

The News

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Good morning

Today's forecast:
High wind watch today. Mostly cloudy with scattered rain or snow showers. Highs in the mid-40s. Low 25 to 30.
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Magic Valley

Shaking a negative image
Party members say Jeanne Meyer, chairwoman of the Twin Falls County Democrats has invigorated the party.
Page B1

Residents raise a stink
Despite the plants efforts, Kimberly's hostility has been on the rise over a processing plant's failure to control its odors.
Page B1

Sports

Back on top
Sun Valley native Picabo Street won her first World Cup ski race of the season Sunday.
Page B4

Upsets du jour
The Seahawks and Redskins posted Sunday's biggest NFL upsets.
Page B4

Health & Fashion

Drop dead
Skater Sergei Grinkov was 28 years old and a world-class athlete, but he was struck dead suddenly with heart disease. The same thing could happen to you.
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Opinion

Reasons not to quit
Budget cuts are reducing the federal budget will have both long-term and short-term consequences, a guest editorial says.
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Nation

Grow up
Bad manners seem to be spreading in Washington, D.C., these days.
Page A3

Small black hole discovered
Scientists say they've discovered a black hole the size of a thumbnail.
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World

Trouble in South Korea
Two former South Korean presidents face corruption charges and now President Kim Young-sam is accused.
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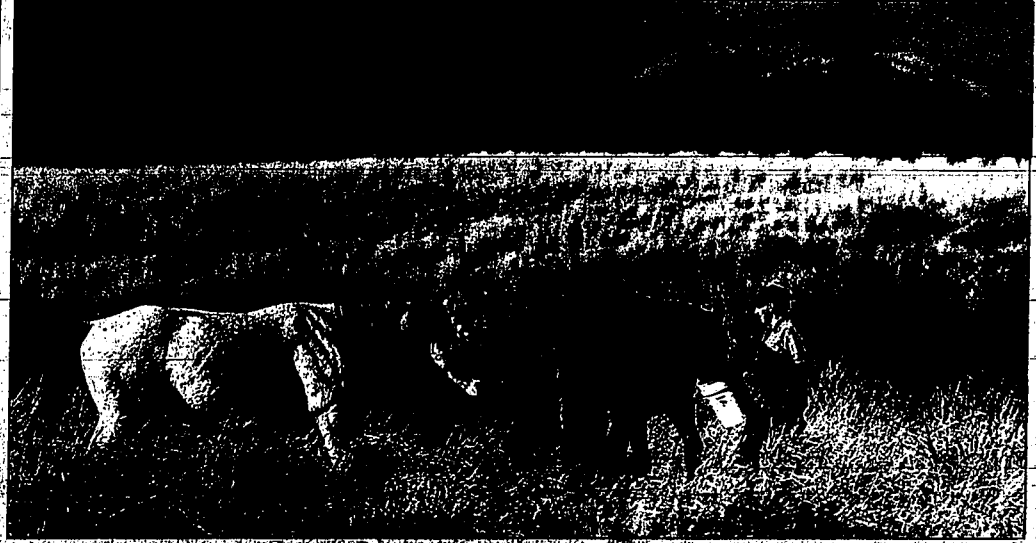
Clinton OKs 1st Bosnia forces

Communication, logistics experts expected in-country within days; Serb commander's complaint rejected

The Associated Press
New U.S. role - C1
MADRID, Spain — President Clinton authorized a vanguard of 700 American troops to open a risky mission in former Yugoslavia and rejected Bosnia Serb demands Sunday for rewriting the treaty U.S. forces will help enforce.
"When you make a peace agreement, not everybody is happy with it," Clinton said, referring to Bosnian Serb military leader Radko Mladic's warning that Serbs in Sarajevo will never live under Muslim and Croat rule, as the agreement prescribes.
Despite the complaints of Mladic and others, Clinton said, "I don't think the treaty is in trouble and, no, I don't think it should be renegotiated." It is to be signed Dec. 14 in Paris.
Wrapping up a five-day European trip, Clinton announced he had given the go-ahead for sending into Bosnia 700 U.S. troops, trained in logistics and communi-

cations.
Within a few days, the advance troops will establish a U.S. headquarters in the northeast town of Tuzla in preparation for nearly 20,000 Americans set to follow in a matter of weeks. The Americans, part of a 60,000-troop international peacekeeping effort, will spend the winter and the months after that trying to separate warring parties and disarm land mines hidden by snow-covered fields.
As he headed home from Europe, weary from long days and late nights, Clinton faced deep skepticism from American citizens and the Congress about the military mission.
Senate Majority Leader Bob Dole, R-Kan., said on CBS' "Face the Nation" Sunday that around Wednesday this week the Senate will take up a resolution supporting American forces in Bosnia but also containing language on arming Bosnian Muslims and providing a clear exit strategy.
"If Bill Clinton is going to have the entry strategy, the rest of us should have the exit strategy," said Dole.

Home on the range



Bert Landon feeds grain to some of the horses that he lets roam the Camas Prairie while under his care.

Horses spend final years on ranch

By Julie M. McKimmon
Times-News writer

FAIRFIELD — Quiet and serene, with the towering Soldier Mountain providing an awe-inspiring backdrop, Idaho's southern Camas Prairie is a choice place to retire or relax.
Wandering horses roam the open plain, drink their fill from Camas Creek or rest in hand-drawn corrals verifies that. Many are elderly, injured or diseased.
And many of the horses cared for by 61-year-old Bert Landon, whose lucrative horseboarding career in Southern California was shattered along with bone after an equine riding accident, seem to improve at the Idaho native's "rest home."
If nothing else, the horses are content. So are their mostly Southern California owners who occasionally visit the pets they put out to pasture in a rugged state they'd never seen.
"Sometimes just rest and lay up is good for everyone, I guess," said Landon's wife, Sheryl. "It's kind of a silly little business, but it works."
"We haven't even touched the market here."
Without advertising or substantial assets other than land and willpower, the business is growing faster than corn and sheeps can be built for the winter.



Inside a corral, a young colt captures Bert Landon's attention.

Bert Landon
As a skinny child on his father's horse-

filled ranch near Arco, Landon hated horses.
"I was always getting run over and bucked off," said Landon, who never would have believed his living would

someday come from horses.
After seven years as a Mountain Home postal employee, the father of five started earning a degree in elementary education from Boise State University. To make

money while going to school, Landon shooed the horse of any willing cowboy or owner he could find.
But teaching elementary school, Landon later learned firsthand, didn't pay much. Horsefostering in southern California, he was told, would.

So, 20 years ago, Landon set up shop — and learned that shoeing \$40,000-horses was different than shoeing \$250 ones.
"All I knew how to shoe was an old cowboy horse," Landon said. "Whoever owned them was appreciative if you got the shoe on them, and sometimes they paid you and sometimes they didn't."

Krahn's farm
Persistent droughts and subsequent debts forced Bert Landon's son-in-law, David Krahn, to desert his family's 520-acre Camas County farm and join the successful farrier in Southern California about 10 years ago.
"There just wasn't anything going on here," Krahn said.
Meanwhile, Landon and his apprentice hauled elderly-horses back to Mountain Home for Sheryl Landon to handle while running her dress store. The Landons' daughter, Pam Krahn, came back to Camas County and cared for the horses while summering on her husband's family farm.
In the next six years, injured and young

Please see HORSES/A2

Tax credit plan for children finds few advocates among economists

Los Angeles Times
WASHINGTON — It is touted as a premier example of family-friendly tax relief, a Republican plan to give households a year-long break for the expense of bringing up children.
Yet the GOP's proposed \$500-per-child tax credit now embroiled in budget talks between Congress and the White House, finds few friends among economists. Asked about it, many experts on economic policy roll their eyes with bewilderment and even contempt.
"Ridiculous" is the first word that comes to mind," said James E. Smith, a University of North Carolina economist. "I don't get what great national goal we achieve with this proposal."
"Smith, a free-enterprise enthusiast who would like Congress to slash the federal budget deficit rapidly, has a lot of company."
"It's awful. It's very negative," said Arthur B. Laffer, an economist known for advocating other types of tax cuts in the 1980s. "It's really bad economics. It's bad social policy."
The saga of the proposed tax credit illustrates
Please see CREDIT/A2

Woman earns \$22 million on \$5,000 investment, leaves it to university

The Associated Press
NEW YORK — So you think auditors for the Internal Revenue Service don't have a heart? Anne Scheiber did, and gave \$22 million to a university that never heard of her.
Scheiber retired in 1944 after a 23-year career at the tax agency, and invested her \$5,000 savings in the stock market. When she died in January at age 101, her holdings stood at \$22 million in a portfolio that included Coca-Cola, Paramount and Schering-Plough.
Scheiber, who lived alone, decided to bequeath virtually all of her fortune to Yeshiva University to support scholarship for Jewish female students.
"Elation would be an understatement," Yeshiva's president, Norman Lam, said Sunday in describing his reaction to learning of the windfall gift. "At first I didn't believe it — there was a certain disbelief." Lam said the bequest would go solely to aid needy students at Stern College, Yeshiva's women's college, or female students at the university's Albert Einstein College of Medicine.

Weather

IDAHO Weather

Monday, Dec. 4
AccuWeather® Forecast for Idaho conditions and high/low conditions

COOR D'Alene 34°
Lewiston 41°
Boise 47°
Idaho Falls 43°
Twin Falls 45°
Pocatello 44°

WASH. MONT. ORE. WYO. NEV. UTAH

AccuWeather Systems Inc. © 1995 AccuWeather, Inc.

Idaho forecasts

Magic Valley

High wind which in eastern sections Monday. Mostly cloudy. Scattered rain or snow showers. Highs in the mid-40s. Monday night mostly cloudy. Lows 25 to 30. Breezy in the evening. Tuesday partly cloudy. Highs 35 to 40.

Extended regional forecast

Wednesday and Thursday mostly cloudy with a chance of valley rain and snow and mountain snow. Highs in the 40s. Locally breezy. Lows in the mid-20s to the mid-30s. Friday mostly cloudy with a chance of valley rain and snow and mountain snow. Highs mid-20s to the mid-30s by Friday. Locally breezy. Lows in the mid-20s and teens.

Wood River Valley

Monday mostly cloudy. Scattered snow. Highs in the upper 30s. Windy on the prairie. A slight chance of evening snow showers. Lows 10 to 15. Decreasing winds on the prairie. Tuesday partly cloudy. Highs in the mid-30s.

Treasure Valley

Monday mostly cloudy and breezy. Widely scattered morning rain or snow showers. Highs in the mid-40s. Monday night and Tuesday partly cloudy. Lows in the mid-20s. Highs in the mid-40s.

Northern Nevada

Monday mostly cloudy. A slight chance of showers northeast in the morning and northwest by afternoon. Snow levels above 6,000 feet. Highs in the mid-40s to upper 50s. A slight chance of mainly mountain showers north. Lows in the 20s and lower 30s. Tuesday mostly cloudy north with a slight chance of mountain snow showers.

Northern Utah

Monday mostly cloudy. A chance of morning rain showers mainly north. Highs near 50. Monday night and Tuesday mostly cloudy and cooler. Lows 25 to 30. Highs 40 to 45.

Idaho weather summary

Middle and high clouds were developing across Idaho on Sunday as a strong Pacific storm system moved across the Northwest.

There was light precipitation near Idaho Falls in the upper Snake Valley, and rain or snow showers were expected to increase across the state through Monday morning.

Skies were fair at Lewiston and partly sunny in the Hailley-Sun Valley area. Temperatures in the low to middle 40s were common in the valleys, with cooler readings in the 30s in the mountains.

NATIONAL Weather

The AccuWeather® forecast for non-Idaho, Monday, Dec. 4

FRONTS: COLD WARM STATIONARY
HIGH LOW SHOWERS RAIN T-STORMS PLURALS SNOW GS SUNNY PT. CLOUDY CLOUDY

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National temperatures

City	Max	Min	Pcp
Albuquerque	68	39	
Atlanta	68	39	
Boston	48	38	0.05
Chicago	58	38	
Dallas	70	51	
Denver	50	28	
Des Moines	53	35	0.02
Detroit	53	35	0.02
Honolulu	87	70	
Houston	67	48	
Indianapolis	59	48	
Kansas City	57	38	
Las Vegas	62	38	
Los Angeles	70	52	
Memphis	72	61	
Miami Beach	78	68	0.02
Milwaukee	47	37	
Minneapolis	43	22	
New Orleans	80	50	
New York	65	31	
Oklahoma City	66	43	
Omaha	56	28	
Phoenix	78	49	
Pittsburgh	54	35	
Portland, Me.	52	32	
Portland, Ore.	48	42	1.1
Reno	68	56	
St. Louis	69	50	
Salt Lake City	52	27	
San Francisco	61	46	
Seattle	58	38	0.03
Spokane	38	27	
Washington	62	33	

Temperature extremes

Idaho: High, 49 degrees at Hagerman. Low, 2 degrees at Galena Lodge. Nation: High, 87 degrees at Alice, Texas. Low, minus 1 degree at Caribou, Me.

For up-to-the-minute weather information
Tune to the National Weather Service radio band at VHF-FM 162.4 or 162.55 MHz or call 423-4423.

For information call

For current road conditions, call these numbers: Boise, 376-8028; Shoshone, 886-2266; Hailley-Sun Valley, 233-6724; Rigby, 745-7278; Utah, 801-964-6000; the Elko, Nev., area, 702-738-8888.

Almanac

Idaho	Twin Falls
Max	Yesterday 40 26
Min	Last year 48 34
Burley	48 25
Fairfield	m
Gooding	m
Hagerman	m
Idaho Falls	39 18
Jerome	41 27
Lewiston	43 31
Malad	48 18
Matta	48 19
McCall	m
Pocatello	46 25
Salmon	40 22
Smyrna	m
Sun Valley	m

Precipitation
Normal to date: .43
Month to date: .15
Water year to date: 2.67
Normal year to date: 2.10

Comfort factors
Humidity at noon: 78 percent
Barometer at noon: 30.19 inches

Skywatch
Sunset today 5:05 p.m.
Sunrise tomorrow 7:52 a.m.
Lunar phase: First quarter, Nov. 30; full, Dec. 6; last quarter, Dec. 15; new, Dec. 21.
Visible planets: Morning, none.
Evening: Mars, Jupiter, Saturn, Venus.

Credits

Continued from A1
trains in one small way how the U.S. tax code has turned into a fantastically complex mishmash of provisions that have questionable if not harmful effects on the larger economy.

Some supporters of the benefit, ranging from tax-cutting conservatives to liberal children's advocates, have a social goal in mind: helping families afford to raise kids. Others see it as a necessary sweetener to help Americans swallow the medicine of balancing the budget, an exercise certain to bring discomfort to many households.

The religious right has pushed hard for the proposal as an expression of pro-family government policy, while many contend that it is only fair for households who have the expense of children to receive a tax break.

"As a culture, we ought to do everything we can to encourage and help parents trying to raise children," said Gary Bauer, president of the Family Research Council, a conservative group in Washington. "When parents are able to do that well, we all benefit from it."

It is when that belief is applied to the tax code that the controversy begins.

The Republican proposal — a \$500 credit for each dependent child younger than 18 — would cost the Treasury \$147 billion over the year 2002, yet it occupies a prominent spot in the GOP plan to balance the budget by then. It would take effect in the last quarter of this year, creating a \$125 credit in 1995.

Economists are skeptical for many reasons. Most believe that the tax code should be simpler, with fewer deductions and exemptions, rather than weighed down with new exemptions — however idealistic the intent. According to this widely held view, it is not the job of tax policy to favor one type of family over another.

Sooner or later, somebody will have to come up with the money to compensate for the new deduction — such as taxpayers without children.

The Republican proposal would give the full benefit to married couples earning up to \$110,000 per year, and single parents earning up to \$75,000.

"I can't argue with people who like children. I can't argue with people who like blondes either," said Peter J. Klein, an economist at the University of Chicago. But if the argument is about broad-based economic growth, he said, the goal should be fewer deductions and lower tax rates.

Horses

Continued from A1
This fall's warm weather allowed the men and teen-agers to build corals and get ready for winter longer than they had expected, says yearling Bert Landon, who hopes to have every-thing built, including a barn.

The Landons and Krahn's currently care for about 50 horses, half of which are elderly. Icelanders, quarter horses, Arabs, warm bloods, polo ponies, Tennessee walkers and other horses now live on the Camas Prairie; a few mares have foaled there.

It costs \$60 a month to board a horse at the "best home." If the horse-owners were to stay in Southern California — all but about five are from there — it would cost an average of \$150 to board them.

"If they may have to be kept in the 12, nice corals in their own-ers' backyards, 12-by-24 if they're lucky," says Landon.

"They run more in one day than they do in six months down there," Bert Landon said.

Camas Prairie
It takes some of the horses a while to get used to open space, being in a herd and sometimes even drinking from a stream.

The owners also have to be assured that surviving the prairie's winters is possible with more feed and three-sided shelters to shield the horses from damp westerly winds.

David Krahn still shoes horses in Southern California, spending three weeks there and then three weeks with his family, who now live year-round on the Camas Prairie. In the summer, Bert Landon goes back to the area twice a month to deliver and pick up horses.

Bert Landon joked the couple has contracts where the air daughters have to take care of them during their last 20 years since the couple took care of them for their first 20.

"I should have took a shotgun and rushed him off," Landon said of the time Krahn was dating his daughter. "To my benefit now, see, he's still with me."

The 'great home'
A few years ago, the Landons sold the corral on the Krahn property, and the 90-year-old house had no insulation and bad wiring. Gapes-in-the-roof-revealed-patches of sky.

But the Landons sold their house in Mountain Home when the chance came up 25 years ago. So while Sheryle Landon worked on the house on the Krahn property, Bert Landon built corals from trees he, David Krahn and his grandsons' at Galena Summit and brought back

Scientists discover tiny black hole

The Baltimore Sun
Take 1.2 billion stars the size of our sun, and squeeze.

Crush them down to a volume the size of your thumbnail, and you'll have something like the black hole just discovered by scientists at the Johns Hopkins University using the Hubble Space Telescope.

"This is clearly a remarkable discovery," said Holland Ford, the Hopkins astronomer whose team found the new black hole.

They spotted it in a galaxy labeled NGC 4261, about 100 light years from Earth in the constellation Virgo. A light year is the distance light travels in one year, about 5.9 trillion miles.

It is only the third black hole ever found, and Ford's second. The first, discovered by Ford in 1994 in the galaxy NG 7, lifted the black hole from theory into reality.

Black holes are the remnants of collapsed stars or collapsing galaxies. They contain so much mass in so little space that nothing passing nearby can escape their gravitational pull, not even light.

Ford's goal is to identify five black holes before the next Hubble servicing mission in 1997. This discovery is to be announced Monday at the European Space Agency in Paris.

With two black holes already identified, "you can always say, 'Why make so much fuss?'" said Laura Ferrresse, a graduate student on Ford's team at Hopkins. She is credited with the discovery.

But scientists "always have something new to learn," she said. "We're no more struggling just to detect black holes. Now there is an all new field called 'black hole demographics.'"

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By Randall, circulation director
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Clark Walworth, managing editor
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Idaho road report

BOISE (AP) — The Idaho Department of Transportation reported mostly dry highways across the state Sunday afternoon. U.S. 12 from Lowell to Lolo Pass remained closed.

Road conditions:
U.S. 95 — Plummer-Sandpoint-Moscow, dry; Waiilatpe-New Meadows, dry, icy spots; Marston-Oregon line, dry.
Interstate 90 — Fourth of July Canyon, dry; Lookout Pass, broken snow floor.
I-84 — Lewiston-Lowell, dry; Lowell-Lolo Pass, closed.
Interstate 84 — Dry.
Idaho 55 — Horseshoe Bend-Donnelly, dry; icy spots; Donnelly-New Meadows, icy spots.

Idaho road report

Idaho 21 — Boise-Idaho City, dry, wet; Idaho City-Lowman, icy spots; Lowman-Banner Summit, icy spots.
U.S. 20 — Dry; Ashton-Montana line, dry, icy spots.
U.S. 26 — Idaho Falls-Wyoming line, dry, icy spots; Blackfoot-Arco, dry.
Idaho 51 — Dry.
U.S. 93 — Nevada line-Arco, dry; Arco-Salmon, dry-wet; Lost Trail Pass, icy spots, broken snow floor.
Idaho 75 — Shoshone-Ketchum, dry; Caldwell-Ketchum, icy spots.
Interstate 86 — Dry.
Interstate 15 — Dry.
U.S. 30 — Dry.
U.S. 91 — Dry.
Idaho 28 — Dry.

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Nation

Bad manners spreading on Capitol Hill

Los Angeles Times

WASHINGTON — "I'd like to take an Ut in there and spray the place," muttered the man in the elegant, dark-blue suit, a steely look of hatred in his eyes.

The speaker was no wanna-be terrorist, but a United States senator — a furious Democrat exiting the Senate chamber one recent evening after another fruitless debate with Republicans who are intent on transforming the country's social welfare programs.

With breathtaking frequency these days, venomous rhetoric and vicious invective are polluting public dialogue in Washington — not only in speeches and news conferences but even during private, high-level meetings from the West Wing of the White House to the marble warrens of the Capitol.

Slurs such as "fascists," "dictators," "extremists," "terrorism," "blackmail" and even "crybaby" regularly punctuate the debate. Shoving matches, blue-pulling, temper tantrums and finger-wagging lectures no longer shock. No one seems immune from such childish behavior.

All the accumulated sore feelings are threatening to derail the negotiations to resolve the budget stalemate between President Clinton and the Republican Congress. If it turns out that the yearlong avalanche of vituperation — often resulting from long-nursed personal grudges — plays a part in prolonging the budget gridlock, there will be no dearth of villains.

The arrival this year of a GOP majority in Congress — and the bitter departure of senior Democrats —

A brief history of uncivilized behavior

Los Angeles Times

WASHINGTON — To be sure, searing personal animosity, fueled by political rivalry and private ambitions, is hardly a newcomer to Capitol Hill.

In the last century, for instance, John Randolph, the noted Roanoke, Va., orator, described Henry Clay of Kentucky as "so brilliant yet so corrupt, ... like a rotten mackerel by moonlight (that shines and stinks)."

In 1850, Sen. Henry Foote of Mississippi pulled a gun on a col-

league, Thomas Hart Benton of Missouri, at which point Benton flung open his coat and cried: "I have no pistol. Let him fire! Let the assassin fire!" (Cooler heads prevailed and both senators were censured.)

Six years later, Charles Sumner, an outspoken foe of slavery from Massachusetts, was beaten into unconsciousness by a cane-wielding Rep. Preston Brooks of South Carolina as he sat at his Senate desk — just three days after Sumner verbally assailed Brooks' uncle, Sen. Andrew Butler.

exacerbated the situation. On the cup of the wine are an uncommonly outspoken speaker of the House, Newt Gingrich, R-Ga., and an unusually large class of zealous freshmen in both the House and the Senate who care less about decorum than they do about the issues at hand. Further contributing to the nastiness is the fact that Congress is deciding hugely important questions of whether well-established federal programs will live or die. "It's really unfortunate the way that the debates have gone," said freshman Sen. Spencer Abraham, R-Mich. "But a lot of that's due to the extraordinarily high stakes involved."

Rarely, if ever, has the petty mean-spiritedness been so flagrant and pervasive now. And the bills seem to be escalating with each uptick in the stakes as Democrats and Republicans clash over their jarring, contrasting visions for America.

During a November budget meeting in the White House Cabinet Room, Vice President Al Gore and Gingrich exchanged such heated words that several aides thought they might have to intervene and keep the men from lunging at one another, according to Democratic and GOP aides who were present.

It took soothing words from both Clinton and Dole to calm the disputants, according to aides. The speaker also was miffed at White House Press Secretary Mike McCurry for the way he criticized the Republican Medicare proposals. "Eventually, they would like to see the program die and go away," McCurry had said, adding, "You know, that's probably what they'd like to see happen to seniors too."

Nor was Gore's run-in with Gingrich an isolated incident. He accused the Republican majority in Congress of waging an anti-environ-

mental "jihad," which prompted Rep. Dana Rohrabacher, R-Calif., who chairs the House Science subcommittee on energy and environment, to call Gore "the one wearing the storm-trooper uniform."

Among the Democratic utterances that Republicans found most offensive were those made by House Minority Leader Richard A. Gephardt, D-Mo. Referring to the GOP legislative juggernaut, Gephardt said at one point: "Sometimes revolutions claim millions of lives."

Gephardt also accused the Republicans of "trying to hold the whole country hostage," "threatening to basically blow up the government," and engaging in "blackmail and bomb-throwing."

But the most memorable exchange of all took place behind closed doors during a late-night session in the White House Cabinet room on Nov. 13 as the president and congressional leaders met in an last-ditch effort to head off a partial government shutdown.

Aides on both sides said angry words flew after House Majority Leader Dick Armey, R-Texas, told Clinton that the withering Democratic criticism of the Republican agenda "makes it difficult for us to work with the White House."

The president flushed with anger and, with a rising voice, recalled that he too had worked tirelessly to reduce the federal budget deficit and to reform health care — programs that were bitterly denounced by most Republicans.

"These tough shots — I know what they are like," Clinton said.

Rising to his feet, the president pointed a finger at Armey and added: "I don't care what you said about me. But I have never said anything disparaging about your wife or any other family member." Armey responded: "Perhaps it's my Western upbringing. But I don't listen very well when someone's pointing a finger in my face."

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U.S. prison population grew 9% in 1 year

Los Angeles Times

WASHINGTON — The population of prisons in the United States grew by almost 9 percent in the 12 months that ended June 30, reflecting the effect of tough sentencing laws and prison building programs in many states, according to a Justice Department report released Sunday.

The one-year increase of 89,707 inmates in state and federal prisons was the largest on record. The rate of growth, 8.8 percent, exceeded the approximately 8 percent average for the last five years.

