



# The Times

ISSN 590-3727/73/1998  
TWIN FALLS, IDAHO  
PUBLISHED WEEKLY  
ESTABLISHED 1892  
PRINTED AND MANAGED BY STEVE JOU  
SALT LAKE CITY, UT 84117

Twin Falls, Idaho/93rd year, No. 228

Monday, August 17, 1998

50 cents

## GOOD MORNING

### WEATHER

Today: Sunny, Southwest winds 5-15, changing to West, high 86. Low 53.

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### MAGIC VALLEY

Yearbook signing: Shoshone students said good-bye to their old school and mourned a couple of their peers.

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Hearing set: A proposed plan would treat chemical and radioactive waste at INEEL.

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### SPORTS



Singh his praises: Vijay Singh won his first major championship.

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Yeehaw: Cowboys, cowgirls compete at Gooding County Rodeo Thursday.

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### HEALTH & FASHION



Sour note: The latest wave of diet guru is trying to sweet-talk sugar out of your diet.

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Dangerous: Car trucks should be made safer, a guest editorial says.

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The great hand-over: Pakistan returns U.S. Embassy's bombings suspect to Nairobi

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# Clinton testifies today

## President's lawyers say he will admit to sexual activity with Monica Lewinsky

The Associated Press

WASHINGTON — The first president ever to face a criminal grand jury, President Clinton prepared Sunday to finally disclose his relationship with Monica Lewinsky. "The truth is the truth," his lawyer said, "and that's how the president will testify."

After seven months of standing by his blunt denial of a sexual relationship with

### His legacy — A3

the former White House intern, the president was prepared to acknowledge Monday an "inappropriate relationship" with Ms. Lewinsky, two advisers said late Sunday.

The two, who spoke on condition of anonymity, said Clinton would acknowledge

an inappropriate relationship with Ms. Lewinsky but that the president would not admit to sexual activity with her, according to the advisers.

The president's lawyer, Jeffrey Leberowitz, said the president would not admit to sexual activity with Lewinsky, but that the president would acknowledge an "inappropriate relationship" with her.

advisers to answer questions about sexual conduct when pressed by Independent Counsel Kenneth Starr. Any refusal to answer certain questions could spark another legal clash.

Any admission by Clinton is certain to prove painful not only to his family, but to the legions of supporters who had vigorously defended him since January.

Please see CLINTON, Page A2

# LAW OF THE LAND



Grant Loeb has had to deal with increasing crime and shrinking resources in his one-year term as Twin Falls County prosecutor. Still, he finds the job "fun and challenging."

## After 1 year as TF County prosecutor, there's no place Loeb would rather be

By Brian Haynes  
Times-News writer

TWIN FALLS — It was a job no one else wanted, and who could blame them.

Criminal cases for the Twin Falls County prosecutor's office were increasing, and the outgoing prosecutor cited burnout and stress on family as reasons for leaving.

So why would Grant Loeb, who has a wife and a young son, apply for one of the county's most stressful jobs when prosecutor Rich Bevan resigned in July 1997?

"It's fun and challenging, and it's difficult," Loeb said. "It can be overwhelming at times, but it's important work."

One year into his term, Loeb has seen more than a 30 percent rise in criminal cases, including four first-degree murder trials.

He has had to replace two of his four deputy criminal prosecutors, and an ever-tightening budget means his office essentially has the same number of lawyers it did in 1993, when he was hired to the office.

But the mounting challenges haven't

kept Loeb from keeping the office running smoothly while continuing courtroom duties.

"His department is as well-oiled as any I've seen," 18-year Twin Falls County Commissioner Marvin Hempleman said.

"I've seen good ones, and I've seen bad ones, and his is good."

Loeb has maintained a good relationship with the commission because he makes the time to talk with them, Hempleman said.

The same is true of Loeb's relationship with local law enforcement.

"One thing I like about Grant is if he needs information, he'll stroll out of his office and talk to the captain or officers," Twin Falls County Sheriff Wayne Tausley said. "He's a hands-on type of guy."

If he has the time, Loeb joins detectives on major investigations, and he meets weekly with detectives, Twin Falls Police Chief Lee DeVore said.

They communicate well even if they don't always see eye-to-eye, he said.

Loeb can be meticulous and stubborn, but you always know where the stink's

at, he said.

"He calls me nice and civil to be nice," the sheriff said. "I would rather have that than someone who is very hostile to you when you are working with them."

Loeb's desk is on the second floor of the county building, but he spends a lot of time in the courtroom, where he presides through the cases.

The courtroom is the only courtroom in the county, where most cases are scheduled to trial.

"I've done a lot of cases, and I've done a lot of cases," Loeb said. "I've done a lot of cases, and I've done a lot of cases."

"If I had retirement papers on hand, I would have retired a long time ago," Loeb said. "I've done a lot of cases, and I've done a lot of cases."

Loeb said he would like to see the county build a new courtroom, but he said he would like to see the county build a new courtroom, but he said he would like to see the county build a new courtroom.

Loeb said he would like to see the county build a new courtroom, but he said he would like to see the county build a new courtroom, but he said he would like to see the county build a new courtroom.

## Council will mull pawn ordinance

By N.S. Niekentved  
Times-News writer

TWIN FALLS — Law enforcement officials say it's a way to curb crime, pawnbrokers say it's an unfair burden.

The City Council this evening will consider a proposed ordinance that would raise pawnshop license fees to improve the way police record pawned items.

"Trying to blame it on the pawnshops, they're barking up the wrong tree," said Jim Shirley, owner of Snake River Pawn on Washington Street, North.

Pawnshops aren't the only way to turn over stolen goods, local pawnbrokers say. Jewelry stores, secondhand and antique stores, used appliances and furniture stores and music stores also handle used — and potentially stolen — goods.

But the types of items typically identifiable than other items, Twin Falls Police Chief Roland DeVore said Friday.

A city pawnshop, however, the chief would have to present identification and fill-out a form that is turned over to police.

Police officers that entering all those slips into their computer database is overwhelming their volunteer help. The proposed ordinance would raise annual pawnshop license fees to \$1,000 — up from \$500 — to pay for a part-time data entry clerk.

The clerk would keep the database current, helping police solve crimes and recover stolen goods, DeVore said in an Aug. 7 letter.

"I'm not for logging it on to their computer, that goes beyond our responsibility," Shirley said.

He fills out thousands of pawn slips every year in the past three years only 16 items were stolen, he said.

Pawnbrokers supported part of an earlier proposed ordinance that would have raised the pawnshop license to \$100 and imposed zoning restrictions and other requirements on pawnshops.

But many of them balked at a proposed requirement that they acquire computer systems so the records of all pawned items could go directly into a police database.

The council today also will conduct a public hearing on an appeal — by David Showfield for the Breckenridge Residential Subdivision — of Twin Falls City Planning and Zoning Commission's approval of a request to build a hotel at 1910 Fillmore St. N. The hearing will start at 6 p.m.

Please see LOEB, Page A2

## U.S. West workers strike over overtime

The Associated Press

DENVER — Angry over proposals calling for forced overtime and pay-for-performance, 34,000 union workers in 13 states of the U.S. West state area went on strike against the regional telephone company Sunday.

A spokesman for the giant telephone company said U.S. West officials were "ill-founded" and immediately called up 15,000 management employees who have been training to do repair and installation work. Managers plan to work 12 hours-a-day, seven days a week until the strike ends.

Please see STRIKE, Page A2

## Balloonist goes down in South Pacific Ocean

The Associated Press

ST. LOUIS — Balloonist and millionaire adventurer Steve Fossett was found in the South Pacific on Sunday, eight hours after his attempt to fly around the world ended when his balloon went down in the shark-infested waters.

"We've been sweating bullets ... so we're feeling pretty good," rescue coordinator Joe Ritchie said.

Fossett was found alive after ditching in the Coral Sea off Queensland state, an Australian Maritime Safety Authority spokesman said.

He was sighted at 8:10 a.m. Monday Australian time by a French patrol aircraft that dropped a drift and Fossett climbed inside, the spokesman said.

The French aircraft was to continue to circle Fossett until an Australian transport plane arrived. The spokesman said

### Balloonist down

Balloonist Steve Fossett was found alive after ditching off the coast of Queensland.



there was no sign of the balloon's capsule, which was believed to have sunk.

The Australian plane was to drop emergency supplies to Fossett and remain with him until a ship arrived, the spokesman said.

Fossett had been two-thirds of the way

through his effort. The balloon was 5,000 miles off the Hawaiian coast heading toward the island nations of Argentina, South America, when contact was lost, according to Australian Maritime Safety Authority spokesman.

Washington Undersecretary in St. Louis.


# THE REGION

# MAGIC VALLEY FIVE-DAY FORECAST

# YESTERDAY'S WEATHER


**Camas Prairie**

High: 78 Low: 39  
Sunny today and breezy. Clear tonight. Mostly sunny Tuesday, breezy, high 76.




**Treasure Valley**

High: 83 Low: 51  
Sunny today and breezy. Clear tonight. Mostly sunny Tuesday, breezy, high 82.




**Sawtooth Mountains/Wood River Valley**

High: 79 Low: 39  
Sunny today and breezy. Clear tonight. Mostly sunny Tuesday, breezy, high 77.




**Eastern Idaho**

High: 87 Low: 53  
Sunny today and breezy. Clear tonight. Mostly sunny Tuesday, breezy, high 81.




**Northern Idaho**

High: 73 Low: 46  
Sunny early today then partly cloudy Tuesday. Partly cloudy Tuesday, chance of showers, high 72.




**Northern Utah**

High: 92 Low: 65  
Partly cloudy today and tonight with chance of showers. Partly cloudy Tuesday, chance of showers, high 90.




**Northern Nevada**

High: 86 Low: 53  
Sunny today Southwest winds 5-15 mph, changing to West. Sunny Tuesday with high 84.



**Today** **Tuesday** **Wednesday** **Thursday** **Friday**



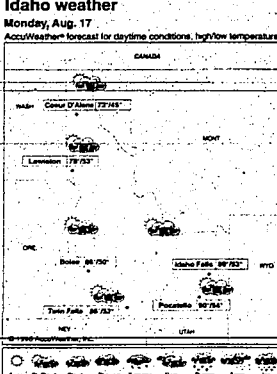
**Twin Falls Precipitation**

Yesterday	78	59	Yesterday in Twin Falls	110
High year	88	48	Month to date	550
Normal	90	51	Normal mo. to date	718
			Water year to date	1148
			Normal year to date	9842

**Idaho Highs/Lows**

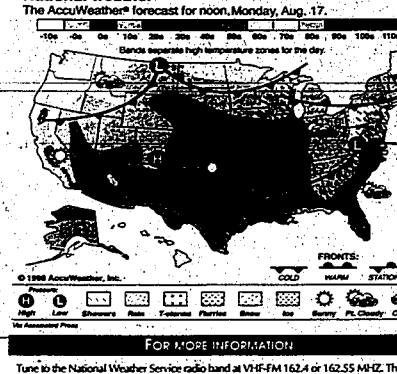
City	Max	Min	Pcp	High/Low	High/Low
Boise	86	61	---	High	910
Barley	85	63	---	Low	at Pocatello
Fairfield	m	m	---	111	at Pocatello
Hailey	m	m	---	Call. Low	316
Idaho Falls	88	55	0.1	---	Call. High
Jerome	m	m	---	---	Call. High
Lewiston	79	56	---	---	Call. High
Malden	m	55	---	---	Call. High
Malta	m	51	---	---	Call. High
McCall	73	44	---	---	Call. High
Pocatello	90	61	---	---	Call. High
Salmon	88	54	---	---	Call. High
Sawley	75	44	---	---	Call. High
Sun Valley	m	m	---	---	Call. High

**Idaho weather**  
Monday, Aug. 17  
AccuWeather forecast for daytime conditions, high/low temperatures



Legend: Sunny, Partly Sunny, Partly Cloudy, Cloudy, Breezy, Rain, Snow, Windy

**National weather**  
The AccuWeather forecast for noon, Monday, Aug. 17.



Legend: COLD, WARM, STATIONARY, Front types: Cold, Warm, Stationary, Low, High, Trough, Ridge

**The Nation**

City	Max	Min	Pcp
Albuquerque	91	69	---
Atlanta	86	66	---
Boston	86	69	---
Chicago	84	60	---
Dallas	90	64	---
Denver	90	61	---
Des Moines	87	68	---
Detroit	88	66	---
Honolulu	88	72	---
Indianapolis	86	68	11.0P
Kansas City	88	69	---
Las Vegas	104	76	0.5P
Los Angeles	78	71	---
Memphis	81	61	---
Minneapolis	81	61	---
Milwaukee	78	58	---
Mobile	87	66	---
New Orleans	88	75	11.4
New York	88	72	---
Oakland	88	70	---
Omaha	88	70	---
Phoenix	102	74	45.4P
Pittsburgh	84	62	---
Portland, Me.	81	62	---
Reno	93	59	---
St. Louis	89	70	0.6
Salt Lake City	88	67	---
San Francisco	78	57	---
Seattle	67	57	---
Spokane	82	73	0.1
Washington	88	76	---
Yankee	68	56	---

**UV INDEX**  
5  
Forest lands: high. Range lands: very high. Burn time: 20 minutes

**FIRE DANGER**

**SKYWATCH**  
Sunset today 8:37 p.m. Sunrise tomorrow 6:48 a.m. Lunar phase: Last quarter, Aug. 14; new, Aug. 22; first quarter, Aug. 30; full, Sept. 6.

**ACROSS THE NATION**

Idaho isolated thunderstorms developed over the Caribou Highlands of southeastern Idaho Sunday afternoon. The rest of the state enjoyed mostly sunny skies with the exception of the eastern mountainous area. A weather disturbance moving into the Pacific Northwest Sunday brought cool conditions into the Gem State.

Elsewhere: Showers and thunderstorms were scattered during the afternoon from southern Texas through Louisiana, Mississippi, Alabama and Georgia into Florida. As much as 3 inches of rain was estimated in northern Alabama. Storms also were scattered across eastern sections of Tennessee and Kentucky, much of West Virginia and Virginia, and sections of North Carolina.

In the upper Midwest, an area of showers and thunderstorms moved across Minnesota and into northwestern Wisconsin.

Showers also developed across sections of the Dakotas, with a possibility of thunderstorms. Elsewhere, a few showers were scattered around Washington's Puget Sound area and over Montana.

—The Associated Press

# Bomb-ravaged Omagh grieves losses

**Tragedy unites Protestants, Catholics as leaders vow action**



OMAGH, Northern Ireland (AP) — Determined that terrorism will not shatter Northern Ireland's fragile peace accord, Protestants and Catholics united in condemning the Sept. 8 Sunday over the car bomb slaughter of 28 people.

In Belfast, Irish Prime Minister Bertie Ahern and British Prime Minister Tony Blair pledged to do everything within their power to hunt down the bombers and keep the peace process moving forward.

"The purpose of that bomb was to destroy the work and hope and agreement we built up. Our determination has got to be, these people will never win, and that democracy will triumph over evil," Blair said.

"We will defeat them," declared Ahern at the joint press conference. Ahern vowed earlier to "do everything in our power" to bring the IRA dissidents widely blamed for the worst terrorist strike in Northern Ireland's troubled history.

Saturday's blast in Omagh, a relatively mixed town 70 miles west of Belfast, came less than three months after violence in both parts of Ireland overwhelmingly approved plans for a new Northern Ireland government with power shared between its majority Protestants and minority Roman Catholics.

With several residents still missing, 24 hours later, soldiers used

Identified grieving residents of Omagh, Northern Ireland, wait for news outside the Omagh Leisure Center Sunday where local government and police set up an information point, following Saturday's bomb blast in the Northern Ireland town that left 28 people dead and about 220 people injured.

Police said among those killed were 65-year-old grandmother Mary Grimes, her 30-year-old daughter Avril Monaghan who was pregnant with twins, and her

rested near the carcass of the car bomb. Tatters of school uniforms littered the roadway like autumn leaves. At Old McDonald's side street cafe, there was half-eaten bread and abandoned coffee.

And on buildings and pavements everywhere, stains of blood remained despite an incessant downpour.

Police said among those killed were 65-year-old grandmother Mary Grimes, her 30-year-old daughter Avril Monaghan who was pregnant with twins, and her

18-month-old granddaughter, Mauna. They were on a shopping trip.

Also killed were two Spanish tourists — a 24-year-old woman and 12-year-old boy — and three boys ages 8 to 12 from the Irish Republic. In all, nine children died, along with 13 women and six men.

Police had unwittingly herded a crowd of people toward the bomb because of a misleading telephone warning.

Of the 220 people wounded in Omagh, about 100 remained in hospitals across Northern Ireland on Sunday, including 11 people in critical condition.

"All of our patients will be discharged in some way. Some will be disabled very severely, and some may not survive," said Dr. Laurence Roche, a surgeon at Belfast's Royal Victoria Hospital, which has treated the victims of many terror attacks. "You keep thinking you're not going to see it again," he said, his eyes misting over after operating around the clock.

No group claimed responsibility for the blast, but police and politicians in both parts of Ireland said they were certain Irish Republican Army defectors were responsible. Of three anti-British gangs, the "Real IRA" is considered the greatest threat.

"They parked the car there deliberately. They must have seen the mothers and children all around them buying their school uniforms — and just walked away," said Chief Superintendent Eric Anderson, the senior detective at the scene.

# Strike

Continued from A1

Both sides are now waiting for a federal mediator to call them back to the table after the talks ended shortly before midnight Saturday. The mediator, Jim Mahon, on Sunday called for a cooling off period and asked both sides to reassess their positions. No date was set for the talks to resume.

Based in Denver, U.S. West Inc. has about 25 million customers in Arizona, Colorado, Idaho, Iowa, Montana, Minnesota, Nebraska, New Mexico, North Dakota, Oregon, South Dakota, Utah, Washington and Wyoming.

"Right now, we're dumbfounded. The union appears to be turning its back on one of the largest pay-and-benefit offers in the industry," said U.S. West spokesman David Beigel.

But Morton Bahr, president of the Communications Workers of America in Washington, D.C., said "U.S. West is totally out of step with the industry and the communications industry." He said the company "wanted a showdown to attempt to force our members to accept terms that would destroy their working conditions and job standards."

The company said it offered an 18 percent pay hike over the next five years, a 20 percent pension boost, a health-care plan worth an average 20 percent performance bonus.

But employees walking the picket lines in Denver on Sunday said the free health care plan comes with reduced benefits, the bonus pay is not available to all employees and the pay hike won't cover added costs for employees who want to stick with their current health plan. Many workers, they said, are forced to work 10 to 20 hours a week over-

time, hurting their health.

Tony Jay, president of the Wyoming CWA chapter, outlined the company's offer to increase wages "and then they want 20 percent of our wages we already have at risk. We have to compromise to earn that 20 percent. So they're really making us pay 20 percent more. They're offering us a 20 percent cut. They already know that only 25 percent of our employees can meet the standards they set," he said.

Shirley Arnold, secretary-treasurer of Des Moines Local 7012, said members "don't have the stamina" for the long days of union work.

"I understand they're supposed to be working 12-hour days, and we'll have to go down there and watch them come charging out tonight. I don't know if they're going to get what we need when we're dragging out and they want us to work two or three times more than we should be working."

"I think it gets down to family issues," said Duke Keller, a customer service technician and 26-year veteran. "It's missing away time from their families."

"It's all about respect," said My Taylor, a strike captain at one of 12 locations in Seattle. "The company thinks employees are manufacturing units and not human beings."

In Arizona, it took nearly two minutes Sunday to get an information operator. A recorded message advised, "We are experiencing long delays. Please call back later."

As in other states, Arizona regulators have reportedly fined U.S. West for talking customers into mail or fax customer's phones.

Feller said the proposed terms plan would only make those problems worse, forcing technicians to short-change customers.

