



GOOD MORNING

WEATHER

Today: Cloudy with scattered snow showers in the morning. Winds 5 to 15 mph. High 40, low 30.

LOCAL

Lending support: Twin Falls' council today will consider a land exchange for a park on the north canyon rim.

Page A4

1-888-IDA-ROAD: A winter road report overhaul means easier access.

Page A4

SPORTS

Make that 9 in a row: The Denver Broncos won their 9th straight game Sunday, but lost something important.

Page A7

Who's No. 1? The college polls were released Sunday and there's a new top team.

Page A7

HEALTH & FASHION



Fitness over 60: The best may be yet to come if you dedicate yourself to keeping active.

Page B1

OPINION

Corpus delicti: Jesse "The Body" Ventura won the Minnesota statehouse because he talks straight and answers hard questions, today's guest editorial says.

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Elementary report cards will tell parents more

By Jennifer Sandmann
Times-News writer

TWIN FALLS — Parents of students in Twin Falls' public elementary schools will see beyond the letter grades on report cards to be issued this week.

The Twin Falls School District is trying out new reports designed to provide more information about how children are performing in school. Parents will be asked for feedback on the revised format.

Students in grades two through six will still receive letter grades. But within each subject, a variety of skills will appear on the report card, with indications of whether students are performing up to grade level or beyond. This means previously uniform report cards will now vary at each grade level.

While kindergartners and first-graders do not receive letter grades, the district also has added detail to their quarterly grade reports. The checks, pluses and minuses that indicated student performance will be replaced with more informative marks.

"Parents are going to be much better-informed about what their children are doing in the classroom," said Kathy Graham, a first-grade teacher at Sawtooth Elementary School.

Criteria listed on the new report cards is based on districtwide curriculum guides. Curriculum Director Mary Ann Rannels said. Teachers know specifically what students learned in the previous grade and what they will be expected to know when they advance to the next grade. It cuts down on repetitive instruction between grades.

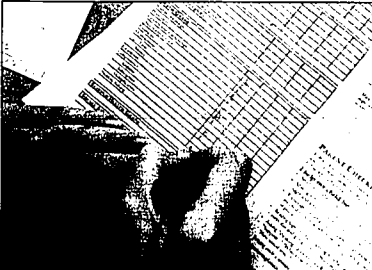
And parents can be sure that what students learn at Harrison Elementary is also being taught at Morningstar, Rannels said. The continuity helps when students from various elementary schools wind up in the same junior high classroom.

The more informative report cards will provide parents with the information they need to help their children with school, she said. If parents know that a child struggles with reading comprehension, they can help by reading with the child and answering questions about the text.

Ann-Marie Dobbs, a third-grade teacher at Perrine Elementary School, said she will explain the report cards to parents during conferences this week. For par-



Ann-Marie Dobbs, a third-grade teacher at Perrine Elementary School in Twin Falls, grades tests and fills out her students' report cards. Dobbs is part of a committee that redesigned the report cards to give parents better information about how their children are doing in school. Below, the new report card is designed to provide useful and detailed information for parents.



New report cards

New report cards for elementary students in Twin Falls School District will take parents beyond letter grades.

Following is a sampling of skills included under the subjects of reading, language and math at various grade levels:

Second-grade reading: Oral reading (fluency and expression) Comprehension (understands oral and written work)

Phonics (applies phonics skills): Fourth-grade language Punctuation and capitals Usage in oral expression Usage in written expression Creative writing

Sixth-grade math: Number theory/place value Calculating with whole numbers, decimals and fractions. Estimation Problem solving Measurement Geometry Probability/Statistics

ents who cannot attend the conferences, report cards will be sent home with a note encouraging them to call with questions.

"Besides providing more detail, Dobbs sees another benefit to the new format.

"I'm held a little more accountable," she said.

Strengths and weaknesses in specific student skills will be evidenced in black and white, Dobbs said.

Amy Lentz, a first-grade teacher at Harrison, agreed. Having essential skills detailed on report cards will ensure students are being taught everything the district wants them to learn.

Germany seeks perks for prostitutes

The Associated Press

BONN, Germany — German prostitutes should have a legal right to jobless, health and retirement benefits, the new government minister for women was quoted as saying.

"We have a draft law, we only need to introduce it in parliament," Christine Bergmann was quoted by the newsweekly Der Spiegel as saying in its new edition published Sunday.

Under German law, prostitutes are required to pay taxes but can't claim the social welfare state's generous benefits.

Prostitutes also should be able to sue customers who don't pay, Bergmann told the magazine.

A Social Democrat like Chancellor Gerhard Schroeder, Bergmann is promoting a more liberal line on women's rights and family issues than the previous center-right government under Helmut Kohl.

She also called for a ban on pornography that shows violent or "sexually demeaning" acts against women and children.

"I consider it an important sign that society says: We won't tolerate this," she told Der Spiegel.

Glenn gradually readjusts to gravity

The Associated Press

CAPE CANAVERAL — After a shaky reintroduction to gravity, John Glenn was "95 or 98 percent back to normal" Sunday, walking briskly, telling jokes and urging old folks to follow his dreams.

"I feel very elated that things went well. We got a lot of the data we were looking to get and worked very hard up there," NASA's 77-year-old geriatric test subject said his first morning back on Earth.

"Obviously, we'd like to ... go right back up again, but that's not to be. And so a sense of accomplishment I guess I feel and a little bit of letdown that the whole thing is over, maybe, but nothing serious."

In his first post-flight news conference, Glenn admitted he "didn't feel too hot" when he stood and walked out of space shuttle Discovery on Saturday.

He was determined, though, to join his six crewmates for the traditional walk around the shuttle.

"If I would have been on my hands and knees I was going to do it," said Glenn, who beat the oldest-spaceman record by 16 years. "I wasn't quite to that point, but obviously I was not doing my best gait out there. I was not disoriented, that would be too strong a word for it. But you're walking very spraddle-legged so you can keep your balance."

Even after a good night's sleep, Glenn still was being careful Sunday not to turn his head, which after nine days of weightlessness would have made him dizzy. He described it as being "alligator headed."

Otherwise, he looked and sound-



Astronaut John Glenn gives a "thumbs up" to the crowd during a welcome-home ceremony at Ellington Field Sunday in Houston. The crew of the space shuttle Discovery returned to Houston one day after landing in Florida after a nine-day mission in space.

ed as fit as ever.

One of his much younger crewmates, in fact, was the only one to come back wounded. Stephen

Robinson smacked his head when he came barreling out of a tunnel in weightlessness; he suffered a 1-inch gash over his right eye and

Zoo breeds success

Tautphaus Park Zoo breeds endangered penguin species

The Associated Press

IDAHO FALLS — A fuzzy, football-sized baby African penguin, born Oct. 6 marks Tautphaus Park Zoo's first success breeding endangered species.

The penguin spent its first 24 days being fed regurgitated fish by its parents. Zoo staff brought the chick out of its nest, made of rocks and dry grass in a dog kennel, last week.

Three pairs of the zoo's penguins are part of the Species Survival Plan, an international breeding and conservation program of the American Zoo and Aquarium Association.

The program helps captive populations of animals whose numbers are dwindling in the wild.

"That's one of the goals, to maintain those populations so if their habitats can be preserved, the animals can go back into the wild," Bill Gersonde, the zoo's superintendent, said.

The number of the penguins living on islands off southwest Africa has plummeted from more than 600,000 to 100,000 in the last 90 years, the American Zoological Association said.

The birds are threatened by oil spills and overfishing, which has depleted their food sources. The African penguins raised in this country have not been released because those problems still threaten their survival in the wild, Gersonde said.

Part of the captive-breeding program involves controlling population numbers, since only so much space is available.

In the case of the African penguins, most eggs are destroyed to prevent chicks from being born. Only penguins with the best genetics are allowed to breed.

The penguin will likely be placed in another zoo once a suitable partner is found, Gersonde said.

the embarrassment of having to explain it to reporters.

Glenn couldn't resist poking fun at his crewmates and the few hundred journalists jamming the news conference, postponed from Saturday night because his medical tests ran so late.

Here's America's first man in orbit complimenting his shuttle commander, Curtis Brown Jr.: "I told him last night he was almost as good a commander as the one I had on my first flight."

And when a camera tripod came crashing down just as Glenn was explaining what it was like readjusting to gravity, he cracked: "This is the dangerous part."

Several hours later, Glenn and his shuttle crewmates arrived in Houston, where more than 1,000 people packed an airport hangar to welcome them back. Mayor Lee Brown told the enormous throng mission had "renewed an American love affair with space travel."

In a rare opportunity to share the spotlight with Glenn, each crew member addressed the crowd. Brown, the commander, urged all Americans to maintain an interest in the space program even after this mission.

"Do not let the landing ... be the final chapter in this exciting adventure about space. Instead, let it be the first chapter in a new adventure: the international space station," he said.

Glenn will remain in Houston for three more weeks of medical tests. Before leaving Florida, he said his shuttle mission was every bit as satisfying as his history-making flight aboard Friendship 7 back in 1962.

NATION

Laser eye surgery market booms

Success stories persuade many to try procedure

NEW ORLEANS (AP) — Faye Galland stood outside a clinic where, just a little earlier, a precision blade had sliced open a tiny flap on the surface of one eye and a laser had exploded a few layers of exposed cornea cells into vapor.

For the first time in about 40 years she wasn't wearing glasses or contact lenses.

But she could see. Things were still a bit blurry, but that would go away.

"It's a miracle," she said. "The surgery doesn't always work. When it doesn't, your vision is worse — for life. And problems are the topic of a symposium at the American Academy of Ophthalmology's meeting opening Monday in New Orleans.

But most of the time, it works. Friends' success stories are a big part of the reason that the number of operations has grown from more than 100,000 in 1996 to 200,000 last year and 380,000 or more this year, said Elias Vekakis, CEO of The Laser Center, a clinic of laser eye surgery clinics.



Dr. Herbert Kaufman, director of the Louisiana State University Eye Center, sits Friday at the exterior laser in his consulting room in New Orleans.

And federal approval of laser surgery for farsightedness added 70 million potential patients to the 90 million or so

unoperated people in this country. The operations — now routine — use ultraviolet, infrared, and laser light to reshape the cornea.

ter known as LASIK — cost \$1,200 to \$2,750 per eye. Ninety percent of patients get both eyes done. Insurance generally doesn't pay, considering it cosmetic surgery.

In PRK, the beam of laser light sculpts a thin layer off the surface of the cornea. There can be a long period of discomfort because the affected surface remains exposed to the air.

With LASIK, the kind Galland just had, the laser works on an underlying layer exposed by that tiny flap. Afterward, the flap is put back in place to protect the treated surface. While there is less discomfort, there is more chance of infection.

Galland said she was one of the first people she knew to get contacts in Bunkie, her home town. She wore them for 15 years, until her eyes refused to accept them any longer.

Still, she was skeptical about surgery, even after her older brother went under the laser and a couple weeks ago.

"He said his only regret was that he waited so long to do it," she said.

She finally changed her mind after paying \$400 for her latest pair of glasses, and tiring of waking up wearing glasses and talking to find them broken.

Marijuana proponents move toward mainstream

The Associated Press

After seeing Washington state voters shoot down a medical marijuana measure in 1997, Rob Killian tried a new strategy this year: no tie-dies.

Killian and other medical marijuana proponents realized it wasn't the prospect of giving sick people the drug that bothered voters. The fear was that supporters of the measure secretly wanted to make all drugs legally available, and not just for the ailing.

So they remade their image. Ties instead of tie-dyed T-shirts. Short hair. Think suburban moms.

By courting the mainstream, medical marijuana proponents succeeded in getting measures passed last week in Washington state and in Alaska, Arizona, Oregon and Nevada.

And that, say activists, is the future of the movement. "I don't fit in well with general drug legalization groups. I don't wear hemp T-shirts, I don't use drugs ... I'm a bit of a geek," said Killian, a family physician who led the campaign to put the measure on the ballot. "But part of it was that we were unknown to the public last year. This time I spent hours with people from both sides of the political landscape ... that's how we were successful in mainstreaming the issue."

Things have changed since 1996, when medical marijuana backers shocked many in including federal drug officials — by getting measures on the ballot and approved in Arizona and California. Arizona's was put on hold by legislators but reaffirmed by voters this year.

This year, they were more organized and more sophisticated, attracting new support from legislators, law enforcement and medical leaders.

Last year, the New England Journal of Medicine editorialized in favor of medical marijuana and the American Medical Association altered its policy and voted to urge the National Institutes of Health to fund and support more research on the subject. Advocates argue that marijuana can help some patients, principally by relieving nausea after chemotherapy or increasing the appetite of cancer and AIDS sufferers. Marijuana also is touted as helping some patients control glaucoma.

Among states, Republican leadership emerges strong

WASHINGTON (AP) — Even as feeble election results shook up the GOP congressional leadership team, one wing of the Republican Party emerged stronger from midterm elections: The governors.

From George Pataki in New York to George W. Bush in Texas, 16 of 18 Republican chief executives who faced voters Tuesday were re-elected — many by large margins. The governors' wins, their collective success as proof that they hold the amide to the ills of congressional Republicanism. "The center of gravity is going back to the governors," said Connecticut Gov. John Rowland, who modeled his campaign on President Clinton's 1996 re-election bid and captured 53 percent of the vote.

In a series of interviews after Republicans settled for a stalemate in the Senate and lost five House seats, a surprising number of House Speaker Newt Gingrich of Georgia from office, GOP governors said they were more optimistic, more secure, more confident and more in control than Republicans in Congress.

"Governors projected a stronger message that related more to the concerns of the electorate," said Gov. Tom Ridge of Pennsylvania, who won 57 percent of the vote. "If you take a look at the campaigns of my colleagues, you'll find Republican governors talking about jobs and job security, education and environment, crime and welfare reform — things that directly arise around the dinner table."

Republican pollster Bill McInturf, who worked for Ridge and three other GOP governors, said his surveys found that voters trusted congressional Democrats most to improve Social Security, education, the economy, health care, crime and the environment — issues that raged as their primary concern.

In the governors' races, the pollster found that Republicans held sway over Democrats on the major issues, including education. The only two incumbent Republicans who lost, Bart Stump of South Carolina and Fob James of Alabama, were viewed as weak on education. They spent money on other issues, such as health care.

"Unlike the people in Congress, the governors had done stuff," McInturf said. "Most of them spent all of 1996 saying, 'Hey, I will increase spending on education. We're getting rid of social programs in schools.' I signed education stimulus bills. Congressional Republicans didn't send tax cuts to President Clinton, talked precious little

Incumbent GOP governors

Percentage of the vote for incumbent GOP governor who won re-election on Tuesday.

Alaska	61%
Arizona	67%
Arkansas	67%
California	67%
Colorado	67%
Connecticut	67%
Delaware	67%
Florida	67%
Georgia	67%
Idaho	67%
Illinois	67%
Indiana	67%
Iowa	67%
Kansas	67%
Kentucky	67%
Louisiana	67%
Maine	67%
Maryland	67%
Massachusetts	67%
Michigan	67%
Minnesota	67%
Mississippi	67%
Missouri	67%
Montana	67%
Nebraska	67%
Nevada	67%
New Hampshire	67%
New Jersey	67%
New Mexico	67%
New York	67%
North Carolina	67%
North Dakota	67%
Ohio	67%
Oklahoma	67%
Oregon	67%
Pennsylvania	67%
Rhode Island	67%
South Carolina	67%
South Dakota	67%
Tennessee	67%
Texas	67%
Utah	67%
Vermont	67%
Virginia	67%
Washington	67%
West Virginia	67%
Wisconsin	67%
Wyoming	67%

about education, compromised more than necessary on the federal budget and sent transmissions of policy trying to make the House Legislature's agenda, or 55% according to the GOP governors.

