

GOOD MORNING

WEATHER

Today: Fog early then partly cloudy and chance of rain; high 51. Increasing clouds tonight with rain or snow likely; low 35.

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MAGIC VALLEY



Pages of history: Castleford fourth-graders will unfold the state's past in a play their teacher wrote.

Page B1

Enhancing appeal: A fee hike could spiff up Shoshone Falls Park.

Page B1

SPORTS

11 and counting: CST's baseball team needed 11 innings to knock off Scenic West for Treasure Valley Sunday afternoon.

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Signs, signs everywhere: What's with using baseball stadiums to advertise? A look at the national pastime's newest fad.

Page A4

HEALTH & FASHION

Danger on the farm: Agriculture has become higher-tech, but just as hazardous.

Page B5

OPINION

Err travel: A guest editorial looks at a congressional candidate's plane ride.

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Jerome man faces murder charge

By Liz Wright
Times-News writer

JEROME — Investigators have arrested a stepfather on a second-degree murder charge in connection with the death of a baby he reported kidnapped the week before.

Officers Saturday found the body of 5-week-old Canaan Reign Barnett buried in a shallow grave in a remote part of Lincoln County, said Clark Rollins, special agent in charge of the Idaho Criminal Investigation Bureau in Twin Falls.

Another person, whom Rollins declined

Investigators find infant in shallow grave

to identify, is expected to be arrested in connection with the death. The stepfather, Michael Scott Grisson, 37, of Jerome, was being held Sunday without bail in the Jerome County jail.

Grisson is expected to be arraigned in court on the second-degree murder charge Monday. He was arrested Saturday night at a friend's house in Jerome.

Following a weeklong multiagency investigation into numerous leads, investi-

gators discovered the infant buried in a white jumper in a grave dug in the sagebrush-covered desert east of Dietrich, Rollins said.

Jerome County Prosecutor John Lundquist said Sunday evening he did not know the cause of the baby's death. Officials declined to discuss their case against Grisson, saying they prefer the details to come out in court.

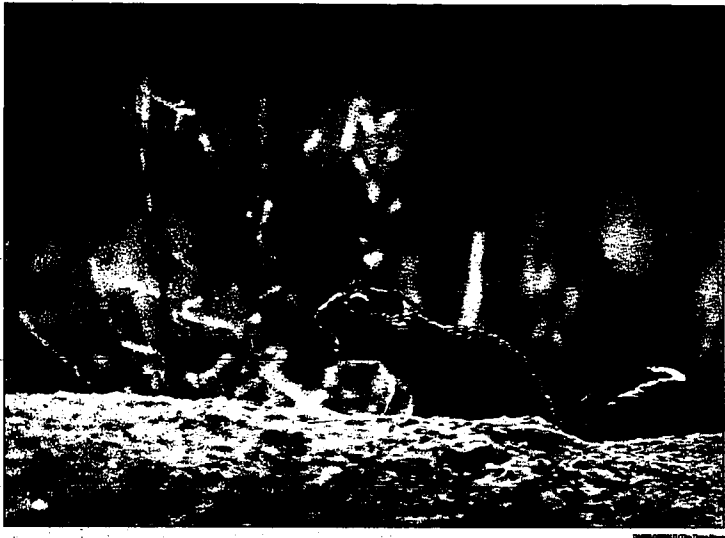
Grisson and the baby's mother had told law officers a Hispanic man wearing a gun

and a tattoo treaded below his left eye stole their infant in the parking lot of Wal-Mart in Burley on March 29.

But police grew suspicious of inconsistencies in their accounts of the crime. The count reported the kidnapping to police seven hours after the crime allegedly was committed.

"There were several things in their initial version that didn't appear to be legitimate," Cassia County Sheriff Billy Crystal said.

Times-News staff writer Liz Wright can be reached at 733-0931, Ext. 231.



Ground squirrels have enjoyed their homes on the southwest corner of Falls Avenue and Washington Street North, an area which has been undisturbed for nearly 10 years. However, a new bank ready to break ground at the site will displace the rodent colony.

Bank will wipe out squirrel town

By Pat Marcantonio
Times-News writer

TWIN FALLS — Each morning, they emerge by the dozens — sniffing the air, foraging for food, ignoring the traffic.

A healthy population of ground squirrels has made its home in a vacant lot at Falls Avenue and Washington Street North.

But the ground will soon shake. First Federal Savings Bank will start construction of a new branch at the site. Manager Norman Wright said the bank has had the five-acre property for about 10 years and believed it was time to build a neighborhood branch. In addition, there are plans for an office park.

Ground squirrels are rodents and most rodents are not protected under state or federal laws.

That means foreclosing on the ground squirrels who have proliferated in the middle of a city. They probably did so because food was plentiful and predators were few, said Mike Todd, regional nongame biologist with the Idaho Department of Fish and Game.

Once the bulldozers arrive the animals will probably disperse to a new home, he said.

There are more fields and lots across and down the street.

Ground squirrels are rodents and most rodents are not protected under state or federal laws. The rodent family includes muskrats, beavers and mice.

"But unless you are a beaver, you don't have a status in Idaho," Todd said.

Fish and Game only gets involved in development projects if they negatively affect the living area of protected, endangered or game animals, he said.

For a driver waiting for a traffic light to change, the squirrels can be fun to watch, as they scam on lawns and seen to

Photo by SQUIRRELS, Page A2

HONEYMOON ENDS APRIL 15

'Marriage penalty tax' sparks debate on ways to fix inequity

By Liz Wright
Times-News writer

FILER — Saying "I do" at the altar sometimes means saying "I owe" to the taxman.

On April 15, thousands of working married couples such as Bruce and Pat Henry will pay more in federal income taxes than they ever did when they were single.

The Henrys, newlyweds, learned this lesson while preparing their taxes together for the first time. They owe \$1,500 — more than they ever paid collectively as singles.

Pat Henry prides herself on not rushing into marriage. But when she discovered the higher taxes, she wondered whether raising a family sooner makes better fiscal sense,

because of tax deductions the government would allow.

"We thought, 'Well, should we try to have a kid, just to (save money)?" said the 27-year-old produce manager on Williams market in Filer. "But that's something we really don't want to deal with right now."

The problem lies in a quirk in the federal tax code that, so far, no one has been able to fix. Working couples earning similar mid-level salaries are the typical victims. A couple earning combined income of \$50,000 would pay \$206 more. A couple earning \$67,000 would pay \$1,382.

The Internal Revenue Service requires married couples to combine their incomes

Alcohol, violence — A2

The legislation was an amendment to a giant highway spending bill that would have taken highway money away from states that don't enact .08 percent blood alcohol content levels in drinking-driving. It is shaping up as one of the most bitterly fought drinking issues since the drive, more than a decade ago to make 21 the minimum-recognized legal age for drinking. A month ago, the Senate passed such an



Pat Henry, produce manager at Williams Market in Filer, was shocked to discover how much more she was required to pay in taxes after being married in May 1997.

Liquor industry scores in fight over drinking standards

The Associated Press

WASHINGTON — Intense lobbying by the liquor and restaurant industries helped prevent a House vote on legislation lowering the threshold of drunkenness behind the wheel.

Such laws should be left to the states, not Washington, says the Republican committee chairman whose panel kept the measure off the House floor. But its Democratic sponsor says the committee action proves that "the liquor lobby — put profits ahead of people's lives."

amendment to its highway bill by a strong 613-32 vote, and President Clinton has endorsed a national .08 percent standard that already is in force in 15 states.

Rep. Wm. Latta, D-S.C., main sponsor of the House amendment, angrily blamed the liquor and restaurant lobbies for stopping her amendment from even getting a vote. "Today the liquor lobby barked up our hill and demonstrated loud and clear that they put profits ahead of people's lives," Latta said.

Liquor and restaurant groups admit that since losing in the Senate, they waged a

full-court effort in the House. The National Beer Wholesalers Association and the American Beverage Institute run large ads in Capitol Hill newspapers, send letters to lawmakers and had wholesalers and brewers write or fax their representatives.

The ABA's general counsel, Richard Berman, hired lobbyist Ann Eppard, who for 22 years was chief of staff to Transportation Committee Chairman Bud Shuster, R-Pa., author of the highway bill. "We're very proud of the folks," said David Rehr, vice president of government affairs for the beer wholesalers.

Young girls set trends in pop music

Males no longer spend most on tapes, CDs

The Associated Press

NEW YORK — If an allowance didn't limit her, Ryan Boucher would quickly expand her music collection beyond the Spice Girls, Sublime and Mariah Carey. At least the 13-year-old girl can go to the mall and dream about compact discs.

"I go in and I can stare at them for five hours — not buy, just stare at them," the Rye, N.Y., resident said. "It's so difficult to decide on just one."

Ryan and her girlfriends are behind a big change in the music industry. Females bought more music than males last year for the first time since the recording industry began keeping statistics. Teenage fans of the Spice Girls, Hanson and the Backstreet Boys are leading the way.

Female buyers outnumbered males by 51 to 49 percent, compared to a decade ago when men outnumbered women buying music by 57 to 43 percent, according to the Recording Industry Association of America.

"The music, more than in the last number of years, seems to be very female-oriented," said Michael Williams, general manager of Tower Records in Long Beach, Calif.

It's no stretch to declare women the tastemakers in today's music scene. Pop music and heart-tugging ballads — think Natalie Imbruglia and Celine Dion — are in style. Heavy, dark rock is out.

Asin Warner's been buying a lot more music than usual lately, but her heart belongs to the Backstreet Boys. The 14-year-old girl gives a you-have-no-clue look to anyone who wonders why. Just look at their pictures.

Her friend, Rachel Colon, scanned a Manhattan store last week for Spanish music and rock CDs from Bush and Oasis. And for fellow customers.

"There are hardly any good-looking guys here," Rachel complained. Girls screaming for Frank Sinatra, Elvis Presley, the Beatles and the Backstreet Boys are part of music's history. More than ever before, they have role models to scream for, too.

THE REGION

Camas Prairie

High: 44 Low: 25
 Fog early today with slight chance of rain/snow. Mostly cloudy tonight with chance of snow. Rain or snow likely Tuesday; high: 43.

Treasure Valley

High: 53 Low: 37
 Fog early today then increasing clouds with chance of rain. Chance of rain tonight. Rain likely Tuesday; high: 50.

Sawtooth Mountains/Wood River Valley

High: 45 Low: 24
 Fog early today with slight chance of rain/snow. Mostly clearing tonight with chance of snow. Rain or snow likely Tuesday; high: 43.

Eastern Idaho

High: 49 Low: 32
 Fog early today then chance of rain. Mostly cloudy tonight with chance of snow. Mostly cloudy Tuesday, chance rain; high: 50.

Northern Idaho

High: 54 Low: 35
 Mostly cloudy today with chance of rain. Partial clearing tonight with chance of rain; high: 51.

Northern Utah

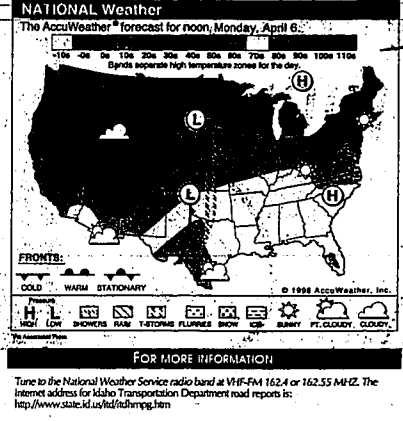
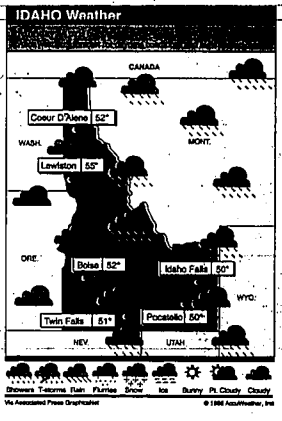
High: 49 Low: 35
 Mostly cloudy today and tonight with chance of snow. Three to five increasing clouds Tuesday with chance of snow; high: near 50.

Northern Nevada

High: 52 Low: 35
 Slightly cloudy today with a chance of rain. Increasing clouds tonight. Rain likely Tuesday; high: 48.

MAGIC VALLEY FIVE-DAY FORECAST

Today	Tuesday	Wednesday	Thursday	Friday
High: 51 Low: 35 Partly cloudy with slight chance of rain.	High: 47 Low: 34 Rain likely.	High: 50 Low: 30 Cloudy with chance of rain.	High: 50 Low: 30 Cloudy with chance of rain.	High: 50 Low: 30 Cloudy with chance of rain.



ACROSS THE NATION

Idaho/West: Showers and isolated thunderstorms developed across southern Idaho Sunday. A few showers in the Panhandle also occurred. Winds gusty were near 25 mph in areas of southeast Idaho. Elsewhere the winds were southwest to northwest near 10 mph.

Southwest: Showers developed across central and northern California during the afternoon, with a possibility of a few thunderstorms, and radar showed showers extending northward into Oregon and Washington.

Mountain West: Isolated light showers extended from Idaho across Montana and northern Wyoming through the Dakotas into western Minnesota. A cold front pushing southeast spawned the rain into snow during the night across the higher mountains of Idaho and Montana. A few snow showers developed during the day in California's central Sierra Nevada and over the mountains of northern Utah. East: A few light showers spread across New England.

—The Associated Press

YESTERDAY'S WEATHER

Twin Falls	Precipitation	Idaho	Highs/Lows
Yesterday: 47	Yesterday in Twin Falls: .05	Max: 54	Idaho: High: 54 degrees at Caldwell, Low: not available.
Last year: 51	Month to date: .24	Min: 33	Nation: High: 90 at Asheville, N.C., Low: 12 at Flagstaff, Ariz.
Normal: 60	Normal to date: .19	High: 63	Idaho: High: 54, Low: 29
	Water year to date: 8.17	Low: 29	
	Normal year to date: 6.28		

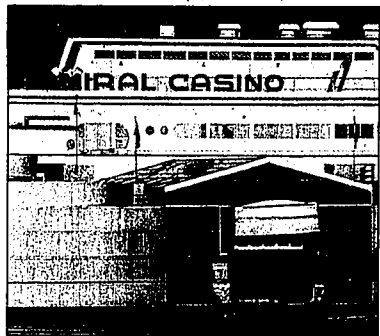
Casino patrons recall panic

Adrift barges break riverboat from dock

ST. LOUIS (AP) — Panicked casino gamblers ran for the doors Sunday morning when a towboat hauling barges on the Mississippi River crashed into a bridge near the St. Louis Arch, letting loose three barges.

All three barges struck the President on the Admiral riverboat, a permanently docked casino with about 2,500 people on board. The boat's upstream mooring came to the end of the craft to swing out into the water away from its deck and head downstream.

The towboat caught up with the riverboat and pushed it against the riverbank to prevent



Damage is visible on a St. Louis riverboat Sunday morning after it was set adrift Saturday night. All passengers were rescued.

its other mooring from breaking in the current.

Other towboats were able to secure four barges that broke loose, as well as the eight barges that the towboat had to release to assist the casino. One of the barges sank.

No one was reported seriously injured. About 50 people were treated for minor injuries. Five or six people required medical treatment for chest pains, authorities said. Officials on Sunday were trying to decide how to redock the boat.

Squirrels

Continued from A1

fric. But they are wild animals which will bite, Todd said.

Some rodent populations also can be transmitted to humans. One species of mice, for example, carries hantavirus. Others can carry rabies. So it's best to leave any wildlife alone, he said.

The tiny burrowers also are back on lawns.

About five years ago, the lawns of the College of Southern Idaho across Falls Avenue were

plagued by ground squirrels, said Tom Blair, grounds supervisor. They dig holes and chew through tubes, causing the sprinklers to turn on.

He doesn't expect the ground squirrels to return, however.

"They seem to prefer pasture and more undeveloped areas than lawns," Blair said.

Though on a small scale, this is typical of the wildlife-development conflict that plays out across the state, said wildlife biologist Randy Smith with Fish

and Game. Land that wildlife has staked out sometimes is staked out for construction.

While some people can do without the tiny animals or simply ignore them, Todd has come to respect the rodents through his studies.

"They are food source for predators and they have a place in the ecosystem," he said.

Times-News staff writer Pat Marcantonio can be reached at 733-9931, Ext. 242.

Study links alcohol with violent crime

WASHINGTON (AP) — Although declining as a cause of death, alcohol remains a factor in nearly 40 percent of violent crimes, the Justice Department reported Sunday.

Alcohol is an even bigger factor in violence by a variety of intimates — a current or former spouse, boyfriend or girlfriend. Victims of those attacks cited alcohol as a factor in two-thirds of them. Victims of spouse violence alone said three-fourths of their attacks were alcohol-related.

The report by the department's Bureau of Justice Statistics found that, among the 7.7 million vio-

lent crimes each year where victims can tell whether attackers used alcohol, drugs or both, 37 percent thought their assailants were using alcohol or alcohol with drugs.

Of the 5.3 million convicted adult offenders in prison, jail or on parole or probation in 1996, 36 percent reported they had been drinking at the time of the offense for which they were convicted, the report estimated.

The report also said in five victims of alcohol-related violence reports a financial crisis. When injury occurred, the average out-of-pocket medical

expense was \$1,500.

Overall, 500,000 victims suffer financial losses each year in alcohol-related violence, and their losses total more than \$400 million, the report said.

Meanwhile, the rate of all alcohol-induced deaths fell 19 percent between 1980 and 1994, according to National Center for Health Statistics data.

And the arrest rate for driving under the influence of alcohol dropped by 24 percent since 1990. In the last decade, highway fatalities blamed on alcohol sank from 24,000 in 1985 to 17,125 in 1996.

Police: Trio slew couple to take baby

CHICAGO (AP) — A woman and two men were charged Sunday with snatching a couple to death and taking their two children so she could pass off the baby girl as her own.

Adriana Mejia, 22, convinced a cousin, Arturo Leon, an acquaintance, Gabriel Solache, to help her kid factory worker Mariano Soto and his wife, Jacinita, in the early morning hours of March 28, police said.

Police say the motive was to steal the couple's 2-month-old baby, Guadalupe Marie, whom Ms. Mejia had spotted with her mother at a Chicago health clinic one day earlier.

The discovery of the bodies sparked a widespread manhunt for the killers and the missing children. Police retrieved the children Friday when the accused woman's husband took the boy to police. "It's an unbelievable story," said Kevin Morrison, a police spokesman.

Ms. Mejia, Leon and Solache were charged Sunday with first-degree murder, aggravated kidnapping and home invasion.

Taxes

Continued from A1

and file a single tax return. As a result, they are pushed into a higher taxing brackets and higher tax bills.

The so-called "marriage tax penalty" represents government intrusion into the private lives and should be eliminated, local congressional candidates say. But debate rages over how to change it.

The drumbeat for tax reform has been pounding louder and louder as Republicans in Congress gear up for more hearings into IRS abuses on average citizens. Former Republican presidential candidate Steve Forbes made famous a call for a flat tax on income to replace the voluminous tax code.

The most popular tax replacement milder than these days is the flat tax. Several proposals call for a 14 to 17 percent tax on all citizens earning at least \$10,000. Taxes on savings such as stocks and bonds, as well as the marriage penalty, would be eliminated.

At this point, the flat tax sounds preferable to GOP candidates. Stubbs of the House, Mike Simpson of Blackfoot and Ann Rydchal of Idaho Falls. Democrat candidate Richard Stallings likes a more recent twist on the flat tax: a limited U.S. House Minority Leader Dick Gephardt, D-Mo.

Stubbs said he wouldn't rule out a national sales tax, however. Under most plans, a national sales tax would have citizens pay taxes every time they make a purchase, with exemptions for items such as business expenses.

A national sales tax is aimed at stimulating savings and investments and would be easy for Idaho to adopt, Stubbs said. Special provisions could be enacted to prevent the tax from burdening lower-income families.

"We already know how to collect our state sales tax," Stubbs said.

How to reform the tax code is

another big question. Simpson advocates passing legislation to cause the code to expire after a certain number of years. He says a deadline would force Congress to become intent on reforming a broken system.

"It's the only way to get it done," Simpson said. "I know it seems like a strange way to go about it, but if you're trying to rewrite it without saving the current system's history, everybody will be trying to protect their own turf."

Stallings prefers Gephardt's proposal: a modified flat tax, starting at 10 percent for those earning less than \$79,000, with the percentage climbing as citizens earn more money.

He sees economic disaster in setting deadlines for reform.

"In my opinion that's the dumbest proposal I've ever heard," Stallings said. "You don't have to go to the markets, upset the whole economy. People invest because of the tax code. If all of the sudden that tax code is going to be sunsetted — I suspect people will invest. They will hold on their money until they figure out how it will affect them."

Whatever happens, Rydchal said he's definitely needs to be reform.

"I think the best thing to do is give people tax relief. Really it seems to benefit everyone," she said.

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Vicki L. Fermann, circulation director

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Mail information

The Times-News (UPS 631-080) is published daily at 132 S. Second and Main, Falls, Idaho 83401, by Magic Valley Newspapers Inc. Periodical paid at Twin Falls by the Times-News. Official city and county newspaper pursuant to Section 62-108 of the Idaho Code. Thursday is hereby designated as the day of the week on which legal notices will be published. The address for: P.O. Box 548, Twin Falls, Idaho 83403.

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CORRECTION

The Times-News failed to include in Saturday's newspaper a contested primary race in Gooding County. Incumbent Win Hense and Dale M. McKinnon, both Republicans, are vying for the position of county commissioner in District Three.

The Times-News regrets the error.

More gay teachers 'come out'

But not without some controversy

SAN LEANDRO, Calif. (AP) — Only the San Francisco Bay separates them. But they may as well be worlds apart.

One, a former high school science teacher in San Leandro, came out as a lesbian to her students during a lesson on tolerance last fall, only to resign amid a whirl of controversy.

"Is this individual fit, seriously insecure, trying to incite problems, or predatory?" parents James and Vicki Godkin wrote in a letter demanding that the school district fire her.

Across the bay in San Francisco, Larry Alegre, a gay assistant principal, was promoted from a teaching position at an elementary school where his sexual orientation is well known.

"Why are you gay?" pupils sometimes ask. "Does your mother know?"

Although he answers questions that are too personal, Alegre respects respect and tolerance.

"I tell them that it's just important sometimes by directly and a good person," says Alegre, who knows he could not have this sort of conversation in most school districts.

Wendy Weaver, a gay teacher is fighting a law that forbids her from talking about her sexual orientation, even outside the classroom.

"There is nothing new about gay and lesbian teachers in the classroom. Although exact numbers aren't available, authorities say there are probably thousands nationwide."

Moms are closeted, often choosing to live and socialize outside the communities where they teach, thus avoiding scrutiny by those who believe that homosexuals should not work with children.

