



GOOD MORNING

WEATHER

Today: Mostly cloudy with a slight chance of evening thunderstorms. Southwest winds to 15 mph. High, 92. Low, 59.
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MAGIC VALLEY



Art for everyone: Public art is helping cities establish identities.
Page A4

Basque celebration: Basques gathered Saturday to celebrate their heritage.
Page A4

HEALTH & FASHION

Stretching a point: Flexibility may be the most important part of your workout—before and after.
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SPORTS

Great Scott: Fayette Grove Scott Masingill won his eighth IGA State Amateur golf title Sunday on his home course.
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Track field: One American woman's trip to the Sydney Olympics is all set, but a legend's bid to join her fell through on Sunday.
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OPINION

Places to the puzzle: Evidence shows that Salt Lake City boosters must have had a good idea of what it would take to win the Winter Olympics for Utah, a guest editorial says.
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Clean, mean Flying machines



Ken Bond was one of some 40 pilots who came to Smiley Creek over the weekend in a traditional annual fly-in. 'Whenever I get frustrated, I just jump in my plane and come to a place like this and forget everything,' Bond said.

Pilots wing it into Smiley Creek for get-together

By Pat Murphy Times-News Correspondent
SMILEY CREEK — "Whenever I get frustrated," Kent Bond says, glancing around, "I just jump in my plane and come to a place like this and forget everything."
Bond's idea of "a place like this" is Smiley Creek Airport, a 4,950-foot grass strip some 40 miles north of Ketchum midway to Stanley on Highway 75 and a jumping off place to some of the nation's remotest and most picturesque small forest landing strips.

At least 40 of Bond's fellow pilots from the Salt Lake City area shared his need for escape this weekend, as they traveled en masse to Smiley Creek for a fly-in in a fleet of aircraft ranging in speed from a sleek, fighter plane-like Harmon Rocket that moves at 250 mph, to the Kit Fox, a home-built that cruises about 80 mph.

Bond, a retired crew chief on a Utah Air National Guard KC-135 air tanker, flew his own sleek bubble-canopy RV4 that cruises about 200 mph, with his wife in the rear seat.

The strip, one of 30 managed by the state of Idaho, is set in a tranquil valley area surrounded by mountains. Hundreds of cattle graze undisturbed in an adjoining range land.

Since the state of Idaho acquired the land, it has added shower facilities for men and women, gazebos and fire pits for cooking. As a result, the field Please see PILOTS, Page A2



A vagabond's paradise

By Pat Murphy Times-News Correspondent

SMILEY CREEK — For most pilots, the worst part of modern aviation is rules and regulations and the strict air routing controls that leave little of the freedom that once made the uncrowded U.S. skies a vagabond's paradise.

But fly down to lower altitudes, and away from the big city airport terminal control areas, and there still are a few places

Aviators get away from it all

where pilots can go and sense what the life of a carefree vagabond pilot must've been in great-grandfather's time: Welcome to Smiley Creek airport.

No control tower, no terminal radar system, no runway lights, no taxiways, no terminal build-

ing (just a shack for the lawn mower), no fire department, no fuel, no repair services.

In short, none of the modern accoutrements that hem in today's general aviation pilots. At Smiley Creek, the airport is just a well-mowed grass runway, 4,950 feet long, with a slight five percent upgrade from north to south, and an altitude of 7,160 feet. In adjoining range land, several hundred head of cattle

Please see PARADISE, Page A2.

Summit makes meager progress

Los Angeles Times

THURMONT, Md. — With President Clinton's planned departure setting an effective midweek deadline, U.S., Israeli and Palestinian negotiators tried Sunday to refine their earlier talks into a peace agreement acceptable to both adversaries.

In a role reversal, Palestinian sources expressed optimism, while Israeli officials said a breakthrough seemed well out of reach. When the summit began Tuesday, Israel took by far the more assertive tone.

Clinton expressed guarded optimism in an interview with the New York Daily News that focused primarily on the successful campaign of his wife, Hillary Rodham Clinton.

Late Sunday, White House Press Secretary Joe Lockhart relayed to reporters the president's answers about the summit: "I'm more optimistic than I was when they got here. ... We might make it. I don't know. God, it is hard. ... But I would be totally misleading if I said I had an inkling that a deal is at hand. That's just not true. But we're stogging."

Earlier, Lockhart repeated Clinton's determination to leave Wednesday morning for the summit in Japan, of the world's leading industrial nations plus Russia, the so-called Group of 8. That in essence fixes a Tuesday night deadline for completion of the summit.

"When the president goes to Japan, you will have an assessment of what happened at the talks," Lockhart said. Asked if progress was enough to ensure an agreement by Tuesday night, Lockhart said, "Ask me Tuesday."

But he asserted that the president's scheduled departure is having an impact on the talks.

"I think everyone understands the calendar," Lockhart said. "Everybody understands what the issues are and what the schedule is. So I think they understand that an intense effort is needed."

Report: Teen sex declines

Talk about AIDS seems to be effective

Knight Ridder News Services

KANSAS CITY, Mo. — Teenagers say "the talk" is finally changing their attitudes about sex.

But it's not the talk of morals and the sanctity of marriage that parents pushed for years. That was the talk that didn't work.

The latest edition is not about love and virtue. This talk is about AIDS and death, and it seems to be working.

The National Centers for Disease Control and Prevention announced last week that new surveys show rates of sexual intercourse among American high school students have declined for the first time in two decades.

Between 1991 and 1999, the percentage of students ages 14 to 18 who had engaged in intercourse dropped from 54 to 49, the study showed. And among teens who are sexually active, condom use is rising.

Still, the survey means that nearly half of American high school students have engaged in sexual intercourse. Some teens are questioning the accuracy of the survey, saying they think the rate of sexual intercourse among their peers is much higher.

'Monkey trial' survivor marks 75th anniversary

The Associated Press

DAYTON, Tenn. — T.J. Brewer was 4 years old when he sat on a judge's desk and picked jurors' names from a hat for one of the most important trials in U.S. history.

Brewer, 79, doesn't remember much about the Scopes "monkey trial" other than the thousands of people who swelled this hamlet of 1,000, making it difficult to get to the popcorn stand on the courthouse lawn.

"There was a silent movie theater here," said Brewer. "And before the movie started they were showing the newsreels. My mother took me the night that they were going to show jury picking. There I

was up on the big screen. That really impressed me."

Brewer, the last living participant of the trial, gathered with townsfolk and trial experts for a 75th anniversary celebration over the weekend in Dayton.

"Seventy-five years ago, this was the center of the universe," WGN talk show host John Williams told listeners back home in Chicago in a weekend show mimicking trial coverage.

For 12 days in July 1925, the world hung on WGN's broadcasts and dispatches from 100 newspapers, including the venerable H.L. Mencken.

They came to see the greatest Please see TRIAL, Page A2



T.J. Brewer stands in the Rudd Memorial Chapel of William Jennings Bryan College Friday in Dayton, Tenn., as descendants of people who participated in the historic 1925 Scopes "monkey trial" gather for the 75th anniversary celebration of the event.

U.S. may offer aid to cement peace deal

The Washington Post

WASHINGTON - With Middle East peace talks under way at Camp David, U.S. and Israeli officials have quietly begun consulting Congress about its willingness to cement an Israeli-Palestinian settlement with billions of dollars in American aid. The money would be used to relocate Israeli military bases and borders, enhance Israel's defenses, and compensate Palestinian refugees for the loss of their homes.

Over the last several weeks, Secretary of State Madeleine K. Albright and David Ivry, the Israeli ambassador to Washington, have been trying to build support among key lawmakers for what would be the largest Middle East aid package since the 1978 Camp David accords between Israel and Egypt, according to U.S. and Israeli officials.

The details of the possible U.S. aid package are still vague, and administration officials have told key members of Congress that it would be premature to provide specific figures or even estimates.

But with congressional officials anticipating that a peace deal could cost U.S. taxpayers as much as \$15 billion - and possibly much more - over the next few years, the prospect of a major new spending commitment is running

into opposition in a Republican-controlled Congress that has never been fond of foreign aid.

While Democrats and some Republicans said they would look favorably on the request, given Israel's special relationship with the United States, some key Republican lawmakers questioned whether Congress would be willing to fund such a large package on behalf of an administration whose motives many members regard as suspect, especially in an election year. Still others faulted the administration for not doing enough to build political and public support for an aid package.

Sen. Mitch McConnell, R-Ky., chairman of the Senate Appropriations subcommittee on foreign operations, said in a telephone interview that while Congress will take a look at any requests arising out of the summit, "these figures are mind-boggling and the chance of the Congress approving (such a request) is pretty slim, probably even non-existent." He said he fears a political motive. "What I hope is not happening is that the administration is just up there (at Camp David) trying to buy an agreement because it's an election year," said McConnell, who is also chairman of the Senate Republicans' campaign committee.

Nuclear scientists pass government polygraph tests

WASHINGTON - The Energy Department has administered polygraph examinations under a new federal law to 800 nuclear scientists and security workers since the beginning of the year without a single employee failing the "lie detector" test, according to the department's director of counterintelligence.

Edward J. Curran, a veteran FBI official who took over as head of Energy Department counterintelligence more than two years ago, said that about 20 percent of test subjects showed physiological responses indicating some "deception" to a question about unauthorized contacts.

But all of those subjects ultimately passed when asked the question a second time after being allowed to explain a minor transgression or admit to past conduct that may have been causing slight feelings of guilt, Curran said.

Nation in brief

McLaughlin is not expected to face difficulty in gaining Senate confirmation.

Clinton promises big money to Alzheimer's research

THURMONT, Md. - Federal researchers will get an additional \$50 million over the next five years for research into prevention and treatment of Alzheimer's disease, including the potential for a vaccine, the White House said Sunday.

Former President Reagan's daughter Maureen Reagan, an activist in the fight against the disease her father suffers from, welcomed the announcement but said much more is needed. The organization Maureen Reagan represents, the Alzheimer's Association, wants \$100 million for research this year.

The \$50 million for the National Institutes of Health is to build on preliminary findings made public last week about the search for a vaccine against the progressive, degenerative brain disease that afflicts 4 million Americans. The aging of the baby boom generation will push the total to 14 million by 2050.

Gunmen botch jewelry heist, release hostages

ROLLING HILLS ESTATES, Calif. - Gunmen who held six people hostage in a botched jewelry store heist released their three remaining captives and were arrested Sunday, authorities said.

The three hostages - two men and a woman - and the two gunmen walked out of the shop about 11 a.m. All of the hostages were unharmed, authorities said. The nearly 17-hour ordeal began Saturday after two middle-

aged men dressed in business suits and claiming to be police detectives entered Morgan's Jewelers, pulled out handgun and began robbing the store.

- compiled from wire reports

Lunch Specials

Week of July 17 through July 21

- Monday -
- Chicken Tenders \$6.95
- Tuesday -
- Meatloaf w/ Mashed Red Potatoes \$5.95
- Wednesday -
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Gore dismisses Nader's candidacy as a hindrance

Los Angeles Times

WASHINGTON - Al Gore dismissed questions Sunday about whether the presidential bid of consumer advocate Ralph Nader is siphoning away support from his candidacy, saying that by election day most voters will want to choose between two very stark alternatives - Gore or Republican George W. Bush.

Recent polls have indicated Nader's candidacy could hurt Gore in key states such as Michigan and Pennsylvania. But Gore said he expects that

to change. "In the final analysis, it is likely that most people will see this as a two-person contest and want to vote on that," Gore said on NBC's "Meet the Press."

Nader, a Green Party candidate, said Sunday on the CBS show "Face the Nation" that he was not running as a "spoiler." "I don't think you can spoil a political system that's spoiled to the core," Nader said. "Nobody's entitled to votes. We all have to earn our votes. In many ways, Al Gore is siphoning votes from Al Gore."

Railroad killer leads police to Florida victim's remains

OXFORD, Fla. - Convicted serial killer Angel Maturino Resendiz led authorities Saturday to the skeletal remains of a teenage girl, a day after admitting to authorities he killed her and her traveling companion three years ago.

Resendiz, 39, told Marion County sheriff's detectives during an interview in Texas that he killed Jesse Howell, 19, with a railroad air brake coupling and that he strangled Wendy Von Huben, 16, about eight hours later.

President taps analyst as deputy director of the CIA

WASHINGTON - President Clinton has nominated John E. McLaughlin, a veteran intelligence analyst who directed the CIA's European division as the Cold War ended, as deputy director of central intelligence.

McLaughlin, 58, joined the CIA in 1972 as an Italy analyst and rose through the ranks of the agency's analytic arm, the Directorate of Intelligence, serving as deputy director for intelligence in 1997, the CIA's highest-ranking analytic position.

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AROUND THE VALLEY

Buhl School Board will canvass levy results

BUHL - The School Board will meet at 7:30 tonight at the district administration office to canvass results of the supplemental levy election and to swear in a new board member.
The meeting is open to the public.

Commissioners will hear request on subdivision

HAILEY - The Blaine County Board of Commissioners will meet at 8:45 a.m. today at the courthouse to consider a request of Ken Bailey to subdivide nearly 400 acres into four lots on the south side of U.S. Highway 26-93 about 3.5 miles south of Carey.

At 1:30 p.m. commissioners will consider a request of Seaboard Inc. for the Bluegrouse Ridge subdivision to subdivide 79 acres into 19 lots at the mouth of Ohio Gulch.

Parents can learn about children's literacy tests

TWIN FALLS - What parents can do to prepare their incoming kindergartners for school in the fall will be the topic of informational meetings hosted by the Twin Falls School District. Meetings will be held at 10 a.m. and again at 7 p.m. Tuesday at I.B. Perrine Elementary School.