"What was our national party doing in education?" asked Rowland of Connecticut. "We were far more interested in what was a real top priority. While they were thinking about what we were doing, we were thinking about what we were doing. We were thinking about what we were doing. We were thinking about what we were doing."

Some governors said their national party at times appeared to be out of touch with voters. "The party is not listening to the people," said James of Alabama. "Our gubernatorial policies are compassionate," said Bush, who raised an average 71 percent of the vote in Texas. "Otherwise, we don't get re-elected."

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Investigators in JonBenet slaying continue to quarrel

BOULDER, Colo. (AP) — A dispute over whether JonBenet Ramsey was killed at the source of a disagreement among investigators over whether the 6-year-old beauty queen died at the hands of an intruder or someone close to the family, the Denver Rocky Mountain News reported Sunday.

At least one investigator believes an intruder killer JonBenet in the basement where her beaten and strangled body was found Dec. 26, 1996, a source told the newspaper. Others think she was killed in her bedroom and was her body placed downstairs.

Both sides in the case believe the evidence supports their theory. Meanwhile, the child's parents say they are innocent and a grand jury continues to investigate the death.

One investigator who believes the evidence points to an intruder is Lou Smit, a former homicide detective who came out of retirement to work on the case and who resigned in September because he said investigators refuse to consider suspects outside the family.

Smit has declined to discuss

publicly his reasons for his beliefs, but a source familiar with his theory told the News that Smit thinks a scream heard by a neighbor the night JonBenet died backs up the intruder theory. Melody Stanton told police she woke with a start not long after midnight to a frightening scream. Yet John and Patsy Ramsey told police they heard nothing unusual after putting JonBenet to bed around 10 p.m. Christmas night. Some investigators have had trouble reconciling that statement with Stanton's.

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AROUND THE VALLEY

MVRMC board will look at lease idea

TWIN FALLS - An ad hoc committee's recommendation that Magic Valley Regional Medical Center be leased or affiliated with another hospital will come before the full hospital board today.

The board of the county-owned hospital meets at 6 p.m. in the Sage Room of the Education Center, north of the hospital.

The board-appointed committee - made up of board members, community residents, hospital staffers and doctors - approved its recommendation Oct. 7. It had spent months studying whether the hospital should be sold, leased or affiliated. However, residents, committee members and doctors soundly rejected a sale.

The board is expected to make a recommendation about the hospital's fate to the Twin Falls County commissioners.

Seven nonprofit and for-profit hospital businesses have shown an interest in Magic Valley Regional.

Also on the agenda is an \$88,598 expenditure for a new computer hardware. The new servers are expected to save more than \$61,000 in equipment maintenance costs over the next five years.

Pair of Pocatello men die in Rupert-area rollover

RUPERT - Two people were killed in a one car roll-over accident Saturday evening.

William D. Wood, 52, and Rodney J. Parrish, 60, both of Pocatello, were pronounced dead at the scene Sunday by Minidoka County Sheriff's Office. The two men died about 6 p.m., the sheriff's office reported.

Their 1996 Chevy Tahoe was found upside-down off the road at 500E and 800 N, just north of Rupert. Road and weather may have been a factor, the sheriff's department reported. The accident is under investigation.

Ketchum City Council to gather for hearing

KETCHUM - A special Ketchum City Council meeting will be held at noon today at City Hall, 480 East Ave. N.

The meeting is to continue a public hearing on M. Resorts' appeal regarding the commission's approval of a design review application for a lot in the Creekside Subdivision at 341 Eagle's Wing Drive.

Glenns Ferry board will OK Idaho Power request

GLENN'S FERRY - The Glenns Ferry School Board will meet at 7 p.m. today at the administration office/bus garage facility, 820 Old Highway 40.

Under old business, the board will approve an air-conditioning contract with Sawtooth Sheet Metal that includes the base bid for the elementary school and offices for \$147,497, and the alternate \$44,308 bid for the middle school.

Board members will approve a letter to Idaho Power Co. requesting an upgrade in the transformer area service for the air-conditioning project. Approval also is expected to seek bids for a 72-passenger bus. Teaching coordinator Terry Parrish will provide an overview on the technology competency test, and Gelia Fritwell will present the home economics project.

New business includes amending the budget to transfer \$100,000 from carry-over funds to the expense category for the air-conditioning project, amending the general fund to include the emergency levy of \$50,387, and approving transfer of bus-depreciation money from the general fund to the bus plant facility fund.

The board will set a meeting in December for a board workshop on Quality Schools Process, approving hiring a middle school wrestling coach and appointing student assistants, approving hiring an educational assistant for high school special education, and approving hiring substitute bus drivers.

An executive session will conclude the meeting.

Compiled from staff reports

TF council considers park plan

Land swap may protect city's water supply

By Mark Heine
Times-News writer

TWIN FALLS - The city of Twin Falls is poised to lend its support to a proposed 7,000-plus acre park on the north side of the Snake River Canyon.

Handing about 1,300 acres of state-controlled land to the U.S. Bureau of Land Management - then converting it into a park - would help protect Twin Falls' water supply, said City Manager Tom Courtney. The land is near the Perrine Bridge, and is directly above some of the city's ground-water supply, he said.

The city now leases it for about \$250 a year.

Today, the City Council will consider a request to hand the land over to the BLM. The council meets at 5 p.m. in City Hall; the public is welcome.

By leasing the land from the State Department of Lands, the city has managed to protect its wellheads near the Blue Lakes from pollution, Courtney said. But that doesn't jibe with the State Land Board's primary mission of collecting as much money as possible from its holdings for Idaho's schools, Courtney said.

"If state lands continue to own that ground, there will be continuous pressure to develop it," he said.

Because BLM control would



Dirt bike riders are some of the major users of public lands on the north side of the Snake River Canyon across from Twin Falls.



City water department worker Les Bennett works on one of the wellheads for Twin Falls' main water supply in Jerome County in this 1997 photo.

keep developers away from the wellhead area, Courtney said the city probably will support the exchange and the park. But

park boosters must stick to the city's demand that the area be controlled only by accountable public officials, Courtney said.

City leaders also want assurance that any connections or apparent connections between the park and the nearby Crossroads Ranch development be severed, he said.

Park boosters probably can meet those requirements, said Jerome auto dealer Con Paulfus, who has promoted the park proposal as a member of Jerome's Chamber of Commerce.

The mesh rim park idea is supported by Jerome city and county, as well as Twin Falls County and chambers of commerce on both sides of the canyon, he said.

County Commissioner and seminal park booster Roy Prescott said the State Land Board has or will soon have letters from all these entities, reflecting support for the proposed land exchange.

The proposal will be on the

agenda when the State Land Board meets Nov. 23 in Boise, said Prescott, who plans to be there.

In other business Monday, the City Council will:

- Review a proposal to improve a street crossing at Filer Avenue East and Maurice Street near Twin Falls High School. Several people have complained recently about the crossing after students were struck and injured by cars. The current proposal is to spend about \$3,000 to build pedestrian safety islands in the intersection.

- Consider a new city tree ordinance.

- Hold preliminary discussions with the Idaho Power Co. about a possible new franchise agreement.

Times-News staff writer Mark Heine covers the North Side and Twin Falls City Hall. He can be reached at 324-5962.

Cassia officials will begin to make rec district a reality

By David Lee
Times-News writer

BURLEY - Now that voters have approved creation of the Oregon Trail Recreation District, it's time to make the district a reality.

That process begins today when Cassia County commissioners will hear from county attorney Stephen Bywater on how to begin creating the district, Commissioner Paul Christensen said.

Bywater is researching Idaho law on the process, Christensen said. Bywater declined comment but will address commissioners sometime today at the courthouse, during their regular meeting.

Besides learning the legal aspect, Christensen said he wants to know what his friends and neighbors wanted from the district.

"Our first charge is to seek public input and survey the youth on what they want in the community," he said.

Teresa Barefoot, one of the district's promoters, said its creation also will have to go through the governor's office.

The district will organize recreation activities for residents in Burley, Declo, Springdale, Stars Ferry and Pella. One of its long-term goals is to create a seven-mile trail that would connect Burley and Declo along the Snake River's south bank. The trail costs \$40,000 per mile, but the district will qualify for federal funding to help pay for it.

Barefoot said Federal money would not be available without a district in place.

The district will cost \$3 a month per household for the areas that voted for it, with no more than a 3 percent increase per year.

However, the trail will generate economic benefit from tourists who use it and then spend money in town, Barefoot said.

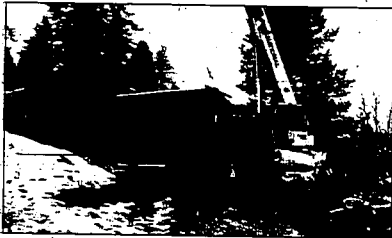
Voters in all but one precinct passed the district, the Cassia County recorder's office said; on the whole, 59 percent of voters favored it.

The View precinct, which is not along the Snake River, is the only one with more votes against the district. View had 58 for it and 106 against it.

Times-News staff writer David Lee can be reached in Burley at 677-4042.

Rec district votes

Precinct	Yes	No
Burley 1	303	150
Burley 2	139	73
Burley 3	82	58
Burley 4	205	133
Burley 5	148	85
Burley 6	68	29
Burley 7	46	46
Burley 8	205	110
Declo	191	138
Parsons	30	19
Pella	117	110
Springdale	145	107
Stars Ferry	268	219
Unity	286	201
View	58	106
Absentee	158	133



U.S. Forest Service workers install a new simulated-wood-grain concrete restroom at the Oregon Gulch Trailhead north of the Ketchum Ranger District.

Photo courtesy U.S. Forest Service

Fees pay for toilet facilities

Trail users see recreational funds put to use

By Susan Bailey
Times-News correspondent

KETCHUM - Barkers at the Adams Gulch and Oregon Gulch trailheads can find their U.S. Forest Service recreation fees at work in the form of two new toilet facilities, installed last week at the parking areas where a number of popular trails begin.

The bicycling, hiking and horseback riding trails north of Ketchum received cast concrete structures made to look like wood in the tradition of the landmark Sun Valley Lodge. The Sun Valley Co. resort hotel pioneered concrete stained and textured to fool the eye while resisting fire

and weather damage. Sawtooth National Forest supervisor Bill LeVere said the new restrooms achieve the same effect, blending into the surrounding hills.

"I think facilities like this are what the public wants and what we need to have," LeVere said.

Recreation fees in the Sawtooth forest also funded maintenance of 260 miles of trails during the past summer, and establishment of 25 dispersed camping sites in the Deer Creek drainage of the Ketchum Ranger District, LeVere said. The fees paid for two foot bridges at Adams Gulch

Please see FEES, Page A6

Fairfield limits snowmobiles' range in town

By Rachel Denny
Times-News correspondent

FAIRFIELD - Snowmobiles in Fairfield no longer are allowed on Main Street or other main parts of town.

The Fairfield City Council adopted a snowmobile ordinance last week which Mayor Fred Johnson hopes will stop problems before they start.

"It hasn't been a problem," Johnson said. "But as people use snow machines

more and more they will want to come in and out of town. This will give them a place to go so they're not running all over town."

Snowmobiles may be operated on roads near the outskirts of Fairfield. Operators may cross Main Street but not drive down it.

In other business, the council discussed the firehouse addition that volunteers are building. The concrete floor is ready to go, but before major building begins some

things have to be approved.

"We're waiting for an engineer to approve the type of construction we're doing," Johnson said.

After the engineer approves the steel construction method Fairfield hopes to use, construction will commence. But Johnson is doubtful that the project will be completed by the end of the year as previously hoped.

"We're still pounding away at it," he said.

Callers will find road report easier to access

By Brian Haynes
Times-News writer

BOISE - Getting the winter road report will be easier Tuesday when the state's six road report phone numbers are replaced by one toll-free number.

With the new 1-888-IDA-ROAD, callers no longer will need to call the six old numbers

Please see ROAD, Page A6

VALLEY IN BRIEF

Hailey City Council meets today at center

HAILEY — The Hailey City Council will meet at 6 p.m. today at Hailey Town Center.

First on the agenda is a public hearing about an interim moratorium affecting development of hillslides in the city. The moratorium would prohibit issuance of permits for development, construction, excavation or grading on any hillside or bench with a slope of at least 10 percent.

Other agenda items include an open session for public concerns, and an executive session regarding land acquisition and/or pending litigation.

Blaine County commissioners will gather today

HAILEY — Blaine County commissioners will meet at 8:45 a.m. today upstairs in the old county courthouse, 206 First Ave. S.

An open public comment session will be followed at 9 a.m. with a public hearing regarding an application from Heidi Baldwin and the state Department of Lands to subdivide about 103 acres into four lots, proposed to be the Clear Creek Subdivision. The property is in the Clear Creek drainage area west of Idaho Highway 75 with proposed access via Owl Rock Road.

A planning and zoning discussion opens the afternoon session at 1:30 p.m. A canvass of election results, an executive session for indigent applications and a commissioners' discussion bring the meeting to a recess at 4 p.m.

A public hearing on the Antelope Springs planned unit development starts 6:30 p.m. The proposal is for a total 36 lots, including one for the existing farm to be platted on 185 acres with the remainder of the lots generally south of the farm and ranging from two-plus to five-plus acres. The first phase will be development of 14 lots and the farm parcel, and the second phase 21 lots.

Blaine County's planning and zoning board heard and considered the application in February, June and August. It was recommended the county deny the proposed Antelope Springs Ranch subdivision application.

Medical technician contracts are on agenda

MOUNTAIN HOME — Elmore County commissioners will meet at 8:30 a.m. today.

Items on the morning agenda include two emergency medical technician contracts, reports from department heads, a canvass of the general election and an executive session regarding indigent applications.

The afternoon session includes the juvenile program, a building-permit appeal and discussion of a detention facility with Blaine County Sheriff Walt Fennell and Elmore County Sheriff Rick Layher.

The sessions are open to the public.

Compiled from staff reports

COPING WITH THE COLD



Harlan Ward and Jeff Tribbett, Mavorick Construction employees of Burley, enjoy snowy weather at Connor Creek while preparing their equipment trailer for departure. After several weeks of building an access road into the Melcher Mansion owned by Gary D. Jones of Burley, the company will wait until spring to finish the project.

Batt announces job training awards

BOISE (AP) — Governor Batt has announced the winners of the 1998 Governor's Job Training Partnership Act awards.

Amy Lucas, Coeur d'Alene, has been honored as a Distinguished Participant, and Emma Gebro, Pocatello, has won the Distinguished Private Industry Council Member award. The federally funded job-training program is designed to help individuals overcome barriers to productive employment.

"These awards acknowledge that job-training programs do make a difference in people's

lives," Batt said. "It is an honor for me to have an opportunity to offer this well-deserved recognition."

Lucas came to Idaho in December 1997 with a history of substance-abuse problems and was suffering from post-traumatic stress disorder resulting from a violent crime committed against her.

Through the efforts of a variety of state and local programs, Lucas began training in retail sales and now is employed at Goodwill. She currently is continuing her education at North

Idaho College.

