

The Salt Lake City News

Twin Falls, Idaho 47th year, No. 548

Monday, December 14, 1998

50 cents

GOOD MORNING

WEATHER

Today: Snow
Friday: Snow
Saturday: High 25, Clear
Sunday: High 25, Clear
tonight: Low 18
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MAGIC VALLEY

Buy target: Gamblers and buyers say the new discount mall retail system causes the mall.
Page A4

SPORTS



Gridiron: The NFL no longer has an amateur team, following Sunday's action.
Page A7

HEALTH & FASHION

Pretty in black: The Black Dress is a staple of holiday fashion. Here's how to choose one.
Page B1

OPINION

Watershed: A sustained license for gun owners differs from a permit, says today's guest editorial.
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NATION

Olympic socialist: The chief organizer of the Salt Lake City 2002 Winter Games apologizes for the recent scandal.
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Idaho/West	AD

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TF plans another round of Muni price hikes

By Mike Heizer
Times-News staff writer
TWIN FALLS — In a proposal similar to one which took effect last year, the city of Twin Falls is asking for a hike in season passes and cart fees at the municipal golf course.
What's different this time is that the increase would be smaller — about \$25 per person — and season fees would be cut by \$3 on \$4. Twin Falls golfer Greg Cannon, a former member of the city's

Rate proposals		Senior couples:	\$450	\$500
A public hearing regarding proposed hikes in season pass and cart rates at the Twin Falls Municipal Golf Course is set for 8 p.m. today at City Hall. The proposal includes:	Students:	\$400	\$450	At least \$450
	One adult, children:	\$400	\$450	At least \$450
	Two adults, children:	\$550	\$625	At least \$625
	ADU half season:	\$175	\$200	At least \$200
The proposal includes:	City employee:	\$175	\$200	At least \$200
	City employee couples:	\$250	\$300	At least \$300
CURRENT PROPOSED RATES	City employee family:	\$275	\$350	At least \$350
	SEASON PASSES	\$350	\$375	
CART FEES	Member on season:	\$100	\$150	
	Senior citizen:	\$300	\$325	\$210
season pass hikes in December 1996 before the city council.				

The council that time opted for a \$1 per-round surcharge, and a \$25 hike on season pass fees for out-of-towners. Daily greens fees for 18 holes went up by \$3, as did nine-hole rates.
Lanahan has since been appointed as a member of the city's golf advisory board and helped craft this year's rate hike requests.
He said most of the season-pass golfers he's talked with said they could swallow bigger yearly rates. And slashing the greens



Bill Clinton
In Mideast for peace talks

LOW-COST CARE

Idahoans pay less for hospital stays; Nevadans pay more

By Pat MacIntosh
Times-News writer
TWIN FALLS — If you thought your hospital bill was high, be thankful you didn't live in Nevada.
The bills of Idaho patients averaged 25 percent less than the national average in 1997. But Nevada hospitals charged the most on average, a range of disease categories, said a report by Louisville, Ky.-based Data Advantage Corp. The company calls itself a leading national provider of comparative health-care information.
Stanly Herrera, director of clinical services at the public Gooding County Memorial Hospital, speculates Idaho charges are lower because of more non-profit than for-profit hospitals in the state.
"When we look at any increase, we look at what it costs us, not at what a profit margin needs to be," she said.
Data Advantage drew from 1997 studies compiled by the federal Health Care Financing Administration. The information is the most accurate data, but it applies to all care because the law requires hospitals to have the same charge structure for all patients regardless of who pays, the company said.
Nevada hospitals were ranked based on charges in three of the most common treatment categories — pneumonia with complications, heart failure and shock, and hip or knee replacement.
Here were some of the report highlights:
• For pneumonia, Idaho hospitals were ranked 6th cheapest charging an average of \$7,249 per patient. The national average was \$10,158.
• For heart failure and shock, Idaho hospitals came in fifth lowest nationwide, charging \$5,487.
• For joint replacement, Idaho hospitals ranked sixth, charging \$16,223 compared with the national average of \$20,156. Nevada hospitals charged the most nationwide at \$29,470.
• Washington and Oregon hospitals charged the least, averaging 31 percent less than national average overall.
• Idaho hospitals raised prices an average of 4.2 percent per year from 1995 to 1997, nearly double the national average annual increase of 2.2 percent.
Price differences nationwide are attributed to several factors, including the length of time stayed, Data Advantage said. On average, Idaho patients spent 4.2 days for treatment of heart failure and shock compared with the national average of 5.6 days. The high was 7.8 days in New York.
Another reason Idaho charges are lower is that they reflect the lower wage common to rural areas, said Monie Smith, Magic Valley Regional spokeswoman.
Steve Millard, Idaho Hospital Association director, credits the state's structure more for the lower charges.
The doctors are conservative. They are the ones who say how long patients



Hospital charges: Two ways to compare

- Washington: \$9,243
- Idaho: \$8,278
- Idaho: \$10,028
- Highest: Eastern Idaho Regional (Idaho Falls) — \$11,144
- Nevada: \$18,781
- Lowest: Bear Lake Memorial (Montpelier) — \$4,178
- Nation: \$13,415
- Highest in Magic Valley: Magic Valley Regional Medical Center — \$8,334
- Lowest in Magic Valley: Gooding County Memorial — \$6,345

Spring Tilley works on files at the billing office of Magic Valley Regional Medical Center. A new national survey rates Idaho hospitals as cheaper than the nation's average.

Newslink

Source: Data Advantage Corp.

Clinton: No plans to resign

The Associated Press
JERUSALEM — With a grave impeachment threat overshadowing his Mideast diplomacy, President Clinton declared Sunday he will not resign and, "It's never crossed my mind." He suggested Republican leaders oppose a censure vote in fear the lesser punishment might pass.
Clinton said three-quarters of the American people believe censure rather than impeachment is "the right thing to do." He urged lawmakers to "vote their conscience on the Constitution and the law."
Rebuffing GOP demands, Clinton also said he would never admit to perjury. "I could not do something that I am quite sure I did not do," the president said.
But Clinton agreed with his attorney, CHARLES KUTT, who when asked if the president had lied, said that reasonable people could conclude the president had made false statements — but had not committed perjury.

Anticipate House votes by Friday

The Associated Press
WASHINGTON — The full House will take up the four articles of impeachment against President Clinton on Thursday in what is expected to be a long and contentious debate. House Republican aides say final votes could spill into Friday.
The Judiciary Committee, which passed the charges, first must write a final report on its inquiry. House rules call for a waiting period of two legislative days — Sunday doesn't count — before the articles can come to the floor.
That means the articles will be available Wednesday, the same day that Speaker Newt Gingrich has notified lawmakers to return to Washington. Republican and Democratic leaders plan party caucuses that day, with debate on impeachment to begin Thursday morning.
Please see IMPEACH, Page A2

Morris Udall, 30-year congressman, dies

The Associated Press
WASHINGTON — Former Rep. Morris K. Udall, a 30-year congressman who championed environmental causes and wryly named his son after himself, died Sunday after a long struggle with Parkinson's disease.
Udall died last Saturday at the U.S. Veterans Medical Center in Washington, according to Chris Hixson, head of a Udall family foundation in Tucson, Ariz.
Udall, a Democrat, was a member of one of America's best-known families. Udall, known as "Mo," remained one of the most consistent voices of liberalism in the House,

Westerner championed environmental causes; he succumbs to Parkinson's.
whatever the political winds sweeping the country.
President Clinton awarded Udall the Presidential Medal of Freedom in 1996.
During the 1970s, Udall failed in two tries to win election as House speaker, and he ran unsuccessfully in 1976 as an alternative to Jimmy Carter in the Democratic presidential primaries.

Udall's self-deprecating wit and easy manner made him in demand as a master of ceremonies at many Washington events, where his humor was often the highlight of an evening.
"The first taught me that humor is essential to the workings of a strong democracy," Udall's son, Mark, who was elected to Congress from Colorado, was last month, said Sunday.
In one story Mo Udall often told, he walked into a New Hampshire barber's shop, introduced himself and said he had just announced his candidacy for president. The barber replied, "We were just laughing about it this morning."



Rep. Morris Udall, D-Ariz., addresses the Democratic National Convention in 1988.

NATION

As church bells ring, Americans ponder impeachment

Impeach?

A new Gallup poll finds that by a two-to-one margin, the public is against impeaching Bill Clinton.

Should your member of the House vote to impeach?

No opinion 4%	No opinion 2%
No 62%	Yes 66%

October December
If Clinton is impeached, should your senator vote to convict?

No opinion 5%	No opinion 2%
No 63%	Yes 65%

October December
SOURCE: Gallup poll of 1,070 adults on Oct. 4-6; margin of error 3%.

ELMHURST, Ill. (AP)—As the House gets ready to take up impeachment, Americans are angry, approving and disapproving of Clinton, and wondering if they should impeach him.

People were anything but agreed Sunday on what should be done in this over-whelmingly Republican suburb where House Judiciary Chairman Henry Hyde has been the congressman for 23 years.

Sometimes I wonder if history would laugh at the enormous thing we've made of something that... even though it certainly don't condone it — happens all the time," said the Rev. Deborah Jarvis, 52, as she prepared to preside over services at Bethel United Church of Christ.

When the speaker at Redeemer Lutheran Church, though, Lloyd Dunlap said he was glad to see the impeachment process conducted "with the sobriety and seriousness that it ought to be."

"I would remove him from

"Sometimes I wonder if history won't laugh at the enormous thing we've made of something that... happens all the time."

—the Rev. Deborah Jarvis, Bethel United Church of Christ

office," said Dunlap, 58, an advertising executive. "If he were an executive of a major corporation or a general in the Army, he would have been removed long ago."

Many Americans seem to be bored by the furor or are tuning out because they're so turned off by the sexual details and partisan wrangling. Still, strong emotions are apparent. "Either we have a compulsive liar as president or a person who can't accept responsibility," declared Gary Sater, 57,

"If he were an executive of a major corporation or a general in the Army, he would have been removed long ago."

—Lloyd Dunlap, Redeemer Lutheran Church

of Bismarck, N.D., who favored impeachment. "It's an embarrassing point in our history."

In Richmond, Va., Frank Cowan, 62, heading for services at First Baptist Church, said the Judiciary Committee made the right decision in sending four articles of impeachment to the full House for a floor vote. "Faith in the law and trust to the law is at the core of the foundation of this

country," he declared.

But Boston restaurateur Bud Thornton, 41, said impeachment would be wrong and partisanship has gone too far. "The bottom line is that the Republicans have never liked Clinton from day one," he said.

"The people voting for articles of impeachment want vengeance," said Susan Longstaff, a Minneapolis fourth-grade teacher. In the home district of Rep. Bob Livingston, R-La., who will succeed New Gingrich next month as House speaker, Lavelle Ganson, a woman in her 50s, described Clinton as "a poor case of a man."

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GOP govts: Congress has more vital issues

The Associated Press

The nation's Republican governors are far from enthusiastic supporters of the impeachment process against President Clinton, which most of them see as distracting Congress from more important business.

"I'm sick and tired of this," Louisiana Gov. Mike Foster said in a weekend statement. "I think the whole country is sick and tired of this, and if they don't get this over with, and get it off the front page, there's going to be hell to pay."

Foster favors censure for what he believes is basically a personal matter, spokeswoman Marianne Galsby said.

Foster also is favored by New York's Gov. George Pataki. That

would "allow us to put this behind us and focus on a positive agenda for change and yet at the same time publicly and formally take an action saying that Bill Clinton did something wrong."

Pataki told The New York Times. Pataki's stand, combined with the decision by outgoing Sen. Alfonse D'Amato, R-N.Y., that impeachment wouldn't be the right choice, could influence New York state's small group of undecided moderate GOP congressional members.

Gov. Bill Janklow of South Dakota doesn't favor censure, saying it's unnecessary because it's not provided for in the Constitution. However, "I think at this point it doesn't make any difference. History will judge him with or without it."

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Heart ailment took governor

TALLAHASSEE, Fla. (AP)—Gov. Lawton Chiles died from an abnormal heart rhythm about eight hours before his body was found near an exercise bike in the governor's mansion, a medical examiner said Sunday.

The governor lost consciousness and fell off the bike, but did not have a heart attack as initially reported, Dr. David Stewart said. Chiles, who was wearing a heart monitor on his wrist, died instantly, Stewart said.

Chiles, 68, was last seen at about 8 a.m. Saturday when he took his dog, Tess, into a private recreation area of the mansion. His body was found at 3:30 p.m. when his wife, Rheba, asked about his whereabouts. Officials said it was not uncommon for Chiles to spend several hours by himself in that private area.

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'Star Trek' soars

LOS ANGELES (AP)—"Star Trek: Insurrection" replaced "A Bug's Life" as the top movie in North America, while the snowman fantasy "Jack Frost" opened to chilly business, industry estimates showed Sunday.

The sixth installment of the science fiction franchise brought in \$22.4 million, more than twice the \$11.4 million in ticket sales of "Disney's animated insect adventure."

"Jack Frost," with Michael Keaton as a father who comes back to life as a snowman, earned just \$7 million for third place.

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AROUND THE VALLEY

Fire guts downtown Jerome flower shop

JEROME - Fire destroyed a downtown flower shop early Sunday morning, causing \$105,000 in damage.

When Jerome city and rural firefighters responded to the fire at Jerome Floral, 107 W. Main St., flames engulfed the storefront, Jerome city firefighter Mark Keenan said.

Firefighters quickly contained the fire, but not before it gutted the flower shop and damaged an upstairs apartment, he said.

A family of four living in the apartment escaped unhurt but was unable to save its puppy, he said.

An electrical problem appears to have caused the fire, but an investigation was ongoing.

Automobile accident claims life of Rupert man

RUPERT - A one-car accident Sunday morning killed a Rupert man and sent a Heyburn man to the hospital.

Cedney George Gerhardt, 22, died from injuries sustained in the crash, and Wesley C. Evans, 20, was taken to the Memorial Hospital in serious condition, a news release from the Minidoka County Sheriff's Office said. Evans' condition was unavailable Sunday night.

The men had to be cut out of the wrecked car, which crashed around 4:30 a.m. Sunday at 176 N. Meridian, in north Rupert. The accident was under investigation, the release said.

IDPR offers sale on state park passports

BOISE - Summer is on sale now at the Idaho Department of Parks and Recreation, and the agency is throwing winter in with it.

