

## Good morning

### Today's forecast:

Cloudy, scattered rain showers. High around 50. Lows in the upper 30s. **Page A2**

### Magic Valley

#### Sheriff candidates

A Gooding County deputy and a private investigator from California are vying for Gooding County Sheriff Jim Jax's job. **Page B1**

#### Welfare system changes

Health and Welfare is looking for a few area residents who can make recommendations about child protection laws. **Page B1**

### Sports

#### Spartans stay put

The Minico High School football team won't move up to Division I as planned next season. **Page B4**

#### Throwin' Idahoan

Former Vandal quarterback John Friesz rallied the Seattle Seahawks past Denver Sunday. **Page B4**

### Health & Fashion

#### Fitness myths

No pain, no gain? No way. **Page D1**

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#### Where the power is

If it comes down to a political showdown between the poor and the elderly, bet on the elderly. A guest editorial looks at Medicaid. **Page A4**

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#### Crooked politicians?

According to candidates for Russia's elections, much of the campaign is running on cash passed under the table. **Page A5**

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#### Scholars named

The 32 recipients of the Rhodes scholarship include a man who once juggled in a small circus. **Page A4**

### Idaho/West

#### Executioner's quandary

The Utah Department of Corrections is struggling to assemble an execution protocol for its first convict in almost 20 years who has requested death by firing squad. **Page A3**

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# U.S. Marines land in Sarajevo

The Associated Press

SARAJEVO, Bosnia-Herzegovina — Dropping flares before landing to make sure their runway was safe, the first group of U.S. Marines arrived Sunday in Sarajevo, holding the American flag high.

The 32 Marines flew from Naples, Italy, to join NATO soldiers deployed across Bosnia in recent days — advance teams charged with the daunting task of setting up headquarters and logistics for the 50,000-strong NATO troops that will enforce peace in former Yugoslavia.

Later Sunday, 32 U.S. Army Special Forces soldiers arrived from Germany to help coordinate NATO and non-NATO forces.

The Marines arrived to U.S. politicians continued to grill Balkan leaders about the safety of sending American troops to Bosnia, where Serbs in particular are angered by parts of the agreement negotiated in Dayton, Ohio, to end 3 1/2 years of war.

## Living in hope — C1

Bosnian Serb leader Radovan Karadzic's comments indicated he may be resigned to relinquishing Serb districts of Sarajevo to the Muslim-led government, as the accord forces in the division of Bosnia into roughly equal Serb and Muslim-Croat entities.

Karadzic said that, with the signing of the accord in Paris on Thursday, the war "will come to a definite end."

"We want peace despite some painful compromises we had to accept," the Bosnian Serb news agency quoted him as saying Saturday night.

The U.N. tribunal on war crimes rejected a request by Russian Foreign Minister Andrei Kozyrev for a "freeze" on proceedings against Karadzic, whom it has indicted twice. Such a freeze might have enabled Karadzic to attend the treaty signing in Paris without being arrested.

"No way, just no way. It's completely impossible. That will not happen," tribunal spokesman Christian Charrier said in an interview.

In Paris, President Jacques Chirac's office refused comment Sunday night on a deadline it issued for information on two French pilots missing since they were shot down Aug. 30 over Serb-held Bosnia.

On Saturday, French Foreign Ministry spokesman Jacques Rummelhardt said in London that France would "thip" the Serbs unless it got information about the pilots by Sunday night. Government sources in Paris said they had heard nothing as of early Monday.

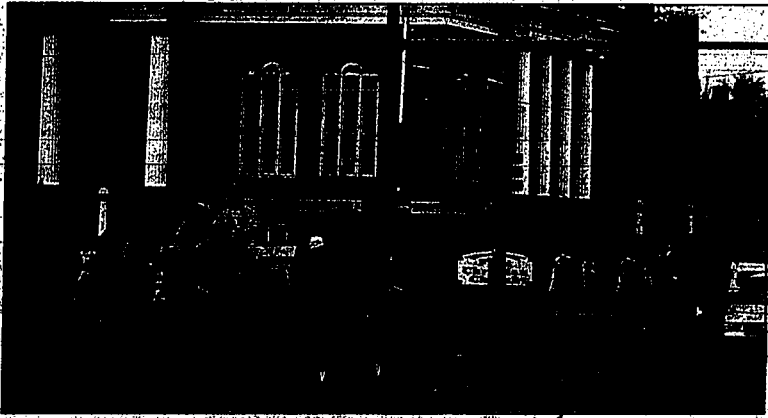
Despite the tough talk, France has said it is committed to hosting Thursday's signing of the Bosnia peace accord.

Once Balkan leaders sign the agreement, thousands of members of the multinational NATO force are to begin arriving in Bosnia on the weekend. One-third of the force — 20,000 — will be American soldiers, the largest contingent of U.S. troops since the Vietnam war.



U.S. soldiers walk away from a U.S. Air Force transport plane upon arrival at Tuzla air base in Bosnia Sunday. **AP photo**

## Singin' in the rain



Members of the Southern Idaho Draft Horse and Mule Association provided the lift for the event's second year.

Saturday's cold rain didn't dampen spirits for two wagon loads of carolers from the First Christian Church in Twin Falls. About 40 singers travelled to Woodstone Retirement Center and West Magic Care Center to spread Christmas cheer.



An employee at the Buffalo International Airport removes snow from around a plane Sunday. Travelers were stranded at the airport after a storm dumped two feet of snow in the area. **AP photo**

## Farm-subsidy plan awaits budget decision

The Washington Post

WASHINGTON — While Congress and the Clinton administration pummel each other over the balanced budget, the clock ticks for America's farmers. Subsidy programs are expiring, and without a budget agreement to authorize new ones, "permanent law" will kick in shortly.

Permanent law was written in 1949, in the Stone Age for most lawmakers. They may

know China went communist that year, and Nat King Cole was popular, but what was it like for farmers?

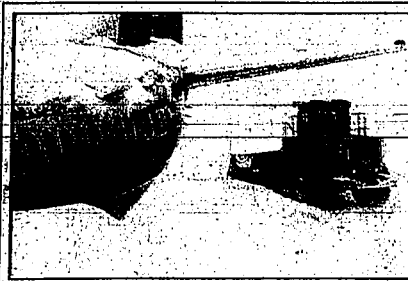
Spectacular, it turns out. In 1949 the acreage of agriculture was authorized to set the price for corn between \$2.94 and \$5.39 per bushel and the price of wheat between \$5.64 and \$7.82 per bushel.

By comparison, Friday prices of corn and wheat at the Chicago Board of Trade stood at \$3.33 per bushel and \$5.22 per bushel, respec-

tively, and these prices are so high by recent standards that the government pays nothing in subsidies under current and expiring law.

This means that if there is no budget agreement, farmers of the country's two largest crops would make out like bandits. The government would have to buy all the 1996 wheat crop and most, if not all, of the corn crop — a doomsday payout and ruination of the Republicans' best-laid plans to get farmers out of the

Please see FARM/A2



An employee at the Buffalo International Airport removes snow from around a plane Sunday. Travelers were stranded at the airport after a storm dumped two feet of snow in the area. **AP photo**

## Snowstorm buries Buffalo

The Associated Press

BUFFALO, N.Y. — A dynamo of a storm dumped more than 2 feet of snow on Buffalo Sunday, shutting down a city that prides itself on waking up each winter morning prepared for the worst.

That's just what people got with the down that began falling Saturday evening and kept on going. While not nearly as big as the blizzard of 1977, which lasted for days, the storm laid down 34 inches of snow in less than 24 hours to break the record set in 1982 by 9 inches. And more was in the forecast.

A state of emergency was in effect with all non-urgent travel barred from the streets of this city of 228,000 people in western New York.

"We're just trying to keep our main roads and highways to the hospitals cleared out. It's tough when 30 inches of snow is falling an hour," streets commissioner Vincent LoVallo said.

Please see SNOWSTORM/A2

## Care could expand with Medicare changes

By Julius M. McKinnon  
Times-News writer

TWIN FALLS — Medicare has been a central issue in the nation's capital as political leaders debate how to slow the growth of the insurance plan for senior citizens and balance the federal budget.

Republicans and Democrats still are working on the program's proposed final savings over seven years. Republicans say \$270 billion; President Clinton says \$124 billion.

Yet, two things are a given: In two years, those in the national program will be encouraged to enroll in managed-care plans, where a patient has to see one primary-care doctor who then decides whether and what tests or specialists are needed. Health maintenance organizations are the most tightly controlled form of managed care; a set price is paid to cover the health care of every enrollee no matter how many hospital or doctor visits she makes.

There isn't much managed care available to any south-central Idahoans; an estimated 13.4 percent — 69,200 — of whom are 65 older.

But more managed care, which depends on volume for profits, could be eased into the Magic Valley with changes in Medicare, depending on how the still-debated changes are structured, say some hospital and insurance-company officials.

"Clearly ... the government is trying to move government-sponsored programs toward a managed-care environment," said Magic Valley Regional Medical Center Administrator John Bingham.

Medicaid recipients in Twin Falls, Mindoka and Cassia counties were able to enroll in a managed-care program in September 1993. That pilot program has expanded to other counties including Gooding.

Some Magic Valley hospitals and doctors have started to get into the managed-care arena to offer plans to local employers. St. Benedict's Family Medical Center in Jerome, Twin Falls Clinic & Hospital and with a group of Twin Falls doctors known as Magic Valley Health Network started offering managed-care plans this year through Blue Cross of Idaho.

And other insurance companies with managed-care plans, including Blue Shield of Idaho, have had discussions with Magic Valley health-care providers. Magic Valley Regional Medical Center is working with Magic Valley Health Network to offer managed-care plans to employers.

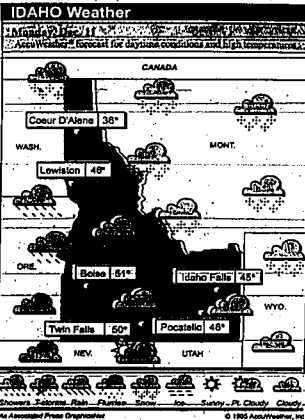
As far as Medicare is concerned, Blue Cross of Idaho, which has the state's largest health-maintenance organization, started talking with some Idaho hospitals about managed-care contracts for the national program's recipients. But discussions haven't taken place with area hospitals, and there's no prediction of when — or if — that will happen, said Julie Taylor, Blue Cross' director of public and environmental affairs.

"At this point, that's really hard to say," Taylor said. "We're interested in the business, very much so, and we're working on it."

Nationwide, about 8 percent of Medicare beneficiaries are in health-maintenance organizations.

Republicans have a way to do it: hospital networks of managed-care

# Weather



## Idaho forecasts

### Magic Valley

Today cloudy. Scattered rain showers. Highs around 50. Southwest winds 10 to 20 mph. Tonight cloudy. A good chance of rain showers. Lows in the 30s. Tuesday cloudy. A good chance of rain showers. Highs in the upper 40s. The ultraviolet index forecast is 1, a minimal exposure level.

### Extended regional forecast

Wednesday mostly cloudy and breezy with rain likely. Areas of valley fog. Lows in the 30s. Highs in the mid-40s. Thursday cloudy and continued mild with more rain likely. Areas of fog. Lows from the upper 20s to lower 30s. Highs in the 40s.

Friday mostly cloudy and a little cooler with a chance of rain or snow. Lows 25 to 35. Highs near 40.

### Wood River Valley

Today mostly cloudy. Chance of rain showers. Highs around 40. Tonight cloudy. A good chance of rain or snow showers. Snow level 6,500 feet. Lows 30 to 35. Tuesday cloudy. A good chance of rain showers. Snow level 7,500 feet. Highs around 40.

### Treasure Valley

Today cloudy with rain showers likely. Highs 45 to 50. Southeast winds 10 to 20 mph. Tonight rain showers likely. Lows in the upper 30s. Tuesday rain showers likely. Highs in the upper 40s.

### Northern Nevada

Today cloudy with a chance of showers. Snow level 7,000-8,000 feet. Highs in the 50s. Tonight chance of showers. Snow level 7,000-8,000 feet. Lows in the 30s. Tuesday chance of showers and turning cold from the west. Snow levels 6,500-7,500 feet. Highs in the upper 50s to lower 60s.

### Northern Utah

Tonight mostly cloudy. A chance of evening rain showers. Lows 35-40. Tuesday windy and warm with mostly cloudy skies. Highs near 60. Chance of rain 30 percent this afternoon and evening.

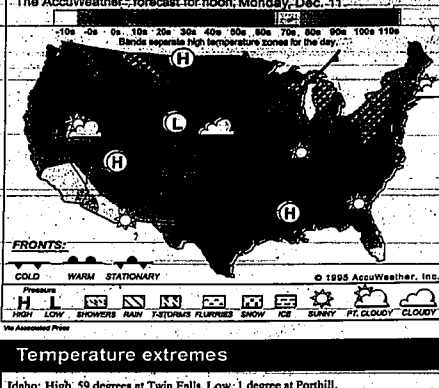
The ultraviolet index forecast is 1, a minimal exposure level.

### Idaho-weather summary

Much of Idaho saw partly sunny skies, but patchy fog persisted in the south due to a snow cover, light winds and cold air trapped near the ground.

High temperatures were almost directly proportional to the amount of sky cover and the availability of southerly winds. Middle to upper 50-degree readings were reported in the Magic Valley where south winds prevailed for most of the day, while readings in the chilly 30s were reported in the areas still plagued by fog.

## The AccuWeather forecast for noon, Monday, Dec. 11



Nation

Clinton wants no Christmas shutdown

LITTLE ROCK, Ark. (AP) President Clinton argued Sunday that last month's government shutdown was a political failure for Republicans and pleaded for a spirit of cooperation in Congress that would avert a holiday impasse.



Clinton Gingrich

spoke to Gingrich and Dole from Air Force One while returning to Washington. A spokeswoman said the conversation was positive and that the three had agreed to hold talks over the next three days.

Clinton accused Republicans of using the threat of a shutdown last month to try to force on him their budget with spending priorities the president called "absurd fiscal care, education and environmental cuts."

Claiming victory in the November shutdown, Clinton said, "They did it a month ago. But the threat failed."

"As the holidays approach," the president said, "I sincerely hope there will be a spirit in Congress that will make it possible for us to bring good faith to our negotiations."

Rep. Haley Barbour, chairman of the Republican National Committee, said on CBS' "Face the Nation" that it was Clinton who had failed to live up to his commitments to negotiate seriously on a seven-year plan to balance the budget.

"If the government closes it's going to be because Bill Clinton chooses for the government to be closed," he said. Republicans "are not going to be blackmailed by Clinton threatening to close the government into giving us what the American people voted for."

As the White House and Congress this week enter a third week of negotiations on a seven-year, budget plan, much of the focus will be on new estimates to be released by the Congressional Budget Office on the economic directions the nation is taking.

The White House has rejected current CBO estimates, saying they are too pessimistic, and the roster projections expected to come out this week could narrow some differences with Republicans on the size of cuts needed to bring the budget into balance.

Rep. John Kasich, R-Ohio, chairman of the House Budget Committee, said on CBS that with a more optimistic forecast "we're going to have a few more extra dollars."

But Kasich, Gingrich and Dole dismissed the seven-year plan offered by Clinton last week, saying the White House had reneged on its promises to abide by CBO estimates. "They said they were going to play by the game rules, the same set of numbers and they simply will not do it," Kasich said.

Kasich said that on Friday the Republicans would produce a revised seven-year plan and he hoped some

Democrats would support it.

But both Clinton and Vice President Al Gore continued to hit the Republicans on the social consequences of the GOP's proposals.

Clinton bowed in on Medicaid and Medicare in a heavily scripted question-and-answer session with the Florida Democrats, using Republican plans to scale back growth in those programs were "unconscionable and wrong."

Dole, in Washington, argued that governors could "cover more people with less money" if given more control of Medicaid. And both he and Gingrich said Republicans and Clinton are close to agreement on Medicare.

Gore, appearing on NBC's "Meet the Press," said the American people rejected the GOP plan because "they don't want to devastate Medicare, they don't want to poison the environment, they don't want to slash funding for education."

Gore said averting another shutdown was "entirely up to Speaker Newt Gingrich and Senate Leader Bob Dole because President Clinton has gone the extra mile" in producing his own seven-year plan.

The six-day shutdown last month, the longest in history, ended on Nov. 19 in an agreement where Clinton agreed to work for a seven-year balanced budget plan in exchange for Republican promises that such a plan would consider the effects on the health care, education and jobs of Americans.

Addressing Florida Democrats by satellite from his home state, Clinton urged the GOP to pass a temporary spending measure that would keep federal offices open while the budget negotiations continued into the next year.

The current short-term measure on funding the government ends at midnight Friday.

"We ought to be able to agree on one thing: Nobody... nobody... should threaten to shut the government down right before Christmas," Clinton said.

Meeting in Washington, House Speaker Newt Gingrich and Senate Majority Leader Bob Dole said Sunday they also want an agreement before the holidays. They urged Clinton to sit down with them Tuesday and Wednesday to try to reach a basic agreement before he heads overseas on Thursday.

"Time is running out," Gingrich said. "We've got five days left." Al Gore said: "We don't want to shut down the government. We want to get it done."

The White House said that Clinton

Gore, Peres lead New York eulogy, memorial to Rabin

NEW YORK (AP) — Yitzhak Rabin was the "consummate man of Israel," Vice President Al Gore said at a memorial Sunday where the slain prime minister's death was painted as a unifying force in the Jewish state.

He "will always be remembered as a man of grace, courage and quiet dignity... who always put substance before style, action before acclaim and ideals before ideology," Gore told the more than 12,000 people gathered at Madison Square Garden. Rabin's widow, Leah, spoke of his gift to those left behind:

"From his death, he bequeathed to us peace, he bequeathed to us solidarity, he bequeathed to us Jewish unity."

Both she and Shimon Peres, Rabin's successor, took note of the harsh rhetoric that some say encouraged the religious ultranationalist who shot Rabin after a peace rally on Nov. 4. Yigal Amir says he killed Rabin to stop the Middle East peace process.

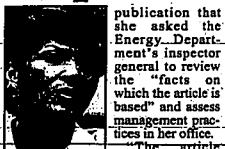
Mrs. Rabin chided Israelis, saying, "The voice of the silent majority was not heard... We left him alone, we trusted him, and let him do it all by himself."



The Surgery Center and Magic Valley Ear, Nose & Throat Assoc. Mark F. Grefenson, M.D., Larry D. Maxwell, M.D., H. Peter Doble, II, M.D., & Henry W. Gronski, M.D. are pleased to announce the arrival of their new partner John A. Boyajian, M.D., F.A.C.S. Certified American Board of Otolaryngology Specialist in Ear, Nose, Throat, and Head and Neck Facial Plastic Surgery Fellow American College of Surgeons

Newspaper reports O'Leary's costly travel

LOS ANGELES (AP) — U.S. Energy Secretary Hazel O'Leary has spent millions of taxpayer dollars on overseas travel, staying in luxury hotels and flying on a charter jet frequently rented by rock stars and royal families, a newspaper reported Sunday.



O'Leary

Records obtained under the Freedom of Information Act and other sources show that O'Leary has spent far more than other Cabinet members on overseas travel and often travels in grander style, the Los Angeles Times reported.

O'Leary, who outlined substantial budget cuts for her department earlier this year, also hired an old friend as the Energy Department's "conflict-resolution ombudsman," a newly created position that comes with a \$93,166 per year salary and \$12,700 in annual living expenses, the newspaper said.

O'Leary responded to the Times story by announcing in advance of its

publication that she asked the Energy Department's inspector general to review the "facts on which the article is based" and assess management practices in her office.

"The article overlooks the vital national interests that have been advanced on our overseas missions," she said in a prepared statement released Saturday.

"These missions have paid dividends that the taxpayers can support," she said, estimating the economic return of business deals concluded during the trips at \$2.4 billion.

O'Leary's travels aren't the only thing that have raised questions in Washington. She also has been criticized by members of Congress for hiring a private firm to rate how different

news reporters were covering her agency. "She is only interested in self-aggrandizement," said Sen. Harry Reid, D-Nev. "She's compromised the entire department for personal gain and ego."

O'Leary countered that ego has nothing to do with it.

"Anyone who knows me well knows I am without personal ego," she told the Times in an interview. "I see a leader of an organization representing the substantive work of the organization."

In her three years in office O'Leary, a former Minnesota utilities executive, has made 16 trips overseas. Her missions to India, Pakistan, China and South Africa cost \$720,000, \$500,000, \$845,000 and \$560,000 respectively, the Times said.

She also has traveled five times to Vienna and Paris to attend meetings of the International Atomic Energy Agency, and visited Russia four times

for meetings of a U.S.-Russian commission.

For the trips to South Africa, China and Pakistan, O'Leary's aides chartered a jet once owned by MGM Grand Air that includes staircases, wide leather seats and a stand-up bar.

The price of chartering the plane for the Pakistan trip was \$415,000, the Times said.

In her statement, O'Leary defended the hiring of close friend E. Shirley Thomas as the Energy Department's ombudsman.

Thomas is serving in the position while on leave from her job as a social worker for a Newark, N.J. school district.

She said the position was created because the department had a history of secrecy and abuse.

John Herrington, energy secretary during the Reagan administration, told the Times the Energy Department already had a conflict-resolution process.

NYC token clerk dies after fire attack

NEW YORK (AP) — A subway token clerk died Sunday after a two-week struggle to recover from severe burns suffered in a botched robbery that was a virtual replay of a scene from a movie.

Harry Kaufman, 50, had been in extremely critical condition since suffering second- and third-degree burns over 80 percent of his body on Nov. 26.

"This was a very, very severe injury," said Myrna Manners, spokeswoman for New York Hospital-Cornell Medical Center.

Two men squirted a flammable liquid into Kaufman's job booth and ignited it, causing a fire and explosion that demolished the enclosed booth and left Kaufman with burns and injuries from inhaling fire. There have been no arrests.

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Nation

Latest crop of Rhodes Scholars has equal number of men, women

LOS ANGELES (AP)—A student of linguistics who juggled in a circus for six years was one of the 32 Americans named Sunday to the newest class of Rhodes Scholars.

Tobias Ayer, 20, said the telephone in his dorm room at the Massachusetts Institute of Technology has been ringing non-stop since the announcement that he won the elite scholarship.

Ayer learned how to juggle from a book, became an expert by age 8, and went on to perform in a small circus in his hometown of Burlington, Vt.

Now he'll be juggling his studies at Oxford University, working toward a Master of Philosophy degree in general linguistics and comparative philology.

Rhodes scholarships were established at the turn of the century by the estate of Cecil Rhodes, a British philanthropist and colonialist. The United States is one of 18 countries where students receive the scholarships to Oxford University in England.

An equal number of American men and women were chosen this year. Last year, a record 18 women were awarded the scholarship. It was opened to women in 1976.

The winners were announced by the Rhodes Scholarship Trust at Pomona College in Claremont, east of Los Angeles.

1996 Rhodes Scholars

- The 32 students chosen as American Rhodes scholars for 1996, listed by district where the application was filed. The city provided by the candidate may be a hometown or college town.
- DISTRICT ONE, NEW ENGLAND: Jeremy A. Dauber, Cambridge, Mass., Harvard University; Priya Aiyar, El Cerrito, Calif., Harvard University; Tracy Jones, Genesee, Pa., Norwich University; Tobias Ayer, Burlington, Vt., Massachusetts Institute of Technology.
- DISTRICT TWO, MIDDLE ATLANTIC: Jennifer Oliver, Millsboro, Del., U.S. Military Academy; Samantha Salvia, Norristown, Pa., Old Dominion University; David Bonfill, Morgantown, W.Va., Harvard University; Carolyn Conner, Valley Fork, W.Va., West Virginia University.
- DISTRICT THREE, SOUTH-EAST: Robert Matthew Sutherland, Atlanta, University of Georgia; Adam Russell, Washington, D.C., Duke University; Laura Neil Hodo, Brentwood, Tenn., Brandeis University; Mark Patrick Embree, Springfield, Va., Virginia Polytechnic Institute.
- DISTRICT FOUR, GREAT LAKES: Mark Wu, Chicago, Harvard University; Kristen Fountain, Indianapolis, Princeton University; Davne Welling, Flint, Mich., Michigan State University; Ahmad Atwan, Shaker Heights, Ohio, Harvard University; DISTRICT FIVE, MIDDLE WEST: Ramon Tolui, Iowa City, Iowa, Harvard University; Abigail Noble, New Haven, Ind., Macalester College; Eric Greitens, St. Louis, Duke University; Ben R. Sharp, Hot Springs, S.D., University of Chicago; DISTRICT SIX, GREAT WEST: Letitia M. Campbell, Mobile, Ala., Davidson College; Philip C. Skaiding, New Orleans, Louisiana State University; Alice Chen, Jackson, Miss., Harvard University; Ana L. Unruh, Corpus Christi, Texas, University of Texas; DISTRICT SEVEN, SOUTH-WEST: Michelle Gavin, Phoenix, Georgetown University; Malika Marie Williams, Las Vegas, Whitler College; Juan De La, Coahuila, Calif., Pitzer College; Alvan Ikoku, Los Angeles, Stanford University; DISTRICT EIGHT, NORTH-WEST: Rachel Eyre Hall, Anchorage, Alaska, Stanford University; Bamaby Marsh, Anchorage, Alaska, Cornell University; Jennifer DeVoe, Helena, Mont., Montana State University; and Harvard Medical School; Angelina Marguett Foster, Portland, Ore., Stanford University.

Reprimand of NOW leader produces rift

LOS ANGELES (AP)—For 30 years, the National Organization for Women has taken great pains to keep internal battles just that.

Working for women's equality is hard enough, its leaders said, without giving ammunition to critics who would take pleasure in depicting them as a bunch of squabbling women.

Then there was Tammy Bruce, the hot-tempered head of NOW's largest chapter, Los Angeles.

She was the national president, publicly censured Bruce last week and asked her to apologize for making statements about racism and the O.J. Simpson case.

Lobbyists increase use of TV ads

WASHINGTON (AP)—The TV commercial showed a husband and wife, deeply worried about nursing home costs for an elderly mother, and lamenting Republicans' proposed changes in Medicare.

It ran in Peoria and Springfield, Ill., last September with Rep. Ray LaHood's office phone number plastered along the bottom. And the phone calls came flooding in.