Gebro, chief operating officer of Supersave of Idaho, was recognized for her efforts to provide employment opportunities for graduates of the program and to integrate work-force development services in southeast Idaho.

Nominations for the awards were submitted to Gov. Batt by six Private Industry Councils from around the state. The Councils oversee the delivery of job training services at the regional level.

An awards ceremony will be held in Boise on Nov. 23.

Convicted child abuser won't be eligible for parole until 2005

SALT LAKE CITY (AP) — Convicted child abuser Casey Philip Perkins won't get another chance to plead for release before the Utah State Board of Pardons and Parole for at least eight years.

Perkins, 23, had his first hearing before the board last month in an emotion-filled meeting packed with supporters of his young victim, Amanda.

In a decision released Friday by the board, members decided Perkins will not get another hearing until January 2005.

Perkins has been in prison since the January 1997 beating of the girl, now 4 years old. The girl was injured so severely she has to wear a helmet to protect her head from additional injury.

The girl spent several months in a coma after Perkins admitted he slammed her head to the floor at least twice. He was living with the girl's mother at the time of the abuse.

He was convicted of child abuse, a second-degree felony, and sentenced to serve up to 15 years in prison.

Deadly cholera outbreak subsides in birds

ODGEN, Utah (AP) — The avian cholera outbreak that killed about 25,000 caged quakes and several hundred other species of birds on the Great Salt Lake appears to be over, a Utah Division of Wildlife biologist said.

Frank Howe's agency is not seeing any fresh carcasses on the Great Salt Lake. The dead birds, which included California gulls, ducks and shorebirds, have been removed.

"The volunteers and state

workers picked up about 15 tons of dead birds," Howe said. "We think we probably got 90 to 95 percent of all that were out there."

The cleanup, mostly conducted on the south shore, prevented spreading of the disease.

Wildlife officials were concerned that scavengers like California gulls would eat the dead birds and spread the disease.

About 700 gulls were among the dead birds picked up.

Utah storm hinders efforts to recover body of victim

SALT LAKE CITY (AP) — A snowstorm hindered rescue workers' efforts Sunday to recover the body of a New Hampshire man who was killed when an avalanche swept a party of five snowboarders down a rocky slope in the Wasatch Mountains.

Jeff Clement, 21, of Henniker, N.H., was killed on Saturday by an avalanche that swept 500 vertical feet down the cliffs and exposed rocks of Mount Baldy, a favorite destination for snowboarders in Little Cottonwood Canyon between Alta and Snowbird ski resorts.

Nether resort is yet open for the season, nor had crews conducted any avalanche control on the steep north-facing slopes, said Sheriff's Sgt. Lane Larkin. Around 12:30 p.m. Saturday, Clement, the last of his party to descend the slope, apparently kicked loose the snow that started the slide.

All those involved were in their early 20s, and four of them had arrived in Utah from the eastern United States last month.

A woman in the party was taken to Alta View Hospital with unspecified injuries to her legs,

back and chest.

She was listed in serious condition upon admittance, but the hospital had not released her name early Sunday.

"It was actually lucky for any of them to survive," said Larkin.

Two of the snowboarders were buried up to their armpits and were able to dig out themselves and the two other survivors. The pair then headed to the Snowbird lodge and notified officials of the avalanche.

Winds of up to 75 mph forced rescuers from the sheriff's office and both resorts to abandon a helicopter rescue Saturday. They instead took a tram to the top of the mountain and skied to the avalanche.

Larkin said a ski patrolman with a search dog located Clement, who was buried under about two feet of snow. Sheriff's officials said Clement was likely killed by trauma from the avalanche rather than suffocation.

But the high winds and continued avalanche danger prevented rescuers from recovering the body, and adverse conditions also made recovery impossible on Sunday morning.

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Fees

Continued from A4

and Lake Creek, plowing of snow on those trails leads to allow access for cross-country skiers, and campground maintenance.

Contributions by the Sawtooth Society, the Blaine County Maintenance Department, Big Wood Backcountry Trails and Big Wood Landscaping also have helped fund improvements to trails, campsites and recreation facilities.

The Forest Service now is building a trailhead facility for 15-20 vehicles at Baker Lake. A rest room similar to those at Adams and Oregon gulches is planned.

The 27,400-pound concrete restrooms installed at the trailheads last week feature sealed 1,000-gallon underground vaults and compliance with the Americans With Disabilities Act.

Ketchum District Ranger Kurt Nelson said the precast concrete toilets cost \$8,655, compared to the \$18,000 cost of constructing a toilet on location.

Nelson said the new toilet buildings are easier to maintain than wooden facilities. He expects more such facilities in the future, as fees continue to help the Forest Service upgrade lands dedicated to recreation.

Road

Continued from A4

to get reports from different parts of the state. All regions of Idaho will be included on the new number, said a news release from the Idaho Transportation Department.

The new number can be used anywhere in the state except the Treasure Valley, which can call 336-6600.

The system will include road conditions for state highways and interstates throughout Idaho divided into four regions: northern Idaho; southwestern Idaho; eastern Idaho; and interstates and U.S. Highway 95.

Conditions will be updated at 6 a.m., 9 a.m., 3 p.m. and 7 p.m. every day, including weekends and holidays.

"We are making many improvements to our winter road reporting system," Public Affairs Officer Jeff Stratton said. "We are getting road-condition information to the people as quickly and accurately as possible so they can plan their travels and commutes accordingly.

The department also is

revamping its winter road report Web site to make it easier to use and provide more information such as links to neighboring states' road report Websites, the release said.

The phone number and Website include only information about state highways. For other Idaho roads, call the National Weather Service, U.S. Forest Service or the local highway district, the release said.

Times-News staff writer Brian Haynes can be reached at 733-0931, Ext. 238.

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MORNING LINE

SPORTSQUOTE

“It wasn't just eating and drinking. It was eating and drinking with a purpose.”

99

—Former Morgan State University lineman Emmanuel Yarborough, who beefed up to 726 pounds by eating sushi, rice and horse meat washed down with Sapporo beer and became a sumo wrestler

IN BRIEF

Youth indoor soccer begins at St. Edwards

TWIN FALLS - There is room for seven more players at the Twin Falls Parks and Recreation's 3rd-grade boys indoor soccer league at St. Edwards Gymnasium. Games will be held on Saturday mornings, and cost is \$5 for in-city limits and \$8 for out-of-city limits. The season runs Nov. 14-Dec. 19 (except for Thanksgiving weekend). For more information, call 736-2265.

Big Sky names women's All-Conference soccer team

OGDEN - The Big Sky Conference announced its women's soccer All-Conference teams and award winners for the 1998 season.

Regular season co-champions Weber State and Montana each had four first-team all-conference picks and two second-hand selections.

The voting was done by league's head coaches on a conference call. Montana seniors Karen Hardy and Sara Overgaard, and sophomore Shannon Forsberg, along with Weber State's senior twin-sister combo of Tricia and Tara Ferrin were named to the first-team for the second consecutive season.

Montana forward Karen Hardy was named the Most Valuable Player on offense after finishing the regular season with a league-leading nine assists and 27 points.

Idaho's Micron to sponsor former 'Carquest Bowl'

MIAMI - Idaho's Micron Electronics Inc. has announced its one-year agreement to sponsor the former Carquest Bowl.

The Micron PC Bowl will be played Dec. 29 at Pro Player Stadium, featuring teams from the Big Ten and Atlantic Coast conferences. It will be televised by TBS.

Financial terms were not disclosed. The bowl guarantees a payout of \$1.5 million for participating teams.

Micron's sponsorship is the third incarnation for the postseason contest. It was launched in 1990 as the Blockbuster Bowl, then renamed the Carquest Bowl in 1994.

CS-Northridge leads Big Sky after upset of Portland

Cal State-Northridge took things up a bit in the Big Sky Conference during the weekend with its upset win over Portland State and landed atop the league for its efforts.

Drew Hill caught nine passes for 68 yards and a touchdown to lead Northridge to a 32-28 victory over Portland State. Montana State had been alone at the top of the Big Sky, but it lost to Eastern Washington in its own 31-24 upset. MSU now shares second place with Montana, which had the week off.

In other games, Northern Arizona beat Weber State 20-17, and Sacramento State defeated Idaho State, 26-13.

Northridge (6-3 overall, 5-2 Big Sky) trailed 14-6 at the end of the first quarter but scored 26 unanswered points in the second to take a 32-14 halftime lead. The Mustangs' final score - on a 3-yard catch by Hill - came with 42 seconds to play in the half.

Compiled from staff and wire reports

Ohio St. crashes to No. 7

Tennessee grabs top spot in polls

The Associated Press Ohio State is out, UCLA is down but not out and Tennessee and Kansas State are in - as college football's new 1-2 punch. When Joe Germaine's fourth-down pass was intercepted at the goal line with 72 seconds left and Michigan State had upset Ohio State 20-14, the run for the national championship changed dramatically.

The Buckeyes (8-1, 5-1) not only lost the No. 1 ranking they had held since the preseason poll, but on Sunday found themselves on the outside looking in at a Big Ten title and trip to the Rose Bowl.

"Right now we can do one of two things," a dejected Germaine said. "We can learn from this and go on or we can luck our way out."

While Ohio State fell out of the national title chase, and to No. 7 in this week's Associated Press poll, No. 3 UCLA (8-0, 6-0 Pac-10) barely extended its winning streak to 18 games with a last-minute 41-34 victory over Oregon State. The Bruins needed Cade McNown's 61-yard touchdown pass to Brad Melsby with 21 seconds left to pull out another close game.

It's hard on 18, 19, 20-year-old kids, and it's hard on a 52-year-old man, UCLA coach Bob Toledo said after the Bruins' second straight narrow victory. "I'm extremely proud of our guys. They know how to win. They never give up, they never quit. They just keep battling."

The Bowl Championship Series standings will be released Monday, and it appears Tennessee and Kansas State will be in the top two places. The BCS matches the first- and second place teams in the Fiesta Bowl, with a national title on the line.

Tennessee (9-0, 6-0 SEC) moved into the No. 1 spot for the first time since Nov. 12, 1956 (the Vols held the spot for one week). Tennessee beat Alabama-Birmingham 37-13 Saturday as Tee Martin threw for one TD and ran for another.

The schedule gets tougher in the coming weeks. On Saturday, the Vols entertain No. 10 Arkansas (8-0) followed by a visit from Tim Couch and Kentucky (6-3) Nov. 21.

"It's been quite an accomplishment for this team," Vols coach Phillip Fulmer said. "I'm sure, though, we'll be focused on Arkansas."

No. 2 Kansas State (9-0, 6-0) just keeps piling up impressive wins. Michael Bishop threw for two TDs and ran for another two to beat Baylor 49-14 for their 17th straight victory.

On Saturday, K-State plays perhaps the biggest game in school history - against Nebraska, a team that has won 29 in a row over the Wildcats.

In other Top 10 games, it was No. 4 Florida 45, Vanderbilt 13; No. 5 Florida State 45, No. 21 Virginia 14; No. 6 Texas A&M 29, Oklahoma 0; No. 8 Wisconsin 26, Minnesota 7; No. 9 Arizona 41, Washington State 7; and No. 10 Arkansas 34, Mississippi 0.

Minnesota has right idea: Put Big Mac in Oval Office

As goes Minnesota, so goes the nation. Maybe it doesn't have the same ring to it as that infamous New Hampshire dictum, but the good people of Minnesota may have hit upon something when they elected former wrestler Jesse "The Body" Ventura governor of their fair state.

It seems the voters of Minnesota have discovered that sports and politics are not strange bedfellows. Both reward showmanship and toughness, each inspires down-to-the-wire drama, and more often than seems right, the winner of the game, or the election, isn't necessarily the better person.

Wrestlers, in particular, seem ready-made to enter the political arena. I mean, who better than wrestlers can muster the pretense politics rewards? If you get right down to it, wrestlers



Denver Broncos wide receiver Ed McCaffrey (87) stiff-arms San Diego Chargers defender Charles Dmyr (27) after a pass reception for a first down during the first quarter Sunday at Mile High Stadium in Denver. The Broncos raised their perfect record to 5-0 with a 27-10 win.

Broncos stay perfect But Denver loses Elway again in 27-10 win

The Associated Press

DENVER - Even without John Elway, the Denver Broncos had too much offense for the NFL's No. 1 defense.

Bubby Brister, who started after Elway strained his muscles during pregame warmups, threw two touchdown passes as the unbeaten Broncos downed the San Diego Chargers 27-10 Sunday.

Terrell Davis, the NFL's leading rusher, was held to 69 yards on 20 carries by a San Diego defense that ranked first in total defense and rushing defense. Still, Davis accounted for two touchdowns,

catching a 4-yard TD pass from Brister and running 24 yards for another.

Brister completed 20 of 33 passes for 229 yards and now has been primarily responsible for four of the Broncos' nine victories.

Ed McCaffrey, who caught Brister's other scoring pass, tied career highs in receptions (9) and yardage (133).

San Diego (3-6) got a touchdown pass from backup Craig Whelihan in the fourth quarter, and the Chargers tucked on a safety with 2:23 left when Brister was sacked and fumbled through the end zone.

Chargers rookie Ryan Leaf completed

only 4 of 25 passes for 26 yards with an interception and a sack before being replaced by Whelihan early in the third quarter. The Chargers had generated just 48 yards and two first downs to that point.

On Leaf's last pass, he was intercepted by cornerback Darren Gordon, who returned the ball 36 yards to the San Diego 7.

On the next pass, Brister rolled right and hit McCaffrey at the rear of the end zone for a 27-0 lead with 10:15 left in the third quarter.

Elway played only one series. He was

Press: See BRONCOS, Page A-8

Rusedski silences Sampras in Paris Brit rockets 18 aces in biggest win of career

The Associated Press

PARIS - In the biggest victory of his career, Greg Rusedski slammed 18 aces, including one on match point, and beat world No. 1 Pete Sampras 6-4, 7-6 (7-4), 6-3 Sunday to win the \$2.55 million Paris Open.

The 13th-ranked Rusedski also volleyed well, hit laser-sharp passing shots and returned beautifully.

It was the first time he beat Sampras in seven meetings.

"It was a magical match for me," Rusedski said. "I've never beaten the world's No. 1 before. It's the biggest match of my career."

Sampras, the defending champion, didn't show any visible effects of a back injury earlier in the tournament. But he was not at top form - especially in the third set. He double-faulted six times during the match.

"Greg was just too good," Sampras said. "My back was fine. He just outplayed me."

Both the 5th and second sets were close. In the first, the players held serve until the ninth game, when Sampras double-faulted on break point, giving Rusedski a 5-4 lead. The Briton closed out the set with two aces.

In the second, Sampras blew four break points in the second game. He eventually broke Rusedski for a 4-2 lead, ending with muffled fists. But at 5-4, serving on tie, he allowed Rusedski to break him again in a double fault. The set went to a tightly fought tiebreaker, which Rusedski won when Sampras hit into the net.

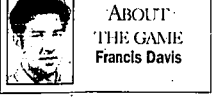
In the third set, Sampras looked defeated. Rusedski broke him for 2-0, and Sampras never recovered, despite playing a great service game to hold at 5-5 and put the ace clearing again.

Rusedski took a 6-0 lead in the final game, then hit an ace and jumped in the air, arms pumped.

"When he's not, he's tough," Sampras said.



