

GOOD MORNING

WEATHER

Today: Partly morning fog; otherwise cloudy with a slight chance of afternoon rain showers. Highs in the lower 40s. South wind 5 to 10 mph in the morning increasing to 10 to 15 mph by afternoon. **Page A2**

MAGIC VALLEY

Back to school: Bail retiree finds time to volunteer as a CSI tutor. **Page A4**

Friendly competition: Volleyball fund-raiser helps family of bone marrow transplant recipient. **Page A4**

SPORTS

Aluka means goodbye: In their farewell college football games, coach Lou Holtz and Heisman winner Deany Wearfield were stomped in the Hula Bowl. **Page A7**

Leaving his mark: John Cook came from behind Sunday to beat Mark Calaverchia in the Bob Hope Chrysler Classic. **Page A8**

Roughed up: After winning a decision over Miguel Angel Gonzalez, Oscar De La Hoya finally looked like a fighter Saturday. **Page A9**

HEALTH & FASHION



Don't crack up: Winter can be brutal on dry skin. Learn how to lubricate yourself against the driest season. **Page B1**

OPINION

Don't: Abstinence is the only sure pregnancy prevention, a guest editorial says. **Page A10**

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Classified

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Jackpot takes steps for safety

\$140,000 grant paves way for sidewalks

By Sam Feltman
Times-News correspondent

JACKPOT—People in Jackpot walk. Today, a project to make a stroll in Jackpot safer is nearing completion. But just a year ago, tourists and residents alike had to walk on the sides of busy U.S. Highway 93.

Pedestrians darted across the highway. Truckers, senior citizens in motor homes and employees on their way to work drove hurriedly through town, and something had to be done before a major accident happened, the Jackpot Advisory Board and Jackpot citizens decided.

Traffic had to be slowed down and pedestrians needed a place to walk. After years of complaining by citizens and the advisory board, a public workshop was held in Jackpot in November 1994 that included Nevada Assemblyman John Carpenter, the Nevada Department of Transportation, Elko County commissioners, the Jackpot Advisory Board and Jackpot residents and casino representatives.

A plan was mapped out in phases while money was generated from various sources.

It was agreed that foot traffic is important transportation, and a big part of the solution was providing pathways to guide pedestrians to safe crosswalks, and that a traffic signal was needed.

The steps to safety

The first phase, done with the Jackpot budget using Wells Prison Honor Camp labor, included laying sidewalks on both sides of Highway 93 from Cactus Petes to

Barton's Club 93 and installing a vinyl fence. The honor camp proved cost-effective: Linda Ritter, assistant Elko County manager, said just a little more than \$30,000 came out of Jackpot's budget.

Jeff Bloom of the Jackpot Public Works Department, local supervisor for the job, said only one prisoner had any experience with concrete, but they worked hard and did a good job.

The second and third phases were paid for mostly with a \$140,000 federal grant administered through the Nevada Department of Transportation. The department paid the rest of the \$181,700 for the two phases.

County Engineer Mike Murphy and Kris Stone of the Jackpot Advisory Board were key to obtaining the federal grant. Of 23 applications from throughout Nevada, the Jackpot/U.S. 93 Pedestrian Safety Enhancement Project was ranked the No. 1 priority for 1995 with the money to be allocated for 1996.

Murphy is pleased with the project. "We finally have some pedestrian facilities in Jackpot," he said.

Stone is happy that the project was done in a timely manner. She said casino owners were cooperative and tolerated inconvenience during construction. She said she feels safer walking now, and she loves seeing children and tourists using the sidewalks.

Phases two and three included laying

Please see SIDEWALKS, Page A2

Sidewalks in Jackpot, Nev., now run to both ends of town, helping assure a safer route for pedestrian traffic.



WILL MCGHEE/The Times-News



Above, Paul Russo of Glover, Vt., leads a group of anti-Clinton protesters in Washington, D.C., Sunday. Below, the president pokes his tongue out in the White House Oval Office.

Clinton haters gear up for 4 more years

The Hatfield Star

WASHINGTON—Anticipating four more years of scandal for the president, R. Emmett Tyrrell Jr. sums up his scenario for Bill Clinton's second term in a scathing "Essay."

Tyrrell, a leading Clinton hater, intends to keep on tormenting the man he calls Boy Clinton, which is also the title of his best-selling biography of the president.

"Clinton's been good to us," chorales Tyrrell, the editor of the American Spectator magazine, tickled by the

Please see HATERS, Page A2



Cold temperatures can't chill inaugural celebrations

The Associated Press

WASHINGTON—On the eve of his second inauguration, President Clinton celebrated with excited supporters Sunday and mused, "Maybe this will be the second time around." Bundled against icy cold, tens of thousands of visitors thronged the capital for parties, music and fun.

Eager to recreate the enthusiasm of four years ago, Clinton urged revelers to

have a good time. "I hope every day for the next four years you will be immensely proud of what you did to make this day come about," he told a Democratic National Committee brunch.

At noon today, repeating the ritual that opened his presidency, Clinton will stand before hundreds of thousands of people at the west front of the Capitol and recite the 45-word oath of office. Vice President Al Gore will take his oath

Please see CELEBRATIONS, Page A2

Earth-shattering issue

To area farmers, shift of soil conservation programs isn't just a bureaucratic move

By Karen Tolkinlin
Times-News writer

BOISE—It sounds tedious at first—like more administrative shuffling.

Gov. Phil Batt wants to move this commission from that department to this department over here.

But what sounds like boring bureaucracy has farmers sitting at the edge of their tractor seats. Some Magic Valley legislators are also interested—and skeptical.

Batt wants to move the Soil Conservation Commission to the Department of Agriculture from the Department of Lands in order to consolidate water quality groups, and comply with a judicial order that says the state has five years to develop a reasonable plan to clean up 962 polluted stream segments in Idaho.

"That includes the mid-Snake, the greenish water carving through steep canyon walls that attracts boaters and fishermen but which is jam-packed with dirt, farm chemicals, manure and sewer plant runoff. In dry years, the pollutants spur algae growth so dense that muskrats can stand on it."

Combining administrative staff will save money, send out three or four more



Phil Batt



Doug Jones



Maxine Ball

field workers to cope with water quality problems, and put water quality experts under direct control of the state, said Terry Nelson, financial analyst for the Division of Financial Management.

But farmers fear that moving the five-member commission will weaken its autonomy and force farmers to construct water quality programs instead of leaving it optional.

Please see CONSERVATION, Page A2

Transglobal quest runs out of gas

Balloonist calls it quits near the halfway point

The Associated Press

CHICAGO—Lacking enough fuel to make it across the Pacific Ocean, balloonist Steve Fossett decided that halfway would have to be good enough in his attempt to fly nonstop around the world.

The 52-year-old Chicago securities trader planned to land his huge silver balloon, Solo Spirit, somewhere in Bangladesh late Sunday or early today, U.S. time.

"It's been a fantastic flight from a lot of different angles," said Doug Blount, one of Fossett's ground crew assigned to tracking the balloon.

The adventurer took off Jan. 13 from St. Louis and has elapsed by several thousand miles his own world distance ballooning record, 6,435 miles traveled on a 1985 flight from Seoul, Korea, to Canada.

He had hoped to become the first balloonist to fly nonstop around the globe but conceded from the start that it was a long shot.



Steve Fossett

Flashing at 20,000 feet above India on Sunday, Fossett and his supporters back in the Midwest plotted a landing before he began passing over the rugged mountains of Southeast Asia or the Pacific Ocean.

"Right now he's talking about Bangladesh," which would put him half way around the globe, Blount said.

"There's enough fuel for a couple of days, but that would put him out over the Pacific, and I don't think he wants to try a water landing."

Fossett had lifted off with 700 gallons of propane fuel in tanks around his capsule, enough he had hoped to circumnavigate the planet.

His ground crew was unable to explain why he ran short.

"That's a big mystery to everybody here," Blount said from the team's headquarters at Loyola University in Chicago.

AROUND THE VALLEY

Jury selection in Butcher murder trial begins

BOISE - Selecting a jury to judge the Paul man accused of killing Blake Morgan Jr. last April won't begin until Tuesday.

Jury selection for the Kody Butcher murder trial was originally scheduled for today. However, was postponed until Tuesday in observance of the Martin Luther King Jr. holiday.

Butcher, 20, and Jesus Diaz, 38, are charged with first-degree murder in connection with the Morgan slaying. Investigators believe Butcher pulled the trigger and fired three shots into Morgan as he slept in his home.

Both their trials will be in front of an Ada County jury after a judge ruled that publicity surrounding the case prevented the men from getting a fair trial in Blaine County.

Butcher's trial is expected to last from four to five weeks. Diaz' trial will begin March 17.

If convicted, both men could spend the remainder of their lives in prison without chance of parole.

Planners will meet

Tuesday at Filer City Hall

FILER - The Filer Planning and Zoning Commission will hold a regular meeting at 7:30 p.m. Tuesday at City Hall.

A citizens' input session is on the agenda. The unfinished business discussion will focus on changing the date of the planning and zoning meeting. Under new business, the commission will appoint planning and zoning members.

Wendell City Council plans work session for Tuesday

WENDELL - A work session of the Wendell City Council has been called for 7 p.m. Tuesday at City Hall.

The purpose of the meeting is to discuss irrigation rates and the water tank and well. The public is encouraged to attend.

Castleford School Board to discuss budget additions

CASTLEFORD - The Castleford School District 417 Board of Trustees will meet at 7 p.m. Tuesday in the school library.

Board members will discuss next year's budget additions and concerns and graduation speaker possibilities. The board will take action regarding the negotiation team appointment.

General information and literature will be provided about the Katie Varin Coca-Cola Scholars program, a school-to-work meeting, Future Farmers of America expectations, legislative bulletin, and a goals report.

Andy Wiseman will give the principal's report, followed by the superintendent's report by Kelly Murphy.

The board meeting will close with discussion of the next meeting, set for 7 p.m. Feb. 18 and an executive session for personnel matters.

Police office, airport grant highlight Gooding council

GOODING - The regular meeting of the Gooding City Council and mayor will be held at 7 p.m. Tuesday at City Hall. A work session with the police chief begins at 6:30 p.m.

Visitors will be introduced, and the council will discuss old business, including the police office and the airport grant payment. New business discussion will focus on the mayor's appointments of council members.

An executive session may be called.

Public comment opens Shoshone City Council

SHOSHONE - The Shoshone City Council will meet at 8 p.m. Tuesday at City Hall.

A public comment time is first on the agenda. Other items on the agenda include the U.S. 93/50th Greenwood highway project, Smokey Webb's sewer and water application, landfill ground, Saturday garbage collection, dogs, meetings with the school and department, the depot, and a Bureau of Land Management land exchange. An executive session may be called.

Proposed amendments to be heard at city council

KETCHUM - The regular Ketchum City Council meeting will be called to order at 6:30 p.m. Monday at City Hall.

Two public hearings are first on the agenda. The council will hear proposed amendments to the zoning ordinance, then consider an application from Steven Slivinski and John Kendall, who want to vacate a condominium subdivision. Known as the Snowdance Condominiums and subdivide the condos into two townhouse sublots.

The council also will consider recommendations on a consultant to prepare the update of the city comprehensive plan.

An executive session to discuss litigation, personnel and land acquisition will conclude the meeting.

Compiled from staff and wire reports

The doctor is in, ready to help

Retired vet helps aliens become citizens

By Loretta Burkhardt
Times-News correspondent

BUHL - As a volunteer tutor for the College of Southern Idaho Adult Basic Education program, Dr. Charles H. "Chuck" Lehman knows firsthand the meaning of Albert Schweitzer's "... you don't live in a world all your own, your brothers live here too."

Now in his second year with the ABE outreach program (English as a second language and citizenship classes) in Buhl, he helps others learn the curriculum necessary to become U.S. citizens, and recently saw the results of those efforts.

Two of his pupils, Gabriel Galvan from Mexico and Svetlana Tolstokorva from Russia, gained U.S. citizenship in time to vote in November's presidential election.

"He helped me so much," Galvan said. "If it had not been for Chuck and the (ESL) classes, I probably would not be a citizen by now."

And how does Lehman, vice chairman of CSI's board of trustees, feel about such accomplishments?

"Elation, no, 'double elation' - that's the only way I can describe the way I

Please see HERO, Page A6



Volunteer tutor Charles Lehman helps students Lidia Fenella, left, and Esperanza Rodriguez during the citizenship class which he teaches in Buhl.

THERE TO HELP



Dennis Christensen swipes the ball over the net Saturday during a volleyball tournament in Burley benefiting Aubrey Shurtz, a 16-year-old Rupert girl who recently received a bone marrow transplant in her battle against cancer.

Tournament raises money to fight cancer

By Kevin Miller
Times-News writer

BURLEY - Her bone marrow transplant completed, 16-year-old Aubrey Shurtz is still about 100 days from home.

But when she arrives back in Rupert, Shurtz will probably look at the community a little differently.

After so many people pitched in to help tackle the high costs of her battle with cancer, she was diagnosed with non-Hodgkin's lymphoma in 1995.

Friday and Saturday at the Racqueteer's Racquetball and Health Club in Burley, around 100 recreational volleyball players from throughout the Magic Valley raised several thousand dollars to help Shurtz and her family. Six-player squads paid \$100 per team

plus a private donation per player to compete in the third annual benefit tournament, put together by Trent Ferrin and Scott Beck.

The event is an unusual fund-raiser, in that every penny goes to the beneficiaries. There are no administration fees, arena rentals, or any other cost to subtract from donations.

"We have not paid out a penny," Ferrin said. "While they are hesitant to speak about it, Shurtz' family can use the help, with nine kids living at home and a medical bill for Aubrey that could reach \$250,000. The bills are one step for Rex Davis, a newspaper carrier for The Times-News, and his wife Shawna, a clerk at Swensen's Market in Rupert."

Ferrin learned about Shurtz' plight through an article in The Times-News

Please see FUND-RAISER, Page A6

Council will consider 'pick-me-up' for parks

The Times-News

TWIN FALLS - With litter piling up in many city parks, backers of an Adopt-A-Park program are hoping to win city approval to get the garbage out.

Council members will consider the idea at tonight's meeting.

"We've felt that litter has been a problem in our city parks for a number of years," said Don Morishita, who sits on the city's Parks and Recreation Commission. "We're just asking for the city's support and endorsement."

Much like the Adopt-A-Highway program, the Adopt-A-Park program would authorize volunteer groups to pick up litter at designated parks. If approved, each group would be paired with a specific park and the group's name would be emblazoned on a conspicuous sign at the park.

The minimum adoption period would be two years and designated parks must be cleaned at least four times per year. Participating groups would be barred from subcontracting their duties to others.

Parks smaller than 15 acres would be assigned to a single group, but larger parks could get more than one guardian organization.

Dierkes Lake and Shoshone Falls parks would be split between several groups, Morishita said, which is appropriate because "they seem to be our two most-littered parks."

People who drop cans, bottles and fast-food wrappers in city parks have no sense of ownership, Morishita said, adding, "They just don't care."

Trashy people aren't likely to join a clean-up brigade, Morishita conceded, "but we hope they will understand there are large groups of people who do care about litter - so they won't throw a beer bottle underneath a bush."

Morishita said he has pitched the idea to local Boy Scouts, 4-H leaders and other community groups.

"We're hoping this will grow into more than just trash removal," he said. "We'd like it to expand into park improvements, buying new equipment and repairing things."

Want to attend?

The Twin Falls City Council will meet at 6 p.m. today in City Hall. The meeting is open to the public.

King's dream motivates Minidoka school officials

By Lori Bettineski
Times-News writer

"I have a dream that my four children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character."

- Martin Luther King Jr.

RUPERT - Twenty-nine years after his assassination, Martin Luther King Jr.'s dream of equality, nonviolence and social justice for all races is remembered each year on this national holiday.

Today, a small, rural school district in southern Idaho looks to King's dream as a guideline to chart its future.

Minidoka County School District parents, teachers and administrators are involved in a strategic planning process this year to develop a new mission statement, vision and statement of philosophy.

University of Idaho professor Mike Tomlin, who has been helping the group develop these new goals, suggested looking at King's ideas and goals as a starting point.

"Dr. Tomlin's suggestion is a good one as we start establishing some direction for this district," said Superintendent Nick Hallert. "King's speech is an excellent example of vision and what we need to do educationally as a district, and something we'll be looking at more in the coming months."



Dr. Martin Luther King Jr. touched the nation with his 'I Have a Dream' speech during the March on Washington, D.C. Aug. 28, 1963.

"The district does not have a mission statement in place.

"This is new for the district," Hallert said. "But once we have a vision, mission statement and statement of philosophy worked out, we'll develop short- and long-range goals for the district and update them annually."

Please see KING, Page A6

Suspicious packages were addressed to CIA

SPOKANE (AP) — The suspicious packages that disrupted life in downtown Pullman on Saturday were addressed to the Central Intelligence Agency, a source told The Associated Press on Sunday.

The seven packages found in downtown Pullman on Saturday prompted police to close the main street through town for much of the day. None of the packages contained an explosive device.

Similar packages addressed to the CIA turned up at a post office distribution center in Spokane on Friday, the source, who requested anonymity, said.

"They had contents in them, but we will not divulge what they were," the person said. "There were no explosives in them."

The packages did not include a return address.

The U.S. Postal Inspectors service will investigate the packages, but the source said the Pullman and Spokane cases appeared to be a prank.

The Inland Northwest has a recent history of bombings by white separatist groups, including three bombings in the Spokane Valley last summer.

Also, recent incidents of letter bombs from the Midwest have placed postal workers on alert, the source said.

Fourteen letter bombs have been mailed this month to the offices of Al Hayat, a leading Arabic newspaper, in Washington, London, Saudi Arabia, and the United Nations. One blew up Monday, injuring two people in the paper's London headquarters.

Most of the letters appeared to carry postmarks from Alexandria, Egypt. Egyptian authorities have suggested the stamps may have been forged.

The robot, nicknamed Elvis, has an arm that can move suspicious packages. A bomb squad from Spokane, armed with a robot, determined the packages were not explosive. The robot, nicknamed Elvis, has an arm that can move suspicious packages.

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Spokane mayor has financial problems

SPOKANE (AP) — Spokane Mayor Jack Geraghty is heading to court this week because of financial woes.

Geraghty is going to court for the third time in the past year for failing to pay his estranged wife \$1,640 a month in support payments.

"That is a personal matter," Geraghty said Friday. "I have no comment on it. I'm working my way through all of this."

