



# WEATHER

### IDAHO Weather

Monday, Sept. 30  
AccuWeather forecast for daytime conditions and high temperatures

COEUR D'ALENE	79°
LEWISTON	80°
BOISE	80°
TWIN FALLS	86°
POCATELLO	85°

SHOWERS, TUMULOUS RAIN, FURIES, SLEET, ICE  
CURRENTLY IN CLOUDY, CLOUDY  
ILLUSTRATION: PETER COOPER © 1996 ACCUWEATHER, INC.

## FORECAST

### Magic Valley

Monday mostly sunny and continued warm with a few clouds forming over the mountains near the Nevada border in the afternoon. Highs in the lower 80s. East wind 5 to 10 mph. Monday night a few clouds over the mountains near the Nevada border otherwise mostly clear. Lows 45 to 50. Tuesday mostly sunny. Highs in the upper 70s. The ultraviolet index forecast is 4, a low exposure level.

### Extended regional forecast

Wednesday mostly cloudy with a chance of showers late. Cooler. Lows 35 to 40. Highs near 60. Thursday mostly cloudy with a chance of showers. Lows in the mid-30s to lower 40s. Highs in the low to mid-60s. Friday partly cloudy. Lows in the upper 30s to mid-40s. Highs in the mid to upper 60s.

### Camas Prairie, Wood River Valley

Monday sunny with a few clouds forming over the mountains in the afternoon. Continued warm with highs in the mid-70s. Monday night mostly clear. Lows in the mid-30s.

### Treasure Valley

Monday mostly sunny and continued warm. Highs in the lower 80s. Southeast wind 15 to 20 mph shifting to the northwest around noon. Monday night mostly clear. Lows in the mid-40s except in the lower 50s around Boise.

### Northern Nevada

Monday partly cloudy. A little cooler west and continued warm east. Highs upper 70s to mid-80s. Monday night partly cloudy. Lows in the 30s east to mid-40s west.

### Northern Utah

Monday mostly sunny. Highs lower 80s. Monday night partly cloudy. Lows upper 40s to mid-50s. Tuesday partly cloudy. Slight chance of showers and thunderstorms. Highs upper 70s. Chance of rain less than 20 percent Tuesday. The ultraviolet index forecast is 5, a moderate exposure level.

## IDAHO WEATHER SUMMARY

A strong high pressure system created sunny and warm conditions across the state on Sunday. Temperatures ranged from 70 degrees at Hailey-Sun Valley to 84 degrees at Mountain Home. Winds were variable in direction at 10 to 15 mph or less.

## ACROSS THE NATION

### Heavy rain falls on much of East, Southeast

The Associated Press

Showers fell across the Southeast on Sunday after a night of heavy rain that extended all the way to New England.

Showers were scattered over much of Georgia and Florida during the afternoon, and also extended into parts of Alabama and the Carolinas.

The wet weather stretched along the remnants of a cold front that earlier had extended from the Gulf Coast into New England.

Twenty-four-hour rainfall amounts as of 8 a.m. Sunday included 1.18 at Montgomery, Ala.; 1.55 at Columbus, Ga.; 1.48 at Asheville, N.C.; 2.12 at Clarkburg, W.Va.; 1.67 at Allentown, Pa.; 1.13 at Buffalo, N.Y.; and 1.20 at Burlington, Vt.

In the upper Midwest, afternoon showers were scattered from western Iowa into northern Illinois, and across upper Michigan.

Scattered light showers also were forecast into Indiana and northern Ohio, and over parts of South Dakota and Minnesota.

In the Northwest, a few light showers were likely in north-central Montana.

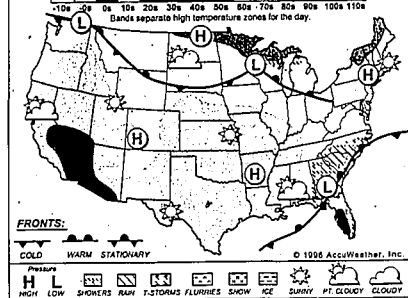
Far out at sea, Hurricane Isidore, the fifth hurricane of the Atlantic, was weakening Sunday as it wobbled along a northeasterly path, and was little threat to land, the National Hurricane Center said.

At midday, Isidore was centered roughly 2,500 miles east of Miami, or about 1,400 miles south-southwest of the Azores.

The storm's maximum sustained wind speed was down to about 75 mph, just above the threshold between hurricane and tropical storm.

## NATIONAL Weather

The AccuWeather forecast for noon, Monday, Sept. 30.



## TEMPERATURES

City	Min	Max	Pcp
Albuquerque	76	49	.73
Atlanta	72	53	
Boston	67	81	.58
Chicago	66	50	
Dallas	81	49	
Denver	79	48	
Des Moines	67	47	
Detroit	71	47	
Houston	89	78	
Indianapolis	77	50	
Kansas City	79	46	
Las Vegas	91	63	
Los Angeles	85	62	
Miami	80	60	
Miami Beach	84	51	
Milwaukee	67	49	.04
Minneapolis	77	62	
New Orleans	79	69	
New York	69	60	
Oklahoma City	79	46	
Omaha	70	47	
Phoenix	100	70	
Pittsburgh	64	47	
Portland, Me.	68	58	.26
Portland, Ore.	75	55	
Reno	85	41	
San Antonio	77	49	
Salt Lake City	82	47	
San Francisco	63	52	
Seattle	74	46	
Spokane	79	47	
Washington	69	58	.64

## HIGHS & LOWS

Idaho: High, 84 degrees at Mountain Home. Low, 23 degrees at Stanley. Nation: High, 104 at Coolidge, Ariz. Low, 23 at Wisdom, Mont., Stanley.

## FOR MORE INFORMATION

Tune to the National Weather Service radio band of VHF-FM 162.4 or 162.55 MHz or call 423-4423. The Internet address for Idaho Transportation Department road reports is: <http://www.state.id.us/dit/dtump.htm>

## FIRE DANGER

The fire danger index for south central Idaho today is: For forest lands: Not available. For range lands: Not available. Ropers have been discontinued for the season.

## ALMANAC

Idaho	Max	Min	Pcp	Twin Falls	Yesterday	83	51	.....
Boise	84	54	.....	Yesterday	86	36	.....	
Burley	84	43	.....	Last year	56	36	.....	
Fairfield	m	m	m	Normal	74	39	.02	
Gooding	m	m	m	Month to date	.....	.....	.....	
Hagerman	m	41	.....	Normal mo. to date:	.....	.....	.....	
Idaho Falls	78	33	.....	Water year to date:	12.01	.....	.....	
Juntura	82	48	.....	Normal year to date:	10.68	.....	.....	
Lewiston	85	50	.....	Month to date:	.....	.....	.....	
Molad	80	31	.....	Normal mo. to date:	.....	.....	.....	
Malta	84	43	.....	Humidity at noon:	49 percent	.....	.....	
McCall	m	32	.....	Barometer at noon:	30.1 inches	.....	.....	
Pocatello	82	37	.....	Pollens: 164 (sagebrush), High	.....	.....	.....	
Salmon	79	34	.....	Mold: 477 (smell), Low	.....	.....	.....	
Stanley	m	23	.....	.....	.....	.....	.....	
Sun Valley	m	m	m	.....	.....	.....	.....	

## SKYWATCH

Sunset today 7:22 p.m.  
Sunrise tomorrow 7:35 a.m.  
Lunar phase: Full, Sept. 26; last quarter, Oct. 4;  
new, Oct. 12; first quarter, Oct. 19.  
Visible planets: Mercury, Saturn, Mars, Venus,  
Mercury, Evening: Jupiter.

## Dole

Continued from A2  
proclaimed President Clinton "a perfect liberal" and "a liberal, liberal, liberal, every step of the way."  
"They are liberals, and we are conservatives," Dole told his supporters in West Palm Beach, Fla., on Thursday. "They are elitists, and we are populists."

As Dole uses it, the term is an epithet, a capsule definition of what his strategists believe the electorate rejected in 1994, when Republicans gained a majority in the House for the first time in 40 years, and voters implicitly delivered a negative verdict on the first two years of the Clinton presidency.

"What a liberal is to us," said John Buckley, the Dole campaign's communications director, "is someone who believes government has an answer to every problem and no fear of expanding government and is passionately

committed to higher taxes. ... There's no question it's a pejorative word."

But since 1994, Buckley said, Clinton has skillfully "recast himself as a moderate," a positive term in today's political lexicon. "What we have to do is pull back the cloak and let people see him as he was in '93 and '94, and the way he will be through the year 2000 if he is re-elected."

Dole's best chance to do that — to pin the "liberal" label on his Democratic opponent — will come during the presidential debates, beginning with the first debate scheduled for Oct. 6 in Hartford, Conn.

Dole spent Saturday, as he did Friday, in his Bal Harbour, Fla., condominium a few miles south of here preparing for the debate with the help of senior aides. His only public appearance Saturday, with his wife, Elizabeth, was a

visit to a local restaurant.

Liberal was not always a dirty word in American politics, said Theodore Lowi, a political scientist at Cornell University. The first Democrat to use the term consistently to describe his party was President Franklin D. Roosevelt, and among those who objected most loudly to what he considered the theft of a Republican term was Roosevelt's predecessor, President Herbert Hoover, Lowi said.

In the days of Hoover and Roosevelt, liberal was understood to mean a belief in "liberty, freedom, absence of restraint and a certain antagonism toward government," he said. But beginning in the 1970s and accelerating under President Ronald Reagan in the 1980s, it came to be associated with intrusive big government, high taxes and social permissiveness.

Dawson said he would like to see more emphasis on math at all grade levels.

"I don't blame anybody. I blame the system," Dawson said. "It's just the numbers (of students per class). Some people need individual attention and they can't get it."

Many say physical education can also be a requirement, to make those well-rounded. When too many Americans are suffering from health problems due to lack of exercise, the proposal sends a bad message to teens, some said.

"From the years of 15 and 18 is when you start to develop lifelong patterns," said Jim Jensen, director of rehabilitation at Magic Valley Regional. "If no one shows them what physical fitness is about, they will probably never reach out and do that themselves."

## Billionaires bulge on Forbes 400

NEW YORK (AP) — From the average Joe to the most bloated fat cat, Americans have more money. But the richest are a lot richer and their ranks have swelled by nearly a third.

The 1996 annual ranking of the 400 wealthiest Americans by Forbes magazine includes a record 121 billionaires, 27 more than last year. The ranking appears in the magazine's Oct. 14 issue, released Sunday.

Bill Gates and Warren Buffett again lead the list with a combined net worth of \$33.5 billion. That's nearly as much as President Clinton's proposed tax break to help middle-

class parents pay for their children's college education.

The Forbes ranking came as the Census Bureau just reported that the earning power of everyone in the country increased last year for the first time in six years, reducing the number of poor as wages climbed faster than inflation.

But while regular folk's salaries inched up, the coffers of the rich have ballooned, helped by the stock market's extended rally and the American fervor for computers, phones and the Internet. For the first time, the average net worth for the Forbes 400 exceeds \$1 billion.

Longtime multimillionaires in

business like finance, retail, oil and real estate remain on the list, joined this year by many fresh faces.

Kenneth Tuchman, a 36-year-old entrepreneur now worth \$1 billion through his telephone marketing company TeleTech Holdings Inc., and Joseph Liemand, a 28-year-old self-made software developer worth \$500 million, are two of the 43 new entrants.

Daniel Ziff, 24, part of a trio of billion-dollar brothers from Ziff Brothers Investment, founded with money from publisher-father William Ziff Jr., is the youngest on the list.

## Yoga

Continued from A1  
and Health Club in Burley, to introduce yoga exercises to her classes.

Granata has a bachelor's degree in physical education and teaches yoga classes at the club to a variety of age groups. Yoga is suitable to any age group and could help anyone who wants to gain and maintain flexibility, Granata said.

Where Asian businesses use yoga during breaks, Granata said, American workers too often sit and drink beverages with caffeine, smoke or eat sweets. Granata started the students with 15 minutes of warm-up exercises to music. She and Merritt joined the students in a big circle and walked forward, backward, sideways, on their toes, on their heels, in big strides and with various

arm-stretching movements.

After the warm-up, students removed their shoes, lined up on mats and began the yoga stretches. The sequence of postures looks relatively simple, but judging from some of the moans and groans, the students were stretching faster than inflation.

With each movement Granata was careful to explain which body part should be straight, and which should be flexed. Some movements obviously require some degree of balancing ability, because some of the students ended up toppling over onto the mat.

"There are 2,000 different possible movements to the human body," Granata said. "Most of us only do about 200 of them in a lifetime."

Following the stretching exer-

cises the students were instructed to lie down in their normal sleeping positions.

Granata then had them close their eyes and imagine they were in an elevator and feeling the weight of their body pressing on the floor of the elevator. She described the scene as a way of bringing the body back to a relaxed, refreshed feeling.

"The students appeared to enjoy the new experience and were responsive to Granata's directions," she said.

"We plan to introduce the students to a variety of lifetime sports and activities during the school year," Merritt said. "There are so many possibilities in this." Merritt hopes to give students the chance to try cross-country skiing, snow shoeing and rock climbing.

## Hearings set for motions in Oklahoma bombing trial

DENVER (AP) — Timothy McVeigh and Terry Nichols, who forged a friendship on a shared disgust of the government, return to court this week as enemies blaming each other for the

Oklahoma City bombing. McVeigh's attorneys argue Nichols was the primary figure behind the bombing that killed 168 people and that McVeigh ingeniously trusted him. Nichols' attorneys say McVeigh's "violent extremism" appalled Nichols.

The district judge said that they should be tried separately, arguing that jurors will be unable to distinguish between the evidence admitted against each man and fairly judge them individually. They hope to convince a jury that they should be tried separately, arguing that jurors will be unable to distinguish between the evidence admitted against each man and fairly judge them individually. They hope to convince a jury that they should be tried separately, arguing that jurors will be unable to distinguish between the evidence admitted against each man and fairly judge them individually.

begins Wednesday, arguing that most evidence will be used against both defendants and that jurors will be able to sort it out. They also believe a joint trial will be more economical and less traumatic for bombing survivors and victims' families.

The District Judge Richard Matsch could proceed with a joint trial and instruct the jury to weigh the evidence individually, order separate trials, or seat two juries — one to hear evidence against each defendant.

The defendants face an uphill battle since few severance motions are granted and dual juries are rare, said David Kaplan, a criminal defense attorney and a former president of the Colorado Criminal Defense Bar.

Separate trials are "a fairly large inconvenience to the prosecution and to the court," Kaplan said.

## Cuts

Continued from A2  
"My class is not competitive," Bubak said.

Before Miller took Bubak's gym class, he spent most of his time playing computer games. Now he plays tennis with his father. Recently, he made the Tigers' football team as a wide receiver.

"I don't think they should (drop physical education), because students need the exercise," Miller said.

State education officials say the proposal lets local school districts make the decision. They hope the change will make the community more interested in the education of its children.

The proposal would supplement gym and humanities with one additional semester of social studies, and two more semesters of math, or science, or both. Geography must be emphasized

in each high school social studies class.

Under the proposal, administrators will deal with issues that are going to be unpopular, that are going to put them in the hot seat," said Rep. Fred Trimler, R-Boise, a homeschooled who sat on the committee.

Trimler said school districts receive plenty of state money to make physical education a required course, if they wish, but some might have to drop other electives to make ends meet.

Local educators also are torn on whether additional classes in math, science and social studies will, in fact, make better students.

At the College of Southern Idaho, Jim Dawson teaches the equivalent of junior high mathematics to 300 students — probably half of them high school graduates from around the Magic Valley.

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Ty Ransdell, circulation director  
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NATION

# Immigrant areas brace for welfare reforms

**RIO GRANDE CITY, Texas (AP)** — Amid a skyline of barren hills and grain silos, alongside a littered rail yard roamed by mangy dogs, live the residents of Tierra Linda, Spanish for pretty land.

But this land is not pretty. This is where poverty dwells. In the plywood houses and trailers lining the gravel roads. In the drifting stench of a nearby stockyard. And in the minds of the hundreds of people — many of them legal immigrants — who call this dreary enclave home.

This colonia on the Texas-Mexico border is one place where new federal welfare reforms will hit hard. Several states, including New York, New Jersey, Connecticut and California, have already started to put the new federal mandates into effect by denying food stamps to some legal immigrants.

While other parts of the country have greater numbers of legal immigrants, this colony and others along the Texas border have a larger percentage of their populations facing cuts.

And in a region with some of the highest unemployment and poverty rates in the country, the results could be devastating.

Here in Starr County, home to 50,000 mostly Hispanic residents, one out of every eight people is a legal immigrant who stands to lose food-stamp assistance.

Another one in 38 will lose their Supplemental Security Income, a cash payment to poor people who are elderly or disabled. "If they take our food stamps away, what can we do?" 32-year-old Julie Martinez worries, her brown eyes scanning the one-bedroom trailer she shares with her four children.

Unemployed and separated from her husband, Ms. Martinez receives about \$400 a month in



Eulalia Zavita De Teran, 56, of Rio Grande City, Texas, who has lived in the United States for 14 years but has not yet received her citizenship, will still qualify for assistance under new welfare restrictions. However, hundreds of other residents of Rio Grande City — a heavily immigrant enclave of plywood houses and trailers — will be hit hard by the reforms.

food stamps for her family. Under the new welfare law, she risks losing one-fourth of that money because she is not a U.S. citizen.

Her children's benefits will continue because they were born in the United States, but Ms. Martinez wonders how they will survive when living on their cur-

rent stipend is a daily ordeal.

The welfare overhaul ends six decades of guaranteed cash assistance for the poor. For U.S. citizens, it imposes time limits and work requirements in an effort to ease people off welfare and back to work.

For most legal immigrants, the law imposes an outright ban on receiving

food stamps and SSI. Legal immigrants who are veterans or have worked and paid taxes in America for at least 10 years are exempt.

The law also prohibits legal immigrants now entering the country from receiving most federal benefits during their first five years here.

## California man given life term for scalping girlfriend

**FREMONT, Calif. (AP)** — A man who scalped his girlfriend with a kitchen knife was sentenced to life in prison.

Frankie Vanlock, 33, allegedly had tried once before to scalp her but was foiled by a dull blade.

"It is appropriate for what he did," prosecutor Kamala Harris said of the sentence on Friday. "The manner in which this crime was committed was incredibly sadistic."

Surgeons have tried unsuccessfully three times to reattach a piece of Monica Meyer-Harnisch's scalp about the size of a hand.

After drinking rum and taking methamphetamines, he accused her of thinking about an old boyfriend and attacked her after she asked if he was gay, prosecutors said.

## Media fawns on new Mrs. Kennedy



The new Mr. and Mrs. Kennedy find themselves in the spotlight.

**NEW YORK (AP)** — In the flood of media coverage that followed Carolyn Bessette's super-secret wedding to John F. Kennedy Jr., one rule emerged: Never speak ill of the wed.

While Bessette-Kennedy, 30, and the man the tabloids refer to as her "hunky hubby" take their honeymoon in Turkey and the Greek islands, back home, the media is dulling out hype.

By saying, "I do," Bessette-Kennedy transformed her image from JFK Jr.'s latest squeeze to a walking grab-bag of archetypes: All-American beauty, man-manipulating genius, and a woman who lives up to the standard of intelligence and grace set by her husband's late mother, Jacqueline Kennedy Onassis.

The Daily News dubbed her "Carnegie's New Queen." New York magazine called her "Instant Princess." And Liz Tiberius, editor in chief of Harper's Bazaar, gushed to The New York Times: "We'd love to have her on the cover. She's going to be an amazing symbol of American style."

Meanwhile, the Globe tabloid broke new ground by announcing it would call off its paparazzi and leave the newlyweds alone for the duration of their honeymoon.

"We want them to enjoy this special time together," Globe editor Tony Frost said.

## Man gets emergency help online

**BOSTON (AP)** — A disabled man who became ill while logged on to an Internet chess site reached out to fellow players from around the world for emergency assistance.

Charles Drafts, a double amputee who types using a stick in his mouth, was playing chess in cyberspace Saturday on the multi-use World Wide Web site when 159 others also were logged on.

Suddenly, he sent out this message: "I'm having physical illness problems and need help."

"He was starting to have some really bad feelings, shortness of breath and dizziness, and he typed in a message to all our members," said Daniel Slesator, a computer science professor at Carnegie Mellon

University near Pittsburgh who founded the Internet Chess Club.

"It took a little while to know what it was serious or not because there's an awful lot of kidding and bantering that goes on," Slesator said. "At first, I think some people were thinking it was a joke. But others realized it was a serious thing and started getting the information right away."

Drafts managed to type in his address and a short while later Boston firefighters broke down his door to get inside. They rushed the 48-year-old man to Beth Israel Hospital, where he was listed in stable condition on Sunday, suffering from an undisclosed ailment.

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# MAGIC VALLEY

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City Editor: Kevin Robert - 733-0931, Ext. 234

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Monday, September 30, 1996

The Times-News

## AROUND THE VALLEY

### Sewer plant tops agenda at Twin Falls City Council

**TWIN FALLS** - What to do about a series of cracks atop a pair of anaerobic digesters at the city sewer plant is the top item of business at today's Twin Falls City Council meeting.

The meeting will begin at 4 p.m. in City Hall. It is free and open to the public.

Each of the digester chambers can process up to a million gallons of sewage sludge in what amounts to a King Kong-sized compost pile. Trouble is, relentless thermal expansion has cracked their domes, concrete roofs, and aggressive gasses inside the digesters are whistling through the cracks.

"Repairs must be made to prevent the continued corrosion and eventual collapse of the concrete domes," City Engineer Gary Young wrote in a memo to council members.

To fix the problem, Young has rounded up a Billings, Mont.-based company that is prepared to seal the domes from the inside. The job would cost \$204,600 and the repair would be guaranteed for 10 years.

### First alternative government committee meeting today

**TWIN FALLS** - A nine-member committee formed to look at alternative forms of county government will meet for the first time at 7 p.m. today.

Under new state laws covering the optional forms of government, Twin Falls County's three full-time commissioners have appointed the committee to study the existing county government. The committee will compare the county's structure to allowed optional forms, and will recommend changes to the commissioners.

Any recommended changes would be on the 1998 ballot for voter approval.

The committee will meet in the commissioners' chambers on the fourth floor of the courthouse.

### Jerome, Wendell to receive at least 1 additional officer

**BOISE** - Ten Idaho communities, including Jerome and Wendell, will get at least one additional police officer under a federal program announced by the Clinton administration on Saturday.

The Department of Justice's Office of Community Policing Services said grants of \$1.9 million are going out toward the president's pledge to put an additional 100,000 police on the streets by 2000.

The grants will allow law enforcement agencies in 41 states to hire 1,893 additional police and sheriff's deputies.

Overall, program director Joseph Brann said, in two years the program has funded 46,000 additional officers nationwide.

The Jerome County sheriff's office, Kellogg Police Department and Nampa Police Department are to receive funding for two officers each.

One additional officer is funded at Aberdeen, Bellevue, McCall, Payette County, St. Maries, Weiser and Wendell. The total grant to Idaho announced on Saturday is \$829,231.

### Travelling Army science, math show headed for Twin Falls

**TWIN FALLS** - A travelling Army science and math show headed for Burley and Twin Falls this week is nearly guaranteed to make students' hair stand on end.

Sponsored by the Army's National Science Center, the idea is to spark students' imagination by having them participate in fun, well-orchestrated lessons on magnetism and electricity.

"A brilliantly painted, 18-wheel 'Mobile Discovery Center' will visit Robert Stuart Junior High School from today to Wednesday, then Burley Junior High School from Oct. 7 to 11.

Army soldiers from Fort Gordon, Ga., will talk to students about how math and science are essential to the future - as well as fun. The Mobile Discovery Center features a theater, classroom and exhibit hall. Call Craig Ainsworth at Robert Stuart, 733-4875, or Dan Gillett at Burley Junior High, 678-6613, for more information.

### 5-year energy conservation loans are available

**TWIN FALLS** - With winter fast approaching, the state of Idaho has an offer to help save money on heating bills with low-interest loans.

Five-year energy conservation loans at 4 percent interest are available from the Energy Division of the Idaho Department of Water Resources. The loans are available for homes, commercial and industrial buildings, farms, government buildings, schools, hospitals and health-care facilities.

Loans also are available for renewable resource projects. Residential loans range from \$1,000 to \$10,000. Commercial loans range from \$1,000 to \$100,000.

For information or for an application call 1-800-334-SAVE or write to Linda Casway, Idaho Department of Water Resources, P.O. Box 83720, Boise ID 83720-0098.

Compiled from staff and wire reports

## Full-time grandma, no disposable kids

By Steve Crump  
Times-News writer

**WENDELL** - Sometimes, grandmotherhood can run into overtime. "We like to fish," said Frieda Harbaugh, a 58-year-old mother of six and grandmother of 17. "But I've been too busy to drown a worm this summer."

Harbaugh's most recent project is 6-week old Timberly, her first great-grandchild. Timberly's mother, Shannon, had a tough pregnancy and delivered the baby by caesarian section, so she stayed with her grandparents before and after the birth.

