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# Times-News

Twin Falls, Idaho/90th year, No. 254

Monday, September 11, 1995

50 cents

## Good morning

### Today's forecast:

Monday mostly sunny with highs around 80. Lows in the 40s.

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### Local

#### Mayor's job a real coverup

Jerome Mayor Gerald Ostler's other occupation as an upholsterer includes recovering furniture for the rich and famous.

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#### Prosecutor sought -- again

Following a court order, Blaine County starts over in its search to replace its prosecuting attorney.

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### Sports

#### Tops in tennis

The two best men's tennis players in the world squared off in the U.S. Open finals Sunday.

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#### Speedway superstars

The kings of the local auto racing track were crowned this weekend.

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### Health & Fashion

#### All hat, no cattle

Cowboy hats have captured the attention of more than cowboys.

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### Opinion

#### Blue jean blues

Calvin Klein's recent ad campaign revealed too much, a guest editorial says.

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### Nation

#### Gingrich and Powell

The House Speaker urges the retired general not to run as an independent candidate for president in 1996.

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#### Packing it in

U.S. Sen. Bob Packwood's diaries show a cozy relationship between money, lobbyists and politicians, while Packwood's home state of Oregon reacts to his resignation.

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### World

#### Women's impact

The U.N. Fourth World Conference on Women has left a lasting impact throughout China.

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#### Unrest in Libya

The Libyan government has reportedly arrested hundreds of opponents following clashes that left at least 30 people dead.

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### Idaho

#### Plenty of questions

So far, the U.S. Senate's hearings into the siege of Randy Weaver's Ruby Ridge cabin has presented different versions of events.

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#### Grade-school drinking

In Boise, a sixth-grader showed up on the first day of school with a hang-over.

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## Women move onto political stage

By Julie M. McKinnon  
Times-News writer

DIETRICH — Twelve years ago, Jeanetta Knowles accepted an empty seat on Dietrich's City Council. When Knowles successfully ran for reelection, she also was elected mayor in a write-in campaign.

Knowles had her choice, and the daughter of Ward Mills — who was a state legislator for two terms — decided to become Dietrich's first female mayor eight years ago. She is one of four female mayors in the eight-county area and one of two who doesn't have another female on their city councils.

"I decided to try it for a while," said the 65-year-old Lincoln County native. "We've always been politically minded. My dad always talked about doing your duty."

Although Knowles emphasized she is not a "women's libber," the Republican said she does believe it is necessary for women to voice their political views.

"I think it gives you a different perspective of what's going on," Knowles said. And as governmental participants wrap up their discussions about the status of women worldwide at the United Nations Fourth World Conference on Women in Beijing, Idaho women are continuing to assert themselves in politics.

When Republican Celia Gould of Buhl was elected to her state House seat nearly a decade ago, there were few women in the Legislature. Gould said her fellow legislators had some preconceived notions about what types of committees women would want to be on. They thought Gould would want to deal solely with health, welfare and education issues. But Gould was interested in agriculture, revenue

and taxation. And now the men's attitudes about what committees women are interested in have changed.

"Once you get in there and kind of establish yourself, the men really respect you," Gould said. First-term state Rep. Wendy Jaquet said that, as a woman legislator, she feels as if she has to become better informed on issues than her male colleagues before being able to comfortably speak on the House floor or make decisions.

Jaquet joked that she has three problems: being a Blaine County resident, a woman, and a Democrat. The burden is on her, she added, to gain the trust of those used to dealing with male lawmakers.

"You have to establish trust if people don't know you," Jaquet said. "It's going to take a while. I know that, and I feel encouraged."

Please see POLITICS/A2

### Women in politics

National congressional delegation:  
1 woman, 3 men

State legislators:  
28 women, 77 men

City mayors in Magic Valley's 8 counties:  
4 women, 29 men

City council members in Magic Valley:  
36 women, 102 men

Cities without female mayors  
or council members:  
Dedo, Kimberly, Malta, Rupert,  
Shoshone, Sun Valley, Twin Falls

County commissioners in Magic Valley:  
2 women, 22 men

Counties without female commissioners:  
Blaine, Cassia, Jerome,  
Lincoln, Minidoka, Twin Falls

\*Blaine, Camas, Cassia, Coeur d'Alene, Lemhi, Minidoka, Twin Falls  
SOURCE: Association of Idaho Cities. \*ROCKE E. ROBERTS/THE TIMES-NEWS



Dietrich Mayor Jeanetta Knowles says women should give their opinions on political issues.

## Crash still mystery, officials say

The Times-News

KETCHUM — Investigators have cleared the scene of an airplane crash that killed two people Friday, but they still have few answers about the twin-engine plane's collision among trees in Owl Canyon, Blaine County Sheriff Walt Fleming said.

An autopsy on the plane's 80-year-old pilot, Dr. Elmer Carson Rigby of Beverly Hills, Calif., must still be performed to determine the cause of his death, Coroner Russ Mikel said.

The six-passenger aircraft went down south of Galena Summit at about 1:30 p.m., and a fire burned everything except the tail. Rigby and his passenger, Tonia Gauthia, 25, of Stockton, Calif., were both killed.

Fleming said Saturday that investigators have tracked Rigby's path from Los Angeles to Elko, Nev., where he spent the night. Rigby was then supposed to drop Gauthia off in Hailey before continuing to Idaho Falls, Fleming said.

The plane was flying low over Ketchum with its landing gear down, possibly calling the air-traffic control tower at the Hailey airport, Fleming said. Investigators have yet to review tapes of the radio messages he added. "He could have missed the airport somehow," Fleming said.

If Rigby was trying to make an emergency landing, Fleming said, he could have used Highway 75, which is one mile away from the crash site.

Officials from the National Transportation Safety Board will interview witnesses and re-



MITCHELL ZACHARY/THE TIMES-NEWS

Blaine County Coroner Russ Mikel, left, and Captain Gene Ramsey of the Blaine County Sheriff's Department search for personal items at the scene of an airplane crash near Galena Summit.

An insurance company will secure the scene and gather all scraps of the mired plane for storage, he said.

## 5-car accident clogs traffic at Curry Crossing

By Virginia S. Garber  
Times-News writer

TWIN FALLS — Traffic on a stretch of Highway 30 stopped for three hours Sunday afternoon after a five-car accident at Curry Crossing that injured at least nine people.

State troopers and Twin Falls County sheriff's deputies responded to scene just after 4 p.m. and blocked traffic on Highway 30 from 2600 East to Highway 93, said Cpl. James Robinson of the Idaho State Police.

A few dozen passengers stood outside Curry Country Store while officers picked

up a mass of shattered glass, fire trucks stood by and ambulances gathered the injured.

Robinson said he was unable to give the names of the nine people taken to Magic Valley Regional Medical Center, but all were treated and released Sunday, he said.

Jeffrey Haskell, of Twin Falls, was traveling east on Highway 30 and preparing to turn north. Casey Reddick of Twin Falls had slowed or stopped behind Haskell, Robinson said.

A chain-reaction smashup started when Ricardo Chavez, of Buhl, also going eastbound, rear-ended Reddick, whose car hit Haskell's, Robinson said.

Julia Soria-Martinez, of Buhl, was also traveling east and collided with the rear of the Chavez vehicle, he said.

Leon Denting of Iona was traveling westbound when he struck the Reddick vehicle, then veered and plowed into the safety-arm control box for a nearby railroad crossing, he said.

One or more of the drivers involved may be cited later for following too close, Robinson said.

The five-car smashup almost involved dozens of vehicles. Two tractor-trailer rigs loaded with new cars were traveling east in the right lane, beside the series of collisions.

## U.S. ship launches missiles into Bosnia

The Associated Press

SARAJEVO, Bosnia-Herzegovina — A U.S. warship in the Adriatic Sea fired 13 Tomahawk cruise missiles at Bosnian Serb anti-aircraft missile sites Sunday in northwestern Bosnia, NATO and U.S. military officials said.

The effect of the attack by the cruiser USS Normandy wasn't immediately known, said NATO spokesman Maj. Panagiotis Theodorakidis.

Minutes after the missiles were launched, a wave of FA-18 jets took off from the aircraft carrier USS Roosevelt, carrying 2,000-pound "smart bombs," according to NATO officials in Naples, Italy.

There was no immediate word on their target.

It was the first use of cruise missiles in NATO's 12-day-old campaign to force the Serb rebels to pull their artillery and other heavy weapons away from Sarajevo, and to ease their pressure on other U.N. "safe areas" such as Tuzla.

The Tomahawks were fired at Serb surface-to-air missile sites in the Banja Luka area of northwestern Bosnia, Navy spokesman Lt. Conrad Chun said in Washington. Tomahawks were last used in 1993, when the Navy fired 26 of them at Baghdad, Iraq.

Air Force Capt. Scott O'Grady was shot down by a Serb missile near Banja Luka on June 27 while he was on a NATO mission to enforce the ban on flights over Bosnia. He was rescued six days later.

"If we're proving anything to the Serbs, it's that we can have accurate strikes at all times and all weather and

Please see MISSILES/A2

## U.S. potato farmers work hard to curb late blight

The Associated Press

SPRINGFIELD, Mass. — Murray Mahany, great-great-grandson of an Irish potato farmer, feared the worst when new strains of the same crop disease behind Ireland's terrible 19th century famine were discovered. Now, about five years after the fungus's descendant came to America, scientists say it's being slowed with imported pesticides, home-grown teamwork and some meteorological luck.

"We've slowed the momentum of this epidemic," said William Fry, a Cornell University

scientist who studies the blight that the Department of Agriculture says ruined up to 1 percent of last fall's national potato crop.

The disease, known as late blight, first began darkening potato stalks in Ireland in September 1845. Over the next five years, it rotted so much of the crop that one million people died and twice that number fled to America, including Mahany's great-great-grandfather.

The fungus migrated to America around the same time, perhaps carried by an emigrant or traveling directly from its suspected origin in Mexico. It never caused

the same destruction here.

In recent years, the pesticide metalaxyl has been used to kill the fungus.

But new resistant strains of the fungus began arriving about 1990, perhaps on a shipment of Mexican tomatoes, scientists say. Unlike the old fungus, the new strains also make spores that can survive winters in the soil, potentially infecting plants in the spring.

In Maine, where the largest cash crop is potatoes, late blight was blamed for \$22 million in losses in 1994.

"Once the disease gets started ... it can totally destroy a field in three weeks. It just

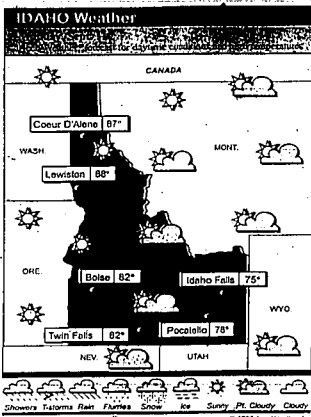
turns the whole field to mush," said Gail Schumann, a plant pathologist at the University of Massachusetts.

With special one-year permission from the Environmental Protection Agency and the states, some farmers are applying pesticides used in Europe, including one called tattoo.

Others are using domestic pesticides that coat the plant to set up a protective barrier against the fungus.

"It's worked good," Mahany said of the European pesticide. "All the ecologists say it's not a silver bullet. Well, to me, it's a platinum bullet. It could have been an disaster."

# Weather



## Almanac

Idaho	Max	Min	Pcp
Boise	83	51	...
Burley	81	48	...
Fairfield	75	34	...
Gooding	86	43	...
Hagerman	86	43	...
Idaho Falls	75	40	...
Joromo	79	44	...
Lewiston	80	54	...
Malad	81	51	...
Matta	80	44	...
McCall	81	37	...
Pocatello	80	45	...
Salmon	70	49	...
Stanley	85	25	...
Sun Valley	81	...	...

## Skywatch

Sunset today 7:55 p.m.  
 Sunrise tomorrow 7:14 a.m.  
 Lunar phase: Full, Sept. 8; last quarter, Sept. 16; new, Sept. 24; first quarter, Oct. 1.  
 Visible planets: Morning, Saturn.  
 Evening: Mars, Jupiter, Mercury.

## Idaho forecasts

### Magic Valley

Today mostly sunny. Highs around 80. West winds 5 to 10 mph. Tonight clear. Lows in the 40s. Tuesday sunny. Highs in the lower 80s.  
 The ultraviolet index forecast is 5, a moderate exposure level.

### Extended regional forecast

Wednesday through Friday fair and warm. Lows 45 to 55. Highs in the 80s to lower 90s.

### Wood River Valley

Today mostly sunny. Highs in the lower 70s. Tonight clear. Lows in the 30s. Tuesday sunny. Highs in the mid-70s.

### Treasure Valley

Today sunny. Highs in the lower 80s. Northwest winds 5 to 10 mph. Tonight clear. Lows around 50. Tuesday sunny. Highs in the mid-80s.

### Northern Nevada

Today sunny. Highs in the 80s to around 90. Tonight fair skies. Lows lower 40s to lower 50s. Tuesday mostly sunny. Highs lower 80s to lower 90s.

### Northern Utah

The ultraviolet index forecast is 7, a high exposure level. Today mostly sunny and a little cooler. Highs 75-80. Tonight clear and cool. Lows mid-40s to lower 50s. Tuesday sunny. Highs near 80.

## Idaho weather summary

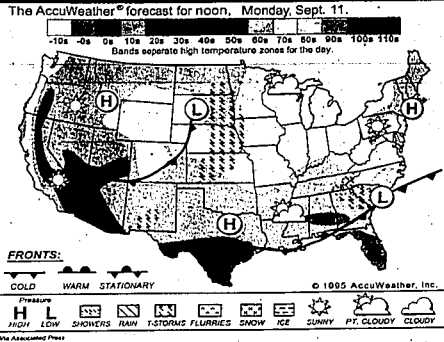
An upper level low pressure disturbance over western Montana continued to bring cool temperatures and considerable cloudiness to the central mountains and most of eastern Idaho.

High temperatures across much of the Gem State were in the upper 60s to upper 70s.

### Weather fact

Overexposure to the sun can put anyone at risk, but the danger is higher for children, who are much more sensitive to sunlight. It can take less than 10 minutes for a child's skin to burn on a sunny day. According to the Skin Cancer Foundation, children who are protected from bad sunburn during their first 18 years can reduce the risk of skin cancer by up to 78 percent. But experts warn that one severe sunburn during the first 15 years can double the risk. Teach your children to wear hats and to get in the habit of applying sunscreen whenever they'll be in the sun.

## NATIONAL Weather



## Temperature extremes

Idaho: High, 86 degrees at Hagerman. Low, 25 degrees at Stanley.  
 Nation: High, 95 degrees at Palm Springs, Calif. Low, 24 degrees at W. Yellowstone, Mont.

## For up-to-the-minute weather information

Tune to the National Weather Service radio band at VHF-FM 162.4 or 162.55 MHz or call 423-4223.

## National temperatures

	Max	Min	Pcp
Albuquerque	81	64	...
Atlanta	89	66	...
Boston	70	60	...
Chicago	64	55	...
Dallas	84	67	...
Denver	79	53	...
Des Moines	77	48	...
Detroit	67	50	...
Honolulu	92	74	...
Houston	81	72	...
Indianapolis	74	53	...
Kansas City	72	48	...
Las Vegas	85	62	...
Los Angeles	85	62	...
Memphis	80	63	...
Miami Beach	89	75	...
Milwaukee	60	54	...
Minneapolis	73	50	...
New Orleans	81	72	...
New York	78	58	...
Oklahoma City	81	62	...
Omaha	78	54	...
Phoenix	100	79	...
Pittsburgh	70	51	...
Portland, Me.	66	60	...
Portland, Ore.	65	55	...
Reno	84	42	...
St. Louis	77	58	...
Salt Lake City	85	58	...
San Francisco	70	60	...
Seattle	82	54	...
Spokane	80	51	...
Washington	78	58	...

## Fire danger index

Today's fire danger index for southern Idaho:  
 For forest land, high.  
 For range land, very high.  
 Be careful with fire.

## Rain dampens South, Rockies; Midwest braves cold spell

The Associated Press

Thunderstorms drenched Florida and Texas and 54 mph winds bellowed across Wyoming on Sunday. Record cold frosted the Midwest. Miami reported nearly an inch of rain by afternoon, with higher amounts recorded across southern Florida. West Texas also reported up to an inch of rain and winds gusting to 50 mph.

More rain was possible from Florida to the Carolina coast, with a few strong thunderstorms and brief heavy rain forecast for southern and eastern Florida. Waves from Hurricane Luis were expected to pound the East Coast as the storm moved into colder waters and graze the southeastern coast of Newfoundland.

Storms, some packing hail, gusty winds, and heavy rain, were expected to strengthen across eastern Montana and central Wyoming and spread to the northern Plains.

A scattering of showers and thunderstorms were possible from the Four Corners region east to western Texas.

Hail, wind gusts to 50 mph and rainfall of an inch or so were expected.

Temperatures bottomed out in the middle and upper 30s across the upper Midwest. A reading of 36 in Sioux City, Iowa, broke the record-low temperature for the third morning in a row.

In Michigan, records were broken at Alpena, which hit freezing, and Muskegon, which chilled to 39.

## Plane crashes into house, killing 12

SHACKLEFORDS, Va. (AP) — A plane carrying 11 members of a skydiving school crashed into a house and exploded on Sunday, killing a man sitting on his back porch and everyone aboard.

The house caught fire, state police spokeswoman Mary Evans said. No one else in the rural subdivision was injured.

"Everyone is dead here, and it's hard to see parts of the airplane," Ms. Evans said from the scene.

Mattie Byrd was lying in bed when she heard the plane laboring overhead, saw it bank and heard it rip into her next-door neighbor's house.

"I ... saw the plane in the air, and it tumbled like it wanted to go back the other way, then it made a nose dive," Ms. Byrd said. "I was assuming it was coming in from the back door of my house. It sounded like it was going

through something, and then it went boom. By the time we got outside, it had blown and there was fire everywhere."

She said her neighbor, Vincent Harris, was killed but his son, who is 8 or 9, was playing outside and wasn't hurt. "Right after the crash, there was a couple of people tried to get in there to get him but they couldn't. It was all in flames," she said. The fire melted the vinyl siding on her house.

The plane went down just east of Shacklefords, which is about 40 miles east of Richmond in Virginia's Tidewater region.

The Beechcraft Queen Air BE-65 crashed about 15 minutes after takeoff from West Point Municipal Airport, said Arlene Salas, a spokeswoman with the Federal Aviation Administration.

Bosnia, said Franco Veltri, a NATO spokesman in Naples, Italy.

NATO used cruise missiles because of their accuracy and because they can operate in all types of weather, said Mitchell. He said the use also reduced risk to NATO pilots.

Mitchell said the decision to use the missiles did not represent a change in the mission being carried out by NATO and the United Nations, nor in the targets being attacked.

A former Parent-Teacher Association president, Knowles said she was involved in other community issues and groups before getting involved with running the growing town. Knowles said she has had no gender-related problems with council members, but she has had to argue about fiscal policies.

"If they don't agree with me, sometimes we have an argument," said Knowles, who has budgetary experience from being married and raising six kids. "I think we're more frugal than them."

Women are more inclined to say "Hey, we've got to hold this cost down" than they are.

## 'ER' ties Emmy Award records

PASADENA, Calif. (AP) — The NBC medical series "ER" passed its first Emmy checkup with flying colors Sunday — tying two records — while "NYPD Blue" won best drama series, and "Frasier" was the top comedy.

"ER" equaled marks set by "Hill Street Blues" for most wins by a series in one year and by a new series eight in 1981.

Showing no signs of sophomore slump, the farcical NBC comedy "Frasier" won five Emmys in all, including best comedy actor for Kelsey Grammer.

NBC led all networks at the 47th Annual Primetime Emmy Awards with 28 wins following trophies presented in a non-televvised ceremony Saturday.

CBS had 19, HBO won 15 and ABC took home just six Emmys.

The five wins by "Frasier" were the most for any show Sunday night but "ER" also won five awards Saturday.

The 1981 records were tied with "ER" wins Sunday for drama directing, drama writing and supporting dramatic actress.

Grammer, the radio psychiatrist who can handle everybody's problems except his own, took the best comedy actor award for the second straight year.

Mandy Patinkin, the brilliant and overzealous surgeon on CBS' "Chicago Hope" was named best drama series actor. Ironically, Patinkin will not be on the show this year.

Candice Bergen repeated as lead actress in a comedy series for her depiction of a hard-driving journalist-mom in "Murphy Brown." It was Bergen's fifth Emmy. She won the same award in 1994, 1992, 1990 and 1989.

Bergen becomes the winningest performer in a lead series role.

Kathy Baker, who plays town doctor Jill Brock on the CBS series "Picket Fences," won the best drama series actress.

"Frasier" co-star David Hyde Pierce, who plays the show's wobbly psychiatrist, won best supporting actor in a comedy series. The show also won for comedy series directing and best writing in a comedy series.



Co-hosts Cybill Shepherd and Jason Alexander cuddle during the opening of the 47th annual Emmy Awards Sunday evening.

"Does this mean that I'll never have to work again or that I'll never work again?" quipped Pierce.

Christine Baranski, the sardonic divorcee on "Cybill," led off the evening with the Emmy for outstanding supporting actress in a comedy series.

Julianne Margulies, a troubled nurse on "ER," won best supporting actress in a drama series. Ray Walston, the cantankerous Judge Henry Bone on "Picket Fences," won the Emmy for supporting actor in a drama series.

"I have 30 seconds to tell you that I've been waiting 60 years to get up on this stage," Walston told the Pasadena Civic Auditorium audience.

NBC had a total of 96 Emmy nominations, including 23 for "ER," followed by CBS with 91 and cable's

## Missiles

Continued from A1

with no pilots," said Capt. Jim Mitchell, spokesman for NATO.

He said there could be more attacks if NATO pilots still consider Serb anti-aircraft systems to be a threat, Mitchell said.

"If we need to use the Tomahawks again we will," he said in Bosnia.

Also Sunday, Bosnian Serbs shelled the U.N.-controlled Tuzla airport and NATO retaliated swiftly

## Politics

Continued from A1

"I think that women do work harder," she added. "We feel that we have to work harder."

Orriette Sinclair, a Republican who has worked in local politics for about 40 years, said many women involved with politics still do so behind the scenes yet have a lot of say about who is elected.

"Women in Idaho still do a lot of the legwork," said Sinclair, who is U.S. Sen. Dirk Kempthorne's staff assistant in Twin Falls. "You can be sure that if (a political organization) is strong, the women in that area are working."

Women have broken into legislative positions, and they soon will do

with airstrikes, destroying rebel positions near the northeastern city.

In an attempt to end the standoff with the Serbs, President Jacques Chirac said Sunday he demanded NATO suspend its attacks for several hours to let the Serbs agree to withdraw their guns. He didn't say when the suspension would take effect.

Despite morning cloud cover, NATO warplanes also carried out airstrikes Sunday in other parts of

the same with local political offices, she said. "These things kind of just evolve," Sinclair added.

Several area municipalities have no mayors or city councilwomen. Few counties have female commissioners.

At the other end of the spectrum, however, Castleford has a female mayor, and three of the four council members also are women.

Dietrich Mayor Knowles said that if someone would take over all of the work she does as mayor — Dietrich now has a water system, and she is working to get sewer — she would not run for reelection this year. Knowles would want to remain on City Council, she added.

## Circulation

Allen Wilson, circulation director  
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- Burley-Rupert-Paul-Oakley 678-2552
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- Filer-Rogerson-Hollister 326-2377
- Twin Falls and all other areas 733-0931

## News

Clark Walworth, managing editor  
 If you have a news tip or wish to talk to someone in the editorial department, call 733-0931 between 10:00 a.m. and 5:30

p.m. weekdays. To report late news and sports recalls after 5:30 and on weekends, call 733-0931.

## Advertising

Peter York, advertising director  
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and Sunday \$4.00 per week; daily only \$3.50 per week; Sunday only \$2.50 per week. Out of state rates: daily and Sunday \$5.00 per week; daily only \$4.00 per week; Sunday only \$3.00 per week. Sales tax included in all above rates. A \$15.00 charge will be levied for all returned checks.

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Press 6

# Gingrich blasts Powell independent run

WASHINGTON (AP) — House Speaker Newt Gingrich urged retired Gen. Colin Powell to give up any idea of an independent candidacy, saying Sunday that having a president outside the current party system is "a joke" that could lead to disaster.

Gingrich, in an interview on NBC's "Meet the Press," also revealed some details of the GOP plan to restore fiscal integrity to Medicare, including a proposal to apply means-testing to couples earning more than \$125,000.

Powell, in his new autobiography, says he is comfortable with neither party and the time may be ripe for the rise of a third party to represent the political center in America.

He makes no commitment to lead such a party.

Gingrich, R-Ga., strongly urged him against that course. "I think it's frankly in the long run a joke," he said. "This country is a party country. ... There is no magic independence of people who are just able to stand up and magically produce a government."

An independent presidency



Powell Gingrich

would be "a disaster for this country," he said.

If Powell, former chairman of the Joint Chiefs of Staff, ran as a Republican, he would immediately become the chief rival to GOP front-runner Sen. Bob Dole, Gingrich said.

Gingrich, like Powell, says he will make no announcement of his own presidential intentions until the end of the year. He has stated that he would take a pass if Powell were to run as a Republican, but in any case is leaning against entering the race.

"But I think that there is frankly just enough of a desire for someone who is aggressive and articu-

late and willing to lay out boldly where we need to go that I can't quite close the door at this stage," he said.

Gingrich said it's inevitable for there to be some shuffling among the declared GOP nominees, but it's important they make sure their political battles don't disrupt the Republican agenda on tax cuts, and welfare and Medicare reform.

"If we allow ourselves to get pulled apart in the next 30 or 40 days, we're going to look like idiots and frankly, we're not going to elect anybody next year to the presidency and we might lose the House and Senate," he said.

Gingrich said the Medicare reform package to be announced maintain the 31.5 percent share seniors must now pay for Medicare Part B costs and impose a means test for senior couples earning \$125,000 or more.

"We may well phase out starting at about \$125,000 for a couple the subsidy from the government for the Part B premium."

Under current law, the seniors' share of Part B, the portion of Medicare that pays doctor bills and

lab tests, would drop to 25 percent. Democrats say keeping the current percentage could mean the doubling of premiums, now at \$46.10 a month. Gingrich said the GOP plan would result in extra costs of about \$7 a month for each senior citizen.

Sen. Majority Whip Trent Lott, R-Miss., speaking on CBS' "Face the Nation," said affluence testing for Medicare premiums should be on the table. "I would certainly give serious consideration to it."

Gingrich said the Republican plan to save Medicare from insolvency also includes giving seniors greater options in health care, including staying with the current system, moving into health management organizations, staying with group insurance plans or joining medical savings accounts.

He said he is ready to meet this week with President Clinton and Dole to work out a bipartisan plan for Medicare and complimented Clinton for his stand on the need for reform. "He did the country a service by being blunt and honest about the need to change Medicare," Gingrich said.