"It was very effective," said LaHood, a Republican first-term member who supported the Medicare changes and finds himself now fighting for senior citizens' support. "It generated a lot of phone calls. And it made me furious."

In the past few years, Washington lobbyists have increasingly used such ads to target voters in specific parts of the country, prodding them to call a lawmaker who seems on the fence on an issue, and vulnerable to constituents' calls.

More was spent on such grassroots lobbying for last year's health care debate than for the 1992 presidential campaign itself, by one estimate. But little of the spending is publicly disclosed. And the new lobbying measures approved by Congress this year would not change that.

Nothing, doing, said Bruce, who claims Irwin is jealous and threatened. Bruce promises that the nation's pre-eminent women's group will be forever changed by the rift.

"We're going to take action," said Bruce, who wouldn't say what kind. "Something is going to happen. It will never be the same again."

Bruce, host of a daily radio talk show in Los Angeles, became a highly quoted spokeswoman this year on the issue of domestic violence and Simpson's history of spousal abuse against ex-wife Nicole Brown Simpson.

After his acquittal on charges he murdered Mrs. Simpson and her

friend, Ronald Goldman, Bruce made many impassioned statements about the role race played in the black football legend's trial.

"What we need to teach our children is ... not about racism, but it is about violence against women," Bruce said on "Nightline" the day after the verdicts.

Last month, after refusing to appear on a Philadelphia talk show, Bruce was quoted as saying she didn't want to "argue with a bunch of black women about the Simpson case."

Bruce claims her remarks were taken out of context and were not racist.

Molestation reports unheeded

BOISE (AP)—Numerous reports from women alleging they were sexually molested by Rexburg Dr. LaVar Withers over the past 32 years went essentially unheeded by authorities.

In a copyright series of stories, the newspaper indicated it was only after a flood of complaints to the state Board of Medicine — a half dozen in a year's time — that the board finally forced Withers to surrender his license.

The board's action was taken without explanation or acknowledgement of the claims against Withers, who categorically denied the allegations.

A yearlong investigation by the Madison County prosecutor's office and the state attorney general's office ended last month with a decision not to prosecute.

Some 80 women have come forward in recent months to accuse Withers of more than three decades of abuse. The newspaper based its stories on interviews with 25 of those women.

"They just did not believe me," Carol Hannah, 54, told the newspaper when she recalled the complaint she filed with Rexburg police in 1965. She accused the doctor of fondling her breasts and genitals during a prenatal examination.

"He belittled me about it because I was a pregnant woman," she said. "Men think sometimes pregnant women make things up."

The only legal action pending is a \$255,000 lawsuit filed by Katherine Proctor of Midway, Utah, against the Madison Memorial Hospital in Rexburg where she claims she was repeatedly molested by Withers while she was a patient there last March.

The lawsuit accuses hospital officials of allowing Withers even though they were aware of allegations against him.

Gasoline prices nationwide bottom out

LOS ANGELES (AP)—Gasoline prices nationwide rose a fraction of a cent over the past three weeks to end a six-month downward spiral, an industry analyst said Sunday.

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# Payoffs flow in Russia as elections near

The Los Angeles Times

MOSCOW — The vault opened, a banker removed a bundle of \$100 bills, and the man from Russia's Democratic Choice led the secret \$500,000 contribution to his party's campaign into a briefcase.

Before the vault closed, the politician noticed several equally large bundles inside. "Who are those for?" he asked, according to a Russian who got a firsthand account of the payoff at a major Moscow bank.

"Try to figure it out," the banker replied coyly. "This one is yours. But remember, we need friends in many political blocs."

Parliamentary elections in Russia are a week away, and capitalists who depend on a cozy relationship with officials are surveying the widest spectrum of candidates since the demise of one-party Soviet rule. Many are carefully spreading their bets.

And concealing them. According to candidates, entrepreneurs and election monitors, much of the campaign is running on "chorny nal," Russian slang for "black cash" passed under the table. It helps wealthy donors hide their alliances, dodge taxes and avoid racketeers while allowing politicians to exceed legal spending limits.

Russia's new capitalist wealth has enormous corrupting influence on its new democratic politics. Critics of the emerging electoral system say it only reinforces that clout and deepens the cynicism of an electorate already disillusioned by falling standards of living.

The entire system is built on money and works in a way that encourages breaking the law," said Irina Khakimada, a widely respected parliament member running for reelection. "It's impossible to run honestly. ... A politician becomes like a prostitute: You get into this business and you sell yourself to the end."

Next Sunday's elections are viewed, in economic terms, as an ideological clash of opposing interests. Oil companies and other exporters favor advancing Russian President Boris N. Yeltsin's free-market reforms to tie Russia more



AP photo

Liberal Democratic Party supporters crowd Moscow Sunday with posters of party leader Vladimir Zhirinovskiy. Russia's election commission asked that Zhirinovskiy be investigated by the country's top prosecutor for allegedly inciting ethnic hatred and calling for violence in his legislative campaign speeches.

closely to the world economy; Communists and nationalists, backed by the military-industrial complex and other domestic producers in need of protection, advocate a rollback to statism.

But with more than 8,000 candidates from 43 parties vying for 450 seats in the Duma, the lower house of parliament, the whole exercise more often resembles a bazaar than, in microcosm, captures the wildness, criminality and opportunism of Russian-style capitalism, in which illicit cash flows easily across political lines.

A law requiring each party to produce signatures of 200,000 supporters was meant to discourage such a

crowded field. Instead, it spawned a "signature farming" industry in which collectors paid voters as much as \$1 per signature and sold them to parties for a markup.

Any party winning more than 5 percent of the nationwide vote is, by law, assured Duma seats for at least 11 candidates on its slate. To fill their war chests, many parties sold places on their slates.

Several parties almost certain to reach the 5 percent threshold demanded up to \$250,000 from each candidate, said Vladimir A. Lepyokhin, a Duma member who writes about lobbying practices, and other, knowledgeable sources. Parties, with outside chances, they

said, charged as much as \$100,000.

In one triumph of money over ideas, a self-styled "green" party known as Cedar lost its only prominent environmentalist when Sergei Zeligin dropped off the party slate to protest the fact that wealthy businessmen had paid their way on.

Dozens of mafiosi and swindlers also bought their way onto the ballot, hoping to elude prison behind a law that makes Duma members immune from prosecution. Vladimir V. Zhirinovskiy's neo-fascist Liberal Democratic Party, reputed to be the most promiscuous in accepting such money, put 20 ex-cons and indicted defendants on its slate, the Central Election Commission reported.

# Embassy issues bomb warning

RIYADH, Saudi Arabia (AP) — The U.S. Embassy announced Sunday it has received unconfirmed reports of renewed bomb threats against Western targets in Saudi Arabia, particularly sites frequented by Americans.

The reported threats came nearly a month after a car bomb devastated a U.S.-run military building in the capital of Riyadh, killing seven people, including five Americans, and wounding dozens of others.

The culprits remain unknown, although three Muslim fundamentalist groups opposed to Western military presence in the kingdom, the world's largest oil exporter, have claimed responsibility.

"We've urged Americans to remain cautious based on unconfirmed reports that additional bombings might be planned against Western interests, including commercial facilities and cen-

ters occupied by and or frequented by Americans," embassy spokesman Jeff Thomas told The Associated Press.

Thomas did not specify the origin of the reports. Nearly 40,000 Americans live in the kingdom, a traditional U.S. ally whose vast oil wealth attracts Western professionals seeking high-paying jobs.

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# General strike paralyzes Bangladesh for 2nd day

DHAKA, Bangladesh (AP) — Opposition activists set off crude bombs and smashed rickshaws Sunday as Bangladesh was paralyzed by a general strike for the second straight day.

The strike, aimed at pressuring Prime Minister Khaleda Zia to resign, was the 75th work stoppage in the last 20 months and it affected more than 60 cities and towns.

At least 50 people were injured Sunday when rival student groups fought with guns and crude bombs in the port city of Chittagong, 135 miles southeast of Dhaka, the capital.

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Kids, color this picture and bring it to The Times News, or mail it to P.O. Box 548, Twin Falls, ID, 83301. Pictures will be accepted until 5pm, December 15th. Winners will be announced on Thursday, December 21st in The Times News. Two age divisions: 8 years and younger, and 9 to 12.

# Opinion

## Other views Elderly influence Medicaid, children left unprotected

From the Chicago Tribune

The elderly fret over changes to Medicare and the poor worry about welfare reform, but both groups may have more at stake in the relatively unwatched budgetary battle over the future of Medicaid.

The huge federal state health insurance program for the indigent dwarfs other welfare programs such as Aid to Families with Dependent Children. Medicaid is the fastest-growing program in the federal budget, having doubled in the last five years, and the dollar-for-dollar match it requires of states has wreaked havoc in places like Illinois, where other needs, such as aid to public education, have been put on hold.

Even President Clinton, who raised the stakes Wednesday by vetoing the entire GOP budget plan, concedes this spending orgy cannot go on. He proposes to slow Medicaid's growth by \$54 billion over the next seven years, while the Republicans would cut three times that amount. The more radical GOP proposal, though, is to end the "entitlement" status of Medicaid, leaving it to each of the 50 states to decide who is eligible for what kind of medical services.

A last-minute House-Senate compromise added a vague promise to continue coverage for poor pregnant women, poor children and the disabled. But it doesn't require, as federal law now does, that any particular treatment or service be covered.

How one perceives this change depends on how much one trusts states to

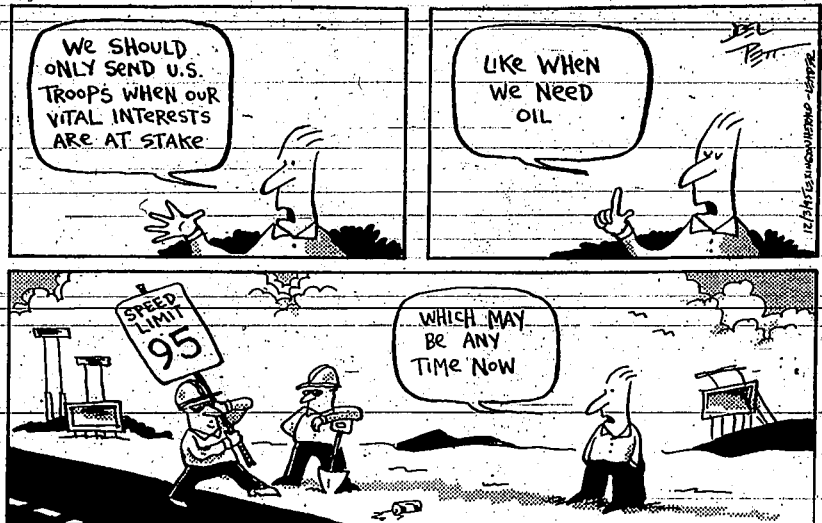
do the right thing. Many child-welfare advocates don't trust them at all and are dredging up memories of pre-entitlement days, when Alabama refused to cover any family that made more than \$2,000 a year.

For their part, Republicans behind the "devolution revolution" claim states could accomplish more with less if they weren't hamstringing by federal mandates. One example is Illinois, which applied to Washington 15 months ago for permission to shift Medicaid families into a money-saving managed-care program, and which is still waiting for an answer.

On balance, though, the pro-entitlement faction has it right. Not because Washington knows best — it usually doesn't — but because neither the Congress nor the White House has faced up to Medicaid's fundamental problem: long-term care. Simply put, a program created 30 years ago to ensure decent health care for indigent women and their children has been gradually taken over by the long-term care needs of the elderly and the handicapped. Currently only 30 percent of Medicaid spending goes for the original purpose, while two-thirds of all nursing home patients — a majority of whom never collected "welfare" — are getting their bills paid by Medicaid.

With the nation's elderly population growing in size and political influence, it's highly doubtful states will protect the powerless poor for whom the program was intended.

That's why any fair compromise must spell out who has first claim on Medicaid dollars.



## Gramm campaign runs on high hopes

From afar, Phil Gramm's campaign resembles Let's wife after Gram who did not make a liberal's therapeutic response to transgressions, turned her into a pillar of salt.

Immature, Gramm seems. Certainly his inability to translate his four principal assets — intellect, ideology, cash and tenacity — into strength, or at least more strength, is visible. But the biggest surprise of the next three months may be his upward mobility. So say several of his senior campaign aides: They are, of course, paid to be bullish about his prospects, and to be breezily dismissive of contrary evidence, such as the most recent Des Moines Register poll, showing Gramm's support in Iowa halved, from 18 percent to 9 percent of Republicans likely to attend the caucuses.

His aides say: Keep your eye on the ball, which is the long haul. And on the fact that in Iowa's caucuses, the job is to produce warm bodies on a cold night. Their man's supporters are motivated, which is why he tied Dole in the Ames, Iowa, straw poll, and why he has won almost all straw polls of party activists around the country.

In 1994 Gramm said that if he were a viable candidate on March 5, 1996, when Georgia, Minnesota and eight other states select delegates, he would win the nomination. His aides say that on March 5 he will not only be viable, he may have more delegates than Bob Dole. They say:

Before Iowa and New Hampshire select 25 and 16 delegates respectively, Alaska will select 19 and Louisiana will select 21, and Gramm will win almost all, if not all. On Feb. 24, Gramm will win all 12 Delaware delegates. On Feb. 27 North Dakota and South Dakota each will allocate 18 delegates proportionally, and Arizona will award 39, winner-take-all. Dole will do well in the Dakotas, but Gramm will win Arizona.

His aides say: Keep your eye on the ball, which is the long haul. And on the fact that in Iowa's caucuses, the job is to produce warm bodies on a cold night. Their man's supporters are motivated, which is why he tied Dole in the Ames, Iowa, straw poll, and why he has won almost all straw polls of party activists around the country.

On March 5, Gramm will win the Minnesota caucuses, in which Dole defeated Bush in 1988, because, as the St. Paul Pioneer Press



George F. Will

reported last week, Dole's Minnesota campaign "just stizzed shop, disoriented" his campaign telephones and generally disappeared. ... The move leaves the day-to-day presidential battle in the hands of Texas Sen. Phil Gramm, who organized in Minnesota early and locked up a large chunk of party activist support. ... The largest pot of delegates among the 259 selected March 5 will be Georgia's 42, awarded winner-take-all. If Gramm wins Georgia, where he is supported by the state's Republican senator, Paul Coverdell and six of its eight Republican congressmen, he probably will win a major-

ty of the day's 259 (995 are needed for the nomination). Dole is favored to win most of the 102 delegates in New York's primary on March 7; but five days later Gramm will win 123 in Texas. And so on. Gramm's aides present a plausible, if not compelling, argument for their man through California's March 26 winner-take-all jackpot of 163 delegates, which should settle things.

They say only their candidate has the money and ground troops (which Steve Forbes will not have) to compete with Dole across the continent in this compressed race. (The number of delegates that in 1992 were selected in 26 weeks will be selected in just eight weeks.) Gramm's aides rejoice that 55 percent of all delegates will be selected in what supposedly is Gramm country, the South and West. And 55 percent of all delegates will be selected in winner-take-all contests, most of them in the South and West.

But there are problems Gramm's campaign did not anticipate and cannot eliminate, beginning with Forbes, who illustrates the law of unintended consequences. The unintended consequences of an act often are larger than, and contrary to, the intended ones.) Forbes seems to have a special animus against Dole, but his candidacy is drawing potential Gramm voters and therefore making Dole's nomination more likely. Pat Buchanan, too, is helping Dole that way.

Events also are helping Dole that way. The protracted budget battle focuses attention on Dole as party leader, and Bosnia gives Dole a quasi-presidential role in shaping foreign policy. ... Furthermore, Gramm's rhetorical style ill-serves him: Intellectually, he is an unusually sophisticated candidate, but he seems determined to disguise that fact. His incessant talk about getting welfare recipients "out of the wagon" to "help the rest of us pull" implies that only a minority of Americans are "in the wagon," receiving government benefits. He knows better.

But, then, perhaps successful candidates must know better than to blurt out awkward truths to the majority. For Gramm, success is still conceivable.

George F. Will is a Washington Post columnist.



Phil Gramm Washburn

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The members of the editorial board and writers of editorials are Stephen Hargett, Clark Walworth, Steve Clump and Kevin Miller.

## Letters

### Who will check Batt's legacy?

I attended a meeting in at the Burley Inn on Dec. 6. The meeting involved nuclear waste coming into the state. Phil Batt was the only individual to speak on the issue. Batt seemed to be very calm yet serious. I did sense nervousness the first time I shook his hand; at about that time he had just finished glancing at my "Stop the shipments" pin on my coat.

I don't disagree with everything Batt has to say, only on nuclear waste. I have nothing against him as a person. I am by no means a radical, only a "concerned citizen."

The part that worries me most about Batt is that when asked about the waste from New Mexico, Phil answered and I quote, "It is not my problem." Phil, I believe we should get rid of the waste we have before we accept more. Phil, I believe that if you're not concerned as a citizen now about waste already in the state, then there might not be anybody left to be concerned about it in 2035.

Idaho might be a barren wasteland!  
ROBBIE BOZZUTO  
Twin Falls

one interpreting tasks that are not specialized or critical. It seems to us that this is "inexpensive insurance" against potential claims of negligence, malpractice or denial of one's civil rights.

Business practices may vary from interpreter to interpreter — someone may charge \$40 to \$50 per hour, but these individuals are the exception, not the rule. Examples would be interpreters who possess special or additional certification to work in legal, mental health and emergency medical settings which require specialized knowledge and skills.

For every interpreting task involving consumers who do not share the same language, there is an appropriate interpreter who will be satisfactory to both parties involved, providing accurate and necessary information in an effective, time-saving manner. It is neither appropriate nor fair to ask family members, especially children, to interpret for adult deaf persons.

The qualified person who provides interpreting services is fluent in both English, American Sign Language and various codes for English. This person is also a member of the state and national organizations which represent professional interpreters. These members agree to abide by a strict code of personal and professional ethics. They also participate in ongoing education. Many will have taken on the awesome task of sitting for a national certification test.

Our organization wishes to make itself available (at no charge) to any and all consumer groups for information and referral. For assistance, please contact any of the Idaho Registry of Interpreters for the Deaf offices listed: President Emily Turner of Gooding, 934-8562; Vice President Shari Feldman of Idaho Falls, 324-2735; Secretary Jo Ann Dobecki Shopbell of Twin Falls, 733-9554 or 734-0426; and Treasurer Shari Rogers of Nampa, 467-2465.

EMILY TURNER  
Gooding

## Letter

### DUI laws need enforcement

This week was the coverage of the DUI Crash Reduction Team made up of some dedicated police officers. Also published this week was the sentencing of an acquaintance on his third DUI in seven years. In July of 1994, the new "tougher" driving-under-the-influence laws went into effect. I have fully supported these laws and hoped that, finally, repeat offenders would begin to be held accountable. This is almost laughable.

When someone with a third DUI gets off with two days-in-jail, a fine and 180-30 days' absolute license suspension, where is the penalty then? Look in any paper and read the "News of record." DUI offenders are getting their hands slapped and sent home. Our police officers are out there try-

ing to keep our highways safer and picking up DUI offenders, but the courts, lawyers and judges are turning them loose.

I realize that sitting in jail does not cure alcoholism, but is the answer to just turn them loose? The only way the alcoholic is able to reach the bottom is to be allowed to feel the consequences of their actions. They will never do that if the court system continues to "rescue" them. What scares me the most is that repeat offenders will repeat again and eventually kill some innocent person.

And what does this teach our children? I have always tried to teach my children that it is against the law to drink and drive. If they choose to do it, there will be tough consequences to pay. Now, because the courts and judges are not supporting our laws, they see that is not true. How are they

suggested to have respect for the laws?

This holds true for all the laws. People do not have fear or respect for laws because they know they can get off lightly. If we are going to have laws that are supposed to protect the innocent why are the lawyers and courts allowed to lessen the punishment? Where is the protection of the innocent?

If the courts are going to continue letting repeat offenders off lightly, why do we bother having the laws? Why bother wasting the time of our police officers? Why pay the salaries of the judges? Why fatten the pockets of the lawyers? Why pretend?

Let's toughen up our "justice system" and start making offenders accountable for their actions.

SUSAN BRYANT  
Shoshone

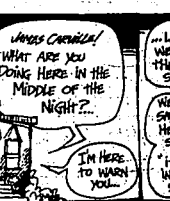
## Doonesbury



## By Garry Trudeau



## Mallard Fillmore



## By Bruce Tinsley



## By Bruce Tinsley



# Firing squad request poses logistic problem

**SALT LAKE CITY (AP)** — Utah has scheduled a condemned criminal's firing squad since Gary Alan Gilmore faced his death almost 20 years ago with a terse "Let's do it." Today's prison officials aren't sure they remember how.

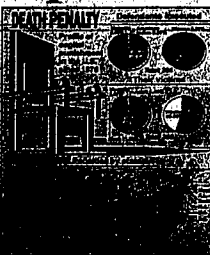
The Department of Corrections is struggling to put together an execution protocol to accommodate the wishes of John Albert Taylor, 36, convicted of the 1988 rape and strangulation of an 11-year-old girl.

After losing his latest appeal a couple of weeks ago, Taylor fired his lawyer, dropped further appeals and told a judge he wouldn't fight an execution warrant for Jan. 26.

Alone among the states, Utah offers the condemned a choice between firing squad and lethal injection.

Taylor would be the first to die in that manner in the United States since Gilmore, whose 1977 execution ended a 10-year hiatus on capital punishment in America.

"I'm not going to submit to lethal injection," Taylor said. "I don't want to go flipping around like a fish out of water on that table."



**DEATH PENALTY**  
A firing squad is used to execute Gary Alan Gilmore in Utah.

Despite giving up his appeals, he maintains his innocence and on Friday telephoned a free-lance writer to say he chose the firing squad to make his death as difficult for the state as possible.

Since Gilmore, Utah has executed four inmates by lethal injection and hadn't anticipated that anyone else would choose the firing squad. There's nobody with the department now who was working when Gilmore died at dawn on Jan. 17, 1977.

abandoned cannery building and shot through the heart.

Former warden Ken Shulsen, who helped organize Gilmore's death, predicted Friday that Taylor's execution will be "less chaotic" but acknowledged a firing squad poses many more problems than lethal injection.

"First off, you've got to find a place to do it," he said.

The old prison cannery building where Gilmore was shot no longer stands.

"You need to find a shooting area and give the firing squad a chance to practice in those conditions," Shulsen said.

"You need to deal with lighting conditions, shooting distance and most importantly, give the firing squad members a chance to get over any emotional barrier to pulling the trigger. It's much more than being able to just hit a target and shoot on command," Shulsen said.

Without practice, an unfortunate result could be a staccato volley that causes what Shulsen obliquely referred to as a "splitter effect."

To ensure accuracy, Ford said, the weapons may be fitted with laser sights.

As with Gilmore, the prison will likely solicit volunteers from the law enforcement community for the five-member, anonymous firing squad.

Ford said one of the weapons will be loaded with a blank round so the executioners won't know if they fired a fatal shot.

"I think it is fair to say we're going to be involved in a fair amount of innovation," said prison spokesman Jack Ford. "We've got a number of weeks and not really much time to do it."

Taylor's choice also could pose some public relations headaches for a state which has been polishing its image and plans to hold the 2002 Winter Olympic Games.

Opponents of the death penalty hope to capitalize on any potential embarrassment, and to stop Taylor's death by challenging the statute as a violation of the Constitution's prohibition against cruel and unusual punishment.

"This whole thing makes us seem backwards and draconian," said Carol Gnade, executive director of the Utah Chapter of the American Civil Liberties Union.

Gilmore died at the Utah State Prison in Draper in a circuslike atmosphere. He was strapped into an old leather office chair backed against a row of sandbags in an

# Tribe ready to open gaming hall

**LEWISTON (AP)** — The operation will be small but the payoffs big when the Nez Perce launch their first gaming venture in Kamiah in less than two weeks, tribal members say.

Around-the-clock electronic pull-tab machines and electronic bingo will be offered at the tribe's gaming hall in the former Valley Tavern, now being readied for opening, tribal gaming manager Diana Finkham said Friday.

The operation will be one of just a handful around the country using all-electronic bingo equipment, she said.

The doors will open without fanfare around Dec. 20, she said, and a grand opening is set for Dec. 31.

# Army Corps gives up on dam work

**LEWISTON (AP)** — The U.S. Army Corps of Engineers will wait until things calm down next summer before trying to fix the leaks in Dworshak Dam's basement.

Gary Willard, the Walla Walla District construction division chief, notified the project contractor, Christian Boyley Corp., that work has halted. The high water from rain and snow that pumped Dworshak Reservoir's level up 38 feet since Nov. 1 complicated the project. Instead of drawing down the reservoir, the corps will just wait until the end of next summer to resume.

Workers were drilling and pumping cement grout into cracks in the bedrock beneath the dam. Everett Wright, the district's dam safety section chief, said the work was complicated by the higher water and discoveries during the course of this fall's effort.

# ATTENTION TAXPAYER

Your personal property and mobile home taxes are due and payable by the 20th of December 1995. If not paid on or before December 20th, they will be delinquent and the treasurer will then turn the WARRANTS OF DESTRRAINT over to the sheriff for collection.

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# Murder suspect's widow claims he was innocent

**COEUR D'ALENE (AP)** — Investigators acted too quickly when they closed a 22-year-old double-murder case after finding a single new clue, the widow of the only suspect charges.

Catherine Stroisch said she wants to prove authorities were wrong to paint her late husband as a murderer.

Ron and Rita Marcussen of Rathdrum, vanished Nov. 19, 1973. George E. Stroisch was found innocent in June 1976 of a charge of murdering her.

Although acquitted in one case, he remains accused without the ability to defend himself in the slayings of the two.

Stroisch died in August, two months before Ron Marcussen's skull was found southeast of Athol. The find, near where Rita Marcussen's skull was discovered 21 years ago, confirmed her husband had met a similar fate, Kootenai County authorities said.

It also destroyed Stroisch's defense theory that Marcussen was

still alive and disappeared because he was involved in his wife's death.

Two small-caliber slugs were found in Ron's skull. Sheriff's Capt. Ben Wolfinger recently announced the case was closed.

But Catherine Stroisch said the discovery of Marcussen's skull does not mean her husband was guilty.

"I don't feel their judgment was correct and my children and I have determined we will prove his innocence," she said.