A small but growing number of teachers are, however, coming out. Some times by directly telling students, more often by and, more often, by simply refusing to answer questions.

Mom says son 'never meant to hurt anybody'

JONESBORO, Ark. (AP) — A woman whose 13-year-old son is accused of killing five people in a school ambush told Time magazine that her son "never meant to hurt anybody."

Gretchen Woodard said her son, Mitchell Johnson, told her the March 27 attack that left four young girls and a teacher dead was planned by Mitchell's alleged accomplice, 11-year-old Drew Golden.

Drew asked Mitchell to help him on the bus ride home from school the day before the shooting, Woodard says in the issue of the magazine that appears on newsstands Monday.

"Mitch told me he never meant to hurt anybody, and he didn't take any credit," Mrs. Woodard said. "He just meant to scare them. I guess. But then something went terribly wrong."

Both boys have been charged in juvenile court with five counts of murder and 10 counts of first-degree battery. Police say Drew set off the fire alarm and the two boys opened fire on schoolmates and teachers who fled out of the building.

Drew's grandfather, Doug Golden, has said that Mitchell "was a very bright, very good kid" and his grandson admitted firing some shots, but not targeting anyone.

A message left Sunday at the office of Drew's attorney, Val P. ... was not immediately returned.

Climbers hope to clean Everest of debris

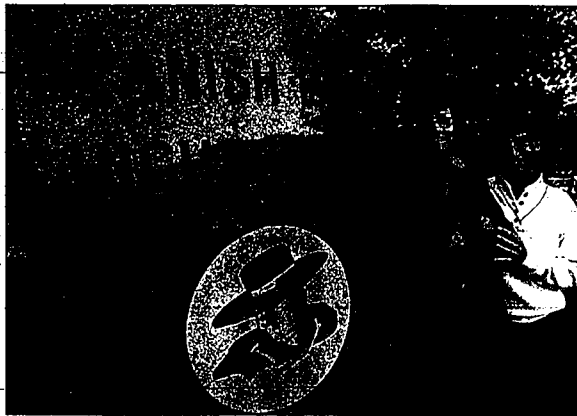
SAN FRANCISCO (AP) — Since the first hikes reached the world's highest peak in 1953, hundreds have followed in their footsteps, littering their paths with emptied oxygen bottles.

Now a team of American hikers wants to make the arduous trek up 29,000-foot Mount Everest just to pick up the trash. The 15-member Everest Environmental Expedition, led by Oakland physician Mark Cole, left for Nepal on Saturday.

"We're going to try to clean up the mountain," said Cole, who is making his second trek to Everest.

The Nepalese government has threatened to fine climbers who fail to take their trash. That's helped reduce refuse at the Everest base camp, at an elevation of 17,600 feet.

At the highest camp, just 3,000 feet below the summit, is



Spanish Fork High School teacher Wendy Weaver, left, shown with her partner, Rachel Smith, lost her job as a volleyball coach at a high school in Spanish Fork, Utah, because of her relationship.

to edit themselves when talking about their partners.

"All the straight women who are called Mrs. are doing the same thing I did," says the San Leandro science teacher, who agreed to be interviewed on condition she not be named as she searches for a new teaching job.

The revelation is, after all, a risky one.

A Utah teacher is fighting back with a lawsuit against the school district that has banned her from talking about her sexual orientation, even outside the classroom.

Wendy Weaver, a high school psychology teacher in Spanish Fork, Utah, says she doesn't discuss her lesbianism at school. But she does show up at public events such as community ball-games with her partner and their children.

"I just got to the point that it would take more energy to hide it," says Weaver, who divorced her husband before moving in with her partner.

Weaver lost her volleyball coaching job after administrators heard about her new relationship last summer.

A measure that would create federal protection against job discrimination for lesbians and gay men — the Employment Non-Discrimination Act — may be reconsidered by Congress this year after falling in the Senate by one vote in 1996.

Ten states, including California, have such anti-bias statutes. Maine residents recently voted to drop their state's protections, underscoring the fact that gay teachers come out at their own risk in most states.

That is especially true in states such as Utah, where sex outside marriage and sodomy are illegal.

"A teacher fired solely because of sexual orientation would have a much stronger case in California than in Utah," says Darren Hutchinson, a professor of law at Southern Methodist University in Dallas. Federal free-speech protection under the First Amendment could be cited, he added.

David Buckel, an attorney for the Lambda Legal Defense and Education Fund, which fights for gay rights, has handled 15-districts in the primary report on the last year. Rather than firing them, citing sexual orientation, districts often find other ways to "make life so awful for a teacher that they can't bear to stay," he said.

End to Jones case gladdens Clinton

WASHINGTON (AP) — President Clinton says that if he were an average citizen, "Joe Six-Pack" he might regret not getting his day in court against Paula Jones. But as president, he says, he's glad the case was dismissed and he can get on with his job.

Americans are telling pollsters they want the independent counsel's investigation of the president to end as soon as possible.

With a federal court decision last week to dismiss Jones' sexual harassment lawsuit against the president, friends of the president said Sunday that the time is right for Clinton to speak out on the other sensational case against him: allegations of a sexual relationship with former intern



Bill Clinton Paula Jones

Monica Lewinsky of urging her to lie about it.

Clinton, in an interview in the Time magazine edition on newsstands Monday, said the end of the Jones case helps not only him but the United States.

"I am just a private citizen,

Joe Six-Pack, I would have mixed feelings about not getting a chance to improve the allegations in court," Clinton told Time. But he added: "I don't have mixed feelings as president, because having the case dismissed and putting this behind us is plainly in the best interest of the country."

Clinton again denied Jones' charges that as Arkansas governor in 1991 he made unwelcome sexual advances in a Little Rock hotel room.

Asked about the Supreme Court decision to let the civil case against a sitting president proceed, Clinton said he has done his best to live up to the court's opinion that the lawsuit would not affect his job.

Report shows Swiss bank knew it supported Nazis

NEW YORK (AP) — A forthcoming report concludes that Switzerland's central bank knew it was supporting the Nazis through gold and trade dealings, Newsweek said in its editions on newsstands Monday.

The report, a Swiss-appointed historical commission told the magazine the report found that commercial banks also were aware they were financing the war, but less so.

But Jean-Francois Bergier, the head of the commission that wrote the report, was quoted Sunday as saying the study would not help to locate victims and heirs trying to include the central bank in their lawsuit against three commercial banks.

"They will, however, be a little disappointed," he told the Zurich-based weekly SonntagsZeitung. "It might not be so bad (for Switzerland) if they file their complaint now, because our report will then pull the rug from under them all the more."

The plaintiffs have filed a multimillion dollar suit against Credit Suisse, Union Bank of Switzerland and the Swiss Bank Corp., and are in talks to negotiate a global settlement.

Swiss officials have made clear, however, that any agreement would involve only the three commercial banks, not the government or its central bank, the Swiss National Bank, which was the main recipient of Nazi gold.



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Senator thinks tobacco deal will come this year

WASHINGTON (AP) — The Republican senator behind the anti-tobacco bill says his confident a deal will emerge this year despite gripes from both sides that the legislation he has proposed is either too tough or not tough enough.

Sen. John McCain, chairman of the Senate Commerce Committee, said Sunday he thinks the \$506 billion bill unveiled last week can make it through Congress but will require support from everybody involved.

"I think we proved last week that we can get Republicans and Democrats together to form a bipartisan package, working with the administration, the public health groups and the attorneys general, and come up with something that is very viable that will attack the problem," McCain said on CNN's "Late Edition."

President Clinton and some other Democrats have suggested the measure is not strong enough while the tobacco industry and its supporters in Congress have said

the bill as it stands will drive cigarette makers out of business.

"I think maybe we are pretty much in the right spot if we are being attacked by both sides," the Arizona Republican said.

The legislation drafted by the McCain committee would bill tobacco companies \$506 billion over 25 years, increase cigarette prices by \$1.10 per pack by 2003 and force changes in cigarette advertising practices. Government penalties for companies that continue to hook young smokers would be capped at \$3.5 billion a year, and the industry's liability for damages in lawsuits would be capped at \$6.5 billion a year.

In his weekly radio address Saturday, President Clinton indicated he thought the measure does not go far enough.

"We still have work to do on this legislation. Above all, we need to put in place tough penalties that will cut the tobacco industry if it continues to sell cigarettes to young people," Clinton said.

'Lost in Space' bumps 'Titanic' from top spot

LOS ANGELES (AP) — Danger, James Cameron: Seniors show the Space Family Robinson has torpedoed "Titanic" out of the No. 1 box office berth.

"Lost in Space," the movie version of the early 1960s television series, knocked the record-setting "Titanic" from its 15-week reign Sunday as the top film in North America, according to Exhibitor Relations Co. Inc.

Preliminary figures showed the film grossing \$20.5 million in its opening weekend.

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- Pro football
- No baseball
- Pro golf
- Idaho college sports
- Idaho high school sports

SPORTS

INSIDE

Baseball A5
 NBA A5
 Scores and stats A6

Sports Editor: Karen Baumert 733-0931, Ext. 239

MORNING LINE

SPORTSQUOTE

“I want to dethrone the Bulls while Michael Jordan is still there. That's everyone's goal. He did it to Detroit. Now it's our turn to do it to him.”

”

—Miami guard Tim Hardaway, after the Heat wrapped up its second consecutive Atlantic Division title

TODAY'S SCHEDULE

College baseball
 Prairie Baseball Academy at CSI (21, 2 p.m.)
 High school baseball
 Borah JV at Clatsop Ferry, 4 p.m.

IN BRIEF

Dietrich graduate may be off to nationals

SPOKANE—Dietrich High School graduate Anne Clapier may have qualified for the National Junior College Track and Field Championships Saturday when she placed 10th in the 3,000-meter run in 11:43 at the Spokane Invitational.

College of Southern Idaho track coach Gary Sievers said the 1997 qualifying time for the 3,000 meters was 11:05, and a possible error listing the 1998 standard keeps Clapier's qualifying status unofficial. If the standard is 11:05, Clapier would join four other Golden Eagles who have already qualified for nationals.

Shawn Murphy won the 800 meters Saturday in 1:52.83, and Tony Smith took the 1,500 in 3:51.11. Cory Wheelan was second in the 3,000-meter steeplechase in 9:55, and Campbell Ness was fourth in the 5,000 meters in 15:41. Smith and Murphy have qualified for nationals in their respective events.

The women were led by Angie Pothier, whose 15-second improvement in the 3,000 meters earned her second place at 10:09. Kelly Squibb was fourth in the 1,500 meters at 4:52—two seconds faster than she ran two weeks ago in Eugene, Ore. Pothier and Squibb have met their qualifying times.

The Golden Eagles compete Friday at the Mount San Antonio College Invitational north of Los Angeles.

Report: Majerus to meet with Texas about vacancy

AUSTIN, Texas—Rick Majerus, who spurned an offer from Arizona State after leading Utah to the NCAA title game, will meet with Texas officials to discuss their coaching vacancy, the Austin American-Statesman reported Sunday.

The newspaper cited an unidentified person close to the school's selection committee. The panel met Saturday to begin the search for Tom Penders' replacement. Penders resigned last week after three weeks of controversy that began when unhappy players met with athletic director DeLors Dodds.

Majerus led the Utes to the championship game before his team fell to Kentucky. Last week, he rejected a seven-figure offer from Arizona State.

Other top candidates on Texas' list include Pete D'Elia, who edged out local favorite Chris Leigh on Sunday to capture his second consecutive Australian Ironman triathlon.

Canadian man, American woman win triathlon

FORSTER, UNICURRY, Australia—Canada's Peter Reid edged out local favorite Chris Leigh on Sunday to capture his second consecutive Australian Ironman triathlon.

The pair raced together throughout the grueling two-mile swim, 10-mile bike ride and 26.2-mile run and ran shoulder-to-shoulder for the majority of the final leg until Reid kicked clear 25 meters from the line.

The 28-year-old Reid won in a time of eight hours 20 minutes 27 seconds with the 25-year-old Leigh just five seconds behind.

In the women's race, American Sian Welch won her first Ironman crown in a time of 9:15:09, after fighting off young Australian Joanne King, who was competing in her first Ironman.

CSI wins 11-inning marathon

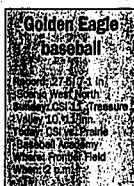
By Darnell Clow
 Times-News writer

TWIN FALLS—Jim Walker had yet to reach for his post-game smoke.

Walker had just finished his post-game talk, huddled with his Golden Eagle baseball team in shallow right field, not too far from where sophomore Matt Silvey's fly ball had eluded an outstretched Treasure Valley outfielder and given the team an 11-10, 11-inning win.

The winnigest coach the College of Southern Idaho has ever seen then sat in the dugout and pondered aloud whether he should retire.

“This was a game nobody should have won,” Walker said of the victory, which puts the College of Southern Idaho three games ahead of second-place North Idaho going into next weekend's conference series in Coeur d'Alene.



“It was a game nobody should have played. The match got off to a late start while players waited for the morning's drizzle to stop, then went through another long rain delay in the top of the fifth inning. In all, the extra-inning affair took just under four and a half hours from start to finish.”

“I owe the spectators lunch. They stayed in the marathon. To watch that game, they deserve a medal. I'm going to buy them lunch.”

—Jim Walker, CSI baseball coach

“I owe the spectators lunch,” Walker said. “They stayed in the marathon. To watch that game, they deserve a medal.”

While the rain struck twice, lightning certainly didn't. The Golden Eagles (27-5, 7-1 in division) couldn't duplicate the stellar pitching performances of the day before:

They couldn't continue to shut down Chukar lead-off man Gavin Goetz, who made amends for a 0-for-5 performance in Saturday's doubleheader with a three-homer Sunday.

But most importantly, Treasure Valley Chukar center fielder Anthony Dunn couldn't rob Silvey of an extra-base hit with another diving catch like he had in the first inning Sunday and twice before in the series.

Silvey's double—his third of the game and second since the extra innings began—came after the Golden Eagles had squandered their unopposed scoring opportunity in the bottom of the eleventh.

Miller Gillies led off the frame with a walk, and took second on Graig Merritt's two-strike sacrifice bunt. But Gillies attempted to take third on a ball hit to the

See page A5

Gimme a sign

Advertisements loom in ballparks

By Ronald Blum
 The Associated Press

NEW YORK—The signs are everywhere—on fences, dugouts, behind home plate. It's virtually impossible to watch a game this season without seeing an advertisement.

“It puts us in a position where we can be competitive in signing talent,” Arizona Diamondbacks owner Jerry Colangelo said. “That's what it comes down to.”

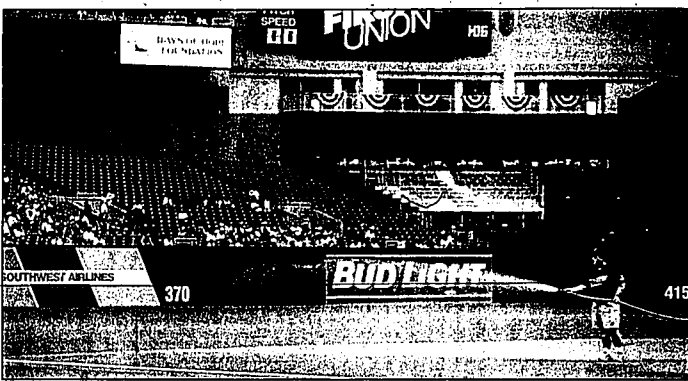
That includes seven signs on the six 60-by-60-foot panels that can swing open at scoreboard level to admit more air to the park or shut to keep in the cool air when the air conditioning is on.

Bank One Corp. will spend \$6 million on the naming rights during the next 30 years. Bank One Ballpark is displayed atop both dugouts.

“As much as anything, baseball is a game of dollars as it is a sport,” said Mike Wright, vice president and project manager for Ellerbe Becket, the architect. “We have tried to get as much potential revenue in the building as we could.”

At Tropicana Field in St. Petersburg, there are 23 signs or advertising panels between the foul poles. That doesn't count the huge oranges along the foul lines—for Tropicana orange juice. Six signs cover nearly all of the left- and right-field fences.

Eckerd Drugs is the official drug store



Groundskeeper Mike Williams hoses down the infield at Tropicana Field amid advertisements posted throughout the facility.

of the Devil Rays, Southwest is the official airline and Florida Power provides the official electricity.

In Houston, the fences are completely covered with signs, except for center field, blank to provide a clean background for batters.

“We looked at photos of old ballparks and tried to capture some of that flavor 25, 30, 40 years ago, when signs were predominant,” Astros senior vice president Bob McClaren said.

The original plan he worked out with owner Drayton McLane was to add color to an outfield that looked drab in the symmetrical Astrodome.

“That was our intention in the beginning but we didn't realize how much the sponsors liked it as a place to advertise,”

McClaren said. “It just kind of took off from there.”

In Miami, the World Series champion Marlins added naming signs just beyond the dugouts along first and third base, joining one that's been behind home plate.

In Cincinnati, the Reds have put ads on the outfield wall for the first time this season. They've added a Hewlett Packard logo to the right of the 375-foot sign and a Budweiser ad to the left of the 375-foot sign in left field.

Last season, the Reds added HA-LO ads above the benches in both dugouts. Marketing consultant Cal Levy said the club might add as many as two more ads on the green outfield fences.

“Advertisers like it because of the TV

exposure it gets in highlights and (television) games,” he said.

In Dodger Stadium, there is some new advertising to go with the two small red-and-white signs in the outfield. A sign board—planned before Rupert Murdoch's News Corp. bought the team from the O'Malley's—knocked out 12 seats behind home plate. It's visible mostly to fans in the outfield seats and the TV cameras.

While luxury boxes may be added next season, Murdoch's executives don't plan major changes.

“Dodger Stadium is a unique place,” said News Corp. president Peter Chernin, who pledged to maintain the character of the ballpark. “It has a special magic to it.”

Cards win; McGwire goes homerless

Record eludes St. Louis slugger

By R.B. Fallstrom
 The Associated Press

ST. LOUIS—Well, Mark McGwire isn't going to hit a home run in every game.

McGwire, who had homered in his first four games, was kept in the ballpark by Kevin Brown and San Diego's pitchers, and the Padres rallied for five runs in the ninth to beat the St. Louis Cardinals 6-7.

Ken Caminiti hit a two-run homer and Quirova Veras drove in the go-ahead run with a single in San Diego's ninth-inning comeback.

McGwire “missed” a chance to become the only NL player to homer in the first five games to start the season, going 1-for-4 with two strikeouts and a walk.

On Saturday, McGwire joined Willie Mays as the only known players to homer in their first four games. Mays



American, National League roundups — Page A5

did it at age 39 in 1971. McGwire also tied the league record with seven home runs in a six-game stretch, dating to last season, joining George Kelly (1924), Walker Cooper (1947), Mays (1955) and Graig Nettles (1984).

Against Brown, McGwire singled to left in the first and struck out in the third. He walked on five pitches to load the bases in the fifth, struck out again in the seventh and grounded out against Trevor Hoffman (1-0) in the eighth.

McGwire is 8-for-20 with 12 RBIs, all on home runs, and six walks.

After Tony Gwynn singled, Caminiti

homered off Lance Painter to bring the Cardinals within 7-5. Wally Joyner singled and rookie Brandon Loper (0-1) walked pinch-hitter Greg Vaughn.

Second baseman Delino DeShields' error loaded the bases and Chris Gomez hit a sac fly to make it 7-6.

Loper's wild pitch allowed Vaughn to score the tying run, and one out later, Veras singled to left.

Dan Miceli got the Cardinals in the ninth for his first save.

St. Louis starter Todd Stottlemyre worked eight innings, allowing three runs and five hits. Stottlemyre, who beat the Dodgers on opening day with seven shutout innings, retired 11 of 12 from the fourth through seventh innings and struck out seven.

Pinch hitter Royce Clayton's bases-loaded infield hit in the eighth off Hoffman, DeShields walked with the bases loaded, and Willie McGee hit a two-run double to give the Cardinals a 7-6 lead.

Brown, who had won his previous eight decisions, worked seven innings. He allowed three runs and nine hits with seven strikeouts.

Kwan, Russians rule world figure skating rinks

By Barry Wilner
 The Associated Press

MINNEAPOLIS—Other than the names, not much changed from Nagano to Minneapolis. An American won the women's crown, Russians won everything else.

Michelle Kwan capped an impressive but imperfect season when she won her second World Figure Skating Championships title. Kwan, like all the other winners at worlds, beat a watered-down field as illness, injuries and ennui kept away

many of the Olympic stars and nearly all the medalists.

Kwan was joined by Todd Eldredge (men's silver) and Jenni Meno and Todd Sand (pairs) as Americans on the medals podium. None skated close to their optimum, yet all easily went home with something.

The Russians ruled the rest of the worlds. Alexei Yagudin became the second-youngest men's world champion at 18 and Yevgeny Plushenko, only 15, took bronze. Irina Slutskaya and Maria Buryrskaya were second

and third, respectively, behind Kwan. Yelena Berezhnaya and Anton Sikharulidze won in pairs. All will remain Olympic eligible.

Ekaterina Krylova and Oleg Ovsyannikov moved up one spot in dance, as did the other world medalists after Pasha Grishuk and Yevgeny Plavov took a pass, presumably to turn pro. Of course, that's the way it works in dance—at least until the International Skating Union holds its congress in June, when major changes probably will be made.

Russia's dominance is nothing new. Since 1994, when skaters began representing each of the old Soviet republics in Olympics and World Championships, the Russians have won gold at Lillehammer and Nagano in men's, dance and pairs. They also took silver in pairs and gold on both games. In worlds, they've won 21 medals from 1994 until now.

“I don't know why it is that we win so much,” Yagudin said. “Maybe we just have the best skaters.”

With many of the best skaters

—Tara Lipinski, Lu Chen, Grishuk and Plavov, Oksana Kazankova and Arzur Dmitriyeva, Ilya Kulik, Elvira Stojko and Philippe Candeloro—elsewhere, this was not a memorable worlds.

Only Yagudin, fifth at Nagano, and Eldredge made big leaps in the men's field. While Slutskaya and Buryrskaya did stand at the Target Center, they weren't close to threatening Kwan. And she skated better at Nagano in winning silver than at Minneapolis while taking gold.

SCORES AND STATS

ON THE AIR TELEVISION

Table listing sports events and their television channels: Baseball, NHL hockey, Skating, U.S. Alpine National Championships.

BASKETBALL

MAJOR LEAGUE BASEBALL

AL STANDINGS

NL STANDINGS

Table showing AL Standings for teams like Toronto, Detroit, Cleveland, etc.

Table showing NL Standings for teams like St. Louis, Cincinnati, Pittsburgh, etc.

BASEBALL

Table listing baseball game results and scores.

