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A taste of rural medicine

Clinic struggles to serve Camas County's needs

By Pat Marcantonio
Times-News writer

FAIRFIELD — Before patients start arriving, physician's assistant Sara Kranwinkle takes time to nurse her 3-month-old son, Tommy.

She sits on the reception area couch in the gray trailer on Willow Avenue housing Camas County's medical services. Tommy lets out a big burp signaling he's finished and Mom is ready to start.

Soon, the reception area is full. Teenagers Amanda and Cody Mennenga wait for shots with their mother, Kathy. "Hey, Lorissa," says medical assistant Vicki Bennett to the 15-month-old daughter of Shawna Stewart. Lorissa has another ear infection.

Every Monday, Tuesday and Thursday between 10:30 a.m. and 2:30 p.m., medical care comes to Camas County, when the clinic opens. It's a hectic and varied workload, and there's enough need for health care that some local residents are pushing for something more.

On the wall of the makeshift clinic — a trailer leased by the county — is a drawing of a new clinic citizen groups and the county plan to build down the street.

Kathy Mennenga is a member of one group raising money for the project. She says the new county-owned clinic will provide daily emergency and medical care in a town with no X-ray, dentist or pharmacy, where the nearest hospital is 45 to 60 minutes away in Hailey or Gooding.

"Our ultimate goal is to have our own physician's assistant. We just don't have anything to offer them right now," she said. "I have a family and children and I want to know there's emergency care if I need it. Just a simple car accident can turn into a tragedy."

But for now, health care in Camas County is up to Kranwinkle and physicians, who take turns driving from the Hailey Medical Clinic and Family Practice Associates to Fairfield.

As Larissa dug into a toy box into the corner, Kranwinkle called a doctor's



Sara Kranwinkle, a physician's assistant for the Camas County medical clinic, reassures 15-month-old Lorissa Stewart by looking in the ear of her mother, Shawna Stewart. Shawna brought her daughter in because the girl had an ear infection.

office in Hailey because the ear infection needed more attention.

"They're free, right now," Kranwinkle told Stewart.

Between May and last month, 493 patients were seen at the clinic, Bennett said.

One resident, Samantha Renfrow, arrived for a physical to play basketball. "You kids are all getting too tall for me," said Bennett, reaching to measure

the 14-year-old's height. A longtime resident, Bennett knows everybody who walks in the door. Among her duties are drawing blood, billing and scheduling appointments.

In the other exam room, Kranwinkle shines a light into Renfrow's ears. She compliments the teen-ager's shoes and chats, continuing her professional scrutiny.

Renfrow receives medical approval to become a Lady Musher. Later, she greets

About the proposed Camas Medical Services Facility

- 3,810 square feet, includes three examination rooms, X-ray, offices, conference room, storage, dentist examination room, small laboratory and ambulance garage.
- Total costs: \$535,279.
- Community must raise \$232,211 by February to receive a community block grant.
- Proposed ground breaking: June.

16-year-old Jake Miller, scheduled to have a wart burned off his foot.

"It makes it interesting. You have a realm of things you get to do," Bennett can perform, she said. However, a physician will review her charts and she can't prescribe certain medications.

Jake's mother, Cathy, says a full-time clinic is the best thing that could happen to the county. Samantha's mother, Georgetown, agrees.

"We need it here," she said.

"Near now, Tommy is asleep in his carrier. In between patients, Kranwinkle breaks out a banana.

Bennett's daughter, Chelsea, arrives complaining of something in her eye. Kranwinkle takes a look. Bennett says the current medical service is good now, thanks to dedicated people.

"It makes it nice," she said, "when you're out in the middle of nowhere."

— Kathy Mennenga, citizens group member

to use everything I've learned. I love getting to know the whole family."

On average, physician's assistants can perform 85 percent of the tasks a doctor can perform, she said. However, a physician will review her charts and she can't prescribe certain medications.

"We need it here," she said.

"Near now, Tommy is asleep in his carrier. In between patients, Kranwinkle breaks out a banana.

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"It makes it nice," she said, "when you're out in the middle of nowhere."

GOOD MORNING

WEATHER

Today: Rain likely. Highs early in the day near 50 falling to the mid-40s by late in the day. South wind 10 to 20 mph.

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MAGIC VALLEY

Plagued by problems: Jerome County's sheriff says glitches in the new regional dispatch system are dangerous to deputies.

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Everyday heroes: Two longtime friends in Jerome spread cheer year after year.

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SPORTS

No-luck Bills: Seattle converted four turnovers into 20 points in Sunday's win over Buffalo.

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Pack attack: The Broncos opted to sit John Elway Sunday, and Green Bay opted to obliterate Denver.

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HEALTH & FASHION

Wild about zinc: Zinc lozenges attract a following among cold and flu sufferers.

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OPINION

Agenda: A guest editorial outlines challenges facing the Legislature in 1997.

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NATION

Mountains of snow: A storm dumps 2 feet of the white stuff in New England, causing massive power blackouts.

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The tale of taxes: Growth can offset tax hikes, or drive up bills

By N.S. Norkentved
Times-News writer

TWIN FALLS — Rising property values and new construction have driven up assessments across the Magic Valley — but that doesn't mean everybody's tax bill has gone up.

In some cases, growth has picked up part of the burden and the tax levies have gone down more than the property values have increased. In other areas, rising property values or increased levies

have raised property taxes. Continued growth in the Wood River Valley has driven up assessed property values by about 11 percent — and thus property taxes for most folks — is up to about \$3.2 billion — up from \$2.9 billion in 1995.

The value of bare ground has gone up by an average of 28 percent each year in the past five years, and 1 percent, Blaine County chief appraiser Ken Haught said.

"They don't quit buying here," he said. In Hailey a limit on sewer hookups has driven up property values by up to 30 percent, Haught said. Because of the rising property values, taxes have gone up even though levies have gone down. The property tax levy is about 9 percent of the assessed property value, Haught said.

"We don't know when things are going to quit," he said.

The growth in Blaine County has

Please see TAXES, Page A2

New-style homework aims to help kids think

The Associated Press

WASHINGTON — Rather than assign her eighth-graders a work sheet of problems on volume and area, Gail Purcell asked them to go home and design a soda can that would use less aluminum.

The Sojoma, Calif., math teacher says she realizes this type of homework is more difficult, but she and other education reformers believe it develops a student's ability to think and solve problems. And it more effectively reinforces what is taught in the classroom.

Over the last decade, learning by rote has given way to more creative lessons in the classroom, an approach now surfacing in homework.

Instead of posing questions about a short story for students to answer at home, a teacher might ask them to compose a new ending. Or they might be told to rewrite a segment of Shakespeare in modern language to prove they understand its dialogue.

Lovely Billups, director of educational research and dissemination at the American Federation of Teachers, said students need to learn about the presidents, but memorizing their names in sequence is mindless.

She likened it to having to write "I will not fight on the playground 100 times a punishment." The kid writes "I, I, I, I, I, I"



Raquel Arbona, 10, works on a special homework project about Northern Plains Indians earlier this month at her Silver Spring, Md., home.

and "will, will, will, will, will." By the time they get to "playground," they don't even know what the sentence is," she said.

Purcell, the California math teacher, said her pupils bring her mixed reviews of their new-style homework.

Please see HOMEWORK, Page A2

Court weighs Kansas sexual predator law

The Associated Press

TOPEKA, Kan. — Lenny Hendricks had a way of attracting kids. They'd gather to watch him fly his remote-controlled airplane in a park. Sometimes, he'd buy them illicit treats, like cigarettes and chewing tobacco.

At some point, he started molesting them. And he says only his death will guarantee that he stops.

Now the 62-year-old former carnival worker is at the center of a closely watched constitutional battle which the U.S. Supreme Court will take up Tuesday.

The question is whether states may confine sexually violent predators after their prison terms are completed. Kansas law allows that, if a prisoner is diagnosed with a personality disorder or mental abnormality that makes them a threat to sexually prey on children.

Please see COURT, Page A2

Boeing announces new, improved 737

The Associated Press

RENTON, Wash. — Boeing Corp. of Sunday rolled out what it hopes will become the standard jetliner in the early 21st century — a new 737 that can fly farther, faster, higher and cheaper than current models.

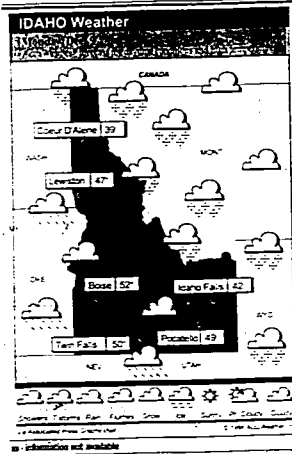
The first 737-700 is the 2,843rd model of the 737 to come off the production line. It will make its first flight in February, with the first plane to be delivered to Southwest Airlines next October.

The planes, which can carry 128 to 149 passengers, can fly up to 3,454 miles, about 1,000 miles farther than present-day 737s. Boeing said the longer range will allow nonstop transcontinental flights in the United States.

The jets will cruise at 530 mph, about 30 mph faster than current 737s, and fly at 41,000 feet, some 5,000 feet higher.

The new planes will cost \$32 million to \$52 million. The first 737-800, a 162- to 189-passenger plane, will be delivered in March 1998.

WEATHER



FORECAST

Magie Valley
Today, rain likely. Highs early in the day near 50 falling to the mid 40s by late in the day. South wind 10 to 20 mph. Tonight rain likely. Lows near 40. Tuesday rain likely. Highs in the mid 40s.

Extended regional forecast
Wednesday mostly cloudy with rain or snow likely. Areas of valley fog. Lows 30 to 35. Highs in the mid 40s. Thursday mostly cloudy with a chance of rain or snow showers. Lows 25 to 35. Highs around 40.
Friday areas of morning low clouds and fog otherwise partly sunny. Lows 20 to 25. Highs in the 30s.

Camas Prairie, Wood River Valley
Today, rain. Heavy snow possible above 6000 feet. Additional accumulations of 6 to 12 inches. Highs early in the day in the 40s slowly falling to the mid 30s to the lower 40s late in the day. Tonight occasional rain with snow above 6000 feet. Lows from the mid 20s to the lower 30s. Tuesday snow likely with rain at the lower elevations. Highs in the mid 30s to the lower 40s.

Treasure Valley
Today rain likely. Highs early in the day in the lower to mid 50s falling to the mid 40s. Southeast wind 10 to 20 mph. Tonight rain likely. Lows in the upper 30s. Tuesday rain likely. Highs in the upper 40s.

Sawtooth Mountains
Today, rain. Heavy snow possible above 6000 feet. Additional accumulations of 6 to 12 inches. Highs early in the day in the 40s slowly falling to the mid 30s to the lower 40s late in the day. Tonight occasional rain with snow above 6000 feet. Lows from the mid 20s to the lower 30s. Tuesday snow likely with rain at the lower elevations. Highs in the mid 30s to the lower 40s.

Eastern Idaho
Today, cloudy. Brisk and mild, afternoon rain showers likely. Highs in the 40s. Southeast winds 15 to 25 mph. Tonight cloudy with scattered rain and snow showers likely. Snow level falling to the mid 30s. Lows in the upper 20s. Tuesday cloudy with scattered showers. Snow level rising to around 7000 feet.

Northern Idaho
Today and tonight periods of light snow with rain in the valleys during the afternoon. Additional 1 to 2 inches accumulation above 4000 feet with little or no accumulation elsewhere. Highs in the mid 30s. Lows in the upper 20s. Tuesday cloudy with snow developing by midday. Highs in the lower to mid 30s.

Northern Nevada
Today mostly cloudy and windy with a chance of showers. Snow level around 7000 feet. Southwest wind 20-30 mph. Tonight cloudy and rainy with rain or snow showers likely. Snow level falling to around 6000 feet. Tuesday cloudy and breezy with scattered showers. Snow level rising to around 7000 feet.

Northern Utah
Today mostly cloudy with a 50 percent chance of rain. Highs in the upper 30s. South winds 15-25 mph. Tonight cloudy, 60 percent chance of rain. Lows near 40. Tuesday cloudy, 60 percent chance of rain. Highs in the upper 40s.

ACROSS THE NATION

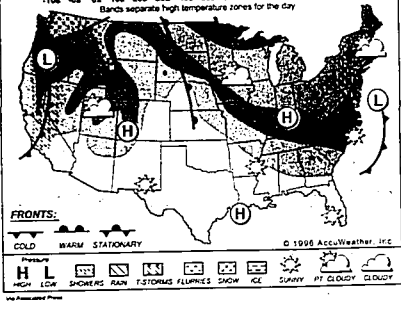
Heavy rain soaks Oregon; New England digs out of deep snow

The Associated Press
Heavy rain soaked the Northwest on Sunday, prompting a flood warning and dangerous mudslides in Oregon. Snow fell in the Midwest, and New England dug out from nearly 2 feet of snow.
One resident was trapped for an hour after a mudslide knocked five homes off their foundations in Myrtle Creek, Ore. As more rain fell, authorities urged thousands of residents near the Umpqua River to evacuate. Flood warnings were out for the Umpqua and three other Oregon rivers.
About 11,000 homes and businesses were without power Sunday from Port Orford south to the California border along the Oregon coast. Near Selma, two people were rescued as floodwaters swept around their homes.
A mudslide in the Columbia River Gorge in north-

ern Oregon briefly closed one lane of Interstate 84. While much of western Oregon got at least 2 inches of rain, 6 inches had fallen by Sunday morning in the southwestern city of Brookings, where some residents along the Cheto River voluntarily evacuated.
Area roads were flooded by rain and downed trees, while others were closed by mud and debris. Some low-lying parts of Coos County, along the coast, were expected to be flooded Monday by the North Fork of the Coquille River.
Farther south, Crescent City, Calif., measured 3.72 inches of rain. Up to 4 inches of snow was possible in the area's mountains.
Light snow fell from northern Kentucky across Ohio and into western New York. That snow was expected to melt eastward during the night into northern West Virginia and western Maryland.

NATIONAL Weather

The AccuWeather® forecast for noon, Monday, Dec. 9.
Bands separate high temperature zones for the day.



TEMPERATURES

City	High	Low	Pcp
Albuquerque	56	31	
Atlanta	55	40	
Boston	44	36	1.36
Chicago	30	27	
Dallas	68	34	
Denver	66	25	
Des Moines	29	23	
Detroit	30	27	.02
Honolulu	72	66	.01
Houston	68	41	
Indianapolis	32	31	
San Francisco	44	41	
Las Vegas	63	41	
Los Angeles	75	53	
Memphis	63	51	
Miami Beach	77	69	
Milwaukee	32	29	
Minneapolis	29	23	
New Orleans	63	51	
New York	47	34	
Oklahoma City	65	29	
Omaha	38	31	
Orlando	83	51	
Pittsburgh	41	30	
Portland, Me.	36	30	1.88
Portland, Ore.	49	42	.72
Reno	64	51	
St. Louis	41	36	
San Jose, Calif.	44	41	
San Francisco	63	55	
Seattle	44	42	.69
Spokane	37	33	.23
Washington	53	31	.01

ALMANAC

Idaho

Max	Min	Pcp	Yesterday	Max	Min	Pcp
Boise	57	39	0.1	45	32	
Burien	49	35	0.1	42	26	
Parley	49	35	0.1	42	26	
Goodfelter	40	30		41	23	
Hayden	43	32				
Idaho Falls	44	23				.52
Jerome	46	28	.36			.36
Leiston	46	39	0.3			3.62
Mead	44	16				2.32
Maya	44	34				
McCall	49	27	.04			.64
Pocatello	46	27				30.15
Sawyer	44	4				
Sun Valley	32	25				

Comfort factors
Humidity at noon: 64 pct
Barometer at noon: 30.157
Dew point: 41.2
For this season: 41.2
Course: Average 41.2

SAWALICH
Sunset today 5:05 p.m.
Sunrise tomorrow 7:57 a.m.
Lunar phase: New, Dec. 10; first quarter Dec. 17; full Dec. 24; last quarter, Jan. 1.
Visible planets: Mars, Venus, Saturn.
Asteroids: Jupiter, Saturn, Mercury.

Homework

Continued from A1
"It's easier to do papers of work sheets," she said. "This is a little more of a struggle for students."
Student Chandra Bernard, 13, said the assignment to design a soda to use less aluminum was fun. "It's more creative and stuff," she said. "I'm a creative person, so it's easier for me."
The answer to the assignment: A 16-ounce can.
In some school districts, parents demand more homework. But some parents, such as Silver Spring, Md., mom Marisa Arbora, wonder if demands of the new year-old daughter Raquel does three times the homework her 15-year-old brother had when he attended the same grade school. Ms. Arbora said she worries that teachers, by zealously pushing the kids to do more, may be "overwhelming the children and the parents."

On the other hand, teachers in some poor urban areas have stopped assigning homework altogether because students often work after school, care for younger siblings or deal with family and community problems, said University of Missouri professor Dr. Harris Cooper, who for 12 years has researched children's homework.
Most research and testing indicate that more homework generally produces greater academic achievement. But the U.S. deputy secretary of education, Marshall Smith, cautions that benefits can be offset by weak curricula and poor teaching.
And a recent study even questioned whether more homework is ever better.
The Third International Mathematics and Science Study said American teachers assign more homework than Japanese instructors, yet the U.S. students

did not do so well on tests as their Asian counterparts.
The study said 86 percent of American teachers assign math homework three to five times a week. In Japan, fewer than one-fourth of the teachers do.
On average, however, Japanese and American students reported spending about the same amount of time studying math and science outside of school.
The study did not conclude why the Japanese did better but said American eighth-grade math classes were not so challenging, few U.S. math teachers are implementing suggested reforms and U.S. teachers in general receive less practical training and daily support than their Japanese colleagues.
E.D. Hirsch Jr., author of a book on education reform, said while homework stresses students, five, or rote, lessons might not benefit high schoolers; it might be appropriate for second-graders.

Court

Continued from A1
Henricks already has spent more than half of the last 36 years in prisons or state hospitals for crimes against children.
The justices will review a ruling that struck down Kansas' 1994 law as unconstitutional. A decision is expected next year.
Forty-five states and territories have filed documents supporting the Kansas appeal, including five that struck down predator laws: Arizona, California, Minnesota, Washington and Wisconsin.
Henricks began exposing himself to girls while he was a young airman at McConnell Air Base in Wichita. He was convicted in 1956 and fined \$290.
His first prison term came in 1960 in Washington state, where he spent two years behind bars

for molesting two boys. In 1963, he was convicted of molesting a 7-year-old boy in Seattle.
After spending time at a state hospital, Henricks was released in 1965 and was arrested two years later for taking indecent liberties with an 8-year-old girl and her 11-year-old brother. He served five years in prison.
Henricks was sent back to prison in 1984 for attempting to molest two 13-year-old boys in a Wichita electronics store where he worked.
When he was released 10 years later, a prosecutor argued that Henricks was a sexually violent predator and should be locked up.
At his commitment trial, Henricks himself testified that only his death would guarantee he would never again molest a child.
A jury sent him to the state

mental health facility in Larned, where he is one of nine men declared sexual predators. They can be held there for treatment until doctors decide they no longer pose a threat. Exams are conducted at least once a year.
Then, however, the Kansas Supreme Court set the law aside, finding it violated process rights because it allowed him to be committed without proof he is mentally ill.
Attorney General Carla Stovall immediately appealed to the U.S. Supreme Court, keeping Henricks confined. She expects the court to question whether Henricks' alleged mental abnormality merits confinement.
"The key is that the court has never ruled exactly what you have to have for that mental condition," Stovall said.

ROAD CONDITIONS

BOISE (AP) — Most of Idaho's roads were wet on Sunday afternoon, the Department of Transportation reported.
Road conditions:
U.S. 91 — Plummer-Sandpoint, wet; Sandpoint-Canadian Border, icy spots, broken snow floor, snowing; Riggins-Whitehall Hill, wet, rain; Shoshone-Idaho Falls, icy, snow floor; Silver Lake-Winchester, icy spots; Winchester-Lewiston, wet, rain; Lewiston-Moscow, icy spots; Western Meadows, dry, wet, icy spots; Moscow-Oregon Line, dry.
Interstate 90 — Fourth of July Canyon Lookout Pass, wet, rain.
U.S. 12 — Lewiston-Lowell, wet, rain; Lowell-Lowell, icy spots.
Interstate 84 — Oregon Line-Clarno Ferry, dry; Bliss-Barley, wet; Barley-Utah Line, wet, icy spots.
Idaho 35 — Horseshoe Bend Hill, snowing; icy spots; broken snow floor.
Dromedary Meadows, wet, icy spots.
Idaho 21 — Boise-Idaho City, dry, wet, icy spots; Idaho City-Lowman, wet, icy spots; broken snow floor.
Lowman-Banner Summit, closed through weekend.
U.S. 20 — Mountain Home-Fairfield, wet; Fairfield-Homer, wet, icy spots; Idaho Falls-Idaho Falls, wet, rain, snow; Idaho Falls-Ashton, wet, icy spots; rain; Ashmo-Moanna Line, icy spots; broken snow floor, snowing.
U.S. 26 — Idaho Falls-Wyoming Line, wet, icy spots; Blackfoot-Arco, wet.
Idaho 51 — Mountain Home-Nevada Line, dry.
U.S. 93 — Nevada Line-Arco, wet, icy spots; Arco-Salmon, wet, icy spots; snow floor, Lost Trail Pass, icy spots; broken snow floor, snow floor.
Idaho 75 — Shoshone-Redmond, icy spots; Golena Summit, snow floor.
Interstate 86 — Ralt River-Pocatello, wet.
Interstate 15 — Utah Line-Idaho Falls, wet; Idaho Falls-Dubois, wet.

icy spots, rain; Monida Pass, broken snow floor, snowing, drizzle.
U.S. 30 — McCammon-Wyoming Line, wet.

U.S. 91 — Utah Line-Downey, wet; Idaho 28 — Mud Lake-Salmon, broken snow floor, snow floor, snowing.

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Taxes

Continued from A1
spilled over into neighboring Camas County and has started affecting property values there.
"They finally found the area over here," Camas County Assessor Derral Hupler said.
Development has driven the county's total assessed value up by about 20 percent. The total assessment has gone up to \$54 million. That's up \$9 million from the \$45 million assessment in 1995.
Though not all property values have gone up, the areas near the Wood River Valley and in Willow and Soldier creeks have gone up. The sale of the Soldier Mountain ski resort to a company backed in part by Hailley resident and actor Bruce Willis also has helped boost property values.
Some property values haven't gone up, Hupler said.
In Cassia County growth has driven the assessed value up by \$74 million, or about 11 percent.

It is up to \$772 million this year from \$698 million in 1995, Assessor Marry Holland said.
But a school bond issue and a fire district levy will affect property taxes for many county residents. Assessed property values have increased to keep up with the market, Holland said.
Levies in Lincoln County have gone down except in Shoshone, which recently passed a school bond issue, Assessor Susie Edwards said.
Taxable property value in the county is up \$11 million to \$149 million from \$138 million. The higher value is the result of new development north of Shoshone and some in Richfield and Dietrich, Edwards said.
In Gooding County large new dairies and residential development, a lot of it manufactured housing, have driven up the county's assessed property value by 16.3 percent.
The total assessed value is \$351

million, up from \$302 million in 1995, said Assessor Patty Baugher. But the effects on individual taxpayers vary through the county, she said.
Minidoka County Assessor Max Vaughn reports the total taxable value in that county is up to \$563 million from \$518 million. The \$45 million increase is the result of increases in the real estate market and new construction, he said.
In Twin Falls County most taxpayers are coming out about the same, with new construction still setting rising property values, Assessor Gerald Bowden said.
"I think most people's taxes are about the same," he said.
But property was reassessed, and that could result in increased tax bills, he said.
The county's total assessed value grew by \$147 million to \$1.9 billion, an 8 percent increase from \$1.76 billion in 1995.
Numbers were not available from Jerome County.

The Times-News Call 734-6326

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SKI LINE PRESS 4
MOVIES PRESS 5
SAWTOOTH REC REPORT PRESS 6

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Wishes Everyone A Happy Holiday Season!