She questioned the credibility of some of the prosecution witnesses in the trial.

Between Rita Marcussen's murder and the trial, Stroisch served time for being a felon in possession of firearms. One of his cellmates was a prosecution witness.

Former prosecutor Gary Haman said the recently-found skull only confirmed for her inmate Terry Ball's statement that Stroisch bragged he shot Ron and strangled Rita. Catherine Stroisch replied Ball lied to get a reduced sentence.

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SIZE	PRICE	SIZE	PRICE
P185R13	31.49	P185R13	33.68
P185R13	34.15	P185R13	34.09
P185R13	38.06	P185R13	38.13
P205R13	40.70	P215R13	00.00
P205R13	42.22	P215R13	43.78
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P185R13	46.07	P185R13	47.37
P205R13	49.25	P215R13	52.37
P225R13	51.12	P215R13	52.93
P225R13	56.11	P225R13	56.48

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**Outstanding Traction & Handling in a Road-Gripping Multi-Speed Design!**

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P205R13	53.30	P205R13	57.00
P205R13	55.99	P205R13	58.07
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**Extra-Aggressive, M+S Rated for Thunderous Year-Round Performance!**

SIZE	PRICE	SIZE	PRICE
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P205R13	59.90	P205R13	63.18
P205R13	61.58	P205R13	64.42
P225R13	67.72	P225R13	72.03

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155R13	31.65	185/70R13	38.85
165R13	34.05	185/70R14	41.74
165R15	39.15	195/70R14	45.10
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## PASSENGER ALL SEASON - ON SALE!

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As Low As **\$37.83**

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**Aggressive, Modern Tread Gives Outstanding Snow Traction & Super Year-Round Performance!**

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155R13	40.03
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155R13	46.07
165/70R13	47.70
165/70R14	50.00
165/70R14	52.93
205/70R14	58.85

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185/60R14	71.08
185/60R15	73.96
215/60R15	83.82
225/60R15	82.83
225/60R16	105.18

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SIZE	PRICE	SIZE	PRICE
P185/80R13	54.26	175/70R13	63.39
P185/80R13	59.71	185/70R13	68.47
P185/80R13	63.30	185/70R14	72.02
P185/80R13	68.40	185/70R14	75.85
P185/75R14	71.91	205/70R14 b/w	81.85
P185/75R14	75.74	205/70R15 b/w	85.88
P185/75R14	80.77	185/60R14	82.11
P205/75R14	85.57	185/60R14	87.92
P205/75R15	84.16	195/60R16	86.98
P215/75R15	87.38	205/60R15	97.43
P215/75R15	93.66	195/60R16	101.87
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SIZE	PRICE
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LT215/75R15	74.91
LT235/75R15	82.79
31/10.50R15	103.78
LT215/65R15	95.83
LT225/75R16	96.78
LT235/85R16	104.49
LT245/75R16	107.66
3.78R185	98.71
3.50R16.5	110.25

TREAD MAY VARY + FET

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**TECHNOLOGICALLY ADVANCED - Design Especially For Today's Sport Utility Vehicles.**

SIZE	PRICE
P205/75R15	75.00
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P225/75R15	79.96
P235/75R15	83.97
LT215/75R15	96.21
LT235/75R15	108.88
30/9.50R14	112.61
31/10.50R15	123.13

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P215/75R15	73.03	33/1250R15	135.49
P225/75R15	76.26	LT215/85R16	101.90
P235/75R15	80.32	LT225/75R16	116.00
P265/75R15	82.63	LT235/65R16	118.74
LT215/75R15	93.34	LT245/75R16	124.88
LT235/75R15	101.16	LT245/75R16	130.73
30/9.50R15	103.88	LT265/75R16	117.09
31/10.50R15	113.32	LT265/75R16	127.20

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VST SHOCKS (LIFETIME WARRANTY)	18.00	24.75
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GAS STRUT CARTRIDGES (LIFETIME WARRANTY)	42.50	63.25

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LT 4x4 & SPORT TRUCKS

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38.08 MTD WARRNTY (LIFETIME WARRANTY)	24.00	31.75
MOUNTAIN RYDER (LIFETIME WARRANTY)	34.00	41.75

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# Magic Valley

## Around the valley

### Regional information

#### system topic of meeting

**TWIN FALLS** - County-hospital board members will get an update tonight on negotiations for a regional patient-information system.

The status of the Southern Idaho Medical Information Network - which will link some hospitals, doctors, public-health offices and other health-care providers in the Magic Valley and northern Nevada - is one of the topics members of Magic Valley Regional Medical Center board members will discuss.

The board's monthly meeting is at 7 tonight in the hospital's doctors meeting room in the basement.

Board members also will elect officers. Jim Herrett has been nominated as board chairman; Dr. Craig Bennett as vice chairman; Cheryl Juntunen as secretary; and Bruce Brown as treasurer.

#### County fair board begins planning for 1996 events

**FILER** - The Twin Falls County Fair Board will meet Monday to discuss sponsors, entertainment and events for the 1996 fair and rodeo.

The board meets at 12:30 p.m. in the residence at the fairgrounds.

Also on the agenda is consideration of capital-planning funds, fair superintendents and the lease of some fair property to a farmer.

#### Commissions to discuss park projects, funding for work

**TWIN FALLS** - The Twin Falls County Parks and Recreation Advisory Commission will meet Monday to discuss Murrugh Lake Park and Balanced Rock Park projects and grant funds for other parks work.

The public-meeting begins at 7:30 p.m. at the Twin Falls County office building at 246 Third Ave. E.

#### St. Luke's hospital wins spot on top-100 hospital ranking

**HAILEY** - St. Luke's Regional Medical Center in Boise has received its third consecutive ranking in the top 100 hospitals in the nation.

Currently, in the midst of negotiations with Blaine County and the city of Sun Valley, St. Luke's is poised to assume control of health care in the Wood River Valley.

The Blaine County commissioners applauded St. Luke's achievement.

"During the past year of discussions with St. Luke's we have come to understand why they are interested in the health care and the public," the commissioners said in a news release. "St. Luke's is an outstanding organization, with highly competent, sensitive and caring personnel."

A draft of a definitive agreement between St. Luke's and the Wood River Medical Center was slated for completion by December 1. Legal complexities has delayed that draft, but it may be complete by year's end, said hospital spokesperson Cindy Carington.

#### Jerome Recreation District names activity supervisor

**JEROME** - The Jerome Recreation District has hired a new supervisor of recreation activities.

Elizabeth (Ell) Kelghtley came to Jerome from Pullman, Washington. Kelghtley calls Lynnwood, Wash., home. She received a degree in recreation and leisure administration from the Washington State University and had been working in Pullman as a recreation intern.

She will be in charge of recreation programs for adults, youth and children in the Jerome Recreation District.

#### Boys and Girls Club plans new fund-raising campaign

**TWIN FALLS** - In the next week to 10 days, the Boys and Girls Club of Magic Valley plans to start a capital campaign to raise funds and pledges for another \$500,000 in three years.

Those who donate during the nine-month campaign can help pay membership fees for children from impoverished families, target their money for building improvements and maintenance, or help set up an endowment fund. Interest from the endowment fund will be used to pay for future club expenses.

Donations can be made in lump sums or on a monthly, quarterly or annual schedule, said Boys and Girls Club Board President Dave Little.

The club also is looking for volunteers. Items to equip the new clubhouse's game, computer and craft rooms - as well as its library - also are needed. Librarians.

For more information about volunteering or donating, call 736-7011.

Compiled from staff reports

## Fair program wins international honor

By Virginia S. Garber  
Times-News writer

**FILER** - Some of Bryan Ortel's Twin Falls friends "don't really have any clue what happens on the farm at all." That's a problem, he said, in a region that's highly agricultural.

The Filer 18-year-old and fellow 4-H members created an event at the 1995 Twin Falls County Fair and Rodeo to help remedy ignorance about agriculture, and their efforts won recognition this month from an international group.

In the fair's new Ag Scavenger Hunt, fairgoers searched signs in animal barns for

answers to a list of questions about Magic Valley and Idaho agriculture. For example, statistics on dairy production or the weight of a year's worth of Idaho eggs, Ortel said.

Ortel is chairman of the community pride committee for the Twin Falls County 4-H Teen Council, which gathered statistics, painted signs, ran the scavenger hunt and nominated the event for a contest of agricultural public-education efforts at fairs.

Twin Falls County's scavenger hunt won top honors in the contest - from among more than a thousand fairs in the International Association of Fairs and

Expositions, fair office manager Linda Gwyn said.

The international association presented the award at its annual convention in Las Vegas in early December, Gwyn said. The Twin Falls fair has been a member for about eight years, but no other Twin Falls events have won similar recognition, she said.

But in spite of its success, the scavenger hunt may not be a regular feature at the Twin Falls County Fair. The fair board will likely look for new ways to reach out to city folk in a growing Magic Valley, Gwyn said.

"We do want to keep the public aware of

agriculture in Idaho," she said. "We have people coming in from out of state, and we want them to be aware of the agriculture industry in this area."

"I think (the hunt) got information across that otherwise the people wouldn't have known," Ortel said. Even if fairgoers weren't toting a questionnaire, they stopped to read the unusual boot-shaped signs posted in barns, he said.

Burks Tractor Co. in Twin Falls sponsored the scavenger hunt. Winners from a drawing of correctly completed questionnaires won prizes - a lawnmower in the adult division, and a toy tractor for the winning child, Gwyn said.

## 2 men face off for sheriff spot

By Liz Wright  
Times-News writer

**GOODING** - A Gooding County Sheriff's deputy and a private investigator from California are competing to replace Gooding County Sheriff Jim Jax when he retires next year.

Though their concerns are similar, they differ somewhat in age, law enforcement experience and their criticism of the Gooding County Sheriff's Department. Both favor training, higher wages, for deputies and more volunteers in the department.

Sgt. Shaun Gough of the Gooding County Sheriff's Department, 28, says he knows the county better than his opponent, and he is concerned about gangs, drugs and juvenile crime - though the county doesn't yet have those type of problems.

"I was raised right here in Gooding and it's treated me very well," Gough said. "It raised me good, gave me good values and I just want to pay it back."

Tony Perkins, 36, says he has more experience as a cop. He expresses concerns with turnover in the department, the number of young and inexperienced deputies on the force, and lack of training among the deputies. He fears liability problems with the way deputies are sent out to patrol the road without field training.

Perkins cites budget errors and on-house fighting as problems he would address if elected.

"I would want to see a functioning police department first off, and they don't have that right now," Perkins said.

If elected, Perkins said he would start a program where senior citizens and youths would donate time to help out in the department. The program would help fight crime as well as ease some seniors' minds about the kids they perceive as gang members, Perkins said.

"When you are working together, you get out of all those misconceptions right away," Perkins said.

Perkins grew up mostly in Stanton, Calif., where he attended high school and junior college. When he was 14 years old he began spending summers in Wendell



MOCK SALSBURY/The Times-News



Photo courtesy TONY PERKINS

Sgt. Shaun Gough, at left, of the Gooding County Sheriff's Department says his local upbringing has given him the right traits to be the next Gooding County Sheriff. Tony Perkins, at right, gained his experience as a cop in a small town in Stanton, Calif.

with his aunt and uncle.

In 1981, he went to the Golden West Police Academy in Huntington Beach, Calif. In 12 years, he switched police departments six times - mostly due to layoffs or better job opportunities, he said.

He retired after he suffered a shoulder injury during a fight with criminal, Perkins said.

Gough started working for the marine patrol for the Gooding County Sheriff's

Department in 1990. He also served on road patrol and became chief deputy in 1992, until Jax was elected into office.

Gough graduated from Gooding High School in 1985, then spent two years at Boise State University before coming home.

He went to the seven-week deputy training at Idaho Post Academy in 1991.

If elected, Gough said he would reinstate the school DARE program to fight

drugs and instill a respect for law enforcement with the children.

He wants deputies to receive training in how to detect drug activity in the community.

He also supports the concept of a larger jail that would reap profits by renting out bed space to other jurisdictions.

"There is a lot of money to be made on the jail, but we have to see about how the public feels about that," Gough said.

## Twin Falls Health, Welfare seek people for panel

### looks at bike trail network

By Virginia S. Garber  
Times-News writer

**TWIN FALLS** - A network of bike trails has been woven in Twin Falls plan books for several years. This spring, the lines of ink may begin their transformation to lines of pavement.

The City Council will consider today an agreement with the Idaho Transportation Department for construction of "bike route A" - which would connect Skyline Subdivision with Oregon Trail Elementary and South Park.

If the council approves, Twin Falls will pay a \$53,100 chunk of the approximately \$30,000 project.

Early in the spring of 1996, crews would widen the pavement and stripe the shoulders of parts of Washington Street, South Park Avenue and Lois Street, City Engineer Gary Young said.

Construction plans are ready and waiting, he said. The bike-route project has been delayed by environmental assessments required for the federal funds that ITD administers, he said.

Twin Falls is moving ahead on plans for two more bike trails - one in northwest Twin Falls and one connecting the west end of Filer Avenue to Shoshone Falls Park, Young said. Those routes, however, are not included in the funding agreement. The council meets at 4 p.m. today in City Hall. No 6 p.m. hearings are scheduled this week.

Also on today's agenda:

- County Commissioner Marvin Hempleman is requesting an extension of the rezoning he received last year for his property at 2916 E. 3500 N. Hempleman.

Please see B1/E/3

By Julie M. McKimmon  
Times-News writer

**TWIN FALLS** - Idahoans want to know more about what happens with child-abuse and neglect cases - along with other programs - handled by the Idaho Department of Health and Welfare.

To help meet that public demand and get citizens involved, the regional office is looking for five to eight dedicated Magic and Wood River Valley residents. They will spend 18 months learning about child-protection laws and procedures, pouring over cases and making recommendations for change.

"We will look at their recommendations, and changes will be made within the system," said regional Director Joyce McRoberts, adding that issues surrounding federal laws on confidentiality and other topics would be hard to touch.

Police officers, foster parents, guardians ad

litium, prosecuting attorneys and judges need not apply for spots on the "Keeping Kids Safe" panel, one of seven statewide.

Educators, ministers and anyone else concerned about families but not already part of the child-protection process should apply by Friday, McRoberts said.

"It's got to be people outside of the usual system," said Ed Van Dusen, regional manager of the Family and Children's Services Program.

The regional office also will be going out of the usual system to discuss how state regulations should be written during public workshops on topics such as adoption, foster care, child protection and children's mental health, Van Dusen said.

And on Dec. 20, community members from Hailey, Burley and Twin Falls will begin discussing how to best reduce incidents of child abuse and otherwise support families. Once that community-driven program is started, Health and Welfare will have very lit-

tle to do with it, McRoberts said.

In fiscal year 1994, the regional office received 1,547 reports of child abuse and neglect; that number rose to 2,048 in fiscal year 1995, which ended June 30, Van Dusen said.

Members of the citizen panel will be educated about how the system works and what state agencies govern it in the next couple of months, he said.

"We want to make sure they understand the system well," said Van Dusen, coordinator of the program.

Then, beginning in March, members will start reviewing a few random cases at their monthly meetings to get a representative sample of the total number of cases, McRoberts said.

Nomination forms for the regional Keeping Kids Safe panel are available from law-enforcement officials or any Health and Welfare office. For more information, contact McRoberts at 736-3020.

## Wendell sets date for water bond issue election

By Steve Koehler  
Times-News correspondent

**WENDELL** - The City Council has set Feb. 6 as election day for a \$700,000 water bond issue.

The action followed testimony by City Engineer Scott Bybee who said Wendell's water storage capacity - 50 gallons per person - is one of the lowest in the Magic Valley.

Bybee presented a chart with nine Magic Valley communities whose per capita water storage is four to eight times that of Wendell's.

"Fifty gallons per person disappears very, very quickly in the event of a fire," Bybee said. "That's why the storage tank is such a critical need, for the fire department particularly."

The \$800,000 gallon storage tank is the main item in the city's \$500,000-bond grant application to the state Department of

Commerce. The grant application is part of a \$1.4 million plan, which includes the \$700,000 bond issue, to upgrade the city's water system. The bond issue largely would pay for new water mains and fire hydrants.

It would be a revenue sharing bond paid off with money from residents' monthly water bill. City Clerk Raquel Braga said last month that water fees would not need to be increased to pay it off.

Educating residents about the water system is the key to success in passing the bond, Bybee said.

"My own personal belief is if the public understands this issue, they'll support it. I'd hate to see it voted down because of lack of information," Bybee said.

"The only silly question in regard to this project is the one that remains unasked," Bybee said.

"If you have a concern or question, bring it out, ask Raquel (Braga) or me. Let's

promote those questions, let's get them answered now, and let the facts speak for themselves."

The City Council plans public hearings on the water system in January.

In other business:

- The council passed a request from Bud Markel to install water and sewer mains and pave 7th Avenue East along property he said he's owned for 37 years in this undeveloped section of town. Markel wants to install a number of manufactured homes and sell them.

The council argued policy - developers must pay for new city services. In a related issue, the council authorized the removal of fences on dedicated streets that affect access to the Markel property.

The council adopted an ordinance on sewer connection requirements. The ordinance provides an optional \$10 per month payment plan for the \$1,000 sewer connection fee.

### Inside

Obituaries B2  
Sports B4-5

# High Washington cigarette taxes send smokers to Idaho

SPOKANE (AP) — Washington's high cigarette taxes have many smokers crossing the border to buy their smokes.

The state tax on a pack of cigarettes in Washington is 81.5 cents. In Idaho it's 25 cents, and in Oregon 38 cents.

That's one reason the state estimates one in four cigarettes in Washington is purchased out of state, state officials say. Taxes have risen steadily in

recent years, including a 17.5 cents per pack increase in July.

"We've watched our sales of cigarettes fall from \$600 a day to \$300," said Darla Kitchens, manager of a Maid O'Clover store in Spokane.

"We offer customers a special on-two-or-three-packs and they say, 'Oh, that's okay; I'm going to Idaho tomorrow,'" she said.

A carton of Marlboro cigarettes costs \$24.29 at a

convenience store in the Spokane Valley. Smokers can drive 15 minutes to Post Falls, Idaho, and buy the carton for \$17.20.

Sales of cigarettes, wine and beer are down in 15 Spokane-area Zip Trip stores since state taxes on those started to rise, said owner Ron Armacost. But sales of those products are up in two Idaho stores near the border, he said.

"It does not take a genius to figure this out," he said.

# 10-year-old saves little brother from fire

TACOMA (AP) — A 10-year-old boy who woke to find his bed on fire carried his 6-year-old brother to safety out of the room and run to a neighbor's house to call 911.

The boy, who had second-degree burns on his leg, told investigators that he knew from fire safety classes that he should pull his little brother out of the room and run to a neighbor's house to call 911.

"We have a 10-year-old hero," said Lt. Charlie Hansen, lead fire investigator.

that he knew from fire safety classes that he should pull his little brother out of the room and run to a neighbor's house to call 911.

"We have a 10-year-old hero," said Lt. Charlie Hansen, lead fire investigator.

## On the agenda

Following is a list of governmental meetings that are scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

- TODAY**
- Buhl City Council, 7 p.m., City Hall.
  - Blaine County commissioners, 9 a.m., courthouse.
  - Bliss School Board, 7:30 p.m., school library.
  - Camas County commissioners, 9:30 a.m., courthouse.
  - Camas County School Board, 7 p.m., high school.
  - Cassia County commissioners, 9 a.m., courthouse.
  - Cassia County School Board, 7 p.m., central office, 237 E. 19th St., Burley.
  - Eden City Council, 8 p.m., City Hall.
  - District School Board, 8 p.m., City Hall.
  - Eden City Council, 7 p.m., City Hall.
  - Gooding County commissioners, 9 a.m., courthouse.
  - Hagerman School Board, 8 p.m., elementary school.
  - Halley City Council, 6 p.m., courthouse.
  - Hansen City Council, 8 p.m., City Hall.
  - Hazelton City Council, 7:30 p.m., City Hall.
  - Hollister City Council, 7 p.m., City Hall.
  - Jerome County commissioners, 9 a.m., courthouse.
  - Lincoln County commissioners, 10 a.m., courthouse.
  - Magic Valley Regional Medical Center Board, 7

- p.m., hospital board room.
- Minidoka County commissioners, 9 a.m., courthouse.
  - Murtaugh School Board, 7 p.m., high school.
  - Richfield City Council, 7 p.m., City Hall.
  - Richfield School Board, 8 p.m., high school.
  - Shoshone School Board, 7:30 p.m., Lincoln Elementary School.
  - Twin Falls County commissioners, 8:30 a.m., courthouse.
  - Valley School Board (Eden-Hazelton), 8 p.m., high school superintendent's office.

- TUESDAY**
- Blaine County commissioners, 9 a.m., courthouse.
  - Blaine School Board, 7:30 p.m., school in the district.
  - Gooding School Board, 7 p.m., school district's office.
  - Jerome School Board, 7 p.m., Jerome Civic Club Memorial Library.
  - Kimberly City Council, 7 p.m., community center.
  - Friends may call at the school one hour prior to the service. Interment will follow in the Halley Cemetery. The Rev. Tim Baker will be the speaker.

- WEDNESDAY**
- Castleford City Council, 7:30 p.m., J. & D. Enterprises.
  - Declo City Council, 7 p.m., City Hall.
  - Heyburn City Council, 7 p.m., City Hall.
  - Minidoka City Council, 7:30 p.m., City Hall.
  - Murtaugh City Council, 7:30 p.m., City Hall.
  - Paul City Council, 7:30 p.m., City Hall.
  - Twin Falls County commissioners, 8:30 a.m., courthouse.
  - Twin Falls Public Library Board of Trustees, 5 p.m., library board room.

- THURSDAY**
- Bellevue City Council, 7 p.m., City Hall.
  - Hagerman Chamber of Commerce, noon, Hagerman Senior Center.
  - Idaho-Cassia Chamber of Commerce, noon, Rupert Elks Lodge.
  - Twin Falls County commissioners, 8:30 a.m., courthouse.
  - Twin Falls County Planning and Zoning Commission, 8 p.m., Twin Falls County Office Building, 246 Third Ave. E.
  - Wendell School Board, 7:30 p.m., conference room at high school.

- FRIDAY**
- Twin Falls County Commissioners, 8:30 a.m., courthouse.

## How Idaho lawmakers voted

House	Chenoweth	Crapo
1) SECURITIES FRAUD		
2) JUSTICE DEPARTMENT	No	Yes
3) HOUSING PROGRAM		
Senate	Craig	Keimphone
1) SECURITIES FRAUD	Yes	Yes
2) JUSTICE DEPARTMENT		
3) ABORTION 1	No	No

## Services

Vickie Lynn McClymonds, of Twin Falls, funeral Mass., 11 a.m. today, Our Lady of Guadalupe Catholic Church in Twin Falls, (Reynolds Funeral Chapel in Twin Falls).

Clarence Edward "Doc" McCarty, of Alamogordo, N.M., and formerly of Rogerson, 11 a.m. today, Reynolds Funeral Chapel in Twin Falls.

Elmer H. Peters, of Salmon and formerly of Twin Falls, 11 a.m. today, Twin Falls Cemetery, (Reynolds Funeral Chapel in Twin Falls).

8 p.m. today and the family will greet friends from 7 to 8 p.m. at the mortuary.

Rose Richard Bevard, of Paul, graveside service, 2 p.m. Wednesday, James Hill Cemetery in Idaho Falls. Viewing one hour before the service at Wood Funeral Home in Idaho Falls, (Hansen Mortuary Rupert Chapel).

Hazel Marie Patterson, of Filer, 2 p.m. today, White Mortuary in Twin Falls. Viewing, 11 a.m. to 2 p.m. today at the mortuary.

Kenneth Royal Springer, of Twin Falls, 10 a.m. Tuesday, White Mortuary in Twin Falls. Viewing, 4 to 8 p.m. today at the mortuary.

Melissa Rose Barnes, of Gooding, 2 p.m. Tuesday, Demary's Gooding Chapel. Viewing, 1 to 7 p.m. today at the chapel.

## Death notices

**Alford Duncan**  
GOODING — Alford Duncan, 65, of Gooding, died Sunday, Dec. 10, at his home. Funeral arrangements are pending and will be announced by Demary's Gooding Chapel.

**Joshua D. Pollock**  
HAILEY — Joshua David Pollock, 22, died Thursday, Dec. 7, 1995, near Okemah, Mich., as a result of an automobile accident. Funeral services will be at 3:30 p.m. on Tuesday, Dec. 12, at the Bellevue

Elementary School auditorium. Friends may call at the school one hour prior to the service. Interment will follow in the Halley Cemetery. The Rev. Tim Baker will be the speaker.

Those wishing to make memorial contributions are encouraged to send them to the Young Life in Wood River, Valley, P.O. Box 6715, Ketchikan, ID 83340.

Arrangements are under the direction of the Wood River Funeral Chapel of Hailey.

## Hospitals

**MAGIC VALLEY REGIONAL MEDICAL CENTER**  
Some names are omitted at patients' request.

**Released**  
Bertha Hughes of Wendell.

**CASSIA REGIONAL MEDICAL CENTER**

**Admitted**  
Heleen Johnson of Burley; Camaria Castas of Rupert; Florence Adams of Paul and Anabel Heredia of Heyburn.

**Released**  
George Hall, Vern Johnson, Deanna Popplison, Lacey Strunk and Ida Rittel, all of Burley; Ivory Allen of Rupert.

David Drew and Julia Vickers, both of Heyburn; and Delorio Juarez of Declo.

**MINIDOKA MEMORIAL HOSPITAL**  
Admitted  
Christine Osterhout of Declo and Alvin Short of Rupert.

**Released**  
Roberto Olmos of Minidoka; Bruce Brown of Heyburn; Michael Tigen of Burley and Douglas Clausen Sr. of Rupert.

**Birth**  
A son was born to Lynn and Christine Osterhout of Declo.

## Obituaries

**Hansen**  
Ardith Dorene Hardin  
Ardith Dorene Hardin, 56, of Hansen, died Saturday, Dec. 9, 1995, at Magic Valley Regional Medical Center.

She was born Sept. 17, 1939, in Buhl, the daughter of Jasper and Helen Weaver Boehm. She was raised and educated in Buhl. She married Don Hardin in Buhl on June 22, 1958. She enjoyed cards, puzzle books and her dogs. She was very family-oriented and loved her children and grandchildren very much.

