Congress was deciding how much U.S. Forest Service land should be set aside as wilderness.

But after passage of the 1984 Utah Wilderness Act, which resulted in less than 800,000 acres of wilderness, many environmentalists became disillusioned with the Utah Wilderness Association, saying the group didn't push for enough acreage.

SUWA was born, founded by Clive Kincaid, who didn't like the Utah Wilderness Act, said George Nickas, assistant coordinator for the Utah Wilderness Association.

Yellowstone plans new campsites

YELLOWSTONE NATIONAL PARK, Wyo. (AP) — Officials have released plans for three campground additions to replace 310 campsites eliminated from the Fishing Bridge area in Yellowstone National Park.

The campground was removed from Fishing Bridge in 1989 to reduce human conflicts with grizzly bears that roam the area near Yellowstone Lake.

The decision called for replacing the sites elsewhere if 95 percent capacity was reached at the remaining 12 park campgrounds

during the peak summer season for three out of five years. Occupancy totaled 95 percent in 1989 and 99 percent each year from 1990 through 1994. The National Park Service presented a draft environmental impact statement last week on campsite replacement efforts. Public comments will be taken for 60 days.

The preferred alternative would relocate 175 campsites adjacent to the existing Norris campground, 100 sites within the Canyon campground area and 35 sites at the Grant Village campground.

Several other alternatives were proposed, but the draft plan said the preferred one adds to areas frequently used by tourists and not usually visited by bears.

The proposal also would redistribute campsites more evenly through Yellowstone, although there "would still be twice as many campsites in close proximity to the east entrance as any other entrance," the draft said. Tourist interests in Cody had worried about the economic impact to their gateway community because of the removal of Fishing Bridge sites.

Tribe pushes ahead with lottery plan

COEUR D'ALENE (AP) — The Coeur d'Alene Tribe's push to host a first-ever national lottery appears on track.

An Indian gaming official on Friday said the tribe's proposed gaming contract is being "actively considered" and could be endorsed as early as next month.

If allowed, the game would be available in 32 states which allow lotteries. Players would purchase tickets with a credit card using a toll-free number.

The game could mean millions for the tribe.

Michael Cox, general legal counsel for the National Indian Gaming Commission, said the Coeur d'Alene are working closely with the agency to win approval of the management contract which details game rules.

"I think we're heading in the direction to get the contract approved," Cox said.

The Indian Gaming Commission, formed in 1993, inspects proposed gaming activities to assure they comply with federal law.

State seeks federal funds for wolves

CHEYENNE, Wyo. (AP) — The state of Wyoming is applying for federal funds to cover its initial participation in management of wolves returned to Yellowstone National Park.

The Wyoming Game and Fish Department will help manage the wolves under a federally approved plan. The U.S. Fish and Wildlife Service is in charge of the plan to release wolves to Yellowstone and central Idaho. The program is

aimed at rebuilding the population of the endangered animal.

The affected states — Montana, Wyoming and Idaho — will be able to help manage the wolves once the federal government approves their proposed management plans.

The money sought by Wyoming Game and Fish would pay for staffers to monitor wolves outside the park in Wyoming and work with private landowners.

"We expect the feds will provide as much as that money," said Deputy Game and Fish Director John Talbott.

State officials opted to get involved with the program because they have worked with landowners for many years, Talbott said.

"I think our sense is it's better for us to do this than someone else," he added. "We are better equipped to alleviate the problems than other agencies involved."

Theft suspect had prison term

BOISE (AP) — A woman charged with stealing \$25,000 from Boise State University had several aliases, a theft conviction and a prison term on her record.

Boise State officials said they knew Lynda Howard had spent time in prison, but were unaware she took about \$6,000 from an Idaho Falls business.

Howard was charged Nov. 7 with grand theft for allegedly funneling money from the physical education department. In July, an internal audit uncovered accounting discrepancies. The FBI also examined school finances.

Howard faces a Dec. 20 preliminary hearing and is free on \$20,000 bond.

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fame)
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—Cornerback Deion Sanders of the San Francisco 49ers, when asked where he'll play next year

Briefly

Grizzlies win spot in volleyball playoffs

MISSOULA, Mont. — Montana has received an at-large berth in the NCAA Division I women's volleyball tournament and will host Arkansas State in a first-round match on Wednesday, UM officials announced Sunday.

Montana and Idaho finished the regular season tied for the Big Sky Conference crown with 13-1 records, and Idaho then beat the Lady Griz in the championship match of the conference tournament.

Montana has a 24-5 record heading into Wednesday's match. Arkansas State, which was the Sun Belt Conference champion, has a 26-6 record.

International track group reinstates banned hurdler

BARCELONA, Spain — Hurdler Danny Harris, who has served nearly three years of a four-year ban for cocaine use, was reinstated Sunday by track and field's international governing body.

Harris was reinstated under the "exceptional circumstances" rule in a unanimous vote at a council meeting of the International Amateur Athletic Federation. It was the first time the rule was used by the council.

The council ruled Harris has fully rehabilitated himself, and the reinstatement is effective immediately.

"It is true that we are very serious and very hard on those who commit doping offenses, but in some cases, and this is one of them, we must also show that we are human," said IAAF president Primo Nebiolo, who intervened to get Harris' case put before the Council.

Harris, who ended Edwin Moses' 122-race winning streak in 1987 and won an Olympic silver medal in 1984, tested positive for cocaine in February 1992 and was suspended for four years.

USA Track & Field, convinced Harris was reformed, reinstated him in March. Harris competed in five events before the IAAF reimposed the ban, saying it alone had the authority to lift it.

China's dominance of Asian Games in question after tests

TOKYO — Some Chinese athletes tested positive for using banned substances in last month's Asian Games, the Kyodo News Service reported Sunday.

Kyodo said games officials did not identify the athletes, their sports, divulge the number who tested positive or identify the banned substances.

Officials of the games' organizing committee, the Japan Olympic Committee, the Japanese swimming federation and the testing laboratory could not be reached for comment Sunday, when offices were closed.

Compiled from wire reports.

Sportslate

Today

College men's basketball:
Villanova-Green Bay at Idaho State

Prep girls' basketball:
Oakdale at Filer, 6 p.m.

Sports on TV

7:30 p.m. — College golf, NFL, football, San Francisco at New Orleans



New York Jets quarterback Boomer Esiason fumbles the ball while he's tackled by Miami Dolphins defensive tackle Tim Bowens during the fourth quarter of Sunday's AFC East matchup in East Rutherford, N.J.

Marino, Dolphins overhaul Jets for AFC East lead

The Associated Press

EAST RUTHERFORD, N.J. — Dan Marino drove a spike into the hearts of the New York Jets by not spiking the ball.

Miami's super quarterback came up with plenty of magic in the second half Sunday, particularly on a faked spike from the Jets 8 with 22 seconds left. Instead of spiking the ball, Marino threw to Mark Ingram for the winning touchdown, Ingram's fourth of the day in a 28-24 victory.

"Credit Bernie with coming up with that play," Marino said of backup Bernie Kosar, who used the gambit in Cleveland.

"It's a play we used when I was younger," Kosar said. "I called it on the headset before the play. We put it in the playbook a few weeks ago and we've been tinkering with it."

The Dolphins' tinkering helped them take a two-game lead in the AFC East as they rallied from 17-0 and 24-6 deficits. Marino completed 24 of 39 passes in the second half, the last one completely fooling the Jets (8-8).

"It's just a clock play," Marino said.



Miami's Dan Marino was 33 of 44 for 359 yards in Sunday's game.

"We've talked about it, it just never came up. I called the play to throw it into the ground. Mark's the only guy who has got to know what I'm really doing."

Cornerback Aaron Glenn, who was beaten by Ingram for two touchdowns as was teammate James Hasty — certainly

Please see DOLPHINS/B6

Pre-season picks hit ugly month

The Associated Press

Pro football

On the way to the NFL playoffs, Kansas City, Minnesota and Philadelphia forgot to win in November. And the results could be costly when it comes time to figure out division champions and wild cards.

On Sunday, the Chiefs, Vikings and Eagles all lost again, giving the trio a combined 1-8 record the past three weeks. And here's a twist: they all got beat by field goals indoors.

At the Kingdome, John Kasay kicked a 32-yard field goal with 1:42 left to lift Seattle to a 10-9 victory over the Chiefs (7-5), who lost Joe Montana to a sprained left foot in the third quarter. The loss put Kansas City two games behind first-place San Diego in the AFC West. Montana's status is unknown.

"I can't tell you anything at this time," said coach Marty Schottenheimer, as concerned about Montana as he is a lost November.

At the Metrodome, the Vikings (7-5) lost their third straight when Eric Gulliford, botched a punt, Tam-

pa Bay recovered and Michael Husted kicked a 22-yard field goal 2:08 into OT for a 20-17 win.

The Vikings trail Chicago by a game in the NFC Central, and the teams meet Thursday night at Minneapolis.

"If we want to get anywhere, we better bounce back," said Minnesota receiver Qadry Ismail. "If we want to feel sorry for ourselves, the Bears will have a feast."

At the Georgia Dome, the Eagles (7-5) lost their third straight despite two TDs by Herschel Walker, one a 91-yarder. Left George threw for 364 yards and two TDs to Terance Mathis in Atlanta's 28-21 victory.

"It's been a very tough three weeks," said Eagles coach Rich Kotite. "We're still in it and I hope we can pull out of it. We're all very frustrated at this point."

Seahawks 10, Chiefs 9

After Joe Montana left the field

Please see FOOTBALL/B6



Pittsburgh safety Darren Perry recovers a Raider fumble Sunday in Los Angeles.

B.C. Lions keep Grey Cup in Canada

The Associated Press

VANCOUVER, British Columbia — Lui Passaglia kicked a 38-yard field goal on the last play of the Grey Cup on Sunday, giving the B.C. Lions a 26-23 victory over Baltimore for the CFL championship.

Concluding a brilliant 19-year career in the CFL, Passaglia's stoned for missing a 37-yard field goal a minute earlier, and the

Lions had their first Grey Cup title in nine years.

Baltimore, an expansion team playing with all U.S. players, made a critical error in the fourth quarter when quarterback Tracy Ham fumbled at the B.C. 1-yard line and Tony Collier recovered for the Lions.

The victory means the Grey Cup stays in Canada. Baltimore was the first American team to reach the championship game. The Lions are the first team to win the champi-

onship at home since Montreal in 1977.

B.C. used the strong running of Cory Philpot and Sean Millington in a second-half comeback, erasing a seven-point half-time deficit before a raucous crowd of 55,097 at B.C. Place. Passaglia, 40, is the career leading scorer in the CFL and the Vancouver-born kicker likely will retire after the Lions earned their second Grey Cup championship since he joined the team from Simon Fraser University in 1976.

Florida teams head for Sugar?

The Associated Press

After playing to a draw Saturday, Florida and Florida State could be headed for a rematch in the Sugar Bowl.

If the Gators beat Alabama in the Southeastern Conference championship game, they might meet the Seminoles again Jan. 2 in New Orleans. On Sunday, both schools and the Sugar Bowl said they wouldn't object to a rematch of the 31-31 tie in Tallahassee.

"We would like to play in the Sugar Bowl against Alabama or Florida," said Wayne Hogan, Florida State's interim athletic director. "If they invite us, we would go."

Florida athletic director Jeremy Foley said the Gators would be willing to play any opponent selected by the Sugar Bowl.

'There's obviously momentum building for a possible rematch.'

— Troy Mathieu, Sugar Bowl official

It's their call," he said. "If we're fortunate enough to beat Alabama and go to the Sugar Bowl, we'll be happy to play any team the Sugar Bowl wants."

Troy Mathieu, the Sugar Bowl's executive director, said his board of directors will meet this week to pick the opponent for the SEC champion.

If No. 3 Alabama beats No. 6 Florida on Saturday, the Crimson-Tide would definitely play No. 7 Florida State in the Sugar Bowl.

But what if Florida beats Alabama? "There's obviously momentum building for a possible rematch," Mathieu said. "Normally, you like to avoid rematches. But because they tied, we think there would be a lot of interest in seeing them play again."

It wouldn't be the first same-season rematch in a major bowl. After beating Oklahoma 17-14 on Nov. 11, 1978, Nebraska played the Sooners again in the Orange Bowl. The Cornhuskers lost the rematch, 31-24.

Of course, there won't be any chance of a rematch this year unless Florida wins the SEC title game.

"We've got a huge game to play before we even think about playing in the Sugar Bowl," Foley said.

Gators coach Steve Spurrier said he wouldn't oppose a rematch with Florida State, but emphasized that his current focus is on Alabama.

"The biggest game this week is Alabama," Spurrier said. "If we don't win, we don't have to worry about (the rematch) anyway. Our biggest goal is to win the conference championship, and we're in

Please see BOWLS/B6

Top college teams remain unchanged

The Associated Press

Nebraska, Penn State and Alabama remained 1-2-3 in The Associated Press college football poll Sunday, while Miami jumped from fifth to fourth.

Nebraska, which beat Oklahoma 13-3 Friday to clinch an Orange Bowl berth, held the top spot for the fifth straight week. The Cornhuskers (12-0) received 38 first-place votes and 1,523 points from a nationwide media panel.

Penn State (11-0) got 23 firsts and 1,509 points after defeating Michigan State 59-31 Saturday. The Nittany Lions will play Oregon in the Rose Bowl.

Alabama (11-0), which had the week-end off, received one first-place vote and 1,426 points. The Crimson Tide plays No. 6 Florida in the Southeastern Conference championship game Saturday. With the winner going to the Sugar Bowl and the loser to the Citrus Bowl.

Nebraska, Penn State and Alabama also were the top three teams in the USA Today-CNN coaches' poll.

Miami (10-1), expected to play Nebraska in the Orange Bowl, rose one spot in the AP poll after beating Boston College 23-7. Colorado (10-0), which is going to the Fiesta Bowl, moved up one notch to No. 5 after an off week.

Florida (9-1-1) dropped two places following a 31-31 tie with Florida State, which remained No. 7. The Seminoles appear to be headed to the Sugar Bowl, where they would play the SEC champion.

• Rounding out the Top 10 were Texas A&M (10-0-1), Auburn (9-1-1) and Colorado State (10-1). Auburn A&M and Auburn can't go to a bowl because they're on probation. Colorado State will play Michigan in the Holiday Bowl.

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The Times-News

Olympic medalist Schneider rallies to grab women's slalom

PARK CITY, Utah (AP) — Vreni Schneider celebrated her 30th birthday — a day late.

Schneider, the master of the second-run comeback, rallied to earn her 52nd World Cup victory, in a women's slalom Sunday.

It came one day after she placed third in a giant slalom.

Schneider was fifth after the slalom's first run, but had the fastest second run of 48.27 seconds to finish with an overall time of 1:39.95.

"I would love to be first after the first run, but very often I have to make up time on the second run," said Schneider, a five-time Olympic medalist. "Today after the first run I was thinking I'm over 30 and the youngsters are too fast for me. But I was able to catch them."

Martina Acosta of Switzerland was second at 1:40.58 and Kristina Anderson of Sweden was third at 1:40.61.

Sweden's Pernilla Wiberg, who

led after the first run, slipped near the bottom of the second run and finished fourth at 1:40.70.

Schneider, 10 victories behind Annemarie Moser-Proell's career record of 62, won \$38,000 during the week.

"... very often I have to make up time on the second run,"

— Vreni Schneider

end. The reigning World Cup overall champion also is back at her accustomed place atop the women's standings after the first two races of the season. "It's one victory less than I Annemarie," she said. "But it's still far away."

After rallying to take third in Saturday's giant slalom, Schneider blew out the candles on a birthday cake. But she vowed not to celebrate, saying she had to prepare for Sunday's race. And she did not expect to party much Sunday.

Sweden's Pernilla Wiberg, who

"Yesterday I had to go to bed early," she said. "Today I will have time, but I think I'm too tired."

Schneider took over first place with a nearly flawless second run, losing her balance for just a moment near the finish line. She then watched as Andersson, Patricia Chauvet of France, Accola and Wiberg — all with better first-run times — tried to better her overall finish.

When Wiberg's time flashed on the scoreboard and Schneider realized she had won, she cheered her face with her hands and began getting hugs from teammates and opponents.

Only 31 of the 65 racers completed the first run on the icy course through 63 gates. There were 59 gates on the second run.

The top American finisher Sunday was Heidi Voelker of Park City, who placed 27th. She was the only member of the U.S. team to qualify for the second run in either of the week-end races.



Photographers scramble out of the way of skier Kristina Koznick of Burnsville, Minn., as she crashes during her first run of the World Cup Slalom Sunday at Park City, Utah. No one was injured.

Arkansas atones for loss in smashing Georgetown

MEMPHIS, Tenn. (AP) — The defending national champions are alive and well.

Less than 48 hours after opening the season with a 24-point loss, top-ranked Arkansas looked like the team that won it all last year. The Razorbacks beat No. 14 Georgetown 97-79 Sunday in the inaugural Martin Luther King Classic.

"We looked at this game as a test of our manhood," Arkansas forward Corliss Williamson said. "There was no sulking or a chance for

pointing fingers after losing to UMass."

