

GOOD MORNING

WEATHER



Today: Mostly sunny and mild. High, 50. Low, 30. Page A2

MAGIC VALLEY



All that jazz: At 72, jazz guitarist Gene Loranger is still going strong. Page B4

Listen up: Twin Falls County Commissioner candidates will discuss the issues on Wednesday. Page B4

SPORTS



All-Star Sunday: The stars were shining on Sunday, as both the NFL and NHL staged their all-star games. Page B1

Spud wars: First place was on the line as Idaho and Boise State battled in a Big West Conference showdown. Page B1

HEALTH & FASHION



Bad air: Winter in the Magic Valley can be breathtaking. Page A5

OPINION

Pro-choice: School vouchers would help students, parents and the state's best teachers, a guest editorial says. Page A10

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Council to consider zone change request

By John T. Huddy
Times-News writer

TWIN FALLS — Craig H. Neilsen and Co.'s proposed retail and commercial outlet along the Snake River Canyon will move forward if the City Council approves the Las Vegas developer's zone change request tonight.

But a zone change request for the proposed 175-room hotel and convention center portion of the project is a long way from being approved, the developer's representatives said.

"We've planned on moving forward with the retail part of the project anyway," said Ken

What's next with Craig H. Neilsen's Canyon Park project plans?

The Twin Falls City Council will hold a public hearing at 6 p.m. tonight at City Hall on Neilsen's rezoning request for a parcel of Canyon Park North.

Canyon Park North, 23 acres west of the Perrine Bridge, was split up by the council into two parcels at the request of Neilsen consultant Gerald Martens.

Parcel No. 1 includes a restaurant

and a smaller hotel. The City Council will discuss this parcel at today's meeting.

Parcel No. 2 includes a 175-room hotel and 15,000-square-foot convention center. The council sent the zone change request on this parcel back to the city Planning and Zoning Commission for a second hearing, and review by a citizens' design review committee.

Edmunds, a consultant to Craig H. Neilsen and Co. "These (zone changes) are just technicalities," Craig H. Neilsen and Co. rep-

resentatives will ask the Twin Falls City Council tonight for a zone change for several acres along the Snake River Canyon Rim. Neilsen and Co. plans to set up five or six retail shops on 12 acres to the east of the Perrine Bridge called Canyon Park East. Neilsen and Co. also plans to bring in several restaurants, more retail stores and another, smaller hotel on eight acres to the west called Canyon Park North.

Canyon Park North would also include a hotel and convention center on about five acres,

Please see ZONE, Page A2

Skate park rolls onto agenda

By John T. Huddy
Times-News writer

TWIN FALLS — If local skaters have their way, the City Council will pay for a 10,000-square-foot skateboard park.

The council will discuss the proposed skateboarding park today.

Members of the Magic Valley Skate Boarder's Association Inc. will ask for money for the proposed skatepark at Harmon Park.

Zack Wormhoudt of Wormhoudt Landscape Architecture of California, will present an overview of the newly designed park, said a letter to the council from the local skateboarder's association.

The estimated cost to build the skate park is \$140,000 to \$160,000.

"The rationale for asking for the city to fund the entire project is based on the fact that the city fully funds development of other recreational facilities from its capital improvement budget," the letter said. "In the event that the city feels it cannot fund the entire project, we would ask that you commit to one half the entire amount."

The skateboarder's association Please see SKATE, Page A2

WELCOME BACK



Two bighorn sheep, out of a herd of 10, leap out of a trailer to freedom in Cassia County on Sunday. The sheep were trapped in Oregon and are being transplanted to Idaho. A group of 20 more sheep will be released today.

Bighorn sheep run free on Jim Sage Mountain

By Ruth Streever
Times-News writer

BURLEY — On a rare February Sunday — the sun was warm and the air was still — 10 bighorn sheep scrambled across sage and bunchgrass toward Jim Sage Mountain.

As happy as the sheep freed from their trailer, Herb Meyr with the Idaho chapter of the Foundation for North American Wild Sheep broke into a broad grin just before the release.

"It's real exciting," Meyr said. "It's been a long road for the foundation, as well as for an Almo couple and the agencies involved in reintroducing native California bighorn sheep to Jim

Sage Mountain.

A few years ago Joyce and Rosco Ward decided to get out of the wool business. They wrote to the foundation in December 1997 about their intention to convert their ranch to cattle and about bringing back bighorns.

Throughout the project the Idaho Wool Growers Association had questioned whether the bighorns would come into contact with domestic sheep in the area. Because domestic sheep carry a disease that can be transmitted to wild sheep, wool growers are concerned wild sheep advocates will force the closure of sheep ranches if disease becomes a problem.

Please see BIGHORN, Page A2



Mike Milifield points out the vanishing sheep to Clayton Nielson while Joe Morgan, 4, looks for them through binoculars.

First lady declares candidacy

The Associated Press

PURCHASE, N.Y. — Becoming the first president's wife to run for office, Hillary Rodham Clinton launched her Senate campaign Sunday from the state she has called home for only a month, declaring, "I may be new to your neighborhood, but I'm not new to your concerns."

The race for the seat being vacated by fellow Democrat Daniel Patrick Moynihan is likely to pit Clinton against a Republican

New York Mayor Rudolph Giuliani in what could be one of the most combative political campaigns in memory.

"I am honored today to announce my candidacy for the U.S. Senate from New York," Clinton said as shouts of "Hillary! Hillary!" rang through a university gymnasium not far from her new home in the suburbs north of New York City.

Behind her, President Clinton; her mother, Dorothy; and daughter Chelsea sat beaming as nearly 2,000 supporters cheered.

No other first lady has ever run for public office and in doing so, Clinton steps out of the long and scandal-ridden shadow of her husband. The president is said to be one of her top advisers as she resumes the career she put aside to help him capture the White House.

Mayors press for a precise count this time

Millions of dollars hang in balance for city budgets

The Associated Press

WASHINGTON — Mayors smarting from what they contend was a census undercount in 1990 that cost cities at least \$500 million over the past decade are determined to ensure a more accurate tally this year.

"This census is very important to us. Obviously, there's a lot at stake," said H. Brent Coles, mayor of Boise and vice president of the U.S. Conference of Mayors. A city's share of state and

federal dollars for schools, roads, police and other essential municipal functions depends on its population; more residents, more money.

The Census Bureau estimates it undercounted 1.4 percent of the population in 1990, but does not adjust the actual 1990 figures to account for the shortfall.

The mayors' group surveyed 34 cities of varying sizes from Los Angeles, with a population of about 3.6 million, to Lafayette, Ind., a city of about 40,000. The cities translated the census undercount into lost dollars and estimated a total loss of \$536 million in federal and state funds during the 1990s.

It generally is agreed it is almost impossible to count every person in the country. Under dispute is how to account for the "missing" people.

That has led to a battle between Democrats and Republicans over the use of statistical methods known as sampling to estimate the final count.

Because many undercounted individuals are presumed to be minorities and inner-city residents who vote Democratic, the GOP fears sample-adjusted numbers could be juggled to threaten Republican legislative seats.

In the cities, the undercounted include the homeless, families living in crowded apartments and illegal immigrants afraid of turning over information to the government. Cities also tend to have a higher concentration of renters, who are more mobile than homeowners.

Detroit is making perhaps the greatest push for an exact

count. Mayor Dennis Archer has made it a mission to keep his city's population over 1 million. The latest census estimates have Detroit's population at 970,000, down from 1.03 million in 1990.

Michigan law says Detroit would lose the ability to enforce certain city taxes if its population drops below a million. The mayors' survey estimated that would mean an annual loss of more than \$176 million.

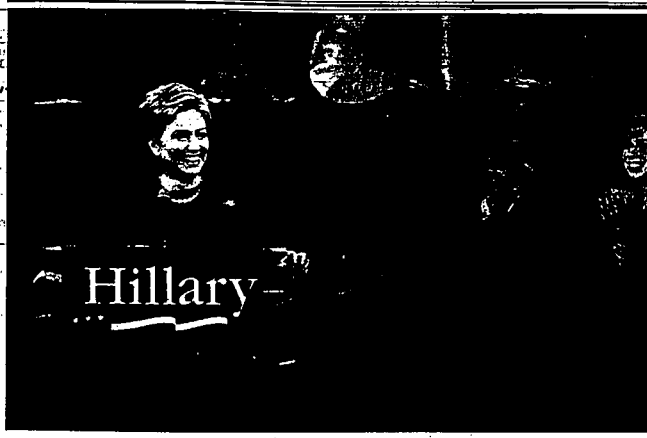
"When you look at the estimates, you tend to perceive only the change, and that's just 4 percent," said Patricia Becker, who is in charge of verifying addresses for the Census Bureau in Detroit. "But the psychological impression of a number is much greater than the message it's carrying."

Census losers

A recent survey of 34 cities estimated a loss of \$536 million in federal and state funding during the previous decade because of an undercount by the U.S. Census Bureau in 1990. Here are the cities with some of the biggest losses, in millions of dollars.

City	Loss (Millions)
Chicago	\$184.4
Los Angeles	\$120
St. Joseph, Mo.	\$40
San Francisco	\$20.5
Spokane, Wash.	\$13.3
Covington, Ky.	\$13
McAllen, Texas	\$10.8

*Figure includes only state funds
Source: U.S. Conference of Mayors



New York Senator Daniel Patrick Moynihan, third from right, President Clinton, and Chelsea Clinton applaud first lady Hillary Rodham Clinton as she formally announces her U.S. Senate candidacy on Sunday in Purchase, N.Y.

President trades roles with wife

PURCHASE, N.Y. (AP) — Not a word. President Clinton grinned, chuckled, clapped and leapt to his feet in admiration as his wife made her formal political debut Sunday, but the president was a silent partner. For perhaps the first time since he became president seven years ago, the famous, talkative president attended a political rally and didn't go near the podium.

White House spokesman Joe Lockhart said Clinton felt strongly that Hillary Rodham Clinton's Senate announcement should be a solo affair. "Perhaps he was adopting the classic advice to the mother of the groom — shut up and wear beige," said Lockhart.

Clinton chose a dark suit and sat behind his wife as she made her candidacy official at the state University of New York at Purchase. He appeared to be bursting with pride and a little nervous, too.

Clinton helped with the 30-minute speech, which contained scant reference to him. A naturally polished speaker, he also apparently coached his less-practiced wife on her delivery.

Looking rather like a parent at a child's piano recital, he leaned forward and nodded along as Mrs. Clinton delivered key lines.

He was first on his feet to applaud when she said the words: "I am honored today to announce my candidacy for the United States Senate."

Before her speech, the partisan crowd watched an 18-minute video biography of Mrs. Clinton's life. Her husband's name was never mentioned, although he appeared briefly and has a one-line speaking part in the production. The video is the work of Linda Bloodworth-Thomason, the Hollywood television producer, whose soft focus video about Clinton himself called, "A Man from Hope," introduced the candi-

date during the 1992 convention.

Mrs. Clinton has taken other pains recently to separate herself from the White House, something pollsters say she must do to win in New York.

She largely moved out of the White House last month and spends most of her time campaigning. Her new campaign website, Hillary2000.org, refers to her simply as "Hillary," with nary a mention of the first couple's shared last name.

Spokesmen for both the president and the first lady were vague last week about Clinton's role in Sunday's careful script.

As it turned out, Clinton played even less of a role in his wife's campaign event than she usually has played in his. New York Democratic Sen. Daniel Patrick Moynihan, whose job Mrs. Clinton hopes to take in November, made the introduction, while the president remained seated behind him.

Republicans mimic Democrat agenda

WASHINGTON (AP) — Under election-year pressure, majority Republicans in Congress are working quickly on a minimum wage increase and a patients' rights bill, two key items on the Democratic agenda.

"Congress is better off if it is dealt with sooner rather than later," Sen. Larry Craig of Idaho said last week, shortly after the Senate passed a minimum wage increase coupled with tax breaks designed as sweeteners for business.

Craig, the third-ranking Republican in the Senate, added that the closer the election, the more Sen. Edward M. Kennedy, D-Mass., and others "would like to make an issue" of the wage bill.