# Gays in the military still challenge policy

WASHINGTON (AP) — Lt. Paul Thomasson fired off a letter to his boss — the admiral enforcing the Navy's policy against homosexuals — days after President Clinton's "don't ask, don't tell" policy went into effect. "I am gay," he wrote.

Despite Thomasson's stellar 10-year record and the support of his commanding officer, the Navy moved to discharge him.

Thomasson fought back in court, challenging the policy as unconstitutional. His case goes before the 4th Circuit Court of Appeals in Alexandria, Va., this week — the first challenge of the Clinton policy to reach the federal appeals court level.

A second challenge to the policy — Able vs. Perry — is slated to be argued before the 2nd Circuit Court of Appeals later this year. The two cases illustrate how different judges can hear similar arguments on the same issue and reach opposite conclusions.

They also cast doubt on the Clinton administration's claim that people would no longer be discharged from the military merely for being gay or lesbian.

At the crux of the new policy is the presumption that someone who says he or she is homosexual

would engage in homosexual activity, which is prohibited. To remain in uniform, openly gay members must prove they won't have gay sex.

So far, four people have "rebutted the presumption" that because they are gay they would engage in homosexual activity, according to court papers. But "two effectively recanted and said they were confused and not gay," said C. Dixon Osburn, co-executive director of the Servicemembers Legal Defense Network, which advises gay and lesbian servicemembers and helps them find lawyers.

Pentagon officials were unable to say how many servicemembers have attempted to challenge the theory. But the discharge rate under the new policy has not changed significantly from the rate under the old policy, according to figures provided by the Defense Department.

Lawrence Korb, assistant defense secretary for manpower under President Reagan, now a scholar at the Brookings Institution, called the new policy only "marginally different" from the old.

"In some cases, it may even be worse because you get into the whole question of freedom of speech," he said.

# Residents give thanks for lives spared by Luis

PHILIPSBURG, St. Maarten (AP) — Firefighters and divers searched for bodies in the wreckage of shattered homes and sunken yachts Sunday as islanders gave thanks for the lives spared by Hurricane Luis.

In full combat gear, Dutch marines shouldering FAL assault rifles controlled thousands of stranded tourists jamming the airport, and frightened away looters sifting through foot-high debris in a supermarket. Looters fled with everything from champagne to dishwashing liquid.

The Red Cross confirmed two deaths in St. Maarten but expected the toll to rise. In Amsterdam, Dutch Interior Ministry spokesman Ger Bodevitz said there were five dead. Other reports, which could not be independently confirmed, said there were as many as 30 fatalities.

One person was killed on the French side of the island, St. Martin, said Capt. Jean Bonnerie, a doctor with the French air force.

"All the houses is mashed up, man, but 99.9 percent of the people survived," said Charles Pelletier, who lives in St. Peter, one of the worst-hit neighborhoods of the capital Philipsburg.

Five days after one of the century's most powerful hurricanes bore down on this Dutch-French Caribbean island, the sounds of pounding hammers and slashing machetes resounded through neighborhoods as people began to rebuild.

The Dutch have closed the border with the French side and imposed a curfew and barred reporters, saying they were tired of negative publicity. An AP team flew to the French side of the island in a chartered helicopter on Saturday and stopped cross the border with French officials.

With 60 mph winds, Luis literally leveled homes, turning corrugated metal roofs into flying missiles and toppling them around trees. Debris was blown hundreds of yards up hillsides, turned from green to brown as the storm stripped away vegetation. It ripped up telephone poles, crumpled satellite dishes like paper and destroyed the island's electricity and water desalination plants, leaving islanders without power or clean water and little water.

Helicopters dangled water-filled bladders from their bellies and carried in supplies from the Dutch ship Van Amstel, sent with desalination equipment to help in the disaster. Trucks also were distributing water.

Doctors fear people drinking dirty water will contract diarrhea and other diseases. Red Cross volunteers put up mili-



AP photo

Construction workers try to save a house from falling over alongside a road destroyed by high surf from Hurricane Luis Saturday in Holden Beach, N.C.

tary tents for the 5,000-7,000 homeless, many of whom have been sleeping in the streets.

"Thousands of tourists continued their exodus from the island, waiting hours in the hot sun outside Princess Juliana airport terminal to go home or go anywhere. It was if they were abandoning ship."

"Families with children first," said a notice at the Pelican Resort and Casino, advising of flights out. Boeing 747s and other large jets had begun arriving Saturday, giving vacationers, mostly from Europe and the United States, their first chance to leave the island since the hurricane hit. "It's such chaos," said Trevor Berringer, an attorney from Baltimore, Md. "It didn't matter if you had a confirmed flight or not. You couldn't even get to the door (of the terminal)."

Berringer was hoping for better luck Sunday. One Dutch marine, trying to keep order among the would-be evacuees, cursed out a tourist who was complaining loudly about the slow line.

Damage in St. Maarten was not as widespread as in the Dutch part of the island, though half the terminal at Grand-Case airport was demolished and planes were tossed into a nearby lagoon.

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## Nation

# Shuttle chases, captures satellite

CAPE CANAVERAL, Fla. (AP) — Endeavour's astronauts chased and recovered a solar-science satellite Sunday that was spinning and firing the wrong way because of an apparent power problem.

NASA will not know whether the telescopes on the Spartan satellite collected any data until Endeavour returns to Earth next week and is unloaded.

Commander David Walker and his crew discovered that the satellite had shut down automatically when they pulled up to retrieve it two days after releasing it.

Walker was forced to steer Endeavour around the satellite. As the two craft zoomed around Earth at 5 miles per second, he painstakingly lined up Endeavour's crane with the grapple pin on Spartan.

More than a half-hour later than planned, astronaut Michael J. Smith reached out with the

crane and grabbed the satellite. He hauled the 2,800-pound boxy craft into the cargo bay, where it will remain for the rest of the 11-day mission, due to end Sept. 18.

The 230-mile-high rendezvous was one of the shuttle mission's major objectives.

Ground controllers suspect Spartan went into a safe, shutdown mode because of weak batteries or a depletion of steering fuel, said NASA manager Craig Tooley.

The heaters inside the satellite were warm, indicating that everything was working until just before Endeavour showed up, Tooley said.

"We believe that the most likely scenario is that the mission was a complete success," Tooley said.

During its two days of free flight, the \$8 million satellite was programmed to observe streams of charged particles hurtling from the

sun's north pole at 500 miles per second.

Gusts of this so-called solar wind can knock out power plants on Earth and interrupt radio signals.

Spartan's observations were timed to coincide with those by Ulysses, a European solar probe passing high over the sun's northern polar region.

With Spartan back on board, the five astronauts turned their attention to another satellite, a large, steel disk intended for electronics research.

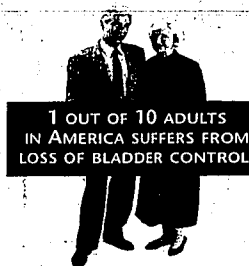
The astronauts plan to release the \$25 million Wake Shield Facility on Monday and recapture it two days later.

Physicists expect the satellite to create an ultraclean vacuum in its wake that should be ideal for growing super-thin semiconductor film.

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## Jackson pays FEC, opens way for 1996 campaign

The Washington Post

WASHINGTON — Jesse L. Jackson announced Friday he had raised the \$150,000 he owed the Federal Election Commission from his 1988 presidential campaign, removing one of the obstacles to a potential return to the presidential trail next year.

"All options are live," Jackson said as he outlined three possible political courses of action for himself in 1996: to stay out of the race, to challenge President Clinton in the Democratic primaries or to run in the general election as an independent.

He acknowledged the second option was "remote." He said he would wait until next spring to decide on an independent run, and part of his decision would depend on whether Clinton embraces an activist agenda for urban development, education and health, as well as aggressive enforcement of affirmative-action laws.

Jackson called on Clinton to hold a White House conference on equal



Jackson

opportunity to promote those causes.

Planked by 10 black business leaders, including Black Entertainment Television Chairman and CEO Robert L. Johnson, Jackson said he had raised the \$150,000 he agreed in May to pay the FEC in settlement of campaign-finance infractions identified in his 1988 campaign.

Had he not paid the settlement, Jackson would not be eligible to receive federal matching campaign funds in future races.

Jackson's most recent campaign-finance report from 1988 also lists just under \$150,000 in debts still owed private vendors — mostly law firms.

Jackson said negotiations over those debts were continuing and would not affect his decision whether to run again.

## Man sleeping in trash bin survives truck compactor, trip to incinerator

FORT LAUDERDALE, Fla. (AP) — A man who was sleeping in a trash bin survived a garbage truck's compactor and a near-brush with an incinerator. Workers at the incinerator near Pompano Beach discovered the man Thursday.

"They saw some hands," said Eric Selya, the incinerator's safety director. "There's a good chance he would have been bulldozed, buried and covered over." The man was conscious when pulled free and was rushed to North Broward Medical Center.



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**POOR**

# Diaries shed light on senator's relationship with aides, lobbyists

WASHINGTON (AP) — Sen. Bob Packwood wrote his own headline for the behind-the-scenes dealings with lobbyists that helped lead to his downfall: "Republican Fat Cat Buys off Senator with Job to Senator's Wife."

That diary entry, dated Dec. 10, 1990, is part of a rare glimpse into the backroom connections among money, politics and lobbyists that usually are only whispered about on Capitol Hill, if they are mentioned at all.

The Oregon Republican had not slept the night before, worried that his divorce proceedings would have to go to a public trial and the arrangements he had made with lobbyists and political backers to reduce his alimony payments would become known, resulting in headlines like the one he wrote.

The Justice Department earlier this year declined to prosecute Packwood for soliciting jobs for his former wife from the lobbyists.

Yet the diaries provide unusual insights into how lobbyists and business executives sometimes exploit personal connections inside the Capitol to benefit their own interests — and how they reciprocate to keep friendly politicians in power. Excerpts were released last week by the Senate Ethics Committee.

In one blunt entry, Packwood wrote that Ronald Crawford, a lobbyist with the firm F/P Research Associates, was helpful to him in raising money from Washington political action committees "because much of his income is dependent on his relationship with me. He has got a vested interest in my staying in office."

In another, Packwood recounted a 1990 dinner conversation with Crawford in which the lobbyist offered to put up \$7,500 a year to help support Packwood's wife, Georgie, after their marriage broke up.

"If you're chairman of the Finance Committee, I can probably double that," he quoted Crawford as saying. Packwood, who at the time was a senior minority member of the tax-writing panel, later told the Ethics Committee the remark was meant as a joke.

Packwood's entries underscore that access to the powerful is the commodity that nets lobbyists their six-figure salaries.

Once, he wrote, he let a group of officials from the American Iron and Steel Institute into his office only because Crawford was their lobbyist.

Another time, Crawford came to Packwood's office with a prospective client after explaining, "People hear that you're tough to get to, and they know I can get to you." Packwood wrote that he responded, "Well, that's a happy relationship for all of us."

And on Sept. 13, 1989, Packwood recorded: "Ron Crawford was in. He had a special problem involving the transfer of partnership properties... what its tax consequences are. He said his client was Shell Oil and this was very, very important to him personally. He said, 'I know how much you hate the oil companies.' I said, 'Ron, I still hate the oil companies but I'll do you a favor.'"

Crawford, in a deposition before the ethics panel, said he didn't offer Georgie Packwood a job based on any request from the senator, but said he had considered hiring her part-time. He acknowledged that his contacts with Packwood and his former aides were important to his lobbying business.

"A lot of the former staffers are sprinkled throughout the administration," he said. An annual party for Packwood associates at his home "is just an attempt to enhance my own business opportunities through those people, contacts, whatever they might be," Crawford added.

Two of Packwood's job solicitations for his former wife underscored the importance of personal relationships forged when lobbyists begin their careers as congressional aides.



Sen. Bob Packwood, R-Ore., speaks with reporters outside CBS studios in Washington Sunday.

Steven R. Saunders, who represents Japan's Mitsubishi Corp. in Washington, worked for Packwood for four years on Capitol Hill; Tim Lee, owner of an Oregon freight logistics company and a major Packwood fund-raiser, once was an intern for Packwood.

Saunders had an interest in a patent dispute between his employer and a U.S. competitor that had landed in Congress' lap, the Ethics Committee found. Lee, although not a lobbyist, had an interest in legislation to overturn a Supreme Court decision that could have hurt his trucking business, the panel said.

Most of those Packwood approached agreed immediately to his requests to provide income to Georgie Packwood, the report shows.

Bill Furman, president of an Oregon company that makes and leases rail cars and containers, immediately offered to provide \$40,000 or \$50,000 a year when he heard Mrs. Packwood was worried about money, the diaries state.

Packwood notes that Furman was "eternally appreciative to me... for what I did for him in '86 with the transition rules," a package of tax provisions to benefit certain industries.

In testimony to the panel, Packwood later denied that he connected the job offer in his own mind with previous legislative favors he had done for Furman's company.

## Packwood's resignation brings relief to Oregon

Chicago Tribune

PORTLAND, Ore. — The sudden resignation of Bob Packwood was greeted in the senator's home state last week like the breakup of the frequent overcast that rolls in and overcasts its welcome, with a sense of relief.

For more than three years, the embarrassing Packwood affair has cast pall over his state, far worse than even the controversies surrounding the Tonya Harding debacle and cult leader Bhagwan Shree Rajneesh's commune.

Packwood's abrupt ouster now opens the door to a profound shift in the state's entire political establishment, as well as a chance to forget, finally, the squalid images of the senator accosting staff members in his office and sticking his tongue into their mouths.

"He's gone," exulted Mary Nolan, co-chair of Oregonians for Ethical Representation, the group that organized the fight to oust Packwood.

Packwood loyalists, including the staffers in his somber field office in Portland, continued to defend the senator's honor. But as details of the Senate Ethics Committee's 10,000-page report became known, many Republican Party stalwarts began to distance themselves.

"Increasingly, our state has gotten the reputation of being somewhat off-beat, to put it blandly," said Craig Berkman, the state Republican chairman when Packwood was last elected in 1992.

Packwood's ouster comes as the state prepares for the likely resignation of its other, more senior senator, Mark Hatfield. The two moderate Republicans have set the tone for the state's politics since 1968, the year Packwood joined Hatfield in the Senate.

The 72-year-old Hatfield, chairman of the Senate Appropriations

Committee, is widely expected to announce that he will not seek re-election next year. He and his wife recently bought a new home on the Oregon coast, and party officials say he has not laid the groundwork for another campaign.

A bevy of potential candidates have been waiting in the wings for the two old horses to retire, among them Democratic Reps. Ron Wyden and Peter DeFazio. Originally looking at a run to replace Hatfield, they were scrambling last week to assess their

chances this year for Packwood's post. Among the Republicans expected to run are State Senate President Gordon Smith, a conservative, and the state's education chief, Norma Paulus, a moderate.

Oregon Gov. John Kitzhaber, a Democrat, will decide next week how Packwood's term, which expires in 1998, will be filled. Unlike most states, the Oregon governor does not choose an interim senator to fill a vacancy. Instead, he sets a date for a special election.

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# Opinion

## Other views

### Dressing down Calvin Klein for indecent advertising

Sex sells everything from beer to cigarettes to four-runners to vacation getaways. Advertisers haven't quite figured out yet how to use sultry figures in skimpy attire to hawk roach motels or dental floss, but give them time.

Since sex has been accepted as the most common instrument for pitching a product, we've probably become blasé as the images become more risqué. When images of half-naked people appear routinely on the sides of city buses, half-nakedness sort of loses its outrageousness. We've gotten used to it.

So maybe Calvin Klein has done us a favor—When the clothing designer launched a sales campaign for designer jeans that crept toward kiddie porn, the public rose up to say "Enough" and discovered that it has a powerful voice.

In response to the protests, Klein has pulled his ads featuring young teens in highly suggestive poses and various stages of undress. The ads clearly crossed the line from the provocative to the broadly offensive; this wasn't sex selling jeans, this was children selling sex selling jeans.

There's something refreshing about how this worked out, especially in light of other recent controversies in which government has threatened to censor words or images deemed offensive, such as the cartoon character Joe Camel used to sell cigarettes.

In the case of Calvin Klein, no government bullying was threatened, and certainly none was needed. A number of religious and social organizations raised their voices in protest against the ads, stated quite clearly why they were offensive to a broad spectrum of people and made it known they would use their clout as consumers-to-be heard—Klein got the message.

This is no harbinger of a new puritanism in the ad business. Indeed, advertising is an essential, entertaining and informative mode of speech and its creators need no encouragement to take risks.

This time, something came between Calvin and his senses. But the public wouldn't brook such rubbish.

—Chicago Tribune

## The Times-News

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The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth, Steve Crump and Kevin Miller.

## Letters

### Money dominates waste fight

"Money can't buy you love," but you sure can find more people willing to fake it for you. Lockheed's high-paid nuclear lobbyist ex-Sen. Jim McClure, has talked Gov. Batt into gambling Idaho's water supply for a promise to remove all nuclear waste by the year 2035. After 25 years of broken promises, Cecil Andrus reappears to sing the praises of his friends, Phil and Jim, and cheer for business as usual at the Idaho National Engineering Laboratory.

Hummm. When I attacked Andrus for allowing the reburial of Colorado's cancer-causing plutonium over the aquifer, the media ignored it. When I attacked Allen, an INEL union leader, and I told Andrus he was wrong to rewrite and weaken the air quality permits for INEL because anticipating accidents saves lives, the media ignored it. Cecil went on saying, "I'll put a tank over the cracks" to letting Colorado waste be reburied and now thinks a \$36 million per year penalty in the year 2035 is "fighting the federal government to protect Idaho's water."

Maybe Cecil is not directly on Lockheed's payroll like Jim McClure and Phil "\$10,000" Batt, but when Lockheed has \$12 million in "safety bonus" money, well... maybe it's just that much kick Cecil got in the head that knocked out his memory.

I hope Idaho voters have better memory and a willingness to recall Phil Batt. To do less is to dishonor those who have given all to make this country free. Getting signatures is hardly a sacred, and it's time to stop being polite. While Craig and Crapo act like salesmen, luring up Idaho for the onslaught, they also say they are "working hard" to keep the waste out.

I saw Mike Crapo work hard for the mink industry donations to keep their \$2 million tax dollars to advertise buying mink, but what's so Republican about that? What has he done to fight the waste except talk Idahoans into accepting the idea? Who's watching out for Lockheed and who's watching out for our children?

PETER RICKARDS  
Twin Falls

### Comments need basis in fact

When I read the letter from Austin Saunders on Aug. 28, I felt I needed to respond. You, Mr. Saunders, are the typical liberal so-called activist. You use scare tactics, outright falsehoods and name-calling to try to get your agenda pushed.

If people like you would ever use the true facts, you might be able to do lunch with a senator or a group such as the Dairyman's Association.

Before you wrote your letter to the newspaper, you should have checked with the Wen-

del Water Department. You would have discovered that the dairy industry had absolutely nothing to do with the water problems in Wendell. Also, you should have checked with the Agriculture Department to see how many dairy cows are in the entire state or even the nation before making a statement like "Wendell has 2 billion dairy cows and counting." Even if you made the statement in jest, the statement was in bad taste and false.

Also, before you start name-calling such as "We-Brown-the-Water Dairyman's Association," you should find out what dairymen are doing to keep from polluting the environment. You should get your head out of the clouds if you think you activists are the only ones who care whether children have pure water to drink.

I think the only one brownning the air and water around here, sir, is you with your comments.

KURT ALBERTI  
Wendell

### Get foster parents by shaping up

Health and Welfare, Family and Children Services, quit your whining. You have eliminated your pool of good foster parents. And you are losing more. Recruitment is not the answer; retention is. Clean your own house and start caring about the kids. Dedicated foster parents who quit do so out of frustration with the system, not with the kids.

Some of your questionable staff have left. Some of your good, caring staff have quit or been fired. The juvenile justice staff will be gone by Oct. 1. Who is left?

The foster parents handbook stresses "team," only neglects to mention the foster parent is the fourth string and the kid is the football. Foster parents live with the kid 24 hours a day. Many individuals have tens of thousands of hours of experience with more than a hundred different children, but their opinions are considered uninformed and inappropriate if they do not agree with the authorities that be. (We are constantly viewed by the public as crazy for wanting to take on other people's children.)

If you want to know the wrath of hell, stick up for a kid. If you want to commit reputational suicide, stick up for all of them and fight like hell against a corrupt, power-hungry system. I did. I am. I will continue. Go for it. Prosecute me. Seems that is the only way I will find out what I am accused of. Exonerated is the only way I will get kids back. I have no skeletons in my closet. They are all right out in full view. And I don't go away.

CAROL L. KERR  
Twin Falls

### Doonesbury Flashbacks



By Gary Trudeau

Mallard Fillmore



By Bruce Tinsley

## Keep Idaho from becoming waste dump

Idaho is about to be sold down the river, and our congressional delegation has not even put up a fight.

I strongly disagree with Gov. Batt's decision to allow nearly 1,000 shipments of nuclear waste to be dumped in Idaho until the year 2035. This is not the time to back down. It would be better to battle the federal government and lose than to give up without a fight.

I have the greatest respect for Gov. Batt, but I believe he's simply wrong on this one. I also disagree with former Gov. Cecil Andrus if he wants to help Batt out of his dilemma by caving in for a few million federal dollars. Idahoans expect their leaders to stand up for states' rights, especially when it's our quality of life, our water and our economy that the Washington bureaucrats are threatening to destroy.

There is one subject about which Idahoans agree: Our state should not become the nation's nuclear waste dump. Idaho's unique geology is the most obvious reason. As recently as 1,500 years ago (a blink of an eye in geologic time), the landscape of the Craters of the Moon National Monument boiled under molten lava. The same seismic activity that forged Idaho's enormous mountain ranges continues to do its impressive earth sculpting. As recently as 12 years ago, the strongest earthquake in the nation in 25 years jolted Challis and Custer County, just

### Reader comment

Walter C. Minnick

to the north of the Idaho National Engineering Laboratory.

Do we want to find out what a quake with that kind of power or another surge of lava would do to a nuclear waste storage site in eastern Idaho?

An accident caused by a leak at a nuclear waste storage facility in Idaho is unthinkable. The livelihood of potato farmers, sugar beet growers and the thousands of Idahoans who make their living in the Snake River Valley all the way to Lewiston would be devastated. An aquifer that supplies water to most of the state would be contaminated forever. An accident caused by our willingness to accept a promise that cannot be fulfilled for 40 more years is unacceptable.

I support the INEL and our state's nuclear industry. The INEL is a national resource and a part of our state of which we can all be proud. Its research is of national importance, and the economic base it provides is invaluable.

As a former chief executive officer of a proud Idaho company, TJ International, I know the value of a strong diversified economic base. But I don't believe in blackmail. More research jobs and more con-

tracts for the INEL cannot force us to accept 40 more years of the nation's nuclear waste. It's the responsibility of our congressional delegation to keep these two issues separate.

The disturbing failure of our elected officials to aggressively challenge 40 more years of dumping nuclear waste raises some very basic questions about their competence and effectiveness. Similar attempts to store nuclear waste in Nevada were successfully stonewalled by that state's elected officials. Where is our senior senator, Larry Craig, on this issue? Sen. Craig should be leading the charge in Congress, not sitting back silently while we meekly run up the white flag of surrender.

Any promise the federal government makes now can simply be overturned by a future Congress. Not once has the federal government kept its promises to ship out waste after it has been sent to Idaho. Is anyone naive enough to believe this promise will be different?

Justly urged Gov. Batt to withdraw his proposal before the federal government accepts it. Our children can demand no less.

Walter C. Minnick of Boise is former chief executive officer of TJ International. He has said he is considering a campaign next year against U.S. Sen. Larry Craig, R-Idaho.

## Letters

### Batt deal is no triumph for state

Believe me, before I express myself publicly, I ponder long and hard trying to reach the right decision. I really can empathize with Gov. Batt. What a mess he is in! After being in office for less than a year, he must fight to prevent further dumping of nuclear waste over our fragile aquifer.

His deal to limit the dumping to 968 tons over a 40-year period is no triumph. In that time, the aquifer could be permanently ruined. Why don't the environmentalists hire Bill Chisholm or somebody to lobby against this rape of our state?

An "intermodel cargo center" sounds like a great idea. It could eliminate some of the traffic on the highways and save the state money on highway repairs. Ideally such a center should be close to a freeway and on a railroad track. A place like Glenns Ferry or Mountain Home would be ideal.

MARY COOK  
Twin Falls

### Paddling doesn't solve problems

In reference to your article, "Paddle policy stirs debate in Murtugha School District," I was incensed that this type of violent behavior is allowed in any school district.

With the increasing prevalence of spousal and child abuse in our society, it is appalling that a principal would condone violence as an appropriate way to handle life's problems. Administrators and teachers have the professional responsibility to role models for those children in their care.

By promoting this paddling regime,

Principal Adams is modeling an ineffective and violent approach to conflict management and thereby breaching his fiduciary duties to students, parents and society as a whole.

LINDA STERLING  
Twin Falls

### Craig must consider salmon needs

Sen. Larry Craig believes increased survival of downstream migrating salmon did not result from increased reservoir water releases but from weather and barging. He accused the U.S. Fish and Wildlife biologists of wishful thinking while suggesting industrial beneficiaries of stored water are more worthy to decide whether, how much, and when Idaho's rivers should flow.

After more than 20 years of barging and declining salmon smolt survival, he wishes us to believe this year's increased survival was caused by barging and snow. It's not clear how the snow helped, unless perhaps, it was the increased spring runoff, reservoir storage, and prolonged increased flows from the increased releases credited by the biologists.

Sen. Craig should give as much consideration to the needs of environmental systems, such as salmon migration, as he does to the desires of those, such as barge operators, with financial gains to share.

DONALD W. JOHNSON  
Buhl

### Remove label before it's too late

He did it again. When the liberal news media looked the other way, President Clinton continued his reckless ways by signing an executive order that adds "sexual orientation" to the non-discrimi-

nation clause governing security clearances.

To follow his lead, Secretary of Agriculture Dan Glickman recently issued the following civil rights policy statement: "No employee or program beneficiary to the Department of Agriculture will be unlawfully denied opportunity because of race, color, or religion, sex, age, national origin, disability or sexual orientation."

Any lawyer or anyone so inclined can carry this phrase into nightmares beyond one's wildest imagination. The term "sexual orientation" is very broad. We know that currently all that is intended to fit under this category is homosexuals and heterosexuals, but in reality, sexual orientation also includes behaviors such as pedophilia (those with a sexual orientation to conduct sex with children), necrophilia (a sexual orientation to have sex with dead corpses), bestiality (people who are oriented to conduct sex with animals), sado-masochism (those with the desire to derive sexual pleasure from infliction or having inflicted physical pain, violent rape (those who are oriented to sexual activities where forcible rape is administered to victims).

Now, suppose a Bureau of Land Management employee or any other agency employee hired by the Department of Agriculture abuses you or a member of your family and commits any of these acts against these people.

What, if any, would be your legal recourse against such rules? Can you afford to take action against such odds already stacked against you? Better look at means to protect yourself, before it's too late.