# Loebs

Continued from A1

criminal defense lawyer, or "go to the other side," a high-stress job, Loebs has no opposition in the November election, and ran unopposed in the GOP primary. He wants to keep prosecuting as long as he can, which would be limited to

2004 under Idaho's term limits law. Loebs dislikes the term-limits law, but he tries not to worry too much about the far future. He has more immediate worries, such as prosecuting four murder trials and trying to juggle a growing caseload on a shrinking budget.

Despite the pressures Loebs said he's happy where he is. "I can't think of anything else I would rather do," he said.

Times-News staff writer Brian Hayes can be reached at 733-0931, Ext. 236.

# Clinton

Continued from A1

"I'd be extremely disappointed and I would feel terrible for Mrs. Clinton and the president's daughter," said Rep. Mary Meehan, a Massachusetts Democrat on the House Judiciary Committee, which would receive any report from Starr for possible impeachment proceedings.

"I don't think there's any easy way out for him," former press secretary Dee Dee Myers said.

The president's political opponents on Capitol Hill warned the truthfulness of his testimony Monday will significantly impact whether they seek impeachment proceedings. "The president goes before the grand jury and says, 'I don't think there's a real call for his impeachment,'" said Senate Judiciary Chairman Orrin Hatch, R-Utah.

On the eve of perhaps the most

critical day of this presidential trial, Clinton attended church with his wife, Hillary Rodham Clinton. The couple held hands, and the president clutched his Bible and wept to the crowd. He spent several hours in the morning and afternoon preparing with his lawyers for Monday's impeachment testimony.

"The lawyers report that the preparation is going well, that the president is confident about his testimony," Clinton said. "He is going to say, 'White House spokesman Joe Lockwood.'" While the Clintons were at church, lawyer, Dennis Blumenthal issued a statement. "There is apparently an enormous amount of groundless speculation about the president's testimony tomorrow. The truth is the truth. Period. And that's how the president will testify."

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The Times-News (UPS 631-080) is published daily at 137 Third St. W., Twin Falls, Idaho, 83401, by Magic Valley Newspapers Inc. Periodicals paid at Twin Falls by the Times-News. Official city and county newspaper pursuant to Section 6C-106 of the Idaho Code. Thursday is hereby designated as the day of the week on which legal notices will be published.

Postmaster: please send change of address form to: P.O. Box 548, Twin Falls, Idaho 83403.

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# Scandal harms Clinton legacy

## President's rep falls to personal problems

Newsday

WASHINGTON — Even before President Clinton gives his unprecedented grand jury testimony today, experts agree the scandal already has diminished his presidential legacy, and to a lesser extent, his policy agenda.

Historians say the investigation of his relationship with former White House intern Monica S. Lewinsky forever has altered the way he will be remembered and has reduced the powers and stature of the presidency as well.

More immediately, this year's federal agenda, already scant, has been tempered by distractions at the White House.

"He had everything on the launching pad ready to go in his State of the Union message, but it simply hasn't been put into orbit," said Charles Jones, a former University of Wisconsin professor and presidential historian who now works at the Brookings Institution, a Washington think tank. After a series of missteps early in his presidency, Clinton had won overwhelming re-election, necessarily negotiated a five-year balanced-budget pact with Congress and was just starting to show "presidential mettle," he said.

Most of the influence he had in 1995 and 1997 is absent now, it's replaced by preoccupation by how this matter is going to work out, preoccupation with grand jury testimony and distraction between the policy-oriented White House staff and the

# Americans say they were too busy to vote

WASHINGTON (AP) — Almost 5 million Americans say they were too busy to vote in the 1996 presidential election, according to new survey figures released Monday.

Just 54.2 percent of the voting-age population cast ballots, the lowest level since the 1960s, the Bureau found by compiling the figures in 1994, the bureau said in a report being released Monday.

The Congressional Budget Office said it has not recorded such a light turnout since it began keeping records in 1948.

"Among Americans who were registered but did not vote, more than one in five told us they didn't go to the polls because they couldn't take time off from work or were too busy," said Lorenz Cantor, co-author with Lorenz Bass of the report, Voting and Registration in the Election of November 1996. That, she said, might be the proportion of non-voters who gave that reason in 1990.

"Time constraints are now the single biggest reason Americans who are registered give for not voting," Bass said. "Many people these days are finding their employers are putting so many demands on them they can't take time off in vote."

In total, the 4.6 million who said they were "too busy to vote" exceeded even simple voter apathy. Some 3.5 million said they just didn't care about the election.

# 'Saving Private Ryan' still No. 1

LOS ANGELES (AP) — "Saving Private Ryan" maintained its commanding domination of movie theater box offices. "How Stella Got Her Groove Back" opened in second place, and "The Usual Suspects" had buzz to attract respectable business, according to industry estimates Sunday.

With the summer movie season winding down, business continued at a record pace. The weekend's ticket sales were up 18 percent over the same period in 1997. The top film series brought in \$88.1 million over the weekend.



President Clinton and Hillary Rodham Clinton arrive at Foundry United Methodist Church Sunday in Washington. Clinton will become the first sitting president to testify before a grand jury on Monday, when he testifies as a witness to the Monica Lewinsky matter.

lawyers and the president," Jones said.

Just before Clinton's historic grand jury testimony, that preoccupation has led his critics to charge that he has short-circuited his domestic agenda and become less effective as a leader, both in the United States and abroad.

But Clinton, even as the scandal unfolded, responded with an ambitious public schedule, aggressive Democratic Party fund raising and showing a game public face on several ceremonial occasions including public memorial services for two slain Capitol Police officers and for the victims of terrorist bombings at two U.S. embassies 10 days ago.

"He's fighting for his presidency," said Rep. Carolyn McCarthy, D-N.Y., who said Clinton still has time to pull together a broader domestic agenda if he can put the Lewinsky matter behind him.

But the agenda that he outlined in January at his State of the Union address — education initiatives, a raise in the minimum wage, expansion of Medicare coverage, comprehen-

sive tobacco legislation, campaign finance charges, a race initiative and low-income housing legislation — is not close to becoming reality.

Former Sen. Warren Rudman, R-N.H., says his former colleagues weren't in much of a mood to do those things anyway.

"My impression from talking to my friends on the Hill is that it (the effect of the president's troubles) has been minimal," he said. "It would have turned out that way without presidential (legislative) activity."

But Rep. Peter King, R-N.Y., noted that Clinton negotiated with Congress to push the balanced-budget agreement on Friday last year and to pass welfare reform in 1996. "It shows if the White House wants to engage Congress, Congress is willing to work with him," King said.

"His legislative agenda is definitely on hold," King said. "You think of all the items he mentioned in his State of the Union — he has really not pursued all of them with the urgency he should ... to get legislation through."

# Long-forgotten tapes cast doubt on 'Sybil' story

SAN FRANCISCO (AP) — A psychologist says tape recordings that lay forgotten in his desk for 25 years show the popular story of Sybil, the woman with 16 personalities, is bogus.

In a best-selling 1973 book, later made into a movie, Sybil was portrayed as developing alternate personalities who did things without her knowledge. The account blames the problem on abuse Sybil suffered as a child, and says she overcame it with therapy.

suggestions to a highly pliant young woman, says psychiatrist Robert Rieber of the Yuba College of Criminal Justice in New York.

Rieber said the tapes of conversations between Sybil's psychiatrist and the book author show they were "not totally unaware" that the story they told was wrong.

"Yet at the same time they wished to believe it, no matter what," Rieber said. "I would prefer to believe that there was as much self-deception as deception of others. They were not malicious people."

Spread Jah Word!

# RIISING LION!

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Wed., August 19  
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# Syntax matters now with Clinton

WASHINGTON (AP) — It was a curious Bill Clinton moment.

His temper flaring in indignation, Clinton rejected a journalist's suggestion that he has a reputation for evasiveness and deflection. "I've just got to learn to play all these word games better."

Clinton was early in the 1992 campaign. Clinton already was well schooled in the politician's art of finessing words to reveal as little or as much as desired.

Six years later, Clinton has promised to testify "completely and truthfully" on Monday about his relationship with Monica Lewinsky. Within that framework, the president and his aides weighed just what he should say.

On Friday, the Republican National Committee fished around a Washington Times article listing the 200-plus times that Clinton ducked or hedged answers during his January deposition in the Paula Jones lawsuit.

I don't remember ...  
To my knowledge, no ...  
To the best of my memory ...  
I don't have any direct knowledge ...  
I'm not aware ...

The list went on and on.

Stanley Reizenstein, a professor of political science and psycholinguist at the City University of New York, said Clinton's clever use of words extends beyond the norm.

"I call it 'liar's lingo,'" he said. "It would be astounding if it weren't so tragic."

Clinton misuses his reputation for evasiveness in an unusual way, the result of others' misrepresentations.

"One of the reasons that you get a 'Stick Willie' attack is if someone like the manufacturer says his position, 'he built a quantum in 1992. Still, this clever wording has remained with him."

In 1992, candidate Clinton invoked the American people in the eyes and mind of Governor Pataki's claims of a 12-year affair with him — "that allegation is false," he said.

# Quick Vinegar Weight Loss Secret Woman

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The precise phrasing of an answer can leave him miles of wiggle room or fence him in.

Even Clinton's own advisers acknowledge there is more than one way to tell the truth.

Democratic consultant James Carville, a veteran of Clinton's 1992 campaign, said the president needs to be forthright with observers. But he also recalls the job about a man who appeared in court and was ordered to tell "the truth, the whole truth and nothing but the truth."

"Judge, which one do you want?" the man asked.

With this president in particular, matters of syntax matter.

Clinton's reputation for crafting careful answers in sticky situations dates to his days as Arkansas governor, when a local columnist dubbed him "Stick Willie."

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## AROUND THE VALLEY

### Firefighters contain 800-acre range fire

**HAZELTON** — Only one of the numerous fires sparked by lightning Saturday afternoon was still burning out of control Sunday evening.

The Highpoint 2 fire, 7 miles northeast of Hazelton, was contained about 5 p.m. Sunday, and officials expected to have it under control by 10 p.m., said Pam Wallace, information officer with the Southern Idaho Interagency Dispatch Center in Shoshone.

The 800-acre fire was burning in heavy sagebrush and 75 firefighters, 14 firetrucks, one helicopter and two fixed-wing planes were used to contain the fire.

Officials note that fire danger remains high on forested lands and very high on range lands.

### Cycle accident victim still in serious condition

**TWIN FALLS** — A Twin Falls man injured Friday in a motorcycle accident has improved but remains in serious condition in the intensive-care center at St. Alphonsus Regional Medical Center in Boise Sunday evening, a hospital spokesman said.

Tommy Webster, 21, lost control of his motorcycle in a curve at about 7 p.m. Alcohol was a factor in the accident — excessive speed was not — said a Twin Falls Sheriff's Office report.

Webster, who was not wearing a helmet, was flown Friday night from Magic Valley Regional Medical Center in Twin Falls to St. Alphonsus.

### Documentary shows archeological tech

**RUPERT** — A television documentary on how satellites help archeologists uncover artificial features in the landscape airs tonight.

The technology that has helped Rupert archeologist Richard Hansen in his explorations of Mayan ruins in northern Guatemala will be featured in a documentary titled "Satellite Archeology" and 10 p.m. Sunday on The Learning Channel.

### Roll-over accident near Gooding injures 3

**GOODING** — Three people were injured in a one-vehicle roll-over accident Sunday evening on state Highway 46 north of Gooding.

No other details were available.

### County fair seeks works created by youths

**FILER** — They can be wood or plastic. They can be glued or sewn. They can be a lot of things as long as they were handmade by a child under 18.

The Youth Exhibit at the Twin Falls County Fair showcases art, food, clothing and other handmade creations by the county's youth.

Entries will be accepted Aug. 29 and 30. Categories include food, clothing, art and models, but there are many more.

For more information, call Diane Miller at 326-3386.

### Public TV looks for TF's best-dressed dog

**TWIN FALLS** — Does your dog have star quality?

Idaho Public Television's Wishbone best-dressed dog contest is coming to town today. Wishbone, a terrier, is the hero of the Public Broadcasting System's series that encourages children to read great books.

Dogs dressed as a favorite storybook character will compete for prizes donated by local merchants. Any breed of dog may enter the contest, but all dogs must be on-leash and handled by an adult owner.

The contest is scheduled for 11 a.m. at Target Stores, 1511 Elbes Lakes Blvd. N. For further information, call IPT at 1-800-543-6868.

Compiled from staff reports

# Farewells and new beginnings

## Shoshone says good-bye to old school

By **Dobie Thomas Reale**  
Times-News correspondent

**SHOSHONE** — It was farewell to old friends and old corridors at the Shoshone High School yearbook-signing party last week.

As members of the class of '98 said farewell to classmates, the community said farewell to the 72-year-old school building, which will be replaced this fall. Teachers will begin moving into the new school Aug. 26. Classes start Sept. 6.

This year's yearbook, The Shoshonians, is a tribute to the old school as well as to the students who studied within its brick walls. The book's antique-looking cover shows an architect's sketch of the building as it looked 72 years ago.

Two students were conspicuously absent at the yearbook signing. A page dedicates the yearbook to the memory of B.J. Williams, who was killed in an auto-accident last fall.

A second member of the class of '98, Michael Seehlin, was killed in an auto-accident Aug. 2.

Please see **SCHOOL**, Page A6



John Tews and Tiah Stark share memories of their days at Shoshone High School during a yearbook signing party at the school last week.

## Plant would treat waste at INEEL

By **N.S. Ninkiewicz**  
Times-News writer

**TWIN FALLS** — A proposed radioactive waste treatment plant may end up treating more waste from other states than waste now stored in Idaho, says one critic of the project.

The federal Energy Department this week will conduct public hearings on a study of the environmental effects of a proposed radioactive and chemical waste treatment plant at the Idaho National Engineering and Experiment Laboratory.

The federal government has signed a \$1 billion contract for the plant that would sort, characterize, treat and package waste stored at INEEL for disposal outside Idaho.

Some critics of the project say the money would be better spent on cleaning up buried radioactive waste that threatens the Snake River Plain Aquifer.

INEEL Inc., the American whol-

**Want to be heard?**  
The federal Energy Department will conduct a public hearing from 8:30 to 9 p.m. Thursday in the Student Union Building at the College of Southern Idaho on a proposed radioactive waste treatment plant that would include an incinerator.

**DAILY Newslinks**  
For more on this Department of Energy visit The Times-News Online at <http://www.magicvalley.com> and click on NewsLinks.

ly-owned subsidiary of British Nuclear Fuels Ltd. owned by the British government, would build and operate the plant. The Advanced Mixed Waste Treatment Project would treat 65,000 cubic meters of waste now stored at INEEL and 120,000 cubic meters of additional waste from INEEL and other federal sites over about 30 years.

Some of the waste has been stored since 1970 in boxes and barrels stacked on asphalt pads and covered by dirt. The boxes and barrels have a design life of about 20 years, and some may be

corroding and breaking down.

Twin Falls podiatrist Dr. Peter Rickards says a loophole in the contract would allow BNL to treat only part of the waste at INEEL and make up the 65,000 cubic meters from federal sites in other states.

BNFL and Energy Department officials have said their intent is to treat all of the 65,000 cubic meters of waste at INEEL first and to make sure it all meets disposal criteria for the Waste Isolation Pilot Plant see **WASTE**, Page A6

## Lily Grade road work closes canyon passage

By **Lesandra Rouble**  
Times-News correspondent

**ROSEWORTH** — Roseworth residents are used to commuting, but they may have a little farther to go for a few days before they reach civilization.

And they might want to stock up on necessities today.

Normally, residents must pass through Lily Grade while driving on 900 East toward Castleford, but for the next few days the canyon will be inaccessible. The Twin Falls Highway District will have to close the road to complete a long-awaited paving project.

Highway district Director Dave Burgess said workers plan to finish grading and leveling the road today. He said flaggers will be on hand to let residents and emergency vehicles through, but

**Public Calendar**  
August 18 - 1998  
Friday, August 18  
Graduation - 8 a.m. - 12 p.m.  
School - 8 a.m. - 3 p.m.  
Office - 8 a.m. - 5 p.m.  
Weekend - 8 a.m. - 5 p.m.  
Cricetologists - 8 a.m. - 11 a.m.

the road will be closed to all other motorists from 8 a.m. to 5 p.m.

Tuesday and most of Wednesday, workers will not let anybody through between 8 a.m. and 5 p.m., Burgess said. They plan to oil the road at that time, and it will be impossible for anyone to drive on the road while they work.

Once the road is oiled, he said, they will come back in a few weeks and finish seal coating.

## Firefighters share story

By **Anthony A. Gertos**  
Times-News correspondent

**N3F** — Nathan Knowles adjusted his hat and surveyed the bird-dense landscape.

Three skeletons poked through ash that stained the rolling hills on Utah's northern border. Smoke rose from another fire, like an eerie fog across the desert sky.

"This is just a baby fire for around here," Knowles said. "Normally we get a really big one every year."

Knowles looked like a chimney sweep, his uniform dulled by the battle against a redless fire that kept the 27-year-old and his co-workers busy for most of the night.

They had been extinguishing debris that continued to burn — a precaution against another flare-up — and were preparing for another two days of digging up "hot spots" and losing down embers with fire-retardant foam.

"Misadventure in Nof had been the largest blaze in southern Idaho this summer," Knowles said. Bureau of Land Management officials estimated 98 firefighters fought the blaze.

The lightning-caused fire burned over 250 acres and required six heavy firetrucks, five light trucks, a 5,000-gallon tanker, several appliances and a helicopter.

Knowles, a Declo resident who teaches science classes at Burley Alternative Junior High School, said the wildland firefighting division of the BLM while attending Idaho State University in 1992.

His job allows him to chase wild fires during the summer. "It's a good job," he said. "A lot of people say it's dangerous, but we take a lot of precautions to make sure it's safe."

Knowles is a member of Malin's fire unit, which includes four firefighters and one supervising technician. The group — the first BLM crew to arrive at Monday's brush fire — brought a four-door fire truck with a 950-gallon water tank, which Knowles calls "the magic school bus."

Katie Ward, a 20-year-old junior majoring in woodwork at the College of Southern Idaho, joined Malin's division last year to spend her summer outdoors. She found the intense physical activity overwhelming at first, and her affinity for catnip earned her the nickname, "Sleepy."

"This job is hard to get used to," she said. "Your first year just torques you out bad."

A year later, Ward has outgrown the nickname. She finds fighting fires fun, and her close-knit relationship with the crew makes the job easier. Tina Feldman, a 29-year-old Malin resident, has been part of the BLM fire fighting family for several years. The seasonal position has evolved into a major source of income. But his zest for the action has burned out.

"The first couple of years I did it because fires were fun," Feldman said. "But lately, it's been for the money. It's not fun."

Mike Udy, an 18-year-old

Please see **FIRE**, Page A6

## Beating the train is a bad idea

By **Lorraine Caverer**  
Times-News writer

**RUPERT** — Tloyd Overlin sometimes gets in trouble with the parents of children who teach- es about railroad safety.

He tells children to holler at their parents if they don't stop at railroad tracks.

It is important to Overlin, the area coordinator for Operation Lifesaver, to get the message across about being safe around trains, he said.

"We teach little children about the dangers of putting something on the track. If they are standing in the wrong place on the tracks could be shot out like a bullet and put their eye out, damage an arm or leg, or even kill them," Overlin said.

Operation Lifesaver personnel give presentations to driver education classes as well as other classes, when invited.

Education about rail crossing signs is given along with safety tips and other information about crossings.

One potential safety problem in the Mini-Cassia area is people who try to beat the train even though the red light is flashing, he said.

A crossing gate sometimes comes down on a vehicle, or the vehicle hits the gate as the driver tries to race through, said John Brown, general manager for Eastern Idaho Railroad.

The railroad is concerned about educating the public, Brown said. To help make children aware, Eastern Idaho Railroad gives school children



Train lines up across the railroad tracks at the intersection of Highway 24 and Allreco Road between Rupert and Heyburn. As traffic in the front of the line waits to turn left, the vehicle on the tracks is 'boxed in.' Operation Lifesaver, a train safety program, encourages drivers not to stop on the tracks.