The minimum wage aside, Republicans are preparing to open formal House-Senate compromise talks this week on a contested measure to expand the rights of patients dealing with the HMOs. The original House bill, passed last year with the support of Democrats, provided the right to sue HMOs for denial of care. The GOP-crafted Senate plan does not.

"I think everything's on the table," Sen. Bill Frist, R-Tenn., told reporters late last week, after key GOP lawmakers

reviewed the issue at a closed-door meeting.

House Republicans say the health bill, in particular, has political importance. Several GOP sources, who spoke on condition of anonymity, said Speaker Dennis Hastert's top aide had told the senior GOP staff over the winter break that the House would be lost to the Democrats this fall if a patients' rights bill did not make it to President Clinton's desk.

Faced with a relatively short session, Republicans also are at work on their own agenda.

A House vote is expected this week, for example, on a tax cut to ease the marriage penalty — now about 25 million couples, most of them with dual incomes, pay more income taxes than they would if they were single.

A vote on legislation to ban certain late-term abortions is expected by spring.

Still, the political landscape bears similarities to 1996, when Republicans found it prudent to forge compromises with the

Democrats and the White House on bills to raise the minimum wage, expand health care opportunities and enact a stand-alone welfare bill.

The Senate-passed minimum wage bill calls for a \$1 per hour increase in the current wage floor of \$5.15 per hour, to be phased in through March 2002. Tax breaks total \$18 billion over five years, and include provisions to offset the cost of health insurance for the self-employed as well as employees whose jobs offer no insurance coverage.

Administration studies whether to tap oil reserves to lower prices

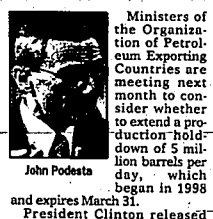
WASHINGTON (AP) — The Clinton administration is trying to persuade world oil producers to put more oil on the market and is studying whether emergency U.S. stocks could or should be tapped to drive down prices, a top White House official said Sunday.

"Ideally, the market ought to set the price, but we're taking a look at what options we have under the authorities and under the laws of the United States," said John Podesta, the president's chief of staff said.

He was asked on "Fox News Sunday" about whether the administration would dip into the Strategic Petroleum Reserve to force down the price from its current level of close to \$30 a barrel.

Energy Secretary Bill Richardson said repeatedly last week he does not intend to do that.

Podesta said Richardson's contacts with oil ministers of producing countries — several already, with visits to Saudi Arabia, Venezuela and Mexico planned — are a major part of the administration's effort to bring down prices.



John Podesta

of oil, and that's what it's used for."

But he said: "There are certain authorities under the law that are available, and we're taking a look at those."

The reserve, first suggested during World War II, was established in 1975. Its only use so far was a partial drawdown in 1991 at the beginning of the Persian Gulf War. That move by President Bush and production increases internationally maintained market stability and kept down oil prices increases during the six-week war.

On other items, Podesta said: "Although the president supports the death penalty, he has asked advisers for research into whether it should be suspended for federal crimes, as Gov. George Ryan did in Illinois. Ryan acted because of misgivings about the Illinois justice system, which has seen more death row inmates exonerated and freed since 1987 than have been executed since 1976."

"Given the facts in Illinois," Podesta said, "he's just asked us to get some more information."

President Clinton released \$45 million last week to help low-income people in the frigid Northeast with their heating bills. Podesta said in addition to such stopgap measures, "We're also trying to see what we can do to see if we can take some of the pressure off of oil prices" through raising market supplies.

To the suggestion the U.S. reserve was created only to compensate for disruptions in supply, Podesta said it "was put in place with its name in mind, to have a strategic reserve to make sure that we had an adequate supply

CIA says fired attorney failed polygraph tests about espionage

WASHINGTON (AP) — A Jewish attorney who says the CIA fired him because of anti-Semitism within the agency failed two lie-detector tests about whether he gave or sold U.S. secrets "to an Israeli national," an agency memo said.

Adam Ciralsky, 28, of Milwaukee, joined the spy agency in December 1996 as a contract employee in the Office of General Counsel. By the following October, Ciralsky had been placed on unpaid leave. His top-secret security clearance was revoked in July 1998, and he was fired in late 1999.

Ciralsky was airing his complaints against the agency Sunday night on CBS' "60 Minutes."

The agency said it acted against Ciralsky because he did not fully reveal a relationship with two people holding dual U.S.-Israeli citizenship, both employees of Israeli

defense firms with possible ties to Israeli intelligence.

Bill Harlow, CIA public affairs director, disputed Ciralsky's allegations of anti-Semitism. He said the allegations had been reviewed by the agency's inspector general, by several congressional panels and by a citizens' review group.

The memorandum about Ciralsky's case, first reported Sunday by The Washington Post, was written by Alan Wade, the CIA's associate deputy director for security.

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NATION

Bush, McCain vie for military vote

SUMTER, S.C. (AP) — Seems like a great presidential campaign strategy in a state with 400,000 veterans and four major military installations.

If you're Texas Gov. George W. Bush, surround yourself with a bevy of retired generals and admirals. If you're Sen. John McCain, when Bush shows up with three of the state's four surviving Medal of Honor winners, find the fourth. Bush touts his service in the Air National Guard; McCain shows photos of himself as a prisoner of war in Vietnam.

But there's one problem: The strength of the military vote here is unclear.

"I've never found (the military) to be a cogent group of voters in South Carolina, a convincing group of voters," said Dave Woodard, political science professor at Clemson University. "Not like the NRA or the AARP. ... They have a lot of other allegiances besides the military service that pull them one way or the other."

"It's kind of crazy to think that the military vote is going to somehow emerge as a political sledgehammer and win the election."

In exit polls for the New Hampshire primary, 63 percent of Republican voters said McCain's military experience was a very or somewhat important factor in their vote. Just 15 percent said it was not at all important, and Bush, followed by Steve Forbes, took most of those votes.

McCain, a Navy pilot who spent 5.5 years as a POW, is counting on South Carolina to continue his momentum started by his 18-point victory over Bush in New Hampshire. But Bush supporters mobilized quickly to deny McCain the high ground.

At a rally Thursday in Sumter, Bush and McCain, flanked by three Medal of Honor winners, John Baker Jr. of Columbia was there, the distinctive powder-blue rib-



Tom Birch, of the National Vietnam & Gulf War Veterans Coalition, center, and former Adm. Thomas Moore, right, listen as Republican presidential candidate George W. Bush speaks during a campaign rally on the steps of the Sumter Courthouse in Sumter, S.C., Thursday.

Bush says he opposes Confederate monument

Knight Ridder News Service

AUSTIN, Texas — Responding to a growing controversy in his home state, Gov. George W. Bush said that he opposes the construction of a Confederate monument on the grounds of the Grimes County courthouse near Houston.

Bush apparently made the statement in response to a reporter's question during an appearance with African American ministers in Detroit Friday. Bush aides in Austin confirmed the statement.

Earlier, Bush aides had said that the governor preferred to

leave the issue to the 18-member Texas Historical Commission, which includes 12 of his appointees. Civil Rights leaders have expressed opposition to the monument, which is proposed for the courthouse grounds in Anderson, about 65 miles northwest of Houston.

bon buttoned neatly beneath his shirt collar, to let McCain know that being a former POW isn't enough to win the South Carolina GOP primary Feb. 19.

"McCain has paid his dues while he was in the military, but

when he was in office he hasn't done a thing for the veterans," said Baker, 54, an Army machine gunner who earned his Medal of Honor carrying wounded to safety in Vietnam.

"We did not want people to

think that this is just a wide open road for McCain to come in and say he's got the veteran vote," said Watts, a retired three-star Air Force general and former president of The Citadel military college in Charleston.

Researchers report gains in battle against hepatitis

The Washington Post

WASHINGTON — Piggybacking on their success in developing drugs for HIV infections, researchers are reporting major progress in combating two forms of hepatitis that threaten to overtake AIDS as a national health crisis.

Studies reported in recent months at medical conferences suggest doctors might soon be able to eradicate the viruses or send them into sustained remission in a majority of infected people. The studies are the culmination of years of work in developing medicines against hepatitis B and hepatitis C, two distinct viral diseases with similar symptoms.

About 1.5 percent of the U.S. population carries one or both viruses, five times as many people as have the AIDS virus. The infected include hundreds of thousands of baby boomers who experimented with illegal drugs in the 1960s and 1970, and tens of thousands of women who received blood, often without realizing it, during Caesarean childbirths before 1992. If left unchecked, the diseases could sicken and eventually kill millions in the years ahead.

In several cases the treatments use drugs first developed to fight AIDS, providing an added payoff for the billions of research dollars directed at that disease. More generally, the model that AIDS researchers pioneered — of

For more information

- American Hepatitis Foundation, 1900 686th Ave., Suite 100, Seattle, WA 98148, www.hcf.org, 800-465-4837, www.liverfoundation.org
- The Hepatitis Information Network, www.hpinet.com
- U.S. Centers for Disease Control and Prevention, 4885 Reservoir Road, Atlanta, GA 30333, www.cdc.gov

using multiple drugs to fight different modes of action to fight a complex viral infection — is serving as a blueprint in hepatitis research. The recent progress is a textbook illustration of the way investments in one area of science can yield unexpected benefits in another.

Americans often think of hepatitis as a wretched but temporary illness they might get from eating at a marketplace stall in a foreign country. That is the A version. The B and C varieties are far nastier, capable of lying dormant for years after infection, then killing a person by shutting down the liver or causing liver cancer.

Spread largely by exchange of blood or semen, hepatitis B and C infect nearly 4 million Americans, many of them unaware that they carry and can transmit a deadly ailment. Hundreds of millions more worldwide are infected.

Increasingly bitter Democratic campaign moves on to Florida

Knight Ridder News Service

ORLANDO, Fla. — The increasingly bitter Democratic presidential campaign moves to Florida this week as Bill Bradley and Al Gore begin general elections for the March 14 primary election.

Bradley, the former U.S. Senator from New Jersey, will meet with voters in Tampa's Ybor City today. Vice President Gore will hold similar town hall events in Fort Lauderdale and Tampa Tuesday. Gore's wife, Tipper, will visit several Florida cities at the end of the week, including Key West and Jacksonville.

Gore won the Delaware presidential primary Saturday, outdistancing Bradley in an election neglected by the Democratic campaign, in voting that drew a turnout as sparse as the stakes.

The vice president captured 57 percent of the vote, Bradley, 40 percent.

Why Republicans are battling it out in the Feb.-19 South Carolina primary, the Democrats' next big day is March 7 when California, New York and 12 other states hold primaries.

Gore hopes to end Bradley's campaign that day. Bradley hopes to revive his campaign — possibly in New York. If he can pull that off, Florida will become an important state one week later.

"Florida is a key state in the national primaries," said Sallie

Stohler, Bradley's Florida spokeswoman. "Floridians are a diverse population and they'll be open to Bradley's message."

Bradley is setting up headquarters in Fort Lauderdale, the heart of Florida's biggest concentration of Democrats. In fact, there are more than twice as many Democrats in Broward County (431,779) as in all of New Hampshire (206,273).

Many of those Democrats are transplants from the Northeast who remember Bradley as a senator and as an NBA All-Star with the New York Knicks.

Bradley is staking his Florida campaign on his \$65 billion-a-year universal health care plan. The plan would replace Medicaid with a new federal entitlement and provide medical

insurance for every Floridian who wanted it.

Gore will remind Floridians that the state's economy has boomed during the Clinton Administration's first seven years. He argues that Bradley's plan would be a budget buster that would threaten the economic gains Florida has made.

Attorney General Bob Butterworth is heading up Gore's campaign here, and most of the Democratic Party leadership is backing the vice president. Gore staff members from New Hampshire and Iowa are setting up offices in Fort Lauderdale and Tampa.

Karl Koch, one of Gore's organizers, said the vice president is looking beyond the March 14 primary.



Bench Press.

Kevin Hall
Times News Sports Writer

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We can agree that Ohio needs help

We have some important news for those of you who have been harboring an urge to eat poinsettias. This news comes from an article in the Dec. 5, 1999, edition of the Harrisburg, Pa. Patriot-News, sent in by alert reader Karen Durkin. The article makes this fascinating statement:

"Despite persistent rumors, poinsettias are NOT poisonous. Ohio State University testing has found that a 50-pound child could eat more than 500 poinsettia bracts with no ill effects other than possibly a sick stomach from eating that much foliage."