The state has defined grade level literacy skills for students in kindergarten through third grades. In the fall, the students will be given a 10-minute test to evaluate literacy levels and identify students who need help catching up to grade level. The Tuesday meeting will explain the test and how parents can help their children build literacy skills through simple home activities such as reading.

Call the school district at 733-6900 to register for the meeting.

Glenns Ferry School Board to hold training session

GLENN'S FERRY - The School Board will hold a board training session at 6 tonight at the administrative offices.

The board is also expected to hire a new elementary school teacher. The meeting is open to the public.

Free camp for kids with cancer will open soon

KETCHUM - Camp Rainbow Gold, a free one-week summer camp for children with cancer, will be held July 30 through Aug. 4 at the Cathedral Pine Campground north of Ketchum.

A dedicated core of volunteers, including a physician, certified oncology nurses, social workers and trained counselors, address the health issues these campers face and attend to any special needs they might have, said Camp Rainbow Gold Director Sharon Dingman of Twin Falls.

The camp is open to Idaho children as well as children from surrounding states. Applications have been mailed to parents of children known by the Camp Rainbow Gold staff, but new campers are enthusiastically welcomed and encouraged to attend.

Sponsored by the American Cancer Society through donations from individuals and organizations, there is no charge for campers and their families. For further information, donations or applications, contact Camp Rainbow Gold at 734-2425.

Cassia commissioners to discuss budget

BURLEY - Cassia County commissioners will meet with department heads today to go over the 2000-01 budget.
Commissioners will also consider participating in the Department of Environmental Quality rule-making process for developing requirements for financial assurances for swine and poultry facilities.

The commission will also meet with Bill Allred of the DEQ's Twin Falls office regarding ground water. Also on the agenda will be reviews of two budget requests, one from the Middle Snake Regional Water Resource Commission and one for the D.E.T.O.U.R. program, a prison awareness program for juvenile offenders.

The meeting begins at 9 a.m. in the basement of the Cassia County Courthouse.

Officials: Bull trout appear OK

Investigations find South Canyon creek unaffected from work

By John T. Huddy
Times-News writer

JARBIDGE, Nev. - Work done on the controversial South Canyon Road over the Fourth of July holiday doesn't seem to have affected the river that is home to the endangered bull trout, a U.S. Fish and Wildlife spokeswoman said Friday.

Randi Thompson of the Fish and Wildlife Service said it appears there were no environmental violations when protesters

U.S. assistant attorney says indecisiveness from Elko County must be its answer to agreement

By John T. Huddy
Times-News writer

ELKO, Nev. - The county's lack of action on a proposed agreement with the U.S. Department of Justice is a decision, Steve Myhre, assistant U.S. Attorney in Nevada, said Friday.

"We've precluded lack of action on the part of the commissioners as a rejection of the settlement agreement that was proposed," Myhre said. "Given that, the U.S. Attorney in the next few weeks will

decide how to move forward."
The U.S. Department of Justice has threatened a \$27,500-per-day fine against the county stemming from work the county did on the road back in 1998. That fine would now amount to about \$19 million.

Under the proposed agreement, the U.S. Forest Service would rebuild the road, if a study shows it won't harm the environment, and the county would

clear a 370-foot path on the South Canyon Road near Jarbridge July 24.
"I don't think there is anything there to warrant an endangered species act violation at this

point," Thompson said in a telephone interview from the U.S. Fish and Wildlife office in Reno.

Thompson said Fish and Wildlife biologists surveyed the road after the holiday protest

work. Crews from the U.S. Forest Service also checked the road to see if any environmental damage was done.

The results of both investigations are still pending.

Thompson said the Fish and Wildlife Service surveys didn't notice any dead bull trout, however.
"That's one of the things we looked at," she said.

Officials have said the creek, which sits just below the cleared path, is home to the southernmost species of bull trout - which are threatened.

But Thompson said, while there may not be any problems now, future problems could arise.

"At this point it appears not to be a violation," she said. "But in the future I can't say there won't be problems because we don't know the full extent of damage at this point."

Thompson said the Fish and Wildlife Service would rebuild the road, if a study shows it won't harm the environment, and the county would

Public art helps cities establish an identity

By Rachel Denny
Times-News correspondent

TWIN FALLS - A stroll around downtown Boise today is a lot different than it was a decade ago.

The bustling, commercial surroundings have a lot to offer shoppers, diners, bar hoppers - and art lovers.

Public art, like sculptures, in core-business areas can make a once neglected area, like Boise's downtown district, thrive and give residents a collective pride in their city, said Karen Bubb, the public art coordinator for the Boise City Arts Commission.

In the last ten years Boise has completed 25 public art projects, most of them in downtown, she said.

"When I was growing up in Boise the downtown was neglected," Bubb said. "With the efforts of the downtown businesses and city we've really brought it back to a strong economic presence, visual art has been a strong force in that. For us public art is a way to refocus what's special about our city and it is a way of making our public places special."

And smaller communities are starting to pick up on that message too.

Take Buhl for example. In October the Buhl Arts Council opened up the Eighth Street Center which includes a gallery, classroom and commercial kitchen.

They are working on a number of public art projects, including building an amphitheater with the Buhl area Chamber of Commerce in the City Park and creating an outdoor labyrinth, said Kelly Daluiso, program director for the Buhl Arts Council Eighth Street Center.

"The center gives the public pride in their community," Daluiso said. "Especially here in Buhl since it is a small rural community. The art center has helped bring people together. It provides a social venue that wasn't here previously."

"There's very limited resources in Buhl, up until now. We filled a niche and also boosted enthusiasm in the town. Public art invokes thought. It makes you stop and think about it. It's a non-traditional educational tool that I think was lacking here," she said.

There is a large movement in smaller resort communities to bring art to their

town. Many are looking to Buhl for examples of how to establish art centers, Daluiso said.

In Twin Falls, the Magic Valley Arts Council's Millennium Sculpture Project is another example of a small town trying to establish art.

The project includes sculptures in the City Park and on the corner of Shoshone Street and Main Avenue.

It includes large basalt rocks with flowing water at the City Park that will be engraved with quotes from the past and present with a life-size bronze cast of an antique plow in the center.

Downtown a smaller installation will stand on a raised concrete platform. This single basalt stone will be covered with engravings and have a bronze cast of a horse harness.

"We're really hoping this project reflects Twin Falls back to itself," MVA's Executive Director Donna Yule said. "This project is about our history and what we've done with our past - in creating our past-and-our future."

Although Yule could not comment on the impact the sculpture project may have in the downtown business area, she did say the project would help Twin Falls express its identity.

"I think Twin Falls is lacking in opportunities to express its identity," Yule said. "I think that's where public art comes in. Public art has a place in generating controversy. Getting people to talk about your personality as a community."

Other art directors agree.

"I think public art is really important," Bubb said. "It helps to manifest the image of what you want your city to be. Creating a public art project and being involved is a way for local businesses and the city to name their history and what is important to the city. It brings the community together."

"With every piece we do it encourages discussion and dialog, there are some pieces people don't like and some pieces people love. It encourages dialog that wouldn't happen without art. To come together in public art is a way for groups to come together in vested interest to celebrate that city."

Times-News correspondent Rachel Denny can be reached in Twin Falls at 734-3780.



Kelly Daluiso, program director for the Buhl Arts Council Eighth Street Center, says public sculpture helps a city improve its commercial viability and can restore pride in once neglected downtown areas.

Downtown merchants to appeal indoor skate park request tonight

By John T. Huddy
Times-News writer

TWIN FALLS - Several downtown business owners say they will oppose plans for a proposed skateboard park in downtown to the City Council tonight.

Steve Garner, a downtown business owner and downtown Business Improvement District member, and several other downtown merchants have questioned the final decision on the park's fate and will hear both sides' arguments about the park at tonight's public hearing.

"A skate board park is not what we envision for our downtown," an appeal letter from Garner says.

About 10 other merchants signed the letter.

"This is neither the environment nor the image we want for

our downtown. However, we do support the city's plan for a skate park at Harmon Park where it rightfully belongs," Garner's letter says.

The BID board has also taken a stand against a skateboarding facility, recently because, board members said, skate boarders in the past have left a bad taste in the mouths of both business owners and customers in the area.

But Tim Augler of Fusion Ministries said the issues raised by neighboring business, including parking and littering, would not be a problem.

"We love our neighbors and want to do everything to see our neighbors flourish," Augler said at the meeting.

City planning and zoning commissioners agreed the skate park would be beneficial to young people and many on the commission said it would not harm downtown.

A city staff report also supports the proposed project.

The city and the skaters' association are currently working to build a 10,000 square-foot skate park at Harmon Park. An indoor facility would allow skating during inclement weather and some skaters may prefer the more controlled environment offered by the applicant.

The City Council will also discuss a presentation by the police department for the modification of its uniform requirements.

Police department heads plan to ask for the City Council's approval before patrol officers are allowed to wear shorts during the summer months while on patrol.

"Between May 15th and September 15th of each year, police officers and community service officers working in a uniform function and assigned to the field may wear department authorized blue patrol shorts during the work day," a proposed addition to the department's uniform code says.

"The primary reason for this request is to provide officers with a comfortable and professional alternative to the wool-blend patrol pants during the hot summer months," a police department staff report says.

Area Basques strive to preserve heritage

About 3,000 turn out for 19th annual picnic in Gooding

By Brandon Flaia
Times-News writer

GOODING - The survival of Basque culture in America largely depends on Idahoans. The largest group of Basques outside of Europe is in Boise, according to the Boise Basque Museum and Cultural Center.

At least 6,000 Idahoans of Basque ancestry live in southern Idaho, and many of them attend the annual Gooding Basque Picnic.

"We are trying to preserve the Basque culture and get the second and third generation involved," said Julian Legarreta, president of the Gooding Basque Association. "We don't have any more Basque migration from Spain, and we want the culture to survive."

About 3,000 people attended the 19th annual picnic this weekend, Legarreta said.

Basque barbecued lamb, rice, beans and salad were served, and there were dances and horse rides. But there were no games of strength or wood chopping this year.

Because of a Basque celebration in Boise, the weight lifters and wood choppers couldn't make it, Legarreta said. Next year, the games will return, he said.

"For a long time, Basques weren't proud of their culture, they wanted to be Americans," said Nancy Yote of Fairfield. "Now they realize it's important."

One participant traveled 850 miles to attend.

"I was raised in Gooding and I've been coming to the picnic for 19 years," said Theresa Jeffries Nichols of Anaheim, Calif. "I grew up in the Basque culture and my dad sold cars to Basques for many years. They called him an honorary Basque."

The Gooding Basque Association hopes to build a museum in Gooding.
"We are hoping to finalize paperwork to start building a museum in Gooding." Please see BASQUE, Page A6

The Times-News

MORNING LINE

SPORTSQUOTE

“Does it scare me to get back into a race car? No, I'd rather run 190 mph with these guys than try to drive with some of those morons on the streets.”

—Winston Cup driver Tony Stewart, on the death of friend and fellow driver Kenny Irwin

TRIVIA

QUESTION:

Who was the first American golfer to win the British Open?

...answer below

TODAY'S SCHEDULE

- Golf
 - RMSPGA Club Pro Championship, at Idaho Falls C.C.
 - RMSPGA Senior Championship, at Idaho Falls C.C.
 - Latham Junior Tour, at Blue Lakes C.C., 8 a.m.
- Legion baseball
 - Idaho Falls vs. Twin Falls A, 11 a.m.
 - Burley at Marsh Falls, 3 p.m.
 - Wood River at Kimberly, 4 p.m.
 - Idaho Falls Russetts at Twin Falls A, 5 p.m.
 - Shelby at Buhl, 6 p.m.
 - Idaho Falls Reds at Minico AA, 7:30 p.m.

IN BRIEF

Idaho Sneakers may host Venus today

BOISE — Lina Krasnorousskaya won her singles and doubles sets on Saturday to lead Springfield in the Idaho State Tennis Open. The team tennis squad 21-17 at the Bank of America Center. Idaho's wins came from the mixed doubles tandem of Katie Schlukebir and Levar Harper-Griffith, who topped Larisa Neiland and David MacPherson 5-2. The Sneakers' other set victory came from Andy Roddick, who ousted Grant Stafford 5-4 (5-2) before Stafford and MacPherson bested him and Harper-Griffith 5-2 in men's doubles. Idaho remains at home today to host the St. Louis Aces, who court recent Wimbledon singles champion Venus Williams as their marquee player. It was unclear, however, whether Williams was to make the trip to Boise to compete. Match time is 5 p.m., and tickets are still available.

Beef tenderize Idaho in last IPFL meeting

OMAHA, Neb. — In the two teams' final Indoor Professional Football League meeting of the summer, the Omaha Beef relied on four touchdowns from quarterback Troy Travis to beat the Idaho Stallions 59-59 Saturday night.

Trailing 13-9, Omaha (7-5) rattled off 44 straight points to ensure the win, the Beef's fourth in four tries this summer. Albert Higgs was 20-of-31 passing with one score for the Stallions (5-7), who found a lone bright spot on defense in Brian Smith. The line-backer set a single-season record with his 133rd tackle.

Compiled from staff reports

TRIVIA ANSWER

Jock Hutchison of Pittsburgh, in 1921 at St. Andrews.