The trend reflects stricter mandatory sentence laws in many states for

drug-related and violent crimes as well as tougher sentencing practices, which have restricted the use of parole for letting inmates out early.

Fear of crime and growing outrage over widely publicized acts of violence in the country have bolstered public support for strict sentences for many offenses, criminal justice experts said. "This is part of general

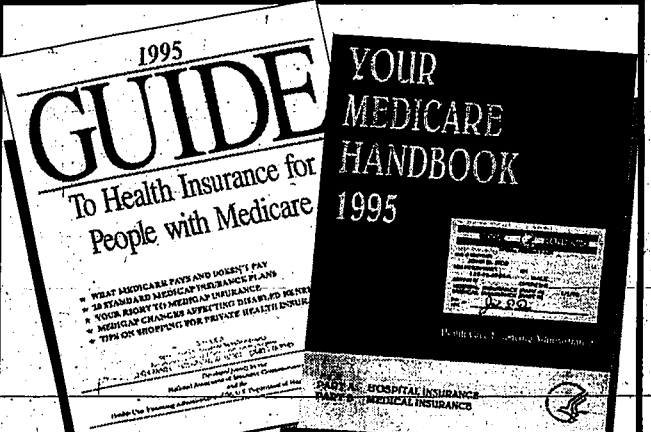
long emerging public view that there are no alternatives to prison," said Gerald Caplan, dean of McGeorge Law School in Sacramento, Calif., and a former Justice Department official. "Incarceration has increasingly become the acceptable way of handling wrong doers. Those who argue for leniency are an increasingly smaller crowd."



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Nation

Black mayor's election jostles genteel city

SAVANNAH, Ga. (AP) — Three days after this regal coastal city elected its first black mayor, the campaign manager warned the staff: Beware of all packages delivered to the office.

No one had threatened violence but "we can't take any chances," he said.

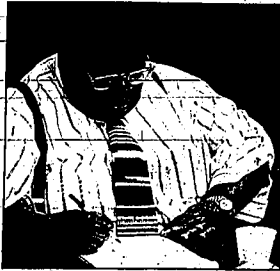
In a majority black city that has thrived on all-white social clubs, segregated neighborhoods and separate debauche balls for each race, residents are adjusting to the latest shattered racial barrier.

"It was long, long overdue but changes are happening in Savannah," said W.W. Law, a black historian who led the local NAACP chapter for 26 years. "Now, as the world's eyes look to Savannah, there will be an African-American at the helm and that's as it should be."

The city is in the national spotlight as site of the 1996 Olympic yachting events and setting for "Midnight in the Garden of Good and Evil," John Berendt's best-selling account of a murder in the historic home of a gay antiques dealer.

Before black newspaper publisher Floyd Adams Jr. narrowly beat white incumbent Susan Weiner last week, Savannah already had witnessed the admission of the first black to an elite all-white yachting club, the birth of a civil rights museum financed by local tax dollars and the lifting of a longstanding federal court order to desegregate the schools, all within the last few months.

The round, bespectacled Adams, an alderman for 13 years, knows he owes his 256-vote victory



Mayor-elect Floyd Adams beat white incumbent Susan Weiner thanks to a small white crossover vote.

margin to a small white crossover vote. "They have faith in me that I will work hard and I won't cause them any harm or damage," he said. Georgia's oldest city (pop. 140,000) has long suffered subtle bigotry but never racial violence,

thanks to its veneer of Southern gentility. "Savannah never had a black lynching," said college professor John Duncan, who teaches a course on city history. "There's a sense of civility here."

But peel back that layer and Savannah reveals its quirky, scandalous side. As Berendt's book illustrates, Savannah is an odd mix of cottillians and drag shows, bluebloods and funky art students. "While the city is tolerant of its natives' foibles, nothing is begrudged more in Savannah than outsiders. 'I don't know what race problems you're talking about,'" said former Mayor John Rousakis, who served 21 years before he was ousted by Mrs. Weiner in 1991. "I think we've done a hell of a job."

While millions of tourists flock each year to its cobblestone riverfront and stately squares dripping with Spanish moss, Savannah's black neighborhoods suffer the same blight as many inner cities: poverty and ramshackle housing. And blacks are typically missing from top corporate boards and social clubs.

While Mrs. Weiner has asked for a recount, the rest of the city is warily ready to accept Adams as their new leader. "The black community is justifiably proud. The white community is holding its breath," said architect Eric Johnson, a white Republican state senator. "If Floyd immediately reaches out and shows that he's pro-business, then there will be a big sigh of relief."

Simpson plans spur replacement scramble

CODY, Wyo. (AP) — Alan Simpson's announcement that he will retire from the U.S. Senate seat he has held for 17 years probably will set off pitched battles among would-be successors in both parties.

The 64-year-old Republican announced to a home town crowd that he would step down at the end of his term in January 1997.

"Part of me said I could do this for another three or four years, but not six," he said Saturday. "The old fire in the belly is out. The edge is off."

"Well, nuts," said Republican Gov. Jim Geringer. "I really don't want him to retire."

The governor said Simpson set a "standard for consensus-building that will be difficult for anyone to match."

Simpson is the third senator in the last four weeks to announce plans not to seek re-election in 1996, following Mark Hatfield, R-Ore., and Nancy Kassebaum, R-Kan.

Overall, four Republicans, including Simpson, and eight Democrats are leaving the Senate when their terms end 13 months from now. That's the most at one time since 1896.

Simpson predicted a heated race for his seat, particularly among fellow Republicans: "It will be a very spirited Republican primary," he said.

State Democratic Party Chairwoman Mattilda Hansen said she has heard from five Democrats who would be interested in seeking Simpson's seat. "We may have a free-for-all," she said.

Simpson won his first U.S. Senate race in 1978 and easily defeated Democratic challengers in re-election bids in 1984 and 1990.

However, his support for abolition rights cost him a number of GOP backers, and his moderate views cost him his position as GOP whip when Republicans took over as the majority party in 1994.

Simpson most recently has taken on entitlement programs, urging Congress to slow growth in spending, and lobbying groups such as the American Association of Retired Persons, with which he said should be forced to pay income taxes.

He has been a driving force behind efforts to overhaul immigration laws, and said he plans to continue that campaign during his remaining year in the Senate," he said. "There is... much to do."

Republicans whose names have surfaced as possible candidates include Dr. John Barroso, a Casper physician with strong Republican ties and statewide exposure through televised medical reports.

Also identified as a possible candidate: Rob Wallace, a staff member for former U.S. Sen. Malcolm Wallop who ran an unsuccessful race for Wyoming's lone U.S. House seat in 1994.

U.S. Rep. Barbara Cubin, a Republican now in her first term in Congress, has said she is uninterested in seeking Simpson's seat.

Among Democrats, former Gov. Mike Sullivan has said he is not interested.

'The old fire in the belly is out.'
— Sen Alan Simpson



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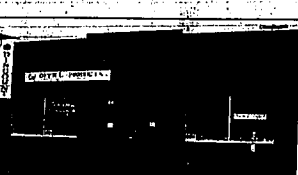
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Pictured are: Elmer Thompson, Lisa Rasmussen, Allen Thompson, Marty Hernandez, Randy Babbitt and Tom Christiansen.

Idaho Mill & Industrial Supply has moved to its new location at 2441 Kimberly Road, next to Adventure Motorsports. They have been in Twin Falls for 12 years, and in Idaho for 30 years. Idaho Mill & Industrial Supply is owned by Elmer Thompson. General Manager is Allan Thompson. They also have a location in Burley at 719 Overland Avenue.

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...if IPTV doesn't do it, who will?

Alaskans to winter: Let it snow - please!

ANCHORAGE, Alaska (AP) — Except for people who'd rather not have to shovel a few feet of white stuff to get to the mailbox, this season's been a dud.

The wind still rustles up the sound of fallen autumn leaves, unsmuffed by snow.

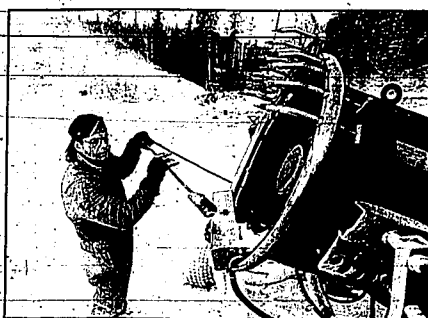
Snowmobile fans in Alaska's largest city have had to haul their machines a few hundred miles out of town in search of snow.

Nordic skiers have almost given up, retreating to thickly frozen lakes for a few unwarding laps. High school ski meets have been scrubbed.

Fans of warm weather pursuits, such as mountain bikers, on the other hand, are smiling.

A dry trend started in October because a high pressure area has been stalled over Nunivak Island in the Bering Sea, diverting moist air from the Anchorage area, the National Weather Service said.

It was the city's driest November since 1985 and among the brownest since 1921. Anchorage had a scant nine-one-hundredths of an inch of new snow during the entire 30-day stretch.



Brian Broad defrosts a snowmaker at Hilltop ski area near Anchorage. Hilltop should have about 3 feet of snow but has received only about less than 1 inch.

That may not sound so bad by Lower 48 standards, but during the same month last year, this area of south-central Alaska got 39 inches of snow.

In an average year, nearly 10 inches falls at a snowmaker. "Thanksgiving Conditions are similar elsewhere around Alaska. Barrow, the state's northernmost city, would normally have about 15 inches of snow by now but this year has just 6 inches. Valdez, the oil port that got a record nine feet of snow in November, has only about an inch on the ground.

There's no snow in sight at least through Thursday, the weather service says.

Icy but bare ground also is affecting sled dog teams. "It ain't good," said Kaymie Redington, a veteran Iditarod trail musher who trains dogs at Knik, north of Anchorage. "It will work out, but we're sure hoping for more snow."

Residents are trying to cope in whatever ways they can:

- One Anchorage retailer set up a snowmaking machine in the parking lot to get customers if the seasonal mood.

- Lee Jordan, editor of the weekly Chugiak-Eagle River Star in nearby Eagle River, urged readers to "just think snow" for a few minutes every day.

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Snelling Staffing Services recently held a ribbon cutting to celebrate a grand re-opening under new owners and management. Snelling specializes in Recruiting, Temp To Hire and Temporary placement. The new owner is Bill Boyer, manager is Terri Dickerson, Soni Preece and Cindi Tilton are Staffing Consultants.

They invite you to call or stop by.

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Dr. Timothy Tomlinson has moved his podiatrist office to Gooding. He has had an outreach service in Gooding for the past four years, in addition to his regular office in Twin Falls. Because of the increased demand for his services, he has established a full-time clinic in Gooding and is now affiliated with Gooding Memorial Hospital. Area residents can make appointments by calling the hospital at 934-4433.



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FDA: Epilepsy drug safe, despite company's plea

WASHINGTON (AP) — The Food and Drug Administration is trying to reassure epilepsy patients that a popular drug investigated for quality fluctuations is safe to use because the concerns are more legal than medical.

"We have no evidence ... that the Dilantin we have today is not performing as expected in patients," the FDA said in response to dozens of phone calls from epilepsy patients worried after Dilantin's maker, Warner Lambert Inc., pleaded guilty to a felony for hiding quality problems with the drug.

No patient should stop taking Dilantin unless directed to by a doctor, because stopping could cause serious seizures, the FDA emphasized.

But some patients question

whether they can believe the reassurance, saying the FDA shouldn't have waited three years to unveil its investigation of Dilantin and never told consumers the drug was recalled eight times this year alone.

"How can I have any faith in the FDA or any drug ever again?" asked Betty Gruber of South Glaston, Ohio, whose son suffered two days of life-threatening seizures while taking Dilantin in 1991.

Warner-Lambert agreed last week to pay a \$10 million fine for concealing quality problems with Dilantin between 1990 and 1992. Several batches of the drug did not dissolve quite at the proper rate — off by between one and three percentage points — but the FDA said the fluctuations were too minor to endanger anyone.

Clinton friend won't turn documents over to Congress

WASHINGTON (AP) — Hollywood producer Harry Thomson, a close friend of President and Mrs. Clinton, faces a showdown with Congress for refusing to release documents detailing his role in the White House travel office affair.

Rep. William Clinger, R-Pa., chairman of the House Government Reform and Oversight Committee, has set a committee vote for Dec. 12 to authorize subpoenas that would compel Thomson to produce a wide range of records.

The committee has not received a single explanation as to why Mr. Thomson has refused to voluntarily cooperate with all requests from every other investigative body

involved in this matter as well as this committee," Clinger wrote in a stern letter last week to Thomson's lawyer.

Clinger's letter, obtained by The Associated Press, gives Thomson a final deadline of Friday.

But Thomson's lawyer already has told the GOP-led committee there's little chance of cooperation, accusing Clinger of conducting a "political fishing expedition."

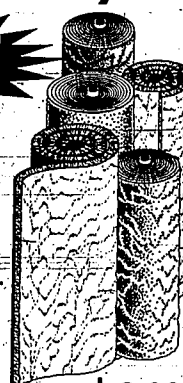
Attorney Robert Bennett wrote Clinger two weeks ago, saying the committee's document request was "unreasonably overbroad" and accusing Clinger of being "less concerned with getting the facts than with embarrassing the White House."

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Opinion

Other views

Budget agreement has moral and economic implications

From the Chicago Tribune

Even before current talks on balancing the budget began on Tuesday, the White House was warning that the two sides were so far apart that a deal would be difficult to reach by Dec. 15, when a stopgap spending bill expires. In fact, there were hints that there may not be a budget-balancing agreement before the 1996 presidential election, or maybe not at all.

Such ominous rumblings ordinarily might be dismissed as pre-bargaining hype, except that political advisers on both sides are said to be arguing for a prolonged fight rather than an early compromise. Others contend that even if a deal were to emerge that makes all the tough Republican spending cuts, it wouldn't solve the nation's future financial problems.

Future generations likely will face huge bills for government programs like Medicare and Social Security because spending will continue to grow for such programs under the budget-balancing plans, but political opportunism and continued funding problems are no reasons not to act now. In fact, inertia and politics-as-usual will only hurt the economy and make the problem worse for our children.

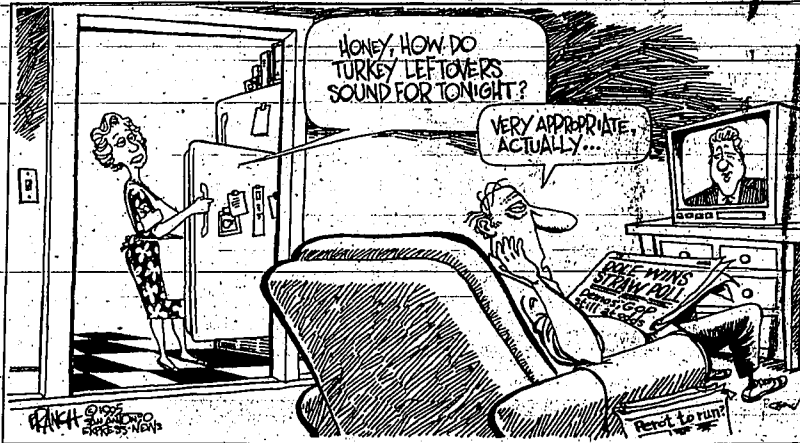
Failure to enact a balanced budget would quicken economic consequences. The stock market has been setting records almost daily, and

long-term interest rates are down, partly due to expectations that there will be a budget deal this year. Federal Reserve Chairman Alan Greenspan said last week that failure to deliver would have "quite negative" implications, including higher interest rates and mortgage costs.

But the main reason to act is as much moral as economic. Americans can't continue spending and passing the bill on to future generations, which is what indiscriminate deficit financing does. Washington has grown fat handing out more money than it takes in and giving it to people who have come to regard subsidies as birthrights, whether they need them or not. If it continues, the burden on future generations will be crushing.

Laurence J. Kotlikoff, a Boston University economist and proponent of so-called generational accounting, calculates that even under the Republican budget, the kids of Baby Boomers may be looking at future federal tax increases of 52 percent to finance Medicare and Social Security. But if nothing is done, or if a budget-balancing deal is delayed, the fiscal burden will only grow.

Republicans have a plan to cut government spending and make people pay more for government services they can afford. It's only a beginning, but if both sides go no farther, it won't even be that. And it's the kids who will pay the price.



College grant investment has big return

Financial aid to students is an investment in the national quality of life, not a coddling of the undeserving young.

Patrick Ellis

By financial aid I mean grants. Simply put, they are not a giveaway; the nation gets them back in taxes, sooner or later.

In the very short run, student loans look better than grants. People make money on the transactions, and they give some of it to campaigns. But government spends money to get the money back. More important, students have to opt for the highest-paying jobs they can get right from the start of their careers in order to stay on the repayment schedule. This means they don't go into teaching, social work or other important, necessary professions that don't pay well initially. There is considerable evidence that the generous-hearted young would serve in more of these jobs if they could afford to.

Unfortunately, real grants are all but gone as a significant component of financial aid. Institutionally based discounts, masquerading as grants, help the student but drain the uni-

versity, eroding fair salaries and needed maintenance. And such grants are largely meaningless because of the tuition levels needed to sustain the discounts.

Loans have another disadvantage in that they erode the collegiate experience. Generations of higher education people have evolved a formative lifestyle of class, activities, sports, community service and moderate levels of paid employment, which is uniquely American. Heavy loan burdens are vitiating this blend by forcing the students to be gainfully employed for too many hours weekly.

It is almost counterproductive in today's rhetorical climate to suggest that education should include leisure, in the form of conversation, attendance at plays, recitals and films, even at spectator sports. Nevertheless, it is a sad fact that today's undergraduates, in many cases, never go near the athletic events or oth-

er cultural activities on their own campuses because they simply can't afford the time.

Clearly, no source for the massive replacement of grants is evident just now. Provisions of the GI Bill were products of an expanding economy and growing population. Whatever the reason for introducing such grants, they had the effect of opening higher education to whole new swatches of American society.

We have left this purpose crumby as a national priority, substituting clumsiness and nagging circumstances that weigh on young people. Long after their college years are over, they should at least step back a few paces from the details to reconsider the principles involved here. History suggests that if we can achieve consensus on those principles, we can find the means of honoring them.

Patrick Ellis, a member of the order of Christian Brothers, is president of Catholic University. He wrote this commentary for the Washington Post.

Letters

How safe is safe?

So Gov. Batt and Larry Craig are convinced that the radioactive waste is shipped in casks that are absolutely safe. If so, why aren't these casks stored where they are filled? Why do they need to be shipped across the country?

It's about time we share these blessings our government has so generously bestowed upon us, then when the waste from overseas starts coming to the United States, it can be stored in Washington, D.C., where all of these decisions are made.

DOORA PERRON
Shoshone

Yeah for old-fashioned service

It is nice to find out that some businesses still operate the old-fashioned way. Recently a furniture item developed a problem. I called Self-Service Furniture. Its employees picked up the item, repaired it and returned it the following week. Even though it had purchased five years ago, there was no charge. Its employees, Kevin and Jim, represent Self-Service Furniture in the finest tradition of service.

BILL HORNADAY
Hagerman

With a little help from friends

I wish to express my appreciation for the article you printed in the Nov. 29 paper so poetically titled, "Christmas writ large." A struggling artist is always thankful for recognition and support from the community's paper, and for this I thank you. I also felt very honored to be asked by Sharon Parks, Magic Valley Regional Medical Center Foundation's director, to participate in this year's Festival of Trees.

It is necessary that I correct one misstatement: "Cicle got by with a little help from her friends..." Please be informed that it would have been impossible for me to have met the deadline and finish this project without the help of Dianna Cummins and Helen Turner. They both are extremely talented artists and painted their hearts out for me and the article unjustly slighted their efforts and dedication in getting this job done. Dianna was with me every day and Helen painted on her days off from her regular job, and I will never be able to thank them enough.

JAN CICLE
Twin Falls

Looking forward to Larsen

Many of us read and re-read JoAnn Larsen's column in your paper each week. Thank you for it.

The hints and information she gives us are encouraging. Some of us enjoyed a lecture JoAnn gave in this area—a full-of-wit and advice to meet each day's challenges.

Another good source of her talent is the recent book, "How Do You Want Your Room—Plain or Padded?" which is combined with noted cartoonist Artemus Cole's material. The two of them give much to help us with an amusing direction. With JoAnn's previous book, "I'm a Day Late and a Dollar Short... And It's Okay!" makes for good-clean reading with a purpose for happiness in our families and ourselves.

Good luck in publishing more good, interesting and beneficial material.

RHEA CRANER
Kimberly

Safety belts save money too

Traffic collisions account for one out of every four days employees take off work due to injuries. That one day costs employers \$55 billion each year.

Used correctly, your vehicle's safety belts are about 50 percent effective; and a child restraint is more than 70 percent effective in preventing death and serious injury in a traffic collision. Collisions occur every five seconds, an injury every nine seconds and a severe injury or fatality every 63 seconds. The smart solution is to buckle up.

Twice a year the Idaho Transportation Department's Office of Highway Safety observes shoulder restraint seat belt use at designated intersections in Twin Falls. This summer I was the observer, and 50 percent of you were buckled up. In December, another survey will be conducted. I am urging each of you to buckle up now and in the coming year. The traffic volume is increasing in Idaho, as are traffic fatalities and injuries. Don't be a statistic you or your family can't live without.

PATRICIA B. RAINO
Occupant Protection Specialist
Office of Highway Safety
Idaho Transportation Department
Boise

Tolerance for bells in demand

I can't believe what I saw and heard on KMYT news on Nov. 28. The report was regarding the ban on Salvation Army bells at the Magic Valley Mall. What kind of a city have we become if we can't handle a little noise (joyful noise, even) to bring attention to the needy people of the area?

Let me get this straight! You wake up in the morning, cozy and well-rested. After a warm shower and warm clothes, you wander into your well-equipped kitchen to fix a P.M. warm, healthy breakfast. After eating, and possibly chatting with your family, you grab your credit cards, checkbook and keys to head to the mall. A cold foot warms up to the same size eat across food and no shoes to wear.

Arriving at the mall, you are "bothered" by a bell that you hear for only a few minutes. Once inside, you spend hundreds of dollars on Christmas gifts for friends and family. If you're really nice, you might drop a few quarters or even a dollar in the red bucket before you head home—covering your ears to lessen the noise from the bellow of commerce.

I find it appalling that people find the bells annoying and bothersome. I am ashamed to live at a time when society is so selfish that it can be "inconvenienced" by listening to a bell. Once a year, the bells draw attention to homelessness, starving children and families that can't afford a traditional Christmas celebration. Just read the "Families in Need" section and think about the people (adults and children) who truly have no heat, no windows, no warm clothes and no warm winter. It is really so difficult to listen to a Christmas bell for two minutes?

The Magic Valley Mall management should be embarrassed at its actions. The excuse that these bells violate a lease agreement just shows its narrow-mindedness, greediness and lack of common sense concern for our community. Any other business that bans the bells should feel the same way. As for the customers that complain about the bells, you will fit in the same category.

If for one, you will not be shopping at the mall this season. I would rather go where the needs of people that are being heard—not where their needs are being ignored and silenced.

SUZAN REED
Boise

Ignorance of term limits effect no excuse for voters

From the Lewiston Morning Tribune

If Idaho voters didn't know what they were doing when they imposed term limits on all the members of local school boards, city councils and other units of local government, it is up to voters to correct their mistake. Asking state legislators to overturn an initiative on the assumption that people were too ignorant to vote wisely—as the president of the Idaho School Board Association has done—demonstrates a distrust of democracy.

Clair Major, who is also chairman of the Gooding School Board, says voters were unaware that the term limits initiative they approved last year affected officials other than that member of Congress.

The problem is that the majority of people did not realize until after the election that it applied to the county, city and school district level," Major says.

Major is guessing, of course, no one knows what was in voters' minds when they passed the initiative. But if they did impose term limits on local officials out of ignorance, it wasn't because information about the initiative's effects was unavailable to them. Newspaper editorials, especially pointed out that the initiative was unlikely to have any effect at all on members of Congress, whose qualifications for office are established by the Constitution and Congress itself. The U.S. Supreme Court this year confirmed just that.

And although many office-seekers of both parties covered from taking a position on the initiative, one, Republican State Treasurer Lydia Justice Edwards, toured the state speaking out against the term-limits initiative and another one declaring homosexuals unfit for the rights of other Idahoans. Edwards, who was unopposed for re-election, specifically warned voters they would throw many good people out of local offices if the school board positions if they approved the initiative.

Despite that, voters overwhelmingly passed term limits, by a 232,000 to 159,000 vote margin.

This newspaper would be the last to argue that was a wise move. The Tribune has opposed the idea of term limits since it was first hatched. And the paper's opposition extends not just to school board members, but to members of Congress. Well, it fails to do its job in denying Congress members with experience while telling officials of other units of government they may serve as long as they can get elected.

But the people have spoken on this matter. And it is they—not the Idaho School Board Association, not the Legislature and not the Tribune—who have the final say.

At least they'd better. Before any legislators respond positively to Major's call, they should ask themselves how many more terms they are likely to serve once word gets out they are working to undo the expressed will of the people.

The Times-News

Stephen Hartgen Publisher Clark Walworth Managing editor Ty Randall Circulation manager Peter York Advertising director

The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth, Steve Crump and Kevin Miller.

Doonesbury



By Garry Trudeau

Mallard Fillmore



By Bruce Minnieay



World



Evacuees Jessica Lopez, 3, and her grandmother, Elva Gultero, 65, settle into their new home, a third-grade classroom in Malpaisillo, after being evacuated from their farm near the volcano Cerro Negro.

Volcano grows calm, but evacuees remain hesitant

MALPAISILLO, Nicaragua (AP) — The Cerro Negro volcano suddenly stopped rumbling on Sunday after two weeks of spewing ash and rock, leaving 2,000 evacuees wondering if it was safe to go home.