The two questions that immediately come to mind are:

1. What is a "bract?"

2. Would "Bill and the Bracts" be a good name for a rock band?

(Answers: 1. Part of a plant; 2. No, but "The Foliage Eaters" would.)

Another question is: How did Ohio State University conduct this research? Did researchers actually feed 500 poinsettia bracts to a 50-pound child? How?

("Eat your bracts, Jason, or NO MORE P O K E M O N CARDS FOR YOU!") And does

this experiment really prove that poinsettias are safe? We personally have seen 50-pound children eat a LOT of things that would probably kill an adult, such as "Fruit Roll-Ups," which we do not believe are fruit at all. We believe they are the offspring of a biological mating experiment involving Kool-Aid and flypaper.

So our feeling is that you consumers should resist the temptation to rush out and start wolfing down poinsettias. Instead, you should take the wise scientific precaution of serving them to dinner guests ("Marge, try some of this delicious bract-on-a-bract") and then watching the guests guzzle down common symptoms of death, such as not moving for several days, or purchasing an Oldsmobile.

But here's what really gets our goat: While so-called "researchers" at Ohio State University were busy stuffing poinsettias down the throat of an innocent 50-pound child, a potentially MUCH greater menace to humanity was running loose in the very same state (Ohio). We know this because we have received, from an anonymous source who shall remain nameless, a newspaper article from the Oct. 29, 1999, edition of The Youngstown, Ohio, Vindicator, which bills itself—and not without reason—as the premier newspaper in the Mahoning Valley. This article, which we are not making up, begins with the following statement:

"WARREN - The possibility that radioactive muskrats are lurking in the city fathers Pierson 'Butch' Butcher Jr."

The article states that Butcher, an unsuccessful Republican candidate for the Warren City Council, had said it was possible that local muskrats were eating radioactive materials they found on the grounds of a recently demolished power plant. By way of rebuttal, the story quotes the mayor, Democrat Hank Angelo, as stating: "There are no green, glowing-eyed rats running the streets of Warren."

In professional journalism, the first thing we do when we need to check out this type of story is try to find out what a muskrat is. The sum total of our knowledge on this subject is the song "Muskrat Love," performed by The Captain and Tennille, both of whom are, incredibly, still at large.

Armed with this information, we called Warren, Ohio, and spoke with Pierson "Butch" Butcher Jr., who, it turns out, is not a shy person. During a lengthy and wide-ranging interview, he stated that although there are muskrats running around Warren, and SOME-BODY at a public meeting expressed concern that they (the muskrats) might be radioactive, that person was not Pierson "Butch" Butcher Jr. Mr. Butcher further stated that he had written an article somewhere regarding reports of radioactive deer in Pennsylvania.

Dave Barry is a humor columnist for The Miami Herald. Write to him at The Miami Herald, One Herald Plaza, Miami FL 33132.

HUMOR
Dave Barry



Helen Justesen has been on oxygen for the past 10 years and has a particularly hard time breathing when the winter temperature inversion layers settle over the valley.

Every breath you take

If you have respiratory problems, then winter's probably not your season

By Joan Bean
Times-News correspondent

TWIN FALLS - During winter months, temperature inversions that trap cold, polluted air near the ground can be hell for some folks with chronic breathing problems.

The inversion that blanketed the Magic Valley at Christmastime was troublesome for Helen Justesen, a 64-year-old Twin Falls resident who suffers from emphysema.

"You don't feel like getting out and around much, so I just stayed mostly in the house when the inversion was on," she said. "And thank goodness, we don't have many days of those."

Justesen said this is a subject that has been discussed among members of the Magic Valley Breathers Club, a support group for people with respiratory diseases.

"Other people have confirmed the same

To learn more

The Magic Valley Breathers Club meets at 2 p.m. on the third Tuesday of each month for about an hour, March through November, in the annex room of the Office on Aging on the College of Southern Idaho campus. Because of the cold weather, no meetings are held during December, January and February.

For more information, call Mardo Eaton at 734-6507 or Vickie Ellis-Dry at 324-4301, Ext. 266.

thing, that the weather does seem to bring on the better or worse of what the condition is," she said.

Dr. Ronald Fullmer, a Twin Falls lung specialist, said during an air inversion chemicals that cause irritation for folks with respiratory diseases don't get cleared out or broken down.

"These are things like ozone, sulfur dioxide and certain kinds of particulate matter from wood-burning stoves and that kind of thing, gets into the air and can also cause irritation in the airways," he said.

"And even normal people, if concentrations are high enough it can cause cough, some chest tightness and occasional nasal

and eye irritation."

In the stagnant air of an inversion, sulfur dioxide and ozone are direct airway irritants.

"There have been studies done where they've exposed normal individuals without lung disease to increasing concentrations of ozone and sulfur dioxide," Fullmer said. "And they can demonstrate on pulmonary function testing that if they get above certain concentrations the amount of air they can move will drop."

There's no rule of thumb about whether you should stay indoors during the winter months when the some people labor to breathe.

"It really depends more on what a person has experienced in the past," Fullmer said. "If they consistently have problems when the air is real cold then they should try to avoid going out."

He added that one of the biggest direct pollutants is cigarette smoke, which causes more trouble than any of the aforementioned pollutants.

"There's a lot more lung damage that's been caused by cigarettes than by any of these kinds of things," Fullmer said.

Times-News correspondent Joan Bean can be reached at 733-0830.

Help for the short of breath

By Joan Bean
Times-News correspondent

TWIN FALLS - While most of us take breathing for granted, people with respiratory diseases often can't.

That's why the Magic Valley Breathers Club was organized a little more than a decade ago.

Registered nurse Mardo Eaton, one of the support group's coordinators, has been involved since its outset. She represents the Lung Association of Idaho, its sponsor. Additional support is given by local hospitals and oxygen and medical supply businesses.

"We started out as a support group for people with emphysema, but along with that came many adults with asthma," she said. "And we've had members with various other chronic ailments that include a respiratory component. But primarily it's

Please see BREATHE, Page A6

The nifty fifties were not so fit

Think the '50s were the best of times? Benjamin Cheever disagrees. "As we look back over half a century," he writes in American Heritage magazine, "distance has set these men and women in aspic with stupid sauce. What did they think about child-rearing then, if Spock was a revelation? As for healthily, they all smoked.... No man was an alcoholic until he had sold a chair for a public Listerine and then downed the Listerine. A fitness buff was a man, inclined to stoutness, who slept with the windows opened and started each day with an icy bath, and a breakfast of steak and eggs."

Neurologists use vitamins

At a recent medical meeting, more than half the neurologists interviewed said they took antioxidant vitamins.

Gary Null's "Ultimate Anti-Aging Program," published by Broadway Books (\$17.50), is based on the latest scientific studies on how and why the body ages. It also comes with 100 recipes that Null promises will turn back the clock and help your skin remain wrinkle-free - and

Health notes

will reduce fatigue.

A flossed cause

Who are you kidding? "Consumer research shows that although the majority of households purchase dental floss, very few people actually floss on a regular basis," Robert A. Short, vice president of Water Pik Technologies, tells the Ventura (Calif.) County Star. Picking up on this, Water Pik has now come out with a battery-powered flosser. Which, presumably, he can buy and not use, also.

Just bouncing around

We all leave our mark in different ways. A man dubbed Mr. Versatility by the Guinness Book of World Records has pogo-sticked his way to yet another world record by bouncing for a mile at an Argentine military base in Antarctica. New Yorker Ashrita Furman, 46, holds Guinness records for such things as yodeling for 27 hours, doing 1,549 squat jumps in an hour, and balancing 57

pint glasses on his chin for 11 seconds.

Too hungry for success

Apparently, you can be too thin. In a Health magazine readers poll, "Ally McBeal" star Calista Flockhart was voted as having the body most women would least like to have.

Toss and turn

Millions of Americans are robbed of needed rest by sleep disorders. There are more than 70 different kinds, and they most often affect teenagers, shift workers and senior citizens. Sleep disorders can lead to daytime sleepiness, which in turn can make people more accident-prone. To help the public identify and get treatment for sleep disorders, the National Heart, Lung and Blood Institute has developed a Web site at www.nhlbi.nih.gov/about/ncsd/r-with-fact-sheets, an interactive quiz, public service announcements and other resources.

-Compiled from wire service reports

Try mixing fabrics

This winter you might like to try your hand at mixing fabrics in a garment, a popular look in ready-to-wear. It's a great way to enliven a simple style and create a one-of-a-kind outfit.

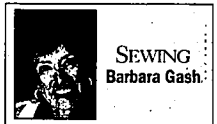
Utah sewing expert and image consultant Judith Rasband teaches a seminar on this subject and offers some helpful suggestions:

Browse the better dress shops and take mental notes. Also, look closely at catalog illustrations for inspiration.

Choose fabrics by their fiber content, weight and care requirements. Stick with light and medium weights, preferably drapery fabrics such as rayons, silks and soft cottons. Avoid loosely woven fabrics that tend to fray easily.

Collect patterned and solid fabrics in pieces that are 1/4 to 1/2 yard, until you have at least 15 to 20 to mix and match. It's easier to work with muted, closely related colors. Keep contrasts for accents, in small amounts, and make sure patterned fabrics are in scale with the wearer. Maintain a unified mood or theme for best results.

Choose an uncomplicated style, preferably something you've made before. Press and lay out the tissue pattern pieces, determining the layout of fabric sections for the



SEWING
Barbara Gash

garment. Serge fabric sections together in 1/4-inch seams, making yardage the size needed to accommodate each tissue piece. Then cut out and construct.

If you are serging, you needn't put right sides together for this garment. Serging can be left exposed, defining the piecing. Start by attaching smaller pieces to larger ones. Do diagonal seams first, then crosswise, and finally vertical seams. After serging, press seams flat to one side, usually having the upper looper thread visible throughout.

You can turn hems and topstitch, but a prevalent ready-to-wear technique is to just leave the serged edges as an airy finish.

Barbara Gash writes about sewing for the Detroit Free Press. Write to her at the Free Press, P.O. Box 828, Detroit, Mich. 48231, or send email to compuser@ao.com

HEALTH & FASHION

MVRMC trains hospice volunteers

The Times-News

TWIN FALLS— Magic Valley Regional Medical Center's Hospice Volunteer Training will be held from 6 to 8:30 p.m. today at Farke's Magic Valley Funeral Home. The topic will be "Grief Process and the Funeral." Refreshments will be provided. For more information, call 737-2500.

TWIN FALLS— A Community First Aid and Safety (infant, child and adult cardiopulmonary resuscitation and first aid) nine-hour course will be offered at 6 p.m. today and Tuesday at the American Red Cross.

Pre-registration and pre-payment is required for all classes. For more information, call 733-6464 or 1-888-367-6321 or visit the Red Cross office at 718 Shoshone St. E.

TWIN FALLS— The final session of the MVRMC Hospice Volunteer Training will be held from 9 a.m. to 12:30 p.m. Tuesday in the Education Center at MVRMC.

To do for you

The session will feature Cheryl Ford, volunteer coordinator, with "Volunteer Roles," Jamie Kelly-Kinyon, MSW, with "Stress Management and Ethics for the Volunteers," and Kate Wilson, hospice clinical manager, will host graduation and lunch.

Lunch will be provided. For more information, call 737-2500.

TWIN FALLS— A CPR class will be offered from 4 to 7 p.m. Tuesday in the doctors' meeting room at MVRMC. Fee is \$11. To register, call 737-2007.

TWIN FALLS— The Arthritis-Lupus Support Group will meet at 7 p.m. Tuesday in the Education Center at MVRMC. For more information, call 737-2050.

TWIN FALLS— Co-Dependency Group will meet from 6 to 7:30 p.m. Wednesday in the Canyon

View-West Group Room. Fee is \$10. For more information, call 734-6760.

TWIN FALLS— A prepared childbirth course will be offered from 7 to 9:30 p.m. Wednesdays, beginning this Wednesday through March 8, in the Education Center at MVRMC. Pre-registration is required, call 737-2900.