The Razorbacks (1-1) were the first national champions to return five starters since UCLA in 1967. But that wasn't evident in their performance in a 104-80 loss Friday night to No. 3 Massachusetts.

As badly as they were beaten by the Minutemen, they beat the Hoyas (0-1). At halftime it was 54-39, and the lead was 95-63 with 6:13 to play. Arkansas controlled the boards and forced turnovers by the bunch just like last season,

when the Razorbacks went 31-3 to win their first national title.

"That's what happens when you play a wounded bear," Georgetown coach John Thompson said.

Williamson, who appeared out of synch against Massachusetts, looked like the player who was MVP of the Final Four. He finished with 22 points, 16 rebounds and six assists. "Maybe we needed to get slapped in the face they way UMass did to us," Williamson said.

Lobo, Connecticut rout Rhode Island

STORRS, Conn. (AP) — Rebecca Lobo had 21 points and 12 rebounds in leading No. 3 Connecticut to a 92-59 victory over Rhode Island Sunday in the Hartford Courant Connecticut Classic Tournament.

Lobo earned tournament MVP honors for the third consecutive year. She added seven assists and five blocked shots.

Connecticut (2-0), which won its fifth straight tournament title, shot 53 percent from the floor and held the Rams to 29 percent shooting.

With the game tied 28-28 and 6:43 remaining in the first half, the Huskies held the Rams scoreless in the remainder of the period and scored 14 points to lead 42-28.

Connecticut (2-0), which won its fifth straight tournament title, shot 53 percent from the floor and held the Rams to 29 percent shooting.

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Women's college basketball

beat Tennessee Tech 75-54 Sunday to finish the Rainbow Wahine Classic with a 2-1 record.

In taking fifth place in the tournament, the Cavaliers dominated the Golden Eagles (1-2).

Amy Lufstedt came off the bench to score 17 points and Tonia Süber and Jenny Boucek each contributed 16 points as the Cavaliers used a trapping defense to force 19 turnovers and hold the Golden Eagles to 35 percent shooting.

Penn State 100, Rutgers 58

STATE COLLEGE, Pa. — Angie Potthoff resumed her career and even picked it up a notch after a year's hiatus to rebound from a shoulder injury.

Potthoff came off the bench Sunday to score a career-high 17 points as No. 10 Penn State defeated Rutgers 100-58 Sunday in the Lady Lions opener.

Potthoff also had a career-high nine rebounds as she played for the first time since the 1992-93 season.

All five Penn State starters reached double figures. Carla Coleman scored 12 points, Missy Masley 13, Katrina Mack 12 and Kim Calhoun 11 and Tina Nicholson 11.

Alicia Sheeler led Rutgers (0-2) with 13 points.

Nashville 94, St. Illinois 45

NASHVILLE, Tenn. — Sheri Sam scored 20 points Sunday to lead No. 12 Vanderbilt in a 94-45 rout of Southern Illinois.

The Commodores (4-1) broke to a 19-0 lead en route to 19 points before Nikki Gilmore scored a basket for Southern Illinois. Vanderbilt's shooters were practically uncontested by the Salukis, who opened their season.

The Commodores led 44-21 at the half. With 17:41 left in the game, frustration set in for the Salukis as Christi Jefferson received a technical foul for slamming the ball after being called for walking.

All Vanderbilt players scored in the game. Carl Hassell led Southern Illinois with 12 points.

Golden State rally falls short in loss in Pistons

AUBURN HILLS, Mich. (AP) — The tired, banged-up Golden State Warriors could only mount one run at the Detroit Pistons Sunday night. It was hope, but it wasn't enough.

After scoring just 35 points in the first half and falling behind by 21 points midway through the third quarter, the Warriors started hitting 3-pointers, sinking a team-record seven in the period.

Golden State took a 78-74 lead at the end of the third quarter, but only scored three points in the final 17 minutes and lost 91-101, finishing their week-long road trip at 0-4.

"We just didn't have anything left for the fourth quarter," Warriors coach Don Nelson said. "I kept asking them in the huddle if they were OK, but they are so competitive that they wouldn't admit they were tired."

The Pistons led 49-35 at the half and extended their margin to as many as 21, when Mark West scored 21 points in the first five minutes of the third.

But the Warriors closed the quarter with a 31-8 run to go ahead 78-74. Tom Gugliotta and Tim Hardaway each had nine points in the run, and the Warriors hit a team-record seven 3-pointers in the period.

After shooting just 36 percent in the first half, Golden State hit 69 percent in the third quarter.

The streak ended as quickly as it started, however, as the Warriors missed 7 of 10 free throws in the first 5:30 of the fourth and fell behind 88-83.

John Elway Jr. scored 25 points for the Pistons, who took a 91-83 lead with 1:12 left.

Golden State's last lead was 88-83 with 1:12 left.

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Scores and stats

Football

NFL standings

AMERICAN CONFERENCE

AFC EAST

AFC NORTH

AFC SOUTH

AFC WEST

NATIONAL FOOTBALL LEAGUE

NFL STANDINGS

NFL STANDINGS

NFL STANDINGS

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Basketball

NBA standings

EASTERN CONFERENCE

ATLANTIC DIVISION

PACIFIC DIVISION

CENTRAL DIVISION

WESTERN CONFERENCE

NORTHWEST DIVISION

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NFL STANDINGS

Final putt gets Watson out of hole

Los Angeles Times

PALM DESERT, Calif. — Tom Watson has a great sense of timing, which is nothing short of a good thing in the Skins Game.

It's a simple concept. If you're going to make one putt, you might as well be sure it's the one that is going to make you rich.

This Watsonian-principal was worth \$160,000 to the 45-year-old redhead, who coaxed a right-left downhill-putt of about 20 feet to drop on the first playoff hole to win the Skins Game on Sunday at Bighorn Golf Club.

Watson added the \$160,000 to the \$50,000 he won Saturday on the front nine and finished with \$210,000 to notch a victory by a small margin — the width of his wallet.

Fred Couples was second with \$170,000, all of it earned on one hole. Couples added the four-foot hole in the hole at No. 14 for a birdie that was worth five skins, four of them carried over.

"I kind of shook it in," Couples said of his putt.

With a shake, a rattle and a roll, Watson, Couples, Paul Azinger and Payne Stewart spent most of the morning pushing golf balls around the greens.

As a whole, they couldn't buy a putt. They couldn't even rent one. There just weren't a whole lot of great putts rolling in.

"I don't think anyone looked real confident with the putter out there," Watson said.

You get a little nervous when you're putting for \$100,000. That money does get your attention."

Until the playoff, Watson might as well have been swinging a cactus instead of a putter. He missed birdie putts of 15 feet at No. 11, six feet at No. 12, six feet at No. 14 and 20 feet on his first trip to No. 18.

"I don't think there was a putt really made all day until Tom's," Couples said. "That's kind of hard to believe."

Watson rolled in his money-maker from near the same spot on the green he had the first time. That meant Couples had to make his 16-foot hole for birdie to tie Watson.

But Couples missed slightly to the right and Watson got richer in a hurry, bagging the last four skins.

Stewart and Azinger, the leaders after the first day, got shut out. Stewart kept busy hitting a ball in the sand while straddling a bush or knocking another one into the water.

"I played very poorly today," he said.



Tom Watson celebrates his winning putt on the 18th hole Sunday in Palm Desert, Calif.

maker from near the same spot on the green he had the first time. That meant Couples had to make his 16-foot hole for birdie to tie Watson.

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"I played very poorly today," he said.

Football

Continued from B4

with a foot injury, just about everything went wrong for the Kansas City Chiefs.

And things could get worse if Montana's injury turns out to be serious.

The Seattle Seahawks scored 10 points in the fourth quarter Sunday to beat Kansas City 10-9, dropping the Chiefs two games behind San Diego in the AFC West.

Montana, a three-time Super Bowl MVP and eight-time Pro Bowler, didn't make himself available to talk to the media. And the Chiefs' public relations director, Bob Moore, refused to get off the bus to answer questions.

Montana apparently was injured with about six minutes gone in the third quarter when he threw an incomplete pass on a third-and-11 play. He was hit by three defenders and fell hard to the AstroTurf.

Montana came back out the next time the Chiefs had the ball and ran one play — a handoff. After Steve Bone replaced him with 5:04 left in the quarter, the Chiefs' trainers looked at Montana's foot and sent him to the locker room.

Steve Smith put the Seahawks ahead 7-6 on a 2-yard touchdown run with 1:58 gone in the fourth quarter. Bone then engineered a 52-yard, 11-play drive that positioned Lin Elliott for a 38-yard field goal with 7:27 left, his third of the game.

Seattle's winning points came on John Kasay's 32-yard field goal with 1:42 left, giving the Seahawks their second straight come-from-behind victory after six losses in a row.

Bucs 20, Vikings 17, OT

The Minnesota Vikings were thinking Super Bowl three weeks ago. Now, they can't even beat Tampa Bay.

Eric Guliford's botched punt early in overtime led to a 22-yard field goal by Michael Husted and a 20-17 victory for the Buccaneers, who snapped a six-game losing streak and sent the Vikings to their third defeat in a row.

It was a fitting finish to a bumbling attempt for the Vikings (7-5), who entered the game tied with Chicago for first in the NFC Central and turned in their worst performance of the year.

"If we want to get anywhere, we better bounce back," said Minnesota receiver Qudus Ismail. "If we want to feel sorry for ourselves, the Bears will have a feast."

The Vikings never led at Tampa Bay (3-9) turned another early Warren Moon interception into a 7-0 lead, and an offside penalty in overtime set up Guliford's fumble.

The Vikings tied the score with 1:27 left in regulation on Ismail's spectacular 40-yard touchdown catch and Moon's 2-point conversion pass to Kris Carter.

Tampa won the toss in overtime but was forced to punt from the Vikings' 44. Guliford fumbled Dan Stryzinski's first punt cleanly at the 18, but an offside penalty was called against Minnesota's Marlin Harrison.

The Bucs chose to punt over, and Stryzinski's high kick bounced off Guliford's chest after Tampa Bay's Curtis Buckley knocked Minnesota's Elzy's punt. Guliford fumbled from the side. Guliford said he never felt Davis bump him. "I just dropped it," he said.

Ed Brady recovered at the 4, and Husted's kick following a timeout gave the Bucs a win in their first overtime game since beating the Vikings at the Metrodome in 1990.

Falcons 28, Eagles 21

The play of George and Mathis offset Atlanta's 91-yard TD run, the NFL's longest from scrimmage since Bo Jackson went 92 yards five years ago.

The Eagles (7-5) moved within a touchdown on Walker's 2-yard score with 4:22 left, but the game ended with Philadelphia at the Atlanta 19, unable to get another play off Atlanta's 13-yard completion from Randall Cunningham (19 of 36, 248 yards) to Victor Bailey.

Browns 34, Oilers 10

At Cleveland, Vinny Testaverde threw two second-quarter TD passes in his first full game in six weeks and

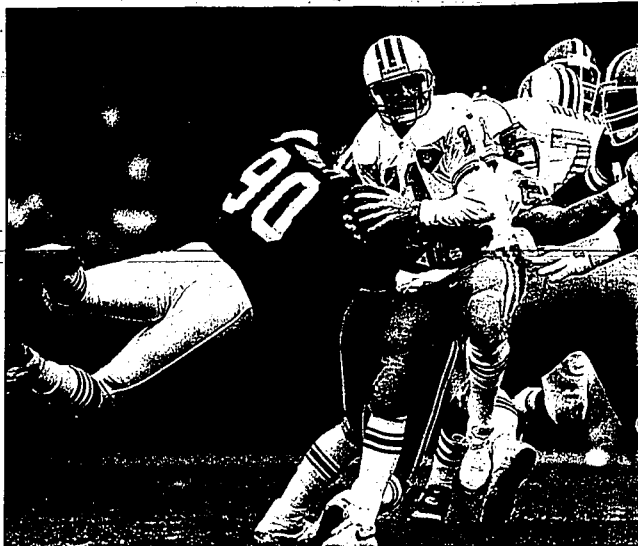
slings it and hardly ever throws a bad pass when he's speeding it up."

Marino, who enjoyed perfect protection all day, got the ball again with 2:34 remaining. He completed 7 of 8 in taking the Dolphins 84 yards.

Ingram's four touchdowns — he had a 10-yarder on the Dolphins' first series of the second half — tied a team record as Marino snapped a two-game slide.

"I felt great to come back here to where I was drafted and played for six years, and to have this kind of game," said Ingram, who was with the Giants before joining Miami as a free agent in 1993.

Eisason had a hot hand early, but the Jets got only Nick Lowery's 24-yard field goal on two long drives. Eisason hit 6 of 8 passes, including three long third-down conversions in a 15-play march. The first was a 14-yarder that gave Monk receptions in 176 consecutive games, one short of



Cleveland Browns defensive end Rob Burnett sacks Houston quarterback Billy Joe Tolleriver for a 5-yard loss in the second quarter of Sunday game in Cleveland.

Leroy Hoard ran for 103 yards and two more TDs as Houston (1-11) lost its eighth straight.

Testaverde, who played sparingly since sustaining concussions in consecutive games last month, also had two interceptions and fumbled the ball away when sacked by Lamar Lathon. He finished 15 of 28 for 199 yards.

Cleveland remained tied with Pittsburgh atop the AFC Central at 9-3.

Steelers 21, Raiders 3

At Los Angeles, Mike Tomczak threw two TD passes — 27 yards to Yancey Thigpen and 15 yards to Eric Green — and Pittsburgh (9-3) had five sacks and held the Raiders (6-6) to 179 total yards.

Gary Anderson, 20 of 21 on field goals this season, missed all three attempts against the Raiders.

Tomczak, starting again for the injured Neil O'Donnell, was 12 of 27 for 131 yards. Jeff Hostetler, who missed parts of the second quarter and second half with a migraine headache, was 8 of 17 for 85 yards, while Vince Evans was 7 of 11 for 61 yards.

Bears 19, Cardinals 16, OT

At Tempe, Ariz., Kevin Butler kicked Chicago (8-4) into first place. Butler's fourth field goal of the day, a 27-yarder with 6:49 left in overtime, gave Chicago its one-game lead over the Vikings. Steve Walsh is 7-0 as a starter.

Keith McCants returned an interception 46 yards for a score with 7:36 left to pull Arizona (5-7) within 16-13 and the Cardinals forced OT on Greg Davis' 41-yard field goal with 58 seconds left.

Broncos 15, Bengals 13

The Denver Broncos completed their tortuous climb back to .500 by barely outlasting the Cincinnati Bengals.

John Elway threw a 16-yard touchdown pass to Anthony Miller and Jason Elam kicked three field goals to lead the Broncos 15-13 on Sunday.

"That was all right," said an unenthused winning coach, Wade Phillips. "Another win at home, and we'll take it. Our defense played an outstanding game, but our offense certainly had problems in the second half."

The Broncos, who did not score after intermission, had only 53 total yards in the second half, including minus-4 in the third quarter, finishing with 256 compared to Cincinnati's 328.

Denver (6-6), which has won six of its last eight games after an 0-4 start, needed a key defensive play with 3:36 left to preserve the victory.

The Bengals (2-10) had yanked to the Denver 20-yard line when Harold Green took a handoff to the left side. Safety Steve Atwater's hit sent Green reeling backward, and he was tackled by Ted Washington, forcing a fumble that was recovered by linebacker Elijah Alexander at the 33. Denver then ran out the clock.

The Denver defense came into the game ranked last in the NFL, but Phillips insisted, "Our defense can win games for us. I talked to them about having to step up and play. They did it today, and this is the kind of effort we're looking for over the next four games."

Despite a win gusting to 37 mph, Elway completed 21 of 38 passes for 239 yards, giving him his ninth 3,000-yard passing season — one shy of Dan Marino's NFL record. He also went over 40,000 total yards for his career.

"We played poorly today," Elway said. "But we're glad to be 6-6 and still have a shot at the playoffs."

Chargers 31, Rams 17

At San Diego, Darren Gordon returned a punt 75 yards for a TD and intercepted a pass in the end zone — both in the third quarter — to lead San Diego (9-3). Cornerback Sean Vanhorne sealed the win when he intercepted a Chris Miller pass and returned it 50 yards for a TD with 51 seconds left.

Miller (26 of 47 for 298 yards) led two TD passes and the Rams (4-8) had 14-6 at the half. Stan Humphries, playing six days after arthroscopic surgery on his left elbow, was 17 of 29 for 147 yards and one TD.

Giants 21, Redskins 19

At Washington, Dave Brown threw two TD passes and ran for another as New York (5-7) won its second straight after a seven-game losing streak. Brown was not bothered by a cold, driving him as he hit 10 of 17 passes for 161 yards. Rodney Hampton carried 34 times for 106 yards.

The Redskins (2-10) started Heath Shuler, who did not fare well (11 of

29 for 165 yards). The Redskins have lost 14 straight NFC East games are 0-7 at RFK Stadium this season. Chip Lohmiller had four field goals for the Redskins.

Patriots 12, Colts 10

Matt Bahr kicked four field goals and Drew Bledsoe, the NFL's leading passer, set a single-season New England passing yardage record as the Patriots beat the Indianapolis Colts 12-10 Sunday night.