In a bulletin Sunday morning, the Nicaraguan Institute of Earth Studies said the volcano's "violent phase" ended Saturday and that it was sporadically emitting only a few ashes.

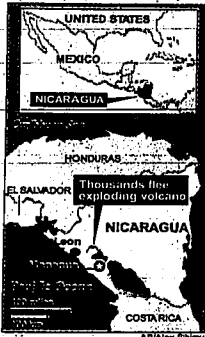
The quieting of the volcano was cause for celebration in nearby Leon, where thousands swept the streets in preparation for the community's annual fiesta in honor of the Virgin Mary.

But the mood was less jubilant in Malpaisillo, where about half of all the evacuees fled when the volcano, after remaining inactive for three years, began erupting on Nov. 19.

Hundreds of people have been living in a primary school without electricity and sleeping in the same clothes they wore when they fled their homes.

"We can't go back because we have already lost everything and we're not sure if the volcano has stopped its activity," said Justo Granera, 27, who left his home in nearby Los Caleros on Wednesday.

For days the 2,200-foot volcano



tossed ash and lava 1,000 yards into the air in eruptions visible in the capital Managua, 75 miles to the southeast.

About 6,000 people live around the volcano, which dumped gray flakes over a 30-mile radius, including the cities of Leon and Corinto,

which have a total of 200,000 residents between them.

Granera brought his wife and three daughters here after buckets of wet ash began raining on their home at the foot of the volcano, toppling trees that blocked roads leading out of the area. They carried out just a few of their belongings in an ox cart.

"I lost my bean crops and the house must have been crushed by the weight of the ashes," he said.

"Still, he knows his family can't stay in Malpaisillo forever.

"We don't have anything. We don't have sugar, or soap and we need to wash the little bit of clothes we brought with us," he said. "My wife and I are sleeping on the ground."

The volcano destroyed at least 5,000 surrounding acres of sugarcane, cotton, yucca and other crops. Officials evacuated more than a thousand people, and another thousand left voluntarily.

More than 4,000 people stayed behind, reluctant to leave their property unprotected.

Soldiers forced evacuation when the volcano erupted in 1992, killing one person. Many of the people returned to find their homes looted and their livestock stolen.

Wider strikes threaten to shut down France

PARIS (AP) — Faced with a massive strike that risks shutting down the French economy, the government said Sunday it was hiring 1,700 private-buses-to-millions-of-commuters could get to work.

Even the company that runs Paris' famed "Bateaux Mouches" tour boats said it will provide free shuttle service along the Seine to "harassed Parisians" could get around. The three tour boats each have 1,000 seats.

Railroad, public transportation, postal and utilities workers have been striking for 10 days to protest the government's austerity measures, and on Sunday their leaders urged private-sector workers to join them the next day.

Employees of the telephone company, tax and customs agencies had already decided to strike beginning Monday.

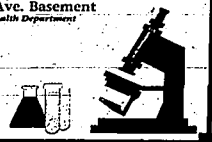
Nevertheless, the conservative government, determined to stick to its tough belt-tightening plan, isn't backing down. Speaking in Benin, where he was attending the Francophone summit, President Jacques Chirac defended the plan

and urged the French to trust the government. "France is at a crossroads," he said. "This is the path, the path of reforms that have been put off for far too long, that I have chosen."

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Rabin's assassin suggests bodyguard aided him

TEL AVIV, Israel (AP) — Yitzhak Rabin's confessed assassin suggested Sunday that one of the prime minister's bodyguards helped him, saying that the truth about the slaying would "turn the country upside down."

Yigal Amir fed rumors of a wider conspiracy in the assassination when he said that authorities killed a Rabin bodyguard who helped him by creating confusion during the Nov. 4 shooting at a Tel Aviv peace rally.

"Why don't you publicize that they killed one of Rabin's bodyguards? The one who shouted:

"The bullets are dummies," Amir yelled to reporters as he was brought into a Tel Aviv courtroom to have his detention extended.

Amir, 25, has in the past insisted that he acted alone, and previous reports indicated Amir was the one who shouted the bullets were fake.

"No evidence has surfaced so far to support his claim that one of Rabin's bodyguards was killed.

"I can say something that will destroy everything. Everything until now was a mask," said Amir.

"I did not think they would start killing people," he muttered.

"You are killing people," retorted Judge Dan Arbel.

"If I tell the truth, it would turn the country upside down," Amir said, waving his hand dismissively and sitting down.

A government spokesman called Amir's comments "nonsense."

Police investigator Arich Silverman submitted to the court a document he said contained new material "that could change the nature of the charges," and requested Amir's detention be extended eight days beyond the maximum 30 days without charge. The contents of the document were not revealed.

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Santa's Gift List

World

Korea's Kim must deal with multiple crises

By Paul Alexander
The Associated Press

SEOUL, South Korea — President Kim Young-sam, a self-styled political reformer, is looking more and more like the kid who tried to plug a hole in a dike with his fingers. No sooner is one leak stopped than a fresh one bursts.

Ever since one of the country's worst scandals broke in late October, the president has been struggling to manage one crisis after another.

So far, two former presidents have been arrested for corruption. Kim has pressed the prosecution, hoping to preserve his Mr. Clean reputation and shore up his party's sagging popularity.

But the spreading scandal seems only to feed on efforts to quell it. Only hours after a former leader was locked up Sunday, an opposition leader leveled the most serious and detailed allegation yet: that Kim himself accepted \$390 million from a predecessor's slush fund.

That set up another likely showdown with longtime archrival Kim Dae-jung, who widely rumored to have his eyes on the 1997 presidential election — and possible disintegration of the 5-year-old merger that created the ruling Democratic Liberal Party.

Kim's tide of troubles has been rising for months.

First, former President Roh Tae-woo tearfully admitted on live national television that he had amassed a \$650 million slush fund during his 1988-93 term.

He claimed the money came from legitimate corporate donations, but prosecutors arrested him after questioning the head of virtually every top conglomerate and saying they

Analysis

found evidence of bribes for lucrative government contracts. Roh is expected to be indicted Tuesday.

Kim Dae-jung quickly admitted he had accepted \$2.5 million from Roh for his failed 1992 presidential bid but claimed President Kim must have received much more. Kim Young-sam denied the allegation and vowed to make a clean break from the past and fight harder to root out corruption. He even instructed his party to change its name.

The scope of business-government collusion shocked the nation, but more shocks were to come.

Last week, the president revived controversy over a 1979 military coup and a subsequent bloody crackdown on pro-democracy activists in the southern city of Kwangju by saying both Roh and predecessor Chun Doo-hwan should be prosecuted.

Kim said just months ago that history should judge those events. The sudden reversal sparked allegations that his actions were aimed at deflecting attention from the slush-fund scandal and distancing himself from his military-backed predecessors.

Prosecutors issued a summons for Chun to appear for questioning last Saturday.

But unlike Roh, who went quietly and contritely, Chun defiantly lashed out on live TV, refusing to comply with the summons and claiming Kim shared responsibility because of the 1990 merger that joined his opposition party and Roh's.

Prosecutors obtained a warrant and arrested Chun before dawn Sunday in his hometown. He was

taken to a jail outside Seoul, where he is being questioned.

Then Kim Dae-jung, who recently unseated from politics and formed a new opposition party, told 30,000 flag-waving supporters at an outdoor rally in Seoul that he could prove Kim took \$390 million from Roh.

"If President Kim does not admit to the truth, a hearing will determine black from white," he threatened. "President Kim should take responsibility and apologize to the people of this nation," he said.

There was no immediate reaction from the president, who was silent all weekend as the Chun saga unfurled, but he almost certainly will have to move quickly to staunch the damage.

One possible move would be for the president, who has been unhappy with some of the strong pro-Chun and Roh elements in his party, to dismantle it. Such a move, like much gamble Kim has taken so far, is fraught with both danger and opportunity.

On one hand, his party faces another embarrassment in the April elections like the one it suffered in local elections last June. On the other, he has the chance to consolidate his forces and emerge stronger.

But that would only work if he can avoid being swallowed by the scandal — and it would stake his political future on the unlikely proposition that no new scandals break out.

Canadian author Robertson

Davies dies from stroke at 82

TORONTO (AP) — Robertson Davies, widely recognized as one of Canada's most accomplished authors, his died, his secretary said Sunday. He was 82.

Davies died Saturday night in a hospital in Orangethorpe, 40 miles northwest of Toronto, after suffering a stroke, said secretary Moira Whalton.

His great blow was the loss of his wife, who worked for him for 40 years. He gets a tremendous amount of pleasure from all over the place.

Davies' work has been translated into 17 languages. He started writing when he was 11 years old and was planning to write another book after Christmas.

Davies' eclectic career included a stint in the theater and as the first prize winner of the 1993 Nobel Prize in literature, which was won by American novelist and essayist Toni Morrison.

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Pope makes Frenchman latest saint

VATICAN CITY (AP) — A noble-born Frenchman who founded a missionary order that worked with American Eskimos and Indians is the Roman Catholic church's newest saint.

Eugene de Mazenod was canonized Sunday, the 274th saint proclaimed by Pope John Paul II in his 17-year papacy.

Among those who attended Sunday's ceremony in St. Peter's Basilica was a Mexican man the Vatican says was cured of cancer after praying to de Mazenod — one of two miracles attributed to the new saint.

De Mazenod was born in Aix-en-Provence in 1782 and fled with his family to Italy to escape upheaval of the French Revolution. He returned to France, determined to help the unfortunate, and at age 29 was ordained a priest and began working with the poor.

In 1816, he established the Oblates of Mary Immaculate, an order he continued to guide even after becoming bishop of Marseille.

The orders' first missionaries set out in 1841 for Alaska and western Canada. Later, other missionaries worked in southern Africa and on the island now called Sri Lanka.

Nearly 5,000 missionaries work for the order today in such places as schools and hospitals in Alaska and Canada's Northwest Territories, said the Rev. Nicola Ferrara at the congregation's headquarters in Rome.

One miracle is required for someone to be beatified, the last main step before sainthood, and another for canonization.

Assailants kill Algerian pair

ALGIERS, Algeria (AP) — A journalist for Algeria's largest French-language newspaper and his driver were kidnapped and killed early Sunday.

Hamid Mahout was a reporter for Elberte, which is close to the small, secular opposition party Rally for Culture and Democracy.

Assailants kidnapped him and his driver, Abdallah Belkhefella, overnight and slit their throats, authorities said.

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This week at CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

Pep Band rehearsal will be held at 7:30 p.m. in Fine Arts auditorium.

Magic Mud Invitational opening reception will be held from 7 to 9 p.m. at the Herrett Center.

Symposium: "The Crucible" will be presented at 8 p.m. in Fine Arts 119.

Arts 119

On the agenda

Following is a list of government meetings that are scheduled this week in Magic Valley. This list is compiled from advance schedules. Times-News suggests that you contact the information by calling the appropriate clerk's office before attending.

TODAY
Student Senate meets at 2 p.m. in the student conference room of the Taylor Building.
Overseers Anonymous meets at 3:30 p.m. in Desert-112.

TUESDAY
Teleconference on "Role of Case Manager in Return to Work Process" will be held from 9 a.m. to 2 p.m. in Aspen 108.
Military testing will be held at 6 p.m. in Shields 201.

WEDNESDAY
Idaho water and waste water certification exam will be given at 11 a.m. in Desert 112.
CSI basketball vs. Treasure Valley - women playing at 6 p.m. and men playing at 8 p.m. in the gymnasium.

THURSDAY
Idaho Department of Energy model energy code training will be held from 9 a.m. to 3 p.m. in Aspen 108.
CSI play, "The Crucible" will be presented at 8 p.m. in Fine Arts 119.

FRIDAY
CSI student music recital will be held at 2 p.m. in the Fine Arts auditorium.

TODAY
Acaecia City Council, 8 p.m.; Mayor Larry Wall's home; Burley City Council, 8 p.m.; Dietrich City Council, 8 p.m.; Gooding City Council, 7 p.m.; Hansen Community Library Board of Trustees, 7:30 p.m.; Har Community Library, 120 W. Maple; Jerome County Commission, a.m., courthouse; Ketchum City Council, 6:30 p.m.; Magic Valley Regional Medical Center Board, 7 p.m., hospital; Twin Falls City Council, 8 a.m. and 6 p.m., City Hall; Twin Falls County commission, 8:30 a.m., courthouse.

TUESDAY
Albion City Council, 8 p.m., library; Fairfield City Council, 7:30 p.m., firehouse; Friedman Memorial Airport Board, 5:30 p.m., courthouse in Halley; Hagerman City Council, 7:30 p.m., City Hall; Jerome City Council, 7 p.m., Hall; Rupert City Council, 7 p.m., Hall; Shoshone City Council, 8 p.m., City Hall; Twin Falls County commission, 8:30 a.m., courthouse.

WEDNESDAY
Bliss City Council, 8 p.m., City Hall; Minidoka County Fair Board, p.m., board office at the fairground; Oakley City Council, 7 p.m., Hall; Twin Falls County Commission, 8:30 a.m., courthouse.

THURSDAY
Glenns Ferry City Council, p.m., City Hall; Twin Falls County Commission, 8:30 a.m., courthouse; Wendell City Council, 7 p.m., Hall.

FRIDAY
Malta City Council, 7:30 p.m.; River Electric Co-op Conference; Twin Falls County commission, 8:30 a.m., courthouse.

Services

Gertrude Robbins, of Phoenix, Ariz., and formerly of Twin Falls, 10 a.m. today, White Mortuary, Twin Falls, Viewing, 9 to 10 a.m. today at White Mortuary.

Falls and formerly of Jackson, Nev., memorial graveside service, 2 p.m. today, Twin Falls Cemetery, 100 S. 400 W. Colonial Funeral Home in Twin Falls.

Lee L. Frodsham, of Burley 1 p.m. Tuesday; Burley LDS Star and 1st Ward Chapel, 100 S. 400 W. of Burley, Viewing: 6 to 8 p.m. today at Payne Mortuary in Burley and from noon to 12:45 p.m. before the funeral Tuesday at the church.

Lois "Loe" Pearl Vance Miller, of Gooding, memorial Mass, 10:30 a.m. today, St. Elizabeth's Catholic Church in Gooding; funeral service will conclude at the church; (Demary's Gooding Chapel).

Mabel E. Charles, of Rupert, 11 a.m. Tuesday, Grace Christian Church, 109 N. Meridian in Rupert. Viewing: 6 to 8 p.m. today and one hour before the funeral on Tuesday at the church.

Nancy Belle Smith, of Kimberly, 2 p.m. Tuesday; Reynolds Funeral Chapel in Twin Falls; Viewing: 3 to 8 p.m. today at the funeral chapel.

Mary Frances Nix Arrington, of Simi Valley, Calif., and formerly of Twin Falls, 11 a.m. today, 15th Ward LDS Church, located at the Kimberly Stake Center, (Reynolds Funeral Chapel in Twin Falls).

James "Ray" Johnson, of Rupert, 11 a.m. today, Rupert Wash LDS Stake Center. Viewing one hour before the funeral today at the church, (Hansen Mortuary Rupert Chapel).

Archie Van Hoosen, of Kimberly, 2 p.m. Tuesday; Reynolds Funeral Chapel in Twin Falls; Viewing: 3 to 8 p.m. today at the funeral chapel.

Herman Delworth "Dai" Martindale, of Burley, 1 p.m. today, Payne Memorial Chapel 221 W. Main St., Burley. Viewing one hour before the funeral today at the funeral chapel.

Rugosa Dewald Raiman, of Twin Falls, formerly of Jackson, Nev., memorial graveside service, 2 p.m. today, Twin Falls Cemetery, 100 S. 400 W. Colonial Funeral Home in Twin Falls.

Anita F. Barker, of Twin Falls, died Sunday, Dec. 2, 1995, at her home following an illness. Services are pending and will be announced by White Mortuary, Twin Falls.

Mary Frances Nix Arrington, of Simi Valley, Calif., and formerly of Twin Falls, 11 a.m. today, 15th Ward LDS Church, located at the Kimberly Stake Center, (Reynolds Funeral Chapel in Twin Falls).

James "Ray" Johnson, of Rupert, 11 a.m. today, Rupert Wash LDS Stake Center. Viewing one hour before the funeral today at the church, (Hansen Mortuary Rupert Chapel).

Archie Van Hoosen, of Kimberly, 2 p.m. Tuesday; Reynolds Funeral Chapel in Twin Falls; Viewing: 3 to 8 p.m. today at the funeral chapel.

Hospitals

MAGIC VALLEY REGIONAL MEDICAL CENTER
Some names are omitted at patients' request.

Weaver of Burley, Elizabeth Harney; Maria Mendoza, Quynh Roberts and Maurine Smith of Heyburn, Elfrida Daniel of Paul and Kelly Rasmussen of Rupert.

Released
Kaitlin Bosma of Jerome and John Wayneska III of Twin Falls.

Child to Mr. and Mrs. Don Capps of Rupert.

CASSIA MEMORIAL HOSPITAL
Admitted
Mary Lopez, Gabriel Pena and Tina Halford of Burley, Lucinda Price, Amy Sjohnn, Destiny Trevino and Luther Davis of Heyburn, Sandra Capps of Rupert, Ted Win of Paul, John Andrew of Declo and Ellen Wyatt of Spencer, N.C.

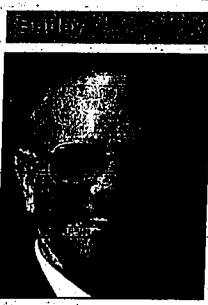
MINIDOKA MEMORIAL HOSPITAL
Admitted
Jan Studer, Heather Hughes and Media Damron of Rupert and Whitney Martindale of Burley.

Released
Pauline Gifford, James Kircher, Idalia Ortiz and John

Daughter to Heather Hughes of Rupert.

Obituaries

For obituary rate information, call 733-0931, extension 278



Lee L. Frodsham

Dr. Lee L. Frodsham, a 78-year-old Burley resident died peacefully at his home on Friday, Dec. 1, 1995. He was born Aug. 21, 1917, at Wheelon, Utah, the son of Frank LeRoy and Mary Adolphia Priest Frodsham.

nily in Oakland, California. He loved to travel, visiting his family in various states and enjoyed associating with friends from Army days. We will miss his optimism and love of life.

Survivors include his wife, Ida of Burley; four children, Lee W. Frodsham and his wife, Jo Lynn of Carlsbad, Calif., Terri Filer of Buhl and her husband, Scott of Boise; Linnell Watson and her husband, Monte of Burley; and Janice Sellers and her husband, Brett of Las Vegas. He has three sisters, Blanche McCown and her husband, Jim of Tucson, Ariz., Dahnis Hanks and her husband, Lawrence of Burley, and Mavis Wrigley and her husband, Don of Burley; a brother, Vaughn Hobson and his wife, Opal of Burley; thirteen grandchildren; and a great grandson. He was preceded in death by his parents, two brothers, and a grandson.

Funeral services will be held at 1 p.m. Tuesday, Dec. 5, 1995, at Burley LDS Star and 1st Ward Chapel, 100 S. 400 W. of Burley, with Bishop Joseph M. Segora officiating. Military graveside rites and burial will follow in the Pleasant View Cemetery. Friends may call at the Payne Mortuary, 221 W. Main in Burley, from 6 to 8 p.m. on Monday and at the church from noon until 12:45 p.m. prior to the funeral on Tuesday.

He moved to Hazelton in 1977 to become the manager of the Northdale Pump Co. and was on the Hazelton City Council. Warren was an Elder of the Valley Presbyterian in Hazelton. He loved spending time with his family, friends and horses. Warren is survived by his wife of Hazelton; Ted and Beverly Diehl of Jerome; two sons, Tom Hart of New Plymouth and David Hart of Boise; four daughters, Kathy West of Buhl, Shari Rountree of Twin Falls, Barbara Brown of Meridian and Debi Koopnick of Kimberly; two brothers, Ralph Hart of Le Grand, Ore. and Glen Hart of Terra Haute, Ind.; two sisters, Belle Capps of Gooding and Miriam Gibson of Boise; seven grand children and three great grandchildren. He was preceded in death by his parents.

Warren Hart

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How Idaho lawmakers voted

House	Chenoweth	Crapo
1) VAHUD The House on Wednesday rejected, 216-208, a bill providing \$80.6 billion in funding for veterans, house, space and environmental program in 1996. The vote sends the bill back to a House-Senate conference committee for further negotiations. A 'yes' vote favors sending the bill back to committee in order to add money for veterans.	No	No
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3) GINGRICH The House on Thursday voted, 218-70, to block an effort to require the House ethics committee to report on the status of its investigation of House Speaker Newt Gingrich. Gingrich has six ethics complaints pending against him. A 'yes' vote favors keeping ethics committee information on Gingrich private.	?*	Yes

Senate
Craig
Kempthorne
*? = Member did not vote

733-0931 AUCTION CALENDAR
through December 11, 1995
MONDAY, DECEMBER 4 - 10 a.m.
Admission & Collectible for Christmas Sale - Twin Falls
Admission - Dec 1
ALL AMERICAN AUCTION COMPANY
MONDAY, DECEMBER 4 - 10:30 a.m.
Five Yu Farms Dispersal Auction
Farm Equipment - Grand View, ID
Admission - Times-News, Nov 23 & 26
Nov 25, Agriweekly
BAKER AUCTION COMPANY
TUESDAY, DECEMBER 5 - 8 p.m.
Hazelton - Tools - Auctions
Consignments Welcome - Jerome
KLAS AUCTION HALL
WEDNESDAY, DECEMBER 6 - 8 p.m.
Lawn & Garden Tractor - Twin Falls
Nov 23 - Agriweekly
HUNT BROTHERS AUCTIONS
SATURDAY, DECEMBER 9 - 10 a.m.
Diamond Ranch - Farm & Ranch Equipment
Liquidation - Burns, Nevada
Admission - Times-News, Nov 30
Nov 23 - Agriweekly, Dec 2
TIT AUCTIONS & PARTNERS AUCTIONEERS
SATURDAY, DECEMBER 9 - 11 a.m.
Household Items - Tools - Motor Vehicles
FURN & COLLECTIBLES - Eagle
Consignments Welcome - Jerome
Nov 30 - Agriweekly, Dec 2
THE AUCTION EXCHANGE
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Admission - Dec. 3, class #701
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Making spirits bright



Burley neighbors Justin Gorringer and Jonathon Rojas (hat) take turns turning each other's homes into blinking beacons of Christmas cheer. The two spent the afternoon hanging lights and stringing electrical extension cords.

KEVIN WILKINSON/Times-News

AmeriCorps volunteers serve Mini-Cassia

By Jennifer Bunch
Times-News writer

ALMO — College can't teach you everything, say two service workers who have been stationed at the City of Rocks National Reserve this year.

Boe Carlson, 22, of Minneapolis, Minn., and Eric Foemmel, 24, of San Francisco, have been living in Almo for more than a month as AmeriCorps volunteers.

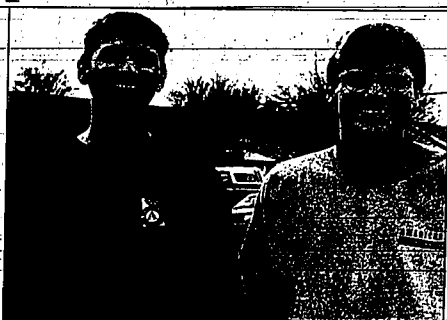
"It's a practical experience no college can offer," Carlson said.

Their task is twofold: They are here to help organize volunteer projects to improve the community, a job they hope will provide them with practical experience. And they must also organize educational activities for the community, specifically for fourth- and fifth-graders.

AmeriCorps, a domestic version of the Peace Corps, was started in 1994 by President Clinton. The program in its second year and provides members with living stipends and help with college financing in exchange for their service. Members are stationed across the country and can find themselves in a variety of settings. Some work in inner cities, while others are stationed in remote areas such as Almo.

Though Carlson and Foemmel are based at the City of Rocks, they say their work encompasses the entire Mini-Cassia area.

They are working with the Mini-Cassia Optimists, a community service group, to help promote a national essay contest for high school students. In the essays students must discuss



JENNIFER BUNCH/Times-News

AmeriCorps volunteers Eric Foemmel, left, and Boe Carlson are stationed at the City of Rocks National Reserve in Almo to help foster community partnerships by combining the resources of individuals, community service groups and government agencies.

whether freedom is a right or a privilege. National winners will receive a \$5,000 scholarship, Carlson said.

Carlson has bachelor's degree in history from the University of Minnesota. He has worked six years in a municipal parks and recreation department in a suburb of Minneapolis, helping to organize programs, plays and other activities. He joined AmeriCorps to gain experience

working at national and state parks.

"I wanted to expand my horizons," Carlson said.

He is considering a career as a parks and recreation director.

Foemmel plans to study forestry and natural resource conservation in college. He has worked since 1992 on various conservation and forestry projects in California and Australia helping to build equestrian and hiking trails

Minidoka County School Board settles panel rift

By John Thompson
Times-News writer

RUPERT — A rift between the Minidoka County School Board and a school district transportation committee was ironed out during a meeting last Wednesday night.

The transportation committee, charged with recommending busing changes and other transportation issues, temporarily disbanded on Nov. 19, citing a lack of communication with the School Board.

District Assistant Superintendent Bob Pavlock said the board and the committee set some new parameters Wednesday, and the committee is now back to work.

"There was not enough information being exchanged on both sides," said Pavlock.

"But they were able to work out their differences and are back working now."

Pavlock called the committee's work "very important," and he said school district officials are glad they were able to work out a compromise.

The committee sets bus routes, hears requests for changes and deals with other district transportation issues, he said.

Continued from B1

A letter from the transportation committee presented during a board meeting on Nov. 19, signed by 15 of its members stated there was little or no attention given by the School Board to the group's recommendations regarding bus route changes and safety busing. Some students in the district are bused to school because of unsafe walking routes.

During that meeting transportation committee head Scott Stevenson said the group is unsure if it should go by the state's or the district's criteria when making recommendations.