**Safety tips for railroad crossings**

1. Approach in both lanes.
2. Stop when the lights flash or when the gates are down.
3. Use caution when approaching crossings.
4. Do not stop on the tracks.
5. Do not try to beat the train.
6. Watch out for the second train.
7. Do not stop on the tracks.
8. Do not stop on the tracks.
9. Do not stop on the tracks.
10. Do not stop on the tracks.

tours of stationary locomotives. In addition to safety, broken cross-arms are costly to fix. Federal regulations say the rail- road has to fix a damaged cross-arm right away — at the rail- road's expense, Brown said. Please see **TRAIN**, Page A6



THIS WEEK AT CSI-

The following is a schedule of meetings and events that will take place this week at the College of Southern Idaho... THURSDAY... FRIDAY... SATURDAY... WEDNESDAY...

Lance believes tribe will seek full lake control

COEUR D'ALENE (AP) - Idaho attorney general Al Lance said he expects a fight over ownership of the entire bed and banks of the lake here... Federal Judge Edward Lodge last month sided with the Coeur d'Alene Tribe and the U.S. Justice Department in the tribe's ownership claim...



Al Lance

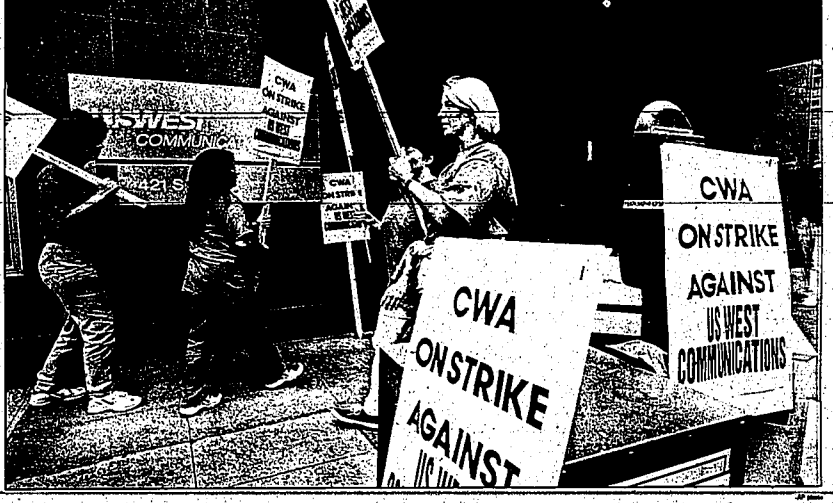
Despite the recent court ruling favoring the tribe on its claim to the southern part of the lake, Lance said he is hopeful for a resolution without further court action... Tribal press secretary Bob Bostwick said the tribe has, at least temporarily, ended its pursuit over ownership of the upper portion of the lake...

staff will be "processing and perfecting the appeal." In other issues, Lance reserved comment on the Coeur d'Alene Tribe's reported desire to purchase the Post Falls Greyhound Park to expand its gaming operation...

ON THE AGENDA

The following is a list of governmental meetings that are scheduled this week in the Magic Valley... TOWN CENTER... TUESDAY... WEDNESDAY... THURSDAY... FRIDAY... SATURDAY... SUNDAY...

ON A MISSION



U.S. West employees, left to right, Linda Wheeler, customer sales and service; Christi Steen, LaQuita Corbett and Cheryl Roberts, all marketing representatives; and Mary McConnell, sales and service consultant; walk the picket line in front of the U.S. West Communications building in downtown Portland, Ore., Sunday, the first day of striking by the Communications Workers of America. Please see story on A-1.

HP donates lifesaving device to Eagle Fire District

EAGLE (AP) - Another Idaho emergency unit now has the latest equipment to treat sudden cardiac arrest, which is the leading cause of death in the United States... The Hewlett-Packard Heartstream ForeRunner, a defibrillator used to restore the heart's natural rhythm, has been donated to the Eagle Fire District by Dr. Murry Sturkie...

Regional Medical Center. Sturkie won the \$3,600 ForeRunner in a drawing at a medical conference at Lake Tahoe last month... "I thought Eagle could make the best use of it in terms of the volume of calls they receive," Sturkie said...

the fast-growing district a second back-up if the existing equipment is in use, improving the survival rate for cardiac-arrest patients in Eagle and other parts of Ada County... "Erica Hoven, district manager for Hewlett-Packard Heartstream in Seattle, said the Eagle Fire District is the fourth organization in Idaho to receive the equipment...

Medical Center and the Filter Quick Response Unit are the other three.

SERVICES

Funeral Home of Billie Mass of Christian Burial at 10 a.m. today at the Immaculate Conception Church (Former Funeral Chapel in Billie)... Matt Norman Obituary of Twin Falls, 11 a.m. today at the Twin Falls 11th Ward LDS Chapel... Kenneth Burke Still off Twin Falls, graveside memorial service...

DEATH NOTICES

Wendell LDS Church, viewing at 10 a.m. Tuesday at the church... Tompson (Tony) Leigh Alger of Mountain Home, memorial service at 11 a.m. Tuesday at Summers Funeral Home... John Thomas Prestridge of Salt Lake City, Utah, and formerly of Burley, 11 a.m. Tuesday at the Star LDS 1st and 2nd Ward Chapel...

Craig helps dedicate UI research park

POST-FALLS (AP) - Sen. Larry Craig, along with U.S. Rep. Mike Crapo and other Idaho dignitaries, spoke in Northern Idaho to honor the future site of the University of Idaho Research Park along the banks of the Spokane River... "They can find educational and employment opportunities that just didn't exist before," Craig said...

Monday Dinner Special

Prime Rib & Crab Legs Combo \$14.95... 1998 Blue Lakes Blvd. N. Phone 733-8400. Open, Lunch 11:30 - 3:00 pm. Dinner 3:00 - 10:00 pm.

HOSPITALS

MAGIC VALLEY REGIONAL MEDICAL CENTER... MINIDOKA WESTERN HOSPITAL... CASPER REGIONAL MEDICAL CENTER...

Admitted

Wesley Dory of Burley, Vera Cozakov and Noel Croft, both of Heyburn, and Ofelia Juarez of Hazelton... Released: Jude Burnas of Burley, Kimberly Greene, Cathy Saxon and Afon Saylor, all of Rupert, Marica Osterhout and William Wells, both of Declo; and Lucy Canu of Kimberly... Births: A baby was born to Ramiro and Ofelia Juarez.

AUCTION CALENDAR THROUGH SEPTEMBER 27

MONDAY, AUGUST 27, 1998... MONDAY, AUGUST 27, 1998... MONDAY, AUGUST 27, 1998... TUESDAY, AUGUST 28, 1998... THURSDAY, AUGUST 28, 1998... SATURDAY, AUGUST 29, 1998... SUNDAY, AUGUST 30, 1998... MONDAY, AUGUST 31, 1998... SATURDAY, AUGUST 29, 1998... WEDNESDAY, SEPTEMBER 2, 1998...

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Monday Dinner Special Prime Rib & Crab Legs Combo \$14.95 1998 Blue Lakes Blvd. N. Phone 733-8400. Open, Lunch 11:30 - 3:00 pm. Dinner 3:00 - 10:00 pm.

# MAGIC VALLEY/WEST

## Fishermen find body in Boise canal

BOISE (AP) — The body of an unidentified man was found yesterday afternoon in the New York Canal near Federal Way and Findley Avenue.

Two fishermen discovered the body about 2 p.m. when they spotted a hand partially submerged in the water. The men called 911 and sheriff's deputies were summoned to the scene.

A Boise Dive and Rescue team recovered the body. They think the body may have floated to its resting spot near a footbridge in the canal.

Authorities so far have no clues as to the identity of the man. No one has been reported missing and no one can identify the man, authorities said.

"He was wearing some sort of work pants, no shirt at this point but it could have washed off," said Ada County Deputy Wes Yeates. "He looks like he could have floated downstream and got tangled in some of the supports under the footbridge."

Ada County Coroner Irwin Sonenberg will perform an autopsy on the man today to try and determine the cause of death.

## Scouts try to save trapped man, attend his funeral

BOEM, Utah (AP) — A group of Boy Scouts that worked frantically to dig a man out of a collapsed sand cave at Lake Powell and give him medical attention plan to attend the victim's funeral on Monday.

Michael Hartine, 23, was digging a sand cave on a beach when the sand collapsed, trapping him for about 15 minutes. He was taken off life support at an Arizona hospital on Thursday, the National Park Service said.

"It didn't end the way we wished," said Greg Smith, who works with the troop. "But the kids put him in a position to get the best shot possible."

Scout Brian Springer said he vividly recalls how his legs burned and he gasped for air as he caved up a steep, sandy Moki Canyon sand line when he heard two women screaming.

After Scout Norm Nichols wasn't far behind. Six other Scouts and other hikers arrived within minutes.

Hartine had dug deep into the ground with a bear gear to connect two large caves, and as the two women watched the sand cave collapsed.

"This is just screaming, and I'm trying to ask where the hell he is," he said. "We called for the helio, got into rows and started digging."

The rescuers modified the medical assistance from the rescuers.

It took about 30 minutes for the rescuers to find the cave. Hartine used to dig the cave. At about three lines they pulled Hartine's body from the pit.

"I thought he was dead," said Springer, who learned of the sand cave's existence through Scout leader Charles Illey.

## Man faces charges for taking video tapes of minors

WEST VALLEY CITY, Utah (AP) — A man has been charged for allegedly showing sex-related videos through a hole in his bathroom wall to juveniles showering and engaging in sexual acts.

Salt Lake County prosecutors charged Kevin W. Burleson, 21, with second-degree felony charges of sexual abuse of a minor and dealing in material harmful to a minor, said West Valley Police Lt. Charles Illey.

The charges filed in Salt Lake County include specifically with two juveniles in the neighborhood and a 15-year-old boy — last some adults. They also have been videotaped, Illey said. The alleged victims' names were not disclosed.

Illey said Burleson could face up to 15 years in prison and a \$5,000 fine. The charges remain unproven, but all records office searches at a West Valley manager who

## Utah reaps \$70M for its federal lands

OGDEN, Utah (AP) — State land managers say Utah pulled in around \$70 million in cash in a year from leases and royalties on state and federal lands. Some say it's not enough.

The money comes from oil, gas, and mineral royalties, rentals, cattle grazing, timber and brine shrimp harvesting. The figure includes only cash payments and not the overall economic impact of the lands and their resources.

The least productive activity is grazing, which accounts for just \$650,000. And timber, another traditionally western activity, contributed on public lands, accounts for only about \$1.4 million.

"Leasing land for special uses like communication towers is less bothersome and more profitable than grazing cattle," said Utah Trust Lands Administration spokesman Dave Hebertson.

## VALLEY IN BRIEF

### Hospital board will consider partnership

TWIN FALLS — Developing a partnership with doctors to provide management services for their practices will be up for discussion at the Magic Valley Regional Medical Center board meeting today.

The board meets at 5 p.m. at Canyon Springs Inn, and the public is welcome.

The hospital contracted with Exponential Management of Denver, Colo., to study the possibilities of what are called management service organizations. Its report was in response to a June 8 request for partnership from the Magic Valley Health Network, an organization of mostly specialists.

One proposed organizational model included participation by the county hospital, Magic Valley Health Network, the Physician Center, a private doctors' group renting space at the hospital medical office building, and independent doctors. A short-term test that end could be contracting of a management company owned by the hospital but controlled with the Physician Center, Exponential said.

The resulting organization could help doctors with the costs of managing practices, as well as obtaining financing and improving financial organizations, with the mission of creating a high-quality, cost-effective medical system, the report said.

### Hagerman hearing looks at property line

HAGERMAN — The Hagerman Planning and Zoning Commission today is seeking public comment on the local school district's application for a variance of its property setback line.

A public hearing on the matter is set for 7 p.m. in the multipurpose room at Hagerman Elementary School, 324 Second Ave. N.

### Blaine commissioners set full agenda

- HAILEY — The Blaine County Commission will open its regular meeting today with an open public comment session at 8:45 a.m.
- Other items on the day's agenda in the commission chamber at the Blaine courthouse:
- 9 a.m. — Public hearing on a proposal to subdivide about 157 acres into 10 lots on land about 4-1/2 miles south of Bellevue between Idaho Highway 75 and Friedman Lane. Lot sizes would range from 20 to 34.6 acres.
  - 11:30 a.m. — Discussion of administrative, personnel and budget matters. Also scheduling of hearings on ordinances, resolutions and contract discussions.
  - 1:30 p.m. — Public hearing regarding a proposal to redivide lot 1 of Hailey West Subdivision into three lots. The lots would be 5.73, 25 and 35.41 acres. The lots would be along Crow Creek about 2 miles west of Hailey between the Plaza Del Sol and Croly View subdivisions.
  - Public hearing on John Blackburn's proposal to place two 18-inch culverts in a tributary of Croly Creek in the southern portion of Hailey West Subdivision.
  - 3 p.m. — Public hearing regarding a proposal to alter common lot lines along lots 3 and 4 in Croesus Creek Subdivision.

Compiled from staff reports

### Gold shareholder seeks reorganization plan

RENO, Nev. (AP) — Pegasus Gold Corp. has ignored the interests of shareholders and should be ordered to submit a new reorganization plan, a shareholder claims.

Louis Ray of Sparks asked U.S. Bankruptcy Court here to direct the Spokane, Wash.-based mining company to pay shareholders some equity as it reorganizes under Chapter 11 bankruptcy laws.

Pegasus stock would be worthless if its restructuring is approved.



Mike Udy overtains smoldering coals so they can be holed down and extinguished. Udy is a member of the Boise of Land Management Manta wildfire crew.

## Fire

Continued from A4

Connor Creek resident and recent graduate of Raft River High School, waited for his 18th birthday so he could join the crew. "We hope for fires," Udy said. "I mean, we don't hope for fires to burn down a house, it's just that a fire out in the middle of nowhere, gives us something to do."

Udy had his hands full earlier this summer when the Malta crew packed up their magic school bus and headed across the country to help fight the fires that ravaged Florida.

"The first day we got there we all worked hard like we normally do," Udy said. "The next day, we all got sick just because we weren't used to the heat down there. You've got to pace yourself because you get tired fast."

The BLM has more equipment and personnel in western states where fires are more common, Knowles said. But the Florida fires were everywhere out because the crews worked three consecutive weeks, often from 5 a.m. to 10 p.m.

"It was so hot and humid," Knowles said. "You would sweat so much that you would never dry out. You would drink up to two gallons of water every day if you didn't drink that much, you were likely to get heat exhaustion."

"You sleep every chance you get," Udy said, reflecting on his work.

After returning to Idaho, the crew relaxed at the time, building fires and putting down trees on BLM land.

Word and Udy plan to leave for college before Labor Day. What plans to work on weekends. But Udy, who will begin his first year studying agriculture at Idaho College, will bring up his hand back to the crew.

"With this job, I've been picked that's been before," Udy said. "I don't know."

Times-News correspondent Jenning Anderson has reached Udy. Boise: 507-4492.

## Ketchum leaders look at proposal

KEITCHUM — The Ketchum City Council today will open its regular meeting at 6:30 p.m. at City Hall.

The meeting will begin with a public hearing on a proposal to amend the Thunder Springs planned-unit development's conditional-use permit to add about 4 feet to the top of the tennis center there.

Councilman Porter also wants to discuss a proposed 311 center, and the council will go over plans for the Ketchum area for proposed for sometime after Labor Day.

## NewsLinks

For more information on railroad safety visit The Times-News Online at <http://www.magicvalley.com> and click on NewsLinks.

## Train

Continued from A4

"We try to recoup the expense," Brown said. The railroad often receives help tracing down those involved in gate accidents from witnesses and police reports.

The "Trooper-on-the-Train" project, in conjunction with the state police, has helped the railroad recover

or expenses. A State Police officer rides the train and radios to another officer when he or she sees someone running the crossing, Brown said.

## Waste

Continued from A4

Project in New Mexico.

But Rickards says treating only part of the INEL waste would be a waste of money because of other federal environmental documents on radioactive waste management and disposal.

Rickards is an independent consultant who has worked for the Energy Department.

The plant would use a proposed combination of nonthermal and thermal treatments, including compression, encapsulation, incineration and vitrification, to prepare the waste for disposal.

About 25 percent of the waste would be incinerated. Ash from the incinerator would be turned into a glasslike substance and packed for disposal.

Rickards has questioned the effectiveness of the filters on the incinerator exhaust. He suggests the Energy Department should conduct more thorough evaluations of filters before operating an incinerator for radioactive waste.

Filtration mechanisms are complex, and efficiency is related to particle size and flow rate through the filter, said John Kalls, chief technical adviser to the mixed waste treatment project.

The effectiveness of high-efficiency air filters has been thoroughly studied, he said.

The filters are only one part of a state-of-the-art exhaust system for the treatment plant, BNFL Inc. spokeswoman Cathy Middleton said.

Rather than incinerate the waste, Rickards recommends the waste be stored what could be sent to WIPP above ground until a better technology is developed.

That alternative, however, was dismissed in the document because of the chance of natural disaster over the next 55 years.

But elsewhere, the document noted that treated waste that could not be sent to WIPP could be safely stored at INEL, saying: "No radiological or hazardous chemical impacts to individuals or populations would be expected over 10,000 years."

Written comments will be accepted until Sept. 11. Comments may be sent to John Medema, U.S. DOE Idaho Operations Office, 850 Energy Drive, Idaho Falls, ID 83401. Or fax comments to 208-526-0160. For information, call 1-800-320-4549.

Times-News staff writer N.S. Volkert can be reached at 733-0931, Ext. 237.

## School

Continued from A4

His yearbook was carefully circulated among clumps of students on the old school's lawn. Each student wrote condolences to the Strehlen family.

The old, crumbling high school building featured in many of the yearbook pictures holds mixed memories for the students, including wasps in the math room and falling plaster in the history classroom.

Yearbook co-editor Drew Payne, who is heading to Utah State University to study business, recalled the roof falling and workmen coming to bolt it back into place.

Photos in the yearbook captioned "Flood Control in the Science Room" shows Fabrina Roberts mopping water in Mr. Chapman's science class. Roberts, a sophomore this fall, said the water pipes broke, and students had to wade up to 2 or 3 inches of water.

Green saw the strongest memory of the old school is lots of stairs.

"By the end of the day you

hated those stairs," she said. "The heating system needed repairs too. . . in some rooms you needed a coat and in other rooms you would nearly freeze."

Karen Pendleton, a senior this fall and a third-generation native of Lincoln County, said her father and uncle graduated from Shoshone High, where their photos are on the walls. She will miss the old building, but the gymna-



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**Pat Parks**  
*Pick of the Week*

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## MORNING LINE

### SPORTSQUOTE

“George Orwell once wrote, ‘Serious sport has nothing to do with fair play. It is bound up with hatred, jealousy, boastfulness, disregard of all rules and sadistic pleasure in witnessing violence.’ And to think, Orwell was never a Raider season-ticker holder.”

—Syndicated columnist Norman Chad

### IN BRIEF

#### Cross country season begins today for TF

TWIN FALLS — The Twin Falls cross country season begins today. Interested athletes in grades 7 through 12 should meet at the Twin Falls High School at 4 p.m. Athletes should be ready to run.

#### Hafer overtakes Smith for Canyon Springs title

TWIN FALLS — Preston Hafer came back from seven strokes down to overtake Matt Smith for the Canyon Springs Club Championship Sunday. Hafer had a bogey-free day on his way to a Sunday 67 and a two-day total of 130. Smith shot a 81 for a two-day total of 136, which was good for third place. Gordon Berry took second with a two-day score of 143.

#### Sacramento State picked to win Big Sky volleyball

ODGEN, Utah — Sacramento State University was unanimously chosen by the league's head coaches to win the 1998 Big Sky Conference women's volleyball title. The Hornets, who are defending Big Sky champs, received 64 points and eight first-place votes to outdistance runner-up Eastern Washington, which received 56 points. Montana State has ranked third. Idaho State was picked to finish eighth, one spot ahead of Montana.

