

GOOD MORNING

WEATHER

Today: Mostly sunny with light breezes.
 Highs in the mid-60s, lows in the mid- to upper 30s.
 Page A2

MAGIC VALLEY

Trapping sediment: North Side Canal Co.'s seasonal ponds clean canal water and host wildlife.
 Page B1

Fee hike: Tonight, you can tell Twin Falls' council what you think of raising Shoshone Falls admission fees.
 Page B1

SPORTS

4 for III: Davis Love III captured his fourth title at the MCI Classic.
 Page B4

3 for 3: Hale Irwin took home his third straight Seniors' Championship trophy.
 Page B5

HEALTH & FASHION



Getting sicker: Hospital-acquired infections are increasing; find out how to protect yourself.
 Page D1

OPINION

Charity: The Gores weren't much on the going last year.
 Page A6

WORLD

Fighting king: African royalty tries to keep his kingdom from crumbling in the modern world.
 Page A7

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The insanity of crank

'Any fool can make it'

By Kent McCleary
 Times-News writer

TWIN FALLS — Methamphetamine is as easy to get as alcohol, narcotics investigators say.

But what is it? Meth, or crank or tweak, is a chemically produced stimulant. Its popularity appears to be soaring in the Magic Valley, but it's nothing new, even to Twin Falls.

"All crank is, is speed. Remember the old 'speed-heads?' In the '60s we called them speed freaks. The kids call them t w e a k e r s now," said Twin Falls drug counselor Brent Cunningham.

The difference is modern-day crank is many times more potent than speed ever was, Cunningham said. Narcotics agents say the drug, especially the newest recipes, can make users violent and extremely paranoid.

Meth can be produced relatively easily in a kitchen sink with a few bottles and from ingredients available in a department store. That's why crank is so readily available and inexpensive.

A quarter-gram — enough for users to get high up to four times — costs \$20 to \$25 locally. Recipes for crank manufacture are available on the Internet, as are books with detailed instructions on "cooking" the drug. A browser search can find plenty of postings from groups fighting the crank epidemic — and postings from Internet chemists debating and debunking various crank recipes.

Twin Falls County sheriff's deputies



Above: Brent Cunningham says more and more of his practice is taken up with counseling troubled teens who have run afoul of the law. He runs a support group at the Boise River Juvenile Detention Center for youths with drug abuse problems. Below: As part of his therapy, Cunningham teaches relaxation and stress management techniques.

Meth
 A Times-News Series
The Magic Valley's new drug war

have recovered handwritten recipes circulating among jail inmates, a narcotics investigator said. Methamphetamine hydrochloride, the solid form of meth, is available as a controlled pharmaceutical under the trade name Desoxy. One of the more common bases for methamphetamine is ephedrine, a form of which, pseudoephedrine, is used in some

Please see CRANK, Page A2



A time to heal: A father remembers a life cut short

Memorial helps grieving father get over loss of child

By Brian Hayes
 Times-News writer

TWIN FALLS — Cooper Addey waited impatiently for his dad on the church lawn.

When Rusty Addey finally arrived, the 2-year-old jumped into his arms. His dad kissed him on the cheek.

The bond between Rusty Addey and Cooper is a bond Rusty Addey never had a chance to forge with his youngest son, Canaan Reign Barnett, who was 5 weeks old when he died March 28.

Rusty Addey never had a chance to say goodbye to his son. At a memorial service at Community Christian Church Sunday, he remembered the child he hardly had a chance to know.

"I wish I had some good memories of him, but I don't," Rusty Addey said, his

voice cracking. "I only saw him three times."

"I don't have any pictures, but he lives in my heart." Canaan's stepfather, Michael Grissom, faces second-degree murder charges in connection with Canaan's death; Canaan's mother, Cynthia Grissom, has been charged as an accessory to second-degree murder. Both face April 28 preliminary hearings.

Rusty Addey described how he was

'I wish I had some good memories of him, but I don't. I only saw him three times. I don't have any pictures, but he lives in my heart.'

— Rusty Addey, father of infant victim

afraid to touch Canaan when he was born. But when he held him, there was "no better high," he said.

Five weeks later, Rusty Addey felt the worst pain of his 31-year-old life. That was when his 14-year-old daughter called to tell him Canaan was dead.

"My son was totally innocent the day he

was born, and he was totally innocent the day he died," Rusty Addey said.

After Canaan's death, Rusty Addey spent many hours crying alone in bed. Then he realized his son was in heaven and in peace. That realization has helped him deal with his pain and anger.

Pastor Bob Adams said it's natural to be angry, but holding in that anger does more harm than good.

"It's easy in situations like this to carry anger, but that kind of anger only destroys," Adams said. "... It's important to release the anger within."

An anger management class that Rusty Addey started before Canaan's death has helped him deal with his anger.

With the support of his family and friends, Rusty Addey said he is getting better. But he said he still has a way to go.

"This (memorial) is the start of my healing," he said, with Cooper clinging to his side. "There's a lot more grief to go through. I'm human like everybody else. But I have peace of mind now."

Times-News staff writer Brian Hayes can be reached at 733-0931, Ext. 238.

Clinton, leaders set date for trade negotiations

The Associated Press

SANTIAGO, Chile — Leaders of the Western Hemisphere's 34 democracy overlooked political and economic uncertainties Sunday and forged ahead with a bold plan for hemispheric duty-free trade by 2005. They directed negotiations for begin in September.

The talks will start in Miami and finish in Mexico City.

Here in First lady in Chile — A-8

Santiago the ground has been broken for the largest free trade area in history, Chilean President Eduardo Frei told the concluding summit session. The combined economies total \$9 trillion and encompass nearly 900 million people.

The assembled leaders, at the second Summit of the Americas, called for specific accomplishments, such as standardized customs forms, as early as 2000.

Please see TRADE, Page A2

LDS church official advises area faithful to put trust in God

By Pat Marcantonio
 Times-News writer

TWIN FALLS — A top leader of the Church of Jesus Christ of Latter-day Saints advised area members to anchor themselves in God to see them through

life's challenges.

Elder M. Russell Ballard, a member of the Quorum of Twelve Apostles, spoke Sunday to an estimated 4,900 people attending the Jerome, Spokane Conference.

The conference of the Jerome, Wendell

and Carey stakes, or geographical units of the church, was held in a packed CSI gymnasium. People also watched the event televised on a large screen in the Fine Arts Auditorium, also full, and at a stake center on Harrison Street.

Church president, Gordon B. Hinckley,

87, had been scheduled to speak but cancelled because he was recovering from a cold.

Ballard told church members that putting trust in the Lord will help them

Please see CHURCH, Page A2

THE REGION

Comas Prairie

High: 59 Low: 26
Wet/sunny conditions continuing through Tuesday.

Beacon Valley

High: 69 Low: 43
Mostly sunny conditions continuing through Tuesday.

Sawtooth Mountains/Wood River Valley

High: 59 Low: 22
Mostly sunny conditions continuing through Tuesday.

Eastern Idaho

High: 62 Low: 30
Sunny with variable winds 5 to 10 mph. Clear skies tonight. Sunny Tuesday.

Northern Idaho

High: 66 Low: 30
Mostly sunny and warmer. Southeast winds 5 to 10 mph. Mostly clear tonight. Mostly sunny Tuesday.

Northern Utah

High: 65 Low: 40
Partly cloudy but becoming near tonight. Mostly sunny and warmer Tuesday.

Northern Nevada

High: 70 Low: 30
Mostly sunny and warmer. Partly cloudy tonight. Mostly sunny and warmer Tuesday.

MAGIC VALLEY FIVE-DAY FORECAST

Today

High: 66 Low: 34
Mostly sunny with light breezes.

Tuesday

High: 71 Low: 38
Mostly sunny.

Wednesday

High: 70 Low: 40
Mostly sunny.

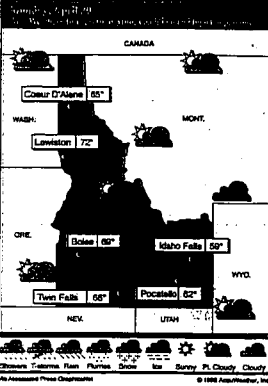
Thursday

High: 70 Low: 40
Mostly sunny.

Friday

High: 70 Low: 40
Partly cloudy.

IDAHO Weather



LIV INDEX

Forest lands: No report available for today. Range lands: No report available for today.

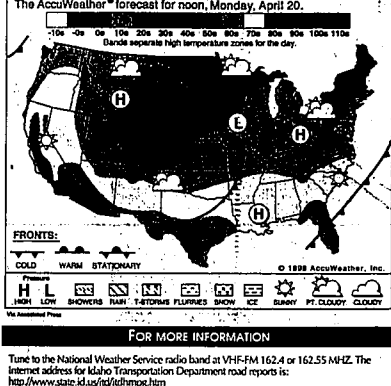
FIRE DANGER

Forest lands: No report available for today. Range lands: No report available for today.

SKYWATCH

Sunset today 8:25 p.m. Sunrise tomorrow 6:48 a.m. Lunar phase: First quarter, April 19; new, April 25; first quarter, May 1; full, May 11. Visible planets: Morning: Jupiter, Venus. Evening: None.

NATIONAL Weather



ACROSS THE NATION

Idaho: A weak weather disturbance moving across the Gem state Sunday was accompanied by mostly sunny skies at many locations and warmer temperatures. The weak disturbance did bring some widely scattered showers to southwest Idaho and snow to Mullan Falls in the afternoon. The weak weather disturbance was to exit the Gem state in the evening, following a ridge of high pressure moving into the state from the west. This ridge will bring mostly sunny skies and warmer temperatures to many locations across the state.

YESTERDAY'S WEATHER

Table with columns for Twin Falls, Idaho, and National High/Lows. Includes precipitation and temperature data for various locations.

The Nation

Table listing weather conditions for various US cities including Albuquerque, Atlanta, Boston, Chicago, Dallas, Denver, Detroit, Houston, Indianapolis, Las Vegas, Los Angeles, Miami, Milwaukee, Minneapolis, New Orleans, New York, Phoenix, Portland, Reno, Salt Lake City, San Francisco, Seattle, Spokane, and Washington.

Lawyer: Suicide confirms U.S. suspect was ill

WASHINGTON (AP) — The jail house suicide of murder suspect Aaron Needle, whose co-defendant is fighting extradition from Israel, "confirms he was a seriously ill young man," one of his defense attorneys said. "My client was troubled about the allegations against him, and the actions he took confirm he was a seriously ill young man," said Michael Satham.

Michael Satham, "This is a tragic and devastating death. To me, anyone who commits suicide is a troubled individual." Satham was scheduled to represent Needle, 16, Monday in newly Montgomery County (Md.) Circuit Court in the murder and dismemberment of Alfredo Tello Jr., last September. State's Attorney Robert Dean said Saturday

night that the suicide did not affect efforts to get Needle's co-defendant, Samuel Sheinbein, extradited from Israel and tried on a murder charge in Maryland. Sheinbein left abroad shortly after the murder. In Israel, Sheinbein's attorney, David Lidar, said he would have no comment on Needle's suicide.

Plane carrying drugs crashes after being followed by customs

DETROIT (AP) — A small plane loaded with marijuana crashed in a baseball field Sunday night after being followed by Customs Service planes for about 1,500 miles. Rescuers ran to help, but some flew with bundles of drugs while the pilot was dying, witnesses said. Three Customs planes started following the aircraft — carrying 300 pounds of marijuana — near El Paso, Texas, Fire Chief Lee Moore said. The pilot apparently ran low on fuel before crashing on Detroit's west side. Customs officials often follow planes near the U.S. and Mexican border, Moore said he believes

the pilot, realizing he was being followed, was trying to escape to Canada. "I'm assuming in his desperation there was an attempt to stop in this field," Moore said. Customs officials did not return phone calls seeking comment. Neighbor Gloria Johnson said she heard a loud crash in the field. She said the pilot was still alive when neighbors ran to help. "There were very big bundles of drugs scattered around the plane," Ms. Johnson said. "The bundles of marijuana looked like two big suitcases."

Crank

Crackdown from 31. Crack cocaine, methamphetamine, and other drugs are being seized in large quantities. The FBI is cracking down on these substances.

Meth: The valley's new drug war

Sunday: How methamphetamine users turn to dealing in danger — and the implications of the Magic Valley's growing crack habit. Today: What is crack, how is it made — and why is it dangerous? Tuesday: The crack pipeline, from Magic Valley labs to Mexico. Wednesday: The traffic patrol: the front line in the Magic Valley's new drug war. Thursday: From arrest to conviction: The court system carries out the war against crack. Friday: Probation and parole — how it works, and when it doesn't. Saturday: How one family helped their teen-ager beat substance abuse — and what you can do to fight meth. Federal and state laws control many of the chemicals. However, ingredients such as epinephrine, iodine crystals and red phosphorus are legal to purchase in any amount in Utah. The ingredients and byproducts are nasty enough that labs are considered hazardous waste sites. Police doing lab cleanup must wear protective suits and follow a long list of disposal requirements. The Twin Falls County Sheriff's Department narcotics squad has a three-ring binder

About this series

Methamphetamine is not a new drug, but it is a new drug war. This exploding popularity is putting a strain on courts and police. Its addictive power is creating a cult of users who deal in the drug and feed to support the habit. To look inside the meth problem, The Times-News talked to lawyers, police, counselors, school officials and users. About Gerald Hambrick: A recurring figure in the series is Gerald Hambrick, a Twin Falls man who says he has used and dealt meth for about 10 years, but has never been convicted on a drug charge. Hambrick, now in prison on a probation violation, agreed to discuss his own drug use and dealing as a way of making a clean break with it. If you have questions or comments about the series, call City Editor Kevin Hooten at 233-0951, Ext. 234, or e-mail him at khooten@timesnews.com.

Circulation

Aden Wilson, business manager: Circulation phone lines are open between 7 and 10 a.m. daily. If you can't reach our staff, please call 734-6326. Subscriptions rates: Home delivery (daily and Sunday), \$37.00 per week; Sunday only, \$20.00 per week. Mail delivery (daily and Sunday), \$37.00 per week; Sunday only, \$20.00 per week. Single copies: 50¢.

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734-6326. Lottery Numbers: 2. Weather Forecast: 3. The Information Line is Available 24 Hours a Day!

Trade

Continued from A1. "Our journey from Miami to Santiago was from words to deeds," said President Clinton, who presided over the first summit meeting in Miami in 1994. "Today we launch comprehensive negotiations with a Free Trade Area of the Americas." That's the formal name that has been given to the proposed zone, reaching from Alaska to Cape Horn, where virtually all existing tariffs and duties would be eliminated. Clinton conceded the work would be difficult and said that democracy was still fragile in some parts of the hemisphere. "We must continue to stand fast for democracy — with no holdovers and no backsliders." The accord only made passing reference to the biggest obstacle: Clinton's failure to win fast-track

Church

Continued from A1. face emotional and physical problems. "Do not try to deal with the challenges without being anchored to the master," said Ballard, based in Salt Lake City where the church has its headquarters. His advice to single parents raising children was similar. "You say attached to Lord, Jesus Christ. You look to him, you trust him. Do the best you know how," he said. Ballard told the story of meeting a handicapped young woman, 20, who she left hospital and home care, and asked why God had allowed this to happen. Ballard told her he didn't know why, but that she was beautiful and he had seen her "crippled body," Ballard said. Radiate your spirit and don't give up, he advised her and the church members.

"(God) doesn't give up on us and he doesn't walk away from us and why? Because we are his children," Ballard said. The church leader advised the young people to stand tall in their faith, yet be humble and gentle with nonmembers of the church. "We are different than any other church on the face of the earth," he said. One reason was Joseph Smith, who founded the church in the 1820s. Ballard urged them to respect the story of Smith's story at least twice a year. Another difference is the church's belief that married couples are bound together "for all time and eternity" — not just until death do them part as in other faiths, he said. Ballard also blessed the young people for being the future of the church. Times-News staff writer Pat Marzomano can be reached at 233-0951, Ext. 242.

China releases dissident leader

Wang Dan gains freedom after arrest for commencing pro-democracy activity

BEIJING (AP)—Wang Dan, a leader of the 1989 Tiananmen Square pro-democracy protests in Beijing, arrived in the United States on Sunday after being freed from a Chinese jail.

Wang's release came two months before a planned visit to China by President Clinton. In the past, China has tried to use such releases to improve the atmosphere before high-level contacts, prompting human rights groups to accuse it of playing "change politics."

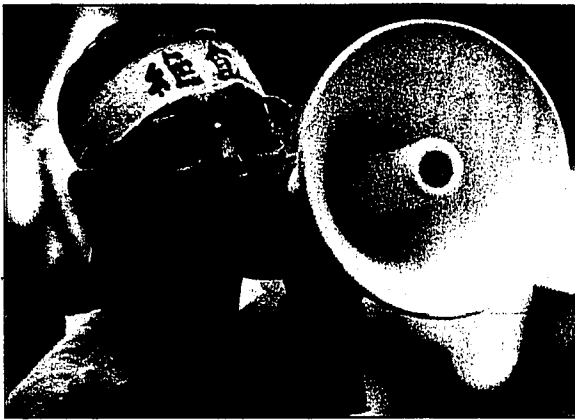
Wang arrived at Detroit Metropolitan Airport on a flight from Beijing shortly before 10 a.m. He was led from the plane into the terminal and was taken away with a police escort.

"It's very welcome news," said White House national security spokesman Eric Rubin, who's with Clinton in Santiago, Chile. "This is something we've raised repeatedly with the Chinese and we consider it a very positive sign."

Former spokesman Mike Conway said Wang was to head to New York from Detroit, but said the deal was how long Wang would be in Detroit.

Henry Ford Hospital in Detroit said Wang had arrived at the hospital at 10:45 a.m. and was admitted and was being evaluated. His condition was not immediately reported.

Hospital spokesman Dwight Ingull said Wang walked into the hospital under his own power. It was not immediately



Wang Dan, shown here in May 1989 during a demonstration in Beijing's Tiananmen Square, was released from jail Sunday and flew to the United States for medical treatment, his mother said.



knows whether Wang would be treated and released or admitted overnight.

Wang, 29, is the second leading

Chinese dissident released for medical reasons in the past six months. Wei Jingsheng, the most prominent government critic, was sent to the United States in November.

Such releases suit China's recent policy of encouraging dissidents to leave, in hopes they will lose their political effectiveness in exile.

"It is good news for Wang Dan as an individual, except that once again, it appears to be a release conditional on exile," said Catherine Baber, spokeswoman for Amnesty International in

Hong Kong. The official Xinhua News Agency said Wang was released on medical parole but did not give details. Wang has suffered for months with a throat infection and headaches that his family believes may indicate a brain tumor.

His mother, Wang Linyun, said she saw her son briefly before he boarded the airplane in Beijing.

"He's ill. He looked the same as he has for a while," she said in a telephone interview before he arrived in Detroit.

Kingston leads GOP 'Theme Team' in political jousting

WASHINGTON (AP)— They called them the Theme Team, although some House Democrats say they are more like the Screen Team.

They're the GOP lawmakers who face their Democratic counterparts in a daily game of verbal volleyball that has transformed the House's session-opening ritual of one-minute speeches into a loud, partisan, and often-humorous morning debate.

"We're kind of like gladiators," said Rep. Jack Kingston of Georgia, who took over the GOP Theme Team a year ago. "We come down here, we debate and we have fun. But that doesn't mean we agree."

One-minute speeches once were a truly random expression of the

daily mood of the 435-member House. Lawmakers used them to comment on headlines, praise the local sports team or push a pet piece of legislation.

But all that changed after the House started televising each session. Now, Democrats and Republicans organize their speeches, often on a daily message and even in the case of Republicans give them prepared speeches to deliver.

"If we're an across-the-board Medicare reform or whatever, I don't want any congressman of the local basketball team," said Kingston, who has an aide who works full-time crafting one-minute speeches for Theme Teams.

Shooter kills 1, wounds 6 in Florida

DAYTONA BEACH, Fla. (AP)— Police traded shots with a gunman early Sunday on a street crowded with young people visiting this beach community for College Ration week-end.

The gunman was killed and four officers and two bystanders were injured.

The shootings occurred outside a restaurant in an area jammed with people coming out of nightspots on one of Daytona Beach's busiest weekends of the year.

"It's about midnight, and that's a high-traffic area," said police Sgt. Clem Malik. "The area was really going at that time."

Two officers were exchanging the sun off the street when he shot them both in the chest, said police Sgt. Clem Malik. Both officers were wearing bulletproof vests.

In the exchange of gunfire, two other officers also were shot. Two bystanders were injured, one by flying glass and one by either glass or trampled feet.

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Note may have been written to mislead Ramsey investigators

BOULDER, Colo. (AP)— The note on which Ramsey's arrest was based may be contained in 430 words of small, sometimes slinky script that two experts suggest were written to those investigators.

As the investigation winds down, had leads unraveled a grand jury, the 212-page ransom note looks like a case of miscommunication.

The note was written by John Ramsey, for instance, when he went to a bathroom storage room and started carrying his daughter's ransom and struggled body.

The note was totally ridiculous from the standpoint of having any sense as a kidnapping note," FBI profiler Robert Resler said. The Associated Press. Police "seized essentially eight hours of critical time in trying this kidnap."

But, said Resler, "yet the person that wrote that note and that person may not have killed [Ramsey], but they certainly know they suppressed."

For that reason, he said, "It's probably the best piece of evidence they have."

Police Chief Mark Beckner, who took over the investigation in October, called the note important but would not say what conclusions authorities have drawn from it.

"Listen Carefully!" the note begins. "We are a group of individuals that represent a small foreign nation. We respect your busi-



JonBenet Ramsey

ness but not the country that it serves. At this time we have your daughter in our possession."

Resler, has assisted with hundreds of investigations, including those of multiple murderers Charles

Manson, Ted Bundy, Jeffrey Dahmer and John Wayne Gacy. Now a private consultant in forensic behavioral science and based in Virginia, Resler said the evidence, including the autopsy, suggests JonBenet was killed accidentally and "an elaborate cover-up was done to divert police away from the crime."

He believes, for instance, that the child was garrotted to divert police from what he believes is the true cause of her death: a blow to the head. The writing of the note, he said, was part of the overall effort to send police astray.

If police had not fallen for the ploy, he said bluntly, the case would now be solved. "They should have immediately started the investigation at another level," he said.

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NATION



A group of American Revolution re-enactors parade to the Paoli Battlefield in Malvern, Pa., Saturday.

Preservationists battle development of war sites

WASHINGTON (AP) — Patrick McGuigan, who manages a Pennsylvania town where British and American troops clashed 221 years ago, is waging a war of his own.

He has 18 months to raise \$2.5 million to buy the Paoli Battlefield, a Revolutionary War site in Malvern, Pa., and save it from the spread of concrete and asphalt that has claimed other historical sites just like it.

"If the sale doesn't go through, we're going to lose a part of our history forever," McGuigan said. "You get one clean shot at something like this. Otherwise, you'll spend the next 100 centuries regretting that it wasn't done."

Interest in battlefield preservation rebounded after Congress spent more than \$118 million in 1988 to protect 558 acres of Civil War grounds in Manassas, Va., from being turned into a shopping center.

The National Park Service's American Battlefield Protection Program was created as a result, and Congress directed it in 1996 to survey Revolutionary War sites for their historic significance. The study has not been completed.

"There are a lot of

(Revolutionary War) battlefields up north that have been developed," said Tanya Costetti, the service's preservation planner. "As each year goes by, we lose a little bit more."

The Park Service said 384 Civil War sites remain fully or partly intact, but that far fewer Revolutionary War grounds exist because many of those battles were fought in Northeastern areas that have been heavily developed. The agency has no official count of Revolutionary War sites.

But efforts to preserve them are ongoing.

In North Carolina, an apartment complex recently sprung up near the Guilford Courthouse National Military Park on a field crossed by British soldiers, said park historian Thomas Baker. Officials are now trying to encourage civic leaders to buy historic lands as they become available.

"The city of Peekskill, N.Y., has delayed a condominium project while it gathers archeological evidence on the historical significance of a site there."

A New Jersey community group received more than \$4 million in state grants and bonds to buy one 300 acres of land where

the June 28, 1778, Battle of Monmouth was fought. The parcels sit on the edge of New York's suburban sprawl.

"The pressure of development is so great that in some instances you're almost forced to preserve the land," said Richard Walling, president of Friends of Monmouth Battlefield.

The Pennsylvania site, where more than 50 Americans died in September 1777 while trying in vain to prevent British capture of nearby Philadelphia, has been owned by the Malvern Preparatory School for 75 years. The private school wants to sell the 40-acre tract of woods and farmland and use the proceeds to expand its endowment, but officials agreed to give the community a chance to buy the land before offering it to developers.

McGuigan's group, the Paoli Battlefield Preservation Fund, has raised more than \$400,000 since April 1997 from the county, businesses and individuals, including \$500 from schoolchildren during a fund-raiser. During ceremonies Saturday, he made a second payment of \$99,000 from the preservation fund to supplement an earlier \$100,000 payment.

Opposition to anti-smoking bill comes from unusual corners

WASHINGTON — When lawmakers return to Washington this week, they will discover that opposition to comprehensive anti-smoking legislation has been steadily building — in some of the most unusual corners.

Constituencies as diverse as butchers, owners of fast-food restaurants and fast-food junkies are preparing an aggressive campaign to revise or kill a national tobacco policy crafted by Sen. John McCain, R-Ariz. In most cases, their objections have little to do with the dangers of smoking. But the alliances signal a new, and potentially deadly, phase for this year's biggest legislative initiative.

The tobacco industry has orchestrated this thing very well," said Bill Novak, a lobbyist for the anti-smoking movement. "Retailers pop up one day, alcohol the next. This is a real grass-roots ruse that will not be lost on members of Congress in an election year."

The National Restaurant Association, part of the network fighting against the tobacco legislation, represents 170,000 eateries. "The best thing about representing restaurants is they're in every district," said an association spokesman, Lee Culppepper, emphasizing his members' close contact with lawmakers.

Though not formally orga-

nized, the loose coalition includes some of Big Tobacco's most reliable partners (bar owners, tobacco growers and convenience store operators) as well as those who seemingly have little in common with the cigarette business (insurance companies, drug stores, anti-tax advocates and the American Civil Liberties Union).

Some object on philosophical grounds, others fear for their own livelihood and many simply worry Congress is heading down a slippery slope. Today, cigarettes. Tomorrow, who knows? After all, one Yale University psychologist waging his own crusade against fatty foods asserted: "To me, there is no difference between Ronald McDonald and Joe Camel."

If McCain and the White House cannot reverse momentum for the \$216 billion plan to discourage smoking, it could die of a thousand tiny cuts.

"If it was solely the American Civil Liberties Union or the pension funds over tobacco stocks, it wouldn't be such a problem for the legislation," said Ross Baker, a congressional scholar at Rutgers University. "But the more diverse the opposition becomes, and particularly the more unconventional the alliances, it usually spells trouble."

After a brief period of detente, cigarette executives resumed hostilities earlier this month.

Teen activist wins environmental prize

Los Angeles Times

Nineteen-year-old Kory Johnson, who was 9 when she founded the activist group Children for Safe Environment, is the North American winner of the prestigious Goldman Environmental Prize, the world's largest award for grassroots environmentalists.

Johnson, a resident of Phoenix, and five other global winners will each receive a "no strings attached" award of \$100,000 at a ceremony Monday at the Clift Hotel in San Francisco.

On the anniversary of the flood, Grand Forks reflects, celebrates

Grand Forks, N.D. — Hell came calling here one year ago today. It came in brown water and red flame, gutted buildings and gouged homes.

And it's still here.

It's in the vacant lots where downtown businesses once thrived, in the neighborhoods where houses' front doors lay on rusted hinges, opening to living rooms dark, cold and abandoned.

It lingers on the strained faces of the folks who live in Grand Forks and East Grand Forks, Minn., and is visible in the way they speak at the Red River of the North, which nearly washed away the two cities last spring.

And it stalks the edges of their conversations, which almost always turn to that early spring morning when the river overwhelmed all their efforts to stop it.

The great flood of '97 destroyed the 47-year-old Cape Cod-style home of Leon Philpot, a coordinator of youth ministries for the Lutheran Church of Eastern North Dakota. Now Philpot, his wife, Karen, and their golden retriever, Yuki, live in a ranch house on the western edge of the river's reach.

"It's been hard," said Philpot, who occasionally drives past the

Those discarded belongings also underscore the most disturbing numbers of all: Some people left and never came back.

old place and looks at it from his van window. Then he paused and smiled. "I guess that's sort of an understatement."

The two cities are rebuilding — with a determination that legal, state and federal officials say underscores the courage and work ethic of a tough people. But there is much still to be done.

According to officials of the Federal Emergency Management Agency, the disaster has cost more than \$1.3 billion in federal, state and local dollars — money spent on everything from tearing down homes to building up self-esteem of those who lost everything.

In downtown Grand Forks, the flood — and the improbable fire that gave the disaster its most lasting imagery — destroyed 11 buildings. Three-quarters of the houses in Grand Forks suffered some sort of damage. In East Grand Forks, only 1 percent of the homes emerged unscathed. In all, more than 1,000 residences are being rebuilt by the govern-

ment so they can be destroyed.

FEMA provided more than 1,200 emergency mobile homes for people who had no place to go. More than 300 families still live in the temporary communities, laid out row by dusty row on fields of black dirt where sugar beets and potatoes grow last year. Their official name: first recovery parks. Everyone calls them FEMA-villes.

Emergency crews picked up more than 75 tons of debris in the months following the flood. Most of it was the stuff that makes a home: baby's first teddy bear, grandma's upright piano, the lumpy old sofa mom and dad conformed to the basement. They formed sorry, soggy humps that lined streets everywhere.

Clumps of discarded belongings also underscore the most disturbing numbers of all: Some people left and never came back.

Analysts earlier this month estimated that Grand Forks had lost 2,000 residents — nearly 4 percent of its 52,500 population. This was hailed as good news; following the flood, there had been predictions of a far higher population loss.

The Grand Forks Herald, applied the analysts' counting methods to East Grand Forks and determined that the community, which had 9,000 residents a year ago, had lost between 1,000 and 1,500 people.

Highway pork on the menu in both houses

WASHINGTON — While Senate leaders say they disapprove of the sort of rampant pork-barrel spending that marks the House-passed version of new federal highway and mass-transit legislation, Republican and Democratic senators will bring plenty of pork of their own to the table when the two sides begin negotiating a compromise bill this week.