IDPR is offering the \$35 annual passports to Idaho's state parks for only \$25, but only through Jan. 31. Second-vehicle passports are \$10 and are available for a second vehicle registered to the same person buying the annual passport.

With the pass in the car window, visitors do not have to pay the daily mandatory vehicle entrance fee of \$2 or \$3 that is collected at most state parks. No per-person fee is charged, so the annual pass allows a couple of people to swim, ski, hike, picnic and enjoy the state parks. Passes do not apply to camping. The stickers must be applied to the left-hand corner of the windshield.

Annual passports are available at all state parks or by writing to Annual Passport, Idaho Department of Parks and Recreation, P.O. Box 83720, Boise, ID 83720-0065. Include a check, the license plate numbers, a name and address of the purchaser and a self-addressed, stamped envelope.

Locally, passports can be purchased at the Malad George State Park, 1074 E. 2350 S. in Hagerman. For more information, call 334-4180 in Boise or 837-4505 in Hagerman.

Gooding commissioners meet to discuss plan

GOODING - A 4 p.m. hearing on the comprehensive plan is on the agenda for the Gooding County commissioners' all-day meeting today.

The public is welcome all day, but commissioners plan an executive session on a pending legal issue at 9 a.m.

Dietrich School Board may will discuss policies

DETRICH - The Dietrich School Board is expected to take action today on policies regarding drug, alcohol and tobacco use for students in extracurricular activities, and regarding student teachers.

The board meets at 7:30 p.m. in the district's business room, and the public is welcome.

The superintendent's report will cover an existing standards position statement that works in public education, a report on poverty rate, out-of-district students and minority students safety inspection, Dietrich history book and a bond adjustment.

Other School Board business includes a building fundraising guidelines, the facility design committee, the Advanced Regional Technical Education Center and the Magic Valley Cooperative School Service Agency.

Occupied from staff reports

Gun checks miss the mark

Dealers, buyers say new instant background check system targets wrong people

By Mark Heinz Times-News writer



Randy Ostrom, store manager at Magic Valley Pawn and Loan in Twin Falls, checks a rifle Friday.

TWIN FALLS - Like a rusty old 12-gauge with dimpled barrels, the new instant background check on gun buyers kicks hard, rars loud and throws lead at everything but the intended target, say some gun dealers and their customers.

The federally mandated checks "violate a basic presumption of innocence," Rick Catlin said as he finished a purchase at Blue Lakes Sporting Goods.

A Wyoming resident, Catlin had traveled to Twin Falls to pick up a top-of-the-line Italian shotgun carried by only a few dealers in the West. His background-check was completed and his purchase appeared in only a few minutes on Friday, through the store's computer link to federal data banks.

But Catlin wasn't pleased by the idea behind the process. "Imagine if they applied this same principle to First Amendment rights. You'd have to get a background check before you could write an article for the newspaper or go to church."

Catlin said he's also leery of the government collecting information on gun owners. Background checks and a mandatory waiting period on handgun purchases have been in force for nearly five years under the Brady Bill.

Starting this month, background checks apply to all firearms purchases. The process begins with a two-page questionnaire, which for years has been part of buying a gun from a licensed dealer. Among other questions, the form asks whether the would-be purchaser

is a convicted felon or was dishonorably discharged from military service.

The difference now is that once the form is filled out, the dealer uses a telephone or computer to cross-check and verify the customer's answers with government data banks.

The dealer can expect one of three answers that the purchase is approved, that it should be delayed for up to three days, or that it should be denied.

Randy Ostrom, manager of

Magic Valley Pawn and Loan, said no explanation is given when a delay is called for.

"It's usually just because the customer isn't registered into the system yet," he said.

If the dealer doesn't hear back from the government within three days, the gun can be handed over to the customer with no more questions asked.

Ostrom said the process hasn't slowed his firearms sales or drawn much criticism from customers.

Please see GUNS, Page A6

Blaine County principal retires

By Barb Newwert Times-News correspondent

HAILEY - He oversaw the philosophical and concrete transition from junior high to middle school. He later supervised the planning and construction of the new Wood River Middle School building. He always cared about the kids.

Last week, Principal Charles Turner announced his intent to resign next summer after 32 years with the Blaine County School District.

"He's a great leader, a fine leader, and he certainly did a fine job for the kids of Blaine County," Superintendent Phil Homer said.

Indeed, the National Association of Secondary School Principals honored Turner in 1995 as Idaho's Principal of the Year, a testament to the commitment and dedication he has given throughout the years.

Turner, now 55, began his Blaine County career in the fall of 1967 as an English teacher and coach. He and Homer, who also will retire next summer, coached and taught side by side, witnessing the growth in the school district.

Over the next 17 years, Turner continued to coach and taught social studies and math. During the 1982-83 school year, he returned to the College of Idaho to attain his master's degree.

With that in hand, he began his administrative career as vice principal of Wood River High School in 1984. The following year he became principal of Wood River Junior High and has served in both ever since.

"It's a real challenge to steer

Please see PRINCIPAL, Page A6

Classes give young moms Brighter Beginnings

By Loraine Caverer Times-News writer

BURLEY - Dana Ayres was pregnant with her first child at age 16. And though she is married to her children's father, Christopher Ayres, young motherhood can be daunting.

Matters became more complicated when their second child was born five months ago.

Ayres, now 19, is receiving support and parenting help from a new federally funded program called Brighter Beginnings. A \$12,500 grant through the Idaho Department of Health and Welfare enables Brighter Beginnings to help Ayres and other young moms learn better parenting skills.

"One of the most important things it has taught me is to always make time for myself," she said. "I see my friends out having fun or going to college and I'm stuck at home with my kids."

Finding time for herself isn't all she has been learning in the Brighter Beginnings classes, which she takes at the Golden Heritage Senior Citizens Center in Burley. While senior citizens will often listen, Ayres and the other women learn parenting



Dana Ayres plays with her two children, Marissa and Cameron. Dana is taking parenting classes through Brighter Beginnings.

skills. "If they get hurt or scratched I freak out."

She is also learning what to monitor how well her children's speech and physical skills are developing.

Brighter Beginnings doesn't stop with classes. Theresa Barnhart, a registered nurse and district director for Brighter Beginnings, visits Ayres on a regular basis.

"If they get hurt or scratched I freak out."

"She is also learning what to monitor how well her children's speech and physical skills are developing."

Brighter Beginnings doesn't stop with classes. Theresa Barnhart, a registered nurse and district director for Brighter Beginnings, visits Ayres on a regular basis.

ular basis.

"She does things like weighs the children and always asks how I'm doing," Ayres said.

Nurses visit at 2 months and 4 months, Barnhart said.

In addition, each of the 40 young mothers is assigned a Mentor Mom, said Linda Petersen, a Brighter Beginnings

Please see MOMS, Page A6

Winter drives homeless to shelters

By David Lee Times-News writer

BURLEY - The wood-burning stove is always running in the dining/recreation room at the Helping Hand Mission homeless shelter.

There are electric heaters in the shelter's six rooms in which is a dorm with eight beds. Because those heaters are more expensive to run, however, people said they leave them off and spend time in the recreation room.

The recreation room has been filled with people since the weather turned cold, said Mike Nix, manager of the shelter. Since Nov. 10, all of the beds have been

Want to help?

Magic Valley's homeless shelters always are looking for donations.

To donate cash, clothing or toys to the Community Center in Burley, call 438-4000 or mail donations to 1112 Seventh St., Burley, ID 83303.

To donate cash, clothing or toys to the Helping Hand Mission in Burley, call 378-9540 or mail donations to P.O. Box 302, Burley, ID 83303.

To donate cash, clothing or toys to the Community Center in Burley, call 438-4000 or mail donations to 1112 Seventh St., Burley, ID 83303.

To donate cash, clothing or toys to the Helping Hand Mission in Burley, call 378-9540 or mail donations to P.O. Box 302, Burley, ID 83303.

The Valley House in Twin Falls, which has 12 bedrooms, averages about 18 people per day, including families, Director Roger Wyatt said. He has seen a slight increase in requests because of the cold

taken by people who need a place to stay.

Directors of homeless shelters around the Magic Valley have reported more people coming in driven by the bitterly cold weather - to seek a roof over their heads.



Cecilia Eckley and James Hollens play cards in front of the wood-burning stove and Christmas stockings at the Helping Hand Mission homeless shelter Friday. The stove is the main source of heat for the shelter, which has 13 beds.

Help us welcome the new century

The Times-News would like your help in celebrating the coming of the new century. Here's how to take part:

By mail - Mail your prediction about the 21st century, or your recollection of the 20th century, to The New Century, P.O. Box 548, Twin Falls, ID 83303. (400 words tops, please.)

By fax - Send your prediction or recollection to 734-5538 or 677-4542.

By e-mail - Send e-mail to twnews@micron.net. Include your name, age, address and phone number.

In person - Bring your written essay, historic photo or historic front to Denise Turner in our Twin Falls office (132 Main St. W.) or to Joey Bryant in our Burley office (325 1/2 E. Fifth N., next to Wal-Mart).

By phone - Narrate your reminiscence or prediction to our answering machine. Call 733-0931, Ext. 801. Be sure to include your name and phone number.

Online - Starting in January, the Times-News Online (www.magicvalley.com) will have a "New Century" page.

In school - If you're a teacher, we'd love to receive your students. To find out more, call Denise Turner at 733-0931, Ext. 243.

Sports online: Visit *The Times-News Online* at
<http://www.magicvalley.com> for the latest on...

- Pro basketball
- Pro football
- Pro baseball
- Playoffs
- Idaho college sports
- Idaho high school sports

The Times-News

Monday, December 14, 1998

Page A7

MORNING LINE

SPORTSQUOTE

“When the ball was in the air it looked huge. It looked like the Hindenburg. I knew I was going to catch it.”

—New York Giants kicker Tommer, who caught a last-minute touchdown pass Sunday that gave the Denver Broncos their first loss in 19 games

TODAY'S SCHEDULE

Girls high school basketball
MVCHS at ISDBBoys high school basketball
Carey at Oakley
TFCA at Hansen
MVCHS at ISDBHigh school wrestling
Twin Falls at Mountain Home

Most junior varsity basketball games begin at 6 p.m. with the varsity following.

IN-BRIEF

Globetrotters schedule stop at Boise State

BOISE — The Harlem Globetrotters' 1999 World Tour will make a stop in the Pavilion at 7 p.m. Feb. 15 at Boise State University.

The two-hour basketball show is full of high-tech special effects, a hip musical score, expert showmen and audience participation.

Tickets for the tour went on sale this weekend with tickets priced at \$12, \$15, \$20 and a limited number of \$23 VIP tickets. Group discounts are available through the Pavilion. For more information, call 425-1766.

Jerome athletes receive all-state recognition

JEROME — Two Jerome High School football players have been named to the Class A-1 Div. II all-state team — Mike Williams as a first-team defensive back and Sam Dickinson as an honorable mention offensive lineman.

Williams (6-2, 170 pounds) was also a unanimous choice as first team all-region as well as the recipient of the Harry McMahon Award. He had 114 tackles and three interceptions. Williams was a team captain and is the student body vice-president.

Bronco-Bengal basketball game changes time

POCATELLO — The men's college basketball game Tuesday, Dec. 22 between Idaho State University and Boise State University has been changed to 7:05 p.m. for television purposes.

The game will be broadcast back to Boise on KIVI-TV. T

It's time change also means that Idaho State's radio broadcast of the game will begin at 6:35 p.m. Idaho State's games are heard across the state of Idaho on the Bengal Radio Network, flagshiped by 1240 AM KWIK and 54.9 FM KPEZY.

Idaho State's games have also been changed for regional television purposes. The Idaho State-Portland State men's game has been moved from Feb. 13 to Feb. 12 at 8:35 p.m. Also, Idaho State's women's match with Montana State, Feb. 5 has moved to 8:35 p.m.

Both games are being broadcast on Fox Northwest.

Tigers need overtime to beat Ketchum-Sun Valley

RICHFIELD — The host Richfield Tigers needed overtime late Saturday night to defeat Ketchum-Sun Valley Community School, 83-79.

Tiger sophomore Quinton Kent led all scorers with 31 points.

Richfield (2-2) plays host to Bliss Tuesday night.

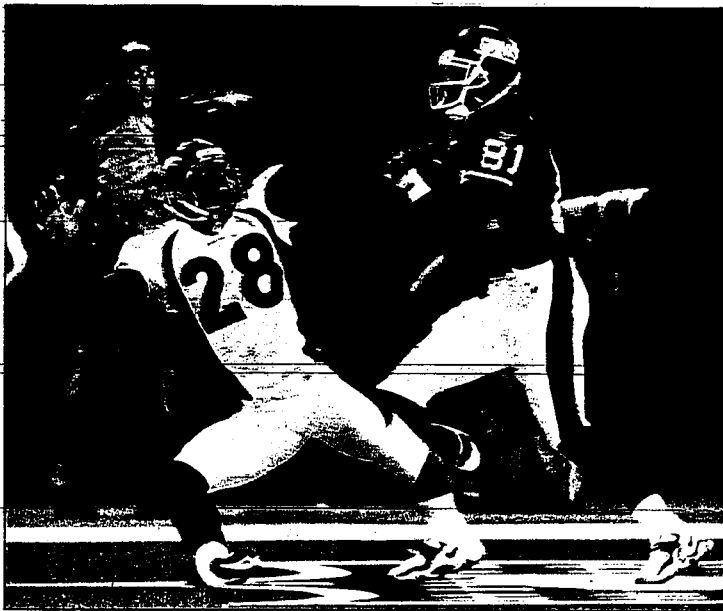
Boys basketball
Ketchum-Sun Valley 79, Richfield 83
Girls basketball
Ketchum-Sun Valley 41, Richfield 38
Baseball
Ketchum-Sun Valley 11, Richfield 12
Soccer
Ketchum-Sun Valley 1, Richfield 2
Tennis
Ketchum-Sun Valley 1, Richfield 2
Volleyball
Ketchum-Sun Valley 1, Richfield 2
Wrestling
Ketchum-Sun Valley 1, Richfield 2

Compiled from staff reports

BRONCO BUSTERS



Above, a Giants Stadium security guard escorts Denver quarterback John Elway from the field following the Broncos' 20-16 loss. At right, New York receiver Antonio Tommer hauls in the winning touchdown pass from quarterback Kirk Cushman as Denver defensive back Tito Paul fails to get ground.



