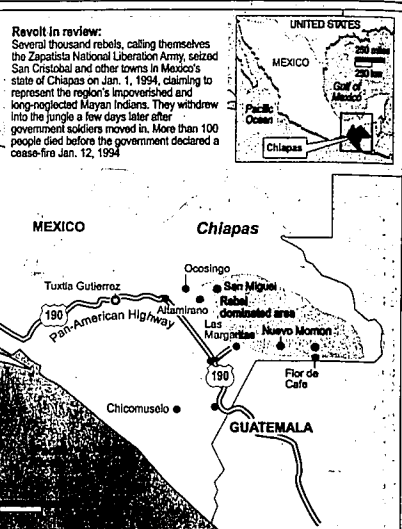


World



The vill age of Salvador Allende in Chiapas will, like most vill ages, be abandoned by the time the Mexican army arrives in search of Zapatista rebels.



AP/Wm. J. Castulo

Zapatistas winning hearts, minds of peasants

Chicago Tribune

PICHUCALCO, Mexico — As Mexican President Ernesto Zedillo Ponce de Leon groped for a solution to the Chiapas conflict, the Zapatista rebels who deftly race through the jungles around Pichucalco just went about their business.

Occasionally they would hear an army helicopter approach and calmly duck out of view.

But otherwise the Zapatistas didn't seem too concerned about the Mexican army's recent advance or about Zedillo's order — since scaled back — that soldiers arrest rebel leader Subcommander Marcos.

"The national army doesn't know the jungle, and we do," said a Zapatista soldier with the nom de guerre Alfredo. "We have food. We have support. We can do this as long as we need to."

The Zapatistas and other residents of the Lacandon jungle say that because the Chiapas war arose from

decades of neglect and distrust, its resolution will not come quickly or easily.

And yet for several reasons — political weakness at home, concern among international lenders, the skittishness of foreign investors — Zedillo wants desperately to make the Chiapas conflict go away soon.

Two weeks ago, Zedillo tried a tough stance, ordering the arrest of Marcos and several other rebel leaders and giving a green light to an army advance.

Then last week, Zedillo went back to playing negotiator. He called off the dogs in the search for Marcos, ordering the army not to risk inciting violence in trying to find the rebel spokesman. And he leaned on the controversial governor of Chiapas — a member of the ruling party — to step aside temporarily in hopes of making progress on new peace talks.

But government officials acknowledged Friday that a resumption of talks appears far off.

Zapatista communiques continue to insist the military withdraw from former rebel land as a condition for negotiations. The army, meanwhile, pushed ahead Friday, and the Interior Ministry said Mexican forces "will maintain their presence in this zone under whatever circumstances."

Miguel, a 31-year-old Zapatista platoon commander interviewed last week in the hills above Pichucalco, said the rebels cannot talk peace without an army withdrawal because they cannot trust the government.

"The government says it does not want war, but it is demonstrating that it wants to resume war," Miguel said. "If they keep pursuing us, we will attack."

A few miles east of Pichucalco is the tiny ranching community of Salvador Allende. There, as in hundreds of similar settlements across Chiapas state, it is clear whom people trust more and fear less.

In trying to win the hearts and minds of Chiapas, Zedillo does not have history on his side.

Life was hard when Salvador Allende was founded 20 years ago and it has changed little since: a half-dozen families living in wood-slat homes with dirt floors and thatch roofs, a small hut where the women cook and the men eat, a garden to grow sugar cane and peppers.

Salvador, as the residents call it, still has no road, no utilities, no doctors.

Nor does anyone expect anything much anytime soon from Mexico's government. In 20 years, residents said, not a single local, state or national official has come by to see how they live or what they need.

"The government doesn't want to listen to our demands," said Sebastian Jimenez Clara. "The money that they asked for from other countries wasn't because they had interest in us."

Most difficult for the ranchers of Salvador is their isolation. To get there requires a 30-minute flight by propeller plane to a short grass airstrip at the village of Candelaria and then an 8-mile hike through jungle.

Mud on the trail is a foot deep in spots, and the path occasionally narrows to accommodate only one per-

son. Like most of the Lacandon jungle, the trail from Candelaria to Salvador would be a treacherous place to conduct a war.

On a cold night last week, while the women cleaned up a dinner of rich coffee and fatty pork legs, the men of Salvador huddled around a single candle in Jimenez' home to pore over a newspaper brought by a small group of visitors.

Taking out a pair of dime-store reading glasses from a leather Ray-Ban pouch, Lozaro Ruiz Clara peered at the latest Marcos communique reprinted in the paper. He read in Spanish and switched into his native Indian tongue of Tzeltal to discuss what it might mean.

Later, the men gathered again to talk with the new arrivals — the first journalists, the first foreigners to ever visit.

The men lamented the low prices they get for the coffee they grow.

They complained of having to pay middlemen exorbitant sums to take their livestock to market in Ocosingo. They criticized the region's lack of health care and the cost of flying in medicine.

When talk turned to the Zapatistas, four young boys sitting on a bench in the corner were sent out of the house.

Then the men praised the Zapatista cause while insisting they themselves were not part of the Zapatista National Liberation Army, or EZLN.

"We are members of a civil society, an independent group called ARIC — the Association of Rural Collected Interests," Jimenez said. "We are not Zapatistas, even though the government and people in surrounding communities say that we are."

An official ARIC organization set up by the long-ruling Institutional

Revolutionary Party still counts large numbers of campesinos in its membership. That's why Jimenez, like campesinos in Candelaria and other nearby towns, was quick to make clear that their ARIC was independent.

If it sounded to outsiders like a fine line between an independent ARIC and the EZLN, that did not matter to Jimenez. The men of Salvador did not have guns, Jimenez said. They were not soldiers; they were not, then, Zapatistas.

Asked whether Salvador residents would give food or shelter to a Zapatista in need, the men discussed the issue in Tzeltal among themselves and then declared that there was food and room enough for whoever walked through town.

"We also would help a Mexican soldier who has hunger and thirst — if he treated us with respect," one man said.



'Alfredo,' a Zapatista soldier, speaks with reporters near Pichucalco, in Chiapas.

IDAHO'S RELIGIOUS RENAISSANCE

Baby boomers are returning to church. Christians are becoming involved in politics. More people are turning to prayer and a belief in a higher presence. Are we experiencing a new spiritualism? NewsCenter 7's Richard Platt brings you answers in this three-part report.

Monday, Tuesday, Wednesday - 6 p.m.

KTFT 38
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SALLY FIELD

HERE WAS AN ORDINARY FAMILY IN EXTRAORDINARY TIMES AND THROUGH SEVEN DECADES OF LOVE AND LOSS, THEY FOUND A WAY TO STAY TOGETHER.

WORLD PREMIERE EVENT!
A WOMAN OF INDEPENDENT MEANS

BASED ON THE BEST-SELLER! 8PM

The crowds are already gathering



U.S. tries to return Hitler property Parents of AIDS child sue Romanian officials

FRANKFURT, Germany (AP) — After 50 years, the U.S. military is giving some prime Bavarian real estate back to Germany. Not just any old piece of land.

The property was once Hitler's Alpine Redoubt, and the German government wanted the Americans to keep it.

Since May 1945, when the U.S. Army's 101st Airborne confiscated Nazi property in Berchtesgaden and on nearby Obersalzberg mountain, countless American troops and their families have enjoyed the hotels, villas and ski slope once used by the Third Reich's elite.

With the reduction of American forces in Europe from 300,000 in the late 1980s to 100,000 this year, the U.S. military decided to close one of its three vacation centers in southern Germany.

Col. Richard Bridges of U.S. Army Headquarters in Heidelberg said the Obersalzberg and Berchtesgaden facilities weren't needed because they needed extensive renovations.

But the German government asked the Americans to reconsider for two reasons:

- Finance Minister Theo Waigel, a Bavarian, had told the town of Bernau it could get back the U.S. resort at Lake Chiemsee.

- Bavaria state officials wanted the Americans to keep the Obersalzberg property for at least 10 more years to prevent neo-Nazis from visiting Hitler's former retreat.

In June 1993, the U.S. military agreed to give up the Chiemsee resort if Germany paid \$20 million to renovate the U.S. resort in Berchtesgaden and Obersalzberg.

But the deal fell through, Bridges said, because "it would not have been prudent of us to guarantee staying 10 years." So the Army went back to its original plan of abandoning the Berchtesgaden-Obersalzberg resort.

Now, the Chiemsee resort east of Munich and U.S. military hotels in Garmisch-Partenkirchen south of



A sign standing in front of the American-run Gen. Walker Hotel in Obersalzberg, in Bavaria, reads 'Parking for U.S. hotel guests only.' The building has a string of bunkers under it that served as a 'Redoubt' or emergency operations center for Adolf Hitler, who vacationed here.

Munich will be kept open indefinitely, he said.

"Garmisch is the centerpiece of the armed forces recreation centers ... and we had invested roughly \$14 million between 1987 and 1990 in some major upgrades at Chiemsee," Bridges said.

The Obersalzberg resort includes a 270-bed hotel and two villas on the ski slopes of the 3,300-foot mountain above Berchtesgaden. The buildings are connected by tunnels and bunkers that were designed as Hitler's Alpine fortress, but were never completed.

Nearby is Kehlstein peak, with a restaurant known as "Eagle's Nest," also used by Hitler. It's open to tourists from May to October.

In the town of Berchtesgaden, popu-

lation 12,000, the U.S. military is turning over a 90-room hotel, two barns, 12 family apartments, a post office, shopping center, and a garage.

The turnover should be completed by September, Bridges said.

Meanwhile, the U.S. resort at Chiemsee will be reopened and 130 employees rehired for the summer season.

Bernau administrator Helmut Schulbeck said town of 6,000 had counted on \$660,000 a year in tourism revenues from the Chiemsee properties.

"It's too bad," he said. "They're not mad at the Americans because they see them as friends, but a lot of people are really upset by the finance ministry."

Under the Status of Forces Agreement, the U.S. military returns confiscated German property to the federal government. The Finance Ministry then decides whether to hold the property or return it to states and communities.

Ownership of the Obersalzberg properties is already contested.

Berchtesgaden attorney Oskar Steuer represents five descendants of former landowners, who claim they were forced out in the 1930s so Hitler could have his Alpine retreat.

"The expropriation was immoral because the residents were collectively forced into submission," Steuer said. "We will sue for return of the property."

IASI, Romania (AP) — When word got out that 6-year-old Iasmina Calinetic had AIDS, one neighbor scrubbed the stairwell with bleach. Others feared their children would get sick from eating her birthday cake.

Colleagues told her parents that even if Iasmina had, along with hundreds of other kids, contracted the disease by an injection in a state-run hospital, it was crazy to sue the state.

Iasmina doesn't even know she has AIDS. A slight girl with long brown hair and eyeglasses, she enjoys painting, pop music and puppets. Her best friend is a parakeet called Rocco.

"When I grow up, I want to be a doctor," she said, snuggling on her father's knee in the kitchen of their small apartment. "So I can give injections to children and make them better."

On Monday, in Romania's first case of its kind, Iasmina's parents are going to court to seek damages from the government.

The case has generated a great deal of interest — and fear. Ignorance about AIDS remains widespread in Romania, where former Communist dictator Nicolae Ceausescu made denial of AIDS state policy.

Under Ceausescu, whose regime collapsed in 1989, undernourished infants were injected with blood to boost their weight. One result was about 1,800 cases of infant AIDS. Romania has more children with AIDS than any other European country.

The Calinetics claim Iasmina was infected in St. Mary Hospital in this northern Romanian city in 1992. The Health Ministry and the hospital have said Iasmina may have gotten the AIDS virus from a vaccination or other injection.

"My child is a victim of the system I fight to change," said Iasmina's mother, Violeta Calinetic, a 28-year-old television journalist. "It's not just for Iasmina I'm doing this, but for all the children."

Croatian Serbs suffer tyranny of majority hatred in silence

Los Angeles Times

JALISEVAC, Croatia — As "Anna" selects fairy tales for her nursery school class in Croatia these days, she knows that those penned by Serbs are off limits. And, when some of her 25 pupils draw pictures of apes and say "this is a Serb," or call each other "ugly Serb" on the playground, she knows to keep her mouth shut.

Her family has lived right here, in the country now called Croatia, for 800 years. She is a citizen of Croatia. She also is a Serb, holding onto her job only because no one, aside from her sympathetic principal, knows that.

"None of the kids' parents even suspect," she said recently, pouring sweet black coffee for a visitor at her home. She insists on speaking behind a pseudonym, knowing that the Croatian authorities carefully read foreign newspapers. "My principal says she won't be able to protect my job anymore if she finds out."

Still, this 36-year-old mother of two finds it difficult to hold her tongue and impossible to be optimistic about her family's future in Croatia. "When this kind of hatred is planted in kids this young, I don't see how it will ever end," she said.

The Croatian state that emerged from the former Yugoslavia, and was recognized as a sovereign nation just three years ago, has a state-of-the-art constitution firmly guaranteeing the rights of all minorities, including Serbs. But the law is not enforced, and the lives of Serbs here are a daily list of

collective and personal insults, job dismissals, schoolyard harassment, ostracism from neighbors, threatening telephone calls, citizenship hassles and forced evictions.

Complicating that legacy of hatred, for which both sides share responsibility in a long and tortured history, is the fact that Serbs and Croats, as ethnic groups, aren't really very different.

It is rarely possible ... for Croats and Serbs to tell each other apart by appearance alone. They speak the same language ... and even share many of the same regional dialects ...

It is rarely possible, for example, for Croats and Serbs to tell each other apart by appearance alone. They speak the same language, known these days as Serbo-Croatian, and even share many of the same regional dialects, although Serbs write in the Cyrillic alphabet while Croats use the Latin alphabet.

But the main difference is that, since the 11th century, Croats have been Roman Catholic and Serbs have been Orthodox Christian. Also, many, although not all, names are recognizably Croat or Serbian. And, of course, they've been on opposing sides of the bloody wars spawned by the breakup of the former Yugoslavia.