BASEBALL

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SPORTS IN BRIEF

Martin overcomes track, wins Texas 500. FORT WORTH, Texas — Mark Martin will always have a special relationship with the Texas Motor Speedway. After all, he was the first driver to turn a lap at the track while it was being built, then he won the track's first NASCAR race.

Zanardi comes from far back for victory. LONG BEACH, Calif. — Alex Zanardi was perplexed Sunday after coming from a lap down to beat Bryan Herta in Sunday's Toyota Grand Prix of Long Beach.

Goetz captures Family Circle tennis event. HILTON HEAD ISLAND, S.C. — Amanda Goetz did what the top seeds couldn't this week — ousted Irina Spirlea and won the Family Circle Championship on Sunday.

U.S. doubles its pleasure at Davis Cup. STONE MOUNTAIN, Ga. — The United States ended its Davis Cup losing streak in doubles Sunday, but not fast enough to keep the Russians from extending the series another day.

Chow edges Miller in pro gymnastics. LOWELL, Mass. — Amy Chow got a perfect score on the floor exercise, the final event of the Women's Professional Gymnastics Championship on Sunday, stealing victory from 1996 Olympic gold medalist Shannon Miller.

Hall the victors: Michigan ices hockey title. BOSTON — Red Berenson wanted uniform No. 7 when he played for Michigan but was assigned the No. 9 school gear because of its status as a nod to Gordie Howe, who was playing nearby in Detroit.

Two-day event featured eight women, including five from the 1996 Olympic Gold Medalist squad — Miller, Chow, Dominique Moceanu, Amanda Borden and Dominique Dawes.

HOCKEY

Table listing hockey game results and scores.

AUTO RACING

Table listing auto racing game results and scores.

TRANSACTION

Table listing transaction game results and scores.

COMICS

Humor

By Charles M. Schulz

WOODSTOCK: WHY DO DOES EAT SO FAST?

SNOOPY: WE HAVE TO EAT FAST BEFORE THE HYENAS COME TO TRY TO TAKE AWAY THE KILL.

WOODSTOCK: INCIDENTALLY, IF YOU'RE WORRIED ABOUT HYENAS, THESE AREN'T ANY AROUND HERE.

SNOOPY: DID YOU LOOK IN THE TREES?

By Scott Adams

MAN: I AM MORGAN, THE PREVENTER OF INFORMATION SERVICES. I BRING NEW GUIDELINES FOR PASSWORDS.

ALL PASSWORDS MUST BE AT LEAST SIX CHARACTERS LONG... INCLUDE NUMBERS AND LETTERS... INCLUDE A MIX OF UPPER AND LOWER CASE...

USE DIFFERENT PASSWORDS FOR EACH SYSTEM. CHANGE ONCE A MONTH. DO NOT WRITE ANYTHING DOWN!

SOCIAL LIKE A PIG!!!

By Johnny Hart

WHEN THE PRICES OF PEAS RISE AND ZINK...

THE CHAIRMAN OF ZION ANNOUNCED...

OR PERHAPS DON'T SHOW, CAUSE SE US' DON'T CARE.

OR BECAUSE THE ECONOMY WAS GOOD!

By Jim Davis

CATS ARE INCREDIBLE CREATORS.

YEARS AGO, SOMEBODY LOST THE OPERATOR'S MANUAL.

By Chance Browne

WHY IS THAT MAN LOOKING LIKE A TREE?

BECAUSE YOU'RE NEGATIVE!

WATCH! DON'T LOOK AT YOU LIKE THAT!

YOU REALLY KNOW HOW TO HURT A GUY!

By Brant Parker & Johnny Hart

HOW DO YOU PICK NICKERS?

A GREAT MAN SAID YOU CAN FOOL SOME OF THE PEOPLE ALL OF THE TIME.

YES!

I LOOK FOR TWELVE OF THOSE.

By Chris Browne

I'M OFF TO ITALY TO BRING BACK THE PROGRESS TREASURES OF ANCIENT ROME!

AND I'D LIKE A LITTLE PEPPER WITH PEPPERS, SAUSAGE AND ONIONS.

By Mort Walker

THAT MAN IS USING BOLD WORDS AGAIN!

HE SHOULDN'T DO THAT IN FRONT OF CHILDREN.

IT'S A "PARENTAL ADVISORY" LABEL.

NOT LOUER.

By Bob Thaves

IT'S A "GET WELL IN THREE DAYS" CARD FROM YOUR HMO.

By Art Sansom & Chip

DO YOU THINK I CAN HAVE AN INTELLIGENT CONVERSATION DESPITE MY IDIOTRY?

YES, CHEF. WHAT DO YOU MEAN BY THAT?

I WILL TALK AND YOU WILL LISTEN.

For Better or For Worse

By Lynn Johnston

GROWER: WHY DOES IT TAKE SO LONG TO BE BIG?

WELL, APRIL, I THINK TIME GOES MORE SLOWLY FOR PEOPLE YOUR AGE.

REALLY?

UHHH. IT DOESN'T FEEL UP UNTIL YOU'RE ABOUT 20... BUT BY THE TIME YOU'RE 40 THE YEARS GO FLYING BY!

AND WHEN YOU'RE OLD? WELL, IT'S SORT OF SLOWS DOWN AGAIN.

SO WE CAN SEE THE LIGHTS OF OUR GRANDCHILDREN'S EYES?

HOW COME?

WELL, HE'S NOT MUCH OF A FAN.

By Dean Young & Stan Drake

WE'RE COMMITTED TO PLAN A PARTY FOR OUR BOSS.

WHAT WOULD YOU LIKE TO SERVE?

SARDINE SALAD, DORITOS, FRUIT PUNCH AND CUPCAKES.

THAT'S NOT MUCH OF A PARTY.

WELL, HE'S NOT MUCH OF A BOSS.

By Brian Crane

HOW WAS YOUR SCOUT MEETING, NELSON?

PRETTY GOOD. THEY GAVE US THIS HANDOUT.

FAMILY CAMPOUT. \$9 PER PERSON.

CAN WE GO, GRANDPA?

SORRY, THERE'D HAVE TO PAY ME A LOT MORE THAN \$9 TO GO ON A CAMPOUT.

Demals the Menace

By Hank Ketcham

Demals: "I HAD TIN-CAN PHONES... HE'S GOT THE WORLDWIDE WEB!"

The Family Circus

By Bill Keane

There's no charge to get into supermarkets, but you hafta pay the Doot-Doot Lady to get out.

Lazy, articulate are synonymous

WHAT'S WHAT? L.M. Boyd

Horoscope Sydney Omar

No running shoe has yet been made with an arch springer than the arch of the bare human foot.

Doesn't the Postal Service ban chain letters. Calls them illegal letters.

A That's flexible armor. It bans chain letters. Calls them illegal letters.

It's no mystery why oysters in Australia's waters are known to be at their best during months without "R" in their names - May through August - exactly the months Americans traditionally have been warned away from them.

Crown female whales average out to about a ton a foot.

A Swedish scientist observed after 17 years of study that female barn swallows greatly prefer long-tailed male barn swallows to short-tailed male barn swallows as breeding partners. Why isn't known. How short-tailed barn swallows have managed to survive isn't known, either. If genetic selectivity hadn't wiped them out by now, you'd think they'd have died of depression.

Parking meter fines generate three times as much money, typically, as the parking meters.

That Russian revolutionary Leon Trotsky spoke much about war. And how it creates a vortex that swirls disciplined individuals and nations into its flow. He said, "You may not be interested in war, but war is interested in you."

What do you make of a well-spoken man who never gets ahead in his work? Some experts contend it's a foolproof sign of laziness. "Others with a kinder view say a man with a big vocabulary simply may be focused on one point of interest to the neglect of all others. If you have not taken a position on this conjecture, do so. Immediately."

ACROSS

1. Eating snack
2. Vainly crowd
3. Poke fun
4. The king of France
5. Surrounding
6. Opera highlight
7. One-eyed dim
8. One-eyed
9. Network
10. Telephone
11. Ancient
12. Adjustable
13. On the direction of Sol
14. Staring role
15. Low neck
16. Latin American
17. Something
18. Plays charades
19. Large hospital
20. Ring of flowers
21. Slow
22. Press
23. Lack of complexity
24. Actor Ed
25. Unnatural
26. One-eyed
27. Northern seas
28. Loyal too
29. Low neck
30. Press
31. South of
32. Country
33. Worker bees
34. Swallow or Tilia
35. Courtier
36. Cofound
37. Cofound
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100. Cofound

Saturday's Puzzle Solved

6. Restraint of trade? 43. Approach

7. Hours and mine 44. Cart track

8. Director Ed 51. Obscure

9. Disciplinary 52. Water Goliath

10. Unnatural 53. Horned viper

11. One-eyed 54. Overcast and clear, e.g.

12. Northern seas 55. Trans-Andrian

13. Loyal too 56. Sleep sounds

14. Low neck 57. The

15. Press 58. Godfather character

16. South of 59. Injunctive

17. Country 60. Water Goliath

18. Worker bees 61. Horned viper

19. Swallow or Tilia 62. Obscure

20. Courtier 63. Overcast and clear, e.g.

21. Cofound 64. Trans-Andrian

22. Cofound 65. Sleep sounds

23. Cofound 66. The

24. Cofound 67. Godfather character

25. Cofound 68. Injunctive

26. Cofound 69. Water Goliath

27. Cofound 70. Horned viper

28. Cofound 71. Obscure

29. Cofound 72. Overcast and clear, e.g.

30. Cofound 73. Trans-Andrian

31. Cofound 74. Sleep sounds

32. Cofound 75. The

33. Cofound 76. Godfather character

34. Cofound 77. Injunctive

35. Cofound 78. Water Goliath

36. Cofound 79. Horned viper

37. Cofound 80. Obscure

38. Cofound 81. Overcast and clear, e.g.

39. Cofound 82. Trans-Andrian

40. Cofound 83. Sleep sounds

41. Cofound 84. The

42. Cofound 85. Godfather character

43. Cofound 86. Injunctive

44. Cofound 87. Water Goliath

45. Cofound 88. Horned viper

46. Cofound 89. Obscure

47. Cofound 90. Overcast and clear, e.g.

48. Cofound 91. Trans-Andrian

49. Cofound 92. Sleep sounds

50. Cofound 93. The

51. Cofound 94. Godfather character

52. Cofound 95. Injunctive

53. Cofound 96. Water Goliath

54. Cofound 97. Horned viper

55. Cofound 98. Obscure

56. Cofound 99. Overcast and clear, e.g.

57. Cofound 100. Trans-Andrian

OTHER VIEWS

Simpson's explanation of plane error falls flat

From the Post Register, Idaho Falls

Several clearly marked Idaho Transportation Department vehicles parked nearby.

The flight manifest, signed by members of the Simpson campaign team boarding that airplane. The document carries the Division of Aeronautics logo.

The fact that the operation was familiar to Simpson's campaign manager Jeff Schrade. Records show Schrade accompanied Gov. Phil Batt on three state flights on another state airplane, parked in the same location, during the past 15 months. Simpson had not flown a state plane before.

Was it just more convenient not to recognize that a mistake had been made early on? Doing so would have required Simpson's campaign to change plans, such as acquiring a private charter in a hurry and possibly canceling portions of the trip.

Simpson's campaign is starting to look a little sloppy about using taxpayer resources. Three months ago, Schrade, then a member of Batt's staff, essentially campaigned on the state's time when he faxed material favorable to Simpson to Idaho Falls radio hosts Trisk Oak and Halli Stone from the governor's office. Oak and Stone promptly alerted Simpson's opponents, who then filed a complaint with the Federal Election Commission.

This incident suggests the need for a new look at the state's fleet of airplanes. True, it's only one isolated case. In more than two decades of operation, the "Idaho Air Force" hasn't been touched by scandal of any kind.

Nonetheless, questions have been raised about the efficiency of this service. A few years back, the legislative Performance Evaluations office suggested examining the service. The office concluded 53 percent of the flights on the largest state plane and 86 percent of the flights on its smallest plane cost-taxpayers more than a comparable flight with a private carrier.

Legislators did not authorize the proposed performance evaluation. The Simpson snafu last week suggests they should.

Meanwhile, Simpson better recognize his story is not credible.

It's commendable that House Speaker Mike Simpson blew the whistle on himself last week after using a state airplane to make a series of congressional campaign stops.

But his explanation for the gaffe that neither he nor his staff recognized they were flying a state Division of Aeronautics aircraft until they almost finished touring seven southern Idaho cities is hard to swallow.

You're left asking yourself: Just whose airplane did the Simpson team members think they were flying? And why does the state own a fleet of airplanes anyway?

The origins of this mistake are innocent enough. Recently hired staffers at both the Simpson campaign and the Division of Aeronautics crossed signals. The Simpson work was told to call the state agency for recommendations on charter flights. In the translation, she apparently booked a flight, and the state Aeronautics employee, who recognized Simpson as a ranking state legislator, didn't see a red flag when she was told to bill the flight to Simpson's congressional campaign.

After using the plane, Simpson's campaign issued a press release acknowledging the mistake. Simpson said the campaign would compensate the state for the flight.

It's hard to know what taxpayers would be more steamed about — a little known fleet of airplanes maintained for state officials or the fact that one of these planes was loaned out to a political candidate. After all, you can bet Democratic congressional candidates Richard Stallings or Dan Williams would not receive similar treatment if they tried to book a flight through the state agency.

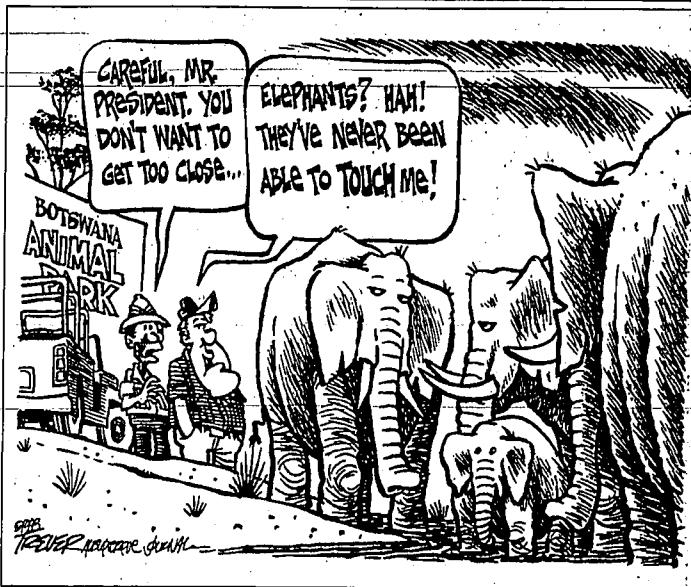
Sure, these planes don't have the state logo stenciled across the fuselage.

But there were plenty of clues:

Two road signs along Wright Road and Rickenbacker Street directing the driver to the Idaho Division of Aeronautics building near the general aviation section of the Boise airport.

The Idaho Division of Aeronautics logo posted on a gate outside the aircraft hangar.

You're left asking yourself: Just whose airplane did the Simpson team members think they were flying?



LETTERS

There are worse sins
You boys at *The Times-News* seem baffled by voters' stubborn loyalty to President Clinton.

I say: "You boys, there are no 'girls' on your editorial board. 87 years after women's suffrage and despite growing evidence women think differently from men; hence, our voice is crucial to informed debate.

Your critical blind spot reminds me of the wife whose husband was spending too much time away from home. When she confronted him, he confessed he was really a Mafia hit man. "Thank God," she breathed, "I thought you were having an affair!"

I don't condone stepping out on one's spouse. But there are worse sins, some of which the president's conservative detractors make almost into a religion.

Take bigotry. Under a Republican, Madeline Albright had as much chance getting to be secretary of state as females apparently have getting on *The Times-News's* editorial board.

America's businessmen, while ahead of other countries in treating women as humans, still do not give equal pay for equal work.

Male-female wage disparities range from 25 percent (in the Northwest) to 65 percent (the national average) to 53 percent (in Utah). How ethical are employers who assume female workers' children don't eat as much as men's children, that we pay lower mortgage rates and college tuition is lower for our kids?

Then there is the unprecedented virulence against the Clintons promoted by certain media figures. A friend told me she heard and believed a radio host's claim that the Clintons murdered dozens of Arkansians to get the governorship! My friend, her informant and his radio station are moral only if gullibility and lying are moral.

I wish all leaders were faithful to their spouses. Yet, if it's a choice between a man who's loyal to his wife but cheats everyone else and a philanderer who deals fairly with his constituents, I'll choose the latter.

CARRIE S. THOMAS
Buhl

Why did bond election fail?
Here are some thoughts about why the Jerome School bond election failed:

I have heard some comments that the sign on North Lincoln (which has been replaced) that read "Future Sight of Jerome Middle School" was presumptuous, since the people had voted no twice.

I have heard people saying that Washington School could be removed

and used. Other people have said that they were very disturbed by the lack of quality upkeep of the current high school. Some have said that it looks terrible with broken door handles and very clean.

And still others have wondered why college campuses throughout the country keep their old buildings in relevant upkeep while public schools always want to tear down old buildings and build new multimillion-dollar modern structures.

And finally, would the school district administration be willing to present to the public statistics on student/classroom ratios today compared to say, 1970, 1975 and 1980? And how about comparing today's SAT scores with those of 10, 15, 20 and 30 years ago? I'll bet people would also be interested in comparing the cost of education on a per-student basis, adjusted for inflation, of today compared with the past.

Does spending more money on having new and modern facilities improve education? Should educational quality be measured in SAT scores and ACT scores?

The school administration should be responsible to the people. When the people vote school bonds three times in a row, I wonder if that means the people are expecting something different from the school district administration.

I think the people who voted no should tell all of us why. If the school district knew exactly what the people wanted, then it might be able to accommodate them. Meanwhile, it looks as if the school administration needs to scratch its heads and think of ways to make do with what it's got.

BILL AMOUREUX
Jerome

Don't dictate religious beliefs
Kudos for two editorials blasting the latest attempts by the radical Christian right. In my opinion, you were right on target. Unfortunately, you didn't go far enough. You should have also pointed out to these nut cases that they have neither the legal or moral right to dictate to others what they should or should not be doing.

When this country was founded, our forefathers wrote a document known as the Constitution. This document had appended onto it amendments. The first of these was the right of religious freedom and the separation of church and state.

Any attempt by a religious organization to force its religious beliefs/laws upon others either by force or legislative fiat is direct violation of this

amendment. I do not accept your alleged god, nor do I wish to have the homicidal teachings of this fantasy being shoved down my throat by religious fanatics who would rather kill in the name of this fabled god than live in peace with one another. This is my constitutional right, and I don't recall ever giving it up.

This then brings up your (Christianity's) pledged moral right to inflict your beliefs upon others. The point being, you don't have one. As Thomas Paine states in his book, "The Age of Reason" concerning the Bible, "Whenever we read the obscene stories, the voluptuous debaucheries, the cruel and tortuous executions, the unrelenting vindictiveness with which more than half the Bible is filled, it would be more consistent that we ball it the word of a demon than the word of God. It is a history of wickedness that has served to corrupt and brutalize mankind and, for my part, I sincerely detest it as I detest anything that is cruel." Thomas Paine by the way, was one of our founding fathers and, like Thomas Jefferson, a Deist, not a Christian.

The above tract was written in the 17th century and since then, the Christian faiths have committed more atrocities against mankind, all in the name of your god. How many Native American cultures have you people wiped out?

How many more people will you torture and burn because they refuse to follow the teachings of your alleged god? No, you have no moral right to dictate to others; instead, you stand convicted and condemned by your past, present and probable future crimes against humanity. But until history can pass its judgment upon your religion, you have the right to practice it. Just keep it out of my home, my bedroom and most definitely, out of my government.

MIKE MATTHEWS
Twin Falls

Write to us
The Times-News welcomes letters from readers on subjects of public interest. Here are a few guidelines:
□ Please limit letters to 400 words. Longer letters will be shortened. *The Times-News* reserves the right to edit all letters.
□ Include your signature, mailing address and telephone number.
□ Letters may be brought to our Twin Falls or Burley office; mailed to P.O. Box 548, Twin Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to timesnews@mtm.com. We look forward to hearing from you!

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Clark Warworth Managing editor

Alvin Wilson Business manager
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The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Warworth, Steve Crump, Kevin Richert and Gregory Hahn.

LETTERS

Paper shouldn't exploit death
I am writing in response to your story on March 26 about the 18-year-old woman that was shot in her home. I am very appalled at the reporting that you did. Just because Miss Henry died in her home does not mean you have to exploit it. In your article you gave a full description of her home. All you had to do was report the address of her home. You also gave a description of her mother. After all that she has to go through and you have to go and do this.

Great reporting!
SARAH SPAFFORD
Twin Falls

Liberals turn to letter writing
Even though Idaho is predominantly

Republican, there seems to be a disproportionate number of liberal Democrats writing letters to the editor. The reason is, Democrats are running scared and grasping at straws.

A prime example is Richard Graff's letter on March 20, where he criticized former president Reagan and Republicans in general.

However, his article did cause comprehension of the importance of the political symbols, the elephant and the donkey, and just how politically correct they are.

The elephant is well-known for its intelligence and long memory, while the donkey is just a stupid, stubborn jack-ass in general.

How appropriate.
HENRY ASCHENBRENNER
Rupert

Doonesbury Flashbacks
By Garry Trudeau

Mallard Fillmore
By Bruce Tinsley

Alexander prepares for year 2000 White House run

DES MOINES, Iowa (AP) — Addressing an audience of empty chairs and a podium, Lamar Alexander waves a copy of "Redneck Rage" and denounces video-game violence that glorifies "realistic, nonstop killing."

Nobody claps. Nobody cheers. Indeed, nobody hears his little speech except two young aides putting their bows through a dress rehearsal for a news conference an hour away.

That bit of political theater, played out beneath the lights of a near-vacant conference room, captured the essence of Alexander two years out from the Iowa caucuses. He's warming up for the big show.

Alexander, 57, finished a respectable third in 1996 in Iowa's caucuses but dropped out of the GOP nomination race after failing no better in the New Hampshire primary.

He paused just long enough for Bob Dole to lose the general election, then quickly returned to the campaign trail. Now the former Tennessee governor and Education secretary is one of the busiest — and hungriest — White House aspirants.

Yet the rap on Alexander is that he's a political has-been — an uninspiring moderate backing a socially conservative primary system. It has been 16 years since his last election victory.

"Alexander is not (now a Republican's) principal candidate. That means he's going to take a stab at it again and hope lightning strikes," said Dennis Goldford, a political science professor at Drake University in Des Moines. "I think it would be quite a turnaround to come out first in the Iowa caucuses."

Iowa activists say it's too soon to count anybody out, especially Alexander.