Cal State Northridge, Portland State, Northern Arizona and Weber State were picked to finish fourth through seventh.

#### It's official: Kuchar to stay amateur golfer — for now

ORLANDO, Fla. — After struggling for months with the decision of whether to turn pro, U.S. Amateur golfing champion Matt Kuchar of Lake Mary told The Orlando Sentinel on Sunday that he has decided to return to Georgia Tech for the start of his junior year and remain an amateur. At least for the time being.

Although he has been clearly leaning toward a return to Tech, Kuchar said two weeks ago he would not make a definitive decision until after he attempts to defend his Amateur title next week in Rochester, N.Y., and before he is due back for fall classes at Tech on Sept. 5. However, the talented 20-year-old said Sunday he came to the conclusion during a non-golfing vacation with family members in New England last week that his performance at the Amateur could not overcome his instincts to continue his collegiate experience.

#### Huskies suspend starting cornerback over academics

SEATTLE — Washington Husky cornerback Mel Miller, a starter the past two seasons, has been suspended for the team's first three games of the 1998 season. Miller, a junior from Torrance, Calif., was held out of spring drills April to improve his academic performance.

"This follows the probation that he has been on. This is the next step because he has not been going the right way," Washington coach Steve Lutz said Sunday. "It is an opportunity for him to get back in step with the program and the academic expectations we set for our players as well as the guidelines and team rules we expect them to follow."

Compiled from staff and wire reports

Vijay Singh of Fiji watches his shot from the rough on the 11th hole Sunday at Sebelo Country Club in Redmond, Wash.



## Practice pays off

Vijay Singh, who works on his game even in hotel rooms, grabs PGA Championship

The Associated Press

REDMOND, Wash. — The long, lonely hours on the practice range, where nearly no dress rehearsal for Vijay Singh, the Asian cross-country star Sunday, paid off and turned in a star performance.

With a hazy, hazy sun in the trees, a spectacular recovery from the woods and nerves of steel down the stretch in a twenty rain, Singh won the PGA (Championship) with a 20-under-288.

The 33-year-old, from Fiji, put himself in par on the 18th — his fourth par on the toughest hole at Sebelo Country Club — to finish at 9 under (277) for a two-stroke victory over Steve Stricker.

It was the 11th time in 11 years that a player won his first major championship at the PGA.

For Singh — all 11 had come in the messy "Friday" in which he practiced in his hotel room for long hours in search of a game that would give him one of golf's ultimate prizes.

He would practice on the 11th hole of the driving range where he would hit the disturbed. He would rearrange the furniture in hotel rooms to give him room to practice at night. He has a weight belt from long hours

PGA Top scores	
Shooting on the final round of the 2000 PGA Championship at Sebelo Country Club	
Clayton Kasper	8
Clayton Kasper	7
Clayton Kasper	6
Clayton Kasper	4
Clayton Kasper	4
Clayton Kasper	4
Clayton Kasper	3
Clayton Kasper	3
Clayton Kasper	2
Clayton Kasper	1
Clayton Kasper	1
Clayton Kasper	1

search of their first major championship, both playing well enough to put a worthy collection of challengers at a distance. Singh finally got some breathing room when he saved par from the bunker on No. 17 from about 18 feet. Stricker couldn't match him, blasting out of the same bunker to 15 feet, but grazing the put past the left side of the hole to put Stricker two strokes back.

All that stood between Singh and the Wanamaker Trophy was an accurate drive on the 47-yard finishing hole, and he split the middle.

Stricker closed with a 70 for 273. Steve Elkington, the 1995 champion held back all year by health problems, shot 67 and finished third at 274.

"I put up a good fight," Stricker said, choking back tears. "It just didn't happen."

Mark O'Meara, trying to become the first player since Ben Hogan in 1953 to win three majors in one season, was five strokes back in a tie for fourth after a string of three bogies on the sixth, seventh and eighth holes off an early charge that pulled him within two strokes of the lead.

Soft but steady rain fell throughout the match. Singh and Stricker, two men in

search of their first major championship, both playing well enough to put a worthy collection of challengers at a distance.

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Please see GOLF, Page A8

## Davenport upsets Hingis for 3rd straight WTA title

The Associated Press

MANHATTAN BEACH, Calif. — Lindsay Davenport kept Martina Hingis off-balance with powerful serves and deep groundstrokes to surprise the world's top-ranked player 4-6, 6-4, 6-3 Sunday in the Acum Classic for her third consecutive WTA Tour victory.

Davenport's run of titles includes Stanford and San Diego, giving her a 12-match winning streak as she runs up for the U.S. Open beginning Aug. 21.

"To beat the No. 1 player in the world where I used to come and

*'Some of the balls she hit today were just amazing.'*

—Martina Hingis

watch a little girl and to win three in a row, this is a great end to the whole month," said Davenport, who grew up 20 minutes from Manhattan Country Club.

Please see TENNIS, Page A8

## Cowboys, cowgirls crowd the Gooding County Rodeo arena

By Molly J. Sebald

The Associated Press

GOODING — Hundreds of cowboys and cowgirls competed at the Gooding County Rodeo on Thursday, Friday and Saturday, but only a handful in each event ended up in the money.

The Gooding rodeo is an Intermountain Professional Cowboys Association event. The rodeo is the 12th annual Gooding County Rodeo Association event. Competitors in their respective associations collect points and earnings from

each sanctioned rodeo, and the top money and point winners go on to the final rodeo at the end of the season.

The IMPERA finals are in Buckhorn, featuring the Eastern Idaho Rodeo and the Utah Rodeo in the rodeo during the Western Idaho Fair. Local cowboys and cowgirls will compete in barrel racing, with times of 17.5 to 18.5 seconds, and team

events who have competed for years.

The winning time of 17.268 by Steffanie Sorenson, Utah, was only fractions of a second faster. Fairfield cowboy John Dennis ranked in the points for his ride on Slash-T Rodeo Company's "Maddox." Friday night to take the lead and hold it in the saddle bronc competition, and Chester Standlee of Hazelton placed fifth in the bull riding.

Please see RODEO, Page A8

## Gordon tallies another record

NASCAR driver wins 4 straight races

The Associated Press

BROOKLYN, Mich. — Jeff Gordon drove into the record book Sunday.

He became the seventh driver in modern NASCAR history to win four straight races, coming from far back to take the Pepsi 400. It was his first victory at Michigan Speedway. Gordon took the lead for the only time with eight laps to go, then pulled away in his Chevrolet. He crossed the finish line 1.8 seconds ahead of Bobby Labonte's Pontiac.

Dale Jarrett was third in a Ford, and defending champion Mark Martin — runner-up to Gordon at Michigan in two of his previous three races — was fourth in a Ford.

It was the first time the high-banked oval speedway had been used since safety fences were extended following the deaths of three fans by debris after Adrian Fernandez's Indy car slammed into a wall in the U.S. 500 on July 26. It was the worst accident ever at the speedway. Six other spectators were injured. There was a moment of silence before the race for the three who died.

Gordon now leads Martin by 97 points in the Winston Cup standings — an increase of 15. Martin, a four-time Michigan winner, was facing despite the death a week earlier of three family members.

Martin and the others seemed to have the best of Gordon's poor-handling car, which raced nearly 20 seconds behind Sunday in the top 10 for much of the event.

After everything changed, after the third and final caution flag came out on the 179th of 200 laps, when Ward Burton blew an engine. Martin, Jeff Burton and Dale Jarrett were running 1-2-3 at that time.

Virtually all the cars on the lead lap went in for a final pit stop with 20 laps to go. The stop turned the race around for Gordon, whose car had been alternately too tight, then too loose. His crew made some adjustments to tighten the car, put on right-side tires, and sent Gordon back out. Burton, meanwhile, ran over his air hose leaving the pit and was forced to return.

That made the order Martin, Jarrett and Gordon with 18 laps remaining and the caution flag still out. When the restart came three laps later, Gordon quickly passed Jarrett, and the race was on for the lead.

Gordon rapidly closed the gap, but Martin used every trick he could think of to prevent his rival from getting by. The cars almost touched twice.

Finally, after some furious racing before an estimated 140,000 fans, Gordon went low in turn 3 to take the lead on the 192nd lap. He roared on to his destiny as Martin, Jarrett and Labonte lost the advantage of a draft by racing side to side.



C. L. Simper, Malta cowboy, caught some rough action from 'Pearl Moon' at the Gooding rodeo Thursday night. Simper looked good, but saw daylight before making the eight-second buzzer.







## OTHER VIEWS

### American ingenuity can solve car trunk problem.

**From The Salt Lake Tribune**  
Five little girls were laid to rest in a Utah cemetery on Wednesday, two sets of sisters sharing two caskets buried side-by-side and their friend interred nearby. The feelings of the community are discussed and reflected on, but the real accidental horror of the situation is reflected in a statement made by the West Valley City police chief when he released details of the city's investigation. He said, simply, this could have happened to anyone; don't blame the people involved.

It's a matter of the will to make trunks safe. Americans have shown this kind of will before; they can do it again.

When several children died after being trapped in an abandoned refrigerator and freezers several decades ago, manufacturers of the appliances managed to design new ones that were held by magnetic locks or vacuum seals so no one could be trapped again. While the design changes were in process, people-nation-wide were required to remove the doors from such appliances as they threw them away. Once the potential for death was discovered through tragedy, people in this country responded to make sure it would not happen again.

If America put men on the moon and a tiny solar-powered robot on Mars, then it can design some interior surface for car trunks that will open them when someone trapped on the inside strikes the surface. It's a matter of the will to make trunks safe. Americans have shown this kind of will before; they can do it again.

In the meantime, this should be the first day of a new era in which taking the extra few seconds to lock the family car after taking the groceries into the house becomes important — because it is one tiny safeguard for our children.

Children are quicker, more agile and more curious than any parent can imagine. Whatever they can get into, they will.

Cars should be kept locked when parked in the driveway or garage. Trucks should be kept shut. Children should be told that cars and trucks are not playthings, they are transportation and they can be dangerous.

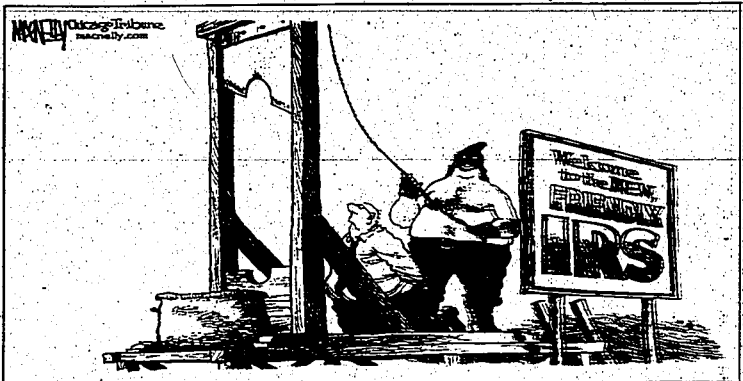
Safety organizations should consider offering a reward for the inventor or company who can figure out how to create a surface for the inside

of a car trunk that opens the trunk when struck by a person trapped on the inside. While emergency release latches might be helpful for adults trapped in a trunk, small children might not be able to operate the mechanisms.

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### Where's Perot when you need him most?

**WILLIAM MCKENZIE**  
The GOP-led House of Representatives wants to use a substantial part of the \$1.6 trillion budget surplus predicted for the next 10 years to cut taxes. Representatives will be making their case for their tax reductions in town hall meetings this month.

Democrats like Charles Stenholm of Stamford have pressed the issue this year. So have traditional Republican conservatives like Jim Kolbe of Arizona. But too many lawmakers prefer to talk about spending more on programs or cutting taxes.

More we just going on here in there? And allow the next generation of Americans to live with this massive deficit? The public doesn't appear to want that.

President Clinton would invest a big chunk of that potential surplus in financing Social Security's makeover. He has been touring the country and discussing different options. But where is Ross Perot and all his pie charts? You know, the ones that remind us about the size of the national debt and what it can do to us? Don't we need to talk about that, too?

Some ideas make sense, too. Social Security needs fixing. And there is a strong case for returning some of the surplus to taxpayers. It is their money, after all. Still, what about that \$5 trillion debt?

Just like the next generation of debt, just like the next generation of debt, just like the next generation of debt. The public doesn't appear to want that.

### Greed drives salary increases for Idaho school superintendents

**From The Lewiston Morning Tribune**  
Some school board members in Idaho are trying to use supply and demand to explain away the fact that salaries of Idaho's superintendents have risen an average of 61 percent in the past decade whereas the salaries of teachers rose 47 percent, even though the teachers were making less to begin with.

The working relationship between most school boards and superintendents. In the first place, there is often a pride of authorship by the board members in the choice of a superintendent. Secondly, they fight the battles of running a school district together. They take the heat together. They have lunch together. They are part of a management team.

But a far different economic principle comes to mind here: We give to the greedy not to the needy. Supply and demand applies primarily to teachers where there is an actual shortage of qualified people willing to do that job. And if Idaho schools don't get more money into teacher pay fast, they are going to lose more of their noncaptive teachers to one of the many states that pay better.

Superintendents have also been known to butter up board egos and they certainly have plenty of opportunity. All that camaraderie tends to build a bond of respect and affection, even with average superintendents. There's nothing immoral about that. Indeed, it is quite normal and human.

There is no comparable shortage of school administrators. Indeed, there are many willing to work for those much larger salaries, including some of the underpaid teachers. Promotion is the best way to get a living wage in Idaho education right now.

Nonetheless, that does make it common for school boards to bend over backward to be generous to the superintendent, if for no other reason than to confirm the self-flattering exaggeration that running a school district is more difficult and important than teaching in one.

The salaries of superintendents tend to be so far above teacher pay (and in any other state) primarily because of the coziness of

the working relationship between most school boards and superintendents. In the first place, there is often a pride of authorship by the board members in the choice of a superintendent. Secondly, they fight the battles of running a school district together. They take the heat together. They have lunch together. They are part of a management team.

### Asians fear U.S. obsession with scandal will cause harm

**TOM PLATE**  
Sometimes outsiders, especially when they have so much at stake in what we do, can see us more clearly than we can see ourselves. Asians who are the most distrustful about America's preoccupation with the Clinton sex scandal tend to regard it as a dangerous and irresponsible diversion from more consequential issues, fueled by a relentless and poisonous process that is chipping away at the powers of the presidency itself.

The Sydney Morning Herald, likening Clinton's current travails to Nixon's debilitating preoccupation with Watergate two dozen years ago, wrote: "The U.S. needs the president to get on with it. In important ways, so does the rest of the world."

It's a common theme in the past few months when he expressed virtual contempt for the destructive tenacity and dysfunctional myopia of the U.S. legal and media systems. "You're wasting the trust, dividend that Clinton has built up in Asia, which in general recognizes that Clinton has worked hard to raise the quality of his communication with the region, especially with China. This effort has been so important," he said. "And now America wants to erode that trust by chipping away at and humbling the office of the presidency. I find this tragic and unbelievable."

At a time when this institution's full and unfettered clout is needed as never before, many feel that the office itself is under siege. Many in Asia worry about a permanent impairment of the presidency and of the U.S. international role should the incumbent president be brought down over issues that merit considerably less gravity.

To be sure, Asians are humiliated by their economic crisis, well aware that their up-and-coming image has declined along with their economies. But America's image in Asia is deteriorating, too, with the sex scandal's every lingering day.

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**The Times-News**  
Stephen Hartzog, Publisher; Clark Walworth, Managing Editor; Allen Wilson, Business Manager; Peter York, Advertising Director.  
The members of the editorial board and writers of editorials are Stephen Hartzog, Clark Walworth, Steve Crump, Kevin Richard and Kurt Friedemann.

### Doonesbury



### By Garry Trudeau



### Mallard Fillmore



### By Bruce Timely



### POOR



# Bilbray poses tough challenge to Dems



GEORGE F. WILL

**S**AN DIEGO — Rep. Brian Bilbray is late for breakfast because of a family problem not uncommon on this portion of the country's left coast. His 13-year-old son went surfing without telling his mother.

Father was understanding. He is as at home in a wet suit as he is in workwear. He is a member of — he is a third of — the congressional surfing caucus.

If Democrats are going to gain the 11 seats needed to take back control of the House of Representatives, Bilbray's district should be a battleground. In 1994, the year of Republican wine and roses, he barely won it, 49 percent to 46 percent.

He beat a Democratic incumbent, Lynn Schenk, who, when voting for President Clinton's 1993 tax increase, understandably but imprudently turned off her office fax machine, to the annoyance of constituents who were hectoring her. In 1996 she Crockett ran along the coast, from the Mexican border north almost to the Del Mar race track. "Where the surf meets the turf," crooned a part-winner, Bing Crosby. The district bears a striking resemblance to its caricature as a

conservative enclave of active and retired Navy personnel. It is a gateway to Mexico and hence to a growing high-tech industrial base. In 1992 Clinton beat Bush here 43-31, with Perot getting 25 percent. In 1996 Clinton, Dole and Perot were 49, 41, 7.

At age 25 Bilbray was a city councilman in the town of Imperial Beach, mayor at 27. This year his opponent, Christine Kalhoe ("very likable," says Bilbray), is a term-limited San Diego councilwoman looking for a new office. Her liberalism is among her attributes that recommended her to the Democratic Party because it enables her to tap the considerable fund-raising resources of the national gay and lesbian political network. Adding EMILY's List and the rest of the women's money sources, she is the nation's best-handled challenger to an incumbent.

She says the sort of things Democrats say when running in closely divided constituencies. She is for good schools, smart and lesbian political network. Adding EMILY's List and the rest of the women's money sources, she is the nation's best-handled challenger to an incumbent.

work of three years. When Newt Gingrich spoke to Bilbray about the matter, Bilbray said he would be glad to see the bill passed. But he would have already been in the room. He would have already been in the room. He would have already been in the room.

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Bilbray, a seasoned politician, knows how to read his mail — more precisely, how to read the fact lines of the volume of his congressional mail as it way down.

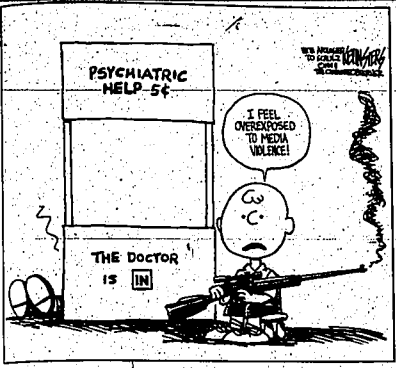
Not even the public's supposed seething about HMOs mars the general consensus. For his district has an unusually high amount of managed care, but that his database reveals that those who write angrily about managed care are mostly those who write about most liberal states hoping to force a crisis.

That will justify government controls. The paragon, he says, are campaigns to stop the building of rental units, in order to produce vacancies that are cited to justify rent controls.

Kalhoe is stressing her commitment to conservation of the coast line, but her attacks on his supposed unsatisfactory stewardship are somewhat hunted by what she refers to as "the wet suit." He wears it in some of his campaign ads.

Experienced, well-financed and training in a competitive district against an incumbent whose nickname is not "Landslide," Kalhoe still is not favored, which is a rare happy harbinger for Democrats hoping to control even one house of the next Congress.

George F. Will is a Washington Post columnist.



# GOP should call Clinton's Social Security bluff

**V**ou know the good times are here when the biggest policy question in Washington is what to do with a \$1.6 trillion budget surplus over the next 10 years. Disagreement abounds.

President Clinton says he wants to set the money aside for Social Security. Although the Social Security trust fund account shows a surplus that will keep the program solvent until the year 2033, there is no real money or assets in the account — only nonnegotiable government IOUs. That fact, plus the future retirement of the baby boomers, means that the trust fund is in peril.