TWIN FALLS— The Cancer Support Group will meet from 7 to 8:30 p.m. Thursday in the Cancer Center reception area. For more information, call 737-2800.

TWIN FALLS— OSHA 501 will be offered from 1:30 to 4:30 p.m. for five weeks, beginning Feb. 14, at Canyon View Psychiatric and Addiction Services.

The class will be held two afternoons a week and will cover all aspects of the Occupational Safety and Health Administration's Guide to Compliance in Safety and Health. To register or for more information, call MVRMC Occupational

Health at 737-2906.

TWIN FALLS— The Diabetes Center Foundation will meet at 7 p.m. Feb. 14 in the meeting room at the South Central District Health Department.

The group will discuss the advantages and disadvantages of insulin pump and insulin pen therapy.

JEROME— Standard First Aid (adult CPR and first aid) six and one-half hour course will be offered at 6 p.m. Feb. 15 and 17 at the Jerome Recreation District.

Pre-registration and pre-payment is required for all classes. For more information, call 733-6464 or 1-888-367-6321 or visit the Red Cross office at 718 Shoshone St. E. in Twin Falls.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following *Monday's Health & Fashion*. Mail notices to *The Times-News*, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

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Lip-service: The mustache makes a comeback

The Hartford Courant

Just when you thought designer stubble was passe, along come style arbiters to tell you otherwise. In fact, the latest trend in male facial hair sounds shockingly retro—stilly, even.

We're talking about the mustache. Yep, that bushy lip worm that makes us think of the Village People, Tom Selleck, Burt Reynolds and Sideways Whiplash might be the next wake-up call in the traditionally sleepy arena of men's style.

The Wall Street Journal recently reported that the inevitable men's accessory for 2000 might very well be the mustache. The newspaper made a case for the "stash" by citing the stir caused in fussy fashion circles by mustache-wearing model Eugene Hutz, last month's cover boy of *L'Uomo Vogue*. Months before that, Interview magazine declared that "mustaches are making as big a follicle frisson



Ernest Hemingway

today as designer stubble did back in the '80s. And in Hartford, Conn., at the opening of a Salvador Dali's Optical Illusions," a colorful show at the

Wadsworth Athenaeum featuring the work of the great surrealist painter, has revived interest in the florid mustache. In fact, a favorite prop at a recent party at the museum was a fake mustache.

"Dali's mustache changed throughout his lifetime but was one of his signatures. His mustache eventually became as well known as his paintings," said Susan Hood, spokeswoman for the Athenaeum. "It took on a life of its own, becoming ridiculously waxed, upturned and wild."

Though not as grandiose as Dali's upper-lip tendrils, mustaches have been signatures for many men of distinction: Mark Twain, Charlie Chaplin, Ernest Hemingway, Teddy Roosevelt, Einstein, Gandhi, Groucho Marx, Clark Gable, Walter Cronkite, Mark Spitz, John Waters and New York Mets catcher Mike Piazza. Fu Manchu-sporting David Crosby recently made headlines when it was divulged that he is the biological father of the child— a shared by rocker Melissa Etheridge and her partner, Julie Cypher. Denzel Washington just won a Golden Globe (and has hot Oscar buzz) for playing mustachioed Rubin "Hurricane" Carter in "The Hurricane." And standstman Carlos Santana made the musical comeback of the year by scoring 10 Grammy nominations for his super "Supernatural" album.

But not everyone is solidly on the bushy bandwagon. David Waters, author of

"Grooming Essentials for Men," agrees. "I think the mustache became associated with a certain kind of look: chest hair, open shirts and gold medallions around the neck," said Waters, style and grooming editor for Men's Health magazine. "It tied up with a '70s, playboy type of image."

Waters said that since the '70s, there has been a gradual decline in the Magnum P.I.-type of mustache. The facial-hair trend was resurrected in the '90s with the goatee, a mustache combined with a small, narrow beard around the chin area. "It's a more acceptable look," Waters said of the goatee. "It's certainly on the young side."

If you insist on following trends, Waters suggests you go easy on the stash. "You don't want to look like you have a dead caterpillar," he said. "I would keep it quite short. A very thick, bushy mustache wouldn't go down very well."

Ah, so much for the Geraldo Rivera.

Breath

Continued from A5

people with emphysema and also adult asthmatics.

Eaton, 52, has asthma and first became involved with the lung association because of the disease.

Although members do get information from their physicians, they want to be proactive about breathing problems, she said.

"I think we're an excellent resource, because it's an exact one time a month place to go," Eaton said. "And you know every time you go you'll have some sort of information program and some chance to talk with people who are dealing with similar issues—and also have a couple of professionals on hand to ask questions of."

Programs have included videos from the American Lung Association and presentations by experts in the fields of exercise, nutrition, health food, massage therapy, weather, Medicare and more.

"We've had travel tips with oxygen, information on organ donations, ambulances and senior citizen resources to

remind people what's available in the community," Eaton said. "And home health options and safety considerations for people with oxygen."

Vickie Ellis-Dry is a respiratory therapist with St. Benedict's Family Medical Center in Jerome and one of the three meeting coordinators. She, Eaton and Kurt Bywater, who works for Norco Medical, are there to be supportive, see that oxygen tanks are working properly and to help folks in and out of their cars, Ellis-Dry said.

"These people feel pretty isolated a lot of times," she said. "Just so that they have a place to go where everybody is in the same boat—almost all on oxygen—and don't feel self-conscious."

Some members attend meetings on a regular basis; others come one time and not another. Eaton said they can check the bulletins that come in the mail to see if the program will be of specific interest to them.

Spouses, family members and friends are welcome to accompany them. There are no dues. Members are welcome to vol-

unteer to bring refreshments, but not obligated. If someone signs up to do this and finds it's not possible when the time comes, a phone call will remove the obligation.

"People participate in a relaxed way, because people that are fighting chronic problems and many of our members are senior citizens," she said. "You don't know from month to month what you're going to feel like and you don't want to take on responsibilities that you can't fulfill."

Eaton said she has become acquainted with wonderful people through the group.

And one of the things I learned in nursing school and over the years is that people that are dealing with health problems can be helpful to one another as the professionals," she said. "And professionals can learn when they listen to people that are dealing with a disease or a disorder on a day-by-day basis."

Times-News correspondent Joan Bean can be reached at 733-0830.

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HEALTH & FASHION

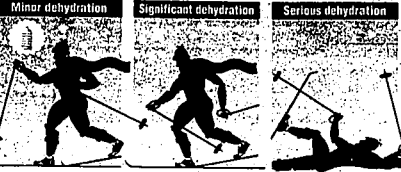
PERSONAL Trainer

Getting enough water. Easy to forget in cold weather

Exercising or working outside in cool weather may not make you sweat very much, but your body needs to stay hydrated. Just the way it does on a warm day. Here's why.

Symptoms appear slowly

The body does not give clear warning signs that it's becoming dehydrated until the process is well under way.



- Minor dehydration: Clothing getting wet with sweat, Vague awareness of needing to drink some water.
- Significant dehydration: Thirst, Dry mouth, Lightheaded feeling, Impaired balance or dulled senses.
- Serious dehydration: Weakness, Clumsiness, Fainting, Rise in body temperature.

Drink water early and often

It's easiest just to anticipate how much water you will need for a particular kind of exercise and be sure to drink that much in advance or early in the workout.

These increase the amount of water you need:

- Low air humidity
- Common on cold days, even with snow or ice on the ground
- Heated indoor spaces also may be extremely dry, increasing water evaporation through the lungs



Lots of skin exposed to air. Water evaporates quickly through skin on a cold day.

Heavy sweating from strenuous work or thick clothing

- Poor or moderate fitness
- A person with good cardiovascular fitness can handle increased body temperature better than a sedentary person and retains water more efficiently
- Tendency to sweat easily
- Some individuals sweat profusely and lose water quickly; some hardly sweat at all



SOURCES: University of Alabama at Birmingham Eat Right program, Runner's World

Tanning pills? You've got to be kidding

DEAR PAULA: What do you think about tanning pills?

JACKIE HOUSTON DEAR JACKIE: Tanning pills come in two forms: one that contain tyrosine, and those that contain concentrated doses of beta-carotene. Let's start with tyrosine. The FDA has debunked tyrosine as a tanning accelerator. The marketing pitch is that tyrosine is needed by your body to produce melanin, which is a true statement. Ergo, the logic follows, taking pills with tyrosine will increase melanin production. It just isn't true. It is only exposure to UVA or UVB sun rays that initiates the production of melanin.

According to the FDA, the "suntan accelerator" containing tyrosine, alone or in combination with other amino acids, as the "active" principle. Tyrosine is the starting compound of the melanin synthesis in the skin. Its use is based on the assumption that it penetrates the skin, increases the tyrosine content of the melanocytes, and thus enhances melanin formation. This effect has not been documented in the scientific literature. In fact, an animal study reported a few years ago demonstrated that ingestion or topical application of tyrosine has no effect on melanogenesis. The agency has recently concluded that "suntan accelerators" are unapproved new drugs within the meaning of Section 201(p) of the FD&C Act, and has issued warning letters to several major manufacturers of these products.

Then there are tanning pills that contain color additives similar to the beta-carotene found in carrots. These may be harmful



COSMETICS Q&A Paula Begoun

and cannot be sold because they may cause eye problems. There are also tanning pills that are just concentrated amounts of beta-carotene, which can eventually give the skin a slight orange cast which doesn't resemble a tan in the least.

DEAR PAULA: I saw a story in a fashion magazine explaining that if you wanted to avoid turning orange from a self-tanner, look for a product with AHAs because they lower the skin's pH level, which leads to a more natural-looking tan. Is this true? I understand all self-tanners have the same common ingredient, dihydroxyacetone (DHA), which makes the skin darker, but are there any ingredients that can help minimize the orange look? I'm thinking of self-tanning, but I really don't want it to look fake. Can you recommend any specific brands that are the best to use?

—HEATHER DEAR HEATHER: This is a surprise to me because it absolutely makes no sense. First, even if the AHA you were using had a low enough pH (few do), it would only alter the pH of the skin for a short while because the skin naturally wants to return to its own pH level. Second, and most importantly, even if pH did affect the way self tanners work,



you would not want to hold the skin at a low pH for very long because it would be so terribly irritating. And last, pH has nothing to do with how self-tanners work, because dihydroxyacetone interacts with the amino acids in the skin cell, which have a neutral pH anyway.

orange) and that is completely dependent on your body's own chemistry.

Paula Begoun is the author of 'Don't Go to the Cosmetics Counter Without Me (4th edition) (Beginning Press # 925). Write to her at 13075 Gateway Drive, Suite 160, Seattle, Wash. 98168 or check out her Web site: www.cosmeticscop.com

Is it a cold or the flu? How you can identify difference

The Baltimore Sun

The problem with colds and flu is Americans suffer through more than 425 million of them annually, according to an estimate by the Centers for Disease Control and Prevention in Atlanta, Ga. But most of us don't really know how to prevent them and, hence, we have them, how to treat them effectively. The information out there is confusing and often contradictory. No, that's not the problem with colds and flu. The real problem is just how miserable such minor illnesses can make you. (Minor if you're an otherwise healthy adult.) Last time, we checked, they didn't have a cure for the common cold; but the news is more promising as far as the flu is concerned. New drugs shorten its duration and lessen symptoms. And a flu shot will keep you from getting the flu more than 70 percent of the time. This year's is particularly effective. But let's say you've done everything you can to prevent infection and more. And you still get a scratchy throat and a stuffy nose. What next?

Fit, you need to figure out whether you have a cold or the flu. The flu can be treated within

the first 48 hours with one of the new prescription drugs on the market. You've probably caught the flu if:

- You have a high fever (102 degrees or more).
- Your head aches badly.
- You feel extremely exhausted, as opposed to a little fatigued. "Hit by a truck" is the usual description.
- Your muscles are sore.
- Chest congestion is common; symptoms sometimes include a sore throat and stuffy nose.
- Vomiting and diarrhea are not symptoms of the flu, "stomach flu" is a misnomer.
- Cold is the more likely diagnosis if:
- Your symptoms include a sore throat, stuffy nose and sneezing.
- Any fever you have is low-grade.
- You'd like to crawl into bed, but you can function, albeit grumpily.

