### GOOD MORNING

# A look back

Today 

### Weather.



Today: Snow likely Tonight, a few snow showers. High of 35, low of 23. Page A2

# MAGIC VALLEY

Green light go: T.F. Council will consider technology that would let emergency vehicles change red lights to green. Page A4

## HEALTH & **FASHION**



How to wake up: Nine ways to emerge from your walking coma.

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## SCHOOL DAYS

Spirit of Christmas. ....students help families.
Page A11 Spirit of Christmas: Castleford

### **SPORTS** So close: The Cincinnati

Bengals see their playoff hopes ended by the Cleveland Browns.

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### **OPINION**

Visiting viewpoints: Two guest editorials look at mad cow disease and snowmobiles in national parks.

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# COMING UP

Dear Abby

Husband's libido tires wife. The Times-News

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# Beef beef hits the state

Idaho, Montana could have received meat from infected Holstein, but officials say that there's no danger

BOISE – Idaho was among states seht meat possibly contaminated with tissue from a Washington Holstein infected with mad cow disease, the U.S. Department of Agriculture said Sunday. Some of the meat from the diseased dairy ow slauphtered Dec. 9 in Washington state could have gone to Idaho, Alaska, Hawaii, Idaho, Montana and Guam, the

USDA said. Earlier, officials had said most of the meat went to Washington and Oregon, with less-er amounts to California and Nevada, for distribution to con-

Nevada, for distribution to visualizations sumers.

While issuing assurances of food safety, federal officials have taken the precaution of recalling 10,000 pounds of meat from the infected cow and from 19 other cows daughtered Dec. 9 at Vern's Moses Lake Meat Co., in Moses Lake,

Wash, Because it is not known exactly what portions of the 10,000 pounds slaughtered there that day actually came from the diseased cow, health authorities must work on the possibility that some meat from the diseased cow could have reached any location; whose control any location whose control and location whose locati reached any location where any part of the 10,000 pounds was dis-tributed.

State and federal officials say

part of the 10,000 pounds was dis-ributed.

State and federal officials say there was little chance that the meat that entered the food supply was dangerous. That was because the parts most likely to carry infec-tion - the brain, spinal cord and lower intestine - were removed before the meat from the infected s cut and processed for

Please see BEEF, Page A2



# - READY TO ROLL



Kristi Robertson, a communication specialist with the city of Twin Falls, trains at the new call center in the police station Filday. The call center, which is set to open on Tuesday, will dispatch calls to police, fire and public works personnel throughout the city.

# T.F. dispatchers begin taking 911 calls

By Rebecca Meany Times-News writer

TWIN FALLS - Newly issued uniforms arrived on her desk as Kristi Robertson spoke into her

"Twin Falls call center," she said, answering a call. "Oh, that's

"Twin Falls call center," she said, answering a call. "Oh, that's all right."
"Wrong number," she said, returning to her training session. Robertson and communications specialist Tammy Buck were inter-rupted from conducting mock phone palls in anticipation of the city of Twin-Palls Communications Center's opening, set for 3:30 a.m.

U.S. commander: Forces close in on

TIKRIT, Iraq – U.S. forces hunting top and midlewel leaders of the Iraqi insurgency are close to unraveling a network of five powerful clans that have funneled money, weapons and instructions to street gummen and bombmakers, according to a U.S. Army commander.

A decline in attacks on U.S. forces in recent weeks has allowed troops time to track the top level of the insurgency and the former regime – an effort capped by the arrest of Saddam Hussein earlier in December.

Over months of intelligence gathering that began with the arrest of Saddam Hussein earlier and the company of the comment of the com

Please see IRAQ, Page A2

tion time ...
spurts as calls start lighting up anboard.
The call center will provide all
emergency and non-emergency
communication services for residents of Twin Falls. Residents can
call the center with any questions
about city services such water and
sewer, animal control and traffic

sever, animal control and traffic problems.

The city has been getting ready for months to handle 911 calls from within the city, after striking a deal earlier this year to break away from the four-county Southern Idaho Regional Communications Center.

network of clans leading insurgency

"On my first emergency call I'll probably be nervous," Robertson said. "But I was surprised at the technology. It's user-friendly, and we got a whole day of training on each system."

we got a whole day of training on each system."
She and other dispatchers also underwent a three-week training session, to be followed by another session after the first few months of operation.

of operation.

Most of the 10 dispatchers hired so far – nine full-time and one part-time – were former community service officers at the Twin Falls police station, said Capt. Jim Munn. The CSO position was eliminated and their jobs were redesigned as a dispatchers, he said.

"I enjoy law enforcement," said Robertson, who has worked for both civil and criminal attorneys. "I wanted to go the other rotte." Besides drawing on her skills in the legal arena, she'll have to rely on other talents. "Multi-tasking and patience," she said, explaining what's needed to be an effective dispatcher. "Being able to stay calm in any situation, emergency or non-emer-

"Beeng ande to stay culm in any situation, emergency or non-emer-gency." Buck said, adding other necessary qualifications to the list. For the first few months, new dispatchers will work alongside experienced dispatchers, allowing for a smooth response to problems that arise.

Please see DISPATCHERS, Page A2

# Mad cow case spurs the debate over feed inspection

Agency inspects company records, doesn't test feed

The Associated Press

The Associated Press

WASHINGTON – Congressional investigators last year sharply criticized federal efforts to keep mad cow disease out of the United States after finding weak enforcement of a ban on certain cattle feed considered the likely source of such infections.

The Food and Drug Administration, which regulates animal feed, says enforcement has improved so significantly that 99.9 percent, of the nation's feed companies comply with the ban. But the agency acknowledges that statistic is based on inspection of company records – not on independent testing of the potentially infectious feed itself. Such tests arm still being developed.

So some lawmakers want more proof that the warnings issued in 2002 have been taken seriously. The government's prevention efforts are getting new scrutiny because the nation's first case of mad cow disease was confirmed last week – in a single Holstein in Washington state.

The disease, borine spongitorin cephalopathy, is caused by a misshapen protein which attacks the cow's brain, turning it into a sponge, It is linked to a human illness, variant Creutzfeld-Jakob disease, that people can get find heres, wariant Creutzfeld-Jakob disease, that people can get me infected cow's brain or spinal tissue.

Since 1997, the United States has hanned feeding cattle, sheep

infected cow's brain or spinal tissue.

Since 1997, the United States
has banned feeding cattle, sheep
and goats any feed that contains
brain and spinal cord material.
That ban is important because consumption of contaminated feed its
the only known way the disease
spreads. In the current case, investigators are trying to trace the
infected cow's feed.

In January 2002, the General
Accounting Office found many
firms that should have been complying with the feed ban had not
been identified or inspected, and
that the FDA had no overall strateg
y for enforcing the ban. Auditors
also said the agency's inspection
database was too flawed to assess
compliance.

The FDA was already fiving

database was too flawed to assess compliance.

The FDA was already fixing problems when the GAO report emerged and has since increased inspections and improved its data collection, Stephen Sundlof, director of the FDA's Center for Veterinary Medicine, said in an interview last week with The Associated Press.

Only two of more than 1,800 feed-handling plants are out of compliance with the ban now, Sundlof said.

A compliance with the ban now, Sundlof said.