She is survived by her husband, Don; of Hansen; three daughters, Kathy (Don) Snyder, Debra (Robert) Mallos and Tammy (Steve) Janatich; and a son, Jerry (Teresa) Hardin, of Twin Falls; three granddaughters; four grandsons; and two brothers, Harry Beem of Filer and Roy Beem of Joelton, Tenn. She was preceded in death by her parents and a brother, Phillip.

The service will be held at 1 p.m. on Thursday, White Mortuary with the Rev. J. LeRoy Aroues officiating. Friends may call from 4 to 8 p.m. on Wednesday at the mortuary

with cremation to follow. Memorial contributions may be made to the Idaho Special Olympics, 1525 Addison Ave. E., Twin Falls, ID 83301.

**Alford**  
Amos Jesse Human  
Amos Jesse Human, 75, of Hazelton, died Saturday, Dec. 9, 1995, at Magic Valley Regional Medical Center.

Amos was born June 29, 1920, in Amstar, Oregon. He is the son of Charles Arthur and Celeste Slinger Human. He married Sarice Cochran on Oct. 18, 1941, in Whittier, Calif. Amos worked for Lockheed and then served in the Army during World War II. After his discharge, he returned to Hazelton and worked in a grocery store and later for the Highway Division. He and his wife owned and operated a service station in Hazelton for 28 years before retiring.

Amos was a member of the Trinity Lutheran Church in Eden and the Eden American Legion. He was honored as 1988 Exceptional Citizen of the Year for the Hazelton community and served as the 1994 Grand Marshall of the Hazelton Fourth of July Parade.

Amos is survived by his wife, Sarice, of Hazelton; two sons, Dennis Human of Blackfoot and Brad Human of Hazelton; two daughters, April Kennedy of Jewiston and Debra Collins of Jerome; two brothers, Adrian Human of Spokane, Wash., and Kyle Human of Jerome; six sisters, Ruth Knudson of Twin Falls, Charlotte Phaff of Espanola, N.M., Grace Ivie of Kimberly, Norma Tometz of Buhl, Leta Jean Sweet of Anacostia, Ore., and Shirley Kinyon of Castleford; five grandsons; two step-grandsons; and two step-great-granddaughters. Amos was preceded in death by his mother; father; one brother and three sisters.

A service will take place at 1 p.m. on Thursday at the Trinity Lutheran Church in Eden, with Pastor Ron Anderson officiating. Burial will follow at the Trinity Lutheran Cemetery with military rites by area veterans and auxiliary. Friends may call at Reynolds Funeral Chapel in Twin Falls today from 3 to 8 p.m. and from 11:30 to 12:30 a.m. at the Trinity Lutheran Church on Tuesday.

The family suggests that memorial contributions be given to Trinity Lutheran Church of Eden.

## This week at CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

**TODAY**  
Student Senate meets at 2 p.m. in the student conference room of the Fine Arts Building.  
Overcasters Anonymous meets at 3:30 p.m. in Desert 112.  
Pep Band rehearsal will be held at 7:30 p.m. in Fine Arts auditorium.  
CSI play, "The Crucible," will be presented at 8 p.m. in Fine Arts 119.

**TUESDAY**  
Cabinetmaking student show and sale will be held from 8 a.m. to 8 p.m. at the Herrett Museum.  
Military testing will be held at 6 p.m. in Shields 201.

**WEDNESDAY**  
Cabinetmaking show and sale continues from 8 a.m. to 8 p.m. at Herrett Museum.  
Bulk-hauler training seminar will be held at 7 p.m. in Shields 105.

**THURSDAY**  
Cabinetmaking show and sale continues from 8 a.m. to 8 p.m. in Herrett Museum.  
Families and Literacy Teleconference will be held from 10:30 a.m. to 1 p.m. in Aspen 108.

**FRIDAY**  
Cabinetmaking show and sale continues from 8 a.m. to 8 p.m. in Herrett Museum.  
CSI and Students in Free Enterprise computer show will be held from 3 to 10 p.m. in the gymnasium.  
The Nutcracker ballet will be presented at 7:30 p.m. in the Fine Arts auditorium.

**SATURDAY**  
Cabinetmaking show and sale continues from 8 a.m. to 8 p.m. in Herrett Museum.  
CSI and Students in Free Enterprise computer show continues from 8 a.m. to 8 p.m. in gymnasium.  
Military testing will be held at 10 a.m. in Shields 201.

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**TUESDAY, DECEMBER 12<sup>th</sup> - 8 p.m.**  
Household - Tools - Antiques  
Consignments Welcome - Jerome  
**KLARS AUCTION BARN**

**SATURDAY, DECEMBER 16<sup>th</sup> - 11 a.m.**  
Household Items - Tools - Motor Vehicles  
Farm & Construction Equipment  
Consignments Welcome - Jerome  
**THE AUCTION EXCHANGE**

# Drug dog Quenne joins Cassia patrol

By Jennifer Bunch  
Times-News writer

**BURLEY**—The newest member of the Cassia County Sheriff Department's patrol team is a 19-month-old German shepherd bred in Germany.

After two weeks on patrol, Quenne, pronounced "Quin," has assisted in three felony and three misdemeanor arrests, said his trainer, Deputy Tony White.

White applied for and received an \$8,000 grant and raised \$1,200 in local donations this year to pay for Quenne and officer training. The grant comes from the Idaho Criminal Justice Council, which channels federal funds into building criminal justice programs in Idaho. It is the second time White has applied for the grant, but in the past he was turned down.

Quenne and White trained together for four weeks in Austin, Texas, before they began patrolling in Cassia County. Quenne can sniff out narcotics and track wanted or missing persons as well as articles used in a search, such as clothing or a weapons.

"He's basically another officer on the street for us. He can see and smell things I can't," White said. Quenne has helped officers recover an ounce of marijuana and a

loaded handgun in a vehicle, three grams of marijuana, \$715 in cash that had been contaminated with marijuana, and two grams of methamphetamine, White said.

"The drugs he's found so far I wouldn't have been able to find," White said.

The U.S. Supreme Court has ruled that individuals should not expect a right to privacy in the air surrounding or leaking out of their vehicles, White said. Quenne can pick up a scent in the air and alert White that he smells something by either sitting down or changing behavior, White said. White then has probable cause to search the vehicle, he said.

Quenne also will come in handy for building searches, when officers are looking for suspects, White said. "There's so many times we're unable to get enough officers to search a building effectively," he said.

White commands Quenne in German. The foreign command is used so Quenne won't be confused by another person's voice. The dog lives with White and is under his care.

Quenne enjoys his job and bolts for the patrol car when its time to patrol, White said. "It is a game to him. He thinks he's finding a toy," he said.



Cassia County Sheriff's Deputy Tony White and partner Quenne, a German shepherd bred in Germany, are sniffing out crime.

## Briefly

### Thief jumps in river to evade police

**SPOKANE**—A determined thief tried to evade police by jumping into the frigid Spokane River and refusing to get out.

The man allegedly tried to steal a coat from the Bon Marche store in downtown Spokane on Saturday night, in the midst of the first major snow storm of the season.

He fled into the 18-degree night when chased by a security guard. The suspect, identified as Darrell Dwayne Ravellette, 34, ran into Riverfront Park and jumped into the river near the Howard Street bridge, police said.

Rescue crews, including a helicopter, were called. A police officer waded into the water and threw a rope to Ravellette; but he refused to be rescued.

Finally, with his body temperature down more than 4 degrees from normal, Ravellette surrendered. He was treated at a hospital for treatment of hypothermia and released to law officers.

He was booked into jail on suspicion of shoplifting and on previous outstanding warrants.

### 2 men shot outside Spokane tavern

**SPOKANE**—A member of the Hells Angels motorcycle gang is in jail following the slaying of one man and the wounding of another outside a Spokane tavern.

The slaying was the 21st of the year in Spokane, further extending the city's record year for homicides. Timothy Gail Myers, 42, a founding member of the Spokane chapter, was arrested after eyewitnesses identified him as the gunman.

Shortly after 2 a.m. Saturday, a fight broke out in the Comet Tavern in Spokane and spilled into the streets.

Eyewitnesses say three shots were fired, and two men fell to the ground. One man died and the other was severely wounded. Spokane police spokesman Dick Cottam said Sunday the department is withholding the name of the dead man pending notification of relatives.

Compiled from wire reports

**'He's basically another officer on the street for us. He can see and smell things I can't.'**

—Quenne's trainer, Deputy Toney White

## Muddy Milner canal



A heavy equipment operator worked on cleaning out an irrigation canal near Milner Recreation Area, last Friday. Several yards of material slid into the canal.

## Jerome man appointed to team

The Times-News \$1.9 million federal grant

**JEROME**—A Jerome man has been appointed by Gov. Phil Batt to help administer the School to Work program. Steve Thorson, Grosroads Ranch project manager, was appointed by Batt to the state School to Work Collaborative Team. The Jerome man will represent Region IV, the Magic Valley area.

The education program to link students with jobs is funded by a

## Bike

Continued from B1 received approval for a mobile home park but has not begun constructing the park.

Young will tell the council that stop or yield signs are not warranted at the intersections of Sunrise Boulevard with 11th Avenue East, Maple Avenue and Sherry Lane. Signs were requested for the three intersections.

The council will consider spending about \$34,000 to replace the Water Department's hand-me-down dump truck, inherited from

the Street Department years ago and now needing numerous repairs.

Renter Center, at 851 Main Ave. E., will ask for an exception to the city ordinance, which requires that stored equipment be screened from view. Manager John Mason said some of his business comes from people who see the displayed merchandise outside.

The developer of Pinnacle Subdivision will propose an agreement for public improvements in the subdivision.

The Office of Dr. Howard A. Donaldson & Dr. Jack G. Zarybnisky will be closed December 15 through 18. The office will re-open December 19, 1995, at their new location

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# Sports

## Minico football won't go to Division I

By Kevin Miller  
Times-News writer

RUPERT — Plans to move Minico High School up to Division I, Class A-1 football competition next fall are off after school officials petitioned the state against the proposal last week.

Minico athletic director Russ Wright convinced the Idaho High School Activities Association and athletic directors statewide that Minico did not deserve to be moved up.

The Spartans were scheduled to be competitive in football at the Division I level next fall because the school's average enrollment had topped 1,100 students.

For athletic competition, Idaho high schools are divided into four classes based

on enrollment, with Class A-1 comprising the state's largest schools.

Class A-1 football is further split into two divisions. Schools with an enrollment of more than 600 students, but fewer than 1,100, compete in Division II, while larger schools compete at the Division I level.

Burley and Minico both compete at Division II, but the 1995-96 Idaho Education Director shows Minico with an enrollment of 1,160 students.

"We've only been over the limit for a year," Wright said. "And depending on our fourth, fifth and sixth grade numbers, we may be going back down."

Since losing 26 consecutive football games from 1988 to 1991 at the Division II level, Minico recently has started to turn

the program around. The Spartans made a brief appearance in the state playoffs in 1994 and this year, under first-year head coach Steve Despot, finished 3-6.

Moving up to Division I would have adverse effects on that progress, Wright said.

"We're not saying we don't want to be Division I, we're saying we're not ready for Division I," Wright said. "If we become like (two-time defending state champion) Madison, yeah, I think it would be the proper time to step up and take that challenge."

There will still be changes in the Spartans' schedule next year, but they will favor a Minico state playoff berth.

Instead of moving up to face Division I opponents like defending state champion Highland, Pocatello, Idaho Falls, Skyline

and Twin Falls, the Spartans will square off with Madison, Rigby, Bonneville, Blackfoot, and Rigby in Division II's eastern district.

Three teams from the Division II eastern district playoff pool, as well as the western district where Burley plays, will qualify for the state playoffs next fall. Two of Minico's three wins last year came against teams in the eastern playoff pool.

Flying in a playoff pool, separate from cross-river rival Burley also sets up the possibility that the Spartans and Bobcats could someday meet for the Class A-1, Division II state football championship.

But if enrollment at Minico High School continues to grow, the Spartans eventually will have to move up to compete with bigger schools.

## Morning line

### Sportsquote

**"I thought I'd like to massage every horse in the world. That's why I decided to teach. There were just too many horses for me."**

—Equine sports massage therapist Lynn Johnson of Spokane

### Briefly

#### Waldorf's birdie wins \$250K in match

LA QUINTA, CA (AP) — Duffy Waldorf sank a 4-foot birdie putt on the 18th hole Sunday, giving him and Tom Lehman a 1-up victory over Kenny Perry and John Huston in the finals of the \$2.1 million Diners' Club Matches.

The winners split the \$250,000 first prize. Lehman and Waldorf fell behind by two holes on the front nine before Lehman birdied Nos. 12 and 13 to even the match.

"We really needed a lift," Waldorf said. "They had a chance to put us away early but Tom made a big birdie at 12 and came back with another at 13 to get us even."

Lehman saved par with a 6-foot putt at the par-3, 17th hole after hitting his tee shot into the sand.

Bob Murphy's 15-foot birdie putt at the 17th hole gave Murphy and partner Jim Colbert a 1-up victory over Dave Stockton and Hale Irwin in the seniors division.

"After I missed that 4-footer for birdie at sixteen I was very happy with the birdie at 17," Murphy said. "I didn't want to let my partner down and I know he doesn't want to let me down. It's a little bit of extra pressure that match play creates."

#### Ivanisevic accepts \$1.625 million check for Cup win

MUNICH, Germany — A relaxed Goran Ivanisevic overpowered an injury-plagued Todd Martin, then accepted a check for \$1.625 million — the richest prize in tennis — for winning the Grand Slam Cup.

Ivanisevic fired 28 aces in a match that lasted only 1 hour, 43 minutes Sunday. He won 7 (7-4), 6-4, 6-3, 6-4 and cited his mental outlook as crucial to his success.

"I played without pressure this week and I played very good tennis," the Croatian said.

"Ivanisevic's victory in the \$6-million tournament was the most frustrating year without a title on the ATP tour. Even so, Ivanisevic earned \$3.7 million in 1995.

"I can hardly believe it," he said. "After a not-so-good year... No one counted on me here and that makes me even happier."

Martin, hampered by physical woes, wasn't able to mount much of a challenge.

#### UCLA's Donahue to announce decision on retirement

UCLA officially opened workouts Saturday at its Spaulding Field practice facility for the Aloha Bowl among speculation that the Christmas Day game in Hawaii may be Coach Terry Donahue's last.

Although there have been rumors that Donahue already has decided to resign, Athletic Director Peter Dallas has said he has yet to hear a decision from his coach.

Donahue told his team Saturday that he would announce his decision sometime during the middle of the week.

This is Donahue's 20th season as UCLA's coach. When the Bruins defeated cross-town rival USC last month for the fifth consecutive year, it made Donahue the winningest coach in Pac-10 history, with 98 conference victories.

Compiled from wire reports

### Sportslate

#### Today

High school girls' basketball  
Castroville at Buhi JV, 8 p.m.  
Dierich at Gooding, 6 p.m.  
Shoshone at Hagerman, 8 p.m.  
TFCA at Jackpot JV, 4:30 p.m.

### SPORTS LINE

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The Times-News

## Former Vandal rallies Seattle

### Friesz performs under pressure to win late in game

The Associated Press

This is becoming a full-fledged slump for the Dallas Cowboys.

If things were dreary in their training camp after last week's loss to Washington, they aren't going to get much better this week following Sunday's 20-17 defeat at Philadelphia.

The loss, combined with San Francisco's 31-10 victory over Carolina, cost the Cowboys the edge for home field in the NFL playoffs.

Philadelphia twice stopped Emmitt Smith on fourth-and-1 from the Dallas 29 and then Gary Anderson kicked a winning 42-yard field goal with 1:26 left. Smith's first attempt was wiped out by the two-minute warning whistle. Coach Barry Switzer decided to try again, and again the Eagles stuffed Smith.

### Pro football

#### Seahawks 31, Broncos 27

Backup John Friesz threw two touchdown passes in the final 4:10, and the Seattle Seahawks rallied from a 20-0 deficit to damage the Denver Broncos' playoff hopes 31-27 on Sunday.

The Seahawks' late flurry overshadowed an NFL record by Denver's Glyn Milburn, who had 404 all-purpose yards.

Friesz, a former University of Idaho quarterback, replaced Rick Mirer late in the first half when Mirer suffered a slight sprained left shoulder. He led the Seahawks to scores on their first three possessions of the fourth quarter.

Seattle (7-7) began its final-period blitz with an interception by Eugene Robinson — the fourth of five Denver turnovers. The Seahawks marched 87 yards, capped by Chris Warren's 24-yard burst up the middle, to cut the deficit to 20-7 with 11:06 left.

Denver (7-7) countered four minutes later. Milburn's 45-yard kickoff return got Denver started at its own 46 and, after a 21-yard pass interference penalty against Selwyn Jones, Elway sneaked 1 yard for the TD and a 27-17 lead with 7:16 to go.

#### Steelers 29, Raiders 10

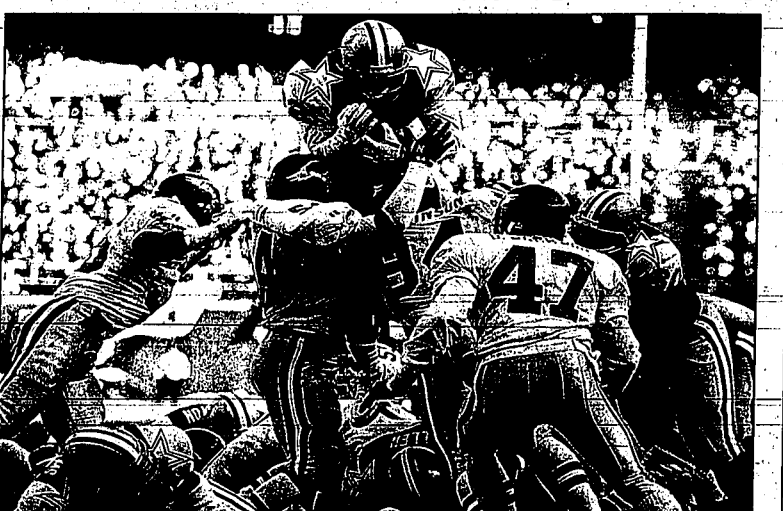
By shutting down the Raiders' running game, the Pittsburgh Steelers put all the pressure on an Oakland quarterback making his first start. Billy Joe Hobert wasn't up to the challenge Sunday.

The Steelers, who have the NFL's stingiest defense, made four interceptions in winning their seventh straight game, 29-10. Oakland has lost four in a row, the last three without regular quarterback Jeff Hostetler.

Neil O'Donnell threw scoring passes of 37 and 14 yards to Ernie Mills in the first half, while Johnson kicked five field goals for the Steelers.

O'Donnell was 15 of 31 for 230 yards, while Mills caught five passes for 93 yards. Ernie Pegram had 26 carries for 122 yards.

The Raiders, who moved back to Oakland this season after 13 years in Los Angeles, have lost three straight games at the Oakland Coliseum for the first time in club history.



Above, Dallas Cowboys' Emmitt Smith's inability to find the end-zone from the eight-yard line through the Philadelphia Eagles' defense foreshadowed the Cowboys' troubles Sunday. They lost to Philadelphia, 20-17, at Philadelphia's Veterans Stadium. Below, Seattle Seahawks Robert Blackmon forces a fumble from Denver Broncos John Elway. Antonio Edwards would recover the loose ball for an 83-yard Seattle touchdown.

#### 49ers 31, Panthers 10

San Francisco got even for Carolina's surprise victory last month, punishing the Panthers and pulling even with Dallas at 10-4. Steve Young, who sat out the first game between the teams, threw for two touchdowns and ran for a third. Young completed 31 of 45 passes for 336 yards in his best performance since shoulder surgery Nov. 13.

#### Falcons 19, Saints 14

Morten Andersen kicked four field goals including an NFL record of three of more than 50 yards to push Atlanta past the former New Orleans teammates. His field goals of 25-31-55 and 55 yards helped the Falcons (8-6) snap a two-game losing streak to remain in the wild-card chase. The Saints (6-8) had won five of their previous six.

#### Bills 45, Rams 27

Jim Kelly threw four touchdown passes despite a sore throwing shoulder and Thurman Thomas returned from a hamstring injury that's hampered him most of the season with 129 yards rushing in Buffalo's victory. Kelly, who threw five interceptions the last two weeks, completed 19 of 25 passes for 237 yards and had one picked off.

#### Colts 41, Jaguars 31

Aaron Bailey returned the opening kickoff 95 yards for a touchdown and the Colts scored twice after Jacksonville turnovers to beat the Jaguars. Indianapolis (8-6) remained on track



For a wild-card spot in the AFC, Willie Jacksonville (3-11) lost its sixth in a row.

#### Lions 24, Oilers 17

Detroit's top-ranked offense got a pair of TD passes from Scott Mitchell to Herman Moore and beat Houston for the Lions' fifth straight

#### win: No. 1 pick Steve McNair threw his first career touchdown pass for the Oilers.

#### Bengals 16, Bears 10

Doug Pelfrey kicked three field goals and Jeff Blake threw a 38-yard TD pass to Darnay Scott to lead Cincinnati. Pelfrey connected from 39, 28 and 37 yards as the Bears' December road problems continued. Chicago has not won on the road in December since 1987.

#### Patriots 31, Jets 28

Troy Brown scooped up Dave Meggett's fumbled kickoff return and reced 75 yards for the go-ahead touchdown with 5:39 left as New England blundered its way past the-bumbling Jets.

#### Giants 20, Redskins 13

Where Barry Switzer and the Cowboys failed, Dan Reeves and the Giants succeeded. Rodney Hampton made the needed yard on a fourth-and-1, keeping a late drive going and Dave Brown followed with a 40-yard TD pass to Chris Culloway to beat Washington.

#### Buccaners 13, Packers 10, OT

TAMPA, Fla. — Michael Husted kicked a winning 47-yard field goal into a stiff wind, and the Tampa Bay Buccaneers are alive for a playoff spot.

Husted delivered his third winning kick of the year Sunday night, converting with 11:14 remaining in overtime and sending the Buccaneers past the Green Bay Packers 13-10.

## Smoothing relations puts Trenkle in Hall of Fame

The amazing career of Shoshone native Fred Trenkle took another nice turn this past week with the announcement the former Indian and member of the first Golden Eagle team will be named to the National Junior College Athletic Association's basketball hall of fame.

Not that being the winningest coach by percentage at 225-34 isn't credential enough. It's the fact that some of the stormy waters that occurred between the former College of Southern Idaho coach and the NJCAA's executive secretary George Killian obviously have smoothed.

It seems that Fred hadn't coached a game here before he and Killian had a run-in during a regional meeting. Killian, who was the NJCAA's only full-time employee, had put a stop to Fred Taylor, a 6-8 player, transferring from Oregon to CSI for his sophomore year.

Unfortunately — and rightly or wrongly — the word floated back to Twin Falls that Killian had said something along the line that Taylor would be eligible at any junior college but CSI.



Larry Hovey

The line for public consumption was something else, of course. Still, Trenkle was fired up and charged the NJCAA with careless disregard of Taylor's education and future.

Taylor, who had a little shouting match and Killian having a little shouting match with a Coeur d'Alene motel.

The NJCAA held the hammer, but it wasn't until CSI won the 1987 national tournament that it was able to drop it. And they dropped it right on Fred.

There was nothing they could do about Fred's Eagles winning the national title but there was in the post-tournament honor. For instance, Fred became the first championship coach to not be named coach of the year. For instance, instead of CSI's

candidate Erick Newman getting tournament MVP, it went to a Herkimer CC player who led his team to fourth place.

When Fred went back to the Olympic tryouts in Colorado later, he and NJCAA officials found a little common ground. Things went more smoothly thereafter.

In fact, Fred is a little philosophical about that night in Hutchinson.

"That year, they (tournament officials, etc.) were upset that Midland didn't win it since they'd beaten San Jacinto and a couple of other good teams," Trenkle said over the phone Friday from Southern California, where he's in his second season at San Diego State.

Indeed, Midland's Jerry Stone was named coach of the year.

Stone seemed a little self-conscious standing out there taking the coaching prize minutes after losing to Trenkle. And he heaped praise on Fred and suggested the trophy likely was more Fred's than his.

Trenkle did the polite thing, picked up the team championship trophy, waved it overhead and said that was enough for him.

When they were preparing to give the tournament MVP trophy out, Trenkle leaned close to Newman and said "get ready."

I will have to admit that my certainty that Erick would see it was not as great as Fred's. Midland had a kid named Mookie Blacklock, who went on to Oklahoma and is in the NBA now. Midland also had another excellent guard in Todd Duncan who deserved consideration.

But it's doubtful if anyone in the place was ready for "Jim Smith of Herkimer (N.Y.)" Even the crowd seemed a little puzzled but picked up the applause in pretty good shape.

So it was with great surprise — and happy satisfaction — when the Times-News learned Wednesday that Fred was to be accorded the hall of fame honor on his first year after nomination.

One thing's for certain: Fred can land on his feet. And good for him!

Larry Hovey is a sportswriter for The Times-News.



# Unknowns skate to championship

**LANDOVER, Md. (AP)** — Two upsets, a low-in and a do-over. Drama abounded and the unexpected reigned at the World Professional Figure Skating Championships on Saturday night. Brian Boitano and Kristi Yamaguchi were considered unbeatable but were clearly outskated and lost their respective crowns to first-time winners Kurt Browning and Yuka Sato.

"I'm very surprised, totally ecstatic, and a little flustered," said Browning, whose rubber-legged performance to the Commodores' 1970s hit "Brick House" wowed the crowd of 18,150 and earned an aggregate score of 49.9 out of 60.

Czech pair Radka Kovarikova and Rene Novotny got a second chance after Kovarikova damaged her skate when she clipped a lighting decoration late in their program. Kovarikova rested her skate — a Tonya Harding — on the rinkside boards while repairs were made and organizers went over the rules. "They got to do the whole thing over again," and came out winners.

"When I hit the board, I totally damaged my edge," Kovarikova said. "I didn't know what I was going to do."

The race constant on the night was reaffirmation of the skating audience's long-time love affair with Jayne Torvill and Christopher Dean, who collected nine 10.0s on the evening and were showered with applause and affection as they won the dance for the fourth time.