The Serbs in Croatia have lived for generations with a Croat majority, albeit in a country — the old

Yugoslavia — in which Serbs were the dominant political power. Now, though, most of the Serbs in Croatia are or would like to be Croating citizens. But the Croatian government, under President Franjo Tudjman, a 72-year-old war hero, has not exactly welcomed them.

When asked about its failure to protect Serb rights here, the Croatian government says it will start honoring the constitutional guarantees just as soon as rebel Serbs in the Krajina region return that territory to Croatia.

But, in the Krajina, rebel Serbs cite the oppression of minority Serbs in Croatia as one of the many reasons they could never agree to live under a Croatian government.

President Tudjman has decided to expel the 12,000 U.N. troops providing a buffer zone between Croatia and the Krajina, hoping that will end the stalemate. World leaders say it will likely mean another war.

Anna and her husband, a laborer in Zagreb, live with their two sons, ages 11 and 18, in a two-story house they built in this rural suburb seven years ago.

But the family recently decided to leave Croatia, and move to what remains of Yugoslavia, which is still run by a Serbian government and home to many refugees from Croatia. "We don't have any job there, and we're well aware we'll have a lower living standard," Anna said. "But it will be better for the children. Having things is not as important as the psychological well-being of our children."

Start your evening with ABC's WORLD NEWS TONIGHT with Peter Jennings

IMAGINE RUNNING OUT OF FUEL AT 41,000 FEET. CAN THEY SURVIVE?

6:00 THE X-FILES
7:00 COACH
7:30 A WHOLE NEW BALLGAME
8:00 ABC MONDAY NIGHT MOVIE "FALLING FROM THE SKY: FLIGHT 174" STARRING WILLIAM DEVANE & SHELLEY LONG
10:00 MARRIED WITH CHILDREN
10:30 TWIN FALLS LOCAL NEWS

KKVI 35 Cable 9

Notice of Public Meeting

Hydropower Relicensing

Idaho Power Company will hold public meetings to discuss the progress of hydropower relicensing and land management planning activities for dams on the Middle Snake River. Company representatives will explain what has been accomplished and what lies ahead.

We encourage residents of the Middle Snake area to attend the meeting in your area. Here is a schedule of when and where the meetings will be held:

When	Where
Tuesday February 21 7:00 p.m.	Weston Plaza 1350 Blue Lakes Blvd. N. Twin Falls
Wednesday February 22 7:00 p.m.	Hagerman Senior Center 140 E. Lake Street Hagerman

Anyone interested in Idaho Power's hydroelectric relicensing process on the Middle Snake River is invited. Please plan to attend one of these meetings, participate and find out about our relicensing efforts.

for our Saturday only CD sale.



Stop into any First Security Bank this Saturday, February 25, between 9:00 a.m. and 1:00 p.m. and we'll give you one of the highest yields available on a variety of CDs:

6 Month Term 7.00% APY	12 Month Term 7.25% APY	20 Month Term 7.30% APY
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If you're in a hurry, pick up a rain check on Saturday.

Offer good for new Certificate of Deposit (CD) accounts opened on Saturday 2/25/95. The minimum balance to open an account and obtain the Annual Percentage Yield (APY) is \$1,000. A penalty may be imposed for early withdrawal.

Opinion

Other views

Idaho leaders get blame for Micron's departure

It's over. Three cities are still celebrating after the news that they are contenders for a new \$1.3 billion Micron Technology chip fabrication plant. But you won't hear any bells ringing in southwest Idaho.

Micron chose Omaha, Neb., Oklahoma City, Okla., and Utah County, Utah, as its sweepstakes finalists. Officials said the three areas all have good transportation connections, adequate water and the necessary education facilities.

Nampa officials deserve public thanks for their efforts to bring Micron to Canyon County. They worked hard. We have to believe that if all things had been equal the plant would have been built here. But state officials took both Nampa and Boise out of the Micron hunt by refusing to establish an engineering school at Boise State University.

Gov. Phil Batt and state Board of Education Chairman Roy Mosman claim they didn't know an engineering school at BSU would be the determining factor in Micron's site selection.

Get real.

If Batt and Mosman didn't know how important the school was to Micron, they were the only ones over the age of 12 in the state who didn't get the picture.

Jerry Hess, a member of the Micron Board of Directors, confirms the lack of a real engineering program at Boise State eliminated local contenders.

Micron officials offered \$6 million as an incentive for the state to start a stand alone program at Boise State. If the company was willing to invest that kind of money, it's ridiculous to believe it would have looked anywhere but southwest Idaho for a plant site.

If the BSU engineering school had been approved, either Nampa or Boise would have been a lead pipe cinch for the new Micron plant.

Who's responsible for the loss of 3,500 new jobs and the estimated \$313 million annual boost to the southwest Idaho economy? And let's not forget the \$60 million in taxes the new plant would have paid annually.

There's plenty of blame to go around.

Start with the Board of Education for putting the protection of University of Idaho turf ahead of the interests of the public and students.

Then there's the Idaho Legislature which refused to overrule the board's decision.

Finally, there is Gov. Phil Batt. Batt could have made sure Boise State got its own engineering school by appointing new education board members in tune with that philosophy.

The governor could have stepped forward after the board's decision and used the power of his office to generate support for the BSU program in the Legislature.

But Batt, the man who campaigned as the candidate who knew how to get things done, did nothing.

Batt says he's disappointed that Micron chose to look elsewhere. But he believes there are plenty of other companies interested in locating in the Gem State.

What could he say after the bird in the field flew south?

The new Micron plant is gone — a victim of regional politics, pighedness, and a shortage of leadership.

But the problem remains.

The need for a locally directed engineering program is as great as it was before Micron's announcement. And the lack of the program will continue to hurt efforts to attract clean industries that offer good jobs.

The greatest need for a full-blown engineering school is in southwest Idaho. The need will continue to grow.

It's only common sense that a local engineering program should be directed by the university that serves the area, not by a school 300 miles away.

University of Idaho supporters say the state can't support two engineering schools. They may be right. If that's the case it's time to be practical and move the entire engineering program to southwest Idaho.

Micron's decision was an expensive lesson. Let's hope our leaders learn from it.

—Idaho Press-Tribune, Nampa

Don't cloud our Craters

Nuclear waste cleanup at the Idaho National Engineering Laboratory is fine, so long as it doesn't dirty up someplace else. Future development at INEL cannot be allowed if it causes air quality to deteriorate at nearby Craters of the Moon National Monument.

If the U.S. Department of Energy decides to build new waste-processing plants, every precaution must be taken to preserve the pristine integrity of Craters. If extensive scrubbers are added to smokestacks, that's the price of clean air. If plants need to be sited in out-of-the-way locations, so be it.

Unfortunately, the U.S. Department of Energy recently has shown little regard for the concerns of Idahoans regarding the handling of nuclear waste. If Energy's plans for new waste-processing plants harm Craters, Idaho's governor and citizens need to be prepared to fight.

A draft study by the Energy Department shows that additional waste-processing facilities, which will pump more nitrogen dioxide into the air, could create

visibility problems at nearby Craters. The new plants would turn radioactive waste into forms that can be more easily stored. A final decision is expected in June.

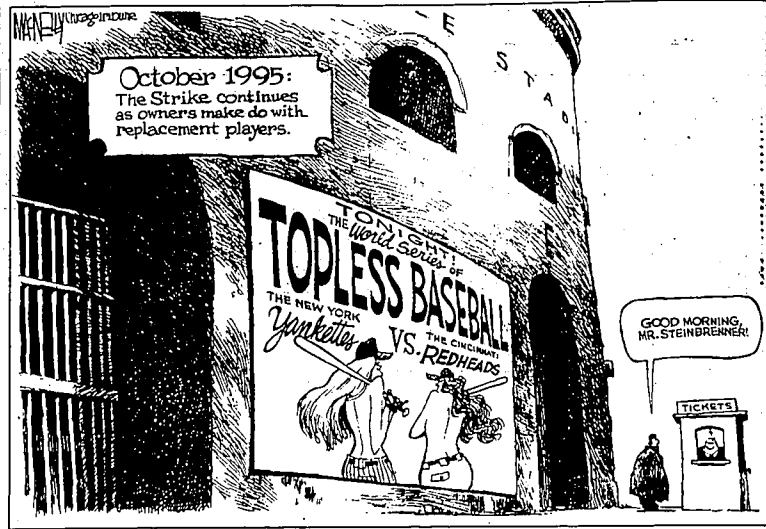
Nuclear waste cleanup is vital and necessary. But it should not come at the expense of someplace else, especially in an area whose stark beauty attracts nearly a quarter-million people, bringing welcome tourism dollars to many small southern Idaho towns.

Idahoans should not have to gaze at the Craters—scape through a yellowish haze blown in from INEL. Nor should the area's panoramic vistas featuring far-off rugged mountain ranges be obscured.

Several national treasures, such as the Grand Canyon, are being degraded by serious visibility problems, so that pollutants blight them from nearby and far-off developments.

Idahoans can learn from the mistakes made elsewhere and assure that such problems will not be allowed here. The state needs to insist that the cleanup at INEL is itself clean.

—The Idaho Statesman, Boise



How about looking into E-911 now?

Reader comment
T.W. Stivers

Assuming that local news media are starting to wind down on promoting Micron and bashing the Fox and the wolves, isn't it about time some investigative reporting was done on the highly touted E-911 emergency communication system?

Perhaps you already know that \$1 million has been spent on the E-911 building that could have been adequately built for \$60,000.

Perhaps you don't know that the decision to award the contract to the builder is legally questionable.

Perhaps you don't know that the citizens of Twin Falls County did not vote on an E-911 system that includes four counties. What you did vote on in November 1990 was only a Twin Falls County system. A county ordinance approved by commissioners in September 1990 clearly limited the proposal to Twin Falls County.

Perhaps you don't know that the Twin Falls County commissioners attempted to amend that ordinance in March 1994, 3½ years after the election, by passing an amended ordinance that binds Twin Falls County to a four-county joint powers board

without an election authorizing that action.

I don't suppose you are aware that the Joint Powers Agreement was not signed by all four counties until April 13, 1992, 524 days after the election on Nov. 6, 1990, and 344 days past the deadline required by law.

Perhaps you don't know it is questionable whether or not the E-911 board is a "political subdivision" of the state of Idaho that would qualify that board to file a petition for judicial confirmation for the District Court to authorize the board to borrow \$3.6 million without a bond election as required by the Idaho State Constitution.

Also, perhaps you don't know that it is questionable whether the \$3.6 million is an "ordinary and necessary expense" as required by the State Constitution.

And I really don't suppose you are aware that the salaries of the dispatchers for the E-911 system cannot be paid from the \$1 telephone line assessment you pay each month

but must come from property taxes to the tune of more than \$500,000 per year.

Isn't it strange that the news media has been so quiet about this issue that is soaking up \$4.6 million of taxpayers' money? Keep in mind this started in 1990, and we are still a year away from getting on line with E-911. No dispatchers have been trained, which takes a minimum of 12 to 14 weeks. As of December 1994, no application for a Federal Communication Commission license had been made.

The above items are merely the tip of the E-911 iceberg. Isn't it true that seven-eighths of an iceberg is below the surface?

It would seem to me that all of the citizens and taxpayers in all four counties must begin to wonder who is running the show. Perhaps William Age could be hired — I understand he is probably available.

Think about it. Talk about it, and perhaps you may think something should be done about it.

T.W. Stivers is a former Twin Falls County clerk, former speaker of the Idaho House of Representatives, and owner/operator of a Twin Falls title company.

Letters

No reason for big government

Every time the politicians talk about balancing the budget, cuts in Social Security come up. That's our retirement that we pay into each week. It never was intended to be part of the budget.

If private organization squandered our retirement the way the government has, it would be on the carpet. Then the politicians have the guts to say it was never meant to be a full retirement anyway. If they had kept their fingers out of it, that is just what it would have been.

The thing that was never meant to be a retirement position is their jobs. I bet they've got themselves set up with a nice retirement plan. They voted themselves in a real nice raise last time. They should do something for the good of the country for a change instead of what's good for their pockets.

Personally, I'm getting tired of working seven days a week to pay for government waste and political corruption. Each one of them has 40 or so people on our payroll doing the job the congressmen are being overpaid to do. I asked my boss if I could get two or three guys to help with my job. He said, hell, you can get 10 or 12 if you pay their wages.

There is no reason for government to be as big as we made it.

—KEN MENCK
Twin Falls

Come see our bright center

We are writing this article to give the right story about the library and our center. The article written by Karen Tolkin on Feb. 1 distributed many people from the Eden-Hazleton area.

We work very hard at keeping our center neat, clean and attractive for our citizens.

The article was to commend a young scout for his project toward his Eagle award. To complete this project, he had to organize work teams of other scouts to come to our center and work in the library. This young man, in wanting

to do this project, shows that he was community-minded, and to put the 300-plus hours shows the added responsibility he has. Brannon Beames is an honor student, and for a reporter to use a comment like, "I am not a book reader, I ought to start now," was truly uncalled-for.

Mrs. Judi Zeller put in as many hours, if not more, making sure the books were in the right categories. Her name was never mentioned.

The fact that a written history was given to the reporter was not evident. By the article, you would think it was a brand-new library. The fact is that it was started in 1984 with money from the United Way and labor from the Sea-Bees. Many hours were spent from our senior citizens in our community to organize the original library. This was also deleted from the article.

We are all waiting for the day a Times-News reporter can write an article about the Eden-Hazleton area not in a disparaging way.

We would love to have the community come in and see our bright and clean Silver and Gold Center.

—JAN CRUMRINE, Director
Silver and Gold Senior Center
Eden

Lack of sound home is reason

This letter is in response to the Feb. 15 letter. "Teachers don't care about kids." This letter attacked the teachers of our schools. These men and women stood for and defended my classmates and for me. It's about time somebody stood up for them. This nature owes a great debt to our teachers.

You, me, am, are mistaken. I am a recent graduate and am currently enrolled in college to be a teacher. I have attended more than one other school in the Magic Valley, including a private school.

