

GOOD MORNING

WEATHER
 Today: Sunny and warmer, with west winds at 10 mph. High, 74. Variable high clouds tonight, low 42.

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MAGIC VALLEY



Dedicated teacher: Nellie Metcalf has taught three generations in her classroom at Valley Elementary School.

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Winning teacher: Twin Falls teacher Lella Popplatonius has been recognized as Idaho Vocational Teacher of the Year.

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SPORTS

Wild card mania: The last two wild card spots in the National League came down to the final day of the regular season.

Page B15

Davis down and out: Terrell Davis suffered a knee injury, and the Super/Bowl champion Denver Broncos fell to 0-4.

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HEALTH & FASHION



Special section: Today's Health & Fashion offers an in-depth look at the latest in art and science of breast cancer detection.

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OPINION

No kidding? Linda Thompson fine one to complain about invasion of privacy, suggest editorial says.

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Nose in the books



Wendell School District Superintendent Larry Manly sorts through cases of textbooks at Wendell Middle School. Manly is on a statewide committee that will select the books teachers will use next year.

Volunteers separate good textbooks from the bad

By Jennifer Steinhilber
Times-News writer

WENDELL — A single desk in a room filled with boxes of hundreds of books will be Larry Manly's office for a few weeks.

Manly, superintendent of Wendell School District, invents textbooks and other curricular materials such as computer software in the spare room at Wendell Middle School. There he finds people, mostly teachers, to review and critique each one.

In Burley, Mountain View Elementary School Principal Della Valdez works on the same project with another set of identical curricular materials from

publishers marketing their products to Idaho.

The local educators are members of the Idaho Curricular Materials Adoption Committee and each are committed to the same routine annually for five years. The 19-member statewide committee recommends adoption of textbooks and other materials to the State Board of Education. Committee members will meet for a week at the end of November to vote on recommended texts.

The task is long and without compensation other than the bonus of keeping the materials, which amount to thousands of dollars in resources for schools

and teachers. And Manly says he likes working on the committee to see what is new on the market.

Anywhere between a dozen and 50 people could review a single book, said Carolyn Mauer, a state Department of Education employee who works with the committee.

"The quality of textbooks today probably is better than it has ever been, but there are still too many factual errors that get through on the first printing," she said.

Dates in history books is an area that can be problematic, Manly said.

California and Texas will be devoting more resources toward

curriculum review, Mauer said. She said she expects that will benefit Idaho in the form of greater quality texts from publishers.

The state adopts textbooks for each subject matter every five years. Handwriting, science and health are up for review this year.

The committee looks for factual accuracy and balance in selecting texts, Mauer said. Books that are biased, factually off-the-wall, or that promote a political point of view are not approved. In the past, a health education text that included heavy content on con-

Please see BOOKS, Page A2

Test ban could face problems

The Associated Press

WASHINGTON — As it presses for Senate ratification of a nuclear test ban treaty, the Clinton administration must overcome Republican anxiety over the CIA's inability to verify low-level underground nuclear explosions in other countries.

The administration contends the shortcomings in the CIA's monitoring capabilities give reason to ratify the Comprehensive Test Ban Treaty.

Republicans, who control the Senate, disagree. They also contend the treaty, signed by 154 countries, is flawed in other ways and would amount to unilateral disarmament by the United States.

Twice last month, U.S. intelligence saw signs of activity in Russia that could have indicated secret testing. The CIA was unable to say with certainty exactly what was happening.

"We don't know that there was any testing going on," White House Chief of Staff John Podesta said Sunday on CNN's "Late Edition." He added, "This is really an argument for the treaty."

After the fall of the Soviet Union, President Bush signed a limited testing moratorium to take effect Oct. 1, 1992, for nine months. President Clinton continued the moratorium — the country's last test was in September 1992 — then signed the comprehensive global treaty in 1996.

The treaty, a plank in the 1992 Democratic Party platform, went to the Senate for ratification in 1997. It languished in the Senate until last week, when Majority Leader Trent Lott R-Miss., unexpectedly scheduled a full Senate vote for Oct. 12.

Struggling for the 67 votes necessary for ratification, the White House began a campaign this weekend to boost the treaty, complaining of a sneak attack by Lott in giving only 10 days to make a case.

Bush reveals true identity, albeit slowly

The Associated Press

BAKERSFIELD, Calif. — It started with a single voice echoing off the cement courtyard, then swelled to a chorus of five graders repeating the same question: "Who is George Bush?"

(Quoted in a wiggly line, the College Heights Elementary School students were curious about George — the campaigning Texan whose visit had prompted an exam recess.)

"Who is George Bush?" the giggling children chanted in unison.

"Who is George Bush?"

It's a question their elders sometimes need answered about the man far ahead of the field for the Republican presidential nomination, and leading the pack for the White House elec-

Please see BUSH, Page A2

Cattle graze rare plant conservation area

By N.S. Nohkhetved
Times-News writer

ALBION — In the summer wildflowers carpet the top of Mount Harrison — among them is one sub-alpine flower that exists nowhere else in the world.

This summer cattle apparently grazed the area.



Retired former Twin Falls District Ranger Don Oman was up there recently. He didn't see any cows, but he found cow pies, some fresh, others dried, he said.

"It looked like they had been there most of the summer," Oman said.

A 1955 conservation agreement between the U.S. Fish and Wildlife Service and the Forest Service closed the area to livestock grazing to protect the rare plant.

Christ's Indian palmbush, a rare orange or pale yellow flower named for botanist John Christ, is a candidate for listing as an endangered species, said Edna Virgidas, a botanist with the Fish and Wildlife Service.

When she visited the site in August, she saw cows within a quarter mile of the plants,



Christ's Indian palmbush, a rare orange or pale yellow flower named for botanist John Christ, is a candidate for listing as an endangered species. The plant also is on the list of sensitive plants for the Sawtooth National Forest.

she said. But if threats to the plant are reduced enough, it won't be listed.

"That's what we want," Virgidas said.

Cows aren't the only threat to the 200 acre patch of rare plants. Recreationists, off-road vehicles and hang gliders also can damage them. But if people stay on the trails, cars

stay on the road and cows stay out, officials won't have to list it, she said.

The plant also is on the list of sensitive plants for the Sawtooth National Forest.

Grazing hasn't been a problem on Mount Harrison in the past, said Bill LeVere, supervisor of the Sawtooth National Forest.

"This year the cattle tended to congregate in that area," he said.

The top of the mountain is not fenced. Cows don't usually wander that far from water. But officials are not just concerned about the plants — cattle also were found in the campground at Lake Cleveland.

Forest Service officials plan to work over the winter with ranchers who own the cows and with Fish and Wildlife officials to see what can be done to solve the problem.

The ranchers have been pretty good about moving the cows in the past when asked, LeVere said.

The solution may include some additional fences but fences are hard to maintain on the mountain because of the heavy snow. One year, there was 2 feet of snow on Mount Harrison, LeVere said.

Times-News writer N.S. Nohkhetved can be reached at 733-0931, Ext. 237, or by e-mail: nnie@magicvalley.com



Terri Cast rubs her eyes outside her Tucson, Ariz., home Tuesday. Cast hoped the desert landscape would alleviate her allergies when she moved to Arizona from Tennessee in February, but instead she found herself surrounded by pollen-producing plants.

Go to the desert for allergy relief? Achoo!

Look somewhere else, residents say

The Associated Press

TUCSON, Ariz. — Terri Cast slumps in the chair of her doctor's office, since dawn the color of roses blossoming across her arm. "I itch. I itch!" she complains, jutting a finger at one spreading splotch, demanding to know what it is.

Across the hall, Lonnie Kelly sits amazingly still as a doctor thrusts an instrument up her nose and asks, "Still having the allergies?"

"Oh, yeah," she responds, her watery eyes shooting him a look of,

"What are you, nuts?"

A few doors down, Anne Abbott Gea, a set of blotches identical to Ms. Cast's decorating her arm, munches on a chocolate chip cookie as she waits 20 minutes to be sure she doesn't stop breathing.

To think people once fled to Tucson to escape pollen.

As early as 1929, a brochure for a local sanatorium promised treatment for sinusitis and other respiratory ailments, proclaiming, "The desert is God's great health-giving laboratory."

Mrs. Kelly, a Tucson resident since 1976, disagrees with the statement. "My kids didn't have allergies before we came here, my hus-

band never had allergies until we came here. Everybody I know who's come here from somewhere else has developed allergies," she says.

These days, for some, a visit to the allergist's office comes as frequently as a stop at the grocery store.

A twice-weekly newspaper column dispenses advice on avoiding allergen plants and substances.

A respiratory radio show optimistically titled "Breathing Easy" is broadcast weekly.

"You always hear, 'Hey, the desert's great for your sinus,'" says Ms. Cast, who had hoped the

Please see ALLERGY, Page A2

DAMAGED COPY

THE REGION

MAGIC VALLEY FIVE-DAY FORECAST

YESTERDAY'S WEATHER

Idaho's Prairie
High: 72 Low: 32
Sunny and warmer, with increasing clouds. Light to moderate rain showers on Tuesday.

Treasure Valley
High: 79 Low: 46
Sunny and warmer, with light winds. Increasing clouds on Tuesday with highs in the 70s.

Sawtooth Mountains/Wood River Valley
High: 70 Low: 28
Sunny today and clear tonight. Mostly sunny on Tuesday with highs in the 70s.

Eastern Idaho
High: 71 Low: 34
Sunny and warmer, with northeast winds 5-10 mph. Sunny Tuesday.

Northern Idaho
High: 71 Low: 42
Sunny, with light winds. Increasing high clouds on Tuesday with highs in the upper 60s.

Northern Utah
High: 67 Low: 26
Sunny today and clear tonight. Mostly sunny on Tuesday with highs in the 60s.

Northern Nevada
High: 76 Low: 40
Sunny and warmer, with west winds at 10 mph. A light rain and breeze on Saturday.

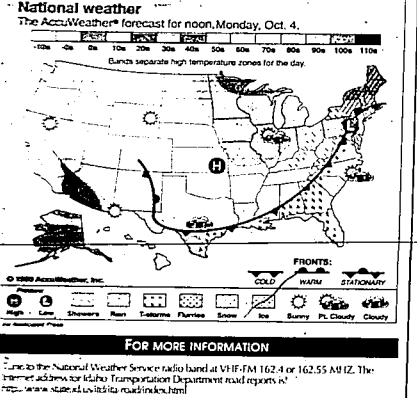
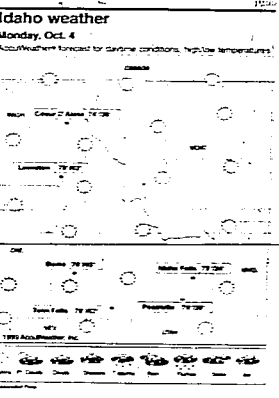
Today	Tuesday	Wednesday	Thursday	Friday
High: 70 Low: 42 Sunny and warmer with west winds at 10 mph.	High: 69 Low: 39 Increasing clouds, breeze, and cooler.	High: 60s Low: 30s Cooler with a chance of rain.	High: 60s Low: 40s Partly cloudy.	High: 60s Low: 40s Partly cloudy and warmer.

Twin Falls	Precipitation
Yesterday: 69	39
Last year: 65	36
Normal: 85	47

Month to date: 0-08
Normal mo. to date: 0-08
Water year to date: 0-08
Normal year to date: 0-08

Idaho Highs/Lows

City	Max	Min	Pcp	Idaho: High/Low	Neighboring States
Boise	73	39	0	High: 73	High: 73, Low: 39
Burley	70	30	0	High: 70	High: 70, Low: 30
Coeur d'Alene	64	25	0	High: 64	High: 64, Low: 25
Grangeville	65	34	0	High: 65	High: 65, Low: 34
Hagerman	61	28	0	High: 61	High: 61, Low: 28
Idaho Falls	63	25	0	High: 63	High: 63, Low: 25
Jerome	72	35	0	High: 72	High: 72, Low: 35
Malad	72	29	0	High: 72	High: 72, Low: 29
Meridian	61	27	0	High: 61	High: 61, Low: 27
McCall	63	19	0	High: 63	High: 63, Low: 19
Pocatello	66	29	0	High: 66	High: 66, Low: 29
Shoshone	63	23	0	High: 63	High: 63, Low: 23
Stanley	64	16	0	High: 64	High: 64, Low: 16
Sun Valley	61	21	0	High: 61	High: 61, Low: 21



The Nation

City	Max	Min	Pcp
Albuquerque	80	53	0
Anchorage	59	32	0.02
Atlanta	84	62	0
Boston	54	39	0
Chicago	46	36	0.08
Dallas	55	36	0
Denver	56	36	0
Des Moines	43	39	0
Detroit	54	39	0
Honolulu	87	75	0
Houston	81	70	0
Indianapolis	70	50	0
Kansas City	46	46	0.1
Las Vegas	81	65	0
Los Angeles	71	59	0
Memphis	86	57	0
Miami Beach	88	81	0
Minneapolis	51	39	0
Milwaukee	62	38	0
New Orleans	88	73	0.05
New York	58	39	0
Oakland	74	62	0
Omaha	51	43	0.03
Philadelphia	66	50	0
Pittsburgh	64	54	0
Portland, Me.	60	51	0
Portland, Ore.	77	48	0
Reno	81	43	0
St. Louis	63	48	0.26
San Antonio	87	67	0
San Francisco	69	56	0
Seattle	66	51	0
Spokane	66	31	0
Washington	73	50	0
Yuma	99	70	0

UV INDEX

Index: 4
Low: 3
High: 5
Burn time: 45 minutes

FIRE DANGER

Fire conditions in southern Idaho moderate on some lands and moderate in wooded areas.

SKYWATCH

Sunset today 7:15 p.m.
Sunrise tomorrow 7:34 a.m.
Lunar phase: New Oct. 4; 1st quarter Oct. 17; Full Oct. 24; Last quarter Oct. 31

ACROSS THE NATION

Idaho: With high pressure over Idaho Sunday morning skies were mostly clear and the temperatures quite cool. There was no precipitation reported. Low temperatures ranged from 19 degrees at Boise to 15 degrees at Soda Springs. Other lows were Stanley at 16, Elk City and Red River at 17, McCall at 19 while Twin Falls cooled to 38, Pocatello 35, Pocatello and Rexburg to 26 degrees. High pressure will continue to dominate Idaho, western Idaho and Montana.

Elsewhere: A mass of cold air drove temperatures down to record lows across the northern tier of states on Sunday and helped spread rain across a wide area of the Midwest. Sunday morning's low temperatures fell to record lows in 13 degrees at Havre, Mont., and Williston, N.D., and Elko, Nev., was close behind with a record of 16. Record cold also extended from Burns, Ore., with a reading of 24, across the Plains to the Great Lakes part of Duluth, Minn., where thermometer readers a record 22.

—The Associated Press

Al Gore defends campaign manager

WASHINGTON (AP) — Vice President Al Gore said Sunday his "close friend" Tony Coelho will stay on as his campaign chairman despite a government report finding questionable financial management while Coelho directed the U.S. pavilion at the 1998 world's fair in Portugal.

Tony Coelho is doing a terrific job. He's my close friend, and

he's going to continue doing a great job," Gore said on CBS' "Face the Nation."

"He is staying, and I haven't seen this report, but I know him," the vice president added.

Gore said he did not think Americans would see the report on Coelho as relevant to the campaign for the 2000 Democratic presidential nomination.

"People that I talk to are not interested in inside baseball," the State Department's inspector general found potential improprieties in Coelho's work as U.S. commissioner general for the world's fair in Lisbon, a post to which he was appointed in June 1996.

The job, with the United

States Information Agency, included fund-raising for, as well as the design, fabrication and operation of the U.S. pavilion at the fair.

A report by investigators found Coelho improperly used \$210,000 in donated airline tickets, unnecessarily kept an expensive chauffeur-driven Mercedes and hired his niece for a \$2,500-a-month job.

WRITING IN THE SKY



The controls of a Minuteman missile light up the western horizon in Victorville, Calif., Saturday night, when a prototype national missile defense system passed a critical test, intercepting and destroying an unarmed missile over the Pacific Ocean.

Bush

Continued from A1

13 months away.

Bush himself appears in no hurry to fill in the blanks.

Pressed on policy, the two-term governor says he will provide answers on his own timetable. He has dealt with education and defense plans in a Bush administration, Texas and other installments to come, he says, and abruptly refuses to talk about them yet.

Bush is a likable, playful, funny man with a knack for putting people at ease in social settings, though he can be abrupt when the occasion is more serious.

"If the people don't want me to be president, so be it," he says, with variations, when asked about his prospects. But there

also is a Texas swagger in his smile.

"I'm doing pretty well," he grinned to reporters in San Jose, Calif., of the record \$56 million his campaign has raised this year. No pleading, no need — the numbers are there.

Bush, no orate orator, is at his campaign best with small groups of voters and their families. He likes to gently rib people, making them feel they are in on the joke.

At a Grand Rapids, Mich., school, he asked for a show of hands among third-graders: How many good readers?

All 25 raise their hands. "Tell the truth," Bush chides, drawing guilty piggles from the children.

When situations get more serious, so does Bush.

His eyes were moist with tears

as he left a campaign tour in Michigan to return to the site of the Sept. 15 shootings at a Fort Worth, Texas, church. And he sometimes speaks emotionally about his father, especially when it comes to his 1992 loss to Clinton.

It was a "death by a thousand cuts," says Bush, who was an adviser to his father in 1993.

This campaign left the younger Bush with his own scars. When a questioning reporter interrupts a monologue, Bush often counters with a dagger — terse and sharp. "Ah, ah," he'll say, and insist on finishing.

When the questions are repeated, he seems to get at something, he does not want to address, he shuts them down. "I gave you my answer," he snaps.

But no candidate takes more questions. In nearly every city he visits, Bush meets with reporters in open-ended sessions that last 15 to 30 minutes. He also holds lengthy one-on-one sessions with journalists.

During his trip to California and Michigan, the governor conducted three news conferences in three days. He answered more than 30 questions about 14 issues — guns, missile defenses, the Pat Buchanan threat, Y2K among them.

He can deliver a quick response, as in his criticism of the House Republican plan to delay payments to the working poor to save money in the 2000 budget. Bush said they should not be trying to balance the budget on the backs of the poor.

Allergy

Continued from A1

desert landscape would alleviate her allergies when she moved here from Tennessee in February. Instead she found herself surrounded by pollen-producing plants.

"There's a lot of green stuff out here. There's millions of plants," she says. "I don't know what all the stuff is, but there's a lot of green stuff."

Ironically, those who flocked here for health reasons over the decades are among those to blame for the sneezing and

wheezing of today's Tucsonans.

By the late 1800s, the Southern Pacific Co. had a rail line running through Tucson, and with the so-called health-seekers came the farmers and ranchers and miners. They came from the East, the Midwest, from California and Europe to make the desert their own.

Part of that meant turning the desolate swath of land into an oasis of sorts.

"If you're going to live here, you want to try to make it comfortable," says Mark Sneller, an

allergy researcher who examined pollen changes in Tucson from the 1840s through the 1980s. "It didn't take a rocket scientist to realize that a lawn reflected less heat than hard-packed earth."

Bermuda grass was introduced for pastures and lawns. European olive trees, brought to the United States in the 18th century by Spanish missionaries, were planted for fuel and shade. Later, Tucsonians imported Chinese mulberry trees for shade.

Few knew the exotic plants would spawn another species

once alien to the desert: allergies.

While much of the natural desert vegetation was insect-pollinated, rarely causing allergic reactions, the nonnative plants were wind-pollinated and produced large quantities of airborne pollen.

"Even while doctors around the world were sending patients here when the area was noted for its sanatoriums, it didn't hold weight for people with allergies because we were doing everything contrary to the elimination of allergens," Sneller says.

Commerce Department reopens

The Washington Post

WASHINGTON — All six floors of the Commerce Department except the basement will reopen Monday, allowing 3,700 federal employees to go back to work after a fire Friday caused the release of small amounts of a cancer-causing liquid and forced the

evacuation of the building, officials said Sunday.

Commerce Department spokesman Morris Goodman said the basement of the building, where the fire was caused by an explosion that also released polychlorinated biphenyls, or PCBs, will remain closed for at least another day.

Books

Continued from A1

trapezoids and only a paragraph on abstinence was not recommended for approval. It seemingly placed a low value on abstinence.

The committee includes a cross section of parents, public and private school educators, and the general public. Any controversies ultimately are decided by a committee vote, Maurer said.

Once the state surveys for balance and accuracy, it's up to a local school district to choose its own materials. The state adopts multiple texts in each subject to give schools a choice.

"The state does not dictate to the local school districts which

textbooks to use," Mandy said.

Using state-recommended curriculum materials is tied to school accreditation.

Screening at the state level provides an added layer of quality control and financial auditing, Maurer said. Publishers who contract with Idaho must freeze their prices for the five-year agreement and lower their prices if they end up selling materials at lower cost to another state. And districts save in shipping costs.

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Daniel Wallace, circulation manager

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A look back at 100 years, captured on film

The Associated Press

Oil spreads across Prince William Sound. Bodies hang from a scaffold. Schoolchildren are vaccinated against a killer. Romanians rise up to topple their Communist dictator. Amelia Earhart makes a refueling stop in Wyoming. Hawaii joins the union. A space shuttle explodes in the sky.

Wars are fought. Statesmen die. Buildings fall. Communities rise.

And camera shutters snap. Each one, be it yesterday's Speed Graphic or today's most sophisticated digital device, freezes a moment and captures it.

Each one preserves the moment — a sliver of the very "Then and There" so it can reach across time to visit us today.

The photos were selected by the newspapers that recorded them, the members and subscribers of The Associated Press.

The Times-News will publish a photograph each week in this space in Mondays' papers. We begin this week with an image of the Teton River flood of 1976.

PHOTOS OF THE CENTURY



The waters of the Snake River pour over a bridge near Idaho Falls the day the Teton Dam broke Saturday, June 5, 1976.

Idaho dam break unleashes river's wrath

BOISE (AP) — Harnessing natural resources turned Idaho from a remote wilderness to a vibrant participant in the American West's 20th century growth.

Controlling those resources — physically and politically — has defined the character of a state just 10 years older than the century about to end.

"It is absolutely the most constant and sig-

nificant thread — and it's thicker than a thread — throughout the history of the territory and the state," said Judy Austin, a historian and editor for the Idaho State Historical Society.

"It's why we became a territory in the first place. It's why we became a state."

The darker side of nature, and the consequences of man's hubris, are featured in a

shot by Robert Brower of the Post Register shows the power of Snake River flood waters coursing over an Idaho Falls bridge after the June 1976 failure of the Teton Dam. Eleven people were killed in the disaster for which the U.S. Bureau of Reclamation ultimately accepted responsibility.

Recently, some have called for the dam to be rebuilt.

Americans lack health insurance

WASHINGTON (AP) — About one American in six went without health insurance last year, roughly the same share as in 1997, the Census Bureau reports.

The annual survey of health insurance coverage found that about 44.3 million people had no health insurance in 1998, about a million more than the year before. But because of overall population growth the percentage of Americans without insurance remained nearly steady — 16.3 percent in 1998 compared with 16.1 percent in 1997. In 1996, 15.6 percent lacked coverage.

"Those more likely to lack health insurance continue to include young adults in the 18- to 24-year-old age group, people with lower levels of education, people of Hispanic origin, those who work part time and people born in another country," said Jennifer Campbell, author of the report "Health Insurance Coverage: 1998" being released Monday.

She said health care coverage among children did not change significantly from 1997 to 1998, with 11.1 million, or 15.4 percent, of all children under age 18 uninsured. Children ages 12 to 17 were slightly more likely to be without health care coverage than those under 12, 16.0 percent compared to 15.1 percent.

Trent Lott's influence pulls military dollars to Mississippi

WASHINGTON (AP) — In the military cutbacks, President Clinton's Mississippi is on a roll. A gun-chasing Reserve squadron in Biloxi is getting 10 new C-130J transport planes, a \$1.5 billion ship that would be built in Pascagoula is being through Congress.

The Air Force and Navy say they did not need these projects for the state. But Lott, the Senate majority leader, wanted them now.

The Republican is a driving force behind Mississippi's military success. He has used his powerful office to persuade the Pentagon to change priorities, even butting heads with fellow Republicans to boost his state's defense industry.

His announcement of new projects for Mississippi in 2000 is so big he separates them by regions in the state. Among them: new destroyers, ship berthing facilities, classrooms, barracks, flight simulators, hangars, computer software, crash seats and a tanking barge.

Lott has no qualms about steering every military dollar he can to Mississippi. It is the 31st most generous state but ranked 15th in per capita defense spending last year, said the National Priorities Project, a nonprofit research group.

With Lott's help, the state expects to get about \$8 billion in the fiscal 2000 defense appropriations bill.

"He's a fierce competitor," said former Rep. Bob Livingston, R-La. Livingston sided with Lott on most issues, but he recalled a rough battle with Lott in 1997 over whose shipyard would get the contract to build an amphibious ship.

"Lott's fair in love and war," Livingston said, "and in that instance it was war."

Lott spokesman John Czwartacki said the majority leader is "a very proud senator from the state of Mississippi, a state that has certain economic disadvantages."

Lott said Lott fights for his state to build the best, 21st century equipment for the armed forces," Czwartacki said. "He doesn't make apologies for his advocacy on behalf of his own state."



Trent Lott

Lott "was angered when the shipyard where his father once worked as a pipe fitter, Ingalls Shipbuilding in Pascagoula, lost a contract to build an assault ship to a partnership between the Akondale, La., shipyard and the Bath Iron Works in Maine.

To compensate, Lott tried to take other vital business away from the Maine shipyard. Stumping the state's two Republican senators, Olympia Snowe and Susan Collins, Lott proposed backing out of a deal he had brokered for the Maine and Mississippi shipyards to each build six new destroyers.

Lott demanded the Ingalls shipyard get to build seven or eight of the 12 destroyers.

Snowe and Collins protested. The dispute was settled when Defense Secretary William Cohen, a former senator from Maine, agreed to support construction of up to two additional destroyers, to be built at Ingalls.

Snowe and Collins will not discuss the incident. But another member of the Maine delegation, Democratic Rep. Tom Allen, said Lott was unfair.

"It seemed overreaching to me, and after 2.5 years it still does," Allen said. "We ought to be arguing from the evidence and not making the case based on raw political power."

Lott's influence placed the 53rd Weather Reconnaissance Squadron in Biloxi — the "hurricane hunters" who fly through storms — immediately in line for the new C-130Js. Without the insistence of Lott and other lawmakers, the plane, partially built in Mississippi, would not roll off the assembly line at all this year. The Air Force does not want the aircraft for regular units until 2006.

Maj. Gen. Arthur J. Lichte,

director of global reach programs for the Air Force, said the service was not ready to retire older C-130s because they still have a useful life and "we try to live within our budgets."

Czwartacki said the majority leader "believes the unit is so critical and flies extremely dangerous missions, it should have the safest, newest, front-line planes."

Lott also persuaded Senate defense appropriators to add \$500 million for the LHD mini aircraft carrier for Marines. The Navy did not want funding to start building the \$1.5 billion ship, to be constructed in Pascagoula, until fiscal 2005. Congressional officials expect the money to be approved.

Lunch Specials

Week of Oct. 4 through Oct. 8

— Monday —

Malibu Chicken..... \$5.95

— Tuesday —

Meat Loaf..... \$5.95

— Wednesday —

Chicken Strips..... \$6.95

— Thursday —

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FOR THE RECORD

Times-News

TWIN FALLS - Recent activity in 5th District Court in Twin Falls County included:

Arraignments and appearances

David Michael Bourgeois, 39, 139 Walnut St., Twin Falls, possession of drug paraphernalia; pleaded innocent; public defender appointed; \$2,500 bond.

Mark Randall Childs, 43, 315 Eighth Ave., Buhl; driving under the influence; failure to purchase driver's license; fictitious display; no insurance; pleaded innocent; public defender appointed; released on own recognizance.

Stella C. Garcia, 32, 535 1/2 Fifth Ave. N., Twin Falls; failure to pay fine on conviction for petit theft; warrant; pleaded guilty; sentenced to one day in jail.

Larry Lance John, 23, 344 Blue Lakes Blvd., Twin Falls; forgery; preliminary hearing Friday; public defender appointed; \$7,500 bond.

Larry Lance John, 23, 344 Blue Lakes Blvd., Twin Falls; battery on officer; obstructing an officer; petty larceny; public defender appointed; released on own recognizance.

Andrew Arden Layne, 40, no address given; petit theft; assault; pleaded innocent; released on own recognizance.

Joseph Stanley Masters, 42, 1828 Kimberly Court, No. 6, Twin Falls; petit theft; warrant; pleaded innocent; public defender appointed; \$1,000 bond.

Abraham David Mauley, 19, 698 Monroe St., Apt. A, Twin Falls; battery; pleaded innocent; public defender appointed; released on own recognizance.

Randy Lee McNeil, 34, 433 Addison Ave. W., Twin Falls; defacing a manufacturer's identification numbers; burglary; five counts of forgery; preliminary hearing Friday; public defender appointed; \$10,000 bond.

Randy Lee McNeil, 34, 433 Addison Ave. W., Twin Falls; carrying a concealed weapon; possession of burglary tools; pleaded innocent; public defender appointed; released on own recognizance (this case only).

Jason Warren Miller, 30, 224 Alexander St., Twin Falls; grand theft by possession of stolen property; preliminary hearing Friday; pleaded innocent; public defender appointed; \$7,500 bond.

Victor Gerardo Muro-Inclan, 41, 1222 Addison Ave. E., Twin Falls; felony driving under the influence; preliminary hearing Friday; public defender appointed; \$500 bond.

Victor Gerardo Muro-Inclan, 41, 1222 Addison Ave. E., Twin Falls; driving without privileges; transporting an open container; pleaded innocent; public defender appointed; released on own recognizance.

Paul Edward Neubauer, 33, 291 S. 1500 E., Jerome; domestic battery; pleaded innocent; public defender appointed; \$1,000 bond.

Patrick M. Pellorino, 26, 515 Gin Lane, Southold, N.Y.; driving without privileges; possession of drug paraphernalia; violation of civil protection order; carrying a concealed weapon; pleaded innocent; public defender appointed; \$500 bond.

Jeri L. Rowley-Corona, 32, 713

D St., Rupert; petit theft; warrant; pleaded innocent; public defender appointed; \$1,500 bond.

TWIN FALLS - Recent activity in 5th District Court in Twin Falls County included:

Misdemeanor sentencing

Shawn Roderick Conner, 39, 482 Eastland Drive N., Twin Falls; driving under the influence; pleaded guilty; 1,000 fine, suspended; \$78.50 court costs; 180 days' jail time; suspended; 180 days' driving privileges suspended; 24 months' probation; Magistrate Judge Charles Brumback.

Harold Wayne Thomas, 26, 2015 11th Ave. E., Twin Falls; domestic battery; amended to battery; pleaded guilty; \$300 fine, with \$150 suspended; 180 days' jail time; suspended; 180 days' driving privileges suspended; 24 months' probation; Magistrate Judge Charles Brumback.

Christopher W. Bunch, 30, 199 12 Sidney, Twin Falls; vicious assault; pleaded guilty; \$75 fine; \$63.50 court costs; Magistrate Judge Charles Brumback.

Joshua Richard Mannen, 19, 635 Morrison St., Twin Falls; use of a firearm; possession of drug paraphernalia; pleaded guilty; \$63.50 court costs; 87 days' jail time; Magistrate Judge Melvin Edwards.

Lester Ray Lamb, 33, 320 Fourth Ave. E., Jerome; driving without privileges; amended to failure to purchase/invalid driver's license; pleaded guilty; \$63.50 court costs; 90 days' jail time; suspended; 24 months' probation; Magistrate Judge Charles Brumback.

Roseanne Fuentsen, 29, 2026 Elizabeth Boulevard, No. 109, Twin Falls; failure to purchase/invalid driver's license; pleaded guilty; \$100 fine; \$63.50 court costs; 90 days' jail time; suspended; 24 months' probation; Magistrate Judge Charles Brumback.

Twin Falls County

Derek C. Melrine, 18, 1332 Elizabeth Boulevard, Twin Falls; driving without privileges; amended to failure to purchase/invalid driver's license; pleaded guilty; \$100 fine; \$63.50 court costs; 30 days' jail time, suspended; 24 months' probation; Magistrate Judge Charles Brumback.

Jamen Hyde May, 20, 459 Highway 74, Twin Falls; driving under the influence; pleaded guilty; \$1,000 fine, with \$400 suspended; \$78.50 court costs; 90 days' jail time, with 88 days' suspended; 180 days' driving privileges suspended; 24 months' probation; Magistrate Judge Charles Brumback.

Jamen Hyde May, 20, 459 Highway 74, Twin Falls; use of or possession of intent to use drug paraphernalia; pleaded guilty; \$100 fine; \$63.50 court costs; Magistrate Judge Charles Brumback.

Teisha Lee Shive, 44, 120-B Semholz Circle, Jerome; driving under the influence; amended to inattentive/careless driving; pleaded guilty; \$300 fine; \$63.50 court costs; 100 days' jail time, suspended; Magistrate Judge Charles Brumback.

Cassey M. White, 15, 712 Sawtooth No. 4, Buhl; reckless driving; amended to inattentive/careless driving; pleaded

guilty; \$300 fine, with \$200 suspended; \$63.50 court costs; 12 months' probation; Magistrate Judge Michael Redman.

Felony Sentences

Alexander Santos; Fagundes, 26, 248 Mountain View Drive, Twin Falls; lewd conduct with child under 16; pleaded guilty; \$17.50 court costs; \$250 victim's crime fund; five years' penitentiary, suspended; five years' supervised probation; District Judge Daniel Mechl.

