



# The Times

Twin Falls, Idaho/96th year, No. 15

Monday, January 15, 2001

INTS

## GOOD MORNING

### WEATHER

Today: Mostly cloudy, with areas of fog and possible snow flurries.  
High 28. Mostly cloudy tonight, low 14.

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### MAGIC VALLEY



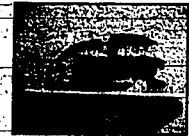
No parking: Parking fines might go up in Ketchum.

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Sheep release: More bighorn sheep will be released on Jim Sage Mountain.

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### HEALTH AND FASHION



Dietary maze? Sorting through what's what with diets - and which actually work.

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### SPORTS



The road to the Super Bowl: Four teams had their hearts set on the Lombardi Trophy Sunday, but only two are headed to Tampa Bay.

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### OPINION

Where's the fire? Why is Bill Clinton in such a big hurry these days, a guest editorial asks.

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## No (LIGHT) STRINGS ATTACHED



Cory Dudley, left, and Dustin Wooten unwrap the Christmas lights from a tree on Main Avenue in Twin Falls. The pair works for Idaho Scapes and Christmas Decor and also put up the lights at the start of the holiday season. More than 100 strings of lights - about 13,000 lights - are used to decorate the trees downtown.

## Nominee will face questions on use of staff during '84 campaign

The Washington Post

WASHINGTON - Attorney General-designate John Ashcroft faces questioning this week by Democrats on the Senate Judiciary Committee over allegations that he improperly used government employees in his 1984 campaign for Missouri governor.

Thomas A. Deuschle, who was administrative assistant when Ashcroft was Missouri's attorney general, acknowledged in a sworn deposition in 1983 that he raised money, contacted supporters and performed other political duties during the working day from the state attorney general's offices. Deuschle said those activities were in addition to his full-time state duties.

Ashcroft was deposed in the same proceedings, a civil lawsuit alleging that he had filed charges against a St. Louis oil company in order to gain favorable political publicity. On the advice of his



John Ashcroft

A 34-page plan prepared for Ashcroft's 1984 gubernatorial campaign called for extensive use of state employees and state facilities to promote Ashcroft's bid. Mindy Tucker, a spokeswoman for President-elect Bush's transition, said that neither Ashcroft nor other members of his staff were familiar with the document and provided letters to that effect from former Ashcroft staffers.

"Any political work that was done was done on off hours, or on vacation time," she said, attributing the statement to Ashcroft.

Tucker said Ashcroft "explicitly prohibited" staffers from working on state time on his campaign. While disputing the authenticity of the campaign document, she said that even if it were used "no one has ever seen anything in it that would be illegal."

A source familiar with the Ashcroft campaign said the plan was implemented and "fully operational."

The gubernatorial campaign memo surfaced but was never authenticated during Ashcroft's unsuccessful Senate reelection campaign last year.

Federal law prohibits the use of public money for political purposes, and Ashcroft's successor as Missouri attorney general, William Webster, pleaded guilty in 1993 to federal charges of conspiracy and misapplication of public funds by using the attorney general's office, employees and resources for political purposes.

## Panel targets INEEL filters

### Would they hold up in emergency?

By N.S. Nokkerved  
Times-News writer

TWIN FALLS - The air filters that are supposed to keep radioactive particles from escaping into the air might not hold up during an accident, and a panel of scientists has recommended

The filters are used at INEEL facilities to trap radioactive dust particles from the various processes at the eastern Idaho nuclear research site.

After Energy Secretary Bill Richardson accepted the panel's recommendations for alternatives to incinerating radioactive waste at the Idaho National Engineering and Environmental Laboratory last week, Energy Department officials say they plan to look closer at the filters' effectiveness.

Longtime INEEL critic Dr. Peter Rickards, a Twin Falls podiatrist, welcomed the news. "After 50 years of the nuclear business, it is time to come clean. This accurate type of testing has been avoided, because it probably would reveal that the DOE is emitting illegal and unhealthy amounts of plutonium into our air," Rickards said.

He has repeatedly questioned

the effectiveness of those filters and has pointed to government studies that show the filters may be less effective than some officials have claimed.

Rickards cites existing studies by the Energy Department and other federal agencies that show the filters may be vulnerable to fire, to the water from sprinklers set off by fires, and the ability of plutonium to creep through multiple filters.

These problems affect all alternatives to incineration, as well as almost all nuclear plants and projects, Rickards said.

The Energy Department relies on so-called "HEPA" filters - short for high efficiency particulate air filters - at facilities at sites such as the INEEL.

A blue-ribbon advisory panel, assembled to evaluate alternatives to incineration of radioactive waste, also recommended thorough testing of HEPA filters.

"In particular, the panel urges rigorous evaluation of whether the reliability and efficacy of the various effluent control systems will be sufficient to protect workers, the public, and the environment," the panel said in its final report.

Please see INEEL, Page A2

## State, federal officials debate criticality issue

By N.S. Nokkerved  
Times-News writer

TWIN FALLS - State and federal officials still disagree about the potential for a spontaneous nuclear reaction in buried radioactive waste at the Idaho National Engineering and Environmental Laboratory.

Over the long term - hundreds of years - officials agree radioactive waste in eastern Idaho may spontaneously set off an uncontrolled nuclear reaction.

Officials with the federal Environmental Protection Agency, however, have taken issue with recent statements by

### What is criticality?

A criticality is an uncontrolled nuclear reaction. In such an accident, nuclear materials sustain a reaction - or "go critical" - in the parlance of nuclear science. This is not the same as a nuclear explosion, but it releases energy, a characteristic blue glow - and potentially lethal levels of radiation. The leftovers remain radioactive for many years.

INEEL officials about the potential for such an event, known as a criticality.

The effects of such a reaction would be long-lasting and could affect the land's suitability for

Please see CRITICALITY, Page A2

## More diversity: Before and after Clinton, by the numbers

The Associated Press

WASHINGTON - The United States, as President Clinton leaves office, is different from the country he took over eight years ago.

To begin with, there are just a lot more of us: 281,421,906 in the 2000 census, compared with 258,083,000 in 1993.

And we're more diverse. The Hispanic population has soared by a third, from about 24 million to 32 million. The black population is up by 10 percent, whites by 3 percent.

Not that anyone would point it out, but we're also a bit older. The average age of the nation's population in 2000 was 36.6

years, up from 35.6 in 1993.

That's largely thanks to the maturing of the huge postwar Baby Boom generation, of course.

But better medical care is also allowing more people to live to advanced ages. There were an estimated 68,000 Americans age 100 and over in 2000, compared with 43,000 in 1993.

Life expectancy is edging up - 77.1 years for someone born in 2000, 75.5 for someone born in 1993.

In 1999, median household income was \$40,800, meaning half of all households made more than that and half less. The comparable figure for 1993 was \$36,019.

## A scream, a wave of dirt, and a neighborhood was gone

### Rescuers frantically recover El Salvador earthquake victims

The Associated Press

SANTA TECLA, El Salvador - First there was a blood-chilling scream from atop the mountain. Within moments, a wall of earth was crashing down onto the middle-class neighborhood of Las Colinas below. When the dust cleared, nothing was left of Las Colinas but a flat plain, its silence punctuated by the wails of the injured.

As many as 1,200 people disappeared below the mass of dirt. A woman walking to the store for some

### Death toll mounts - A2

eggs. A 12-year-old boy waiting at home for a phone call from his father in Kansas. Three 5-year-olds riding the bicycles they received for Christmas.

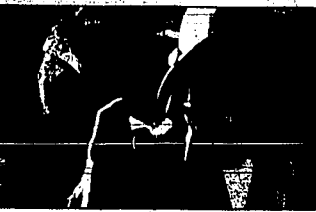
Rescuers on Sunday frantically dug with earth-movers, with shovels, with their bare hands to extract mangled corpses - and at least three people who had miraculously survived. It began at 11:35 a.m. Saturday,

with a scream. Julio Antonio Ramirez, a bodyguard for a wealthy American woman who lives in a columned-white mansion at the top of the hill, was standing in the yard when he heard it.

The earth had begun to shake; lightly at first, but then with a sudden jolt. Someone in a house at the top of the hill let out a desperate scream, and almost simultaneously the hillside gave way in a giant explosion.

Ramirez, 40, watched in awe as a wave of dust swept down from the top

Please see QUAKE, Page A2



Family members embrace amidst earthquake destruction Sunday in Santa Tecla, El Salvador.

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# Bush and Bush

## Two presidencies: Similar and yet vastly different

WASHINGTON (AP) - Father and son, they are veteran players in the grandest ritual of American politics.

Twelve years ago, the father placed his hand on the Bible and swore the oath of president as the son watched with pride from the west front of the Capitol. On Saturday, they swap places as the son steps forward to take his turn and the father stands by.

George H.W. Bush, Walker Bush, the 41st president, and George W. Bush, the 43rd, will go into history as the first father and son to hold the highest political office of the land since John Adams, the second, and John Quincy Adams, the sixth.

In symbolic and substantive ways, the two Bush presidencies share common starting ground, each coming to power after long periods of economic growth. They both chose to take their oaths with hands on the same Bible used by George Washington.

Chief Justice Rehnquist administered the presidential oath to the elder Bush; Rehnquist will do it again on Saturday.

But the differences may outweigh the similarities. "Other than the last name, it seems to me almost everything is different," said Brookings Institution political scholar Thomas Mann.

Known in national politics and policy-making and broadly experienced in foreign affairs, Bush senior won the presidency decisively, standing on Ronald Reagan's coattails to reach the Oval Office.

The younger Bush won the White House with neither a majority nor a mandate and lacks his father's impressive political resume.

"George W. Bush has an almost surreal experience with his inauguration," Mann said. "The man who is swearing him in is the man who led the 5-4 majority to make this presidency possible. He's the



Former President George Bush, left, and son George W. Bush joke with friends as they head to a dinner at the Bush Library in College Station, Texas, in this Nov. 5, 1996, file photo.

first president in over a century to lose the popular vote. He knows that reporters in the months ahead may well demonstrate that he probably also lost Florida in the electoral vote. He's succeeding a two-term Democratic president who goes out sort of very popular in his job performance.

"It's just a very unusual situation," Mann said, "and one doesn't know how he's going to play it."

On Inauguration Day in 1989, the elder Bush claimed the presidency on the heels of the longest peacetime economic expansion in America's history. "We live in a peaceful, prosperous time but we can make it better," the new president said.

The younger Bush could make the same claim, taking office after America's longest economic boom

ever - with 22 million new jobs and the lowest unemployment and inflation in three decades.

But the incoming president worries there are "warning clouds on the horizon" and that the economy could tumble into a recession. That, in fact, is exactly what happened to his father, who saw the economy fall into a slump in 1990 that helped propel Bill Clinton into the presidency.

The senior Bush inherited huge budget deficits from the Reagan administration and the red ink continued to spill during his administration. Between 1981 and 1992, the Reagan and Bush years, the national debt quadrupled. Facing a hostile Democratic Congress, Bush was forced to accept a deficit-reduction package that broke his no-new-taxes pledge.

# Report: Recount totals over \$3M

ORLANDO, Fla. (AP) - Florida and its counties already face expenses totaling more than \$3 million for ballot recounts and lawsuits over the disputed presidential election, and the bills are still coming in. The Orlando Sentinel reported Sunday.

At the state level, the total expense so far for the Legislature, state agencies and the governor's office is up to more than \$1.24 million. That includes more than \$6,000 for the Supreme Court to copy 365,000 pages of documents.

The largest single bill so far is for \$682,266, submitted by the law firm of Steel, Hector and Davis to represent Secretary of State Katherine Harris in 40 lawsuits around the state. One item on that bill is \$10,000 for a chartered airplane to take attorney Joe Kloock from Tallahassee to Washington to appear before the U.S. Supreme Court.

Expenses for a special legislative session ordered by House Speaker Tom Feeney and Senate President John McKay to consider whether to appoint the state's electors for George W. Bush total more than \$425,000.

Counties are faced with employees' overtime charges, legal expenses and security costs for the statewide manual recount ordered by the Florida Supreme Court on Dec. 8 and halted by the U.S. Supreme Court the following day.

Palm Beach County, the infamous butterfly ballot that many Democratic voters claim caused them to erroneously vote for conservative Reform Party candidate Pat Buchanan, has amassed the largest election-related county expenses at about \$525,000.

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## Idaho native says he loved years with White House administration

WASHINGTON (AP) - Idaho native Bruce Reed is giving up the best job he has ever had as the Clinton administration leaves the White House on Saturday.

For the past eight years, the Democrat from Coeur d'Alene has worked for Clinton, most recently as his chief domestic policy adviser.

In a recent telephone conversation from New Hampshire, Reed said he will never find another job that he would rather make his present one. Reed was with the president on a farewell trip down memory lane, visiting old haunts of the 1992 presidential campaign.

"As a Democrat involved in Idaho politics, I never expected to work on a winning campaign, let alone work on two consecutive presidential campaigns," Reed said. "I don't have any regrets about what I did."

Reed is a Princeton graduate and Rhodes scholar. His mother, Mary Lou Reed, served six terms in the Idaho Senate from Coeur d'Alene, and still lives there.

Bruce Reed started in politics as former Idaho Rep. Larry Arco's press secretary. In the late 1980s, Reed was then Sen. Al Gore's chief speechwriter. From there, he went to the

Democratic Leadership Council, the Clinton-Gore campaign and a job as White House assistant for policy planning. He moved into the top domestic policy post in Clinton's second term.

He said his most satisfying moments came when he helped the president push through Congress programs that reformed welfare, put 100,000 more police officers on the streets and hired more teachers to reduce class sizes.

"It has been a thrill to work on domestic policies for a man who knows them so well and cares about them so much," he said. Among his low moments, Reed counts the time when Congress failed to approve the tobacco settlement. Reed does not consider the Monica Lewinsky scandal and the impeachment the lowest of his moments while serving Clinton.

"We had our share of tough times here in New Hampshire eight years ago," he said. "But I got used to the ups and downs early on. There have been 100 times more ups than downs."

Reed said he does not know what he will do when he leaves the White House.

"I may have to get a real job," he joked.

### Lunch Specials

Week of Jan. 15 - Jan. 19

- Monday -

Herb Baked Chicken ..... \$5.95

- Tuesday -

Beef Stroganoff ..... \$5.95

- Wednesday -

Chicken Salad Croissant ..... \$6.95

- Thursday -

Grilled Ham, Swiss & Portabella Sandwich ... \$6.95

- Friday -

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Early Bird Specials Mon. - Sat. 4-6 PM

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## AROUND THE VALLEY

# Habitual abusers beware

### Crash claims one, injures two others

**GOODING** - A Buhl boy died Saturday evening from injuries suffered in a car accident earlier that day.

Just after 8 a.m. Saturday, Ryan Jon Steele, 16, of Buhl, was eastbound on 3100 South Road in Gooding County, driving a 1979 Lincoln. He ran a stop sign at 1500 East Road, hitting a semi-truck driven by Dennis Frank Morgan, 33, of Buhl, according to an Idaho State Police news release.

Steele and his passenger, Mitchell Bourner, 13, of Buhl, were flown to Saint Alphonsus Regional Medical Center in Boise. Timothy M. Bourner, 16, a second passenger with Steele, was taken to the Gooding Memorial Hospital emergency room.

Steele died at 8:44 p.m. Saturday at Saint Al's. Mitchell Bourner was treated and released from Saint Al's, a spokesman said. Morgan was uninjured. The accident remains under investigation.

### Buhl school board will discuss facility project

**BUHL** - Prioritization of facilities projects is planned as a work session at today's Buhl School Board meeting.

Budget preparation for the 2001-2002 school year also is on the agenda, along with an update on the Idaho Reading Initiative.

Other business on the board's agenda includes naming of the North Park ball fields, obsolete furniture and equipment, and a farm greenhouse.

The school board will meet at 7 p.m. in the school district administration office.

### Kimberly Library hosts winter reading program

**KIMBERLY** - Book lovers can chase away the winter blues through a special reading program at the Kimberly Library which begins this month and continues through March.

The program is called "Let's Talk About..." and features historical accounts by writers living in the early days of Idaho. Readers may check out the book and participate in book reviews presented by scholars every two weeks.

The selected books for reading and review are "Journal of a Trapper" by Osborne Russell to be reviewed Jan. 25 by Glenn Selander of Boise State University; "A Victorian Gentlewoman in the Far West" by Mary Halleck Foote to be reviewed Feb. 8 by Brenda Pettinger of the College of Southern Idaho; "Home Below Hell's Canyon" by Grace Long to be reviewed Feb. 22 by Margaret Pettis of Hyrum, Utah; "Heart of a Western Woman" by Leslie Leek to be reviewed March 8 by Louise Ackley of BSU; and "Refuge and Unnatural History of Family and Place" by Terry Tempest Williams to be reviewed March 22 by Joel Bate of CSI.

Those interested in the program may call Librarian Helen McCord at 423-4262.

### Prize-winning play returns to Ketchum this week

**KETCHUM** - Margaret Edson's 1999 Pulitzer Prize winning play "Wit" will be brought back to nextStage Theater for an encore performance Thursday through Saturday.

The play will then go to Boise Feb. 24 where St. Alphonsus Foundation is underwriting the production at the Boise Little Theater.

The play, enacted last summer in Ketchum, stars Claudia McCain as a doctor who must get past her cerebral palsy to get in touch with her human side when she finds herself battling ovarian cancer.

Though stirring, the play is clever and insightful - not a downer, said David Blampied, of the New Theater Company which is staging the play. As one critic said, "You'll remember it to your dying day."

Playing days is 8 p.m. tickets are \$15 and available at "Atkinsons and Chapter-Ons" bookstore in Ketchum and Read All About It bookstore in Hailey.

Compiled from staff reports

### Ketchum parking fines might increase

By Karen Bossack  
Times-News correspondent

**KETCHUM** - The cost of earning a living may be going up for those who work in Ketchum.

The City Council will vote Tuesday night on an ordinance which would raise parking fines from \$10 to \$40 for multiple infractions.

