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News-News

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GOOD MORNING

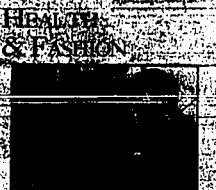
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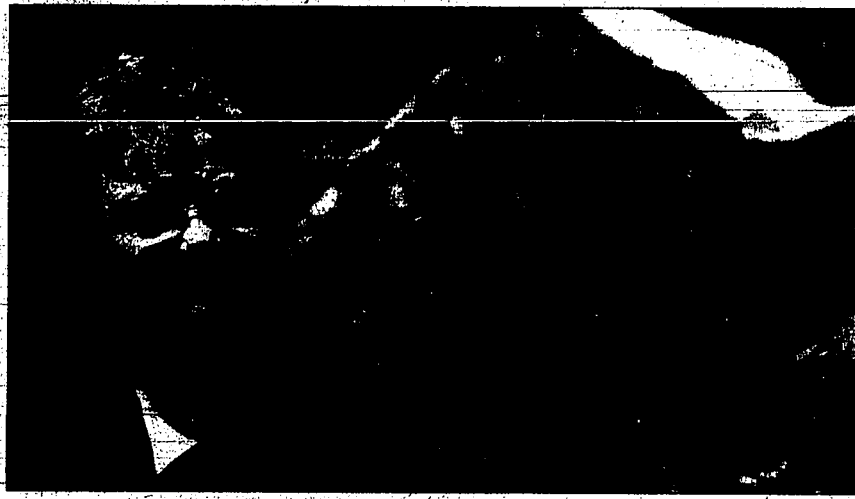
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A TOWN'S PAIN



Eva Strohmaier of Murtaugh lost her grandson, Kameron Thacker, in a car accident when he was 16 years old. Thacker attended Murtaugh High School, which has seen several of its students killed over the past decade.

Accidents claim graduate from last four classes

By Julie Pence
Times-News writer

MURTAUGH — What if I had done this? What if I had done that? What if . . .

Eva Strohmaier, a Murtaugh resident who lost a teenager to a car accident, has asked herself those questions many times since her 16-year-old grandson, Kameron Thacker, was killed in a car accident three years ago.

"The first thing that comes to your mind is, 'What did I do wrong?'" she said, Thursday, one day after the funeral of another Murtaugh teen-ager who had died in an accident.

Strohmaier, who had been raising her grandson, said she wonders what would have happened if she had let him drive to work for the first time by himself on a remote country road.

The four previous months

before that fateful June 1, Strohmaier said, she had accompanied her grandson when he was driving to make sure he was getting enough experience before he drove alone.

Strohmaier saw her grandson wearing his seat belt when he left the house that afternoon, but after he filled the truck with gas, she heard later, he went without buckling up. Then several miles from home, the 16-year-old ran a stop sign on busy Rock Creek Road south of Hansen. He hit a smaller vehicle and was thrown out of the truck.

Fortunately, Strohmaier said, no one else was hurt. Three years later plus one day,

only two miles from where Thacker's life ended, another Murtaugh youngster, 18-year-old Jesse Perkins, died in a truck rollover.

The recent accident is still under investigation, Idaho State Police dispatcher Wayne Sharp said Friday.

An all too common event

Murtaugh residents have unfortunately grown familiar with such tragedies. Over the past 10 years, the community of several

hundred people has lost eight teen-agers, all except one to accidents.

"If you look back at the last four classes who have graduated,

each has lost a member," Strohmaier said. "I keep wondering, 'Why, oh why, do we have to keep going through this?'"

She said every June 1, community members go out of their way to console her.

"Losing a child is the hardest thing anyone ever faces. But if it happens, you get through it," she said. "When you first find out, it's as if someone hit you in the belly with a hammer. You feel as if your heart has been shredded. Then you cry — you cry every day."

"But then there comes a day when you realize you thought about your child dozens of times, but you didn't cry. That's when you know you're getting through it."

"You don't ever get over it. It's always there, but you just learn to accept it."

Please see MURTAUGH, Page A2

Residents raise stink over odor committee

By Jennifer Sandrhann
Times-News writer

TWIN FALLS — A state committee that meets for the first time today to advise the state on rules for Idaho's new agriculture odor management law includes a cross-section of interests, but mostly industry representatives.

"It appears on the surface that the foxes are watching the hen house," said David Mead, a retired Twin Falls banker who worked in the agricultural sector.

Mead is among local citizens concerned about the impacts big dairy operators have on their neighbors.

The industries represented on the state's odor committee "are all good outfits, and they are all needed," Mead said. But their numbers are not balanced with representatives who hold other viewpoints, he said, "and I don't mean anti-dairy."

"Our point is, it needs more individuals who are affected by the odor problem," he said.

Julie Pipal, communications officer for the Idaho Department of Agriculture, said the committee roster isn't set in stone.

"We want to work," she said. "The agriculture department has received odor complaints about the industries represented, she said. They were chosen because they will be affected by the new regulations."

"This is a starting point," she said. "We have to make sure we keep the group small enough so we can actually make some decisions."

The committee's meetings are open to the public, and public input will be accepted along the way, Pipal said. Public hearings will be held on the proposed

Please see ODOR, Page A2

Researcher: Swine did in Mozart

The Associated Press

CHICAGO — Forget rheumatic fever, kidney stones, heart disease, pneumonia and even poison. What may have really killed Wolfgang Amadeus Mozart were pork cutlets.

The latest theory about the composer's untimely death on Dec. 5, 1791, at age 35 in Vienna suggests the culprit was likely trichinosis.

The illness is usually caused by eating undercooked pork infested with the worm, and could explain all of Mozart's symptoms, which included fever, rash, limb pain and swelling, says Dr. Jan V. Hirschmann of Puget Sound Veterans Affairs Medical Center in Seattle.

Hirschmann offers as damning evidence an innocuous little let-

Please see MOZART, Page A2

Death toll rises from southeast U.S. flooding

The Associated Press

HOUSTON — The death toll from flooding caused by the remnants of Tropical Storm Allison rose to 16 in Texas and Louisiana, and one official's estimate of damage in Houston neared \$1 billion.

Houston Mayor Lee Brown estimated Sunday that 5,000 homes and businesses had been damaged since the flooding began Friday. At least 10,000 homes were believed damaged in surrounding Harris County, Tax Assessor Paul Bettencourt said.

"If I were to give a guess, it would top \$1 billion," Brown said of the damage. "That would be a guess, but it would suggest we have had a serious problem."

At least one storm-related

Damage in Houston could top \$1 billion; Louisiana prisoners capture 7-foot fish

death was reported in Louisiana, and Texas officials said the death toll in the Houston area was up to 15.

Brown urged downtown employers to give workers the day off today.

At least 9,000 people were being helped in more than 30 shelters, Red Cross director John McDevitt said.

A rain gauge on the city's east side had measured nearly 3 feet of rain since Allison, the first named storm of the Atlantic hurricane season, came ashore last week. More than 20 inches of rain fell on some areas on Friday

and Saturday, when the wet weather swung around and returned from Louisiana.

"This is overwhelming," Houston police Sgt. C. J. Klausner said as he watched crews pulling dozens of cars and tractor-trailer rigs from Interstate 610, which was closed for a third day.

Snakes and lizards floating in the 3 feet of water in his house forced Al Guillen and his family to move to the second floor of their home in the Houston subdivision of Hunterwood Village.

"We were having a battle with them last night. I kept telling them, 'This is my house, get

out,'" Guillen said with a laugh Sunday after being rescued by the National Guard.

At the Louisiana State Penitentiary, prisoners Friday pulled a 6-foot-9-inch, 164-pound alligator gar from an overflowing ditch as waters flooded the grounds.

"I called the state to see if it's a record," Warden Burl Cain said. "They said it had to be caught on a rod and reel. We caught him with a hay string, like you bale hay with. The inmates got a little old rope around his neck and dragged him out."

The high water also helped Cain and an inmate catch a 5-foot alligator Friday to show Billy Bob Thornton and other members of a crew filming scenes for the movie "Monster's Ball" at Angola.

Timothy McVeigh prepares for death early today

The Washington Post

TERRE HAUTE, Ind. — Timothy James McVeigh prepared Sunday for his execution in the way he had lived much of his adulthood, alone with his convictions and detached from the emotions converging on the small death chamber on the edge of the U.S. Penitentiary here.

The Oklahoma City bomber spent much of Sunday writing to

Please see McVEIGH, Page A2



Oklahoma City bombing survivor Brandon Denny, 9, plays at the national memorial Sunday in Oklahoma City. Brandon suffers from physical effects from the blast.

Life without McVeigh won't bring relief, some families say

The Associated Press

Ronald Brown looks past Timothy McVeigh's execution today and sees a pizza.

It's already planned. He and his almost-10-year-old son will go to a restaurant near their Florida home, and Brown will tell the boy how it felt to see Grandpa's killer die.

Sherly Gottshall, too, has a vision of life after McVeigh. She sees her two children splashing in a pool outside Houston, oblivious that McVeigh is dead and that

vengeance has been won for the big brother they'll never know. When they are not looking, she'll cry.

"I do not anticipate feeling better at all," said Gottshall, who reserves her tears for the 6-month-old baby killed in the daycare center that was in the federal building smashed by McVeigh's bomb.

She and other talk of the future and mean Tuesday or Wednesday. McVeigh's act forced them to live that way,

Please see VICTIMS, Page A3

FORECAST FOR MAGIC VALLEY

AccuWeather.com

IDAHO

Idaho Extremes Yesterday:
 High 93°
 Mailed Low 31°
 Starley

Missoula 62/43

ALMANAC

Two Falls through 8 p.m. yesterday
 Temperature: 62°/43°
 High/Low: 82°/55°
 Normal high/Low: 72°/45°
 Highest/Low: 74°/42°
 Record high/Low: 80°/1580°
 Record low: 37° M 1875°
 Precipitation: 24-hour ending 8 p.m., year: 0.00°
 Month to date: 0.05°
 Normal month to date: 0.33°
 Water year to date (Oct. 1): 7.7°
 Normal year to date (Oct. 1): 8.42°
 Humidity
 Barometric Pressure
 Yesterday at 8 p.m.: 29.89 in.
 Pollen yesterday in Twin Falls
 Grass: Moderate Weeds: Absent
 Trees: Moderate Mold: High
 Source: Asthma and Allergy of Idaho

FIVE-DAY FORECAST FOR TWIN FALLS

TODAY	TONIGHT	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breezy and cooler with sun; showers.	Chillier with showers possible.	Windy and chilly; a couple of showers.	Milder with clouds and rain.	Sunshine and a few clouds.	Nice with clouds and sun.
▲75° ▼43°		▲56° ▼36°	▲62° ▼38°	▲72° ▼44°	▲72° ▼42°

REGIONAL WEATHER

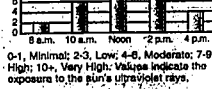
Southern Idaho: Breezy and cooler today with times of clouds and sun. A shower or thunderstorm may develop late in the day. High 65-76. Chillier tonight with showers still possible. Lows 38-46.
 Boise: Cooler today with clouds and sun. A shower or thunderstorm can develop late in the day. High 70. Party to mostly cloudy tomorrow night with showers. Low 47.
 Northern Nevada: Sun and a few clouds today. Breezy with highs 75-85. Clear to partly cloudy and cool tonight. Lows 35-36. Sunshine and some clouds tomorrow. Chance for a shower near the border.
 Northern Utah: Cooler with sun and some clouds today. Highs 70 in the mountains to 85 in the valleys. Early cloudy tonight. Lows 50-50. Much cooler tomorrow with showers and thunderstorms likely.
 Northern Idaho: Breezy and cooler today with more clouds than sunshine; there will also be a few showers. Highs from the 50s in the higher elevations to the upper 60s in the lower valleys.

NATIONAL WEATHER	Yesterday (for the 48 contiguous states)
High 113° in Death Valley, CA Low 30° in Truckee, CA	

SUN AND MOON

Sunrise today: 6:00 a.m.
 Sunset today: 8:15 p.m.
 Moonrise today: 1:02 a.m.
 Moonset tonight: 11:02 a.m.

UV INDEX TODAY

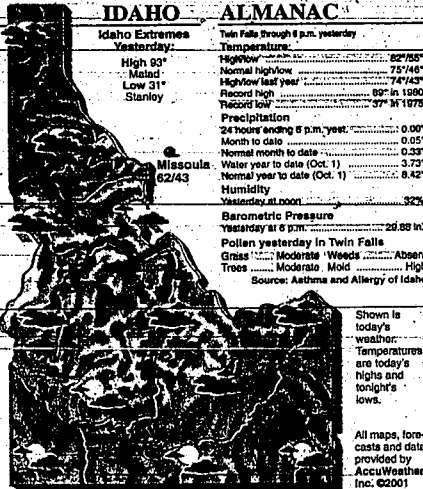


CANADIAN CITIES

City	Today	Tue.
Calgary	54-72	53-58
Edmonton	54-70	54-72
Halifax	54-70	54-72
Kalowa	62-82	61-83
Lansdowne	45-57	46-58
Regina	58-71	59-73
St. John's	58-71	59-73
Victoria	48-58	61-62
Winnipeg	75-84	73-83

WORLD CITIES

City	Today	Tue.
Auckland	64-74	61-74
Buenos Aires	68-88	68-88
Chicago	68-88	68-88
Hong Kong	68-88	68-88
Los Angeles	68-88	68-88
London	68-88	68-88
Manila	68-88	68-88
Paris	68-88	68-88
Rio de Janeiro	68-88	68-88
Sydney	68-88	68-88
Tokyo	68-88	68-88
Zurich	68-88	68-88



REGIONAL CITIES

City	Today	Tue.
Boise	70-87	64-80
Bonnerville	58-74	54-43
Idaho Falls	77-94	67-83
Ketchikan, MT	65-87	57-45
Malta	67-85	61-45

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NATIONAL WEATHER



NATIONAL CITIES

City	Today	Tue.
Atlanta	80-83	78-87
Baltimore	68-80	68-80
Boston	71-81	64-74
Chicago	68-88	68-88
Cincinnati	78-82	68-85
Cleveland	68-80	70-77
Dallas	78-82	68-85
Denver	68-80	68-88
Houston	68-80	70-77
Los Angeles	78-82	68-85
Miami	78-82	68-85
Minneapolis	68-80	68-88
New York	68-80	68-88
Philadelphia	68-80	68-88
Pittsburgh	68-80	68-88
Portland, ME	72-84	75-86
Raleigh	68-80	68-88
San Diego	68-80	68-88
Seattle	68-80	68-88
St. Louis	68-80	68-88
St. Paul	68-80	68-88
San Francisco	68-80	68-88
San Jose	68-80	68-88
Seattle	68-80	68-88
San Francisco	68-80	68-88
Seattle	68-80	68-88
St. Louis	68-80	68-88
Washington, DC	68-80	68-88

Murtaugh

Continued from A1
 Many community residents have come to dread certain seasons because of the number of tragedies adding up, Strohmeier said. To some, it seems that Murtaugh has seen more than its share of such accidents.

A disturbing trend
 No statistics exist on how many accidents or deaths take place in each Magic Valley community. Accidental death figures are recorded to include all accidents by county. But Murtaugh-Hansen Quick Response volunteer Ron Andersen, who lives in Murtaugh, has seen many accidents in his 25 years as an emergency medical technician. His territory covers the Snake River Canyon to halfway between Hansen and Kimberly. He said he does not believe Murtaugh has been hit harder than surrounding communities.

"I would say out of every 10 calls we get, only one is for Murtaugh," he said.
 He qualified his statement.
 "But when we do get a call out here, it's usually tragic," he said. And Andersen said when he considers the intense recreational use going on at Murtaugh Lake, with literally thousands of visitors, coupled with the high traffic on Highway 20, he is surprised more accidents don't occur.

However, Idaho's record overall for teen-ager death in car accidents over the past decade is rising, Sharp said.

"We're seeing this all over the state," he said.
 Five of Murtaugh's eight teen-agers died in motor vehicle collisions, but Andersen said rural

Idaho driving
 1,998-99 motor vehicle deaths for age group 15-24 Magic Valley and Wood River Valley was 126.
 Health District 5, which includes the eight counties of Magic and Wood River valleys, has the highest motor vehicle death rate in Idaho for the age group.
 National studies show that with seat belt use, half of all people who die could walk away from the collision. Ejected occupants are four times more likely to die.
 Nationally drivers wear their seat belts 69 percent. In Idaho the average is 59 percent. In southern Idaho the average is 46 percent.

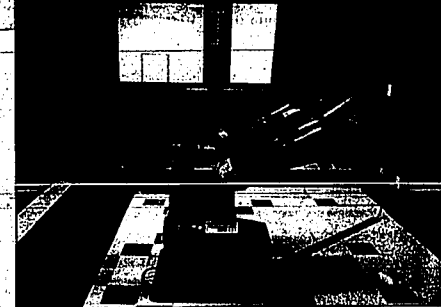
And there are other factors, Andersen said. He believes affluence plays a role.
 "Almost every kid has a car," he said.
 Jim Perkins, another Murtaugh resident, pointed out that rural families with multiple teens involved in numerous activities can't avoid letting their teens drive.
 "You'd go crazy trying to get them all where they need to go," he said.
 Today's automobiles are outfitted with more distractions, too.
 "If you're driving and you're her grandson distracted by the CD player when driving, Perkins added cell phones to the list.
 "Then there is the risky behavior teen-agers tend to exhibit."
 "Often times young drivers feel they are invincible," Sharp said. "The biggest thing we always hit on is kids not wearing seat belts. We can ever stress enough that the biggest factor we see in people who die is that they're not wearing seat belts."