Stevenson was not available for comment on the compromise.

Dems

Continued from B1

McMurrin, however, said he didn't like the Democratic Party or how its members have treated him since he supported the Idaho Citizens Alliance's anti-gay-rights measure in 1994.

"Since then, the Democrats said if you don't go along with everything, you're not a Democrat," he said. "With me, I have to go along with my heart and conscience."

McMurrin nonetheless has announced that he will run as a Democrat against Republican County Commissioner Brent Reinke next year.

Meyer, however, said she realizes she doesn't speak for the party.

"I know what the party agenda is," she said. "People stay Democrat just like Republicans stay Republicans even though they don't go along 100 percent."

McMurrin said he ran in elections to get a Democrat on the ballot in order to have a contested race.

"I probably have more support from the rank-and-file Democrats than they do," he said.

Detectives find suspect in jail

By H. R. Weixel
Times-News correspondent

JEROME — Investigations into 32 burglaries from two storage facilities led Jerome County detectives to the county jail.

Detectives Dan Chatterton and Gerald Brant found their prime suspect from a Thanksgiving weekend burglary spree, Delbert Reed, 25, sitting in a cell waiting to be transported to the North Idaho Correctional Institution in Cottonwood on a grand theft charge.

Reed has been charged with 32 counts of burglary, Chatterton said.

Reed confessed to deputies to cutting the locks and stealing property from 14 storage units at Westec Enterprises Storage, northwest of Jerome and then cutting 18 locks and removing property from units at the Jerome Storage in the Industrial Park south of town, Chatterton said.

"An officer came and scared Reed away, leaving his bolt cutters behind in one of the units," Chatterton said.

Continued from B1

Reed was incarcerated and waiting to be transported to the Cottonwood facility to served 180 days on a grand theft conviction for taking \$479 from Klamas Auction.

Toys, fishing poles, camp stoves, sleeping-bags, back packs, household goods, and "many other items we don't even know about yet," were taken from the storage units, said Chatterton.

The value of stolen goods could not be determined "until the 32 property owners inventoried their units, but it would be in the thousands," Brant said.

A tip from one of the property owners who spotted some of his things in a pawn shop led the detectives to Reed.

"To solve this so quick took a concerted effort on the part of the entire Sheriff's department — reserves stalked Reed from the bushes, patrolmen, the whole crew worked together," Undersheriff Bill Reid said.

An arraignment date has not been set.

Waste

Continued from B1

River Alliance and its opponents on the nuclear issue.

Councilmen likely can't deal with the capability of both sides to finesse the issue rather than inform the public," he said.

Butler said he will suggest to the council today that Twin Falls import two out-of-state attorneys — one who has represented each side of the nuclear argument in court. More experienced on the issue than Idahoans, the attorneys would know how to combat cloudy rhetoric, he said.

The Times-News was unable to reach Councilman Lance Clow, who is organizing the informational meeting, and speakers from three of the groups have not been announced.

Idaho can benefit from out-of-state experience, according to one Snake River Alliance leader who will speak at the Dec. 18 meeting.

But Idahoans shouldn't shy away from dealing with nuclear issues themselves, he said.

"Let the people listen and decide for themselves," Executive Director Brian Goller said. "I don't think the City Council is out of its depth."

The Twin Falls council told the alliance that seating and presentation time at the meeting will be limited, Goller said. But the nuclear watchdog group will ask selected members to attend, he said.

The alliance is "making a real effort to comply" with the council's request, Goller said. But if the meeting were planned for a larger room, "we'd go all out" and bring more supporters along, he said.

Council members have said they will not allow unscheduled speakers at the meeting because they want to avoid an emotional hearing.

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Sports

Steelers, Chiefs clinch division titles

The Associated Press

Pittsburgh and Kansas City clinched NFL division championships on Sunday and except for old pal Norv Turner, the Dallas Cowboys might have been in the playoffs, too.

Turner, offensive coordinator for two Dallas Super Bowl champions, coached Washington to a 24-17 victory and a season's sweep of the Cowboys. Dallas is 10-3 for the season but 0-2 against Turner's Redskins.

Pittsburgh extended the league's longest winning streak to six games, defeating Houston 21-7 and clinching the AFC Central title. Kansas City got a season-high 124 yards from 35-year-old Marcus Allen and wrapped up the AFC-West with a 29-23 victory over Oakland. Chicago plays at Detroit tonight.

Pro football

Seahawks 26, Eagles 14

The Seattle Seahawks coming off a loss to the New York Jets in the Kingdome last week beat the Eagles 26-14 Sunday as Todd Peterson kicked a career-best four field goals, Chris Warren ran for a touchdown and Rick Mirer ran for another.

Philly quarterback Rodney Peete's last chance to catch the Seahawks ended when Robert Blackmon intercepted him with 2:13 left at the Seattle 35. It was the second time in nine games for the Eagles since Peete replaced Cunningham as Philadelphia's starting quarterback.

Petersen booted his 47-yarder as time ran out in the first half for a 17-7 Seattle lead. He made the score 20-7 with his 35-yarder in the third quarter and, after Ricky Waters' second touchdown run for the Seahawks early in the fourth quarter, kicked a 37-yard field goal with 5:51 gone in the final quarter.

Petersen then recorded his fourth field goal, a 45-yarder with 1:36 left in the second time in nine weeks that he is 11-for-11, including six in a row, and he's 18-for-23 for the season. The Eagles (8-5) had a three-game winning streak broken, losing their only second time in nine weeks to the Seahawks (6-7) have now won four out of five.

Chiefs 29, Raiders 23

Two-worded clinch the Kansas City Chiefs' division-clinching win Sunday over the Oakland Raiders.

Not only did the 35-year-old Allen run for a season-high 124 yards in the Chiefs' 29-23 win over the team that discarded him, but he became the first player in the NFL's 77-year history to run for more than 10,000 yards and catch 5,000 yards in passes.

Allen's work in his first game at Oakland-Alameda County Coliseum, led the Chiefs (11-2) to their second AFC West title in three seasons. Kansas City won for the fifth straight time and 12th time in 13 games over the Raiders (8-5). The Chiefs got a scare, though as third-string quarterback Billy Joe Hobert, in the first action of his career, drove the Raiders to two late touchdowns on 26-yard passes to James Jet and a 1-yarder to Tim Brown.

Broncos 31, Jaguars 23

Denver's special teams didn't look all that special, but John Elway certainly did.

Elway compensated for a poor special teams showing, passing for four touchdowns Sunday as the Broncos improved their playoff hopes with a 31-23 win over the Jacksonville Jaguars.

Elway, the Jaguars' offensive manager just one touchdown but scored on a blocked punt and a 94-yard, razzle-dazzle kickoff return to make things interesting.

The Broncos looked ready to cruise to their sixth home win after Elway hit Mike Pritchard on a 45-yard pass to make it 28-10 with 14 seconds left in the third quarter, but Jacksonville (3-10) foiled everybody on the ensuing kickoff.

Desmond Howard caught the ball at the 6-yard line and ran nine yards before throwing across the field to Jimmy Smith, who found room along the left sideline and outran everybody to the end zone.

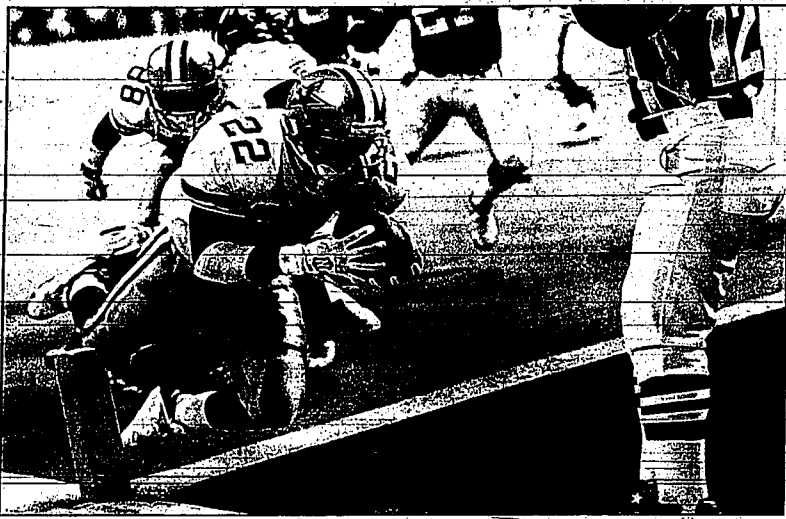
Jacksonville failed on a two-point conversion attempt, and Jason Elam's 38-yard field goal put the Broncos up 31-16 with 10:41 left in the game.

Redskins 24, Cowboys 17

Terry Allen scored two touchdowns and the Heath Shuler passed for another as the Redskins beat Dallas 27-23 in the fifth game of the season when Allen scored twice and gained 123 yards.

Steelers 21, Oilers 7

Pittsburgh stretched its winning streak to an NFL-high six games and wrapped up its third AFC Central championship in coach Bill Cowher's four seasons. Neil O'Donnell threw a



Dallas Cowboys' Emmitt Smith (22) tries to grasp his fumble that was stripped from his hands by Washington Redskin Stanley Richard Sunday in Irving, Texas.

Bears must face Lions' team of standouts

Knight-Ridder News Service

Nobody has to tell coach Dave Wannstedt that his Chicago Bears will have a problem Monday night at the Silverdome. He knows.

First it's the Lions' receivers - Herman Moore, Brett Perriman, Johnnie Morton and tight end David Sloan.

"Their receivers are playing so much better now than they did in the past, there's no comparison," Wannstedt said. "Perriman's having a Pro Bowl year, Herman Moore's having a Pro Bowl year, Morton's doing a real good job, the tight end ..."

Then there's the running back, second in the NFL with 1,232 yards and first among full-time rushers with a 5.3-yard average.

"Barry Sanders is Barry Sanders," Wannstedt said. "And then there's the quarterback."

"Obviously the quarterback is doing an outstanding job," Wannstedt said. Imagine that. Somebody including Lions quarterback Scott Mitchell in the same breath with receivers who are Pro Bowl candidates and the NFL's hottest running back ...

With all due respect to the production of his supporting cast, if there is one overriding explanation for the three-game winning streak the Lions take into Monday night's game, it's Mitchell.

"You've got Barry, you've got Brett, you've got Herman and the bottom line is the quarterback's playing good," Coach Wayne Fontes said.

"That's the bottom line, no question."

Somebody said, "How come you didn't win this game or that game?"

You go back and see how the guy under the center played. Whatever game you watch, the guy under the center is the guy."

pair of first-half touchdowns wrapped up the Browns' run for 102 yards and a late fourth-quarter touchdown. The Steelers snapped up the division title faster than in any season since their four Super Bowl runs during the 1970s.

Chargers 31, Browns 13

Rookie Aaron Hayden, replacing injured Natrone Means, rushed 32 times for 127 yards and his first two NFL touchdowns as San Diego kept its faint playoff hopes alive with its second win in six days.

Panthers 13, Colts 10

Carolina won its sixth game and fourth straight at home, using a face mask penalty by Derwin Gray to set up John Kasay's 38-yard winning field goal. The Panthers sacked Jim Harbaugh, the NFL's top-rated passer, six times, knocking him from the game with a sprained knee.

Packers 24, Bengals 10

Brett Favre threw three touchdowns and completed 21 of 43 passes for 339 yards, his fifth 300-yard game this year and 10th of his career. Favre became the third fastest quarterback in NFL history to reach 100 career touchdowns, reaching the plateau in his 62nd game. The record of 44 games was set by Dan Marino from 1983-86. Johnny Unitas did it in 53 games from 1956-60.

Dolphins 21, Falcons 20

Marino threw a 21-yard TD pass to Irving Fryar with 11 seconds left, and Miami rallied with two touchdowns in the last eight minutes to end a three-game losing streak. Marino took Miami 72 yards in the final 1:49 for the winning score.

Vikings 31, Buccaneers 17

Minnesota's defense had eight sacks to overpower Tampa Bay. Quarterback Trent Dilfer absorbed six sacks before being ejected for fighting with tackle John Randle. The Vikings got a 66-yard TD run from Amp Lee, the longest of his career, and Warren Moon had TD passes of 27 and 60 yards to Cris Carter.

Rams 23, Jets 20

Stymied for most of the day, Isaac Bruce broke free for a pair of TD catches to lead St. Louis. Bruce, the league's leading receiver in passing yardage, was a factor for nearly three quarters. But he caught TDs of 1 and 11 yards from backup Mark Rypien and finished with six receptions for 69 yards.

Saints 17, Patriots 17

New Orleans used three big scoring plays to move closer to the playoffs in a season that began with five losses. The Saints have won five of their last six. They were backed by Jim Everett's touchdown passes of 40 yards to Clinton Barbee and 69 yards to Lorenzo Neal and Mario Bates' 66-yard TD run.

49ers 27, Bills 17

Gary Plummer forced a goal-line fumble by Darick Holmes with a devastating hit and Lee Woodall recovered and niced 96 yards as San Francisco won its fourth straight.

The score was tied 10-10 about five minutes into the third period when Woodall outscored Carvell Gardner and Tim Tindale to give San Francisco a 17-10 lead and complete the second-longest fumble return in 49ers history.

Jordan, Tyson, Sanders top list of most wealthy

The Associated Press

NEW YORK - Michael Jordan was the top earner among athletes for the fourth consecutive year, increasing his annual income to \$43.9 million from \$30.01 million.

The Chicago Bulls' star earned \$3.9 million in salary and \$40 million in outside income, Forbes estimated in its Dec. 18 issue. The magazine said he earned \$36 million in 1993.

Jordan has made \$170 million since 1990, the magazine said, and could become the first athlete ever listed in the Forbes 400 of wealthiest people.

Former heavyweight champion Mike Tyson, out of prison and back in boxing, was second on the list at \$40 million — all from winnings. He made \$25 million from his one fight and \$15 million in signing bonuses.

Deion Sanders, the only two-sport athlete on the list, was third at \$27.5 million. The outfielder and cornerback, who was 38th in 1994, made \$16.5 million from salary and \$6 million in endorsements.

Complete list - B6

Morning line

Sportsquote

“ In the '80s the big thing was managers getting drugs for their guys; now they get them tee times. ”

— J.C. Wynoop of Planet Golf, one of the tournament sponsors for Fairway to Heaven, a celebrity golf tournament for rock stars

Briefly

Mexican Ortiz wins marathon in L.A.

LOS ANGELES - Ailing the beach at Playa del Rey, the 48th Western Hemisphere Marathon became a Sunday morning parade, and Jose Ortiz was its drum major.

Ortiz, from Mexico and living in Los Angeles suburb Gardena, ran with a group of three others for nine miles, then saw the group dwindle until he had only James Sheremeta for company at the halfway mark.

Former All-Americans set cross country records

BOSTON - Brad Schlapak and Joan Nesbit, two former track and field All-Americans, won their first U.S. Cross Country titles Sunday, setting course records at the 98th USA Track and Field Cross Country Championships.

Schlapak, a 3:59-mile, overcame a sluggish start-in the men's senior-10K race and outkicked defending champion Reuben Reins of Arkansas down the stretch for a one-second margin of victory.

Raymond Floyd II join to win father-son challenge

VERO BEACH, Fla. - Raymond Floyd and Raymond Floyd Jr. shot a 15-under-par 57 that included 13 birdies and an eagle-2 on the final hole Sunday, and won the \$150,000 first prize at the Father-Son Challenge.

Coupled with a 62 during Saturday's first round, the Floyds finished at 119, winning by six strokes over Hale and Steve Irwin.

Montreal parts company with superstar goalie Roy

MONTREAL - Patrick Roy, the star Montreal goalie who argued with the team's coach and president during an 11-1 rout, was suspended indefinitely Sunday by the Canadiens and placed on the trading block.

Rejean Gheule, who replaced Serge Savard as general manager earlier this season, said he had no choice but to act as he did.

"For the credibility of our coach and our organization, we had to split between our organization and Patrick," Houle said. "It was a point of no return."

The suspension is without pay and Houle said Roy is to stay away from the team. Roy, 30, is in the third year of a four-year, \$16 million contract.

The general manager said at a news conference he will begin shopping the past decade's dominant goaltender.

"I haven't spoken to any teams yet," Houle said. "We'll take time to evaluate the situation. We don't want to rush things but we'll start work on it immediately."

There was interest right away from the Colorado Avalanche, whose general manager Pierre Larocque is Roy's former agent.

Compiled from wire reports

Sportslate

Today

High school girls' basketball
Czechoslovakia at Wood River, 7:30 p.m.
High school boys' basketball
Murtaugh jv at TCFA, 5:30 p.m.
Buteley at Skyline, 8:15 p.m.

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The Times News

Street continues World Cup domination

The Associated Press

LAKE LOUISE, Alberta - Picabo Street put her name in the record book while proving Sunday that her domination of the women's World Cup downhill competition last season was no aberration.

The defending champion in that specialty and a winner of six races last winter, Street won the first downhill event of this season. The victory was her sixth in a row, matching the run-in 1980-81 run of Marie-Therese Nadig of Switzerland.

Still, Street was lucky to have the chance, considerably luckier than Russian Warwara Zelenskaja.

Zelenskaja had the fastest time of 29 men Saturday before a sudden snow storm forced cancellation of the race. It would have been the first World Cup downhill victory by a Russian woman.

Street was 13th when the race was scrubbed, and put that poor showing to good use Sunday.

"I wanted to find that rage in me again," she said after flashing down the Olympic course to win easily, in 1 minute, 26.61 seconds. "I skied with my little tiger out that had been hiding inside of me somewhere."

She had to find him and bring him to the surface. I skied aggressively. I attacked the course where I didn't attack yesterday."



Picabo Street digs in as she races to finish first in the World Cup downhill at Lake Louise, Alberta, Sunday for the second year straight.

Zelenskaja, who burst into tears Saturday after the downhill race she believed she had won was canceled, was third Sunday behind German Katja Seizinger.

Texan takes rodeo buckle

LAS VEGAS (AP) — In June, calf ropers Fred Whitfield had earned only \$8,000 and probably wasn't thinking about winning his second world championship.

Since then, he's thought of nothing but taking home that buckle. Whitfield finished third in Saturday night's second go-round of the \$3 million National Finals Rodeo in the Thomas & Mack Center. The third followed his first-place performance on Friday.

Steer wrestler Mike Smith of Jerome failed to make the top-five in Saturday's go-round, and remains second in the overall world standings. Sunday night's results were unavailable at press time.

"I feel like I'm really ready to rope," said Whitfield of Hockley, Texas. "My horses are really rested and I'm roping as good as I have in my life."

Since June, Whitfield has won more than \$80,000. In the NFR, he's already won \$19,005 to extend his lead over Joe Beaver to \$18,743. "I've roped here long enough to know that no lead is safe," said Whitfield, who roped his calf in 9.2 seconds. "I'm just happy to have another chance at the world."

Shawn McFallin of Inman, Texas, won the round with an 8.5-second run and Cody Ohi of Orchard, Texas, was second at 9 seconds.

Jerome Davis of Archdale, N.C., had an 89 to win the bull riding go-round. With the win, Davis reclaimed his lead over Tuff Hedeman of Morgan Hill, Texas. Davis has won \$73,583 and leads Hedeman by \$6,626.

Adam Carillo of Stephenville, Texas, and Brian Hearn of Victoria, Texas, tied for second at 88. Carrillo, who also won Friday night, has jumped from 15th overall to third.

Australian Glen O'Neill, who now lives in Canada, won the go-round in saddle bronc riding. The first-time NFR qualifier scored a 79 to win the round. Billy Etbauer of Edmond, Okla., and Tom Reeves of Stephenville, Texas, tied for second at 78.

"When you rodeo all year you're pretty loose, but when you get to the NFR and all that money is on the line, it's easy to tighten up," said O'Neill, who was bucked off his horse in the first go-round. "But it's my dream to be here."

Rooster Reynolds of Twin Bridges, Mont., moved from 13th overall to fifth with his first-place finish in steer wrestling. Reynolds has a 4.8-second run for first, followed by Ote Berry of Choctaw, Okla., at 5.3 and Rope Myers of Van, Texas, at 5.5.



Bull rider Jerome Davis (above) of Archdale, N.C., puts in an 89 point ride to win the second round of competition at the National Finals Rodeo Saturday in Las Vegas. At left, the new Miss Rodeo America 1996 Tanya McClinton of Randolph, Utah, makes her first appearance.



Sampras leads U.S. to Davis Cup win

MOSCOW (AP) — Pete Sampras was Peter the Great against Russia, leading the U.S. team to the Davis Cup title by defeating Yevgeny Kafelnikov on Sunday for his third victory of the weekend.

Sampras, urgently needing a quick victory because of an ever-tightening hamstring, downed Kafelnikov 6-2, 6-4, 7-6 (7-4) ending the match emphatically with an ace down the middle, and giving the Americans their first Davis Cup title since 1992.

The victory gave the U.S. team an insurmountable 3-1 lead in the best-of-5 final. Andrei Chesnokov closed the final margin to 3-2 with a 6-7 (7-1), 7-5, 6-0 victory over Jim Courier in a match played only as a formality and shortened from a best-of-5 sets to a best-of-3.

It was the second straight year of disappointment for the Russians in the final in Moscow's

Olympic Stadium, despite a sometimes boisterous crowd of 14,000. The Russians were seeking their first cup.

The Russians had installed a red clay court last month especially to slow down the powerful Sampras, whose record on clay is unspicacular.

But the world's No. 1 acted as if it were his favorite surface throughout the weekend. He beat Chesnokov in a grueling five-set match Friday that saw him collapse with leg cramps afterward and teamed with Todd Martin to overwhelm Russia's respected doubles team in straight sets Saturday.

He saved his best for last on Sunday, calling it his top performance ever on clay.

"I think the Russians were looking at me as being the weak link on the slow red clay," Sampras said. "But I played some good tennis when I had to."

Pavin earns big paycheck

SUN CITY, South Africa (AP) — Playing flawless golf, U.S. Open winner Corey Pavin scored a 5-stroke victory over Zimbabwe's Nick Price in the Million Dollar Challenge golf tournament Sunday.

Pavin earned the richest prize in golf — \$1 million — by finishing under par 66 for a total of 12-under-276. The disappointed Price, who won in 1993 and was tied with Pavin going into the final round, finished at 281 after a 71.

Germany's two-time winner, Bernhard Langer, and Scotland's Sam Torrance, two strokes behind the co-leaders starting the final round, fell out of contention during the opening nine. Langer wound up third at 283, after a 71, while Torrance shot a 73 for 284.

American Tom Lehman carded a 73 for 287 and was fifth. "I feel — can I say it, I feel like a million dollars ... before



Corey Pavin celebrates his \$1 million win in the Million Dollar Challenge in Sun City, South Africa.

taxes," Pavin said jokingly. The winning paycheck increased Pavin's earnings for the year to \$2,773,900.

Love-Daniel take Team Classic

FARPON SPRINGS, Fla. (AP) — David Love III and Seth Daniel mastered the JCPenny Mixed Team Classic yet again Sunday. For Robert Gomez and Helen Alfredsson, it was another exercise in frustration.

While Love and Daniel became the first two-time winners in the event's history — a feat that goes well with a second and two thirds in their other appearances — Gomez-Alfredsson was finishing second for the third straight year. Love-Daniel closed with a 7-under-par 63 in the modified alternate stroke format to finish with a tournament-record 27-under-257, breaking the mark of 262 set last year.

Gomez-Alfredsson, who lost a four-hole playoff to Brad Bryant and Marta Figueroa-Dotti last year and shared a five-way tie for second two years ago, shot a final-round 64 to finish two strokes back at 254.

Jasper Parniev-Annikka Sorrensen shot 63 to finish third at 249, under. While Mark McCumber and Laura Davies were fourth at 22-under.

Team USA took advantage of a nervous and tense Vanderbilt team to move out 12-0 in the opening minutes.

McGinn and Lisa Leslie, who finished with 14 points, each scored four points during the early USA surge. McClain's basket with 14:22 left in the half put Team USA up 12-0.

Trailing 22-9, Vanderbilt showed a glimmer of its potential, pulling within 22-15 on back-to-back baskets by Sheri Sam and a jumper from Na'Shionna Hillmon.

Parry's 73 wins Holden Classic

SYDNEY, Australia (AP) — Craig Parry shot a par 73 Sunday to win the Holden Classic golf tournament.

Parry finished with a 16-under-276 total over the 6,904-yard The Lakes course.

Team USA increased its lead to 39-23 on a basket by Leslie with 18:10 to play before Vandy made its last run at the national team.

Walters, a preseason all-America, scored 28 points and went over the 1,000-point mark by hitting the double-digits (5-1) to an 81-67 victory over No. 23 Alabama in the championship of the Central Fidelity Invitational.

Parry's 73 was the lowest score in the tournament's history. He was the only player to score in the 70s. He was the only player to score in the 70s. He was the only player to score in the 70s.

Camby's dandy as UMass routs Florida

LANDOVER, Md. (AP) — Marcus Camby put on quite a show Sunday, one that even caused the opposition to back and notice.

Camby scored 30 points and No. 5 Massachusetts turned its second straight suffocating defensive performance in winning the Franklin National Bank Classic with an 80-53 rout of Florida.

Camby, the MVP of the two-day tournament, made 9-of-15 shots and had eight rebounds in the championship game. He also handed out two assists and blocked two shots.

"He's so good, I caught myself watching him a little bit out there tonight and he made me pay for it," Florida center Darnell Hill said.

Camby, a 6-foot-11 junior, was pulled with six minutes left and finished with 32 points, eight rebounds and a high of 32, equaled Tuesday in his team's upset of No. 1 Kentucky.

"It seemed like he hit every shot. He's one of the premier players in the country, and today he stepped forward and did an outstanding job," Florida coach Lon Kruger said.