First-time offenders would get off with a warning, but repeat offenders will be ticketed \$10 for the second offense, \$20 for the third and \$40 for the fourth. Someone who fails to pay their fines could have their vehicle impounded on the fifth infraction-until they pay their fines plus a \$90 tow fee and administrative fees.

The ordinance is directed at those who constantly abuse the two-hour parking limits around much of the city core, said Code Officer Martha Heuston. Heuston walks a three-mile loop three times a day chalking tires and issuing as many as 65 parking tickets a day during busy tourist seasons. She hands out up to 37 tickets a day during slower times like right now.

The two-hour parking limits throughout most of the downtown core was started in 1993 at the request of merchants who complained long-term parkers were keeping customers away.

"Parking is a prime commodity around here," said Officer Reno Bekacek. "But both merchants and their employees say the increased parking fines will add to their cost of doing business."

Take Page Klune, who owns Page's Gallery, for instance.

**When they meet**  
The Ketchum City Council will vote on a proposal to raise parking fines at Tuesday's meeting. The meeting begins at 6 p.m. at City Hall.

Her shop is open from 11:30 a.m. to 9:30 p.m. By the time she arrives at work, she says, the lot behind the 511 building, where drivers are allowed to park as long as they wish is full. (Another free parking lot with unlimited parking is behind the Western Cafe.) And spaces for unlimited parking on nearby streets have been taken by other workers.

The free KART bus goes right by Klune's Sun Valley home. But it stops running at 7 p.m. Klune says she couldn't take it even if it did run until 10 p.m., after she gets off work.

"I read to kids at the library. I do volunteer work at Hemingway School. I need to go pick up paintings at Mail Boxes, Etc., since they don't deliver. I do all sorts of things for which I need to hang up a sign saying, 'Back in 30 minutes.'"

"I have a business to run. I don't have time to wait for the bus," she said.

As a result, Klune is one of numerous Ketchum workers who engage in what Ketchum Police Chief Cal Nevlund calls "the two-hour shuffle," excusing herself from her customers every two hours to re-park her Ford Expedition. If she's swamped at

Please see PARKING, Page A6



Ketchum Code Officer Martha Heuston recently started carrying a computerized ticketing system that logs ticketed vehicles into a database daily. The computerized system, which contains a printer for printing tickets on the spot, makes it possible for the police department to determine at a glance how many previous parking citations a vehicle has received.

## Return of the bighorns

### Fish and Game to release more sheep on Jim Sage Mountain

By Ruth Streeter  
Times-News writer

**BURLEY** - The bighorn sheep supply on Jim Sage Mountain is getting a charge this month, nearly a year after the first batch was released to the area.

The Idaho Department of Fish and Game and the Foundation for North American Wild Sheep plan to release 15 sheep at the end of January, weather permitting. It's the second release since last February, when 30 sheep

from Oregon were released on the mountain.

The population will have to mature before hunters take aim at the sheep, which thrived on the mountain southeast of Burley a century ago.

The release has suffered a setback in the last year. More sheep have been killed by predators or lost to accidents than wildlife officials had predicted.

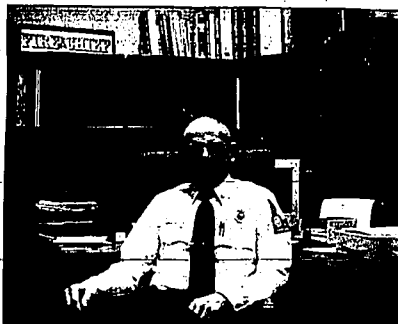
Despite the setback, nine healthy lambs born were born last spring, bringing the popula-

tion back up to 26, said Fish and Game spokesman Mike Todd.

"I'd rate that very successful," Todd said. Having worked with other sheep releases, Herb Meyr with the foundation's Idaho chapter said he had expected an initial loss of 10 percent, although other states have had greater death tolls.

Regarding the Jim Sage release, almost half of the original 30 sheep were killed. Nine

Please see BIGHORN, Page A6



Retling Fire Chief Thayne Taylor is stepping down after a 34-year career of firefighting, including 23 years as chief of the Rupert Fire Department. In those 23 years, Rupert has never lost a life because of a fire, an achievement Taylor calls his finest accomplishment.

## MC fire chief retires

### Thayne Taylor to steps down after 23 years of service

By Aaron Brock  
Times-News writer

**RUPERT** - After 34 years of battling fires, providing emergency care and overseeing the handling of hazardous material, Rupert Fire Chief Thayne Taylor has decided that it is time to step down.

"I want to retire when I'm young enough to do some of the things I want to do," said Taylor, 57, who noted that he'll be spending his time fishing and camping after his last day on the job, Jan. 23.

Taylor started fighting fires with the Arco Fire Department in 1966. He joined the Minidoka Fire Protection District in the early 1970s, and became chief of the Rupert department in 1978.

Technology and technique have changed dramatically since he fought his first fire for Rupert, but one thing stands out in his mind.

"The neatest thing, in my career, is that we've never lost a life in the city of Rupert," he said.

Those who worked closely with Taylor remember his professionalism, essential in a job where lives depend on quick response time and good decision-

**In honor**  
What: An open house to honor retiring Rupert Fire Chief Thayne Taylor.  
When: 2 to 4 p.m. Friday.  
Where: The Rupert Civic Gym behind City Hall. The public is invited.

making. "He'll be hard to replace," said City Administrator Roger Bagley. "He's very well respected in his profession."

According to the statistics, the Rupert Fire Department is in an elite class. Its average response time - from the time a call comes in to the time firefighters arrive on the scene - is only 3 minutes and 47 seconds. The national average, Taylor said, is about nine minutes.

But this service doesn't come at a heavy cost to Rupert residents, who pay a per-capita average of about \$34 per year for fire protection. The national average is over \$90 per year, and most communities in the region have per capita costs of at least \$60, Bagley said.

"For the amount of dollars we pay and the service we get, we get a really good deal," Bagley said.

Taylor gives much of the credit for the low cost and the high service to his volunteer fire department. In fact, Taylor and

Please see FIRE CHIEF, Page A6

## Former Renaissance coordinator returns to Rupert and arts center

By Lorraine Cavener  
Times-News correspondent

**RUPERT** - About a month ago, Chris Jackson resigned as the head of the Rupert Renaissance Initiative. But now she is back at her old desk, but with a new title.

Jackson is the executive director of Renaissance Arts Center Inc., which means she is the head of what most people know as the Wilson Theater. Jackson's duties include overseeing completion of the theater's renovation project, garnering fundraising support and eventually she will be in charge of bringing events to the completed facility.

Jackson had left the Renaissance group because she lives in Wendell and was commuting each day. She had taken a job as a magistrate clerk with the Gooding County court system. But Larry Duff, chairman of the Wilson Theater renovation committee, offered Jackson a position which pays about \$10,000 more per year than what she was making in Gooding.

The new \$7,000-a-year job for the nonprofit arts center more than made up for the commute, Jackson said. Her first year as director will be paid for mostly from Rupert Renaissance Initiative monies.

The Wilson Theater renovation is a project of the Renaissance Initiative, but now that the renovation of the arts center is in progress, the center is separate from the Renaissance Initiative. The Renaissance Initiative group was willing to pay for Jackson's first year to insure success of the theater project, she



Chris Jackson settles back into her office. The former head of Rupert Renaissance Initiative is now the executive director of Renaissance Arts Center, Inc.

**What's happening**  
A town meeting, hosted by the Rupert Renaissance Initiative, will present motivational speaker and strategic planner Michael Kipp of Nashville, Tenn., at 7 p.m. Jan. 25 in the Wilson Theater. Kipp will also hold a day-long strate-

gic planning workshop Jan. 25 in Rupert City Hall, starting at 9 a.m. For a full list of events, call Chris Jackson at 436-5707.

A February phone-a-thon is also being planned to raise funds for renovating the outside of the Wilson Theater building. To volunteer, call Jackson at 436-5707.

gical sessions, but money from renovation funds is not being used for her salary.

"An executive director was required in order to get grants to renovate the theater," she said.

But money wasn't the only reason Jackson took the new job.

"I missed the people in the community," she said. "A lot of support within the community

made the Renaissance successful."

She also wanted to see completion of the theater.

"I'm glad to be back to tie up that loose end," she said.

Jackson is also taking on responsibilities of managing the Rupert Renaissance Initiative.

Please see COORDINATOR, Page A6





## MORNING LINE

### SPORTSQUOTE

“In two weeks, we’re going to try to become the worst team ever to win the Super Bowl.”

—Giants co-owner Wellington Mara after New York defeated the Vikings in the NFC championship game Sunday.

### TRIVIA

**QUESTION:** Who holds the Laker record for season scoring average?  
...answer below

### TODAY'S SCHEDULE

**Boys' high school basketball**  
Glenns Ferry at Rimrock, 4:30 p.m.  
TECA JV at ISDB, 4:30 p.m.  
Burley JHS at Declo, 5 p.m.  
Oakdale at Highland, 6 p.m.  
Castelford at MVCHS JV, 6 p.m.  
Hagerman at Shoshone, 6 p.m.  
**Girls' high school basketball**  
Castelford at MVC, 6 p.m.

### IN BRIEF

#### Bruin Boosters to meet on Wednesday

TWIN FALLS — The Twin Falls High School Booster Club will meet on Wednesday Jan. 17 to discuss Bruin activities.

The meeting will take place upstairs in the First Security building in downtown Twin Falls at 6 p.m.

For more information, contact Bob Maloney at 734-9969 or 733-6765.

#### Boise State takes overtime victory

BOISE — Senior forward Kejuan Woods scored 18 second-half points, including five in overtime, to help lift Boise State to a 79-77 overtime victory over Long Beach State.

Boise State's Delvin Armstrong put the Broncos ahead 79-77 with a free throw with 3.7 seconds left in the overtime period. Long Beach State's Michael Darrett's 3-point attempt at the buzzer bounced off the back of the rim.

Woods led Boise State (10-7, 2-2) with 22 points while Nabors and junior forward Abe Jackson added 15 each.

#### Vandals struggle against CS Fullerton

MOSCOW — Ike Harmon led Cal State Fullerton with 15 points to take the Titans to a 64-53 win over the Idaho Vandals on Saturday night in a Big West conference game.

The Vandals (3-12, 0-4) had a scoreless stretch that spanned nearly 10 minutes from the end of the first half until midway through the second.

The Titans (2-12, 1-3) made the most of that lapse with a 15-point run to take control of the game.

#### CS Northridge LOS ANGELES a loss

HANDS BENGALS — Brian Heinle scored 20 points and grabbed 10 rebounds to lead Cal State Northridge to a 90-73 Big Sky Conference win Saturday night.

Cal State Northridge (10-7, 3-1) opened the game on an 18-2 run, and led with as many as 27 points in the second half.

Idaho State (5-8, 1-1) was led by Tim Erickson's 20 points. D'Marr Suggs finished with 14.

Compiled from staff and wire reports

### TRIVIA ANSWER:

Elgin Baylor, 38.3 points in 1961-62.

# GIANTS FEELING SUPER

## New York stuns Minnesota to claim NFC title

The Associated Press

EAST RUTHERFORD, N.J. — Jim Fassel's startling guarantee started it all. Next came a six-game winning streak.

On Sunday, the New York Giants added the most emphatic touch to their stunning season — shocking the Minnesota Vikings 41-0 in the biggest rout in NFL championship history to get to the Super Bowl.

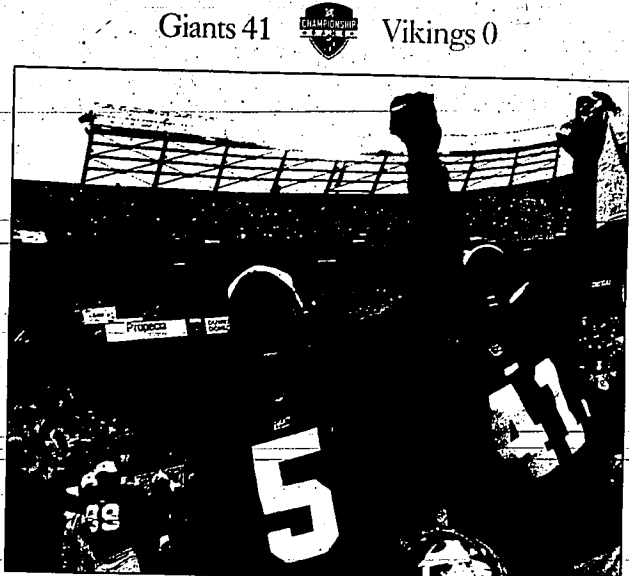
Not even Fassel would have promised that. His pledge to make the playoffs, “was the match, and the fire has been burning since then,” said Fassel, who made the prediction following a loss to Detroit that left the Giants 7-4. “It told everyone to shut up, we were going to do this ourselves.”

They did it exceptionally well, led by Kerry Collins' career-high five touchdown passes, tying a playoff TD-passing record set in 1943 by Sid Luckman.

“I wanted this game,” said Collins, whose career has been marked more by controversy than success. “All week, people were talking about the matchup of our offense against their defense, but we knew we could throw the ball.”

They did, to the tune of 380 yards in the air, and 518 overall.

Please see GIANTS, Page A8



Giants quarterback Kerry Collins (5) and cornerback Dave Thomas celebrate after defeating the Minnesota Vikings 41-0 in the NFC championship game Sunday in East Rutherford, N.J. Collins threw for five touchdowns and 381 yards in a record-setting performance.

# Ravens' defense does it again

## Baltimore pounds Gannon, stomps Raiders' offense

The Associated Press

OAKLAND, Calif. — The best defense ever.

The Baltimore Ravens put up ample numbers to support that label during the regular season, yet many critics said the team needed to win a title to support such a lofty claim.

Make way for the AFC champions, who Sunday kept their amazing season alive by parlaying another outstanding performance by the defense into an improbable trip to the Super Bowl.

Baltimore held the Oakland Raiders to one first down in the decisive first half and snuffed the league's top running game throughout the afternoon in a 16-3 victory.

Although the Ravens set an NFL record for fewest points (165) and fewest yards rushing (970) allowed in a 16-game season, the accomplishment might not only be a footnote had the defense not come up with a similar performance in the playoffs.

Actually, the unit has been even better. Led by tenacious linebacker Ray Lewis, the NFL defensive player of the year,



Baltimore tight end Shannon Sharpe celebrates his 96-yard touchdown catch in the second quarter against the Oakland Raiders in the AFC Championship game Sunday. The Ravens won 16-3.

Baltimore has yielded only 16 points — and just one touchdown — in three postseason games. “The best I ever saw, and I’ve seen an awful lot,” said Ravens owner Art Modell, who is finally going to his first Super Bowl. “Forget the statistics. I’ve been an owner for 40 years and 25 years as a spectator, as a Giants season-ticket holder. I’ve seen them all, and this is the best defense I’ve ever seen and with-out a question the best middle linebacker to ever play the game.”

The Ravens (15-4), who never had a winning season before this year, defeated the top two seeded teams on the road and has outscored the opposition 61-16 in the postseason.

Asked if this is the best defensive unit in NFL history, Lewis said, “I think the numbers speak for themselves.”

Baltimore won its 10th straight, dispatching the Raiders by using the same formula it used all season: Rely on the defense to choke the opposition and make sure the offense doesn't do anything disastrous.

“You get the feel of having controlled the game defensively,” coach Brian Billick said. “I’ve been in the league 10 years, and I’ve never seen a defense like it. Until you’ve played this defense, the speed and athleticism, you can’t appreciate it.”

The Ravens committed two turnovers, but the defense made sure they wouldn't be costly. After Trent Dilfer threw an interception in the third quarter, Oakland moved 38 yards for a first-and-goal at the 2. Tyrone Wheatley lost a yard on first down, quarterback Rich Gannon lost three more on a rollout, and an incomplete pass set up a field goal that only got the Raiders within 10-3.

That proved to be the extent of the Oakland offense, which

Please see RAVENS, Page A8

# Furyk's comeback foils Sabbatini

The Associated Press

KAPALUA, Hawaii — For Jim Furyk, the situation could not have been better. He was in Hawaii, in the wind and in need of a comeback.

Playing for the first time since a freak wrist injury while tossing around a football, Furyk completed a four-stroke comeback Sunday by holing a 10-foot birdie putt on the 18th to win the Mercedes Championships by one stroke over Rory Sabbatini.

Sabbatini had a chance to force a play-off after lagging his 45-foot eagle putt within 3 feet. But his next one slid by on the left, with Sabbatini dropping his putter in shock. “I feel bad for him,” said Furyk, who closed with a 6-under 67 to finish at 18-under 274. “It was a tricky putt. It's not the way you want to see things happen, but I'm also happy for myself.”

Furyk won for the sixth time in his career, and all of them have been at tournaments where wind is usually a factor — twice in Hawaii, three times in Las Vegas and last year at Doral, where he made up a six-stroke deficit over the last seven holes.

On Sunday, Furyk made a 60-foot eagle putt on the 11th hole to get into the mix, and kept his chances alive after two critical mistakes on the 16th — a drive into the fairway bunker, and an approach that sailed over the green.

But he made a 12-foot par putt, then pulled ahead with his birdie on the 18th.

Please see GOLF, Page A8



Jim Furyk drops in a birdie putt on the 11th green during the final round of the 2001 Mercedes Championship.

# Jays send Wells to White Sox

The Associated Press

CHICAGO — David Wells, a 20-game winner who recently ripped Toronto's front office and fans, was traded by the Blue Jays to the Chicago White Sox in a six-player deal Sunday.

The AL Central champion White Sox sent pitchers Mike Sirota, Kevin Beirne and Mike Williams and outfielder Brian Simmons to Toronto for Wells and pitcher Matt DeWitt.

“Certainly David Wells will be missed,” Blue Jays general manager Gord Ash said. “He was an important guy for us, but it's time for him to move on.”

Wells, 37, is 161-107 in a 14-year career and the White Sox will be his sixth team. He was 20-8 last season with a league-best 8.1 earned run average in 35 starts and has averaged 16 victories over the last six years.

“We had the opportunity to acquire one of the premier left-handers in the league over the last decade,” new White Sox general manager Kenny Williams said.

Williams, a former Toronto teammate of Wells, admitted the trade was a bit of a gamble.