New-image All-Stars



Reed and the rest are ready to rock Phoenix

The Associated Press
 PHOENIX — The WNBA will try to project a bigger, stronger image to the world in its second All-Star Game tonight.
 “Our hope for the long term is that this will become a signature event for us, much as with other sports like baseball, the NBA, the NHL All-Star game,” WNBA president Val Ackerman said. “We look for this to be a showcase.”
 Ackerman does not believe the league's 33-percent-expansion to 16

teams this year — adding franchises in Indiana, Miami, Portland and Seattle — diluted the talent pool. Of the 220-plus players on this year's rosters, only 40 were around when the league made its debut with eight teams in 1997.
 “That speaks volumes for the quality of the newcomers,” Ackerman said. “Obviously, the players from the ABL are the most heralded, but in reality the college programs have gotten better, the international players are very strong, and there are the (Scottie) Pippen types who may not have had distinguished college careers but keep on improving.”
 “Brandy Reed is a case in point.”
 Reed, a Phoenix Mercury forward who ranks among the top 15 in scoring, rebounds, steals and free-throw-shoot-

ing, was the focus of the first All-Star controversy, but the broad talent base set the stage.
 Fans left Reed out when voting for the starters, and the coaches, allowed to pick just six more players per roster, followed suit.
 That forced Ackerman into the unprecedented step of adding a 12th player to the West to get Reed on the team and avoid a backdash in a host city without an All-Star player.
 “I think it shows how deep the league is as far as talent,” said Taj McWilliams. — See WNBA, Page A8



PHOENIX All-Star Brandy Reed, left, defends as All-Star Lisa Leslie posts up while running practice drills Sunday.

JONES EXALTS



Marion Jones competes in the long jump finals at the U.S. Olympic Track and Field Trials in Sacramento, Calif. Sunday.

The drive for five lives and dies at track trials

The Associated Press
 SACRAMENTO, Calif. — Marion Jones' drive for five is alive, but Jackie Joyner-Kersey's is not.
 The irrepressible Jones nearly missed out on making the final of the long jump in the U.S. Olympic trials Sunday, then rebounded with some pressure jumps to win the competition. That kept intact her bid to become the first track and field athlete to win five gold medals in one Olympics.
 The 38-year-old Joyner-Kersey, the 1988 Olympic gold medalist and winner of six Olympic

medals — more than any female track and field athlete — failed in her attempt to make a record-breaking fifth Olympic team.
 Jones, after fouling on her first two attempts in the preliminaries, soared 22 feet, 1.75 inches to reach the final. After leaping into the lead on her fourth try with a wind-aided 22.7, then being overtaken by Dawn Burrell at 22.10 later-in-round-four, Jones responded with the winning jump of 23-0.5, her best in a year.
 “I’ve been waiting for that jump all year,” Jones said. “That it came at the Olympic trials is great. I’ll be ready for Sydney.”
 “Knowing in my heart that I

can jump very far and run very fast, that's what motivates me.”
 Jones, encouraged by Joyner-Kersey throughout the competition, knew she was in trouble before her third jump.
 “I thought I have one more shot and if I can't get it, it will be over,” she said.
 Joyner-Kersey had confidence that Jones would not foul out.
 “When we were standing there talking, she wasn't concerned,” Joyner-Kersey said. “She knew exactly what to do. If you're going to be the best in the world, you can't be worried about what you have to do to execute.”
 “She knew she was going to get

that jump.”
 Jones took her first step toward the unprecedented five-gold-medal haul by winning Saturday's 100 meters. She will try to complete a trials triple by winning the 200 next weekend.
 In the games, her five-event performance also would include the 400 and 1,600 relay.
 While Jones appeared full of energy Sunday, Joyner-Kersey, the sentimental favorite of the capacity crowd of about 23,503, couldn't cope with the sapping heat and her two years of inactivity.
 After making the final in Please see JONES, Page A8

Masingill coasts to IGA No. 8

Burley's Spackman claims first flight

The Times-News
 PAYETTE — With a course record on the first day and the second-lowest score of Round 2 under his belt, Payette native Scott Masingill all but coasted to his eighth career Idaho Golf Association Men's State Amateur title in Sunday's third and final round at Scotch Pines Golf Course.
 Masingill fired a final-round 72 — even par — to stretch his lead at tourney's end to eight strokes over runner-up Chip Points, also of Payette, 66-69-72-207 to 69-72-74-215.
 It was Masingill's first state amateur victory since 1996.

“Twin Falls’” Jason Meyerhoeffer ended up with a 76-75-25-226, and Jason Hunziker, also of Twin Falls, was five strokes behind that with an 82-75-74-231.
 Jason's Everett Grimes II finished third in the championship flight with a 216 (71-74-71-216), while Boise's Matt Schweigert fired the lowest round of the last day (75-74-68-217) to snare a share of fourth place with Boise State University golfer Luke Sostero (69-71-77-217) of Idaho Falls.

Defending champion Bret Rupert, who won last year's championship with big drives and solid putting at Clear Lake Country Club in Buhl, finished with a 74-79-77-230.
 The Magic Valley was well represented in the first flight. Burley's Terry Spackman broke from the consistency of his matching 73s over the first two days to claim a final-day 71 to claim the first-flight title and \$500.
 Gordon Barry of Twin Falls wasn't far behind, earning third place and \$300 with his three-day 74-76-71-221.

Please see IGA, Page A8

Floyd flies past Kite at the SPC

The Associated Press
 DEARBORN, Mich. — After the pain went away, Ray Floyd realized he could still play.
 At long last, Floyd, who hadn't won in four years, birdied three of the last four holes to win his second Senior Players Championship title by one stroke when Dana Quigley bogeyed the last hole Sunday.
 “It's been four years, so this is very special,” said Floyd, 57, whose last win came in this championship in 1996. “It's a major, so when I sit back and think about this, it's going to be tremendously satisfying.”
 Floyd, who started the day at 9 under, six off the pace, shot a 67 under-par 66 for a 15-under 273 total.
 Quigley, who has never won a major championship, shot a 71 to tie for second with Larry Nelson. Nelson had a round of 67 despite playing the last seven holes without a putter.
 Tom Kite, seeking his third win and second major of his first season on the senior circuit, took a two-stroke lead over Quigley into the final round, but shot himself out of contention with a final-round 76.



Tom Kite watched his shot from the weeds, and his lead disappear, during the final round of the Ford Senior Players Championship Sunday. Kite double-bogeyed the hole and finished the day in sixth place after starting the final round in first.
 Defending champion Hale Irwin, also seeking his second major title of the season, had a round of 66 to tie Mike McCullough at 275. McCullough shot a 69.
 Floyd, who has been bothered by back and neck injuries, got healthy late last year after changing his exercise routine.
 “I always felt I could win when I'm feeling good,” said Floyd, the 16th different winner on the Senior PGA Tour this season.
 Floyd's 20-foot birdie putt up a

Umpires: Everett to blame for meltdown

The Associated Press
 BOSTON — Umpires said Sunday that Carl Everett had no one to blame but himself for the confrontation with plate ump Ron Kulpa that led to the Red Sox slugger's ejection and will likely earn him a suspension.
 Baseball has made a point of cracking down on violent acts on the field this season, and just last Monday issued a five-game suspension against Atlanta manager Bobby Cox for shoving an umpire.
 “Our interpretation is, his foot cannot be closer than six inches to the plate,” crew chief Randy Marsh said before Boston played Montreal. “I think Ronald handled himself appropriately. He basically warned him a few times.”
 Everett, who uses an open stance while batting right-handed, lined up in the second inning of Saturday's game — as he usually does — with his back foot on the edge of the inside of the batter's box.
 Kulpa warned Everett before the first pitch. With a 2-2 count, Kulpa again indicated Everett's foot was on the line. When

Everett stepped out of the box, Kulpa drew a line with his left foot, then his right.
 The two had words and that's when Everett became incensed.
 He was ejected almost immediately before he humped Kulpa. After slamming his helmet, Everett appeared to headbutt Kulpa, who jerked his head away and grabbed the bridge of his nose and his eye.
 “It had a mark on his head,” Marsh said of Kulpa. “It's something he had never experienced before.”
 Everett, who refused comment Saturday and Sunday, had to be restrained by coaches Tommy Harper and Wendell Kim along with manager Jimmy Williams. After being escorted to the dugout by teammate Jose Offerman, he tossed a bat on the field and knocked over a water cooler. He also screamed at many of his teammates.



Carl Everett hit a homer Sunday.

SPORTS

Runnin' Rickey helps Mariners past D'Backs

PHOENIX (AP) — Rickey Henderson passed Babe Ruth on the career hit list and scored on the go-ahead run after his eighth-inning triple to help Seattle beat Arizona 6-3 Sunday.

Henderson, 34-05, moved into 35th place with 2,875 hits, two more than Ruth. His first-inning double gave him 477, moving past Zack Wheat into 50th place on that list.

Jose Mesa (3-5) pitched a perfect seventh and Kazuhiro Sasaki finished for his 21st save in 23 chances.

Red Sox 5, Expos 2
BOSTON — One day after butting heads with plate umpire Ronald Kulpa and getting ejected, Carl Everett went 2-for-2 with a two-run homer. Everett, who argued whether his foot was out of the batter's box doubled in the bottom half and hit his 215th homer in the sixth.

Braves 6, Devil Rays 4
ST. PETERSBURG, Fla. — Andrew Jones had two home runs and four RBIs and Atlanta scored twice in the ninth without getting the ball out of the infield for its fourth straight win. Scott Kamieniecki (1-0) pitched two perfect innings.

Tigers 6, Reds 2
DETROIT — Bobby Higginson was 3-for-4 with a homer and Juan



Mariners closer Kazuhiro Sasaki delivers a pitch in the ninth inning against the Arizona Diamondbacks on Sunday. Sasaki earned his 21st save of the year as the Mariners won 6-3.

Major League Baseball

Astros 5, Indians 1
CLEVELAND — Scott Elarton won his fifth straight start, and Craig Biggio and Daryle Ward homered for Houston, which won for just the seventh time in 23 games. Elarton (9-3) allowed one run — a homer by rookie Russell Branyan.

Blue Jays 7, Mets 3
TORONTO — Marty Cordova hit a grand slam off All-Star Al Leiter as the Mets lost for the ninth time in 12 games. Leiter (10-3) walked the bases loaded in the fifth before allowing an RBI single to Alberto Castillo and an RBI grounder to Homer Bush.

White Sox 11, Brewers 5
CHICAGO — Magglio Ordonez hit his third career grand slam, a solo homer and had a career-high six RBIs for Chicago. James Baldwin (12-4), winner in Tuesday's All-Star game, struck out a career-high 11.

Twins 5, Cardinals 2
MINNEAPOLIS — Mark Redman won a matchup of rookie pitchers against Rick Ankiel. Redman (7-4) struck out seven in seven innings and allowed two runs on five hits. Ankiel (6-5)

gave up four runs and seven hits in six innings.

Yankees 9, Phillies 8
NEW YORK — David Justice's single capped the Yankees' biggest late-inning comeback in 24 years, five runs in the ninth inning and three in the 10th. Justice added a three-run homer in the third as Baltimore snapped a three-game losing streak.

Orioles 9, Marlins 5
BALTIMORE — B.J. Surhoff homered in a four-run sixth inning against reliever Vic Daronsburg (4-1), and Delino DeShields added a three-run homer in the third as Baltimore snapped a three-game losing streak.

Giants 6, Rangers 4
SAN FRANCISCO — J.T. Snow hit a go-ahead, three-run homer in the sixth inning as San Francisco won for the 10th time in 12 games. Shawn Estes (9-3), who hasn't lost in six starts since June 10, allowed four runs and six hits in 6 1-3 innings.

Padres 6, Angels 5
SAN DIEGO — Anaheim reliever Alan Levine (1-2) fielded Eric Owens' bases-loaded bunt with two outs in the 10th, but dropped the ball as he went to throw it to Doug Wall (3-2) pitched a scoreless 10th for the win.

Encarnacion hit two RBI doubles as Detroit snapped Cincinnati's three-game winning streak. The Tigers, 3-1 since the All-Star break, have won 12 of their last 17.

Sorensen takes Big Apple
NEW ROCHELLE, N.Y. — It was a daunting shot even for the likes of Annika Sorenstam. The ball was sitting in the rough — 132 yards from the green and in the way was a big tree not planning to go away in a breeze. Add in that it was the last round of the LPGA Big Apple Classic and she and Rosie Jones were tied for the lead with one more hole to play.

To make it even tougher, Jones hit her shot from the fairway about 20 feet from the pin.

"I saw the shot," Sorenstam said of what was facing her. "Then she choked under on a 7-iron and hit it."

The ball went under the tree, bounced on a slope in front of the green and rolled on, pin high and 15 feet away. After Jones just missed her putt, Sorenstam made hers, taking the lead for good straight and going on to her second straight victory and fifth of the year.

"He was groovin'," Langham said. "He got on top and he never looked back."

Roberts, who had a 5-under-par 66 on Sunday, set the 72-hole tournament record of 260, breaking the mark set last year by Carlos Franca (264). He also bested Ken Green's six-shot record margin of victory in 1988.

He even briefly challenged John Huston's tour record for lowest score in relation to par, but two pars and a bogey on the final three holes left Roberts at 24 under, four strokes shy of the 28-under Huston posted in the 1998 Hawaiian Open.

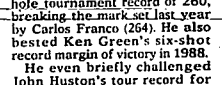


Annika Sorenstam

Roberts wins second career Greater Milwaukee

MILWAUKEE (AP) — Loren Roberts got so far ahead in the Greater Milwaukee Open that all he had left to chase was history.

Roberts won his second 72-hole title Sunday with the lowest overall score and the biggest victory margin ever recorded in the event. Playing with remarkable consistency and unusual flair over the final two days, he beat Franklin Langham by eight strokes.