At my high school, I was neither involved in sports or big clubs. The teachers and faculty there more than once encouraged me to

keep on going and tried to teach many difficult subjects to me, a student who was often unwilling to learn. Not only did they succeed, they also inspired me to chase my dreams.

Of the many teachers, principals and superintendents that have been involved in my education, none could compare to the staff at my high school. I guarantee you the teachers in Jerome County, or any other in the Magic Valley, did not choose their profession for the pay. If you checked, you would find they rank in the lower 25 percent pay rate of teachers across the nation. Nor do they do it for the respect and gratitude of the students or their parents. Quite often, these attitudes are nowhere to be found.

I believe if the readers took your advice and asked today's students, not just the dropouts, they would find many students share many of my thoughts on this issue.

If ma'am, you are indeed "for the kids," be a part of the solution, not the problem. If there is a communication problem between the school staff, your children or yourself, instead of giving up, get involved and help solve that problem. By allowing or approving your son's dropout, you have only sealed this cutoff of communication.

I too, Ms. Caster, am "for the kids." You stated, "The white kids have no rights no more, that's why they are dropouts of school." I assure you they do have rights, perhaps more than they need at times. Let me also tell you once has no bearing on the need for education or the seriousness of this problem. Lack of a sound home environment, discipline and reason/encouragement to complete school is the cause for this high number of dropouts. If I may use your crude wording, "if they can't get these essentials at home, how in the hell can you expect the school to give it?"

—THAD TORX
Hazleton

The Times-News

Stephen Hartgen, Publisher; Clark Walworth, Managing editor; Allen Wilson, Circulation manager; Peter York, Advertising director.

The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth and Steve Crump.

Letters

Will Americans ever wake up?

Men have died for your liberty but you close your eyes and give it up.

On Wednesday, Feb. 8, the House of Representatives committed treason against the people of the United States, it passed H.R. 666.

I'm not going to tell you which rights this bill takes. If you want to know, you'll just have to get involved and find out on your own (heaven forbid).

What if someone started a war that no one could stop and a man came to town to tell everyone how to survive it but no one showed up to hear him?

Guilty with jealous attention the public liberty, suspect anyone who approaches that jewel. Unfortunately, nothing will preserve it but downright force. When you give up that force, you are ruined" (Patrick Henry).

Now why would an American patriot say something like that?

Through sheer coincidence, on the

same day that the House was committing treason, that evening an American patriot was in Fairfield not only to talk about the treachery of Congress but to tell the people of Fairfield how to overcome the federal mandate that is going to cost each citizen of Fairfield — man, woman and child — an average of almost \$18,000 each.

I hope you have money to burn. Fairfield, because your taxes are going up. Only three citizens showed up at that meeting.

"My people are destroyed for lack of knowledge; because thou hast rejected knowledge" (Hosen 4:6).

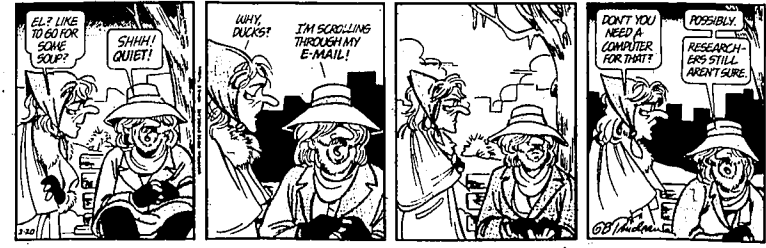
Will you ever wake up, will you ever start acting like Americans?

If and when you do, will there still be time to take this country back? I wonder.

"Those who reap the blessing of freedom must, like men, undergo the fatigue of supporting it" (Thomas Paine).

—TONY R. KIRK
Fairfield

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President Clinton attends a ceremony for the 50th anniversary of the battle of Iwo Jima. Joining the president, from left, are Gen. Carl E. Mundy Jr.; Medal of Honor recipients Robert Dunlap of Monmouth, Ill., Douglas T. Jacobson of Fort Meyers, Fla., Jacklyn Lucas of Hattiesburg, Miss., Joseph McCarthy of Del Ray Beach, Fla.; and Jesse Brown, Secretary of Veterans Affairs.

Clinton salutes Iwo Jima's aging heroes

ARLINGTON, Va., (AP) — Joined by aging heroes of Iwo Jima, President Clinton honored soldiers bloodied and killed 50 years ago in the savage World War II battle. "The dimensions of their struggle still stagger us," he said Sunday.

The president, in keynote remarks commemorating the 50th anniversary of the pivotal battle, paid tribute to four Iwo Jima survivors by name and urged Americans to honor the memories of all soldiers who fought for the tiny Pacific island.

"To be worthy of that sacrifice,

we must determine in this time to remain the strongest nation in the world so that our freedom is never again threatened," Clinton told a crowd of about 3,000.

With the monuments of Washington visible through a misty haze over the Potomac River, the president said, "And we must work to create a nation worthy of the generation that saved it for our freedom."

He spoke beneath a 78-foot bronze statue depicting the famous wartime photograph of U.S. soldiers hoisting a flag atop Mount Suribachi. "Hard

men wept when they saw the flag fly," Clinton said.

The Associated Press photo by Joe Rosenthal symbolized the nation's resolve, Clinton said. "Our country saw the true definition of courage."

The Battle of Iwo Jima, one of the nation's bloodiest, gave the United States an air base for long-range bombing missions against mainland Japan.

In 36 days, U.S. casualties numbered 26,000, including 6,821 dead. For the Japanese, the toll was even more gruesome. Of the

island's 20,000 defenders, only 1,083 survived. Thousands of the dead are still missing, their bones hidden in the volcanic island's intricate web of tunnels.

Introducing the president, Medal of Honor winner Col. William E. Barber shared his memories of "that 8-mile chunk of rock and volcanic ash." In a halting voice, he told dozens of fellow veterans in the crowd: "I am older now, as are you, but I can still see the colors of that February morning. The sky. The island. And sometimes I think I can still hear the noise of battle."

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Dole criticizes Clinton for making issue out of abortion

WASHINGTON (AP) — President Clinton is making a "grave mistake" in using the troubled nomination of Dr. Henry Foster as surgeon general to brand anti-abortion groups as extremists, Senate Majority Leader Bob Dole said Sunday.

Dole, speaking on ABC's "This Week with David Brinkley," urged the president to drop the nomination if it becomes clear Foster doesn't have enough votes in the Senate to be confirmed. He said President Clinton is using the nomination to "make abortion an issue to divide Republicans."

Clinton "makes a grave mistake when he refers to pro-life supporters as extremists," Dole added.

Foster's nomination ran into trouble after it was revealed that the Tennessee obstetrician-gynecologist performed some abortions during a nearly 40-year career.

The president, in an interview scheduled for broadcast Monday, reiterated his support for Foster. "I don't think that he has done anything that disqualifies him," Clinton told CBS' "This Morning."

"I don't think it's dead," he said of Foster's nomination. "I wouldn't be surprised if he did get confirmed."

Clinton also criticized lawmakers, including Democrats, who have spoken against the nomination.

"This is an outstanding man with an outstanding record who deserves to be confirmed. If they don't want to vote for him, that's their problem, not mine," he said in the interview taped last week.

Senate Republicans opposed to Foster have sought to avoid a show-down over abortion, pointing instead to the issue of credibility resulting from conflicting statements from Foster and the White House on the number of abortions he had performed.

The White House, however, is asserting that Republicans are opposing Foster, a man with a long career in reducing teen-age pregnancies, in order to stay in the good graces of the anti-abortion right.

Dole said the Senate Republican whip is trying to ascertain how GOP and Democratic senators will vote on Foster.

"When I make that determination, I'll pass the information on to the president," Dole said. "If he doesn't have the votes, I don't see any reason to bring up the nomination."



Dole

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Nation



Myrtle Evers-Williams
Outlines revitalization

NAACP head eyes trip back to roots

NEW YORK (AP) — Myrtle Evers-Williams, the new chairwoman of the NAACP, made it clear Sunday that she intends to take the beleaguered civil rights group back to its grassroots and the ordinary people who have kept it alive.

An early priority is to create a newsletter from the chairwoman to let the rank and file know what's going on, she said. There will be appeals to corporations to donate to NAACP programs — and reports to the 2,200 local branches who will run them.

The operating theme is that Evers-Williams, 61, doesn't intend to forget the revolt that prompted the NAACP board of directors to elect her as its new leader, succeeding William Gibson.

"The people who make up the NAACP were well-represented here. They spoke, and the board members listened," she said. "The challenges that we face are great. We now have the unity and the sense of purpose to meet those challenges head on."

Gibson was toppled from the chairmanship Saturday after a raucous general session in which 700 angry members booed a treasurer's report they thought was false. Led by 90-year-old activist Enola McMillan, the members delivered a vote of no confidence in his leadership.

Then, 300 members crashed the board's closed meeting, and refused to leave when Gibson attempted to limit the session to board members. Board members asked Evers-Williams to try to persuade them to allow a closed session. She did, and the members calmly left.

"They stood up in unison and said, 'Only for you, Myrtle,'" said board member Joseph Madison. "If I were a board member sitting on the fence, that certainly would have swayed me."

Gibson was defeated by one vote. After the election, President Clinton called Evers-Williams.

"He spoke to the board members and said we all have a lot of work to do, and that he looked forward to working with us," she said. "People in the audience said, 'We need your help, too, Mr. President.'"

With Gibson gone, the National Association for the Advancement of Colored People is turning its attention to a gathering in Washington this week to oppose parts of the GOP "Contract With America" and voice support for Dr. Henry Foster, nominee for surgeon general.

The two-day gathering will bring the NAACP back into the national debate on civil rights, just as welfare reform and rollbacks of affirmative action are becoming big issues on Capitol Hill.

"To the extent that the internal debate has ended in the NAACP, we can now refocus our efforts," said Wade Henderson, the NAACP's lobbyist in Washington. "The new chairperson is committed to revitalizing the (NAACP's) strength, which is found in its grassroots base."

Simultaneously, Evers-Williams plans to put together a team to find a new executive director to replace Benjamin Chavis, who was ousted last August. In the meantime, interim administrator Earl Shinhoster will serve as acting executive director.

Evers-Williams also is assembling lawyers and accountants to assess the NAACP's debt, which is estimated at about \$3 million. The new treasurer, Wall Street financier Frank Borges, will spend the next few days reviewing the NAACP's books.

"She will send a message to corporate America and to our branches that they will be included in the decision-making, and they will have accountability," said board member Hazel Dukes. "Everyone will be included and not excluded."

No sooner was Evers-Williams elected than about \$60,000 in donations came in, said Roy Williams, vice chairman of the special contributions fund and a community relations manager for the automaker. Also, Chrysler Corp. committed to a \$100,000 donation, he said.

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Focus

The dream is over No NBA glory for 'Hoop Dreams' star — but William Gates is still shooting for success

The Associated Press

MILWAUKEE — If William Gates were in a Hollywood movie, his story would have a heart-tugging, feel-good ending: He'd be racing down a basketball court, finally living his dream of making it to the NBA.

But "Hoop Dreams," the documentary of his quest, was a slice of real life, and now that his college basketball career is ending, Gates knows there will be no fairy-tale finale, no seven-figure contract and, likely, no bids from the pros.

Still, he says, that shouldn't stop inner-city kids from chasing that same fantasy.

"They need to have that dream — that's what makes life so great, especially growing up in Cabrini Green," the decaying Chicago housing project where he grew up, Gates says. "Sometimes, that's the only thing you have to live for, your dream. For me, basketball was my sole guidance to get out of Cabrini. I may not make it to the NBA, but I still got out."

"Hoop Dreams" follows the divergent paths of two Chicago basketball prodigies — Gates and Arthur Agee — from the asphalt playgrounds to the high-pressure and often ruthless world of prep sports, glib college recruiters and big (think dollar signs) promises.

The film also is a parable of life in the inner-city, replete with triumphs and tragedies to rival any reel-world plot: a brother's own dashed basketball dreams, a father's struggles with cocaine, a mother's joy just because her son reaches his 18th birthday without being killed.

The 4½-year film odyssey of Agee and Gates starts with their recruitment into St. Joseph High School in suburban Chicago, where the coach dreams, too, of winning a state championship and discovering another Isiah Thomas, the former Detroit Pistons star who also played there.

While Gates had a financial sponsor, Agee had to transfer to a Chicago public school when his



family couldn't pay the tuition. The movie hints that St. Joseph's, which recently settled a suit against the filmmakers after claiming they had misrepresented the school and their intent — wasn't as eager to help Agee because he didn't seem

as talented on the court. Agee, a senior playing basketball at Arkansas State, has declined interviews for the remainder of the season. Gates, meanwhile, has been living "Hoop Dreams: The Epilogue," con-



William Gates sits in front of the plaques honoring Marquette University's best athletes along the Marquette Athletic Hall of Fame wall before basketball practice on Feb. 13. Left, Gates looks to pass while pressured by an opponent during an exhibition game last November. Gates is ending his college basketball career and knows there will be no fairy-tale finale, no seven-figure contract, and likely, no bids from the pros.

ducting newspaper and TV interviews, including "Oprah," and popping up at Michael Jordan's 32nd birthday bash (where he did — what else? — five interviews).

Two networks crew also trailed him the day before the Academy Award nominations were announced and "Hoop Dreams" was snubbed in the documentary category.

Gates and Agee, who also met with director Spike Lee last year to discuss a made-for-TV fictional movie, stay in touch and got together at Christmas. "The chemistry is so strong," Gates says. "We're just so happy to see each other. It's not like we're the best of friends, but when we're together, you can't tell we're not."

At 23, Gates still has the shy smile and soft-spoken manner captured on film, but the Marquette senior with a wife, a daughter and a son due in April has a scaled-down vision of his future.

"If you've got a good head on your shoulders and you do the right things to be successful, you don't have to throw all your eggs in one basket," he

says, dangling a leg scarred from two knee operations over a table outside the Marquette gym. "I'm in such a fortunate situation. My life has been documented. It's been put on the big screen."