A supportive community
 The wondering and what-ifs won't bring Strohmeier's grandson back to life, but Strohmeier does say she can't think of a better place to live than Murtaugh when adversity hits.
 "It was less than one hour after I found out about Cameron that my house started filling up with people," she said.
 "Then the food started coming." And the caring didn't stop. People just kept checking on me for weeks, for months."
 Andersen said the entire community put work aside when services were held for these young teens.
 "A possible reason Murtaugh people are so affected by these untimely deaths is that they are more noticeable in small populations," Strohmeier said.
 "Perhaps Andersen explained it best when he said, "When we had to tell one of our neighbors bad news, we don't say 'I have bad news.' We always say 'we' have bad news."

MeVeigh

Continued from A1
 friends, briefly meeting with his attorneys, eating a final meal alone and napping. His lawyers said he was calm and showed no signs of anxiety or regret, and seemed interested to fulfilling his death sentence.
 "He's finishing doing what he has been doing for months, and he wants to do that alone," his attorney Rob Nigh Jr. said in an interview. "He's going through the process step by step to prepare mentally for each stage - being walked to the death chamber, being strapped to a gurney and being hooked up to an IV to die."
 McVeigh, 33, is scheduled to die by chemical injection at 6 a.m. MDT today. The execution will be observed in person by 24 witnesses plus an unspecified number of government officials. Three hundred survivors and relatives of victims will watch the execution at the airport in Oklahoma City via a closed-circuit telecast.
 McVeigh asked that little information about his final hours be made public before his death. His attorneys said he planned to make a final public statement, but they declined to say whether he would speak from the death chamber or authorize its release after his death. His final statement will not be intended to cause more pain, the lawyers maintained.

Muslim rebels threaten to kill U.S. hostage
 Thursday threatened to kill a Californian and a Kansas couple, setting a vague deadline. This was the first time he actually set a time - noon, local time, on Monday. That deadline was at 10 p.m. Sunday. Asked whether he will kill an American or a Filipino hostage, he said: "I will make sure it will be a white."
 ZAMBOANGA, Philippines (AP) - A Muslim extremist leader phoned a local radio station Monday and said he would kill at least one American hostage that day unless the government appoints two Malaysians to negotiate their release.
 Abu Sabaya, leader of the Abu Sayyaf extremist group, had on



Timothy McVeigh was scheduled to be executed in this room at the U.S. Penitentiary in Terre Haute, Ind., at 6 a.m. today.

"The effect that they have is going to be up to the listener," After meeting with McVeigh Sunday, Nigh said, "He wishes to make it known that he does feel for people; he is sorry for the suffering. But again, that is not to say that he thinks he was wrong... In his mind, it was a military action."
 McVeigh was sentenced to death after his conviction for the April 19, 1995, bombing of the Alfred P. Murrah Federal Building, which killed 168 men, women and children in the worst terrorist attack on U.S. soil. He will be the first federal prisoner to be executed in 38 years.
 Prison officials moved McVeigh from his cell at the penitentiary to the death chamber's holding cell shortly after 2 a.m. MDT Sunday. During the short trip - he requested that his face not be visible to the hundreds of journalists covering the execution - "he was able to look up in the sky for the first time in a number of years and see the moon directly," Nigh said.

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 Daniel Wolock, circulation director
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Committees

The Agriculture Department will help the rules that require management of agricultural odors.
 The committee will help the Agriculture Department establish the rules that require management of agricultural odors.
 Dairy neighbor Ed Smith of Filer, a member of Twin Falls County commissioners' former livestock ordinance committee, said it appears there are plenty of industry representatives on the committee, and he hopes that citizens affected will be considered as the rules are established.
 The committee will help the Agriculture Department establish the rules that require management of agricultural odors.
 Agriculture staff writer Jennifer Sandmann can be reached at 733-0934, Ext. 241, or by e-mail at sandmann@magicvalley.com

Odor

Continued from A1
 rules. The department's goal is to have the rules ready for the 2002 Legislature. Lawmakers must approve them.
 Dairy neighbor Ed Smith of Filer, a member of Twin Falls County commissioners' former livestock ordinance committee, said it appears there are plenty of industry representatives on the committee, and he hopes that citizens affected will be considered as the rules are established.
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CORRECTION

The Times-News incorrectly reported Saturday the relationship of Velda Schoolcraft to Walter Schoolcraft.
 Velda Schoolcraft is Walter Schoolcraft's sister-in-law, not mother.
 The Times-News regrets the error.

Bush heads abroad with little change in U.S. policies

The Washington Post

WASHINGTON — On the eve of President Bush's debut in Europe, the administration has sharply changed course on a series of foreign-policy issues, stepping up U.S. involvement in several volatile regions while seeking to ease concern among allies about American unilateralism.

In areas such as Middle East peacemaking, Balkans peacekeeping and the Korean peninsula, the Bush administration is nearing the five-month mark with positions that increasingly resemble those of the Clinton years, while the president and his top lieutenants have long disparaged.

Last week saw a succession of reversals. On Tuesday, Bush dispatched CIA Director George J. Tenet to resume security talks in the Middle East only months after curtailing the agency's high-profile involvement in efforts to end the Israeli-Palestinian conflict.

The next day, national-security adviser Condoleezza Rice acknowledged that the administration had fumbled its handling of global warming, needlessly alarming American allies in declaring the Kyoto protocol aimed at reducing greenhouse gases was dead. She said the administration was now working "very, very hard" to develop a substitute.



President George W. Bush

On Thursday, Secretary of State Colin L. Powell told the visiting South Korean foreign minister that the United States would reopen missile talks with North Korea, which the new administration had suspended in March.

"When ideology meets reality, reality usually wins," said James M. Lindsay of the Brookings Institution. "People who had

expected that this administration would come in and rearrange the furniture are going to be disappointed. At the end of the day, this administration will look a lot like its predecessors."

Several of these shifts reflect a new willingness by the Bush White House to become more deeply involved in regional conflicts, a hallmark of the Clinton administration.

President Clinton had promoted the CIA, and Tenet in particular, to a public role in brokering security agreements and refereeing disputes between the Israelis and Palestinians. The previous administration had also been closing in on a deal that would

send economic aid to famine-stricken North Korea in return for a commitment to stop development of long-range missiles and halt exports of missile technology.

State Department spokesman Richard A. Boucher said the Bush administration will not pursue a policy identical to Clinton's. In the case of the Middle East, the United States will demand that the two sides take direct responsibility for clamping down on the 8-month-old surge in violence. On the Korean peninsula, he said, the administration will put greater emphasis on verifying agreements with North Korea.

Nor, Boucher said, are the latest changes in direction an about-face as much as an evolution as the young administration finishes its foreign-policy review.

Robert Kagan, a conservative commentator and former State Department official, said the early positions staked out by the Bush administration reflected the longtime GOP critique of Clinton policies. "They came into office determined to reverse all of those policies," he said. "The tremendous extent of campaign rhetoric and eight years of Republican carping cannot so easily be translated into policies. They're now returning to the Clinton status quo."

White House stalls release of Reagan papers

The Washington Post

WASHINGTON — The Bush White House is blocking the release of 68,000 pages of confidential communications between President Reagan and his advisers that officials at the National Archives had proposed to make public months ago.

Relying on an obscure executive order that Reagan issued just before leaving office, White House counsel Alberto R. Gonzales last week ordered another 10-week delay so Bush can decide whether to invoke "a constitutionally based privilege or take other appropriate action."

The papers, some of them dealing with Reagan-era officials who have high posts in the Bush administration, were to have been disclosed in January under a federal law saying they could be restricted at the most 12 years after Reagan left office.

Some historians believe the first official insights into the workings of the Reagan White House, say Bush may be reluctant to disclose what some of his top advisers committed to paper in the strife of the Cold War and divisive domestic disputes.

HAIL OF A JOB



A payloader works to remove a river of hail that clogs the Seventh Street railroad underpass Sunday in Blomark, N.D. Three separate storms Saturday night dumped large amounts of rain and hail on the state capital and its sister city, Mandan.

Congress expects defeat on school voucher idea

Los Angeles Times

WASHINGTON — Congress this week expects to give a ritual burial to an idea championed by conservatives and endorsed by President Bush: government vouchers for private school tuition. But little-noticed developments on two other fronts show that the movement to give more parents more choices beyond the public school system is moving ahead.

Legislation that would permit the use of federal school money for private tutoring almost certainly will be enacted. In another significant precedent, parents will be allowed to sock-away \$2,000 a year, earning tax-free interest for private school tuition.

"It's all a step in the right direction," said Christina Culver of Children First America, a group that promotes school vouchers.

This year's school reform debate shows again that big causes — in this case, offering private alternatives to struggling public schools — often advance in small steps. The question is whether those increments over time add up to something more.

Opponents of vouchers insist they will hold the line. On Tuesday, the Senate is expected to reject a proposal by Sen. Judd Gregg, R-N.H., to spend \$50 million to launch a voucher program

for students from low-income families in as many as three states and 10 local school systems.

Last month, the House rejected similar proposals advanced by the GOP leadership. Even Gregg acknowledged that he lacks the votes to win. Rejection of the Gregg proposal should close the current congressional debate concerning vouchers, which Bush conceded weeks ago, and clear the way soon after for Senate passage of a bill authorizing federal aid to elementary and secondary schools.

But on this issue, both sides know there always is another fight around the corner. Backers claim vouchers are a matter of justice and sound policy — justice, they say, because poor children should not be trapped in failing schools; policy, they say, because public schools will benefit from private competition.

Victims

Continued from A1

day by day.

Some talk of healing. Some hope that McVeigh's end might end part of their pain. Many make simple plans to gather and hold those who are dearest.

"I'm going to get back to my daily life," said Paul Howell, whose 27-year-old daughter died with the 167 other victims of McVeigh's bomb. "I have neglected my kids and grandkids too long gone much."

Richard Williams plans to find his peace in the quiet of his desk, the pages of his manuals and books.

After the TV crews leave Oklahoma City, he'll get back to helping manage government buildings, which is what he was doing when McVeigh's bomb crushed his hand, slashed his skull and left his right ear dangling. "For me, it's just another chapter in the journey we've been on these six years or so," Williams said of the execution. "I don't understand or

Haute to watch McVeigh die. He lost his father-in-law, Robert G. Westberry, a federal agent.

When the execution is over, Brown plans to catch the earliest possible flight home to Keystone Heights, Fla., and have that promised talk with his son.

He will go to the private Christian school where he teaches fifth and sixth graders, and put his maps and posters away for the summer. And then, he and his family will enjoy a vacation that will include fishing. "I don't plan to catch anything," he said.

Gottshall has a 5-year-old daughter and a 3.5-year-old son, and a warning for anyone who dares to mess with her children: If she could wrap her hands around McVeigh's neck, she would.

She'll never forget standing on the rubble of the federal building telling a police officer that somewhere there had been a daycare center. Her baby, Kevin Lee Gottshall II, would have been sleeping in his crib when McVeigh's bomb detonated.

Some day she will tell her children about McVeigh. They already know about the brother they call Lee, and that is what is most important to her. "We ask everyone to learn about him. To think about him, and don't forget."

any. Fulton expects a wild ride. She was one of 10 witnesses chosen to watch the execution in the prison at Terre Haute, Ind., for the murder of her brother, Paul Lee, and other federal agents.

She'll seek the bright lights, the circles of reporters, to tell the world about how her brother cared for his country as a Marine and as a proud federal officer. She thinks it's important his country know that.

When she's done, she'll slip home to Red Wing, Minn., to her five cats, two dogs and the "World's No. 1 husband."

"I'll probably crash emotionally," she said. "You tend to get overwhelmed."

Brown planned to be in Terre

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AROUND THE VALLEY

Plane problems delay escapee's return

JEROME - A man who escaped from the Jerome County Jail more than seven months ago will not be turning himself in to police today as was planned, his mother said Sunday.

Monte Ray Boston, 23, could not get a flight from an undisclosed location to Tijuana on Monday, his mother, Debbie Lagunas of Gooding said Sunday.

"It's not that he's playing games or anything like that - he just can't get a flight," she said, adding that her son is very scared.

Lagunas was informed of the change Sunday evening. Lagunas declined to say where her son was staying.

Boston has eluded authorities since he and two others inmates fled the jail Nov. 23, 2000. A guard was severely beaten during the escape, officials said. The other inmates turned themselves in.

Lagunas said she has not been able to contact by phone FBI agents or local police about her son's predicament. A San Diego FBI agent was to meet Boston at the border.

Lagunas said the earliest her son may arrive in Tijuana is Tuesday.

Hollister youth dies in car accident Saturday

HOLLISTER - A 17-year-old Hollister boy was killed in an accident Saturday afternoon.

Shawn S. Brown was killed after the 1989 Dodge Pickup truck he was driving crossed into the northbound lane of Highway 93, ramming head on into a 2000 Volvo semi tractor, according to an Idaho State Police press release.

The accident happened at 4:30 p.m. at milepost 27 near Hollister.

Brown was not wearing a seatbelt. He was pronounced dead at the scene. The semi's driver, David G. Preville, 32, of Canada, was wearing a seatbelt and was uninjured.

The ISP is still investigating the accident, the press release says.

No other details were available Sunday.

Sheriff's association warns of phone scam

POCATELLO - The Idaho Sheriff's Association is warning people of an illegal racket involving the use of the association's name.

"The Idaho Sheriff's Association has just been informed of a group or individual which is soliciting funds under the name of the Professional Sheriff's Association," a sheriff's association press release issued Sunday said. "It is unknown at this time who is doing the solicitation, but they do not represent the Idaho sheriff's."

The caller asks for a credit card donation, asking the caller to pledge money.

The sheriff's association warned people not to give money to these people or the individual making the call.

"While the Idaho Sheriff's Association does conduct telephone solicitation upon occasion, no money is ever asked for until the caller is mailed a pledge card and receives verification of their pledge, the amount is pledged and other useful information in the 'mailing,' the release says.

No other details were available Sunday.

Anybody with a question is contacted to call the sheriff's association at (208) 233-9699.

Planning and zoning commission to meet

JEROME - The Jerome Planning and Zoning Commission will meet at 7 p.m. Tuesday at the Jerome City Council chambers, 100 East Ave. A.

On the agenda is a public hearing to consider a request from Lincoln Developers LLC and Hantz to rezone the southwest corner of the intersection of South Lincoln and 100 S. Road from manufacturing light to neighborhood services and discussion of this request.

Also scheduled is a brief discussion regarding the work session scheduled with county representatives and a joint meeting with Jerome County Planning and Zoning to discuss the area of impact.

Compiled from staff reports

Hospital Board to mull expansion

The Times-News

TWIN FALLS - Plans to add more room to the county hospital's emergency department and remodel a few of its other departments will be reviewed today by the Hospital Board.

Administrators at Magic Valley Regional Medical Center will ask board members at today's meeting to approve a \$315,000 development plan for the proposed expansion and remodeling that focus on the

Meeting time
The Hospital Board at Magic Valley Regional Medical Center meets at 6 tonight in the Sage Room.

emergency department and outpatient services. Shawn Barigar, hospital communications manager, said the proposal includes expansion of the emergency department, expansion and remodeling of same day surgery, and remodel-

ing of outpatient services and the radiology department. The project's total cost is estimated between \$4.7 million and \$5.9 million and includes equipment and furnishings.

Here is a rundown of the plan:

- A 10,000-square foot expansion of the roughly 4,000-square foot emergency department.
- A 1,200-square foot expansion plus a 1,500-square foot remodel of the same day surgery department.

• A 4,500-square foot remodel of outpatient services departments.

• A 3,150-square foot remodel of the radiology department.

The expansion and remodeling address issues of space and patient flow, Barigar said. Patient flow involves "keeping the related services in a centralized location for the ease of care of the patients," he said.

A \$52,000 planning study in 1997 said the hospital, which at

that time covered 154,000 square feet, really needed 195,000 square feet.

A lack of space in the emergency department has been discussed for some time by the hospital.

The department sees upward of 16,000 patients a year.

In other meeting news, an update of the Hospital Board's proposed lease of the county-owned hospital is not scheduled on the agenda but possibly could be raised at the meeting.

PRESERVING NATURE



KURT NELSON/The Times-News

Ketchum Ranger District Supervisor Kurt Nelson points out an area along Baker Creek where campers have compacted the soil, causing the stream bank to erode, the stream to widen and the vegetation along the stream bank to die out. The other side of the creek, by contrast, has not eroded and retains vegetation necessary to keep the stream cool for fish.

Rangers revamp Baker Creek camping sites

By Karen Bossick
Times-News correspondent

BAKER CREEK - Your favorite outdoor bedroom might have been moved down the road.

Ketchum rangers have been closing down unrestricted camping and designating camp sites along the 9-mile Baker Creek Road, which lies 13 miles north of Ketchum. The goal: to reduce erosion along stream banks and protect vegetation.