New England (6-6), which won its third straight game, moved into a three-way tie with Buffalo and the New York Jets for second place in the AFC East, two games behind Miami with four games to go.

Indianapolis (5-7) took a 10-9 lead on a 50-yard field goal by Dean Bascucci with 10:22 left in the final period.

Bledsoe then completed five straight passes on the next possession, including three to Ben Coates, who had a career-high 12 catches for 119 yards and became the first NFL tight end to gain 1,000 yards receiving since 1986.

Two short runs by Marion Butts and a 1-yard loss by Bledsoe set up the go-ahead 42-yard field goal by Bahr with 4:01 to go.

Bledsoe was 26-for-36 for 271 yards and raised his season total to 3,526 yards, breaking the former team record of 3,465 by Babe Parilli in 1984.

Coates has exactly 1,000 yards for the season.

Major league players meet with management

NEW YORK (AP) — In what may be the final round of talks before baseball owners impose a salary cap, negotiators for players and management gather Monday in Leesburg, Va.

"We have an offer on the table and I hope the conversation continues," acting commissioner Bud Selig said Sunday from his home in Milwaukee.

The sides are to meet separately Monday under the supervision of mediator W.J. Uscy. The union staff met Sunday at its offices in New York but union head Donald Fehr would say whether his side is prepared to make a counterproposal Tuesday when joint sessions are to resume.

Owners are scheduled to meet

Dec. 5 in Chicago, their first gathering in six months. Management negotiator John Harrington has said it's possible the teams may decide there to declare an impasse and implement their salary cap proposal. Fehr said last week that what they expect.

"I don't want to speculate on it, frankly," Selig said. "The negotiating committee clearly wanted this meeting. They want to give the clubs an update and we'll see where that points."

Management's proposal of Nov. 17 calls for an escalating payroll tax to discourage clubs from exceeding 112 percent of the average payroll — the point where the cap would be set under the offer they made June 14.

Bowls

Continued from B4

in position to do that.

Many bowl matchups are already set, but some were still unsettled Sunday.

Miami's 23-7 win over Boston College virtually guaranteed the fourth-ranked Hurricanes a berth in the Orange Bowl against No. 1 Nebraska. 20 Penn State will play No. 12 Oregon in the Rose Bowl, and Texas Tech is going to the Cotton Bowl, where the Red Raiders will play Notre Dame. No. 18 North Carolina or No. 21 Southern Cal.

Those same three teams are possible opponents for No. 1 Colorado in the Fiesta Bowl.

Other projected matchups: Hall of

Fame (Wisconsin vs. Duke); Carquest (South Carolina vs. West Virginia or Virginia Tech); Gator (Tennessee vs. West Virginia, Virginia Tech or North Carolina State); Citrus (Florida-Alabama loser vs. Ohio State); Peach (Mississippi State vs. North Carolina State or North Carolina); Independence (Texas Christian vs. Virginia); Holiday (Michigan vs. Colorado State); Aloha (Kansas State vs. Boston College); Las Vegas (Central Michigan vs. UNLV); Freedom (Arizona vs. UNLV); Copper (Oklahoma vs. BYU); Sun (Texas vs. North Carolina or Southern Cal.); Allstate (Baylor vs. Washington State); and Liberty (Illinois vs. East Carolina).

Dolphins

Continued from B4

didn't know what was going on. He had his back to the quarterback when the pass came.

Many of the other defenders stopped on the play. "I really thought he was going to spike it," said Glenn, who had his worst game of a strong rookie year. "It looked like he was going to stop the clock. By the time I caught up with what was happening, he was washed."

And the Dolphins (8-4) were winners despite being outplayed for the first 40 minutes and having the ball 23:19 to 33:47 for New York.

New York (6-6) has not been in first place this late in the season since 1986. The only NFL team without a division title since the merger, the Jets appeared ready to make the move as they dominated the game's 40 minutes. Boomer Esiason found Jimmy Mitchell for two TDs

while Rob Moore and Art Monk both had more than 100 receiving yards.

But even with the Jets in control, Marino showed who's boss.

"There is frustration when you don't finish a team off," Balason said. "You are playing Russian Roulette if you don't capitalize on your opportunities."

Marino hit 5 of 6 passes on a 67-yard drive, connecting with Ingram for a 17-yard TD over Glenn. Then, he and Irving Fryar beat Glenn on a 2-point conversion.

They "Visceral" interception at the Miami 37 gave Marino another chance early in the fourth quarter. He needed only five plays — all completions — to go 63 yards, with Ingram taking a 28-yard pass for the score. Suddenly, it was 24-21.

"He just seems like he's a robot out there," tight end Keith Jackson said. "He picks them out and just

slings it and hardly ever throws a bad pass when he's speeding it up."

Marino, who enjoyed perfect protection all day, got the ball again with 2:34 remaining. He completed 7 of 8 in taking the Dolphins 84 yards.

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Steve Largent's NFL record. Monk can tie that mark next week at New England.

That was just the beginning for the 15-year veteran, who finished with five catches for 108 yards. Moore had seven for 124, but left in the final period with a concussion.

Marino was 31-for-44 for 359 yards, with Ingram making nine receptions for 117. Esiason finished 26-for-41 for 382 yards.

The Jets wasted Hasty's first-quarter interception and 22-yard nubbuck when, on fourth down from the Miami 1, tight end James Thornton fell to the turf just short of the goal line with Esiason's first pass of the second quarter.

Brian Washington's leaping interception on a long pass gave the Jets the ball at their 13 midway through the second period. They scored quickly this time, needing only seven

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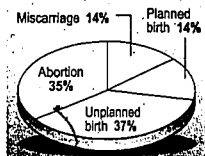
RESTAURANT & CATERING

Focus

When teens get pregnant

More than a million teen-age girls become pregnant each year. Over a third of them are 17 or younger. Most did not intend to get pregnant.

What happens:
(Aged 19 and younger, 1990: 1,040,000 girls)



Almost 60 percent of teen-age mothers come from poor families earning less than \$14,800 a year, and another fourth are from families with incomes of less than \$29,600.

Poor or low-income girls are:

- 38% of all teen-age girls
- 42% of sexually experienced girls
- 73% of teens who become pregnant
- 83% of teens who give birth

Source: The Alan Guttmacher Institute — AP

Plans range from tinkering to major cuts

The Associated Press

When Congress takes up welfare reform next year, teen-age mothers will be Exhibit A.

Critics say the welfare system encourages teen-age girls to have illegitimate babies and allows the fathers to escape responsibility.

More than 40 percent of all single mothers on the welfare rolls today had their first child as a teen-ager. These babies often grow up to become teen parents themselves.

To break this cycle of poverty, all sorts of welfare changes have been proposed, from minor tinkering to cutting off almost all public aid. Two plans have received the most attention so far.

The House Republicans' "Contract with America" endorses legislation that would cut welfare spending and:

- Deny welfare benefits and public housing to unwed mothers under age 18; states could ban benefits for all mothers under 21 if they prefer. The money saved would finance orphanages and adoptions.

- Require unwed mothers who qualify for welfare to identify the child's father before receiving aid, and force fathers to pay child support.

- Deny increased benefits for additional children born while a mother is on welfare.

- Restrict recipients to five years of cash benefits; states could cut off aid after two years if they prefer.

- Require welfare recipients to participate in state work programs.

- The Clinton administration has its own welfare reform proposal, which has an uncertain future in the new Republican-led Congress. President Clinton would:

- Require mothers under 18 to live with their parents and stay in school to receive welfare benefits.

- Require mothers to identify the child's father before receiving a welfare check, and force fathers to pay child support.

- Restrict welfare recipients to two years of cash assistance, with the clock starting when they turn 18. They would get job training and help finding work, and could work in government-subsidized jobs after their benefits end.

- Guarantee child care for welfare mothers in job training or work programs.

- Launch a nationwide campaign to prevent teen pregnancy and a clearinghouse so communities and schools can share information about programs that work. Give \$400 million in grants to prevention programs, including whole-life approaches.



Dawn Kowalski, an unemployed, unwed mother at age 17, says she feels blessed when she cradles her son, Justin.

Targeting teen moms

Single girls at center of welfare reform's storm

Editor's note: Teen-age mothers have become the prime target of welfare reformers. The theory is that poor girls will stop having babies if they can't rely on welfare to support them. But logic seldom rules in the realm of teen-agers and sex. The story of one teen mother, whose life echoes thousands of others, shows how tangled the problem is.

The Associated Press

KEARNEYSVILLE, W.Va. — She's an unemployed, unwed mother at 17, but Dawn Kowalski feels blessed when she cradles baby Justin — a warm bundle of tomorrow dozing in her arms.

Before the baby came along, Dawn had no future to hold onto.

Stroking his fine, sandy hair, she describes her former self: a school dropout from a troubled home, with no job and no plans, feeling trapped in rural West Virginia. She wasted her days at the mall, partied all night. "I didn't care what happened to me," she said softly.

Now her world is a small apartment dotted with diapers and parenting magazines, the rent paid by a federal housing subsidy. She lives alone with 6-week-old Justin, nursing him, sleeping when he sleeps, listening to country music because MTV makes him wait.

Dawn may be an accidental mother, but she takes pride in being a good one. "This has made me a better person," she said recently. "It's really straightened my life out."

It's an odd perspective. After all, teen-age pregnancy is an avoidable hardship that robs many girls of their prospects and can doom their children to poverty. But life unfolds haphazardly for girls like Dawn, and cause and effect aren't always clear.

Some believe making a baby is making a future. And to them, even a shaky future may seem better than none at all.

More than one million teen-agers will get pregnant this year; about a third of them will be age 17 or younger.

Teen-agers will give birth to a half-million babies — 70 percent born out of wedlock.

Compared with other teen-age girls, teen mothers are less likely to finish their education, less likely to earn a decent wage, and more likely to spend years on welfare. Families headed by current or former teen mothers receive \$34 billion a year in government health and welfare benefits.

Americans worried as the teen pregnancy rate climbed over the past two decades, reflecting an increase in the number of teens having sex.

It could be worse, however. Teens who have sex today use birth control more effectively than sexually active teens of the past.

Abortion also has kept the teen birth rate down: more than a third of pregnant teens decide to abort.

Middle-class teens have become so successful at avoiding birth that teen mothers are now widely perceived to be poor, black girls living in the inner cities. But many rural areas also have high teen birth rates, and there are more than twice as many white teen-agers as black ones.

The common denominator is disadvantage: 83 percent of teens who have babies are from poor or low-income families, according to the Alan Guttmacher Institute, a

not-for-profit research group.

These girls are only slightly more likely than middle-class teens to have sex. They are significantly more likely to get pregnant, however, and much less likely to have an abortion, Guttmacher found.

Births to single mothers are rising across society, but illegitimate babies are still more common among poor girls. Giving up a child for adoption is rare.

Many teen-agers don't see a baby as their biggest handicap.

As a child, Dawn made A's in school and dreamed of being a lawyer. A favorite fifth-grade teacher joked that her "big mouth" would make her a good one. Dawn and her stepister practiced arguing cases for fun.

But life at home was chaotic. Dawn's parents were always fighting; money was always short. Her father drank heavily and was often out of work. Dawn's mother says he beat her and hit the two girls.

Things got worse when Dawn's parents separated, then divorced when she was 11. For years Dawn was bounced back and forth between her father, whom she feared, and her mother, who was often broke and soon in another turbulent marriage. "My life fell apart. I just gave up. I didn't bother with school anymore. I quit caring."

Dawn's stepister, Tina Fleming moved in with a girlfriend and finished high school. Dawn could have graduated, too, Fleming says, but she had dropped out. By then Dawn was routinely skipping school, staying out late, drinking at parties. She tried sex for the first time at age 15. Dawn said, because "everybody was talking about it." Soon after she turned 16, Dawn quit school. A few months later, she was pregnant.

Teen mothers have become a favorite target of welfare reformers in both political parties — they say the current system rewards teens for having illegitimate babies. Girls like Dawn get welfare checks and other aid that lets them set up their own households and feel like instant adults, even if they are barely scraping by.

Next year, Congress will consider proposals to cut off aid to young mothers or make them work for their welfare checks.

University of Pennsylvania sociology Professor Elijah Anderson, who studies life in the inner city, confirms that some girls in-

entionally get pregnant for "the check."

But they aren't the majority of teen mothers he knows.

More often, he said, girls who grow up surrounded by crime and drugs and single moms and out-of-work dads — girls who dream of marriage and a career but don't realistically expect them — seem to stumble into pregnancy.

Some boys reared in this culture make a sport of getting girls pregnant to prove their manhood.

Anderson wrote in his book, "Street Wise," "So many of the young people lack a sense of future," Anderson said. "I think that plays into this willingness to engage in sex and to be careless about sexual behavior, to not think about it so much."

The girls don't plan a life on welfare; they don't plan much of anything. But a baby has a dreamy sort of appeal.

It's a familiar story at the Shenandoah Maternity Center, where Dawn and other girls from West Virginia's eastern panhandle, most of them white and low-income, come for care.

Dawn learned in school about preventing pregnancy and AIDS. She believed in using condoms.

But for a time, shortly after she turned 16, Dawn tried to get pregnant. She and her steady boyfriend, David, a 24-year-old who already has a child by another woman, had unprotected sex for two months.

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know where to get contraceptives and how to use them. After all, several surveys have found more than 90 percent of unmarried, pregnant teen-agers say they didn't want to get pregnant.

Yet teens who know about birth control keep having babies. And sometimes a second or third.

To explore this contradiction, Laurie S. Zabin, a Johns Hopkins University professor of population issues, led a survey of 313 black teen-agers who came to an inner city Baltimore clinic for pregnancy tests.

When asked whether they wanted to be pregnant, 91 percent said no. But in answer to other questions — "How would you feel if you were pregnant? Would having a baby now be a problem for you?" — about half of them expressed ambivalence about having a baby.

At the end of two years, the ambivalent girls were just as likely to have a baby as the handful of girls who said they wanted to get pregnant. Two-thirds of each group gave birth.

The girls who unequivocally wanted to avoid pregnancy did better: just over one-third of them had a baby.

If teens had to take a pill every day or use condoms faithfully to get pregnant, Zabin suggests, fewer would do so. But for sexually active teens (about half of all girls ages 15 to 19), avoiding pregnancy takes planning and therefore, motivation.

For many girls, especially among the middle class, the motivation is the promise of an education, a career and marriage — things worth waiting for. Family, church, friends and teachers help reinforce these goals.

Six weeks after her baby was born, Dawn returned to the maternity clinic for one of the more foolproof birth control methods — Depo-Provera, a contraceptive injection that lasts three months.

She is dating David again, and hopes they will be married next summer.

She also is studying for the high school equivalency test and plans to enter a computer-training program, so she can support Justin like she has to.

"I want to be somebody for him," Dawn said as her baby slept beside her on the sofa.

Meanwhile, Medicaid pays her pediatrician, another program buys Justin's formula, the federal government pays nearly all of her rent. At first Dawn hoped to stay off cash assistance, but she has applied for a \$201 monthly check from Aid to Families with Dependent Children.

David, who works at a door factory, and Dawn's mother help out sometimes. She hasn't asked the baby's father for money, but the state could require him to pay child support.

Dawn is unfailingly optimistic about what lies ahead for Justin and herself. Only once, when pressed, does she concede it would have been better to straighten her life out before having a baby.

"People who are responsible, who do good in school, generally don't want a baby because they want to be something when they get out of high school," she said; her voice rising, the words tumbling out all at once.

"I think if I would have stayed in school then I would have thought about, you know, becoming pregnant. I would have been more concerned about protection."

"And this wouldn't have happened."

Fathers often escape burden of the baby

The Associated Press

They're sometimes called the "forgotten half" of the teen pregnancy problem: the fathers. There's a growing effort to shift more of the financial burden to them.

It won't be easy.

Paternity was established in only a third of the 1.2 million births to unwed mothers of all ages last year, according to the U.S. Department of Health and Human Services.

About \$34 billion in potential child support payments go uncollected each year because absent parents aren't identified or don't pay their fair share, the department says. Only \$14 billion in child support was paid last year.

Hospitals are now required to encourage fathers to sign paternity papers when their illegitimate babies are born, because so many fathers drift away within a few weeks after the birth.

Next year Congress will consider requiring single mothers who apply for welfare to identify the father and cooperate with efforts to collect child support.

That won't pay off right away for many teen mothers; young fathers often are in school or unemployed, unable to provide financial support. But the child might benefit from future earnings.

"We had everything planned out, we were going to get married, have a family," she said. But when she thought she might be pregnant, they got scared. They split up soon after the false alarm.

It was the next man she dated, a relationship that lasted just three months, who fathered her child. They didn't bother with birth control. Dawn insists she didn't want to get pregnant, and says she suspected she was infertile.

By the time she tested positive, Dawn had already broken up with the baby's father, a 25-year-old electronics store manager. He pressed for an abortion, but she refused. She never considered adoption.

Dawn wanted the baby. "At first I was scared, but when I sat down and thought about it, it was wonderful," she said, a smile fighting up her brown eyes. "I was excited."