The House bill — which earmarks about \$9 billion for 1,457 individual highway, bridge, bike path and economic development projects and another \$9 billion for hundreds of mass transit and bus projects — has drawn strong criticism from House Budget Committee Chairman John R. Kasich, R-Ohio, congressional conservatives and a raft of groups concerned about fiscal discipline.

"The era of big government is not over," John Berthoud of the National Taxpayers Union complained last week of the \$217 billion measure. "The era of really big government is here."

But the slightly less costly Senate version of the legislation, approved early last month with little controversy, includes scores of earmarks or special provisions that would funnel billions of dollars' worth of highway, bridge and mass-transit projects to favored states and special interests.

There is nearly \$1 billion in the bill to develop and construct high-speed magnetic levitation trains throughout the country. State officials and private devel-

opers in Nevada, California, Florida, Maryland and Pennsylvania have expressed interest in the program for developing passenger trains that can travel in excess of 240 mph.

Senate Environment and Public Works Committee Chairman John H. Chafee, R-R.I., added the funds for the project after personally inspecting — and driving — a MAGLEV train in Germany last year, according to an aide.

Sen. Barbara Boxer, D-Calif., inserted language that would make San Mateo County, Calif., eligible to receive emergency funding for a proposed \$146 million highway tunnel project at Devil's Slide.

The bill also contains funding for road construction in and around Yellowstone National Park in Wyoming, and \$72 million to construct a dozen new transportation research centers on college and university campuses to promote different facets of the transportation industry.

Another \$420 million was added for an "Interstate 4R and Bridge Discretionary Program."

According to a Senate aide, that would give states more discretion in spending funds for resurfacing and restoring portions of interstate highways.

Pork-barrel spending — and how much is too much — is among a dozen or so critical issues separating House and Senate transportation committee negotiators as they attempt to iron out a final bill before a May 1 deadline for authorizing new highway projects.

Initial space shuttle experiments go well

The Orlando Sentinel

CAPE CANAVERAL, Fla. — Except for some minor fish-tank problems, the first day of experiments on space shuttle Columbia's brain-research flight went swimmingly Saturday.

Columbia's crew members spent their time trying to capture, how 2,052 animals and seven humans adjusted to their new lack of gravity.

Former Central Floridian Kay Hires, for one, liked it.

"It's actually quite a bit of fun," Hires said in an in-orbit interview with The Orlando Sentinel on Saturday. "The biggest challenge, I think, is controlling your body position, because it tends to move around."

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The Times-News

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Gang members hope to leave past

Doctors remove tattoos using modern laser technology

DELRAY BEACH, Fla. (AP) — Allison breathes deeply, then lets out an explosive as the laser snaps and sparks against her skin.

The laser is vaporizing the pigment left behind when she allowed a gang member to tattoo her — using India ink, a needle and thread — on a playground at her middle school.

For years, the black cross with teardrops on her hand and the cryptic "A" between her breasts have symbolized her ties to a gang, her bad decisions, her delinquency.

"I was horrible," she says, breaking into quiet tears as she recalled being an eighth-grader who hung out with gangs. "I was really disrespectful to my mom. We got in actual fistfights. I would run away from home all the time, wouldn't come home at all time, wouldn't let her know where I was."

There is clear remorse in the voice of this now 17-year-old, who has gone from skipping school every day to earning A's and B's on her report card. Allison, who spoke on condition her surname was not used, longed for a chance to start fresh on a clean slate.

Both literally and symbolically, it led her to Delray Beach plastic surgeon Gary Rosenberg, who has donated his laser skills for the past year to remove the tattoos from dozens of former gang members who have vowed to go the straight and narrow.

Black marks on the fingers, neck and face of former members can scare off potential employers or friends — even if the individual has left the gang

life behind, Rosenberg said. Removing the tattoos can be the last hurdle.

"Also, it's a way to sever the ties," he said. "It's symbolic." An assistant principal at a local high school originally referred the former gang members to Rosenberg. But in September, Rosenberg joined forces with Palm Beach County authorities and local hospitals to launch a one-year pilot program which he hopes will serve as a model for other communities.

The new program has the approval of the court system because all participants must submit to being photographed with their tattoos in case they ever fall back into crime, or gang-related activity, he said.

The procedure, which usually costs from \$1,200 to \$1,600, is free to adolescents 17 or 18 who sign a contract to stay away from gangs, complete their high school education — or if they've already completed it, to go on to college or a job.

The procedure usually takes three to four 15-minute sessions with the laser. And while Rosenberg said the surgery hurts no more than an elastic band snap, some of his patients heard-ily disengage.

Take Jane, the former girlfriend of a gang member who left her an indelible reminder of their relationship; his initials tattooed just above her pubic hair.

"It made me realize what a mistake it was because it doesn't feel too good getting it off," said the 17-year-old woman, who asked that her real name not be used.

Several U.S. cities have well-established gang tattoo removal programs while other areas have doctors, such as Rosenberg, who donate time individually, according to the



Above, Dr. Gary J. Rosenberg uses a laser beam to remove a tattoo between the breasts of Allison, 17, at the Delray Beach Medical Center in Delray Beach Fla. Left, Dr. Scott Brundage performs laser surgery at Butterworth Hospital in Grand Rapids, Mich., to remove a Latin Kings tattoo from the arm of an ex-gang member.

National Society of Plastic and Reconstructive Surgeons.

The association had sought to coordinate all the efforts into a national campaign, but that effort has failed so far because the programs rely so heavily on local support.

Jeffrey Pink, a Phoenix plastic surgeon, has worked with about a dozen doctors to successfully treat 100 children since mid-1994. His program has removed tattoos from children as young as age 8 who have been forcibly marked by older gang-banging

slings.

In his program, which is among the most comprehensive in the country, the children are screened by the courts and psychologists. They're also required to perform 20 hours of community service for each laser treatment.

"This is really the carrot that's kind of held out at the end of the long process," Ptak said.

Such programs are not without risk for the doctors, who often see erasing powerful symbols of death or hatred or violence.

Church holds services in midst of wreckage

NASHVILLE, Tenn. (AP) — Congregations took a break from tornado cleanup Sunday to worship in parking lots, tents and churches damaged by last week's storms.

St. Ann's Episcopal Church, demolished by the tornadoes that killed six people and damaged or destroyed more than 1,600 homes and businesses in Tennessee, confirmed 10 new members in a tent beside the rubble of the 1882 sanctuary.

"That's what this community is all about — birth and rebirth," said Sue Ross, senior warden at the church. "We're about embracing people and we continue in that mission whether the building is here or not."

Light rainfall poured off across much of the state Sunday, easing the threat of flooding, but half a dozen people were evacuated from a campground at Pigeon Forge in the Smoky Mountains when a creek rose out of its banks during the morning.

Flooding in east Tennessee caused by heavy rain that accompanied Thursday's tornadoes killed two women.

Hardest hit by the flooding was the mountainous northeast

corner of the state. In Union County, more than 650 miles of county road were damaged, five homes were destroyed and about 50 homes were damaged, officials said.

Communion at St. Ann's was served from an altar built of bricks and boards salvaged from the church. Worshipers shared hymnals and prayer books dragged out of the wreckage.

A few blocks away at Tulip Street Union Methodist Church, the damaged front wall had been shored up by a volunteer crew from another congregation so the church would be safe to use.

Gaps in the roof were covered with plastic tarpaulins to protect the organ from rain. Church members were still sweeping up debris until just before the service.

Congregations with damaged churches promised to rebuild and welcomed offers of help extended by other churches.

"This used to be a large congregation that started a lot of other churches. Many of them have called and offered to help us rebuild," said Jerry Dorris, a deacon at Russell Street Church of Christ.

Major break occurs in Antarctic ice shelf

The Washington Post

A section of an Antarctic ice shelf as big as the District of Columbia has broken away from the continental ice mass, perhaps in response to decades of gradual warming in the South Polar region.

The break occurred three weeks ago in a segment of the Antarctic Peninsula ice cover known as Larsen B, which is about the size of Connecticut. The area, near the southern tip of South America, is the northernmost of the many floating ice shelves that are usually frozen tight to the continent.

The break may indicate a shaky prognosis for the entire Larsen B formation. "This is the biggest ice shelf yet to be threatened," said Ted Scambos, whose group at the National Snow and Ice Data Center in Boulder, Colo., detected the fracture in satellite images.

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Agent urges healing, progress on 3rd anniversary of bombing

OKLAHOMA CITY (AP) — Michael Hinton grimed and finally succumbed to tears Sunday when the names of his slain co-workers were read aloud at the third anniversary of the federal bombing.

"You have to move on with life, but at the same time, you never forget," the Secret Service agent said.

His relatives, relatives of victims and others gathered Sunday at the site of the Alfred P. Murrah Federal Building, where a truck bomb killed 168 people on April 19, 1995.

Hundreds of people rang small bells after 168 seconds of silence — one second for each of the dead — and placed flowers and mementos on the ground-covered site.

Across the street, a grassy field served as a playground for young Rebecca and Brandon Denny, who were in a second-floor day care center in the federal building when the bomb exploded.

Their father, Jim Denny, said he has an obsessive physical problem that remain for 5-year-old Rebecca, but 6-year-old

Brandon has brain damage and can't do anything with his right hand.

The children still remember being in the "bad building with thunder and fire," Denny said. "But the adults can't talk about it and go on with their lives."

"I think time helps with healing if you use the time well," said Paul Reath, a Veterans Administration psychologist who was in the building at the time of the blast.

President Clinton observed the bombing anniversary by saluting the "courage and resilience" of the people of Oklahoma City.

It was an attack not just on the people, a city, a state, a nation, but on what we stand for, how we govern ourselves and the values we live by," Clinton said in statement from Santiago, where he was attending the Summit of the Americas.

Among those participating in the observance were cast members from the CBS series "Promised Land," who are in Oklahoma City to film scenes for

upcoming episodes and to draw attention to efforts to build a permanent memorial.

Actor Gerald McRaney told the relatives that the bombers failed in their goal of damaging the morale of the American people.

"The people of Oklahoma demonstrated to the world what the United States stands for," McRaney said. "People of every color, ethnicity and religion displayed compassion, sacrifice, courage and love not for notoriety or credit but simply because it needed doing."

"We can never know the terror that you felt," McRaney said. "We can never know the pain of your despair or the heights of your courage. What we can do, what we will do, is to be inspired by you."

Officials of the Oklahoma City National Memorial Foundation said \$11.8 million has been raised for the estimated cost of \$24.1 million for a permanent memorial at the site. Groundbreaking is scheduled for this fall.

Legendary Naval fliers return to Maryland to celebrate glory days

The Washington Post

The pilots returned to the Roost this weekend. Not enough of them to keep Johnny Dolak from fretting about a dying era, but enough to keep the flame burning.

The Roost, a legendary Navy watering hole, stands just down the road from the main gate at Patuxent River Naval Air Station in Maryland that has been bursting with the Right Stuff for the past several days, as two of the most exciting pilots from the golden age of aviation at the Navy base in Southern Maryland, when the first astronauts were being trained and speed records were

being set. But it's an era whose legends are fast fading.

Nobody knows this better than Dolak, the bartender at the Roost, who was working the day it opened in 1947.

In the old days, almost all of the pilots went to the Roost. "If you couldn't go out with the tigers at night and fly with the eagles in the morning, you weren't in," said Dolak; a short, effusive man who works seven days a week despite his 70-something years.

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OTHER VIEWS

When it comes to charity, the Gores look the other way

From the San Jose Mercury News

Al Gore is great at collecting donations — even from Buddhist nuns. He's not so good at giving.

According to the vice president's federal tax returns, the Gores gave \$353 to charity in 1997. They reported \$1,728 in income, and paid \$47,662 in federal taxes.

By contrast, the Clintons donated nearly half their \$569,511 in income — all the after-tax proceeds of Hillary Rodham Clinton's book "It Takes a Village."

Americans give \$120 billion to charity annually. According to a 1996 survey for the Independent Sector, a coalition of non-profit groups, the average household donation is \$1,017, 2.2 percent of total income. Families with incomes over \$100,000 contribute 3.4 percent on average, which would equal \$6,723 for the affluent Gores. And most Ameri-

cans have to pay for their own housing and transportation, unlike the vice president.

The Gores aren't always chintzy. In 1992, they gave \$50,000 to the University of Tennessee for an environmental professorship in honor of the vice president's late sister, plus \$2,558 in other donations. Last year, they donated \$35,530 proceeds from Mrs. Gore's photo book "Picture This."

"This year, the Gores did not have a similar source of income and the charitable contributions reflect that change," Chris Lehane, a Gore spokesperson said.

But even when there's no extra income, most Americans manage to slip \$10 in the collection plate on Sundays, sign up for United Way, write annual checks to favorite charities. They don't wait for a windfall, make a big splash and then forget to keep giving.

Charity should be ordinary.



Al Gore

The Times-News

Stephen Hartgen, Managing Editor
Clark Walworth, Business Manager
Al Gore, Peter Young, Advertising Director
The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth, Steve Crump, Kevin Richert and Gregory Hahn.

LETTERS

Why no citation in cop collision?

I don't know about the rest of you, Eugene Valley, but I am impressed at how quickly the Twin Falls police officer responded to the accident scene on Friday, April 10, at approximately 3 p.m. on Washington Street near North Involving Mr. Blake Dancy. Or, how I see the police officer caused the accident. OK — where?

We taxpayers citizens are so relieved to see there were no injuries or citations. Wait a minute, though. How come John Q. Public gets cited for inattentive driving when there is an accident where he rear-ended another vehicle and his Twin Falls Police officer didn't?

Oh, OK — I see. Perhaps he was an off-duty officer, like The Times-News article stated, who was heading to the Bruce Willis filming to baby-sit, I mean guard the filming, earning up to three times their normal wage. Gotcha!

I did notice, however, on several occasions that these off-duty police officers in Twin Falls city patrol cars (which we taxpayers pay for the gas, the insurance, the vehicles, the patrolman's wages, etc.) sit in while they were on guard duty. So while these off-duty officers are doing up the patrol cars for their use on their own personal time, what, I ask, were the on-duty patrol officers used for patrol cars?

Oh well, guess I shouldn't worry about such silly, insignificant matters. SHARON HARMON Jerome

The Times-News is a good read

The Times-News is a great paper! Thanks for all your hard work!
JES RUDOLPH Eden

Management plan will haunt us

How did a self-appointed committee from the business sector get its hands on \$2,000 taxpayer dollars?

The goal of the group was to promote tourism and enhance businesses along Highway 30.

They hired a consultant planner. To date, he has been paid \$34,982 to hold meetings and push the needed paper to create a land management plan that residents of the affected area are

strongly opposed to.

Does the federal government give money without strings attached to it? Make no mistake, this land management plan will come back to haunt us. Private property owners may feel as though they have won the battle if the draft plan is shunned by county commissions and is not considered for incorporation with county comprehensive plans. But we will have lost the war because the draft plan will still become a final plan. That final plan may lay dormant for a time because of public outcry, but it will be resurrected at an opportune time when opponents have their heads turned.

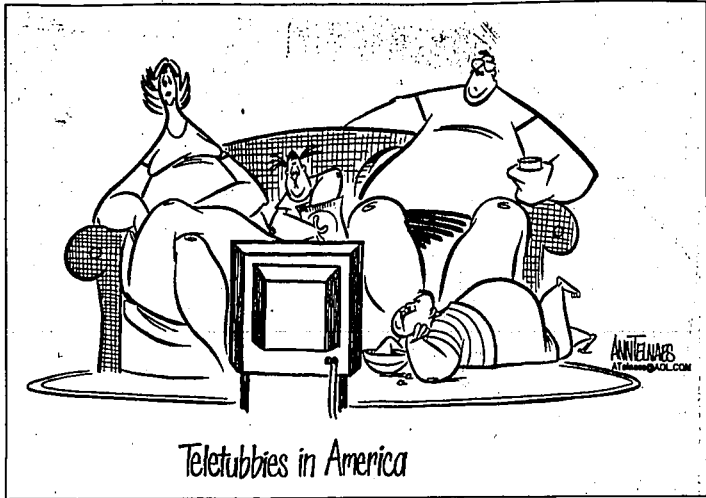
Ask yourself these questions. How can a self-appointed committee use our tax dollars to write a land management plan that a majority of the affected residents oppose? Is it fair that property owners must be continually on guard and responding to these volunteer committees who seem to have ready access to our tax dollars?

Special interests are very effectively using our own money against us by creating volunteer advisory committees that draft rules and regulations. What these committees suggest as "recommendations" that are "voluntary" soon become "policy" that is "mandatory."

We need to stop this plan from going from "voluntary draft" to "final plan." Call the Twin Falls County Commission and ask it to cease all activity on this! It should be considered in violation of the rights of property owners and a waste of taxpayer dollars!

Dennis Maughan is aggressively pursuing this project and deferring all decisions to the "committee." Maybe he should take responsibility for this scheme and put an end to the waste. The "back" has to stop somewhere. Nearly \$35,000 has already gone down the drain.

JOHN OSBORNE Hagerman



Teletubbies in America

LETTERS

United States stands united

History has unfortunately shown us time and again that the reward of being a nation of whites is to become dominated by a more powerful, ruthless country. The dismal future then becomes; you are the helpless victims of murder, plunder, rape and slavery. Several black leaders accompanied by President Clinton, on his recent African trip. They made a great show of visiting the place where blacks were confined for shipment to other nations for slavery. They gave the impression they were trying to keep an ongoing guilt trip active against the white people of our whole nation regarding slavery. Unfortunately, though seldom mentioned, the condemnation should also be shared by the black race, and here's why. During the capturing of these unfortunate people, blacks of other tribes and areas were actively engaged in helping the whites in this deplorable act.

It should be understood that hundreds of years ago, as it is today, black people were at war with each other, nation against nation, and the atrocities are horrible. Consider just four years ago, the Hutus massacred more than 1 million Rwandans with machetes. Such brutality is incomprehensible in civilized societies.

I have yet to read or see from any news source where any black activist has publicly expressed any type of recognition or gratitude for the 600,000 whites who died during the Civil War to gain their freedom. Had the North lost the war, it is reasonable to conclude that slavery would still be a large part of this nation's society. If you disagree, what power would have been left to stop it?

The Civil War stopped slavery about 137 years ago, yet this tragedy of slavery pales in comparison to the slaughter of 6 million Jews just 55 years ago. If not for the efforts of the people of the great nation, it is quite possible we could all be slaves of a tyrannical country.

Let no foreign country make the mistake that just because we are made up of people with white, black, yellow, brown or whatever color of skin that we are not united, one nation under God people.

GLEN CAPPS Jerome

There will be a High Noon Shoot-out

This letter is in response to Shawn Barigar's letter to the editor in The Times-News Wednesday, April 15.

First of all, there will be a High Noon Shoot-out downtown during Western Days. The only reason there was any concern about having this event was in the difficulty to confirm the actors' participation. (That point was made at the Western Days meeting on April 8 that Mr. Barigar referenced.)

Apparently, there was a misunderstanding of what Mr. Barigar heard at

that meeting. We talked later on the phone about the meeting and, who he was called when the high noon shoot-out was confirmed by the actors.

Also, the executive director for Historic Downtown Twin Falls (currently me) works with a promotions committee that has to get final approval for all promotions and events through the board of directors. The promotions committee meets regularly at Kelly's Restaurant on Main Avenue to plot the course of advertising and events for Historic Downtown. These recommendations are then brought before the board of directors for its final decision.

By the way, my participation at Western Days Committee meetings is as the executive director for Historic Downtown, not as a City Council representative.

ELAINE STEELE Twin Falls

Shrink training range site

Saylor Creek Training Range should be reduced. A military regime that takes land from the public for war games is a threat to our safety. The Air Force is preparing to defend the bureaucrats from those who feel the burden of living under an elitist regime.

Don't be fooled by their propaganda. To fear that our national security is threatened is paranoid neo-McCarthyism. Nobody is going to wrestle the cars out of our garages.

The Gulf War was fought for Kuwait in oil and Bush's re-election. War is always a business expenditure.

The "real" war pits multinational megacorporations against wild lands, native peoples and small farms. Two thousand Ogoni tribal members were murdered by Shell Oil-backed Nigerian thugs. Oil is under development. Sept. 4, 1995, 30 Shoshoni were used as "evolver practice" in the Goose Creek Mountains for refusing to have their homeland debased by the cattle industry.

Saylor Creek is business of the United States Corp. Yet this venture takes from us, its stockholders. The money goes to big business and its buddy bureaucrats. Larry Craig is given exceeding rights from one of Idaho's largest private landowners, Boise Cascade.

With Craig in its slush pile, Boise Cascade will be given the right to clear out the largest roadless area in the lower 48. Dick Kempthorne is rushing to get Saylor Creek extended.

To whom is Dick budding up? God only knows how much it costs to run for governor.

A society with integrity cherishes its open and wild places. Teeming with hot springs, white peaks and the cleanest meandering rivers, the Owyhee is a rare, well-watered high desert. With paintings by Shoshoni and Northern Paiute and petroglyphs by earlier peoples, the Greater Owyhee is on par with any national park. The transparent sky and basalt monoliths greet

41,000 people annually. It should be designated wilderness (For a glimpse, browse Russell Hepworth's "Travelers in an Antique Land").

Expanding Saylor Creek would frighten the recreation dollar — along with the big ones — from our home.

There are enough places to bomb. It is laziness that compels the Air Force to want a larger range in Idaho. It is like peeing in your bed rather than walking to the bathroom.

Stop the use of public lands for private gain!
Contact HRU at 343-7481.
ADAM FISH Twin Falls

Ban post-election mud slinging

What is happening to the government of the United States? It is reported to be the best government and nation in the world.

If there must be "mud slinging," let it all be done before election day! After the president is elected and inaugurated and truly the official president, he (either Democrat or Republican) deserves to be respected, supported, appreciated and honored as "chief" by all the citizens as well as he does his official duties long during his term as president.

It is not right to undermine his reputation by allegations, accusations and methods to muddy, blacken, smear and destroy him. How many of our higher government officials maintain a "lily white" mode of personal life aside from their government duties? It should be 100 percent by all people.

Why has that woman demanded \$2 or \$3 million when one simple word, "no," in the beginning (if her accusations have any truth in them) would have nullified the need for the action (takes two to tango), or is there a person or persons back of the situation trying to destroy our nation?

In the March 16, 1998, issue of "Time" magazine, Page 7, Henry Lee of Memphis, Tenn., reported, "The lurid drama of the White House sex scandal is an American tragedy."

Later in the South Idaho Press, April 1, was an article labeled "Conservative Chicagoian says he paid \$80,000 to have dirt of Clinton told."

There are other persons, cults and nations who would like to destroy our government and perhaps even our nation.

The justices of our Supreme court raised the curtain with questionable jurisdiction when men they decreed that presidents can be sued while in office.

Think of the millions of young lives given to preserve our great nation. It behooves every citizen to be 100 percent loyal to our government instead of tearing down the very fabric of its existence just because of dirty politics.

I am proud to be an American. God bless the USA.
ROSA HOLMES Burley

Doonesbury



By Garry Trudeau



Mallard Fillmore



By Bruce Tinsler



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SAVES HIS OFFICE



AT A FUND-RAISER, BUT STOPS



WHEN YOU SAY



WOULD THIS BE



African dynasty fights for survival

900-year-old Mossi finds itself under attack in Burkina Faso

OUAGADOUGOU, Burkina Faso (AP) — As the early morning sun rises over dusty roads, the king emerges from his mud palace wearing scarlet robes and clutching a long sword.

He strides toward a stallion reined in by a young courtier while several noblemen scurry behind. The king is preparing to wage war despite the fears of his followers. "Don't go," the attendants plead in low, melodic voices.

After a short debate, the ruler, the Mogho Naba, reluctantly agrees to abandon his war. After all, he concedes, leaders need to remain alive to serve their people.

It is a centuries-old story, but one that is re-enacted every Friday morning by the Mogho Naba at his palace in Ouagadougou, the shambaling capital of impoverished, windswept Burkina Faso.

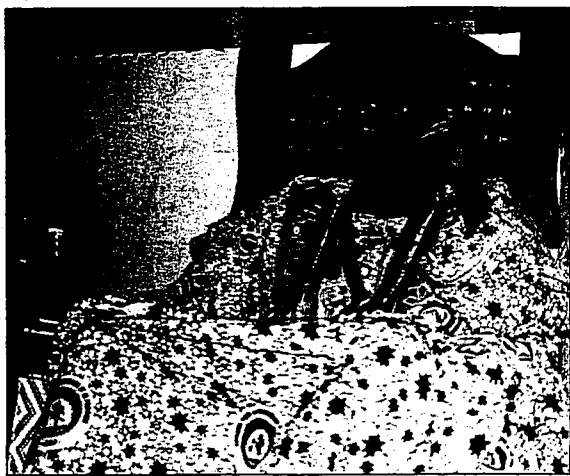
The ritual symbolizes the survival struggle of the 900-year-old Mossi monarchy, which is shared among four kingdoms and is one of Africa's oldest and most resilient dynasties even though the nation is legally a republic.

After braving nearly a millennium of attacks by Arab and Berber armies, white French colonial troops, and modern African dictators, Mossi kings and chiefs now face their toughest foe — modern society.

In the past three decades, Burkina Faso's cities have adopted many trappings of modern life. Growing motorcycles and mopeds have replaced donkey carts. At night, young people fill discos that throb with reggae and dance tunes.

Even people in remote, dusty villages, where living standards remain among the world's lowest, have seen their fields and grow meager crops of millet and sorghum, have been shown a glimpse of the outside world. The government recently began building roads to villages in an bid to restore flagging national spirits.

The Mossi animist religion of worshipping ancestors and offer-



Larie Naba Tigre (Tigre Chief of Larie), a Mossi chief sits on his throne holding his ceremonial sword and talking on his cellular telephone in Ouagadougou, Burkina Faso last February.

ing animal sacrifices has finally begun giving way to Islam after surviving centuries of Muslim conversion attempts.

A Mossi chief, Larie Naba Tigre, believes Islamic beliefs can coexist with animism — the Mogho Naba himself is a Muslim who also performs traditional rites. But the chief complains. "It is unacceptable that some people no longer offer sacrifices to our ancestors."

Despite the waning traditions, and a lack of specified powers under the constitution, the Mossi kings and chiefs retain considerable influence in Burkina Faso's government because of their strong support among the majority Mossi people.

The hereditary Mossi aristocracy also have power to make judicial decisions in their communities and are often consulted by Parliament and the Cabinet. The kings and chiefs have feudal title over significant landholdings.

Colorado, and make up more than half its 10 million people. The Mossi language, More, is the country's predominant tongue.

Like other chiefs and kings, Larie Naba Tigre is a respected figure who holds audience every week with officials and peasants seeking advice on everything from raising livestock to making political decisions.

As he met with a foreign journalist, a throng of followers waited patiently outside, kneeling on hard stone steps. They bowed to the ground when they saw him.

"I consult with my community and find traditional solutions to their problems," the chief said.

Since the 11th century, the Mossi have retained their customs by carefully passing down their history by word of mouth. Tales of the first great Mossi conqueror, the 15th-century Mogho Naba Rawa, are told by fathers to sons.

Opposition puts Latin journalists under fire

The Washington Post

SANTIAGO, Chile — Isabel Chumpeiza, a radio journalist championing the rights of poor farmers in the Peruvian city of Piura, was at home with her family when 12 men stormed in with shotguns and pistols earlier this month.

The assassins, widely believed to be on a mission to silence her popular program "The People's Voice," brutally beat her and shot her to death. Then they tried to rape her mother.

"The reality is that Latin America is still the most dangerous place in the world to be a journalist," said Joel Simon, program coordinator for the Americas for the Committee to Protect Journalists, New York-based advocacy group.

Even as the era of dictators fades into memory in Latin America, human-rights experts say violence and intimidation against journalists remain among the biggest obstacles to strengthening the region's budding democracy.

In light of the extraordinary violence against journalists, some of it linked to governments, President Clinton and leaders of every other nation in the hemisphere except Cuba are sched-

uled to sign an accord Sunday endorsing the creation of a new position of special press advocate at the Organization of American States. The accord will have authority to bring such cases before the Inter-American Court on Human Rights.

The new position, for which the United States will grant \$300,000 in seed money, was approved Saturday after lobbying by Clinton and U.S. officials.

"There are still restrictions (on the press) in Latin America, and there are still crimes of impunity and intimidation that go completely unpunished," said White House aide Sidney Blumenthal. "We hope this new position will be the beginning of real change."

In 1997, 10 journalists, out of 24 worldwide, were killed in Latin America. And more than 100 documented incidents of intimidation and violence were recorded in the region, making it the world's most dangerous for journalists, said the Committee to Protect Journalists. In Colombia, 43 journalists were killed between 1988 and 1997; during the same period, 18 were killed in Peru and 12 in Mexico.

The violence has happened as Latin American journalism has grown more aggressive.

Sudan chief justice: Elderly, women won't face flogging

KHARTOUM, Sudan (AP) — Women and older people will no longer face the punishment of flogging in most cases, Sudan's chief justice has announced.

Obeid Hajj Ali issued the decree Saturday, the progovernment newspaper Alwan said. However, it quoted him as saying that women and people over 60 years of age could face flogging for crimes such as adultery or drinking alcohol, which are forbidden by Islam.

The Sudan Human Rights Organization said in a December statement that Sudanese authorities fined and flogged about 40 Sudanese women who publicly protested the government's policy of sending young men to war zones.

Iran, Iraq plan POW meeting

BAGHDAD, Iraq (AP) — In a new signal that Iran and Iraq are headed for a U-turn in relations, the two countries plan a high-level meeting Monday to discuss freeing all remaining prisoners of war and the fate of missing soldiers.

An Iranian diplomat in Baghdad said his government hopes to resolve the "humanitarian issues" with Iraq, referring to POWs and those missing from the two countries' 1980-1988 war that left more than a million dead or injured.

The meeting follows the biggest prisoner swap since 1990 — more than 5,000 Iraqis and 300 Iranians were exchanged earlier this week. The deal could lead to freedom for many more prisoners, some jailed for up to 18 years.

The thaw in the neighbors' stormy relations began with Iraq's state-run media halting its bitter attacks on Iran after Iranian President Mohammed Khatami took office in August. Iraqi President Saddam Hussein pledged to respond to any step by Iran to normalize ties.

Now, even visits by junior Iranian officials are highlighted by Iraq's official press, and the country's most influential newspaper — owned by Saddam's eldest son, Qadhafi — has repeatedly called for an alliance among Iraq, Iran and Syria.

Blair says critics of Diana grief are snobs

LONDON (AP) — Critics of Britain's outpouring of grief over Princess Diana's death are snobs, Prime Minister Tony Blair said in a TV interview Sunday.