He is also seeking to lower his payments and sell the family home.

Geraghty earns \$36,000 a year as mayor of the state's second-largest city. He also runs a public relations consulting business.

Records filed in Spokane County Superior Court show he defaulted on a \$165,000 line of credit from Washington Trust Bank and owed \$15,000 in credit card bills as of last October.

Geraghty said in court documents that he cannot afford the monthly payments to his wife, because his business is making less than expected.

"The principal reason why I have earned less from public relations and consulting is because of the time commitment required to be mayor of Spokane," Geraghty said.

After three packages were discovered in a mail box shortly after 1 p.m. on Saturday, Pullman police decided to shut down the area around Grand Avenue and Stadium Way.

The robot, nicknamed Elvis, was found at the Pullman Post Office, a mile away on Grand Avenue.

A bomb squad from Spokane, armed with a robot, determined the packages were not explosive. The robot, nicknamed Elvis, has an arm that can move suspicious packages.

The traffic situation returned to normal about 8:30 p.m. Saturday.

The street closure caused huge traffic jams as more than 8,000 people were leaving the Washington-Washington State basketball game on the nearby WSU campus.

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SERVICES

John LePore, of Twin Falls, funeral Mass., 1 p.m. today, St. Edwards Catholic Church, Twin Falls, (Reynolds Funeral Chapel in Twin Falls).

Edlin Crowl, of Twin Falls, 11 a.m. today, Reynolds Funeral Chapel, Twin Falls.

Douglas "Doug" Eugene Greig, of Bruneau, 11 a.m. today, Summers Funeral Homes, McMurry Chapel, Mountain Home.

Sarah T. Egbert, formerly of Murtaugh, 1 p.m. today, Murtaugh LDS Chapel. Family and friends may call from 11:45 a.m. to 12:45 p.m. today at the church, (White Mortuary in Twin Falls).

Hilda Malmberg Ertters, of Jerome, 1 p.m. today, Jerome 3rd Ward LDS Chapel on East Avenue B. Friends may call one hour before the funeral today at the church, (Hove-Robertson Funeral Chapel in Jerome).

Another funeral will be held at 1 p.m. Tuesday, Clarkson Ward LDS Chapel, Clarkston, Utah, with a viewing starting at 11:30 a.m., (Nelson Funeral Home, Smithfield, Utah).

Jesse "Jesse" "Tute" Turrez Neuzer Sr., of Burley, 10 a.m. Tuesday, Burley 3rd and 7th Ward LDS Chapel, 2010 Oakley Ave. Friends may call from 6 to 8 p.m. today, Eugene Mortuary, 221 W. Main St., Burley, and from 9 to 9:45 a.m. Tuesday at the church.

Paul Eugene Reddington, of Hansen, 11 a.m. Tuesday, First Church of the Nazarene, Twin Falls. Friends may call from 8 to 8 p.m. today, White Mortuary, Twin Falls.

Eva Darley, of Rupert, 11 a.m. Tuesday, Rupert LDS Stake Center. Friends may call from 6 to 8 p.m. today, Hansen Mortuary Rupert Chapel and from 9:30 to 10:30 a.m. Tuesday at the church.

Paul Wetter, of Twin Falls, memorial service, 3 p.m. Tuesday, Valley Christian Church, Twin Falls, (White Mortuary in Twin Falls).

Jeann Berry Hering, of Hazelbrook, Calif., and formerly of Glens Ferry, memorial service, 11 a.m. Feb. 1, Moose Hall, 401 E. First, Glens Ferry, (Hove-Robertson Funeral Chapel in Jerome).

DEATH NOTICES

Nedra Greene
TWIN FALLS — Nedra H. Greene, 82, of Twin Falls, died Saturday, Jan. 18, 1997 at the Twin Falls Care Center. Services will be announced by Reynolds Funeral Chapel.

Bob Jack Jones
TWIN FALLS — Bob Jack Jones, 88, of Twin Falls, died Saturday, Jan. 19, 1997 at the Twin Falls Clinic and Hospital. Arrangements are pending under the direction of White Mortuary, Twin Falls.

John Webster
JEROME — John D. Webster, 74, of Jerome, died Sunday, Jan. 19, 1997, at Magic Valley Regional Medical Center. Funeral arrangements are pending and will be announced by the Hove-Robertson Funeral Chapel in Jerome.

Ruby Shaw
RUPERT — Ruby Shaw, 93, of Rupert, died Sunday, Jan. 19, 1997, in the Mindoka Memorial Hospital. Funeral services are pending and will be announced by Hansen Mortuary Rupert Chapel.

George M. Crowser, of Twin Falls, 2 p.m. today, First United Methodist Church, Twin Falls, (Reynolds Funeral Chapel in Twin Falls).

Claude J. Sheaffer, of Glens Ferry, 2 p.m. today, Demary's Gooding Chapel.

HOSPITALS

MAGIC VALLEY REGIONAL MEDICAL CENTER
Admitted
Gala Dalaglype of Twin Falls
Discharged
Leah Roldewey of Twin Falls

CASSIA REGIONAL MEDICAL CENTER
Admitted
Dorcas Kendall of Heyburn, and Steve Worthington of Paul.

MINIDOKA MEMORIAL HOSPITAL
Admitted
Verl Clark and Edith Marjan, both of Rupert.
Discharged
Guzman Dominga, Rupert; Sharrn Bortz and girl, of Declo.
Births

George Becker and **David Packer** of Burley, **Glenn Allen** of Paul, **Glenn Winters** of Heyburn, **Oleene Warr** of Malta, and **Makala Schoeyer** of Elsieville.

Kathleen and **Dale Bowers** of Burley, **Trinidad Sullivan** of Heyburn, and **Ellen** and **Dean Stevenson** of Paul.

Edith and **Wallace Morgan**, a son, of Rupert

OBITUARIES

For obituary rate information, call 733-0931, extension 278

TWIN FALLS



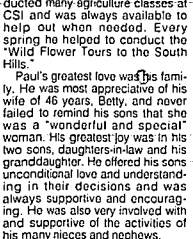
Paul Wetter

encouragement they received from Wendell was critical to him, regardless of where he lived, and this is reflected in all of the organizations he belonged to, including the Idaho Furry Club, Valley of Commerce, where he served as President; the Bonner's Ferry County Fair Board; Future Farmers of America; and the Idaho Valley Vocational Ag Teachers; Twin Falls Chamber of Commerce; Twin Falls County Historical Society; Idaho Valley Christian Church; and Church Homes of Idaho, where he served as President and a member of the Board of Directors for many years. He was also an active member of Valley Christian Church and served in the capacities of Deacon, Elder, Financial Secretary, Board Moderator and Finance Chairman. He enjoyed singing in the choir and he and Betty embraced the meaning of being Christians by always offering help to new newcomers at the Church, to make them feel welcome. In his spare time he loved to play pool and most Mondays could be found at Valley Vista Village playing pool with the residents. He also enjoyed golf, bowling and gardening. His greatest attribute was that he had a goal and was truly interested in helping them achieve their goals and dreams. This was evident as he made everyone feel welcome and comfortable in any environment and quickly became everyone's friend. He offered love and care to all he came in contact with and this is perhaps his greatest legacy.

He was preceded in death by his parents; a brother, Nick; and a sister, Margaret. He is survived by his wife, two sons, David (Lisa) Wetter of Boise, Idaho, and his four-year-old daughter, Hope Caitlin; and John (Liz) Wetter of Hayward, Cal.; brothers Hans Wetter of Orofino and Fred Wetter and Karl Wetter, all of Plummer; sisters Gertrude Reeder of Hood Canal, Wash., Martha Soderstrom of St. George, Utah, Rosie Long of Spokane, Wash., and Elizabeth Rota of Albuquerque, N.M.; and numerous nieces and nephews.

Memorial services will be held Tuesday, Jan. 21, 10:30 a.m. at Valley Christian Church in Twin Falls. Memorials may be made to the Church Building Fund, the College of Southern Idaho, the Foundation Scholarship Fund or to a charity of choice. Arrangements

WENDELL



Wendell

Paul's greatest love was his family, his most important. He conducted many agriculture classes at CSI and was always available to help out when needed. Every Sunday he helped to conduct the Wild Flower Tours to the South Hills.

Being an active community member was critical to him, regardless of where he lived, and this is reflected in all of the organizations he belonged to, including the Idaho Furry Club, Valley of Commerce, where he served as President; the Bonner's Ferry County Fair Board; Future Farmers of America; and the Idaho Valley Vocational Ag Teachers; Twin Falls Chamber of Commerce; Twin Falls County Historical Society; Idaho Valley Christian Church; and Church Homes of Idaho, where he served as President and a member of the Board of Directors for many years. He was also an active member of Valley Christian Church and served in the capacities of Deacon, Elder, Financial Secretary, Board Moderator and Finance Chairman. He enjoyed singing in the choir and he and Betty embraced the meaning of being Christians by always offering help to new newcomers at the Church, to make them feel welcome. In his spare time he loved to play pool and most Mondays could be found at Valley Vista Village playing pool with the residents. He also enjoyed golf, bowling and gardening. His greatest attribute was that he had a goal and was truly interested in helping them achieve their goals and dreams. This was evident as he made everyone feel welcome and comfortable in any environment and quickly became everyone's friend. He offered love and care to all he came in contact with and this is perhaps his greatest legacy.

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Paul Wetter, a longtime resident and active community participant of Twin Falls, died Friday, Jan. 17, 1997 after a courageous battle with cancer. He was 73 years old.

He was born to Ferdinand and Hedra Ida Zolneger Wetter on Aug. 24, 1923 in Tekoa, Wash., and grew up in Plummer, Idaho. He worked for the Forest Service throughout his high school years until graduating from Plummer High School. He served as a First Lieutenant in the United States Army Air Corps from 1946-1948 and served in active military duty during World War II. He celebrated his 21st birthday in India, lying over the "hump," and went on to become a first pilot with more than 600 hours of combat time and 60 missions completed.

Following his military career, he attended the University of Idaho in Moscow, where he obtained a Bachelor of Science degree in Agriculture in 1948. He taught agriculture courses at Bonanza Ferry from 1949-1957. He met a young pretty home economics teacher who would steal his heart and be his best friend and loving wife for the next 46 years. Betty Jane Pyles married Paul on March 23, 1957 in Nez Perce, Idaho. In 1957, they moved to Orofino where they owned and operated a flower stand and Paul substitute taught until returning to the University of Idaho in 1960.

During his graduate studies, he worked for Warron Pop in the Agronomy Department until he graduated with a Master's degree in Agriculture in 1963. He worked as an agronomist and wheat breeder for Northern King Seed Co. and he and his family resided in Twin Falls from 1963-1965; then worked in Minneapolis, Minn. from 1965-1968. He taught vocational agriculture in Sandpoint, Idaho in 1966 and moved to Moscow where he worked for Crites Seed Co. as a plant breeder. In 1973, Paul made his last move and settled his family in Twin Falls, where he became the Professor of Agriculture at the College of Southern Idaho when he retired. He was a natural born teacher and had an unsurpassed passion for teaching young people. Many students later declared they "would have made it" without the mentoring and

encouragement they received from Wendell was critical to him, regardless of where he lived, and this is reflected in all of the organizations he belonged to, including the Idaho Furry Club, Valley of Commerce, where he served as President; the Bonner's Ferry County Fair Board; Future Farmers of America; and the Idaho Valley Vocational Ag Teachers; Twin Falls Chamber of Commerce; Twin Falls County Historical Society; Idaho Valley Christian Church; and Church Homes of Idaho, where he served as President and a member of the Board of Directors for many years. He was also an active member of Valley Christian Church and served in the capacities of Deacon, Elder, Financial Secretary, Board Moderator and Finance Chairman. He enjoyed singing in the choir and he and Betty embraced the meaning of being Christians by always offering help to new newcomers at the Church, to make them feel welcome. In his spare time he loved to play pool and most Mondays could be found at Valley Vista Village playing pool with the residents. He also enjoyed golf, bowling and gardening. His greatest attribute was that he had a goal and was truly interested in helping them achieve their goals and dreams. This was evident as he made everyone feel welcome and comfortable in any environment and quickly became everyone's friend. He offered love and care to all he came in contact with and this is perhaps his greatest legacy.

He was preceded in death by his parents; a brother, Nick; and a sister, Margaret. He is survived by his wife, two sons, David (Lisa) Wetter of Boise, Idaho, and his four-year-old daughter, Hope Caitlin; and John (Liz) Wetter of Hayward, Cal.; brothers Hans Wetter of Orofino and Fred Wetter and Karl Wetter, all of Plummer; sisters Gertrude Reeder of Hood Canal, Wash., Martha Soderstrom of St. George, Utah, Rosie Long of Spokane, Wash., and Elizabeth Rota of Albuquerque, N.M.; and numerous nieces and nephews.

Memorial services will be held Tuesday, Jan. 21, 10:30 a.m. at Valley Christian Church in Twin Falls. Memorials may be made to the Church Building Fund, the College of Southern Idaho, the Foundation Scholarship Fund or to a charity of choice. Arrangements

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Enrollments at WSU, EWU drop

SEATTLE (AP) — Enrollments are falling significantly below projections this year at Washington State University and Eastern Washington University.

Enrollments are also expected to come up short at Western Washington University and the University of Washington branches in Bothell and Tacoma.

The shortfall has upset some lawmakers, who question the accuracy of the forecasts.

"There's been no formal explanation for why this has happened at a time when colleges are asking the Legislature for more student slots to handle an expected surge of enrollment from the children of baby boomers.

Higher-education officials and state budget forecasters contend this year's shortfall is a temporary lull before greater demand appears.

"The numbers concern us," said state Sen. James West, R-Spokane, chair of the Senate Ways and Means Committee.

"There's not enough money in the state budget to spend these kinds of mistakes in the future."

Based on fall enrollments, state budget analysts predict that by the end of this academic year, EWU will have 507 fewer full-time students than budgeted. That is 11.6 percent below its budgeted 7,825 enrollment.

Washington State is projected to fall short by 763 students, nearly 4 percent below its bud-

getted 19,330 students on its four campuses.

Western Washington University is projected to be 86 students below its budgeted enrollment.

The two UW branches are projected to be under-enrolled by a total of 72 students.

By contrast, the main UW campus is over-enrolled by about 135 students. Central Washington University by 166 spaces, and the Evergreen State College by four spaces.

The under-enrollment at Eastern, which is located in the Spokane County town of Cheney, is the biggest concern.

"The fact that we're down is kind of a fact of life," said EWU vice president Michael Stewart.

"That's the reality of the population of students we serve."

Eastern is largely a commuter campus for Spokane-area residents. He also said the college-age population is not growing as fast in Eastern Washington.

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Washington State is projected to fall short by 763 students, nearly 4 percent below its bud-

Ex-treasurer of Utah museum gets 2 days in jail

SALT LAKE CITY (AP) — The former treasurer of the Magna Ethnic and Mining Museum has been ordered to spend two days in jail for stealing \$7,000 from the museum.

Brent Huish, 58, admitted he used the money for personal expenses last year. He has served the 57,000.

Prosecutors originally charged him with missing public money, a second-degree felony. He pleaded guilty to the reduced charge of attempted misuse of public money, a third-degree felony.

Third District Judge Leslie A. Lewis ordered Huish on Friday to serve two days in jail and 28 days of home confinement, pay an \$800 fine and perform 100 hours of community service.

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AUCTION CALENDAR THROUGH JANUARY 25*

TUESDAY, JANUARY 21* 5 pm Household - Tools - Antiques Consignments Welcome - Jerome KLAAS AUCTION BARN

SATURDAY, JANUARY 25* 10 am IDAHO'S LARGEST PUBLIC AUTO AUCTION** Autos - RV's - Motorcycles - Boats - Etc! Advertisement - January 19 MUSICK & SONS, INC.

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MAGIC VALLEY/WEST

ON THE AGENDA

Following is a list of governmental meetings scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

- TODAY**
Bliss School Board, 7:30 p.m., school library.
Hansen School Board, 7 p.m., high school.
Twin Falls City Council, 6 p.m., City Hall.
- TUESDAY**
Buhl School Board, 7 p.m., school district office.
Burley City Council, 8 p.m., City Hall.

- Castledale School Board, 7 p.m., high school.
Filer Planning and Zoning Board, 7:30 p.m., City Council chambers.
Goulding City Council, 7 p.m., City Hall.
Hagerman City Council, 7 p.m., City Hall.
Haley Planning and Zoning Commission, 7 p.m., Haley Town Center.
Judokart Advisory Board, 5:30 p.m., fire-station training room.
Jerome City Council, 7 p.m., City Hall.
Jernimo County commissioners, 4 a.m., courthouse.
Ketchum City Council, 6:30 p.m., City Hall.
Methuena County School Board, 7 p.m., school district

- office in Rupert.
Rupert City Council, 7 p.m., City Hall.
Shoshone City Council, 8 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.
- WEDNESDAY**
Glenns Ferry City Council, 7 p.m., City Hall.
Heyburn City Council, 7 p.m., City Hall.
Shoshone City Planning and Zoning Commission, 7:30 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.
Wendell City Council, 7 p.m., City Hall.

- THURSDAY**
Bellevue City Council, 7 p.m., City Hall.
Gooding County Memorial Hospital Taxing District, 11 a.m. conference room at the hospital.
Gooding County Memorial Hospital Board, 7 p.m., conference room.
Hagerman Chamber of Commerce, noon, Hagerman Senior Center.
Sun Valley City Council, 3:30 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.
- FRIDAY**
Twin Falls County commissioners, 8:30 a.m., courthouse.

THIS WEEK AT CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

TODAY
The college is closed for Martin Luther King Jr. Day.

TUESDAY
Region IV Development Association meets at 1 p.m. in Canyon 121.

WEDNESDAY
Military testing will be held at 5:30 p.m. in Shields 208.
Swing Band rehearsal will be held at 7:30 p.m. in Fine Arts 121.

THURSDAY
Magic Valley Choral rehearsal will be held at 7:30 p.m. in Fine Arts 133.

FRIDAY
Twin Falls Canal information meeting will be held at 9 a.m. in Aspen 108.
Arts on Four presents the Utah Ballet at 7:30 p.m. in the Fine Arts Auditorium.

SATURDAY
Scholastic Aptitude Test will be given at 8 a.m. in Shields 108.
Idaho Personnel exam will be given 9 a.m. in Shields 311.
Jazz Combo rehearsal will be held at 9 a.m. in Fine Arts 121.
YMCA Youth Government Convention will be held from 9 a.m. to 3 p.m. in the Shields Building.
Methodist Church Annual Conference satellite downtown will be viewed at 2 p.m. in Aspen 108.
Boxing smoker will be held at 8 p.m. in the Expo Center.