Giants upset Denver, 20-16

The Associated Press

EAST RUTHERFORD, N.J. — Best case, the Denver Broncos are no longer perfect. And the officials even seemed to get the game-winning call right.

Denver's dreams of becoming the first NFL team since Miami to go undefeated ended Sunday when Kent Graham threw a 37-yard touchdown pass to Antonio Tommer with 48 seconds left, giving the New York Giants a shocking 20-16 victory.

"It's disappointing. I think it was a goal of ours," quarterback John Elway said at the perfect season. "I am going to be honest, it was not our main goal. Our main goal was to be world champs and to get the

trophy."

Until the Giants' late heroics, the Broncos (13-1) seemed headed for their 14th straight win and an NFL-record 19th straight over two seasons, thanks to yet another Elway-led comeback.

But Graham topped him with an 86-yard, six-play drive. The big play was a 23-yard scramble by the quarterback that moved the ball to the Broncos' 48.

"After my run Chris Calloway came into the huddle and said 'Hey guys, we're going to win this game,' and you could feel the attitude of everyone we are going to get it done," Graham said.

The game-winning catch came in the back of the end zone with Tommer outspinning

Tito Paul for the ball. For a second, the officials looked in each other and discussed whether Tommer's feet were inbounds before back judge Kirk Dorman signaled touchdown.

Replays showed the call was correct, and it was not until after officials gave a 30-second replay to the New York Jets a win over the Seattle Seahawks in a game also at Giants Stadium. That mistake, along with several bad calls the week before, had prompted discussion of dropping back the size of instant replays to help officials.

Tommer said Paul never got his hands on the ball.

"When the ball was in the air it looked huge," Tommer said. "It looked like the

Hindenburg. I knew I was going to catch it."

Elway had engineered a 76-yard drive in seven plays with Terrell Davis (28 for 147 yards) leading the defending Super Bowl champs about 15-13 on a 27-yard run with 4:08 to play.

The Giants (6-4) lost one chance to tie the game when Gary Brown (18-112) fumbled at the Denver 25 with 3:38 to go.

New York's defense, which was outstanding in keeping Elway (12-46-36 for 180) under pressure the entire game, forced a Denver punt. Tommer misplayed it and New York was forced to start at its own 24.

After six plays and 86 yards later, Tommer muffed a pass in the back of the end zone.

"After my run Chris Calloway came into the huddle and said 'Hey guys, we're going to win this game,' and you could feel the attitude of everyone we were going to get it done."

—Giants' quarterback Kent Graham

It's time to draw the lines on salaries

By Jayson Stark
Night Writer News Service

NASHVILLE — This impassioned advice is brought to David Montgomery, Bill Giles and all the owners of the Phillies absolutely free of charge.

It's time to sell your baseball team to the Comcast Corporation, gentlemen. All of it. Most of it. Some of it. It's time to call the cable guy.

It's time to recognize the bleak reality of modern baseball — a reality that Kevin Brown and his new \$105 million contract with the Los Angeles Dodgers should have driven home like a runaway cable-repair truck crashing through the picture window.

That isn't baseball anymore. It's show biz.

Bill Giles disagrees, of course. He said so again on Sunday. An \$800,000 contract to Claudiell Washington may have run his predecessor, Ruby Carpenter, out of the ownership business 18 off-seasons ago. But Kevin Brown was not going to be his Claudiell Washington. Giles said —

"We talk about this every quarterly meeting," Giles said

Baseball salaries

The salaries for athletes continue to sky rocket with the signing of Kevin Brown to a \$100 million dollar contract. Here is a look at the top ten salaries in baseball, based on average annual values of multiyear contracts.

Player	Team	Salary
Kevin Brown	Los Angeles	\$100 million
Tim Lincecum	Seattle	\$45 million
Mike Piazza	NY Mets	\$40 million
Pedro Martinez	Boston	\$35 million
Greg Maddux	San Diego	\$35 million
Barry Bonds	SF Giants	\$35 million
Greg Maddux	Chicago White Sox	\$35 million
Ken Griffey Jr.	Seattle	\$30 million
Barry Bonds	NY Mets	\$30 million
Tim Lincecum	Seattle	\$30 million
Ryne Sandberg	Chicago Cubs	\$30 million

Figures were obtained by The Associated Press from owner and management sources and include all guaranteed income at the end of season, but not income from contracts involving bonuses. There is no distinction between guaranteed and non-guaranteed contracts.

of Comcast's longstanding interest in buying into the Phillies. "And nobody feels that the answer, you see. His group feels that our new ballpark — the one that's always right over the next political horizon — is the answer. And it is indeed part of the answer. Without it, this team really has no prayer."

But if his group was really paying attention to that Kevin Brown signing — and the Bernie Williams signing before that and the Mo Vaughn signing before that — it would be seeing this picture a whole lot

Internationals win golf title

Price's victory clinches win

The Associated Press

MELBOURNE, Australia — International captain Peter Thomson called the Americans the "greatest collection of golfers in the world" during the opening ceremonies of the Presidents Cup, but he knew his 32 players from seven continents were more than equal to the task.

He knew it before Neil Barnier clinched the International team's first Presidents Cup by beating David Duval in only the second singles match on a rainy Sunday.

He even said it before Brent Baird's 46-foot birdie putt on the 18th hole in the first match of the cup ruckled Royal Melbourne Golf Club and set the tone for a week of spectacular and unpredictable shots that rattled the Americans.

"The momentum started before we even teed off," said Thomson, an three-time British Open champion. "We were always rolling out of the gate by Friday. What happened was completely unexpected."

For the Americans, it was another nightmare on a course so unfamiliar to them that the matches might as well have been played in Mars.

The International team captured the Americans their way, led over America 10-9 — a 22-17-17 victory that cost them yet another cup. And since a 16-12-11 tie lost to Europe in the 1995 Ryder Cup, they have the Americans' best record since 1963.

Ailing DiMaggio to doctors: No more press

The Associated Press

HOLLYWOOD, Fla. — Joe DiMaggio must be feeling better. He told his doctors so.

Two days after awakening from a coma, an ailing DiMaggio ordered "Sam Thomson" to stop giving public updates on his recovery "except for major surgery and pneumonia."

Doctors had said Friday that the 84-year-old baseball great was very close to death. Now, he's talking and trying to reclaim the privacy he has always cherished.

"We would like to talk to the press when we



Nick Price tosses his hat to the gallery after beating American David Duval Sunday in Melbourne.

was very angry," said Dr. Earl Barron, who heads the six-person team treating the Hall of Famer. "He said, 'No more press.'"

Barron said he could no longer comment on DiMaggio's health. He refused to say whether his condition had been upgraded from critical to serious, as had been expected.

DiMaggio has guarded his privacy since his retirement from baseball in 1951, and information about his condition has been tightly controlled since a checkered one Memorial Regional Hospital on Oct. 12. He had surgery two days later to remove a cancerous tumor in his right lung.

SPORTS

Salaries

Continued from A7
clearer. How come George Steinbrenner is selling the New York Yankees to O'Malley?

And it's scier than a Stephen King novel.
"Even the clubs in the \$50 million payroll range are going to have trouble now," said Indians general manager John Harb. "The trend we're starting to see now is toward a third tier — a super group of clubs."

NBA lockout continues; no basis for deal yet

NEW YORK (AP) — They've tried almost everything to end the NBA lockout from secret negotiating sessions to private breakfasts to "mediation" offers in private back rooms.
They even tried going casual Saturday at the union's law office, showing up in some nice leather jackets.

NBA lockout Day 166
A look at the NBA lockout through Sunday.
40 Total days of season missed.
0 Games lost Saturday.
2 Total games missed: 284.
Earliest estimated start date: Jan. 15.

deal between us, or anything even close," Grank said.
"Of clear we have very different ideas of what an appropriate deal should look like."
The quick departure from Saturday's session by Stern and Grank surprised many around the league, especially some on the ownership side who had been told after Thursday's secret negotiating session that a deal was close.

While 49ers' on-the-field record is strong, off the field they're losing

By Clark Judge
Knight-Ridder News Service
The failure of the 49ers and Coach Steve Mariucci to reach a contract settlement today, two weeks after President Larry Thrush had hoped to have an agreement, is evidence that there is another threat to the 49ers in the weeks ahead.

departures of Carmen Policy and Dwight Clark and the non-involvement of owner Eddie DeBaralto have left the 49ers' front office with a hole the size of Rhode Island and Mariucci without a safety net.

anybody can make a decision about the future structure of the organization.
Mariucci was hired to coach the team, but in recent weeks he has been all things to all people.
He consulted a secretary upper over names of Clark's exit. He notified players he would act as a clearinghouse for offers to the locker room. He huddled with the recently returned John McVay over players' contracts. And he had to answer to the questions about his unresolved future contract.

there still is enough time to save the season.
The top negotiators could decide to meet this week, or they could decide to put the process back on the slow track and settle in front of their television sets Friday night with agent David Falk's exhibition game from Atlantic City.
No one is quite sure which choice they'll make.
"it's very clear we don't have the basis for

ago, the team had it and shook off the losses of Jerry Rice and Steve Young in a season-opening disaster at Tampa Bay to run off 11 straight wins and come within a game of reaching the Super Bowl.
This season, Mariucci has cringed on despite the departures of Policy and Clark, the absence of an active veteran, the ramrums of free receiver Eric, the loss of star defensive lineman Young and persistent speculation about his own future to win 10 of 13 games and stay close to Atlanta in the race for a division title and a crested bye in the first week of the playoffs.

SCORES AND STATS

FOOTBALL
NFL Standings
AFC EAST: Buffalo 10, Cincinnati 9, Cleveland 8, Pittsburgh 7, Baltimore 6, Oakland 5, Denver 4, Kansas City 3, Houston 2, San Diego 1.

ON THE AIR TELEVISION
Swimming, World Cup competition ESPN
Pro football: Loss at 49ers 6:20 p.m.
RADIO
Pro football: Loss at 49ers KARY 1400 6:20 p.m.

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SPORTS IN BRIEF

Mets, Henderson ink \$2.3 million pact

NASHVILLE, Tenn. — The New York Mets made a leadoff man, especially after stealing the fewest bases in the majors last season. They found him in Rickey Henderson, who has stolen more bases than anyone.

The Mets, in pursuit of Henderson for almost a month, caught up with the free-agent outfielder on Sunday and got him with a one-year deal worth \$2.3 million.

Henderson, who turns 40 on Christmas Day, agreed to a base salary of \$1.8 million for 1999. There's also an option year with a \$300,000 buyout. If he gets 500 plate appearances next season, his \$200,000 contract is guaranteed for \$2 million. He can also reach \$500,000 in incentives each year.

"Arguably, Rickey Henderson is the best leadoff hitter in the history of the game," Mets general manager Steve Phillips said at the win-and-meetings.

Henderson will play left field, where New York used several players last season. The Mets wound up using Tony Phillips, who signed with Oakland on Friday.

"The Mets have put together a team that can win the division," Henderson said on a conference call from Oakland. "I want to be a part of it."

"I'd say the Mets have the best team in New York now," he said. "The Yankees have carried the crown for a while, now it's the Mets' turn to take over."

Houston pulls out of Clemens bidding

NASHVILLE, Tenn. — Houston Astros general manager Gerry Hunsicker angrily pulled out of the bidding for Roger Clemens on Sunday, saying he was "stunned and outraged" at the financial demands of the pitcher, Cy Young Award winner.

"At the same time you have to give up talent to acquire a player under contract, you have to treat him as a free agent," Hunsicker said. "It was mind-boggling to me."

Clemens, coming off consecutive Cy Youngs, demanded Toronto trade him to a contender or transfer to home in Houston. The Blue Jays, citing a promise made by former team president Paul Beeston, have promised to comply.

Randy Hendricks, one of Clemens' agents, called Astros owner Drayton McLane on Saturday and proposed that if Houston wants to acquire Clemens, it extend his contract for one year at \$27.4 million, which would leave him with what amounts to a new \$43.5 million, three-year contract.

Indiana boots Stanford in soccer final

RICHMOND, Va. — After Indiana was stunned in the semifinals of the NCAA men's soccer tournament a year ago, Hoosiers forward Denna Kovalenko kept a picture of himself on the wall of his room.

It showed him laying on the field at University of Richmond Stadium, tears in his eyes and dazed on his face after a 1-0, triple-overtime loss to UCLA ruined his dreams of a perfect championship season.

On Sunday, Kovalenko could start an entirely different subplot.

He and eight other savers from last year's team took their place among college soccer's best, scoring three times in the first half and never allowing Stanford to threaten in a 3-1 victory.

"This feels unbelievable," Kovalenko said.

Compiled from wire reports

Williams lauds team in winning Heisman

NEW YORK (AP) — There's never been a Heisman Trophy winner quite like Texas tailback Ricky Williams.

Not only did he become the first Heisman winner with dreadlocks, a stud in his tongue and four tattoos, he also turned college football's ultimate individual prize into a team triumph.

Unique, indeed.

The knack on winning the Heisman Trophy at the beginning of the year was that I wouldn't play on a team good enough for me to win it," Williams said in his acceptance of the fourth largest margin of victory in Heisman history. "But my teammates came through, and we were 8-3. I share this award with them."

Back in Austin, Texas, many of his buddies gathered to watch the announcement on TV. When the obvious became official, and the Longhorns had the Heisman winner, Earl Campbell, who in 1977 — the crowd jumped to his feet and the party was on.

In New York City, too. After dozens of interviews, Williams said his entourage, including his mother, Sandy, twin sister, Cassie, and younger sister, Nisey, left the Downtown Athletic Club in a white stretch limo and headed for the private party.

On Sunday night, the 6-foot, 225-pound San Diego who broke Tony Dorsett's career rushing record, was officially welcomed into the Heisman fraternity at a dinner. And tonight, Williams receives his trophy — a 25-pound bronze statue of a player side-stepping and straight-arming his way to a national championship — at the formal Heisman dinner.

At today's dinner, there also will be a tribute to 1948 Heisman winner Duke Walker, Williams' mentor and idol who died a few months ago. Earlier this season, Williams received permission to wear Walker's No. 37 against Oklahoma at the Cotton Bowl, also known as the Texas A&M "Dak Bowl." Williams had 139 yards and two TDs in a 34-7 rout of the Sooners.