"The problem is, Baker Creek is being loved to death, thanks to growth in the valley and in Idaho," said Kurt Nelson, district ranger for the Ketchum Ranger District. "It used to be sites would be used three, maybe four times all summer long. Now, they're being used three and four days a week all summer long."

The area, which features a



Ketchum District Ranger Kurt Nelson walks through a road that has been ripped up, reseeded and strewn with sagebrush and pine tree debris to keep campers from driving on it. Trout stream and trails offering short hikes to picturesque moun-

tain lakes, is the most popular camping area on the Ketchum

Ranger District. Between 3,000 and 5,000 campers are estimated to camp up to 16 days in the area during the summer.

The idea behind designating camp sites isn't to keep people from camping in the area. In fact, visitors will find about 45 camp sites, up from an estimated 35 that were in use before. And the Forest Service plans to add at least 10 more, Nelson said.

Campers who refuse to camp in designated sites are subject to a \$75 fine.

Signs touting "Overnight camping permitted only in designated sites" may come as a surprise to campers from Twin Falls, Burley, Jerome and other areas who have been camping in the area for three and four generations.

But Nelson said he knew he Please see CAMP, Page A6

District Health encourages HIV testing

The Times-News

TWIN FALLS - As part of the National HIV Testing Day on Wednesday, June 27, District Health is encouraging people who may be concerned about their HIV status to be tested.

"Testing is confidential and easy," said Tina Thibault, HIV advocate for South Central District Health. "If you are at risk for HIV infection, you owe it to yourself and those you love to get tested. If you test negative, you can have peace of mind and get information about how to stay negative. If you test positive, you can get the treatment you need to help improve and lengthen your life."

HIV testing is a simple, completely confidential procedure. First, the person is asked to complete a risk assessment that identifies the person's potential risk for contracting HIV or other sexually transmitted diseases. After

In the United States, in the 25- to 44-year-old age group, HIV and AIDS were the second-leading cause of death.

this, the individual will sign a "consent to test" form and will discuss risk and harm reduction with a counselor. Then, a small vial of blood will be drawn from the arm or vein and will be collected from the mouth between the cheek and gum. The collected sample will then be sent to a lab for processing. Most test results are returned within 14 days.

There are 36 million people worldwide infected with HIV. For an appointment, call in Burley, 678-8221; in Gooding, 534-4477; in Halley, 788-4335; in Jerome, 324-8838; in Rupert, 436-7185; and in Twin Falls, 734-5900.

eight counties of south-central Idaho, year 2000 statistics showed 62 people were HIV positive and 28 people have died of AIDS.

In the United States, in the 25- to 44-year-old age group, HIV and AIDS were the second-leading cause of death. In 15- to 24-year-olds, HIV/AIDS was the sixth-leading cause of death. And in 25- to 44-year-old African-Americans, HIV/AIDS is the number one cause of death.

"No one will be denied an HIV test because of an inability to pay," said Thibault. "District Health has a sliding fee scale for most patients."

Testing may be done by appointment at any local South Central District Health office. For an appointment, call in Burley, 678-8221; in Gooding, 534-4477; in Halley, 788-4335; in Jerome, 324-8838; in Rupert, 436-7185; and in Twin Falls, 734-5900.

Senior center receives new site manager

By Kialressa Morrison
Times-News correspondent

RUPERT - After deliberations by board members of the Minidoka County Senior Center, a 35-year-old Rupert woman was recently chosen as the organization's new site manager.

For an appointment, call in Burley, 678-8221; in Gooding, 534-4477; in Halley, 788-4335; in Jerome, 324-8838; in Rupert, 436-7185; and in Twin Falls, 734-5900.

Odum's next step is to work with the board, patrons of the center, and the community to help it be one of the top centers in the state. "I won't settle for less than the best," she said. "There's going to be a lot of things for her to learn," said Please see CENTER, Page A6

Council to discuss airport project

By John T. Huddy
Times-News writer

TWIN FALLS - The City Council is scheduled to discuss an airport rehabilitation project Monday.

The council considers bids for the Joslin Field, Magic Valley Regional Airport taxi lane construction, apron construction and pavement rehabilitation project.

The following bids were submitted:

- Idaho Sand and Gravel Co., \$598,501.80
- Desert Sage Contractors Inc., \$1,066,146.40
- Engineer's estimate, \$1,092,352.35

A \$1.6 million airport repaving project was finished in September last year. The upcoming projects are part of the city's plan to rehabilitate the local airport.

The project could include the building of Bureau of Land Management smoke jumper barracks and facilities for air tankers at the airport.

"That project is still in development, according to city officials," Larry Mabbitt, aviation manager for the BLM's South Central Idaho Bureau, said the BLM plans to construct an air tanker base and smoke jumper barracks at the airport could cost anywhere from \$1 million to \$3 million.

"Funding for the first phase of the project should be in the city's hands within a month or two," Mabbitt said in an earlier interview.

He said a local tanker base would be beneficial not only locally, but throughout the Great Basin states, including Nevada and Utah.

"This tanker base would be centrally located and would lend support to places like Reno, Las Vegas, Pocatello and McCalla," Mabbitt said.

Also Monday, the council has scheduled a closed executive session to conduct deliberation concerning labor negotiations or to acquire an interest in real property which is not owned by a public agency.

And Earl Olson and his attorney, Thomas Robertson, will ask that the city revoke the permit of George and Tad Haney's permit to keep animals on their property between Heyburn Avenue East and Shoup Avenue East.

A petition with more than 50 signatures of residents in support of Olson's cause will be presented to the council.

"The 50 households which have signed the petition represent over 75 percent of the total number of households (65) within 300 feet of the Haney property," a letter from Robertson to Twin Falls City Attorney Fritz Winderlich says.

The council has scheduled a public hearing on Olson's request at 6 p.m.

Times-News staff writer John T. Huddy can be reached in Twin Falls at 735-3259 or by e-mail at jhuddy@magicvalley.com

SPORTS

MORNING LINE

SPORTSQUOTE

“I'll never be hung in effigy. Before every season I send my men out to buy up all the rope in Los Angeles.”

—Former USC football coach John McKay when asked about the pressures of coaching

TRIVIA

QUESTION: Which player holds the record for rebounds in an NBA Finals game?

ANSWER: Wilt Chamberlain

TODAY'S SCHEDULE

Legion baseball
 Jerome at Wood River (2), 4 p.m.
 Burley at Pocatello (2), 5 p.m.
College National Finals Rodeo
 CSI at CNFR, at Casper, Wyo.

IN BRIEF

Jensen wins Rupert Amateur tourney

RUPERT — Andy Jensen shot 72 Sunday to win the Rupert Amateur Tournament at Rupert Country Club Sunday.

Jensen finished the two day tournament at 142, two strokes ahead of runner-up Steve Studer for the championship gross title. On the net side, Matt Smith finished with 139 to edge Kip Guiles.

Ray Guiles — downed Scott Spanfield by a stroke to win the gross title in the first flight, while Bill Smith and Richard Creason tied for the net title with 135.

Second flight gross went to Michael Konrad and net went to Anthony Asson. Alan Mohlman won the gross title in the third flight and Gary Friesen took net. Fourth flight gross honors went to Rob Sellers while net went to Gary Gibson.

Childs records ace at Gooding Country Club

GOODING — Nalon Childs of Gooding hit a hole in one Saturday in the Gooding Country Club. Childs used a 4 iron to ace the 158-yard fifth hole.

Witnesses were Kerry Daniel and Tom Jones.

Burke and Potucek win best-ball tourney

HELENS FERRY — Rick Burke and Mike Potucek shot 130, making 109 gross-honors-in-the-championship flight of the Rural Telephone and Carmela Vineyard's Two Person Best Ball Tournament Sunday. Robert Fulton and Gregg Smith finished second with 140.

On the net side, Dustin and Oscar Oden held off Jack Shrum and Kevin King for the win. The duo finished with 110 to win by five strokes.
 Dick King and Gordon Brown shot 149 to win the net flight gross score title, while Jody Allen and Mark Marrell finished at 100 to take net honors.

IF Parks and Rec offers roller hockey

TWIN FALLS — The Twin Falls Parks and Recreation Department is offering roller hockey for ages 7 to adult July 12 through July 5. The non-competitive league will take place on Tuesdays and Thursdays at the South Park tennis courts. Leagues will form for beginners and advanced skaters. Cost is \$12 per person within city limits and \$15 for those outside of Twin Falls.
 For more information, call 736-2265.

Compiled from staff reports

TRIVIA ANSWER:

Bill Russell had 40 twice — against the St. Louis Hawks in 1960 and against the Los Angeles Lakers in 1962.

KING OF CLAY WINS AGAIN IN PARIS

Kuerten-takes-third French Open title

The Associated Press

PARIS — Clay-court artist Gustavo Kuerten crafted another masterpiece Sunday.

Mixing patience, power and pizzazz, Kuerten won his third French Open title by dismantling Alex Corretja 6-7 (3), 7-5, 6-2, 6-0.

The result delighted the Roland Garros fans, who all match long chanted for their beloved "Guga."

In a reprise of his celebration after a harrowing fourth-round win last week, Kuerten used his

racket to carve a heart in the red clay. Then he collapsed on his back with arms spread in jubilation, exhaustion and relief.

During the trophy ceremony, he donned a handmade T-shirt that said "I love Roland Garros" in French, with a heart symbol representing the word "love."

"Every single time I come here, it's special," Kuerten said as a small group of Brazilians celebrated to the sound of samba drums. "Everything that happens here to me is wonderful. It's a place I love to be."

The top-seeded Kuerten became the sixth man to win three French championships and

Please see FRENCH, Page A8



Brazil's Gustavo Kuerten kisses the cup after winning the men's final of the French Open against Spain's Alex Corretja at Roland Garros stadium Sunday.

The French Open

PARIS — Highlights Sunday from the \$5.6 million French Open at Roland Garros:
Weather: Cool and windy.
Temperatures between 62 and 73 degrees.
Attendance: 15,893.
Results:
Men's singles:
 Gustavo Kuerten (1), Brazil, def. Alex Corretja (13), Spain, 6-7 (3), 7-5, 6-2, 6-0.
Women's doubles:
 Virginia Ruano-Pascual, Spain, and Paola Suarez (2), Argentina, def. Jelena Dokic, Yugoslavia, and Conchita Martinez (16), Spain, 6-2, 6-1.

No love lost in Philadelphia

Lakers best Sixers to take 2-1 advantage

The Associated Press

PHILADELPHIA — Kobe Bryant silenced the fans who gave him a rude welcome, and Robert Horry made sure they went home angry.

Bryant scored 32 points, half of them in the second quarter when he gave the Lakers the lead for good, and Los Angeles got 12 fourth-quarter points from Horry to hold off the Philadelphia 76ers 96-91 Sunday night.

In yet another thrilling game in this compelling and entertaining series, the Lakers overcame Shaquille O'Neal fouling out with 2:21 left and took a 2-1 lead in the best-of-seven NBA Finals. Bryant, O'Neal and Horry accounted for 77 of the Lakers' 96 points, with Horry scoring their final seven, including a key 3-pointer with 47 seconds left.

"That's what terminates are for," Bryant said. "Robert came in and did an excellent job. He hit a humongous shot for us."

The 76ers trailed from the second quarter on and missed their one and only chance to tie the game when Iverson could make only one of two free throws with 2:06 left. They pulled within one point before Horry hit the 3-pointer from the corner for a 92-88 lead.

Iverson missed a 3-pointer with 38 seconds left and Raja Bell missed one six seconds later, but Tyrone Lue fouled Iverson on a 3 and he made all three free throws to cut the Lakers' lead to 92-91 with 27.6 seconds left.

Horry made two from the line with 21.3 left for a 94-91 lead, and the 76ers took their final timeout.

Iverson drove to the basket and had to attempt a high-arching shot over the outstretched arm of Bryant. It missed, Horry was fouled on the rebound and made both shots to wrap up the victory.

Game 4 is Wednesday night.



Philadelphia's Dikembe Mutombo (65) and Laker Shaquille O'Neal fight for a rebound during the first half of Game 3 of the NBA finals Sunday. O'Neal fouled out late in the fourth quarter but the Lakers still held on to beat the Sixers 96-91.

Buhl bullies Wood River for pair of wins

By Kevin Hall
 Times-News sports editor

BUHL — Maybe they should play more games on Sunday.

Sean Van Elderen's two-strike, two-run home run highlighted a four-run sixth inning as Buhl rallied to beat Wood River 5-1 Sunday in the first game of an American Legion A doubleheader at Glint-Faux-Memorial Diamond.

In Game 2, Buhl took advantage of seven Wood River errors to improve to 4-0 this season. The loss dropped Wood River to 0-2.

Buhl built a 10-3 in the third with the bases loaded and one out, but failed to plate the necessary runs to end the game early. Wood River mounted a comeback in the sixth, fueled by a two-run home run by Matt Conover, but fell four runs short.

American Legion Baseball

Seth Mathews (1-0) rebounded from a shaky start to pitch seven innings of the Game 1 win. Mathews, who didn't have his best stuff early, scattered six hits with three strikeouts as the Tribe improved to 2-0 in Area C. He also went 2-for-4 at the plate with a pair of runs scored. "I don't know if I ever had it," Mathews said. "I was just a little lucky... I sat too long on the tractor today."
 Ryne Reynoso (0-1) gave up four runs with two outs in the sixth in relief of starter Jeff Bolton, whom he replaced with one out in the fifth. It was the Wolverines' season debut.

Please see BUHL, Page A8

Estes grabs first win in seven years Golfer goes wire-to-wire at St. Jude Classic

The Associated Press

MEMPHIS, Tenn. — Bob Estes had an even-par 71 and held off Bernhard Langer by a stroke Sunday to finish off a wire-to-wire victory in the St. Jude Classic. It was his second career win on the PGA Tour.

Estes started the day with a one-stroke lead over John Daly and Scott McCarron, and was up by four through 13 holes. Then, the man who opened the tournament with a course-tying 61 made it interesting when he bogeyed two straight holes.



Bob Estes is congratulated by fans after winning the St. Jude Classic Sunday in Memphis, Tenn. Estes finished the tournament with a 17-under-par 267, one stroke ahead of Bernhard Langer for his first win since 1994.

Please see GOLF, Page A8

Second title sweet for Avalanche

The Associated Press

DENVER — Amid a euphoric celebration in an overflowing locker room, Colorado Avalanche general manager Pierre Lacroix tipped his head back and gulped champagne from the Stanley Cup.

"Tastes different," he said. Sweeter, perhaps.

Five years after winning the Stanley Cup in their first season in Denver, the Avs survived an emotional journey that culminated Saturday night with a 3-1 victory that allowed defenseman Ray Bourque to lift, kiss and embrace the cup for first time in his 22-year career.

"Seeing Ray hold the cup and the expressions on his face, there couldn't be a better story," said Peter Forsberg, who missed the final 12 playoff games following surgery to remove his ruptured spleen.

"It happened twice in Denver now. You've got John Elway winning with the Broncos, and for us to win it here for Ray, I think it's just awesome. This town should be really happy it happened for two great guys," Forsberg said.

Bourque's successful "Mission 16W" and Forsberg's injury on the eve of the Western Conference finals represented the highs and lows Colorado experienced while becoming the first team since 1971 to recover from a 3-2 series deficit in the finals.

"We never thought in our dressing room that it would end," coach Bob Hartley said. "We knew that to win the Stanley Cup it would be a long and bumpy road. There would be some great times. There would be some tough times."

It was a far different formula from the championship in 1996. Colorado never needed more than six games in a series that year — and swept the Florida Panthers in the finals.

"There is no way to compare this with the last cup," Lacroix said. "This is so much better."

Please see CUP, Page A8

SPORTS

Minico splits weekend road trip

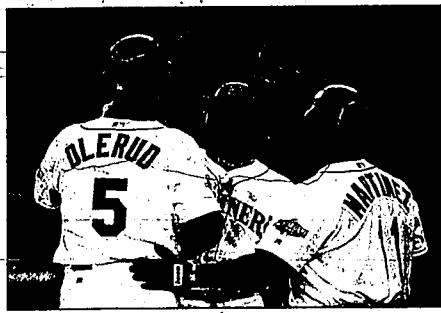
BOISE — Minico's American Legion team ended its weekend road trip with a split of four games against the Boise Senators and Centennial Cannons.

Minico's ninth- and 10th-graders beat the Cannons A team 6-4 behind the pitching of Jordan Mingo and Andy Coats.

Trailing 3-2 in the seventh, Jason Crossland had the game-tying hit and James Oldham hit the game-winner playing 1/3 Diets. Adam Frank had two RBIs.

Mariners return to winning ways against Padres

SEATTLE (AP) — John Olerud, Ichiro Suzuki and Al Martin homered as Seattle won for the 16th time in 17 games, defeating San Diego 8-1 a day after the Padres won 6-3 to stop the longest winning streak in Mariners' history at 15.



Seattle's John Olerud (5) is greeted at the plate by teammates Edgar Martinez (11) and Mark McLemore following Olerud's third-inning homer against the San Diego Padres Sunday.

John Halama (5-4) scattered seven hits in seven shutout innings to complete an 11-1 home stand. At 48-13, the Mariners are 14-10 since Sept. 20, 1999, and allowed six runs and six hits in 2 1/3 innings.