Speakers of the House Newt Gingrich has offered a different approach: He would use perhaps \$500 billion of the surplus to help out Social Security, but he would also use \$1 trillion of the surplus to provide tax breaks that would eliminate the marriage tax and the tax on seniors who work, and to lower the capital gains tax and make other tax reforms.

It appeared that this would be the direction Republicans would take until a recent meeting between the Senate and House leadership. Several Senate Republicans — including some who are normally strong tax-cut proponents — refused to go along with the tax cut approach. Rather, they want to use the budget surplus to help pay for the cost of Social Security reform.

And those costs will be high. As workers began to shift from the old Social Security system to a system of personal retirement dollars, they would redirect some of their payroll tax contribution to their own accounts. As a result, the government would have to make up the money lost in order to pay benefits to current retirees. How much would depend on how many workers shifted from the old to the new system. While total transition costs would be several trillion dollars over perhaps 40 years, the budget surplus would make a good down payment on those transition costs.

But does it have to be "shades of?" The president is making some political hay by looking fiscally prudent. But the truth is that Mr. Clinton has no plan on the table. Nor is there any indication that he will offer a reform plan any time soon. He has hosted a series of town hall meetings this year on Social Security reform. But it isn't clear whether he did that to find out who people think about Social Security reform, or to put the issue off until after the November elections in an effort to remove Social Security from this year's campaign issues.

Republicans should call the president's hand. If the president wants to save the money for Social Security, then make it contingent on his signing a Social Security reform bill that passes the House and Senate. If the president signs a plan similar to the Gramm plan, we'll need all that money and more in order to pay the benefits of current retirees. Without the budget surplus to finance the transition costs, the government would have to borrow the

MERRILL MATTHEWS JR.

money or raise taxes. And it makes no sense to raise taxes while sitting a huge tax cut.

But if the president won't sign a Social Security reform bill, then implement the trillion-dollar tax cut — or something close to it. Ideally, the tax cut would be part of sweeping tax reform, such as moving to a flat tax or national sales tax. But the president probably won't sign that bill either, so addressing the distortions in the current tax code is probably the most practical approach.

In addition, a trillion-dollar tax cut would provide a huge stimulus to the economy, which would indirectly shore up the Social Security trust fund, at least for the short term. More people working means more people paying taxes — which means more money going into Social Security.

But the key is to get the president to put up or shut up. It is ridiculous to let Mr. Clinton be perceived as solving the problems of Social Security when he has no plan or solution, only town hall meetings — especially since Democrats have spent every dime of the Social Security surplus in the 40 years they controlled Congress.

If the president wants to set aside the budget surplus so that he can be seen as saving Social Security, then Republicans ought to make him pay the price by signing a bill that would do it. And if he won't, then let the tax cuts begin.

Dr. Merrill Matthews Jr. is vice president of domestic policy at the National Center for Policy Analysis, a nonpartisan, nonprofit research institute based in Dallas, Texas. Readers may write him at: NCPA, 12655 N. Central Expressway, Suite 270, Dallas, Texas 75243. This essay was distributed by Knight Ridder/Tribune Information Services.

# 'Permanent boom' is ending; what's next?

**T**he stock sell-off of the last several weeks is no surprise. Newton's Law, the law of averages, economics of aggregate and the experience of history all predicted that stocks would fall.

The Federal Reserve Chairman Alan Greenspan himself has called the event inevitable. Only the timing was uncertain — a qualifier akin to that old question, "aside from that, Mrs. Lincoln, how was the play?" But what does it mean? Is the expansion over? Will there be a crash? Will there be a recession? I do not know. Neither does anyone else. But here are four things we do know, or ought to:

First, there is no New Paradigm. The "permanent boom" is ending. After seven years of stable growth, we now see many signs of weakness. Purchases have slowed. Earnings and expected profits are down. Growth is still dropped below 2 percent in the second quarter. And unemployment has started to rise.

Second, exports are off — the predictable consequence of the Asian crisis. The dollar is up, not just against Asia but against virtually every European currency, too, except for the pound. The means imports are cheap — perfectly predictable but news for our soaring deficit in trade.

Third, real interest rates are rising. They are up because inflation has continued to fall, while the Federal Reserve has failed to lower interest rates it controls. Along with declining prices, this discourages new borrowing and business investment.

Fourth, personal debts are high and probably cannot go much higher. Despite some improvement in the last year or two, interest-bearing debt as a share of private income remain near all-time highs. These simple facts tell you that business investment is likely to stall. Exports are unlikely to rise. And, unless personal income rises, personal consumption won't rise either, since households have little leeway to increase their debt. Add to this a falling stock market, and you can read the ten leaves as well as I can.

These signs and symptoms have been around for a while. Why

JAMES K. GALBRAITH

hasn't anything been done? To begin with, the president and Congress, Democrats and Republicans, have been asleep. They have been dreaming that this expansion would go on forever, that they could spend their time forever wallowing in Stargate. They may soon wake up; will they have any idea what to do?

Next, the Federal Reserve has been facing the wrong way. Greenspan's colleagues have been on hair-trigger alert against the Fed's slowdown caught them from behind. Unless the Fed turns quickly, overruling the internal lobby that always favors higher interest rates, Greenspan's now-stellar reputation is sure to suffer.

What should be done? First, the Federal Reserve should cut interest rates now, and substantially, to help relieve the Asian crisis, the high dollar and the household debt burden. A sharp rate reduction would also buy time for other measures.

Next, Congress should raise the minimum wage. This would raise personal income where it counts most — for low-income working people, many of them women. Finally, the beached giant of our economy, the federal government, needs to get in the game. Almost unthinkingly in the previous years, the government has so far played no role in this expansion. Now, a program of new public spending — on parks, museums, the environment, transportation, housing and the cities — is what we need to keep private business humming. With the budget in surplus, why wait until unemployment rises?

To make this possible, we should not cut taxes, especially not on capital gains earned mainly by the rich. (A cut in payroll taxes, on the other hand, might be useful.) We should not abolish the income tax, our great automatic stabilizer. In favor of an unfair consumption tax. We should not privatize Social Security, tying the retirement income of

working Americans to an unstable stock market. To begin with, the president and Congress, Democrats and Republicans, have been asleep. They have been dreaming that this expansion would go on forever, that they could spend their time forever wallowing in Stargate. They may soon wake up; will they have any idea what to do?

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NATION

# Pakistan returns embassy bombing suspect to Nairobi

**NAIROBI (AP)** — Pakistan has handed over to its ally in the U.S. embassy bombing to Kenyan officials in Nairobi, a growing team of FBI investigators pressed ahead Sunday in its search for evidence.

The Pakistan Foreign Ministry and another government source said Sunday that "Mansoor Ahmad Haidari was sent to Kenyan authorities last week, bypassing U.S. investigators who had been to Pakistan to question him. The private television network KTN reported that Haidari had arrived Sunday, without further comment.

Pakistan newspapers reported that in recent interrogations, Haidari had confessed to being involved in the Nairobi

bombing and had outlined a plan that included co-conspirators.

A ministry spokesman said Haidari was arrested upon arriving at Karachi airport from Nairobi on Aug. 7, the day that twin bombings at the U.S. Embassies in Nairobi and Dar es Salaam, Tanzania, killed 257 people and wounded at least 5300 others.

U.S. officials in Nairobi refused to discuss Haidari. "This is a matter in which we are working very closely and very hard with our Kenyan colleagues. I can't make any comment," said Hardrick Crawford, the assistant FBI special agent in charge of the Nairobi investigation. "This is an ongoing investigation." The U.S. Embassy in Islamabad also

*Pakistani newspapers reported that in recent interrogations, Haidari had confessed to being involved in the Nairobi bombing and had outlined a plan that included co-conspirators.*

refused comment. As the probe in Nairobi intensifies, more FBI agents arrived over the weekend in the Kenyan capital, where they are expected to stay for four to five months.

Newsweek reported that investigators have found a 100-pound steel drive shaft believed to have belonged to the pickup truck that carried the bomb to the embassy in Nairobi. The shaft, found more than a half-mile from the site, contains part of the vehicle identification number, the magazine said in this week's issue, quoting unidentified sources.

FBI spokesman Debbie Weierman, speaking in Washington, would not comment on the report.

In a show of support for both East Africans and embassy staffers abroad, Secretary of State Madeleine Albright is planning brief stops in Dar es Salaam and Nairobi on Tuesday.

The government source in Pakistan said the suspect told his interrogators that other conspirators had left Nairobi earlier and had already passed through Pakistan into Afghanistan. He had planned to do the same, the source said.

The source told The Associated Press that investigators suspected a link between Haidari and exiled Saudi multimillionaire Osama bin Laden, who has been living in Afghanistan for the last two years.

U.S. officials have said that bin Laden, who has been vocal in his hatred of the United States and is among the wealthiest most militant sponsors of terrorism, was a possible suspect in the African bombings.



Fruit and vegetable stands at the Fujishige family stand on their 58-acre parcel of land in Anaheim, Calif., in this June 1996 photo. For more than 20 years, the Fujishige brothers refused multimillion-dollar offers for their farm that sits at the intersection of Disneyland. Now with one brother dead and the other in a coma, their children are ready to sell to the Walt Disney Co.

## Family who held out for more than 20 years sells farm to Disney

**ANAHEIM, Calif. (AP)** — For more than 20 years, brothers Hiroshi and Masao Fujishige refused multimillion-dollar offers for their 58-acre farm that sits at the intersection of Disneyland. The farm, once a vegetable farm, was the perfect place for their children to grow up. Now, with one brother dead and the other in a coma, their children are ready to sell to the Walt Disney Co.

Disneyland President Paul Pressler told The Orange County Register in Saturday's edition that there are no immediate plans for the farm. "The opportunity to secure this land for future use is a prudent course of action for us," he said.

Mrs. Fujishige, the farm's acting bookkeeper, and her brother Jack, who runs daily operations, are hoping their father will recover to take over what will remain of the farm. Hiroshi has no plans of retiring, they said. The Fujishige brothers became

objects of curiosity — and admiration — because they chose to keep their farm instead of selling out to developers for millions of dollars.

The sons of Japanese immigrant farmers, Hiroshi and Masao were raised in Los Angeles and as teens lived in Utah, where the father fled after Japan bombed Pearl Harbor in 1941.

Hiroshi was drafted into the Army, serving in the Japanese-American 442nd Regimental Central Postal Directory, the most decorated unit in U.S. military history. Masao studied chemistry at the University of Utah.

After the war, the brothers returned to Southern California, where in 1954 they purchased land here in a neighborhood of fruit orchards and family owned farms.

## Mom appeals stay-at-home dad's custody

**MILWAUKEE (AP)** — Robert Young was a stay-at-home dad, leading a double life: raising his two daughters, coaching the city's soccer team, and taking them to soccer and music appointments. The judge's mother, Alice Hector, a former attorney in law firms, had to work, and would wake the children in the morning, so she sent them to school or work.

When the couple divorced after 14 years of marriage, a judge granted primary custody of the kids to the mother. Young appealed and won, arguing he was the primary caregiver and that it would be in the children's best interest to remain with him. That Ms. Hector's lawyers have asked for another hearing, leaving a final solution up in the air.

That's not the point, said one of Young's lawyers, Barbara Green. "This isn't a case about working mothers being bad mothers," she said. "We think she's a very good mother. But, if a trial court had done to a stay-at-home wife what they did to Mr. Young, it would have been reversed in a second without any protest." "We've always accepted that the person who is there, who can care for the child will keep the child," said Sidney Siller, founder of the New York-based National Organization for Men. "This whole century, it's been the mother. Very rarely has it been the father. The nation is going through a cultural redevelopment."

## Woodstock '98: Peace, love, '90s style

**BETHEL, N.Y. (AP)** — The clouds parted at Woodstock '98 on Sunday. So did the hippies. Gone were the tie-dyed T-shirts and silver-haired grandparents swaying gently the last two days to the mellow sounds of Joni Mitchell or Richie Havens.

Taking their place: Moshers and crowd-surfers with pierced bodies and baggy jeans clinging to their hips.

Despite the talk over trying to recapture — a piece of — the Woodstock '69 magic, those who arrived on the third and final day of the concert wanted none of it. They came to rock.

Promoters estimated the crowd swelled beyond 30,000 for the concert headlined by rock bands Dishwalla, Marcy Playground, Goo Goo Dolls and Third Eye Blind, along with singer Joan Osborne.

The decibel levels emanating from the speakers seemed to rise in sync with the temperature, through the day.

With the added people, younger crowd and temperatures that hit the low 90s came more problems, including crowd-surfing, the act of passing teenagers on top of the tightly packed crowd.

Organizers also ranted the spirit of the past by banning beer sales — a move that prompted jeers from the crowd.

"It was a big disappointment," said Don Murphy, 30. "I think (the beer) kind of helps the festival atmosphere. We ran into people on the way who were leaving because of this."

People began chanting during Osborne's set. Some people near the stage also threw water bottles, causing a visibly upset, Osborne to exit.

Even if peace and love weren't always apparent, it was a new generation that had descended on Max Yasgur's old farm Sunday.

"This is definitely not Woodstock," said 16-year-old Alicia Nackley of Liberty. "Someone is trying to make money off of this. It's way too organized."

Goo Goo Dolls lead singer Johnny Rzeznik added during his set: "In 30 years, I hope you guys aren't going to get stuy nostalgic, come back here in your BMWs and try to relive all this."

Despite the '90s additions to the Woodstock theme Sunday the tattoos, the lip-rings, the 58 bowls of pasta — one 1969 veteran said she preferred the contemporary version.

"Our grandchildren and children are getting to see a piece of what we have been talking about for 29 years," said Bethel native Florence Fontana, 52.

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## Au quai, Mssr. Pantalons Intelligents

This summer, for my vacation, I went to Paris. However, I never learn to walk in the footsteps of such great writers as Ernest Hemingway, Henry Miller and F. Scott Fitzgerald, all of whom, for the record, are considered dead.

Despite the Parisian drivers, Paris has only one vacation parking space, which is currently under heavy police guard in the Louvre museum. This means that thousands of foreign tourists have been driving around



**HUMOR**  
Daily

the city since the origin of King Meneas. XVII looking for a space, and the way they behave their frustration is by aiming at pedestrians, whom they will follow once the sidewalk is necessary. (The only way to escape this is to duck into one of Paris' historic cathedrals, which fortunately are located about every 25 feet or so.)

Whether it's very pleasant to walk around Paris, and feel — as so many Americans feel when they're in that incredibly beautiful city — far. Because the fact is that we Americans look like enormous sacks of overeating beef cattle compared to the Parisians, who tend to be very slim, with an average body weight of 38 pounds (7.83 metric). It's odd that the French appear to be in such good shape, because the popular activity in Paris, aside from trying to run over pedestrians, is sitting around in cafes for days at a time, looking French.

Sometimes we Americans try to blend in to the cafe scene, but the French immediately spots us as imposters, because we cannot pronounce the Secret French Code letter, which is "R." They have learned to say "R" in a certain secret way that sounds as though they are trying to discharge a live cell from their esophagus. It's virtually impossible for a non-French person to say "R" because of the French's beef-cattle-waiters figure out that you are an American, even if you are attempting to pass as French.

**WALKER:** "Bonjour. Je s'excuse que vous êtes Américain." ("Good day. I suspect that you are American.")

**WALKER:** "Mais je ne parle pas les Français." ("But I don't speak French.")

**WALKER:** "Ah, qu'est-ce, monsieur, pourquoi ne parlez-vous pas français?" ("Why not, sir? Why are you not speaking French?")

**WALKER:** "Monsieur." ("Monsieur.")

**WALKER:** "Je suis une Française, je suis Française de France." ("I am French, I am French.")

The other strange fine to tell the difference between French people and Americans is that in France, it is not necessary to tip, whereas the Americans are all trying to figure out how much to tip. The tourist guidebooks are vague about tipping. They tell you that it is not necessary to tip, but in general, it is included, it is not necessarily really included. On top of that, to convert from French money to American, you have to divide by six, and I have seen people who who could do this.

And while the French are laughing and speaking and writing novels, we Americans who wear cafe ties, wearing narrow glasses, which is often just a piece of paper with a hole, mysterious, not divisible by six number, scratched on it such as "33." We always end up overpaying, because we're afraid that otherwise the waiter will make us say another "R" word. I frankly don't know how the French handle tipping, because in my two years of living in Paris, I have never seen a tip.

Yes that I am being critical. As a professional journalist, I like the idea of a society where it is considered an act of disrespect to always eat up overpaying, and I like almost everything about Paris. The city is gorgeous, the food is wonderful, and they have these really swaggy high-tech parks that are really nice. I have seen people who who could do this.

Please see **SMILEY**, Page B2

# Sugar, sugar, sugar, sugar, sugar



Marilyn Paul of Shealons shops at the local grocery store for products like fructose, which she uses to substitute refined sugar in her diet.

## You can lose the Pop Tarts, but will you lose weight?

By Steve Crump  
Times-News writer

### Healthy Living

#### Your blood sugar

A low blood glucose level reduces your energy. A high level may indicate a serious health problem.

Ways to regulate your blood sugar level:

**JEROME** — Long before there were "Sugar Busters" Marilyn Paul put the sugar bowl up on the top shelf for good.

"I started it to help control my weight," said Paul, a Jerome attorney. "I didn't lose a lot of weight, but I found I just felt better."

And we're not just talking about her eating her Sugar Pops neat, anymore, either: the Sugar Pops are gone too.

"I've become a label reader," Paul said.

Sugar's aliases are legion — brown sugar, corn sweetener, corn syrup, fructose, fruit juice concentrate, glucose (dextrose), high-fructose corn syrup, honey, invert sugar, lactulose, maltose, molasses, raw sugar, table sugar and sucrose, and syrup.

"If there's refined sugar in a product, I don't eat it," Paul said.

And Paul isn't alone. If you haven't been in a bookstore or watched late-night TV infomercials lately, you should know that there's



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a full-scale assault on your sweet tooth.

"Sugar is toxic," says Dr. H. Leighton Stewart, the lead author of

physical exam  
blood glucose  
test for blood  
sugar level



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"Sugar Busters!" (Ballantine, \$24.95), the anti-glucose tract that sits atop the hardcover non-fiction category of every bestseller list in

the land.

The book, penned by three physicians and a businessman, blames sugar for ruining peoples' appearance and health and gives a detailed accounting of how to avoid it.

According to "Sugar Busters" most kinds of sugar are bad for you because they interfere with the balance of carbohydrates, proteins and fats necessary for a healthy diet. Not only does the book banish sugar, it also gives a swift kick to all foods that, when eaten, cause a steep rise in blood sugar, so do many cereals. (And, yes, sugar itself is a carbohydrate.)

(It's worth noting that other popular diets of recent years — Power, The Zone and Dr. Atkins' Diet — also advocate sharply limiting carbohydrates.)

"Sugar Busters" prohibits cereals, bagels, biscuits, cakes, cereals, white rice, pies, hamburger and hot-burgers, raisins, bananas, prunes, candy and of course, french fries and more — just to scratch the surface.

Even more bread.

"Never have a sandwich,"

Please see **SUGAR**, Page B2

## School dress codes continue to battle fashion innovations

The Dallas Morning News

**DALLAS** — Jo Ann Hayes will never forget one particular day in eighth grade.

In 1955, she decided to wear blue jeans to school.

"When I got to school, I went to my first-period class and my path was blocked by the teacher — arms across the door, you're not allowed in. I was sent straight to the principal's office. They kept me down there for at least two hours

make me feel bad. Then they drove me home and waited outside while I went inside and changed into something appropriate for a girl — which was a dress," says Hayes.

Schools today would be glad if girls wore nothing worse than blue jeans. If only everything students wore were that modest, durable and free of class connotations.

In the decades since Hayes' infraction, school dress codes have battled each

er's fashion innovations — microminis, spiked wristbands and spiked hair, lingerie-looks and beer and cigarette T-shirts, to name a few. Today's taboos address not only the revealing and the outrageous but also colors that signify gangs and baggy clothes that could hide weapons.