Williams ran for 1,274 yards and six touchdowns this season and made life a dream for new coach Mack Brown, who replaced the fired John Mackovic.

Once Williams decided to pass the NFL draft and return to school, Brown wanted Williams

1998 Heisman Trophy winner



RICKY WILLIAMS
Position: Running back
School: Texas
Year: Senior

Regular season	Rush	Yds.	Avg.	TDs
	361	2,124	5.9	28

Voting for the 1998 Heisman Trophy with first and total points.

Player	1st	Total
Ricky Williams	714	2,352
Michael Bishop	41	785
Kansas State		
Cade McNown	00	606
UCF		
Ty Couch	00	527
Kentucky		
Donovan McNab	00	232
Syracuse		

to reach his goals.

"When a young guy passes up multimillion-dollar bonuses to come back and play for your team, you really want to make it worth for him," Brown said. "This season, with all the pressure on Ricky and seeing him do what he did, I've never made this the most fun I've ever had in coaching."

Williams set or tied 16 NCAA records and 44 school marks in leading the Longhorns into a Cotton Bowl matchup against Mississippi State on Jan. 1. Among the career records he set are yards (6,279), scoring (452 points), touchdowns (75) and all-purpose yards (7,206).

Vikings edge Ravens for 13th win

Seahawks straight-arm San Diego

The Associated Press

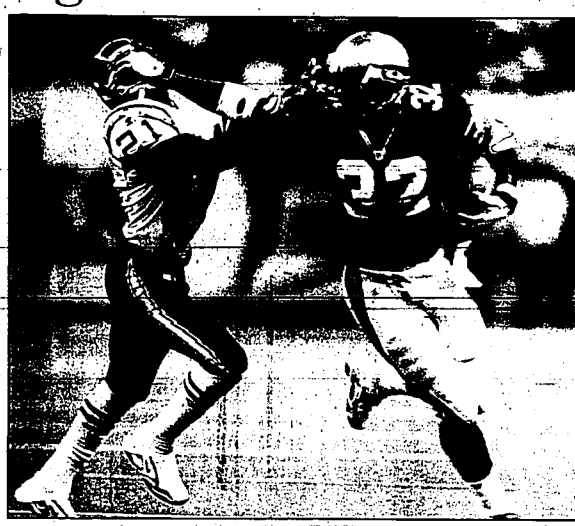
BALTIMORE — Gary Anderson kicked six field goals, Randall Cunningham threw two touchdown passes and Minnesota forced six turnovers to get its franchise-record 13th victory 38-22.

Minnesota (13-1) scored 26 points off the turnovers and remained a game ahead of Atlanta in the race for best record in the AFC and homefield advantage in the playoffs.

Pro football

Anderson has kicked 34 straight field goals, breaking the NFL record of 31 set by the Vikings' Fund Revis in 1994 and 1995.

The teams also set an NFL record with three kickoff returns for touchdowns, including two by the Ravens (5-9), who used a 99-yard return by Corey Elam and a 97-yarder by Patrick Johnson to go to 14-5.



San Diego defensive back Scott Turner, left, and Seattle running back Ricky Watters look up during the first quarter Sunday at the Kingdome. The Seahawks defeated the Chargers, 38-17.

Seahawks 38, Chargers 17

SEATTLE — The Seahawks intercepted a franchise-record seven passes, including two apiece by Shawn Springs, Darryl Williams and Jay Bellamy, and kept their rezept playff hopes alive.

Seattle (7-7), which lost last week when the officials incorrectly ruled that the New York Jets scored a touchdown in the closing seconds, returned an interception and a fumble for touchdowns to set an NFL record for most TDs (12) off turnovers in a season.

The Seahawks intercepted five passes by Chargers starter Craig Whelan and two by rookie Ryan Leaf, who played for the first time in five games.

It was San Diego's first game since interim coach June Jones announced he was leaving at the end of the season to become the coach at the University of Hawaii.

Cardinals 20, Eagles 17, OT

PHILADELPHIA — The Arizona Cardinals needed a little longer than expected to keep their playoff hopes alive.

After missing a 34-yard field goal at the end of regulation, Chris Jandle kicked a 32-yard 4V missed and a 20-yard 4V missed to lead the Cardinals to a victory over the Philadelphia Eagles.

Rod Moore, who had a controversial 99-yard TD catch that tied it 17-17, and receiver, who had a 16 yards from Jake Plummer on the winning drive. Arizona (7-7) stayed in the running for the NFC wild card, but needs to win its final two games against New Orleans and San Diego — both at home.

Adrian Marshall rushed for 174 yards on 33 carries for the Cardinals. Plummer, who had a horrible loss in his third game as the New York Giants last week, was 18-for-26 for 234 yards and a touchdown.

Packers 26, Bears 20

GREEN BAY, Wis. — Dorey Levens rushed for 105 yards and the injury-riddled Green Bay Packers overcame strong performances by former teammates Edger Bennett and Jay McInnis in his third game back from a broken leg, helped the Packers beat the Bears for the ninth straight time, the longest "dominance" of the NFL's oldest rivalry. The Bears won eight in a row from 1985-93.

The Bears (3-11) get another shot at ending the skid when the Packers (9-5) visit Soldier Field in two weeks.

Colts 39, Bengals 26

INDIANAPOLIS — Peyton Manning passed for 210 yards and three touchdowns as Indianapolis handed Cincinnati its eighth straight loss.

The victory snapped a three-game slide for Indianapolis (3-11), which led double-digit deficits in its previous two games. Manning, with Manning and Marshall Faulk providing the offense, the Colts never let up.

Faulk, the NFL leader in yards from scrimmage, had a pair of first-half touchdown runs, and his

Oilers 16, Jaguars 13

JACKSONVILLE, Fla. — Al Del Greco kicked a 41-yard field goal with four seconds remaining to lift Tennessee over Jacksonville.

The win pulled the Oilers (8-6) within two games of Jacksonville (10-4) in the AFC Central with two games remaining and the tiebreaker in their favor.

The Jaguars, forced to use third-string quarterback Jonathan Quinn in the second half because of injuries, still need one victory to clinch their first division title. They play at Minnesota next week, followed by a Monday night contest against Pittsburgh.

Rams 32, Patriots 18

ST. LOUIS — Hokie Az Hakin and Ronnie Ech Az Hakin won their playoff chances by losing for the first time in four games.

The Patriots (8-6) wasted a big game from rookie running back Robert Edwards, who gained 196 yards on 24 carries, and hurt their playoff chances by losing for the first time in four games.

Banks tore the medial collateral ligament in his left knee with 4:36 left in the first quarter and is out for the season. Backup Steve Bono had a slow start with an interception and fumble in the first half, but was 7-for-12 with no mistakes after the break.

Falcons 27, Saints 17

NEW ORLEANS — Terance Mathis caught touchdown passes of 63 and 62 yards from Chris Chandler as Atlanta stayed ahead of San Francisco in the NFC West.

Jamal Anderson ran for 148 yards on 27 carries for the Falcons, who can claim the NFL West crown and a first-round bye if the 49ers lose to Detroit Monday night. It was Anderson's 10th 100-yard rushing game this season.

Chandler's 62-yard TD pass to Mathis followed an interception by Ray Buchanan and made the score 14-0 after Eugene Robinson's fumble recovery set up Bob Christian's 19-yard TD run. Chandler and Mathis connected again with 650 left in the game.

Bills 44, Raiders 21

ORCHARD PARK, N.Y. — The Buffalo Bills scored on six straight possessions and beat Oakland to stay in the AFC East championship race.

Buffalo (9-5) has won four of its last five games and nine of 11 after an 0-3 start. The Bills are hoping to become only the fourth team in league history to reach the playoffs after an 0-3 start.

Doug Flutie completed 17 of 26 passes for 174 yards and two touchdowns for the Bills. Wade Wilson, starting for the first time since 1996, went 16-for-26 for 131 yards for Oakland (7-7).

Bucs 16, Steelers 3

TAMPA, Fla. — The Tampa Bay Buccaneers appear to be peaking at the right time.

Back in the playoff race after appearing all but eliminated three weeks ago, the Bucs (7-7) beat Pittsburgh (7-7) for their first three-game winning streak of the season.

Mike Alstott scored on a 3-yard run and a defense that's regained its bite in past month forced the Steelers to five turnovers.

Pittsburgh has not scored a touchdown in nine quarters.

Jets 21, Dolphins 16

MIAMI — The New York Jets had the better defense and the better quarterback against the Miami Dolphins, and now they have the better record.

Vinny Testaverde hit long completions to set up two touchdowns and the Jets smothered Tim Marino, forcing a crucial fumble late in the game, to win Sunday night's AFC East showdown, 21-16.

New York (10-4) clinched a playoff berth and moved a game ahead of Miami and Buffalo (both 9-5) in the AFC East. The Jets, who have never won an AFC East title, improved to 5-4 within the division, which could help them in a tiebreaker.

Redskins 28, Panthers 25

CHARLOTTE, N.C. — Rookie Skip Hicks rushed for 55 yards and two touchdowns and the Washington Redskins extended their late-season surge by beating Carolina.

Hicks helped the Redskins gain a season-high 160 yards on the ground against one of the NFL's worst rushing defenses, even though Terry Allen was sidelined with continuing ankle problems in the first quarter.

Trent Green threw for 257 yards and two touchdowns as Washington (5-9) won for the fifth time in seven games and secured its first three-game winning streak since 1996.

Things got so ugly for Carolina (2-12) that linebacker Kevin Greene attacked assistant coach Kevin Steele on the sidelines in the second quarter.

Greene grabbed Steele and began shoving him backwards before coaches and players separated the two.

Chiefs 20, Cowboys 10

KANSAS CITY, Mo. — Bam Morris rushed for 37 yards and a touchdown as Kansas City handed Dallas its third straight loss.

The loss prevented the Cowboys (9-6) from clinching their seventh NFC East crown in eight years. The victory by the Chiefs (6-8) moved coach Marry Schottenheimer into 11th place on the career victory list with 143.

Dallas pulled within 20-17 on Troy Aikman's 8-yard TD pass to Emmitt Smith with 2:48 remain-

ing, but the Cowboys' disaster kick down and missed a crucial punt on the clock.

The Jets win their ninth in a row, completed a sweep of the season series against Miami, and handed the Dolphins their first defeat in seven home games this year.

Leading 14-3 at the start of the fourth quarter, New York struck Miami three times within the stretch.

Victor Green ended one scoring threat with an 87-yard interception return, and winning Miami's series ended the Jets' 45 with a Marino interception on fourth-and-1.

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OTHER VIEWS

Young drivers live longer with graduated licenses

From The Salt Lake Tribune

The new statistics are undeniable. Newly licensed 16-year-old drivers have a terrific accident rate, largely because of inexperience behind the wheel. By the time they have a year of driving experience, their accident rates are significantly lower. So it makes sense to restrict the amount of driving that 16-year-old drivers can do before they are licensed.

But a system is needed to gradually ease the transition to full driver licenses. The Legislature took a look at a program last year, but said it wasn't a modified plan will be introduced, and lawmakers cannot get behind it.

Under current law, young people may obtain a practice permit at 15 years of age, which requires the student driver to have a practice permit to pass more comprehensive behind-the-wheel tests before graduating to a regular license. The student driver would have to be 16 years and three months old before becoming eligible for a regular license. In addition, the parent who signs the student's application for a regular license would have to certify that the young driver had completed

at least 30 hours of driving during the six-month practice period. At least 10 of those hours would have to be night driving.

Other rules would prohibit the youngest drivers who had obtained regular licenses from carrying a carload of their friends, who often create distractions, or from driving in the wee hours of the morning. The law would prohibit a person under 16 years and six months of age from carrying any passengers or other immediate family members or driving between the hours of 11 p.m. and 5 a.m. There would be exceptions to the night-driving rule for work or school activities or if there was someone at least 21 years of age in the front seat.

The statistics on fatal accidents involving 16-year-old drivers are the best argument for graduated driver licenses. Except for men over the age of 85, 16-year-old boys have the highest fatal accident rate of any drivers. Motor-vehicle crashes are the leading cause of death among teen-agers.

Yet the traffic fatality rate for boy drivers drops by more than half from age 16 to 17. A similar pattern applies to girls, though the drop is not so dramatic. (The girls' fatality rate at 16 is less than half that of boys.)

That should be enough to convince Utahns to introduce 16-year-olds to driving a bit more gradually, under greater adult supervision and without their friends in the car.

The statistics on fatal accidents involving 16-year-old drivers are the best argument for graduated driver licenses.



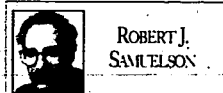
Negligence feeds Y2K computer bug

The year 2000 computer glitch may be the ultimate vindication of a 1959 essay titled, "The Two Cultures and the Scientific Revolution" by the British scientist and novelist C.P. Snow. The rise of science and technology, Snow said, was splintering society into those who did and didn't understand science. Increasingly, these groups couldn't relate to talk to each other.

Now we have a phenomenon that was completely predictable and — with enough time and money — fixable. But it won't be completely fixed by the year 2000. So what should have been no more than a minor mishap could mushroom into a major economic setback or even a social crisis. Economist Ed Yardeni of Deutsche Bank in New York is at an extreme in predicting a 70 percent chance of a major recession. But his forecast is not so outlandish that it's cavalierly dismissed by other economists. At best, we'll spend much of the next year determining whether the Y2K problem is a genuine menace or just a bad technojoke.

How could this happen? By now, almost everyone knows that the Y2K problem refers to the danger that some computers — mainly large systems for companies and government agencies — will misread the advent of 2000. They'll see "00" and not "2000." This in turn might shut down systems that run factories, power grids, water supplies and a host of everyday activities. There is no deep mystery about how to disarm the Y2K threat. Software codes need to be screened and corrected. Or entire computer systems need to be replaced.

In practice, this is a trickle-down process. Big companies repair their own systems while cajoling and compelling their smaller suppliers and customers to do the same. Lessons gleaned in richer countries



ROBERT J. SAMUELSON

pass to poorer nations through multinational companies or global agencies.

Because corrections have begun, the outlook is not entirely bleak. Yardeni recently reviewed 402 Y2K disclosure statements from big U.S. companies — the likes of Ford and BankAmerica. Together, they're spending \$29 billion to fix the Y2K problem. The federal government has also made progress. In November 1997, only 27 percent of its "mission critical" computer systems had been fixed. These systems verify Social Security checks, award college grants and talk to the space shuttle. Now, the figure is 61 percent, by March the White House says it will reach 85 percent.