There are no proven cures, and the bad news is that even treating a cold's symptoms may not be the best thing to do. For instance, fever is now thought to be one of your body's defenses against the invading virus, at least until about 103 degrees, when it can start to be counterproductive.

Lose that fashion demon; dress sensibly for winter slush

The Washington Post

Fashion has its place. That place is not in the middle of a snowstorm... nor in its aftermath: the deep end of a pool of slush. A fine pair of Cole-Haan loafers do not belong in five inches of cold, brown, stagnating winter slush. These great leather boots that add panache to a pencil skirt and slim turtleneck have no business coming in contact with ice or salt. There is no place for cute in the ugly, unforgiving remains of a winter storm.

Know what looks ridiculous? The sight of a woman picking her way gingerly - no, desperately - across a molehill of ice while wearing sensible pumps. This isn't sensible. This is stupid and dangerous. The only woman who should be teetering about in a pair of heels is someone whose driver has just dropped her off at the front door and will remain on call until she emerges.

Know what looks almost as silly? The sight of a businessman wearing those ridiculous shoe condoms. Encasing your wingtips in a sheath of rubber may be fine when you're wading through an inch or two of powdery snow, but this is serious weather, a winter slushie. One misstep and you're in snow up to your shins or water up to your ankles, and no amount of latex will protect those Italian loafers.

Snow requires folks to rethink their wardrobes. It shoves fashion to the back of the closet in favor of comfort, practicality and endurance. During those first hours after the storm, a snow wardrobe can make one feel young again, slightly silly or adventurous.

Snow sets folks to digging around in the walk-in seedlings for galoshes and ski caps, mittens and mufflers. Snow calls for an instant moratorium on taking oneself too seriously. Think about a bit about it's tough to tick to that opinion when you're staring into a mirror at someone wearing a knit face mask and a snowsuit.

Slush is evil and unpredictable. It must be battled. And a fight demands proper attire. Only a fool goes to war trying to look cute. This is man vs. nature, folks. And when nature pulls out the big guns, don't respond with Dr. Seuss stocking caps, Crayola-colored earmuffs or thin-soled leather loafers.

If you're lucky, you invested in a minimalist nylon coat with a super-thin lining of insulation that keeps you warm without increasing your girth to that of a polar bear.

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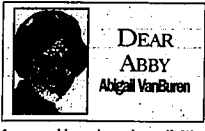
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DIVERTICULOSIS AND DIVERTICULITIS
Diverticulosis is a condition in which outpouchings form in the wall of the large intestine. These pouches, known as diverticula, are about the size of large peas. They form in weakened areas of the bowel.
WHAT ARE THE SYMPTOMS?
Most people with diverticulosis do not have any symptoms. They may never know they have the condition. Some people feel tenderness over the affected area or muscle spasms in the abdomen. Pain may be felt on the lower left side.
Although diverticula themselves do not cause symptoms, complications such as bleeding and infection may occur. Bleeding is an uncommon symptom and is usually not severe. Sometimes the pouches become infected and inflamed, a more serious condition known as diverticulitis. Diverticulitis also may result in large abscesses, bowel blockage, or breaks and leaks through the bowel wall.
HOW ARE THESE DISORDERS DIAGNOSED?
The doctor may see the diverticula through a flexible tube (colonoscopy) that is inserted through the anus. Through this scope, the diverticula may be seen as dark passages leading out of the normal colon wall. The doctor may also choose to do a barium enema, an x-ray that reveals the outpouchings in the wall of the colon.
HOW COMMON ARE THESE DISORDERS?
Diverticulitis is very common, especially in older people. Studies show that about 10 percent of people over the age of 40 and nearly half of those over the age of 60 have diverticulosis. But among those who are found to have diverticula, only about 20 percent get diverticulitis, and of those, only a small number have very serious or life-threatening complications.
WHAT CAUSES DIVERTICULA TO FORM?
No one knows for sure why the pouches form. Scientists think they may be caused by increased pressure inside the colon due to muscle spasms or straining, especially the person has constipation problems or uses laxatives too often.
HOW SERIOUS ARE THESE DISORDERS?
For most people, diverticulosis is not a problem. Diverticulitis is a problem and can develop into a serious problem, if left untreated. For instance, when one of the sacs becomes infected and inflamed, bacteria enter small tears in the surface of the bowel leading to an abscess. Such an infection has the potential to spread and break through the wall of the colon causing peritonitis (infection of the abdominal cavity) or abscesses in the abdomen. Such infections may be life-threatening.
WHAT ARE TREATMENTS?
If you have diverticulitis you may need surgery. No treatment is needed. Doctors advise eating a high-fiber diet, avoiding certain foods, and taking pain relievers, antibiotics, fluids given by vein, and careful monitoring.
IS SURGERY EVER NECESSARY?
Sometimes patients will need surgery to drain an abscess that has resulted from a ruptured diverticulum and to remove that portion of the colon. Surgery is reserved for patients with very severe or multiple attacks.
WHAT ABOUT DIET?
Doctors recommend a high-fiber diet. Bran and roughage should be an important part of the diet. Certain types of fiber, such as wheat bran, retain large quantities of water. This, in turn, provides a bulkier stool. This type of large soft stool helps to decrease the pressure in the bowel over time.
REMEMBER, DIVERTICULA USUALLY CAUSE NO PROBLEMS AT ALL. SO A DIAGNOSIS OF DIVERTICULOSIS SHOULD NOT BE A SERIOUS CONCERN.
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MORNING BREAK

ACROSS	1 Capital of Tibet	14 Dainty	15 Stovetop	16 Malicious	17 Gentleman	18 Lines a	19 Cheater	20 Take back	21 Weaselly abbr.	22 Curious look	23 Side-to-side	24 Toad	25 Dr. Lasky's journey?	26 Foreign representative	27 Half a bull's?	28 Elora Manner	29 Act subdivision	30 Overlook	31 Fits to capacity	32 Skirt edges	33 Act category	34 Striped	35 Instrument	36 Dining no-no	37 Actress	38 Crabbily	39 Condition at ocean-side	40 Congreps	41 Peaky center	42 Carnotines in	43 Purchase of	44 Flits to capacity	45 Skirt edges	46 Act category	47 Striped	48 Instrument	49 Dining no-no	50 Actress	51 Crabbily	52 Condition at ocean-side	53 Congreps	54 Peaky center	55 Carnotines in	56 Purchase of	57 Flits to capacity	58 Skirt edges	59 Act category	60 Striped	61 Instrument	62 Dining no-no	63 Actress	64 Crabbily	65 Condition at ocean-side	66 Congreps	67 Peaky center	68 Carnotines in	69 Purchase of	70 Flits to capacity	71 Skirt edges	72 Act category	73 Striped	74 Instrument	75 Dining no-no	76 Actress	77 Crabbily	78 Condition at ocean-side	79 Congreps	80 Peaky center	81 Carnotines in	82 Purchase of	83 Flits to capacity	84 Skirt edges	85 Act category	86 Striped	87 Instrument	88 Dining no-no	89 Actress	90 Crabbily	91 Condition at ocean-side	92 Congreps	93 Peaky center	94 Carnotines in	95 Purchase of	96 Flits to capacity	97 Skirt edges	98 Act category	99 Striped	100 Instrument
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Valentine's Day love list heats up marriage

DEAR ABBY: I have enjoyed reading and re-reading the enclosed item from your column many times. And what a great original idea it provides for Valentine's Day. Write a "list" of all the qualities you love about your loved one. If it were framed, it would become a treasured keepsake, and it applies to mothers, fathers, spouses, children, friends, etc.



DEAR ABBY
Allegical VanDuren

HAPPY
DEAR HAPPY: I agree. And when someone asks me for a gift idea for the person who "has everything," the first thing I suggest is a letter telling that person how much he or she means to you and why. Read on.

DEAR ABBY: My marriage was in need of repair. My husband and I had been fighting a lot. He told me that if I didn't like it, I could pack my things and go. One night I couldn't sleep because I was so upset with him. All I could think about were all the things that 'bugged me about him. I knew that if I didn't banish these negative thoughts from my mind, it would be a long time before I fell asleep. I decided to think instead of all the things that I loved about him. I wrote them down on a piece of paper, put it in an envelope in his briefcase. The next morning he called me from work to tell me how much he loved me. When he came home that evening, he put my "list" in a

frame and hung it on the wall. We hardly ever fight anymore. I get love notes weekly and kisses daily. I thought some of your readers might like to try this recipe for renewed love.

HAPPY AGAIN
DEAR HAPPY AGAIN: What a terrific idea for warming up a chilly marriage. Your list of the qualities you loved about your husband obviously meant a great deal to him. When we focus only on what is wrong, we tend to undervalue what he or she is doing right.

DEAR ABBY: Please tell me how to handle this. I have terrible winter asthma. During the holidays I go to visit my in-laws and my mother - all chain smokers. They know about my smoke allergy and they do "try," but being long-term smokers, they usually forget. I am tired of being

the party pooper who says, "Please put that out." So, they don't invite us over to family gatherings unless it's Christmas. I go, and then seven to 10 days later, after I have compromised my immune system, I have terrible bronchitis. It lasted nearly three months last year. I feel like they love their cigarettes more than me. So here it is January, and I'm starting the new year sick. How can I get it across to my loving family to refrain from smoking in front of me without so deeply offending them?

SLEEPLESS IN OREGON
DEAR SLEEPLESS: You can't! Face it, your family (all smokers) are addicted to tobacco, and their addiction is greater than their consideration for you or your health problems.

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Libra, gain diverse cultural knowledge

IF FEBRUARY 7 IS YOUR BIRTHDAY: You are a mysterious character. You have been deceived in arena of love and made remarkable comeback. Pisces, Virgo persons play outstanding roles in your life, could have these letters, initials in names: G, P, Y. Marriage highlighted during this year. In March you might feel as if, "At last I've found my true love. Focus on Aries (March 21-April 19): Protect property rights. Some people want something for nothing, you could be prime target. Let it be known you will fight if cause is right.

TAURUS (April 20-May 20): Many of your innermost desires will be fulfilled. Pisces Moon enters your Eleventh House - focus on friends, hopes, wishes, luck in matters of speculation.

GEMINI (May 21-June 20): Mental processes speed up - you will be here, everywhere. Focus on trips, visits, surprise appearances by relatives. Read, write, teach.

CANCER (June 21-July 22):

HOROSCOPE

Sydney Omarr

Attention revolves around home, family, greater financial security. You will be among those who sing, and who comment on your voice in complimentary manner.

LEO (July 23-Aug. 22): Entertainment with tricks, but resist temptation to tell how it's done. Let people play guessing game. Be quiet within, spotlight on self-disclosure. Virgo involved.

VERGO (Aug. 23-Sept. 22): Check Leo message. You'll get funding, green light flashes for favorite project. Questions arise concerning cooperative efforts, legal affairs, marriage.

LIBRA (Sept. 23-Oct. 22): Accent universality - understand how people in other lands live, talk, love. You could emerge a serious candidate for high office. Aries plays no hostile role.

SCORPIO (Oct. 23-Nov. 21): People express opinion, "It can't

be done!" Baffle them by doing it. Imprint style, make fresh start, take advantage of proverbial second chance.

SAGITTARIUS (Nov. 22-Dec. 21): You thought you were out of the woods. However, former partner or mate decides to make trouble. Maintain emotional equilibrium. Leo featured.

CAPRICORN (Dec. 22-Jan. 19): Experiment, investigate, discover. You gain added recognition, popularity on the rise. Emphasize humor-wisdom. You will be told, "You are different today, we love you!"

AQUARIUS (Jan. 20-Feb. 18): Expenses will be underwritten. Your plans, this time, will be appreciated, some persons will hold you in awe. Avoid arrogance, express gratitude. Lucky number 4.

PISCES (Feb. 19-March 20): Cycle high, reach beyond the immediate, circumstances turn in your favor. With Moon in your sign, you exude personal magnetism, sensuality, sex appeal.

Need more fat in your diet? Eat ants

You don't hear much anymore about Barum Brown. Never did, really. But in his lifetime he dug up more dinosaur bones than anybody else. Sinclair Oil bankrolled him. Some may recall Sinclair's logo, a dinosaur.