A compliance rate that was 75 percent when the ban took effect Please see FEED, Page A2

# **Forecasters: Signs point** to strong economy in '04

The Associated Press

MASHINGTON - For the U.S. conomy, 2004 could turn out to be a banner year. Forecasters believe things are falling into place to produce the strongest economic growth in two decades. Consumer spending will be bolstered by tax refund checks carly in the year. Businesses are finally beginning to invest in mey lants and equipment and rehimprovements in the unemployment rate are expected to be modest.

ment rate are expected to be mod-est.

"The economy is off and run-ning, and 2004 should be a very good year," said Mark Zandi, chief economist at Economy.com.

That should be welcome news

for President Bush and other incumbents who face voters next year. Many analysts believe the overall economy, as measured by gross domestic product, will expand next year by 4.6 percent or more, the biggest gain since 1984, when another Republican president. Ronald Reagan, was running for office.

But analysts believe there will be much less improvement in unemployment as businesses concentrate on boosting productivity so they can expand output without hiring new workers.

For that reason, the current jown from a high this summer of 6.4 percent—is expected to still be around 5.7 percent when America votes next November.



U.S. Army Spc. Tyron Bohannon from Arkanias, of 1st Battallon, 22nd Regiment, (1-22) of the 4th Infantry Division, talks to an Iraqi man in Tikrit,

HI Lo Prep

### TWIN FALLS FORECAST

Today: A good chance for light snow with light accumulations possible. Highs in the lower to mid 30s. Tonlight: Cloudy with a few snow showers. Lows in the lower 20s.

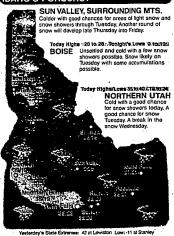
omorrow: Colder with a few flurries. Highs in the mid 20s.

### **BURLEY/RUPERT FORECAST**

Today! Light snow likely in the 30s.

night: Cloudy with a few snow showers. Lows in the lower 20s Tomorrow: Colder with a lew flurries. Highs in the mid 20s.

# IDAHO'S FORECAST



meineke car care center 



Today

TWIN FALLS FIVE-DAY FORECAST

Tonight

Tuesday Moontie: 12:48 PM Moonset: 12:34 AM

A few lingering turries and colder

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Yesterday's Wéather Friday

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Barometric Pressure

36 / 29

Wednesday

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Partly to mostly

Humidity

Moonrise

and Moonset

U. V. INDEX

DayWeather, Inc.

Cheyonne, Wyoming www.dayweather.com

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# High: 78 at Baton Rouge, La. Low: -17 at Wisdom, Mont.

Warm

# Beef

Continued from A1

Continued from A1
human consumption.
Leah Clark, executive director of the Idaho Beef Council said consumers should remain confident about commercial meat because the infectious agent has nebeen found in muscle cuts.
"Everyone is still yery confident that any meat shipped from the cow is not a danger at this point," Gov Dirk Kempthorne's press secretary, Mike Journee, said.
Nevertheless, the U.S. Department of Agriculture issued a voluntary "Class Two" recall of suspected meat, and local supermarket chains, including Albertson's, Fred Meyer, WinCo and Safeway have participated.
Despite the public health assurances, local catalte ranchers already have seen cattle prices go down.
Cevin Jones, president of the Idaho Cattle Association, said steer prices have dropped \$17 for each hundred pound of the cow's

total weight.
Jones, a cattle rancher from
Eden, expects to lose around \$250
per head for the adult cattle he will
finish selling next week.
"Industries are realizing several
countries will not accept our meat
until we resolve the issue of BSE."
Clark said.
Ten percent of U.S. beef is

Clark said.

Ten percent of U.S. beef is exported. Because the nation now must absorb that market share, the supply is going up, while prices are decreasing Clark said.

Idaho Cattle Association repre-

sentatives planned to meet with state officials and congressional delegates Monday on measures to ensure future safety of meat. The Idaho association has start-

The Idano association has start-ed looking for ways to expedite the timeline for national animal identi-fication. Plans are now set to imple-ment an individual identification system by 2006, but if funding is available, Jones wants the issue pushed forward.

# Dispatchers Continued from A1

say they have reduced the ranks of rebel leaders coming from fire powerful families. Those clans have largely directed the insurgency around Tkiri, Saddam's hometown and the hub of a volatile zone to the north and west of Baghlada where most of the attacks on coalition

**Getting** started

Iraq

Continued from A2

Getting started

The center is managed by Lt. Bryan Krear and will be commanded by him and Munn.

"One of us will be here to oversee day-to-day operations of the center, particularly the first 60 days," Krear said. "The parrol supervisor and battalion chief will have control when the captain or I are not here."

A minimum of two dispatchers will be on the lines at all times, Krear said, but three will work during the busier hours between 5 p.m. and 2 a.m.

The red-eye opener for the center tonight was scheduled in part because of phone company procedures.

"We're opening at that time

because of prioring at that time because that's when Qwest wants to transfer phone lines," Munn said.

Due the quiet hours of the night

said.

But the quiet hours of the night shift will allow for adjustment to their new role:

"It will give dispatchers an opportunity to field some calls before the busy time of day begins," he added.

Their biggest adjustment will be handling. 911 calls, he said. Previously, the community service officers dealt with non-emergency phone calls and walk-in police reports.

# Designing the system

One of the things that is unique about the center is the inclusion of public works. The city has been working in conjunction with other city departments to integrate them city departments to integrate them into the center. "Streets and sanitation, fire

forces have been launched, said Lt. Col. Steve Russell of the Army's 4th Infantry Division.

"We have seen the grip of the enemy on this town slip more amore as the months have gone by," Russell said in an interview Saturday with several news organizations, including The Associated Press.

zations, including .... Press. Commanders tracking the insurgents' top support and guidance networks began to peel back the

layers in June with the arrest of Saddam's personal secretary and de facto chief of staff, Abid Hamid Malmoud, No. 4 on the list of S5 top, fugitives among the former regime and its supporters. His functions were subsequently divided between about hall a does brothers among the five extended families. One of those men was captured, too, and eventually led U.S. forces to Saddam's underground shalt dug out in a muddy farm-

house yard. His identity has been lept secret.
"We have decimated several of these families. A great many have been captured from these families. In some cases they are dead," said Russell, who declined to name the clans. The capture of Saddam was the net result of the trove of uncovered information on these tribes, and it seems to have deprived insurgents of an important symbol to rally around, he added.

Feed -Continued from A1

is now nearly perfect, he said.

Every feed facility is inspected at least once a year – a review that allows the FDA to monitor the feed ban perhaps better than any other FDA program, Sundlof said. Still, the agency is pursuing improve-

the agency is pursuing improve-ments. "We inspect based on records," Sundfof said. "We don't have good tests to take the feed itself and determine whether it's in compli-ance. So the records could be per-fect, but you could potentially have prohibited material in the feed We're getting testing methods developed so that, in addition to just inspecting records, we take samples."

Circulation
Daniel Walock, circulation director

Subscription rates

Sen. Dick Durbin, an Illinois Democrat who requested the GAO report, isn't satisfied with the response by the FDA or the Agriculture Department, which monitors safety of meat and animal health. Durbin plans to introduce a bill in January to further restrict the use of diseased meat or high-risk tissues in animal feed. "We've asked a couple of times what these agencies were doing with regard to the (GAO) recommendations," said Joe Shoemaker, a spokesman for Durbin. Shoemaker aspokesman for Durbin. Shoemaker said the response should be "either, "We don't find these recommendations to be on point," or "We're going to be implementing them." They don't seem to have done either." state rates: daily and Sunday \$7.00 per week, daily only \$5.00 per week, Saturday and Sunday only \$5.50 per week, Sales tax included in all above rates. A \$15.00 charge will be levied for all returned checks. 