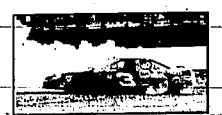
Loren Roberts

Hornaday collects first Busch victory at Nazareth

NAZARETH, Pa. (AP) — Ron Hornaday raced to his first NASCAR Busch Series victory Sunday, beating Elton Sawyer by 1.992 seconds in the Eco-Lodge 200 at Nazareth Speedway.

Hornaday, 42, the two-time Craftsman Truck Series champion who drives the No. 3 Chevrolet for Winston Cup star Dale Earnhardt, was winless in 18 starts this year.

"When you start off with the No. 3, they expect you to win a lot," Hornaday said. "With the new Chevrolet body, the new tires Goodyear came out with and me used to all the horsepower from the trucks, it took me a while to figure out what this



Busch winner Ron Hornaday

thing means."

Hornaday, who led twice for a total of 104 laps, averaged 89.131 mph on the unique mile tri-oval. The race was slowed by seven caution periods covering 38 laps.

Amato slips Schumacher
MORRISON, Colo. — Joe Amato raced to his sixth victory at

Bandimere Speedway on Sunday, beating Tony Schumacher in the Top Fuel final of the Mopar Parts Mile-High Nationals.

Amato had a quarter-mile run of 4.837 seconds at a top speed of 300.53 mph. Tony Schumacher, the defending NHRA Winston champion, finished in 4.913 seconds at 281.36 mph.

Whit Bazemore, Kurt Johnson and Angelle Sealing also won their divisions in the \$1.8 million competition, the 13th of 23 events on the \$45 million NHRA Winston Drug Racing Series.

Schumacher packed his bags, waved to the fans and left. He did lament around to see Mika Hakkinen win the Austrian Grand Prix on Sunday.

But he understood all too well what the — outcome — meant. "Unfortunately, this Grand Prix could play a decisive role in the battle for the world championship," Schumacher said.

The German never completed a lap. He dropped out after being bumped by Ricardo Zonta in the first corner after the start. Hakkinen, refreshed after an unusual midseason vacation, started from the pole and never relinquished the lead, except during his pit stop.

Johnson, also the world record holder in the 400 and 200, will go for a sweep of those events at the trials. If he wins that event, he also would have the opportunity to win both at the games, something no one ever has done.

"I'm relieved," Johnson said. "I'm on the Olympic team and all that money I spent on tickets for my parents won't go to waste."

WNBA

Continued from A7

of the Orlando Mystics, the East's starting center. "There could have been any number of All-Stars picked that weren't even on the ballot, and that's a great thing for the league."

Katie Smith of Minnesota, the league's No. 2 scorer (20.6 ppg), also was left off by the fans, but was a coaches' pick.

IGA

Continued from A7

Ketchum's Bob Lutz also finished in the first flight money, earning \$130 and a share of the eighth place at 74-75-226, while fellow Wood River Valley golfer Jim Greenwood collected \$85 for finishing in a tie for 12th

at 77-76-228.

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SPORTS IN BRIEF

Frank, Latham win Candleridge Best Ball

TWIN FALLS — Tracy Frank and Bob Latham, Jr. edged Carl Sklavas and Gary Burkett on the last hole Sunday to earn the championship flight gross title at the Third Annual Candleridge 2-Man Best Ball golf tournament.

RMSPGA Club Pro golf starts in IF today

IDAHO FALLS — PGA professionals in the Rocky Mountain Section will be vying for a trip to Hawaii to compete in the Western Regional PGA Club Pro Championship today and Tuesday at Idaho Falls Country Club.

Tour de Lance: American is pulling away

COURCHEVEL, France — With a week to go, the Tour de France all but belongs to Lance Armstrong.

MNF hire no laughing matter to Miller

PASADENA, Calif. — Comedian Dennis Miller said he expects to be a serious member of the "Monday Night Football" broadcasting team.

U.S. leaves Guatemala with World Cup tie

MAZATENANGO, Guatemala — With the heat building and the clock running down, it looked as if the United States would open World Cup qualifying with a victory on one of the most remote parts of the road.

Rafter keys Aussies' Davis Cup win

BRISBANE, Australia (AP) — Spearheaded by a rejuvenated Pat Rafter, defending champion Australia on Sunday completed a 5-0 sweep of Brazil in the Davis Cup semifinal to reach its second straight final.

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OTHER VIEWS

Mahe proposal makes clear requirements for Olympic bid

From The Salt Lake Tribune

In January of 1990, a prominent national political consultant presented to Utah leaders a plan to win the Winter Olympics for Utah. It was an aggressive outline that called for detailing the interests, preferences and personalities of those members of the International Olympic Committee who voted on how to hold the every-four-year competition.

After that information was compiled, "then messages and arguments" were to be developed to convince those IOC members they should support bringing the Games to Utah. The presentation stressed that all actions taken by those who desired to bring the Winter Games to Salt Lake City must be evaluated based upon whether those moves would win or lose IOC votes.

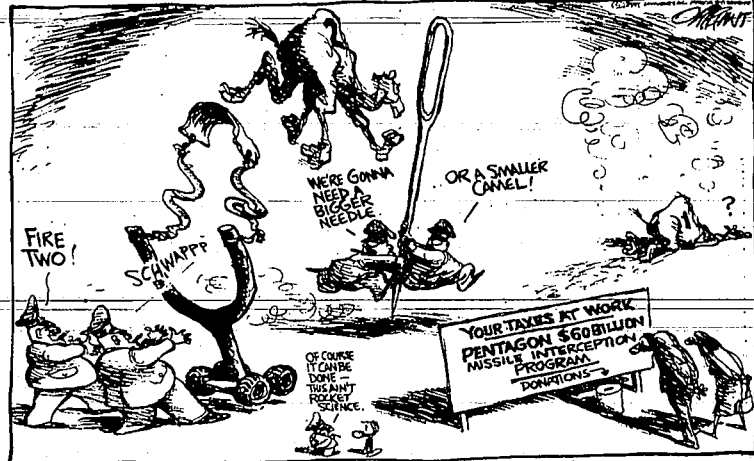
While not specifying the exact type of successful campaign former Salt Lake Bid Committee leaders Tom Welch and Dave Johnson eventually carried out to get Utah the Olympics for 2002, Eddie Mahe's recommendation in 1990 was strikingly similar to what the bid committee did to get the IOC to name Utah as host for the Games.

Mahe, who is a political heavyweight whose clients include names like Reagan, Bush and Dole, did not get the job of bringing the Olympics to Utah, despite the company motto:

"The Eddie Mahe Company - When losing is not an option." Welch and Johnson thought they could carry out a similar plan on their own.

But Mahe's message was reinforced in 1991 when Utahns learned the dark side of the Olympics bid process. That year, Salt Lake City lost the 1998 Games to Nagano, Japan, by a mere four IOC votes. The Utahns discovered the Japanese had plied IOC members with expensive personal gifts like laptop computers and had contributed millions of dollars to build an Olympic museum. Convinced they could not win the Games on technical merit alone, the Utah bidders went over to the dark side themselves.

So can community leaders now stop acting like what Welch and Johnson did to win the 2002 Games in 1995 - using "messages" like gifts, loans and scholarships to IOC members - was such a surprise? It would be foolish to believe Welch and Johnson, without the knowledge of any other bid committee member or leader, masterminded and carried out a plan to deceive all the other people interested in bringing the Olympics here. If other members and leaders of the bid committee were breathing at the time, they would have had to have a pretty good idea what was required to get the bid. This Mahe proposal, together with all the other bits of evidence, makes that perfectly clear.



Siamese twins share aquifer dilemma

ERAN FEITELSON
MARWAN HADDAD

Water is, indeed, a major issue in the Israeli-Arab peace process. It is a vital resource - an indispensable and relatively scarce commodity. And yet, precisely because of these qualities, water is also a compelling catalyst for cooperation.

How it makes sense of this seeming contradiction? First, Israelis and Palestinians live in a semiarid climate. There is a short, wet winter and a long, dry cycle each year. Moreover, the amount of rain varies widely from year to year. In such a setting, water supply in the dry season and drought years depends primarily on the available storage capacity. In such a climate, water evaporates quickly. The best place to store water is underground. Israelis and Palestinians share the Mountain Aquifer, which is actually made up of three main sub-basins. This is the best water storage available to both parties.

These ground-water basins, however, are susceptible to pollution and to salinization if they are overpumped. Once polluted or salinized, it is unlikely that the basins can ever be cleaned up again. To prevent this from happening, the aquifer must be judiciously managed. Yet, even in the current situation, where Palestinians have control over very limited parts of the West Bank, neither side can manage the aquifer satisfactorily alone. The two sides can be likened to Siamese twins, two separate entities sharing a joint vital organ, the aquifer. If they do not cooperate and the quality of the water in the aquifer deteriorates and its storage capacity is reduced, future generations of both sides will suffer.

The management of an aquifer is a very complex task requiring multiple time-

related decisions. In a drought situation, reduced last year, the aquifer was not strengthened at all. Therefore, pumped outflow had to be curtailed too.

Before anything at all can be done, all parties have to agree that there is a drought. This is not always obvious because droughts come slowly and quietly. The decision to declare a drought or emergency situation is an administrative one. Once the situation has been acknowledged, the next challenge is to agree on measures that need to be taken and then enforce them.

For the last seven years we have been working together under the auspices of the Harry S. Truman Institute for the Advancement of Peace at the Hebrew University and the Palestine Consultancy Group on the question of how best to address our joint ground-water concerns.

One of the more innovative suggestions made is that the shared resources be privatized - having an international company be responsible for pumping, selling, treating and restoring. In this case, Israelis and the Palestinians would have to bond together to prepare and choose the best company by bid. Such a structure creates, therefore, an incentive for cooperation in itself.

Other institutional structures we propose also offer win-win options. Peace negotiators should not have to limit their discussions to the question of how much water each side gets now, but rather they could focus some of their attentions on

improving the lot of future generations. Steps in this direction were taken already in the interim agreements signed in September 1995. Successful cooperation evolves only after the sides have developed some confidence in each other. Some West Bank Palestinians now suffer acute summer water shortages. Moreover, there are still many water not connected to running water. Addressing these concerns is an absolute necessity for building the confidence needed to manage ground water successfully.

Addressing Palestinian domestic needs would require Israel to give up some water currently used for irrigation. However, once this water is recycled, some of it can be reused - which would reduce the initial loss. If water is seen as a human right, however, and if all people are equal, it is obvious that the Palestinian water supply should be augmented.

Eventually, it will be necessary to desalinate the seawater. Such desalination costs money. It would approximately double household water expenditures. But since water is among the lowest of all household budget items, at least in Israel, this is not an insurmountable problem. In any case, it is much cheaper than conflict.

Water is indeed a source of concern for Israelis and Palestinians. Solutions do exist. But unless water is managed jointly, future generations of both sides stand to lose.

Eran Fiteelson is a lecturer at Hebrew University in Jerusalem and a researcher at the Harry S. Truman Institute for the Advancement of Peace. Marwan Haddad is a professor at the West Bank's An Najah University.

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LETTERS

Random drug tests attack liberty

Your support for The Buhl School District's plan to implement random drug testing (Times-News, July 11) is symptomatic of the assault upon individual liberty that has been unleashed by the war on marijuana.

In the 1950s, employers spooked by the Red Menace instituted random drug tests, forcing employees to forswear any ties to communism. In the 1990s, marijuana replaced communism as the great threat to our society and urine drug testing became mandatory for many Americans.

Urine tests are body searches, and they are an unprecedented invasion of privacy. The standard practice in administering such tests is to require individuals to urinate in the presence of a witness, to guard against specimen tampering. Today, millions of American workers every year, in both the public and private sectors, must submit to humiliating drug tests as a condition for getting or keeping a job.

In schools across America, educators teach their students about the Constitution and the Bill of Rights, meanwhile school administrators tell these same students that they have no rights. Voluntary drug tests are an illusion. Their message is clear - if you have nothing to hide, why not take the test? Forcing an individual to submit to a test to prove their innocence or their loyalty is not the practice of a free society. It is fundamentally un-American.

WALTER F. WOUK
Director, The Thomas Payne Project
Cobleskill, NY

Government needs to kill NMD

President Clinton and the U.S. Congress are considering the construction and deployment of a National Missile Defense system. The idea is to develop technology to shoot down incoming nuclear missiles before their warheads hit American soil. However, there are many good reasons not to build it:

- NMD is not proven technology.

Previous tests have not been successful, and there is no guarantee that it will ever work under wartime conditions. Any enemy that can make a long-range missile can also develop countermeasures to foil the NMD.

The cost is prohibitive. According to the Congressional Budget Office estimate, it would be \$60 billion over 15 years for even a limited system; other estimates say the cost will at least double. This is a huge drain on the federal budget when other national needs are already being short-changed. The United States has already wasted more than \$60 billion on this project.

NMD responds to the wrong threat. A rogue state could far more easily ship a nuclear bomb to a U.S. harbor city than launch even one missile, which would ensure national suicide via nuclear or conventional military retaliation. Efforts to address the nuclear threat should focus on preventing the spread of bomb material such as plutonium and improving relations with these countries.

Recent decisions by Russian President Putin and the Russian Duma show a willingness to negotiate deep cuts in our nuclear weapons stockpiles.

NMD is a clear violation of the anti-ballistic missile treaty. If we begin building NMD, then both Russia and China will build more nuclear weapons to ensure that their offensive weapons can overwhelm our defenses. It would be foolish to throw away the chance we now have to eliminate nuclear weapons.