Sex education is based largely on the notion that teens won't have babies if they

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Nation

Getting a Head Start on living

On Virginia's Eastern Shore, farm workers' children find refuge

PARKSLEY, Va. (AP) — Every morning before dawn, four school buses circle the migrant camps of Virginia's Eastern Shore, picking up babies and preschool children and bringing them to a cinder block building fragrant with baking bread and fresh laundry.

Many arrive filthy, sometimes with cockroaches in their shoes or lice in their hair, so the first stop of the day is the bathtub in the Parksley Migrant Head Start Center.

Once bathed, the children will spend the next 12 hours at the center, a refuge from crowded houses and shacks of the migrant camps, a place where everything is cooked from scratch and the toys are geared to each stage of their development.

The federal government wants more Head Start centers to look like Parksley. It's filled with babies, toddlers and preschoolers, offers full services and it's open all day.

Traditional Head Start centers also offer comprehensive child development services to low-income children, but enrollment is generally limited to 4- and 5-year-olds and most programs are half-day.

But this year, Congress voted for the first time to expand Head Start to infants and toddlers. The decision reflects a growing recognition that the first three years of life lay the foundation for all that follows, and that a healthy start depends on a stable environment that is also stimulating, responsive, protective and loving.

A small percentage of Head Start's overall budget — \$106 million out of \$3.5 billion in 1995 — is devoted to programs serving children from birth to age 3.

Migrant Head Start, a \$130 million system of 400 centers nationwide, has 25-year history of working with infants and toddlers.

The Parksley center has become so popular among the Mexican-American migrants that it is often their first stop when they arrive in trucks to pick vegetables on Virginia's Eastern Shore, a narrow peninsula of graceful vines and salty fields between the Chesapeake Bay and the Atlantic Ocean.

The center, which serves a maximum of 88 children and operates on two shifts, fills up quickly, and



AP photo

Shelia Finney plans with migrant preschoolers at the Parksley Migrant Head Start Center in Parksley, Va. The children spend 12 hours at the center, a refuge from crowded houses and shacks of migrant camps.

at the height of the season there are often 60 children on the waiting list, says center director Joyce Dix. Staff members say the children are taught good eating and health habits and given a daily health check before their baths. After family-style meals are served, anyone old enough to hold a toothbrush gathers around the sink to brush.

The staff is trained to spot any developmental problems, physical disabilities, and emotional and behavioral problems among the children. They look for children who aren't crawling on time, learning to walk properly, or able to hold a pencil as they get older.

"If they haven't developed these

skills, nine times out of 10 they'll be left behind," says Dix.

Dix said the parents, who work in the fields all day and in the packing sheds at night, may not have the time or experience to notice problems.

"If we don't reach them in the first three years, we're going to lose a lot of them," says Jenni Stewart, program coordinator for the Virginia Council of Churches, which runs the Parksley center and four other Migrant Head Start programs in the state.

Poor dental hygiene is one of the most common problems of the children at Parksley, and the center occasionally arranges dental surgery

'If we don't reach them in the first three years, we're going to lose a lot of them.'

Jenni Stewart,
Virginia Council
of Churches

for children whose baby teeth have rotted into painful splinters.

Donna Allhouse, a licensed practical nurse who is the center's health and disabilities coordinator, says she also sees frequent ear infections, occasional lice, and in years past, identified total deafness in children whose parents were unaware of the problem.

Dix says this generation of children seems better off than their parents — some of the preschoolers are nearly as tall as their mothers — and Allhouse says it may be due in part to all the vitamins and good cooking they get in Parksley.

The families come from Texas and Florida, and have usually worked in Georgia and the Carolinas before they arrive in Virginia. When they finish on the shore, some head north to harvest cranberries in Massachusetts and blueberries in Maine.

Migrants are among the poorest paid workers in the country, with median earnings of \$5,000 in 1991, according to Monica Heppel, associate professor of anthropology at Mount Vernon College in Washington. She is a farm labor expert who lived for a year in the camps on Virginia's Eastern Shore.

Although the children travel long distances, Stewart says, they often know little about the outside world. The Parksley center tries to make up for the frequent upheavals in their lives and takes them on field trips to places like pet shops, pony farms and zoos.

"We try to build up their confidence," says teacher Regina Pettit as the children sleep on their cots, covered in identical green blankets.

"You're the person they look to when they're afraid or sad. It makes us feel good that they have a place like this to come to. We know they're safe here."

California's voices:

In street, voting booth

Chicago Tribune

LOS ANGELES — There are two Californias.

The first is "the planet's most diverse society," as the state's political Almanac puts it, a profusion of nationalities, cultures, religions and languages.

The second is homogeneous — white, more affluent, better educated, growing older, more conservative and more powerful.

The first California is a composition of its residents; the second, of its voters.

In this, arguably the most influential state in the nation, pivotal questions about future public policy hover over the great divide that has deepened into a chasm during the last two decades.

Despite the huge influx of people from throughout the world, California's voting population and the ethnicity of the leaders they elect statewide remain largely unchanged.

"It's a fairly troubling situation if you think of elections as a reflection of the will of the public," said Mark DiCamillo, research director of The Field Institute, which conducts political polls in California.

Will whites continue to determine public policy in coming years even as they dwindle into another of the state's minorities? Or will minorities — especially Hispanics, who are destined to become the state's next majority — vote in numbers sufficient to bring their influence to bear?

"There is a problem in any society if you have a large number of people who are not assimilated," said Joel Kotkin, international fellow at the Pepperdine University School of Business and Management in Malibu, Calif. "You make the decision that this is where you're going to live and participate or you make the decision that you're going to live at the sufferance of a society in which you have no real power."

The populace of the two Californias tend to view each other with a great unease that at times gives way to fear and violence — the riots that broke out in the

wake of the Rodney King trial, for instance.

"It was a sign of people feeling left out of the traditional system for redress," said Stewart Kwoh, executive director of the Asian Pacific American Legal Center, a civil rights organization in Los Angeles. "If people feel they don't have any stake in the system, they will make their voices heard one way or another."

The situation became especially pronounced this fall during the election campaign because of Proposition 187, the ballot initiative to deny illegal immigrants most government services, including public education for their children.

In the weeks leading up to Election Day, young, brown-skinned students — some of them crying, many of them shouting — marched in the streets and waved Mexican flags to protest Prop. 187.

Supporters of the ballot measure, who called it the "Save Our State" initiative, held no rallies. Their leaders were at times squirreled away in a hidden location for fear of violence.

But on Election Day, the people who spoke were not the ones who had shouted in the streets. Three of every five voters cast ballots in favor of the proposition, and many observers felt the protests had only galvanized the measure's supporters.

Whites represent about half the population, but more than three-quarters of the voters in the Nov. 8 election.

By contrast, Hispanics represent 28 percent of the population but just 9 percent of the voters in the recent election.

Some believe the passage of Prop. 187 may prove strong motivation for Latinos to participate in politics, motivating potential voters in a way that years of voter registration drives failed to do.

But Mexican immigrants are much less likely to become U.S. citizens than immigrants from other countries. And even as the number of Latin American immigrants becoming naturalized citizens rises, voter participation does not.

Mitchell was fair majority leader, effective senator, observers say

Boston Globe

WASHINGTON — When Majority Leader George J. Mitchell finishes presiding over the Senate at the end of this week, he will leave the institution somewhat empty-handed, without health care reform, without campaign finance revisions and without changing the Senate in any permanent way.

He also will leave the Senate reeling in Republican hands after Democrats suffered an embarrassing rout this month, losing nine seats in the worst midterm election for the party since Harry Truman was president more than 40 years ago.

History, political analysts say, will probably remember the Maine Democrat as a good majority leader, a respected, competent and smart majority leader — but not a great one.

"He's going to go down — as a very strong majority leader," said Sandy Maisel, a Colby College political scientist who is writing a biography of Mitchell. "If he had stayed for another six-year term, he might have gone down in history as a great one."

Many observers believe it is no longer possible to be a great majority leader in the strong-arm tradition of Lyndon B. Johnson, who ruled the Senate in the 1950s before becoming president. He was famous for giving senators "the treatment," moving in close and



Mitchell

not letting up until — he — got what he wanted.

"They are so hamstringing — by the demands of individual members," explained Burdett Loomis, a political scientist at the University of Kansas in Lawrence. "This is much more an era of Howard Metzenbaum and Jesse Helms

than it is of powerful party leaders." Majority leaders also have much less power than in the Johnson era, and without those powers, Mitchell said, a leader is left with only the ability to persuade and to schedule.

Besides, he said, "this is a different time. No one could do that. You can't threaten. It just doesn't work."

What Mitchell has done for the last six years is spend hours at his polished wood table, listening to senators' concerns about almost every bill to move through Congress. Frequently, he will share his own thought

process, his own reasoning, on why he supports a measure.

"I have to persuade each senator on the merits based on his record and constituency and concerns," he said. "It's a time-consuming process at which there are few weapons that are available — tools available — I should say."

To be sure, Mitchell has had his successes. He delivered a controversial budget to President Clinton with no votes to spare. He earned the respect of both Republican and Democratic senators for his fairness. And for Maine, he quietly delivered federal dollars in a way that is unlikely to be matched for years to come.

After a 10-year impasse, Mitchell single-handedly steered the Clean Air Act of 1990 through Congress over the objections of Sen. Robert C. Byrd, a West Virginia Democrat and former majority leader concerned about his state's coal industry; Rep. John D. Dingell, a Michigan Democrat concerned about the auto industry; and numerous Republicans determined to weaken the existing law.

"There's no question that George Mitchell will go down in history as one of the greatest, most effective environmental senators in the history of the republic," said Daniel J. Weiss, political director of the Sierra Club, who sometimes clashed with Mitchell over the

deals he cut to keep the clean air bill moving through Congress.

"Every major environmental law enacted during his tenure has his fingerprints all over it," Weiss said, listing the Superfund legislation to clean up toxic waste sites; the Clean Water Act of 1987, a bill to require federal facilities to comply with pollution laws; and, most recently, the California Desert Protection Act.

He will also be remembered for declining to accept a nomination to the U.S. Supreme Court, saying he wanted to see President Clinton's health care overhaul through Congress. "That is an incredible statement of patriotism," Maisel said.

At the same time, Mitchell has been criticized for pushing health care longer than he had died. Some say the protracted debate fueled the public's unease over the future and helped lead to the switch in parties in the election.

But Mitchell truly believed a compromise could be reached, said Sen. Edward M. Kennedy, D-Mass. That is because Sen. John H. Chafee, Republican of Rhode Island, had introduced his own health care bill that would offer universal coverage — a key Democratic goal — and he did so with other GOP co-sponsors. "If it had been done a long time ago,"

Kennedy said of the failed effort.

Even Sen. Phil Gramm, a conservative Texas Republican who rarely agreed with Mitchell, has good words for him. "The problem on health care was not George Mitchell's leadership, it was Bill Clinton's plan," Gramm said. "He did as good a job as you can do with such an unacceptable plan."

Sitting at a table in the office where he has cut many of his deals, Mitchell talked first and foremost of his quest for fairness in the Senate. He said that on his first day as majority leader, he visited the Senate minority leader, Bob Dole of Kansas, and promised never to try to surprise or embarrass him.

Sen. Alan K. Simpson, a Republican from Wyoming, said he would never forget when Mitchell told him the GOP did not need to continue to keep a senator on the floor to monitor the Democrats and make sure they did not slip something by that the GOP was not expecting.

"Not once, ever, did he do anything he said he would not do," said Simpson, the Republican whip. "He wouldn't cut a corner."

He showed the same respect to the rank-and-file Republicans as he did to their leadership. On the last day before the August recess, Sen. Charles E. Grassley, an Iowa Republican, was trying to filibuster three military nominations.

Bentsen disavows Reich plea to overhaul business tax credit

WASHINGTON (AP) — Exposing a split in the Clinton Cabinet, Treasury Secretary Lloyd Bentsen on Sunday disavowed Sen. Robert Reich's plea to overhaul business tax credits that Reich calls "corporate welfare."

Less than a week after President Clinton called the concept "an attractive idea," Bentsen said it was not an administration proposal.

And he took a personal stand against calls to reduce the tax breaks. "I didn't find myself very excited about them. No, I didn't," said Bentsen, the Cabinet's leading voice on economics, speaking on CBS' "Face the Nation."

In a speech Tuesday to the centrist Democratic Leadership Council, Reich challenged Republicans to match their call for changes in social welfare programs with an overhaul of what he termed "corporate welfare."

While not specifying programs that might be targeted, Reich said the DLC's research arm had compiled a "formidable list of special tax benefits for particular industries, totaling over \$111 billion over five years."

Reich's remarks caught the White House and Cabinet by surprise. He said he would like to fine it and tell you how we could do it at this time," he said.

Soon-to-be Senate Majority Leader Robert Dole of Kansas said he supported a middle-class tax cut, but also expressed concern over how to pay for it. "We may have to phase it in over two years — or three years. Let's have the tax cut but let's pay for it," Dole said in an interview on NBC-TV's "Meet the Press."

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New head of Armed Services panel close to being oldest senator ever

Newport News Daily Press

By almost any standard, Sen. John W. Warner, R-Va., would be a veteran, maybe even an old-timer. He's been in the Senate 16 years. And at age 67, he's already past the point where most Americans retire.

But the emphasis is on almost any standard, because in Congress, standards are different. Seniority is sacrosanct in the Senate. Term limits have yet to win a vote there. And Warner still doesn't have enough years on the job to demand the committee chairmanship he'd most like.

Warner was long the senior Republican on the Senate Armed Services Committee, and now that his party controls the Senate, he would like to be chairman, at least in part for the power it would give him to influence issues affecting the military in Hampton Roads, Va.

To win the powerful post, however, Warner would have to get past Sen. Strom Thurmond, a South Carolinian who a few years ago joined the committee in an effort to protect his state's military installations.



Thurmond

Thurmond puts the word "seniority" into perspective.

Now a Republican, Thurmond first took his seat in the Senate as a Democrat in 1954.

Back then, Warner was a 27-year-old recent law school graduate clerking for a judge at the U.S. Circuit Court of Appeals in Washington. And their youngest colleague, Sen. Rick Santorum, R-Pa., was born in 1958, almost four years after Thurmond was first elected.

He is both the oldest person in the Senate and the one with most seniority. He is not yet the oldest man ever to serve in the Senate, according to Donald Ritchie, associate historian of the Senate. But Thurmond is closing in on the record fast.

He is now second only to the late Theodore Francis Green of Rhode Island, who was 93 years, 3 months and 1 day old when he left office in 1966. By that count, March 4, 1996 will be the day when Thurmond's baring death or retirement — will march into history as the oldest man ever to serve in the Senate.

After the Republicans gained a majority in the Senate in the recent election, there had been talk that Thurmond, in a concession to his advancing years, might step aside to let Warner run the committee. Thurmond's spokeswoman, Chris Cimko, said she had heard the rumor. It probably had been fed by the fact that in 1980, Thurmond passed up Armed Services in order to become chairman of the Judiciary Committee.

However, it isn't going to happen. Thurmond's active state is honeycombed with military bases that could be threatened by any further military cutbacks. Cimko said Thurmond was adamant about heading up the crucial committee. And in the Senate, seniority counts.

Treasury head wonders how to pay for tax cut

Knight-Ridder News Service

WASHINGTON — U.S. Treasury Secretary Lloyd Bentsen said President Clinton favored giving the middle-class a tax cut, but the funding point remained how to pay for it.

"When asked how the administration would finance a middle-class tax cut, Bentsen said, 'that's a question we're still working on during an interview'."

Sunday on CBS-TV's "Face the Nation."

"The president certainly wants a middle-class tax cut. The problem is — you don't want to give them something that's just another cup of coffee a day or maybe throwing in a doughnut, and that's where you run into big numbers in trying to finance it," Bentsen said.

"We're quite willing to explore the possibilities. (But) I cannot de-

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Weaned piglets for sale, 886-2302 or 834-5345.

756 SWINE

Weaned piglets for sale, 886-2302 or 834-5345.

757 SWINE

Weaned piglets for sale, 886-2302 or 834-5345.

803 BAZAARS AND CRAFTS

HOLIDAY CRAFTS & BAZAAR SPECIAL

2 DAYS THURSDAY & FRIDAY 7 LINES

\$15.00 Deadline: Wednesday Noon

Call today 733-0931 ext 2

809 COMPUTERS

486 & Pentium PCs lowest prices in town, 734-2138.

Family multimedia 486/25, 16mb ram, 1700b HD, 2x CD-ROM, Sound Card, Speakers, Fax-Modem, 14" SVGA monitor, Call 734-2492.

IBM AT compatible w-120 MB hard drive, printer & software, \$375, Toshiba laptop, \$125, 734-1635.

Microsoft Office Pro 4.3, only \$319, Call 733-1504.

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811 FURNITURE AND CARPETS

Couch & loveseat, \$200. Entertainment center & TV, \$200. All good condition. 734-3649 leave message.

Double sized futon, blue, \$125. Queen sofa with waterbed, \$55, 543-0291.

Full size pillow sofa mattress & box spring, still in plastic, \$150, Call 734-8881.

Great Christmas presents! Buffet table & white china cabinet, like new! \$400, Call 734-7245.

King size pillow sofa mattress & box spring, still in plastic, regular \$499, sale for \$250, 734-8881.