### Mail information

Mall Information
The Times-News (UPS 61-080) is published daily at 13 Third St. W. Twin Falls, by Lee Publications Inc., a subsidiary of the Publications Inc., a subsidiary of the Perfect Publication of the Company of the Times-News Official city and county invespaper pursant to Section 65-108 of the Idahu Code Thursday is hereby designated as the day of the week on which legal notices will be published.

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	Managing Editor Clark Walworth

### ■ The numbers Starting Tuesday...

If you're a Twin Falls resident and call 311 or 911, your call will go to the city of Twin Falls Communications Center. Residents can get city infor-mation and emergency services from the center.

911 is the number to call to report all police, fire, medical and public works emergencies.

311 is designated as a non-emergency phone number for Twin Falls city residents who have city service

queries.

If you live outside the city of Twin Falls and in Twin Falls, Jerome.
Lincoin or Gooding counties, your 911 call will automatically be directed to the Southern Idaho Regional Communications Center - SIRCOMM - I cated in Jerom

Non-Twin Falls residents can get Twin Falls city information by calling 735-HELP.

# ■ What they're for

department, City Hall department heads have been involved," Munn said. "Those were instrumental in developing call procedure and poli-cy manual to ensure we meet their rook."

The needs of city residents are

"What we discovered is that when people have a sewer prob-lem, it's an emergency to them, and we recognize that," Munn said. "If

# Who you gonna call?

WHID YOU GOILLA CALL PREASONS for calling 311 may include: Reporting rimes after the fact. Reporting nulsance animals. Reporting nulsance animals. Reporting fingering neighborhood-issues or suspicious activities, Seeking emergency service from the city water department – such as for sever problems, broken lines or emergency stut-off. To report that streetlights are out or traffic signals are malfunctioring.

• 911 is Intended for emergencies that need immediate response from law enforcement, firefighters or ambut lance crews – such things as crimes or violent fights in progress, automo-bile accidents with serious injuries or house fires, Residents can also call this number to report major property problems in progress, such as water main breaks and flooding.

### ■ The other numbers

Breaking away

Staffing for the city's new communications center will cost about \$420,000 per year, including salaries and benefits for nine full-time employees and three part-time employees. The city was still looking for two part-

you have a public works issue you can call 911, like if your basement fills up with water."

Anything that would be significantly damaging to property can be considered an emergency call, he call.

Breaking away
The change stems from the city
pulling out of the agreement with
SIRCOMM's emergency call center. The difference, Munn said, will
be the local tell of develop a communicate and the develop a communicate center where our dispatchales local city workers and
asy machine are all city workers and
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"They will be the priority nere, he said.

The separation from SIRCOMM doesn't sever ties entirely, however. "We'll have to have a very close relationship with SIRCOMM," Munn said.

Calls can be transferred among agencies, keeping the flow of communication smooth and fast.

Lines of communication are

time dispatchers as of Friday.

This month, the City Council approved a lease agreement for the city's new communications center equipment. The \$750,000, seven-year lease will require \$124,00 in annual to the city's new communications center equipment. lease will require \$124,00 in annual payments at an interest rate of 3.8 The city paid SIRCOMM more than

St million to release the city from a multijurisdiction agreement. Twin Falls paid SIRCOMM \$230,000 last year. "We won't have to pay that now," said Gary Evans, city finance manager.

oury evans, city finance manager.

• Twin Falls will now be the recipient of revenues from the \$1-per-month telephone surcharge on city residents' phone bills. That should amount to \$300,000 a year in revenue, Evans said.

• 3,000 has been set aside in the city budget for library materials and ongoing costs for the center.
• The money has come out of the city's general fund, and expenses have not greatly exceeded budget. I think we're doing pretty good on that from the operating standpoint," Evans said.

enhanced by state-of-the-art technology.
"Several different things are going on here," said vendor Alvin Gortcinsky of Reno-based Executive Information Services Inc.
The Geographic Information System, or GIS file, is preconfigured to sort the calls out to whatever agency should respond, based on location.
"If someone calls 911, this monitor displays their location, kind of

"It someone ealls 911, this moni-tor displays their location, kind of like a fancy Caller D," he said. This not only allows for a quicker response, but it minimizes human error by checking addresses the dispatcher inputs against data in the system.

Increased officer safety is anoth-

Increased officer satety is anoun-er benefit.
"If an officer is at the scene and dessn't call into dispatch for a while, the system sets off an alarm for the dispatcher and they can check up on him," he said, "maybe send a back-up unit."
The system can also collect infor-mation on where the field forces are spending their time and opti-mize performance, he said.
"It's the full meal deal now," Munn said, noting that the lines

Munn said, noting that the lines will be open 24 hours a day.

just a phone call away! Ski – Information Lottery Information Weathe Information ' Press Press Press 1 2

The Times-News NEW Information Line

735-3350

Ski, Lottery and Weather

Information are

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# NATION/WORLD

# Dean criticizes Cheney's energy task force

# Former Vermont governor had his own secret group

WASHINGTON (AP)

Democratic presidential contender Howard Dean has demanded release of secret deliberations of Vice President Dick Cheney's energy task force But as Vermont governor, Dean had an energy task force that met in secret and angered state lawmakers.

Dean's group held one public hearing and after-the-fact volunteered-the names of industry executives and liberal advocates it consulted in private, but the Vermont



g o v e r n o r refused to open the task force's close d · d o or deliberations. In 1999, Dean offered the same argument the Bush administra-tion uses today for keeping

Bush administra-tion uses today for keeping deliberations of

Howard Dean deliberations of a policy task force secret.
"The governor needs to receive advice from time to time in close session. As every person in government knows, sometimes you get more open discussion when it's not public," Dean was quoted as say-

Dean's own dispute over the secrecy of a Vermont task force

that devised a policy for restructuring the state's near-bankrupt electric utilities has escaped national attention, even though he has attacked a similar arrangement used by President Bush. In an interview, Dean defended his recent criticism of Cheney's task force and his demand that the administration release its private energy deliberations even though he refused to do that in Vermont. Dean said his group developed better policy, was bipartisan and sought advice not just from energy executives but environmentalists and low-income advocates. He said his task force was more open because it held one public hearing and divulged afterward the names of people it consulted even though the content of discussions with

them was kept scret.

The Vermont task force "is not exactly the Cheney thing," Dean said. "We had a much more open process than Cheney's process. We named the people we sought advice from in our final report."

Dean said the saill believes it was necessary to keep task force deliberations secret. especially because the group was reviewing proprietary financial data from Vermont utilities. "Soo we advice does have to be given in private, but I don't mind letting people know who gave that advice," he said.

An expert in political rhetoris aid it was risky for Dean to attack Bush and Cheney on an issuewhere he was vulnerable.

"In general, what is good for the vice president should be good for Hones of findling."

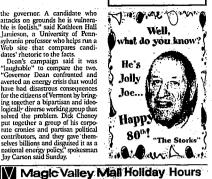
Mall Stores

(100)

Santa (Center Court)

the governor. A candidate who attacks on grounds he is vulnerable is foolish," said Kathleen Hall Jamieson, a University of Pennsylvania professor who helps run a Web site that compares candidates' rhetoric to the facts. Dean's campaign said it was "laughable" to compare the two. "Governor Dean confronted and averted an energy crisis that would have had disastrous consequences for the citizens of Vermon by bringing together a bipartisan and ideologically diverse working group that solved the problem. Dick Chency put together a group of his corporate cronies and partisan political contributors, and they gave themselves billions and disguised it as national energy policy" spokesman Jay Carson said Sunday.