"That's typical of what she does for all her kids and grandkids," said Shannon Harbaugh, a single mother. "She buys the bottles and gets up in the middle of the night and changes the diapers, and never expects any thanks."

Shannon, 23, grew up in her grandparents' home, and they continue to help financially.

"I don't feel there's any such a thing

**About Frieda Harbaugh**

**EVERYDAY HEROES**

Age: 58  
Home: Jerome, Idaho  
Grew up in Gooding  
Profession: Bookkeeper, homemaker  
Family: Husband, Myron; children, Tony, Jerome, Myron Jr., Mount Lake Terrace, Wash.; Terry, Jerome, Teresa, Marnie; Chris, Wendell, Cindy, Wendell 17 grandchildren; 1 great-grandchild.  
Hobbies: Reading, crocheting, fishing  
Good deed: Exemplary grandmother-ness.

as a disposable child," Frieda says. "Each one is so special."

The oldest of her children is in his 40s, so Frieda has been in kids' business

### SQUEEZIN' APPLES



JOEY SAWYER/The Times-News



Above, Wally Ogden holds up a sack of pressed apples for the wide eyes of Pernite Elementary School first-graders Friday. Ogden's visit was part of a unit on community helpers and Johnny Applesseed Day. Kids brought in around two bushels of apples, from which around four gallons of cider were squeezed.

At left, students watch gleefully as a bucket of freshly pressed cider is tunneled into jugs.

## Jerome Republicans want sheriff to change his signs

By Dixie Thomas Reale  
Times-News correspondent

**JEROME** - The Jerome County Republican Party is asking the sheriff to change his reelection campaign signs, but the sheriff isn't sure if he'll comply.

Campaign signs are springing up all over Jerome County urging, "Vote for George 'Pee Wee' Silver III, Jerome sheriff, Republican candidate."

But during the May primary election, Jim Weaver beat incumbent Silver for the Republican nomination. Silver announced in early August that he would run a write-in campaign for the office, saying he still had things to accomplish in Jerome County and didn't focus much attention on campaigning in May because of his baby granddaughter's hospitalization in Salt Lake City.

The Jerome County Republican Party late this month decided that Republican Committee Chairman Del Koitz of Eden should write a letter to Silver asking that he remove the word 'candidate' from his signs.

Koitz said there is nothing illegal in what Silver has done. Anyone can be a



Jim Weaver



George Silver III

Republican, and anyone can be a candidate, he said. But putting the two words together is what the Republican committee objects to.

There is only one official Republican candidate for sheriff in Jerome County - Jim Weaver. In the end, Silver's campaign claim is going to hurt Silver, Koitz said.

## Gooding hospital will discontinue long-term care

By Laura Huber  
Times-News correspondent

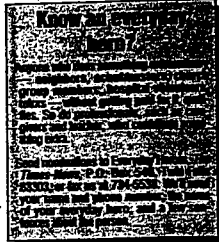
**GOODING** - Gooding County Memorial Hospital will discontinue its long-term care - or nursing-home services - effective Thursday, after hospital directors last month ordered the closure, citing changes in federal regulations and guidelines.

According to John Hathaway, chief of the State of Idaho Bureau of Facility Standards, cost was a primary reason for the closure, combined with rigid federal standards.

The guidelines make it extremely difficult for a facility under 30 beds to stay open, he said.

"Facility requirements are the same if it is 10 beds or 120 beds," he said. "They still have to offer quality services, such as infection control teams, director of nursing, administration and a minimum data set on a quarterly basis or whenever there is a change."

These elements of care are essential to running a long-term care unit, and part-time providers are unable to provide all the services required, Hathaway said.



the birth of yet another grandchild - and pondering how strange would be life without the patter of little feet.

"I've told my kids they can go anywhere that life takes them," she said. "As long as I can get there by airplane."

## Hearing set on land exchange in Ketchum

By Julie Casey Lynn  
Times-News correspondent

**KETCHUM** - The Ketchum City Council will have a public hearing at 6:30 p.m. Monday, Oct. 7, to discuss whether the city should agree to a land exchange with the Church of Jesus Christ of Latter-day Saints.

The LDS Church has proposed exchanging a city lot adjacent to the back side of the church's property for a wider, deeded public right of way along the front of its property.

The city of Sun Valley has proposed widening and extending the bike path from the edge of Sun Valley's city limits on Sun Valley Road to Spruce Street in Ketchum.

Sun Valley will be upgrading the bike path along Sun Valley Road and has offered to pay for the expansion to Spruce Street.

The proposed lot for the exchange is currently open space that provides pedestrian access from behind the U.S. Forest Service building to Spruce Street.

The church originally gave the land to the city as a possible bike path easement.

Also on the Oct. 7 agenda:

- The council will have a public hearing to review speed limits in Ketchum.
- The public also can comment on an appeal of the Planning and Zoning Commission's denial of Carl Curtis' application to subdivide Lot 1 of the Esmeralda Subdivision on the east end of Garnet Street.
- In new business, the council will consider the appointment of Peter Rispon to the Planning and Zoning Commission.
- Council members will discuss the lease or purchase of one new motor grader by the street department.
- The council will consider proposals from architectural services for the construction of a multi-purpose maintenance building in Atkinson's Park.

Susan Johnson, administrative assistant for the hospital, said eight of the unit's 10 residents were relocated across the parking lot to Beverly Rehab Center, and two moved to out-of-town facilities.

Beneficiaries will stay the same for the displaced residents in a new facility, said Tom Machala, registered nurse at the Region V Health and Welfare Medicaid/Medicare office. They still will receive a skilled level of care, he said.

Families were informed right from the beginning that there would be no change in benefits, he said.

Kerri Sides, one of the displaced certified nurse's assistants, had worked for Gooding County Memorial Hospital for over two years.

According to Sides, when she learned of the closure on Sept. 3, she was more concerned for the residents than for her own.

One female resident was especially upset over the closure and a few days later learned her son had died. Sides said Sides was very worried about the woman, she said.

Sides said she feels hospital administration should have been more sensitive to the residents' needs.

Please see HOSPITAL, Page A6

Please see SIGNS, Page A6

# ON THE AGENDA

Following is a list of governmental meetings that are scheduled this week in the Magic Valley.

This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

**TODAY**  
Jerome County commissioners, 9 a.m., courthouse.  
Twin Falls City Council, 4 p.m. and 6 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**TUESDAY**  
Albion City Council, 8 p.m., old

library.  
Fairfield City Council, 7:30 p.m., firehouse.  
Telo School Board, noon, school district office.  
Friedman Memorial Airport board, 5:30 p.m., courthouse.  
Hagerman City Council, 7:30 p.m., City Hall.  
Jerome City Council, 7 p.m., City Hall.  
Rupert City Council, 7 p.m., City Hall.  
Shoshone City Council, 8 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**WEDNESDAY**  
Bliss City Council, 8 p.m.,

City Hall.  
Minidoka County Fair Board, 8 p.m., board office at the fairgrounds.  
Minidoka County School Board, 7 p.m., school district office in Rupert.  
Oakley City Council, 7 p.m., City Hall.  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**THURSDAY**  
Twin Falls County commissioners, 8:30 a.m., courthouse.

**FRIDAY**  
Twin Falls County commissioners, 8:30 a.m., courthouse.

# SERVICES

Helen H. Bradshaw, of Gooding and formerly of Wendell and Mesa, Ariz., 2 p.m. today, Wendell Presbyterian Church. Viewing, 1 to 2 p.m. today at the church, (Demary's Gooding Chapel).

David Will, of Boise and formerly of Jerome, graveside service, 2 p.m. today, Jerome Cemetery. Viewing, 11 a.m. to 1 p.m. today, Hove-Robertson Funeral Chapel, Jerome. Friends may gather at the cemetery shortly before the service.

Mildred Ashton Lawrence, of Twin Falls, memorial graveside service, 3 p.m. today, Twin Falls Cemetery, (White Mortuary in Twin Falls).

John Glenn, of Burley, 11 a.m. Tuesday, Payne Memorial Chapel, 221 W. Main, Burley. Viewing, 6 to 8 p.m. today and one hour before the funeral on Tuesday at the funeral chapel.

Dennis Paul Lage, formerly of Gooding and Wendell, 11 a.m. Tuesday, Stephens & Bean Chapel, 202 N. Teilmann, Fresno.

Calif. Visitation, 9 a.m. to 7 p.m. today and wake service, 7 p.m. today at the funeral chapel.

Clara Leona Sanders, of Hansen, 2 p.m. Wednesday, Kimberly Stake Center. Viewing, 4 to 8 p.m. Tuesday, White Mortuary, Twin Falls, and 12:45 to 1:45 p.m. Wednesday at the church.

# DEATH NOTICES

Willie Ora Schmidt  
Willie Ora Schmidt, 96, of Twin Falls, died Sunday, Sept. 29, 1996 at the Twin Falls Care Center. Services are pending and will be announced by White Mortuary.

Gloria J. Williams  
Gloria J. Williams, 71, of Jarbidge, Nev., died Sunday, Sept. 29, 1996 at Twin Falls. Services are pending and will be announced by White Mortuary.

# HOSPITALS

**MAGIC VALLEY REGIONAL MEDICAL CENTER**  
Some names are omitted at patients' request.  
Admitted  
Linda Marilyn Wilson of Kimberly  
Released  
Herbert Buchholz, Virginia Kelley and Dawn White, all of Twin Falls.

**CASSIA MEMORIAL HOSPITAL**  
Admitted  
Vern Tolman and Jodi McCune of Burley, Olivia Badger and Vern Wahlquist of Heyburn, Jennifer

Hieb of Rupert, Jennie Osborn of American Falls and LeRoy George of Newcomb, N.M.  
Patricia French, Trevor Kidd, Stacy McCoy and Deanna Fenstermaker, all of Rupert, Amy Kelsey of Declo and Jennifer Hieb of Burley.  
Births  
Children born to Mr. and Mrs. Trace McCune of Burley and to Mr. and Mrs. Cliff Hieb of Rupert.

**MINIDOKA MEMORIAL HOSPITAL**  
Admitted  
Inas Mart of Rupert  
Released  
Lisbeth Skollingberg and Lily Hobbs, both of Rupert.

# OBITUARIES

For obituary rate information, call 733-0931, extension 278

## BURLEY



### John A. Glenn

John Alexander Glenn, 73, of Sandy, Utah and a former Burley resident entered into rest on Friday, Sept. 27, 1996, surrounded by family and friends, at his home in Sandy, Utah. He was born Oct. 1922, in Burley, the son of Walter Leslie and Emma Latham Glenn. He received his education in Burley, graduating from Burley High School in 1940. He was president of his senior class and enjoyed organizing the many wars his classmates had through the years. He married Shirley LouAnn Duffin on July 7, 1947. They had four children together and were later divorced. He married Mary Sorenson on Jan. 25, 1963. Mary brought to the family two daughters from a previous marriage.

John had worked for the Union Pacific Railroad for 41 years as a telegrapher. He belonged to the Burley Elks Lodge and the Burley Lions Club. John was a kind, dignified, generous man, had a wonderful sense of humor, and had many friends. He enjoyed fishing with family and friends, including Mary, and always put the worm on the hook for her so she wouldn't have to touch it. He loved music and they attended many concerts in Utah and Idaho. One of his favorite pastimes was listening to jazz on the radio. They also enjoyed several cruises together after their retirement.

John accepted the Lord Jesus Christ as his personal Savior in the fall of 1994, so those of us left behind have the blessed assurance that he is in the special place that God had prepared for him.

Survivors include his wife, Mary, of Sandy, Utah; two daughters, Mrs. Ken (Connie) Craig of Boise, and Debra Glenn of Burley; two sons, Mike and Linda Glenn of Victorville, Calif.; and Bob Glenn of Buena Park, Calif.; two step-daughters, Pam, daughter of Ephraim, Utah, and Mrs. Mike (Sheila) Deputy of Sandy, Utah; one brother and his wife, Lee Latham and Helen Glenn of Anaheim, Calif.; six grandchildren; eight step-grandchildren; six step-great-grandchildren. His first great-grandson, Beau Alexander Reynolds, died in December, and was preceded in death by his parents and a brother, Warren Leslie Glenn.

Funeral services will be held at 11 a.m. Oct. 1, 1996 at the Payne Memorial Chapel, 221 W. Main St. in Burley, with Bishop Mike Deputy officiating.

Burial will follow in the Pleasant View Cemetery in Burley. Friends may call at the Payne Mortuary on Monday from 6 to 8 p.m. and one hour prior to the funeral on Tuesday.

## Jerome

Dad was born April 5, 1914 in Heyburn to Herman G. and Ana Marie Pullman, who had come to Idaho from Denmark. Dad's parents started the Burley Brick and Sand Co., and one in Torrance, Calif. Dad lived most of his life in Idaho, except for a short period in California. He graduated from Heyburn High School and on Aug. 17, 1935, married his high school sweetheart Faye O. Maughan.

Dad was a member of 1953, the family moved to Boise and has lived there since. When the family first moved there, Dad worked for a few different contractors, until becoming a self-employed brick and stone mason.

Dad was an avid hunter and fisherman. He especially loved to fly-fish in Silver Creek, spending many days there since his youth. He knew of all the best streams and hunting areas. Dad also enjoyed reciting poetry, telling fishing stories (he or not) and reading Idaho history, particularly about the many ghost towns and the gold rush days.

Dad was a member of the Masonic Lodge No. 77 in Paul. He was also a member of the Scottish Rites Body of Boise and the El Rosh Strivers.

Survivors include his four children and their spouses, Eugene L. "Sonny" and Phyllis Pullman of Boise, Judi and Mos Ogawa of Boise, Herman R. and Janice Pullman of Meridian, Kathe and David Spangenberg of Meridian; a nephew, Gary L. Hunter of Farnley, Nev.; a cousin, George Pullman of Boise, 16 grandchildren, 30 great-grandchildren and one great-great-grandchild.

Dad is preceded in death by his wife Faye O. Pullman, his parents, four sisters and one brother.

The family wishes to thank Rev. Niven Knight and the doctors and nurses at The Oaks Hospice and Home Care, especially Rhonda, Kan and Carol.

Memorial in Dad's name may be given to the Shriner's Childrens Hospital, Fairfax Avenue and Virginia Street, Salt Lake City, Utah, 84103.

## Kimberly

Bonnie Walters of Jerome and Becky Walters and Jim Phillips of Ketchikan, Alaska, also left behind the families of his brothers and their wives, Lonnie and Leann Walters of Flint, Mich., and O'Dell (Bud) and Joan Walters of Royal Oak, Mich., and his sister and her husband, the Rev. William and Leona (Tootsie) Oliver of Flint, Mich.; twelve grandchildren and three great-grandchildren.

He was preceded in death by his parents, stepfather, a sister and a granddaughter.

Graveside services will be held 2 p.m. Tuesday at the Twin Falls Cemetery with Rev. Thomas Thompson officiating.

The family would like to thank Magic Valley Cancer Center and Idaho Home Health & Hospice. Cremation and services are under the direction of Hove-Robertson Funeral Chapel in Jerome.

## Kimberly



### Dorothy M. Ginder

Dorothy Mae (Mathes) Ginder, 74, of Kimberly, died Saturday, Sept. 28, 1996 at her home.

Dorothy was born Dec. 6, 1921 at Ness City, Kansas, the daughter of Lewis M. and Mary Lohmes Mathes.

She graduated from the Hutchinson, Kansas, School of Cosmetology in 1940 and operated her own beauty shop in Moundridge, Kansas.

Dorothy Mae married Edward V. Ginder on April 14, 1940 in Depton, Kansas. In 1947 they moved to Kimberly, Idaho and lived there 42 years, until a pesticide incident forced them from their home. They moved to the Sportsman RV Park at Hagerman where they made many new friends.

In April 1990, they bought a place in Hollister and spent many hours planting lawn, flowers, garden, and trees. In 1995 Dorothy and Ed moved back to Kimberly just blocks from where they originally resided in 1947.

Dorothy Mae is survived by her husband, Edward of Kimberly; daughter, Diana; her husband Ralph Krueger, of Mesa, Arizona; sons Charles Glenn Edward (Tommy) and his wife Lynn of Hollister, and Devin Craig and his wife Debbie of Kimberly; seven grandchildren and four great grandchildren. Dorothy Mae is also survived by her brother Lewis M. Mathes, and sisters Vicki Par and Mary Ellen Storm, all of the Seattle, Washington area.

Dorothy Mae was a member of the First Baptist Church of Ness City, Kansas. She enjoyed visiting her many friends and appreciated the time spent with her family.

A funeral service will take place at 10:30 a.m. Tuesday, Oct. 1, 1996 at Reynolds Funeral Chapel in Twin Falls, with Rev. Harold Blauder of Reformed Lutheran Church of Kimberly officiating. Burial will follow at Sunset Memorial Park in Twin Falls. Friends may call at the funeral chapel today from 3 to 8 p.m.

The family suggests that memorial contributions be given to the Kimberly Youth Association. Contributions may be left with funeral chapel staff or mailed to Reynolds Funeral Chapel, 2466 Addison Ave. East, Twin Falls, Idaho 83301.

## Jerome



### Herbert A. Walters

Herbert A. Walters, 67, of Jerome, died Sept. 27, 1996 at his home after a valiant fight with cancer.

He was born Dec. 31, 1928 in Ballard County, Ky., the oldest son of Herbert and Ada Mae Jones Walters.

Herb received his education in Barlow, Ky. and served in the U.S. Army from 1946 to 1949.

After the service, he went to mechanic school in Detroit, Mich.

Herb married Mary C. Anderson on Oct. 7, 1950 in Highland Park, Mich. They moved to Jerome in 1961 where he worked as a truck driver and a mechanic. After their four daughters were grown, Herb and Mary enjoyed the nomadic lifestyle of working the pipe line from Canada to 10,300 a.m. Tuesday, Oct. 1 at Dry Creek Cemetery in Boise. Dr. Noyce Knight will officiate. Masonic rites will be officiated by past Grand Master C. Phillip Drew on behalf of Paul Lodge No. 77, A.F. and A.M. A viewing for family and friends will be held today at the Alden-Waggoner Chapel in Boise from 4 to 8 p.m.

## HEYBURN

### Eugene J. Pullman

Eugene J. Pullman, 82, died at his home in Boise on Sept. 28, 1996. Graveside services will be held at 10:30 a.m. Tuesday, Oct. 1 at Dry Creek Cemetery in Boise. Dr. Noyce Knight will officiate. Masonic rites will be officiated by past Grand Master C. Phillip Drew on behalf of Paul Lodge No. 77, A.F. and A.M. A viewing for family and friends will be held today at the Alden-Waggoner Chapel in Boise from 4 to 8 p.m.

**WHITE Mortuary & Cemetery**  
Chapel by the Park  
SINCE 1924 TWIN FALLS • KIMBERLY • 733-6600

• Pre-Planning Services  
• Funeral Services  
• Cremation Services

**Family Care**  
Funeral Home

# How Idaho lawmakers voted

## House

ATTENDANCE RECORD:	
CHENOWETH	94.62
CRAGO	98.06

**1) IMMIGRATE**  
The House passed, 305-123, a bill to prevent illegal immigration by increasing border patrols and investigative personnel, and by increasing penalties for smuggling aliens and forging documents. Supporters said it would curb illegal immigration and protect citizens from losing their jobs to illegal aliens. Opponents objected to provisions in the bill that would deny some federal benefits to legal immigrants. A yes' vote favors the amendment.

**2) IMMIGRATED**  
The House passed, 254-175, an amendment that would allow states to deny funding for education of illegal immigrants' children who are not already enrolled in public schools. The amendment was scaled back from a tougher cut off education benefits for children already enrolled. Supporters said the bill would save California taxpayers \$2 billion a year. Opponents said the measure was too harsh. A yes' vote favors the amendment.

**Chenoweth**  
  
Yes

**Crapo**  
  
Yes

## Senate

ATTENDANCE RECORD:	
CRAG	100
KEMPTHORNE	99.45

**1) ABORT**  
The Senate failed to override President Clinton's veto of a bill that would ban a controversial late-term abortion procedure. The 57-41 vote fell nine votes short of the two-thirds needed to overcome a veto. The bill would have allowed doctors to perform "partial-birth" abortions only to save a woman's life. Doctors performing the procedure for other reasons would be subject to fines and two-year prison terms. The bill's supporters called the procedure "gruesome" and "uncivilized." Opponents said they would not support legislation that barred the procedure even when a woman's health was at stake. A yes' vote favors overriding the veto and passing the bill.

**Craig**  
  
Yes

**Kemphorne**  
  
Yes

# Socialist candidate arrested in Utah

**SALT LAKE CITY (AP)** — Workers World Party vice presidential candidate Gloria La Riva was arrested on suspicion of trespassing after she was asked to leave a grocery store's property.

La Riva, 42, of the San Francisco Bay area was giving a television interview outside the store on Saturday when the manager of the Smith's Food & Drug Center asked her to leave.

Who police arrived, she claimed to be asserting her rights of free speech. La Riva was jailed for six hours.

Telephone messages left with the Salt Lake City Police Department and a Smith's spokeswoman were not immediately returned on Sunday.

The party's presidential candidate, Monica Moorehead, called the arrest of her running mate an "outrageous violation of First

amendment rights and blatant discrimination against two women of color."

# THIS WEEK AT CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

**TODAY**  
Student Senate meets at 5:15 p.m. in the student conference room of the Taylor Building.

**TUESDAY**  
Tax Symposium will be held from 8 a.m. to 5 p.m. in Aspen 108.

**WEDNESDAY**  
Tax Symposium will be held from 8 a.m. to 5 p.m. in Aspen 108.

**THURSDAY**  
Teacher in-service symposium on Idaho's Chinese heritage will be held from 8 a.m. to 4 p.m. in Shields 118.

**SATURDAY**  
Fall forecasts meet will be held from 8 a.m. to 7 p.m. in Shields Building.

Military testing will be held at 8 a.m. in Shields 208.  
Idaho Personnel Exam will be given at 8:30 a.m. in Shields 201.

# AUCTION CALENDAR THROUGH OCTOBER 12

- MONDAY, SEPTEMBER 30, 1996**  
Deed Seaton - Household - Twin Falls  
Advertisement - September 28  
MASTERS AUCTION SERVICE
- MONDAY, SEPTEMBER 30 - 5:30 pm**  
South Locust Mail Storage - Contents of 2 storage units possibly more!  
Advertisement-Times News Classifieds  
Sept. 26, 27 & 29  
ALL AMERICAN AUCTION COMPANY
- TUESDAY, OCTOBER 1<sup>st</sup> 5 pm**  
Household - Tools - Antiques  
Consignment-Welcome - Jerome  
KLAAS AUCTION BARN
- WEDNESDAY, OCTOBER 2<sup>nd</sup> 6 pm**  
ANTIQUES and COLLECTIBLES SALE  
Register for Drawings - Twin Falls  
HUNT BROTHERS AUCTIONS.
- FRIDAY, OCTOBER 4<sup>th</sup> - NOON**  
Scott & John Bolton  
Household - Tools - Dutch  
Advertisement - October 2  
WERT AUCTION SERVICE
- SATURDAY, OCTOBER 5<sup>th</sup> 1996**  
Creg Smith - Farm Machinery - Fairfield  
MASTERS AUCTION SERVICE
- SUNDAY, OCTOBER 6<sup>th</sup> 1996**  
Morgan & Sarge - Household - Twin Falls  
Advertisement - October 4  
MASTERS AUCTION SERVICE
- SATURDAY, OCTOBER 12<sup>th</sup> 1996**  
18 "Bi-Annual Antiques & Collectibles Auction - Consignments Welcome  
Fair Field Grounds - Advertisement  
September 15 & 16  
ALL AMERICAN AUCTION CO.

Come Home To  
**Elmer's Pancake & Steak House**  
Beef Finger Steaks  
Choice Top Sirloin Strips Batter-Dipped & Deep Fried - Served with Soup - Salad and Choice of Potato  
1824 Blue Lakes Blvd N.  
Across from Healing Hands  
Open Daily at 8:30 am to Serve You!



MAGIC VALLEY/WEST



To Charlie Corr, an employee at the Burley McDonald's for over a year, Tuesday's minimum wage increase will mean more take-home cash. For customers, however, it means a Big Mac will cost more.

# Minimum wage increases Tuesday

By Jennifer Bunch  
Times-News writer

BURLEY — An increase in minimum wage will take effect Tuesday, hiking entry-level pay by 50 cents.

While new workers will be paid more, the gap between experienced personnel and new hires will lessen, an issue that worries some employers.

Congress raised the minimum hourly wage by 90 cents, from \$4.25 to \$5.15. Tuesday, employers must increase minimum wage-paying jobs to \$4.75 and by September 1997 should increase starting hourly wages to \$5.15.

At Burgers Etc. in Burley, restaurant owner Tom Burton said this is the third minimum wage increase he has experienced in 13 years. It simply takes a few months to adjust, he said.