British tennis player Greg Rusedski returns the ball to Pete Sampras Sunday in Paris.



ABOUT THE GAME Francis Davis

nominee for president Michael Dukakis riding around in a tank to prove he wasn't soft on defense.

And was there ever a better joke than Dan Quayle?

We might have gotten a hint of the future this summer when citizens sacking by the 'mumbo-jumbo' of the Clinton Starr affair turned their attention to two men of honor: Big Mac and Sammy.

Now, there's always been room for the occasional former athlete in the political arena. But for the most part, they've come from mainstream sports, such as former Buffalo Bill quarterback Jack Kemp and ex-Knicks Bill Bradley.

And isn't that the great Steve Largent trying for Newt's job? It seems like only yesterday when he was pulling in touchdown passes from Jim Zorn.

But Ventura's pending reign as the top dog in the former state begs one question: Will stop at wrestling? Why not turn the whole political show over to the athletes?

It seems by naming Ventura governor of Texas, the voters are thinking people of Minnesota have asked one big question: What's the difference? In this age of television, what is the difference between wrestling and politics?

With that in mind, and with tongue firmly planted in cheek, I nominate the following individuals and us into the next millennium.

Attorney General John Starks. This loud-mouthed knuck is always concerned with fairness in the courts. I'm sure he'll fight for the underprivileged as hard as he fights for me and mine. Press: See OFFICE, Page A-8

SPORTS

Office

Continued from A7
Secretary of State...
Secretary of Defense...
Secretary of State...
Secretary of Defense...
Secretary of State...
Secretary of Defense...
Secretary of State...
Secretary of Defense...



James Brown, quarterback John Elway is helped with his post-as he leaves the field at Mile High Stadium in Denver during the first quarter Sunday.

Broncos

Continued from A7
late coming out of the locker room because of the injury, and Elway played the second series, throwing a 12-yard pass that left him 30 yards shy of 50,000 yards passing for his career. But on their drive, he slipped and linebacker James Stewart fell on him, sidelining Elway for the rest of the day.

halftime lead.
Late in the opening period, Darren Bennett's shanked punt traveled only 17 yards, giving Denver possession at the San Diego 25-yard line. Five plays later, Brister rolled right and threw back left, completing a 4-yard TD pass to Davis.
The Broncos went 55 yards on their next possession, including Brister's 24-yard pass to tight end Shannon Sharpe, and Jason Elam kicked a 31-yard field goal with 8:57 left in the half.

Gordon-picks up record-tying 13th win on long, rainy day

HAMPTON, Ga. (AP) — Neither rain, nor wrecks, nor gloom of night could keep Jeff Gordon from closing out the 1998 Winston Cup season with a record-tying 13th victory.
On a rain-plagued Sunday that stretched into night at Atlanta Motor Speedway, Gordon capped a remarkable championship season with his 13th victory of the year to tie the modern record Richard Petty set in 1975.
Gordon's victory was his first since March of 1995 at the 1.54-mile Atlanta track, one of the few places he has struggled over the past four seasons, in which he has won three championships.
"O'nd the season this was really puts icing on the cake for the entire year," said

Gordon, who had clinched this year's championship with his win last week at Rockingham.
"To be able to do something that Richard Petty has done is a milestone and is something that I'm so thrilled and excited for this race team to be a part of."
This win, the 42nd of his career, came on one of the longest days in NASCAR history. Rain caused total delays of nearly 7 1/2 hours, pressing the track's lights into use to complete the race and the season.
At 11 p.m., an approaching NASCAR threw a yellow flag on Lap 150 to allow the teams to pit more safely on a still-damp pit road. After that yellow, with the threat of more rain heading

toward the track, the teams were given 25 laps to determine a winner, shortening the race from 200 to 221 laps.
Several teams pitted on two-lap stops, with Mike Samuels and Dale Earnhardt coming off the road first. Todd Bodine, Ken Schrader, Jimmy Spencer, Judd Trickle and Morgan Shepherd took on two tires and got out ahead of Gordon, with pitman tires.
The green flag hit start on Lap 197, and entering turn 1 on Lap 198, Gordon's car made contact with Steve Wallace and racer Earl Alvarez. Shepherd spun sideways and slammed the outside wall. Gordon's car, meanwhile, sustained damage on its right front but continued under power.

Wisconsin quarterback cited after fracas

MADISON, Wis. (AP) — Mike Samuel, the quarterback for No. 8 Wisconsin, and his brother were cited by police for battery after a fracas outside a Madison tavern, officials said Sunday.
The police report said Samuel, 23, and his brother James, 30, were taken into custody after the

incident with Blake Pansch, 21, who was treated for facial injuries at a local hospital and released.
Mike Samuel was cited and released, while his brother, an out-of-state resident, was jailed until posting bail, the report said.
The Badgers (9-0) beat Miami

26-7 Saturday.
Sports information director Steve Malow said earlier Earl Alvarez was conducting his own investigation, as he always does in such cases, and early indications were that Mike Samuel may have acted in a defensive manner.

SCORES AND STATS

Table with multiple columns for various sports including NFL, NBA, MLB, and college football. It lists game results, scores, and key statistics for each event.

Table containing various sports-related information such as NFL standings, NBA standings, MLB standings, and other league-specific data.

Table containing various sports-related information such as NFL standings, NBA standings, MLB standings, and other league-specific data.

OTHER VIEWS

Jesse 'The Mind' Ventura's lesson for mealy-mouthed pols

From The Philadelphia Enquirer

Behind every major party candidate, it seems, is a campaign manager whispering "Stay on message. Don't shoot from the hip. Ignore ticklish details even if angered."

Voters understandably tire of candidates who too often sound too much alike. It's a handicap that didn't hold down Jesse "The Mind" Ventura, the former wrestler and talk-show host, who appended two major-party candidates to become governor-elect of Minnesota this week.

What's missing from the national laughter fueled by late-night talk show hosts is the reality that Mr. Ventura apparently sounded a lot more believable than his better-funded, experienced opponents.

Instead of blubbing like a fringe crackpot, he talked of being a fiscal, conservative who opposed government interference with decisions on abortion and the sex of marriage partners. He refused special-interest campaign money and opposed school vouchers

and be mentioned — without endorsing — legalizing prostitution and drugs. Then he beat St. Paul Mayor Norm Coleman, the Republican, who got 34 percent of the vote, and political chief and state attorney general Hubert H. Humphrey III, who mustered only 20 percent. Mr. Ventura became the Reform Party's first statewide victor with only 37 percent of the vote.

Sure, Minnesotans have an inclination toward voting for the alternative, and Mr. Ventura didn't lack name recognition. But another major factor here is that state's very democratic public financing system that offers financial help to a candidate whose party got 10 percent of the vote in the last election. To qualify, the candidate must raise a mere \$33,500 from about 700 donors. Then, all gubernatorial candidates face spending limits of \$1.9 million in the general election.

So when all the dust settles on this shockingly refreshing upset, public officials might want to focus on talking straight, answering hard questions, and watching out for surprise body

After the dust settles on Ventura's election, public officials might want to focus on talking straight and answering hard questions.



Voters: Focus on the issues, not the scandal

Never has so little electoral change been so pregnant with political meaning. Tuesday's midterm elections sent very few incumbents packing — only six of 401 House members, three of 30 senators and two of 24 governors — and they left the parties virtually unchanged.

It's hard to imagine a set of results that would constitute a more ringing endorsement of the status quo. A healthy economy, an optimistic citizenry and a president enjoying strikingly high job approval ratings are not the stuff of which voter rebellions are sparked.

But in spite of this seemingly benign environment, this was no ordinary year in American politics. For almost 10 months the Washington community has been convulsed by a presidential scandal — one rooted in reckless sexual behavior by Bill Clinton but less substantial in weight by its linkage to a civil suit against the president and an investigation by Independent Counsel Kenneth Starr of possible perjury, obstruction of justice and witness tampering.

It is impossible to overstate the extent to which the political community felt betrayed by the president and convinced that he would be forced from office, one way or the other.

The public, on the other hand, while morally offended by the president's misbehavior and skeptical of the content of his character, has been steadfast in its belief that Clinton's personal failings did not compromise his ability to function successfully as chief executive. Each new

THOMAS E. MANN

public revelation of titillating details served mainly to reinforce their view that the effort to force the president from office was both unwise and, at least in part, politically motivated. This gap between Washington and public opinion had to close before the president's future could be resolved. Now that the election returns are in, we know how that gap will close. The message from the election is crystal-clear: The Washington community will have to accommodate itself to the views of the country.

This will definitely not be another case in which "knowledgeable" political elites educate the public on the proper course of action. Barring some startling, credible new charges against the president, the natural survival instinct of House Republicans will almost certainly lead them to curtail their formal impeachment inquiry and find some resolution to this matter short of voting articles of impeachment, probably before the year's end.

Ironically, this message was not sent by making the midterm elections a referendum on impeachment. Very few candidates in either party made the scandal a centerpiece of their campaigns, and a very small percentage of citizens appears to have used the vote to express strong views on the president's misbehavior. To be sure, some changes in turnout patterns (such as the increase among blacks) may have been influenced by feelings about the president and a few close races could have been affected at the margin by the scandal and

the impeachment process. But the public sent its message primarily by seizing back the campaign agenda, by rejecting offers (including the last-minute advertising blitz by the Republican Party) to make the Bill and Monica story the centerpiece, by insisting that the election be about matters of consequence — the health of the economy, the record, ideological center of gravity and image of the two parties; and the relative attractiveness of the candidates on the ballot.

Thanks to the public, we may soon be able to close down those long-running cable TV series on the crisis in the White House and return to more interesting and consequential questions about politics and policy. For starters, the historic loss of seats by the House Republicans and the failure of the Senate Republicans to gain ground is a major blow to the majority leadership in Congress and stands in stark contrast to the stunning victories enjoyed by a slew of more pragmatic Republican governors.

The Republican Party has a good deal of soul-searching to do about where it's most promising future lies, a process that could pay dividends for both the party and the country. And, after their demoralizing defeat four years ago, Democrats have buoyed spirits about their prospects for regaining control of Congress in 2000 and incentives to work with the president to fashion a credible, attractive program for governing. Sure beats more scandal talk.

Thomas E. Mann is director of governmental studies at The Brookings Institution in Washington.

The Times-News

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Getting in touch

- Want to make your feelings known to your representatives in Congress? Here's how:
 - Sen. Larry Craig
 - in Twin Falls, call or write: Mike Stachurs, regional director, 2222 Center Blvd., Twin Falls, ID 83301, 734-6780
 - in Washington: 302 Hart Senate Office Building, Washington, D.C. 20510, (202) 224-2782
- To send an e-mail letter, the e-mail address is: larry_craig@crag.senate.gov
- Rep. Mike Crapo
 - in Twin Falls, call or write: Ursula Noms, field representative, 628 Blue Lakes Blvd. N., Twin Falls, ID 83301, 734-7219; fax 734-7244
- in Washington: 302 Hart Senate Office Building, Washington, D.C. 20510, (202) 224-6142
- To send an e-mail letter, you need a computer, telephone modem and an Internet connection. You will also need to be a subscriber to an online information service such as Compuserve. The e-mail address is: dirk_kempthorne@kempthorne.senate.gov

LETTERS

Veterans deserve benefits

As another Veteran's Day has arrived, I am wondering what the public's interest has become of our Veterans of Foreign Wars. We have enjoyed a generation of peace, with the exception of the low-casualty Gulf War. I hope we are not out of sight, out of mind, and yet we don't want to be looked upon as some kind of special-interest group.

Most of us have never demanded more benefits or whimpered by our life in life because of our service in our time. We have contributed to this nation as honest tax-paying citizens for more than 50 years and considered our war-time disabilities as simply the price we had to pay to maintain a money-free world.

However, if veterans' demands for more benefits are excessive, we will be rejected by the average citizen as out of line. Today, we will have to earn the recognition and the money. We veterans want to be remembered on this Veteran's Day, not only for the sacrifice made many years ago but also, more importantly at this point in history, by what we are contributing to benefit the nation today.

H.E. (GENE) POLLARD
Jerome

Smell that hogwash a mile away

Maybe it's hogwashness or just greed. I don't know that bigger is better. I don't like rules, but maybe this one would work.

Any person or persons who knowingly sell property for what would be a mega hog farm or mega dairy, etc., and all owners and partners of this enterprise and the commissioners and zoning people who approved this project should, with their families, be obligated to live within a hundred yards of the lagoons, downwind of the prevailing winds for most of the year, for years with their own wells.

If there is a problem, they will be the first to know and hopefully fix it.

DEE PENDERGRAFT
Hollister

Why are we immunizing?

I am writing you about a story that was written on childhood immunizations. My daughter is the one who died 1 1/2 days after receiving her shots.

After my story, another one was printed, saying that there was no proof of the shots having anything to do with my daughter's death. If this isn't proof enough, I don't know what would be. My daughter was perfectly healthy.

One week before she died, she had a full exam, and then seven days after receiving her shots, she died of the same exact disease she had just received her shot from.

Now if that shot did not give her the disease, as the medical experts say that is impossible, then immunizations don't work because if the did, my daughter wouldn't have died. So why are we immunizing?

I also have medical records to prove this. This has also happened to people in our area who are also willing to come forward, a child has serious brain damage, etc.

ANGELA VASQUEZ
Burley

Hospice here for your benefit

On Nov. 1, Magic Valley Staffing Service Inc., Hospice Division joined the Hospice Association of America, the National Hospice Organization and more than 3,000 hospices throughout the United States in kicking off the November celebration of National Hospice Month.

Hospice is a program designed to help patients facing life-threatening illness remain comfortably at home with their families.

Caring for a loved one in these circumstances can be a difficult and often frightening experience.

Our hospice staff will be with you every step of the way, helping with things you need help with — providing for medical care, medication, medical supplies, arranging for interim caregivers, providing emotional and spiritual support, teaching family members how to provide the best possible care, and providing guidance with administrative tasks such as preparing a living will and making funeral arrangements.

And we'll be right there when you need us most, during your bereavement period.

Hospice care is covered by Medicare, Medicaid and most private insurance plans.

Over the years, it has been our privilege to assist hundreds of families in the Magic Valley.

The most common comment we hear from families is, "I wish we had known hospice sooner." Please call us now to see how we can help you.

Every day of life is precious. Visit or call the Twin Falls office at 200 Second Ave. N., 734-6500. Outside the Twin Falls area, call

(800) 303-0602.

Our staff will be available to answer any questions.

SUSAN HARRIS
Magic Valley Staffing Service
Hospice Team
Twin Falls

Write to us

The Times-News welcomes letters from readers on subjects of public interest. To make sure your letter is published promptly, here are a few guidelines to remember:

- Letters should include the writer's signature, mailing address and telephone number. Letters considered libelous, obscene or in bad taste will be rejected, and The Times-News reserves the right to edit all letters.
- Because of space constraints, please limit letters to 400 words.
- Letters may be brought to our Twin Falls office, mailed to P.O. Box 548, Twin Falls, ID 83303, or sent by fax to (208) 734-6538.
- We do not publish verse or poetry, and we generally remove or limit religious quotations. Articles taken from other publications will not be reprinted. We look forward to hearing from you!

Doonesbury



By Garry Trudeau



Mallard Fillmore



By Bruce Tinsley



Farmers factor into global economics

Very much of the world, farm prices are down and farmers are hurting.