Kellie Ann Naglack, 19, 1979 Palestine, Twin Falls; fraud; pleaded guilty; \$17.50 court costs; \$50 victim's crime fund; \$150 defender fee; three years' supervised probation; District Judge Daniel Mechl.

Jerome Lynn Alexander, 22, 2913 E. 3600 N., No. 144, Twin Falls; burglary; pleaded guilty; \$15.50 court costs; \$50 victim's crime fund; three years' penitentiary, suspended; three years' supervised probation; District Judge Daniel Mechl.

Carlos Bocanegra, 34, 659 Washington St. N., Twin Falls; aggravated assault; pleaded guilty; \$7.50 court costs; \$50 victim's crime fund; nine years' penitentiary, suspended; nine years' supervised probation; District Judge Daniel Mechl.

Christine L. Bettencourt, 23, 516 S. Sixth, Jerome; fraud use of financial transaction card; pleaded guilty; \$750 fine; \$17.50 court costs; \$50 victim's crime fund; \$250 defender fee; three years' supervised probation; District Judge Daniel Mechl.

Peter Button, 34, 1720 Manzanita, Twin Falls; lewd conduct with child under 16; pleaded guilty; \$15.50 court costs; \$250 victim's crime fund; six months' penitentiary; four years' supervised probation; District Judge Daniel Mechl.

Juvenile appearances

Jennifer Moore, 17, 2754 Fourth Ave. E., Twin Falls; count 1, petit theft by possessing stolen property; count 2, forgery; count 3, petit theft; count 4, forgery; - public defender appointed; pretrial October 7; released to parents in lieu of detention under strict house arrest.

Kenneth Kelly, 17, 1099 Sparks Ave., Twin Falls; malicious injury to property; public defender appointed; pretrial October 19; released to parents in lieu of detention under strict house arrest.

Juvenile sentences

Keith Eugene Doane, 12, 212 Monroe St., Twin Falls; burglary; amended to unlawful entry; pleaded guilty; public defender appointed; Magistrate Judge John Varin.

Ryan Henstock, 16, 645 Fawnbrook Ave. No. 238, Twin Falls; possession of drug paraphernalia; pleaded guilty; public defender appointed; 90 days' detention; 90 days' probation; six months' probation; 30 hours community service; submit to search and seizure; no association with anyone on probation; shall not possess or use drug, alcohol, or any other intoxicating substance; shall not possess weapons; Magistrate

Judge John Varin.

Child support cases

State of Idaho, Child support services vs. Thomas M. Wamego. Seeking \$211 monthly support, plus 56 percent of medical expenses not covered by insurance; provide insurance; \$302.50 attorneys fees and costs.

State of Idaho, Child support services vs. John E. Fisher. Seeking \$202 monthly support; \$275 attorneys fees and costs.

State of Idaho, Child support services vs. William Kevin Hill. Seeking \$215 monthly support; \$275 attorneys fees and costs.

State of Idaho, Child support services vs. Megan C. Hausher. Seeking \$108 monthly support; \$275 attorneys fees and costs.

Divorces

Foster D. Funk vs. Lorraine B. Funk vs. Heather Kay Schultz vs. Jason Richard Schultz.

Athena McHaffey vs. Grant McHaffey.

Garret Kevin Karl vs. Jamie Michelle Karl.

Roberta Carpenter vs. Richard C. Carpenter.

Staci Hamar vs. Jack Hamar.

Lucille H. Tengs vs. Jay T. Tengs. Laurie McCombs vs. Bruce McCombs.

Misdemeanor dismissals

Twin Falls County Kerri M. Burkhardt, 27, 301 Central Albion; failure to display plates or stickers dismissed by prosecutor; Magistrate Judge Michael Redman.

Kenneth Ivan West, 25, 1617 Seventh Ave. E., Twin Falls; reckless driving; dismissed by prosecutor; Magistrate Judge Michael Redman.

Karlene Ann Chugg, 22, 1354 Washington No. 32, Twin Falls; forgery; dismissed by prosecutor; Magistrate Judge Nathan W. Higer.

City of Twin Falls

Charles Henry Robbins, 22, 195 Monroe, Twin Falls; malicious injury to property; dismissed by prosecutor; Magistrate Judge Charles Brumback.

Robert Allan Maxim, 29, 343 Fifth Ave. N., Twin Falls; possession of controlled substance; dismissed by prosecutor; Magistrate Judge Michael Redman.

Michael Paul Spray, 38, 438 Addison Ave. W., Twin Falls; petit theft; dismissed by prosecutor; Magistrate Judge Michael Redman.

Scott A. Freeman, 18, 862 Trotter, Twin Falls; exceed maximum speed limit; dismissed by prosecutor; Magistrate Judge Michael Redman.

Katherine M. Hamilton, 24, 180 S. First W., Decla; failure to yield right of way; dismissed by prosecutor; Magistrate Judge Michael Redman.

James Robert Brown, 32, 1206 Inca Drive, Twin Falls; exceed maximum speed limit; dismissed by prosecutor; Magistrate Judge Michael Redman.

Thomas Matthew Ferguson, 26, 674 Monroe, Twin Falls; failure to purchase/invalid driver's license; dismissed by prosecutor; Magistrate Judge Michael Redman.

Thomas Matthew Ferguson, 26, 674 Monroe, Twin Falls; failure to provide proof of insurance; dismissed by prosecutor; Magistrate Judge Michael Redman.

Terril Marie Berger, 40, 341 Pleasant Row E., Apt. A, Twin Falls; resisting or obstructing officers; dismissed by prosecutor; Magistrate Judge Michael Redman.

Curtis W. Brown, 29, 1241 Ninth Ave. E., Twin Falls; stop, park violations on two-way high way; dismissed by prosecutor; Magistrate Judge Michael Redman.

Gray Scott Smith, 32, 2391 E. 3300 N. No. 8, Twin Falls; violation of protection order; dismissed by prosecutor; Magistrate Judge Michael Redman.

Felony dismissals

John Duane Hopper, 60, 3821 N. 2600 E., Twin Falls; domestic battery; dismissed by prosecutor; District Judge Daniel Mechl.

Daniel Ben Nogara, 21, 245 Washington St., Twin Falls; theft by receiving/possessing stolen property; dismissed by prosecutor; District Judge Daniel Mechl.

John Duane Hopper, 60, 3821 N. 2600 E., Twin Falls; attempt to elude a police officer; dismissed by prosecutor; District Judge Daniel Mechl.

Gooding - Recent activity in 5th District Court in Gooding County included the following:

William Jay Brunson, 24, 2926 S. 2300 E., Wendell; driving under the influence; pleaded innocent; jury trial Dec. 2; Magistrate Judge Kevin P. Cassidy.

Nathan J. Cooke, 27, P.O. Box 666, Hagerman; driving under the influence; driving without privileges amended to invalid driver's license; arraignment continued Oct. 21; Magistrate Judge Kevin P. Cassidy.

Carlos Dominguez-Erives, 20, 395 E. Hurlburt Ave., Hermiston, Ore.; driving without privileges; possession of drug paraphernalia; failure to appear at hearing; Magistrate Judge Kevin P. Cassidy.

Jeffrey Thomas Eden, 18, 800 W. 414 N., Shoshone; failure to notify officers of accident; pleaded innocent; court trial Oct. 14; Magistrate Judge Kevin P. Cassidy.

Todd Edward Frazier, 30, 308 Locust St., Nampa; driving without privileges amended to failure to provide proof of insurance; failure to appear at hearing; Magistrate Judge Kevin P. Cassidy.

Alberto G. Perez, 15, 3295 S. 1300 E., Wendell; eluding a police officer; reckless driving; failure to purchase/invalid driver's license; in detention; to be transferred to juvenile court; Magistrate Judge Kevin P. Cassidy.

Daniel R. Porter, 41, 621 E. Ave. North, Hagerman; domestic battery; failure to appear at hearing; Magistrate Judge Kevin P. Cassidy.

Jan Dorette Rawson, 41, 1932 E. 1700 S., Gooding; driving under the influence; failure to purchase/invalid driver's license; sentencing Oct. 14; Magistrate Judge Kevin P. Cassidy.

David L. Snider, 121

Quicksilver, Hagerman; unlawful possession of wildlife (two charges); no taxidermist license; failure to appear at hearing; Magistrate Judge Kevin P. Cassidy.

Sentencings

Edward L. Burks, 31, 309 Fourth Ave. N., No. 12, Twin Falls; driving under the influence; \$1,000 fine, \$750 suspended; \$78.50 court costs; \$50 public defender fee; 180 days in jail; 178 suspended; 12 months' unsupervised probation; 30 months' probation fee; 180-day driver's license suspension; 30 absolute/immediate; Magistrate Judge Kevin P. Cassidy.

Timothy Lynn Carter, Jr., 28, 223 Colorado St., Gooding; dog at large; \$5 fine; \$63.50 court costs; Magistrate Judge Kevin P. Cassidy.

Manuel Covarrubias Valdez, 40, 806 Wyoming St., Gooding; driving under the influence; pleaded guilty; \$1,000 fine, \$500 suspended; \$78.50 court costs; 180 days in jail, 178 suspended, two all options; 12 months' supervised probation at discretion of probation officer; 365-day driver's license suspension, 90 absolute/immediate; driving without privileges; \$500 fine; \$450 suspended; \$78.50 court costs; 180 days in jail, 160 suspended; 20 credits; Magistrate Judge Kevin P. Cassidy.

Barry Dale Crisp, 44, 530 Sixth St., Filer; transportation of open container; pleaded guilty; \$25 fine; \$63.50 court costs; Magistrate Judge Kevin P. Cassidy.

Javier Garcia-Alvarado, 19, 325 11th Ave., Gooding; driving under the influence (under 21); \$1,000 fine, \$950 suspended, \$78.50 court costs, \$50 public defender fee; 12 months' supervised probation at discretion of probation officer; 365-day driver's license suspension, 90 absolute/immediate; driving without privileges; \$500 fine; \$450 suspended; \$78.50 court costs; 180 days in jail, 160 suspended; 20 credits; Magistrate Judge Kevin P. Cassidy.

Mildred Lucille Novak, 70, Rr. 3, 1/4 W. Black Bear, Buhl; driving without privileges amended to failure to purchase/invalid driver's license; \$750 fine, \$63.50 court costs; failure to appear for misdemeanor citation; \$25 fine; \$63.50 court costs; Magistrate Judge Kevin P. Cassidy.

Douglas E. Rice, 26, no street address available; Burley; driving without privileges amended to invalid driver's license; \$75.50 fine, \$63.50 court costs; Magistrate Judge Kevin P. Cassidy.

Vincente Jesus Padilla, 45, no street address available; driving without privileges; fines and costs waived seven days in jail; seven credits; 180 day driver's license suspension at end of existing; Magistrate Judge Kevin P. Cassidy.

Shawn D. Pagan-Smith, 35, 545 Oregon St., Gooding; allowing dogs to run at large; \$5 fine; \$63.50 court costs; failure to appear for misdemeanor citation; dismissed; Magistrate Judge Kevin P. Cassidy.

Jeremy D. Purdum, 19, no street address available; unlawful entry; fines and costs waived; five days in jail, five credits; Magistrate Judge Kevin P. Cassidy.

Dismissals

Michael Stephen Patterson, no street address available, no street address available; state moves to dismiss without a trial; Magistrate Judge Kevin P. Cassidy.

District judge approves motion for new trial in infant death case

IDAHO FALLS (AP) - A district judge has granted a motion for a new trial for an Idaho Falls pediatrician found liable in the 1995 death of 22-month-old Nicole Hoover. Judge Edward Wood granted motions from the attorneys for Nicole's father, John Hoover, and Dr. Robert Pettit, because of a procedural foul-up during the \$12-million trial last June and because of the amount of damages awarded to John Hoover. In June, jurors found Pettit liable in Nicole's death and awarded John Hoover \$25,000 in damages. Nicole Hoover died four years ago of injuries related to child abuse. Pettit saw the girl three times within nine days of her death and diagnosed bruise-like spots on her body as Henoch-Schönlein purpura, a rare blood disease. The jury found Pettit negligent for his misdiagnosis, awarding her father damages. Attorneys learned about 10 days after the trial that jurors had been improperly given depositions from Pettit, another doctor who testified in his defense and from Kathy Freeman, Nicole's aunt. The depositions included police reports and photos of the girl's injuries, which were never entered into evidence at the trial. The photos show the toddler lying in her hospital bed with a number of tubes and monitors attached to her body.

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DAMAGED

Humor acts as best defense against strange

DEAR ABBY: I felt compelled to write and offer my advice to "Sweet 16 in Seattle," who is often mistaken to be her baby brother's responsibility.

When I was 16, my mother had my little brother and shortly after, was diagnosed with breast cancer and had a mastectomy. I happily carried my brother because my mother physically could not. I heard the "nutnuts" from people in public, was stared at endlessly in restaurants and had people refuse to serve me in stores.

My advice to "Sweet 16" is to hold your head high. You have done nothing wrong - you do not owe anyone an explanation.

Second, and most important, take a lesson from it: Do not judge people or situations from what they "seem" to be on the outside. There are always two sides to a story.

As for the girl it bother you so much. Enjoy your brother as much as it did mine. Seven years later we still have a special bond that I would not trade for anything - not even the approval of an often-too-quick-to-judge public.

**- PROUD SISTER
IN NEW JERSEY**



DEAR ABBY
Abby Cadabby

DEAR ABBY: I was about 13 during the mid-'50s in San Diego - pushing my infant twin nieces around a department store while my 27-year-old sister was upstairs paying a bill. A woman stopped me and began asking me about the twins. How old? Boys or girls? About the time she got around to "Are they yours?" my sister emerged from the elevator behind me and said, "Yes. And I'm their grandmother!"

I still remember the expression on the woman's face. She never said another word as we went about our business.

I thought "Sweet 16" might get a laugh out of the story, just as I still do.

**- BEEN THERE
IN APPLE VALLEY, CALIF.**

DEAR BEEN THERE: I'm sure she will relate to it - as will many others. Read on.

DEAR ABBY: I am now 21, but I used to baby-sit often. If I took the kids to carnivals, libraries,

etc., I would be subjected to the same stares and whispers. I talked to some of the parents, and they surprised me with an adorable T-shirt that said, "Best Baby Sitter." It had the kids' handprints and names on it. Maybe "Sweet 16" could wear one that says, "No. 1 Sitter," or have one made for the baby that says, "He's not heavy, he's my brother."

Anything cute would help relieve the situation, although nothing will eliminate all the stares or change the minds of some people.

**- BEEN THERE, TRY THIS,
GOLDEN VALLEY, MINN.**

DEAR TRY THIS: Good suggestions, and I agree, with your conclusion. Read on:

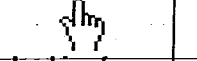
DEAR ABBY: "Sweet 16's" dilemma is not a new one. As a 14-year-old back in 1994, I found care of a neighbor's infant. One brisk winter day I lugged both of us up and took her out in her buggy. A woman I had never seen before stopped us and lectured me about having a baby when I was so young. When she finally stopped for breath, I managed to tell her I was the baby's sister, not the mother. She "humped" several times and left without apologizing.

The only way to handle things

like this is with a sense of humor. Maybe the 16-year-old and her 13-year-old sister could get T-shirts that say, "I am my brother's keeper."

- JOAN IN FRESNO, CALIF.

DEAR JOAN: That's a terrific idea. And just what the Good Book preaches. After all, in a sense, we are all our brother's keepers.



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- 7 Elton
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20th century cold shoulder sure beats medieval version

Q. Don't the military statisticians say Tennessee men generally have thinner noses than men in other states?

A. No, they give that distinction to Wisconsin men. They say Tennessee men have longer noses, however.

One of the least common names of the English-speaking world is John Doe.

Q. In families with dead parents of children who can hear, the children almost never run away from home. Why not?

A. They're needed.

If you're like most people, your weight relates directly to the length of your small intestine. But that can't be determined. Not yet.

A report in Atlantic Monthly says one baby stroller manufacturer has put his label on its product: "Remove your child before folding baby stroller."

Under the Norman laws of old England, a man convicted of adultery paid his fine to the king, but a woman convicted of adultery paid her fine to the church.

"If you're more than three feet away from that horse, I can't see you." That's the remarkable claim. But it's not easy to believe any flying creature could be so near-sighted, is it?

Dr. Mary Edwards Walker in 1851 needed a special act of Congress to let her wear trousers.

Workers contend the term "cold shoulder" started in medieval France when annoyed hosts served chilled mutton instead of hot beef to unwelcome visitors. Our Love and War man doubts the claim. Even if it did begin that way, says he, it has been perpetuated since, minus the mutton, without benefit of beef, in the bedrooms of the western world. The cold shoulder, he says, is not a figure of speech. It is the sometime condition of the unwelcomed guest, the result of the body language of irreconcilable differences.

Q. What's the only sporting event on which there's never any betting?

A. Bullfighting comes to mind. Is it an "only"?

Citizens of the United States throw away enough food each year - about 15 percent of what's

Cancer makes fresh start; Leo takes the initiative

IF OCTOBER 4 IS YOUR BIRTHDAY: You often astonish friends with knowledge of arcane literature. You are unorthodox, will fight a cause is right, Taurus, Leo, Scorpio persons play amazing roles in your life, could have these letters, initials in names - D, M, V. Before your is finished, your personal scenario will feature possible change of residence, marital status. Your most significant month of next year will be January.

ARIES (March 21-April 19): Don't let yourself silly trying to catch up with something not worth your time. Focus on cooperative efforts, publicity, marital status changes in picture.

TAURUS (April 20-May 20): You will be concerned with price of property. Your position is stronger than might have been anticipated. Make intelligent concessions, but do not abandon principles.

GEMINI (May 21-June 20): Look beyond the immediate, accept versatility, intellectual curiosity. Cards fall your way, you're credited with displaying amazing skills. Aries plays role.

CANCER (June 21-July 21): Make fresh start, deal gingerly with Leo who has control of money. Dinner menu commands much attention, could turn tide of business deal. Emphasize originality.

LEO (July 23-Aug. 22): Moon in your sign represents time when you do everything right, almost effortlessly. Take initiative, make contact with powerful people. You exude sex appeal.

VIRGO (Aug. 23-Sept. 22): Highlight versatility, give full rein to intellectual curiosity. There will be talk concerning

HOROSCOPE Sydney Ocar

overseas venture. Gemini, Sagittarius play meaningful roles.

LIBRA (Sept. 23-Oct. 22): Money comes from surprise source. Don't wonder about it too much. Cooperate with Taurus. Scorpio persons who have your best interests at heart. Major wish comes true.

SCORPIO (Oct. 23-Nov. 21): Say the cheeriest, not everyone likes you but you make deep impression on all. Don't start battles but fight if cause is right. Read, write, teach people.

SAGITTARIUS (Nov. 22-Dec. 21): Attention revolves around marital status, possible change of residence. Mask in your life, dance to your own tune. Libra helps bring project to fruition.

CAPRICORN (Dec. 22-Jan. 19): Slow down, define terms, answers obtained through meditation. Do not hide face that you are a graduate in college of hard knocks. You win prestige, money.

AQUARIUS (Jan. 20-Feb. 18): Focus on organization, responsibility, orderly transition of power. Promotion is due, win rather than force your way. Capricorn, Cancer allies will play dramatic roles.

PISCES (Feb. 19-March 20): Those who are supposed to hold you down will themselves be thrown for a loss. You will be upset winner. Plan ahead for journey that could take you overseas. Aries involved.

Allman Brothers get serious about death

MACON, Ga. (AP) - Duane Allman's and Berry Oakley's relatives are so adamant about protecting their graves site they bought the land immediately surrounding them and claim it's private - no trespassing.

"We don't want anyone (kicked) out of Rose Hill, but don't deface the graves. Don't hide sex on the graves," said Lips Anderson, an attorney for the relatives of the two Allman Brothers Band founders.

They died in separate motorcycle accidents in the early 1970s.

Macon Mayor Jim Marshall says the cemetery at public property and the hundreds of people who flock to the graves each month are welcome.

It's also when criminal trespassing charges against a Macon Telegraph photographer arrested while taking photos of the graves were dropped Friday.

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OTHER VIEWS

Linda Tripp is a fine one to complain about privacy

From the Lewiston Morning Tribune

What's that, Linda Tripp has filed a lawsuit claiming her privacy has been invaded? Next they'll be telling us Jesse Ventura body-slammed someone for making him look ungratified.

Not that Tripp doesn't have as much right to sue the White House and the Defense Department as anyone else. And yes, it is entirely within the realm of possibility that the Clinton administration mined Tripp's "personnel files, FBI files, security files, and other government records" in order to distribute "misleading, harassing or damaging information ... for partisan political purposes," as her suit alleges.

But Linda Tripp making a federal case out of invasion of privacy is more than a bit like Jerry Springer complaining about the poor quality of television networks' new fall programs. When it comes to turning personal and confidential information into common knowledge, she is the champ.

It was Tripp, after all, who violated the confidence a young White House intern, Monica Lewinsky, had placed in her by disclosing its contents to authorities. And it was Tripp who went on to allow herself to be wired to

record further conversations with Lewinsky about Lewinsky's sexual trysts with President Clinton. She also agreed to track Lewinsky at a meeting with federal prosecutors at a Washington hotel.

Lewinsky, it turned out, had used poor judgment not just in her choice of lovers, but also in her choice of friends. None of this has any bearing on Tripp's chances in court, of course. She begins this litigation with the same case files as any other American who believes she has been wronged. What is strange is that Tripp has arranged to have publicly distributed with a complaint that she has received the much public humiliation. It is doubtful that anyone will think better of her after filing this lawsuit than before.

That is especially true when you consider that Tripp is seeking an unspecified amount of money for what the suit claims is "severe reputational and emotional distress and humiliation."

That can be tough to live with all right. But when the pain becomes so unbearable, she might find relief in sharing the burden with a fellow sufferer, sometime later. As her old friend Monica

Lewinsky said, "I'm not a person who likes to be in the spotlight. I'm not a person who likes to be in the spotlight."

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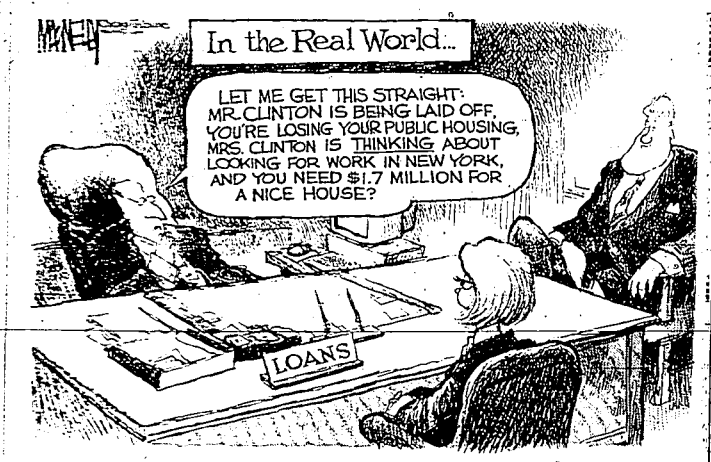
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It'll take more than photo ops to save salmon

When Gov. Kempthorne wanted to send Idaho's Lake Redfish Lake to help release a group of captive bred sockeye salmon into the wild, he clearly wanted to send Idaho's most scenic lake to a deeply murky, if not swampy, event. Especially when one

plans to consider the troubling 1000-mile-long, 700-foot-deep lake's fish must continue to swim in the water. But was it really nature's intention that we destroy the very river upon which these fish depend for survival by plugging it with a chain of four 100-foot high dams? Was it nature's intention to drive these fish to such low levels that we now have to capture every last one and imprison

them in a captive breeding program in order to preserve the lost strands of DNA in the gene pool? Was it nature's plan to have hatchery technicians dig these fish over the head and spawn them in plastic buckets?

Only seven sockeye salmon returned to Idaho this year. For most Idahoans who never knew the days when tens of thousands of sockeye returned to the Stanley basin every summer, that was reason to celebrate. After all, it was the second best return this decade after the boom of '93 when 12 fish made it back. But I doubt most Idahoans are happy about a program that costs nearly \$2 million per year and produces only seven fish. Each sockeye that returned this year cost more than a quarter million dollars.

Clearly, the statistics are not good enough. As Paul Kling, the Idaho Department of Fish and Game biologist who heads the captive breeding program, said last week, "It's going to take a lot more to restore sockeye salmon to Idaho." He added that he would like to see Redfish Lake "cut it off. If the governor is truly sincere about bringing salmon back, he should direct his new salmon

cabinet to stop selling snake oil to the public in the form of "fish friendly" turbines, straw lights and fish pipelines, and start heeding the nearly unanimous advice of the scientific community.

As much as it may pain our governor, the vast majority of biologists say the only way to keep salmon in Idaho is to bypass those four dams on the lower Snake River. Any recovery plan that ignores that amounts to pouring very expensive water into a bottomless bucket. The Idaho Department of Fish and Game has known this for decades. But Gov. Kempthorne and Idaho's congressional delegation, all of whom have made their careers advocating for state's rights, have mysteriously turned a deaf ear to their own state professionals and instead embraced the very federal agencies that got us into this mess in the first place.

It's true that there are lots of factors that have driven Idaho's salmon to extinction's edge over the past century. But the biggest factor by far is our elected leaders' collective lack of courage to save them. Gov. Andrus notwithstanding, Idaho's salmon have a hard enough time surviving eight dams between Lewiston and the ocean. But now there's a ninth dam, that the construction of such expensive projects as eliminating ethanol subsidies and dispensing school vouchers, at least he understands how the game is played. If McCain really thinks, as he said on May 24, that the construction of such expensive projects as eliminating ethanol subsidies and dispensing school vouchers must wait until we first reform the way we finance our political campaigns," then he needs more time in the minors.

The trendy left has embraced McCain's signature cause - abolishing "soft money" - because it looks forward to the day when Democratic labor unions once again have more clout than Republican fat cats. If and when that day comes, liberals will thank McCain for his efforts, but they will never reward him for by supporting vouchers or anything else on his Republican agenda.

But at least a straight-arrow President McCain would be surprised by such a turn. By contrast, a President Bradley, if his issue-shuffling past is any guide, would just smile as his GOPish health-care plan is repudiated by something more to the liking of the left-wingers who govern the White House. Bradley will be smart, unlike McCain the hero, would be played enough to know the fix was in from the first.

James P. Pinkerton is a columnist for Newsday.

READER COMMENT

Scott Bosse

When Gov. Kempthorne wanted to send Idaho's Lake Redfish Lake to help release a group of captive bred sockeye salmon into the wild, he clearly wanted to send Idaho's most scenic lake to a deeply murky, if not swampy, event. Especially when one plans to consider the troubling 1000-mile-long, 700-foot-deep lake's fish must continue to swim in the water. But was it really nature's intention that we destroy the very river upon which these fish depend for survival by plugging it with a chain of four 100-foot high dams? Was it nature's intention to drive these fish to such low levels that we now have to capture every last one and imprison

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James P. Pinkerton is a columnist for Newsday.

Bradley, McCain must show more to voters

JAMES PINKERTON

Bradley and John McCain both made surprising speeches this week, offering refreshingly different takes on the late Bush administration. Of course, anybody - especially a come from behind candidate - can sap together rhetoric for a speech and work words for a fact sheet. So the real question is: Will Bradley follow through on his refreshingly right-tilling proposal? After all, eight years ago, candidate Clinton brimmed with "New Democrat" new ideas, and yet once in office, he put forth his wife's Brezhnevian plan.

The Oct. 4 issue of The New Republic suggests a similarly Clintonian propensity. While Bradley's health plan leans right, his core campaign staff is far left. His press secretary Eric Hauter says, "We're all passionate progressives." With such a crew in the White House, would the Bradley plan cost \$65 billion, as promised, or would trial lawyers and other special interests balloon the cost?

McCain, of course, wants to destroy those same special interests. As an opening salvo, on Tuesday, he advocated blowing up federal subsidies for ethanol, sugar, gas and oil, using the \$5.4 billion saved to fund a school voucher program. It's hard to think of a better suggestion than that - empowering poor children to choose their schools by defunding corporate welfare kings - but it's hard to imagine McCain spearheading it into reality. McCain's nonconformism sometimes comes at the expense of common sense. Consider this headline from a news release from Aug. 5, in all its illogical glory: "McCain says tax bill unacceptable but only hope for working tax relief."

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The Times-News

Stephen Hartgen Publisher
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The members of the editorial board and writers of editorials are Stephen Hartgen, William Brock, Clark Walworth, Kevin Richert and Michael Johnson.

LETTERS

Defend the farms and ranches

In response to Matt Smith's letter published in the October 1 issue, I have limited knowledge of the situation. Cities were built for refined, controlled living within animals, dirt and odors. If the farm and ranch industry is to continue to supply food, it must defend its way of life. Large operations - suffering animals are discarded, there isn't time to save an animal here and there. We drink the water from wells beneath our livestock operations, and the natural filters keep it clean and pure. Human waste is a higher risk. Nearly everyone who complains of the milk they've drunk is that existing dairy. I would bet there is milk in your refrigerator and leather shoes in your closet.

I'm reading your letter and come to the conclusion our senators have the right idea. The qualities they're defending are higher ideals than your nose.

We need defense of farms and ranches. I take time to write or call your political representatives listed in this paper or most telephone books. We don't need more restrictions, laws or limits while judging for our rural lives. Be sure your senator knows how you feel.

LUJBY WEST
Paul

What has society become?

In response to Timothy J. Hancher, Mansfield, S.D. (Jesse Thrush Case #1)

Tric, there was a death and it is a sad thing, but if our reaction to this death is pure emotion, then we simply tack growth of human being on our society's growth

and nothing changes. It is the ever-bearing authoritarian society that punishes. Doberman puppies to attack and kill, whenever we dislike the work. And to keep it as there are animals and killing dogs, rabbits, chickens, etc. I am surprised by your article. It is a good article. I am surprised by your article. It is a good article. I am surprised by your article. It is a good article.

But when the trained attack dog makes an innocent, it is innocent the dog's snout, and we hear the scream from the innocent crowd. "Kill the dog!" We set the snout, write the snout and blame the actor for a bad performance. We understand the government and execute the demand by, and it becomes tragic our responsibility to our operation, it is the failure with the messenger. A messenger is needed.

There is a decision to be made without America's odd combination of student responsibility and telling everyone else what to do.

And I understand, we live in a world, and I'll purchase. Where when we asked the killer is a murderer of 11 are called the killer is a hero of a million are called the killer is a world leader. So what do we call it when the human element prevent mass murderer of millions drive through the gates, where the murderer of 11 are called the killer is a hero of a million are called the killer is a world leader. So what do we call it when the human element prevent mass murderer of millions drive through the gates, where the murderer of 11 are called the killer is a hero of a million are called the killer is a world leader.

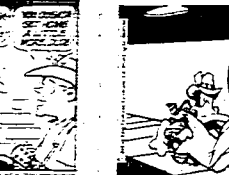
Maybe Sidney J. Hancher can offer us some enlightenment. "Perhaps the main difference between us and the other animals is that we suffer pain due acquired attitudes toward our young, rather than species pain due to genetic programming because we have minds that can be trained, we can be taught to transmit emotional distortions that bind to inhibit the species." Unlike that dog, punished abnormality, or even that murderer, Mr. Hancher, "Case #1" is wrong. I doubt it. Mr. Thrush said that terrible murderer and attorney he would kill that day.

MARA SCHUCKENY
Twin Falls

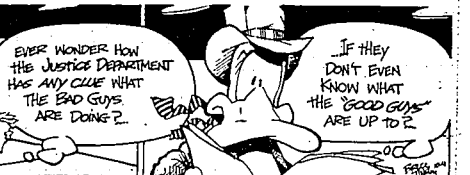
Doonesbury



Mallard Fillmore



By Bruce Tinsley



With apologies to Martha Stewart, a countdown to Y2K wo

Month in, month out, we've lived by and appreciated Martha Stewart's comprehensive, intensely detailed calendars. Now, as the next millennium approaches, it's even more critical that she prepare us for Y2K.

Think you, Martha. We'll count down with you, because we're counting on you for our lives.

Oct. 10 - Saw off shoguns. Hang barrels from No. 6 musket barrels fishing line to create wind chimes/early alert system against government insurgents.

Oct. 12 - Appear on the "Art Bell Show." Demonstrate how

mixing rubbing alcohol, lighter fluid and Spam can make an acceptable gasoline substitute for portable generators.

Oct. 15 - Synchronize compass to point exactly to the outlet store for outdoor clothing.

Oct. 18 - Catalog and government talk shows alphabetically by their shortwave radio call letters and sew the last into the fringe of a sarban throw.

Oct. 20 - Publish the "Y2K Cookbook," featuring 313 ways to prepare dried figs. Include a how-to article on a militia-style clam bake at the beach.

(First, dig hole in sand. Second, fill with hardwood and burn until bed of coals is formed. Third, fill

TIM ROWLAND

large pot with water, dried beans, salt cod, wild rice and powdered cheese. Four, cover pot with sand, steam for 12 hours, then dig up pot and throw contents at jack-booted thugs.

Oct. 25 - Get endorsement of the Coleman Co. Look into a special product line of Martha's Designer Aluminum Gas Bottles and Lantern Filament.

Nov. 6 - Remove money from bank. Using imported Egyptian linen and eiderdown with combed cotton pom-poms, sew 245-acre mattress to hide it under.

Nov. 18 - Change oil in portable generator. Buy extra-long extension cords to keep refrigerator, home lighting system and furnace running. Store extra fuel supplies for generator.

Nov. 19 - Remember belatedly that fuel supplies should never be stored near furnace pilot light. Organize remaining house fragments into 1940s era Quaker Oats tins and decorate with lavender sprigs.