Blair's comments were the latest in a controversy sparked by a new publication by a right-wing think-tank that described Diana as muddled and self-obsessed, and criticized "mob grief" over her death Aug. 31.

"They are perfectly entitled to their view, but I think there is an element of snobbery about it," Blair said in a TV interview Sunday. The "Sentimentalism of Modern Society," which was published Friday.

"Why it is fair just because there happen to be a lot of people in the country who feel like that?"

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WORLD



Mapuche Indian girls dance in First Lady Hillary Rodham Clinton's honor at the Mapuche Culture Center in Temuco, Chile Saturday.

Hillary Clinton visits rural Chile

The Washington Post

TEMUCO, Chile — Up in Santiago, 500 miles to the north, President Clinton and the leaders of 33 other Western Hemisphere nations were signing high-minded proclamations of their commitment to expand education, economic opportunity and access to justice for all their people.

At the same time, outside this drab highland town, First Lady Hillary Rodham Clinton was jolting over a dusty gravel road to visit a rural clinic for the indigenous Mapuche people where conventional medicine is blended with traditional cures.

Despite the difference in setting, both Clintons were promoting the same notions that democracy and prosperity must be built

from the bottom up, as well as from the top down.

That was the theme of the second Summit of the Americas, which ended Sunday, and of all of President Clinton's public statements during his four days in Chile. Largely at Clinton's behest, the summit participants endorsed his premise that democracy means more than elections — it must be reinforced and made permanent through a "second generation" of political, legal and social reforms that give ordinary people a stake in it.

The summit's final declaration, issued Sunday, could have been written by either Clinton. "The strength and meaning of representative democracy lie in the active participation of individuals at all levels of civic life," it said. "The democratic culture must encompass the

entire population."

For the first lady, the trip to Temuco provided an opportunity to practice her husband's policy at the rural level. At a new Mapuche school and cultural center, at the clinic and at a meeting with women who have started modest businesses, she lauded Chile as a model of Latin American reform, where people who once were oppressed now see democracy and education as their keys to a better future.

"During the time of military dictatorships (in Latin America), civil society was largely destroyed," she told reporters aboard her plane. "There was no way for people to claim or enforce any of their rights. Now it's necessary to rebuild civil society," an effort that in her view starts at the grass roots.

Linda McCartney dies of cancer at 56

LONDON (AP) — Linda McCartney, the American pianist, singer and her husband's manager, died of cancer Saturday. She was 56.

Linda McCartney died Friday while on vacation in St. Moritz, Switzerland, her husband said. Her husband and children were with her.

"The blessing was that she died so quickly and she didn't suffer," a statement from Paul McCartney's office said Tuesday. "She had been in the hospital for a few days before her death. Linda and Paul had been horseback riding one of her main passions, the statement said."

The couple announced in December 1995 that Linda had cancer, a vegetable who managed her own meat-free dishes, was being treated for breast cancer.

The treatment at first appeared to be working well, but in March the cancer was found to have spread to her liver, Sunday's statement said.

It said Sir Paul, 55, will issue a statement later in the week and asked that people wanting to send flowers should give a donation to charities involved in cancer research, animal welfare, "or

best of all — the tribute that Linda herself would like best: Go veggie."

Linda Eastman was already acclaimed for her moody, gritty photographs when she married Paul McCartney in 1963. They had three children, Mary, 27, Stella, 25, and James, 13.

The McCartneys largely avoided the celebrity lifestyle and lived quietly in remote homes in southern England and Scotland, saying they wanted a normal upbringing for their children and Heather, Linda McCartney's daughter from her first marriage to geophysicist John McVay See.

Peres, Shamir hold opposing visions for Israel's future

TEL AVIV, Israel (AP) — It all comes down to a simple formula. But whose?

Former prime minister Shimon Peres believes peace is Israel's most pressing need and a price must be paid in land to attain it.

Yitzhak Shamir, Israel's other surviving ex-premier, argues land is the Jewish state's most sacred commodity, and nothing, not even peace, can justify giving up territory.

The views of the two men, who for several years governed together in a rancorous coalition of necessity, mirror the deep divide in Israeli society as the country nears its 50th birthday this month.

Both withdrew from politics after losing national elections. Shamir in 1992 and Peres in 1996 — but still campaign tirelessly for their goals.

Peres, 74, tries to arrange financing for Israeli-Arab joint business ventures. Shamir, 82, lobbies for Hebrew schools in other countries to encourage more Jews to immigrate to Israel.

Welcoming a reporter to his Tel Aviv office, among a vast collection of books and mementos, Peres was busy corresponding with colleagues and working on

projects for his newly established peace center.

"Peace is a must," said the Nobel Peace Prize laureate who still puts in 20-hour days and — with his perfectly combed silver hair and tanned skin — radiates youthful energy.

Israel must withdraw from most of the West Bank and Gaza Strip — home to more than 2.5 million Palestinians and 150,000 Jewish settlers — if it wants to avoid ethnic strife of Bosnian dimensions, he said. Ruling another people violates Jewish beliefs, he added.

"For Israel to remain a Jewish state and a moral state," said Peres, who, while serving as foreign minister under Yitzhak Rabin, negotiated three interim peace accords with the Palestinians between 1993 and 1995.

Under the deal, Israel agreed to redeploy its troops in the West Bank and Gaza to give Yasser Arafat's Palestinian Authority control over an increasing spread of land. The process has ground to a halt since hard-line leader Benjamin Netanyahu came to power in 1996 following Rabin's assassination.

Police: Crocodile lurks in storm drain

BRISBANE, Australia (AP) — A six-foot crocodile has been spotted in a storm water drain near a neighborhood where a teenage girl was mauled in February, police said Sunday.

The crocodile was noticed Saturday on the banks of a drain running off a creek in Westcourt, a suburb of Brisbane, said police Sgt. Trevor Crawford. The animal fled into the drain after a man threw a rock at it, he said.

Department of Environment officers removed another six-foot saltwater crocodile from the same area on Friday.

The big danger is that this drain is close to a heavily populated area and the kids all like playing in the creeks and storm water drains," Crawford said.



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AROUND THE VALLEY

Boys and Girls Club invites public to event

TWIN FALLS - The Boys and Girls Club of Magic Valley will host an open house Tuesday to celebrate the opening of its new clubhouse.
The club is invited to attend the free event from 5 p.m. to 8 p.m.
Cactus Pizzeria is catering the open house. Door prizes will be given away.
The open house coincides with National Boys and Girls Club Week.
The new Magic Valley clubhouse is at the College of Southern Idaho on Frontier Road, next to the National Guard Armory.

Democrats plan caucus meetings across state

TWIN FALLS - Democratic Party caucus meetings are scheduled for 8 p.m. Tuesday across the state so members can plan the party's platform for candidates in the November election.
Meeting spots in south-central Idaho are as follows:
• Obenchain Insurance Building, 264 Main Ave. S., Twin Falls
• Blaine County Senior Citizen Center, 721 Third Ave. S., Hailey
• Jed Bruegger's home, 39 W 200 S., Burley
• Mountain Home High School, all-purpose room, 300 S. 11th East, Mountain Home
• Jerome County Courthouse, 300 North Lincoln, Jerome
• And Miniholka County Courthouse, Judicial Building, 715 G St. Rupert.
Call the state party at 336-1815 for more information.

Microbiology professor will speak at Canyon Springs

TWIN FALLS - A professor conducting research in microbial contamination, such as E. coli, will speak Wednesday in Twin Falls.
Carolyn Bohach, associate professor of microbiology at the University of Idaho, is the speaker at the annual Silver and Gold Celebration of the Magic Valley Chapter of the University of Idaho Alumni Association.
The event will start with a no-host social at 6:30 p.m. at Canyon Springs Park Hotel. Dinner will follow at 7:15 p.m. Cost is \$15, with proceeds going to the Magic Valley Centennial Scholarship Endowment.
For more information or to make a reservation, call Karen Roholt at 733-5825 or Roxie Simcoe 733-5037.

Shoshone council meets Tuesday to adopt ordinance

SHOSHONE - The Shoshone City Council will meet at 6 p.m. Tuesday at 207 S. Rail St. W. to adopt the city's planning and zoning ordinance.
The meeting is open to the public.
Also on the agenda: Joe Atkinson speaking about his water bills; irrigation; "rip-rapping" along the river; and an executive session if needed.

Sun Valley City Council welcomes public to meeting

SUN VALLEY - The City Council will hold a public meeting at 7:22 p.m. Wednesday in the council chambers, and the public is welcome.
The council will hold a public hearing on proposed amendments to residential zoning ordinance.
Also on the agenda: presentation of an outstanding achievement award to the Sun Valley Suns; bid award for 1998 capital improvement project; City Hall lease or purchase of city vehicles; consideration of lawmower and paint stripper purchase for the street department; consideration of a printer purchase for the police department; and a performance evaluation for John Luby.

Legislators hold town meetings, invite questions

KETCHUM - Folks with questions for District 21 legislators will have two more chances to ask Sen. Clint Stenmetz and Reps. Wendy Inquet and Tim Rindinger at a series of forums:
• April 28, at noon at the Senior Center in Shoshone.
• June 10, at noon at Farmhouse Restaurant in Wendell.
• "We try to hold town meetings before the session, as well as hold the video conferences and then the debriefing after we have returned home," Inquet said.
• Constituents are invited. For information, call (800) 626-0471.

Judicial facilities group meets at City Hall at noon

MURLEY - The group working to put together the Cassia County levy for a new judicial building will meet at noon today at the City Council chambers at City Hall.
The public is welcome.
Compiled from staff reports

City holds hearing on falls fee

The Times-News

TWIN FALLS - Tonight's the night for people to tell city leaders what they think of a plan to raise daily admission fees at Shoshone Falls and Dierkes Lake parks.

The City Council will hold a public hearing on the issue at 6 p.m. in City Hall. A sign-language interpreter will be present.

The meeting kicks off at 5 p.m., when the council will ponder a resolution aimed at creating a Business Improvement District for the Old Towne area.

Council meeting starts with consideration of improvement district for Old Towne

The idea is still in its infancy, so the resolution would be a declaration of intent. If the resolution is approved, the council will schedule a public hearing on the idea. If an Old Towne BID is created, it would share an executive director with the downtown BID, known as Historic Downtown Twin Falls.

The fee proposal at Shoshone Falls and Dierkes Lake parks seeks to boost motor-vehicle entry fee from \$2 to \$3.

Four buses would face an increase from \$10 to \$20.

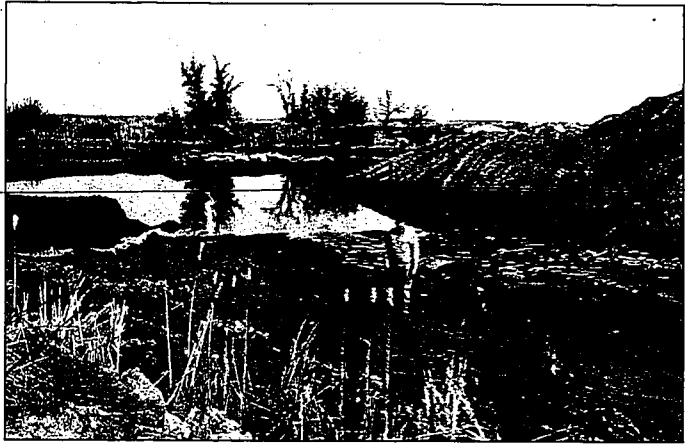
The city's Parks and Recreation Commission had asked for a \$4 motor vehicle fee, but the council scaled it back to \$3. The council scuttled the commission's request to double the cost of season passes and entry-coupon books. The fee-hike proposal has generated opposition from people who insist entry to the two parks should be free. They

point to a 1932 agreement between the former landowner and the city, which provides that entry to the Shoshone Falls be free of charge.

City officials say entry is free to people who walk or ride bicycles, and to anyone with a handicap that confines them to a motor vehicle. Everyone else who enters in a motor vehicle must pay a motor vehicle fee.

Money generated by a fee hike is earmarked for long-delayed improvements at the two parks. Building a better viewing platform over Shoshone Falls tops the list, along with better parking, walking trails and restrooms.

GETTING SETTLED



North Side Canal Co.'s Dennis Heaps visits a company-built seasonal pond on the George Lemmon property in rural Hagerman. In the past four years, the pond has collected 600 tons of sediment that could have gone into the Snake River. Some of the sediment has been removed and stacked on the side.

Seasonal ponds clean canal water

Wildlife find water areas great places to call home

By Steve Koehler
Times-News correspondent

HAGERMAN - The calls of gulls, killdeer, ducks and geese fill the countryside around a pair of newly constructed seasonal ponds overlooking the Snake River southeast of Hagerman.

Already at water's edge at the upper pond, a pair of chattering gulls bob their heads as if approving the North Side Canal Co. project.

Built on state Sen. John Sandy's property, the seasonal ponds, or basins, will cover 50 acres over time. They will help clean up the Snake by removing sediment and nutrients from water before it drains back into the river.

David Carter, a retired soil scientist and former director of the U.S. Department of Agriculture's Agricultural Research Service in Kimberly, said up to 95 percent of canal water sediment settles out in a basin - depending on design and size - because water velocity decreases. The basins also lower the amount of nitrogen and phosphorus in the Snake because these elements are adsorbed on basin-sedi-

About North Side Canal Co.
□ Area covers 170,000 acres of treated north of the Snake River.
□ System stores 1,200 miles of canals and ditches.
□ Water is 95 percent applied by sprinklers. 20 percent by flood irrigation.
□ System also includes Jackson Lake, Wyo., and Paradise and American Falls reservoirs.

ment grains.

About four miles east of Sandy's, a seasonal pond on George Lemmon's property - where a half-dozen great blue-herons were hanging out - has collected 600 tons of sediment in four years.

"This is material that would have gone to the river," said North Side Canal's assistant manager Dennis Heaps.

The company scoops sediment out of basins during the dry season and uses it to improve canal roads and berms, and basin structures.

Sandy's basins also will act like a bladder that regulates canal water flow. Average flow into the basins will be 7 cubic feet per second, but that can jump to 40 cfs when farmers intermittently shut off their water.

"These projects would be prohibitive, cost-wise, if it weren't for people like John Sandy," Heaps said. "We have had tremendous cooperation from landowners."

North Side Canal has constructed 28 basins or basin complexes on its 39 drains returning to the Snake. It plans to complete the rest by the year 2000.

Sandy's basins, like most of North Side Canal's other such projects, were built at company expense on farm ground on which it has free use.

The company also built a basin that doubles as a golf hazard at the Jerome Country Club, and it has constructed basin complexes at the Nature Conservancy's Thousand Springs Preserve and the Idaho Department of Fish and Game's Niagara Springs Wildlife Management Area.

North Side Canal's general manager Ted Diehl said the company began water quality improvement in 1972 when it began constructing basins and modernizing canal water quality.

Since then, especially during the 1950s, numerous industries have contributed to improving Snake River water quality.

Times-News correspondent Steve Koehler can be reached in Wendell at 536-2545.

Fiddlers strike a chord

Some of Idaho's top musicians meet in Buhl

By Virginia S. Garber
Times-News writer

BUHL - An announcement of "The Yellow Rose of Texas" brought low, happy sighs from the crowd. Liding guitars and upturned boots made handy perches for cowboy hats. And the emcee was an accountant in a Western shirt.

At the 38th Annual Idaho Oldtime Fiddlers Contest at Buhl Middle School Saturday, simplicity and tradition were on the program.

Fiddlers from age 5 to 80 played jigs, waltzes, hoedowns, polkas, rags and the like - and "danceability" was one of the requirements. No trick fiddling allowed.

Many participants had family mem-

Please see FIDDLERS, Page B3

Woodwork isn't just for the guys

Class make-up proves carpentry is a better

By Barb Newirth
Times-News correspondent

HAILEY - Wayne Orvik thought his basic carpentry class would mold young men into "real carpenters."

But when the roster for the College of Southern Idaho's extension course came in, he had a class of 30-something and 40-something females and one 60-something male.

"My husband told me I was going to be the only woman in the class and I'd be so embarrassed," said student Kathy Walker of Hailey.

Walker's total experience with carpentry tools consisted of picking up a hammer and nail to hang a picture. She said she had always wanted to learn more, so she signed up despite her husband's warning and soon found there was nothing to be embarrassed about.

Walker was joined by three other women and one man for the six-week course.

"The girls in class are doing very well and I'm proud of all of them," Orvik said.

Having spent more than 25 years in the construction business, Orvik has enjoyed teaching his pupils the skills necessary to feel comfortable, safe and competent around carpentry tools.

"I'll be able to tackle projects now without fear," said Patty DeVirgilius of Ketchum.

DeVirgilius took the class to learn how to do finish work around her home and perhaps make a bookcase or cabinets.

"If you have the proper tools, and if you know how to use the tools, it makes all the difference - it's great," DeVirgilius said.

The beginning carpentry class provides hands-on experience with layout, blueprints, power tools and construction. The students' classroom is the wide-open space near Silver Creek, where the class project is nearly complete.

The students are in the final stages of constructing a gardening shed that measures 8 feet by 12 feet.

All the materials were donated to CSI by Idaho Lumber of Hinkley. The finished shed will be auctioned off, with proceeds going to CSI programs and possibly scholarships, said Joan Davies, director of CSI's Hailey branch.

Wendell students aid Malad Gorge plants

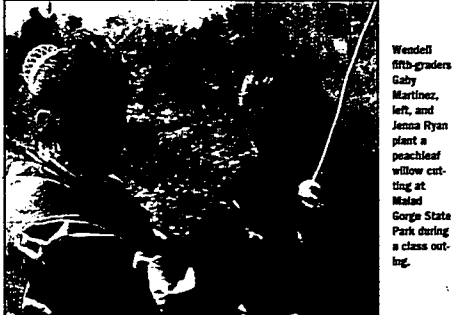
By Gina Mulder
Times-News correspondent

HAGERMAN - Wendell fifth-grade teacher Grace Koehler knows planting seeds of knowledge in young minds sometimes means getting your hands dirty.

And so it was that Koehler, along with 25 students, planted about 60 peachleaf willow cuttings in a boggy area of the Malad Gorge State Park last week.

The day's outing was designed to fuse textbook studies of plant science with the park's Native Plant Restoration Project. Koehler said community-based educational projects help students begin to take pride in their community and in themselves.

"The kids are much less likely to return and vandalize the park if they feel they have some ownership in it," Park Manager Kevin Lynott said. "The more time the children spend here on this type of project, the less time park



Wendell fifth-graders Gaby Martinez, left, and Jenna Ryan plant a peachleaf willow cutting at Malad Gorge State Park during a class outing.

Please see MALAD, Page B3

MAGIC VALLEY/WEST

THIS WEEK AT CSI

The Times-News

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho.

TODAY

Student Senate, 3:15 p.m., Taylor 256.

CSI baseball vs. Salt Lake Community College at 2 p.m. at Frontier Field.

TUESDAY

CSI student awards assembly will be held at 1 p.m. in the Fine Arts Center auditorium.

Opening reception for CSI student art show will be held from 7 to 9 p.m. in the Herrett Center.

Stop Smoking Support Group will meet at 8 p.m. in Shields 112.

Herrett Center "Star Party" will be held at 9 p.m. near the center.

WEDNESDAY

CPA continuing education satellite video conference will be held at 8 a.m. in Taylor 256.

Leadership series "What You See Is What You Get," will be held at 9 a.m. in Taylor 277.

Hospice Foundation teleconference will be held at 11:30 a.m. in Canyon 110.

Week of the Child celebration will be held at 4 p.m. in Aspen 131.

Military testing will be held at 5:30 p.m. in Shields 208.

Twin Falls Police Department benefit concert will be held at 7 p.m. in the gymnasium.

"Tripping Around" will be presented at 8 p.m. in Fine Arts 119.

THURSDAY

Alcoholics Anonymous will meet at noon at the Center for New Directions 118.

Magic Valley Youth Soccer Association coaches will meet at 7 p.m. in Shields 106.

John Michael Talbot concert will be held at 7:45 p.m. in the gymnasium.

"Tripping Around" will be presented at 8 p.m. in Fine Arts 119.

FRIDAY

Scout-O-Rama will be held from 8 a.m. to 6 p.m. in the Expo Center.

Renaissance Fair will be held from noon to 9 p.m. throughout town.

Intermountain Teachers of English to Speakers of Other Languages (TESOL) conference will be held at 5 p.m. in the Meyerhoeffer Building.

CSI baseball vs. North Idaho at 1 p.m. at Frontier Field.

5 p.m. at Frontier Field.

Narcotics Anonymous will meet at 7 p.m. in Desert 112.

"Tripping Around" will be presented at 8 p.m. in Fine Arts 119.

SATURDAY

Scout-O-Rama will be held from 8 a.m. to 6 p.m. in the Expo Center.

TESOL conference continues at 8 a.m. in the Meyerhoeffer Building.

The kvon do regional tournament will be held at 8 a.m. in the gymnasium.

Idaho Personnel Exam will be given at 9 a.m. in Shields 106.

Renaissance Fair continues from noon to 9 p.m. on the campus.

Idaho Operation Lifesaver will be held at 10 a.m. in Aspen 108.

CSI baseball vs. North Idaho at 1 p.m. at Frontier Field.

Just assemblies and comb will present a concert at 7 p.m. in the Fine Arts Center auditorium.

"Tripping Around" will be presented at 8 p.m. in Fine Arts 119.

SUNDAY

CSI spring choral concert will be held at 3 p.m. in the Fine Arts Center auditorium.

Cause of fire bewilders crews

The Times-News

TWIN FALLS - Fire crews say they are stumped by the cause of a house fire Saturday morning.

Three engines from the Twin Falls Fire Department responded to a home at 523 Ash St. at 11:23 p.m. No one was injured, Capt.

Jack Barnes said.

The five members of a family left the home after seeing smoke and hearing the smoke-detector alarm, he said.

When crews arrived, flames had erupted from inside a wall in the living room, Barnes said. The blaze was quickly extinguished,

but the cause was not so easily found and was still under investigation.

Damage was estimated around \$6,500, limited to the living room. But there also was considerable smoke damage to the home, owned by the Idaho Housing Agency, Barnes said.

Liquor consumption rises in Utah

SALT LAKE CITY (AP) - Utah residents are drinking more alcoholic beverages and spending more for fine wines and rare scotches.

While demand for pricier brands reflects a national trend, the growth is especially striking in Utah, which still ranks 50th among the states and the District of Columbia in per-capita consumption of alcohol.

Nearly 70 percent of Utahns are members of The Church of Jesus Christ of Latter-day Saints, which proscribes consumption of alcohol.

Yet, even with relatively few customers for wine and spirits, the state Department of Alcoholic Beverage Control (DABC) has been enjoying healthy sales during the past few years.

DABC Director Ken Wynn sees the growth as a sign of the times. "It's a good economy; people are moving in; and with the announcement of the Olympics, people want to come and see things for themselves," he says.

The state population grew by about 12 percent since 1992, with more than half that growth credited to an influx of more than 100,000 out-of-state residents.

The number of tourists has grown steadily during the same period. Visits by out-of-state travelers edged up 3.3 percent last year in the first three months, according to the Utah Travel Council.

Mark Robbins, general manager of The New Yorker restaurant in downtown Salt Lake City, sees these newcomers and visitors bringing with them a taste for good food and beverages.

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Mark Robbins, general manager of The New Yorker restaurant in downtown Salt Lake City, sees these newcomers and visitors bringing with them a taste for good food and beverages.

"Restaurants are the biggest source of alcohol sales in Utah, he says. "And (the restaurants) are serving more customers."

Utah's growing demand has been everywhere, from individual stores to the DABC's central warehouse in south Salt Lake City.

"It gets bigger and bigger and bigger every year," says DABC Compliance Manager Short, who keeps careful stock of contents

for the department's busy sampling rooms.

Cramped now in its 110,000-square-foot storage and distribution facility, the department is building a new facility on site to transport business with its 1,200 licensees - 450 restaurants, 250 private clubs and 460 beer bars.

The Louisville, Ky.-based, Brown-Forman Corp. has been tracked by the trend keenly and with delight.

Chris Morris, consumer-development manager for the company's "select brands" division, says that 1997 marked the first time in almost two decades that the spirits market did not decline.

Sales for bar scotches that cost about \$15 a fifth have grown by just 1 percent. Meanwhile, sales of good-quality single malt varieties that cost \$35 and more have swelled by 16 percent.

The same trends are evident in Brown-Forman's wine business, where sales of premium domestic vintages are growing twice as fast as those of imported wine.

Mezville, sales of jug wines have declined to 50 percent of the market in 1997 from 70 percent in the market in 1992, while white sales are up about 5 percent overall.

ON THE AGENDA

The Times-News

Following is a list of governmental meetings scheduled this week in the Magic Valley. This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

TODAY

Blaine County commissioners, 8:45 a.m., courthouse.

Bliss School Board, 7:30 p.m., school library.

Buhl City Council, 7 p.m., City Hall.

Burley City Council, 7 p.m., City Hall.

College of Southern Idaho Board of Trustees, 5:30 p.m., board room, Taylor Administration Building.

Gooding City Council, 7 p.m., City Hall.

Jerome School Board, 7 p.m., school district's office.

Jackpot, Nev., Advisory Board, 5:30 p.m., Jackpot Fire Station training room.

Jerome County commissioners, 9 a.m., courthouse.

Ketchum City Council, 6:30 p.m., City Hall.

Twin Falls City Council, 4 p.m. and 6 p.m., City Hall.

Twin Falls County commissioners, 8:30 a.m., courthouse.

TUESDAY

Buhl School Board, 7 p.m., school district office.

College of Southern Idaho Board, 7 p.m., school library.

Filer Planning and Zoning Commission, 8 p.m., City Council chambers.

Hagerman City Council, 7:30 p.m., City Hall.

Hailey Planning and Zoning Commission, 7 p.m., Hailey Town Center.

Jerome City Council, 7 p.m., City Council chambers, 100 E. Ave. A.

Jerome School Board, 7 p.m., Jerome Civil Club Memorial Library.

Magic Valley Regional Airport Advisory Board meeting, 11 a.m., Joslin Room at the airport terminal.

Minidoka County School Board, 7 p.m., school district office in Rupert.

Rupert City Council, 7 p.m., City Hall.

Shoshone City Council, 8 p.m., City Hall.

Twin Falls County commission-

ers, 8:30 a.m., courthouse.

WEDNESDAY

Filer School Board, 7 p.m., Filer Elementary School library.

Glenns Ferry City Council, 7 p.m., City Hall.

Heyburn City Council, 7 p.m., City Hall.

Twin Falls County commissioners, 8:30 a.m., courthouse.

Wendell City Council, 7 p.m., City Hall.

THURSDAY

Bellevue City Council, 7 p.m., City Hall.

Gooding County Memorial Hospital Taxing District, 11 a.m. conference room at the hospital.

Hagerman Chamber of Commerce, noon, Hagerman Senior Center.

South Central Community Action Agency Board of Directors, 7 p.m., Valley Vista Village, 653 Rose St. N., Twin Falls.

Sun Valley City Council, 2 p.m., City Hall.

Twin Falls County commissioners, 8:30 a.m., courthouse.

FRIDAY

Twin Falls County commissioners, 8:30 a.m., courthouse.

Idaho Senator says bill is starting point for measure

LEWISTON (AP) - U.S. Sen. Larry Craig said he would support a bill to increase cigarette prices by \$1.21 per pack by the year 2000 and restrict advertising to reduce the appeal of tobacco products to youth if it is "the final product."

But the Idaho Republican says Senate Commerce Chairman John McCain's bill is only the starting point for a final measure.

The Arizona Republican's bill called for the measure to take effect earlier this month. Craig, the fourth-ranking Senate Republican, said polls show 75 to 80 percent of the American public support Congress to resolve the issue.

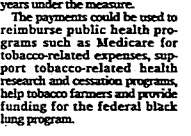
Three thousand teenagers try smoking for the first time each day, he said Friday in Lewiston before a restricted audience at the Republican Party's Lincoln Day dinner.

"Nobody has been saying it is wrong," Craig said, including President Clinton.

"For the president to not say it was wrong is unacceptable," he said. "It is unacceptable for our leaders to be so lax and glib on the issue that is so important to the country."

McCain's bill would increase the price per pack of cigarettes by 68 percent over the next year. Within five years, the cost would increase by \$1.21. The tobacco industry's payments would total \$516 million over 25 years under the measure.

The payments could be used to reimburse public health programs such as Medicare for tobacco-related expenses, support tobacco-related health research and cessation programs, help tobacco farmers and provide funding for the federal black lung program.



Larry Craig

Boise authors find success with self-publishing

BOISE, Idaho (AP) - When outdoorsman Mike Ferguson first had a computer system a couple of years ago, he was disappointed that he could not find a book explaining how to use it.

So Ferguson, chief economist for the state of Idaho, researched, wrote and published one himself.

Now, 10 months after its release, "GPS Land Navigation" is headed for its third printing, has been picked up by two international distributors, and, best of all, it is turning a nice profit. So far, Ferguson has sold 8,000 of the \$20 paperback.

Self-publishing successes like Ferguson's are becoming more common across the country and in Idaho. At a time when many big publishing houses are struggling, independent publishers, some with only one title, are thriving. That is partly because better technology has given anyone with a modern home computer the abil-

ty to publish a high-quality book for just a few thousand dollars.

When I started six years ago, there was an incredible amount of coding required just to put a box in the right-hand corner of a page," said Steve Stuebner, author of "Mountain Biking in Boise" and several other self-published books. "Now, I can draw one with a mouse in 10 seconds."

Stuebner also because readers are hungry for books from independent publishers, many of which focus on local or regional topics that do not interest national publishers.

At least once a week, a customer walks into Borders Books & Music in Boise, looking for a local dining guide, said Sandy Riggs, Borders' local buyer. There is not one. Customers also are clamoring for regional history, biographies, and shopping and outdoor guides.

"There's a big reader demand for these books," Riggs said.

At Borders, at least half of the store's hundreds of local-interest titles come from self-published authors, Riggs said.

Barnes & Noble, the country's biggest book retailer, says sales of books from independent publishers have grown from 26 percent to 54 percent of its sales.

"The general public is buying very specific, targeted niche books," said Jan Nathan, executive director of the California-based Publisher's Marketing Association.

In Idaho, more than two dozen tiny publishers have sprung up over the past decade, Nathan said. And many of their books are being picked up for national distribution.

"We buy quite a few titles out of Idaho," said John Henry, buyer for Partner's West Book Distributors. The Seattle-area company distributes books to Barnes & Noble and other chains.