See our ad in today's paper for this weeks movie line-up, or call the information line at 734-2400

HAPPY CHRISTMAS MY CHILD!
THANK YOU, GIRL! TELL ME, WOULD YOU REALLY MELODY THE BELLS ARE PLAYING?

IT'S BEAUTIFUL, BUT DON'T WANT TO BE BORED BY OUR VERY OWN BELL RINGER-QUASIMODO!

IT'S CALLED 'GOD ABOVE' SOMETHING HE SAID... SOMETHING HE SAID... THIS TIME OF YEAR!

THEN SHE LEFT... CHRISTMAS THIS IS GOING TO BE FOR HER.

NATION

Half-million blacked out by snow storm

The Associated Press

More than half a million customers had no electricity Sunday in New England after a fast-moving storm piled nearly 2 feet of snow on the region.

"I'll tell you right now, I'm not very happy," said Mary Tyler of West Dummerston, Vt., who had to make her Sunday morning coffee on a wood-burning stove. Not everyone had the luxury of a stove. "It's getting cold in this house," Kim O'Grady of Thompson, Conn., said Sunday afternoon as she bundled up with several coats, two pairs of sweat pants and big, furry slip-ons.

"We can't flush the toilets, the refrigerator door couldn't close and I'm dying for a cup of coffee," said O'Grady, who was told her local utility did not expect to restore power to her house until Monday evening.

The storm sped northward along the East Coast on Saturday, dumping rain from the Carolinas north to New York City and spreading snow during the night across most of New England. It was blamed for one death.



Steven Baker works at removing a cedar tree Sunday in Hazardville, Conn. The tree fell on top of three cars, damaging the roofs of two of them, during a passing snow storm Saturday.

Connecticut and Maine, with about a foot in New York's Catskills. In Massachusetts, 16 inches fell at Worcester, on top of 7 dropped by another storm on Friday. Just 40 miles to the east, Boston got 1.4 inches of rain.

More than an inch of rain fell on parts of New Jersey and the weather service said the Passaic, Millstone and Raritan rivers were expected to crest at or slightly above flood levels. The heavy, wet snow combined with ice and wind to bring down tree limbs and power lines.

Rhodes Scholars named

LOS ANGELES (AP) — A student who worked on an AIDS education project in Kenya, played classical guitar and has climbed Mount Kilimanjaro was among the 32 Americans named to the 1997 class of Rhodes Scholars. The American Rhodes Scholars Association, a chemistry and biology student at the College of William and Mary, spent his childhood in Zimbabwe. His main academic interests lie in pathology and the study and treatment of tropical diseases, especially malaria.

An Oxford University, Adelman intends to pursue a Doctorate of Philosophy degree with a special emphasis on epidemiology.

Olivia White of Salt Lake City, a student at Stanford University, was among those chosen for the prestigious scholarship to Oxford. Less Thompson majors in English

and literature at Pennsylvania State University. She has won several writing awards for both fiction and poetry, including Seventeen magazine's national fiction contest in 1995.

An organizer of the "Take Back the Night" women against violence rally, Thompson plans to be a writer and teacher. She'll work toward a Bachelor of Arts degree in English language and literature at Oxford.

Rhodes scholarships were established at the turn of the century by the estate of Cecil Rhodes, a British philanthropist and colonialist. Winners receive scholarships to Oxford University in England.

The winners were announced Saturday by the Rhodes Scholarship Trust at Pomona College in Claremont, east of Los Angeles.

1997 American Rhodes Scholars

The Associated Press

The 32 students chosen as American Rhodes Scholars for 1997, listed by discipline where the application was filed.

The city provided by the candidate may be the hometown or college town. Applicants may apply either in their home state or the state where their college is located.

- INDISTRICT ONE**
 Joshua Cline, New Haven, Conn., Yale University
 Kerry Francis, Fairfield, Conn., Georgetown University
 Daniel P. Kim, Agassiz Hills, Calif., Harvard University
 Tali Farnach Pechman, Englewood Cliffs, N.J., Yale University
- INDISTRICT TWO**
 Benjamin T. Jenkins, Pacific Grove, Calif., Columbia University
 Jessica E. Trapp, Lakota, N.Y., Cornell University
 Jonathan Lewis, Marina, Pa., Cornell University
 Tess Thompson, Bannockburn, Pa., Pennsylvania State University
- INDISTRICT THREE**
 John M. Ackerly, Washington D.C., Wilson College
 Madison A. Opel, Faith Church, Va., Wake Forest University
 Hans Christian Adelman, Newport News, Va., College of William and Mary
 David Robert Wankel, Arlington, Va., Georgetown University
- INDISTRICT FOUR**
 Shana Lovell, Clark, Ark., University

- of Adams, Little Rock
 Liana Isaac, Miami Beach, Harvard University
 Patricia Christina Sabetti, Orlando, Massachusetts Institute of Technology
 R. Davis McCallum, Atlanta, Ga., Princeton University
- INDISTRICT FIVE**
 Eugenio Francisco, Pasadena, Calif., Notre Dame University
 Evan Bargowski, Carmel, Ind., Notre Dame University
 Stephanie E. Palmer, Walled Lake, Mich., Michigan State University
 Suzanne Golt, Toledo, Harvard University
- INDISTRICT SIX**
 John Treadwell, Berley, Ohio, St. Olaf College
 Dean John Sauer, St. Louis, Duke University
 Jeremy Vetter, Lincoln, Neb., University of Nebraska, Lincoln
 Aaron D. Oliver, Middleton, Wis., University of Wisconsin, Madison
- INDISTRICT SEVEN**
 Ryan David Egeland, Plymouth, Minn., Colorado College
 Horacio R. Tojillo, El Prado, N.M., Georgetown University
 Maryann Iskander, Round Rock, Texas, Rice University
 Olivia White, Salt Lake City, Stanford University
- INDISTRICT EIGHT**
 Adam K. Ake, Anchorage, Alaska, U.S. Military Academy
 Amette Salomon, Ann Arbor, Mich., University of California, Los Angeles
 Kweli Ebon Washington, Berkeley, Calif., Harvard University
 Edward K. Boyda, Portland, Ore., Harvard University

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Learning English: She came all the way from Japan to Declo for language.

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City Editor: Kevin Richert - 733-0931, Ext. 234

The Times-News

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Monday, December 9, 1996

AROUND THE VALLEY

Hospital acquisition will be on board agenda

TWIN FALLS - The acquisition of Canyon View Hospital will be on the agenda when the Magic Valley Regional Medical Center board meets today.

The meeting starts at 7 p.m. in the doctors' meeting room at Magic Valley Regional.

One year ago, the county-owned hospital purchased the Canyon View Hospital building on Shoup Avenue West. But last month, Magic Valley Regional was invited to take over the operation of the psychiatric hospital by Jan. 1 at a cost of \$500,000. The acquisition was four months sooner than expected.

Also on the agenda is discussion of a new hospital board member to replace current board chairman James Herrett, resigning at the end of this month. Before Herrett announced his intention to resign, two physicians had lobbied county commissioners for more practicing doctors on the board. The commissioners will make the appointment.

The board also will elect new officers. Retired physician Craig Bennett is nominated as chairman.

Issues affecting small business featured at meet

TWIN FALLS - Legislative issues affecting small businesses will be on the menu at a breakfast meeting today sponsored by the National Federation of Independent Business. The meeting will begin at 7:30 a.m. at the Canyon Springs Inn in Twin Falls. Cost is \$12 per person.

Federation state director Pete Skamser will discuss the results of the 1996 election and issues of interest to small business coming before the 1997 state Legislature. Area legislators also will hold a round-table discussion beginning at 9:30 a.m.

Police chief to speak at Wendell chamber luncheon

WENDELL - Police Chief Philip Cowell will speak at the Wendell Chamber of Commerce Wednesday at the Farmhouse Restaurant.

Cowell says juvenile problems are a community problem - not just a law enforcement or victim problem - and he will offer solutions.

Cowell will speak right after the noon luncheon and a brief business meeting. The public is invited.

Idaho Young Democrats scheduled to meet

TWIN FALLS - The Idaho Young Democrats will meet at 5 p.m. Wednesday in the KMYT Community Room, 1100 Blue Lakes Blvd. N.

Plans for upcoming fund-raisers will be discussed. Ages 16-35 are welcome. For more information, call Kyle Leuze at 733-6295.

Sun Valley planning, zoning meeting set for Tuesday

SUN VALLEY - The regular meeting of the Sun Valley Planning and Zoning Commission is planned for 9 a.m. Tuesday in the council chambers at City Hall.

The agenda includes the following public hearings: for Barry McMillen Architects for fence at 232 Birtwell; for Clemons Association for Hood Corp. to subdivide land known as Crown Ranch into four parcels; and for Benchmark Association for Hood Corp. to divide a parcel of the Crown Ranch subdivision into seven townhouse sublots.

New business will focus on the McNeen Family Partnership's request for seven detached single-family townhouse units on Crown Ranch sublots; and Arrowwood Condominiums' request for a permanent sign.

In other business, the commission will discuss proposed revisions to the municipal code regarding building outside the allowable "building envelope."

The next regular meetings are planned for Jan. 14 and Jan. 28.

Gooding Elementary seeks parent volunteers

GOODING - Gooding Elementary is looking for a few parent volunteers interested in serving on an adoption committee for the Language Arts program.

For applications, call the Gooding Elementary office at 934-4941.

Free investment seminar scheduled by firm

TWIN FALLS - While mutual funds are not free, a company will provide free advice about them.

Dean Witter will hold a free investment seminar on how mutual funds can help investors reach financial goals. The seminar will be at 6:30 p.m. Wednesday at the Twin Falls Area Chamber of Commerce, 858 Blue Lakes Blvd. N.

Space is limited so reservations are encouraged. Call (800) 733-5231.

Compiled from staff reports

Jerome County sheriff says regional dispatch center has some problems

By Mark Heinz
Times-News writer

JEROME - Jerome County's sheriff said problems with the new regional dispatch center recently left one of his deputies without help during a potentially dangerous pursuit.

"He was in a car chase for five or six miles, and he couldn't get through on the radio to ask for backup," said George Silver III.

The deputy managed to stop the suspect without incident, Silver said. But communications gaps are risky to officers and citizens, he said.

Similar problems that have been popping up since October, when agencies began logging on with the \$4.6 million enhanced 911 center. Some officers are perry, and stem from a resentment over the changeover.

The new Southern Idaho Regional Communications Center, in the works for several years, is handing dispatch in Twin Falls, Jerome, Gooding and Lincoln counties.

Silver said he has told his deputies to start listing incidents when 911 glitches may have put people in danger. That list may be passed on to county commissioners.

"They have lost track of officers," Silver said. "Officers who have been home for hours have been called even though they're not on shift."

Sergeant Jerry Martinez, Jerome County's only deputy in the Eden and Hazelton area, said the change has been hard for him because he is used to working with dispatchers who know him well and instantly recognize his voice. That has changed.

"They've got me out here, but they've never heard me or seen me," he said,

"They've changed me from Sergeant Martinez to number 4027."

Martinez is withholding judgment, though.

"I hate to talk really bad about it, because six months from now, it could be working really well," he said. "I also hate to talk really good about it, because in six months, it may not be working."

Jerome Fire Chief Jim Auclair said his department has faced annoying problems, but nothing dangerous.

A single unit from the department was needed Thursday night for a medical emergency, he said. But instead of just calling that unit out from the station, SIRCOMM sent out an alarm to the entire department.

"The dispatcher woke up 50 firefighters and their families," Auclair said. "It wasn't the first time, either."

"I don't know if it's a dispatcher not knowing what to do, or if a computer is

telling them the wrong things," he said. Auclair, a member of the SIRCOMM supervisory board, said the program will probably still end up being better than the old dispatch system.

"We were hoping (SIRCOMM) would make things totally better all at once," he said. "That must have been wishful thinking."

SIRCOMM Project Manager Al Sander said his dispatchers are doing the best they can under the circumstances.

Every effort was made to train dispatchers before the system went online, but many of them were working other full-time jobs right up until the day they transferred to SIRCOMM's Jerome office, he said.

"That left little spare time for extra training, and the dispatchers still have to get used to the new system."

Please see CENTER, Page A6

Team has helped Jerome residents for over half a century

By H.R. Welzel
Times-News correspondent

JEROME - Two longtime friends in Jerome have a slogan: "You guys step back and we'll get the job done."

Cliff Sheppard and Lynn Bingham have worked as a team to help city and county officials and "anybody who asks for help for about half a century."

"These two are truly our unsung heroes because of what they do and how they do it. I have never ... heard them turn down a request for help from the city, county, fire, police department or whoever. These two guys are always ready to give a hand," Jerome Mayor Gerald Oster said.

Several years ago, the two buddies teamed up to remove overhanging brush from the town's alleys.

"The job we can run out of money to do for you, we just said, 'Give us a truck and chain saw and we'll do it,'" Sheppard said. "It took us two weeks, but we stayed with it until we got it whipped. ... And now if there are branches hangin' over a stop sign, just tell us, and we'll take care of 'em," he said.

When the Jerome Police Department offices moved from the courthouse to South Lincoln, the duo painted the new offices after a call from the mayor.

The inseparable pair repair wiring, replace light bulbs and clean the city-owned Christmas decorations put up along Jerome streets each holiday season. They work in the First Security Bank basement, where dust from the decorations makes the two men wear face masks.

The 60 soldiers and Christmas trees were put up in Jerome shortly after Thanksgiving as a result of the two men's many hours of work.

"I've been doing this for about four years, and Lynn for about 12 years," Sheppard said.

An annual project the men - both mem-



Lynn Bingham and Cliff Sheppard repair lights on Christmas decorations destined for downtown Jerome.

bers of the Jerome Lions Club - enjoy is taking eye-testing machines around to Jerome schools.

"They're the only two in the Lions Club who are retired, so they figure they're the ones to do the job, the men agreed."

"The teachers or their assistants do the testing now, after we show them how, and all Cliff and I do is keep track of the kids," said Bingham, who has been testing eyes for 10 years.

Through the Lions Club, they also respond to public nurses' requests to get glasses for those who cannot afford to pay for eyeglasses. "We just need help from other people to donate their old glasses - we never have enough," Bingham said.

Replacing light bulbs in the Civic Memorial Library is a regular job for the two. They helped remodel the library some years ago, according to the mayor.

"There are so many things these two do, nobody could keep track of them all," Oster said.

Sheppard cleans irrigation ditches, pulls weeds and picks up trash from blocks of alley behind his home.

"I do this every so often every year. It's just something to do to make it look nice," he said.

Many in Jerome keep Sheppard's phone number handy, knowing they can depend on Cliff to fix whatever they need fixed." The octogenarian repairs lawn

About Cliff Sheppard
Age: 81
Residence: Jerome; born in Mad Oak, Mo.
Profession: former manager of Jerome Public Library
Family: wife, Frank; two sons, two grand-children
Hobbies: fishing and woodworking
Good deed: helping Jerome government and residents.

About Lynn Bingham
Age: 77
Residence: Jerome; born in Garland, Ill.
Profession: former city fire chief
Family: wife, Opal; children, Robert V. Jerome and Wayne and Myra of St. Louis
Hobbies: fishing and woodworking
Good deed: helping Jerome government and residents.

Know an everyday hero?
Anyone who does something extraordinary - neighbors, accountants, church or sports volunteers, hospital volunteers, union without getting paid for it, quality-of-life professionals, such as caregivers and teachers, who contribute something extra to the community, please send us a note. Send nominations to Everyday Heroes, The Times-News, P.O. Box 548, Twin Falls, ID 83303; or fax us at 734-6536. We'll need your name and phone number, the names of your family, and a few sentences about the person.

Firefighters seek authority to help with car wrecks

By William Brock
Times-News writer

TWIN FALLS - Whether city firefighters should extract people from wrecked cars and how much to charge for city fire services for the extra duty is estimated at more than \$37,500.

Magic Valley Regional Medical Center paramedics handles extrication of car-accident victims. But the service is provided

Meeting Information
The Twin Falls City Council will meet at 4 p.m. today in the police station. The hearing is open to the public.

ed "... more by default than by choice," paramedic director Gilbert Schmidt said in a letter to Fire Chief Phillip Clough.

If city firefighters take over the job, Schmidt said, it would "relieve us of this burden and allow us to concentrate on patient care."

"We feel that auto extrication could be provided by the fire department," Schmidt added.

Local fire officials estimate the extra rescue and response work would add up to 250 to 300 more runs per year. Actual extrications would average about one a month, officials estimate.

So far this year, city firefighters have responded to 71 vehicle-related incidents, helping people.

Adding more responsibilities also will increase department morale, fire officials maintain, and that could "help to reduce the turnover rate we are presently experiencing by giving our first responders a sense of self-worth and help create more enthusiasm in their jobs."

A poll city firefighters, excluding the chief and three battalion chiefs, showed 32 favor the idea. Only one is opposed.

Initial training costs would run about \$2,095, while converting a department vehicle for the task would run another \$10,232. Outfitting the vehicle with rescue equipment would cost \$25,250 or so.

Firefighting and rescue service at the airport is under scrutiny because, starting in February, Horizon Airlines is tentatively planning to use bigger planes for local service. Trouble is, bigger planes require the city to provide on-site rescue and firefighting service.

"The city charges \$126 per flight for the service, but Horizon Air has asked that the fee be reconsidered. City employees have recommended dropping the fee to \$30 per flight for a 60-day trial period.

Twin Falls County zoning ordinance to have 4th hearing

The Times-News

TWIN FALLS - The fourth public hearing on the proposed county zoning ordinance will be from 7 to 9:30 p.m. today in Room 108 of the Aspen Building at the College of Southern Idaho.

The Twin Falls County Planning and Zoning Commission is considering the proposed ordinance that would put into practice the principles set forth in the county's comprehensive plan, passed last year.

During previous hearings, the ordinance has been discussed chapter by chapter with comments taken one chapter at a time. All the chapters have been covered. Monday's session will be open for general comments on any part of the ordinance.

In the past three months the county has lost three key people in the effort to craft the new zoning ordinance: its civil attorney,

its planning director and the chairman of the planning and zoning commission.

But the effort still is on track, county Commissioner Brent Reinke says.

The commission will meet Thursday to pick a new chairman and install two new members during its regular monthly meeting. Commissioners are in the process of selecting a new planning director and hope to have a new director by then, Reinke said.

Once public hearings are completed, the proposed ordinance would go to the county commissioners so long as any changes are minor.

The commissioners would hold public hearings of their own. If the hearings bring major changes, more public hearings would be required before commissioners could approve the ordinance.

New facility's treatment philosophy is people-to-people

By Kent McCleary
Times-News writer

TWIN FALLS - The foundation of Magic Hot Springs Youth Camp's juvenile treatment technique is people helping people.

The irony for the teen-aged law-breakers who will go to the new facility south of Twin Falls is that people have hurt them more than anything.

Typical youth enrolled in the program will have drug and alcohol problems, a record of arrests, and may not be wanted back at home once they're out, say camp and juvenile corrections officials. The clients may have limited social skills, learning disabilities, histories of physical or sexual abuse and limited ability to deal with problems.

They also are nearing the age at

which they must support themselves.

"The challenge is to teach them, not just an education, but to live," said Dr. Frances Wright, director of the treatment program at Magic Hot Springs Youth Camp, which opened late last month at a former resort site.

To start troubled teenagers on the road to holding down jobs and interacting in society requires counseling, Wright said, both by their peers and adults.

Therapeutic programs teach juveniles to bring issues out in the open and admit they have a problem, then work through problems in findways to avoid them, said Larry Callcutt, who supervises the Observation and Assessment unit at the state juvenile detention center at St. Anthony.

Please see FACILITY, Page A6

POOR

THIS WEEK AT CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

TODAY

Pep Band rehearsal will be held at 7:30 p.m. in Fine Arts 121.

TUESDAY

General Motors school will be held from 8:30 a.m. to 4:30 p.m. in Canyon 133.

WEDNESDAY

General Motors paint repair school will be held from 8:30 a.m. to 4:30 p.m. in Canyon 133.

FFA crops contest will be held at 1 p.m. in Evergreen A20.
Military testing will be held at 5:30 p.m. in Shields 203.
CSI drama "Night Watch" will be presented at 8 p.m. in Fine Arts 119.

THURSDAY

General Motors school continues from 8:30 a.m. to 4:30 p.m. in Canyon 130.
"Night Watch" will be presented at 8 p.m. in Fine Arts 119.

FRIDAY

Magic Valley Estate Planning Seminar will be held at 7:30

a.m. in Aspen 108.
Basketball vs. Eastern Utah with women playing at 6 p.m. and men at 8 p.m. in the gymnasium.
"Night Watch" will be presented at 8 p.m. in Fine Arts 119.

SATURDAY

Military testing will be held at 8 a.m. in Shields 203.
Basketball vs. Colorado Northwestern with women playing at 6 p.m. and men at 8 p.m. in the gymnasium.
"Night Watch" will be presented at 8 p.m. in Fine Arts 119.

ON THE AGENDA

Following is a list of governmental meetings that are scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

TODAY

Buhl City Council, 7 p.m., City Hall chambers.
Blaine County commissioners, 9 a.m., courthouse.
Camas County commissioners, 9:30 a.m., courthouse.
Camas County School Board, 7 p.m., high school.
Cassia County commissioners, 9 a.m., courthouse.

Cassia County School Board, 7 p.m., central office, 237 E. 19th St., Burley.

Dietrich School Board, 8 p.m., school.

Eden City Council, 7 p.m., City Hall.

Elmore County commissioners, 8:30 a.m., courthouse.

Gonding County commissioners, 9 a.m., courthouse.

Hagerman School Board, 8 p.m., elementary school.

Hailey City Council, 6 p.m., courthouse.

Hansen City Council, 8 p.m., City Hall.

Hagerman City Council, 7 p.m., City Hall.

Jerome County commissioners, 9 a.m., courthouse.

Lincoln County commissioners, 10 a.m., courthouse.

Malta City Council, 5 p.m., Raft

River Electric Co-op conference rooms.
Minidoka County commissioners, 9 a.m., courthouse.
Murtaugh School Board, 12:30 p.m., high school library.
Richfield City Council, 7 p.m., City Hall.
Richfield School Board, 8 p.m., high school.

Shoshone School Board, 7:30 p.m., Lincoln Elementary School.

Twin Falls City Council, 4 and 6 p.m., City Hall.

Twin Falls County commissioners, 8:30 a.m., courthouse.

Valley School Board (Eden-Hazelton), 8 p.m., high school superintendent's office.

TUESDAY

Blaine School Board, 7:30 p.m., a school in the district.

Gonding School Board, 8 p.m., school district's office.

Jerome School Board, 7 p.m., Jerome Civil Club Memorial Library.

Kimberly City Council, 7 p.m., community center.

Rupert, Delmar Memorial Library Board of Trustees, 5:15 p.m., library, 417 Seventh St. in Rupert.

Twin Falls City Planning and Zoning Commission, 7 p.m., City Hall.

Twin Falls County commissioners, 8:30 a.m., courthouse.

Twin Falls School Board, 7 p.m., school district's office.

WEDNESDAY

Castelford City Council, 7:30 p.m., J & D Enterprises.

Deelo City Council, 7 p.m., City Hall.
Glenns Ferry City Council, 7 p.m., City Hall.
Glenns Ferry School Board, 7:30 p.m., Title Migrant office.

Hazelton City Council, 7:30 p.m., City Hall.

Heyburn City Council, 7 p.m., City Hall.

Minidoka City Council, 7:30 p.m., City Hall.

Murtaugh City Council, 7:30 p.m., City Hall.

Paul City Council, 7:30 p.m., City Hall.

Twin Falls County commissioners, 8:30 a.m., courthouse.

Twin Falls Public Library Board of Trustees, 5 p.m., library board room.

Wendell City Council, 7 p.m., City Hall.

THURSDAY

Bellevue City Council, 7 p.m., City Hall.

Hagerman Chamber of Commerce, noon, Hagerman Senior Center.

Mini-Cassia Chamber of Commerce, noon, Rupert Elks Lodge.

*Twin Falls County commissioners, 8:30 a.m., courthouse.

Twin Falls County Planning and Zoning Commission, 7:30 p.m., Twin Falls County Office Building, 246 Third Ave. E.

FRIDAY

Twin Falls County commissioners, 8:30 a.m., courthouse.