"NBA money is good," he adds understatedly, his face lighting up with a toothy grin, "but there are other ways to make it." Gates expects to graduate with a communications degree in December, but will end his up-and-down basketball career in March. This season, the 6-foot reserve guard-forward averaged just 11 minutes a game.

He took last year off from basketball, partly to spend time with his daughter, Alicia, who turns 6 in March.

"I realized I needed to be part of her life, especially since I didn't have a male figure in my life," says Gates, who saw his father only occasionally growing up. "I wanted to be everything to her that I didn't have."

Bo Ellis, the Marquette assistant coach who played for the Denver Nuggets, says Gates will be relieved

when the season is over, knowing everyone has been watching and pulling for him.

"A kid is given a chance, and it seems like the doors will stay open forever," says Ellis, a former Chicago prep star himself. "It just doesn't work like that."

But Gates, he adds, has the right priorities. "The most important thing Will has learned is that basketball has given him an opportunity to get a degree that will not desert him," Ellis says.

Gates has no regrets about the direction he took, the dream he aspired to, the love he had — and still has — for the game.

"I still want to be part of basketball," he says. "I may not be able to make money, but it's OK. I'm fine with it. I look at what basketball has done for me. One of the guys on the team came up to me and said, 'Will, you're the only person I know who's famous for just being yourself.' I wouldn't have it any other way."

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1976 Private Coach, 28' length.
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Room additions, remodeling, electrical, plumbing, No job too large or too small.

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Purchase all herbs and Vitamins at wholesale.

823 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

824 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

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JACK STEVENS
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RATHER HAVE AN "A" WE CAN HELP
Guaranteed Tutoring English Grammar/Writing

827 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

828 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

829 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

830 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

EVAN'S CLEANING SERVICE & HOUSEKEEPING
Residential, offices, construction & rentals. If you're not happy, we're not happy.

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tree topping & removal. Shrub trim or removal.

832 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

833 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

834 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

835 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

836 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

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Washes, blinds, carpet, upholstery, power washing, & housekeeping.

DELIVERED
Sand & gravel topsoil for driveways, parking lots, etc.

837 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

838 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

839 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

840 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

841 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

842 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

843 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

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Residential & Business - Insured-Bonded. Free Estimates

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Home repair, Electrical, plumbing, light carpentry.

844 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

845 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

846 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

847 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

848 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

849 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

850 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

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851 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

852 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

853 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

854 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

855 TRUCKS
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1984 NISSAN DLX TRUCK

856 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

857 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

COMPUTER SALES, SERVICE & SUPPORT
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Heating/Air Conditioning Refrigeration
Commercial & Residential

858 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

859 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

860 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

861 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

862 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

863 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

864 TRUCKS
1980 CHEVY VAN
1986 FORD AEROSTAR
1984 NISSAN DLX TRUCK

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1984 OLDS CUTLASS \$1977
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1988 NISSAN SENTRA \$4973
1986 OLDS 98 REGENCY \$776
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1989 FORD TAURUS WGN \$7893
1991 CHEVY LUMINA \$7977
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1990 OLDS CUTLASS \$7998
1993 SUZUKI SIDE KICK \$9999
1991 BUICK PARK AVE. \$13899
1994 FORD THUNDERBIRD \$13996
1993 HONDA ACCORD \$14977
TRUCKS
1980 CHEVY VAN \$2957
1986 FORD AEROSTAR \$3776
1984 NISSAN DLX TRUCK \$3873
1987 CHEVY 5-10 BLAZER \$4887
1985 FORD BRONCO \$4999
1988 DODGE DAKOTA \$5888
1988 MIT. MIGHTY MAX \$6993
1981 CHEVY DUALY PICKUP \$7881
1993 DODGE RAM \$10,883
1990 CHEVY C2500 \$11,986
1991 GMC SIERRA \$14,986
1991 CHEVY SUBURBAN \$16,988
1993 MERCURY VILLAGE \$16,996
1992 FORD EXPLORER \$18,893
1993 FORD F-250 4X4 \$18,998
1994 ESCORT LX \$8999
1994 TEMPO GL \$9998
1994 TAURUS GL \$11,998

LATHAMS PRESIDENT'S DAY WEEKEND SALE! SATURDAY - SUNDAY - MONDAY



Stock #113D-264

1995 DODGE DAKOTA P.U.
\$0 down \$175⁰⁰ mo.

Units subject to prior sale or lease. O.A.C. cap cost \$14,988. First payment and security deposit due upon delivery. Use \$350.00. 48 month closed end lease totaling \$11,300.00. Option to purchase at lease end for \$13,000.00.



Stock #519U-44

1995 DODGE NEON
\$0 down \$185⁰⁰ mo.

Units subject to prior sale or lease. O.A.C. cap cost \$11,988. First payment and security deposit due upon delivery. Use \$350.00. 48 month closed end lease totaling \$11,700.00. Option to purchase at lease end for \$4,500.00.



1995 PLYMOUTH ACCLAIM
\$0 down \$209⁰⁰ mo.

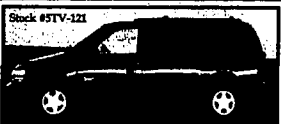
Units subject to prior sale or lease. O.A.C. cap cost \$12,688. First payment and security deposit due upon delivery. Use \$450.00. 48 month closed end lease totaling \$13,700.00. Option to purchase at lease end for \$12,000.00.



Stock #5WR-18

1995 JEEP WRANGLER
\$0 down \$229⁰⁰ mo.

Units subject to prior sale or lease. O.A.C. cap cost \$14,688. First payment and security deposit due upon delivery. Use \$750.00. 48 month closed end lease totaling \$11,300.00. Option to purchase at lease end for \$13,700.00.



Stock #5TV-121

1995 PLYMOUTH VOYAGER
\$0 down \$245⁰⁰ mo.

Units subject to prior sale or lease. O.A.C. cap cost \$14,688. First payment and security deposit due upon delivery. Use \$750.00. 48 month closed end lease totaling \$11,700.00. Option to purchase at lease end for \$4,700.00.



1995 JEEP CHEROKEE
\$0 down \$289⁰⁰ mo.

Units subject to prior sale or lease. O.A.C. cap cost \$14,688. First payment and security deposit due upon delivery. Use \$750.00. 48 month closed end lease totaling \$11,300.00. Option to purchase at lease end for \$13,600.00.

Stock #933C

1991 GEO METRO
REDUCED TO \$4288
\$0 down \$89⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #776C

1991 SUBARU JUSTY
REDUCED TO \$4988
\$0 down \$109⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #940C

1991 FORD ESCORT 2 DR.
REDUCED TO \$4988
\$0 down \$109⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #899C

1991 MERCURY TRACER
REDUCED TO \$5988
\$0 down \$139⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #827C

1993 PLYMOUTH COLT
REDUCED TO \$6988
\$0 down \$149⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #777C

1986 NISSAN 300 ZX
REDUCED TO \$7488
\$0 down \$189⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #895C

1992 CHRYSLER LEBARON
REDUCED TO \$8988
\$0 down \$189⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #612C

1992 DODGE DAYTONA ROC
REDUCED TO \$9988
\$0 down \$209⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #922C

1992 CHEVY CAVALIER 1.6 CONV.
REDUCED TO \$9988
\$0 down \$209⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #962C

1993 FORD TAURUS
REDUCED TO \$9988
\$0 down \$209⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #803C

1991 EAGLE TALON TH TURBO
REDUCED TO \$12488
\$0 down \$259⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #775C

1994 FORD PROBE 6T V-6
REDUCED TO \$14988
\$0 down \$279⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #1144

1986 JEEP CHEROKEE
REDUCED TO \$4988
\$0 down \$169⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #7103

1986 FORD BRONCO II
REDUCED TO \$5988
\$0 down \$169⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #1124

1989 DODGE 1/2 TON 4x4
REDUCED TO \$6988
\$0 down \$179⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #985S

1990 DODGE CARAVAN
REDUCED TO \$6988
\$0 down \$159⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #989E

1991 GMC S-15 PICKUP
REDUCED TO \$8988
\$0 down \$189⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #945T

1992 DODGE D-150 PICKUP
REDUCED TO \$9488
\$0 down \$199⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #976Z

1992 PLYMOUTH VOYAGER
REDUCED TO \$10988
\$0 down \$229⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

Stock #999S

1992 FORD EXPLORER SPORT
REDUCED TO \$15988
\$0 down \$289⁰⁰ mo.

Units subject to prior sale or lease. Tax, title fee (\$2.00) and Dealer DOC fee (\$24.00) are not included in the monthly payment. 12.9% APR. No cash down. 48 monthly payments - no balloon payment.

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1995 MERCURY TRACER TRIO

4 DOOR
with air conditioning,
5 speed transmission
and front wheel drive.



Your Choice

\$600 or **3.9% A.P.R.**
Cash to You

1995 MERCURY MYSTIQUE

Power door locks, air cond.,
cruise control, mirror air
filtration system.



Buy for only

\$14,999 or **\$245⁶⁴**
PER MO.

10% down plus first payment and security deposit. 24 mo. lease guaranteed future value \$10,189.70. Doesn't include sales tax and dealer doc fee of \$20.77

1995 MERC. VILLAGER MINI-VAN

Anti-lock brakes, air cond.,
cruise control, power
options and more! #V-53



Buy for only

\$19,999 or **\$249⁶⁴**
PER MO.

10% down plus first payment and security deposit. 24 mo. lease guaranteed future value \$15,110.70. Doesn't include sales tax and dealer doc fee of \$20.77

Over **80**

**LINCOLNS AND MERCURYS
IN STOCK
ALL DRASTICALLY REDUCED
APR AS LOW AS 3.9% APR**

1995 MERCURY COUGAR XR7

All the luxury options
and sporty.



You buy for only

\$17,999 or **\$249⁴²**
PER MO.

10% down plus first payment and security deposit. 24 mo. lease guaranteed future value \$12,643.11. Doesn't include sales tax and dealer doc fee of \$20.77

1995 MERCURY SABLE GS 4DR.

with front wheel drive
for easy winter
driving.



Now only

\$17,999

10% down plus first payment and security deposit. 24 mo. lease guaranteed future value \$12,643.11. Doesn't include sales tax and dealer doc fee of \$20.77

1995 MERCURY GRAND MARQUIS



Magic Valley's #1 Selling Full-Size Car.
It's Not Just a Ford, It's a Mercury.

TOTAL SAVING \$2705 Theisen Price \$19,990

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You can't buy trust...you have to earn it. That's what Theisen Motors has been doing for 41 years: earning the trust & confidence of the people of Idaho with a total dedication to complete, long-term satisfaction. It's paid off. People trust Theisen Motors for the right selection, the right price & service 6 days a week. That's how Theisen Motors remains #1 year after year. The Theisen Plan is one reason why over 80% of Theisen Motors customer are repeat customers...or referred by someone who has done business with Theisen Motors.

THE THEISEN MOTORS STORY BEGINS WITH SALES. WE SELL MORE BECAUSE WE SATISFY MORE!
Theisen Motors, the top Lincoln/Mercury dealer in the state of Idaho, has fleets or commercial vehicles, but family cars delivered one at a time to smart customers who demand quality & value. For over 41 years Idaho families have put their trust in Theisen Motors for automobile excellence. Winners of the prestigious Dealer's Award, Ford Motor Co.'s highest award for sales & service satisfaction, judged by one of the industry that one of the largest value dealers is also #1 in customer satisfaction 7 years in a row! Theisen Motors believes that every customer deserves first class service. Top notch merchandise, genuine Lincoln/Mercury parts and convenient service hours. These are four good reasons for QUALITY, SERVICE, KNOWLEDGE, EXPERIENCE & PRIDE.

1995 HONDA ACCORD LX 4 DOOR

Air conditioning, cruise
control, power windows,
power door locks,
automatic
transmission.



You buy for

\$17,388 or **\$224⁶⁶**
PER MO.

Lease 10% down, 24 month lease/12,000 miles, plus 1st payment & security deposit, guaranteed future value \$13,404.80. Does not include Idaho sales tax & dealer doc. fee of \$29.77

1995 HONDA ACCORD LX

Now with a V-6 Engine!



Special Introductory Savings

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PER MO.

24 month net lease, 12,000 miles a year, 10% down, plus 1st payment and security deposit, guaranteed future value of \$16,102.80, does not include sales tax and dealer doc. fee of \$29.77

Over **50**

**HONDA
ACCORDS & CIVICS
TO CHOOSE FROM!**

1995 HONDA PASSPORT

Cute!



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\$2000 or **\$249⁴²**
PER MO.

24 month net lease, 12,000 miles a year, 10% down plus first payment & security deposit, guaranteed future value \$16,442.70, does not include sales tax & dealer doc. fee of \$29.77

1995 HONDA CIVIC COUPE

But to...



NO HONORARY DOWN!

\$10,999 or **\$185⁰⁰**
PER MO.

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1995 HONDA CIVIC 4 BR.

Front wheel drive,
power steering, power
brakes, floor mounted
transmission.



For only...

\$166⁴⁸
PER MO.

24 month net lease, 12,000 miles a year, \$1000 down plus first payment & security deposit, guaranteed future value \$9308.00, does not include sales tax & dealer doc. fee of \$29.77

1995 KIA SEPHIA 4 DR. WITH AUTOMATIC TRANSMISSION!

No Money Down!

Air conditioning, AM/FM
stereo/cassette, tinted glass,
power steering, power
brakes.

\$211⁵⁵ or **\$10,999**
PER MO.

72 months, 11.25 A.P.R., no money down on a c. doesn't include sales tax & dealer doc. fee of \$29.77

1995 KIA SEPHIA 4 DR. WITH 5 SPEED TRANSMISSION!

No Money Down!

Air conditioning, AM/FM
stereo/cassette, tinted glass, power
steering, power brakes.

\$193³² or **\$9999**
PER MO.

72 months, 11.25 A.P.R., no money down on a c. doesn't include sales tax & dealer doc. fee of \$29.77

THEISEN MOTORS NEWEST CAR

Over **20**

KIAS TO CHOOSE FROM!