It was hard to decide who pulled the bigger upset, Browning or Sato. Browning didn't give himself much of a chance coming in, and he was trailing Boitano after the technical program.

"I didn't really think Landover as my type of competition," Browning said. "But when people stood up after my first number, I thought to myself, 'I think there's some magic here tonight.' So I tried to maintain



Jayne Torvill and Christopher Dean compete in the technical program portion of the dance competition at the World Professional Figure Skating Championships in Landover, Md., Saturday.

it for the next hour and a half."

Browning, a four-time world champion on the Olympic-eligible level, struggled after turning pro last year. He said before the competition that he had reached a point in his career where shows meant more than titles, but afterward he had no trouble real-

izing the importance of his victory.

"It means a lot to me, because I had a water-logged year last year and couldn't get going," the Canadian skater said. "I really kind of saw a night like this not happening again. Having a year like that means you don't take skating for granted. I went

home and learned how to work again.

Boitano's powerful technical program, a reprise of his 1994 Olympic free skate to "Appalachian Spring" was negated by a classic-style artistic program that looked tame compared to Browning's dynamic gymnastics.

"I think it was the best all-around competition for me this year," said Boitano, a six-time winner of the event. "It's so subjective, artistic programs. I won the technical, that's what's important to me."

Dressed in pink, Sato touched down on one jump and two-footed another landing in a romantic program to music from "Jeckyll and Hyde." But it was a more challenging artistic program than the one skated by Yamaguchi, who wore what was basically a nightgown for a playful routine that looked more at home in an exhibition than a competition.

Sato's only other major title, at the 1994 World Championships held in Japan, was credited to home-ice advantage, so her victory here helped justify her claim as a true champion.

"In the United States, to win as a Japanese ... it is not easy to do. No one really knows about me," Sato said. "It is really hard for me to win in this country. I just started getting the feeling when kind of stuff-American audiences like."

The expected duel between Yamaguchi and Nancy Kerrigan, in their first meeting as pro, never materialized. Kerrigan was rusty in her only major individual competition this season, and finished fourth behind Denise Biellmann of Switzerland.

Torvill and Dean came up with two crowd-pleasing performances to Simon and Garfunkel songs to edge the spell-binding dramatic routines of Marina Klimova and Sergei Ponomarenko. Dean wore glasses and an orange vest to play a goofy lover-boy to "Cecilia."



Boston Celtics' Dee Brown goes over an Atlanta Hawks defender during game action in Boston, Sunday. The Hawks won the contest 108-103.

## Hawks down Celts; Grizzlies season grisly

**BOSTON (AP)** — Ken Norman had 26 points with nine rebounds and Grant Long scored 15 with 16 boards on Sunday night as the Atlanta Hawks stopped a five-game losing streak with 108-103 victory over the Boston Celtics.

Norman's basket with 2:38 left tied the game at 98, and Long made two free throws with 1:42 left to give the Hawks the lead for good. Norman then made a fall-away as the shot clock expired for a four-point lead.

Dino Radja scored 28 with nine rebounds to lead the Celtics, who fell to 8-10 and wasted a chance to reach .500 for the first time since Dec. 2, 1994. The Hawks won for the first time since beating Philadelphia on Nov. 29.

**Raptors 93, Grizzlies 81**  
VANCOUVER, British Columbia — The Vancouver Grizzlies set an NBA record for futility by an expansion team with their 18th straight loss Sunday night, and they couldn't have picked a worse opponent.

The Toronto Raptors, that other expansion team from the eastern side of Canada, beat Vancouver 93-81 behind rookie Damon Stoudamire's 24 points, 8 assists and 7 rebounds.

For one night, it was the Canadian Basketball Association. But for the Grizzlies, it was a record.

**Kings 118, Spurs 112, 2 OT**  
SAN ANTONIO — Playing most of a second overtime without three of

their starters, the New York Knicks beat the San Antonio Spurs 118-112 on John Starks' driving layup with 24.6 seconds remaining Sunday night.

Starks scored eight of his 25 points in the second overtime.

San Antonio got a season-high 45 points and 10 rebounds from David Robinson, but turned the ball over five times in the extra period, including twice in the final minute.

**Pacers 111, Clippers 104**  
INDIANAPOLIS — Rick Smiths needed just 11 minutes of playing time to top his season-high of 16 points and finished with a career-high 44 Sunday to lead Indiana over the Los Angeles Clippers 111-104.

Smiths tied the team record for field goals with a career-high 20 in 29 attempts. He scored 13 points in each of the first two quarters, the 7-foot-4 center capitalized on his height advantage to dominate Brian Williams and Keith Turner inside.

**Kings 110, Heat 90**  
SACRAMENTO, Calif. — The Sacramento Kings capitalized on the absence of three injured Miami Heat starters and rolled to a 110-90 victory Sunday night.

Playing without Alonzo Mourning, Kevin Willis and Billy Owens, the Heat suited up nine players. Their reserves were outscored 55-19 by the Kings' bench.

Guard Mitch Richmond, playing only 22 minutes, paced a balanced attack with 15 points as Sacramento won for the sixth time in seven games.

## Jerome rodeo hand falters at National finals

**LAS VEGAS (AP)** — Jerome steer wrestler Mike Smith learned again Sunday just how rough a ride the National Finals Rodeo can be.

Leading the world standings nearly all year, Smith hoped to win his first world title with a strong performance at the \$3 million National Finals — pro rodeo's richest event.

But he finished out of the money again in Sunday's final go-round, instead watching Ote Berry of Checotah, Okla., win his fourth world title.

Berry won the final steer wrestling go-round and also set a seasons earning record in his event, with \$117,987. He won \$58,718 at the NFR.

Rester Reynolds of Twin Bridges, Mont., won the NFR average to raise his earnings to \$99,382. At the NFR, Reynolds won \$54,849 and moved from 13th overall to third.

Smith fell out of the in the world standings and did not finish among the top five at the NFR.

Jerome Davis knew what he had to do to win his first bull riding championship. He needed, not only to stay atop his bull but to finish fourth or better in the round and the second-place Terry West of Henryetta, Okla., scored an 89-to-take the lead in the final go-round.

Davis, of Archdale, N.C., scored an 84 on The Jam of the Bad Rodeo Co. to finish third in the round and win his first world championship,



Steer wrestler Ote Berry of Checotah, Okla., competes during the final round of the National Finals Rodeo Sunday in Las Vegas. Berry finished first in the round with a 3.80 and clinched his fourth world championship title.

but it was by the slimmest of margins.

Davis won \$72,732 at the NFR for a total \$135,280. He beat West by \$3,137.

"I knew I had to go out and ride my bull," Davis said. "I tried to stick to the basics and tried to ride like I had all year."

Fortunately for Davis, the first

bull riding champion from east of the Mississippi, he didn't ride exactly like he did all year. At a rodeo in Odessa, Texas, Davis was thrown by The Jam.

## Lady Vols continue undefeated, beat Texas

**KNOXVILLE, Tenn. (AP)** — No. 2 Tennessee, led by Chamique Holdclaw's 19 points, beat Texas 63-67 Sunday and tied a national record with its 68th consecutive home-court victory.

The Lady Vols (8-0) also got 15 points from Abby Conklin and 12 each from Michelle Marciniak and Patricia Thompson.

Kim Lutz (7-2) was led by reserve Kim Lutz with 20 points, including five 3-pointers. Vanessa Wallace, another reserve, added 18 points and Erica Routh had 11.

The Lady Vols matched the No. 1 A-10, receiving an "A" by Auburn (1986-87). Tennessee has not lost at home since Jan. 28, 1991, to Georgia. Twenty-six of the 68 victories were nationally ranked at the time. Texas has lost three games during the streak.

**No. 3 Connecticut 88, Duquesne 60**  
STORRS, Conn. — Nykesha Sales scored 18 points Sunday and No. 3 Connecticut won its sixth straight Connecticut Classic title with an 88-60 victory over Duquesne.

The Huskies, who have won eight in a row, are 12-0 in their own tournament.

Michelle Elliott, who had 16 points and 11 rebounds for Connecticut, was named the tournament's Most Valuable

### Women's college basketball

Player. Karn Wolters added 14 points and Carla Berube contributed 10 for UConn while Jennifer Rizzotti had eight assists.

**No. 7 Arkansas 65, SW Missouri St. 58**  
FAYETTEVILLE, Ark. — Sytha Messer's promising freshman averaging just 3.1 points a game, struck for 18 points Sunday to lead No. 7 Arkansas to a 65-58 victory over Southwest Missouri State.

Christy Smith added 14 points for the Lady Bears with 18 points and Latoya Davis added 13.

Arkansas went ahead for good, 60-56, with 1:21 left on a tip-in by Messer followed by a layup on a steal by Smith. Kimberly Wilson added three free throws in the final 23 seconds.

**No. 8 Colorado 66, San Francisco 56**  
SAN FRANCISCO — De Cella Thomas had 21 points and No. 8 Colorado to a 66-56 victory over San Francisco on Sunday.

Eric Scholz added 16 points and seven rebounds for Colorado (10-2), which has won three straight.

The loss broke a 17-game home winning streak for San Francisco (3-

), which was led by Valerie Gillon, who had 17 points and 10 rebounds.

**No. 9 Stanford 91, Santa Clara 51**  
STANFORD, Calif. — Olympia Scott scored a career-high 22 points as No. 9 Stanford routed Santa Clara 91-51.

The Cardinal (3-1) won their 19th consecutive home game and improved to 3-1 overall.

Scott, averaging seven points coming in, made a jumper at the end of the first half to give Stanford a 39-29 lead.

After teammate Kate Starbird made a 3-pointer to start off the second half, Scott sank three straight layups to break open the game at 48-29.

**No. 10 Purdue 90, Indiana 50**  
BLOOMINGTON, Ind. — Freshman Stephanie White scored 28 points in 26 minutes Sunday afternoon to lead No. 10 Purdue to a 90-50 win over Indiana State in the Big Four Classic.

White made 9-of-12 shots, including 3-of-4 from 3-point range. She also made all seven of her free-throw attempts and grabbed five rebounds for the Boilermakers (4-3).

13 rebounds, and Northwestern scored the game's first 18 points as it beat No. 16 Kansas 62-42 Sunday.

The Wildcats' lead stretched as high as 26 late in the first half, with Northwestern holding a 43-21 advantage at halftime.

The Jayhawks (3-3) made a run early in the second half, reducing the Wildcats lead to 38-49 with 11 minutes left. But Northwestern put together an 11-0 run to take control.

Michelle Raitay scored 24 points and added eight rebounds for the Wildcats, with Christina Braden adding 11.

**No. 17 Duke 76, Seton Hall 66**  
DURHAM, N.C. — Tysh Hall scored 26 points and grabbed 12 rebounds Sunday to lead No. 17 Duke to a 76-66 victory over Seton Hall.

The Blue Devils (8-1) extended their non-conference home winning streak to 23 games.

Duke trailed 10-4, then went on a 16-10 run, using a 20-20 run. Jennifer Scanlon hit a 3-point shot and scored on a layup following a steal by Kim Orr. Orr's layup with 5:22 remaining split Duke's first lead, and the Blue Devils were ahead 38-33 at halftime. The Blue Devils never trailed in the second half.

## Briefly in sports

**German fans get ugly over decision**  
STUTTGART, Germany — In a decision that triggered an ugly riot, Frans Botha of South Africa beat Axel Schulz for the vacant IBF heavyweight championship.

When Botha was announced as a split-decision winner, outraged German fans flung coins, beer and champagne bottles into the ring Saturday night. Officials later revised the scoreboard from the three judges, giving the unbeaten South African a unanimous decision.

Six people were treated in a hospital for cuts by flying glass in the mayhem around the ring. None were injured seriously, police said.

Police said many people in the crowd were drunk. Some tried to climb onto the ring. Fans sought shelter under tables and others tried to flee in panic.

The bout pitted the top two challengers for the IBF crown that was stripped from George Foreman, whose last fight was a disputed 12-round win against Schulz.

**Wisconsin wins NCAA soccer title**  
RICHMOND, Va. — Now that Wisconsin is the NCAA soccer champion, it wants respect.

"We are the national champions," midfielder Mike Gentile said after Sunday's 2-0 victory over Duke in the final. "I don't want to see it in the paper that it was a fluke. This was a great team and I don't know what else we have to prove to anyone."

Former walk-on Lars Hansen scored in the ninth minute after Travis Roy's shot caromed off a crowd, and Chad Cole scored in the 63rd minute, his first of the season.

Wisconsin (20-4-1) became the first team to go the entire tournament without giving up a goal since San Francisco in 1976. The Badgers did it in five games, the Donruss Four.

Jon Belaskis, forced into action when regular goalkeeper Todd Wilson sustained a season-ending elbow injury, made only two saves in his third straight shutout. He did not allow a goal in 321 minutes of the tournament.

# Scores and stats

## Football

### NFL standings

Team	W	L	T	Pct	PF	PA
Buffalo	9	6	0	.600	217	226
Indianapolis	8	7	0	.538	247	249
Miami	8	7	0	.538	247	249
New England	8	7	0	.538	247	249
N.Y. Jets	3	11	0	.214	227	286

### NATIONAL CONFERENCE

Team	W	L	T	Pct	PF	PA
Dallas	10	4	0	.714	375	258
Pittsburgh	10	4	0	.714	375	258
N.Y. Giants	8	6	0	.571	287	263
Washington	4	10	0	.286	274	319

### AFC STANDINGS

Team	W	L	T	Pct	PF	PA
San Francisco	9	6	0	.607	303	200
Los Angeles	8	7	0	.538	301	201
San Diego	8	7	0	.538	297	247
Seattle	5	10	0	.333	260	330

### INDIVIDUAL STATISTICS

Player	Team	Yds	TDs
Tommy Jones	IND	118	1
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## Sports on TV/Radio

Event	Station	Time
College Football, Division III Champ. ( taped )	ESPN/Ch. 13	11 a.m.
Southern Professional Super Series	Prime Sports/Ch. 84 (HT)	11 a.m.
Cycling-AMC/AMC	Prime Sports/Ch. 84	11 a.m.
Pro Football, Chiefs at Dolphins	Prime Sports/Ch. 84 (HT)	1 p.m.
Pro Football, Chiefs at Dolphins	Prime Sports/Ch. 84 (HT)	1 p.m.
Soaking, World Cup	ESPN/Ch. 13	7 p.m.
Pro Basketball, Hornets at Jazz	Prime Sports/Ch. 84 (HT)	9:30 p.m.
Off-road racing, Baja 1000	ESPN/Ch. 13	11 p.m.
Boxing, Tony-Evett	ESPN/Ch. 13	1:30 a.m.

## Television

Event	Station	Time
Pro basketball, Hornets at Jazz	KBBK/97.0 AM	7 p.m.

## Radio

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Pro basketball, Hornets at Jazz	KBBK/97.0 AM	7 p.m.

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## Men's college top 25

Rank	Team	W-L	Points
1	Arizona	10-1	1,000
2	Arizona State	10-1	950
3	Washington	10-1	900
4	Utah	10-1	850
5	Utah State	10-1	800

## Women's college top 25

Rank	Team	W-L	Points
1	Arizona	10-1	1,000
2	Arizona State	10-1	950
3	Washington	10-1	900
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## NBA standings

Team	W	L	T	Pct
Los Angeles Lakers	18	16	0	.529
San Antonio Spurs	18	16	0	.529
Phoenix Suns	18	16	0	.529
Portland Trail Blazers	18	16	0	.529

## WESTERN CONFERENCE

Team	W	L	T	Pct
Los Angeles Lakers	18	16	0	.529
San Antonio Spurs	18	16	0	.529
Phoenix Suns	18	16	0	.529
Portland Trail Blazers	18	16	0	.529

## EASTERN CONFERENCE

Team	W	L	T	Pct
Orlando Magic	18	16	0	.529
New York Knicks	18	16	0	.529
New Jersey Nets	18	16	0	.529
Washington Wizards	18	16	0	.529

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# FOCUS and Classified

# Living on high hopes

## Gorazde has survived, now looks to future

The Associated Press

**GORAZDE, Bosnia-Herzegovina** — This is a town that came to the gates of hell.

For 3½ years as an island of government-held territory surrounded by Serbs, the mostly Muslim residents of Gorazde held out by sheer stubbornness and a few slender threads.

Winter, spring, summer, fall: No heat, no water, no electricity except what little could be generated by a fleet of homemade paddle-wheels floating in the Drina River. Hungry people trekked 45 miles over Serb-held mountains for food. Several thousand people died.

With the peace accord being signed in Paris this week and NATO troops trickling into Bosnia to enforce it, the 60,000 residents of Gorazde are finally allowing themselves a glimmer of hope.

Not only have they stood firm, it is their Serb foes who are relinquishing their land so that Gorazde can be connected to Sarajevo.

"I hope it will be better when the Dayton plan is signed," said Zeljko Ševrić, 40, wearing a market dress in a tired red sweater and leather jacket. "When NATO comes, I firmly believe that it will be better."

Better wouldn't take much in Gorazde. "We've been an island," said Sovsic. "You can imagine being one day without electricity and water — we've been living without it for 3½ years."

From the doctor who operated on war casualties without electricity to Sovsic, who was a factory worker back in the prewar days when people actually had jobs, Gorazde residents have high hopes for peace.

The enclave, about 120 square miles of low mountains, was one of six U.N.-protected "safe areas." It was the largest of the three in eastern Bosnia and the only one to survive — Srebrenica and Zepa, to the north, fell to the Serbs in July.

Gorazde itself was subjected to repeated attack. NATO launched its first airstrikes in April 1994 to protect it.

Alija Begovic, 42, a general practitioner who ran the hospital, estimated that between 4,000 and 5,000 people were killed in Gorazde, 80 percent of them civilians.

An unexploded shell still sits with its nose buried in the dirt just a few steps from the main entrance of the sand-bagged, three-story hospital.

There are now hopes that the suffering is gradually ending. The opening of convoy routes has alleviated a food shortage, and officials are negotiating for electricity.

On Saturday morning, an outdoor market was crisscrossed with people buying and selling potatoes, leeks, home-canned goods, tied bundles of flat brown tobacco leaves and all manner of used clothing.

Teen-age girls gathered and walked arm-in-arm past shell- and bullet-pocked buildings.



A young Bosnian refugee is hesitant to come out from behind a carpet as a UN convoy arrives in the UN protected enclave of Gorazde Saturday. For 3 1/2 years, residents, mostly Muslim, have held out without heat, water or electricity. Top right, refugee children warm themselves around bags of burning rags on the shore of the Drina River in the city. Above, homemade paddlewheel generators tethered to a city bridge float in the river. The generators were used to help power the city during its siege and are still being used until electrical connections can be negotiated.

Groups of soldiers stood talking and smoking. A few middle-aged women had taken fur stoles out of storage and draped them around their necks.

Local officials have made preliminary contacts with the Serbs to patch transmission lines in the hopes of getting electricity by Christmas.

Gorazde sits between two Serb-held towns on the Drina, Visegrad and Foca. The head of the district government, Rijad Rasic, a tall, modest man with thinning curly hair and broken teeth, has offered to let Serbs transmit electricity from a dam at Visegrad to Foca — if Gorazde gets a share.

U.N. civil affairs officer Brian Sadler said he sees reason for optimism in such practical problem-solving. "The hope for the future is that everyone is thinking like a community again," he said.

It is due to a mix of problem-solving and stubbornness that Gorazde survived at all. When Serbs refused to allow food aid in, Gorazde residents trekked over the mountains through 45 miles of Serb-held territory to Grebak, near Sarajevo, which was the nearest government-held spot. Men, women, and sometimes children picked up bags of flour and lugged them back.

The trip normally took 12 to 16 hours of night-walking, and some men carried as much as 175 pounds on their backs.



AP photos

"You can try it," Rasic said. "Dark nights without a moon. A small compass. Up and down mountains. Lots of creeks. Heavy baggage. Nothing you could see."

Some people didn't survive. But the flour came through.

Gorazde residents generated a little of their own electricity by building paddle-wheels. Dozens of the contraptions, floating on oil drums, are bobbing on the green-blue Drina, taking advantage of its swift current.

Bunched under bridges, each is connected to the shore by a wire that runs to houses and apartment buildings. Each can generate enough electricity to give five households a little bit of light.

Begovic didn't have electricity in the hospital, but his team of a dozen doctors did the best they could. "We couldn't do abdominal surgery, and a lot of people died," he said.

Despite the horrors, there are hopes that at least some of the Serbs who left when war broke out — the town was once about a quarter Serb — will return.

"I really hope they live with us in the future," Sovsic said. "I had a lot of close friends on the other side."

But can they live with those who were in the surrounding hills, firing down on Gorazde?

"That's the most delicate question," said Begovic. "You don't know who was on that hill."

# Serbs move into homes they destroyed in Foca

The Associated Press

**FOCA, Bosnia-Herzegovina** — Like 3,000 other Serbs, Ratko Mujovic and his family moved to this half-burned town when leaders reached a peace accord that would bring them large back to the Bosnian government.

Only six miles south of their village of Ustikolina, Foca was taken over by the Serbs and purged of its Muslim population at the start of the war. The Serbs looted and torched the town as the Muslims fled.

Now Mujovic and the others are forced to live amid their own destruction.

Ustikolina was part of what in Dayton, Ohio, became known as the "Whisky Route" — the corridor given to the government to link Sarajevo and Gorazde, the only Muslim enclave left in eastern Bosnia.

As they finalized their accord for peace in Bosnia, negotiators reportedly agreed to broaden the corridor while drinking whisky and viewing the Bosnian landscape along a highway, virtually reality mapping system.

Reality itself is more primitive and more painful.

Mujovic's new home is a half-ruined house on the outskirts of Foca. Mujovic stares blankly at his war-crusted id spring 1992. It is walls, no roof.

Like tens of thousands of others, he has no idea whose house he has moved into. He has no idea whose house he has moved into.



AP photo

A group of Bosnian Serb children share a ride on a refugee's tractor trailer in the Bosnian Serb town of Foca, 50 miles south of Sarajevo Saturday. Serbs are moving from the village near Foca which are to go under Muslim-Croat rule according to the Dayton peace agreement.

Mujovic's new home is a half-ruined house on the outskirts of Foca. Mujovic stares blankly at his war-crusted id spring 1992. It is walls, no roof. Like tens of thousands of others, he has no idea whose house he has moved into. He has no idea whose house he has moved into.

# Unification of Sarajevo asks enemies to be neighbors

Los Angeles Times

**ILIDZA, Bosnia-Herzegovina** — Milord Jokić, a well-dressed lawyer from a prominent Sarajevo Serbian family, spoke calmly of his fears of life under the rule of the Muslim-led Bosnian government. But suddenly, as he described what he expects will be a brutal future of misery and intimidation, the 61-year-old man's eyes reddened and his face contorted in uncontrollable sobs.

"Where will I go?" he cried Saturday, standing in the middle of the Ilidza market. "I have no place to go, but I cannot wait for the Muslims to come. I must leave because of my sons, my family!"

In this and the four other Serb-held districts that surround the battered Bosnian capital of Sarajevo, gunfire has stopped but peace seems distant and reconciliation impossible.

The U.S.-sponsored agreement ending the war in Bosnia-Herzegovina, which is scheduled to be signed this week in Paris, provides for the unification of Sarajevo by restoring the Serbian suburbs to government control. Sarajevo will become the only place in all of Bosnia where enemies are being asked almost immediately to live together again.

But many Serbs say they will never accept being governed by the Muslim-Croat federation that will control half of Bosnia.

Unless they are granted better guarantees for their safety, the Serbs say they will abandon their homes in a mass exodus. Some vow to torch their properties as they go — or to stay and fight.

The growing conflict over Sarajevo has emerged as a major threat to the peace process. Reflecting its concern, the Clinton administration dispatched chief negotiator



AP

Richard Holbrooke to the region over the weekend to extract renewed assurances from Bosnian President Alija Izetbegovic that the rights of Serbs will be protected.

But such diplomatic gestures mean little to the Serbian residents, whose fears are being fed by deliberate misstatements from their leaders and discouraging statements from Bosnian government officials.

Izetbegovic said last month that all Serbs are welcome to remain in Sarajevo — except those who had taken up arms against the Bosnian government. That would exclude virtually all Bosnian Serb men between the ages of 16 and 60, most administration dispatched chief negotiator

Please see SARAJEVO/C2

World

Possible Ebola to be checked in Liberia

TABOU, Ivory Coast (AP) — Medical experts tried to secure safe passage within war-ravaged Liberia on Sunday to search for possible victims of Ebola, the lethal virus found in a Liberian refugee in Ivory Coast.

The refugee has been isolated in a clinic in the village of Gozon and is expected to recover, the police chief in charge of the Tabou region, Col. Momo Dosso, said.

Dosso identified him as 25-year-old Jaster Chea, who fell ill in his Liberian village and crossed the border on foot with his wife to seek treatment. They arrived about two weeks ago in the crowded refugee city of Nero, 12 miles from the border, and two days later, Chea went to the clinic in adjacent village Gozon.

Doctors initially treated him for cholera, but when the symptoms persisted he was isolated and blood samples were sent to medical laboratories. Ebola, a virus that kills 80 percent of its victims, was diagnosed and announced Friday by the World Health Organization.

The announcement came four months after an Ebola outbreak in Zaire was declared over. That outbreak, which started in May, afflicted 315 people in the Zaire city of Kikwit and killed 244 of them.

Ebola was first identified in Zaire in 1976, and experts do not know its cause or cure. Symptoms include vomiting, diarrhea and fever, making it difficult to distinguish from diseases such as malaria and cholera, which are frequently found in Africa. It is spread easily through bodily contact, and death occurs within days.

Dosso said Chea's wife and several medical workers who treated Chea were under observation, but none had

exhibited Ebola symptoms. However, Chea told medical workers that another man in his Liberian village had the same symptoms as he did and stayed behind.

Liberian government officials were trying to arrange for a French medical team from the Pasteur Institute and WHO to go to the village and investigate, Dosso said. Meanwhile, he said the border had been closed as a precaution.

But Dosso acknowledged it was virtually impossible to prevent all cross-border traffic because of the porous frontier, which "snakes" for nearly 310 miles from the Atlantic Ocean north through thick bush.

The United Nations estimated 350,000 Liberians entered Ivory Coast to escape their country's six-year civil war, and virtually all of them live in the coastal city of Tabou and nearby villages.