Food prices increase slightly to offset the pay increase and taxes that accompany it, Burton said. The number of employees won't be cut to pay for the increase, he said. The pay raise makes it more difficult to reward faithful employees, because it creates less of a margin between the experienced worker and the rookie, he said.

## Men want hunting access

SANDPOINT (AP) — Hunters with stock in an old gold mine are fighting with the U.S. Forest Service over access to a cave and prime hunting grounds in the Selkirk Mountains.

Two Boundary County men drove past a gated Forest Service road to the mine Friday morning with the intent to hunt. Before the men left they informed the Forest Service, and officers met them at the mine.

One man, whose name was not released, was cited for driving into an area where motor vehicles are prohibited.

## Hospital

Continued from A4

trators were sensitive to the needs of the displaced workers. Three ward clerk positions were created, and one part-time ward clerk and central-supply combination position was created, she said.

According to Johnson, the certified nurse aid position was eliminated completely.

The hospital offered to assist the displaced workers with letters of reference and resumes,

## Signs

Continued from A4

they will do so, Silver said. Silver emphasized that he is a Republican and he is a candidate

already make at least 25 cents an hour more than the minimum wage, said Betsy Reithemeyer, a company spokeswoman in Bentonville, Ark. The majority of the company's employees make at least \$4.75, and most should reach the \$5.15 mark by next year, she said.

"We don't expect to see any type of effect passed to our customers," Reithemeyer said.

Magic Valley McDonald's restaurants expect not to fill some positions left open by students returning to school, said Bill Kyle, owner of Valley Food Service Inc. in Twin Falls. The company operates five Magic Valley McDonald's restaurants.

"It's one of those things that's the cost of doing business," Kyle said.

Kyle said food prices will be increased slightly to help pay for the wage increase. Local McDonald's crew members earn an average of \$5 to \$5.38 an hour, depending on the market area, Kyle said. He is estimating it will cost him an extra \$75,000 annually to pay for the increase.

"It's an unfortunate situation. If the government would stay out of it and let the economics of the various counties dictate the necessary wage, I think that everyone will come out ahead in the long run," he said.

Allan Christman, assistant district ranger in Bonners Ferry.

"They basically left a message for us that they would be up there hunting and told us to come cite them. I think their intent is to appear before a federal magistrate and have a judge settle this."

The men will get their wish. A date has not been set, but the citation will be argued in court.

The Continental Mine is privately owned but rests in the middle of the Panhandle National Forests. The access road was gated several years ago to protect grizzly bears and caribou.

according to Sides. "We also received two weeks' severance pay, insurance benefits for the next three months and we will get back what we paid into retirement benefits," she said.

Sides and a co-worker found employment at Gooding Living and Rehab Center. She believes her pay will be lower than it was at Gooding Memorial Hospital because nursing homes don't generally pay aids

running a write-in campaign. Weaver said he doesn't know if the letter to Silver has been sent or received. Weaver also didn't know

# Old Glory curriculum taught in Minidoka County schools

By Lori Bettineski  
Times-News writer

RUPERT — Educating students about the American flag has been a policy in Minidoka County schools for more than 30 years, and school officials say it's time to extend the policy into other districts.

A program called "Honor our United States Flag Through Knowledge" has been a regular part of fifth-grade curriculum since the late 1960s when it was developed by Rupert resident Otha E. McGill, a retired Army veteran and president of United States Flag Education Inc.

The program has since received national recognition and is available for use in schools throughout the United States, but McGill says fewer than 1 percent are using it.

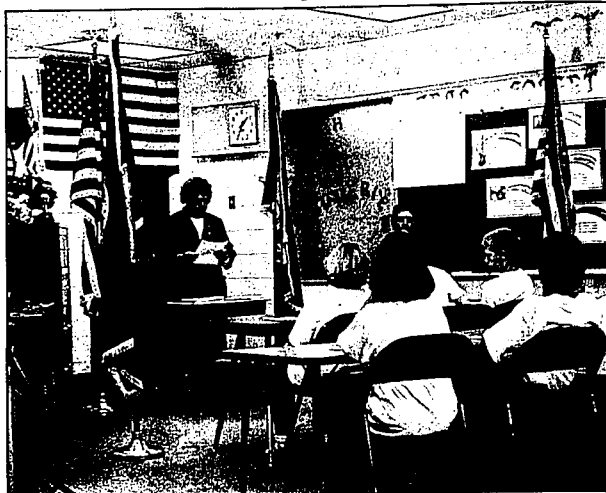
"As the leaders of tomorrow, our children will be the ones who will save the flag," McGill said. "But to do this, we need to teach them love and respect for it, which seems to be lost in today's curriculum."

McGill's program was honored Friday during a special gathering at Big Valley Elementary School. Fifth-grade students in red, white and blue T-shirts answered questions about the American flag.

The questions served as a measure of how well the students understood the program's curriculum, which includes what hours the flag is flown, how it should be carried and, most importantly, when it should be raised and lowered.

"It should always be raised briskly and lowered with dignity and never allowed to touch the ground," responded one student who received a certificate for completing the program.

A camera operator from the College of Southern Idaho video-



Bessie Halverson, a retired teacher from Big Valley Elementary School, returned to the classroom Friday to help make a videotape illustrating students' knowledge about the U.S. flag. The videotape will be sent to other counties to introduce a flag education program that Minidoka County schools have been using since the late 1960s.

taped the students and segments of the program Friday. The tape will be used for promotional and educational purposes throughout the state, said Superintendent Nick Hallert.

"We want other districts to see how the program works, and to show them how they can make a difference, as well, in educating students about the American flag," Hallert said. "I don't know of a better program than this one

to accomplish that." The program includes a 36-page handbook for students and teachers that provides historical information; instructions on how to properly salute, carry and honor the American flag; and an examination for students.

McGill said the program can be used in any grade level, although it is designed for fifth-grade students. Lisa Couch, a Rupert resident

who attended Acquia Elementary School 16 years ago, said she came as a graduate of the program to see McGill's program being honored Friday.

"I remember it being taught when I went to school, and it's still a good program," she said. "It's really the only time kids have a chance to learn what the American flag is about and what it's used for, and I'm glad to see the program is still around."

# Organizers finalizing Olympic market deal

SALT LAKE CITY (AP) — Olympic organizers are finalizing a marketing deal they expect to submit to the International Olympic Committee next month.

Salt Lake Organizing Committee president Tom Welch said the deal will provide the money needed to host the 2002 Winter Games.

"We're going to have enough money. Just enough money," he said. "These Games will not be fat Games."

The marketing deal with the U.S. Olympic Committee (USOC) — along with television contracts — should account for nearly three-quarters of the Games' budget expected to reach \$1 billion, according to a copyright best news story published Sunday.

The terms of the marketing deal limit the amount that Salt Lake City can make to just \$10 million above the \$244 million budgeted from the sale of corporate sponsorships.

Such sponsorships are one of the biggest sources of income for the organizing committee, and only the revenues from selling the broadcast rights are expected to generate more money, according to new budget projections.

The federal government is expected to contribute the only tax dollars in the budget, funding security needs, which means everything else must

come from selling the Games — to corporations, broadcasters and the public.

But those earnings have to be split with other Olympic organizations.

Both the USOC and the International Olympic Committee (IOC) take a cut of the sponsorship dollars to help pay for ongoing programs.

Once the deal is approved by the IOC, a joint marketing office will be established a few flights up from the organizing committee's downtown Salt Lake headquarters to start signing up corporate sponsors.

Both sides have already pitched at least one major potential sponsor together, and a variety of companies such as longtime Olympic supporter Yum International are expected to come to the table quickly.

The marketing deal with the USOC gives Salt Lake City 70 percent of all the money earned from selling local and national Olympic sponsorships through 2004 — until that amount reaches \$244 million.

Then, Salt Lake City's share shifts to 30 percent, until organizers collect another \$10 million. After that, the USOC keeps the cash.

But, there are some initial expenses that must be paid before Salt Lake City starts collecting. "The magic number is \$244 million — cash," Welch said. "It's a good deal," said John Krinsky, USOC deputy secretary general, who believes Salt Lake City should have the money by 1999.

Only cash from corporate sponsors is being included in the budget, although organizers hope to get \$200 million to \$300 million worth of so-called, "value in kind" contributions.

Watch for opening soon!  
**TACO BELL Express**  
Next to Kerbs Texaco North Butley

# Cheese factories, local hay keep Idaho milk prices down

IDAHO FALLS (AP) — Milk prices may be topping \$3 a gallon in California, but in Idaho they are holding steady in the \$2.50 range for a number of reasons.

High feed costs, drought in the Midwest and a hot summer that cut production in California cows are all being blamed for prices elsewhere.

But due to its large number of cheese factories, Idaho has a fairly self-sufficient production system providing milk regionally, says Don Pappenberg, executive director of the United Dairymen of Idaho.

Milk production in the Gem State was up 13 percent in August over August 1995. Nationally, production was down 1 percent over last year, according to a report last week by the National Agricultural Statistics Service.

"We're predominantly a manufacturing state, which accounts

for the increase in production," Pappenberg said. From Rexburg all the way west to Nampa, Idaho has several large cheese plants, and the demand for their products has been good, he said.

Supermarket prices are set by the most market chains, with a portion of the price going back to dairymen. On Thursday, Pappenberg said Idaho dairy farmers were getting \$1.40 a gallon, 20 cents more than a year ago.

Diversification is another reason why Idaho dairy farmers have managed to hold down costs.

"We do grow a lot of our own feed, and that really can make a difference," Pappenberg said. He remembers 1990, when dairy farmers from all over the United States were buying Idaho hay.

When feed costs are high, farmers cut back, and as a consequence their cows produce less milk.

# Annual event cancelled to give trout population a break

SANDPOINT (AP) — A fear that Lake Pend Oreille's trophy trout are disappearing is prompting anglers in Sandpoint to cancel their fall fishing derby.

The derby draws about 600 fishermen.

The Lake Pend Oreille Idaho Club and its 820 members sponsor the derby. But the club voted last week to cancel the annual event to help revive the lake's prized 20- to 40-pound Kamloop trout.

"Something is amiss with the trophy trout population in the lake. We aren't seeing the big fish and this year the fishing was terrible," club president Jim Hahn said.

"We are not telling people not to fish. We just want to relieve some of the pressure and not have a bunch of fishermen out there at once."

The idea is to leave the big fish in the lake so they can spawn next spring and bolster the fish population.

Cancelling the event was not an easy decision. It is a major fund-raiser for the club, bringing in thousands of dollars.

The money raised is spent on projects to improve the lake fishing by restoring spawning beds and rearing and releasing about 80,000 trout annually.

**COMMUNITY HEALTH FAIR**  
Saturday, October 5, 1996 (7:00 a.m. - 11:00 a.m.)  
MINICO HIGH SCHOOL GYM  
FREE TESTING WILL BE OFFERED:  
•Visual Acuity •Hearing Screen •Pulmonary Screen  
•Hypotense & Others •Physician available to answer questions  
**BLOOD CHEMISTRY ANALYSIS: \$15.00**  
Persons should FAST for 14 hours (Nothing to eat or drink except water)  
Screen includes Tests for Diabetes, Nutrition, Cardiac Risk & Others (including complete cholesterol analysis)  
**PROSTATE SPECIFIC ANTIGEN (PSA): \$15.00**  
(Available same time as Blood Chemistry Analysis)  
**ADULT TETANUS BOOSTER \$10.00**  
**ADULT FLU SHOTS: \$10.00 (Seniors \$7.00)**  
ANNUAL KIWANIS BREAKFAST AVAILABLE

## MORNING LINE

### SPORTSQUOTE

“ Anyone who is a lifetime Philadelphia Phillies fan acquires a sense of tragedy. ”

— Author James Michener, responding to criticism that he had no sense of tragedy.

### TODAY'S SCHEDULE

**High school volleyball**  
Hagerman at Wendell, 6 p.m.  
Raft River and Keechum at Shoshone, 5 p.m.  
Murfrough at Carey, 6 p.m.  
Buhl (JV) at Castleford, 6 p.m.

### SCOREBOARD

**American League**

Boston 6	.....	New York 5
Toronto 4	.....	Baltimore 1
Milwaukee 7	.....	Detroit 5 (10)
Minnesota 5	.....	Chicago 4 (10)
Kansas City 4	.....	Cleveland 1
Texas 4	.....	California 3
Oakland 3	.....	Seattle 1

**National League**

Montreal 6	.....	Atlanta 3
Philadelphia 9	.....	New York 5
Cincinnati 6	.....	St. Louis 3
Pittsburgh 8	.....	Chicago 3
Cokecote 12	.....	San Fran. 3
Houston 5	.....	Florida 4 (10)
San Diego 2	.....	L.A. (0) 11

**NFL**

Jacksonville 24	.....	Carolina 14
Denver 14	.....	Cincinnati 10
Detroit 27	.....	Tampa Bay 0
Pittsburgh 30	.....	Houston 16
New York Giants 15	.....	Minnesota 10
Baltimore 17	.....	N. Orleans 10
Chicago 19	.....	Oakland 17
San Francisco 39	.....	Atlanta 17
Green Bay 31	.....	Seattle 10
San Diego 22	.....	Kansas City 19
Azusa 31	.....	St. Louis 29 (OT)
Washington 31	.....	N.Y. Jets 16

### IN BRIEF

#### Injured Bruin defender will be out 2-3 weeks

**TWIN FALLS** - Twin Falls soccer player Jacinda Mayer, injured in Saturday afternoon's match with Payette, suffered a dislocated patella and will miss at least the next two to three weeks, Bruin coach Steve Schmid said.  
"It was relocated and of course she's got a swollen knee now," Schmid said. "She could possibly be out for the rest of the season."  
Schmid said he would probably call on defenders Jaylann Rencher and Kelly Delmore to fill the void while Mayer is out.

#### Athletic retailer offers college scholarships

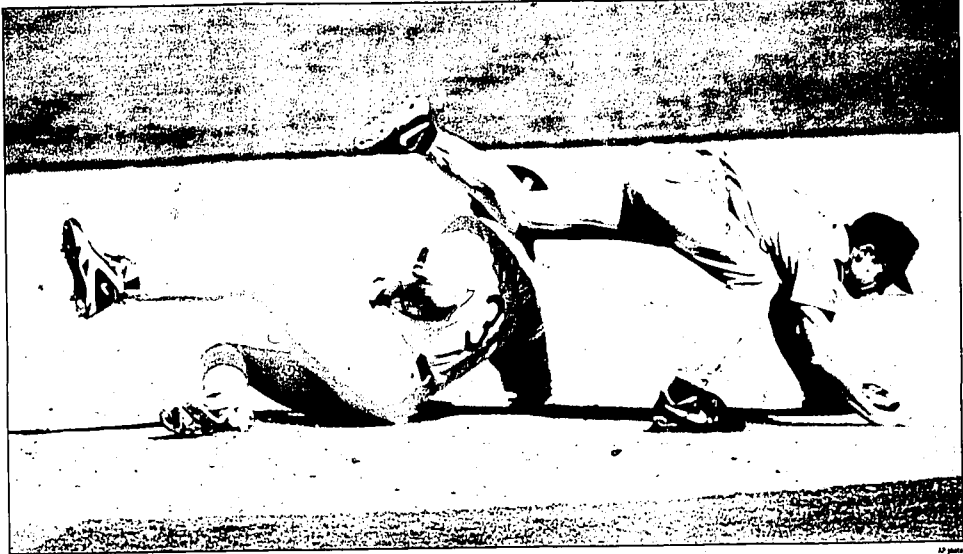
**DALLAS** - Footaction, a Dallas-based athletic specialty retailer, will award four graduating high school seniors \$5,000 scholarships and 20 others \$1,500 scholarships in April 1997 for combining athletics with academics.  
The four \$5,000 winners will fly to Orlando and receive their checks during the NFL Quarterback Challenge.  
High school seniors who participate in team or individual sports of any kind and who plan to attend college are eligible for the scholarships. Applications are evaluated on the basis of academic achievement, financial need and a written demonstration of how sports and education have influenced the applicant's life.  
For more information or to request an application, call toll-free (800) 521-2123 or write Footaction at 7880 Bend Branch Dr. #100, Irving, TX 75063. Deadline for applications is March 19, 1997.

Compiled from staff and wire reports

**SPORTS LINE**  
PRO • COLLEGE • HIGH SCHOOL SCORES

For the latest scores call 734-6326 and follow the simple instructions.

The Times-News



The Dodgers' Mike Piazza is out at second as the Padres' Jody Reed completes a double-play throw to nail Eric Karros at first during the fourth inning Sunday.

## Padres sweep their way to West title

**The Associated Press**  
**LOS ANGELES** - Even with the NL West championship at stake, the Los Angeles Dodgers and San Diego Padres played Sunday as if it was a meaningless exhibition game.  
With both teams already assured playoff spots, the Padres beat the Dodgers 2-0 in 11 innings, completing a three-game, season-ending sweep for their first division title since 1984.  
The Padres, who brought recently demoted Bob Tewksbury out of the bullpen to start, advanced to play NL

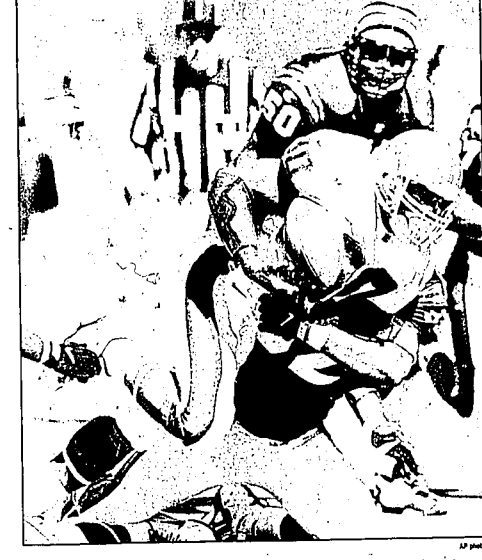
**Major league capsules - A9**  
Central champion St. Louis. The best-of-5 series begins Tuesday in St. Louis.  
The Dodgers, who pulled starter Ramon Martinez after just one inning, wound up as the wild card. They will open the playoffs Wednesday at home against NL East champion Atlanta.  
Pinch-hitter Chris Gwynn broke the scoreless tie with a two-run double in the 11th.  
Tony Gwynn, Chris' brother, earlier wrapped up his seventh NL batting title. He was helped by a rule never used

before, allowing him to add hidden at-bats to give him the required number of plate appearances to qualify.  
Dodgers star Mike Piazza, who began the day with a remote chance of catching Gwynn, left the game after the ninth inning.  
Not since 1968 had two NL teams that were tied for first place played on the last day of the regular season.  
But a game that could've been a classic a few years ago meant nothing because both clubs were already in the playoffs. Still, Padres players celebrated in the middle of the Dodger Stadium infield after reliever Trevor Hoffman recorded the final out.

Hoffman got his 42nd save, preserving the win for Dario Veras (3-1).  
Steve Finley and Ken Caminiti opened the Padres' 11th with singles off Chan Ho Park (5-5). Chris Gwynn, who had only two RBIs in 52 previous pinch-hitting appearances, lined a double to right-center.  
The Padres moved on to play the Cardinals, who went 8-4 against San Diego this season. Los Angeles was 7-5 against the World Series champion Braves.  
Joey Hamilton will pitch the playoff opener for the Padres. Manager Bruce Bochy held him out of this game, instead choosing to start Tewksbury.

## Broncos squeeze past Bengals, 14-10

**The Associated Press**  
**CINCINNATI** - After hearing whispers for a week that he might be through, John Elway showed he's just getting started.  
Turned loose for the first time all season, Elway wiped out any doubts about his passing arm. He threw for a season-high 335 yards and a pair of touchdowns Sunday, leading the Denver Broncos to a 14-10 victory over the Cincinnati Bengals.  
It wasn't vintage Elway, but it was close. "I just had to start playing my game again," said Elway, who completed 23 of a season-high 37 attempts. "I wasn't moving around and playing the game I usually play. I just told myself to go play the game I normally play."  
A bitter loss last week to Kansas City sparked talk that Elway might be over the hill. The Bengals (13) were determined to find out.  
They borrowed from the Chiefs' strategy of stacking the line of scrimmage to stop the NFL's top-ranked running attack, cutting the game on Elway's shoulders. This time, the Broncos (4-1) cashed in.  
Elway threw an 11-yard touchdown pass to Shannon Sharpe in the first quarter and a 23-yarder to Anthony Miller for the go-ahead score late in the third period.  
"It's tough to be great at both (running and passing)," Elway said. "We knew there was going to come a time when we had to throw the football. With the talent we have at wide receiver, I knew it was going to come sooner or later, and today it came."  
"Elway obviously can still throw the football," Bengals coach Dave Shula said. "He made some terrific throws. I thought he had very tight coverage a few times, and he got the ball in there down the field. He was able to move around."  
Once Elway got going, the Bengals dropped off to cover the pass. That left Terrell Davis a chance to be the franchise record with his fourth consecutive 100-yard rushing game.  
Davis picked up 112 yards on 24 carries.



Denver running back Terrell Davis fumbles as he is tackled inside the 10 yard line by Bengal defensive end John Copeland in the second quarter Sunday. Cincinnati recovered the ball.

## Chargers hand Chiefs 1st loss

**The Associated Press**  
**SAN DIEGO** - The worst defense in the NFL isn't that bad, after all.  
Junior Seau intercepted Steve Bono twice and Chris Mims blocked Pete Stoyanovich's 47-yard field goal attempt with 22 seconds left as the San Diego Chargers handed the Kansas City Chiefs their first loss, 22-19 Sunday.  
The Chargers, Chiefs and Denver Broncos are tied atop the AFC West at 4-1. The Chiefs won their previous 12 divisional games dating to the final game of 1994. It was only the third time this decade the Chargers beat the Chiefs in San Diego, including a 17-0 playoff win in 1992.  
San Diego entered the game ranked 30th in defense after allowing an average of 374 yards in its first four games. The Chargers tackled poorly six times and allowed some big plays, but also came up big when needed.  
Seau's second interception came with 5:50 left and led to John Carney's fifth field goal, a 33-yarder to set the final score with 3:17 to go.  
Then, with the Chiefs facing third-and-4 from the 50, Seau was hammered while blitzing, but bounced off blockers and came through again to drop Bono for a 6-yard loss.  
A fourth-down pass to Tamarick Vanover was incomplete, but the Chiefs got the ball right back when Leonard Russell's fumble was recovered by Tracy Simien.  
Bono got the Chiefs to the Chargers' 29, when Mims, a defensive end, leaped from the middle of the line and blocked the kick.  
Mims also had the first of three San Diego sacks.  
A third member of San Diego's defense, cornerback Darren Gordon, had given the Chargers a 16-9 lead with an 81-yard punt return with 7:14 left in the third quarter.

## Pack gets back on track by shooting Seahawks, 31-10

**The Associated Press**  
**SEATTLE** - It was Brett Favre at his MVP best and Rick Mirer at his worst Sunday.  
Favre threw four touchdown passes, one less than his career best, and Mirer threw a career-worst four interceptions and lost a fumble as the Green Bay Packers beat the Seattle Seahawks 31-10 Sunday.  
A pro-Green Bay crowd of 59,973, with hundreds of Packers fans wearing cheerleaders, provided the Kingdom's first sellout of the season and those fans saw what they wanted.  
The Packers, an AFC favorite, improved to 4-1 after a loss at Minnesota last Sunday. The Seahawks dropped to 1-4, including 0-3 at home.

**NFL capsules - A9**  
The five takeaways by the NFL's most opportunistic defense gave the Packers 22 for the season.  
Favre, the league's top-rated quarterback, converted Mirer's mistakes into 24 of Green Bay's points. He had touchdown passes of 13 and 4 yards to Antonio Freeman, 4 yards to Dorsey Levens and 10 yards to Keith Jackson. He was 20-for-34 for 289 yards with no interceptions.  
Mirer was 10-for-30 for 156 yards with no touchdowns. Chris Warren of the Seahawks had his first 100-yard rushing

game and accounted for their only touchdown on a 37-yard run. Warren, who had 129 yards rushing in Seattle's first four games, had 103 yards on 18 carries.  
Green Bay's Edgar Bennett had 94 yards on 22 carries.  
Favre has 16 touchdown passes and two interceptions for the season. Mirer has one touchdown pass, nine interceptions and three lost fumbles.  
The Packers took the second-half kickoff and drove 77 yards for a 24-7 advantage on the Favre-to-Jackson touchdown before Seattle's Todd Peterson responded with a 44-yard field goal.  
Mirer's fourth interception might have been his most costly. Trailing by two touch-

downs, the Seahawks were on the Green Bay 17 early in the fourth quarter when cornerback Doug Evans picked off a pass and ran it back 63 yards. The Packers scored five later when the uncanny Favre backhanded a 4-yard flip to Freeman in the end zone.  
Green Bay led 17-7 at halftime, scoring all its points after Mirer's turnovers.  
Favre's first completion was his scoring 13-yarder to Freeman with 10:24 gone in the game. The touchdown was set up by Eugene Robinson's interception and 39-yard return.  
Chris Jacke kicked a 36-yard field goal with 34 seconds left in the opening quarter after Reggie White intercepted Mirer's pass and ran it back 46 yards to the Seahawks 21.