"I'm a whole lot more confident than last year," Camby said. "I have

Men's college basketball

UMass led 37-18 at halftime and upped the margin up to 29 points before coasting to its third victory in six days. The first two wins were against ranked opponents, the third against a team that made the NCAA tournament in each of the past two years.

No. 19 Maryland 98, George Washington 81

LANDOVER, Md. — Johnny Rhodes led a rejuvenated Maryland offense with 21 points, and the No. 19-ranked Terrapins cruised past cross-town rival George Washington 92-81 Sunday in the consolation game of the Franklin National Bank Classic.

The Terrapins (2-2) scored only 47 points Saturday in a loss to No. 5 Massachusetts, their lowest offensive output since 1986. Interest exceeded that total by halftime against the Colonials, shooting 56

percent in building a 52-35 lead. Rhodes, held to seven points by UMass, had 10 before intermission and made three baskets in the opening 5:15 of the second half to help Maryland go up 67-39. George Washington (2-2) never got closer than 15 points the rest of the way.

No. 9 Connecticut 63, Boston College 62

HARTFORD, Conn. — Doron Sheffer made two free throws with 9.2 seconds left, and No. 9 Connecticut withstood a late rally by Boston College for a 63-62 victory Sunday in the Big East opener for both.

Connecticut (4-1) had the lead with about four minutes left and Boston's Danya Abrams out of the game on fouls. But the Eagles rallied to cut the lead to 61-60 when Soonie Penn hit a layup with 10.7 seconds left.

The Eagles fouled immediately and Sheffer made both free throws for a 63-60 lead. Boston College then got an uncontested layup by Beau Thomas with 1.8 seconds left to close the scoring.

UConn broke from a 10-10 tie to take a 19-10 lead midway through the first half as Ray Allen scored 20 of his 22 points in the first 20 minutes. The Eagles (3-1) closed to 34-31 at the half.

No. 25 Arkansas 116, Alcorn St. 75

FAYETTEVILLE, Ark. — Jesse Pelt scored nine points and Kareem Reid had three assists during a 21-2 run Sunday as No. 25 Arkansas routed Alcorn State 116-75 Sunday.

The Razorbacks (3-2) scored 24 points off the Benves' 22 first-half turnovers while building a 56-36 lead at intermission. Alcorn State (2-2) committed only 34 turnovers in its first three games but had 37 against Arkansas.

Pate's jumper on an inbound pass broke a 6-6 tie and started the Razorbacks' spurt. He made a free throw and then tipped in a missed free throw by Darnell Robinson.

Reid scored a fast-break basket, Robinson got a layup after a bounce pass from Reid and then hooked one after a pass from Derek Hood.

National Team outpaces No. 4 Vanderbilt

NASHVILLE, Tenn. (AP) — Katrina McClain scored 15 points and grabbed nine rebounds Sunday as the USA Women's National Team posted a 78-50 victory over fourth-ranked Vanderbilt.

Team USA took advantage of a nervous and tense Vanderbilt team to move out 12-0 in the opening minutes.

McGinn and Lisa Leslie, who finished with 14 points, each scored four points during the early USA surge. McClain's basket with 14:22 left in the half put Team USA up 12-0.

Trailing 22-9, Vanderbilt showed a glimmer of its potential, pulling within 22-15 on back-to-back baskets by Sheri Sam and a jumper from Na'Shionna Hillmon.

Back-to-back baskets by McClain, who had 12 points in the first half, ignited an 11-4 run that pushed the USA lead to 33-19 at the half.

Team USA increased its lead to 39-23 on a basket by Leslie with 18:10 to play before Vandy made its last run at the national team.

Woman's college basketball

Enis, averaging 28.3 points coming in, missed eight of her first nine shots and was limited to 4 first-half points. She finished with 19, but with Walters virtually unplayable inside, the Crimson Tide never were close.

Connecticut stretched its lead to as many as 19 points in the second half, and Walters' final scoring total became as much a point of interest as the score. She made 12 of 16 shots and added 10 rebounds and four blocks.

Connecticut, getting sizzling long-distance shooting from Carlin Berube and effective inside play from Walters, opened a 30-15 lead after 13:41 minutes and the Crimson Tide got no closer than nine points the rest of the way.

No. 10 Texas Tech 77, No. 20 Wisconsin 69

LUBBOCK, Texas — Michi Atkins scored four points in the last 10 seconds to seal No. 10 Texas Tech's 77-69 victory over No. 20 Wisconsin on Sunday in the championship of the Lady Raker Classic.

Enis, averaging 28.3 points coming in, missed eight of her first nine shots and was limited to 4 first-half points. She finished with 19, but with Walters virtually unplayable inside, the Crimson Tide never were close.

Connecticut stretched its lead to as many as 19 points in the second half, and Walters' final scoring total became as much a point of interest as the score. She made 12 of 16 shots and added 10 rebounds and four blocks.

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No. 16 Iowa 65, No. 13 Kansas 58, OT

LAWRENCE, Kan. — Tiffany Gooden scored 23 points and No. 16 Iowa beat No. 13 Kansas 65-58 in overtime Sunday to win the Dial Classic.

Iowa, (5-0) dominated the overtime 13-6, with Gooden scoring five points and Simone Edwards and Tangelia Smith-four each; Edwards finished with 15 points and 12 rebounds.

Kira Orr scored 17 points, Jennifer Scanlon had 12 and Windsor Coggeshall had 10 points and five assists for the Blue Devils (6-1). Duke led 42-22 at the half.

Bella Engan led the Spartans (4-1) with 15 points.

In the consolation game, Taisha Thomas had 14 points and 11 rebounds and Kerri Chaconas added 17 points to lead George Mason (2-2) to a 65-63 victory over Delaware (1-4). Cami Ruck led Delaware with 18 points on 9-of-11 shooting.

No. 24 North Carolina 77, Richmond 72

RICHMOND, Va. — Tracy Reid scored 23 points and North Carolina overcame upset-minded Richmond to win the third place game of the Central Fidelity Invitational 77-72 Sunday.

Reid, limited to 10 points by foul trouble in the No. 24 Tar Heels' 77-62 loss to No. 2 Connecticut in the opening round, put North Carolina ahead to stay on a layup with 5:02 remaining and two free throws 17 seconds later.

A Richmond (2-2), which never had won a game in the 3-year-old tournament, put up its best fight by far. In five previous Central Fidelity games, the Spiders had lost by an average of 27.6 points.

No. 19 Duke 67, Michigan St. 52

DURHAM, N.C. — Tysh Hall finished with 18 points and 12 rebounds Sunday, leading No. 19 Duke past Michigan State 67-52 to win the Duke Women's Basketball Classic.

FOCUS and Classified

The Bosnia mission

America's push for peace, Clinton's decision to send troops reasserts country's role in world affairs

Knights-Ridder News Service

LONDON — Sitting on a wall outside Parliament Wednesday, waiting for Bill Clinton to arrive, British government worker Nicolette Smith was feeling as conflicted about the U.S. president as anyone else in Europe these days.

She was there because she wanted to see him. But on the other hand, Smith admitted, "I don't like him."

What she especially didn't like was the way Clinton had "interfered" with the Northern Ireland peace process, which, almost magically, got itself back on track last week just hours before his plans landed here.

"You (Americans) butt into all kinds of things, don't you?" Smith observed, managing to sound snide and friendly at the same time.

Just a year ago, Europeans were dismissing Bill Clinton as a weak, one-term president with no discernible foreign policy. Today, like it or not, the Superpower is back.

And Europeans, with grudging admiration coupled at times with resentment, have been forced to admit that it took the Americans — and Clinton — to fix the serious problems they seemed powerless to resolve.

On Dec. 14, the American-brokered Bosnian peace accord, initiated in Ohio, will be signed in Paris.

In the coming weeks, British and Irish enemies will sit down together to discuss disarmament and peace in Northern Ireland — finally moving beyond a month-long impasse that was broken under pressure from the White House.

While both peace efforts could still turn into disasters, European political analysts observe, they probably would not have gotten this far without Clinton and his now big-shouldered role in international politics.

When Clinton took office as the first post-Cold War president, America's global role seemed spent, observed columnist Mark Walker in "London's" Guardian. "The



President Clinton visits Smith Barracks in Baumholder, Germany, over the weekend to talk with U.S. troops about the upcoming mission to Bosnia.

Peacekeeping could almost have put up a sign: 'Having you will travel. And now, nothing on the planet seems to get done without the Americans.'"

He added skeptically: "For the sign-policy president, we Brits are bit-players in his great drama of his 1996 re-election campaign, the one

chance he has to redeem the disasters which befell his domestic reforms. It's a common theme here: Yes,

Clinton has become an irresistible force for peace in Europe, but he is probably doing it just to enhance his chances for re-election. An editorial

cartoon in Thursday's London Evening Standard shows a big-nosed Clinton leaning forward eagerly toward an aide on Air Force One, who tells him, "That should tie up the Irish vote — next stop, Tel Aviv!"

But even that constant criticism seemed swept away by sheer enthusiasm this week as the president and Hillary Rodham Clinton were greeted by thousands of shouting, screaming fans in the Northern Ireland cities of Belfast and Londonderry and in the Irish capital of Dublin.

It was a trip choreographed to perfection. Clinton was surrounded by loving throngs at the Guild Hall in Londonderry. He brought tears to the eyes of his audience in Belfast by hugging a little girl whose father had been murdered by Protestant paramilitaries. He "accidentally" ran into Gerry Adams, the Sinn Fein leader critical to the peace process, and shook his hand.

"It was an absolutely perfect game, blinding in its brilliance," observed international political analyst Michael Cox of Wales, who argues in his new book, "U.S. Foreign Policy After the Cold War: Superpower without a Mission?" that the Americans have never fallen out of Superpowerdom. It's just that the rest of the world has forgotten how powerful they are.

Even critics like Paul Bew of Queens College in Belfast, one of the many in Northern Ireland who suspect Clinton of having a pro-Irish, anti-British bias, were charmed by the visit. "It was media manipulation," Bew said, "but of course, it worked."

Attitudes about Clinton and his new foreign policy role range widely in Europe. For his work on Northern Ireland peace he is loved without restraint in the Republic of Ireland. But he is resented in France and Germany for taking control of a Bosnian peace process and then taking the credit for its success, says Germany Foreign Minister Klaus

Former East Bloc countries send troops trained in U.S. program

Los Angeles Times

BRUSSELS, Belgium — When the United States and its allies deploy 60,000 troops for peacekeeping duty in Bosnia in mid-December, the NATO-led force will include several thousand soldiers from six former Warsaw Pact countries, says the war machine of the East bloc.

The Czech Republic will provide 850 officers and soldiers. The Nordic-Battalion will include Estonians, Latvians and Lithuanians. Poland is likely to send some ground forces. And Hungary is offering use of its river ports and airfields as staging areas.

The unusual spectacle of military units from former Soviet satellites taking part in an operation of the North Atlantic Treaty Organization is largely the result of a little-known U.S. developed program with a gimmicky name: "Partnership for Peace."

Begin in early 1994 as a way to help emerging central European democratic militaries, the program was designed to bring the object of desire in both East and West. The program has been successful in Poland, where the military has joined the program and is becoming an active participant in NATO military and diplomatic activities.

Moreover, the program has had development affairs. And the 50,000-war refugees who have settled around the city bring to the Americans the saddest of questions: "When will your soldiers take us home?"

Peacekeeping mission to Bosnia-Herzegovina

NATO Friday authorized sending the first 2,000 of 60,000 troops in the NATO-led international force war will

FOR divisions



FOR divisions (see Dec. 1) will be sent to NATO peacekeeping mission in Bosnia and Herzegovina.

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U.S. troops stage mock drills

The Baltimore Sun

HOHENFELS, Germany — Here, in the forests of northern Bavaria, is a grim place where snipers shoot at anyone, thugs set up checkpoints, drunks carry automatic weapons, amiable-looking old mayors seldom tell the truth and "helpful" commanders of the local militia are up to their necks in black market smuggling.

"Welcome to 'The Box,' the U.S. Army's sneak preview of its worst Bosnia nightmare." Set in the hills and mock villages of an 80-square-mile training ground, it is an elaborate military fantasy designed to save American lives once they're facing the real thing.

Of the 20,000 U.S. soldiers now packing their bags for Bosnia to join NATO's peace enforcement mission, about half spent at least five days training here during the last year.

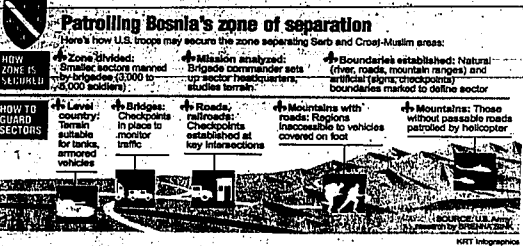
"The goal, as stated by Maj. George Seifert, who took the training with his unit of the 1st Armored Division, has been the same for every one: 'You want to make your mistakes here instead of in Bosnia.'"

Mistakes, indeed. Like the one made by the soldier who threat-

ened to ram and shoot his unit's Humvees through an illegal checkpoint, only to find four bigger, better-armed vehicles suddenly blocking the path. Or the two soldiers who rusted down an alley to stop a rape, only to be greeted by a dozen armed brutes.

"Then there was the commander helping were local actors, with plenty of scripting advice from Bosnia-tested U.N. soldiers of various nations.

One result has been another step in the future for a slimmer down army (65,000 troops in Europe, compared to 213,000 only five years ago) whose main form of



who decided to send in his men to root out stubborn "Serbs" from a village they'd refused to evacuate.

"He lost 200 men," said Col. Dean W. Cash, who, as commander of the Hohenfels Combat Training Center, oversaw the setting up, scripting, rehearsing and running of this Bosnia-in-miniature. "But, because the goal of the place is to let soldiers learn from their mistakes, the errant commander got a second chance."

The dress rehearsal came with a cast of 1,200 soldiers playing the parts of the fighters for three warring ethnic factions: Bosnia's Serbs, Croats and Muslims. Also

slung-out used to be huge mock training areas against Soviet and East Bloc "invasions."

That age of simplicity, when units measured success by toting up simulated "tank kills" and captured land, has given way to missions such as the ones in Somalia, Haiti and, now, Bosnia, and soldiers haven't taken to the new roles happily, even in training.

"Generally speaking, I think there is a feeling of frustration with the complexity of the problem (in the mock Bosnia)."

"Who's the bad guy? ... The theme we pushed was: 'Nothing is as it appears to be.'"

Bosnians hope - and expect - Americans soldiers to help them recover

New York Daily News

TOZLA, Bosnia — "Mission creep" has begun for the U.S. Army in Bosnia, even before the peace agreement has been finalized. The first main force of 61,000 has hit the ground.

The mayor of this smoky factory town of about 110,000 said he had a commitment from the Army to help with everything from power to road repair, despite the insistence of the peace negotiators that the troops would stay out of relief and

development affairs. And the 50,000-war refugees who have settled around the city bring to the Americans the saddest of questions: "When will your soldiers take us home?"

In an interview with the Daily News Sunday, Mayor Selim Beslagic said, "I will join the program and become an active participant in NATO military and diplomatic activities."

Moreover, the program has had development affairs. And the 50,000-war refugees who have settled around the city bring to the Americans the saddest of questions: "When will your soldiers take us home?"

the work themselves, or simply provide security while the repairs are completed, but Beslagic said, "General Nash promised this, and I believe General Nash."

The mayor said he had told the citizens of his city, which will serve as U.S. military headquarters, to cooperate with the soldiers. "We expect some respect from them."

"It will be no problem because most of the Americans will be outside the town," Beslagic said, but he admitted, being content about potential dismissal: "I am afraid about the free time of the Americans, where

they spend it," he said. Outside town, in the squalid Minatovici refugee camp behind a muddy hill out of sight of the main road leading north to Serb-held territory, the residents had no promises from the Americans, but they were expecting many.

The 930 inhabitants of the attached, wood-heated homes were victims of the "ethnic cleansing" in the Srebrenica region southeast of Tuzla last summer, and now their lives revolve around the monthly food packages from the United Nations and the growing

hope that the U.S. soldiers would give them back their home.

Ohzan Hodzic, 53, who had been a construction worker, said his 20-year-old daughter, Munira — one of his eight children — has been missing since the time that his family fled. "If the Americans come, maybe they can help us go home," he said. "I believe the Americans have the strongest army in the world. I know I must stay here for a long time but I want to go home. I only believe in the Americans now."

The Times-News

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50 LEGAL
IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF TWIN FALLS MAGISTRATE DIVISION
Case No. SP 95 00981 M
NOTICE TO CREDITORS
I, MATTIE OSTRANDER, of the County of HAZEL, LEONE OSTRANDER, Decedent.
NOTICE IS HEREBY GIVEN, that WILLIAM E. OSTRANDER has been appointed personal representative for the estate of decedent HAZEL LEONE OSTRANDER. All persons having claims against said decedent are required to present their claims within four months after the date of the first publication of this notice, or said claims will be forever barred. Claims must be presented to WILLIAM E. OSTRANDER, c/o Hank Turner, First Security Bank Building, 602 1/2 South, Office #1, Twin Falls, Idaho 83301, or filed with the Court. DATED this 13th day of November, 1995.
William E. Ostrander
PUBLISH: November 20, 27 and December 4, 1995
MAGIC VALLEY STORAGE ADVERTISEMENT FOR SALE OF TENANTS PERSONAL PROPERTY
Magic Valley Storage, 1952 Elm Street North, will sell to auction on or about 12-17-95 the contents belonging to MIKE GOODENOUGH, whose home address is 148 Adams, Twin Falls, ID. The contents consist of 3 motorcycles, Fiberglass boat, electric fan, misc.
PUBLISH: December 4 and 11, 1995.
NOTICE OF PUBLIC HEARING
NOTICE IS HEREBY GIVEN THAT WILBUR ELLIS GIVENS will hold a public hearing at 7:30 p.m. December 11, 1995, in the City Hall, located at 3140 Main Street, Hansen, Idaho, to consider the request to build a new industrial chemical warehouse and office at the present American Plant Foods location.
PUBLISH: December 1, 2, 3, 4, 5, 6 and 7, 1995.
PUBLIC MEETING NOTICE
Pursuant to Idaho Code 89B-2343, notice is hereby given of a public meeting of the Idaho Fish and Game Commission. Date of Notice: November 13, 1995
Date of Meeting: December 4, 1995 at 9:00 a.m.
Place of Meeting: Idaho Department of Fish and Game, 809 South Walnut, Boise, ID 83707.
An open house for the public will begin at 7:30 a.m. on December 6, 1995 at the same location.
Persons Attending: Commissioners, Director, Assistant Directors, Staff.
Purpose of Meeting: Wild turkey, nonresident deer and elk tag quotas, consent deer and elk tag out-fitter sale-aides; spring steelhead auction on the Clearwater River. Establish opening dates for big game seasons.
The site will be accessible to the physically disabled. Interpretation for persons with hearing impairments and brailled or taped information for persons with visual impairments can be provided upon five days' notice. For arrangements call the Director's office at 208-334-5159.
PUBLISH: November 20, 27 and December 4, 1995.

FOUND Black & tan, male Canyon Ridge & Falls Ave. Dog is at the pound.
FOUND med. approx. 50lbs. Washington/Robbins. Contact Grant Cross Vet Hospital 733-4653.
FOUND Locking gas cap w/keys. Please call to identify. 734-6042
LOST Black Lab 11-28-95 Northcutt Twin Falls area. Has a red collar, and is named "Cowheart". If not trained for hunting, just a family pet. If found or seen, please call 734-6042.
\$300 REWARD
LOST 11/30/95-Black wool dog. Smith's Food King, Miles. Items in pkg. Reward to finder if all items are returned with coat. If found, please contact: Kim Patterson, 733-0931 Ext. 326.
LOST Bassett Hound, 2 mo. old. Black & white in color. Reward to questions asked. Call 733-4057.
LOST Pregnant Rottweiler Near Sinker Station in Jerome. Reward worth \$500. If found, please call 544-2432 or 536-2987

106 SPECIAL NOTICES
ALCOHOLICS ANONYMOUS Call 733-5550
EARLY DEADLINES
FOR CLASSIFIED ADS
THURSDAY, 2:00 pm for FRIDAY
FRIDAY 2:00 pm for SATURDAY
-Thank you-

CHILD CARE
For 2 yr old, even shift week days & occasional weekends. \$520/16hrs.
CHILD CARE
Need baby-sitter Fri-Sun. CPR certified. 738-8842.
CLEANING & OFFICE
position available
EXPRESS PERSONNEL SERVICES
Twin Falls, 733-7300
Burley, 678-1040, No Fee
CLEANING & OFFICE
position available
EXPRESS PERSONNEL SERVICES
Twin Falls, 733-7300
Jerome, ID, 83338.
TEMPORARY
job for 2 months
EXPRESS PERSONNEL SERVICES
Twin Falls, 733-7300
Jerome, ID, 83338.
COOK
Part time, for challenging position as a chef's helper. Apply or call Mt. View Care Center 423-5531, 500 Park St. E., Kimberly, ID.
COOKS
Elmers Pancake & Steak House is accepting applications for cooks & dishwashers. Hours 6 am-10pm, must be able to work all rotating shifts. Apply in person at 182 Blue Lakes Blvd. N. between 2-5pm. NO PHONE CALLS PLEASE. EOE
CUSTOMER SERVICE SPECIALIST
West One Bank, Idaho a multi-state financial institution, has an opportunity available in Bellevue, Idaho for a customer service specialist (teller). This position offers challenge and opportunity to the individual interested in becoming part of this dynamic organization.
This position is responsible for:
-General paying-and-receiving duties
-Previous cash handling experience, ten-key & typewriter exp. preferred
-Detailed oriented a must
If you would like to be considered for this exciting opportunity, please send resume and salary history to: WEST ONE BANK, 600 N. BROADWAY, BELLEVUE, ID 83813
DRIVER
For 10 wheeler for winter work. 423-4293
DRIVER
Ag and industrial equipment dealer seeking truck driver for local runs. Must be able to load and unload the equipment being hauled. Needs own hand tools for minor repairs and set-up & be willing to work some weekends. Hourly wage plus benefits. Schloffen Tractor, Boise, 208-376-3333, ask for Steve.
DRIVER
Now hiring OTR drivers for trailers, dry vans, & walking floors. Call 734-9062
DRIVER
Over The Road Drivers, 43 states, 2 years experience minimum. Clean record. Call 800-280-6248
DRIVERS
TRANS SYSTEMS. Professional truck drivers at home every day. Must be 21 yrs. old. Hold current CDL w/double/triple endorsement. Pneumatic, exper. helpful but not needed. Minimum 2 yrs. driving experience. Meet all DOT & company qualification requirements. Year round position including safety & longevity bonus. Holiday & vacation pay. Delay pay & health benefits. Positions open in the Elko/Carlin, NV area. Trans Systems, 1-800-248-0004.
You'll find a variety of interesting openings in the classified columns every day. Develop the reader habit.

109 PROFESSIONAL SERVICES
BANKRUPTCY
All Chapter 7, 11 & 13 related cases. Free telephone consultation. 536-7760, 800-548-2166 Wm H. Mulberry, 22 yrs experience
DO YOU HAVE A MUDDY DRIVEWAY?
If you got gravel. Will spread. Call 736-6221
Handyman-Carpenter
Framing, Sheetrock, Taping, Painting, Decks, Garages. 10 YRS EXP. -Please Call 733-0843.
111 ENTERTAINMENT SERVICES
BAND for hire 536-6727
CHARLIE DAVIDSON
Magic Valley's MAGICIAN Call 536-5882
113 CHILD CARE SERVICES
A DAYCARE in my home. Excellent environment. Learning program and discovery toys. For more information Call Diana at 735-6222.
CHRISTIAN MOTHER of 2 will baby sit in my home 5am-5pm. Full and part time openings. All ages. Call 524-7538
EMPLOYMENT
ADVERTISING
Wanted Advertising Representative to sell news paper ads in Twin Falls County. Send resume to Kayla Miller, P.O. Box 190, Burley, ID 83316.
BABYSITTER
needed, Mon-Fri, morning and evening hours available, experience preferred. Call the VFCA 733-4384

DRIVERS
D & D Transportation Services, INC 1725 S. Main Gooding, ID 83300. Seeking over the road drivers with CDL & good driving record-48 State preferred-mostly no touch freight. Also retail drivers. Competitive Salary Health Insurance 401K Lumpsum Paid Home Regularly Modern Equipment Come by office or call 1-208-934-4481
DRIVERS
NEEDED NOW!! Long Haul Truck Drivers 2 years experience REQUIRED. Please call 734-6870
by a low-cost classified ad index. Call 733-0931.
DRIVERS
Wanted: Experienced Short Haul Truck Drivers. Call 324-7148.

TRUCK DRIVERS
Drivers not getting enough miles? Try us. We are expanding with a variety of positions for the qualified driver. We also offer late model conventional, with competitive pay & benefits. Call Bob @ 1-900-523-3059
ELECTRICAL
JOURNEYMAN ELECTRICIANS- must have Idaho license, be experienced in 3 phase power, bending & installation of 220 volt wire, conduct a wire pulling. Must be able to read blueprints & have motor & motor control hooking experience. An understanding of industrial PLC & frequency controllers would be an advantage. Wage \$11.20 to \$14.83. Applicants are being taken through Job Service, Twin Falls for the Amalgamated Super Company, Twin Falls Factory EOE
ELECTRICAL
Needed Electrician, Competitive wages, benefits available. Please call Burley Electric @ 738-9559.
FARM
Wanted-dairy help. Must have A.I. & hard hand experience. Help required. Housing avail. (208) 362-1262 or (208) 362-1929.
FARM
Help needed year round. Send resume to P.O. Box 1853, Twin Falls, ID, 83303.
FARMS
MILKERS wanted. Milk or terms. Hire immediate. Call 537-6916
FLORAL DESIGNER
Part time. Please see location at 265 Blue Lakes Blvd.
If classified advertising doesn't work, someone would love to help. Call 733-0931.