He may have spent more time in Iowa and New Hampshire than any other candidate last year, doing political spidee-woe to lose the election in practice after precinct. Public and private polls consistently rank him among the top five prospects in Iowa, along with two other candidates: Texas Gov. George Bush and billionaire Steve Forbes.

Alexander should have no trouble raising money, considering that he's helped by Nashville, Tenn., businessman Ted Welch, a top-notch GOP fundraiser.

And Alexander considers his greatest advantage to be organization. In Iowa, he has sealed support from long-serving Gov. Terry Branstad, two of the governor's top aides and the state's GOP legislative leadership.

In New Hampshire, Alexander can count on prominent Republican operative Tom Rath.



Former GOP presidential candidate and Tennessee Gov. Lamar Alexander talks about the 2000 presidential campaign during an interview in Des Moines, Iowa, Friday.

The teaming of Alexander and Branstad — bland, and blander — gives

both men a shot at maintaining political relevance.

After 16 years in office, Branstad is not seeking re-election. Come January, he will be just another ex-governor. So he signed up with Alexander's political action committee to help Republican candidates in November's midterm elections.

Branstad expects a leadership role when Alexander officially mounts a presidential campaign. A Dole supporter in 1993, the governor complains that Washington operatives took advantage of his good name but ignored his political advice.

Branstad believes that won't happen in 2000.

"This go-around, I think people in Nashville and Iowa will run the campaign," Branstad said, sitting at a gleaming conference table in his Capitol office.

Politics attracts star power

Sonny Bono's widow, Pa of 'The Waltons' vie for Congress seat

PALM SPRINGS, Calif. (AP) — In a sprawling desert district best known as a haven for retired celebrities, the young widow of politician Sonny Bono is trying to carry on his political legacy.

On Tuesday, Republican Mary Bono faces Democrat Ralph Waite, who played "Pa" John Walton on "The Waltons," in a special election to fill the 44th Congressional District seat left vacant by Bono's death in a skiing accident.

The race between the well-financed political novices has attracted the attention of Republican House Speaker Newt Gingrich and Democratic congressional leader Richard Gephardt as they try to build party momentum going into this year's congressional elections.

And what was a largely low-key race heated up some in late March when Mrs. Bono's mother-in-law publicly chastised the widow for seeking office while raising her two children, ages 7 and 9.

Mrs. Bono says she entered the race a few weeks after her husband's Jan. 5 death at the urging of Gingrich and other Republican leaders, and with the support of her child and parents.

Waite, 68, who has recognition from the nine years he spent on "The Waltons" in the 1970s, has waged a largely remote-control campaign while residing in a production of "Death of a Salesman" in New Jersey.

It's not Waite's first political effort. He was the district's Democratic nominee in 1990, losing to the Republican incumbent at the time, Al McCandless.

Besides front-runners Waite and Mrs. Bono, one other Democrat, a former legislator, and two Republicans are on Tuesday's ballot — all politically inexperienced. If no candidate gets at least 50 percent plus one vote, a runoff election will be held June 2.

Waite describes the 36-year-



California Congressional District 44 candidate Ralph Waite, center, is shown during a candidate debate in Banning, Calif., Wednesday.



Mary Bono pauses during an interview in Palm Desert, Calif., Thursday.

old Mrs. Bono as politically inexperienced and urges voters to get past the personal sentiment that can help widows get elected.

"I'm talking on the issues and how people can get past the sympathy factor," Waite said in a recent interview. "I think it trivializes the democratic process. It doesn't make any sense to me."

As proof of his own community involvement, Waite pointed to his chairmanship of the boards of a local drug recovery center and a coalition that provides low- and middle-income housing.

"I'm qualified because of my age and experience. I'm the one with the kind of experience to do the job," said Waite, who graduated from Yale University's Divinity School and was a minister before turning to acting.

Mrs. Bono, a college graduate who ran a restaurant with her husband before focusing most of her attention on raising the children, discounts Waite's remarks as "political slams" and calls him unfamiliar with the issues.

"I think (the remarks) proved that he has no core political beliefs," said Mrs. Bono, who continues to run two companies that handle royalties for properties from her late husband's days as half of Sonny and Cher.

Waite is a staunch supporter of abortion rights, while Mrs. Bono supports some restrictions, including the need for parental notification. She says she would vote to keep abortion legal during the first trimester.

Waite supports increasing the minimum wage. Mrs. Bono opposes that, saying it would hurt business and the cost would be passed along to consumers.

Disney struggles with animal deaths at park

ORLANDO, Fla. (AP) — Life in Animal Kingdom, Disney's newest theme park, has been a real jungle for its inhabitants.

Still 2 1/2 weeks away from the April 22 opening, the tally of dead animals includes four cheetah cubs, two rhinoceroses, two hippopotamuses, three herd animals and two West African crocodiles that were run over by their bus houses.

"What we're talking about and experiencing is what you really can't plan for in many cases and that is the unknown," says a spokesman with exotic animals, Disney spokesman Bill Warren said.

The U.S. Department of Agriculture reviewed most of the deaths and found no violations of federal animal welfare regulations. "Upon inspection of the records all the animals were receiving proper care under the animal welfare act, which means they had access to vets and treatment for any problems that occurred," USDA spokesman Jim Rogers said.

The park, Disney's largest at 500 acres, is being touted to become one of the nation's pre-eminent zoos with a collection that includes animals and birds, elephants and a troop of gorillas.

Animal experts Disney recruited from around the country constitute a who's who in zoology and conservation.

King followers honor leader's death

MEMPHIS, Tenn. (AP) — The 30th anniversary of Martin Luther King Jr.'s death brought back memories to those who fought for civil rights and gave a history lesson to those too young to remember.

Mary Mohrbacher, 16, said she and a group of other students from Champaign, Ill., got the chance to talk to people who took part in the movement, some of whom knew King personally.

"Books can give you the facts, but people can actually explain it to you how they felt," she said.

The weekend-long anniversary observance, called "Pilgrimage to Memphis," brought in people from all over the country, including Earl Winfrey III of St. Louis,

who was born the year King died.

"You have to feel a personal commitment when you see everything they were going through then," he said.

Etra Johnson told young people about her experiences helping organize civil rights activities in Nashville in the early 1960s.

"We trained students in nonviolence," she said at a prayer vigil at the Lorraine Motel where King was murdered on April 4, 1968. "We taught them how to be epic on how to be burned with cigarettes or stuck with pins and not react."

In the courtyard of The Lorraine, now the National Civil Rights Museum, vigil participants held small flashlights shaped like candles and read a pledge to

remember King's message of justice and nonviolence: "This is my judgment, my purpose and my will. I will hold up my light."

King was killed while in Memphis to help organize a sanitation workers strike.

He was planning to lead a strikers' march on April 8 when an assassin shot him on the Lorraine's second floor balcony. James Earl Ray, a prison escapee from Missouri, pleaded guilty to the murder and is serving a 99-year prison sentence.

Fortune 500 profit growth slows, stocks still climb

NEW YORK (AP) — Profit growth for the Fortune 500 companies slowed dramatically last year, as many of America's top rate titans found fewer costs to slash and battled the ill effects of Asia's economic crisis.

But investors seemed unfazed as profits cooled, with the median return of a Fortune 500 stock at 30 percent, well above the 1996 return of 21 percent.

Among several factors, the rate titans found fewer costs to slash and battled the ill effects of Asia's economic crisis.

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according to Fortune magazine's annual listing of the biggest U.S. companies, released Monday.

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But investors seemed unfazed as profits cooled, with the median return of a Fortune 500 stock at 30 percent, well above the 1996 return of 21 percent.

Among several factors, the rate titans found fewer costs to slash and battled the ill effects of Asia's economic crisis.

Daylight savings time sparks brawl

ATHENS, Ohio (AP) — For the second year in a row, a rowdy crowd confronted police in this college town Sunday as bars closed early for the switch to daylight savings time.

An estimated 2,000 people gathered outside downtown bars that cater to Ohio University students before the bars started closing at 2 a.m., half an hour earlier than usual because of the time change, authorities said.

Police dressed in riot gear fired

rubber and wooden projectiles into the crowd when people started throwing bottles, chunks of pavement and coins.

"The rubber didn't work and the kids were actually enticing us to fire at them," Athens County Sheriff Dave Redeker said. "We then moved on to the wooden ones. I'm sure those knee knockers took some toll."

No civilians reported injuries, he said.

Police eventually dispersed the crowd with batons.

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WORLD



Rescue workers leave the Skachinko coal mine area after searching for bodies in Donetsk, East Ukraine, Sunday.

Ukrainian coal mine claims 63

DONETSK, Ukraine (AP) — Crossing paths with rescuers retrieving bodies, investigators descended into a coal shaft Sunday to determine what caused an accident that killed 63 miners, Ukraine's worst mine disaster this decade.

Above ground, distraught families watched as crews carried the last of the victims out of the Skachinko mine in Donetsk, a city of 1.1 million about 390 miles southeast of Kiev.

Emergency workers in neon-orange suits rushed between the entrance to the shaft and waiting ambulances. Relatives leaned on one another for support, many weeping.

The two teams of investigators began looking into the causes of Saturday's methane gas explosion and fire.

Skachinko has developed a reputation for being one of the most dangerous of the country's deteriorating mines because of its tendency for methane buildup, Russia's RIA Novosti reported.

Methane, a naturally occurring colorless and odorless gas that seeps out of coal seams, can build up easily in poorly ventilated mine shafts, and a spark can ignite it.

Pilgrims follow path of Jesus

JERUSALEM (AP) — With palm fronds poking out of their backpacks and video cameras in hand, streams of Christian pilgrims gathered at the top of the Mount of Olives on Sunday to trace Jesus Christ's final journey into Jerusalem.

"It would be a good day for Jesus to come back," said a buoyant Jeanne Jones, a Christian bookstore owner from Cashers, N.C. "It's sunny and I'm here, and we're ready for him to establish a peaceful kingdom."

Christian Arab children carried palm branches threaded with red-and-pink ribbons and carnations. A group of French nuns holding palm and olive branches sang hymns, as one nun rang out the melody on a set of chimes.

Keith Werling, a 30-year-old divinity student from Chicago, took in the sights.

"I am here to walk those same steps in my life as I knew Jesus took here," he said.

Palm Sunday marks Jesus' triumphant entrance into Jerusalem on a white donkey the Sunday before his crucifixion, when his followers laid palm branches in his path. The day begins the Catholic church's most solemn period, the week that ends with Easter Sunday.

More than 2 million Muslims visit Mecca

MECCA, Saudi Arabia (AP) — From across the world, more than 2 million Muslims swarmed in white attire in the holy city of Mecca on Sunday to perform the annual pilgrimage that for many fulfills a lifelong dream.

Hoping to prevent a catastrophe like last year, when a fire killed at least 343 people and injured 1,500, Saudi authorities are using fireproof tents and have banned pilgrims from cooking inside them.

The hajj, packed with symbolism and ritual, is one of the cornerstones of Islam and every able-bodied Muslim who can afford to must perform it at least once.

Release of child-killer angers, scares British

LONDON (AP) — Pedophiles may be detained indefinitely in the future, a British Cabinet minister said Sunday, responding to public fear and anger over the release of a child-killer.

Sidney Cooke, 70, was due to be released Monday after serving nine years of a 16-year sentence for his part in the gang rape and murder of a 14-year-old youth in 1988.

Police said Cooke, who is unrepentant and has refused therapy, agreed to wear an electronic tag and be supervised by probation officers — but only after they threatened to publicize where he would live.

Cooke is among 150 sex offenders due to be released over the next few years who are legally entitled to live without supervision because they were convicted before 1992.

Laws since then say released sex offenders must register with the police and be supervised by parole officers.

One of Cooke's three accomplices in the killing of Jason Swift has been hounded from six towns by furious parents since he was freed from jail last year.

Robert Oliver, 43, now has a 48-hour police guard and lives at a privately run clinic, costing the government around \$535 a day.

Protesters, including several mothers of children murdered by pedophiles, gathered outside London's Wandsworth Prison where Cooke served his sentence.

However, authorities removed Cooke in a van with blacked windows to a secret destination on Saturday night, before his scheduled release.

Home Secretary Jack Straw said serious sex offenders should receive "indeterminate sentences."

"There is a great deal of concern about serious sex offenders who pose a threat to children," Straw said in an interview with the Sunday Times of London.

Mubarak aide scolds U.S.

CAIRO, Egypt (AP) — A senior aide to President Hosni Mubarak urged the State Department on Sunday to withdraw its warning to Americans to exercise caution in Egypt.

Osama el-Baz, Mubarak's political adviser, called the warning "hasty and unjustified."

"We have been stunned by that," Osama el-Baz told reporters. "The United States should correct that quickly."

The State Department said Friday it had received information of "undetermined reliability" that extremist groups may be planning terrorist attacks against U.S. interests in Cairo.

The announcement urged Americans traveling to or living in the Egyptian capital to exercise greater-than-usual caution.

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Tut's treasure:
 Magic Valley Mall
 is displaying
 copies of artifacts.
 Page B3

MAGIC VALLEY

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 Movies B4
 City Editor: Kevin Richer - 733-0931, Ext. 234

The Times-News Monday, April 6, 1998 Section B

AROUND THE VALLEY

New hospital committee prepares to meet today

TWIN FALLS - A committee that potentially could end up weighing six offers on the county hospital is on the agenda when the Board of Magic Valley Regional Medical Center meets today.

The meeting starts at 6 p.m. in the Sage Room in the Education Center north of the hospital. Civil it's open to the public.

The new committee, charged with studying whether the county should retain ownership, will report its progress. St. Luke's Regional Medical Center and Saint Alphonsus Regional Medical Center, both Boise-based nonprofit organizations, have expressed interest in Magic Valley Regional. That interest ranges from purchase to an affiliation. But four more sources also have called.

The board also will decide on a \$100,000 request by the Twin Falls Area Chamber of Commerce to support Business Plus II, a five-year economic development plan with a goal of 1,000 new jobs. The hospital is being asked for a commitment of \$20,000 per year for five years, earmarked for better preparing the work force through a regional technical school in the Magic Valley.

The hospital's finance committee recommends a commitment for one year, with review before pledging more money.

Council considers airport engineering services plan

TWIN FALLS - A \$69,081 agreement for engineering services at the airport is the top item on today's City Council agenda.

The meeting will begin at 5 p.m. in City Hall. A public hearing on outside storage of water-softerner salt at Waremart will kick off at 6 p.m. The public is welcome.

The engineering contract with Dale Riedesel is for construction of a new fire truck and equipment storage building at the airport. The project is expected to cost about \$308,300, but the city's share is only 10 percent because the Federal Aviation Administration is funding the lion's share.

Electronically filing taxes can get a quicker refund

BOISE - If you file your income-tax return electronically, you can get a quicker refund, the Idaho State Tax Commission says.

People who file electronically by the tax deadline can expect a refund in seven to 10 days, said Dawn Glazier, electronic filing coordinator for the commission. If you wait until April 15 to file a paper return, you may have to wait up to two months for your refund.

About 350 tax preparers throughout Idaho have electronically filed more than 32,000 returns so far this year.

That's about 12 percent more than last year, Glazier said.

Taxpayers who prepare their own returns also may access the Internet to file electronically.

Filer City Council meets to hear ideas about ordinance

FILER - The Filer City Council will meet at 7:30 p.m. Tuesday in City Hall for citizens' input on an ordinance governing parking, runways, curfews and parental responsibility.

New business for the council includes: the mayor's prayer breakfast April 25; "The Alliance for Youth" April 17-18 in Boise; and water runoff at Golden Spur Subdivision.

Kimberly zoners invite public to community center meeting

KIMBERLY - The Kimberly Zoning Commission meets at 7:30 p.m. Tuesday in the community center, and the public is welcome.

On the agenda: Tim Coines' update on Harrison View Estates; Dennis Brittain's update on a church; the Beckers' rezoning request; Tony Nicholson addressing the commission on financing issues; Mike Erickson's handwritten application for a special-use permit; public comment; and board reorganization.

Hagerman plans hearing on speed-limit reduction

HAGERMAN - The public can tell the Hagerman City Council Tuesday what it thinks of a proposed speed-limit reduction on U.S. Highway 30 through town.

A public hearing begins at 7 p.m. Tuesday at the Hagerman Senior Center, 140 Lake St. E. Written comments are welcome, too.

The council's regular meeting will follow at 7:30 p.m. at the senior center.

Compiled from staff reports

Fee hike could spiff up falls park

Increased entrance tolls may provide better platforms, parking lots at Shoshone Falls

**By William Brock
 Times-News writer**

TWIN FALLS - The idea of raising admission fees at Shoshone Falls and Dierkes Lake parks doesn't sit well with some folks, but supporters of the plan foresee using the money to enhance the park's appeal.

Advocates for the two parks say higher entrance fees could pay for better viewing platforms, parking lots and walking trails. A dollar-for-dollar match offered by the Idaho Power Co. could literally double the city's bang for its buck.

The offer, coupled with a lump-sum

Share your thoughts

A word from in opinion on plans to hike admission fees at Shoshone Falls and Dierkes Lake parks can be sent at a public hearing on April 20, 7:30 p.m. at the boardroom of the City Council will begin at 6 p.m. in City Hall. At least in a proposal to hike the \$2 fee for motor vehicles to \$3, and make the \$10 price for four buses to \$15.

payment of \$50,000, is Idaho Power's proposed payback to the public for changes that its hydroelectric dam has wrought at Shoshone Falls. The company wants to relicense its power plant at the 212-foot cataract. If granted, a new license would be valid for 30 to 35 years.

So far, Idaho Power's dollar-for-dollar match is intended for the life of the license - and there's no upper limit on spending, said Craig Jones, who works in the company's relicensing division.

But, he added, "logically, at some point, there will be a cap."

Discussions between the city and Idaho Power are barely beyond the introductory phase, said City Manager Tom Courtney.

A key point is whether Idaho Power's

"mitigation offer" extends to Dierkes Lake Park. So far, the answer is no, Jones said.

"It's tied to Shoshone Falls Park," Jones said, "but that doesn't mean we're going to resist other projects. The first thing is to see what needs to be done and secondly what it's going to cost."

A million bucks at Shoshone Falls Park, about \$400,000 at Dierkes Lake and about \$87,000 at the toll booth should do the trick, according to a Boise-based consultant that recently studied the area.

As things stand, the natural features

Please see SHOSHONE, Page B3

History comes to life

Actors step out of history pages in Castleford teacher's musical play

**By Loretta Burkhardt
 Times-News correspondent**

CASTLEFORD - In a musical production featuring Idaho frontiersmen April 15, students will step onto the stage from a giant book. From the pages of history, Castleford's fourth-graders will unfold the state's past.

In the play that fourth-grade teacher Sue Ambush's created, all of her 22 students have roles in a narrative and song. That's not all.

Whether it's miners singing "Heigh-ho, heigh-ho" or Chief Joseph's "I will fight no more forever," fourth-graders studying Idaho history will tell what they have learned about its people and events.



Lisa Eastman carries a tune on her fiddle while her Castleford Elementary classmates sing along during a rehearsal for the school's musical devoted to Idaho.

You're invited

Two new books are invited to a Classroom Full of History at 2:15 p.m. April 25 in Castleford's Culture Memorial Gymnasium.

music teacher Carolyn Kohnopp and joined by third- and fifth-grade singers, will help bring to life the darling "Clementine" and an adapted "Sweet Sue" (played by Angie Gorterman).

"It's a lot of work," Kohnopp said, "but music is so wonderful for kids."

Ambrose's idea to have actors walk off the pages of history came after she watched a performance portraying information found stored away in an old trunk.

Matt Mahannah, who is student-teaching in the Castleford School District and is helping students memorize their parts, says the play is a good way to learn.

"And they'll probably learn even more from it as they get older and begin to reflect," he said.

Ambrose wrote a rap about mountaineering. Another attraction will be the Sourwood Mountain Song and square dance, with fourth-grader Lisa Eastman playing the fiddle.

Times-News correspondent Loretta Burkhardt can be reached in Buhl at 543-0663.

City of Jerome honors newest citizen

**By Dixie Thomas Reale
 Times-News correspondent**

JEROME - Tuesday is named Peter Page Day in Jerome.

A proclamation before the Jerome City Council Tuesday will dedicate the day to Page, Jerome's newest naturalized citizen. Page passed the citizenship test this winter, swore an oath of allegiance and became a citizen March 26.



Tuesday will be Peter Page Day in Jerome, to honor a newly naturalized U.S. citizen.

Page, a colorful character about town, is a minister originally from Rhode Island. He attended college in California in the early '70s, married an American girl and officially immigrated to the United States in 1977. He moved to Jerome in fall 1989.

He and his wife, Karen, both work at Terry's Bestway in Jerome. Page is an assistant manager, and his wife is a cook.

Please see PAGE, Page B3

Cassia may create area zoning board

**By Kurt Fridemann
 Times-News writer**

BURLEY - Cassia County is one of the few Idaho counties that still lack planning and zoning boards. But that could change soon.

Cassia County was slow to adopt zoning at all, waiting until 1993 to join other counties in regulating land use. County Administrator Tim Hurst said commissioners decided then to act as their own planning and zoning board to oversee their fledgling ordinance.

"Zoning was brand new," Hurst said. "Commissioners wanted to make sure

Please see BOARD, Page B3

All that beeps isn't gold

Treasure hunter finds pleasure - sometimes pennies

**By Melissa Sobo
 Times-News correspondent**

TWIN FALLS - Three hours of combing City Park with a metal detector recently yielded Tim Shepard a new companion of a light bulb and \$2.43 in change.

"That's enough to keep him coming back," said Shepard, 32.

In three years of hunting, Shepard hasn't found anything valuable. But for him, a successful treasure hunt doesn't have to end with gold doubloons.

"This is not the way for one to get rich," he said. "It's simply my way to satisfy one's curious mind."

Shepard is happiest when he finds coins from 1902 and earlier. Such coins

had already spent a couple of years in circulation when the city was founded.

"Somehow, I am able to feel those days. Old coins give me a clear picture of Twin Falls' history. Life must have been different in those days, yet evidently parks have always been places of rest and enjoyment for people," he said.

Dave Dietz, custodian of a parish house whose yard Shepard searched, says Shepard's hobby is useful. Shepard's hunting trips rid parks and schoolyards of nails, pieces of cans and stumps of broken light bulbs that can cut children.

"Schoolyards and parks are my places for now," Shepard said. "There is nothing more supportive than curious faces

Please see TREASURE, Page B3



Tim Shepard, searching Twin Falls' City Park with a metal detector, shares his interest with John Anthony.

MAGIC VALLEY/WEST

THIS WEEK AT CSI

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

TODAY Student Senate meets at 3:15 p.m. in Taylor 256. Concert pianist Vladimir Kozlovski will perform at 7:30 p.m. in the Fine Arts Center auditorium.