Odd, is it not, that you've lived all these years without realizing grown birds don't sleep in nests? Color is added to commercial cheques to suit the preferences of buyers. Midwesterners go for orange checkers. Easterners prefer light yellow. Such use of color is nothing new to food marketing, but I don't believe its real potential has been tested. We have yet to see brown buttermilk, for instance. Or blue tomatoes. Or green spare ribs.

Quite true, deer will eat meat. Q. Who was the first professional model?

A. A pretty Parisian shopkeeper named Maria Verne. Married in 1852. Her husband, who sold dresses, found he sold more when she helped.

Q. What makes you say ants

are fattening?
A. Ants eat fat. Ants are fattening.

It's inflowing Atlantic Ocean water that keeps the Mediterranean Sea from drying up.

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Michelle Darcy Co-Anchor
Doug Iverson Weather Anchor

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CALENDAR of EVENTS

- MVRMC Hospice Volunteer Training: "Grief Process and the Funeral" * Monday, February 7, 6 - 8:30 p.m., Parke's Magic Valley Funeral Home. Refreshments will be provided. For information call 737-2500.
- MVRMC Hospice Volunteer Training * Tuesday, February 8, 9 a.m. - 12:30 p.m., Education Center. This is the final training session. Sheryl Ford, MVRMC Volunteer Coordinator will discuss "Volunteer Roles," Jamie Kelly-Kinson, MSW will discuss "Stress Management and Ethics for the Volunteer," and Kate Wilson, MVRMC Hospice Clinical Manager will host graduation and lunch. Lunch will be provided. For information call 737-2500.
- CPR Class * Tuesday, February 8, 4 - 7 p.m., Doctor's Meeting Room. Fee: \$11. To register call 737-2007.
- Arthritis/Lupus Support Group * Tuesday, February 8, 7 p.m., Education Center. For more information call 737-2050.
- Co-Dependency Group * Wednesday, February 9, 6 - 7:30 p.m., Canyon View West Group Room. Fee: \$10. For more information call 734-6760.
- Prepared Childbirth Course * Wednesday, February 9 - March 8, 7-9:30 p.m., Education Center. Pre-registration required. Call 737-2900.
- Cancer Support Group * Thursday, February 10, 7 - 8:30 p.m., Cancer Center Reception Area. For more information call 737-2800.
- "The Hearts & Beaus Ball" * Saturday, February 12, 6:30 - 11:30 p.m., The Ballroom (205 Shoshone Street North). The MVRMC Foundation and the Twin Falls Clinic and Hospital Foundation proudly debut this premier evening - the perfect Valentine's Celebration! - in the Magic Valley. No hot cocktails and music by the Canyon Side Swing Quartet will begin at 6:30 p.m. with a gourmet dinner at 7:30 p.m. Dance from 8:30 to 11:30 p.m. to the extraordinary sound of Jeff Fox and his eight member Canyon Side Swing Orchestra. Proceeds benefit the Magic Valley Health and Education Endowment, impacting health education and wellness awareness throughout the Magic Valley. Tickets are \$45 per person. Seating is limited, please make your reservations early. For information or tickets, contact the MVRMC Foundation Office at 737-2481.
- Monthly MVRMC Board Meeting * Monday, February 14, 6 p.m., Doctor's Meeting Room.
- OSHA 501 * Monday, February 14, 1:30 - 4:30 p.m., Canyon View Psychiatric & Addiction Services. This 30-hour course will be held two afternoons a week for 5 weeks and will cover all aspects of the OSHA Guide to Compliance in Safety and Health. For more information and to register, call MVRMC Occupational Health at 737-2906.

For additional MVRMC educational offerings call 737-2902. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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COMICS

Classic Peanuts

By Charles M. Schulz



For Better or For Worse

By Lynn Johnston



Dilbert

By Scott Adams



Blonde

By Dean Young & Stan Drake



B.C.

By Johnny Hart



Pickles

By Brian Crane



Garfield

By Jim Davis

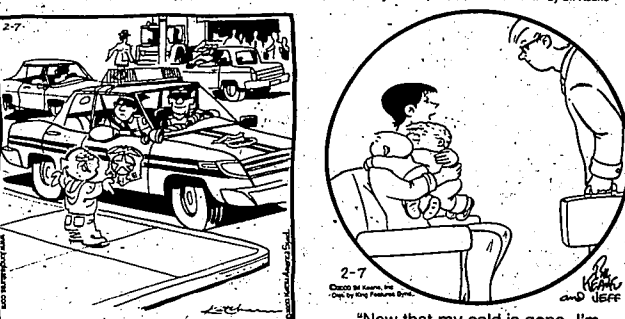


Dennis the Menace

By Hank Ketcham

The Family Circus

By Bill Keane



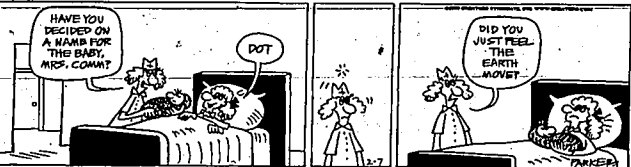
Hi and Lois

By Chance Browne



The Wizard of Id

By Brant Parker & Johnny Hart



Rose Is Rose

By Pat Brady



Hagar the Horrible

By Chris Browne



Zits

By Jim Borgman and Jerry Scott



Beetle Bailey

By Mort Walker



Luann

By Greg Evans



Frank and Ernest

By Bob Thaves

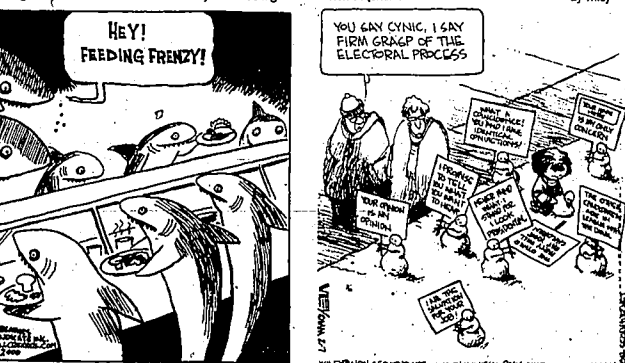


Strange Brew

By John Deering

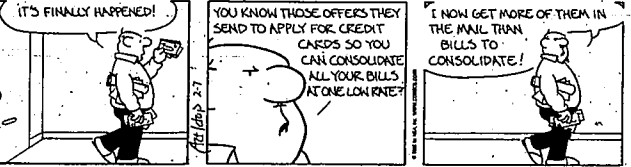
Non Sequitur

By Wiley



The Born Loser

By Art Sansom & Chip



OPINION



Write to us
 The Times-News welcomes letters from readers on subjects of public interest. Letters may be printed in our Twin Falls or Burley office. Mail to: P.O. Box 245, Twin Falls, ID 83401. Phone: (208) 733-5533 or email: letters@timesnews.com

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LETTER

Get the facts straight
 Derrick Walden, who do you think you are? Well, let me tell you who you aren't. You are not someone who is acquainted with my family, you are not one of the many who came to visit us, you are not someone who sat in Amber's room and watched her fight for her life, you were not one of the officers that took her accident report, you were not one of the specialists that took care of her, you are not someone who is grieving the loss of her, and you are not a friend.

How dare you write a letter using my sister's name without knowing her or my family. Not to mention only three weeks after her death. It is obvious that you did not get all the facts before you wrote your letter. Therefore, I will set you straight. Amber Cheney was not thrown head first through the windshield. She did not have spinal cord injuries and the head injuries she sustained were caused from the metal door jam when the vehicle rolled, putting the injuries she had to the back left side of her head. About her passengers, one spent 10 days at Magic Valley Regional Medical Center with some broken bones and the other walked out of the emergency room that night.

You state if they were wearing their seatbelts, my sister would be alive today. How dare you make such a comment. You accuse my sister of putting herself and friends in danger. You accuse her of having poor judgment. She was driving less than 50 mph when the vehicle slid off

the road. And Amber would have never intentionally put another human life in danger!

Furthermore, if Amber would have been wearing her seatbelt, she still would have died. This accident was one that the seatbelt wouldn't have made a difference. You have nothing substantial to base your comments on.

Amber was a very bright and beautiful 18-year-old who enjoyed every day to its fullest. Her experiences surpassed not only people her age but even older. It has only been 21 days since she left us, and she has been greatly missed by everyone who knew her. And she will continue to be missed for a very long time.

There is much more to be told but, unfortunately, I'm out of room. Therefore, last but not least - I'll always love you little sister!

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NEWS & PLACES



Left to right: Tony Ballestero, Kay Clysdale, Kevin Dane, Becky Walter and Lori Williamson

Magic Valley Bank Real Estate Center Welcomes Becky Walter as a Mortgage Loan Officer
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Important Meeting!
Monday, February 7, 2000
4 p.m. • King Fine Arts Center
Burley High School
 Support our Cassia County Commissioners and urge them to continue the existing moratorium on Confined Animal Feeding Operations (CAFO's) in Cassia County. The very reasons for its initiation and adoption have not changed since the Cassia County Commissioners unanimously voted to adopt the moratorium.
Show your support and attend the meeting!
 Sponsored by the Cassia County Coalition

Ruth Stevens Pierce CPA, CVA, announces the opening of her new CPA firm, Stevens Pierce & Associates. With 21 years experience, her new firm will be providing tax, accounting, computer and consulting services. They are also offering Certified QuickBooks® Pro Advisor Services.
 Stevens Pierce & Associates is hosting an open house on Thursday, February 10, between 3:00 and 5:30 p.m.

Stevens Pierce & Associates
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WORLD

Hijackers of Afghan passenger airliner release nine hostages in Moscow

MOSCOW — The Afghan passenger airliner freed by hijackers on a tense journey across Central Asia and Europe left Moscow early Monday after nine passengers were freed.

The plane's destination was not immediately known, but a spokesman for Russia's Federal Security Service said the hijackers had demanded European flight maps before leaving.

There was no immediate indication of why the nine passengers were released, security service spokesman Alexander Zdanovich told reporters at Moscow's Sheremetyevo-1 airport. He said the hijackers had made no political demands.

Similar releases took place at the plane's previous stops in Kazakhstan and Uzbekistan.

None of the people aboard the Boeing 727 belonging to Afghanistan's Ariana Airlines had been harmed, Zdanovich said, although it remained unclear how many people were aboard. Russian news reports said there were 131 passengers and nine crew before the release in Moscow, but other sources said there were as many as 160 aboard.

Police end nine-month Mexican strike with raid

MEXICO CITY — In a surprisingly smooth conclusion to the 9.5-month occupation of Latin America's largest university, police raided the main campus Sunday and arrested 632 striking students.

The raid ended an exasperating ordeal in which Mexican authorities from President Ernesto Zedillo on down seemed unable to wrest the country's most important academic institution from a tiny band of radical students with names like Mosh and The Devil.

Armed only with batons and shields, about 2,400 federal police marched into an all-night meeting of the student strike council at 6:45 a.m. and rounded up about 430 students, including the eight top strike leaders.

The strikers didn't resist arrest and there were no injuries. Police then swept through the giant campus, detaining hundreds more strikers.

German sleeper train might have been speeding

BRUEHL, Germany — An overnight express train filled with Alpine ski vacationers was racing far over the posted speed limit when it derailed Sunday south of Cologne, killing at least nine passengers and injuring almost 100, authorities said.

The sleeper train heading from Amsterdam to Basel, Switzerland, derailed shortly after midnight at a switch, said German railways spokesman Manfred Ziegner.

More bodies might be buried under wrecked coaches that were still being cleared late Sunday, lead police investigator Winrich Granitzka said. Sixteen Germans, four Americans and two Dutch passengers were unaccounted for, he said, adding that they may have left the scene on their own.

Finland elects first woman president in tight race

HELSINKI, Finland — Finns elected their first female president on Sunday after a tight runoff race that focused more on personalities than issues.

With 39.9 percent of the vote counted, Tarja Halonen had 51.6 percent to former Prime Minister Esko Aho's 48.4 percent.

"This is a historical moment for Finland," said Prime Minister Paavo Lipponen, a Social Democrat like Halonen. "Her personality decided this election. Halonen is a person with her own individuality. Her openness and her genuine character appealed across party lines."