CHARLES L. TWITCHELL  
Elba

By Bruce Tinsley

World

# Women's conference hardens fears

BEIJING (AP) — Critics of China's repressive Communist system feel vindicated. So, too, do Chinese leaders, who believe the West is conspiring to topple them.

The world's last great Communist regime and thousands of banner-waving, outspoken women have been face to face for nearly two weeks, but the experience has generated more frustration than understanding.

China's leaders are already jittery and defensive because of an impending succession crisis. Nearly two-thirds of the way through two women's conferences, they've hardly been reassured that they are not threatened from abroad and can slow down their nuclear and conventional arms buildup.

China wanted to use the U.N.-sponsored Fourth World Conference on Women and its parallel gathering of unofficial women's groups as a chance to show off its achievements and improve its image.

But when it banished the unofficial event to a remote suburb, gave it tents for meeting halls and imposed heavy police surveillance, "these are the world headlines it got."

"Chinese Wall Around Women," declared *Gazeta Wyborcza*, Poland's largest daily. "Session Under Special Surveillance."

"Unparalleled Repression of Women," said Sweden's *Dagens Nyheter*.

China, stung, retreated to ritually blaming the negative reporting on "a few people who, with ulterior motives, provoked troubles, distorted facts, spread lies and slandered the organizing work."

Confrontations with overseas Tibetans reinforced fears that Western forces seek to slice Tibet away from China.

Amid attack and counterattack, South Korea's Chosun Ilbo said drily, "It is doubtful how much this conference will help expand understanding of China."

Foreigners did gain some insights. Many of the nearly 30,000 foreign women at the meetings received a crash course in Chinese security methods enjoyed by few short-term visitors. Most tourists don't have their luggage searched upon arrival at the hotel, or find police stationed on each floor.

But then, most tourists aren't carrying materials critical of labor conditions, family planning, environmental pollution and nuclear testing.

With the exception of a few human rights groups determined to highlight China's repression, the women came

**Zimbabwe official urges seizure of land**

HARARE, Zimbabwe (AP) — Zimbabwe's vice president criticized the slow pace of land reform and urged his black countrymen to seize white-owned land by force, the state news agency reported Sunday.

Joshua Nkomo said land seized by white settlers before Zimbabwe gained its independence from Britain in 1980 should be returned to its "rightful owners," the Zimbabwe Inter African News Agency said.

"It challenge... young party leaders, the government and the black people in general to take back your land," Nkomo said Saturday. "The whites didn't buy it. They took it by force. So do the same."

About 4,000 white farmers, mostly the descendants of settlers from Britain and neighboring South Africa, occupy about the same amount of land in Zimbabwe as some 1 million peasant families.



AP photo

Adelaide Moundele-Ngolio, a Congo delegate to the 4th UN World Conference on Women, and other Congolese delegates visit the Great Wall of China 20 miles north of Beijing Sunday.

prepared to question and criticize not only China but all governments.

If there was an opportunity lost in the confrontational atmosphere, it was this: a chance for China to see that debate can be constructive and that criticism of governments is considered normal in much of the world.

Women at the unofficial meeting that ended Friday staged protests as naturally as they breathed. Every hour drums and chants arose, from a new group: Cambodians protesting land mines, Poles supporting access to abortions, Filipinos demanding protection of migrant workers, women of all nations opposing war.

It was a display of pluralism that China had never experienced. If seen by ordinary Chinese, it might have shaken the deeply ingrained belief — reinforced by China's 1989 attack on pro-democracy protesters in Tiananmen Square — that authority cannot be challenged.

But China also did what comes naturally. It made sure that almost no Chinese saw the protests except plainclothes agents and members of the official All-China Women's Federation.

It also deliberately kept the security presence obvious to inhibit any protests in Beijing. At least one

group that had considered protesting in Tiananmen Square dropped the idea.

Far from regarding their efforts as a public relations disaster, Chinese police were most likely applauding their success in heading off disruptions in the heart of Beijing.

Readers are being told about the problems of women in other countries, but not about the anti-Chinese protests during the conference.

The state-run media have shown China's leaders greeting a glittering array of prime ministers, queens and princesses. But they didn't mention U.S. first lady Hillary Rodham

Clinton's strong defense of human rights.

Now that the U.N. conference is focused on approving a document on women's rights, China is receding from the stage. It pays little attention to international conventions in setting domestic policies.

And while foreign women are using the meetings to lobby their governments for change, no Chinese groups are there to do the same against Beijing.

More than anything, China's leaders want to get through the conferences with the status quo unaffected. They're almost there.

## Nepal parliament ousts Communist government after only 9 months

KATMANDU, Nepal (AP) — Parliament on Sunday ousted the communist government that has led this small Himalayan nation for nine months. The king accepted the prime minister's resignation.

Opposition parties had accused the government of Prime Minister Manmohan Adhikari of giving civil service jobs to his supporters and using a land reform program to reward party members.

They also said the Communists, who do not have a majority in Parliament, went back on an agreement to pursue a market economy in exchange for being allowed to govern.

The main opposition party, the Nepali Congress, withdrew its support

for the Communists in June. Acting on Adhikari's recommendation, the king dissolved the House of Representatives, but the Supreme Court last month ruled the move unconstitutional.

The Nepali Congress Party introduced a no-confidence motion last week, it passed 107-88.

Adhikari, 74, is in the hospital recuperating from a helicopter crash last month. He sent his resignation to King Birendra, who accepted it and asked him to remain in office until ministers are chosen to replace him.

The king gave up most of his power and accepted a constitutional monarchy in 1990, bowing to a pro-democracy movement.

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## "My Childhood Memories Were Shattered."



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# Magic Valley

## Around the valley

### Filer board approves emergency school levy

**FILER** — The Filer School Board Friday approved a \$84,347 emergency levy.

The money will cover the needs in textbooks and equipment for increased student enrollment. Student numbers at the high school went from 367 last year to 423 this year. At the middle school enrollment grew from 250 to 285.

Elementary schools grew from 117 to 129 in Hollister and from 416 to 440 in Filer.

"I have 20 kids sitting on folding chairs with no desks," High School Principal Joseph Hendrickson said. "We tried to order additional books for the home-class and found we couldn't because the text books we are currently using in there are out of print. They need new books."

With the size of increase in the district, state law would allow an emergency levy of \$91,867.

### Twin Falls council to discuss Trans IV funding today

**TWIN FALLS** — The Twin Falls City Council will meet at 4 p.m. today in the council chambers to discuss funding for Trans IV's public transportation system.

Trans IV is requesting an increase in city funding — from \$10,000 to \$15,000.

The company, which is increasing its fares by 20 percent this year, says the increased city support is needed because its federal funding has been cut by 20 percent.

Other agenda items:

- Fire Chief Phil Clough will review a new study that concludes that Twin Falls doesn't need a fourth fire station. That study recommends that two of the city's three current fire stations be moved, however, to speed up average response time.
- Council members will formally set the date of the next municipal election, Nov. 7.
- The Council will also consider amending the interlocal agreement between the city and the Urban Renewal Agency of Twin Falls.

**Highway 75 to be resurfaced from Sept. 20 to mid-October**

**STANLEY** — About 126 miles of State Highway 75 will be resurfaced this fall from Redfish Lake Bridge to the Custer-Blaine county line, the Idaho Department of Transportation says.

The \$949,000 project is expected to begin on Sept. 20 and end around the middle of October. Motorists should expect delays of up to 15 minutes.

### Hospital heads to talk tonight on physician-hospital group

**TWIN FALLS** — Information about setting up a physician-hospital organization and building a medical office building will be discussed by Magic Valley Regional Medical Center officials tonight.

The hospital's board of directors meets at 7 p.m. in the hospital's doctors meeting room.

At tonight's meeting, hospital Administrator John Bingham also will discuss a proposed three-year strategic plan for the hospital, which is working to integrate local doctors in Magic Valley Health Network.

An update on a proposed patient-information system also will be given.

Compiled from staff reports

### Twin Falls crime

A weekly look at the number of felonies reported to police in Twin Falls

### Twin Falls reports first kidnapping of the year

**TWIN FALLS** — Twin Falls city police reported the following felonies from Sept. 1 to 8:

	past week	year to date
Auto burglaries	12	444
Home burglaries	5	151
Attempted burglaries	2	50
Grand thefts	6	107
Car thefts	5	99
Aggravated assault	1	35
Child abuse	1	18
Drugs	2	93
Attempted robbery	1	2
Kidnapping	1	1
Total felonies	36	1128

### Inside

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## Matthews comes home to be Craig's representative

By Frank E. Lockwood  
Times-News writer

**TWIN FALLS** — U.S. Sen. Larry Craig's Magic Valley representative, Mike Matthews, says he's always been fascinated by politics.

But he came awfully close to pursuing a career in groceries instead of government.

In fact, Matthews was working as a department manager at one of Joe Albertson's supermarkets when a spot opened up in then-Sen. Jim McClure's Washington, D.C., office.

A Republican staffer ran into Matthews in Albertson's meat department and told him he should apply for the job.

"It was just one of those points in my life when everything changed for me,"



Matthews

Matthews recalls.

Hired on Jan. 5, 1988, married his fiancée, Nikki Gruell, four days later. And two days after the wedding, Matthews packed his possessions into his Dodge D-50 pickup truck and headed for the East Coast.

Arriving in Washington for the first time, Matthews says the city seemed amazing.

"I was just awed and overwhelmed, seeing all the monuments and the capital. It was a like-a-dream come true for me," Matthews recalls.

He started out as a staff assistant to

McClure, a "glorified gopher," Matthews says. Then he was promoted to "legislative correspondent." After McClure retired, Matthews worked for Craig, before taking a post with the Department of Agriculture.

But after four years by the Potomac, Matthews was ready to return to the Gem State. The Matthews came home to raise a family.

"We wanted to have our children grow up around grandparents, cousins, and all the family people," Matthews says.

Returning to Weiser, his wife's hometown, Matthews found a job selling insurance. But he stayed in touch with friends from Washington, and when Craig needed a regional director for Twin Falls, Matthews applied.

Craig gave him the job. And Matthews

says it's easy to work for Idaho's senior senator.

"I have high regard for Larry Craig. I think the world of him, he's a wonderful man. He's really personable and I just really like him a lot," Matthews says.

The 31-year-old Matthews covers eight counties for Craig, handling case work for farmers, retirees, and anyone else who seeks help.

"If somebody calls in or writes and needs help with something regarding the federal government, we will help them in any way we can," Matthews said.

Now that he's back in Idaho, Matthews concedes that he misses the East Coast sometimes. But not enough to wander 3,000 miles away. "Idaho's in (my) blood," Matthews says. "It's good to be home."

## Northwest wants salmon and eat it too

The Associated Press

**SALMON** — There was a time when this town lived up to its name, when the streams would fill each summer with huge salmon ending their 900-mile migration from the Pacific Ocean.

Now if you're hungry for salmon in Salmon, the best you can do is the Shady Nook Restaurant, which serves a nice fillet, charbroiled with honey-lime butter, for \$13.95.

It's shipped in from Alaska, frozen. So it goes for the salmon throughout the Northwest. Once a symbol of wild abundance, the salmon now illustrates instead how easily humans can deplete nature's bounty — and how costly restoring even part of that bounty can be.

The region's famed rivers of salmon have been fished out, dammed up and dirtied down to a fragment of their historic glory. Idaho's chinook and sockeye salmon teeter so close to extinction they're protected under the Endangered Species Act, and federal officials have proposed the same protection for coho salmon along the coasts of Northern California and Oregon.

Already, the battle to save the Pacific salmon has become the world's biggest wildlife restoration effort. In the Columbia River basin alone, more than \$2.5 billion has been spent since 1980 to rebuild salmon populations, and it will take billions more if the salmon's decline is to be reversed.

As Congress puts the 1973 Endangered Species Act under the microscope, the expense of saving salmon comes swimming sharply into focus. Many Republicans, and a few Democrats, want the law to give more weight to economic considerations, even if it means letting some species go extinct.

Rep. Helen Chenoweth, R-Idaho, says she doesn't see why wildlife species must always be preserved across their entire range. So what if the Salmon River lacks salmon, she asks. Isn't that frozen fillet from Alaska proof enough that salmon still thrives?

"I'd much rather transplant species and have people go where they can see them," she says, "than transplant whole communities of people because they can't make a living."

But environmentalists say protecting the salmon wherever it swims is a good investment, and not just because of its value to the fishing industry. They say the well-traveled salmon, with a life cycle that takes it from mountain stream to open ocean, is a benchmark of environmental health for the entire Northwest.

"The few places where habitat is in good condition are the exception," says Diane Valentine of the Oregon Natural Resources Council.

"Hundreds of salmon stocks are gone already. With that kind of hemorrhaging, it's time to put the cork in the bottle."

Please see SALMON/B3

## Wearing many hats



Busy in his workshop, Gerald Ostler, mayor of Jerome, begins the process of re-upholstering dining room chairs.

## Jerome mayor, coroner still has time to upholster

By H. R. Weikel  
Times-News correspondent

**JEROME** — Many of the rich and the famous are "sitting pretty" thanks to the mayor of Jerome.

Mayor Gerald Ostler, who upholsters furniture as a profession, has put new coverings on exotic chairs, sofas and other furnishings owned by many noteworthy people from such places as Palm Springs, New York and San Francisco.

Ostler's customers include celebrities who have homes in Sun Valley. He is shipping two chairs to Laguna Beach this week. Interior designers from Sun Valley refer many upholstering jobs to the Jerome man.

"I get many referrals from Stuhlborg Gallery in Sun Valley. Charles Stuhlborg, owner, was born and raised in Jerome," Ostler said.

"I have done jobs for owners of Heinz Foods and Coca Cola Bottling Co., as well as Walt Disney's daughter," he said.

He recently completed upholstering an antique chair with horsehide for a California customer. A Twin Falls home will soon receive an antique chair newly covered with elegant leather.

Upholstering antiques, however, is not his favorite, he said.

"But I don't mind too much if the wood part is finished," the mayor said. "I don't do wood and I don't do windows," he said as he bent over his sewing machine and grinned.

"I like to think upholstering these pieces is like making a silk purse out of a sow's ear," he said.

Ostler wears many hats. In addition to being Jerome's mayor, he has been the county coroner for about 10 years. The busy upholsterer has served on the City Council and economic task force. He is a member of the Jerome Lion's Club and has served on the board of deacons at the Bible Baptist Church for many years.

Gerald Ostler started his upholstery trade in 1958 after the death of his father.

"I originally worked for the U. S. Government Soil Conservation Service. Then I enlisted in the Army and was being stationed at Fort Rucker when my father died shortly after he had purchased his upholstery business," Ostler said. "My mother asked me if I wanted to take over the business so I put in for a hardship discharge and got it."

Ostler had no previous training in the trade and learned most of his skills on the job.

A garage behind the Ostler home has been converted into a workshop where most of the upholstery work is done. Ostler's wife, Donna, does some of the stripping and dismantling of the furniture.

"I'm the wrecking crew," she said.

The upholstery business "has its ups and downs, but I usually have all I can handle and then some," Ostler said in a telephone interview, with his sewing machine whirring in the background. Doing more than one job at a time is "the norm" for the Jerome mayor.

## United Way seeks \$275,000 in campaign '95-96 kickoff

By Steve Crump  
Times-News writer

**TWIN FALLS** — United Way of Magic Valley has lowered its sights in hopes of shooting higher this year.

The organization, which will formally kick off its campaign tonight, hopes to raise \$275,000 by mid-January to help fund 17 member agencies.

That's \$31,227 less than its goal a year ago, when the United Way raised \$250,000.

"I think it's realistic," said Susan Kelley, United Way of Magic Valley executive director. "We have our volunteers in place, working hard. For us, it's just a matter of reaching the businesses we haven't reached in the past."

The local United Way is hoping to rebound from a series of tough years. Since 1990, despite the fact that every indicator — housing starts, sales, median income and number of jobs — has grown in the Twin Falls area, United Way contributions have declined 13 percent.

### '95-96 kickoff

The United Way of Magic Valley will launch its 1995-96 campaign with a kickoff gala tonight at the Weston Plaza, starting at 6 p.m.

The Vaudeville troupe Ketchum will provide the entertainment following dinner. Disc jockey Charlie Michaels and Penne Main of KMVT-TV will serve as co-hosts.

Tickets are \$30, and they're available by calling the United Way office at 733-4922.

"The dollars are out there; but there's much more competition than there used to be," Kelley said.

"As an organization, we're really going to have to get rid of the chaff and concentrate on the wheat," Kelley said.

Kelley said the Twin Falls area's burgeoning retail sector would be a focus this year and the

organization would redouble its efforts in Jerome County.

"We also need to do a better job of getting the word out about our services in the Burley and Rupert areas," she said.

The Senior Companions, for example, are very heavily involved with the Respite program in Minidoka and Cassia counties, through which volunteers pitch in to help caregivers who have seriously ill loved ones in their homes.

Although the campaign has missed its goal for seven of the past 11 years, the amount of money it distributes to its member charities has increased. Last year's \$180,550 allocation was the fifth-highest in the United Way of Magic Valley's 33-year history.

And although the campaign hasn't begun yet formally, it already has nearly \$50,000 in commitments from businesses.

"It's a good start," Kelley said. "Whether we make our goal just depends on how many people we can reach."

## Special Prosecutor Nelson sworn in Friday afternoon

By Barbara Newwert  
Times-News correspondent

**HAILEY** — Blaine County's Chief Deputy Prosecutor Doug Nelson was sworn in as special prosecutor Friday afternoon in compliance with a court order.

Nelson's special prosecutor status, however, may be in effect for as little as 30 days.

After a short executive session, commission Chairman Leonard Harlig instructed the Blaine County Democratic Central Committee to begin anew the process of providing the commissioners with up to three applicants' names.

Blaine County Prosecutor Fritz Haemmerle, whose resignation was effective Friday, had filed a civil suit against the commissioners to stop them from appointing an out-of-county attorney to fill his post.

Thursday Fifth District Judge George Granata Jr. ruled the commissioners did not comply with legal procedures in appointing Doug Werth, a Boise attorney.

In addition, Werth did not meet the 30-day residency requirement. The Democratic Central Committee, chaired by Jon Marvel, has 15 days to resubmit names for consideration.

Harlig said the commissioners would then select a candidate and have a prosecutor hired within 30 days.

Haemmerle urged the commissioners to move the process forward quickly to alleviate stress placed on the prosecutor's department resulting from limited staff, high caseloads and the continuation of prosecution of misdemeanor cases for county cities.

Harlig said the commissioners were aware of the situation and would not delay the process.

# Batt still waiting for solution on federal nuclear deadlock

BOISE (AP) — The federal government still has a few more days to meet Gov. Phil Batt's demands to resolve a long deadlock over nuclear waste, but the prospects look good for a settlement.

After a long day of telephone negotiations Friday, the governor said he felt Assistant Energy Secretary Thomas Grumbley was ready to sign on to major components of a deal that could allow the government to resume radioactive waste dumping at the Idaho National Engineering Laboratory, with promises that the material eventually will be removed.

The next deadline comes Tuesday afternoon. That gives the government four more days from Friday's original deadline.

"I had an impression in the conversation (with Grumbley) that they were close to some kind of appraisal of our offer," Batt said. "I think it's close to acceptance. I have nothing concrete to base that on."

The governor said it appeared the administration believes there was a way to make the scheme acceptable to both sides. "He said the Department of Energy, the Navy and the Justice Department are working diligently to get an agreement."

There were indications that Batt's cap on new shipments was probably acceptable to the Energy Department



Batt

Batt said he would accept minor adjustments but no substantive changes.

The most pressing issue facing the federal government is the Navy's contention that it must immediately resume dumping its spent nuclear fuel at the INEL or the military readiness of its nuclear fleet will be undermined.

Because of that claim, Congress is ready to override a June 1993, federal court ban on new waste shipments.

The ban is in effect until U.S. District Judge Edward Lodge rules on the state's claim that the federal government improperly determined that additional waste could be safely stored on top of the 261 tons already at the INEL. That ruling is expected within six weeks.

If a deal is struck, it would have to be approved by Lodge as part of the

long-running legal case, and it would include the state dropping its challenge to the government's safety determination.

A second legal challenge by an environmental group would still be pending.

The Navy also is scheduled later this month to argue before a federal appellate court panel that the existing court order should be modified to allow 24 waste shipments to eastern Idaho, again on the argument that national security could be imperiled if that doesn't happen.

It was the uncertainty of the outcomes in court and the certainty that Congress would roll over the state's opposition that prompted Batt to seek a deal to assure eventual removal of all waste from Idaho.

Under the Batt proposal, the state will accept another 968 shipments of high-level waste — 97 tons — over the next 40 years, including all of the anticipated Navy waste. In return, the federal government will guarantee that all high-level waste — new and old — and most low-level waste will be completely removed from Idaho by 2036. The court-enforced deal, with specific milestones on processing waste for removal, carries a daily fine of \$100,000, adjusted for inflation, beginning Jan. 1, 2036, until all waste is removed.

NATO operations over Bosnia in early June when its F-16 was shot down by a Bosnian Serb surface-to-air missile.

He spent six days eluding capture while surviving on insects and raw water before he was plucked from the Bosnian countryside in a daring rescue that captured worldwide attention.

O'Grady said that besides the 419th Fighter Squadron, stationed in Aviano, Italy, he was participating in

years living out of a suitcase."

O'Grady said he has been trying to get into the reserve's 419th Fighter Wing at Hill Air Force Base for about two years.

"I'd have to say it is one of the most qualified fighter wings in the entire world," he said, joking that he had to become famous just to get in.

O'Grady was most recently assigned to the Air Force's 555th Fighter Squadron, stationed in Aviano, Italy. He was participating in

## O'Grady will settle down in Salt Lake City

SALT LAKE CITY (AP) — Air Force Capt. Scott O'Grady, the F-16 pilot who became a national hero after being shot down and surviving in the Bosnian wilds, is moving to Salt Lake City to join the Air Force Reserve next month.

"I couldn't be more excited to come to Salt Lake City," O'Grady told the Deseret News in a copyright story Sunday.

"I can actually unpack my bags and settle down after spending the last 11

## This week at CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

### TODAY

Student Senate meets at 2 p.m. in the Taylor Building student conference room.  
Overseers Anonymous meets at 3:30 p.m. in Desert 112.  
Symphonic Band rehearsal will be held at 7:30 p.m. in Fine Arts 121.

### TUESDAY

Magic Valley Counselors' Day will be held from 8:30 a.m. to 1 p.m. in Fine Arts auditorium.  
Military testing will be held at 6 p.m. in Shields 201.

### WEDNESDAY

Small Business Development Center incubator tenant open house will be held from 11:30 a.m. to 5 p.m. in Evergreen atrium.

Magic Valley Arts Council board meets at 7 p.m. in Canyon 121.  
"Annie Get Your Gun" will be presented at 8 p.m. in Fine Arts auditorium.

### THURSDAY

Magic Valley Chorale rehearsal will be held at 7:30 p.m. in Fine Arts 133 auditorium.  
"Annie Get Your Gun" will be presented at 8 p.m. in Fine Arts auditorium.  
Twin Falls Police Department benefit concert will be held at 8 p.m. in gymnasium.

### FRIDAY

"Annie Get Your Gun" will be presented at 8 p.m. in Fine Arts auditorium.

### SATURDAY

Military testing will be held at 10 a.m. in Shields 201.  
"Annie Get Your Gun" will be presented at 8 p.m. in Fine Arts auditorium.

## Services

Forrest Pickett, of Rupert, memorial service, 10 a.m. today, Rupert First Baptist Church, (Hansen Mortuary in Rupert).

Charlotte L. Carpenter, of Twin Falls and formerly of Gooding, graveside service, 11 a.m. today, Elmwood Cemetery in Gooding, (Demary's Gooding Chapel).

L. Lee Skinner, of Twin Falls, memorial service, 2 p.m. today, Reynolds Funeral Chapel in Twin Falls.

Janet M. Barbour, formerly of Twin Falls, 2:30 p.m. today at Lincoln Memorial in Portland, Ore., (Potter Funeral Chapel in Emmett).

William Charles "Bill" Barnard, of Nampa, 2:30 p.m. today, Nampa 8th Ward LDS Church on Sunnyridge Road, Interment at 1 p.m. Tuesday at the Fallsview Cemetery in American Falls. Viewing from 9 a.m. to noon today at Alsip Funeral Chapel in Nampa, with the family greeting friends from 1:30 to 2:15 p.m. at the church.

Milum "Mike" H. Hickman, of Hays, Mont., and formerly of Twin Falls, private burial today at Sunset Memorial Park in Twin Falls, (Reynolds

Funeral Chapel in Twin Falls).

Zalia Ridge, of Rupert, 11 a.m. Tuesday, Rupert LDS 1st and 7th Wards Chapel at the corner of Eighth and G Street in Rupert. Burial at 2:30 p.m. Tuesday at Brigham City, Utah, Cemetery. Viewing from 6 to 8 p.m. today and one hour before the funeral at the church, (Hansen Mortuary in Rupert).

## Death notices

Russell P. Pike

TWIN FALLS — Russell Preston Pike, 87, of Twin Falls, died Saturday, Sept. 9, 1995, at his home.

A memorial service will be held at 10:30 a.m. today at Blay Colonial Funeral Home at 2551 Kimberly Rd. in Twin Falls, with the Rev. N. Wayne Nibbeling officiating.

Verda Anderson

ALBION — Verda Anderson, 88, of Albion, died Saturday, Sept. 9, 1995, at her home.

Funeral services are pending and will be announced by the McCulloch-Hansen Mortuary in Burley.

Brooke S. Patterson

BURLEY — Brooke Sharce Patterson, infant daughter of Dennis and Cozette Patterson, was stillborn

at the church, (Hansen Mortuary in Rupert).

Kenneth J. Lehmann, of Wendell, 2, p.m. Tuesday, Reynolds Funeral Chapel in Twin Falls. Viewing from 3 to 8 p.m. today and from 9 a.m. until time of the funeral Tuesday at the chapel.

William A. Schenk

RUPERT — William Adolph Schenk, 77, of Rupert, died Sunday, Sept. 10, 1995, at the Minidoka Memorial Hospital.

Funeral services are pending and will be announced by the Hansen Mortuary in Rupert.

Vera M. Evans

TWIN FALLS — Vera Mae Evans, 78, of Twin Falls, and formerly of Idaho Falls, died Sunday, Sept. 10, 1995, at her home.

Funeral services are pending and will be announced by Wood's Funeral Home in Idaho Falls.