“We needed an ace and the price for an ace is high,” he said. “We won 95 games and got to the playoffs and it wasn't enough.”

Wells was on his honeymoon in New Zealand, and neither the White Sox nor Blue Jays could reach him with news of the trade.

Earlier this month, Wells criticized the Blue Jays' organization was not doing enough to win. He also said the Blue Jays' fans “stink.”

“They are terrible,” Wells said. Said Ash, “This last time when he was critical of our fans, I don't think it was called for. It did not play a role in this transaction. It was a baseball transaction, first and foremost.”

Williams said Wells should fit right into the White Sox's young clubhouse and give the younger pitchers someone to watch.

There had been speculation that Wells might wind up back in New York. This time with the Mets in a deal, possibly for outfielder Jay Payton and pitcher Clendon Rusch.

“We had a White Sox package and Mets package, and the overwhelming feeling among our baseball group was that the White Sox package presented us players who could make an impact on the present and the future,” Ash said.

Wells, known for his girly, personality and love of a good time, is signed through the 2001 season. The White Sox have an option for 2002.

Nicknamed “Boomer,” the outspoken and popular pitcher worked 229 2/3 innings last season and allowed an AL-low 1.2 walks per nine innings.

# Williams to have open-heart surgery

The Associated Press

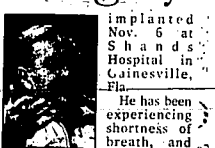
BOSTON — Two months after having a pacemaker implanted, Hall of Fame slugger Ted Williams will have open-heart surgery today in New York.

A source close to Williams' family, speaking on condition of anonymity, confirmed the 82-year-old former Red Sox star had been hospitalized and would undergo the surgery.

“All I know is that he's having a procedure tomorrow, and it's a serious procedure,” Red Sox spokesman Kevin Shea said.

“He had a little bit of a situation the other day,” Williams' son, John Henry, said in Sunday's Boston Globe, which first reported the story. “The doctors think this is the way to go, and Dad's OK with it. He said, ‘If that's the right thing to do, let's do it.’”

Williams had a pacemaker



Ted Williams

implanted Nov. 6 at Shands Hospital in Gainesville, Fla.

He has been experiencing shortness of breath, and doctors at Shands, after consultation with colleagues around the country, recommended today's procedure, the Globe reported.

“It's high-risk surgery because of his age,” said Dr. Rick Kerensky, Williams' Florida cardiologist. “It's carrying a surgery with significant risk, but we are hopeful it's going to be successful and we'll see improvement in his condition.”

Williams was the last major leaguer to bat .400, hitting .406 in 1941.





SPORTS

Georgia ends LSU's home winning streak

BATON ROUGE, La. (AP) — Scott Miller scored 20 points as fourth-ranked Georgia ended LSU's 17-game home winning streak with a 64-65 victory Sunday.

Behind by a point at halftime, Georgia (15-2, 3-0 SEC) cooled the Tigers (11-5, 2-2) with a tight defense and outboarded LSU 12-5 over the first 4.5 minutes of the second half.

Chris Thomas had 15 points and eight rebounds for Georgia, and Twana McDonald had 10 points and eight rebounds.

No. 5 Duke 76, Maryland 64
COLLEGE PARK, Md. — Alana Beard scored 29 of her season-high 33 points in the second half to lead Duke past Maryland.

Beard set a school record for points in a freshman and finished just short of her career overall mark. The 33 points were the most by an Atlantic Coast Conference player this season.

Beard was 10-for-10 from the field, and 9-for-10 from the line

College Basketball

the second half for the Blue Devils (16-1, 4-1): Deedee Warley had 14 points and 11 rebounds for Maryland (10-6, 1-4).

No. 6 Purdue 94, Northwestern 34
WEST LAFAYETTE, Ind. — Sherika Wright had a career-high 19 points as Purdue put the game away early with a full-court press that forced 32 turnovers.

Furdine (15-3, 5-0 Big-Ten) scored the first 10 points and cruised to its seventh straight victory.

Lindsay Hicks added a career-high 14 points, Shalicia Hurns had 12, Erika Valek 11 and Camille Cooper 10. Leatrice Dolland led Northwestern (4-11, 0-5) with eight points.

No. 13 Penn St. 89, Indiana 68
STATE COLLEGE, Pa. — Rashana Barnes and Kelly Hancock scored 23 points apiece

for Penn State (12-5, 4-2 Big Ten), led by Barnes' 16 second-half points, fought off an Indiana comeback.

North Carolina 83, No. 19 N.C. State 77, 0T
CHAPEL HILL, N.C. — Coretta Brown scored six of her 22 points in overtime for North Carolina.

Brown hit a jumper in the lane and a free throw to put North Carolina (9-6, 3-3 ACC) up 73-71 with six seconds left. But State's Army Simpson made two free throws with no time left to send the game into overtime.

N.C. State (11-5, 2-4) made just two of seven shots in overtime, the last coming with 1:11 left on a pull-up jumper by Tyneha Lewis to cut the lead to 79-77.

No. 18 Vanderbilt 74, No. 25 Auburn 66
AUBURN, Ala. — Jillian Danker scored 22 points, including five 3-pointers, for Vanderbilt.

Auburn (13-5, 1-3 SEC) took a 34-29 halftime lead, but Vanderbilt shot 60 percent from the field and outscored the Tigers 45-32 in the second half.

Chantelle Anderson had 16 points for the Commodores (14-2, 3-0) despite fouling out with 2:41 to play. Zuzana Klimesova added 14 points for Vanderbilt, and Ashley McElhiney had 14 points and eight assists.

McElhiney hit six free throws in the final minute to secure the victory.

Men's Top 25 No. 14 Maryland 76, Florida State 55
TALLAHASSEE, Fla. — Juan Dixon scored 19 points while Terrence Morris and Lonny Baxter dominated the boards.

Maryland (24, 3-1 ACC) beat Florida State for the 10th straight time, pulling away after leading 36-28 at the half over the cold-shooting Seminoles.

Seles breezes through opening round of Aussie

MELBOURNE, Australia (AP) — Monica Seles became the first player to reach the second round of the Australian Open, winning in just five minutes Sunday when Brian Rippper retired after spraining her left ankle.

Seles, seeded fourth, led 1-0, 0-15 when Rippper stumbled along the baseline and tumbled to the court. After receiving treatment from a trainer, Rippper decided she couldn't continue.

It was a strange finish for the first match at Vodafone Arena, the new 10,000-seat stadium that gives Melbourne Park a second court with a retractable roof. Seles said footing on the new court was tricky but will likely improve as the tournament progresses.

"The court hasn't been played much on," she said. "It's definitely a lot stickier than the outside courts. I've been practicing on. Right now it's just like a glue."

ing antibiotics, she was glad to play just 12 points.

"Now I can rest a couple more days," she said. "I've got a low grade fever, and I'm just really weak."

Anna Kournikova also won her opening match, beating Daniela Hantuchova of Slovakia 6-2, 7-5. No. 14 Sandrine Testud eliminated Maria Antonia Sanchez-Lorenzo 6-1, 6-0.

U.S. Open champion Marat Safin, showing no signs of the sore elbow that bothered him in a match last week, at Galo Blanco 6-4, 6-4, 7-5. Safin's serve improved as the match progressed, and he fired Aces up to 131 mph.

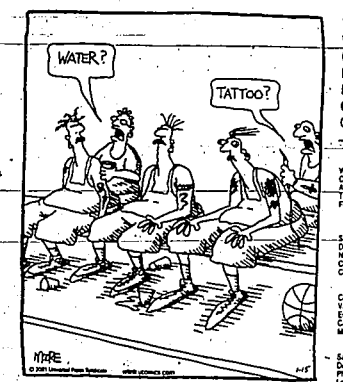
"The elbow for the moment is OK," Safin said. "Hopefully I will serve like this the whole two weeks."

Safin is seeded second. The victory was an improvement on last year's showing, when he lost in the opening round to Grant Stafford and he fired Aces at up to 131 mph.

Seles said she had a fever because Seles is battling a virus and taking antibiotics, she was glad to play just 12 points.

SCORES AND STATS

IN THE BLEACHERS By Steve Moore



FOOTBALL

NFL Playoffs By The Associated Press All Times EST

Table with 3 columns: Team, Score, and Location. Lists NFL playoff games including Pittsburgh vs. Baltimore, Tampa Bay vs. New Orleans, etc.

Sunday's NFL Summaries NFC Championship Game Atlanta 24, Vikings 0

AFL Championship Game Kansas City 17, Oakland 10

PGA Classic At Grand Canyon, Phoenix, Ariz. Tiger Woods, 15-15 (1-1)

High School Scores Eastern Conference: Boy's 84, 82; Girl's 64, 39

Western Conference: Boy's 68, 42; Girl's 41, 23

SEC Championship Game Tennessee 35, Auburn 14

Big Ten Championship Game Michigan 31, Wisconsin 28

ACC Championship Game Duke 37, Wake Forest 27

Midwest Conference: Boy's 64, 39; Girl's 41, 23

Big 12 Championship Game Oklahoma State 31, Texas Tech 28

Mountain West Conference: Boy's 64, 39; Girl's 41, 23

ON THE AIR TELEVISION

Tennis, Australian Open, Eyraymond play ESPN 11 a.m.

Women's college basketball, UConn at Notre Dame ESPN Noon

NHL, Stars at Panthers ESPN 5 p.m.

NBA, Rockets at Jazz ESPN 7 p.m.

College basketball, Connecticut at Texas ESPN 7 p.m.

College basketball, UNLV at BYU ESPN 10 p.m.

Table with 3 columns: Event, Channel, and Time. Lists various sports events like NHL, NBA, and college basketball.

Table with 3 columns: Event, Channel, and Time. Lists more sports events including tennis and college basketball.

Table with 3 columns: Event, Channel, and Time. Lists NHL games and other sports.

Table with 3 columns: Event, Channel, and Time. Lists college basketball games.

Table with 3 columns: Event, Channel, and Time. Lists more college basketball games.

SKI Report: Squaw Valley, Calif. will host the 1999-2000 season's World Cup races.

NHL 1,000-Point Scorers: National Hockey League players who have scored 1,000 or more career goals.

Baseball: Boston's Red Sox have won the American League East for the first time since 1918.

Tennis: Australian Open. Monica Seles breezes through opening round.

Baseball: San Diego Padres' Tim Lincecum hits home run.

Baseball: Boston's Red Sox win series from Yankees.

Baseball: Anaheim Angels' Albert Pujols hits home run.

Baseball: Tampa Bay Rays' Matt Kemp hits home run.

Baseball: St. Louis Cardinals' Scott Rolen hits home run.

Baseball: Atlanta Braves' Chipper Jones hits home run.

Baseball: New York Yankees' Alex Rodriguez hits home run.

Baseball: Philadelphia Phillies' Ryan Howard hits home run.

Baseball: Cincinnati Reds' Johnny Bench hits home run.

Baseball: Pittsburgh Pirates' Barry Bonds hits home run.

Baseball: San Francisco Giants' Barry Bonds hits home run.

Baseball: Los Angeles Dodgers' Matt Kemp hits home run.

Baseball: Milwaukee Brewers' Ryan Braun hits home run.

## OTHER VIEWS

### Why is Clinton in such a big hurry these days?

From the Desert News

The closer Jan. 20 gets, the busier President Clinton seems to be. This is hardly fair to President-elect Bush.

Clinton recently ordered 58 million acres of public forests to be permanently barred from logging and road construction, including 8.4 million acres in Idaho. He also has decided to create the office of National Counterintelligence Executive, a sort of secrecy czar, to keep track of potential security threats from other nations.

He did the former despite the fact that Utah's Rep. Jim Hansen, now the chairman of the House Resources Committee, has vowed to attempt to overturn many of the orders Clinton has given through the years to lock away lands with rich resources. Many of these orders were made without consulting the people, or their representatives, who are affected by the orders. Many came with a blind eye toward the cost in human suffering.

He did the latter apparently without much consultation with the Bush transition team, although Bush officials aren't commenting.

In the past, this page has been critical of city councils and county commissions that make dramatic decisions on the eve of the swearing in of new leaders. It is simply bad form. Worse, it can in some instances go directly against the wishes of voters. The same principle is at work here.

The recent presidential election left plenty of confusion as to what voters truly want. Bush, however, is the man who will occupy the Oval Office soon, and his agenda should now be the

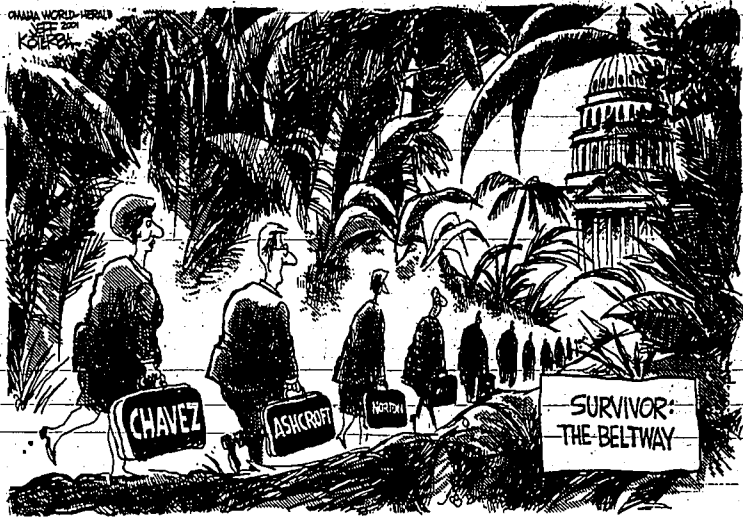
focus. There is precedent for this. For example, in early 1933, during the depths of the Great Depression, Herbert Hoover waited quietly for Franklin Roosevelt to take over on March 4, even though historians say Hoover had many ideas of his own for dealing with the nation's economic crisis and he didn't care much for his successor. It was a matter of principle. In this case, Clinton's decisions seem geared toward pushing his own ideological agenda, nothing more.

The decision on forest lands was a highly controversial one. The issue itself has been through a public comment period, but the administration may have overlooked or, according to some allegations, suppressed information about the need for the resources that now will be locked up.

In any case, the decision should have been deferred to the new administration. Undeniably, the order has an effect on the livelihoods of ranchers and loggers, as well as the economic health of rural western communities.

Bush officials say they are keeping track of Clinton's last-minute orders and they may overturn them, but they can hardly do so without appearing to be insensitive to the need to protect sensitive environmental areas. In politics, appearances often matter more than reality.

In this case, the reality is that a more balanced environmental policy is in order. Some lands do need to be preserved and protected. But every decision comes with a human cost, and those need to be carefully considered. To rush through decisions in the final hours before the inauguration is simply not right.



## Both sides distort Chavez's record

The Bush people should look on the bright side. They still have John Ashcroft, and it is a safe bet that he never offered sanctuary to an illegal immigrant.

If a battered woman with no papers knocked on the door of the straight-laced former senator poised to become attorney general, he wouldn't be as likely to take her in as turn her in.

A few years ago, I asked my friend Linda Chavez if she thought she ever would be nominated to serve in a Republican Cabinet. She shook her head, saying she was "too controversial" and implying it would take someone with guts to stand by her through a rough confirmation.

George W. Bush's doomed nominee to head the Labor Department was right on both counts. The controversial Ms. Chavez, who did Mr. Bush no favor by withholding information about offering comfort to an illegal immigrant, was hung out to dry rather quickly by the same people who earlier had paraded her in front of cameras.

(Let me dispense with a disclosure: Ms. Chavez wrote a kind blurb for the back cover of my book in 1993. A few years later and before I became a full-time journalist, I worked as a part-time media consultant for a nonprofit organization headed by her.)

Mr. Bush, desiring to find Hispanics for his diverse Cabinet, managed to find arguably the most despised and divisive Hispanic in the selection. Well, on second thought, maybe not the most divisive. After all, the Chavez nomination did more to unify Latinos than 20 years of conferences. Hispanic Republicans who condemn her as an ethnic pretender became strange bedfellows of old adversaries on

RUBEN NAVARRETTE JR.

the Latino left who condemn her as a race traitor.

For my part, I like and admire Linda Chavez, and am always impressed by her courage and grace under fire. I know about being under fire and being pummeled for wandering off the hacienda by a Latino left that tolerates anything but a different point of view and by white liberals who want minorities to have every right except the right to think for ourselves.

That is the debate we should have had last week. Instead of denying our addiction to illegal immigrant labor (even as the U.S. government launches a pilot bracero program to import Mexican laborers from the state of Zacatecas) or debating the meaning of "employees," we should have asked ourselves how we expect minorities to behave and what happens to those who don't. Want a historical parallel? Forget Zoe Baird, think Clarence Thomas.

Even before ABC News reported that Ms. Chavez had harbored Mera Mercado and that Ms. Mercado had done household chores, the Latino left was looking for a broken broom handle and gearing up to turn the Chavez hearings into a pinata party.

Rick Dovalina, president of the League of United Latin American Citizens - the country's oldest and largest Latino organization and easily the weakest - denounced Ms. Chavez for "advocating positions in direct opposition to the consensus positions of Hispanic leaders nationwide."

The Mexican American Legal Defense and Educational Fund accused Ms. Chavez of taking "anti-Latino stances" against bilingual education and affirmative action.

At least LULAC is honest about what links it is. Ms. Chavez violates the chain of command by not clearing her views through Hispanic Headquarters. And MALDEF knows all about "anti-Latino stances," since its staff of Chicano lawyers with good English has opposed Latino parents seeking to pull kids out of bilingual education.

Nothing confounds the left more than Ms. Chavez's words and deeds with regard to immigrants.

That she didn't ask Ms. Mercado for a green card shouldn't surprise those who recall that Ms. Chavez flew to California in 1994 with Jack Kemp and William Bennett to support Proposition 187, which sought to deny services to illegal immigrants.

That was a finger in the eye to Republicans who run the state, especially former California Gov. Pete Wilson, and the distidents got hate mail from within their own party.

Ms. Chavez gets no more credit for years earlier, resigning as president of U.S. English to protest what she called a "war" meant by the group's founder lamenting Latino birthrates - or for her arguing in columns that immigrants boost the U.S. economy and use less welfare than natives.