Group says NATO killed 500 civilians in Yugoslavia

WASHINGTON — Last year's NATO bombing campaign in the former Yugoslavia killed about 500 civilians in 90 separate incidents, a human rights group concluded after an independent investigation.

NATO, which is reviewing the Human Rights Watch report, said it took "scrupulous care" to avoid civilian casualties but was unable to make an educated estimate of deaths and injuries during the 78-day bombing campaign.

The New York-based international monitoring organization conducted a three-week inquiry in August. Investigators went to 91 cities and towns and inspected



A Chechen woman yells at a Russian police officer during a demonstration against the war at the Adler checkpoint near the Chechen border Sunday. Several refugees waved anti-war banners to protest the Chechnya campaign.

42 sites where civilians were killed.

The investigation found no evidence of war crimes but concluded NATO violated international humanitarian law by not properly warning civilians and failing to identify them in road convoys and other bombing targets.

Russia proclaims end to grueling battle for Grozny

GEKHI, Russia — Federal troops have seized the last rebel stronghold in Grozny, acting President Vladimir Putin said Sunday, pronouncing an end to Russia's months-long drive to take the Chechen capital.

Russian forces, meanwhile, tried to head off rebels heading

planes and helicopter gunships blasted militant positions in the Vedeno and Argun gorges, key rebel routes toward the mountains.

"A short while ago, the terrorists' last bastion of resistance was seized," Putin said in an interview with state-controlled ORT television. "So, we can say the operation to liberate Grozny is over."

The claim could not be independently confirmed, and Russian forces have previously claimed to control parts of the Chechen capital, only to be pushed back by rebel ambushes.

Irish dissidents' bomb damages hotel, injures none

BELFAST, Northern Ireland — Suspected Irish Republican

Army dissidents bombed a rural hotel Sunday — an attack that caused no reported injuries but gave Northern Ireland a bitter reminder of the days the province is struggling to leave behind.

It was the first such attack here since 1998.

A caller claiming to be from the Continuity IRA, a small dissident group opposed to the IRA's 1997 truce, told the BBC in

Belfast that bombs had been left at two hotels in rural County Fermanagh.

Police evacuated both hotels shortly before a bomb, apparently inside a car, went off at the rear of Mahon's Hotel in the village of Irvinestown. Police said they couldn't find any suspicious devices at the other threatened hotel.

— compiled from wire reports

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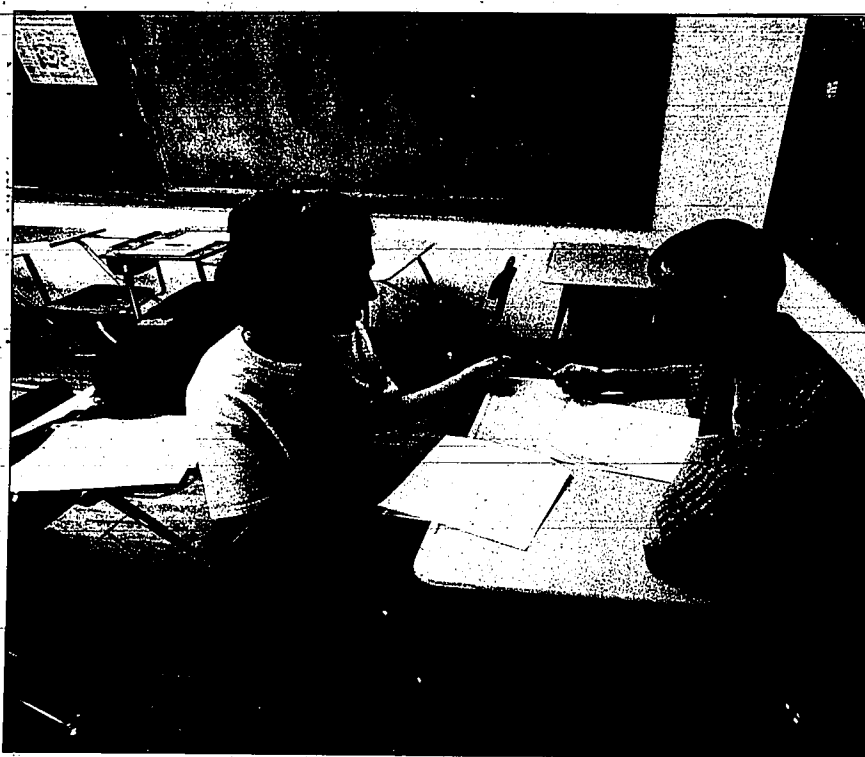
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Minico High School students Rachel Robbins and Erik Eilers and other students in their government class are helping develop a survey of voters to help the Minidoka County School District decide if another bond issue should be put on the ballot.

Survey

Continued from B4

Hallett had compiled a list of issues to be covered by the survey but was pleased to learn Friday that students had already developed their own list which he said was even more comprehensive than he had expected. The students' list asks voters how they learned about the last bond issue and what sources influenced them the most. The

student survey will ask voters whether they favor the original \$20 million proposal, what schools they would like to see renovated, and whether or not the district should do away with Acaquia Elementary School. Students also want to find out why the last bond issue failed. District officials will use the information from the survey to help them decide if and when to take another bond issue to vot-

ers, Hallett said. Reynolds worked with students to help them prepare questions for the survey and to give them tips on conducting the survey. He said the survey should be publicized ahead of time to let voters know they might be contacted. He said one of the most important things is that survey recipients be randomly selected. Students will continue to work

in class developing the survey and will also practice giving the survey to each other. Reynolds will visit the class again in a couple of weeks to help students put the finishing touches on the survey. A date to conduct the survey has not yet been set.

Times-News staff writer Lorraine Cavener can be reached in Burley at 677-4042 or by e-mail at lca@magicvalley.com.

Alaska Airlines flight returns to Reno

RENO, Nev. (AP) - An Alaska Airlines MD-83 jetliner returned to Reno's airport shortly after takeoff when the pilot reported problems with the horizontal stabilizer - the third such incident involving that jet model within a week.

The Seattle-bound jet's problems Saturday night were similar to those discussed by pilots in the tense minutes before Alaska Airlines Flight 261 crashed into the Pacific on Monday.

The cause of that accident, in which 88 people died, has not been determined. On Tuesday, an American Airlines MD-83 had trouble with its horizontal stabilizer after takeoff from Phoenix. It

returned safely to the airport. Alaska Airlines does not plan to ground its 35 MD-83 jetliners or to make any unscheduled maintenance checks, said Jack Evans, a spokesman for the Seattle-based airline.

"We obviously understand there's some stress out there," he said in a telephone interview Sunday. "Despite the accident, we're launching about 400 flights a day and trying to conduct the normal side of our business."

The horizontal stabilizer is a wing-like part on the tail manipulated by the pilot to provide balance along the entire fuselage. An MD-83 stabilizer is about 40 feet wide, according to Boeing.

Alaska Airlines believes the Reno problem occurred because pilots are being overly cautious and running the stabilizer through several complete up-and-down cycles before takeoff, "overheating the motors," Evans said.

The Seattle-bound jet, Flight 631, left Reno/Tahoe International Airport at about 7 p.m. Saturday. It headed back after seven or eight minutes when the pilot reported that the motors that control the stabilizer were operating improperly, Evans said.

The pilot told passengers he had a major mechanical problem, said passenger Dennis Smythe of Anchorage, Alaska.

Smythe, who has a commercial pilots' license, said the plane was moving up and down.

"The pilot seemed like he was trying to get in control of our porpoising," he said.

As the plane crossed Interstate 80 on its descent, Smythe said he felt the right wing pitch and wondered if the pilot was in control of the plane.

"There was a lot of crying and a lot of praying because a lot of people were probably thinking about that (earlier) crash," he said. Passengers cheered as the pilot made a rough landing.

Federal Aviation Administration officials did not immediately return calls seeking comment on the flight.

Navy collects remains from Alaska Airlines crash

PORT HUENEME, Calif. (AP) - Navy crews on Sunday mapped more of the ocean floor near the crash site of Alaska Airlines Flight 261, leaving the plane's wreckage alone but collecting some human remains.

The National Transportation Safety Board wants a detailed picture of the aircraft debris before pieces of the plane are brought to the surface.

Exactly what will be brought up will depend on further interpretation of flight data and cockpit voice recorders, which were

still being analyzed in Washington, an NTSB spokesman said.

"The ships have been out all night long," said Terry Williams, archbishop of Los Angeles, who led a service near Los Angeles International Airport.

The Alaska Airlines MD-83 crashed a week ago, killing all 88 people on board, during a flight from Puerto Vallarta, Mexico, bound for San Francisco and Seattle.

Meanwhile, more memorials were held for families and friends of the 88 people lost with the plane. Among them was a service by Cardinal Roger Mahony, archbishop of Los Angeles, who led a service near Los Angeles International Airport.

The Alaska Airlines MD-83 crashed a week ago, killing all 88 people on board, during a flight from Puerto Vallarta, Mexico, bound for San Francisco and Seattle.

The plane's voice recorder shows that for at least 30 minutes

prior to the crash the pilots were struggling to correct a problem with the tail-mounted horizontal stabilizer, which they said had jammed.

Witnesses who saw the plane go down said it rolled upside down and spiraled into the ocean.

The Ventura County Medical Examiner's Office, which is responsible for identifying the victims, has said that it has several nearly complete bodies. Sheriff's spokesman Eric Nishimoto said it could be a week before any are identified.

U of I coach, family members among victims of disaster

MOSCOW (AP) - The University of Idaho rugby team is raising money to honor its former coach, Bradford "Pat" Ryan, who was killed in last week's Alaska Airlines Flight 261 crash. Ryan, 33, a recent Washington

State University graduate, his brother, James, and parents Terry and Barbara all died when the plane went down off the coast of California.

The family was returning with a group of friends from a

trip to Puerto Vallarta to celebrate James Ryan's 30th birthday and Pat Ryan's recent graduation from Washington State.

Though a Washington State student, Ryan, an experienced rugby player, coached the

University of Idaho rugby team through the 1999 fall season.

The team is dedicating the rest of the season to Ryan and raising money to help pay for funeral services and put patches on their jerseys with his initials.

Two wolves poisoned to death near Salmon

SALMON (AP) - A long-banned form of rat poison was used to kill two wolves near this small town, the U.S. Fish and Wildlife Service has reported.

The agency's forensic laboratory in Ashland, Ore., confirmed that Compound 1080 was used to kill the wolves. Their bodies were recovered from the Panther Creek and Meyers Cove areas.

The wolves are protected by the federal Endangered Species Act. The Fish and Wildlife Service and the Defenders of Wildlife, a conservation group, are offering a \$2,500 reward for information leading to the conviction of those responsible.

The federal agency also is eager for people to know that the tasteless, odorless poison is being used and could be a threat to other species. "Once we found out touches poisoned meat retrieved by their dogs."

"It's nasty stuff," said Rich McDonald, senior resident agent with the Fish and Wildlife Service in Boise. "Once we found out about it, instead of sitting on this, we thought the public

should know." The two wolves were wearing radio collars as part of a controversial transplant effort to restore the species to central Idaho. The deaths were discovered when the collars' signals indicated the animals had not moved, McDonald said.

Two other animals, a fox and rancher's dog, were found poisoned, McDonald said. Compound 1080 is suspected in those deaths, too. McDonald would not confirm the dates the poisoned animals were found, but said all were in the past year.

Compound 1080 could poison a person by entering the body through damaged skin or by being inhaled along with dust particles. Most often, McDonald said, it kills when it is ingested.

The killing of an endangered species is punishable by up to one year in jail and a \$100,000 fine. Use of Compound 1080 by an individual is punishable by up to 30 days in jail and a \$1,000 fine; maximum penalty for a commercial operation is \$25,000 and a year in jail.

Cougars get accustomed to the Wood River area

HAILEY (AP) - Though curtailed mountain lion populations in the Wood River Valley was one perceived outcome of initiating cougar hunting in the Smoky Mountains, that probably is not happening. Idaho Fish and Game conservation officer Lee Frost said in an interview.