Lovely 3 pc over-stuffed sectional, beige, like new, absolutely too large for living room, \$500, 543-5583.

Lovely made to order piano & radio, looks like roller desk, place for records, plus many records included. Call 734-6316.

NEW sofa & loveseat \$400, 734-8881.

Panasonic Shitatsu massage chair, 1 yr old, \$3800 new, take \$1000, consider trade, Call 733-2492.

Queen Serta Perfect Sleeper hotel returns-unbelievable but true. Only \$99.95 per set, Call 734-8881.

Queen size pillow sofa mattress & box spring, still in plastic \$200, 734-8881.

Miscellaneous-Recreational-Transportation

825-1089

THE ACES ON BRIDGE

Bobby Wolff

"The man who sees little always sees less than he sees. The man who hears badly always hears something more than there is to hear."

—Nietzsche

If a defender doesn't look beyond the first few tricks, he will probably be hearing something from his partner. Today's East played impulsively to trick one and paid full price for his lack of foresight.

East had eyes for only the diamond suit. He eagerly overtook West's diamond jack in a futile effort to cash two more diamonds. Unfortunately, South ruffed the third diamond and drew trumps. South then cashed the king, queen and ace of clubs and the rest was easy. He led a heart to dummy's 10 and East's jack, but East had no safe exit and South had his 10 winners.

I overlooked in the event your jack was singleton. I advised East to ask West for the jack. If it were singleton, he had no hope of beating the game," replied West. "In that case, South would easily score five spades, three clubs, the heart ace and a diamond ruff in dummy (if he needed it)."

To beat the game, East should have played his diamond double trick one, asking West to shift to another suit. The heart shift was much more appealing than a club shift and the heart-shift at trick two beats the game. Dummy's 10 loses to East's jack and East reverts to leading diamonds. South's only option is to avoid a second heart loser and whether he finesses or plays for the drop, he goes one down.

Vulnerable: Both

Dealer: North

The bidding:

North	East	South	West
1♣	1♦	1♠	Pass
2♣	Pass	4♠	All pass

Opening lead: Diamond jack

LEAD WITH THE ACES

11-28-B

South holds:

♠ 10 9 8 2
♥ A 5 3
♦ A 5
♣ J 9 7 3

East holds:

♠ 3	South	West	North
♥ 3	Pass	Pass	Pass
♦ 4	Pass	Pass	Pass

ANSWER: Diamond ace. Against confident bidding by the opponents, look for a third-round ruff as the most likely way to beat the game.

Send bridge questions to The Aces, P.O. Box 1364, Twin Falls, ID 83401. Please include a self-addressed, stamped envelope for reply.

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825 WANTED TO BUY

Wanted: Used Sopranos saxophone. Call 733-6126.

Wanted to buy an electronic keyboard, with weighted keys. Call 326-4506.

Want to buy: drop leaf table & chair, used garden mulcher, cedar seedlings, trees, used blender & used appliances. Call 837-9000.

Will pay up to \$100 for a running car, up to \$200 for a running truck. 734-8881, ask for Jim.

827 GARAGE SALES

Nov. 26 until 7 p.m. living room, 8 & 9 pieces dining room set, sewing machine, juicer, antique dresser, authentic Chinese tea set, 100 new Christmas gifts. Call 326-4506.

Twin Minnie Mouse headboard, \$35. Call 326-4506.

Abbottville's living arrangement results. Will pay up to \$100 for a running car, up to \$200 for a running truck. 734-8881, ask for Jim.

1994 Kawasaki KLR 600, in good shape, runs good, \$850, call 633-6370 leave msg.

800 RECREATIONAL

1988 Arctic Cat (500 cfm) with life, excellent condition, take both for \$200. (over) Call 737-6133, leave msg.

1988 Phazer, Low miles & good. Call 734-2613.

1989 Ind 650 SKS, 1991 Ind 650 SKS, 1993 Ind Storm 750 SKS, 4 place snowmobile trailer. 734-8800 after 5pm.

1990 Ski-Doo Formula Plus with life, excellent condition, take both for \$200. (over) Call 737-6133, leave msg.

901 ATVS AND MOTORCYCLES

1987 Yamaha Big Wheel 200, electric start, excellent condition. \$1500. 543-5567.

1988 Honda Hawk, street bike, \$2500 or best offer. Call 554-5182.

1993 Harley Davidson XLH Huger, 1400 ml, custom heavy sharp. Call Mark at 733-1899, days or 734-8718, even.

902 BICYCLES

Tunturi 603 exercise bike, like new, Tunturi bike, others accepted. 734-5421.

903 BOATS AND MARINE ITEMS

COLEMAN RAIN-X 17 CANOE. Never used, \$400 cash firm. Call 733-6759.

904 CAMPERS AND SHELLS

Neighborhood 14 cabover camper, range, sink, icobox, \$495. 734-5391.

905 GUNS AND RIFLES

Banned! New polytech M-14, scope and optic, 1570 rounds armor, \$1600. New Ruger stainless 10-22, \$200. New Russian SKS & ammo, \$250. Call Ted 734-1222.

MAK 47 rifle, 30RD clip, \$500 or best offer. Call Ted 734-1222.

NOVEMBER 20% OFF ALL 22 RIFLES! Twin Falls Co. and Penn. 733-4050.

Ruger M-77 30.06, novel book, \$400. Call Ted 734-1222.

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Call Ted 734-1222.

909 SNOW VEHICLES AND EQUIPMENT

1992 Polaris 650 RXL long track, skis cover, reverse, excellent cond. \$4200. Call 733-1265.

1992 Polaris 650 RXL long track, cover, low miles, 537-6641 evenings.

1995 Arctic Cat ZTR 800; 4 place, 1995, 543-5567.

2440 Arctic Cats, low mileage, perfect condition, drive on-drive off, must see to appreciate. 543-5567.

2-JD 440 Cyclone's + plus trailer. \$1200, 423-4476.

92 Yamaha Phazer, long track, 925-5133.

93 Polaris, XLT-SKS, 900 ml, \$2400, Call 823-4533.

Burton 6.6 snowboard, binding 30 torque, used 1 season, good shape, \$300 or best offer. Call 432-5361.

Burton FREE 6 snowboard, with Flex 3 bindings, excellent condition \$150-offer. Call 733-5686.

Electra 440 Polaris, low mileage, exc. cond. 2 place snowmobile. \$2500. 543-5567.

Indy 650 R 700 ml, fox shocks, F&R, lift slide chassis, 2 place snowmobile, long track, \$4300 or best offer. Call 934-4990.

New lift bed, 2 place snowmobile, exc. cond. 2 place snowmobile. \$2500. 543-5567.

Yamaha 340, like new, low miles, \$550, 423-5482.

910 SPORTING GOODS

BRRII: It's cold outside & we have just the boots to keep you warm & dry. When you see by now, & mention this ad, you'll receive \$5 off any pair of boots. Call Kopp & Brownlee, 1522 2nd Ave S, Twin Falls, 734-2613.

Head-Onover-Paraglider-Roller: top name brands! SH bbs, jackets, 1 pc suits, boots & poles. Franchise call 734-5785.

Nordic Flex Gold, wall attachments, used only 20 hours. Call 678-0999.

911 TRAVEL

1988 Viking tent trailer, sleeps 6, forced air furnace, ice box, sink, less than 1000 miles of travel. "New" \$2800, 733-1901 days or 643-5912 even or weekend.

1993 18' K4, used twice, like new, very clean, see at: 600 S. 410 W., Hoyburn, 737-2611.

Arcticstar travel trailer, 18' in sleep, 6 place, \$1,200 or best offer. Call 734-2611.

For sale or trade: 1988 Taurus Torry 30 5th wheel travel trailer. Only lived in 2 mo. like new. 736-6256.

1000 TRANSPORTATION

4-36" Buckhart radials, \$780 new, \$350 or best offer. 736-2577.

4 stud mud & snow tires, 205-70-R14, \$150. Call 734-5941.

Chevy 350 motor, runs, AT, 424 (new), 4x4 axle, front & rear. 734-1373.

Ford 400 engine, complete with auto transmission, \$450. Call 654-2487.

For Sale: Studded snow tires, P215 775 R14, \$75. Call 734-2961.

JANNEY ENGINE & TRANS, 4x4 specials 1-800-365-3742

Warm 8000 b/winch with bumper, \$500. 4 Alcoa aluminum wheels, new tires, 8 bolt pattern, \$1200. Call 534-5182.

Advertise where you'll find ready buyers. In classified. Call 733-0931 press 2.

1003 AUTOS-OTHER

1993 Beretta Race Car, Sportman-Pro Stock-Late model. Complete w/ or without motor & tranny. Stock front clip, quick change, & lots of spare parts. \$6,500. Call 702-753-6367.

Tool box for all size pickup. \$250. Call 734-1938.

1005 ANTIQUE AUTOS

1966 Ford Country sedan, very clean, original owner, 298 AT, diesel, or best offer. Call 733-2681.

1006 SEMS & HEAVY EQUIPMENT

1968 Kenworth dump truck, \$10,000. 487-2122.

50 T-1000 lowboy, \$9500; 42" drop-deck trailer, \$3850; 32" 5th wheel axle backhoe trailer, \$3450; mod. steel diesel backhoe, \$8500. WANTED: good diesel 10 wheel dump truck! Rubber floor (D-7 steel) deck. Undercar twin lift, \$12,500; other backhoes & loaders. Call Hal's, 268-2489.

W/ a loader, clean, runs good. \$18,000. 823-4533.

1007 TRUCKS

1971 Chevy, 350, runs good. \$1500. 525-5306.

1007 TRUCKS

1977 Chevy 7.5 ton Silverado, 454 engine, V-8, AT, \$2500. Call 423-2921.

1978 Ford 7.5 ton with camper shell, 934 4th Ave. 734-1000.

1991 and Chevy PU, C1500, 5.7 liter, 5 spd, Silverado, for information call 734-1000.

91 Dodge 3/4 ton pickup, Cummings diesel, excellent condition. \$12,500. 423-5908.

Must sell! 1969 Ford Ranger, low miles, \$2500. 525-5306.

Must Sell This Week! 97% Ford PU extended cab, diesel 4 spd, lift power, cassette stereo, AC, very clean, \$6800 or best offer. Call 543-8341.

1008 4X4

1971 GMC Jimmy 4x4 Mags 1970, 734-1540.

1972 GMC Jimmy 4x4, good condition, \$3000, weekdays 733-1062 or 5:30pm.

1979 GMC 1/2 ton 4x4 pickup, 350 AT, \$2500 or best offer. Call 734-1000.

1985 full-size Bronco, great condition, 423-9052.

1988 Chevy Suburban, mint cond, 4 wheel drive, front & rear C-8, diesel, low miles, \$11,000. Call 734-2314.

1988 Ford Bronco II, exc. cond, \$7500, 734-4517.

1989 Ford F-250 XLT, Lariat, ext cab, 4x4, low mileage. Exc cond. 886-2432.

1991 Ford F-250 XLT Lariat ext cab, AT, diesel, excellent condition. 728-2113.

1993 Ford extra cab, V-8, AT, 4x4, miles, loaded, \$18,000. 733-5761.

1983 Ford Excursion 4x4, low mileage, 78 Chevy 1 ton service truck, 734-7039.

1987 Ford V10, \$2950, Call 734-8217.

81 Ford Bronco XLT, V-8, new AT, AC, runs great! \$3590. 734-8875.

82 Subaru wagon, 4x4, AC, \$2100, 726-3693.

82 Chevy extended cab, 4x4, Silverado, loaded, 734-8875.

93 F-150 XLT, 4x4, x-cab, 351, 4x4, chrome, low price! \$20,850. 552-4349.

9300 F-150: good diesel 10 wheel dump truck! Rubber floor (D-7 steel) deck. Undercar twin lift, \$12,500; other backhoes & loaders. Call Hal's, 268-2489.

1009 VANS & BUSES

1977 Dodge Van, 318 motor, runs good, upholstered interior, good tires. \$2399. 733-2921.

1992 Chevy Astro Cx, 18K miles, loaded, Dual heat & AC, perfect condition. \$13,500. Call 535-2958.

1009 VANS & BUSES

1992 Ford Aerostar, loaded, excellent cond. \$9800, 736-2544 or 822-4111.

1027 CADILLAC

74 Cadillac, front wheel drive, runs good, \$750 or best offer. 825-4139 after 5:30pm.

1028 CHEVROLET

1977 Camaro, V-8, AT, PS, PB, cruise, tilt, \$1750 or best offer. 825-4139 after 5:30pm.

1977 Chevy Caprice, 350 & barrel, good frame, runs great, rust-free work. \$450. \$432-6232 leave msg.

1994 Chevrolet Camaro, V-6, 5 speed, 250 miles. Call 543-8295.

1037 DOGGE

1989 Dodge Colt 2 dr hatchback, 41,768 mi, excel cond. All in dealer's lot. \$4,490. Call 734-6360.

Classified... for people everywhere! 733-0931.

1041 FORD

1974 Mustang II, 48,000 miles, runs good, \$750. 733-9699.

1992 Ford Festiva L, hatchback, 10,600 miles, 5 speed, 44 miles per gallon. Call 536-2931, evenings.

1993 Ford Escort LX, exc cond, 7800, 734-5147.

74 Ford Thunderbird, 460, new AT, \$5500, offer. '79 Ford F-150, extended cab, 460, AT, 50,000 on rebuilt engine, 1200 V8, runs great, "good" interior. \$1000-offer. Call 438-4946 or 438-8260.

83 Ford Mustang GT 5.0 351 Vindor, \$3250 or best offer. 737-6815 after 6pm.

1046 HONDA

1984 Honda Accord, loaded, AC, AT, cruise, new tires, shocks, brakes, 100,000 miles, \$2200. Call 789-2878.

1984 Honda Civic Wagon, 100,000 miles, exc. cond. \$1800-offer. Call Bellina 726-5687 or 822-4111.

BEAUTIFUL 1993 Honda Accord EX Coupe, Low miles, loaded, \$17,000. All in dealer's lot. \$4,490. Call 734-6360.

1993 Lincoln Continental, white with leather interior, 140,000 miles, new tires. 436-4442 after 6pm.

1957 LINCOLN

1999 Lincoln Continental, white with leather interior, 140,000 miles, new tires. 436-4442 after 6pm.

1053 MERCURY

1981 Mercury Grand Marquis, good tires, all options. \$200. 536-2525, even.

1056 MITSUBISHI

1992 Mitsubishi Eclipse, Air, tinted windows, cruise, warranty. Good in the snow. \$24,441.

1076 PONTIAC

82 6000, \$1495. 734-8217.

1077 TOYOTA

89 1.1, AC, PS, PB, cruise, \$1,000. 88 Tercol, FWD, AC, low miles, \$4200. Both low miles & excel cond. 726-3691, even. 726-3693.

1089 VOLKSWAGEN

1978 Rabbit diesel, 4 dr, 4 spd, good cond, 436-4562.

Use either... the solution to your needs. 733-0931.

NOW PAYING CASH ON THE SPOT FOR USED CARS & TRUCKS

Top Dollar for Any Year, Any Model!

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Call 734-0380 ~ Ask for Dick Gibson, 601 MAIN AVE. EAST

95'S ARE HERE! 2.9%* apr ON SELECT VEHICLES

1995 MAZDA MILLENNIA

THE LUXURY YOU'D EXPECT AT A PRICE YOU WOULDN'T.

*Asst. Lock Brake System (ABS) • Front Wheel Drive • Dual Heat Power Windows • Interlocking Windshield Wipers with Variable Control • Tinted Glass • Halogen Headlights with Projector Low Beams • Integral Proctor Air Outlets • 3-point Safety Belts for All Outboard Occupants with Rear Seat Center Lap Belt; Height Adjustable Front Shoulder-Belt Anchors • Driver's and Passenger's Side Air Bags • 4-SPEAKER ROTARY SYSTEM (RS) • Reclining Front Bucket Seats with Driver's Adjustable Thigh Support • Leather-Trimmed Upholstery • Leather-Trimmed Shift Lever and Hand Brake Grip • Power Windows with Driver's One-Touch-Down Feature • Power Door Locks • Dual Cup Holders • Child-Safe Rear Door Locks • Tinted Tilt Sliding Column Cruise Control with Steering Wheel-Mounted Controls • Anti-theft Alarm System • Automatic Climate Control System with Air Conditioning • Rear Seat Heater Vents and Front Seat Ventilation Ducts • Rear Window Defogger with Auto Shut-Off • AM/FM/PL-LOC Auto-Reverse Cassette Stereo Sound System (Bose) Music System with Individually Amplified Speakers and CD Changer • Power Mirrors with Tilt-Up Ventilation Feature • Trunk Release Entry System • 18 in. Trunk/Trunk Lid Release • CD Changer (Optional) • Tinted Windows • 4-SPEAKER Electronic Trunk Control, Heated Front Seats, Low Washer-Fluid-Level Warning Light, Heavy-Duty Starter Motor and Car Stereo Battery, Water Motor and Windshield Washer Tank • Carpeted Floor Mats and Window Locks.