That also is part of the Chavez record - a record that one woman's ideological enemies were willing to distort to settle an old score.

Ruben Navarrette Jr. is an editorial writer and columnist for The Dallas Morning News.

## The Times-News

Stephen Hargan, Publisher  
Clark Walworth, Managing Editor  
Mike Smith, Advertising Director

The members of the editorial board and writers of editorials are Stephen Hargan, William Brock, Clark Walworth, Steve Crump, Kevin Richert and Dan Fields.

## LETTERS

### We are responsible for the earth.

I am a Christian, a mother, a wife, a businesswoman and an environmental activist. I didn't realize I was an environmental activist until Lewis Eilers, executive director of the Idaho Dairyman's Association, brought this to my attention. Thank you, Louie!

I am beginning to understand the awesome responsibility of being a Christian, a mother, a wife and a businesswoman. It is a responsibility that requires me to secure the best of my ability) welfare, safety, health, happiness and comfort for my children, husband, family, neighbors and all other people of this planet earth. As I work toward this goal, I know my reward is in here on earth. However, it is here on earth I have my work cut out for me.

There are two industrial-size dairies which have moved in across the street from our home. They will have upward of around 12,000 cows in this one-mile radius. The quality of our groundwater, the availability of our groundwater, the germs flies cause and breed, the quality of fresh air, the increase of heavy truck traffic and every other associated environmental impact are of grave concern to me. These pose many problems with little resolve. However, the resolution to this problem may be found in the Bible: "And now these three remain: faith, hope and love. But the greatest of these is love."

We all have to share this big planet earth. God gave us a responsibility to care for the earth and all its creatures. In that respect, I feel it is our responsibility to harvest dairy milk from a dairy cow. Milk provides essential vitamins and minerals our bodies need. Our family of three consumes approximately five gallons of milk per week, not to mention

the cheese!

However, I do not believe any industry should risk the well-being of any other person to gain profit. Regardless of the type of business I may choose, whether it be a mega-dairy operator or if I package tissues in a factory, I hope and pray we can all meet our God-given commandment, "That we love one another."  
SENA MCKNIGHT  
Filer

### Give all players practice time

I agree that the "best players" should be allowed more playing time. Who doesn't like to win? The question was, I believe, should the less-experienced players be left out of the game? Obviously, this is left to the coaches' discretion.

However, if I found out that a child of mine, male or female who was a member of a junior high (seventh grade) sports team and was not being allowed to practice at each-and-every practice, I'm afraid I might do more than write a letter to the editor. When it comes to practice, it shouldn't matter which students had the opportunity to compete in outside activities (especially at this grade level). Not all parents are in a position to offer these privileges to their children.

It has been my experience that coaches usually take advantage of practice time to work with all players, including the less experienced, helping them to improve upon whatever potential they may have. Who knows - there might be some pretty good little players, given a chance.  
BETH HARRINGTON  
Twin Falls

### Don't blame the government

Even though Idaho Republicans were certain win the election, they couldn't resist a bit of tampering with the absentee ballots. Seems Florida is closer than we thought.

The Times-News assures us all people moving to Idaho are ultra-conservatives fleeing the tyranny of Democrat states where they had real wages and big increases in their property values.

Regardless of political bent, it seems the real motivation is stretching retirement dollars, unless there is a big hiring boom in the Magic Valley that is being missed. The most cherished lines of Kempthorne's State of the State on Monday was when he said how much Idaho hates the federal government. He also suggested that the great Satan, Bill Clinton, set all the forest fires last year. He went on to imply that Idaho demands free grazing, mining and logging forever and take over of federal lands. The announcement of a big tax rebate to comfort the comfortable was a big wild winner as well.

After all of Monday's rhetoric against the hated feds in Tuesday's paper reports former Gov. Evans is heading a

farmer delegation to Washington, D.C., asking for a \$50 to \$60 million gift for Idaho sheep farmers. Isn't this what the Farm Bureau does best? Aren't they discounting their insurance rates at least 50 percent and mounting an around-the-clock political lobby? They are always there when a farmer needs them, aren't they?

How about some New Year prophecies on public grazing? It isn't the feds and environmentalists that will ultimately close down the traditional ranching and grazing but big operations like Simplot's will show you aside. The Republican led confined animal feeding operations with their so-called "economy of scale" may just well weigh down the GOP in the end. The public just isn't going to accept the water, waste and odor problems.

Happy New Year!  
EARL D. OLSON  
Twin Falls

'Sniffing' should be scientific  
I read in the paper that they might form a committee of "sniffers" to check dairies and cattle feedlots for odors. This worries me! If they have a group of macho men over 30 smell the odors, we

will still have harmful odors permeating our air.

We need to use a scientific method of testing the gases causing the odors. I have a report made in 1995 from the University of California School of Medicine saying "Hydrogen sulfide adversely affects neurophysiological functions." It can cause unconsciousness and death.

Odorous compounds identified from the atmosphere in beef cattle confinement that were cleaned and washed daily were methanol, acetaldehyde, ethanol, butyraldehyde, ethyl formate. These confinement areas not cleaned had seven more chemicals.

I know that there are harmful chemicals in cattle manure odors because when the odors come and I take a breath, it hurts to breathe in and it hurts to breathe out. Asthma takes over, and I can breathe in and can't breathe out. I practice deep breathing to help ward off the effects of the harmful chemicals.

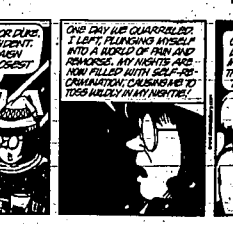
Whoever says a little odor is OK is wrong! It is wrong for a neighbor to jeopardize your health!

MERLE STODDARD  
Twin Falls

## Doonesbury



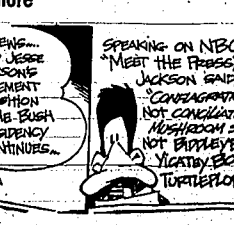
## By Garry Trudeau



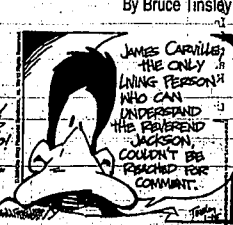
## Mallard Fillmore



## By Bruce Tinsley



## James Carville



LETTERS

Prosecutor doesn't care

I was contacted by an individual in Grove Heights, Minn. He wanted to purchase a snowmobile from me. A check was sent to me and the snowmobile was delivered. The check bounced. The individual kept the engine and most of the wiring for the sled. The remainder was shipped back to me.

It sounds like criminal bad checks and fraud, doesn't it? I contacted the Jerome County sheriff's office. The sheriff and his deputies made all the necessary phone calls, contacted law enforcement personnel in Minnesota, and they assured me that upon presentation of a warrant, they would arrest the individual and ship him back to Idaho to face criminal charges.

The prosecuting attorney, Jerome County, John Nicholson, however, disagreed. Mr. Nicholson said that should the individual return to Idaho, he would have him arrested, tried and, if warranted, he would issue a warrant for out-of-state service? No way. Mr. Nicholson indicated that he must do a cost benefit analysis, and it's not worth the time, trouble and expense to go after people outside the state of Idaho who defraud the local residents.

Mr. Nicholson seems to think that if such extradition took place, the state of Idaho would have to pay for it. Normally, it's my understanding that a court can order those costs as restitution to the state or county following conviction.

What we have is a local resident defrauded of several thousand dollars. The local sheriff attempted to rectify the situation only to run into a local prosecuting attorney who said that's a civil matter, you take care of it.

I can file suit in Minnesota, but why should I have to go all the way to Minnesota to chase down money which is due me due to the perpetrator's fraud? I thought that's why we had law enforcement personnel, and I thought that's why we had prosecuting attorneys.

Next time you hear a prosecuting attorney brag about repre-

sending the state, be mindful, he is not representing you. People in Idaho, or at least in Jerome County, are open game for check fraud by out-of-state people. The local prosecutor apparently is not interested.

MIKE SIRUCEK-Jerome

There's good in everyone

Friends of Tim: Our thoughts and prayers are with you as well as the officers' families and friends at this tragic time.

I had the opportunity to meet both of the fallen officers, and I can guarantee you they had kind hearts. I never had the chance to meet Tim. One thing I can assure you is that there is good in everyone. Although you will never hear or read about Tim's acts of kindness, his gentle touch or the love he had for his mother, you will know it in your heart.

The only good that will come out of this is that God has received three gentle spirits to live in a better place.

SHAWNA HARBAUGH-Jerome

Price exceeds service

So often in the news, we hear about our "disgruntled" postal workers. As of this writing, I am a fairly "disgruntled" postal customer.

Early last month, I placed an order with a mail-order company in Pennsylvania. I ordered two

pair of suede moccasins. My order came (with invoice for two pair of moccasins) but with only one pair in the package. The package had been ripped open somewhere between Pennsylvania and Twin Falls and the larger size moccasins removed. A rubber band was wrapped around the package to hold the remaining contents in, and then it was delivered to my home this way. When I reported it to the post office, I got the "oh well" attitude - no explanations, no apologies, nothing! Just my loss and some postal worker's gain! I hope whoever is wearing them has the "toasty warm feet" that the advertisement promised!

We received a parcel from Texas marked "Priority Mail" - only nine days late. I was under the impression that Priority Mail was to be delivered in two to three business days from destination to destination. I mailed a parcel to Nebraska on Dec. 26 - it still hasn't arrived there. I understand that Christmas is the busy time of year for the postal system, but if they aren't able to deliver in the time promised, then why aren't we told so? Not a word was said to me about my parcel possibly taking longer than two to three days to deliver, but the fee I was charged for the service was sure collected. Isn't it ironic how postal rates keep going uphill while the service goes downhill. SANDY THOMPSON-Twin Falls



You can't stop money in politics

Does this sound like big money talking? "We're going to spend whatever it takes." The "soft money" that Sen. John McCain, R-Ariz., wants to outlaw? Maybe, but that spend-what-it-takes pledge doesn't come from a Gucci Gulch corporate lobbyist. It comes from Kate Michelman, president of the National Abortion and Reproductive Rights Action League, discussing her part in the massive effort to derail John Ashcroft's bid to be attorney general.

Michelman is part of the "Stop Ashcroft" coalition. Unveiled in Washington on Tuesday, it's going to be well funded. The coalition includes such liberal heavy hitters as the AFL-CIO, the Human Rights Campaign, the National Association for the Advancement of Colored People, the National Council of Churches, the National Education Association, the National Organization for Women and People for the American Way.

Chris Yablonski, a researcher for the conservative-titling Capital Research Center, estimates the total budgets of just those groups - out of nearly 200 in the "Stop Ashcroft" coalition - at approximately \$400 million. To be sure, not all, or even most, of their funds will be used to oppose Ashcroft, but a lot of money will be.

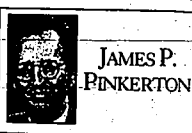
After all, these are mostly inside-the-beltway groups that thrive on politicking, just as surely as if they were members of Congress or K Street wheeler-dealers.

The Village Voice, detailing the anti-Ashcroft effort, reports that "two dozen boxes stuffed with opposition research against the former senator" arrived in D.C. last week, courtesy of Missouri Democrats. Is there really any difference between senatorial-campaign staffers based in Missouri picking over Ashcroft's record and interest-group staffers doing the same thing in Washington?

But wait, McCain might say, as he did on the talk shows over the weekend. "The \$500,000-a-ticket fund-raisers are already being planned." Well, of course they are. But "soft money" - defined as donations to the parties (as opposed to "hard money," which goes to specific candidates) - isn't even the half of "money in politics." Actually, it's not even the quarter of it.

In 1999-2000, the Republicans raised \$239 million in soft money, and the Democrats \$218 million. These are the kind of contributions McCain would like to do away with. But McCain will do nothing about the \$62 million that a single individual, John Corzine, Democrat of New Jersey, spent on his victorious Senate campaign last year. Indeed, total spending on all federal races for the last election cycle was above \$2 billion, according to the Center for Responsive Politics.

But suppose soft money, fractional as it is, were banned.



What are the chances that such moneys would stay in fat cats' pockets?

If contributions to the parties are outlawed, what about contributions to the parties' causes, on the left and on the right? Under the terms of McCain's legislation, co-sponsored with Sen. Russell Feingold, D-Wis., nothing prevents corporations, labor unions and rich individuals from reallocating their Washington-earmarked money to another political cause - say, the "Stop Ashcroft" coalition.

There's nothing wrong with exercising the First Amendment right to oppose or support Ashcroft, but there's something profoundly foolish about McCain.

His effort to plug up one of the zillion cash pipelines into Washington reveals a grotesque misunderstanding of "money in politics."

The really big money in Washington, of course, is the tax revenue that goes to Uncle Sam

-\$2.02 trillion for fiscal year 2001.

With that much moolah at stake every year, not to mention the imputed value of regulations imposed and not imposed, nor the value of John Ashcroft, confirmed or not confirmed, it's no surprise that "money in politics" increases every year.

McCain says, "I cannot and will not in good conscience give up on this issue."

The Arizona, riding his twin high horses of self-righteousness and media adulation, suffers from a peculiar kind of visual impairment: In a forest of money, he can only see one particular cash tree. But if he chops it down, another one or two or three trees will sprout back up, as lushly green as the old one.

John McCain might get his legislation, just as his ex-senatorial colleague, John Ashcroft, might be thwarted by the well-heeled "Stop Ashcroft" coalition.

It will then be interesting to learn whether McCain knows or cares that while he was busy chopping away on his fool's errand, his fellow Republican was being cut down.

James P. Pinkerton is a Newsday columnist.

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www.magicvalley.com advertisement. Features the website URL, 'The Times-News' logo, and a 'Click on...' button. Below are logos for 'White Mortuary' and 'Reynolds Funeral Chapel'. Text at the bottom says 'rotating banner and visit online...'

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NATION

# THE MAN AND HIS DREAM

Four decades later, King's speech still resonates

The Baltimore Sun

For many Americans, the life and legacy of the Rev. Martin Luther King Jr. can be summed up in four words.

When King stepped to the podium on the steps of the Lincoln Memorial on a sweltering August afternoon in 1963 as the final speaker of the March on Washington and thundered "I Have a Dream!" he articulated for the country a vision of what America was not, but could and should become.

In the nearly four decades since he delivered it, King's speech about a utopia of justice and racial equality, where "little black boys and black girls will be able to join hands with little white boys and white girls and walk together as sisters and brothers," has been elevated to a cultural icon.

It is an indispensable part of social studies lessons and King Day assemblies of the nation's schoolchildren. It is part of the standard repertoire for speech and rhetoric professors, many of whom rank it as the greatest political address of the 20th century. Preachers use it to exemplify the best of their art.

"It's probably the greatest civic sermon preached in American history, certainly in the 20th century," said the Rev. Richard Lischer, a Lutheran minister and professor at Duke University in Durham, N.C., who in 1995 wrote "The Preacher King: Martin Luther King Jr. and the Word That Moved America."

But some say that in achieving such universal acclaim, King and his piercing social critique have



Four-year-old Vashli McLendon of Sacramento, Calif., holds a picture of Martin Luther King Jr. during a King Day celebration in Marysville, Calif., Saturday.

been blunted. "King has certainly been sanitized and domesticated and therefore distorted," said the Rev. Raphael G. Warnock, the pastor of Douglas Memorial Community Church in West Baltimore. "Selected sound bites are played and become part of the public memory of King. So people whose ideological orientation is clearly antithetical to that of King can mouth pious platitudes in honor of King while arguing for policies King would never have supported."

King delivered his famous speech at the March on Washington, a rally that mobilized blacks and civil rights activists from across the country. The event is remembered as an uplifting moment in the nation's history, but the atmosphere that day was tense because many in Washington were convinced the gathering would result in a riot.

"In Washington, authorities from all sectors guarded against the possibility that marauding Negroes might sack the capital like Moors or Visigoths reincarnate," wrote Taylor Branch in "Parting the Waters," the first volume of his 1988, of his King trilogy.

King, who worked on the draft of the history-making speech the night before at the Willard Hotel, had been limited to seven minutes by march organizers, as had all speakers, and wrote what would become merely the first part of his address.

In it, he spoke of a promissory note by the nation's founding fathers guaranteeing life, liberty and the pursuit of happiness, a note that to the nation's blacks was "a bad check that has come back marked 'insufficient funds.'" Coming to the end of his prepared text, overwhelmed by the moment and the response of the crowd, King began to preach. He told the crowd, "Go back to Mississippi, go back to Alabama, go back to Georgia, go back to Louisiana, go back to the slums and ghettos of our northern cities, knowing that somehow this situation can be changed."

And then, continuing his improvisation, he began the refrain that still echoes in the ears of a nation: "I have a dream..."

By the end of the 16-minute address, King had moved the world. "It was electrifying," recalled the Rev. Marion Bascom, a civil rights veteran, who was among the crowd of 200,000 that day along with other Baltimore pastors. "He was putting into intellectual focus the highest and the noblest of the American tradition. And in that, he was also pulling together the accumulated hopes and dreams of every civilized people."

## Historic King site seeks locals

ATLANTA (AP) — The guest book at the Martin Luther King Jr. Historic Site reads like a world atlas, with visitors signing in daily from Germany, Japan, Canada and South Africa.

But don't ask metro Atlantans how to get to the site, which includes King's birthplace, grave and his most famous speaking location — the pulpit of Ebenezer Baptist Church.

"I don't even know where it is," said Mariko Miki, who lives in suburban Roswell. "I never see any advertisements for it or anything. My family goes to museums downtown a lot, so you'd think it'd be something we'd go to, but we've never been there."

"Not too much happens around here except around the King holiday," said Ruby Williams, who has cut hair since 1970 at Lady Byrd's Beauty Salon in the heart of King's Sweet Auburn neighborhood.

Hoping to increase interest, officials of the site and the National Park Service are trying to make it a gathering place for the neighborhood much as Ebenezer Baptist Church was when King occupied the pulpit. The original church became part of the site after the congregation moved to a new building across the street in 1999.

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## Study: Errors abound in science texts

RALEIGH, N.C. (AP) — Twelve of the most popular science textbooks used at middle schools nationwide are riddled with errors, a new study has found.