SUNDAY
Latham car show will be held from 8 a.m. to 10 p.m. in the Expo Center.

FOR THE RECORD

Twin Falls County

TWIN FALLS—Recent activity in Twin Falls County Fifth District Court included:

Magistrate Court sessions:
Michael Trent Kay, 36, 198 Quince St., Twin Falls, petit theft; guilty plea entered; \$400 fine, 30 days probation, 180 days jail, 180 suspended, credit for 15 days served, 24 months probation; Magistrate Judge Charles Brumback.
Justin R. Hammill, 20, 749 Fair Ave., Filer, driving while the influence; guilty plea entered; \$500 fine, 30 days probation, 180 suspended, driving privileges suspended 365 days, 12 months probation, same amount Narcotics Anonymous or Alcoholics Anonymous three times per week; Magistrate Judge Michael Redman.
Maria Rodriguez Menchaca, 29, 1628 Willow Lane, Twin Falls, driving under the influence; pleaded guilty to amended charge of inattentive driving; \$300 fine, 30 days probation, 180 suspended; Magistrate Judge Charles Brumback.
Kimberly K. Miller, 29, 439 Francis St., N., Twin Falls, allowing a dog to run at large; guilty plea entered; \$300 fine, 30 days probation, 180 suspended; Magistrate Judge Charles Brumback.
Robert T. Stead, 35, 501 E. 500 N., Filer, driving without privileges; guilty plea entered; \$300 fine, 30 days probation, 180 suspended, 30 days incarceration, 180 suspended, driving privileges suspended 180 days, 24 months probation; Magistrate Judge Charles Brumback.
David F. Hughes, 36, Stehane Center Park #84, possession of a controlled substance narcotic; guilty plea entered; \$300 fine, 30 days probation, 180 suspended, 30 days incarceration, 180 suspended; driving privileges suspended 90 days;

Magistrate Judge Charles Brumback.
Kim Eastler, 23, 705 Union, Filer, transporting an open container; guilty plea entered; \$50 fine, 30 days probation, 180 suspended; Magistrate Judge Charles Brumback.
Kamuchaklan Cordier, 36-3028 N-3000 E., Twin Falls, domestic battery; guilty plea entered; \$200 fine, 30 days probation, 180 suspended; 180 suspended, 180 suspended; probation 24 months; must complete anger management class within 90 days and comply with all follow-up recommendations; Magistrate Judge Charles Brumback.
William Price Hamilton, 18, 212 Lincoln St., Twin Falls, unlawful overtaking and passing a school bus; guilty plea entered; \$100 fine, 30 days probation, 180 suspended; Magistrate Judge Charles Brumback.
Eric Terrance Budd, 19, 3986 N. 2330 E., Filer, using another's driver's license as own; guilty plea entered; \$35 fine, 30 days probation, 180 suspended; Magistrate Judge Michael Redman.
John E. Schwarz, 44, 181 Filer Ave., Twin Falls, possession of a controlled substance; guilty plea entered; \$150 fine, 30 days probation, 180 suspended, 30 days incarceration, 180 suspended; driving privileges suspended 180 days; Magistrate Judge Michael Redman.
John E. Schwarz, 44, 181 Filer Ave., Twin Falls, possession of drug paraphernalia; guilty plea entered; \$35 fine; Magistrate Judge Michael Redman.
Lisa A. Hultwey, 19, 1307 Runway N., Twin Falls, misrepresentation of identification card; guilty plea entered; \$150 fine, 30 days probation, 180 suspended, 30 days incarceration, 180 suspended; driving privileges suspended 90 days;

six months probation; Magistrate Judge Michael Redman.
Gregory Scott Taylor, 31, 1429 Eighth Ave E., Twin Falls, harboring a vicious dog; guilty plea entered; \$100 fine, \$28.50 court costs; must pay first victim \$52 restitution; pay second victim \$159.52 restitution within 10 days; 30 days incarceration, suspended 30 days; 24 months probation; Magistrate Judge Charles Brumback.
Kyle Ray Orbe, 19, 3242 S. 2000 E., Wendell, driving under the influence; pleaded guilty to amended charge of driving under the influence; second court of illegal consumption by an adult minor dismissed; \$68.50 court costs; 180 days incarceration, 180 suspended; driving privileges suspended 180 days, commencing Jan. 7; 12 months probation; may violate no laws, must maintain liability insurance on any vehicle driven; may not operate motor vehicle when with alcohol in blood, must not consume alcohol, must submit to drug or alcohol test if requested, must notify court of any address change, must pay \$25 per month supervision fee; Judge Melvin Edwards.
Juan Antonio Silva, 43, 1509 Cottonwood, Twin Falls, driving under the influence; pleaded guilty to amended charge of driving under the influence; \$300 fine, 30 days probation, 180 days incarceration, 180 suspended; driving privileges suspended 180 days; probation 12 months, may violate no laws, must maintain liability insurance on vehicle, may not operate motor vehicle while alcohol in blood, must submit to drug or alcohol test if requested, must attend court alcohol school at own expense; must attend at least one AA meeting each week; Magistrate Judge Michael Redman.

Hero

Continued from A4
feel about being a part of that," Lehman said. "But I don't take the credit because they did the work, and it was beautiful."
The outreach program in Buhl was not Lehman's first experience with CSI volunteerism.
After his retirement in 1994 from veterinary medicine and the Department of Agriculture, his first assignment as a tutor was one-on-one with a man who could not read.
"I don't know how much we accomplished (in the reading program), but I helped him read his mail and medical information, those kinds of things, until he moved away," Lehman said.
The Basic Skills Volunteer program matches adults who want to improve academic skills with adult volunteer tutors, said Ruth Scott, BSV coordinator.
"The College of Southern Idaho Adult Basic Education program is fortunate to have Dr. Lehman serving the community as a volunteer," said Jane E. Brumback, director of ABE. "The better than a teacher, a good neighbor, to teach citizenship to newcomers to our nation and community?"
"Dr. Lehman serves as a role model par excellence for all of us who are fortunate to be contributing members of our society," Brumback said.
"It is one of the finest things CSI does, all the way through," Lehman said of ABE and its volunteer program.
To become a tutor, call CSI at 733-9554, Ext. 2536. For more information about the ESL or citizenship classes in Buhl, call 543-6683.

About Charles H. "Chuck" Lehman

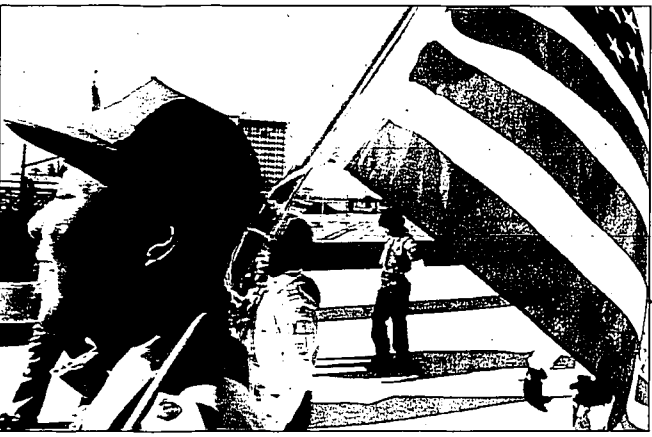
Occupation: retired veterinarian
Laidlaw Transit school bus driver
Family: wife, Lois; children, Douglas, Kristine, Jeffrey, Lisa, all married
Activities: Buhl Farmers Club, past president and Paul Harris Fellow; chorus member, Magichorus; Battershot singers; College of Southern Idaho Board of Trustees; vice chairman, 22 years
Church: Methodist, chairman of board, 25 years; adult Sunday school teacher
Hobbies: Camping, bicycling, canoeing, gardening, following CSI sports

Know an everyday hero?

Anyone who does something extraordinary—regardless, scoutmaster, church group members, hospital volunteers, tutors—without getting paid for it, qualifies. So do the people who contribute as caregivers and teachers, who contribute something extra.

Send nominations to: Everyday Heroes, The Times-News, P.O. Box 548, Twin Falls, ID 83401, or call 733-2536. We'll need your name and phone number, the name of your everyday hero and a few sentences about the person.

FOR A KING



Dallas got an early jump on the King festivities with a parade. Christopher Brooks, 14, of Boy Scout troop 460, proudly displays the American flag during the Martin Luther King Jr. parade Saturday.

King

Continued from A4
Diversity — a key theme in King's speeches — plays a larger role every year in the Minidoka district.
As director of migrant education programs for the district, Pete Espinoza said he sees more Hispanic students joining the district every year.
Last year, 22 percent of the students attending Minico High School were Hispanic, he said. This year, the number has grown to 27 percent. At East Minico, the number has remained at 22 percent for the past two school years. At Big Valley Elementary, 38 percent of the student population is Hispanic compared to 34 percent in 1995-96.
In looking at the district's population, Hallett said the need for understanding differences in cultures has become more important.
"We don't have a lot of difficulty in that area, but it's important that we recognize diversity and understand it, which was a key part of what Dr. King was trying to say," he said.

Schools in both Minidoka and Cassin County are holding classes today, something Hallett says he wants to see change next year.
"I personally feel we should celebrate this day by taking it off and not making it a semi-class holiday," Hallett said. "I've made that suggestion to our curriculum committee already."
Jerry Doggett, assistant superintendent for Cassin County, said he was not aware of any plans to change the school district's academic calendar for this year.
Twin Falls schools are closed today. Elsewhere in the state, several schools are out, said Marilyn Shuler, director of the Idaho Human Rights Commission.
"A lot of schools in Idaho are observing this day, and frequently, a lot of the emphasis is celebrating Martin Luther King, Jr. comes from the colleges or universities," she said.
Shuler said in at least 10 different communities in Idaho will hold celebrations last year to honor King's birthday, which is officially Jan. 15.

House slides into Puget Sound; 4 dead

RAINBIDGE ISLAND, Wash. (AP)—A waterfront house with a view of Seattle's skyline was pushed into Puget Sound by a massive Sunday landslide, killing a family of four.
A local high school teacher, his wife and two preschool children lived in the house in this island community of 36,000 west of Seattle. Rainridge Island Home Chief Kirk Strickland said their names were not immediately released.
Searchers, aided by dogs, cameras and sonar, found the bodies in bedrooms in the debris basement of the heavily submerged wood-frame house, fire department spokesman Ken Gray said.
The family had been remodeling the house, adding a third floor, said Larry Skinner, a Rainridge Island building official.
The family apparently had been sleeping in the basement. The mudslide, estimated at

20,000 cubic yards, or about 150 dump truck loads, slammed into the back of the house around 7:30 a.m.
"It basically knocked the house right off the foundation," Skimmer said.
The top floor wound up partly submerged in the water, while the second floor crumpled down onto the first floor, Strickland said.
The house was about 20 percent submerged and section homes on Bulling Bay Walk that sit at the base of a hillside overlooking Puget Sound.
"These neighboring homes, two to the south and one to the north, were evacuated after the slide, Gray said. Many others were empty.
Milking snow from storms late last month and steady rain this week have saturated hillides on the island west of Seattle.
The same area was hit by mudslides last May.

Utah animal-rights groups lay out legislative agenda

SALT LAKE CITY (AP)—Animal-rights groups say they will press the 1997 Legislature to increase the criminal penalties for poaching, to keep elk ranching out of Utah and to require that hunting outfitters be certified and licensed.
Among the legislation opposed by representatives of the Utah Humane Society, the Utah Cougar Coalition and Wasatch Humane is a bill sponsored by Rep. Bradley Johnson, R-Aurora. It would legalize the raising of domestic elk for meat.
Gene Baierichmidt of the Humane Society of Utah said the law will make legal "canned hunts" in which paying hunters would be led to an animal to shoot it.
Craig Axford of the Utah Cougar Coalition opposed the bill because he believes it would give animal damage-control agents another reason to destroy predators for ranchers.

Axford had praise for another measure sponsored by Johnson, which would establish qualifications and registration for hunting outfitters.
Axford said the bill would mean that guides and outfitters would have to be certified and registered before they could do business on public lands.
Axford, Baierichmidt and Cheryl Smith, director of Wasatch Humane, criticized Rep. Tom Hatch, R-Panguitch, and Rep. Mike R. Styler, R-Delta, for making cougar poaching a minor offense during the 1996 Legislature.
And they applauded Rep. Gene Davis, D-Salt Lake, who will introduce a bill to return cougar poaching to felony status.
Hatch said the reason he pushed in 1996 to reduce the offense of cougar poaching was because the dollar value of the animal warranted only punishments carried by a misdemeanor.

Fund-raiser

Continued from A4
shortly before Christmas, he said. At the time, organizers of the volunteer tournament were looking for a cause. The tournament's priority is to help people with a medical need, Ferrin said. In its three years, the tournament has raised an average of \$3,000 for chosen charities.
"Financially, it's getting better every year. It seems like we're raising more money every year," Ferrin said. "The businesses are doing great."
It is Aubrey Shurtz, her mother-in-law, who is sponsoring the event.
"She's doing really good. The doctors have not promised her, but their goal is to have her back in public school by fall," Shanna

Davis said.
Shurtz was given the huge narrow trapezoidal Christmas Eve tree 75 years earlier. Rachel Shurtz donated the home-made tree.
Barring complications, Aubrey Shurtz will be released from the hospital today. She will stay near Primary Children's Hospital in Salt Lake City for the next 100 days for medical supervision and treatment.
Her experience and local generosity have left their mark on the family, Shurtz's mother said.
"It has made me appreciate my children and the time we spend together," Shanna Davis said. "It has also made me appreciate the good things and good people of this community."

SPORTS

INSIDE

Scores and stats... A5

Sports Editor: Brad Bowen - 733-6911, Ext. 226

The Times-News

Monday, January 20, 1997

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MORNING LINE

SPORTS QUOTE

They better be careful
or they might not have
enough players
for the league.

—Cavaliers' Steve Warrior Donald

Donald earlier told the NBA wants to
cut out marijuana and alcohol in its
list of banned substances.

TODAY'S SCHEDULE

Girls' high school basketball

Wood County vs. ...
Wood County vs. ...
Wood County vs. ...

Boys' high school basketball

Green County vs. ...
Wood County vs. ...
Wood County vs. ...

SCOREBOARD

Pro basketball

Orlando 97, Miami 87
Indiana 100, Philadelphia 107
Houston 100, Chicago 86
Memphis 100, Toronto 92
Cleveland 113, Chicago 101
Miami 100

Men's college basketball

No. 1 Kansas 73, Conn. 65
No. 11 Virginia 59, No. 2 Wake Forest 57
No. 11 Louisville 81, No. 13 Texas 78
No. 11 Wake Forest 80, Temple 40
No. 21 Michigan 79, Iowa 71

Women's college basketball

North Carolina Tech 63, No. 18 WK Kentucky 62
No. 9 Tennessee 62, No. 7 Vanderbilt 79
No. 11 Wake Forest 67, Florida State 57
No. 20 Wisconsin 67, Ohio State 61

IN BRIEF

Maine State handles Cal State Sacramento

FOXBORO, Mass. — Bob Brown scored 20 points and grabbed 12 rebounds to lead Maine State past Cal State Sacramento 78-48 Sunday night.

The Bengals started the second half with a 20-11 run. Justin Saxe scored seven of his 20 points during the 21-point run, and Justin Saxe led Sacramento by 35 points during one interval. Sam Howell also kept the Bengals ahead, scoring a total of 15 points.

The Bengals were held scoreless for 4:55 and Howard Edwards made a free throw. He finished the game with seven points. Sam Howell scored 19 points and grabbed 13 rebounds for the Bengals. Green led by 20 at the score at 41-25 through halftime.

Owens to give pensions to some Negro League players

SPRINGFIELD, Ill. — Sam Johnson and about two dozen other former Negro League players will become eligible for annual pensions of \$5,000 to \$10,000, baseball.com reported last week.

Johnson's pension plan began in 1947. Depending on when a player was active, he received \$100 to five years of major league service back then to qualify. Since 1980, any player with at least one day in the majors qualifies for a pension.

After spending successful seasons in the Negro Leagues, Johnson spent 3 years, 17 days with the Boston Braves and Pittsburgh Pirates and was the 1950 National League Rookie of the Year. He then played seven years in the minor leagues.

Compiled from staff and wire reports

SPORTS LINE
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The Times-News



USC's Brad Otton looks to throw at the Hula Bowl Sunday in Honolulu.

South rises again in Hula Bowl

Pair of TDs help with win, but field goals prove key; punter earns game honors

HONOLULU — Mississippi State punter Andy Russ, who hadn't kicked a field goal since high school, booted four on Sunday to lead the South to a 26-13 over the North in the Hula Bowl.

Russ converted field goals of 42, 47, 28 and 31 yards against a no-rush defense as required by the rules of the all-star game. He was named most valuable player of the South team.

USC quarterback Brad Otton and Fresno State's Jim Arellanes passed for touchdowns as the South took a 20-0 halftime lead. The South's defense was also able to overpower an undermanned North offensive line, missing three players to sack North quarterback Steve Sarkisian of

Brigham Young four times.

Heisman Trophy winner Danny Wuerffel of Florida, bothered by a sore right shoulder, played just the opening series for the South. He fumbled a snap and then made a bad pitch that was fumbled out of bounds.

Lou Holtz, who resigned at Notre Dame last season, coached the North squad. Florida State's Bobby Bowden coached the South.

On the South's second drive, Otton led a 13-play drive that led to a 42-yard field goal by Russ and a 3-0 South lead.

Oton then found a wide open Freddie Jones in the middle of the field, and the North Carolina tight end rumbled into the end zone, giving the South a 10-0 lead.

A 29-yard punt return by Dedric Ward

of Northern Iowa, and Texas running back Shon Mitchell's 15-yard run led to a 10-yard pass from Arellanes to Florida State's Wayne Messam to make it 17-0.

Russ' 47-yard field goal as time expired upped the South to 20-0.

The North opened the second half with an onside kick, but the South recovered and Arellanes led a seven-play drive that ended with a 28-yard field goal by Russ to make it 23-0. Russ kicked a 31-yarder to cap a 13-play drive and close out the scoring for the South.

Sarkisian rallied the North to two late scores. Running back Archie Amerson from Division II Northern Arizona broke through the middle attached for a 38-yard touchdown for the North's first score with 12:39 to play.