TUESDAY Celtic folk production will be held at 7 p.m. in the Fine Arts Center auditorium. Napa Auto Parts training will be held at 7:30 p.m. in Desert 113.

Stop Smoking Support Group will meet at 8 p.m. in Shields 112.

WEDNESDAY Sawtooth National Forest fire management training will be held at 9 a.m. in Canyon 110. Military testing will be held at 5:30 p.m. in Shields 208. Magic Valley Radio Amateurs will meet at 7:30 p.m. in Shields 107.

THURSDAY AA will meet at noon at the Center for North Directions 118.

FRIDAY CSI Easter egg hunt will begin at 8 a.m. at the tower.

Narcotics Anonymous will meet at 7 p.m. in Desert 112. Sixth District High School Rodeo will be held at 7 p.m. in the Expo Center. CSI student talent show will be held at 7 p.m. in the Fine Arts Center auditorium.

SATURDAY Military testing will be held at 8 a.m. in Shields 208. Sixth District High School Rodeo will be held at 8 a.m. in the Fine Arts Center. Pioneer Button Club will meet at 1 p.m. in the Senior Annex. Sixth District High School Rodeo will be held at 7 p.m. in the Expo Center.

Flying buff develops new craft

GRANGEVILLE (AP) — Dean Wilson can make things fly.

The 62-year-old airplane mechanic has been building one-of-a-kind flying machines of arbitrary economy and startling efficiency for more than 20 years. In the early 1980s, when established lawyers were specializing in factory production of light planes, Wilson saw a market for a new kind of aircraft. There were few alternatives to factory-built planes in those days that weren't expensive, risky or time-consuming.

Wilson's solution was a tiny two-seater, sold in kit form and powered by a snowmobile engine. It used traditional materials, steel tube fuselage covered with fabric. "I wanted a plane I could fold up, hook to a car and take home," he said.

Folding wings allowed the plane to be towed on its landing gear to a garage. And it was cheap to own, and fly.

His plan, the Avion Flyer, was an immediate success and won Best New Design at the annual convention in Oshkosh, Wis., in 1983.

"He designed one of the most popular planes in the world," Avion designer Jim Rieder said. In 1983, everything needed to build the plane, except the final paint, cost \$7,500. Today, it's about \$12,000.

The airplane, in its infancy in 1983, now is crowded with more than 500 designs. Because these planes have not endured the federal government's rigorous certification process, they are labeled "experimental" and pilots who decide to build them accept the risk.

An airplane that crashed recently in northern Idaho, killing two people, and the one that took the life of singer Jim Dever last year, were well-liked home-built designs. The crashes still are under investigation.

The Federal Aviation Administration said 22,000 experimental-class airplanes are registered in the United States and about 1,000 are added each year. Records show that the accident rate for them is only 1 percent higher than those for certified airplanes.

Wilson said he can remember his first flight in a Piper Cub at the age of 3. He was a Clarkston, Wash. student with a mechanical bent; he was hooked.

Flying lessons were \$11 an hour. He took his first lesson at 13 and moved laws and sold watermelons in the United States and in the highest success rates in passing laws at the Utah Legislature the past two years, a newspaper reports.

In its biennial survey of lawmakers published Sunday, the Deseret News gave Stephens a 100 percent success rate for the 1997 and 1998 sessions. With all 22 of the bills he sponsored passing both chambers, the House budget chairman was only one vote away from passing 11 or more bills to have a perfect record.

"I don't suppose a lot of bills, only ones I think are really important, and then I work hard to get them passed. I guess you could say I don't like to fail," said the Fair West resident and banking executive.

Manwell, a first-term senator who owns one of the largest real

Elementary students take music break

RICHLAND, Wash. (AP) — At the end of every school day, activities at Jason Lee Elementary in Richland, Wash., take a break from the usual routine of the classroom and reciting their lessons.

There, a voice on the intercom introduces a piece of classical music and for those five minutes, the entire school listens as the strains of Beethoven, Bach, Mozart or some other prominent composer of classical music wafts through the building.

The daily five-minute precious time from other pursuits, but it has won compliments from a handful of parents and has made the school's music program a success.

Jason Lee students began listening to the excerpts from well-known pieces last fall. The school purchased compact discs and instructional materials, and began the program on an experimental basis. Each week, students listen to the selection along with a narrative that changes slightly from day to day.

Music teacher Bev Mayhew, one of two who recommended the music program to Principal Karla Christensen, is thrilled to see elementary students turning on to Beethoven and company.

"Kids are starting to wake up on the notion that classical music is not just used in the concert hall," she said after one student recognized a burst of Beethoven from a favorite video, "Fantasia."

Mayhew teaches music to Jason Lee's primary students. She and the school's other music teacher learned about the classical curriculum and pitched it to the school board, who agreed to try it last fall.

Every week, the music changes, and the program has enough material that, if it chose to continue the experiment, Jason Lee students wouldn't hear a repeat for five years.

Christensen said the program was popular enough to extend it into the second semester, though she has reservations about the time it takes. Mayhew reinforces the daily music lesson in her classrooms by having students review the music.

and draw their impressions. The overture to Mozart's "Marriage of Figaro," for instance, produced a slew of notes and a bridge.

Likewise, piano duets across papers to Bach's invention No. 16 for piano played from the classroom stereo.

"Some impressions begged explanations, like second-grader Amanda Houck's rendering of two figures, inspired by a selection from Beethoven's Symphony No. 1. Amanda, 7, had a ready answer: She recognized the musical selection from repeated viewings of "Fantasia." Her figures are from the movie.

Others weren't so difficult to figure out. Several of Amanda's classmates from Linda Burgess' class drew sinking ships when the flutery, fast-paced Mercury from Gustav Holst's "The Planets" played. "The Titanic," two boys explained in unison. The orchestral music in the movie soundtrack reminded them of the Holst program.

Mayhew said reasons about classical music tie in with the school's overriding educational goals. "We have to have high testing skills to develop reading skills," she said.

The connection between classical music and academic achievement has been documented over and over by researchers. The governor of Georgia has even proposed spending tax money on tapes and compact discs for newborns.

"No one questions that listening to music at a very early age affects the spatial, temporal reasoning that underlies math, engineering and even chess," Gov. Zell Miller told the New York Times News Service.

Parents and other visitors to Jason Lee's Web site can listen to the tone music the kids hear in the day simply by logging on at www.rsl.edu/schools/jasonlee/

The site has links to other sites that contain information about the school's featured composers. The father of one of Mary Moore's third grade students set up the site and its audio element.

ON THE AGENDA

Following is a list of governmental meetings scheduled this week in Magic Valley. This list is not intended to advise schedules. The Times-News suggests you confirm the information by calling the appropriate clerk's office before attending.

- TODAY Acaquia City Council, 8 p.m., Mayor Larry Wall's home. Blaine County commissioners, 8:45 a.m., courthouse. Burley City Council, 7 p.m., City Hall. Dietrich City Council, 8 p.m., City Hall. Gooding City Council, 7 p.m., City Hall. Hansen Community Library Board of Trustees, 7:30 p.m., Hansen Community Library, 120 W. Maple. Jerome County commissioners, 9 a.m., courthouse. Ketchum City Council, 6:30 p.m., City Hall. Magic Valley Regional Medical Center Board, 6 p.m., Sage Room at MVRMC Education Center. Twin Falls City Council, 5 p.m., City Hall. Twin Falls County commissioners, 8:30 a.m., courthouse.

TUESDAY Albion City Council, 7 p.m., city office. Fairfield City Council, 7:30 p.m., firehouse. Filer City Council, 7:30 p.m., City Council chambers. Friedman Memorial Airport Board, 5:30 p.m., courthouse. Hagerman City Council, 7:30 p.m., City Hall. Jerome City Council, 7 p.m., council chambers, 100 E. Ave. A. Kimberly Zoning Commission, 7:30 p.m., community center. Rupert City Council, 7 p.m., City Hall. Shoshone City Council, 8 p.m., City Hall. Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls County Historic Preservation Commission, 7:30 p.m., Twin Falls Median and Arbitration Center, 163 Second Ave. W.

WEDNESDAY Castleford City Council, 7:30 p.m., J & D Printing Enterprises. Declo City Council, 7 p.m., City Hall. Glens Ferry City Council, 7 p.m., City Hall. Glens Ferry School Board, 8 p.m., Title U/Migrant office. Jerome City Council, 7:30 p.m., City Hall. Heyburn City Council, 7 p.m., City Hall.

THURSDAY Bellevue City Council, 7 p.m., City Hall. Hagerman Chamber of Commerce, noon, Hagerman Senior Center. Jerome Chamber of Commerce, noon, Rupert Elks Lodge. Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls County Planning and Zoning Commission, 7:30 p.m., Twin Falls County Office Building, 246 Third Ave. E.

FRIDAY Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls Public Library board, 5 p.m., library board room. Wendell City Council, 7 p.m., City Hall. Wendell School Board, 7 p.m., high school board room.

SATURDAY Twin Falls County commissioners, 8:30 a.m., courthouse. Twin Falls County Planning and Zoning Commission, 7:30 p.m., Twin Falls County Office Building, 246 Third Ave. E.

SUNDAY Twin Falls County commissioners, 8:30 a.m., courthouse.

Envirocare attorney says deposition may not show much

SALT LAKE CITY (AP) — Attorneys for Envirocare, a Utah owner Khosrow Semnani say their client will offer his deposition in a civil case, but attorneys for the other side shouldn't expect to learn much.

The allegations of extortion and corruption that have surfaced in the civil suit are also part of a federal criminal investigation by the U.S. Attorney's Office, which could prompt Semnani for invoke his Fifth Amendment right not to incriminate himself.

"We haven't decided whether we will assert constitutional privilege or not," said Gary Weston, Semnani's attorney. "I can tell you we would like to tell our entire, complete, whole story. We have to see what good lawyering will require us to do."

SERVICES

Mary Marlene Fiumele Fell of Twin Falls and formerly of Rupert, 11 a.m. today at the Haven First Christian Church; friends may call one hour before the service today at the church (Hansen Mortuary Rupert Chapel).

Jerome 2nd Ward LDS Chapel on North Lincoln; friends may call from 6 to 8 p.m. today at the Hove-Robertson Funeral Chapel and one hour before the service Tuesday at the church.

Friends may call from 6 to 8 p.m. today at the Farmer Funeral Chapel.

Winona Wilcox Rosa of Paul, 11 a.m. today at the Grace Christian Center, 100 N. Meridian Road in Rupert; friends may call one hour before the funeral today at the church (Fayne Mortuary in Burley).

Genny Lee Popplewell of Buhl, 2 p.m. Tuesday at the United Methodist Church in Buhl;

Sue Witherspoon of Heyburn, memorial service at 11 a.m. April 18 at Payne Memorial Chapel in Burley; graveside memorial service at 1 p.m. April 19 at Sunset Memorial Park in Twin Falls.

Darwin Lee Clark of Wendell, 11 a.m. today at the Buhl LDS 1st Ward building on Main Street; friends may call from 10 to 11 a.m. before the service at the church (Farmer Funeral Chapel in Buhl).

Ruby L. MacMullen - Ruby L. MacMullen, 89, of Twin Falls, died Sunday, April 5, 1998 at the St. Joseph's Care Center. Arrangements are pending and will be announced by White Mortuary in Twin Falls.

Howard Olson - ALBION — Howard Olson, a 68-year-old Albion resident, passed away Saturday, April 4, 1998 at the Cassia Regional Medical Center. Funeral services are pending and will be announced by Hansen Mortuary Burley Chapel.

John C. Thomas of Kimberly, 1 p.m. today at White Mortuary in Twin Falls; friends may call one hour before the service today at the funeral chapel.

Fred Miller - JEROME — Fred Miller, 83, of Jerome, died Sunday April 5, 1998 at the Alpha House in Jerome. Funeral services are pending and will be announced by the Hove-Robertson Funeral Chapel in Jerome.

George W. Robinson - TWIN FALLS — George W. Robinson, 75, of Twin Falls, died Sunday, April 5, 1998 at his home. An obituary will follow at a later date. Arrangements are under the direction of White Mortuary of Twin Falls.

HOSPITALS

MAGIC VALLEY REGIONAL MEDICAL CENTER Some names are omitted at patients' request. Admitted Gerald Anderson of Twin Falls.

Margaret Tracy and Judith Tribe, all of Burley; Olga Colby of Paul; Helen Hellewell of Heyburn; and Libby Pethel of Rupert.

Released Mariah Perez of Burley; Gerald Brackenbury of Albion; Eugenio Naranjo of Heyburn; Thomas Waldron of Mountain Home.

OBITUARY

HAILEY Jean Elizabeth Tuchunter HAILEY — Jean Elizabeth Tuchunter, 79, a lifelong resident of Hailey, died Friday, April 3, 1998 at her home after a long illness.

Friends are invited to gather at the Wood River Chapel at 2 p.m. Tuesday, April 7, 1998 for a preliminary to the graveside service in the Hailey Cemetery. There will be viewing from 4 p.m. until 7 p.m. on Monday at the Wood River Chapel.

Any memorial contributions are suggested to either Hospice of the Wood River Valley, Box 4320, Ketchum, ID 83340 or the Jean Tuchunter Memorial Scholarship, in care of Wood River Chapel, Box 696, Hailey, ID 83333.

For obituary rates and information, call 733-0931. Ext. 278, between 10 a.m. and 5 p.m., weekdays or Ext. 262 Tuesday, 2 and 5 p.m., Saturdays. Deadline is 4:30 p.m. for next-day publication. Death notices are a free service and can be placed until 8 p.m. every day.

Legislative report card examines lawmakers' ability to get laws passed

SALT LAKE CITY (AP) — Rep. Marcy Stephens and Sen. Al Rabe, both Republicans, have the highest success rates in passing laws at the Utah Legislature the past two years, a newspaper reports.

estate firms along the Wasatch Front, saw 15 out of the 16 bills he sponsored and become law for a 94 percent success ratio.

"I try to choose bills that make sense, and then I try to be willing to work with everybody to make them work," Manwell said. "I've had good luck, and I've probably learned what to work on and what not to."

"Blowing out the newspaper's five most effective House members were Rep. John Swallow, R-Sandy, with 92 percent of his bills passing; and Rep. Alton Bradshaw, R-Salt Lake City, Patrice Arent, D-South Cottonwood and Keele Johnson, R-Handing, all with 91 percent success ratio.

While several lawmakers had success ratios of 90 percent and higher, the newspaper only considered those who sponsored 11 or more bills as being effective or ineffective.

RESERVE YOUR SPACE NOW! 3RD ANNUAL BUSINESS TO BUSINESS TRADE SHOW HELD AT THE NEW BOYS & GIRLS CLUB OF MAGIC VALLEY GYMNASIUM JUNE 23, 1998 For more information, contact Kim Paterson at The Times-News, 733-0931, extension 326.

Mall displays re-creations of King Tut's treasures

By Steve Crump
Times-News Staff

"I'd known
Tut's line up just to see
I'd save up all my money.
And bought me a museum."
— King Tut
by Steve Martin

TWIN FALLS — Yes, the Magic Valley Mall is planning a Walk Like an Egyptian Contest, and it's true it's bringing in a Steve Martin impersonator to accompany it. But the purpose of "The Treasures of King Tut" — which begins its month-long stay at the shopping center today — is education, not entertainment.

"The trend in our industry is away from dog-and-pony shows," said Brent White, the mall's manager. "When we brought in the dinosaurs (display) last year, the response was tremendous."

A Toronto-based company, Royal Exhibitions, will display three dozen objects that are re-creations of articles found in the tomb of King Tutankhamun when it was opened by archeologist Howard Carter in 1922.

"The Egyptian government won't let our critics sail in the country anymore because they've gotten so beat up on previous tours," White said. "These are authentic copies."

They include a 200-pound copper presentation of King Tut's gold funerary mask — perhaps the single most famous relic of antiquity — as well as a guardian statue



From the tomb, a bust of Queen Nefertiti, various stone carvings and papyrus plantings.

"We'll have a curator here from the company that re-created the objects, and he'll be available to give tours and answer questions," White said.

Dozens of classes, involving about 6,800 kids, already have booked tours during the exhibit's stay. Guided tours will be given to adults, at \$2 a head, at 2 p.m.



For more information about the life and times of King Tut, visit The Times-News Online's NewsLinks page.
Go to <http://www.magicvalley.com> and click on NewsLinks icon.

every Saturday. "Many of the objects will be displayed in the center of the mall, and we've also created a temporary theater in the old Poderski's space," White said.

King Tut was just teen-ager — or at most, a young adult — when he died in 1325 B.C. after an 11-year reign. He was buried in a secret tomb beneath the mud-brick houses of workmen who were laboring on another royal project, so the site eluded grave robbers for 33 centuries.

His Carter found more than 3,000 items, including The Golden Throne, the King's Ecclesiastical Throne and an ivory rotating fan, all of which have been re-created for this exhibit.

Most of the objects are made of the same materials as the originals.

Times-News staff writer Steve Crump can be reached at 733-9931, Ext. 223.



Mike Telleria, left, works on four new sheds at his milk farm north of Malta. He said the new buildings need to be done by April 28 when he gets a new shipment of animals.

Experts cannot cure Utah school's mysterious ills

PANGUITCH, Utah (AP) — A few months ago, a member of the Utah National Guard tossed a smoke bomb into an unoccupied classroom at Panguitch High School, trying to solve a mystery affecting the 42-year-old building and its teachers.

"The architect said the smoke would disperse, but it didn't go anywhere," said Ted Chidester, the high school's principal.

Many of his 13 faculty members say they suffer headaches, nausea, nosebleeds and other physical complaints, but no cause has been found despite a wide range of tests at the building by government and other experts.

"The faculty has suffered the problems. Teachers spend the most time in the building. We had Occupational Safety and Health Administration officials run tests without any cause found," Chidester said. "But in my own mind, there is a relationship to the building."

Panguitch is not the only school in Utah or the nation with such problems. In late February, Salt Lake County's Jordan District closed Riverton Elementary, where some students and staff were stricken with rashes, burning eyes and respiratory problems. Students were sent to nearby schools, and health experts still are seeking the cause of that outbreak.

The U.S. General Accounting Office said 46 percent of schools

in the United States have problems with indoor air quality or ventilation systems, according to Education Week, a weekly national newspaper.

Officials at southern Utah's Garfield School District still are searching for a solution to the problems at Panguitch High. Some suspect chlorine from an indoor swimming pool.

"This is a concern to everyone," said Chidester. "We are most interested in the tests at Riverton Elementary. Perhaps they could come down here."

Panguitch High teachers and staff say they still are suffering, but add their physicians have not accepted theories that the building may be causing their symptoms. And Panguitch public health officials said they are unaware of reported illness among teachers at the high school.

"We get major headaches, nausea. Some say they don't want to go to work," said Marlene Miller, the school's administrative assistant. "During warm weather, we leave outside doors open. It helps. It seems after weekends when the building has been closed, it is worse," she said.

"Most students have not been affected, she said, but a few have suffered strep infections.

"And they've had it the whole year. Since they graduated and left they have been fine," Miller

said.

Ralph Perkins, an agriculture-science teacher, has taught at the school seven years.

"I had headaches and congestion and then contracted pneumonia. I have worked outside all my life and never had that," he said.

He also noticed that when students hatch chicken eggs, the success rate is only 15 percent at the school compared with 90 percent at his home.

English teacher Debbie Pollock said the ordeal has affected her job "because I don't feel well. The only thing we can do is quit. A lot of teachers have retired. The superintendent has tried, they changed pipes in the pool area and called in air-conditioning experts. But we are worried about long-term effects," she said.

Superintendent Phillip Blais said that despite the efforts, "we have never pinpointed the cause of the problems."

That still is the case at Riverton Elementary. The district has hired an environmental consulting firm and commissioned a panel of experts including physicians, public health officials and University of Utah faculty members.

Gooding police will tag vehicles

GOODING — Beginning April 20, Gooding police will begin tagging all vehicles not currently licensed or in training condition which are parked on city streets and rights of way, the police department said.

All such vehicles, including recreational vehicles, campers and utility trailers, will be towed and impounded, the department said.

Shepard's biggest day so far netted him \$7.13 in change. He hopes to uncover enough buried pennies to pay for a new metal detector.

In the meantime, he is willing to use his hobby to help people find lost objects. He can be reached at 735-5913.

"Let the search begin," he said.

Corps plans to dredge bars despite river flow

IDAHO FALLS (AP) — After months of delays, Army Corps of Engineers officials said they will push forward with plans to dig up several gravel bars obstructing part of the Snake River near Blackfoot, even though it could mean drying when the river is at peak flow.

"The plan is to do the work, no matter what the flows," said Nola Conway, a spokesman for the Corps' annual office in Walla Walla, Wash.

The decision is the latest in a series of flip-flops and delays that have troubled a relatively simple gravel-removal project into a drawn-out effort to reduce flooding risks. Some critics say the project will begin.

"We've always had some question as to whether the project was really necessary as relates to flood control," said Lynn Van Every, regional water quality manager

for the Idaho Division of Environmental Quality's office in Pocatello.

Increased flood protection has been the main reason for the project. Last year's flood waters created the gravel bars that blocked off part of the river near Blackfoot, raising fears of flooding even in a year when forecasts predict an average spring runoff.

The project was originally started the begin this January, when the river was at its lowest and the gravel bars were largely dry, said Conway. But delays in the environmental study required for the federal project have pushed the tentative starting date well into the spring. She could not say when work will begin.

Just hours before announcing the plan to continue work, Conway said the Corps would only do the work when it could avoid

digging into gravel below the water level. That raised questions about whether the project would be postponed until this fall. The Corps changed its position shortly after meeting with Bingham County Commissioners Thursday, Conway said.

The urgency for the \$150,000 project now has as much to do with funding as flooding, say some involved in the project.

On the line is a \$50,000 grant from the state Department of Commerce to Bingham County, earmarked for emergency repairs to fend off immediate flooding there. The Corps would pay for the rest.

If the project had been postponed until after the spring, the state law says you have to get the county to lose the emergency funding. Bingham County Commissioner Wayne Brower said.

Board

Continued from B1
everything was right before they turned it over to a planning and zoning board.

But he said the kinks have been worked out. The commissioners are ready to delegate some authority. Hurst cited their recent experience with large industry and agriculture looking for a way to do a relatively simple

"They are currently amending the zoning ordinance," Hurst said. "And one of the revisions allows them to create a board."

That means the number of counties in the state that don't have separate boards will shrink even further.

Of the 44 counties in Idaho, 39 have planning and zoning boards, according to the Idaho City/County/Tribe Compre-

hensive Planning Survey Summary, published by the Idaho Transportation Department in 1997.

Only Cassia, Idaho, Owyhee, Camas and Custer counties don't have separate boards.