Researchers compiled 500 pages of errors, ranging from maps depicting the equator passing through the southern United States to a photo of singer Linda Ronstadt labeled as a silicon crystal.

None of the 12 textbooks has an acceptable level of accuracy, said John Hubisz, a North Carolina State University physics professor who led the review, released earlier this month.

"These are terrible books, and they're probably a strong component of why we do so poorly in science," he said. Hubisz estimated about 85 percent of children in the United States use the textbooks examined.

"The books have a very large number of errors, many irrelevant photographs, complicated illustrations, experiments that could not possibly work, and drawings that represented impossible situations," he told The Charlotte Observer.

The study was financed with a \$64,000 grant from the David and Lucile Packard Foundation. A team of researchers, including middle school teachers and college professors, reviewed the 12 textbooks for factual errors.

One textbook even misstates Newton's first law of physics, a staple of physical science for centuries. Errors in the multi-volume Prentice Hall "Science" series included an incorrect depiction of what happens to light when it passes through a prism and the Ronstadt photo. Hubisz said the Prentice Hall series was probably the most error-filled.

Prentice Hall acknowledged some errors, partly because states alter standards and publishers have to rush to make changes.

Last year, the company launched a thorough audit of its textbooks for accuracy and posted corrections on its Web site, said Amy Spiegel, a spokeswoman for Prentice Hall's parent company, Pearson Education said.

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# HEALTH & FASHION

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Features Editor: Steve Crump - 733-0931, Ext. 223

The Times-News

Monday, January 15, 2001

Section B

## How to pooh-pooh a president

This column takes a back seat to its other column when it comes to declaring that presidential administrations have failed. Back in 1992, this column set a world indoor journalistic record when it first declared the failure of the Bill Clinton administration a full month before Mr. Clinton actually took office. That is how far 'ahead of the curve' this column is.

And so it is high time that this column took stock of the administration of George W. Bush III. It is to evaluate his presidency in a fair and balanced manner, looking not only at Mr. Bush's flaws, but also at his glaring weaknesses. In doing so, this column intends to give the incoming president the benefit of the doubt. In the generous spirit of loser Al 'Recount' Gore, who, in his gracious concession speech, called upon the nation to "forget our differences and unite behind our new president, who needs the support of every American, because he has the brain of a sea cucumber."

Despite Mr. Gore's harsh assessment, this column happens to think that Mr. Bush has not been a complete disaster in certain areas, such as high-level appointments.

### HUMOR

Many of the Bush appointees are experienced Washington hands who held high-level jobs under George Bush III Sr., Ronald Reagan, Gerald Ford and Warren G. Harding. Unfortunately, when these appointees were subjected to FBI background checks, it turned out that a number of them had, at some point in the past few decades, passed away.

This column is not suggesting that a person should be deemed unqualified to hold high government office merely because that person has kicked the bucket. It merely serves as secretary of energy, as evidenced by the fact that for the past two years the post was filled - and very capably - by a Magic 8 Ball. Nobody knows what the Department of Energy does, including its employees, who spend their days waiting for the phone to ring, which never happens, except when the Department of Commerce, which is also bored out of its mind, makes prank calls to ask if the Energy Department's refrigerator is running.

But certain top federal jobs are important. For example, the secretary of state is responsible for taking a large entourage over to the Middle East every two weeks to broker a new historic peace accord. The postmaster general is responsible for ensuring that every American, every working day, receives a stack of unwanted fourth-class mail the height of Al Pacino.

In key jobs such as these, the nation needs the best and the brightest. That is why this column is concerned about the mental sharpness of some of the older Bush appointees, particularly Secretary of Defense Donald Rumsfeld, who recently stated that his highest military priority will be to stop Lee at Gettysburg.

But what has this column really alarmed is the economy. It does not look good. The trouble began last year, when Federal Reserve Board Chairman Alan 'Mojo' Greenspan, with no warning, raised interest rates sharply, thus having what a member of his staff described as a "very upsetting experience" involving the Hair Club for Men. As a result, the nation has been plunging into a recession. Former 'dot-com' millionaires are now surviving on roadside jerky.

So, having carefully considered all factors, this column hereby declares the incoming Bush administration a failure. Do not expect to thank this column; it is only doing its job. And do not become overly alarmed about the future. Instead, consider the inspirational words of one high government official, who, when asked to ponder the fate of this nation, responded, simply: "Reply Hazy, TV Again!"

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

# Understanding DIETS

### Nutritionists argue fat is the name of the dieting game

By Steve Crump Times-News writer

**TWIN FALLS** - If you're a typical American thirty or forty-something, something research shows, you have a least one diet book on your bookshelf.

Diet titles, in fact, are the No. 1 sub-category of non-fiction bestsellers in the US of A. Some, like Dr. Robert Atkins' series of one-fat, lose-the-carb books, at times rival the Bible for sales.

But do you have any idea what they all mean, and more to the point, which diets work? "The vast majority of people don't keep track of relative amounts of fat, protein and carbohydrates in their diets," said Maxine Schroeder, a registered dietitian at Magic Valley Regional Medical Center. "It's interesting to find out how many people don't know how many carbohydrates you're eating, but it's not essential if your diet is balanced and you're getting enough physical activity."

That said, modern American weight-loss diets - broadly speaking - fall into three categories: low- to moderate-fat, very-low fat and high-fat, low-carbs.

Here's how they work - and why they don't, sometimes.

### High fat, low carbohydrates

Dr. Robert Atkins, a New York City cardiologist who has sold nearly 20 million books extolling the virtues of diets rich in forbidden foods, 30 years ago promulgated the electrifying notion that you can lose weight on a diet that's more than half fat and nearly one-third protein. Provided, of course, that you limit your carbs to as little as 10 percent of your calorie intake.

In a week, that works out to a few slices of bread for most people.

The diet works, Atkins claims, because carbohydrates are bad for you: They cause your body to secrete the hormone insulin, which is responsible for transferring sugar from the bloodstream into the body's cells, where it is used for energy. So if you're overweight, the theory goes, the villain is insulin, not fat.

Atkins isn't alone in his disdain for carbs - the Starsdale Diet and headless "Protein Power" and "Sugar Busters" regimens are variations on this theme. Dr. Barry Sears' "Zone" program is somewhat different - he advocates just 30 percent fat, 30 percent protein - but it's still low on carbs. Too low to be sustained in the long run, some malnourished dietitians and nutritionists insist.

Atkins and Sears are right about the weight-loss part, their detractors concede. Given a reasonable level of activity, dumping carbs will cut your calorie count substantially - and trim

## Diets' long-term effects compared

If you exercise and limit total calories, most diets take off weight, a new analysis found. The current knowledge of popular diets' effects:

VERY LOW FAT	MODERATE FAT	HIGH FAT, LOW CARBOHYDRATE
<ul style="list-style-type: none"> <li>New Pritikin diet</li> <li>Dr. Dean Ornish</li> <li>"Eat More, Weigh Less"</li> </ul>	<ul style="list-style-type: none"> <li>USDA "food pyramid"</li> <li>Weight Watchers</li> <li>American Heart Assn. DASH diet</li> </ul>	<ul style="list-style-type: none"> <li>Dr. Atkins' diet</li> <li>Protein Power</li> <li>"Life Without Bread"</li> <li>"Sugar Busters"</li> </ul>
TYPICAL ALLOTMENT OF CALORIES		
<p>Max. 10% fat</p> <p>20% protein</p> <p>65% carbohydrates</p>	<p>Max. 30% fat</p> <p>15% protein</p> <p>60% carbohydrates</p>	<p>Max. 10% fat</p> <p>30% protein</p> <p>10% carbohydrates</p>
NUTRITIONAL VALUE		
May not be adequate (research still limited, not large-scale)	Adequate (well established by research)	May not be adequate (little reliable research)
HEALTH BENEFIT		
Possible (research still limited, not large-scale)	Positive (well established by research)	Controversial
		Studies have found diet high in saturated fat and cholesterol raises risk of heart disease
		No good evidence it does not raise blood cholesterol

© 2001 KRT SOURCE: Dpt. of Agriculture analysis of recent diet research



Fast-food is loaded with fat - and fat carries far more calories than either carbohydrates or protein.

your waistline. Trouble is, it may not make you healthier. "We have people come in here who lost 20 pounds, and their lipid profiles are worse," said Jeanie Mayer, registered

dietitian at Twin Falls Clinic & Hospital. "The doctor will say, 'What have you been eating?' And the answer, of course, is a lot of fat."

Another problem, Schroeder points out, is that some folks on

low-carb diets develop ketosis, a condition that diabetes avoid like the plague. Deprived of carbohydrates, the body metabolizes protein from muscle tissue, as well as fat, for fuel. This produces potentially toxic byproducts called ketones, which must be excreted in the urine. This in turn causes dehydration - and weight loss - as well as loss of appetite in the short term.

Ketosis - and the resulting chemical imbalance in the blood - is big trouble for diabetics, and some overweight folks are diabetic and don't know it yet. The jury is out whether it's harmful to healthy people.

There are other problems with high-fat, low-carb diets as well - chiefly that they tend to be loaded with saturated fat and cholesterol, which is the royal road to heart disease.

"And after a week, these diets are hard to sustain," Mayer said. "People get sick of eating all that meat, so they eat other things."

### Very low fat

Nice work if you can get it, traditional dietitians and nutritionists concede.

"I've seen heart patients who were so seriously ill that they had to be on oxygen who went on a low-fat diet and were soon well enough to go fishing," Mayer said.

Trouble is, very-low fat means very few calories. And fewer than 1,000 calories a day just isn't for everybody. And some cases, actually harmful.

The risk of very low-calorie diets is that you can lose muscle mass - and muscle is precisely what you need in the long run to keep weight off. Then, too, skipping on calories to that degree is like driving your car on fumes - you're risking trouble.

Low-calorie diets like those advocated in popular books like Robert Pritikin and Dr. Dean Ornish - no more than 15 percent-fat, 20-percent-protein - can also lead to vitamin and mineral deficiencies. Loss of sodium and potassium can predispose some people to cardiac arrhythmias.

But beyond that, they tend to leave you hungry, Schroeder points out.

"The only successful diet is one you can stick with," she said.

### Low-to-moderate-fat

Schroeder and Mayer, like most in their profession, say balance is the key to losing weight and keeping it off. The diet industry - Weight Watchers, for example - and federal Department of Agriculture and the American Heart Association wholeheartedly agree.

"That works out to no more than 25 percent fat, along with 15 percent protein and 60 percent carbs.

Apart from insuring that your body gets the nutrition it needs, Please see DIETS, Page B2

## Make a resolution: Sew safely Blood test timing counts

The start of a new year is a good time to assess the safety of our sewing rooms or designated workspaces. We don't think about that too often, but we do use equipment that can be potentially hazardous, i.e., sharp tools, electrical cords, hot-irons and more. Here are some tips:

- To eliminate tangled cords, use a power strip that has multiple plug receptacles and surge protection. Be careful not to overload the circuits. You probably can plug a serger, sewing machine, and lamp into a single circuit, but use a separate one for your iron because it requires more power. Make sure all cords are in good condition.
- Use an iron that is stable when it rests on its heel. Also, check the ironing board to see that it's level and not wobbly. Always turn off and unplug the



SEWING Barbara Gash

iron when sewing time is over. • Cutting tools that are dull are more hazardous than sharp ones, because they require extra force and can slip. Keep scissors clean and sharpened. If possible, store them in a wooden block or on a wall-mounted magnetic strip. • Your rotary cutter has a sharp blade. It should have a protective guard that can be locked in place when the cutter isn't in use. • A magnetic pincushion is great for retrieving pins and needles from work surfaces and

floors. When sewing, be careful about removing pins from fabric, so they don't stick your fingers. I like to insert them horizontally for that reason.

- Be careful with aerosol sprays such as craft adhesives. Federal laws have resulted in safer products, but do heed warnings about eye irritation and skin inflammation. If you see the words "CP approved" on the label, the product is safe enough to be used around children.
- Double check your lighting to be sure it's sufficient to prevent eye strain. This is one area where you should not compromise.

Have a healthy and safe year! Barbara Gash writes about sewing for the Detroit Free Press. Write to her at the Free Press, P.O. Box 828, Detroit, Mich. 48231, or send e-mail to compuser@cool.com

Afternoon blood tests may miss half of the cases of diabetes, researchers in Maryland have found. People with blood glucose levels of at least 126 milligrams per deciliter are diagnosed as diabetic. Many people are tested in the morning after overnight fasting. Others, however, have their blood tested later in the day, after shorter periods of fasting.

Researchers evaluated the reliability of using the same diagnostic criteria for both groups. Using data collected between 1988 and 1994 from a predominantly white sample of the U.S. population, the researchers compared blood glucose levels from 6,483 people tested for diabetes in the morning after about 13.5 hours of fasting to levels from 6,399 people tested in early or late afternoon after about seven hours of fasting. On average, people tested in the afternoon had blood glucose levels 5 milligrams lower than those in the

### Health notes

#### Low estrogen in men

Osteoporosis in older men may be related to low estrogen levels, researchers have found. To investigate the role of testosterone and estrogen in the bone health of older men, researchers measured testosterone and estrogen levels in the blood of 405 men between the ages of 68 and 96 every other year for eight years. During the last year of the study, the men also had bone-density scans. The researchers did not find any difference in bone-density of men with normal testosterone levels and those with low levels. Men with higher estrogen levels had higher bone density and less likelihood to have osteoporosis. - compiled from wire reports

# HEALTH & FASHION

## Medical center offers infant CPR class

Infant cardiopulmonary resuscitation class will be offered from 7:30 p.m. Tuesday in the Education Center at Magic Valley Regional Medical Center in Twin Falls.

Preregistration is not required.

### Learn about childbirth

Prepared childbirth course will be offered from 7:30 p.m. Wednesdays, beginning Wednesday through Feb. 21, in the Education Center at MVRMC in Twin Falls. Fee is \$11. Preregistration is required, call 737-2900.

### C-section classes

Cesarean 'childbirth' class will be offered from 7:30 p.m. Wednesday at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome. The class is free for those who will be delivering at St. Benedict's Family Medical Center. To register, call 324-4301.

### Alzheimer's support

Alzheimer's Support Group will meet from 10:30-11:30 a.m. Wednesday at the SunBridge Care and Rehabilitation Center, 640 Filer Ave. W., Twin Falls. For more information, call Becky Jacobson or Judy Black at 734-8645.

### C-section information

Cesarean childbirth class will be offered from 7:30 p.m. Thursday in the Education Center at MVRMC in Twin Falls. Fee is \$15. Preregistration is not required.

### To do for you

#### Bereavement support

The Here and Now Bereavement Support Group will meet at 1 p.m. Thursday at Hopewick Visiting, 308 Shoshone St. E., Twin Falls. For more information, call Flo at 735-0121.

#### CPR class offered

A CPR class will be offered from 8 a.m. to 1 p.m. Saturday in the doctors' meeting room at MVRMC in Twin Falls. Fee is \$11. To register, call 737-2007.

#### Breast cancer support

Breast Cancer Support Group will meet at 7 p.m. Jan. 22 in the reception area of the Southern Idaho Regional Cancer Center in Twin Falls. For more information, call Omar Brasla at 737-2800 or Judy Tremblay at 735-3700.

#### Diabetes support

The Diabetes Center Foundation will meet at 7 p.m. Jan. 22 in the meeting room at the South Central Health District Department in Twin Falls. For more information, call Ann Bybee at 733-3700, Ext. 1313.

#### Shapdown at CSI

The College of Southern Idaho will offer a Shapdown class, a national program geared toward helping children and teens achieve a healthy weight for the genetic build of their body. The class will be held from 5:30-7:30 p.m. Fridays, Feb. 2 through April 6, in Room 103 of the Shields Building on the CSI campus in Twin Falls.

The program involves children and their parents in creating an active and healthy lifestyle but not depriving diet. Shapdown guides students through family-based therapies designed to solve underlying emotional issues, according to a CSI news release.

The class will be taught by certified Shapdown instructor, Jaime Tighe, who has a master's degree in health education. She is a certified personal trainer, certified lifestyle and weight management consultant. Cost is \$140 per family. For more information or to register, call 733-9554, Ext. 2250.

#### Learn weight management

The College of Southern Idaho will offer two non-credit classes on weight management.

A 12-week program, 12 Steps to Health and Fitness, is designed to lead students in taking small and practical steps in achieving and maintaining a healthy weight with focus on attitude, eating and exercise. The class will be held from 7:30-9:30 p.m. Fridays, Feb. 2 through April 27, in Room 103 of the Shields Building on the CSI campus in Twin Falls. Cost is \$90 with a \$25 fee paid to the instructor for the book "Get Real" and resistance tubing.

The second program, Advanced 12 Steps to Health and Fitness, will continue with the instruction and support offered in the first class as students continue toward their goals. The class will be held from 7-8 p.m. Wednesdays, Jan. 31-April 25, in the gymnasium

weight room on the CSI campus. Cost is \$70. Instructor, Jaime Tighe has a master's degree in health education. She is a certified personal trainer, fitness instructor, and a lifestyle and weight management consultant.

For more information or to register, call 733-9554, Ext. 2250.

#### Yoga for stress

The College of Southern Idaho will offer the class, Restorative Yoga: An Antidote to Stress, as the second installment of the Saturdays with Morgan series. The class will be held from 12:30-2:30 p.m. Feb. 3 in the CSI gymnasium. Cost is \$30.

This two-hour workshop will present the physical postures based on yoga. When practiced regularly as little as five minutes a day, these poses can help heal the effects of chronic stress, according to a CSI news release.

The class is the second in a series of five Saturday classes taught by Morgan Jeno. Follow-up classes include Foot Reflexology, Astrology, the Language and Hatha Yoga.