Nov. 25 - Decorate bulletproof vest with Thanksgiving mélange of fall leaves and bittersweet berries. Try it out on Bob Vila, host of "Bob Vila's Home Again." If unsuccessful, shattered strands of Kevlar fiber and molasses can

still be spun into yard decorations that will distract any K-9 units. To celebrate the holiday, make a croque-mouches.

Dec. 1 - Hire teen-age computer geek to write Martha Stewart line of computer viruses, which can be streamed into government agency hard drives through e-mail accounts. Harmless "musical greeting card" e-mail can potentially disable entire Bureau of Alcohol, Tobacco and Firearms.

Dec. 23 - Stuff Christmas tree into underground bunker. Replace colored bulbs with painted shatteredproof glass melted down from red Humvee taillights.

Dec. 24 - Write alternative ending to "Night Before Christmas"

for the children, in which Santa survives in the arctic bush for two weeks on nothing but melted snow and reindeer meat.

Dec. 25 - Do not celebrate Christmas; that's just what they'll be expecting.

Dec. 31 - Set generators to full power, radio to shortwave, phasers to stun and luncker down for the long haul.

Jan. 1 - Open eyes. Check for electricity by sticking 19th-century pewter cucumber fork into electric socket. If still alive, tell the world, "I told you so."

Tim Rowland is a humorist who wrote this commentary for Bridge News.

LETTERS

Let the children pray

My letter is in response to Kodi Standlee's letter in the Sept. 16, Times-News regarding his her "suarage" at a petition being circulated to have prayer services held in his/her school.

My first question to Kodi is, "What are you so afraid of?" In the midst of a national epidemic of school shootings and the senseless deaths of our children, maybe it's time that our youth took a few moments before the beginning of their day to experience a little closeness and fellowship with their peers. Having a 15-year-old daughter and being only 45 minutes away from the Columbine tragedy, I am very adamant that we, as parents, teachers and students, have to take a very hard look at one aspect of the problem - the two young men in the Columbine shootings were reportedly angered from the feelings of being treated as outcasts by their peers. Mind you, I don't know what happened absolutely reprehensible and deeply tragic and I do not condone their actions, but the harassment and ostracism that occurs in our schools every day promotes a huge part of the anger and depression students feel. Our children have a person's worth on materialistic values and standards. It is time we teach them at home, in school and in worship that each individual has purpose and value in God's eyes and should not be judged by someone else's standards.

By all means, bring our children together to pray each morning before school begins and let them feel safe and loved. Again, I'm not so sure what Kodi is so afraid of - if he/she does not wish to participate in prayer services, then don't, but taking the opportunity away from others who choose to make a difference is selfish and unconstitutional. Church is not the only place to pray. God bless us all.

DEBRA PETERS
Colorado Springs, Colo.

Who are these people?

My husband, Andrew, is a native of the Magic Valley. Together we moved here with our family about a year ago. For the most part, we have found the community to be a warm, caring and family-oriented place to live.

However, a few days ago our storage unit was robbed and everything we had stored inside was stolen. I understand the fact that the thieves wanted to take items that were of value, like our skis, refrigerator and camping gear. However, I do not understand why they felt inclined to take items such as journals, baby books, scrapbooks, pictures, baby clothes and Christmas decorations. These things obviously have no resale value but are invaluable to us. I have shed many tears over my lost baby book that contained the only newborn picture of me. I feel badly that my daughters will not have the opportunity to see what I looked like in my prom dress, nor will they be able to see what their father was like when he attended the Naval Academy.

It is a sad reflection on the day and age in which we live when important memorabilia such as these are so easily discarded by others.

LISA BECKSTEAD MIX
Twin Falls

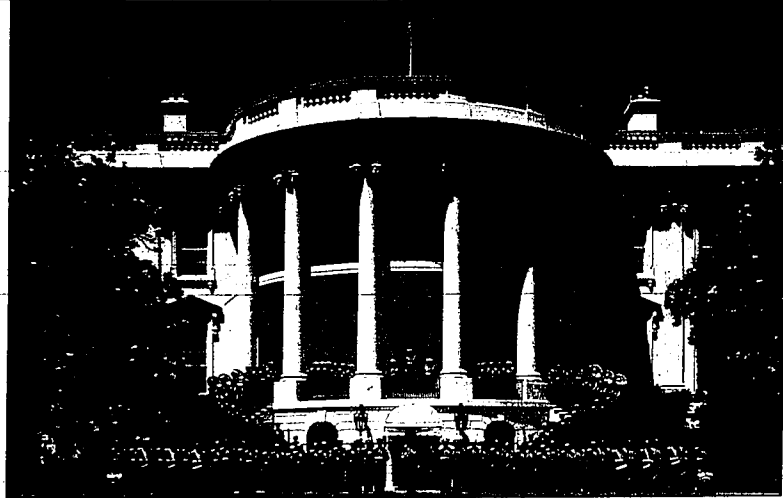
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South Korean students protest reported killings

SEoul, South Korea (AP) - Waving signs and chanting, a South Korean student group rallied in downtown Seoul on Sunday, demanding that the United States punish those responsible for the alleged mass killings of civilians by U.S. forces at the start of the Korean War.



A student shouts slogans during a protest rally in Seoul, South Korea, Sunday, demanding the U.S. punish those responsible for the alleged mass killings of civilians by American forces at the start of the Korean War in No Gun Ri.

It was the first public reaction from South Korea's largest student group, called Hanchoongryong, and known for its anti-U.S. views, regarding last week's news report on the alleged killings in July 1950.

"The U.S. government must punish people responsible for the massacre!" a group of 40 students chanted, pumping their clenched fists into the air.

Last week, The Associated Press reported accounts by American veterans, corroborating those of South Korean villagers, that their unit killed a large number of civilians at No Gun Ri, South Korea, during the early days of the Korean War. The villagers say 400 died.

The AP also found once-classified documents showing that U.S. commanders ordered their troops to shoot civilians as a defense against disguised enemy soldiers.

At the rally in Seoul's main railroad plaza, the students demanded that the United States apologize to South Korea and the victims' families.

Riot police stood around the protesters, but did not intervene. No clashes were reported.

"Americans are beasts wearing masks of human beings!" the group said in a statement. Hanchoongryong has led violent street protests in the past, but its influence has decreased sharply in recent years.

The government outlawed the group because it supported the withdrawal of 37,000 U.S. troops based in South Korea as well as other key demands made by communist North Korea. The group says the U.S. military presence

increases tension on the divided Korean peninsula.

Aging South Koreans who said they survived the killings said Friday that they would not allow anti-American sentiment to affect their search for the truth behind No Gun Ri.

They said they recognized the importance of friendly relations between Washington and Seoul and understood that the valuable security role the United States plays in deterring threats from the communist North.

The two Koreas are still technically at war because no peace treaty was signed at the end of the 1950-53 Korean War. Their border is the world's most heavily militarized.

After the AP report, the U.S. and South Korean governments promised thorough investigations into the No Gun Ri killings. Both governments had previously dismissed the survivors' claims.

Study shows tax credit as way for poor to get ahead

WASHINGTON (AP) - The tax credit for the working poor that House Republicans want to convert from a lump sum to monthly payments provides crucial annual savings for people trying to get ahead, a study finds.

Half the 1998 earned income tax credit recipients questioned in the draft Syracuse University study said they planned to save at least a portion of their annual check so they could move to a better neighborhood, pay tuition or buy or repair a car.

"The EITC appears to be our most effective federal program for leading low-income families

on a path toward true economic independence," said Timothy M. Smeeding, director of the Center for Policy Research at Syracuse.

"The EITC is what makes these expenditures possible."

House Republicans want to spread the tax credit payment over a year, saving \$8.7 billion in fiscal 2000 and pushing the cost of the credit into the following budget year. That would help balance the 2000 budget without dipping into Social Security accounts or breaking self-imposed spending caps.

change the payments. GOP presidential front-runner George W. Bush has joined Democrats in questioning whether such a change might harm the working poor.

Created in 1975, the credit is intended to keep people working and to offset the payroll taxes they contribute for Social Security and Medicare. Last year, taxpayers earning between \$10,000 and \$31,000 were eligible, depending on number of children. The average 1998 claim was \$1,459 for 19.4 million taxpayers.

Among the GOP arguments for

making 12 payments over the year is that poor people actually need more help making monthly ends meet and that the single payment is more difficult for people to manage.

"I think it's something that helps families in need to get their money on a monthly basis instead of one cash drop sometime in the spring," said House Speaker Dennis Hastert, R-Ill.

But the Syracuse study suggests otherwise. It was based on interviews with 820 Chicago-area EITC recipients who used a free tax clinic to do their returns in 1998.

NEW PAGES & Places



The Times-News is pleased to introduce Deby Johnson as Internet Sales representative. Deby and her family have lived in Twin Falls for 16 years. She has been involved with the schools, various community organizations and worked in management at Everybody's Business.

Deby will work with businesses and community organizations to enhance their presence on the World Wide Web.



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Vice president faces twin challenges from Bradley, Bush

WASHINGTON (AP) - Acknowledging "a close, hard-fought race" with Bill Bradley, Vice President Al Gore said Sunday he welcomes the chance "to change the way I campaign" and talk directly to Americans.



Al Gore

"It's a close, hard fought race and frankly, I welcome that," he said. Debates on national issues are held to "elevate" the contest, Gore said, and would allow him and Bradley to highlight their differences without "granades being tossed back and forth."

Gore nevertheless took advantage of the immediate opportunity to pounce on one difference between the two candidates: their reactions after Republicans won control of Congress in 1994.

"I tried to help rally the troops, the forces of what I regard as progress, and Senator Bradley chooses that moment to say that

he was going to leave the public arena, said it was broken and said that he might even run as an independent," he said.

Bradley left the Senate in 1996 after three terms.

That job on Sunday led Bradley spokesman Eric Hauser to question whether "the vice president's focus on narrow political tactics and positioning and negative campaigning," undermined the credibility of Gore's call for an issue-focused campaign.

Struggling to rescue his troubled campaign, Gore now must fend off the unexpectedly strong challenge from Bradley and convince voters he can handle Texas Gov. George W. Bush, the GOP front runner.

The dual assignment became a political imperative for Gore with the recognition that Bradley is gaining strength in key states - New Hampshire, New York and California - and is outdistancing the vice president in raising money. To get to Bush - or whoever the Republican nominee is - Gore has to get past Bradley first.

Gore's move to Tennessee appears intended to pare down his bloated campaign and symbolically distance himself from Washington insiders and the taint of "Clinton fatigue" - the weariness with scandals and failures of President Clinton. But after Gore's seven years in the White House and service in both the House and Senate, it will be difficult to see him as an outsider.

MAGIC VALLEY VETERINARY HOSPITAL

Dr. Annette Gilas has joined the staff at Magic Valley Veterinary Hospital. She is an Idaho native. She graduated from the Washington State University College of Veterinary Medicine in 1990 and was working in Arizona until she decided to come back home to Idaho. We are very excited to have her join our veterinary team.

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Robin, Kelly, Lisa and Andrea

Robin has joined the hair care professionals at Hair Tech. She brings 7 years experience in hair color, cuts and perms. (Formerly at Pennys)

Kelly brings years of experience in the hair care. She excels late evening and night appointments.

Lisa specializes in waving and hair color. She brings years of experience in complete family hair care.

Andrea specializes in facials and skin care as well as hair styling for the entire family.

MAGIC VALLEY VETERINARY HOSPITAL

Magic Valley Veterinary Hospital is proud to announce that Michelle Lewis has graduated from the Veterinary Technology program at C.S.I. She has passed her national boards and is now a certified veterinary technician. She has been a valued employee for 4 1/2 years and we are proud of her academic accomplishments.

Michelle Lewis

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ABBOTT'S AUTO SUPPLY

Abbott's Auto Supply is pleased to announce the appointment of Jon L. Moseley as Shop Manager. Jon has many, many years of automotive and truck experience, both foreign and domestic; gas and diesel. Jon is extremely versed in all phases of automotive repair, from electronic diagnoses to transmission and engine rebuilding.

Jon L. Moseley

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AROUND THE VALLEY

Man faces hearing in Jerome shooting

JEROME - A man charged with shooting two Jerome County sheriff's deputies is scheduled to appear in court this afternoon for a preliminary hearing.

Eric J. Buchanan, 24, is charged with shooting the two deputies and another man during a Sept. 20 gun battle outside his home at 515 N. Lincoln St.

The deputies were responding to a disturbance at the home when they were fired upon. One was hit in the chest, and the other was hit by broken glass and bullet fragments. Neither deputy was seriously hurt.

At a preliminary hearing, a magistrate judge hears evidence and decides whether enough probable cause exists to send the case to district court for trial.

Buchanan is charged with three counts of aggravated battery, two of which involve two penalties because law officers were involved.

Twin Falls City Council meets tonight

TWIN FALLS - The City Council will discuss a request for a beauty salon and a zoning request at its meeting tonight.

Jeff Swoppe has requested that a 150-by-180 foot lot at 2013 Addison Avenue East be redesignated from R-2 to R-2-PHO to allow him to operate a beauty salon.

The council will also discuss a request from Rod Kack to develop 1.94 acres of property at 970 east corner of the intersection of Grandview Drive North and Canyon Rim Road.

The council will meet at 5 p.m. in council chambers at City Hall.

Fair Board discusses last month's event

FILER - The Twin Falls County Association will discuss last month's fair at its meeting today.

The board will last month's event and discuss the fall convention and the fair.

The fair board will meet at 12:30 p.m. at the fair office at the Twin Falls County Fairgrounds in Filer.

Buhl offers community education classes

BURLY - The Buhl Community Education and Recreation Association is offering a variety of special interest courses for children and adults.

Classes for adults include aerobics, computer courses, emergency preparedness, genealogy, fly tying and more. Special classes for kids include Christmas ornament-making, stamp collecting, chess, piano and "Fun with Friends," a course that teaches children how to play popular games like Jenga, Monopoly and dominoes.

Classes run in price from \$4 to \$40. Those interested may register from 6 p.m. to 8 p.m. Tuesday at Buhl High School, or call Connie Glander at 543-6353.

Dietrich City Council meets at City Hall

DIETRICH - The City Council will meet at 7 p.m. today at City Hall.

Gooding City Council meets tonight at 7

GOODING - The City Council will meet at 7 p.m. today at City Hall.

Gooding Basque group presents workshop

GOODING - The Gooding Basque Association, in cooperation with Wood River Resource and Conservation, will present an instructional workshop for teachers from 9 a.m. to 4 p.m. Thursday and Friday at the Idaho State School roundhouse.

The course is authorized for credit by the University of Idaho and will include history, culture, dance and music instruction.

The two-day workshop will include a tour of the roundhouse. A traditional Basque dinner will be served at 8 p.m. Friday at the Gooding Alternative School.

Registration is limited to 20 teachers. Instruction will be provided by local members of the Basque Association and members of the Boise Basque Club.

Registration forms are available at all area schools.

Compiled from staff reports



Lelle Poppleton helps her students put together a salad for homecoming take-home meals her class prepared for school faculty. Poppleton won the Idaho Vocational Teacher of the Year award for 1999.

Excellence in life lessons

By Jennifer Sandmann
 Times-News writer

Peers recognize Twin Falls vocational teacher as being among the best

TWIN FALLS - From teaching class in her living room to piloting a student-run restaurant, Lelle Poppleton's course has changed as much as the times.

Poppleton teaches family and consumer sciences - formerly home economics - at Twin Falls High School. She has been recognized as Idaho Vocational Teacher of the Year.

During three decades in the classroom, Poppleton has watched "home ec" evolve into a career-oriented training grounds. She teaches classes in personal and career development, adult living, food science and hospitality/business.

Missy Wignall, a consumer sciences teacher at Robert Stuart Junior High School, said Poppleton won several awards through the vocational association this year. Wignall described

her colleague as a dedicated teacher who probably puts in more hours than anybody. Wignall knows in the field and finds interesting things for her students to do.

"I think on the whole, students really like Lelle's classes, because she's very creative and innovative," Wignall said.

When Poppleton began teaching in Meridian in 1969, home economics classes were just for girls.

"The only class the boys were allowed in was bachelor living," she said.

Twin Falls High School's consumer sciences classes nowadays are geared toward planning nutritious but convenient meals and teaching students survival sewing such as how to replace a button, Poppleton

said. Sewing classes in other schools remain, but there was a lack of interest for them in Twin Falls, she said.

A big change in her curriculum occurred last year when she and students opened "The Hungry Bear - Restaurant" together with business instructor Pat Thornberry. The hospitality/business class teaches students how to run the restaurant. They serve lunch on Wednesdays and Fridays, prepare take-home dinners for faculty members and do some catering.

And this is the third year Poppleton's special education students have operated "The Morning Rush Hour," a coffee bar open on Fridays where the students learn basic work skills.

"To watch the growth in the

kids from the beginning of the year to the end is wonderful," Poppleton said.

She has seen shy students gain enough confidence to ask for a customer's order and students in general grow into work place responsibilities. Other benefits have been as basic as showing students how to iron to prepare restaurant linens, how to set a table and even how to wash dishes for the first time without using a dishwasher.

Jenniene Kauer, who serves on the executive board of the Career and Technical Educators of Idaho, applauded Poppleton for contributing to many professional development organizations in the state.

"We feel like she has gone the extra mile," Kauer said. "She is like the consummate professional."

Times News staff writer Jennifer Sandmann can be reached at 733-0931, Ext. 241, or by e-mail at jsandmann@magicvalley.com.

Bond issue is a matter of pride, backers say

Minidoka schools ask voters for \$20M

By Loraine Caverer
 Times-News writer

BURLEY - A community's school is not just a place for books, lessons and lunch. It's a source of pride and part of a community's identity.

"As Nov. 7 approaches - the date for the Minidoka County School District \$20 million bond issue election - Nick Halgett and other district educators say that they have noticed how important

that pride is to some residents of Minidoka County.

"A few people have told us that they want to be proud of what they see when they drive up to the high school," Halgett said. "It's not a bad looking building now, but it's not impressive like the new high school in Burley."

It's the improvements Minidoka residents have seen in Cassia County's school facilities,

Please see BOND, Page B3



Denise Dietz works with her sixth grade students at Paul Elementary School. The school is one of the newer facilities in the Minidoka County School District.

Mini-Cassia theme park idea is still whirling along

By Ruth Streeter
 Times-News writer

BURLEY - Various plans for tourism in Mini-Cassia have faded in and out over the last year, and most of them are already forgotten. Talk of a theme park was one of those, and even though things have been quiet on that front, the idea still heads the list of possibilities and its developers are still committed.

The Mini-Cassia Development Commission had invited Nampa's Northwest Parks to build a theme park in Burley. The city hired the California-based firm Management Resources to conduct a feasibility study and now it's up to the Northwest Parks to move forward with its plans.

The theme park exists as a conceptual design and has moved to the engineering phase, said Northwest Parks President Bob Klosterman.

The project could cost up to \$15 million, he said.

Northwest Parks has secured private land south of the Snake River for the project, but Klosterman declined to say who owns it.

Klosterman expects to break ground in May. Construction would take a year, depending on the myriad problems that are possible in any major project. Klosterman said he would like to see the park open for Memorial Day the following year.

The park has been under consideration for about a year, Klosterman said, but Burley was not always thought to be a prime candidate for a theme park.

"We were skeptical at first about Burley," Klosterman said. "The area's population would not justify a major youth-oriented amusement park to compete with the Lagoon Amusement Park in Salt Lake City. Klosterman said he said a

variety of people from around the valley.

The nearest theme park of this kind and size is probably Old Tucson in Tucson, Ariz., Klosterman said.

The plans include a riverboat, food court, children's rides and a theme town, but it will be "event driven," with a main focus on entertainment, drawing major action around the country.

"Its core will be live entertainment," Klosterman said.

Northwest Parks has also been trying to secure financing for the project, finding the appropriate investors, said Mini-Cassia economic development specialist Todd Christensen.

Being seasonal, the park would provide around 200 part-time jobs and about 25 full-time positions. But Klosterman anticipates the park will become a reality.

"You need to understand

these parks are magnets, and there were businesses to spring up all around it," he said.

Commercial growth around the theme park would harm neither the commercial draw to downtown, nor its retention of businesses, said City Councilman Bill Schafer, who is also a member of the Burley Development Authority.

Schafer looked to the precedent set by commercial growth near the freeway to speculate on effects on the downtown area, which the city is working to revitalize.

"Those businesses that disappeared were going to disappear anyway," Schafer said. "The ones that stayed used ingenuity and varied their inventory so as to not be in direct competition."

Schafer said he envisions hotels and restaurants downtown if the theme park becomes a reality.

Northwest Parks will take the

A long, wonderful journey of the heart

Eden teacher looks back fondly on a five-decade career

By Julie Penco
 Times-News correspondent

EDEN - "Each day will be success rather than failure. Joy rather than pain, happiness rather than sadness, laughter rather than tears, love rather than hate."

That's Nellie Metcalf's philosophy of teaching.

Metcalf, now in her early 70s, she's always been a good teacher. She said she's not sure she's ready to give up the daily allotment of joy she gets from teaching little ones.

"Every year, every day this is the best bunch of first-graders I ever had," Metcalf said. "First-graders really grow for you. You get every ounce of progress they make."

She said this year's class of 23 students is the smallest class she's ever had. That means that somewhere between 1,500 and 1,500 students have learned the alphabet and basic reading and arithmetic from Metcalf.

"I can't believe she's still teaching school," said Lyle Harman of Hansen, a former student who grew up three blocks from Metcalf in Eden during the 1960s. "Now there was one of the best teachers I ever had. She just loves little kids."

"We feel like she has gone the extra mile," Kauer said. "She is like the consummate professional."

Times News staff writer Jennifer Sandmann can be reached at 733-0931, Ext. 241, or by e-mail at jsandmann@magicvalley.com.

She said she loves her students so much she teaches almost year-round, running the Migrant Program in the summers. During the regular school year, she often stays in her classroom during recesses and lunch to help her students extra help or to just spend some extra time with them. She said back when she started teaching in the fall of 1948, teachers accompanied their students everyday during recess.

"I can remember that Mrs. Metcalf was always on the playground showing someone how to hold a bat or helping them with whatever they needed," Harman said. "If a couple of kids were about to get into a fight, she would manage to break it up without hurting anyone's feelings. Each kid could walk away feeling O.K."

Please see TEACH, Page B3

down into its plans, perhaps assessed on the \$15 million construction will go back into the property's infrastructure. The only other taxing district to receive taxes would be the school district.

If it does, the property taxes assessed on the \$15 million construction will go back into the property's infrastructure. The only other taxing district to receive taxes would be the school district.

Times-News writer Ruth Streeter can be reached in Burley at 677-4047, or by e-mail at rstreeter@magicvalley.com.

MAGIC VALLEY/WEST

Spokane hospital runs out of room

Spokane (AP) - There's no room at Eastern State Hospital for mental patients who want to commit themselves or for transfers from private hospitals, the psychiatric hospital said.

With some patients bedded down in conference rooms, hospital director Jan Gregg issued a memo Wednesday describing a "dire situation" that threatened the hospital's budget.

She said some hospital beds had to be freed up immediately and asked officials from mental health agencies around Eastern Washington to remove stable, healthy patients from the facility. But the action did little to fix the crisis. Discharges were slowed by shortages of safe housing and treatment programs in local communities.

On Friday, the hospital remained overflowing, with a population of 225, as the usual weekend rush of new admissions loomed. The hospital's usual maximum patient load is 215.

Continued overcrowding could prompt federal regulators to yank about \$18 million in funding and deny certification of patient care was harmed.

Gregg said Eastern State, the only state psychiatric hospital east of the Cascades, was refusing any mentally ill person seeking to commit themselves. Transfers from private hospitals also were banned in her Wednesday memo until the occupancy in the civil wing was below 215.

"I continue to have concerns regarding the high bed occupancy, so that patient care will not be jeopardized," Gregg said.

She also said there was "no

room at Eastern State Hospital's unit to put people on the street," said the administrators. "The overcrowding caused some of the beds, with the hospital plans to discharge several patients."

But Jan Friday there was nowhere for people to go and Eastern State is not a patient - and the hospital might receive 8 to 14 new patients on weekdays.

Advocates for the mentally ill said the overcrowding showed the treatment system is broken.

"This is a horrible evidence of how our system, which cannot be repaired or planned for," said Tom Richardson, president of the Washington chapter of the National Alliance for the Mentally Ill.

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HOW THEY VOTED

State News Service

WASHINGTON, D.C. - Here's how Idaho's senators and Congressional representatives voted on some key bills:

SENATE VOTES

Energy: Republicans Larry Craig and Mike Crapo both voted "yes" as the Senate on Tuesday approved, 56 to 3, a \$21.3 billion spending bill for the Department of Energy. The bill left out \$35 million requested by the department for computer security. Supporters of the bill said the department needs to reform its management before getting more money. Energy Secretary Bill Richardson said he objected to the final bill's failure to adequately address the cyber security needs. A "yes" vote favors the spending bill.

Butler: Crapo and Simpson again both voted "yes" as the Senate on Tuesday approved, 58 to 2, a temporary spending measure that will keep the federal government open until Oct. 21. The bill gives lawmakers time to resolve several problems surrounding the annual spending bill, some of which President Clinton has threatened to veto. The bill gives lawmakers time to resolve several problems surrounding the annual spending bill, some of which President Clinton has threatened to veto. The bill gives lawmakers time to resolve several problems surrounding the annual spending bill, some of which President Clinton has threatened to veto.

HOUSE VOTES

Lawsuits: Republican Helen Chenoweth voted "no" and Republican Mike Simpson voted "yes" on Thursday, Sept. 23, as the House approved, 222 to 207, a bill to move some class action lawsuits into federal courts. The bill would give federal courts jurisdiction in cases where the party filing the suit is a citizen of a different state than the defendant. Supporters said the measure would prevent lawyers from filing cases in states where they know they will get a ruling in their favor. Opponents, including the White House, said the bill would make it harder for individuals to sue companies for wrongdoing.

Energy: Chenoweth voted against and Simpson voted for a bill the House on Monday approved, 327 to 87. The \$21.3 billion spending bill, for the Department of Energy, left out \$35 million requested by the department for computer security. Supporters of the bill said the department needs to reform its management before getting more money. Energy Secretary Bill Richardson said he objected to the final bill's failure to adequately address cyber security needs. A "yes" vote favors the spending bill.

Penalty enhancement: The House on Thursday rejected, 201-224, a substitute measure that would have increased penalties for crimes committed against pregnant women. Chenoweth did not vote on the measure, Simpson voted against it. The bill would have replaced a measure, that later passed, that makes it a separate federal crime to harm a fetus. Supporters said the measure addresses the need to protect pregnant women without compromising a woman's right to have an abortion. Opponents said the measure failed to address the need to protect unborn children.

Fetus protection: The House on Thursday approved, 234 to 172, a bill that makes it a federal crime to harm a fetus. Chenoweth did not vote, Simpson voted "yes." The measure says anyone who injures or kills a fetus in the act of another federal crime can be punished for a separate offense on behalf of the "unborn victim." Supporters said the bill properly addresses crimes against fetuses without affecting abortion rights. But opponents said that by recognizing a fetus as a separate entity, the bill is just the first step in an attempt to eliminate a woman's right to have an abortion. A "yes" vote favors the bill.

THIS WEEK AT CSI

Today

CSI Booster Club luncheon, 11 a.m. to 1 p.m., Taylor 277.
Monty Roberts "Join-Up" Demonstration, 7:30 to 10:30 p.m., Expo Center arena.

Tuesday

Bilingual Program Student Club (BESO), 1 to 1:50 p.m., Shields 113.
Community Mentoring for Twin Falls GATE students, 1:15 to 2:15 p.m., Fine Arts building.

Supervision III - Supervision of Teams, 6 to 9:30 p.m., Taylor 276.
"Where in the Universe is Carmen Sandiego," 7 p.m., Faulkner Planetarium.

Wednesday

Idaho Small Business Development Center Nix Level business planning course, 6 to 7 p.m., Faulkner Planetarium.

9:30 p.m., Taylor 276.

CSI Feedback against Treasure Valley Community College's 7 p.m., gymnasium.

Thursday

Baptist Campus Ministries Bible study and meeting, 7 to 9 p.m., Taylor cafeteria.
Agri-science Inservice Training, 8 a.m. to 5 p.m., Taylor 277.
Center for New Directions "Friends on Campus," 3 to 4:30 p.m., Taylor 258.

Friday

Agri-science Inservice Training, 8 a.m. to 5 p.m., Taylor 277.
1999 Renewal Meeting - Associated General Contractors Benefit Trust, 9 to 11:30 a.m., Taylor 276.
"Larry Cat in Space," 7 p.m., Faulkner Planetarium.

Saturday

CSI Booster Club for personal planning to all for the year, 9 a.m. to 11 a.m., Taylor 276.
United Church of God Bible Study, 11 to 11:50 a.m., Taylor 276.
"Where in the Universe is Carmen Sandiego," 7 p.m., Faulkner Planetarium.
"Join-Up" Demonstration, 7 p.m., Faulkner Planetarium.
Major United Agricultural Society meeting, 8 to 9 p.m., Shields 113.

Sunday

Grace Bible Church of Twin Falls, 10 to 11 p.m., Sherman 405.
United Church of God Bible Study, 11 to 11:50 a.m., Taylor 276.

Today

Acequia City Council, 8 p.m., Larry Wall's home.
Blaine County commissioners, 8:45 a.m., courthouse.
Burley City Council, 7 p.m., City Hall.
Dietrich City Council, 7 p.m., City Hall.
Gooding City Council, 7 p.m., City Hall.
Hansen Community Library Board of Trustees, 7 p.m., library, 120 W. Maple.
Jerome County commissioners, 9 a.m., courthouse.
Ketchum City Council, 6:30 p.m., City Hall.
Twin Falls City Council, 5 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.

Filer City Council, 7:30 p.m., council chambers.

Friedman Memorial Airport board, 5:30 p.m., courthouse.
Hagerman City Council, 7:30 p.m., City Hall.
Jerome City Council, 7 p.m., council chambers, 1005 Ave. A.
Kimberly Zoning Commission, 7:30 p.m., community center.
Rupert City Council, 7 p.m., City Hall.
Shoshone City Council, 8 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.
Twin Falls County Historic Preservation Commission, 7:30 p.m., Twin Falls Museum and Arbitration Center, 163 Second Ave. W.

Tuesday

Albion City Council, 7 p.m., city office.

Wednesday

Mindoka County Fair Board, 8 p.m., board office at the fairgrounds.

Thursday

Minidoka County School Board, 7 p.m., school district office, Burley.

Shoshone City Council, 7 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.

Thursdays

Bellevue Planning and Zoning Commission, 7 p.m., City Hall.
Fairfield City Council, 8 p.m., Fairview.
Twin Falls County commissioners, 8:30 a.m., courthouse.

Friday

Twin Falls County commissioners, 8:30 a.m., courthouse.

The list is compiled from various sources. The Twin Falls newspaper and website are the primary sources for the information. We advise the community to verify the information before attending.

Minidoka County School Board, 7 p.m., school district office, Burley.

Shoshone City Council, 7 p.m., City Hall.
Twin Falls County commissioners, 8:30 a.m., courthouse.

Thursdays

Bellevue Planning and Zoning Commission, 7 p.m., City Hall.
Fairfield City Council, 8 p.m., Fairview.
Twin Falls County commissioners, 8:30 a.m., courthouse.

Friday

Twin Falls County commissioners, 8:30 a.m., courthouse.

The list is compiled from various sources. The Twin Falls newspaper and website are the primary sources for the information. We advise the community to verify the information before attending.

BLM kicks \$8M back to counties

BOISE (AP) - The federal government is sending Idaho's 44 counties \$8,354,490 as part of its "Payment in Lieu of Tax" share. The payments offset the loss of tax revenue to state and local governments caused by tax-exempt federal land within their jurisdictions. The Bureau of Land Management will distribute the money.

Tom Eyr, the agency's acting director, said the payment share allows the Bureau of Land Management to fulfill its responsibilities to western communities. "Through these payments, local governments can carry out such vital services as firefighting and police protection, construction of public schools and roads, and search-and-rescue operations," Eyr said.

Congress appropriates the "Payment in Lieu of Tax" shares each year. The Bureau of Land Management allocates the fund according to a formula that includes population and the amount of federal land within

the county. The payments are made in addition to other federal revenues such as oil and gas leasing, livestock grazing and timber harvesting.

The agency has distributed more than \$2 billion in payments since 1977. This year's share came to nearly \$6 million more than 1998's.

Idaho comes in eighth in order of payments, following California, New Mexico, Arizona, Montana, Utah, Colorado and Alaska. Ada County will receive \$148,749; Cassia County \$570,240; Owyhee County \$349,016; Twin Falls County \$479,761 and Valley County \$200,652.

Ada County will receive \$148,749; Cassia County \$570,240; Owyhee County \$349,016; Twin Falls County \$479,761 and Valley County \$200,652.

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ANNOUNCEMENT

Pete Morland will be at Professional Hearing Aid Services October 6, 7 & 8

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Professional Hearing Aid Services Starkey 260 FALLS AVE., TWIN FALLS, ID-734-2900 (across from CSI) 1301 EAST 16TH ST., BURLEY, ID-678-7600 (in Farmers Insurance Bldg.)

OBITUARIES

For obituary rates and information, call 733-0931, Ext. 278, between 2 a.m. and 5 p.m. Monday through Saturday. Deadline is 4:30 p.m. for next-day publication. Death notices are a free service and can be placed until 5 p.m. every day.

MOSES LAKE, WASH.