SPORTS

SCORES AND STATS

MAJOR LEAGUE BASEBALL

AL BOX SCORES

Table with columns for team names (Seattle, Cleveland, Kansas City, etc.) and statistics (W, L, Pct, etc.)

AL STANDINGS

Table showing AL East, Central, and West divisions with team names and win-loss records.

NL STANDINGS

Table showing NL East, Central, and West divisions with team names and win-loss records.

GOLF

Nike scores and stats for various golfers including Rickie Fowler and Tiger Woods.

ON THE AIR

Television listings for NFL Football, Cowboys at Eagles, and other sports events.

FOOTBALL

Table listing football games, teams, and scores.

Rangers 4, Angels 3

Box score for Rangers vs Angels game.

Blue Jays 4, Orioles 1

Box score for Blue Jays vs Orioles game.

Rockies 12, Giants 3

Box score for Rockies vs Giants game.

Cardinals 13, Rams 2B

Box score for Cardinals vs Rams game.

Braves 9, Dodgers 5

Box score for Braves vs Dodgers game.

Reds 6, Cubs 3

Box score for Reds vs Cubs game.

Twins 5, White Sox 0

Box score for Twins vs White Sox game.

Padres 2, Dodgers 0 (13)

Box score for Padres vs Dodgers game.

Phillies 6, Cubs 3

Box score for Phillies vs Cubs game.

Giants 12, Yankees 3

Box score for Giants vs Yankees game.

Reds 6, Cubs 3

Box score for Reds vs Cubs game.

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Box score for Reds vs Cubs game.



# Vikings, Panthers fall from NFL unbeaten ranks

**EAST RUTHERFORD, N.J. (AP)**—Minnesota finally ran out of time and Jacksonville won on a late Carolina game as the last two unbeaten teams in the NFC lost Sunday.



Amron Pierce scored on a 1-yard run on a tight end around and Brad Daluiso kicked three field goals for the Giants (23).

Vikings quarterback Warren Moon had Minnesota in place for another fourth-quarter comeback until Phillip Sparks intercepted him at the New York 4 to end the Vikings' final drive with 3:59 to play.

"I tell you, this is really good," Moon said after the 15-10 loss. "I didn't come out and play my game, and the Giants outplayed us."

The Vikings were in a familiar position — trailing in the fourth quarter — but lost their chance to rally for the fifth time in as many weeks when Moon was intercepted.

The Vikings, coming off a key victory over NFC Central favorite Green Bay, had outscored the opposition 43.3 in the final period of their first four games.

Moon was 13-of-25 for 143 yards for the Vikings, who got their only touchdown on a 69-yard punt return by David Palmer in the second quarter.

After the Vikings got the ball a final time at their 45, Robert Smith ran 28 yards to the Giants 27. A holding penalty moved the ball back to the 32, then Sparks intercepted a pass thrown at Cris Carter on a post pattern.

**JACKSONVILLE, Fla.** — Carolina's 24, Panthers 14. Jack Brunell, who beat out Steve Beuerlein for the starting job last season in Jacksonville, again got the best of the Carolina quarterback. Brunell directed three time-consuming touchdown drives.

Beuerlein was making his second start for the visiting Panthers (3-1) for the injured Kerry Collins, who came on to throw a touchdown pass after Beuerlein himself was hurt.

Carolina might have lost much more than a game when top draft pick Tim Lincecum was injured on a drive with a knee injury. Coach Don Capers said Lincecum will undergo an MRI exam Monday.

Blakelock, beginning to hit his stride after missing training camp as a holdout, sprained his left knee in the first quarter. On the next possession, backup Anthony Johnson fumbled the ball away at the Jacksonville 1, and the Jaguars rode the momentum to a surprising 24-14 victory over the first regular-season meeting between the NFL's two second-year teams.

Tony Brackens had two sacks, forced two fumbles and recovered two fumbles, and James Stewart scored on two short runs for the Jaguars.

Brunell, who came into the game at Jacksonville with an NFL-best 11-0 record, was 15-of-27 for 214 yards and a touchdown.

**Bears 19, Raiders 17**  
CHICAGO — Jeff Jaeger, cut by Oakland in training camp, kicked four field goals, including a decisive 30-yarder, with 11 seconds remaining.

The Bears (23) trailed 17-3 in the second half and were forced by their fans. But they rallied behind two interceptions, three final-quarter field goals by Jaeger and the play of 17-year veteran quarterback Dave Krieg, who started in place of the injured Erik Kramer.

The Raiders (1-4) are off to their worst start since dropping their first four games in 1992. Oakland quarterback Jeff Hostetler was picked off four times.

**Steelers 30, Oilers 16**  
PITTSBURGH — The Oilers' game plan was to make Mike Tomczak beat them with his passing, and he did. Tomczak threw three first-quarter touchdown passes following Houston mistakes.

The Steelers (3-1) have won three straight since a season-opening loss to Jacksonville in a matching game that was the first start under coach Bill Cowher. The Oilers (2-2) fell to Pittsburgh for the fifth straight time.

Terone Berns ran for 115 yards — his third straight 100-yard game — and Tomczak outplayed Chris Chandler, who threw two interceptions and lost a fumble.

**Dons 27, Buccaneers 0**  
SAN FRANCISCO — In a matchup

TAMPA, Fla. — Scott Mitchell threw five touchdown passes and two touchdowns, and Benjie Blades scored on a 98-yard interception return as Detroit (2-2) dropped Tampa Bay to 0-5 for the fourth time in five seasons.

Barry Sanders, who has rushed for more yards against Tampa Bay (1,763) than any other opponent, gained 73 yards in five carries.

The Detroit defense forced four turnovers and held the Bucs to 74 yards in the second half. Blades' return was the third longest in team history. Mitchell completed 21 of 32 passes, including touchdown throws of 31 yards to Johnnie Morton and 3 yards to Herman Moore, who had nine receptions for 104 yards.

**Ravens 17, Saints 10**  
BALTIMORE — Earnest Byner ran for 149 yards, and Vinny Testaverde drove Baltimore 75 yards to break a 10-10 tie in the final quarter as the Ravens (2-2) kept New Orleans winless.

Byner carried 24 times and broke off a 42-yard run — his longest since he went 54 yards as a rookie against the Saints in Week 1. The Saints (0-5) were pounded by the ground game for the second straight game. A week earlier Arizona's LeShon Johnson gained 214 yards against them.

Everett completed 23 of 30 but threw for only 207 yards and a 31-yard touchdown to Michael Haynes for the visiting Saints. Haynes caught six passes for 54 yards.

**49ers 39, Falcons 17**  
SAN FRANCISCO — In a matchup

between backup quarterbacks, Elvis Grbac had a sideline advantage over Bobby Hebert.

Grbac, getting tips from Steve Young along the way, helped San Francisco score 33 straight points. Hebert had one problem after another playing in place of the suspended Jeff George as the 49ers beat the winless Atlanta Falcons Sunday.

Jeff Wilkins added a team-record-tying six field goals for the 49ers (3-1), who rebounded from last week's 23-7 loss at Carolina during which Young aggravated a groin strain. It's not yet known whether Grbac or Young will start next week's game at St. Louis.

Hebert fumbled once and was intercepted three times, and Marquez Pope returned one of the interceptions 55 yards for a touchdown. The other two led to two Wilkins' field goals.

Wilks threw three field goals following a fourth-quarter fumble by Hebert, who finished 17 of 32 for 206 yards. He threw for two touchdowns.

Rushing leader, Tony Kirby, scored his first career touchdown since being acquired from Miami six weeks ago, made his initial impact with his arm, driving a 24-yard touchdown pass to Jerry Rice.

**Cardinals 31, Rams 28 (OT)**  
TEMPE, Ariz. — LeShon Johnson's 66-yard run in overtime set up a 24-yard field goal by Greg Davis as the Cardinals beat the Rams 31-28 Sunday.

Cardinals' first TD pass, a 24-yard touchdown pass to Jerry Rice, and tied franchise records by completing 14 passes in a row at one stretch and 37 overall. He passed 58 times for 366 yards.

The Cardinals scored two touchdowns in the fourth quarter to tie the game as the Rams wilted in the 97-degree heat at Sun Devil Stadium.

Graham, who had thrown scoring passes of 24 yards to Rob Moore and 2 yards to Johnson in the first half, completed the fourth-quarter comeback with 5-yard TD passes to Larry Centers and Frank Sanders, who made the crucial reception for the tie with 11 seconds to play.

The game was the first between the Cardinals, who left St. Louis in 1988, and the Rams (1-3), who relocated them in the Gateway City in 1995.

**Redskins 31, Jets 16**  
WASHINGTON — The Washington Redskins needed all the razzle-dazzle they could muster, plus a massive heaping of controversy, to put away the supposedly hapless New York Jets.

One touchdown came on a reverse, another on a flea-flicker — both scored by Ake Shepherd — and Gus Frerotte had his best game of the season Sunday night as the Redskins won 31-16. It was their fourth straight victory over the Jets (1-4).

But the game could not be remembered for an offensive interference call on Jet No. 1 draft pick Keyshawn Johnson in the end zone that turned into an interception by Tom Carter.

With 8:16 remaining and the Jets (0-5) trailing 24-16, Johnson appeared to make any token contribution as cornerback Carter befell a blocking call and landing both feet on the ground. Carter stripped the ball and was awarded an interception after an extensive conference among several officials.

## Tigers' Trammell goes out with a defeat; Yanks fall again

**DETROIT (AP)** — On the day Alan Trammell retired, the Detroit Tigers finished the worst season in franchise history with their 17th straight home loss, 7-5 in 10 innings to Milwaukee on Sunday.

The Tigers were 53-39 in their first year under manager Buddy Bell. Detroit's losses were the most in the majors since Toronto dropped 109 in 1979.

Detroit did not win a game at Tiger Stadium after Aug. 30, breaking the team record of 14 straight losses at home. The major league mark is 20 by the 1953 St. Louis Browns.

Trammell, starting at shortstop for the last time, hit for a double and a sacrifice fly. The final hit of his 10-year career was a single in the 10th inning.

Trammell left for a pinch-runner and got a standing ovation from the announced crowd of 13,038 while players on the Tigers and Brewers applauded from the top step of the dugouts.

Matt Mieske hit a two-out, two-run single in the 10th off John Cummings (3-3). Al Reyes (1-0) pitched a perfect ninth and Mike Fetters worked the 10th for his 32nd save.

**Red Sox 6, Yankees 5**  
BOSTON — The playoff-bound New York Yankees ended the regular season by losing three of their last four games as Reggie Jefferson's RBI single in the ninth inning gave the Boston Red Sox a victory.

The Yankees, who won the AL East title for the first time since 1981, opened the playoffs at home Tuesday night against Texas. Boston, last year's division champion, was eliminated from the wild-card

starting 6-19. Darren Bragg began the ninth with a single off Dale Polley (1-3). Dave Pavlus replaced Polley and gave up a sacrifice to Jeff Frye. Wil Corder then hit a sharp grounder to Derek Jeter in the hole between shortstop and third. Jeter tried to get Bragg at third, but his throw to Andy Van Slyke was late.

Jefferson then hit a 3-2 pitch to right field for the winning run. Pat Mahomes (3-4) pitched two hitless innings for the victory.

**Blue Jays 4, Orioles 1**  
TORONTO — Pat Hentgen overcame Brady Anderson's 50th home run to become the third 20-game winner in the majors this season, leading the Toronto Blue Jays past the Baltimore Orioles.

Anderson hit the game-winning 2-2 pitch into the right-field seats. It was his 12th homer leading off a game, breaking the major league record set by Bobby Bonds in 1973.

That was to be the only run given to Hentgen, who allowed seven hits in 7 1/3 innings against a Baltimore lineup consisting of mostly backup players. The Orioles, who clinched the wild-card berth Saturday, opened the playoffs at home Tuesday against the Cleveland Indians.

Heathcliff (2-10) struck out four and walked one before being pulled after throwing 92 pitches. Although he failed to go at least eight innings for the first time in 13 starts, the AL

Cy Young Award hopeful became only the second Blue Jay to win 20 games, following Jack Morris in 1992. Mike Timlin worked the ninth for his 31st save.

**Royals 4, Indians 1**  
KANSAS CITY, Mo. — The Cleveland Indians failed in their quest to become the first team with consecutive 100-win seasons since the 1979-80 Baltimore Orioles, losing to Kansas City.

Cleveland, which opens the playoffs Tuesday at Baltimore, finished at 99-62 with a game against Seattle wiped out by rain. Last year, the Indians went 100-44 en route to their first AL pennant since 1954.

Kansas City finished last in the AL Central at 75-86, its most losses in four seasons. The Royals had never finished last for the first time in their 26-year history.

The Royals were 1-for-4 with a homer, double and two RBIs, finishing the game with a 3-03 victory. Tim Lincecum (15-11) scattered six hits over 8 1/3 innings, matching his career high for wins. Hipolito Pichardo finished for his third save.

Chad Oge (10-6) allowed one run and six hits in five innings.

**Rangers 4, Angels 3**  
ARLINGTON, Texas — Kevin Elster hit a two-run homer and the AL West champion Texas Rangers finished their most successful regular season with a win over the California Angels.

Elster capped the best year of his career with 24 home runs and 99 RBIs. He homered in the three AL batting title races, finishing with 38 RBIs.

Bobby Witt (16-12) won his first relief appearance since 1993, pitching the last five innings. The Rangers begin the playoffs

Tuesday night in New York against the Yankees.

**Twins 5, White Sox 4 (10)**  
MINNEAPOLIS — Paul Molitor drove in the winning run with a 10th-inning single, as the Minnesota Twins closed the season with a victory over the Chicago White Sox.

After Greg Norton gave the White Sox a 4-3 lead, followed by a home run in the top of the 10th-inning, pinch-hitter Greg Myers drew a two-out walk off Roberto Hernandez (6-5).

Chicago's lead followed with his AL-best 14th triple, scoring pinch-runner Mike Durant. Hernandez then walked pinch-hitter Todd Walker and Molitor lined a 2-2 single and pinch-hitter Paul Taylor hit career-best 225th hit of the season.

Molitor, 40, finished the year with 3,014 career hits. He doubled twice, allowing him to match his personal season best with 41.

Eddie Guardado (6-5) got the win despite giving up Norton's go-ahead homer in the 10th.

**Athletics 3, Mariners 1**  
OAKLAND, Calif. — The Seattle Mariners and Oakland Athletics, who put together two of the most powerful offensive seasons in major league history, finished the 1996 season with a whimper.

The A's got only five hits, but took advantage of two unearned runs to defeat the Mariners. Seattle managed just six hits.

Albie Rodriguez, despite going 0-for-4 for Seattle, won the AL batting title with a 358 average. Rodriguez, 21, became the third-youngest batting champion in league history. Ty Cobb and Al Kaline were 20 when they won hitting crowns.

## Avery provides no relief as Braves lose to Expos

**MONTREAL (AP)** — Steve Avery, his start for the playoffs uncertain, gave up six runs in only two-thirds of an inning in relief as the NL East champion Atlanta Braves lost to Montreal.

Tom Glavine, tuning up for his start in Game 3 of the playoffs, pitched three scoreless innings for the Braves.

Atlanta's opponent for the best-of-five series is uncertain. After the game, the Braves planned to fly into Montreal and Detroit for a rest day, and then start on the ground there until they knew where they would travel to next.

The Braves will face the loser of Sunday's game between Los Angeles and San Diego. That game, which will begin Wednesday on the West Coast, depending on which team lost and became the wild card.

The World Series champion Boston finished 96-66, eight games ahead of the Expos. Montreal was eliminated from the wild-card chase during the weekend.

Avery, sidelined nearly two months because of a strained muscle, pitched 1 2/3 innings for four hits and two walks while getting only two outs.

Avery (7-10), a former NL playoff MVP, finished with a 4.47 ERA. He was not scheduled to start any of Atlanta's three AL East games in the opening round, and there was a chance he would be left off the Braves' postseason roster.

Tavo Alvarez (2-1) was the winner and Mel Rojas got his 36th save.

allowed the Astros to finish in second place in the NL Central, despite an 81-81 record in September. The loss prevented the Marlins from finishing at 500 for the first time in their history.

John Hudek (2-0) pitched two perfect innings for the win.

**Rockies 12, Giants 3**  
DENVER — Vinny Castilla and Andrew Jones hit home runs for homers and Steve Decker added another, powering the Colorado Rockies past the San Francisco Giants.

Castilla's homer, his 40th, made Colorado only the second team ever to have three players hit 40 or more homers. The 1974 Atlanta Braves also achieved the feat, with Davey Johnson (43), Darrell Evans (41) and Hank Aaron (40).

Galarraga hit his 47th homer on Sunday, and Ellis Burks finished the season with 40.

The Rockies tied the NL record for homers in a season with 221, matching the 1947 New York Giants and 1956 Cincinnati Reds. Vinny Galarraga, who had three RBIs, finished the year with 150, the most in the majors since Tommy Davis had 153 for the Los Angeles Dodgers in 1962. His 47 homers also tied the record for a Latin American player, set by Toronto's George Bell in 1987 and tied by Texas' Juan Gonzalez this year.

Burks, who won 2-for-2 with a walk before leaving the game with a sixth inning, wound up hitting .344, second to San Diego's Tony Gwynn, who won his seventh NL batting title.

**Pirates 8, Cubs 3**  
CHICAGO — Jim Leyland won his final game as Pirates manager Sunday, as Pittsburgh used a six-run sixth inning to end the season with a win over the Chicago Cubs.

Leyland, who guided the Pirates to NL East titles in 1990, 1991 and 1992, and is generally considered one of baseball's best managers, resigned after 11 years, saying he would look for a job with an organization more willing to spend money and build a contending team.

He had a 849-860 record with Pittsburgh, ranking third in club history behind Fred Clarke and Danny Matthews in wins and losses.

The Pirates set their manager out in style, winning 14 of their final 18 games to finish 73-89 and avoid their first 30-loss season since 1986 — Chicago's first year.

Leyland, a contender 2 1/2 weeks ago at 74-72, lost 14 of his final 16 games to end 76-86.

**Phillies 9, Mets 5**  
NEW YORK — Ricky Evers drove in a career-high five runs as the Philadelphia Phillies rallied from a four-run deficit to beat the New York Mets.

Evario Espinoza hit a two-run homer for the Mets, who finished fourth in the NL East at 71-91 after finishing tied for second with Pittsburgh in the wild-card race. The Phillies were last at 67-95, their most losses since they finished with an identical record in 1989.

Blotzer (3-1), the second of six Phillies pitchers, pitched into the ninth for the victory. Mike Fyffe (0-1) lost his first major league decision.

## SPORTS IN BRIEF

**Sampras wins Swiss Indoor championship**  
BASEL, Switzerland — In his first tournament since winning the U.S. Open, Pete Sampras beat unseeded Hendrik Dreckmann of Germany 7-5, 6-2, 6-0 Sunday to win the \$1 million Swiss Indoor tennis championship.

Trailing 6-5 in the first set, Dreckmann double-faulted at 40-30, allowing Sampras to even the score 40-40. Succumbing to nervousness, Dreckmann was unable to bring the first set to a tie-breaker.

In the second set, Sampras broke Dreckmann's first serve and held his own, going ahead 3-0. At 5-2, Sampras broke Dreckmann again to take the set.

The beginning of the third set followed the same pattern, with Sampras breaking Dreckmann's first serve, holding his own and taking a 3-0 lead. This time, Dreckmann didn't even win a game.

**U.S. takes Fed Cup with Seles victory**  
ATLANTIC CITY, N.J. — The United States, with Monica Seles providing the decisive victory, is the Fed Cup champion again. The Americans won the title for the first time since 1990 when Seles beat Spain's Arantxa Sanchez-Vicario 3-6, 6-3, 6-1 in the Atlantic City Convention Center.

The Seles' triumph gave the United States a 3-0 lead in the best-of-5 format designed to determine the top women's tennis team in the world. Spain held the title the last three years. The U.S. team went on to sweep the matches.

Once Seles' victory assured a U.S. win, Conchita Martinez pulled out of her reverse singles match with Linda Davenport, citing a shoulder injury, and was replaced by Gala Leon Garcia.

Davenport defeated Garcia 7-5, 6-2 and then Mary Joe Fernandez and Linda Wild combined to beat Garcia and Virginia Ruano-Pascual 6-4, 6-4 to complete the shutout.

**Bradley victorious for 1st time on PGA Tour**  
PINE MOUNTAIN, Ga. — Michael Bradley won the Buick Challenge in a five-way playoff.

The victory, Bradley's first after four years on the PGA Tour, came on the first hole of a match with Fred Funk. Rain washed out the third and fourth rounds, forcing a playoff among the second-round leaders, which included defending champion Fred Funk.

## Intermountain races held at Magic Valley Speedway

By Lynn Baird  
Times-Town correspondent

**TWIN FALLS** — Twenty-seven drivers from as far away as Colorado and Wyoming showed up at Magic Valley Speedway Saturday to try to win the Intermountain Short Truck championship for the Grand American Modified class.

Travis Metz of Blackfoot, Idaho, led the qualifying, followed by Dick Capps and Darin Falkenback. The heat races determined the starting positions for the 100-lap main event.

The A heat was made up of the top nine qualifiers and went to Metz, followed by Capps and Bruce Quale.

The B heat for the next nine fastest qualifiers went to Greg Carroll of Cheyenne, Wyoming, followed by Norm Hatke and John Newhouse.

The rest of the cars ran the C heat, which went to L. Hackey. Followed by Ray Cleaver and Mike Ford, all from the Boise area.

In the main event, the B heat cars started in front, followed by the A heat cars and the C heat cars bringing up the rear. Metz led after the first 50 laps, but the drivers had about 10 minutes to make adjustments to their cars.

The dice were rolled and the first four cars were inverted, but it

didn't make long for Metz to get back in the lead with Steve Jones running a strong second. Jones attempted a pass on the last lap but came up about a half-length short of Metz at the checkered flag.

Quale, of Salt Lake City, and Cline Eames, of Fairbanks, rounded out the top four.

For the Seattle-Migot competition, Pocatello's Danny Koper took first, followed by Scott Hampe, Dale Little, Bill Briggs and Dennis Davis.

The Salt Lake City area provided the first Thunder Truck race held at the Speedway, for pickup trucks. First place went to Lynn Hardy, followed by Gary Pierre and Mark Adams.

Cardinals' pitcher Donovan Osborne cut his left thumb on a broken champagne bottle during the team's celebration Tuesday in Pittsburgh, and did not start. He is expected to be ready for his start in Game 3 of the playoffs.

**Astros 5, Marlins 4 (10)**  
HOUSTON — Tony Eusebio doubled home James Mouton from first base in the 10th inning as the Houston Astros beat the Florida Marlins 5-4 in 10 innings.

Mouton led off against Chris Hammond (5-8) and reached on a hard bunt to second baseman Luis Castillo, who couldn't throw out Eusebio, then followed with his winning hit.

Campbell led the 25-inning game from lap seven to lap 24. Coats made the same pass coming off the fourth turn. Campbell in the A heat, and managed about the same margin of victory at the finish line. They were followed by Paul Young of Meridian, Idaho, and Eldon C. Gibb and John Longwill, both from Boise.

Compiled from wire reports

## OTHER VIEWS

### Congress creates set of unfunded health-care mandates

From the *Chicago Tribune*  
 Republicans and Democrats may agree, at least rhetorically, that the era of Big Government is over, but on Capitol Hill, the urge to expand dies hard. Last week, House and Senate leaders joined with President Clinton in giving in to the temptation to meddle in the business of health insurance.

The first measure would forbid employers and health insurers to impose lower annual or lifetime limits on mental-health coverage than on coverage of physical ailments. Currently, most plans set lifetime limits of \$500,000 or \$1 million for physical bills, but only \$50,000 or \$100,000 for mental health problems.

The second would address the always-potent motherhood issue by guaranteeing that women and their babies can spend at least 48 hours in the hospital following a normal delivery (96 for Caesarean sections). It would stop health-care providers and insurance companies from sending mothers home after 24 or 36 hours, as so often do.

The problem with these proposals is not that they mandate something undesirable. But money is not an infinite resource. Companies and insurers can't provide everyone with everything they might want. Limits have to be imposed on the amount and duration of care. Decisions have to be

made - often painful decisions - about which coverage is worth the cost and which is not.

Who decides what those limits should be? Either the market or the government. In a capitalist economy, in which workers are free to change jobs to improve their fortunes, employers and their health insurers have to try to provide the best package of health benefits for the money.

If workers value generous maternity benefits or mental-health treatment, given the necessary premiums, they will tend to prefer companies that offer such coverage. If many companies don't offer such benefits, it's probably because their employees have other needs that take priority.

What Congress and the president have decided is that the desires of workers and employers don't matter. These benefits will be mandatory. Our leaders don't publicize the fact that other benefits will undoubtedly be trimmed to compensate. Some firms will surely drop mental-health coverage entirely, as they are allowed to do. Or else the cost of health insurance will rise - putting it out of reach of more people who would be happy to get just basic coverage.