Jeno is a licensed cosmetologist, certified hatha yoga instructor and licensed massage therapist. Cost is \$30. For more information, call 733-9554, Ext. 2250.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

## Denodrex can get under your skin

DEAR PAULA: I read on a Web site the following information: "Blochy skin and blemishes affect people of all ages! Here's why: Scientists have discovered a tiny parasite called Demodex human, which feeds on our skin and can cause adult acne. All of us are unwitting hosts for these intruding parasites, and their numbers tend to increase as we age. According to the New York Times, the only people who don't have them are newborn babies! Severe infestations can cause a permanent, disfiguring condition known as Acne Rosacea." Is any of that true and can this product get rid of my acne?



brand name Gentamicin), selenium sulfide (available in shampoo form from Head & Shoulders and Selsun Blue); pilocarpine (under the brand names Pilocar or Isopto Carmine) - it doesn't take a rare or exotic cosmetic formulation to do this. But you would want to make sure that demodex is indeed the culprit before using these products, so check with your physician.

It is interesting to note that the mite demodex is also being showcased as being a problem for causing hair loss. The likelihood of this mite causing hair loss is rather remote, because baldness patterns do not correspond with the growth of demodex on the scalp. In other words, if demodex was a cause of hair loss why would the mite affect the hair follicles of men creating that of those women, creating a specific pattern of hair loss in men (horseshoe or center scalp baldness), but a diffuse pattern in women? Also, why would the mite affect so many more men than women, and why doesn't it affect children or teens? Despite the lack of evidence that demodex causes hair loss, hair care companies claim they have products that can kill this mite.

DEAR SARAH: Demodex is a mite that lives in the hair follicles of the scalp, eyelashes, nose, and chin of most adults and is definitely more common than we realize. However, most humans and animals have good tolerance for it without developing any skin conditions or allergies. No one really knows what role it plays in hair-follicle health though it may, in circumstances, create inflammation of the hair follicle, which may also cause pimples in those areas.

Despite the disturbing notion that mites may be living on your skin, keep in mind that, as is true of the skin's natural and beneficial bacteria fauna, the demodex mite may keep away other more harmful parasites. However, for some individuals, demodex can cause inflammation of the hair follicle that can result in pimples. Inflammations or skin eruptions associated with demodex can be easily eliminated with topical medications that contain gentamicin sulfate (under the

Paula Begoun is the author of "Don't Go to the Cosmetic Counter Without Me (5th edition)" (Beginning Press, \$24.95). Write to her at 13075 Gateway Drive, Suite 160, Seattle, Wash. 98168 or check out her Web site www.cosmetology.com

## Research suggests exercise can help prevent falls

Knight Ridder News Service

PHILADELPHIA - Standing waist-deep in the pool at the Jewish Community Center in Wynnewood, each of the five men and women has his own personal mission: not to fall again or break another bone.

"Step, together, step, together, step!" called out Caryn Johnson, an occupational therapist at Thomas Jefferson University's College of Health Professions, as she faced Sister Eleanor Rice, 70, of Rosemont in the water and led her in a step.

Meanwhile, occupational therapy students from Thomas Jefferson University and Harcum College worked individually with patients who had Parkinson's disease and multiple sclerosis, and with a woman who had had spinal problems in following a car accident.

As people age past 65, their risk of falls and fractures grows exponentially. Research suggests that exercise, particularly exercise that improves balance, strength and coordination, can

Occupational and physical therapists often say that older people can prevent falls:

- Wear shoes that fit properly. Shoes should be sturdy and comfortable. Women should avoid high heels, which disturb balance.
- After waking up, sit on the side of your bed for a few minutes before standing to avoid dizziness. Blood pressure tends to drop among elderly who move too quickly from a lying or seated position, causing dizziness and falls.
- Stop rushing. Take your time and be aware of your surroundings.

### Ways to prevent falls

Remove safety hazards like scatter rugs, extension cords and dropped items. Avoid wet floors inside and fall on the stairs.

- Improve the lighting in your home. Use higher-wattage bulbs or more lamps. See an eye doctor to correct vision problems, including cataracts. Poor lighting and eyesight difficulties often contribute to falls among the elderly.
- While at the doctor, get your medicines checked - some can contribute to balance problems.
- Try to sit in chairs that you can get in and out of easily - chairs with armrests and good back support. Add

pillows to the back of a chair to make it easier to get out of.

- Install guard rails in the bathtub or shower, and use railings throughout the house.
- Exercise. Gardening, balloon volleyball, water exercises and tai chi can help increase strength and balance, and help prevent falls.
- Women should be checked and treated for osteoporosis. More than 30 percent of postmenopausal women have the disease, which results in a loss of bone density.

help prevent falls. The statistics show why prevention is important: Fractures cause 12 percent of deaths of people 65 or older - the sixth leading cause of death for that age group, according to the Journal of the American College of Emergency Physicians.

Women are more at risk for falls than men: Sixteen percent of postmenopausal women will have a hip fracture, and up to 40 percent will have a fracture related to osteoporosis during their lifetime, according to a recent article in the Journal of the American Geriatric Society. The disease causes bones to thin and weaken, which can cause more falls as well as more severe injury.

## ENGAGEMENT

### HAUN-NIELSEN

PAUL - Robert and Laura Haun of Paul announce the engagement of their daughter, Amy Lynn Haun, to Adam Dean Nielsen, son of Dean and Jill Nielsen of Paul.



Amy Haun and Adam Nielsen, N. Overland Ave. in Burley. A reception to honor the couple will follow the ceremony at 8 p.m. Saturday at the same location. The couple will reside in Paul.

Haun is a 1999 graduate of Minico High School and is attending the College of Southern Idaho, studying business management. She is employed at Haun's Hardware in Paul. Nielsen is a 1998 graduate of Minico High School and has graduated from University of Idaho's farm business management course. He is employed by DN Ag of Paul. The wedding is planned for Saturday at the Burley Inn, 800

## Slip into comfort: Cozy clothing rules at end of day

Knight Ridder News Service

You know all about the stereotypical comfort dishes we crave when we've had a bad day. They run the gamut from mashed potatoes and meat loaf to chicken soup and biscuits like mom used to make.

But what about the clothing that makes you feel safe, warm and relaxed? What do you slip into when you've finally survived a drive home over ice-crusted snow, another day of battle at the office or malle crowded with shoppers for after-holiday sales?

For some people, it's a decade-old Terry bathrobe, a flannel nightie, a college vintage sweat shirt or fleece separates as soft as a child's stuffed animal.

clinical psychologist, says clothing plays an important role in soothing the psyche and the body at the end of the day.

"It's usually something reminiscent of your childhood," she says. "It's soft fabrics, of course, and non-constricting shapes.

Metzl says she can barely wait to get out of her dressy work clothes and into her perennial-embroidered sweat shirt and exercise pants.

gent items such as candles and bath products has soared in recent years.

"You've only to glance through a department store or mail-order catalog to see a strong sampling of hooded fleece pullover tops with sweat pants or a Terry-cloth set. The Gap has them. Ditto for Lands' End and Nordstrom.

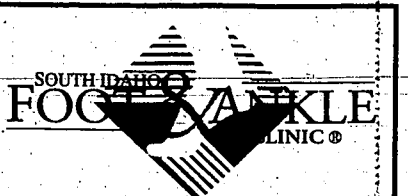
"We call it the 'night shift,'" says Carolyn Egan, a senior editor with the New York-based Topix Reports, a retail reporting service. This group has a variety of clothing, she notes. The criteria is that it's comfortable and, most importantly, washable.

Egan says. Comfort in clothing has become more critical in general, says Betsy Thompson, public relations director for Talbot's.

"It's all about coziness and about shape," she says. "It's one reason - along with lower prices - that cashmere has become increasingly popular in recent seasons. Talbot's offers a lounge suit in soft colors and boiled wool clogs that may be worn outside if you're talking out a dog or picking up the paper, for example.

But often times, people like to mix fabrics and textures. They'll pair stretch velvet pants and a Polar fleece top. And frequently they lean toward clothing items that have grown softer with many washings or taken on the shape of their bodies over time.

Read The Times-News sports pages to see how your favorite team is doing.



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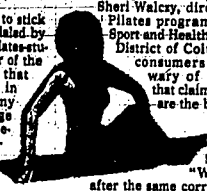
# Purists, others flex for Pilates battle

**The Washington Post**  
 Brace yourself - or at least strengthen and balance yourself. For exercise, there is no trander in the trendy Pilates method of body conditioning.  
 That's because a U.S. District Court in Manhattan recently declared that the distinctive program of movements developed by German fitness pioneer Joseph Pilates (1880-1967) is a generic form of exercise - like karate or yoga - not subject to trademark.  
 This means that gyms and studios are suddenly free to offer Pilates classes without skirting the use of the name. Pilates (pronounced pil-ah-tess) exercises are designed to strengthen the body's core - the stomach, buttocks and spine - and relieve wear on hips and joints.  
 For fitness consumers and prospective Pilates instructors, the problem: The Pilates community is less a single coherent school than a bunch of rivals battling for market turf. And what you get from a \$60-or-so-a-

private-session Pilates class in one gym may bear little resemblance to what you get in another.  
 Some feature mat work and some, on equipment with pulleys, using a 300-pound steel bar. There's also the matter of certification. The question is: Certified by whom?  
 Purists may want to stick to programs credentialled by Pilates Inc. (www.pilates-studio.com), last holder of the Pilates trademark that was struck down in court. The company stakes its lineage through its training director, one who says he is supposed to be a Kriya or a yoga instructor by the master himself. Instructors like Karen Gamboa, owner-director of Studio Body Logic in Arlington, Va., certified through Pilates Inc. after nine to 12 months of training, and 300 in-house tests - are upset that such competitors as Polaster (www.polastareducation.com), Physicalmind (www.the-meth-

od.com) and Stott (www.stottconditioning.com) offer some kinds of certification after as little as a few weekends' training. "There's no quality control left anymore," mourns Gamboa.  
 Competitors beg to differ. Sheri Walcy, director of the Pilates program at Tenley Sport and Health Club in the District of Columbia, says consumers should be wary of any studio that claims "that they are the best and this is the only way to do Pilates."  
 "She's right," says Jennifer Gamboa, director of Body Dynamics in Arlington, Va., says gifted Pilates instructors don't come from just one school. And certification course length "doesn't tell the whole story."  
 For example, she says, only physical therapists, health-care

professionals and those with schooling in anatomy, physiology and biomechanics can qualify for the four-weekend Polestar training to get rehab/post-rehab certification - a higher level than fitness certification. Her studio equips instructors to undergo further training. Adviser Gamboa, "You have to find out if instructors are able to adapt programs to meet your needs." She says she's worked with Pilates purists who couldn't make adjustments.  
 "The newly formed Pilates Method Alliance (aiming to have the first pages of its Web site, www.pilatesmethodalliance.org, up and running this week) wants to standardize certification guidelines and help consumers find instructors in their area."  
 But for now, the best advice? Ask instructors how much experience they have and how much training their certification entailed. (The toughest courses require 600 to 750 hours.) Find out if they're certified for Pilates. And look out for flying cat fur.



# Child's drawings offer doctor picture of health

**Chicago Tribune**  
 Every picture tells more than a story for Dr. Suzanne Dixon. She is a pediatrician and three-decade champion of using children's drawings as a tool for evaluating the emotional health and cognitive development of kids. Every patient of hers has drawings along with charts in the medical files.  
 "We typically ask for a drawing at every well-child visit and sometimes even when the child is sick," says Dixon, emeritus professor of pediatrics at University of California-San Diego who lectures on the topic frequently and has a practice in western Montana. "It gets to the point that kids miss it. I saw a 6-year-old boy in my office last week whose mother wanted to shorten the visit because she had errands to run. But the child insisted on doing his drawing and wouldn't leave until he was finished. He was very excited about it."  
 Some of Dixon's fellow pediatricians are enthusiastic about the practice, too. She was a presenter at the annual American Academy of Pediatrics meeting in Chicago last fall. She broke the participants into small groups to "problem solve" a set of children's drawings. Some of doctors even chose to sit cross-legged on the floor to form better circles, and several groups stayed beyond the session's 15-min time-to-continue discussions.  
 "People who go into pediatrics tend to like children and be

involved with them," says Dixon. "But those same doctors can be seduced by technology. Drawings help the doctors reconnect with kids."  
 There are several reasons Dixon recommends pediatricians collect drawings routinely once a child reaches 3 years old. Perhaps the best is the drawings provide method for giving the child "a sense of involvement and control at the doctor's office, which isn't the case for many patients."  
 For another thing, the questions from parents about split fairly equally between physical and emotional and developmental concerns (you name it, parents have asked by Fluz, U.S. Surgeon General David Satcher recently said it needs to be a priority that every child has a mental health checkup each year as part of complete care.  
 "It's important not to overinterpret any single drawing," says Dixon, who has seen thousands and thousands of them. "Each drawing is just a probe into the child's emotional state and cognitive abilities. Collecting them over time, you can really see a developmental pattern."  
 She suggests doctors have a receptionist or nurse provide drawing materials to a child with instructions. For 3 and up: "Draw a person, the best person you can. Take your time and put in as many things as you can think of." Beginning at 4: 5: "Draw a picture of your family doing something."

# Few people know the dangers of drug reactions

**Los Angeles Times**  
 One little tablet forever changed Rosemary Porta's life. The 58-year-old Pennsylvania school librarian went to her doctor in January 1999 complaining of chest congestion. Because she was allergic to amoxicillin, her physician prescribed a new antibiotic, Trovan.  
 As she took the medication over the next several weeks, she began to suffer from nausea, blurry vision and severe exhaustion that left her bedridden. One morning, she awakened to discover the whites of her eyes had turned yellow, her skin had an eerie, incandescent glow and her urine was dark orange - the hallmarks of catastrophic liver failure.  
 She was rushed to the hospital, where she clung precariously to life. Finally, in April, she had a life-saving liver transplant. But the episode took a heavy toll on Porta's health. She now takes a battery of drugs to keep her body from rejecting the donor liver. The drugs, which never cause side effects, such as tremors, and she has experienced three frightening rejection episodes. And even an inconsequential medical problem, like a yeast infection, can escalate into a crisis. "When I'm on borrowed time," Porta said. "And all I did was take a pill."  
 The Food and Drug Administration has since limited Trovan to treating life-threatening infections in hospitals or nursing homes. The action came too late for Porta, who never realized the medicine her doctor dispensed could be hazardous. Like many Americans, she took drug safety for granted.  
 Adverse drug reactions have reached epidemic proportions, killing more people each year

than die on the nation's highways, and doing serious damage to millions more. This problem has taken on special significance recently: The FDA has pulled 10 drugs off the market in the past three years for safety reasons, which is unprecedented in the American Medical Association.  
 Few people, however, are aware that their medications could be harmful, or know how to spot the warning signs and what to do if they suspect there's a problem.  
 Yet a 1998 University of Toronto study found that roughly 100,000 Americans die of adverse drug reactions each year, and 2.1 million more are hospitalized. The FDA received reports of more than 258,000 adverse drug events in 1999, nearly quadruple the 68,000 inci-

denters reported a decade earlier. And FDA officials acknowledge that they're catching only a tiny fraction of these incidents.  
 One reason why the agency can't quantify the magnitude of the problem is that patients tend to discount their symptoms, chalk them up to side effects of their illness. Last year, in fact, Harvard researchers found that 18 percent of patients complained of drug-related complications, yet only 3 percent had told their doctors.  
 "People often have symptoms for months, but they're often reluctant to let their doctor know or they weren't sure if they just felt lousy," said Dr. David W. Bates, an associate professor of medicine at Harvard University and a coauthor of the study. "But these numbers translate to 36 million adverse drug events per year." That means nearly one out of five adult Americans who take prescription drugs experience complications.  
 Several factors are fueling the

next generation of medication packaging.  
 The product hasn't found a big audience, yet. In part because it's a hard sell to pharmacies, which don't necessarily benefit at least immediately from offering the service, which is usually free to customers. But, Saidich says, "progressive" pharmacies eat the cost of the service and use it to help "capture and retain the most heavily medicated customers," who often bring other business to the drugstore.  
 Nationally, about 325 pharmacies have bought in. Information: 1-800-722-8824, www.medicine-on-time.com  
 Source: Knight-Ridder News Service

## A dose of prevention

people baffled by multiple medication schedules to get better control. The firm's main product is a packaging system that sorts a patient's different meds together into single-dose bubbles and seals them into a big card.  
 When it's time for a dose, the patient opens the next bubble, reads the back to ensure the time and date are correct and swallows the pills. Missed doses are easily seen on the cards, and the two-pills-three-times-a-days don't get mixed up with the one-pill-two-a-days.  
 "The pill bottle was an improvement over the drug envelope," Saidich says, "but it doesn't provide any feedback to help people deal with multiple bottles. We think we have the

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Fever	Sometimes	NO	Sometimes
Headache	Sometimes	Sometimes	Sometimes
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Bad Breath	Sometimes	NO	NO
Coughing	Sometimes	Sometimes	YES
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HEALTH & FASHION

Some drugs may prolong the flu

South Florida Sun-Sentinel... We've all heard the old saw: "Take ty aspirin and call me in the morning."

Primary care doctors such as Israel Alvarez still dispense that advice when their patients fall victim to the flu: Aspirin is what pharmacists call an "antipyretic," a class of drugs including acetaminophen, ibuprofen and naproxen in name, that have the ability to lower fever.

"Since we know that flu runs its own course, we just treat it symptomatically," said Alvarez, chief of primary care services at the Veterans Affairs Medical Clinic in Riviera Beach, Fla.

"That means we are antipyretic to make people feel better."

But a newly published study from the journal Pharmacotherapy suggests that drugs with the power to lower fever may also come with a price — a longer illness.

Researchers at the University of Maryland-Baltimore schools of Pharmacy and Medicine looked

Cold drugs can help — at a price

There's no "cure" for the common cold, but a variety of drugs can relieve cold symptoms. However, their side effects may be almost as uncomfortable.

DECONGESTANT... Increases nasal blood circulation, reduces swelling and eases breathing



BUT...also stimulates the central nervous system and can impair sleep or make person jittery

ANTIHISTAMINE... Dries out nasal passages



BUT...also thickens mucous in nose and dries out mouth and eyes

PAIN RELIEVER... Stops annoying minor pain



BUT...may irritate stomach lining. Also, person with cold may not include in the combination cold medicine he or she is taking

at data from 54 volunteers who had been infected with Influenza A virus. The found that the 13 volunteers who took aspirin or Tylenol suffered flu symptoms for an average of 3.5 days longer than those who went untreated.