Matthew H. Rooney of Gooding, 4 p.m. Friday at St. Charles Church in Hailey (Demary's Gooding Chapel).

Marie Norman Norton of Burley, 11 a.m. today at the Payne Memorial Chapel in Burley; friends may call from 10 to 10:45 a.m. today at the funeral chapel.

Mildred Morrill of Portland, Ore., and formerly of Murtaugh, service today at the Chapel of the Seasons, 1515 N.E. 106th Ave. in Portland.

Mary Eliza Coltrin of Sparks, Nev., 1 p.m. Wednesday at the Sparks LDS Church at Rock and McCarran Boulevard; friends may call from 11 a.m. to 12:30 p.m. Wednesday at the church (Walton's Sparks Funeral Home).

Matthew H. Rooney of Gooding, 4 p.m. Friday at St. Charles Church in Hailey (Demary's Gooding Chapel).

DEATH NOTICES

Lynn L. Langdon

BUHL - Lynn L. Langdon, 84, of Buhl, died Sunday, April 19, 1998, at his home.

Arrangements are pending and will be announced by the Farmer Funeral Chapel.

HOSPITALS

MAGIC VALLEY REGIONAL MEMORIAL HOSPITAL

Some names are omitted at patient's request.

Released

Helen Bamesberger of Twin Falls; and Valena Paine of Wendell.

CASSIA REGIONAL MEDICAL CENTER

Some names are omitted at patient's request.

Admitted

Ezra Bailey, Edith Blacker and Ross Jones, all of Burley; Doran Combs, Marie Judd and Olive Strauss, all of Heyburn; David Carter of Rupert; and Alvin Renz of Paul.

Released

Bob Smithie of Burley; Mildred Gorringe of Oakley; and Linda Rusly of Hazelton.

AUCTION CALENDAR

THROUGH MAY 2ND

MONDAY, APRIL 20TH - 5 pm
Biproses Moving Sale - Travel Trailer - Appliances - Household - Twin Falls - Advertisement - April 20
ALL AMERICAN AUCTION CO.

TUESDAY, APRIL 21ST - 5 pm
Household - Tools - Antiques - Consignments Welcome - Jerome - **BLASS AUCTION BARN**

WED. APRIL 22ND - Shelby, ID
Estate - Consignments - Auctioneers - Trucks - Plowing & Harvesting & More - Advertisement - Weekly, April 18 thru 19
PERMIE TIME AUCTIONS

FRIDAY, APRIL 24TH - 1998
Avin Hoffman Estate - Antiques - Burley - Advertisement - April 20
MASTERS AUCTION SERVICE

SATURDAY, APRIL 25TH - 11 am
PUBLIC AUTO AUCTION
Auto's - RV's - Motorcycles - Boats - Equip - Advertisement - April 19 & 20
MASTERS AUCTION SERVICE

SAT. APRIL 25TH - American Falls, ID
Estate - Consignments - Auctioneers - Trucks - Self Unloading Bids - Pickets - ATVs & More - Advertisement - Weekly, April 18 thru 19
PERMIE TIME AUCTIONS

SATURDAY, APRIL 25TH - 1998
Lena Garner - Shop - Equipment - Pool - Advertisement - April 20
MASTERS AUCTION SERVICE

SATURDAY, APRIL 25TH - 10 am
Azzoni Filer Spring Community Auction Vehicles - Farm Equipment - Computers - Office Equipment - Antiques & Misc. - **BUETT'S MOBILE AUCTION**

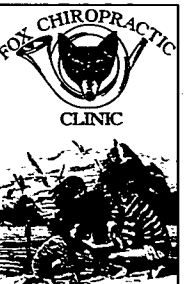
SUNDAY, APRIL 26TH - 5 pm
Motors & Big Motors - Collectible Autos & Cars - Primitives - Coors Pottery - Bellvue - Advertisement - April 20
MASTERS AUCTION SERVICE

MONDAY, APRIL 27TH - 5 pm
Gacy's Restaurant - Building (to be moved) - Equipment - Advertisement - April 24
ALL AMERICAN AUCTION CO.

TUESDAY, APRIL 28TH - 11 am
Barbara Gracie Estate - Tractor - Truck - Farm Machinery - Antiques & Misc. - **WEST AUCTION SERVICE**

THURSDAY, APRIL 30TH - 11 am
K & S Farms - Burley, ID - Advertisement - Weekly, April 19 & 20
MASTERS AUCTION SERVICE

SATURDAY, MAY 2ND - 11 am
Herman Trust Estate - Trucks - Implements - Equipment - Etc. - Nevada - Advertisement - April 30
ALL AMERICAN AUCTION CO.



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Professional women look at heart disease

By Penelope Reedy
Times-News writer

RUPERT — Women and heart disease is the subject of the Business and Professional Women's monthly informational meeting to be held 6 p.m. Wednesday at Canyon Springs Inn in Twin Falls.

"More women die of heart disease than cancer," said Idaho BPW Vice President Linda Osborn, "yet we have the impression it's the other way around."

Eloise Gatchel, manager of cardiac rehabilitation at St. Alphonsus Regional Medical Center in Boise, will speak.

"Most studies about heart disease have centered on men," Gatchel said from Boise recently. "New ones are focusing more on women."

Some of the concerns are the same, Gatchel said, but some are significantly different as well.

"Women are protected by estrogen, so tend to get heart dis-



ease later in life," she said. Gatchel will structure her talk to include questions from the audience.

BPW officers are holding informational meetings in Twin Falls in hopes of inspiring formation of a Twin Falls chapter, Osborn said.

"We're a lobbying organization headquartered in Washington, D.C.," she said. "We want to become more active on women's behalf at the state level as well."

Times-News staff writer Penelope Reedy can be reached in Burley at 677-4042.

Customs agent surfs the Internet for pedophiles

SALT LAKE CITY (AP) — While surfing the Internet, Don Dauenbach received an anonymous e-mail from a man in Bridal Falls, British Columbia, who said he was selling undeveloped film of children engaged in sex acts.

During the next few days, Dauenbach continued to receive correspondence including the home phone number of the 26-year-old man, who thought he had found a fellow fan of child pornography.

Instead, Michael Gibson was alerted by Dauenbach and members of the Royal Canadian Mounted Police.

Dauenbach, a senior special agent with the U.S. Customs Service in Salt Lake City, goes online to patrol the darker side of the Internet.

In the late 1980s, authorities believed they were winning the war against child pornography. But by the early '90s, pedophiles found the Internet was a relatively safe place to send or receive unseemly images,

experts say.

Dauenbach is one of a handful of customs agents in the country who specialize in stopping child pornographers by going online, using several aliases.

"What I do is try to get dangerous users people out of society," Dauenbach said. "This is just a cutting-edge way of doing it."

Salt Lake City defense attorney Wally Bugden said that although Dauenbach's methods seem somewhat "big brotherish," it doesn't sound like entrapment.

"It depends how far he goes with it," Bugden said. "It depends whether or not you are allowing someone to stop into a crime or if you are actively encouraging them."

The legal status of child pornography is straightforward — visual depictions of children under 18 engaged in sexual conduct in the United States are difficult to obtain at a store or through the mail, many pedophiles believe the Internet provides a safe haven to receive or send child pornography.

Boise man brings communication coaching skills to Cassia County

By Kurt Friedemann
Times-News writer

BURLEY — Steve Leroy is on a mission.

He wants to help cities and counties talk with citizens, acting as a communications coach.

Leroy, a former press secretary to Democratic Govs. Cecil Andrus and John Evans, said too often county commissioners or city councilmen find themselves at odds with the people they are elected to serve.

Over and over hearings and public meetings turn into shouting matches, needless.

Most public officials depend on a City Council meeting or weekly county commission meeting to hear from citizens.

That doesn't work, said Leroy, an Idaho native.

Simply acting and reacting on emotion is the worst way to exchange information.

"Somehow they have decided that these meetings are the highest and best means for listening to their public," Leroy said. "In fact they are the least effective, the environment is often tense and antagonistic."

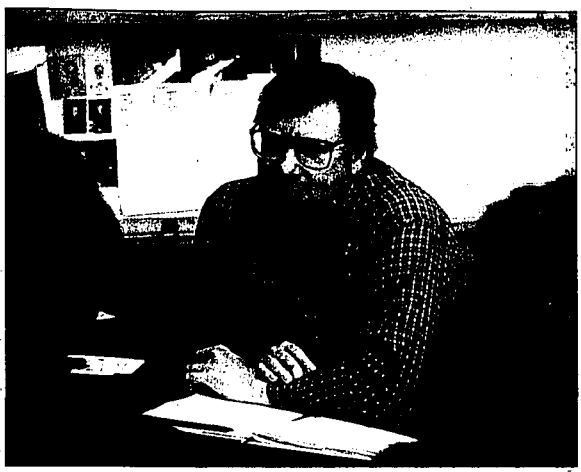
Nowhere is that sort of atmosphere more evident than when a city or county begins the process to put a bond issue on the ballot.

Cassia County is planning to present a \$4 million bond issue on the May ballot for a new judicial building, and has asked Leroy to help. A judicial facilities committee has been working on the bond issue for about three years but was concerned its information wasn't reaching the right people.

Committee member Randy Hawkins said the panel helped Leroy could help orchestrate its effort.

"We are all volunteers with varying amounts of free time," Hawkins said. "We don't all have the time to concentrate solely on the bond and many of us didn't know how to tell people about it."

No one likes taxes, but almost everyone sees the need for them, Leroy said. Educating citizens about the need to raise taxes for a new judicial building, jail or



Steve Leroy powwows with county employees to plan an open house. Leroy is helping Cassia County educate its residents about the need for a \$4 million bond issue for a new judicial building, which will be on the ballot in May.

high school is difficult.

More often than not people find out about the issue not from the county or city, but from listening to the radio, watching television or reading the newspaper. And that means voters don't always get all the details, Leroy said.

"I've tried to create a model built on providing information at every corner," he said. "In a commission meeting people can usually tell you how they feel but not why they feel that way."

It's Leroy's goal to help local government agencies take all the information they have collected and distribute it as comprehensively and thoroughly as possible.

Besides working with Cassia County, Leroy is helping Elmore and Canyon counties with bond issues.

Dawn Monasterio, a Mountain

Home City Council member and publicity committee chairwoman for an Elmore County law enforcement building bond issue, has nothing but good things to say about Leroy.

"He is very good at what he does," she said. "He set out a plan of attack and helped us get organized and trained for the public presentation process."

Elmore County is asking its citizens for \$7.5 million to remodel its law enforcement building, Monasterio said.

Initially Leroy met a little resistance from the committee, but once he presented his ideas everything began to run smoothly.

"We could never have taken our public information process as far as this man has taken it," she said. "We had all this information, but it was like, 'OK, what do

we do with it? And Steve really helped us there."

Steven Jett, director of the juvenile detention center in Canyon County, said Leroy created a lot more work for the group, but his expertise has been invaluable.

"We are very pleased with his efforts," Jett said. "He has taken the process to a whole new level and helped us make better use of our time."

Leroy shrugs off the praise and said he's in the work because he likes it.

"It really doesn't make any difference what the subject of the day is," he said. "I just love the entire process from start to finish."

Times-News staff writer Kurt Friedemann can be reached in Burley at 677-4042.

Fiddlers

Continued from B1

bers also accompanying, or accompanying on guitar, string bass or mandolin. One accompanist brought a banjo bass, not often seen around these parts.

Of the 58 fiddlers who competed this weekend, the finalists played in an evening show to win spots at the National Oldtime Fiddlers' Contest in Weiser June 22-27.

Men's Saturday night's winners:

- Small Fry division, ages 8 and under.
- Lesion: Place of Meridian won first place and Lena Stukenholtz Prescott of Twin Falls won second. Her sister, Gracie Stukenholtz Prescott, 5, won fourth place and the youngest-fiddler award.
- Andrew Jeffries of Wilder faltered during his third-place performance, got a whispered comment from one of his accompanists and ended with a resigned gesture of the fiddle bow.
- One listener turned to nearby audience members to shake his head and say, "I heard him playing out in the front yard all day."
- Junior/Junior division, ages 9-12.
- First place went to Bekah Stinson of Meridian, who also awarded honors as the up-and-coming female fiddler in memory of Amy Stukenholtz, a young Twin Falls woman killed in a

car crash.

Other winners were Jennifer Loeten of Weiser, second place; Lee Ann Mercer of Meridian, third place; Seth Mattison of Nampa — whose performance brought loud applause of gloom in the applause — fourth place; and Katie Hafer of Weiser, fifth place.

• Junior division, ages 13-17.

• Top fiddlers: Jeremiah Mackman of Boise, first place; Sean McKinney of Fruitland, second place; Beth Lexington of Fruitland, third place; Sarah Gray of Meridian, fourth place; and Brenda Whitehead of Twin Falls, fifth place.

• Young Adult division, ages 18-36.

• Jennie Sippich of Jerome took first place with some lively, gum-chewing fiddling. Second place went to Andrea Willard of Boise and third to Dee Dee Smith of Garden City.

• Adult division, ages 37-59:

- The first-place winner, Kathryn Bonn of Salmon, played publicly for the first time a walk versus the first with Ed Jenkins of Salmon, she also won top twin-fiddlin' honors.
- Margi Collins of Twin Falls, her longtime rival, Gary Huntington of Burli, for second place with a final tie-breaking tune. Huntington got third. Jeff Lincoln of Meridian got fourth, and Nathan Gray of

Meridian, fifth.

• Senior division, ages 60-69.

• First place went to Bill Cummings of Weiser, second to Millie Chace of Grangeville, third to Don Olson of Boise and fourth to Bob Barkness of Twin Falls.

• Senior-Senior division, ages 70 and above.

• Marion Moore of Eagle won first, Elmy Woerman of Moscow, second, Dolly Daniels Jerome, third, and Willard Plush of Kuna, fifth. The fourth-place winner, Noel Metzger of Mountain Home, won some laughs with the hobby he called "chastin" women in low gear."

• Open division.

• Here, any style of fiddling goes, and most was fast and fancy.

• Noah Jeffries of Wilder walked away with first place, and Gayla Tanaka of Twin Falls with second.

• Julian Mayfair of Twin Falls speeded his performance up, trying to beat the four-minute limit. He got third.

• Championship division.

• Shawn Denn of Kimberly was the champion, with second-place Kent Craig of Weiser on his heels.

• Perry Gossett of Boise deliberately fiddled out of tune, scratched, broke timing and lost his accompanists. But just three players competed, so he can brag that he won third in the championships.

Holocaust survivor learns to speak out

COLFAX, Wash. (AP) — Nomi Ban survived the Holocaust and escaped Communist-occupied Hungary but even after decades of living in America she couldn't talk about it.

"I was still scared, you see," she said. "After you live through that you're afraid to speak out, afraid you're going to be taken away again."

That changed about 12 years ago with a newspaper interview. When there were no repercussions, Ban gradually began speaking more freely about her experiences. Now she spends her time traveling the country telling her story to anyone willing to listen and recently received the Golden Apple teaching award from the state for her efforts.

"I feel it is my duty and mission for all those who didn't live," she said. "And each time I tell it it lightens my load. It's healing."

Ban shared her story at Colfax High School recently, entralling students from Colfax, LaCrosse and Steptoe for almost two hours

and reducing many to tears.

She survived Auschwitz, lost all but three relatives to concentration camps and escaped communist-controlled Hungary in the 1950s by climbing the Austrian Alps with her husband and two small children.

Ban said telling her story helps keep her family's memory alive and it also provides a living, breathing rebuttal to those who argue the Holocaust never happened.

"I am a peaceful person but when I hear this I get so angry and frustrated," she said. "I want to meet them eye to eye and say I was there. I suffered there. I want to ask them 'If this didn't happen, where are my dear ones? Why did they die when all but my grandmother could still be alive today?'"

Though an animated public speaker, Ban, 75, relates the more horrific aspects of her history calmly and slowly, beginning in 1944 when at age 20 Nazis first occupied her native Hungary.

As a Jew, Ban's father was taken to a work camp first and three months later she and the rest of family were sent to Auschwitz. Once there, a min with shiny boots, white gloves and a horsewhip sent Ban to one group and her mother, grandmother, sister and baby brother to another. That was the last she saw of them.

She later learned the man was the infamous Dr. Josef Mengele. "A doctor, a medical man who sent thousands and thousands of people to their death with a flick of that glazed hand."

Ban learned the fate of her family when a guard — after repeated questions — pointed to the thick ash always hanging over the camp and told Ban "here are your relatives, here they go floating by."

Prisoners were fed a cup of coffee and a slice of bread twice a day and groups had to share one bowl of gray, foul-smelling soup, all sipping out of the same bowl even though many were diseased and had open sores.

Malad

Continued from B1

employees spend fixing damaged park property.

Plans for the academic benefits of hosting the fifth-graders for day, Lyntott and fellow Park Ranger Patrick Massa were more than happy to spend the work load of planting the cutting, which ranged from three feet to

six feet tall.

The Native Plant Restoration Project aims to re-establish native plant communities such as grasses, shrubs and trees. By restoring the native foliage, wildlife habitat will return and the overall health of the park will improve.

The broader picture, however, lies with the students — the land's

future stewards, Koehler said.

"We're going to do something for the planet instead of what we've done to the planet, we have to start now and work with the kids," Koehler said.

Times-News correspondent Gina Mulder can be reached in Hagerman at 837-6273.



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- Pro baseball
- Pro golf
- Idaho college sports
- Idaho high school sports

NBA 56
Major league baseball 56

Sports Editor: Karen Baumer 733-9331, Ext. 230

MORNING LINE

SPORTSQUOTE

“Everything is going their way... You can kill the coach and still come back to play, so what else could you ask for?”

— Utah Jazz coach Jerry Sloan on the players' position in labor bargaining with the NBA

TODAY'S SCHEDULE

- Golf**
PGA Pro-Am at Blue Lakes CC, Twin Falls, 9 a.m.
- College baseball**
Sak Lake CC at CSI (2), 2 p.m.
- High school baseball**
Wood River at Jerome (2), 4 p.m.

IN BRIEF

Bake sale to benefit TF basketball squad

TWIN FALLS — The Twin Falls girls Amateur Athletic Union basketball team is having a bake sale and garage sale from 9 a.m. to 6 p.m. Friday and Saturday at 896 Arrowwood Courts, off of Grandview Drive.

CSI Golden Eagle boosters set annual awards banquet

TWIN FALLS — The College of Southern Idaho Golden Eagle Booster Club and the Athletic Department at CSI will hold the third annual CSI Athletic Awards and Booster Club Banquet April 28 at the Weston Plaza.

The social/raffle preview will be at 6 p.m. with the dinner starting at 6 p.m. The cost is \$25 for non-booster members, \$15 for CSI booster members and \$10 to sponsor a student-athlete.

The banquet/fund-raiser will honor all sophomore student-athletes with a special gift from the college. In addition, two students will receive the special "President's Award" from President Meyerhoeffer. Members of the five-time national championship volleyball team will be awarded their rings.

To purchase a ticket or for more information call Kathy Deahl at 733-9554, Ext. 2486.

Fred Mercer's Basketball Camp set for June at Kamiah

KAMIAH — Fred Mercer's 21st annual Basketball Camp is scheduled for June 15-19 (boys) and June 22-26 (girls). Camp information and applications can be obtained by calling camp director Fred Mercer at 935-2401 (home) or 935-4040 (school).

Try-outs for the Idaho BSP (Basketball Summer Prep) team will be held in conjunction with the camp. Try-outs will be held at Kamiah High School, June 16-18 at 6:30 p.m.

Local man cards hole-in-one at Jerome Country Club

JEROME — Jim Brown recorded a hole-in-one Saturday at Jerome Country Club's fifth hole. Brown used a seven iron to ace the par three, 150-yard hole on Wednesday. Jon Ostun, Bob Richards and Denny Linger all witnessed the feat.

NFL's career sacks leader retires because of bad back

GREEN BAY, Wis. (AP) — Reggie White, the NFL's career sacks leader, is retiring because of a bad back. White, who made the Pro Bowl a record 12 times, had 10 1/2 sacks last year, giving him 176 1/2 for his 13-year career. But he was bothered by a bulging disc in his lower back that limited his playing time.

The Packers had wanted him to return for his leadership qualities, promising he'd play about half the snaps. But that wasn't enough to persuade him to change his mind.

Compiled from staff and wire reports

Love's story

Golfer runs away with MCI title

The Associated Press

HILTON HEAD ISLAND, S.C. — Davis Love III doesn't wonder about his skill at Harbour Town Golf Links. Although about everyone else does.

"I thought I'd need at least 13 under to have a chance," Payne Stewart said after watching Love's runaway victory at the MCI Classic. "I didn't think near low enough."

Love turned an expected Sunday duel with Phil Mickelson into his fourth MCI title. His on-target irons and precise putting got rid of Mickelson on the front nine and almost matched the scoring record on the back.

More golf results — B6

He shot a 65 for an 18-under 266, one off Loren Roberts' 1996 record, and won by seven strokes, surpassing Nick Price's record six-shot victory from a year ago.

What makes Love so good here? Is it Harbour Town's small, friendly greens? It's tightly treed fairways? Its closeness to Love's home in Sea Island, Ga.?

Love thinks it's timing. "To win four times here is really unbelievable, but I won this three times when I really needed something and I think it doesn't have as much to do with the golf course as the time of the year," Love said.

So much work goes into his Masters' prep, he says that it often pays off at the MCI. "I just need to find a way to get that backed up a week," said Love, who won \$342,000 for his first victory since the Buick Challenge last October.

It would take an encyclopedia to list Love's accolades at Harbour Town, where he first showed up as a 13-year-old junior prodigy.

He's the event's career money leader with \$941,533; he's the tournament's youngest champion when he won at 23 years old in 1987; he's among the two repeat winners here with titles in 1991 and 1992; and he's the only one with four plaid MCI champions coats.

For Mickelson, it was his second straight Sunday collapse. He was two shots behind Fred Couples in the Masters through 54 holes and shot a closing 74.

Here, Mickelson trailed by two at the start, and matched Love's second-hole birdie, but never got that close again as he faded to a 73.

A lot was expected of the Love-Mickelson pairing. The two played a memorable match in the American finals of the Andersen Consulting World Championships nearly a year ago, with Love landing a tee shot within two feet of the flag to win on the second playoff hole.

Love made sure he didn't need a playoff here. When Mickelson's approach on No. 3 came within 10 feet, Love plopped his 56 to six inches. After Mickelson chipped to 6 feet to set up birdie on the par-5 fifth hole, Love got his to 3 feet.

At No. 8, Love slipped his second shot within a foot for a tap-in birdie. A hole later, Mickelson made the last of three straight bogeys and Love was ahead by seven shots.

"I'm excited I had the chance to win the past few Sundays," Mickelson said. "I haven't done it, but as long as I keep getting the opportunities, I will." With nine holes to go, the only question was if Love could catch Roberts' mark of 19-under.



Davis Love III raises his fist in triumph on the 18th green after winning the MCI Classic Sunday on Hilton Head Island, S.C.

mark of 19-under.

The answer was almost. After shooting his second straight front-side 31 to go to 17-under, Love birdied Nos. 11 and 15 to tie Roberts. But a bogey on the windswept 17th hole cost Love about the only Harbour Town record he doesn't own.

Glen Day was the only one besides Love to control the swirling Harbour

Town winds, shooting a 67 for second at 10-under. Day finished second in The Players Championship and third in the Freepor-McDermott the past month.

"Davis proved today that he's one of the best players in the world," Day said. "He's won around here, has a lot of confidence and a lot of good feelings around this place."

O'Neal makes title prediction after win over Jazz

'We did what we're supposed to do today'

The Associated Press

INGLEWOOD, Calif. — The Los Angeles Lakers did their part to win the Pacific Division on the season's final day, but they didn't get the assist they needed from Shaquille O'Neal.

Still, they didn't seem particularly concerned afterward. "Nobody's going to remember who won the division title if we win the whole thing," Shaquille O'Neal said after leading the Lakers past the Utah Jazz 102-98 on Sunday for their 22nd win in the final 25 games.

"We wanted to end the season on a positive note. We did what we're supposed to do today."

"Nobody on this team is disappointed," said reserve forward Corie Blount, who had nine rebounds in 21 minutes to help the Lakers to a 43-37 advantage in that department. "Going into the playoffs, I think we're playing pretty good basketball."

O'Neal agreed. "I think so," he said when asked if the Lakers were peaking at the right time. "We just have to continue to play smart. Our guys have been playing very, very inspired ball."

O'Neal has been leading the way, and he did so again against the Jazz with 33 points and 15 rebounds, which has become a typical performance for him recently.

And 49-year-old Kobe Bryant played one of his best games since the All-Star break, scoring 12 of his 25 points in the final period, when the Lakers outscored the Jazz 29-25.

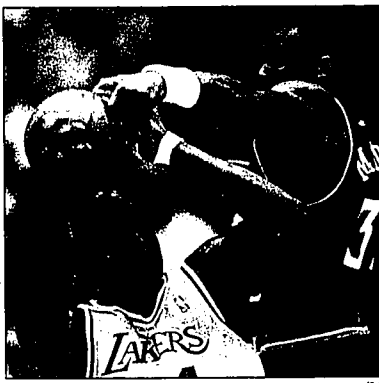
The Lakers and Seattle SuperSonics both finished with 61-21 records, but the Sonics, who beat Portland 90-82 Sunday, are division champions by virtue of a 3-1 record against Los Angeles.

"Right now, we feel very proud of our guys for being co-champions of our division," Lakers coach Del Harris said, reminding reporters that the Sonics receive the higher seed by virtue of the season series, but nothing else.

The Jazz are seeded first in the Western Conference, followed by the Sonics and Lakers.

"We would have rather won the (division) championship outright — anybody would," Harris said. "It's on to the next step right now."

The Jazz open the playoffs Thursday night against the Houston Rockets, while the Lakers begin Friday night against the Trail Blazers.



Utah Jazz forward Karl Malone, right, knocks the ball loose from Los Angeles Lakers center Shaquille O'Neal Sunday in Inglewood, Calif.

CSI makes easy prey of Chukars

The Times-News

ONTARIO, Ore. — The College of Southern Idaho baseball team once again made short work of the Treasure Valley Community College Chukars in an 11-3 routing Sunday afternoon. The Chukars only managed to fly with the Eagles for one inning before CSI took control.

"We got some help from some guys who stepped up a little. Like JP Candlorin," said CSI assistant coach Boomer Walker.

Candlorin recorded his first home run of the season in the game. Nick Gretz

also added a homer, bringing his season record to 15.

"Gretz has 15 home runs on the year and 12 of those are in conference games," Walker said.

Backing up the blazing CSI bats, was the golden arm of pitcher Josh Gold.

"Gold threw really well," Walker said. "He only gave up one earned run and one walk and he had eight strike-outs."

CSI (37-6) plays a double-header Tuesday in Salt Lake. The games against Salt Lake Community College are slated to begin at 1 p.m.

CSI 11-3, 11-11
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Bad weather postpones Goody's 500

The Associated Press

MARTINSVILLE, Va. — The outcome of the Goody's 500 was no different from the last time the Winston Cup circuit visited Martinsville Speedway on a Sunday.

The rain won. With the wet stuff falling steadily, and no end in sight, NASCAR postponed the race for a day. The announcement came 30 minutes before the scheduled 1 p.m. start.

The race was rescheduled for 11 a.m. EDT Monday, and the National Weather Service is calling for clearing skies and temperatures in the 50s.

It was the second time this season that a race has been postponed by rain. The Primetier 500 last month at Atlanta Motor Speedway also was run on Monday.

Last Sept. 28, the Hanes 500 also was postponed by rain. The next day, Jeff Burton won the race.

Burton, who will start 15th Monday, says that victory — one of three in his breakthrough season — was particularly special.

"It stands out for two reasons," Burton said. "The first one is because that was after a two-week bout with my (inner) ear problem and being dizzy."

The Associated Press

SAN DIEGO — Day 2 of the Ryan Leaf era dawned with yawns — the San Diego Chargers' new quarterback had stayed up all night in Las Vegas — some champagne and a confession.

During a news conference held in a party tent next to the Chargers' practice fields Sunday morning, Leaf turned to team owner

Alex Spanos and fessed up.

"Sorry, Mr. Spanos, I didn't want you guys to lose the last couple of games so I could play for you next year, but," Leaf said, his voice trailing off. "Don't worry, that'll never happen again."

Spanos, blanching, no doubt thinking of the train wreck of a season, not to mention a bad trade, that got the Chargers into posi-

tion to draft Leaf. San Diego finished 4-12 last year, losing its last eight games.

Leaf has been saying for months that he wanted to play for the Chargers, who got him with the second overall pick on Saturday.

Tennessee's Peyton Manning went to Indianapolis with the top pick. The Chargers welcomed

their franchise quarterback with a fancy reception held mostly for the benefit of team sponsors. It was a big contrast from the day less than two months ago when quarterback Sam Humphries bid a painful farewell, chased out of the NFL by no-nary concussions.

"What else can I say? He's the future," Spanos said of Leaf. "I don't like going back



Ryan Leaf

Irwin captures 3rd straight Seniors title

PALEM BEACH GARDENS, Fla. (AP) - Hale Irwin could see other players' spins before he truly by hole past by putt, he refused to relinquish his hold on the PGA Seniors Championship.

"I asked the rules officials there if it was OK if I tapped him," Nelson said. "That was the biggest 'I've ever seen on a turtle'."

Filer claims tournament

FILER - The Wildcats, helped by 11 free passes from Grizzlies pitchers, came up with a few sparks of their own, but beat Fruiland, 10-9 late Saturday night.

Local sports

Golf

Spackman cruises to Buhl victory
BUHL - Local golfer Terry Spackman had just a one-stroke lead heading into the second and final round of the Buhl Amateur on Clear Lake Country Club. But by the end of play Sunday, Spackman led by five to claim the title.

Baseball

Borah JV 6, Jerome 4
Jerome 17, Borah JV 3
BORAH - Jerome traveled to Borah on Saturday and clinched a doubleheader with the Borah junior varsity. Borah won the first game 6-4, but Jerome came back in the second game to claim a 3-2 victory.

Webb pulls away to grab Myrtle Beach crown

MURKELLS INLET, S.C. (AP) - Kerrie Webb, born in Australia and now living in a Florida residence, also finds it right at home along the Grand Strand.

Webb pulled away to grab Myrtle Beach crown
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Webb pulled away to grab Myrtle Beach crown

Davenport, Seles lead U.S. to victory

KIAWAH ISLAND, S.C. (AP) - Lindsay Davenport and Monica Seles blitzed the Dutch on Sunday to lead the Americans to a 5-0 victory in the Fed Cup first round competition.