Seattle's John Olerud (5) is greeted at the plate by teammates Edgar Martinez (11) and Mark McLemore following Olerud's third-inning homer against the San Diego Padres Sunday.

John Vander Wal hit an RBI grander off Bob Woad. Travis Miller (0-2) walked Keith Osk with the bases loaded, Abraham Nunez had a two-run single off Jack Crossend, Jason Kendall had a go-ahead infield single and Giles tripped.

White Sox 3, Cubs 1 CHICAGO — Chris Singleton hit a solo homer as the White Sox won for the 13th time in 16 games, taking two of three in the Crosstown Series.

Red Sox 5, Phillies 4 BOSTON — Dante Bichette, taking over as cleanup hitter because Manny Ramirez was sick, went 3-for-4 with a home run.

Orlons 3, Expos 2 BALTIMORE — Jason Johnson (6-3) came without an out of his first complete game in the majors, taking a four-hitter into the ninth inning.

Kip Wells (3-2) allowed one run and two hits in 5 2/3 innings, allowing a solo homer to Rondell White, and Bob Howry pitched the ninth for his third save.

Philadelphia led 3-1 in the eighth before Carl Everett homered off Robert Person, Troy O'Leary hit a tying double off former-Boston pitcher Rheel Cornier (3-1) and Troy O'Leary added another RBI double. Trot Nixon added a run-scoring single in the seventh.

Javier Vazquez (5-7) pitched a six-hitter, allowing two-out RBI singles by Hairston and Brady Anderson in the second inning, and by Cal Ripken in the sixth.

Reds 9, Indians 3 CLEVELAND — Rookie Chris Reitsma (3-5), backed by a 9-0 lead, allowed three runs and nine hits in 7 2/3 innings to get his first win in 10 starts since April 14.

Philadelphia led 3-1 in the eighth before Carl Everett homered off Robert Person, Troy O'Leary hit a tying double off former-Boston pitcher Rheel Cornier (3-1) and Troy O'Leary added another RBI double. Trot Nixon added a run-scoring single in the seventh.

Javier Vazquez (5-7) pitched a six-hitter, allowing two-out RBI singles by Hairston and Brady Anderson in the second inning, and by Cal Ripken in the sixth.

Wood River head coach Brian Nelson said it was a good showing, despite the loss. "I'm happy with the way we played. We hit the ball against them," he said. "They didn't hurt us."

Hideo Nomo (6-3) allowed three runs and six hits in six innings.

Albie Lopez (3-8), who has lost seven straight decisions, allowed eight runs and 10 hits in 5 1/3 innings. Tampa Bay was shut out for the AL-leading sixth time this season.

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SPORTS IN BRIEF

Former USC, Buccs coach John McKay dies TAMPA, Fla. — John McKay, who led Southern California to four national championships before moving to the NFL as the first coach of the Tampa Bay Buccaneers, died Sunday. He was 77.

Giants cornerback weds actress Harmon DALLAS — Jason Sehorn married actress Angie Harmon, a little more than a year after the New York Giants cornerback proposed to her on TV.

Health of Red Sox ace unclear BOSTON — Pedro Martinez should get a better idea Tuesday whether he is still bothered by physical problems that bothered him in his weekend start.

Schumacher brothers finish 1-2 at Canadian MONTREAL — Ralf Schumacher outdrove older brother Michael, pulling away to an easy victory in Formula One's Canadian Grand Prix.

Golf Davies' most recent victory has been 16 months ago at the Los Angeles Women's Championship. If she wins twice more — or picks up her fifth major — it would land her in the Hall of Fame.

Playoff holes decide NFL Golf Classic for Schroeder CLIFTON, N.J. — John Schroeder tapped in a 1-foot putt on the second playoff hole to beat Allen Doyle on Sunday in the NFL Golf Classic and claim his first victory at the Senior PGA Tour.

Australian wins English Open tournament title MERIDEN, England — Peter O'Malley of Australia, who started five strokes back, shot a 6-under-par 66 at the Forest of Arden to win the English Open by one stroke over Raphael Jacquelin of France.

French Kuersten's native language is Portuguese, and he speaks halting English. When did he learn French? "Yesterday," he joked. "I was try to figure out the words I knew, and I put all together."

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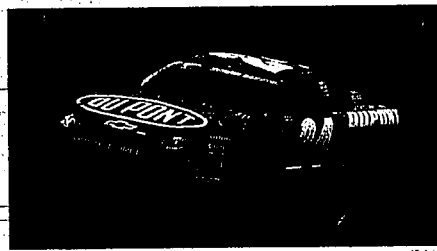
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SPORTS

Gordon takes Kmart 400, gives Hendrick Motorsports 100th win

BROOKLYN, Mich. (AP) — If there were any doubts that Jeff Gordon is back to championship form, he answered them Sunday with a milestone victory. Gordon survived a bad final pit stop that forced him to slice his way through the field, a pair of restarts and a tense battle with Ricky Rudd over the final two laps to win the Kmart 400 at Michigan International Speedway and give Hendrick Motorsports its 100th victory.



With some fancy driving with less than 10 laps to go, Jeff Gordon (24) won the NASCAR Kmart 400 at Michigan International Speedway in Brooklyn, Mich., Sunday. Ricky Rudd was second.

Junior Johnson 133. But Hendrick couldn't be at the track to celebrate the win. His father, "Papa" Joe Hendrick, is scheduled to have heart surgery today. So Hendrick remained in North Carolina to be with him.

So the three Hendrick cars, including Terry Labonte and Jerry Nadeau, donned stickers on their Chevrolet's that said, "Get Well Pop."

Tulane eliminates local favorite Nebraska, Stanford advances at College World Series

OMAHA, Neb. (AP) — Jake Gaureaux's leadoff homer sparked a four-run sixth inning, and Tulane held on to beat Nebraska 6-5 Sunday in an elimination game of the first College World Series for both teams. Michael Aubrey, the Green Wave's designated hitter for the first seven innings, pitched the final two for his first save as Tulane sent the home-state Cornhuskers back to Lincoln without a CWS win.

Dan Johnson and Jed Morris homered for the Huskers (50-16), who put together ninth-inning rallies to clinch the regional and super regional but couldn't come through in Omaha after getting out of a bases-loaded, nobody-out jam in the ninth. Justin Pekarek (0-1), out since February with an elbow injury, didn't get an out after replacing starter R.D. Spieth in the sixth. Pekarek allowed two hits and a walk, and all three batters he faced scored.

er's duel in the College World Series on Sunday night. Ryan Kray's robbed Mike Rose of extra bases with an impressive running catch in the ninth to send the game to the 10th tied at 1, led off with a single off Chad Cordero (3-4) and moved to second on a wild pitch.

second on a wild pitch. Cordero popped up a bunt, and first baseman Aaron Rifkin, running toward home on the play, dived for the ball halfway down the line. The ball hit off Rifkin's glove in fair territory, and Hall beat catcher Brett Kay's throw to third to put runners on first and third and no outs.

Gaureaux's 21st homer of the season sparked the decisive inning. After Gaureaux, Pekarek walked James Jurries, who advanced on a balk and scored on Aubrey's single to center.

Hall, who came in as a defensive replacement in the eighth, came home to score on O'Riordan's single through the right side. Sam Full followed with a two-run triple off Mike Nunez, and Ryan Garko's sacrifice fly made it 5-1.

Stanford 5, Cal State-Fullerton 2, 10 inn.

OMAHA, Neb. — Chris O'Riordan's go-ahead RBI single in the 10th inning led Stanford to a 5-2 victory over Cal State-Fullerton in a hard-fought pitcher's duel in the College World Series.

J.D. Wilcox (5-0) allowed one run in 1-2-3 relief innings for his second win of the College World Series.

SCORES AND STATS

BASEBALL

NL Box Score

Table with columns for team, W, L, Pct, and various statistics for NL teams.

AL standings

Table with columns for team, W, L, Pct, and various statistics for AL teams.

IN THE BLEACHERS

Illustration of a person sitting in bleachers, with text 'I asked for a simple sacrifice bunt, Williams! Knock off the melodrama!' and 'By Steve Moore'.

ON THE AIR

Table listing TV and radio programs, including College World Series, Baseball, and WNBA.

Sunday's NBA Finals box

Table listing NBA Finals games, teams, and scores.

Saturday's Late Boxes

Table listing late box scores for various sports.

WNBA Standings

Table listing WNBA team standings.

WESTERN CONFERENCE

Table listing Western Conference team statistics.

TRANSACCIONS

Section detailing player transactions, including trades and signings.

Interleague Boxes

Table listing interleague game results.

ML Standings

Table listing MLB team standings.

ATHLETICS 6, GIANTS 2

Table listing Athletics vs Giants game stats.

DIAMONDBACKS 12, ROYALS 6

Table listing Diamondbacks vs Royals game stats.

BRUERS 6, TIGERS 3

Table listing Brewers vs Tigers game stats.

ANGELS 6, DODGERS 5

Table listing Angels vs Dodgers game stats.

PIRATES 11, TWINS 8

Table listing Pirates vs Twins game stats.

ST. Jude Classic

Table listing St. Jude Classic golf scores.

College World Series

Table listing College World Series game results.

ASTROS 6, RANGERS 5

Table listing Astros vs Rangers game stats.

BASKETBALL

Table listing basketball game results.

SENIORS NFL Classic

Table listing Senior NFL Classic game results.

FLORIDA

Table listing Florida team statistics.

TEXAS

Table listing Texas team statistics.

MONTREAL

Table listing Montreal team statistics.

NEW YORK

Table listing New York team statistics.

CHICAGO

Table listing Chicago team statistics.

PHOENIX

Table listing Phoenix team statistics.

ATLANTA

Table listing Atlanta team statistics.

INDIANAPOLIS

Table listing Indianapolis team statistics.

MINNESOTA

Table listing Minnesota team statistics.

ST. LOUIS

Table listing St. Louis team statistics.

DETROIT

Table listing Detroit team statistics.

MEMPHIS

Table listing Memphis team statistics.

NEW ORLEANS

Table listing New Orleans team statistics.

HOUSTON

Table listing Houston team statistics.

OTHER VIEWS

Idea to expand public television seems intriguing

The Post Register

Idaho Falls Republican Blake Hall wants to expand the role and mission of Idaho Public Television. That may be baffling to some, especially because many of his colleagues in the Idaho GOP want to gut public television.

Hall's idea is still evolving, but on paper, it looks like he wants a more energetic and provocative public broadcasting operation.

Hall, who is vice president of the state Board of Education, last month proposed folding Idaho's three public television stations back into the individual universities where they are based - KISU at Idaho State University, KAID at Boise State University and KUID at the University of Idaho at Moscow.

Until the early 1980s, Idaho ran three independent public television stations through the individual campuses - and some, like KUID, served as a training ground for students.

Reversing that would be an improvement. Today, any hacked-off legislator can play would-be censor. A couple of years ago, critics put enormous pressure on the state board and IPTV General Manager Peter Morrill to drop a program supportive of gay parents.

Political pressure would have little effect if the stations were operated at the university level. Critics who called the state board would be referred to the university president, who would pass the caller off to the academic vice president, who would in turn contact the dean at the College of Letters and Science, who then would contact the station manager. Six layers of bureaucracy

and Science, who then would contact the station manager. Six layers of bureaucracy would provide considerable insulation against political meddling.

Today, when someone tries to intimidate IPTV, all that Morrill and his staff can rely upon is a national standard of editorial freedom. Violate that standard - as the Legislature did a year ago - and Idaho is subjected to national ridicule.

But if public broadcasters become part of the university community, they could fall under the protection of academic freedom. Violate that and the state could wind up paying some irate public broadcasting faculty member and his attorney a hefty judgment.

None of this comes cheap - and the state can't expect much help from the federal government or the individual contributor. It now costs about \$5.6 million from all sources - including \$1.5 million from the state - to run IPTV. Expanding it to three campus-based stations would cost about \$2.84 million more in ongoing costs, and between \$6.6 million and \$9.9 million in one-time equipment upgrades, IPTV analysts say.

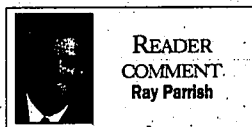
It would be money well-spent. Young Idahoans who want to pursue a career in broadcasting could remain in the state. Educational programming could be expanded. And the viewer would get an opportunity to see more aggressive, investigative reporting at the state level.



Medical staff supports community

In the past few months, both of Twin Falls' medical facilities have had prominent coverage in the media for potential changes in ownership and/or operation. Much has been said and much has been argued about the pros and the cons of these various options. While these impending changes have potential effects on the lives of those of us living here, what really matters is the people who actually interface and perform services at these institutions!

For the past 10 years, the medical staff at the Twin Falls Clinic & Hospital has very quietly and benevolently gone out into the communities of Buhl, Hazelton, Filer, Kimberly and Twin Falls and provided services to the youth and parents of these areas with little or no fanfare. Each May, the doctors from the clinic, supported by their community-minded staff, tour the high schools and junior highs in these communities and conduct physical exam nights for seven schools in these areas. Local parents and youth (both girls and boys) are given the opportunity to obtain the physical examinations that are mandatory for participation in school sports, Boy Scout or Girl Scout activities or any other activity where a doctor's examination is required.



READER COMMENT
Ray Parrish

Not only do they provide this service for the meager cost of \$10 per individual but they donate their time for seven evenings during the month of May and then turn around and donate the bulk of the \$10 back to the individual school's sports budget! They provide more than 1,400 physicals every year.

Virtually every physician who works at the clinic participates in at least one of these sports exam-nights, and many of them participate in every one (i.e., Drs. McClusky and Ward) and their nursing staff does likewise. What few funds are not returned to the schools are then utilized to conduct sports medicine seminars for the various school districts in our area in the late summer for training of coaches and trainers in these schools. Again, these are taught by physicians from the clinic in association with guest

speakers that they bring in to provide our coaches with the best medical knowledge that they can acquire.

After the mass testing on each night, the information and physical forms are then taken back to the clinic and analyzed by the professional staff to note any abnormalities that are indicated for each student. These results are then noted and follow-up is given to each parent. This has enabled countless youth over the years to become aware of vision, health and hearing problems that were unknown until the exam disclosed it.

I think we, as a community, are greatly blessed to have an institution as generous and physicians and staff as selfless as those who staff the Twin Falls Clinic & Hospital. I hope that we recognize that there are a great many things of which we are unaware when we have businesses that put the good of the community first and are too humble to brag about it.

Thanks, Twin Falls Clinic, from someone who knows how much you care and how much you do!

Ray Parrish is the senior loan officer at Region IV Development and the vice president of properties for the Snake River Council of the Boy Scouts of America.

Tax cut rolls quickly, confounds gridlock

The president on Thursday signed into law \$1.35 trillion in tax relief for working Americans. The typical married couple will receive a \$600 check this summer, and tax relief will continue each year for 10 years. When the entire tax cut goes into effect, families with children will benefit by an average of \$1,463 a year.

That is quite an accomplishment, particularly when you remember how the year began. In January, Washington found itself at a crossroads. Economically, we faced a slowdown that had begun unexpectedly months earlier. Budgetwise, the U.S. faced record tax burdens and surpluses that could fuel new government spending. Perhaps the greatest challenge was political because everyone expected a close election and a newly evenly divided Congress to resume partisan gridlock. Together these three obstacles easily could have cemented us into the status quo of conflict-induced inaction.

Instead, the president and Congress chose to move forward. By working together, both parties have guaranteed that Americans will now keep more of what they earn. Income tax rates will fall, death will cease to be taxable, the child credit will increase, the marriage penalty will be reduced, and retirement and education savings options will be expanded.

This is the largest tax cut in 20 years. It is also the biggest bipartisan accomplishment in years, and President Bush is signing it into law less than five months into his term. Many people in

PAUL H. O'NEILL

both parties deserve credit for this quick action. None more than the president himself, who stayed focused on his highest goal - reforming the tax code so millions of Americans could keep more of what they earn and spend it on their own priorities. The president accomplished this feat by uniting members of both parties around these principles:

First, returning surplus tax dollars to the people who sent them is the fair thing to do. The budget surplus was generated by the income tax system and should be returned to payers of income tax.

Second, returning the surplus to the people who earned it is good for families. In the near-term, Americans will begin getting tax relief retroactive to the beginning of this year with further income tax rate reductions taking place in July. When fully in effect, 38 million families with children will see their taxes fall an average of \$1,463 per year, and 43 million married couples will see their taxes drop \$1,730 per year on average. Almost 4 million taxpayers and their families will no longer owe any income tax.

Third, cutting taxes is sound fiscal policy. During the next decade, we are returning a portion of the surplus to the taxpayers while devoting \$2.6 trillion to Social Security and Medicare and paying down the national debt. After assuming above-inflation growth in spending this year, we still have a remaining reserve

fund to address priority issues such as prescription drugs for Medicare beneficiaries, bolstering defense and improving education.

Last, cutting taxes is sound economic policy. The new administration was faced with an economy that had been slowing since last September. The president responded, asking Congress in February to speed up implementation of the tax relief plan and make some of it retroactive to provide a stimulus this year. The resulting tax law will put \$40 billion into the taxpayers' hands before the end of September. I believe the immediate flow of revenue combined with the permanent reduction in income tax rates will boost gross domestic product growth by half a percentage point.