## On the agenda

Following is a list of governmental meetings that were scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

### TODAY

Buhl City Council, 7 p.m., City Hall.  
Blaine County commissioners, 9 a.m., courthouse.  
Bliss School Board, 7:30 p.m., school library.  
Cassia County commissioners, 9:30 a.m., courthouse.  
Carnas County School Board, 7 p.m., high school.  
Carey town meeting, 7 p.m., high school.  
Cassia County commissioners, 9 a.m., courthouse.  
Cassia County School Board, 7 p.m., central office, 237 E. 19th St., Burley.  
Dietrich City Council, 8 p.m., City Hall.  
Dietrich School Board, 8 p.m., school.  
Eden City Council, 7 p.m., City Hall.  
Gooding County commissioners, 9 a.m., courthouse.  
Herman School Board, 8 p.m., elementary school.  
Halley City Council, 6 p.m., courthouse.  
Hansen City Council, 8 p.m., City Hall.  
Hazelton City Council, 7:30 p.m., City Hall.  
Hollister City Council, 7 p.m., City Hall.  
Idaho County commissioners, 9 a.m., courthouse.  
Lincoln County commissioners, 10 a.m., courthouse.  
Magic Valley Regional Medical Center Board, 7 p.m., hospital board room.  
Minidoka County commissioners, 9 a.m., courthouse.  
Murtaugh School Board, 7 p.m., high school.  
Murtaugh City Council, 7 p.m., City Hall.  
Rushford School Board, 8 p.m., high school.  
Shoshone School Board, 7:30 p.m., Lincoln Elementary School.  
Twin Falls County commissioners, 8:30 a.m., courthouse.  
Valley School Board (Eden-Hazelton), 8 p.m., high school superintendent's office.

### TUESDAY

Blaine County commissioners, 9 a.m., courthouse.  
Blaine School Board, 7:30 p.m., a school in the district.  
Gooding School Board, 8 p.m., school district's office.  
Jerome School Board, 8 p.m., Jerome Civic Club Memorial Library.  
Kimberly City Council, 7 p.m., community center.  
Rupert, DeMay Memorial Library Board of Trustees, 5:15 p.m. library, 417 Seventh St. in Rupert.  
Twin Falls City Planning and Zoning Commission, 7 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.  
Twin Falls School Board, 7 p.m., school district's office.

### WEDNESDAY

Castleford City Council, 7:30 p.m., J & D Enterprises.  
Declo City Council, 7 p.m., City Hall.  
Heyburn City Council, 7 p.m., City Hall.  
Minidoka City Council, 7:30 p.m., City Hall.  
Murtaugh City Council, 7:30 p.m., City Hall.  
Paul City Council, 7:30 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.  
Twin Falls Public Library Board of Trustees, 5 p.m., library board room.

### THURSDAY

Bellevue City Council, 7 p.m., City Hall.  
Hagerman Chamber of Commerce, noon.  
Hagerman Senior Center.  
Mini-Cassia Chamber of Commerce, noon, Price's Cafe in Burley.  
Twin Falls County commissioners, 8:30 a.m., courthouse.  
Twin Falls County Planning and Zoning Commission, 8 p.m., Twin Falls County Office Building, 246 Third Ave. E.

### FRIDAY

Twin Falls County Commissioners, 8:30 a.m., courthouse.

## How Idaho lawmakers voted

### House

ATTENDANCE RECORD  
CHENOWETH 94.13  
CRAGO 94.12

1) B-2 BOMBER  
The Senate Thursday voted to retain the option to buy more B-2 bombers. The vote was on an amendment to slash \$493 million from a defense spending bill for downpayments on 20 additional bombers. The amendment was rejected 210-213, allowing funding for the bombers.  
A 'yes' vote favors slashing funding for the bombers.

### Senate

ATTENDANCE RECORD  
CHENOWETH 94.13  
CRAGO 94.12

1) MISSILES  
The Senate on Wednesday voted 85-13 to approve plans for a ballistic missile defense system. The system gained wide approval after Republicans compromised plans to have it deployed in seven years. The vote requires that the system be developed, but not deployed, by 2003.  
A 'yes' vote favors the missile defense system.

2) DEFENSE

The Senate on Wednesday approved 64-34 a bill authorizing \$265 billion for the Department of Defense in 1996. The bill would provide \$6 billion more than President Clinton requested, using the money to develop and buy more weapons, including warships, missile defenses and jet fighters.  
A 'yes' vote favors the defense authorization bill.

3) WELFARE

The Senate on Thursday rejected 45-54 a Democratic welfare bill. The bill would have retained the entitlement status of welfare and reduced benefits for parents who refused to work. It would have placed a five-year limit on welfare benefits, but guaranteed child care to all welfare recipients who entered the job market.  
A 'yes' vote favors the Democratic welfare bill.

Source: State News Service



Chenoweth



Crago

No

No



Craig



Kempthorne

Yes

Yes

Yes

Yes

No

No

## Public comment sought on assessment

LEWISTON (AP) — The public is invited to comment on an environmental assessment for proposed fish facilities at Pittsburg Landing on the Snake River. The environmental assessment, by the Walla Walla District, U.S. Army Corps of Engineers, describes the impacts associated with the construction and operation of a temporary fall chinook salmon acclimation facility. The site is located in the Hells Canyon National Recreation Area near Whitebird and in a portion of the Snake River designated as a National Wild and Scenic River.

## AUCTION CALENDAR through September 23, 1995

<b>MONDAY, SEPTEMBER 11, 1995</b> Jeff Jenschke - Vehicles - Tools Real Estate - Rupert Antiques - Sept 9 MASTERS AUCTION SERVICE
<b>TUESDAY, SEPTEMBER 12, 8 - 5 pm</b> Household - Tools - Antiques Consignments Welcome - Jerome KLAAS AUCTION BARN
<b>WEDNESDAY, SEPTEMBER 13, 8 - 5 pm</b> Arthur Call - Household - Twin Falls Antiques - Sept 10 WEST AUCTIONS
<b>FRIDAY, SEPTEMBER 15, 1995</b> Guy & Anna Jones Estate - Antiques Antique Truck - Household - Tools Guns - Bellvue Antiques - Sept 10 WEST AUCTIONS
<b>SATURDAY, SEPTEMBER 16, 11 am</b> Kent Shiozawa - Farm Equipment - Pocatello Antiques - Times News, Sept 10 & 15 Agway, Sept 9 BLUR AUCTIONS
<b>SATURDAY, SEPTEMBER 16, 1995</b> Lecelle Heer - Household - Bull Antiques - Sept 14 MASTERS AUCTION SERVICE
<b>SATURDAY, SEPTEMBER 16, 10 am</b> IDAHO'S LARGEST PUBLIC AUTO AUCTION Exp. Advertised - Sept 10 MUSICK AND SONS, INC.
<b>SATURDAY, SEPTEMBER 16, 11 am</b> Dietrich School Community - Farm Items Vehicles - Collectibles - Household - Dietrich Antiques - Sept 16 JMA AUCTIONS
<b>SATURDAY, SEPTEMBER 16, 11 am</b> Household Items - Tools - Motor Vehicles Farm & Construction Equipment Consignments Welcome - Jerome AUCTION EXCHANGE
<b>SUNDAY, SEPTEMBER 17, 1995</b> E. E. & Hanson White Estate - Quality Furniture Collectibles - Coins - Household - Twin Falls Antiques - Sept 15 JMA AUCTIONS
<b>SUNDAY, SEPTEMBER 17, 1995</b> Dorothy Rowe Estate - Household - Twin Falls Antiques - Sept 15 MASTERS AUCTION SERVICE
<b>MONDAY, SEPTEMBER 18, 3 - 3 pm</b> Ruby Ballard Estate - Household Collectibles - Kimberly Antiques - Sept 16 JMA AUCTIONS
<b>TUESDAY, SEPTEMBER 19, 11 am</b> Mayne Pump & Water - Vehicles Office Equipment - Plumbing Parts & Supplies Antiques - Sept 10 & 17 CARROLL CALHOUN
<b>SATURDAY, SEPTEMBER 23, 1995</b> Antiques & Collectibles Consignment Auction - Fair Playgrounds Antiques - Sept 17 ALL AMERICAN AUCTION CO.

## Hospitals

### CASSIA REGIONAL MEDICAL CENTER

Admitted  
Ron Bean and Mattie Miller, both of Burley; Angela Purin and Estella Robinson, both of Rupert; and Douglas Peterson, of Merrill, Ore.

Released  
Floyd Hare and Leonore Henthorne, both of Burley;

Duane Skinner of Rupert; and Harold Knight of Custer, S.D.

Birth  
A baby was born to Mr. and Mrs. Gary Loveland of Burley.

MINIDOKA MEMORIAL HOSPITAL

Released  
Anna Bartlett of Rupert.



WHITE

Mortuary & Cemetery  
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The family of Arley Hutchison wishes to express their thanks to all the wonderful neighbors, friends & family members for their help in so many ways while he was ill & after his passing. The food brought in, the cards, telephone calls, prayers, trips to the hospital & general concern for us all are deeply appreciated. We especially want to thank Dr. A.C. & James Emery & Staff and Home Health & Hospice MV Staffing.

Florence Hutchison  
Stanley & Ruby Hutchison & Family  
Tom & Edie Hutchison & Family  
Don & Frieda Hutchison & Family  
Ann Anderson & Family



## Idaho/West

## Conflicting Weaver stories emerge

FBI paints picture of dangerous bigot

New York Daily News

WASHINGTON — Randy Weaver muttered through his tears last week, "We never went looking for trouble. We stayed home and it's like it kept coming to us."

But a parade of federal agents called Weaver a dangerous bigot and illegal gun merchant with a grudge against the "Zionist Occupied Government" who fully deserved surveillance and investigation.

It was Weaver who brought trouble on himself, the feds said, by triggering the chain of events that led to the deaths of his son, his wife and a deputy U.S. marshal — all shot dead on the remote bluff in the Selkirk Mountains of Idaho known as Ruby Ridge.

"It was Mr. Weaver's actions that set this into play," said John Magaw, director of the Bureau of Alcohol, Tobacco and Firearms, as he brandished one of the two sawed-off shotguns Weaver sold to an undercover informant.

The conflicting portraits of Weaver emerging at Senate hearings on the Ruby Ridge tragedy contrasted with conflicting portraits given of the entire federal law enforcement apparatus.

Sen. Charles Grassley, R-Iowa, railed at the feds as gun-slinging destroyers of privacy, the First Amendment and civil rights: "The swashbucklers are in control...."

Attorney General Janet Reno chuckled at the notion. "People have called me all sorts of names, but nobody has ever called me a swashbucker."

She maintained "full confidence" in FBI Director Louis Freeh despite the ongoing criminal probe of five agents suspected for their role in Ruby Ridge, and the \$3.1 million payoff to the Weaver family last month to avoid a civil damages suit. Anyway, Reno said, "Ruby Ridge happened in 1992, before this administration and the FBI's leadership took office."

Reno's statement overlooked the loss and destruction of key documents from the siege and prosecution, and allegations of a continuing cover-up reaching into the highest echelons of the FBI and Justice Department.

Relucting the Weaver case to old news also ignored his icon status among white supremacists, neo-Nazis, skinheads and the weekend militants that take to the woods with assault weapons on the lookout for the black



Weaver

helicopters of the "New World Order."

Weaver himself told the Senate last week he is well aware that his name is cited with reverence by groups believing that a government conspiracy links Ruby Ridge with the Branch Davidian tragedy at Waco, Texas and the Oklahoma City bombing.

"I'm sick of all that, I'm really sick of that," Weaver said. He professed to want to live the rest of his life quietly on a ranch, but first he demanded the prosecution of the agents he charged issued "death warrants" on his family.

His TV star lawyer, Gerry Spence, said his client was the victim of government persecution for holding unorthodox and even hateful views.

"A person may not believe in us do and his beliefs may be offensive to us, but he has the right to believe in this country," Spence said.

According to court records and Senate testimony, Weaver's views led him in the 1980s to several meetings in Idaho of the racist Aryan Nations group that were infiltrated by FBI and ATF informants. Magaw said the undercover work later led to 25 convictions on terrorism charges.

At one of the ATF meetings in 1986, Weaver met an ATF informant he knew as Gus Magisano, whose real name was Kenneth Fadeley. In October 1989, Weaver agreed to sell Fadeley sawed-off shotguns, which are illegal.

Fadeley called Weaver the instigator, but Weaver said the sale was entrapment.

Weaver refused an ATF offer to turn informer and was arrested on the gun charges in January 1991. He was out bond the next month and when he failed to appear at trial, the U.S. Marshal's Service began the long surveillance of the Weavers' cabin on Ruby Ridge. Weaver, 43; his wife, Vicki, 43; family friend Kevin Harris, 27; son, Sammy, 14; and daughters Sara, 16, Rachel, 10, and 10-month-old Elisheba were inside the cabin when it was surrounded Aug. 21, 1992, by six marshals in camouflage led by William Degani.

The Weaver dogs began barking and, Weaver, Harris and Sammy — all heavily armed — went outside to investigate. It is still in dispute who fired first, but in the ensuing shootout Sammy and his yellow Lab, Striker, were killed.



With two regular shotguns on the table in front of him, Bureau of Alcohol, Tobacco and Firearms Director John Magaw holds a sawed-off shotgun while testifying on Capitol Hill Friday.

## Hearings don't help Idaho image

BOISE (AP) — Senate hearings on Ruby Ridge and racist statements by new Idaho resident Mark Fuhrman have state officials scrambling to turn around the state's growing image as a backwoods haven for bigots.

"It's totally unfair," Gov. Phil Batt said Friday. "I'm certainly not proud of the fact that there are Nazis in Idaho. I wish they would leave."

The Senate hearings on the 1992 tragedy at white separatist Randy Weaver's northern Idaho cabin are not about Idaho or Idaho law enforcement, but the portrait of the state painted in the first three days of hearings was not a pretty one.

Among other things, an informant for the Bureau of Alcohol, Tobacco and Firearms described cross-burnings he attended at the Aryan Nations compound near Hayden Lake.

During a break in the proceedings, Sen. Herb Kohl, D-Wis., seemed stunned by the number of guns and 20,000 rounds of ammunition that the Weaver family had stockpiled in their Ruby Ridge cabin. Then he added, "That's not unusual for you folks up there in Montana."

There's one hope Commerce Director James Hawkins can cling to: With any luck, others will mistake Idaho for Montana, too.

## Reno gang violence spreads to suburbia

RENO, Nev. (AP) — As they hunkered in on the neon of downtown casinos, few tourists see the Reno neighborhood where a deadly gang rivalry simmers. Locals who can't avoid the area drive past quickly.

But since the violence recently spilled into an affluent neighborhood, where a 12-year-old girl was killed in a crossfire, residents and city officials are focused on the decaying area and the violence that's become common there.

The trouble had been confined to a racially mixed area of three miles south of the casino cluster where apartment complexes crowded together in single-family homes.

In August alone, police received 136 reports of shots being fired, primarily in the gang holted along Neil Road, according to acting Reno Police Chief Jim Weston.

The friction involves two gangs, which Weston refuses to name. It began in April after a period of relative peace following members' gravitation to Reno from Los Angeles.

"They are like two countries at war. They are well-armed and have a high level of violence," Weston said. Roberto Nerey, a former gang member now a peer counselor and coordinator at the Fourth Street Youth Center, said he feels helpless trying to defuse the tensions.

"The situation is so deep, the problem is too big. The kids in these two gangs have made up their minds on what they are going to do," he told the Reno Gazette-Journal.

The killings began in the early hours of Aug. 12 when Octavio Aguilar, 17, was shot as he left a party after being challenged about his gang affiliation. He did not belong to one. Two youths have been jailed in that killing.

The following day, Jessica Arenas, 12, was hit in the head as gunfire broke out between two gangs as she arrived for a soccer game at a park in an upscale neighborhood along Skyline Boulevard.

Police said at least five shots were fired.

That evening, Ivan Romero, 17, described as Arenas' boyfriend, killed himself with a shotgun.

Arenas died two days later. A 15-year-old boy was charged with murder as an adult.

Two weeks after the deaths, Weston said he did not want the chief's job he assumed 10 months ago. He said frustration over budget cuts and reduced staffing prompted the decision, but the gang violence reinforced it.

He almost immediately agreed to reconsider, but presented the City Council with a list of conditions for it to review that would put more cops on the street to cope with gangs and would reduce or eliminate many low-priority responses.

"I need bodies with badges and guns out there," he said at a special Council meeting Aug. 31 to consider his decision.

Weston wants to add 10 officers to the 14 currently working on the gang-fighting unit and wants to reassign six other officers to the unit to put 30 officers on the streets by next summer.

To offset the reductions, Weston said police should no longer respond to business and residential burglar alarms, non-injury accidents or property crimes where the perpetrator has left the scene.

The department now has 305 officers, 10 fewer than in 1991, while gang crime has increased 45 percent.

The council was to consider the proposals on Tuesday.

Deputy Police Chief Jim Johns said the problems started with glares — "hard looks" in street vernacular.

"It seems that we have gone from hard looks to words directly to shootings," he said. "There's no in-between ground. No alternative. It's a pride thing. A domination thing."

**'It seems that we have gone from hard looks to words directly to shootings. There's no in-between ground.'**

— Deputy Police Chief Jim Johns

## Under-age drinking, intoxication may be growing problem in state

BOISE (AP) — On the first day of school last week, a Boise sixth-grader showed up drunk.

The 11-year-old girl had been drinking the night before, and her intoxication lingered into morning. "You just never want to think (alcohol use) is at that age group," said Boise Police Detective Angie Munson, who talked to the girl after a teacher noticed her condition.

The incident puts a face to a growing Idaho problem. The average Idaho juvenile takes his or her first sip of alcohol by age 10 or 11, according to a 1991 state Education Department survey. That's one to two years earlier than the national average of 12.

Munson, who works as a resource officer at five Boise elementary schools, has seen other children drunk at school or imbibing on school grounds. Last year, she cited several Boise fourth-graders for drinking wine coolers in the school music room.

The tender age of first use is one issue addressed in a local television special, "Too Young to Drink," which airs Saturday, Sept. 16.

## Blackfoot outlaws bridge jumping

BLACKFOOT (AP) — The Blackfoot City Council has outlawed diving or jumping from bridges within city limits. The new ordinance makes jumping from any bridge a misdemeanor which carries a \$300 penalty and/or six months in jail.

Blackfoot Police Chief James Jackson advocated the bridge-diving ban in June, when the Snake River was raging under the Old West bridge.

Eight youths urged the council to put up notices about the dangers of diving instead of prohibiting it. They said it is dangerous to dive from the bridges, but that it is their right.

Mayor Scott Reese said this issue was liability. "We're not trying to limit anyone's fun. We need to minimize the risks."

The program was produced with a \$5,000 contribution from the state Youth Education Advisory Committee, which oversees anti-drug advertising.

Admonitions about drinking have not gotten through to many

**'Alcohol is very socially accepted in Idaho.'**

— Patricia Getty, state coordinator of the Safe and Drug Free Schools program

Idaho youths, the Education Department survey says. About 40 percent of 12th-grade boys and 16 percent of girls reported having at least one alcoholic drink within 100 days before the survey.

Among the 5,435 Idaho students surveyed, all in junior high and high school, only 30 percent had not tried alcohol.

"Alcohol is very socially accepted in Idaho," said Patricia Getty, the state coordinator of the Safe and Drug Free Schools program. "There's the macho image of beer drinking, part of that Western mys-

tique of the he-man."

Younger children get their beer and liquor from older siblings, or by raiding their parents' liquor cabinets and refrigerators.

They reach addiction by the time they reach their teens, not to mention trouble with the law.

Police can cite anyone under 21 if they catch them carrying, buying or consuming alcohol, or even trying it. Being intoxicated is not a violation.

Juvenile arrests on alcohol violations totaled 1,603 in Idaho during 1994. Juvenile arrests for drunk driving, in particular, have climbed from 105 in 1992 to 166 last year.

To discourage drinking, Boise and Meridian schools present programs for all grades through school resource officers and health classes.

The state Education Department even uses hand puppets to teach preschoolers about healthy choices, Getty said.

But educators say even elementary school may be too late for some children unless the right lessons are taught at home.



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What you don't <sup>do</sup> know may be hazardous to their health.



Drawing by Kacy, age 6

By age 5 - 5 DPT  
4 Polio  
1 MMR  
4 Hib  
3 Hepatitis  
At age 12 - MMR Booster  
At age 16 - Tetanus (Tuberculosis if exposed)

**IMMUNIZE YOUR CHILDREN.**

Ask your doctor or your Local Idaho District Health Department.

(DPT - Diphtheria, Pertussis, Tetanus) (MMR - Measles, Mumps, Rubella) (Hib - Flu)



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BOISE  
LEWISTON

COEUR D'ALENE  
POCATELLO

IDAHO FALLS  
TWIN FALLS



# Sports

## Morning line

### Sportsquote

66

**I basically stunk. I embarrassed myself, my team and my dog.**

99

**Pittsburgh Pirate pitcher Steve Parris after failing to get out of the first inning against the Florida Marlins**

### Briefly

#### Huskers throw star back Phillips off team

LINCOLN, Neb. — Lawrence Phillips, the star Nebraska running back who scored four touchdowns Saturday, was arrested Sunday for allegedly assaulting his ex-girlfriend and was thrown off the football team.

"We will do everything we can to help him get his life back together, but he is dismissed from the football team effective immediately," coach Tom Osborne said.

Phillips allegedly attacked the woman early Sunday at a Lincoln apartment. The incident was reported at about 4:45 a.m., Lt. Kent Woodhead said.

The player turned himself in to police at about 8:15 p.m. and was released about 45 minutes later on 10 percent of a \$1,000 bond, or \$100. Phillips was arrested on suspicion of misdemeanor third-degree assault.

In Nebraska's first two games this year, Phillips rushed for 359 yards and seven touchdowns.

The junior tailback ran for 206 yards and four touchdowns in Saturday's 50-10 win over Michigan State and piled up 153 yards and three touchdowns in No. 2 Nebraska's 64-21 rout of Oklahoma State in the Huskers' opener.

#### Houston Classic benefit golf tournament set Saturday

GOODING — The Fifth Annual Paul Houston Classic benefit golf tournament is scheduled Saturday at the Gooding Country Club.

Entry deadline is Thursday, with the tournament starting at 9:30 a.m. Saturday. Fees and handicaps should be sent to Troy Vitek, Box 533, Gooding, ID 83330.

The tournament began as a send-off for Dr. Paul Houston when he retired from practicing radiology at the Gooding County Memorial Hospital.

The hospital's foundation decided to sponsor the event each year with proceeds going to the GCMH Radiology Department.

The Classic will be played as a four-person scramble. Players can make up their own teams or the pro will team up golfers.

The entry fee is \$30, with \$5 of that going toward prizes.

Several other prizes also will be provided through donations by local merchants.

For more information, call Vitek at 934-9977.

#### Raft River defeats Jerome junior varsity in football

MALTA — The Raft River Trojans routed Jerome's junior varsity football team, 49-13, in a rare Saturday evening high school football game.

The win takes Raft River to 1-1 on the season.

The Class A-4 Trojans will host Highland High School's junior varsity team Saturday at 2 p.m.

Compiled from staff and wire reports

### Sportslate

#### Today

High school volleyball  
Carnegie Community Center at Shoshone, 5 p.m.  
Huskers at Wendell, 7 p.m.

High school soccer  
TFCA at Wood River, 5:30 p.m.

**SPORTS LINE**  
PRO • COLLEGE • HIGH SCHOOL SCORES



**734-6326**

For the latest scores call  
and follow the simple instructions.  
The Times-News



Pete Sampras and Andre Agassi shake hands at the net after Sampras beat Agassi in the finals of the U.S. Open Sunday, 6-4, 6-3, 4-6, 7-5.

## Sampras survives Agassi

The Associated Press

NEW YORK — Knuckles bleeding, aces knifing through the whipping wind, Pete Sampras outlasted Andre Agassi to capture a third U.S. Open title Sunday and gain the No. 1 ranking in the esteem of his greatest rival, if not the rankings themselves.

Sampras spilled blood diving for a volley, rocked Agassi with 24 aces, and when they engaged in the most crucial baseline rallies beat the defending champion at his own game to win 6-4, 6-3, 4-6, 7-5, two months after taking his third straight Wimbledon.

Right down to the end, when Sam-

pras served his 142nd ace of the tournament at 120 mph, he put on brilliant show of his power, control and resilience under pressure that he dedicated to his absent and ailing coach, Tim Gullikson.

"That's for you, Timmy," Sampras said to the television camera, knowing Gullikson was watching at home in suburban Chicago. "Wish you were here."

One point, a magnificent rally of 22 shots that sent them both scurrying from side to side, made all the difference in the first set and, ultimately, the match.

A backhand crosscourt by Sampras ended that rally, broke Agassi and closed a set in which Agassi had yielded

only two points in his first four service games.

"That's one of the best points I've ever seen in my life," Paul Annacone, Sampras' interim coach, said. "I wanted it in awe, as many of the people here."

It was a game that showed both the best of Sampras and the worst of Agassi, with a little luck thrown in. Sampras reached his first break point win for a return that clipped the net cord and trickled over out of Agassi's reach. Agassi's service winner brought it back to deuce, but he went to break-point again when he clubbed an easy overhead 10 foot long.

## Graf will hang up tennis racket for a while

The Associated Press

NEW YORK — In the joyous moments after she had won her fourth U.S. Open championship, Steffi Graf tossed her racket to the crowd at the National Tennis Center. She won't be needing them for a while.

Graf is taking some much needed time off to deal with

physical and emotional problems that have dogged her for the past month and made her triumph over Monica Seles all the more meaningful.

"This is the biggest win that I have ever achieved," said Graf, now owner of 18 Grand Slam titles. "There is nothing that even comes close to this one."

Among the issues Graf had to

deal with was the excitement over the comeback of Seles after 28 months away from tennis. Seles, who was stabbed by a crazed Graf fan at Hamburg April 30, 1993, was granted a co-No. 1 ranking and looked terrific winning the warmup Canadian Open and cruising through the first six rounds of the Open.



Graf

## Eagles fly past Cards

### Philadelphia benches Cunningham; Peete passes for victory

The Associated Press

TEMPE, Ariz. — Rodney Peete took over for a benched Randall Cunningham, directing Philadelphia's West Coast offense with precision, and Ricky Waters rebounded from last week's disaster as the Eagles defeated the Arizona Cardinals 31-19 Sunday night.

Peete, who replaced Cunningham in the second quarter, threw a 19-yard touchdown pass to Fred Barnett early in the fourth quarter, putting the Eagles ahead 24-6.

Peete hit 8 of 13 passes for 145 yards and no interceptions — not a spectacular performance, but the kind of disciplined work suited to the new offense installed by coordinator Jon Gruden.

Waters, who fumbled twice and rushed for 37 yards in 17 carries in Philadelphia's opener, ran for 94 yards in 22 attempts.

But he didn't put much distance between himself and backup Charlie Garner, who gained 71 yards on 10 tries, scored on a 1-yard run and set up Peete's scoring toss with a 19-yard burst up the middle.

The Cardinals, demoralized by first-quarter injuries to linebacker Eric Hill and defensive tackle Eric Swann and using their own backup quarterback in Mike Buck, scored twice in the fourth quarter — on a 1-yard run by Garrison Hearst and Buck's 5-yard pass to Rob Moore.

But they couldn't avert their second straight 0-2 start under Buddy Ryan, who coached the Eagles for five years and drafted Barnett.

Philadelphia (1-1) answered Hearst's TD with a 1-yard carry by Fred McNary, who made it 31-13.