Wayne image causes racial, labor tensions

LOS ANGELES (AP) — John Wayne — a symbol of rugged individualism or bigotry? The Duke has become a lightning rod for racial and labor tensions within the Los Angeles County Fire Department.
Dozens of posters of the Duke have cropped up at county firehouses since a confrontation over one Wayne image in September, a union official said.
Some members of the department say the issue really reflects strife between union and management as well as white resentment of affirmative action in the department.
"This is bigger than John Wayne," said Brent Burton, a member of the Stentorians, an association of black firefighters. "This is union-management and race."

The Wayne feud may represent deeper morale problems, acknowledged Fire Chief P. Michael Freeman. He said he has set up panels of firefighters and brought in consultants to deal with the issue.
Backers of the Duke, who died in 1979, consider him an icon of American individualism — the kind of guy who would not be pushed around by a boss.
Some black firefighters, however, consider him a bigot because of a 1974 Playboy magazine interview in which he said blacks were incapable of handling leadership roles.
"I believe in white supremacy until the blacks are educated to a point of responsibility," Wayne, then 63, told the writer.

Tension began surfacing in September when Battalion Chief Daniel Scott, who is black, infuriated many firefighters by removing a photo of Wayne that had hung for 20 years at a Carson fire station.
Freeman later had the picture reinstated, but the firefighters' union filed a grievance claiming he exceeded his authority.
Last week, a white firefighter, Capt. Al Schriver, filed a grievance claiming another black battalion chief targeted him for displaying a 6-foot cutout of Wayne in the recreation room of the Palmdale station.
Schriver said he underwent "continued harassment," but his poster was allowed to remain in place.

Party boat burns; passengers swim for lives

MARINA DEL REY, Calif. (AP) — A nighttime fire on a party boat after a harbor cruise forced dozens of passengers to jump overboard and swim for their lives. Six people suffered burns.
The yacht Sundowner was carrying 61 people attending a corporate party and a crew of seven Saturday night when the fire broke out, said Los Angeles County sheriff's Deputy Bob Klen.
Flames raged through the boat forced dozens of partygoers to

leap into the waters of a harbor channel and swim for the nearby docks of a local yacht club.
Six people required hospital treatment for minor burns from the fire caused by stray sparks from an upper-deck engine exhaust stack.

FARMINGTON, Utah (AP) — Searchers using eight rescue dogs Sunday to locate the body of a Kaysville man buried in an avalanche while snowmobiling on the east side of Bountiful Peak.
Rick Adams, 37, was snowmobiling with three others Saturday in an area near the top of Farmington Canyon called "Tree Bowl."
A companion snowmobiler, Todd Lomax, 29, was riding below him when the wall of snow tore loose above them and began to cascade down.
"There wasn't a sound at all," said Lomax. "I just looked up and saw a wall of snow coming at us. I just yelled, 'Run!' I just took off."
The avalanche was about 100 yards wide and 200 yards long, said Lt. Roger Anderson of the Davis County Sheriff's office.
Lomax spent downhill and managed to escape the torrent. He yelled a warning to two other disoriented snowmobilers nearby — J.D. Horne and his son, Chad — to get to safety. The three found somebody carrying a cellular phone and called for help.
Some 50 representatives of the Davis County Search and Rescue team, the Salt Lake County Search and Rescue Team and the Rocky Mountain Rescue Dogs searched until sunset Saturday and again Sunday, but were unable to find Adams.

Party boat burns; passengers swim for lives

Nola Powers Burk, of Wendell, 11 a.m. today, Hove-Robertson Funeral Chapel, Jerome. Viewing, 9 to 10 a.m. today at the funeral chapel.
Velma Pearl Clark, of Twin Falls, graveside service, 1 p.m. today, Sunser Memorial Park, Twin Falls, (Reynolds Funeral Chapel in Twin Falls).
Joseph Michael Day, of Kimberly, memorial service, 4 p.m. today, Kimberly United Methodist Church, (Reynolds Funeral Chapel in Twin Falls).
M. Louise Emerson, of Twin Falls, 11 a.m. Tuesday, White Mortuary, Twin Falls. Viewing, 4 to 8 p.m. today at the funeral chapel.
Mary Elizabeth Landholm, of Twin Falls, graveside service, 1

p.m. Tuesday, Twin Falls Cemetery. Viewing, 3 to 8 p.m. today, Reynolds Funeral Chapel, Twin Falls.
Everett William Damon, of Twin Falls, 2 p.m. Tuesday, White Mortuary, Twin Falls. Viewing, 4 to 8 p.m. today at the funeral chapel.
DEATH NOTICES
William Sumner
JEROME — William Sumner, 85, of Jerome, died Sunday Dec. 8, 1996 at St. Benedict's Family Medical Center, following a sudden illness.
Funeral services are pending and will be announced by the Hove-Robertson Funeral Chapel in Jerome.

Shige Owaki, of Twin Falls, 11 a.m. Saturday, White Mortuary, Twin Falls.
William "Bill" Janss, of Sun Valley, memorial service, 4 p.m. Sunday, Lighthouse Room, Sun Valley Inn, (Wood River Chapel in Hailey).
Steven Ray Quinonez, Jr.
JEROME — Steven Ray Quinonez, Jr., a Jerome resident, died Dec. 3, 1996 in Jackson, Calif.
Funeral services will be held on Tuesday, Dec. 10, 1996 at 11 a.m. at Demaray's Wendell Chapel with Rev. Michael St. Marie officiating. Burial will be in the Wendell Cemetery.

HOSPITALS

MAGIC VALLEY REGIONAL MEDICAL CENTER
Some names are omitted at patients' request.
Admitted
Kelsi King of Twin Falls
Released
Leonard Murray of Buhl
CASSIA MEMORIAL HOSPITAL
Admitted
Thelma Wrigley of Burley
Released
Niel Anderson, Linzy Moseley and Lowell Smith, all of Burley

Births
Children born to Mr. and Mrs. Rockland Judd and Mr. and Mrs. Jeff Reynolds
MINIDOKA MEMORIAL HOSPITAL
Admitted
Sarah Bill of Rupert
Released
Michael Kindig of Paul and Freda Soul of Rupert

Births
A daughter to Sarah Bill of Rupert

OBITUARIES

TWIN FALLS
Edna Mottile
Edna Mottile — Edna Mottile, 76, of Twin Falls, died Saturday, Dec. 7, 1996 at Twin Falls Clinic and Hospital.
Edna was born July 10, 1920 at Weims, Okla., to William and Freda Mottile. Edna spent most of her life in California. On April 1, 1966, she married Larry Mottile in Reno, Nev. He preceded her in death in 1991.
She was a resident of Heritage Retirement Center at the time of her death.
Edna was an avid camper and enjoyed her times fishing at Magic Reservoir. She was a member of the Dam Foots Club and the Twin Falls Elks Lodge. She was also a member of St. Edwards Catholic Church.
Edna was known for her sense of

humor, her love of fish and practical jokes and pranks.
Edna had no survivors, but would like to recognize her good friends Pat and Keith Aslett and family of Jerome.
Graveside-funeral services will take place at 11 a.m. Tuesday, Dec. 10, 1996 at Sunset Memorial Park in Twin Falls. Friends may call on Monday from 3 until 8 p.m. at Reynolds Funeral Chapel, Twin Falls.

humor, her love of fish and practical jokes and pranks.
Edna had no survivors, but would like to recognize her good friends Pat and Keith Aslett and family of Jerome.
Graveside-funeral services will take place at 11 a.m. Tuesday, Dec. 10, 1996 at Sunset Memorial Park in Twin Falls. Friends may call on Monday from 3 until 8 p.m. at Reynolds Funeral Chapel, Twin Falls.

AUCTION CALENDAR THROUGH DECEMBER 15th

MONDAY, DECEMBER 9th - 11:30 am
Toys - Furniture - Farm Equipment - Winter Advertisements - December 8
HOPKINS AUCTIONEERS

TUESDAY, DECEMBER 10th - 5 pm
Household - Tools - Antiques
Consignments Welcome - Jerome
KLAAS AUCTION BARN

TUESDAY, DECEMBER 10th - 11:30 am
Ellen Starry - Household - Miscellaneous Antiques - Wendell
Advertisement - December 8
WERT AUCTION SERVICE

WEDNESDAY, DECEMBER 11th - 6 pm
Furniture - Tools - Collectibles
Drawing at 8:30 - Twin Falls
Advertisement: Dec. 11, Times-News and Classifieds A813
HUNT BROTHERS AUCTIONS

SATURDAY, DECEMBER 14th, 1996
June Roberts - Household - Buhl
Advertisement - December 12
MASTERS AUCTION SERVICE

SUNDAY, DECEMBER 15th - 1 pm
Annual Holiday Auctions - All New Toys - Tools - Kitchenware - Furniture
Bedding - Twin Falls
HUNT BROTHERS AUCTIONS

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COPY

MAGIC VALLEY

Girl attends local school to improve English skills

By Lori Bettleski
Times-News writer

DECLLO - Leaving her 9-year-old daughter in a foreign country wasn't any easy decision for Mieko Nishimoto, but she believes it will benefit her daughter in time.

Nishimoto brought her daughter, Arika, to Idaho from Japan last month to attend third grade at Decllo Elementary School. After visiting the area for a summer, she decided the move would be the best way for Arika to improve her English.

"The way they teach English in Japan, I believe is wrong," said Mieko Nishimoto in a letter she wrote to Janet Hartwell, Arika's teacher at Decllo. "I believe if a child listens to the sounds at an early stage, that sound can be input in the brain and it's easier to learn English. That's why I sent Arika to an American school."

Mieko Nishimoto also says in the letter that students in Japan study English for more than 10 years but few can actually speak it, mainly because they learn too many details of English grammar.

Arika Nishimoto's mother arranged for her to stay with Mike and Toni Garner of Malta for about three months. The Garners' daughter, Jayci, is a classmate of Arika's.

"Each day, her English seems to be getting a little better," said Mike Garner. "She writes letters using her translation dictionary and uses the computer at home a lot, but she doesn't watch much television at all compared to most kids."

Instead, Mike Garner said she likes to keep busy with her hands, draw pictures and study. She also pitches in around the house.

"Her mother told us to treat her like she's one of our own daughters, so we expect her to make the bed like everyone else and do her share of the chores," he said.

At school, Hartwell said, Arika Nishimoto is performing at the top of her class.

"She's always one of the first students done, but it's not surprising," Hartwell said. "In Japan, they're geared toward



Arika Nishimoto, a third-grade Japanese student who transferred to Decllo Elementary last month, plays with her classmates during a recess break Friday morning. Nishimoto's mother brought her overseas to improve her English skills while living in Idaho.

thinking education is important and something that is worth putting a lot of time and energy into."

Before Arika Nishimoto arrived, Hartwell's students looked at a world map to see how far she was coming to join them. They also read "The Courage of Sarah Noble," a short book by Alice Dalgliesh illustrating the difficulties a young girl experienced while living among American Indians.

"It's been nice for the kids to understand someone from another culture," Hartwell said. "They've also taken a real liking to her in the short time she's been here."

Hartwell said she is making a videotape of Arika Nishimoto's schooling that she will send to Arika's classmates in Japan,

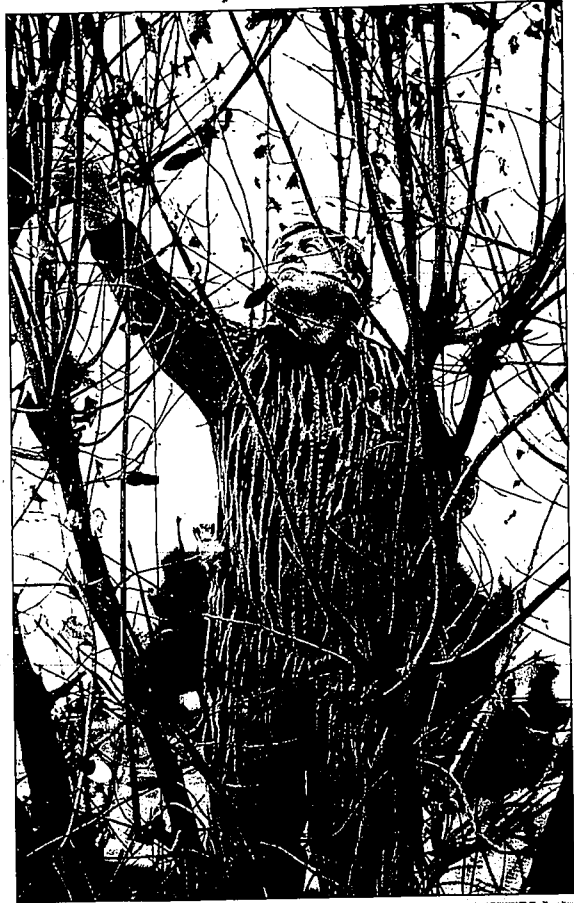
along with Idaho potato pens to encourage them to write back.

Although she still is a bit shy when it comes to speaking English, Arika said she is enjoying school here where students are allowed to work together in small groups.

She also said she likes the more relaxed atmosphere, where it's not uncommon to see teachers sitting on desks while interacting with students.

For about one hour each day, a Japanese custodian at Decllo Elementary has volunteered to help Arika with her English and be her mentor during her stay in Idaho. "It amazes me that a 9-year-old girl wants to come this far and work so hard, but she does," said Mitsuko Bronson. "And I want to help her as much as I can while she's here."

MAKING THE SEASON BRIGHT



Though he and his wife, Toni, had discussed not putting up lights the night before, Art Smith donned his cold-weather gear Saturday and decorated his Burley home for the holiday season.

Facility

Continued from A4

Magic Hot Springs will use a counseling method called "guided group interaction." Twin Falls County's Snake River Juvenile Detention Center also uses the system, said Director Paul Frick.

The method uses peer pressure to a positive end. Youth meet in groups to discuss problems they're trying to resolve. It's based on the idea that a peer group is very influential in a kid's life," Frick said. "An individual is still responsible for their own behavior, but they need a guided way to act, and interact. Adjusted adults can provide role models, can serve as a mentor who helps kids learn adjusted behaviors."

Two adults will start, guide and end the discussion groups, Whitney said.

"As the kids gain skill in talking about personal problems and talking with others, adults can allow them more responsibility in the group."

"It's a process of 'I will trust you, and allow you to begin to trust your own wings, but not so far as you won't be able to handle it,'" Wright said.

These teens have to be taught to take a chance, because everything they've ever done has been a failure, Wright said. They have to be taught to care about other people, she said.

Center

Continued from A4

"It's like buying a new car," Sandner said. "You still know how to drive, but the first time you get in, things are a little different."

Twin Falls County Sheriff Wayne Tausley, a member of E911 law enforcement advisory committee, said has no problem with the new system.

"The complaints basically come from the attitude of some people not wanting the system to change," he said. "They want to see they new system fail."

"I'm not fearful at all for my deputies," he said. "I have confi-

Guided group interaction is like real-life situations, Wright said, whether a job, school or the legal system. "Those are community models these kids haven't been successful in."

"It's based on the idea that a peer group is very influential in a kid's life. An individual is still responsible for their own behavior, but they need a guided way to act, and interact."

- Paul Frick, director

Clients will spend an hour to 1 1/2 hours each day in a discussion circle, but the process goes on all day, even during work, said Magic Hot Springs Executive Director Mike Hutchings.

"If one guy is just holding a shovel up, rather than get in his face, it's the counselor's job to remind the group that they have a responsibility to the other person to keep him working," Hutchings said.

Teen-agers sitting in a circle to talk seriously and at length may seem unlikely. "It does work," Frick said, "but again, that comes from trained adults who know how to help kids open up, discuss their problems and come up with solutions."

Counselor training in the method isn't as formal as a college degree, Frick said. It does require adults with a talent for working with kids and developing trust, he said.

State law says each client must have an individual development plan, drawn up after discussion with the youth, parent and probation or corrections officers.

For instance, Wright said, if a youth is to hold a job, he'll have to learn social behavior. Wright would develop a list of behaviors that need to be cultivated.

Wright would let the client pick one or two to work on. Then she would develop activities for him to follow.

"Say the first assignment is to talk with every youth worker about how they feel when he steps in their personal space. The youth has to listen to them,

are snowed in during the winter.

"I don't consider anything that's happened to be life threatening," Jax said.

Jerome County Commissioner Roy Prescott said some of SIRCOMM's problems stem from a tight budget.

Emergency departments around the region were promised radio upgrades to ensure clear communication with the new system, he said. But much of the money earmarked for radios was spent on SIRCOMM's new antenna for Twin Falls, which ended up costing thousands more than anticipated.

There should eventually be

repeat it, and then go write it down in a diary," she said. Once interviews are complete, the client reports to the group what he has learned.

Even a juvenile resistant to authority will follow such a program, if the youth counselor has built a relationship.

"Kids learn that if you can't out-power them, then they're going to out-power you," Wright said. "A lot of times by the time they're sentenced to 180 days, they're so angry, their anger will carry them through it."

Hiring youth workers is something of a hunch work, Wright said. They need to be able to build relationships, have a mixture of tolerance and patience, set boundaries and, most importantly, be consistent, she said.

"They have to have to be comfortable with angry kids, because angry kids aren't pleasant to be around. You have to be able to be kicked at, sworn at, swung at and have your parentage discussed, and not let it bother you," Wright said.

Making changes in juveniles' lives takes time, Frick said. "Kids didn't get the behaviors they have over two or three months, they get them over a lifetime," Frick said. "... if you think you're going to do something to them for 30 to 60 days, I think you're going to fail."

enough money in the SIRCOMM budget for the equipment. Meanwhile, the county has earmarked \$2,800 for new sheriff's radios, Prescott said.

Some of the system's problems are enough to make Prescott worry about people's safety, but he doesn't blame the staff.

"I think that everything that can be done is being done to minimize the problems and fix the system," he said.

Silver also said he still has hope.

"With the amount of money and the caliber of people they have working there, they should be able to correct it," he said.

Workshop teaches farmers new chemical requirements

By Jennifer Bunch
Times-News writer

BURLEY - Farmers can learn about new state requirements for maintaining their chemical certification licenses at a University of Idaho extension workshop this week.

As of July 1, growers must have their chemical application licenses updated every two years, or they will be required to take a closed-book exam to renew licenses, said Ivan Hopkins, extension educator in Minidoka County. The State Department of Agriculture no longer will notify farmers when it's time to recertify, Hopkins said, so farmers are on their own to keep track of things.

Licensing changes are meant to simplify the process, but Hopkins said he expects a lot of confusion at first.

Thursday's courses also will fulfill "chemigation" certification requirements for growers who apply chemicals through their irrigation systems, Hopkins said. However, a chemigation course will be offered during the first week of January as well, he said.

Growers who let their licenses expire will not be able to buy chemical products for their farms that require certification, he said. Extension educators have offered the courses once a year to farmers, he said.

"To me it's very, very important, but we have a lot of folks who show up just to meet the requirement of law," Hopkins said.

Topics discussed Thursday will

Workshop Information

A recertification workshop for agricultural chemical licenses in the Malheur-Cass area will be held Thursday at the Best Western Burley Inn Convention Center. Registration begins at 8:30 a.m., and classes run from 9 a.m. to 4 p.m. The fee is \$5. Lunch is not provided. Growers can earn two recertification credits if they take both morning and afternoon classes. The workshop is sponsored by University of Idaho Cooperative Extension Educators Ivan Hopkins, Bob Vodraska and David Bartus.

include diseases on cereals and beans, chemical damage to crops; an update on rodent control; aphid identification and control; cereal leaf beetles; and potato necrosis, or leaf roll, that leaves brown lines and spots on spuds.

Bob Vodraska, an extension educator in Twin Falls County, said the classes teach farmers how to recognize when it's necessary to use chemicals. Sometimes farmers use them to feel safe when they aren't actually needed, Vodraska said.

Another new state rule requires farmers to record what chemicals they use on their farms, Vodraska said. Information about the new worker's compensation law also will be reviewed, he said.

Understanding the new requirements may "prevent a problem or a wreck down the line," Vodraska said. It's important to get the information out to growers, he said.

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MORNING LINE

SPORTSQUOTE

66
If we're going to lose, let's lose on the field. Let's not lose by being idiots.

99
—San Francisco tight end Brent Jones, after the 49ers were penalized a season high 14 times in Sunday's loss to Carolina

TODAY'S SCHEDULE

Girls' high school basketball
Hagerman at Murtagh, 6 p.m.
ISDJ at Shoshone, 6 p.m.

Boys' high school basketball
Hansen at TFCA, 7:30 p.m.

SCOREBOARD

Pro football

Atlanta 31	New Orleans 15
Cincinnati 21	Baltimore 14
Green Bay 41	Denver 6
Jacksonville 23	Houston 17
New York Giants 17	Miami 7
Chicago 35	St. Louis 9
Pittsburgh 16	San Diego 3
Tampa Bay 24	Washington 10
New England 34	New York Jets 10
Seattle 26	Buffalo 18
Carolina 30	San Francisco 24
Dallas 10	Arizona 6
Minnesota 24	Detroit 22

Pro basketball

Cleveland 90	L.A. Clippers 69
Milwaukee 100	Boston 87
Golden State 114	San Antonio 88
Toronto 97	Chicago 89
Phoenix 106	Indiana 93
Sacramento 91	Orlando 84
L.A. Lakers 110	Minnesota 86

Men's college basketball

Idaho 95	Simon Fraser 50
No. 7 Michigan 62	No. 10 Duke 61

Women's college basketball

No. 1 Stanford 61	San Francisco 46
No. 5 Georgia 94	No. 4 Tenn. 93 (OT)
No. 6 Old Dominion 70	No. 13 Vanderbilt 59
Nebraska 73	No. 9 Iowa 67
No. 15 Duke 89	Richmond 40
No. 17 Colorado 62	Alcorn State 45
No. 18 Kansas 76	Washington 61
No. 21 Arkansas 93	Pacific 59

IN BRIEF

Weber State dumps Broncos in overtime

OGDEN, Utah — Ryan Cuff scored a career-high 31 points, nine of them in overtime, to lead Weber State to an 84-80 victory over Boise State Saturday night. With seven seconds left in regulation, BSU's Steve Shephard had hit an 18-footer from the top of the key to tie the game at 70-70, forcing the extra period. Then Cuff caught fire, hitting a 3-pointer early and then going 6-for-6 at the foul line as Weber (3-1) pulled away. The Wildcats led throughout the extra period against BSU (1-3), a former member of Weber's Big Sky Conference now playing in the Big West.

Jackman paces Vandals past Simon Fraser at home

MOSCOW — Senior forward Jason Jackman scored 27 points to lead Idaho past Simon Fraser, 85-50, before 1,268 Kibbie Dome fans Sunday in an exhibition game. The Vandals forced 27 Simon Fraser turnovers, leading to 39 points.

Compiled from wire reports

SPORTS LINE
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The Times-News

Eagles appear to have right stuff

By Brad Boslin
Times-News writer

TWIN FALLS — The fans are starting to believe. Ten games — and 10 victories — into the season, the College of Southern Idaho men's basketball team is still proving itself to many wary fans, but coach Jim Thrash's defensive message is getting out to the masses.

On Saturday night, when the Golden Eagles beat the nation's 19th-ranked team by 17 points, the biggest ovation came not from a dunk or a 3-pointer or the guy who scored the 100th point, but for a defensive play.

In the first half, Eagle guard Jonathan Packer fired a pass, then put his body on the line diving out of bounds to save the ball to a teammate.

In the second half, the chant of "De-Fense, De-Fense" brought a smile to Thrash's face.

"I thought the fans were great, espe-

CSI facts

All-Tournament Team
The all-tournament selections from the Arctic Circle Invitational men's basketball tournament, which ended Saturday night at the College of Southern Idaho gym.

- Tournament MVP: Trason Broadway, CSI (53 points, 18 reb., 7 assists, 5 steals in three games).
- James Mullahan, CSI (38 points, 10 reb.).
- Ty Sims, North Dakota State College of Science.
- Jimmy Lize, Baltimore City Community College.
- Alfred Garner, Baltimore City Community College.
- Alex Zardis, Edmonds Community College.