By forging a bipartisan consensus around these principles, President Bush, together with Congress, overcame defeatist deadlock and delivered tax relief that is fair, family friendly, fiscally sound and economically needed. The effects go beyond the economy and the tax code. The president's approach to tax relief is already changing the tone in Washington and laying the groundwork for further accomplishments.

This tax cut is a promise delivered. It will have a real, positive effect on millions of Americans in all walks and stages of life. President Bush has eased America's tax burden and made some of the best evidence that building an agenda around common-sense principles is a recipe for bipartisan success.

Paul O'Neill is the secretary of the U.S. Treasury.

The Times-News

Stephen Hartgen, Publisher; Clark Walworth, Managing editor; Mike Smith, Advertising director

The members of the editorial board and writers of editorial are Stephen Hartgen, William Brock, Clark Walworth, Steve Crump and Dan Fields.

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(202) 224-6142
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Doonesbury

By Garry Trudeau

Mallard Fillmore

By Bruce Tinsley



Congress hides from the public

LETTERS

Sen. Jim Jeffords' party switch changed the Senate's power structure dramatically, but what hasn't changed in Washington is the increasing erosion of the public's right to know and the diminishing ability of citizens to have an impact on congressional actions.



RALPH NADER

Major trade associations and law firms often pack hearing rooms by paying courtiers to stand in line to hold all available spaces for the lobbyists, particularly when major legislation is being considered. When citizens arrive for the hearings, they are told that no seats are left.

This "buying" of seats in public buildings demands the Congress. The leadership of the Senate and House should take action to end the practice.

Committee reports that accompany bills sent to the floor usually list the witnesses who have appeared before the committee. Rules should be adopted that require the committee report to also contain a list of witnesses who have formally requested an opportunity to testify, but have been refused by the committee.

This would give the public some inkling of how the witness list was stacked.

Such a disclosure would not only raise important questions when the legislation reaches the floor, but would serve to discourage the arbitrary rejection of witnesses.

Hearings on Senate confirmations of presidential nominations of officials for key federal offices are becoming insider games in the Senate. Some committees have adopted procedures that limit testimony to that of members of Congress and the nominee, excluding public witnesses.

Some allow submission of written statements on questions that do not live testimony from public witnesses.

This means that many times representatives of citizen organizations are left without an adequate opportunity to present views on the qualifications and positions of nominees who will wield tremendous influence over wide sectors of the federal government including offices involving health, safety, the environment, energy, civil rights and consumer protections and rights.

Rules should be adopted that would require Senate committees to demonstrate that they have sought opinions and testimony from the public.

In a short-sighted bit of economy during the 1980s, the Congress adopted rules that sharply limited the number of copies of hearing records that would be available for distribution to the public.

These records are extremely valuable for citizens who want to track how legislation moves through the committees and how individual members of Congress perform on legislation that affect their daily lives.

Congress needs to increase significantly the number of copies of committee hearings available and make certain that ample supplies reach libraries and schools.

Every member of Congress should be required to post their voting records - both on the floor and in committees - on the Internet in a form that would allow citizens easily to research votes in a database indexed by bill name, bill subject, bill title and member name.

The media do a pitifully poor job of publishing voting records. Major newspapers devote a significant number of their pages to long columns of stock prices, baseball box scores and minute statistics on horse racing, but do not provide congressional voting records except on the most major pieces of legislation.

Sen. Jeffords' party switch was described by some commentators as a "political earthquake." But what would really shake the Washington establishment - and both political parties - would be some new reforms (and enforcement of old reforms) that would open up the Congress to real scrutiny by citizens. Now is the moment to put some bipartisan muscle behind this effort.

Ralph Nader is a former presidential candidate and a consumer advocate with the Congressional Accountability Project, P.O. Box 1446, Washington, D.C. 20036.

T-N Ignored anniversary

Wednesday was June 6 and the 57th anniversary of one of the most important military actions in the history of the U.S., if not the world. What did your newspaper do in honor of those veterans? I am disappointed by your lack of recognition.

BOB LOCKE

Gooding

(Editor's note: The Times-News ran a photo Thursday of President Bush delivering a speech at the National D-Day Memorial Dedication in Bedford, Va. Wednesday. The Times-News also ran a story on the National D-Day Memorial May 28.)

Analysis misleads public

I had wondered how President Bush and his coterie of loyal intellectual hangers were able to keep straight faces when they repeatedly told us that the Social Security Trust Fund was a lousy investment because it yielded only 2 percent interest. I found the answer in a recent edition of The American Prospect.

The interest rate for the trust fund is based on an enhanced version of treasury bond yields and, in recent years, has averaged 6.7 percent. Bush gets his 2 percent figure from two conservative think tanks that play "foot-loose and fancy-free" with anything that doesn't glorify the right wing of the Republican Party: Cato and Heritage.

Both tanks use a system of analysis that is as phony as the Supreme Court's decision to stop the count in Florida. They count all the money that is deposited into the trust fund and claim that's what the yield should be based on. But money goes out of the fund continually and it is on

the balances after the withdrawals that the yield should be based.

An easy example: You have a savings account with \$100,000 in it at 5 percent. In February, you buy a house for \$50,000, leaving a balance of \$50,000 for the remainder of the year. You will earn \$875 in interest, which is a far cry from the \$5,000 you would have earned had you not withdrawn \$50,000; \$875 is less than 1.5 percent of \$100,000. Figures don't lie, but liars can figure.

Because many people get glassy-eyed whenever politicians quote numbers, the politicians rarely are held accountable for what they say. It is here that I address another irritant.

During his campaign to mix the proposed Burley hog farm, former Democratic Gov. John Evans Sr. claimed to have special knowledge. He said that he had confidential information that a firm was considering opening a business in Burley, would employ more than 400 persons, and wouldn't it be sad if the firm moved elsewhere because a hog farm was also being considered for Burley.

Have I missed something? Is the mysterious firm on its way to Burley? Or has there been an announcement by Evans to the effect that the firm isn't coming after all?

Perhaps Evans misunderstood something that someone said, but I doubt it. I believe that the confidential information was as phony as the Bush example above. I realize that politics is a shady game, but on such a grand scale at the local level boggles my thinking.

JOHN WALSH
Burley

Bill was in conference, the negotiations were so secret that some duly appointed conferees, who differed with the legislation, said they were not even informed of the time and place of the meetings where the legislative package was put together.

Both the House and Senate need to adopt binding rules that would require the conferees of any legislation coming out of a conference committee that did not adhere strictly to the requirements for open deliberations.

Bills, particularly 400- and 500-page omnibus measures, that come up in the last days of a congressional session - when there is little time for debate - are often riddled with special-interest provisions, the authors of which frequently remain a mystery. Many times, these secret provisions and votes in the House and Senate conference decisions are put together in secret without formal meetings where the public and the media could observe the process.

In 1999, when the financial services legislation involving hundreds of billions of dollars for insurance companies, banks and securities firms was at a critical point, Sen. Phil Gramm returned a public session of the House-Senate conference and took a select group of conferees and Clinton administration officials into a small office to deal with the final critical details of the legislation.

When a handful of representatives of consumer and community groups quietly followed the conferees into the office, they were summarily ordered out so that the negotiations could be carried out in secret.

When the president's big tax

Economy's investment rules remain unchanged

WASHINGTON - Back before the dot-com bubble burst, it was common for otherwise educated people to be intimidated with the spirits of a "new economy," where the old constraints - including laws of gravity - no longer applied.

The vaporization of a few trillion dollars in the NASDAQ helped to shake a lot of people out of their stupor. Now it seems that another defining feature of the alleged new economy - the productivity revolution - may have been as much a mirage as the wealth of Priceline.com or E-toys at their peak stock valuation.

This week the Labor Department announced that productivity declined by 1.2 percent in the first quarter, its sharpest drop in more than seven years.

"Since most people aren't exactly sure what productivity is or why it is so important, some explanatory productivity is most commonly measured as output of goods or services, for example - per unit of labor.

In English, this means that if we can produce twice as many shoes with the same amount of labor time, we have doubled productivity.

Increasing productivity is the main reason, other than advances in public health and medicine, that most people's standard of living today is higher than that of their grandparents. Notice I didn't say parents. I'll come back to that in a moment.

For reasons still largely unexplained by economists, productivity in the U.S. economy grew much more slowly after 1973 than it did during the first half of the post-World War II era. But from 1995 to 2000, it grew at an annual rate of 2.8 percent, as compared to an average of 1.4 percent in the previous two decades.

To believers in the "new economy" this was the payoff finally arriving from the large investments that had been made in

MARK WEISBROT

new technologies, including computers, software and the Internet.

Most important to investors, this upsurge in productivity - and the seemingly enormous potential of the new technologies to add to this trend - formed the basis for the "irrational exuberance" of the stock market.

If the productivity of the high-tech sector was going to fuel the much faster growth of the future, then the future profits of all these future Microsofts justified their fantastic stock prices.

Of course, most investors never bothered to check this new-found faith against some basic arithmetic. The latter would have showed them that even under "new-economy" assumptions about productivity, the average stock was - and still is - enormously overpriced.

But the difference between 2.8 versus 1.4 percent productivity growth is still big; it is the difference between a nation doubling its income-per-worker over 25 rather than 50 years. So the question is: Do we have a new economy, based on a new form of technology, that will generate higher productivity growth?

Federal Reserve Chairman Alan Greenspan was among those who seemed to accept that we do. In the last few months, he has noted that economic growth of productivity during the current slowdown as evidence for this theory. But the latest numbers tell a very different story: Declining productivity and mass layoffs are the classic accompaniments of an old-style economic slowdown.

How, then, to explain the longest uninterrupted economic expansion in American history, in the 1990s? There were two new things about the economy, although neither was unprecedented. The most obvious was

restoring the conditions under which a rising tide can lift all boats. Then we could celebrate the dawn of a "new economy."

The second, and more important change was the Fed's interest rate policy. Prior to 1996, the Fed believed that unemployment could not fall below 6 percent without igniting a spiral of inflation. The Fed would therefore raise interest rates, in order to slow the economy and increase unemployment, when unemployment fell below 6 percent.

The Fed's decision to abandon this theory allowed the unemployment rate to fall to below 4 percent - a level unseen since the 1960s - and the expansion to continue beyond the point at which the Fed would normally have pulled the plug.

But what's really new and different about today's economy is actually getting kind of old. Over the last 27 years, the majority of the U.S. labor force has failed to share in the gains from economic growth. In other words, the median real wage today is about the same as it was 27 years ago, despite the fact that our economy now generates about \$34,000 more income for every person in the labor force.

This would surely be a scandal if the media were to focus on it, and most people would see our most urgent economic priority as

restoring the conditions under which a rising tide can lift all boats. Then we could celebrate the dawn of a "new economy."

Mark Weisbrot is co-director of the Center for Economic and Policy Research in Washington. He is co-author, with Dean Baker, of "Social Security: The Phony Crisis."

Write to us

Writers who sign letters with false names will be permanently barred from publication. Letters may be brought to our Twin Falls or Burley office; mailed to P.O. Box 548, Twin Falls, ID 83303.

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Dr. Kevin Hall is a 1995 graduate of the University of the Pacific Dental School in San Francisco. He has relocated to Twin Falls with his wife Cynthia and their six month old daughter Karah from San Clemente, CA, where he has practiced for the past six years. Kevin and his family are looking forward to the quality of life and wonderful outdoor activities that Idaho has to offer.

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MAGIC VALLEY

FOR THE RECORD

The Times-News

TWIN FALLS - Recent activity in 5th District Court in Twin Falls is reflected in the following:

Drunken-driving sentences

Twin Falls County

Kim Dudley, 44, 906 N. Broadway, Buhl, driving under the influence following guilty \$500 fine, \$750 court costs, \$200 maintenance fee; suspended, 180 days in jail with 178 suspended; driving while intoxicated, 24 months' probation; submit to alcohol/drug testing, \$35 per month probation fee; comply with all treatment/counseling ordered by probation officer; obtain valid driver's license; 16-hour sheriff's work detail; Magistrate Judge Charles P. Brumbaugh.

City of Twin Falls

James Jay Wagenaar, 24, 222 Falls Ave. W., No. 6, Twin Falls, Court 1, driving under the influence following guilty \$500 fine with \$200 suspended, \$750 court costs, 180 days in jail with 160 suspended; driving privileges suspended for 180 days; 24 months' probation; submit to alcohol/drug testing, \$35 per month probation fee; comply with all treatment/counseling ordered by probation officer; obtain valid driver's license; 16-hour sheriff's work detail; Magistrate Judge Charles P. Brumbaugh.

Misdemeanor sentences

Twin Falls County

Ricky Alan Hubbard, 27, 513 Second Ave. W., Twin Falls, driving without privilege following guilty \$200 fine with \$50 suspended, \$650 court costs, 90 days in jail with 88 suspended; driving privileges suspended for 180 days; 24 months' probation; submit to alcohol/drug testing, \$35 per month probation fee; comply with all treatment/counseling ordered by probation officer; obtain valid driver's license; 16-hour sheriff's work detail; Magistrate Judge Howard Seyver.

City of Twin Falls

Lillian Enarylich Jr., 29, 413 N. Birch, Jerome, Court 1, driving without privilege following guilty \$200 fine with \$50 suspended, \$650 court costs, 90 days in jail with 88 suspended; driving privileges suspended for 180 days; 24 months' probation; submit to alcohol/drug testing, \$35 per month probation fee; comply with all treatment/counseling ordered by probation officer; obtain valid driver's license; 16-hour sheriff's work detail; Magistrate Judge Howard Seyver.

Misdemeanor sentences

Twin Falls County

Randa L. Martin, 19, 676 Prairie Place, No. 201, Twin Falls, Court 1, driving under the influence, amended to inattentive/child driving; amended to fall to jurisdiction; guilty \$200 fine with \$50 suspended, \$650 court costs, 90 days in jail with 88 suspended; 12 months' probation; attend court-ordered alcohol school; Court 2, possession of drug paraphernalia with intent to use; pleaded guilty \$300 fine with \$50 suspended, \$250 court costs, 90 days in jail with 88 suspended; 12 months' probation; attend court-ordered alcohol school; Court 2, possession of drug paraphernalia with intent to use; pleaded guilty \$300 fine with \$50 suspended, \$250 court costs, 90 days in jail with 88 suspended; 12 months' probation; attend court-ordered alcohol school; Magistrate Judge Charles P. Brumbaugh.

City of Twin Falls

Deane Wayne Ronalds, 25, 655 Highway 21, Twin Falls, possession of drug paraphernalia with intent to use; pleaded guilty \$300 fine with \$50 suspended, \$250 court costs, 90 days in jail with 88 suspended; 12 months' probation; attend court-ordered alcohol school; Court 2, possession of drug paraphernalia with intent to use; pleaded guilty \$300 fine with \$50 suspended, \$250 court costs, 90 days in jail with 88 suspended; 12 months' probation; attend court-ordered alcohol school; Court 2, possession of drug paraphernalia with intent to use; pleaded guilty \$300 fine with \$50 suspended, \$250 court costs, 90 days in jail with 88 suspended; 12 months' probation; attend court-ordered alcohol school; Magistrate Judge Charles P. Brumbaugh.

Drunk-driving sentences

Twin Falls County

Wernie Zane Yokom, 23, 2026 Elizabeth Blvd., No. 102, Twin Falls, domestic battery, amended to battery; pleaded guilty \$300 fine with \$200 suspended, \$650 court costs, 90 days in jail with 88 suspended; 24 months' probation; submit to alcohol/drug testing; comply with all treatment/counseling ordered by probation officer; obtain valid driver's license; 16-hour sheriff's work detail; Magistrate Judge Charles P. Brumbaugh.

City of Twin Falls

Edward L. Freeman, 19, 746 Ash St., Twin Falls, driving without privilege; pleaded guilty \$150 fine with \$30 suspended, \$375 court costs, 90 days in jail with 88 suspended; credit for two days already served; 24 months' probation; submit to alcohol/drug testing, \$35 per month probation fee; comply with all treatment/counseling ordered by probation officer; obtain valid driver's license; 16-hour sheriff's work detail; Magistrate Judge Charles P. Brumbaugh.

Drunk-driving sentences

Twin Falls County

Julio Nobles Zamora, 21, 226 W. 209 N., Jerome, possession of drug paraphernalia with intent to use; pleaded guilty \$300 fine with \$200 suspended, \$650 court costs, 90 days in jail with 88 suspended; 24 months' probation; submit to alcohol/drug testing; comply with all treatment/counseling ordered by probation officer; obtain valid driver's license; 16-hour sheriff's work detail; Magistrate Judge Charles P. Brumbaugh.

City of Twin Falls

June L. Thomas, 21, 221 Main St., Cascadeford, driving without privilege; amended to possession of driver's license; pleaded guilty \$300 fine with \$300 suspended, \$750 court costs, 180 days in jail, suspended, 12 months' probation; obtain valid driver's license; Magistrate Judge Charles P. Brumbaugh.