But problems remain. Within the federal government, some agencies lag. Consider the Health Care Financing Administration (HCFA). It administers the \$200 billion Medicare program, which serves more than 38 million people. HCFA pays nearly 1 million doctors, hospitals and laboratories through a computer network involving 103 separate systems. HCFA is under a deadline to be Y2K compliant (though it also says that 90 percent of the work to fix the remaining systems has been done).

Smaller companies, too, have troubles. According to Yardeni, DuPont surveyed many of its key suppliers. Of the roughly 30 percent that responded, DuPont judged that two-fifths might not correct their problems in time. Also disturbing is a recent report from the Organization for Economic Cooperation and Development (OECD) in Paris, which 29 members rep-

resent the world's richest countries. The report found a "mixed level of preparedness" and concluded that "the majority of work remains to be done." Conversions by poorer countries — many now suffering economic crises — probably lag further behind.

For three reasons, we can't shelter from all this the true Y2K danger. First, we can't predict how many computers will go unfixed. The problem is simply too big.

Second, we can't know how disruptive small failures may be. General Motors receives supplies from about 100,000 locations around the world. Suppose 2 percent of those go down. Would that affect 0 percent of GM's output, 30 percent or 100 percent?

Finally, we don't know how people and science and technology will react. The general public is "tone-deaf," he continues, "over an immense range of intellectual experience, (and as with the moment, they) don't know what they miss."

So the technical issues making the warnings could not really talk to their intended audience. The result is that whatever damage Y2K does, the wound will be mostly self-inflicted.

Robert J. Samuelson is a Newsweek columnist.

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LETTERS

U.N. undermines Christmas

Jesse Christ is the master for Christmas.

The United States was eliminated as a Christmas nation with no representation to the national religion.

Now the celebration of Christ's birth is being eliminated as representatives turn over our independence to a United Nations world government through the United Nations' act. Christmas carries great historic and spiritual meaning.

If you want to maintain your religious faith openly, exercise this right, remain your own citizen, not American, and vote for your own nation. Keep your religious, national, and personal freedoms as a free American, and do not surrender and vote to get rid of the United Nations.

Our national government is a part of the global structure, United Nations, and other parties will be set up to assist.

Let's keep Christ as Christmas by withdrawing from the United Nations.

Mary Christina
 ARLAND L. KIP
 Twin Falls

One of the survivors said, "When they took the Gypsies away, I didn't say anything because we all know Gypsies are criminals. When they took the communists away, I didn't say anything because we all know communists are dangerous. When they took the Jews away, I didn't say anything because we all know Jews are trouble-makers. When they took away the Catholics, I didn't say anything because we all know a Catholic's first loyalty is to the Pope. When they came for me, no one was left."

The Times-News editorial of Dec. 8 was one of the vilest statements I have read. Especially the part where we should arrest them all and let the courts sort them out. Not only would this tie up our already over-burdened and out of money court system, but our police departments, county commissioners and city councils would become open to liability and litigation.

A simple democratic thermometer comes from Poor Richard's Almanac. If you look after the pennies, the dollars will take care of themselves. In other words, if you protect individual rights, society will retain its rights. So as an individual, are you willing to voluntarily give up your constitutionally protected freedom from illegal search and seizure when you visit a friend who is ranting?

As you drive into the Times-News parking lot this afternoon, say to yourself, I have just given the police permission to search my car without a warrant and without probable cause. You shouldn't feel uncomfortable. After all, you are a law-abiding citizen.

WESLEY A. GATES
 Jerome

Individual rights safeguard society

Once upon a time, there was a democratic republic which had used many appeals and the people tried to hear. It alternated that year the people allowed their government to have more control over their lives. Instead of elected men from the rest of the world, after all, the government would get to see the bad guys and would have to be law-abiding citizens.

Following this was three millions of people were asked, their democratic numbers were asked, how could they be the happy?

The answer was it was better.

Traffic woes come with the turf

In an editorial your paper printed regarding development near the Perrine Bridge you stated the following:

"Before anyone protests the 'desecration' of this land, it's wise to remember that business development is inevitable in a dynamic community."

Shortly after this comment, you stated that "as the land is developed, care should be taken that it does not add to traffic congestion in the vicinity of Blue Lakes and Pale Lake."

Do you see the idiocy in these conflicting statements? You waste no time slamming any opposition to what you see as a brilliant plan by saying that development is inevitable. Like "water flowing downhill" and then you call for "care" in terms of traffic in the area. Not only is care impossible if the land is developed as you advocate, but it is

probably already impossible given the haphazard and thoughtless nature of past development.

The fact is that Twin Falls and the area near the canyon has been planned so poorly that I don't think there is such a thing as "planning" in the vocabulary of local officials.

What you have now is a mess of strip malls and traffic congestion with no attempt at protecting the natural habitat of the canyon or creating livable residential areas. Twin Falls, especially near the canyon, has prostituted itself out as the shopping center for southern Idaho and the people of southern Idaho will pay a price for the near-sighted greed of their elected officials.

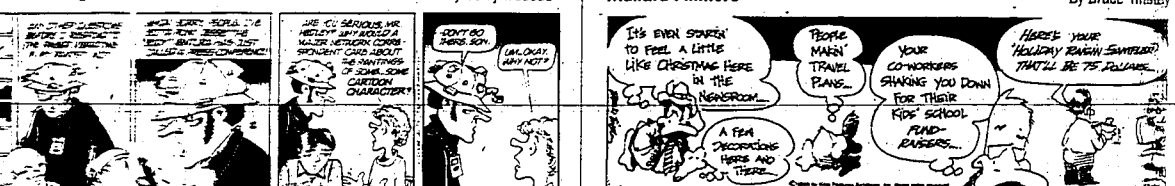
The only way the area near the canyon and the traffic around the mall will ever become less congested is if development starts moving away from the

canyon and into smaller cities such as Jerome and Wendell. Why this hasn't happened sooner is a mystery to me. These cities are more centrally located than Twin Falls and they aren't as poorly planned as Twin Falls already is. A great deal of the business that Twin Falls receives comes from cities like Hagerman, Wendell, Jerome, etc. People from these cities will likely welcome the opportunity to do their shopping in cities other than Twin Falls. They could cut down on their commute, and they wouldn't have to brave the horrible mess of traffic that Twin Falls has become.

Count me as someone who thinks more development is precisely the last thing Twin Falls needs, especially in the area around the canyon.

PRESTON K. CRAWFORD
 Boise

Doonesbury



LETTERS

Ordinance burdens stores

Are you a business who deals in used merchandise that could be found on a secondhand store, such as toys, books, furniture, etc.?

Well if you are, then Twin Falls City Ordinance No. 2291 is used on you. That is unless you deal in "recording media," antiques or clothing. Those items were conveniently left off the ordinance that was originally against pawnshops-pawnbrokers.

I work at a used furniture store. We deal with items such as stoves, sofas, refrigerators and chairs. These items do pertain to the ordinance. Therefore, we are supposed to fingerprint each individual trying to sell or consign their furniture. We have to file a police report within seven days and then have to show the items for 30 days before we can sell them.

If I forget to mention that, at any time, the police have the right to search our records without a warrant. Isn't that against the law? If you buy or sell used merchandise more than 10 times a year. After seven years of business with inventors, doctors, housewives and others, we are now forced to comply with this law that was originally against pawnshops.

We were not notified of this law that applies directly at us until Dec. 4. Several kind of odd laws like the law versus the effect on the law. I don't know one person mentioned secondhand stores being on the ordinance. Not to mention an article on Aug. 17 in this newspaper, the pawnbrokers were complaining about secondhand stores, antique stores and others not being on the list. We were not aware that there was a lawsuit uprising in stolen sofas. Wouldn't antiques be a "hotter" item than diamonds?

According to the ordinance, anybody selling, consigning or trading used merchandise that can be found at a secondhand store has to comply. If you don't, you can go to jail. There is a petition against this ordinance floating around downtown. It is the consumer's right as well as ours to be treated as a criminal and so are we. If you have a sofa or other item you don't want we might not be able to help you because we can't afford to comply with this law. We cannot wait 30 days to sell merchandise, and we will go out of business if this law does not get repealed.

BRANDON SHEARER
Twin Falls

Education can't ignore God

To Idaho's legislators, educators and parents, education at its core must be religious or at least promote religion. Education, particularly the sciences, must present theories about the origin of the universe and man. These theories,



such as are in the Existing Standards, are set before students by educators for the purpose of developing a world view. The Existing Standards are not based on the way people relate to government, other people and affect the way people view history. An evolutionary world view for instance has led to ideas about master races, the strictest segregation of life, the revision of history, books, etc.

Religion is simply the application of a world view. By establishing evolution as the foundation of their world view and excluding creation, Idaho's government school system is establishing, or at least exclusively promoting, a religion. Not only is Idaho's government school system excluding creation, the established world view is so subtly founded on evolution, and so intolerant that it scoffs at and dismisses anyone who would believe in creation.

In an interview with KEZJ, Dr. Finnes Huggins, a member of the Science Committee for the Existing Standards Board, stated that approximately 55 percent of those attending the public meeting led by the Existing Standards Board desired equal time for creation. He went on to say it was his opinion that the Science Committee ignored the opinions of the public. Some who attended the Idaho State School Board Association meeting in November believed that the Existing Standards were being pushed through too quickly and more time needs to be taken before accepting them. This plea for sanity was ignored, consequently the Existing Standards were accepted without creation. This intolerance for creation theories is not founded on scientific reasons, and one must conclude from the total disregard of public opinion that the Existing Standards have one purpose and it is not the pursuit of

truth or academic excellence. The only purpose of the Existing Standards can be the production of students who think alike and act alike. This is much the way communism and Nazism function.

JEFF PERMON
Jerome

Irrigators put water at risk

Water Resources Director Karl Dreher's recent comments on Snake River salmon recovery should be of little comfort to Magic Valley irrigators. Of the three salmon recovery options under consideration, he said, two don't help the fish and the third is politically impossible (Nov. 30, *The Times-News*).

The two options that won't recover salmon rely on barging young salmon around the lower

Snake and Columbia River dams in concert with massive amounts of flow augmentation. In the worst-case scenario for irrigators, an additional 3 million acre-feet of Idaho water would be used to flush ocean-bound smolts through the hydro system. This could potentially dry up 40 percent of the irrigated farmland in the upper Snake basin.

Dreher calls bypassing the lower Snake dams politically impossible, yet the Idaho Fish and Game Commission endorses this plan because it says it is the only one that will restore salmon runs. So what is the Idaho Department of Water Resources' preferred plan? Do nothing? How about the Idaho Water Users Association? Simply raising against additional flow augmentation is not a plan. It is a huge gamble that if lost will cripple southern Idaho farming.

By refusing to endorse any of the salmon recovery options under consideration, the irrigation community puts its most precious natural resource—water—at great risk. If southern Idaho irrigators truly want to control their own destiny, they must tell their elected leaders to abandon their defense of the lower Snake River dams and make protection of Idaho water part of the deal. In other words, they must make dam-breaching not just politically possible, but politically mandatory.

SCOTT BOSSE
Conservation Scientist
Idaho Rivers United
Boise

Fabrics

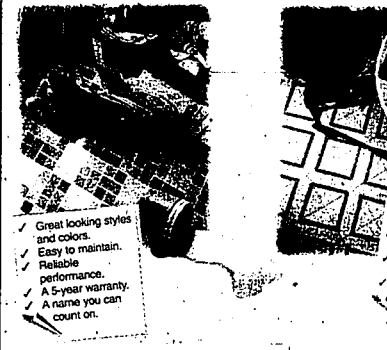
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NATION/WORLD

Struggling Pocatello hospital trims staff

POCATELLO (AP) — Blinnick Regional Medical Center has cut its staff by 7 percent and reduced other costs to offset financing losses of more than half a million dollars this fall and a projected loss of revenue in November and December.

The work force reductions, into 25 full-time jobs. In further cost-cutting moves, some hospital positions have been changed from full-time to part-time or to occasional status.

"I don't want to minimize the seriousness of the situation. There are dark days ahead," assistant administrator Mark Norrell said.

"We'll be re-evaluating our situation on a month-by-month basis."

A line of revenue from a federal Medicare insurance program and the retirement of one of two Pocatello neurosurgeons prompted the cuts, Norrell said.

A new Medicare reimbursement formula reduces hospital coverage in some cases to a per diem rather than a flat payment rate. Blinnick projects a Medicare revenue loss to the amount of \$2,500,000 in 1999 and \$500,000 in 2000.


The new reimbursement formula is one of

the components of the Balanced Budget Act of 1997 that will be phased in over five years. The act contains 24 categories of reimbursement changes for Medicare.

And with the retirement of neurosurgeon Dr. Michael Walus earlier this year, neither of Pocatello's two hospitals can provide 24-hour, seven-days-a-week trauma call coverage for neurosurgery emergencies.

Without full neurosurgery coverage, Blinnick estimates it has lost an average of 10 patients a month since late August to medical centers in Salt Lake City and Idaho Falls.

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Housing volunteers look to Meridian

MERIDIAN (AP) — Habitat for Humanity volunteers want to expand their home-building efforts into Meridian, a city with few options for those seeking low-income housing.

"Meridian really doesn't have any large complexes of Section 8 or subsidized housing, and right now you either afford conventional financing or you can't buy," Dianna Bury of Boise Valley Habitat for Humanity said.

"There's a lot of assistance available in Boise and Canyon County, but that space is between us and Meridian," she said.

Jessica Halbesleben of Meridian already has applied for a Habitat for Humanity home. She is a housekeeper, and her husband delivers building materials. They are raising five children on an income of \$23,000 a year.

"We're tired of throwing our money away on rent," said Halbesleben, 25, who pays \$700 a month for rent. "For us, the typical four-bedroom house would cost \$100,000, and we don't have the income for that."

In June of 1996, there were 236 new homes for sale in Meridian for less than \$100,000, real estate analyst Brad Knipe said. In September 1998, there were 13.

Some of that might be due to inflation, but Knipe said other factors account for the scarcity, such as Meridian requirements for larger lot and home sizes.

"Public policy, as well as demand for a wider range of housing in Meridian, have all contributed to a decline in entry-level housing," Knipe said.