It is up to the United States of America to lead the way to a future free of nuclear weapons and nuclear war, rather than one burdened by fear of nuclear annihilation. Now is the time for President Clinton to provide that leadership and kill the NMD before the opportunity to get rid of nuclear weapons is lost in our lifetimes. An online petition to President Clinton is available at <http://www.stop-starwar.org>.

CHRISTOPHER HORMEL
Member, Board of Directors
State River Alliance
Bliss

Remember meaning of holiday

I had the pleasure of attending this year's Fourth of July celebration in Rupert. I arrived just before the parade started with my children, all of who are U.S. citizens. I was taught in school that Independence Day was a day to celebrate our independence, a day to celebrate our country, weather we are Asian, Hispanic and African-American or any other race. That is what makes up this country.

As I arrived with my children, a couple came up right behind me with their two children. The older of the two boys, who looked to be about 5 years old, asked his father in a pretty loud voice the way children do, "What are all these Mexicans doing here, Dad?" I turned around to look at the dad and, to my amazement, he just laughed. The little boy looked around and again asked his father why there were so many Mexicans. I again turned to look at the father, and by this time, my blood was beginning to boil, but the father again just laughed.

I could not believe that these parents were focused on their son's question like it was no big deal. By this time, it was apparent this whole family was prejudiced toward Hispanics. My worst shock came when a Hispanic who was wearing a pretty loud shirt crossed the

street and the little boy's father this time made the comment about all these Mexicans coming out and it wasn't even their holiday.

I cannot believe that in this day and age there are still people who only look at the color of your skin and not the person. I don't think the man would have liked it if I would have turned around and said we "Mexicans" were doing the same thing the white trash was doing there. I had a lot more courtesy and kept my mouth shut and the anger to myself. I hope that someday that little boy meets someone like me to teach him what he obviously isn't being taught at home.

Unfortunately, I'm not surprised by the racism that goes on around us. However, it seems like a losing battle because no matter how hard we try, there will always be someone like that father out there. I, for one, will always teach my children the beauty of our culture and to be talking trees in the woods.

MARIA GARCIA
Twin Falls

Animation or reality? Get a grip

In regard to Marilynn Martin's letter about the delightful British film recounting the story of a group of brave hens plotting to escape from a factory farm: Come on, Marilynn, you're kid-

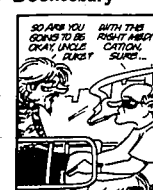
ding, right? To quote your letter, "I was impressed how these animals that we view as food share our quest for life and liberty as well as most of our feelings of joy, affection, frustration, sadness and noble problem."

Well, you do realize that these "brave" animals play games, don't you? I regret that I must be the one to inform you that chickens can't really talk. Do you seriously believe chickens share human experience of life and liberty as well as most of our other feelings? Maybe if they organized into little chicken labor unions then they could band together to protest the consumption of drumsticks. (Or is that chicken-labor unionists?)

You concluded your letter: "I look forward to exploring the many cruelty-free, healthful dietary options that are available." I must take issue with this comment. The oldest living thing on the planet is a tree. Don't plants have feelings? Haven't you seen those talking trees in the Wizard of Oz? What about the stalks of corn? They get their ears ripped off! How "cruelty-free" is that?

Thanks for the laugh, Marilynn. P.S. You've been planning to go to "Roxey and Bulwinkle" are you? If you do, please write.
DOUG FREEMAN
Twin Falls

Doonesbury



By Garry Trudeau

Mallard Fillmore

News from the Future!



By Bruce Tinsley

Lunch programs are successful because they are locally based

The Clinton administration has backed some bad ideas, including Hillary Clinton's attempted health-care takeover and giving the federal government hypothetical authority to inspect your home office for safety hazards.

For a bad idea on a global scale, however, it's hard to beat Clinton's latest legacy-building proposal—a global school lunch program. It would be run by the United Nations, with the United States contribution mainly in the form of surplus farm commodities.

The idea itself came from former Sen. George McGovern, who originated the old Food for Peace program and is currently America's ambassador to the United Nations—food agencies in the United States to guarantee a nutritious school lunch for every school kid in the world.

Secretary of Agriculture Dan Glickman is enthusiastic. The president gave us the green light to go out and develop this pro-

DENNIS T. AVERY

gram." He says, "It was clear the president and his staff were very impressed with the idea."

But the folks who must really love the global school lunch idea are at the United Nations itself. Imagine a U.S.-backed program to put a United Nations presence in every school in the Third World! Imagine handing out school lunches daily to 1 billion kids.

It must make U.N. Secretary-General Kofi Annan giddy to think of the political capital he could build with such a handout program, especially compared to putting U.N. sponsored troops into some heavily armed hotbed like Somalia.

America's school lunch programs have been an excellent way to enhance children's nutrition. The costs have been rational. But it's a U.S. program, run mostly at the local level, with

most of the costs paid by the parents.

When The Washington Times interviewed McGovern about the program, he said, "I estimate this program will cost a total of \$3 billion for the first two years." He pooch-pooched the idea of big costs. "School lunches in developing countries cost 12 to 15 cents per meal, while U.S. school lunches cost a little over \$1.20."

McGovern's \$1.5 billion a year might cover local commodity costs. But the administration sees the lunch issue as a way to unload some of what McGovern would call our farm surplus. It might easily cost 10 times the value of the U.S. commodities to ship them to hungry kids in upcountry Nigeria.

First list the cost of shipping the commodities to Lagos, Nigeria, and hand-bagging them at dockside. Then add the cost of trucking them hundreds of kilometers over potholed dirt roads and riverside trail bridges to reach northern cities like Kaduna or Kano.

When America tried to get

food aid to starving Ethiopians during their drought in the early 1980s, we had to provide the commodities, the trucks to carry the food inland, the fuel for said trucks and the cost of the ships to carry the food, trucks and fuel.

McGovern also noted the United States has to pay one-fourth of the total cost. So if we take on school lunches for 1 billion kids and the global cost is \$6 billion (or \$60 billion) Uncle Sam pays one-fourth of the bill.

Moreover, when America sponsored school lunch programs for Japan after WWII, we introduced bread, milk and even meat to improve the kids' nutrition.

How long would the United Nations resist the temptation to increase its impact and political importance by doing likewise? What affluent democracy could take the political heat for denying such important nutritional benefits to little kids once the program became a recognized entitlement?

A few things are certain here. First, little kids in northern Nigeria and everywhere else

should go to school. Second, they should have good nutrition. Third, school lunches have helped to provide good nutrition for poor kids in affluent countries.

But the only cost-effective way to provide good nutrition in remote poverty-stricken places is by using local sources. Any foreign money and commodities (flowing to the kind of kleptocratic governments that rule such states will mostly be stolen, no matter who administers it. That's why the billions in foreign aid we've already handed in African leaders haven't helped much.

The farming community always loved Food for Peace because it seemed like a limitless and supposedly constructive way to dispose of the surpluses generated by America's high farm prices. Secretary Glickman probably loves the idea because it would give him something tangible to wave in front of farm audiences as he campaigns for Vice President Al Gore.

But farmers would find a global school lunch program shipping a few thousand tons of costly U.S. commodities to some school kids a poor substitute for free trade, which would boost world farm market prices and double world farm exports.

For years, McGovern was a senator from South Dakota, voting for farm subsidies and against free farm trade. He didn't save many family farms that way either.

Dennis T. Avery is based in Churchillville, Va., and is director of global food issues for the Hudson Institute of Indianapolis.

Americans find themselves cash-rich, but time-poor

The new American divide is not so much digital or racial as it is about time and money. Americans are by and large either cash-rich and time-poor, or cash-poor and time-rich. Given the choice between an extra day off every two weeks or an extra day's wages or salary during the same time frame, the majority of Americans (58 percent) would choose time over the extra money.

BERNICE KANNER

much a hindrance as a help: "It may not be living up to its promise."

More than half of U.S. workers say technological advances such as the Internet, fax machines and cellular phones have eaten into their free time, not added to it. That's especially true of higher income adults.

More than half of all working adults say they work a Monday-to-Friday schedule, they

may be sapping our collective energy, resulting in the fact Americans spend a lot more time in front of the TV set than they want to.

Watching TV ranks ninth on the list of people's favorite activities, yet it's third on the list of what people spend time doing, says Borches. Talking or visiting with family and friends is their No. 1 choice of favorite activities. But it comes in second behind household chores in the list of things they actually spend a lot of time doing.

Overall, Americans would prefer their weekend activities to occur outdoors (71 percent), during the day (66 percent) and in the company of others (71 percent), according to Shell.

It isn't a safe bet to assume time off would include a sports outing. Just 18 percent more or less regularly bowl while 17 percent play golf, 12 percent softball and 9 percent tennis.

Forty-two percent of Americans say the childhood activity they miss the most is playing sports, distantly followed by going to school at 21 percent. Playing board games (15 percent), going to summer camp (13 percent), collecting things (9 percent) and playing house (6 percent) round out the list.

Americans are almost twice as likely to play board or computer games as to hit the greens or courts. More than half of Americans would look forward to having a home theater with a large screen—the same percentage excited about being able to take supersonic planes for one-day trips to exotic places.

More than two out of five happily anticipate being able to see and talk to several friends in different places simultaneously with affordable video conferencing, and being able to watch any TV show

at any time.

While most of us are crunched by time, the experience of "gold-en-agers" suggest old age offers something beside aches and pains to look forward to: Seventy-eight percent of folks above age 64 report they get to do what they want most of the time.

Bernice Kanner writes on advertising and marketing from her base

in New York and is the author of "The 100 Best TV Commercials...and Why They Worked" (Times Books).

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One-thousand American workers surveyed by Shell Oil Co. through Peter D. Hart Research Associates found while most are generally satisfied with their jobs, they're not satisfied with the quantity of their leisure time or the quality of it.

More than three of four are content with their jobs, compared with just 22 percent who aren't. But at the same time, 40 percent of Americans say they're starved for personal time, a 15 percent increase from 1993.

Perhaps most affected are working-age parents. Three out of four parents with children living at home say they yearn for more time for themselves.

Half of all workers complain they have two hours or less of personal leisure time each weekday—and three in 10 working-age Americans say they have an hour or less.

Some 43 percent of working moms say they have one hour or less of personal leisure time on a typical weekday and almost two out of three claim weekends are for chores and catch-up rather than for doing what they want to do.

Just 26 percent of those moms feel rested and relaxed when Sunday evening rolls around—compared with 33 percent of all working-age Americans. While it's true "more and more employers are offering work arrangements that show respect for these time demands," says Susan Borches, Shell vice president. She notes technology can be as

Half of all workers complain they have two hours or less of personal leisure time each weekday—and three in 10 working-age Americans say they have an hour or less.

also say by more than 2-1 that, if given the option, they would prefer to work four 10-hour days than five eight-hour days.

Americans may have the dollars to hit the road, but not the days off: More than two out of three working moms—and 42 percent of all adults—confess that they have not taken a week-long vacation away from home in the past year.

While they're staying put for now, they don't expect to always. Nearly one-third say they will take a trip overseas within the next five years, up from 6 percent in 1995. Interestingly, working-age Americans earning between \$30,000 and \$50,000 a year are almost as likely as their richer counterparts to expect to go abroad.

Their ideal international travel experience would be a cruise or an outdoor attraction such as the Grand Canyon or Yellowstone National Park. The time crunch

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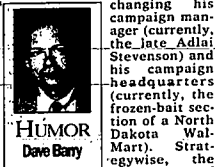
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The Times-News

Last in the polls, but first in bumper stickers

It's almost time for the political conventions, which means that millions of concerned American voters will be glued to their TV sets...

Some TV viewers will also watch the conventions, but the majority of these will be Labrador retrievers who turned on the TV by biting the remote control and cannot figure out how to change the channel...



HUMOR Dave Barry

Al's campaign in recent weeks has been to assert, for legal reasons, that he spent the entire 1996 campaign in the bathroom.

Meanwhile, the campaign of Al's Republican opponent, George W. Bush III, Jr. has been going smoothly, because the candidate shrewdly never says anything that was not written down on a piece of paper for him by his political aides...

In terms of policies, both Al and George want to save Social Security and reduce taxes, to accomplish this, both men have proposed solid, workable, detailed programs that will never actually be passed by Congress...

These two major tickets will be officially nominated at national conventions featuring 17,500 hours of speeches by over 100,000 candidates...

I should point out that your presidential choices will not be limited to George and Al. You also have the option of voting for Pat Buchanan, who has garnered the coveted nomination of the Wing Nut Party...

Dave Barry is a humor columnist for The Miami Herald. Write to him c/o The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

10 really good reasons to stretch

1. Your quads. The quadriceps, that powerful complex of sinew in your legs, are the largest muscles in your body...

2. You're getting older. As we age, loss of flexibility means a loss of functional abilities...

3. Bust stress. Stretching calms neuromuscular tension, promotes general body relaxation and reduces emotional stress.

4. Your 10 handicap. Do you golf? Play tennis? Do your daily activities involve a lot of sitting, standing, bending and lifting?

5. You won't hurt as much the next day. Stretching helps reduce muscle soreness, improve muscle balance and postural awareness...

6. Slower, in this case, is better. Unlike aerobics and strength training, you don't have to constantly push the envelope to get better when you stretch...



Shoulder group stretches loosen up the muscles at the back of the shoulder and under the arm and help prevent rotator cuff injuries.

pain, says Dan Kelly, personal training manager at LifeTime Fitness in Woodbury, a suburb of St. Paul, Minn. "If you do it religiously and consistently, the body doesn't have any choice but to change," he said.