Saturday box score
N.D. State Coll. of Science (47)
Troupe 49 34 0 14, Reiland 0 1 0 0, Jacobson 8 14 4 7 1 21, Volk 0 2 0 0 0, Foster 0 5 0 0 2 0, Fothern 0 0 0 1 0, Collins 2 5 6 5 9, Sims 0 5 1 2 1 1, Schultz 1 3 0 2 0, Armstrong 0 1 0 0 2 0, Totals 15-45 13-21 16 47, 3-point goals 6-10; Troupe 3, Jacobson.

CSI (64)
King 0 0 0 1 0, Mullahan 5 16 0 0 2 14, Broadway 6 9 2 3 1 14, Packer 1 2 0 0 2, Watkins 1 4 2 2 4, Jurg 5 9 1 1 2 11, Brown 0 2 0 0, Harmon 3 5 2 3 3 0, Farrow 1 3 0 2 0, Nelson 0 1 0 0 0, McCarty 3 4 0 1 6, Totals 25-55 8-12 19 64, 3-point goals 6-10; Mullahan 4, Harmon 2.



cially in the second half," the first-year head man said. "The more they cheer for defense, the happier I am."

And they should cheer. CSI held a good team to just 18 points in the first half, just five baskets on 23 shots. The

Eagles kept North Dakota State College of Science from making a shot from the field for more than seven minutes.

CSI leads the nation in scoring defense, allowing just 49 points per game.

The fans have taken a while to warm up to this new style of play. Not scoring, 90 points, much less 100, in a game takes some getting used to.

But, if Al Davis' "Just win, baby" slogan can be applied here, the Eagle faithful will continue to come around.

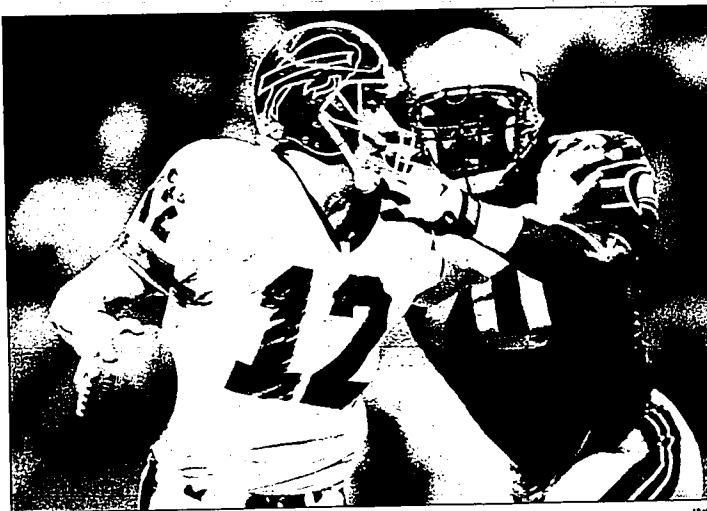
After all, there are plenty of reasons besides defense to think that this team could contend for the Scenic West Athletic Conference title and a trip to the national tournament.

Here are a few:

- Offensive balance. CSI is not an one-dimensional team on the offensive end. The emergence of Francis Junger, Floyd Farrow and Rich Brown as respectable posts gives the Golden Eagles the perfect inside counterpart to the long-range

Please see CSI, Page A8

KELLY CLUTCH



Seattle's Michael Sinclair sacks Buffalo's Jim Kelly in the second quarter Sunday in Seattle. Kelly later left the game with a shoulder injury.

Bills buffaloed in Seattle

Seahawks pounce on Buffalo turnovers for 6th win

The Associated Press

SEATTLE — Just when the Buffalo Bills expected to be playing their best, they're playing their worst.

The Seattle Seahawks turned two Buffalo fumbles into touchdowns — and kicked two field goals following intercepted passes — en route to a 26-18 victory in their final home game on Sunday.

The Bills (9-5) had a season-worst five turnovers and allowed a season-worst

Niners lose — A9

nine sacks in losing their second straight game on the road.

Buffalo dropped into second place in the AFC East behind New England (10-4), which beat the New York Jets on Sunday.

The Bills still can make the playoffs, but they face the tough prospect of

being an AFC wild-card team that must go on the road in the playoffs.

Jim Kelly, Buffalo's 36-year-old quarterback, threw two interceptions, but his biggest turnover was a fumble with 9:38 left to go when he was sacked by Michael Sinclair. Sam Adams recovered, giving the Seahawks the ball on the Buffalo 13.

Lamar Smith scored on a 12-yard touchdown run with 8:41 left to give

Please see SEATTLE, Page A8

Packers run over Elway-less Broncos

The Associated Press

GREEN BAY, Wis. — Brett Favre was glad one of his favorite players was sidelined, and thrilled two others were on the field Sunday.

Favre shook hands with John Elway before the game, then passed the Green Bay Packers to the AFC Central title, often using Antonio Freeman and Mark Chmura, both back from injuries, in a 41-6 victory.

Three of Favre's four touchdown passes were to Freeman, who had a career-best 175 yards on nine receptions. Freeman returned last week from a broken right forearm and had 10 catches for 150 yards while wearing a cast.

"I look at breaking my arm as a blessing in disguise," the second-year receiver said after Green Bay won consecutive division crowns for the first time in 29 years. "I gave me a chance to sit back and criticize myself a little without having to worry about my confidence falling."

With six-year veteran Bill Musgrave making his first NFL start in place of Elway, the Broncos stagnated and saw their nine-game winning streak end. Still, at 12-2 they already have home-field advantage throughout the AFC playoffs, which is why Elway sat it out. He couldn't have liked what he saw



Green Bay's Dorsey Levens gains a few yards against the Broncos Sunday in Green Bay.

as Denver slipped to 2-8 when he's missed games.

The Broncos had five successive three-and-out series, although one resulted in Jason Elam's 39-yard field goal following Tyrone Braxton's interception early down in the third quarter, and Terrell Davis, the league's leading rusher, was held to 54 yards.

The Packers (11-3) had their share of sloppiness, with penalties, poor passes, turnovers and drops. But they also had their quarterback, and he has an emerging star at receiver in Freeman.

"I think we all can see that it's definitely enhanced our offense again having him back," Favre said. "Even with a bum arm, with a cast, he's done a great job."

Dorsey Levens added a career-best 86 yards rushing as the Packers won their 15th straight home game. No wonder they want to be here in January.

Green Bay capitalized on two huge breaks to open the scoring. Aaron Craver's fumble, forced and recovered by Sean Jones, set up the Packers at the Denver 41. Then Steve Amerson's interception in the plays later was negated by a holding call against Atwater. Chris Jackson kicked a 33-yard field goal.

Favre, who was 20-for-38 for 280 yards, has 35 TD passes as he zeroes in on last season's team-record 39.

Sweet deal: Florida vs. Florida St.

The Associated Press

NEW YORK — The rematch nobody expects Florida wanted is official: Top-ranked Florida State will have to beat the Gators again, this time in the Sugar Bowl on Jan. 2, to win the national championship.

Florida State (11-0) beat Florida 24-21 in Tallahassee on Nov. 30, and Seminole coach Bobby Bowden winced at the thought of playing coach Steve Spurrier's Fun 'N Gun offense a second time.

"You would think that if you beat No. 1 during the regular season, you wouldn't have to beat them twice," Bowden said. "But we will go into the Sugar Bowl more concerned with winning the national championship than with anything other than who we are playing."

On bowl bid Sunday, the rest of the postseason picture came into focus.

The biggest bowl loser was No. 5 Brigham Young, which saw an \$8.5 million payday disappear when it was excluded from an alliance game.

- **ALABAMA** (Dec. 25): California (6-5) vs. Navy (8-3)
- **LIBERTY** (Dec. 27): Houston (7-4) vs. Syracuse (8-3)
- **COPPER** (Dec. 27): Utah (8-3) vs. Wisconsin (7-5)
- **SARASOTA** (Dec. 27): Miami (8-3) vs. Virginia (7-4)
- **PEACH** (Dec. 28): LSU (9-2) vs. Tennessee (7-4)
- **ALABAMA** (Dec. 29): Iowa (8-3) vs. Texas Tech (7-4)
- **HOLIDAY** (Dec. 30): Colorado (9-2) vs. Washington (9-2)
- **INDEPENDENCE** (Dec. 31): Auburn (7-4) vs. Army (10-3)
- **SUNBELT** (Dec. 31): Stanford (6-5) vs. Michigan State (5-9)
- **ORANGE** (Dec. 31): Nebraska (10-2) vs. Virginia Tech (10-1)
- **COTTON** (Jan. 1): Brigham Young (13-1) vs. Kansas State (9-2)
- **GATOR** (Jan. 1): West Virginia (8-3) vs. North Carolina (9-2)
- **OUTBACK** (Jan. 1): Alabama (9-3) vs. Michigan (8-3)
- **CRUISE** (Jan. 1): Tennessee (9-2) vs. Northwestern (9-2)
- **ROSE** (Jan. 1): Ohio State (10-4) vs. Michigan State (11-0)
- **FRIST** (Jan. 1): Penn State (10-2) vs. Texas (8-4)
- **SUGAR** (Jan. 2): Florida State (11-0) vs. Florida (11-1)

BYU will play No. 14 Kansas State (9-2) in the Cotton Bowl, which pays each team \$2 million.

Roy Kramer, chairman of the alliance and SEC commissioner, said the alliance basically puts together the two highest-ranked teams available "and the other bowls are free to select the at-large spots as they see fit."

After the Fiesta played Penn State with the Orange went for Nebraska with the fourth pick.

Keith Tribble, executive director of the Orange Bowl, explained his choice: "We tried to make a decision that, one, was going to get the highest ranked team that we possibly can that was good for our community, the way was good to put on a competitive game," he said.

SPORTS

Saberhagen, Bosox ink pact

NEW YORK (AP) — Bret Saberhagen, the top free-agent Cy Young winner who missed the entire 1996 season for Colorado based on shoulder trouble, has reached agreement with the Boston Red Sox on a one-year contract, his agent said Sunday night.

based on the number of starts he makes, agent Jeff Borris said. Saberhagen, 32, will get \$500,000 signing bonus and another \$600,000 if he makes the active roster.

Jordan eyes Rodman's dedication

CHICAGO (AP) — Michael Jordan's worsted that Dennis Rodman is more interested in becoming a multimedia star than in helping the Chicago Bulls win another NBA title.

been playing solid defense. The last couple of guys he's faced have played well, and he has not met the challenge. Maybe he's lost motivation. Let's hope it's only one week.

Jordan said Rodman — whose ATL film debuted Sunday night and who has movie and book deals for 1997 — was outplayed by Vin Baker, Lou Vaughn and P.J. Brown the past three games.

As is usually the case after home games, Rodman wasn't available for comment. The Bulls played at Toronto on Sunday night.

Brown belted the Miami Heat upset the Bulls 83-80 Saturday. Cleveland's first home loss and second overall defeat this season.

Early in the season, Rodman talked about how bored he was. And after he was badly outplayed by Karl Malone as Utah ended Chicago's season-opening 12-game winning streak two weeks ago, Rodman said he simply was not interested.

"Dennis has had a tough week, really hasn't been in a good rhythm," Jordan said. "He hasn't

Middleton handles Buhl

THE TIMES-NEWS
Buhl — Too many turnovers and too much Middleton height were too much for Buhl Saturday night as the Indics dropped a conference boys' basketball game.

Seattle

Continued from A7
Seattle (6-8) a 25-11 lead. "It's embarrassing to play like that in a big game," Kelly said. "Everyone made mistakes and we paid for it in our backfield. I'm too old to get beat up like that."

halfcourt trap and we simply didn't adjust." Buhl (0-2) also gave up 4-6 (two-6) as player to the Vikings (20-6).

Seattle

Seattle (6-8) a 25-11 lead. "It's embarrassing to play like that in a big game," Kelly said. "Everyone made mistakes and we paid for it in our backfield. I'm too old to get beat up like that."

Chris Warren of the Seahawks had his club-record 24th 100-yard rushing game, finishing for 116 yards on 22 carries.

CSI

Continued from A7
shooting of Toby Harmon and Jarvis Maffabon and the slashing, close-range attack of Travon Broadway.

CSI

CSI even forced Baltimore City to abandon its zone Friday night, so effective were the Eagles in getting the ball to the big men inside.

When it got tough, our kids came through again," Thrash said, recalling a moment in

Saturday's game when North Dakota had clawed to within 45-40.

Parity in the league. Early returns show evidence that, on any given night, just about any team from the West coast can beat any other. That means you'll see maybe even three losses in a game that a team's title hopes.

A favorable schedule. The Eagles play five of their last seven games at home, which could translate into some serious momentum going into the Region 18 tournament. And if the tournament is here —

Thrash said he believes his young team is gaining an affinity for the friendly confines of the Eagle gym.

"They've been here for eight games now," Thrash said. "We know we've got to protect our home court."

That will be the good Friday when College of Eastern Utah rolls into town. Colorado Northwest pays a visit the following day.

Eastern Utah mipped Snow, 72-70, two nights ago, but the visitors won't score six dozen points here.

FOOTBALL

NFL summaries

Table with NFL game results including Pittsburgh at Cleveland, Cincinnati at Baltimore, and Cleveland at Pittsburgh.

NFL STANDINGS

Table showing NFL conference standings for AFC and NFC.

INDIVIDUAL STATISTICS

Table listing individual player statistics for various NFL teams.

NATIONAL FOOTBALL LEAGUE

Table showing national football league statistics and standings.

SCORES AND STATS

Table with basketball scores and statistics for various teams.

BASKETBALL

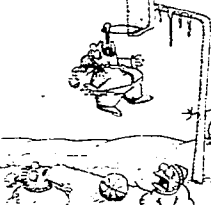
Table with basketball individual statistics for various players.

ON THE AIR

Table listing television broadcasts for NFL, NHL, and college basketball.

IN THE BLEACHERS

By Steve Moore



"Go get help."

I.F. Peewee Classic

Table listing I.F. Peewee Classic scores for various teams.

HOCKEY

NHL Standings

Table showing NHL conference standings.

High school sports

Table listing high school sports scores and results.

TRANSACTIONS

Baseball transactions including player movements and trades.

GOLF

Golf news including PGA Tour qualifying scores and tournament results.

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Carolina jumps over 49ers; Cowboys back on top

The Associated Press

The old order is back in the NFC East. A new order has taken over the NFC West.

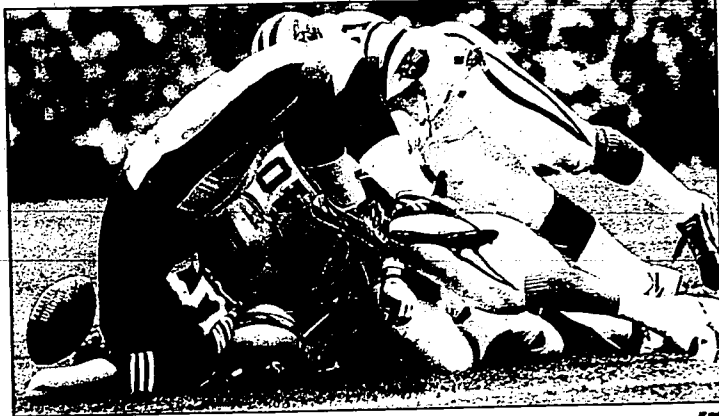
The Dallas Cowboys returned to their accustomed spot atop the East with a 19-6 win in Arizona. Michael Irvin caught a 37-yard pass from Troy Aikman for the game's only touchdown, and the defense forced four turnovers.

But upstart Carolina beat San Francisco 30-24 as Kerry Collins threw for 327 yards and former Pro football interception. San Francisco had 15 penalties for 121 yards.

Carolina's win made it the first second-year expansion team ever to make the NFL playoffs. The Panthers (10-4) have clinched a wild-card spot and can clinch the division by winning their final two games at home against Baltimore and Philadelphia.

Collins shredded San Francisco's secondary and threw three TD passes, two to another ex-49er, Wesley Walls. John Kasay had three field goals as San Francisco allowed a season high in points.

Pro football



Dallas territory. Sanders, who had just entered the game, recovered at the 32, and three plays later, Aikman and Irvin combined for the touchdown, Irvin breaking away from two tacklers to run the final 40 yards.

Safety Darren Woodson got the second Dallas interception of Boomer Esiason with 10:31 left in the game, putting the ball at the Arizona 23. Three plays later, Chris Boniol's 31-yard field goal made it 10-6.

Steelers 16, Chargers 3

PITTSBURGH — The Pittsburgh

Steelers looked ready to be beaten. The San Diego Chargers certainly weren't the team to do it.

The Chargers didn't have their quarterback, much offense and, now, almost no chance to make the playoffs.

The Steelers weren't very good, but they were good enough to beat winless San Diego 16-3 Sunday behind a defense that registered five sacks and held the Chargers to three points on four drives into their territory in the final 49 minutes.

Jerome Bettis didn't gain his customary 100 yards and Mike Tomczak spent most of a snow-blown afternoon throwing every-

where but to his receivers, but the Steelers (10-4) still wrapped up a fourth AFC West title in five years.

It wasn't much to watch, not with the Chargers (7-7) and Steelers performing a 60-minute version of football follies.

They combined for eight turnovers and Tomczak (15-of-31, 153 yards, three interceptions) and Sean Salisbury (10-of-25, 125, one interception) managed only 278 passing yards.

Salisbury, replacing the injured Stan Humphries, lost a fumble and was sacked five times, twice on successive drives inside the Steelers' 15 to stop San Diego's final drive of the game.

The Steelers didn't play much better than they did in losing to Baltimore 31-17 last week, committing four turnovers and scoring only three points in the second half.

Buccaneers 24, Redskins 10

TAMPA, Fla. — The Buccaneers rushed for a season-high 209 yards — 117 above their average — to hand Washington (8-6) its fifth loss in six games since starting 7-1.

Trent Dilfer threw a 22-yard touchdown pass to Jackie Harris, Mike Alston scored on a 13-yard run and Michael Husted kicked three field goals for Tampa Bay (5-9), which has won five of nine after starting 0-5 under first-year coach Tony Danza.

Jaguars 23, Oilers 17

HOUSTON — Narrow means ran for two touchdowns, and the Jaguars' defense stuffed a fourth-quarter rally, as Jacksonville remained in the playoff picture in its second year of existence.

The Jaguars (7-7) won for the third straight game. The Tennessee-based Oilers (7-7) lost for the fifth time in seven games.

Patriots 34, Jets 10

FOXBORO, Mass. — New England posted its third dominating victory in a row and set itself up for a playoff bye with its win over the Jets (1-13). The Patriots clinched a playoff spot and lead Buffalo by a game in the AFC East.

The Patriots (10-4) scored on four of five first-half possessions to take a 20-3 lead at intermission. The Jets' only touchdown came on the first series of the second half, when Glenn Foley hit Keyshawn Johnson with a 4-yard scoring pass.

Giants 17, Dolphins 7

MIAMI — Rodney Hampton ran 4 yards for a score and Howard Cross caught a 1-yard TD pass from Dave Brown to help New York (6-8) reduce Miami's already slim playoff chances. The Dolphins (6-8) have lost three in a row and are in danger of posting their first losing season since 1988.

New York rushed for 131 yards, including 60 by Hampton and 59 by Tyrone Wheatley. Brown completed 21 of 28 passes for 169 yards.

Bears 35, Rams 9

CHICAGO — Rashawn Salaam, who has stumbled through his sophomore season after rushing for 1,074 yards in 1995, ran for 115 yards on 19 carries and scored twice for the Bears (6-8).

Michael Simpson caught six passes for 111 yards for Chicago. Dave Krieg added a 27-yard touchdown pass to Curtis Conway and a 1-yard touchdown run as the Rams (4-10) were held to less than 13 points for the eighth time this year.

Bengals 21, Ravens 14

CINCINNATI — Jeff Blake threw a 1-yard touchdown pass to Tony McGee with 3:14 left, then the Bengals stopped the Ravens at the 1-yard line with 23 seconds remaining to seal the win.

Cincinnati (6-8) improved to 5-2 under coach Bruce Coslet, who has turned the team around but failed to fill seats. Only 43,022 fans showed up on a snowy afternoon, the smallest crowd of the season.

Falcons 31, Saints 15

NEW ORLEANS — Bobby Hebert came back to New Orleans and overcame two interceptions and a fumble with a 24-yard touchdown pass for Atlanta in a battle between two of the NFL's worst teams.

But it wasn't all good for the Falcons — the victory moved Atlanta (3-11) ahead of the Saints (2-12) and the Jets, and dropped them third in the draft order.

Vikings 24, Lions 22

PONTIAC, Mich. — Brad Johnson's three touchdown passes kept him off the beaten path in the race for the last two NFC wild-card spots, and the Vikings held on for a 24-22 victory over the Detroit Lions on Sunday night.

The Vikings (8-6), completing a sweep of the season's first Detroit, took a 24-16 lead on Johnson's 30-yard touchdown pass to Cris Carter with 4:56 remaining.

Cowboys 10, Cardinals 6

TEMPE, Ariz. — The Dallas Cowboys are back in first place, but there is a punch-word defense crippled by suspension and injuries.

Aikman and Irvin combined on a 59-yard pass for the game's only touchdown Sunday as the Dallas beat Arizona 10-6 to vault over Washington and Philadelphia in the NFC East.

It was the defense, without the suspension of Len Lett and missing Derion Sanders for more than a half because of back spasms, that kept the Cardinals out of the end zone by forcing four turnovers.

"The defense earned this ballgame," Irvin said. "We've got to do something about that and help this team win football games."

Irvin had eight receptions for 198 yards and the second-highest yardage of his career — and Aikman was 15-of-24 for 255 for Dallas (9-5).

Emmit Smith, the third member of the Dallas' Big Three, gained 70 yards and made five touchdowns as the Cowboys ran out the clock.

"We won today in adverse conditions and on the road when other people were unable to," coach Barry Switzer said after the Cowboys' second straight win following an upset by the New York Giants. "Just getting out of here up 7-6 was all we were after."

The Cardinals led 6-0 at halftime on 33- and 28-yard field goals by Kevin Butler. But the Cowboys' defense rose up in the second half.

Rookie Randall Goffrey made a game-changing play with 7:27 left in the third quarter when he forced Leeland McElroy to fumble at the end of a 32-yard run into

Allen, Davis still feuding as old rivals clash

OAKLAND, Calif. (AP) — The Chiefs-Raiders rivalry is based on decades of helming-racing hits and lingering hatreds. Chiefs coaches Art Shell and Gunther Cunningham remain bitter about being dumped by the Raiders. Oakland running back Harvey Williams feels he was overlooked during three unhappy seasons in Kansas City.

Because of those animosities is nearly as intense as the feud between Raiders owner Al Davis and Chiefs running back Marcus Allen.

When the AFC West teams meet Monday night, Davis will be glowing from his box as Allen once again seeks vengeance against his former foe.

It has been nearly four years since Allen, who holds the Raiders' career and season rushing records, accused Davis of a personal vendetta at halftime of a Monday Night Football game.



"He told me he was going to get me," Allen said on national TV during a Raiders-Dolphins game in Miami. "I think he's tried to ruin the latter part of my career, tried to devalue me. I think he's trying to stop me from going to the Hall of Fame."

Allen, who had just one carry on that Monday night, played two more games for the Raiders and then moved to Kansas City as a free agent after the 1992 season. He now says he'll go into the Hall of Fame as a Chief.

Davis has not forgotten that verbal assault. "Somebody the trash that emanates from Marcus has to be answered," Davis said two weeks ago. "It was a sneak attack on a

Monday night. We have to answer it at some time."

There have been many theories about the origin of the animosity between Allen, for 11 years the best and most popular player on the Raiders, and a man who once referred to his star tailback as "cancer on the team."

Davis was in the process of moving the Raiders from Oakland to Los Angeles when his former foe Allen with the 10th overall pick in the 1982 NFL draft. Allen, a Heisman Trophy winner at Southern California, became an instant fan favorite.

Allen has theorized that Davis wanted to draft someone else, and was coerced by team officials into choosing him. Former Raiders players have suggested Davis was jealous of Allen's popularity. Former Raider cornerback Lester Hayes said he believed it started during the 1987 players' strike, when Allen refused to cross the picket line.