As students return to school this month and next, many will challenge their schools' definitions of acceptable attire ... and some will be pun-

ished for doing so.

Hayes was a pioneer in her day — she also tried to enroll in shop class but had to take home economics instead — yet her experiences illustrate that when one generation's crisscrosses immediately or immortal often is considered acceptable by another. Clothing becomes a lightning rod in the debate.

Dress codes are intended to control more than appearance, says sociologist

Please see **CODE**, Page B2

## LOOKING GOOD

### Kids' shoes: How to find the proper fit

Knight-Ridder News Service

There's nothing subtle about school shoes this fall. Many look like construction or work boots and even the classic, sleeker Mary Janes still have lug soles. Alternative athletic shoes aren't shrinking in size either, most are looking more massive.

Whatever shoe style tempts your child or teen, make sure proper fit is part of the selection process.

Here are some tips from the American Podiatric Medical Association.

• Measure both feet. Before the 10th birthday, a child's shoe size changes an average of 30 times.

• Always try on both shoes before buying. If one foot is larger than the other, buy for the larger size.



Photo courtesy: Steve Reinhard and Co.

Forget "breaking in" or "growing into" shoes. They should be comfortable and the right size when you buy them.

• Since feet swell during the day, it's best to shop for shoes in the afternoon

Please see **FIT**, Page B2

## HEALTH NOTES

### A brain-cell storm

Scientists report in the journal *Nature* that they've been able to grow brain cells in the lab and use them to treat rats for symptoms of Parkinson's disease. They used stem cells as opposed to cells that are destined to become specific cells such as liver or skin cells. It is the first time that scientists have been able to grow a specific kind of brain cell and have them live and function when transplanted into a living brain.

### Light-hearted

Drugs that lower your cholesterol may also prevent heart disease by relaxing the blood vessels. Dilated blood vessels help increase blood flow, which may help keep cholesterol from blocking arteries, researchers report in a study in the *American Heart*

### Association journal

### Epidemic of chlamydia

More than one-fourth of sexually active inner-city girls were infected with chlamydia, a disease that usually has no symptoms but often causes infertility, a study found. Researchers say sexually active girls should be screened for chlamydia every six months, twice as often as current guidelines recommend. This bacterial disease is the nation's most commonly reported infection, with 4 million new cases a year and a cost estimated at \$2.4 billion. Chlamydia is the leading preventable cause of pelvic inflammatory disease, an often painless infection that can result in infertility, infertility or childlessness occur after 1 in every 10 chlamydia cases.

— Compiled from wire services reports

# Sugar

Continued from B1

author Dr. Luis Balart told an interviewer recently.

"I haven't read 'Sugar Busters' but as a general rule, too much sugar in your diet is not a good thing," said Lynn Calhoun, a registered dietitian who works for the South Central District Health Department. "For one thing, it will make it more likely that you'll put on weight."

But while Calhoun advocates reading labels, she's far from puritanical on the subject of sugar. "If sugar is the fourth or fifth ingredient listed on the label, there's probably not enough in the product to hurt you," she said. "I wouldn't worry about it."

A large majority do not plan to restrict use of Americans don't worry, evidently. We continue to consume sugar in its various forms in ever-increasing amounts. In 1995, the last year for which statistics were available, per capita consumption was 150 pounds of caloric sweeteners, according to a report by the U.S. Department of Commerce. "Caloric sweeteners" include beet and cane sugar, corn sweeteners, syrup such as molasses and maple, and honey. They do not include noncaloric sweeteners, or sugar substitutes such as aspartame.

How worried should you be about that? "In a normal healthy person, sugar is not harmful," said Dr. Gail Swann, an osteopath at the Community Health Center in Richfield, Ohio. "There's no hard and fast line against sugar."

And it's worth remembering that you gain weight by consuming too much calories, she said — not from eating too much sugar.

Still, at 16 calories per teaspoon, it's tough to separate the issues.

"Most people consume far more sugar than they need, and that's one of the reasons why so many people are overweight," Calhoun said. "It just makes sense that if your goal is to watch your weight, you should limit your sugar."

Sugar and the way the human body metabolizes it is a vast, arcane

### Sugar Busters

1) Eat less refined sugar. 2) Eat more fiber. 3) Eat more fruits and vegetables. 4) Drink more water. 5) Exercise regularly. 6) Get enough sleep. 7) Manage stress. 8) Avoid sugary drinks. 9) Read labels. 10) Cook at home.

### NewsLinks

For more about 'Sugar Busters' visit The Times-News Online at <http://www.timesnews.com> and click on 'NewsLinks'.

subject that can have the most serious consequences for diabetes and other chronic diseases. ... We tell patients moderation, because there's no way we can keep them from consuming sugar daily. ... Dr. Gail Swann, an osteopath at the Community Health Center in Richfield, Ohio, General Medical Center. ... she said that many people would indeed have healthier diets if they eliminated sweets — providing they replaced them with fresh fruits and vegetables (which of course contain

### Sugar Busters

1) Eat less refined sugar. 2) Eat more fiber. 3) Eat more fruits and vegetables. 4) Drink more water. 5) Exercise regularly. 6) Get enough sleep. 7) Manage stress. 8) Avoid sugary drinks. 9) Read labels. 10) Cook at home.

### NewsLinks

For more about 'Sugar Busters' visit The Times-News Online at <http://www.timesnews.com> and click on 'NewsLinks'.

some of Mother Nature's sugar, fructose). "I've had patients who consume 3,000 calories a day in pop alone," Dardinger said. "Don't count Marilyn Paul among them." "I can always tell when I've eaten sugar," she said. "I feel bad until it's out of my system." "If you eliminate sugar from your diet, you do lose your taste for sugar," promised "Sugar Busters" co-author Dr. Sam Andrews. "It takes a week or so. Once you do that, you'll have to rush to the cooler just after you eat supper. That's true enough, Paul says.

"I don't have much of a sweet tooth anymore." —The Akron, Ohio, Beacon Journal contributed to this report.

Times-News writer Steve Crump can be reached at 733-0931, Ext. 223, or write to him at [crump@timesnews.com](mailto:crump@timesnews.com).

The board of education was in a panic that all hell would break loose and that society would break down. And sure enough, that's what happened. In of course, drink it was for the best. "You—can't—stop—fashion, because it's progress," she says. "She says enforcing restrictive dress codes is an antique book banning, which also occurred at her school in the '60s.

"You can't stop popular culture, whether it's books or TV or fashion. It's always a mistake to try, because you're trying to hold up history," Allen says. "Fashion history seems forever changed. Today, 87 percent of girls 12 to 17 years old say they prefer to wear pants rather than skirts, according to a T.N. Maxx survey this year.

As schools become gang-battlefields in the 1990s, dress codes became strict again. More than ever, clothing has the power to incite violence. "Some school districts, such as Mesquite, Texas, have become known for ironclad dress codes. "Parents are supportive of it, and for the most part, we have very few complaints," says Mesquite school spokesman Ian Halperin. Dress codes help students understand the importance of appearance. "If they look professional, it helps them to act professional."

Halperin says the rules also limit the emotional process. "If you are looking at a guy with a purple mohawk and 10 earrings, you probably aren't concentrating on your teacher as much as you should," he says. But new styles lose their ability to shock soon enough, says Southern Methodist University employee Janet England, who graduated from a high school near Eloustan in 1976. "I went to school with a lot of long-hairs," she says, "and it didn't keep me from making good grades."

# Pelvic pain afflicts millions of women

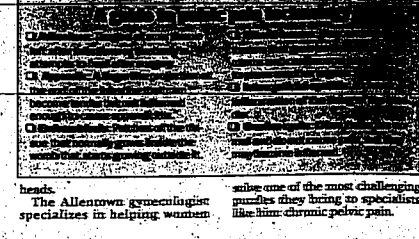
The Allentown Morning Call

ALLENTOWN, Pa. — Staring at an image on a video monitor at the foot of his patient's bed, Dr. Craig Sobolewski gently nudged at a mass of scar tissue and twisted fallopian tube with instruments skinner than a straw.

It had been nearly an hour since he and chief resident Patrick McHenry had tackled the job of untangling the tissue, and the two showed no signs of giving up.

Sobolewski likes the touch cases he sees, the kind of cases that make doctors scratch their heads.

The Allentown gynecologist specializes in helping women



slips one of the most challenging numbers they bring to specialists like him: chronic pelvic pain.

# Barry

Continued from B1

though, if you went into one, you might get beamed up to the Mother Ship. Also Paris has a terrific subway system, Le Metro (literally, "The Merry"). I always felt safe and comfortable in the Metro; although one time, when I was waiting for a train, the loudspeaker made an announcement in French, which was repeated in English, and I swear this was the whole thing: "Ladies and gentlemen, your attention please. Robbers are in the station. Thank you." None of the Parisians seemed the least bit alarmed, and nobody robbed me, which was a good thing, because I would have had no idea how much to tip.

Have fun out of space here, but in next week's column I will tell you about some of the famous

tourist attractions of Paris, such as the L'Arc de Triomphe, Notre Dame, the Leaning Tower of Pisa, etc. So until next week, as the French say, "Au revoir." (Literally, "Woe.")

Diane Barry is a humor columnist for the Miami Herald. Write to her at c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

# Tips on shopping with kids

Shopping with kids is stressful. This is a Fact of Life. The first step to minimizing that stress is to give yourself over to it. Here are some defensive strategies. Some suggestions:

- 1) Forget leaving your child at home, unless he or she is a toddler. Some boys truly are weathered in the clothes on their backs, but most girls past the age of 5 have definite fashion likes and dislikes. It does not pay to buy something you like, if she doesn't. It will lead to the clothes on their backs, but most girls past the age of 5 have definite fashion likes and dislikes. It does not pay to buy something you like, if she doesn't. It will lead to the clothes on their backs, but most girls past the age of 5 have definite fashion likes and dislikes.

Do not buy too much on one trip. Do not buy too much on one trip. Do not buy too much on one trip.

# Fit

Continued from B1

and evening. "Have you child wear the type of socks he or she usually wears when trying on shoes. In checking fit, the widest part of the shoe should correspond with the widest part of the foot; the heel should not slip or gap; the toe area should be wide enough to keep toes from rubbing together and high enough to prevent pressure. Shoes should be a half-inch longer than the longest toe when standing and the outside angle bone should clear the top of the shoe without friction."

Feel the inside of the shoes for smoothness. Misplaced labels or raised seams can cause discomfort at best and blisters at worse.

# Code

Continued from B1

Ruth P. Rubenstein of the Fashion Institute of Technology in New York City. Their real aim is to reinforce norms and standards. "To an institution, 'novelty can be threatening,'" she says. "Violating the dress code shows the school 'you will violate other rules, it becomes a person who is a rule breaker."

The rules also are noted in "a fear of individualism," says Larry Samuel, who has studied dress codes through his Minneapolis-based trend consulting firm, Iconature.

"The dress code reinforces society's expectations," he says. "Whether it's public or private school, it's one of the core identity-building blocks that helps us conform to social attitudes and behaviors. When there is a deviation to what is generally accepted, it's a threat to society as a whole. It's anti-institutional."

Without dress codes, however, "these would be a lot more individualism. I think that would spur in schools' minds, a lot more random behavior." Many school officials and parents say dress codes are necessary and helpful.

"We have dress codes for the same reason we have stop lights," says Phyllis Parker, the elementary school director for the Garland (Texas) Independent School District. Schools often use input from parents and students to help create the dress codes, but students are likely to find school an irresistible stage for rebel war.

Piano, Texas, for example, recently banned items featuring the gross-out television cartoon show "South Park." Arlington, Texas, prohibits "sagging," requiring instead that pants be worn on the waist. Dallas schools and others forbid gang-identifying clothing. Some other districts prohibit the image — or the censure — of

sheek-ricker Marilyn Munsom. A few weeks ago, the Midway Independent School District near Waco, Texas, adopted a male ban: dress shirts and coats longer than mid-thigh length after a school committee was shown photos demonstrating how baggy, unbuttoned shirts and long coats can conceal weapons as large as rifles.

Students often resent dress codes if they are arbitrary and arbitrary. "I don't want to change social norms, either," says Dallas' director of the fashion design program at the Philadelphia College of Textiles and Science.

"An ultimate goal of dress codes would be to change the social environment, which many teachers would disagree with." "People were fairly traditional," recalls Dallas wardrobe consultant Susan Kinnally, "who didn't see from the minimalist practices of the day."

"Dallas is a melting pot and Carl J. Armstrong, another Dallas-area teacher. "We didn't want to stand out."

Throughout the 1950s and into the '60s, schoolgirls across the nation were required to wear conservative, button-down, white sweaters, judging by Dallas Morning News reporter's recollections. But by the late 1960s, the decade's changing gender definitions and its emerging open sexuality ushered in extensive clothing changes.

In 1968 in Skokie, Ill., a large high school defied the question and finally allowed girls to wear pants. Dallas' Dallas wearer Andrea Allen.

"My freshman class at Niles West was the first to wear pants."

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# Want thicker lashes? Dot those eyes

DEAR PAULA: I would do anything for thicker-looking lashes. Can you help, please?



**COSMETICS Q&A**  
Paula Begoun

**—HAIRLESS, BUT NOT IN SEATTLE**  
**DEAR HAIRLESS:** In Acouin's makeup artist Keyyn Acouin's book "Making Faces," he describes a technique of doring liquid eyeliner between each lash, as close to the base of the lash as possible. This does give an appearance similar to wearing false eyelashes, without the false part of the look. It is also incredibly time consuming, but if you are in a mood to experiment with your makeup, it is definitely an impressive trick of the trade. I am also personally fond of Maybelline Volum mascara, it does tend to go on thick and clumpy, but boy can it make lashes look thick!

By the way, Acouin's book is one of the most extensive and fastest books on fashion makeup application I've seen in a long time. The descriptions are well written and easy to understand. His talent and reputation are well established, and it is captivating

adding an extra layer of mascara instead of adding an extra product.

**DEAR PAULA:** I have a difficult time finding a nighttime foundation that looks right for dressy functions. The usual light matte formulations that work during the day often look flat and drab in the evening or don't provide quite the dramatic, even look I want when the lights aren't so bright.

**—TONYA, FENSA SACAOLA, FLA.**  
**DEAR TONYA:** While I understand the desire for more coverage when the lights aren't bright, relying on continued muted lighting is a fool's game. Depending on the season, daylight can look "painted" if you enter a well-litened entryway or late-night coffee spot.

Rather than going heavier with your foundation, which is always problematic in terms of getting it to look like normal skin instead of like a mask, consider adding an extra layer of powder over your daytime foundation.

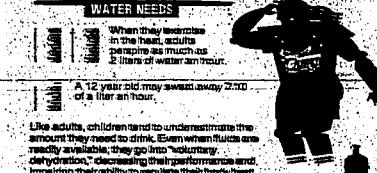
Or you can use a light layer of powder designed to be used as a topcoat (such as L'Oréal Dual Lite, Clinique Super Double Face Powder, or Elizabeth Arden Flawless Finish Dual Perfection Makeup) over your regular liquid foundation. That will give you a bit of extra coverage and create a more matte, even look while foregoing the thick appearance and feeling of a heavier foundation.

If more coverage is a requirement, you can consider a medium to heavy foundation such as Estee Lauder Double Wear SPF 15, Revlon ColorStay (original formula), M.A.C. Studio Fix Foundation (traditional pancake), or Dermablend Sport Foundation SPF 15. Just be aware that heavier coverage often looks like heavier coverage when lights are no longer low.

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Beginnings Press, \$13.95), a no-nonsense paperback guide to brand-name cosmetics.

## PERSONAL TRAINER

**WATER NEEDS**  
When they exercise in the heat, adults perspire as much as 3 liters of water an hour.



**RESPONSE TO HEAT**  
Children who have body temperatures rise faster than adults when they exercise. This puts them at greater risk of heat exhaustion and heat stroke.

- Exercise children are at extra risk:
  - Obese children
  - Children with cystic fibrosis and other chronic lung conditions
  - Young people with previous illnesses (who may not know they have them)
  - Children with trauma (who become dehydrated when they become warming)

## ENCOURAGING GOOD HABITS

**Drink water to keep good**  
Cool water is more appealing to children than water at room temperature. A Canadian study found that when they were exercising on a treadmill, 9 to 13 year olds preferred grape drinks over orange drinks, apple drinks and water. After exercising, they felt better when they were offered grape-flavored drink.

**Stop often to drink**  
Drinking small amounts every 20 minutes can help the body more effectively than drinking up every few hours.

- To encourage children to drink that way:
  - Teach them to drink more than the amount it takes to relieve their thirst, but not enough to cause discomfort
  - During prolonged exercise, stop for water breaks
  - Modify rules if necessary, for example, let young soccer players stop the sidelines during play in order to get a drink
  - During prolonged exercise, stop for water breaks

## The Times-News

**TWIN FALLS** — A cesarean childbirth class will be offered from 7 to 9:30 p.m. Tuesday at the Magic Valley Regional Medical Center Education Center.

**TWIN FALLS** — A CPR class will be offered from 6:30 to 10 p.m. Tuesday in the doctors' meeting room at MVRMC. To register, call 737-2007.

**TWIN FALLS** — The Twin Falls Fackison's Support Group will meet at 7 p.m. Tuesday at the KMYT community room. The group will have its annual potluck picnic to celebrate new and returning members. Those attending should wear their name tags.

For more information, call Don Arrington 733-8868 or Ray Clark at 324-5013.

**TWIN FALLS** — The Magic Valley Breathers Club will meet on Tuesday at the College of Southern Idaho Senior Annex, 598 Washington St. N. For more information, call

Mardo at 734-6507, Flo at 733-8352, Kurt at 734-9330 or Vicki at 324-4501, Ext. 266.

**TWIN FALLS** — The American Red Cross schedules twice-weekly Cardiorespiratory Resuscitation and First Aid Review classes at 9 a.m. each Tuesday and 1 p.m. each Friday. If your certification is about to expire, call the office to register for the class that is suitable for your schedule.

To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Prepayment is required for registration in all classes.

**TWIN FALLS** — A prepared childbirth class will be offered from 7 to 9:30 p.m. Thursdays, beginning this Thursday through Sept. 24, at the MVRMC Education Center. Pre-registration is required. Call 733-9000.

**TWIN FALLS** — Standard First Aid (adult CPR and first aid) 5hr and two-hour class will be offered at 9 a.m. Saturday at the American Red Cross. Fee is \$37. To register or for

more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Prepayment is required for registration in all classes.

**TWIN FALLS** — An infant CPR class will be offered from 7 to 9:30 p.m. Wednesday at the MVRMC Education Center. Pre-registration is not required.

**TWIN FALLS** — A Community First Aid and Safety (infant, child and adult CPR and first aid) nine-hour course will be offered at 6 p.m. Aug. 25 and 26 at the

American Red Cross. Fee is \$42. To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Prepayment is required for registration in all classes.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

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FROM HERE, YOU CAN SEE THE FUTURE.

## Study: Exercise may not lower breast-cancer risk

The Washington Post

Exercise does not reduce the risk of breast cancer in younger women, a Harvard University study has found.

Women who exercised frequently during late adolescence had relatively the same incidence of developing breast cancer as women who did not, says the report, published in last week's Journal of the National Cancer Institute. In addition, women who exercised both moderately and strenuously from ages 25 to 42 showed no difference in breast cancer risk from women who rarely participated in physical activity.

The study adds to the conflicting evidence of the physical activity plays in breast-cancer development. While the most recent findings are consistent with many previous studies, the research conflicts with a well-known 1994 report that found a 50 percent lower risk of breast cancer among younger women who regularly exercised throughout their lifetime.

The Harvard study's findings are based on questionnaires from more than 104,000 female nurses up to age 48. They were tracked for six years. During that time, 372 women developed breast cancer. The women were asked how many months per year they exercised at least twice a week during high school and between the ages of 18 and 22. They also answered questions about their exercise habits within the past year.