Lila Ostler Prentice, 87, of Moses Lake, Wash., died Saturday, October 2, 1999 at the Episcopal Church of the Ascension, 210 Blue Lakes Blvd. N. in Twin Falls (White Mortuary).
Lila was born in the town of Jerome as a child and lived there until 1924 when they moved to Moses Lake. She married George A. Prentice on September 22, 1926 in Rupert, Idaho, and after their marriage was consummated in the Idaho Falls Temple. She was a faithful member of the LDS Church and served a mission with her husband in Palestine and was a stake missionary in Great Britain. She was a temple worker in the Salt Lake Washington Temple. She was a long time Primary teacher and loved the young ladies. She also served in many other church positions. Lila worked for many

years at the time of Barbara Hildner's funeral home. She was a member of the Episcopal Church of the Ascension, 210 Blue Lakes Blvd. N. in Twin Falls (White Mortuary).
Lila was born in the town of Jerome as a child and lived there until 1924 when they moved to Moses Lake. She married George A. Prentice on September 22, 1926 in Rupert, Idaho, and after their marriage was consummated in the Idaho Falls Temple. She was a faithful member of the LDS Church and served a mission with her husband in Palestine and was a stake missionary in Great Britain. She was a temple worker in the Salt Lake Washington Temple. She was a long time Primary teacher and loved the young ladies. She also served in many other church positions. Lila worked for many

Hospitals back out of gun ban proposal over 'sick tax' fears

SALT LAKE CITY (AP) — After working all summer with a coalition to draft a petition to ban concealed guns from schools, churches and hospitals, the health-care industry has backed out of the initiative.

The reason is fear of losing legislative support in repealing the state's so-called "sick tax" on hospital patients. The Salt Lake Tribune reported in a newspaper story Sunday. The tax adds as much as 25 dollars to a patient's daily hospital bill.

"It would be nice if every bill were voted on just on its merits," Rep. Margaret Dayton, sponsor of legislation to repeal the \$5.5 million hospital patient tax. "But I don't think there's any question that the fact they backed off of that gun ban petition is going to make a significant difference on the tax legislation."

Dayton's tax-repeal bill passed both houses of the 1999

Legislature, but was vetoed by Gov. Mike Bonebrake. Several House members who previously supported Dayton's tax-repeal bill said they had changed their minds because of the hospital industry's opposition to the concealed-weapon campaign, Dayton said. She refused to name the legislators.

But in August or early September, she said, she received the information to David Gossett, chair lobbyist for the Utah Hospital and Health Systems Association. On Sept. 8, the Hospital Industry's government relations committee decided to back out of the gun initiative.

House Republicans have repeatedly attempted to amend Utah's law to prohibit licensed concealed firearms in public schools, colleges, campuses and houses of worship. The citizens' initiative was an attempt to sidestep the Legislature by

putting the question directly to voters in the November 2000 general election.

House Majority Leader Kevin Gurn, R-Layton said he had heard of the alleged threat to hold hostage the hospital's sick-tax repeal bill, but "that's not a position that leadership is taking, nor would we."

"But I can see how some would do that because this gun issue is really an emotional issue," he added.

Rick Kinnerley, associate president of the Utah Hospital and Health Systems Association said talk of the gun initiative jeopardizing the tax-repeal bill "had an influence on our government relations committee."

So, too, did considerations of the expense of fighting a campaign, he said. "Our priority is the hospital tax and we don't want to do anything to compromise that."

Opponents of Boise courthouse drop their case, work begins soon

BOISE (AP) — Opponents of Ada County's proposed \$67 million courthouse project have dropped their case, paving the way for work to begin later this year.

A judge ruled against the Ada County Property Owners Association in August, and last week marked the group's deadline to appeal that decision.

In August, the judge said financing of the project was legal. Because District Judge William Woodland ruled in favor of the county and Capital City Development Corp., the Boise redevelopment agency — the association could have been responsible for the governments' \$242,000 legal bills.

Instead of appealing, the association agreed to drop the case, according to the county's attorneys. In exchange, the

county agreed to drop its demand for legal costs.

"After we filed for attorneys' fees, it was reaching a quarter-million dollars, they offered to settle," said Roger Simmons, Ada County Commission chairman. "It's a pretty good deal for us, even though we have to pay pretty hefty attorneys' fees."

A settlement clears the way for a potential ground-breaking later this year on 14.3 acres at the northeast corner of Front Street and Broadway Avenue. The courthouse would be part of a mixed-use project, which is to include retail, restaurant and residential buildings on the majority of the acreage.

County officials argue this approach lowers the cost to taxpayers because the private users will be paying rent to the Capital

City Development Corp., meant to subsidize the county's portion of the project. The county bought the "blighted" area in 1990 in hopes of consolidating its operations and cleaning up a rundown section of town.

The county will lease the land to the corporation, which will issue revenue bonds to build the courthouse and prepare the site for development. In the next 29 years, the bonds are to be repaid by rent from the county and the various retail and commercial tenants expected to occupy the complex's offices, stores and apartments.

The county is obligated to a one-year lease on the courthouse. In the following 29 years, it has one-year options to renew and can assume ownership of the property after making all of the payments.

Reports make it to people exposed to radiation

BOISE (AP) — People who were exposed to radiation from the Hanford Site in the 1940s and 50s are receiving reports of their estimated radiation exposure.

Up to 10,000 former Pacific Northwest residents will read their dose estimates by March 28, 2000. The reports provide them with estimates of the

amount of radioactive iodine I-131 absorbed by their thyroid gland. The Standard Individual Dose Assessment Program applies the information. The program is operated jointly by the state health agencies of Idaho, Oregon and Washington in cooperation with the Centers for Disease Control and Prevention.

Officials expect project funding to end March 28, 2000. A waiting list will be established for people who are now completing and returning their applications.

The highest releases of iodine I-131 occurred at Hanford between Dec. 26, 1944 and Dec. 31, 1957.

With most of the population at work, Utah's median income hits new high

SALT LAKE CITY (AP) — With most of the population working, Utah's median household income rose to its highest level ever last year, according to a report released by the U.S. Census Bureau.

Utah was one of 16 states where the income rose significantly, according to a report released by the U.S. Census Bureau Friday.

Climbing 7.1 percent from 1996-97 to 1997-98, nationally, the median household income increased from \$23,822 to \$25,473.

Overall, Utah's median income surpassed the nation's by \$5,637. Economists say the increase is partly due to the state's low unemployment rate of 3.4 percent in August.

"It means practically everybody's working in Utah and it also means the private sector employers to raise wages to attract people," said Wayne Mangum, a retired University of Utah economics professor.

Utah also has more families with multiple wage-earners and fewer retirees than the nation, which helps boost the income, Jensen said.

According to Census figures from 1990, 48.3 percent of Utah's families had two workers, compared to the nation's 45.6 percent.

"If there's more earners, there's more income coming in," Jensen said.

Unemployment levels barely rose in Utah, from 185,000 or 8.9 percent in 1997 to 190,000 or 9 percent in 1998. The number of children living in poverty rose from 84,000 or 12.2 percent in 1997 to 94,000 or 14 percent the next year.

Nationwide the poverty rate dropped to 12.7 percent in 1998 and the number of poor children dipped to an 18-year low.

Jensen said Utah's overall poverty rate is low because fewer households are headed by a single woman — 21.3 percent versus the nation's 16 percent, according to the 1990 Census. Plus, Utah is home to fewer minorities, who have higher poverty rates than whites.

The census report found that non-Hispanic whites have an 8.2 percent poverty rate, compared to 26.1 percent for blacks, 25.6 percent for Hispanics and 12.5 percent for Asians and Pacific Islanders.

Jensen said there is no economic reason the state poverty rate is so low.

"The reason is that we're rich because Utah, economically speaking, is in 'really good shape.'"

Teach

Continued from B1

Back in Metcalf's early career, many teachers around southern Idaho graduated from the teacher's college at Alhambra. After attending for two years at the college, which included three summers at the school, Metcalf took her first job in an Alhambra II barracks known as Eden Elementary School. The building came from the Hunt Relocation Camp.

"You could open up the front door and see through to the back door," she said. "There was a big bell on the top that you had to let ring at the right time when you were ringing it or you might be swinging from the ceiling."

Later the school was moved to the Eden Hill School. Metcalf continued to teach first grade. During her career, she gave birth to six children, including one set of twins.

Her next-door neighbor, Imogene Fitzpatrick, used to come to Metcalf's house to do housework and babysit her own three children in tow. The families were so close that when the Metcalfs moved, the Fitzpatricks moved right along with them.

"They remained next-door neighbors all during time when you were ringing it or you might be swinging from the ceiling."

Metcalf taught all of her own children and a good number of relatives. Today, five or her six children are in the teaching field.

Two of the children, Eden Elementary, Metcalf said she's seen many changes in the classroom over the years, but she has always been willing to adapt.

"Things have changed because now the cost of living is so high, both parents have to work," she said. "With the parents not home, a lot of the little ones are not getting the help they need."

She said she sees more latchkey children and more children who broke into homes. She said fewer parents are reading to their children and it has forced her to change her curriculum.

"You have to change teaching strategies with the times," she said. "Everyone used to know their nursery rhymes and fairy tales when they came to the first grade. Now I make sure to teach them. One of the hardest parts of reading is learning rhyming."

Changing teaching strategies comes natural to the classroom.

"I throw away my lesson plans each year," she said. "That way when I get a new class I have to start my teaching for each group."

She said the practice of throwing away her lesson plans keeps her open to new ideas that many label as fads. She said all new ideas in education have merit and she tries to incorporate the best of each philosophy into her classroom.



Teacher Mollie Metcalf said one of her dreams has always been to teach all 11 of her grandchildren. This year her youngest grandchild, Connor Beames, is in her first grade class at Valley Elementary School.

Some remember how Mrs. Metcalf touched their lives

"I never had Mrs. Metcalf because I was an orphan. Her High School years were at the district, but my son and daughter had her. Everyone wants their kids to grow from Mrs. Metcalf's influence."

—Jim Shewhart, an Eden resident.

"She's just excellent. Two of my children have been in her class. I had her in the bottom and bottom hall, but I'm going to the really

said to see her go." —Janet Stewart, an Eden resident.

"I was a freshman in high school when she came to us. Her name was Mica Kent. She's a remarkable teacher as I've ever known. She's affected more lives of people in the Eden and Hazelton area than anyone. She's just fabulous, and what's amazing is that she just keeps going."

—Arlyn Boddy, a retired Valley superintendent who works for the State Office of Education.

Valley School District Superintendent Laurel Nelson did her student teaching under Metcalf's wing in the mid-1970s. She said she had been surprised to see how up-to-date Metcalf's strategies were.

"I couldn't believe it," Nelson said. "When I was doing my student teaching in her classroom, I had just learned about whole language, and Mrs. Metcalf was already integrating it with her physics instruction. I asked her how she worked for each one, and she said she had always used fairy tales and classics to teach physics."

Metcalf said the paradigm always swung back again in education. Back in her early years in education, each county had a superintendent who would travel to all the schools to make sure teachers were using good literature to maintain physics instruction.

Now, she says, the State Board of Education is making the decisions that used to be made by the local superintendents. She said one of those new requirements — computer literacy — seemed impossible when she first learned it.

"We're getting along a lot better than we used to," she said, referring to computers. "I remember the time I first saw being afraid of it, especially when my grandchildren were more talented

Judge sentences tribal leader for embezzlement

BOISE (AP) — The former chief of the Shoshoni Northwest Band of the Shoshoni Nation has been sentenced to a year and a day in federal prison for embezzlement.

Chief Uright diverted tribal funds from the Blackfoot office for personal use and filed a false tax return.

Chief U.S. District Court Judge Lynn Winick sentenced Uright in Pocatello.

Uright had earlier admitted to diverting a total of more than \$40,000 on various occasions in 1992 and 1993 and to failing to report all of her income for her 1993 tax return.

Uright also was ordered to

make restitution of \$44,378.02 to the tribe and pay her overdue taxes, plus interest and penalties.

Case investigators included the Criminal Investigative Division of the Department of Interior, Denver, the Internal Revenue Service and the Federal Bureau of Investigation.

Bond

Continued from B1

paid for with a \$22 million bond issue, that may give Minidoka County's \$20 million bond issue a chance of passing.

One of three improvements is the 1,131-seat King Fine Arts Center. The \$3 million theater was paid for with \$2 million from the bond issue and \$1 million donated from Hermann King, owner of the Department Stores.

"It's so nice to have a theater here. We've had stages, but never a theater," said Alan Hale, chairman of the board of directors of the Mt. Harrison Heritage Foundation. The foundation — along with many other community-minded groups and individuals — was responsible for putting hours of work into making the theater a reality, said Steve Dudley, Burley High School band director and board member of the foundation.

Most students from Minidoka County transferred to Burley when the new school opened, Hallett said. There is an open enrollment policy between the two districts.

"It's been a godsend as far as most of us are concerned," Hallett said. "I don't know how you can thank a community other than doing the best job we can with their children. That's what we are trying to do now."

While Burley High School patrons and community members glow with pride about their new facilities, Oakley and Ratt River community members have expressed pride in new facilities as well.

During the tour of the new Oakley High School, the home economics room, with three separate kitchens equipped with brand new appliances, was one of the key stops.

"They're nicer than the ones I have at home," said home economics teacher Alyssan Alves. "The whole room is a much improved version from the old school."

The school's new media center is another big draw. It boasts a sloped ceiling, seven computers with Internet access, and a television broadcast room. The world's new library is bigger and more beautiful than the old one, said Librarians Ann Martin and Beverly Franks.

Susan Price was chairman of a citizens' committee that was

involved with the planning and building of new schools in Cassia County since 1991.

"It has been such a thrust of so many different individuals," Price said.

Times-News writer Loraine Goveaux can be reached at Burley at 677-4042 or at laoraine@mtcnetvalley.com.

Residents offer election predictions

By Loraine Goveaux Times-News Writer

REPURT — As Minidoka County School District prepares to take its \$20 million bond issue to voters Nov. 2, several residents offered their predictions on the outcome of the election.

If passed, money from the bond issue would fund new classrooms and make other improvements at Minidoka School and Heyburn and Acquia elementary schools. Improvements are also planned for other elementary schools in the district.

Tammy Stevenson, who farms with her husband Scott Stevenson, said it is doubtful the bond issue will pass because of the county's economic condition.

"The majority of property tax is paid by farmers and farmers are struggling," she said.

James O'Grady said he knows schools are overcrowded and improvements are needed, but he's against saddling taxpayers with the bill.

"With agriculture being in the straits it's in, it's not a good time," he said. "Taxes have gone up and they still aren't getting done what they said they would. At the moment I'm not in favor of it."

Cindy Gillette, who farms with her husband Randy, said she's in favor of the bond issue despite economic conditions.

"The schools are in poor shape. They need to do something. Gillette said she has to pass a starting place and go from there."

During the tour of the new Oakley High School, the home economics room, with three separate kitchens equipped with brand new appliances, was one of the key stops.

"They're nicer than the ones I have at home," said home economics teacher Alyssan Alves. "The whole room is a much improved version from the old school."

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IDAHO/WEST

LDS leader: Look forward to millennium

Hinckley says this time is a focal point



Gordon B. Hinckley, president of the Mormon church, told church members attending the church's 169th semi-annual General Conference Sunday that they are living in an exciting and historic time.

SALT LAKE CITY (AP) - The coming of the new millennium should be an exciting and historic time, Mormon church President Gordon B. Hinckley told his faithful Sunday. "My brethren and sisters, do you realize what we have? Do you recognize our place in the great drama of human history?" Hinckley said during the second day of the church's 169th Semi-Annual General Conference. "This is the focal point of all that has gone before. This is the season of restitution. These are the days of restoration... the summation of all the centuries of time since the birth of Christ in this present and wonderful day."

Leaders of The Church of Jesus Christ of Latter-day Saints have played down apocalyptic warnings in the waning days of the 20th century, after decades of encouraging members to keep a supply of food as a hedge against the unexpected.

But at the church's last general conference before the year 2000, millennial language abounded. Hinckley presided over a talk with an unscripted nod to the presence of Utah Sen. Bob Bennett, chairman of a Senate committee on the Y2K bug.

And as he closed the session in the afternoon, he bid farewell to the 133-year-old Tabernacle, which will be replaced by a conference hall by the new 21,000-seat assembly hall under construction in downtown Salt Lake. "We anticipate that next April we will meet in a new hall as we usher in a new century and a new millennium," Hinckley said. Elder James E. Faust, second counselor to the presidency, called the new Conference Center a symbol of the church's strength in the coming century. "In my opinion there has never been in the history of this church a reason for so much hope for the future of the church and its members worldwide," he said. "I believe and testify that we are moving to a higher level of faith and activity than there has ever been."

Elder M. Russell Ballard of the Quorum of the Twelve Apostles warned that signs of the second coming are emerging, especially the Biblical portent of false prophets. That includes people who reinterpret the scriptures to fit their lifestyle, Ballard said. "They advocate a redefinition of morality to justify fornication, adultery, and homosexual relationships. Some openly champion the legalization of so-called 'same-gender marriages,'" he said.

Hinckley himself said at Saturday evening's special priesthood session that Mormons should feel compelled to oppose gay marriage as a "moral wrong." He praised Mormon support for the church's resource guide for teachers.

Initiative, which would only allow marriages between men and women, and the 5.1 million church members raised last year for similar campaigns in Alaska and Hawaii.

In a similar vein, Elder L. Aldin Porter praised the strength of the Proclamation on the Family issued in 1995, which reaffirmed Mormonism's emphasis on the traditional family. The proclamation - which was reinforced just last week of a meeting of the church's women's organization, the Relief Society - sets out the "divine design" of gender roles, saying fathers are to provide for, protect and preside over their families while mothers are to be primarily responsible for child rearing. "The proclamation will bring comfort to parents who may be questioning their roles in the home," Porter said. "It will bring security to children as they are raised by parents who love them and understand their divine destiny."

On Sunday afternoon, Elder Dallin H. Oaks of the Quorum of the Twelve announced a new push from Mormon leaders to reduce teenage in the church, including publication of a ten-page booklet on improving teaching and a revised edition of the church's resource guide for teachers.

Ten years later, freeway is 'field of dreams'

OAKLAND, Calif. (AP) - Paul Cobb was standing in his bedroom when he heard the Bay Area Freeway came crashing down in a welter of concrete, metal and blood.



A California Highway Patrol officer looks over a mangled section of the San Francisco-Oakland Bay Bridge on Oct. 18, 1989, after a severe earthquake hit the area.

"Everybody ran out in the street, people started saying, 'Look at the freeway! Look what has happened!'" Cobb ran to help people who had life enough left to squander out of their mangled cars. Without time to think, he and many other residents of West Oakland, a largely black, mostly poor neighborhood, rose up in a united rescue effort.

It was one of the shining stories of the disastrous 1989 earthquake that shook the San Francisco Bay area 10 years ago this month, killing 67 and leaving 57 billion in damage.

In the buck of Cobb's mind that day, another rescue effort was born: At last, a chance for West Oakland to crawl out of the shadow of the hated elevated freeway that had loomed over the neighborhood for decades. Forty-eight hours after the quake, a group of city leaders and neighborhood activists met in the dignified, brick-and-white dining room of Cobb's restored Victorian home. By meeting's end, said Cobb, they had a plan. "Now that Mrs. Cobb's shaken her hips and caused the freeway to fall, this is an opportunity to reroute it."

From the beginning, the Cypress Freeway was a hated symbol of power and powerlessness. It went up in 1957, slicing West Oakland into two. Suburban commuters thundered along its concrete shoulders, urban residents lived beneath, sucking in carbon monoxide fumes and resentment. Residents fought against it without success. "The world you live in today as far as black people was not the world we lived in then," said Bill Love, who was a teenager when the Cypress went up, linking the Bay Bridge and San Francisco to Interstate 880 and the southeastern suburbs.

After that, businesses dwindled and died. The neighborhood, an eclectic mix of cottages and humble railroad catwalks perched on the lip of the San Francisco Bay, turned into a dusty rubble. "It was dirty, it was noisy, it divided West Oakland into two areas - below and above," said Love. "It was of no benefit to those of us who lived in

West Oakland." The world came crashing to a stop on Oct. 17, 1989. The 7.1-magnitude quake struck as the Oakland A's were about to play the San Francisco Giants in the World Series, wreaking havoc throughout the bay area. Seventy miles south in Santa Cruz, falling buildings killed three people. More died in San Francisco's upscale Marina district.

But the quake hit hardest at the Cypress, where 42 people were killed in a concrete avalanche when the top deck thundered down on the lower roadway. Gloria Taylor, who lives in a housing complex 30 feet from the old freeway, rushed outside to mar child neighborhood children to safety. "They were saying, 'But Mrs. Taylor, the ground is moving,' I told them to just keep moving," she said. She shook the children inside, but they were already crying.

They had seen people under this freeway, they knew that before this freeway crashed, under they were there." Some of those who came to help lived on the fringes of society. "Street people, who were people, who were in tennis shoes, scaled that mess of concrete to save lives and there were dozens of them," said Cobb, who remembers standing on the ground marveling at their daring.

Utah towns stake out expected light rail money

SANDY, Utah (AP) - Hoping for plenty to go around from the anticipated new light-rail commuter trucks, Sandy and Midvale are drafting joint ordinances that would include splitting sales and property taxes. The sister cities, each containing about half the property, have agreed to jointly make zoning changes to allow a mixed-use neighborhood, as part of a development plan.

They also have agreed to split sales and property taxes from the entire project - a first in Utah - eliminating traditional rivalries about which city gets the lucrative business and which gets the taxes. The plan includes a walkable residential neighborhood mixed with attractive shops, all catering to people who want to ride the train as much as they drive.

Commission considers high school exit test

BOISE (AP) - A statewide commission establishing Idaho high school graduation standards is considering a test 11th-graders would have to pass to demonstrate their knowledge before they could receive a diploma.

The Existing Standards Commission will develop the exam next year as a way to ensure Idaho's 18,000 high school graduates meet minimum education standards. But Idaho's two largest school districts - Boise and Meridian - say they might be forced to cut electives to make room for classes that must be taken before the state test is given. Nampa School District officials say the test will motivate them to rethink the traditional ways subjects are taught.

An 11th-grade test could require some kids to take classes beyond the traditional school day, even through correspondence courses, so they can keep electives and still take all the courses they need. It also could make the senior year - which typically has a number of difficult classes such as economics and American government - little more than a year of electives. "It would be like teachers in the last week of school trying to provide instruction for seniors," said Christine Donnell, Meridian School District superintendent. Boise school officials have asked the Existing Standards Commission to consider giving several tests at the end of courses. The first one would be in the 11th grade.

Depot sells itself well on safety

SALT LAKE CITY (AP) - A majority of people living near sites where the Army stores obsolete military weapons say they trust the military to safely dispose of the material, according to a new study.

But opponents say the study is just an excuse for the Army to continue disposing of the materials through incineration. The University of Arizona survey of 8,723 people living around the eight storage sites, found only 17 percent said they could not rely on the Army to safely destroy the munitions which are filled with deadly nerve and blister agents.

"This is significant in that institutions such as the Army often operate under the assumption that they are the victims of widespread distrust," said the report, whose senior author was Bryan L. Williams, director of the Environment, Behavior and Risk Research Laboratory at the Tucson-based university.

But environmental groups argue that burning the waste is dangerous and may expose nearby residents to toxic chemicals. They prefer one of the chemical-neutralization technologies now being developed.

Craig Williams, spokesman for the Chemical Weapons Working Group, criticized the Army for spending around \$500,000 on the study, calling the study a "self-serving" research designed to "manipulate public opinion toward incineration."

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TUESDAY, OCTOBER 5* - 5:00 PM
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WEDNESDAY, OCTOBER 6* - 6:00 PM
ANTIQUES AND COLLECTIBLES SALE
Katherine Stornemets Estate will be sold by the Antique and Collectibles Sale
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Twin Falls
Preview 9-5 Monday thru Friday
HUNT BROTHERS AUCTIONS
208-734-2548

SATURDAY, OCTOBER 9*
Thomas Gordon Estate
Twin Falls
Hammett
Advertisement-October 7th
MASTERS AUCTION SERVICES
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SATURDAY, OCTOBER 9* - 11:00 AM
Lawrence Dion Estate
Auto-Household - Carey
Advertisement-October 7th
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jma@usauction.com

SATURDAY, OCTOBER 9* - 11:00 AM
Gene and Jane Lawson Refining Sale
Antiques-Household & Collectibles and Collectibles Sale
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Advertisement-October 7th
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SATURDAY, OCTOBER 9* - 10:00 AM
Governor's - Higgins - Bankruptcy
Auto Auctions
Egg
Advertisement-October 3rd
MUSICK & SONS, INC.
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SUNDAY, OCTOBER 10* - 1:00 PM
Hilder Estate
Twin Falls
Advertisement-October 8th
MASTERS AUCTION SERVICES
www.mastersauction.com

SATURDAY, OCTOBER 16* - 11:00 AM
Gary Turner Estate
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Mail order business chews away at Idaho pharmacies

IDAHO FALLS (AP) - Estate Drug Store has watched 10 percent of its pharmacy's prescription business cross the Oregon border this month. Nearly every day, Certifax Pharmacy Services calls and asks him for a customer's records. Most are longtime customers. Smith does not blame the pharmacies. He blames the Idaho Falls and Bonneville school districts and other employers who have cut health insurance benefits and made it cheaper for employees to fill their prescriptions by mail. Under the school districts' new health plan from Blue Cross of Idaho, employees have to pay 50 percent of their prescription costs if they buy drugs locally. They pay little or nothing if they purchase them through Certifax, a mail-order pharmacy based in Beaverton, Ore. For years, other employers, like the Idaho National Engineering and Environmental Laboratory and private companies, have used mail-order pharmacies. But many pay at least 20 percent of the cost of locally filled prescriptions, so a lot of their employees buy their medication in Idaho Falls. Many of the people covered by health insurance through the school district are not doing that. "We have customers coming in saying, 'I'm a diabetic and I need \$150 worth of medication a month. I can't afford to pay half of it,'" Smith said.

Utah towns stake out expected light rail money

SANDY, Utah (AP) - Hoping for plenty to go around from the anticipated new light-rail commuter trucks, Sandy and Midvale are drafting joint ordinances that would include splitting sales and property taxes. The sister cities, each containing about half the property, have agreed to jointly make zoning changes to allow a mixed-use neighborhood, as part of a development plan.

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MORNING LINE

SPORTSQUOTE

66
Everybody asks me
every day whether
it was a goal. I say,
'Wait until I get my
ring and I'll show
you.'

99

—Bret Hull of the Dallas Stars, referring to his foot-in-the-ice, Stanley Cup-winning goal against the Buffalo Sabres

TODAY'S SCHEDULE

- Boys' high school soccer
: Hills at Wendell, 4:30 p.m.
: Jerome at Twin Falls, 5 p.m.
- High school volleyball
: Tabor at Gooding
: Oakley at Hansen
: Dietrich, Castelford at Shoshone

IN BRIEF

Aggies defeat Vandal volleyball

MOSCOW — Led by Denae Mohrman's 19 kills, the Utah State Aggies (3-8, 2-2 Big West) snapped Idaho's four-match winning streak with a 15-12, 12-15, 10-7, 15-8 seesaw win late Saturday night at Memorial Gym.
Idaho (12-4, 3-1) is now tied with new Mexico State for first place in the conference's Eastern Division.
Vandal junior Jenny Kniss duffed a team-best 18 kills and had a match-high .382 hitting average.
She also had 12 digs to record her second double-double of the season.
Idaho hosts Boise State Thursday at 8 p.m. MDT.

Steelheads fall in exhibition to Utah

BOISE — Todd Robinson scored a goal and led the Utah Hockey Club to a 7-1 preseason win over Idaho of the West Coast Hockey League Sunday at the Bank of America Center.
Utah led 1-0 at the first intermission on a short-handed goal by John Purves.
The Steelheads led 4-1 after the second period on goals by Robinson, Richard Park (who played seven games for Philadelphia in the NHL last season) and Peter Zurba.
John Shockey scored a power-play goal for Idaho, assisted by Darcy Loewen and Scott Davis.
In the third period, Shawn Penn, Sean Tallaire and Neil Brady all scored goals for Utah.
Idaho hosts WCHL champion Tacoma in preseason games Friday and Saturday. Tickets are available by calling 331-TIXS.

The Steelheads open the regular season Oct. 15 at home against San Diego.

Bengals beat Portland in three straight

PORTLAND, Ore. — Idaho State won its third volleyball match in four outings, defeating Portland State in three games Saturday, 15-10, 15-6, 15-8.
"Katie Leonhardt" and Amanda Berg passed the Bengals (9-7, 3-3 Big Sky) with 14 and 10 kills, respectively, as the squad hit .280 compared to .099 for PSU (2-13, 0-5). Joy Kigg had a game-high nine blocks and Melissa Lucas and Leonhardt had 11 and 10 digs each.

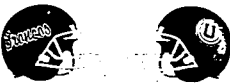
This week, the Bengals travel to play Northern Arizona and Sacramento State.

Compiled from staff and wire reports

Boise State scores early, holds on to defeat Utes

The Associated Press

The Boise State Broncos scored two early touchdowns and then held off the previously unbeaten Utah Utes en route to a 26-20 win at Bronco Stadium in Boise late Saturday night.
Quarterback Bart Hendricks capped an 80-yard drive on Boise State's opening possession with an 11-yard scramble for a touchdown to put the Broncos, 3-2, on top 7-0 just 4:49 into the first quarter.
Hendricks followed on Boise State's next play with a 40-yard touchdown strike to Dave Stuchlik to put the Broncos up 14-0 midway through the first quarter.
Utah cut the lead before halftime to 14-7 with a 52-yard touchdown pass from Darnell Arrecaux to Cliff Russell.



Boise State let Utah climb within a point thanks to a mistake by Hendricks.
Andre Dyson picked off a Hendricks pass and returned it 26 yards for a touchdown. Utah missed the extra point after the Utes picked up a 15-yard celebration penalty.
Boise State answered with four straight Nick Calaway field goals, three of which were set up by Utah turnovers. The first came following a fumble recovery by linebacker Shawn Sandvik at the Utah 37-yard

line. On the Utes next possession, Arrecaux was intercepted by senior safety Ross Farris, setting up a Calaway 37-yard field goal. Calaway's fourth and final field goal of the game came from 25 yards out, and was set up by cornerback Damon Boone's interception at the Utah 29-yard line.
The Broncos up 26-13, but didn't completely seal the win. Utah, 3-1, scored a late touchdown on a pass from back-up quarterback T.D. Crowshaw to Boo Bendinger but it wasn't enough to negate Utah's four turnovers of the Utes' 117 penalty yards.
Utah had one last chance with 19 seconds to play and 73 yards to go, but Crowshaw's half yard with no time on the clock was batted down by Farris.
Boise State ended the game with 329

yards of total offense, 160 of which came on the team's first two drives. Hendricks completed 17-of-28 passes for 215 yards and one touchdown. He was also intercepted twice. Junior running back Dave Malachuk nearly notched his second 100-yard rushing game of the season, finishing with 94 yards on the ground.
The Bronco defense allowed just 302 yards of total offense, including holding the Utes to just 60 yards rushing. Utah entered the game ranked 24th in the country, averaging 199 yards per game.
Boise State completes its three-game home stand on October 9 with a Homecoming matchup with Eastern Washington.
Kick-off for the game is 3:00 p.m. in Bronco Stadium.

Mets, Reds play one more

The Associated Press

NEW YORK — Wild pitch, wild finish and maybe wild card for the New York Mets.

Just days after being counted out of the playoff chase, the Mets assured themselves at least a tie for the NL wild card when Melvin Mora scored on Brad Clontz's misplaying wild pitch for a win Sunday over the Pittsburgh Pirates.

After blowing a four-game lead with 12 left, the Mets began the first weekend of the wild-card race in Cincinnati and Houston. But New York swept three from the Pirates while the Reds lost their first two games at Milwaukee.
The Mets jolted into the field after Clontz's first pitch to Mike Piazza with the bases loaded and one out slipped onto the screen behind the backstop.
"I guess it's kind of indicative of the season we've had," Piazza said. "Everyone had us buried six feet under."
But New York still did not know where it would play next.

The start of Cincinnati's game at Milwaukee was delayed by rain late Sunday night. If the Reds win, the Mets would meet them in a one-game playoff today at Cincy Field.

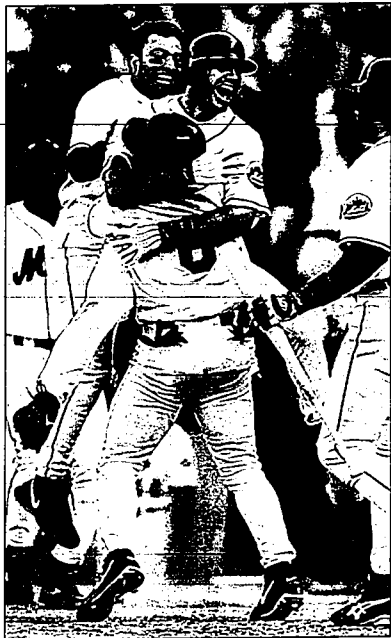
If the Reds lost, the Mets would start the first round of the playoffs at Arizona on Tuesday night, their first postseason appearance since 1988.

The Reds-Brewers game was washed out, the whole schedule would have to be redone.

Houston avoided the possibility of a three-way tie by beating Los Angeles 9-4 to win the NL Central.
"I had tears in my eyes in the bullpen," said Mets reliever John Franco, who has never been to the postseason in his 16-year career.
"Just to have the opportunity to play said, in three or four days ago, everybody counted us out."