Not only does Idaho County lack a separate zoning board; it still is not zoned. That means a \$200,000 home and a hog farm could end up side by side, Idaho County Clerk Rose Gehring said.

"Idaho County has always been that way," she said. "The people don't want to deal with the rules and regulations."

But that may change too. Gehring's Grangeville office to complain about conflicts between farms and subdivisions.

In Idaho City, Boise County

Planning and Zoning Administrator Kathie Brady said a lawsuit forced her county into zoning.

"We weren't zoned at the time and the law says you have to have something," she said. "So the judge ruled we needed to develop a comprehensive plan to mitigate the concerns of county residents."

Boise County's zoning is only a year old, but Brady said the process is better than before and a separate zoning board helps.

"It's another layer of bureaucracy," she said, "but a layer that is closer to the people."

Times-News staff writer Kurt Friedemann can be reached in Buried at 674-4042.

Shoshone

Continued from B1
of Shoshone Falls and Dierkes Lake parks rank them among the most magnificent natural scenic attractions in the state. But their man-made amenities are mundane.

For instance, Shoshone Falls — the biggest waterfall on the state's biggest river — is the top attraction in the southern Idaho, but getting a good look at it is challenging. Would-be admirers must park in a potholed parking lot and clamber down a narrow, steep stairway that's often slick with spray from the falls.

The observation platform does afford a magnificent view of the "Niagara of the West." But the platform attraction is bedraggled. It's also relatively small, given the number of people who visit on a typical summer day.

"The existing and overlook around Shoshone Falls is in great need of redesign," according to a recent study by Beck & Baird, a Boise-based landscape, architecture and design firm. In a review ordered by the city and paid for by Idaho Power,

Beck & Baird suggested a tri-level viewing experience at Shoshone Falls Park.

"Create a walking path at a level about halfway between the top of the cliff and the present viewing platform."
"Rip out the existing chain-link fence and construct a stimulating walkway back from the edge of the cliff."
"The existing chain link fence is obtrusive and, in some areas, blocks the view of the falls," according to Beck & Baird. Replacing the old fence with a low wall topped by a railing would carry an attractive four-foot barrier capable of "... preventing the most determined to get over it, while still allowing shorter people and the handicapped to view the falls and the river."

Replacing the existing rock tower, which was built by the Civilian Conservation Corps in

the 1930s — was another priority listed by Beck & Baird. Rebuilding the old CCC stairway to the river "would provide an experience unlike any available at this side of Yellowstone Park," according to Beck & Baird.

Creating more viewing sites, particularly to the west of the falls, was another suggestion, along with construction of a trail to the upper rim of the Snake River Canyon.

Better parking and vehicle circulation, more picnic shelter and an interpretive kiosk round out the consultant's recommendations for Shoshone Falls Park.

Picnic shelters, patios, trails and the possibility of an amphitheater were listed as top priorities for Dierkes Lake Park. The toll booth at the entrance to the two parks could also stand a facelift, and the guardrail around the parking area would be replaced, the report said.

Times-News staff writer William Brown can be reached at 733-0931, Ext. 264.

Gooding police remind residents about signs

GOODING — The Gooding Police Department reminds residents they are responsible for taking down yard-sale signs after a reasonable period, the department said.

Signs are not to be placed on

traffic-sign posts — stop signs, speed limit signs and crosswalk signs, for example. The city will remove and discard any signs found on those posts. Do not place signs on private property without the owner's permission.

Business or commercial ventures are not to advertise in this manner, the department said. Also, do not attempt to read signs from moving vehicles; pull to the curb.

Treasure

Continued from B1
of little children who gather around me while metal searching. Explaining to them how a metal detector works, letting them hear the sound of it and sharing my interest with them make my day more pleasant and rewarding than anything else."

Shepard's metal detector features two basic modes of operation — "discriminate" and "all metal." Switching to "discriminate" allows the searcher to ignore iron and steel in favor of more valuable metals. A sensitivity switch controls the device's depth range.

Page

Continued from B1
puter programmer.

Page said he is a bit overwhelmed by the attention but is proud finally to be a citizen.

Other items on Tuesday's City Council agenda:

"An ordinance that would require installation of curbs and gutters for manufactured homes will have a third reading. The ordinance provides for deferral of the installation deadline in case of bad weather or unforeseen problems."

"The 1927 Uniform Fire Code is up for adoption. Fire Chief Jim Auclair said the new code is not

discriminate" and "all metal." Switching to "discriminate" allows the searcher to ignore iron and steel in favor of more valuable metals. A sensitivity switch controls the device's depth range.

The bottom part of a detector is called a coil. It's important to avoid putting the coil on the ground, where it might be damaged.

Meeting

The Jerome City Council will meet Tuesday in the council chamber at 100 E. Ave. A. The public is welcome.

significantly changed from the old one."

"The council will consider an application for federal funding for completion of the bike path on Tiger Drive. The citywide bike-path project is a cooperative effort among the city of Jerome, Jerome Recreation District, Jerome Highway District and the

county. The path system eventually will connect points of interest around the county.

Speedy completion of the Tiger Drive stretch of bike path has been a concern recently because of the increased speed limit on Tiger in the area of Horizon Elementary School.

"Discussion between the city and the Jerome Recreation District will center on operation of the city pool for summer 1998."

Times-News correspondent Dixie Thomas Reas can be reached in Jerome at 324-3670.

WEST

Farmers hope to build strip ruffles neighbors

BOISE (AP) — A farmer's request to put in a private airstrip in Star has some neighbors fearing for their safety. Ron Kuenzli and neighbor Deen Sorenson are applying for a conditional-use permit to build a 2,000-foot private airstrip with an accompanying 3,000-square-foot hangar on their adjoining properties.

The grass-runway, located on 144 acres, would be solely for use by Kuenzli and Sorenson. "Nobody else should be flying there unless Mr. Kuenzli invites them," Sorenson said. "It's limited to one takeoff per day, so there can't be too many people there."

However, 36 of Kuenzli's neighbors have signed a petition to stop the project. They say that while the airstrip is convenient for Kuenzli, it jeopardizes the solitude and safety of their neighborhood.

Fire prompts police to meth investigation

BOISE (AP) — Firefighters stumbled onto what they believe is a methamphetamine lab when they responded to a fire north of downtown in the north end, an old section of the city.

"In the process of putting out the fire, we discovered suspicious materials that are used to make methamphetamine," Battalion Chief John Anderson said Saturday.

Police cordoned off a full block while a hazardous-materials team, narcotics officers and arson investigators examined the scene at an apartment building.

The incident started with a 911 call from a neighbor Saturday morning. Firefighters found smoke coming from an upper-floor apartment in the six-unit apartment building. While dousing the fire, which was contained to one room, firefighters found chemicals in the room and a large amount of residue into about one-half pound of "crank," or methamphetamine, officers said.

"Many substances used in methamphetamine manufacture are toxic, highly flammable and explosive," said Lt. Larry Jones, a patrol division watch commander.

No one was in the apartment when firefighters arrived. But investigators said they believe the residents of the apartment were home when the fire started and fled without warning neighbors of the danger. Police are working to determine the identity of those renting the apartment.

Police suspect foul play in death of woman

BOISE (AP) — Police are investigating the discovery of a woman's body that was found by a fisherman Sunday near a bridge crossing the Boise River.

According to a press release issued by police, the woman was in her twenties, of slender build and was wearing a medium blue slacks outfit. The fisherman called police around noon after finding her body.

According to the release, the woman's death is unknown, but the woman had sustained head injuries.

Police are investigating the case as a homicide, but currently do not have suspects.



Elder Monte J. Brough, of The Church of Jesus Latter-day Saints, announces the church's CD-ROM release of some of its genealogical data to the public for home use, at a news conference Saturday in Salt Lake City.

Outspoken commissioner circles his wagons

COEUR D'ALENE (AP) — Candidates from both parties will be challenging Kootenai County Commissioner Ron Rankin, the persistent author of the oft-failed One Percent Initiative, in the next election.

The often outspoken commissioner is facing Republican competitor Jim Sinsley and two Democrats, Cecil Kelly and Rob Beck.

"I don't think there's anybody voting who doesn't know where I stand on any issue," said Rankin, a self-described conservative.

Rankin listed some of his main accomplishments in office as property tax relief, remodeling the courthouse and the county administration building without a bond issue and making a king's English the official language of the county.

"I'm not English," he said. "It's official English. I'm very proud of the role I played in that."

The commissioners voted unanimously in February of last year to make English the official language of the county. The proposal, which Rankin initiated, drew criticism from people who suggested the idea was unnecessary or racially prejudiced.

Rankin said he was "concerned" but "not worried" about the fact that a Republican candidate, Sinsley, will face him in the primaries.

"I know that will probably come out as wacky-wacky, but each issue has to be evaluated on its own merits," he said.

But Magleby doesn't think each issue has to be evaluated on its own merits; he said.

"If there's a new revelation, some new conflict of interest, that's one thing," says Magleby. But if it's the old news rehashed, she may win another term."

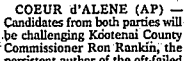
But her second term was tainted by her attempts to pay settlement in the Bonneville Pacific case by soliciting \$211,000 in gifts from wealthy Utah residents. The mayor was never charged criminally for abusing her office. But an investigator hired by the City Council criticized the mayor's gift-gathering and questioned her business dealings.

Her legal defense in the case

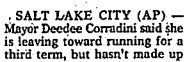
over potential opponents, according to a poll copyright not published Sunday in The Salt Lake Tribune.

Of the eight people the newspaper said are potential candidates, only former Salt Lake County Commissioner Jim Bradley would beat Corradini, according to the March 23-26 Valley Research survey of 450 registered voters in Salt Lake City.

But Bradley's advantage is within the poll's error margin of plus or minus 4.6 percent.



Ron Rankin



Deedee Corradini

SALT LAKE CITY (AP) — Mayor Deedee Corradini said she is leaving town running for a third term, but hasn't made up her mind.

But observers and potential challengers said they know better. They point to how the second-term Democrat has skillfully milked a rash of recent high-profile events to her advantage.

"In American politics, when there are no term limits, the campaign never ends," says David Magleby, political science professor at Brigham Young University.

Indeed, with 19 months to go before the mayoral election, Corradini seems to be everywhere: carrying the Olympic flag in Nagano, heading President Clinton a baseball cap, greeting Vice President Al Gore and giving the keys of the city to the University of Utah basketball team.

"They're just situations that happen to come up," said Corradini, dismissing notions that she's preparing for a third term. "Our profile is just high nationally. It's very coincidental, but it's thrilling."

And the publicity appears to be working to her advantage, although she claims she has no intention of getting involved in a campaign until next year, if she decides to run.

"If the election were held today, Corradini would have an edge

Well-traveled Mormon president vows to continue

Hinckley 87; says age won't slow him down

SALT LAKE CITY (AP) — The most well-traveled president in the history of the Mormon church said Sunday he's not about to stay home in a rocker, as attractive as that might be to a man of 87.

Since becoming the church's 15th president three years ago, Gordon B. Hinckley has been almost constantly in the air and on the road, visiting many of the faith's 10 million members, more than half of whom reside outside the United States.

He traveled to 32 foreign cities in 1996, and visited 35 last year. In February, Hinckley — who says he hates to travel — became the first church president to visit West Africa, completing a five-nation tour in six days.

"I would enjoy sitting in a rocker, swallowing prescriptions, listening to soft music and watching the things of the universe. But such activity offers no challenge and makes no contribution," Hinckley told members of the Church of Jesus Christ of Latter-day Saints on the concluding day of the faith's 168th Annual General Conference.

Hinckley said he is "no longer a young man filled with energy" but he shows no signs of slowing down.

During a trip to Mexico he attended 11 meetings in seven days. And last month he was at the church's birthplace in Palmyra, N.Y., to dedicate a replica of the log house, where founder Joseph Smith is said to have encountered his first heavenly vision in 1820.

Hinckley's arduous regimen stands in stark contrast to several of his predecessors who have been out of the lifetime office or who suffered poor health.

Hinckley, who became the faith's "prophecy, seer and revelator" in March 1995, continues to exude energy and has had no reported health problems. He will turn 88 on June 23.

"I could spend all day in my office, doing so year after year, dealing with mountains of problems, many of them of small consequence," Hinckley said, speaking in the historic Mormon Tabernacle.

"But I feel a greater mission, a higher responsibility to be out among the people," an activity he said "stimulates the adrenaline."

Later Sunday, Hinckley announced a plan to immediately build 30 small chapels in Europe, Asia, Australia, Fiji, Mexico, Central and South America, Africa, Canada and the United States.

"This will be a tremendous undertaking. Nothing even approaching it has ever been tried before," he said, adding that specific sites would be announced later.

The church has 51 existing temples and 17 under construction. Unlike chapels, where Mormons hold weekly services, temples are where members in good standing perform sacred ordinances like baptism and marriage for the living and the dead.



Backed by the Mormon Tabernacle Choir, church President Gordon B. Hinckley addresses the faithful during the 168th Annual General Conference of the Church of Latter-day Saints in Salt Lake City Sunday.

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AUCTION CALENDAR THROUGH APRIL 13

MONDAY, APRIL 6th
Sid Frital Estate
Farm Machinery - Eba
Advertisement - April 4
MASTERS AUCTION SERVICE

MONDAY, APRIL 6th - 11 am
M & E Pizzeria - Liquidation
Restaurant Equipment - Furniture
Twin Falls
Advertisement - April 4
HENRY'S AUCTION SERVICE

TUESDAY, APRIL 7th - 5 pm
Household - Tools - Antiques
Consignments Welcome - Jerome
KLAAS AUCTION BARN

THURSDAY, APRIL 9th - 1998
Laird Martins - Household - Sewing - Buhl
Advertisement - April 7
MASTERS AUCTION SERVICE

FRIDAY, APRIL 10th - 1998
C.L. and Maylene Reese - Farm Machinery - Eden
Advertisement - April 8
MASTERS AUCTION SERVICE

FRIDAY, APRIL 10th - 10 am
Doug Hilliam - Farm Equipment
Ashton, ID
Advertisement - April 5
BAIR AUCTION CO., INC.

SATURDAY, APRIL 11 - 11 am
PUBLIC AUTO AUCTION
Miscellaneous - Twin Falls
Advertisement - April 5
HENRY'S AUCTION SERVICE

SATURDAY, APRIL 11 - 10 am
DIAMOND'S LARGEST
PUBLIC AUTO AUCTION
Autos - RVs - Motorcycles - Boats - Etc
Advertisement - April 5
MUSICK & SONS, AUCTIONEERS, INC.

SATURDAY, APRIL 11th - 1998
Homestead Storage - Collectibles - Storage
Items - Rupert
Advertisement - April 9
MASTERS AUCTION SERVICE

MONDAY, APRIL 13th - 1998
Richard Tschannen - Farm Machinery
Collectibles - Bliss
Advertisement - April 11
MASTERS AUCTION SERVICE

MONDAY, APRIL 13th - 5 pm
Fairbanks Moving Sale
Furniture - Household - Misc.
Twin Falls - Advertisement - April 10
ALL AMERICA AUCTION CO.

SATURDAY, APRIL 10th - 1998
Jim and Lipsie Seaton - Top Quality
Household furnishings - Etc
Advertisement - April 10
MUSSEY BROS. AUCTIONEERS

SATURDAY, APRIL 11th - 1998
Brun Farm & Neighbors - Quality Farm
Machinery - Gooding
Advertisement - April 16th
JNA AUCTIONEERS

MONDAY, APRIL 20th - 1998
Blomson Moving Sale - Travel Trailer -
Appliances - Household - Twin Falls

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734-7077

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The Times-News
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the MOVIES
FRI 4:30 - 7:00 PM
Sat 4:30 - 7:00 PM

the Orpheum
100 N. Main - Twin Falls - 734-3000
The Newton Boys 115
7:00 - 9:15

Jerome 4 Cinema
100 N. Main - Twin Falls - 734-3000

Mercury Rising 115 7:00 - 9:15
Lost In Space 115 6:45 - 9:15
Titanic 115 7:31
Grease 115 7:00 - 9:15

Twin 12 Cinema
100 N. Main - Twin Falls - 734-3000

Mercury Rising 115 6:45 - 9:15
Primary Colors 115 6:45 - 9:15
Good as It Gets 115 7:00 - 9:15
U.S. Marshalls 115 6:45 - 9:15
Wild Thing 115 7:29 - 9:50
Good Will Hunting 115 7:29 - 9:40
Grease 115 7:00 - 9:15

Lost In Space 115 7:00 - 9:15
Titanic 115 7:31

Mr. Nice Guy 115 7:00 - 9:15
Wedding Singer 115 6:45 - 9:15
Meet The Deedles 115 7:00 - 9:15
Han/iron Mask 115 6:45 - 9:15

For a change, try a little kindness

It was in Birmingham, Ala., when — with her mother in a restaurant — a white child saw a young black man, older than herself, who was sitting by himself.

Leaving her seat, the child walked over to the young man and put her hand on his. "I'm sorry about Birmingham," she said softly. Squeezing her hand, the young man responded, also softly: "I'm sorry about it, too."

In that moment, two hands extended across the abyss of perceived, and, at the time — from the view of some people — irreconcilable, differences between two races. And it was the common dominators of love and compassion that compelled these two young people to reach to each other.



PSYCHOLOGY
JoAnn Larsen

Alluding to the profound role of such stirring feelings in joining together the human race, philosopher Teilhard de Chardin observed: "Someday, after mastering the winds, the waves, the tides and gravity, we shall harness for God the energies of love, and then, for the second time in the history of the world, man will discover fire."

Related ever so closely to love, compassion is a full-bodied, stirring arousal in our hearts and souls to aid even dissimilar others whom we accurately perceive as kindred spirits. Such keen desire is fueled by the distress we recognize in others and by our wish to comfort or rescue them, sometimes at the expense of our own lives.

In a desperate, mechanical world in which we encounter many strangers and must daily overcome the differences between ourselves and others — particularly the differences of race, nationality, and religion — it is compassion that becomes our salvation. It is through compassion that we can contribute significant goodness to a world where people need, as they have never needed before, the gift of understanding and empathy.

Compassion is preceded by penetrating appreciation and reverence for life, and for the pervasive commonalities we share as human beings. Speaking of several such commonalities, Joshua Loth Liebman aptly wrote: "Stripped of all their masquerades, the fears of men are quite identical: The fear of loneliness; rejection, inferiority, unmanageable anger, illness and death."

In today's age, perhaps one of our greatest challenges is to see beyond our own small worlds, perceiving them as idiosyncratic to ourselves, and to recognize that our own life patterns represent only alternative — not superior — presentations to those of other people.

To this point, J. Allen Boone reflected: "We are members of a vast cosmic orchestra in which each living instrument is essential to the complementary and harmonious playing of the whole."

To embrace Boone's overarching perspective, we must view ourselves as a member of the family of man, with responsibility and duty to increase the safety, security, and quality of life of others unlike ourselves.

Of the need to commit to the welfare of those who share our same life journey — and sometimes — stormy path, Powell Davies said: "We are all lonely under the stars. All strangers are sojourners here on earth."

If, then, each of us can create for the other a refuge of warmth and comfort, we may help each other in negotiating the trials of life.

Of countless instances of human beings transcending their own race, nation — Please see LARSEN, Page B6

Farmers are hurting



Bill and Linda Griggs' lives changed dramatically after he hit his head on a small gear on the silage wagon he was repairing. Several surgeries later, Griggs appears healthy, but is limited by permanent medical problems.

Agriculture remains one of the black holes of occupational health

By Steve Crump
Times-News writer

BUHL — The kind of farm accident that transforms one's lives doesn't always involve a grisly encounter with an unforgiving piece of technology.

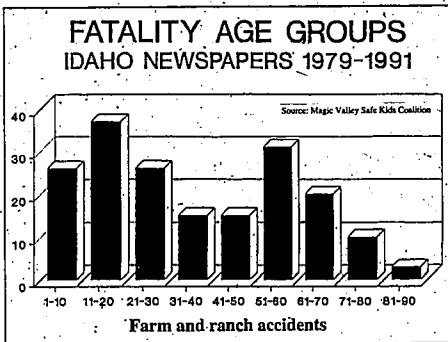
Sometimes just standing up is dangerous enough.

Bill Griggs knows. The then-53-year-old dairyman and farmer was repairing a silage wagon on his 120-acre farm in March 1995 when he bumped his head against the gear box.

"He had a headache and a knot above his right eye just at the hairline, but we didn't think too much about it," Bill's wife Linda said. "Then he started to get worse."

What followed was a nightmarish cascade of consequences. Bill had fractured his skull, and over the next 11 months went through four surgeries and \$115,000 in medical bills. The damaged section of his skull was eventually replaced by a metal plate, but when a stapled infection developed in the surrounding bone, surgeons had to remove the plate and replace it with plastic secured by titanium screws.

Bill still suffers from headaches and



other medical problems, and because such a large section of his head is vulnerable to injury, he can't work.

"He almost died," Linda said. "The doctor in Salt Lake said we should feel

lucky. Well, we don't feel so lucky." Freak mishaps like the one that disabled Bill Griggs are the stock in trade of agriculture, a business that still ranks among America's most hazardous even

Safety Day Planned

The Magic Valley Safe Kids Coalition will sponsor a Safety Day on April 28 from 9 a.m. to 12 p.m. at the Magic Valley Fairgrounds. Activities include: car seat check-ups, fire extinguisher demonstrations, first aid demonstrations, and more. Registration forms are available at the State Library in the Magic Valley Center.

as it grows ever higher-tech. Researchers at the federal Agriculture Department examined census data from 1992 and found 673 fatalities on U.S. farms that year, about one for every 2,861 farms in the country. Nonfatal injuries took a much bigger

Please see SAFETY, Page B6

Miniskirts are not for teacher

DEAR FASHION POLICE: We were having a discussion on skirt lengths and were to be having some varying opinions on what is a proper skirt length (and still fashionable) for school administrators and teachers. What is an acceptable and proper skirt length for the professional woman?

—**TOO MUCH LEG SHOWING**

DEAR TOO MUCH LEG SHOWING: What is an acceptable skirt length for the "professional woman"? For a professional woman like Tina Turner, it's the upper regions of her thigh; for the CEO of a Fortune 500 company, it's probably at or below the knee. Do you see what we're getting at here?

Fashion has become less dictatorial in recent years, so there isn't a universal hemline for everyone with two X chromosomes. Individual taste, body type and workplace style are the deciding factors. An executive with a record company or modeling agency could very well wear a mini to the office without causing shock waves. But the same skirt on a manager at Corporate Drone Inc. would likely take office gossip to a new level.