1995 Millenia S \$349* mo. 1995 Millenia S \$389* mo.

4 IN STOCK 2 IN STOCK

*36 month closed-end lease, no security deposit. Requires 10% down payment. Does not include sales tax, title, \$450 acquisition fee or \$74.50 DOC. Guaranteed future value based on 36,000 miles. \$2000. 1994, 1 model \$17,818.

1994 MAZDA CLOSEOUT

ROY RAYMOND FORD

OUR BEST SALE THIS YEAR!

THEY'RE BACK! THEY WORKED FOR THE FOREST SERVICE...THEY CAN WORK FOR YOU!

1994 FORD F-150 4X4

8 AVAILABLE **3 AT THIS PRICE!**

•XLT •V-8 •5 Speed •A/C •Power Windows & Locks •Much More!
•RAINBOW OF COLORS-TWO TONE PAINT
SOLD NEW FOR OVER \$21,959

Now Only \$17,994

NEW TO YOU OFFERS YOU TRUE VALUE!

1994 ESCORT LX OR TEMPO GL

4 AT THIS PRICE!

•Automatic •A/C •AM/FM Cassette •Power Windows & Locks
•Some with Cruise •10 Air Bags Seats

\$1777 MO.

*Sale price \$10,639, 72 months @ \$177.43 per mo. \$1077 cash or trade down. 9.99% APR. Plus tax, title & DOC fee.

1994 TAURUS GL

4 AT THIS PRICE!

•Power Windows •Power Locks •Cruise •Tilt •Cassette •Some With Dual Air-bags & Anti-lock Brakes

\$249 MO.

*Sale price \$14,898, 72 months @ \$249.47 per mo. \$1443.60 cash or trade down. 9.99% APR. Plus tax, title & DOC fee.

VALUE CORNER

1989 FORD ECONOLINE •781	1981 SUBARU GL 4WD •998
1983 FORD FAIRMONT •886	1974 DODGE D-100 •998
1989 FORD PICKUP •972	1983 BUICK RIVIERA •1493
1980 MERC. MONARCH •996	1984 FORD RANGER •1788

1983 FORD LTD •1293	1975 DODGE D-30 •1588
1983 CHEVY CAVALIER •1387	1987 FORD RANGER •1777
1980 HONDA ACCORD •1488	1984 CHEVY S-10 BLAZER •3972
1986 BUICK SKYLARK •1588	1984 FORD F-250 4X4 •4686
1985 MERC. MARQUIS •1987	1988 GMC S-15 •4893
1979 LINCOLN CONT. •1996	1992 FORD RANGER 4X2 •6991
1984 DODGE DAYTONA •1998	1991 NISSAN TRUCK •6996
1984 CAD. EL DORADO •2496	1988 JEEP WRANGLER •7891
1989 NISSAN SENTRA •3991	1992 DODGE D-50 •7988
1989 MERC. SABLE •5991	1990 GMC SIERRA •7996
1983 FORD ESCORT •8977	1991 FORD F-150 •9886

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NO GIMMICKS, NO GIVEAWAYS JUST GREAT VALUES!

BEST WARRANTY IN IT'S CLASS!

WAS \$9896

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Weekdays 8-9
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1995 FORD F-150 4X4 SPORT

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SELLING TRUCK IN THE WORLD!

1995 WINDSTAR GL

•3.0L EFI V-6 •4 Spd. Automatic •OD •Dual Airbags •A/C •4 Wheel Anti-Lock Brakes •Volume Interior Trim •Carpenter •Childproof Door Locks •Much Much More!

WAS \$20,745 Now \$17,995

NEW RANGER SPORT

•2.3L EFI Engine •5 Speed Manual •OD •AM/FM Cassette •Cast Aluminum Wheels •Full Carpeting •Sport Rear Bumper •Handling Package •Much Much More!

WAS \$10,838 Now \$159* PER MONTH

*Sale price \$1777 after rebate. 10% cash down or trade down. 1% down with \$1500. 9.99% APR. Plus tax, title and DOC fee.

BRAND NEW ASPIRE 2 DR.

DUAL AIR BAGS FOR SAFETY!
•1.3L Fuel Injected 4 Cylinder •5 Speed Manual •OD •Fully Carpeted •Cloth Bucket Seats •Power Disc Front Brakes •Safety

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Health & Fashion

Can't drink seawater? Don't eat seafood

If you're one of the millions of Americans who are afraid to walk the streets because of crime, you will be pleased to learn that federal law-enforcement authorities have finally decided to take stern action against a shipment of frozen scallops.



Dave Barry
Humor

Really. According to an Associated Press story sent in by many alert readers, these scallops have been named by the U.S. attorney's office as the defendant in a lawsuit entitled "U.S.A. vs. 268 Cases, More Or Less, Of An Article Of Food."

The lawsuit charges that the scallops contain more water than federal regulations permit. The story quotes a spokesperson as saying that, for technical reasons, the government could not bring charges against the corporation that owns the scallops, and therefore "in essence you have arrested a food product."

The frozen scallops were apprehended after a low-speed chase on a Los Angeles freeway during which they held little guns to what passes for their heads.

No, seriously, the frozen scallops made no attempt to flee, and under our system of justice they are entitled to a fair trial with a properly sworn-in jury of their peers ("Please raise what passes for your right hand"). But if they're found guilty, I hope they go to the cooler for a long time, because like most Americans I'm sick and tired of seeing overwatered frozen scallops getting just a slap on what passes for their wrists and then being set free to roam the streets, although in all fairness we should note that, as members of the deceased mollusk family, they roam quite slowly.

Speaking of cold seafood getting tangled up with the law, I have here an article from the Peoria (Ill.) Journal Star, written by Sarah Okeson and alertly sent in by Karen Fyke, concerning a young man who opened his grandmother's refrigerator late one night and discovered that a bag of left-over imitation lobster — which is made from processed fish — was glowing. He alerted the grandmother, who took the leftovers at 2 a.m. to (Why not?) the Peoria Police Department, where an officer, following standard law-enforcement procedure for this type of situation, took them into a dark room and verified that they were, indeed, giving off a greenish light.

The officer then released the imitation lobster back into the custody of the grandmother, who is quoted as saying, "My light bulb can go out in the refrigerator now. All I need is the artificial lobster." The story also quotes a government microbiologist as saying that the glow could have been caused by bacteria, which by the way are being represented in this case by Robert Shapiro.

No, I'm kidding again; Mr. Shapiro is a respected attorney who would not represent bacteria unless they were very wealthy. But the point is that, for safety's sake, you should never eat any kind of imitation crustacean without first having a police officer examine it in a dark room. Also I assume it goes without saying that you should never eat real lobsters, which are clearly nothing more than giant insects. "Never eat anything with eyeballs on."

Please see BARRY/D2



The 'Mane N' Tail' display sits between lined work gloves and hand warmers at D & B Supply in Twin Falls.

MIKE SALSBUURY/The Times-News

Horse shampoo runs through hair-care products industry

By Steve Crump
Times-News writer

TWIN FALLS — Tony Jardine will sell you a bottle of Equine Mane 'N' Tail horse shampoo with confidence. After all, he uses the stuff.

On his horse and on himself. "I just pour it in my hand and shampoo with it," said Jardine, sales consultant at Vickers Western Stores' outlet in downtown Twin Falls. "Don't bother to mix it with water when I shampoo my horse, so that's the way I use it myself."

They both have lots of company. Horse shampoo is the hottest item in the \$3 billion hair-care products industry, credited with everything from giving humans thicker hair to giving them more of it.

"I see younger girls who use it," said Marie Reyes, who operates New Wave Hair Design in Twin Falls. "A lot of them want that straight, western look, and that's what it gives them."

Yeah, but horse shampoo?

"Basically, shampoos are the same," said Dr. Thad Scholes, a Twin Falls dermatologist. "They contain some kind of detergent and sulfates to make it foam."

"There are some shampoos that make individual hair shafts swell, and that may be what happens with horse shampoo," said Dr. Alan Olmstead, another Twin Falls dermatologist. "That makes your hair feel thicker, although it doesn't actually give you more hair."

"Horse shampoo doesn't make new hair grow — no shampoo does," Scholes said.

Maybe not, but you couldn't tell it by what's happened to the companies that make the stuff. In five years, Straight Arrow Inc., manufacturer of the top-selling Mane 'N' Tail, has seen its profits jump from \$500,000 to a projected \$60 million this year. Gene Carter, the company's vice president for marketing, told the Washington Post.

Bob Albert, a spokesman for the Rio Vista equine line by beauty guru Jheri Redding, told the Washington newspaper that his company made \$12.5 million in 1993, the first year Redding manufactured his Tail & Mane line. He estimated that the company will double its profits this year.

When Straight Arrow owner Roger

Dunavante bought the company six years ago, most of the products were used on horses, said Carter; now 60 percent are used by people.

"It's been a real rocket ship ride," Carter told the Post. "And it's all been basically by word of mouth. Distributors would call and say, 'Don't run an ad because we already can't keep up with the demand.' And it's really

'I see younger girls who use it.'

— Marie Reyes,
New Wave Hair Design

'Basically, shampoos are the same.'

— Dr. Thad Scholes,
dermatologist

been a manufacturing nightmare in that each year we outgrow our factory and have to build more."

"We probably sell 15 (32-ounce) bottles of Mane 'N' Tail a month," Jardine said. "It's gone up probably 1,000 percent."

On one afternoon last week, Twin Falls' K mart store was sold out of the shampoo at \$6.47 a bottle, and only a few bottles were left at Target.

"It's been a real good seller," said Blaine Ream, who manages D&B Supply Co.'s store in Twin Falls and carries several different brands of horse

shampoo. "I started to pick up several months ago after it started getting national publicity."

In fact, horse shampoo is on the trailing edge of a phenomenon that started about five years ago when women began to discover the moisturizing powers of Bag Balm, a cream sold in animal-supply stores and used to soften cow udders.

That was followed by a run on Straight Arrow's horse hoof-hardening product, which is supposed to do great things for fingernails.

Then came Tammy Faye Bakker Messner's published confession that she uses horse shampoo and conditioner, which made every gossip column in America and touched off a run on horse shampoo.

"I'm sure a lot of people bought it out of curiosity," Ream said. "But they seem to keep buying it."

Unlike some products that are designed with a specific hair type in mind, the horse shampoos and conditioners work on every kind of human mane. Warren Chambers, Straight Arrow's chemist, told the Post. "This is the first hair care product to cross over and perform for everybody," he said. "It's good on every hair type: black, white, Hispanic, Asian and Indian."

Chemically, Mane 'N' Tail is a very Please see SHAMPOO/D2

Inside

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Looking good

Glorious hairstyles, meticulous look make glamorous return

Orange County Register

Marlene Dietrich had it. So did Grace Kelly and Lauren Bacall.

It's called glamour.

On film and in photographs, indelible glamour was etched on these stars' faces with dramatic makeup and crowned on their heads with calculated coifs.

Hollywood siren voices and tailored evening suits have returned, complemented by meticulous grooming. Hair is "low-key and glorious, reminiscent of Lauren Bacall and Veronica Lake," according to a trend report from Clairol.

- Some of the key looks include:
- Hair tucked behind one ear and falling over one eye
- Long, lustrous waves
- Full, bouncy curls
- Smooth chignons
- Halos of teased, frizzed and crimped hair

Please see LOOKING/D3



Glamour is back. In this case accentuated by cultured pearl rings, earrings from Stephani D.P. Briggs and evening dress by Tiffany Kim.

Health notes

GENTLER FITNESS: Forget hardbodies and going for the burn. Fitness-conscious baby boomers are beginning to drop high-intensity gym regimens and embrace more leisurely activities, ranging from walking to gardening to yoga. Advertising Age magazine reports. It cites statistics from the research company Leisure Trends showing that health-club memberships are down among people age 25-34 and over 45. Much of the decline is occurring among women. "It's a response to the Superwoman phenomenon," says Tom Doyle of the National Sporting Goods Association. "Something's got to give."

FITNESS YOU CAN BANK ON: Which is not to say that you should stop exercising altogether. A new study presented at last week's American Heart Association annual meeting says that for men, exercise is like money — the more you get, the better. In the first study of the heart-disease risks of a large group of serious runners, researchers found that the benefits of exercise continue to climb even at the most intense levels of exercise. The study included no women, and it would be hard to translate the results to females because of the physical differences between the sexes, researchers say. A study of women is expected to be finished next year.

YOU'RE NEVER TOO OLD: And a final word on exercise: From that same American Heart Association conference comes news that exercise may help elderly patients recovering from coronary disease even more than it helps younger patients.

A REAL FIND: Scott R. Woodward says he has isolated a bit of DNA from a dinosaur that roamed the plains of Utah 80 million years ago. But don't go getting any ideas: the Brigham Young University scientist, who has yet to identify the specific dinosaur involved, has no plans to create a Jurassic Park. The novel and movie of that name is based on the idea that DNA from dinosaurs could be cloned into living animals. But Woodward says that "will not happen in my lifetime."

HAPPY HOLIDAYS TO YOU: Sorry to have to tell you this, but according to Longevity magazine, most people will gain four to seven pounds between Thanksgiving and New Year's Day. Bon appetite.

— Compiled for wire service reports

To do for you

Childbirth refresher class begins

TWIN FALLS — A prepared childbirth refresher class for persons who have previously taken a prepared childbirth class will be held from 7 to 10 p.m. today at the Magic Valley Regional Medical Center second-floor conference room.

The non-refundable course fee is \$15 and pre-registration is required. Childbirth preparation and medical center procedures will be reviewed. A film, a discussion on sibling adjustment and a tour of the labor/delivery unit will be included.

To register, call 737-2900, weekdays between 9 a.m. and 4 p.m.

Training to benefit disabled adults

TWIN FALLS — The Department of Health and Welfare will be providing training and certification for persons interested in providing targeted service coordination to developmentally disabled adults.

The training will be held from 9 a.m. to 4 p.m. today and Tuesday at the health and welfare office, 601 Pole Line Road, Meeting Room A. Call Mike at 736-2812 or Brenda at 736-3024 before Wednesday.

Support group for cancer patients meets

TWIN FALLS — Cancer patients are invited to attend a special support group session from 7 to 9 p.m. today at The Health and Welfare Department, 601 Pole Line Road.

The American Cancer Society, community volunteers and members of the Magic Valley Breast Cancer Support Group are sponsoring this "Look Good, Feel Better" Holiday Makeover for cancer patients.

Call Char Basila-Davis of the Southern Idaho Regional Cancer Center at 737-2441 or Judy Craig at the Twin Falls Clinic & Hospital at 733-3700.

Alzheimer's support group gathers

TWIN FALLS — An Alzheimer's Family Support Group will meet at 6:30 p.m. Tuesday at BridgeView Estates Retirement Center in the private dining room.

Call Donna Behunin at 736-3933.

Learn more about Caesarean deliveries

TWIN FALLS — The third class of each Childbirth Preparation Program is available to anyone wishing to learn more about Caesarean deliveries. The current class will be held from 7 to 9:30 p.m. Wednesday at the Magic Valley Regional Medical Center second-floor conference room.

There will be a labor rehearsal, staff instruction covering medications, hospital procedures and non-conforming laborers. A tour of the obstetrical department, including the C-section room will be given. The non-refundable fee

is \$15. Call the education department at 737-2900, weekdays between 9 a.m. and 4 p.m.

Help siblings adjust to new baby

TWIN FALLS — The Big Kids' Klub is a program designed to help children adjust to the idea of a new baby brother or sister. Sponsored by the Magic Valley Regional Medical Center, this siblings' class will be held from 10 to 11:30 a.m. Saturday in the second floor conference room of the medical center.

The class is taught by Kristy Burkett, R.N., who recommends that the "big kids" should attend during the mother's eighth month of pregnancy. She asks the children to bring a favorite doll or stuffed animal to the class.

Participation costs \$7.50 per child or \$10 per family. Since the class size is limited to 10, early pre-registration is advised. Call the MVRMC Education Department at 737-2900, weekdays between 9 a.m. and 4 p.m.

Aerobics class begins soon in Jerome

JEROME — The Jerome Recreation District is currently taking registration for the 6 p.m. aerobic class. The new session will begin Dec. 5 at the Jerome Recreation Center. The fee is \$20 (\$25 for out-of-district participants). Call the district office at 324-3389 or stop by the center at 2444 S. Lincoln.

Afternoon aerobics class starts

JEROME — A new session of 4:30 p.m. aerobics will begin Dec. 5 at the Jerome Recreation Center. The fee is \$20 (\$25 for out-of-district participants). Men and women will enjoy this complete workout. The class will be held on Mondays, Wednesdays and Fridays. Call the center at 324-3389 or stop by the office at 2444 S. Lincoln.

Arthritis Support Group meets

TWIN FALLS — The Arthritis Support Group will meet at 7 p.m. Dec. 6 in the Doctors Meeting Room. Members of the Lupus Support Group are also invited to attend.

The program will be a group sharing session on "How to Enjoy the Holidays."

Anyone with arthritis is encouraged to attend and participate in the group's free monthly meetings and family members and friends are also invited. The group usually meets the first Tuesday of each month at the medical center.

For more information, call Becky Jensen at 737-2050.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls 83303, or deliver to our office at 132 Third St. W.

Dry skin can require more than simply the standard treatments

DEAR PAULA: I am 54 years old and have dry, blotchy skin with brown spots.