Greg Davis of the Cardinals kicked field goals of 21 and 29 yards, while Philadelphia's Gary Anderson had a 43-yarder.

William Thomas opened the scoring and sent Arizona starter Dave Krieg to the bench with the second interception off the 36-year-old quarterback, who threw three in an opening loss to Washington.

Thomas, an outside linebacker, made an acrobatic leap for the ball Krieg was trying to drop behind him, pulled the ball in and returned it 37 yards with



Philadelphia Eagle running back Ricky Waters is brought down from behind by Arizona Cardinals Lorenz Lynch in the second quarter of their game in Tempe, Ariz., on Sunday.

6:49 left in the second quarter.

Buck's first appearance in an Arizona uniform seemed to fire up the Cardinals, who had lost Hill and Swann on consecu-

tive plays near the end of the first quarter.

But although Buck moved the Cardinals, they couldn't get into the end zone and settled for Davis' first field goal.

## Magic Valley Speedway crowns season champions

By Lynn Baird  
Times-News correspondent

TWIN FALLS — Blackfoot's Travis Metz could only muster a ninth-place finish Saturday night at Magic Valley Speedway, but it was enough to secure the season point championship in the track's feature division.

Metz beat out track veteran Eddy McKeen of Jerome by 31 points for the 1995 Grand American Modified class points title.

Doug Dugger, Shawn Nice, Ray Coats and Edie Bales all sewed up season points championships in their respective divisions.

Metz set the quick time of the night during time trials with a 15.43-second lap, yet finished behind eight other cars in the 40-lap main event.

That race went to the driver who has dominated the racing over the last four weeks. Bruce Quale, who had qualified second behind Metz, went from his No. 13 starting position to take over third place by the ninth lap.

He was then tapped in the rear quarter and spun, dropping to 15th place. But by lap 23, Quale had again passed all the cars in front of

him and run down McKeen's big lead. Quale then made an outside pass and drove on to the checkered flag for his fourth win of the season.

Metz and McKeen — who stood 26th in NASCAR's Pacific Coast Region before Saturday's action — each won three main events this summer.

Harold Wartull, Steve Jones and Jim Colson rounded out the top five in the main event. Quale won the A heat, followed by Ralph Kincheloe and Dan Pehrson. The order in the B heat was Colson, John Newhouse and Jones.

The street stock championship race was pretty much over before the night began, with Doug Dugger needing only to start the heat and main event to be crowned champion. He finished his championship season off in grand style when he came from the last starting position to win the 20-lap main event.

James Chappell finished second, ahead of Dan Hammerbeck, Larry Riggs and Karl Eames. Chappell won the heat race. He was followed by Hammerbeck and Dale Miles.

Dugger ended the season 45 points in front of Dennis Weeks.

The closest points race heading into the evening was for the pony stock championship, with three drivers starting the evening with just five points separating them.

The lead changed hands several times during the 25-lap main event, and the winner was in doubt up until the last lap as the three title contenders raced nose-to-tail in spots 4, 5 and 6.

When it was over, Shawn Nice moved from third place in the points standings to pick up his fifth main event victory of the season, more than anyone else in the division.

David Baker, Todd Coats, Burke Davidson and Nice made up the balance of the top five. The A heat went to Ryan Stapleman, followed by Travis and Nice. The checkerboard flag in the B heat went to Davidson, followed by Larry Morris and Bill Miles.

The thunder stock championship already

belonged to Ray Coats when the evening started. It had been some time since Coats had visited the winner's circle, but he capped his championship season by leading the 11-car field to the checkered flag in the main event. David Hansen was second, followed by Clay Pond, Tim Morris and Bob Capps. The heat race went to Hansen followed by Coats and Morris.

The fox stocks also decided a champion, as Sher Coats won the race and Edie Bales won the season points title. Following Coats in the main event were Tara Casperson, Bales, Allison Hammerbeck and Lorilyn Johnston. Coats finished just six points behind Bales in the season standings.

Shawn Nice of Twin Falls has clinched his second Intermountain Super Stock title in a row with only one race remaining. The super stocks visited Magic Valley twice this season, and Fairbanks remains the only driver ever to turn a lap at the speedway in under 16 seconds.

Race fans interested in attending the champions banquet slated for Nov. 18 should call the speedway at 734-3700 for tickets.



# Scores and stats

## Football

### NFL standings

Team	W	L	T	Pct	Points
AFC East					
New England	10	6	0	.625	210
Buffalo	9	7	0	.562	190
Pittsburgh	8	8	0	.500	170
Baltimore	7	9	0	.437	150
AFC Central					
Cincinnati	10	6	0	.625	210
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Minnesota	8	8	0	.500	170
Atlanta	7	9	0	.437	150
NFC South					
Atlanta	10	6	0	.625	210
Jacksonville	9	7	0	.562	190
Indianapolis	8	8	0	.500	170
Pittsburgh	7	9	0	.437	150
NFC West					
San Francisco	10	6	0	.625	210
Seattle	9	7	0	.562	190
San Diego	8	8	0	.500	170
Los Angeles	7	9	0	.437	150

### AMERICAN FOOTBALL

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New England	10	6	0	.625	210
Buffalo	9	7	0	.562	190
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Baltimore	7	9	0	.437	150
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### NFL summaries

**Denver Broncos 27, New York Jets 10** — The Denver Broncos defeated the New York Jets 27-10 in a game that was a defensive struggle for much of the first half. The Jets' defense held the Broncos to a field goal in the first half, but Denver's offense broke through in the second half. Quarterback John Elway threw for 200 yards and two touchdowns, while running back Terrell Davis rushed for 100 yards and a touchdown. The Jets' offense was stifled by the Broncos' defense, which forced three turnovers. The game was played in a blizzard in Denver.

### NFL summaries

**San Francisco 49ers 27, Seattle Seahawks 10** — The San Francisco 49ers defeated the Seattle Seahawks 27-10. The 49ers' offense was led by quarterback Steve Young, who threw for 200 yards and two touchdowns. Running back Eric Decker rushed for 100 yards and a touchdown. The Seahawks' defense was unable to contain the 49ers' offense, which dominated the game from the start. The game was played in a rainstorm in Seattle.

### Baseball

#### AL standings

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### Baseball

#### AL standings

## Canadian Open scores

DAVE LEE, Ontario (AP) — Scores and prize money by Sunday after the final round of the \$1,300,000 Canadian Open.

1. Dave Lee, Ontario, 112, 112, 112, 112, 72,

# Broncos dominate USU in 38-4 Big Sky victory

The Associated Press

No one was more surprised that Rocky Allen by his second capturing a rare Division I-A victory over a I-A foe and giving a future conference opponent a bitter preview of things to come.

Coached by former Idaho coach John L. Smith, whose Big Sky title hopes were crushed last year by a loss to BSU, the Utah State Aggies figured to give BSU all it could handle Saturday night in Logan.

Instead, it was the Broncos — who next year join USU's Big West Conference, along with Idaho, who dominated Romney Stadium, winning a 38-4 triumph.

BSU quarterback Tony Hilde owned the USU secondary, passing for three touchdowns and 220 yards in his 1995 opener. The Broncos also racked up 216 yards rushing, with Tommy Edwards getting 102 of them on 20 carries.

Hilde initiated the slaughter with a 77-yard TD pass to Ryan Rhee at the first quarter's 9:36 mark. Then BSU's Alldred Horace returned a kickoff 94 yards for a 14-6 touchdown, and the Broncos rolled on from there.

"That first half, I don't know how to describe it," Broncos coach Rocky Allen said. "It was a shaky first half, but luckily we made two monstrous plays."

BSU led 17-6 at halftime, and 31-6 after Richmond's reception. Hilde's 1-yard run in the third quarter sealed the rout, while the Broncos secondary picked off three USU passes.

For Smith, 0-2 at his new campus,



"It's really getting frustrating. 'We moved it up and down and didn't get in the zone like we should,' he lamented. 'Defensively they just ran over us. I don't know what to say except we couldn't get out of their way.'"

In another Big Sky foray into I-A ranks, Montana's David Dickinson got well-acquainted with Washington State's pass rush: he was sacked six times and hit many more as the Pacific-10's Cougars climbed a 38-21 decision in Pullman.

Still, Dickinson did the Grizzlies (1-1) proud, throwing for 322 yards and three touchdowns. He had one interception. Joe Douglas had eight receptions for 92 yards, including a 15-yarder for Montana's final score.

The Grizzlies' defense surrendered 504 yards to WSU — 300 in the air — but coach Don Read argued those statistics were misleading. "I don't know what the numbers say, but our defense wasn't bad," he insisted. "It would have looked a lot different had we been a little more effective offensively."

While Dickinson was effective, Montana's rushing game was commensurate at 14 carries for minus 6 yards.

Idaho State, meantime, held off Cal Poly-San Luis Obispo (1-1) on the road to win its opener 28-22, with Al Anderson's 42-yard TD run with 1:27 remaining proving the winner.

Anderson finished with 129 yards on 27 carries, while ISU quarterback Robb Wetts was 19-for-26, 220 yards and two touchdowns in the air.

Bengals coach Brian McNeely credited both Anderson, "a very big-play individual," and his defense.

"(Our defense) was relentless at on tackles," he said. "We had good mental toughness and we made big plays when we had to."

Montana State evened its win-loss ledger at 1-1 with a 34-14 win over the NAIA's Central Washington. But the lower-division team gave the Bobcats a game for the first half, trailing just 20-14 at the break.

In the end, though, the MSU ground attack proved too much. Led by Matt Englekling's 169 yards — including a first-quarter touchdown burst of 4 yards — the Bobcats rushed for 315 yards.

Englekling was reluctant to take credit, saying tailback backups Charles Ephraim and Terence Crump could do as well behind MSU's strong offensive line.

"Charles and Terence are really good players," he said. "Either one of them could step up and do just as good a job."

Still, Englekling allowed he had one



Boise State's Jimmy Clark picks off a pass intended for Utah State's Aaron Frazier as his teammate Brian Smith looks on in the first half Saturday in Logan, Utah.

"There was a rumor I was too small, too slow," said Amerson, a 5-foot-9, 175-pound junior.

Obviously not, NAU coach Steve Axman agreed.

"He's a very talented running back. We knew we had a guy to go to if we got in a bind," he said.

Weber State fell to 0-2 at Central Michigan, but stayed close in losing 39-31 to the I-A Mid-American Division's defending champions.

The Chippewas were led by Damon

Tolbert's 190-yard, three-touchdown rushing performance.

Quarterback Bryan Martin starred for Weber, passing for 175 yards and one touchdown, a 14-yarder to Pokoy Eckford. Eckford had eight receptions for 93 yards.

In the only other game involving a Big Sky school this season, Eastern Washington won its opener on the road, defeating Southwest Texas State 34-16 last Thursday.

Idaho (0-1) had a bye.

# Rams, Bengals remain unbeaten

So what if the NFL season is only 2 weeks old — the Cincinnati Bengals, and St. Louis Rams are undefeated.

The Bengals won only three times a year ago, while the Rams had all four victories in their final season in Anaheim, Calif.

Jeff Blake threw two touchdown passes and the Bengals' perennially weak defense had seven sacks, beating the Jacksonville Jaguars 24-17 on Sunday.

The Bengals, the NFL's worst team the past two seasons, survived a last-minute scare at home to improve to 2-0 for the first time since 1993.

"There's no champagne popping in here or nothing like that," linebacker Steve Tovar said. "Lord knows we avoid mistakes. We've got to correct those."

## Cowboys 31, Broncos 21

IRVING, Texas — So much for the Deion Sanders contract negotiations distracting the Dallas Cowboys. Seems there's nothing like a good circus atmosphere to bring out the best in Troy Aikman and Emmitt Smith.

Aikman accounted for three touchdowns and Smith rushed for over 100 yards and scored a touchdown Sunday as Dallas defeated the Denver Broncos 31-21 Sunday.

"The team is used to having a lot going on around the periphery," Aikman said. "It was pretty extreme this week, but we did a good job of handling it. I just don't want another week of questions about Deion's impact."

Aikman started slow and finished fast as he threw two touchdown passes and jumped like a spring-loaded diver for another. For Dallas (2-0), it was the 26th victory in the last 32 regular-season games. The contest was played at a Texas Stadium decked out with logos from Nike, the company whose sponsorship of the Cowboys angered the NFL.

John Elway threw touchdown passes of 11 and 59 yards to Anthony Miller as the Dallas secondary showed signs of needing Sanders as soon as possible.

## Chargers 14, Seahawks 10

SAN DIEGO — The San Diego Chargers waited until the fourth quarter to save themselves from an embarrassing loss to the Seattle Seahawks.

Stan Humphries threw a 15-yard touchdown pass to Ronnie Harmon with 13:41 left and Natrone Means returned from a jarring hit by Cortez Kennedy to complete a 115-yard game on 26 carries as the Chargers beat the Seahawks 14-10 on Sunday.

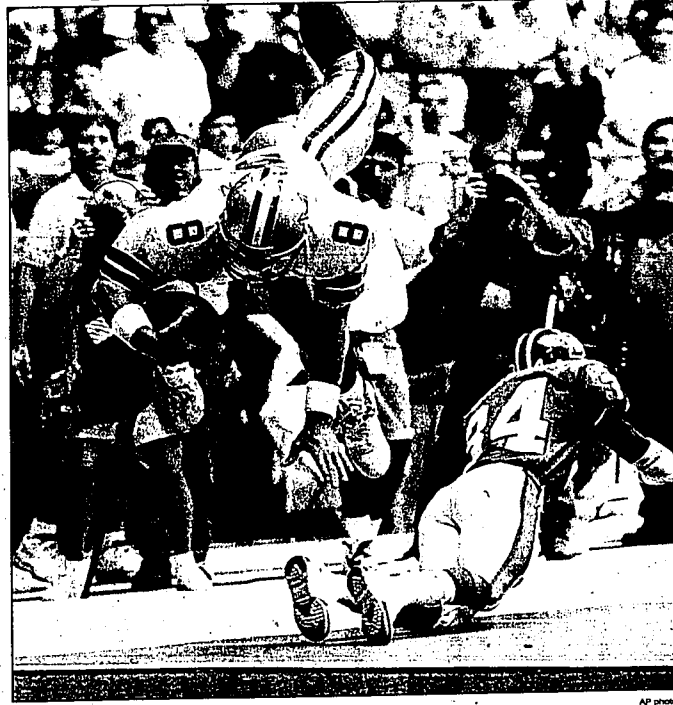
The crowd occasionally booed the Chargers (1-1), particularly when Humphries overthrew Harmon on a third-down pass to end San Diego's first drive of the second half.

There was no mixup the next time Humphries threw Harmon's way. The quarterback double-pumped, Harmon got behind cornerback Corey Harris and gathered in the 15-yard pass just as he crossed the end line.

Humphries was 5 of 5 for 52 yards on the winning drive, which included a holding penalty against cornerback Carlton Gray against Shawn Jefferson two plays before the TD. It was the first touchdown in seven regular-season games for Harmon, who had a team best 56 catches last year. The Seahawks were 1-0, but didn't get the play off in time and had to settle for a 23-yard field goal by Todd Peterson.

## Dolphins 20, Patriots 3

At Foxboro, Mass., Irving Fryar



Denver Bronco Tyrone Braxton flips Dallas quarterback Troy Aikman as he flies into the end zone for a touchdown in the second quarter Sunday.

## Pro football

Marino, the other from Terry Kirby — and Miami forced three turnovers in beating New England for the 12th time in 13 games. Foyar caught a 67-yard pass from Marino for a 10-0 lead with 2:40 left in the first quarter. Marino was 14 of 20 for 193 yards and one interception, while Bledsoe was 25 of 51 for 26 yards and two interceptions.

## Raiders 20, Redskins 8

At Washington, Jeff Hostetler (22 of 29 for 205 yards and 2 TDs) led conservative Oakland to its second straight win. Hostetler had second-half scoring passes of 1 yard to Andrew Glover, Fretter, starting for the injured Heath Shuler, was 20 of 34 for 272 yards and one interception.

## Steelers 34, Oilers 17

At Houston, Andre Hastings returned the game's first punt 72 yards for a TD, and Camell Lake added a 22-yard interception return for a score as Pittsburgh moved to 2-0. Mike Tomczak was 13 of 24 for 123 yards and a TD. Chris Chandler was 15 of 30 for 176 yards for the Oilers.

## 49ers 41, Falcons 10

At San Francisco, Jerry Rice caught two TD passes and had 11 receptions for 167 yards and Tim McDonald returned an in-

terception 13 yards for another score. The 49ers lost free agent Deion Sanders to Dallas on Saturday, but McDonald, with two TDs on interceptions, appears ready to make up for his absence. Steve Young was 27 of 40 for 331 yards and three TDs. Rice, with 50 games in which he has 100 or more receiving yards, tied Don Maynard's NFL record.

## Colts 27, Jets 24, OT

At East Rutherford, N.J., the Jets blew a 21-point lead and Mike Cofer kicked a 52-yard field goal 4:27 into OT to lift Indianapolis. Backup Jim Harbaugh replaced Craig Erickson and rallied the Colts by hitting 11 of 16 for 123 yards, including a 24-yard hookup with Sean Dawkins in down in OT.

## Vikings 20, Lions 10

At Minneapolis, Faud Revez kicked two short field goals to set an NFL record with 30 in a row and Minnesota smothered Barry Sanders (13 carries, 25 yards). Robert Smith led the Vikings with 111 yards and a TD on 20 carries, while Warren Moon hooked up with Qadry Ismail on an 85-yard scoring play with 4:40 left.

## Bills 31, Panthers 9

At Orchard Park, N.Y., Jim Kelly completed just four passes, but still led Buffalo over Carolina and four former teammates, including Frank Reich. Kelly was 4 of 21 for 176 yards and three interceptions, but his Russell Copeland with a 77-yard scoring pass to start a four-TD third quarter af-

ter Carolina has a 9-0 lead. Reich was 6 of 21 for 44 yards and one interception. The last time teams combined for just 10 completions was in 1982, when Buffalo beat Baltimore 20-0.

## Chiefs 20, Giants 17, OT

At Kansas City, Mo., Steve Bono rallied Kansas City with a 14-point fourth quarter and Lin Elliott kicked a 23-yard field goal with 7:11 gone in OT. After the Giants took a 17-13 lead on an 87-yard fumble return by Keith Hamilton and a subsequent endzone recovery for a score, by Tito Wooten, Marcus Allen scored from a yard out and Bono hit Dana Hughes with a 3-yard score with 1:25 left.

## Browns 22, Buccaneers 6

At Cleveland, Vinny Testaverde, facing his former team for the first time in the regular season, threw for 256 yards and two TDs for the Browns, who led 19-0 at halftime. The Browns had seven sacks, while the Bucs' Trent Dilfer was 20 of 36 for 255 yards and two interceptions.

## Rams 17, Saints 13

At St. Louis, Chris Miller threw a 33-yard TD pass to Isaac Bruce and Todd Lyght returned an interception 29 yards for a score and the defense had five sacks as the Rams beat New Orleans 17-13 in their new home debut.

"Everything was poetic," said Rams owner Georgia Frontiere after the Rams won their second straight for the first time since 1991. "Even better."

# Bears take spotty history into Monday night game

Chicago Tribune

CHICAGO — Mind games are as significant as real games in the National Football League.

While a season consists of 50 to 60 hours on the field, where instincts often take over, the mind is left to ponder and prepare during endless weeks of waiting. Sixteen games is no match for the power of ideas.

For months now, Bears have been left to stew in the juices of last year's meltdowns against Green Bay. The physical scars are gone and yet the mental bruising remains tender and sensitive. The Bears are sore and Monday night brings a long-awaited chance to delete some nightmares from the memory bank.

They scored only one touchdown in last year's two losses to the Packers, absorbing blows that totaled 73-9 after eight quarters. Even worse, one of the humiliations occurred before a national TV audience on Monday Night Football, dirty laundry aired for all to snicker at. But then, the Bears and Monday go together like Pat Buchanan

and Ted Kennedy. Turn on the Monday night lights and this team has acted like a group of eighth-graders performing "Hamlet" at the Shubert.

They have lost their last seven games on Monday, and last season's double drubbings of 33-6 to the Packers and 30-22 to Philadelphia are indicative of how the Bears lose on Mondays. Not quietly or in valiant bids, but loudly and decisively.

The combined scores of those last seven Monday night games have the Bears losing 223-85. They have scored more than 14 points once and allowed 30 or more points four times.

Their last Monday victory was Nov. 11, 1991, a 34-17 decision against Minnesota.

Coach Dave Wannstedt could have used a hypodermic on his staff last week. For what the Bears stand to win or lose Monday is a sense of self-worth. If they can get the Packers and Monday night off their backs in one toss, they will be 2-0 in the Chicago Division and light-headed enough to fly to Tampa Bay later this week under their own power.



# Ankle surgery will delay Deion's Cowboys arrival

## NFL notes

IRVING — Cowboys owner Jerry Jones has paid a healthy signing bonus — \$12,999,999 — for an unhealthy comeback. Deion Sanders confirmed Sunday he will have arthroscopic surgery on his left ankle before playing this season with the Cowboys.

In his first interview since, signing a \$25 million contract Saturday that includes his NFL-record signing bonus, Sanders told the Fox Network he might not perform for the Cowboys until November.

"It's going to need arthroscopic surgery," he said. "I've seen guys 'scope and play the next week — not that I want to rush myself because we are playing on turf."

But Sanders predicted his rehabilitation from the procedure would be completed in three or four weeks after the operation. Sanders receives a \$1 million bonus if he remains with the Giants through Oct. 1. With the Giants in contention for a playoff berth and the surgery to follow, Sanders might not play for the Cowboys until November.

Cowboys owner Jerry Jones sent three members of the team's medical staff to examine Sanders before the contract was signed.

## Seahawks-Chargers notes

The Chargers have won five straight home games against Seattle and four straight away.

Tony Martin's 13 receptions broke his previous career-best of nine, set in 1981. He lost to San Francisco on Dec. 11. His 163 yards was second-highest in his career, making him the 25th player in league history with that many.

Denver defensive end Simon Fletcher played in his 158th consecutive game of the season, making him more games to break Billy Thompson's Broncos record.

straight game, including the postseason, that San Diego did not allow a back to rush for 100 yards.

Rick Mirer was sacked once for no gain by Reuben Davis. In four previous games, San Diego sacked him 15 times.

Cortez Kennedy had Seattle's first sack of the season.

Junior Seau has only eight tackles after two games. Last year he had 155, an average of nearly 10 per game.

San Diego's John Carney lost his NFL record for 29 consecutive field goals when Minnesota's Faud Revez kicked two on Sunday to extend his streak to 30 straight.

## Broncos-Cowboys notes

IRVING, Texas — The Dallas Cowboys didn't score on their first drive as they did in the opener and nearly every week last season. But they kept up another streak that may be more impressive: Dallas scored all four times it reached inside the 20, making them 8-for-8 this season inside the so-called "red zone."

John Elway's second-quarter touchdown pass to Anthony Miller was the 200th of his career. He's the 19th quarterback in league history to reach the milestone.

Emmitt Smith missed two plays after a hard hit to the head, then returned to score a 1-yard touchdown in the fourth quarter. That score was the 80th of his career, making him the 25th player in league history with that many.

Denver defensive end Simon Fletcher played in his 158th consecutive game of the season, making him more games to break Billy Thompson's Broncos record.

# Bunt edges Rockies over Reds

DENVER (AP) — Larry Walker bunted for a base hit, scoring Eric Young with the go-ahead run in the seventh inning, as the Colorado Rockies beat the Cincinnati Reds 5-4 on Sunday.

The Rockies, posting their fourth straight victory and sweeping the three-game series, remained less than one percentage point ahead of the Los Angeles Dodgers in the NL West race. Colorado is .5323 while Los Angeles, which beat Pittsburgh 5-4, is .5317. The Dodgers have played two additional games.

Steve Reed (3-2) pitched 1-1/3 innings. Cincinnati loaded the bases with one out in the ninth, but Curtis Leskanie held on for his seventh save, fanning Benito Santiago and retiring Mariano Duncan on a fly to medium right.

Hector Carrasco (2-7) was the loser.

## Dodgers 5, Pirates 4

PITTSBURGH — Former replacement player Mike Busch hit a game-tying pinch-homer in the seventh, and pinch-hitter Chris Gwynn hit an RBI single on an inning later.

The Dodgers rallied from a three-run deficit to complete a three-game sweep and finish 9-4 against Pittsburgh, which was swept for the 10th time.

Eric Karmos hit his second straight double to start the eighth, and Gwynn, a 400 career hitter against the Pirates, broke the tie with his single off Mike Dyer (4-3).

Jeff Juden (2-4) lost his third consecutive start, allowing nine hits in 5-1/3 innings.

## Astros 5, Phillies 4

PHILADELPHIA — Craig Biggio scored twice and broke a 4-4 tie with a sixth-inning sacrifice fly, his career-high 65th RBI.

Deay Drabek (9-8) shut out the Phillies after allowing four runs on four hits in the first inning. Drabek wound up giving up



San Francisco Giants' Delon Sanders is safe at first on a pickoff attempt as Chicago Cubs first baseman Mark Grace covers during the third inning Sunday.

## National League

seven hits in seven innings. Mike Henneman pitched the ninth for his fourth save.

Jeff Juden (2-4) lost his third consecutive start, allowing nine hits in 5-1/3 innings.

## Giants 8, Cubs 7

CHICAGO — Delon Sanders, showing that he's a pretty good baseball player, too, tied his career high with four hits as San Francisco completed a three-game sweep.

William VanLandingham (6-3) allowed four hits and one earned run in five innings before leaving with a strained

groin muscle. The Giants have won nine of 12 to keep alive their slim postseason hopes.

Rod Beck pitched the ninth and gave up Scott Butler's two-run homer but held on for his 29th save.

Steve Trachsel (6-11) gave up five runs and seven hits in five innings.

## Mets 6, Expos 2

MONTREAL — Carl Everett and Jeff Kent hit consecutive home runs in a five-run third as New York beat Montreal for the third consecutive day.

Rookie Jason Irisinghausen (6-2) allowed eight hits, struck out six and walked none in winning his fourth straight decision dating back to Aug. 20.

Kelly Stinnett hit a one-out double in the third off Carlos Perez (10-6) and

scored an out later on Damon Buford's single. Jose Vizcaino singled and Everett hit a three-run shot, his 11th of the year. Kent followed with his 17th home run.

## Marlins 5, Braves 4

MIAMI — The Florida Marlins scored an unearned run to tie the game in the ninth inning, and Alex Ariza hit a bases-loaded single with one out in the 11th for a 5-4 victory over the Atlanta Braves.

The Braves' magic number for clinching their fourth division title since 1991 remained at two. They hope to capture the NL East championship during a three-game series at Colorado beginning Monday.

Terry Mathews (4-3) pitched two perfect innings, striking out the side in the 10th. Pedro Borbon (1-2) was the loser.