It's always tempting for elected officials to overrule private markets to dole out goodies to various constituencies. In this case, the intervention is likely to do more harm than good.



## LETTERS

### Craig cleaning up nuclear waste

I would like to publicly thank Sen. Larry Craig for his efforts to remove all nuclear waste from Idaho. Recently Gov. Batt, along with the help of Sen. Larry Craig, negotiated the only agreement between a state and the federal government to guarantee removal of all nuclear waste from Idaho.

Sen. Craig has been working to facilitate the removal of nuclear waste from Idaho by requiring the federal government to open nuclear waste storage facilities in Nevada and New Mexico. On Aug. 1, the Senate approved Sen. Craig's measure to force Nevada to accept commercial and military spent nuclear fuel starting in 1999.

Through efforts by Sen. Craig and others, Idaho will be free of nuclear waste. Good job senator, you have my vote Nov. 5.

Thank you,  
 FRANK KOHITZ  
 Eden

### Plan needs citizen involvement

To all property owners:  
 Do you know your "property rights"? Have you read and do you understand the new "comprehensive plan"?

This plan has some very good ideas that would benefit the county as a whole. There has been a massive amount of time and money placed into this plan by all those involved, and they are to be commended. However, this is a very complex plan which took a year or more to develop. Ordinances which affect all property owners will be drafted from this plan. Let us not allow these ordinances to be passed without our involvement and input.

The verbiage of this plan is extremely explicit, restrictive, in some cases vague, and depicts Twin Falls County 20 years down the road. A three- to five-year plan could be more suitable to the growing times of Twin Falls County. Time is running short, and I urge you to obtain a copy of this plan, call or write your commissioners, attend the public meetings and allow your wants and wishes as property owners to be taken into consideration.

Call Commissioners Marvin Hempleman, Brent Reinke and Dennis Maughan at 736-4068 or write to P.O. Box 126, Twin Falls, ID 83303.  
 DAVE ROBINSON  
 Twin Falls

### Money belongs to the people

Ladies, gentlemen, kids and animals: What I'd like to talk about today is, does everybody know what's going to happen to this old world and everything that happens today will sure be here to that happens today. There's so many issues going on today that are mostly manmade. Everybody is letting them get by with what's going on and not one will do anything about it.

We don't want the waste that is coming in here, and who gets the money, and which guy do you vote for. Now think - do we want somebody that sweet talks

and later stabs us in the back? Oh, the sweet talking men and women who are the only thinking of themselves. God bless the ones who can't listen and do as they please and the ones that are getting paid so much for what they do. Later on they get too much retirement pay and they know they don't need so much to live on and leave all they got left to the kids.

They even dipped into Social Security and loaned the money out to another country. If it's the people's money, then why are they putting their hands in the pile of money that belongs to the people?

Folks, did you know the young kids say they are keeping the old folks and what you all put in is going to keep the kids when the kids get old, which means you older folks working to keep the kids in money, so to speak. How do you feel? Ask the kids how they feel.  
 HELEN TAFT  
 Ball

### Coroner: Thanks for your support

I wish to express my sincere gratitude to those that support a full-time coroner's office. To those that took the time to write a letter to the newspaper editor, thank you. To the 350-plus that signed the petition, thank you. To my dad, Woody Turley, whom I have leaned on not only now but through the years, thanks, Dad. Especially my wife, Carol, who puts up with a lot from me, I love you. Thank you for being there.  
 I will do the best I can with a part-time office.  
 GENE TURLEY  
 Twin Falls

### Utah site deserves to be monument

The recent controversy over the new Grand Staircase-Escalante National Monument has largely ignored the most relevant question: "Does the new monument deserve to be one?" The answer is yes, absolutely.

I had the good fortune to spend several days hiking and camping there at the end of July while it was hotter than Hades (syring and fall are better times to go), the scenery was as wildly beautiful as any in the West. Slick-rock canyons layered in brick-red and cream, wide plateaus, twisted gorges, feathery waterfalls, ancient ruins and rock art - these and more are found there, now protected for us and our descendants to enjoy as part of our unique western heritage.

Some question the way the monument was created and ponder its implications for future decisions regarding federal lands in the West. Folks, Western politicians did have the chance to participate in meaningful dialogue regarding not only the new monument but other Utah wildlands, but many chose polemics and posturing instead. Even Utah's Rep. Hansen admitted that his proposed Utah wilderness bill was meant only to provoke and agitate, not to solve the problem. Eventually many Americans tired of this ritual to address the issues productively.

Maybe the real lesson here for the West is this: Much of the rest of America seems ready for increased protection of

at least some Western federal lands, and if we want to maintain some control over what happens we had better start offering some valid ideas of our own instead of whining about being left out of the loop. Refusal to compromise will no longer cut it; our public committees and commissions must reflect more diverse interests than they have in the past.

When politicians bluster, "We won't let it happen here," by push and by go, we need to ask them, "What will then?" and not settle for less than a real answer.  
 DUANE REYNOLDS  
 Twin Falls

### Perot's voice should be heard

"In God We Trust." Did you ever wonder why that was? Because as a species, we can be very unjust and cruel and this is our guiding hope - we trust God will forgive our trespasses. Myself included.

Ten days ago, the "Presidential Debate Committee," a very small group, decided for 250 million Americans that Ross Perot would not be heard in the presidential debates. This is one of those instances where "In God We Trust" is not appropriate. Who are these people? How have they obtained such control in this so-called "Information Age?"

When the telecommunications bill passed, I called attention to a provision allowing 50 percent ownership by a single entity or corporation, citing the danger of one opinion controlling the media. Perot, Why? Under our laws, he is entitled to it because he has proven his intent and the extent of his efforts include his name on the ballot in 50 states. We taxpayers have given him this money because under the law, he is considered a viable candidate. Who is this Presidential Debate Committee to decide that the isn't? This is an injustice on the American taxpayer and must be corrected immediately. As taxpayers, you must let your "representatives" know you have paid with your taxes to hear what Perot has to say regardless if the Presidential Debate Committee says he has a chance of winning or not. We paid to hear his voice. It's a matter of principle. Eighty million people and you are expected to watch the "debates." If Ross Perot is not included, you will know that this is the moment America lost her democracy.  
 MARK COOK  
 Hailey

## The Times-News

Stephen Hartigan Publisher  
 Clark Walworth Managing Editor  
 Ty Ransford Circulation director  
 Peter York Advertising director

The members of the editorial board and writers of editorials are: Stephen Hartigan, Clark Walworth, Steve Clump and Kevin Miller.

## Lutz pro-choice on education

One during the Middle Ages despaired of success at the Sorbonne, and vowed to the learned, stabbed their professor to death with their quill pens and wrote out his grievances with his blood. Now that's real education reform!

Chrysler Corporation President Robert Lutz also wants reform, though less radical than the Sorbonne affair.

In a speech to the governor's "education summit" in Michigan, Lutz said it is time to stop fooling ourselves about government schools. They are not doing the job. The taxpayers are paying for and are unlikely to increase unless education follows the example of business and engages in competition.

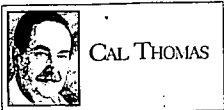
Standardized tests in Michigan show 40 percent of fourth graders failed to get acceptable scores in reading. Unsatisfactory achievement in math was recorded among many of the state's seventh graders. To his credit, Lutz is participating in forming the Alliance for Children's Education which will send volunteers into Michigan schools in an effort to tutor underachievers. But in his speech, he said that was not enough.

Just as the goal of automaking is to produce good cars at competitive prices, so, too, is the goal of education to produce people with the knowledge and skills to succeed in an increasingly competitive world. Does it make sense, he wondered, that virtually everything else, including the once-monopolistic phone company, is competitive and our public schools are not?

"Competition is the core process in the natural order of things," said Lutz, who noted that the United States spends considerably more resources on education than any other nation in the world, but gets diminishing returns on its investment.

Lutz charged that education requirements have been "dumbed down" so as not to injure the self-esteem and added, "I believe that self-esteem comes only from hard work and legitimate achievement. I think failure is a wonderful teacher, and that shielding a student from failure is a form of child abuse as cruel as denying him enlightenment."

How's this for a reality check concerning outcome-based education - watered-down curricula and grading techniques - which is the rage in some circles? "There's no such thing as an outcome-based competition to make sure nobody's feelings get hurt."



CAL THOMAS

The real world is not a padded romper room at McDonald's. It has edges to it."

No, Lutz said, teachers are not responsible for many of the problems that exist in that can undermine students' abilities to perform in school. Usually, he said, critics of government education are told they judge U.S. teachers unfairly, especially when compared to other nations' educational systems. Lutz replied that fairness has nothing to do with it. Speaking of Detroit's recent past, Lutz noted, "The cars coming out of foreign factories were better than ours. The customers are only interested in the end product - not the problems that we have producing it or the advantages our competitors enjoy that we don't."

In the '70s, he said, "Chrysler was public school. The other guys were Country Day and St. Margaret Mary." Unfair to compare? "Fairness is irrelevant," says Lutz. "Private schools produce what we want."

To those who claim school choice would irreparably harm public schools, Lutz said the opposite would occur: "Competition won't kill public schools. But in many cases it will force them to act differently, to adopt different priorities, to make needed changes, to cut across where they are wasteful and to devote more resources where they will do more good, and to become more customer-focused."

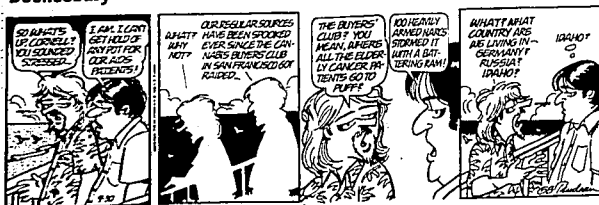
Spunk put America on the moon, he said. Toyota made Chrysler a success. Federal Express made the U.S. Post Office self-sustaining.

Maybe there's a place for people who sit around feeling good about themselves but can't write a coherent sentence saying why, but Lutz thinks school is not that plan. "With competition, he said, "the bad (schools) would change and the good ones would get even better."

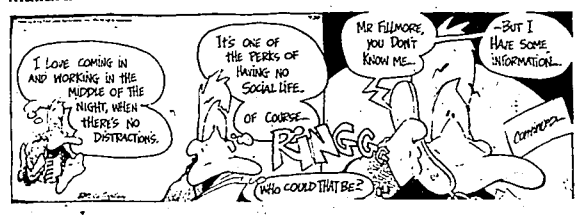
He's so right it's beyond argument. If the union monopoly were broken, everything would improve - from the students to the teachers. Isn't it worth trying?

Cal Thomas is a Los Angeles Times columnist.

### Doonesbury



### Mallard Fillmore



By Bruce Tinsley

# Palestinians: Peace effort in ruins

'Netanyahu came and damaged it all'

HEBRON, West Bank (AP) — After four deadly days, Jews and Arabs have forced down the lid on Padoon's Box, but few Palestinians now speak of the "peace process" without a sneer or a sigh.

Ibrahim al-Zamareh lost the faith on Saturday afternoon in his comfortable hilltop home when an Israeli soldier's stray rubber bullet smashed into his wife's face, less than an inch from her right eye.

Back from the hospital, Insherah Zamareh sank into a couch and grimaced with pain as she listened to her mild-mannered husband, a builder of houses, talk revolution.

"We stopped infitah after seven years because we wanted peace," Zamareh, 46, said of the 1987-93 Palestinian uprising against Israeli occupation. "But if we have to start again, we are ready to go 100 years."

He glanced at his glowing son-in-law, a Palestinian soldier in a Toronto Blue Jays T-shirt, and then up at the photo of a sun-ambushed and killed-just-by-extremist-Jewish-sets.

"We believed in this process," he said. "We put flowers in our gun barrels and forgot all of our martyrs. Then this (Prime Minister Benjamin) Netanyahu came and damaged it all."

The mark that inflamed the Holy Land was a new access to the Wailing Wall through a tunnel along the base of a revered mosque. But such smaller issues as Insherah Zamareh's eye are the trigger.

Now only Israeli force and energetic efforts by Yasser Arafat's police are holding back a fresh explosion throughout territory that



As a resident looks on, Israeli soldiers patrol the streets of Hebron during a curfew imposed after clashes early Sunday.

by now is supposed to be tranquil under Palestinian control.

Hours before Insherah was shot, Palestinian troops in Ramallah turned back 1,500 shouting Bir Zeit University students intent on storming an Israeli checkpoint.

By loudspeaker, a police official swore solidarity but begged for calm, warning that a careless stone could trigger a massacre. The Israelis, he said, had heavy artillery and helicopter gunships.

But with Israel and the West Bank separated only by invisible borders, with Jewish settlements

peppered throughout Arab lands, conflict is always possible.

As Zamareh tells it, Insherah was simply looking out the window at three armored cars stopped on the road far below. Several of about 20 soldiers began firing at random, apparently for the hell of it.

It is clear why Israeli forces are nervous. After rounds of familiar stone-throwing last week, troops came under fire from Palestinian police with whom they had until recently conducted joint patrols.

Up in Jerusalem, posters exhort: "Visit Hebron! Touch the very

foundations of Jewish history. Commune with our forefathers and our national roots." It is not very good advice.

Hebron, with 94,000 inhabitants, is the last Palestinian city still occupied by Israeli forces. At its outskirts, several thousand Jews live in the militarily conservative settlement of Kiryat Arba.

Normally tense, Hebron was patrolled heavily when Israelis and Palestinians began fighting last Wednesday. After more stones were thrown early Sunday, a total curfew cleared the streets.

# Gorbachev calls for Yeltsin's resignation

MOSCOW (AP) — Former Soviet leader Mikhail Gorbachev urged Russian President Boris Yeltsin to resign for health reasons so that new elections could be held soon.

"Such a decision would be good both for himself and Russia," Gorbachev told the Interfax news agency Sunday. "The sooner he takes such a decision, the better."

Yeltsin has been hospitalized since Sept. 13 and faces multiple bypass surgery in November or December. He has promised to transfer full powers, including control over Russia's nuclear arsenal, to Prime Minister Viktor Chernomyrdin, but only temporarily.

Many rival politicians have said he should resign. Even his own national security chief, Alexander Lebed, questioned Yeltsin's ability to run Russia during his illness and called on him to step down until he is healthy.

"As a human being, I want to support Boris Nikolayevich and wish him recovery," Gorbachev said. However, "the president's health is also a political matter," he said.

He said that even if Yeltsin's surgery goes well and the recovery is normal, "his health will not allow him to fulfill his presidential duties in full."

Gorbachev said Yeltsin's current limited work schedule was unacceptable. "To work just



Boris Yeltsin

several hours a day is totally unacceptable," he said. "It is not for this role that we elected a president with immense constitutional powers."

Gorbachev resigned when the Soviet Union collapsed in 1991, turning the bulk of his powers over to Yeltsin.

Yeltsin, who won re-election in July by defeating Communist leader Gennady Zyuganov, virtually dropped out of sight in mid-June. The Kremlin insisted he was suffering only from a cold and exhaustion after the tumultuous campaign.

The first confirmation of a serious health problem came only earlier this month when Yeltsin went on television to announce he would undergo heart surgery at the end of September.

His doctors later acknowledged Yeltsin had a heart attack during the election's first round of voting in June.

Russian doctors and leading American heart surgeon Michael DeBakey met with Yeltsin last week, and decided the surgery should be postponed to give his damaged heart time to heal.

# Sri Lankan troops take rebel base

COLOMBO, Sri Lanka (AP) — Soldiers on Sunday crushed stiff rebel resistance and captured a Tamil guerrilla stronghold in northern Sri Lanka, capping a fierce eight-day battle that has left nearly 900 people dead, the military said Sunday.

Troops entered Kilinochchi town, 170 miles north of Colombo, and were clearing land mines and booby traps, said Defense Ministry spokesman Brig. Sanath Munasinghe.

"We are in the process of clearing and consolidating in Kilinochchi," Munasinghe told The Associated Press.

The offensive was a crucial test for the military as it tries to seize northern jungle towns that Tamil rebels have used for cover during a 13-year civil war on the Indian Ocean island that has killed more than 46,000 people.

Tamil guerrillas shifted their headquarters to Kilinochchi — a town on the mainland — after the military captured northern Jaffna city in December following a bloody 50-day battle.

Two flanks of troops entered Kilinochchi on Sunday afternoon after blocking a rebel retreat into the surrounding jungle. The town was deserted, as its 125,000 civilians had fled an earlier military offensive in July.

Casualty figures from Sunday's takeover weren't immediately available, Munasinghe said.

The rebels are fighting for a homeland for minority Tamils, who account for 18 percent of Sri Lanka's 17 million people. The country is run by the 75 percent Sinhalese.

The weeklong battle for Kilinochchi, which began in Paranthan, three miles to the north, has been the fiercest and most violent in two months: At least 660 rebels and 229 soldiers have been killed.

A large percentage of the deaths came during a failed rebel counter-offensive Thursday, which left 127 soldiers and 450 guerrillas dead, the military said. However, the rebel side disputed those figures Sunday, saying they had only lost 36 people Thursday.

They also accused the military of underreporting its dead and wounded from the counter-offensive. In a statement from their London office, they said more than 150 government soldiers had been killed and 200 wounded.

No independent confirmation of the claims was possible since the government doesn't allow reporters in the war zone. Relief workers pulled out of the area three months ago.

Meanwhile, air force planes bombed a rebel base close to the town of Vavuniya, killing at least 30 rebels, the military said in a statement Sunday. According to the military, at least 24 guerrillas were wounded in the attack, 134 miles north of Colombo.

# Colombian drug trade now in new hands

Los Angeles Times

CALL, Colombia — The legendary figures who controlled the international cocaine trade through cartels named after Colombian cities are jailed or dead.

But the flow of drugs from Colombia to the United States goes on. The \$7 billion industry has been taken over by smaller, more flexible, less structured and less efficient — organizations, according to police and other experts.

"I am sure that coordinated everything from production to delivery no longer exists," said Col. Benjamin Nunez, head of the elite police division here that tracks down and arrests drug lords.

Instead, the narcotics trade is now made up of specialized organizations that form shifting alliances to move illegal drugs from the South American jungles to the streets of the United States. They are run by cautious, middle-aged men who learned the business as low-level operatives in the Medellin and Cali cartels.

After seeing their audacious bosses fall, their goal is to minimize risk. But reducing risk also reduces profits, preventing them from building the sort of financial empire that Pablo Escobar controlled from Medellin or the Rodriguez Orejuela brothers ran here.

"We have dismantled their economic structure," Gen. Luis Enrique Montenegro, deputy chief of the National Police, said in an

interview in Bogota. "Without liquidity, they can do nothing."

Nevertheless, drug rings manage to get their products to the United States. Colombia — long the major supplier of cocaine to the United States — has even increased its share of the U.S. heroin market, becoming the most important source of the heroin sold in New York, according to a recent U.S. Drug Enforcement Administration report.

Still, police here say they believe that they are forcing drug traffickers to "subcontract" more and more of their operations, cutting into their profits to an extent that will eventually drive them out of Colombia.

"We are going to pulverize them because the more pulverized they are, the less powerful they are," Nunez said.

The cartels introduced coca bushes, from whose leaves cocaine is produced, into Colombia from Peru and Bolivia. Having production in Colombia allowed the cartels to better control their supply sources. Some cartels even owned coca fields, according to police.

They ran the laboratories that turned the leaves into paste and then cocaine crystals. Then they bought planes and boats to send the pure cocaine to the United States.

And they reaped all the profits, so much money that planes and boats became disposable — wrecked without hesitation in the effort to deliver their precious cargo.

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<input type="checkbox"/> Changes in eating/sleeping/habitual habits	<input type="checkbox"/> Thoughts of death/suicide
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# Taking God's word to the streets

## Young minister connects with troubled teens

SPOKANE (AP) — God talks to Mark Terrell. Terrell talks to the homeless teen-agers who prowl Spokane's streets at night.

Terrell, 25, is a street preacher. He walks downtown and tells teens he means about Jesus. His work is much like that of the original apostles, who wandered the world in pairs, spreading the message of Christ.

During one night this month, Terrell spent 45 minutes discussing Scripture with two teens on BMX bikes in front of the downtown bus Plaza.

"A thin boy, about 16 years old with orange hair, listened while his older pal chattered about the death of Jesus.

"I'm like really fascinated with that, you know, like the idea of crucifixion," the teen says. "Do you think that's weird?"

No, Terrell says. "Maybe Jesus is trying to talk to you."

They talk about the resurrection and Jesus' claim to be the son of God. Terrell suggests a few Bible passages.

As the boys speed off to get free food when a nearby pizza shop closes, the older teen says, "You know, I like talking to you, because you always make me feel better. You listen to what I have to say."

Terrell came to Spokane from Longview to attend Whitworth College. He chose the private Presbyterian school not for religious studies, but because he won a soccer scholarship.

Soccer was his reason for life. Kathy Terrell's only child came home from his first grade 20 years ago and told his parents to sign him up for soccer.

"He had never even played before," his mother says. "But he knew that was his calling. And it was his ticket to college."

But like a story out of the Old Testament, Terrell says God asked him to give up his life's love.

Terrell became a born-again Christian his freshman year at Whitworth after two friends died in a car accident. "He was torn over whether he could continue playing soccer and still be devoted to religion."

"I told God, if you want me to quit, hurt me so I can't play,"



Mark Terrell, left, listens as a 16-year-old street kid in Spokane chain-smokes cigarettes and describes his hard life.

Terrell says. He went the entire season without injury or incident. Then, during a practice, another player stole the ball from him. Enraged, Terrell instinctively leveled a low blow at his teammate.

"I apologized, took off my shoes, walked over to the coach and said, 'I am quitting,'" Terrell recalls. Soccer, he decided, was interfering with his relationship with Christ.

He joined a student service group that takes meals to the residents of the low-income hotels downtown. He then spent a summer working at a group home for convicted teenagers.

It was among the outcast and downtrodden that Terrell felt a religious calling. He completed his psychology degree last year and landed a great job — chaplain at a San Francisco group home. It provided a paycheck and benefits, as well as an opportunity to live his religious convictions.

But after six months, he quit. God called him back to Spokane, he says.

He lived on savings and wandered Spokane's streets, meeting kids and trying to help them. And he prayed.

Soon, doors began to open.

The Rev. Rich Lang, the founder

of Lay Ministries Northwest, an organization that has new ministries get started, took Terrell under his wing. He introduced Terrell to dozens of pastors, welcomed him into a group of other ministers and advised him on starting a nonprofit charity.

Donations began trickling in. The pastor at Central United Methodist church heard about Terrell and offered him free space for an office and clothing bank to collect clothes for the homeless.

A volunteer coordinator at Whitworth then called and asked if he needed help. Terrell soon had a handful of volunteers to canvass with him.

Now, he brings in enough in donations to pay himself about \$1,000 a month in salary and to cover ministry expenses.

"It's all God. He wanted me to do this so He made it possible," Terrell says.

Each night, with a volunteer, Terrell begins his patrols with a prayer.

Often they bring people back to their office to give them donated clothes and blankets.

"Pillows, cool. I haven't slept on a pillow in more than a year," says a 17-year-old boy, who came with a friend to rummage through

Terrell's clothing bank.

"Even when I sleep at someone's house, they don't give me a pillow."

The boy has lived on the streets for more than a year. He says his parents want to lock him in a mental institution because he does not follow their religious beliefs.

After the first cool September night set in, he and a fellow runaway, a girl, came looking for warmer clothes and blankets.

Terrell and his volunteer of the night, Jill Haley, watch with smiles as the teen-agers tear through the racks of clothes.

The kids linger in the office talking. The boy admits he shaved his dreadlocks after they got infested with lice.

Both kids were sleeping in a Peaceful Valley park one night when the sprinklers came on, soaking their belongings. Now they live in the attic of an abandoned house.

After an hour, they reluctantly return to the night, thanking Terrell and Haley for the clothes.

"Thank Jesus," Terrell tells them. "He's the one who brings us all this stuff."

# Blood traces found on victim's clothing

BOISE (AP) — New tests have turned up traces of blood on the victim's clothing in the Donald Paradis murder case, raising questions about a key element of his defense.

The finding is unlikely to affect the appeal of his conviction in the 1980 slaying, however.

In April, Gov. Phil Batt commuted Paradis' death sentence to life in prison after finding "some element of doubt" in the case.

Paradis maintains his innocence and is working to get out of prison.

The absence of blood on the clothing of victim Kimberly Ann Palmer — despite a cut on her vagina — was a key point for the defense.

Paradis' lawyers argued it indicated Palmer was killed before her body was dumped in a creek near Post Falls. They said she was killed in Spokane and the body driven across the state line, meaning Idaho would have no jurisdiction in the case.

But a chemical recently sprayed inside Palmer's jeans revealed blood, said Idaho Solicitor General Lynn Thomas, the prosecutor in the case.

How much blood the test revealed was uncertain. There was not enough to see with the naked eye, Thomas said. Whether the blood was Palmer's also is unknown.