In America, Congress has assembled a \$6 billion farm credit package, while prairie populists are trying to revive the sort of permanent farm subsidies that in the United States kept in place from 1933 to 1996.

In England, accounting firms say that farm income fell by about 50 percent in the last 15 months and may fall another 50 percent by next June. Without subsidies from the European Union, only 20 percent of British farms would be earning profits.

In Russia, most of the farms are literally bankrupt. The country is unable to feed itself, and there is no money available for food imports. Not surprisingly, Russian farmers are demanding a return to the old pattern of subsidies from Moscow.

Nothing new is happening to the world's farmers and it's the problem. They're all still hostages to the world's farm subsidies and trade barriers, and its economic ups and downs.

World farm prices are just about where we should expect, given all the world's subsidies, pervasive farm-trade barriers and sluggish economic growth.

European export subsidies still hammer down prices in the world market made a "dumping ground" by farm-import barriers in most countries.

One key thing to remember amid the global fallout from the "Asian flu" is that nations around the world could make the slump even worse if they grab the wrong farm "solution" to the policy shield.

The Asian slump started in Japan with an artificial scarcity of land in one of the world's most crowded countries.

Japan has less land area than California but five times as many people.

Japan worsened its land scarcity by insisting on food self-sufficiency and high rice prices. In the 1950s, two-thirds of Japan's population lived on farms. It's voting may have never been withdrawn, so rural votes have

DENNIS T. AVERY

been three times as important as urban ones.)

As Postwar Japan entered its export boom, many farmers earned higher incomes - and the legislature kept raising rice prices in parallel. In recent years, the Japanese rice price has been

We must remember that the world's poor countries have 90 percent of their people on farms, and hardly anyone lives well. Rich countries have less than 5 percent of their people on farms and virtually everyone lives well.

as much as 10 times the world market price.

Japan barred any rice imports, even a tourist's five-pound bag of souvenir rice from Thailand.

Since the government justified its rice policy on a perceived need for food self-sufficiency, it also imposed heavy penalties on converting land from farming to urban uses.

All of this gave Japan annual million-ton rice surpluses. But the policy also created a severe shortage of land for businesses, roads, parks and housing.

Land values became astronomical. By 1990, a builder asked \$2 million for a modest-size new house with a tiny garden in a middle-class suburb that was an hour commute from downtown Tokyo. Meanwhile, average rice land was valued at \$50,000 per acre.

Japanese investors told themselves they couldn't lose money on Japanese land; it was too scarce. But then the Japanese land boom collapsed.

Japan's banks were stuck with more than \$400 billion in bad loans, the biggest share of them involving real estate.

The banks have not yet been able to work off the old loans or make many new ones. Japan's economy, the world's second largest, has fallen into a prolonged recession.

Even worse, when Japan's lending dried up, its borrowers in

South Korea, Indonesia, Malaysia and Thailand went bankrupt.

Japan's rice policies are not the whole explanation for the Asian flu, of course. Other, even larger problems festered, including massive corruption in Indonesia and Russia's failed effort to convert from Stalinism to the market.

But a key trigger for the United Flu was the collapse of Japan's land boom, which traces directly back to ill-considered farm subsidies. Countries that try to stop the modern era's exodus from farming risk destabilizing their whole economies, as Japan did. For example, the European Union will mortgage its future economic competitiveness if it extends the costly Common Agricultural

Policy in Eastern Europe.

Subsidies don't guarantee that farmers will keep farming when better, easier jobs are available. America had farm subsidies for 60 years, while the number of people active in farming dropped from 20 million to 3 million.

We must remember that the world's poor countries have 90 percent of their people on farms, and hardly anyone lives well. Rich countries have less than 5 percent of their people on farms and virtually everyone lives well.

Nonetheless, countries must provide their farmers with opportunities for profit or else their farms, rural communities and good land-management practices are all in real

it's a difficult balancing act. However, the world has tried farm subsidies, and history says they lead only to higher farm subsidies until the strains become too great and the subsidy systems collapse.

What we haven't tried is liberalizing farm trade, especially in a world where billions of people are newly affluent and hungry for meat and milk.

We are going to be given another chance for a next year at the World Trade Organization summit. Will the world seize the opportunity?

Dennis T. Avery is director of global food issues for the Hudson Institute of Indianapolis. He is based in Churchillville, Va.



Political weather calls for big buyouts

From here in the have-no-mercy-liberals camp, the political weather continues delightful. What could be more fun than watching Republicans turn on one another, snapping and snarling, and left hooks, right jabs and mud pies? Splendid doings.

From a strategic point of view, I suppose I should watch House Speaker Newt Gingrich to see where he is, considering that he's both hateful and incompetent. But I must admit to a mild case of Greater Good here: I'd really like for America to see Gingrich in its rearview mirror, because I think he's a nasty piece of work who has brought American politics even lower than it would otherwise go. It's a good-of-the-nation moment.

MOLLY IVINS

which the superb investigative team of Don Barrett and Jim Steele is unshook on the subject of corporate welfare. Holy mackerel — what a story.

I'd really like for America to see Gingrich in its rearview mirror, because I think he's a nasty piece of work who has brought American politics even lower than it would otherwise go. It's a good-of-the-nation moment.

The same might be said for our Texas in the House leadership, Majority Leader Dick Armey and Majority Whip Tom DeLay. Personally, I've always wondered what it says about Republicans that those two were chosen for leadership positions in the first place. Armey is an ideologue of no noticeable political skill, and DeLay has been so clumsy and heavy-handed in his abuse of power that it's been painful to watch, whether you're for him or against him. Let the caucus decide.

In the meantime, a wonderful corrective has appeared on the horizon — an astonishing piece of journalism so timely and so much more pertinent to what is actually going on than all this political blather that I'm tempted to announce it in terms of "Lo, a star in the East."

While the R's and the D's sit here having this silly pretent debate (education, the environment and Social Security, chant the D's; less government and lower taxes, chant the R's), what's really going on is being ignored by everyone. They're all giving away the store — no big corporate campaign donors, of course. Even for those of us who regularly follow corporate welfare, the Barrett-Steele investigation is mind-boggling. To what depth, breadth and height can corporate welfare reach? And how much is it costing every one of us? Barrett and Steele not only dug out the answers, they dug out still more astonishing information. The system doesn't even work; it's not producing jobs. All these taxpayer rip-offs, subsidies, tax abatements, low-cost loans — all for nothing.

While state and local governments have caved in to this folly to an extent that's beyond stupid and well-judged embarrassment, the feds are still the biggest Uncle Sugar of them all, handing out \$125 billion in corporate welfare during a time of robust economic growth and corporate profits. It's insane. Barrett and Steele's conclusion is that the corporate welfare system exactly mirrors the most criticized aspects of traditional welfare programs: It "is unfair, destroys incentive, perpetuates dependence and distorts the economy." But instead of rewarding the poor, it rewards the powerful.

At the state and local levels, the folly knows no bounds. The investigators found cases in which governments gave away \$323,000 in taxes and services to secure a \$50,000 job that couldn't yield that much in taxes over several lifetimes.

And as usual, the system is weighted toward the highest (and biggest contributors). "Ten million jobs have been created since 1990. But most of those jobs have been created at small- and medium-sized companies, from high-tech start-ups to franchised cleaning services. Fortune 500 companies, on the other hand, have erased more jobs than they have created this past decade, and yet they are the biggest beneficiaries of corporate welfare."

This is my idea of extraordinary political journalism — investigating the real effects of politics on our lives. True, it has nothing to do with spin, counter-spin, Monica Lewinsky, but it sure does make a lot of difference to the people of this country. I think they'll appreciate knowing about it.

Molly Ivins is a columnist for the Fort Worth Star-Telegram.

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IDAHO/WEST

IDAHO IN BRIEF

Ousted Bingham judge wants his job back

BLACKFOOT — Just four weeks after he was dismissed as Bingham County magistrate, Dalzon Esplin is applying to get his job back.

Esplin said he does not plan to change the way he handled magistrate court.

"Good people need to stand by their principles," he said. "Sometimes it requires a little bit of personal sacrifice."

Esplin said he was attacked for bringing his religion into the courtroom. He is a member of the Church of Jesus Christ of Latter-day Saints. Judge James Herbold, the commission administrative judge, said Esplin's dismissal was not linked to his religion.

Esplin, who was under the commission's jurisdiction for his first 18 months, was reviewed a rare three times before some members of the panel called for a vote to dismiss him.

According to Idaho Court Rules, the commission does not have to give any explanation for a magistrate's dismissal. Aid Elertson has refused reporters' requests to make public the records of the proceedings to remove Esplin.

Graduation standards head for approval

BOISE — What high school seniors will need to know before they graduate from Idaho schools appears headed for approval by the State Board of Education in December.

The board's insistence on meeting its December deadline comes after a disappointing round of public hearings in October that were dominated by supporters of cretinism.

Some educators are warning that the volunteer Existing Standards Commission, charged with setting graduation standards, has not spent enough time to draft a thorough list. And those concerns will be on the minds of the commission when it meets in Boise this week to prepare a final copy of recommendations to present to the Board of Education next month.

Idaho is one of only a handful of states that have not set standards for high school graduation.

Winning candidates spent and raised more

BOISE — Winning Idaho candidates in last week's general election consistently out-raised and outspent their opponents, except in one race for Supreme Court justice.

In the Supreme Court race, Wayne Kidwell raised \$60,282 compared to \$89,411 raised by Michael Wetherell. Kidwell spent \$57,755, according to Idaho campaign reports through Oct. 31. Wetherell spent more than \$81,600 in his failed attempt to sit on the high court.

In other races, Republican Gov.-elect Dick Kempthorpe spent more than \$1 million of the \$1.2 million he raised.

Kempthorpe's Democratic opponent Robert Hundley raised \$220,000 and spent nearly \$207,000 in his failed attempt to beat the popular Republican.

Huntley was unable to buy television time, instead spending his money on radio and print ads.

Water assessment plan ready for comment

BOISE — A draft of Idaho's Source Water Assessment Plan is ready for public comment and copies can be obtained from the local office of the Division of Environmental Quality, DEQ officials said.

Comments from the public will be considered in the preparation of a final document that will be submitted to the Environmental Protection Agency, according to Donna West, chief of the agency's Watershed and Aquifer Protection Bureau.

Local comment sessions in conjunction with state agencies, will use the information gathered through the assessment process to create a broader source water protection program to address current problems and prevent future threats to the quality of drinking water supplies.

Snowmobile registration stickers available

BOISE — Registration stickers for the 1999 snowmobile season, now are available, according to Idaho Department of Parks and Recreation officials. A registration sticker is required for all snowmobiles operating in Idaho.

Eighty-five percent of the registration fees go directly to local programs such as plowing parking areas, cleaning restrooms and promoting the more than 6,000 miles of snowmobile trails in Idaho. Snowmobilers may designate which county they want to receive the fees at the time of registration.

Students meet to discuss school violence

POCATELLO — More than 200 students met Saturday for the Idaho Youth Summit at Idaho State University to focus on finding youth solutions to youth problems.

The peer mediation program is part of the Pocatello School District's efforts to tackle the growing problem of violence in schools. "And though many programs are in their embryonic stages, peer mediation is a significant step forward," said Claudia Hasselquist, the state's coordinator for Safe and Drug Free Schools.

"There are no easy and quick fixes for this," Hasselquist said. "We have work to do, but we are moving forward."

Idaho officers learn importance of forensics

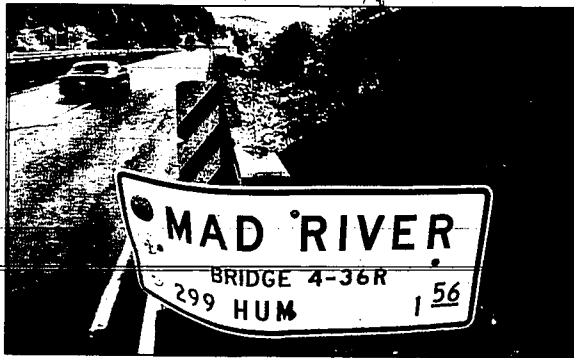
IDAHO FALLS — About 75 eastern Idaho police detectives from 16 counties attended a three-day conference on homicide investigations and how blood, bite marks and the crime scene leave clues to what happened.

The goal of the Tri-County Sheriffs Association-sponsored conference was encouraging detectives to think similarly when working together on a murder case. Then they know they have not forgotten to look for a potentially key piece of evidence, Bonneville County Sheriff's Detective Victor Rodriguez said Friday.

"If any of us have an old and unusual case, we will all get together to sit down and talk about it," he said. "Just by talking about the blood spatter and the crime scene, we usually get a lot of them solved quickly."

Compiled from wire reports.

CONFESSION LEADS OFFICIALS TO RIVER



Investigators will begin searching the Mad River Ford in Arcata, Calif., for an unidentified woman's head that Wayne Adam Ford said he buried in the river channel. Authorities say Ford gave himself up to authorities as he was holding a severed breast. Authorities say Ford admitted to four killings and is under investigation for up to six killings.

Utah rancher facing charges surrenders

HEBER CITY, Utah (AP) — An eastern Utah rancher charged in the deaths of a Duchesne couple turned himself in to authorities at the Wasatch County Jail here on Sunday.

An attorney for John R. Pinder, 40, said he did not want to surrender in Duchesne County because of concerns about his safety if he was booked into the jail there.

Pinder and Filomeno Valanchia Ruiz, 34, were charged Thursday with capital homicide in the deaths of Rex K. Tanner, 48, and his girlfriend, June Flood, believed to be in her mid-50s.

Ruiz was arraigned Thursday before 8th District Judge John R. Anderson on amended charges that included murder and witness-tampering. An arrest warrant was issued for Pinder, who also was charged with tampering with evidence, a second-degree felony.

Reenactment of historic flight reaches coast

BURBANK, Calif. (AP) — A reenactment of the first transcontinental flight by black pilots has concluded the West Coast, 65 years after the historic journey.

A single-engine Cessna landed Sunday at a private terminal at Burbank Airport. About two dozen black aviators, including members of the famed Tuskegee Army of World War II, were on hand to greet the fliers.

The flight commemorates the July 1943 achievement of New Jersey surgeon Albert Forsythe and Charles Anderson. They flew more than 4,000 miles, stopping at more than 50 airports, airstrips and makeshift landing spots such as cornfields.

"As I was flying, I was really thinking about what a difficult thing that trip was," said Leslie Myers, 62, of Green Valley, Ariz., who piloted the Cessna. "I was thinking about how hard it was to be doing what they were doing, to not be accepted anywhere."

The other Cessna pilot was Jon Lawrence, 28, of Tucson, an aviation student at Arizona State University.

The most westerly stop on the original transcontinental flight was at Grand Central Airport in Glendale, however, it no longer exists, so the neighboring Los Angeles suburb of Burbank was substituted for the recreation.

The cross-country flight is credited with helping open U.S. skies to black pilots but is little known by the general public.

"My uncle was quite a pioneer in his days, but he hasn't had that much recognition," said Roger Forsythe, a Pasadena physician who was among the greeters.

Anderson, a Bryn Mawr, Pa., native, learned to fly by observing other pilots. His 40-minute flight with First Lady Eleanor Roosevelt in 1941 was the catalyst that led to the training of the first black military pilots. Eventually, he became the chief flight instructor and member of the Tuskegee Army, the much-decorated World War II flying corps.