The area, known to the Department of Fish and Game as unit 48, had been one of the only areas in the state where mountain lion hunting was not allowed before the Fish and Game Commission voted last year to open a season there.

Frost said lions causing prob-

lems in Hailey, Ketchum and areas in between, have become accustomed to the valley and its residents and are not leaving.

Unit 48 is combined with three other contiguous units to form an area that imposes a three-female kill quota on lion hunters. When three females are killed, hunting ceases regardless of the date.

Two females have been shot outside of unit 48. One more kill and hunting will end until next year.

Frost said there have not been any conflicts due to cougar hunting in unit 48, as opponents to the season feared could arise.

New lake management plan is more restrictive

CASCADE (AP) - Approval of a Resource Management Plan for Lake Cascade could mean new marinas, more developed trail systems and campsites and fewer private docks.

More than 20 members of a committee that is drafting alternatives to the management plan met last week to refine wording before holding public hearings Feb. 16 and 17 in Boise and Cascade.

Alternatives have yet to be decided by the U.S. Bureau of Reclamation, but there are some

certainties about the lake's future management. One of those certainties is to allow vehicles on the beaches and other areas of the lake that appear as the reservoir's water level goes down.

Presently, the management plan calls for restricting such vehicular access, although the restriction is not vigorously enforced.

The upcoming meetings will present the goals and draft objectives of the updated management plan and to explain draft alternatives.

Blaine commission holds hearing

The Times-News

HAILEY - The Blaine County Board of Commissioners will hold a public hearing today to reconsider the county's Oct. 4 decision to deny an application by Linda B. Eldred to re-subdivide Lot 12 in the Gimlet Subdivision into two lots. The hearing will begin at 9 a.m. in the old county courthouse at 206 First Ave. S.

At 1:30 p.m. commissioners will hold a public hearing upon

an application by William and Mary Helen Leach to create the Baseline Ranch. The applicants propose to subdivide 104 acres into four 26-acre lots near the southwest corner of Baseline Road and Schoellers Lane.

The Blaine County Planning and Zoning Commission earlier recommended that the board deny the proposed application, but the applicants have proposed several changes.

The meeting is open to the public.

String

Continued from B4

sweater and jeans, he only had a short time to talk about his work before he needed to change to a suit and tie for a performance at the College of Southern Idaho, where he teaches guitar two days a week.

"When the time permits, I'll build an instrument from scratch," he said, picking up a guitar to play and sing a few comical lyrics.

People who need an instrument fixed manage to find him, he said. Recently, a student at CSI told him, "By the way, Lorange, somebody left a bass here for you." It turned out to be belong to Capital High School in Boise.

In 1974, Lorange moved to Idaho after selling his Los Angeles business, the World of Strings, where his repair business included well-known clients such as the Carpenters. His family had vacationed in Sun Valley, and Lorange said he paid for his fishing and skiing by giving local performances, and

at one time he played with the Sun Valley Orchestra for a couple of years.

Travels for his music took him to Las Vegas where he ended up at the same gig in the 1940s as Abbott and Costello.

His range includes jazz for festivals to ballads for funerals if, as he said, "an old cowboy passes away."

Mike Green, chairman of the Fine Arts Department at the CSI, said Lorange has built up the college's guitar program from a fledgling project.

"He's kind of a character. He has a lot of good stories," said Green, who described Lorange as having a good rapport with students, often loaning his own equipment to them.

Rew, who has recorded the compact disc "Duo's" with Lorange, describes his friend as "everybody's uncle."

Times-News staff writer Jennifer Sandmann can be reached at 733-0931, Ext. 241, or by e-mail jsandmann@magicvalley.com

Everything a fan needs to know. Find it in the Times-News SPORTS pages.



Navajo single mother Wanda Segina pours water into a pot heated by a wood fire near her home in Window Rock, Ariz. Her daughter Maxine Yazze, 9, pitches in to prepare a hot bath for the family.

Decent housing is an elusive dream for many Navajo families

WINDOW ROCK, Ariz. (AP) — Wanda Segina and her four young children moved to the capital of the nation's largest American Indian nation and promptly made one home improvement.

The family has no electricity, no running water and no sewer. They cook over an open fire and bathe in water hauled in by relatives. And though the trailer the family shares has three bedrooms, they sleep in one, huddling together in the cold winter nights.

"It's a living hell. It's a disaster for me as a mom," said Segina, whose children attend the local elementary school.

Segina's living conditions are shared by thousands on the 4.8 million-acre Navajo Reservation, which sprawls across portions of Arizona, New Mexico and Utah, and throughout America's Indian reservations, where housing is in a desperately short supply and often substandard.

The National American Indian Housing Council estimates U.S. reservations need 200,000 houses to alleviate overcrowding and replace inadequate dwellings. More than half of the Navajo Reservation's 56,372 homes lack complete plumbing and a large percentage still use wood as the primary heating source, according to 1990 census figures.

"The country is moving so rapidly, we're losing the chance to catch up," said Navajo community development director Benjamin Jones.

What keeps many American Indians from being able to buy or live in adequate homes is a head-spinning host of problems: high unemployment, few willing lenders, almost no private land and bureaucratic red tape.

Even basic knowledge about establishing good credit and applying for mortgages can trip up many would-be buyers, said Ernest Goatson, director of the Navajo

A look at Navajo population, housing
 Population — 152,105
 Total housing units — 56,372
 Units with no bedroom — 18,795 (33.3 percent)
 Lack complete plumbing — 29,099 (51.6 percent)
 Occupied structures — 37,000
 Primary heat source is wood — 20,094 (54.3 percent)
 Primary heat source is electricity — 3,349 (9 percent)
 Households without telephones — 28,688 (77.6 percent)
 Source: 1990 U.S. Census

Navajos have historically lived far apart, with the rugged northern Arizona hills separating their corn crops and sheep from their neighbors. Their hogans, round dwellings built from native trees, were constructed by individual families.

"The way they saw their homes was spiritual, more of a cathedral, not property," Jones said. Building a home, he said, was a measure of manhood.

For Navajos like Segina, for whom traditional dwellings are less important, money is an insurmountable obstacle. Like Segina, roughly half of the Navajo Reservation's 151,105 residents are unemployed.

The single mother's only source of income are child support and the odd auto-repair job, making it almost impossible for her to raise the \$6,000 it would cost to connect her to the closest power line and the \$8,000 it would cost for a water connection.

Housing Service Department. "The federal housing program is more of a subsidy program than a home ownership program," he said. "They see a house more as a giveaway."
 Tradition can also prove a major obstacle to modern housing, Jones said.

High-level waste hearings kick off

IDAHO FALLS (AP) — The Idaho National Engineering and Environmental Laboratory must decide this year how to dispose of highly radioactive waste buried in tanks above the state's water supply.

This week, the public gets its chance to shape decisions that will dictate what kinds of treatment plants are built and what risks they will be asked to live with for at least 35 years. Treating the waste from 50 years of reprocessing nuclear fuel, which is so radioactive it could give a person a lethal dose within hours, will also be one of the biggest cleanup jobs at the

INEEL during this century.

"These are some of the higher-risk materials out there," said Kathleen Trever, director of Idaho's INEEL oversight program.

At least half of the treatment options would give off radioactive air pollution. Because of concerns from Wyoming citizens about a proposed incinerator that would burn less dangerous waste, public hearings will be held there for the first time.

The INEEL must also decide how to dismantle those highly contaminated facilities after the waste has been treated.

The Department of Energy has

outlined nine separate options for treating the high-level waste, which contains carcinogenic chemicals as well as radionuclides that are either highly radioactive or long-lived.

About 1.4 million gallons of liquid waste remain in underground tanks. There is also 147,000 cubic feet of calcined waste stored in steel bins. That waste has been converted into a dry powder.

Nearly all of the treatment options would require building new plants to convert the waste into glass, ceramic or concrete forms so it might be shipped to a permanent dump someday.

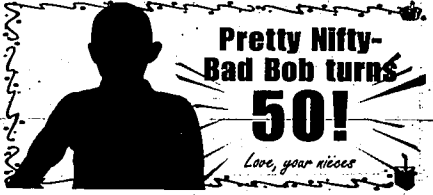
Court sentences man for stabbing girlfriend

COEUR D'ALENE (AP) — A Nez Perce tribal member convicted of assault will spend more than four years in prison for stabbing his former girlfriend.

Marvin Williams, 58, pled guilty to the stabbing in October. He was sentenced last week in U.S. District Court in Coeur d'Alene.

In sentencing Williams to 51 months in prison, Judge Edward J. Lodge cited Williams' history of violence, particularly against women. Lodge said the sentence was needed to protect society and to deter Williams and other from similar conduct.

The stabbing occurred Feb. 2, 1999. Williams' prison time will be followed by three years of supervised release.



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 Bicentennial Man (PG) Daily 1:00 - 4:00 - 7:00 - 9:40
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Ethan Hawke Youki Kuroki
 Snow Falling on Cedars (PG-13) Daily 1:00 4:00-7:00-9:40
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 Cider House Rules (PG-13) Daily In Digital Sound 1:00-4:00-7:00-9:40

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LEGAL NOTICE

INVITATION TO BID: The Idaho Transportation Department, P&M Section, 3311 West State Street, Boise, Idaho will receive sealed bids, until March 7, 2000 at 2:00 P.M. The work shall include furnishing all labor, equipment, supplies, tools and materials required to effectively maintain, repair the Juniper Rest Area (East & West Bound). NOTICE OF PUBLIC HEARING: The owner of a seized conveyance who is indigent may request a waiver of the requirements to post a cost bond. NOTICE OF PUBLIC HEARING: NOTICE IS HEREBY GIVEN THAT THE CITY COUNCIL OF THE CITY OF KIMBERLY will hold a public hearing at 7:00 p.m. Tuesday, February 22, 2000, in the City Hall located at 120 Madison West, Kimberly, Idaho, to consider the request of the applicant for approval of the Preliminary Plat for Vista Estates Subdivision. VISTA VIEW Estates Subdivision is located in Twin Falls County, Idaho, and is more particularly described as follows: SECTION 17, Township 10 North, Range 18 East, Boise Meridian, Kimberly, Twin Falls County, Idaho. The property is zoned Residential-Agricultural. City residents and interested persons shall have an opportunity at said hearing to appear and be heard on the above requests. PUBLIC NOTICE: The Board of South Central Idaho Workal will meet

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113 CHILD CARE SERVICES: A GOOD DAY CARE Licensed, insured, CPR certified, ICCP provider. BO-PEEP DAY CARE & KINDERGARTEN: Opening in 2000. CHILD CARE: 24 hours licensed child care.

106 SPECIAL NOTICES: ALCOHOLICS ANONYMOUS: 208-733-8300 & 726-46508. FAX YOUR AD: TIMES CLASSIFIED DEPARTMENT: 208-734-5538 or 208-677-4543 (BURLEY).

107 ABORTION ALTERNATIVES: PREGNANCY CRISIS CENTER: 734-7472 - 800-371-7472

108 PROFESSIONAL SERVICES: Competitive rates on Chapter 7 bankruptcies. HOUSE CLEANING: plus vacuuming only. PIANO Instruction: From introductory lesson, beginning to intermediate.

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PUBLIC SERVICE MESSAGE: Don't pay to find work before you got the job. For free information about avoiding employment service scams, write to the Federal Trade Commission, Washington, D.C. 20580, or call the National Fraud Information Center, 1-800-876-7050.

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ASSISTANT MANAGER: Individual experienced in the maintenance in the irrigation system and measurement of water. Also, be able to deal with the public and customer. Must be willing to relocate to Gooding, Idaho area. Send resume to: Box C, Shoshone, ID 83352. Application a c c p t e d 11/21/2000

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UNITED STATES DEPARTMENT OF JUSTICE Immigration and Naturalization Service. Notice is hereby given pursuant to 8 CFR 827.9-1 that the following vehicle was seized on the date specified at the identified location because of the alleged use in the commission of a violation of Section 274(a) of the Immigration and Nationality Act (INA) (8 U.S.C. 1324(a)). On January 17, 2000 one 1987 Dodge Pickup ID License Number 2C 8954 VIN: JBT124D0909924 was seized at M.M. 131, 1/4 near King Hill, Idaho.