Child support cases

State of Idaho, Child Support Services

Samuel R. Thompson, Seeking declaration, paternity, \$241 monthly support plus 63 percent of medical expenses not covered by insurance; provide medical insurance; \$330 attorney's fee; Divorce filed

Divorces filed

Dennis R. Matson v. Debra L. Matson, Clare Ann Davidson v. Bradford John Davidson, Lenita Clark v. Douglas Earl Peterson, Douglas W. Peterson v. Lenita Joan Peterson, Pamela L. Hansen v. Laura Lynn Martin, Sheila R. Charney v. Rick D. Charney, Stefan John van der Burgh v. Randi van der Burgh

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Daddy's girl is a GOP Barbie

What I do, first thing every morning, is play with dolls. The dolls belong to my 15-month-old daughter, Sophie, who likes to start the day by giving her dolls a toy bottle. She has a strong-nurturing instinct, although it is not matched by her hand-eye coordination, so often she sticks the bottle into a doll's eye. The dolls don't mind. They're always happy. They talk in perky, squeaky doll voices.

"Hi, Sophie!" say the dolls. "Cough cough cough!" The dolls cough a lot, because I provide their voices, and it is not easy to sound perky and squeaky when you're a 53-year-old man and it is 7 a.m. and you have not had your coffee. You have to struggle to get yourself into a doll-voice mood, and you find yourself wondering

what all the other 53-year-old men are doing at that hour. You suspect they're doing manly, grown-up things, like baling hay, or preparing a sales presentation, or burping. They're probably not lying on the family room floor, speaking for a Barbie doll.

Yes, my daughter has a Barbie doll. And not just any Barbie doll: It's a Republican Convention Delegate Barbie. Really. She's wearing a business suit and has a little delegate credential around her neck. In other respects she's a regular Barbie, by which I mean she has an anatomically impossible figure and enough hair to be a fire hazard.

Republican Convention Delegate Barbie was given to my daughter by a woman I know who is connected with the Mattel company, which made a limited number of Republican and Democratic Barbies that were given to the delegates last year at both political conventions. The woman told me that Convention Delegate Barbie is a valuable collectible item, and we should keep her in the box. But of course as soon as Sophie saw Barbie, she had to get her out and give her a nice bottle to the eyeball. In case you were wondering (and you know you were): Republican Convention Delegate Barbie does not wear a brassiere. I will not go into details here except to say that if real Republican convention delegates looked like this Barbie, Bill Clinton would definitely have changed parties.

Anyway, I don't mind playing dolls with Sophie, but it has been an adjustment for me. When my son, Rob, was that age, he played exclusively with trucks, so when I played with him in the morning, all I had to do was make a truck sound, *brummm*, which was virtually identical to snoring. And before you accuse me of giving my children gender-stereotyped toys, let me stress that I got Sophie a truck, a big study one. She uses it as a baby carriage.

When we're done playing dolls, it's time for Sophie's other favorite activity: watching the same videotape 850 times. You see, I know, babies love repetition. If babies want to copy, here's a successful comedian's routine would go like this:

COMEDIAN: I just flew in from the coast, and boy are my arms tired.

AUDIENCE: (Wild laughter.)

COMEDIAN: I just flew in from the coast, and boy are my arms tired!

AUDIENCE: (Wild laughter.)

COMEDIAN: I just flew in from the coast, and

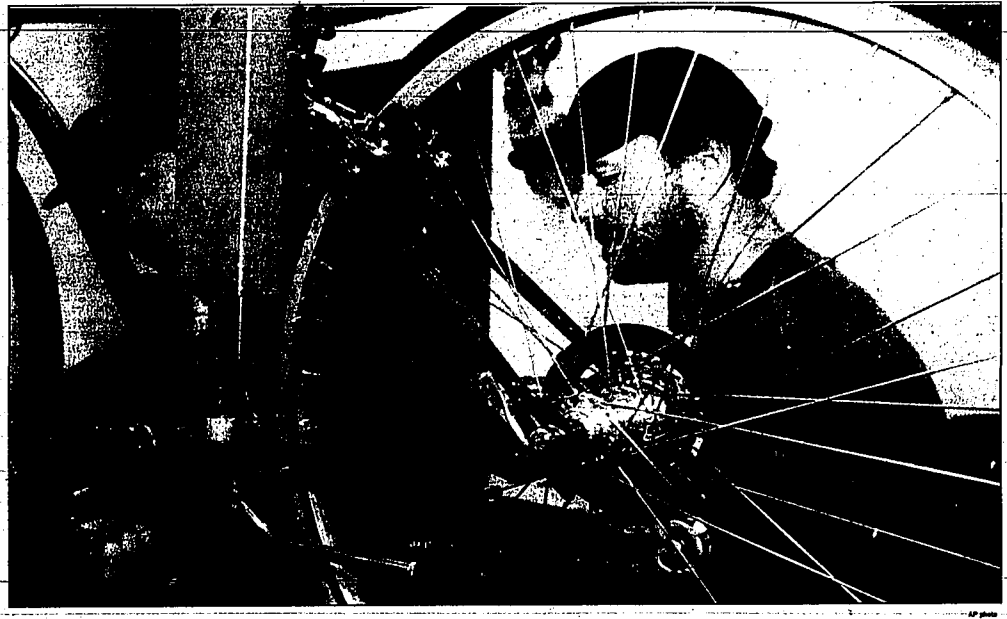
And so on. Lately, the video we watch 850 times a day is "Baby Bach," in which video images of toys are accompanied by classical music. The heavy keyboard-chatter music, as I understand it, is that looping at these images, and listening to Bach, makes the baby more intelligent. That may be, but it also slowly drives the parents insane. One day, you're going to read a news story about a person who went berserk with a machine gun in a shopping mall when the public-address system started playing classical music. When police search that person's house, I guarantee you they will find "Baby Bach."

But so what if I'm going crazy? The important thing is, Sophie is learning! She's getting smarter by the minute!

So just suck a bottle in my eye.

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

How to BUY A BIKE



The options for bicycle-buyers are proliferating. The next big thing is the electric bike, demonstrated here by Marc Browning, CEO of Browning Component, which builds transmissions for the bikes.

Don't just pick a bright, shiny model straight off the shelf

By Knight Ridder News Service

There was a time when selecting a bike was all about the color of the banana seat. Or with basket and bell or without? But if you haven't bought a bike since the days of The Partridge Family, it's a whole new world, with literally hundreds of options.

Bikes now cover every need from the competitive mountain-biking enthusiast to road racers to comfortable cruisers for neighborhood treks or camping trips.

"The larger choice makes it harder to decide," said Bill Daniels, an avid road biker and president of Bluegrass Cycling Club of Lexington, Ky.

Some 18 million bikes were sold in 1999, according to the Bicycle Manufacturers Association, and more than 42 million Americans ages 7 and older ride them.

Experts say the first thing bike shoppers need to know is

A bicycle primer

Mountain
Mountain bikes have large, knobby treads and are suitable for off-road use, as their name implies, though they also can be ridden on pavement. They offer upright handlebars and usually have steel frames. In 2000, they were about 43 percent of the bike market. The average retail price is \$450. Recreational mountain bikes start at about \$200, but can cost thousands for competition-level models.

Comfort
These bikes have smoother treads suitable for pavement or hard-packed surfaces. They have wider, comfortable

seats, upright handlebars and most have suspension seat posts, which act as a sort of shock absorber. In 2000, they were about 23 percent of the bike market. Their average retail price is \$337. They start at about \$250.

Hybrid
These bikes are considered to be a cross between a road bike and a mountain bike. In 2000, they were about 11 percent of the bike market. Their average retail price was \$367. They have treaded tires, but they are narrower than mountain bike tires, and most offer higher gearing than mountain bikes. Hybrids can travel a bit

1. Consider use

The riding terrain and the distance and frequency of rides are key factors in bike selection.

People who aspire to ride long distances fast on pavement — members of Bluegrass Cycling Club, for instance — generally need road bikes, with skinny tires, lightweight frames and low handlebars for an aerodynamic

faster than comfort or mountain bikes, but they're not as stable; they are more suited to pavement than to gravel surfaces. They start at about \$250.

Road
Road bikes are suitable only for use on pavement. In 2000, they comprised about 3 percent of the bike market. Their average retail price is \$1,108. They are lightweight, with thin tires suitable for fast, long-distance road riding. The handlebars are low for aerodynamic riding. In Lexington, they start at about \$500.

— Sources: Sales statistics from the National Bicycle Dealers Association; Lexington, Ky., Herald-Leader

2. Consider comfort

Most new recreational riders these days, though, are selecting from the new comfort cruiser or hybrid bike categories, about a 3-year-old market.

These bikes offer sturdiness, an upright ride, wider padded seats and shock absorbers for a smoother ride. "It's the most versatile bike we sell," Lanier said.

"They're a good probably 30 percent" of bike sales, said Rick Wilcox, manager of Dodds Cyclery & Fitness in Lexington. And it's not just for retirees — baby boomers are flocking to the bikes, as are younger folks who are into family biking. "A lot of people who camp like to take them with them when they travel," he said.

"We see people who haven't ridden since they were kids,"

— Please see BIKES, Page B2

Laxatives won't help your skin

DEAR PAULA: I recently read an article that recommended natural herbal laxatives to open and clean pores. The instructions were to mix a powdered laxative with boiling water, then steam your face with it. The reason for this was because just as a laxative cleans out the body, it cleans out the pores! I've heard of similar treatments being provided at spas and salons and wonder if there is any merit to it.

FORT LAUDERDALE, FLA. DEAR KAREN: It just isn't true that this is an option for good skin care. First, the way herbal laxatives (or any laxative for that matter) work inside the body is radically different from what takes place on skin. It should go without saying that the digestive/elimination process is unrelated to anything having to do with skin or pores. But just to spell it out again, laxatives work internally via some aspect of the gastrointestinal tract (stomach, intestines, colon), and that effect has to do with the actual physical movement of the intestines and the quantity or



COSMETICS Q&A Paula Begoun

the consistency of digested food. Second, you can't open and close pores like doors, hoping that whatever is clogging them will come out. Women have a long history of attempting to do this with a long list of astringents, masks, and steaming procedures, with the end result being the continued search for what might work when all of these have repeatedly failed. The other major problem is the damage that can be caused by steaming the skin. Heat can exacerbate rosacea, cause capillaries to surface, and create irritation (which is a serious long-term problem — for skin). Steaming the skin doesn't open the pore, but it does swell the skin, which can make the pore temporarily look "open" although nothing has changed. The wax in the pore can soft-

ened and then manually squeezed more easily, but you can't attack the whole face without causing problems. And because nothing about the shape of the pore has changed, it will fill up again, quickly becoming re-plugged, and then you have to go through the whole process again in short order.

Another strange notion about pores is that steaming the skin will eliminate toxins from the body.

Sweating (perspiration) absolutely is a pathway for the elimination of a small amount of toxins from the body, but that amount is minimal in comparison to the elimination of toxins via the digestive tract. But then, other than when you exercise, the other methods that cause sweat, namely heat, can cause more problems than the sweating may help.

Paula Begoun is the author of "Don't Go to the Cosmetics Counter Without Me (5th edition)" (Beginning Press, \$24.95). Write to her at 13075 Gateway Drive, Suite 160, Seattle, Wash. 98168 or check out her Web site: www.cosmeticscop.com

Researchers: Ritalin might improve academic results

Health notes

Cataracts and heart disease
Cataracts may indicate an increased risk of heart disease, researchers in Massachusetts and Florida say. Age-related cataracts and thickening of the arteries may both arise due to oxidative damage caused by free radicals. To examine whether cataracts might serve as a marker for future risk of heart disease, including fatal heart attacks, researchers compared the rates of cataract extraction and heart disease in 60,657 women for a period of 10 years. The 2,336 women who had cataracts removed had almost twice the risk of heart disease as those who did not. Furthermore, women with diabetes who had a cataract extraction were almost three times more likely to develop heart disease than women who were not diabetic. Women who have had cataracts may wish to be vigilant in getting regular screening for heart disease.

Ritalin may improve the academic results of teen-agers with ADHD, according to researchers at the University of Pittsburgh. In addition to displaying disruptive or defiant behavior, teen-agers with attention deficit hyperactivity disorder often experience learning difficulties at school. Researchers examined whether methylphenidate (Ritalin) could relieve both behavioral and academic symptoms. Forty-five teen-agers diagnosed with ADHD participated in an eight-week intensive summer-treatment program at the University of Pittsburgh. Every day, the researchers randomly assigned each teen-ager to receive one of three different doses of Ritalin or a sham treatment. On days that they were taking the drug, about 80 percent of the teen-agers improved their note-taking quality, quiz and work sheet scores, written language, homework completion and behavior. Bottom line: Parents who are considering Ritalin for teen-agers with ADHD may find that the drug improves school performance in addition to social skills.

compiled from wire service reports

HEALTH & FASHION

Director says badminton's inexpensive way to stay fit

The Orange County Register

The air-filled shoots come straccato, too fast to count. Thwack! Thwack! Thwack! Two rackets whack a bluff of a birdie back and forth over a net 5 feet over a wood floor. And then, one racket powerfully smashes the birdie across the court. The feathered missile drops to the ground almost without a sound, an anti-climax after the flurry.

And you thought badminton is just - yawn - a leisurely picnic game. Played properly, badminton can be an enjoyable, intense, fast-paced, calorie-burning fitness activity that develops agility, speed, quickness, hand-eye coordination for children and adults of all ages, said Don Paup, a long-time badminton player and director of the exercise program at George Washington University in Washington, D.C.

Like volleyball, badminton involves volleying, sudden stopping, jumping, bending, reaching and hitting.

It's easier to learn and relatively less expensive, compared with other racket sports such as tennis. It's a sport in which height and size aren't a big advantage or disadvantage.

But the best parts? It's a lot of fun. That's why 7-year-old Phillip Chew of Orange, Calif., plays badminton for an hour three days a week. Phillip picked up a badminton racket when he was barely 2. By 5, he was winning games in the 8- and under-age category. Although he discovered Nintendo and Sony Playstation, badminton and basketball remain his favorite activities. His top move: the smash, a powerful overhead move much like a spike in volleyball. "I want to be the Kobe Bryant of badminton one day."

Medical center to offer childbirth class

Prepared childbirth course will be offered from 7:30 p.m. Wednesdays - beginning this Wednesday through July 18, in the Sage Room of the Education Center at Magic Valley Regional Medical Center in Twin Falls. The course will include classroom instruction on wellness of the mother, the labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn. Preregistration is required, call 737-2900.

To do for you

Learning childbirth

A childbirth preparation course will be offered for mothers who plan on having a vaginal birth after a previous cesarean delivery. To schedule an appointment with childbirth educator, call 737-2901.

Aizheylor's support

Ashley Manor Care Center in Burley will offer an Alzheimer's Support Group which will meet from 7-8 p.m. Thursday at the Golden Heritage Senior Citizens Center, 2421 Overland, Burley. For more information, call Mandy Orthman or Jennifer Goffinet at 677-5451.

CPR class offered

Cardiopulmonary resuscitation

class will be offered from 8 a.m. to 1 p.m. Saturday in the doctors' meeting room at MVRMC in Twin Falls.

The class includes emergency procedures for mouth-to-mouth resuscitation, chest compression and choking for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$11. Preregistration is required, call 737-2900.

Red Cross class offered

The American Red Cross is offering a community first aid and safety course from 6:10-30 p.m. June 18 and 19 at the chapter office, 718 Shoshone St. E., Twin Falls. The class will include adult, child and infant CPR, and first-aid instruction. Participants will learn how to recognize and care for breathing and cardiac emergencies in adults, children and infants. Preregistration and prepayment are required. For more

information or to register, call the Red Cross office at 733-6464 or (888) 367-6321.

Adult, pediatric CPR

Magic Valley Lifeline will hold a pediatric and adult CPR course, including a first aid portion on bleeding and shock, from 8:10 a.m. to 1 p.m. Saturday at the YMCA. This course meets the ICCC and daycare licensing requirements for Idaho. The next class will be held July 14. Cost is \$25 per student. To register, call the YMCA at 733-4384 or call evenings at 733-3767.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

Authors recommend movies as therapy

The Orlando Sentinel

Grab the popcorn and the remote control, honey, we've got Frank.

So you've got a choice - either "The Bridges of Madison County" or "The Goodbye Girl." In perhaps the oddest twist of pop culture meeting psychology, authors are now writing out self-help books that prescribe movies for what ails you.

Got problems? Get thyself to a video store.

Stuck in a relationship with the wrong guy but you keep getting back together? Check out "Fool For Love."

Dysfunctional family that makes you crazy? Try "Home for the Holidays." Grew up on the wrong side of the tracks, but you were always jealous of the people who had everything? Perhaps it's time for a private viewing of "Inventing The Abbotts."

"Sometimes people think it's strange or almost a joke," says therapist Gail Armon, who wrote "Reel Therapy, How Movies Inspire You to Overcome Life's Problems" (Lehbar-Friedman Books, \$12.95). "But

movies are a terrific tool. Movies help people see themselves, their family or their friends, through the movie they're watching."

Solomon is serious about the subject, as is Texas psychologist John Hensler, author of "Rent Two Movies and Let's Talk in the Morning" (John Wiley & Sons, \$44.95).

In an contrast to the s-o-m-e-r approach, two women writers, Nancy Peske and Beverly West, have taken a campy view of the movie, "The Hot Chick." In "Cinematography: The Girl's Guide to Movies for Every Mood" (Dell Trade, Paperback, \$12.95).