Myers, a retired airline captain, is president of the Black Pilots of America, whose members are reenacting the flight rally-style. The first team took off on Wednesday from New Jersey. San Francisco and Salt Lake City also were on the itinerary before the plane heads back east.

Governors will attempt to agree on date for Western primary

CHEYENNE, Wyo. (AP) — A date for a Western presidential primary election will be recommended at a meeting of elected and party leaders from eight Western states in November in Salt Lake City.

The creation of a Western primary has been a goal of Wyoming Gov. Jim Geringer, chairman of the Western Governors' Association.

"Issues important to the interior or West have been virtually ignored in past elections," Geringer said in a statement issued Friday. "If several states band together to hold a primary, we increase the odds that the voice of the West will carry beyond our borders and all the way to Washington, D.C."

Nevada Assembly Minority Floor Leader Lynn Hettrick, a leading legislative advocate for the issue, said a Western presi-

dential primary will force candidates to visit the West and come to grips with regional issues such as water, public lands and mining.

"We don't believe we're going to change the world here," said Hettrick. "We believe we're going to tilt it to the West."

An early March date could make the region a deciding factor in nominating presidential candidates, said Utah Gov. Mike Leavitt, who has also led the drive for a Western primary.

Among the political experts who will offer their views are former Idaho governor and Interior Secretary Cecil Andrus and Dick Wirthlin, pollster and advisor to former President Ronald Reagan. "Dick Wirthlin knows first hand what a presidential campaign considers in deciding

where to spend its time, money and effort," said Leavitt. "We want his advice on how to get candidates not only to make stops in the region but also to seriously research and understand the issues important to our states and region."

California's March 7 primary and its potential impact on the intermountain states will also be discussed.

Participating in the meeting will be legislators, governors' appointees and party leaders from Arizona, Colorado, Idaho, Montana, Nevada, New Mexico, Utah and Wyoming.

Once the Western Governors' Association's Western Presidential Primary Task Force makes its recommendations, each legislature will have until July to take action and forward their plans to the national Democratic and Republican parties.

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Dear Abby:
Abby gives her
best advice.
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Classified B7

Features Editor: Steve Crump - 733-0911, Ext. 223

The Times-News

Monday, November 9, 1998

Section B

Watch out for shoppers when a hurricane is coming

No doubt you've been waiting to hear about my hurricane experiences during Hurricane Georges. The worst moment came when my home was being tossed around violently, attacked by savage, uncontrollable forces of terrifying power. This happened in the supermarket two days before Georges arrived.

Going to the supermarket is a tradition for us hurricane veterans in the Miami area. When we hear that a hurricane is coming, we calmly and efficiently implement our Hurricane Preparation Plan, which is: (1) Panic, and (2) Buy random stuff.

One thing we always buy is bleach. Even if we already have — and most of us do — 25 bottles of bleach at home, we buy more. We have no idea why, we never actually use it. Maybe we secretly believe that the hurricane is afraid of bleach. Or maybe Clorox hires actors to go to supermarkets, posing as hurricane veterans and

loudly remarking, "After Hurricane Andrew, the thing that saved our lives was bleach!" Whatever the cause, there's always a desperate, shoving mob in the bleach aisle, and if you're lucky enough to actually get a bottle, you must guard your shopping cart with firearms (which, in Miami, are sold in the firearms aisle).

Once you have your bleach, you race frantically around the supermarket buying a massive supply of Emergency Hurricane Food, defined as "food that you will never actually consume, even if the alternative is to eat your sofa." You find yourself fighting with people for the dried corned beef and Del Monte Lima Beans With Prune Parts in Hearty Clam Broth. During this phase, the supermarket employees often play pranks on the shoppers ("I put out a dozen cans labeled 'Sheep Vomit,' and they were gone in seconds").

The supermarket frenzy is one of the most dangerous times in any hurricane. I was almost struck by an elderly woman pushing a shopping cart full of bleach, and at least 7,000 pounds of cat food at a sustained velocity of 28 miles per hour (the National Weather Service defines this as a "Category 4 Shopper").

Finally I made it home, where I implemented the next phase of the Hurricane Preparation Plan: watching the TV weather experts demonstrate, using meteorological science and state-of-the-art satellite and computer technology, that they have no idea what is going on. They stand in front of their giant, complex weather maps and say things like:

"...the path that the hurricane will take depends on whether this system here moves any closer to this system over here, which would cause this other system to become jealous of this system, which is secretly having an affair with this system, unaware that this system and the legitimate child of this system and the gardener, Raoul. On the other hand, if this system ..."

The irony was, I knew exactly where the hurricane was going. It was headed to do with so-called "meteorology." It had to do with my hurricane shutters. Hurricane shutters are metal panels that many residents of hurricane zones keep in their garages under a protective blanket of dead spiders. These panels are scientifically engineered such that, if you fasten them correctly to all your windows, you will have long bleeding gashes on both hands. Also you will guarantee that a hurricane will not come. A hurricane can, using its eye, see whether you have your shutters up, and if you do, it will go somewhere else, emitting powerful gusting chudles.

Unfortunately, I would have had my shutters up, thereby helping Georges away, but as it happens, this year I ordered new shutters (the edges of the old ones were getting dull). As Georges was forming, workmen I hired took away all my old hurricane shutters and piled new shutters and hardware all around my house. This presented Georges with a rare opportunity: Not only could I destroy my house; it could destroy my house by whacking it to pieces with my new hurricane shutters. So Georges aimed straight for my house. If the weather experts had known, they could have just said, "Hurricane Georges is currently at latitude X and longitude Y, and it is going to Dave Barry's house."

Fortunately, I happen to be a pretty handy "do-it-yourselfer," so rather than leave the new shutters lying on the ground, I was able, using my natural mechanical ability, to beg the workmen to put them on. So they did, and Georges immediately swooped away. (I sincerely apologize to the people it hit, but at that point, I was no longer steering).

For the remainder of the hurricane, I watched the TV coverage, which consisted mainly of TV reporters in bright yellow

Please see DAVE, Page B2

Fitness never gets old



Bob Benoit works out in the gym at the College of Southern Idaho. Since his trip to the hospital 18 months ago, Benoit has only missed working out after his surgery. Otherwise, he says, he hasn't missed a day.

How to make the retirement years your salad days

✓ Plan ahead

Being more active on a daily basis could be the most important thing you can do to stay fit. For some folks, that may be as simple as taking a 30-minute walk once a day. If that seems too challenging, thirty-three 10-minute walks.

✓ Take weight control seriously

For every inch that your waistline exceeds the size of your chest, you can deduct two years from your life. For all the world to see, a perfectly round waist that you are either during too much, exercising too little, or both. Regular exercise causes an increase in basal metabolic rate, in the pace at which food is used by the body.

✓ Join the resistance

Resistance training — lifting free weights, working out on machines or stretching elastic bands — is absolutely critical for older folks. It helps strengthen bones, maintain the effects of osteoporosis, reduces blood pressure, increases stamina and builds balance.

✓ If it hurts, don't do it

There are plenty of kinds of exercise. You don't have to pick one that makes you uncomfortable. If you have bad knees, avoid movements where you twist or change directions quickly. If your back is over 60, choose movements done with a neutral spine (not rounded,

Some get-going-level exercises

- ✓ Lifting free weights or wearing wrist and ankle bands of graduated weights.
- ✓ Leg lifts.
- ✓ Abdominal crunches.
- ✓ Isometrics, including pushing against a wall with your legs, arms and backside.
- ✓ Lifting and carrying groceries, laundry, small grocery items.
- ✓ Climbing stairs.
- ✓ Rowing or cycling.

— Source: Susan Heary, FitnessLink

arched or twisted).

✓ Work out with a friend

The statistics show that you're three or four times more likely to continue working out if you have an exercise buddy.

✓ Don't let exercise become drudgery

You're too old to go to boot camp; working out oughta be fun. Choose an activity that you enjoy, join an exercise

Please see EXERCISE, Page B2

Turning your lifestyle around

By Rachel Denny
Times-News correspondent

TWIN FALLS — At age 67, Rob Benoit weighed 275 pounds. His blood pressure was a stratospheric 230/90.

"I had become fat," Benoit said. And then, one of the most frightening and embarrassing things in his life happened.

He was shopping with his wife one day when he began to feel ill. Very quickly, he found himself in the intensive-care unit at the hospital.

"They brought in a scale that was part of a chair," he said. "That was one of the most embarrassing things in my life."

This is what caused Benoit to take control of his life, and exercise.

"After my doctor got the blood pressure controlled, he didn't say anything," Benoit said. "He didn't write out a diet or anything. From then on my wife and I had a change in lifestyle as far as food was concerned, and then, 10 days later, exercise."

Jan Mittleider, College of Southern Idaho wellness coordinator and teacher of senior-citizen fitness classes, said that with aging comes many misconceptions about exercise and the dangers of it.

As a result, folks like Benoit allow their health to plummet downhill due to lack of exercise.

"One of the things we have to deal with is by the time we get to be over 60, most of us have to manage a chronic ailment," Mittleider said. "There's lots of stereotypes about aging that are still with us."

One thing many people still believe, Mittleider said, is that by exercising you will wear out the number of heartbeats you have left.

That's a myth, Mittleider said. People get healthier when they exercise. "I've seen women in their 90s make dramatic improvements," Mittleider said. "Exercise is a great mood elevator. When it is of the right type and intensity it is one of the most important things a person can maintain."

Mittleider suggests beginning exercise routines moderately and slowly. The routine can be a variety of things: jogging, for example, and then perhaps walking.

Older folks also have to get into some type of strength training.

"As you get comfortable develop a more vigorous exercise program," she said. "And it needs to be something you enjoy or you won't do it."

If a person has not had any exercise for a long period of time, simple things such as parking the car at the end of the

Please see LIFESTYLE, Page B2

For guys who venture out into noontday sun

DEAR PAULA: I hope you do not mind hearing from a man. I read your article on sunscreen with great interest. I want to thank you without exposing myself to harmful UV's and UVB rays. I wear Estee Lauder DayWear SPF 15. It is quite nice. I have "tested" this stuff out on the golf course, and mowing the lawn a number of times during the past six weeks. It does work! I mean that I sometimes forget to wear it. The back of my neck, put immediately, but my face was always protected.

Also, I really would like to ask you what you think of a man using some of these products, which really seem to be for women. I have kind of stumbled into this rather unwittingly, and I'm not sure I'm supposed to be here. As I have never run into another man at a cosmetics counter, I'm not really sure what makes it for women. ... These products work for everyone.

I was at a Nordstrom store a while back purchasing some Estee Lauder "Pleasures for Men" fragrance. The salesperson asked me if she could help me with anything else. I didn't know why I did it, but I told her I really didn't like the dark circles that had formed



PAULA
BEGOUN
Cosmetics Q&A

under my eyes. She explained that I should use Diminish and Night Repair for the long term and that, if I wanted, I should use a concealer in the meantime. She told me she would be glad to walk me over to the next aisle where concealers could be found. Not knowing what a concealer was, I agreed to do this. I found myself in one of those "high chairs" being worked on by four (very attractive) young ladies. After a great deal of discussion, most of which I could not understand, they selected an appropriate brand and color for me. The "ladies" then asked me if I really wanted to do this and, not having anything else to do, I said OK.

I was really amazed that the "concealer" did exactly what it was supposed to do and that it wasn't noticeable! When I

agreed to buy some (Trish McEvoy was the brand), they gave me a lesson (actually a couple) to make sure I knew how to use it. The Diminish and Night Repair have reduced my dark circles and wrinkles quite a lot, and I have also gotten quite adept at using the concealer, although I need less and less of it. To be perfectly honest, I thought most of these products were a scam to extract money from women hoping to look like magazine models. I now think differently. I also received a sample of DayWear at that time, and I liked it so well I went out and bought more when it ran out. For some reason, when I wear it, people think I look like I just got back from a vacation!

A couple of weeks ago, I was waiting for my wife to buy something at a local mall and a young lady came up to me and asked if she could help me. She was a Lancome rep. I told her I would like to find something that would make me look tan, but also protect me from the sun. She showed me and sold me Innamence Mat (I have combination/oily skin, which is a tinted moisturizer with SPF 15, as I am sure you know. Well,

Please see BEGOUN, Page B2

HEALTH NOTES

Briefs or boxers?

The style of men's underwear probably has no effect on their fertility, according to a recent study. It has long been known that high temperatures harm men's sperm. From there it has seemed plausible that briefs, by hugging the scrotal sac close to the body, keep the testicles warmer than boxer shorts and thus lessen fertility. But a study of 97 men by Robert Munkelwitz and Bruce R. Gilbert, urologists at the State University of New York at Stony Brook, found by a variety of temperature readings and semen analyses that underwear style had no effect on testicle size or sperm quality. The researchers suggest that muscular tightening and relaxation in the scrotum may regulate blood flow to keep testicular temperature stable. "Unless one advocates wearing underwear alone or the abandonment of clothing altogether, advising infertility patients to wear a particular type of underwear appears to

Please see HEALTH, Page B2

HEALTH & FASHION

Begoun

Continued from B1
 Since I have been using all of the above, I can't count how many people have come up to me and told me I look like a million bucks—this never happened before. Some have asked for my "secret," but I'm too embarrassed to tell them. I'm afraid they will think I'm some kind of nut. I live and work in a small town. Given my "success" thus far, I am now kind of curious as to what else might be out there that might lead to more compliments. I'm 46, but people I've met tell me now that I look more like 36. I

mean, I am human. —JIM
DEAR JIM: In regard to Lauder DayWear, it is a good sunscreen, but it isn't waterproof. If you will be outside for a long time or if you will be perspiring, look for a waterproof sunscreen with UVA protecting ingredients. I think the circles under your eyes look better because of the sun protection and because you are using a lightweight moisturizer under your eyes, which can absolutely help with darkness and improving texture. Concealers are an option, and

they work for men and women alike. I think you would be surprised how many men do use concealers.
 In terms of what else to try, don't get too carried away. You'll end up overdoing it like a lot of women do, hoping more neu-bee-er.
 Sunscreen, a lightweight moisturizer, and a gentle cleanser are the basics. Because men shave, an AHA product (exfoliant) isn't necessary, but it can be helpful over areas where you don't shave. I think tinted moisturizers, I regard Lancome's with nonchalance.

cal-SHIP is one of the better ones available. For concealer, as long as you've found one you like, there's no reason to change.
 Other than that, I think you're doing plenty. There comes a point where makeup looks like makeup, and then it won't be a concealer.
 Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Augustine Press, \$22.95), a no-nonsense paperback guide to natural-beauty cosmetics.

Health

Continued from B1
 have little impact," the researchers wrote.

Your own worst enemy

When it comes to being hostile, what goes around comes around. So say Duke University Medical Center researchers, who found that aggressively hostile people often have high levels of cholesterol. Those of you who walk around feeling quietly angry are not at risk, researchers report in

the Annals of Behavioral Medicine, but those who manifest "an outward expression of anger in a verbal or physical manner and an antagonistic interpersonal style, are potentially coronary prone."

A no-brainer

You've heard people say that someone was "not all there?" Well, some depressed people actually are missing brain cells, researchers report in

findings that could help explain cases of inherited depression. The team at the Washington University School of Medicine says people with familial depression have smaller-than-normal subgenual prefrontal cortex—a region of the brain, about the size of a thumbnail, that's right behind the middle of the forehead.
There's the rub
 It may feel good, but it's not

clear whether a massage really does what you hope. While many coaches, trainers and athletes swear by it, the greatest benefit of sports massage may be mostly psychological, according to the *Journal of Sports Medicine*. Newsletter.
 —Compiled from wire service reports

Exercise

Continued from B1
 class, and work out at a time of day when you're comfortable.