53rd-ranked Miriam Oram ranked 6-1, 6-2, to give the Americans an incurmountable 3-0 lead.

SCORES AND STATS

BASEBALL

Table with columns for Major League Standings, including teams like Yankees, Red Sox, and Orioles with their respective records.

MLB SCORES

Table listing MLB game scores, including teams like Yankees vs Red Sox, and their final scores.

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ON THE AIR TELEVISION

Table listing TV schedules for Baseball, Basketball, and Football, including times and channels.

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BASKETBALL

Table listing basketball game scores, including teams like Yankees vs Red Sox, and their final scores.

BASEBALL

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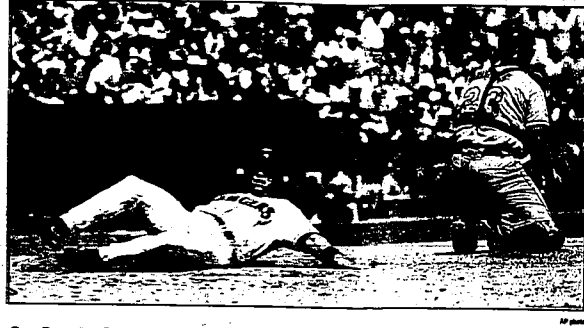
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SPORTS

Sox stay hot: Saberhagen mows down Indians, 2-0 Are the Bulls too old?

BOSTON (AP) — Bret Saberhagen allowed four hits in six shutout innings Sunday as the Boston Red Sox beat the Cleveland Indians 2-0 Sunday for their eighth win in their first game this year at Fenway Park. Saberhagen (3-0), who missed the entire 1996 season due to shoulder surgery and pitched just six games last year, struck out four and walked one. He has won three straight decisions for the first time since June 18-28, 1995. Jim Corsi followed and Tom Gordon pitched the sixth for his first career win in five chances, completing a seven-hitter. Dave Burba (2-2) allowed two runs and nine hits in seven innings.



Texas Ranger Ivan Rodriguez, left, shows his home plate while Baltimore Oriole catcher Chris Hales waits for the relay during the second inning of Sunday's game at Arlington, Texas.

take over the AL lead with 22 as Texas built an 11-1 lead and won for the sixth time in six games. The Rangers took two of three the series after going 1-0 against Baltimore last season. Why Wis (2-0) allowed three runs and eight hits in eight-plus innings, and John Wetteland got one out for his fourth save. Jimmy Key (0-1) allowed eight runs and 10 hits in 3 2/3 innings as Baltimore lost for the fourth time in five games.

Chicago sets eyes on another NBA title

CHICAGO (AP) — Are the too old for another championship? Too beaten up by a regular season in which they were still among the NBA's elite, but no longer the dominant team?

Winning another title in which might be their final run could be the toughest assignment yet for the Chicago Bulls. Their quest for a sixth crown in the '90s begins this week. "We're just happy the regular season is over," Bulls coach Phil Jackson said. "We think there is a certain amount of energy loss at the end of the season. Some of the guys looked like they were at the age we've been talking about the whole year. But we made it through the season, I think, in great form."

The Bulls went on a late 13-game winning streak to secure home-court advantage in the East but then went through three of four to lose the home-court should they make the finals against Utah. They struggled to win their final two games against Philadelphia and New York to finish the season 62-20.

"Going into the end of the season, it's tough mentally to go out there and push yourself for a purpose. You know it's the end of the season and you're going to go to a whole new one," Michael Jordan said. "Now you're going to take time away for a week, go through practices, dissect your opponent and focus on the ultimate goal of winning a championship."

Jordan scored 44 points Saturday night in the regular-season finale against the Knicks, with 22-of-24 free throws. He was 11-of-14 from the field, making him 34-of-87 in the final four games of the season. The Bulls will play New Jersey in the first round with Games 1 and 2 at the United Center on Friday and Sunday. They sweep Washington out of the opening round a year ago.

"We have to worry about ourselves. We shouldn't worry about the other team," Jordan said. "Denver ended the season with an 11-game losing streak, but since the NBA went to an 82-game schedule for the 1997-98 season. Grizzlies 112, Kings 108, 07."

SACRAMENTO, Calif. — Tony Meekins and the Vancouver Grizzlies began overtime with a 6-0 run to defeat Sacramento 112-108 Sunday night in the NBA's regular-season finale. Shaheed Abdul-Rahim had four of his 23 points in overtime and the Grizzlies, who lost a four-game losing streak, held the Kings without a point for the opening 3:56 of the extra period.

SACRAMENTO led 77-73 entering the fourth period. The Grizzlies led the game 79-79 on a steal and dunk by Antonio Daniels with 10:05 left, and then grabbed Miami Maunou of Colorado in the seventh. The draft continued Sunday with group of college stars who for one reason or another are not considered sure-shot pros going quickly in the fourth round. They include Myers, a prospective first-rounder at one time who was suspended by the University of Alabama for the season after having contact with an agent. Among the others: eight end Alonzo Mayes of Oklahoma State (Chicago); running back Michael Pittman of Fresno State (Arizona); wide receiver Ax Hakim of San Diego State (St. Louis); linebacker (Alonzo Mayes of North Carolina; and wide receiver/kicker Turner T. Dwight of Iowa (Atlanta).

Mariners 7, Twins 4

MINNEAPOLIS — Russ Davis' second homer of the game, a three-run shot in the seventh inning, sent Seattle to its fifth straight win following a 3-10 start. The Mariners finished their road trip 5-5. Seattle pitched three perfect innings for his first career win. Mariners' fourth in five games after not getting one in the first 13. Alex Rodriguez went 1-for-5 with two doubles and a triple, helping Seattle complete the four-game sweep. Bill Swift (2-0) allowed four runs

and six hits in six innings.

Allyson Dawkins (2-2) gave up five runs and six hits in 6 1/3 innings.

Tigers 2, Yankees 1

DETROIT — Darrin Easky's sacrifice bunt scored the go-ahead run in the eighth, and Brian Minton (3-2) allowed three hits in eight innings with seven strikeouts as Detroit snapped a seven-game losing streak. New York had won eight straight

overall and 12 in a row at Tiger Stadium. Tony Lincecum (1-2) gave up five runs and six hits in 6 1/3 innings. Mark Grace pitched the ninth for his second save. Darren Holmes (0-1) was the loser.

Blue Jays 5, White Sox 4

TORONTO — Alex Gonzalez hit a two-run RBI single off Carlos Castillo (0-1) in the 12th, and Mike Stanley and Ed Sprague hit sacrifice bunts in the fourth as Toronto completed a three-game sweep.

Chris Carpenter (1-0) allowed one hit in two shutout innings. Albert Belle hit his second homer run of the season for the White Sox, who have lost six of eight.

Rangers 11, Orioles 7

ARLINGTON, Texas — Ivan Rodriguez capped a five-run fourth with a three-run homer and went 4-for-5. Juan Gonzalez had four RBIs to

Atlanta's home runs trigger avalanche over Rockies

DENVER (AP) — Andres Galarraga hit his first home run against his former team, and the Atlanta Braves connected for five homers to beat the Colorado Rockies 5-3 Sunday in the opener of a split doubleheader.

Brewers 3, Giants 2

MILWAUKEE — Marquis Grissom's second home run, Bobby Hughes with the bases loaded in the 12th inning as Milwaukee won its fourth straight. Sam Francisco has hit four straight, scoring just five runs during the slide.

Five-time left Sept. 25-26. All eight of his home runs this year have come at Coors Stadium. Ken Mercker (2-0) allowed six hits in seven shutout innings. Mark Beck (0-1) gave up three runs and seven hits in six innings.

2-3 scoreless innings, and Ugueth Urbina struck out six in two shutout innings for his fourth save. Mike Singano (0-1) walked, Jose Vidro leading off the eighth, and Vidro scored on White's fly off Doug Fiedry.

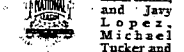
Padres, Pirates rained out

PITTSBURGH — The San Diego Padres-Pittsburgh Pirates game was rained out Sunday and will be made up as part of a 5:05 p.m. EDT doubleheader on May 20.

Both teams were off Monday, and likely would have played then if the Padres weren't making a second trip to Pittsburgh next month. The rainout came at an inopportune time for the Padres, because it means the major's hottest team will be off two days in a row. The Padres have won 11 of 12 and their 14-3 record represents the best start in franchise history.

The Pirates probably welcomed the day off after losing six in a row, matching their longest losing streak since 1957. They lost seven straight in June 1993. The postponement also means Padres right-hander Pete Smith (1-1) will be skipped over for what would have been his first start since April 11. The Padres will start Kevin Brown (2-0), Joey Hamilton

Chipper Jones hit his NL-leading ninth homer, and Jerry T. P. Michael Tucker and Keith Lockhart homered for the Braves to support Kevin Millwood (3-0). The Braves tied an NL record by having their five homers, all of Mark Thompson (1-1), account for all their runs.



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Cardinals 3, Phillies 2

ST. LOUIS — Ken Mercker pitched seven shutout innings, and Juan Soto scored runner Eric Brungo to end the game with two runs. Steve Lincecum (1-0) allowed three hits in six shutout innings.

Cubs 2, Dodgers 1

CHICAGO — Jonami Gonzalez (1-2) allowed four hits in eight innings, and Henry Rodriguez as Chicago batted 7-2, including Jeff Kent. Mark Grace had an RBI single for the Cubs. 157 overall. They didn't get their 12th win last season until May 12.

Expos 5, Astros 4

HOUSTON — Roubin White hit a go-ahead sacrifice fly in the eighth inning, and the Expos snapped a nine-game losing streak against the Astros with their first win against Houston since last May 1. Anthony Valdes (2-0) pitched 1

Mets 14, Reds 0

CINCINNATI — John Olerud and Bernard Gilkey each had three RBIs and Al Leiter (3-1) allowed two hits in seven shutout innings as the Mets tied a team record for victory margin in a shutout, set against the Cubs on July 29, 1965. Gilkey pitched his fourth Met to score five runs in a game. Gabe White (0-2) allowed five

Hornets 9, Magic 76

CHARLOTTE, N.C. — Charlotte earned home-court advantage for the first round of the playoffs by beating back from one of its most lachrymose defeats of the season. Reserve guard E.J. Saunders powered the decisive run in the second quarter and Glen Rice scored 17 of his 25 points in the second half as the Hornets won for the fourth time in five games.

Hawks 101, Heat 89

ATLANTA — Steve Smith scored 30 points to lead Atlanta over Miami, but it wasn't enough to give the Hawks a home advantage in the first round of the playoffs. Atlanta's 5th win was offset by Charlotte's triumph over Orlando, meaning the Hawks will open the best-of-5 first-round round Thursday night against the Hornets in South Florida.

Suns 123, Rockets 93

HOUSTON — Cliff Robinson scored 32 points as Phoenix clinched the No. 4 seed in the Western Conference playoffs. The Suns finished the regular season 56-26 and will get the home-court advantage against the San Antonio Spurs in the first round of the playoffs.

Nets advance to playoffs despite loss of best athletes

EAST RUTHERFORD, N.J. (AP) — The New Jersey Nets, despite going into their biggest game of the season without their two best players, claimed the eighth playoff spot in the Eastern Conference with a 114-101 victory over the Detroit Pistons on Sunday.

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Sonics 90, Blazers 82

PORTLAND, Ore. — Gary scored 27 of his 37 points in the second half, including a key three-point play with 2:11 seconds to play. The Sonics, who will play Memphis in the first round of the playoffs, won their eighth straight game.

Spurs 86, Nuggets 82

SAN ANTONIO — San Antonio completed the best single-season turnaround in NBA history, beating Denver for a 36-game improvement over last year. The Spurs, who will open the playoffs Thursday night at Phoenix, eclipsed the previous record of 35-game swing by San Antonio during the 1989-90 season. San Antonio won only 20 games in 1996-97 after a season-ending

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PORTLAND, Ore. — Gary scored 27 of his 37 points in the second half, including a key three-point play with 2:11 seconds to play. The Sonics, who will play Memphis in the first round of the playoffs, won their eighth straight game.

Spurs 86, Nuggets 82

SAN ANTONIO — San Antonio completed the best single-season turnaround in NBA history, beating Denver for a 36-game improvement over last year. The Spurs, who will open the playoffs Thursday night at Phoenix, eclipsed the previous record of 35-game swing by San Antonio during the 1989-90 season. San Antonio won only 20 games in 1996-97 after a season-ending

Grizzlies 112, Kings 108, 07

SACRAMENTO led 77-73 entering the fourth period. The Grizzlies led the game 79-79 on a steal and dunk by Antonio Daniels with 10:05 left, and then grabbed Miami Maunou of Colorado in the seventh. The draft continued Sunday with group of college stars who for one reason or another are not considered sure-shot pros going quickly in the fourth round.

Filling a need: Teams plug their holes in this year's NFL draft

NEW YORK (AP) — Forget that chestnut about NFL teams drafting the "best available athlete." This year, most went for need and were not ashamed to admit it. This weekend's annual lottery of college players was the deepest in recent years. So, teams with needs found plenty of players to fill them — assuming that if one fails, another one won't. For example, the Browns with six picks in the first three rounds Saturday, need running backs Robert Edwards of Georgia in the first and Chris Floyd of Michigan in the

second in an attempt to replace the departed Curtis Martin. The Oakland Raiders selected Harold Steiner of Southern Mississippi, another running back, in the sixth round. Jacksonville, which lost Nat Moore to free agency, also went for running backs. The Jaguars took Fred Taylor of Florida with the sixth pick overall, then used its seventh-round pick Sunday for Iowa's Brandon Brinkley.

Dallas divided its first four picks among its obvious needs — offensive and defensive line; Greg Ellis and Michael Myers on defense and Fizzell Adams on offense. And Green Bay went heavy on defense in an attempt to replace players lost in free agency. That was advisable, especially by the retirement Sunday of Reggie White, the NFL's career sack leader. But perhaps the most obvious situation was by Carolina, which ignored its wide receiver needs, bypassing Kevin Dyson and Randy Moss to take four defensive backs. The first was Nebraska's Jason Peter,

the 14th overall pick. This after the Panthers are about to complete a deal with Washington to bring in end Sean Gilbert, with whom they've already agreed to terms. "I think it shows we're serious about beefing up our defensive front," said Carolina coach Dom Capers, who also took LSU's Chuck Wiley, and Penn's Mitch Marsh in the third round. Then he grabbed Miami Maunou of Colorado in the seventh. The draft continued Sunday with group of college stars who for one reason or another are not considered sure-shot pros going quickly in the fourth round.

They include Myers, a prospective first-rounder at one time who was suspended by the University of Alabama for the season after having contact with an agent. Among the others: eight end Alonzo Mayes of Oklahoma State (Chicago); running back Michael Pittman of Fresno State (Arizona); wide receiver Ax Hakim of San Diego State (St. Louis); linebacker (Alonzo Mayes of North Carolina; and wide receiver/kicker Turner T. Dwight of Iowa (Atlanta).

They include Myers, a prospective first-rounder at one time who was suspended by the University of Alabama for the season after having contact with an agent. Among the others: eight end Alonzo Mayes of Oklahoma State (Chicago); running back Michael Pittman of Fresno State (Arizona); wide receiver Ax Hakim of San Diego State (St. Louis); linebacker (Alonzo Mayes of North Carolina; and wide receiver/kicker Turner T. Dwight of Iowa (Atlanta).

WEST IN BRIEF

Water company applies to increase fees for customers

BOISE — The McGuire Estates Water Co. has applied to the Idaho Public Utilities Commission for permission to increase rates for metered and non-metered customers.

McGuire, which serves customers in the Post Falls area, has not changed its service rates since August 1990.

The company is proposing an increase in its minimum monthly charge of \$11.13 to \$17. McGuire is also proposing an increase in its commodity charges from 47 cents per 1,000 gallons per customer in excess of 10,000 gallons to 65 cents per 1,000 gallons in excess of 10,000 gallons.

Unmetered customer bills are currently based upon the average per customer consumption as measured at the company's well. Customers may elect to have a meter installed and have their bills calculated using individual meters.

McGuire said a rate increase is necessary to meet increasing operating costs, conduct additional testing required for Safe Drinking Water Act compliance and cover replacement and repair expenses for fire hydrants.

Idaho State Library seeks candidates for library board

BOISE — Candidates are being sought by the Idaho State Library for open positions on the State Library Board.

The board is being increased to five members due to legislation passed during this year's legislative session. To set up board term rotations, individuals will draw lots to determine their seat's term length, from three to five years.

Board members decide policies for the State Library and libraries throughout the state, make annual budget requests, review legislation and evaluate policies.

Resort with great potential finds itself for sale — again

GOLDENDALE, Wash. — The Highland Creeks Resort is deserted again.

A "For Sale" sign sits on one of the stone gateposts at the entrance. Windows on some of the buildings on the 89-acre property have been boarded up.

Since it opened in 1984 in the Simcoe Mountains, about eight miles north of Goldendale, the resort has had three different owners.

Not that it doesn't have potential. Almost hidden in the ponderosa pines and alders just below U.S. 97, the resort sits at the confluence of the Kibby, the east and west forks of the Little Klickitat River.

For \$1.27 million, buyers get a creek-side lodge and restaurant, accommodations in eight duplex cabins next to the Little Klickitat River and two duplexes on a hill to the east. The last owners also built a tennis court on low-lying land on the east side of the river.

The surrounding 272 acres are for sale for an additional \$1.36 million.

But the potential, it's just going to be finding someone," said Dorie Cothren, a Goldendale Realtor who works for Century 21 Golden Star Realty.

Potential buyers will have several debts to pay off they purchase the resort.

Challenger says incumbent senator is beholden to business

OGDEN, Utah — The Democrat challenging U.S. Senator Bob Bennett says the Republican incumbent's list of campaign donors is a list of Utah's wealthiest businessmen.

"It's all about money equaling power, said Scott Lockman, a Salt Lake City surgeon.

"He is for big business, and he is worried about taking care of that constituency," Lockman said. "What he does in Congress reflects that and the way he thinks."

In 1997, Bennett's re-election campaign received more than \$64,000 in donations from political action committees associated with Utah's wealthiest businessmen. That was one-fourth of the \$348,000 in total political action committee contributions Bennett received last year.

Police detective testifies about key witness in sex-ring case

SEATTLE — The young girl whose accusations evolved into the Wenatchee child sex ring cases was a quick-witted child who blossomed once she was given love and attention, her former foster father testified.

But Wenatchee police Detective Robert Perez, the foster father who led the sex-ring investigations, also described a child who bounced between emotional extremes.

Utah defenders of cockfighting say the activity is misunderstood, part of culture

BEAVER DAM, Ariz. (AP) — Belton Hodges is a cockfighter, has raised and fought roosters for 70 years now, and he figures you formed a pretty low opinion of him and his fellow cockers even before you finished reading this sentence.

He would like to change your mind, educate you a bit about game fowl, try to counter all the claims of cruelty by animal-rights activists, but he knows cockfighting carries an almost insurmountable social stigma.

"Some people see this the first time and just want to puke," Hodges explains to a visitor seated in the bleachers surrounding the cockfighting pit at Sierra Bonita Gamefowl Club, tucked into a canyon on the Arizona Strip about 30 miles southwest of St. George, Utah.

"Other people see it, do a little research but aren't that interested," says Hodges, past president of the national United Gamefowl Breeders Association. "But if you see it, like it, want to learn more about it. This stuff is addictive. You find out a good rooster is like a good racehorse."

And on this first Friday in April, on the eve of what traditionally is the biggest chicken-fighting weekend of the January-to-June season at Sierra Bonita, the air is ripe with anticipation of competition.

"For us, this is the Kentucky Derby," smiles Dick Hatch of Centerville, one of several avid game fowl breeders in Utah who travel to Sierra Bonita every other week to participate in cockfights.

"If I could afford it, I'd be breeding thoroughbred horses. But ever since I saw my first chicken fight in the Salt Lake Valley when I got out of college in the early 1920s, I was hooked on cockfighting."

Considered one of the world's oldest spectator sports — it's been around since before Christ's birth — cockfighting is a simple pursuit: Take two roosters that have no feathers on their necks, each other, put them in close proximity and let them battle like feathered gladiators until one no longer fights back, often fatalities is after his last breath.

Cockfighting has been illegal in Utah since 1888. Clandestine pits pop up in barns and canyons periodically, but cockfighting is a misdemeanor in Utah — are as rare as hen's teeth.

Still, most Utah game-fowl breeders don't see this to enclose in Arizona, one of the five states in the country (the others are New Mexico, Oklahoma,

Missouri and Louisiana) where publicly betting game fowl against game fowl remains legal.

But perhaps not for long. Opponents have launched a petition drive to ask Arizona voters in November to make cockfighting a felony and being present at a cockfight a misdemeanor.

The campaign, which started in November 1996, is slightly behind schedule to gather 160,000 signatures by July 2 — 112,961 must be validated as registered voters to qualify — but organizers are confident they will prevail.

"If we get on the ballot, it's over for the cockfighters and they know it," declares James Massey, campaign director for the Tucson-based Citizens Against Cockfighting.

A survey of 600 Arizona voters a year ago found 80 percent support for a ban among those living in metro areas and 75 percent support from those living outside cities, Massey said.

"There're not a lot of people who love the cockfighting argument, but this is a cultural tradition, that it's not animal cruelty and it's a family sport."

Yet those are just the things you will hear at Sierra Bonita, a nondescript compound of cockhouses and an arena owned and operated by Jack Robertson, a retired steelworker who lives in Utah County in north-central Utah.

"The pit has a good reputation, a place that holds a fair fight and is nice to bring the family to," says Hodges, who refereed a 1954 cockfight that became a test case before the Arizona Supreme Court.

The justices ruled the state's animal cruelty law did not prohibit chicken fights. Since that ruling, there have been 23 bills to outlaw chicken fighting introduced in the Arizona Legislature.

None has passed.

Hodges calls the petition drive "a one-man vendetta" and prior to the Sierra Bonita fights, Hodges steps into the pit, gives an update on the petition drive and urges cockfighters to contribute money to thwart it.

Later, Hodges says the image of cockfighting as a "redneck" sport is misplaced.

"This is not a poor man's sport; just look at the automobiles parked here," he says while lounging in his new motorhome, one of several parked in



Two roosters go at each other during a cockfight at the beginning of this month in Beaver Dam, Ariz.

the arena lot. "We don't fight on food stamps and welfare."

For the more than 80 individuals and teams registered for this two-day event — some hailing from as far away as Arizona — the entry fee for fighting four roosters each day is \$300. If a cockfighter is lucky enough to win all eight fights during the weekend, he may pocket a few thousand dollars.

Game-fowl enthusiasts say they fight roosters not for bloodlust, but to test the progeny, to help them breed a purer strain of "jungle fowl," and preserve the species.

"If chicken fighting becomes illegal, then this breed becomes extinct and that is a tragedy," says Bruce Petersen, a southern Utah game-fowl breeder who was introduced to the sport as a

boy by his father. "A lot of people think we teach them to fight. That's impossible. It's in their blood."

"You've got to tune that out and remember these animals are doing what they want to do," says Tim Fitzgerald, one of an estimated 100 active game-fowl breeders who live in the Salt Lake Valley. "I grew up with chicken fighting and it kept me out of trouble because it takes a lot of time."

And chances are, even if Massey and the Citizens Against Cockfighting succeed in making rooster battles illegal, aficionados will find a way to keep enjoying their pursuit.

"You name one place in the United States where they've put a stop to chicken fights," Fitzgerald winks, "and I'll walk there. It's a part of our culture. You can't stop it."

Montana archaeologist searches for Lewis and Clark campsites

BOZEMAN, Mont. (AP) — Nothing would make Ken Karsmizki happier than to find Lewis and Clark's privy pit.

"Archaeologists are funny people," said Karsmizki, who has spent the last few years hunting for the campsites of the 1804-1806 Lewis and Clark expedition. "If you're crazy enough — you may find what you're looking for."

Hunting for physical evidence of the Corps of Discovery, he has dug dirt in 100-degree summer heat and searched for clues when the wind chill was below zero.

"Not only are we persistent, we're hardy," Karsmizki said. "For eight years I've been looking for Lewis and Clark, and for four years I've been trying to prove we found them, because I think we did," he said.

At Fort Clatsop on the Oregon coast, where the explorers spent the soggy winter of 1805, his searchers have found one blue faceted bead of the type traded with Indians, one brass bead, one lead musket ball (on a trace to a quarry near St. Louis), and a possible privy pit.

Archaeologists make their living off what ancient people throw away and privy pits often were used as disposal sites, said Karsmizki, associate curator of archeology at the Museum of the Rockies in Bozeman.

He has sent soil from the pit to be tested for traces of mercury, because most of the explorers suf-

"This site may have been destroyed, not because a river meandered, but because somebody built a basement."

— Ken Karsmizki, archaeologist

fered from syphilis, which 200 years ago was treated with mercury.

In years of searching near Great Falls, his crews have found a campsite along the Missouri River with one wooden tent stake, dozens of butchered bison bones, scores of fire rings and one imprint he believes was left in the earth by a cooking kettle.

He is convinced that Lewis and Clark camped at the site in the summer of 1805, drying bison meat.

Carbon dating of the wooden stake to 1810, plus or minus 40 years. Using modern knowledge of the changes in the location of the meandering North Pole, the researchers have determined the fire rings to be about 200 years old.

But so far they haven't found anything, like a gun spring or the Jefferson peace pipe Lewis and Clark gave to Indians, that would settle all doubts about who camped there.

Some question why, if the bison butchering camp belonged to the expedition, no lead musket balls have been found. Karsmizki's answer is, "We haven't dug the right hole yet."

When he first started, Karsmizki thought finding Lewis and Clark's camps would be easy. After all, they had made detailed maps of their route and 600 campsites.

But it turns out the maps aren't as accurate as their admirers would like to believe. Latitude and longitude markings are off by up to 50 miles and distances are mainly guesses. What the maps are accurate at, in Karsmizki's view, are land features — bluffs, mountains, river bends.

Making the search harder is that fact that sometimes rivers have changed course. Sometimes well-meaning searchers have destroyed evidence, as happened at Fort Clatsop in the 1920s and 1930s, when backhoes were used to dig through trenches. Today's searchers work by hand, slowly and carefully sifting layers of soil and mapping each layer, looking for clues as they go.

"This site may have been destroyed," Karsmizki said, "not because a river meandered, but because somebody built a basement."

Pressure of changing agriculture prompts area farmers to seek out new work options

LEWISTON (AP) — With wheat prices at depressed levels and machinery and other costs continuing to climb, some experts predict there could be more farmers finding other types of work in the next few years.

"It's been a struggle making things go for years because it's kind of like two steps forward, one step back," said Jerry Webb, who now works for Lewiston Grain Growers at Craigmont.

His brother, John, is a pilot for Aero Tractor Spray Service, a business the two started years ago.

"The 1996 crop was a really poor crop for everybody because of weather," Jerry said. "And we didn't feel we made enough advances (in 1997) to offset it. So the whole logic is to get out of it before you lose things. Everybody's looking at \$3 (per bushel) wheat and saying, 'Hey, we can't do this.'"

The brothers have been farming most of their lives, but things have changed since earlier generations worked their homesteads.

"Back when my grandfather came over, 160 acres supported a family," Jerry said. "Right now you'd have to farm 1,500 acres to support one family." The Webbs were trying to support their two families on that extended acreage.

"Equipment is expensive now and a lot of our stuff we re-equipped in the mid-'80s, it's time to look toward replacement. Tractors are now up to \$80,000 to \$150,000."

"The Webbs have given up the leases to the land; they did not own and are leaving out their ground and equipment to other farmers."

Farm Service Agencies throughout north-central Idaho and eastern Washington say a small number of farmers go out of business each year.



Thousands of pen-raised hogs at Circle Four Farms outside Milford, Utah, wait to be shipped for processing.

Hog farm proceeds with expansion; opposition tangled in disarray

SALT LAKE CITY (AP) — Anti-hog farm activist True Ott crows into the telephone that he's sick and getting sicker. "It's probably swine flu," he says, only half joking.

Figs, and how to keep them out of Iron County, consume the Cedar City resident these days. And Circle Four Farms, the giant hog conglomerate pushing into a corner of the county, is his bane.

But Ott's efforts to stop the county's largest swine farms from getting even larger are in trouble. His Concerned Residents for Sustained Agriculture just let its attorney go for lack of funds, jeopardizing its challenge to Circle Four's most recent waste water discharge permits.

The opposition's troubles are untimely and unfortunate, say researchers concerned about the long-term impacts of the giant farms.

At a time when Congress and the Environmental Protection Agency are expressing interest in regulating the industry, Circle Four's announced plan to some day be the world's largest hog farm — cranking out 2.5 million slaughter hogs a year — appears to be moving apace.

"No question, we're overdriving our headlights here," said University of Iowa professor Dr. Kelly Donham, director of the Iowa Center for Agricultural Safety and Health and one of the foremost experts on health and safety aspects of large-scale swine production.

Three years ago, just as Circle Four was settling into Beaver County — just north of Iron County in the southwestern Utah desert — Donham helped organize a symposium to explore just what is known about the impacts of gigantic hog factories.

But he, or anybody knew about the other problems posed

by the reeking, open-air sewage lagoons. And recent disastrous spills of hog waste on the East Coast were a huge concern.

But there were other worrisome, disturbing evidence that huge amounts of nitrogen, in the form of ammonia drifting from the lagoons, was raising plant life and water quality that the waste — including some disease-causing viruses and microbes — might seep into ground water; that workers in the giant hog confinements were showing increased respiratory ailments.

"Mostly, we learned that we just didn't know enough," Donham said.

Which is why he and some other scientists who participated in the symposium, as well as beleaguered regulators in other states — find Utah's willingness to let Circle Four's expansion proceed unabated the height of folly.

"I'll tell you what I told a (U.S.) Senate subcommittee two weeks ago," said Dewey Borts, director of North Carolina's Division of Soil and Water Conservation. "As policy makers, we are paid to take care of natural resources. Our job is to protect the citizens from odors, from even a threat to the quality of their ground and surface water. And we have failed here. And it may be that your people out there have failed as well."

Circle Four, a consortium of four of the East Coast's biggest hog growers, has roughly 250,000 hogs on site, generating about 600,000 market hogs a year. Its managers have said they plan to expand to four times that size.

The gap between two and five times the amount of waste as humans. If Circle Four expands as projected, it would be like pouring the raw waste from a city of 250,000 people into a hole in Utah's west desert.