Rozelle remembered during games

The Associated Press

A moment of silence in memory of Pete Rozelle was observed at all 14 NFL games on Sunday. Rozelle, who died Friday at 70, was commissioner from 1960-89, creating the Super Bowl and leading it to a position of preeminence in professional sports.

"All of us will long remember Rozelle for his leadership of the league, and his interest in and service to NFL fans," said Rabbi Raphael Tenenbaum, who briefly counseled Rozelle in the invocation prior to the Giants-Dolphins game at Pro Player Stadium in Miami.

Fox Television began its games with a short tribute to Rozelle, using a montage of photographs

beginning from the time he was elected commissioner at age 33 to his teary retirement.

ESPN signed off the NFL highlights show with a tribute to Rozelle.

And the network's Joe Theismann said during the Sunday night Vikings-Lions game: "We probably wouldn't be sitting here today were it not for Pete Rozelle and his vision."

Michigan tallies rare win at Duke; Nebraska upsets Iowa

DURHAM, N.C. (AP) —

Michigan pulled off one of the rarest feats in college basketball Sunday — winning a non-conference game at Duke.

Robert Traylor dunk with 6.2 seconds left capped a closing 15-3 run that gave the No. 7 Wolverines a 62-61 victory over the No. 10 Blue Devils.

It was only Duke's second non-conference loss at Cameron Indoor Stadium in 115 games dating to 1983.

Another Big Ten team, Illinois, got the other victory last December.

Michigan (5-0) trailed 53-46 with 10:27 left, but Duke (5-2) turned the ball over eight times down the stretch and managed only three free throws the rest of the way.

Women's college basketball

No. 1 Stanford 61, San Francisco 46

SAN FRANCISCO — Stanford (8-0) couldn't get it together against the Lady Dees until the second half way through the second half way through a 39-38 deficit into a 61-46 victory.

Olympia Scott, who led the

College basketball

Cardinal with 18 points and six rebounds, including Stanford's poor early shooting for the struggle. Traylor capped a closing 15-3 run that gave the No. 7 Wolverines a 62-61 victory over the No. 10 Blue Devils.

No. 5 Georgia 94, No. 4 Tennessee 93, OT

KNOXVILLE, Tenn. — The last time Georgia and Tennessee met, it was for the national title. That was a bigger game, but Sunday's was better.

Kendra Holland-Corn scored 30 points, including a 3-pointer with 12 seconds left in overtime that lifted the No. 5 Lady Bulldogs to a 94-93 victory over the No. 4 Lady Volunteers.

No. 6 Old Dominion 70, No. 13 Vanderbilt 59

RICHMOND, Va. — Vanderbilt top scorer Lisa Ostrum was limited to four points in the sixth-ranked Lady Monarchs' 70-59 victory Sunday over No. 13 Vanderbilt in the championship of the Central Fidelity Invitational.

SPECIAL ALLOTMENT FROM LINCOLN-MERCURY

1997 TRACERS

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Nebraska 73, No. 9 Iowa 67

KAILUA-KONA, Hawaii — Unranked Nebraska earned some respect when it upset No. 9 Iowa 73-67 Sunday in the Kona Women's Basketball Classic.

Anna DeForge scored 16 points, including the basket that put Nebraska ahead for good. Her 3-pointer with 5:52 left during a 12-0 run gave the Huskers (7-0) a 63-57 lead.

No. 15 Duke 89, Richmond 60

RICHMOND, Va. — Payton Black scored a career-high 31 points and grabbed 10 rebounds, and Kim Orr added 21 points Sunday as No. 15 Duke beat Richmond 89-60 in the consolation game of the Central Fidelity Invitational.

No. 17 Colorado 62, Alcorn St. 45

HOUSTON — Erin Scholz scored a career-high 28 points and grabbed 11 rebounds Sunday, leading No. 17 Colorado to a 62-45 victory over Alcorn State in the consolation game of the Rice Classic.

No. 18 Kansas 76, Washington 61

LAWRENCE, Kan. — Tamecka

No. 17 Colorado 62, Alcorn St. 45

HOUSTON — Erin Scholz scored a career-high 28 points and grabbed 11 rebounds Sunday, leading No. 17 Colorado to a 62-45 victory over Alcorn State in the consolation game of the Rice Classic.

No. 18 Kansas 76, Washington 61

LAWRENCE, Kan. — Tamecka

Dixon and Sorie Raymont each scored 19 points as No. 18 Kansas beat Washington 76-61 Sunday for the championship at the Dial Soap Classic.

HOUSTON — Erin Scholz scored a career-high 28 points and grabbed 11 rebounds Sunday, leading No. 17 Colorado to a 62-45 victory over Alcorn State in the consolation game of the Rice Classic.

No. 21 Arkansas 93, Pacific 59

KAILUA-KONA, Hawaii — Kimberly Wilson had 21 points and 11 assists as No. 21 Arkansas beat wireless Pacific 93-59 Sunday at the round-robin Kona Women's Basketball Classic.

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OTHER VIEWS

A host of key issues will challenge state lawmakers

From The Post Register, Idaho Falls
Idaho's legislative agenda next January involves difficult choices. Though the business of state government may seem mundane at times, the effects touch everyone from school children to taxpayers to Medicaid recipients.

Here are some obvious needs: Topping the list is finding a way to reconcile Idaho's slowed economy to its state spending appetites. For the second consecutive year, Idaho Gov. Phil Batt has been forced to trim his budget to deal with declining revenues.

Half of that cut, about \$17 million, will come out of school budgets unless lawmakers can find a way to restore it. If they don't, an emergency property tax increase will be triggered to make up the difference.

Key to finding more money for public schools, colleges and universities is contending with the intractable growth in state prisons as well as increases in juvenile corrections. Population increases will lead to additional construction and staffing costs.

Voters rejected the One Percent Initiative, a measure that would have cut property taxes but also undermine the financial stability of state and local government. Lawmakers will be searching for ways to hold the line on property tax increases, particularly those stimulated by rising home values, as a response to the property tax protest.

Batt's Medicaid reform task force is about to issue its final report. The governor will ask lawmakers to take on this issue, which will make the welfare reform package of 1996

seem comparatively simple. The challenge will be to make the Medicaid system more efficient without succumbing to the temptation to cut costs by denying health care access to some groups, such as legal immigrants.

Lawmakers will continue to face pressure to address a series of environmental issues involving endangered species, use of natural resources and whether the state should play a larger role in managing public lands.

The state Fish and Game Department is at a crossroads. It will be headed by a new director for the first time in nearly a generation. Its finances are shaky. And the agency has just emerged from a vigorous public debate about who should manage bear hunting practices.

Idahoans north and south of the Salmon River once again realized how tenuous the link is between them. A landslide closed the state's sole north-south highway this week. Lawmakers need to take a hard look at whether U.S. 95 serves the state's long-term needs.

And we suspect lawmakers may want some explanations about administrative decisions at the state Liquor Dispensary and the Department of Health and Welfare. The Liquor Dispensary continues to be plagued by management problems. And at Health and Welfare, the spouse of Director Linda Caballero received a \$12,000 promotion within the Welfare Division.

This is the business of a people who have consistently said they want limited government and reiterated that message at the ballot booth.

Fee hikes will help national parks

From The Salt Lake Tribune

American consumers were offered that rest of bargains, a price increase that they can actually feel good about, when Interior Secretary Bruce Babbitt announced fee increases at 106 public-land sites under his department's jurisdiction.

The fee increases, which will affect some of the highest-profile national parks, ... are the centerpiece of a three-year pilot project that Congress, in the Interior appropriations bill, empowered Babbitt to implement. Now that he has done so, some of the country's beleaguered national parks can expect a needed revenue infusion.

The most laudable aspect of the pilot project is that most of the revenue derived from the fee increases can stay at the site where it is collected. This is in stark contrast to the non-sensical format that currently exists, by which park fees go straight into the federal treasury.

Until now, the Park Service has had to rely on its Interior appropriations, which, it claims, have not kept up with inflation over the past dozen years. The consequences have been easy for park visitors to see: NPS sites that are ill-equipped to deal with ever larger hordes of visitors and that have a backlog of needed projects to complete.

With this demonstration project, which could raise \$30 million to \$50 million over the next three years for sites managed by the NPS, the Fish and Wildlife Service and the Bureau of Land Management, individual parks will be able to address their pressing needs and thus enrich the visitor experience, making the fee increase worthwhile.

Naturally, there has been concern over pricing lower-income Americans out of the national parks, but the fees have been so low for so long that the new increases should not have a prohibitive effect. For instance, it will still cost only \$20 a carload for a seven-day pass to parks like Yellowstone, Yosemite, Grand Canyon and Grand Teton ...

The fee increases announced by Babbitt cover not only national parks but some wildlife refuges and areas managed by the BLM ... In the latter instance, these inaugural fees of \$5 per car and \$10 for camping are justified by the cascade of visitors in this decade.

The well-worn phrase is that America's national parks are being loved to death. Well, park lovers can now help to get these national treasures off the critical list by paying higher fees. It is one price increase that consumers ought to embrace.



Gay 'marriage' and the Hawaii courts

The decision—now put on hold—by one judge in Hawaii that the state may not prohibit same-sex "marriages" goes against the Author of marriage, legal precedent, the will of an estimated 75 percent of Hawaii's citizens and what used to be called common sense.

But there is no victory yet for the gay lobby, as it has claimed. It is what Al Mike Gabbard called "a preliminary decision." The main event is the upcoming 1997 legislative session, where a constitutional amendment defending marriage as the legal union between a man and a woman will be introduced and hopefully passed with the required two-thirds majority in both the House and Senate.

The reason Hawaii and the rest of the nation are having problems not only with same-sex "marriage" but also a host of other moral issues is that we've forgotten or ignored certain definitions. If gay "marriage" is allowed, there will be no stopping others who wish to strike down what remains of foundational truths once upon a time we have to be rewritten, because it says to marry "is to join as husband and wife according to law or custom." The U.S. Supreme Court has understood this definition to mean that marriage occurs when a man and a woman enter into a legal and spiritual relationship ordained by God.

"For this reason, a man will leave his father and mother, and be united to his



CAL THOMAS

wife, and they will become one flesh." That's from the Old Testament Book of Genesis (chapter 2, verse 24, to be precise), a book that has been receiving some attention on television, in Time magazine and in the bookstores in recent weeks. That notion of male-female marriage is repeated in the New Testament and given a further dimension when St. Paul compares it to the relationship between Christ and His church.

So, God is the Author of marriage, not a university sociologist, or think tank and certainly not the courts. But what happens when a nation (or the courts) forgets God and what He has created for our benefit? All things then become possible, even if gay "marriage" becomes possible, then there is nothing stopping polygamists, or anyone else, seeking redress of unique grievances. Where will the line be drawn, who will draw it and on what standard will it be based?

Besides, homosexuals can and do change. My files bulge with stories of those who once engaged in sex with people of the same gender, but no longer do. They testify to the possibility of change for those who want to. Along with our

own history and the history of nations that tolerated licentiousness, it is the greatest legal argument against granting the right of marriage to same-sex couples. Fortunately, Congress has passed and President Clinton signed the Defense of Marriage Act, allowing states the right not to recognize same-sex marriages. But this will be challenged under the Constitution's "equal protection" clause.

The tyranny of some courts continues. The will of the majority and even precedent can be set aside by the power of a single judge. But the battle isn't over. The gay lobby will continue its attempt to intimidate all who stand in the way (including columnists). Those opposed to gay "marriage" believe they will prevail in the Hawaii legislature with their proposed constitutional amendment.

It will probably be close. While Hawaii has long been on the liberal fringe of many social issues, the struggle to maintain what remains of the social fabric will ultimately determine whether we will continue to follow ancient Rome on the road to destruction, or come to our senses, turn around and re-enter a harbor of safety ordained by God for our own protection.

Turning Benjamin Franklin's categorical statement into a question, the gay "marriage" debate is about whether God any longer governs in the affairs of men—but what happens to us if He doesn't?

Cal Thomas is a Los Angeles Times columnist.

LETTERS

Blame offenders, not programs

While I agree with much of your editorial, "Athletes who break laws don't deserve second chances," I believe that your relentless editorial attacks against the College of Southern Idaho basketball program are unwarranted. There are too many individuals who are successful today because of the opportunities provided by CSI athletic programs. I suggest your research and report on some of these success stories.

Shoplifting or other crimes by CSI student athletes cannot be tolerated. If Tony Heard is found to be guilty, he must pay the penalty imposed by the court. If CSI determines that additional disciplinary action is required, it should be a private matter between the student and the school. I do not know Tony Heard, but I do know both President Meyerhoeffer and Coach Thrush and am confident that any decision they make will be in the best interests of the student, the school and the community.

College administrators are in the best position to determine whether or not a student is entitled to a "second chance." Let's not take this decision-making authority away from them.

WILLIAM G. KOCH
Twin Falls

Teen drivers need to learn caution

I am a person who is employed by the Twin Falls School District. The other day, I was sitting at a school watching other drivers on the road, and I observed a fairly young teenage driver turn a corner and had to swerve very sharp to avoid hitting some young kids that were walking home from school. I believe this near-fatal accident to be a result of inattentive driving and carelessness of teenage drivers as they drive around the schools to pick up their little brothers and sisters.

A couple of days later, I observed a couple of older kids not yet out of grade school running in the street in front of cars, and I heard tires squeal on pavement as one driver had to slam on brakes to avoid hitting the kids and/or another car.

The very next day, I watched in total amazement as a group of kids ran after the back of a bus and tried to open the back door.

I guess my point is to ask all parents of teenage drivers to stress the importance of defensive driving with their kids and discuss the dangers of running out in front of cars (for the millionth time, I might add)

with their younger kids.
ADAM SLACK,
Twin Falls

Reader fed up with the Fed

We must abolish the Federal Reserve System (the Fed) in order to regain economic and political independence. The Fed is an unconstitutional private banking system that creates money out of thin air to finance deficit government spending. We pay billions of dollars in interest to these private bankers who are using our taxes to control the world and suppress freedom. The budget could be balanced immediately with no interest if we returned to constitutional banking and money issuance with no Fed!

The U.S. Constitution grants Congress alone the power to "coin money and regulate the value thereof," and prohibits the states to "coin money or emit bills of credit (paper money)."

Please ask our representative and senators to pass the Monetary Reform Act to abolish the Federal Reserve System! This bill would stop the tremendous power of the Fed to create depressions, inflation and collect billions in interest.

ADRIAN L. ARP
Twin Falls

The Times-News

Stephen Hartgen.....Publisher
Clark Walworth.....Managing editor
Ty Rensdell.....Circulation director
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The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth, Steve Crump and Kevin Miller.

Doonesbury



By Garry Trudeau

Mallard Fillmore



By Bruce Tinsley

Court rulings, arrests push Belgrade

WORLD IN BRIEF

Rebels, army agree to cease-fire

BANGUI, Central African Republic — Mutinous soldiers and government troops promised Sunday to observe a cease-fire after neighboring heads-of-state intervened in their standoff.

Gabonese President Omar Bongo announced the two-week cease-fire on national radio after leading a four-man delegation to try to mediate a settlement. Bongo was joined by the heads of state from Burkina Faso, Mali and Chad in a mission arranged at last week's summit of African leaders in the Burkina capital, Ouagadougou.

Details of their talks in Bangui on Saturday and Sunday were not released, other than Bongo's announcement of the cease-fire. After two weeks, if the truce holds, efforts to negotiate a settlement will resume, Bongo said.

The mutiny — the army's third uprising since April — began Nov. 15 and has been mild compared to the previous two, which led to looting and fierce street clashes and left dozens of people dead.

The United Nations evacuated more than 70 dependents of U.N. employees Friday, and the United States on Saturday urged Americans to leave the country.

The rebel troops are demanding the resignation of President Ange-Felix Patasse, saying he has ignored their needs for higher salaries and undermined the army.

Taliban agrees to release U.N. plane

KABUL, Afghanistan — A U.N. plane forced to land in western Afghanistan flew to Pakistan on Sunday without its seven passengers. The plane, which the United Nations chartered in Iran to carry Tajik rebel leaders to peace talks, was intercepted by Taliban jet fighters on Saturday en route to northern Afghanistan.

The Taliban religious army, which controls roughly two-thirds of Afghanistan, said the aircraft entered Afghan air space without first getting clearance. The plane was forced to land at the Shindand military air base.

The Taliban agreed to release the plane Sunday, but it developed technical problems shortly after takeoff and the pilot sought permission to land in Kandahar, about 240 miles southeast of the air base, the U.N. official said on condition he not be further identified. Later Sunday, the Taliban, whose headquarters is in Kandahar, let the crippled aircraft fly to the Pakistani capital of Islamabad. But the pilots couldn't risk taking the passengers, the official said.

On board was Syed Abdullu Nuri, an opposition leader from Tajikistan who was flying from eastern Iran to meet Tajikistan President Emonnoli Rakhmanov to try to end the civil war in the former Soviet republic.

The U.N. official said the passengers — all Tajiks — will be brought to Islamabad on Monday by another U.N. plane.

Mother Teresa's condition worsens

CALCUTTA, India — Mother Teresa's condition deteriorated slightly Sunday, as her persistent pneumonia failed to respond to treatment.

Mother is still not out of danger and physicians remained concerned, said a medical bulletin at the B.M. Birla Heart Research Center, where the 85-year-old nun was admitted after a mild heart attack on Nov. 22.

Her lung infection was worsening, despite "aggressive respiratory and antibiotic therapy," a hospital bulletin said. Doctors performed an angioplasty on Nov. 29 to remove blockages in two arteries, but her recovery has been hampered by lung and kidney problems linked to the poor functioning of her heart.

Pope urges world to aid Zaire

VATICAN CITY — Distressed by reports from African bishops on the horrors endured by refugees, Pope John Paul II urged the world Sunday to ease suffering in eastern Zaire.

"I ask you again not to forget the drama that is playing out in Africa," the pope said in his weekly appearance to the public in St. Peter's Square.

"Besides the many Rwandan and Burundian refugees scattered so far in the Kivu (region), some news reports speak of the total desolation toward which the population of eastern Zaire is heading," the pope said.

Israelis, Palestinians trade accusations

JERUSALEM — An Israeli official accused Palestinian leader Yasser Arafat on Sunday of making new demands that would set back two months of negotiations over security arrangements in the West Bank town of Hebron.

Arafat's office, however, blamed Israeli Prime Minister Benjamin Netanyahu's government for holding up a Hebron deal by trying to change the Israel-Palestinian agreement signed by the previous Israeli government.

David Bar-Ilan, a Netanyahu aide, said Arafat sent the prime minister a message that "contained many demands, most of which meant the reopening of all the agreements that have been reached by the negotiating teams of both sides." Bar-Ilan would not disclose the specific demands, other than to confirm that one concerned issues not connected with Israel's eight-month overdue troop withdrawal from Hebron. Netanyahu has insisted on improving security arrangements for the 500 Jewish settlers who live amid 150,000 Palestinians in Hebron before going ahead with the withdrawal.

Compiled from wire reports

BELGRADE, Yugoslavia (AP) — The Serbian Supreme Court ruled against opposition parties who say Slobodan Milosevic robbed them of an election victory in Belgrade, a verdict likely to ignite even more determined protests by thousands of demonstrators bent on driving Milosevic from power.

The opposition reported that eight protesters were arrested over the weekend, making 40 in the past week. One of those arrested was badly beaten, opposition officials said.

Even though Serbia's conflict was deepening, it appeared that Milosevic was more likely to be headed for a long struggle of tactics and politics rather than turning police loose on demonstrators.

Radomir Lazarevic, the chief of the Belgrade election commission, told reporters that the Supreme Court had rejected appeals that would have reinstated election victories in Belgrade.

The court did not give reasons for its ruling, Lazarevic said. The Belgrade election commission's appeal dealt only with the capital city, but did not bode well for appeals of nullifica-



Thousands of demonstrators supporting the opposition flash the traditional three-fingered Serbian salute Sunday near Belgrade.

tions of elections in other cities. When the commission appealed on Thursday, the opposition assumed it would give Milosevic an opportunity to defuse the

daily protests that regularly bring 100,000 people onto the streets.

They are the largest and most sustained protests against Milosevic since he came to power in 1987.

On Sunday, 100,000 people were on the streets again. Former French culture minister Jack Lang, a member of the European Parliament, lent them their first significant Western support, declaring that "The Serbs are fighting in the name of all peoples who resist dictatorship."

Lazarevic said the election commission would appeal the Serbian Supreme Court ruling to the federal courts of Yugoslavia, the federation of Serbia and small Montenegro. Milosevic's opponents said the issue was no longer who ran Belgrade, but who ran Serbia.

"What will prevail: The people's determination, or Milosevic's patience?" asked Zoran Djindjic, leader of the opposition Democratic Party.

"This is an uprising to win democracy," he told the crowd. "It's no longer important whether he will revoke the decisions which robbed us of our victory."

Device May Increase Gas Mileage by 22% TEST DATA

BOSTON - National Fuelsaver Corp. of Boston has developed a low cost automotive accessory called the Platinum Gas saver which is guaranteed to increase gas mileage by 22% while meeting all federal and state emission standards.

With a simple connection to a vacuum line, the Gasaver adds microscopic quantities of platinum to the air-fuel mixture entering the engine.

Platinum has the unique ability to make non-burning fuel burn. With platinum in the flame zone, you increase the percentage of fuel burning in the engine from 68% to 90%. Normally that additional

22% of the fuel would only burn when it came in contact with the platinum surfaces of the catalytic converter.

Unfortunately, the converter process takes place outside of the engine, where the energy produced cannot be harnessed to drive the vehicle.

But with platinum in the combustion chambers, 22% more of each gallon burns inside the engine so that 22% fewer gallons are required to drive the same distance.

After studying this process for five years, the government concluded: "Independent testing shows greater fuel savings with the Gasaver than the 22%

claimed by the developer."

In addition to government confirmation of its fuel saving claims, the Gasaver has received patents for raising gasoline octane, and has been approved for reducing emissions to acceptable levels.

Joel Robinson, the developer, commented: "We've already sold over 250,000 Gasavers. To our surprise, as many people buy the Gasaver because it extends engine life by cleaning out the abrasive carbon deposits as buy it to increase gas mileage."

For further information call: 1-800-LESS-GAS 1-800-537-7427.

The government studied test data on vehicles made by several auto makers. Listed below is the data from a fleet of 15 identical 5-liter vehicles.

Vehicle Number	M.P.G. without Gasaver	M.P.G. with Gasaver	% Improvement
59	12.0	17.8	48.3%
63	11.3	16.6	46.9%
53	14.1	20.7	46.8%
51	13.0	18.8	44.6%
56	12.2	17.1	40.2%
64	9.6	13.3	38.5%
60	13.3	17.9	34.6%
55	9.8	13.1	33.7%
68	14.3	18.4	28.7%
50	10.8	13.9	28.7%
62	14.1	17.6	24.8%
66	15.8	17.5	10.8%
57	14.4	15.9	10.4%
54	13.1	14.0	6.9%
65	12.9	11.3	-12.4%
Average	12.7	16.3	28.3%

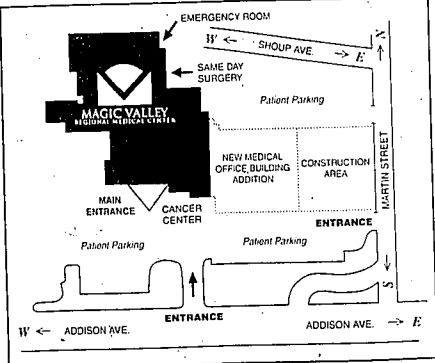
This advertisement appeared originally as editorial material in another newspaper.

We're Breaking Ground on the Future of Health Care in the Magic Valley.

How to get around our new construction...

Magic Valley Regional Medical Center is building a new medical office facility to better serve the health care needs of the Magic Valley.

The 55,000-square-foot Medical Office Building will be directly attached to the east side of Magic Valley Regional Medical Center. When completed, it will house more than 20 doctors' offices, providing convenient inside access from a doctor's office to the hospital for



special services like lab work, diagnostic imaging, surgery, and patient rooms. Patients can visit their doctor, walk a few yards into the medical center, and get the tests they need without ever leaving the building. And doctors will have immediate access to their patients in the hospital, instead of being several blocks away. The Medical Office Building will provide cost-efficient, one-stop medical care to the residents of the Magic Valley.