7. You'll step livelier. Yes, you can injure yourself fitness walking, and the proper stretching can head off a whole range of foot, ankle and leg problems.

8. You'll never have to bend over and touch your toes again. Matter of fact, some fitness experts take a dim view of toe-touches as a flexibility exercise...

9. Your aching back. Stretching helps improve postural problems, which is a key to heading off back and neck pain.

10. Expand your horizons. Stretching and flexibility are central elements in yoga, Pilates, ballet and tai chi.

spend 20 minutes or longer on a stretching routine at least twice a week. Gaining flexibility is a gradual process.

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Office 'yoga'

Loosen up at work with these daring maneuvers

The Orange County Register

We've all heard about how important stretching is, and yet it's the part of our fitness regimen that we often skip.

Darrin Zeig, author of "Office Yoga" (Chronicle, \$9.95) suggests we do some yoga poses in the office. It's a noble thought and might actually work if you have an office with enough space and a bit of furniture...

Close-the-deal Warrior Pose: Raise your arms to the side with fingers pointed. Take a big step to the side, with your right foot out and knee bent...

Radgull Post: Take a deep breath. Put your arms straight up and stretch. Exhibits bent knees and drop your head to the ground. Relax your head and shoulders and take deep full-body breaths.

On-the-run Stretch: Lift your foot onto a solid desk or table. Turn your standing foot to the side for balance. Stretch over your raised leg, placing your hand on your leg or on the table.

Weekend warriors run risk of sports injuries

The Gazette

Aching backs. Tennis elbow. Golfer's elbow. Runner's knee. Increasingly, weekend warriors are becoming wounded weekend warriors.

"We're not kids anymore," Dr. James Duffey says of himself and fellow baby boomers. "We grow up and we have jobs and family, and we don't have as much time to work out."

But that sudden burst of activity can take a toll on an unprepared body, says Duffey, a Colorado Springs, Colo., orthopedic surgeon who concentrates on sports injuries.

From 1991 to 1998, there was a 33 percent increase in emergency-room visits for sports-related injuries among those of the baby-boom generation.

One of weekend warriors don't make it a regular habit to do... sports," says Dr. Frank Barry, a Colorado Springs family physician and sports-medicine specialist.

To learn more...

- The American Academy of Orthopedic Surgeons has fact sheets on sports safety at http://orthoinfo.aaos.org/... Personal-fitness and sports-equipment tips can be found at http://www.physsportrange.com/...

come back so sore they won't be able to do it for the rest of the summer."

People just getting into a sport are the most likely to get injured because they either don't understand the basic principles or they're so enthusiastic they take on too much too fast, Barry says.

sports-medicine section of Dr. Frank Barry's Web site: http://www.fbarrymd.com/

For more information on staying in shape, send a business-size SASE to "Fit for the Fairway," APTA, P.O. Box 37257, Washington, DC 20033. Or visit the American Physical Therapy Association's Web site at http://www.apta.org/ and click on PT News for more information.

in training, warming up and stretching before strenuous activities, following a varied exercise regime and heeding some basic safety precautions, athletes of all ages can enjoy the summer-free of pain and injury.

Baseball/Softball

"A program of strengthening and stretching in off-season soon is extremely important," Barry says. If the only exercise you've been getting in the winter is aiming the remote control at the TV, your arm and shoulder are going to be in for a shock

when you start throwing a baseball.

The upper shoulder is the key problem area; elbow tendinitis also is common. To ward off problems, Barry says, employ a strength-training program to strengthen those muscles, know how to throw properly and always warm up before a game.

Don't forget protective equipment. Wear a batting helmet at the plate, while waiting a turn at bat and when running bases.

Bicycling

"It seems like a lot of people don't want to wear bike helmets, particularly the kids," says Dr. Mark Storn, an emergency-room doctor at Memorial Hospital in Colorado Springs. But a helmet is

Giving combs the brush

From American Demographics magazine, a report that if comb sales are any indicator, lots of guys are having lots of bad hair days. About half a million fewer combs made it from shelves to back pockets in March than did in March 1999.

The mummy of all burlaps

If burial sounds boring, and cremation leaves you cold, here's another idea: mummification. This isn't your standard wrap, either. We're talking high-tech interment, a combination of ancient art and tomorrow's science.

Hostility hurts the heart

Calm down. Young adults who scored high on a hostility test were 2.5 times more likely to have signs of heart disease 10 years later than those who were relaxed or below, according to a study in the Journal of the American Medical Association.

Health notes

that hostile people release more stress hormones that raise blood pressure and can lead to heart disease.

Monday's a headache for kids

Adolescents, too, are stressed, apparently resulting in the fact that they're more likely to have migraine attacks on Monday and least likely to have them on Saturday.

Ray of hope for psoriasis

Good news on another, more serious skin condition. Using a laser to treat psoriasis with ultraviolet rays appears to clear the skin condition for long periods of time without exposing large areas of the body to potentially damaging radiation.

Japanese process texturizes silk

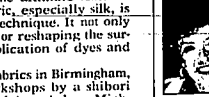
Many believe that the ultimate texturizing treatment for fabric, especially silk, is the Japanese shibori technique. It not only involves manipulating or reshaping the surface, but also the application of dyes and paints as well.

Recently, Stewart Fabrics in Birmingham, Mich., presented workshops by a shibori expert, Tracy Biggs of Ann Arbor, Mich.

Biggs explained that the shibori process means binding or tying off certain areas of the fabric with a resist. When dye is applied to the cloth, it is prevented from penetrating the fabric in those areas with resist.

Biggs, "is called pube wrapping. In Japan, it has been done for centuries on bamboo poles, but here we use PVC pipe (4.8 inches in diameter) for the binding and wrapping.

Although the silk may be dyed while wrapped on the tube, Biggs prefers to immerse the fabric in a dye bath first, then wrap it securely around the tube dimensionally, quilting thread. She then pushes it into very close folds while it's wet.



SEWING Barbara Gash

Biggs may then apply more dye with the thread acting as a resist, and may also add fabric paint on the surface for an even more distinctive linear pattern.

When removed, and allowed to dry, the pleating stays permanently. It's a very labor-intensive process, but the soft, angular patterned effects are lovely. When Biggs started doing shibori, she found that garments made of this fabric did not become embellishing, since the texture and color were enough of a statement.

Stewart Fabrics is selling the hand-dyed fabric in a price range between \$80 and \$250 per yard; it's 45 inches wide. "Don't feel you must make a whole outfit of this," says Biggs. "Small accent areas incorporated into a garment would be quite beautiful."

Barbara Gash writes about sewing for the Detroit Free Press. Write to her at the Free Press, P.O. Box 828, Detroit, Mich. 48231, or send e-mail to compuser@att.com

HEALTH & FASHION

WEDDING

POULTON-BOYD

OAKLEY - Nicole Poulton and Daniel Boyd were married Feb. 19 in the Salt Lake City LDS Temple.

The bride, daughter of Jim and Lynne Poulton of Oakley, is a former news anchor at KMYT in Twin Falls. She is currently a news reporter with KUTV, Channel 2, in Salt Lake City.

The groom, son of Kelly and Angelina Boyd of Firth, is a former manager of Chili's Restaurant in Twin Falls. He is currently a corporate trainer for Chili's Restaurant in Salt Lake City and is attending the University of Utah.

The newlyweds reside in Salt Lake City.



Daniel and Nicole Boyd

An open house will be held to honor the couple from 1 to 5 p.m. Saturday at the Poulton Residence, 200 E. Main St. in Oakley.

Injuries

Continued from B1
critical gear, says Storm, who in the past month treated a couple of youngsters who suffered concussions after being hurt in bike accidents while not wearing a helmet.

Head injury is the leading cause of death in bicycle crashes. A bicycle helmet should fit comfortably and snugly, but not too tightly. It should sit on top of the head in a level position and should not rock forward and back or to either side. The helmet straps should always be buckled.

When mountain biking, it's best to know both the trail and your skill levels. A lot of bicyclists carry first-aid kits on their rides; Duffey suggests cell phones, too, so help can be quickly summoned in case of accidents.

Golf

The main problem area, Barry says, is the back - and the main culprit often is lack of warmup.

"There's a 9 o'clock tee time and the guys and gals get there at 8:30, and they get out and swing the driver - the biggest, heaviest club - as hard as they can two or three times to get ready. And then they're on the first tee and their backs are starting to sting to hurt. As with any other sport, you really want to do some warming up and stretching beforehand."

Keep muscles warm and conditioned by walking the course instead of riding in a golf cart, Barry suggests. "And instead of downing a quick beer and hopping into your air-conditioned car at the end of a hole, cool down with more stretching."

In-line skating

After a helmet, the most important piece of protective gear for skaters is wrist guards, Duffey says. According to the American Council on Exercise, the top reported reason for in-line-related trips to emergency rooms, other than for cuts and bruises, is injury to the arms, wrists and hands when no protective gear is worn. Don't forget knee and elbow pads, too.

Stay on smooth, paved surfaces away from traffic. Avoid streets, driveways and surfaces with water, sand, gravel or dirt.

Memorial Hospital offers these tips for dealing with a fall:

- Try to land on such fleshy parts of your body as your bottom rather than your back or your wrists.
- If you fall, try to roll rather than holding out your arms to absorb the force with your hands.
- Try to relax your body instead of going stiff.

Running

"The most difficult people to get to cross-train are the runners, because they love their running so much," Duffey says. But running four days or so a week instead of seven, and working in strength training on the off days, can go a long way toward preventing injury. Weight training helps prevent injury by strengthening muscle as well as bone and connective tissue and helps reduce upper-body fatigue. If you still need an aerobic fix on the nonrunning days, try swimming or biking - anything that won't put the same stresses on the same muscles and bones that running does.

Running injuries often stem from straining your body - or your shoes - beyond their limits. Check shoes regularly, Duffey says. Although a good running shoe should last 300 miles or so, it may break down sooner, depending on the runner's weight and gait.

Tennis
Tennis elbow (lateral epicondylitis), a common condition among tennis players, is generally caused by excessive forces on the elbow with the backhand shot. Tennis elbow braces, sprays, anti-inflammatory medications and strengthening exercises are among the treatments.

The American Academy of Orthopaedic Surgeons offers these tips on preventing tennis elbow:

- Do gradual stretching exercises for the wrist.
- Start backhand swings from your shoulder.
- Avoid placing your thumb behind the racket's grip for more support on the backhand.
- Bend your arm on forehand shots so your biceps and shoulder will take the force of the swing rather than the elbow.
- Don't put excessive topspin on the ball when hitting groundstrokes.

ENGAGEMENTS

FUQUA-METCALF

GOODING - Gary and Susie Fuqua of Gooding announce the engagement of their daughter, Christina Fuqua, to Nicholas Metcalf, son of Julie Metcalf of Gooding.

Fuqua is a graduate of Gooding High School and is attending the College of Southern Idaho.

Metcalf is also a graduate of Gooding High School. He is employed by Allen Construction. The wedding is planned for Saturday at Niagara, Springs.



Nicholas Metcalf and Christina Fuqua south of Wendell.

SEAMONS-ARTHUR

DECLU - Steven and Shari Seamons of Declo announce the engagement of their daughter, Crystal Dawn Seamons, to Forrest Arthur, son of Jerry and Cindy Arthur of Paul.

Seamons is a graduate of Minico High School and Career Beauty College in Rexburg. She is employed at Second Look in Rupert.



Crystal Dawn Seamons and Forrest Arthur Friday at the Idaho Falls LDS Temple. A reception to honor the couple will be held from 7:30 to 10 p.m. Saturday at Sunny P. Riverbarn in Rupert.

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- Pelvic Pain
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All Evaluations and Exams will be Performed by the Physician

Study finds many teen-agers on the couch

The Washington Post

Many teen-agers are couch potatoes, and one reason is that they don't get enough physical education at school, a study concludes. The study by researchers at the University of North Carolina at Chapel Hill looked at the lifestyles of 18,000 students in middle school and high school. It

found that only 21 percent of the students had PE class at least one day a week - and that the more PE classes students had, the more likely they were to engage in physical activities outside of school.

The study also found that students from low-income, high-crime neighborhoods were the most sedentary.

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Chicago	\$442	\$484
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Baltimore/Wash	\$396	\$404
Kansas City	\$210	\$248

Prices are for Economy. Taxes, fees and baggage not included. Some restrictions apply. Subject to change.

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• Air from Los Angeles via American
• Per person, based on quad occupancy
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• Transfers additional
• Taxes/fees are additional
• Valid mid-week travel between 9/4-12/14/00

MAUI - ASTON MAUI BANYAN - \$573
• 5 nights Aston Maui Banyan (1 bed std)
• Round trip air from Los Angeles via Delta
• Per person, based on quad occupancy
• 2 adults and 2 kids (2-11) traveling together
• Airfare additional from Salt Lake or Boise
• Transfers additional
• Taxes/fees are additional
• Valid mid-week travel between 9/4-12/14/00

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QUESTION: Just prior to her death, my mother gave me a power of attorney to sign an earnest money agreement for the sale of her home. Can I use the power of attorney at the sale closing?

Dennis S. Voorhees

No. A power of attorney (poa) is ineffective once the principal (authorizing party) dies. This is true even if the instrument was executed as a durable power of attorney. Durable means that the poa remains effective even if the principal becomes mentally incapacitated.

The means of conveying title to real property vested in the name of a deceased person is by court appointment of a personal representative of the deceased person's estate. In Idaho this is generally a simple procedure.

POAs are a great device, but they have legal limits. Death is one of them.

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Small print text at the bottom of the Morris Murdock advertisement.