I was wondering what I could be doing wrong. I am not at all satisfied with my skin-care routine. I wash with Cetaphil Lotion, then apply Mary Kay's Gentle Action Freshener and then Revlon Results moisturizer.

In the evening I add Retin-A to the routine and Mary Kay's Nighttime Recovery System. I've tried several other AHA products, including Neostatra's Skin Smoothing Lotion and 12 percent Lac Hydrin.

Also, should I be using a sunscreen?

—Janet, Humboldt, Saskatchewan

DEAR JANET: I suspect part of your problem is caused by your fresher, part may be caused by using Retin-A (particularly if it isn't a cream base Retin-A) in conjunction with an AHA product, and part by the fact that you are not using an emollient moisturizer.

Not everyone's skin is cut out to handle AHAs and/or Retin-A



Cosmetics Q & A
Paula Begoun

without experiencing some irritation, which can cause dryness and a blotchy appearance.

Also, Revlon Results products are good moisturizers, but they are not emollient enough for someone with dry to very dry skin.

Continue using the Cetaphil Lotion twice a day, but try a much more emollient moisturizer, such as L'Oréal's Hydra Riche.

Choose between either your Retin-A or an AHA product, but do not use both until your dry skin and blotchiness clear up.

Then continue with the Retin-A at night; during the day introduce an AHA product such as Alpha Hydrox Cream or Pond's Age Defying Cream — but only two or three times a week.

By the way, forget the toner, unless you want to try Nivea's Alcohol-Free Moisturizing Facial Toner.

Sunscreen during the day is essential. SPF 15 only, but you already knew that, right?

Paula Begoun is the author of several books on cosmetics, including her second edition of "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95).

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Universities devise world's tiniest laser

The Chicago Tribune

World's smallest laser developed by universities

The world's smallest laser has been built by researchers at Northwestern University and the University of California at San Diego. It is just 5 microns across as compared to the smallest ones now in use, which measure some 300 microns. The laser consists of two discs, one atop another. Photons of light are emitted in a single direction through an aperture in the upper disc.

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Shampoo

Continued from D1

close first cousin to Pirel, Head 'N Shoulders, Breck, White Rain, Trisemine, Pert Plus and just about every other shampoo you can think of. The major difference is that it contains no ammonia, which is the detergent base of most shampoos; Mane 'N Tail is a sodium-based product.

Sodium- and ammonia-based shampoos are alkaline, which means they react with acidic hair molecules to strip away dirt and oil. The companion Mane 'N Tail conditioner — which is actually a detangling agent intended for home-manes and tails — consists basically of alcohol. That's pretty much what's in human hair conditioners, too.

"Most of my customers who use horse shampoo have fine hair," said Bonnie Henson, co-owner of "Twin Falls Hair Perfection salon." "I've never seen anybody who uses it have a perm, but I wonder how the chemicals would mix."

"The people who use it seem to have silky, straight hair," Reyes said. "I really don't know if a perm would take."

As with any shampoo, Henson said, anyone who uses horse shampoo should consider how alkaline it is.

While all shampoos are alkaline, very caustic shampoos can damage hair.

"I would look at something in the 5.5, 6 (pH) range," said Bonnie Rowe, a cosmetologist at Twin Falls Hair Classics. "Anything more than that, I might have some concern about."

Unfortunately, horse shampoos

— like most over-the-counter shampoos — don't list their pH ratings on their labels, and what's actually in the product is not always a matter of public record. There's no federal requirement that manufacturers of animal-care product list ingredients — unlike in the human cosmetic industry.

"If the labeling is clearly for horses and humans choose to use it, that's their decision. We do not regulate so-called cosmetics for animals. If the label doesn't say it's for human use, we have no jurisdiction," Janet McDonald, public affairs spokeswoman for the U.S. Food and Drug Administration's San Francisco district office, told Knight-Ridder Newspapers.

None of the horse shampoos is designed to be used straight; they're supposed to be diluted with water. That's one of the reasons they're more expensive: Mane 'N Tail, for example, averages about 20 cents an ounce in Twin Falls-area stores.

By contrast, Procter & Gamble's Pert Plus shampoo goes for about 18 cents an ounce, Dial's Breck about 9 cents, Alberto-Culver's Trisemine about 8 cents, and Gillette's White Rain and Helene Curtis' Suave about 7 cents.

"But it comes in a big bottle and it lasts forever," Jardine said. Jardine said Vickers doesn't represent Mane 'N Tail as being anything more than what it says on the label: an effective shampoo.

Anybody else's hair-raising claims to the contrary.

"If the people who make this could actually find something to make hair grow," Scholes said, they wouldn't have to worry about selling horse shampoo."

Barry

Continued from D1

stalks and more legs than a standard cow," is a good rule of thumb. The only kind of seafood that I trust is the fish stick, a totally featureless fish that doesn't have eyeballs or fins. It just lies on the sea floor in a little rectangle, protecting itself with a thin layer of breading.

Speaking of trout, you should be highly suspicious of any seafood that you're being urged to eat by a scientist. I base this statement on a photograph from the Carver County News-Times of Morehead City, N.C., alerting sent in by Judith Tillman. The photograph shows two women bending over a bowl. The caption, which I swear I am not making up, says:

"Gail Cannon of Duke Marine Lab convinces N.C. Maritime Museum staff member Nancy Martin to eat the gonads of a sea urchin at the Strange Seafood Festival Thursday evening in Beaufort."

Call me old-fashioned, but my firm belief is that a person should not eat any kind of gonad without an extremely good medical reason. This leads us to a musing question that is on the minds of many Americans in these health-conscious times, namely:

Is it OK to eat your underwear? The answer, I am pleased to report, is: yes. I have here an Associated Press story, sent in by many alert readers, which begins:

"ZAMBOANGA, Philippines — A fisherman ate his underwear and barnacles that clung to his body as he drifted for four days at sea after waves shattered his boat."

"The story quotes the man as saying: 'I ate my underwear and drank sea water. Shells were beginning to eat my body so I had to eat them too.'"

Why not? It makes as much sense as sushi. In fact, this man could be giving us the idea for a trendy new seafood restaurant, called "Briels 'n' Barnacles," which could attract a demanding clientele.

"(We) call Are these Jockeys fresh? Also there could be big potential for a weight-loss plan called "Shells Eat Your Body." I don't know about you, but I'm in the mood for a steak.

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

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the lesson page

The following is part two of a 20- to 30-minute basic strength-training workout from the University of California at Berkeley Wellness Letter. Only one exercise is shown for each major muscle group; there are many variations, and you may wish to add others.

Exercise Curl down

Muscle group Abdominals



Start by sitting with your knees bent, feet flat and arms reaching forward. Slowly lower yourself to the floor to a count of 10. Sit back up using your arms, if necessary, and repeat.

Exercise Triceps extensions

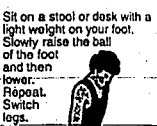
Muscle group Triceps



Supporting one knee and hand on a bench or chair, hold a weight at the side of your chest, arm bent so your elbow is behind you. Without moving the elbow, extend your arm behind you. Return to starting position. Repeat.

Exercise Toe raises

Muscle group Shin muscles (tibialis anterior)



Sit on a stool or desk with a light weight on your foot. Slowly raise the ball of the foot and then lower it. Repeat. Switch legs.

Exercise Wrist curls

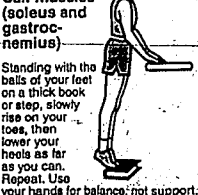
Muscle group Forearm, flexors



Hold a light weight, lay your forearm on a table with your hand over the edge, palm up. Slowly curl up the weight, then lower it as far as possible. Repeat. Then reverse the maneuver: turn your palm downward and repeat the curl. Switch arms, and repeat.

Exercise Heel raises and dips

Muscle group Calf muscles (soleus and gastrocnemius)



Standing with the balls of your feet on a thick book or step, slowly rise on your toes, then lower your heels as far as you can. Repeat. Use your hands for balance, not support.

Exercise Curls

Muscle group Biceps



Sit leaning forward with your legs slightly spread and one hand on your thigh. Keeping the other elbow on the other thigh, hold a weight so that your forearm is horizontal. Slowly curl the weight up and toward your chest; lower and repeat. Switch arms.

SOURCE: Reprinted permission of the University of California at Berkeley Wellness Letter; © Health Letter Associates, 1991

11/26/94

The Miami Herald, KRT Infographics/DAN CLIFFORD

Looking

Continued from D1

- Short, neat, cropped and sleek hair, sometimes sculpted into marcelled waves
- Rhinestone barrettes
- With most styles, there isn't a lot of volume at the crown except for a slight lift for some wavy or curly styles
- Even with curling irons, hot curlers and diffusers and the holding power of gels, mousses and hair-sprays, these are not everyday wash-and-go "dos. They are something to try for a New Year's Eve party or a formal holiday dinner.
- An easier way to achieve a new look might be the cut of the moment, worn by actress Julianne Phillips and models Helena Christensen and

Yasmeen Ghauri. It's a layered cut for straight hair that stops at the nape, but is short close the ears and toward the face. The ends that fall in the back can be flipped, while the short bangs fall on the forehead or are swept to the side. Hair can be slicked down and tucked behind the ears for a sleeker evening style. For night, it can go retro with curlers and styling products.

Makeup is a simpler proposition. "Red lips dominate the face," said Julie Berman, spokesperson for Prescriptives' cosmetics company. "Not just any red will do."

"It's not a fire-engine red," Berman said. "It's more of a brick red with a little bit of yellow and brown undertones."

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Twin answers dumb identical question



Dear Abby
Abigail VanBuren

DEAR ABBY: After reading Carole Beth's letter about all the dumb questions she's asked regarding her twin sons, I had to let you know the question that I am still most asked, as I, too, am a twin.

When people find out that I have a twin brother, they ask, "Are you identical?"

I answer, "No, he's a male and I'm a female."

Abby, it amazes me that people don't understand that identical means just that — if one is a boy and the other is a girl, they are NOT identical!

Please print this. My twin brother and I look very different in other

aspects as well: eye color, hair, etc.

— KATHLEEN PURCELL, TUCSON, ARIZ.

DEAR KATHLEEN: The terms "identical" and "fraternal" when referring to twins do not refer to appearance; the terms indicate whether or not the twins are the result of one ovum (egg) or two.

Identical twins are the result of one ovum (egg) that has been split

and produces same-sex twins. Fraternal twins are the result of two identical eggs. All boy-girl twins are fraternal.

DEAR ABBY: As I read the letter from "Careful in Georgia," who put her children on a leash to protect them in crowds, a thought occurred to me: It's much easier for a father to lose his children in a courtroom.

PAUL M. CLEMENTS, DADS AGAINST DISCRIMINATION, STERLING, MASS.

DEAR PAUL: It is generally assumed that children of divorced

parents would be better off with their mother than they'd be with their father. However, it ain't necessarily so!

DEAR ABBY: I am a retired man who volunteers to entertain patients in nursing homes and hospitals.

I recently went to the Coney Island Hospital and took my portable keyboard along. I told some jokes and sang some funny songs at a patient's bedside.

When I finished, by way of saying goodbye, I said, "I hope you get better."

He replied, "I hope you get better, too."

A holiday tip to avoid heartburn: Slow down and enjoy the food

Chicago Tribune

At Dr. Mark Daniels' house, Thanksgiving is more a marathon than a sprint.

"We eat a main meal," he said, "but we try to pace ourselves. We can always have sandwiches and leftovers later in the day."

Daniels speaks from professional perspective. He is a gastroenterologist with a private practice in the Chicago suburb of Glen Ellyn, Ill. His patient list includes a good number of chronic heartburn cases.

"Especially during the holiday season, people tend to overeat," said Daniels.

"This leads to a distended stomach and acid-reflux, which is a backup in the esophagus, the connection between the throat and stomach. Alcohol also relaxes the muscle at the end of the esophagus; this allows more acid and more heartburn."

While Thanksgiving remains one of our least commercial holidays — basically you gather with loved ones, share a good meal and give thanks for many blessings — it does signal the beginning of an overindulgent six weeks for most of us. From Thursday's appetizers to New Year's Day dessert, we will be constantly challenged to align our eyes with our stomachs.

Oddly enough, Daniels suggests you don't skip too many meals.

"One strategy I recommend to my patients with chronic heartburn or a

tendency to overeat is to take the time to eat breakfast and lunch. Too many people don't eat much during the day, then come home for a huge dinner. This puts the maximal amount of acid in the system at one time. Then they often go to sleep before fully digesting the food.

'One strategy I recommend to my patients with chronic heartburn or a tendency to overeat is to take the time to eat breakfast and lunch.'

—Dr. Mark Daniels, gastroenterologist

which only allows more acid to flow into the esophagus."

Besides the discomfort of heartburn, such imbalance in your daily meals puts undue strain on your digestive tract and your body's ability to eliminate waste — no trivial matter even if colon health is not exactly an everyday subject.

Such eating patterns also lead to more fat storage in the body. A University of Minnesota study showed that research subjects who followed a 2,000-calorie breakfast only regimen lost weight compared to those participants who ate a 2,000-calorie dinner-only regimen. For what it's worth, even some Hollywood stars (Jane Fonda is one) say they keep their slim figures by never eating after 5 to 7 p.m.

Other studies link eating less with

longer life, especially among populations in which meat is de-emphasized or totally absent from the daily diet.

Of course, real life can get in the way of ideal meal times and good choices. Daniels said there are other adjustments that help fight off heartburn and related digestive problems. One is limiting your alcohol and caffeine during the evening hours ("both are problematic," another is to be more aware while eating).

"People who eat too fast are not paying attention to their food," he explained. "They may be watching television or answering a question put to them at the dinner table. Maybe they are just so starved they are in a hurry to eat and be satisfied. In any case, they are usually the people who do a lot of belching. They are swallowing a lot of extra air."

Daniels said he encourages such patients to slow down by laying their forks down between each bite of a meal. It seems too basic, but thoroughly chewing your food will further enhance your digestion and overall health.

Not that upset or stuffed stomachs won't be part of this holiday season. Daniels said most over-the-counter antacids are acceptable for a mild case of heartburn or discomfort. He particularly recommends liquid forms to help coat the lower esophagus.

Firm introduces new wrinkle in war against age-old enemy

Orange County Register

LOS ANGELES — "The inner me is getting younger every day. The outer me is getting wrinkles. While they eat character, who needs it?" actress Jill Eikenberry quipped.

To combat wrinkles, Eikenberry said she and her husband, actor Michael Tucker, have begun to use a wrinkle-reducing formula known as Ethocyn. The product was introduced to the public last week at a luncheon also attended by Tony Curtis, Barbara Eden, Morgan Fairchild and Rue McClanahan.

When applied regularly, the product increases elastin fiber, improving resiliency and elasticity and reducing the appearance of yellow wrinkles, said Chantal Burnison, president and CEO of Chantal Pharmaceutical Corp.

A clinical trial financed by the

company produced favorable results in a group of 20 women ages 40-58.

Dr. Richard Strick, clinical professor of medicine and dermatology at the University of California, Los Angeles School of Medicine, reported the results of the trial in August.

Ethocyn increased elastin fiber by 100 percent when applied morning and evening, Strick said. He documented the change with computer image analyses of skin biopsies conducted after two, four and six months. Used alone, the product has no known side effects, Strick said. The results continue as long as the product is used, he said.

Ethocyn is not related to Retin-A or alpha-hydroxy acid but can be used in conjunction with those products, Strick said.

To date, Ethocyn is not regulated by the Food and Drug Administration because it is classified as a cosmetic.

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Tweed, velvet, knits, corduroy lead way for texture look

Colorado Springs Gazette Telegraph

Children know warm fuzzies are important: They cling to fluffy teddy bears, soft blankets and furry kittens for comfort.

Now adults can get into cuddling, too, as they crawl into the softest, fuzziest, fluffiest fashions in years.

Texture is the big news this season, with tweed, velvet, corduroy and ribby knits leading the way. So mixing mohair, cashmere and angora into the equation is logical.

Arriving in stores now are trendy cropped pullovers, sophisticated tunics and brilliant cardigans. Pick from the new-brights, muted pastels, plaids or solids.

"It's the type of fabric you can just stand here and pet," says Wanda McEwen, manager of Wilhelmina's Fine Fabrics, which sells English mohair sweater-knit fabric and woven cloth.

She recommends the woven fabric for lined but fairly unstructured jackets and suits.

For best effect, wear your fuzzies in contrast to other pieces in an outfit.

Wear a cropped angora pullover with a proper schoolgirl skirt or suspended trousers; soften a menswear-inspired glen-plaid suit with a fuzzy vest. Give a muted cashmere tunic a kick with leggings and riding boots.

A richly hued, fluffy mohair cardigan looks great over a streamlined black turtleneck and trousers or stirrup pants, says Mary-Jean Larson, owner of M.J. creations, a downtown boutique. And the sumptuous look doesn't sacrifice comfort.

"You have that warm, luxurious feel without a lot of weight," Larson says.

But be careful that the added texture doesn't add visual weight



A model sports a plaid mohair ensemble topped by a matching beret during a fashion show last July in Paris. This outfit was designed by Oscar de la Renta.

to areas that don't need extra padding. You don't want to be like the Boynton greeting-card cat who had to explain, "I'm not fat — I'm fluffy."