# Rangers rob Brewers; Indians extend streak

## American League

MILWAUKEE (AP) — Kenny Rogers allowed six hits in 8 1-3 innings as the Texas Rangers beat the Milwaukee Brewers 5-2 Sunday to win consecutive games for the first time since Aug. 21.

Three Milwaukee errors led to two runs and sent the Brewers to their 11th loss in 13 games since pulling within one-half game of the AL wild-card lead on Aug. 27. They began the day 3/5 games behind Seattle.

The Rangers, who dropped 11 of 14 before this series, took two of three from the Brewers.

Rogers (13-7) walked two and struck out two before Jeff Russell got two outs for his 18th save.

Scott (5-5) gave up two earned runs in four innings.

## Indians 5, Orioles 3

CLEVELAND — Sandy Alomar hit a three-run homer in the eighth inning, extending Cleveland's league-high home winning streak to 14 games.

It was the Indians' 43rd comeback victory, the 26th in their last at-bat and their sixteenth in the series.

Albert Belle led off the eighth with a double off Scott Erickson. Reliever Jesse Ornelas walked Eddie Murray and struck out Jim Thome to bring on Armando Benitez (1-6).

Alomar then hit Benitez' second pitch for his eighth homer.

Julian Tavarez (10-2) pitched a hitless eighth, and Jose Mesa pitched the ninth for his 42nd save in 44 chances.

## Tigers 5, Blue Jays 2, 11 innings

TORONTO — Detroit scored three unearned runs in the 11th inning on a bunt single, two errors, three walks and a wild pitch.

Cecil Fielder led off with a chopper to third that Alex Gonzalez could not field. A walk and a bunt single loaded the bases before Phil Nevin hit a grounder off the body of Shortstop Tony Perez, scoring

pitch-runner Milt Cuyler. After Ron Tingley grounded into a fielder's choice, Mike Timlin (4-2) threw a wild pitch to score Nevin Higgins from third.

One out later, Chad Curtis was walked intentionally to load the bases before Chris Gomez walked to score Nevin with Detroit's final run.

John Doherty (5-8) went two innings, and Dwayne Henry earned his third save. Henry loaded the bases with two outs in the 11th before striking out Gonzalez.

## Twins 9, Angels 8, 10 innings

ANAHEIM, Calif. — Rich Becker scored on third baseman Spike Owen's throwing error with two outs in the top of the 10th inning of the game that lasted 4 hours and 25 minutes.

Becker was hit by Mark Holzemmer's pitch to start the 10th and went to second on Matt Walbeck's groundout. One out later, Matt Lawton grounded to third. Becker avoided Owen's tag and scored.

the go-ahead run when Owen's throw to first was in the dirt.

The Twins, who made up a 7-2 deficit tied at 8-8 in the ninth when pinch-hitter Dan Mastaler led off with a homer off reliever Lee Smith.

Dave Stevens (4-3) pitched three innings of one-hit ball, and Pat Mahomes got the final out for his second save.

Holzemmer (0-1) was the Angels' ninth pitcher.

## Mariners 5, Royals 4

SEATTLE — Joey Cop's RBI double in the eighth inning completed Seattle's three-game sweep of follow AL wild-card contenders.

The Mariners, alone in first place in the wild-card race, took a two-game lead over the Royals. Seattle is one game ahead of the New York Yankees, who played Boston on Sunday night.

Gregg Olson (3-2), the Royals' fourth pitcher, walked Dan Wilton to open the eighth and pinch-runner Vince Coleman stole second. After Alex Diaz sacrificed Coleman to third, Cop doubled off the end in right-center field over a pulled-in outfield.

Bobby Ayala (5-5), the fifth of six Seattle pitchers, worked the eighth. Steve Liddle walked Norm Chilton, who pitched the ninth for his eighth save.

## White Sox 5, Athletics 3

OAKLAND, Calif. — Chicago starter Alex Fernandez won his fifth straight decision and beat Oakland for the third time this season.

Fernandez (10-8), who is 5-0 in his last seven starts since Aug. 5, allowed two runs on six hits in seven innings. He struck out six and walked one in beating Oakland for the fifth straight time.

Mike LaValiere and Ozzie Guillen each drove in two runs as the White Sox won for the ninth time in their last 11 games.

Roberto Hernandez allowed Mike Bordick's RBI single in the ninth, but got Mike Gallego to line into a double play with runners on first and third to end the game and earn his 29th save.

Todd Stottlemyre (12-6) gave up five runs in seven innings.

## Yankees 9, Red Sox 3

NEW YORK — Darryl Strawberry, Bernie Williams and Ruben Sierra drove in two runs each Sunday night to lift the New York Yankees to a 9-3 victory over Boston, completing a three-game sweep of the Red Sox.

New York remained one-half game behind the Seattle Mariners in the race for the AL wild card playoff berth.

Eric Hanson, the first of five Red Sox pitchers, took his first loss since July 30, ending his personal five-game winning streak.

Strawberry hit his third homer for the Yankees, and second in three days, after Paul O'Neill's triple in the first inning to give the Yankees a 2-0 lead.

## Briefly in sports

### Villeneuve loses race; wins overall

MONTREY, Calif. — Jacques Villeneuve wrapped up the IndyCar PPG Cup championship Sunday with a problem-filled ride in the Bank of America 300, a race that saw rookie Gil de Ferran close the season with his first victory.

Villeneuve, 24, punctured two tires and had a problem with his front wing on the way to an undistinguished 11th-place finish on Laguna Seca Raceway's 1.1 turn, 2.24-mile road course. But, Al Unser Jr.'s bid to overtake Villeneuve in the standings fell far short as the defending series champion drove to sixth place.

### Boxer dies from title fight injuries

TOKYO — South Korean boxer Lee Tong-choon, injured four days earlier when he lost a Japan national title bout, has died at a Tokyo

hospital, his manager said Sunday.

The 32-year-old boxer died Saturday night of acute swelling of the brain accompanied by bleeding, said Hitoshi Watanabe of the Watanabe Boxing Gym.

Lee complained of feeling foggy and slipped into unconsciousness in his dressing room after his unsuccessful try for the Japan bantamweight title at Korakuen Hall last Tuesday. Initial surgery was successful, doctors at Jikei University School of Medicine Hospital said.

The Korean boxer then was put in an intensive care unit to heal swelling of his brain, doctors said, but his condition suddenly worsened.

### Track, field stars pick up titles

NEW YORK — Maria Mutola of Mozambique, the fastest women's 800-meter runner in the

world this year, and Moses Kiptanui of Kenya, the world record-holder in the 3,000-meter steeplechase, are the winners of the overall Mobil Grand Prix titles for 1995.

Mutola finished the women's competition with 78 points after winning the 800 at Saturday's Grand Prix Final at Monte Carlo, Monaco, in 1 minute, 55.72 seconds, the year's fastest time.

Mutola earned \$130,000 — \$100,000 as the women's overall champion and \$30,000 for winning her event. Kiptanui, the world champion, also received \$130,000 — \$100,000 for winning the men's title with 84 points and \$30,000 for finishing first in his event. He won the Grand Prix Final in 8:02.45, a time only he has bettered this season.

Compiled from wire reports

## O'Meara's luck helps in Canadian



Mark O'Meara  
He felt lucky Sunday

OAKVILLE, Ontario (AP) — Mat O'Meara just felt like it was going to be his day, even though his friend Bob Lohr was playing better golf.

O'Meara was right.

O'Meara was lucky when he had to be and Lohr was not. That was enough for O'Meara to win the Canadian Open when Lohr hit his second shot in the water to bogey the first playoff hole Sunday.

"I'm sick," said Lohr, whose only PGA Tour victory came in the 1988 Disney Classic. "To me, winning is everything, no matter what game it is. But, I didn't and I'll go on. Maybe I'll be in this position again. When I am, maybe I won't be up against somebody who is so tough in the clutch."

It was the second PGA Tour victory of the season for the unflappable O'Meara, who shot a bogey-free final-round 67 for 14-under-par 274 at Glen Abbey Golf Club in the suburbs of Toronto.

"I know Bob is probably thinking

he played better than I did, and he may have," O'Meara said. "But, that's golf. I just felt like it was going to be my day. You never know, because it's a war out there."

Lohr, 35, who took a three-stroke lead into Sunday's fourth round, had three bogeys in his final of 70, but birdied three of the final four holes to force the playoff.

The playoff began on No. 18, a 508-yard, par-5. Lohr, using a fairway wood, hit his second shot into the pond that guards the green.

"I had 217 yards to carry, about 240 to the pin," Lohr said. "I hit a 3-wood and got it on the heel a little bit."

O'Meara, playing it safe, laid up and hit a wedge within 25 feet of the pin with his third shot.

"It looked like he hit a good shot," O'Meara said. "I hit a shocked shot. It went in the water. I knew the advantage had swung over to my side, but I also knew he could still put the hole, so I had to be sure I made par."

## Morgan outlasts Stockton at Northwest

KENMORE, Wash. (AP) — Walter Morgan won his first Senior PGA Tour title Sunday, shooting a 5-under-par 67 for a three-stroke victory over Dave Stockton in the GTE Northwest Classic.

Morgan, 54, who first played golf at age 26 while stationed in Hawaii with the Army, had a 13-under 203 total on the 6,440-yard Inglewood County

Club course. Stockton, who the tournament in 1993, closed with a 68.

Morgan, who joined Jim Dent, Lee Elder and Charles Sifford as the only black winners on the Senior PGA Tour, opened with consecutive 68s to take a one-stroke lead into the final round.

He began the final round with three straight birdies to get to 11-under, but

Stockton birdied five of his first seven holes to briefly take the lead. The two were tied at 10-under when Stockton bogeyed No. 14 after hitting into a bunker to drop one back.

Morgan birdied No. 15 and made a 40-foot birdie putt from the fringe on No. 16 to take a three-stroke lead. He added a birdie on No. 18.

## Nicholas regains form to win LPGA event

PORTLAND, Ore. (AP) — England's Alison Nicholas won her second tournament of the year Sunday, closing with a 4-under-par 68 for a three-stroke victory over Kelly Robbins in the LPGA Ping-AT&T Wireless Services Golf Championship.

Nicholas, 35, who won the Caring Classic in May for her first career LPGA title, had a 9-under 207 total on the 6,319-yard Columbia

Edgewater Country Club course. Robbins finished with a 70.

Nicholas took the first-round lead with a 66 and led for most of the second round before finishing with bogeys on No. 17 and 18 for a 70 that dropped her into a tie with Patty Sheehan, Barb Mauch and Stefania Coiro.

"A few of my faults crept back in yesterday," said Nicholas, who credits much of her success this year to her

work with instructor Lawrence Farmer.

Vicki Goetze, the U.S. Amateur champion in 1989 and 1992 and the 1992 NCAA winner at Georgia, shot a 70 to finish four back at 211. The 22-year-old had a hole-in-one on No. 8, using a 6-iron on the 142-yard hole.

Betsy King and Rosie Jones tied for fourth at 212. King closed with a 67 and Jones shot a 71.

## British-Irish team defeats U.S. in Walker Cup

PORTHCAWL, Wales (AP) — Tiger Woods, but with stomach problems in the two-day Walker Cup, called a doctor to the fourth hole Sunday to give him some medicine.

"It's too bad they weren't birdie pills," American captain Downing Gray said, jokingly.

Even those pills probably wouldn't have saved the Americans. They lost 14-10 Sunday to a combined Britain and Ireland team, its first win at home

since 1971 and only its fourth in 35 matches.

The Americans still led 30-4-1 in a competition that was dubbed the "Walkover Cup" after the United States won 19-5 in 1993 — the widest margin in the series history.

The 19-year-old Woods wasn't up to par in the two-day event, suffering from stomach problems following a team dinner Wednesday when he ate lamb and cod.

"I don't know what it was, but I won't have it again," said Woods, the two-time U.S. Amateur champion. "I grinded around all week. I didn't hit the ball well, not my irons, not my woods."

Woods played well in practice before getting sick, but even in top form he might not have been enough against an experienced, motivated opponent that had trained for a year on this home course to avoid being embarrassed like two years ago.

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# Health & Fashion

## Happiness takes just a little effort

In a "Hagar the Horrible" cartoon, Hagar says, "I've given up trying to discover the secret of happiness." "Good idea," says his companion. "You'd be much happier." Although "discovering happiness" may be an elusive task, here are some thoughts concerning the subject.

Remember, our quality of life is better than ever. Peggy Noonan, the author of "Why Are We So Unhappy When We Have It So Good," notes that there are many tragedies in life: "Children die. People lose their homes. Live can be sad. ... People are always suffering."



**JoAnn Larson**  
Psychology

Yet, says Noonan, "I am inclined toward the long view. The life of people on earth is better now than it has ever been — certainly better than it was 500 years ago. This may sound silly, but when I read old fairy tales and see an illustration of a hunchbacked hag with no teeth and bumps on her nose who lives by herself in the forest, I think: People looked like that once. They lived like that. There were no doctors, no phones, and people lived in the dark in a hole in a tree. It was terrible. It's much better now."

"But we are not happier. We are just, cleaner, more attractive sad people than we used to be."

The challenge is to remember how fortunate we really are:

- Everyone has ups and downs. To maintain an overall bright outlook, it is vital to remember that things do change. Says Hap LeCron, in a 1994 newspaper article: "As individuals strive for emotional balance, they need to remember that stable and static are not the same thing."

- Everyone is entitled, and more importantly everyone should realistically expect to have some ordinary ups and downs in life. Statistically speaking, a certain percentage of days will have less than satisfactory occurrences: a flat tire, an overdrawn checking account, a bad cold — all may occur within close sequence of each other.

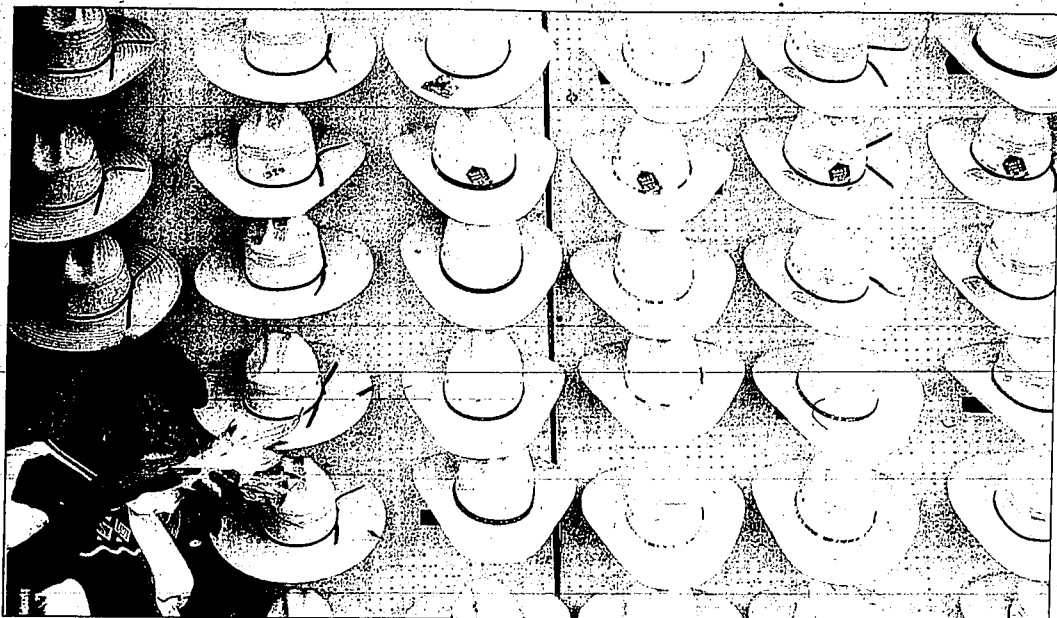
"On these days we need to remember that there are other days when it seems we can do no wrong, when everyone thinks we are great, when life seems like a bowl of cherries swimming in milk chocolate."

"The trick is not to let ourselves believe that a bad day is a harbinger of still more bad days." Or, even that any one bad moment suggests that later moments in the day will be just as bad.

- Sometimes we track our happiness too closely. In about the year 960, Abd-er-rahman III of Spain offered these thought-provoking words: "I have now reigned about 50 years in victory or peace, beloved by my subjects, dreaded by my enemies and respected by my allies. Riches and honors, power and pleasure have waited on my call, nor does any earthly blessing appear to have been wanting to my felicity. In this situation I have diligently numbered the days of pure and genuine happiness which have fallen to my lot."

"They amount to 14."

Offering advice to those who would "track" or count their happiness: Nathaniel Hawthorne reflected: "Happiness is a but-Please see LARSEN/D2



Cowboy hats are big business for people like Shirley Evans from Eustace, Tex., who sold them at the 49th Annual Navajo Nation Fair in Window Rock, Ariz.

## A head for 'bidness'

### Cowboy hats winning over even city-slickers

"I can see by your hat that your truck ain't paid for."

— Roger Miller

By Steve Crump  
Times-News writer

**BURLEY** — Tammy Peterson is a maestro of millinery.

With a steam table and a practiced eye, she can transform a cowboy hat that's been rode hard and put away wet into something even Randy Travis would be proud to place upon his head.

"Each one is different," says Peterson, who manages Corn West Ranchwear by avocation and shapes cowboy hats by heart. "Everyone likes them a different way. Takes practice."

Lotsa practice. In nine years on the job, Peterson figures she's shaped somewhere between 20,000 and 30,000 cowboy hats — the essential final step in turning six ounces of felt and glue into the one true icon of the West.

"Hats and boots are the No. 1 and No. 2 best-sellers for us," said Steve Vickers, a salesman in Vickers Western Stores' Twin

Falls outlet. "And we wouldn't be selling that many if it was just cowboys buying them."

The cowboy hat business — that's *bidness*, in the parlance of those who sell them — is the fastest-growing segment of westernwear, and one of the star performers of the American menswear industry.

Dominated by the American Hatband Co., which makes both Stetson and Resistol, sales of cowboy hats have more than doubled since the movie "Urban Cowboy," released in 1980, made country cool.

The generation of country music superstars that followed — excepting the notoriously head-bare Travis — helped transform black Stetsons and Resistols into virtual uniforms for the big-buckle crowd.

"It's not unusual for a 13-, 14-year-old kid to walk in here and spend \$250 on a hat," Vickers said. "They'll save up their money to do it."

Actually, cowboy hats, or technically,

western headwear, describe a range of fashion that takes in everything from straw boaters to \$1,500 mink Stetsons. Most buyers are men who still have some connection with the land — ranchers, farmers or horsemen — and most still live west of the Mississippi.

But the demographics of western headwear are changing, and changing fast.

"There are more women all the time who buy cowboy hats," said Joanne Johnson, who manages Ross's Western Wear in Jerome. "Especially around rodeo time."

"Some of the best customers we have are Hispanics," Peterson said. "They're knowledgeable, they buy quality, and they'll spend \$550 for a hat."

And since Hispanic families and communities are close-knit, often you'll sell a particular hat to a Hispanic gentleman and the next week three or four of his friends will come in to buy the same hat.

"Personal preference is the big thing in the

hat business," said Vickers, whose store sells from three to five hats a day. "People buy them because they like how they look, not because they live on a ranch or own a horse."

But tastes in cowboy hats tend to be divided by generations, Peterson said. Older men favor silver or silver-gray hats, middle-aged guys prefer black Stetsons, and Generation Xers like the rodeo look — typified by black Resistols.

"There are a lot of things that determine a particular look," she said. "Little things, like curl."

How long that curl lasts depends on the quality of the material, universally known as "beaver," of which the hat is made. Beaver, or more accurately, the quality and thickness of the felt, is rated by an "X" system. A \$120 4X hat is likely to droop around your ears come the second rainstorm, while a \$450 30X hat may be shading your brow comfortably into retirement.

Although beaver fur is used, along with other fur and adhesives, in high-end hats, rabbit fur and wool are also common.

"One of the reasons that the cost of hats went up in the last few years is that most of

Please see HATS/D2

**'People buy them because they like how they look, not because they live on a ranch or own a horse.'**

— Steve Vickers, salesman for Vickers Western Store

### Inside

Dear Abby **D4**  
Movies **D6**  
Comics **D8**

## Looking good

### Music, fashion connect in new ways

Dallas Morning News

"It's only rock 'n' roll," or so the Rolling Stones sang back in the '70s. But for some of today's enterprising musicians, the refrain has become "rock 'n' clothes."

Now, anyone who admires the personal style of Sonic Youth bassist Kim Gordon can buy it: "X-Girl" is the hip casual clothing line Gordon introduced last year.

For a dose of Naughty by Nature's hip-hop bravado, see the rapper's mail-order catalog. The intertwining between rock and fashion is nothing new (and we've got the Beatles boots to prove it). But after years of inspiring fashion trends and designers

— without compensation — some contemporary musicians are finally joining actors and athletes and looking to cash in.

There are musicians-turned-designers. Musicians opening cloth-

ing stores and hair salons. Clothes sold at record stores. Even records sold at clothing stores.

Musicians have become our new role models, says Alyssa Belletini, producer of MTV's "House of Style."

"Young people look up to bands, and to be just like them, they dress like them," she says.

As music intrudes on the world of fashion, fashion gets down with rock. Malcolm McLaren and the guy they used to call Prince are writing fashion show soundtracks. Aerosmith singer Steven Tyler recently took a turn as a runway model for designer Betsy Johnson, while punk pioneer Joey Ramone watched from the audience.

At the Tommy Hilfiger spring 1996 show in New York, Hilfiger hired stylist Kidaada Jones, daughter of music producer Quincy Jones, and Sibi Pennix, director. Please see LOOKING/D2



Steven Tyler of Aerosmith performs at the MTV-Awards last year. Tyler has taken to modeling rockwear for designer Betsy Johnson.

## Health notes

**DON'T WORRY, BE HAPPY:** There may be times when it's best not to get in touch with your feelings. At the American Psychiatric Association's annual meeting, Allure magazine reports, psychologist Susan Nolen-Hoeksema presented a series of studies on depression showing that women's tendencies to dwell on their feelings makes the misery last longer. Men's tendency to engage in something active as a distraction may keep them from being bogged down in negativity.

**OFFBEAT STUDY:** Also from Allure comes a report that folk joggers and runners, the ability to go on a usual distance and the perception of how hard it is to do so is not affected by listening to music. Exercising without music may be boring, a Southern Connecticut State University study found, but people who feel they can't run without their Walkman are mistaken.

**BUSTING THE BALLOON?** A cautionary note on that natural fat-busting protein that made headlines recently for slimming down overweight mice. It may not do the same for really obese people, new research suggests. Scientists report in the journal *Nature Medicine* that they found evidence that very fat people already have high levels of leptin in their bodies, so injecting more may not help at all. But another scientist who studies the substance disagrees,

saying the new findings may just mean that the obese need more of the stuff than other people to control their weight.

**UP AND AT 'EM:** Speaking of weight control, the experts updating the Dietary Guidelines for Americans, the government's seven tips for healthful eating, want to add this advice: Get some exercise. In its proposed revisions to the guidelines, the nine-member panel says exercise "is an important way to use up food energy. Try to do 30 minutes or more of moderate physical activity on most — preferably all — days of the week."

**BACK TO SCHOOL:** Parents, beware of those "peddling quick solutions to children's learning disabilities." No scientific evidence has shown that visual training, muscle, perceptual or hand-eye coordination exercises can improve a child's learning disability, says Byron Demorest, a pediatric ophthalmologist in Sacramento, Calif. "Simple solutions such as diet, megavitamins, sugar restriction, eye exercises or vision can waste your time and money," says Demorest. The best prescription for learning disability? Contact the school and, if necessary, the local or state director of special education. Schools are required by law to evaluate students who may have a learning disability.

Compiled from wire reports

# Advocate for color-blind urges awareness

Knight-Ridder News Service

When Palo Alto, Calif., launched a color-coded parking system last March, Keith Nash saw red.

Actually, to be technical, he saw a subdued, beige-like color. But such is the indignation of the color-blind man from Menlo Park, Calif., who calls himself "America's No. 1 Crusader for Color Awareness."

If you haven't tried parking in Palo Alto recently, or if you're one of the "colorically" insensitive legions against whom Nash has rallied, the new scheme involves four two-hour parking areas — the blue zone, purple zone, lime zone and coral zone — each delineated by signs lettered in those colors. It's bad enough that the city would perpetuate such a flagrantly colorist world view, says Nash — instead of say, parking meters (preferably gray). But what's worse, three of the four colors (excepting blue) are among the most difficult for color-blind people to distinguish.

"Coral looks the same to me as this color," Nash says, holding up a "peppercorn" Crayola crayon. "They couldn't have made things harder for us." Nash calls the situation a "weird, color-deprived nightmare."

But, also a perfect opportunity for a man bent on educating the public about the plight of the colorically challenged. "I feel like God dropped this situation on my lap," Nash says. "It was the perfect opportunity for me to act."

The color-deficient are mad as hell, and we're not going to take it any more," Nash fired off in a manifesto he fired off to the Palo Alto Weekly soon after the parking plan was unveiled. "I thought Palo Alto was supposed to be progressive and sensitive to all handicaps."

Nash complained to local officials and media outlets. "I didn't make a major nuisance of myself," Nash says.

But none of his queries produced a satisfactory response, so Nash is contemplating radical measures. "Maybe I'll chain myself to a 'Coral Zone' sign," he says.

Call the Get-a-Life Police, anyone? No, Nash assures us he's not serious about the chaining stunt. "It'd be worried that leave him there," Nash says. "Let's just leave him there." Nash says, "Color-blindness is not one of those black-and-white issues that precludes self-deprecation."

Like know that in a country rife with crime, poverty and the O.J. trial, the injustices heaped upon color-blind citizens won't soon register on the national outrage meter. He also realizes there are far more debilitating conditions than color-blindness.

Indeed, Nash admits, the major life indignities caused by his color-blindness have been relatively tame, on the order of unknowingly hideous outfits, painting his boyhood home pink (thinking the paint was white) and not

realizing his ex-wife was a redhead until he saw her in bright sunlight. "Nothing disastrous," he admits.

Nash, 35, sits in his home-office wearing a pale blue shirt which blends tastefully with his faded jeans. He has a salt-and-pepper beard, bushy eyes and a relaxed manner which belies his fierce dedication. By trade, Nash says, "I'm the only color-blind graphic designer I know." Nash's brother is also the only other color-blind crusader he knows. ("He's Robin to my Batman.")

His goals are modest. All he asks is some consideration for the long-overlooked population of 10 million color-blind people in the United States, the vast majority of whom are male (the condition is extremely rare in females, affecting roughly one in 225). "I'm not trying to be white about this," says Nash. "But you hear a lot about the plight of deaf people, and people who stutter. We should at least be considered, too."

And if not, why not. If it's not fun, something is not working.

Red flags, Judith Young, executive director of the National Association for Sport and Physical Education in Reston, Va., which represents physical educators, trainers, exercise researchers and others, says these are among problems that should concern parents, inadequate equipment, excessive injuries, long periods of inactivity (waiting in line) in class, and unstructured "recess" kinds of classes.

Special needs. If your child has special physical problems — obesity, muscle weakness or inflexibility, for example, make sure your school system has identified the problem. There should also be special programs for the handicapped and the retarded.