# Classifieds 733-0931



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Storewide Customer Appreciation

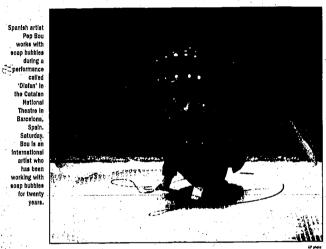
After-Christmas Sale

Saturday 12/27 through Wednesday 12/31

Markdowns in every department!

CONSUMER NEWS:

### = Don't burst my bubble =



Roadside bombs kill two U.S. soldiers

Los Angeles Times

BAGHDAD, Iraq — Readside bombs, which have become the most lethal threat to American troops in Iraq, killed two more Uses soldiers Sunday, one in the capital and another, in the volatile Sunni Muslim town of Fallujah, 30 miles to the west. The Baghdad attack also claimed the lives of two Iraq children.

Meanwhile, the death toll in a series of synchronized car bombs and rocket attacks a day earlier in the southern city of Karbaharose to 19 – seven coalition soldiers and 12 Iraqis. Throughout the fogshrouded day, tearful funeral processions wound their way through the streets of the Shitte Muslim holy city, and medical officials said nany of the nearly 200 people wounded remained hospitalized. Sunday's powerful blast on the December 2012 of the coalest and the coalest and the supplementation of the coalest and the supplementation of the coalest and the coalest and

eastern outskirts of Baghdad, which killed a member of the 2nd Armored Cavalry Regiment, wounded five U.S. soldiers, their raqi interpreter and eight members of the Iraqi interpreter and i

very heavily trafficked area, and it was a really big bomb." Roadside bombs – "improvised explosive devices," as the military calls them – have become the weapon of choice for Iraqi insurgents taking aim at U.S. croops. The bombs are concealed in trash piles, empty cans, cardboard boxes, old piping, even dead chickens.

FEEL LIKE YOU'RE ALWAYS RUNNING OUT OF ENERGY?

·DR. FOX ZZZZZ CAN MCL. PUT SOME PEP BACK IN BACK IN YOUR STEP! HELPING YOU FEEL GOOD IS WHAT WE DO BEST! Mii

# FOX CHIROPRACTIC • 1126 Eastland Dr. North • Twin Falls • 734-7077

# Protester's shooting spurs debate about Israeli troops' use of force in the West Bank, and it focused public attention on the army's use

JERUSALEM - An army shoot g of an Israeli protester during JERUSALEM – An army shooting of an Israeli protester during a demonstration against a barrier in the West Bank set off a heated debate in Israel on Sunday about whether troops have become trigger-happy during more than three years of violent conflict with the Palestinians.

Gil Naamati, 21, a kibbutz member who recently completed mandatory military service, was shot in the legs Friday as he joined protesters who tried to force open a gate and cut through the barrier near the Palestinian village of Maskha in the West Bank.

The incident was the first time in memory that an Israeli demonstrator had been shot by soldiers

of live gunfire against protesters

of live gunfire against protesters there, a common practice in confrontations with Palestinians that usually attracts little scrutiny. More than 2,000 Palestinians have been killed by Israeli troops in the West Bank and Gaza Strip during the current conflict, many in clashes ranging from gun battles to stone-throwing protests. More than 900 Israelis have been killed in Palestinian suicide bombings and shootings.

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(Something to do while you wait.) 1. dog



# Hopes of finding survivors of Iran quake grow dim

quake grow dim

BAM, Iran (AP) – Hopes of finding more earthquake survivors in Iran's ancient city of Bam faded Sunday as the sharp, foul smell of death permeated the pulverized rubble where mud-brick houses became instant tombs for more than 20,000 people.

Rescue workers from around the world joined Iranians in searching through powdery debris that left little room for air pockets, which could allow people to survive while awaiting help.

More than 20,000 bodies, including one American killing the drives of the control of t

Only one man was pulled alive from the rubble Sunday, Iranmanesh said. A day earlier, officials reported freeing 150 sur-vivors.

officials reported freeing 150 survivors.

"We have not lost hope for survivors, and our priority remains to find them," Interior Minister Abdolvahed Mousavi Lari said.

Later, he told reporters that the search for survivors would probably end Monday night: "Tomorrow is the last hope."

Experts say that 72 hours is generally the longest people can survive if they are trapped in rubble. Surrise today is Bam's 72-hour mark.

# IF YOU READ NOTHING ELSE IN TODAY'S PAPER...READ THIS! CHEVROLET CADILLAC OF TWIN FALLS IS HOLDING ITS FIRST EVER "MILEAGE AMNESTY" EVENT By: Scott Munroe

**CHRISTIAN** 

**BOOK STORE** 

n the Heart of Downtown Monday-Friday 9-7 125 Main Ave. W Saturday 9-6

'(Twin Falls) – They say there's nothing new under the sun and that's been true, until now! This Fri. Sat. Sun. Dec. 26th thru 3 tst Chewrolet Cadillac of Twin Falls will have possibly the most unique savings event ever. For these 6 days only, they'll be appraising trade-in cars as if they had 15,000 fewer miles than is shown on the odometer!

'Mileage is one of the most significant items we look at when we appraise the value of a customer's trade in', sald Ken Lynch, the manager in charge of used vehicle appraisals at Chevrolet Cadillac of Twin Falls. 'It's right there in the Kelley Blue Book. As a car hits different mileage levels the value goes down. Any trade-in, regardless of condition is worth more if it has fewer miles." It's a fact of life that we've all come to accept. come to accept.

But leave it to the innovators at Chevrolet Cadillac of Twin Falls to come up with a way to truly turn back time! "We're faced with a serious problem," said Barry Langdon, the General Manager of Chevrolet Cadillac of Twin Falls,

"we're overloaded with new vehicles that we have to move and we've got a tremendous demand for good used cars that are just hard to find.

tremendous demand for good used cars that are just hard to find. After analyzing the problem, we feel like we've come up with the perfect solution to solve both issues." Barry continued, "Even though it's an expensive proposition for us, we decided the best way to get quality trade-in's is to.

"...give customers a way to actually get more for their old car than it's worth."

The easiest way to do that is to appraise every trade-in as if it had The easiest way to do that it has appraise every trade-in as if it has 15,000 fewer miles...It's like putting a full year's worth of depreciation right in the And to solve the excess new vehicle problem?

JESTY" EVENT
Munroe

"That's the really exciting part," said Lynch, "we've rolled back prices on our entire excess inventory and clearly posted the discount price right in the window. These savings are huge." I toured the Chevrolet Cadillac of Twin Falls lot and was astonished by what I saw. Mr. Langdon showed me 2003 Chevy Cavalier for only 58,92 or 2003 Chevy Malibu for only 510995. Impressed, I asked them to show me exactly how the sale would work. Mr. Lynch walked me through it. "Let's say your trade is in pretty good shape for a vehicle of that age. Your mileage is 42,650 so when I check the book value it should be worth around \$15,900. Now, let's see what happens when we take 15,000 miles off the odometer reading. The value goes up by \$1250 making your trade in worth \$17,150 for these 6 days only." It's important to remember that the overall condition and marketability of your vehicle are factors that contribute to the determination of the actual trade in value of your car and that this incredible opportunity only applies to customers trading in their old car on the purchase of a new or used vehicle.