Habitat for Humanity, a national organization, provides financing and builds homes for people who do not make enough to afford a new one. The clients must be employed and must be able to pay closing costs, usually under \$1,000.

Puerto Ricans say 'no' again to statehood

SAN JUAN, Puerto Rico (AP) — Puerto Ricans rejected statehood Sunday, giving supporters of the existing commonwealth status a narrow majority in a non-binding referendum on the island's ties to the United States.

Final results gave 50.2 percent of voters to the "no" or "above" option adopted by the commonwealth party, while statehood had 46.5 percent in a similar non-binding referendum in 1993, commonwealth supporters beat out statehood by 49 percent to 46 percent.

President Clinton has asked Congress to abide by the result of the referendum, but it is unclear what kind of message the "no" of the "above" victory would send to Congress. Most likely, there will be a bitter and prolonged argument over interpreting the result.

Body of Iranian writer found

TEHRAN, Iran (AP) — An Iranian writer missing since last week has been found dead, his daughter said Sunday.

Mohammad Jafar Panjshahi, a 45-year-old writer and translator, had been missing since Wednesday.

He is the fifth critic of the hard-line clerical regime to die in mysterious circumstances in recent weeks.

Iran's judiciary, controlled by hard-liners, blamed unidentified foreigners for the killings, while a group of lawmakers accused an exiled Iranian opposition organization.


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Frames Editor: Steve Crump - 733-0931, Ext. 223

The Times-News

Monday, December 14, 1998

Section B

Merry gesso, holiday craft connoisseurs

Ho ho ho! 'Tis the Christmas season, a time of festivity and fun and credit-card statements the length of "The Brothers Karamazov." It's also a time when the publications at supermarket-checkout counters are chock-full of articles featuring creative holiday craft ideas, with headlines like "JFK JR. TELLS OPRAH: CAST OF FRIENDS AT THE PARTY."
No, sorry, some type of supermarket-checkout publication. The ones with the holiday craft ideas are the housemaker magazines, which are filled with articles like "50 Fun Holiday Crafts You Can Make With Your Saliva." The problem is that, to make these crafts, you usually have to understand some technical craft terms. For example, I have here a "Family Circle" article on 25 do-it-yourself holiday gifts, in the instructions for making a "Vaseline Shell," it says that step one is to "gesso an unfinished wooden shell."

Call me a big fat holiday dope if you want, but I have no idea what "gesso" means. It sounds like dialogue in a bad western movie.

FIRST COWBOY: Yew know what gesso means them heifers?

SECOND COWBOY: Ah gesso.

The thing is, I happen to consider myself a craft expert, based on my experience in the summer of 1966 at Camp Sharpshooter in Dorset, Farnham, N.Y., where I held the title of Craft Shop Counselor.

My most popular craft project — in fact, our only craft project — was having the campers make "laneyards," which were these things that you made by braiding something called "gesso." You spent several days braiding your laneyard, and then you hung it around your neck, where it served thousands of useful purposes, although nobody I know ever could think of any.

I suppose I should have come up with some other craft projects, but I was pretty busy fighting bats. The Camp Sharpshooter craft shop was located in a rustic old stone tower, moated with had to be the largest water bath colony in North America. Around dusk the bats would swarm out and, perhaps angered by the "gesso," swooped around the campers, causing them to become frightened and, consequently, "gesso" braiding errors. And that is why today I am proud to present the following holiday feature, "Christmas Projects for the Craft-Impaired." We'll start with an easy and inexpensive gift idea:

Holiday coat hangers

This is the perfect solution for that embarrassing moment when people give you a gift and you didn't get anything for them. Simply take an ordinary coat hanger from your closet, tie a festive red ribbon around it, and — Voila! — you have a useful, hand-crafted gift that perfectly expresses the holiday message: "This coat is nothing. If you really want to go to all that trouble, you can simply give people a hanger and tell them to tie their own ribbon on it. For that matter, they might just as well use their own hanger; no sense in killing yourself! You have other holiday craft projects to think about, such as this fun and rewarding idea for the kids:

Mayonnaise Nativity scene

Get a big jar — no, get several big jars — of mayonnaise. Scoop the mayonnaise out onto a table or floor in a big glob, and tell the kids to make a Nativity Scene out of it. They can't, of course, but they'll be busy for the next few hours, which gives you some time to make:

Festive holiday eggnog

Eggnog is a traditional cold beverage that gets its name from two words, "egg" meaning "egg," and "nog," meaning "a second people make in the bathroom if they have consumed too much eggnog." You need a dozen eggs, a quart of rum and some other ingredients that I forget. Begin by separating the egg whites from the yolks. When you're done, take a standard No. 2 pencil and write me a letter explaining how you did it, because I never could. I always end up just drinking the rum, if no rum is available, beer. Which always puts me in a good mood to plan my:

Holiday 'surprise' gift party

Invite all your friends, and in the invitation, tell them to bring a wrapped gift with no name on it. At a given time — say, 5 p.m. — gather all your guests together and tell them to go home. Then open the gifts. If any guests refuse to leave, threaten to pass them.

Dave Barry is a humor columnist for the Miami Herald. Write to him at One-Three-Three The Miami Herald, One Herald Plaza, Miami, Fla. 33132.



Noreen Clark of Twin Falls checks for the proper fit and overall look of a new dress at Paris Too in Twin Falls.

By Cathy Walworth
Times-News correspondent

Mama used to say, "Keep a Little Black Dress in your closet always."

Mama was right. The Little Black Dress is a classic that should never leave your closet. It's got to be ready for the next cocktail party, office-to-dinner date, cocktail party, funeral, afternoon tea, or just for days when you don't know what to wear.

The Little Black Dress goes everywhere.

So what, exactly, is a Little Black Dress?

"It is usually a simple dress without a waist," said Gail Kubik, assistant manager at Paris Too. "A sheath or subtly waisted dress. It can be belted, but it should always be as simple a cut as possible. Often it only has side seams, a scoop neck or a mock neck with short sleeves. It should have as few details as possible.

A basic black dress fits well. It doesn't look like a bag," she continued.

Locally, between \$50 and \$190 buys a Little Black Dress. And the emphasis this holiday

The little BLACK dress

Choose it wisely: It's the unofficial uniform of holiday-season revelry

season is on little. Who can wear these sky-high heels? And where?

"I think it's appropriate for any occasion," said Lorie Wheeler, co-sales manager at Lane Bryant. But everyone has a different body type, and you want to wear what's most flattering to you.

You wouldn't put a short little black number on someone built like an inverted triangle, for example.

"A short black dress is best for a balanced body type," Wheeler said. If you don't think you've got the legs for the way-above-the-knee hemlines, don't despair: Little Black Dresses come in every length.

Above-the-knee dresses can be worn to a formal event, as well as to an office party.

"If it's short-short, no, not to the office party," Kubik said. "Try, instead, a more tasteful just-above-the-knee dress for the office party." To dress up your look for evening wear, add dark hose and shoes. Light, flesh-toned nylons are always worn for daytime events, she said.

Mid-calf dresses can go to the office party. They work well as daytime gear.

"Mid-calf gives you the most flexibility — unless it's velvet," she said. "Velvet is too dressy for a day-to-day work environment." Floor length goes to the special events. The black-tie affairs,

apparently so well known that the pointing almost named Sargent's career. The Little Black Dress probably came out of the tradition of mourning wear, which can be traced to early Christian converts. Until the end of the 19th

century, a widow was expected to be in black for more than two years.

— Sources: "The Little Black Dress Book," by Amy Holmes Edelman (Simon & Schuster, \$30); Lubbock, Texas, Aftershave Journal

Bring out the velvet for these occasions.

"The basic black dress is the miracle garment — you can do so much with it," Kubik said.

The Little Black Dress falls into what Wheeler calls "the working classics."

"Those are styles that won't fade from year to year. People who have a good fashion sense know how to add it to for a particular year with accessories or shoeing. It's a trend that is a re-emergence of pieces that have been revisited," he said. "The Little Black Dress has been joined by sailor pants this season. A classic look makes you say 'Omigod, it's back again; that's a classic.'"

"And remember," added Kubik, "if it's basic enough, you can wear it several times. Change it with accessories such as shawls or a jacket."

Times-News correspondent Cathy Walworth can be reached at 733-5015.

"If it's short-short, no, not to the office party. Try, instead, a more tasteful just-above-the-knee dress."

—Gail Kubik, assistant manager at Paris Too

A frock with a past
Women often think of the Little Black Dress as safe. They're wrong. It was not safe for the seductive Madame X in John Singer Sargent's 1884 painting. Black was still considered a mourning costume and the gown with the diamond straps and deep décolletage was dubbed disgraceful. But so was the subject's reputation. She was a Madame Gautreau, whose audacious escapades were

apparently so well known that the pointing almost named Sargent's career. The Little Black Dress probably came out of the tradition of mourning wear, which can be traced to early Christian converts. Until the end of the 19th

century, a widow was expected to be in black for more than two years.

— Sources: "The Little Black Dress Book," by Amy Holmes Edelman (Simon & Schuster, \$30); Lubbock, Texas, Aftershave Journal

Santa's got a ho-ho-whole lotta problems

Knight Ridder News Service

Here's a slice of what the folks at Methodist Health Care System of Houston think are Santa Claus' problems, and what he needs to do about them:

• Santa's overweight.
Symptoms: Abdomen shakes like "howl hill of jolly."

• Concerns: Heart disease, adult-onset diabetes.

Recommendation: Comprehensive lifestyle changes — beginning with a prescribed weight-loss plan such as one offered at the Institute for Preventive Medicine at Methodist Health Care System and Baylor College of Medicine. Santa needs a physician-supervised program for people needing to shed more than 40 pounds. Santa should also begin regular aerobic exer-



Tristan Henriks, 3, gives Santa a big hug Dec. 7 in Billings, Mont., after telling Santa what he wants for Christmas.

cise to improve cardiovascular conditioning as well as keep the weight off.

• His cholesterol is high.
Cause: Eggnog-and-cookie diet (perpetuated by well-meaning youngsters).

Recommendation: Try bringing along some fat-free snacks (raisins, carrot

Please see SANITA, Page B2

HEALTH NOTES

The bitter and the sweet

Rats that eat high levels of a natural sugar known as fructose seem to age faster than other rats — and the same could be true for people who eat too much sweet junk food, Israeli researchers report.

Fructose, found naturally in honey and fruit, is used widely in foods ranging from soft drinks to yogurt. But while its sweet taste is popular, the sugar could cause wrinkles and health problems, the researchers report in the Journal of Nutrition.

Stressful memories

Speaking of tension, it's bad enough that stress has been linked to headaches, strokes, heart attacks, ulcers and even the common cold. Now researchers believe stress impairs our memory.

Analysing the chemical processes that occur in brains under stress, the San Jose Mercury News says that several teams of scientists have concluded that even mild stressors inhibit that portion of the brain thought to facil-

itate concentration and organization.

Myth goes up in smoke

More pressure for you to quit smoking? Swedish researchers say they've disproved an old myth that smoking or chewing tobacco can lower blood pressure. In fact, they say in the American Journal of Hypertension, tobacco users have significantly higher blood pressure than normal and a faster heart rate.

No sure cure

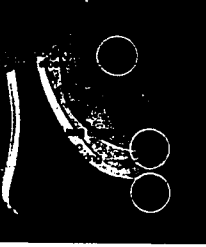
British scientists are launching a major study to investigate whether infertility, or treatment for infertility, increases a woman's risk of ovarian cancer.

"If there is a link between the treatments and a risk of ovarian cancer, or infertility and the disease, then we may be a step closer to understanding the causes of the disease," the study's director says. "If researchers find there isn't a link, then it'll reassure thousands of women."

Compiled from wire reports

Healthy Living

From CAPRI/STOCK COMPANY/STOCK MARKET



Government panel may add alcohol to list of carcinogens

The Washington Post

Just in time for the holidays, some sobering news about drinking and health: A panel of government science advisers has recommended adding booze to the list of substances believed to cause cancer in people.

The nonbinding recommendation was made last week by the National Toxicology Program's Board of Science Counselors, an independent panel that reviews cancer research and advises federal regulators on potential health threats. By a 5 to 3 vote, the group said alcohol should be listed as a "known human carcinogen" in a government report due next year.

The panel reached the same conclusion for secondhand tobacco smoke, and said diesel fumes were "reasonably anticipated" to cause cancer. For a substance to be a "known human carcinogen" there must be convincing human studies or epidemiological data linking it to cancer.

The panel stressed that the cancer risk from alcohol is much more pronounced among smokers and heavy drinkers. Some panel members also noted that moderate alcohol consumption may have an overall beneficial health effect for many people.

Santa

Continued from B1 sticks, apple wedges) to take the edge off Christmas Eve cravings. Weight management programs can offer some great suggestions, see "Overweight."

• Santa suffers from back and knee pain.

• Cause: Hefting large sacks of coal too quickly.

• Recommendation: Enroll in weight-control programs and head for the gym. Use ergonomically correct cart or dolly for toys.

• Cause: Spending most of the year in a noisy workshop.

• Recommendation: Use of OSHA-approved ear protection while at work.

• Annual auditory screening get'tuff for hearing aids, if necessary.

• He has a real problem with sleigh safety.

• Concerns: No head protection or seat belts in evidence; inadequate illumination provided by single glowing reindeer nose.

• Recommendations: Replace fur cap with crash helmet; retrofit sleigh with shoulder harness, lap belt; air bag and government-approved landing lights.

• Agravating factors: Age; long hours of sitting during around-the-world flights.

• Recommendations: As for all men older than 40, an annual screening for prostate cancer is recommended.

• There's that cherry-red nose. • Concerns: Could be a sign of eczema, windburn, sun exposure or other problems.

• Recommendation: Annual skin cancer screening. Check for allergies to reindeer, mistletoe, holly. Also, lay off the hot rum toddies.

• He's plagued by pre-cancerous lung, mouth and throat irritation.

• Causes: Pipe smoking, exposure to large amounts of chimney soot.

• Recommendation: Stop smoking immediately. Seek alternative means of access to dwellings, or wear OSHA-approved respirator when working in or near chim.

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What's new in-makeup for the holiday season?

DEAR PAULA: Anything new and interesting out there? I'm in a mood to shop for makeup but I'm never going shopping without you!