FOREMAN Resumes now being accepted for foreman position. Qualifications include: H.S. Diploma, current driver's license & clear driving record. Must fit up to 100 lbs. Must have knowledge of feed mill operations helpful. Please send resumes to Box 92654, The Times-News, P.O. Box 548, Twin Falls, ID 83303-0548
Why keep it when you no longer need it? Sell your easy, inexpensive classified ad. Call 733-0931.

HERDSMAN
Experienced herds person to work on a 1,000 cow dairy. Call rating, AI, breeding, feeding, etc. \$2400 per month+incentives & health benefits. 8 days on & 2 days off. Call 1-509-545-4125.
Why keep it when you no longer need it? Sell your easy, inexpensive classified ad. Call 733-0931.

SALES • SALES • SALES
Immediate opening for near in appearance person who has a desire to make up to \$50,000. We're willing to do whatever it takes to meet or exceed that. Experienced or inexperienced may apply. Very intense training program, earn up to \$1,200/000 month while training. Apply in person to:
CON PAULOS
CHEVROLET • PONTIAC • GMC TRUCK • GEO JEROME

FAX YOUR AD
TIMES CLASSIFIED
208-734-5538
MAGICIAN 536-5882
OVEREATERS ANONYMOUS 734-4547
SANTA For Hire Days, even, leave mess. 326-5258
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BANKRUPTCY
All Chapter 7, 11 & 13 related cases. Free telephone consultation. 536-7760, 800-548-2166 Wm H. Mulberry, 22 yrs experience
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BABYSITTER
needed, Mon-Fri, morning and evening hours available, experience preferred. Call the VFCA 733-4384

103 DIETARY AIDS
NO NEED TO GAIN OVER THE HOLIDAYS! TAKE IT OFF!
Natural herbal drops help you lose unwanted inches and pounds. No radical lifestyle changes.
No Starvation! Eat Real Food! Call *Phyllis Connie or Dave* 1-800-306-7526, 733-7526 (Ask about our pre-Christmas special!)
104 PERSONALS
HOW TO FIND LOVE
If you are tired of trying to meet people the hard way, then try the honest, easiest way... try our Dating Line at 1-900-888-3696 ext. 2429 \$2.58 per minute-avg length of call 3 minutes, must be 18 years old. Touchtone phone required. TeleService USA, Inc. Hagerstown, MD 301-797-2323
LOVE, HAPPINESS, SUCCESS
National recognized psychics WANT TO HELP YOU NOW! Call today! 1-900-458-0222 Only \$2.99 per minute Must be 18 years of age. Main Marketing
PHYSIC HOT LINE
For all of your needs Talk live to a Psychic Today 1-900-225-2345 ext. 2108 \$3.95/minute-must be 18 years or older TouchTone phone required TeleService USA, Inc. Hagerstown, MD 301-797-2323
Sincerely searching for Camie Valente. Please call Rick @ (702)753-4368.

104 PERSONALS
HAPPY 40TH BIRTHDAY
BILL TATTERSALL!
LOVE, KAREN, HOLLY & LAURIE

104 PERSONALS
HAPPY 40TH BIRTHDAY
BILL TATTERSALL!
LOVE, KAREN, HOLLY & LAURIE

THE HOTTTEST-SELLING MINIVANS IN THE COUNTRY
Here at Latham Motors...
THE ALL-NEW 1995 DODGE PLYMOUTH & CHRYSLER MINIVANS

101 LOST & FOUND
LOST a black female pot belly pig. Call 734-4161.

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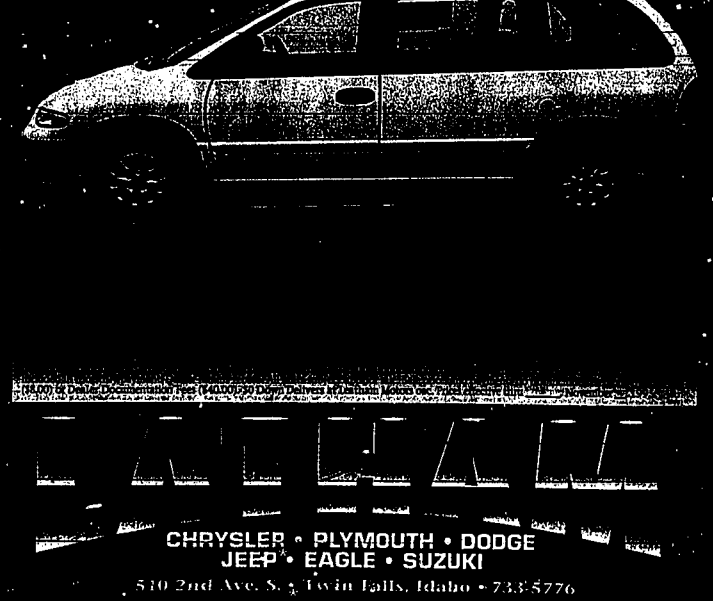
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HEALTH SUPERVISORS Needed for 28 bed CP/MR serving children and young adults with developmental disabilities. Duties include the coordination, evaluation and supervision of approximately 18 direct care staff...

MANAGER FOR OFFICE IN BURLEY Join the Working Team at The Times-News' Minicassia bureau. We need a versatile, talented and personable office manager for our Burley office...

MECHANIC Avonmore West, Inc. has an immediate opening for an experienced maintenance mechanic on a graveyard shift at our Gooding cheese plant...

MECHANIC Ag & Industrial equipment dealer seeking mechanics with experience on farm tractors, backhoes, skid steer loaders, hay balers, and/or attachments...

NURSE RNs and LPNs - Company seeking experienced RNs and LPNs who are willing to travel extensively, or relocate for a 12-month period of time...

REPAIR PART-TIME Service center will start to merchandise area store. 1-800-533-8603

SUPERVISOR Warehouse, Avonmore West, Inc. seeks a large producer of cheese and other products with immediate opening for experience warehouse supervisor at Twin Falls Cheese Plant...

OFFICE RENTAL REPRESENTATIVE wanted for Twin Falls, Idaho. Must be over 20, have a good driving record, and be bondable.

OFFICE AMERICAN STAFFING FT, PT, Seasonal & Temporary work for office workers at any skill level. Earn extra Christmas \$\$\$, and take a break.

HOUSEKEEPING Permanent FT housekeeping dietary positions available at Wood River Care Center. Apply at: 511 East 4th Street, Shoshone or call 688-2228.

MECHANIC Experienced truck mechanic to work on semi & 10 wheel trucks. Welding experience & tools required. Call 324-7148.

MECHANIC Supervisory skills for progressive company. 50% on-call. 10pm or 10:30pm or 10:45pm. Weekend work involved.

MECHANIC TECH needed to work with profound handicapped children. 5:30 am - 2 pm or 10:45 am - 10:30 am.

PLUMBERS Call 734-8778

TELECOMMUNICATIONS One of America's fastest growing telecommunications companies is seeking sales reps in this area.

TECHNICIAN Seeking immediately in CO facility. Shift, weekend & holiday times available.

RESTAURANT ASSISTANT DINING Room Manager High energetic, multi-tasking, self-motivated, available all shifts.

SALES ADVERTISING We're expanding our marketing team & are looking for an individual experienced in sales and marketing.

SALES SURVEY There are several sales job openings, one of which may be designed especially for you. Complete the following form and mail as soon as possible:

1. Desired annual earnings: \$

2. Four benefits most important to you: A, B, C, D

3. I have been selling for years.

4. I have sales experience in: Appliances, Depto sales, Depto service, Clothing, Furniture, Hardware, Insurance, Real estate, Cruise sales, Other

Name: Address: City: State: Zip: Phone: Mail survey to: P.O. BOX 1299 Twin Falls, ID 83303-1299

U.R. SIMPLOT COMPANY, FOOD GROUP, P.O. BOX 460 ABERDEEN, ID 83210

ATN: R.H. DEPT CLOSING DATE: December 11, 1995

MECHANIC AVON 89-515/hr. No door to door. No minimum order. 10hrs. 1-800-876-0621. INDVLS/REP.

NURSE CN, St. Benedicta seeking PT CNS for Home Health Care. Home Health Care experience preferred.

WELDER STAINLESS STEEL BELT ROLLERS needed. Welding needed. Wage negotiable. Call Idaho Metal Fabricators.

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The Times-News CLASSIFIED ORDER FORM. If you are unable to call or come by The Times-News office, simply clip and mail this order form to our classified department so that we can get your ad started without delay.

Please run my ad in classification # for days. (Print one character per space please, including blank spaces.) Please print clearly with dark pencil or pen. There are approximately 23 characters (including blank spaces) per line. Please pay according to rate schedule which is printed below.

SALES LEATHER PLUS is currently hiring. Sales experience is necessary. Apply in person. Magic Valley Mall.

SALES Oil of the 90's. We are the largest growing industry this decade has ever seen. Multi million dollar international company.

SALES LPN's Interested in working with clients in the home who are terminally ill, please apply. This is a call of needed situation throughout the Magic Valley.

SALES RN St. Benedicta seeking RN's for Home Health Care. Home Health Care experience preferred.

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SALES Oil of the 90's. We are the largest growing industry this decade has ever seen. Multi million dollar international company.

Name: Address: City/State/Zip: Phone Number:

Pay Schedule - All Ads Must Be Prepaid

Table with 2 columns: Number of Days, Charge per line. 1-3 days... \$3.09 per line. 4-7 days... \$4.78 per line. 8-15 days... \$7.95 per line. 16-30 days... \$14.40 per line.

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Check in advance or by money order. Credit Card Number. Expiration Date.

The Times-News CUSTOMER SERVICE P.O. Box 548 Twin Falls, Idaho 83303

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For Our Senior Advertisers! 25% Discount off all regular rates. Be sure to inform us at the time you place your ad! anyone 60 yrs or older. The Times-News

DO-IT-YOURSELF IDEAS A READER SERVICE OF THIS NEWSPAPER. COUNTRY PAPER KRAZE. Handcut paper projects are available and easy to do! They range from wall decorations to party favors...

THE TIMES-NEWS CURRENTLY HAS THE FOLLOWING INDEPENDENT JUNIOR ROUTES AVAILABLE. TWIN FALLS - Route 800 Skyline Mobile Park

302 MONEY TO LOAN \$5.00-100K \$\$ Refinance & equity loans 208-734-8727

501 OPEN HOUSES Please check your ad for correctness on the first day that it runs, as The Times-News is not responsible for errors after that time.

502 TWIN FALLS HOMES \$88,500. Great northeast location on this home. 3 bedroom, 2 bath, large deck with hot tub.

503 CONTRACTS & MORTGAGES \$3 TOP DOLLAR \$\$ Financing all types of mortgages. 208-734-8727

504 REAL ESTATE SALE \$150,000. 3 bed, 2 bath, 2 car garage, home office, quiet cul-de-sac.

505 OPEN HOUSES Please check your ad for correctness on the first day that it runs, as The Times-News is not responsible for errors after that time.

CHARMING COTTAGE 3 bdrm, 2 bath, oak floors, carpet & garage. NO REALTOR! \$75,000. Call 324-5837.

CUSTOM BUILT DUPLEX Owners sold over 2000 sq. ft. 2 car garage w/porch, appliances included. Both units. Rental side over 750 sq. ft.

503 BUHLER HOMES TOWN HOME 1 bdrm in Flair. Perfect retirement home. Ready to move out. Doughty Complex 315. Call 328-5238

505 GOODING WENDELL HOMES Excellent income property with very nice older 4 bdrm home on over 1.5 acres.

506 GUARANTEED ADS Buy the Guaranteed package and The Times News guarantees to sell merchandise or return in 7 days or more.

507 HAGERMAN Beautiful home and horse facility on 13+ acres. Guest home over 3-car garage, horse stalls and corral.

508 WOODLAND ASSOCIATES Realtors 246 Main St. Gooding, ID 83456-0000

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515 HAGERMAN Beautiful home and horse facility on 13+ acres. Guest home over 3-car garage, horse stalls and corral.

ALSO '82's, self-contained, fully equipped, \$7000/offer, 423-5022

COMPANION NASH
Quality made in Idaho
Affordable, durable
BROCKMAN'S RV
734-3167 1-800-733-3167

HITCHHIKER NUWAY
Champion 34' Tilt out
WD, 5th wheel, 436-6989

KOMPACT trailers & 5th wheels Affordable, luxury, maintenance free, and value. All unit plus a full service shop & sales department. **BURT HAUBAUGH MOTORS** (208) 836-6323

NOMAD 1971 17' self contained, excellent cond., \$2500. Call 837-4728

PSEWLER, 1974, 18ft., A/C, awning, 4 leveling jacks, excellent condition. \$3,500. Call 733-3961.

SUNDOWNER '77 23' self contained, \$4400/offer. Call 543-8130 after 2pm.

1000 TRANSPORTATION

1002 AUTO PARTS & ACCESSORIES

FOUR INCH LIFT KIT for a 87-72 Chevy, w/hacks Trail Master Tractor Bars. \$325-540-8222

JAPANESE ENGINE & TRANS. 4x4 specials. 1-800-365-3742

USED TURBO TRANSMISSION w/ fuel converter. \$150. 324-8098

1005 ANTIQUE AUTOS & COLLECTIBLES

Antique '36 International 1/2 ton truck, needs to be restored \$1500. 733-6453

CHEVY, SS Convertible, 1963, frame off restoration. 678-7915 after 8 pm.

FIAT X-10 '88, Low original miles, new tires, brakes. Call 422-5798

FORD '80 T-Bird excel. driver 78K orig miles. New padded dash. \$2800

STUDEBAKER '83 Golden Hawk GT, Torque lift 289, 4-speed, rare, driveable, needs restoration. \$2000

STUDEBAKER '51 Commander, Land Cruiser, all orig., good shape. \$3900. Call: Gooding (208) 934-5951 leave msg.

PONTIAC Catalina '64, Praline, 52,000, restored, free with purchase. Pontiac will include. **CHEVY** 48 Coup, Master Deluxe, needs restored. 733-3762

1006 SEMI & HEAVY EQUIPMENT

2 1/2 yard Clark loader, 2 yard Trojan loader, 1981 tandem dump truck, 1981 6x4, rubber & steel, Clark grader & wheel drive. Salsor lifts, like new, \$7,250. Inlet (metal) backhoe, \$12,500. 40 man lift, oak 500, Day of night call (208) 785-5500

48 A Cat will dozer blade, good cond., Dick Marshall 324-7409 or 324-2061

SALE OR TRADE '76 IH COE, Clean, runs good \$4000. 99 Utility 46-102 rear trailer floor needs repair no unit \$4500 or trade for small PU, 985-2592

Sale or rentals, Case-Devs trencher with back hoe & back fill truck. On track. (208) 324-5858.

VOLVO '86 F716 mid size diesel, 2 axle, 5th wheel, 8 spd. PS, AC, Immaculate, \$7500, 431-5434.

1007 TRUCKS

CHEVY '74 454, auto, PS, PV AC, AM-FM cass. tilt seat, 2 axle, 5th wheel, cooler, no rust, great truck \$3250 or best offer. 734-4076 leave message

CHEVROLET '81 1 ton, 1985, AM/FM, 5 speed, air bag, Low miles, (warranty) Call 324-5928.

CHEVY '89 8' '88, both needs work or parts. Best offer. Call 538-2580.

CHEVY '80, low rider, 398 turbo, 400, Best of w/hack thing. \$5500 Call 538-8630

CHEVY '84 Chevy 3500 4x4. 788-9050

DODGE BEST VALUE IN TOWN 1/2 ton Dodge PU, club cab, 360 engine, 1 axle, \$10,300 or best offer. Must sell. 734-2347

DATSUN '78 King cab PU, 5 spd, AC, 1 owner, good mechanical, body needs help 324-8308

FORD '81 3/4 ton, recent overhaul, good tires & things. \$5000 Call 538-8630

FORD '85 F-250, 46V-8, auto, PS, hyd, dump bed. \$3500 Call 734-8922

FORD '93 F-150 New 1180 engine, 1 axle drive. \$14,000. Call 586-2538

FORD 1984 F600, 8.2 liter diesel, 5 spd, flat bed, low miles, good driver, only \$6900. Call 734-8922

GOOD '71 1/2 Ton. Very good shape. **Babull 350.** Auto, Shell, \$12,900.

1008 TRUCK PARTS & ACCESSORIES

PENDALINER New bed liner for short box pickup. 733-4568 after 5:00 pm.

RECEIVER HITCH, heavy duty, \$50. Also med/lift weight regular hitch, \$10. Call 524-4090

1009 4X4'S

BRONCO Full size 1982 4x4, 302, V8, 4 speed transmission, good shape \$2800, 439-8285.

CHEVY '82, 4x4 PU, duals, 350 4 bolt main, lock out hubs, PS, PB, radio, nice. \$5,800. Call 733-9517.

CHEVY '84, Silverado 3/4, short box. AC. \$5200 Call 788-9050

CHEVY '89, call for details 678-8617.

CHEVY '90 Suburban Silverado, fully loaded, extra nice, \$17,000. Call 733-0333 Eves. 324-1294

CHEVY '95 Tahoe LT 4 dr, CD, remote, leather seats, fully loaded, 6k miles. \$29500 736-0222

CHEVY '93 3/4 TON silverado 5 speed, loaded, nice \$17,900. 324-4552 or 324-2724

CHEVY, Silverado, 1987, Suburban, 90,000 miles. Red & gray. \$8500 00. Call 730-1224

CHEVY, Silverado, 1988, 4x4, excellent condition, completely loaded. Call 368-7869 or 368-2538.

DODGE '77 1/2 ton, 4x4 short wheel based, 360 AT, \$12500/offer. 324-5855

DODGE '90 Ram Charger in great condition. Call 678-5020 or 678-3367

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GMC '79 Sierra 1/2 ton, Good cond. #1950 Call 734-9557.

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WHITENBURG 5 ton bed Military tank retriever, HYD, 3100, 4x4, 12000 miles. Great Condition! \$6,850. Call 733-3961.

FORD '88 F150, 4WD, exc. shape, runs like new! 733-9303.

FORD '88 3/4 ton XLT, in exc. cond. \$8950. 422-5278

FORD '90 250 460 engine, extend-amb. 30K miles. Call 438-6989

FORD '93 XLT 3/4 Ton 4x4, ext. cab, 5 spd, loaded, 53K miles. 326-5458

FORD 1988 Ranger, super cab XLT V-6, 5 spd, 4X4, factory shell, nice, \$6250, 733-9220

FORD 1989 Bronco II, loaded, \$9500, 1984 Mercury Topaz, \$1000. Call 834-5941

FORD 1990 F-350, 4 door, 4x4, \$16,000. Call between 12:00 (noon) and 6:30 pm at 735-1289.

FORD, Bronco, 1988, has Eddie Bauer pkg., \$7,500. 324-5954 after 5.

FORD, F250, 1994, 4 wheel drive, Turbo diesel, 38,000 miles, \$22,500.00. Call 728-3250 daytime or 788-9222 evenings.

FORD, Ranger, 1992, Club cab, 57K pkg., 4X4, custom wheels, cruise, AC, bed liner, AM/FM cassette, captains chairs. \$12,500/offer. 735-8212.

GEO TRACKER '89 2x4, 4x4, fuel injection, bug shield, AM/FM radio and cassette tape, AC, chrome wheel rims, 39,000 miles, mint condition. High book \$10,325, asking \$8,500. Call 724-8293

GMC SUBURBAN '87 Good condition. Loaded, \$5500/offer. 632-4349

GMC '71 1/2 ton, 350, Runs good. \$1800. 324-3233

GMC '73 JIMMY 350, AT, PS, P/B, Great cond. Many extras. \$4000. Call 734-5649

GMC '88 SUBURBAN AC, eng heater, elec. windows, doors & lock, Running boards. 788-4727

GMC 1979 3/4 ton, Straight, runs good, needs minor work. \$1900-735-1608

GMC 1991 New paint, matching color shell, 4x4, 12000 miles. 934-5147.

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1993 MERCURY SABLE	\$13,995
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1990 FORD BRONCO	\$10,995
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1990 FORD F-150 4X4	\$11,995
1990 FORD F-150 4X4	\$11,995
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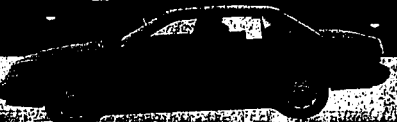
1991 SUZUKI SWIFT 4 DR.
NOW \$4988 or \$0 DOWN \$109 MO.

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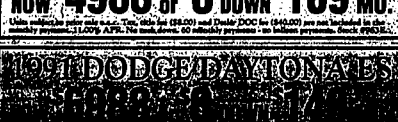
1992 SUZUKI SIDEKICK 4x4 2 DR.
NOW \$8988 or \$0 DOWN \$199 MO.

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NOW \$6988 or \$0 DOWN \$149 MO.

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1992 SUZUKI SIDEKICK 4x4 2 DR.
NOW \$8988 or \$0 DOWN \$199 MO.

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1991 CHEVY 5000 CLUB CAB 4x4
NOW \$15988 or \$0 DOWN \$339 MO.

Units subject to prior sale o.a.c. Tax, title fee (\$8.00) and Dealer DOC fee (\$40.00) are not included in the monthly payment. 9.75% APR. No cash down. 60 monthly payments - no balloon payments. Stock #2146.



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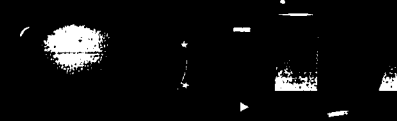
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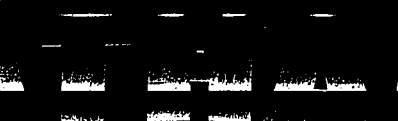
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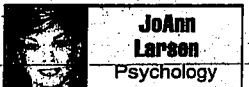
Health & Fashion

Why not let someone else be the grown-up?

It's time for people to give up their roles as caregivers and empower others to become their own problem-solvers, say Gary and Dana Lundbergs.

Do you want to make Everything All Better? The Lundbergs try to correct the misperception that it's everybody's moral responsibility to fix everything and everybody.

Empowering people to solve their own problems and to carry their own responsibilities is nurtured by the skill of validation, on which the Lundbergs elaborate in the first half of their book.



JoAnn Larson
Psychology

The suggest five principles:

- Be an effective evaluator. Essentially, this means letting other people feel what they are feeling without distorting or adding more feelings or to walk with another person emotionally without trying to change her direction.
- When a person says, for example, "I lost my brother five years ago," you can follow the grief downward, attempting to fully understand what the other person is experiencing, until the person gets to the heart of his or her feelings.
- The skill of validation is subsidized when you are comfortable with yourself and you don't feel threatened when someone believes differently than you do.
- Not do you need to change your beliefs or behaviors to fit theirs. To give in such a validation mode, say the Lundbergs, you must be kind, gentle, respectful and firm.
- Walking with others — listening to their feelings — does not necessarily mean that you agree with them. Your task is to understand, not to convince, the listener. Your listening stance will relay to the other person that they are worthwhile and that their feelings matter and that somebody really cares about them.
- Leave the responsibility where it belongs. This principle is based on the axiom, "I can offer my help, but I do not have the power to make anything all better for anyone else."

"Burdens are lifted when help is given; however, this does not make the problem all better," the Lundbergs write. "Each person must face the problem squarely and deal with the event and its losses. Only the person can heal himself."

"Too often help is offered in a way that tries to take away the other person's responsibility," they continue. "Sometimes this is done under the cloak of advice... (and) sometimes we unintentionally make decisions for others without asking them first."

Offering help to another person is an act of kindness when it is motivated by genuine caring," the Lundbergs say. The issue, however, is not leaving the "hot potato" in our own hands when the other person, in the long run, is capable of solving the problem.

"Acknowledge emotions. Simplified, there are four basic emotions: mad, glad,

Please see LARSEN/D2

Sudden death

If Sergei Grinkov's heart could kill him, what about yours?

By Steve Crump
Times-News writer

SUN VALLEY — It was a late summer morning, sunny and cool — the time of year when figure skating's glitterati hang around Sun Valley's unprepossessing outdoor rink.

Most of the big names come here for summer skating shows, and some of them hang around and vacation until the big network all-star TV specials filmed in September.

They're not easily impressed, but on this particular morning, an Olympic gold-medal winner, a silver, and two bronzes sat on the bleachers and watched Sergei Grinkov and Elena Gordeeva practice skating.

Grinkov, a tall, elegant, 28-year-old Russian and two-time gold medalist, lifted his blade off the ice and over his head, turned her 180 degrees, and then turned her back again.

"Do it again!" someone shouted from the stands. Grinkov smiled.

Three months later, he was dead of a heart attack on a rink in Lake Placid, N.Y. — the same kind of heart attack that killed your Uncle Charlie, a 55-year-old, 250-pound, thoroughly dedicated couch potato.

"The lesson is that it can happen to anyone," said Dr. Wayne Wright, a Twin Falls cardiologist. "Even someone in good physical condition."

In truth, Grinkov had an old man's heart and an old man's problem — arteries clogged by plaque. Unlike other famous athletes who succumbed to sudden cardiac death due to rare, inborn structural heart defects — most notably basketball stars Reggie

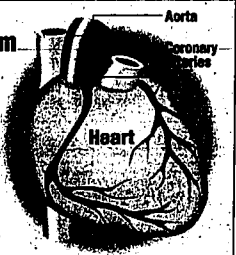
Please see HEART/D2



ADAM LEMAN

Ischemia heart problem

What is it? Ischemia insufficient blood supply through coronary arteries; Not enough oxygen to heart



- Causes
- Age
 - Stress
 - High blood pressure
 - Clogged arteries

SOURCE: News reports

KRT Infographics

Response to cardiac arrest is crucial, and the patient will need the assistance of someone experienced with dummies — CPR dummies.