Now to your situation: School administrators and teachers are not just authority figures; they're also role models. So if you, indeed, have "Too Much Leg Showing," you may want to let your

FASHION POLICE Jeannine Stah

Just the facts, ma'am

When reporting or providing a fashion clinic, write to Fashion Police, c/o Life & Style, Los Angeles Times, Times Mirror Service, Los Angeles, Calif. 90053, attn: (213) 237-3727. Submissions cannot be returned. No telephone inquiries, please.

hems go south a few inches. But don't worry; you'll still be stylish — many top designers are loving that below-the-knee look right now. And you don't want your miniskirts to inspire some kind of bad Van Halen "Hot for Teacher" video fiasco back.

—**BLACK-AND-BLUE, PART 2:** We thought we had finished with the can-can-you-wear-any-and-black debate that's been raging for the last few weeks, but it seems to be the Issue That Will Not Die. A couple of readers are

Please see FASHION, Page B7

HEALTH NOTES

Faith healing

The relationship between spirituality and healing has been documented scientifically and may lead to changes in how doctors treat us. That is according to Stanford University researcher Carl Thoresen, who says: "When you keep getting a relationship in study after study, something's going on that's not just a fluke." Studies must continue not to stress any particular religion or be exclusionary of any beliefs and should "push the science as far as we can push it" in learning how the correlation works, Thoresen says.

Snap, crackle, pop

That cracking sound you hear? It can be the cause and not just the effect of something breaking: Reporting in the *Journal of Science*, French researchers say they discovered that the sound's reverberations actually increase the speed and size of a fracture.

Bad back swing

Add to tennis elbow and runner's knee another sports complaint: golfer's spine. The powerful twisting motion in some golfers' swings can, over time, deform bones in the lower back.

researchers say. One study terms it the "crunch factor." It appears to be "a combination of how the spine twists and how it bends to the side," says Scott A. Banks of the Orthopaedic Research Laboratory of Good Samaritan Medical Center in West Palm Beach, Fla.

Really dysfunctional gene

You could say that one gene fits all. Although leptin is known as the "fat gene," Karine Clement of the Laboratoire de Nutrition et Service de Medecine et Nutrition in Paris and colleagues have found evidence that a defect in the gene also causes abnormalities in puberty and growth.

Alzheimer's boom

Baby boomers, it's your turn to start worrying about Alzheimer's disease. "Many of our nation's baby boomers have a time bomb ticking in their heads today," Stephen McConnell, a spokesman for the Alzheimer's Association, told a Senate panel. The group's says that by 2050, when the youngest baby boomers will be in their 80s, 14 million Americans could suffer from the disease, compared with four million today.

Compiled from news reports

TN Interactive

Have you hired a tutor to help your child academically? We'd like to hear your story.

The Times-News is preparing an article about kids, learning and tutors, and would like to hear from readers who've had experiences with tutors. We'd also like to hear from tutors themselves. If you'd like to share your story, give us a call.

Contact staff writer

Steve Crump:
By phone, 733-0931, Ext. 223.
By fax, 734-5538.
By E-mail, crump@magicvalley.com



HEALTH & FASHION

Family history holds clues to cancer prognosis

Los Angeles Times

Prostate cancer sufferers who have a family history of the disease are more likely to have a relapse and more likely to die from the disease than those without a family history, according to Dr. Patrick Kujawa of the Cleveland Clinic Foundation in Ohio.

Men with such a history — either a father or a brother with prostate cancer — should undergo screening at an earlier age and, when a tumor is detected, should be treated more aggressively, he told an American Cancer Society briefing for reporters in Newport Beach, Calif. last week.

Prostate cancer will strike an estimated 184,500 American men this year, with an expected 33,000 deaths, making it second only to lung cancer as a cause of cancer deaths among men.

Kujawa studied 720 men who had undergone a prostatectomy between 1987 and 1996. Five years after their operations, 58 percent of those with a family history of prostate cancer had suffered a relapse, compared with only 46 percent of those

without a family history. Similar results were also observed among patients who underwent radiation therapy.

Men who have a family history of prostate cancer probably should undergo screenings starting at 40, rather than the now-recommended 50, Kujawa said. Such men may also be good candidates for chemoprevention with drugs such as Proscar. And if and when a tumor is detected, he added, surgeons should make a more aggressive search for metastases.

Researchers look for such metastases in the pelvic lymph nodes, which are closest to the prostate. Even in patients at high risk for recurrence, however, the search often reveals no trace of prostate cells. But that situation may change because of a new test developed by Dr. Anna Ferraris of the Mount Sinai School of Medicine in New York City.

Ferraris told the ACS meeting that prostate cells contain two unique proteins, PSA and PSMMA. She has developed a test for the genetic material used to produce these proteins and is now able to show the presence of one prostate cell among 10 million lymph node cells.

It's time for candy moocher to contribute

DEAR ABBY: We have a large candy jar in my office that is kept filled by the people who eat the candy. All the secretaries contribute regularly.

Our problem is one of the executives. She scoops out candy by the handful every time she passes the jar, but has never contributed a dime! She has been "reminded" several times, but she continues to ignore our requests.

We've even tried letting the jar remain empty for several days, but she just waits until we refill it, then she cleans it out again. This is creating a lot of resentment — as well as expense — for those of us who can least afford it (Her salary is more than all the secretaries combined).

Abby, we don't want to penalize anyone else by doing away with the candy jar, but we can't afford to continue feeding this moocher. What should we do?

Safety

Continued from B5
toll, with almost 65,000 fractures, lacerations, sprains, fire injuries and other accidents that caused many farmworkers to miss a few days to a week of activity."

That's not counting the health consequences of exposure to pesticides, which are still poorly understood by medical scientists.

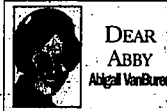
There were 490 fatalities and 20,430 other injuries from mishaps involving farm operators and family members in 1992.

"Some of the things that make farming attractive also make it dangerous," said Tom Karsky, a farm safety specialist and Extension professor at the University of Idaho. "Less regulation than other industries and flexible work schedules, for example. There are too many farmers and farmworkers who work too many hours on equipment and under conditions that aren't safe."

And that's despite major improvements that accompanied Idaho's decision to extend workers' compensation to farmworkers two years ago.

"The effect of that was to raise some consciousness," Karsky said. "Things are moving, but they're moving slowly."

Statistically, farmworkers are nearly as likely to be killed or injured as are farm operators and their families, according to the USDA. But with workers' comp has come pressure from state governments and private



DEAR ABBY
Abigail VanBuren

SWEET DILEMMA IN TULSA

Shume on her. Her "perks" as an executive should not extend to the employees' snacks. Pool your money for a stash of candy that remains out of sight — and leave the jar empty.

DEAR ABBY: I made a big mistake. I got involved with a married man at work. Everyone in town knows about it, and I'm embarrassed and ashamed.

His wife has filed for divorce and his kids aren't speaking to

him. He told me his wife didn't understand him and she drank too much. I recently found out that I was not his first affair.

I wish it had never happened, but now I feel obligated to stand by him because he's alone and it's partly my fault. He says he loves me and has no one else. I feel trapped, even though I don't really love him.

It's a pit job tomorrow, but I'm a middle-aged single parent and jobs are hard to find. Any suggestions?

—SORRY, LONELY AND DESPERATE

DEAR SORRY: Yes. Don't contribute your mistake by staying with a man you don't love. The relationship will be a net to end if you make a clean break.

Start looking for another job now. This married man is not your future. He has no ability to "someone" more than once, and he probably will again. Trust me.

DEAR ABBY: "Hurting in Whiter," age 45, with several complaints that men prefer younger women. Tell her that she is a younger woman to men in their 50s, 60s and beyond.

Mature men have learned that as a woman ages, she becomes increasingly attractive. She gains more in wisdom, empathy and kindness than she loses in appearance. And, of course, men similarly improve.

"Hurting" is shopping in the wrong age bracket.

—VOLNEY V. BROWN JR.
RETIRED JUDGE
DANA POINT, CALIF.

DEAR JUDGE BROWN: Whether you're ruling from a bench in a courtroom or a bench in a park, you have rendered an enlightened opinion. It takes keen vision to see past the surface to the care of what's important. (And that says that "justice is blind!")

Larsen

Continued from B5

ally, or religion to serve or validate their brothers are the following examples.

On Feb. 3, 1943, the allied troop transport Dorchester was torpedoed off the coast of North Carolina. As the ship went down, four chaplains — one a Catholic, one a Jew, two Protestants — stood on deck passing out life belts.

When there were none left, they gave their own away. The chaplains were last seen standing arm in arm praying. Said one witness: "It was the finest thing I have ever seen, or hope to see, this side of heaven."

In the late '70s, I'm speaking in Israel to a group of students from Oral Roberts University, the former prime minister of that country, David Ben-Gurion, advised:

"Before we were Americans or Russians or Egyptians, before we were Christians or Muslims, Hindus or Jews, before we were any of the things that divide us today, we were men and women created by God. And that is the message of the great religions."

An October 1997 Associated Press news story reported that, "At the bedside of an Arab toddler who received the heart of a Jewish child killed by a car, two mothers wept in each others' arms."

The story led Israel television broadcast and was front-page news in an article carrying the banner, "Heart of Gold."

"The sun struck a powerful chord in a country where Arabs and Jews are most often depicted in bitter strife," the AP reported.

In a 1997 article in the Deseret News of Salt Lake City, Linda Thomson reported on a speech given to health-care

workers by Dr. Christian Barnard, who performed the first human heart transplant in 1967.

Wrote Thompson: "Although he is famous and respected for pioneering new ground in medical world, Barnard wept as he recalled the picture in his mind of a patient he could not bear to see die. He had been told by a five-year-old black boy in an orphanage that suffering from heart problems caused by rheumatic fever."

"His last request was a piece of bread before he died," Barnard said. "In my life I have done 165 transplants. If I had spent all that time feeding these children, getting them into proper houses, how much more could I have done."

Speaking of the impact of this experience, Barnard had vowed to dedicate himself to managing a hospitalized patient to prevent disease and I will do it until I die."

Of the need to assist one's fellow human being, Albert Schweitzer wrote: "It is not enough merely to exist. It is not enough to say, 'I'm earning enough to support my family. I do my work well. I'm a good father, husband, churchgoer.'"

"That's all very well. But you must do something more. Seek always to do some good, something. Every man has to seek in his own way to realize his true worth. You must give some time to your fellow man. Even if it's a little thing, do something for those who need help, something for which you get no pay but the privilege of doing it. For remember, you don't live in a world all your own. Your brothers are here too."

John Larsen, who grew up in Kimberly, is a Salt Lake City family counselor.



For more on farm safety, visit The Times-News Online.

Go to <http://www.mgicvalley.com> and click on NewsLinks.

insurers to tighten up safety, Karsky said.

It's also coming up farm equipment manufacturers anxious to avoid expensive product liability lawsuits.

"You're beginning to see more improvements like guards on augers and other dangerous machinery," Karsky said.

That's particularly true of tractor makers, whose products are involved in some of the highest-profile and most serious farm accidents.

Once a multi-ton tractor hits a hole and starts to tip over, nothing will stop it and it's difficult for the operator to jump free.

Tractor manufacturers agreed as early as 1985 to begin selling only machines with rollover protection, but hundreds of thousands remain in use without the structures. Many also lack seat belts.

In fact, a recent survey by the Centers for Disease Control and Prevention found that although almost 40 percent of tractors in use in Iowa feature rollover protection structures, an estimated

156,000 tractors do not. Two-thirds of them are used more than 100 hours a year.

Five leading tractor makers, including Deere & Co. and New Holland North America, are engaging dealers to offer rollover and seat belt kits to farmers at a cost for the older machines.

The estimated dealer cost of the kits is about \$500 net, not counting freight and installation.

But even that too expensive from some small farmers, whose livelihood is governed the unending calculus of too few dollars chasing too many needs. Equipment replacement is postponed. Training is neglected. Kids often do chores more appropriate for adults.

By order of Congress, the rules of the federal Occupational Safety and Health Administration long have exempted farms employing 10 or fewer workers and those "that do not maintain a labor camp."

And the Fair Labor Standards Act, which sets limits for child farm workers on age, hours worked and conditions, doesn't apply if the child works on a farm owned or operated by the parents.

"OSHA regulations could apply to less than 3 percent of U.S. farms and cover less than 56

percent of hired workers on farms," Jack Runyon of USDA's Economic Research Service told The Associated Press.

Yet new regulations are unlikely on farmers, who have a long history of resisting labor restrictions.

"We worked as hard as we needed to for as long as we had to get everything done," said Linda Lind, a job seeker who's thrown down a job in Utah. "That's the only way to make a living in agriculture."

Technology and economic incentives notwithstanding, farming is still a high-wire act when it comes to safety.

"If you get injured on the farm, chances are you're a long way from medical help," Karsky said. "And not every farmworker has a cell phone."

The Griggles, who have sold their 70 cattle and leased their land, wonder if any amount of caution can eliminate the shot-in-the-dark farm mishaps like the one that changed their lives.

"This accident was one in a million," Linda said. "That's what the doctor said."

Times-News writer Steve Crump can be reached at 733-0931. Ext. 223, or write to him at crump@mgicvalley.com

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Eat dairy products to shake lactose intolerance?

By Dennis Savaiano

"I scream, you scream, we all scream for ice cream." But some of us scream because of ice cream.

Those of us who are lactose intolerant, that is.

The National Institutes of Health reports that 20 million Americans and a disproportionately high number of African-Americans suffer from the malady. For them, a dish of ice cream brings on gas, bloating, pain and diarrhea. Some with a tall glass of milk, a few slices of bread smeared with butter, a cheesy hunk of pizza.

"Horrible pain — you definitely notice it," said Kahla Wheeler, a 43-year-old Kansas City area dentist who has been lactose intolerant since childhood.

Lactose is a carbohydrate in dairy products. It's too large to be absorbed by the intestines, so a normal body breaks it down by using the enzyme lactase.

"If you have an allergy to something, you can try to develop a tolerance to it," Kansas City area gastroenterologist Bradley Frelich said. "An allergy has to do with the immune system. But lactose intolerance

Researcher says intestine can adapt

these patients may be lactose intolerant because they don't eat enough dairy. He insists that by consuming dairy products in moderation, patients can build up their tolerance.

"Our studies have shown a really amazing adaptation of the large intestine of humans," said Dennis Savaiano, dean of Purdue University's School of Consumer and Family Sciences, in a press release. "By altering the diet over time, bacteria more effectively digest lactose, making milk better tolerated."

"If you have an allergy to something, you can try to develop a tolerance to it," Kansas City area gastroenterologist Bradley Frelich said. "An allergy has to do with the immune system. But lactose intolerance

isn't so much an allergy."

Some people become increasingly lactose intolerant over time. "I don't think anyone's ever established as-to-why that occurs," Frelich said. There's a possibility it might be an immune mechanism causing this, but that would be a "new and curious" theory, he added.

Last summer, Purdue researchers were studying calcium intake in a group of African-American teenage girls. As part of the research

the girls were asked to eat a high-calcium, dairy-based diet. Many balked, saying they were lactose intolerant.

That was confirmed through tests, but the girls were instructed to go ahead with the diet regimen.

After two weeks they were tested again. Then, after eating plenty of dairy products, "every one of those girls had absolutely

no symptoms," Savaiano said.

The findings are significant because lactose-intolerant patients may not be getting enough calcium.

Lack of sufficient calcium can lead to serious problems with osteoporosis, or weakened bones, in later life.

Patient Kahla Wheeler doesn't have that problem. She gets plenty of calcium in other ways, she said. She eats goat dairy instead of cow dairy products, which helps her greatly. She also eats calcium-rich leafy green vegetables and herbs such as nettles.

That's typical, Frelich said. "There's enough calcium in other things. Patients usually don't have a problem with that."

Supplements also help Wheeler with her fleeting cravings for ice cream. Over-the-counter medications such as Lactaid or Dairy Ease taken just before the dairy products are eaten can ease or eliminate many of the symptoms.

"For the most part supplements work," Wheeler said. "But I still wouldn't have three big pieces of pizza and two scoops of ice cream — maybe one piece of pizza is fine."

Fashion

Continued from B5

now asking about brown-and-black combinations, one even saying, "In my opinion, this is a true crime of fashion!"

Hold on — no need to haul anyone off to the pearly Black-and-brown is a classic color duo, and there's no reason to avoid it. Why is that different from navy and black, you ask? Navy and black are so close in color that your eyes are forced to do pinwheels. Black with cobalt, royal or French blue is great. Now, can we please move on to something else?

FROM THE FASHION POLICE BLOTTER: A couple of

weeks ago, we asked readers to keep an eye on the fall runway shows in Milan and Paris and bust any fashion designers who had their models made up to look like strung-out drug addicts.

We're happy to report that most designers have given up that heroin chic trend of pale, drawn faces, smudged makeup and matted hair.



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TO DO FOR YOU

Red Cross offers first aid, CPR class

TWIN FALLS — First aid and Cardiopulmonary Resuscitation Instructor Class (adult, infant and child CPR and first aid) will be offered from 6 to 9 p.m. today, Thursday, and April 13, 15, 21, 22.

For more information, call the American Red Cross office.

Cardiac risk profile coupons go on sale

TWIN FALLS — Cardiac Risk Profile Coupons are available at check cholesterol (LDL and HDL levels), triglycerides and cardiac risk factors. Cost is \$14.

For more information, call the Magic Valley Regional Center Outpatient Services at 736-1055 or stop by the office, 224 Marine St., to receive a coupon.

Get recertified at Red Cross courses

TWIN FALLS — The American Red Cross schedules twice-weekly CPR and First Aid Recertification classes at 9 a.m. each Tuesday and at 1 p.m. each Friday. If your certification is about to expire, call the office to register for the class that is suitable for your schedule.

To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Pre-payment is required for registration in all classes.

Arthritis/lupus group will meet Tuesday

TWIN FALLS — The Arthritis/Lupus Support Group will meet at 7 p.m. Tuesday in the doctor's meeting room at MVRMC.

Dr. Rene Kobayashi will discuss depression. For more information, call 733-0950.

Learn infant CPR at MVRMC Tuesday

TWIN FALLS — An infant CPR class will be offered at 7 p.m. Tuesday in the Education Center at MVRMC.

Pre-registration is not required.

Register for hospital's CPR classes

TWIN FALLS — A CPR class will be offered at 4 p.m. Thursday in the doctor's meeting room at MVRMC.

To register, call 737-2007.

Cancer Support Group schedules meeting

TWIN FALLS — The Cancer Support Group will meet at 7 p.m. Thursday at the Cancer Center reception area at MVRMC.

For more information, call 737-2900.

Childbirth class on tap at TF hospital

TWIN FALLS — A cesarean childbirth class will be offered at 7 p.m. Thursday in the Education Center at MVRMC.

Pre-registration is not required.

CPR course slotted for April 13 in TF

TWIN FALLS — A CPR class will be offered at 4 p.m. April 13 in the doctor's meeting room at MVRMC.

To register, call 737-2007.

Community first aid, safety class offered

TWIN FALLS — A Community First Aid and Safety (infant, child and adult CPR and first aid) nine-hour course will be offered at 6 p.m. April 14 and 15 at the American Red Cross.

Fee is \$40. To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Pre-payment is required for registration in all classes.

more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Pre-payment is required for registration in all classes.

Courses designed to help widows cope

TWIN FALLS — Widowed Information and Consultation Services will begin a series of meetings on Coping with Widowhood from 10 to 11:30 a.m. April 15 at the College of Southern Idaho Office on Aging.

The eight-week series will meet each Wednesday. Through the sessions, widowed persons will receive information and support in dealing with the special problems of being widowed.

For more information or to register, call 736-2122.

American Red Cross sets first aid course

TWIN FALLS — A Community First Aid and Safety (infant, child and adult CPR and first aid) nine-hour course will be offered at 8 a.m. April 18 at the American Red Cross.

Fee is \$40. To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Pre-payment is required for registration in all classes.

Do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

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HEALTH & FASHION

New treatment reduces need for hysterectomy

Three years ago Allyn Mulligan of Huntington, N.Y., then 44, went for a routine physical. During her internal exam, the doctor told her she had a benign fibroid tumor the size of a grapefruit growing on the wall of her uterus.

Although her periods were heavy — which can be a symptom of large or many benign fibroids — the bleeding didn't bother her. And because fibroids, which are growths of muscle and connective tissue in the uterus, are not cancerous, there was no reason to do anything but monitor the benign tumor's growth, Mulligan said.

But within two years, Mulligan said, the fibroid had grown to the size of a melon and was putting pressure on her bladder. Her general practitioner recommended an obstetrician-gynecologist.

"She told me I needed a hysterectomy and, while I was at it, I should have my ovaries out to protect against ovarian cancer. She said I would need to take Lupron (an anti-estrogen drug that shrinks fibroids but also brings on symptoms of menopause) for three months and that I would need a vertical cut down my stomach, because the fibroid was so big. She said I would have to donate blood in case I needed a transfusion," Mulligan said. "I was in shock ... It seemed so drastic given the symptoms, but apparently not at all unusual. Uterine fibroids, as a 1995 article in Harvard Women's Health Watch newsletter put it, are more common than blue eyes. They affect one-fifth to one-fourth of all women under age 50 and half of black women in their 30s and 40s.

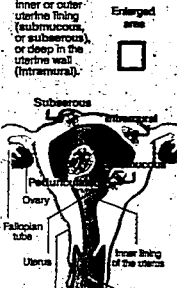
Even though the tumors are benign and often produce no symptoms, they are becoming a reason for undergoing hysterectomies in the United States, accounting for 3 out of every 10 hysterectomies.

Because of this, there has been growing concern that too many hysterectomies are being done unnecessarily, robbing women of their fertility and, some would say, their sense of womanhood. As a result, an alternative operation, a myomectomy, which removes the tumors but leaves the uterus, has come into more prominence.

Removing the uterus removes a woman's chance to have children; there is some data that

A common cause of hysterectomy

Fibroids are benign tumors of the uterus made of muscle held together by fibrous tissue. They may grow on stalks (pedunculated), just below the inner or outer uterine lining (submucosal or subserosal), or deep in the uterine wall (intramural).



Although fibroids usually cause no problems, they can grow very large. About a quarter of women with fibroids suffer bleeding and pain, and may require drugs to shrink tumors or surgery to remove them.

SOURCE: FOR Family Source to Women's Health

4/1/97 CRT Reproduced/STURLING OEN

hysterectomy can also decrease a woman's sexual pleasure, because the uterus is sometimes involved in orgasm.

If the ovaries are also taken out, a woman is plunged into menopause, which can produce hot flashes and other symptoms, and puts her at higher risk for heart disease and osteoporosis.

Many fibroids — like Mulligan's — are only detected during an exam and cause the woman few problems, generally disappearing with menopause.

The American College of Obstetricians and Gynecologists estimates that 60 to 90 percent of fibroids cause no troublesome symptoms.