1995 KIA SPORTAGE



- Air conditioning
- 4 Wheel Drive
- Auto-lock hubs
- Cruise Control
- Tilt Steering
- Tinted Glass
- Tachometer
- Michelin Tires
- Power Steering
- #G-2
- AM/FM Stereo Cassette
- Rear Defroster
- Rear anti-lock Brakes
- Digital Clock
- Aluminum Alloy Wheels
- Power Door Locks
- Driver's Seat Lumbar Support
- Power Windows
- 2-Speed Transfer Case

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Jules Harrison's

* Dealer retains rebates, if any. No money down, O.A.C.

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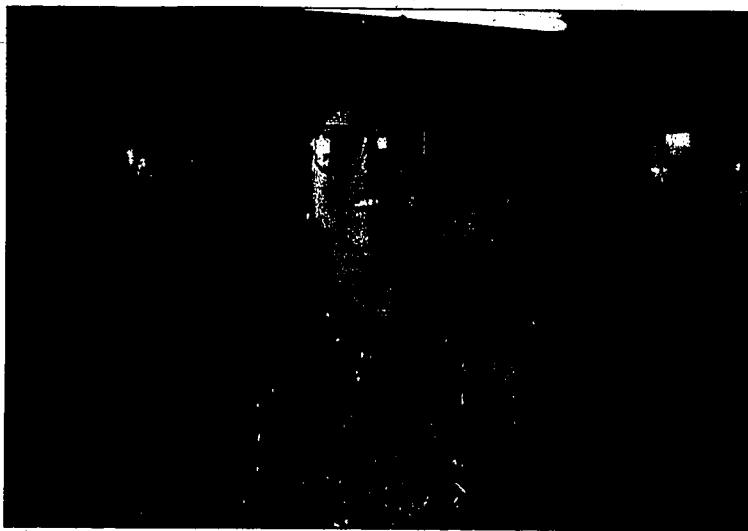
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MOE BALSBURY/The Times-News

With five dental implants, Heyburn resident Nadine Hall has plenty to smile about.

Expensive implants may beat dentures, but they're not for everyone

By Dixie Thomas Reale
Times-News correspondent

TWIN FALLS — If you just can't sink your teeth into the idea of dentures, there is an alternative.

And as baby boomers age, dental implants are an increasingly attractive option. "Dental implants have been around for about 20 years," said William Morton, a Twin Falls orthodontist. "They were perfected about 10 to 12 years ago and have been available locally for about five to six years."

Even the Magic Valley, with about 145,000 mouths, is a potentially big market for implants. Half of Americans between the ages of 18 and 64 are missing at least one tooth, Knight-Ridder Newspapers reported.

Morton describes the surgery as involving two steps.

The first surgery opens a flap of skin on the jawbone ridge where there is no tooth, exposing the bone," he said. "A hole is drilled into the jawbone. An implant made of biological-grade titanium or hydroxyapatite is dropped into the hole. The flap is

put back into place and this is sutured shut. "After five or six days, the stitches are removed," Morton continued. "The implant acts as a root or anchor. After six months of healing time is required as the bone grows around and bonds to the implant."

Morton said a second surgery exposes the implant and a cap, or abutment, is placed over the implant at the gum line. This will join the anchor to the prosthesis, or substitute tooth.

That tooth is manufactured by making an impression of the patient's bite, teeth and the abutments in order to make a model, according to "Understanding Dental Implants," a publication of Krames Communications. From this model, the dentist makes a prosthesis.

After the dentist makes the tooth, he checks the fit. A prosthesis can either be removable, which means it can be taken out to be repaired, or fixed permanently in the mouth.

A removable prosthesis is often used to replace a full set of teeth. The prosthesis can be attached in several ways, including by clips, O-rings or magnets. A fixed prosthesis can replace one, several or all of the teeth. A single tooth attaches

directly to the abutment. To replace more than one tooth, the dentist makes a metal frame, places teeth on the frame, and then fits the entire attachment to the patient's mouth. This involves more trial fits than for the removable prosthesis or for the single tooth replacement.

The patient wears the fixed prosthesis for an adjustment period before it is permanently attached.

"A single dental implant is probably the best option when one tooth is missing and the surrounding teeth are healthy," said Vince Williams, a Twin Falls dentist who specializes in oral and maxillofacial surgery. "With a bridge, the adjacent teeth have to be ground down and fitted with crowns. You don't want to have to grind down the surrounding teeth if they are healthy. If the patient does not replace the missing tooth with something, they have a gap in their teeth."

Dental implants help to stabilize dentures," he continued. "Dentures get loose after a while and don't fit properly. They may slip in public. With implants, the dentures are anchored firmly. They don't move."

Morton agrees. "With dentures, people tend to lose bone mass in their jaws," he said. "If you don't use bone, you lose bone. Some patients who have worn dentures for many years have hardly any bone left in their jaws. The implant helps stop the loss of bone mass in the jaws."

Morton said since the implant is a permanent false tooth, the patient feels more comfortable with a fixed prosthesis.

"When it is removable, it is less comfortable, less convenient," he said.

Williams recommends dental implants for people who have problems with dentures, and that includes almost everyone who wears them. "If it doesn't matter how long the tooth has been missing, he said; as long as the patient has bone, he can have an implant.

Megan Ashenbrenner of Twin Falls, a patient of Williams', nursed a very loose tooth for nearly 13 years until the dental technology was available. She got an implant, and now says she can't tell the difference between the implanted tooth and her own teeth.

Nadine Hall of Heyburn, another of Williams' patients, has had six dental im-

Please see DENTAL/D2

All you wanted to know about shaping up but were afraid to ask

Orlando Sentinel

Whether you're running, jogging, walking or barely moving at all, the road to fitness is often a confusing journey.

Is it any wonder that, confronted with isokinetics, toning beds and Miracle Thigh Cream, so many of us instead choose cold beer, La-Z-Boys and Rocky Road ice cream?

"Only one of 10 people exercises on a regular basis," said Edward Jackowski, author of "Hold It! You're Exercising Wrong." "Out of that 10 percent, only 1 percent exercises correctly."

The first figure is from the Centers for Disease Control and Prevention. The second one is based on Jackowski's experience training more than 14,000 people through his one-on-one motivational and fitness

Do it right — D2 What to avoid — D2

company, Exude Inc. in New York.

Although fitness experts agree that Americans have access to more and better information about exercise and good nutrition than ever before, they acknowledge that it's hard to separate fact from fiction.

And that can keep people from exercising correctly — or exercising at all.

Donald Ardell, director of the University of Central Florida Wellness Center, believes in the power of good information to change people's attitude toward exercise and good health.

"People have this notion that they are too old, too far gone or too lazy to get started," said Ardell, publisher of a quarterly news-

paper and author of a soon-to-be released book, "Health Tips from America's Fitness Leaders."

Here is a "best of" collection of fitness fallacies gleaned from Ardell, Jackowski and other experts, followed by the facts that should set you on the road to personal fitness or, if you're already on the journey, make it easier to navigate.

FALLACY: No pain, no gain. If one is good, two is better.

TRUTH: Whether it's exercise, dieting or vitamins, there can be too much of a good thing. Robert Brosmer, executive director of the Peggy and Philip Crosby Wellness Center in Winter Park, Fla., likes to coach people to "train, don't strain."

If you push yourself too hard, you're likely to get hurt and have to stop exercising until you recover — a wasted effort,

said Brosmer, coauthor of the book "Health & High Performance." Brosmer likes to quote the philosophy of Arthur Jones, inventor of Nautilus equipment who said, "Any exercise in excess of the minimum amount required will be wasted effort at best and counterproductive at worst."

FALLACY: Weight loss is a key part of getting fit.

TRUTH: Your weight has no direct bearing on your physical fitness level. "I have people who weigh less than 100 pounds and they are in the worst shape," said Larry Stone, a longtime personal trainer in Orlando and former champion bodybuilder. "I've put models through my workout, and they are buffing and puffing."

Getting in shape often means adding weight — shedding fat but picking up muscle. Please see FITNESS/D2

Tips for playing dead in an opera

My advice to you, if you ever get invited to play the part of a corpse in an opera, is: Ask questions. Here are some that I would suggest:

1. Does the plot of this opera call for the corpse to get shoved halfway off a bed headfirst by people shrieking in Italian?

2. If so, is this corpse wearing a night-gown-style garment that could easily get bunched up around the corpse's head if the corpse finds itself in an inverted position with its legs sticking up in the air on a brightly lit stage in front of hundreds of people whom the corpse does not personally know?

3. If so, what, if any, provisions will be made to prevent a public viewing of the corpse's backside?



Dave Barry
Humor

Fool that I am, I failed to ask these questions when I was invited to be a deceased person in an opera. This invitation resulted from a column I wrote concerning an animal in a Denmark zoo that died from stress brought on by hearing opera singers rehearse. I concluded that opera is probably harmful and should be banned as a public-health menace, just like heroin, or aspirin bottles with lids that can actually be opened.

This column generated a large amount of mail from irate opera lovers who:

1. Pointed out that they are far more sophisticated, urbane and cultured than I am, and

2. Used some really dirty words. (Here is an actual quote from one of these letters, slightly modified for the family-newspaper audience: "Cosi Fan Tutte is Italian and not Spanish, you sock plucker. Duck shoe.")

But I also got a very nice letter from Janice Mackey, general manager of Eugene Opera in Eugene, Ore. (civic motto: "Eventually You Stop Noticing The Rain"). She invited me to play a corpse in Eugene Opera's Jan. 8 performance of "Gianni Schicchi" (pronounced "Johnny SKEE-kee"), a work by the famous opera dude Puccini ("Poo-CHEE-nee"), who I believe also wrote the 1966 Tommy James hit "Hanky Panky" ("Hang-kee PANG-kee"). As a professional journalist, I am always looking for new ways to get paid for being motionless, so I said sure.

Eugene is located in southwest Oregon, approximately 278 billion miles from anything. To get there, you have to take a series of "commuter" airplanes, each one smaller than the last, until finally there isn't room for both you and the pilot, and you have to fly yourself. "Eugene is that way," the airline personnel tell you, gesturing vaguely. "Just look for the rain cloud!"

But Eugene Opera turned out to be a very professional outfit featuring baritones, sopranos, bassoons, tremors, mezzanines, etc. I attended a brief rehearsal, during which the professional opera singers practiced shaving me off the bed and gave me invaluable dramatic tips on playing dead ("Don't move"). They also filled me in on the plot of "Gianni Schicchi," which involves a wealthy 13th Century Florentine

Please see BARRY/D2

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Looking good

Jeweler pins success on instinct

The Stamford Advocate

GREENWICH, Conn. — She's been called the Donna Karan of the costume jewelry business. And the decorative pins she likes to wear are a constant advertisement for the products, found in the trendiest department stores across the nation.

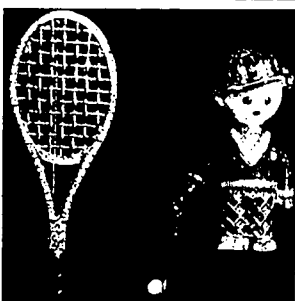
Carolee Friedlander is the chief executive officer of Carolee Designs Inc., a privately held company based in this wealthy residential community a short train ride from Manhattan. She is also the outspoken president of The Committee of 200, an organization for some of the most powerful women executives in the United States.

Carolee Designs, the company she created 22 years ago while trying to raise three young children, has blossomed into a successful costume jewelry design firm that employs about 300 people. It is owned by family members. While

Please see JEWELER/D2



Friedlander



Carolee Friedlander's creations are sold at stores such as Neiman Marcus, Saks Fifth Avenue and Nordstrom.

Stamford Advocate photo by BOB LUCKEY JR.

Health notes

COUGH, HACK, SPUTTER: Once or twice an hour, normal breathing is interrupted as air rushes from the lungs and out the mouth at an incredible speed. This interruption, a cough, is a normal response of the respiratory system as it works to defend the body. Many things can cause a cough, including infections (such as cold, flu, bronchitis and pneumonia), asthma, smoking and irritants in the environment. Coughs come in many varieties; some are "productive," bringing mucus up from the lungs and airway passages; dry, hacking coughs are frequently associated with a cold and will go away in a week or so. A lingering cough may be a sign of an underlying illness; consult a physician if the cough lasts more than two or three weeks.

NO KISS FOR DEATH: AIDS is not a kissing disease, and now researchers think they've found at least one reason why. According to a National Institute of Dental Research scientist, a protein in human saliva called secretory leukocyte protease inhibitor, or SLP1, keeps the AIDS virus from infecting white blood cells. AIDS doesn't appear to be transmitted readily through kissing or oral sex. In fact, it's hard to even find the AIDS virus in the saliva of people who are infected. It's unclear how SLP1 works, but it may open up new strategies for AIDS medicines.

SOME FISH STORY: You've heard all the scary stories about the growing danger of drug-resistant

bacteria? Well, the protein that gives deep-sea fish that eerie blue glow could someday help overcome that problem. Biochemist John Lee of the University of Georgia and colleagues think the lumazine protein that produces bioluminescence could provide a battle plan that invading bacteria can't defend against. Other researchers call Lee's work a novel approach but caution that the jump to new antibiotics is a long one.

BURGEONING BACTERIA: They'd better hurry up with that fish stuff. A bacterial infection that can cause fatal meningitis or blood poisoning among young children is striking with increasing frequency in the United States, federal researchers report in the Journal of the American Medical Association. Outbreaks of group C meningococcal disease are still too rare to cause alarm but are among emerging threats health experts are watching.

HEALTHY HISPANICS: Women, you'd do well to learn from the diets of recent Mexican immigrants. Mexican-born women eat more meats, vegetables and beans and use less nicotine, alcohol and coffee — and it shows up in better health for themselves and their babies, University of California, San Francisco researchers report. But as the immigrants become more Americanized, their diet rapidly deteriorates and health problems quickly increase.

Compiled from wire reports

Fitness

Continued from D1

cle. Jackowski warns that those who plan to trim inches using increasingly popular stair-climbing machines will likely end up with the opposite result, because such workouts add muscle to the thighs and buttocks.

FALLACY: It will take months of working out to achieve anything.