Research shows that physical activity may play a more significant part in protecting against breast cancer in postmenopausal women. Regular exercise in older women helps reduce fat levels, which in turn reduces breast-cancer risk, said Beverly Rockhill, lead researcher of the study.

But in premenopausal women, research suggests, a little extra fat may actually protect against breast cancer. This may partially explain why the researchers did not see a significant effect of exercise in younger women.

Because the evidence so far is inconclusive, Rockhill recom-

## ...but exercise can ease arthritis

**NEW YORK (AP)** — Nearly 40 million Americans, about one in seven, suffer from arthritis, a disease characterized by sore and stiff joints. Arthritis affects 65 years of age or older.

Exercise helps people with arthritis can benefit from assisted active motion exercises, in which another person (a therapist or trained family) helps an arthritic joint, such as the wrist, forearm, elbow, hand, hip, or knee, to move around the joint, such as the ankle joint, is easier to move other joints and prevent stiffness from developing in them as well.

Passive range of motion exercises, in which someone actively stretches the joint without any

assists, are more cautiously advised. If a joint is red hot and swollen, forcing it to move is not a good idea. But as the area calms down, this type of exercise can be helpful.

More advanced exercises, such as aerobic and weight training, are also helpful to an elderly person with arthritis, but only when undertaken with the guidance of a doctor and physical therapist.

Aerobic exercise improves a person's overall well-being by increasing oxygen intake and cardiovascular functioning while strengthening muscles. An aerobic program may include endurance exercises such as walking and resistance exercises, in which a person builds strength by pushing against something.

protect themselves from other ailments. Heart disease, osteo-

porosis and diabetes are far more prevalent than breast cancer and can be prevented with physical activity.

"Premenopausal breast cancer is not very common, and physical activity protects you against so many other things," said Rockhill, a scientist with both Harvard and Brigham and Women's Hospital in Boston. "Women shouldn't get so focused on breast cancer. Don't lose sight of your overall health."

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## Estate Shape

...straight talk on wills, trusts, probate & estate planning

### PRYING EYES

QUESTION: I am the trustee and current income beneficiary of a trust created by my late husband. His children by a prior marriage became trust beneficiaries at my death. Do I have to keep them informed of trust activity?

Yes, Idaho law requires a trustee to keep both current and future trust beneficiaries reasonably informed of trust activity. Upon request, beneficiaries must be given a copy of the trust instrument which describes or affects their interests.

This can seem like a gross intrusion into the privacy of a surviving spouse's affairs. However the purpose of these disclosure requirements is to inform all concerned of their rights as they arise.

If future beneficiaries are not made aware of their rights, they have no way of monitoring trust activity and making sure their interests are not improperly diminished.

The central concept is "trustee" - a trustee - looking out for the rights and interests of others - beneficiaries. Communication is imperative.

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HEALTH & FASHION

# Sun lover who thought a tan would look healthier now faces skin cancer

Knight Ridder News Service

DETROIT — Ken Barron loved to drive around in his Jeep for hours with the top down. He golfed often, but never used sunblock. He visited tanning parlors each week for years for 5- to 10-minute sessions. During the Persian Gulf War, he and U.S. Marine Reserve buddies smeared their exposed skin with olive oil to accelerate their tans.

Still, Barron, 29, a computer software salesman with an Auburn Hills, Mich., company, insists. He was not a fanatical sun worshiper. Many of his friends laid out more in the sun than he did, he says.

He just wanted to "maintain a base to look healthier," he says. Barron loved the outdoors. "I felt like if I was in a bad mood, the sun instantly put me in a good mood."

Now, Barron is sorting out what adjustments he needs to make as a skin cancer survivor. He was diagnosed in June with melanoma, the fastest-rising cancer of any kind in the United States.

Among 25- to 29-year-olds, melanoma is the most common cancer, says a skin cancer specialist at the University of Michigan Medical Center in Ann Arbor, where Barron is undergoing treatment.

Among red-headed and fair-skinned people like Barron are particularly susceptible. So too are teenagers who have spent at least two summers working outside. If a person has a family member who had melanoma, the risk of somebody developing it is 8 to 10 times greater.

Barron's father died of melanoma at age 31, leaving his mother to raise three children, 2, 5

## Exercising kids less skin damage



## The ABCs of melanoma

**M**elanoma is the most common cancer among young adults, and it is the leading cause of cancer death among young adults. It is a skin cancer that can be fatal. The ABCs of melanoma are: **A**symmetry, **B**order, **C**olor, **D**iameter, and **E**levation.

**A**symmetry: One half of a mole does not match the other half. **B**order: The skin color around the mole is irregular. **C**olor: The mole has different colors, such as brown, black, red, white, or blue. **D**iameter: The mole is larger than a pencil eraser. **E**levation: The mole is raised or itchy.

and G. Barron was 5. But the danger didn't really sink in, even after his diagnosis. "It's still kind of a weird thing to me," he says. "I don't think I ever underwent a fourth surgery last week to ensure that doctors got it all."

Earlier this month, his doctor called to say the surgery successfully removed all traces of cancer. In the future, he will undergo

regular checkups to make sure the cancer is gone. He plans to continue with his sun protection habits, including wearing sunglasses and using sunscreen.

Today's food is more likely to carry an array of dangerous bacteria from the global marketplace into our kitchens, says a food safety expert. "This is not your mother's kitchen anymore," said Allen Levy, who owns a brunch eatery in Twin Falls. "People don't really wash their hands before cooking."

Twenty percent didn't wash cutting boards after chopping raw meat or chicken, the FDA survey shows. And 25 percent didn't wash their hands before cooking. "Another way germs hitch water into kitchens."

When Levy says wash hands, he means scrub. With soap. For 20 seconds. "People don't really wash their hands. They use their fingertips," he said. "When they dry their hands on the same towel they used to wipe up meat."

# How to stymie cancer before a tumor even starts

Knight Ridder News Service

PHILADELPHIA — Jay Timbers is well aware of the dangers of smoking and has tried everything to quit: counseling, a nicotine patch, even hypnosis. Uncertain that he will ever stop, Timbers is trying something different. He is taking two pills a week as part of an experiment to see whether it's possible to reduce a smoker's chances of lung cancer.

"If it is an active preventive medicine, that would be great," said Timbers, 62, of Abington, Pa., who has been part of the Fox Chase Cancer Center experiment for five months.

Until recently, developing pills to prevent cancer was not a goal of reputable research laboratories. But now, the likes of Fox Chase are in fervent search of them.

They are looking for chemicals — either found in nature or manufactured — that can stymie the disease process long before it can be diagnosed, let alone be life-threatening. This emerging field is called chemoprevention.

"There has been a clear, huge interest that has developed in this," said Harmon Eyre, executive vice president for research and medical affairs for the American Cancer Society.

Timbers' lung-cancer experiment involves a compound similar to one found in broccoli. Fox Chase researchers also are testing a man-made chemical to see whether it will help eliminate precancerous lesions in the mouth. And they are participating in a national study to evaluate whether Proscar, a drug used to treat

## Cancer prevention and diet

A new study estimates that between 30-40% of cancer cases can be prevented by diet and lifestyle changes. Top global cancer killers are listed below.

Type	Decreases risk	Increases risk	Preventable by diet
Lung	Vegetables, fruits	Smoking; some occupations	33-50%
Stomach	Vegetables, fruits; food refrigeration	Salt; salted foods	66-75%
Breast	Vegetables, fruits	Obesity; alcohol	33-50%
Colon/rectum	Vegetables; physical activity	Meat; alcohol; smoking	66-75%
Mouth/throat	Vegetables, fruits; physical activity	Salted fish; alcohol; smoking	33-50%
Liver	Vegetables	Alcohol; contaminated food	66-75%
Cervix	Vegetables, fruits	Smoking	10-20%
Esophagus	Vegetables, fruits	Deficient diet; smoking; alcohol	50-70%
Prostate	Vegetables	Meat or meat fat; dairy fat	10-20%
Bladder	Vegetables, fruits	Smoking; occupational	10-20%

Source: World Cancer Research Fund, American Institute for Cancer Research, 10/13/97. KFT Infographics

enlarged prostate glands; has a role in preventing prostate cancer. At Thomas Jefferson University in Philadelphia, aspirin is being examined for properties that could block colon cancer. A Vitamin A-like compound is being tested to prevent some head, neck and lung cancers; and a number of synthetic proteins are being tried against liver cancer.

Scientists at the University of Pittsburgh Cancer Institute are studying a novel form of Vitamin K for its potential to stop cancer growth.

# Slovenly kitchen ways can be dangerous habit

Knight Ridder News Service

**W**ASHINGTON — Your kitchen may be clean, but it's not safe. Your kitchen is a mess. In fact, it could kill you.

A disconcerting new study of household germs shows that kitchen sinks, cutting boards and refrigerators are teeming with germs like E. coli and salmonella. Because we're not cleaning properly, kitchen hot spots are crawling with more germs, including fecal bacteria, toilet seats or bathroom floors.

"You'd be better off eating a carrot stick that fell in your toilet than one that fell in your sink," said Charles Gerba, a University of Arizona microbiologist who measured germs in 15 well-tended homes. "Your dog is right."

In this age of killer germs and a food supply more likely to be contaminated, news of our slovenly ways isn't only unappealing, it's disgusting. Food poisoning kills 5,000 Americans a

year and sends 30 million to doctors and 80 million more rushing to doctors and bathrooms with fever and stomach cramps. Some cases lead to sepsis, meningitis and kidney failure. And 80 percent of food poisoning doesn't happen in restaurants, experts say. It's households that should be afraid.

Gerba, 52, a women's disease expert who has spent much of his career studying the relationship between bathrooms and illness, says kitchens are even more dangerous. He thinks that's because we expect germs in the bathroom and routinely disinfect them. Kitchens don't get the same treatment, he said.

Today's food is more likely to carry an array of dangerous bacteria from the global marketplace into our kitchens, says a food safety expert. "This is not your mother's kitchen anymore," said Allen Levy, who owns a brunch eatery in Twin Falls. "People don't really wash their hands before cooking."

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# Schizophrenia: Silencing the demons

The Hartford Courant

Like Rip Van Winkle, Susan Tracy has lost decades of her life, not to sleep but to hearing angry voices, fearing imaginary persecutors and living in restraints and mental wards.

Tracy suffers from paranoid schizophrenia, a serious mental illness that first showed its bizarre symptoms when she was a sophomore in college. This brain disease causes people to be obsessed with the belief that someone is trying to hurt or control them.

By her own count, she rotated in and out of mental hospitals about 50 times before coming to terms with her sickness, and deciding to stick with a course of treatment.

Since that decision five years ago, Tracy, 47, of West Hartford, Conn. has been able to function free of the demons.

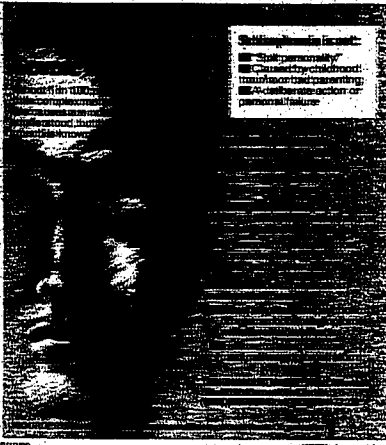
Tracy takes Clozaril, a relatively new antipsychotic drug that has given hope to many people with schizophrenia. Treatment for patients has improved greatly in recent years due to the use of Clozaril and other drugs that doctors say work better and cause fewer debilitating side effects.

"I take it as a blessing that has relieved my anxieties and fears, and reconnected me. I feel lucky," said Tracy, who is employed by Clozaril's manufacturer to recommend the drug to other people with schizophrenia.

One subtle but sure mark of recovery is that she is trying to get her driver's license again. While in the grip of psychosis, she felt it was unsafe for her to drive, and during the years when she was ill, she did not have the money to own, repair or insure a car.

Now, she has a job and the confidence to relearn an old skill. She is looking forward to the independence a car can bring, but until then, she takes the bus to her job as a counselor.

Tracy said she has learned to take responsibility for her dis-



...with her own health.

"You have to accept the fact that you designed the future in your own life. It's part of health," she said. "It's essential to realize that someone is going to solve your problems. The health has to come from within."

During her many hospitalizations, doctors prescribed lithium, Thorazine and other antipsychotic drugs, but she refused to take them after she was discharged, and developed a reputation as "non-compliant."

"I was in denial," she said, refusing to believe she was ill. She also feared the side effects.

"They're physically unmanageable, and I had anxiety attacks. In addition, their effects were so awful when she would feel again."

**Staying mentally sane:**

- Stay positive.
- Be patient with yourself.
- Take your medicine as prescribed.
- Avoid alcohol or recreational drugs.
- Get plenty of rest.
- Stay active.
- Seek support from family and friends.
- Consider therapy.
- Stay informed about your condition.
- Don't be afraid to ask for help.
- Stay organized.
- Take care of your physical health.
- Avoid stress.
- Stay motivated.
- Stay focused.
- Stay determined.
- Stay strong.
- Stay resilient.
- Stay confident.
- Stay hopeful.
- Stay optimistic.
- Stay positive.

## Caring for mentally ill a tough road

The Hartford Courant

When it comes to providing mental-health services, Connecticut ranks among the top three states in the country. That is little comfort to Mary Anne Magnuson, who is trying to get help for her 26-year-old son, who was diagnosed with paranoid schizophrenia three years ago.

Though she says he faithfully takes his medications, he still experiences periodic relapses. Since her son is an adult, Magnuson cannot have him admitted to a hospital unless he consents or has threatened to inflict serious harm on himself or others.

Magnuson's struggle is not unusual. Families of people with schizophrenia often experience frustrating obstacles in their attempt to arrange the comprehensive care the person needs. Finding the right services in their area, obtaining access to often confidential patient information and persuading a person with serious mental illness to cooperate are all common issues.

"We clearly need group-homes where medications are monitored, meals are prepared and (persons with schizophrenia) can be hospitalized when they need to be," Magnuson said.

Schizophrenia is a disease of the brain that affects one in every 100 people, causing hallucinations and making it hard for those affected to separate reality from delusions. In the United States, about 2.5 million people have the disease, according to the National Mental Health Association. The disease usually begins during adolescence or young adulthood.

## Hepatitis C makes its mark as a quiet killer

Newsday

Seven months ago, Kevin Donnelly of Lindenhurst, N.Y., approached his doctor with the type of complaint you would expect from a career military man who likes rock-climbing and once built his own deck — even if he was approaching 40. He was constantly tired, nauseous and achy in places where he had never felt pain before. "I was dragging," the 38-year-old Donnelly recalled. "I had just about enough energy to get out of bed."

But middle age wasn't the problem.

A routine blood test found that Donnelly, a captain in the Army Reserve who served 20 years ago as a medical technician in Germany, had contracted a potentially deadly virus that has probably been attacking his liver — quietly, but effectively — for two long decades. In the five months since that test, his liver has doubled in size, indicating onset of cirrhosis, his spleen has become enlarged, his feet painfully swollen, and he is nauseated more often than not.

"Nobody can tell me what's going on," he says. "Nobody can tell me why I am sick."

Dubbed hepatitis C, the virus contracted by Donnelly — identified by scientists only within the last 10 years — can take decades to develop and can lead to liver failure and cancer, experts say. Last year more than 10,000 Americans died from hepatitis C, which is spread by blood-to-blood contact and may be carried by as many as 4 million Americans, half of whom — like Donnelly — don't even know they're infected.

"This is an epidemic," said Dr. Myron Tong of the University of Southern California School of Medicine, who says he has treated thousands of patients over the last few years. "It's a big problem already, and it will only get bigger."

But unlike the HIV epidemic, this epidemic has, for the most part, been alarmingly quiet, many liver specialists say. And it's been controversial, prompting a wide scientific debate over just how dangerous we can expect it to be, and the best ways to deal with it in the future.

One of five recognized hepatitis viruses (identified as A through E), type C was categorized as a specific microbe in 1989 by Dr. Michael Houghton of the California Biotech company Chiron.

### MOVIES

**The Historic Orpheum Theater**  
16 Main - Twin Falls - 734-2488  
Gone With The Wind (C)  
Today 7:30

**A Night Under the Stars**  
**Motor-Vu Drive In**  
180 East Land - Twin Falls - 734-2488  
Disney's Mulan (G) 8:30  
Starts (T) 10:00

**The Friendly & Popular Jerome Cinema 4**  
353 West Main - Jerome - 736-3666

**The Avengers**  
Air Show Spectacular  
Today 8:15-9:15  
Small Soldiers on Snake Eyes on Today 7:00-9:30

**Ragic Valley Entertainment Center**  
**Twin Cinema 12**  
180 Eastland - Twin Falls - 734-2488

Something About Mary in Everafter on Black of Zero on Daily 12:45-3:45-6:45-9:45

Movie Game Snake Eyes in Air Boat Golden Receiver on Today 12:10-2:25-4:40-7:00-9:15

**Armageddon on Daily 6:45-9:45**  
2nd Jan 12:45-2:45-6:45-9:45

**Tom Hanks - Saving Private Ryan on Today 12:15-4:40-7:15-9:45**

**Movie Magic Dr. Doomless on Today 12:10-2:25-4:40-7:00-9:15**

**The Avengers on Halloween PG-13 on Today 12:30-2:45-5:00-7:15-9:30**

**Lethal Weapon 4 on 6:45-9:45**

**Walt Disney's Pinocchio on Today 1:15-4:15-7:00-9:15**

**Movie Game 110**  
Poodle on on Movie Game on Today 1:00-1:15-3:30

## Researchers link high insulin levels to heart disease

The Washington Post

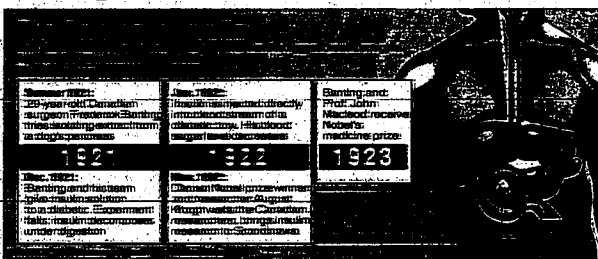
Elevated levels of the hormone insulin may be as powerful a predictor of future heart disease as high blood cholesterol levels, according to a new study by Finnish researchers.

The 22-year study tracked 570 Helsinki policemen who were 34 to 64 years of age when the team of scientists began their work in 1971. All participants showed no signs of heart disease, diabetes or other cardiovascular disease when the study started.

Insulin is a powerful hormone that is produced by the pancreas and transports sugar from the blood into cells for energy. Without enough insulin, blood sugar levels rise dangerously high and gradually damage arteries and blood vessels.

Numerous studies have shown that people with diabetes are at increased risk of heart disease, but this is one of the first studies to show a link between elevated blood insulin levels — a condition called hyperinsulinemia — and heart disease.

The Finnish research team, which was led by Kalevi Pyörälä



of the University of Tampere, examined study participants at five-year intervals.

During 22 years of follow-up, men with the highest insulin levels were consistently at greatest risk of heart disease, even those at the lowest levels, although the risk declined slightly with time.

If five years after the study began, the researchers found

that men with the highest levels of insulin were more than three times as likely to have had a heart attack as those with the lowest insulin levels. Ten years after the study began, men with the highest insulin levels were 2.7 times more likely to have had a heart attack or other heart disease than those at the lowest levels. By 15 years, the group with the highest insulin levels

faced twice the risk of heart attacks as those with the lowest levels and by 22 years, they had 1.6 times a higher risk.

During the study, 164 men either suffered a heart attack or died of heart disease. The findings suggest that "the predictive power of insulin levels was of the same magnitude as that of cholesterol levels," Pyörälä said.

## Iron deficiency is quiet epidemic among kids

Knight Ridder News Service

So Junior is healthy, you say. No child-anx or pink eye. No ear infections, hacking cough or coughing up at all.

Sure, but have you had his blood checked?