While the war officially ended Sept. 11 after the signing of a peace accord, the Liberian countryside remains a tense battleground for thousands of young rebels who have yet to be disarmed.

For that reason, it was necessary to negotiate with rebel leaders to ensure safe passage for the French team, Dosso said.

Because of the war, people living in the countryside have fled their villages and often live nomadic lives in search of food, water and shelter.

It is doubtful that a serious Ebola outbreak could occur in Ivory Coast, where medical workers are familiar with the virus in the wake of publicity about Kikwit. They also have seen Ebola before. In a Swiss woman who contracted it in Ivory Coast last year, she recovered.



A nurse in full protective gear stands in front of an isolation ward at the hospital in Gozon, Ivory Coast, where a 25-year-old Liberian man is being held under quarantine after being diagnosed with the Ebola virus.

Nobel award honors poet, 7 Americans

STOCKHOLM, Sweden (AP) — Seamus Heaney, who rose from a tiny farming community in Ireland to become a giant in the world of poetry, was among 11 people awarded Nobel prizes on Sunday.

The laureates, including seven Americans, were singled out for research that ranged from studies of the ozone layer, to examinations of how an embryo develops or how people make their own economic decisions which in turn affect national policies.

The Stockholm Concert House, where Sunday's ceremony was held, was packed with diplomats in white ties and tails, women in evening gowns and gentlemen profusers with chests full of awards dangling from their necks.

A full orchestra played Haydn and Mozart in the flower-bedecked hall, and trumpets brought 1,800 guests to attention at each award presentation. Winners took home \$1.1 million, while co-winners split that amount. The prizes were created in 1895 by Alfred Nobel, the inventor of dynamite.

In the afternoon's most touching moment, the 5-year-old granddaughter of 77-year-old Frederick Reines gently hugged the frail-looking scientist around the legs as he stood to receive a stream of congratulations.

California, Irvine, and Stanford University's Martin Perl shared the Nobel physics prize for their research of the universe's smallest particles.

In his speech introducing literature prize winner Heaney, Swedish Academy member Olof Stenroos emphasized the poet's humble farming roots.

"But at the same time we meet in him a learned poet who, in the very microcosm of language, culture and reveals the Celtic, pre-Christian and Catholic literary heritage," Stenroos said.

Later, at a banquet honoring the laureates, Heaney quoted the words of fellow Irish writer Oscar Wilde that "the only way to survive temptation was to yield to it."

"So, here and now, I happily and gratefully yield to the temptation to believe that I am indeed the winner of a Nobel prize," Heaney said to the laughs of 500 guests in City Hall.

Sherry Sherwood Rowland, also of the University of California, Irvine; Mario Molina of the Massachusetts Institute of Technology and Paul J. Crutzen of the Netherlands won for sounding the alarm about ozone-layer depletion.

Nobel Peace Prize winner Joseph Rotblat, honored in a separate ceremony in Oslo, Norway, told an audience the only way to eradicate the threat of nuclear war was to ensure human survival was to abolish war.

Foca

Continued from C1

of whom were drafted or served in the army. Government officials have since sought to soften such comments, but the damage was done.

At the same time, Bosnian Serb leader Radovan Karadzic and military commander General Ratko Mladic have also stirred passions. Karadzic, whose political death was to have been sealed in the peace agreement but who remains in power, warned that the accord converts Sarajevo into "another Beirut" that will "bleed for decades."

Many of the Serbs in the suburban districts said they feel that they won their war on the battlefield only to be sold out by their leaders, especially Slobodan Milosevic, the president of Serbia who negotiated in Dayton on behalf of the Bosnian Serbs.

Indeed, Holbrooke and the U.S. negotiators were said to have been stunned that Milosevic conceded so much on Sarajevo, rejecting other plans that would have given it a protective status or a setup similar to Washington.

During the first days of the war in the spring of 1992, Serbs seized these suburbs and killed many Muslims. Ever since, the Serb-held suburbs effectively cut off the besieged center of Sarajevo from the rest of the world. The Bosnian Serb army used positions in the districts to attack Sarajevo mercilessly and to snipe at civilians, killing or wounding Muslims, Croats and Serbs, Bosnian government soldiers also shelled and sniped the Serbian suburbs, although at a lesser level.

The Serbs say they are afraid that those who suffered the siege of Sarajevo will seek revenge against them. Many say the minimum guarantee that would make them feel safe would be the creation of their own Serbian police force.

Serbian leaders put the population of their suburbs at between 120,000 and 150,000. U.N. officials say the total is about half that.

Milovic, the deputy mayor of Iltiza, said the Dayton agreement will cause a mass exodus of the Sarajevo Serbs, who he said constitute the brightest, skilled and best-educated of his Bosnian Serb people. Dispersing them will be a damaging blow to Bosnian Serb society, he said.

How realistic it is to expect that these Serbs will flee is unknown. They are largely urban and professional, less likely to live in pastures and fields, the fate of many other refugees. Banja Luka, the only other major city in the newly formed Republika Srpska, is already flooded with refugees, and foreign countries are increasingly inhospitable to exiles from the former Yugoslav federation where the war has displaced nearly 3

million people.

The principal U.N. relief agency is opening offices for the first time in the Serb-held suburbs and is trying to discourage flight.

"The message we're trying to get across is that they're facing a military stalemate, and they should have agency spokesmen Kris Janowski. "There are already too many (refugees) in an area that can't handle any more."

But he added, "I'm not sure they'll be national in the decision."

In Orbanica, the Serbian suburb closest to government-controlled Sarajevo — reached just over the barricaded, barbed-wired Brotherhood and Unity Bridge — blankets that served sniper screens remained draped over the streets. Apartment high-rises showed the pockmarks of shells and bullets, and the charred skeleton of a university building sat rotting.

At Orbanica's "Snoopy" Cafe, young people filled the tables, smoked cigarettes furiously and discussed bleak futures over beers and Cokes. "They would put me in prison for at least 10 years because I'm a fighter," said a young man named Boris Dzordzovic, a 20-year-old soldier. "I feel helpless. There won't be a normal life here for 100 years. Maybe older people will stay, but not the young. There is no future here. Just look around. Everything is destroyed."

Dzordzovic said he plans to join his girlfriend and family in Italy as soon as the peace agreement is signed.

At Radio Orbanica, where hundreds of people are phoning in to complain about the peace agreement, Zoran Kecman, who runs a publishing company that prints the Serbian version of Sarajevo's Oslobođenje newspaper, said he doubts that many Serbs will stay in these suburbs where some have lived all their lives. A few renegade elements of the Bosnian Serb army, however, will take a stand and launch a guerrilla war, he predicted.

After four years of being under shooting every minute, you are no longer a normal man," Kecman said. "These fellows without family will stay here and fight. They are few but can cause trouble. Every house here has four or five guns. These people have no idea where to go and they are desperate."

Asking the war's enemies to jettison so soon after a war that pitted neighbor against neighbor is an impossible test, said Gordanić, an employee with the U.N. government-held town of Tuzla just two months ago. "If they divided the rest of Bosnia (in the peace agreement), then why this experiment with Sarajevo?" she said. "After all that has happened, how can anyone trust?"



A Bosnian Serb child warms up by the fire in front of damaged houses near the town of Foca.

Sarajevo

Continued from C1

this was," said Mujovic, who arrived last week. "All I know is I had to leave mine."

Back in Ustikolina, Mujovic had a three-story home and several acres of land. But he prefers to stay in his new ruin.

"I'll try to repair it," Mujovic said. "It is better than to live under Muslim rule." Mujovic's sentiments are much like those of many people in Serb-held Sarajevo, thousands of whom are considering moving rather than submitting to the rule of the Muslim-led Bosnian government.

Those settling in Foca have already chosen that path.

Before the war, Foca and the surrounding villages were predominantly Muslim. When Serbs took control of the town in 1992, thousands of Muslims were forced out of their homes, which were ransacked and torched. Most of Foca's Muslims moved north to Gorazde, which is now emerging from 3 1/2 years as a virtual island amid Serb holdings and is once again finding hope for the future.

Now, it is Foca's turn to become a ghetto.

There seems to be almost no life. Shops are empty. Bridges over the Drina that were destroyed in NATO air raids last summer have not been repaired.

Traffic is reduced to painful negotiation of makeshift rope-and-pontoon bridges. Children, drunken soldiers and dogs roam the empty streets.

The new Gorazde cordier virtually isolates Foca and other Serb-held towns south of Sarajevo from the main Serb holdings. Unless they travel through government-held land, they will have to travel miles to reach Gorazde and reach Serb-held regions to the north.

"It is as if we are in a ghetto," said Rajko Djumic, 54.

Djunic and other Foca natives refused to discuss the expulsion of the Muslims, shrugging their shoulders and saying they left of their own will.

The same stoicism marks the newcomers from Ustikolina. "I don't care who lived in this house," said Vlatko Markovic, another new owner of a destroyed Muslim home. "It is now mine."

Markovic arrived with his wife and four children from Ustikolina last week. They said the whole village was moving out, packing personal belongings on cars and trucks.

Markovic, too, left a sizable house and several acres of land. As his two daughters tried to warm themselves by a fire in front of their new home, Markovic said he blamed no one. "Life," he said, "goes on."

50 LEGAL

IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO IN AND FOR THE COUNTY OF TWIN FALLS MAGISTRATE DIVISION

Case No. NOTICE OF ADJUDICATION OF DIVORCE. In the Matter of SUZANNE McDOWELL, A child under 18 years of age. TO: Edward McDowell, 3757 Crohn Lane, Roseburg, OR 97470. Father of said child, Mother Unknown.

NOTICE IS HEREBY GIVEN that the above-entitled matter is set for an Adjudicatory Hearing on the 20th day of December, 1995, at the hour of 9:10 before the honorable Magistrate. DATED this 8th day of December, 1995. Ryan J. Shaum, Deputy Prosecuting Attorney

PUBLISH: December 11 and 18, 1995. MAGIC VALLEY STORAGE ADVERTISEMENT FOR SALE OR TENANT'S PERSONAL PROPERTY.

Magic Valley Storage, 1592 Elm Street North, will sell auction service on 12-17-95 the contents belonging to MARGIE GOODENOUGH whose last known address is 148 Addison, Twin Falls, ID. The contents consist of 3 motorcycles, Fiberglass boat, electric fan, misc.

PUBLISH: December 4 and 11, 1995.

NOTICE OF DIVORCE. Lisa Nelson will be filing for divorce against Jim Nelson in Jerome County.

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DRIVER. Industrial equipment dealer seeking truck driver for local runs. Must be able to load and unload the equipment being hauled. Needs own hand truck and trailer. 734-6452

DRIVER. Part-time for challenging position serving the elderly. Apply at Mt. View Retirement Center. 5591 S. 600 Polk St. E. Kimberly, ID.

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MEDICAL ASSISTANT. Part time for busy Twin Falls practice. Must resume to P.O. Box 9276 4100 W. Main St. P.O. Box 9276. 734-546-7100

MISCELLANEOUS. Part time for busy Twin Falls practice. Must resume to P.O. Box 9276 4100 W. Main St. P.O. Box 9276. 734-546-7100

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PHARMACY. TECHNICIAN Experienced. Additional training and additional training. Call 733-924 for an app. When you're lost something valuable a classified ad is a valuable friend in finding it. Call 733-0931

SALES. ADVERTISING SALES. We're expanding our marketing team & are looking for an individual experienced in sales. Excellent working conditions, progressive compensation package & benefits. Advertising or marketing degree preferred. To apply send resume & cover letter to: The Times-News, Attention: Peter York, P.O. Box 548, Twin Falls, ID 83303-0548.

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TECHNICIAN. FORD or GM heavy line technicians. Please call Mike or Dave (702) 738-3147

TECHNICIAN. Service Technician for Dodge, Jeep Eagle dealer. Career pay/rate. Must have own tools. Send resume to: 885 Idaho St., Silver, NV 89301 or call 702-738-0621

TECHNICIANS - DIESEL. Immediate career openings for diesel technicians all our heavy equipment company. Exp. diesel diesel technicians are offered career opportunities. We provide additional training and additional training. Call 733-924 for an app. When you're lost something valuable a classified ad is a valuable friend in finding it. Call 733-0931

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CUSTOM HOME 1100 Acres... 9.47 acres with subdivision potential...

CHOICE TWIN FALLS BUILDING LOTS... Available in Spring subdivision...

BELLEVEUE Older 3 bdrm home to be moved or sold...

PARADISE PLACE Across from Perrine... 2 bdrm, walk-in closet...

JEROME 3 bdrm, 2 1/2 baths... 324-8435 or 324-8285

RED ANGED Top quality pure bred horses...

Could be reg. Arabian, 9 yrs old, gelding, great disposition...

SADDLE FOR SALE \$400... 324-4283

BLACKEN'S Wash Tubs... \$125 and up, 733-1299

GEM STATE REALTY, INC. 734-0400

HAGERMAN RETREAT Log house, 2400 sq ft, 5 acres...

HAGERMAN 1 bdrm. townhouse... 734-4334

HALLWAYS Realty 734-4334

Office Space For Rent... 2400 sq. ft. Approx. \$5 cents/sq. ft.

702 DAIRY EQUIPMENT... BJM Milk Fattor, 4111 IHG with water...

703 CUSTOM FARM SERVICES... SALES UNLIMITED-Bull

710 HORSE EQUIPMENT... '84 Charnock stock trailer

803 BAZAARS & CRAFTS... 228 8th Ave. North, Twin Falls

ROOM TO RENT... 3 bdrm, 2 bath 1994 Brelwood

IDAHO LAND BARGAIN! Salmon/Salmon Rivers... 20+ Acres \$19,900

TF-Downtown 1-1/2 bdrm, new carpet, vinyl, stove...

TF 1 bdrm basement apt... \$350/mo. For this and other rentals call...

TF 4000 sq. ft. Large office/shoe room...

704 FARM MACHINERY... Burley Tractor Salvage

712 POULTRY & RABBITS... \$5 OSTRICH SK

804 BUILDING MATERIALS... Driveway gravel, very reasonable

806 CHILDREN'S ITEMS... HOOKED ON PHONICS program

ROBERT JONES REALTY 733-0404

JEROME 3 bedroom home... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

705 FARM & RANCH SUPPLIES... BABY Calf pens, 324-5910

706 HAY, GRAIN FEED... 400 1 ton bales of straw

807 APPLIANCES... Apt size Kenmore washer and dryer

808 COMMUNICATION DEVICES... Atlas business telephone system

809 ART STUDIO... For sale

BURLEY/RUPERT HOMES... 4 bdrm, 2 bath, old wide on 1 acre

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

706 COMMERCIAL PROPERTY... DOWNTOWN OFFICE FOR LEASE

707 HORSE EQUIPMENT... CAB STOCK TRAILER

808 APPLIANCES... Apt size Kenmore washer and dryer

809 ART STUDIO... For sale

810 BUILDING MATERIALS... Driveway gravel, very reasonable

GOODINGS/WENDALL HOMES... 3 to 4 bdrm, 2 bath home

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

708 COMMERCIAL PROPERTY... DOWNTOWN OFFICE FOR LEASE

709 HORSE EQUIPMENT... CAB STOCK TRAILER

808 APPLIANCES... Apt size Kenmore washer and dryer

809 ART STUDIO... For sale

810 BUILDING MATERIALS... Driveway gravel, very reasonable

WENDALL 3 bdrm, 2 bath... 324-8282 or 734-4227

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

709 COMMERCIAL PROPERTY... DOWNTOWN OFFICE FOR LEASE

710 HORSE EQUIPMENT... CAB STOCK TRAILER

808 APPLIANCES... Apt size Kenmore washer and dryer

809 ART STUDIO... For sale

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JEROME/HAGERMAN HOMES... 3 bdrm, 2 bath, 2 car garage

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

710 COMMERCIAL PROPERTY... DOWNTOWN OFFICE FOR LEASE

711 HORSE EQUIPMENT... CAB STOCK TRAILER

808 APPLIANCES... Apt size Kenmore washer and dryer

809 ART STUDIO... For sale

810 BUILDING MATERIALS... Driveway gravel, very reasonable

NEW LISTINGS... 3 bdrm, garage, nice location

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

711 COMMERCIAL PROPERTY... DOWNTOWN OFFICE FOR LEASE

712 HORSE EQUIPMENT... CAB STOCK TRAILER

808 APPLIANCES... Apt size Kenmore washer and dryer

809 ART STUDIO... For sale

810 BUILDING MATERIALS... Driveway gravel, very reasonable

CANYONSIDE REALTY... 324-3354, 1-800-278-9305

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

712 COMMERCIAL PROPERTY... DOWNTOWN OFFICE FOR LEASE

713 HORSE EQUIPMENT... CAB STOCK TRAILER

808 APPLIANCES... Apt size Kenmore washer and dryer

809 ART STUDIO... For sale

810 BUILDING MATERIALS... Driveway gravel, very reasonable

COMMERCIAL LOTS... water, sewer, electric, roads, phone

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

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714 HORSE EQUIPMENT... CAB STOCK TRAILER

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809 ART STUDIO... For sale

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HAGERMAN RETREAT... Log house, 2400 sq ft, 5 acres

JEROME 2 bdrm, 2 1/2 baths... 324-8282 or 734-4227

JEROME 2 bdrm, possible 3 bdrm. house...

TF 2 bdrm duplex... \$425/mo. + dep. no pets.

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810 BUILDING MATERIALS... Driveway gravel, very reasonable

The Times-News Classified Order Form. Includes sections for Grand Opening, Real Estate, and various services. Features a table for classified ad rates and a section for the newspaper's customer service.

THE ACES ON BRIDGE Bobby Wolff

If you can't bite, don't show your teeth... East was elated to see the upside-10-in-diamond...

French horn & oboe... NAGAYA Suzuki violin... PIANO INSTRUCTION... RIANO Older upright piano...

East South West North 1NT Pass 2NT Pass 3NT All pass

ANSWER: Spade queen... Today's spade suit was all bark and no bite...

809 COMPUTERS

386 4 MEG RAM 100meg... IBM compatible desktops... New 486DX2-66 computer...

812 HEATING & AIR CONDITIONING

Large Earth-Stone whistone... Large hopper pellet furnace... MIRAGE Series A Gas log space heater...

810 FIREWOOD

DRY-FIREWOOD-Pine & hardwood split... MIXED HARDWOOD 1 1/2 cords... MIXED REWOOD 358-5185

816 EXERCISE EQUIPMENT

SEARS Airline Tracker 5100 Bow exerciser... American Harvest Jet-Straight deck mower...

811 FURNITURE & CARPET

BUNK BEDS starting at \$69... Beautiful Broyhill pecan wood dining room set... Big China closet, glassed in bookcase...

817 MUSIC FOR SALE

12" Hotpoint refrigerator... Log Cabin pkg \$70.94... American Harvest Jet-Straight deck mower...

French horn & oboe... NAGAYA Suzuki violin... PIANO INSTRUCTION... RIANO Older upright piano...

WANTED: Old upright piano... WANTED: Antlers... WANTED: Ford 90 31 spline post-trac rear end...

WANTED: Massey Ferguson 100... WANTED: Navajo or similar Indian rug... WANTED: Overhead projector...

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YAMAHA '92 RT100... 904 CAMPERS/SHELLS... 905 GUNS/RIFLES... 906 SPORTING GOODS HUNTING SUPPLIES...

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1981 International truck. S1924-448 gas, 5 & 4, tandem axle, 25 ton hoist, 20' combination bed. Boot, grain, sitage & cattle. Good truck. \$12,000. Call 934-8134.  
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1982 LINCOLN CONTINENTAL EXECUTIVE SERIES \$14990  
1984 GRAND MARQUIS LS \$16790

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1982 DODGE SHADOW SPECIAL \$5950  
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**CHEVY '87A** AT-350, excel. cond. Must see. \$2500/offer. Call 324-4216

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**BMW '820i**, immaculate cond., AT, air condition, 70K, 801 roof, oil, phone. \$4,780.00. Call 735-0353.

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**CADILLAC Eldorado**, 1983, 7 hrs. \$3500/offer. Call 736-4887.

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**CHEVY 1992 GEO Tracker**. 4x4. mint condition. book \$10,325 asking \$9,500 (see ad under 424).

**CHEVY 1992 GEO Tracker** 4x4. mint condition. book \$10,325 asking \$9,500 (see ad under 424).

**CHRYSLER Laser '86**, 1993, 7 hrs. \$3500/offer. Call 723-5672.

**EAGLE TALON '90**, 5 spd, AC, AM/FM cassette, PW, cruise, tilt, alloy wheels, new tires, low mi. clean, excellent condition. Call 736-8288 after 6pm.

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**PONTIAC '89 Trans AM** red, loaded, CD, leather, brs, louvers \$17,500. 734-3002

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**1995 TOYOTA 4X4 TRUCK**  
#08294-0, 6500 Miles, Low Miles, Dark Green

**\$14,995**

SWEET HOLIDAY DEAL!



**1988 TOYOTA 4X4 TRUCK**  
#08093-0, Custom Wheels, Air, 4" Lift, Nice!

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**1991 FORD RANGER XLT**  
#33418-1, V-6, 56,000 Miles, V-6, Custom Shell & Carpet Kit

**\$10,980**


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# Health & Fashion

## Dave's holiday gift guide

Once again, over the violent objections of the surgeon general, the attorney general, General Motors, the archbishop of Canterbury and every one of the 4,276 attorneys involved in the O.J. Simpson trial, we are proud to present our Holiday Gift Guide.

We will be the first to admit that this annual effort — now in its sixth year — has its critics. There are those who say that the Gift Guide is nothing more than a poorly researched, grossly inaccurate, inebriated, crude, siphonometric, stupid, tasteless and flagrantly sleazy excuse to cash in on the spirit of the holidays. To those charges, we answer: "So?"

**Dave Barry**  
Humor

**Bug Sucker, \$46.95** plus shipping and handling from Home Trends, 1450 Lyell Ave., Rochester, N.Y. 14606-2184, (716) 254-5200.

We're all, been in this situation: You walk into the bathroom and there, lurking in the tub, is a large, hairy, and possibly carnivorous spider.

Nobody knows why spiders are so attracted to humans. One theory, currently being investigated by leading spider scientists, is that spiders feel some kind of powerful biological yearning to bathe.

"Bear in mind," these scientists explain, "that a spider has, on average, four times as many armpits as a human being."

But whatever the reason, sooner or later you will confront a bathtub spider. The question is, what do you do about it? The traditional answer, of course, is: You scream. "YEEEEEEKKKK! roger come here right now! there's a spider!"

(This is based on the assumption that you are a woman of the female gender living with a male named Roger. Your actual scream may vary.)

Then Roger, or his equivalent, comes in with a newspaper, or a golf club, or if this is a particularly large spider such as we have here in South Florida) a semi-automatic weapon, and dispatches the spider to that Big Web in The Sky.

The problem with this approach is that you wind up with a smushed spider in your bathtub. The conventional way to remove it, of course, is to get some toilet paper and, squinching your eyes closed, pick up the spider so you can flush it down the toilet. But, you know, you're sure that the spider is 100 percent dead. At any moment it could come to life and plunge its deadly venomous fangs into your thumb. The toilet paper offers no protection. Spiders laugh at toilet paper (we have seen actual film footage of them doing this in a PBS nature documentary).

Is there a better way? There most certainly is: It's the vacuum-powered Bug Sucker, a battery-operated device that features "a powerful 14,000 rpm fan motor that draws bugs into a disposable cartridge." This is the ideal gift for everybody on your holiday list who, for whatever reason, goes into bathrooms. We

Please see BARRY/D2

### Inside

- Comics D4
- Dear Abby D5
- Movies D5

# Top 10 fitness myths

### Don't assume you know the best ways to get in shape — a few surprises follow

Knight-Ridder News Service

No pain, no gain. Go for the burn.

The only exercise that helps you lose weight is pushing yourself away from the table.

With fitness advice like this, is it any wonder so many of us find it hard to stick to an exercise routine?

That's why we've gathered the Top 10 Fitness Myths — and have tried to smash them to bits. Or at least figure out the current thinking on them.

But before we get started...

**Pain:** Not good. A sign you're doing something wrong.

**Burn:** Not good. A sign you may be injured soon.

**Exercise's effect on weight loss:** Good, especially aerobic exercise. Also, several studies have shown that appetite decreases, not increases, with exercise.

And now, let's just do it:

**Myth No. 10:** You can never get too much exercise.

Let's face it: Most of us will never test this thesis. However...

"The data and the literature that look at the number of days per week a person should exercise show three to five days per week is adequate to improve fitness and reduce risk of disease," says Weisman.

Still, for certain goals, more is better. If you're trying to lose weight, said Art Weisman, director of the exercise physiology program at the University of Virginia, more aerobic exercise means more calories burned.

There is a risk, however: You may perform the same kind of exercise to excess and suffer an exercise injury.

"Some people think if hard is good, harder must be better," says Weisman. "And the way your body tells you that's not true is by injuring itself."

No pain, no gain?

Weisman sighs. "Typically, if you're in pain, you're doing too much."

**Myth No. 9:** It's better to lift heavier weights fewer times than it is to lift lighter weights many times.

Guess what? It depends.

Lifting a heavy weight fewer times helps build muscle strength. Lifting a lighter weight more times helps build muscle endurance. So, if your goal is to hoist your groceries out of the trunk, you want to build more strength. If your goal is to hike six miles carrying those groceries, you want endurance.

**Myth No. 8:** If you stop exercising, all the muscle you built up will turn to fat.

Your muscles might get flaccid if you stop exercising. They may atrophy and be replaced by fat. But they won't turn to fat.

Still, "flaccid" doesn't sound so good.

**Myth No. 7:** Carbohydrate calories won't make you fat; fat calories will.

As those of us who have made a habit of eating entire boxes of non-fat cookies have discovered, if you eat more calories than you expend, you gain weight.

That's not to say you should immediately start eating more fat, or that fats and carbohydrates are the same. The way the body absorbs fats and carbohydrates is different, says Jo Ann Hatner, a clinical nutritionist at Stanford University and a spokeswoman for the American Dietetic Association. Carbohydrates are simpler to digest, and so they enter the bloodstream as glucose more readily and are used by the body faster. Fat is more difficult to digest, and sticks around longer.

However, as Hatner points out, "A calorie is a calorie." You'll store extra ones as fat if the amount you take in exceeds the amount you expend.