Researchers believe heart, mind can help each other

Knight-Ridder News Service

BOULDER CREEK, Calif. — For those ruled by the intellect, it's hard not to be skeptical about the research in stress reduction going on at the Institute of HeartMath.

First, there's the institute's name, with its vaguely New Age sound. Then there's the address, northwest of Boulder Creek, deep in the crystal-clogged Santa Cruz mountains. And finally, there's the concept that governs all research and teaching at the institute: The heart is much more than a blood-pumping muscle. In fact, the heart is an intelligent system crucial to determining mental and emotional responses that affect health.

Not the mind, although it does play a role. "If we didn't have the science to back this up, it would be tougher to convince people, for sure," says Bruce Cryer, executive director of corporate programs at the 4-year-old non-profit institute, which

Want to know more?

For more information on the Institute of HeartMath, call (408) 338-8700 in the South Bay, or (800) 450-9111 outside the region. Or contact the institute at <http://www.web.com/heartmath>.

makes most of its \$1 million annual budget by giving stress-management seminars to individuals and corporations. "It's not just a nice, little California concept. It's got substance to it."

The science Cryer refers to, conducted at the institute's isolated, 160-acre retreat, is slowly gaining mainstream attention. The institute's researchers — an eclectic collection of engineers, psychologists, physicists and biologists headed by president and CEO Doc Lew Childre, a composer and author of five self-help books — have doggedly pursued publication in traditional medical journals and the mainstream acceptance such articles bring. Their most recent work, which

finds a connection between self-induced, emotional states and heart-rate variability, appears today in the November issue of the American Journal of Cardiology.

The study, an analysis of heart-rate variability in 24 people, concludes that learning to induce positive emotions on demand may be beneficial in the treatment of high blood pressure and may even reduce the likelihood of heart attacks in patients with heart disease.

Since an estimated 26 percent of Americans over 18 suffer from high blood pressure, the findings could have wide application. But for researchers at the institute, learning to induce the feeling they call "deep, sincere appreciation" has even broader uses. They say learning to focus the electrical energy of the heart — to literally let your heart be your guide — can lead to increased creativity, mental clarity and efficiency; all of which are more difficult to measure than blood pressure. "I wouldn't kid myself to say this is fairly well-accepted (in the medical es-

tablishment)," says William Tiller, an emeritus professor in the department of materials science and engineering at Stanford University and co-author of HeartMath's latest study. "At this point, we have a foot in the door. This paper is a big step forward. But that's different than acceptance. People change in their own time."

The idea that emotions affect health is not new, or even particularly radical nowadays. Recent well-publicized studies have found that emotional support may prolong the lives of breast cancer patients, that heart patients who are hopeful are more likely to survive than those who are depressed and that heart attack victims who get angry face a greater risk of suffering another attack than those who try to remain calm. In November's issue of the journal Hypertension, a study of elderly African-American men and women with hypertension concludes they can substantially reduce their blood pressure by practicing Transcendental Meditation.

Inside

Dear Abby

Dave Barry

Games

D2

D3

D5

Looking good

Ball gowns, velvet among season's popular looks

Knight-Ridder News Service

Christmas trees aren't going to be the only things trimmed in style this season.

Holiday dressing for women is big, big, big. Satin. Shine. Glitter. Glamour. Velvet. Lots of velvet. The color red.

And would you believe ball gowns? Not just for the Social Register set, either.

"People are certainly dressing up again," says Randie H. Berman, fashion merchandising director for Strawbridge & Clothier. "We took a stand on ball gowns — we put them in our window, on our main aisle. It's something that women do not have in their closets."

The number by Dave & Johnny is so popular, Strawbridge's has had to reorder it three times for its Center City Philadelphia store. Its black velvet, ruffled, studded with rhinestone buttons, fits snugly over a metallic gold organza skirt.

Ball gowns aren't the only look out there, either. Velvet is still a popular choice.



AP photo

Take it from singer Emmylou Harris: This holiday season's color is red.

Please see VELVET/D2

Health notes

Pacifier problems?

Parents take note: Children under 3 who suck on pacifiers have a higher rate of ear infections than kids who manage without them, Finnish researchers report. It's unclear why the rate of infection was higher among pacifier users, but the researchers recommend that parents restrict their use to the baby's first 10 months, when the risk of middle-ear infections is uncommon. Other experts say the study in the journal Pediatrics, needs to be corroborated.

How to deal with skier's thumb

Radiologists think they can lend surgeons a helping hand by preventing unnecessary operations for a condition called "skier's thumb." Computerized pictures could show which cases need surgery and which don't, said Dr. Charles P. Ho, a physician in Redwood City, Calif. The injury happens when the skier's hand is trapped on a pole that is stuck in the ground. Ho told a recent meeting of the Radiological Society of North America. As the moving hand is jerked away from the pole, the thumb is caught behind the pole, then pulled down and to the rear of the hand, he said. This rips the ligament in the web space between the thumb and the index finger, he said. If the ligament is still attached to the bone, it

can heal by itself after the hand is put in a cast, Ho said. But if the ligament has come free of the bone, surgeons may have to reattach it to make it heal properly, he said.

Denying AIDS aid

Hundreds of doctors say they would recommend withholding expensive medical care from babies born to HIV-infected mothers even when they didn't know whether the baby actually had the AIDS virus. Most babies born to HIV-infected mothers do not develop the virus. The findings reported in the American Journal of Public Health, are "shocking," says Arthur Ammann of the Pediatric AIDS Foundation.

Man's best friend?

That lovable family dog could be more dangerous to your child than a stray. A study by University of Washington researchers found that children are more often bitten by their own dogs or those belonging to neighbors than by stray animals. "Parents and dog owners must assure adequate supervision of children, especially infants and toddlers, at all times in the presence of dogs, even the family dog," said an article in the journal Pediatrics.

Compiled from wire reports

New drug treatment opens up for panic attacks

Knigh-Ridder News Service

A new drug treatment is opening up for panic attacks. Traditional treatment has used anti-anxiety agents such as Xanax and Valium, but now there's a shift to the newer antidepressants called SSRIs, which act on the brain chemical serotonin.

It wasn't until 1980 that panic disorder was first recognized as a specific ailment. It is characterized by episodes of intense fear with shortness of breath, heart palpitations, dizziness, trembling, sweating, choking sensations, nausea or abdominal distress. During an episode, sufferers may think they're having a heart attack, are about to die, or are "losing their minds." Panic attacks can occur at any time, and are associated with certain triggering situations with the attacks, but panic attacks can happen spontaneously, without an associated event.

About 13 million Americans develop agoraphobia (irrational fear of

being in public places). SSRIs antidepressants include Prozac, Paxil, Zoloft and Luvox. The reason for the shift to them is that they're safe and effective for most patients and cause fewer side effects than older drugs, according to Jack Gorman, M.D., Deputy Director of the New York Psychiatric Institute in New York City (Retail Pharmacy, 9-95).

So far, there's no hard data comparing SSRIs to the older drugs for panic disorder, said Dr. Jacob, M.D., associate professor of psychiatry at the University of Pittsburgh. But clinical experience has shown that SSRIs don't tend to cause the side effects of older medications — such as weight gain, sedation, dry mouth and orthostatic hypotension (a fall in blood pressure caused by dizziness when rising from a reclining position).

"In my experience, Xanax and other benzodiazepines (anti-anxiety agents) tend to be prescribed by family physicians and internists, but the psychiatricians tend to prescribe SSRIs," added Jacob.

Teens who take punishment Larsen get valuable lesson in return

"DEAR ABBY: This is my response to "Upset Mother," and I'm glad daughter was arrested for shoplifting.

My best friend and I were also arrested for petty theft. She had something in her pocket, and I had a tip-stick in my backpack.

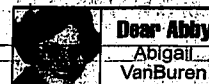
The police arrested, handcuffed and fingerprinted us. They took our pictures and we were taken to the police station, where we were not allowed to call anyone. We weren't read our rights either. Someone called our parents for us.

Our parents wanted to hire a lawyer because we were treated poorly and our rights were "violated." We told our parents that since we were guilty, we didn't want to get off on a technicality.

We went to court and were sentenced to 25 hours of community service at the same place, either at a store or at a church. We were given classes on the judicial system, and wrote three pages about what we had learned. My friend and I were not allowed to perform our community service at the same place, either.

When our sentences were finally completed, we returned to court, where the charges were dismissed. We learned a lot from that experience, and we will never steal again.

This kind of punishment teaches us to be responsible and to learn from our mistakes. It's a valuable lesson that we will never forget.



I was disappointed in your response. As a second wife (of six years) and a divorced mother whose stepdaughter was married a year ago, I was not upset to have been excluded from the wedding photos and left to go to the church alone. My mother accompanied me, and we sat directly behind my husband and his former wife (the bride's mother).

My stepdaughter was not trying to create the family she once knew. These were the two people who gave her life and raised her. I was not a part of her life at that time. I am a part of her life now. I helped her see her wedding gown, made the ring bearer's pillow, the corsages, and the bouquet she carried when her father walked her down the aisle. My mother and father stood together in the receiving line.

When my husband expressed his concern that I might be upset because he would be sitting with his former wife, I replied: "No, I'm the one who will go home with you after the wedding."

NOT DISAPPOINTED IN GREAT FALLS, MONT. DEAR NOT DISAPPOINTED: Your attitude is admirable. How sad that few women are as secure as you. DEAR READERS: My Aunt I share my favorite cartoon by Harley Schwadron in The Wall Street Journal?

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Continued from D1 sad and afraid.

"Each of these emotions has many other names or descriptions, but this simplified list is a good place to start," the Lundbergs says. And, a person may experience a mix of emotions any one time, so to acknowledge emotions, use these labels: Listen, listen, listen; and try to understand by putting yourself in another person's shoes as best you can.

Remember, says the Lundbergs, that you only need to listen. You don't have to solve the other person's problem — just offer an act of love and validation. That takes so little time but yet means so much to another person.

• Develop the art of listening. Several skills make up the art of listening. Among them are "listening for information." Often people talk in indirect ways hoping to get across a message without directly stating it.

Ask your own self the questions: "What is wanted?" "What is needed?" "What am I supposed to get out of what I'm hearing."

In addition, attentive body language, soft and pleasant voice inflection, and direct eye contact always let

another person know you are listening. Sometimes appreciate all giving the other person the chance to put out his or her heart — it is a validator.

Learn the effective skills phrases and questions. There many validating phrases that others that you genuinely care about another person. For example, "That's hard," "That would be that amazing," "That's good" or "Tell me more."

In addition, there are effective open-ended questions that have same effect: "How did you feel that?" "What would you like to do?" "What happened?" or "What was like?"

But watch out for the "great listener," the Lundbergs warn, but "I love you but you've got a problem to resolve..." Henry Ward Beecher said, "The most contemptible praise is that which first speaks of a man, and then qualifies it, but."

Joanne Larsen, who grew up in Kimberly, is a Salt Lake City counselor.

Heart

Continued from D1 Lewis and Hank Guthrie — Grinkov died of ordinary cardiac arrest.

What killed him was blood clot of a kind that Time magazine described as the "widowmaker."

But most widows aren't 23 years old, as Godevich is. Can anybody drop dead of a heart attack?

"There's a certain segment of the population that's very much at risk," said Dr. Ron Miciak, a Twin Falls cardiologist. "And there's really no way of knowing who includes you until you're checked."

America's slow but steady progress against heart disease in the past 20 years has diminished the fearsome specter of sudden cardiac death in most people's minds. Nobody, it seems, drops dead shoveling snow anymore.

In fact, people die that way all the time — heart disease is still the No. 1 killer in America, and first heart attacks kill tens of thousands a year.

Of those who drop dead, fully 50 percent never knew what hit them.

"It's not at all unusual for patients who are revived from cardiac arrest to report they felt no symptoms," Miciak says.

Sometimes that's true, and sometimes they're just not listening.

"Patients often dismiss anxiety (chest pain as heartburn) or muscle aches as heart pain. It's not until after they've had the heart attack that they look back and say, 'I should have seen that coming.'"

In fact, very few sudden cardiac deaths are bolts from the blue. The signs of trouble are almost always there, and they're compelling.

"The first thing to consider is family history," Miciak said. "If you had a parent or a member of your family who had early heart attack, or who died of heart disease at a young age, that means you may be at risk."

That's because heart disease, or at least the predisposition to heart disease, is often hereditary. Clogged coronary arteries run in families.

"It's also important to be aware of what your blood pressure is and what your lipid (cholesterol) status is," Miciak said. "If you have high blood pressure and high cholesterol, you're a candidate for sudden cardiac death."

Miciak and Wright emphasize that the older you are, the greater your chances of dying of a sudden heart attack, but that shouldn't be an excuse to put off taking care of yourself. There are ten years running around where you're well on their way to an early coronary.

"While it doesn't often happen that a very young child will develop arterial disease, it does occur, and often without a clue that anything is wrong until after a heart attack occurs," Dr. Tom Stark, a pediatric cardiologist at Columbia-Presbyterian Medical Center in New

York City, told the New York Daily News.

Patients with the three major risk factors — family history, high blood pressure and high cholesterol — are often candidates for stress tests, which are the acid tests of cardiac fitness, or an echo-cardiogram or an angiogram.

Men over 50, smokers and diabetics are folks who bear watching most, Wright says, especially if they're sedentary.

When your doctors look for trouble, they look for evidence of coronary artery blockage and of ischemia, Miciak said. That's a local and temporary deficiency of the blood supply to the heart, due to obstruction of the circulation to part of the heart.

Ischemia often leads to cardiac arrest. It put Russian president Boris Yeltsin in the hospital in October.

The clearest symptom of heart attack and perhaps of impending cardiac death, however, is angina. That's defined as chest pain that radiates to the jaw or down the left arm for men or down either arm for women. Shortness of breath, back pain and dizziness during and after exertion are also symptoms.

If that happens to you, Wright and Miciak say, call for help — now. And don't drive yourself to the emergency room.

"The drugs and the procedures available now are very effective in preventing sudden cardiac death — if you get to help in time," Wright said. "If we had a population trained in CPR (cardiopulmonary resuscitation), we could cut the sudden cardiac death rate by a lot, I think."

CPR is the first line of defense against arrhythmia that often dooms a stricken heart, he said. Arrhythmia is a wildly irregular heartbeat, a sort of cardiac electrical storm.

"The critical factor is time," Wright said. "You only have about 10 minutes."

American Heart Association-sponsored CPR courses are available through every hospital in the Magic Valley. They last just a few hours and the cost is nominal.

"It's an opportunity to give someone a second chance," Wright said.

Once that second chance comes, the outlook is far from bleak. Blood-thinning drugs, angioplasties — cleaning out clogged coronary arteries by inserting a balloon-like object and bypass surgery routinely add decades to the lives of people with heart disease.

"If you have either a family history of early cardiac death, or two or more of the risk factors, you need to talk to your doctor," Dr. Alan Guerrero, director of cardiac research at St. Francis Hospital in Roslyn, N.Y., told the New York Daily News.

"Regardless of your age."

Valley happenings

Horsemen schedule meeting in Jerome

JEROME — The High Desert Back Country Horsemen will meet Tuesday at the Jerome Library.

A board meeting begins at 7 p.m., and the regular membership meeting follows at 8 p.m. The annual Christmas party and election of officers will be held.

"Anyone interested in keeping trails in the back country open to horse and mule use is welcome to attend. Participants are asked to bring their favorite hors d'oeuvres to share."

Square dancers plan dance Tuesday

JEROME — The Magic Valley Singles Square Dance Club has planned a dance for Tuesday at St. Jerome's Catholic Parish Hall.

Mainline dancing will be at 7:30 p.m., with beginning and refresher dances following at 8:30 p.m. People whose last names begin with the letters R through Z are invited to bring finger foods. For more information, call Mae McKenny at 324-2656 or Vera Young at 734-4647.

Garden Club sets Christmas party

TWIN FALLS — A Christmas party, featuring a potluck dinner, for the Twin Falls Garden Club will be held at 1 p.m. Wednesday at the home of Jan Reynolds, 175 Harrison.

Those attending are asked to make or bake a gift item for around \$3 and bring it for the gift exchange. Non-members are welcome. For more information, call Mae Heron at 733-4989.

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Velvet

Continued from D1 course. There's velvet and velvet trim — a jacket or dress with touches of velvet, for instance; there's satin; there are fuzzy, furry sweaters for a more casual look.

Feminine altitudes are selling, says Berman. "Any type of simple dress that has a jacket over it is very popular, whether it's a bolero jacket or one that is a little bit longer."

"It's definitely dressy" for the holidays, says Judy Clapper, regional special-events manager for Macy's. Although ball gowns are selling well in Philadelphia-area Macy's stores, she says, "what's driving our business is holiday separates: jeweled brocade jackets — or a little longer, to the hips — worn with palazzo pants or long, full skirts in soft chiffons or crepe."

Also popular, says Clapper, are short, velvet, swing jackets that team equally well with chiffon palazzo pants or with velvet skirts.

In Cherry Hill, N.J., the big sellers at Macy's include a suit, full-dress white taffeta by Chris Kole, and a ball gown by Rose Taft featuring a black velvet bodice with a black and gold brocade skirt.

"Velvet is very, very big" in dresses both short and long, says

owner Marcy G. Schwait, as well as in pants, which are extremely popular. "There are a lot of tuxedo for the holidays, too," says Schwait. "black, navy, darker colors — black, heavy chocolate."

The only color she finds that's still popular in red, she adds, "I'm selling a lot of that in silk a crepe — in gowns and cocktail dresses and cocktail suits."

Even at off-price retailers, she is in the driver's seat for the holidays. One of the top-selling lot, T.J. Maxx is a cropped, taffeta jacket teamed with a long, flowing skirt or pants. Soft, feminine fabrics with a touch of shine are favored mostly in black, but with creamy or silvery grays also popular.

As for jewelry: What would holidays be without a little glitz? So ignore the no-jewelry minimalist approach on the runways and whatever you want.

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Dear Abby

Abigail VanBuren

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734-1756

Hi, I'm Dr. Dave Conrad. You may find this surprising, but I used to dislike chiropractors. Now I am one. Obviously something had to happen to change my point of view. I believe that many of you people out there may suffer needlessly, now or in the future, because you have misconceptions about chiropractic. Why don't you let me see the record straight for you. Attend one of our weekly public information presentations, or come in for a complimentary consultation. It doesn't cost anything to find out if chiropractic might be right for you.

Dr. David B. Conrad
CHIROPRACTIC PHYSICIAN
1296 Addison Avenue East
Twin Falls, Idaho 83303
Twin Falls, Idaho • 733-0444

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Fear of flying IV: Snakebite at 30,000 feet

It's a chilling question that all of us — even veteran airline passengers — ask ourselves every time we get on an airplane: "Is this going to be the one?" Is this the flight where I get eaten by a python?

This question takes on an even greater urgency than usual in light of a recent lawsuit filed by a Texas couple against Continental Airlines. According to an Associated Press story sent in by many alert readers, the suit alleges that the couple and their 5-year-old daughter boarded a Continental flight from Houston to Las Vegas last October, unaware that the singer seated in front of them had brought a python aboard in a gym bag, tucked under the seat.

As a frequent flyer, I find this ironic. I mean, when I fly, I have to go through a checkpoint staffed by beady-eyed security personnel who act deeply suspicious about my laptop computer, as though I'm going to leap up in the middle of the flight and yell, "Take this plane to Cuba, or I'm going to REFORMAT MY HARD DRIVE!" And yet these same personnel just let this guy walk through carrying a major snake.

Anyway, after the plane took off, the python, as you have no doubt already guessed, decided to get out of the gym bag and stretch its legs. The couple's suitcase rattled when their mother saw the snake, it was crawling toward the daughter "in preparation for attack."

The article does not state what happened next, although apparently no one was physically harmed. Perhaps an alert passenger thrust his airline dinner tray at the python, causing it to flee in terror back into its gym bag. (On a recent flight I was handed a piece of alleged chicken that was much scarier than anything Sigourney Weaver ever fought with a flamethrower.) But the point is that, unless you like the idea of becoming Purina Brand Viper Chow at 35,000 feet, you should write to your congressman and demand passage of a federal law requiring that any snake traveling on a commercial flight must be (1) securely locked inside an escape-proof container, and (2) dead.

Perhaps you don't think this issue concerns you. Perhaps you're thinking, "I rarely fly, so what do I care about snakes in airplanes?" It's not as though snakes are showing up in kitchen-appliance cartoons!

Try telling that to the woman in Róanoke, Texas, whose chilling ordeal was reported in an Oct. 10 Fort Worth Star-Telegram story written by John Council and sent in by several alert readers. The woman brought home a brand-new Silco Ovenmaster toaster, and when she opened the box, guess what she found, writhing around on its scaly belly, flicking out its



Dave Barry
Humor

evil forked tongue? You guessed it: O.J. Simpson.

No, that was a cheap shot, and I am instructing you to disregard it. What this woman found was an 18-inch snake. Needless to say, she screamed, because the Ovenmaster is supposed to come with a Gila monster.

No, seriously, she screamed because she was expecting a 100 percent reptile-free appliance. Her husband killed the snake (the story does not say how; perhaps he struck it with an airline omelet), and the woman took it, in a plastic bag, back to the Target store, where she purchased the Ovenmaster. There, the store states, "a store clerk with some reptile knowledge" identified it as a harmless con snake. The store's merchandise manager assured consumers that this type of incident is very rare.

"It's not something I've heard about happening in my life-time," he stated. Perhaps not. But just in case, you all should be more aware of basic reptile-safety procedures, which is why I am so grateful that alert reader Barry Royden, who lives in Thailand, sent in an article that appeared in the Bangkok Post. Following the escape of an estimated 100 crocodiles from what are described as "reptile farms" along the Chao Phraya River, this article begins, I swear:

"People should not fear being eaten by hungry crocodiles that escape from reptile farms because they can be easily caught using a piece of rope and some food as bait, according to a secretary to Prime Minister and Interior Minister Banham Silpa-archa."

(Don't you wish our politicians told us useful stuff like this, instead of yammering about Medicare?)

The article quotes an official named Veerakorn Khamparak as saying that all you have to do is put out some food, wait until the crocodile approaches, then "simply tip-toe close to it and gently place a noose around its head." The article states that "the chance of the crocodile eating you instead of the bait is apparently very remote and hardly worth worrying about." That is certainly reassuring, and I hope you'll bear Mr. Veerakorn's easy capture technique in mind the next time you're in a potentially crocodile-intensive environment, such as Thailand, or a Continental Airlines flight. You can make a noose from your audio headset cord; for bait, you can use the drunk in seat 23-F, who keeps calling the flight attendant "babe."

Dave Barry is the humor columnist for the Miami Herald.

To do for you

Focus group seminars deal with anger problems

TWIN FALLS — Dealing with Anger Problems: A Solution Focused Four-Session Group will begin today in the Falls Professional Center Suite 3 (across Falls Avenue from Hastings), 1139 Falls Ave. E. The class is set for 7 to 8:30 p.m. Instructor will be Howard Carroll, M.Ed., Licensed Professional Counselor. The fee is \$60. Classes are limited to the first 15 people who register and pay their tuition. For more information, call Carroll at 734-1330 or 1-800-388-3761.

Cancer support groups plan combined meeting

TWIN FALLS — The Cancer Support Group and the Magic Valley Breast Cancer Support Group will hold a combined holiday meeting at 7 p.m. today in the waiting area of the Southern Idaho Regional Cancer Center, located at the Magic Valley Regional Medical Center. Joan Dalton-Boyd, M.A., wellness counselor and consultant, will present a special program, "Hope for the Holidays." For more information, call Char Basile, M.S.W., at the SIRC at 737-2800 or Jody Craig at the Twin Falls Clinic & Hospital at 733-3700, ext. 344.

YFCA sets late-afternoon aerobics classes today

TWIN FALLS — The Magic Valley YFCA will begin a new aerobics class today for those people who would like to workout a little later. The class will be held from 6:30 to 7:30 p.m. on Mondays and Wednesdays. Instructor will be Becky Posthums. The fee for non-

members is \$25 for 12 classes. For more information, call the YFCA at 733-4384.

Therapy group for newly divorced women meets

TWIN FALLS — A support/therapy group for newly divorced women will be held at 7 p.m. Wednesday at Community Counseling Services, 140 Second St. Suite 1. The eight-week session will be facilitated by Evelyn Mallea, MSW, and will concentrate on healing the emotional pain of divorce. The charge will be \$15 per group. Pre-registration is required, by calling 734-4941.

Counseling center sponsors psychiatry seminar

TWIN FALLS — A professional education program, "Overview of Psychiatric Diagnosis and the DSM-IV," is set for 9 a.m. to 5 p.m. Thursday at Canyon Springs Inn, 1357 Blue Lakes Blvd. N. The seminar is presented by Richard Worst, M.D., Medical Director and Kayne Kishiyama, M.D., Associate Medical Director at Canyon View Hospital and Counseling Centers. The seminar is open to all social workers, physicians, mental health providers, nurses, school counselors and other professionals.

The cost is \$35 for advanced registration and \$45 at the door. A 10 percent discount will be offered for groups with at least five participants. Lunch will be provided and seven hours of CEU's have been applied for. For more information, call Pete Swartz at Alan Chapman or Gene Swartz at 1-800-657-8000 or 734-6760.

Natural-history meeting Thursday in Ketchum

The Times-News

KETCHUM — A group of local educators has been meeting monthly to share information about natural-history education projects they are involved with and to work on collaborative efforts.

December's meeting will be held at 6 p.m. Thursday at the Environmental Resource Center, 411 E. Sixth St. Carol Cole from the Sawtooth National Recreation Area will show a "wilderness box" (similar to the SNRA's "wolf box"), which is a set of educational tools and curriculum for use in classrooms and other group settings. All interested people are invited.

Toddler council meets

The Times-News

BOISE — The Idaho Infant Toddler Intergency Coordinating Council has planned its regular bimonthly meeting for 10 a.m. to 4 p.m. Thursday in the Majestic Conference Room of the Statehouse Inn.