-KAREN, BALTIMORE

DEAR KAREN: I'm glad you asked because there are several new products to consider:

• **Almay Amazing Lasting Sheer Makeup SPF 12 (SS327)** is definitely sheer — actually, it's beyond sheer to almost nonexistent. The nonchemical (titanium dioxide) SPF is great and the application is smooth and even. The appearance is so sheer it would be hard to make a mistake with this stuff, but that also means you don't get any coverage.

The one concern I have is that the texture is slightly sticky, though it does have the "lasting finish" feature of the other Almay Amazing products (similar to Revlon's ColorStay foundations, which isn't surprising given that Revlon owns Almay).

If you want transparent coverage with a good SPF and no matting/turtling feel whatsoever, this one is a definite option. Most of the ten colors are superior. The only



COSMETICS Q & A Paula Begoun

ones to avoid are Pale, Naked, and Warm.

• **Christian Dior Teint Dior Light SPF 10 (SS350)** is a nice addition to Dior's rather weak foundation group. For the most part, Dior's foundations have terrible colors, which is regrettable, because the consistency of the foundations is often quite lovely.

Teint Dior Light has a great color selection and a standard Dior smooth application. Teint Dior Light is an exceptionally sheer, smooth, soft matte-finish foundation with a decent "particulate" (powder-based) sunscreen. In many ways it is quite similar to Almay's new foundation I reviewed just above. The color selection here is small and not all that varied, but the colors that are here are mostly excellent. The only ones to avoid are No. 202 and No. 203.

• **Lancome Extencils (S18)** is as good as any of the other Lancome mascaras, which is saying a lot because Lancome has some pretty awesome mascaras. Still, this one won't curl your lashes as it claims. Despite my review, if you are just dying to find out if a mascara can replace your eyelash curler, check out L'Oréal's Le Grand Curl (SS539), which is identical to Extencils and makes the same claims (and we all know L'Oréal owns Lancome).

• **Maybelline Great Wear Blush (S419)** is a cream blush that has a soft, matte, slightly staining finish.

Once this product dries, it stays on until you put some effort into getting it off. I'm not fond of cream blushes, but this one does work well for a sheer effect. It comes in a nice range of fairly matte colors.

• **Neutrogena Extra Gentle Cleanser (S16 for 6.7 ounces)** is indeed gentle; it uses one of the lesser irritating detergent cleansing agents. It doesn't remove makeup very well, but it can be an option for someone with dry skin.

• **Revlon New Complexion**

Conditioner & Color Lipstick (SS339). Revlon joins the trend of pencil lip products with this two-sided application of color. One side is slightly more glossy than the other, but both provide a nice creamy texture. Shearing is tricky, but obviously essential and, from my perspective, not worth the trouble. Still, it can be a convenient way to apply color.

Paula Begoun is the author of several books on cosmetics, including "Don't Go to the Cosmetics Counter Without Me" (Beginning Press, \$13.95).

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Find order in chaos at CSI seminar

The Times-News

TWIN FALLS — Finding order in chaos will be the subject of the 11th annual Wellness Seminar next month at the College of Southern Idaho.

Internationally renowned author and lecturer Margaret Wheately will be the keynote speaker for the event, which is jointly sponsored by CSI, Magic Valley Regional Medical Center and its Canyon View Psychiatric

and Addiction Services, the Walker Center, the city of Twin Falls, Twin Falls Clinic & Hospital, Blue Cross of Idaho, Regence BlueShield of Idaho and The Times-News.

Wheately, who holds a doctorate in administration, planning and social policy from Harvard University, is the president of The Berkana Institute, a non-profit educational and scientific research foundation. Her latest book, "A Simpler

Way," has been on several best-seller lists.

Her current work is focused on the human spirit and striving for meaning in the workplace. Wheately uses scientific findings in biology, chemistry and physics to help organizations understand chaos and complexity.

Wheately will speak at 7:30 p.m. on Jan. 4 in the CSI Fine Arts Center auditorium. Tickets are \$10 for adults and \$5 for students.

Alcohol, caffeine impair fertility

The Washington Post

Women who are trying to get pregnant might want to abstain from alcohol and should limit their caffeine consumption, according to a recent study by researchers at the Johns Hopkins University School of Hygiene and Public Health.

The researchers found that

even small amounts of alcohol might impair conception and that caffeine could enhance the fertility-reducing properties of alcohol.

A team of researchers led by Rosemarie B. Hakim examined data provided by 124 women who participated in a long-term study of fertility between 1989 and 1992. They ranged in age from 23 to 41.

Social, active people catch colds less often

Knight Ridder News Service

People who regularly participate in at least six activities are less susceptible to colds than less active people.

Also, those with fewer friends and less group contact are four times more likely to get sick than others, according to a Journal of the American Medical Association study reported in Muscle & Fitness magazine.

Clas for season

Ho, Ho, Ho! 'Tis the season of holiday-related news releases, and we're buried in a blizzard of paper, surrounded by flakes.

Among the jewels of prose that urge us to consider Christmas as the most wonderful time of the year to worry about seasons, that cogitate us to help readers cut smoking this holy season with the help of pampered pets, and that promote out-and-out excess in the form of \$80 desk-top coffee-beating microwaves, we occasionally find the work of a public relations team with a sense of humor.

"Santa is a paragon of generosity and goodwill, but no one should consider him a role model for healthy living," sums up Molly Gee, manager of the Institute for Preventive Medicine. "For an elf on the high side of 400, he looks to be in pretty good shape. But if St. Nick wants to be around for another half-millennium or so, he might want to consider some lifestyle changes in 1999."

neys and fireplaces.

• He's subject to animal-borne illnesses.

• Cause: Working in close association with reindeer.

• Recommendations: Keep stables clean and wash hands often when working with animals. Check for flea and tick infestations.

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The Times-News

To DO FOR YOU

OSTEOPOROSIS AND HEALTH

What women should know about osteoporosis

What is osteoporosis?
Osteoporosis is a disease that weakens the bones, making them brittle and more likely to break. It is most common in women over the age of 50.

Who is at risk?
Women who are over 50, have a family history of osteoporosis, or have had a fracture in the hip or spine are at higher risk.

How is it diagnosed?
A bone density test (DEXA scan) can detect osteoporosis before a fracture occurs.

How can it be prevented?
Regular exercise, a diet rich in calcium and vitamin D, and avoiding smoking and alcohol can help prevent osteoporosis.

What are the symptoms?
Symptoms include back pain, loss of height, and a stooped posture.

What are the treatments?
Treatments include calcium supplements, vitamin D, and bisphosphonate drugs.

What are the complications?
Complications include fractures of the hip, spine, and wrist.

What are the prevention tips?
1. Eat a diet rich in calcium and vitamin D.
2. Exercise regularly.
3. Avoid smoking and alcohol.
4. Get a bone density test if you are over 50.

The Times-News

TWIN FALLS - Five breast examination and breast cancer prevention information will be offered from 10 a.m. to 4 p.m. Mondays at the Magic Valley Regional Medical Center Outpatient Services, 526 Shump Ave. E. Suite 1.

The service is performed with or without a mammogram (cost not included). For an appointment, call 737-2263 or 737-1675.

TWIN FALLS - Occupational health education and screenings are available on-site at the workplace. For more information, call 737-2263.

monary Resuscitation class will be offered from 6:30 to 10 p.m. Tuesdays in the doctors' meeting room at MVRMC.

To register, call 737-2007.

TWIN FALLS - The American Red Cross schedules twice-weekly CPR and First Aid review classes at 9 a.m. each Tuesday and 1 p.m. each Friday. If your certification is about to expire, call the office to register for the class that is suitable for your schedule.

To register or for more information, call 733-6464 or stop by the office at 718 Shoshone St. E. Payment is required for registration in all classes.

childbirth class will be offered from 7 to 9:30 p.m. Wednesday at the MVRMC Education Center. Preregistration is not required.

POCATELLO - The Southern Idaho Gastric Bypass Patient Support Group will meet at 7 p.m. Thursday at the Pocatello Regional Medical Center, 755 Hospital Way.

Colleen Cook, program director at St. Mark's Center for the Surgical Treatment of Obesity, will discuss "Success Habits of

Long-Term Gastric Bypass Patients." For more information, call St. Mark's Center in Salt Lake City at (800) 339-9129.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

TWIN FALLS - A Certified... **TWIN FALLS** - A cesarean

How to avoid cold and flu

Knight Rider News Service

Full up the covers and pop the cold pills. That's often the advice for cold and flu, but it's old.

"Last year I was sick all year, so this year I changed my diet, began taking multiple supplements and vitamin C," says Cheryl Summers of Grove Pointe, Mich., selecting a bottle of the immune-enhancing herb echinacea at Vitamin Village in St. Clair Shores, Mich. "I haven't been sick yet."

Conventional medicine uses

some things well: identify which many flu will be going around this year. Alert people of the potential for a particularly evil season, such as this one. Develop vaccines. Warn people about cold viruses. Provide coughing-sneezing-headache-masking medicines.

But your best defense against cold and flu is a sturdy immunity. Start that's where alternative medicine comes in.

"I take my vitamins every day, exercise, drink fluids and eat my regular and 'weird,'" says Mark Zelenak of St. Clair Shores.

X-rays can detect osteoporosis before patients break bones

ATLANTA (AP) - An X-ray procedure that has been available for about five years can diagnose osteoporosis in people before they break a bone, the government reported recently. But it stopped short of endorsing routine screening.

Generally, brittle bone disease goes undiagnosed until a patient suffers a fracture.

The new procedure - Dual Energy X-ray Absorptiometry - identifies dangerously low bone density in patients and takes just five minutes.

Researchers with the Centers for Disease Control and Pre-

vention used it to screen 2,314 post-menopausal women for brittle bones and found that 17 percent had osteoporosis. Of those, only 7 percent said they had been previously diagnosed.

However, the CDC decided against recommending routine screening, even in post-menopausal women, because of the high cost and uncertainty over whether it would make much of a difference in treatment. A scan costs \$100 to \$200.

Osteoporosis causes about 300,000 hip fractures in the United States each year, the CDC said.

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THREADBARE BENEFICIARY CLAUSES

QUESTION: My nephew died three months after his divorce. He never got around to removing his ex-wife from life insurance and IRA beneficiary clauses. Does his ex-wife get these monies?

Maybe. The general rule is that the mere fact of divorce does not affect the right of the named beneficiary (ex-wife) to the policy or account proceeds.

An exception to the general rule: if the divorce decree specifically divests the ex-spouse of any right in these assets the ex-spouse will not be allowed to claim the monies.

Tip: Review your beneficiary clauses periodically. Make sure they're current. Divorce, remarriage, death of a beneficiary, or a reversal of economic fortune can make it wise to change beneficiary provisions.

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MORNING BREAK

THE Daily Commuter Puzzle Edited by Wayne Robert Williams

ACROSS
1. Of the "Three Musketeers"
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35. Digestive system malady

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35. "Dear Sam"

French: Great 2nd language

Q. When were penny postcards only a penny?
A. Until 1952. You remember 1952. Mid magazine came out that year.

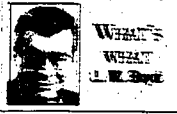
Q. What's the largest single commodity bought and sold in the United States?
A. Electricity. At more than \$210 billion.

Q. Is prostitution common in Spain?
A. Quit. It's a matter of statistical record that 6 percent of Spain's women between the ages of 15 and 50 are active in the oldest profession.

Five times as many people claim French as their second language as people who claim it as their first.

The great giraffe craze in France was not so unlike the dinosaur craze of the last several decades. On Saturday, June 21, 1827, a young female giraffe was taken to Paris, the first such animal in France since the Roman Empire. More than 100,000 people showed up to look at her. Giraffe designs appeared in clothing, dinner plates, furniture, wall decorations, and just about everything else. It spread all over Europe.

Termites hate ants. Ants hate termites.



Q. Do they do it?
A. They do. In fact, when they can get them. These women are about 100 years old. They are called "The Three Musketeers." They are the only women in the world who can still do it. They are the only women in the world who can still do it.

Batman's Puzzle Boxed

36 Parker and
47 Sit around
40 Hawk
48 Baked strip
50 Hated
51 W
52 H. Muro's
53 H. Muro's
54 Challenged
55 Advertisement
56 Copy

Do it right the first time, Aries

IF DECEMBER 14 IS YOUR BIRTHDAY: You are a natural writer, psychologist. People unbuckle themselves to you - you help others to analyze their problems. Gemini, Virgo, Sagittarius persons play roles in your life, could have these letters, initials in names E, N, W. You are creative, energetic, at times impatient. During 1999 you travel. August will be your love and money month. July requires caution, need for greater stability. You'll remember January.

ARIES (March 21-April 19): Whatever you do today, will be with enthusiasm. Slipshod methods fail to get by - save time by doing it from the beginning. Finish what you start, surgery included.

TAURUS (April 20-May 20): Make a fresh start in new direction - healing powers come into play. Another Taurus in picture, emulates Leo. Take criticisms in stand-up manner. Aquarius will play top role.

GEMINI (May 21-June 20): You are not seeing double. You are viewing twins - maintain equilibrium and sense of humor. A left-handed person provides enlightenment in dramatic fashion. Sagittarian involved.

CANCER (June 21-July 22): Focus on personal magnetism, aura of sensuality and sex appeal. You'll be invited to exclusive social affair - accept! Gemini-Sagittarius persons play roles, you're doing right thing.

LEO (July 23-Aug. 22): Emphasis on protection, security, insurance policy. Be aware of pertinent details, don't be afraid to ask questions. Scorpio declares, "I am very much attracted to you."

VIRGO (Aug. 23-Sept. 22): Read and write, open lines of communication. Flinging is OK if you know

HOROSCOPES Sydney Omarr

when to shout. "Enough is enough!" Relative asserts. "You know everything in advance, you must be psychic."

LIBRA (Sept. 23-Oct. 22): This day is made to order for you. Focus on art, style, gift that beautifies surroundings. Music plays, not noticed at first but later drawn to your own tune. Aries in picture.

SCORPIO (Oct. 23-Nov. 21): Emphasis on the occult, hidden values, wild stock market tip. Taurus naturally wants an answer to question of marriage. Respond: "You know, everything I know." Pices involved.

SAGITTARIUS (Nov. 22-Dec. 21): Someone could be following you - don't be afraid to look back. No harm done; explain current situation and do it without mumbling. Cancer, Capricorn dominate scenario.

CAPRICORN (Dec. 22-Jan. 19): Look beyond the immediate in any building program. People are drawn to you with their questions, problems. Furnish solutions that are not outrageous. Aries figures prominently.