Wake's loss leaves Kansas alone

WINSTON-SALEM, N.C. — Laron Profit's 3-pointer at the buzzer Sunday helped No. 11 Maryland end the Demon Deacons' 25-game home winning streak, 54-51, leaving Kansas as the nation's last unbeaten major team.

Maryland (15-2, 5-1 ACC) withstood two second-half rallies by Wake Forest (12-1, 5-1), which tied it 51-51 when Tim Duncan hit a bank shot and two free throws with 17.3 seconds left.

College basketball

As a result, Wake's Mark Booth drove the baseline before passing to a wide-open Profit on the right side of the 3-point arc. When Profit's shot went in, the Terrapins wildly celebrated along with a few Maryland fans who made the trip to North Carolina.

Maryland won the game despite starting the second half 0-for-11 and 6-for-29 overall in the final 20 minutes.



Connecticut's Rashamel Jones grabs a rebound against Kansas during Sunday's game in Hartford, Conn. Teammate Jake Voskuhl and Kansas' Rael LaFrentz close in.

No. 1 Kansas 73, Conn. 65

STORRS, Conn. — Reserve guard Billy Thomas, who finished with 11 points, scored all of Kansas points during an 8-2 run that gave the Jayhawks a 65-57 lead with 1:54 left.

Kansas then sealed the game by making eight straight free throws in the final 5:3 seconds. The Jayhawks made all 16 of their free throws in the second half and 13-of-19 in the game.

No. 10 Louisville 85, Texas 78

AUSTIN — Eric Johnson hit a 3-pointer at the end of regulation, then made two free throws with 23.4 seconds left in overtime as Louisville (15-1) erased a 15-point second-half deficit. Reggie Freeman led Texas (9-5) with 34 points.

Nate Johnson topped Louisville with 21 points.

No. 14 Xavier 68, Temple 64, 0T

CINCINNATI — Gary Lumpkin scored seven of his 13 points in overtime, and Temple (12-1) won 68-64 as Xavier (12-2, 3-1 Atlantic 10) outlasted Temple for good.

Brandon Hughes 18 and Travis Conlan scored four of his seven down the stretch — in snapping the Hawkeyes' eight-game winning streak.

Andre Woolridge led Iowa (14-4, 5-1) with 25 points, but missed two 3-pointers in the final 30 seconds.

No. 18 Michigan 79, Iowa 71

ANN ARBOR, Mich. — Michigan (13-4, 4-2 Big Ten) got effective play from its lineup featuring ranked Cincinnati.

Louis Bullock had 19 points,

Graf feels the heat - and is out Down Under

MELBOURNE, Australia — Her head throbbing in dangerous 120-degree heat, the nail gone on her infected big toe, her body feverish, Steffi Graf discovered at last the limit of her tolerance for pain.

Ice packs during the match didn't help, nor did retreats to the shade. She dizzily watched lobs disappear into the blazing sun and whacked overheads into the net.

Playing hurt is a way of life for Graf, pain her constant companion, yet for the past two years she overcame every sprain and strain to win all six Grand Slam tournaments she entered.

On Sunday at the Australian Open, the pain and heat were too much to bear and Graf's record 45-match winning streak in majors ended, 6-2, 7-5, in the fourth round against indefatigable Amanda Coetzer, who grew up playing in a South African desert.

Graf gingerly but quickly fled the court a moment after her last backhand floated long. No matter how much she's been hurt in the past, she always stopped to pick up her rackets and grab her bag. This time she left them behind.

Two hours later, after rehydration and treatment for the toe on her right foot, Graf departed the National Tennis Center to recover in her room and reflect on only her second loss before the quarterfinals of a major in 12 years. "She played really well today," Graf



Steffi Graf of Germany acknowledges the crowd after her defeat Sunday in Melbourne, Australia.

In the land of crawfish, a 'Tuna's' shadow looms

NEW ORLEANS — A week from now, the world may know some of the other New England Patriots. For now, however, the Super Bowl is the Green Bay Packers against Bill Parcells.

As the teams arrived Sunday for the beginning of a week of hype, Green Bay already had assumed its role for the Jan. 26 title game — this year's version of America's team. New England was, well, Parcells' team.

In a sporting goods store adjacent to the headquarters hotel, cheerleaders were stacked to the ceiling next to rack after rack of green jerseys with Favre's No. 4 and White's No. 92. There was one T-shirt on sale featuring Drew Bledsoe, Terry Glenn and Curtis Martin.

In fact, someone could probably make a mint selling items, with a tuna on them. "Tuna" is the nickname bestowed on Parcells by his players when he led the New York Giants to Super Bowl victories in 1985 and 1990.

Parcells is only the second coach (Don Shula with Baltimore and Miami is the other) to lead two different franchises to the Super Bowl. And if he wins as a two-touchdown underdog, he will become the first coach to win with two

franchises and the one who broke a 12-game AFC losing streak.

By contrast, Green Bay coach Mike Holmgren is overshadowed by his star, particularly Favre and White, although Holmgren has been in Super Bowls as an assistant with the 49ers.

Favre, who has been the NFL's MVP the last two seasons, grew up in Kila, Miss., just 50 miles east of New Orleans along the Mississippi Gulf coast. Dozens of reporters already have made the pilgrimage there, noting, among other things, that a Brent Favre doll made of cheese is on sale for \$1.

White, the NFL's career sack leader, is in his first Super Bowl after 12 seasons — a sentimental journey if there ever was one.

It also vindicates White's decision to sign with the Packers for \$17 million over four years in 1993, a move that seemed odd in view of his stated desire to find a city where he could practice an inner-city career.

Only six players on the two current squads have been to a Super Bowl before — four Patriots and two Packers. The Patriots include three of Parcells' ex-Giants — offensive lineman William Roberts and RBs Kevin Brown and Dave Meggett, the all-purpose return man.



Please see FOOTBALL, Page A5

SPORTS

Cook heats up in final rounds for Bob Hope Classic victory

INDIAN WELLS, Calif. (AP) — John Cook, never miserable with his golf career, was thinking last January about calling it quits as a full-time player.

He didn't, instead spending a quiet couple of days with his longtime teacher, former Tour player Ken Venturi, and rededicating himself to the game. It has paid off.

Cook, playing consecutive rounds, equaled the lowest ever on the Tour, shot a 9-under-par 62 on Saturday and a 63 on Sunday to overtake Mark Calavecchia and win his second Bob Hope Classic.

Cook finished the 90-hole tournament at 33-under-par, one shot in front of Calavecchia.

Jesper Parnevik of Sweden finished third, with his 62 leaving him at 28-under. Mark O'Meara was another shot back in fourth, and Tommy Tolles and Don Pooley finished tied for fifth at 24-under.

Cook's 62-63 tied a Tour record for consecutive rounds of 62 or better already shared by three others. He did it last year during the middle rounds on his way to winning the St. Jude Classic.

"Twenty birdies in two days" Cook said after the Hope, "I'm shaking his head and smiling. 'I hope I didn't blow my quota for the rest of the year.'"

The victory was the third in six months for Cook, who came back with a new attitude after turning to Venturi last March for advice. Before that, Cook hadn't won in four years. "I got tired of being a regular guy, looking at the board on Friday trying to figure out whether I made the cut," said Cook, who missed six of eight cuts to begin 1995. "I was just physically and mentally burnt up."

He wouldn't divulge specifically who inspired him, but it was Ken Venturi, but did say, "I took hitting about five balls, a couple of little minor things, and after that it was more of a head-aching process. 'I watched him hit



Don Pooley lines up a tough shot on the 18th green Sunday in Indian Wells, Calif. Pooley finished 24 under par for 5th place. ... Calavecchia, who led by three shots heading into the final round and was up by four by the fifth hole, lost despite shooting a closing 67.

McGann nets LPGA victory over Webb

LAKE BUENA VISTA, Fla. (AP) — Michelle McGann, caught in a duel with hard-core caddy Karrie Webb, came through Sunday with the kind of shots that win golf tournaments.

She never guessed a 30-inch putt for par would be the biggest. McGann, who missed an eight-foot birdie putt on the final hole, won the HealthSouth Inaugural by making a 2 1/2-foot par putt after Webb had three-putted from 25 feet.

"It was a matter of who was going to hang in there the longest," McGann said. "Fortunately, I hit some good shots down the stretch."

McGann, who shot a 3-under-par 69 to the Webb at 207, won \$90,000 and her sixth LPGA tournament. Beth Daniel shot a 70 and was third at 211.

Daniel got a 5-under after eight holes and was off the lead before a bogey dropped her back. Before long, the tournament turned into a battle between McGann and Webb over Disney's Lake Buena Vista Course.

"There was no point looking at the scoreboard because I knew we were the only ones who had a chance," Webb said.

They each took the lead briefly over the front nine when Webb plodded along with pars and McGann struggled with accuracy off the tee. But McGann began to put away with a 12-foot birdie putt on the par-5 eighth hole, then hitting a 6-iron to 10 feet at the 159-yard 11th hole for another birdie to get to 8 under.

Webb, who won four tournaments and more than \$1 million last year, ended as a rookie, then lost down the stretch. She holed a 25-foot putt for birdie at No. 12 and made a 15-foot birdie putt at No. 14 as McGann was taking bogey from the bunker.

Irwin captures Senior event

KAILUA-KONA, Hawaii (AP) — Hale Irwin birdied the 17th hole to break a deadlock with Gil Morgan on Sunday, capturing the MasterCard Championship.

Irwin finished the final round with a 68 to complete the 54-hole tournament at 7-under 209, while Morgan left on 5 under.

Bob Charles birdied the final two holes over the 7,053-yard Hawaii Lualaba Resort course on Hawaii Island for a closing 69 to finish alone in third place at 212.

Irwin and Morgan started the final round tied for the lead at 19-under 141, and after Irwin checked in with a bogey and birdie, they stayed tied from the eighth through the 16th holes.

On the 164-yard 17th, Irwin knocked a 20-foot putt while Morgan left on a birdie effort well short. He then left his par short again to make it a two-stroke swing. Jay Sigel, who had a miserable opening 80, shot a final round 5-under 69 to share the 214 slot with Jim Colbert (69) and Al Geiberger (70) with Graham Marsh and Vicente Fernandez, each with 69s, finishing at 1-under 215.

Under ideal playing conditions for the second straight day, the field of 24 players, who had to win a Senior PGA Tour event in 1996 to qualify for the tournament, took aim at the flagsticks.

Tennis

Continued from A7
said in a statement, "I tried everything I could. I tried as hard as I could. I just didn't have the energy with the heat. But give her credit. She handled the conditions really well."

Griff's first loss in a major since the final of the 1994 U.S. Open, and her first before the quarters since losing to Lori McNeil in the first round of Wimbledon the same year, ended a stunning afternoon of defeats by seeded women.

Top players were dropping everywhere, some from the heat, some from injury, all to more persistent, steady players on the day. With the temperature 100 degrees in the shade, 120 on the sizzling, rubberized hard court, only the fittest survived.

"It was a joke today, that's all I can say," said No. 3 Conchita Martinez, a victim of heat exhaustion who lost to Sabine Appelmans 2-6, 7-5, 6-1.

"It was like playing in a sauna," said Appelmans, who needed an intravenous drip of rehydration fluid. "In the first set, I had a feeling my brain was cooking. Really, I couldn't think."

The upsets began early when unseeded 1995 champion Mary Pierce beat world No. 1 runner-up and No. 5 seed Anke Huber 6-2, 6-3, and Kimberly Po scored a 7-6 (15-13), 6-4 victory over No. 7 Lindsay Davenport, whose movement also was restricted by an infection on her left foot.

With the loss by No. 2 Arantxa Sanchez Vicario on Saturday, this marked the first time in the three decades of open era play that the top three women seeds failed to reach the quarters of a Grand Slam event.

Football

Continued from A7
Wide receiver Shawn Jefferson played with San Diego two seasons ago.

The only Packers to have played in a Super Bowl are Jim McMahon, the backup quarterback, and wide receiver Don

Beche, who was on the Bills' 1990-1993 squads.

McMahon was with the Bears when they made trip to New Orleans 11 years ago and beat the Saints 40-14. He was the puny quarterback who paraded down Bourbon Street, mooned a helicopter and allegedly impugned the city's women.

Continued from A7
and third-round running back. Jefferson played with San Diego two seasons ago.

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BASKETBALL

NBA standings table with columns for Team, W, L, Pct, GB, and Home/Away records.

WESTERN CONFERENCE table with columns for Team, W, L, Pct, GB, and Home/Away records.

NBA scores table listing game results, scores, and quarter-by-quarter breakdowns.

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College scores

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GOLF

Golf scores table listing player names, scores, and hole-in-one statistics.

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SCORES AND STATS

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ON THE AIR TELEVISION

Television schedule table listing programs, networks, and times.

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HOCKEY

Hockey standings table listing teams, wins, losses, and points.

MasterCard Senior

Hockey schedule table listing game results, scores, and quarter-by-quarter breakdowns.

WESTERN CONFERENCE

Hockey schedule table listing game results, scores, and quarter-by-quarter breakdowns.

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Hockey transactions table listing player movements and trades.

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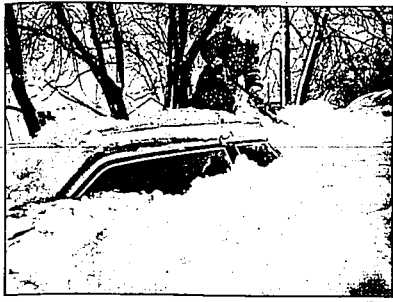
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DIG DEEP



Cassandra Landy, 7, takes advantage of 30-degree temperatures to dig out her father's car Sunday in Summit, S.D. A blizzard hit the area earlier last week.

Beloved silent movie house owner killed

LOS ANGELES (AP) — Silent films have lost their best friend. Laurence Austin, owner of the only theater in America devoted solely to silent films, was robbed and fatally gunned down at his Silent Movie Showcase before the start of the night's main feature. The beloved owner had renovated the theater and reopened it about five years ago, delighting legions of pre-talkie fans. After the shooting, Friday, the killer fled through the theater full of frightened moviegoers and escaped out the back exit. Police have no suspects. The theater's organist found Austin's body in the theater office. A 19-year-old employee survived the shooting, but was seriously wounded. Austin, whose father and uncle were silent film actors, was highly visible at the theater where old-time stars like Buster Keaton, Charlie Chaplin, Marion Davies, Mary Pickford and Douglas Fairbanks reined their place

on the silver screen. He would stand before audiences to introduce long-lost films he helped preserve, then wait by the door to shake hands with patrons afterward on their way out. "This was such a shocking situation. It got around the classic film community very quickly," said Dianne Machtyre, head of the Silents Majority film buffs group and keeper of its World Wide Web site. "Everybody knew Larry." Rick Smilo was in the theater watching a short film preceding the main feature "Sunrise" when shots rang out. "Four loud bangs shocked the theater," Smilo said. "Wondering whether it was part of the show, a startled Smilo saw others in the packed house crouch in their seats. A man then dashed past them and out into an alley. "We're all shaking our heads, saying, 'This is a bad dream and it's going to go away, isn't it?'" said Michael F. Blake.

Education funding tops week's agenda

BOISE (AP) — The third week of the 1997 Idaho Legislature will be a busy one. Hearings on the education budgets, which together take close to two-thirds of all state general revenue, start Monday in the Joint Finance-Appropriations Committee of Gov. Phil Batt's fiscal year 1998 spending plan of \$1.448 billion, education takes \$980 million.

The proposed increase for public schools to \$705 million in general revenue — up \$15.5 million or 2.3 percent — is far lower than the increases in recent budgets. But members of the Legislature's spending committee have shown little inclination so far to stray from what Batt terms an austere budget for the spending year that starts July 1.

The state's colleges and universities present their spending requests Tuesday through Thursday. Batt recommended about \$179.5 million in general tax support for higher education. That will do little more than cover a spending holdback ordered by the governor last year, plus an increase of less than 1 percent. At the same time, the House Education Committee will start working on a package of public school operating rule changes. Along with the Senate Education panel, the committee conducted five hearings last week to gather comments from education officials, the Idaho Education Association, special interest groups, parents and students. House Education Chairman Fred Tilman, R-Boise, at first promised a "word by word, line by line" review of the 378 regulations. But on Friday he said the panel would examine the proposed changes section by section in hopes of meeting a Jan. 31 deadline to get the proposals through the House. "I know how horrendous it will be to go through it line by line. We've just got to get started." He said there was a possibility the state could wind up with no rules in some areas. All existing

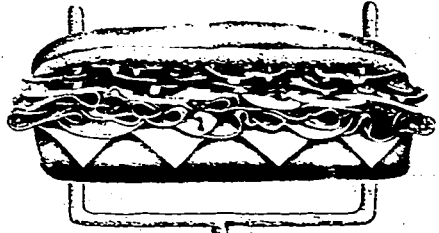


rules expire April 1. So if lawmakers reject some of the 378 recommendations from the state

Board of Education and fails to adopt replacements, there will be no rules in effect in those areas. If lawmakers fail to agree on replacing some rules, the Board of Education recommendations automatically go into effect April 1. Meanwhile, the House Revenue and Taxation Committee has spent most of the first two weeks

of the session getting the four freshmen on the 18-member panel up to speed on state tax policy. "This week they will get a look at proposed changes to tax laws. Rep. Ken Robinson, D-Boise, will seek committee approval to introduce his bill adding land values to the "50-50" homeowners property tax exemption.

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Idaho commission stands firm against fed's grizzly introduction

BOISE (AP) — The Idaho Fish and Game Commission has repeated its opposition to reintroducing grizzly bears into the Bitterroot Mountains and is looking for ways to stop the program before it goes much further. The commission on Friday accepted the suggestion of new Fish and Game Department Director Stephen Mealey that the best way to stop the train bearing grizzlies toward Idaho is to derail it.

Despite a bid by timber industry and conservation groups for support of a citizens compromise Thursday, the commission decided to reaffirm its opposition and to launch a counterstrike. The issue arose when the commission considered how to respond to a proposed environmental impact statement outlining how grizzlies would be returned to north-central Idaho and adjacent Montana. The commission and Gov. Phil Batt already had gone on record opposing the plan. Mealey sug-



"The next question is what the Interior secretary does if the Interagency Bear Committee votes to bail out of the Selway-Bitterroot reintroduction."