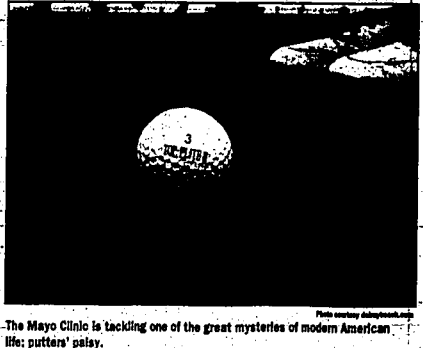
Dr. Philip A. Mackowiak, the vice chairman of the University of Maryland's medical school, said the data was from vaccine studies done in 1978 and 1987. He said the results show that new studies are needed.

"We're not recommending that people stop taking aspirin or Tylenol when they have flu-like symptoms," Mackowiak said. "But one needs to consider the possibility that while one may feel better, the price one pays may be that the illness is prolonged."

The manufacturer of Tylenol, the brand name of acetaminophen, said the study was too small to be valid, and based on 20-year-old data from an unrelated study — one designed to investigate vaccinations, not the length of flu symptoms.

Chances are that the sickest patients were the ones given the fever-reducing drugs, said Mark Gutsch, a spokesman for McNeil Consumer Health Care.

"The sickest patient probably is more likely to take antipyretics. The sicker you are, the more medications you take," Gutsch said. "It's like saying, orange juice will find any other refrigerator people who have the worst colds usually drink a lot of orange juice."



The Mayo Clinic is tackling one of the great mysteries of modern American life: putters' palsy.

Researchers try to pin down putters' palsy

The Washington Post

Researchers from the Mayo Clinic are trying to pin down a problem that's been driving serious golfers crazy for a century or more: "the yips."

"Most often seen on the putting green — where a golfer's skill is most nakedly exposed to applause or ridicule — the yips make a mockery of a player's need to control the club while striking the ball. Instead of a smooth, confident stroke, a yips-afflicted putt can become a jittery, trembling stab that leaves the ball farther from the hole than when it started."

"The yips has a nasty sense of humor: It strikes more good golfers than bad, it often lasts for years and it can erupt when you're playing against specific competitors. Although performance anxiety may cause the yips in many golfers," says Aynsley Smith, Mayo's director of sports psychology and sports medicine research, "muscle and nervous system deterioration caused by prolonged overuse may be at the root of the problem for other players."

In other words, the yips may not be all in your head. To separate the physical causes from the psychological ones, Mayo first polled more than 1,000 skilled golfers and found that more than a quarter believed they had the yips, which averaged an average of almost five strokes

per round — a huge handicap for a player aiming for a score in the 70s. A second phase of the study found that players with the yips had higher heart rates and muscle activity in the wrists than yips-free golfers; these findings are prompting the idea that certain drugs may settle yippy nerves.

Taking a serious whack at the malady is expensive: The researches need several hundred thousand dollars for further study, including a mock tournament they'd like to run. Participants would compete while monitored by such devices as putters whose handles record the amount of pressure the player is applying.

William Cooney, an orthopedic hand surgeon at Mayo's headquarters in Rochester, Minn., says he's been afflicted himself, "but only occasionally... usually (while) playing under highly competitive circumstances."

Mayo says a yipslike problem called dystonia affects "dentists and others who frequently are forced to repeatedly assume a prolonged, abnormal posture." Cooney says he's not aware of the yips affecting the work of dentists, though he has seen cases involving musicians and other artists who need manual dexterity. And he's not worried about dentists losing their grip while treating patients. "The dentists I play with are pretty good putters."

Procedure helps correct farsightedness

The Orange County Register

IRVINE, Calif. — Pamela Larson owns a successful benefits firm, but she always had trouble reading the bottom line—unless she was wearing her glasses.

Larson, a 52-year-old resident of Laguna Niguel, Calif., is one of an estimated 60 million Americans affected with hyperopia or farsightedness.

But recently, the poor vision that dogged Larson for most of her adult life was corrected in three minutes by a new surgical procedure called conductive keratoplasty (CK), developed by a "1990s" procedure.

"This is amazing," Larson said a few minutes after her surgery. "Before, I couldn't see the numbers on elevators or read street signs. Now I can — it's immediate."

Currently in the last phase of Food and Drug Administration clinical trials, CK is a refractive surgery, meaning it improves the

eye's focus by changing the shape of the cornea. Developed by the medical technology firm Refractive Inc., CK is the first refractive technique designed to correct farsightedness without using a laser.

As a result, doctors say the procedure is easier to perform and less invasive than similar methods.

"We think of it as the next generation of eye surgery," said Dr. Robert K. Maloney, a Los Angeles refractive surgeon and investigator for the clinical trials. "It's almost idiot-proof."

The painless procedure, which takes about three minutes, corrects farsightedness by touching the eye with a laser frequency probe. After numbing the eye, doctors use a special marker to create a template on the eye.

They then penetrate the cornea with a probe to heat the tissue fibers. The cornea is gently reshaped, and the patient's vision is corrected.

Preliminary results show that

after 12 months, 93 percent of patients do not need to wear glasses or contact lenses.

Other heat-based laser treatments such as LASIK require that the doctor make a cut in the eye. As the corneal tissue heals, vision can deteriorate to its original state.

"The problem with all the heat technologies over the years is that the patients regress," said Dr. Dean C. Brück, a cornea specialist at the University of Arizona at Tucson. "The vision is corrected at first, but then it slowly drifts back."

With CK, there's no cutting and, researchers hope, no distortion.

"What we found is that the correction appears to be permanent in the first nine months after treatment, which is better than it is after LASIK," Maloney said.

In June—the FDA granted approval for a hyperopic correction procedure called a CK competitor — called laser thermokeratoplasty. Clinical trials showed

that patients' vision regressed after the procedure, so the FDA stipulated that developers Sunrise Technologies Inc. must advertise it as a temporary correction.

Isabelle Cecka, Sunrise vice president for clinical affairs, insists that the procedure is as stable as their competitor's.

"We're very confident that this procedure affords the patient the same amount of stability you would find with any other refractive procedure," she said.

Brück said that although the new technologies were promising, more long-term data was needed.

"When you're dealing with your eyes, you go back and undo what is done," he said. The CK procedure, designed for low to medium levels of hyperopia, is expected to cost about \$2,000 per eye. LASIK costs about the same. Vision improves immediately after the CK procedure, though it can take up to a month to stabilize.

Scientists nip would-be tumor cells in the bud

The Dallas Morning News

DALLAS — Dallas scientists have nipped would-be tumor cells before they could bud, potentially boosting the arsenal of new drugs that could prevent cancers from developing.

The researchers, from the University of Texas at Dallas, discovered a treatment that, in laboratory dishes, can prevent the dangerous transformation of healthy breast cells into tumor tissue. But the approach could, in theory, be applied to many types of cancers.

The new research, performed on cells from a woman genetically prone to cancer, appears in Wednesday's issue of the Journal of the National Cancer Institute.

Using medications to prevent cancers from developing is a relatively new area of research known as chemoprevention. Most current cancer treatments

target tumors that have already sprouted.

The chemoprevention approach aims to prevent cancer from recurring or from forming in people who are likely to develop the disease.

"What people would like is to say, 'What's my chance of (getting) cancer, and what can I take to prevent it?'" said Jerry Shay, the UT Southwestern researcher who led the study. Even if the cancer can be delayed for 10 years, that may be enough to prevent it from being fatal, he said.

Shay and his Dallas colleagues, along with two researchers from the National Cancer Institute in Bethesda, Md., studied breast cells taken from a 31-year-old woman with Li-Fraumeni syndrome, a genetic disease that predisposes people to develop a wide variety of cancers.

Left to their own devices in laboratory dishes, a few of the cells would ordinarily turn can-

cerous. But after sprinkling batches of the cells with certain chemical compounds, the scientists saw that the incidence of cancer cells dropped dramatically.

Several of the compounds were already known to have cancer-preventing properties. Two, however, were not. These compounds block an enzyme that helps cancer cells become virtually immortal in the body. This immortalization allows cancer cells to grow and spread unchecked.

"Cancer cells have to turn on this enzyme to survive," said Laurence Hurley, a medicinal chemist at the University of Arizona Health Sciences Center in Tucson. "It's sort of a new idea that you could actually prevent the conversion of a normal cell to a cancer cell by preventing immortalization."

The enzyme, known as telomerase, provides a crucial ingredient for immortality: Telomerase adds bits of material to the ends

of chromosomes, cells' sausage-shaped bundles that contain the body's genetic blueprint.

Without telomerase to replenish chromosomes, the bundles would shrink a little every time a cancer cell replicated, causing the cells to fizzle out and die. By blocking telomerase, the scientists prevented the woman's cells from achieving immortality.

Because virtually every type of cancer cell depends on telomerase to grow, medications that block the enzyme could be a valuable weapon in preventing disease, Hurley said. Still, he added, any such chemical approach would need to be developed further.

"Hurley noted that testing chemoprevention agents is challenging, given that the people who could benefit the most aren't the sickest."

"You can't give patients — that potentially could get cancer — agents that might be toxic," he said.

Meet the iMac of the sewing world

The Washington Post

iMac, meet Iezk.

All trendy in its translucent blue, Iezk is the latest machine from Singer, the 150-year-old company with one of the most widely known brand names in the world. Iezk is digitized, natch, and takes its orders from the Nintendo Game Boy that comes with it.

Now, as Singer prepares to introduce Iezk to national retailers this weekend in Chicago at the annual International Housewares Show, the question becomes: Will Iezk do for Singer what iMac, now a design icon, did for Apple Computer?

Iezk's froxy plastic bubble, as cute as the new sleek-but-cuddly VW Beetle, make tween-age kids associate sewing with embroidering flowers on their jeans rather than with the dreaded sewing machine. If they give away hours clicking on their Game Boy, will they be tempted by Iezk's Game Boy, which operates the digitized machine, performing 150 functions, including color sewing patterns, creating buttonholes — and stitching designs on those jeans? Iezk, whose name is loosely

based on that of Singer's flamboyant founder, Isaac Merritt Singer (a guy with an incredibly racy past — you can look it up), started life last year as a Japanese product, made in China by Jaguar International, a major Japanese sewing machine manufacturer and supplier to Singer for many years. In Japan, Jaguar's Nu-yell machine, as Iezk is called there, has been a smash, says Ken Lu, a consultant for Jaguar in the United States.

"It's not like (Sony's) PlayStation 2 with people lining up to buy it," says Lu, but adds that it has already captured 10 percent of the market there for computerized/digitized machines. Such an outcome would be good

news indeed for Singer, which has fallen from market leader at mid-century to a point where the company accounts for about half of all sewing machines sold here. Singer began selling Iezk in select American stores just before Christmas.

Iezk's sex appeal clearly owes much to the 1998 iMac, which spawned a translucent color revolution in housewares and small appliances, from Sharp microwave ovens to Krups irons.

While a Singer spokesman called the resemblance to the iMac "a coincidence" (go to www.meeztek.com and you figure it out!), Lu says the machine's tinted see-through plastic look is simply part of a trend.

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MORNING BREAK

# Woman weighs options between friends, family

**DEAR ABBY:** My granddaughter, who is in elementary school, has been nominated to receive a prestigious award. Because of this, she has been featured in the newspaper and is a celebrity of sorts in her town. My daughter wants us to attend the awards ceremony. She mentioned more than six months ago that my granddaughter is up for this award and stands a great chance of winning it.

Unfortunately, a physician with whom I am friendly invited me to his son's wedding on that same date. I told the doctor that I may be attending an award ceremony for my granddaughter on the same day. Here is my dilemma: I credit this doctor with saving my life. I had cancer. He referred me to a specialist who discovered it. Since then, I have become social friends with this man. I do not know his son, but many people from my social circle will be attending this out-of-state wedding, and I want to



**DEAR ABBY**  
Aligail VanBuren

My daughter is very upset. She can't believe I would choose to attend a "stranger's" wedding over my granddaughter's ceremony, which may very well be a once-in-a-lifetime event. This doctor saved my life and I feel like I owe my life to him. My husband agrees with me, and so do my friends. But my conscience is so hurt. She is a sensitive girl, loyal to her family and dependable. I don't want to damage our relationship. What do you advise? I have nine weeks to decide.

—TORN BETWEEN FAMILY AND FRIENDS

**DEAR TORN:** When the doctor made the referral, he was doing his job. He "saved your life" so you could attend important family events — like your granddaughter's award ceremony. In this instance, your family should take precedence. Send the bride and groom a lovely gift, along with your regrets. If the doctor is indeed a friend, he will understand why you couldn't be there.

Since the award for which your granddaughter is eligible is "prestigious," being a candidate is an honor in itself. That you sacrificed to see her honored may be more meaningful to her and her parents than whether she actually wins. Listen to your conscience. It's trying to give you an important message.

**DEAR READERS:** Today we pay tribute to the life of Dr. Martin Luther King Jr., a great American and martyr of the civil rights move-

ment, who was shot to death in 1968 at the age of 39.

Dr. King rose to prominence because of his persistence in the face of violent opposition, and his eloquent pleas for social justice. His principles for nonviolence were based on the teachings of Christianity.

In 1964, he was awarded the Nobel Peace Prize. His words of wisdom are as true today as when they were uttered during his acceptance speech:

"Nonviolence is the answer to the crucial political and moral questions of our time: the need for man to overcome oppression and violence without resorting to oppression and violence."

"Man must evolve for all human conflict a method which rejects revenge, aggression and retaliation. The foundation of such a method is love."

God bless America. May we as Americans learn from his example.

**ACROSS**

- 1 Mark of distinction
- 7 Jazzy singing
- 11 Boxy below
- 14 Collect a laugh
- 15 Columbus' state
- 16 Minor devil
- 17 Stringed instrument
- 18 Electrical unit
- 19 Pose for a portrait
- 20 A so forth
- 21 Facial flace
- 22 Mr. Ed's dinner
- 24 Prepare to testify
- 25 Places to shoot from
- 26 Niding
- 35 Boys of the house
- 36 had it
- 37 Kitchen utensil
- 38 Egyptian viper
- 39 Sch. grp.
- 42 Vicious or Caesa
- 43 Look after
- 44 Fell regret
- 46 Some life of Main residents
- 48 Asian capital
- 52 Nervatious's
- 53 Unpleasant
- 56 Remain behind
- 58 Tureful Turner
- 59 Unusual
- 60 Staining
- 61 Mayberry kid
- 63 Unouth
- 66 Cote mama
- 67 Sucker
- 68 Villain's poet
- 69 Dundeehood
- 70 Poppers
- 71 Falls as ice

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11/8/01

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## New film turns actor's life around

**LOS ANGELES (AP)** — Making a big splash in his film debut isn't turning Rob Brown's life around. In Gus Van Sant's "Finding Forrester," Brown plays a gifted teenage athlete and writer who is thrown into contact with Sean Connery, a reclusive author. Connery mentors Brown while

taking small steps back into the real world. Sixteen-year-old Brown, who was raised in Brooklyn, N.Y., had no professional training or acting experience. He told reporters recently that he went to an open casting-call hoping to earn money to pay his \$300 cell phone bill.

## Aquarius: Find outlet for artistic abilities, diversify

**IF JAN. 15 IS YOUR BIRTHDAY** — you have unusual voice, can bring people of opposite views together and finally result in friendship. Taurus, Libra, Scorpio persons play major roles in your life, could have these letters or initials in names: F, O, X. During this cycle, you could discover romance in new, unusual manner. Before January is finished, emphasis is on partnership, cooperative efforts, marriage. July most memorable. **ARIES** (Mar. 21-Apr. 19): Go slow, play waiting game. Be positive of legal rights, permissions. Focus on partnership, marital status, public appearances. Timing important! **TAURUS** (Apr. 20-May 20): Find different ways of getting job done. Take special care while handling mechanical devices. **GEMINI** (May 21-June 20): Be observant of details, rules. Avoid traffic jams, crowds. Get ideas on paper. **CANCER** (June 21-July 22): Focus on change, travel, variety of experiences. Filtration getting hot, heavy. Know when to say, "Enough!" Written material

### HOROSCOPE

Sydney Omarr

proves important. **LEO** (July 23-Aug. 22): Attention revolves around home, domestic issues, reunion with friend. Don't try to please everyone. Have fun doing what you do, and do it well. Taurus represented. **VIRGO** (Aug. 23-Sept. 22): Be especially cautious in money deal. Aura of deception exists, deliberate or otherwise. Lost valuable will be recovered. Pisces plays sensational role. **LIBRA** (Sept. 23-Oct. 22): You could be talk of the town. Impart knowledge concerning music, composers. Don't keep that part of your talent hidden. Cancer, Capricorn figure in scenario. **SCORPIO** (Oct. 23-Nov. 21): Finish what you started three months ago. You will now receive support, moral and financial. Open lines of communication; someone wants to tell you something.

**SAGITTARIUS** (Nov. 22-Dec. 21): Let go of preconceived notions. What had been impossible is now within reach. A different kind of love is on horizon. **CAPRICORN** (Dec. 22-Jan. 19): What you thought was settled could be just beginning. Check property value, management team. Refuse to be taken for granted. Cancer native involved.

**AQUARIUS** (Jan. 20-Feb. 18): Diversify, select quality, find outlet for your artistic capabilities. Sea cruise brings you in contact with exciting, intellectual people. **PISCES** (Feb. 19-Mar. 20): Focus on construction, testing solidity of material. Make this your make-over day. Visit to foreign nation may be in picture. Prepare creative presentation.

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### MAGIC VALLEY WEST

# BLM distributes fliers to gain clues in horse deaths

ROCK SPRINGS, Wyo. (AP) — The U.S. Bureau of Land Management has distributed fliers across the Rocky Mountain region seeking help from the public as the agency investigates the shooting deaths of 34 wild horses in southwestern Wyoming.

The fliers say "wanted" in large black letters and offer a \$25,000 reward for information that results in the conviction of

anyone responsible for the shootings. The reward is funded by the BLM and conservation groups, including the Fund for Animals.

Officials distributed the fliers last weekend in Wyoming, Utah, Colorado, Montana and Idaho.