So, now it's easy to see with

So, now it's easy to see with these trade-in values, fantastic discounts prices, huge rebates and low interest rates why this weekend is the best chance of the year to get the vehicle you want at a payment you can afford. 'Looking at all these factors, we predict that we'll have customers come in whose payments may actually be lower on their new acr than on the car their driving now." Langdon added. .... this truly is an opportunity that a smart customer just can't pass up."

Chevrolet Cadillac of Twin Falls is located on the corner of Pole Line Rd. and Blue Lakes Blvd. North, Sale hours at are Mon. thru Sat. 8;00am - 8:00pm, and Sunday 10:00a.m. to 5:00p.m.

208.733.3033

CHEVROLET

Cavalier Sik #'s P5173, #P6134, #P6135 Malibu Sik #'s P7172, P7173, P7174

# AROUND THE VALLEY

# Planning under way for Wilson bash

RUPERT - The 2004 Wilson Theatre Ball will revolve around a Mardi Gras theme. The event is scheduled for Feb. 28 at the Burley Inn. It features a dinner, dance, live auction and a silent auction. Tickets are \$40 a person. The ball is the major fund-raising event for the theater, Renaissance Arts Center Director Chris Jackson said. Last year's event raised about \$20,000 for the ongoing theater renovation project.

# T.F. K-9 Unit seeks

T.F. K-9 Unit seeks
volunteers, dogs
TWIN FALLS – An all-volunteer K9 soarch and rescue group is looking
for volunteers, with or without dogs,
aid their efforts in the Magic Valley.
Snake River K-9 Rescue Unit
needs members of the public to
"hide" for mock searches during
dag training. People can volunteer
once or many times.
Dog owners can get their pets
involved, but owners and pets must
demonstrate a commitment to learning search and rescue techniques.
Any dog breeds are welcome.
Interested persons may call the
Unit's cell phone at 731-0540 for
more information.

### Share your heritage recipes with Times-News

recipes with Times-News
TWIN FALLS - It seems each
family has a special tradition that
centers around food - especially
this time of year.
Grandma's sourdough pancakes on
Chrismas morning. That special soup
to warm your insides after a morning
of working cattle in the blowing snow.
The way your mother's homemade
bread sented the kitchen.
The Times-News hopes you'll share
your recipe box for the newspaper's special look at the Magic Valley's hertiage recipes - recipes from the
families that helped settle the land
and made this valley gaw.
If your family homesteenad here
and you have call writer Karma
Fringerial at 735-3353 or send email to karmawrites-welocitus.net.

### SNRA proposes beetle planin Sawtooth Forest

planin Sawtooth Forest
KETCHUM - The U.S. Forest
Service is proposing to conduct single environmental analysis to prescribe creatment for mountain pine beedle infestations in developed areas of the Sawtooth National Recreation Area.

"The mountain pine beedle epidemic that is currently killing thousands of trees on the SNRA is of such a scale and intensity that it leaves us with very little time to respond to attacks in new areas," Dave Fluetsch, project team leader, and in a news release.

"Many of the trees in the developed recreation sites ... are extremely valuable to maintain so it values and a quality recreational experience. The window to treat these trees is very short," he said. A single analysis can be used for each new treatment, he said.

A single analysis can be used for each new treatment, he said.

Written comments on the proposition of the creatment of the comments of the project of th

For information about treatments that have been used, contact him at 208-727-5001. They have included tree removal, treatment of high-value trees in campgrounds with the insecticide Carbaryl; and Verbenone, which imitates a natural chemical produced by the pine beetle to discourage other insects from attacking the same tree.

Complied from staff reports

# Snowpack Snowpack



# THE POWER OF SNOW



# **Avalanche experts** encourage safety

SUN VALLEY – Thanks to increased education and awareness, fatalities due to avalanches haven't kept pace with the explosion in winter backountry use or technological advances in snowmobiles and other equipment that allow people to go farther and higher on the slopes. Still, the number of avalanche fatalities has more than doubled during the past decade. Ten years ago there were 12 avalanche fatalities a year in the United States on average. Now there are 30.

And three of those occurred last year in Idaho, one of them involving a snowmobiler playing in the Trinity Mountains north of Mountain Home.

In all, avalanches kill more people on national forest land than do floods and other natural catastrophes, said Doug Abrometi, national director for the Forest Service avalanche centers, which are located throughout the West and New Hampshire.

One of those centers is loested in Ketchum. Its two full-time and one part-time avalanche specialists go out diduring winter in the mountains between Hailey and Galena Summit looking for clues that indicate whether the snow is stable or risky to play in.

They trudge back into the office at 5 the next morning, filing their findings on an avalanche Web site and hotline. The Web site and hotline got \$0,000 hits last year, more than double what they got a few years earlier.

"It know they're getting used," said Janet Kallam, director of the Savotooth National Forest Avalanche Center. "Last year when we kept reporting that the south slopes were stable and the north slopes were on, there were tracks all over the south sides. No one put a toe on the north sides."



wn on a snow block in Above, Janet Kellam Jumps up and do an attempt to see how much force it takes to cause a breal in the snow. The test is one of several backcountry recre-ationists can use to determine how stable the snow is on a Please see AVALANCHE, Page A6

Please see AVALANCHE, Page A6

# **Council eyes** light-changing technology

Red lights could be switched ... to green by emergency vehicles.

By Rebecca Meany Times-News writer

TWIN FALLS - Red lights shouldn't always mean

TWIN FALLS – Red lights shouldn't always mean "stop."

New technology being considered by the Twin Falls. City Council would allow some vehicles to circumvent traffic signal rules – and it could mean saving a life. The council will hear a request tonight from the Twin Falls Rural Fine Protection District that would allow for one company to provide technology that, during emergencies, would change traffic signals in authorized vehicles' paths to green, while turning cross-traffic lights to red.

Emergency vehicle traffic signal pre-emption equipment uses an infrared signal to communicate between fire trucks or patrol cars, for instance, with the signals in their direction of travel.

"This is not new technology but would be new to Twin Falls," said battalion chief Dick Capps.

Previously, the cost had been prohibitive. But the price has come down considerably, he said.

The funds for supplying and installing the equipment, approximately \$238,000, would come from the Twin Falls Rural Fire Protection District. The technology would cover 32 intersections and include 50 emitters for vehicles.

The city must give its approval because the technology would be installed in city-owned traffic lights.

Capps said he hopes the equipment could be obtained by late January.

Installation would be put to bid once the equipment arrives.

Open house

# F&G hosts open house regarding hunting rules

JEROME Allowing muzzleloaders and bow hunters to use new enhancement equipment will be just two among many proposed

The Idaho Department of Fish and Game will hold an open house from 8 a.m. to 5 p.m. Jan. 5 at S86 E. Main St. in Jerome. Hunters unable to attend mey voice comments until Jan. 8 to the regional office by calling 324-4359. Individuals with disabilities may request meeting accommodations a tracer of the regional office of the content of the regional office or the regional of the regional office or the regional of the regional office or

ment equipment will be just two among many proposed changes to 2004 hunting rules up for public review at an Idaho Department Fish and Game open biase in the New Year. The department also will be asking hunters what they think about a number of other proposed rule changes. They include:

• Allowing mizzeleoaders to use 2009 primers that provide a more dependable in guitton source than equipment that has been allowed.