— Sen. Laird Noh, R-Kimberly

gested rather than simply objecting, the state should go back to the source of the plan — the Interagency Grizzly Bear Committee. Mealey said the best strategy could be to ask that the committee reverse its earlier decision designating the Selway-Bitterroot Wilderness and surroundings as a grizzly recovery area. Senate Resources and Environment Committee Chairman Laird Noh, R-Kimberly, said opposing fighting reintroduction at its source was a good decision. "I had never felt that was pos-

sible," he said. "The next question is what the Interior secretary does if the Interagency Bear Committee votes to bail out of the Selway-Bitterroot reintroduction." The decision also will place added pressure on the issue of what to do with surplus grizzlies in the Yellowstone ecosystem. Noh said there has been speculation there would be pressure to move young female grizzlies into the Selway-Bitterroot, which would result in faster recovery of the bears in Idaho than anticipated.

Arrest tied to \$6.9 million worth of methamphetamine

LEWISTON (AP) — Police have arrested a man suspected of distributing about 300 pounds of methamphetamine worth \$6.9 million, according to Lewiston Valley during the past year. Esqueal Martinez was taken into custody on Tuesday in Hermiston, Ore. Police reported they found one pound of "crack" with a street value of \$23,000 and two loaded handguns, according to a statement from the Quad Cities Drug

Task Force. The next day, detectives served a follow-up search warrant in the Umatilla-Hermiston area and seized two pounds of meth worth \$46,000 and numerous weapons. The arrest warrant followed a 13-month investigation in which detectives determined methamphetamine was being transported from Umatilla and Hermiston to Garfield, Asotin, Whitman, Nez Perce, and Latah counties.

Officials confirm meningitis case

LEWISTON (AP) — A case of bacterial meningitis has been confirmed in a 53-year-old Peck man, North Central District Health Department officials report. The case was confirmed Thursday in the community east of Lewiston. Close contacts of the man received antibiotics, epidemiologist Liss Cramer said. "The case was confirmed because there's a low risk of contracting it even if you've been exposed," Cramer said.

The man has both meningitis and meningococemia, she said. Meningitis is an infection of the lining of the brain and spinal cord. Meningococemia is an infection of the bloodstream by the same bacteria. The bloodstream infection is what killed 15-year-old Andy Moore of Weippe last year. This is the first reported case of the illness this year in the five-county region. Early symptoms of the disease are flu-like and may include a stiff neck and severe joint pain.

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WORLD

Arafat tells Hebron settlers he wants peace

HEBRON, West Bank (AP) — Yasser Arafat returned to Hebron for the first time in more than 30 years Sunday and joined 50,000 emboldened Palestinians in celebrating the takeover of the old West Bank city from the Israeli military.



Yasser Arafat

He extended a hand of conciliation to Jewish settlers, saying the accord — which gives Palestinians control of 80 percent of the city and Israel 20 percent — was a new step toward peace.

With this Hebron deal, we have signed peace with all the Israeli people. This is something new," he said from the balcony of Hebron's new Palestinian police station, formerly the Israeli military headquarters.

The agreement on Hebron is the first in months of bitter wrangling between Arafat and the government of Israeli Prime Minister Benjamin Netanyahu, long a critic of the peace process begun by his dovish predecessor.

Arafat, whose government took control of four-fifths of Hebron on Friday, had not been in the city since 1968, when he

36 dead after Algerian attack

ALGIERS, Algeria (AP) — Attackers massacred 36 people over the weekend in a village south of Algiers, decapitating some, and witnesses said a powerful car bomb that exploded Sunday outside a cafe in the capital wounded dozens.

It was the latest violence to bloody this North African country wracked by a five-year Islamic insurgency that has claimed at least 50,000 lives.

The car bomb exploded just after 5 p.m. Sunday in Souk-el-Tel, Algiers, and was powerful enough to be heard across the capital. Witnesses said it exploded in front of a cafe, next to a cinema in the Belkhat quarter, while residents were breaking their daily fast for the holy month of Ramadan.

There were no official reports of deaths or injuries, but witnesses said numerous people were wounded and some may have been dead.

Ambulances and police cars converged on the area, and authorities closed it off.

In Beni-Slamme, a village 45 miles south of Algiers, an armed group killed 36 people in bloodshed that lasted hours, security forces said.

Court sentences militants to death

CAIRO, Egypt (AP) — A military court sentenced four Muslim militants to death Sunday and gave prison terms to 13 others for attacks on cinemas, a tourist bus and police in which three people were killed and 28 injured.

The militants, bearded and wearing traditional flowing white robes, chanted Islamic slogans after the judge read out the sentences. Military sentences cannot be appealed, but those convicted can ask President Hosni Mubarak for clemency.

The four defendants sentenced to death were found guilty of killing a policeman in front of his home and shooting dead a second policeman and wounding three others during a January 1994 police raid on their hideout south of Cairo.

They also were convicted of attempting to assassinate the head of the military prosecution in October 1993.

Bus with wedding party falls; 29 dead

NEW DELHI, India (AP) — A bus carrying a wedding party skidded off the road and fell into a rain-swollen river in southern India, killing 29 people Sunday, Press Trust of India reported.

The bus was carrying at least 50 people, some perched on its roof. It went out of control as a sharp bend in Kappantanki district of Punjab came. The area is 215 miles northwest of New Delhi.

PTI quoting a Punjab police official as saying 27 people died at the scene and two later died of injuries in a hospital. At least 12 others were admitted to the hospital with injuries.

Rwanda Hutu rebels execute aid workers

RUBENGERI, Rwanda (AP) — Aid workers packed to leave this midwestern town Sunday after Hutu militants executed three of their Spanish colleagues and wounded an American in the most serious rebel assault in Rwanda in more than two years.

The victims of Saturday night's attack on three aid offices were medical volunteers with the Spanish branch of Doctors of the World. Three

Rwandan soldiers also died. There was no report of casualties from the other two aid groups hit — Doctors Without Borders and Save the Children.

With Hutu militants resuming their attacks and beginning to target foreigners, what had appeared to be a peaceful return of more than a million Hutus from 2½ years in exile has turned violent.

Nitin Madhav, 28, of Pitts-

burgh, was shot in the leg during the attack. Doctors amputated his leg above the knee and flew Madhav to Nairobi, Kenya, for further treatment.

Madhav, a program director, was on his first assignment and had been in Rubengeri only five days, said Dr. Brooks Taylor, regional medical officer for the U.S. Embassy in Nairobi.

"I want to go home," Madhav said as he was put into an ambu-

lance at the Nairobi airport. Taylor said Madhav may be flown to the United States in a few days, depending on his condition.

Fearing more violence, some aid workers in Rubengeri loaded their possessions into trucks and moved to the capital Kigali, 60 miles to the southeast. Doctors of the World said it was suspending operations in northwestern Rwanda.

The grand new opening continues...

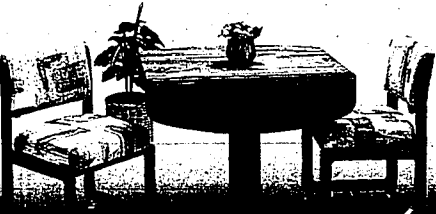
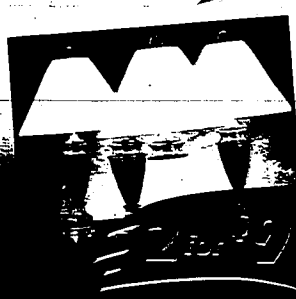
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HEALTH & FASHION

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Features Editor: Steve Crump — 733-0931, Ext. 223

The Times-News

Monday, January 20, 1997

Section B

Just call him Wolfgang

To be honest, I had completely forgotten that in a former life I was Mozart. You know how certain things tend to slip your mind, but where you have your keys, or the fact that you used to be a brilliant pianist composer who died in 1791? Well, that's exactly what happened to me.

I was reminded of my former life recently when I received a book called "Spirit at Work" by Lois Greut who has had a number of former lives. (I realize that some of you may be skeptical about the idea of reincarnation, but there's a lot of evidence that it's real. Exhibit A is Vice President Al Gore, who obviously, at some point in his previous existence, was a dish of Penzance.)



HUMOR
Lois Greut

Besides having been reincarnated, Lois Greut is in close personal touch with many spiritual entities, including her deceased cat, Flatfoot, and the Archangel Michael, who has written a nice blurb for the cover of "Spirit at Work," which he calls "a key to the richness of the planet." (I myself have never gotten a blurb quite that positive, although one of my books was described as being "heavy on the booger jokes," which is similar.)

Anyway, it turns out that one whole chapter of "Spirit at Work" is devoted to some correspondence that Lois Greut and I had back in 1991. It began when she wrote me a long letter, in which she said that she had been asking herself a question: "But you've asked this question many times — 'Where is Mozart now?' So she decided to contact Joysa Pope, who serves as a "channeler" for a spiritual entity named Michael, who is a group of 150 souls who have completed their cycle of lives on the Earth." (Sounds like the U.S. Congress.)

Through Joysa — who according to the book "is available for channeling by telephone" — Lois Greut asked Michael about the latest whereabouts of Mozart. The answer was: "He is a writer living in Florida." On a hunch, Lois Greut sent Joysa a photograph of me from the newspaper, and the answer came back that the correct reincarnation of Wolfgang Amadeus Mozart is none other than — you guessed it — Wayne Newton.

No, seriously, according to Lois Greut, Joysa Michael said that I used to be Mozart. I was quite surprised to learn this, and you would have been, too, if you had ever taken piano lessons. This was in 1956, when the piano teacher, a woman named Mrs. C. G. Old Bar, used to come to my house every Saturday on her broom and point out to my mother that I apparently had not been practicing.

This was of course true. I was 9 years old, and I had better things to do with my time than sit around strumming at a music book filled with tiny inscrutable black marks and trying to figure out which key to press. I was told which specific keys on the piano. As far as I was concerned, our piano had only two main keys on it anyway. I would have much preferred a piano with a total of two large keys, one white and one black, or maybe even just one really large gray key. So you see, I don't have any doubts which one you were supposed to hit.

But our piano had thousands of keys, stretching out for approximately a mile in eight directions, and 81 of which lie exactly the right one. Mrs. Bar didn't make a mistake, one out of it. She'd stand over my shoulder and harangue me about sharps and flats for an hour — and in those days a Saturday hour was the equivalent of 53 workday hours — until finally she'd give up and go outside to catch some fish.

In other words, I was not a natural piano student, in stark contrast to Mozart, a brilliant musical prodigy who by age 9 had already composed his classic work "Porgy and Bess." I did eventually get my first piano, and I even played in a band in college, but we didn't play complicated music. We played songs like "Land of 1000 Dances," which only has one chord, namely, "E." In fact, a lot of our songs had only one chord of "E." I finally would play "E" for an hour or so, then we'd take a 15-minute break, during which we'd change over to "A." So even though Lois Greut seemed to be a nice, sincere person, I frankly doubted that I had ever been Mozart, and I never had a thought about our correspondence until I received my copy of "Spirit at Work" and saw the chapter in there about me. I began to wonder: What if I really was the reincarnation of Mozart? I mean, I don't want to get too spiritual here, but if Joysa Michael is correct — if I really was the embodiment of one of the greatest musical minds in history — then anytime anybody plays any Mozart music, I should get royalties, right? So just to be on the safe side, if you see me any of my songs — "I'm a Man of Letters," "I Did a Little," "Somebody Loves My Birthdays," "Mary Mary," etc. — I'd appreciate it if you'd send me a check. Make it out to Dave "Wolfgang" Barry.

Dear Dave: In a humor column by the Miami Herald, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

The Times-News
and Knight-Ridder News Service

TWIN FALLS — Hey there — you with the roddy cheeks.

How come dry skin such a pervasive and uncomfortable problem in the winter?

Because we spend most of our winter days indoors, that's why — surrounded by the dry, overheated air of furnaces running full blast. In some homes and office buildings, the relative humidity may be as low as 10 percent to 15 percent, a far cry from recommended levels of 40 percent to 45 percent.

As a result, dry skin can affect everyone, even those whose skin is usually oily.

"Our skin is a protective barrier between the body and the environment," says Dr. Michael Dorman, a dermatologist in West Bloomfield, Mich., a suburb of Detroit. "When the skin is dry, it no longer functions as a normal barrier. Things that normally wouldn't irritate the skin then do."

Wool clothes or perfumed lotions that feel fine in late September may itch unbearably come January.

The good news is that you'll probably be able to save your skin.

Irritation of dry skin is uncomfortable, but the result is uncommon, usually don't go behind that," said Dr. Alan Olmstead, a Twin Falls dermatologist. "Even though we face at least three or four more months of itching, flaking skin, there are easy ways to make it better. Perhaps the easiest fix for dry skin is a humidifier that includes a central humidifier. If you don't have that, a small humidifier for each room can also do the trick."

Dorman has both. "Anything that puts moisture in the environment is good," he says. "I'm my own barometer. When I have 'cotton



Harsh conditions and desert-like humidity spell bad news for skin during the winter.

ball" in my mouth or start having sinus headaches, there's not enough humidity. When the windows are wet with condensation, there's too much."

But humidifiers won't do the whole job of easing parched winter skin.

"Skin is in a constant state of flux, and it's exposed to such extremes in the winter," says Alison Howland, director of spa business development for Aveda, the Minnesota-based hair- and skin-care company. "People really need to adjust their skin-care regime."

You'll need to mount a multi-pronged attack.

First, avoid long soaks in hot water, no matter how comforting, because hot

water makes dry skin drier. Opt for lukewarm baths or showers.

If your skin is really dry, switch to a moisturizing cleanser rather than a detergent-based or deodorant soap.

Look for products billed as milder, gentler, soap-free or moisturizing.

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Please see DRY, Page B2

Potions you can brew at home to treat dry winter skin

Knight-Ridder News Service

Not all dry-skin potions have to come from the drugstore. If you have cooking experience, a sharp knife, and a blender or food processor, you can whip up your own lotions, masks and creams.

We tried three recipes from "Blended Beauty" (Ten Speed Press, \$19.95), a cookbook of hair and skin preparations created by hairstylist Philip B. developer of the Philip B. hair-care line.

All smelled great and felt good on the skin, but they were much messier than off-the-shelf products that come in tubes and jars. Here are the recipes, along with some comments on their ease of preparation and effectiveness. If you want to give them a try, be sure to do a patch test first by rubbing a small amount of the mixture on the inside of your arm. If no irritation develops within 24 hours, it is safe to use on your face and body, the book says.

HONEY-BANANA MILK BATH

1 cup milk
1 whole banana (peeled), or 1 tablespoon banana extract
1/4 cup honey
1 tablespoon baking soda
2 tablespoons honey
1/2 cup coconut milk

In a blender, mix all ingredients on medium-low speed for 30 seconds.

Add the mixture to your bath while the water is running. Remain in the bath for at least 30 minutes.

Makes 2 cups, enough for one or more baths.

Purpose: To soften and smooth the skin.

Ease of preparation: Very simple. For a smoother lotion and easier cleanup, puree the banana before adding the other ingredients. Or mash the banana by hand and place the pulp in a cheesecloth bag.

Enhances: Smelled great, but pieces of banana floating in the bath water was disconcerting. Left skin feeling soft, though cleaning the tub was a major undertaking.

Obscure ingredients: We had to go to a health-food store for the coconut milk.

Shelf life: Cover and refrigerate. Discard after two days.

HONEY-OATMEAL FACIAL MASSAGE

1/2 cup hot water
10 tablespoons quick oats
1/2 apple (cored but not peeled)
2 heaping tablespoons plain yogurt
2 tablespoons honey
1 egg white

PUMPKIN AND BROWN RICE HAND-SOFTENING PACK

1/2 cup uncooked brown rice

Combine the water and oats; stir until the mixture is smooth. Let stand for 5 minutes, until the water is absorbed completely and the mixture resembles a paste.

Put the remaining ingredients into a blender and mix for 30 to 45 seconds. Then add the oatmeal mixture and blend for 10 to 20 seconds. For a thicker massage, add more oatmeal paste.

Apply the masque to your entire face evenly and let it sit for 10 to 15 minutes, until the skin begins to feel tight. Rinse thoroughly with warm water.

Makes 1/2 cup.

Purpose: To exfoliate sensitive skin and moisturize new skin layers.

Ease of preparation: A snap. The recipe makes much more than 1/2 cup, though; there's enough for you and several friends.

Enhances: Smelled good and felt soothing, but the lumpy texture made it hard to spread evenly. Very difficult to rinse off; we finally had to scrub with a washcloth, which left the skin red and irritated.

Obscure ingredients: None.

Shelf life: One day.

LOOKING GOOD — Exercise wear designed to give easy movement, some support

The Orlando Sentinel

If you aren't already exercising regularly, it's a good bet that starting a fitness program was on your list of New Year's resolutions. But what to wear?

Just about any casual clothing will do, but special exercise gear is the best choice. Here's why. Exercise wear is styled to provide ease of movement and, often, some support. The fabrics are selected for a variety of qualities — they are tough but soft, usually have some stretch, are absorbent or designed to wick moisture away from the body, and are washable and often quick drying.

Then there's the motivational factor. A new exercise outfit will make you look good — and it will feel better about working out. Also, if you make the investment in new gear, you may be more inclined to use it — and so get your money's worth. That investment need not be major. For men, cotton or nylon workout shorts can be had for as little as \$20, and tanks tops and T-shirts for about \$15. On sale (and there are lots this time of year), they cost even less. For women, bra tops start at about \$12, shorts and T-shirts at



Comfortable also means affordable when you're selecting exercise wear.

about \$15. You can find workout wear at sporting goods stores, discount and department stores, and at many gyms.

Of course, if you go the designer route, you can spend enough to make your banker break out in a cold sweat. Men's nylon/spandex shorts in Ralph Lauren's Polo Sport line run almost \$60 — and a coordinating cotton T-shirt almost \$30.

Please see GEAR, Page B3

HEALTH NOTES

Babies on the brain

Expectant mothers, you're not necessarily losing your mind if you feel like you're losing your mind during pregnancy. Such women may actually be suffering from brain shrinkage and may not regain their full mental powers until six months after giving birth, British doctors report in *New Scientist* magazine. Many pregnant women complain of impaired memories and absent-mindedness, sometimes becoming the butt of male jokes.

Origin of the panic

Speaking of mysterious mental maladies, University of Iowa College of Medicine doctors say that Charles Darwin, whose theory of evolution shaped the course of science, suffered from panic disorder and a phobia that often keeps people shut up at home. The diagnosis was based on Darwin's writings and other evidence. Fears about the British scientific establishment's reaction may have contributed to the onset of his symptoms, present during the 22 years he wrote "On the Origin of Species," said the *Journal of the American Medical Association* report.