✓ Beware morning stiffness

It's universal among seniors and increases the likelihood of injury during workouts. If you exercise in the morning, wait a half hour after getting out of bed and then spend more time in warm-up activity.

✓ Low impact doesn't mean low intensity

Jane Fondy-style aerobics might not be right for you, but that doesn't mean you're not up to a good workout. Many low-impact aerobic dance and step classes quite effectively use the large muscles for fat-burning and cardiovascular conditioning. But if you do step aerobics, be sure the instructor (or the video, if you're working out at home) uses music slow enough for you to put your foot all the way down when you step off the platform. Sliding on your feet because the music is too fast risks injury to your foot or leg.

✓ Get your ticker checked

If you keep it up, exercise is likely to make you live longer. But if you've been sedentary for a while, have your doctor check out your heart first. Then increase your level of exercise gradually.

✓ Walk, don't run

Unless you've been running 5K's for a long time, running is a bad idea for seasoned citizens. The additional stress placed on your joints when you run far out of older folks, connective tissue isn't very elastic. That means injuries are more likely.

✓ Spend a couple of bucks more and get a good pair of shoes

Find a pair that is comfortable, provides good support and doesn't cause blisters and calluses. A good athletic shoe should elevate your heel one-half to three-quarters of an inch above the sole of the foot. While walking, wear shoes with uppers made of materials that permit your feet to breathe. Allow one-fourth to one-half inch of space between the longest toe and the tip of the shoe; that will give your feet room to expand while you're walking. Don't try to break in an uncomfortable shoe; they should feel great right out of the box.

✓ Consult a pro

The aerobics instructor at the health club may know a lot about fitness, but not necessarily much about seniors' fitness. Find somebody who does. He or she should ask about your current level of fitness, provide alternative exercises for folks with physical limitations, encourage you to work out at your own pace, let you know which muscles you are working and how to exercise using proper technique, and be willing to spend time on individual instruction.
 —Sources: FitnessLink, Seniors Site, "Clinicians Handbook of Preventive Services"

How to measure your heart rate

Heart rate is widely accepted as a good method of measuring the intensity of aerobic exercises. Exercise that doesn't raise your heart rate to a certain level and keep it there for 20 minutes will not contribute significantly to cardiovascular fitness.

The heart rate you should maintain is called the target heart rate. If you're in good health, you need to set a target zone for the heartbeat, according to your age. Your target zone should be 60 to 75 percent of your maximum heart rate:

Age	Maximum heart rate (80 percent)	Target zone (75 percent)	Target zone in beats per minute (220 minus your age)
50	170	127	170
55	165	99	165
60	160	96	160
65	155	93	155
70	150	90	150

Your maximum heart rate is usually 220 minus your age. Take your pulse during your exercise to determine it. Put the first and second finger of your right hand on the radial artery of the inner wrist of your left hand. Count the number of beats in 30 seconds and multiply by 2 (equals heartbeats per minute). Take your pulse 5 minutes into your exercise, and again just before ending it.
 —Source: Seniors Site

Lifestyle

Continued from B1
 lot and walking further can increase strength.

One important thing to remember is not to compete with anyone else when embarking on an exercise routine, Mirtleider said. "Each person needs to pay close attention to their personal comfort."

After Benoit increased his strength, he began lifting weights at the CSI weightroom and walking four miles a day.

Now, he weighs 206 pounds and he says he hasn't felt this good in a long time.

"All people have to do is put forth the effort and determination," he said. "The best thing they could ever do for themselves is lose weight and exercise."

Through exercise, Benoit has had a complete change of lifestyle. He no longer snores (which is something that almost

broke up his marriage, he said). He doesn't have heartburn or shortness of breath, and turning over in bed is no longer an aerobic activity.

"I know this is due to exercising and loss of weight," he said. "This change of lifestyle has made me one of the happiest people there are. My mental outlook on almost everything has changed to being positive."

Don't forget, a change won't come about immediately. Not everyone people tend to do is do too much too soon.

"That sets yourself up for injury," Mirtleider said. "Our whole culture is set up for instantaneous gratification. Make very small, gradual changes using things that are fun and not drudgery."

Times-News correspondent Rachel Demps can be reached at 782-7828.

Dave

Continued from B1
 rain slickers going into evacuation zones and asking the residents, in highly judgmental tones, why they did not evacuate. Just once, I wanted to hear a resident answer: "Hey, I'm here because I live here. What's YOUR excuse, Hairspray Boy?"
 Anyway, I'm glad hurricane season is almost over. And I decided that I'm not going to wait until the "last minute" to get ready for the next season. That's right: I have already bleached my shutters.

All kidding aside, if you want to help the many people who are still suffering because of Georges, you can send a contribution to the DISASTER RELIEF FUND, c/o the American National Red Cross at P.O. Box 37243, Washington, D.C. 20013.

Dave Barry is a humor columnist for the *Miami Herald*. Write to him c/o Tropic Magazine, The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

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HEALTH & FASHION

Totally flueless? Science is working on it

The Associated Press

Doctors who worry about the flu know their enemy. It's about 5 feet tall. With a cough and a red, runny nose.

In epidemiological terms, children are in the same category as ticks, rats and mosquitoes. They are vectors of disease — in this case, one of humanity's nastiest and most persistent evils, the influenza virus.

Obviously this reservoir of contagion cannot be eradicated, so researchers are doing their best to contain it. In the most ambi-

tious series of developments since the invention of the influenza vaccine in the 1940s, they are working on strategies that should stop the flu at its source, the adult.

One new tool is already in limited use. Zostavax, a \$40 half-hour shot that doctors use in their offices, combats two sick-together, common-but-painful actually have the flu.

Soon, doctors will be able to put this information to good use. On the near horizon is a new category of anti-fluighting drugs that

can shorten a siege of the disease or keep folks from catching it. And perhaps most important, nearing approval is a vaccine that kids will take without a fuss.

These breakthroughs make this a noteworthy moment in humanity's efforts to control an ancient killer. Some scientists grouse that the flu does not command the kind of respect it deserves, probably because most people alive today simply do not remember how terrible it can be.

In a bad season, flu can be worse than any other infectious disease, even the Black Death of 14th century Europe. (The word "influenza" dates to 15th century Italy, when an epidemic was blamed on the "influence of the stars.")

"It's a flu research utopia now," says Dr. Gilbert Schiff of Children's Hospital Medical Center in Cincinnati. "All of a sudden, things we have been talking about for 30 years might come true."

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- Flu
- Mild to moderate pain
- Soft tissue injuries (muscle strains and sprains)

Side effects:

- Asstma attacks
- Can irritate stomach lining
- Cause allergic reactions

Acetaminophen

Well-known brand names: Tylenol

Best for:

- Equivalent to aspirin for pain and fever
- Less effective for soft tissue injuries

Side effects:

- Easier on stomach than aspirin
- Overdose can be toxic to liver (alcohol enhances toxic effect)

Ibuprofen

Well-known brand names: Advil, Nuprin, Motrin-IB

Best for:

- Pain
- Inflammation

Side effects:

- Can cause upset stomach
- itching
- rash

Naproxen

Well-known brand names: Aleve

Best for:

- Arthritis
- Pain from tendinitis and bursitis
- Inflammation

Side effects:

- People with asthma, aspirin allergy should take with care
- Use lowest possible dose

Ketoprofen

Well-known brand names: Orudis KT

Best for:

- Mild to moderate pain
- Menstrual cramps
- Enters bloodstream and begins to act quickly

Side effects:

- Same as naproxen
- Stomach irritation
- Not recommended for children

And for all of the above...

- Read the drug's label
- Take the smallest possible dose
- Don't mix pain medications
- Take only for short-term problems (10 days or less); if pain persists, see your physician
- If you have drug allergies, use these medications carefully

SOURCES: Food and Drug Administration; Mayo Clinic Health Letter; Health Data Data Corp.; American Journal of Gastroenterology

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- 4 night Mexican Baja Cruise (Catalina & Ensenada, Mexico) **\$399** INCLUDES PORT CHARGES OF \$45 PER PERSON
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- Round-trip air from Salt Lake City to Honolulu
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6 NIGHT PACKAGE INCLUDES:

- Round-trip airfare on Air Pacific from Los Angeles
- 6 nts. at the Beachside Resort in a Garden View room
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Valid from this November 30, 1998. Tuesday departure only. Add \$65 per person for weekend travel. Price is per person, double occupancy. Other restrictions may apply. CALL FOR ADDITIONAL DATES!

HEALTH & FASHION

New day, new hope for breast cancer treatment

Leave it to the outspoken breast surgeon Susan Love to sum up the state of breast cancer treatment these days. "If you think you know what's going on, you don't!"

It's been that kind of year in the field of breast cancer. Several major announcements—promising prevention avenues and treatments—have given patients and doctors something to celebrate — and much to absorb. And, with additional advancements on the horizon, things will continue to be confusing for a while.

Over the years, it was Love who reminded everyone of the dismal state of breast cancer treatment by referring to surgery, radiation and chemotherapy as "slash, burn and poison."

The recent advances, however, would appear to escape that tart description. They include a new medication for women with

New drugs as a weapon in war against cancer

Supplies of the new breast cancer drug Herceptin began arriving at clinics and doctors' offices last month, ushering in a new era of cancer treatment that attempts to target the very flawed genetic mechanisms that cause the disease.

Herceptin is undoubtedly a major advance. But it has limits. The drug is for women with breast cancer that has spread to other parts of their bodies, or metastasized, a condition that typically yields very low survival rates. And Herceptin works only in women whose tumors overproduce a protein called HER2/neu. The gene is also referred to as erbB-2 and ERBB2.

"In one-third of breast cancers, that gene has been amplified," says Anna Wu, an associate research scientist at the Beckman Research Institute in Duarte, Calif. "The cell is more sensitive and responsive to the signaling process that controls growth."

In these women, breast cancer tends to be more aggressive, and patients have higher recurrence and mortality rates.

Herceptin is a genetically engineered antibody that is designed to attack specific cancer cells — in this case, the cells that produce HER2/neu. It works by keeping the protein from reproducing and thus helps shrink the tumor.

But Herceptin, which is made by Genentech, a South San Francisco biotechnology company, is no cure. Studies show that in 45 percent of cases women improved while taking Herceptin and chemotherapy compared with a 29 percent improved rate in women taking chemotherapy alone. Women taking Herceptin on average experienced 7.2 months before the disease progressed, compared with 4.5 months for women on standard chemotherapy.

Herceptin is not without risks. Studies show it can weaken the heart muscle and lead to congestive heart failure in some patients. Patients on the medication are advised to undergo regular heart function monitoring.

Most patients eventually relapse. Overall, Herceptin improved by 16 percent the odds of surviving a full year. Most patients relapsed about three to six months of life because of the drug — precious time, to be sure.

Information on breast cancer

For more information on emerging news, studies and information on breast cancer:

- Health professionals who wish to order the Breast Cancer Risk Assessment Tool can call the National Cancer Institute's Cancer Information Service at (800) 4-CANCER or visit the NCI Web site at <http://cancerinfo.ncl.nih.gov>.
- Women interested in participating in the Study of Tamoxifen and Raloxifene can obtain information at <http://www.nsbpp.pitt.edu>; or by mail to NSABP, Box 21, Pittsburgh, PA 15261. Or fax: (412) 330-4660.

— Source: Los Angeles Times

research aimed at understanding the genetic underpinnings of breast cancer that could lead to additional new treatments within just a few years, says Dr. Dennis Slamon, director of the Revlon/UCLA Women's Cancer Research Program in Los Angeles and a principal investigator of Herceptin.

"In the next 24 to 48 months, how we treat many of our cancers is going to change dramatically," Slamon says.

Increasingly, researchers are unlocking the secrets of particular genes that play a role in the development of breast cancer, says Anna Wu, a research scientist at the Beckman Research Institute at City of Hope National Medical Center in Duarte, Calif.

"We are on the verge of an explosion in understanding these genes," says Wu, who predicts there will be a range of "biologically based therapies," those based on the rate genes play, within the next five to 10 years.

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CBS MONDAY

cosby
Willis's new diet could be dangerous to his wife's health

the king of queens
Doug and his wife enroll in night school. Can you say dumb and dumber?

everybody loves raymond
Ray on a new tip... will he ever get the date back?

KMYT Tonight at 7:00

"A SMART, SOPHISTICATED THRILLER."

THE SIEGE

All shows in Dolby Digital Surround Sound...**See! The Movie!**

Auditorium #2...10 Surround Speakers, 1 Base Speaker... Wall to Wall Screen
1:00, 4:00, 7:00, 9:20

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12:00, 2:30, 5:00, 7:30, 9:55

Attention Jerome Residents: We'd buy your second Siege ticket (same show time)
Show picture ID and fill out address form to qualify.
This week only at the Reel Theatre, Magic Valley Mall!

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Interstate Amusement Inc. Movies 731-1161

- Kurt Russell Soldier on Duty 7:00-9:00
- Bruce Willis Denzel Washington The Siege on Duty 7:00-9:15
- Adam Sandler Water Boy on Duty 7:30-9:30
- Homegrown Sandra Bullock Practical Magic on Duty 7:15-9:30
- Orpheum Theatre

REMASTERED IN DIGITAL STEREO SOUND

THE WIZARD OF OZ SPECIAL EDITION

DIGITAL DAILY 7:00-9:00

Antz on Holy Man on Rush Hour on Water Boy on Simon Birch on Something About Mary on What Dreams May Come on Practical Magic on

2:00-4:00 7:00-9:30

Beloved on 12:30-4:00 7:00-7:45

Night at The Roxbury on Vampires on Urban Legend on

12:45-3:00-6:15 7:30-9:45

Madison Special All Adults ONLY \$3.00 for Showtimes before 6:00 p.m.

Antz on Holy Man on Rush Hour on Water Boy on Simon Birch on Something About Mary on What Dreams May Come on Practical Magic on

2:00-4:00 7:00-9:30

Beloved on 12:30-4:00 7:00-7:45

Night at The Roxbury on Vampires on Urban Legend on

12:45-3:00-6:15 7:30-9:45

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CALENDAR of EVENTS

- Free Breast Examination and Breast Cancer Prevention Information * Mondays 10 a.m. - 4 p.m., MYRMC Outpatient Services, 526 Shoup Avenue East, Suite J. Free breast examinations and information about self breast exams and breast cancer are provided by Anne Miles, RN. The service is performed with or without a mammogram (cost not included). Call 737-2831 or 736-1675 for an appointment.
- One lucky baby born at Magic Valley Regional during 1998 will be awarded college tuition at the Idaho university or college of their choice. It's our way of welcoming your baby into the world, and welcoming you to our Women and Infants Center. Details on file, call 737-2955.
- Monthly MYRMC Board Meeting * Monday, November 9, 6 p.m., Sage Room of the Education Center.
- Prepared Childbirth Course * Tuesdays, November 10 - December 8, 7 - 9:30 p.m., Education Center. Pre-registration required. Call 737-2900.
- Cancer Support Group * Thursday, November 12, 7 - 8:30 p.m., Cancer Center Reception Area. For more information call 737-2800.
- "How to Help Someone with a Drug or Alcohol Problem" * Thursday, November 12, 7 p.m., KMYT Community Room. This presentation is free to the public, courtesy of Canyon View Psychiatric and Addiction Services of MYRMC. For more information call 734-6760.
- Infant CPR Class * Thursday, November 12, 7 - 9:30 p.m., Education Center. Pre-registration is not required.
- CPR Class * Saturday, November 14, 8 a.m. - 1 p.m., Doctor's Meeting Room. To register call 737-2007.
- CPR Class * Tuesday, November 17, 6:30 - 10 p.m., Doctor's Meeting Room. To register call 737-2007.
- Childbirth Refresher Course * Tuesday, November 17, 7 - 10 p.m., Education Center. Pre-registration required. Call 737-2900.