TRUTH: The road to fitness begins with the first step. "In a week's time you can make significant changes," said T.J. Brown, owner of T.J.'s Body Consultants of Winter Park, and a personal trainer whose clients include many doctors. Some of the most dramatic results take place early on as couch potatoes are, suddenly injected with new energy, Brown says. Like money in the

bank, a proper exercising regimen builds on itself, enriching you every step of the way.

FALLACY: I'm too-old to start getting in shape.

TRUTH: Health experts generally agree that the human body would last 120 to 140 years under ideal conditions. "People don't realize that in their 70s they can have the same vitality as they did in their 30s," Brosmer said. Brown says some of his middle-age clients have remarked that they are in the best shape of their lives, even some who were well-conditioned athletes in their youth.

FALLACY: If I get fit, my whole life will turn around.

TRUTH: Getting fit is certainly a

good place to start, but fitness is not an end unto itself. "A focus on fitness as the answer is wrong," Ardell said. "Personally, I think fitness is just a symptom of larger issues, such as whether you are glad to be here." All the exercise and stress management in the world won't help if you are miserable in your job, Ardell said.

FALLACY: Modern science and fitness gurus are getting closer to creating the perfect exercise machine or technique — a "breakthrough!"

TRUTH: There's no such thing as the perfect machine or technique and never will be. "The best exercise," said Brosmer, "is the one you are going to stick to."

Barry

Continued from D1

named Buoso Donati, who is pursued by a seemingly indestructible android from the future.

No, wait, that's the plot of "Terminator II." That plot of "Gianni Schicchi" is the Buoso is dead, and a bunch of people sing very loudly about this in Italian for 45 minutes of opera time, which, for a normal human, works out to roughly a month. I spent most of this time lying still on the bed with my mouth open. This turns out to be very difficult. When you have to hold perfectly still in front of hundreds of people, you become a seething mass of primitive bodily urges. You develop overpowering urges to swallow, twitch, scratch, burp, emit vapors and — above all — lick your lips. "YOU NEED TO LICK YOUR LIPS RIGHT NOW!" is the urgent message your brain repeatedly sends to your tongue. You find yourself abandoning all concerns about personal hygiene and praying that Puccini was thoughtful enough to include a part in "Gianni Schicchi" where the singers decide, for whatever reason, to lick the corpse's lips.

But this is not what happens. What happens is that the singers, while searching for Buoso's will, shove the corpse off the bed, the result being that I had to hold perfectly still while upside-down, with my face smashed into a low footstool and my legs in the air, through several arias ("aria" is Italian for "song that will not end in your lifetime"). Fortunately, under my nightgown I was wearing lights, so the audience was never directly exposed to my butt, which could have triggered a potentially deadly stampede for the exits.

Finally the singers put the corpse back up on the bed, so for the rest of the opera I could just lie there thinking explicit bodily thoughts. At times I also listened to the music, and I have to say that, although I am by no means an opera aficionado (literally, "guy"), I was deeply moved by one part, which was when a stagehand, Doug Beebe, crept up behind



Above, Dave Barry breaks character during a photo shoot with the Eugene Opera before the performance of 'Gianni Schicchi.' At right, Barry practices the art of playing dead.



my bed, unseen by the audience, and whispered, "Dolphins 21, Chargers 8." He was updating me on important NFL playoff game in which I had a strong artistic interest. And although the Dolphins ultimately lost, I definitely enjoyed performing in "Gianni Schicchi" and did not find the experience to be the least bit fatal, so I sincerely apologize to all the opera fans I offended.

Except for the gas poles who wrote the nasty letters.

for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

Dave Barry is a humor columnist

Do it right with tips from the experts

Orlando Sentinell

OK, so you're among the 10 percent of all Americans who exercise regularly. Feeling pretty good about yourself, right? Think again.

According to fitness expert Edward Jackowski, probably nine of every 10 people who exercise aren't doing it right. And if you aren't doing it properly, you're wasting your time more importantly, you're leaving yourself vulnerable to injury.

Want to get it right? Here are some tips from Jackowski and other experts:

- Include all four phases of a workout in your exercise regimen: warm-up, stretching, the main exercise and a cool-down.
- Do the warm-up before the stretching. Many people stretch before doing anything else. Bad idea. Light jogging, walking in place or jumping jacks raise body temperature, increase your heart rate and push blood to the muscles to prepare them for stretching.
- Do not bounce or hold your breath when stretching. Relax and hold the stretch for 10 to 30 seconds.
- Cross train. Long before Bo Jackson started mixing and matching workouts in his "V" and magazine ads (Bo knows baseball, Bo knows baseball, etc.), experts

were recommending it as a way to exercise all your body's muscles, avoid boredom and prevent injuries. Try swimming, biking, jogging, aerobics and weight training.

- Do sit-ups correctly. Don't lock your feet under anything and don't keep your legs straight. Bent-knee sit-ups with your feet flat on the floor are better for your back and the abdominal muscles you are trying to strengthen. Also, don't expect to lose inches from your waist doing sit-ups alone. Hundreds of sit-ups a day will strengthen your muscles but won't necessarily remove fat. Sit-ups, properly done, can help those with chronic back pain.
- Use a jump rope. It's the best piece of exercise equipment, says Jackowski. It tones and strengthens all major muscles, burns lots of calories and improves cardiovascular conditioning. It's also relatively inexpensive.
- Jog slowly or walk to cool down after exercising vigorously. This allows your heart rate and blood pressure to drop, which makes things easier on your heart and helps reduce muscle soreness the next day. Cool down for two to eight minutes, depending on the intensity of the exercise.
- Work out at least three times a week, with each lasting 45 minutes.

Exercises even pros don't do

Orlando Sentinell

According to the Association for Fitness Professionals, these exercises should be avoided because they place undue stress on injury-prone parts of the body such as the lower back, head and neck.

1. The Yoga Plow. Lying on your back and kicking your feet up over your head, touching the floor behind you.
2. Neck circles. Rolling your head and neck around in circles.
3. Bridging. Often done by football players and wrestlers. Lying on your back and forming a bridge with your body, placing all the weight on the feet and the top of the head.
4. Straight leg sit-ups. The kind with your legs straight out on the floor.
5. Double leg lifts. Lifting both legs, straight out, off the floor, while lying on your back.
6. Standing toe touch. Touching your toes from a standing position.
7. Back hyperextension. Kicking your leg out to the side or rear while down on your hands and knees.
8. Hip twists. Swinging your legs in a circular motion while down on your hands and knees.
9. Hurdler's stretch. Sitting with one leg bent back and to the side of the body while the other leg is straight out front, then leaning forward to touch the toe of the straight leg and backward to touch your head or elbows to the floor.
10. Full squat. Deep knee bends that go all the way down.

Jeweler

Continued from D1

Friedlander won't disclose revenue figures, some industry analysts said they could top \$45 million annually.

Ask Friedlander why her company is considered a leader in the field of jewelry design, and she won't hesitate to credit her skill and product. Her moderately-priced costume jewelry, which comes with a lifetime guarantee, is sold from prime locations on the main floors of such prestigious department stores as Neiman Marcus, Bloomingdale's, Saks Fifth Avenue and Nordstrom.

"The company has been able to attract a very high caliber of talented, self-motivated individuals, and they work very well as a team," Friedlander, 53, said during a recent interview in her Greenwich office. "But you also need a wonderful product, and we have one."

Ask her about her own strengths, and she pauses for a moment, then lists qualities such as "pretty good instincts when it comes to design" and "the ability to take risk. I am very decisive."

Indeed, it was the determination to become financially independent that motivated Friedlander to launch a business from her kitchen table in 1972. A one-time store designer, she pursued jewelry design in part because she had enjoyed making jewelry for friends years earlier while studying architecture at Bennington College in Vermont. She got her first big break in 1976, when a large order from Bloomingdale's enabled her to secure a \$50,000 loan from a local bank.

Since then, she has been able to combine a keen intuition with an ability to make informed choices that translate into big sales. Her now-famous Duchess of Windsor collection hit the

department stores in 1987 before the real-life jewels were auctioned off at Sotheby's. She designed an elephant pin, complete with faux ivory tusks, to call attention to the plight of that endangered animal. And customers were able to buy her "First Cab" collection before the Clintons moved their first stick of furniture into the White House.

A strong believer in "synergy" between companies in related industries, Friedlander has created innovative retail promotions over the years with such high-powered companies as Estee Lauder USA, the cosmetics firm. She started devoting a portion of profits to charity long before it became fashionable on Seventh Avenue. And in 1992, years before a lot of people were paying attention to it, she pioneered jewelry selling on QVC, the television shopping network, selling \$500,000 worth of Carolee jewelry in a two-hour period.

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Valley happenings

Legal support staff invited to meeting

TWIN FALLS — Legal support staff (assistants, paralegals, secretaries, court reporters, etc.) in the Magic Valley are invited to an informational meeting of the Twin Falls Legal Support Staff Association.

The meeting is planned for 5:30 p.m. Tuesday at the Hutchinson & Lammer law office in the First Interstate Bank Building, Suite 202. Member of the Year and Bosses' Night will be discussed. For more information, call Helen McCracken at 326-3184.

Square dance club plans workshop

JEROME — A workshop sponsored by the Boutons and Bows Square Dance Club is planned for today at

the American Legion Hall.

Experienced dancers begin at 7 p.m., with beginners following at 8:30 p.m. For more information, call June Custer at 733-9235.

Stamp club schedules meeting today

TWIN FALLS — The South Central Idaho Stamp Club will meet at 7:30 p.m. today at 210 South 4th. All people interested in stamp collecting are invited.

The Times-News welcomes news of community events. Send material to The Times-News Valley Happenings, PO Box 548, Twin Falls ID, 83303-0548. Please submit news at least a week in advance and include a phone number where you can be reached.

Dental

Continued from D1

plans. One didn't take, and she has two on the bottom and three on top.

Before she got the implant, Hall had problems with her dentures, including a lot of pain. She considers them a blessing.

According to Williams, implants are fairly common in the Magic Valley. His office averages about 50 a year.

But most dental insurance doesn't cover the cost, unless you lose the tooth in an accident, and implants are pricey. It costs between \$800 and \$1,200 just for the implant, in addition to \$300 to \$500 for a single crown, and more for a multiple-tooth prosthesis.

And as good as they are, implants aren't perfect and they're not for everyone, Williams said.

Getting an implant requires two surgeries, and then the patient has to go to a general dentist or prosthodontist for the crown or other substitute tooth. The complete procedure takes between four to six months.

Periodontal disease is also a risk, Morton said, and that means meticu-

lous oral hygiene to prevent it. Gum disease, soft-bone structure and jawbone fractures can inhibit successful tooth implantation, and sometimes the tissue line doesn't fill in well enough to look good if the patient has gum disease.

And an implant isn't necessarily forever.

"An implant is considered successful if it is still functional at 10 years," Williams said.

"The front part of the lower jaw provides the most suitable position for implant, with a success rate of 98 percent, and the upper jaw has a success rate of about 90 percent."

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the lesson page

Mid-section workout

Some exercises to help build strength and flexibility in the middle body.

Flexibility

Stretch spine muscles by extending one hand toward knee with back straight and high arch; repeat on other side.

To stretch back muscles, kneel on a mat with palms down and arch back like a cat; return back to flat position; repeat.

Sit on a mat, cross one leg over the other and turn torso; support yourself on one hand and reach other hand to knee; reverse position.

Lie on your back; hands under head; pull knees together and bend; drop knees to one side, then the other.

Strength

Place hands on back of head, spread legs, bend knees; lean forward with back straight; stand straight and repeat.

Firm abdomen with crunches; lie flat on back with feet on chair, reach hands as far as possible toward feet; relax and repeat.

In this crunch, keep feet on floor with hands under head; lift torso up as far as possible; relax and repeat.

Strengthen lower-back muscles by lying face down on a mat with arms at sides; lift feet off floor as far as possible; repeat.

SOURCE: The World Book research by ROY GALLOP

KRF Infographic/JAMES SMALLWOOD

Home tests popular with consumers

Knight-Ridder News Service

It used to be that taking your temperature, checking your pulse and weighing yourself on a scale were the only means of monitoring your health away from the doctor's office.

But these days, quick and accurate information about your health is as close as your local drugstore.

"Pharmacies are providing customers with the tools to detect or monitor medical conditions in the privacy of their own homes.

"Home diagnostic tests and monitoring devices — such as blood-glucose monitors, and pregnancy, ovulation and cholesterol tests — have turned into a billion-dollar industry, praised by many consumers and health-care professionals for providing inexpensive preventive care.

"With the current health-care situation in this country, medical care is getting really expensive," says Angel Pinto, a Tallahassee, Fla. pharmacist. "The best thing they've ever come up with are home-testing kits.

"They give people more control over their own health care, plus they're cheaper than tests done in doctors' offices or laboratories."

Between medical examinations, Pinto uses a home cholesterol test, one of the latest in-home tests on the market, to monitor his cholesterol levels. "I have high cholesterol, and by doing the test at home, I save myself the time and money involved with a trip to a doctor for the same results," he says.

"I'm not saying that you should keep away from the doctor, but the home test makes you better informed about your health. The test should be used as a guide. It should make you aware that you need to see a doctor.

"I will sometimes test myself if I want to eat a big meal. If my cholesterol is not too high, then I will feel better about having a steak that night."

The home cholesterol test became available in June 1994. It is a handheld plastic cassette that measures cholesterol, producing results that read like a thermometer.

Users must prick their fingers and place one to two drops of blood on the plastic device. Results, which are 97-percent accurate when the test is performed correctly, are available within 15 minutes. The cost of the test is between \$15 and \$20.

Pinto says the convenience of home testing and monitoring makes the products so popular. He sells most of these items — especially pregnancy tests — on weekends, when patients don't always have easy access to a doctor.

Pregnancy tests and blood-glucose monitors currently comprise about 90 percent of the home-testing market. Annual sales of these and other home diagnostics are expected to increase from \$1 billion to nearly \$4 billion by the year 2000, according to the magazine Drug Topics.

Part of the appeal of home diagnostics is that most self-tests have become increasingly user-friendly.