A cruel surprise

Also from the *Journal of the American Medical Association*, what's thought to be a most unfortunate first:

University of Pennsylvania School of Medicine doctors say the heart transplanted into a 58-year-old man gave him a tumor associated with prostate cancer. Doctors found the donor had cancer cells in his pelvic lymph nodes.

Unseen dangers

A researcher who struck prescription eyeglasses with baseballs, tennis balls, lacrosse balls and golf balls found that four out of five pairs were not strong enough to withstand everyday hazards even though they met government standards. Dr. Paul F. Vinger of Tufts Medical School found that of the four materials commonly used for eyeglass lenses, only polycarbonate plastic has high-impact strength.

Nursing losses alev

As hospitals employ fewer registered nurses, nursing is losing some of its luster as a profession. For the second straight year, enrollment declined last fall in nursing schools offering bachelor degrees, the American Association of Colleges of Nursing reported. The decline in enrollment in nursing schools comes as hospitals, which traditionally employ two-thirds of all registered nurses, are cutting back on staff and as managed care shifts patients to less-expensive out-patient treatment.

Compiled from wire reports

HEALTH & FASHION

Aerobics kicks toward the martial arts

Knight-Ridder News Service

BOULDER, Colo. — Instructors might be dancers, boxers or third-degree black belts. The classes might revolve around a slideboard, a punching bag or a stationary bike. And the students aren't just using their bodies; they're using their minds.

"Aerobics classes aren't what they used to be. "What's happening in the industry across the country is we're leaning toward a more mind-body focus. We're not just pounding, pounding, pounding on the outside anymore," said June Lantz, fitness director and sales manager of the Pulse fitness center in Boulder, Colo.

Lantz said the move away from the "heavy-hands," high-impact type of '80s aerobics began with the '90s aerobics and has taken up speed recently with the addition and growing popularity of such classes as spinning and total body conditioning.

"Today's classes are created to be less centered on the "no-pain, no-gain" mentality of the '80s

and more focused on being fun, safe and interesting, that describe "Tae Bo."

Poised to transform the face of the aerobic workout, Tae Bo and all of its martial-arts counterparts have piqued the interest of thousands on the East and West coasts. Many aerobic moves, such as jumping and shuffling, with punching bag or shadow boxing (punching an imaginary foe) and martial-arts jabs, kicks and punches, the martial-arts disciplines are attracting a whole new market.

"We have more than 1,000 schools in our membership all over the United States and Canada," said John King of the National Association of Professional Martial Artists in St. Petersburg, Fla., referring to Cardio-Karate, the Karate discipline's version of the aerobics class.

Trans owner Hung Tran said two things spurred him to begin offering Tae Bo at his Longmont, Colo., school in September: he grew weary of watching moms sitting on the sidelines reading books while their kids trained,

and he had heard some women complain about being bored with their aerobics classes.

"They said I want something new, something different."

According to King, because the classes are excellent cardiovascular workouts that might offer some tips on self-defense, women are really receptive to the martial-arts/aerobics hybrids.

"It's more meaningful," said Tran, who said it also teaches concentration and hand-eye coordination.

"And there are no strings attached," said Kenpo Karate's Michael Browne, who is training his sister, a kinesiologist, in karate to teach his new Cardio-Karate class. "There are no uniforms, no belts," he said, explaining that the main force behind the new classes was market demand. "Really what it was designed for was to reclaim the adult market."

The workouts provide a less intimidating, less demanding way to become familiar with the martial arts. Although classes vary with instructors, all are high-intensity

workouts set to music that involve a lot of kicking and punching. Browne's students will wear 16-ounce boxing gloves that will help strengthen the arm muscles; the kicks take care of the legs.

"It's some real serious muscle toning and endurance building," Browne said. Some classes involve shadow boxing; others use punching bags for more strength-building.

"We're going to get the heart rate up," said Jen Findley, Browne's sister and YMCA fitness coordinator. "It will help them tone up, gain muscles, lose weight." She said it will also teach more balance than other aerobics classes.

But Findley warns the one downfall to the growing fitness trend is that the classes are generally taught by martial-arts instructors. "They're without the safety, training and knowledge an aerobic instructor." She would advise people to consider that fact before choosing a class.

Dry

Continued from B1
Don't forget to remove that layer of dead skin cells lingering all over your itchy, scratchy body. "Exfoliation of the skin is extremely important," said Pary Martens, co-owner of the Derma Clinic in Twin Falls.

There are many ways to exfoliate. Use a washcloth dampened in warm water to gently clean your skin, and watch those dead cells disappear. Try a commercial exfoliating product that contains skin-cleansing granules. Shaving is a great exfoliator — a plus for men who believe skin-care potions are sissy stuff. Exfoliate once or twice a week, skin experts said — more often if your skin is especially thick and oily.

Now it's time for moisturizer, perhaps a different one than you use in warm weather. Heavy, oil-based products do a better job of sealing in moisture, but they can also feel sticky and unpleasant.

"I always tell people you're better off finding a product you really like — the way it feels and the way it smells," says Susan Nettesheim, director of research

and development for skin care for Bristol-Meyers, maker of Keri skin products. "If you apply something every day, you're better off than having the best lotion and using it once a week."

It's especially important to apply moisturizer within a few minutes of bathing, before the water on your skin evaporates, Nettesheim says. Towel-dry gently, then use your favorite cream or lotion.

"What you want to do is trap that water in there," she says. Recently developed moisturizers containing glycolic or alpha-hydroxy acids are particularly effective because they exfoliate as well as moisturize, said Dornan. Water-based moisturizers, formulated not to clog pores, are best for the face and back, where acne can strike, he says. Look for the words "non-comedogenic" on the label.

Stronger, petrolatum-based creams are good for legs and arms, where skin is naturally drier. If parched hands and feet are a perpetual problem, try this economical trick: Slather petroleum jelly on your hands and feet,

slip on cotton gloves and socks, then go to sleep. In the morning — voila, newly softened skin.

"Soap is OK if you something mild, like Dove," Olmstead said. Martens disapproves. Lotions are a good alternative, she says.

"Any kind of soap will dry your skin, especially in winter," she said.

And don't forget your dry, cracked lips. Find a lip balm you like and keep it with you at all times. When your lips feel dry, resist the impulse to lick them. Instead, apply lip balm. Another trick: Put the balm on over a layer of moisturizer.

Though winter weather can mean lots of adjustment in your skin-care routine, there's one thing you shouldn't change: Sunscreen.

Choose one with an SPF of at least 15, and apply it after you put on moisturizer. Do this every day, rain or shine, so that it becomes a habit, skin experts say. Dry skin may be inevitable, but wrinkles caused by sun damage don't have to be.

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Baby Photo Album

Sabryna Dawn Schmidt
June 26, 1995
Courtney & Jim Schmidt

The Times-News will publish its Photo Album on Sunday, January 26th. All babies and children 10 or under are eligible. To place your baby or grandbaby's picture in this special section please submit the permission form below and child's photograph by January 22nd to The Times-News, Classified Department, P.O. Box 548, Twin Falls, Idaho 83303. The cost is \$15 for one child (please no more than 1 child per picture). Payment must accompany your order. If you would like your photograph returned, please include a self-addressed envelope with your order, or indicate your desire to pick up your photograph at The Times-News Classified Department. Wallet size photos are preferred. Keepsake laminated copy of child included in price.

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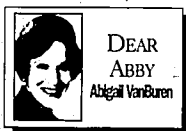
Dr. King's wise words still ring with truth

DEAR READERS: Today we celebrate the life of Dr. Martin Luther King Jr., a martyr of the civil rights movement and a great American who was shot to death in 1968 at age 39.

His persistence in the face of violent opposition and his eloquent pleas for social justice propelled him to international prominence. In 1964, he was awarded the Nobel Peace Prize. Dr. King's principles of nonviolence were based on the teachings of Christianity.

His words of wisdom are even more meaningful today than they were in 1963, when he spoke from the steps of the Lincoln Memorial and said (in part):

"I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident, that all men are created equal'... And this will be the day... when all of God's children will



DEAR ABBY
Abby Varburton

be able to sing with new meaning, 'My country 'tis of thee, sweet land of liberty, of thee I sing. Land where our fathers died, land of the Pilgrims' pride, from every mountainside, let freedom ring.'

"When we let freedom ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of

the old Negro spiritual, 'Free at last! Free at last! Thank God Almighty, we are free at last.'"

God bless our great country, the United States of America. And may we Americans, by our conduct, be worthy of God's blessings.

DEAR ABBY: I am an elementary school teacher in a suburban area of a large metropolitan city. I have a good student I'll call Judy who is in training to become a hypochondriac. This little girl misses approximately 25 percent of school days in any given month. She complains of migraines, stomach flu and colds, and has been plagued by numerous injuries. She stays home for minor ailments that I would send my own kids to school with.

Judy has learned to enjoy the attention she receives from her "illnesses" and "injuries" and plays them like an accomplished actress. Her parents seem to be

conscientious about her schooling, and her assignments are always completed at home. Her stay-at-home mother dotes extensively on her daughter's complaints and encourages this negative behavior. This could well become a lifelong behavior trait for Judy. Should I continue to overlook the obvious as long as the child's assignments are completed, or should I bring up this subject with Judy's mother?

TEACHER IN TEXAS
DEAR TEACHER: Is it possible that something is going on at school that is causing Judy's excessive absenteeism—like teasing, bullying or some other social problem?

The mother should be made aware that her daughter's absences are excessive, if she doesn't already know it. You would be doing Judy and her mother a favor by bringing your concerns forward in a parent-teacher meeting.

Urinary incontinence called treatable

The Washington Post

It is a condition that few people like to discuss, and a topic that can make even health-care professionals uncomfortable. Urinary incontinence is a source of embarrassment for an estimated 13 million people in the United States, according to the National Institute of Diabetes and Digestive and Kidney Diseases.

Mistakenly considered an unavoidable part of childbirth, pregnancy, menopause and aging by both patients and physicians, the condition is often undertreated, according to experts at a meeting last week sponsored by the institute, which is part of the National Institutes of Health.

A recent survey conducted by federal health officials, found most physicians did not know how to diagnose or treat urinary incontinence and many did not routinely ask their patients about its symptoms.

Confusers are also confused. A study by Alan J. Wein, co-chairman of the Bladder Health Council of the American Urology Association, found that about 25 percent of women with urinary incontinence were uncertain about how to deal with the condition.

Incontinence can be controlled with a growing array of therapies, from exercises and behavioral modification to drugs, medical devices and outpatient surgery. Urinary incontinence "is almost always treatable and often, if not usually, curable," said Neil M. Resnick, chief of gerontology at Brigham and Women's Hospital in Boston.

"The problem is that the vast majority of people with incontinence do not seek medical care. They suffer in silence."

By not seeking treatment when symptoms first occur, many sufferers compound the social and financial consequences of urinary incontinence, said Cheryl B. Gardley,

founder of the Simon Foundation for Continence. The federal Agency for Health Care Policy and Research estimates the condition and its related effects cost \$16.4 billion annually.

About 85 percent of patients are women, according to AHCPR. Urinary incontinence can result from a variety of problems, including complications of other ailments, weight gain, side effects of blood-pressure medications including thiazetadine angiotensin converting enzyme (ACE) inhibitors; complications of pregnancy; and hormonal and aging changes that slacken the pelvic floor muscles.

For women under 65 years of age, stress incontinence is the leading cause of the loss of bladder control. Often this is a complication of childbirth.

The weight of carrying a fetus during pregnancy places great strain on the bladder, urethra and muscles in the pelvic region. Childbirth stretches these muscles more. Some studies have found that 33 percent of women two years after giving birth report varying degrees of incontinence.

Such common daily activities as sneezing, coughing, lifting, bending over or engaging in exercises such as running or aerobics can strain the ability of the bladder to contain its contents. The sphincters become leaky, and the urine overflows.

In women aged 65 and older, spasms are one of the chief causes of loss of bladder control. In what is known as urge incontinence, the bladder unexpectedly begins contracting. These spasms squeeze urine from the bladder in large spurts.

The causes of incontinence may vary, but the end result is nearly always the same. Sufferers become "stigmatized, anxious and withdrawn," Resnick said. They stop going places, afraid they will have an "accident." The condition can disrupt sexual relationships and interfere with other aspects of normal life.

Leptin controls the mind's messages about meals

The Washington Post

It may not look like it in the mirror, but getting fat is all in your head. How much you consume is largely controlled by a brain chemical called the hypothalamus, one function of which is to regulate weight by sending "eat" signals when fat stores are low and "stop" signals when fat piles up.

A key chemical messenger in this process is leptin, a recently discovered hormone made by fat cells. Ordinarily, high leptin levels will reduce feeding, whereas low levels prompt the urge.

But sometimes the system goes awry. Often, recent research suggests, that occurs because of variations or defects in the brain chemicals

...getting fat is all in your head... Ordinarily, high leptin levels will reduce feeding, whereas low levels prompt the urge.

that mediate response to leptin levels. Investigators recently fingered a substance called neuropeptide Y that triggers increased

eating. In the Jan. 9 issue of Nature, scientists confirm the role of yet another key compound called melanocortin-4 (MC4).

They studied mice whose genetic makeup gives them distinctive yellow fur, but also makes them chubby. The reason, the scientists showed, is that the same substance that affects fur production also blocks the MC4 receptor in the brain. When activated, the MC4 receptor inhibits feeding. When disabled—as in the case of the yellow mice—the animals gain fat.

The finding may help scientists create drugs to treat obese humans.

Gear

Continued from B1

Similarly, women's bra tops and bike shorts with status labels such as Mossimo, Fila, and Liz Claiborne Sport cost nearly \$30 each.

And if you really want to be a standout in aerobics class, how about an orange body suit by Versace, available at Saks Fifth Avenue for a cool \$165? Matching bike shorts are \$138.

Apart from the cost of a designer name, do the more expensive brands offer more for your money?

In general, yes. The fabric usually is softer and thicker and the construction sturdier. But mostly, the fashion quotient is higher. So if sweating in style is your thing, prepare to spend more.

Basic, budget workout wear will get the job done just fine, however. And if you shop carefully, you can find some great-looking pieces for a song—especially on those aforementioned January sales.

Compare the price, fabric, construction and styling of several inexpensive workout basics from Sears with similar, but more expensive, status pieces from Dillard's department store.

The men's budget items included elastic-waist boxer shorts (\$18), a one-pocket T-shirt (\$14) and a hooded, zip-front sweatshirt with kangaroo pockets (\$24), by Russell Athletic. All carried an 80 percent cotton and featured solid colors with a small logo near the hem. Total cost: \$56.

Although there was nothing new about the styling, these were serviceable basics with a comfortable feel and roomy fit. Just one complaint: The fleece finish inside the sweatshirt tended to shed, leaving small fuzzy balls clinging to the T-shirt.

For the status items, consider three pieces from Ralph Lauren's

latest Polo Sport collection. The two-tone, biker-style shorts came in a blend of 87 percent nylon and 13 percent spandex (\$57.50).

The waistband had a cord tie as well as elastic, and the leg hems were trimmed inside with red-and-black elasticized tape to keep them from riding up. The cotton T-shirt (\$29.50) had no pocket, but did sport an American flag on the chest. The hooded, zip-front, pullover jacket (\$197.50), had two zippered pockets and a drawstring waist. It was made of breathable Thermacast fabric (80 percent nylon, 20 percent spandex), which had a sleek, wind- and water-resistant outer surface, velvety lining and reflective accents for safety. Total cost: \$284.50.

The high-quality materials, sturdy construction, stylishly trim fit and snazzy detailing all contributed to the high cost. So, of course, did the Polo Sport name, which was emblazoned on each item in big letters.

For women, price three-piece outfits—a basic unitard, a bra top and a cover-up.

The budget trio featured a black unitard with red trim by Pump 'N Power (\$24.99). It had mesh sleeves, a front zipper and was made of a soft, stretchy fabric of 57 percent cotton, 32 percent polyester and 11 percent spandex. The bra top by Body Details (\$11.99) was a simple, scoop-neck style in black, made of 90 percent cotton and 10 percent spandex, and lined in front with Coolmax polyester. For a cover-up, we selected a gray, cropped T-shirt splashed with bright colors and silver glitter paint by Body Details (\$24.99). Total cost: \$61.97.

The pieces were comfortable and fun. However, the fabric of the unitard and bra was on the thin side, and the finish was not particularly sturdy. The edges of

the bra top, for example, were simply turned under once and sewn down with a single line of stitching.

The expensive pieces all bore the trendy Mossimo logo, and were from the California designer's latest collection. The charcoal-gray unitard (\$54), featured a scoop neckline and empire waist, both accented with double rows of orange stitching. The soft, thick fabric was a blend of 60 percent polyester, 33 percent cotton and 7 percent spandex. The matching, racer-back bra top (\$38) had the look of an underwire bra and included removable push-up pads. The cover-up was a quilted, zip-front vest (\$46), in an iridescent, old-gold color. The fabric was a 50-50 blend of nylon

and polyester. Total cost: \$138.

Pricey, yes—but the outfit offered a lot for the money. It was comfortable, well-made and terribly chic.

In addition, the vest could be teamed with a variety of other outfits, from casual to dressy. On the down side, the care label called for hand-washing. And the sizes ran small, so try on larger sizes than you usually wear. (If the size tag is an embarrassment, snip it out.)

Buy the budget pieces when you first start your exercise program. Then, once your buff new body starts to emerge after a few months of regular workouts, reward yourself with a stylish, status-label ensemble.

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HEALTH & FASHION

Coffee raises harmful substances in body

The Washington Post

Drinking coffee raises blood levels of a substance that is linked to an increased risk of heart disease and stroke, reports a team of Norwegian researchers. Studies have had mixed results in looking for a link between coffee and heart disease. Intrigued by the inconsistency, Ottar Nygard and his colleagues at Norway's Haukeland University Hospital in Bergen examined the effects of coffee consumption in more than 16,000 adults, aged 40 to 67 years, who were part of a National Health Screening Service study in Norway. Ninety percent of participants drank coffee daily. Nygard and his team found that coffee not only raised lev-

els of blood cholesterol, but also significantly increased homocysteine. High blood levels of this amino acid, which is a building block of protein, have been linked to a higher risk of heart disease and stroke. Elevated levels of homocysteine have also been associated with congenital malformations, miscarriages and low weight of babies at birth. Reporting in the January issue of the American Journal of Clinical Nutrition, Nygard and his colleagues noted a strong link between coffee consumption and homocysteine levels. The highest coffee drinkers had the highest homocysteine levels, while those who drank decaf or abstained from coffee altogether had the lowest levels.