• Allowing archery hunters to use bows with greater than 65 percent levoff. Let-off is the amount of pressure on the string when the bow is at full draw.

• Removing travel restrictions from traditional muzzleloader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunts (there are just a few in Idaho). Muzzlelaader hunters.

Commission and be under the same restrictions as all other hunters.

• Allowing hunters to buy more than one leftover non-resident deer or elk tag.

• Treating nonresident juhior, mentor hunting licenses the same as hunter graduate licenses and 10 to 11 year-old small game licenses by requiring accompaniment of a licensed adult in the field. "Accompanied" is defined as being within normal talking distance without the aid of electronic equipment.

• Making it litegal to kill wild big game animals within a fenced enclosure.

• Clarifying the rules to say that hunters checking in a lion must allow the removal of a premolar tooth, the same rule that applies to bear.

• Allowing people to cancel their controlled hunt application at regional offices and reapply for a different hunt in case they change their mind or the initial application was in error.

• Dropping the requirement for transporting the lower jaw of elk and deer for check stations.

# Drug education seminars scheduled at Mini-Cassia schools

Narconon initiates

seven local lectures The Times-News

BURLEY - About 2,500 Mini-Cassia students are expected to hear drug education lectures next week through a Narconon

next week discovering the program.

Narconon Idaho Executive Director Bill Jensen said lectures are planned at seven

schools in Mini-Cassia and one evening presentation for the public also is planned. That session runs from 7 to 8 p.m. Wednesday, Jan. 7 at the Narconon Idaho office, 1316 Overland Ave in Burley. The lectures will be delivered by Tony Bylsma, executive director of Narconon Drug Prevention and Education Inc. of Los Angeles. In the past 23 years Bylsma has lectured about drugs to about 200,000 students, Jensen

about 200,000 students, Jensen

Bylsma uses an interactive style in his presentations, Jensen said. He talks about how drugs affect someon's body, how addictions get started and how addictions affect people. Bylsma talks about specific drugs "to some degree," Jensen said.

Jensen would like to have some sort of follow-up programs after Bylsma visits, but nothing specific has been planned. School officials may order drug information kits through the Narconon office, ho.said. There is

a charge for those kits and other Narconon drug information booklets. Jensen would also like to

booklets.

Jensen would also like to bring Bylsma back to MiniCassia, possibly before the end of the school year, but he pointed out there is a fee to bring Bylsma to the area.

A fund-raiser for next week's lectures is planned for Tuesday.

The lunch and reffer our form

The lunch and raffle runs from 11 a.m. to 2 p.m. at the Ambulatory Surgery Center of Burley at 1338 Hiland Ave.

# School sessions

5 - Burley Junior High Sch 6 - Minico High School 7 - West Minico Middle

Jan. 7 Treas mill.
School
Jan. 8 - Mini-Cassia Opportunity
Center and East Minico Middle
School
Jan. 9 - Cassia Education Center
and Raft River High School

Raffle tickets may be purchased in advance by calling 312-0398 or 878-2600.

# THIS WEEK AT CSI

# Today

Campus is closed for Christmas break. CSI winter baseball camp con-tinues, Eldon Evans Expo Center.

### Tuesday

Tuesday
"Retro Steel" art show on display (through January 2004), Jean
B. King gallery, Herrett Center for
Arts and Science.
"Steamrolling Through the
Holidays," 1, 3 and 8:15 p.m.,
Faulkner Planetarium.
"The Christmas Star," 2 and
7 p.m., Faulkner Planetarium.

### Wednesday

"The Christmas Star," 1 and 3 p.m., Faulkner Planetarium. "Steamrolling Through the Holidays," 2 p.m., Faulkner

lanetarium. Styx Narcotics Anonymous ceting, 7 p.m., Taylor 276.

# Friday

Filday

- Huggie Bears Narcotics
Anonymous weekly meeting, 7
p.m., Desert 113.
CSI Golden Eagle women's basketball team plays College of Eastern Utah, 6 p.m., Price, Utah.

"Ring World" debuts at 7 p.m.,
Faulkner Planetarium, Herrett
Center for Arts and Science.
CSI Golden Eagle men's basketball team plays College of Eastern
Utah, 8 p.m., Price, Utah.

United Church of God International weekly meeting, 10 a.m., Aspen 145.

"Ring World," 2 and 7 p.m., Faulkner Planetarium. "More Than Meets the Eye" with live sky tour, 4 p.m., Faulkner

Planetarium.
CSI Golden Eagle women's basketball team plays College of Eastern Utah, 6 p.m., Price,

an. 'Ring World," 7 p.m., Faulkner

"Ring World," 7 p.m., Faulkner Planetarium. CSI Golden Eagle men's basket-ball team plays College of Eastern Utah, 8 p.m., Price, Utah. "Led Zeppelin: Maximum Volume I." 8:15 p.m., Faulkner

# Sunday

Church on the Rock weekly services, 11 a.m., Shields 114.

# **OBITUARIES**

For oblituary rates and information, call 735-3278 Monday through Saturday, Deadline is 4 p.m. for next-day publica-tion. The e-mail address for oblituaries is obits@magicvailey.com. Death notices are a free service and can be placed until 4 p.m. every day. To view or submit oblituaries online, or to place a message in an individual online guestbook, go to www.magicvailey.com and click on "Oblituaries."

## Walter Wataru Sanada - Burley

Walter Wataru Sanada, 90, of Burley died Sunday, Dec. 28, 2003, at Parke View Care & Rehabilitation Center. Walter was born at Selma, Calif., on July 31, 1913, the third of five children. His father, Missugoro Sanada, and his mother, Tori Yoshidata, emigrated from Kumamoto prefecture in Japane from Kumamoto prefecture in Japane mear Selma and later to California. Walt grew up on the family farm near Selma and attended schools in the countryside and in Selma, graduating from Selma High School in 1930.

He and his family raised citrus, and golden seedless raisins until 1942, when Executive Order 9066 required people of Japanese ancestry on the West Coast to relocate to inland camps. After meeting his future bride at the Gila River relocation camp in Arizona in 1942, Walt and Michiko Anzai were married in 1944. They established their home in Burley, Idaho, where they have lived ever since.



Initially, Mr. Sanada worked as a landscaper, then as a fountain pen and appliance repairman at Saterstrom's for many years until the J.R. Simplot Processing Plant in Heyburn hired Walt as a journeyman electrician and mechan-ic for 11 years preceding his 65th

birthday. Walt is well-known by many as an avid fly fisherman, fly tier and

master gardener. He also enjoyed bowling and doted on his grand-children and great-grandchildren. Mr. and Mrs. Samada have made their home in Burley for nearly a half century.

Mr. Sanada is survived by is wife, Michi of Burley, their three children, five grandchildren and three great-grandchildren. Waltschildren are Marilyn Sanada Rosmann who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Linda at Pewaukee, Wis.

The funeral service will beheld at 11 a.m. Wednesday Dec. 31, 2003, at the seventh-day Adventist Church, 1250 21st St. in Heyburn with Pastor James Framele officiating, Burial will be in Gem Memorial Gardens.

Friends may call from 6 to 8 p.m. Tuesday at Rasmussen Funeral Home, 1350 E. fibh St. in Burley, and from 10 to 10.45 a.m.