At one time, psychologists prescribed books - some self-help books, some novels - for patients to read. Now some are prescribing movies. "If a picture's worth a thousand words, a movie's worth

10,000 words," says Solomon, who teaches and practices in Henderson, Nev.

Besides, in a time-crunched society, movies are an easier sell - if you're assigning homework. "If I told (someone) to read a book, it might take some clients weeks. But in the movie, it's right there. They can watch it with the family and they're done in two hours."

Alan Entin, psychologist

"If I told (someone) to read a book, it might take some clients weeks. But in the movie, it's right there. They can watch it with the family and they're done in two hours."

Bikes

Continued from B1

Lanier said. "But we have to have a general idea of the kind of riding you're going to do. Be honest. We hear everything."

Some of the new hybrid biking converts are Evan and Jackie Watson of Jessamine County.

A week's bike rental at Hilton Head, N.C., got them into cycling again.

"We rode them everywhere," said Evan Watson, 40.

"I had looked quite a bit," Watson said of the shopping process before he purchased a pair of Giant hybrids. "I had picked a road bike, but I changed my mind at the last minute. I needed to decide what type of riding I was really going to be doing."

His wife, Jackie, 48, was interested in a comfort or hybrid bike. "My wife wants to do the 'go around and smell the roses' sort of thing," Watson said. And he realized that he was going to be riding with her much more often than with a racing riding group. "Plus, I've got some back and neck problems, and hybrids are more comfortable," he said.

Laura Hayes, 37, of Lexington recently bought a Schwinn Sierra, a top seller in Schwinn's comfort bike category.

"It's just to get some regular exercise here in town," she said. Her husband is a mountain biker, and they plan to take her bike along during camping trips, to ride on hard-packed forest

roads. She test-rode several types, but ended up selecting the Sierra because it was comfortable and reasonably priced at about \$270.

"My husband's been riding all his life," she said. "And he felt strongly that we should buy it a bike shop."

3. Make sure it fits

That's something that Sheila Botts learned five years ago as a relatively new road cyclist. She naively picked one off the rack. "I didn't know it made a difference, fitting me," Botts said. "People end up buying something that doesn't suit their needs."

But when she looked for her next bike, about a year ago, she ended up networking with friends in Bluegrass Cycling Club, test-rode several bikes and ended up buying, from a bike club member, a great, upper-end, used bike that cost just a fraction of what she would have paid new. "It turned out that I got a much better bike," she said.

But Botts' story brings up two important points: Test-riding and getting a proper bike fit are essential to getting the best bike. "I always tell people: 'Would you buy a car without test-driving it?'" Wilcox said. "With different brands, the ride differs greatly. And it's important to get the comfort."

The seat style, gears, frame and other factors affect how it'll feel once you're onboard.

"It's important to get the bike fitted properly," Faulstich said. "And that's something only the bike shop guys are going to know. It's key to make sure you have the right size bike it prevents injuries."

And though most adult bikes have a 26-inch wheel, frame sizes vary, and it's important to make sure the bikes are adjusted specifically to the individual.

"There is a safe, correct size for everyone," Wilcox said. "There's a bike for everybody out there."

"It's like the difference between a size-9 Nike and Adidas shoe," Lanier said. "But we can get anyone comfortable on a bike. The saddles these days are a lot better. People will be very surprised."

Local shops that specialize in bikes say there's a vast difference between plucking a bike from the rack and getting something customized. Bike shops offer repairs, instruction and biking equipment including helmets. Yates and other bikers consider them mandatory equipment and everything from water bottles to padded shorts.

"This is all we do," said Billy Yates, owner of Lexington's Pedal Power bike shop. "We deal with bikes all day, every day. We know how to size a bike, fix a bike and ride a bike."

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Classified can rev you up! The Times-News 733-0931 ext. 2. Image of a motorcycle.



Roland Sturm, a RAND Research Institute economist and lead author of a survey on obesity, pauses for a photo in his Santa Monica, Calif., office Wednesday.

Study links obesity and chronic health problems

LOS ANGELES (AP) - Obese adults have more chronic health problems than smokers, heavy drinkers or the poor, according to a study released last week.

The report by the RAND Institute in Santa Monica found that obese people have on average nearly twice the chronic health troubles of people of normal weight.

"We didn't expect this big difference," said Roland Sturm, a RAND economist and lead author of the survey, which was published in the latest edition of the British journal Public Health.

The study also found that smoking harms the health of women more than men, with female smokers having about 40 percent more chronic health problems than nonsmokers. The figure was 30 percent for men.

Sturm said the survey, funded by the Robert Wood Johnson Foundation, demonstrates that public health officials should intensify their fight against obesity to levels that at least match the public health campaign against smoking.

The study found that more people are overweight or obese than are those collectively who smoke, drink alcohol heavily and live below the federal poverty line.

The telephone survey, which was conducted in 1998, asked 9,585 adults about their weight, height, smoking and drinking habits, income and quality of

Web site
To read the report, log on to <http://www.rand.org>

life. They also were asked if they had any of 17 chronic health problems, including asthma, cancer, diabetes and heart problems.

Obesity was determined by finding a respondent's body mass index, a figure derived by multiplying a person's weight in pounds by height in inches squared.

People of normal weight have a BMI between 18.5 and 24.9; those considered overweight score between 25 and 29.9; obese people are between 30 and 34.9 and very obese people are over 35.

The survey found that 59 percent of Americans today are, at least overweight - a figure that is in line with other recent studies.

The study found that people of normal weight had an average of 1.1 chronic conditions. Overweight people had an average of an additional 0.2 chronic conditions, obese people had an additional 0.6 chronic conditions and the very obese had 0.9 more conditions.

The study showed the obese tend to have slightly more health problems than people living in poverty and far more than daily smokers or heavy drinkers.

Book offers wealth of detail on malpractice

The Washington Post

Brain damage is worth more than death. A foot injury is potentially more lucrative than a genital injury. Negligence in childbirth cases is worth three times more on average to a victim than failure to diagnose cancer.

These are some of the nuggets about medical malpractice payments "buried" in the "2000 Current Award Trends in Personal Injury," a 54-page statistical compendium that is closely scrutinized by officials of organized medicine, insurance companies and lawyers who represent either doctors or patients in malpractice cases.

The report, published annually by Jury Verdict Research, a firm located in Horsham, Pa.,

analyzes 176,000 jury awards and out-of-court settlements collected from every state in 1999. It is one of the few publicly available documents that contains monetary details of malpractice payouts; much of the other detailed research in this area is conducted by insurance companies and is considered proprietary.

The 2000 report found that between 1998 and 1999 malpractice payouts increased from an average of \$750,000 to \$800,000, while settlements for the same years rose more sharply, from a median of \$500,000 to \$650,000.

The largest award for any type of malpractice case involved negligence in childbirth; such cases resulted in awards averaging \$2 million.

That was followed by a medi-

an of \$636,844 for cases involving medication errors; \$625,000 for misdiagnosis cases; \$300,000 for surgical negligence cases and \$230,000 for cases involving sexual improprieties committed by a physician.

Although cases involving the death of a patient do not bring the biggest monetary awards - sometimes because patients are terminally ill or old or both - they are the most numerous and accounted for nearly 25 percent of those analyzed in 1999. That was followed by cases involving severe brain damage (9 percent) and genital injuries, which accounted for 7 percent of cases.

Overall punitive damages were rare: Only 3 percent of cases included monetary awards by juries designed to punish doctors or hospitals. Settlements

before or during trial mirrored the trend of higher payments for cases involving brain damage rather than death. The average settlement in a brain-damage case was \$1.3 million (compared with a median jury verdict of \$4.5 million).

While insurance companies and physicians' groups point to increases in settlements and the size of jury verdicts as evidence of a looming malpractice crisis, consider this fact: Doctors and hospitals still win two-thirds - 65 percent - of malpractice cases brought to trial.

And a 1991 study conducted by researchers at Harvard, still regarded as one of the most influential of its kind, found that acts of negligence are eight to 10 times more common than malpractice suits.

Next wave of cancer treatment to target cells

Newsday

In the spring of 1998, when the public's attention was riveted on an untried drug that eliminated tumor blood vessels in mice, another research team was organizing a human study for a revolutionary new form of cancer therapy.

A front page story in The New York Times in May of that year pronounced the benefits of a drug that starved tumors by cutting off their blood supply. But even as commotion centered on this evolving cancer strategy, researchers in Oregon were quietly organizing a clinical study that was to begin the following month.

The drug was a so-called "targeted" compound known as STI-571. It would interfere with a signal relayed repeatedly in the white cells of people afflicted with CML, or chronic myelogenous leukemia.

By jamming a deadly busy signal in the malignant cells' internal communications system, scientists hoped to provide an effective therapy for a cancer that is notoriously difficult to treat. In May, just shy of three years in clinical trials, the drug, renamed Gleevec, was licensed by the Food and Drug Administration. It became the most expeditiously approved cancer medication in U.S. history. Approval was based largely on stunning results in clinical trials.

Dr. Brian Druker, Gleevec's co-developer, and a cancer researcher at the Oregon Health Sciences University in Portland, Ore., described targeted therapies and his work on Gleevec during a symposium at the American Society of Clinical Oncology, which met recently in San Francisco.

Drugs that target the way tumor cells send signals, as well as those that block growth factors, which drive cancerous proliferation, Druker said, are ushering in a new era of cancer therapy.

Scientists are dividing the evolving new class of medications into two sweeping categories: those that attack cancers through very broad targets, such as tumor blood vessels, and those that are very tightly focused. Tightly focused drugs home in on a single marker, such as a cell receptor, or signaling system, that allow cells to "talk" to each other and relay messages deep within themselves.

"The issue as we go into an era of molecular targeting," Druker said, "is (identifying) general targets versus specific targets.

A single error in the enzyme tyrosine kinase is at the core of

CML. Medical researchers had long been aware of the tyrosine kinase aberration in CML; it is, in fact, the key event leading to that form of leukemia. Tyrosine kinase aberrations also can be found in several other malignancies, but they may be accompanied by other signaling and genetic problems.

Within days of Gleevec's approval, two teams of scientists, including Druker's colleagues in Portland, announced that Gleevec possessed an extraordinary capability to treat yet another form of cancer: gastrointestinal stromal tumor, or GIST. The announcement was made during a symposium of the oncology society. With two hard-to-treat cancers treatable with the same drug, cancer researchers were electrified by the idea that finally, they were embarking on a new era of therapy.

Exercise: The best time depends on you

The Orange County Register

Some people like it at dawn. Others fit it in at noon. Many prefer to do so after work.

Exercise time is highly personal - each body is different in how it responds to exercise given the time of day - or night.

And people whose goal is to maintain fitness ideally should keep working out at the time that feels the best for them.

But if you're seeking that extra performance edge, consider a recent report from the American College of Sports Medicine. ACSM scientists looked at the effect on performance of time of day during normal walking hours - 8 a.m.-8 p.m.

Here's what they found:

- Muscle strength: Has significant effect. The conventional belief is that we tend to do better

if we're exercising when our body temperature is warm - usually after noon for most people.

And that's true for strength-training. What's more, our chances of muscle injury from strength-training are reduced in mid-afternoon and early evening because our muscles are more flexible.

- Muscle-building potential: May have effect. Some evidence shows that male hormonal responses to strength training are strongest in the morning. Testosterone levels are, by nature, highest before noon. Testosterone is the primary muscle-building hormone in men. Testosterone levels after resistance-training in the morning are higher than after training in the afternoon.

- Aerobic exercise capacity: No effect. During a treadmill or

cycling test in which intensity gradually increased, time of day did not matter. Most cardio classes and outdoor activities that last for 30 minutes or more are considered aerobic exercise.

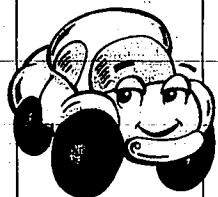
- Anaerobic capacity (High intensity, short duration): May or may not have effect. In all-out tests lasting two minutes to three minutes, performance may be impaired in the morning compared to afternoon.

On the other hand, another test showed that morning or afternoon made no difference.

Sprinting and other explosive track and field sports and some gymnastics categories rely mainly on the anaerobic system. So what does this mean for most of us?

"Unless you're a bodybuilder, choose the best time of day or night that works for your lifestyle and schedule."

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OPEN LETTER TO DR. JAMES SMITH, CARDIOLOGIST, IN IDAHO
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Dear Dr. Smith:
I had a patient with a total cholesterol of 208 and LDL of 100 and HDL of 87. Another patient which is count 18 by initial VD. She had a total cholesterol of 205 with LDL less than 110 and HDL of 57. On another occasion she had a total cholesterol of 204 with LDL under 110 and HDL in the 60s. Her risk factor for heart disease was below average. The Board of Medicine considered that I violated the standard of care because I did not treat these patients with medication. Please let me know your opinion. You may be interested to know that the written bickering of the Board is written by a lawyer and not by a doctor."

OPEN LETTER TO THE PHYSICIANS IN IDAHO
"The Board of Medicine considers that using Aldactone for treatment of Hypertension and Aene violates the community standard because it is written in the PDR that Aldactone is used only for Hypertension and Edema. The Board of Medicine which knows nothing about medicine forgot that Aldactone is a So Reductase inhibitor which prevents the conversion of testosterone to dehydroepiandrosterone in the hair follicles and this is the basis for using Aldactone for Aene and Hirsutism. So the Board of Medicine claims that if I do not follow the PDR 100% then I am violating the community standard. The Board of Medicine forgot that in the preface of the PDR the following paragraph is written:
"The FDA has also recognized that the FD&C Act does not, however, limit the manner in which a physician may use an approved drug. Once a product has been approved for marketing, a physician may choose to prescribe it for uses or in treatment regimens or patient populations that are not included in approved labeling. The FDA also observed that approved medical practice includes drug use that is not reflected in approved drug labeling."
The Board brings in expert witnesses that can pick and choose what they want from the charts of patients without any regard to how the patient is doing, or if any harm has happened to the patient. For instance, Dr. D.H. stated that prenatal Estrogen carries a lot of side effects; however, he did not mention what kind of effects and he certainly could not find any side effects in my charts that he reviewed. These issues have to be exposed to the public to prevent the injustice that has been going on.
With kindest regards,
Torek How, M.D., Endocrinology and Metabolism

HEALTH & FASHION

Wear right shoes for feet's sake

The Seattle Times

SEATTLE - Not long ago, a woman walking in platform shoes on uneven pavement reared on her heels and broke her ankle. Weeks later, still in her ankle brace and shopping for safer footwear, she met another woman wearing an ankle brace. Yup, same kind of fall, same type of shoes.

No surprise to University of Washington orthopedic surgeon Dr. Nancy Kadel, a foot-and-ankle specialist. Like most foot doctors, she's seen her share of shoe-linked broken bones and other foot troubles.

So when we asked Kadel to take us on a shopping expedition to show us which shoes are safe and which are not, she readily agreed.

Get those toes ready for summer with a pedicure

The Stamford Advocate

Does sandal season make you feel like sticking your toes in the sand?

Put some spring back into your step with a pedicure.

Pedicures can smooth calloused, remove dry, flaky skin and give your toenails polish.

If you want a trendy look, try this season's palette of fruity polish colors, including some electric pastel greens and blues, says Rhonda Stefanick, pedicurist at the Noelle Spa for Beauty & Wellness in Stamford, Conn.

"We have a lot of new colors for spring and fall, things that are kind of whimsical like Key Lime Pie," she says. Stefanick says, "They are young and fun, but probably not for everybody." For a more sophisticated look, she suggests sheer, pale pinks, bright corals or french manicures. "The one thing you don't want to do this year is the really dark vamp col-

Rise in bipolar diagnoses sets experts at odds

The Hartford Courant

Much of the time, 12-year-old Todd Zawatsky seems like an ordinary kid.

He likes to fiddle with gadgets, sports an earring for style and has a room crammed with fantasy books, including the entire Harry Potter series.

But Todd's family has been struggling with a frightening side of his personality: a tendency from the time he was very young to explode fiercely and unpredictably.

Last summer, when Todd's mother, Tracie, took him to bed, he pulled a knife on her. A month later, he confronted her with a knife in one hand and anxiety pills in the other and asked her to help him end it all.

For years, Todd's mother has gone to experts seeking an explanation for his behavior. Was it attention deficit disorder? Hyperactivity? Oppositional defiance disorder? Or was it just a case of bad parenting?

Finally a diagnosis was made: early-onset bipolar disorder.

Once called manic depression, bipolar disorder is thought to be caused by chemical imbalances

Anatomy of a shoe

Here's a breakdown of the parts of the shoe and what to look for:

- The heel: High heels can deliver twisting pressure on knees, sprains or broken bones from falls; pain in the toes and ball of the foot; irritation of plantar fasciitis (heel or sole pain); lower-back pain from trying to stand up straight while the heels tilt your knees forward; and sharp, needlelike knee pain from pressure on the knee cap. If you are high heels without supporting uppers or ankle straps. Wide-based heels are safer than spiked ones. The foot-and-ankle society recommends heels no higher than 2.25 inches. If

Anatomy of a shoe

- you do sneak above that, advises Kadel, wear them only during that special wedding or dinner and take flats along for relief. The toe box: It should be roomy in both width and height. Rounded toes best pointed ones. The sole: Good is a cushioned, flexible rubber sole, though not too flexible if you have plantar fasciitis. Not good is a completely rigid sole. Avoid extrathick soles that curl up over the toes; they can cause tripping and falling, especially in some older people. Look for a nonstick tread. It's very slick, trying sanding to rough it up, or ask a shoe-repair shop to do this.