AQUARIUS (Jan. 20-Feb. 18): What appeared out of reach will be made available - emphasize showmanship, color coordination, entertainment. Question concerning marriage requires reasonable explanation.

PISCES (Feb. 19-March 20): Prepare, pack for possible long journey. You will be celebrating, might be knocking on doors of fame, fortune. In broadcasting debate, you come out well ahead on points.

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HIALAT HERNIA

A hiatal hernia is a bulging of the stomach which protrudes through a tear or weak spot in the diaphragm where the esophagus and stomach join.

PHASES OF TREATMENT

The all medical treatment of esophagus is necessary to prevent ulceration from forming in the lining of the esophagus. When these sore "heal," they can leave scars that can make it difficult to swallow. Long-term esophagitis may result in Barrett's esophagus, a condition that may be the precursor of cancer. Many cases of esophagitis respond to anti-acids; weight reduction and a change in eating habits and other lifestyle changes. Long-term use of anti-acids can lead to osteoporosis, kidney disease, and magnesium depletion.

COMPLICATIONS

Most hiatal hernias do not need treatment, however, if the hernia is in danger of becoming strangulated (constricted in such a way as to cut off the blood supply), it is a complicating of esophagus inflammation of the esophagus, treatment becomes necessary.

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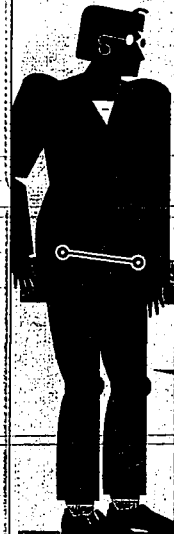
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HEALTH & FASHION

PERSONAL TRAINER

How to compensate when you're a little short on one side

Many people have one leg significantly shorter than the other — and don't know it. It often doesn't seem to cause any problems, but sometimes it can cause chronic pain or tension in a completely different part of the body.



Reading the clues

An X-ray can reveal clearly when one leg is short. These everyday clues may also tip you off:

■ You may make some motions, such as pedaling a bicycle or walking up stairs, awkwardly with your right and left legs

■ A person standing behind you can see a curvature in your spine or unevenness in the level of your hips

■ One hipbone touches a table or counter top higher than the other side

■ Your pants legs don't match; when you have new pants altered, the tailor has to adjust one leg more than the other

■ You can stand straighter and more comfortably if you put a piece of cardboard or a magazine under one foot

Straightening up

A common, simple remedy is to use one of these in the shoe on the short side:

- Heel cup
- Heel insert (simple wedge)
- Orthotic (custom-shaped insert)

Exercise to strengthen the back and abdominal muscles can give your spine more support and counteract the off-center-force.

Serious malformations sometimes require corrective surgery

Tracking down pain

Curvature of the spine can set off a complex chain-reaction of stresses and injuries as muscles stretch or shorten to hold up the body. That's why stress on the spine can cause muscle or joint pain almost anywhere in the body.

If simple solutions don't seem to help, it's time to consult a specialist in low back pain.

SOURCES: Ivanhoe Broadcast News; Scott Nulfin, D.O., Physical Medicine & Rehabilitation, Leigh Valley, Pa.

Mother's sharp words leave daughter with scars

DEAR ABBY: Because many people from all walks of life read your column, it's the best way to make parents aware of something they may not be doing to their children. Let me explain:

Recently I was standing in a store when I saw a young boy, who appeared to be about 10 years old, with his mother and a young girl. The mother said something to the boy, and he failed to respond correctly. Then she yelled at him, "Are you stupid or dumb or both?" It was evident that the child was embarrassed.

Abby, I know exactly how he felt. When I was young, my mother never missed a chance to tell me how dumb, stupid or unattractive I was. Although she told me often how much she loved me, she undermined my self-esteem with her cruel remarks. I know she doesn't recall making such remarks, but here I am 50 years old and those words are still ringing in my ears. To this day, I am reluctant to attempt anything new or different for fear I will look stupid.

I have been to a fine counselor who has helped me deal with this, and I have a wonderful family of my own now who encourage me and assure me I can succeed in anything I want.

I do not wish ill upon my mother, but I feel very little for her and have no desire to share my life with her.

— STILL HURTING IN RICHMOND, VA.

DEAR STILL HURTING: You said a mouthful. I recall a little



DEAR ABBY: I've been reading your column for a while now. I'm a single mom of two boys, ages 10 and 12. I'm a nurse and I'm a teacher. I'm a mom who's trying to do it all. I'm a mom who's trying to be a good mom. I'm a mom who's trying to be a good mom. I'm a mom who's trying to be a good mom.

DEAR ABBY: I'm a long-time subscriber to "Golden Oldies" and I'm a fan of the magazine. I'm a fan of the magazine because it's a collection of people who have been successful in their own careers. I'm a fan of the magazine because it's a collection of people who have been successful in their own careers.

DEAR ABBY: I'm a fan of the magazine because it's a collection of people who have been successful in their own careers. I'm a fan of the magazine because it's a collection of people who have been successful in their own careers.

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Abdominal fat may raise women's heart disease risk

The Washington Post

Now it's not just if you're fat, it's where you're fat.

A study of nearly 45,000 middle-aged registered nurses has found that those whose waist circumferences are 30 inches or larger have twice the risk of heart disease as women with thinner waists. And those with 38-inch waists have more than three times the risk of heart disease as do women whose waists measure 28 inches or less.

Harvard University researchers reported last week.

The findings are among the latest results from the Nurses' Health Study, one of the largest studies of women's health in the United States.

In 1986, 44,702 healthy registered nurses between 40 and 65 provided waist and hip measurements to researchers. In 1994 they completed follow-up questionnaires and researchers calculated the incidence of heart disease.

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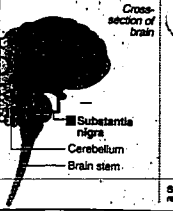
Wagon Wheel By Wiley

Understanding Parkinson's disease

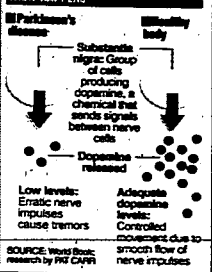
Parkinson's disease is a nervous system disorder, which affects millions of people worldwide.

ABOUT THE DISEASE

For yet unknown reasons, cells in a part of the brain called the substantia nigra deteriorate, causing a gradual loss of muscle control.



WHAT HAPPENS



SOURCE: World Health Organization research by WHO CAPR

Fox among young victims of Parkinson's

Knight Ridder News Service

Parkinson's disease generally is thought of as an older person's condition. And in fact, in at least nine out of 10 cases, it is. But an estimated 5 percent to 10 percent of Parkinson's cases have their onset among people younger than 40, according to William Koller, chairman of the neurology department at the University of Kansas Medical Center and director of the Movement Disorder Clinic at KU. In the current issue of People magazine, actor Michael J. Fox tells the world that he is among



Michael J. Fox

their number. Fox, best known for his roles in the "Back to the Future" movies and the old sitcom "Family Ties," has known for seven years that he has the condition.

Currently starring in the ABC sitcom "Spin City," Fox says the trembling in his left arm and leg was so bad last January that he

asked his limo driver to circle the block three times before dropping him off at the Golden Globe awards.

In March, Fox, 37, underwent a thalamotomy, a procedure in which the thalamus inside the brain is destroyed in order to suppress tremors.

It is generally employed in advanced cases of Parkinson's after the usual drug therapy has stopped being effective, according to Koller.

Fox's spokeswoman, Nancy

Ryder, said Fox will continue to work on "Spin City," and an interview with Barbara Walters will air this Friday.

In 1991, Fox noticed a "twitch" in his left pants while on the set of the film "Doc Hollywood." After undergoing tests, he received the diagnosis.

"It was inconceivable," he says in the issue of People that hit newsstands last Friday.

"The doctor said I would be able to function for years and years."

Disease causes tremors and slowness

Knight Ridder News Service

Parkinson's disease is not well understood, but generally it causes three major symptoms, according to KU's Koller: tremors, slowness and rigidity. The behavioral signs result from the death of brain cells, or neurons, in a part of the mid-brain that controls motor activity. By the time symptoms are

diagnosable, the disease has probably been at work destroying cells for five or 10 years, Koller said.

As a result of the cell death, the brain doesn't have enough of the neurotransmitter dopamine. The brain uses dopamine to send messages that enable the body to move. Koller said doctors have not found a way yet to identify patients who may get the disease.

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- Monthly MVRMC Board Meeting * Monday, December 14, 6 p.m., Sage Room of the Education Center.
- CPR Class * Tuesday, December 15, 6:30 - 10 p.m., Doctor's Meeting Room. To register call 737-2007.
- Cesarean Childbirth Class * Wednesday, December 16, 7-9:30 p.m., Education Center. Pre-registration is not required.

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BOOKKEEPER... Full Charge, AR, AP, RR & Billing... Call 208-734-5538

LABOR... Immediate openings... Factory at shifts... Call 733-7300 or 678-4040

DELIVERY... We have several openings for ambitious people... Earn up to \$100 a day... Call 733-7300

COOK... Bilingual/estates has FT position... Call 733-7300

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DISPATCH... Local Trucking Co. seeking entry level dispatch positions... Call 733-7300

DRIVER... For FLATED in 48 states... Call 733-7300

DRIVER... Route Driver... Immediate opening in the welding & safety industry... Call 733-7300

DRIVERS... Truck Driving School... Call 733-7300

DRIVERS... Local AG Commodities... Call 733-7300

DRIVERS... New hiring local and meter drivers... Call 733-7300

DRIVERS... OTR Class A CCL qualified... Call 733-7300

DRIVERS... WANTED! Call... Call 733-7300

DRIVERS... We need OTR drivers... Call 733-7300

DRIVERS... Local AG Commodities... Call 733-7300

DRIVERS... We need OTR drivers... Call 733-7300

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INSULATION INSTALLER... Full time, Call 733-7300

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DRIVERS... We need OTR drivers... Call 733-7300

DRIVERS... Local AG Commodities... Call 733-7300

MEDICAL... Full time RN, LPN or CNA... Call 733-7300

MEDICAL... Medical Records Coder... Call 733-7300

MEDICAL... Opening for M-Team LPN... Call 733-7300

MEDICAL... RN/PLN full time evening shift... Call 733-7300

MEDICAL... Help needed for dental... Call 733-7300

MEDICAL... MECHANIC... General mechanic wanted... Call 733-7300

MEDICAL... CAREER OPPORTUNITY... We're looking for CNA's... Call 733-7300

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MEDICAL... LONG TERM CARE UNIT... Call 733-7300

MEDICAL... ATTENTION EXPERIENCED CAR SALESMEN... Call 733-7300

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Auto Technician Survey There are several job openings of which one may be designed especially for you... 236 Shoshone St. W. Twin Falls

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TIME IS RUNNING OUT! EARN EXTRA MONEY FOR THE HOLIDAYS AND GET RID OF THAT UNUSED OR UNWANTED ITEM AT THE SAME TIME.



3 LINES \$10 DAYS

For items under or adding up to \$1000 (Maximum of 4 items please)

(1 each additional line. Private Party Only. Some restrictions apply)

The Times-News Call 733-0931 Today!

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TWIN FALLS - 2 bedroom apt... TWIN FALLS - 3 bdrm, 2 bath, 2 car garage...

TWIN FALLS - 2 bdrm, 1 bath... TWIN FALLS - 3 bdrm, 1 bath, 1 1/2 car garage...

TWIN FALLS - 2 bdrm, 1 bath... TWIN FALLS - 3 bdrm, 1 bath, 1 1/2 car garage...

TWIN FALLS - 3 bdrm, 1 bath... TWIN FALLS - 3 bdrm, 1 bath, 1 1/2 car garage...

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CARRIAGE LANE APARTMENTS 2510 Whispering Pine • 735-2111 Brand New 3 BDRM, 2 BA, W/D Hookups & Garage Included! Rent: \$427 to \$550

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810 FIREWOOD COAL-Stack coal for Stoker furnaces. Delivery area, 425-3533. COAL-Mallory, make your wood supply last longer by burning Log coal. Call 878-9222 ask for Dennis. Also, old stove fuel & spurs. WANTED: Looking for good used Stoker-style 878-9222.

WALINDO TREE, Call 733-4871 or 733-3044, walinda@comcast.net
REPAIRS: Air conditioning, electrical, plumbing, heating, etc.
TWIN FALLS: 733-4871
BOISE: 733-3044

PROFESSIONAL: Bookers, hair, new styles, etc.
TWIN FALLS: 733-4871
BOISE: 733-3044
PRESS & SUPPLIES: Commercial, residential, etc.
TWIN FALLS: 733-4871
BOISE: 733-3044

FREE: Christmas 2 yr old female Akita 17 lbs.
FREE: Christmas 1 yr old male Akita 17 lbs.
FREE: Christmas 1 yr old female Akita 17 lbs.

LABS: 168 dogs, 9 cats, 12 birds, 10 reptiles, 10 amphibians, 10 fish.
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WEMARER: 168 dogs, 9 cats, 12 birds, 10 reptiles, 10 amphibians, 10 fish.
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GAS PUMPS: 168 dogs, 9 cats, 12 birds, 10 reptiles, 10 amphibians, 10 fish.
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WANTED: Used kitchen cabinets in good condition.
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905 GUNS/RIFLES: Browning BAR 30-06, Remington 700 BDL, etc.
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906 HOT TUBS/POOLS: Coleman SPA, Spas & Pools, etc.
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BUSINESS & SERVICE DIRECTORY

Call 733-4871 for more information or your service representative
BUSINESS SERVICES: Accounting, advertising, etc.
HOME HEALTH CARE: In-home care services.
TREE SERVICES: Tree removal, stump grinding, etc.
HOME REPAIRS: Plumbing, electrical, etc.
INCOME TAX: Tax preparation services.
MEDICAL: Medical services and equipment.
ROOFING: Residential and commercial roofing.
SHARPENING SERVICE: Knife sharpening.
TREE & SHRUB SERVICE: Tree care and maintenance.
WELDING: Welding services and equipment.

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Leather Interior, W/Heated Front Seats, AM/FM/Cassette/CD, Power Windows, Locks & Mirrors, Engine Block Heater, V6 Power & Performance.
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NEW! 1999 OLDSMOBILE 88 LS SEDAN
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