Just do it. "Do what I say, not what I do," doesn't cut it. If you want your child to be physically active, you have to "model" the behavior, as the experts say. Besides planning family activities (games, hikes, etc.) and taking your child's physical education homework seriously (yes, there is such a thing as physical education homework), you have to get and stay physically yourself.

# Body painting takes on toenails

Knight-Ridder News Service

Feel like a wren in a world full of peacocks?

Brighten up. For attracting attention, nothing beats decked-out digits — specifically, big toes. More specifically, toenails with enough original art to give your own mini-museum. Setting suns. Waving flags. Daring deco designs. Blooming flowers.

"People notice," says Lynette Godwin, 26, Fort Lauderdale, Fla., mother of three and a parent educator for Broward County schools. "They say, 'Look at those toenails! They match your nails!'"

Extended, sculpted, painted, glittered, rhinestoned toenails are hot in South Florida, where feet are frequently on display — barefoot on the beach, in open-toed shoes, in sandals.

"Especially sandals," says Betty Zelander, a cosmetology instructor at Sheridan Vocational Technical Center in Hollywood, Fla. "With so many sandals shown with flat fashions, we're seeing more nail art on the toes."

To be little-piggle Picasso, nail technicians need to create bigger canvases. They extend nails by adding plastic nail-shaped tips or "sculpting" nails out of layers of acrylic. Because the nail beds on most toes are so small, usually only big toes get extensions.

"Some want the nail to go out an inch," says Ludy Laguna, owner of Nail Perfection in Lauderdale, Fla. Godwin's big-toe extensions measure a conservative half-inch, compared to her two-inch finger-nails. Still, she wears only open-toed shoes since she started her toe treatments three years ago.

She got into nail art because she wanted a special look for a visit to her family in the Bahamas. Nail tech Michelle Allen, 28, owner of Michelle's Images of Perfection in Lauderdale, added tips to Godwin's big toes. Then she applied blue and

white polish, to all of Godwin's toes and big toes.

Everyone noticed. And Godwin's toes have been painted ever since. Now every two weeks, Allen creates a new look on Godwin's nails. Hands steady as a surgeon's, Allen brushes on gold glitter and white swirls atop ebony polish. She dabs an orangewood stick into nail glue to add a rhinestone.

For July 4th, Allen created American flags on Godwin's fingers and big toes, with rhinestones as stars. For Black History month, she outlined the continent of Africa and wrote Africa in tiny letters.

Not all clients want to make a statement, says Jodi Sandri, nail tech at Sophisticated Lady in Plantation, Fla. She adds tips to cover ragged or damaged toes.

The toe-glam treatment takes about an hour, with the pedicure, which includes mandatory sanitization. Pedicures range between \$15 and \$35; nail art adds \$5 to \$10 per toe and lasts about two weeks.

Allen begins by buffing the real nail smooth. With nail glue, she fastens a two-inch-nail-shaped plastic tip to the base of the real toenail. She trims the tip to extend about one-half inch over the toe.

Next, she buffs the tip until it's smooth against the real nail and files the trimmed tip into a nail shape. Then she brushes on multiple layers of acrylic to build the surface until you can't tell where the real nail ends and the tip begins.

An alternative method uses a nail-shaped Teflon form, fitted under the free edge of the nail. After adding multiple layers of acrylic over the form to create — or sculpt — a longer nail, the form is removed. Hence, the term "sculptured nails."

On this extended canvas, a nail technician paints. When finished, a layer of clear polish seals the creation.

Says Godwin: "Nothing I do grabs as much attention as these nails."

# Today's students need to replace fatness with fitness

The Hartford Courant

'Tis the season to start hounding our kids about their math homework. You kids want to throw away your high-tech futures? And don't forget reading and writing: You kids are never going to get to Harvard if you don't read!

And then there are sit-ups. Sit-ups? Not to dis the three Rs, but one course of study that even the most conscientious parent might ignore is physical education. Short of developing an incredible jump shot, your child's progress in physical education is not likely to ensure a free ride to a ritzy college or a lock on a prestigious career. On the other hand, it is assumed by many (though not proven) that kids who learn the joy of being physically active are more likely to become active, fit adults. They could live longer, more healthful lives because many of the ills associated with couch-potatohood — including heart disease, diabetes, obesity and some forms of cancer — can be prevented or forestalled by exercise.

Studies have suggested that one in four American children is obese (20

percent or more above ideal weight), and that the prevalence of obesity among American children has increased by more than 50 percent in the past 20 years.

Some have blamed poor diets. Others point to hours of passive TV-watching.

But Marilu Mercedith of the Cooper Institute for Aerobics Research in Dallas warns that the data linking obesity to all hands-off, and that today's kids may have more structured play activities than previous generations. Mercedith is national project director for the Cooper Institute's Prudential Fitnessgram, a fitness test used in many school systems.

Still, no one disputes that American adults are getting fatter and that increased physical activity could help. A June report on data on those aged 12 to 21 from 1992 suggests a tapering off of vigorous activity with age.

"We know that patterns of activity are set very early in a child's life," observes John Bernabucci, chairperson of physical education and athletics for Hartford public schools.

The kinds of physical-education programs available to kids vary from town to town, but educators and fitness experts agree that parents can play a role in making sure physical education classes are worthwhile. Here is their advice:

Meet the gym teacher. Whether it's a school orientation or a special appointment you make, don't neglect meeting your child's physical education teacher and talk with the teacher about goals for the school year. If possible (not all schools welcome this), visit a P.E. class.

Talk to your child. Children are not always impartial sources of information, but you need to get some sense of whether your kid likes gym,

and if not, why not. If it's not fun, something is not working.

Red flags, Judith Young, executive director of the National Association for Sport and Physical Education in Reston, Va., which represents physical educators, trainers, exercise researchers and others, says these are among problems that should concern parents, inadequate equipment, excessive injuries, long periods of inactivity (waiting in line) in class, and unstructured "recess" kinds of classes.

Special needs. If your child has special physical problems — obesity, muscle weakness or inflexibility, for example, make sure your school system has identified the problem. There should also be special programs for the handicapped and the retarded.

Just do it. "Do what I say, not what I do," doesn't cut it. If you want your child to be physically active, you have to "model" the behavior, as the experts say. Besides planning family activities (games, hikes, etc.) and taking your child's physical education homework seriously (yes, there is such a thing as physical education homework), you have to get and stay physically yourself.

... It is assumed by many (though not proven) that kids who learn the joy of being physically active are more likely to become active, fit adults.

# Hats

Continued from D1

the supply of rabbit fur from Russia was cut back after the Soviet Union collapsed," Johnson said. "That's the best rabbit fur, and it's expensive."

Wear a quality cowboy hat every day, and it will last you a year or two, Peterson says. Wear it once a week, and "it'll have a life for a lot like a beating," she said. "And sooner or later, somebody's going to sit on it."

Cowboy hats can't be dried-cleaned and still hold their shape, but they can be brushed and blocked to give them back their original form. The cost ranges from \$5 to \$15, but some stores, like Peterson's, do it for free.

"Rain and moisture are hard on hats, and there are covers you can buy

to protect them," she said. "But if you wear them, they're going to expose them to the rain and the sun, and sooner or later it's going to show."

Although some cowboy-hat fanciers wear their felt hats year-round, many switch to straw during the summer.

"It's just a lot more comfortable in warm weather," Johnson said. "People who buy straw hats usually own other hats, and you can wear a straw hat for a summer or two if you wear them every day."

Straw hats, most of which are tan or off-white, range from \$40 for a generic brand to \$75 for a Stetson.

Many cowboy hat-lovers wouldn't be caught dead in a color other than black, Peterson said. That's a 180-de-

gree change from a generation ago, when light-colored hats predominated, but little in the hat business is forever.

"Among women, red hats are fairly common now," Peterson said. "In fact, because of all the gals that are into rodeo queen contests, you'll see just about every color."

Even earth tones. "The first rodeo at the Cassia County Fairgrounds this summer was held in a rainstorm, and the next week I got a bunch of hats covered with mud," she said.

"I had to chip the mud off before I could clean them. You literally couldn't tell what color they were supposed to be."

Now that's a cowboy hat.

# Looking

Continued from D1

tor of artistic development at Up-Town Records, to stage a segment of the show that had an urban, hip-hop flavor.

Rock's effect on fashion, however, is more profound than simply dressing up fashion shows, says Dovie, who manages Moda, the Dallas boutique where she stocks her wares such as vinyl jeans and Doc Marten boots.

"You see in magazines like Cosmopolitan and Vogue, they're doing a lot of the vinyl, making it glamorous, and the big designers are doing it for their style shows," she says.

"Rock bands have always adopted that kind of look — they wear a lot of vinyl and rubber, that's been going on for years. We've been carrying vinyl for 10 years since we've opened. But in '95, we've been overwhelmed with demand."

Hilfiger's clothes, already in high

# Where to buy it

Rock 'n' roll-inspired fashions are available from the following companies:

• **Naughty by Nature**, 106 Halsey St., Newark, N.J., 1-201-642-3910. For a catalog, call 1-201-642-1443.

• **Tommy Boy Gear**, For a catalog, call 1-212-388-8484.

• **You've Got! Bad Taste**, 3816 Sunset Blvd., Los Angeles, Calif. 1-213-669-1718. Call the store for a funky, black-and-white photocatalog.

• **Ten Records clothing**. For a catalog, call 1-916-373-2992.

— **Dallas Morning News**

demand among hip artists and fans, experienced a unprecedented boost after rapper Snoop Doggy Dogg wore a Hilfiger shirt on "Saturday Night Live" earlier this year. The

next day, the shirt reportedly sold out at Macy's, Bloomingdale's and A&S in New York City.

Television, especially MTV, plays a crucial role in transforming musicians into fashion heroes, but so do the looks the musicians invent, says Monica Lynch, president of Tommy Boy Records, a New York label whose artists include Naughty by Nature and Coolio.

"Rap acts have a strong sense of style," she says. "They can do things with a bandanna that you or I could never hope to accomplish."

# Larsen

Continued from D1

terly, which, when pursued, is always just beyond your grasp but which, if you will sit down quietly, may alight upon you.

And Phyllis Theroux added: "Maybe it's best to treat happiness like a deer in the forest. Sometimes it will emerge from the bushes and pay you a visit. But it dislikes undue attention. And if you chase it, it will run away."

Happiness is a choice. In a letter written when she was the First Lady, Martha Washington expresses her feelings regarding happiness: "I have learned too much of the vanity of human affairs to expect any felicity from public life," she writes. "But I am determined to be cheerful and happy in whatever situation I may be. For I have learned from experience that the greater part of our happiness or misery depends on our dispositions and not on our circumstances."

Eric Fromm added that no one is born happy. "Happiness is not a gift

of the gods," but an achievement brought about by inner productivity.

Observe man and nature. Much of happiness comes from staying in the present and enjoying the beauty of nature and one's surroundings. Says author Jane Callwood: "Historian Will Durant describes how he looked for happiness in knowledge and found only disillusionment. He then sought happiness in travel, and found weariness; in wealth, and found discord and worry. He looked for happiness in his writings and was only fatigued."

Then one day he saw a woman waiting in a tiny car with a sleeping child in her arms. A man descended from the train and came over and gently kissed the woman and then the baby, very softly so as not to awaken him. The family drove off and left

Durant with a stunning realization of the real nature of happiness. He relaxed and discovered that every normal fraction of life holds some delight."

To this point, reflects W. Bern Wolfe. "If you observe a really happy man you will find him building a boat, writing a symphony, growing double dahlias in his garden, or looking for dinosaur eggs in the Gobi Desert. He will not be searching for happiness as if it were a collar button that has rolled under the radiator. He will not be striving for it as a goal in itself. He will have become aware that he is happy in the course of living life, 24 crowded hours of the day."

Joanne Larsen, who grew up in Kimberly, is a Salt Lake City family counselor.

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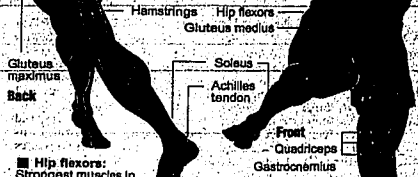
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# the lesson page

## Developing the lower body

Because legs and hips must support and move the entire body, muscles of the lower body tend to be the largest and potentially best-developed of the body.

### The lower body



**Hip flexors:** Strongest muscles in the body; they steady, move hips and thighs.

**Gluteus medius, maximus:** Underlie and shape buttocks, but work very little during aerobic activities like running, walking and cycling. Toning these muscles requires specifically-targeted exercises.

**Quadriceps:** Four-part muscle group that straightens the knee and raises the thigh. Used in jumping, running, kicking, skipping, lifting, pushing; strong quadriceps strengthen and protect the knee.

**Abductors:** Line sides of hips, thighs; help lift leg away from body and rotate it inward.

**Hamstrings:** Three-part muscle group opposite quadriceps; help form gluteals. Hamstrings tend to be two-thirds as strong as quadriceps.

**Quadriceps:** Four-part muscle group that straightens the knee and raises the thigh. Used in jumping, running, kicking, skipping, lifting, pushing; strong quadriceps strengthen and protect the knee.

**Abductors:** Line sides of hips, thighs; help lift leg away from body and rotate it inward.

### Lower body power exercises

The following examples of lower-body exercises are designed to strengthen one particular area and should always be balanced with work for the opposing muscle group.

#### Quadriceps lifts

Effective in strengthening and toning thigh, sit on floor with back against wall or lie flat on back slowly raise leg to 45-degree angle, hold, then lower, do not let leg rest on floor, keep knee extended, ankle flexed, toes up, repeat.



#### Calf lifts

Balance on ball and toes of one foot with the other foot wrapped around back of ankle while lifting and lowering. Lowering: don't let foot roll in direction of big toe; repeat, switch legs.



#### Hamstring/gluteal lifts

Band one leg at knee at 45-degree angle, point toe slowly raise ball back as high as possible; keep hips stable, lower leg, but do not rest knee touch floor; repeat, switch legs.



Place hands directly below feet, extend one leg straight back, toes pointed, bring lower leg up to right angle while flexing foot, lower leg slowly; repeat, switch legs.



SOURCE: The Wellness Guide to Living Fitness, research by ROY GALLOR

LEE HULTENG/ART Infographics

# Headache treatment gains legitimacy

STAMFORD, Conn. (AP) — Kathie Scarella's headaches started out small, the kind most people get rid of with a couple of aspirin or a quick nap.

But then five years ago, the big ones hit. Excruciating, throbbing pain that would last 24 to 36 hours, forcing the operating-room nurse to miss a day or two of work each week.

"The pain would be so intense that I would start to cry, and of course, that only made it worse," Scarella, 46, recalled. "It felt like somebody was squeezing my head."

Two years ago, Scarella found relief at The New England Center for Headache through a combination of drugs, vitamins, stress management and a diet that excluded such headache "triggers" as chocolate, red wine and aged cheese.

"I suffered for a long time and I thought, this is life, you have to live with it, we all have our aches and pains," Scarella said. "But now, I know I don't have to live with it, and it feels great."

Headache centers have proliferated across the country over the last decade as the headache has gained acceptance as a legitimate health problem rather than being dismissed as the complaint of nervous types with low pain thresholds. The centers now number about 50.

From 200 patients in its first year in 1979, the center in Stamford now sees 5,000 to 8,000 patients annually.

"The public is demanding better care. They shouldn't accept hearing, 'You'll just have to live with it,'" said Dr. Joel R. Saper, founder and director of the Michigan Headache and Neurological Institute in Ann Arbor, Mich., which treats 17,000 headache sufferers a year.

While headache centers have made believers out of Scarella and

## Headache facts

Facts and myths about headaches and factors that can trigger them:

- 45 million Americans a year seek medical aid for head pain.
- 50 percent of Americans have at least one headache a year.
- Most headaches are mild, respond to simple remedies.
- Fundamental causes of headache are biological, not psychological.
- Majority of migraine sufferers have close relative who had migraine.
- Migraines more common in women; frequently occur around menstruation.
- Allergies a frequent cause of headache.
- Most headaches due to sinus problems.
- Most sufferers have temporomandibular joint syndrome (TMJ).
- The more medication you take, the better you'll feel.

- FACTORS**
  - Alteration of sleep-wake cycle.
  - Missing or delaying a meal.
  - Bright lights, sunlight, fluorescent lights, TV and movie viewing.
  - Excessive noise.
  - Stress.
  - Depression.
  - Food: including aged cheese, freshly baked breads, chocolate, hot dogs, yogurt, figs, bananas, anything pickled or fermented, alcohol, particularly red wine and beer, monosodium glutamate (MSG).
  - Anesthetic agents, drugs used to relieve headaches, can perpetuate headache if used in excess.
- MYTHS**
  - Stress is the cause of all headaches.
  - Headaches are caused by "nervousness."
  - Headaches are caused by "poor circulation."
  - Headaches are caused by "toxins in the blood."
  - Headaches are caused by "poor diet."
  - Headaches are caused by "poor hygiene."
  - Headaches are caused by "poor posture."
  - Headaches are caused by "poor sleep."
  - Headaches are caused by "poor exercise."
  - Headaches are caused by "poor hydration."
  - Headaches are caused by "poor breathing."
  - Headaches are caused by "poor circulation."
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many others, they offer no special healing powers, said Dr. Robert Daroff, editor of Neurology, the journal of the American Academy of Neurology.

"There's nothing in a headache center that's unavailable to a neurologist or another doctor outside a headache center," Daroff said. "It has the psychological advantage, perhaps, to naive patients that something about a center offers more expertise than an individual who's an expert in headaches."

And like medical practices in general, not all headache centers are equal, said Daroff, chief of staff at University Hospitals of Cleveland and a neurology professor at Case Western Reserve School of Medicine.

Some headache centers offer good care from competent physicians but others are run by charlatans who overstudy their patients," Daroff said.

"There's a tendency in headache centers to overstudy," he said. "You can make a headache diagnosis in 99.9 percent of patients by taking

histories, without doing any studies."

Among the tests sometimes ordered unnecessarily are electroencephalograms, or EEGs, which trace the variations in electric force in the brain, he said.

At The New England Center for Headache, EEGs are ordered only in unusual cases, such as when a patient shows neurological symptoms consistent with a disorder such as seizures, said Dr. Fred D. Sheffelt, a psychiatrist who is one of the center's co-founders.

Sheffelt said headache centers can help prevent unnecessary testing.

Many patients who seek treatment at a center have been suffering for so long that they have already had EEGs and a host of other tests, he said.

"We see many people who have had sinus procedures, temporomandibular joint syndrome (TMJ) procedures, workshops for allergies, pet therapy, acupuncture, biofeedback, and so on, and I think that we're in a position to stop all that," Sheffelt said.

Often, patients have been misdiagnosed, he said.

"I had a woman come see me ... who had 25 years of one-sided headache. She brought with her a two-inch thick file of X-rays, CAT scans and MRIs. Everything had been focused on a problem with her neck, but she had migraines," Sheffelt said.

Studies estimate that as many as 90 percent of Americans have at least one headache a year, most of them mild. Most of the people who go to headache centers have the more severe variety.

Sheffelt and Dr. Alan M. Rapoport, a neurologist who is co-founder of the Stamford center, said there are many misconceptions about headaches.

## Study: U.S. has enough primary-care doctors

Newday

During last year's health care reform debate, most medical experts agreed with the Clinton administration that the United States needed more primary-care doctors and fewer specialists. But a new study contends that there are plenty of general physicians to go around.

"The ultimate goal ought not to be to achieve a work force of 50 percent generalists," said Dr. Michael Whitcomb, senior vice president for medical education at the Association of American Medical Colleges.

Whitcomb's conclusion is at odds with many medical experts who say that 50 percent of the nation's doctors should be deliverers of primary care.

Currently about 30 percent of the country's physicians are generalists.

Those same experts also have been calling on medical schools to change their emphasis from

specialty to primary-care education, something Whitcomb says will happen anyway, based on trends in the health care marketplace.

In an article to be published in Wednesday's Journal of the American Medical Association, Whitcomb compares the number of generalists in the United States with physicians in Canada, Germany and England.

According to data from 1991 and 1992, the United States has 69 primary-care doctors per 100,000 people, England has 54, Canada has 104 and Germany has 66 to 95.

Whitcomb said Canada needs to have more generalists than the United States because it makes little use of nurse practitioners or physician's assistants.

In the United States, he said, health care professionals are increasingly becoming integral parts of many managed-care practices.

But Neil Schlackman, a medical

director for US Healthcare, a health maintenance organization, says he hasn't seen a large increase in such "physician extenders."

In an interview, Whitcomb said the ultimate doctor mix will be about 40 percent generalists to 60 percent specialists. He said he bases that conclusion partly on data from managed-care plans that hire doctors to work in their centers.

But the heads of the Council on Graduate Medical Education and the federal government's Health Resources & Service Administration disagreed with Whitcomb's conclusion about the adequacy of the nation's physician supply.

"We need to shrink the number of specialists and modestly increase the number of generalists," said Dr. David Kindig, chair of the Council on Graduate Medical Education.

In addition, he said, physicians services need to be more equitably distributed.

Classified: 733-0931

## Standards for gender fitness found through 'norming'

Knight-Ridder News Service

All men are created equal ... Not exactly.

Some men — and some women — jump higher and run faster than others, just to mention a few physical differences.

And most men jump higher and run faster than most women, a fact recognized by organizations that recruit people who must be physically fit.

The armed services, police and fire departments judge men and women by different performance standards that take into account the physiological differences between the sexes. Even the South Carolina military college, the Citadel, which last week lost its lone female candidate, was holding that woman to a different physical standard.

"The average woman is not as strong as the average man, and the strongest woman isn't as strong as the strongest man," says women's health specialist Dr. Mona Shandig, co-author of "The Complete Sports Medicine Book for Women."

"But it doesn't mean a woman can't be strong."

The practice of judging male and female strength by different measures is called "gender norming."

The Citadel's most famous dropout, Steve Faulkner, was never expected to run as fast and do as many push-ups as the men. She was training for the U.S. Army women's fitness test when she was felled by heat stroke.

Women recruits must run 2 miles in 18 minutes, 54 seconds, which is three minutes slower than the required time for men. They must do 18 push-ups in two minutes and 50 sit-ups in two minutes while men must do 42 push-ups and 52 sit-ups in the same time.

Gender norming is based on the recognition that sex hormones program the genders differently.

"The average woman has more body fat because women have higher circulating levels of estrogen than men while men have higher levels of testosterone," said Shandig, who is an obstetrics-gynecology professor at Medical College of Pennsylvania/Hahnemann University.

"Estrogen promotes the formation of fat in certain places and testosterone promotes formation of muscles."

Gender norming got its start when women who were seeking admission to all-male ranks demanded and received their own separate but equal fitness standards.

Many police departments use

physical fitness guidelines developed by the Cooper Institute for Aerobics Research in Dallas.

Since 1970, the institute, founded by running guru Dr. Kenneth Cooper, has tested the cardiovascular function, flexibility, percentage of body fat and levels of muscular strength of more than 40,000 adult men and women. From these participants' data, the institute developed fitness standards based on sex and age.

In every Cooper category but one, men are stronger or quicker than women. The exception is flexibility, in which women score better than men at any age. This is measured by a sit-and-reach test: Sit on the floor with the legs extended and the soles of feet against a box that offers resistance. Put one hand on the other, flex the trunk and reach for the toes.

"Women tend to have better low-back hamstring flexibility than men of the same age," said Dr. Steve Farrell, Cooper Institute associate director.

Using the Cooper standards for male and female police recruits provides equal assessment of their skills, said an administrator with the Municipal Police Officers' Education and Training Commission that represents Pennsylvania's local police departments.

"Women are meeting different requirements than men, but that type of norming makes passing a physical test easier because of the physiological differences between men and women," said Bob Nardi, administrative officer.

"For example, we have different standards for upper body strength. Men inherently have more upper body strength. It doesn't mean they have no one or that they can't be police officers."

"How much you lift depends on how much you weigh, your gender and age. A 105-pound woman and 105-pound man of the same height and build, muscled the same, so their strength is not going to be equal. Probably the woman is stronger."

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Hi, I'm Dr. Dave Conrad. You may find this surprising, but I used to dislike chiropractors. Now I am one. Obviously something had to happen to change my point of view. I believe that many of you people out there may suffer needlessly, now or in the future, because you have misconceptions about chiropractic. Why don't you let me set the record straight for you. Attend one of our weekly public information presentations, or come in for a complimentary consultation. It doesn't cost anything to find out if chiropractic might be right for you.

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# Adults still need some vaccinations

## Immunizations shouldn't stop when you start kindergarten

Knight-Ridder News Service

SAN JOSE, Calif. — Nurse Sue Yeager is going through a few final questions before giving a tetanus/diphtheria booster shot. Are you taking any prescription medications, she asks. Do you remember the date of your last booster?

I gaze blankly at the walls of the tidy cubicle in Santa Clara County's immunization clinic, taking in the Teenage Mutant Ninja Turtles poster that reads, "Hey, dudes, get immunized now!" and an immunization notice for parents posted in three languages.

"Who knows? I'm thinking," I say.

Each fall, as children head back to school, the country is gripped by immunization fever. In all 50 states, the kids need their shots (or parents must sign a waiver stating they do not want their children immunized) or they can't enroll in school. And pediatric immunization is credited with reducing preventable infections among children to low levels.

But, despite what adults may think, the shots aren't over the day you start kindergarten.

As Dr. Natalie Smith, chief of the immunization branch at the California Department of Health Services, puts it, "Adults mainly seem to think about shots when they're traveling or when they step on a nail."

According to the American College of Physicians, there are 19 vaccines that can be used in adults. The Centers for Disease Control and Prevention identifies nine diseases for which adults should seriously consider vaccination, although that doesn't mean everyone should roll up their sleeves for all of them.

There's the combined tetanus/diphtheria vaccine, which requires a booster shot every 10 years. There's measles, mumps and rubella, or MMR, recommended for adults between the ages of 20 and 37. There's the varicella, the new chicken pox vaccine. And there's what those in the immunization world call "the big three": influenza, pneumococcal and hepatitis B.

"There are somewhere under 300 to 500 deaths each year in children in the U.S. from vaccination-preventable diseases," says Dr. Gregory A. Poland, associate professor of medicine at the Mayo Clinic in Rochester, Minn., and chairman of the National Coalition for Adult Immunization.

"But what people don't realize is we're talking about 60,000 to 80,000 deaths from vaccination-preventable diseases among adults each year."

There are several reasons adults don't keep up their immunizations. There are no real mandates, such as the school enrollment requirements, to force adults to get shots. Medicare now covers influenza and pneumococcal shots, but the reimbursement to physicians may not cover their costs — which gives doctors little financial motivation to immunize.

There is no widespread federal funding to buy and promote vaccines for adults.

Further, immunization schedules

## Recommended vaccinations for adults

When thinking about vaccinations, consult your physician. It may not be advisable for people with certain conditions — such as pregnancy, some allergies and acute illnesses — to take all vaccines. As a starting point, consider these recommendations for adult immunizations from the California State Department of Health Services.