"I don't know whether it's possible to tell that," Thomas said. "I'm

reasonably sure that no testing for it has been done."

Defense documents filed in the case, which now is before the 9th U.S. Circuit Court of Appeals, prompted the new test, Thomas said. The results meant little to Paradis' attorneys.

"Our point is that had the victim been killed in Idaho, she would have bled profusely," said Edwin Matthews. "You would not have a mere drop, but many glasses, perhaps, of blood on those jeans."

The prosecution said the lack of blood never proved Palmer was killed in Washington, and the new test does not change that.

Palmer and her boyfriend, Scott Currier, a member of the Gypsy Jokers motorcycle gang, were last seen checking out of a Spokane motel about 1 a.m. June 21, 1980.

About 4:30 a.m. the next day, fire broke out at a nearby home rented by Paradis. The same morning, the bodies of Currier and Palmer were found.

Police concluded Currier had been beaten to death in Spokane, but that Palmer had been strangled — possibly while trying to flee her captors at the Idaho location. Paradis said he went along to dispose of Palmer's body but did not kill her.

# Former basketball player faces another AIDS-exposure charge

BOISE (AP) — For the second time in six years, former college basketball player Kerry "Stephen" Thomas faces a charge of knowingly exposing someone to the AIDS virus.

Thomas, 32, of Boise, was being held Saturday night in the Ada County Jail Bond was set at \$500,000.

He was arrested on the charge of "Transfer of HIV Body Fluid."

Although Thomas, arrested Friday at home, faces only one charge, Boise police are assessing other potential victims to step forward.

The arrest stems from an incident that occurred since Thomas was released from prison in June 1992. He is on parole after serving 17 months on a statutory rape conviction.

Thomas was charged in April

1990 with exposing five Ada County women to HIV, the virus that causes AIDS. Law-enforcement officials said he had unprotected sex with the women in 1989 and early 1990.

He allegedly exposed them to HIV without their knowledge.

But prosecutors dropped the AIDS-exposure charges after Thomas agreed in September 1990 to plead guilty to one count of statutory rape. He admitted to having sex with a 16-year-old girl in November 1990, 4th District Judge George Carey sentenced Thomas to between three and 15 years in prison. At that sentencing, Carey said the underlying AIDS-exposure issue was a "significant aggravating circumstance."

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## Appreciate the healing power of prayer

There is a mass movement afoot in the world today, spiritual in nature and radical in its implications, observes Marianne Williamson, a popular lecturer and author of "Muminata: Thoughts, Prayers, Rites of Passage."

After decades of declining influence, there is once again a widespread consideration of spiritual principles as an antidote to the pain of our times, Williamson points out in this book. "There is a feeling in the air now, a sense, however faint, of renewed energy."

"Like flowers growing up through pieces of broken cement, signs of hope and faith appear everywhere. ... It is the rising up of our true divine nature, a reassertion of God in the consciousness of modern man."

Of the spiritual renaissance sweeping the world, Williamson observes:

"Millions of people are now reaching out for their lost, buried souls. ... We have reached a critical mass of spiritual yearning, despite worldly appearances. There is a mass curiosity and openness to spiritual ideas, unprecedented in modern Western culture. All God needs is a crack in the door and the door is cracked. Illumination follows."



PSYCHOLOGY  
John Larsen

In "Muminata," Williamson speaks to our center — that light deep within each of us, a light that is often ignored, or even unrecognized — which is where our spirituality resides and expands. Such spirituality, she says, "is an inner fire, a mystical substance that feeds our souls."

Love is the channel through which people deepen their spirituality, and thereby, their way to illumination, which is "a deepening sense of the sacred." Such spirituality, she says, "is an inner fire, a mystical substance that feeds our souls."

Love is the channel through which people deepen their spirituality, and thereby, their way to illumination, which is "a deepening sense of the sacred." Such spirituality, she says, "is an inner fire, a mystical substance that feeds our souls."

And she notes: "The human species has all but lost its heart; we gave it up for the illusory fruits of the material world. But a life without heart is a life without life force. The psyche, as well as the body, needs both heart and brain in order to survive. Like Chinese women who bound their feet and then could no longer walk freely, we have bound our hearts, and thus stunted our growth as moral beings."

To release our hearts, to increase our love, and to light our spirituality, Williamson recommends prayers, which are our "ladders to God."

"Prayer reweaves the rent fabric of the universe," she reflects. "It releases us, in time, from the snares of lower energies. Total dependence on God makes us independent of the darkness of the world. No problem is too big or small, no question too important or unimportant to place in his hands. We don't despair, or too much; in fact, we ask Him for far too little. ... The mistake many people make is that although they believe in him, they do not intimately include him in their lives."

But, Williamson cautions, the prayerful life and "mystical ways are not easy, for our resistance is great. ... Prayer roots us in a different center of emotional gravity. It represents a true conversion from sourcing power in one place to sourcing it in another. It is the spiritualization of our mental habits. That is why it gives us so much strength."

Prayer can release us from the pain of life, she says.

"The purpose of prayer is to bring heaven and earth together. It gives inner peace in that neither intellectual understanding, credentials, money, sex, drugs, houses, clothes, nor any other gifts of the world can do. We can learn to speak to God as we would speak to a combination therapist, lover, teacher, best friend, one we trust more than anyone else, one who loves us no matter what, one with all the power to heal, one with the power and desire to help, for that's what God is. Prayer work is a constant and consistent conversation with him."

"God listens, and he answers. His answer is always peace."

"We spiritually reconstitute our lives by asking him. ... to alchemize our thoughts and emotions, to change dramatically our orientation," she continues. "The ways of prayerfulness are a modulation up from a mood of despair to a mood of hope. A desperate outlook is a choice we make. Peace is simply another one."

Williamson urges readers to embark upon the creation of a peaceful lifestyle by recognizing the need, daily, to cleanse their minds just as they cleanse their bodies. And, she recommends principles of effective prayer:

• Invite God's spirit into every situation, which means to ask for the highest level of thought, guidance, and unfoldment to occur for all concerned.

• Ask God to remove from your mind all thoughts that are not of him.

• Ask God to show you the love and innocence within all people.

• Ask that only God's purposes be served in every situation.

Please see LARSEN, Page B2

## 2nd heart attacks aren't inevitable, but they're often deadly

By Joan Bean  
Times-News correspondent

**TWIN FALLS** — You can survive a heart attack — more people do so nowadays than ever before. But what about next time?

The risk of a second heart attack is about 3 percent per year, said Dr. Stanley Mogelson, a cardiologist at the Twin Falls Clinic and Hospital.

"If you took 100 people who have had a first heart attack every year, about three of them would have another," he said. "It's really a pretty low percentage for all those people having heart disease. That's pretty low risk."

To help prevent a second heart attack, Mogelson said doctors focus on reducing that risk further by getting people to stop smoking, giving them drugs such as beta-blockers, ACE inhibitors and aspirin, and using dietary measures to lower cholesterol.

Whether or not there is high anxiety about the chance of a second attack depends on the individual, Mogelson said. For many people, the first heart attack is what inspires them to take seriously the changes in lifestyle that will reduce the risk of having a second.

For V.L. "Jack" Chapman, 77, of Twin Falls, it was a second heart attack in 1972 that motivated him to quit his two-pack-a-day smoking habit. He had just left the no-smoking hospital environment after his first coronary when he had the urge to light up.

"I couldn't really walk from one room to another and had to concentrate on a step at a time," he said. "I got up to the patio where we were living and had to have a cigarette. I didn't even get through that one cigarette until I was back in the hospital."

"Smoking cessation is probably the most important thing," Mogelson said. "As little as three cigarettes a day doubles your risk of heart-attack, so cutting down helps — but stopping is what's important."

Dr. Reed Harris, another Twin Falls cardiologist, said smoking makes the blood more sticky to the sides of the walls of the heart, and increases the plaque buildup in coronary arteries.

Other risk factors are diabetes, high blood pressure and elevated cholesterol. Harris said, if the patient has already had a heart attack or has a strong family history of heart disease, he'd be extremely wary of the patient.

Arnold Levine, 65, of Kimberly, had high blood pressure and elevated cholesterol, but had stopped smoking about 11 years before his first heart attack in 1990. That, and the fact that Levine gave up using salt, made his coronary less serious than it otherwise would have been, his doctor told him.

After Levine recovered and returned to his high-stress job as manager of a restaurant, he had a second heart attack on Christmas Eve 1993. Taken to Boise, he had angioplasty for a heart artery.

Angioplasty involves inflating a balloon on the end of a catheter that opens up the blockage in an artery.



Shirley Galley of Filer has adjusted her life-style to include exercise and better nutrition following a heart attack earlier this year.

After doctors found that Levine's kidneys were failing, they also inserted a stent on one side.

Levine described his first heart attack symptoms as extremely severe pressure in the chest, as if someone were standing on it, and dull pain radiating down his left arm.

Tests should that the right side of his heart had blocked arteries, but that new ones had taken care of the blood flow. The left side didn't compensate in this way, but was not completely blocked — just enough to create a problem.

For Chapman, the first signs of trouble in 1972 were breathing hard and feeling faint, but not much pain. Then in February, he had shortness of breath and dizziness, and knew he was in trouble again.

Doctors discovered he had a 95-96 percent closure of the circumflex artery

of his heart. He was given the choice of having the plaque drilled out, having an angioplasty and putting in a stent, or a bypass. He opted for the former.

In a bypass, Mogelson said a bridge is built around the blocked blood vessel. There are two ways of doing that.

Doctors can remove a vein from the leg and insert it to build a bridge across the blocked blood vessel in the heart. Or they can divert an artery from somewhere else in the chest to the blocked blood vessel.

All heart attacks are dangerous, Harris said, but the second one especially so because there is already damage to the heart muscle.

A normal heart has an "ejection fraction" — that's the amount of blood it pumps out on every beat — of around 65 percent, which means it pumps 65

Please see ATTACKS, Page B2

## Heart attacks often strike women differently

By Joan Bean  
Times-News correspondent

**FILER** — Having survived her first heart attack last Jan. 26, Shirley Galley isn't worrying about a second one.

"I don't dwell on it," said Galley, 48. "I don't let it rule my life. I kind of take it in stride."

But that's not to say she hasn't changed her lifestyle. She now eats low-fat or non-fat foods as much as possible, exercises, controls her diabetes and blood pressure. And she tries not to get stressed.

Galley said she doesn't let things bother her as much as they used to. If something doesn't get done, it doesn't matter. Her heart attack and recovery, she said, helped put her priorities in perspective.

She still works in her beauty shop, and mows three lawns in the summer for fun money. But she doesn't overdo.

"If I get tired, I rest," she said. "If I feel like I'm starting to get a little bit of discomfort, I know to stop then. I don't just keep on."

Heart disease — long a plague of overweight, over-40 men — takes a grim toll among women, but in fact, it's now the No. 1 killer, according to the American Heart Association.

And it's not always the same for men. The symptoms that Galley experienced during her heart attack were not typical, she says. The crushing pain was in her neck, mostly on the left side. She didn't break out in a sweat, but felt somewhat nauseated.

Dr. Stanley Mogelson, a Twin Falls cardiologist, said heart attack symptoms are often a little unusual in women.

The pain may be more difficult to recognize as heart disease. It might be more in the arm, abdomen or back.

"I don't know why that would be different in women, but it sometimes is," he said. "And this can make the recognition of heart disease a little bit more difficult."

Fortunately for Galley, a customer in her beauty parlor suspected she might be having a heart attack, and called for help to take her to the Twin Falls Clinic and Hospital. There, her heart attack was diagnosed and she was stabilized.

Two days later, she was taken by ambulance to St. Alphonsus Regional Medical Center in Boise, where she underwent angioplasty for two blocked arteries. The next day her surgeon inserted a stent in one artery.

Two months after that, she had to have another angioplasty procedure on an artery, using a bigger balloon.

Women generally have smaller arteries than men, said Dr. Reed Harris, a Twin Falls cardiologist, and so are sometimes

Please see WOMEN, Page B2

## LOOKING GOOD

### 5 ways to perk up your fall wardrobe

Provided Journal-Bulletin

Most of us don't have money, time or closet space to buy a new fall wardrobe. But that doesn't mean we can't perk up our daily fashion with a few key pieces.

Here are five ways to update.

• **Go retro.** The '70s are back, again. No one is suggesting going back to leisure suits, but there are many nice ways to hop on this Brady Bunch trend. Now stop laughing.

For the young, a pair of flared pants or corduroys is perfect. For the rest of us, a kitschy knit dress can be fun. (It's best if it has flowers on it.)

If that's too much, try a ribbed knit sweater in avocado, orange or brown — the best retro colors.

• **Go red.** Enough with the black, add a shapely red blazer or cropped jacket to your wardrobe. It's perky and announces your presence with flair. Pair it with a nice set of leggings for the perfect dressy but comfortable look. If you can find a military-style jacket, you get perfect marks.

• **Go metallic.** You can do it in a tiny way with nail color. Everybody from Chanel to Revlon has a palette of metallic colors for fall. You can also select a pair of evening shoes or a headband in a glittery shade. Or you can go whole hog and get the metallic lace evening dress that is so hot for the holidays.

• **Go corduroy.** Why not? If you're not up for cord pants, what about one of those cute little dresses? Or even a multi-purse jumper. Fall and corduroy, they go together like raking and backaches.



J.C. Penney's Hunt Club adds snap to the season, tossing a bright red, quilted microfiber vest over a waffle-weave tunic and patterned stretch pants.

• **Boot it.** This is the year to get a new pair of suede or leather boots that tickle the knee. They go with the season's maxi coats and those little, hip-slinging skirts, if you dare.

If you're a pant girl, and haven't sprung for a pair of hiking boots yet, let this be the year.

## HEALTH NOTES

### Roll up your sleeve

The flu season is approaching — and that means it is time to consider your annual flu shot. A flu shot taken in early October means that antibodies will peak in December, when the influenza virus begins to attack in earnest.

Immunization against the flu does not guarantee protection, but it works in 70 percent to 80 percent of cases. Even if you do come down with the flu, you probably will have a milder case of it than those without immunization.

Also, it can lessen the risk for serious complications, such as pneumonia.

Even if you had a flu shot last year, you'll still need one for 1996 because strains of the flu virus often differ from year to year.

### Less talk, more action

Love, jealousy, marriage and sex have long been the staples of daytime television soap operas. But a study of the sexual content of 10 shows found that characters today are less likely to just be talking about their sexual experiences on the show and are more likely to be shown in a sexual situation.

Many of these sexual situations, however, "were of modest sexual behaviors, such as kissing and

caressing," reported the study by Katherine E. Heintz-Knowles, a researcher at the University of Washington.

The research, commissioned by the Kaiser Family Foundation, compared how sex was treated on soap operas today with a similar study two years ago of the five top-rated soap operas. In 1994, the researchers reported, sexual behaviors were twice as likely to be talked about as to be shown; this year, sexual content was three times more likely to be shown as discussed.

### New role for heparin

A special form of the commonly used anti-clotting drug heparin prevents life-threatening blood clots more effectively than conventional heparin in patients with severe injuries, researchers say.

Another study showed that the drug aids in the recovery of patients who have undergone hip-replacement surgery.

The drug is enoxaparin, a low-molecular-weight form of heparin.

In the study of seriously injured patients admitted to the trauma unit of the Sunnybrook Health Science Center at the University of Toronto, enoxaparin was matched with low doses of heparin.

Compiled from wire reports



HEALTH & FASHION

Bypass surgery revolutionizes treatment of coronary artery disease

The Baltimore Sun

In 1967, Eugene Potter was lifting boxes of fruits and vegetables as his wholesale produce business...

Potter, then 53, was about to gain an accidental place in the annals of medicine. Potter mentioned the tightening of his doctor. Initially, the physician thought the problem was trivial...

It was his good luck to be referred to the Cleveland Clinic in Ohio, where he met an Argentine doctor who was eager to test an idea. Dr. Rene Favoloro, a young surgeon who had left his rural practice to learn chest surgery...

Favoloro's idea was to steal a vein from his patient's leg, use it to graft a short loop onto the affected coronary artery. The graft would give the blood a detour around the obstruction...

"This was a new deal," recalls Helen Potter, the patient's wife. "He said my husband had only about three months to live if something were not done and

about a 50-50 chance (of living longer) if we tried this.

"It was much better than the three-month suggestion, so we tried it."

Thanks to Favoloro, heart bypass surgery was about to become a practical, commonplace operation.

Potter survived the operation and his heart disease, although he needed two more bypass operations to repair other arteries. He died two years ago at age 79, the victim of cancer that doctors said might have been triggered by the asbestos he inhaled while installing insulation as a teenager.

Fiercely patriotic, Favoloro returned to his native Argentina in 1971 to establish a heart institute, where he has trained hundreds of young doctors in the latest techniques.

"He's a guy who has enough energy to light up all of Argentina," says Dr. Delos Cosgrove, a thoracic surgeon at the Cleveland Clinic. "He was a national hero upon his return. You'd go down the street, and people would wave to him."

After his first series of operations, Favoloro says now, it became clear that bypass surgery would revolutionize the treatment of coronary artery disease.

Patients feel their chest pains subside; many returned to work and lived many years longer than expected. "After the first 20 or 30 cases," he says from

his office in Buenos Aires. "I didn't have any doubt in my mind."

Favoloro didn't perform the first bypass, although he is widely credited with popularizing the procedure by performing many in succession, publishing his results and teaching others the necessary techniques.

According to most accounts, the first bypass was performed in 1962 by Dr. David Sabiston at Johns Hopkins Hospital. It's a distinction he is ready to accept.

"I had the idea," says Sabiston, professor of surgery at Duke University. "I took a vein from the leg, put it on theorta and it worked for several days. It worked very well."

But the patient had a stroke and died a few days later, apparently from a new clot that formed near the graft. "That's why I didn't do it again until it had been done by others," Sabiston says.

With mixed modesty and bravado, Favoloro credits many forebears with making his work possible. First is Alexis Correl, a French surgeon who won a Nobel Prize in 1912 for developing methods for suturing blood vessels.

Correl performed a bypass on a dog in 1910. The operation took about five minutes, but the dog's heart reacted poorly to rough handling. The heart began fluttering abnormally before the operation was over, and the dog died. Still, the surgeon had quietly laid a foundation for others to build upon.

Women

Continued from B1. harder to treat with angioplasty or bypass surgery. But that's not too much of an issue, he said.

"If a man or woman comes in with the same kind of heart problems, and there's multiple blockage and they need bypass surgery, the surgeon is not going to say 'I'm not going to treat this woman because she has small arteries,'" he said. "They do bypass surgery on men, but sometimes the outcome may not be as good in smaller or women with smaller arteries."

Lorene Silver, 76, of Shoshone, had angioplasty after her first heart attack, and three bypasses following her second.

Like Gailley's, Silver's heart attack symptoms were deceptive. The first happened five years ago

while she was in a dermatologist's office, but she didn't know at the time she was having a coronary.

She had begun to feel nauseous while sitting in the waiting room, and when the doctor examined her, he recommended she either go to the hospital or to her own physician — which she did. After 24 hours had passed, she experienced some chest pain.

Tests showed she had suffered a heart attack — which came as a surprise to her.

She had angioplasty for the artery that was giving her trouble, and then 48 hours after returning home from the hospital she became very ill. Blood clots in her lungs were the problem, and she was back in the hospital for two weeks.

Silver has been on blood-thinning medication ever since.

In May, she saw her doctor about a pain in her left elbow, which proved to be a second heart attack. This time she had a triple bypass, along with removal of an aneurysm (a bulging of the wall of a blood vessel) from the top of her heart.

Silver said she's getting along pretty well now, walking more than a mile a day for exercise, and trying to stay away from fatty foods.

She said she avoids stress, and doesn't worry about her heart.

"Because of my prayers and loving care of my husband and the wonderful support of my family, I've had no depression," Silver said.

Attacks

Continued from B1. percent of the blood that's in it and 35 percent remains.

With a heart attack, the ejection fraction decreases — the amount depends on the severity.

"So you've already had one heart attack and your ejection fraction is already a little bit depressed, then your second heart attack would just make it that much worse," Harris said. "And so when you get a low enough ejection fraction, that's when you start to set yourself up for congestive heart failure and other types of problems."

Second heart attacks also generate

ally mean there's more coronary artery disease, Harris said.

Three main arteries feed the heart, and if one has already been blocked off or one of its branches is occluded, there's a second heart attack.

A repeat coronary means that the initial area has been blocked off again, Harris said, extending the same area. But in most cases, a new artery is blocked, which means another area of the heart has been affected. That's evidence of a broader problem, he said.

"And so if a person comes in with a second heart attack, a red flag comes up in my mind, saying this guy's probably got diffuse coronary artery disease — maybe across all of his coronary arteries," Harris said.

To determine how much blockage there is, a cardiac catheterization must be done. In this procedure,

a catheter is generally inserted in the groin area up through one of the arteries in the leg. Dye is shot through the catheter and, by using radiologic vision, it's possible to see the artery filling up.

At some point, it will stop filling, and that's where the artery was blocked — maybe triggering the heart attack.

Harris said doctors prefer to treat coronary artery disease with drugs to help dilate the arteries, so that more blood can get through. But if the risk is too great of repeat harm, some kind of "interventional cardiology" may be necessary.

That could mean an angioplasty, or maybe bypass surgery.

The consequences of repeat heart attacks are serious, Mogelson said.

"But, basically you approach it in the same way."

Larson

Continued from B1. • Be honest. Be humble. Be serious.

To illustrate the application of prayer in daily living, Williamson includes in her book examples of prayers on topics from releasing anger to finding forgiveness, from finding great love to achieving intimacy. There are also prayers for couples, for parents, and for children; prayers to mend broken relationships and prayers to overcome obsessive and compulsive love. And, prayers to heal the soul, prayers to heal the body, and prayers for work and creativity.

"Prayer gives us access to a sweeter, more abundant life," Williamson concludes. "The intellect gives many things, but ultimately it cannot give comfort. No conventional therapy can release us from a deep and abiding psychic pain. Through prayer we find what we cannot find elsewhere: a peace that is hot of this world."

JoAnn Larson, who grew up in Klamath Falls, is a Salt Lake City marital counselor.

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Spring-like stents show promise of keeping trouble prone arteries

The Times-News

TWIN FALLS — The stent could be technology's answer to the need for something to keep troublesome coronary arteries open.

Twin Falls cardiologist Dr. Stanley Singelton makes stents for the little Chinese handicuffs with which children used to trap their fingers. Only 3 or 4 millimeters long, they're made of tubular

stainless-steel mesh. Mogelson said the stent is put on the end of a catheter, and positioned in a blocked blood vessel that has been opened with a balloon. The stent is like a spring that opens up, and once it's open, it can't close again.

Dr. Reed Harris, another Twin Falls cardiologist, said stents are deployed in arteries that don't stay open after a balloon angio-

plasty. In a case where an artery splits or wants to close back down — or looks as if it will over the next several weeks or months — a stent is placed across the area that has been ballooned open.

"And then the artery will grow in and around that stent, and the stent will actually become part of the artery wall," he said. "And the stent has less restenosis rate than if you just left it alone."

Abortion debate rages over issue of fetus, feeling

Newday

Prick a premature infant at 25 weeks' gestation — born 13 weeks premature — and he flinches, twists his face, knots his brow and cries. The child seems distressed. But is it a basic reflex that distorts the face and triggers the wail, or has the premature infant's brain developed sufficiently to sense pain?

The question of whether a fetus can feel pain during its abortion has come to the forefront during recent debate over a bill, vetoed by President Clinton in April, to ban a form of late-term abortion. The House last week overrode the veto and the Senate is to take up the matter this week, although an override there is not expected. In the relatively rare procedure, generally performed in the third trimester, the fetus is partially delivered through the birth canal before being killed.

Scientists outside the political debate admit that they do not know whether a fetus feels pain. But there is disagreement among researchers who are still trying to figure out the actual stages of brain development.

"While there is reflex activity as early as the third month of pregnancy, there is no data that there is pain perception until the late second trimester, around the 25th week," said Dr. Mark L. Evans, professor and vice chair of obstetrics and gynecology at Wayne State University in Detroit. "Pain is a higher order brain function."

The normal gestation is around 266 days, or 38 weeks. A fetus can survive outside the womb at 24 weeks. By 20 weeks, researchers say, sensory nerve endings have been laid down throughout the skin, but it takes at least another month or more before the circuit link up to the still-developing brain cortex and the areas that regulate pain sensation. Even well into the third trimester, the fetal brain is still dividing and laying down the neuronal networks needed to make these connections, researchers say.

Those developing neural networks, suggested Dr. Edmund F. LaJamma, a professor of pediatrics and neurobiology at University Medical Center at Stony Brook in

New York, enable even the youngest preemies to respond to light, dark and painful stimuli such as a needle stick.

"Clearly, these babies respond to their environment," he said.