We'll be under construction for about one year. During that time, entrance to the main hospital building will be through the "old" entrance under the canopy on the south side. Access routes to the hospital's main entrance and emergency room will be clearly marked on Addison Avenue and Martin Street.

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IDAHO

FBI seizes stolen truck parts from auto shop

SANDPOINT (AP) — Stolen auto parts were seized by FBI agents at an auto shop owned by a man accused in a series of Spokane bank robberies and bombings.

The FBI said it found parts of a dismantled 1996 GMC Sierra, a vehicle worth \$29,000, that had been stolen from a Pocatello dealer on Sept. 20.

The auto parts were seized Nov. 25 at Four Most 4X4, a shop owned by Robert S. Berry, 42, one of three Sandpoint men arrested in the bombings and bank robberies, according to documents filed Friday in U.S. District Court in Spokane.

The theft of that vehicle and of another from the same dealer were part of the three defendants' conspiracy to commit domestic terrorism, Justice Department officials allege.

Berry, Verne Jay Merrell, 51, and Charles H. Barbee, 42, were indicted by a federal grand jury last week for the bombings, bank robberies and other crimes.

They will be arraigned Thursday before U.S. Magistrate Judge Cynthia Imbrogno in Spokane. They are being held without bail in the Spokane County Jail.

The three men are self-described members of the Phineas Priesthood, a white separatist sect with Christian Identity beliefs.

Consumers predicted to get more choices

BOISE (AP) — The deregulation of the local telecommunications industry means new choices for consumers, but the structure for the governing of the change away from monopolies is not yet in place.

"The basic problem we're dealing with is trying to manage the transition into a deregulated environment while still protecting the customers in the interim," said Joe Cusack, telecommunications section supervisor for the

Idaho Public Utilities Commission.

Much of the process came into place with the signing of the 1996 Federal Telecommunications Act on Feb. 8.

To make it work though, the state legislature must first adapt Idaho law to come into line with the federal statute.

"What we need is an enabling legislation that allows us to implement the Telecommunication Act," Cusack said.

That means removing current laws establishing monopoly franchises, then creating new rules.

"People are going to decide with their pocketbook, and that's where it should be decided," said Clint Berry, US West spokesman.

"It's not going to be happen overnight."

In progress are the negotiations to determine the rates to link services among the current and new carriers.

The federal act allows for

providers to route traffic through each other's systems by paying a fee for it less than the retail rate charged to customers.

Those fees will be determined through negotiations between each pair of telecommunications companies. Each new service provider wishing to link with US West in Boise must negotiate a rate. And each new provider wishing to link its customers with those of other new providers must also agree on fees.

Locals say bridge route dangerous

BOISE (AP) — The new Idaho 21 bridge over the Boise River is not even open yet, but people who use the highway daily already are concerned about its safety.

They say the intersection where the bridge meets Idaho 21 northeast of Boise has design flaws.

"The curve is too sharp, and it's banked the wrong way," said Judy Brothers, who lives near Robie Creek and commutes to Boise. "Entering onto the highway, you can't see around the curve."

Brothers is concerned because there is only a stop sign and not a traffic light at the intersection.

After more than 20 years since it was proposed, the 1,500-foot-long bridge finally will connect Idaho 21 with a route to the Gowen Road exit of Interstate 84. The new roadway, which officially will be designated Idaho 21, is to be dedicated Dec. 18.

The speed limit on the bridge will be 55 mph. The bridge also has a 2 percent grade. That means it drops 2 feet for every 100 feet. By comparison, the steepest portions of Horseshoe Bend hill have a 7 percent grade.

Officials at the Transportation Department say the intersection is safe.

"If there are concerns, we're prepared to handle them," spokesman Bill Dermody said. The intersection is wired for a stoplight if need warrants it, he said.

Pocatello could cause violation

POCATELLO (AP) — If Pocatello and Chubbuck's weather gets as stagnant this winter as it did in January of 1993, the valley could again violate the federal air pollution law, an official predicts.

"I'd bet that if we have a five-day inversion, with cold temperatures and snow on the ground, that we're going to have another violation," said Audrey Cole, Idaho Division of Environmental Quality Air Quality field supervisor.

"If not, we're going to be close. I hope I'm wrong."

After the valley's last violation, the state and Shoshone-Bannock Tribes placed a barrage of controls on air pollution sources including phosphate plants, road dust and residential wood stoves.

Those controls, aimed at reducing particles of air pollution smaller than 10 microns in diameter, may not have gone far enough.

"Part of the reason is that we haven't seen additional major controls on FMC yet. Until that happens, we're not out of the woods," Cole said, referring to phosphorus producer FMC Corp.

"That sounds like speculation and very subjective," FMC spokesman Mike Smith said.

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Features Editor: Steve Crump — 733-7631, Ext. 223

Monday, December 9, 1996

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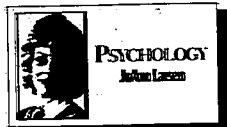
The Times-News

Some 300-year-old wisdom on living and loving

"Use human means as though divine ones did not exist, and use divine means as though there were no human ones."

These profound words, published 300 years ago in a "timeless wisdom book," were drawn from "The Art of Worldly Wisdom: A Pocket Oracle," by Baltasar Gracian, a Jesuit scholar. Until recently, when Gracian's works were translated from Spanish to English by Christopher Mauer, and published by Doubleday, Gracian's astonishing classic has been largely unavailable to modern readers.

Wrote Mauer: "The Oracle" has been spoken in many tongues, but has been heard with admiration and greeted with praise. It was imitated by La Rochefoucauld... valued by writers as diverse as Joseph Addison and Friedrich Nietzsche, and lovingly translated into German by Arthur Schopenhauer, who believed the "Oracle" was "absolutely unique."



Despite Gracian's enduring acclaim, as a moralist, his writings were viewed with animosity by his superiors and he was repeatedly warned not to publish his works without permission. "Not that his writings were regarded as heretical," explains Mauer. "It was somewhat unusual for a Jesuit priest to write so brilliantly on worldly wisdom and on political behavior... What troubled his superiors was his persistent disobedience, and perhaps his ambivalence."

Gracian was ultimately expelled to a convent town, where he lived in a cell. "Were his fellow Jesuits right?" Mauer asks. "Gracian may have shown poor judgment in publishing almost all of his works without authorization. But I have acquired the book, and I am convinced, he was immortally, and no one remembers his offenses."

What follows are a sample of the three hundred maxims in Gracian's "Oracle." Each of these elegantly crafted, and surprisingly modern, maxims offers valuable insight on the art of living and the practice of achieving.

- Know how to wait. It shows a great heart with deep reserves of patience. Never hurry and never give way to your weaker others. Stand still through the open spaces of time to the center of opportunity. Wise hesitation opens success and brings secrets to humanity. The crunch of time can do more than the steady cluck of Heralds.

Time became an ally. There are people with savage tempers who make everything a crime, out of passion but because of their very character. They condemn everyone, some for what they've done, others for what they will do. They consider others so exaggeratedly that they make mistakes into beams in order to poke out eyes... Good-natured people are able to pardon anything. They insist that others had good intentions or went wrong inadvertently.

Don't make much about anything. Some do nothing into account, and others want to account for everything. They are always talking importance, always taking things too seriously, turning them into debate and mystery.

Few businesslike things are important enough to bother with. It is folly to take to heart what you should turn your back on. Many things that were something are nothing if left alone, and others that were nothing turn into much because we pay attention to them from the beginning. It is easy to put an end to problems, but not later. Sometimes the cure causes the disease. Not the least of life's rules is to leave well enough alone.

Be known for your courtesy. It alone can make you worthy of praise. Courtesy is the best part of courtesy, a kind of enchantment, and it wins the goodwill of all, just as rudeness wins only scorn and universal animosity... Follow too much courtesy than you think... Politeness and a sense of humor have this advantage: We know them on others without losing a thing.

Keep changing your style of doing things. Vary your methods. This will confuse people, especially your rivals, and awaken their curiosity and attention. If you always act on your first intention, others will foresee it and thwart it. It is easy to kill the bird that flies in a straight line, but not one that changes its line of flight.

Be known for pleasing others, especially if you govern them. It helps over-rides to win the good graces of all. Ruling others has one advantage: You can do more good than anyone else.

• Know how to say "no." You can't

Please see LARSEN, Page B2

In the zinc

Lozenges may be next big thing in battle against common cold

By Steve Crump
Times-News writer

TWIN FALLS — The aftermath was being called to sucking on nickels.

But to a growing number of stuffy-headed, sore-throated, weary-to-the-bone cold sufferers, zinc lozenges are the biggest godsend since the hot toddy.

"I can't keep them on the shelves," said Mary Ann Rice, who operates the Health Food Place in Twin Falls. "We've had the store for four years and it's always been a popular item, but never like this year."

"We put them out on the shelves as impulse items, and people are snapping them up," said Kurt Hefner, who uses them swear by them.

Zinc — it comes in both powder and lozenges — is a veteran of the health food-store circuit, but unlike most folk remedies there's some scientific evidence that it may make a bad cold better.

According to the Colorado Springs Gazette-Telegraph, researchers at Ohio's Cleveland Clinic found last summer that a brand of zinc lozenges — successfully short-circuited the common cold.

Researchers rounded up 100 volunteers who had just come down with a cold. Half of them were given Cold-Eeze lozenges, while the other half were given placebos.

None of the volunteers knew what they were getting.

The results: Cold symptoms in the Cold-Eeze group disappeared after 4.4 days vs. 7.6 days for the control group.

While some medical doctors won't

be satisfied until these results are replicated on a larger scale, some consider the lozenges a potential breakthrough.

"It's very exciting that we may finally have a therapy," Dr. Steven Mostow, an infectious-disease specialist and chairman of medicine at Denver's Rose Medicine Center, told the Colorado Springs newspaper.

Consumers appear to be excited, too. Across the country, retailers are having trouble keeping Cold-Eeze — which is one of four major brands — in stock. It costs \$5.95 for a package of 18 lozenges.

Other brands are cheaper, averaging about 10 cents per lozenge. They're sold in bottles of up to 144.

The theory is that zinc, which is basic element in nature, binds electrically with cold viruses and prevents them from invading respiratory-tract cells.

Other research shows that zinc can stimulate the immune system.

"I know that some people think that zinc can reduce the duration and severity of a cold if you take it when the symptoms first appear," said Doug Bell, who owns the Medicine Shoppe Pharmacy in Twin Falls and no longer sells zinc lozenges. "But then again, most colds will go away after four to seven days by themselves."

Zinc lozenges are often combined with herbs and with vitamin C supplements.

"My customers tell me it makes a sore throat feel better," Rice said.

But Hefner points out that folk remedies — and at this point, that's still what zinc lozenges are — often have devoted followers.

It's hard to stay ahead of the common cold, doctors say

Colorado Springs Gazette-Telegraph

COLORADO SPRINGS, Colo. — Cold season is here. Workplaces and schools echo with the sounds of sickness.

Every time someone loses an explosive "ah-choo," you jump like an animal hounded by a million snapping cold viruses.

How can you stay a step ahead?

Depends on who you ask.

Medical doctors are pessimists. Beyond inhering good genes, observing elementary personal hygiene and avoiding contact with others, they believe there isn't much you can do to prevent a cold. Or that you'd really want to.

"Build a cabin on top of Pikes Peak and don't let anyone else in," jokes Dr. Steven Mostow, an infectious-disease specialist and chairman of medicine at Denver's Rose Medical Center.

Alternative health practitioners are more optimistic. They say you can prevent a cold if you eat right, exercise regularly, get enough sleep and take herbal and vitamin supplements.

Then there are the folklorists, who

believe you can prevent a cold if you dress warmly, avoid drafts and dry your hair before going outdoors in chilly weather.

Who's right?

Not the folklorists. Despite its incontrovertible evidence that colds are caused by exposure to infected people, studies show that more than 60 percent of Americans still believe colds are caused by exposure to the elements.

"You don't catch a cold if you go out in cold weather," says Mostow, who worked at the Common Cold Research Center in London, England.

During his two years at the center, Mostow exposed two groups of volunteers to cold viruses. One group stayed in a 35-degree room; the other in a warm, comfy room.

"It made no difference as to how many people caught a cold," he says.

While that vindicates those who insist on wearing shorts in sub-freezing temperatures, it doesn't mean every social custom is risk-free.

Take hand-shaking. If there's one thing



"Is it the zinc that's helping people or is it the idea that they're doing something to get better?" he said. "I don't

know, but it's definitely true that if you have a positive attitude about getting better, your chances are better."

LOOKING GOOD Wrap yourself in something festive for holiday parties

Knight-Ridder News Service

It's holiday party time — from black-tie social events and office parties to neighborhood potlucks and open houses. It's a time when we want to look our best, no matter what the occasion.

No single outfit works for everything, of course, but comfort is the key to making whatever you wear work. That doesn't mean T-shirts and sweats; it means choosing clothing that you feel comfortable in, clothing that reflects your personal style and the look you want to give your outfit a second thought once you're dressed for the festivities.

That said, here's some of the key looks and trends for the 1996 holidays:

- If it's black-tie and you want to pull off all the stops, women should go for this season's high-fashion silhouette of a long, lean column gown. Simple and spare are the bywords, and you'll find a variety of fabrics, including velvets and jerseys, as well as variety in necklines, from asymmetrical to urtle necks. Add your own touch with wonderful jewelry, a sparkling hair ornament or glittering accessories like jeweled handbags and shoes.



For tree trimming and other casual gatherings, consider sweaters like this black plus-size embellished tulle and this black tulle/cotton with gold sequin diamond pattern and holiday applique, from Sears.

Men can vary their tuxedo looks by wearing a patterned cummerbund with matching tie, by skipping the tie and wearing a simple pin at the neck in

Please see FESTIVE, Page B2

HEALTH NOTES

Aspirin aids brain

From the journal Science comes a report that aspirin may be able to protect brain cells from exciting themselves to death. This isn't as silly as it sounds: When the brain is injured by inflammation or stroke or other causes, the Washington Post reports, a chemical called glutamate, crucial to exciting activity between brain cells, is released in excessive quantities that can cause cell death.

Bulimia treatment

Here's news for people with eating disorders: Prozac, the world's largest selling antidepressant, has won Food and Drug Administration approval to also treat bulimia. Prozac doesn't help all bulimics. But in clinical trials, women who took 60 milligrams of Prozac a day for eight weeks experienced on average a 67 percent decrease in binge eating and a 56 percent decrease in vomiting episodes, said the drug's manufacturer, Eli Lilly.

Contraceptive quantum

Here's new that won't help you much. Spermicides clearly work better than no contraceptive at all, but there's no way to say how effective they are or whether women should opt for a gel,

foam, suppository or film. A Food and Drug Administration advisory panel concluded. The FDA may see change spermicide labels at least to rank the products as less effective than other contraceptives.

Real super bugs

From the every-time they build a better-mouse-trap they build a better-mouse department: AgriScience and environmental groups say extensive use of genetically engineered seeds to fight crop-damaging insects could lead to strains of bugs resistant to pesticides.

Fruits good for lungs

There are lots of reasons why older people should include a lot of fruits and vegetables in the diet. One surprising reason is that they are good for the lungs. The latest support for that message comes from England, where a research team studied 175 men and women ages 70 and older. Those who consumed the most foods rich in vitamin E, such as certain fruits and vegetables, had significantly better lung function than those who consumed the least. The physicians reported in a journal of the American Lung Association.

Copyrighted wirephoto.

HEALTH & FASHION

Can Anew prevent wrinkles?

DEAR PAULA: What do you think of Avon's new vitamin C product for preventing wrinkles. Does it work?



...the major problem with any product containing vitamin C is stability. That's why Cellex-C comes in a dark brown bottle and Anew Formula C comes in capsules. With exposure to air or sunlight, vitamin C breaks down. Whatever the possible positive results, it is unlikely that they can take place before the product deteriorates. Start all, you only have to open the bottle and it's history. Compared with Cellex-C then, Anew Formula C has a distinct advantage. Because it is encapsulated and you open only what you need to use, one at a time, there is no chance of the product being broken down. Although I am not a fan, if you want to test one of the antioxidant products that are heading into the cosmetics scene, Avon's should be at the top of your list. Avon has also been busy on the makeup front. Calamar Effects Illuminating Foundation (\$7.95) isn't all that colorful, but it is a very good improvement on Clinique's Clinique in Early Sheer and dries to a smooth matte finish. This liquidy, thin type of foundation seems to be very popular this season, with similar products being sold by Chanel, Prescriptives, and Revlon. Perhaps the only drawback for Avon's is the price range of colors. There are more pink, peach, and rose tones than

there are neutral skin tones. What a shame. Despite this limitation, there are a few excellent colors to choose from, especially for medium to darker skin tones. If you have normal to oily skin, this is a real option. These colors are beautiful, neutral, and are all great shades to consider. Almond Beige, Warmest Beige, Creamy Beige, Rich Honey, Cool Copper, Toasted Brown, Warm Bronze, Deepest Brown, and Mahogany. These colors are either too peach, too pink, or too red, and should be avoided: True Beige, Blush Beige, Honey Beige, Rose Tint Beige, Coral, Rich Copper, Soft Blush, Toasted Tan, Almond Beige, Porcelain Beige, and Berry Beige.

As long as we're talking about Avon, I think the rest of the cosmetics industry could learn a lot from their example. Their customer service department, at (800) 808-AVON, is the best in the business. Without hesitation, they send ingredient lists and all the information you could ask for. Their only shortcoming: samples or testers for their color line seem to be in short supply. It is the exception for an Avon sales representative to have some, or any, of the color selections available, and you can't get samples sent through the mail either. That's a shame. Perhaps with a little customer pressure they might make samples more readily available.

Paula Regan is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Regiment Press, \$13.95), a no-nonsense paperback guide to brand-name cosmetics.

Doctor warns parents about environmental dangers

Every weekday morning when children file into their classrooms, they may be exposed to more than higher learning. In too many cases they'll be breathing a stale mix of dust, molds, chalk dust, pesticides and hydrocarbons. Or perhaps, paint fumes and other chemicals might be the villains.

For some children this indoor air pollution, both at school and at home, can make them sick. Dr. Dennis J. Rapp, who speaks for a small but growing group of specialists classifying the ailment as EI or Environmental Illness. "Having EI means that something you breathe, touch or smell is making you ill."

A pediatric allergist who turned to environmental medicine in the 1970s, he is convinced that EI is on the rise. "I've been practicing for 40 years and in the past 10 years the children have been sicker than ever," she said, citing a 50 percent jump in childhood asthma as well as other symptoms including fatigue, weakness, despondency and agitation.

These were the illnesses she treated for years as founder of the Buffalo Allergy Foundation in Buffalo, N.Y. Many of her patients were children with extreme sensitivities that had been misdiagnosed as learning disorders or psychological problems. "Environmental illnesses," she maintains, "are poorly understood by physicians and parents alike."

That is why she has written a handbook aimed at raising consciousness and helping parents and teachers pinpoint environmental dangers and tackle them. At age 67, Rapp acknowledges that she is on a soapbox for reform. She recently closed her Buffalo clinic and moved to Scottsdale, Ariz., where she hopes to open a treatment/education center.

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The qualifying estate characteristics and procedural rules are as follows: (1) personal property only (stocks, bank accounts, furniture, etc.); (2) estate value not in excess of \$25,000; (3) the passage of 30 days following owner's death; and (4) an affidavit signed by heirs or successors reciting these facts.

Any bank, broker, insurance company, or other person holding property of the deceased may rely on the affidavit and must turn property over to the heirs or successors who signed the affidavit.

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Festive

Continued from B1

black onyx or a jewel, or by selecting interesting colors. If you're tuxedo shirt has button cuffs, try some interesting button covers for a new look.

There's also the new "Tux" oxfords and loafers from Hush Puppies. Made of soft leather, they're dressy enough for any formal occasion. Actor Nicolas Cage wore them to the Oscars.

For cocktail and dinner parties, women might consider topping a simple short dress or blouse top and pants with a beaded jacket.

or cardstock. Holiday theme sweaters are fun, but if you want ones or classic patterns that you can wear after New Year's.

When it comes to children, most enjoy the idea of dressing up if you involve them in the selection of their clothing. If they can't wear it, they'll find something else and are more likely to take care. Style-wise, children's clothing sticks to classics of valentines and ribbons for little girls and tailored, grown-up looks for little boys.

Matching holiday outfits are a tradition for many mothers and daughters or fathers and sons.

Taking a more inclusive approach is the After the Stork catalog, which has several pages of matching outfits, including some that work for fathers and daughters and mothers and sons. A plaids and moose-print flannel shirts. They're also affordable; the moose-print shirts are \$18.50 for children and \$32 for adults.

A free catalog is available by calling (800) 859-8167. The company offers overnight and two-day shipping on orders.

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Larsen

Continued from B1

grant everything to everybody. Saying "no" is as important as granting things. ... no matter is the way you do it. Some people's "no" is prized more highly than the "yes" of others: a paled "no" pleases more than a curt "yes." ... "No" and "yes" are short words requiring long thought.

Don't live in a hurry. If you know how to organize things, you will know how to enjoy them. Many have left over when luck runs out. The more their happy moments and further down the road would like to turn around and return to them. Time moves too slowly for them ... and they want to devour in a day what they could hardly digest in a lifetime. ... Deeds are good, and content is bad, when they are over.

End well. Be careful of the more attention a successful deal than to a highly applauded

entrance. Fortunate people often have very fortunate beginnings and very tiny endings.

What matters isn't being applauded when you arrive - for that is guaranteed - but being missed when you leave. Being those who are still wanted.

Fortunate seldom accompanies someone to the door. She is as curious to those who are coming as she is rude to those who are going.

Juliane Larsen, who grew up in Kimberly, is a Salt Lake City marital counselor.

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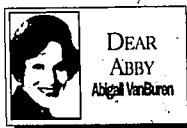
College trustee makes classes his No. 1 priority

DEAR ABBY: May I add to your continuing saga of persons "too old to go back to school"?

At the age of 64 and having only a 1937 diploma from an apprentice training school, I decided to enroll in a new weekend college program at Findlay (Ohio) College — now the University of Findlay. The result? In 1985, at the age of 69, I was granted dual B.A. diplomas engraved "Cum Laude," which maintain a five-year grade-point average of 3.56 on a scale of 4.0. My degrees are in business administration and information systems analysis (meaning computers).

My "excuse" for going to college at the age of 64 was to find out what I did right in business for 33 years. The secondary reason was to prove to myself that I was an "A" student — which I accomplished by making the dean's list the regular semester.

Because the dean of the college knew I expected to be treated like any other student, we both



DEAR ABBY
Abigail VanBuren

laughed about the professor who ushered into the dean's office and exclaimed, "I have a trustee of the college in my class! What do I do?" When the dean told me about it, my response was, "I hope you told him to fall me, if I didn't do the work." To which the dean replied, "That is exactly what I told him."

—WAYNE I. PRIBBLE, NEW HAVEN, CONN.
DEAR MR. FURBER: Your letter proves it's not too late to resume one's education. We're never too old to learn as long as we're willing to make the effort. Congratulations on your accomplishment.

DEAR ABBY: "Wally" and I have been married for 15 years. We've had our ups and have been through some difficult situations. We support each other and care deeply, but there's one problem we cannot agree on.

Wally loves our house and has decided that all the walls should be painted white. We don't paint that often, but now that we've made some improvements to our home, it's time to paint again.

I would like to get away from the all-white look and consider using wallpaper. I've brought home wallpaper sample books and paint color charts, but all he'll say is that white looks best. He refuses to look through the books or compromise in any way.

We have lived in this white house for 12 years, and I think it's time I had my way. I could wait until he goes on a business trip and redecorate while he's gone, but that would be dishonest. I'm home more than he is since our

children have come along. What should I do?

—COLORLESS IN NEWBURYPORT, MASS.
DEAR COLORLESS: An interior decorator who is used to sales resistance may help you convince Wally to live up to the place. Keep in mind that it doesn't have to be all or nothing. A decorator can help you "accessorize" your home with accents of color and texture, making it more visually interesting and less sterile. The bathrooms and kitchens would be the least threatening places to begin.