Chances are that Junior is among the nearly 50 percent of children nationwide who are not getting enough iron in their diets, and he could be one of the 250,000 kids suffering from iron-deficiency anemia, a condition that, if severe enough, can result in a lack of attentiveness, impaired motor skills, and even, quite possibly, diminished IQ.

Childhood anemia continues to flourish in the United States. "I don't think a lot of people understand the importance of having iron in their diet," said Raquel

Appayo-Riffel, a nurse manager and leader of Salem County, Calif. Iron deficiency anemia.

While some physicians suspect that the nutrition deficit causes pale skin, hair loss and nail loss, it also leads to irritability in children and anemia, fatigue and mental dullness.

"We're usually seeing up to 10 kids not so successful," Appayo-Riffel said. "We're seeing that in the classroom."

Each of the damage-causing anemia may be irreversible, said Dr. Vito Ferraro, a Mount Sinai member of Medicine professor and member of the World Health Organization's committee on anemia.

"Even before kids becomeemic from iron deficiency, they get what we call iron deficiency anemia," he said. "It's not until they're 12 that the tissues are tired because they're not getting enough iron."

gen, oxygen that is carried throughout the body by a special substance in red blood cells. The body needs iron to produce that substance in the first place.

The cells and tissues become weak enough that they're eventually classified as anemic. And the longer the problem persists, the greater the damage can be.

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## CALENDAR of EVENTS

- Special Meeting of the MVRMC Board \* Monday, August 17, 5 p.m., Best Western Canyon Springs Park Hotel.
- Cesarean Childbirth Class \* Tuesday, August 18, 7-9:30 p.m., Education Center. Pre-registration is not required.
- CPR Class \* Tuesday, August 18, 6:30 - 10 p.m., Doctor's Meeting Room. To register call 737-2007.
- Infant CPR Class \* Wednesday, August 19, 7-9:30 p.m., Education Center. Pre-registration is not required.
- Prepared Childbirth Course \* Thursdays, August 20 - September 24, 7-9:30 p.m., Education Center. Pre-registration required. Call 737-2900.
- Breast Cancer Support Group \* Monday, August 24, 7-8:30 p.m., Cancer Center Reception Area. For more information call 737-2800.

For additional MVRMC educational offerings call 737-2902. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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COMICS

**Peewee's** By Charles M. Schulz

SO WHAT I'M GOING TO DO IS TRY TO BE A BETTER PERSON.

THEY SAY IF YOU BECOME A BETTER PERSON, YOU'LL HAVE A BETTER LIFE...

IF YOU TRY TO BE A BETTER DOG—SOMETIMES YOU GET AN EXTRA COOKIE...

**Dibbert** By Scott Adams

THIS IS TODAY'S MOTIVATIONAL MESSAGE FOR ALL EMPLOYEES.

TODAY IS THE FIRST DAY OF THE REST OF THE WEEK.

OR IS IT?

**B.C.** By Johnny Hart

WHAT INDUSTRY WOULD BE MOST AFFECTED IF THERE WERE NO CRIMES?

LOOKS LIKE LAY ENFORCEMENT OR OWN MANUFACTURERS?

... JOHNNY?

YOU LEFT OUT WICKES.

**Garfield** By Jim Davis

AS THE MASTER OF THE HOUSE I GET TO TELL YOU WHAT TO DO.

FAIR ENOUGH.

AND AS THE CAT OF THE HOUSE, I GET TO IGNORE YOU.

**Hi and Lois** By Chance Browne

I CAN TELL BY THE LOOK IN YOUR EYES THAT THERE'S TROUBLE AFOOT!

AND I CAN TELL BY THE CLENCH ON MY KNEES WHO THE TROUBLE MAKERS ARE.

**The Wizard of Id** By Brent Parker & Johnny Hart

WHAT A DRY! I SMELL SPRING IN THE AIR!

YOU SMELL WHAT?

SPRING IN THE AIR!

I LOVE THIS SOY...

**Hagar the Horrible** By Chris Browne

HI, HELGA! WHAT'S FOR DINNER?

YOU'VE BEEN GONE FOR TWO MONTHS! IS THAT ALL YOU CAN SAY?

AND WHAT'S FOR BREAKFAST TOMORROW?

**Beetle Bailey** By Mort Walker

WE'LL TAKE OVER FOR YOU, BEETLE.

GET GONING!

TAKE THE AFTERNOON OFF! GO SWIMMING!

EVERYONE IS ACTING SO STRANGE!

I GUESS RUNNING INTO A SKUNK WILL DO THAT.

**Frank and Ernest** By Bob Thaves

DO YOU SWEAR TO TELL THE TRUTH, THE WHOLE TRUTH AND NOTHING BUT THE TRUTH? AND THEN SOME!

**The Born Loser** By Art Sansom & Crap

I BOUGHT AN SUV YESTERDAY FOR MY WIFE TO DRIVE.

YOU OWN A SPORTS UTILITY VEHICLE?

I MEANT A SMALL, UGLY VEHICLE.

**For the Love of Money** By Lynn Johnston

WE DON'T WORK HERE! WE GOT A CONTRACT!

THAT'S SERIOUS! WE DO ON KENNEDY STREET PEOPLE? THE EDITORS OF FORTUNE MAGAZINE WANT TO BUY AN EXCLUSIVE! WE'VE GOT WORK, HERE—AN EXCLUSIVE!

**More** By Dean Young & Stan Drake

DO YOU REALIZE YOUR CHANCE OF WINNING THE 15 MILLION? IT'S ONE IN 500 MILLION.

WELL, YEAH! BUT THAT'S BETTER THAN A CHANCE OF GETTING A RAISE!

**Problems** By Brian Crane

NUMBER ONE! I'VE GAINED THE HONOR AND I'VE LOST THE WEIGHT!

IT'S GOT TO BE THOUSANDS OF TIMES THAT I'VE SCORPED OFF THIS STUBBLE.

AND YET EVERY MORNING IT'S BACK AGAIN, DEFIANT AND UNDEFEATED!

WHO AM I TO FIGHT MOTHER NATURE?

**Doogie Howser, M.D.** By Hank Ketchum

THESE ARE THE LINES I'VE BEEN REHEARSING FOR THIS MOMENT.

THANK YOU, MOTHER NATURE. I'VE BEEN UNDOING MYSELF.

**The Family Circus** By Bil Keane

I never thought of Godzilla as cuddly.

Horses have feathers, sort of

So many early Americans held altitudinal horserogues in such high esteem as health tonics that one life insurance company reportedly offered a \$100,000 prize to anyone who could find a horse with feathers.

Not even many those aging souls who will say "horse feathers" realize horses do indeed have feathers, though they're the long hairs on the back of the lower legs and the hair on the inner side of the lower legs.

Could the killer whale fecker will learn a word or two of the world's oldest living language—English. It's a month course, "Horse and the Killer Whale," is still available in the U.S. at \$19.95.

At a higher tier of education, you can say:

It's now reported the wife is more than 10 years older than the husband (in this marriage) in every 90.

When Richard Wagner wasn't composing musical masterpieces, he oversaw the digging in his garden of a grave — his own. He was pretty proud of it. Use to parade his dinner guests out to between courses.

Q: You said husbands and wives were different when their marriages fall apart. How so?

A: Husbands withdraw, turn silent, secretive, and go their separate ways. Wives become highly active, joining, volunteering, working overtime.

WHAT'S WHAT? L.M. Boyd

IF AUGUST 17 IS YOUR BIRTHDAY, you have been near and around people who have changed their names. You work well under pressure, are sentimental and passionate in romance. You exhibit management skills, would succeed in public relations or as theatrical agent. Capricorn, Capricorn-born persons play a significant role in your life, could have these letters, initials in names: FI, Q, Z. Current cycle relates to activities of improvement, analogy, October storm, study group involved in self-improvement, astrology, October storm, memorable for you in 1998.

ARIES (March 21-April 19): Great financial combine. You arose before count of 10 — nobody was going to knock you out. Soon you will be regarded as champion. Cancer, Capricorn persons become allies.

TARUS (April 20-May 20): Added recognition due to be looking on door of fame and fortune. People want to be with you, to deal with you. Soon you will be regarded as champion. Cancer, Capricorn persons become allies.

LIBRA (Sept. 23-Oct. 22): Be ready for change of scene. Industry position that could include writing, photography, invitation to visit small town will lead to valuable contacts and new business.

SCORPIO (Oct. 23-Nov. 21): People continue to talk about you. You sought after as dinner companion, and sought after as one who brings their hands off you. "Taurus plays music for you."

SAGITTARIUS (Nov. 22-Dec. 21): Moon position highlights decisions, resolving around money and marriage. Financial aid of one who brings their hands off to more talk than walk. Libra figure prominently.

CAPRICORN (Dec. 22-Jan. 19): Look beyond the immediate; you will prove instrumental in making your own dream come true. Industry position of power says, "I know you will succeed."

QUARUS (Jan. 20-Feb. 18): Long-range commitment fulfilled; you gain added recognition as result. First you first professional recipient who will earn you money. Invitation to speak in foreign land featured.

APRIL (April 19-May 20): First report indicated someone got there ahead of you. That proves false; you will lead way and now on horizon, chance exists to correct past mistakes. Leo plays role.

**HOROSCOPE** Sydnee Omarr

Standard's Puzzle Solvers

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49	50	51	52
53	54	55	56	57	58	59	60	61	62	63	64	65
66	67	68	69	70	71	72	73	74	75	76	77	78
79	80	81	82	83	84	85	86	87	88	89	90	91
92	93	94	95	96	97	98	99	100	101	102	103	104

Answers to puzzles are listed in columns 1-104.

ENGAGEMENTS

FAMILY LIFE

LEAK-MCCELLEAN

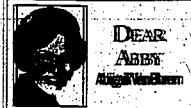
PAUL - Roselyn and Rick Jones of Kansas City, Mo., and Jay and Ann Leak of Blue Springs, Mo., announce the engagement of their daughter, Jordan Renee Leak...



Michael McClellan and Jordan Leak held from 7 to 9 p.m. Saturday at the McClellan residence...

Legacy should be shared

DEAR ABBY: Last year my father-in-law passed away. Before he died, he left a letter on a computer disk for my daughter. I believe it is a short history of his life...



Recently my mother-in-law requested a copy of the letter. I feel that since the letter was addressed specifically to my daughter...

WEDDING

GILLETT-CRANDALL

DECLO - Dan and Carolyn Gillett of Declo announce the marriage of their daughter, Laurie Gillett...



Laurie Gillett and Chris Crandall Logan, Utah, with an open house that evening in Pocatello. The couple will be honored at a reception from 6 to 8 p.m. Saturday...

SELF-CRANER

RUPERT - Mrs. Doris Hone of Rupert announces the engagement of her daughter, Jona Self to Mark Craner of Jerome, son of Idella Craner...



Jona Self and Mark Craner

FIGHT FAT AND WIN! Three a day burns fat away. 'Slender Sage' advertisement for a diet product.

Is your water supplier right for you? Culligan Water for life. 733-2421

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Reach more than 53,000 readers a day with just one phone call • Twin Falls: 733-0931 • Burley: 677-4042

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Call 733-0931. We're Open 8 AM to 5:30 PM Mon-Fri. 8 AM to 10 AM Saturday. Includes ad rates and contact info.

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Legal notices including: NOTICE OF PUBLIC HEARING, PROPOSED BUDGET FOR FISCAL YEAR 1998-99, and various county notices.







For Items Under \$1,000... 3 Lines - 10 Days



Limit 1 Item Per Ad. Some Restrictions Apply. Private Party Only!

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HANSEN... OAKWOOD HOMES 733-7755

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TOWN & COUNTRY... OAKWOOD HOMES 733-7755

TOWN & COUNTRY... OAKWOOD HOMES 733-7755

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TOWN & COUNTRY... OAKWOOD HOMES 733-7755

TOWN & COUNTRY... OAKWOOD HOMES 733-7755

JEROME - Home & acreage... 324-2996

JEROME - Pleasant 3 bdrm... 324-2996

JEROME - 3 bdrm, 1 bath... 324-2996

JEROME - 1, 2 & 3 bdrm... 324-2996

JEROME - 3 bdrm, mobile home... 324-2996

JEROME - 2 bdrm, garage... 324-2996

JEROME - 3 bdrm, 1 bath... 324-2996

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JEROME - 3 bdrm, 1 bath... 324-2996

TWIN FALLS - Home & acreage... 734-0844

TWIN FALLS - Pleasant 3 bdrm... 734-0844

TWIN FALLS - 3 bdrm, 1 bath... 734-0844

TWIN FALLS - 1, 2 & 3 bdrm... 734-0844

TWIN FALLS - 3 bdrm, mobile home... 734-0844

TWIN FALLS - 2 bdrm, garage... 734-0844

TWIN FALLS - 3 bdrm, 1 bath... 734-0844

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TWIN FALLS - 3 bdrm, 1 bath... 734-0844

TWIN FALLS - 3 bdrm, 1 bath... 734-0844

TWIN FALLS - 2 bdrm, 1 bath... 734-0844

TWIN FALLS - Clean 3 bdrm... 734-0844

TWIN FALLS - Newer 2 bdrm... 734-0844

TWIN FALLS - Nice 1 bdrm... 734-0844

TWIN FALLS - CSI area... 734-0844

TWIN FALLS - CSI area... 734-0844

TWIN FALLS - South of town... 734-0844

TWIN FALLS - Westside... 734-0844

TWIN FALLS - 2 bdrm... 734-0844

TWIN FALLS - 2 bdrm... 734-0844

TWIN FALLS - 2 bdrm... 734-0844

TWIN FALLS - 2 bdrm... 734-0844

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TWIN FALLS - 2 bdrm... 734-0844

TWIN FALLS - Motel 2 bdrm... 734-0844

TWIN FALLS - Motel 3 bdrm... 734-0844

TWIN FALLS - Motel 3 bdrm... 734-0844

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TWIN FALLS - Motel 3 bdrm... 734-0844

TWIN FALLS - 2000 sq. ft. warehouse... 734-0844

TWIN FALLS - Blue Lakes Center... 734-0844

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TWIN FALLS - Blue Lakes Center... 734-0844

HORBE - 4 yr. old black, 15 hands... 734-0844

HORBE - Spanish gelding... 734-0844

HORBE - 19 yr. old AQHA... 734-0844

HORBE - Beautiful breeding stock... 734-0844

HORBE - 15 yr. old Arabian... 734-0844

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HORBE - 15 yr. old Arabian... 734-0844

FORD - 76 Ford 700, range... 734-0844

FORD - 1984 Ford Bronco... 734-0844

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FORD - 1984 Ford Bronco... 734-0844

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FORD - 1984 Ford Bronco... 734-0844

HAY - 2000 lbs. alfalfa... 734-0844

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HAY - 2000 lbs. alfalfa... 734-0844

BUSINESS & SERVICE DIRECTORY

Call 733-0931 ext 1 for more information or your service representative

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Why call the best? You'll have the best. BOB'S BEST DRYWALL...

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Shardian Home, 35 years experience, Remodel work...

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Pickling Cucumbers, Oil Canning Tomatoes...

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GRAVEL

Twin Falls Craining, 1/2 crushed material, 1/4 screened...

HANDYMAN SERVICES

A WORK OF ART Handyman Services, Home Repairs...

HANDYMAN SERVICES

C & C Enterprises Handyman Services, We fix it or we can't...

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SAWTOOTH SHEET METAL, Heating, Air Conditioning...

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MOBILE PRESSURE WASHING, We do it all 24 hour Service...

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ROOFING

TRUSTEES TABLE, vinyl roofs, aluminum roofs...

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JOHN'S SHARPENING SERVICE, Complete sharpening...

TREE & PRUNING SERVICE

"Pruning Perfection", Evergreens, Shrubs, Hedges...

TREE SERVICES

DALE'S TREE LIMB, For mulch or disposal, Stump grinder...

TREE SERVICES

TREES AND STUMPS OF MAGIC VALLEY, Free estimates...

TREE SERVICES

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WEDDING SHOP, Bridal Gown, Hosiery, Accessories...

GUARANTEED ADS

611 FURNITURE & CARPET, BED queen size box springs...

COUCH & LOVESEAT, Multi color with blue & neutrals...

FURN. Dining rm. set, round wood table, 12 seat...

FUTON for sale, Beautiful mohogany frame...

MATTRESS SET Queen Orthopedic, brass headboard...

RUX - 5'x9', blue & beige, \$30, Call 734-1967

SOFA Newwood Special, Loveseat, 2 matching occasional chairs...

SOFA - medium green, \$100, still in plastic, \$300, (1100) new, 733-5058

TRUSTEES TABLE, vinyl roofs, aluminum roofs, country bench & 3 chairs...

WATERBEDS, 1 queen size w/ mattress, \$150...

813 AUCTIONS

A MAGNIFICENT REAL ESTATE & PERSONAL PROPERTY AUCTION...

COOKER CANNER, Presto 15qt. stainless steel...

ESPRESSO CART, That has almost everything...

FAST TREES, Grow 6-10 ft. 1/2 yr. \$4.95...

FAX YOUR AD

TIMES CLASSIFIED DEPARTMENT, 208-734-5538

FREE house to move off, 1968 Blue Lexus N. Yukon...

GARDEN WINDOW new, iron in bronze frame...

GAS PUMPS, Outdoor gas pumps left, 4x6 wheel...

HAIRYSTYL EQUIP for sale, iron, shampoo chair...

MISC. 20 KW electric furnace, 4x8 wheel iron...

MISC. 1st Prim Chandelier, \$500/off, Princess set...

PROPANE TANK, 82 gal w/ lots of accessories...

GUARANTEED ADS

The Times News guarantees to sell merchandise, automotive in 7 days...

MOWERS (2), Toro 54 21" recycler mower w/ bag, exc. cond...

RAIL ROAD TIES, 30' long, 6" high, 12" wide...

Expect response when you advertise in classified, Call 733-0931

816 EXERCISE EQUIPMENT

AEROBIC RIDER, excel. cond, \$350 new, Sell for \$150...

CARDIO GLIDE exercise bike, exc. cond, \$175 new...

WORTHYFRAC, Well-trimmed, 5'10", 160 lbs, In Ex. Cond...

817 MISC. FOR SALE

BARN WOOD, old, Yours for \$200 plus free down haul...

COMPUTER, Printer and manuals, \$250, Exc. type, \$65...

WASHER - \$150, Two brand new, \$250, \$300...

WOODEN - Barben house, turn, cars, etc...

MUSICAL INSTRUMENTS, RAINBOW - 6 string, 1974...

PIANO - Clarivox digital new, perfect cond...

PIANO for sale, older upright, good cond...

PIANO Grand, beautiful oak upright, exc. cond...

PANDS SPINT \$500, 7000 Call 734-4042

SAXOPHONE Tenor, 1970, Call 734-4042

SAXOPHONE Alto, \$225, Please call 208-734-4725

SAXOPHONE Yamaha, 1978, Call 208-432-8263

PETS & SUPPLIES, AQUARIUM - 4 ft. w/ stand...

BORDER COLLIE pups, Purebred, ready to go...

BOXER female, 9 mos, old, papered & shots up to date...

THE ACES ON BRIDGE

'The difficulty in life is the choice.' - George Moore

Is the proper place for a defender's trump ace always on the declarer's or dummy's? Not by a long shot...

It is well for South to avoid the no-trump game. At three mumps, the defense can win five quick tricks after a club lead...

The winning defense is for East to refuse to win dummy's trump king. Now it's South who has a problem...

When the dummy splits favorably West's fault trump is promoted to the setting trick, and the game goes one down.

FREE - Active, Free - Active, 208-432-8263

FREE to a loving home, 11 yr old, Australian Shepherd X, female, 12 months...

GERMAN SHEPHERD - AKC pups, 2 weeks, 2 weeks, 2 weeks...

When you're despatching, you're despatching, you're despatching...

REPTILES & AMPHIBIANS, REPTILES - 11, 2 year old, 1 year old, 1 year old...

REPTILES & AMPHIBIANS, REPTILES - 11, 2 year old, 1 year old, 1 year old...

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