Circle Four's general manager, Steve Pollmann, would not discuss future expansion, except to concede the company is proceeding with construction on two 10,000-sow barns in Iron County.

Pollmann insists those sows will be market hogs, although the industry usually uses such farrowing facilities for breeding and expansion.

"The owners will evaluate the market" before deciding to build further, he said. "It's premature."

There is little question among state regulators that Circle Four intends to expand. The regulators are being inundated by applications for ground water discharge permits.

"They're coming fast and furious," said Mark Novak, an environmental scientist for the Utah Division of Water Quality. "It's hard to keep track of all of the lagoons sometimes."

Indeed, Circle Four now operates 52 sewage lagoons, ranging in size from about 6 million gallons to 27 million gallons. That's more than all of the other regulated industries the division oversees combined. If the farms expand as planned, the number could quadruple.

Moreover, at the behest of Ott and his group, the state is now requiring permits for small divisions of formerly didn't regulate, and is also requiring the division to approve construction of the concrete pits that catch the waste beneath the confinement barns.

But it is the reeking, open-air sewage lagoons that are the focus of concern for Ott and his small group of protesters. They say they are a witch's brew of microbes and toxins.

His group has challenged the Iron County permits, and a hearing on the matter before the Water Quality Board is set for June.

Man gets 15 years for downloading Internet porn

BOISE (AP) — A former local man now living in Illinois was sentenced to 15 years in federal prison for possession of child pornography that he admitted downloading from the Internet.

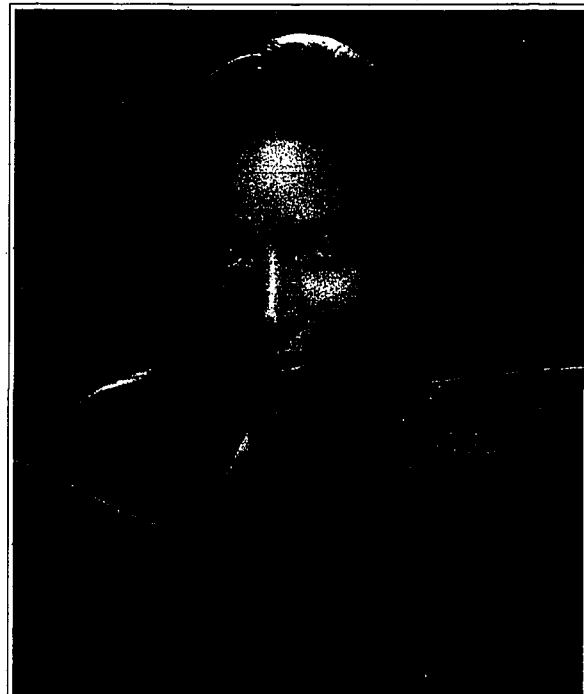
Kevin Mark Hathcock, 26, of Des Plaines, Ill., was sentenced by U.S. District Judge Edward Lodge during the past week after

pleading guilty last September to downloading hundreds of images of child pornography between April and June 1996.

But Lodge allowed Hathcock to remain free while he appeals an earlier ruling by the judge to the 9th U.S. Circuit Court of Appeals. Hathcock currently is creating computer web pages for Industry Solutions Group in the

Chicago suburb of Oakbrook, Ill. U.S. Attorney Betsy Richardson said.

The Boise Police Department got involved after an employee at a local computer store reported that Hathcock had brought in a computer for repair with instructions to replace the hard drive and transfer the contents of the old drive to the new one.



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<p>LEGAL NOTICE</p> <p>REQUEST FOR BIDS - Notice is hereby given that sealed bids will be received by Twin Falls School District No. 411, for the purchase of one (1) modular classroom unit to include site prep, foundation, and utility hookups (four (4) classrooms) with approximately 2800 square feet of total floor space. Sealed bids will be received until 11:00 a.m. prevailing time, Tuesday, May 5, 1998. Bids should be delivered to:</p>	<p>LEGAL NOTICE</p> <p>Red-or-mailed-to-Bids - hereby, Twin Falls School District No. 411, must meet or exceed Idaho modular unit specifications and meet ADA requirements. Further information and applications can be obtained from Dale Thornberry at the above address; phone 208-733-9900; e-mail: thornberda@tdsk12id.us</p>	<p>LEGAL NOTICE</p> <p>Bidders are required to furnish bid security in the form of cash, a cashier's check, or bid bond executed by a qualified surety company made payable to Twin Falls School District No. 411, in the amount of not less than 5% of the total cost proposal, and no interest will be allowed on bid or security. This surety shall be forfeited by the</p>	<p>LEGAL NOTICE</p> <p>Bidder in event of failure to fulfill provisions of bid as awarded.</p> <p>The Board of Trustees for School District No. 411 reserves the right to reject any or all bids and to waive all informalities. Arlene Stafford, Clerk of the Board</p>	<p>LEGAL NOTICE</p> <p>REQUEST FOR BIDS - Notice is hereby given that sealed bids will be received by Twin Falls School District No. 411, for the purchase of a Network-Computerized Student Information System for eleven (11) schools. Sealed bids will be received until 11:00 a.m. prevailing time, Tuesday, May 5, 1998. Bids should be delivered or mailed to:</p>	<p>LEGAL NOTICE</p> <p>Falls School District No. 411, 201 Main Avenue West, Twin Falls, ID 83301. Bid envelopes must be identified on the outside as "NCSIS Bid".</p> <p>Further information and specifications can be obtained from Dale Thornberry at the above address; phone 208-733-9900; e-mail: thornberda@tdsk12id.us</p>	<p>LEGAL NOTICE</p> <p>Bidder in event of failure to fulfill provisions of bids as awarded.</p> <p>The Board of Trustees for School District No. 411 reserves the right to reject any or all bids and to waive all informalities. Arlene Stafford, Clerk of the Board</p>
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LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE LEGAL NOTICE

PROJECT LIST AVAILABILITY The Burley Field Office of the U.S. Fish and Wildlife Service announces the availability of its quarterly project list...

PUBLIC MEETING Pursuant to Idaho Code 87-2743, notice is hereby given of a public meeting of the Idaho-Fish and Game Commission...

LEGAL NOTICE YOU ARE HEREBY NOTICED that the Director of the Department of Fish and Game, pursuant to Idaho Code...

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UNITED STATES DEPARTMENT OF JUSTICE Immigration and Naturalization Service Notice is hereby given pursuant to 8 C.F.R. 827.4.9 that the following vehicles were seized because of their alleged use in the commission of a violation of Section 274(a) of the Immigration and Nationality Act...

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MOORE SPUN KIDS CASH Spinning Special Fun... TLD Included: 734-8420

KIDS CONNECTION New preschool/daycare... NEW Daycare in Wendell...

EMPLOYMENT PUBLIC SERVICE Don't pay to find work... DELIVERY DRIVER MAFA Auto Parts...

ACCOUNTING/PROPERTY MANAGEMENT COMPANY seeks Lead Bookkeeper/Accounting Clerk for its Bookkeeping Position...

DRIVER Class A CDL req. FT. Call for appl. at 326-7447... DRIVER We are expanding again...

ACCOUNTS PAYABLE & RECEIVABLE MANAGER Full time, 8 to 5 Mon. - Fri....

AUTOMOTIVE Headed A/P Part Center person, minimum 2 yrs. exp....

DRIVERS BEA-PORT OF OUR TEAM... DRIVERS 2-YEAR+ OTR experience...

DRIVERS Small Personal Firm... DRIVERS 2-YEAR+ OTR experience...

DRIVERS We are expanding again... DRIVERS Excellent opportunity...

DRIVERS Excellent opportunity... DRIVERS Excellent opportunity...

DRIVERS Excellent opportunity... DRIVERS Excellent opportunity...

DRIVERS 43 States Visa and reentry... E-MAIL you classified ad...

ENGINEER Mechanical Engineer... FARM Op Stage pit pecker operator...

FARM WANTED by the Laidlaw Park Center Association... FARM WANTED by the Laidlaw Park Center Association...

HAIR STYLIST Stylist needed at Robyn Todd's... HAIR STYLIST Stylist needed at Robyn Todd's...

LABORER Factory-asst... LABORER Factory-asst...

PERSONNEL HELP WANTED Experienced PA... PERSONNEL HELP WANTED Experienced PA...

LANDSCAPING Lawn sprinkler & lawn care... LANDSCAPING Lawn sprinkler & lawn care...

LIBRARY DIRECTOR 7-11 CALIFORNIA... LIBRARY DIRECTOR 7-11 CALIFORNIA...

MANAGER The Times-News is currently accepting applications for the position of District Sales Manager...

INDUSTRIAL ELECTRICIAN Particulate-board plant with stable long-term employment history has an immediate opening for an INDUSTRIAL ELECTRICIAN...

CONSTRUCTION We are seeking experienced Contractors & Laborers... CONSTRUCTION We are seeking experienced Contractors & Laborers...

COOR-NATOR Located in the Grande Ronde area... COOR-NATOR Located in the Grande Ronde area...

MANUFACTURING Looking for qualified individuals... MEDICAL Full time RN Daycare staff...

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MANUFACTURING Looking for qualified individuals... MEDICAL Full time RN Daycare staff...

THE ACES ON BRIDGE

You never know what is enough until you know what is more than enough.

— William Blake

How many heart tricks does South need in order to make today's no-trump game? One is enough if he can manage three diamond tricks. Two are too many if he must lose three hearts. Not too clear? Look over South's play to find clarification.

West leads his heart eight and South ducks in dummy. When East plays his heart trick South with a cheap trick with his 10?

If he does grasp for a cheap trick, it will cost him his game. South leads a low club to dummy's king to lead a low diamond, but East alerts hops up. (A lazy duck would prove disastrous.) East returns a heart to establish West's king, but the diamond king is the key entry for him to cash his hearts for one down.

If South refuses the cheap trick at once, he will win three tricks. When West declines with a high heart, South wins and leads diamonds. East wins his ace, but he has no heart to lead. South wins the trick to lead another diamond to West's king, but South's remaining 10-5 of hearts neutralizes West's suit. West is forced to cash his high heart or duck.

How many heart winners did South need? Only one. If he took a greedy two, he would still find three diamond winners in dummy. East had time to play his ace; the defenders would have already taken the setting trick.

Send your answers to: The Aces, P.O. Box 1234, Twin Falls, ID 23305. Write your name and address on the envelope. Prizes will be awarded to the winners of this contest.

CATTLE - Angus bulls, yearlings, long yearlings and yearling steers. Call: 834-8552.

CATTLE 2 yr old polled Hereford bulls. You haul & sell \$850. Damington Ranch Hereford, 638-5501.

CATTLE DISPERSAL Registered Angus cows, Herefords, 700 lbs. 734-4841 after 6:00 p.m.

CATTLE Grass calves, milking cows, Holsteins, 200-500 lbs. Call: 208-743-6430.

CATTLE 11 Holstein Steers, average weight 2.8 to 3.2, 2 to 4 yr. 736-6326.

CATTLE Hereford Bulls Moderate birth weight, lots of growth. Meakin Ranches 823-4687.

CATTLE Limousin bulls, for sale. Semen tested, health good. Call: 354-7335 leave msg.

CATTLE Registered Angus yearling heifers, health good. Call: 8625-324-3106 leave msg.

CATTLE Colostrum fed, started bull calves for sale. Call: 208-743-6430.

CATTLE Polled Hereford bulls, 12-14 mos, old, tested & guaranteed. Call: 865-4266.

CATTLE Semmental yearling, purebred, 1000 lbs. Call: 734-8042.

CATTLE Wanted to buy Holstein dairy calves. Call: 865-4266.

EMUS for sale, very large, 10-12 weeks old, breeders & 20+ market size birds ready for processing. Call: 865-4266.

HORSE - Barrel & polo, 10 yr old gelding, sound & solid, great for high school. Call: 833-6642.

HORSE Paint pony, very flashy, 12 yrs old, black, star in ear, hand's, \$10,000/call. Call: 208-822-9200.

HORSE TRAILER - Hale 4 horse, 12' x 12', heavy duty. 733-3129 evenings.

HORSE TRAILER - ROPE 2 horse start load w/ back rack, new condition. \$4000/call. 798-3454.

HORSE TRAILER - 1998 Chemac, enclosed 3 horse start, 12' x 12', low mis. Excel. cond. \$7500/call. 788-8332.

HORSE TRAINING and schooling aids. Call: 865-4266.

HORSE TRLR - 300 Chemac, 2 horse start, back rack. 3500. 734-8368.

HORSE - 9 yr old AQHA mare, 14.1 h, \$10,000. Call: 436-1340.

FUEL TANKS, 250 gallon on short stand, 500 gallon, 1000 gallon & 1800 gallon, fits on truck. Call: 423-5024, evenings.

PLANTER JD 7100, row 30, 36500; CULTIVATOR JD 8100, 31500; CORRUATOR JD 8200, \$2000. Call: 324-4193 or 324-6900.

PLANTERS - 2 Milion 12 wheel on 4x2 b/w w/ace floating linkage. \$5000 each. Call: 468-4087 dir.

TRACTOR - Ferguson F-40, utility w/ride front end, 3 pt hitch, new front block. \$3200. 733-5369.

TRACTOR 565 Diesel w/ cab, dual air weights 423-4968 after 5 pm.

TRACTOR MF 230, 3 pt. plow, runs good looks good, \$2500. Call: 328-3676 after 5pm & weekends.

TRACTOR - '93, CASE IH 9250, 3720 hours 3 point hitch, 4 wheel, 20.8 x 42 duals. Finance at 7.9% \$89,000. Delivery available. 865-4087 dir.

TRACTOR - Farm Super 3 C with cultivator, bars, 7 Diade, plow, \$1850. Call: 208-743-6430.

TRACTORS, 21 82C IHCO diesel, recent overhaul, \$5900. 8N Ford, good condition. 733-5369.

VERMEX 21 double hay rake, \$4000. 14 Hoston 6400 wheel w/cab and 17000 2 row hay wheat, 1044 New Holland 2 wide harrow bud w/cab, \$7300. 539-2643 leave msg.

703 CUSTOM FARM SERVICES ALL GROUND WORK - Plowing - Rock Pickling - Loader - Manure Hauling - Randy Wagon 423-6686.

CHEMICAL APPLIANCE - "Potatoes" - Beets - Beans - LESLIE JONES, INC. 733-9456. Phone call: 208-326-4921.

702 APPLIANCES - FREEZER, chest, 19.8 cu. ft. Single Kenmore washer, \$125. 738-4605.

WASHER/DRYER set, Kenmore, excel. cond., \$249. Single Kenmore washer, \$125. 738-4605.

WASHER/DRYER set, Kenmore, excel. cond., \$249. Single Kenmore washer, \$125. 738-4605.

705 IRRIGATION ALUM PIPES - 3" Call: 825-4431, 825-6411.

CLYDE'S PIPE REPAIR Wheel lines even in the field or clean up the bone pile of hand lines, wheel lines & main lines. Also buy scrap aluminum. 678-7149.

HAND LINES & latches. 3 1/2" x 4" main line, 5088 & socket. 678-5007.

MAIN LINES 8" & 10" main line, Aluminum, 30' Call: 825-4431, 825-6411.

PIPE - utility mainline, 250 ft of 6" poly, 90 ft of 4" poly. \$1.50 ea. 84-44.

PIPE - 6" double gate pipe, 30' x 32, 2 yrs. 678-5007.

PIPE - 6" galv. mud pipe, 40' x 1/2 mile. Call: 828-5640.

SIPHON TUBES 70 aluminum, 3" x 30' long. Call: 828-5640.

WHEEL LINES (2) - good, center move. Call: 638-2293.

HAY for sale, Dairy hay, 800 tons, 1st & small bales. Must Lake hay. Please call: 208-324-4036.

HAY for sale, Fresh hay, 1st & small bales. Please call: 208-634-5678.

HAY - Alfalfa 50' 3rd cut, 1000 tons, 27' x 42', 69.5 TDN covered. Call: 423-4318.

HAY - Alfalfa, 250 - 1/4 ton bales 2nd crop, test avail., no rain, good quality. Call: 627-5336.

HAY - Approx 80', second crop, no rain, covered, small bales, 385 per ton block. \$3200. 733-5369.

HAY - Call hay 550 a ton Great hay \$50 a ton Alfalfa hay \$70 a ton. No rain small amounts. Call: 734-0394 or 423-0394.

HAY - 1st cutting, good quality, no rain, close in, sell any amt 733-25200.

HAY 70s tons, small bales, 575 per ton. Please call: 208-634-5496.

WE BUY USED SADDLES & EQUIPMENT FOR CASH! Also, old silver bits & spurs. VICKERS WESTERN STORE, 733-7990.

814 JEWELRY & FURS RHQ ladies wedding set, 1 karat center, 6 karat side diamonds, appraised \$5500, sell \$3200/call. 733-7375.

815 LAWN & GARDEN A-1 GARDEN TILLING Tractor 1/2 hp, 4 wheel, reasonable \$733-6779.

802 APPLIANCES - FREEZER, chest, 19.8 cu. ft. Single Kenmore washer, \$125. 738-4605.

804 BUILDING MATERIALS BUILDING TO BE MOVED 28x50 Chid's Restaurant - Jerome at auction April 20th - 5 pm A.A. Call: 800-770-4580/734-4587.

BUILDINGS Must sell immediately 2 arch style buildings, 30' x 40'. Call: 423-9630, 423-9630.

MISC. BRICK & ROCK - small amounts for landscaping or building. See at 213 5th Ave W. Call: 734-0368 or 733-0374.

807 CLOTHING PROM DRESSES (5) dresses avail, sizes 5, 7, 8, 10. Call: 865-4266.

WEDDING DRESS sale, 16 detachable train, veil & headpiece included. \$175. 678-7454.

WEDDING GOWN - Size 6. Wore it 18 months. Beautiful on all or off shoulder style. Med length, long train, long bodice. Excellent and stored in plastic. Asking \$250. Matching veil/headpiece also. Call: 733-2893.

809 COMPUTERS 486's super VGA, starting at \$300. 486 laptops starting at \$250. 733-9444.

COMPAC 486 laptop w/CD ROM int. home base hookup. \$500. 543-2136.

IBM 200 MHZ 386 RAM, sound CD ROM speaker, 1.7 gig HD, mod. \$799. Call: 732-5652.

WORD PROCESSOR - Smith Corona PWP, 8500 N/W DWP 2, \$250 & 733-9265.

811 FURNITURE & CARPET found at the end of a Classified ad means that it may also be found on the Internet at www.magicvalley.com

COUCH, Sage blue, beige, 100% mohair, \$395. Call: 733-6184.

DINING TABLE w/ chairs, \$600; Hutch, \$600. 800-369-1000, 733-2937.

FURNITURE UPHOLSTERY MACHINE, Also ORGAN & Piano. Please call: 208-324-4036.

LIFT CHAIR - less than 1 yr old, Call: 666-4666.

MATTRESS SET Queen size, Orthopedic, brass headboard/frame. Never used, like new, \$2000. (\$1000 new). 736-2000.

MATTRESS, BOX SPRINGS & FRAME, King size, \$372. DRESSER W/ MIRROR, \$70. 7435. Gorgeous cherry wood, \$300. Please call: 208-733-3961.

MATTRESSES, King size, Hotel. \$100 a set. 734-8881.

MATTRESSES, Queen size, Hotel. \$85. \$130. Also, Full size for \$99, 100% return. Call: 734-8881.

RECLINERS 1 green, 1 blue, new, \$330; 1 wing back, neutral, \$300. 678-9222.

TABLE - Lowe Ashley farmhouse style table, 6 chairs, great cond, solid pine. \$375 offer. 733-7344.

TWIN FALLS - "Freda" Indoor Garage Sale, 304 Blue Lakes Blvd. 734-9459.

RAIL ROAD TRS 368-7406 - 366-2575 Wes or Rich, Woodman.

ROTOTILLER, Troy Bilt, 8 hp, gas, 1000 lbs. \$800. Call: 423-9014.

TREES for sale, 2 to 7' Pine & Spruce. Please call: 208-678-1879, 6:00 p.m. & weekends.

810 EXERCISE EQUIPMENT NORDIC TRACK - (Sequoia model), \$150. Call: 733-1301.

NORDIC TRACK - top of the line model, hardly been used. \$450 offer. Call: 733-7180.

817 MISC FOR SALE AIRLINE TICKETS (2) for sale. Anywhere in the Continental US round trip. \$400. Call: 423-9353.

BEDLINER for Fit Dodge 4 ton PU, \$100. Please call: 423-4233.

DON'T GIVE UP - If no weight loss program ever worked for you, try this! 1995 nutrition, not restriction. 18 yr program, sample \$30. 30 days average guarantee 735-9052.

ESPRESSO CAFE, Large & fully contained. Grinder, 1 yr, 2 yr espresso maker, cash register, storage, 2 bank and more. Call: 208-788-0003.

FAST TREES - Grow 6-10 inch trees, 100% guaranteed delivered. Potted. Free Brochure. 800-615-3406.

FISH FINDER Eagle Magnavision Plus, 3 beam bright, 1000 ft. range, temperature, 1 yr. old, \$160. RWS model 48-177 call: 733-6184, 733-6184.

MCCALL vacation, May 25-June 1, Aspen Cond. \$250. Call: 638-8800.

MISC. - Saddle, Jack Brand, saddle, weight machine, Coleman camp stool, \$25. Call: 733-6184.

KNITTING MACHINE - slightly used, w/ ribbon attachment (ribbon never used), new \$1400, sell \$500/call. 324-3522.

THESEEN TRUCKS



1988 FORD F150 PICKUP \$1,295

1990 NISSAN HARDBODY PICKUP \$4,971

1992 MAZDA PICKUP \$6,495

1989 FORD F150 XLT PICKUP \$6,995

1989 CHEVROLET CONVERSION VAN \$6,487

1991 FORD F150 4X4 PICKUP \$9,995

1996 GLE TRACKER \$10,487

1997 JEEP WRANGLER \$13,487

1994 FORD AEROSTAR \$13,995

1993 CHEVROLET EXT. CAB PICKUP \$14,995

1995 ISUZU ROVER \$9,971

1995 HONDA PASSPORT \$19,995

1996 FORD EXPLORER \$20,995

1995 RANGE ROVER DISCOVERY \$24,487

1997 FORD F150 EXT. CAB PICKUP \$19,995

701 MAIN AVE. E. TWIN FALLS
733-9160 TOLL FREE: 1-800-316-7703

MOTORCYCLE - Honda 500, needs work. 2 Snowmobiles, both 2000. Honda 1115 one mile work. 734-3037. **LAVERA MFG.**, 734-3037. **RANGE**, elec. Like new 2000. WATERER, \$126. DRESSERS, \$103. 32-32-4831.

REMEMBER This birthday you placed some time on the Times-News? Now is the time to stop by the Post Office Customer Service Dept today!

TANNING BED - \$500. VACUUMS (2) Kirby, \$25. Pansonic Jet Flow, \$35. Call 734-8233.

MUSICAL INSTRUMENTS

GUITAR - EVH Wolfgang's nice, unbreakable price. \$245-\$254. **PIANO** - Rudolph Wagner, upright, w/ bench, oak. 423-5263.

PIANO - Mahogany with ornate cabinet. \$350. Call 734-2717. **PIANO** - Chickering Grand piano. \$2,400. Call 678-2717. **PIANOS** - Tuned, Refinished, Rebuilt, Also Played. \$245-\$254. **USED PIANOS** - Don't buy junk! Come to Keith Jorgensen's & see our full line of quality pianos. Free Delivery - Tuning - Bench - 1 yr. Warranty. Starting \$245. O.A.C. 733-1298. (Next to Barnes & Noble on Blue Lane & Poleline Rd. 772)

819 OFFICE EQUIPMENT & SUPPLIES

OFFICE FURNITURE, need. 2 desks, 2 bookcases, 2 chairs, 733-1781

920 PETS & SUPPLIES

AUSTRALIAN SHEPHERD/AUSTRALIAN PUPP Co w/dog pupa. \$125. **BLACK LAB** 6 mo's old trained to hunt the bird. Call 423-4377. **BOSTON TERRIER** - AKC pup, \$300. Pomeranian, \$100. **EMU** Rhea, Pot Belly Pig, Mini Cows, Ducks, Geese, Baby Chicks, Rabbits & more. Call 734-3037.

WANTED - CABINETS - Wood or laminate. Call for in good shape. 735-1020, or msg. **WANTED - PATIO FURNITURE** - 8' or patio canopy w/ good shade. Call 734-3037. **WANTED - PIANO** - cheap, early intermediate used. Call 678-2635. **WANTED - RIFLE** for beginner (must be reasonable). Call 734-3037. **WANTED - PLASMIC** jewelry, mainly kitchen items. Call 734-3037. **WANTED - USED PORTABLE** stick welder/generator. Call 734-8296. **WANTED 5' sp printer** - needs to work good. Call 614-2069 after 5pm.

WANTED TO BUY - Any implements or attachments for a John Deere lawn tractor. Call 326-4043. **WANTED - BAG PIPE**, whetted & aged. Call 734-8221. **WANTED - Best 5th wheel** or trailer under \$10,000. Call (760) 445-2944. **WANTED - Used transmission** - for a Dodge Ram. Call to 4x4 from 1987 - 1993. Call 677-2782. **WANTED: 1977 Pontiac** - 1977 Pontiac coupe, black w/7 top. Good shape. Call 208-694-4410.

WANTED: Adult female - purebred dog with black hair. Name: Pekingese or Pomeranian. Call 760-1625. **WANTED: Cookware**, prefer for burnt food or pieces. Also Rainbow or Kirby vacuum. Must be reasonable. Call 734-3037. **WANTED: Good used rock** or rock player. Please call 208-733-7446. **WANTED: King size water bed** - with mattress, ring liner, adult saddle, railroad tyre, usable wood for tub. Also, portable electric or plienchion, small shed or chicken house, boat, clothes, 27' x 30' auto horse ft., floor mats, automobile floor & water systems. Call 423-8129. **WANTED: Old gas pump** - working or not. Up to \$75. Call 208-678-2717.

822 TOOLS/MACHINERY

GRINDER - 12" Surface grinder, w/ 4X3 magnetic chuck \$650. 733-8755. **TABLE SAW** - 10 inch. Call 733-8608. **825 GARAGE SALES**

MOVING - 3 pc table set, 575. Dirm set, \$150. Chair set, \$60. Hide-a-bed, \$100. Bed, \$100. Chairs, \$15. Shelves, \$30. Swamp cooler, \$175. 734-4438 or 855-1130.

826 TOOLS TO BUY

Any parts for older Craftsman table saw and lathe/turner for salvage. Call 208-443.

BALER, wanted to buy. Suitable for small bales. Please call 208-977-4123.

808 SNOW VEHICLES & EQUIPMENT

909 SPORTING GOODS HUNTING SUPPLIES

1005 ANTIQUE AUTOS & COLLECTIBLES

910 TRAVEL TRAILERS

1006 SEMI & HEAVY EQUIPMENT

911 UTILITY TRAILERS

1009 TRUCK PARTS & ACCESSORIES

905 GUNS/RIFLES

906 HOT TUBS/POOLS

907 MOTOR HOMES & RV'S

908 CAMPER'S/SHIPS

909 QUALITY TRAILER SALES

1008 TRUCK PARTS & ACCESSORIES

1009 4 X 4'S

1009 TRUCK PARTS & ACCESSORIES

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1009 TRUCK PARTS & ACCESSORIES

THEISEN USED CARS SPECIALS!

- 1985 HONDA ACCORD LX** \$895
- 1984 FORD ESCORT** \$995
- 1984 MERCURY GRAND MARQUIS LS** \$2,188
- 1986 BUICK ELECTRA** \$2,995
- 1988 LINCOLN TOWN CAR** \$3,977
- 1972 FORD MUSTANG 2 DOOR** \$3,995
- 1990 FORD TEMPO** \$4,995
- 1990 BUICK REGAL 2 DOOR** \$4,995
- 1991 MERCURY TRACER WAGON** \$4,687
- 1993 MERCURY TOPAZ SP CP** \$5,995
- 1992 HONDA CIVIC** \$5,671
- 1990 MERCURY GRAND MARQUIS** \$5,487
- 1990 TOYOTA CAMRY** \$6,587
- 1994 KIA SEPHIA** \$6,995
- 1994 PONTIAC SUNBIRD** \$7,487
- 1993 MERCURY SABLE** \$7,995
- 1996 KIA SEPHIA LS** \$8,287
- 1994 MERCURY SABLE** \$8,995
- 1994 FORD TAURUS** \$8,687
- 1993 HONDA CIVIC HB** \$8,995
- 1993 MERCURY GRAND MARQUIS LS** \$8,387
- 1993 DODGE CARAVAN** \$9,995
- 1992 LINCOLN TOWN CAR** \$9,995
- 1994 OLDSMOBILE CUTLASS SUPREME** \$10,995
- 1995 MERCURY MYSTIQUE** \$11,137
- 1995 TOYOTA CAMRY** \$12,995
- 1996 FORD CONTOUR** \$10,888
- 1997 PONTIAC GRAND AM** \$11,477
- 1994 NISSAN SENTRA** \$12,971
- 1998 PONTIAC GRAND AM** \$13,477
- 1998 MERCURY MYSTIQUE** \$13,977
- 1994 HONDA ACCORD LX** \$13,995
- 1997 FORD TAURUS** \$11,487
- 1993 LINCOLN TOWN CAR** \$13,371
- 1997 MERCURY SABLE** \$14,477
- 1995 MAZDA** \$18,371
- 1995 LINCOLN CONTINENTAL** \$18,471
- 1997 MERCURY GRAND MARQUIS** \$18,471

THEISEN USED CARS SPECIALS!
 HOME OF THE THEISEN PLAN
 THE BEST PLACE IN THE WORLD TO BUY A CAR
 701 MAIN AVE. E. TWIN FALLS
 733-7700 TOLL FREE 1-800-316-7763

CHEVY 1995 W T, 5 spd, 3500, exc cab, great cond.
\$11,500. Call 733-3393.

CHEVY 1971 4x4, 12000 miles, \$1200. 934-5918

CHEVY '97 77 4x4 P.U. 5 spd, 5000 miles, \$7,000/offer. Call 423-5001.

CHEVY '97 Tahoe, seat 9, 22K mi. AC, CD, alarm, extras. Call 324-8898.

CHEVY, Blazer, '94, 4x4, 18000. CHEVY, '92 PU, 4x2, 1200. Call 423-5178

CHEVY, '95 Suburban, 4X4 Exc cond, low mileage, \$25,000/offer. Condon, Brandon, Alton, or Jeff at 733-4222.