"The bottom line is: Is the surgery necessary to begin with? That's the primary question," said Dr. Richard U. Levine, vice chairman of obstetrics and gynecology at Columbia-Presbyterian Medical Center in New York City.

Beware dermatologists who push cosmetics

DEAR PAULA: I'm very confused and upset. I went to a new dermatologist, who recommended I try something different in my skin-care routine. I was disappointed to find the receptionist handing me a bag of products as I paid my bill. I thought he'd given me a prescription, but no, he was selling me products.



COSMETICS Q&A
Paula Begoun

Here's what was in the bag: Therapeutic Dermatology Formula Wash-Off Cleansing Lotion and Therapeutic Dermatology Formula AHA Oxy and Acne Solution.

Is this cleanser any better for my oily, blemish-prone skin than the Pond's Foaming Cleanser and Toner I use? How has it been using for over a year now? And the alcohol in the AHA formula worries me. Isn't that a skin irritant that can cause irritation and redness?

I'm trying them, but I'm not happy about it. Do you have a better recommendation? He also suggests that I decrease using the hydrogen peroxide on a cotton ball, which I use as disinfectant since I'm allergic to benzoyl peroxide.

One more point. He asked me to use loose powder, not pressed, with an oil-free foundation. I thought my Maybelline Shine-Free was fine! Do you agree with his advice to me?

DEAR BECKY: It is very tricky for me to find facts with dermatologists for providing products or information that persons that I would never recommend or can't find any substantiation for.

If this is the case you are seeing, I'm not about to tell you to disregard his advice.

I simply don't have enough of your history to understand what he was thinking. I do have strong feelings about the products and advice you were given, but please discuss my ideas with your doctor before you decide to change.

First, I would never recommend the cleanser your doctor sold you. The second ingredient in it is sodium lauryl sulfate (SLS). By most standards that is considered an extremely drying, irritating, and sensitizing cleansing agent. When testing for irritation and skin sensitivities, researchers use SLS as the comparison irritant; reactions are that serious. I absolutely think the Pond's product and Maxfactor Sensitive Skin Cleanser are both, by far, better than the potentially irritating cleanser your dermatologist sold to you. Didn't your doctor look at the ingredients in this product?

In terms of the AHA product, alcohol is absolutely a problem for all skin types. It is drying and irritating, causing more problems than you started out with. It serves no purpose except to help ingredients penetrate better, but risking the skin's health and appearance for better penetration creates problems, not solutions.

Besides, your doctor should know there are excellent AHA products in a water base that completely compromise the health of the skin. Alprino

Hydrox Extra Strength Oil-Free Formula is a great option, for far less money.

I am also baffled by his suggestion that you stop using hydrogen peroxide. If you are allergic to benzoyl peroxide, that doesn't mean 3 percent hydrogen peroxide would automatically be a problem. They are two very different chemicals. However, if you have had a reaction to 3 percent hydrogen peroxide or if you are using some other topical disinfectant, then you should stop using the 3 percent hydrogen peroxide.

I understand your doctor's concern about pressed powder because the waxes that hold it together can be problematic. But why be so sure you won't run into problems from the waxlike ingredients in oil-free foundations is anyone's guess. From my perspective, most loose powders just don't work as well as pressed powder when it comes to adhering to the skin and providing coverage, and those that do provide good coverage cause breakouts.

DEAR PAULA: Last night I purchased an Elizabeth Arden lip pencil with the same name as one I was already using. The salesperson explained that the packaging had changed; Arden no longer makes the Slenderliner in a wood-

en case. She said this is the same one in a plastic case. On comparing it to the one I already had at home, I discovered Arden had changed more than the packaging; they had reduced the amount of the pencil by 75 percent. My wooden "Slenderliner" was 0.04 ounces/1.1 grams, color Berry. The new Lip Definer is 0.009 ounces/0.25 grams, color Berry.

It would take four of the new Lip Definers to equal one Slenderliner. And no, they didn't lower the price. It was still \$12.50. So I now have to spend \$50 to get the amount that was in the other packaging! Meanwhile, the eye pencils are still the same size. Strange, and the saleslady said that no one had noticed this before. I noticed, and thought perhaps you should too.

DEAR NAN: You are a wise, observant consumer, and I thank you very much for the feedback. I didn't notice, but I bet my readers will be glad you let us all know!

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Bantam/Doubleday, \$13.95), a no-nonsense paperback guide to brand-name cosmetics.

Grape juice may thwart blood clots

The Washington Post

Drinking purple grape juice may turn out to be as effective as taking a daily aspirin to prevent the formation of blood clots that can lead to heart attacks.

That's the conclusion suggested by a small, preliminary study reported this week by John D. Folts of the University of Wisconsin Medical School at a meeting of the American College of Cardiology.

Folts, who first showed in animal experiments in 1974 that aspirin can lower the incidence of heart attacks, has been studying substances called flavonoids, present in purple grape juice, tea

and red wine, that reduce the stickiness of platelets (small blood cells that initiate clotting). Researchers believe aspirin's ability to make platelets less sticky is the reason it helps prevent heart attacks.

In the new study, five men and five women drank about two cups of purple grape juice a day for a week. Special blood tests were done to measure platelet aggregation (stickiness) before and during the trial. Grape juice reduced platelet aggregation by an average of 84 percent — a stronger effect than that previously reported for aspirin.

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- Attention Seniors: Do you want to live independently? Call 737-2065 for information about Lifeline, a personal emergency response system.
- Monthly MVRMC Board Meeting • Monday, April 6, 6 p.m., Sage Room of the Education Center.
- Arthritis/Lupus Support Group • Tuesday, April 7, 7 p.m., Doctor's Meeting Room. Kace Kishiyama, M.D. will discuss Depression. For more information call 737-2858.
- Infant CPR Class • Tuesday, April 7, 7-9:30 p.m., Education Center. Pre-registration is not required.
- CPR Class • Thursday, April 9, 4-7 p.m., Doctor's Meeting Room. To register call 737-2007.
- Cancer Support Group • Thursday, April 9, 7-8:30 p.m., Cancer Center Reception Area. For more information call 737-2880.
- Cesarean Childbirth Class • Thursday, April 9, 7-9:30 p.m., Education Center. Pre-registration is not required.
- CPR Class • Monday, April 13, 4-7 p.m., Doctor's Meeting Room. To register call 737-2007.

For additional MVRMC educational offerings call 737-2902. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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Nights of good sleep fade with age

Older people find difficulty in getting the rest they need

Chicago Tribune

CHICAGO — For Rosalind Thurston, 54, sleep isn't what it used to be.

"If I eat too late in the evening, I'll wake up," says Thurston, a nurse and massage therapist. "If I eat peanut butter, I'll wake up with nightmares. If I drink tea with honey, I'll wake up with a headache and not be able to go back to sleep."

"It wasn't that way when I was younger."

If you're moving through your 30s and beyond and noticing that a good night's sleep is getting harder to come by, rest assured that it's probably not your imagination.

"The evidence goes in the direction that older people are less able to sleep as much as they would want and accumulate a sleep debt over time," says Eve Van Cauter, a professor and sleep researcher at the University of Chicago who specializes in the study of sleep and endocrinology.

She brandishes some of the charts and graphs from a recent study that measured the brain waves and other physiological changes in people while they slept.

"We have subjects in this study from ages 18 to 85," she says. "You can see how slow-wave sleep, or deep sleep, the stage that's involved in physical restoration, drops between ages 35 and 45."

"All these people are healthy and self-sufficient and don't take medication. You can see that many have zero minutes of deep sleep. On average, we're looking at 20 minutes of deep sleep in an older person, versus 100 minutes in people of young age."

STRATEGIES

Why we can't sleep

Insomnia is a symptom, not a condition. Problems it can indicate:

- Anxiety and/or depression. Insomnia is a frequent offset of these illnesses.
- Biological clocks that are out of phase. Sleep specialists can help you learn how to fall asleep, wake up at appropriate times.
- Medical problem. If you have insomnia, get a check-up to rule out or treat any illness.

Insomnia's effects

Studies show insomnia is a more likely to suffer these:

- Accidents
- Weakened immune system
- Major depression
- Inability to advance

Seducing sleep

We all suffer occasional sleepless nights that leave us tired and grouchy. But chronic insomnia can have more far-reaching effects. What to do:

- Exercise regularly. Sixty exercises are stimulating, do them early in the day, not before going to bed.
- Practice relaxation techniques, such as stretching and meditation.
- Do away with caffeine. Try soothing herbal teas, such as chamomile.
- Keep a regular sleep schedule.

Getting to sleep

Don't think obsessively about the day's events.

- Exercise regularly. Sixty exercises are stimulating, do them early in the day, not before going to bed.
- Practice relaxation techniques, such as stretching and meditation.
- Do away with caffeine. Try soothing herbal teas, such as chamomile.
- Keep a regular sleep schedule.

For more information, check ASDA's Web site: www.asda.org

Next week: Teens and tobacco

PERSONAL TRAINER

Oh, baby! Exercising during pregnancy

Exercising during pregnancy improves your physical and emotional health, eases labor, reduces stress levels, and keeps your weight under control.

What a relief!
A good exercise program can help relieve:

- Insomnia and fatigue
- Backaches
- Pelvic and rectal pressure
- Constipation
- Leg cramps
- Excessive weight gain
- Swelling of hands and feet
- Varicose veins

Every other day
Regular exercise (at least three times per week) is preferable to intermittent activity. Some basic activities:

- Walking
- Swimming and water aerobics
- Stationary bicycling

Safe and sound
Avoid the following:

- Extreme joint flexion and extension, such as deep knee bends
- Exercises in which you could lose your balance or cause abdominal trauma

Easy does it

- Don't exercise to the point of exhaustion; stop when you feel fatigued.
- Keep cool by drinking plenty of fluids and wearing appropriate clothing.
- Be sure you're eating enough. Pregnancy requires an extra 300 calories a day.

What's up, Doc?

Check with your physician before starting any fitness program. Exercising and call your doctor if you experience:

- Numbness anywhere in your body
- Increased uterine contractions
- Persistent nausea or vomiting
- General swelling or edema
- Dizziness or lightheadedness
- Shortness of breath
- Vaginal bleeding
- Back or hip pain

SOURCES: American College of Obstetrics and Gynecology; American Council on Exercise; National Aids Clearinghouse

She brandishes some of the charts and graphs from a recent study that measured the brain waves and other physiological changes in people while they slept.

Dispatches from the Land of Nod

The recognition that poor sleep is a medical problem that could lead to poor health is a more recent development. University of Chicago sleep expert Eve Van Cauter answered some of the myriad questions about sleep and aging.

Q: Does the decrease of deep sleep as the years pass contribute to the aging process itself?
A: That is one of our major working hypotheses. One of the most obvious ways by which lack of sleep could offset markers of aging is via the important effects of growth hormone release. Growth hormone is partially responsible for the balance between fat tissue and lean tissue in the body. As we age, even if we don't put on weight in pounds, the proportion of fat tissue increases.

Q: Why do some people involuntarily wake up very early in the morning and find it impossible to fall asleep again?
A: It's a common problem among older people who wake up earlier than they would wish and are more tired early in the morning. The reason why sleep cannot be prolonged very well in the morning is thought to be related to the circadian "clock" we have in our brain that tells us the time of day. Somehow it looks like in aging, the rigging of that "clock" is too loud to permit us to continue to sleep.

Q: Some people boast that they only need four or five hours of sleep a night. Could that be possible?
A: It seems that there are true short sleepers, people who can function normally on five hours of sleep a

night. But you will notice that a lot of people who like to sleep only five hours a night are unable to watch two minutes of television or listen to a seminar for more than a few minutes without falling asleep. These are people who impose on themselves a lot of sleep curtailment and try to recover the sleep debt at every possible moment.

We have done a study here where we curtailed sleep in normal young people for four hours a night over six nights, and then we let them extend their sleep for 12 hours a night over six nights.

We measured their brain waves in the daytime, and you don't even need any analysis to see how differently the brain functions when it is tired and when it is not tired. They're totally different.

Reliving bad times may help

The Washington Post

In one experiment, 20 people were asked to do arithmetic exercises in their heads — and then interrupted and prodded to work faster. Their blood pressure rose significantly during the experience.

Half the group were asked to recall the annoying experience after 20 minutes, and the other half were asked to do so a week later. In both groups, reliving the experience caused blood pressure to rise equally — by about half of the original increase.

The group that mentally relived the experience within 20 minutes was also asked to return a week later and go through the same-recollection a second time. This time, their blood pressure did not increase.

Mentally reliving a stressful experience can briefly raise a person's blood pressure, but it may soften the emotional pain in the long run, new research suggests.

The findings suggest that by forcing themselves to think vividly about recent painful experiences, such as being insulted by a stranger, people may be able to make them less emotionally distressing.

A team of psychologists from the University of California at San Diego and Cornell University Medical Center reported its findings last week at the annual meeting of the Society of Behavioral Medicine.

Study links history, prostate cancer

Los Angeles Times

Prostate cancer sufferers who have a family history of the disease are more likely to have a relapse and more likely to die from the disease than are men without a family history, according to Dr. Patrick Kupelian of the Cleveland Clinic Foundation in Ohio.

Men with such a history — either a father or a brother with prostate cancer — should undergo screening at an earlier age and, when a tumor is detected, should be treated more aggressively, he told an American Cancer Society briefing for reporters in Newport Beach, Calif., last week.

Prostate cancer will strike an estimated 184,500 American men this year, with an expected 39,200 deaths, making it second only to lung cancer as a cause of cancer deaths among men.

Kupelian studied 720 men who had undergone a prostatectomy between 1987 and 1996. Five years after their operations, 64 percent of those with a family history of prostate cancer had suffered a relapse, compared with only 46 percent of those without a family history.

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HAVING YOUR WAY

QUESTION: Does everyone need a will or trust?

Dennis S. Voorhes

No. Only those people who want a say in where their property goes at death need a will or trust.

Most people give little serious thought to making a will or trust until they reach middle age or have acquired more than what they consider is a modest estate.

The primary motive for people in their 20's or 30's to have a will drawn is to assure guardian designations for their minor children in the event of untimely parental death.

People approaching retirement or involved in a deceased parent's estate are more likely to recognize the desirability of having a direct say in how and to whom their property passes.

A lifetime is spent acquiring and enhancing an estate. Planning and documenting the transfer to a spouse or the next generation should not be left to chance.

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HEALTH & FASHION

My golf tournament - complete with killer ducks

I imagine you sports fans are dying to learn the results of my golf tournament.

That is correct: I have a golf tournament. It used to be that you had to be a major star such as a Bob Hope or a Moammar Gadhafi to have one, but now anybody can. It has reached the point where, if you apply for a credit card, the first two blanks on the application are "Your Name" and "Name of Your Golf Tournament."

One is "The Dave Barry Classic," and it attempts to raise money for the American Red Cross. I'm a fan of the Red Cross, because after Hurricane Andrew devastated South Florida, the Red Cross provided us with the one thing we most desperately needed: showers. This was a godsend, because after a few days without clean plumbing, we all smelled like Eau de Athletic Sufferer.

And so when the local Red Cross chapter asked me if I'd host a golf tournament, my answer, without any hesitation, was: "I don't play golf." This is true. I don't have anything against golf; it's just that, if I'm going to play a sport, I want one that provides more aerobic benefits, such as "Rock, Paper, Scissors."

But I told the Red Cross people that the tournament anyway, because I sincerely believe in "giving something back" to the community. Plus they said there would be beer.

The Dave Barry Classic was held at Doral Park, which is a residential golfing community catering to people who enjoy combining the pleasure of living in attractive homes with the pleasure never knowing exactly when a small, hard, white sphere will penetrate your recreation room traveling upward of 140 miles per hour. This happens routinely because golfers, despite



HUMOR
Dave Barry

the fact that they are using expensive, modern golf clubs made from space-age materials and engineered to tolerances of thousandths of an inch, have absolutely no idea what the golf ball is going to do once they hit it.

I say this after spending a day observing the golfers in my tournament. These were mostly middle-aged business guys who had come out because they truly believe in the idea of the Red Cross, especially the ideal of holding a golf tournament on a Friday afternoon.

I would love to stay in the office wearing a tie and talking on the phone with boring people I dislike, they probably told their business associates, "but I have an obligation to the Red Cross."

"In addition to the business guys, we had some big celebrities on hand. I do not mean "big" in the sense of "famous"; I mean "big" in the sense of "junior high school." For example, one celebrity was Charles "Gator" Bennett, a former defensive lineman with the Miami Dolphins. As on your "Gator" playfully put his arm, which is the size of Keanu Reeves, around my neck, thereby playfully shoving my teeth for what at the time he seemed like a second, but which in fact, as I look back on it, was probably only about 45 minutes. This is exactly why I hated my class. I was afraid that "Gator" would decide to snap me with a towel, and I would never walk again.

Not that I felt much safer on the golf course. For one thing, there were the killer ducks. The Doral Park course has a large colony of ducks that, after years of eating food dropped by golfers, have become large and aggressive. If you stop your golf cart, they surround you, dozens of them, pretty much demanding that you give them something to eat.

"We can peck you to death," is their unmistakable message, "and the authorities will do nothing to us, because we are ducks."

More than one I found myself stopping on the accelerator and rocketing away at top golf-cart speed ("mosey"), with a herd of irate ducks waddling after me, like a terrifying scene from a Steven Spielberg movie called "Jurassic Duck."

But the scariest phenomenon on the golf course, as I noted earlier, is the golfers. Basically, every time they hit the ball, they go through two distinct phases:

PHASE ONE — They are a foursome of serious, middle-aged accounts, bankers, lawyers, doctors, etc., gathering around a golf ball, studying it intensely, as though it were an unexploded terrorist bomb. Then one of them takes a club, stands over the ball, waggles his hand around, hauls off and hits the ball, which leads to

golfers instantly transform into lunatics, gyrating their bodies and screaming contradictory instructions at the ball ("Stay up!" "Get down!" "Stay down!" "Get up!"). They sound like the deranged homeless people you sometimes see shouting on city streets, the difference being that, at least some of the time, somebody might be listening to the deranged homeless people, whereas the ball never listens to the golfers. It goes wherever it wants, laughing the laugh of the truly carefree.

So what with the golfers and "Gator" and the gangsta ducks, it was a scary day out there on the "links." But I'm pleased to report that we got through.

The Dave Barry Classic without any unnecessary deaths, although as of this morning there still were several tee shots that had not yet returned to Earth, so if you live within 250 miles of Miami, you are advised to cover under your bed until further notice.

And if, God forbid, something bad should happen, you may rest assured that the Red Cross will be there for you.

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

Varicose veins may not pose risk

Knight Ridder News Service
KANSAS CITY, Mo. — If you have bulging varicose veins and worry the inflammation will lead to serious health problems — such as blood clots that could affect your heart, lungs or brain — relax. Bulging veins may look unattractive, but in the absence of other symptoms, doctors say, you may safely choose to leave them alone.

One such doctor is Federico Gonzalez, a plastic surgeon at the University of Kansas Medical Center with expertise in venous surgery.

"Blood clots that may develop, develop in the deep veins and not the superficial ones (involved in varicose veins)," Gonzalez said. "For the most part, varicose veins don't cause any problems in and of themselves."

Other symptoms, however,

including pain, chronic leg fatigue or swelling, could signal more serious health problems. If you are experiencing such symptoms, or if the presence of varicose veins upsets you, doctors say, you should seek treatment.

Treatment prevents symptoms from worsening, and for many improves quality of life. Insurance often covers the cost of treatment for varicose veins as long as it is medically necessary. Cosmetic treatment is typically not covered.

Varicose veins tend to run in families, and anything that increases venous pressure in the legs makes them worse. The condition — which is more common in women, but also occurs in men — results when faulty valves that don't shut properly inside a vein allow blood to flow backward toward the feet instead of forward toward the heart.

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Hypnosis relieves bowel syndrome

NORFOLK, Va. (AP) — A clinical psychologist is experimenting with hypnosis to alleviate a painful gastrointestinal disorder that affects nearly one out of 10 Americans but is rarely discussed because of its embarrassing nature.

The disorder is irritable bowel syndrome, which is characterized by abdominal pain and diarrhea and/or constipation.

IBS commonly is managed by a high-fiber diet or anti-spasmodic medication, but neither treatment works for about 25 percent of patients who have frequent, often severe symptoms.

Hypnosis may provide relief for those patients by helping them relax, said Dr. Olafur Palsson, director of the behavioral medicine clinic at Eastern Virginia Medical School and assistant professor of psychiatry and behavioral sciences.

No one knows what causes IBS, but symptoms often first flare up during a period of stress and may

last for years, Palsson said. He has seen patients with such severe, uncontrollable symptoms that they couldn't hold a job.

"This is not a trivial problem," he said. "Half of all visits to gastroenterology specialists are because of this."

Previous studies by Palsson and by researchers in England found that hypnosis improved IBS symptoms in 85 percent to 95 percent of patients. Palsson now is leading a study at EVMS to find out how the treatment works.

He theorizes that the treatment makes the body less reactive to stress and causes it to produce less of a hormone called vasoactive intestinal peptide, or VIP.

VIP inhibits smooth muscle contractions in the colon and produces abnormal levels of the hormone that are associated with severe constipation and diarrhea. Palsson previously noticed that IBS patients had elevated levels of the hormone.

Ted L. Rea M.D., F.A.C.G.
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CROHN'S DISEASE
Is a serious inflammatory bowel disease that invades all layers of the intestinal walls. The disease may develop in both the small and large intestine. It is estimated that as many as 1,000,000 Americans are afflicted with Crohn's. Both males and females are affected equally and most cases are diagnosed before the age of 30.

SYMPTOMS
Abdominal pain and diarrhea associated with fever and rectal bleeding are some of the common symptoms as well as joint pain, lack of appetite, and weight loss. Other symptoms may include strictures of the anal area, fissures (cracks), fistulas (abnormal openings from bowel to skin surface near the anus), and abscesses.

CAUSE
After many years of intense research, the cause of Crohn's disease still remains unknown.

TREATMENT
Several drugs are helpful in controlling Crohn's, but at this time there is no cure for the disease. It's important for the patient to maintain good nutrition and health, with a balanced diet, adequate exercise and a positive, upbeat attitude.

COMPLICATIONS
The most common complication of this disease is obstruction of the intestine. The disease tends to thicken the bowel wall with swelling and fibrous scar tissue, narrowing the passage. The disease also may cause deep ulcer tracts or fistulas. Malnutrition may also occur in some patients.

SUMMARY
With comprehensive medical treatment, the disease can be managed. For a few patients, the course of the disease can be more difficult and complicated, requiring intensive testing and therapy. Surgery sometimes is required. In all cases, follow-up care is essential to treat the disease and, hopefully, prevent or deal with complications that may arise.

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