After losing their final five games last year to fall into the first of a wild-card playoff, the Mets lost seven in a row to blow their lead this year. But by winning four of the last five, they made sure their season would go on for at least another day.

Mora, 4-for-30 in his career, hit a one-out single off Greg Hansell (1-3). With the crowd chanting "Let's go, Mets!" Edgardo Alfonzo lined a single to right that sent Mora to third.
Hansell intentionally walked John Olerud to load the bases for



New York's Robin Ventura jumps into the arms of teammate Melvin Mora, followed by Edgardo Alfonzo, after a wild pitch that gave the Mets a 2-1 over Pittsburgh Sunday at Shea Stadium.

Piazza, who led the NL this year in grounding into double plays.
But that was never a factor when Clontz, who briefly pitched for the Mets last year, threw a low-and-outside pitch that catcher Joe Oliver could not handle.
The ball bounced onto the screen behind home plate, allowing Mora to score and sending the Mets pouring out of the dugout and bullpen.

They mobbed Mora as he crossed the plate, letting out all of the frustration of the past two weeks that threatened to taint the entire season. Policemen — some on horses — immediately lined the field as the crowd stood and cheered for more than 10 minutes.

The Mets then came back out of the dugout to celebrate on the field and wave to the crowd.
Signs of the postseason were all around Shea Stadium. The Mets arrived at the park Sunday with their bags packed for a playoff trip; a plane was waiting at nearby LaGuardia Airport to

second half for a 21-9 lead. The Seahawks looked beaten at that point after Jon Kitna threw an ill-advised pass with Russell Maryland in his face and Eric Turner picked it off, returning it 24 yards to the Seattle 17. The Raiders scored on a 3-yard pass to tight end Rickey Dudley.

But the Seahawks came right back on a 75-yard touchdown drive to cut Oakland's lead to 21-16. Kitna passed 21 yards to Derrick Mayes for Seattle's TD.

Ropers' 69-yard punt return set up Peterson's second field goal, a 29-yarder with 1:58 left in the period, making it 21-19. Ropers had a 94-yard punt return for a touchdown in Pittsburgh last week.

The Raiders led 14-9 at halftime. The Seahawks scored on a 28-yard pass from Kitna to Mayes with 59 seconds left in the half. Seattle drove 50 yards, aided by a 15-yard personal foul penalty on Charles Woodson.
Oakland drove 77 and 87 yards for touchdowns in the first half, with Wheatley scoring on a 7-yard run and Tim Brown catching a 6-yard TD pass from Gannon. The Raiders marched 87 yards in 14 plays in 7:28 after Napoleon Kaufman's 93-yard kickoff return for a touchdown was wiped out by Travian Smith's holding penalty.

Reds force playoff

The Cincinnati Reds' season finale went just swimmingly. The Reds forced a playoff for the NL wild-card spot, beating the Milwaukee Brewers 7-1 late Sunday night on a Cincy Stadium field scuffed by about 10 hours of continuous rain.

Complete details were unavailable as The Times-News went to press. The game got underway at 7:52 p.m. MDT, a delay of 5:47.
After a rain delay lasting nearly six hours, Cincinnati kept its postseason hopes alive and set up a one-game showdown tonight against the New York Mets at Cincy Field.

Greg Vaughn, Dan Haren, and Pete Hamisch and Ron Vitale combined on a six-hitter. The Reds nearly blew their postseason chances by losing twice to Milwaukee during the weekend, but Cincinnati convincingly won the majors' last scheduled game of the 1999 regular season.
The sixth one-game playoff for a postseason berth in baseball history will be started at 5:05 p.m. MDT. The likely starters are the Mets' Al Leiter against the Reds' Steve Farris.

More baseball, Page B8

take them to Cincinnati if needed and the line for postseason tickets, which had been nearly invisible the past two days, stretched around the park.

The crowd of 50,111 — including 8,806 walkups — was into each pitch, having not witnessed a game of this importance for the Mets in 11 years.

This time, Hersher was on the Mets' side. One of the best big game pitchers of his era didn't disappoint.

Coming off the shortest start of his career, having gotten only one out against Atlanta last Tuesday, Hersher allowed an RBI single with two outs in the first inning to Kevin Youkilis.

Outsaber Denny allowed another hit until Al Martin's one-out double in the sixth. He was then lifted after 63 pitches.

Denny Cook, Pat Mahomes, Turk Wendell and Armando Benitez (4-3) finished with 3 2/3 innings of one-hit relief.

Seahawks come from behind to beat Raiders, 22-21

The Associated Press

SEATTLE — The Seattle Seahawks had to climb a big hill for Mike Holmgren's first victory in the Kingdom.

The Seahawks won their third straight game by defeating the first 13-point team to beat the Oakland Raiders 22-21 and take the AFC West lead Sunday night.

Todd Peterson kicked three field goals, giving him eight in two games and rookie Charlie Rogers scored the big punt return for the Seahawks (3-2), Oakland (2-2) swept the Seahawks last season.

Seattle's defense stopped Tyrone Wheatley, who had 91 yards rushing at halftime, in the second half. Wheatley had just 9 yards on six carries in the final two quarters.

Peterson gave the Seahawks their first lead of the game with 10:07 left when he kicked a 45-yard field goal. The Seahawks drove 48 yards after Darryl Williams intercepted Rich Gannon's pass at the Seattle 25. It was only the second interception thrown by Gannon this season.

After the winning field goal, Seattle held Oakland to three first downs, two on a final drive on which Michael Husted was short on a 61-yard field goal at the final buzzer.

Oakland turned Seattle's first interception of the year into a touchdown with 3:36 game in the

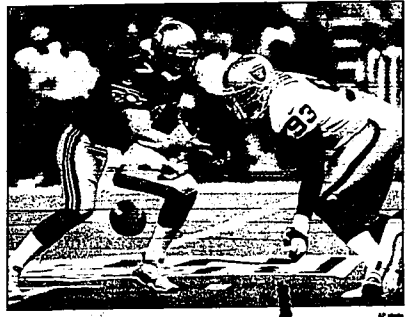
More NFL, Page B7

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Seattle quarterback John Kitna drops the ball as Oakland's James Harris watches in the first quarter of the Seahawks 22-21 win Sunday evening.

SCORES AND STATS

ON THE AIR TELEVISION

NFL football, Bills at Dolphins, 8 p.m.
Cymatics, Women's World Team Trials, ESPN 8 p.m.

BASEBALL

All box scores

BLUE JAYS @ INDIANS 2

Box score for Jays vs Indians, including batting and pitching stats.

Fielding and pitching summary for Jays vs Indians.

DEVIL RAYS @ MARINERS 2

Box score for Rays vs Mariners, including batting and pitching stats.

Fielding and pitching summary for Rays vs Mariners.

RED SOX @ ORIOLES 0, 10 in.

Box score for Sox vs Orioles, including batting and pitching stats.

Fielding and pitching summary for Sox vs Orioles.

THINGS 1, WHITE SOX 1

Box score for Yankees vs White Sox, including batting and pitching stats.

Fielding and pitching summary for Yankees vs White Sox.

ANGELS 3, RANGERS 0

Box score for Angels vs Rangers, including batting and pitching stats.

Fielding and pitching summary for Angels vs Rangers.

ATHLETICS 3, MARINERS 1

Box score for Athletics vs Mariners, including batting and pitching stats.

AL standings

Standings for American League teams.

NL standings

Standings for National League teams.

NL boxes

BRaves @ Marlins 0

Box score for Braves vs Marlins.

ASTROS @ Dodgers 4

Box score for Astros vs Dodgers.

Phillies @ Expos 5

Box score for Phillies vs Expos.

Mets @ Pirates 1

Box score for Mets vs Pirates.

Cardinals @ Cubs 5

Box score for Cardinals vs Cubs.

Diamondbacks @ Padres 3

Box score for Diamondbacks vs Padres.

Reds @ Brewers 3

Box score for Reds vs Brewers.

IN THE BLEACHERS

By Steve Moore



Randy, an artistic and high-strung right-brainer, is yanked in the sixth inning and replaced by a logical and more rational left-brainer.

MLB batting averages and statistics.

MLB pitching statistics.

MLB fielding percentages.

MLB team totals and records.

MLB playoff standings.

MLB batting averages (continued).

MLB pitching statistics (continued).

MLB fielding percentages (continued).

MLB team totals and records (continued).

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MLB playoff standings (continued).

MLB batting averages (continued).

MLB pitching statistics (continued).

YIN-YANG BUCKEARS 14

Box score for Yankees vs Yankees.

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Box score for Yankees vs Yankees.

YIN-YANG BUCKEARS 14

Box score for Yankees vs Yankees.

AP Top 25

AP Top 25 college football rankings.

BULLOCKS

Box score for Bulls vs Bulls.

BULLOCKS

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Box score for Bulls vs Bulls.

FOOTBALL

NFL Standings

Standings for National Football League teams.

NFL Standings

Standings for National Football League teams (continued).

NFL Standings

Standings for National Football League teams (continued).

BUICK Challenge

Box score for Buick Challenge.

BUICK Challenge

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BUICK Challenge

Box score for Buick Challenge.

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BUICK Challenge

Box score for Buick Challenge.

AUTO RACING

NASCAR BUDY

NASCAR race results and standings.

NASCAR BUDY

NASCAR race results and standings.

NASCAR BUDY

NASCAR race results and standings.

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NASCAR race results and standings.

Davis injures knee; Broncos drop to 0-4

DENVER (AP) — The Denver Broncos still haven't figured out a way to win without John Elway. Now it appears they'll have to try to win without Terrell Davis, too.

The two-time defending Super Bowl champions fell to 0-4 on Sunday, bowing 21-13 to the New York Jets in a battle of beaters. Adding injury to insult, the Broncos lost Davis, last year's rushing leader in the NFL to a potentially season-ending knee injury.

The severity of the injury wasn't immediately known. Davis was scheduled for an MRI on this morning.

"When it happened, they said there was some looseness in his knee," Broncos coach Mike Shanahan said. "We're going to keep our fingers crossed that it's not an ACL. But at this time it looks like it could be."

Denver and Atlanta, the Super Bowl participants last January, both are 0-4, the first time in a non-strike year that conference champions have a 0-4 record. The Jets (1-3) rallied from a 13-7 deficit with two fourth-quarter



Denver Broncos trainer Steve Antonopoulos, left, attends to injured running back Terrell Davis at Mile High Stadium Sunday afternoon.

touchdowns: Curtis Martin's 2-yard run and Erik Miller's second TD pass of the game, a 16-yarder to Dodiue Ward.

The rematch of last year's AFC championship game was sloppy and turnover-prone, with the Jets ultimately capitalizing on five

Denver interceptions and a fumble.

"It wasn't artistic or anything," Jets coach Bill Parcells said. "We got some numbers in the second half, and we were able to take advantage of a couple of them. That's what we need to start doing, ball-hogging a little bit. Plus, we didn't have any stupid penalties."

Jets' receiver Keyshawn Johnson called the victory "huge." To come into this place and beat them — now everybody in the AFC knows that we have an opportunity to still be in this title."

On being 0-4, linebacker Glenn Cable said, "I'm kind of in shock right now. We're not to stick together and get one win and go from there."

Early in the final period, the Jets scored 50 yards for a so-called touchdown, thanks to three Denver penalties, including two pass-interference calls against cornerback Dale Carter totaling 45 yards. Martin ran 2 yards up the middle with 10:52 remaining.

Winless Falcons continue slide

The Associated Press

From the Super Bowl to 0-8. Just nine months after starting in the title game, the Denver Broncos and Atlanta Falcons met all to 0-4 Sunday, the first time in a non-strike season that conference champions began the next season so poorly.

Denver, which also might have lost 1998 NFL MVP Terrell Davis with a knee injury, was beaten by the New York Jets 21-13.

Atlanta, whose own NFL Pro running back, Jamal Anderson, is already out for the season with a week-old knee, lost to Baltimore 19-13 in overtime.

The NFC champion Falcons dropped to 0-4 when Stoney Case threw a 54-yard pass to Justin Armour in overtime. With 49 seconds left in regulation, Atlanta coach Dan Reeves decided not to let Morrison Anderson try a 53-yard field goal that could have won the game.

The host Falcons went three-and-out to open overtime, then Case found Armour.

The Falcons played without starting quarterback Chris Chandler (pulled hamstring). Backup Tony Grazianni left with a concussion in the second period. They also lost Pro Bowl cornerback Ray Buchanan, who was ejected after Case hooked up with Patrick Johnson on a 52-yard touchdown pass to Baltimore (2-2). Johnson danced over Buchanan and as he was about to spike the ball, Buchanan put Johnson in a bear hug and slammed him into the ground. Buchanan also punched Johnson in the back of the head.

Vikings 21, Buccaneers 14
"Andy" Moss, 1998 Offensive Rookie of the Year, was at his finger-pointing, chest-thumping, touchdown-catching best. Moss tied his career-high with a 64-yard punt for a touchdown, added a 27-yard score and had a 21-yard reception against triple coverage that set up Anna Glover's TD.

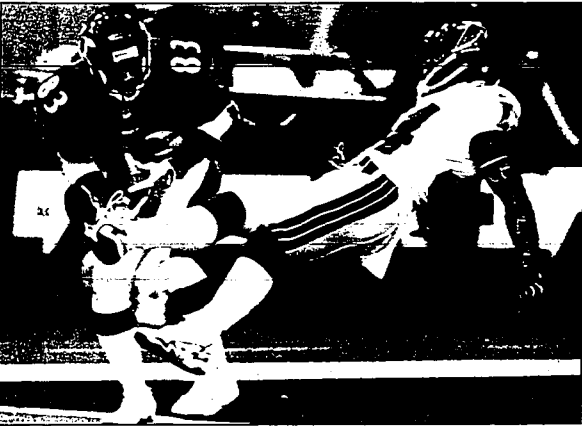
"When you put up 21 points in the first quarter, that's exciting," said Moss, who earlier in the week criticized offensive coordinator Ray Sherman's game plans. Moss had only nine catches for 123 yards heading into the game, but had four for 120 vs. the usual Tampa Bay defense.

But that groove didn't last long for the Vikings (2-2). Visiting Tampa Bay (2-2) shut them down after the first quarter.

Rams 38, Panthers 10
At Cincinnati, Az-Zahir Hakim tied a Rams record by scoring four touchdowns, three on passes from Kurt Warner, the fourth on a 64-yard punt return. Warner, a former Arena Football passer, became the first quarterback in the last 50 years to throw three touchdown passes in each of his first three starts. He went 17-for-21 for 310 yards, improving his passer rating to 125.

Isaac Bruce had six catches for 152 yards for the Rams (3-0). The Bengals (0-4) became the first NFL franchise to lose 100 games in the 1990s, breaking their tie at 99 with the Rams.

Redskins 38, Panthers 36
At Washington, Brett Conway kicked a 31-yard field goal with six seconds remaining in a second game that Carolina led 21-0.



Baltimore Ravens receiver Patrick Johnson bails in a touchdown pass from quarterback Stoney Case as Atlanta defensive back Ray Buchanan falls during second-quarter action Sunday at the Georgia Dome.

The Redskins (3-1), winning their third straight, also blew a 35-24 fourth-quarter lead. The winning drive came after an instant replay challenge by Washington coach Norv Turner reversed a fumbled punt return by Brian Mitchell at the Redskins 19 with 4:39 to play.

Brad Johnson, the league's most efficient passer, completed 20 of 33 passes for 337 yards and four touchdowns. Michael Westbrook and Albert Connell each caught two TDs. Westbrook had eight receptions for 140 yards and Connell added five for 134. Running back Biakabutuka scored on runs of 60, 1 and 45 yards for Carolina (1-3).

49ers 24, Titans 22
Jeff Garcia, replacing Steve Young, threw two touchdowns and ran for a third in San Francisco's 19th straight win at home under coach Steve Mariucci. "Wildcat" Tubby's fourth-quarter interception of Neil O'Donnell led to Garcia's second touchdown pass. And after Tennessee scored nine points in the last 2:30, Lee Woodall burst through the line to tackle Eddie George and foil a 2-point conversion that would have tied it.

Chargers 21, Chiefs 14
San Diego (2-1) intercepted Elvis Grbac four times, two of them leading to touchdowns. Quarterback Darryll Lewis, starting in place of the injured Terrance Shaw, had two pickoffs. Quarterback Jim Harbaugh left with a bruised right elbow, and the Chargers didn't reach the 100-yard mark until the third quarter. They finished with just 132 yards, but (2-2) led 14-0 after Grbac's two TD passes.

Cowboys 35, Cardinals 7
Host Dallas got some revenge against the team that knocked it out of last season's playoffs. Raghib Ismail's 63-yard touchdown catch sparked the Cowboys (3-0), then defensive end Greg Ellis went 98 yards with a fumble return. Ellis also had an 87-yard

interception return TD two weeks ago. Arizona (1-3) continued to struggle, falling behind 21-0 for the second time this season and committing five turnovers. Jake Plummer threw three more interceptions, increasing his league-worst total to 12.

Jaguars 17, Steelers 3
Jacksonville (3-1) won for the first time, in five visits to Pittsburgh as its defense got two safeties to outscore Pittsburgh's stumbling offense. The Steelers (2-2) have lost four straight at home, their longest streak since 1970. Rich Seawright came out against Kordell Stewart. Mark Brunell also threw a short touchdown pass and Mike Hollis hit two field goals.

Patriots 19, Browns 7
Terry Glenn overcame two costly first-half fumbles with a club-record 13 receptions for 214 yards at Cleveland. He scored a short pass into a 54-yard TD on the first play of the fourth quarter as New England (4-0) finally pulled away from the expansion Browns. Cleveland (0-4) took its first lead of the season on a 64-

yard hookup by rookies Tim Couch and Kevin Johnson, but they couldn't stop Drew Bledsoe, who was 25-for-42 for 359 yards.

Bears 14, Saints 10
Shane Matthews found Curtis Conway for two touchdowns in the last 1:45. A 6-yard pass with seven seconds left won it as Saints coach Mike Ditka threw his clipboard in disgust. It's the first time Chicago (2-2) has beaten Ditka, who played for the Bears and was their coach for 11 years. Ricky Williams, who wasn't supposed to play because of a hyperextended right elbow, caught for 84 yards for visiting New Orleans (1-2).

Giants 16, Eagles 15
New York (2-2) fumbled six times, but Philadelphia (0-4) grabbed only two of them. The Eagles scored on two field goals by Norm Johnson and Bobby Taylor's 19-yard interception return. They also got a safety when Giants cornerback Jason Sehorn lateralized off an interception and the ball went into the end zone. The game to commemorate Philadelphia's recovery.

SPORTS IN BRIEF

Gibson rallies for first Senior win

CLEMSON, N.C. — Fred Gibson, who won just \$704 on the regular PGA Tour, became the 11th first-time winner on the Senior Tour this season by making birdies on four of the final five holes Sunday at the Vantage Championship.

Gibson, who tied the course record with a 62 Saturday, entered the final round one shot behind leader Tom Jenkins and shot a 6-under-par 64 for a three-shot victory and a \$225,000 first-place prize — by far the largest of his career.

His 15-under-par total of 195 and the tourney mark set by Hale Irwin in 1997. The 52-year-old former club pro, who won his \$504 at the 1980 Kemper Open in Charlotte, had only six top 10 finishes on the Senior Tour in 63 events prior to Sunday's victory on the par-70, 6,600-yard Tanglewood Park layout.

Senior Tour rookie Bruce Fleckner, a first-time winner this season, shot a final-round 65 to finish at 12-under 198. Jay Sigel had a final-round 63 to finish third at 11-under. Jenkins ended up six shots off the pace.

Sorenstam puts win New Albany

NEW ALBANY, Ohio — Solid with everything but her putter until the closing holes, Annika Sorenstam withstood a challenge from Mardii Lunn to shoot a final-round 66 Sunday and win the New Albany Golf Classic.

Sorenstam had just three bogeys in the tournament and birdied four of the final seven holes to finish at 19-under-par 269. Her 6-under-par final round followed rounds of 68, 69 and 66. The victory, her second of the year, was worth \$150,000 from the inaugural tournament's \$1 million purse.

Last year's player of the year parred six holes in a row after birdieing a three-stroke lead with a 35 at the par-3 fifth hole. Lunn, playing in the same two-par, pulled even with three birdies over that span.

At the 358-yard, par-4 12th hole — which ranked as the hardest hole on the course — Sorenstam's middle-iron approach landed on the front of the green and rolled within 2.5 feet of the cup.

After flipping out or narrowly missing short birdie putts on the three previous holes, she holod the putt to take the lead.

Toms breezes to victory in Buick Challenge

PINE MOUNTAIN, Ga. — As the final cheer rang out and David Love was announced as the 18th winner of the Buick Challenge, champion Sunday, Davis Love III was surprised to hear that Toms had been suffering from a bad back all week.

"Join the team," said Love, no longer to back problems. Love could say the same thing by looking at the money list, not the medical charts. Toms, the best-kept secret on the PGA Tour, has quietly turned in one of the most surprising seasons this year.

By closing with a 1-under 71 for a three-stroke victory over Stuart Appleby, Toms won for the second time this year and moved up to No. 9 on the money list in his last five tournaments. He has won twice and finished second, and his \$1.2 million is more than any other player during that stretch.

Even more remarkable was his victory in the Buick Challenge — particularly since he had just pulled his out of the pro-am on Wednesday and left him unable to swing a club.

With one-putts on the first five greens, Toms led by as many as six strokes and never gave anyone a chance to catch him. He finished at 271 and won \$324,000, giving him more than \$1.7 million for the year.

Umpire Merrill calls last regular season game

CHICAGO — Not even rain could dampen umpire Durwood Merrill's final regular-season game.

The 61-year-old Merrill, who joined the AL staff in 1977, was behind the plate Sunday at Comiskey Park. The Minnesota Twins and Chicago White Sox wound up in a 1-1 tie when Merrill called the game after 6.5 innings because of rain.

Merrill will work the AL playoffs and then retire to his home in Hooks, Texas. Merrill's crew gave him a pair of dark denim overalls embroidered with his name in red and "Retired American League Umpire 33."

Minnesota manager Tom Kelly sent over a bottle of champagne — after the crew took the field for Sunday's game.

U.S. women roll over S. Korea, 5-0

COLUMBUS, Ohio — U.S. coach Tony DiCicco gave his team a chance to put on an offensive show against South Korea and the World Cup champions responded eagerly.

After a 5-0 victory over South Korea on Sunday in the U.S. Women's Cup, he may use the aggressive style more often.

"This is a team that wants to attack and has tremendous attacking personalities, and we want them to attack," DiCicco said. The U.S. team dominated in every aspect, outshooting South Korea 35-2 overall and 17-1 in shots on goal.

The victory was the 23rd of 1999 for the team, breaking its record for wins in a calendar year.

Spurs sign 7-foot center out of CBA

SAN ANTONIO — The San Antonio Spurs on Sunday signed 7-foot, 265-pound center Todd Lindeman, who played in the CBA the last three seasons.

Lindeman averaged 8.0 points and 5.5 rebounds for the Connecticut Pride over 141 games the last three seasons. Terms of the contract were not disclosed. Coach Gregg Popovich had been expected to bring over big man to training camp, but Ruben Garcia, the player the Spurs initially wanted and signed last Friday, failed his physical.

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Compiled from wire reports

SPORTS

O'Neal manages Yankee backups to loss

ST. PETERSBURG, Fla. (AP) - With the Yankees already assured home-field advantage throughout the AL playoffs, manager Joe Torre turned over the World Series champions to outfielder Paul O'Neal in Sunday's 6-2 loss to Tampa Bay that ended the regular season.

O'Neal, who bruised his right side and lower back when he crashed into a fence Saturday night, filled Torre's role as manager and Joe Girardi stood in for bench coach Don Zimmer as the Yankees used a lineup featuring one regular - catcher Jorge Posada.

Randy Winn's inside-the-park grand slam for Tampa Bay, however, left O'Neal with few decisions to ponder. The homer off Jeff Judon (0-1) capped a six-run fourth inning that wiped out a 2-0 Yankees lead.

New York will open the playoffs at home Tuesday night against the Texas Rangers, who lost eight of 12 games to the Yankees during the regular season.

Blue Jays 9, Indians 2

CLEVELAND - David Wells pitched his AL-leading seventh complete game as the Toronto Blue Jays defeated the Cleveland Indians.

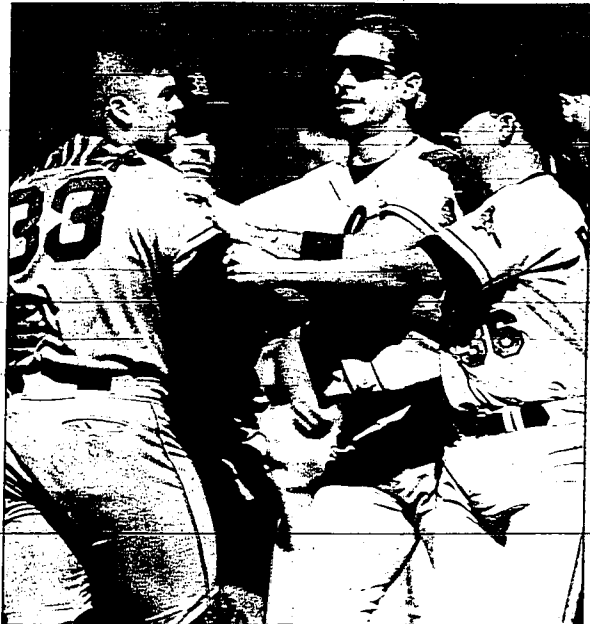
The Indians treated the game as a tuneup for their divisional series with the Boston Red Sox starting Wednesday night at Jacobs Field.

Cleveland finished with 1,009 runs, the most in the major leagues since the Red Sox scored 1,027 in 1998.

Wells gave up nine hits, struck out six and walked one as the Blue Jays finished 8-4-78, four wins fewer than last year. Tony Batista's eighth-inning grand slam on Mike Jackson's first pitch broke open the game.

Red Sox 1, Orioles 0, 10 Innings

BALTIMORE - Jeff Frye, who broke up Baltimore's combined no-hit bid in the eighth inning, hit an RBI single in the 10th as the playoff-bound Boston Red Sox beat Baltimore in what might have been the final game for



Baltimore's B.J. Surhoff, middle, and teammate Jeff Rubenack, right, hold back Boston's Jason Varitek during an altercation in the fourth inning Sunday. Sixth baseman cleanup man Oriole pitcher Scott Kazeminick left before Tony O'Leary with a pitch.

Orioles manager Ron Miller

The Orioles, despite carrying the third-highest opening day payroll in the majors, finished 78-84. It was their second straight losing season under Miller, who could learn his fate as soon as Monday.

The game featured two ejections following a bench-clearing incident and Baltimore's shared nodders through seven innings. Frye's two-out single in the 10th and Mike Timlin's 8-9 followed cleanup by Lou Meriandi and Donnie Sulzic.

White Sox 1, Twins 0

CHICAGO - The Chicago White Sox and Minnesota Twins ended disappointing seasons with a 1-0 rain-shortened tie. The game was called after 6 1/2 innings because of rain.

Braves smack 21 in win; Leyland retires with victory

ATLANTA (AP) - In their largest shutout win in 114 years, the Braves pounded out 21 hits and Tom Glavine threw five scoreless innings.

Atlanta, which won 11 of its last 13 games en route to a record eighth consecutive playoff berth, finished the regular season with the best record in the majors (103-59), winning 18-0. The Marlins wound up with the worst mark in the NL at 64-98.

Sosa's 63rd home run of the season during the third inning Sunday.

National League

pointing season for Leyland ended on a positive note when Edgardo Clements hit a sacrifice fly with one out. The Rockies avoided a three-game sweep at Coors Field and finished 72-90 in their only season under Leyland.

Leyland, who signed a three-year \$6 million contract to manage the Rockies on Oct. 5, 1998, put an end to an 18-year managerial career.

He posted a 1,068-1,129 record in stints at Pittsburgh, Florida and Colorado, and won the 1997 World Series with the Marlins.

Rockies 9, Giants 3

DENVER - The Colorado Rockies gave Ben Leyland a nice going-away present - a two-run rally in the ninth inning for a vic-

Diamondbacks 10, Padres 3

PHOENIX - Brian Anderson pitched five shutout innings as the Arizona Diamondbacks won their 10th game, completing the biggest one-year turnaround in baseball history.

The NL West champion Diamondbacks, the first team to reach the playoffs in just its second year, went from 63-97 in 1998 to 100-62 this year. The 35-game turnaround

beats the previous best of 34.5 games, set by the 1983 New York Giants, who went from 48-88 in 1982 to 84-55 the following year. Rod Barajas hit his first major league home run and had an RBI double for Arizona.

Bernard Gilkey and Jay Bell also homered for the Diamondbacks, who play either the New York Mets or Houston Astros in the first round of the playoffs.

Phillies 6, Expos 5

PHILADELPHIA - Alex Arias hit a two-run bloop single in the eighth off Ugochukwu Urbina to give the Philadelphia Phillies a comeback victory.

Expos starter Dustin Hermanson was lifted after seven innings with a 5-2 lead, retiring the last nine batters before the bullpen blew it.

The Phillies avoided a season-ending sweep, but finished with their 12th losing season in 13 years.



Houston's Darryl Ward follows through on a three-run double in the first inning of the Astros' division-clinching 9-4 over Los Angeles Sunday.

Dome won't close yet

HOUSTON (AP) - The Houston Astros aren't done with the Astrodome just yet.

The Astros won their third straight NL Central title, beating the Los Angeles Dodgers 9-4 Sunday as Mike Hampton became the NL's only 22-game winner.

"I think we will look back at this season and say it was the finest that we've played," Houston manager Larry Dierker said. "Last year was exhilarating because we won 102 games and were almost unstoppable. We had a lot of easy victories. This year, everything was hard. We had to rely on pitching, fielding, defense and just enough hitting to get by."

The Astros played their final regular season game in the Astrodome before moving to Enron Field next season but they still have the playoffs to look forward to in the historic old building.

"No team that wins 96 games in a season wins the title by coming in the back door," reliever Billy Wagner said. "It hasn't been easy all year long. But we've stuck with it and played good baseball."

Ken Caminiti put Houston ahead with a bases-loaded walk in the first inning, but he was out of the back door, reliever Billy Wagner said. "It hasn't been easy all year long. But we've stuck with it and played good baseball."

Darryl Ward followed Caminiti with a three-run double and the Astros coasted, finally shaking off the late-season challenge of the Cincinnati Reds, who were still tied for first before losing Saturday and falling one game back.

Pitching on three days' rest, Hampton (22-4) allowed three hits in the first, six in the fourth and eight, winning for the ninth time in 10 decisions. He also set a team single-season record for wins, topping Joe Niekro's 21-11 record in 1979.

McGwire, a.k.a. 'the man', tops Sosa in home-run sequel, 65-63

Knight Ridder News Service

ST. LOUIS - Could McGwire-Sosa II have turned out any better?

For the second straight season, Mark and Sammy each hit more home runs than anyone else ever had in a major league season. They finished the season Sunday by homering in the same game as the St. Louis Cardinals beat the Chicago Cubs, 9-5, at Busch Stadium in the rain-shortened regular-season finale.

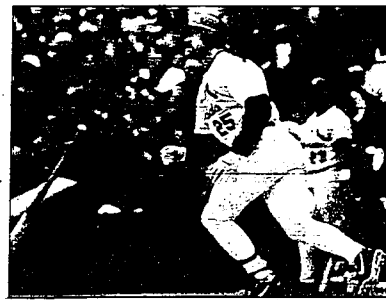
Beating Sosa, 70-66, last season, McGwire posted another victory that looks like something off Bobby Knight's scoreboard: 65-63.

"I finished second, and I'm a happy person," Sosa said. "Mark deserves it, because he's the man."

McGwire's 65th was a first-inning solo drive to centerfield off right-hander Steve Trachsel - his first off Trachsel since his record-setting 63rd home run. Sosa's 63rd was a high third-inning, three-run smash into the leftfield seats off Larry Lucchino that tied the score. Neither player got close to 70 homers - and that's the biggest reason McGwire-Sosa II couldn't have turned out better. Both players validated everything



Chicago's Sammy Sosa and St. Louis catcher Wainman Jensen watch the flight of Sosa's 63rd home run of the season during the third inning Sunday.



St. Louis' Mark McGwire throws aside his bat and watches the flight of his 65th home run during the first inning Sunday.

they did last season, but they didn't make it look cheap or commonplace by shooting past it. Those 70 homers by McGwire now stand as a certifiable mountain. It's not a sandcastle that is sure to be wiped out by increasingly higher tides of slugging. But if anyone is going to hit 71, these players look like the

candidates. In the past two seasons, they have accounted for the four heaviest single-season home-run totals in major league history.

"I'd like to share that type of record with Mark," Sosa said after Sunday's game. "To be in that category makes me proud of myself."

McGwire and Sosa each have as many 50-homer seasons as everyone else in big-league history combined. Until last season, Babe Ruth had the second-highest single-season home-run total, with 60 in 1927. Now, thanks to Mark and Sammy, Ruth's 60 are sixth on the all-time list.

- McGwire and Sosa stand alone. They shared another bond that both would have preferred to avoid.

"Both of our years were difficult, because our teams didn't do well," said McGwire, whose team finished 11 wins in the final 100.

"We finished last, and I'm not too happy with that," said Sosa, whose club won the wild-card last season.

For the second straight season, McGwire homered on his final official at-bat. He walked in the first and fourth Sunday, and never batted again because the game was called after the minimum 4 1/2 innings. McGwire got polite applause from the sellout crowd and his 461-foot homer drew sustained cheering and a curtain call - but nothing like the bedlam of Nov. 69/70 on last season's final day.