DODGE '97 short box, cab #380 V6, AT, air, tilt, cruise, 40,000 miles, receiver hitch, \$19,995 324-1099, 420-1299.

DODGE RAM '97 1500 Laramie SLT, 380 V8 Magnum, power everything, CD, cassette AT, 4063, 3831 leave message.

FORD '87 Ranger XLT, 4x4, ext. cab, 90K, new head, 2000. \$5000. Call 764-2531

FORD - 1992 F350 XLT 4x4, crew cab, diesel, brush guard, running board, camper shell, custom paint and wheels. \$16,000. Call 423-4554

FORD - '87 Ranger, 95K miles, custom wheels, brush guard, runs great. \$4,200. Call 734-4900.

FORD, F-160, 1986, 351 cubic inch motor, new paint job, white. 432-5235

FORD, F-250 XLT, 35, 6.9 diesel, exc. cab w/camper shell. \$22,200. 432-5235

FORD, F-250, 1977, 400, AT, 5000 or best offer. Please call 206-934-5961

FORD, F-250, 1984, clean! Good shape! Please call 238-3247-3537.

FORD, F-250, 1987, 460 manual trans, HD suspension, blue/charcoal paint. Receiver hitch & tire, bucket, bedliner, diesel plate bad caps. Nice truck! \$5000. 326-6017

FORD, F-250, exc. cab, 1987, 100,000 or best offer. Paint, 423-8388, after 7.

FORD, Super Cab, XLT, '93, short box, 351, AT, 1987, 100,000 or best offer. Call 324-5174.

FORD, '89 250 XLT, 5 spd, diesel, low mi., 39000/offer. 543-8070/vees.

FORD - '96 Ext cab, F-150, 351, AT, \$16,000. Sharp. Call 324-8418

FORD-'91 4x4 F-250 HD XLT Ext. cab, 94K miles, 7.3 Turbo diesel, 5 spd, extras, new prof. paint, beautiful truck. \$12,250 934-9951 or 4003 oves.

GMC 94, SLE 1500, exc. cab, 4.2 motor, 5 speed, air, tilt, cruise, cassette, 11,995 934-9951 or 4003 oves.

GMC 98 350 Vtech, ext. cab, 3rd, SLE, 2, 7000 CD, AM/FM, 6 speakers, call 324-1457 days or 324-5174 eve's. dir.

GMC - 93 1/2 ton, AT, PS, air, PW, 60K mile engine warranty, 95K mile on trans, very clean, high book - \$13,500, low book - \$11,500. Call 324-2837

GMC - '77 Jimmy, AT, 4000 engine, sharp & clean, 12,000. Call 823-4200 after 6pm.

GMC - '77 short box, rebuilt engine, 33495/offer. Call 738-0688 after 5 pm.

GMC - '87 Suburban, diesel, 4x4, 147K miles. \$4500. Call 423-4993.

GMC, 90, 1/2 ton, 350 w/hold up canopy shell. Looks & drives great. 425-5078

GMC, 1994, ext. cab, black, sharp & clean by owner, 110,500/offer. 734-43299

GMC, Suburban, 1996, 350 Vortec, perfect cond. used, only 58K miles. Still under factory warranty. High book Suburban for 20K. 734-5273. Only \$28,400. 734-5273

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OLDS - '92 Bravada, 4-dr, V6, 4x4, AC, AT, 70K miles, 4000. Call 336-5630.

TOYOTA 1985 4x4, 37700. Call 840-733-5514.

TOYOTA, '93 Four Runner SR5, 5 spd, black, exc. cond. \$15,500. 733-7058

TOYOTA, '98 SR5, 4-Runner, V6, AT, air, PW, tilt, cruise, case, CD, running boards, 10 3x3, 6 tires w/all wheel studs. Very clean. \$23,500 Call 736-8714 days call for Jack.

1010 VAN & BUSES

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DODGE '95 Caravan SE. Low mi. New tires. Exc. cond. \$11,500. 87-5508

DODGE, Rams, (2), 250 custom vans for sale, (1) '88, black & silver, \$5500, (1) '94, blue & white, \$1500. Or both for \$6000. 731-6470, please leave message, if no one answers.

TOYOTA, 1988, leavo msa. Needs mechanical work. Body is excel. 208-324-3155, call after 5:30 p.m.

GUARANTEED ADS

The Times News guarantees to sell merchandise, automotive in 7 days and real estate in 15 days or return the ad an additional 7 days. There is a \$3 extra fee for the guarantee package. Ads may be cancelled early for customer convenience but the charge will remain the same.

HONDA '80 Accord, 4 dr., 2.0 liter, runs good. \$750. Call 324-2677 after 5pm.

HONDA '90 Accord, good cond., new tires, \$4500. Call 829-5148 after 5pm.

HONDA - 1984 Accord, 4 dr., 2.0 liter, \$1000/offer. Call 329-3785.

HONDA - 1989 Accord LX, clean, good tires, \$5000. Call 733-0377.

HONDA - 1992 Accord LX, excellent condition, \$8000. Call 733-0189.

HONDA - '97 Accord EX, power moon roof, PW, PS, PL, CD changer, 96K mi. Rear spoiler, only 11K miles. Call 733-3033.

HONDA 1988 Civic DX, 4 dr, 1.6 liter, AC, 91,000 mp g, 3,200. Call 1 731-1063/oster.

HONDA, Accord LX, 1992, 4 dr, AT, runs great. 3695/offer. 934-6418

HONDA - '89 Accord LX, 4 dr, Exc cond! \$4,000. Call 324-1919 24 hour.

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LINCOLN - '80, Mark VII, LSC, black, 61,000. Call 733-0477.

MAZDA '91 MX6, sun roof, 130,000, 3.4, 731-0951

MAZDA, 1995 Millenia in immaculate condition with all the options and gold trim wheels. \$11,900. Call Kent or Cindy 734-6104 or 733-5336.

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MERCURY - '84 Lux. Light blue, 2 dr, good cond. \$5000. Call 733-9959

MERCURY-'95 Mystic like a Contour, V6, 4 dr, 2.5 liter, AT, AC, 15K miles. \$10,200. Call 693-9444

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OLDS, Cutlass convertible, 1965, F85, new top, new carpet. Call 764-2209 after 5:30 in the eve, or leave a msg on modradio.

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SUBARU, Impreza, 1998, 2 door, AC, all wheel drive, 32K miles. \$2200. Please call 208-543-0929

TOYOTA 79 Supra, blow head gasket, new fuel injector & trans. Body in good shape. \$3500/offer. Call 543-5609 oves.

TOYOTA '94 Corolla, New tires, struts, fuel & water pump. Need head gasket. \$400/offer. 438-4712

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Page D3

HEALTH & FASHION

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Features Editor: Steve Crump — 733-9931, Ext. 223

The Times-News

Monday, April 20, 1998

Section D

Not-so-secret weapon could take care of Saddam

Pay attention, because I am going to explain our foreign policy.
At the current time (11:21 a.m.) our biggest foreign-policy problem is Saddam Hussein, the evil and amoral dictator of Iraq or Iraq, which may actually be the same foreign country.
You may recall that, way back when George Bush was president and most of the White House sex rumors concerned Willie the dog, we beat Saddam in a war. I mean, we kicked his butt. We dropped bombs all over Iraq (or possibly Iran), thereby ensuring that Saddam would never, ever, ever again be a threat to the peoples of the world until maybe seven months later, when suddenly, *bam*, there he was again! Despite clearly losing the war! That is how amoral he is.

HUMOR
Dave Barry

The word was that Saddam was making chemical and biological weapons, which are a clear violation of international rules, because they kill people. So the Clinton administration (motto: "No We Are Not Obsessed With Monica Lewinsky Monica Lewinsky Monica Lewinsky!") was threatening to send Air Force planes over there to drop more bombs (which are allowed under international rules, although they also kill people, but in a legal way) on Iraq (or possibly Iran) again.

Perhaps you are wondering: "What's the point of dropping more bombs, since that is exactly what did not work the first time? Why not just quietly, without making a big public deal of it, send a couple of experienced guys named Victor over there to quietly arrange for Saddam to have an unfortunate shaving accident that results in the loss of the upper two-thirds of his head?"

I am frankly shocked that you would even suggest such a thing. What you're talking about is assassination, which is a serious violation of international rules. On the other hand, it is perfectly OK to drop large quantities of bombs on a foreign country, as long as you are not specifically trying to drop one on the foreign leader, which of course under the rules would be assassination. (These rules are made by lawyers.)

The rules also state that, when you drop your bombs on a foreign leader, you try to gain a Consensus of World Opinion, which is legally defined as "at least four nations that know how to make a decent car, plus, if he is not off somewhere building a nuclear reactor." They always blurt out statements like "Lo, we have the hardware est un humdingler!" And then they get so mad that they could spit.

Pretty much the entire membership of the United Nations also hates us, because we haven't been paying our dues, which the member nations desperately need so that they can continue carrying out the vital U.N. mission of parking illegally all over New York. In fact our lone international ally at the moment is a man named "Tony," who has been visiting the White House and who claims to be the prime minister of Great Britain, which I for one do not believe for a second. I don't know much, but I know that the prime minister of Great Britain named "Tony." So as I said, the world pretty much hates us, and it's getting worse, because every day more nations are being exposed, via international TV news, to Jerry Springer, which is only a matter of time before one of these small irate post-oriented nations decides to launch a chemical or biological attack on us. That's certainly what I want to do when I watch "Jerry Springer," and I hope so.

My point is that we are not going to get any international help in dealing with Saddam Hussein. It's totally up to us, and I say it's time we stop pussyfooting around and use the most powerful and most effective weapon that will guarantee that Saddam never bothers us again. Yes, as shocking and heartless as it may sound, I'm proposing that we send an Air Force bomber directly over Baghdad and drop the most horrible, the most horrible, the most morally repugnant weapon that this nation has ever produced: *barbecue*. (We could even, if necessary, put *calciutes* on them.)

Please see BARRY, Page D2

Patients at risk



Monitoring germs, or "bugs" as she calls them, at Twin Falls Clinic & Hospital is the job of Infection Control Nurse Deedre Anderson. She educates hospital staff about controlling the spread of germ colonies like the ones growing in the petri dishes shown here.

The stakes get higher on curbing hospital-acquired infections

By Joan Bean
Times-News correspondent

TWIN FALLS — Folks go to the hospital to get well. But sometimes they get sicker instead.

That's because nosocomial, or hospital-acquired infections, have taken a nasty turn in recent years. A growing number of strains of antibiotic-resistant bacteria have transformed some routine medical treatments into life-threatening struggles for some people.

And a hefty financial burden. Nosocomial infections affect more than 2 million patients a year in the United States — and 90,000 die — at a cost of \$4.5 billion, according to the federal Centers for Disease Control. Hospital-acquired infections account for half the com-

Protecting yourself — D2

lications of hospitalization — more than medication errors, patient falls and other causes combined.

Worse, the rate at which patients pick up infections in hospital has increased by 36 percent in the past 20 years, according to the CDC.

All of which has made infection-control a high priority for all hospitals.

At Magic Valley Regional Medical Center, employee health nurse Jane Slickers, who was until recently an infection-control practitioner, said the hospital employs a variety of techniques for keeping

Please see BACTERIA, Page D2

Where the bugs are

Nosocomial rates at four, small (fewer than 200 beds) non-teaching hospitals in western New York state, as compiled by the State University of New York at Buffalo Medical School:

(Rates as number of infections per 1,000 patient care days)

National rate: 9.77 in 1995

Hospital and Year

Bacteremia* Pneumonia

UTI** C. diff***

Hospital A 1994 0.42 NA NA 0.83

1995 0.53 NA NA 0.57

Hospital B 1994 0.28 0.89 2.01 0.17

1995 0.22 1.53 2.08 0.27

1996 0.18 0.92 NA 0.55

Hospital C 1994 0.10 0.73 3.28 0.88

1995 0.14 0.39 1.59 0.67

1996 0.18 0.47 1.66 0.71

Hospital D 1994 0.53 0.53 3.00 NA

1995 0.23 0.51 2.71 NA

1996 0.31 0.16 2.18 0.23

*Bacteremia is a medical term for the presence of viable bacteria in the blood.

**UTI stands for urinary tract infection

***C.diff designates *Clostridium difficile* diarrhea, a gastrointestinal disorder.

— Sources: State University of New York at Buffalo Medical School, Centers for Disease Control

No, Sergio! Jeans should run larger than size 12

DEAR FASHION POLICE: I read an article recently about the newly popular designer jeans trend and the return of Sergio Valente jeans. In the article, it said the jeans for women will not go any larger than a size 12. Let's all risk being hospitalized for anorexia so we can fit into those oh-so-cool Sergio! It's time some of these designers stopped trashing women and making the size 14s and over feel like ugly fatsoes. I hope this trend doesn't last!

—STICKING WITH LEVITS
DEAR STICK: Looks like the old ad slogan "Uh-oh, Sergio!" is taking on a new meaning.

We were also disappointed to read that this return of Sergio Valente jeans, those second-skin denims that defined the disco era, were not topping a size 12. And it wasn't because we hoped to squeeze into one-of-the-late-models (not in this lifetime).

No, we were disappointed because of this quote, taken from a Los Angeles Times story, from Valente President Mary Wilberding: "Our attitude is that if you can't wear it to look good, you shouldn't wear it. We want Sergio to have that kind of sob appeal."

But there's more to this issue than



FASHION POLICE
Jeannine Stein

that statement. We contacted Mimi Turner, also of New York-based Valente, and she told us this is not a size-ist issue.

"Originally when we relaunched the jeans, I cut up to a size 36 waist, but the demand for the larger waist sizes was almost nil," she said. "That demand comes from the retailer, who responds to the requests of the customers. So next time when we did the cuttings, we knocked them out." (Incidentally, they originally made men's jeans too, but Turner said there had been little demand for those as well.)

We asked whether she thought this downsizing was odd, considering the statistics that say women are getting larger: "It might be that the appeal of the jeans is that they're tight-fitting, and that

Please see FASHION, Page D2

HEALTH NOTES

C over high C

Vitamin C can be bad for your health. The dietary supplement that is marketed for its cancer-preventive or antioxidant properties is effective if taken in the recommended daily allowance of 60 milligrams per day. But 500 milligrams a day — the typical dose for supplementation — may cause genetic damage that could lead to diseases such as cancer or rheumatoid arthritis, British researchers warn in *Nature* magazine.

A sticky solution

Ditch the stitches. Doctors may soon be able to repair damaged joints by pulling cartilage cells together with magnets. *New Scientist* magazine reports. It says Michigan orthopedic surgeon Alan Halpern has successfully tested the technique on rabbits.

Less pain

The pain that patients experience after prostate cancer operations can be greatly diminished by the administration of anesthetic drugs before surgery, doctors at the University of Pennsylvania Medical Center reported. In a study published in the *Journal of the American Medical Association*, a team of anesthesiologists and urologists

found that the use of preoperative anesthesia, administered through an epidural catheter, stops pain by blocking the natural response of the central nervous system. The effect was evident as long as nine weeks after surgery.

More acid

The level of folic acid that the government requires U.S. manufacturers to add to cereal, bread and pasta may be inadequate to protect people against heart disease or birth defects. Folic acid deficiencies have been linked to birth defects of the brain and spine as well as to high blood levels of the amino acid homocysteine. Homocysteine, in turn, has been linked to heart attacks and strokes. Folic acid is in leafy green vegetables, beans, eggs and grains, but few people get enough through diet alone. Food and Drug Administration guidelines that took effect Jan. 1 require cereal, bread and pasta to be enriched so the average adult gets about 340 micrograms of the vitamin daily. But a study in *Thursday's New England Journal of Medicine*, conducted before the guidelines took effect, found little change in the homocysteine levels of heart disease patients who ate breakfast cereal enriched with an entire day's amount of folic acid.

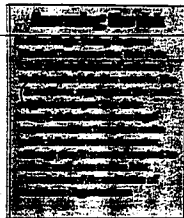
Compiled from wire reports

Bacteria

Continued from D1

...killing microbes in they.

...washing a winter temperature of 150 degrees Fahrenheit to wash dishes and linens kills microorganisms they may carry, she said. The hospital's cleaning crew is approved to use chemicals that are checked to make sure they are doing what they should.



...all these patients in the hospital... meaning they can't fight off infections very well.

"We have pretty tight routines and cleaning programs, and tell people how to clean up any spill of blood or body fluids," Sillicks said. "We do a lot of testing here to eliminate transmission of organisms from patients."

...Sillicks added that it's important to eliminate transmission between patients, when a bacterium is introduced into the room is a problem. When that happens, she said, precautions are promptly instituted.

...in some cases, it might be necessary to wear a gown — or maybe a mask — to prevent the spread of a particular microbe. And scrupulous handwashing is always important.

...Sillicks said patients need to understand that the hospital staff is making an effort to prevent trouble with infection.

"Handwashing is considered by most infection-control authorities to be the single most effective means of preventing the spread of infection in the hospital," Sillicks said. "And that's what we are constantly bumping on."

...Registered nurses can protect themselves by making sure of this. If they don't see caregivers wash their hands after entering a room or picking up a patient, why not — along with a light, friendly laugh.

"I guess our problem is trying to help patients understand that when we are asking them to do these various things and our all the time, and we hand them wash cloths so they can wash their hands before and after the visit, that we really have their best interest in mind, instead of thinking we're harassing them," she said.

"They, have you washed your hands since you're doing this?"

Registered nurse Dendree Anderson, assistant director of nursing and infection control and safety officer at the Twin Falls Clinic & Hospital, said there are good and not-so-good handwashing techniques.

"Signs at Major Valley Regional ask that visitors monitor themselves. There are signs that if they have any infectious disease, cough, diarrhea, etc., not to visit. Otherwise, there is no testing or formal training program for visitors."

"A lot of people will wash their hands when they reach up to turn off the faucet — when they get touched with their dirty hands," Anderson said. "And so they've contaminated their hands even when they just washed them."

Anderson said it's recommended that a paper towel be used to turn the faucet off, or to open the paper towel dispenser. The paper towel provides a barrier between the person's hand and contaminated surface.

...Sillicks said infections at the facility are below any rates that would be alarming.

"Visitors should be reminded to wash their hands when they arrive and when they leave," Anderson said. "And if someone has a cold or something else that's transmissible, or she should be reminded that they just washed their hands."

"In other words, we do a very good job," she said.

"The state audits across town at the Clinic. Anderson said the facility has seen an increased rate of nosocomial infections.

"That means we're doing our job correctly," she said. "That means we're controlling the infection within the facility."

...Anderson said there is an increase in community-acquired infections, especially those that are resistant to antibiotics. More recent outbreaks are taking a toll on the general population.

"And I think patients can actually have a sense of comfort in fact that infection control does exist. But there are health care professionals that that's their job," Anderson said. "Their focus is to make sure that these infections don't occur in the hospital."

"These folks have been on different types of antibiotics for multiple treatments."

"It's not so much what's happening in that. Maybe he'll be a brilliant engineer; you will always be perfectly dressed for any occasion (except if he ever gets that white turtleneck). But if he shows any talent in other disciplines, it's discouraging him. The world can always use more good designers."

"New antibiotics have an effective run of about 18 months before bacteria begin to develop resistance to them, she said.

"That's why we're using more aggressive procedures — including breathing tubes and intravenous catheters — that don't play a part in those of causing a nosocomial infection," Jarvis told Reuters.

"But that's no cause for panic, Anderson said. Since hospitals are where sick people go, there have always been infections in these facilities."

"And I think patients can actually have a sense of comfort in fact that infection control does exist. But there are health care professionals that that's their job," Anderson said. "Their focus is to make sure that these infections don't occur in the hospital."

"I often think of young Nate and wonder what he'll grow up to be. I also wonder if perhaps one or more of today's fashion designers or models might have started out in life as Nate has."

"I'm not so much what's happening in that. Maybe he'll be a brilliant engineer; you will always be perfectly dressed for any occasion (except if he ever gets that white turtleneck). But if he shows any talent in other disciplines, it's discouraging him. The world can always use more good designers."

"DEAR FASHION POLICE: I am a 51-year-old woman with a 7-year-old nephew. When he's called, has a different outlook than most. You may think of him as a born rebel, since Nate won't step foot out of the house, even to play — unless he is dressed as one might expect him to look if he were about to take part in a wedding long-sleeve white shirt, black bow tie, and black patent shoes and socks. Last Christmas, he asked his parents for a white tuxedo!

"I often think of young Nate and wonder what he'll grow up to be. I also wonder if perhaps one or more of today's fashion designers or models might have started out in life as Nate has."

"DEAR UNC: No doubt there have been designers and models past and present who, as children, were sartorial savants, and that the parents with their prternatural ability to coordinate outfits.

"Will Nate grow up to be the next Tom Ford or Karl Lagerfeld? No one can predict

"I'm not so much what's happening in that. Maybe he'll be a brilliant engineer; you will always be perfectly dressed for any occasion (except if he ever gets that white turtleneck). But if he shows any talent in other disciplines, it's discouraging him. The world can always use more good designers."

the bacteria has years and years of opportunity to mutate and to become resistant to antibiotics," Anderson said. "So we're seeing kind of an emergence of a new realm of bacteria, which they have termed 'superbugs' that we're having to be aware of, our infection control practices in the facility."

HEALTH & FASHION

Protect yourself from infection

The Times News

How to protect yourself from nosocomial infections if you're a hospital patient:



To find out more about nosocomial infections, visit The Times-News Online at... <http://www.magicvalley.com> and click on NewsLinks.

- Finish every prescription for antibiotics that you are given. People who stop taking their pills when they start to feel better are a major source of antibiotic resistance in bacteria.
- Be blunt about health-care workers washing their hands: Don't be afraid to ask if they have, because it's your health at stake.
- Ask questions of your doctor

New techniques battle bedtime buzz saw

Knight-Ridder News Service

About half the adult population snores, at least a few nights a week, according to a 1998 poll conducted for the National Sleep Foundation, a nonprofit health organization. And history tells us that some of the world's most esteemed leaders were nocturnal noisemakers, including Abraham Lincoln, Franklin D. Roosevelt and Winston Churchill.

Also, for all the inconvenience snoring causes, there's no sure cure in sight. Not that people aren't trying.

Techniques to silence that thundering buzz saw in your bed

are probably as old as the cave-man, who undoubtedly snored until his cavewife clubbed him silly.

Today's arsenal of anti-snoring devices is a tad more sophisticated but probably not as effective. The techniques range from low-tech gadgets to keep you from sleeping on your back, the optimum snoring position, to high-tech surgeries, including a new method using radio waves, approved six months ago by the Food and Drug Administration.

But before you start your search for a solution, understand that no one snores out of spite, though it seems probable at

times. Rather, you snore because the soft tissue in the back of your throat — the palate and uvula — flutters while you breathe.

Why? Because when you sleep, the muscles and soft tissue in your throat and mouth relax, making the breathing airway smaller. This decrease in space increases the speed of air flowing through the airway when you breathe. As the speed increases, the soft tissue vibrates. The vibration you hear is that snoring. Though men snore more often than women — possibly because testosterone is linked to snoring, some experts believe — women can rattle the rafters, too.

Barry

Continued from D1

Within a matter of hours, all of Iraq (or possibly Iran) would be paralyzed by lawsuits once word got around of the potential size of the damage awards, every body living within a 50-mile radius of a suspected chemical or biological weapons facility would be complaining of whiplash.

Saddam would be ruined for good, and the whole world would thank us. Even the French. Their exact words would be: "Merde a bunch!"

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Dave Barry is a humor columnist for the Miami Herald. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

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Fashion

Continued from D1

might not appeal to someone who is larger, although there are always going to be exceptions. But right now, the demand is not the least bit diminishing. The increase, without a doubt we'll make them."

Turner added that you are welcome to call the company at (212) 947-4444 for more information. He said, since there are still some left.

"We hope that a pair of tight jeans won't lead impressionable girls to lead a sedentary life, or to their bodies, but don't lose too much sleep over this newest retro fad. While fashion at times seems more exclusive than inclusive, many designers continue to make great clothes in larger sizes."

"DEAR FASHION POLICE: I am a 51-year-old woman with a 7-year-old nephew. When he's called, has a different outlook than most. You may think of him as a born rebel, since Nate won't step foot out of the house, even to play — unless he is dressed as one might expect him to look if he were about to take part in a wedding long-sleeve white shirt, black bow tie, and black patent shoes and socks. Last Christmas, he asked his parents for a white tuxedo!

"I often think of young Nate and wonder what he'll grow up to be. I also wonder if perhaps one or more of today's fashion designers or models might have started out in life as Nate has."

instead of this frightening polycotton number? It's a blinding that the winner can only wear it at the Augusta National Golf Club and golf-related events and has no future at the end of the year. Can you imagine showing up at a dinner party in that thing?

"No arrests will be made this year — we're going to let the cloth off with a warning. Just keep in mind that sometimes it's a good thing to mess with tradition."

"Janaine Stein is a Los Angeles Times staff writer. When reporting or presenting a fashion crime, write to Fashion Police, Life & Style, Los Angeles Times, Times Mirror Square, Los Angeles, Calif. 90024, or fax to (213) 237-0732. Submissions cannot be returned. No telephone inquiries, please."

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- Attention Seniors: Do you want to live independently? Call 737-2065 for information about Lifeline, a personal emergency response system.
- CPR Class * Tuesday, April 21, 6:30 - 10 p.m., Doctor's Meeting Room. To register call 737-2007.
- Childbirth Refresher Course * Wednesday, April 22, 7 - 10 p.m., Education Center. Pre-registration required. Call 737-2900.
- Cancer Support Group * Thursday, April 23, 7 - 8:30 p.m., Cancer Center Reception Area. For more information call 737-2800.
- Infant CPR Class * Thursday, April 23, 7 - 9:30 p.m., Education Center. Pre-registration is not required.
- Diabetes Health Clinic * Saturday, April 25, 8 a.m. - 1 p.m., Education Center. Adults with diabetes will receive free foot exams, cooking demonstrations, medication reviews, refreshments, and more. Bring your meter and log book. A special diabetes screening (cholesterol/lipid profile and hemoglobin A1C) coupon is available for \$25. Results for specimens drawn at MVRMC Outpatient Services (new main entrance and lobby) before April 25th will be available the day of the clinic. For more information or to request a screening coupon, call 737-2903.
- Prepared Childbirth Course * Tuesdays, April 28 - May 26, 7 - 9:30 p.m., Education Center. Pre-registration required. Call 737-2900.

For additional MVRMC educational offerings call 737-2902. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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Clinique sun-care product: Pricey but great

DEAR PAULA: You have made me so aware of protecting my face from the sun that I never venture out with adequate protection. Given the new information about UVA protection, does Clinique's new Weather Everything SPF 15 warrant my attention.



—STAYING OUT OF THE SUN IN LOS ANGELES
DEAR PAULA: Looking for their place in the sun, Clinique has entered the sun-care arena in good form with Weather Everything SPF 15 (\$37.50 for 1.7 ounces). Though pricey, it is a very good titanium dioxide-based sunscreen containing mostly water, silicone, thickeners, anti-irritant, water-binding agents, vitamins, more thickeners, and preservatives. It would provide impressive protection for someone with dry skin, but I wouldn't recommend it for oily or combination skin. I wish Clinique had brought out a daily sun-care product years ago, but better late than never.

one oil, slip agent, vitamin C (ascorbic acid), more silicone, plant oils, plant extract, and preservatives.

There is definitely vitamin C in this standard, lightweight moisturizing base, but the research I've seen indicates that ascorbic acid is not the most effective or stable form of vitamin C, or the least irritating.

According to articles by Dr. Sheldon Pinnel from Duke University Medical School and Dr. Nicholas V. Perricone, associated clinical professor of dermatology at the Yale Medical School, ascorbyl palmitate are the preferred forms of vitamin C.

Ginseng and ginkgo extracts are also part of the mix. According to Lancome, ginseng is supposed to help the skin's resistance to stress and fatigue, and ginkgo is supposed to improve skin tone. I'm not sure what "toning the skin" means, and amearing plants on the surface of the

skin can't relieve stress or fatigue. (I didn't even know skin could get fatigued!)

This is just a good moisturizer for someone with normal to somewhat dry skin, that's not bad, but I wouldn't count on the vitamins or plants in here to save your skin and stop wrinkles.

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95), a no-nonsense paperback guide to brand-name cosmetics.

PERSONAL TRAINER

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What parents fear in...

DEAR PAULA

STAYING OUT OF THE SUN IN LOS ANGELES

Lancome's new vitamin C product has gotten my attention, and though it sounds great, I now know all cosmetic advertising sounds great, so I'll wait for your thoughts on the subject before I make my final decision.

—LINNEA, CHICAGO
DEAR LINNEA: The vitamin C bandwagon is now rolling at all speed at the cosmetics counters.

Lancome is entering the fray with their version, called Vitebolic Deep Radiance Booster (\$45 for 1 ounce). Vitebolic contains mostly water, glycerin, sili-

New weight-loss drug Meridia tops

The Baltimore Sun

For Violet Sloat, the fep-hen weight-loss drugs were a godsend. They helped her lose 60 pounds in a year.

Nothing before had worked like fep-hen. When it was pulled from the market last year after a Florida study linked one of the drugs to heart-valve problems, Sloat tried dieting. Her weight crept up, pound by pound, until she had gained back 40 pounds. About a month ago, prompted by reports of another new diet drug, she called her doctor.

Meridia, which the U.S. Food and Drug Administration approved in February, is the latest in a long line of drugs designed to help people lose weight. Last year, Americans spent an estimated \$30 billion on weight-loss plans, diet pills, portions and books.

Millions struggle with weight problems. Some problems may be solved by understanding the role of genetics and metabolism in determining body shape. For others, depression, anxiety, perhaps a chemical imbalance can lead to an eating disorder.

Sloat, 37, was obsessed with diet. It wasn't just sweets. Fried chicken, meat loaf, Wendy's and McDonald's also made the list. The obsession seemed to take over her mind.

"It doesn't have anything to do with hunger," says Sloat, a 30-year-old sales employee. "What Meridia does is it stops the obsession. We had a party at work and

I looked at the food and it had no impact."

For Sloat, that was a blessing. But she and doctors say Meridia is not Ultra Slim-Fast in a pill. Meridia won't take off pounds. For that you need a comprehensive plan ranging from diet control to counseling.

Knoll Pharmaceutical Co., which produces Meridia, says the drug is the first in a new class—called serotonins and norepinephrine reuptake inhibitors, or SNRIs—approved for treatment of obesity. Meridia increases brain levels of both serotonin and norepinephrine, two chemicals that control appetite. As a result, the drug makes dieters feel fuller and may increase their metabolism.