But even though scientists still don't know what the fetus or premature infant feels, surgeons operating on a developing fetus use enough anesthetic — just in case. "The feeling is that if a 24-week-old preemie can respond to pain outside of the womb, then we should

treat the fetus inside the womb in the same way," said LaJamma.

Scientific evidence is accumulating that the developing fetus, as early as 18 to 20 weeks' gestation, responds to its environment.

Dr. Valerie Parisi, chairwoman of obstetrics and gynecology at University Medical Center at Stony Brook, said fetuses around 20 weeks' gestation respond to a needle entering the womb by trying to grab for it, even though they don't yet see.

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CALENDAR of EVENTS

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\* One lucky baby born at Magic Valley Regional during 1996 will be awarded college tuition at the Idaho university or college of their choice. It's our way of welcoming your baby into the world, and welcoming you to our Women and Infants Center. Details on file at MVRMC, 737-2955.
Arthritis/Lupus Support Group \* Tuesday, October 1, 7 p.m., Doctor's Meeting Room. For information, call 737-2050.
CPR Class \* Tuesday and Thursday, October 1 and 3, 4 p.m. - 7 p.m., 5th West Conference Room. To register call 737-2007.
55 Alive Mature Driving Course \* Tuesday and Wednesday, October 1 and 2, 9 a.m. - 2 p.m., Education Center. Class size: 30. Participants must be able to attend both sessions. Pre-registration required. Call 737-2065.
Cesarean Childbirth Class \* Tuesday, October 1, 7 - 9:30 p.m., Education Center. Pre-registration is not required.
Infant CPR Class \* Wednesday, October 2, 7 - 9:30 p.m., Education Center. Pre-registration is not required.
Prepared Childbirth Course \* Thursday, October 3 - 31, 7 - 9:30 p.m., Education Center. Pre-registration required. Call 737-2900.
Big Kids Klub \* Saturday, October 5, 10 - 11:30 a.m., Education Center. Designed to help prepare brothers and sisters for the new baby. To register call, 737-2900.
Monthly MVRMC Board Meeting \* Monday, October 7, 7 p.m., Doctor's Meeting Room.

If you require special accommodations, please call 737-2102 at least 24 hours in advance of the event.

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HEALTH & FASHION

Baby boomer wives won't give up their first names

PERSONAL TRAINER

All-terrain biking

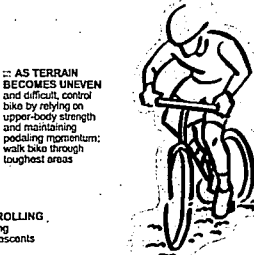
Some techniques for mastering the increasingly popular sport of all-terrain or mountain biking.



- BEND ELBOWS to lower body in an aerodynamic cycling position
- FOCUS ON PATH ahead to prepare for rocks, roots and gutters



- MAKE UPHILL CLIMBS easier by rising out of the saddle; be sure to bring weight forward over handlebars, with arms spaced widely to balance the front wheel.



- AS TERRAIN BECOMES UNEVEN and difficult, control bike by relying on upper-body strength and maintaining pedaling momentum; walk bike through toughest areas

- CONTROLLING BIKE during downhill descents is critical
- KEEP weight as low as possible to increase stopping power
- FLICK brakes on and off to avoid locking front wheel
- DURING STEEPER DOWNHILLS, shift weight to rear of saddle, keeping arms outstretched to stabilize back of bike

SOURCES: THE Ultimate Guide to Living Fit & Strong, research by ROY GALLUP

KRTI Illustrations/LOU KINHARD

Stopping bleeding with glue

The Washington Post

As he prepares for surgery, Dr. William D. Spatznik orders up a bit of his favorite home brew. When rivulets of blood pour from his delicate cuts on the human heart, Spatznik grabs the potion and sprays. Within seconds, the bleeding stops. Spatznik, a heart surgeon at the University of Virginia's Health Sciences Center in Charlottesville, has been making his blood-stopping spray for more than a decade because he cannot buy it commercially in the United States. The agent is fibrin sealant, also more glibly called "biologic super glue." It is a concentrated combination of parts of blood that clump during, and it forms a pliable seal that can stop bleeding and help heal wounds. Fibrin sealant has been available for more than a dozen years in Europe and is also used in Japan, Canada and South America. But

U.S.-based drug companies have been slower to develop fibrin sealant products and are only now seeking approval for the products from the U.S. Food and Drug Administration. Because the sealant is made from blood products, fears of inadvertent transmission of blood-borne viruses was one concern, physicians said. In addition, sealants are "definitely a new class of product" used primarily in surgery, where it is difficult to run the stringent clinical trials that FDA requires to show a product is effective and safe, said Mary Thomas, a spokeswoman for Baxter Health Care Corp., which has submitted a sealant for FDA approval. Several factors have prompted U.S. firms to submit products for FDA approval, researchers and experts in sealants said: Europe has had success with fibrin sealants in reducing blood loss.

DEAR ABBY: I am constantly amazed at what it is possible to do. Why are we so intolerant? This time, I am referring to "William's Widow in Mesa, Ariz.," who was upset that others were not using her "legal signature" since her husband's death. Why would her legal name be "William"? When I married, I took my husband's last name, not his first. I have a first name my parents gave me and I am proud to have added my husband's surname to my own. That combination is my "legal name." I believe that most women of the baby boom generation prefer to be known by their own names.



DEAR ABBY  
Abigail VanDuren

OWN PERSON DEAR PERSON I received many letters from younger women who disagreed with my answer that "only divorced women are addressed as 'Mrs.' followed by their first names. A

widow keeps her husband's name until she remarries." Read on: DEAR ABBY: May I respond to the letter from "William's Widow in Mesa, Ariz.?" She wanted to be known as "Mrs. William Jones," not "Mrs. Mae Jones." I was surprised that you agreed with her.

I have been married to a wonderful man for 2 1/2 years, and I was happy to change my maiden name to his. However, my first name is not "Robert," and I do not want to be called "Mrs. Robert's body."

Isn't it enough for women to give up their last names? Must

we surrender our first names as well? If so, then I'll have to be branded a breacher of etiquette because I insist on being known, socially and professionally, as "Susan," not "Robert."

SUSAN IN CHESAPEAKE VA DEAR SUSAN: Traditionally, a widow retains her husband's name, and that custom is supported by the etiquette books. However, in view of the protest I received (which appear to be generational), I hereby revise my answer: A widow should be addressed by the name she prefers. In this matter, her wishes should prevail.

DEAR ABBY: I have a friend who is incredibly self-conscious about her appearance. She is only 30 years old, petite, beautiful (both inside and out), but Abby, she wears so much makeup she looks like a hooker.

Friends have hinted that she doesn't need so much makeup. I have also tried to suggest tactful

ly that she would look much better if she toned down the cosmetics, but she insists she "needs" it to hide her wrinkles. Abby, she should not worry about the wrinkles - it's her makeup that ages her by at least 10 years. Because she is my friend, the comments people make about her bother me. Telling her again is useless, but maybe if she reads this letter in your column she will recognize herself and take the hint.

A TRUE FRIEND DEAR TRUE FRIEND: Don't bet on it.

One of the most thankless of all well-meaning gestures is offering a friend unsolicited advice. Instead of criticizing her appearance, ask her to join you in a visit to a department store's cosmetic counter for a makeover to learn the latest makeup "tricks."

If she declines, accept her for the inner qualities that make her special.

Sports may help kids fight LDL cholesterol

WASHINGTON (AP) — Being active in sports may make a kid a winner in the fight against heart disease, a study finds. Young people who engage in bursts of intense activity have lower levels of LDL cholesterol, the type that can lead to artery-clogging deposits in adults, according to the report.

Just leading a physically active life doesn't seem to make a difference on LDL, the study said.

"The results indicate there is some threshold that confers more benefit," said Dr. Suzanne B. Craig of New England Medical Center in Boston, the study's lead author.

The report in the journal Pediatrics looked at 49 8-to-11-year-olds. All were girls, but similar findings could be expected in boys, said a colleague, Dr. William H. Dietz, also of New England Medical Center.

The researchers checked the girls' activity levels by measuring their metabolic rates — how much energy the girls burned. They also had the girls complete records of the time they spent in more intense activities such as competitive sports over a year.

Just being physically active did not indicate whether the girls had lower levels of LDL, the researchers found. But intensity did.

"The more intense exercise the girls participated in, the lower their LDL score," Dietz said. Exercise ranged from volleyball and gymnastics at the lower end of the intensity scale to soccer at the high end, Craig said.

Scientists know that LDL can lead to children's streaks in the arteries of fatty material — the same material that leads to clogged arteries in adults. So, while the experts can't reliably predict which child will grow up to have heart disease, they think it's wise to head off the potential for trouble.

And the research indicates that simply being an active life, doing such things as taking easy walks, may not be enough to head off an LDL problem, Dietz said.

However, even vigorous activ-

ity as a child can't be counted on to ward off heart disease as an adult, but researchers say. The most that can be said, based on current research, is that many adults who have high cholesterol levels had them also as children, Dietz said.

"We know much less about children's physical activity because they have been studied less," commented Judith Young, executive director of the National Association for Sport and Physical Education in Reston, Va.

Also, factors other than cholesterol and its LDL component influence risk of heart disease in adults. And regular exercise at less-than-intense levels does have a big role here. It can fight obesity, which is a risk factor.

However, young people tend to be more active than adults anyway, so they should be encouraged to benefit from higher activity levels, said Michael Pratt, acting chief of physical activity and health at the Centers for Disease Control and Prevention.

The CDC is considering new exercise guidelines for young people from first grade through high school, and the recommendations may go beyond current adult minimums of 30 minutes of moderate activity most days, Pratt said.

The likely recommendation would be 30 minutes of moderate activity each day plus three sessions of vigorous activity three days a week, he said.

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Estate Shape ...straight talk on wills, trusts, probate & estate planning EENEY, MEENEY, MINEY, MOE QUESTION: I'm not sure which of my three children I want to name in my will as executor of my estate. I don't want to hurt anyone's feelings. Can I name all three? Yes, but it's not advisable. Too many cooks can spoil the broth. Settling an estate under Idaho's streamlined probate system rarely requires more than one executor. The decision of who to name as executor and whether to designate more than one person turns on several factors: make-up of estate assets, candidate strengths, and family dynamics. An executor with good judgment and the ability to guide professionals can usually manage all types of estate assets. The real challenge is dealing with contentious heirs. People skills are often the saving grace of a successful executor. Name two executors simply to balance simmering feuds between warring factions. Oftentimes a competent non-family member can cut to the chase and settle affairs quicker than a besieged family member. Compliments Voorhees Law Office Pierce Street and Addison Ave. • 208 736-6000 Send your questions to: P.O. Box 2, Twin Falls, ID 83303

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**TWIN FALLS** - The Twin Falls Senior Citizens Center will offer blood pressure checks from 10:30 to 11:45 a.m. on Tuesdays and from 10 a.m. to noon on Fridays at the center. Experienced volunteer nurses will administer the checks free of charge.

**CPR offers free injury evaluations**

**TWIN FALLS** - The Center for Physical Rehabilitation (CPR) is offering free injury evaluations for all Magic Valley area high school athletes throughout the 1996-97 school year. These evaluations will be performed by Troy Schneider, a Nationally Certified Athletic Trainer. These evaluations will be from 8 a.m. to noon weekdays by appointment only.

Upon completion of the evaluation, recommendations will be made as to whether the athlete can return to action, needs physical therapy, referral to a physician, etc. No treatments or charges will occur unless authorized by the parents. A copy of the evaluation and recommendations will be provided to the parents, student athlete and the coach. For more information or to schedule an appointment, call the center at 734-5313.

**First aid, CPR classes offered by Red Cross**

**TWIN FALLS** - The American Red Cross is offering the follow-

ing courses:  
A Standard First Aid, Adult Cardiopulmonary Resuscitation, (CPR) and First Aid class is scheduled for 6 to 9:30 p.m. Tuesday and Wednesday. The fee is \$35.

Standard First Aid, Adult CPR and First Aid will be offered from 6 to 10 p.m. Oct. 9 and 10. The fee is \$35.

Community First Aid and Safety Course, Infant, Child and Adult CPR, from 8 a.m. to 5:30 p.m. Oct. 12. The fee is \$40.

The Red Cross has scheduled CPR and First Aid recertification classes at 9 a.m. and 1 p.m. on Mondays and Fridays. If your certification is about to expire, call the office to register for the class that is suitable for your schedule. The fee for recertification is \$15.

To register for classes or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Pre-registration and pre-payment for all classes is required.

**Childbirth, parenting classes in Jerome**

**JEROME** - A five-week series of prepared childbirth and parenting classes will be offered in October from 7 to 9:30 p.m. on Wednesdays at St. Benedict's Family Medical Center Conference Room. The fee for the series is \$25. Please bring payment to the first class.

The classes emphasize preparation for labor and birth, changes during pregnancy and newborn care. The classes can help answer your questions and make informed choices about your childbirth and parenting experiences. The second

class in the series qualifies as a refresher class for persons who have taken the classes previously. Please wear loose, comfortable clothes. Bring two pillows and a blanket (optional) to each class.

Informational highlights of the preparation classes include: In-depth review of labor and delivery process, relaxation/coping techniques, Cesarean births, breastfeeding, tour of the birth suite, and infant cardiopulmonary resuscitation (CPR).

Pre-registration is required. To pre-register or for more information, call the medical center at (208) 324-3301.

**No-cost Red Cross classes offered**

**TWIN FALLS** - The American Red Cross is offering the following classes at no cost:

Introduction to Disaster Services from 6 to 10 p.m. Thursday; Emergency Assistance to Families II from 8 a.m. to 5 p.m., Saturday; Shelter Operations Workshop from 6 to 10 p.m. Oct. 16; and Mass Care, An Overview from 6 to 10 p.m. Oct. 17.

All classes will be held at the American Red Cross Office at 718 Shoshone St. E. For more information, call 733-6464.

**National speaker holds seminar on cancer**

**TWIN FALLS** - Rick Hill, a national speaker, will discuss his experience with cancer, in a seminar entitled, "Hold the

Mayo!" at 7:30 p.m. Oct. 10 at the Weston Plaza, 1350 Blue Lakes Blvd. N. The seminar is free to the public.

In September of 1973, a Mayo Clinic physician told Hill that he had stage three embryo cell cancer. After nearly 11 hours of surgery, Mayo wanted to give Hill chemotherapy. Then Hill learned about vitamin therapy. He went to a nutritional clinic and learned about natural health care. In just three months he had fully recovered and has not missed a day of work in over 20 years!

Hill, a former comedy writer, tells in graphic and humorous detail exactly what happened to him. He will also be presenting an exciting nutritional opportunity with high fiber, low fat products! He will be available to sign his book and answer any questions you might have. For more information, call Candee at 733-3961.

**Depression screening day at Canyon View**

**TWIN FALLS** - Canyon View Hospital and Counseling Centers will be participating in the National Depression Screening Day on Oct. 10.

Canyon View will be providing free, confidential depression assessments, information and literature about depression, and educational presentations on depression.

Depression is a treatable illness and people do not have to continue to suffer with the

various physical, emotional and other symptoms of depression. If you are concerned about yourself or someone your care about and would like more information about this event or to schedule a free depression screening, call Canyon View at 734-6760 or 1-800-657-8000.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion section. Mail

notices to: The Times-News, P.O. Box 548, Twin Falls 83303, or deliver to our office at 132 Third St.

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**What? Headphones can be hazardous to your hearing**

The Hartford Courant

For joggers, treadmill users, inline skaters and anyone else who wants to replace real-world sounds with those of Vitality, Van Halen, or Vandross, headphones have become commonplace.

But connected even to relatively low-power equipment, such as portable cassette and compact disc players, headphones can transmit enough sound energy to damage a person's hearing permanently.

The issue is especially important for those who like their heavy metal heavy or who wear headphones for more than just a few hours a day.

That doesn't mean people should avoid using headphones, hearing experts say. But they do recommend that headphone wearers use caution. They also say parents should discuss safe headphone use with their children.

Hearing experts disagree on the extent to which headphone users are hurting their hearing.

"Unfortunately, we don't have any documentation on exactly how much hearing loss comes from headphones. We just know there is no regulation on the loudness level," said Jeanne N. Farrell, an audiologist at St. Francis Hospital and Medical Center in Hartford, Conn.

Fewer than 10 percent of headphone users are at risk of hearing loss, estimates Elliott H. Berger, senior scientist in auditory research at Aearo Co. The Boston-based company is one of the world's largest makers of safety products, including hearing-protection devices.

"There's a small percentage

(of people who) will play them at high enough levels and wear them for long enough periods of time that it will affect their hearing," he said.

Taking a much dimmer view is Raymond H. Hull, professor of communicative disorders and sciences at Wichita State University in Kansas.

He estimates as many as half of headphone users are risking hearing damage. Hull, a neurophysiologist and audiologist and author of six books on hearing, bases his estimate on various research studies, including one he conducted in Colorado in 1993.

The dilemma for headphone users is that it's not easy for them to tell if they're damaging their hearing.

Temporary or permanent hearing loss can be caused by sounds below levels most people would consider painful or, in some cases, even uncomfortable. And the intensity of sound required to damage one's hearing depends on individual sensitivity. Another problem is that

gradual hearing loss — usually characterized by dips at certain frequencies — often goes unnoticed until substantial damage is done.

The effect of a sound on hearing ability depends on its intensity, duration and frequency of exposure.

Just how loud noise damages hearing is not exactly understood. The generally accepted belief is that inner-ear hair cells — which convert sound energy into nerve impulses that are sent to the brain — are fatigued to the point that they can no longer be nourished. This occurs as the result of toxins that form as mechanical energy is converted to electrical energy.

Once the hair cells die, there is no way to replace them.

In the workplace, the federal Occupational Safety and Health Administration requires hearing protection to be worn by workers exposed to more than 85 decibels for eight hours. To give you an idea what that means, 80 decibels is generated by a typi-

cal alarm clock.

Above 85 decibels, the permitted time exposure without hearing protection drops dramatically.

At 95 decibels, about the sound level of a lawn mower, workers are allowed four hours' exposure. At 100 decibels, the level produced by a chain saw or pneumatic drill, the allowable exposure is three hours.

Typical cassette and compact-disc players are capable of producing sound levels of 110-124 decibels, according to Hull's research. Boom boxes, TV sets, stereo amplifiers and other plug-in equipment can be even louder.

Some studies of portable cassette players found that test subjects used headphones at levels ranging from 65-112 decibels.

Hull's test, in which he selected 50 headphone users at random, found typical levels of 90-100 decibels. About 15 percent were listening at levels of 110-115 decibels.

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# Living smart, Dave's way: Consider your options, make sound decisions

**TODAY'S TOPIC IS:** Living Smart.  
What do I mean by "living smart"? Let's look at a simple example.

Suppose that two people — call them Person A and Person B — are late for appointments in New York City and need to cross the street. Person A rushes into the street without looking; he is instantly struck by a taxi going 146 miles per hour (this taxi has engine troubles, of course, it would be going much faster). But Person B — even though he's in an equally big hurry — pauses on the sidewalk and looks both ways. While doing this, he is severely beaten by muggers.

So we see that the way we make affect the quality of our lives, and we must always try to make the smartest choice, which in this case would be the one made by Person C, who decided to skip his appointment and remain in his hotel room watching the movie "Laundromat Lust."



**HUMOR**  
Dave Barry

I'll give you another example of "living smart," from my own personal life. On a recent Friday night, my son, Rob, and I were in the Coconut Grove section of Miami, playing laser tag, a game wherein you skulk around in a darkened maze, wearing a special electronic vest attached to a laser gun. The object is to shoot your opponent in his vest or gun, thereby scoring valuable points.

I was standing in the dark, with my back pressed against a wall, a few feet from a corner. I knew Rob was around that corner. Quickly, I ran through my options.

**Option One:** Run around the corner with my gun held out in

front, thereby exposing it to Rob's laser fire.  
**Option Two:** Protect my gun by holding it back and running around the corner with my face out in front.

Looking back on what happened, I realize that I should have gone with Option Three. "Find some activity more appropriate for a 49-year-old, such as backgammon."

Instead I went with Option Two, running around the corner face-first, which turned out to not be such a great idea, because Rob had gone with Option One, running around the corner gun-first.

The result was that my face, specifically my right eye socket, collided violently with Rob's gun. But at least he didn't score any valuable points!

"After the collision, I lay on the floor for a while, moaning and writing, but eventually I was able to get back on my feet, and in just a matter of seconds — the recuperative powers of the

human body are amazing — I was back down moaning and writing on the floor again.

"You need to go to the hospital," said Rob.

"Ghnhng," I said, "Ghnhng gibbered." That was my attempt to say, "No, I'm OK." In fact, I didn't feel so hot, but in my experience, if you go to a hospital for any reason whatsoever, including to read the gas meter, they give you a tetanus shot.

So my plan was to tough it out. Learning on Rob, I staggered out of the laser-tag place onto the sidewalk, where I had an excellent idea.

Why not get down on all fours and throw up for a while? So I did.

Nobody paid much attention in Coconut Grove on a Friday night, it's unusual to see somebody not throwing up.

By this point Rob had gotten somebody to call a cab, and he insisted that we go to a hospital. When we got there I attempted

to explain to a nurse what had happened; this was difficult because (a) I wasn't totally coherent, and (b) the nurse had never played laser tag.

"He shot you in the eye with a laser?" she said.

"Ghnhng," I said.

"Have you had a tetanus shot recently?" she said.

"Yes!" I said, demonstrating the brain's amazing recuperative power to lose an emergency.

They stuck some kind of needle in me anyway (hey, rules are rules). Then various doctors had a look at me, and after a fair amount of poking and prodding, they determined that I had been hit in the face. They also told me I'd be OK.

And I'm sure I will, although at the moment part of my face is numb, and my right eyeball could be the cover of a Stephen King novel. Also I feel sleepy all the time. This made me a little nervous, so I did what medical experts recommend that you do whenever you have a question

concerning your health: I called my friend Gene Weingarten, who is a professional newspaper editor and probably the world's leading hypochondriac.

Gene spent a day researching my symptoms and called back to tell me that, in his opinion, I have a condition known as "somnolence." "Somnolence" means, in layperson's terms, that you feel sleepy. Gene also recommended that I get a CT scan, but of course Gene would also recommend a CT scan for earwax, so I went back to bed.

But forget about my personal medical problems. The point I'm trying to make is that, by considering your options and making the right decisions — "living smart" — you can lead a happy, healthy and financially successful life. And if you do please buy a bunch of groceries and have them delivered to me, because I really don't feel like going out.

Dave Barry is the humor columnist for the Miami Herald.

## Cosmetic ingredients to dye for

**DEAR PAULA:** I don't know if you have ever discussed some of the following ingredients in many of the products I see, but I would appreciate your analysis regarding their safety. They are EDTA, Polysorbate 80, DEA and TEA, and Red dye and FD&C color.

—DIANE YUCAIPA, CALIF.

**DEAR DIANE:** All of the ingredients you listed have some issues in terms of their impact on the skin.

Polysorbate 80 is associated with an ingredient called TEA that is being a carcinogen. TEA stands for triethanolamine and DEA for diethanolamine; these highly alkaline ingredients can be skin irritants and, when found in combination with a formaldehyde-releasing preservative, are suspected of creating nitrosamines, a possible carcinogen. EDTA is an ingredient used to help keep the mineral content of a product from combining and changing the appearance of the product, and it can be a skin irritant.

These ingredients, when present in low concentrations, are not a problem for most skin types.

In regard to the dyes, coal tar coloring agents have a long and complicated history, but those in use today are considered safe.

The bottom line, after lengthy discussions with cosmetic chemists and philosophers, is that you run a greater risk from a day without sunscreen or from experiencing second-hand cigarette smoke than from any of these ingredients, particularly the coloring agents.

Extensive studies done at the Mayo Clinic in Minneapolis indicate there is no increase in cancers in people exposed to large amounts of coal tar (the standard



**COSMETICS Q&A**  
Paula Begoun

skin treatment for psoriasis).

**DEAR PAULA:** I've written you before about a terrible rash I experienced after using a 10 percent benzoyl peroxide toner I received from my facialist. You suggested I use a lesser-percent benzoyl peroxide product. I was wondering if reducing the number of times I apply the 10 percent benzoyl peroxide would be as effective as lowering the concentration to 2.5 percent or 5 percent. At the beginning of my treatment (three months ago), my esthetician made me wear it only 30 minutes for a couple of days, then an hour for another couple of days, and gradually increased the application until it was all day and night and it was working fine. The reason I'm asking is because I really like this product. It has been the best thing I have ever found, and I know she doesn't make a lower concentration of the benzoyl peroxide. From what I've read in your book, it seems as if you think benzoyl peroxide is irritating to the skin. Do you think benzoyl peroxide is good for acne at all? If so, can you recommend good products with a 2.5 percent or 5 percent concentration that are not in the form of a gel (I don't like how it feels greasy on the skin). Thanks in advance.