The predominantly Cardinals crowd applauded Sosa each time he batted. After flying out in the first, he unloaded in the third, then grounded into a double play in the final inning, the first McGwire took the throw at fifth just before Sosa streaked by him. It was the last time we'll see them together in the same game until April 3, when the Cardinals open their season by hosting the Cubs.

NATION IN BRIEF

Author defends his portrait of Reagan

WASHINGTON Ronald Reagan's biographer said Sunday that ideological bias is the reason some conservatives have criticized his portrayal of the former president.

"Ideological loyalty is a form of sentimentality," author Edmund Morris said on NBC's "Meet the Press."

"I have no doubt whatsoever that Reagan was a great man and a great president, but some of his conversations, as you may possibly have noticed yourself, in private (were) quite astonishingly banal," Morris said.

Morris has been criticized by conservative columnist George Will, for writing in his book that Reagan seemed to him, at times during private interviews, to be "an arrogant airhead."

Morris, however, said that since his book was published, three of Reagan's four adult children — although not Reagan's only — outspoken daughter Maureen Reagan — have affirmed its overall portrayal of their father.

"We've had one on one separately that this is the man that they remember," Morris said.

Morris said he believed political allegations largely accounted for attacks on the book. "There is a basic inability of the political mind, the ideological mind ... to comprehend that a great man can be fallible in private, and at times is comically fallible in private."

Church shooter spoke regularly with police chief

FORT WORTH, Texas — The gunman who killed seven people inside a Baptist church, then sat down in a pew and shot himself, had talked regularly with the city's police chief for nearly a decade.

Fort Worth Police Chief Tommy L. Williams said the Fort Worth Star-Telegram on Saturday that Larry Gene Ashbrook had called his office at least four or five times since 1989. "There is nothing in these conversations would ever signal he was a violent individual."

In his first call, nine years ago, Ashbrook complained that he had lost a job because police were following him, Windham said. He said he assured Ashbrook that wasn't true.

Williams calls aren't unusual. Windham said about half a dozen people regularly call his office to complain or talk.

'Double Jeopardy' holds off 'Three Kings'

LOS ANGELES — "Double Jeopardy," the revenge drama starring Ashley Judd and Tommy Lee Jones, held its No. 1 for its second weekend in release, earning \$17.2 million to edge out the debut of "Three Kings," according to estimates Sunday.

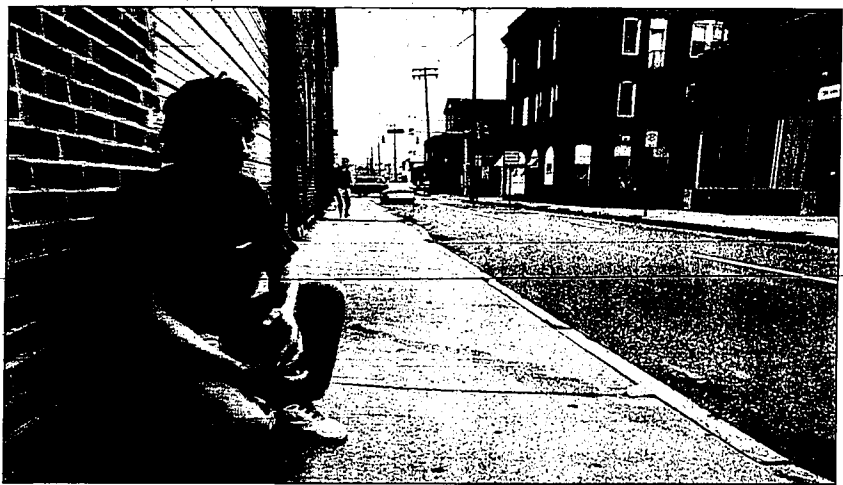
"Double Jeopardy" has earned \$27.4 million so far and had only a 2.26 percent drop-off in ticket sales.

"Three Kings" came in at No. 2, earning \$11.3 million for the weekend. The Gulf War action thriller stars George Clooney, Ice Cube and Mark Wahlberg as soldiers seeking a cache of Iraqi gold who get entangled with local rebels. Industry experts said it had the best chance of unseating Judd and Jones.

"American Beauty" the dark and funny depiction of suburban angst from Dreamworks, climbed to third place, earning \$8.1 million despite showing in only 706 theatres. It averaged \$11,473 per screen, leaving all other top 10 contenders in the dust in space and screen earnings.

The American stars Kevin Spacey and Annette Bening as a suburban couple who, along with an entourage of complex characters, deal with issues ranging from infidelity to homophobia to mid-life crises.

Compiled from wire reports



Jay Miscavage, 33, a homeless man who sleeps in a pickup, walks on the sidewalk across the street from the St. Vincent de Paul Kitchen, a storefront charity meal program in downtown Wilkes-Barre, Pa.

Low-paid workers grope for share of prosperity

The Associated Press

WILKES-BARRE, Pa. — Like it or not, Andrea Cooper is dining her bit to fuel the economic boom. She is 3 months old and heading to a day-care program so her mother can replace welfare payments with a \$6.75-an-hour hospital paycheck.

"It's going to be tough," says Tonya Cooper, single mother of Andrea and three older children, "I feel bad leaving her so young, but I truly believe God is not going to put my children in the way of my arm."

There is nothing new about poverty in America. But never before has it pined families like the Coopers had to wage their daily struggles amid such pervasive chatter about unprecedented prosperity.

While the wealthy grow steadily richer riding the stock market surges, millions of working Americans grope for their infinitesimal share of the boom.

Many have been forced out of welfare as part of nationwide reforms; others are victims of layoffs or lack the skills now in demand. Wages often are too meager to allow self-sufficiency; work is often grueling or mind-numbing, on night shifts, without health insurance or other benefits.

Ms. Cooper and other hard-pressed Wilkes-Barre residents sound more fatalistic than angry as they discuss their lives. But anti-poverty workers in the city of 48,000 express outrage on their behalf.

Eicher Marie Larkin, a Roman Catholic nun who came from Ireland to Pennsylvania nine years ago, is still shocked that such a prosperous nation is home to such widespread poverty.

"The CEOs of these companies are making millions," she says. "They're making it because some

A closer look

This is part of a series called "The Newsweek Experiment" that examines the impact of America's unpopulated economic boom at home and abroad.

Some workers in earning a pitance ... Elizabeth's emotional ... Sister Larkin, who runs a shelter for the disadvantaged women, has acquired experiences with "essentially working in the impoverished African country of Zambia. "I believe the poor here are in a worse situation," she says. "In Zambia, they didn't know what this was missing."

Decades ago, Wilkes-Barre was a thriving city in northeast Pennsylvania's coal belt. As the mines gradually closed, the jobless rate rose. Then it soared into double-digits after many manufacturers — notably in the garment industry — pulled out.

More than eight years into the national economic boom, Wilkes-Barre has gradually whittled its jobless rate to 5.7 percent, the lowest this decade although well above the national rate of 4.2 percent.

Local leaders herald the new jobs as evidence of a turnaround, but many are low-level service jobs in health care, retailing and manufacturing that pay less than \$7 per hour.

"They're not family-sustaining jobs," says Joe Capucci, an official of an ethnical workers union and the regional trade union council. "We've got to have jobs that people could raise a family on, buy a house on. Instead, they're adding people to live in poverty."

Capucci echoes a complaint



Tonya Cooper holds her daughter Andrea as she hangs laundry out to dry in front of her Wilkes-Barre, Pa., apartment last month. Cooper is now working for \$6.75 an hour at a hospital instead of collecting welfare.

heard often around Wilkes-Barre: Some retailers and other employers were hiring people to work 30 to 34 hours a week, just under the 35-hour limit needed for workers to qualify for the benefits of full-time status. Nationally, according to the Bureau of Labor Statistics, 3.2 million people involuntarily work at part-time jobs.

Wilkes-Barre used to be a labor stronghold, but union strength has ebbed with the loss of manufacturing jobs. Local figures closely mirror the national trend: Union members now comprise about 14 percent of the American workforce, compared with 20 percent in 1983.

Many of the unionized manufacturing jobs lost in Wilkes-Barre paid twice as much as the new service jobs. Some major service-sector employers, such as Wal-Mart and McDonald's, have resisted union organizing efforts nationwide with almost total success. "People are scared to organize," Capucci says.

A worker like Jay Miscavage

doesn't have a chance to contemplate union membership. Homeless and gaunt from a 25-pound weight loss, Miscavage has been taking temporary jobs, skipping on meals and sleeping in his pickup in motel parking lot.

"The lucky I've got a truck," he says. "The guys I'm working with are sleeping in the woods."

Miscavage, 39, discusses his predicament after finishing a serving of pizza at the St. Vincent de Paul Kitchen, a storefront charity meal program in a rundown section of downtown.

The kitchen serves 300 to 400 lunches daily, up from less than 100 a decade ago.

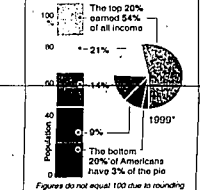
For weeks during the summer, Miscavage resisted going to the kitchen even though he was nearly broke. "I felt there were people who deserved the food more."

What changed his mind? "I was hungry," he says. Miscavage worked for 12 years as a landscaper, earning \$12 an hour — good by local standards — but he was unhappy with his boss

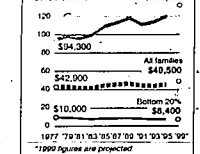
A piece of the pie

The top one-fifth of households in America will have earned half of all the income in the country in 1999.

Share of total family income



Source: Congressional Budget Office



Source: Congressional Budget Office

and quit. "If I thought I'd be able to find something better, but it didn't work out that way," he says, describing recent temporary jobs that paid barely above the \$5.15-an-hour minimum wage.

"They say the economy is going up, but you have to work for \$5.50 an hour," he says. "You can't save nothing. It's the rich that get richer."

Daring rescue missions saves eight sailors during Floyd

The Associated Press

MAYPORT NAVAL STATION, Fla. — For the eight men aboard the cutter, the situation was as bad as it could be. Then it got worse.

Trying to avoid Hurricane Floyd, the crew of the oceanographic tug headed east from Florida, pulling a barge destined for Puerto Rico.

"We were trying to outrun it, but it outdared us," said Capt. Kim Brooks, 45, of Daytona Beach. "With seas as high as a four-story building and wind gusting to 50 mph, the 130-foot tug began taking on water, its engine room flooding."

They notified the Coast Guard, cut loose their 750-foot barge, and abandoned ship at 7:40 a.m. on Sept. 15. Five of them clambered onto a bright orange life raft, but before the other three could join them, the rope holding the raft to the tug snapped.

The three men on the tug had no choice but to jump into the ocean. The tug sank 15 minutes later.

About 140 miles away, waves

lashed across the flight deck of the cutter's carrier, the USS John F. Kennedy, as it and other Navy ships dashed out to sea to avoid Floyd and its 100-mph winds.

The Coast Guard alerted the Kennedy of the tugboat's sinking about 300 miles east of Jacksonville. The Guard had a fix on the tug's emergency location because it had a GPS receiver in the area.

The 1,052-ton tug carrier was listing heavily when we left the ship, there were 35- and 45-knot winds and 20- to 35-foot waves," said Lt. Ruben Ramos, a diver captain.

Guided by the emergency beacon, it took more than an hour to find where the tug sank.

"We found it expected to find eight guys in a life raft," said Lt. Cmdr. Joseph D'Angelo, a pilot. "When we got there and it was three guys in the water, we were shocked."

The three men in the water —

Tim Chambers, 39, of Lakeland; Keith Keeth, of St. Mary, Ga.; and David Lytle, 43, of Houma, La. — were wearing orange life jackets but had to gulp for air as waves crashed over them.

They held onto a broken broomstick to stay together and Keeth had a death grip on the emergency locator beacon, about the size of a large flashlight.

Waves buffeted them like rag dolls in a washing machine. "There was a number of times I doubted they would find us," Keeth said.

After four hours in the water, they heard a helicopter and set off smoke flares.

D'Angelo had told the swimmers on each search crew to jump into the ocean only as a last resort, but as he hovered over the three men there was no choice.

"After four hours in the water, we didn't know how strong they were," he said.

Despite the conditions, one of the rescue swimmers, Petty Officer 3rd Class Shad Hernandez, jumped

into the churning sea and fought his way through the waves.

He fastened rescue belts around the three men. Two were hoisted up and then he rode up with the third man.

"It went real quick. I was in the water only 11 minutes," he said.

The helicopters had to return to the Kennedy for fuel before resuming the search for the five men on the raft.

Brooks was writing in pain,

having hurt his back as they rode up and down monstrous waves that sometimes folded the life raft in half.

"I thought it was the end. It just kept getting rougher and rougher," said Brooks.

"It was worse than a roller coaster," Dalton said.

Two more swimmers, Petty Officer 3rd Class Shawn Whitfield and Petty Officer 3rd Class Timothy F. Lemmerman, went into the water.

"I did get kind of nervous right when I looked up and they kicked me out of the helicopter," Whitfield said. "I felt a little queasy, but I looked back down and I saw the survivors and everything cleared again."

"They were extremely happy. The look on their faces was just ecstatic," Whitfield said.

An hour later, all eight men were reunited aboard the Kennedy, banged up but otherwise uninjured.

WORLD

PLAYING IT SAFE



East Timorese women cry as they pray at a vandalized statue of the Virgin Mary in the destroyed home of Bishop Carlos Belo after an open air Catholic Mass in his compound in Dili, East Timor Sunday.

Two weeks into peace mission, East Timorese still hide

DILI, East Timor (AP) — Militiamen brother Manuel Pinto's three brothers as soon as they ventured back into East Timor's capital, after they were lured into false sense of security by a radio report that the international peace force had arrived.

Now, two weeks into the peace mission, the skinny 25-year-old scout Dili for his mother, father and five sisters still hiding in the mountains.

Living on mangoes and cassava, they are going hungry, but playing it safe.

"They're still afraid. There's just a few people here," Pinto says, gesturing at the city around him. Families line up for handouts of rice from Australian soldiers at a sports stadium, but other parts of the city remain deserted.

Thousands of people have returned to Dili since the peacekeepers arrived and established some order to the chaos of the destroyed capital. But thousands more are still waiting, refusing to believe the militia are truly gone.

The majority of East Timor's 850,000 people are still displaced, lost for now to their families.

Indonesian soldiers and their militia allies burned and chased hundreds of thousands out of their homes into the hills; an estimated 230,000 are believed hid

by militias in Indonesian West Timor.

Pinto, an amiable, voluble student in animal husbandry has family scattered in all directions.

Seven are with him in the mountains, so frightened that even the arrival of 6,000 soldiers can't reassure them. The three brothers taken to West Timor are rumored to be dead.

"Last night I dreamed that it's OK, that they're alive," he said.

"And my heart's not trembling. So I hope everything's OK."

Pinto's own flight started days before East Timor voted for independence from Indonesia, triggering a terror campaign by pro-Indonesian forces across the half-island territory.

Contacts in the East Timor resistance and with the United Nations confirmed to him what many East Timorese already knew — that bloodshed would follow the Aug. 30 vote.

"I tell all my friends, we have to go," he says. "Some people, they trust me and run away. But other people, they don't trust me,

and they get taken."

Pinto escaped to the hills days before the vote. He came down only to cast his ballot and then fled back, this time taking care to take some sacks of rice with him.

His family joined him in the mountains of Darau, a three-hour journey by car and then by foot.

They were among hundreds of refugees hiding there, foraging for fruit and roots when the food ran out.

His three brothers came down the same day the peacekeepers arrived, as soon as they heard the news on the radio.

His brothers were allied with the resistance. But militias were still freely roaming the capital.

"They thought, 'The peacekeepers are here, everything's going to be OK,'" he said. "But what happened is (the militia) captured them and arrested them and took them away."

Pinto came down last week, as the slowly building international force moved deeper into the country after securing Dili. He already knew militias had burned

his home, as they did the majority of buildings in East Timor's towns and villages.

Asked what possessions he still has, he looks down and waves his hands at his dusty clothes. Asked where he sleeps, he points at the ground.

"I'm sure their stomachs — oh, my," But he wants them to stay until he gives them the word it's safe.

That won't happen until at least Monday — a militia leader in West Timor has threatened to send thousands of his fighters across the border then. After the past month, East Timorese take that kind of threat seriously.

But, if all says quiet —

"These guys" — he points to the rear-guarded Indonesian soldiers guarding the telecommunications office across the street — "are afraid of these guys," he says, nodding at a group of Australian soldiers.

"I believe that with the peacekeepers here, everything's going to be OK," he said. He adds: "I don't know when."

KLA turns in weapons, but all guns aren't gone

PRISTINA, Yugoslavia (AP) — Although NATO insists the Kosovo Liberation Army handed in its weapons before the fighting disbanded last month, peacekeepers suspect both Serbs and ethnic Albanians maintain stocks of weapons, hampering efforts to restore peace in the troubled province.

The NATO-led peacekeeping command has been careful to avoid any public suggestion that the KLA, which the United Nations is transforming into a civilian organization, may have held back significant stocks of weapons. And neither have the peacekeepers publicly accused the occasional troublemaker of holding back significant stocks of weapons.

But weapons remain a widespread problem. During rallies in the uncontrolled part of Kosovo town of Kosovska Mitrovica, athletic men can be seen wandering through the crowd with hand-held radios and sidearms bulging discreetly beneath their jackets.

Hardly a night goes by in this overwhelmingly ethnic Albanian provincial capital without the occasional trickle of rifle fire. NATO reporting weapons seizures and arrests.

No figures are available on how many weapons have been seized since NATO-led peacekeepers arrived June 12 or since the KLA was officially disbanded Sept. 21.

However, a spokesman for the peacekeeping command, Major Robert Lavender, said that troops have been confiscating illegal weapons, ammunition and explosives at the rate of 100 per day.

He said he had no figures on how many weapons have been seized since NATO-led peacekeepers arrived June 12 or since the KLA was officially disbanded Sept. 21.

Former officers vow no more Serb control of Kosovo

GNJILANE, Yugoslavia (AP) — In a rally gathered by American troops, Hashim Thaci and other leaders of the officially disbanded Kosovo Liberation Army vowed Sunday that Serbs will never again control Kosovo.

Thaci, accompanied by armed bodyguards of the new Kosovo Protection Corps, also said Kosovo Albanians had a "right" to help fellow ethnic Albanians allegedly suffering repression in Kosovo around the empy borders with the rest of Serbia.

The rally was held as Serbs and ethnic Albanians maintained barricades around the empy, largely mixed town of Kosovo Polje,



A Kosovo Liberation Army soldier holds up his pistol after being asked by journalists if NATO had taken away his weapon at a KLA checkpoint near Pec, in Northwestern Kosovo.

where tensions remain high after a grenade attack last week that killed three Serbs and injured about 40 others.

Thaci said fewer than 2,000 people cheered Thaci, the self-styled prime minister of the KLA-backed provisional government, as he declared a peace accord with never again make decisions about Kosovo.

Thaci and his delegation visited this city of about 100,000 to mark the anniversary of the 1998 (the rival Democratic League of Kosovo, led by Ibrahim Rugova, maintains considerable influence among the ethnic Albanian population.

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where tensions remain high after a grenade attack last week that killed three Serbs and injured about 40 others.

Thaci said fewer than 2,000 people cheered Thaci, the self-styled prime minister of the KLA-backed provisional government, as he declared a peace accord with never again make decisions about Kosovo.

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Japan launches full-scale investigation into nuclear disaster

TOKAIMURA, Japan — The government launched a full-scale investigation Sunday into the cause of Japan's worst nuclear disaster, while more questions arose about safety measures used at the site.

Workers at the uranium processing plant in Tokaimura, a town of 33,000 people about 70 miles northeast of Tokyo, had been ignoring legally binding procedures for four years, local news media reported, quoting company officials.

To determine if this was true, the Science and Technology Agency, which oversees the country's nuclear program, began questioning officials of the plant's operator, JCO Co., agency spokesman Ken Mamuda said.

The accident occurred Thursday after workers mistakenly put too much uranium into a batch of fuel, causing an uncontrolled atomic reaction that continued for hours, spurring radioactive particles into the air.

Officials of the plant, which had been manually pouring the potentially deadly material, company officials said. Japanese media reports also said the workers had never received proper training.

One of the employees, Hisashi Ouchi, was found to have been exposed to about 17,000 times the normal annual exposure to radiation.

Chetchevs say 28 civilians killed in Russian airstrike

GROZNY, Russia — A night-time Russian bombing raid on a Chechen town killed 28 civilians, many of them children, and destroyed more than 50 homes, unopposed residents and Chechen officials said Sunday.



A housewife reads a sign that translates, 'These fruits are not from within 20 km of the JCO uranium processing plant' at a supermarket in Hitachi, Japan, Sunday.

World in brief

through the wreckage, they occasionally found body parts of those killed in the raid.

Fourteen of the 28 killed were children, and more than 100 people were injured, many of them seriously, according to residents and Chechen officials. Urus-Martan, 15 miles south of Grozny, the Chechen capital, is one of the highest towns in the break-away southern republic.

Russian military officials in the neighboring territory of Dagestan refused to comment on the air raid.

Taiwan blasts Chinese interference in quake aid

TAIPEI, Taiwan — Taiwan lashed out at China on Sunday for interfering in the delivery of international relief to the earthquake-ravaged island, saying such tactics illustrate the need for Taiwan to be included in the

United Nations.

China's demand that countries first ask its permission before delivering earthquake aid to Taiwan was in "complete defiance of the principle of humanitarian international relief," a Foreign Ministry statement said.

"This sort of behavior even more displays the absurd and illogical situation of Taiwan's exclusion from the United Nations that awaits rectification," it said.

Following the killer quake on Sept. 21, Chinese officials demanded that countries and international organizations wishing to aid Taiwan first seek its permission.

Business giant Akio Morita of Sony Corp. dies at 78

TOKYO — Politicians and business executives mourned the death of Sony Corp. co-founder Akio Morita on Sunday, lauding the entrepreneur who helped change Japan's image from a maker of slipshod products to

world class manufacturer.

"Morita was a leading figure who played a pivotal role in developing Japan's postwar economy," Prime Minister Keizo Obuchi was quoted as saying by Kyodo News agency.

Morita, whose health had been failing for several years, died Sunday of pneumonia. He was 78.

Israelis describe 'technical' differences over safe passage

JERUSALEM — In the first major setback in the revived peace process, Israelis said Sunday that only technical issues delay the opening of a land link for Palestinians between the West Bank and the Gaza Strip.

Palestinians insisted issues of principle are at stake.

The "safe passage," which had been scheduled to open Sunday, is to provide the first unfettered route for Palestinians between the two areas, and is key to smoothing peace talks revived last month by Prime Minister Ehud Barak and Palestinian leader Yasser Arafat.

Palestinians say the eleven-hour delay is due to Israel's insistence that it issue the magnetic card passes and maintain power of arrest along the route running from the northern Gaza Strip to the southern West Bank.

"We consider these points degrading and humiliating towards the Palestinian people and the Palestinian Authority," negotiator Jamil Tarifi said Sunday. "If Israel maintains their position, safe passage is meaningless."

Assembly elects powerful figure as new speaker

JAKARTA, Indonesia (AP) — Indonesia's highest legislative body elected a powerful political figure as its speaker Sunday, a position that could gain real power for the first time under the

country's democratic reforms.

Voting by secret ballot, the People's Consultative Assembly elected Amien Rais of the National Mandate Party.

Rais is a leader of a bloc of small parties called the Axis Front that could determine the outcome of the presidential race to be held in less than three weeks.

The choice of a first-rank politician like Rais indicated that the assembly speaker is likely to gain power under constitutional reforms the legislature will consider during this session. The reforms are expected to dilute the powers of the presidency.

In previous years, the head of the assembly was a figurehead. Under the authoritarian regimes of President Suharto and his predecessor Sukarno, the assembly rubber-stamped the president's policies and most decisions were unanimous.

Rais was elected by 305 votes to 273 for his closest rival, 51x But the government said it will only 63 votes total.

Clashes in Bangladesh leave at least 70 injured

DHAKA, Bangladesh (AP) — An anti-government strike in Bangladesh turned violent Sunday, with clashes between rival political groups leaving one person dead and at least 200 people injured, police said.

The strike halted schools and closed businesses and cities across the country.

It was the second such opposition protest called this month as part of a campaign to force Prime Minister Sheikh Hasina's three-year-old government to resign and call early elections. The next election is set for 2001.

In Bangladesh, a general strike is the traditional opposition weapon to weaken a government. But the government says it will not relinquish power.

Fear led leader returns to Sierra Leone

FREETOWN, Sierra Leone — Sierra Leone's leader returned to his home country Sunday, almost three months after signing a peace accord with formally ended the west African nation's eight-year civil war.

Dressed in a flowing white robe and bright white cap, Friday Sankoh stepped out of a Nigerian government jet and spread his arms wide.

Supporters and officials of his Revolutionary United Front, who had gathered at Lungi airport, cheered.

Later, he and former junta leader Johnny Paul Koroma, who returned to Sierra Leone with him — met with President Ahmed Tejan Kabbah at the hills presidential lodge in the hills high above Freetown.

"We stand before you today to ask for your forgiveness and a spirit of reconciliation across this country," Sankoh said in a speech broadcast on local radio.

"You, who we have wronged; you have every human right to feel bitter and unforgiving, but we plead with you for forgiveness."

Myanmar closes frontier following embassy takeover

BANGKOK, Thailand (AP) — Myanmar closed its border with Thailand and reinforced its border forces after five armed rebels, who had held diplomats and others hostage at the Myanmar Embassy in Bangkok, were released, newspapers said Sunday.

Thailand also put its border patrol on alert as a precautionary measure and ordered its young Myanmar militiamen to be picked up by helicopters and set free within one mile of the frontier Saturday, the Bangkok Post said.

Compiled from wire reports

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719 POOR C...

THE ACES ON BRIDGE Bobby Wolff
A wise reserve seasons the aims' goal of winning nine tricks.
NORTH: 6-32, 4-3, J 9-87, 6-53
WEST: K 9-54, Q 10-8-6-4-3, A 5-2, K 10-9-7
EAST: Q 8-7, 9-5-2, A 5-2, K 10-9-7
SOUTH: A 10, A K, Q 10-6, A Q 9-7
Vulnerable: Neither Dealer: South
The bidding: South West North East
2NT Pass 3NT All pass
Opening lead: Heart six
LEAD WITH THE ACES
South holds: A 10, Q 10-8-6-4-3, A 5-2, K J
East: 10-9, 8-7, 6-5, 4-3, 2-1
West: 9-8, 7-6, 5-4, 3-2, 1
North: 10-9, 8-7, 6-5, 4-3, 2-1
ANSWER: Spade 10. The trump lead is the only reasonable choice. Leading any of the other suits is too likely to help declarer.

Dummy's diamond suit offers South a tempting opportunity to develop a fourth winner in diamonds for game. Nevertheless, he need not rely only on dummy's diamonds. Careful timing in the play of both minor suits will increase his chances for winning nine tricks. South wins his heart king and realizes he can afford to lose the lead once. If he loses the lead twice before he secures his ninth winner, the defenders will win at least five tricks. The most likely source of four quick winners is dummy's diamond suit. These, coupled with two hearts and the two black aces, leave declarer needing a successful finesse in clubs to give him nine winners. A routine attack in diamonds will lose the game. When South leads his queen, East will duck, and on South's continue with his 10 to dummy's jack, East will duck again. This limits South to only two diamond winners, and although the club finesse wins, South cannot make his game. The best chance for nine winners is to put both minors into play. Since South needs a club finesse anyway, he should begin by leading a heart to 10 to dummy's jack. When East ducks, South takes a successful club fines. Next, South leads his diamond queen to dummy's king. If East wins with his ace, South repeats the club finesse, cashes the club ace, and concedes a club to East. Instead of four diamond winners, East's effective holdup plays give South only two. To compensate, South develops four club winners, reaching the main

Small bridge questions to be answered in the column, P.O. Box 12065, Dallas, TX 75212, by Ed Marley. Copyright 1999, United Feature Syndicate, Inc.

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Smile when you cut me off, stranger

If you do much driving on our nation's highways, you've probably noticed that more and more bullets are coming through your windshield.

This is a common sign of Road Rage, which the opinion-makers in the news media have declared is a serious problem, currently ranking just behind global warming and several points ahead of Asia.

How widespread is Road Rage? To answer that question, researchers for the National Institute of Highway Safety recently did a study in which they drove on the interstate highway system in a specially equipped observation van. By the third day, they were deliberately running other motorists off the road.



HUMOR Dave Barry

That is the main cause of Road Rage: The realization that many of your fellow motorists have the same brain structure as a cashew. The most common example, of course, is the motorists who feel a need to drive in the left-hand, or passing, lane, even though they are going slower than everybody else.

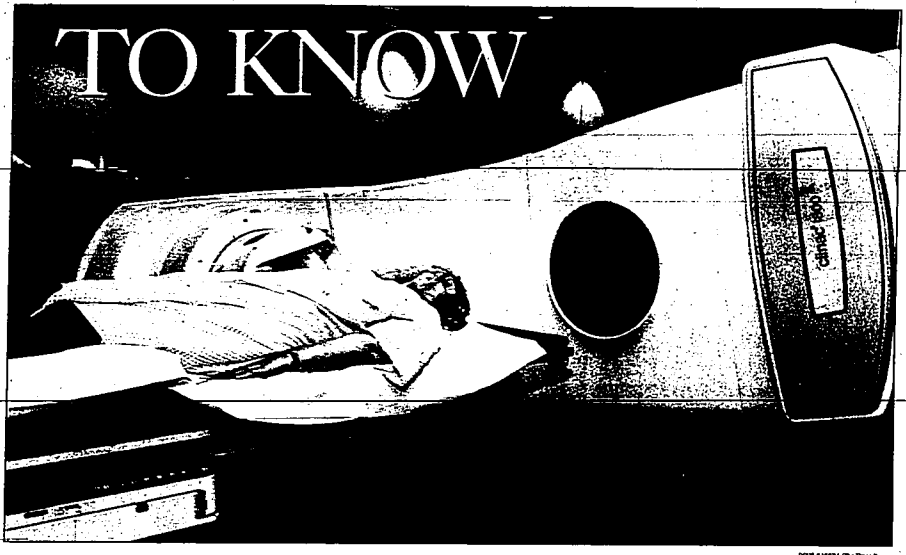
But whatever makes these people drive this way, there's nothing you can do about it. You can hork-tail them, but it will have no effect. People have been honking at each other for years as a normal part of their environment.

I am very familiar with this problem because I live and drive in Miami, which proudly bills itself as the Inappropriate Lane Drive Capital of the World, a place where the left lane is thought of not so much as a through-lane as a public recreational area, where motorists feel free to stop, hold family reunions, barbecue pigs, play volleyball, etc.

So the tiny minority of us Miami drivers who actually qualify as sane and sane will certainly be trapped behind people drifting along on the interstate at the speed of deceased livestock, while at the same time we are being tailgated and occasionally bumped from behind by testosterone-drenched youths who get their driver's license from watching the pod-racing scene in "Star Wars Episode I: The Phantom Menace."

So let's try to be more considerate. OK? Otherwise, I will kill you. Dave Barry is the humor columnist of the Miami Herald.

DYING TO KNOW



Sandy White, a nurse at Magic Valley Regional Medical Center, undergoes radiation treatment for breast cancer at the Southern Idaho Cancer Center.

What you don't understand about breast cancer can kill you

By Rachel Denny Times-News correspondent

TWIN FALLS — If Mary Howard had seen the coupon for half-price mammograms in the newspaper she would have put off going in for her annual mammography.

By the time she went in for her mammogram, she already had a Stage 2 tumor consisting of two different cancers, one of which was extremely aggressive.

It's anybody's guess what would have happened," Howard said. "The mammogram saved my life."

"I probably would have eventually felt it and gone in, but more than likely it would have been quite large and possibly too late," she said. "It could have been more than I was able to come away from. But, if you catch it early your chances of survival are much greater."

Since Howard's cancer was spotted in the fairly early stages she only underwent a mastectomy, many other women have treatments ranging from lumpectomies to chemotherapy to radiation to combinations of therapies.

In 1995, the Magic Valley Regional Medical Center organized a breast cancer

Mammograms offered in Magic Valley, and the approximate cost:

- Cessa Memorial, Burley, 678-4444, \$110
Gooding County Hospital, Gooding, 534-4433, \$200
Magic Valley Regional Medical Center, Twin Falls, 737-2000, \$91.50
Missidaka Memorial Hospital, Rupert, 436-0481, \$200
St. Bernard's Family Medical Center, Jerome, 324-4501, \$65
Twin Falls Clinic and Hospital, 733-3700, \$100
Wood River Medical Center, Halsey, 788-2222, \$200

screening team to determine how many women in the area would be eligible for the mammogram when getting theirs.

By 1998, only 27 percent of eligible women were getting mammograms. For 1999, MVRMC estimates 62 percent will be getting checked out, according to Susan Courtney, clinical nurse oncologist at the Southern Idaho Cancer Center.

"We're still not there," Courtney said. "We think we need to be at 90 percent. MVRMC has done a part, but there has been a big push from everybody in this community."

"Some women think it's painful, some believe they can't afford it, and some just don't want to know."

"The majority of women don't have pain, but it is an uncomfortable procedure," Courtney said. "Sometimes if you take simple pain medication before the exam it will decrease the discomfort."

"Having breast cancer really hurts com-

pared to having a mammogram. You just need to buck up and go do it. I compare it to going to the dentist and having my teeth cleaned."

And if you don't have the money, there are ways to work around that problem. Once a year, MVRMC offers half-price coupons for mammograms, and Idaho's Women's Health Check program offers no- or low-cost breast and cervical checkups to women who have no insurance to cover the tests, are 50 or older and have a limited income.