HEALTH & FASHION

Valley agencies provide health instruction

CPR class
A cardiopulmonary resuscitation class will be offered from 4 to 7 p.m. today in the doctors' meeting room at Magic Valley Regional Medical Center in Twin Falls. Fee is \$11. To register, call 737-2007.

Childbirth course
Prepared childbirth course will be offered from 7 to 9:30 p.m. Tuesdays, beginning this Tuesday through Aug. 15, in the Education Center at MVRMC in Twin Falls. Pre-registration is required, call 737-2900.

Alzheimer's support
Alzheimer's Support Group will

meet from 10 to 11:30 a.m. Wednesday at SunBridge Care Center and Rehabilitation, 640 Filer Ave. W. in Twin Falls. For more information, call Becky Jacobsen at 734-9645.

Learn about C-sections
Cesarean childbirth class will be offered from 7 to 9:30 p.m. Wednesday in the Education Center at MVRMC in Twin Falls. Pre-registration is not required.

Bereavement group meets
The Here and Now Bereavement Support Group will meet at 1 p.m. Thursday at Hospice Visions, 1300 Kimberly Road in Twin Falls.

To do for you
For more information, call Fio at 735-0121.

More CPR
A CPR class will be offered from 8 a.m. to 1 p.m. Saturday in the doctors' meeting room at MVRMC in Twin Falls. Fee is \$11. To register, call 737-2007.

Refresher class
Childbirth refresher course will be offered from 7 to 10 a.m. July 25 in the Education Center at MVRMC in Twin Falls.

Pre-registration is required, call 737-2900.

Offering CPR
A CPR class will be offered from 6:30 to 10 p.m. July 25 in the doctors' meeting room at MVRMC in Twin Falls. Fee is \$11. To register, call 737-2007.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-Herald, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

What to do if acne invades your hair

DEAR PAULA: I still get acne breakouts on my scalp. It drives me crazy and I don't know what to do. I color and perm my hair (it is straight and very fine), so my hair tends to be dry, but I get pimples on my scalp. Any suggestions?

-DEBORAH, SAN RAMON, CALIF.

DEAR DEBORAH: Acne anywhere on the body must all be treated the same way, but that leaves the scalp in a precarious position because you can't use many of the products for the face on the scalp. For example, exfoliants such as AHAs or BHAs can "exfoliate" the hair shaft, too, denaturing the protective cuticle layer. Scrubs can chip away at the hair shaft as well. Oil-absorbing masks by chipping away at the hair shaft and robbing it of needed moisture. Disinfectants such as hydrogen peroxide or benzoyl peroxide can "bleach" hair.

The first step is to be sure you're not washing your hair with shampoos that contain conditioning agents, film formers (hair-spray-like ingredients that coat the hair), or oils. When shampooing, use your nails to give your skin a "scratching" exfoliation. Then use a conditioner only on the ends or very dry part of your hair, avoiding the scalp. Use a topical antibiotic (you get this from a dermatologist) on the scalp, then you won't have to worry about discoloration from the peroxide forms of disinfectants available over the counter. This should help a lot!

DEAR PAULA: I came across a disturbing article regarding skin exfoliation. It stated that normal human cells cannot divide indefinitely and that regular use of AHAs will actually lead to more wrinkles in the long run. Is this true? Has not AHA or BHA been recommended for myself, but my daughter (who's 11) is already using MD Forte. I'd love to know what you think.

DEAR BARBARA: It is absolutely true that skin cells have a limited life span of regeneration, but regeneration takes place deep - and I mean deep - in the dermis, far away from the surface of skin where AHAs or BHAs have an effect. AHAs only affect the outer layer of skin, which has no impact on the issue of regeneration whatsoever! I know lots of cosmetics companies would love for women to believe their products affect actual cell production but, thankfully, they can't. BHAs can penetrate slightly better, but only into the pores again. If they do not have any effect on the area in the dermis where new skin cells are generated. Let me remind you that the need for exfoliating the surface of skin or within pores is because the surface-level dead layers of skin or the lining of the pores often need help, due to sun damage, dryness, oil buildup, or genetics, in doing what they

Osteoporosis creeps into other groups

The Washington Post

Osteoporosis - the debilitating disease that weakens bones and makes them more likely to fracture - is not just a problem for aging white women. "Children can suffer from osteoporosis as well," said Anne Kilbanski, a Harvard University Medical School professor of medicine and chair of a recent National Institutes of Health consensus conference on osteoporosis. Declining milk consumption, a rise in soft-drink consumption, eating disorders and chronic use of medications that strip the bones of calcium are all eroding bone health in the United States, Kilbanski said.

COSMETICS Q&A
Paula Begoun

should do naturally, which is exfoliate, and that has nothing to

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Magic Valley WOMEN'S HEALTH
OBSTETRICS AND GYNECOLOGY / MVWH P. C.
Women's Health Watch of Magic Valley
DYSFUNCTIONAL UTERINE BLEEDING
During the approximately 40 years from menarche (the first period) to menopause, the endometrium, or lining of the uterus, continually builds up and then sheds, about every 28 days. However, many women at some point in their lives will have unusually heavy bleeding or even bleeding between periods. Occasionally, bleeding after menopause may occur. The pattern of abnormal bleeding is often called dysfunctional uterine bleeding, or DUB.
CAUSES:
The most common cause of DUB is a hormone imbalance. This is often caused by stress, weight loss or gain, medications, illness, excessive exercise, or even some benign tumors. Other causes are infections, thyroid disorders, uterine tumors, cancer, or even pregnancy. Regardless of the cause, DUB is a source of worry and a woman's life affecting, cancer, schooling, social life, sex life, and home life.
DIAGNOSIS:
The history alone will often suggest the cause, although tests may be necessary. After a physical examination, your doctor may need to perform a biopsy, to look at a small amount of tissue under the microscope to rule out more serious causes, such as cancer. Hormonal levels may be checked. Ultrasound is often used to evaluate the uterus or ovaries. Hysteroscopy is occasionally used which is a thin telescope-like instrument by which we can actually view the inside of the uterus. Laparoscopy is also used sometimes to look at the abdominal or pelvic organs. Most of these procedures can be safely performed in a doctor's office, where others are performed in the hospital.
TREATMENT:
In most cases, treatment will consist of taking medicine to correct the imbalance. Occasionally, simple resistance is all that is necessary. Once serious disease is ruled out, Sometimes various surgical procedures are useful in correcting DUB. If you have noticed that your periods have changed, see your doctor. If you are menopausal and notice any bleeding, you should also see your doctor. These changes might well be a normal part of life, but too often we see problems long ignored that become, in a more serious condition. Remember, "an ounce of prevention..."
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COMICS

Classic Peanuts

By Charles M. Schulz



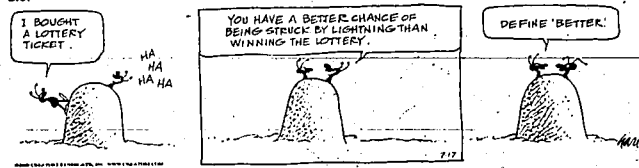
Dilbert

By Scott Adams



B.C.

By Johnny Hart



Garfield

By Jim Davis



Hi and Lois

By Chance Browne



The Wizard of Id

By Brant Parker & Johnny Hart



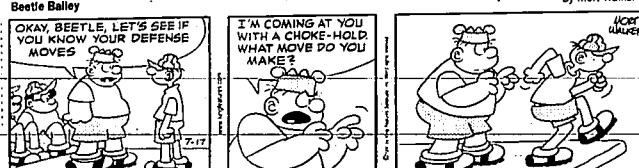
Nagar the Horrible

By Chris Browne



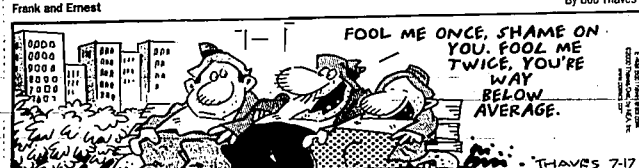
Beetle Bailey

By Mort Walker



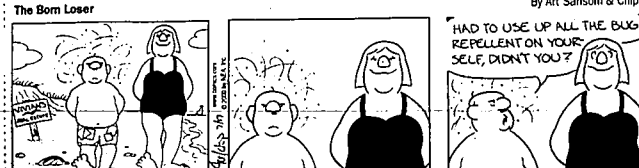
Frank and Ernest

By Bob Thaves



The Born Loser

By Art Sansom & Chip



For Better or For Worse

By Lynn Johnston



Blondie

By Dean Young & Stan Drake



Pickles

By Brian Crane



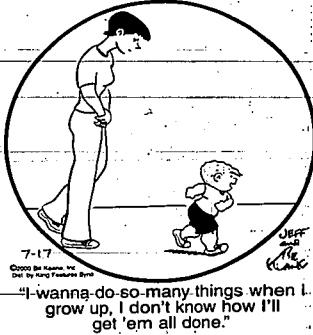
Demis the Manace

By Hank Ketcham



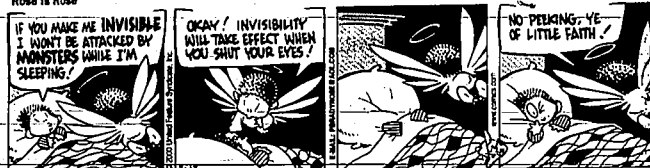
The Family Circus

By Bill Keane



Rose Is Rose

By Pat Brady



Zits

By Jim Borgman and Jerry Scott



Luan Platter

By Greg Evans



Strange Brew

By John Deering



Non Sequitur

By Wiley



MORNING BREAK

ACROSS

- 1 Aahon
- 2 Florida city
- 3 Table scraps
- 4 Tooted
- 5 Singular performances
- 6 Overwrought
- 7 Dumbfounded
- 8 Mr. Knowl
- 9 Murno in print
- 10 Most weird
- 11 Bar bill
- 12 Type of pear
- 13 Lunet or Poirier
- 14 Douquet
- 15 Red or Yellow
- 16 Fat farm
- 17 Bonanza, e.g.
- 18 Humble homes
- 19 Inventor Howe
- 20 Borscht
- 21 Ingredient
- 22 Scottish park
- 23 Mountain subdivision
- 24 Saint James or Saratoga
- 25 Gulp
- 26 Brick oven
- 27 Florida deer
- 28 Hiva builder
- 29 Self-imago
- 30 Amphitheater
- 31 Sothern
- 32 Shafting
- 33 Be obliged to
- 34 Lot to tax
- 35 Contaminated
- 36 Earl Gray and peko
- 37 Kaiti
- 38 Ojai
- 39 Management
- 40 Oriant
- 41 Automobile compartment
- 42 Worthing
- 43 Bread grains
- 44 Things to avoid
- 45 Director
- 46 Prelinger

DOWN

- 1 Network of
- 2 Mont Blanc, e.g.
- 3 David Roth
- 4 Rama's mates
- 5 On way to Lake
- 6 Winebago
- 7 Pub pint
- 8 26 down in defeat
- 9 Not to tax
- 10 100 down in water
- 11 Near Syracuse
- 12 Potentiar bird
- 13 Gray crane here
- 14 Like sailor's
- 15 Automobile
- 16 So long, Piero
- 17 Tibia and femur
- 18 Luminous
- 19 39 initial
- 20 Contemplative sound
- 21 Beginning
- 22 Peeper guard
- 23 Ben's tool
- 24 So long, Piero
- 25 Tibia and femur
- 26 Luminous
- 27 39 initial
- 28 Contemplative sound
- 29 Beginning
- 30 Peeper guard
- 31 Ben's tool
- 32 So long, Piero
- 33 Tibia and femur
- 34 Luminous

What two American cities were designed to be capitals?

Now archeologists not only can carbon-date and find tree-ring dates, but also "luminescence dates." That's a new way to estimate when something dug up was last exposed to sunlight. Most illuminating.

The ancient Roman poet Ovid was the first of the great Love and War men. It was he who said: "Whether a pretty woman grants or withholds, she likes to be asked." Not barefaced Ovid, but he kept changing women into birds. That got odd.

Counters last year noted 267 Americans with a net worth of more than \$1 Billion. At the same time, they calculated that two billion people worldwide live on less than \$2 a day.



WHAT'S WHAT?
L.M. Boyd

emotional response. Like blushing maybe. Different emotions trigger different colors, but which prompts which isn't clear.

Q. Only two U.S. cities were specifically designed to be capitals. Washington, D.C. is one. Name the other.

A. Milledgeville, Ga. Wasn't until 1868 that Georgia's capital was moved to Atlanta.

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BLEEDING IN THE DIGESTIVE TRACT

Bleeding in the digestive tract is a common cause of anemia. It can be caused by a variety of conditions, many of which are not life-threatening. Most cases of bleeding are caused by conditions that are easily treated.

The most common source of bleeding from the upper digestive tract is ulcers. The digestive or gastrointestinal tract includes the esophagus, stomach and small intestine. Bleeding can come from one or more of these areas, but most often it occurs in the stomach or small intestine. Bleeding can also occur from a small piece of skin on the surface of the tongue or from a large ulcer in the lining of the stomach or small intestine. Bleeding can sometimes occur without the person knowing it. This type of bleeding is called occult or hidden blood. Simple tests can detect occult blood in the stool.

WHAT CAUSES BLEEDING IN THE DIGESTIVE TRACT?