THOUGHT FOR THE DAY: "Far better it is to dare mighty things, to win glorious triumphs, even though checked by failure, than to take rank with those poor spirits who neither enjoy much nor suffer much, because they live in the gray twilight that knows not victory nor defeat."

THEODORE ROOSEVELT

PERSONAL TRAINER

Losing your training

How long does it take to lose aerobic fitness if I become inactive?

Individuals differ, some lose it rapidly, some less so.

Generally, a person in good cardiorespiratory shape will lose about 10% to 15% of that ability to process oxygen (referred to as "VO₂max") two weeks after stopping aerobic exercise.

After four to 12 weeks of inactivity, the "detraining" effect begins, and cardiorespiratory fitness drops substantially.

If they become inactive at the same time, a person who just recently became fit will drop to a lower level of fitness than a person who's been in good condition for a few years.

Even an elite marathon runner or a professional basketball player will lose cardiorespiratory fitness after several months without training.



How long does it take to regain that fitness?

In general, it takes as long to regain lost cardiorespiratory fitness as it took to develop it originally. Having been fit once upon a time will not give you any advantage in becoming fit again.

Researchers found that it takes less effort to do short sessions of aerobic work to maintain your fitness than letting that fitness go, then working to regain it.

Can I lose strength and flexibility as fast as aerobic fitness?

Research is still sparse, but apparently strength takes longer to decline than cardiorespiratory fitness. One study found that without strength training, muscle power can drop 35% in five weeks. There's no solid research on flexibility loss, but many specialists believe that inactive joints become less flexible.



SOURCE: The Wellness Institute, Twin Falls, Idaho

KURT HOFGRONIK/LOU KINARE

Jogging strollers let fitness-minded parents keep up pace

Providence Journal-Bulletin

Doreen Wiggins is not the all-out athlete she was in medical school, when she trained hard for triathlons. Still, she remains enough of a fitness enthusiast to install a weight room in her basement, rotate running shoes and compete once a year in a marathon.

Lately, she has tried balancing the demands of parenthood with her desire for regular exercise. Seven months into the last two of her three pregnancies, she wore a monitor to make sure her heart never beat more than a dangerous 140 times a minute when jogging.

And six weeks after the birth of her third child, she began running again, by pushing her newborn ahead of her in a stroller specially made for runners. Wiggins continues to push the special, jogging stroller to this day, with nine-month-old Olivia.

"Exercise is a lifelong thing for me," she says. "I just have to adapt my exercise to accommodate my lifestyle, and right now I'm a mom." Wiggins, of East Greenwich, R.I., is not the only parent turning to the jogging strollers as children interfere with routine exercise.

Many people who were health-conscious in the 1980s have become new mothers and fathers this decade, and the result has been a transformation of road hard-core racers have become recreational road runners.

They have sacrificed some of the fierceness of their workouts so they can accommodate their children. But with the jogging

strollers, they say, at least they're not giving up their workouts.

"There are times when I'm baby-sitting and, if I want to run, I pop her in it and go," says Timothy Lynch, of North Kingstown, R.I., who pushes Katie, a 4-year-old weighing 35 pounds. "It's better than sitting on the couch and watching cartoons."

The number of runners has remained about constant during the last decade at nearly 33 million, but their average age has risen. USA Track & Field says the median age has jumped from 33 to 37 years for men, and from 32 to 36 for women.

The number of serious runners, logging between 1,000 and 1,499 miles a year, tumbled from 660,000 in 1987 to 500,000 in 1995, according to USA Track & Field, the sport's governing body. The number of frequent runners, jogging between 250 and 999 miles a year, increased from 4.6 million to 5.1 million.

The rise in frequent runners and the decline in their serious counterparts has meant more than 10-kilometer races turning into 5-kilometer races, more than average times falling at the New York City Marathon.

"The trend in road racing in the '90s," says Ray Nelson, of Warwick, R.I., who certifies courses in Massachusetts and

Rhode Island for USA Track & Field, "is toward greater participation — for fitness, for recreation and for bringing in a larger number of entrants to events with entry fees in hand to support causes."

"In an effort to increase participation, and to provide an outlet for people to be more healthy, there are adjunct events such as fun races and walk events added to the main event," Nelson says. "And there are also people using jogging strollers."

The strollers look like souped-up versions of their clunky predecessors. Their metal frames lean back at sharp, hot-rod angles. Their three rubber wheels are disproportionately large enough to evoke comparisons to the big-wheeled pickups at monster truck competitions.

The large wheels permit use on all kinds of uneven or rocky terrain and make the stroller easier to push than their smaller-wheeled forebears. Joggers can wrap a strap from the stroller around their wrist, just

in case the stroller races out of control ahead of them, a potential pitfall when running downhill.

Some doctors have said the strollers are dangerous for children under six months; the bumpy rides could hurt backs and necks that the babies can't yet stabilize.

Rushing to "capitalize on the warning, one manufacturer, Kool-Stop International, of La Habra, Calif., recently came out with a jogging stroller that has a five-point harness that zips up and reclines to protect infants.

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TWIN FALLS — The American Red Cross First Aid and Cardiopulmonary Resuscitation (CPR) instructors will prepare you to teach the following classes: Standard First Aid (adult CPR and first aid) and Community First Aid and Safety (infant, child and adult CPR and first aid).

To register for classes or for more information, call 733-

6464, or stop by the Red Cross office at 718 Shoshone St. E. Pre-registration and pre-payment for all classes is required.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls 83303, or deliver to our office at 132 Third St. W.

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- Monthly MVRMC Board Meeting * Monday, December 9, 7 p.m., Doctor's Meeting Room.
- Family Bereavement Support Group * Monday, December 9, 7 - 9 p.m., 500 South Oak St., Kimberly. Our mission: to provide compassionate support for grieving parents, children, and other survivors when there is the loss of a child. For more information call 737-2901 or 733-2044.
- Breast Cancer/General Cancer Support Group's Holiday Meeting * Monday, December 9, 7 p.m., Education Center. Father Brian Thom will be presenting "Unplug the Christmas Machine." For more information call 737-2800.
- CPR Class * Tuesday and Thursday, December 10 and 12, 4 - 7 p.m., Doctor's Meeting Room. To register call 737-2007.
- Prepared Childbirth Course * Wednesdays, December 11 - January 22, 7 - 9:30 p.m., Education Center. Pre-registration required. Call 737-2900.
- Cesarean Childbirth Class * Thursday, December 12, 7 - 9:30 p.m., Education Center. Pre-registration is not required.
- CPR Class * Saturday, December 14, 8 a.m. - 4 p.m., Doctor's Meeting Room. To register call 737-2007.
- CPR Class * Monday and Tuesday, December 16 and 17, 4 - 7 p.m., Doctor's Dining Room. To register call 737-2007.

If you require special accommodations, call 737-2102 at least 24 hours in advance of the event.

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HEALTH & FASHION

Many have trouble restricting dietary fat

Knight-Ridder News Service

Fat. It's considered the enemy by many.

Most folks know they shouldn't eat a lot of it, but they get confused when it comes to figuring out just how much fat — and which kinds — they should eat.

Many people try to trim their fat intake for health reasons — some in hopes of losing weight, others to reduce the risk of problems such as heart disease.

And while numbers show that the majority of Americans still have too much fat in their diets, there are some who have trimmed their intake too much.

Take Kristy Koeltzow. For 10 to 15 years she has been riding the weight-loss rollercoaster — from working as an aerobics instructor and eating whatever she wanted, to scaling back her workouts and gaining weight, from joining a weight-loss program and losing weight, to quitting and gaining it all back.

Several years ago, a friend of hers lost a lot of weight. The way he did it, he told Koeltzow, was to restrict the amount of fat in his diet.

So Koeltzow started educating herself. She checked out books on fat from the library (one book said that only 5 percent to 10 percent of her calories should come from fat) and she read articles about fat in magazines, she paid attention to television advertising.

Ultimately, she decided cutting fat was the way to go.

So she started buying fat-free products, ate a lot of dry baked potatoes. Birthday cakes were always angel food — no fat. She estimates she was getting no more than 10 percent of her calories from fat.

But she didn't lose weight. Not surprising, says Barbara White, a registered dietician and nutrition therapist who works with clients from Boulder, Colo., and Denver.

Often, when people eat less than 20 percent of their calories from fat, they get hungry soon

'They might always be physically hungry or, they're externally controlling their calorie intake—counting calories or following a rigid diet—the physical hunger manifests itself as a preoccupation with food.'

— Barbara White, registered dietician

Some simple ways to cut fat

Some Americans don't eat enough fat. But the most recent survey done on the topic shows that Americans still eat too much. Here are some simple ways to cut fat:

- Choose low fat milk — 1 percent or skim — instead of whole milk.
- Eliminate fried foods from your diet, particularly those done in deep fat, such as french fries and fried chickens.
- Decrease the amount of meat you eat. No one needs more than 6 ounces a day.
- Decrease the amount of added fat in your diet. If you typically add butter or margarine to your vegetables, try steaming them.
- Eliminate fried products such as appetizers for when baking.
- Spread fats such as butter and mayonnaise thinner and use products such as salad dressing sparingly.

— Sources: Debra K. Adams, a registered dietician at Duke University who counsels students, family medicine patients and teachers; and Barbara White, a registered dietician and nutrition therapist who sees clients in Boulder, Colo., and Denver.

after eating meals and they feel deprived, so they're more likely to binge, says White, who is also state coordinator for the nonprofit national group Eating Disorders Awareness and Prevention, Inc.

"They might always be physically hungry or, if they're externally controlling their calorie intake — counting calories or following a rigid diet — the physical hunger manifests itself as a preoccupation with food," White says.

Most nutritionists recommend getting no more than 30 percent of your calories from fat. White, who estimates that 99 percent of her patients have a "fat hangup," says the number of fat grams a person needs depends on their calorie needs, which is determined by activity level, stage in life, weight and how the person feels.

Act now to resist holiday fitness pitfalls

Knight-Ridder News Service

BOULDER, Colo. — 'Tis the season to eat and party.

From calorie-laden cakes to egg nog laced with rum, the holidays can wreak havoc on your waistline. The combination of entertaining, gift-giving and spending lots of time with family can become stressful.

And abandoning your year-round routine of the holidays often means abandoning your exercise routine.

Now is the time to plan your resistance to the holiday pitfalls. Moderation is the stick you need to beat back the seductive sirens disguised as goodies on your holiday table as they beckon you, lure you, with their seductive smells and picture-perfect looks.

"It all looks so good, can it be good for you?"

"There's nothing horribly bad about the foods you traditionally eat for Thanksgiving and Christmas — typically people just eat too much of it," said Shannon Derby, a personal trainer at the Pulse fitness club in Boulder, Colo.

"Have a little bit of everything so you don't feel you deprived yourself and turn around and eat all of it," Derby said. Moderation, paired with exercise, is good for your physique as well as your heart, said Eileen Faughey, a registered dietitian who owns Nutrition Connections.

The holiday season is not the time to go on a diet, she said, with all the festive food that begins floating around around Halloween. And it isn't the traditional Thanksgiving and Christmas dinners that will do you in.

"It's the whole season," Faughey said. "The amount of food available is much more than people actually need. And it's usually high in fat and calories."

Faughey suggests snacking on fresh vegetables and other healthy foods and make the time to eat balanced meals. If you get too hungry, you'll be more tempted to gorge on those high-calorie treats at the office.

Exercise burns fat and benefits the cardiovascular system, but a good workout also relieves stress that can cause emotional eating, she said.

"You'll feel better if you exercise and have more energy — you won't have to start January feeling you're heavier than you want to be and have good health. It improves your mood and makes it easier to control eating," Faughey said.

The season of good tidings can also be a source of misery. Money is tight or if your closest companion has four legs and a name like

"Fluffy." "You expect (the holidays) to be happy and high energy — it's a time of great spending, and enormous energy, emotionally and economically," said Kim Mooney, coordinator of community education for Hospice of Boulder County.

"If you don't have that kind of energy and that kind of money, you're left out of the loop."

The authors of "Blues Busters: Suggestions for Beating the Blues," say the expectations of the season aren't easily fulfilled. Any positive action can help, such as gobbling a handful of gourmet jelly beans, building a snowman or jumping up and down in the middle of the bed.

"People should check in and tune in to what they value most," said Anna Kay Johnson, a counselor with the Center for Integrative Counseling in Louisville, Colo. "If family time is what they value most they should make sure that's where they put their energies."

Children need emotional attention too. "Find out from your kids what is important to them — it may be the singing of the holiday songs, connecting with family members, or maybe it's the candles and the lights. Take a few minutes and find out, then you structure your time and your energy around those things."

The holiday shake up can also shake up your exercise routine. But that doesn't mean you should abandon fitness until it's time to make New Year's resolutions.

"People usually run into two problems — they get entirely too stressed out about the holidays and about their fitness and nutrition and force themselves, over a period of months, to work out every time they eat a piece of fudge. The other extreme is the people who say they'll just eat what they want," said the Pulse's Derby.

"I try to bring people to the happy medium — it's important to continue participating in an exercise program, but if they have prime rib and a slice of cheese cake twice over the holidays, it's not going to kill them."

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Fat facts

Knight-Ridder News Service

• Saturated fats are usually solid at room temperature and keep well. Most come from animal sources, such as butter, dairy and meats. Coconut and palm oils also are highly saturated. A diet high in saturated fat can result in high cholesterol levels, which can lead to heart disease.

• Unsaturated fats are called either monounsaturated — which include olive, canola, peanut, and avocado oils — or polyunsaturated — such as corn, safflower and sesame oils. They usually are liquid at room temperature and can spoil quickly. Most of your fat intake should come from unsaturated fats.

• You need some fat in your diet — most nutritionists recommend no more than 30 percent of calories come from fat. Fats help your body maintain healthy skin and hair; they transport vitamins A, D, E and K through the bloodstream, and they contribute to satiety, which means your calorie needs have been met and your hunger subsides.

• Many people begin their day with a bowl of cereal, skim milk and some fruit. While that is a healthy breakfast, it also is low in fat, which means you may need to eat within a couple of hours. "A fat-free meal," says registered dietician Barbara White, "generally covers a person for about two hours before they need their next snack or meal."

• If you're feeling obsessed with your weight or what you're eating, you might want to consider seeking professional help.

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POOR

HEALTH & FASHION

The importance of being well coiffed

Today's Topic is: Your Hairstyle

Is your hairstyle important? To answer that question, let's consider the starkly different career paths of two individuals: Albert Einstein and Tori Spelling.

Tori Spelling is a top celebrity and highly successful television star, despite having the natural acting prowess of a Salad Shooter. Why? Because she always has a neat, modern hairstyle. Also her father produces every show on television except the test pattern. But her hair is surely a factor.

In contrast, Albert Einstein — despite being a brilliant genius who not only discovered the Theory of Relativity ("E equals E=mc²") but also prepared his own tax returns — never so much as appeared on "Hollywood Squares." He quit repeatedly, but the talent coordinators always turned him down.

"What was that on his head?" they'd ask each other, after he left the studio. "A yak?"

So we see that hairstyle is very important. This is true even in the animal kingdom. Baboons, for example, spend countless hours grooming each other, applying conditioners, combing fur over the bald spots on their butts, and using all the other little styling tricks that make them the confident, successful and cosmopolitan creatures that are, in equal parts, at home on a rotting zebra carcass as on a rotting giraffe carcass.

It is no different with humans. If you have a lunch meeting with an important potential business client, you are definitely going to make a strong impression if you reach over and pick a live insect out of his or her hair. But it also helps if you have a nice hairstyle.

Unfortunately, a lot of people — and here I am thinking of women — hate their own hair. In my experience, when a woman looks at herself in a mirror, even if her hairstyle is really nice, she sees Chewbacca.

Men, on the other hand, tend to feel positive about their hair. Even if a man has a grand total of only four hairs left, he will grow them to the length of extension cords and carefully arrange them so they are running exactly parallel, two inches apart, across his otherwise stark naked skull, and he will look at himself and think, "Whoa, these four hairs are looking good."

But whether you're a woman or a man, you should know the basics of hairstyle management, as presented here in the popular Q and A format:

Q. How can I have really nice hair?



HUMOR
Dave Barry

A. If you look at the models in commercials for hair-care products you'll notice that their hair is thick, glossy, lustrous and manageable. What's their secret? It's simple: They were born with professional hair models, whereas you and the late Albert Einstein are not.

Q. Should balding white men shave their heads, the way many African-American men, such as Michael Jordan, do?

A. No. It's not fair, but the simple truth is that balding African-American men look cool when they shave their heads, whereas balding white men look like giant thumbs.

Q. Why is it that some older women, when their hair starts to turn gray, instead of dyeing it back to whatever natural-looking shade it originally was, decide to dye it a bright orange, black or traffic-cone orange, which are colors normally associated with Halloween?

A. Apparently it is some kind of sorority initiation.

Q. What is the best way to style my hair?

A. You are asking the wrong person. I've been trying for over 40 years, with absolutely no success.

Q. What is her styling secret?

A. Enough hair spray to immobilize a buffalo.

Q. Speaking of famous celebrities, did Madonna discuss any hair-related issues in her diary as published in the November issue of Vanity Fair?

A. Yes. On page 224, Madonna had this to say about acting in the movies: "People sit around all day scrutinizing you, turning you from left to right, whispering behind the camera, cutting your nose hairs ..."

Q. Madonna has nose hairs?

A. You wouldn't believe. Sometimes she requires a machete.

Q. What about Princess Diana?

A. She is known, around the beauty salon, as "Weasel Nostrils."

Q. That would be a good name for a rock band.

Q. In conclusion, what is the one word that describes the key to a successful hairstyle?

A. "Hat."

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

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Star Trek (PG-13) 7:00-9:05
Jingle All the Way (PG) 7:10-9:11
101 Dalmatians (PG) 7:00-9:05

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COMICS

Peanuts
By Charles M. Schulz

EVERYONE SHOULD LISTEN TO ME! WHY DOESN'T EVERYONE LISTEN TO ME?
THAT'S A GOOD QUESTION, AND I AGREE... I THINK YOU'RE RIGHT.
EVERYONE SHOULD LISTEN TO YOU...
EXCEPT ME.

Dilbert
By Scott Adams

CATBERT, EVIL H.R. DIRECTOR
THE MANDATORY UNPAID OVERTIME IS IMMORAL. IT'S DESTROYING THE QUALITY OF MY LIFE.
ALICE, ALICE, ALICE... COMPANIES ARE DESIGNED TO MAXIMIZE STOCKHOLDER VALUE, NOT EMPLOYEE HAPPINESS.
MAYBE THE HEAD OF HUMAN RESOURCES SHOULD BE A HUMAN.
PRIVATELY I REFER TO MYSELF AS THE DIRECTOR OF DIS-GRUNTLED CAT TOYS.

B.C.
By Johnny Hart

WHAT HAPPENED TO YOU?
...I GOT CAUGHT IN A CLOUDBURST!
THAT'LL BE TEN CLOUDS.
THE RAIN MAKER
THE RAIN MAKER

Garfield
By Jim Davis

IT'S THE HOLIDAY SEASON!
I JUST LOVE THIS TIME OF YEAR.
IT MAKES ME FEEL GREEDY ALL OVER!

Hi and Lois
By Brian Parker & Johnny Hart

WHAT HAVE YOU KIDS GOT ALL OVER YOU?
THEY'VE BEEN PUTTING TATTOOS ON EACH OTHER ALL AFTERNOON.
DON'T WORRY, DAD. THEY'RE NOT THE REAL KIND.
KIDS!
I'M ALWAYS GOOD AT THIS KIND OF THING. IT'S A TRADITION.

The Wizard of Id
By Chris Browne

I SEE THE PEOPLE RISING IN REVOLT!
...I SEE THEM HANGING YOU IN EFFIGY!
RELAX... IT'S NOT A VERY GOOD ILLNESS.

Hagar the Horrible
By Mort Walker

STOP COMPLAINING, HESLA! YOU'RE THE ONE WHO WANTED TO COME ALONG ON THIS BUSINESS TRIP!
BUT I THOUGHT I COULD GO SHOPPING WHILE YOU WORKED!

Beetle Bailey
By Bob Thaves

YOU GOT AN INVITATION TO THE GENERAL'S PARTY?
YEAH, IT SAYS "DRESS CASUAL." WHAT DOES "CASUAL" MEAN?
IF YOU DON'T KNOW WHAT CASUAL MEANS, NOBODY DOES.
LOOK WALKER

Frank and Ernest
By Art Sansom & Chip

THE ELECTRIC EEL TEAM MADE THE TOUCH FOOTBALL PLAYOFFS AGAIN... OOOOHH, WHAT A SURPRISE!
YOU'RE NOT GOING TO SIT THERE AND EAT THAT DELICIOUS MEAT, KNOWING THAT I STARTED MY DIET TODAY, ARE YOU?

The Bom Loser
By Art Sansom & Chip

IS SOMETHING WRONG?
YOU'RE NOT GOING TO SIT THERE AND EAT THAT DELICIOUS MEAT, KNOWING THAT I STARTED MY DIET TODAY, ARE YOU?

For Better or For Worse
By Lynn Johnston

ON HIS GOTTA BE KIDDING!
WHY IS HE?
I JUST GOT A LETTER FROM MY SISTER. SHE DIED HER HEART. I GOT A FULL BODY EXAMINATION FOR A 200 POUND PAULIE. I'M TRYING TO GET MYSELF DOWN TO 150 POUNDS SO I CAN GET INTO THE GYM.
WHY? NOW SHE TELLS ME THAT MY FEELINGS FOR GARDEN AND BRUCE ARE EXACTLY A COPY!
THEY'RE ALL GOING TO BE BACK HERE!
HOMESICK?
YEAH!

Blondie
By Brian Crane

BLONDIE FOUND THREE GRAY HAIRS THIS MORNING AND SHE'S REAL LIZ!
MAY I SUGGEST SOMETHING? IF YOU GET HOME TONIGHT, TELL HER THAT IF HER HAIR IS STARTING TO LOOK LIKE MINE, SHE'LL GET NOTHING BUT COMPLIMENTS!
MONEY! YOU'RE STARTING TO LOOK LIKE MR. OTHERS!!

Pickles
By Hank Ketchum

DO YOU STILL HAVE THAT PRESIDENTIAL SEAL AT THE STORE?
YUP!
I HAD TO LEAVE BECAUSE OF ILLNESS AND FATIGUE.
YOUR BOSS WAS GOING TO ASK YOU ABOUT IT.
YUP.

Dennis the Menace
By Hank Ketchum

THAT'S THE PRESIDENTIAL SEAL. I THOUGHT THEY ONLY HAD A CAT.

WHAT'S WHAT?
L.M. Boyd

Q. Do the Romans have a title of respect equivalent to "sir"?
A. "Gospodin" serves. Literal translation, "lord." Wasn't used much in the "concrete" era. An ostrich's eye is bigger than its brain.
Q. I didn't like the longhair western star Tex Ritter die in jail?
A. Explain that. When felled by a heart attack, John Ritter's dad had a member in Nashville's metro jail.
Client writes: "This used to be a man's world until I've showed up."
Q. What's a "Cry Die"?
A. A name in Africa's Cameroon for a funeral.
Some fell fairly deep in Seattle the other day. We were helpless on the hills. Snoopy was pulling a dumber off a craze in the Alps. Ramman was vacationing with relatives at a beach house. Ramon was still in litigation in Southern California. Nobody here to turn to. Seattle

Cameron funeral called 'Cry Die'

ACROSS
1 Not as much
5 Overage for tickets
10 Tube
14 Landed
15 Wall section
16 Spane
17 Marseilles
18 Owen
19 Not apted
20 Radio accessory
22 Suitable for marketing
24 Unwelcome visitors
26 Punched
27 Out of date
30 Strone
35 Wagon
36 Merd
37 Actor Andrews
38 Taper for one
39 Liqueur
42 Address Nook
43 Strong verb
45 Body of water
46 Varnish of TV
48 Diamond spot
50 Made public
51 Merry
52 Equalizer
53 Make more
54 Violent
59 Oriental
60 Sings
64 Present
66 Modern
67 Long poem
68 Tail
69 Accord
70 Calendar abbr.
71 Common city
72 Beasts of burden
73 DOWNS
1 Theban priest.
2 Dash
3 Paper deposit
4 Wagon
6 Gem weight
7 Collected of anecdotes
8 Permits
9 Nice
10 Moved out of
11 General brace
12 Gable
13 Date
14 Prigues
21 Manned
23 Independent
25 Color
27 Indian title
28 Choir singers
29 Choir singers
31 Great Lake
32 Mammal
33 Join together
34 Detailed
36 Whisk face
40 Sports partner
41 Cranial birds
43 Disrupt
47 School subject
49 Sheep's call
53 Chaperone
54 Crossed-out
55 Fabled chee
56 Back of the neck
57 Team gear

Horoscope
Sydney Omar

IF DECEMBER 9 IS YOUR BIRTHDAY: You are universal. Means you sense pulse of public, distance and language barriers fast to stop. Where love is concerned, you give your all and as result have suffered emotional bruising. Aries, Libra person: your dramatic role in your life. You are idealistic, headstrong, will fight when cause is right. Current cycle reveals you recently in taking initiative, in making fresh start in different direction, in new outlook on theology, philosophy - adventure of learning ignites spirit. Answer: role of status quo, made correct decision in taking initiative, in making fresh start in different direction, in new outlook on theology, philosophy - adventure of learning ignites spirit. Answer: role of status quo, made correct decision in taking initiative, in making fresh start in different direction, in new outlook on theology, philosophy - adventure of learning ignites spirit.