New health risks reported with antihistamine

The Washington Post

Claritin, the world's best-selling prescription antihistamine, appears to be linked to two cases of liver failure, one severe enough to require a liver transplant, doctors at Temple University reported recently in the Annals of Internal Medicine. The report raises questions about the popular drug, which millions of Americans, including President Clinton, take to relieve the symptoms of allergies — runny nose, itchy eyes and scratchy throat. Unlike many other antihistamines, Claritin does not cause drowsiness and is taken only once a day. A pediatric formulation of the drug, in syrup form, was approved last October.

This is the second example of problems with a non-sedating antihistamine. This week, the Food and Drug Administration announced plans to revoke approval for the drug Seldane, produced by Hoechst Marion Roussel, because of reports of serious cardiac problems in patients who take Seldane with certain types of antibiotics and antifungal drugs.

Introduced in 1985, Seldane was the first non-sedating antihistamine to gain FDA approval. Last year the problem of drug interactions prompted warnings by the FDA to doctors and changes in the drug's labeling. FDA officials said the recent approval of another antihistamine called Allegra, which provides the same benefits as Seldane but has not shown any serious side effects, suggests

there is not a need for Seldane anymore. Allegra is also made by Hoechst Marion Roussel. In contrast to Seldane, Claritin is still considered a very safe drug. The liver problems seem to be an "extremely rare" side effect of the medication, an FDA official said last week.

"This appears to be a very, very safe drug" if taken as directed, said Peter Honig, medical team leader of the FDA's division of pulmonary drug products. Honig said that about 10 million prescriptions for Claritin, also known as loratadine, were written last year in the United States.

Since 1993, when the drug was first approved, the agency has received about 50 reports of possible adverse liver problems involving the drug.

A spokesman for Schering-Plough Corp., which manufactures Claritin, said in a prepared statement that the drug is a "safe and effective antihistamine. There is nothing new in the cases cited — to suggest that the excel-

lent safety profile of loratadine has changed."

The reports of liver damage appeared in the Nov. 1 issue of the journal. Thomas D. Schiano, a member of the staff of the University of Chicago Hospital, and others described two patients — a 42-year-old woman and a 33-year-old man — who developed severe liver problems after taking standard doses of Claritin.

New lasers zap away uglies

Knights-Ridder News Service

Sarah Sinclair could have taken a European vacation, or played the stock market, or put a down payment on a spiffy new car. Instead, she has almost nothing to show for the thousands of dollars she spent.

"I wore shorts yesterday, and there was only a little bit of hair on my legs. And the hair was softer, nothing like before," she dark-haired, 29-year-old department store sales manager said last week from her home near Boca

Raton, Fla.

In November, Sinclair forked over \$4,600 to have the hair on her legs and at her bikini line removed — painlessly, if not quite permanently — with Softlight, a new laser she saw on a television news show.

Developed by ThermoLase Corp. of San Diego, Softlight got an edge on competing lasers in April by becoming the first to receive FDA approval for hair removal. Softlight is also the centerpiece of a fast-growing, unusual, and potentially very lucrative chain of upscale hair-removal salons.

TO DO FOR YOU

Family first aid class offered Jan. 29

TWIN FALLS — The Lincoln Elementary School Parent Room will sponsor a family first aid class on Jan. 29 in the school's cafeteria.

Guest speaker will be former Twin Falls County corner Cal Edwards.

Babysitting will be provided, and the first 50 participants will receive a free sample first-aid kit. For further information, call the school at 733-1321.

Dimes. Participants in the session will learn the nutritional needs of the pregnant woman and developing fetus and practical ways to meet those needs. For more information about this free program or to pre-register, call 737-2900.

Friends of Bereaved Families meet today

TWIN FALLS — Friends of Bereaved Families will meet at 7:30 p.m. today at 998 Washington St. in the Office on Aging building, senior annex building, located on the College of Southern Idaho campus. For more information, call Pam Bolton at 734-5216.

Free blood pressure checks Jan. 21, 24

TWIN FALLS — The Twin Falls Senior Citizens Center will offer blood pressure checks from 10:30 to 11:45 a.m. on Tuesdays and from 10 a.m. to noon on Fridays at the center. Experienced volunteer nurs-

es will administer the checks free of charge.

Series: 'Coping with Widowhood' at CSI

TWIN FALLS — Widowed Information and Consultation Services will begin a series of meetings on "Coping with Widowhood" from 10 to 11:30 a.m. Wednesday at the College of Southern Idaho Office on Aging.

The eight-week series will meet each Wednesday. Through the sessions, widowed persons receive information and support in dealing with problems of being widowed. For more information or to register, call 736-2122.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls ID 83303, or deliver to our office at 132 Third St. W.

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CALENDAR of EVENTS

- MVRMC Junior Volunteer Orientation Meeting * Monday, January 20, 4 p.m., MVRMC Cafeteria. If you are 14 years old and have parental permission, join us for an explanation of the Junior Volunteer program. Applications and training dates will be available at the meeting. For more information, call 737-2066.
- CPR Class * Tuesday and Wednesday, January 21 and 22, 6:30 - 10 p.m., Doctor's Meeting Room. To register call 737-2007.
- Infant CPR Class * Wednesday, January 22, 7:30-9:30 p.m., Education Center. Pre-registration is not required.
- 55 Alive Mature Driving Course * Wednesday and Thursday, January 22 and 23, 9 a.m. - 2 p.m., Education Center. Fee: \$8 per person for materials. Class size: 30. Participants must be able to attend both sessions. To register call 737-2065.
- Juvenile Stop Smoking Program * Thursday, January 23, 7 p.m., Education Center. Designed as part of the Juvenile Peer Court System to convince teens that smoking is a bad choice. To register call 737-2007.
- See the MVRMC Booth at Target Store on Saturday, January 25 from 10 a.m. - 2 p.m. and on Sunday, January 26 from 1 - 5 p.m. Free blood pressure checks.
- March of Dimes "Babies and You" * Monday, January 27, 7 p.m., Education Center. Topic will be "Eating or Two: Nutrition During Pregnancy." To pre-register call 737-2900.
- Breast Cancer Support Group * Monday, January 27, 7 p.m., Cancer Center Reception Area. For more information call 737-2441.

If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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HEALTH & FASHION

Many try to dress 'cool' when it's too cold

Chicago Tribune

CHICAGO — They call Ginny Illich the Lycra Woman for a reason.

During Chicago's subzero days, when most warm-blooded creatures hunker down in their homes and venture forth only to retrieve a newspaper or let the dog in, Illich would be the one in multicolored Lycra leggings that match her red, purple, green and orange eyeglasses.

The stretchy Lycra tops her polypropylene long underwear, clinging to her legs like a second skin that, she says, "moves with you." She rarely shivers or complains about the cold, although she often wears outside as a photographer and skier.

"Don't be a dope. Wear your polyprop," Illich said while leading a ski seminar Sunday at Capt. Daniel Wright Forest Preserve in Lincolnshire, Ill.

Illich has learned to do winter right — staying warm and fashionable at the same time.

But as was evident Sunday, as temperatures barely hovered in positive numbers, many others preferred to remain stylishly "cool" — simply refusing to admit that a minus-35-degree wind chill factor is worth a dreaded case of Hat Head.

Not that there aren't better choices than Elmer Fudd-like flapped hats.

There are ear muffs, head bands, Thermoline glove liners and slitten long underwear. Polar parkas with hoods lined with sheep fur, Polar fleece, Gore-Tex jackets. Hand warmers. Battery-operated socks. Lobster gloves, which permit fingers to stay together within three mitten-like claws.

Childhood aversions, however, are hard to cover up.

Perhaps it began with an unzipped jacket in



Schoolchildren in Silver Spring, Md., still look 'cool' as they layer on the clothes to keep warm.

sixth grade, a ban on stocking hats in seventh or gloves banished to pockets by eighth.

And it runs in families.

"Oh, no. We don't do hats," said Rhonda Gross, 31, during an outing Sunday.

"It messes up my hair," her sister, Amy Haidinger, 22, chimed in.

The women refuse to wear boots too.

"Too clunky," Gross said. "I would rather have a wet foot than a clunky boot."

Some people find it difficult to describe what they wear, other than they know it's hip.

Mike Engle, 20, usually wears his Bulls cap or one of those "beret-kind of things with a burton and it slides down and it's like an old grandpa hat."

But not gloves. Nor snow suits, either, for which he blames his mother, who made him wear a pink suit when he was about 6 years old.

"It was my cousin's snow suit and it was the only snow suit in the house," he said, shuddering at the memory.

His friend, Tim Montemayor, 24, shook his head: "Traumatized. He was traumatized."

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All Seats \$1.50 **FLY AWAY HOME**
 Jeff Daniels, Anna Paquin
 Sat - Noon 12:30-2:30
 (See back cover for show times and showtimes)

Whitney Houston **Preacher's Wife** (PG)
 Denzel Washington
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 11:45-4:15-6:45-9:15

Michael Jackson and the WBAI **Space Jam**
 Whoopi Goldberg
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 12:30-2:30

James Garner, Jack Lemmon **My Fellow Americans** (PG-13)
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 12:00-2:30-4:00-7:00-9:15

Woody, Marlon Brando **The People vs. Larry Flynt** (R)
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 11:45-4:15-6:45-9:15

5th Big Week **ONE FINE DAY**
 Michelle Pfeiffer, Gene Hackman
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 12:00-2:30-4:00-7:00-9:15

9th Big Week **101 DALMATIANS**
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 12:00-2:30-4:00-7:00-9:15

5th Big Week **SCREAM**
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 12:00-2:30-4:00-7:00-9:15

4th Big Week **MICHAEL**
 John Travolta, Andie MacDowell
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Room at the Top **GHOSTS OF MISSISSIPPI**
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In Days of Yesteryear at Both Theaters **TURBULENCE**
 (In Town Falls, Daily, 7:00-9:15)
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KUNG FU! **CHUCK NORRIS** **BRITISH HEELS** **NINJA**
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John Penney **White Hot** **William Dafoe** **THE ENGLISH PATIENT**
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EDDIE MURPHY **LIFE'S A NEGOTIATION**
 (In Town Falls, Daily, 7:00-9:15)
 Sat - Noon 12:00-2:30-4:00-7:00-9:15

COMICS

Peanuts By Charles M. Schulz

1. SO I GOT SUSPECTED FROM SCHOOL FOR A DAY.
2. ALL BECAUSE I ASKED A LITTLE GIRL TO DANCE. IT WAS JUST A JOKE.
3. DO YOU THINK I'D ASK HER TO DANCE?
4. SORRY, I KEEP FORGETTING THAT DOES CAN'T TALK.
5. IT'S JUST AS WELL. I HAVE SOME PRETTY STRONG OPINIONS.

Dilbert By Scott Adams

1. BAD NEWS ON YOUR PERFORMANCE REVIEW, WALLY.
2. EVERYONE PERFORMED THE SAME, BUT MY REQUIREMENTS TO FORM THE SQUEAL ON A BELL CURVE.
3. I HAD TO MAKE UP SOME FLAWS TO MOVE YOU DOWN THE CURVE. HERE'S A PEN. SIGN IT. "EMPLOYEE DOES NOT WASH HANDS AFTER USING THE RESTROOM"

B.C. By Johnny Hart

1. HERE'S THE PLAN.
2. WE'LL TAKE THE BUS TO THE BEACH.
3. WE'LL TAKE THE BUS TO THE BEACH.
4. WE'LL TAKE THE BUS TO THE BEACH.

Garfield By Jim Davis

1. DO YOU HAVE TO BE SO OBNOXIOUS THAT YOU'VE TOOK THIS CLOSE?
2. I CAN STAND THIS CLOSE.

Hi and Lois By Chance Browne

1. THANK YOU FOR THIS DRY, AND THANK YOU FOR THIS MEAL, AND THANK YOU FOR THIS FAMILY, AND...
2. THANKS BUT I'D RATHER BE OUT THERE.
3. MY FEET GOT TIRED OF YOUR SHOES.

The Wizard of Id By Grant Parker & Johnny Hart

1. AND SO I WANT TO BUILD A BRIDGE...
2. THE NEXT CENTURY!
3. GET READY FOR THE GRANDDUTY OF ALL TOLL BRIDGES.

Nigger the Horrible By Chris Browne

1. I SAIL FOR ENGLAND DO YOU WANT ME TO GET TO YOURS?
2. YES I'D LIKE EITHER A "TIE" OR A "DITCH".

Bertie Bailey By Mort Walker

1. I'LL BE GONE ALL DAY SO DON'T LET HIM OUT OF YOUR SIGHT.
2. DON'T TELL HIM I LEFT A LEG.
3. I THOUGHT HE WAS TALKING TO ME.

Frank and Ernest By Bob Thaves

1. YOUR NEIGHBORLY BANK.
2. THEY'RE NEIGHBORLY, ALL RIGHT - THEY'RE NOT SPEAKING TO ME.

The Burn Laser By Art Sanson & Chip

1. I'M TRYING THIS NEW DITING TECHNIQUE I HEARD ABOUT. YOU JUST USE A SMALLER PLATE!
2. ALL MY FOOD KEEPS FALLING OFF MY PLATE!

For Better or For Worse By Irvn. Hoberman

1. SO ELIZABETH IS GOING ON 20, IS SHE?
2. WELL, LIFE GOES ON. EL JUST DECIDE ON HOW TO KEEP HER GETTING OLDER DOESN'T MEAN THAT WE HAVE TO SLOW DOWN!
3. OUR GENERATION HAS THE FREEDOM TO ORGANIZATIONAL EXPENDITURES. TRAVEL, EXERCISE, THE OPPORTUNITIES FOR PEOPLE LIKE US TO ENJOY LIFE.

Pickles By Brian Crane

1. BOY, THESE MOVIES LATELY! THEY'RE NOTHING BUT EXPLOSIONS AND FIGHTING AND BIG FIRES!!
2. WHY DON'T THEY MAKE MOVIES THE WAY THEY USED TO?
3. LIKE "GONE WITH THE WIND"?

Demms the Menace By Hank Ketcham

1. HOW WAS WORK TODAY, SYLVIA?
2. I ANSWERED THE PHONE, FILED SOME NEGATIVE, SWEPT THE FLOORS, AND GOT OUT SOME BILLS.
3. MADE RESERVATIONS FOR DAN AND ME TO FLY TO THE AMAZON RAINFOREST...
4. I WISH YOU WOULDNT TELL HER SHE'S LIKE THAT WHILE SHE'S DRINKING MILK.

The Family Circus By Bill Keane

1. I CAN STAND THIS CLOSE.

When I'm President of the United States, you can get to be First Grandma.

An island teeming with spuds

Q. Who created the world's most popular secular symbol - S - the dollar sign?

A. Oliver Pollock, a New Orleans businessman, is usually credited with that adaptation on April 1, 1776. Of a design on the Spanish Pieces of Eight coin minted in Mexico City as early as 1732.

Every woman hates the view of herself from behind, says model Cindy Crawford. Is this true?

When people in Japan, are asked to identify their religious preference, many name more than one. Membership statistics of religions there run 1.7 times the total population.

Still in some dispute, I think, is the report that a woman's temperature registers are set two degrees higher than a man's. Contentious is women better withstand cold weather generally, but become more uncomfortable in hottest days.

What reportedly kills the most California Highway Patrol officers is

WHAT'S WHAT?
L.M. Boyd

traffic coming up from behind during routine road stops.

Off the Internet: A husband and wife went to the fairgrounds. The wife wanted to go on the ferris wheel. The husband didn't. She went alone. The wheel turned round and round, then jerked to a stop. Throw out, she landed in a heap at her husband's feet. "Are you hurt?" he asked. "Of course I'm hurt!" she said. "Three times around and you didn't wave once!"

The men who built the Erie Canal were paid \$1 plus a quart of whiskey a day in four-ounce shots starting at 6 a.m.

If about to be marooned on a desolate island, what would you most like to take with you? My turn: A bushel of potatoes to grow a ton more in a year. Your turn?

HOROSCOPE
Sydney Omarr

IF JANUARY 20 IS YOUR BIRTHDAY: You are family-oriented, are knowledgeable concerning business ventures involving restaurants. You have gourmet appetites, minor digestive problem. Capricorn, cancer-born persons play exciting roles in your life. Current cycle relates to partnership, public appearances, home building, marriage. Accelerated social activity in February. Travel in March and serious flirtation. June most memorable.

ARIES (March 21-April 19): Jupiter keynote blends with Mars ruler enabling you to win friends and influence people in all walks of life. Expect property settlement. Sagittarius involved.

Taurus (April 20-May 20): Deal revolves around legal affairs, partnership, public response to your efforts. Marital status requires serious consideration.

GEMINI (May 21-June 20): Excellent for communication, reading and writing, teaching new methods of learning. Flirtation leads to dash of ideas, some physical attraction and after that - who knows!

CANCER (June 21-July 22): Family member consults regarding unique recipes, cooking utensils. Attention received in all walks of life. Terms will be clearly defined. Pay heed to psychic impressions.

LEO (Aug. 23-Sept. 22): Individual in position of authority lends support. Scenario features prestige, promotion, production, unique honor. You'll create positive margins, see appeal. Capricorn, Cancer natives involved.

LIRA (Sept. 23-Oct. 22): You'll be asked musical questions. Learn by teaching. Tell of fascinating happenings in lives of beloved composer. Iron, partner-seas should not be dismissed as fantasy. Ancestress prominently.

VIRGO (Oct. 23-Nov. 21): Answer to question concerning love becomes crystal clear. Creative juices flow. Focus will be on revolution, change, travel, variety. Family member confides problem.

SAGITTARIUS (Nov. 22-Dec. 21): Let others know friendship is two-way street. You'll be answered from legal obligations. Questions concerning marriage will be answered to your advantage. Cancer native plays role.

CAPRICORN (Dec. 22-Jan. 19): Make inquiries, reject superficial responses. Legal victory claimed. You might be hunted around home, property, adventure. Focus on cooperative effort, partnership, marriage.

AQUARIUS (Feb. 19-March 20): Those no harm. Provide them with valid data. Financial career with loved one creates minor stress. Patience.

PISCES (Feb. 19-March 20): Moon position empowers style, adventure, discovery, giving and receiving love. Gain via words, verbal and written. Be direct concerning personal revelation. Gemini plays role.