Anatomy of a shoe

- The insole: Cushioned is best. The vamp: This is the top part of the shoe, and it does the most good of the shoe; it extends from the toes toward the ankle, giving more support. A short vamp in a slip-on may require you to curl your toes to keep the shoe on. For information on foot health, check these organizations: The American Orthopedic Foot and Ankle Society, Seattle, 800-235-4855, http://www.aofoes.org The American Podiatric Medical Association, 300-POTCARE, http://www.apma.org/

wrong shoes. With platform shoes, towering heels and pointed toes all part of this year's footwear scene, you could easily walk into trouble.

And if you think you're better off in the wide, clunky high heels that have been hot for several seasons, you're only partly right.

They're more stable than narrow heels and less prone to falls, but a recent Harvard study

found they put even more twisting pressure on knees, possibly raising arthritis risk, researchers said.

Even shoeless, your feet take plenty of pressure - about five times your weight across the ankle when you're walking on level ground, said Kadel. About 1 in 6 Americans has foot problems, says the Seattle-based American Orthopedic Foot and Ankle Society. Shoes

are big contributors.

So is age. Your feet can take more abuse without whining when you're young, partly because the soles have more padding than, Kadel said.

Feet widen with age. That's why experts recommend you roses, not be, sugar and all she blends for each customer. "It exfoliates wonderfully and smells good, too," she says, as she wraps a client's feet in warm towels after a special scrub.

"People really love it."

Stefanick always files nails straight across, and does not cut cuticles, moisturizing them with oil instead. "You have cuticles for a reason, or protection against infection. If you clip a stray hangnail now and then,

are surprised at the steps the salon takes to protect them. "When a new client sees I'm wearing gloves they are surprised, but when we explain it's for their protection they understand," she says. She also will not cut callouses with a razor, something that only podiatrists are licensed to do.

Instead, she gets feet silky smooth using grainy, wonderful smelling scrubs made of crushed almonds and apricot pits. She also uses a special cream that she says is "completely blame-removing" for worried parents.

"I try to convince them that it's better to have an unclear diagnosis than a clearly terrible diagnosis," Woolston said.

At Massachusetts General, where 250 children with the disorder are in treatment and a long-term study of the childhood disorder is under way, Wilens said, the clinic's staff members are confident when a child receives this diagnosis.

"When you talk to parents, you would expect more resistance if it were an inappropriate label," Wilens said. "Instead they come back and say, 'This is exactly it.' We have a long line of people trying to get into see us."

Thick with irony: Saga of diet drug continues

The Dallas Morning News

In a new book, journalist Alicia Mundy follows the trail of corporate cover-ups, bureaucratic weakness and greed that led to more than 100 deaths from the diet-drug combo fen-phen.

But whatever the manufacturers and government did wrong in marketing and regulating the drug combination, the fen-phen would not have been possible without the public's massive demand for a "magic pill" for thinness.

"What are you going to learn from this? Some drugs are dangerous, but it's not the one I'm talking right now?" Mundy says. "I've interviewed women who say that if the drugs were still available, they'd take them despite the risk. How much can you complain about the drug companies if people won't learn?"

At the height of its popularity in the late '90s, fen-phen - a combination of two drugs called fenfluramine and phentermine - was taken by at least 6 million Americans, along with a related drug called Redux.

The combination turned out to cause thickening of the heart valves and a fatal, suffocating lung condition.

Wyeth-Ayerst, the maker of fenfluramine and Redux, pulled the drugs from the market in 1997.

Wyeth-Ayerst's parent company, American Home Products, has agreed to pay out \$11.2 billion to settle the thousands of lawsuits.

Mundy's book, "Dispensing With the Truth," focuses on two cases: those of a Massachusetts woman who died from the lung condition, and a Grand Saline, Texas, woman who developed heart-valve problems.

The Dallas lawyers who handled the Texas case got a large chunk of the book to themselves. Kip Petroff and Robert Kisselburgh refused to join East Coast attorneys in a group federal case, instead pursuing a separate lawsuit and obtaining documents and depositions on their own.

"I think Texas kept everyone honest," Mundy says. "What shocked her was how many levels of greed and weak

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oversight she found, with the documents and e-mail to back it up.

"Every time I'd stand back and say, 'That's the story; there's nothing else to find,' it would just spin it," she says.

The first chapter starts with a quote from a Wyeth-Ayerst administrator's e-mail, asking, "Can I look forward to my waning years signing checks for fat people who are a little afraid of some silly lung problem?"

"That just knocked me out," Mundy says. "You so rarely see things on paper, the way I say here."

Much of the book deals with the company's battle with the Food and Drug Administration, which wanted to put a "black box" warning label on fenfluramine and Redux.

The warning - literally, a black frame highlighting the dangers of the drugs - would have cost the company an estimated \$800 million in sales.

"I'm beginning to wonder what other companies have similar paper trails of the FDA wanting more warnings," Mundy says.

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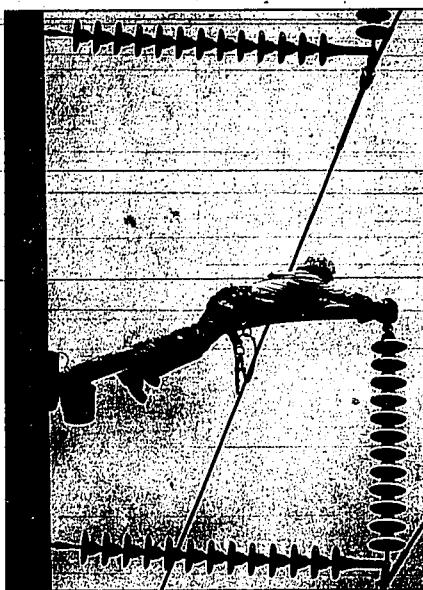
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Once called manic depression, bipolar disorder is thought to be caused by chemical imbalances in certain brain cells, brought about by a combination of genetic and environmental factors. Once called manic depression, bipolar disorder is thought to be caused by chemical imbalances in certain brain cells, brought about by a combination of genetic and environmental factors.

Estate Shape FAMILY CABIN TRUSTS QUESTION: How can my siblings and I keep ownership and use of the family cabin from becoming unwieldy as it passes to succeeding generations? DENNIS S. VOORHEES Establish a family-cabin-trust that centralizes decision-making in only one member of each family group. Provide that each family representative (trustee) may designate a successor from within the trustee's family group.

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PAINT-JOB



Bob Barker of Zanesville, Ohio, paints a 100-foot utility transmission pole in Memphis, Tenn., Tuesday. Barker and his crew were painting 125 poles belonging to the Memphis Light Gas and Water Division.

Prisoner tells teen to count blessings

DEAR ABBY: Yesterday was my 20th birthday. Aren't birthdays supposed to be happy occasions? Well, if you're in jail and on your way to prison like me, maybe not.

"Prisoner in Reno, Nev." thinks she's got it bad at home because her parents won't let her out much. She should remember this: There is always someone who has it worse than she has. Her parents are overprotective because they love her. Even though I'm locked up, my parents still care for me. They're worried sick.

Let me ask you this, "Prisoner" — do your parents search you before and after you leave your room? Do they make you eat nasty food? Do they wouldn't give your worst enemy? Do they routinely search your room? What I'm trying to say is, count your blessings.

You ended your letter by asking, "What should I do?" Well, I'm on a one-way trip down a road that leads nowhere. Now tell me, what should I do?

DEAR INMATE: I don't know what you did to receive a prison sentence, but it's possible that you should feel lucky to be alive.

Since you asked what you should do, I strongly suggest you follow all prison rules to the letter, do not believe everything you hear from the other inmates, and take any classes that are offered to improve yourself.

Even under these difficult circumstances, you still have control over how "happy" your future birthdays can be.

DEAR ABBY: My husband and I have a beautiful 3-year-old daughter I'll call Bonnie. She's the result of artificial insemination, as my husband is unable to father a child. Our little girl is our pride



DEAR ABBY
Abigail VanBuren

and joy.

We cannot decide if or how to tell Bonnie that my husband is not her biological father. Is it necessary to tell her at all, and if so, when and how? My fear is that Bonnie will reject her dad if she finds out.

I am assuming there would be no health-related need for our daughter to know, as semen donors are supposed to be screened for inherited diseases, but I guess you never know.

My feminine intuition tells me we should tell her the truth. I know there must be a lot of parents out there who have dealt with this issue — or will face it in the future. I would appreciate any input I can get.

Please don't use my name. Very few people know that my husband did not father our daughter. Just sign me,

— FLORIDA MOM
DEAR FLORIDA MOM: My feminine intuition — and common sense — tells me that your daughter should be told. You stated that "very few people know the truth."

When more than two people know a secret, it's usually a long-term secret. It's better that she hear it from you and your husband.

Your daughter should be told when she is old enough to understand the mechanics and all of the implications of artificial insemination — including the pain and frustration of wanting your own child and being unable to have one.

Film forum honors 'In the Heat of the Night' director

LAKE PLACID, N.Y. (AP) — Director Norman Jewison says fortunate timing has been critical to his success.

Jewison was honored at the Lake Placid Film Forum for a career that has spanned genres and decades, from the 1963 comedy "Forty Pounds of Trouble" to the upcoming HBO movie "Dinner with Friends."

His movie career began when Tony Curtis wanted to try out a new director for "Forty Pounds of Trouble," and Jewison's television work caught the actor's eye.

Being in the right place was again key for Jewison in 1967, when amid America's racial tensions, he directed "In the Heat of the Night," a film about a bigoted white Southern sheriff and a hotshot black detective who

learn grudging respect for one another.

"Timing is everything," Jewison said.

A penchant for portraying unsung controversial characters has often fueled the director's work. "I've always enjoyed telling the story of the outsider," he said Saturday.

His films have earned 46 Oscar nominations and 12 Academy Awards.

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Member of Southern Idaho Medical Group
GASTROENTEROLOGY • GASTROINTESTINAL ENDOSCOPY
BOARD CERTIFIED
Fellow of the American College of Gastroenterology

DYSPEPSIA
Dyspepsia is often called indigestion — painful, difficult, or disturbed digestion. Dyspepsia is not a disease in itself but symptomatic of other diseases or disorders.

SYMPTOMS
Symptoms may include stomach discomfort or pain. Upper abdominal fullness or bloating from prolonged periods after eating a meal. Nausea, vomiting, regurgitation and heartburn are also symptoms of dyspepsia. However, these may also be associated with other diseases and disorders such as gallbladder disease, stomach cancer, pancreatic disease, peptic ulcer disease, gastritis and irritable bowel syndrome. Pregnancy and advanced diabetes mellitus can also be accompanied by dyspepsia.

CAUSES
The delicate motions of the stomach and small intestine are regulated by the brain and by a network of nerves embedded in the muscle wall of the digestive tract. The coordination between these nerves, hormones, and the muscle wall of the digestive tract regulate the movement of the tract — and thereby promote the digestion, absorption, and elimination of the food we eat. Any disruption in the normal functioning of the nervous system or the muscular activity of the digestive tract can cause dyspepsia.

TREATMENT
Once your physician has ruled out specific illnesses causing your dyspepsia, your symptoms can probably be controlled by diet, or in some cases, medication may be recommended.

SUMMARY
Dyspepsia can certainly be bothersome; however, by following your physician's recommendations, you can enjoy a symptom-free lifestyle.

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6 Golf score
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22 Lengthen
24 Needle cases
26 Vitality
27 Sidewalk surfer
31 Possesses
32 Burn
33 Specifically
34 Pageant ID
37 Just the way
38 You
39 Golf-hole start
39 Ames and
41 Amor
42 Fraternity letter
43 Delighted
45 Actress Adolphe

Down
11 Glad
12 Glad
13 Horrified
14 French textile center
15 Readily
16 Changing
17 atans
18 Grounded
19 UP's
20 chant's
21 expense
22 Run into
23 Or John
24 Hauboy
27 Lay asphalt
28 Enlighten
29 Nudist
30 Winter glider
31 limit
32 DOWN
33 Stylish
34 Nevada resort
35 3W
36 Thoroughfare
37 Least long
38 Touted by an employee

Saturday's Puzzle Solved
7 Frank's Gardner
8 Course file
9 Captured
10 Doctors, at times
11 Slooper
12 Supporting loop
13 Like a road-choked swamp
14 Composer Blake
15 First grade
16 Downswing
17 Uneven cut
18 Maldon of
19 Baby Doll
20 On the biny
21 Signed on for another hitch
22 River of
23 Florence
24 Winter Iran
25 Write
26 Aspirations
27 Rise of
28 Cook's Latch coverage
29 41 Isolates
30 44 Darned
31 46 Subsurface
32 47 Play for a fool
33 49 Postal needs
34 51 Ebb
35 52 Cook's Latch coverage
36 53 Diving bird
37 54 West Point code
38 57 "It" star
39 59 Emma's late
40 60 Umpa's cohorts
41 62 Elms
42 64 Night before

Sagittarius: Question of marital status looms large

(IF JUNE 11th IS YOUR BIRTHDAY...) you are intuitive, a natural psychologist-astrologer. During your life, you changed names more than once. You are romantic in nature, feel you cannot live without love. Cancer, Capricorn and Aquarius persons play major roles in your life, could have these letters, initials in names: B, K, T. During July, a relationship begins or ends. Remember most memorable month.

ARIES (Mar. 21-Apr. 19): Be careful what you ask for — you are liable to get it. Be selective, pick and choose. Focus on humor, versatility and ability to make people laugh.

TAURUS (Apr. 20-May 20): Be aware of hidden legal clauses. Someone is intent on taking advantage, reasons are obscure. Check solidity of material. Don't be taken for granted.

GEMINI (May 21-June 20): Read and write. Report the story behind story. Filtration becomes more serious than expected. Maintain emotional equilibrium.

CANCER (June 21-July 22): Your kind of day! Spotlight on home, marital status and greater degree of financial security. Discovery made that your mate, partner has hidden resources.

LEO (July 23-Aug. 22): Define terms, avoid self-deception. Focus on partnership, legal ties and marital status. Get promises in writing. Maintain aura of mystery.

VIRGO (Aug. 23-Sept. 22): People talk about you. You're given opportunity to organize, line

HOROSCOPE
Sydney Omarr

up priorities. Keep resolutions concerning diet. Capricorn, Cancer persons play exciting roles.

LIBRA (Sept. 23-Oct. 22): Finish what you start. Let go of losing proposition. On personal level, individual you once loved makes surprise appearance. Avoid making same mistake twice!

SCORPIO (Oct. 23-Nov. 21): Focus on home, property and innovative ways of displaying product. New start in different direction will be featured. Avoid heavy lifting. Relationship will "heat up."

SAGITTARIUS (Nov. 22-Dec. 21): Question of marital status looms large. Focus on where you are going and what to do when you arrive. Mate, partner will have much to say.

CAPRICORN (Dec. 22-Jan. 19): Diversify; accent versatility and intellectual curiosity. Insist on answers to questions, not evasions. Pursue artistic endeavors. Sagittarius figures in scenario.

AQUARIUS (Jan. 20-Feb. 18): What appears to be defeat will boomerang in your favor. Rebuild, rewrite. What had been rejected could now be accepted.

PISCES (Feb. 19-Mar. 20): You experience greater freedom of thought, action. Superior declares, "You are ready for promotion!" Accept gratefully, don't be obsequious. Gemini involved.

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Grandview Drive Twin Falls 734-2400
EVOLUTION at 9:30 (13) PLUS COME SHREK AT 11:00 (PG)

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KNIGHT'S TALE at 9:30 (13) PLUS COME JOE DIRT AT 11:00 (13)

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All Shows 11:00-11:30-11:55-12:00
Summer Matinee Week 12
CASPER MON-THURS 11:00-11:30-12:00
MOUSEHUNT MON-THURS 11:00-11:30-12:00
All Shows 11:00-11:30-11:55-12:00

Today's PG Rated Movies
SHREK 12:45-3:00-5:15-7:30-8:45
BYPASS 12:00-12:45-2:15-3:00-4:30-6:15-7:10-7:30-8:15-8:45

Today's PG13 Rated Movies
EVOLUTION 12:45-3:00-5:15-7:30-8:45
DRIVEN 12:00-12:45-2:15-3:00-4:30-6:15-7:10-7:30-8:15-8:45
ANIMAL 12:00-2:15-4:30-7:00-8:15
NUMMY RETURNS 12:30-1:00-3:30-6:00-8:30-11:30-1:00-3:30
PEARL HARBOR 11:45-1:00-3:30-6:00-7:15-8:00 DIGITAL SOUND

Today's R Rated Movies
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BRIDGET JONES DIARY 7:30-8:45

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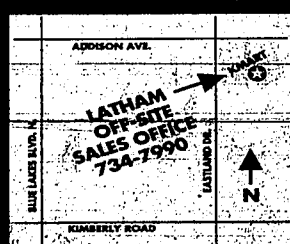
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