The council provides leadership for implementation of the Idaho Infant Toddler Program, which offers early intervention services for children from birth to age 3 who have developmental disabilities and their families. For more information or a copy of the meeting's agenda, call 334-5514.

Jungian study group sets initial meeting Dec. 11

TWIN FALLS — A Jungian Dream Study & Process Group, with Scott W. Hyder, will hold a free orientation meeting from 7 to 7:45 p.m. Dec. 11, with an initial group meeting set for 8 to 9:30 p.m. at Mystic Pathways Bookstore, 149 Main Ave. E. The fee is \$7.50 per hour, with a 4-6 session commitment (gradual payment available). Hyder has recently opened a private practice in Jungian Analysis in Ketchum.

The purpose of this group is to allow individuals an opportunity to deepen awareness and subtlety in their lives and in relation to the unconscious, following the psychology of C.G. Jung. We will meet four to six times in two-hour sessions on either a weekly or bi-weekly basis (to be agreed upon as a group). The group may continue on an ongoing basis, if there is interest. Dreams of participants will be explored on a voluntary basis, with attention to symbolism, associations, and significance regarding conscious, waking life, past experiences and future plans. For more information, call 324-5654.

Community agency plans free food workshops

TWIN FALLS — The South

Central Community Action Agency would "like" to announce the Community Food and Nutrition Program's free monthly workshops. This month's topic is Nutrition: Fitness and Avoiding Seasonal Depression. Guest speaker will be Tony McNevin. Workshops to be held: 6:30 to 8 p.m. Dec. 11, St. Jerome's Parish Hall; 2:16 Second Ave. E.; 5:30 to 7 p.m. Dec. 12, SCCAA Green Guiding Conference Room, 720 Shoshone St. W. in Twin Falls; 1:30 to 3 p.m. Dec. 13, Heyburn Fire Station, 901 18th St.; and 1:30 to 3 p.m. Dec. 14 at the Shoshone Methodist Church, 360 Shoshone St. E.

All participants will take home a completed project. All income-eligible participants will receive a voucher for one box of food good for 30 days from the date of workshop. Door prizes will be given. For more information, call Wendy McGrath at the SCCAA at 733-9351 or 1-800-627-1733.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83403, or deliver to our office at 132 Third St. W.

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CALENDAR of EVENTS

- Breast Screening Educational Program. By appointment only. Call 736-1675. —Are you a woman who is a resident of Idaho? Are you 40 years of age or older? Have you never had a mammogram before? Do you have no insurance coverage for a mammogram, or have an *unmet deductible* of \$60? If you can answer yes to all these criteria, YOU qualify for a free mammogram under the MVRMC Mammography Grant Program. Limited number of grants available. Our facility is located in the Professional Plaza, 526 Shoup Avenue West, Suite J. Call 736-1675.
- Cancer Support Group and Magic Valley Breast Cancer Support Group Combined Holiday Meeting * Monday, December 4, 7:00 p.m., Cancer Center Waiting Area. For information, call the Southern Idaho Regional Cancer Center at 737-2441.
- CPR Class * Monday & Wednesday, December 4 & 6, 4 - 7 p.m., 5th West Conference Room. To register, call 737-2007.
- Arthritis/Lupus Support Group * Tuesday, December 5, 7:00 p.m., Doctors Meeting Room. For information, call 737-2050.
- Prepared Childbirth Course * Tuesdays, December 5 - January 2, 7 - 9:30 p.m., Education Center (located at the back of our north parking lot). Preregistration required. Call 737-2900.
- CPR Class * Saturday, December 9, 8 a.m. - 4 p.m., 5th West Conference Room. To register, call 737-2007.
- CPR Class * Tuesday & Thursday, December 12 & 14, 6:30 - 10 p.m.; 5th West Conference Room. To register, call 737-2007.
- Childbirth Refresher Program * Tuesday, December 12, 7 - 9:30 p.m., Education Center (located at the back of our north parking lot). Preregistration required. Call 737-2900.

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It just makes you sick: Nausea in pregnancy

The Washington Post

WASHINGTON — For Margie Profet, a walk through the vegetable section of the local Safeway is like a stroll through the streets of Love Canal.

Those crispy stalks of celery and vitamin-rich carrots are chock-full of chemical irritants called psoralins, she said during a recent visit. Those mushrooms over there are stuffed with hydrazines, a class of chemical familiar to NASA scientists as an ingredient in rocket fuels. And that bunch of fresh basil ready to be made into a delicious pesto is really a toxic tangle of estragol, a plant hormone known for its ability to cause genetic mutations.

Profet, a maverick scientist and recipient of a MacArthur Foundation "genius" award, has no grudge against these surprisingly noxious plants. She knows they must make these bitter chemicals to fend off insects and other predators. And she knows that we humans are endowed with detoxifying enzymes that neutralize the poisons so they won't make us sick.

But Profet is concerned about the effects such foods may have on developing embryos. She suspects that a fetus nestled in the womb lacks the metabolic wherewithal to fend off toxins that its mother has consumed. And that the fetus's organs can end up deformed if they are exposed to such compounds in the first weeks of life.

"You may think these are small quantities of toxins, but the embryo is only this big," Profet said, hold-

Morning sickness at a glance

"When in a woman who is suffering from neither rigor nor fever, menstruation is suppressed and she suffers from nausea, she is pregnant."

— Hippocrates

The Washington Post

Morning sickness is a syndrome characterized by food and odor aversions during the first 16 weeks of pregnancy. It is often, but not always, accompanied by nausea and vomiting and is not limited to the morning.

Most pregnant women (official estimates are about 70 percent) suffer some sickness. Careful questioning usually reveals that even women who claim they suffered no symptoms actually did — if not outright nausea, then at least various food aversions.

Morning sickness is not a fad or a culture-specific phenomenon.

ing up her thumb. "It doesn't take a lot to cause a problem."

With that in mind, Profet has come up with a controversial theory that sees morning sickness — that nauseous rite of passage that forces most women onto bland diets during the first months of pregnancy — as an evolutionary safety mechanism meant to keep women from eating foods that might be dangerous to the fetus. Pregnancy sickness (the proper term for the ailment,

since symptoms are rarely restricted to the morning) is a good thing, she said. Rather than trying to overcome it, women should heed its message by avoiding vegetables and certain other foods until the second trimester, by which time fetal organs have taken their basic shape.

No one denies that birth defects represent a significant unsolved problem for modern medicine. About 2 to 3 percent of all infants born in North America have serious

birth defects, such as deformed limbs, and another 4 to 10 percent have minor defects such as partial deafness or incomplete bowel or bladder control. Although many birth defects are the result of specific genetic syndromes or maternal drug exposures, an estimated two-thirds of all defects have no known cause.

But Profet's proposal that food may be to blame — summarized in her new book, "Protecting Your Baby-to-Be" (Addison-Wesley, 1995) — is stirring some commotion in scientific, medical and baby-shower circles. Some experts are concerned that Profet's advice to pass up the vegetable rites too much on scientific speculation and not enough on experimental proof. Indeed, some think her hypothesis may be completely wrong and her advice downright unwise.

"It's certainly legitimate to have a theory, and it's provocative and it may even stimulate new research," said Richard Johnston, a physician who serves as scientific director for the March of Dimes Birth Defects Foundation in White Plains, N.Y. "But when you're giving public health advice, you have to be very careful. I think the main problem is that she is giving public health advice not based on scientific data."

Profet agreed that her theory is just a theory. "A lot of this is educated guesses because that's the best we can do for now," she said. "A good study would be almost impossible because you'd have to document not only what people ate but how much, and it would take huge numbers of women."

The lowdown on ultra-matte lipstick

DEAR PAULA: Please tell me what you think of Revlon's new ColorStay line of products, as well as L'Oreal's and Coty's matte lipsticks. Elizabeth, Seattle, WA.

DEAR ELIZABETH: Revlon ColorStay Makeup (\$8.22), ColorStay Lipliner (\$4.89), ColorStay Eyeliner (\$4.89), and ColorStay EyeColor (\$4.89) are all riding the coattails of Revlon's remarkably successful ColorStay Lipstick.

This ultra-matte lipstick's popularity (along with that of its kissing cousin, Ultima II Lip Sexxy) has wowed the cosmetics industry, and popularity leads to spin-offs and sequels in the beauty business. (Revlon's Age Defying product line include their successful Age Defying Cream and Foundation are for those with dry skin who have an undeniable need for moisture, and dreams of looking wrinkle-free, although the products can't deliver on that dream, they are still very good.)

ColorStay products are for those who want a lot of moisture, absolutely no shine, and want their makeup to stay on for as long as humanly possible without fading. In this regard, ColorStay Makeup delivers. It is beyond matte, beyond no shine, and far beyond the claim of "it won't come off on him." It won't come off even when you want it to. This is one of the most stubborn makeups I've ever seen. Get it on right



Cosmetics Q&A Paula Begoun

the first time, because once it dries, it won't budge. I didn't notice in the daylight that I had a bit too much foundation above my mouth and a little streaking on my nose. All the blending in the world, even with my oily skin, wouldn't smooth it out. It was there to stay. Removing it at night takes some effort, including a several go-evers with your fingers and a washcloth would help.

ColorStay Foundation is only appropriate for someone with truly oily skin and a deft hand at blending. You don't want to make a mistake with this one. The colors are superior, except for the lightest shade, Ivory, which can be too pink; the rest are stunning neutral shades, in a range of 12 colors. There are no shades for very light or very deep to dark skin tones, which is a serious limitation, but the medium skin tones have a wide selection.

The ColorStay Lipliners and Eyeliners are undeniably tenacious and less greasy than most. "The same can be said of the ColorStay Eyeshadow, which comes in a tube, but this is not my favorite way of applying shadow. Blendability is essential, and this

isn't easy with such a dry, immovable eye color. They are all about as stubborn as they come and can make it through the day where others may long since have smeared and disappeared. But again, once on, they are not easy to remove.

Not to be left out in the cold, Revlon's drugstore competitors have come out with their own versions of matte stay-put lipstick: Coty '24' Hour Creme Lipstick (\$4.63) and L'Oreal Endure Stay-On Lipcolor (\$5.99).

L'Oreal Endure is strikingly similar to Revlon's ColorStay and only true aficionados of the latter will be able to tell the difference between the two. They are both very matte, go on thickly, and stay in place. However, they both feel very dry, and regardless of L'Oreal's Endure claim about containing oil, there is no emolliency in either of these products at all. They tend to wear away by peeling, and pressing your lips together can feel strange. This product is for women who want truly matte lips.

Endure has one edge over ColorStay: namely, color choice. Where Revlon has about 12 colors, Endure has 24. Also, Revlon's colors tend to be muted and drab, while L'Oreal's are a wide assortment of pastels, vibrants, and neutrals.

On the other hand, I personally prefer Coty '24' Hour Creme

Lipstick. This is a matte lipstick with a small amount of slip to it, just enough to feel somewhat pleasant when you rub your lips together during the day. Despite that slight movement, this lipstick didn't bleed and stayed on incredibly well during the day. I think I just may have found a replacement for the discontinued Estee Lauder Featherproof Lipstick that I loved so dearly, and at less than a quarter of the price. I think I'm in cosmetics heaven.

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95).

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The disadvantages are several: first, if you name all of your children as beneficiaries to an account and one of them predeceases you, the predeceasing child's share does not pass to his or her children (your grandchildren). Rather, it is divided up among your surviving children.

Second, passing all cash instantaneously out of your estate could leave your executor with insufficient liquid assets to pay estate obligations. Third, all payable-on-death bank account beneficiaries receive equal shares. You cannot provide that one shall receive a sum certain or more, or less than others.

Despite these drawbacks, using payable-on-death beneficiary provisions can be an effective way to pass along money from bank accounts. CAUTION: Read the fine print. Make sure that when adding a family member to your account only for your banking convenience, you have not inadvertently made her the account beneficiary at your death.

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Pearson plans to sign, read books in Hailey

The Times-News

HAILEY — A reading and book-signing event featuring nationally acclaimed local author Ridley Pearson is planned for 6:30 p.m. Tuesday at the Hailey Public Library.

Pearson is praised as the "best thriller writer alive" by Bill Ott of "Booklist." He will read "Chain of Evidence," his eighth thrill novel, the first featuring character Joe Darcelli in which he uses his command of high-tech crime and forensics to weave a tale of deception and revenge.

Books will be available at the signing. People unable to attend the signing may reserve copies of the book. For more information or to reserve copies, call Randi Wilson at the Hailey Public Library, 788-2036.

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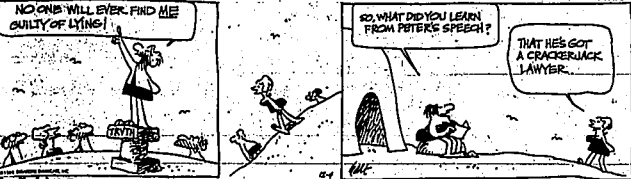
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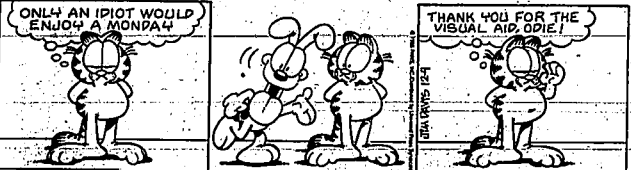
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Garfield



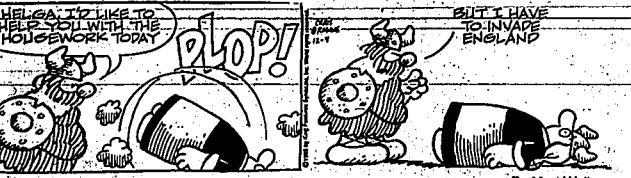
Hi and Lois



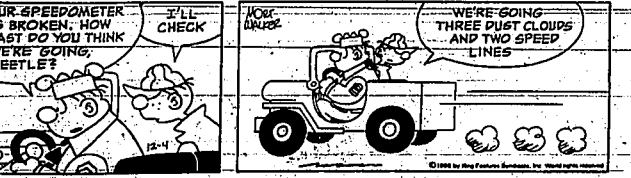
The Wizard of Id



Hagar the Horrible



Beetle Bailey



Frank and Ernest



The Born Loser



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For Better or For Worse



Blonde



Pickles



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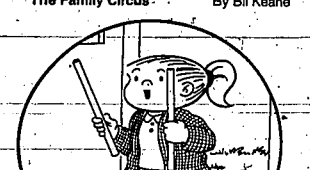
IT WAS SMART OF YOU TO THINK THAT



TRIE BUT I, ON THE OTHER HAND, WANT TO DRINK OUT OF THE FIVE MINUTE CUP



KEEP REMEMBERING THEY HATE IT WHEN I DRINK OUT OF THE FIVE MINUTE CUP



By Lynn Johnston

By Dean Young & Stan Drake

By Briar Crane

By Bill Keane



"I made the school band! I play the sticks."

Jailed women talk really dirty

Jailed women talk dirtier than jailed men do. Such is the quoted contention of one Mary Cassidy, former warden of three men's prisons and one women's. Words don't vary all that much. What's different, she says, is the women's nosy intensity. Suppose you get some use for the word "magneticphobia?" Means "the fear of having to cook." Seasoned reporters who interview celebrities usually talk in the celebrities' own kitchens. They say that's where famous folk are most likely to open up, if at all.

John Wayne detested avocados. What is it you want to stop doing? Researchers gathered numerous answers to that rhetorical query. Then listed in order of popularity, they give the most people the most trouble when they try to quit: 1. Overeating. 2. Spending too much money. 3. Running. 4. Getting angry. 5. Smoking. 6. Drinking.

Cashmere, the goat, was named after "Kashmir," the land. So if you're getting caught mispelling one, you can say you were talking about the other, no?

L.M. Boyd What's what?

Q. What's the largest city in the United States that has a name that begins with "P"?

A. Fort Worth.

Q. Who was country music's first female millionaire?

A. Loretta Lynn. At age 30. In 1965. If your garage door has windows, you might want to cover them with translucent paint, so you can get some light inside, but burglars can't see whether you're home. So suggest a home security expert.

Q. Which is taller -- the Gateway Arch in St. Louis or the Washington Monument?

A. Arch at 630 feet. Washington Monument, 555 feet.

Jogger, please note: If you're doing it right, says one authority, you should run fast enough to talk but too fast to sing.

Sydney Omarr Horoscope

IF DECEMBER 4 IS YOUR BIRTHDAY: Whether or not you moved geographically, you left home early. You were separated from or both parents, literally, psychologically or both. Vitality makes comeback this month, you'll take charge of your own fate; you'll let go of relationship in which you're taken for granted. Taurus, Leo, Scorpio people play important roles in your life. Bizarré situations takes place in late December relating to family member who goes too far. March and December your most memorable months of 1996.

ARIES (Mar. 21-Apr. 19): Breakthrough - cash again flows. Cycle highlights travel, variety, romance, chance to articulate true feelings. Restless Gemini declares: "Let's be together, we see so much alike!"

TAURUS (Apr. 20-May 20): Emphasis on home, harmony, music, income, marital status. Libran advises: "I would like to dance through life with you! One who flatters likely to be sincere."

GEMINI (May 21-June 20): Study Aries message. Blend variety of perceptiveness with Imagery, psychic faculties. Focus on creativity, writing, ability to solve mysteries.

CANCER (June 21-July 22): Mean business! Cycle is such that you expect challenges, overtime assignments. Relationship under stress but will be OK in long run. Watch for romance reality in connection with high finance.

LEO (July 23-Aug. 22): Communication from overseas relates to possible journey, business enterprise. Search for soul mate involved - idealism blends with romance. Prosperous Taurus serves as your private cheering section.

ARIES (Aug. 23-Sept. 22): Keep options open, blend humor with profundity. Focus on travel, communication, publishing, ability to see tomorrow. You'll get chance to demonstrate independence, creative control. Leo plays role.

LIBRA (Sept. 23-Oct. 22): Two close relationships, marriage, might tempt you into co-conspiracy. If you acquiesce, you could lose both friends. Rise above differences, including those involving money.

SCORPIO (Oct. 23-Nov. 21): Legal complication requires immediate attention. Moon position highlights credibility, reliability, rights, permissions, marital status.

SAGITTARIUS (Nov. 22-Dec. 21): No one promised a bed of roses! Complications exist, you have tool and will fix things. Love relationship resumes under better conditions.

CAPRICORN (Dec. 22-Jan. 19): Read, write, teach, be one step ahead of class. You'll receive personal, professional appeal. Change of scene proves beneficial. Proceeding necessary.

ACE (Feb. 19-March 20): Business success, charm and wares, talk. Impression correct. Solidly imaginative and not your typical. You'll receive success through route. Follow your...

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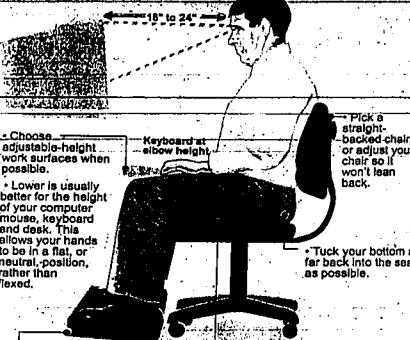
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TO	GLAZIER	ONTO
MOONLIGHTED	DEO	
OOE	COGION	
ABEAT	PERE	
GLI	RY	PLATE
YEA	GAZE	MARCO
STRUT	STAYED	PIA
TO	WAGS	TRAIL
LAB	MOONMULLERS	
ATOM	WYPPS	EMIT
KERR	STYLL	EMATE
BRIS	OLIS	ETAT

- 1 Pack tightly
- 2 Amphibian: prof.
- 3 Reclined
- 4 Small part
- 5 Concurred
- 6 Gave out cards
- 7 Proposed word
- 8 Alcoholic beverage
- 9 Bureaucracy
- 10 Oyster game
- 11 Therefore
- 12 Falsehoods
- 13 Examination
- 14 Put away
- 15 Made clothing
- 16 Carpenter's tool
- 17 Police actions
- 18 Captained
- 19 Son of Seth
- 20 Peal
- 21 Concluded
- 22 Left the straight and narrow
- 23 Prepared
- 24 Show bottom
- 25 Motherly
- 26 Allegory
- 27 European capital
- 28 Wild pig
- 29 Elude capture
- 30 Baby's bed
- 31 Woodland path
- 32 List of actors
- 33 European capital
- 34 Terrific
- 35 Elude capture
- 36 Single-edged machete
- 37 Land surrounded by water
- 38 Sign of sorrow
- 39 Inmate

Sit sense

You can make a big difference in preventing or minimizing a number of workplace injuries if you can do nothing else, sit correctly.



Use a footrest if your feet can't rest flat on the floor.
 Keep your keyboard flat on your desk - not tilted at an angle.
 Take breaks. Even a 30-second break every 30 minutes helps.

Are you really tucked back? You may think so, but lean forward. If you still can't move your bottom back, you weren't sitting straight. Scoot back again; sit up. Maintain this position as much as possible.

Don't work in braces. As a rule, avoid using wrist and arm splints except during the night, while you sleep. Use them during the day only if you've checked first with a health-care practitioner. The brace should keep your wrist flat, not cocked at an angle.

SOURCE: Larry Ruck and Timothy Sprague, Michigan State University; Don Armstrong, University of Michigan; Dr. Mark Konczak, Dr. Joseph Palka and Linda Corneil, Henry Ford Hospital, Detroit, 1994.
 *Reprinted with permission from the National Institute for Occupational Safety and Health.

Ergonomic hints, suggestions

Knights-Ridder News Service

No matter what your job — whether you're a police officer, clerk, assembly line worker, or trainee — you need to think about ergonomics. Here are a few suggestions broken down by job.

Clerical: If you sit at a desk for a long time, you should move around every 45 to 60 minutes. Stand up, walk, stretch. Here are some stretching ideas:

- Sit in your chair and clasp your hands behind your chair or back. You should feel the stretch across the front of your shoulders and chest.
- Drop one ear to one shoulder, then your chin toward your chest and finally the other ear toward the other shoulder. Don't drop your head back.
- Hold on to the base of your chair with one hand and drop your opposite ear to its corresponding shoulder.
- When you stand up, put your hands on your lower back and lean back.
- If you work on a keyboard, stretch your arm in front of you with your palms down; then bend your fingers up, grasp your fingertips with the opposite hand and stretch them back toward your shoulder keeping your arm extended. Then point your fingers down and gently push on the back of your hand.

Driving: Folks who spend their day driving a car or truck should do the same stretches as above. Vigil also cautions people who drive to push the seat back before getting in and out of their vehicle. Sit in the seat first then swing your legs into the car and adjust your seat so it's far enough forward that you're not extending your legs to reach the pedals, or your arms to reach the steering wheel.

Assembly line: When you take a break, it's a good idea to spend time

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Pay attention to relieve workplace injuries

Knights-Ridder News Service

BOULDER, Colo. — Diane Elswick spends 90 percent of her work day at a desk — mostly typing on a computer. That's why the pain in her back, which used to ache all the way from her neck down to her tail bone, made sitting at that desk an excruciating experience. "I was trying to constantly move," said Elswick, an administrative secretary at Boulder Community Hospital. "I couldn't get my muscles to relax. They were constantly spasming. I had one day where my tail bone hurt so badly, I couldn't believe it. I thought I was going to have to go to the emergency room."

Elswick tried physical therapy, which proved to be a short-term solution. But as soon as she returned to her desk, the pain would flare up again. That's when she found Jody Vigil, a physical therapist with Boulder Community Hospital's Corporate Health program.

It turned out that one of Elswick's main problems was ergonomics — in other words, how her work station was set up. "Two-and-a-half years ago when I started this position, I came into the job

with a sensitive back and they bought me this wonderful chair," Elswick says. "I thought, 'Well, that was it. I thought everything was OK because I had this wonderful chair.'"

But a good chair doesn't necessarily mean good body mechanics. "Right now Elswick's work site and made a few simple suggestions: Adjust your chair, order a footrest, change the height of your computer monitor."

Elswick no longer is in pain. "It doesn't matter what your job involves — whether it's typing or lifting or talking on the telephone — everyone needs to think about ergonomics."

"I think the general advice is sit up straight, stay strong, stay active — that sort of common-sense advice," says Rachel Tuck, a physical therapist with A Gentle Touch in Boulder.

Many work-related injuries result from doing the same thing over and over, commonly called cumulative trauma disorders. Repetitive motions can affect the body's soft tissues — muscles, tendons, and nerves. The back and wrists are the biggest problem spots.

"We see a lot of neck pain in people who spend a lot of time looking down to either analyze reports or write. And if the monitor on their computer is too low, they have to forward bend their neck," says Vigil.

Sometimes, Vigil says, she also gets clients whose problems result from standing on their feet most of the day.

Signs of a problem include swelling or muscle fatigue that doesn't go away even after a break, muscle aches, tingling or numbness, or waking up with a prickly feeling at night, like when your foot is asleep.

Part of Vigil's job is to visit her clients' work sites to also get a feel for potential problems: Does their chair hit them in the right spot? Are they sitting too far away from their computer keyboard, putting stress on their arms and shoulders? Do they wear shoes that cushion the pressure of standing all day?

"I evaluate the job and make recommendations that will fit the work station to the employee, versus the employee trying to fit to the work station, which is what leads to problems on the job," Vigil says. "It's really interesting work because I can find myself anywhere from a 911 police dispatch center to the weld shop at Micro Motion. The risk factors that you're looking at in any of these work sites is primarily postural, look for awkward postures, repetition, force, vibration, extreme range of temperatures."

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GUESTS and TOPICS (Subject to Change) For the Month of December

- DECEMBER 10th — Dr. Jonathon Wright, Update on FDA Battle
- DECEMBER 17th — Anne Frahm Discusses "Chronic and Degenerative Diseases"

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