# **Dorothy Hilda Rice - Wendell**

Dorothy Hilda Rice, 87, a resident of Wendell, died Friday, Dec. 26, 2003, at St. Benedict, Family Medical Center in

Pamily Medical Center in Jerome.

Dorothy was born on Oct. 24, 1916, in Conrad, Mont., the daughter of Virgil and Katie Vos Beem. She was raised and educated in Twin Falls and Wendell. Rice on Sept. 15, 1953, in Twin Falls. They made their home on Arm south of Wendell. After Chester died in 1996, Dorothy moved into Wendell. Over the years, Dorothy worked as cook at the Magic Valley Manot, baked beautiful wedding cakes and also worked for Weavers Funeral Chapel in

wendell. Dorothy was a member of Jerome Historical Society (Farm and Country), and the Hill and Dale Club in Wendell. Dorothy was always a very hard worker and was a very special lady. She was loved by all:

Dorothy is survived by a son, Wayne Fred Rice of Wendell, Idaho; a daughter-in-law, Betty Rice of Wendell; three brothers, Arthur (Melba) Beem and Truman (Ruby) Beem, all of Jerome, Idaho, and Kenneth. (Donna) Beem of Eden, Idaho; one sister, Laura (John) Kober of Burley, Idaho; a niece, Marilyn Stennett; four grandchildren, five great- great-grandchildren and four step great-grandchildren.

Derothy was preceded in death by her husband (1996); a son, Robert Chester Rice (1999), a son, Robert Chester Rice (1999), a son, Robert Chester Rice (1999), and a sisten, Anga Beem.
Memorial services will be held at 2 p.m. on Tuesday, Dec. 30, 2003, at the Wendell United Presbyterian Church. Services will conclude at the church. Private burial services will follow at Wendell Cemetery.
Family, members and friends may call at Demarqs' Wendell Chapel from 5 to 7 p.m. today and from 10 a.m. to noon Tuesday.
In lieu of flowers, memorial contributions may be made in Dorothy's name to the United Presbyterian Church Building Fund.

# SERVICES

Norman Moore Miranda of Wendell, memorial service at 1:30 p.m. today at the Wendell United Methodist Church (Demaray's Wendell Chapel).

Wanda Ione Haskins McKinney of Twin Falls, service at 11 a.m. today at the First Christian Church in Twin Falls; interment will follow the service at the Twin Falls Cemetery (Parke's Magic Valley Funeral Home, Twin Falls).

Andrew Leonard Emerson of Twin Falls, graveside service at 11 a.m. today at Sunset Memorial Park (White Mortuary, Twin Falls).

David Michael Bybee of Twin Falls and formerly of Idaho Falls, service at 1 p.m. today at Buck-Miller-Hann Funeral Home, 825 E. 17th St., Idaho Falls, friends may visit with the family one hour before the service at the funeral home; burial at Fielding Memorial Park in Idaho Falls.

Mary Marjorie Hale of Gooding, service at 2 p.m. today at the First Christian Church in Gooding; burial will be at Elmwood Cemetery in Gooding (Demaray's Gooding Chapel)....

May Isabelle Gallant of Burley, vigil service with rosary at 7:30 p.m. today at Saint Nicholas Catholic Church, 802 F St., Rupert; funeral Mass at 11 a.m. Tucsday at Saint Nicholas Catholic Church; burlal will be at Pleasant View Cemetery; friends

and family may call from 4 to 6 p.m. today at Rasmussen Funeral Home, 1350°E. 16th St., Burley, and from 7 p.m. until time of the rosary today at the church and before the funeral Mass Tuesday at the church.

Gary Bengoechea of Meridian, service at 10 a.m. Tuesday at Cloverdale Funeral Home in Boise; viewing will be from 4 to 6 p.m. today at the funeral home.

Newell Dee Barzee of Gooding, service at 11 a.m. Tuesday at the Gooding LDS Church; friends may greet the family from 10:30 a.m. until time of the service Tuesday at the church (Demaray's Gooding Chapel).

Mildred 'Millie' A. Springman of Gooding, service at 3:30 p.m. Wednesday at the First Christian Church in Gooding burial will be at Elmwood Cemetery in Gooding; family and friends may call from 1 to 7 p.m. Tuesday at Demaray's Gooding Chapel.

Kenneth Duane "Kenny" Leazer of Twin Falls, memorial service at 11 a.m. Friday at White Mortuary in Twin Falls.

Anne Field Johnson of Twin Anne Field Johnson of Iwin Falls, celebration of life and a showing of her artwork at 11 a.m. Saturday at Our Savior Lutheran Church, 1708 Heyburn Ave. E., Twin Falls (Parke's Magic Valley Funeral Home, Twin Falls).

# - DEATH NOTICES -

# Helen Kaczmarski

GOODING - Helen Kaczmarsk 85, a resident of Gooding die Saturday, Dec. 27, 2003, at Goodin County Memorial Hospital

County Memorial Hospitali of Goding, Graveside funeral services will be held at 1 pm. Wednesday, Dec. 31, 2003, at the Filer Cemetery in Filer Friends may call from 11 amutil noon Wednesday at Demaray's Goding Chapel.

A complete obituary will appear on a later date in The Times-News.

# James Robert Barnhart

TWIN FALLS - James Robert Barnhart, 89, of Twin Falls passed

away Sunday, Dec. 28, 2003 at his

At his request, no services are planned and cremation will take place under the direction of White Mortuary and Crematory "Chapel by the Park." An obituary will follow at a later date.

Betty Royce TWIN FALLS – Betry Royce, 64, of Twin Falls, died Saturday, Dec. 27, 2003, at her home in Twin Falls.

Arrangements are pending and will be announced by Parke's Magic Valley Funeral Home of Twin Falls.

# ON THE AGENDA-

Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln. Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E. Twin Falls County commission-ers, 8:30 a.m., courthouse, 425 Shoshone St. N.

Today

Jerome City Planning nd Zoning Commission, 5:30 .m., council chambers, 100 E.

p.m., council chambers, 100 E. Ave. A. Twin Falls County commission-ers, 8:30 a.m., courthouse, 425 Shoshone St. N.

This list is compiled om advance schedules. The This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

# Search crews find one body of three missing avalanche victims

PROVO, Utah (AP) – The body of one of three men missing since Friday after a series of avalanches in northern Utah's backcountry was recovered Sunday night in four feet of snow.

Mike Hebert, 19, of Orem, was identified by his driver's license and cell phone, which were with the body when it was found around 5:20 p.m., Utah County Sheriff Jim Tracy said.

The body was found with a poll stuck into the snow just above an area where two hats, a backpack and a snowboard were found earlier in the day. Two other men menained missing Sunday night, although the search continued even after dark.

Hebert's family was at the scene were notified shortly after the body was discovered.

Rescue workers kept poking

and prodding the deep snowpack, hoping to find the two other bod-ies or another sign that they may be nearby.

"It makes me hopeful," Tracy

"It makes me hopeful," Tracy said of the recovery.

The snow was packed so tight, aluminum poles were breaking and had to be replaced by ones made of steel. Workers remained on the mountainside Sunday night, but were not to return Monday because of an approaching storm that was expected to dump 12-18 inches of fresh snow on the area.

Hebert, Rod Newberry, 20, and Adam Merz. 18, were lost Friday

on the area.

Hebert, Rod Newberry, 20, and
Adam Merz, 18, were lost Friday
afternoon, when one of several
avalanches swept over them and
two friends, who survived. A day
of extensive searching over 10
acres on Saturday found no sign of
the missing men.