Pregnancy tests, in particular, have come a long way since they entered the home-testing market in 1978. The number of steps that must be taken to get results has decreased, the process has been simplified and the results are more accurate and easier to read, says Dr. Evan Dussia, a Tallahassee gynecologist.

"The first home-pregnancy tests were like a 10-step, complicated procedure," Dussia says. "All of the extra steps allowed more room for error. Now, you put a few drops of urine on a plastic gizmo that will tell you yes or no."

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- Do you wake up frequently during the night?

YES?

Then you might have what is known as Obstructive Sleep Apnea, meaning you stop breathing while you are asleep. Snoring is actually you gasping for air, which causes arousals and a very unrefreshing sleep. It can also cause heart irregularities, strokes, high blood pressure, affects people of all ages, from babies to seniors, does not discriminate.

For more information concerning Sleep Apnea or any other disorder, insomnia or narcolepsy, contact:

Idaho Diagnostic Sleep Lab
(208) 736-7646
526-C Shoup Ave. W. • Twin Falls, ID 83301

Licking plates hurts, not helps, dogs



Dear Abby: Abigail VanBuren

DEAR ABBY: This is in response to "Holiday Dilemma," whose husband refused to eat at a friend's house because they let their dog lick the plates after dinner.

You said it was perfectly OK for Mr. and Mrs. Dilemma to bring paper plates. How rude! This couple would be shown the door and never invited back to my home again.

Abby, the Dilemmas were guests in that house; the dogs live there! The only possible harm would be to the dog's table scraps are unhealthy. Can Mr. and Mrs. Dilemma say in all honesty that they never took a tongue-dampened tissue to a child's smudged face? Or sucked on their own needle-pricked or hammer-wheeked thumb? We're talking germs here!

A friend once left our swimming pool, saying it was "unhealthy" because our dog jumped in. By the way, this same friend lets her dog lick the plates after dinner.

—DOG OWNER AGAINST RUDE AND UNCLE GUESTS
P.S. Abby, my dogs asked if they

could add these few words: "Don't let us lick the plates after dinner. People food tastes good, but it isn't good for us. It's a proven fact that a human's mouth is dirtier than a dog's mouth."

—SHMOO AND CHANG SLINGBAUM, BRANDON, FLA.
DEAR SHMOO AND CHANG: My veterinary experts have verified your statement. Should you ever get to Washington, D.C., I know a couple of attractive huskies named Amelia and Kemo who could show you a dogged good time.

DEAR ABBY: How well I remember the letter in your column from a 36-year-old reader who wrote, "I have been thinking about going to medical school, but it will take me seven years to finish — and in seven years, I will be 43 years old!"

You responded, "And how old will you be in seven years if you don't go?"

Abby, in 1991, at the age of 38, I was looking for an alternative to a career in college teaching. I considered applying to medical school, but I had no background in any of the sciences at all — I had never taken a college course in calculus, general chemistry, organic chemistry or biology.

A month from today, I will be 42 years old. I am currently a second-year medical student at Indiana University School of Medicine.

Abby, please keep telling 'em! —MIRIAM H. KLAIMAN, PH.D., MAPLEWOOD, MINN.
DEAR MIRIAM KLAIMAN: Thanks for the reminder. I will keep telling 'em' until my typewriter falls apart. Read on for another inspirational letter in support of my "you're-never-too-old" philosophy.

DEAR ABBY: Please tell "Unfulfilled in Philly" she's not too old to get moving on her dream to go to medical school. I'm 53 and am

in my first year of medical school at Michigan State. I will be 57 when I graduate, and 60 before I finish the shortest possible residency. I, too, had to go back to undergraduate school and take courses I hadn't taken when I received my undergraduate and graduate degrees many years before.

It took me two years of applying and 17 interviews before a medical school would take a chance on a person my age. I didn't give up, and neither should she!

—GOING FOR IT IN MICHIGAN
DEAR GOING FOR IT: Congratulations. Let me hear from you when they put that diploma in your hands.

DR. DAVID B. CONRAD
CHIROPRACTIC PHYSICIAN
733-0444
1296 Addison Avenue East
Twin Falls (Across from Albertsons)

Use The Times-News Classifieds.

Performance more important than flavor, taste in lipstick



Cosmetics Q&A Paula Begoun

DEAR PAULA: This is probably the dumbest question you've ever received, but why do cosmetics manufacturers make lipstick with no flavor or aroma? I literally went out and bought my wife some lipstick that had a fragrance and a lot of fluff from Revlon. Are there any other kinds of lipstick available with flavors like strawberry or vanilla so that when kissing one's mate one doesn't have to experience yucky tasteless wax? —Joel, Honolulu

DEAR JOEL: I have never researched or tested lipsticks for their flavors and fragrance. Although I am tempted to add it to my list of criteria, I think women are more interested in application and performance (no joke intended) than flavor and smell. However, if I find something that both tastes good and performs well (I'm still talking lipstick), I'll write about it.

DEAR PAULA: Recently I had some patch testing done because my doctor felt my dry, flaky skin patches could be due to an allergy. When the results came back, they showed that I was allergic to chloracetamide and 2-chloro-n-hydroxy (methylacetamide). I found out that these ingredients are forms of quaternary ammonium compounds. Benzalkonium chloride is another example. What other chemicals belong to this compound group? My doctor was not able to help. Like you said, physicians are not familiar with cosmetic ingredients.

DEAR LINDA: You might want to stay away from preservatives such as quaternium 15, imidazolidinyl urea, 2-bromo-2 nitropane, 3

dio, and dmdm hydantoin. Make sure that the preservatives in any product you buy are at the very end of the ingredient list. That should help. Also, look for simple ingredient lists: the smaller the list, the less chance for reactions.

DEAR PAULA: Would you please review L'Oréal's Hydra-Perfect concealer with SPF 12. —Lynn, Franklin, PA

DEAR LYNN: I wish I could say I like L'Oréal's new concealer, but it wasn't very good. It creases into the lines around the eyes and the texture is rather heavy and thick. I wouldn't recommend this product.

Paula Begoun is the author of several books on cosmetics, including her second edition of "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95).

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- Breast Screening Educational Program. By appointment only. Call 736-1675. If you are a woman who is a resident of Idaho, 40 years of age or older, and have never had a mammogram, do not have insurance coverage for a mammogram, or have an unmet deductible of \$55. YOU qualify for a free mammogram under the MVRMC Mammography Grant Program. Limited number of grants available. Our facility is located in the Professional Plaza, 526 Shoup Avenue West, Suite J. Call 736-1675.
- Childbirth Refresher Program • Tuesday, February 21, 7 – 9:30 p.m. Preregistration required. Call 737-2900.
- CPR Class • Tuesday & Thursday, February 21 & 23, 6:30 – 10 p.m., 5th West Conference Room. To register, call 737-2007.
- Childbirth Course • Thursdays, February 23 – March 23, 7 – 9:30 p.m. Preregistration required. Call 737-2900.
- Breast Cancer Support Group • Monday, February 27, 7 p.m., Prime Cut Restaurant. For information, call Char Basila-Davis at 737-2441 or Jody Craig at 733-3700.
- 55 Alive Mature Driving Course • Monday & Tuesday, February 27 & 28, 1 – 5 p.m., 2nd Floor Conference Room. Cost: \$8. Pre-registration required. Call the Senior Connection at 737-2065.
- Cesarean Childbirth Class • Tuesday, February 28, 7 – 9:30 p.m. No preregistration necessary. For information, call 737-2900.

Making the Magic Valley the healthiest place to live...

Expect to keep exercising while pregnant CSI plans computer classes

Knight-Ridder News Service

Exercising during pregnancy has many benefits. It's been shown to reduce many of the discomforts of pregnancy. Staying active helps alleviate backache, constipation, fatigue, bloating and swelling. Regular exercise can also help elevate your energy level, mood and self-image.

If a woman has worked out regularly before becoming pregnant, and everything is proceeding normally, regular exercise is highly recommended. Exercising during pregnancy can maintain general fitness, improve circulation, relieve swelling and help the mother-to-be prepare for the physical stress of the birth. After pregnancy, exercise helps you get back into shape faster.

Here are some of the changes that occur in the body that a pregnant woman who wants to exercise should keep in mind:

Hormones — During pregnancy, there is an increase in the hormones relaxin and elastin. These hormones soften connective tissue, which in turn relaxes muscles and ligaments. This increases mobility and elasticity produce joint instability and an increased risk of injury. To prevent damaging loosened joints, modifying the range of motion of exercises is recommended.

Circulation — After the first trimester, the uterus enlarges and begins to press against the vena cava, especially when you are lying on your back. This large vein is responsible for carrying blood from the lower body back to the heart. To prevent lower-body circulation problems, limit the exercises you do while lying on your back after the first trimester.

Blood volume — Blood volume increases 30 to 55 percent during pregnancy. It is very important to spend additional time both warming up before exercising and cooling down afterward.

Metabolism — During pregnancy, there is a 15- to 25-percent increase in your metabolic rate. This produces an increase in body temperature. Since the intensity level of exercise directly affects the core body temperature, strenuous exercise can lead to high temperatures that are dangerous to the fetus.

Studies have shown that moderate exercise is well tolerated by the fetus. In addition, physically fit women sweat faster and cool off sooner.

But exercising should be avoided if you feel

feverish or you are in a hot, humid environment where overheating could occur. Pregnant women should also avoid hot tubs, saunas and steam rooms.

Hydration — Proper hydration plays an important role in cooling. Dehydration can increase core temperatures to dangerous levels that could cause premature labor. Frequent urination associated with pregnancy often discourages a woman from drinking fluids. However, it is vital to drink water before, during and after exercising.

Balance — Center-of-gravity changes that occur during pregnancy place an increased strain on the back and hips. This can affect both posture and balance. Exercises that strengthen the abdominal and back muscles can help reduce this problem.

Lordosis — As the uterus enlarges, the center of gravity is pulled forward, causing lordosis, or sway back. This abnormal anterior curve of the spine often causes lower-back discomfort and pain. In addition, the abdominal muscles are stretched and weakened while the lower-back and hip-flexor muscles shorten. Strengthening the abdominal muscles helps maintain correct pelvic alignment and reduces lower-back pain. Stretching the lower-back and hip-flexor muscles are also an important means of correcting this problem. Practice maintaining a neutral pelvic alignment.

Kyphosis — An exaggerated rounding of the upper back, or kyphosis, can occur because of the weight of enlarging breasts pulling the shoulders forward. This slumped posture produces weak and shortened chest muscles and a weak lower-back and hip-flexor muscles are also an important means of correcting this problem. Practice maintaining a neutral pelvic alignment.

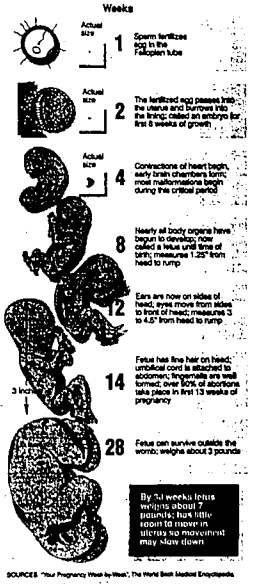
Round ligament syndrome — Several ligaments surrounding the pelvic stretch as the uterus and baby increase in size. To prevent injury, avoid twisting motions or changing directions too quickly.

Diastasis recti — Separation of the main abdominal muscle may occur as the uterus increases. Depending upon the degree of separation, abdominal-strengthening exercises may need to be modified or discontinued.

Next week, we will look at the American College of Obstetricians and Gynecologists' new guidelines for exercise during pregnancy

Pregnancy timeline

Important steps in the development of a human fetus:



SOURCES: "The Pregnancy Week by Week"; The World's Best Illustrated Encyclopedia; ©1994 by Robert D. O'Rourke and Andy Tuttle

The Times-News

TWIN FALLS — Several computer classes offered through the College of Southern Idaho Continuing Education Division are set to start soon.

Introduction to Computers is planned for 6:30 p.m. Tuesdays, Feb. 21 to March 28, in Evergreen A23. Cost for the one-credit course is \$59, plus a required textbook.

Introduction to MS Word for Windows will meet from 6 to 9 p.m. Tuesdays, Feb. 21 to March 28, in Canyon 101. Introduction to computers and introduction to windows are prerequisites. The fee for the one-credit class is \$72, plus a required text.

Introduction to Word Perfect is set for 6 to 9 p.m. Tuesdays, Feb. 21 to March 28, in Canyon 101. A book is required, as are previous courses in introduction to computers and introduction to windows. Cost for the one-credit class is \$72.

Introduction to Excel for

Windows is planned for 6:30 to 9:30 p.m. Wednesdays, Feb. 22 to March 29, in Canyon 101. Introduction to computers and introduction to windows are prerequisites. The one-credit course requires a text, and the fee is \$72.

A second section of Introduction to DOS V5.0 is set for 6:30 p.m. Wednesdays, Feb. 22 to March 29, in the Aspen Building. A book is required, as is an introduction to computers course or other computer experience. The fee for the one-credit class is \$72.

Introduction to Computers will be held at 6:30 p.m. Thursdays, Feb. 23 to March 30, in Aspen 131. Cost is \$59, plus the book.

Introduction to Windows is being offered at 6:30 p.m. Thursdays, Feb. 23 to March 30, in Canyon 101. An introduction to computers course or other computer experience is required. The fee for the one-credit class is \$72, plus the book.

Registration may be completed in the Taylor Building Records Office.

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North Side Center offers classes CSI schedules enrichment courses

The Times-News

GOODING — Several classes are set to begin soon through the College of Southern Idaho North Side Center. A cardiopulmonary resuscitation class will meet from 6 to 10 p.m. Tuesday at the center. It will teach students how to be prepared in an emergency situation. The \$10 fee includes a certificate upon completion of the course.

Introduction to Lotus 1-2-3 will teach students spreadsheet applications. It will meet from 6:30 to 9:30 p.m. Wednesdays, Feb. 22 to March 22, at the Wendell High School. The fee for the one-credit course is \$72, plus the book.