So far, there are no serious side effects. At its Web site, Knoll stresses that Meridia is "for the management of obesity." The company's "Point of Change" program, also on the Web, advocates combining Meridia with exercise, a reduced-calorie diet, and weight management focusing on health, rather than appearance.

Dr. Harry A. Brandt, who directs the eating disorders center at St. Joseph's Hospital in Baltimore, doubts the efficacy of drugs for weight control and won't be putting any of his patients on Meridia.

"I'm very skeptical about it. I think it's going to follow the other fads that have been such a disaster, like fep-hen," says Brandt, former head of the eating disorder

unit for the National Institutes of Health. "The bottom line is that there's no evidence that this medication is helpful in the long term for obesity."

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Test may help screen bad drivers

The Washington Post

A new vision test may help predict which drivers are still as safely behind the wheel and which ones should be going.

A study of nearly 300 people, aged 55 to 87 years, found that an experimental computer vision exam seems to be helpful in identifying drivers who are more likely to have traffic accidents.

The findings suggest "that there may be a way to prevent other drivers and the community in a very reasonable way," said James R. Jobe, chief of the National Institute on Aging's adult gerontological development branch, which sponsored the study.

Researchers at the University of Alabama in Birmingham used computer screens filled with visual distractions to gauge how well drivers could track out cars,

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You and your spouse can each give units worth up to \$70,000 a year per child without having to pay a gift tax.

Before you know it, much of the value of the commercial property will be out of your estate and estate tax avoidance will be automatic with annual gifts of limited partnership units now and on being able to leave the rest of your ownership interest to your children at death with no estate tax due.

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TRUCKS AND OTHER OBJECTS SEEN on the screen. Unlike standard vision tests, this test was designed to measure how well people were able to process what they saw - something that is key to safe driving.

People in the study were tracked from 1999 to 2002. The team of researchers, which was led by Cynthia Cougle with the clinical research unit at the Eye Foundation Hospital in Birmingham, also collected self-reported reports on roadway conditions surrounding the drivers.

During the three-year follow-up period, 56 people in the study were involved in at least one traffic accident. The study found that people who showed a 40 percent or greater improvement in their "Road Skill of 50 or more" were twice as likely as others in the study to be involved in a traffic accident.

HEALTH & FASHION

Diet and cancer prevention

Choose most of the foods you eat from plant sources. Eat five or more servings of fruits and vegetables each day. Eat other foods from plant sources such as breads, cereals, grain products, nuts, pasta or beans (avoid brown sauce).

Limit your intake of red meats, poultry from animal sources. Choose lean cuts of meat, especially high in fat. Limit consumption of fats.

Be physically active. Achieve and maintain a healthy weight. Do at least 30 minutes or more on most days of the week. Stay within your healthy weight range.

Limit consumption of alcoholic beverages, if you drink at all.

Diet steps to forefront of the cancer battle

Knight Ridder News Service

ANN ARBOR, Mich. — "How are your greens coming?" Martha DeRoock asks Cattie Gasiwski. "Real well," reports Gasiwski, 46, Grosse Ile resident and controller of an area real estate investment company.

For three years, as she nestles into DeRoock's tiny but inviting office at the University of Michigan Comprehensive Cancer Center, Gasiwski talks about healthy diets that have become a standard part of her diet since her breast cancer diagnosis five years ago.

"I've got everybody eating 'whole germ,'" she tells DeRoock. Gasiwski's mother shops stores for low-fat food products. Colleagues at work await Gasiwski's tips and recipes.

Even Gasiwski's husband is coming along, though she confesses he still prefers less nutritious items like iceberg lettuce to nutrient-rich romaine. To entice him to try new foods, Gasiwski tells him, "We're going on a food adventure this time and the changes thrill DeRoock."

"Cattie, your eating is so excellent," she declares, adapting a line from the pop cult movie "The World Is Not Enough."

Here and there — still more an afterthought than an entrée — nutrition is inching its way onto the plates at the nation's cancer centers and organizations.

10 helpful nutritional guidelines

Knight Ridder News Service

Here are 10 nutritional guidelines to battle cancer:

- Eat a low-fat diet, preferably one that gets only 20 percent of its calories from fat.
- Get adequate fiber in your diet, at least 20 grams a day. Only a few cereals contain more than marginal amounts. Raisin bran cereals contain up to 8 grams. Consume oat bran products or sprinkle them on your cereal.
- Eat at least five vegetables and fruits a day. Vegetables may be an even better source of vitamins with protective cancer properties. Whole fruits are better than juice because they increase your fiber intake, but juice is bet-

ter than fruit drinks or soda pop.

- Limit meat intake to three times a week; the serving should be no bigger than a deck of cards.
- Take 400 international units of vitamin E daily.
- Drink green tea that contains antioxidants.
- Consume soy or grain products with phytochemicals.
- Do not smoke and limit or stop your alcohol consumption.
- Get 15-20 minutes of sunlight, a source of vitamin D.
- Get regular exercise, meditate, pray or do relaxation exercises to boost your immune system and to reduce stress. Do not be too hard on yourself. Start somewhere; one new food a month; a walk around the block.

The signs that change is afoot include workshops offered through organized cancer programs (see related story, Page 10F). A handful of top cancer centers like U-M employ full-time dietitians like DeRoock, though "I can count the number on one hand," says Cheryl Rock, a breast cancer and nutrition expert at the University of California, San Diego. "It really makes my blood boil."

Research into nutrition as an anti-cancer aid also is increasing. "People didn't listen in the '80s," says Barbara Winters, a

registered dietitian and senior research scientist at the National Health Foundation in New York. "Nutrition is starting to get attention."

Winters is involved with a study at 35 sites, including Detroit's Barbara Ann Karmanos Cancer Institute, to see if a low-fat diet affects breast cancer recurrence.

The study here is funded, in part, through money raised by the institute's annual Race for the Cure (to register, see entry form, Page 11F). In the largest study of its kind

to date, the National Cancer Institute last month awarded the University of California, San Diego, \$13 million for an eight-year study to find out whether diets high in vegetables and fruits lessen the chance of recurrence in breast cancer patients.

"If there's a bottom line, the answer is not in a supplement," says Rock, who left U-M for her job at U.C.

"The answer is in food. People ask... where can I buy a pill" with all the right substances, she says.

"If you think it's hard to do, talk to a dietitian. You don't have to eat a big bowl of vegetables to do it."

The attention nutrition is getting is significant, giving new thinking that diet contributes to — though not necessarily causes — as much as 40 percent of all cancer. Research also suggests that low-fat, high-vegetable diets may account for lower cancer rates in Asian countries.

Most likely, the answers will take at least several more years to discover. But many cancer specialists believe even evidence has emerged that they feel very comfortable telling people to eat certain foods or take certain vitamin supplements in safe doses.

"I'm willing to go out on the limb about this," says Dr. Kenneth Plim, prostate cancer researcher at the University of Michigan, referring to vitamin

Group provides referral service for those with thyroid disabilities

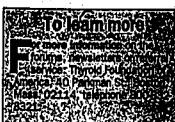
Knight Ridder News Service

If you have a thyroid disability, there's a bridge you should be crossing but probably haven't come to yet.

"We want people who have been diagnosed with thyroid diseases to know they have a place," says Lawrence Wood, founder and medical director of the Thyroid Foundation of America. "We have three areas we're able to help people with, including a discussion of various treatments, how to detect and diagnose the various diseases and a source to give information about what kinds of thyroidists and surgeons you should be looking for. We have a referral system for patients."

Such terms as hypothyroidism, hyperthyroidism, silent thyroiditis, Graves' disease, Hashimoto's disease and thyrotoxicosis might not be common ones at your house, but for those with thyroid disease, they are a way of life.

And because these disabilities often trigger fatigue, depression, anxiety, visual disorders and pain, people with thyroid disor-



ders are often not exactly on the forefront of their own civil rights. Often they're struggling in a maze of symptoms, frustrated at home trying just to cope.

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Requiem for flatware tarnishes family relations

DEAR ABBY: Please help me solve this problem. I gave my son and his wife, "Janet," my sterling silver flatware set. A short time later they divorced. Janet is my son's fault that the marriage broke up.

Janet received the silver in the divorce settlement. She is now engaged to another man, and I wish them the best.

I wrote Janet a letter asking her to please give the silverware to her new fiancé, my granddaughter, as I would like to keep it in the family. Now she is angry and will not speak to me or return my calls. She lives in New Jersey and my home is in Indiana.

Was I wrong to ask her to give the set to my granddaughter?
— ALICE IN PHOENIX

DEAR ALICE: No. However, Janet is probably still bitter over the breakup of the marriage and doesn't want you or your son dic-

DEAR ABBY
Aligail Vanduren

tating terms to her. Write her another note and offer your apologies if she is offended — as that certainly was not your intention. Then keep your fingers crossed because chances are Janet intends to give it to your granddaughter anyway in due time.

DEAR ABBY: My friend recently tried to tell me she was writing thank-you notes to all the people who helped her and her three young children after they were in a serious auto accident with a 19-wheel.

Among those she was thanking

was a Tennessee highway patrolman who had given her a traffic ticket the month before because she didn't have her children bucked up.

Every one of them received major injuries even though they were wearing seat belts, but they survived the accident. My friend feels that the highway patrolman probably saved their lives by giving her a wake-up call.

Please keep reminding people to use their seat belts.
— PAUL MILLER
ATHENS, TENN.

DEAR PAULINE: Your letter provides the perfect opportunity for us to do just that. Consider it done!

DEAR ABBY: Thank you for reading "Lost" in North Carolina" and others infected with genital herpes that is an extremely common infection, and one that can be managed. We

especially appreciate your telling readers about the Herpes Resource Center.

In response to your column, we have heard from more than 2,000 people like you who need our help. From past experience, we know that "Dear Abby" readers will continue to contact us over the next few months — often telling us that they did not know where to turn until they saw the information in your column.

Your support for people with chronic sexual and genital diseases is very important. Thank you again.

— LINDA L. ALEXANDER, PH.D., PRESIDENT
AMERICAN SOCIAL HEALTH ASSOCIATION

DEAR LINDA: You're welcome; that's what I'm here for.

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Species 2 (R) 7:15-10:00
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Titanic 7:45
Mercury Rising 9:15
Lost in Space 7:00-9:30
My Giant 7:15
City of Angels 7:00-9:30

WIS. CINEMA 12
Barney's Big Adventure 7:00
Paulie 6:45-9:00
City of Angels 6:45-9:15
Lost in Space 7:15-9:15
Gross 7:45-9:45
Primary Colors 9:00
Odd Couple 2 6:45-9:00
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Ritnic 7:35
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Spirituality important in recovery; doctors, scientists begin to agree

Knight Ridder News Service

PHILADELPHIA — Leonard D'Ignazio believes prayer helped him survive surgery. Not only that, he believes it helped him to recover without any problems.

D'Ignazio, 55, went under the knife on the morning of Friday the 13th in February, in Brandywine Hospital, where that date had been told was an inoperable, malignant brain tumor.

He came through that, and after a few days was moved to the Bryn Mawr Rehabilitation Hospital in Malvern to recuperate.

Within a week he suffered a blood clot. He also survived that. Now he's home in West Chester, Pa., traveling back and forth to the rehab center for his physical therapy sessions.

Americans believe spiritual faith can help them recover from illness, injury or disease, according to a 1996 poll of 1,000 people by ICR Research Group.

That study, published by Family Practice News — a magazine for physicians — also indicates that 56 percent of adults in the United States believe their faith has, in fact, helped them to recover at some point in their lives.

The same poll found that 63 percent believe it's good for doctors to talk to patients about their spiritual beliefs — but only 10 percent had ever had a spiritual discussion with a physician.

In the '60s and '70s, we could not talk about sex or death or religion," David Larson, a psychiatrist who heads the National Institute for Healthcare Research, told news, chaplains and medical school administrators at a conference on spirituality and health last month in Washington.

"Now," he said, "we can talk

about sex and death."

And we're beginning to talk about religion, too.

A millennial sort of social movement seems to be growing throughout the country. Call it New Age. Call it a return to ancient matters of the spirit. Whatever you call it, there appears to be a growing concern among those who practice medicine with their patients' spiritual well-being as well as physical health.

It is, perhaps, still an infant movement, but its impact is growing.

There are now 42 medical schools out of about 130 that include spirituality, in some form, in their curricula. That's twice as many as two years ago.

Even more significantly, the effort to educate doctors about their patients' spiritual needs seems to be coming from the patients themselves.

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HEALTH & FASHION

TO DO 'Walkin'?' Yes, indeed: Experts -FOR YOU- laud benefits of taking a hike

The Times-News

TWIN FALLS - The American Red Cross schedules two-weekly CPR and First Aid Recertification classes at 9 a.m. each Tuesday and at 1 p.m. each Friday. If your certification is about to expire, call the office to register for the class that is suitable for your schedule.

To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Prepayment is required for registration in all classes.

TWIN FALLS - The Magic Breakfast Club meets at 7 p.m. Tuesday at the College of Southern Idaho Senior Annex, 998 Washington St. N.

For more information, call Mirko at 734-6507, Flig at 733-8532, Kurt at 734-9330 or Vidke at 322-4301, Ext. 266.

TWIN FALLS - A CPR class will be offered at 6:30 p.m. Tuesday in the doctors' meeting room at Magic Valley Regional Medical Center.

To register, call 737-2007.

TWIN FALLS - The Parkinson Support Group will meet at 7 p.m. Tuesday at the MVRMC in the community room. The group will discuss the topic, "You Should be Concerned."

For more information, call Don Affington at 733-8868 or Ray Clark at 324-5013.

TWIN FALLS - A childbirth refresher course will be offered at 7 p.m. Wednesday in the Education Center at MVRMC.

Pre-registration is required. Call 737-2900.

TWIN FALLS - The Cancer Support Group will meet at 7 p.m. Thursday at the Cancer Center reception area at MVRMC.

For more information, call 737-2600.

TWIN FALLS - An Infant CPR class will be offered at 7 p.m. Thursday in the Education Center at MVRMC.

Pre-registration is not required.

TWIN FALLS - A Diabetes Health Clinic will be held from 8 a.m. to 1 p.m. Saturday in the Education Center at MVRMC.

Adults with diabetes will receive free foot exams, cooking demonstrations and medication reviews. Bring your meter and log book to the exam. Diabetes screening (cholesterol/lipid profile and hemoglobin A1C) coupon is available for \$25.

For more information or to request a screening coupon, call 737-2903.

TWIN FALLS - In recognition of National Infant Immunization Week, Family Health Services in conjunction with Fred Meyer will hold a special immunization day for children ages 4 and under. Fred Meyer, This program is part of a national effort to increase the number of children age 2 and younger who are vaccinated against communicable illnesses.

Family Health Services will offer free immunizations this week for children newborn to 24 months and will extend hours for those who are unable to access immunization services. No one will be denied immunizations due to inability to pay. Bring your child's immunization record at the time of visit.

For more information, call Carla Sanchez Benitez at 734-3312.

TWIN FALLS - Standard First Aid (adult CPR and first aid) six and one-half hour class will be offered at 6 p.m. April 27 and 28 at the Wood River Community Center.

Fee is \$35. To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Prepayment is required for registration in all classes.

TWIN FALLS - A prepared childbirth course will be offered at 7 p.m. Tuesday, beginning April 28 through May 26, in the Education Center at MVRMC.

Pre-registration is required. Call 737-2900.

HAILEY - The Benton Sisters "Health Improvement Program" will be held from 8:45 a.m. to 5 p.m. May 3 at the Wood River Valley Seventh-day Adventist Church, 701 S. Main St. in Hailey.

The total vegetarian cuisine program will include sessions on "Egg Cakes and Still Lose Weight" demonstrating recipes without concentrated or refined fats or sugars, and "Natural Remedies to Improve Your Immune System." The Benton Sisters have published two vegetarian cookbooks, and their weekly television series is broadcast via satellite to North America and Europe.

To register, call 788-2153.

The Gazette

Hikers, mall walkers and other happy wanderers who already know that walking does a body good.

Now an increasing body of evidence suggests that walking can cure what ails you and may even help you live to a ripe old age. To reap the greatest benefits, of course, you have to do the proper gait.

A recent Finnish study, significant for the large number of people who participated, underscores the health benefits of walking. The study of 45,700 healthy men and women 25-64 shows those who take as few as six brisk, 30-minute walks a month have a 43-percent lower risk of premature death than nonexercisers and a 29-percent lower risk than occasional exercisers.

That's no surprise to Bob Kuzma, a sports-certified physical therapist in Colorado Springs, Colo. Years of hunkering down as a professional baseball catcher left Kuzma with lower back pain that became severe in his late 30s.

Now 53, he gets out of bed early each morning and walks 30-45 minutes to relieve the stiffness in his joints. Walking loosens up his muscles, makes his joints more flexible and gives him a good aerobic workout. If he's feeling especially irksy, he'll walk backward up a steep hill.

Kuzma credits his daily regimen — which also includes an afternoon workout on a bicycle or rowing machine — for helping him avoid painkillers and surgery.

"I'm not a pill person," he says. "Walking is an acceptable substitute for me."

"I always recommend walking to my patients," says Kuzma. "I say, 'Do what you can.'"

Until the 1970s, doctors and therapists commonly treated chronic back pain with bed rest. Then studies showed that being a full-time couch-potato was less likely to cure patients than to make them worse with the constant lying in bed," says Dr. Mark Hinrichs, medical director of the new Rehabilitation Patients Care Unit at Memorial Hospital in Colorado Springs. "Then God gives it back to you twice as slow."

Hinrichs recommends walking for such painful conditions as fibromyalgia, which affects the tissues that connect muscle and bone.

"I encourage fibromyalgia patients to start with a 5-minute walk, then gradually increase that to 20-30 minutes a day," he says. "Even if it doesn't completely relieve their pain, it lets them know they're in charge of their pain."

Sherry Brouman, a California-based physical therapist, never suspected her back was out of whack until she had a baby, went dancing a couple weeks later, and suffered a "spongy" Short for spondylolisthesis, that's what happens when spinal vertebrae slip forward.

"It was in tremendous pain," Brouman says. "A lot of docs suggested surgery."

Her response? No thanks.

She turned to a colleague, who suggested exercises to strengthen her abdominal muscles, which assist back muscles. As she became stronger, she experimented with ways of walking that kept her back pain at bay.

Eventually, she developed a system of gait corrections out-



KMY Infographics

Determine your foot type and buy the right shoes

The Gazette

Determine your foot type

If you plan to start walking for exercise, you need to determine your foot type.

Here's a simple test: Place your bare feet in water, then stand on paper. Paper is ideal. Look at the imprint.

• **Normal arch:** Neither too high nor too flat. The imprint shows a wide band connecting the forefoot and heel.

• **Flat arch:** So flat the imprint shows a complete footprint. People with flat feet tend to roll their feet from the outside of the heel to the inside, causing injuries. Special shoes can control the excess motion.

• **High arch:** So high the imprint shows a narrow or no band between the forefoot and heel. People with high arches don't roll their feet enough, so they don't have enough shock absorption. Special shoes can provide extra cushioning.

Buy the right shoes

If you're not walking for exercise at least three times a week, any sturdy, supportive pair of shoes will do. But if walking is your exercise of choice, here are some shoe-buying tips:

- Go to a sporting-goods shop with professional shoe fitters. Tell them your foot type.
- Try on shoes late in the day when feet are largest, and wear the socks you'll wear while exercising.
- Avoid the "scientifically" designed shoes heavily advertised on TV. Their thick, spongy soles keep your feet too elevated and increase the risk of falling.
- Also avoid lug-soled shoes that restrict the foot's natural expansion.

lined in her new book, "Walk Yourself Well: Eliminate Back, Neck, Shoulder, Knee, Hip, and Other Structural Pain Forever Without Surgery or Drugs" (Hyperion).

In the book, she describes what she calls Primary Motion Patterns. The worse, she says, is "leaning back," a stance commonly used by fashion models who sashay down the runway with their shoulders pulled back and their hips thrust forward.

The second worst, she says, is that old favorite of drill sergeants and posture-conscious mothers: "Pull your shoulder."

"It's terrible," she says. "It forces you to hold your chest so high that your shoulders end up behind your buns."

and air-channel shoes that can cause instability.

- Buy shoes that breathe. The upper should be made of leather, suede or mesh.
- Remember that shoe size is a feel, not a number. Buy shoes with a heel that's snug but not too snug, and with enough room to allow free movement of the toes. You should be able pinch about a quarter-inch of the upper material over the ball of the foot.
- Try them on. By taking a couple of laps around the store, you'll know if the shoes are right for you. If they're the slightest bit uncomfortable, try on another pair. Ignore salespeople who claim that uncomfortable shoes will feel better once they're broken in.

— Sources: The Gazette, Mayo Clinic Women's Health/Source Newsletter

Ted L. Rea M.D., F.A.C.G.
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IRRITABLE BOWEL SYNDROME (IBS)
IBS is classified as a disorder rather than a disease. This disorder has also been called many other names: colitis, mucous colitis, spastic colon, spastic bowel, and functional bowel disease. Most of these terms are inaccurate. Colitis, for instance, means inflammation of the large colon. IBS, however, does not cause inflammation and should not be confused with ulcerative colitis.

The cause of IBS is not known, and as yet there is no cure. IBS causes a great deal of discomfort and distress, but does not cause permanent harm to the intestines, nor does it lead to cancer.

AGGRAVATING FACTORS
While our knowledge is limited about the function/malfunction of the large colon, the following factors are well known and associated with IBS:
• Certain foods such as coffee, alcohol, spices, raw fruits, vegetables, and even milk, can cause the colon to malfunction.
• Stress also stimulates colon spasms in people with IBS.
• Infection, illness and even weather changes can be associated with a flare-up.

TREATMENT
The goal is to control symptoms, speed healing, and minimize recurrence and complications.

The optimal treatment of patients with IBS is based on a symptom severity and degree of disability. An effective physician - patient relationship is essential in the management of Irritable Bowel Syndrome.

Patients with IBS will sometimes pass mucous with their bowel movements. Bleeding, fever, weight loss and persistent severe pain are not symptoms of IBS and may indicate other problems.

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PLASTIC SURGERY UPDATE

DELL P. SMITH, M.D.

Liposuction

- **Safety** - More than 100,000 liposuction surgeries are performed annually by plastic surgeons. Like other cosmetic (esthetic) surgical operations, the overall risk of serious complications from liposuction are small.
- **Performed** - Liposuction may be used for contouring any of the following areas: cheeks, jaws and neck; upper arms, breast or chest areas, back, abdomen and waist; hips and buttocks; inner and outer thighs, inner knees, calves and ankle. Liposuction can be performed on several areas of the body at the same time, and it can also be done in conjunction with other cosmetic plastic surgery procedures.
- **Where** - Liposuction may be safely performed in a hospital, ambulatory facility, or office based surgical suite.
- **Recommended** - Liposuction is generally recommended for patients of normal weight who have localized fat deposits that are resistant to diet and exercise.
- **Ask** - Patients considering liposuction should ascertain that their surgeon is Board Certified in Plastic and Reconstructive Surgery.

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COMICS

Peenats
By Charles M. Schulz

THIS IS MY REPORT ON WHAT'S HIS NAME... HE WAS BORN SOMETIME BETWEEN SEVENTEEN AND EIGHTEEN HUNDRED. VERY LITTLE IS KNOWN ABOUT HIM... IN FACT, WE DON'T EVEN KNOW WHO HE WAS, OR SHE WAS, OR WHATEVER... YES MA'AM. THANK YOU. ANOTHER ONE OF THE GREAT REPORTS OF ALL TIME, SIR. GOING TO BE HARD TO FOLLOW, HUH, MARCIE?

Dilbert
By Scott Adams

I'M GOING TO A VERY IMPORTANT CONFERENCE. WHAT'S IT FOR? THE BROCHURE SAYS THE GOAL IS TO "CREATE INTERACTION AROUND LOCAL AND GLOBAL ISSUES OF THE COMING CENTURY." YOU'RE BEING SARCASTIC WITH YOUR EARS AGAIN. IT SOUNDS SO EXCITING!

B.C.
By Johnny Hart

WHERE YOU OFF TO, CLUMBS? MY WEEKLY MEETING OF ANONYMOUS ANONYMOUS. YOU ACTUALLY SHOW UP AT THOSE THINGS?

Garfield
By Jim Davis

I CLIMB'D MY FINGER ON YOUR CAT FOOT CAN. IT WAS AWFUL. IT BLEP A LOT, AND I NEARLY FAINTED. BUT YOU GOT THE CAN OPEN, RIGHT?

Hi and Lois
By Chance Browne

I HAVE TO TYPE UP MY REPORT! I NEED TO LOOK UP SOMETHING ON THIS CD-ROM. OKAY, OKAY. JUST LET ME FINISH DOWNLOADING THIS FILE. THEY USED TO FIGHT OVER WHICH TO PROGRAM TO WATCH!

The Wizard of Id
By Brian Parker & Johnny Hart

THE POST OFFICE IS GOING TO WITHDRAW THE STAMP WITH YOUR PICTURE ON IT. WHY? THE PEASANTS KEEP SITTING ON THE WRONG SIDE.

Hagar the Horrible
By Garry Brown

I'M HOME FROM MY GARDEN CLUB OUT HERE IN THE KITCHEN. YOU SWEETHEART! JUST LET ME FINISH DOWNLOADING THIS FILE. RUM PUNCH.

Beetle Bailey
By Mort Walker

BEETLE, DID YOU FINISH BAKING THE PARADE CAKES? DEPENDS. BY "FINISH" DO YOU MEAN A QUICK ONCE-OVER, A RELATIVELY THOROUGH RAKING... OR A COMPLETE REMOVAL OF ALL DEBRIS? LET ME PUT IT THIS WAY... DID YOU START RAKING? NO.

Frank and Ernest
By Bob Thaves

CONVENT BULLETIN BOARD. SOFTBALL LEAGUE. IT SAYS SISTER KATHERINE WAS THE BIG STAR OF TODAY'S GAME, WITH FOUR HITS AND SIX NUNS BATTED IN.

The Born Loser
By Art Sanson & Chip

OH, BRUVUS. WOULD YOU HELP ME? I NEED TO FIND A STUD TO HANG THIS PICTURE! HEA, HEA... I THINK I NEED TO REPHRASE THAT.

For Better or For Worse
By Lynn Johnston

ELLERBETH, YOU'RE GOING TO MISS THE BUS! I'M GONNA DRIVE. MONEY YOU'RE USING THAT LITTLE CAR FIRST TO BUY ME THAT BUS. ONLY AS A COMPENSATION. NOW, NOW THAT APRIL AND I ARE SHIPPING THE SHIRT SHOPPING BAGS. PLEASE, PLEASE, PLEASE. I CAN'T YOU FORGIVE ME.

Alvin and the Chipmunks
By Stan Drake

DO YOU WANT TO RETURN A CHRISTMAS PRESENT? CHRISTMAS WAS OVER A YEAR AGO. YOU SO LOSE! COLLECTING BILLS. YOU'VE GOT TO GO OUT HERE. YOU WANT TO RETURN A CHRISTMAS PRESENT? YOU WANT TO RETURN A CHRISTMAS PRESENT?

Pickles
By Brian Crane

WILL YOU COME TO THE COMPUTER? I LOAN'D DEAR THUNDER SOMETHING WRONG WITH IT. OH, YOU MEAN THE COMPUTER IS DOING? YOU MIGHT SAY THAT.

Dembs the Menace
By Mark Roscoe

I KNOW IT'S GOOD FOR NOTHING, BUT SIN KEEPING IT UNTIL IT'S GOOD FOR SOMETHING. How do I write an eletteroopee?

Fun for families doesn't exist
WHAT'S WHAT? L.M. Boyd

IF APRIL 20 IS YOUR BIRTHDAY, you are fortunate by recipients, are regarded as excellent chief, are usually concerned, affectionate and dynamic, always willing to give benefit of doubt when you are criticized. Capricious. Cancer persons play mysterious games on your life, could cause these elements, include in matters. R. E. T. Cancer cycle involves annual domestic violence, including in matters. Cancer persons emphasize friendship that will be considered an intense relationship. Places himself.

REMEDIUM (April 20-May 20): Green disease, but with engineering. Focus on priorities, responsibility, forming, intense love relationship. Appear on someone positive the way for promotion.

REMEDIUM (May 20-June 20): Lunar person, child, with great, artistic, dealings with people in foreign nations, exciting publishing project. Get rid of negative, be sure to work with, make less. Area involved.

REMEDIUM (June 20-July 20): You've found a great, stable, powerful, energetic, unique style, don't fall for someone's negative as promoting project. Package product with quality, follow and give.

REMEDIUM (July 20-Aug. 20): Material that was changed will be replaced - making now to build you back. Spotlight on publicity, use of glamour, possibility of encountering future world music. Cancer person involved.

REMEDIUM (Aug. 20-Sept. 20): Individual, normally regarded as big dare will prove changing, could be start of something important. Charity, creative, provide entertainment program. Significant place. Promote only.

REMEDIUM (Sept. 20-Oct. 20): Cancer person connects with various of lunar signs. Places on children, challenge, change in nature of situations. Repeat sign as stable new beginning. Taurus, Saturn involvement.

SOURCES (Oct. 20-Nov. 20): Changes occur at home, beneficial. Gain indulgence in home, wealth, well and plenty. Lesser means but better style, property, higher education. Gemini will write letters.

SAGITTARIUS (Nov. 22-Dec. 21): Attention revolves around lifestyle, financial relationships, necessary for maintaining your own time. Explain to people, "I don't know any more than there won't be any more."

CAPRICORN (Dec. 22-Jan. 19): Play winning game - money involved will pay dividends, you'll know that for sure. Pacific impressions his heart. Places plays follow launch and his build. Places plays follow launch and his build. Places plays follow launch and his build.

CYCLE (Jan. 20-Feb. 18): Cycle high - give words, don't take them. Don't know how to win. Don't know how to win. Don't know how to win. Don't know how to win. Don't know how to win.

REMEDIUM (Feb. 19-March 20): Much of relationship, necessary for maintaining your own time. Explain to people, "I don't know any more than there won't be any more."

REMEDIUM (March 21-April 19): Cancer person faces dramatic scenario. Focus on priorities, responsibility, forming, intense love relationship. Appear on someone positive the way for promotion.

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 9 Proven
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 18 King of comedy
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 23 Frequency
 24 Hair and ages
 27 Dismal
 28 Hybrid fruit
 32 Quarter
 35 Proton
 36 Signpost
 37 Pearl punner
 38 Helmsman
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 41 Saddle
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 3 Dynamite
 4 Proverbs
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