ACROSS

- US president
- Newsweek saint
- Streak order
- Chills and fever
- Cobbler's concerns
- 16 Cheers for Juan
- Chorus
- Kind of cover
- Pro and
- Cheryl or Alan
- Anticlock
- Long limo
- Theater zword
- Saucuous states
- Go to bar for
- Baltic Sea's - islands
- Resisted
- Canter
- knighthood
- Wipes up
- Cake sections
- Foot Moly
- Article
- Lavin or Gray
- 40 Small and capcity

DOWN

- Make preparations
- Aware of
- 45 Prospero's servant
- 46 Sufferly blood
- 48 Fair
- 49 Skatdole
- 50 Something to model?
- 54 Top-drawer
- 55 Sea eagle
- 56 First name in cosmetics
- 57 Social dual
- 58 Thin Mar's dog
- 59 Photo of a kind
- 60 Nobelst Wicel
- 61 Powder, briefly
- 62 Exchange premium
- 63 Canton page
- 64 Coff item
- 65 Photo of a kind
- 66 Nobelst Wicel
- 67 Arm bone
- 68 Major bonding
- 69 Mid. early
- 70 Plateau
- 71 Tennis division
- 72 Military org
- 73 One - time

Saturday's Puzzle solved:

C	R	E	S	T	A	D	A	F	I	R	E
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Remarkably ordinary cosmetics: Tried and true

DEAR PAULA: I have come across another cosmetics line that looks so good. Before I leap, I want your opinion. A lot of celebrities are apparently flocking to get their hands on these items. Please tell me about Vita-A-Kombi 1. Karina Herzog's M&S Scrub, and Karina Herzog's Soft Cleansing Milk.

—ANNE DOUGLASSON, N.Y.
DEAR ANNE: Don't all cosmetics look tempting? And aren't there always gaggles of celebrities doing such a wide variety of things to their faces and bodies that it would be impossible to follow everything they do in hopes of picking up their beauty secrets? I know we all think that whatever someone rich and famous does to her skin must be the best, but having seen what a number of celebrities use when it comes to makeup and skin care, I can honestly say that is not the case.

In regard to the products, the Vita-A-Kombi 1 (\$30 for 1.75 ounces) seems like a bad joke.

It contains mostly water, petroleum, mineral oil, phytin, thickener, hydrogen peroxide, vitamin A, and preservatives. This is a good moisturizer, but the amount of vitamin A in here is minuscule at best, and hydrogen peroxide is not stable in a cosmetic (but that's not even packaged in a dark brown bottle; it deteriorates when exposed to air).

The Mild Scrub (\$35 for 2.12 ounces) is just a mild abrasive (using marble powder) in a bunch of grease. At \$35 it is absurd. You would be better off making a small amount of baking soda with Cetaphil cleanser (available at the drug store for \$8 for 16 ounces).

The Soft Cleansing Milk (\$35 for 7.14 ounces) is just an average cleanser that is terribly overpriced. It is appropriate only for someone with very dry skin.

DEAR PAULA: L'Oréal has a toner, Eau De Bienfait. It is supposedly a cleansing toner with vitamins for the face and eyes. Does this help? And, of course, the external question is worth the money?

—JANNA VIA E-MAIL
DEAR JANNA: L'Oréal's Eau De Bienfait (\$22.50 for 6.8 ounces) is a good but remarkably ordinary toner that con-



COSMETICS Q&A
 Paula Begoun

tains mostly water, lightweight detergent cleansing agents, slip agent, tiny amounts of vitamins E and A, fragrance, and preservatives.

As an extra cleansing step it is just fine, but the vitamins won't improve or help skin. This can be considered an antioxidant product, but the amount of antioxidants is minuscule and their effectiveness is unproven regardless of the amount.

DEAR PAULA: Just wanted to say how much I appreciate your letter to me about hair care. I have thick, naturally curly hair that is also long-somewhere between Andie McDowell and Nicole Kidman. Finding products that don't dry, stick, gum, harden, and frizz has been a lifelong struggle.

I've tried Aveda, Sebastian, Neus, and KMS, but what finally did the trick was Infusion 23 from Thriftly. I stumbled on it after the last Los Angeles earthquake. The person I was staying with used it. Their products are the best for curly hair, from the moisturizing shampoo and the leave-in conditioner to the five-minute conditioner (which I leave in all night) and the serum capsules. In 38 years my hair has never looked better. Please pass this information on to any of your readers with curly hair who have had the same problems I did.

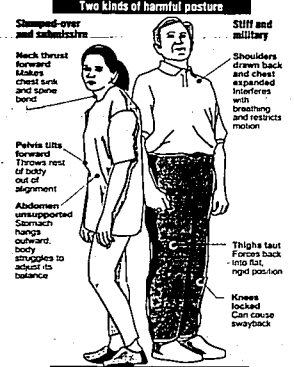
—BETTY, VIA E-MAIL
DEAR BETTY: I just did.

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95), a no-nonsense paperback guide to brand-name cosmetics.

PERSONAL TRAINER

Better posture can protect your back

The structure of your back is something you're born with and can't change much, but you can change your posture by training your back muscles and developing new habits.



To improve your posture

Learn how to lift
 1. Pick heavy objects in two bags instead of one and carry one with each hand. 40 by bending your knees, not your back.

If you have a swayback, work on it
 1. Lean against a wall with knees bent, feet about 9 inches from wall.
 2. Hold your head and bottom of your feet, press the front of your feet against the wall, don't force it.
 3. Straighten your legs slowly until your back up the wall.
 4. Repeat three times; move heels a little closer to wall each time.
 5. Do exercise each day for two weeks.

To carry a heavy bag
 1. Don't hold it close to your body and sag. 2. Use a small level.

The Way to Health and Beauty

Doctors skeptical that vitamins improve skin

The Dallas Morning News

Cosmetics companies are trying to tell consumers that it's good to feed your face. They're promoting vitamins, as pills or in creams and lotions, to restore or improve the "health" of hair, nails and even skin. Doctors and other health experts are skeptical about many of the claims.

Much of the evidence is anecdotal and difficult to measure. Research outside of cosmetic companies' own studies tends to focus on disease prevention, not soft skin or shiny hair.

In the past year, Revlon, Aveda, BeautyControl, Avon and others have designed vitamin supplements that the makers say can boost the body's ability to make hair shiny, nails stronger and skin firmer or even less oily. The industry term for such products is "nutra-cosmetics."

Vitamins as topical beauty care have been gaining in reputation since the late 1980s, when the acne drug Retin-A, a vitamin A derivative, was shown to have some wrinkle-reducing properties. The more recent debut of Collex-C, a vitamin C skin product, was accompanied by testimonials from users touting its age-defying benefits.

Today, the newest vitamin lotions show just how creative marketing has become. Origins pours a vitamin-enriched moisture lotion into a brown-glass bottle and calls it Night-A-Mins. According to the Origins press release, the "invigorating vitamins in Night-A-Mins" include vitamins A, B, C, E, H and folic

acid, help give skin the stamina to maintain "firm outlook in the face of adversity."

Ester Lauder elevates the link between nutrition and beautiful skin in its newest skin-care product, Nutritious. The company describes the milk-protein-enhanced "nourisher" as a "delicious feeling liquid cream, overflowing with benefits from wholesome milk."

But the validity of claims that magnify the connection between health and outward appearance has yet to be strongly established. Cosmetic companies cite their in-house studies, but independent confirmation is meager. And as long as makers are careful in their language, marketing pumped with a dose of "good for you" terminology is legal.

"A cosmetic can claim to do four things," says Dr. John Bailey, director of the Food and Drug Administration's cosmetics and color division. It can "cleanse, beautify, promote attractiveness and alter the appearance in general." In short, cosmetics make superficial changes. A drug, on the other hand, accomplishes its effects "through a process that alters the structure or function of the skin," he says.

"For example, if it claims to temporarily remove or improve the appearance of fine lines or wrinkles, that's a cosmetic. If they claim a product contains ingredients that penetrate the skin and cause rejuvenation of the skin, nurse the cells, oxygenate the cells, or stimulate the formation of collagen, those are structure and function claims, which then require the legal definition of a drug."

PRODUCT SAMPLER

The Dallas Morning News

Cosmetics companies are the latest to support the adage that beauty comes from within. Now several of them are selling vitamin supplements that they say promote healthy-looking skin or nails. Here's a sampling of the products:

- Oral supplements**
 - *Aveda Intelligent Nutrients Intelliderm*: Contains vitamin E, Ayurvedic herbs and beta carotene; a 30-day supply is \$50. Call 1-800-311-5635 (toll free) for sales information.
 - *Avon's Biotin Cream*: Hair, skin and nail formula; a 30-day supply is \$8.99. Call 1-800-367-2866 (toll free) for sales information.
 - *Mary Kay's Daily Benefits*: General nutrition supplements; 30 daily doses of six pills each are about \$30. Call 1-800-627-9529 (toll free) for sales information.
 - *BeautyControl's Within Beauty Skin Nutrition*: Comes in formulas for dry, oily and combination skin; \$15 for a month's supply. Call 1-800-232-8841 (1-800-BEAUTY-1) (toll free) for sales information.
 - *Cientele's Daily Nutrient Supplement*: A morning, evening vitamin and mineral supplement system; a 31-day supply is \$35; available from Neiman Marcus.
 - *Revlon's Nail, Strength, Radiant Hair and Vibrant Skin*: Three different formulas con-

tain vitamins, nutrients and herbs to enhance nails, hair or skin; each sells for about \$75 at select dermatologists and from the company at 1-800-423-5539.

- Topical formulas**
 - *Collex-C*: Topical vitamin C serum intended to reduce signs of aging; a 1-ounce bottle is about \$75 at select dermatologists and from the company at 1-800-423-5539.
 - *Ester Lauder's Nutritious*: With vitamins and milk protein; a 1.7-ounce jar is \$45 at major department stores.
 - *Prescriptives' Insulation Anti-Oxidant Vitamin Cream*: Contains vitamins C, E and beta carotene; \$40 for 1.7 ounces at major specialty and department stores.
 - *Chanel's Hydra Serum Multi-Vitamin Moisture Supplement*: A skin moisturizer; \$50 an ounce at major specialty stores and the Chanel boutique.
 - *Origins' Night-A-Mins Mineral Enriched Moisture Lotion*: Contains "prehistoric deposits of mineral-rich purified plants"; \$27.50 for 1.7 ounces at Neiman Marcus.
 - *Guerlain's Hydrabella Polyvitamin Moisturizer*: A skin moisturizer; \$50 for 1.7 ounces at major specialty stores.
 - *Nature Biss Action Complex Facial Oil*: A skin moisturizer with vitamins A, C, and E; \$75 an ounce at Neiman Marcus.

VITAMINS Q&A

The Dallas Morning News

Some answers to common questions about vitamins' role in beauty.

Q: If I don't consistently eat a healthy diet, can vitamin supplements help improve the look of my skin and hair?

A: "We're not all getting the optimal amounts of vitamins and minerals. But there are no established links between vitamin deficiencies and beauty problems in this country," says Bonnie Liebman, director of nutrition for The Center for Science in the Public Interest.

"There is not very good evidence that any vitamins can improve hair, or skin or teeth or nails in a (well-fed) population like ours," she says.

"It is true that if you have a severe deficiency of say, vitamin C, you can cause problems with the skin, teeth and gums. But that is not relevant to the average person."

Dr. Alan Marmor, chief of dermatology at Baylor University Medical Center in Dallas, agrees. "We meet our nutritional needs even though we have crazy diets. The chance of us being deficient in any nutrient is remote at best. You are going to start having a lot of other symptoms besides bad skin, hair and nails. You are going to look wasted. You are going to look anemic," he says. True deficiencies can also cause rashes, brittle nails and troubled scalp conditions, as well as chapped lips and a dried-out tongue.

Q: The government closely regulates the safety of foods and drugs. Where do vitamin supplements fit in?

A. Upon passing the Dietary Supplement Health and Education Act of 1994, Congress acknowledged that "there may be a positive relationship between sound dietary practice and good health, and that although further scientific research is needed, there may be a connection between dietary supplement use, reduced health-care expenses and disease prevention." The act also requires a degree above about vitamins and set up new procedures for monitoring

the safety, labeling and sale of dietary supplements.

Q: Some say over-the-counter vitamin pills don't have to be regulated as a drug, not a cosmetic?

A: "This is a fuzzy area that we haven't sorted out very well," says Bailey of the Food and Drug Administration. "It's very hard that these probably fall into the area of dietary supplements, which the FDA no longer oversees."

Bailey says that health-related claims can remain unsubstantiated as long as they don't purport to cure a disease. As for claims about improving the look of the skin or the hair, he says, "You are pretty much safe."

Q: What do cosmetics companies say?

A. Companies now entering the vitamin supplement business say they are interested in beauty "from the inside out."

BeautyControl, Revlon and Intelligent Nutrients, a direct sales supplement company founded by Aveda, sell vitamins for general health, as well as supplements targeted toward improving hair, skin or nails.

David McClellan, a spokesman for Intelligent Nutrients, says Aveda founder Horst Rechelbacher wanted to enhance people's lifestyles internally and externally.

"I think there is a growing trend to be more in tune with your body," says McClellan. "I think a lot of people don't understand nutrition, nor do they want to. But they understand taking some kind of supplement."

Q: What about topical products containing vitamins that they improve skin?

A. "We think most vitamins are fairly large molecules and are not going to penetrate skin to a significant degree. There is very little information that topical vitamins provides any benefit... in terms of being involved in biologic processes in the skin or anything else," says the FDA's Bailey.

Maria Corboletto, vice president of product development for Origins, disagrees. "We find that certain minerals in certain carriers in certain sds do absorb into the skin," she says.

The makers of Collex-C point to clinical trials conducted at the Duke University Medical Center by Dr. Sheldon Fennell, chief of dermatology and the product's developer. After topical application of his formula, vitamin C levels in skin increased at least fourfold and as much as 40 times the previous levels, according to a report on the study in the journal *Skin Aging and Photobiology*.

Even if the vitamin C is absorbed, however, whether it can reverse or prevent sun damage, or stimulate collagen production in human skin, has yet to be demonstrated.

Q: Why are vitamins A, D and E in so many skin care products, such as lipstick and moisturizers?

A. "Their presence in moisturizing products is due mainly to their oiliness," say authors Dr. Fredric Halberman and Margaret Dankert in their book *The Doctor's Beauty Hotline: Quick Fixes for Beauty Crimes*.

"Because of the effectiveness of Retin-A, made with Vitamin A acid (tretinoin), in reversing some types of sun-damaged skin, we're seeing vitamin A featured more and more prominently as an ingredient in cosmetics and treatment products. However, vitamin A, by itself, is not a skin rejuvenator."

Q: Have other vitamins been studied for their effects on skin or hair?

A. "Nothing yet. I've had the rigorous scientific research that Retin-A has had," says Menter of Baylor.

"There are so many anecdotal reports. That's how Retin-A started. When people were over it for acne, some of them realized their skin looked less aged. It's oral vitamin supplements are beginning to produce some of the same anecdotal evidence."

"People say, 'My skin, hair and nails feel so much better.' But no one has completed the rigorous evaluations," he says, although some studies are under way.

"Physicians are skeptical until science shows us proof," he says. Such research can take five to 10 years.

The Times-News
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IN THE DISTRICT COURT OF THE THIRD JUDICIAL DISTRICT OF IDAHO, IN AND FOR THE COUNTY OF TWIN FALLS

NOTICE OF HEARING FOR CHANGE OF NAME

In the Matter of the Application of Teresa Ann Ash for the minor child, **RUSSELL COLE FULLERTON**, who was born [redacted] in the above entitled M/V/M/C, Twin Falls, Idaho, now residing at 353 3rd Avenue East, Twin Falls, Idaho 83301, proposing a change of name to **RUSSELL COLE ASH** has been filed in the above entitled Court, the reason for the change of name being: 1. I have remarried and would like for Russell to have the same last name as I do. 2. John Ash is the only father this child has ever known. 3. Russell's father has not been in his life or made any attempt to contact him. The name of the minor child's mother is **ELVITA ANN FULLERTON** and may be filed by person who can, in such a change of name, show the Court a good reason against such an action, show the Court any appoint, and object. Clerk of Court: Gary Dan Dorsey. **PUBLISHED: Monday, Jan 20, 27, February 3, 10, 1997**

LEGAL NOTICE

IN THE DISTRICT COURT OF THE THIRD JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF...

NOTICE OF HEARING FOR CHANGE OF NAME

JEREMIAH LEVI NUNES a minor. A petition by Teresa Ann Ash for the minor child, JEREMIAH LEVI NUNES...

103 DIETARY AIDS

Looking for natural nutrition? Get 72 essential minerals in Dr. Wallace's Today's Products...

104 PERSONALS

Federal law allows you to correct your credit report for free. For more information about credit repair...

105 SPECIAL NOTICES

ALCOHOLICS ANONYMOUS Call 733-8310

NOTICE OF PUBLIC HEARING

A PUBLIC HEARING IS HEREBY GIVEN AND PLANNING AND ZONING COMMISSION, Twin Falls County, State of Idaho...

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TIMES CLASSIFIED DEPARTMENT 208-734-5538

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That birthday you placed some time ago in The Times-News... Pick up your pictures. Stop by The Customer Service Dept. today!

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101 LAND OF OZ

Day care provider in Jerome. Loving, safe & fun. Wonderful reputation, will provide refs. Mon.-Fri., 324-1177

101 LAND OF OZ

Quality Licensed Child Care, drop ins welcome. Child Care in my home. 735-8707

101 LAND OF OZ

Day care provider in Jerome. Loving, safe & fun. Wonderful reputation, will provide refs. Mon.-Fri., 324-1177

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Day care provider in Jerome. Loving, safe & fun. Wonderful reputation, will provide refs. Mon.-Fri., 324-1177

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101 LAND OF OZ

Day care provider in Jerome. Loving, safe & fun. Wonderful reputation, will provide refs. Mon.-Fri., 324-1177

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Owner operator 4 NY unit. Good \$555. Call 532-4803.

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Truck drivers needed for local delivery. Good pay, vacation, lots of miles. Call 477-4536

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Floor person needed, must have at least 3 yrs. experience. Apply in person at Bidgewood Blvd, Twin Falls, ID 83303-0548

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Experienced Brake & Sheet operator needed. Excellent pay, vacation, housing. Call 477-4536

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The Times-News is looking for a Circulation Director. Good pay, vacation, housing. Call 477-4536

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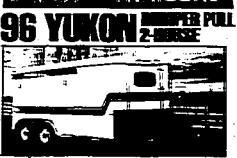
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