Introduction to Word Perfect, Version 5.1, will be offered from 6:30 to 9:30 p.m. Tuesdays, Feb. 21 to March 21, at the Gooding High School. It will teach students applications of word processing. Cost is \$72 for the one-credit class.

Participants can learn how to

produce an elegant decorative Brazilian embroidery pillow in a class planned for 7 to 9 p.m. Thursdays, Feb. 23 to March 16, at the center. Cost is \$24, plus supplies amounting to approximately \$16.

Introduction to Windows will provide instruction on Microsoft Windows and using a mouse. It will be taught from 6:30 to 9:30 p.m. Thursdays, Feb. 23 to March 23, at Central Elementary School in Jerome. The fee for the one-credit class is \$72, plus the book.

Introduction to Windows will be held from 6:30 to 9:30 p.m. Thursdays, Feb. 23 to March 23, at the Wendell High School. It will teach Microsoft Windows and the use of a mouse. Cost is \$72, plus a book, for the one-credit course.

Students must have completed an introduction to computers class in order to enroll in the computer courses. Pre-registration is required for all classes. For more information, call 934-8678.

The Times-News

TWIN FALLS — Registration is under way for several adult enrichment classes offered by the College of Southern Idaho.

Making Your Will, instructed by Twin Falls attorney Dennis Voorhees, is planned for 7 to 9 p.m. Tuesdays, Feb. 21 and 28, in Shields 115. Cost is \$10.

Country Western Dance II will meet from 7:30 to 9 p.m. Wednesdays, Feb. 22 through March 22, in the Elks

The Times-News

Building ballroom on Shoshone Street. The fee is \$17 per person.

A class for skilled investing, Stock Selection Guide, is set for 9 a.m. to 1 p.m. March 4 in Shields 107. The fee is \$25.

Growth and Development for Parents and Young Adolescents will have a girls' course from 6:30 to 8:30 p.m. Thursdays, March 2 and 9, in Shields 101. Cost is \$15 for both a parent and adolescent.

Interested people can register in the Taylor Building Records Office.

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CYMA software classes set at CSI

The Times-News

TWIN FALLS — The College of Southern Idaho is offering both beginning and advanced classes in CYMA software this semester.

A beginning session is planned for 6 to 9 p.m. Tuesdays, Feb. 21 to March 21, in Aspen 131. The class will cover basic operating procedures of general ledger, payroll and accounts payable and receivable. It will set up a company and learn how to track operations from the other modules as they flow into the general ledger.

The advanced course will meet from 6 to 9 p.m. Tuesdays, March 28 to April 18, in Aspen 131. Instruction will cover the more technical features such as statement and report formatting, formation and history files and report generators as they pertain to each module.

Karen Kershaw, who is CYMA

certified, is the instructor. Cost for either class is \$35. A knowledge of double-entry bookkeeping is required. Registration may be completed in the Taylor Building Records Office.

Times-News Sports
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Oscar Movies!
Twin 9:
Forrest Gump - 13 Nominations
Neil - Best Actress - Jodie Foster
Lion King - 4 Nominations
Legends of Fall - 3 Nominations
Jerome 4:
Pulp Fiction - 7 Nominations

Pulp Fiction (R) 7:30
Sat-Mon 1:30-4:00-7:30
Heavyweights (PG) 7:10-9:10
Sat-Mon 1:10-3:00-5:10-7:10-9:10
Billy Madison (13) 7:10-9:10
Sat-Mon 1:10-3:10-5:10-7:10-9:10
Gene Hackman Sharon Stone
Quick & Dead (R) 7:00-9:00
Sat-Mon 1:00-3:00-5:00-7:00-9:00

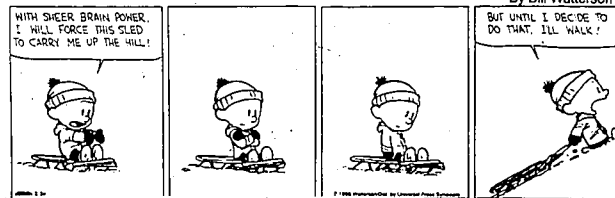
Legends of Fall (R) 8:45-9:30
Fri-Mon 1:15-4:00-6:45-9:30
Brady Bunch (13) 7:30-9:30
Fri-Mon 1:30-3:30-5:30-7:30-9:30
Jim Carrey
Jeff Daniels
Dumb & Dumber (13) 7:30-9:30
Neil (13) 8:45-9:30
Fri-Mon 1:15-4:00-6:45-9:30
Just Cause (R) 7:30-9:45
Fri-Mon 12:45-3:00-5:15-7:30-9:45
Boys on Side (R) 7:30-9:45
Fri-Mon 12:45-3:00-5:15-7:30-9:45
Billy Madison (13) 7:00-9:00
Fri-Mon 1:00-3:00-5:00-7:00-9:00
Heavyweights (PG) 7:00-9:00
Fri-Mon 1:00-3:00-5:00-7:00-9:00
Forrest Gump (13) 8:45-9:30
Fri-Sat 1:15-1:45-6:45-9:30
Priscilla, Queen of Desert (R)
Foreign Film Sunday 1:30 Only
Special Weekend Movie:
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Lion King (G) Final Week to See!
Fri-Mon 12:10-1:50-3:30-5:10

Comics

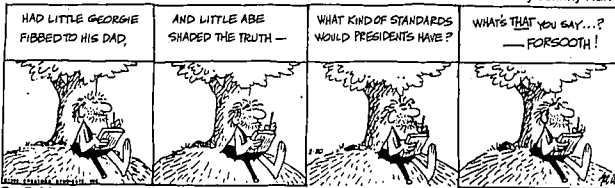
Peanuts



Calvin and Hobbes



E.C.



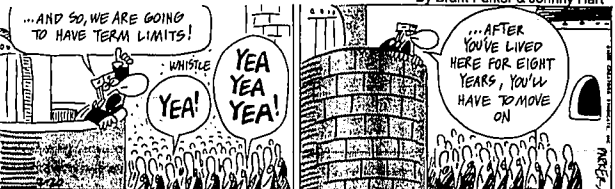
Garfield



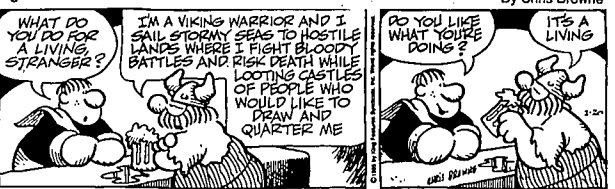
Hi and Lois



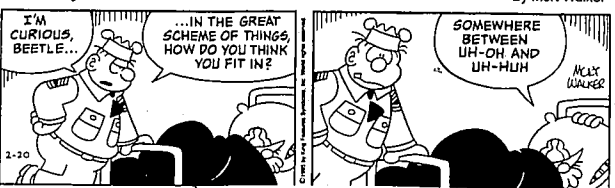
The Wizard of Id



Hagar the Horrible



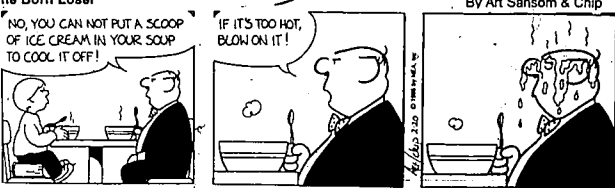
Beetle Bailey



Frank and Ernest



The Born Loser



By Charles M. Schulz

By Bill Watterson

By Johnny Hart

By Jim Davis

By Chance Browne

By Brant Parker & Johnny Hart

By Chris Browne

By Mort Walker

By Bob Thaves

By Art Sansom & Chip

For Better or For Worse



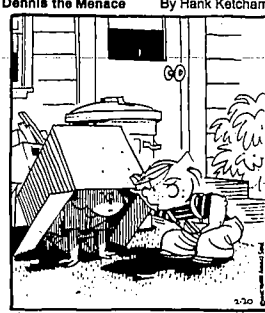
Blonde



Pickles



Dennis the Menace



The Family Circus



ACROSS

- 1 Genuine
- 2 Ski sticks
- 3 Watch lightly
- 4 Actress
- 5 Martelli
- 6 Win by
- 7 Cebu's group
- 17 Handled ineptly
- 18 Passenger ship
- 19 Sicilian night
- 20 Finch river
- 21 Jam or roll start
- 22 Alerts
- 24 Utility
- 25 Glimmering
- 27 Red stone
- 30 Whirler E.L.
- 34 — Doesn't Live Here Anymore
- 35 Some bills
- 36 Flying expert
- 37 Tennis score
- 38 Hankers
- 39 Refer to
- 40 Exclamation of surprise
- 41 Sword
- 42 United
- 43 J.D.
- 45 Heavenly bodies
- 46 Performer
- 47 Topid
- 48 — called animal
- 49 — called animal
- 51 Peepster
- 52 Rock star
- 56 Zhivago's love
- 57 Book of fiction
- 59 Scotland
- 60 Newellian hello
- 61 Pronoun
- 62 Alumnus, briefly
- 63 Sins
- 64 Types
- 65 Bargain event

DOWN

- 1 C.S.A. soldiers
- 2 A Fitzgerald
- 3 Floundering
- 4 Witter T.E.
- 5 Narrow bed
- 6 Edible bulb
- 7 Footraced
- 8 Comp. pt.
- 9 Religious rites
- 10 — Rico
- 11 Against
- 12 Frong
- 13 Deposits: abbr.
- 23 Industrialists
- 25 Nocturnal shape
- 26 Hang about
- 27 Parties
- 28 Well-meaning hello
- 29 Compeller
- 30 Coffee shop
- 31 Bring up
- 32 Group of eight
- 33 Unwanted garden plants
- 35 Filmmont
- 38 Exhibitions
- 39 Poet E.E.
- 41 Social climber
- 42 In favor of
- 44 Models
- 45 Telegrams
- 46 Extract
- 48 Shuko
- 49 Ship's officer
- 50 Evangelist
- 54 Elliptical
- 55 Put on cargo
- 58 Exclamation of surprise
- 59 Mrs. Copperfield

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Sydney Omarr Horoscope

IF FEBRUARY 20 IS YOUR BIRTHDAY: You're due for new start, fulfillment of wish. "I wish I had it to do over again!" Current cycle highlights versatility, team building, networking, expanding intellectual and social horizons. Cancer, Capricorn persons play interesting roles in your life. Mother or grand influence, you are fascinated by look of the world. Cycle highlights partnership, business enterprise, marital status. July will be your most romantic, profitable month of 1995.

ARIES (March 21-April 19): Deal with controversy, make financial ending, expanding intellectual and social horizons. Cancer, Capricorn persons play interesting roles in your life. Mother or grand influence, you are fascinated by look of the world. Cycle highlights partnership, business enterprise, marital status. July will be your most romantic, profitable month of 1995.

TAURUS (April 20-May 20): Those who claimed you were in a rut are due for rude awakening. Legal agreement featured, spotlight on publicity, partnership, marital status. Gift includes additions to wardrobe.

GEMINI (May 21-June 20): Turn down offer that can be best regarded as chintzy. Hidden clause could eventually result in embarrassment, financial loss. Stand tall, refuse to negate principles.

CANCER (June 21-July 22): Cycle high — all stops out, imprint style, communicate on worldwide basis. Nothing small or medium — for you, it is all the way up the ladder to success. You'll be loved by one who once said no.

LEO (July 23-Aug. 22): Attention received around lifestyle, appearance of home, proposals that include financial, marriage. You gain via diplomacy, loss results if you force issues.

VERGO (Aug. 23-Sept. 22): One who intends to pull wool over your eyes will be exposed, embarrassed, thrown out of social circle. Short trip involves location of missing document.

LIBRA (Sept. 23-Oct. 22): Talk of the town. Many who are envious attempt to spread cannon. Focus on engineering, strength, power, overtime, strong love relationship.

SCORPIO (Oct. 23-Nov. 21): What you foresee will become reality, including publishing, travel. Attend group or convention relating to education.

SAGITTARIUS (Nov. 22-Dec. 21): Make firm start, imprint style, be creatively selfish. Means elevate self-esteem, realize if you don't care for you, how can others? You'll be involved in secret arrangement with Scorpio.

CAPRICORN (Dec. 22-Jan. 19): Obtain wisdom by studying Scorpio, Sagittarius messages. Major wish fulfilled, another Capricorn involved, you'll get backing from family member previously recalcitrant. Marital status featured.

AQUARIUS (Jan. 20-Feb. 18): Diversity, publish and advertise, realize if you don't care for you, how can others? There will be no success. Means test success, false money. Career gets boost, you'll be financially secure.

PISCES (Feb. 19-March 20): Roadblock could be transformed into steppingstones — focus on travel, communication, foreign food, language.

They know when to fold 'em

Good poker players fold many more than half their hands. If one and four others remain in the pot, the one has only a 20-percent chance of winning. Remember that, get out early unless your cards say stay. So advises a seasoned dealer.

Q. In Spanish, "or" is what turns "son of Martin" into "Marinez" and "son of Rodrigo" into "Rodriguez." What's the "or" called?

A. A "patronymic." Meaning "derived from the father's name."

Those who study families still claim the first-born son tends to be more loyal to his parents than are his younger brothers and sisters.

Q. Don't all people close their eyes when they laugh?

A. At peaks in sincere laughter, they do, researchers claim. Those who don't, they say, are just laughing because laughing is what's called for at the moment.

Out Love and War man likes Eric Jong's endorsement: "Love," she wrote, "is everything it's cracked up to be."

L.M. Boyd
What's what?

It really is worth fighting for, being brave for, risking everything for." The French philosopher Descartes — who'd never stepped on a cat's tail, clearly — wrote that animals — all the in-human varieties without souls — were incapable of feeling pain.

It's also a matter of Civil War record that Confederate doctors, desperate for pain relievers, milked garden poppies for opium.

It was in 1284 that Kubla Kahn died and failed — not the first, not the last — to conquer the Vietnamese.

Q. How come saguaro branches have acornion plows?

A. So they can expand to fill with water. Presumably. That saguaro can weigh more than an elephant, I'm told.

The more muscular frogs are the females.