**Myth No. 6:** Walking is the best exercise. No, swimming is. No, cross-country skiing is.

The old saw is this: The best exercise is the one you'll do consistently. It's probably true for most of us.

Quickly, here's a run-down of the pros and cons of some popular aerobic exercises:

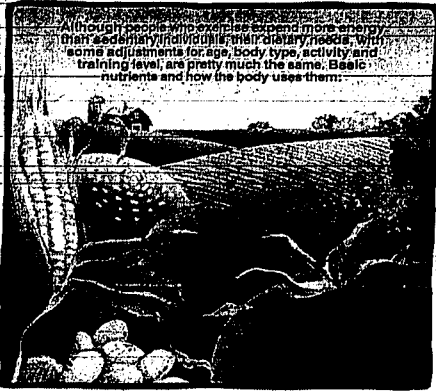
• **Walking:** You don't need any special equipment, other than a decent pair of shoes. You can do it almost anywhere. You don't even have to work up a sweat. But it's not always easy to elevate your heart rate sufficiently when walking, especially if you're already quite fit.

• **Running:** Almost as convenient as walking, except for the sweating part. Competitive runners have less body fat than any other group of athletes. However, running is not feasible for some people with joint problems, sometimes daunting for beginners, and not an especially good workout for the upper body.

• **Swimming:** Works many muscles and has lower injury rates than running or cycling. But it's substantially less convenient for some. You have to find a pool. You have to get wet. You have to deal with your hair afterward. Also, there is conflicting evidence as to whether it comes to weight loss. In some studies, swimmers lost weight; in other studies, their weight remained stable; and in still others, they gained weight (though usually the weight was muscle mass, not fat). The key seems to be the intensity at

## the lesson page

### Exercise and nutrients



### Carbohydrates

The body's most efficient fuel cannot be stored in large amounts. Instead, it's stored in the form of complex carbohydrates, like pasta, in muscle and liver, prolonging the onset of exhaustion.

### Protein

Needed to build, maintain and repair tissue, on average, people consume more than enough protein; expensive supplements are unnecessary. Excess protein, stored in the body as fat, does not build muscles — only exercise does.

### Vitamins

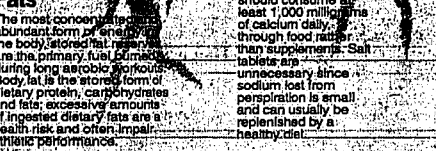
Needed to metabolize carbohydrates, protein and fat, supplements are not necessary as long as a diet is varied, balanced and high in complex carbohydrates. Vitamins do not build muscles or provide energy, nor do large doses improve athletic performance.

### Fats

The most convenient and abundant form of energy, fat is the body's stored fuel. It's the primary fuel burned during long aerobic workouts. Body fat is stored from dietary protein, carbohydrates and fats; excessive amounts of ingested dietary fats are a health risk and often impair athletic performance.

### Minerals

Also necessary for metabolism, some minerals vital to athletes are iron, for oxygen transport and sodium and potassium, for maintaining the body's water balance. A varied diet usually provides necessary minerals (with the possible exception of iron), however, women should consume at least 1,000 milligrams of calcium daily through food rather than supplements. Salt tablets are unnecessary since sodium lost from perspiration is small and can usually be replenished by a healthy diet.



SOURCE: The Wellness Encyclopedia, research by ROY GALLOP. Knight-Ridder Tribune/LEE HULTENG

## Looking good

### Snow or no snow, ski gear a slick look

Dallas Morning News

While the real athletes schuss away on the mountain, their clothes are conquering city streets.

The high-energy, high-tech look has something for everyone — from the untold-lovin' ski bunny to the radical-baggy snowboarder. A host of snow-like sweaters, racer-striped jerseys and quilted parkas for everyone else.

Ski-style clothes can be the genuine article with technical construction and performance-oriented fabrics that keep out moisture and cold.

Or they can just as easily be stylish fakes. Big designers like Donna Karan, Dolce & Gabbana, Katharine Hamnett, Anna Sui and Ralph Lauren are offering slick-as-ice unitards, shiny parkas and



Wraparound goggles and sweaters with winter motifs add to a cool ski look.

Photo courtesy Park City Ski Corp.

Please see COOL/D3

## Health notes

### Bittersweet news

If food doesn't taste as sweet to you in winter as it does in summer, you may be suffering from seasonal depression. Such people's palates are duller during the cold-weather season, which helps explain their craving for cake, cookies and candy, according to a Minneapolis psychologist's findings reported in *Allure* magazine.

### What was the question?

Can vitamins help older people remember things better? A team of researchers in the organization called the Consortium on Memory Loss in Older Americans is starting to explore that possibility. Their work is based on evidence that chemical reactions involving oxygen molecules could damage brain cells and thus lead to memory loss. Specifically, they have zeroed in on molecules called oxygen free radicals, whose concentration in the brain increases with age. Some of their advice: Resist distractions while memorizing information; pay close attention to what is being memorized; relax when trying to recall information, since tension may interfere with recall. And write things down.

### Drinking and aging

An older person who has frequent falls, poor

sleeping and eating habits and depression may be a secret alcoholic. Perhaps 3 million Americans over the age of 60 have some kind of drinking problem, says the American Medical Association. Indeed, older persons are hospitalized for drinking problems as often as for heart attacks, the AMA says, yet doctors miss the diagnosis in at least two-thirds of cases. "Drinking can impinge on other medical problems, since alcohol interacts with at least half of the 100 most commonly prescribed drugs.

### AIDS shifting to Asia

By the year 2000, most new cases of acquired immunodeficiency syndrome (AIDS) will occur in Asia, not Africa, the current center of the disease's activity. That prediction, made by the World Bank, is part of the growing body of evidence that the "center of gravity of the epidemic is shifting from Africa to Asia," said Richard Feachem, one of the institution's senior health officials. Epidemiologists estimate there were 14 million to 15 million adults infected with human immunodeficiency virus (HIV) midway through this year.

Of that total, 8.6 million were in sub-Saharan Africa, and slightly more than 3 million were in East Asia, excluding Australia.

Compiled from wire reports.

# Fitness

Continued from D1

ganized group activity. Pick your class, or tape, carefully and make sure it includes warm-up and cool-down times.

### Myth No. 5:

**Always see your doctor before starting an exercise program.**

Depends on who you are. The American College of Sports Medicine recommends that healthy men over 40 and healthy women over 50 who plan to start a vigorous exercise program first consult a physician. Younger people who have two or more risk factors for heart disease — such as high blood pressure or high cholesterol, or who are obese or smokers — should see their doctor first, no matter your age, talk to a physician first if you have any cardiovascular, lung or joint or muscle condition.

### Myth No. 4:

**If you're not lifting weights to the point at which you can lift no more, you're not really training.**

"I think that if you're trying to compete for Mr. America or Ms. America body building competitions, the idea of maximal exertion makes sense," says William Haskell, deputy director of the Stanford Center for Research in Disease Prevention. "But there has

## 'No. And the reason is that fat is mobilized during exercise by hormones, and because hormones circulate in the blood, they mobilize fat from all regions.'

— Dr. Art Weltman, University of Virginia, when asked if exercise can burn fat on particular parts of the body

been a series of studies that show for increase of muscle mass in the general public, resistance exercise or weight training can really be much more moderate."

For healthy adults, the American College of Sports Medicine recommends at least two strength training sessions "of a moderate intensity" each week. A workout should consist of eight to 10 exercises that condition the major muscle groups repeated eight to 12 times.

### Myth No. 3:

**Never exercise every day — your body needs a rest.**

Not necessarily. "Exercise physiologists recommend taking a day off every now and then to let your muscles recover, especially from hard workouts. But, says Weltman, "You can exercise every day as long as you change the intensity of the exercise."

Muscles need about 48 hours to recover from strenuous workouts,

says Weltman, which explains why people vary their workouts: hard one day, easy the next, hard the third day and so on.

"Or, you can change the muscle groups you're using: jog one day, swim the next, ride a bike on the third, lift weights on the fourth."

"Use your body as a guide," says Weltman. "If you have a hard day and you feel lousy the next day, take another easy day or a day off."

### Myth No. 2:

**Flabby thighs? You can spot-reduce.**

You can indeed tone muscles and increase strength by performing targeted exercises, and this can lead to changes in appearance. But burn fat in one specific part of the body?

"No," Weltman said. "And the reason is that fat is mobilized during exercise by hormones, and because hormones circulate in the blood, they mobilize fat from all regions."

That is, when your body loses fat,

it loses fat from all over.

There are some areas where the fat is more active than others, and hence somewhat easier to lose, Weltman said. Abdominal fat is generally a little easier to lose than fat on the hips and buttocks. But targeting the exact spot from which you'd like to drop five pounds? Forget it.

### ...and the No. 1 Fitness Myth?

**If you're not going to exercise vigorously, you might as well not exercise at all.**

It all depends on what you want to accomplish with exercise. Good health? Long life? Beating your brother-in-law in driveway basketball?

Briefly, if you're in training for competition, you need to keep your exercise sessions vigorous. But if you're exercising to improve health and increase your quality of life, you can be more moderate in your habits.

How moderate is a matter of opinion. For years, the rule of thumb has been that exercising 20 minutes or longer three times a week at 60 to 85 percent of your maximum heart rate will improve fitness and lower the risk of heart disease and other cardiovascular problems.

Then, in February, the American College of Sports Medicine and Centers for Disease Control issued the recommendation that adults accumulate 30 minutes or more of moderate-intensity physical activity on most, preferably all, days. "That meant more total time spent exercising, but the exercise could be accomplished in small chunks — even 10 minutes at a time and mundane activities such as climbing stairs and walking briskly counted, as long as you did them briskly enough. This will help ensure good health."

Soon after, Harvard researchers released a study of 17,321 men that showed only vigorous exercise — exercise that requires at least six times as much energy as resting — prolongs life.

And just this fall, a study of 1,800 women runners conducted at the Lawrence Berkeley Laboratory concluded that women who run up to 40 miles a week increase their levels of HDL, or "good" cholesterol and show more improvement in blood pressure, pulse rates and weight loss than those who run only 10 miles a week.

Hoo boy. At least one thing remains clear. It doesn't matter how hard or long you plan to exercise if you never actually do it. Find an exercise you enjoy (or at least one you can tolerate) at an intensity level you can handle and keep at it.

# Barry

Continued from D1

think it would also be a perfect gift for anybody in the food-service profession.

**DINER:** Waiter, there's a fly in my soup!

**WAITER:** No problem! I'll just turn on my Bug Sucker!

**BUG SUCKER:** Vroommmmm

**DINER:** Hey! You're blowing spiders into my soup!

**WAITER:** Whoops! I must have the batteries in backward!

You definitely need this item for yourself as well as for anybody you truly care about on your holiday gift-giving list, especially the "single gal" who is concerned about insect assault in the bathroom environment.

Princess Diana never goes anywhere without this item.

Penguin shower cap, \$15 plus shipping and handling from World Wildlife Fund, P.O. Box 284, Peru, Ind. 46970, (800) 833-1600.

Here at the Holiday Gift Guide Fashion Department we make it our business to keep track of what is hot, what is new, what is sophisticated, such as Calvin Klein and Yves Saint Laurent wear on their heads when they are naked.

This year, they are all wearing this penguin shower cap. Not only is it attractive, but it is also comfortable that many people are wearing it to the office, to the golf course, and to swank dinner parties where the guests sip fine wines and engage in witty repartee.

Bride: Just try to imagine the impact your wedding would have if you insisted that every member of your bridal party wear one of these.

High-Tech Electronic Barking Guard Dog Home Security System, \$9.98 plus shipping and handling from Harriet Carter, Dept. 25, North Wales, Pa. 19455, (215) 361-5151.

This is without question the finest electronic security eye that we have ever seen in the under-\$10 price range.

This unit consists of a plastic dog measuring an impressive nine inches in height. It is a "Shar-pey" style of dog, the kind that looks like a mutant hairy four-legged prude. The appearance alone is enough to scare off most would-be intruders:

**FIRST WOULD-BE INTRUDER:** Let's intrude on this house!

**SECOND WOULD-BE INTRUDER:** Wait a minute!

**FIRST WOULD-BE INTRUDER:** What's wrong?

**SECOND WOULD-BE INTRUDER:** There's a small plastic dog!

**FIRST WOULD-BE INTRUDER:** And there's more.

This device also contains an "electronic eye," so that when anybody crosses in front of it, the device goes "WOOF WOOF WOOF WOOF" in a tone that exactly replicates the sound of an actual recorded dog barking through a tiny cheap speaker.

And there is no way that the intruder can deactivate this sound, unless he somehow manages to find the power switch, which is cleverly

concealed — Don't tell anyone! — on the bottom of the dog.

We urge you to compare this electronic home security system feature-for-feature, with systems costing thousands of dollars. This system requires no messy installation, and can be easily transported anywhere.

For example, you can take it with you into public rest rooms and place it directly outside your stall, where it will woof vigilantly at people who walk past, in case they are would-be stall intruders. You can also use it to guard your seat in movie theaters while you're out at the refreshment stand.

This holiday season, give the gift that says, "I care enough about your safety to spend \$9.98 for this item, which does not include four AA batteries."

You had better order soon, because this is rapidly becoming the system of choice for the "big boys" in the security business. If it were not for National Security, we would reveal to you here that the White House is now protected by 450 of these devices.

Amazing Deodorant Stone, \$4.99 plus shipping and handling from Bright-Life, Box 3703, Hicksville, N.Y. 11855, (516) 334-1356.

Do you know an individual who is still using an unnatural man-made deodorant containing artificial chemicals that actually work? If so, you will want to give that person this New-Age-style "natural crystal" deodorant stone.

To the untutored eye, this looks very much like a lump of mineral salt that somebody has put in a cheap little basket and is selling for \$4.99.

But according to the directions, this is "the most effective body deodorant known to man." It just moistens the stone and apply to your body as you would any other type of roll-on product.

We here at the Gift Guide use this amazing product on our own personal bodies relentlessly. Also, for "extra protection," we never go anywhere without a fresh pine cone in each armpit.

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

# Test holds promise for those facing artery bypass surgery

The Washington Post

Predicting which patients will recover well after coronary artery bypass surgery, and which are at the greatest risk of dying from the operation, can be difficult for doctors. But a noninvasive test could soon help, according to researchers at the Veterans Administration Hospital in Dallas.

Paul A. Grayburn and his colleagues evaluated a technique that uses an adrenalin-like drug and an imaging technique called echocardiography to predict how well patients will recover from coronary artery bypass surgery.

The open-heart operation involves grafting a new blood vessel onto the heart to replace one blocked with atherosclerotic deposits. But some patients have lost so much heart function by the time they undergo bypass surgery that they are at great risk of dying from the operation itself.

The study examined the benefits of testing bypass surgery candidates with echocardiography, a noninvasive imaging technique that uses sound waves to look at the heart. Just before the imaging procedure begins, doctors give an adrenalin-like drug, called dobutamine, to speed up the heart.

**BACKtalk**

Lower back pain results in millions of dollars of lost work and untold suffering everyday.

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## CALENDAR of EVENTS

- Breast Screening Educational Program. By appointment only. Call 736-1675. Are you a woman who is a resident of Idaho? Are you 40 years of age or older? Have you never had a mammogram before? Do you have no insurance coverage for a mammogram, or have an annual deductible of \$60? If you can answer yes to all these criteria, YOU qualify for a free mammogram under the MVRMC Mammography Grant Program. Limited number of grants available. Our facility is located in the Professional Plaza, 526 Shoup Avenue West, Suite J. Call 736-1675.
- CPR Class \* Tuesday & Thursday, December 12 & 14, 6:30 – 10 p.m., 5th West Conference Room. To register, call 737-2007.
- Childbirth Refresher Program \* Tuesday, December 12, 7 – 9:30 p.m., Education Center. (located at the back of our north parking lot). Preregistration required. Call 737-2900.
- PaceSetters Club (formerly the "Walkers Club") \* Wednesday, December 13, 7:30 a.m., Magic Valley Mall Courtyard Area. Sponsored by MVRMC and the Magic Valley Mall. For further information, call the Senior Connection at 737-2065.
- Prepared Childbirth Course \* Thursdays, December 14 – January 11, 7 – 9:30 p.m., Education Center (located at the back of our north parking lot). Preregistration required. Call 737-2900.
- Cesarean Childbirth Class \* Tuesday, December 19, 7 – 9:30 p.m., Education Center (located at the back of our north parking lot). No preregistration necessary. For information, call 737-2900.

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Shoppers browse at upscale Crate & Barrel in New York. Hungering for comfort and simplicity, Americans are reveling in things rural, including gingham, baskets, garlands and gingerbread houses.

# Quest for country

## More Americans seek rural look

NEW YORK (AP) — Quills, flannel, jeans. If it smacks of the country, it's chic.

Hungering for comfort and simplicity, Americans are reveling in things rural.

They're trekking up mountains — or down Madison Avenue — in fancy hiking boots. They're splashing woods and apartments with gingham, baskets and, as Christmas nears, garlands and gingerbread houses.

Ask Kurt Abrams, who oohs and ahs about his new Ford Explorer, the best-seller among the "sport utility vehicles" that constitute the fastest-growing segment of the domestic auto market for several years.

No matter that he's a New Yorker, born and bred. With such a car, the country beckons.

"I'm starting to contemplate taking my kids camping," says Abrams, a father of two who works for a pharmaceutical company. "I didn't think about it before. I'm trying to figure out things to do with the vehicle."

Of course, not everyone gets the gear list and then wonders what to use it for. Many people are rock climbing, hiking, hunting or quilting. But the numbers of Americans

**'I'm starting to contemplate taking my kids camping.'**  
— Kurt Abrams, New York City

buying into the country look without the life shows the strength of the pastoral allure.

"You talk about wanting to live this country life," says Peter L. Horn II, manager of Beretta Galleries, a New York boutique opened by the Italian gun company in June to sell tweedy hunting and "sport hunting" clothes, along with \$100,000 handmade guns. "People come in here just to buy clothes for the weekend. It has nothing to do with hunting."

Whatever happened to the glitz, the glamour, the sparkle of city things to covet and emulate? After the ostentatious '80s, Americans seem to be clamoring for a warm, homey, outdoorsy look. No matter that it can cost as much as sleek did in the last decade — it evokes down-home goodness.

"There's a longing for a return at least symbolically to quality to people who can be trusted, concepts that will prove to be of value," says John Mack Carter, president of Hearst Magazine Enterprises and creator of Country Living, the most popular of the dozen or so magazines of the genre published today.

For the more urban or the young and hip, a streamlined country look offers less traditional furnishings.

"Sun-faded, soft colors, weathered furniture and fabric — Provencal would come to mind," Barbara Turf, chief buyer for Crate and Barrel, says of the style that the Northbrook, Ill., chain will push for a second year.

In clothing, too, Americans are choosing the woodsman or farmer look. Whether they have any desire to hike or hoe is irrelevant.

"Urban Rustic — as in, a plaid jacket that might at first look like a lumberjack's — then you catch the refinements," coos the fall-J. Crew clothing catalog in touting a 1968 women's wool jacket.

In the J. Crew world, pale women stand stately beside stubbly bearded men in old pick-ups or fields. All sport flannel, corduroy and plaids.

# Valley happenings

## 20th Century Club gathers Tuesday

TWIN FALLS — A Christmas luncheon meeting of the 20th Century Club is planned for noon Tuesday at the Turf Club.

The Valley Christian Preschool singing group will perform, and Mary Ann Beikman of The Homestead will demonstrate making a Christmas swag and decoration, which will be given away during the meeting.

Members are reminded to bring canned goods or monetary donation for the Salvation Army. For more information, call Gloria at 734-0268.

## Twin Falls Legion members set dinner

TWIN FALLS — Members of American Legion Post 7 and Auxiliary Unit 7 will gather for a dinner meeting Tuesday at the new legion home.

Social hour begins at 5:30 p.m., with a dinner of ham, salmon loaf, potatoes and rolls served at 6:30 p.m. Members are asked to bring a vegetable, salad or dessert to share. Dinner will cost \$5 per person.

Meetings start at approximately 7:30 p.m. Participants are asked to bring personal items, cookies, candy or instant pudding or gelatin for the Christmas baskets for shut-ins. Auxiliary members should bring a small gift for the gift exchange. Call Helen at 734-1435.

## Twin Falls historical society meets

TWIN FALLS — The Twin Falls County Historical Society has planned a meeting for 7 p.m. Wednesday at the Health and Welfare Building on Pole Line Road. A dessert and table service will be provided. Guests are welcome.

## Single square dancers gather in Jerome

JEROME — The Magic Valley Singles Square Dance Club will meet Tuesday at St. Jerome's Catholic Parish Hall.

Mainliners will dance from 7:30 to 8:30 p.m., and beginning and refresher dancers follow from 8:30 to 10 p.m., with Wild Allison as guest caller. An election of officers will be held. Those whose last names begin with the letters A through J are asked to bring finger foods.

For more information, call Mac McKeeney at 324-2656 or Vera Young at 734-4647.

The Times-News welcomes news of community events. Send material to The Times-News Valley Happenings, P.O. Box 548, Twin Falls 83303-0548. Please submit photos at least a week in advance and include a phone number where you can be reached.

## Anniversary

The Times-News welcomes announcements on anniversary celebrations for 40 years on.

Anniversary open houses for 40 years will run as a paragraph in the Valley happenings column — without a photo. Anniversary celebrations from 50 years on will run as a separate item with a photo. Please call 733-0931, ext. 278, or visit our office at 132 Third St. W. for an anniversary form.

For celebrations of 50 years and on, we ask that the information be typed and the form returned to our office along with a photograph, black and white preferred.

Please include a phone number where you can be reached and return the form at least two weeks in advance.

Your announcement will be published the Sunday before the date of your celebration and as space permits.

You may pick up your photo once the announcement has appeared in the paper.

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GUESTS and TOPICS — (Subject to Change)  
During December

- \* DECEMBER 17th — Ann Erahm talks about chronic & degenerative diseases ("Reclaim Your Health")
- \* DECEMBER 24th — Terry's Christmas show
- \* DECEMBER 31st — Dr. Neal Barnard talks about healthy eating ("Eat Right to Live Longer")

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M-F 9:30 AM-7:30 PM • SAT. 10 AM-5 PM • SUN NOON-5 PM

## Estate Shape

...straight talk on wills, trusts, probate & estate planning  
**WHOSE INHERITANCE ANYWAY?**

QUESTION: If I leave a sizeable bequest to my niece in northern Idaho will her husband necessarily inherit part of it?

No. The general rule in Idaho is that an inheritance becomes the sole and separate property of the beneficiary named in the will or trust. Even though Idaho is a community property state, the rule of separate property applies.

That's not the end of it, though. Another rule: generally, the interest earned on an inheritance once in the hands of a married person is the community property of the couple. Example: wife inherited thirty thousand dollars twenty years ago and put her money into high-grade corporate bonds which have since earned eighty-five thousand dollars.

Result? The earnings are community property, jointly owned by the parties. The original thirty thousand dollars remains the wife's separate property.

A final but important rule: Idaho law permits a person to designate by will, trust, or gift that income earned by an inheritance or gift remains the separate property of the beneficiary, not the joint or community property of the couple. The probate deed or instrument conveying the gift must state the restrictive provision.

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## Cool

Continued from D1

form-fitting jacket-and-pants ensembles — very European, very Downhill Racer. Very James Bond.

Ski-wear creates an impression of vitality, says Bill Clapper, spokesman for Ski Industries America, a trade association that represents ski and snowboard product manufacturers. "The look represents an active lifestyle. It represents healthiness. Plus the way the clothes are cut, and the functional elements like the zippers and the pockets are modern-looking, tip-to-date."

Ski clothes and their fashion clothes are also using modern fabrics, that weren't even available 10 years ago, says Clapper.

"There's a futuristic element to fabrics like Gore-tex," he says. "It lets out moisture and heat but doesn't let in air or snow or cold."

They also take and hold color well, he says, allowing for the extra-saturated brights that are beloved on and off the slopes.

"These state-of-the-art fabrics include copyright names like Thinsulate, Thermex and Polar-fleece. Clothing made of these fleecy wonder fabrics fill half the pages of catalogs such as Patagonia and J. Crew, with retailers such as Banana Republic, the Limited, Judd's and the Gap getting in on the act, too. "It's more functional than traditional ski clothing," says Alan

## The cool elements of ski wear

Dallas Morning News

- Cool wraparound goggles by Arnet, Diesel, Black Fly
- Sweaters with winter motifs such as snowflakes or reindeers
- Solid-color cotton or wool jerseys with a band of thin, horizontal stripes in contrasting colors
- Anything fleecy (often made of microfibers and fibers recycled from old plastic soda bottles): turtlenecks, jerseys, pullovers, quilted parkas in offbeat color/fabric combos such as white nylon and black vinyl
- Lycra stretch pants in space-age dyes and grays by Sport Obermeyer and Roffe

Blackwell, who owns Freedom Sports, a snowsport clothing-equipment store in Grapevine, Texas. "I wear a lot of my snowboard clothes like my fleecy jacket when it gets real cool."

Snowboarding, the youth-driven spinoff of skateboarding that's become the hottest sport on snow, is one of the brightest sparks igniting the ski-wear trend.

"The sport has an "alternative" appeal that rubs off on the clothes, says Blackwell. "I've got a girl that just came in yesterday, I'm holding a Burton snowboarding jacket for her because she thinks it looks cool," he says.