Medicare provides for an annual screening once women reach age 65. The hospital will also work out payment plans for women who can't afford it, Courtney said.

But, if a woman believes that what she doesn't know can't hurt her, she's wrong. "Any woman who doesn't get her mammogram is nuts," said Deloris Winslow, a current cancer patient. "I could be walking around with cancer today and not know it. The fact we have it (mammography) any woman who does not take advantage of it is really committing suicide."

"I think people are afraid of finding out they have cancer," Howard added. "Years ago if someone said they had cancer, they were going to die. In the case of breast cancer it more likely means you're not going to die. The key is early detection."

Having Breast cancer, or any other form of cancer, is not a death sentence, said Char Basila, MVRMC clinical social worker.

"If I take responsibility for my body I become much more powerful," she said. "If there is something I can see, it is through. There aren't many guarantees with cancer, but one guaranteed is it doesn't get easier with time."

Times-News correspondent Rachel Denny can be reached in Twin Falls at 734-3780.

What's inside

S. Staving a tumor - D2

can

lamest/the stop cancer

could? - D2

Chances are you can beat it Breast cancer rates soar among Hispanic women

By Rachel Denny Times-News correspondent

TWIN FALLS — When Deloris and Bill Winslow first heard the words "breast cancer," all of their fears came rushing in. Everything they had been told about cancer all their lives indicated that since Deloris had cancer she would die.

Today, she is undergoing treatment and will most likely recover from her illness. "I'm glad medicine has advanced so fast," she said. "It is not necessarily terminal. More people live than don't."

"I come right out and say I have breast cancer. I want people to get used to the idea it's not the death sentence — it's an unpleasant sentence."

"You never hear about the people recovering from cancer," Bill Winslow said. "Fact is that 65 percent of breast cancer found on mammograms is

- Stage 0 - Greater than a 95 percent chance of survival
Stage 1 - 95 percent chance of survival
Stage 2 - 70 percent to 85 percent chance of survival
Stage 3 - 50 percent to 62 percent chance of survival
Stage 4 - 27 percent chance of survival

at Stage 0 or Stage 1. That places the survival rate from anywhere between 95 percent to 98 percent — or higher.

That also means that the higher the stage of the cancer, the lower the percent of survival — and the more aggressive the treatment, according to Susan Courtney, clinical nurse oncologist at the Southern Idaho Cancer Center.

When the cancer has advanced from Stage 0 to Stage 4, there is only a 17 percent chance of survival.

But, not only do people survive, they become completely cured of cancer, Courtney said.

"The myth is that cancer is an incurable disease," she said. "There are lots of cures out there for cancer. This is not all doom and gloom — people can be cured."

Even the women diagnosed with late stage disease are living longer.

Not just living longer, but living longer and better lives. "I feel the advances being made in oncology are most exciting," Courtney said. "We're doing things with cancer that we didn't even dream of doing 10 years ago. The advances are not all about cures. They are about allowing people to live better and longer lives."

Times-News correspondent Rachel Denny can be reached in Twin Falls at 734-3780.

Breast cancer rates soar among Hispanic women

The Orlando Sentinel

Haydee Ramos found it while examining herself in the shower. A lump as hard and as round as a marble at the side of her right breast.

Two years later — in February — her younger sister woke up with an unusual swelling in one breast.

The pain and inflammation subsided within a day or so but Wanda Cunningham scheduled a checkup. Just in case.

The two sisters, natives of Puerto Rico whose mother survived uterine cancer about 40 years ago, were diagnosed with breast cancer.

"I said, 'That can't happen. It can't be two of us,'" said Ramos, 55, a Kissimmee, Fla., nurse and mother of three grown sons.

Experts believe it also is increasing in Hispanic women faster than in those of other racial and ethnic groups.

Ramos caught her cancer early, and like Cunningham, 46, of Ocala, Fla., discovered the disease in time to save her breast and her life.

Unfortunately, not all Hispanic women detect the disease in its early stages when it is easiest to contain and treat. Hispanics have a poor survival rate, according to the U.S. Public Health Service.

Studies also show that more Hispanic women are being diagnosed with breast cancer, but medical experts don't know why. For example, from 1982 to 1985, researchers found the incidence rate for Hispanic women was 50 per 100,000. From 1988 to 1992, the number jumped to 70 per 100,000.

Please see RATES, Page D2

HEALTH & FASHION

Strategy aims to starve, rather than poison, cancer

BOSTON (AP) — The biggest thing in cancer is the little four-word sentence: Tumors make blood vessels.

It is not as obvious as it sounds. For a long time, doctors assumed that spreading cancer makes do with the blood supply already in place. But no. Now they know that cancer grows its own.

This biologic insight has turned out to be among the precious few that opens an entirely new strategy for controlling a human ill. In the past two or three years, the discovery has become the starting point for the most studied, the most tested, and absolutely the most talked about endeavor in all of cancer research.

If it leads where scientists hope — and where drug companies are pouring big research bets — then it should be possible to stop cancerous tumors by blocking their ability to launch the fresh blood vessels needed for survival. To kill a

cancer, the thinking goes, starve it.

At this point, no one knows if it will work. But cancer experts say they cannot remember a time when there has been so much enthusiasm for a new approach to treatment.

The idea has taken more than 30 years to evolve from the universally scoffed-at brainstorm of Harvard surgeon Judah Folkman. Now it is an enterprise being chased by dozens of companies, ranging from the biggest pharmaceutical makers to one-idea startups.

At least 20 drugs that block the growth of blood vessels are in various stages of testing on people with cancer. More are nearly ready for testing. At the National Cancer Institute, Dr. James Fluda guesses that literally hundreds of other potential ones are in development.

"It's considered one of the hottest areas in all of medicine,

At least 20 drugs that block the growth of blood vessels are in various stages of testing on people with cancer.

not just cancer," he says. "I'm not aware of any drug company, big or small, that is not working in this field."

Cancerous tumors rely on the construction of new blood vessels — a process scientists call angiogenesis — to bring in oxygen and nutrients. Without this blood supply, they never grow larger than a pinhead. The question is, whether any of the drugs in the works can thwart this basic biological process and thereby cure cancer, or at least stop it from spreading.

The reason so many companies are interested in this is the possibility — and I emphasize pos-

sibility — that it will be broadly applicable to all tumor types," says Dr. Susan Hellman, development director at Genentech.

In other words, if all kinds of cancers need new blood vessels, then one drug that interrupts this process might be good against all of them. With this in mind, drugs such as Sugen's experimental blood vessel blocker, SU5416, are being tested against cancers all over the body, including the colon, lung, kidney, ovaries, breast and skin.

Forty-four separate studies are under way with this one drug alone. It's even being tested against cancers of the blood, on

the theory that even this malignancy "requires the growth of fresh blood vessels in the bone marrow, where the cancer starts."

"These could be huge drugs, almost like the Holy Grail," says Peter Hirsh, Sugen's president.

Doctors explaining their enthusiasm for this approach usually start by rhapsodizing over its elegant scientific underpinnings: worked out by Folkman and others who joined the field later. Then they mention the exceptionally promising experiments on rats and mice, in which tumors stop growing, shrivel up, even disappear. Finally, they get around to the miracles.

These amazing stories, the against-all-odds recoveries of people at death's door, are the most gripping and yet ephemeral of all the evidence in this young field. Most of the new compounds are in such early stages of testing, and their study subjects are so riddled with cancer, that no one can say with confidence whether the drugs do any good at all.

But a few of the terminally ill volunteers in these last-ditch experiments have suddenly gotten better.

Even skeptics who have watched cancer breakthroughs come and go cannot help being intrigued.

Tamoxifene may keep you from getting cancer

By Rachel Denny
Times-News correspondent

TWIN FALLS — When Tamoxifene emerged on the battlefield of breast cancer 10 years ago, few people could have guessed that it would begin to be used as a preventive measure.

The anti-estrogen drug deprives certain cancers of estrogen and as a result tumors are suppressed or die, according to Courtney, a breast cancer oncologist at the Southern Idaho Cancer Center.

Not only do the cancers die, but the drug also decreases the risk of other cancer in the women taking it, she said.

For women who do not have breast cancer but do have a high risk of getting the disease, Tamoxifene has also been known to reduce the risk about 50 percent, pharmacist Dennis Sawyer said.

Tamoxifene has undergone a

trial with 10,000 women and has been approved as a preventive medication.

"If a woman is at high risk for breast cancer she needs to talk to her physician about prevention seriously," Courtney said.

Risk is determined by using a procedure called the Gail model of breast cancer risk assessment, only with a certain score would women take Tamoxifene as a preventive medicine, Courtney said. "It is not a benign drug," she said. "It has side-effects and risks. It is only for women with high risk who benefit."

"Unless a woman is definitely identified as being high-risk she will not benefit from the medication," Sawyer added. "We don't like to expose a healthy individual to a medication we don't need to."

One of the side-effects of Tamoxifene is that it slightly increases the risk of uterine cancer, said Sawyer, who holds a doc-

torate in pharmacy.

A similar drug, Raloxifene, may be able to do the same thing as Tamoxifene with fewer side-effects. Currently a study is being conducted nationwide, with women in the Magic Valley participating, to determine the differences between the two drugs, Sawyer said.

Before the STAR study, Raloxifene has only been extensively studied in post-menopausal women as a decreasing risk in osteoporosis. The incidence of breast cancer in those women has also decreased.

So is Raloxifene better than Tamoxifene? It's still too early to tell. "We haven't studied the two head-to-head to determine the difference," Sawyer said. "These study results are not available."

Times-News correspondent Rachel Denny can be reached in Twin Falls at 734-3780.

happens the best way to reach Hispanic women is through their tight-knit networks of family and friends and more concentration in Spanish radio and television.

Since her diagnosis, she has made sure all who are close to her read the prevention pamphlet she picks up at her doctor's office. She constantly reminds them to examine their own breasts.

"You have to take care of yourself," Ramos said.

Rates

Continued from D1

Officials all over the nation are looking at ways to reach the fastest growing minority group beyond current programs that target white and black women. Experts realize that many Hispanic women do not have access to early detection methods such as mammography and breast exams by a doctor and they have not been taught how and why to perform monthly breast self-exams.

Some are too timid or embarrassed to share their health needs with husbands or medical practitioners, a problem compounded by a language barrier. A considerable number of these women treat illnesses with home remedies or believe fate will determine their welfare.

Physicians such as Dr. Elmer Huerta, a cancer prevention expert with the Virginia-based Cancer Research Foundation of America, want to make it easier for women to seek help.

"You have to bombard the community like Coca-Cola, Philip Morris and Coors bombard the community with messages," said Huerta, who hosts a radio talk show and appears in an educational video modeled after a telenovela, or Spanish soap opera.

"Instead of selling Coca-Cola, cigarettes and beer, I'm trying to sell mammograms and Pap smears and health education."

Organizations are creating bilingual hotlines, and some county and state agencies encourage women to drop in for Spanish brochures or to schedule free or low-cost mammograms and screenings. A few even offer trans-

portation. Spanish-language videos are being distributed at churches, medical facilities and community organizations.

Spanish-language radio and television stations are carrying the messages as well.

By 2003, the American Cancer Society plans to launch a pilot outreach program in Florida that will serve as a national model.

Haydee Ramos said that per-



In 1997, there were 159 deaths from breast cancer in Idaho. In the same year, there were 121 new cases of breast cancer diagnosed in the Magic Valley area. Earlier diagnosis of breast cancer could save the lives of 10 women in the Magic Valley each year.

Your health is our mission.

Breast cancer is the most commonly occurring cancer in women and the second most common cause of death from cancer in the United States and Idaho. A recent survey of the mammography rates in the Magic Valley, found that only 42 percent of eligible women have had a mammogram — the rate should be 90 percent.

When caught early through mammography and breast self-examination, most breast cancer can be successfully treated and even cured. While heredity, age, and hormones can affect the risk of breast cancer, even women with no symptoms or history of breast cancer should follow these guidelines:

- Perform monthly breast self-examinations.
- Mammography screening should begin at the age of 40 and continue routinely.

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PERSONAL

Leg massage gets the knots out of tight muscles

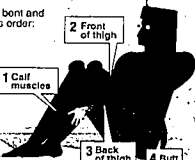


Leg muscles can tighten up after as little as 30 minutes of exercise. Rest is a good way to get rid of the knots. Self-massage is faster and more effective, though. Some pointers from a pro massage therapist:

Sit on a flat surface with the leg bent and massage one leg at a time in this order:

A massage takes at least 30 minutes. Do each "stroke" for at least 5 minutes — longer is even better.

Put a little tight lotion on your hands and add more as it rubs off.



1 GENTLE: Full muscle flush

This loosens muscle fibers and increases circulation to rinse out waste products and lactic acid

- 1) In a continuous stroke, push palm along muscle in direction of heart
- 2) After a few strokes, knead the muscle as you move your palm
- 3) End with flat palm strokes

2 MEDIUM: Cross-fiber stroke

Use flat palm but press harder than you did for the muscle flush. Work from center of muscle toward each of its ends.

- 1) Move hands along muscle and from side to side, spreading out the muscle fibers
- 2) End with flushing strokes

3 DEEP: Muscle spress

"Spreading," a Swedish word, is also called muscle stripping. Don't rush past the first two phases to get to this one; your muscles will tense if you progress too fast.

Push fingers or knuckles into body of muscle with enough pressure that it starts to become uncomfortable. If the pressure hurts, work more slowly or relax the muscle with some palm strokes. Concentrate on a single part of the muscle.

SOURCES: Bicycling magazine, League of American Bicyclists

Involvement remains key to anorexia fight

Chicago Tribune

CHICAGO — Years ago the gold standard treatment for anorexia nervosa, the baffling self-starvation syndrome that primarily afflicts teen-age girls, involved months in a hospital. Around-the-clock vigilance by specially trained nurses, therapy sessions and nutritional counseling were employed to restore normal body weight and maintain it.

These days, very few hospitals have inpatient eating-disorder units. They're considered too expensive to maintain, and few insurance companies pay the full costs of patients hospitalized for anorexia.

Ready to step into the breach comes an aggressive variation of family therapy from England and that, instead of regarding the family as the cause of the anorexia, mobilizes the parents to take charge of their child's recovery, possibly reducing the amount of costly hospital care.

Developed at the Institute of Psychiatry — and Maudsley Hospital in London by child psychiatrist Christopher Dare, psychologist Ian Eisler and colleagues the so-called Maudsley model is being introduced at the University of Chicago by Daniel Le Grange, a clinical psychologist and former member of the Maudsley group.

"Adolescents going to the hospital to have their weight restored do quite well, but 80 percent of them lose weight at discharge and then a significant number end up in the hospital again," Le Grange said.

"The motivation was to find a treatment that can bring about weight gain outside of the hospital and perhaps stand a better chance of maintaining the weight, because there's not the change in management that you had before."

A 1987 study of 80 clients with eating disorders at Maudsley Hospital showed that for clients whose anorexia began before age 19 and had lasted less than three years, Maudsley's brand of family therapy was more effective than individual therapy.

In a five-year follow-up study, the results held up. All the clients had improved, but the earliest onset patients had a much better outcome when treated with family therapy rather than individual therapy.

"Here's a treatment with demonstrated efficacy," Le Grange said. "And for 90 percent of the cases you don't have to involve inpatient treatment. It's cheaper."

Days after giving birth, some moms race back to workouts

Chicago Tribune

CHICAGO — Jack Sullivan was just 4 days old when he made his inaugural trip to the health club. Too tiny for the club's child-care program, he clazed in his infant seat and started up at a shoulder press machine while his mother snuck in a quick set.

Now 4 months old, Jack is a fitness club regular who can be spotted zoning at the base of stationary bikes or stair-climbing machines. Though he is generally quite patient, he does have his moments. "The gym is open," says Carol Sullivan, a nurse, "I think. 'Oh, I'd love to work out' 4 minutes left to work out."

It's better than nothing for Sullivan, who like many women exercised before and during pregnancy and quickly plunged back in after her child was born. Once encouraged to wait at least until the six-week postpartum checkup, many new mothers are reclaiming their bodies and their workout routines with a vengeance, even if it means tugging a newborn into a sweaty environment and abandoning a workout when the infant starts to fuss.

For these mothers, being thin for 14 days after giving birth, as one midwifery textbook from 1917 instructs, is truly inconceivable.

"Everyone has to do their own thing, and what works for me isn't going to work for someone else," said Sullivan, who is used to squeezing in workouts before giving birth, she was a 4:30 a.m. exerciser. "People thought I was crazy going to the club so soon, but it helps me get out of the house. Once it's done, I've accomplished something that day, even if all else fails."

While doctors still stress taking it easy and waiting until the first exam before doing anything extreme, they are also telling women to listen to their bodies and to use common sense. Women who have worked out every vaginal delivery can begin working out much more quickly than one who had complications. Women who have worked out through their pregnancies can generally also return more quickly.

"When people leave the hospital too early, they risk being able to exercise, rather than what they can have sex," said Dr. Lauren Streicher, an obstetrician and gynecologist at Northwestern Memorial Hospital. "But it's also important for people to have permis-

sion not to exercise. If you were fit before, you'll be fit after. It doesn't matter if you wait two weeks or two months."

Rosanne Bigness of Chicago used both approaches. Her first child was colicky in the beginning, and she waited more than a month before venturing back to the gym. But she said her second delivery was easier and she was back within five days. She tries to hit the health club in off-peak hours. Like Sullivan, Bigness places her newborn, Keegan, at the base of the equipment she uses. If Keegan gets fussy, she instructs the nurse.

"If you don't take care of yourself, no one in your family is going to be happy," said Bigness. "I work out because I really love it, not just for my shape. People keep saying, 'Yeah, wait until you have kids,' but that's almost an excuse not to work out. I make it happen because it's important."

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HEALTH NOTES

Sexual appetites

This one puts carb-loading in a whole new perspective. The best foods for sexual stamina and endurance are complex carbohydrates. Deborah Mitchell, sex therapist and author of the booklet "Peak Performances," tells Men's Health magazine.

several hours, rotating positions occasionally to coat the bladder.

A dream come true

Listening to a pregnant mother's heart rate, swinging a ring over her belly or examining her fingernails — all age-old methods of guessing the sex of a baby — work about as well as flipping a coin. But a study of methods of guessing a baby's sex turned up a surprising result: Educated women who listened to their dreams were able to guess correctly almost 75 percent of the time. In contrast, says the report in the Journal of Birth, women with less education guessed right just 43 percent of the time.

It's smart to breast-feed

Speaking of intelligent mothering, the bonding between breast-fed children and their mothers is partly responsible for higher intelligence, but a new study finds that most of the child's IQ gain comes from breast milk's nutritional value. "Our study confirms that breastfeeding is accompanied by about a five points higher IQ than in bottle-fed infants," says a University of Kentucky report in the American Journal of Clinical Nutrition.

Compiled from wire reports

PLASTIC SURGERY UPDATE



DELL P. SMITH, M.D., F.A.C.S.

BREAST RECONSTRUCTION FOLLOWING BREAST REMOVAL

IF YOU'RE CONSIDERING BREAST RECONSTRUCTION...
Reconstruction of a breast that has been removed due to cancer or other disease is one of the most rewarding surgical procedures available today. New medical techniques and devices have made it possible for surgeons to create a breast that can come close in form and appearance to matching a natural breast. Frequently, reconstruction is possible immediately following breast removal (mastectomy), so the patient wakes up with a breast mound already in place, having been spared the experience of seeing herself with no breast at all.

But bear in mind, post-mastectomy breast reconstruction is not a simple procedure. There are often many options to consider as you and your doctor explore what's best for you.

PLANNING YOUR SURGERY
You can begin talking about reconstruction as soon as you're diagnosed with cancer. Ideally, you'll want your breast surgeon and your plastic surgeon to work together to develop a strategy that will put you in the best possible condition for reconstruction.

After evaluating your health, your surgeon will explain which reconstructive options are most appropriate for you age, health, anatomy, tissues, and goals.

WHERE YOUR SURGERY WILL BE PERFORMED
Breast reconstruction usually involves more than one operation. The first stage, whether done at the same time as the mastectomy or later on, is usually performed in a hospital.

Follow-up procedures may also be done in the hospital. Or, depending on the extent of surgery required, your surgeon may prefer an outpatient facility.

THE SURGERY
While there are many options available in post-mastectomy reconstruction, you and your surgeon should discuss the one that's best for you.

FOLLOW-UP PROCEDURES
Most breast reconstruction involves a series of procedures that occur over time. Usually, the initial reconstructive operation is the most complex. Follow-up surgery may be required to replace a tissue expander with an implant or to reconstruct the nipple and the areola. Many surgeons recommend an additional operation to enlarge, reduce, or lift the natural breast to match the reconstructed breast. But keep in mind, this procedure may leave scars on an otherwise normal breast.

YOUR NEW LOOK
Chances are your reconstructed breast may feel firmer and look rounder or flatter than your natural breast. It may not have the same contour as your breast before mastectomy, nor will it exactly match your opposite breast. But these differences will be apparent only to you. For most mastectomy patients, breast reconstruction dramatically improves their appearance and quality of life following surgery.

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HEALTH & FASHION

Pharmacy business turns to Internet

Los Angeles Times

"Convenience" isn't a word most people would apply to purchasing prescription medications.

With doctors writing more prescriptions than ever — a record 2.2 billion last year in the United States — long waits at drugstore pharmacy counters are commonplace. And managed-care restrictions on the amount of medicine you can buy — often just a 30-day supply — can mean frequent trips to the store.

But the emergence of online pharmacies may offer salvation to consumers sick of the drugstore rat race.

Following on the heels of other e-commerce success stories, both entrepreneurs and drug-store chains are racing to establish online pharmacies. By one unofficial count, the number of such pharmacies has soared this year from a couple dozen to more than 400.

"Within the last six months, it has really exploded," said Carmen Catzone, executive director of the National Association of Boards of Pharmacy, a professional association representing all state pharmacy boards. "A few people were beginning to look at online pharmacies last year. But over the last holiday season, retailers saw how sales at such places as Amazon.com really took off. That's what got online pharmacies going."

While a clear boon to consumers — offering convenience, privacy and the opportunity to compare prices — the trend is not without serious problems. In particular, a growing number of online pharmacy sites will sell medications without a prescription, a development that could be unlawful and is widely viewed as unethical and dangerous.

Lawmakers and health professionals have expressed concern that consumers will confuse legitimate, state-licensed "pharmacy" websites that require a prescription with "prescribing-based" sites that dish out drugs for a price after a cursory cyberspace consultation.

"The Internet can be an extremely valuable medical resource under certain circumstances," said Dr. Herman Abramowitz of the American Medical Association in congressional testimony in July. "The AMA, however, is gravely concerned about the current misuse of the Internet for prescribing purposes. ... Every day patients are endangered when they are permitted to receive prescription medications via the Internet without adherence to proper safeguards that ensure good medical practice."

Others are worried, too. The Federal Trade Commission, the National Association of

Ins and Outs of the E-Pharmacy

Many online pharmacies operate in a similar manner. Consumers can mail a prescription, have their doctors call it in or have it transferred from another pharmacy.

Most patients at a particular pharmacy also fill out a questionnaire on their health history and any medications they are taking. The prescription is then processed and can be mailed (which typically takes three to five days), sent by overnight delivery or picked up at a local store. Several sites, such as CVS.com and drugstore.com (in which Rite Aid has a partial interest), offer free mail delivery for prescription medications.

"The convenience is a big part of this," said CVS' Reed. "If you think of a senior who is not very mobile, it's ideal for that person to receive health aids directly to their door."

Because they are not housing medications in storefronts, online pharmacies hope to lower overhead costs and pass on lower prices to consumers.

"Our price levels are very competitive, even with the largest pharmaceutical providers, like Wal-Mart," Reed said.

Many online pharmacies also expect to strike a chord with consumers by offering extensive health libraries with information on various problems and conditions. Drug Emporium (http://www.drugemporium.com), for example, has teamed up with http://www.dkoop.com, the highly praised health site founded by former Surgeon General C. Everett Koop. Walgreens (http://www.walgreens.com) is pairing with the Mayo Clinic to provide health information.

—Source: Los Angeles Times

Boards of Pharmacy, several states' attorneys general and executives for the nation's largest chain drug stores have called for heightened oversight of online pharmacies.

Even Pfizer, maker of the impotence remedy Viagra, has filed a complaint with the Federal Trade Commission (one of several state or federal agencies with some authority over Internet prescribing) to stop the prescribing of Viagra without adequate safeguards.

"The appropriate parties should just crack down on these people, and crack down hard because lives are at stake," said Mitchell Reed, vice president of brand strategy and communications for the new online pharmacy-based CVS.com.

However, consumers can safely navigate online pharmacies with a little knowledge and common sense.

Buying online can cost you more, study finds

Knight Ridder News Service

PHILADELPHIA — Internet sites that offer prescription drugs may save you trips to the doctor and pharmacy, but they'll cost you more money, according to a new study by University of Pennsylvania researchers.

The sites revealed almost no information about their physicians, the researchers said this week, and some that were based outside the U.S. did not even require prescriptions. Bernard Bloom, the lead researcher on the study, said he is concerned that consumers may get poor quality drugs from overseas sites and that Internet physician "consultants" may not have enough accurate information about consumers to prescribe appropriately.

"You don't know if you're getting the same medication when it's coming from overseas," said Bloom, a research professor in Penn's department of medicine. "You don't know if you're talking to a physician on the Internet."

Bloom's study will be published in December in the *Annals of Internal Medicine*. The journal's editor, however, released the article and findings written by FDA officials this week because of their "important public health messages."

Bloom examined 46 Web sites, all that he could find in February and March of this year, when the study was done. He compared their prices for two popular drugs — sildenafil (sold as Viagra) for impotence and finasteride (Propecia) for male baldness — with those at five Philadelphia pharmacies. On average, drug prices were 10 percent higher on the Internet. Shipping added another \$8 to \$25 to the order. And, Bloom said, insurance companies may not reimburse consumers for medications purchased on the Web.

Nine sites based outside the U.S. did not require a prescription or physician consultation with a web site doctor. Of the sites that offered physician consultation, none revealed the names, addresses, specialties or qualifications of their doctors.

The median cost of an online physician visit was \$70, more than 15 percent higher than payments by Medicare or managed care organizations for a visit to a primary care doctor in this area.

Radiation after prostate surgery may save lives

Knight Ridder News Service

PHILADELPHIA — For high-risk prostate cancer patients, having radiation immediately after surgery may prevent a recurrence of the disease, according to a new Thomas Jefferson University study.

Researchers found that nearly 90 percent of high-risk patients who got radiation therapy after surgery were cancer-free at five years, compared with only 55 percent of men who did not have the extra treatment. However, the study was small, involving only 72 men, half of whom received radiation.

The study looked only at men whose cancer proved more extensive than expected during surgery.

The results do not apply to all men who have prostatectomies.

The study added fuel to a long-running debate about how best to treat these high-risk patients. Some doctors — often radiation experts — argue for early radiation therapy, while others — often urologists — contend that it makes more sense to wait until there are signs that the disease has returned, said Richard Valicenti, an assistant professor of radiation oncology at Jefferson and lead author on the study.

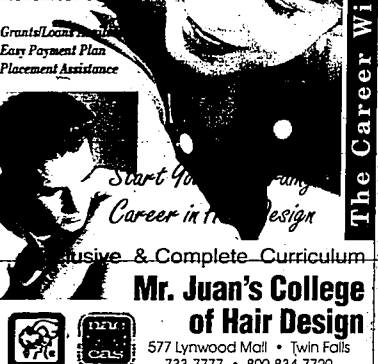
This study did not answer the most important question — whether giving radiation earlier affects mortality. But, Valicenti said, "the data would suggest that there's an advantage to doing it sooner."

Each year, 300,000 men in the United States are diagnosed with prostate cancer and more than 40,000 die of the disease.

Questions about how to treat high-risk prostate cancer patients who have had surgery come up every day, said Velig Tochner, a radiation oncologist at the Hospital of the University of Pennsylvania.

"The number of patients is very, very large. This is not a small problem," he said. "We need answers."

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Cintment causes buzz among arthritis patients

Knight Ridder News Service

HURST, Texas — It looks like axle grease and smells like molasses and curry powder mixed with motor oil.

It's messy to use and has been nicknamed "the goo from Down Under" or simply, "the gooop."

And it costs \$98 for an 8-ounce jar. But Arthritis Relief Plus contains many herbal ingredients traditionally used to relieve pain and swelling, plus some credited with rebuilding bones and joints. They are mixed in a coconut oil base that some arthritis sufferers say carries the herbs deep into damaged joints.

The Arthritis Foundation classifies the ointment as an "unproven remedy" and says that topical pain relievers should be used as part of a comprehensive program, but North Texas arthritis sufferers who have used the ointment say they have found some relief.

Marge Beebe, 75, of Colleyville, who has arthritis in her right hand, says she was 28. She was given cortisone injections, wore copper bracelets and strapped on magnets seeking pain relief. In January 1984, she had her right hip replaced with a steel ball and plastic socket.

She says she took anti-inflammatory drugs and painkillers until her doctor made her stop because she was developing stomach ulcers.

"It was just putting up with it," she says. "Some days were worse than others. I had to have help stepping off or on a curb. My son put an extra step at the back door to make it easier to get in and out of the house."

"I walked in here last January with a cane," she says at the Arthritis Relief Center in Hurst, which a neighbor recommended. "I told my neighbor that it won't work, but you hurt so bad, you're willing to try anything."

Beebe says she told her doctor in July that he would laugh when he heard how she finally relieved the pain in her right hand and knee.

"He said, 'I don't laugh at anything that works,'" said Beebe, who says to try arthritis relief after 30 days of using Arthritis Relief Plus — and hasn't come back.

Then there's Allen Martin, 77,

of Hurst, who had his left knee replaced and was considering a knee replacement on the right side when his wife, Billie, dragged him over to the Arthritis Relief Center in August 1998.

Surgery relieved pain in the left leg, but it is still a little stiff, despite six weeks of physical therapy. For a month after the surgery, her husband declared it "the biggest mistake of his life."

Billie Martin says. He tried Arthritis Relief Plus, but after three or four weeks he declared it "a good idea that's just not working."

Billie Martin persevered, rubbing in the cream all around his knee and lightly wrapping it with an elastic bandage each night. "On the 30th day, he said, 'I had to say this, but the pain's gone. My leg's not hurting any more,'" Billie Martin says. Allen Martin is back at work doing carpentry and maintenance around the town houses where they live.

Arthritis Relief Plus was developed in Australia 20 years ago to

help rehabilitate injured race horses and dogs. It was reformulated several years ago as a less-grainy ointment for humans, says Marj Matthews, an Australian native who introduced the alternative pain relief cream in this country about 18 months ago when she opened the Arthritis Relief Center in Hurst.

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- Childbirth Refresher Course * Tuesday, October 5, 7 - 10 p.m., Education Center. Pre-registration required. Call 737-2900.
- Arthritis/Lupus Support Group * Tuesday, October 5, 7 p.m., Doctor's Meeting Room. For more information call 737-2050.
- Co-Dependency Group * Wednesday, October 6, 6 - 7:30 p.m., Canyon View West Group Room. Fee: \$10. For more information call 734-6760.
- Magic Valley SAFE KIDS Coalition Child Safety Seat Advocacy Class * Thursday, October 7, 7 - 10 p.m., Education Center. Pre-registration is required. Call 737-2433 or 737-2431.
- National Depression Screening Day * Thursday, October 7, 8 a.m. - 6 p.m., Canyon View Psychiatric and Addiction Services of MYRMC. For more information call 734-6760.
- MYRMC Annual Hospital Campaign: 2000 Tomorrows * Friday, October 8 - Thursday, October 14. Participants in the Annual Campaign raise donations for both the MYRMC Foundation and the United Way of Magic Valley. Bingo and others games will be held in the hospital cafeteria during weekday lunch hours. The public is welcome to participate!
- Monthly MYRMC Board Meeting * Monday, October 11, 6 p.m., Sage Room of the Education Center.
- Cesarean Childbirth Class * Tuesday, October 12, 7-9:30 p.m., Education Center. Pre-registration is not required.
- Co-Dependency Group * Wednesday, October 13, 6 - 7:30 p.m., Canyon View West Group Room. Fee: \$10. For more information call 734-6760.
- Infant CPR Class * Wednesday, October 13, 7-9:30 p.m., Education Center. Pre-registration is not required.

For additional MYRMC educational offerings call 737-2902. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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Doctors treat ADD with controversial technique

Knight Ridder News Service

PLYMOUTH MEETING, Pa. — Eight-year-old Patrick Stevenson was working hard to track up points on his Superman computer game.

He used no joystick, no mouse. Only his brain controlled the computer. Patrick was in the midst of a biofeedback session to train his brain to produce more fast brain waves and fewer slow ones. He had been diagnosed with Attention Deficit/Hyperactivity Disorder, or ADHD, a common neurological disorder that makes it hard for children to sit still, concentrate and learn.

A tiny electrode attached to his head was monitoring his brain's electrical activity and converting that information into computer graphics. When Patrick's mind was alert

and his body calm, Superman flew high and steady, a bell rang and points piled up. When Patrick became restless and lost concentration, Superman dipped, the bells stopped, a red light flashed, and he scored no points.

The hope was that by the time Patrick completed 40 sessions, he would be better able to pay attention and stay on task.

"What we see with kids with ADD and ADHD is that their brains are underaroused. The brain is producing too much slow-wave activity," said Domenico Greco, who holds a Ph.D. in clinical psychology. Patrick was getting his biofeedback sessions at NeuroDynamics, a Philadelphia area company where Greco is clinical director.

"Through a system of 'practice' and feedback," Greco said, people with attention problems can

learn to produce more of the fast waves associated with being calm, alert and focused.