### TETANUS, DIPHTHERIA

**Protects against:** Tetanus, caused by wide-spread bacteria, can cause painful muscle spasms and lead to lockjaw. Diphtheria, which spreads when germs from an infected person pass to the nose or throat of others, causes a thick coating in the nose and throat and can lead to breathing problems, heart failure, paralysis and death.

**Who:** All adults.

**When:** After initial vaccination, a booster is recommended every 10 years.

### INFLUENZA

**Protects against:** The flu, which can progress to more serious illnesses that may require hospitalization and can cause death.

**Who:** Older adults, especially those 65 and older; adults of any age with chronic cardiovascular or pulmonary disorders, including asthma; residents of nursing homes or facilities for patients with chronic medical conditions; adults with chronic metabolic diseases (including diabetes), renal dysfunction, anemia, immunosuppressive or immunodeficiency disorders that require regular medical care or hospitalization in the past year; and care-givers to people in the second and third groups above, including health care workers.

**When:** Annually. Influenza vaccines usually become available in the fall. This year, the vaccine should be available in Bay Area clinics by October.

### PNEUMOCOCCAL

**Protects against:** Mainly, pneumococcal pneumonia, the most common form of pneumonia in the elderly.

**Who:** Older adults, especially those 65 and older; adults of any age with chronic cardiovascular or pulmonary disorders, including asthma; adults of any age with splenic dysfunction, Hodgkin's Disease, multiple myeloma, cirrhosis, alcoholism, renal failure and immunosuppressive conditions.

**When:** Once.

### MEASLES AND MUMPS

**Protects against:** Measles, which can lead to such serious problems as pneumonia, seizures, brain damage

and death if unchecked. And mumps, rare in adults, but especially serious for adolescent boys and men, who can suffer swelling of the testicles and may become sterile.

**Who:** Adults born after 1956 without written documentation of immunization and health care workers born since 1956 who are at risk of exposure to patients with measles (these workers should have documentation of having two doses of vaccine, or of having had measles). Many doctors recommend immunization for college students with no proof of previous vaccination.

**When:** At least one dose on or after the first birthday; or two doses if in college or in a health care profession, with the second dose at least one month after the first.

### RUBELLA

**Protects against:** A disease, like the mumps and measles, that is spread when germs pass from an infected person to the nose or throat of others. Especially serious for pregnant women, since it can cause miscarriage. Babies of rubella-infected mothers may also suffer from birth defects.

**Who:** Younger adults, especially women, without written documentation of immunization, and male and female health care workers who are at risk of exposure to patients with rubella and who may have contact with pregnant patients.

**When:** Once.

### HEPATITIS B

**Protects against:** A virus found in the blood and body fluids of infected people and spread by contact with those fluids. Hepatitis B can cause serious liver problems, such as cirrhosis and liver cancer.

**Who:** Users of illicit injectable drugs; those coming in household or sexual contact with hepatitis B virus carriers; homosexually active men; sexually active heterosexual people with multiple sexual partners or a recent episode of sexually transmitted disease; health care workers frequently exposed to blood or blood products; clients and staff of institutions for the mentally retarded; hemodialysis patients; recipients of clotting factor VIII or IX concentrates; morticians, emergency medical technicians and others whose occupations put them at increased risk of exposure to human blood or other tissue fluids; and some international travelers.

**When:** Three doses; two one month apart, third dose six months after the first.

**Sources:** California Department of Health Services, Centers for Disease Control and Prevention and Santa Clara, Calif., County Department of Public Health.

## Home drug testing

For parents worried about their child's possible drug use, a \$75 home drug-testing kit is available to chemically analyze a lock of the child's hair for the presence of drugs.

**Drugs in the system:**

- Drugs enter bloodstream, which nourishes hair follicle
- As time deposits of drugs remain in follicle as hair grows

**At the lab:**

- Hair samples chemically liquified; divided five ways
- Each sample tested for a separate drug: cocaine, marijuana, heroin, PCP, speed
- If no drug detected, no further testing
- If drug detected, samples sent to second, confirmatory lab
- Samples reanalyzed with sensitive mass spectrometry
- Results mailed to home within two weeks

SOURCE: Psychchemica Corporation; research by BETH MADORSKY, BRENNIA SINK

## Parents divided on drug testing

Knight-Ridder News Service

DETROIT — To sneak or not to sneak?

That is the question today facing many parents worried that their teenagers might be abusing drugs.

Not so long ago, suspicious parents' options were limited: watch for unusual fatigue, personality changes, odd behavior. But since when is odd behavior proof of anything illegal? Unusual fatigue? Anyone with raging hormones, breakneck schedules and growth spurts might exhibit signs of fatigue.

A suspicious parent could search the kid's room and belongings for drugs or paraphernalia.

Or a parent could always try asking, "Oh, honey, done any drugs today?"

Now parents can go high-tech. Using the same technology developed by the Drug Enforcement Administration, FBI and other police agencies, anyone can catch the suspected scene of the crime for traces of cocaine, heroin or other drugs.

Even send hair to a lab, where it will be tested for the presence of drugs.

With the technology, however, come additional issues. Should a parent aggressively investigate whether a child is using drugs, possibly risking a lawsuit they share?

Parents divide on the issue between those who feel the merits of drug outweigh the risks and those who believe communication and trust are paramount.

And at least some teens believe that the simplest method — ask and then listen — can work.

Psychiatrist Rosalind Griffin, head of Detroit Sinai Hospital's Day Hospital, knows how she feels about parents using drug tests on children.

"Yes. Absolutely," Griffin says. "Clandestine or overt drug testing is fine. These are troubled times we live in. My own son, when he was 15 or 16, I didn't believe he was doing drugs, but when I took him for his pre-school physical, I had his physical hair drug screens. I told him to do everything — blood, urine, sputum, spit wax."

Griffin was kidding about the ear wax. But not about the drug screens. They came back negative. Her son is

now a business major at Hampton Institute. And Griffin still believes that parents have the right to test their minor children for drug use.

Assistant Wayne County, Mich., Prosecutor Nancy Diehl thinks subjecting your children to drug tests without their knowledge is "A-O-K." I think parents are responsible for their children and I'm a big believer in parents providing as they should for the health and welfare of their children, including what is needed to keep them drug-free.

"If a parent suspected that a child had an illness, they would do anything they could, including getting medical tests, to help them. When you're talking about illegal drug use by children about alcohol and others — there should be zero tolerance. There isn't a legal issue, it's not unconstitutional to test your own children for drugs."

Another prosecutor who works with Diehl in the unit that prosecutes child abuse cases, Ralph Elizondo, has two teen-age children, 14 and 17. Recently, the 14-year-old came home drunk. Her stepfather, a police officer, administered a Breathalyzer test, on which she tested more than double the legal standard for intoxication, Elizondo said.

"That level of blood alcohol is toxic," he said. "She had to stay in the hospital overnight and I'm glad we found out precisely how much she had consumed. ... It's a tool you can use. I think as a parent I have the right to diagnose any type of problems, medical or physical, that my kids might have."

"If I suspected a disease, a venereal disease for instance, I would take them into a hospital. As a parent I have that right with a minor child. I have rights and responsibilities."

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■ Cesarean Childbirth Class \* Tuesday, September 12, 7 - 9:30 p.m., Center for Continuous Learning (located at the back of our north parking lot). No pre-registration necessary. For information, call 737-2900.

■ Prepared Childbirth Course \* Thursdays, September 14 - October 12, 7 - 9:30 p.m., Center for Continuous Learning (located at the back of our north parking lot). Preregistration required. Call 737-2900.

■ Cancer Support Group \* Thursday, September 14, 7:00 p.m., Cancer Center Waiting Area. For information, call the Southern Idaho Regional Cancer Center at 737-2441.

■ Sex, Drugs, and OSHA: an orientation to federal regulations about safety and health at the workplace for employees \* Wednesday, September 20, 7:30 a.m. - 12 p.m., Canyon Springs Inn. Reservations required by calling 733-3974.

■ Prepared Childbirth Course \* Thursdays, September 20 - October 18, 7 - 9:30 p.m., Center for Continuous Learning (located at the back of our north parking lot). Preregistration required. Call 737-2900.

■ Childbirth Refresher Program \* Thursday, September 21, 7 - 9:30 p.m., Center for Continuous Learning (located at the back of our north parking lot). Preregistration required. Call 737-2900.

■ CPR Class \* Saturday, September 23, 8 a.m. - 4 p.m., 5th West Conference Room. To register, call 737-2007.

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# Sneakers not created equal All-natural ain't always what it's cracked up to be with cosmetics

Women's shoes may just be scaled-down takes on men's

The Associated Press

Women wear sneakers to get where they're going comfortably, even to work with their silk blouses and pearls. So why aren't they comfortable?

It's because many manufacturers simply scale down men's shoe designs, not allowing for differences in women's foot shapes, says Dr. Carol C. Frey, associate clinical professor of orthopedic surgery at the University of Southern California.

"Women have a different shape to their feet than men, and when manufacturers do not properly adjust the shoe's last, the foot-shaped form over which the shoe is made — it means problems for women's feet," she says.

Make the best of things by learning to strategically tie your laces, she suggests. Start by buying athletic shoes with the most pairs of eyelets. That makes them easier to adjust for a custom fit.

If you have narrow feet, use only the eyelets set farthest from the tongue of the shoe, which brings up the side of the shoe tightly across the top of the foot.

But if your feet are wide, tie your shoes using only those eyelets closest to the tongue of the shoe. "This gives the foot more space — like letting out a corset," Frey says.

Many women have trouble finding sneakers that fit properly at the heel. So to prevent heel pain and blisters, Frey suggests buying the shoe, using every eyelet. When you reach the next to last eyelet on each side, thread the lace through the top one instead of crossing over, thereby forming loops on each side. Then thread the opposite loop before tying.

The tie area closest to the heel, at the top of the shoe, tightly, use less tension near the toes.

Sometimes women will buy shoes that fit in the heel, but then find that the shoe often is too tight in the forefoot. Frey's research suggests that many women choose smaller shoe sizes just to get the heel to fit. But that can lead to pain and foot deformity, she says.

If you have a narrow heel and wide forefoot, use two laces, Frey suggests. Thread one through the top half of the eyelets and the other through the bottom half. The top set should be tied more tightly than the lower.

"It is ironic that the female athletic shoe is not being made properly, because women are big buyers of this type of footwear," Frey says.



Old-style, high-top basketball shoes were de rigueur with a Regina Porter ensemble at a fashion show in New York City last year.

## Fall shoes kick up heels

Dallas Morning News

Fashion legend Diana Vreeland once said the first place to put your clothes money is in shoes. Quality was her chief priority. But there's another reason that shoes top so many seasonal shopping lists: More than any other item, they beacon fashion's changes and establish its prevailing mood.

Case in point? The calf-hugging boot. Out of fashion for decades, it's now striding onto center stage in kid-soft leather or gleaming patent, on high stacked heels or short, dagger-sharp stilettos. There haven't been so many boots in fashion since Nancy Sinatra first grabbed a microphone.

Boots aren't alone, of course. The other reigning newsmakers are the pump, but with last spring's teetering glamour-queen heel now reduced to more diminutive, less disaster-prone heights, and the loafer, a scholarly staple recast with rebel attitude.

Any one of them could bring a basic wardrobe into sharp fall focus. Together, they embody the season's key theme of late '50s and early '60s modernism remixed with a '90s spin.

And if you need one more reason to put shoes first this fall, here it is: Sweaters and tweeds are still 30 degrees — at least a month or more — away. A new pair of loafers you can wear today.

Hopefully many woman are becoming aware that natural-ingredient craze in cosmetics isn't everything it is touted to be. Many natural ingredients can cause everything from photosensitivity to allergic reactions to simple everyday irritation. The claims the cosmetics industry makes about any natural ingredients are often flagrantly ambiguous to downright misleading.

However, there are some nice natural ingredients that we should probably be paying attention to.

That doesn't mean you should run right out to find them in skin-care products or that they are a panacea for skin-care woes, but when you do see them in a moisturizer or toner, you can think of them as friendly naturals that could be an asset in a particular product you're thinking of buying.

Recently there are several rather convincing studies demonstrating that green tea and kola extract are very good anti-irritants.

Kojic acid is a possible replacement for hydroquinone, the skin-lightening agent that doesn't work all the time and has irritating side effects. Kojic acid can lighten the skin as well as hydroquinone, which isn't all that well, but it causes less irritation. Now, these are natural skin care friends you can count on.

Me Tarzan, You Jane? Or is it "See Dick run. See Jane run." See Jane get a cosmetics line named after her.

Many readers wanted to know about this new, small line of makeup products simply called Jane, available in drugstores.

It was clear from the brochures that



Cosmetic Q&A  
Paula Begoun

accompanied the display that Jane is aimed at teen-agers. Bright young faces bemoaning the beauty problems of adolescence had cute (and I mean cute) makeup and skin-care conclusions.

For example, one pamphlet examined the reason for wearing makeup with these probing in-the-blank insights: "Looking cute is the best way ... to get a guy" or "... to look older." Inside were the answers to these responses: "Looking cute doesn't hurt. But if that's all it took to get and keep a boyfriend, we'd all be in deep doo-doo." And, "Why do you want to look older? If you're trying to get into a real hip club, a little lipstick will definitely make you look like you've been there before."

The brochures might be directed at teen-agers and the product line name may have been chosen to appeal to them, but the simple black packaging, neutral colors, and more vivid creamy lipstick colors are not what most teen-agers would be interested in.

In fact, the blushes, eyeshadows, foundations, concealers, and lipsticks to be much more in alignment with what adults would be interested in.

The prices are more than reasonable, but you kind of get the feeling you won't find this product around for much longer because adults will find the products don't live up to their

needs, and they aren't what most teens are looking for either.

The Eyeshadows (\$2.29) are all slightly iridescent and shiny, which isn't good for someone under 18, but it isn't best for a young woman who wants a more sophisticated look and doesn't want wrinkles to be accentuated.

The Blushing Cheeks (\$2.29) are a good, muted color selection and good for someone under 18. The Flashes Ultra Rich Mascara (\$2.29) is surprisingly good; it goes on fast, building thick, even lashes with little to no smearing. The Eye, Brow, and Lip Pencils (\$2.29) are fairly standard and go on well without being greasy.

The Lipstick (\$2.29) is probably too creamy for teens and too greasy for adults; the colors are good, the selection is OK, but the texture can be a problem, depending on your preference.

The No Show Concealer (\$2.29) comes in three decent colors, but it absolutely creases into the lines around the eyes as the day goes by (which isn't good for someone under 18, but it isn't best for a young woman who wants a more sophisticated look and doesn't want wrinkles to be accentuated).

The Oil-Free Foundation (\$2.99) actually has a rather good range of neutral colors and a surprisingly nice texture. It gives a subtle shimmer and makes the skin look like it's glowing.

Unfortunately, there are no testers, so it is not a great idea to shop for foundations you can't try on before buying.

Paula Begoun is the author of several books on cosmetics, including the second edition of "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95).

## Mothers who take zinc may have larger babies

The Washington Post

Taking supplements of zinc might help certain women deliver larger babies, particularly those who are thin when they get pregnant, a study published last month in the Journal of the American Medical Association has found.

Zinc is a trace element essential to normal physical development. It is found in milk, seafood, nuts and meat and affects a variety of functions including the way the body synthesizes protein.

Doctors have known for years that zinc deficiency in infancy and childhood causes growth problems, but its possible role in fetal development has not been as clear-cut. The federal government recommends that pregnant women ingest at least .15 mg. of zinc daily, and for that reason, many prenatal vitamins contain zinc.

To test the hypothesis that zinc sup-

plementation has an impact on birthweight, a team of researchers at the University of Alabama at Birmingham School of Medicine studied the experiences of 580 poor but healthy black women, all of whom received prenatal care at four public health clinics. The study was limited to African Americans because as a group they give birth to smaller babies than do white women.

Half the women in the study took prenatal vitamins containing 25 mg. of zinc. The other group received prenatal vitamins that contained a placebo.

Researchers led by Robert I. Goldenberg, a physician affiliated with the university's Center for Obstetric Research, found that women who took the vitamins containing zinc gave birth to babies weighing an average of 4 1/2 ounces more than the placebo group.

The greatest impact, Goldenberg's team found, was seen among the thinnest women. For example, women in the zinc group who were 5-4 and

weighed less than 110 pounds at birth, to babies who were nearly a pound heavier than their thin counterparts in the placebo group.

One reason these babies were heavier is that they were less likely to be premature. Only 3 percent of women in the zinc group delivered babies more than two months early compared with 7 percent in the placebo group.

There were no significant differences between the two groups in the rates of either Cesarean delivery or maternal infections, researchers reported. Nor did zinc result in an increase in gastrointestinal problems, which are sometimes associated with prenatal vitamins.

The ways in which zinc increases birthweight or prolongs gestational age are not known, Goldenberg and his team concluded. Their research was funded by the National Institutes of Health and the Agency for Healthcare Policy and Research.

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POOR

# Maybe turning 48 (or is it 94) isn't a good thing to do

Call me a wild and crazy guy if you want, but recently, on a whim, I decided — why not? — turn 48.

It's not so bad. Physically, the only serious problem I've noticed is that I can no longer read anything printed in letters smaller than Shaquille O'Neal. Also, to read a document, I had to hold it far from my face; more and more, I find myself holding documents — this is awkward on airplanes — with my feet. I can no longer read restaurant menus, so I fake it when the waiter comes around.

ME (pointing randomly): I'll have this.

WAITER: You'll have your napkin?

ME: I want that medium rare.

It's gotten so bad that I can't even read the words I'm typing into my computer right now. If my fingers were in a prankish mood, they could type an embarrassing message right in the middle of this sentence HE'S ALWAYS PUTTING US IN HIS



**Dave Barry**  
Humor

NOSE and there is no way I'd be able to tell.

I suppose I should go see an eye doctor, but if you're 48, wherever you go to see any kind of doctor, he or she invariably decides to insert a lengthy medical item into your body until the far end of it reaches a different area code. Also, I am frankly fearful that the eye doctor will want me to wear reading glasses. I have a psychological hang-up about this, caused by the fact that, growing up, I wore eyeglasses for 70,000 years. And these were not just any eyeglasses. These were the El Dork-O model, the ones that come from the factory pre-broken with the white tape already wrapped around the nose part. As an adolescent,

I was convinced that my glasses were one of the key reasons why the opposite sex did not find me attractive, the other key reason being that I did not reach puberty until approximately age 35.

Anyway, other than being functionally blind at close range, I remain in superb physical condition for a man of my age who can no longer fit into any of his pants. I have definitely been gaining some weight in the midriff region, despite a rigorous diet regimen of drinking absolutely no beer whatsoever after I pass out. The only lower-body garments I own that still fit comfortably are towels, which I find myself wearing in more and more social settings. I'm thinking of getting a black one for funerals.

Because of my midlife situation, I was very pleased to read recently about the new Miracle Breakthrough Weight Loss Plan For Mice. In case you missed this, what happened was, scientists extracted a certain chemical ingredient found in thin mice, then injected it into fat mice; the mice lost 90 percent more weight than a control group of fat mice who were exposed only to Richard Simmons.

The good news is that this same ingredient could produce dramatic weight loss in human beings; the bad news is that, before it becomes available, it must be approved by the Food and Drug Administration (motto: "We Haven't Even Approved Our Motto Yet"). So it's going to take a while. If you're overweight and desperate to try this miracle ingredient right away, my advice to you, as a medical professional, is to get hold of a thin mouse and eat it. It can't be any worse than tofu.

But getting back to aging: Aside from the vision thing, and the weight thing, and the need to take an afternoon nap almost immediately after I wake up, and the fact that random hairs — I'm talking about long hairs, the kind normally associated with Cher —

occasionally erupt from deep inside my ears — aside from these minor problems, I am a superb physical specimen easily mistaken for Brad Pitt.

Not only that, but I have the mind of a steel trap. Of course, very few things in the world — and I include the Home Shopping Network in this statement — are as stupid as a steel trap. What I'm saying is, I have definitely detected a decline in some of my mental faculties. For example, the other day I was in my office, trying to perform a fundamental journalistic function, namely, fill out an expense report, and I needed to divide 3 into a number that, if I recall correctly (which I don't; that's the problem) was \$125.85, and I couldn't remember how to do long division. I knew I was supposed to put the 3 into the 12, then bring something down, but what? And how far down? And would I need the "cosine"?

I was starting to panic, when all of a sudden — this is why you youngsters

should pay attention in math class — my old training came back to me, and I knew exactly what to do: Ask Doris. Doris works in my office, and she has a calculator. I guess I should start carrying one around, along with some kind of device that remembers (a) people's names, (b) where I put the remote control, and (c) what I planned to do once I got into the kitchen other than stand around wearing a vacant expression normally associated with fish.

But so what if my memory isn't what it used to be? My other mental skills are as sharp as ever, and I'm confident that I can continue to do the kind of acute analysis and in-depth research that have characterized this column over the years, which is why, today I want to assure you, the readers, that my advancing age will in no way change the fact that MAINLY HE SCRATCHES HIMSELF.

Dave Barry is the humor columnist of the Miami Herald.

## Preoperative chemo mainstream for breast cancer

Knight-Ridder News Service

When Joyce Friedman learned she had a large, cancerous tumor in her breast, her fear of the disease was compounded by the prospect of a mastectomy.

Then her surgeon suggested an innovative treatment: chemotherapy before, as well as after, surgery. That would mean delaying removal of her tumor for several months, but the first round of drugs might shrink it, enabling him to perform a lumpectomy instead.

"I figured I had nothing to lose by trying the chemotherapy first," she said from her home in Prussia, Pa., home. "And the more I read about breast cancer, the more I think I did the right thing."

"It's pretty clear," agreed Thomas G. Frazier, her surgical oncologist at Bryn Mawr Hospital, "that Tor women with larger tumors, it's an excellent approach."

Over the past decade, as more and more doctors have offered preoperative chemical or hormonal therapy as an option for women with advanced breast cancer, the question has become whether the approach should be standard for all patients.

Although tumor shrinkage is the most recognized benefit of giving chemotherapy first, there may be other advantages. In an article in the July/August issue of the cancer journal CA, oncologist Gianni Bonadonna of Italy's National Tumor Institute in Milan, a pioneer in the use of preoperative chemotherapy, said the most important benefit seems to be the early elimination of undetected cancer cells that have spread throughout the body.

Breast cancer is divided into four stages, depending on the extent of the disease. Key factors are tumor size, lymph-node condition and the extent to which the cancer has clearly spread, or metastasized.

### Breast self-examination

Physicians recommend that women examine their breasts monthly to detect signs of cancer. Use the same technique each time you examine your breasts, and examine both breasts in the same way so that any changes will be immediately obvious.

#### What to do



#### What to look for

**Visually examine**  
Stand facing a mirror. Inspect both breasts for anything unusual such as puckering, dimpling or scaling of the skin.

**Check for discharge**  
Gently squeeze each nipple to check for any unusual or bloody discharge.



#### Manually examine

Raise left arm and use the fingers of the right hand to explore left breast. Pressing the flat part of fingers in small circles, begin at the outer edge and gradually work toward the nipple. Reverse hands and repeat on right breast.



#### Visually check contours

With hands on hips, bow slightly toward a mirror while pulling shoulders and elbows forward. Look for changes in breast shape or contour. Inspect the undersides carefully.



#### Feel for lumps

Lie flat on the back with a pillow or folded towel under one shoulder and stretch that arm overhead to flatten the breast for easy examination. Also feel the armpit for any lumps or swelling.

SOURCES: American Cancer Society, The American Medical Association, Women's Breast Cancer Advisory Center

For stage 4, in which cancer has metastasized, chemotherapy is given immediately.

For stage 3 cancers — large breast tumors (more than five centimeters) and cancerous lymph nodes — chemotherapy up front has clear advantages. In most cases, it shrinks tumors, qualifying more women for lumpectomies. More important, their

long-term survival rates are no worse — and in some studies, better — than with traditional treatment, namely mastectomy followed by chemotherapy.

About 20 percent of patients given preoperative therapy have had no response to the treatment, Bonadonna found in reviewing the research. On the other hand, it

**'I figured I had nothing to lose by trying the chemotherapy first. And the more I read about breast cancer, the more I think I did the right thing.'**

— Joyce Friedman, breast cancer patient

appears that about 10 percent of cancers disappeared with chemotherapy before surgery.

Jean Tarnorelli, 47, a teacher at William Penn Charter School in Philadelphia, was among the lucky few. Two years ago, preoperative therapy caused complete remission of her seven-centimeter tumor and cancerous lymph nodes.

"It's the largest tumor I've ever seen disappear," said her surgeon, Gordon Schwartz of Thomas Jefferson University Hospital.

"Every case is different," Tarnorelli said. "I just didn't want part of my body lopped off if I could avoid it."

But the picture is more complex for early-stage cancer patients. In stage 1, tumors are very small and lymph nodes clear. Stage 2 tumors are up to five centimeters, with or without cancerous nodes. In both stages, most patients qualify for lumpectomy from the start, so the merits of postponing surgery to administer chemotherapy first are not clear.

Traditionally, they would undergo surgery, followed by radiation and chemotherapy.

"With the two- to three-centimeter tumor, there are so many variables. It's very complicated, and the discussion with an individual woman can take several hours," said John H. Glick, director of the University of Pennsylvania Cancer Center.



Mike Campbell sports a black leather single-breasted jacket during a Calvin Klein fashion show in New York City last winter. Leather requires special, professional maintenance unique to itself to keep it looking good.

## Run, don't hide, from leatherwear outerwear

The Associated Press

Chances are there is more leather in your wardrobe these days, with skirts, blouses, jackets and coats made into all sorts of apparel accessories. And chances also are that you might not know what to do with it when it needs freshening up.

"While silks and wools need the care of a dry cleaner to keep them fresh, leather requires a special, professional type of maintenance unique to itself," says Roz Schott, executive vice president of Schott Bros. Inc., a company that has been producing leather outerwear since her grandfather founded it in 1913.

She has some advice for leatherwear owners:

- If the elbows and cuffs on your leather jacket appear flat and dull, brush lightly with soft brushes over the flat-looking sections to restore the nap. Test the brush on the underside to make sure it won't damage the garment.
- White film often appears on wet leather after it dries; the "spew" is the

skin's natural oil rising to the surface. To remove it, rub the leather with a piece of chamois. If this doesn't work, it may be the white spots are really mildew stains; if so, let a professional do the cleaning.

- Use mink oil to keep leathers (except suede) soft and supple. To maintain suppleness, store the garment at room temperature.
- If you want to shorten a leather skirt, cut the length with sharp shears, allowing a hem. Apply rubber cement sparingly on the underside with a cotton swab and let dry. When the glue is tacky, put the hem into position, then roll down smoothly along the hemline. Schott suggests using a rolling pin.

- If your leather jacket smells funny after being stored in a closet, air it out on a clear day. If the smell persists, take the jacket to a professional leather cleaner for deodorizing.

- Check the instruction tag that came with your leather gloves to clean them without shrinking them. If you can't find it or don't want to tackle the job, let the professional do it.

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