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# Comics

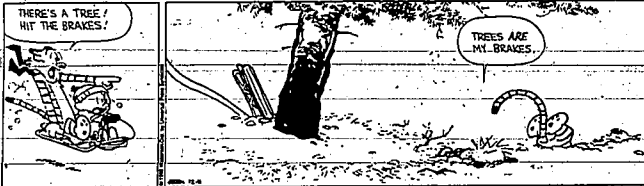
**Peanuts**

By Charles M. Schulz



**Calvin and Hobbes**

By Bill Watterson



**B.C.**

By Johnny Hart



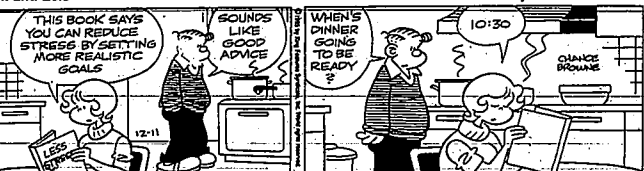
**Garfield**

By Jim Davis



**Hi and Lois**

By Chance Browne



**The Wizard of Id**

By Brant Parker & Johnny Hart



**Hagar the Horrible**

By Chris Browne



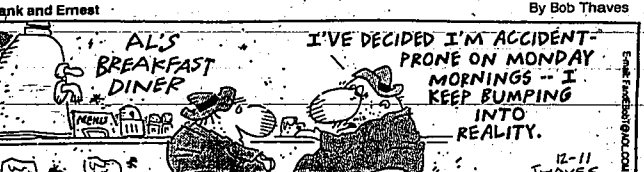
**Beetle Bailey**

By Mort Walker



**Frank and Ernest**

By Bob Thaves

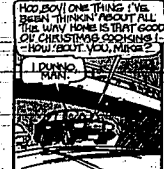


**The Born Loser**

By Art Sansom & Chip



**For Better or For Worse**



**I've Got a Weakness**



**How Can You Tell**



**GROANNNNN**



**Blondie**

By Dean Young & Stan Drake



**Pickles**

By Brian Crane

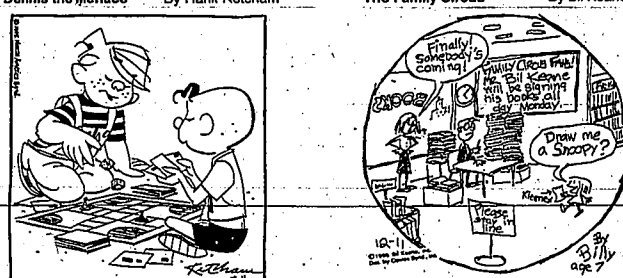


**Dennis the Menace**

By Hank Ketcham

**The Family Circus**

By Bill Keane



This week little Billy fills in for Daddy, who is on a book promotion tour.

## 'Hansel' German for 'Johnny'

That "Johnnes" is the German for "John" is known by most. But not all are aware that "Hansel" is the German for "Johnny."

When did organized labor start putting union labels on products?

In 1874. The Cigar Makers did that. Same year the old Remington typewriter came out. Sold for \$125, more than a month's rent for most. The company moved only eight in that first campaign.

If you're a punster, you're a "punsomniac."

The English came up with a sealed metal container for food in 1812. But, once they closed the can, they couldn't open it, except with heavy blades or some such. It wasn't until 1860 that creative minds met the urgent need to invent an opener.

Think of that! After 48 years, that's a long time to cut open cans with hutchies. When a woman smiles at a man, the man tends to think she has a romantic interest in him. Not all men. Many, though. Or so studies suggest. Our Love and War, man-admiration, is frequently mistakch, is fairly common. But

**L.M. Boyd**  
What's what?

"Most men start out more lonely than lustful. They're more restrained. They don't really start to conjure up physical fantasies until she says hello."

It is recalled that the athletic director of the State Correctional Institution at Pittsburgh, Pa., set down these rules: "No pole vaulting, no cross-country, running, and no away-games."

The six-pound bird, that lays a one-pound egg is the mother kiwi. She carries it for 34 days, then carries another. The father kiwi doesn't have it all that easy—either. He sits on the two eggs for 90 days. And broods. In every sense of the word, I imagine.

Q. Which of the pro football players holds the NFL record for most fumbles in one game?  
A. Kansas City's Len Dawson, with seven on Nov. 15, 1964.

## Sydney Omarr's Horoscope

**IF DECEMBER 11 IS YOUR BIRTHDAY:** You are highly intuitive; also unorthodox, fascinated by manics and "sciences," including astrology. While young, relationships with men, especially mother, was unstable. Capricorn, Cancer, Aquarius persons play significant roles in your life. During December partnership and marriage figure prominently. You'll travel in 1996; you'll entertain and be involved with charitable-political activities. May will be your most memorable, romantic, profitable month of upcoming year.

**ARIES (March 21-April 19):** Unusual Monday! Focus on social activity, creativity, physical activity, intense love relationships. You'll bring order out of chaos, you'll advise others on fashion.

**TAURUS (April 20-May 20):** Legal matters, domestic violence, credibility, reputation, honoring agreement. Proceed, take nothing for granted. Scorpio native warns: "Being open-minded does not mean being naïve."

**GEMINI (May 21-June 20):** Emphasis on communication, variety of sensations, flirtation that leads to spice. Clash of two opposites into physical attraction, then love and marriage.

**CANCER (June 21-July 22):** Stay home! Be on familiar ground, financial opportunity exists, but you can be reached. Focus on decorating, remodeling, dancing to your own tune.

**LEO (July 23-Aug. 22):** Element of deception present — be realistic concerning get-rich-quick schemes. Cycle high take charge of your own destiny — get rid of superfluous material, people who take you for granted.

**VIRGO (Aug. 23-Sept. 22):** Focus on responsibility, time and its limitation. Special meeting involves entertainment, color coordination, showmanship — don't let the bewilderment be changed.

**LIBRA (Sept. 23-Oct. 22):** It all comes together! Leo Moon relates to fulfillment, speculation, adventure. Avoidance of the bewilderment with wit and influence people in far-away places.

**SCORPIO (Oct. 23-Nov. 21):** Leadership! Moon at top of chart relates to promotion, production, ability to lead the way. Make fresh start, accent creativity, new love. Stress originality, let go of status quo.

**SAGITTARIUS (Nov. 22-Dec. 21):** Match in two directions! Family members insist, "Do it my way!" Difficulty arises because each wants you to go in a different direction.

**CAPRICORN (Dec. 22-Jan. 19):** Diversify, recall aphorism, "Don't put all eggs in one basket!" Other people trust your financial judgment, you'll be on mark, time to start of something big!

**AQUARIUS (Jan. 20-Feb. 18):** More like it! You'll be thrust into situation requiring unorthodox approach, methods. That is more like it, you'll be needed as outstanding. Legal affairs dominate.

**PISCES (Feb. 19-March 20):** Focus on exploration, discovery, chance meeting that could be start of something big! Romantic nature, sizzles. You'll know, "This, is real!" Virgo plays important role.

**ACROSS**

- 1 Precipitants
- 5 Denial
- 10 Shade trees
- 14 A Clapton
- 15 Too heavy
- 16 Metal fastener
- 17 Trigonometric function
- 18 Kinded again
- 19 Pork prong
- 20 Place for processing
- 21 Phores
- 22 Clad
- 24 Numerical prefix
- 25 Not moving
- 26 Meant
- 30 Measuring sticks
- 31 Frame film
- 32 Mine product
- 33 Uncanny
- 37 In favor of
- 38 Daily server
- 41 Uneven
- 42 Chemical compound
- 44 Label
- 45 Rim
- 46 Amillies
- 48 Train operator
- 50 Use up
- 52 School group
- 53 abbr.
- 58 Clerical hat
- 59 Sink violence
- 60 Name item
- 61 Nebraska city
- 62 Tardy
- 64 Photograph record
- 65 Lacquer ingredients
- 66 God of love
- 67 Abstract being
- 68 Church council
- 69 Depression
- 70 Male
- 71 Down
- 72 Witty remark
- 73 Solo
- 74 Northern state
- 74 Parfumed
- 75 Passageway

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74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93

**Saturday's Puzzle solved:**

SHORT GRAB STAYD  
PAPER HULA ERIE  
ARENAL UPDIO TURIN  
RENOVATE ELATEBYT  
FEDERAL CLERICAL  
CONITE GENERATE  
CORTEL PANGA MAN  
AFCO PEPOF PESTY  
FEDERAL CLERICAL  
STAINED POFDER  
SCAR TERY  
CANCEL CONTACTS  
ALCO ZONE ROMAN  
TEND EYES SNAPS

12/11/95

- 51 Title giver
- 52 Wall
- 54 Eye section
- 55 Boley --, tag maker
- 56 Facial feature
- 57 Nude
- 58 English section
- 59 Take a break
- 62 Chemical suffix

# Bit of math can help raise your fitness level

Tony Riddler News Service

It may sound crazy to you, but scientists have found a way to evaluate your fitness level, and you do not have to run, walk, or swim to do it. You need a few basic measurements and brief evaluation of your weekly activity. A mathematical equation will do the rest.

Previously, we have talked about VO2 max as a parameter for measuring fitness levels. The 1-mile walk test was one way you could estimate your VO2 by measuring your heart rate response to exercise. Well, now you don't even need your sneakers. Rate yourself on the following questions, and apply the answers to the equation that follows. It will give you a peak VO2 estimation that researchers claim is as accurate as long as your VO2 is less than 45 ml x kg<sup>-1</sup> x min<sup>-1</sup>. In other words, if you are very fit, it probably is not an accurate indicator.

Here are the criteria. First you must determine your PA-R or physical activity rating. Choose from the following options and their associated value:

- 0. Does not participate in organized recreation or athletic activity.
- 1. Avoids walking or exercise.
- 2. Walks for pleasure, occasionally engages in activity which results in elevated breathing, uses stairs instead of elevators.

- 3. Participates in organized recreation or work which requires moderate physical activity. Examples include weightlifting, golf, household chores, yard work, etc.
- 2: 10 to 60 minutes per week.
- 3: Over one hour per week.

- 4. Regular participation in difficult physical activity. Examples include running, swimming, aerobics, tennis, cycling, etc.
- 5. Less than 30 minutes per week running or activity of similar intensity.

- 6. Running 1 to 5 miles per week or 30-60 minutes of similar activity.
- 7. Running 5 to 10 miles per week or 1 to 3 hours of similar intensity.
- 8. Running over 10 miles per week or over three hours of similar activity.

Whatever number best describes your physical activity level is your PA-R. Next you need to weigh your weight in pounds by its sex. If you are male, use 70.3 kg/m<sup>2</sup>. If you are female, use 64.5 kg/m<sup>2</sup>. You also need your height in meters. Calculate your BMI or Body Mass Index by dividing your weight by your height squared. For example, a 70 kg man who weighs 1.8 m tall has a BMI of 70/(1.8 squared) equals 21.6 kg/m<sup>2</sup>.

Now let's assume that Joe Jogger rated himself as a 4 on the PA-R and he is 35 years old. Here's the

## The waist-hip ratio

Research shows that people with "apple-shaped" bodies face more health risks than those with "pear-shaped" bodies that carry weight more around the hips. Specialists to reject the scales and expose the waist-to-hip ratio as a tool for determining health.

## To flog your ratio

WAIST: Measure at the narrowest point with stomach relaxed.

HIPS: Measure fullest point, where buttocks protrude most.

$$\text{RATIO} = \frac{\text{WAIST}}{\text{HIPS}}$$

Women's ratio should be 0.8 or less  
Men's ratio should be 0.95 or less

KRIS Topographics

final equation (you'll need your calculator):

$$\text{Peak VO2 Estimation equals } 56.363 + 1.921 (\text{PA-R}) - 0.381 (\text{Age}) - 0.754 (\text{BMI}) + 10.987 (0 \text{ equals female, } 1 \text{ equals male}).$$

Joe's Peak VO2 estimation equals 45.48 ml x kg<sup>-1</sup> x min<sup>-1</sup>.

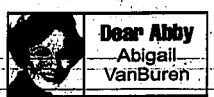
There is no question that the equation works. I guess the bigger question becomes what is your motivation? Even though fitness level with no movement component in some ways defeats the purpose, doesn't it? It's like the drive-through: You get what you pay for in the end.

Once you have estimated your VO2 level, look at the variables in the equation. The only way to make a change is to increase your physical activity rating or reduce your weight. Either way you have got to move.

# Plug up harassment with fraud hotline

**DEAR ABBY:** A widow signed "Cautious in Fairfax, Va.," complained about a telephone solicitor who pestered her. The caller refused to identify himself and insisted on speaking with 12-year-old son who had been dead for 12 years.

Well, Abby, she's not the only person who's sick and tired of telephone solicitors. Fraudulent and abusive telemarketers harass people, cost consumers nearly \$40 billion a year, and give a black eye to an otherwise useful and legitimate industry. The Federal Trade Commission has a new rule to help people fight back: Our rule prohibits telemarketers from calling before 8 a.m. or after 9 p.m. It also prohibits telemarketers from calling back after you've told them not to and outlaws other deceptive and abusive practices. This rule takes effect Dec. 31, 1995. Consumers can fight back by letting us know when they encounter a scam. Abby, please encourage your readers to call the National Fraud Information Center at 1-800-876-7060 if they have been victimized.



They can also write the Federal Trade Commission, Room 1103, Washington, D.C. 20580 to report a violation, or obtain information about our new telemarketing rule.

**JODIE BERNSTEIN, DIRECTOR, BUREAU OF CONSUMER PROTECTION, F.T.C.**

**DEAR JODIE:** Thank you for an informative message. Many readers—the elderly, the infirm and those who work at home—will find this information useful. The National Fraud Information Center shares the tips it receives with state law enforcement officials as well as the Federal Trade Commission to ensure consumer protection. The hotline number is a giant step in the right direction.

**DEAR ABBY:** I had to respond to "Divorce-Free in California." I, too, had a long list of requirements for a spouse. I'm a Stanford graduate, so she had to be a college graduate, too. No kids, into outdoor sports, and the same religion (Jewish). But as my grandmother used to say, "Man plans, and God laughs."

Then I met Bonnie—a high school graduate, divorced with two kids, and a Mormon to boot. After our first (and only) camping trip, I asked her how I could make the outdoors more enjoyable for her, and she replied, "Buy a Winnebago." However, despite all our differences, we fell in love, and we've been together for nine years.

She and "our" daughters are the joy of my life. My belief in God starts on the premise that he let me find this amazingly special woman. "Divorce-Free in California" needs to lighten up. She's looking for a "custom-fit" in an "off-the-rack" world.

**DIVORCE-FREE LAWYER IN MONTANA**

**DEAR ABBY:** When we entertain at home and a guest brings a bottle of wine as a gift, my husband thinks the guest puts the wine in our wine closet and serves our own wine at dinner.

He believes the selection of the wine is part of the dinner preparation. I feel the courteous thing to do would be to serve the guest's wine with our dinner. What do you think?

**-PUZZLED IN ASHEVILLE**

**DEAR PUZZLED:** Your husband is correct. The host is not obligated to serve the wine brought by a guest. It's perfectly proper to put it away to serve at some future occasion.

## To do for you

### Free Jungian presentation planned for this evening

**TWIN FALLS**—A Jungian Dream, Study & Express Group, with Susan Hyder, will hold a free orientation meeting from 7 to 7:45 p.m. today with an initial group meeting set for 8 to 9:30 p.m. at Mystic Pathes Bookstore, 149 Main Ave. E.

The fee is \$7.50 per hour, with a 4-6 session commitment (gradual payment available). Hyder has recently opened a private practice in Jungian Analysis in Ketchum.

The purpose of this group is to allow individuals an opportunity to deepen awareness and subtlety in their lives and in relation to the unconscious, following the psychology of C.G. Jung.

We will meet four to six times in two-hour sessions on either a weekly or bi-weekly basis (to be agreed upon as a group). The group may continue on an ongoing basis, if there is interest.

Dreams of participants will be explored on a voluntary basis, with attention to symbolism, associations, and significance regarding conscious, waking-life, past-experiences and future plans. For more information, call 324-5654.

### Free nutrition, depression workshops begin today

**TWIN FALLS**—The South Central Community Action Agency would like to announce the Community Food and Nutrition Program's free monthly workshops. This month's topic is Nutrition, Fitness and Avoiding Seasonal Depression. Guest speaker will be Tony McNevin.

Workshops to be held: 6:30 to 8 p.m. today, St. Jerome's Parish Hall, 216 Second Ave. E., Jerome; 5:30 to 7 p.m. Tuesday, SCCAA Green Building Conference Room, 720 Shoshone St. W. in Twin Falls; 1:30 to 3 p.m. Wednesday, Heyburn Fire Station, 801 N. 8th St. and 1:30 to 3 p.m. Thursday at the Methodist Church, 360 Shoshone St. E. in Twin Falls.

All participants will take home a completed project. Parents and eligible participants will receive a voucher for one box of food good for 30 days from the date of workshop. Door prizes will be given. Call Wendy McGrath at the SCCAA at 733-9931 or 1-800-627-1733.

### Help avoid holiday blues at free seminar Tuesday

**TWIN FALLS**—A free community seminar, "Healthy Family Holidays and How to Overcome the Holiday Blues" is set for 7 to 8:30 p.m. Tuesday at KMVT Community Room, 1100 Blue Lakes Blvd. N.

The seminar is presented by Betty Blackley, L.S.W., coordinator of Outpatient Services at Canyon View Hospital and Counseling Center.

Learn ways people can recognize the signs and causes of holiday blues. The effects of holiday blues on the individual and their family will be reviewed along with the various options that are available to help survive the holiday blues.

There will be a review of considerations and options that could contribute to healthier holiday experiences for the individual and their family.

Call Canyon View's Community Service Department at 734-6760 or 1-800-657-8000.

### Wednesday CPR class begins soon in Jerome

**JEROME**—Registration is currently being taken for a cardiopulmonary resuscitation (CPR) class. This is a one-night class to be held Wednesday and will provide American Heart Association certification for passing students. The fee is \$15 (\$20 for out-of-district participants). For more information, call the Jerome Recreation District at 324-3389 or stop by the office at 2444 S. Lincoln.

### Learn about First Aid, CPR at Red Cross class

**TWIN FALLS**—The American Red Cross is offering a nine-hour class on Community First Aid and Safety (first aid and infant, child and adult cardiopulmonary resuscitation) from 6 to 10 p.m. today and Thursday.

The fee is \$40 and pre-registration is required. Call 733-6464 or stop by the office at 718 Shoshone St. E.

### CSI's Northside Center offers classes on yoga

**GOODING**—Yoga for self awareness and healthful living is being offered from 9 a.m. to noon Saturday at the College of Southern Idaho North Side Center.

The fee for this enrichment course

is \$12. Contact the North Side Center at 934-8678.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion section. Mail notices to The Times-News, P.O. Box 548, Twin Falls 83303, or deliver to our office at 132 Third St. W.

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Golden Eye (13) 7:00-9:00  
The Toy Story (G) 7:15-9:15  
Father of the Bride 2 (PG) 7:00-9:00

**Twin Cinema 9**  
THURS 12/11

Ace Ventura 2 (13) 7:15-9:30  
Casino (R) 7:30  
Money Train (R) 7:15-9:30  
Golden Eye (13) 6:45-9:15  
The Toy Story (G) 7:00-9:00  
Gold Diggers (PG) 7:00-9:00 Ends Thurs  
Home For Holidays (13) 7:00-9:15  
Father of the Bride 2 (PG) 7:00-9:15  
Powder (13) 7:15 Ends Thurs  
Wild Bill (R) 9:30 Ends Thurs

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## Patterns to severe dog bites usually involve kids

The Washington Post

Severe dog bites resulting in hospitalization or death occur most frequently in children under 10 years of age, according to a study published in the November issue of the journal Pediatrics.

The study, conducted by doctors at Harborview Hospital in Seattle and Children's Mercy Hospital in Kansas City, reviewed data involving 40 children under 16 who were admitted to three hospitals between 1983 and 1994 for treatment of serious dog bite injuries. Three of the children died of their injuries.

Researchers led by pediatrician Thomas V. Brogan analyzed a variety of factors to determine the characteristics of the children and dogs involved in such attacks, as well as the nature of the injuries sustained.

Contrary to popular belief, they found that stray dogs were involved in only 3 attacks. In most cases the

dog was a pet of the child's family or of a neighbor and the attack occurred inside a home.

One third of the children required treatment in the intensive care unit; 88 percent of children younger than 8 had head injuries including fractures or intracranial hemorrhages; Sixty percent of the victims were boys.

The authors note that the belief that strays are more dangerous may cause dog owners and adults who supervise children to relax their guard around familiar animals, rendering children more vulnerable to being bitten, the authors note. Dogs typically bite people because they are jealous, fearful, overbred or inadequately trained.

Parents and dog owners must assure adequate supervision of children, especially infants and toddlers, at all times in the presence of dogs, even the family dog," they conclude.

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# How you look is your call

## A few tips for solving the delicate puzzle of intimacy

**DEAR PAULA:** Being female in our society is hard enough, but it is made worse by the media. It is almost impossible to not let the media and their idea of beauty drive you crazy. Because of their constant and often conflicting messages about what is beautiful and fashionable, it is difficult to decide whether or not you feel you can be beautiful. I, like other girls my age (17), sometimes become a slave to what I read or see. Why don't they just leave women alone?



Recently, I was flipping through a magazine and it was explaining how men prefer women with long hair to women with short hair. Does that mean we should all have long hair? Women with low self-esteem who have short hair are bound to feel terrible about how they look and may very well decide they are no longer beautiful or desirable. And what makes this magazine think women only have hair to attract a man? Looking and reading a magazine can be fun, but it is easy to stop yourself from feeling inferior because you can't live up to the unrealistic standards of beauty. Women, including myself, should come to realize that our differences are what make us unique and special. The world wouldn't be as interesting if we all walked around looking like Cindy Crawford or Kate Moss. —Tara, Benslim, Pa.

**DEAR TARA:** Your letter is well taken.

It isn't easy being bombarded with so many messages about what is beautiful. The media's idea of an attractive woman is more often than not one whose breasts spill out from her neckline, in a skirt so tight she can barely walk, and shoes so impractical they are more like Chinese foot-binding than anything we should be willing to call fashion. Women are extremely vulnerable in regard to the notion of being considered attractive, and even more anxious about being considered less attractive. Many women are driven to spend a good deal of their lives preoccupied with grooming and what the fashion pundits decide is good taste. The end result makes women little more than sex objects. Finding a balance between personal style and what is fashionable takes a great deal of self-awareness and style savvy.

There are plenty of women who feel fashionable when they wear tight Lycra stretch pants and tight T-shirts, even though they are noticeably overweight and bulging in the wrong places, and there are plenty of women who think they look great when they use a light brown lipstick outlined with dark lip pencil when they really look deathly.

It isn't easy. Just keep working on what is best for you, stay aware of what it means to be a powerful, assertive woman, and you will find yourself making wise decisions when it comes to how you want to look and how you want to be seen.

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95).

We are all born with the ability — in fact, the inextinguishable need — to achieve intimacy with others. To this point, C. Edward Crowther, author of "Intimacy," reflects that "Intimacy at the emotional and spiritual level equals our physical needs for air, water, food, shelter, and sleep. Intimacy is like a tree," he says, "with deep roots and a wide, spreading canopy of leafy branches. It is a tree of life. People with no intimacy, in their lives lead starved existences with shallow roots and spindly branches on which few leaves will grow."

Thus, though we all need intimacy, our bodies may survive while our intimate selves are starving. Intimacy, in marriage, isn't the same as the need for sex (although sex, in a committed relationship, is a part of intimacy). Basically, intimacy is the desire to connect with someone else — to experience that person's deepest inner self — and to share, in return, your own.

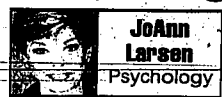
There are myriad ways to nurture intimacy in relationships. Here are a few ways you and your partner can genuinely share yourselves and bring energy back to your pairings.

• **Errom.** Crowther's perspective, intimacy involves an opening, a sharing of autonomy, or freedom. This means that each of us must take full responsibility for our own lives, for evolving into the best human beings we can evolve into, occupying our own space, and letting our partner do the same.

• **In autonomy,** says Crowther, "we are the fulfillers of our own life scripts, and the exercisers of our own physical, emotional and spiritual energies."

Only if couples allow each other full autonomy — the chance to have personal lives and space while, at the same time, building a solid core relationship, will they be able to achieve intimacy.

• **Give your partner ultimate respect.** Intimacy cannot exist in a relationship beset with harsh criticism, with cruel put-downs, or brow-



**JoAnn Larsen**  
Psychology

beatings. Nor can it exist when partners typically yell and scream at each other or trample each other's fragile egos in order to be "right" or "better" than the other.

Rather, intimacy flourishes when partners take responsibility for protecting each other from being wounded. Adopting the guideline that "Your well-being or happiness is as important as my own" sets the stage for mutual trust and love that form the solid base of intimacy.

• **Encourage intimacy** by adding to the relationship the "emotional goodies" you extend to the casual acquaintances in your world. Use consistently, the pleasant sounds of, "Thank you," "Please," "Are you comfortable," and other thoughtful gestures are ways of demonstrating love and respect for each other.

• **Tolerate differences.** Remember that everyone is flawed (or so it seems from our own viewpoint), so be tolerant of your partner and overlook the irritants.

Psychologist Carl Rogers uses this analogy to capture the need to accept those we love as they are: "When I walk on the beach to watch the sunset I do not call out, 'A little more orange over to the right, please,' or 'would you mind giving us less purple in the back.' No, I enjoy always different sunsets as they are. We do well to do the same with people we love."

• **Keep the details** of your intimate and sexual life private. Draw a boundary around yourself and your partner that disallows the revealing of private moments and confidences to others. You cannot have a truly intimate relationship when one or the other of you knows that intimacies may be shared with outsiders.

• **Say "I love you" often.** Everyone needs to know often that they are

loved by their partners. Words can nurture feelings — can keep love strong and in the forefront of a relationship.

Crowther recommends what he calls the "poem of the marriage bed" in which a couple holds each other before sleep, each relating what his or her partner has said or done to show love in the course of the day. Reflecting each evening upon two or three examples of loving that have happened that day, in the course of a week a couple would have shared 18 or 20 instances of being loved.

• **Touching —** much of which needs to be nonsexual touching — is an area that may need to be negotiated by couples. Women, particularly, may suffer from what might be called "touch starvation" without sexually-neutral, but loving, touching.

• **Intimacy also includes** understanding and responding to each other's sexual needs. "His Needs, Her Needs," by William F. Harley Jr. observes that the typical wife doesn't

understand her husband's deep need for sex any more than the typical husband understands his wife's deep need for affection.

• **For the woman,** qualities like affection, attentiveness, warmth of personality, kindness and tender sensitivity do more to arouse her than any special technique a man may have developed. (And a man with the qualities mentioned above makes a woman feel that he understands her

and knows how to take care of her. Since a woman's choice to participate in a sexual relationship is a "mind set," her actions, in feeling loved and cared for, in turn, may cause her to respond sexually in ways to her husband that are fully satisfying.

JoAnn Larsen, who grew up in Kimberly, is a Salt Lake City family counselor.

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