Saturday's Puzzle

ACROSS
1 Not as much
5 Overage for tickets
10 Tube
14 Landed
15 Wall section
16 Spane
17 Marseilles
18 Owen
19 Not apted
20 Radio accessory
22 Suitable for marketing
24 Unwelcome visitors
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56 Back of the neck
57 Team gear

Horoscope
Sydney Omar

ARIES (March 21-April 20): People ask, "What happened? You've loosened up!" Jupiter keynote enables you to expand optimism, make a winning streak. Gemini, Sagittarius person figure in challenging scenario.
TAURUS (April 20-May 20): People ask, "What happened? You've loosened up!" Jupiter keynote enables you to expand optimism, make a winning streak. Gemini, Sagittarius person figure in challenging scenario.
GEMINI (May 21-June 20): Locks, watches that failed are now in working order. Don't press too hard for answers - if an ink blotter, do not check references, compare costs. Scorpio plays role.
CANCER (June 21-July 21): People talk about you, you don't hear they know, but nevertheless you know. Coworker states, "You're not doing anything here!" Thanks for compliment, but please put it in writing!
LEO (July 22-Aug. 22): Venus keynote highlights fine art, ability to beauty surroundings and to win love. Questions of residence, income potential, marital status loom large. Taurus becomes ally.
VIRGO (Aug. 23-Sept. 22): More attention to usual Display product, talent. Emphasis on home economics, obtaining legitimate bargains. Do not reveal secret to mystery. Pisces, another Virgo are reexamined.
LIBRA (Sept. 23-Oct. 22): Get priorities in order to avoid chaotic situation. Attention revolves around dedication, overtime, interest in work. Check references, Capricorn is in picture.
SCORPIO (Oct. 23-Nov. 21): Stress universal appeal, realize announcement that claims project was dead is premature. Take front-row seat, bring life to what supposedly was buried. Aries, Libra persons figure in scenario.
SAGITTARIUS (Nov. 22-Dec. 21): Let go of preconcurred notions, tell others "I'm here to stay and to do it my way!" Those who object do not have your well-being at heart. Leo, Aquarius persons play role in scenario.
CAPRICORN (Dec. 22-Jan. 19): Display unique collection - Cancer, native, fascinated by antiques, arcane literature will be much impressed - you'll find a lot to like. Lunar position highlights a delicious secret.
AQUARIUS (Jan. 20-Feb. 18): Strike while iron is hot! Sound of applause will ring in your ears. Popularity zooms upward - almost effortlessly you find pulse of public. Gemini, Sagittarius persons are in picture.
PISCES (Feb. 19-March 20): Those who misheard you will be incentive to "join our team." Lunar phase highlights career, prestige, possibility of fame and fortune. Taurus represented.

Socks are a hot item this holiday season

Knight-Ridder News Service

They haven't had this much attention since the "Lamb" gang begged America to "sock it to me!"

Socks are hot.
Textured socks. Socks in incredible colors. Christmas socks that jingle. Hambleth socks with shafts and stars. Designer socks from Donna and Calvin and Ralph. Flashy trouser socks. Fun socks that sport anatomical signs, aliens, hair dressers, dollar signs, musical notes, keyboards, dogs, cats, teddy bears... Ankle socks trimmed with antique lace. Sport socks — lots of sport socks. Even luxury socks in chenille and cashmere and angora.

If you haven't already bought them for yourself, chances are

you'll get some as a gift over the holidays.

"Novelty socks are really hot this year, and the athletic socks are always a very big seller," says Gayle Budd, manager of Filene's Basement in the Philadelphia suburb of Willow Grove, Pa. "It's an inexpensive way to change an entire outfit."

From kids to adults, "everybody" is buying them, reports

Strawbridge's, which has mountains of socks in its Center City Philadelphia store.

"People want a fun sock," says Rachel Silverman, hosiery buyer for Nordstrom in the Philadelphia suburb of King of Prussia, Pa. "It's an inexpensive way to change an entire outfit."

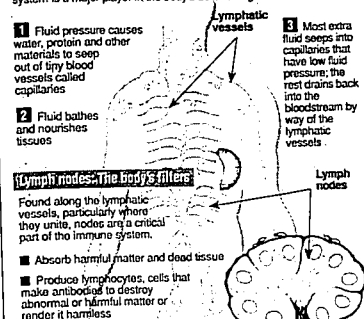
Yes, the sock market is definitely bullish.

AIDS and the lymphatic system

Doctors at the National Institutes of Health recently reported that the AIDS virus (HIV) hides in the lymph nodes and related organs during the early stages of the disease when the patient feels well.

How the lymphatic system works

A network of thin-walled vessels throughout the body that drain fluid (lymph) from between the body cells into the bloodstream; the system is a major player in the body's defense against infection.



Lymph nodes: the body's filters

Found along the lymphatic vessels, particularly where you urinate, nodes are a critical part of the immune system.

- Absorb harmful matter and dead tissue
- Produce lymphocytes, cells that make antibodies to destroy abnormal or harmful matter or render it harmless

Function of the lymphatic system

- Acting as a filter, the lymph nodes and related organs (spleen, tonsils, adenoids) trap the virus, which replicates within these organs and damages them
- In the late stages of the disease, the lymphatic system is so impaired that large amounts of the virus spill over into the bloodstream
- With an impaired immune system, the patient becomes a target for opportunistic infections

SOURCES: Nature magazine, National Institutes of Health, Georgetown University Medical Center, The World Book Medical Encyclopedia, research by PAT CARR

People with HIV now planning their futures instead of their funerals

Knight-Ridder News Service

GASTONIA, N.C. — Steve Dalrymple was 22 when he found out he was infected with HIV.

It was 1986, five years after the mysterious immune system disorder called AIDS showed up in the United States. Back then, people with AIDS didn't live long. Dalrymple figured he had two years. So he partied a lot and drank all night with friends. He flew to Cancun and New York. He charged up his credit cards — more than \$15,000 for TVs, VCRs, stereo equipment and all the things he didn't have time to save for.

Ten years passed. He's still alive. He's never even been sick. Anti-AIDS drugs have kept Dalrymple's immune system strong, and a good therapist has helped restore hope for the future.

He has paid off his bills and plans to move out of his mother's house in Gastonia. He's thinking about quitting his job delivering packages to start a career as a computer consultant.

Instead of waiting to die, he's planning to live. It's a transformation common to many people with HIV infection today.

New drugs, called protease inhibitors, in combination with older drugs are prolonging lives by reducing the levels of virus in the blood. Doctors and patients are daring to think of AIDS as a long-term chronic illness instead of a quick and certain death sentence.

"It's a new era," said Dr. Lewis Seiner, an AIDS researcher at the National Institute of Allergy and Infectious Disease. "The question is how far can we take this?"

"Our goal is eradication (of the virus), and it's still not clear whether that is achievable. But a few years ago, it was unthinkable. Now it's at least thinkable."

At the heart of this revolution is a new class of drugs called protease (PRO-tee-ase) inhibitors that appear more powerful than any previous AIDS drugs. The first of these new drugs was approved by the federal Food and Drug Administration late last year.

Protease inhibitors work by blocking an enzyme — protease — that is critical to the virus's ability to reproduce. The drugs are used in combinations with older medications, called zidovudine analogs.

The older drugs, such as AZT, interfere with viral replication at an earlier stage in HIV's life, but the virus quickly develops resistance to their effect. Combining the two types of drugs — one that attacks the virus at different stages of reproduction — has produced remarkable results in some patients.

The effect is measured by counting "viral load" — the amount of viral genetic material in a person's blood. For example, taken alone, AZT can cause viral load to drop to a third of its previous level.

Protease inhibitors alone can cause viral load to one-tenth of its previous level.

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Brian Godfrey	737-5070	Larry Goolsby	543-4381

LEGAL NOTICE

RESCHEDULED NOTICE OF TRUSTEES' SALE

On Friday the 10th day of January, 1997, at the hour of 2:00 p.m. of said day at the office of TitleFact, Inc., Twin Falls, County of Twin Falls, State of Idaho, TitleFact, Inc., as Trustee, will sell at public auction to the highest bidder, for each and every parcel of real property situated in the County of Twin Falls, State of Idaho, and owned by the County of Twin Falls, Idaho, as described as follows to wit: Lot 3, Block 28, HANSEN TOWNSITE, Twin Falls, Idaho, according to the official plat thereof recorded in Book 1 of Plats, Falls County, Idaho. More commonly known as 404 3rd Street East, Harsen, Idaho.

Said sale will be made with out covenant or warranty regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in the deed of trust executed by Kenneth Ide, grantor, to TitleFact, Inc., an Idaho Corporation, as trustee, for the benefit and security of Transamerica Financial Services, recorded February 15, 1994 as Instrument No. 1994-022888, records of Twin Falls County, Idaho. THE ABOVE GRANTORS

ARE NAMED TO COMPLY WITH SECTION 45-5-106 (1)(a), IDAHO CODE. NO REPRESENTATION IS MADE THAT THE ABOVE PROPERTY IS ENTIRELY RESPONSIBLE FOR THIS OBLIGATION.

Default for which this sale is to be made is for the failure to pay the payments of \$200.00 per month for the months of January, February, March, April, May, June, 1996. It is the duty of the Beneficiary has elected to sell or cause the most property to be sold to satisfy said obligation, together with all accrued interest, penalties, taxes, and costs of foreclosure including attorneys' fees. The date of sale of the property balance owing as of this date on the obligation secured by said Deed of Trust is \$16,153.29, plus principal, past due interest, late charges, taxes, insurance, and costs pertaining to said default and sale.

DATED this 20th day of November, 1996.

TITLEFACT, INC.
By Todd Bliss
Trustee

TRANSAMERICA FINANCIAL SERVICES
P.O. Box 488
Twin Falls, ID 83303-0488
Phone: (208) 733-3821
PUBLISH: November 22, 1996
22, December 5 and 9, 1996

Reading the classified ad in this paper is a worthwhile habit. Call 733-0921.

100 ANNOUNCEMENTS

LOST & FOUND

LOST from 800 N. 140 E., 4 yr. old female Cocker Spaniel, Copper in color, weighs approx. 25 lbs. Nylon collar-mull colored. Reward offered. 532-4532

LOST light brown Shetland Sheepdog, born 2/20/96 at 3200 E. Molo. If seen, please call 208-736-1859, leave message. Reward offered. 3-800-949-9211

LOST male Black Lab puppy, blue collar. Reward if found! Call 736-9259.

LOST male Chocolate Lab, 8 mos. old. Lost near Rock Creek-Drayton Trail. Blue collar. Answers to Name. 423-3091. 423-4540.

104 PERSONALS

IT'S IMPORTANT! For Relationships To Work For information on how we can help. (801) 403-7379.

Federal law allows you to correct your credit report for free. For more information about credit repair services, write to the Federal Trade Commission, Washington, D.C., 20001, or call the National Credit Information Center, 1-800-876-7000.

HOUSE SITTING

Professional couple on 40+ acre children, mountain view to TF. Big home in spring, would like to house sit for someone leaving the area for the winter. Call 338-9883

QUESTIONS? Your Personal Psychiatrist!

Adults, seeking long term relationships. Free brochure. 3-800-949-9211

106 SPECIAL SERVICES

ALCOHOLICS ANONYMOUS

CALL 733-8100

COUNTY GOVT TO MAINTAIN GRASS TO DRIVEWAY

FAX YOUR AD

ADVERTISING DEPARTMENT 208-734-5538

REMEMBER

Don't forget to place some time in the Times-News' Now as the time to come pick up your pictures. Stop by The Customer Service Dept today!

107 ADDITIONAL ALTERNATIVES

FREEDOM CHASSIS CENTER
Free estimate. Call 734-7472 or 1-800-371-7472

108 PROFESSIONAL SERVICES

BANKRUPTCY

Adults, seeking long term relationships. Free brochure. 3-800-949-9211

109 CHRISTMAS CARDS & LETTERS

Order Christmas cards & letters done on my PC. Free estimate. 625-4141

110 HOMEHEALTH CARE SERVICES

Private nurse available in country home. Licensed. Associated Living, 540 sq. ft. Suitable for couple or individual. Private bath, patio entrance. If you're spending \$3,500 in a nursing home, call me! Individual rate \$1800/month. Laureate at 734-0626.

111 ENTERTAINMENT SERVICES

SANTA FOR HIRE Avail. Days & Evenings 208-326-6298 or msg. 625-4141

113 CHILD CARE SERVICES

COLLEGE'S CLUBHOUSE. Preschool/childcare. Ages 2 to 6. Call 734-9942

SHOP AND DROP - Shopping and/or delivery, business or household, errands/shopping. 326-4854

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DAY CARE - Nice quiet country location. Reasonable rates. 324-2883

MEADOW DAY CARE/PRE SCHOOL

opening Jan. 2. CDA certified. 20 yr. school. Ages 2-5. Licensed of OZ at 735-9673

PRE-SCHOOL ACTIVITIES

Socks, hot lunches, certified teacher w/CPA, 20 years exp. 2 & up. 735-0895

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AUTO MECHANIC/TOW TRUCK DRIVER

Looking for self motivated individual. Pay DOE. Excellent opportunity for the right person. Apply by phone: 734-6809 or in person at: 1115 Blue Lakes Blvd. N.

200 EMPLOYMENT

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BOOKKEEPER/COMPTROLLER

PT person needed w/excel, computer accounting skills, understanding of computer net working & also have other software program exp. Must be a good communicator & have people skills. If you are looking for a career change & challenge w/a well established good reputation company w/multi-million locations w/out benefits & a good work atmosphere, then send your resume to Box 95533, The Times-News, P.O. Box 548, Twin Falls, ID 83303-0548. Income based on experience

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CUSTOMER SERVICE
Times-News Circulation Department is needing a Customer Service Representative...

MEDICAL
Certified activity director wanted full time for a month...

MISCELLANEOUS
AVON-Christmas. 58-S 18hr. No door to door. Fur...

SERVICE/ADMINISTRATOR
PT person needed to manage a food retailing business...

HOME LOANS
FHA-203K/1A-Conv
Manufactured homes
Finance...

NEED
\$100-\$750 TODAY?
Call 734-4333
Conventional Loan Co.
Licensed by the State of Idaho

304 INVESTMENTS
DON'T PAY FOR A PROMISE
It's illegal for companies doing business by phone to promise you a loan and ask you to pay for it before they deliver...

TWIN FALLS RENT TO OWN
Lease/purchase NE area 3 bdrms, 2 bath, finished 2nd floor...

513 ACRES & LOTS
BLISS Land Investment opportunity, 3 groups of undeveloped residential lots...

DENTAL
Office Manager/ Receptionist for fast paced practice...

MEDICAL
Seeking a Respiratory Therapist for home care company...

NURSE
Part time CNA's needed immediately in Magic Valley Area...

SUPERVISOR
Willing to start immediately, professional and capable, minded, college grad...

SHOSHONE - ROUTE #123
West A. B. Co. St., S. Apple St., Cheryl St. W. R. S.
ROUTE #118
East A. B. Co. St., S. Beverly St., S. Edith St., Rial St., Greenwood

306 FINANCIAL SERVICES
DEBT CONSOLIDATION
Call payments up to 60% 24 hr approved 800-511-6586

SELL YOUR HOME IN 90 DAYS
Free special report. CALL 800-299-7454

TWIN FALLS - \$129,900
LUSTED BELOW APPRAISAL. This 3 bdrms, 2 1/2 baths on quiet cul-de-sac...

518 MOBILE HOMES
BUYING OR SELLING A manufactured/mobile home? Need financing? Great financing available...

DRIVER
CDL drivers wanted. Openings for experienced truck and computer skills needed. Salary & benefits commensurate with experience...

MEDICAL
Seeking a Respiratory Therapist for home care company...

OFFICE AMERICAN STAFFING
Someone who has been asked to become full-time and we need to retrain our outgoing staff...

TECHNICIAN
Manufactured Home service technician needed. Good salary, full benefits. Call for apt. Oakwood Homes, 733-7755.

WENDELL - ROUTE #100
100-600 Bldg. E, 2nd Ave. 100 1/2 Idaho St. N.
ROUTE #112
East 3rd, 4th, 5th, 6th, and 7th Ave.
ROUTE #114
501 S. 4th, 5th, 6th Ave.

305 CONTRACTS & MORTGAGES
\$3 TOP DOLLAR \$3
For contracts, mortgages. 200-734-8727

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Radiologic Technologist
Primary Health, Inc. is seeking qualified applicants for a full-time ART registered (or soon to be registered) Radiologic Technologist.

Primary Health
MISCELLANEOUS ATTENTION FARMERS!
We are looking for the house & get hooked on the soap...

MISCELLANEOUS HIGH SCHOOL JUNIORS
Earn up to \$130 a month for work related to your people skills.

MISCELLANEOUS
We have openings for experienced car salespersons. If you'd like to sell top quality products in a friendly and relaxed environment...

WILLS OF TOYOTA
236 SHOSHONE ST. WEST, TWIN FALLS, ID 83401

217 EMPLOYMENT OPPORTUNITIES
Legitimate job placement firms that work to fill specific positions...

301 BUSINESS OPPORTUNITIES
KECHUM CAFE Main Street, well established, turn key operation...

302 MONEY TO LOAN
\$5-100K \$5
Purchase & refinance loans, 800-734-8727

303 FINANCIAL
We buy notes & real estate contracts. Creative Finance, 1-800-599-4008

304 REAL ESTATE/SALE
501 OPEN HOUSES
Please check your ad for correctness on the first day that it runs...

305 CONTRACTS & MORTGAGES
\$3 TOP DOLLAR \$3
For contracts, mortgages. 200-734-8727

306 FINANCIAL SERVICES
DEBT CONSOLIDATION
Call payments up to 60% 24 hr approved 800-511-6586

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355 FINANCIAL
We

THE ACES ON BRIDGE

Bobby Wolff

any people have played them... Today's game contains a few ups for the unwary declarer...

Bridge score table with columns for North, South, East, West and various card counts.

Today's game contains a few ups for the unwary declarer... The declarer who plays roughly loses his game early...

South leads: Heart five

Opening lead: Heart five

LEAD WITH THE ACES

Bridge score table for 'Lead with the Aces' section.

ANSWER: Spade six. Play for the spade ruff. It will succeed whenever partner holds either the spade ace or the trump ace.

TWIN FALLS Best value in Twin New 2 bdrms, bath, carpets...

TWIN FALLS Clean 1 bdr, 2 bdr, w/laundry, \$250/mo...

TWIN FALLS 2 bdr, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Available now 2 bdr townhouse in newer 3 plus 1 1/2 bath...

TWIN FALLS Very lg, clean, 2 bdr, 2 bath, w/laundry, lots of storage...

TWIN FALLS Unfinished apt, 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 2 lg, bdrms, 2 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Available TODAY! *Excellent 2 bdr, 2 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Cozy 2 bdr, 2 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

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TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Office on Blue Lakes Blvd. Approx. 1250 sq. ft. Reception & 2 private offices...

TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Clean, 1 bdr, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Near Post, 1 bdr, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Newer 2 bdr, 4 plus, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Apartment near 2 bdr, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Small apt, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 1 bdr, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 2 lg, bdrms, 2 bath, approx. 1 bdr, approx. 1 bdr...

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TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS Downtown office space avail. approx. 1200 sq. ft. incl. parking...

TWIN FALLS Office, approx. 1200 sq. ft. Reception & 2 private offices...

TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

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TWIN FALLS 2 bdr, 1 bath, approx. 1 bdr, approx. 1 bdr...

610 STORAGE/WAREHOUSE RENTAL

FOR RENT 1000 sq. ft. Trailer Storage

WINDERMERE Real Estate 734-6789

611 FARMS FOR RENT DAIRY FARM Grade A in the Bull area...

612 PASTURES FOR RENT FILER 80 Acres of corn & hay ground...

615 MOBILE HOME SPACE TWIN FALLS - Trailer spaces for rent at 221 W. Addison...

616 ROOMMATES WANTED Single parent w/mild child to share own country home...

100 FARMER'S MARKET HORSE AAA Customer Rated

701 LIVESTOCK HORSE AA Customer Rated

BUFFALO, bull calves, 5000 each, 326-5400

CATTLE 120 Black Angus, performance information & stock trailers...

CATTLE Beddie Feedlot Custom cattle feeding...

CATTLE - 101 Ranch, Inc. Angus Bull & Female Sale, 1000 head...

CATTLE - 10 short bred cattle, 15 headers off milk...

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JEROME we have moved & need to sell our very nice 14x70 Buddy Mobile...

TWIN FALLS 2bdrm, 1ba, mobile home, 14x66, great shape, exc. location...

520 REAL ESTATE WANTED 1-25 Residential multi-unit's wanted, Call 734-9075.

Executive needs home to move with wife to purchase, Call 736-1170.

FAX YOUR AD TIMES CLASSIFIED DEPARTMENT 208-734-5538

521 MANUFACTURED HOMES BUHL - 2 bdr, 2 bath used single wide, \$7500, Local delivery...

TWIN FALLS 3 bdr, 2 bath, approx. 1 bdr, approx. 1 bdr...

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TWIN FALLS 3 bdr, 2 bath, approx. 1 bdr, approx. 1 bdr...

JEROME 168 S650, 4 bdr, 3 bath, 3 car garage, approx. 1 bdr, approx. 1 bdr...

JEROME spacious 2 bdr, basement, garage, near 141 \$500/mo...

JEROME 2 & 3 bdrms, 3360-5475, no pets, Pofa, Call 324-2834 evenings.

JEROME 2 & 3 bdrms, 3375-5400, \$300 deposit, Pofa, call 324-2841.

JEROME 3 bdr, Very nice, 5400/mo, \$500 deposit, Call 886-7100.

JONES WE HAUL Usually can move you ANYWHERE for less than renting a truck...

KIMBERLY 2 bdr farm house, \$395/mo, 423-6291

KIMBERLY 3 bdr, 1 bath, 1st floor, in bath, yard, Wood burning stove...

TWIN FALLS AVAILABLE NOW *Just refurbished, new paint & carpet throughout...

TWIN FALLS 3 bdr, 2 bath, approx. 1 bdr, approx. 1 bdr...

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TWIN FALLS 3 bdr, 2 bath, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS very cute 2 bdr, county cottage, Must see \$400/mo, 962-3381.

TWIN FALLS 2 bdr, family rm, sm kitchen, refrigerator & range furnished...

TWIN FALLS Brick 3 bdr, family rm, approx. 1 bdr, approx. 1 bdr...

TWIN FALLS 3 bdr, 1 bath, 1st floor, in bath, yard, Wood burning stove...

TWIN FALLS 3 bdr, 1 bath, 1st floor, in bath, yard, Wood burning stove...

TWIN FALLS 3 bdr, 1 bath, 1st floor, in bath, yard, Wood burning stove...

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TWIN FALLS 3 bdr, 1 bath, 1st floor, in bath, yard,