Holiday season plays havoc with weight; here's a few tips

Knight-Ridder News Service

SAN JOSE, Calif. — Too often, Thanksgiving to New Year's is a five-week frenzy of shopping and family freg-for-alls fueled by a binge-a-thon of double cafe mochas, sugar cookies, 100-proof eggnog, Grammy's gravy and chocolate-everything.

The only thing that gets worked out is your fork arm and your belt size. So it's no surprise that, between this week and New Year's, those adults who gain weight put on an average seven to 10 pounds. Others simply forget the gym ever existed.

But health and fitness specialists say you can have your pumpkin pie and eat it, too. The difference between celebrating and just surviving the holidays is simple: Enjoy your holiday feasting — just don't over-indulge. And burn off those extra calories without guilt with low-stress exercise like walking with a good friend or playing touch-football with the family.

To help you make this a sane holiday, many communities are sponsoring booze-free community festivities that emphasize family and creativity.

Or you can start the year on the right foot by jogging in one of the many New Year's runs held around the bay.

To help stoke your holiday spirits, here are some experts' tips for everything from squeezing in stress-counting workouts to working through Christmas blues.

Setting priorities is the key to working in your workout during busy holidays, especially given new, winter weather and diminished daylight.

"We try to get people to plan and commit to exercise by writing down in a planner what they're going to do each day," says Sara Jane Vinson, nutrition chief for O'Connor Hospital's Lighten Up For Life program. "When you don't plan for exercise, it's really easy to say, 'I'll start in next week or after the first of the year,' which happens a lot this time of year."

Exercise provides a crucial mood boost and solitude break.

"There's no more important time to work out than the holidays, because you need to counterbalance the stress of the shopping and the family gatherings," adds Julie Larsen, owner of the Body Firm, a Los Gatos, Calif., personal-training studio. "It gives you time to yourself and to recharge."

Other fitness ideas:

- If you can't get to a gym, make your trip to the mall work for you with a 15- or 20-minute power walk.
- If you don't want to go out drinking and getting into the party scene, go to an aerobic class and get your dance fix. Cut loose and enjoy the music," Larsen says.

- Instead of watching sports on TV, start a holiday tradition of playing softball, touch-football or basketball with family and friends. Take a post-meal walk around the neighborhood or a nearby park.

"It's really important for parents to set good examples," Vinson says. "It's hard to convince your teen-ager to get some exercise if she or he sees

Mom and Dad doing nothing."

- Instead of starting 1995 with a hangover, run in one of the many New Year's Day runs.

Confronted with the seasonal bounty, many people starve themselves in anticipation of a big meal, only to come to the table feeling ravenous and deprived.

"It's not a good strategy to go to the party hungry, because it makes you vulnerable to overeating and over-drinking," says Carolyn Prossak, a nutritional therapist at O'Connor Hospital's Recovery Center. "When people feel they're being deprived, they get angry and throw all caution to the wind and say, 'I'm going to eat whatever I want. It doesn't matter.'"

"Moderation is the key. If you overeat one day, walk a little longer the next day and eat a little less fat. You can balance it out," if you stay aware of what you're doing."

Other strategies:

- Keep a daily log of what you eat, because people with weight problems can over-exaggerate — or underestimate — their consumption.

- Eat the best and leave the rest. Eat turkey, vegetables and carbohydrates such as potatoes and sweet potatoes and avoid fatty sauces, heavy in butter and cream, such as hollandaise and gravies. Instead, spice up foods with herbs and seasonings.

- Don't skip meals in the shopping rush — it'll come back to haunt you at the cookie shop in the mall. Eat something every four or five hours. If you've got to eat on the run,

try something easy or pre-prepared, such as a glass of milk and a bagel or half a peanut butter sandwich and a piece of fruit.

Studies indicate that many people (especially women) might be better served by eating five or six tiny meals a day — instead of three squares. Eating more often without eating greater amounts helps raise your body's core temperature to burn calories. It also helps people feel fuller.

- Cold weather stimulates our hunger for comfort foods high in sugar, salt and fat. But if you fuel your holidays with sugar, caffeine and alcohol, you'll be riding a mood roller-coaster. Instead, eat carbohydrates (fruits, vegetables, pasta, rice, breads, potatoes, cereals) which are low-calorie and provide longer energy and stable moods.

American life has dramatically shifted to two-career and single-parent households, yet many people's image of joyous holidays is a Norman Rockwell ideal of the mom wearing an apron in the kitchen, lovingly cooking batch upon batch of seasonal goodies.

Unrealistic expectations are a recipe for disappointment, warns Glenda Voss, director of O'Connor Hospital's employee assistance program. "Too often, women still try to live by those old pictures of holiday warmth. But with the changing economy and Mom working 40 hours a week, she generally doesn't have a lot of time to create that atmosphere."

Take a stand for good posture and avoid variety of ailments

Knight-Ridder News Service

Everyone knows that good posture helps improve your appearance.

But did you know that proper posture also helps to prevent many common aches and pains? Consciously working to improve your posture has been shown to significantly reduce back, neck and shoulder problems.

Sadly, the majority of Americans spend most of their day hunched over a desk, slouched in a car or standing on hard surfaces in non-cushioned shoes. At night, many individuals relax by slouching on a sofa or chair watching TV. All of this can aggravate postural problems.

Research has shown that chronic improper posture can contribute to headaches, arthritis, a rounded back and pinched nerves. What are some of the main causes of poor posture?

- Prolonged and/or improper sitting.

A sedentary lifestyle that leads to weak, atrophied, unconditioned muscles.

- Tight, inflexible muscles
- Excess fat on the body
- Poor lifting techniques
- Low self-esteem and poor body image

- Imbalanced muscle groups
- Smoking (reduces spinal disc oxygen and nutrients)
- Poor exercise techniques

Here's what you can do to achieve and maintain good posture:

The first step in correcting posture while sitting is to use a sturdy, firm chair with a flat seat. While seated, your thighs should be parallel to the floor, with your knees directly over your ankles. Place both feet flat on the floor. Sit in a chair with your spine in an upright posture and try keeping your body weight off of your tailbone. Avoid slumping over to one side or the other, as this places strain on the spine. Avoid dropping your head or thrusting it forward.

If relaxing in a sofa or comfortable chair, try to sit up straight. When reading, hold material up to a position that keeps your chin up. For TV watching position the television at eye level or above.

Maintaining a good range of motion in and around your joints is important for good posture. Regularly stretching your neck, shoulders, chest and back muscles will help alleviate muscle tension and spasms. Periodic breaks throughout the day for stretching can help increase your circulation and energy.

Good flexibility in the lower back, hips and hamstrings all work to reduce strain in the back. Regular stretching of all your muscle groups can help make your entire body feel less stressed.

The most common postural problem is rounded shoulders. This gorilla posture is aggravated when muscles are not strong enough or are unbalanced.

Muscle imbalances between anterior and posterior muscle groups make it difficult for the body to stabilize the torso. An imbalance between opposing muscle pairs predisposes the stronger muscle group to overpower the opposing side. This adversely affects posture and often results in pain and injury.

Swayback (lordosis), is another very common postural problem. The torso is the center of power. Good muscle strength and balance as well as flexibility should begin here.

Weak abdominal muscles and tight back extensors can add to the swayback condition. Prevention of swayback includes strengthening the entire abdominal region and lower back muscles, and attaining good flexibility in the back and lower extremities.

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Making the Magic Valley the healthiest place to live...

Lure of spare, soft chic

Subdued style takes on new strength as alternative to spangles

Dallas Morning News

They call it "soft glamour" or "understated chic," though at first glance you might mistake it for the solemn, thrifty attire of leaner times.

If your great-grandmother were wearing the knee-length hems, smoky prints and unassuming little sweaters that make up this look, the fashion world would hardly notice. But for the woman whose kneecaps have rarely anchored a hemline, an otherwise frumpy and plain ensemble suddenly looks artistically minimalist.

This is a season that could use a little minimizing, after all. Everyone has been raving about fall's new disco glamour, with its fake fur, sequins and rubber-coated dresses. But royal blue sequined jeans may look better in Vogue than they do on women in your neighborhood hot spot.

The "soft chic" prefers clothes that murmur instead of scream. Serious, soft-spoken clothes that take authority from army drab colors: khaki, charcoal gray or loden green with faded white or unassuming beige added for contrast. But the look isn't necessarily dull. It can be deliciously impudent to top a gray satin slip dress with a bulky sweater the color and texture of Malt-O-Meal. Especially if it's a cashmere sweater. By a very famous designer.

In America, that designer would be Calvin Klein or Donna Karan, two of the leading proponents of glamour-for-growups. Milan's Miuccia Prada, inventor of the status black nylon backpack, can claim did-it-first, did-it-better rights, too.

Her belted suits, knee-length hemlines and classic shapes have been favorite alternatives to fashion's recent flights of fantasy.

The designers are united by a commitment to luxury. They cut their dresses and coats of fabrics so tactile, so expensive, that the wearer might have to guard against being stroked by strangers.

Eying a white silk, dropped-waist Donna Karan dress, shopper Carol Gamburg observed recently at the Gazebo in Dallas that these clothes "make you want to walk up and touch the fabrics."

More powerful, perhaps, is the nostalgia such clothes can evoke. These pull their imagery from 1940s postwar Europe. Gamburg saw the longer, looser dresses and soft sweaters make her think of Ingrid Bergman in an old black-and-white movie.

Even if you're not a sad-but-sexy movie star, try thinking of European war refugees in 1940s Berlin. It's not the most cheerful image, but it telegraphs the dignified, anti-glamour message behind the look. Come spring, however, most of these clothes will get a fresh wash of pastel blue, pink or lavender that makes them slightly less self-serious.

The beauty of such simple



Myriam Schaeffer, new ready-to-wear designer for Nina Ricci, left, poses with a model sporting a navy dress in silk satin with chiffon panels topped by a long fitted indigo iridescent taffeta jacket.

clothes is that they combine easily into ensembles. At the core is an at-the-knee skirt or dress topped with a fitted, cropped jacket or a ribbed cardigan. "Cinch the jacket or sweater with a narrow belt, add some high chunky heels and dark hose, and you're in the time machine back to Berlin."

If you're not keen on knee-length hems (as many petite women aren't), a strictly tailored pantsuit can assume an understated chic attitude. The skinny belt around the narrow

-fitted jacket is key. Or top loose-fitting trousers with a twin set, a la Hepburn.

If any fashion trend emerges from the Calvin-Prada-Donna take on soft glamour, it's likely to be a revival of the dress as the foundation for a suit.

The dress and the jacket are the new suit, says Shelle Bagot, owner of The Gazebo, where customers have been quick to embrace jackets and dresses, even in The New Length. At the Calvin Klein boutique, the look has sent dresses and high-heeled Mary Janes flying out of the store, says manager Barbara Boettigheimer.

A trunk show at The Gazebo recently pulled in a number of women eagerly tossing on the new

styles, including the longer dresses.

"People aren't nervous about the hemline," says Bagot.

It is no accidental irony that the knee lengths are paired with shoes and stockings that break etched-in-stone fashion rules. After all, a strict retro refash would seem borrowed straight from grandma's closet. But when granddaughter wears black hose with high-heeled white shoes, it's daring, not dull.

"It's not a retro look in the least," says Bagot. "It's much more glamorous. By the time the woman does the right shoe with it, it works."

Health-club music hazardous to health?

Chicago Tribune

CHICAGO — Health clubs can be dangerous to your health.

The problem is not just the pulled tendons, bad backs, creaky knees and strained groin muscles that are the standard hazards of the zealous pursuit of health. Those are old news.

What you may not know is that health clubs can make you deaf.

Consider the scene in my Chicago health club one night this week:

It was happy hour, aerobics style, and fitness aspirants crowded the wooden floors of the aerobics room, primed for 75 minutes of a "movin'-and-groovin'" step class. The instructor bounced in, announcing she had brought some extra equipment.

Aerobics classes come with all sorts of gizmos — steps, slides, rubber bands; ankle weights, hand weights. Tonight was something new.

Earplugs.

No one I saw took them. I thought it was a joke. But the music was soon so loud that the speakers shuddered, the floor pulsed and the walls seemed to shimmy. The instructor, aided by an amplifying transmitter, screamed instructions over all of it — "Repeater knee! Repeater hamstring!" — accompanied by the piercing wail of feedback.

After half an hour, I walked out. My ears were ringing. My body shook. My heart pounded in a way that had nothing to do with repeater knees and hamstrings. I felt I had been mugged.

This was not an isolated event, but evidence of a widespread problem.

Even at a reasonable volume most health club "music" sounds like a buzz saw. Played as loud as it often is, it escalates from obnoxious to dangerous. It's like having George Foreman pummeling your ears. It's like having a fleet of jackhammers drilling on your head.

A lot of people know by now that discos and Walkmans, lawn mowers and car alarms have created a world so noisy that by some accounts we are breeding the first deaf generation. That helps explain why the deafening music doesn't seem to bother some 25-year-olds; some of

them can't hear what a normal ear hears.

But the double indignity of the health club racket is that — unlike discos and lawn mowers — health clubs are supposed to benefit your health.

"We shouldn't have to make a choice between improving our health and impairing our hearing," says Ray Hull, a professor of communicative disorders and sciences at Wichita State University.

Hull recently surveyed music volume in 15 health clubs in five states, after being nudged by the music in his own. "I knew immediately the intensity of the music was damaging," he said. "It was so incredibly loud: The women were wearing ear protectors."

In 90 percent of the classes Hull surveyed, the music was loud enough to cause permanent hearing damage if listened to for an hour, which is the length of a typical aerobics class.

Music in half the classes was at 110 decibels. At that volume, a listener is at risk of permanent damage after 30 minutes.

In some clubs, the music belled at more than 120 decibels. That, says Hull, is like standing 75 feet directly below a Boeing 707 at full thrust at takeoff. At that level, a person is at risk of permanent hearing damage after 7½ minutes.

One of the dangers of the loud music, he adds, is that the ear anesthetizes itself. After 15 minutes of unbearably loud music, many people adjust — without realizing the damage being done.

When Hull complained about the volume at his Wichita club to an instructor, he confronted what I and others have also encountered: She called him a wimp.

Screaming music is a part of health club macho. On the occasions I've asked that the music in a class be turned down, the instructors have looked at me as if I'm too old to be cool. They're too young to realize that by my age they'll be deaf.

In recent years, rock stars have been sued by concertgoers who claim concerts damaged their hearing. Health clubs are going to face similar suits if they don't lower the volume.

Study holds promise for pre-eclampsia

The Washington Post

In an era when AIDS and other sexually transmitted diseases have put a damper on the national libido, a new finding offers a glimmer of hope for erotic passion.

Researchers studying pre-eclampsia, a common and serious complication of pregnancy, have found that healthy doses of sex in the year prior to becoming pregnant may lower a woman's odds of developing the life-threatening disorder.

The new findings add credence to an increasingly popular theory that pre-eclampsia is in part an immunological disorder, in which the mother's immune system rejects certain cells in the embryo bearing the father's genes. The research suggests this rejection can be prevented if the woman builds up a tolerance to the man's genes by getting exposed to his semen as often as possible before she becomes pregnant.

The mechanism may be similar to that behind allergy shots, in which a

person who gets repeated small injections of an irritant eventually becomes desensitized to it.

"Now we can begin to send a simple message to women," said Pierre-Yves Robillard, the French doctor who led the latest study. "Ladies, if you want to make a baby with a new partner, please have sex, but wait one year before becoming pregnant."

Pre-eclampsia is one of the most common complications of pregnancy, affecting about 10 percent of all women worldwide or about 400,000 Americans last year.

At the heart of the syndrome is a mysterious rise in blood pressure in the mother late in pregnancy. The buildup restricts the flow of blood and nutrients to the fetus — in many cases causing growth retardation or fetal death — and puts the mother at risk of a stroke or seizures. Doctors prescribe bed rest to help affected women keep their blood pressure down.

But if symptoms progress to include vision abnormalities, higher

blood-pressure levels and large amounts of protein in the urine, early delivery is required by Caesarean section or induction of labor.

Scientists understand little about the underpinnings of pre-eclampsia. They know the placenta in such cases is not attached to the uterine lining as securely as it should be.

Apparently the earliest developing fetal cells — those forming the placenta — fail to penetrate properly into the tiny spiral arteries in the mother's womb that will serve as a lifeline for the developing child. Women with a history of high blood pressure or blood-vessel abnormalities are at increased risk, and there seems to be an inherited genetic component.

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CHRISTMAS IN CHURCH
On Wednesday, December 7th, the Times-News will publish a special church page of Christmas activities.
This page gives the Magic Valley churches the opportunity to share their unique and spiritual services that surround the Christmas holiday.
Watch for our special Christmas page welcoming those seeking a place to worship. It may be the start of a special and lasting relationship!
ADVERTISING DEADLINE: THURSDAY, DECEMBER 1ST
PUBLICATION: WEDNESDAY, DECEMBER 7TH
Churches, if you are interested in being on this page, please contact Billie Hendrix at the Times-News: 733-0931 Ext. 208. Paid Advertising.