For additional MYRMC educational offerings call 737-2902. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

MAGIC VALLEY REGIONAL MEDICAL CENTER
1918 CELEBRATING 80 YEARS OF CARE 1998
650 ADDISON AVE. WEST • TWIN FALLS, IDAHO

SOLDIER on Kurt Russell
12:00, 2:30, 5:00, 7:30, 9:55

EVER AFTER on Drew Barrymore
1:10, 4:15, 7:05, 9:25

BRIDE OF CHUCKY on
12:20, 2:40, 5:10, 7:20, 9:40

APT PUPIL on Ian McKellan
12:20, 2:40, 5:10, 7:20, 9:40

THE SIEGE on Dolby Digital
12:00, 2:30, 5:00, 7:30, 9:55

Showing in Two (2) Dolby Digital Auditoriums
AUD #1 12:00, 4:00, 7:00, 9:20
AUD #4 12:00, 2:30, 5:00, 7:30, 9:55

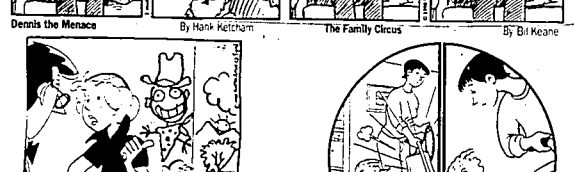
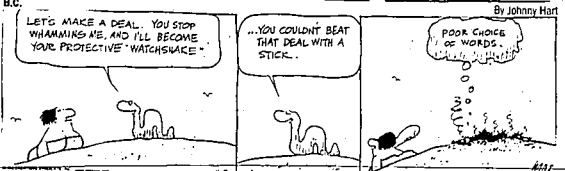
5:00 MATINEES UNTIL 5 Shows.
Special Double Date Shows
All Shows At \$13.00

REEL THEATRE (Just for Kids)
Exclusive Almost-Stocking Stunt
Wall to Wall Guest Shows
Showing at MCHQ Daily
FREE with our Gift Cards

5:30 MATINEE UNTIL 6:00PM

POOL

COMICS



Euro preceded by Romans

Q. Did Europe ever have a common currency?

A. Under the Roman Empire it did. And some of Europe under Napoleon, too.

You can hear the call of a bull snake from 100 feet away. Unless you're in New Zealand. No bull snakes there.

Q. What does the "CAT" in "CAT seat" mean?

A. Stands for "computerized axial tomography."

Q. I centered that to be a good driver, you have to have good hearing to take notice of car horns, train whistles, whatever?

A. Only in theory. Drivers with hearing impairments as a whole have fewer accidents than normal drivers.

Q. Directors on "PUPA Blues" wanted to keep the meaning of that "Pop Goes the Weasel" line in the old day?

A. Comes from a country dance tune highly popular in the 1850s when "It by a barn weasel" was still an English metaphor for getting

WHAT'S WHAT?

L.M. Boyd

drunk. It dsk alluded to the dilemma of a British tradesman who ran around in circles, figuratively, until the compulsion hit him—pop—to go off on another binge. There are more detailed explanations, but this will serve.

Chain it. A squirrel sees no color.

In our love and war man's ongoing effort to grasp the relative importance of things, he notes a hummingbird's wings beat 52 times a second when feeding and 200 times a second when courting.

Sunshine Mary made her debut as a racehorse on Nov. 9, 1980. She finished dead last in that race, and died last in each of her nine races thereafter. But that still doesn't quite tell the story. By dead last, I mean way back. In her last race she was last by 25 lengths.

HOROSCOPE

Sydney Omarr

IF BIRTHDAY IS YOUR BIRTHDAY, Somebody who are associated with fire. Aries, Libra persons play meaning with in your life, could have these letters, initials in names—R and R. Favorite color is red. Lucky number is 9. You light when game is right, area a red kind of bumpiness. You won't tolerate abuse to animals or people. You are sentimental in romance, find it impossible to live without love. Martial status dominates entire year.

ARIES (March 21-April 19): Love love will be returned. Remember, to get a smile, give a smile. Good humor shines through, romance will be resumed. Suggestant involved.

TAURUS (April 20-May 20): Hear the odds. What seemed out of reach will practically be at your doorstep. Sibling who opposed will become ally. Scorpio, another Taurus represented.

GEMINI (May 21-June 20): Scenario features high although circumstances are different. Maintain aura of mystery. Financial pressure relieved, you sell a story. Keep plans flexible, accept invitation to travel. Virgo says, "Be my guest."

CANCER (June 21-July 22): Cycle continues, high although circumstances are different. Maintain aura of mystery. intrigue—proposals received, career, marriage. You will dance to your own tune.

LEO (July 23-Aug. 22): What held you back will be removed—clear path, take advantage of word. Fives individual cries out, "Please don't wait too long." Virgo will also play role.

VIRGO (Aug. 23-Sept. 22): Obtain hint from Leo message. Engineering problem will be solved. Very be rewarded for cooperative efforts. Meet deal—personal results.

LIBRA (Sept. 23-Oct. 22): Material previously found lacking will now be repaired, marital status. Expect dinner invitation from Cancer native. Big deal consummated.

CAPRICORN (Dec. 22-Jan. 19): Personality, social activities spotlighted. Suddenly you are in demand socially, professionally. People comment on your appearance, fashion. Say, "Thank you, why are you surprised?"

AQUARIUS (Jan. 20-Feb. 18): Dig deep for hidden material—you might get credit. Invest in new projects, dismember checklist. Maintain emotional equilibrium. Partnership proposal temporarily falls through, will be repaired. Scorpio involved.

PISCES (Feb. 19-March 20): Prose comes through with flying colors—you will get credit. Invest in new projects, notes, write with flow, develop it into fascinating story. Gemini plays top role.

ACROSS

- Sugar cube
- Shallow spot
- 10 MUSOLOGY
- Sea east of the Caspian
- 15 Impass
- Wider
- 16 In a crush
- 17 Humbled from a slingshot
- 18 Manipulated
- 20 Lamentation poet
- 21 Art stands
- 23 Inarticulate grunt
- 24 Saturated
- 26 Wool producers
- 30 Enjoyable
- 35 Bit of info
- 38 Rasical
- 40 Lovelessness
- 37 Father
- 38 Seal signs
- 39 Have a lack
- 41 Be it
- 42 Chatterbox
- 43 Click beetle
- 45 Down Spoke
- 46 Base for a letter
- 47 Absorb
- 48 Logo
- 49 Theater
- 50 Passageway
- 51 Sloop skiers
- 52 Open container
- 53 Banister figure
- 56 Bona rite
- 60 "Keany" star
- 61 New Jersey resort
- 22 Annex
- 24 Month of ...
- 25 Two in one
- 26 O-tink, e g
- 27 Firm enclosure
- 28 J. Mitchell
- 29 Parody on "Nixon"
- 30 One archangel
- 31 Crabwise
- 32 Bowl
- 33 Two-finger sign
- 36 Single
- 38 Layer of amorphous

DOWN

- 1 Fasten wing.
- 2 Russian river
- 3 Perfect match
- 4 Carrus novel.
- 5 With "the"
- 6 Cause to stop
- 7 Absent
- 8 Ready when you ...
- 9 Tone on cargo
- 10 Queasy states
- 11 Bases
- 12 Lovely dance
- 13 Fathers
- 14 Firm enclosure resort
- 22 Annex
- 24 Month of ...
- 25 Two in one
- 26 O-tink, e g
- 27 Firm enclosure
- 28 J. Mitchell
- 29 Parody on "Nixon"
- 30 One archangel
- 31 Crabwise
- 32 Bowl
- 33 Two-finger sign
- 36 Single
- 38 Layer of amorphous
- 43 Two-piece suits
- 47 Sharp sneaky
- 57 Let us
- 58 Ploer's island
- 59 Game played with 32 cards
- 62 Thabit-sign letters
- 63 Plover

Saturday's Puzzle Solved

A	L	I	C	A	S	I	A	A	L	I	A	S	A	L	A	S	S
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LEGAL NOTICE

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106 SPECIAL NOTICES

ALCOHOLICS AND DRUGS... You are invited to attend the first ever Art Guild of Magic Valley Pre-Holiday Art Show

107 ALTERATIVES

PREGNANCY CRISIS CENTER... BIRTH CONTROL... BIRTH CONTROL... BIRTH CONTROL...

108 PROFESSIONAL SERVICES

BANKRUPTCY... AG WEEKLY CORRESPONDENTS... AG WEEKLY CORRESPONDENTS...

109 PERSONAL

FOUND Blue Heeler X... FOUND young pig baby... FOUND Golden Cocker Spaniel...

110 HOMEHEALTH CARE SERVICES

PERSONAL care & house calls... SENIOR VISITING CARE... CHILD CARE SERVICES

113 CHILD CARE SERVICES

ARE YOU READY... SERIOUS WEIGHT LOSS... DIETARY AIDS

CHILD CARE SUPERVISOR

CHILD CARE SUPERVISOR... CHILD CARE SUPERVISOR... CHILD CARE SUPERVISOR...

LITTLE CRITTERS

LITTLE CRITTERS... LITTLE CRITTERS... LITTLE CRITTERS...

COLLEEN'S CLUBHOUSE

COLLEEN'S CLUBHOUSE... COLLEEN'S CLUBHOUSE... COLLEEN'S CLUBHOUSE...

CUSTOMER SERVICE

CUSTOMER SERVICE... CUSTOMER SERVICE... CUSTOMER SERVICE...

DENTAL ASSISTANT

DENTAL ASSISTANT... DENTAL ASSISTANT... DENTAL ASSISTANT...

DIETARY

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Of This Sale . . .

EXTENDED

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In Your Present
Car Loan?

DOWN

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Payments?

Want A
Lower Monthly
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Trade in your present vehicle today on the vehicle of your choosing with a payment you can live with!



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• Cloth Seats • 19 Gallon Gas Tank • 101MPH Stereo • 5 Speed Transmission • Dual Air Bags • 5 Year, 36,000 Mile Warranty • 24 Hour Roadside Assistance.

Two available at this price. Unit subject to prior sale or lease O.A.C. on Month Closed Last Lease. Tax and title not included in monthly payment. Dealer retains rebate.

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1999 DODGE CARAVAN

• Front Wheel Drive • Auto Trans • Van-Conv. • Rear Defrost • AM/FM Stereo • Heat Drivers Side Door • Dual Air Bags • 3 Year, 36,000 Mile Warranty • 24 Hour Roadside Assistance.

Two available at this price. Unit subject to prior sale or lease O.A.C. on Month Closed Last Lease. Tax and title not included in monthly payment. Dealer retains rebate.

\$0 DOWN \$239 MO.

FIRST PAYMENT DUE AT LEASE SIGNING



1999 DODGE CARAVAN

• Front Wheel Drive • Auto Trans • Van-Conv. • Rear Defrost • AM/FM Stereo • Heat Drivers Side Door • Dual Air Bags • 3 Year, 36,000 Mile Warranty • 24 Hour Roadside Assistance.

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1999 DODGE 2500 QUAD CAB 4x4

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\$99 MO.
OR \$3988

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1991 LINCOLN CONTINENTAL

\$4988
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1991 PONTIAC SUNBIRD CONV.

\$109 MO.
OR \$4988

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1990 FORD RANGER

\$4988
OR \$119 MO.

Stock #7156. Unit subject to prior sale or lease. Tax, title for 1990 and Dealer DOC for 1990 are not included in the monthly payment. 11.99% APR. No cash down. 60 monthly payments - no balloon payments.

1990 DODGE CARAVAN
Stock #5732

WAS \$6995
\$4988

Unit subject to prior sale or lease. Tax, title for 1990 and Dealer DOC for 1990 are not included in the monthly payment. 9.29% APR. No cash down. 60 monthly payments - no balloon payments.

1995 PLYMOUTH NEON

\$6988
OR \$149 MO.

Stock #8114. Unit subject to prior sale or lease. Tax, title for 1995 and Dealer DOC for 1995 are not included in the monthly payment. 11.99% APR. No cash down. 60 monthly payments - no balloon payments.

1994 MITSUBISHI ECLIPSE

\$149 MO.
OR \$6988

Stock #8114. Unit subject to prior sale or lease. Tax, title for 1994 and Dealer DOC for 1994 are not included in the monthly payment. 11.99% APR. No cash down. 60 monthly payments - no balloon payments.

1997 FORD ESCAPE

\$6988
OR \$149 MO.

Stock #9279. Unit subject to prior sale or lease. Tax, title for 1997 and Dealer DOC for 1997 are not included in the monthly payment. 11.99% APR. No cash down. 60 monthly payments - no balloon payments.

1995 FORD TAURUS

\$169 MO.
OR \$7988

Stock #7141. Unit subject to prior sale or lease. Tax, title for 1995 and Dealer DOC for 1995 are not included in the monthly payment. 9.29% APR. No cash down. 60 monthly payments - no balloon payments.

1994 DODGE GR. CARAVAN

\$8988
OR \$189 MO.

Stock #7190. Unit subject to prior sale or lease. Tax, title for 1994 and Dealer DOC for 1994 are not included in the monthly payment. 9.29% APR. No cash down. 60 monthly payments - no balloon payments.

1988 PLYMOUTH NEON 4 DR.

\$189 MO.
OR \$9988

Stock #8101. Unit subject to prior sale or lease. Tax, title for 1988 and Dealer DOC for 1988 are not included in the monthly payment. 11.99% APR. No cash down. 60 monthly payments - no balloon payments.

1996 PONTIAC GRAND PRIX

\$9988
OR \$209 MO.

Stock #7262. Unit subject to prior sale or lease. Tax, title for 1996 and Dealer DOC for 1996 are not included in the monthly payment. 11.99% APR. No cash down. 60 monthly payments - no balloon payments.

1996 FORD ESCORT

\$199 MO.
OR \$10988

Stock #7262. Unit subject to prior sale or lease. Tax, title for 1996 and Dealer DOC for 1996 are not included in the monthly payment. 11.99% APR. No cash down. 60 monthly payments - no balloon payments.

1998 FORD CONTOUR

\$11988
OR \$219 MO.

Stock #8252. Unit subject to prior sale or lease. Tax, title for 1998 and Dealer DOC for 1998 are not included in the monthly payment. 11.99% APR. No cash down. 72 monthly payments - no balloon payments.

1997 DODGE CARAVAN

\$249 MO.
OR \$13988

Stock #7141. Unit subject to prior sale or lease. Tax, title for 1997 and Dealer DOC for 1997 are not included in the monthly payment. 11.99% APR. No cash down. 72 monthly payments - no balloon payments.

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• DODGE • JEEP • DODGE TRUCK

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