While such neurofeedback, or EEG biofeedback, has been around for more than a decade, it is attracting more interest lately as parents look for alternative ways to treat their children with attention problems.

A trend occurring in many fields of medicine. Some parents won't consider giving their children a drug to treat ADHD. Others want their own children from medication such as Ritalin, which is considered standard treatment for ADHD, because it has low effectiveness or is causing side effects.

"We are not curing someone of ADHD," Greco said. "We're teaching them self-regulation."

The observations of him and other practitioners are backed up by some published scientific articles reporting varying degrees of success with neurofeedback. But critics

say the method is unproven and that there have been no carefully controlled, double-blind studies done to say whether it has merit. They worry that parents are turning their backs on proven treatment and throwing away their money, typically \$3,000 or more for a 40-session program.

It is estimated that 3 to 5 percent of school-age children may be afflicted by ADHD, and some studies put the number much higher.

WHO DOES WHAT?

These days, an MD isn't the only one you'll see at the doctor's office

Knight Ridder News Service

WICHITA, Kan. — Walking into the doctor's office can be like opening a can of alphabet soup: There's your MD or Hyperactivity Disorder, or ADHD, a common neurological disorder that makes it hard for children to sit still, concentrate and learn.

But increasingly, patients may see by PA, an RN or an NP. Who are they? And what can — and can't — they do? We talked to one of each, in different office settings, to find out.

The PA

Name: Kris Driskill. Her business card says: RPA-C. What that means: She's a registered physician's assistant — certified in Kansas, physician's assistants are registered rather than licensed (different states use different terminology). "Certified" means she passed the national certifying exam that all PAs take. Being a physician's assistant means Driskill has a bachelor's degree and has completed a six-semester program that's comparable to the second and third years of medical school. Most PAs earn their bachelor's degrees before entering the program, though that's not required.

Physician's assistants can specialize, just as doctors do, in areas such as emergency medicine, rural health, cardiac care or orthopedics. What she does: A little bit of everything, from looking at sore throats to performing well-baby checks to suturing cuts to putting on casts. Driskill works in a family practice office, where patients of all ages are seen.

PAs work for and practice under the direct supervision of a doctor. The doctor doesn't have to be in the same office but must be available when needed. "There's nothing I can't do in our office setting," Driskill says. PAs are allowed to do anything their supervising doctor can do, they and their physician determine what their scope of practice will be. Some PAs work quite independently; others work more directly with their physicians.

As of April 1, Driskill will be able to prescribe medications. Now, she can "transmit" prescriptions, which means she can write a prescription with some restrictions, but it's filled under the physician's name rather than hers. As a doctor would, she has to

take calls after hours and on weekends. She doesn't have her own patients; they're "ours" rather than "yours" and "mine," she says. "I don't have my own patients."

The best part of her job: "I get to help my patients in a way that allows me a life outside my practice." She works part-time, to give her more time with her children. And she doesn't have a physician's worries about paying back education loans for medical school.

The worst part of her job: "The bureaucracy of medicine. The endless paper trail." In addition, "It seems like you have to practice medicine defensively" these days because of the threat of lawsuits and changing insurance rules.

The RN

Name: Sandy Nixon. Her business card says: RN, CCE. What that means: She's a registered nurse and certified childbirth educator. Being a registered nurse means Nixon has an associate or bachelor's degree and has taken the licensing exam for registered nurses.

What she does: Much of her time is devoted to triage duties — fielding phone calls to decide whether patients need to see the doctor. In areas such as pediatrics, acute or neonatal care, oncology and so forth.

What she does: Harris can see patients independently — she could have set up her own clinic if she wanted. Some NPs are doing this, particularly in rural areas. She works with a physician's protocol, meaning that she and the doctor would agree beforehand what testing would be done in the case of a suspected ear infection, for example, what symptoms are looked for and what "prescriptive pathways" or treatment would be recommended. The physician would be available for referral.

She spends lots of time in patient education, helping patients learn to follow up on a chronic illness like asthma.

Some say that's the biggest difference between an NP and a PA: PAs practice medicine; NPs practice health care. At Often, Harris says, NPs take a more laid-back pace with patients and are able to spend more time with them than doctors are, even though "nobody can take as much time as they want."

As with PAs, NPs will be able to prescribe medications as of April 1. Until then, they can "transmit" prescriptions, which are filled under the physician's name rather than theirs.

At her office, some patients would see her rather than the doctor; others want to see the doctor only.

physical, spiritual, emotional and educational support I can offer." In addition to educating patients in the office, Nixon teaches Lamaze childbirth classes. "I'm interested in bringing a new life into the world or caring for women of all ages. This is the part I enjoy the most."

The worst part of her job: "The workload of paperwork required today. ... We are almost out of contact some days with patients because of the volumes of paperwork."

The NP

Name: Jennie Harris. Her business card says: ARNP, MSN, PNP. What that means: She's an advanced registered nurse practitioner (usually shortened to NP) with a master's degree in nursing and a specialty in pediatrics.

What she does: Harris can see patients independently — she could have set up her own clinic if she wanted. Some NPs are doing this, particularly in rural areas. She works with a physician's protocol, meaning that she and the doctor would agree beforehand what testing would be done in the case of a suspected ear infection, for example, what symptoms are looked for and what "prescriptive pathways" or treatment would be recommended. The physician would be available for referral.

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IRRITABLE BOWEL SYNDROME (IBS) IBS is classified as a disorder rather than a disease. This disorder has also been called many other names: colitis, mucous colitis, spastic colon, spastic bowel, and functional bowel disease. Most of these terms are inaccurate. Colitis, for instance, means inflammation of the large colon. IBS, however, does not cause inflammation and should not be confused with ulcerative colitis.

The cause of IBS is not known, and as yet there is no cure. IBS causes a great deal of discomfort and distress, but does not cause permanent harm to the intestines, nor does it lead to cancer.

SYMPTOMS Symptoms may include abdominal pain, alteration in the frequency and consistency of bowel movements, though all of us may suffer these symptoms from time to time, if you suffer from them frequently, consult with your physician.

People with IBS will sometimes pass mucus with their bowel movements. Bloating, fever, weight loss and persistent diarrhea are not symptoms of IBS and may indicate other problems.

AGGRAVATING FACTORS While our knowledge is limited about the function/malfunction of the large colon, the following factors are well known and associated with IBS: • Certain foods such as coffee, alcohol, spices, raw fruits, vegetables, and even milk, can cause the colon to contract. • Stress also stimulates colon spasms in people with IBS. • Infection, illness and even weather changes can be associated with a flare-up.

TREATMENT The goal is to control symptoms, speed healing, and minimize recurrence and complications. The optimal treatment of patients with IBS is based on a symptom severity and degree of disability. An effective physician-patient relationship is essential in the management of Irritable Bowel Syndrome.

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It is estimated that 3 to 5 percent of school-age children may be afflicted by ADHD, and some studies put the number much higher. Children with the condition often can't concentrate in school, get bad grades and have difficulty getting along with peers because of their impulsivity. A recent study found that teens with the disorder who are not treated with drugs are at risk for substance abuse.

"My own assessment of 125 neurofeedback sessions is that it is as best as anything available for treatment, that the amount of research is very, very limited," said Russell Barkley, director of psychology and professor of psychiatry and neurology at the University of Massachusetts Medical Center, who is a leading expert on ADHD. "I don't count fewer than five studies that could be classified as

studies and they have mixed, if not disappointing, results," he said. "My own feeling is that the hoopla around it, the promotions about it far outstrip any good scientific evidence."

Barkley and other critics don't dispute that those with ADHD have differences in their brain-wave patterns.

Practitioners use EEGs (electroencephalography) to monitor the electrical activity of the brain and map brain-wave patterns. People with ADD tend to produce an abundance of slow brain waves and show less fast-wave activity. Slow waves are associated with being day-dreamy, tuned out and distracted. Faster waves are indicative of being calm, alert, focused and thinking intensely.

"Can you train people to alter their brain waves? Could you do that? Yes," Barkley said.

Physicians recommend report card for insurers

SPOKANE (AP) — Washington physicians want to enlist the public's help to stop what they see as insurance-company meddling in medical decisions.

Under a plan unveiled Thursday at the annual Washington State Medical Association meeting, the public would see annual "report cards" detailing how well health-insurance companies

take care of their patients, and an independent board would be established for people to appeal insurers' decisions. The medical association calls the plan CURE: Citizens United for Reform.

"We have a system that isn't working to meet the needs of the patients," said Spokane generalist John G. Galloher, president-elect of the medical association.

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FAMILY LIFE

TO DO FOR YOU

The Times-News

TWIN FALLS—A cardiopulmonary resuscitation class will be offered from 4 to 7 p.m. today in the doctors' meeting room at Magie Valley Regional Medical Center.

Fee is \$11. To register, call 737-2007.

TWIN FALLS—A childbirth refresher course will be offered from 7 to 10 p.m. Tuesday in the Education Center at MVRMC.

Pre-registration is required, call 737-2900.

TWIN FALLS—The Arthritis-Lupus Support Group will meet at 7 p.m. Tuesday in the doctors' meeting room at MVRMC.

For more information, call 737-2050.

TWIN FALLS—Co-Dependency Group will meet from 6 to 7:30 p.m. Wednesday at the Canyon View West Group Room.

Fee is \$10. For more information, call 734-6760.

JEROME—Childbirth and parenting classes will be offered from 7 to 9:30 p.m. Thursdays, beginning this Thursday through Nov. 4, in the conference room at St. Benedict's Family Medical Center. The second class in the series will qualify as a refresher course for mothers who previously have taken the classes.

Cost is \$30 for the five classes (\$5 per class). Bring payment to the first class. To register, call St. Benedict's at 324-4301.

TWIN FALLS—Magie Valley State Child Welfare Child Safety Seat Advocacy class will be offered from 7 to 10 p.m. Thursday in the Education Center at MVRMC.

Pre-registration is required, call 737-2433 or 737-2431.

TWIN FALLS—National Depression Screening Day is

scheduled from 8 a.m. to 6 p.m. Thursday at the Canyon View Psychiatric and Addiction Services of MYRMC.

For more information, call 734-6760.

TWIN FALLS—A pediatric and adult CPR course, including bleeding and shock, will be offered by Magie Valley Lifeline from 8:30 a.m. to 1 p.m. Saturday at the YMCA.

Classes are generally held the second Saturday of each month and meet the state requirements for ICCP and daycare licensing.

To register, call 734-4384 or stop by the YMCA. For more information, call 733-3767.

TWIN FALLS—Cesarean childbirth class will be offered from 7 to 9:30 p.m. Oct. 12 in the Education Center at MVRMC.

Pre-registration is not required.

TWIN FALLS—The Bridge View Estates Alzheimer's

Support Group will meet at 7 p.m. Oct. 12 in the 2nd Floor Room at the assisted living facility, 1333 Bridgeview Drive.

For more information, call June Rice at 736-3823.

TWIN FALLS—The Disbennetts Group will meet from 4 to 7:30 p.m. Oct. 13 at the Larven View West Group Room.

For more information, call 734-6760.

TWIN FALLS—An adult CPR class will be offered from 7 to 9 p.m. Oct. 13 at the Education Center at MVRMC.

Pre-registration is not required.

To do or see a variety of items of health-related activities, events and education, information, seminars and seminars, visit the Education Center at MVRMC. Preparation is not required.

For more information, call 734-6760.

ANNIVERSARY

THE DISBENNETTS

BELLEUE—Mr. and Mrs. Tinker Disbennett of Bellevue will be honored at an open house Sunday for their 50th wedding anniversary.

Friends and relatives are invited to the party from 1 to 5 p.m. at their home at 10594 Highway 75, located one and one-half miles south of Bellevue.

Disbennett and Orace Myers were married Oct. 25, 1949, in Hainey, and have spent all of their 50 years of marriage in Bellevue.

He served in the Army Engineers and was stationed in France from 1952 to 1954.

Together they ran Tinker's Service for 18 years and, after selling that business, they ran Tinker's Grocery for the next nine years. They sold the grocery store in 1987. He continues as district manager of the store.

She worked as a nurse at Blaine Manor in Hainey until 1996. She is now retired and enjoys gardening, sewing and painting.

The event is being given by their children, Mark (Terry) Disbennett, at Boise, April (Randy) Jacobs of Idaho Falls and Carma (Ryan) Ellis of Idaho Falls.

The couple has six grandchildren.

Stuttering can lead to a life of isolation

our calling attention to how they speak. Sheer's advice on basic training, a method of actively guiding children in slowing and smoothing speech.

Katie Danner, a St. Paul, Minn.-based speech and language pathologist, places herself solidly in that latter camp. Andy Wolf is one of several children who, once a week to sit on the floor in her cozy office amid stacks of books, games and toys.

"Katie Danner, she was giving us a resort up north and rent a k-k-k kayak," Andy says to Danner.

The 8-year-old is stuttering intentionally to show how he "slides out" of repetitive sounds into "smooth-and-easy" speech. Andy rarely stutters now. But a year ago, the St. Paul boy's stuttering was so severe that a doctor recommended treatment.

His mother, Ann, says she first noticed his stuttering two years ago. "We were told it was something that would go away," Ann Wolf recalls.

It didn't. In a test last fall, Andy showed four times more speech errors than the norm for a child his age. They included repeating and prolonging sounds, along with tense pauses and frequent blinking, one of many nervous movements that often accompany stuttering.

Inter-Act Amusement Inc. offers a variety of games and activities. For more information, call 737-2007.

FOR LOTS OF THE GAME (see page 12) **Double Jeopardy** (see page 12) **The Sixth Sense** (see page 12) **Who Wants to Be a Millionaire?** (see page 12) **Jacob the Liar** (see page 12)

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Fat is no fun for kids, and pain lingers

More children have problems with self image, experts say

Nowadays

Adrienne Huggins was 12 years old when she began feeling embarrassed about her weight. She was always what her family called "solid," but at 5-foot-2, she weighed 160 pounds. The kids used to shout "Free Will!" when she passed.

"You can't block it out," said the Fremont, N.Y., youngster now a slimmed-down 16-year-old, recalling the taunts she endured. "It really hurts."

Sam Goldstein, a 14-year-old boy in Culver City, Calif., hit 210 pounds just before his bar mitzvah. "Getting him a suit was hell," said his mother, Bobbie. "Total hell, and I guess he sensed our frustration."

Today, one of four children in the United States is overweight, according to the Centers for Disease Control.

In 1963, 15.2 percent of American children and adolescents were overweight, meaning they were above the 85th percentile of their age group according to the growth charts from the National Center for Health Statistics. By 1994, the latest figures available from the National Health and Nutrition Survey, 25 percent of children and adolescents were classified as overweight. (The National Center for Health Statistics does not use the term "obese" for children because it implies an excess of fat, and the amount of acceptable fat for children varies greatly with age.) Other surveys confirm the trend. The Bogalusa Heart Study, an ongoing study of cardiovascular risk factors started early in life, found that 31 percent of 37 percent of 5- to 14-year-olds from 1992 to 1994 were overweight.

"By any measure," said Katherine Flegal, a researcher at the

National Center for Health Statistics, "children are getting heavier."

At children face a mine field of problems — from physical conditions and emotional scars that can last far beyond the chubby years. Adults who haven't been overweight for years say they still feel the hurts of childhood pudginess. "When you're fat, the kids are like a pig and a dog," said Maggie Jersich, a 40-year-old, N.Y., resident who weighed as much as 200 pounds when she was 13 years old. It was constantly chubby year-olds who haven't been overweight for years say they still feel the hurts of childhood pudginess. "When you're fat, the kids are like a pig and a dog," said Maggie Jersich, a 40-year-old, N.Y., resident who weighed as much as 200 pounds when she was 13 years old. It was constantly chubby year-olds who haven't been overweight for years say they still feel the hurts of childhood pudginess. "When you're fat, the kids are like a pig and a dog," said Maggie Jersich, a 40-year-old, N.Y., resident who weighed as much as 200 pounds when she was 13 years old. It was constantly chubby year-olds who haven't been overweight for years say they still feel the hurts of childhood pudginess.

Unfortunately, loss of self-esteem is not the only danger. Fat children face an 80 percent chance of being obese adults with life-threatening health risks.

"This has nothing to do with cosmetics," said Keith Thomas Ayoub, a spokesman for the American Diabetic Association. "If see these kids being set up for a lifetime of diabetes, hypertension and heart disease that they don't have."

Experts put the blame on inactivity and bad eating habits. Kids today are coming home to the television set or computer, they're going out to fast-food restaurants for meals that have been super-sized.

Even when kids do eat dinner at home, it's usually an assortment of prepared foods that were purchased on the way home, eaten in shifts. Worse yet, kids who routinely eat such meals develop a kind of "fast-food palate," because they are more intensely flavored than other foods. "It desensitizes your palate so you're less likely to get a thrill from a food like a piece of fruit," said Ayoub.

Another problem is the prevalence of sodas and sports drinks.

The Baltimore Sun

When children's writer Mary Koski proudly read her first book to a neighbor's daughter, she wasn't prepared for her reaction. "Why?" asked the little girl, pointing to the book's heroine, "are her feet so huge?"

Koski was surprised that a youngster would focus on such a trivial matter. The book after all was about how to dial 911 in an emergency. But when the same question was repeated by children during a subsequent book tour, the reason dawned on her.

"We live in a culture where kids at a young age are focused on their bodies, particularly differences in our bodies," says Koski, 48, the former head of a Duluth, Minn., community college. "They are already wrestling with body-image issues."

In the media-saturated life of children in the '90s, a message has repeatedly been drummed into their heads, particularly differences in our bodies. "They are already wrestling with body-image issues."

Not only can that lead to self-consciousness, but it can also lead to self-hatred, says Koski. "Children who become withdrawn or shy, but more serious problems may develop as well, experts say. Appearance can become an obsession, children who believe themselves ugly can become

"I've seen kids taking in 1,000 calories or more a day from juice and High C," said Nancy Cooper, a registered dietitian in the nutrition and adoles-

cent medicine department at Children's Hospital in New Haven, Conn. "I see a lot of empty calories. What can cause a winter."

Today's children are more exposed to alternate role models and personalities via the television. "Children can have problems with self-image even before they have the language to identify that," Hudson says.

Sometimes, it's not the peer group, but parents who are to blame. Dr. John Walkman, a child psychiatrist at Johns Hopkins Children's Center in Baltimore, says some parents blame too much emphasis on appearance.

"Not to put the blame on families, but some adults overemphasize appearance," Walkman says.

Parents can help their children by being more aware of their own behavior. "Children can have problems with self-image even before they have the language to identify that," Hudson says.

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Bedwetting distresses kids and parents

Knight Ridder News Service

KANSAS CITY, Mo.—There's nothing wrong with school-age kids who wet their beds. Lori knows that. She's a nurse in the Children's Mercy Hospital clinic that treats bedwetters. Lori wet her bed until she was 12, and her 5-year-old daughter does the same now.

Lori knows that bedwetting wasn't her fault and that it isn't her daughter's fault. She knows bedwetting is thought to be hereditary and that it's a behavioral or emotional problem.

But Lori doesn't want her last name mentioned. "It's embarrassing," she said. "I'd rather the whole world not know her 'dirty little secret,' even though lots of people are former or current bedwetters."

It's commonly estimated that 5 million to 7 million children and adolescents (girls 5 and older and boys 6 and older) wet their beds, including 15 percent of 5-year-olds.

In the vast majority of those

To learn more

For more information about bedwetting, call the National Kidney Foundation's toll-free hot line, 1-888-WAKEDRY.

Cases, bedwetting is a symptom of an immature "brain-bladder connection," according to Bradley Warady, a pediatrician who specializes in kidney-related ailments at Children's Mercy. "In many cases it's just a matter of time until it clears up."

Several factors can contribute to bedwetting, Warady says. Wetters might have relatively small bladders or might produce unusually large amounts of urine. It's also likely that bedwetters don't sense when their bladders are full.

Most of the children who don't feel that falling when they're sleeping do sense it when they're awake, however, Warady noted. Although bedwetting isn't generally thought to result from emotional troubles, it can cause emo-

tional troubles in young bedwetters and their parents.

"There can be some problems with their self-esteem," Warady said. "They won't go to overnight camps, and they won't sleep at friends' houses for fear of wetting the bed. Often if they go to a friend's house, they won't sleep all night for fear of wetting the bed. That's difficult for an 8- or 9-year-old who wants to be like his friends."

Lori remembers that. "I thought I was abnormal. I had no idea other kids wet the bed," she said.

"I thought I was abnormal. I had no idea other kids wet the bed," she said.

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Cactus Post

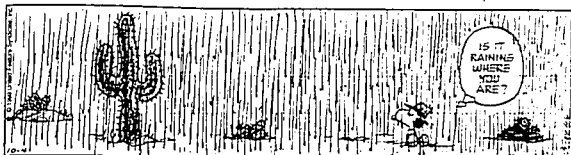
2100 N. PULZERA

(208) 735-0864

COMICS

Peanuts

By Charles M. Schulz



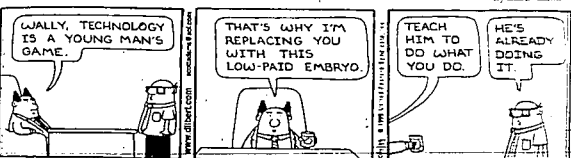
For Better or For Worse

By Lynn Johnston



Dilbert

By Scott Adams



Blondie

By Dean Young & Stan Drake



B.C.

By Jimmy Hart



Shelby

By Brian Crane



Garfield

By Jim Davis

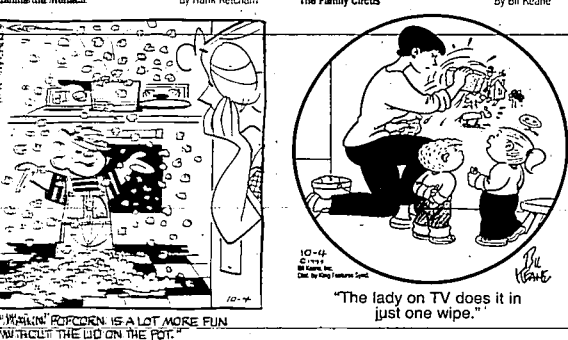


Garms the Worcester

By Hank Ketchum

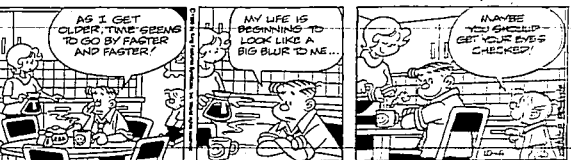
The Family Circus

By Bill Keane



Hi and Lois

By Charze Browne



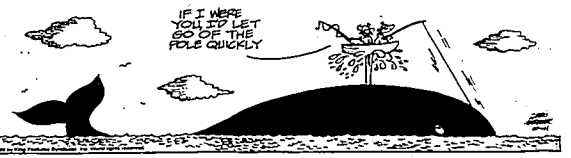
The Wizard of Id

By Brant Parker & John Hart



Hagar the Horrible

By Chris Browne



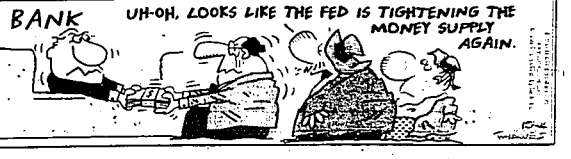
Beetle Bailey

By Mort Walker



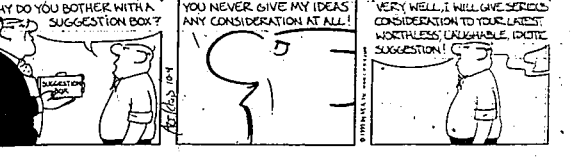
Frank and Ernest

By Bob Thaves



The Bom Loser

By Art Sanson & Dan



Rose Is Rose

By Pat Brady



Zix

By Jim Borgman and Jerry Scott



Quinn

By Greg Evans

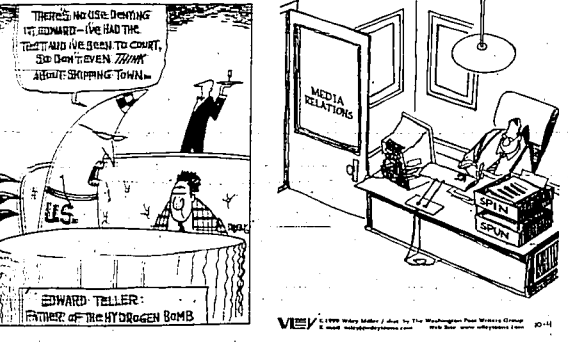


Strange Brew

By John Deering

Non Sequitur

By Wiley



HEALTH & FASHION

Lupus still has no cure — and it's growing as population ages

The Orlando Sentinel

ORLANDO, Fla. — Every morning she flings the sheets to the foot of her bed and sweeps her slender legs to the carpet. Every morning she pads over to her bedroom window to sample the sunshine. This Wednesday morning, a knowing smile curls around her lips.

This morning, even before Charlene Barcelin greets the shades and wrinkles open the morning sun, she knows, feels it deep in her bones.

Today is a good day. But some mornings, just escaping the comforter seems something of a miracle.

Sometimes the pain of lupus grips her legs. Her flight from bed becomes a game of inches. Sometimes, when the pain comes, 10 minutes pass before she can hobble to her feet.

Lupus is that way. Like the cagey wolf that gives the disease its name, the disease is a mystery, elusive to the corner. But as a killer, lupus has lost none of its bite.

Mention lupus and you get shrugs. Few know what it is or that more than 15,000 Americans develop lupus each year. Recently, veteran baseball star Tim Lincecum, 39, joined their ranks.

Others, who had heard of the Oakland A's disabled list since July 19 with swelling in his kidneys, has systemic lupus erythematosus, or SLE, the most common and severe form of the disease. The other type, discoid

lupus erythematosus, affects primarily the skin and can cause a red, scaly rash.

Lupus is a chronic inflammatory disease that troubles various parts of the body, especially the skin, joints, blood and kidneys. It tricks the body into committing sabotage on its own cells and tissues. Something directs antibodies — the body's defenses against viruses and diseases — against the body itself.

This brings inflammation, scarring and excruciating pain.

Doctors suspect some people are prone to lupus because of genetics, or that infections, antibiotics, stress, certain drugs or hormones may play a role.

Yet no one really knows what causes lupus or how to cure it.

Daily doses of powerful drugs reduce inflammation, suppress the immune system — make life tolerable — yet are so toxic to the body that in time, side effects rival the ailments the drugs are prescribed to ease.

Some 500,000 to 2 million Americans are living with lupus. It strikes women 10 to 15 times more than men, though men like Charlie Pitts of Orlando, Fla., live with the disease.

He developed lupus in 1952 and has had long, bitter battles, and with his weakened immune system, picked up every disease "in the county and state," says Pitts, 70.

For most, lupus is a mild bother. For others, like Pitts, it can

The Gazette

COLORADO SPRINGS, Colo. — Four years ago, Helene Manson was nearly 45 and working as a receptionist when she noticed stiffness in her hands and pain when she held the phone or used a pen.

Doctors thought she had rheumatoid arthritis, a common problem in her family, and she was put on anti-inflammatory drugs.

But the pain and stiffness didn't go away. Her skin began to develop a hardened, dark appearance, like old leather.

Nearly a year after the arthritis diagnosis, she was told she had scleroderma, a disease of the autoimmune system that causes thickening and hardening of the skin and sometimes internal organs. There is no known cause or cure.

It affects an estimated 150,000 people in the United States, according to the Scleroderma Foundation, a national research and support group. The average diagnosis typically is made within five years after the onset of symptoms, usually after the patient has seen several doctors.

Scleroderma can affect people of all ages, but it predominantly is found in women like herself, ages 35-50, Manson says.

cause serious problems, curse you with a weakness that never leaves, throw family life out of kilter, even threaten your life. Forty years ago, if you were diagnosed with systemic lupus

Manson wants to make sure people know what the disease is all about.

"I want to help people see that while there isn't a cure yet, you can cope with it and lead a full life," she says.

By April 1996, a few months after her correct diagnosis, Manson was taking 48 pills a day in experimental drug treatments. Her 4-foot 11-inch frame had dropped to 83 pounds. She developed cataracts and her kidneys began to fail, all side effects of the heavy doses of medications.

Manson decided to try alternative treatments involving less medication and a diet high in vegetables and fruit, and low in sugar, salt and meat, recommended by a holistic healer.

Regular physical therapy keeps her hands and joints flexible by constantly breaking up and manipulating her hardening skin, Manson says.

Before therapy, her skin had tightened to the point that she couldn't close her hand around a toothbrush or touch her fingertips together. Although she still can't close her hands completely, they are more flexible.

"Until recently, I was unable to lift my grandchildren. The most glorious part of life is to be able to play with my grandchildren," she says.

The odds were even you'd survive beyond five years. Improved diagnosis and treatment have raised the chances of living a normal life span to 80 percent to 90 percent.

People frequently ask if she was burned because the darkened, mottled appearance and tightness of her skin resembles burn scars.

"It feels like wearing a stiff leather suit all the time," she says.

While her new treatment program is not a cure, she is back on

her feet and more functional. But her long-term prognosis is uncertain. She has systemic scleroderma, which eventually will cause the tissue in her internal organs to harden and possibly fail.


"This has made me more compassionate and understanding of others with disabilities," Manson says.

Some 500,000 to 2 million Americans are living with lupus.

Estate Shape

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YOU'VE ALREADY WON!
PART II: SWEETSTAKES EPIDEMIC-SOME SOLUTIONS



Dennis S. Voorhees

Last week this column reviewed the factors giving rise to sweepstakes solicitor fraud and exploitation of senior citizens. On the brighter side, many frauds are readily at hand to stop this abuse.

Society. The senior living alone is less likely to fall prey to solicitor exploitation where family and friends are making frequent contact. Where these resources are in short supply the CSI Office an Aging can fill the void with its Senior Companion and Telephone Reassurance Programs. Call 736-2122 for more information.

Awareness and Protection. The Consumer Protection Unit of the Idaho Attorney General's Office (1-800-432-3545) has excellent brochures explaining techniques and pointers for avoiding these exploitive schemes. The CSI Office on Aging can also help.

Closing the Spigot. The glut of mail luring this epidemic can be shut down with strategies, materials, and ideas available at minimal cost from the Stop Junk Mail Association. Call 1-800-827-5549. Telephone calls can be stopped by writing the Telephone Preference Service, P.O. Box 9014, Farmingdale, NY 11735-9014.

Complications
Voorhees Law Office
Pierce Street and Addison Ave. • 208 736-6000
Send your questions to P.O. Box 2, Twin Falls, ID 83303

As millennium ends, blood supply runs short

Los Angeles Times

Imagine that your daughter is about to have her tonsils removed. Everything's arranged, right down to your family leave and her school makeup tests, but then the hospital calls and says that the surgery is being postponed because there isn't enough blood if an emergency transfusion is needed.

Regional and national blood shortages that curtail elective surgery could become more frequent as soon as 2000, according to projections from the National Blood Data Resource Center. The center found that 8 percent of hospitals nationwide reported some spot shortages that resulted in canceled or postponed elective surgery over the course of a simple year.

If past trends continue, the center estimates 11.7 million units will be donated next year when hospitals will need 11.9 million.

The shortfall that the data resource center released in February got the federal government moving and shifted some attention away from safeguarding the blood supply from disease to finding ways to boost reserves.

"We've gotten an early warning sign and we're acting on it," said Dr. Stephen D. Nightingale, executive secretary of the Department of Health and Human Services Advisory Committee on Blood Safety and Availability. The committee includes representatives from consumer groups, physicians, nonprofit blood centers, the plasma industry and patients who suffer from such blood diseases as sickle cell anemia and hemophilia. "Even if one person has surgery postponed by a day, that's of concern to us."

His boss, Surgeon General David Satcher, also co-sponsored a special panel of the U.S.

If past trends continue, the (National Blood Data Resource) center estimates 11.7 million units will be donated next year when hospitals will need 11.9 million.

Public Health Service, an agency he also leads to explore ways to expand supplies.

The two panels recognized a need for current data. As a result, the National Heart, Lung and Blood Institute, part of the National Institutes of Health, has committed \$300,000 to begin monthly monitoring of the national blood supply.

Concerns were further heightened Aug. 17 when the Food and Drug Administration told the industry to stop collecting blood from anyone who spent a cumulative six months or more in Great Britain between 1980 and 1996, the time of the "mad cow disease" epidemic. Although there's no evidence anyone in the United States is at risk for a human form of the brain illness, no one wants to take chances with blood transfusions.


Banning donations by such visitors or short-term residents of Britain will cut 2.2 percent, or about 264,000 of the 12 million units drawn annually from 8 million Americans, the American Red Cross calculates.

Already, federal agencies are moving to fill that gap. They're

allowing donations from people with a genetic disease called hemochromatosis, which involves an excess of red blood cells. That could add up to 300,000 units annually. People with the disorder regularly have blood drawn to reduce the excess red blood cells, a procedure they pay for. The blood drawn from them is perfectly good, but it's discarded. The worry among blood center officials is that those people would have a financial incentive to donate their blood and save the medical fees. Blood centers can now obtain federal waivers to salvage that blood.

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Felix Garcia

I joined Falls Avenue Fitness Unlimited about 2 years ago. It has everything I need to stay in good, knowledgeable shape, the staff is always friendly, and willing to answer any questions you might have. The noon aerobics class and the Martial Arts class in the evening fits into my schedule and are very fun and are a good workout. I've made lots of friends since I have joined and it's a great place to workout.

— Felix Garcia

"We take the WORK out of workout"

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MF...5AM to 10PM
Su...12PM to 6PM

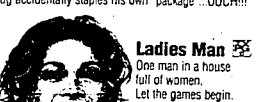
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