"We certainly want someone from the public to come forward if they have information that

could assist with the investigation," BLM spokeswoman Cindy Wertz said.

The shot horses were discovered between early December and Jan. 8.

One found dead or wounded beyond help were one horse northwest of Haggis, three near Rawlins, 20 north of Rock Springs and 10 northeast of Rock Springs.

Wild horses are a federally protected species and the penalty for shooting one is up to a year imprisonment and \$100,000 in fines.

Investigators have been gathering forensic evidence at the sites where the shot horses were discovered. State and other federal agencies are assisting with the probe.

BLM officials have declined to comment on whether they have suspects.

# Woman will serve on water group

BOISE (AP) — Gayle L. Batt, a Walker native, has been named to the Assistant Director of the Idaho Water Users Association.

Batt will help lobby lawmakers on behalf of the association and may serve as a contact with Idaho's Congressional delegation.

The water users' association's Idaho Water Users Association's educational workshops and seminars.

"In our efforts to stay abreast of water issues, represent our members' views and concerns, community is so significant that we have had to be more active in the efforts that we have been making by our members to clean, conserve and protect Idaho water," said executive director Norm Semanko.

Batt also serves as executive director of the Idaho Water Education Foundation.

# FOR THE RECORD

## Cassia County

**BURLEY** — Recent activity in 5th District Court in Cassia County included:

### Misdemeanor dismissals

Douglas L. Garner, 24, 2360 S. Derby St., Salt Lake City, infraction exceeding maximum speed limit, amended to misdemeanor driving offense by person operating the vehicle; \$125 fine; Magistrate Judge Roy C. Holloway.

Clinton M. Nielsen, 39, Route 1, Box 1240 Sage, Hildesheim; disqualified driver motor carrier; Magistrate Judge Roy C. Holloway.

Veronica A. Valdez, 26, 526 Malta Ave., Burley, reckless driving, infraction funds check fraud; Magistrate Judge Michael R. Crabtree.

Adam Lee Satterwhite, 21, 8860 W. Victory, Boise, petty theft; Magistrate Judge Michael R. Crabtree.

Wendy D. Calderon, 30, 626 E. 18th St., Burley, reckless driving; Magistrate Judge Michael R. Crabtree.

Holley Bott, 31, 650 Oriental Ave., Burley, two counts insufficient funds check fraud; Magistrate Judge Michael R. Crabtree.

Rickey Dee Brackenbury, 47, 1300 Lincoln Ave., Burley, petty larceny; Magistrate Judge Michael R. Crabtree.

### Misdemeanor sentences

Lucie N. Reil, 67, 4914, Chubbuck; intent driving; pleaded guilty; \$25 fine, \$63.50 court costs.

Nihal Sivic, 42, 833 Second St., Apt. 202, Waterloo, Iowa; does not speak or comprehend English; \$43.50 fine, \$63.50 court costs.

Craig Rasmussen, 38, general delivery, Madras, Ore.; two counts vehicle license restriction; pleaded guilty; \$118.50 fine, \$63.50 court costs.

John R. Owens, 37, 3078 Church St., Oakley, Ky.; failure to stop; Magistrate Judge Roy C. Holloway.

Brandon Edward Paulin, 51, 52221 DXP Lane, Warren, Ore.; failure to stop at checking station; pleaded guilty; \$118.50 fine, \$63.50 court costs.

James Ray Jones, 49, 11254 Decker Road, Denair, Calif.; pleaded guilty; \$118.50 fine, \$63.50 court costs.

James A. Ballard, 45, 3880 Canyon Road, 410, Elbas, vehicle overhang of load violation; pleaded guilty; \$118.50 fine, \$63.50 court costs.

Charles L. Zapeda, 46, 724 Hilland Ave., Burley; driving without privileges; pleaded guilty; \$200 fine, \$78.50 court costs. \$200 defender fees, 30 days suspended, one year probation, six months driver's license suspension, time credited; one count battery, pleaded guilty; \$100 fine, \$63.50 court costs.

Robert J. Hildner, 20, 213 E. 15th St., Rupert; failure to carry driver's license; one count domestic violence; Magistrate Judge Roy C. Holloway.

Salvador Alvarez Santana, 41, 1821 S St., No. 2, Heyburn; invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs.

Jorge Martinez Padilla, 27, 800 S. 430 W., Burley; invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs.

Albert Gonzalez Ochoa, 29, 958 Yale Ave., Burley; two counts driving without privileges; found guilty; \$300 fine, \$78.50 court costs, 90 days jail, 30 days suspended, six months driver's license suspension, time credited; one count battery, pleaded guilty; \$100 fine, \$63.50 court costs.

Robert L. Laha, 20, 213 E. 15th St., Rupert; failure to carry driver's license; one count domestic violence; Magistrate Judge Roy C. Holloway.

Victor Brice Jones, 32, 475 Riverside Drive, Burley; battery; amended to disturbing the peace; pleaded guilty; \$63.50 court costs, 30 days suspended, one year probation; Magistrate Judge Roy C. Holloway.

Michael R. Crabtree.

Jimmy J. Horton Jr., 23, 1411 Almo Ave., Twin Falls; one count misdemeanor violation, pleaded guilty; \$135 fine, \$63.50 court costs; one count driving without privileges; pleaded guilty; \$200 fine, \$78.50 court costs, 30 days suspended, one year probation, two years driver's license suspension, time credited; Magistrate Judge Roy C. Holloway.

Randy M. Foster, 44, 1930 E. 16th St., No. 17, Burley; domestic violence, violation of protection order; found guilty; \$73.50 court costs; Magistrate Judge Michael R. Crabtree.

Nicholas J. Paine, 19, 727 W. 16th St., No. 106, Burley; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

Christopher Scott Jones, 18, 776 E. 00 St.; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

## Drunken-driving dismissals

Stephanie Lavee Priest, 29, 1964 Falls Ave., Twin Falls; one count misdemeanor, acquitted; Magistrate Judge Roy C. Holloway.

## Drunken-driving sentences

Colleen Rae Estep, 1284 Burton Ave., Burley; one count resisting officers, dismissed; one count invalid driver's license, dismissed; one count misdemeanor driving under the influence; pleaded guilty; \$25 fine, \$78.50 court costs, 30 days jail, 28 days suspended, one year probation, 90 days driver's

license suspension, time credited; Magistrate Judge Roy C. Holloway.

Richard John Caverty, 62, 153 W. U.S. Highway 34, Burley; one count resisting officers, dismissed; one count misdemeanor driving under the influence, pleaded guilty; \$200 fine, \$78.50 court costs, one year probation, two days home time, 90 days driver's license suspension; Magistrate Judge Roy C. Holloway.

## Juvenile sentences

Luazdo Luna, 17, 123 W. Sixth St., Burley; driving under the influence under age 21; pleaded guilty; \$1,000 fine, \$800 suspended, \$78.50 court costs, one year probation, one year driver's license suspension; Magistrate Judge Roy C. Holloway.

Michael F. Toledo, 39, 3201 Robinson Loop, Nampa; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Heayburn; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Charles R. Ford, 44, 377 S. 200 W., No. 42, Rupert; battery; Magistrate Judge Larry R. Duff.

## Minidoka County

**RUPERT** — Recent activity in 5th District Court in Minidoka County included:

### Misdemeanor dismissals

Jesse Salazar Jr., 25, 1758 Grandview Lane, Burley; one count petty theft; one false personation; Magistrate Judge Roy C. Holloway.

Shawn D. Robinson, 21, 200 W. 325 S., Rupert; possession of drug paraphernalia; Magistrate Judge Michael R. Crabtree.

James A. Ballard, 45, P.O. Box, 803, Heyburn; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Charles R. Ford, 44, 377 S. 200 W., No. 42, Rupert; battery; Magistrate Judge Larry R. Duff.

### Misdemeanor sentences

Johnna Jean Denton, 23, 501 E. 16th St., Burley; one count possession of drug count possession of a controlled substance, pleaded guilty; \$300 fine, \$300 suspended, \$63.50 court costs, 20 days jail, 15 days suspended, six months probation; Magistrate Judge Larry R. Duff.

Shannon Bryan, 33, 257 N. Second E., No. 20, Preston; driving without privileges, amended to invalid driver's license, pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

John R. Cabrera, 27, 567 Oakley Ave., No. 8; battery; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Shannon Bryan, 33, 257 N. Second E., No. 20, Preston; driving without privileges, amended to invalid driver's license, pleaded guilty; \$63.50 fine, \$63.50 court costs, 30 days suspended, one year probation, six months driver's license suspension, time credited; one count criminal contempt of court; pleaded guilty; \$200 fine, \$78.50 court costs, 180 days jail, 10 days suspended, one year probation, one year driver's license suspension, time credited; one count battery, pleaded guilty; \$100 fine, \$63.50 court costs.

Robert L. Laha, 20, 213 E. 15th St., Rupert; failure to carry driver's license; one count domestic violence; Magistrate Judge Roy C. Holloway.

Victor Brice Jones, 32, 475 Riverside Drive, Burley; battery; amended to disturbing the peace; pleaded guilty; \$63.50 court costs, 30 days suspended, one year probation; Magistrate Judge Roy C. Holloway.

Michael R. Crabtree.

Jimmy J. Horton Jr., 23, 1411 Almo Ave., Twin Falls; one count misdemeanor violation, pleaded guilty; \$135 fine, \$63.50 court costs; one count driving without privileges; pleaded guilty; \$200 fine, \$78.50 court costs, 30 days suspended, one year probation, two years driver's license suspension, time credited; Magistrate Judge Roy C. Holloway.

Randy M. Foster, 44, 1930 E. 16th St., No. 17, Burley; domestic violence, violation of protection order; found guilty; \$73.50 court costs; Magistrate Judge Michael R. Crabtree.

Nicholas J. Paine, 19, 727 W. 16th St., No. 106, Burley; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

Christopher Scott Jones, 18, 776 E. 00 St.; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

## Drunken-driving sentences

Colleen Rae Estep, 1284 Burton Ave., Burley; one count resisting officers, dismissed; one count invalid driver's license, dismissed; one count misdemeanor driving under the influence; pleaded guilty; \$25 fine, \$78.50 court costs, 30 days jail, 28 days suspended, one year probation, 90 days driver's

license suspension, time credited; Magistrate Judge Roy C. Holloway.

Richard John Caverty, 62, 153 W. U.S. Highway 34, Burley; one count resisting officers, dismissed; one count misdemeanor driving under the influence, pleaded guilty; \$200 fine, \$78.50 court costs, one year probation, two days home time, 90 days driver's license suspension; Magistrate Judge Roy C. Holloway.

## Juvenile sentences

Luazdo Luna, 17, 123 W. Sixth St., Burley; driving under the influence under age 21; pleaded guilty; \$1,000 fine, \$800 suspended, \$78.50 court costs, one year probation, one year driver's license suspension; Magistrate Judge Roy C. Holloway.

Michael F. Toledo, 39, 3201 Robinson Loop, Nampa; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Heayburn; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Charles R. Ford, 44, 377 S. 200 W., No. 42, Rupert; battery; Magistrate Judge Larry R. Duff.

## Blaine County

**RUPERT** — Recent activity in 5th District Court in Blaine County included:

### Misdemeanor dismissals

Jesse Salazar Jr., 25, 1758 Grandview Lane, Burley; one count petty theft; one false personation; Magistrate Judge Roy C. Holloway.

Shawn D. Robinson, 21, 200 W. 325 S., Rupert; possession of drug paraphernalia; Magistrate Judge Michael R. Crabtree.

James A. Ballard, 45, P.O. Box, 803, Heyburn; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Charles R. Ford, 44, 377 S. 200 W., No. 42, Rupert; battery; Magistrate Judge Larry R. Duff.

### Misdemeanor sentences

Johnna Jean Denton, 23, 501 E. 16th St., Burley; one count possession of drug count possession of a controlled substance, pleaded guilty; \$300 fine, \$300 suspended, \$63.50 court costs, 20 days jail, 15 days suspended, six months probation; Magistrate Judge Larry R. Duff.

Shannon Bryan, 33, 257 N. Second E., No. 20, Preston; driving without privileges, amended to invalid driver's license, pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

John R. Cabrera, 27, 567 Oakley Ave., No. 8; battery; criminal contempt of court; Magistrate Judge Roy C. Holloway.

Shannon Bryan, 33, 257 N. Second E., No. 20, Preston; driving without privileges, amended to invalid driver's license, pleaded guilty; \$63.50 fine, \$63.50 court costs, 30 days suspended, one year probation, six months driver's license suspension, time credited; one count criminal contempt of court; pleaded guilty; \$200 fine, \$78.50 court costs.

Robert L. Laha, 20, 213 E. 15th St., Rupert; failure to carry driver's license; one count domestic violence; Magistrate Judge Roy C. Holloway.

Victor Brice Jones, 32, 475 Riverside Drive, Burley; battery; amended to disturbing the peace; pleaded guilty; \$63.50 court costs, 30 days suspended, one year probation; Magistrate Judge Roy C. Holloway.

Michael R. Crabtree.

Jimmy J. Horton Jr., 23, 1411 Almo Ave., Twin Falls; one count misdemeanor violation, pleaded guilty; \$135 fine, \$63.50 court costs; one count driving without privileges; pleaded guilty; \$200 fine, \$78.50 court costs, 30 days suspended, one year probation, two years driver's license suspension, time credited; Magistrate Judge Roy C. Holloway.

Randy M. Foster, 44, 1930 E. 16th St., No. 17, Burley; domestic violence, violation of protection order; found guilty; \$73.50 court costs; Magistrate Judge Michael R. Crabtree.

Nicholas J. Paine, 19, 727 W. 16th St., No. 106, Burley; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

Christopher Scott Jones, 18, 776 E. 00 St.; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

## Drunken-driving sentences

Colleen Rae Estep, 1284 Burton Ave., Burley; one count resisting officers, dismissed; one count invalid driver's license, dismissed; one count misdemeanor driving under the influence; pleaded guilty; \$25 fine, \$78.50 court costs, 30 days jail, 28 days suspended, one year probation, 90 days driver's

license suspension, time credited; Magistrate Judge Roy C. Holloway.

Richard John Caverty, 62, 153 W. U.S. Highway 34, Burley; one count resisting officers, dismissed; one count misdemeanor driving under the influence, pleaded guilty; \$200 fine, \$78.50 court costs, one year probation, two days home time, 90 days driver's license suspension; Magistrate Judge Roy C. Holloway.

## Juvenile sentences

Luazdo Luna, 17, 123 W. Sixth St., Burley; driving under the influence under age 21; pleaded guilty; \$1,000 fine, \$800 suspended, \$78.50 court costs, one year probation, one year driver's license suspension; Magistrate Judge Roy C. Holloway.

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Heayburn; criminal contempt of court; Magistrate Judge Roy C. Holloway.

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Randy M. Foster, 44, 1930 E. 16th St., No. 17, Burley; domestic violence, violation of protection order; found guilty; \$73.50 court costs; Magistrate Judge Michael R. Crabtree.

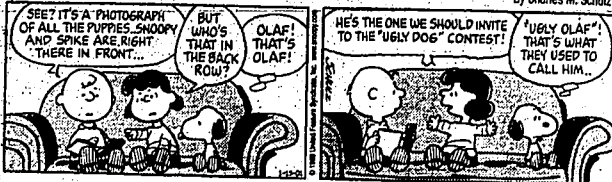
Nicholas J. Paine, 19, 727 W. 16th St., No. 106, Burley; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine, \$63.50 court costs; Magistrate Judge Roy C. Holloway.

Christopher Scott Jones, 18, 776 E. 00 St.; driving without privileges; amended to invalid driver's license; pleaded guilty; \$63.50 fine

COMICS

Classic Peanuts

By Charles M. Schulz



For Better or For Worse

By Lynn Johnston



Dilbert

By Scott Adams



Blondie

By Dean Young & Stan Drake



B.C.

By Johnny Hart



Pickles

By Brian Crane



Garfield

By Jim Davis



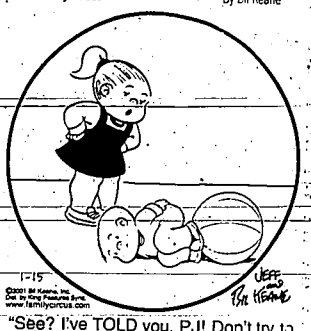
Dennis the Menace

By Hank Ketcham



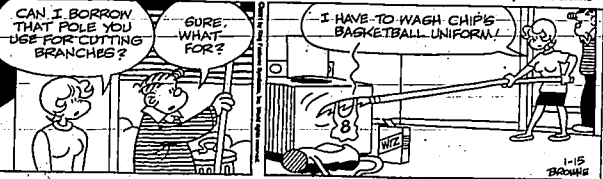
The Family Circus

By Bill Keane



Hi and Lois

By Chance Browne



The Wizard of Id

By Brant Parker & Johnny Hart



Rose Is Rose

By Pat Brady



Hagar the Horrible

By Chris Browne



Zits

By Jim Borgman and Jerry Scott



Beetle Bailey

By Mort Walker



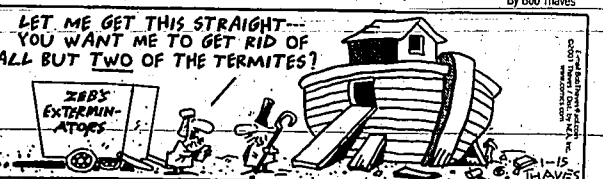
Luann

By Gieg Evans



Frank and Ernest

By Bob Thaves



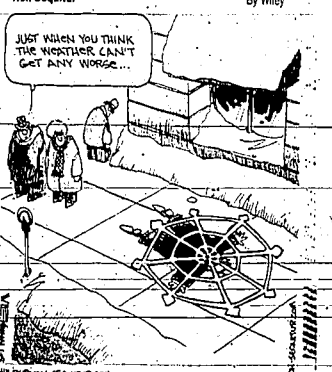
Strange Brew

By John Deering



Noir Squirrel

By Wiley



The Born Loser

By Art Sansom & Chip



Strange Brew

By John Deering



Noir Squirrel

By Wiley









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