—JOANNE, VIA E-MAIL

**DEAR JOANNE:** Ten percent benzoyl peroxide is strong stuff and considered an option only for strong skin types, and only if 2.5 percent or 5 percent benzoyl peroxide doesn't work. Rashes like you describe are an irritation reaction rather than an allergic reaction. Reactions to products you've used all your life can occur at any time. Skin is very fickle, and different areas don't always respond the same way. Using a lower concentration of benzoyl peroxide is your best option instead of just reducing the frequency of application of the stronger stuff. When you have the kind of reaction you described, it doesn't take much to trigger it again.

In essence what you are looking for is a disinfectant that will kill the bacteria in your pores that are causing the blemishes. Benzoyl peroxide is irritating, but it can also be effective in killing acne bacteria.

If you want to try a good 2.5 percent or 5 percent benzoyl peroxide product, consider trying Oxy 10 Sensitive Vanishing Acne Medication (\$4.98 for 1 ounce, contains 5 percent benzoyl peroxide); Clearasil Vanishing Lotion, Maximum Strength (\$5.69 for 1 ounce, contains 5 percent benzoyl peroxide); Exact Acne Medication Vanishing Cream (\$3.25 for 1 ounce, contains 5 percent benzoyl peroxide); or ProActiv Repairing Lotion (\$22 for 4 ounces, contains 2.5 percent benzoyl peroxide). ProActiv is available via direct sale only by calling (800) 233-6650.

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95), a no-nonsense paperback guide to brandname cosmetics.

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## Doctor may be in, but don't assume you'll be seen at the appointed time

Northwest Florida Daily News

On a tight schedule, Deirdre Gary and her 4-year-old son arrived 10 minutes early for the boy's 3 p.m. doctor's appointment. Using a key to meet her other child at 4:20 p.m., but was confident she'd make it.

"I thought I had plenty of time," she said.

By 3:40 p.m., the Garys, now second in line, were still waiting. A nurse explained there was a shortage of examination rooms and that they were "trying their best," Gary said.

Gary waited 10 more minutes and then left asking on the way out how to file a complaint.

"They think you have all day," said Gary, of Fort Walton Beach, Fla. "You have to take off work, and then you have to sit there with children."

The doctor may be in, but he's not necessarily on time.

Stories abound about patients sitting endlessly in waiting and examination rooms. Minutes tick by, tempers run high and questions arise: How hard is it to be on time? How difficult that you might think, counter those in the medical community.

Just ask Karen Schell, clinic administrator for a group of Crestview, Fla., physicians. "The worst of reasons why some patients arrive to wait on the doctor, she said.

Certain times of the year — flu season, for example — there are more patients than usual.

"We try, a lot of the time, to see everybody who needs to be seen," she said. "It causes a backup of patients."

Then there's the patient who wants to be seen the day he calls. By that time, the doctors are booked for the day, but agree to see the patient anyway, she said.

Sometimes, a patient will set up an appointment for one problem, and restless all the time, which was kind of normal for a baby. But we took him to the chiropractor. She didn't do any of the adjustments they do on adults — the cracked bones and all the sound and the side effects. She just touched him in different trigger points very gently. At one point she held him from his feet hanging head down, which he was totally happy about. He didn't cry. He was very quiet and he felt very safe.

The results were so good, says Hendel, that he and his wife plan to take Nadav back for a second adjustment in the hope that it will help with Nadav's sleep problems.

but end up talking about additional problems with the doctor.

"It's really important for a patient to communicate with us about why they want the physician to see them," she said.

It's also important to arrive on time — and not way before your appointment.

"A lot will arrive 45 minutes early and then they say they've waited a long time," she said.

Finally, a doctor will sometimes be called away to the hospital on an emergency — "that's an unforeseen circumstance," she said — or get hung up on rounds.

Granting delays happen, said Mike Donio, a spokesman for the People's Medical Society, a consumer health advocacy group in Allentown, Pa.

Maybe three patients need five extra minutes each and "maybe one day, I'll need those five extra minutes," he said. An occasional emergency is even tolerable.

But patients shouldn't routinely have to wait, he said. In fact, the

most they should wait is about 15 or 20 minutes. After that, they should raise hell.

Tell the doctor straight out. "You're a lousy business person," Donio said.

"Can you imagine what would happen at a restaurant if you showed up for a reservation at 7:30 and there's a two-hour backlog?" he says. "You'd never go there again."

Most people will understand if the receptionist explains what's going on.

"The decision is not being forced upon them," Donio says. "The doctor suggests calling an hour before your appointment to if the doctor is on schedule or behind."

"That's always a good thing to do."

Kim Sambenedetto, a Niceville, Fla., mother of three small children, agrees, although she calls her doctor about 10 minutes before leaving.

"I've never had a problem," doing things that way, she said. "It's just a matter of saving your sanity."

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**Knockin' on Heaven's Door** 8:00-10:00

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Nightly at 7:15

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**Tin Cup (R)** 6:45-9:10  
**Splitfire Grill (PG)** 7:00-9:20  
**Fly Away Home (PG)** 7:00-9:20  
**Mattimeo on Thursday-Sunday!**

## Professionals continue to debate, but parents seek chiropractic care

Knight-Ridder News Service

**CAMPBELL, Calif.** — Dr. Steven Sherry is used to the raised eyebrows and skeptical looks. Most people — even his own patients — can't imagine chiropractic for babies and kids.

But Sherry says anyone who sees the gentle manipulations and massages he administers to his tiny patients will be surprised. There's more of a cracking, twisting or snapping associated with adjustments to grown-up spines. And the results, he and his little patients' parents claim, are nothing short of remarkable.

"People are apprehensive because they think it's a big adjustment," explains Sherry, a Campbell, Calif., chiropractor with a family practice. "It's more of a shifting motion with the fingertips. I'm not using the rough part of my hand. It's a very light motion with my fingertips. A lot of people, even chiropractic patients, say, 'I would never want my baby put through that.' But these are very gentle moves."

Gentle moves or not, many traditional physicians shudder at the thought of spinal manipulations on babies, a practice they say could cause injury or prevent children from getting their care, they really need.

"I'm concerned particularly with the spine or neck manipulation of infants," says Fernando Mendoza, acting chief of general pediatrics for Lucile Packard Children's Hospital at Stanford. "Those processes, if done incorrectly, can lead to significant neurological problems with a baby. Even when a child is shaken, that can cause problems. The brain of the baby is quite fragile and almost like Jell-O, so if it moves around too much in the cranium, that can cause bleeding and trauma to the brain. Gentleness doesn't mean they're just lightly touching — what effect does that have?"

Professionals continue to debate chiropractic — the practice of manipulating joints to realign bones and restore normal nerve function. At the same time, parents like Shaal Hendel

seek out chiropractic care for their children. Hendel, a San Jose, Calif., acupuncturist and new father, believes the light touching his Pacific Grove, Calif., chiropractor applied to 1-year-old Nadav worked wonders.

"I was present at the birth and I saw how traumatic it was and how long it took to get through the birth canal," says Hendel. "I was just thinking, doing that to a human body was traumatic and I thought realignment might be a good idea. On top of that, Nadav was turning his head to the left all the time but he never turned his head to the right. And he was crying

and restless all the time, which was kind of normal for a baby. But we took him to the chiropractor. She didn't do any of the adjustments they do on adults — the cracked bones and all the sound and the side effects. She just touched him in different trigger points very gently. At one point she held him from his feet hanging head down, which he was totally happy about. He didn't cry. He was very quiet and he felt very safe."

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Professionals continue to debate chiropractic — the practice of manipulating joints to realign bones and restore normal nerve function. At the same time, parents like Shaal Hendel

seek out chiropractic care for their children. Hendel, a San Jose, Calif., acupuncturist and new father, believes the light touching his Pacific Grove, Calif., chiropractor applied to 1-year-old Nadav worked wonders.

"I was present at the birth and I saw how traumatic it was and how long it took to get through the birth canal," says Hendel. "I was just thinking, doing that to a human body was traumatic and I thought realignment might be a good idea. On top of that, Nadav was turning his head to the left all the time but he never turned his head to the right. And he was crying

and restless all the time, which was kind of normal for a baby. But we took him to the chiropractor. She didn't do any of the adjustments they do on adults — the cracked bones and all the sound and the side effects. She just touched him in different trigger points very gently. At one point she held him from his feet hanging head down, which he was totally happy about. He didn't cry. He was very quiet and he felt very safe."

The results were so good, says Hendel, that he and his wife plan to take Nadav back for a second adjustment in the hope that it will help with Nadav's sleep problems.

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LAYAWAYS

COMICS

**Peanuts** By Charles M. Schulz

YOU JUST NEVER KNOW WHAT'S GOING TO HAPPEN DO YOU?  
NO, RIGHT IN THE MIDDLE OF OUR PRACTICE OUR SPRINKLER GOES ON...

**For Better or For Worse** By Lynn Johnston

HAV'N' SEEN YOU FOR A WHILE - YOU LOOK, UH, DIFFERENT.  
YEAH, I GUESS.  
WHY DON'T YOU JUST COME RIGHT OUT AND ASK ME, LIZ.  
I WANNA KNOW WHY I SHAVED MY HEAD, RIGHT?  
WELL, I WAS TIRED OF BEING TIED UP WITH THE PERFECT HAIR.  
I WAS TIRED OF BEING TIED UP WITH A SEX OBJECT.

**Dilbert** By Scott Adams

CATBERT, EVIL H.R. DIRECTOR  
I NEED TO HIRE A PROGRAMMER FOR MY PROJECT TEAM.  
OUR POLICY IS TO FIRST SEEK CANDIDATES FROM WITHIN THE COMPANY. IF NONE IS QUALIFIED, YOU MUST USE A SOCK PUPPET.  
HOW MANY OF YOUR POLICIES ARE DESIGNED FOR THE SOLE PURPOSE OF SATISFYING YOUR SADISTIC TENDENCIES?  
ALL OF THEM. SOME ARE JUST MORE OBVIOUS.

**Bonito** By Dean Young & Stan Drake

DID YOU HEAR THE ONE ABOUT THE PARROT AND THE PET MONKEY?  
NO.  
WELL? AREN'T YOU GOING TO TELL IT?  
NO. I WAS JUST WONDERING IF YOU HEARD IT.

**B.C.** By Johnny Hart

WHAT'LL YA HAVE?  
OH, I DON'T KNOW...  
GIMME ANYTHING THAT COMES WITH ONE OF THOSE CUTE LITTLE UMBRELLAS.  
WILEY'S BAR

**Pickles** By Brian Crane

HAS THE CONSTANT GOJAWLING AND FELDING OF THE POLITICAL CAMPAIGNS GOT US INSIDERS IN A KNOT?  
A SIMPLE HIGH-PITCHED SCREAM HAS BEEN FOUND TO BE VERY EFFECTIVE IN ALLEVIATING STRESS.  
WIIIIEEEEEE!  
THIS SHOULD PROBABLY BE DONE IN PRIVATE AWAY FROM OTHERS.

**Garfield** By Jim Davis

I'VE BEEN BUSY ALL DAY.  
ME TOO.  
WAIT, DID YOU SAY 'BUSY' OR 'SITTING AROUND DOING NOTHING'?

**Dennis the Menace** By Hank Ketcham

After the first 20 or 30 viewings of a tape, you really start to see some finer nuances.

**Hi and Lois** By Chance Browne

I NEED A SPORT UTILITY VEHICLE.  
WHY? YOU NEVER DO ANY OFF-ROAD DRIVING.  
I WANT TO BE FULLY EQUIPPED WHEN I HIT MY MIDLIFE CRISIS!

**The Family Circus** By Bill Keane

After the first 20 or 30 viewings of a tape, you really start to see some finer nuances.

**The Wizard of Id** By Brant Parker & Johnny Hart

DO YOU HAVE AN INCOME TAX HERE?  
WE HAVE A HEAD TAX.  
WHAT'S THAT?  
PAY UP OR YOUR HEAD COMES OFF.

**Marriage, murder similar?**

**WHAT'S WHAT?**  
L.M. Boyd

Did I mention you can lead a cow upstairs but not downstairs?  
Q. What proportion of the convicts in state penitentiaries were drinking at the times of their crimes?  
A. At least 43 percent, probably more, researchers say.  
Brandy Branderath, that literary wit who turns old syllables into new words, defines "paucity" as "dog," "propaganda" as "a mastochic," and "pussify" as "12 inches of cat."  
Have you started yet to build your next fortune? If not, why not? All you have to do is figure out some profitable use for discarded telephones, faulty fax machines and outdated computers.  
It has been said few husbands and wives "select" the mates they marry. Marriage, like murder, occurs when motive and opportunity arrive together. If you examine each courtship closely, says our Love and War man, you'll find some small incident of chance started you toward the altar. What was it?  
To your list of noteworthy names in any federal penitentiary.

of boats afloat, add "Sail-a-Vie." Mark Twain now and then showed his serious silhouette. "Everything human is pathetic. The secret of humor itself is not joy but sorrow."  
Most of the world is connected by roads whereon it's appropriate to drive neither on the left side nor the right side but on the smooth side.  
A "plater" is a race horse not known for winning.  
Q. Didn't the American writer Nathaniel Hawthorne do some of his writing in prison?  
A. That was his only son Julian, onetime editor of the New York World. In 1913, the law caught Julian on a mail fraud charge. He ended his career writing in Atlanta, Ga., for "Good Words," the first newspaper in any federal penitentiary.

**HOROSCOPE**  
Sydney Omarr

IF SEPTEMBER 30 IS YOUR BIRTHDAY, you are perceptive, possess extraordinary talent, are capable of laughing at your own failures, are up to date on current events, fashions, Gemini, Sagittarius persons play dynamic roles in your life. During October, financial gain will be the result of association with Cancer native who is white in money affairs. You are drawn to theater, art, a musical entertainer, an old maid. "You're fun to be with."  
ARIES (March 21-April 19): Workweek gets off to slow start, picks up steam. Financial maneuver works in your favor almost effortlessly. Capricorn natives helps with career, aids in achieving special goal.  
TAURUS (April 20-May 20): Cycle high. You'll be trustee in a foundation list for prestigious social affair. Take credit where due. Don't permit aggressive Sagittarius to shuffle cards. Gemini also involved.  
GEMINI (May 21-June 20): Obtain pertinent information by querying Aries. Taurus messages. Secrets revealed, relate to hospital stay involving friend long absent. Check source material. Scorpio plays role.  
CANCER (June 21-July 22): Financial backing from surprise source - don't look gift horse in the mouth! Gift received, could include flowers, perfume. Written material helps fulfill basic. Virgo figures prominently.  
LEO (July 23-Aug. 22): Attention revolves around a family member who expresses disapproval of career aspirations. If diplomatic, you'll ultimately win, reunion takes place. Taurus, Libra persons are represented.  
VIRGO (Aug. 23-Sept. 22): Attention revolves around philosophical considerations, test of principles. Question pessimists, "Did I loved one betray me?" Emotional burden relieved - don't withdraw trust. Pisces involved.  
LIBRA (Sept. 23-Oct. 22): You'll be willing to take chance on love. Trust your own feelings. Love relationship immediate, pleasant surprise due in connection with financial resources of partner, spouse. Capricorn features prominently.  
SCORPIO (Oct. 23-Nov. 21): People you care for will be on the move. You'll be invited to participate in journey. Focus on publicity, address recognition, marital status. Fire of love recently extinguished will reign flame.  
SAGITTARIUS (Nov. 22-Dec. 21): Don't hold back. Invent method that saves time, money in connection with basic procedure. Love relationship pessimists, provides inspiration. Leo, Aquarius persons figure in exciting scenario.  
CAPRICORN (Dec. 22-Jan. 19): Punctilious places fall into place. You'll have strong feelings. Look beyond the immediate, places emphasis ability to capture hearts. Cancer native makes exciting revelations. Virgo involved.  
AQUARIUS (Jan. 20-Feb. 18): Services in demand. Building material involved along with cash or purchase of property. Scorpio native insists on being first in line. Aquarius but don't abandon feelings. Pisces involved.  
PISCES (Feb. 19-March 20): Favor returned by Taurus individual who declines "not for you I would have lost everything." Proceeding necessary, content of story revived. Scorpio plays unusual role - to your advantage.

**Hagar the Horrible** By Chris Browne

THE SECRET IS TO DESTROY THE OTHER GUY BECAUSE HE DESTROYS YOU!  
WHAT IF THE OTHER GUY ISN'T TRYING TO DESTROY YOU?  
THAT'S THE CHANCE YOU HAVE TO TAKE.

**ACROSS**

1	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	32	33	34	35
36	37	38	39	40	41	42	43	44	45	46
47	48	49	50	51	52	53	54	55	56	57
58	59	60	61	62	63	64	65	66	67	68
69	70	71	72	73	74	75	76	77	78	79

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**Beetle Bailey** By Mort Walker

SEE? AREN'T YOU GLAD I MADE YOU PUT ON YOUR SEAT BELT?

**Saturday's Puzzle solved:**

P	I	S	C	W	I	R	E	D	W	A	C	I	O
A	L	I	G	H	I	O	N	E	A	L	L	O	
M	O	R	N	V	A	R	E	S	L	I	N	E	
P	R	E	T	R	E	L	O	P	E	L	T	O	
C	E	E	L	I	C	O	T	E					
G	A	R	I	N	D	O	T	A	T	O	E	S	
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O	B	T	E	S	T	E	R	N					
M	E	A	N	D	O	I	O						
R	I	L	E	D	O	A	N	C	E				
A	I	A	C	O	S	P	R	I	T	E	D		
A	N	E	W	T	O	P	I	C					
R	I	L	E	D	O	A	N	C	E				
R	I	L	E	D	O	A	N	C	E				

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**Frank and Ernest** By Bob Thaves

THAT MUST BE THE MOTHER SHIP.  
MY SON IS AN 'A' STUDENT

**The Bom Losser** By Art Sansom & Chip

PATCHY FOG!

**Frank and Ernest** By Bob Thaves

PATCHY FOG!



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Table with 2 columns: Job Number and Job Title. Includes 100, 110, 120, 130, 140, 150, 160, 170, 180, 190, 200.

Table with 2 columns: Job Number and Job Title. Includes 300, 310, 320, 330, 340, 350, 360, 370, 380, 390, 400.

Table with 2 columns: Job Number and Job Title. Includes 400, 410, 420, 430, 440, 450, 460, 470, 480, 490, 500.

Table with 2 columns: Job Number and Job Title. Includes 500, 510, 520, 530, 540, 550, 560, 570, 580, 590, 600.

Table with 2 columns: Job Number and Job Title. Includes 600, 610, 620, 630, 640, 650, 660, 670, 680, 690, 700.

Table with 2 columns: Job Number and Job Title. Includes 700, 710, 720, 730, 740, 750, 760, 770, 780, 790, 800.

Table with 2 columns: Job Number and Job Title. Includes 800, 810, 820, 830, 840, 850, 860, 870, 880, 890, 900.

Table with 2 columns: Job Number and Job Title. Includes 900, 910, 920, 930, 940, 950, 960, 970, 980, 990, 1000.

LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE

FINDING OF NO SIGNIFICANT IMPACT To: All interested government agencies, public groups, and individuals. Subject: In accordance with procedures implementing the State Revolving Fund (SRF) program, an environmental review has been performed and a Finding of No Significant Impact (FNSI) has been issued by the Division of Environmental Quality (DEQ) on the proposed project project.

action. Consequently, a preliminary decision not to prepare an Environmental Impact Statement (EIS) has been made. Instead, a Finding of No Significant Impact (FNSI) is hereby issued. This action is taken based on the results of a review of the facility plan (Facility Planning Study) of Ditch, October 1995, prepared by Ferguson Assoc. Inc. and EID Environmental Information Systems, Inc. (EIS), dated 10/20/1996, prepared by J. Warless Southwick, Ph.D.

SUBMIT ON TECHNICAL QUESTIONS: Anyone may submit written comment regarding the proposed actions. To be most effective, comments should address air quality considerations and include support materials where available. For information, call Tony Wilson, Division of Environmental Quality, (208) 733-0502, or write to 1410 N. Hilton, Boise, ID 83726-1255.

longer be responsible for debts incurred by Terry Schiavo as of September 28, 1996. PUBLISHED: September 27, 23, 20, 30, and Oct 1, 1996

Major Features of the Proposed Project: The Ditch wastewater disposal project is estimated to include about 12,000 feet of 8" sewer pipe which will be gravity fed. Approximately 4,500 feet of lateral service piping will be required to connect dwellings with a main sewer line. One main line lift station and a way to install a community wide, public wastewater disposal system. Considerable progress has been made toward planning such a system.

NOTICE OF PUBLIC COMMENT REGARDING A PROPOSED TIER II OPERATING PERMIT FOR AN AIR POLLUTION EMITTING SOURCE SUBJECT: Proposed Tier II Operating Permit for an Air Pollution Emitting Source located at Northwest Foam Products, Inc.

ENTER JUDGMENT AGAINST YOU WITHOUT FURTHER NOTICE UNLESS YOU RESPOND WITHIN 20 DAYS. READ THE INFORMATION BELOW. TO: MARTI MILLER: YOU ARE HEREBY NOTIFIED that in order to defend this lawsuit, an appropriate written response must be filed with the court within 20 days after service of this Summons on you.

100 ANNOUNCEMENTS LOST & FOUND FOUND: Shih-tzu, male, 7 1/2 lbs. black, call to identify 733-6215

Flow Projections: When the planned sewer project is completed the average flow rates are expected to be about 20,500 gallons per day. Most of the wastewater flow will come from residential service, but a significant portion will come from the Ditch school and two commercial buildings in Ditch, a store and a restaurant/bar.

PROPOSED ACTION: The Department of Health and Welfare, through the Division of Environmental Quality (DEQ), is proposing to issue a Tier II Tier II Operating Permit will not cause or significantly contribute to a violation of any ambient air quality standard and will not injure or unreasonably affect human or animal life or vegetation.

IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF TWIN FALLS Case No. CV 96-00435 SUMMONS GREENWOOD TRUST COMPANY, a Delaware Corporation, Plaintiff, vs. MARTI MILLER, Defendant NOTICE: YOU HAVE NOTICED THAT YOU ARE BEING SUED BY THE ABOVE-NAMED PLAINTIFF(S). THE COURT MAY

100 PROFESSIONAL SERVICES BANKRUPTCY All Chapter & AG related cases. Free telephone consultation. 538-7760 800-548-2166 Wm H. Mulberry 22 yrs experience

Do-It-Yourself Ideas A Reader Service From Your Newspaper Cross Stitch Fantanals Here's an easy way to cross stitch a world of fantasy animals that will delight children, grandmothers and step-by-step guides. The whimsical faces and happy personalities of these "Fantanals" are perfect for kids, whether they're babies or grade-schoolers.

FAX YOUR AD 100 ANNOUNCEMENTS REMEMBER That birthday day you placed some time ago in The Times-News? Now is the time to come up with your pictures. Stop by The Customer Service Dept today! 107 ABORTION ALTERNATIVES PREGNANCY CRISIS CENTER Free testing, Call 734-7472 or 1-800-371-7472.

108 HOMEHEALTH CARE SERVICES FOSTER CARE HOME Newly licensed Adult Foster Care Home in Twin Falls, Idaho. Mary Women. Private room, shared bath, nice home. L.S. & P.L.C. Call 733-9278.

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THE ACES ON BRIDGE Bobby Wolff

"Genius is nothing but a greater aptitude for patience." - George de Buffon

Today's slam offers a test of patience for both declarer and defense. If South impatiently draws trumps, a patient East can beat him. If South delays his trump play, he will bring home his slam.

When South wins his spade king and draws trumps, he exposes himself to unnecessary dangers. Even if the diamond ace is with West, unless diamonds break 3-3, South will lose a diamond and a spade. When the diamond ace is with East, East can create insurmountable problems.

If South draws trumps and leads a diamond to dummy's queen, the slam will score if East takes his ace. South will win East's spade exit, establish diamonds via a ruff and then use dummy's club ace to cash the diamonds. East gets only his diamond ace, and South's slam succeeds.

However, if East refuses to win his diamond ace, South is in trouble. Dummy has only one entry left and South can no longer establish and run the diamonds. The key to scoring the slam is for South to delay his play of trumps. Instead of a trump, he leads a diamond to trick two. Now, whether East wins or South wins, he will succeed. After the duck, South leads a trump to his hand to lead a second diamond. East wins and returns a spade to South's ace, but South counters with a trump to dummy's king to establish dummy's diamonds. South can then draw trumps and cross to dummy's club ace to cash dummy's diamonds and make the slam.

WEST: ♠ Q J 10 3, ♥ 3, ♦ 9 4 3, ♣ 10 9 8 7 2. EAST: ♠ 9 4, ♥ 7 6 4 2, ♦ A J 10, ♣ 6 5 4 3. SOUTH: ♠ A K 7 5, ♥ A Q J 10 9, ♦ A K Q, ♣ A K J. NORTH: ♠ 8 6 2, ♥ K Q J 6 5, ♦ A J.

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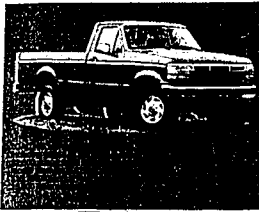






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