Stomach acid can cause inflammation of the stomach lining, which can lead to bleeding. In the lining of the digestive tract, there are small blood vessels called capillaries. Inflammation of the esophagus, stomach or small intestine can cause these capillaries to become inflamed and bleed. Bleeding can also occur from a small piece of skin on the surface of the tongue or from a large ulcer in the lining of the stomach or small intestine. Bleeding can sometimes occur without the person knowing it. This type of bleeding is called occult or hidden blood. Simple tests can detect occult blood in the stool.

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Saturday's Puzzle Solved

7/17/00

ACROSS: 1. Aahon; 2. Florida city; 3. Table scraps; 4. Tooted; 5. Singular performances; 6. Overwrought; 7. Dumbfounded; 8. Mr. Knowl; 9. Murno in print; 10. Most weird; 11. Bar bill; 12. Type of pear; 13. Lunet or Poirier; 14. Douquet; 15. Red or Yellow; 16. Fat farm; 17. Bonanza, e.g.; 18. Humble homes; 19. Inventor Howe; 20. Borscht; 21. Ingredient; 22. Scottish park; 23. Mountain subdivision; 24. Saint James or Saratoga; 25. Gulp; 26. Brick oven; 27. Florida deer; 28. Hiva builder; 29. Self-imago; 30. Amphitheater; 31. Sothern; 32. Shafting; 33. Be obliged to; 34. Lot to tax; 35. Contaminated; 36. Earl Gray and peko; 37. Kaiti; 38. Ojai; 39. Management; 40. Oriant; 41. Automobile compartment; 42. Worthing; 43. Bread grains; 44. Things to avoid; 45. Director; 46. Prelinger.

DOWN: 1. Network of; 2. Mont Blanc, e.g.; 3. David Roth; 4. Rama's mates; 5. On way to Lake; 6. Winebago; 7. Pub pint; 8. 26 down in defeat; 9. Not to tax; 10. 100 down in water; 11. Near Syracuse; 12. Potentiar bird; 13. Gray crane here; 14. Like sailor's; 15. Automobile; 16. So long, Piero; 17. Tibia and femur; 18. Luminous; 19. 39 initial; 20. Contemplative sound; 21. Beginning; 22. Peeper guard; 23. Ben's tool; 24. So long, Piero; 25. Tibia and femur; 26. Luminous; 27. 39 initial; 28. Contemplative sound; 29. Beginning; 30. Peeper guard; 31. Ben's tool; 32. So long, Piero; 33. Tibia and femur; 34. Luminous.

Aquarius - take chance on romance

IF JULY 17 IS YOUR BIRTHDAY: When it comes to pressure, responsibility, challenge, you are halfway and when you fall in love it is all the way. Before July is finished, you will make decision on whether or not you are to remain in current marital status. September most memorable.

ARIES (March 21-April 19): Without being able to explain it, you overcome odds and win when you were supposed to lose. Look beyond the immediate, predict future and make it come true.

TAURUS (April 20-May 20): Foreign intrigues Scenario features new experiences, challenge of the unknown. Take a chance on romance, will take you out of dullness. Leo represented.

GEMINI (May 21-June 20): You'll receive proposals, business, career, marriage. Be selective, maintain aura of I deserve the best and will have it.

CANCER (June 21-July 22): You'll have things your way, trouble is you might not know what is your way. Focus on self-discovery, revelation, question of why you are here, what to do about it.

LEO (July 23-Aug. 22): Revise, rewrite - promote idea of different look. Scorpio figures prominently, could become secret ally. You solve, mathematical problem, excel at word games.

VIRGO (Aug. 23-Sept. 22): Let lions, don't hold back. Let others know you are here to stay. Focus on change, variety of experiences and sensations. Sagittarius, another Virgo play roles.

LIBRA (Sept. 23-Oct. 22): Be kind, diplomatic but get job done. Family could look to you as role model. Music in your life, dance to your own tune. Taurus will edge way into scene.

SCORPIO (Oct. 23-Nov. 21): Physician help thyself. Tendency is to help others but perhaps you'll neglect yourself. Avoid self-decep-

HOROSCOPE
Sydney Omar

tion; someone wants to fool you.

SAGITTARIUS (Nov. 22-Dec. 21): Power-play day. Finally, puzzle pieces fall into place - emphasis on promotion, production, distribution. Older person insists on making room for you.

CAPRICORN (Dec. 22-Jan. 19): View things in light of what occurs in universe. You are not alone; you will know that. Moon position highlights money and how to earn more of it.

AQUARIUS (Jan. 20-Feb. 18): Cycle high, make, fresh start, take

chance on romance. Wear bright colors, make personal appearance. Member of opposite sex confides true feelings.

PISCES (Feb. 19-March 20): Gather facts, figure, analyze them. Focus on how you live, marital status. Refuse to quit despite protestations. Continue to move ahead and to meditate.

me Myself i
DAILY
4:30, 7:00 & 9:15 PM
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Motor-Vu Drive In
1001 Main Street, Twin Falls, ID 83401
Showings Nightly at 7:30
The Perfect Storm (PG-13)
P.E. Dunnington (R)

Oxyto Theatre
1001 Main Street, Twin Falls, ID 83401
Today 12:30-2:00 7:15-9:30
The X-Files (R)

Jerome Cinema
25 West Main, Jerome, ID 83403
Daily 7:00-9:30
The Perfect Storm (PG-13)

Twin Cinema 12
160 East 2nd, Twin Falls, ID 83401
Today 12:30-2:00 7:15-9:30
The X-Files (R)

Big Momma's House (R)
Today at 7:30
Today at 9:30
Perfect Storm (PG-13)

Good Burger (G)
The Rugrats Movie (G)

Good Burger (G)
The Rugrats Movie (G)

CALENDAR of EVENTS

- CPR Class • Monday, July 17, 4 - 7 p.m., Doctor's Meeting Room. Fee: \$11. To register call 737-2007.
- Prepared Childbirth Course • Tuesdays, July 18 - August 15, 7 - 9:30 p.m., Education Center. Pre-registration required. Call 737-2900.
- Cesarean Childbirth Class • Wednesday, July 19, 7 - 9:30 p.m., Education Center. Pre-registration is not required.
- Volunteer Sign-Ups, 1 - 4 pm, Wednesday - Friday weekly at MVRMC front information desk, or call Loraine Devey, Director of Volunteer Services for more information 737-2006.
- CPR Class • Saturday, July 22, 8 a.m. - 1p.m., Doctor's Meeting Room. Fee: \$11. To register call 737-2007.
- Childbirth Refresher Course • Tuesday, July 25, 7 - 10 p.m., Education Center. Pre-registration required. Call 737-2900.
- CPR Class • Tuesday, July 25, 6:30 - 10 p.m., Doctor's Meeting Room. Fee: \$11. To register call 737-2007.

For additional MVRMC educational offerings call 737-2007. If you require special accommodations, call 737-2102 or TDD 737-2980 at least 24 hours in advance of the event.

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1992 FORD 1/2 TON 4x4
Very Nice.
WAS \$8998 - SAVE \$4000
\$0 DOWN \$119 MO. OR \$4988

Stock #A501. Units subject to prior sale. Tax, title for (1992) and Dealer DOC for (1992) are not included in the monthly payment. 10.9% APR. No cash down. 60 monthly payments - no balloon payment.

1988 MAZDA PROTEGE
Nice Clean Vehicle.
WAS \$7988 - SAVE \$3000
\$0 DOWN \$109 MO. OR \$4988

Stock #P981. Units subject to prior sale. Tax, title for (1988) and Dealer DOC for (1992) are not included in the monthly payment. 10.9% APR. No cash down. 60 monthly payments - no balloon payment.

1991 VW PASSAT WAGON
Loaded.
WAS \$8988 - SAVE \$3000
\$0 DOWN \$129 MO. OR \$5988

Stock #P111. Units subject to prior sale. Tax, title for (1991) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 60 monthly payments - no balloon payment.

1992 JEEP CHEROKEE 4x4 SPORT
Loaded.
WAS \$8988 - SAVE \$3000
\$0 DOWN \$149 MO. OR \$5988

Stock #A547. Units subject to prior sale. Tax, title for (1992) and Dealer DOC for (1992) are not included in the monthly payment. 11% APR. No cash down. 60 monthly payments - no balloon payment.

1992 FORD AEROSTAR
Great Buy!
WAS \$8988 - SAVE \$3000
\$0 DOWN \$149 MO. OR \$5988

Stock #A510. Units subject to prior sale. Tax, title for (1992) and Dealer DOC for (1992) are not included in the monthly payment. 11% APR. No cash down. 60 monthly payments - no balloon payment.

1993 GMC JIMMY 4x4
Very Nice.
WAS \$8988 - SAVE \$3000
\$0 DOWN \$149 MO. OR \$6988

Stock #A505. Units subject to prior sale. Tax, title for (1993) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 60 monthly payments - no balloon payment.

1994 DODGE DAKOTA CLUB CAB 4x4
V-8 Engine.
WAS \$8988 - SAVE \$2000
\$0 DOWN \$169 MO. OR \$7988

Stock #A511. Units subject to prior sale. Tax, title for (1994) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 60 monthly payments - no balloon payment.

1998 MERCURY MYSTIQUE
Low Miles.
WAS \$10988 - SAVE \$3000
\$0 DOWN \$169 MO. OR \$7988

Stock #P981. Units subject to prior sale. Tax, title for (1998) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 60 monthly payments - no balloon payment.

1994 DODGE 1/2 TON CONV. VAN
Loaded.
WAS \$13988 - SAVE \$5000
\$0 DOWN \$189 MO. OR \$8988

Stock #A508. Units subject to prior sale. Tax, title for (1994) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 60 monthly payments - no balloon payment.

1997 DODGE 1/2 TON PICKUP
Great Shaper.
WAS \$15988 - SAVE \$5000
\$0 DOWN \$199 MO. OR \$10988

Stock #A511. Units subject to prior sale. Tax, title for (1997) and Dealer DOC for (1992) are not included in the monthly payment. 11% APR. No cash down. 60 monthly payments - no balloon payment.

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Stock #A504. Units subject to prior sale. Tax, title for (1988) and Dealer DOC for (1992) are not included in the monthly payment. 11% APR. No cash down. 72 monthly payments - no balloon payment.

1987 DODGE COUGAR
Clean Loaded.
WAS \$14988 - SAVE \$3500
\$0 DOWN \$229 MO. OR \$11488

Stock #P981. Units subject to prior sale. Tax, title for (1987) and Dealer DOC for (1992) are not included in the monthly payment. 10.9% APR. No cash down. 60 monthly payments - no balloon payment.

1988 FORD WINDSTAR
Nice Van.
WAS \$18988 - SAVE \$5000
\$0 DOWN \$219 MO. OR \$11988

Stock #P981. Units subject to prior sale. Tax, title for (1988) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 72 monthly payments - no balloon payment.

1989 VW GOLF
Clean Auto.
WAS \$15888 - SAVE \$4000
\$0 DOWN \$219 MO. OR \$11988

Stock #P101. Units subject to prior sale. Tax, title for (1989) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 72 monthly payments - no balloon payment.

1997 TOYOTA RAV 4 4x4
Clean.
WAS \$15988 - SAVE \$3000
\$0 DOWN \$239 MO. OR \$12988

Stock #A510. Units subject to prior sale. Tax, title for (1997) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 72 monthly payments - no balloon payment.

2000 CHEVY MALIBU
WOW!
WAS \$17988 - SAVE \$5000
\$0 DOWN \$239 MO. OR \$12988

Stock #P981. Units subject to prior sale. Tax, title for (2000) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 72 monthly payments - no balloon payment.

1987 DODGE 1500 C.C. 4x2
Good looking truck!
WAS \$17988 - SAVE \$3000
\$0 DOWN \$279 MO. OR \$14988

Stock #P981. Units subject to prior sale. Tax, title for (1987) and Dealer DOC for (1992) are not included in the monthly payment. 10.9% APR. No cash down. 72 monthly payments - no balloon payment.

1988 DODGE 1/2 TON CLUB CAB
SLT. V-10 Engine.
WAS \$18988 - SAVE \$5000
\$0 DOWN \$289 MO. OR \$14988

Stock #P981. Units subject to prior sale. Tax, title for (1988) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 72 monthly payments - no balloon payment.

2000 BUICK REGAL
Really Nice.
WAS \$20988 - SAVE \$5000
\$0 DOWN \$289 MO. OR \$15988

Stock #P981. Units subject to prior sale. Tax, title for (2000) and Dealer DOC for (1992) are not included in the monthly payment. 9.9% APR. No cash down. 72 monthly payments - no balloon payment.

1987 GMC 1500 CC 4x4
Loaded.
WAS \$19888 - SAVE \$3000
\$0 DOWN \$319 MO. OR \$16988

Stock #A510. Units subject to prior sale. Tax, title for (1987) and Dealer DOC for (1992) are not included in the monthly payment. 10.9% APR. No cash down. 72 monthly payments - no balloon payment.

1987 GMC SUBURBAN 4x4
Stock #A540. TV/VR.
WAS \$24988 - SAVE \$8000
NOW ONLY \$18988

1986 LANDROVER DISCOVERY 4x4
Stock #A492.
WAS \$25988 - SAVE \$7000
NOW ONLY \$18988

1989 CHRYSLER 900M
Stock #757L. Loaded. Very Nice.
WAS \$25988 - SAVE \$4000
\$21988 OR \$339* LEASE FOR \$369* MO.

2000 FORD EXCURSION 4x4
Stock #9493. WOW! XLT. V-10 Engine.
WAS \$43988 - SAVE \$10000
\$33988 OR \$369* MO. LEASE FOR \$369* MO.

2000 CHEVY TAHOE 4x4
Stock #A134. 7 Passenger. Leather. Loaded.
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