The group was snowboarding in a remote area where there is no avalanche control, about a mile north of Sundance set resort and about 25 miles northeast of Provo. They were swept a half mile down a narrow chute above Aspen Grove. Two smaller avalanches followed.

J.D. Settle, 20, was completely buried by the first avalanche, but dup himself out only to be buried up to his neck in the second. He survived with a slight knee injury and was treated for hypothermia, then joined the rescue effort Sunday aftermoon.

"I want to go up and help find my friends. That's all I want to do." Settle said before Hebert's body was found. "I thought awas gone. That third one, I thought it was going to bury me because I had just my head poking out of the snow and that's it."

# Authorities recover 12 bodies of mudslide victims in California

SAN BERNARDINO, Calif.
(AP) - Authorities on Sunday
found the bodies of five more people caught in a mudslide that
engulfed a church camp on
Christmas, and urged people in
mountain areas scorched by fall
wildfires to prepare for heavy

Christmas, and urged people in mountain areas scorched by fall wildfires to prepare for heavy mins Monday that could trigger more devastation. Two children washed away from the St. Sophia Camp were found tangled in debris more than four miles below, in a cement catch basin in downtown Sam Bernardino, said Chip Patterson, spokesman for the San Bernardino County shorfff Separtment.

Two women and a man, all in their 40s, were found closer to the camp in the San Bernardino Mountains, It took a buildozer and other heavy equipment to find those bodies in the deep mud.

The grim discoveries brought the total number of bodies recovered from the Greek Orthodox camp to-12, with a baby boy and a teenage boy still unaccounted for, Patterson said. Two other people died in another mudslide Thursday at a campground about five miles away. The identities of the victims found Sunday were not immediately known. People who had been counted among the missing included the camp's caretaker, Jorge Monzon, his wife, Carla, and their 6-month-old son, as well as Resa Najera, 42, and her daughter Katherine, 5.
Authorities said the children found Sunday were a 7- to Syear-old grid and a 12- to 14-year-old boy. Patterson said search crews, including ist corpse-sniffing dogs, would resume the search Monday morning.

"We may never find everyone," he said. "We have to be practical. We may have bodies that have washed drown "several miles. This is not a mudslide, it's a massive flash flood." About 200 people attended a service honoring the victims Sunday at the Church of God Prophecy in San Bernardino, which many of those killed or missing had attended. Many of the victims also were immigrants from Guatemala, the Rev. Emilio Ruedas said.

Ruedas said.

Many cried quietly at the evan-gelical church, where worship-pers swayed, waved their hands, sang in Spanish and shouted "Arnen" and "Ifallelujah." One woman screamed and sobbed before collapsing in her chair during one song, and was escorted out several minutes later, visibly shaken.

# Five die in Utah crash

DRAPER, Utah (AP) - Five people died Sunday afternoon when the motor home they were traveling in went out of control and crashed off Interstate 15 in suburban Salt, Lake City, the Utah Highway Patrol sald. The vehicle was northbound just before 2 p.m. MST when it crashed and came to a stop on a hill between the two lanes, Utah Highway Patrol spokesman Chris Kramer said.

Kramer said initial reports had six of the 10 people in the motor home were confirmed dead, but the total was actually five. Three people were flown to area hospitals in critical condition, Kramer said, one more was in serious condition and a fifth survivor was considered to have survivor was considered to have moderate and not-life threaten-ing injuries. Patrol Lt. Steve Meyer, who

ing injuries.
Patrol Lt. Steve Meyer, who was at the accident site about 15 miles south of downtown Salt Lake City, said the passengers may have been part of a single family, but with so many involved it was not clear. He said children were among the victims, but could not say how old they were.

The vehicle appeared to have crashed through the guard rail at the front of the overpass, then landed on or beyond the road that the Interstate spans before coming to a stop on a hill. The motor home remained on its side more than an hour after the crash.

"It basically skidded back up the cement staucture and ended up basically between the two freeways back up on top," Meyer said.
Traffic in both directions was

freeways back up on top," Meyer said.

Traffic in both directions was resuming slowly two hours after the accident.

Northern Utah has been hit by the hardest winter storm of 2003 the past few days. 145 was clear and dry at the time of the accident, but windy.

The large, white vehicle with blue trim was visibly bowed as road crews prepared to tow it.

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# THE LONGEST STRETCH



State Rep. David Langhorst, D-Bolse, takes photos of colleagues inside the house chambers at the idaho Statehouse in Bolse, idaho, on May 2. The day marked the 117th day the legislature has been in session, the longest in state history.

# Money matters dominated headlines in Idaho in 2003

Associated Press Writer

BOISE (AP) - Money was at the heart of the news that covered Idaho's front pages and filled its air waves in 2003. A sluggish economy kept employment opportunities in check across the state, forcing a record tax increase to ense a huge government deficit and undermining the University of Idaho's showcase project in the state's largest city. That cost the school's top two officials their jobs. Misuse of public funds let the state's leading municipal official fastretch in prison, and a judge overturned the Legislature's attempt to force property tax hikes on local school district residents unvilling or unable, no pay for building improve-

in review

Sunday National news World news National sports National finance Dave Barry

Monday

Tuesday

Wednesday

residents unwilling or unable, to pay for building improve-ments.

ments.
As the year came to a close,
money was still on the minds
of Idaho's policy-makers. Few
expected any quick return to
the years of strong growth that
marked the last decade.
It was the collapse of that
expansion that left hawmakers,
frysh form a record tax cut in

expansion that left lawmakers, fresh-from a record tax cut in 2001, facing waves of red ink. The state slipped through 2002 by draining every reserve it had and slashing budgets by \$200 million.

and slashing budgers or ammillion.

But the economy continued skiding. Unemployment howered near a 15-year high and drought persisted as 2003 began, stripping the last shred of optimism from Gov. Dirk Kempthorne and many lawmakers that they could ride out the downturn without making an politically dicey decisions.

sions.

By February jobs began disappearing, and tax collections remained short of even the drastically scaled-back estimates. It would only take five months for nearly 10,000 jobs to disappear.

Kempthorne immediately took the

initiative. The Republican governor braved the anger of conservatives by opening the legislative session with a call for a cent and a half increase in the

Year

brawed the anger of conservatives by opening the legislative session with a call for a centiand-a-half increase in the sales tax.

The overwhelming GOP majority in the House was slow to accept his view that the state's financial crisis could not be solved by spending cuts alone. While few wanted to raise taxes, there was no significant support for the dramatic cuts required in education and other programs without a tax hike.

It took weeks, in fact a record number of weeks, before a majority grudgingly agreed to the two-year, penny increase in the sales tax and the two-year, 29-cent-a-pack hike in the cigarente tax.

It was 118 days before the financial state of the two-year, penny increase in the sales tax and the two-year, 29-cent-a-pack hike in the cigarente tax.

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It was 118 days before the financial state of the financial state of the financial state of the financial manuvering on its botched University Place complex in Boise.

Rather than reinforce the school's standing as the state's leading university, the fiaseo eroded its reputation in the face of the rising influence of Boise State University, where new President Robert Kustra's political and scademic savvy could give the school yet another leg un.

leg up.

Proposed when the economy still seemed strong, the multi-building \$136 million University Place project hit several financial bumps. To keep it going, the university used its foundation to handle some upfront financing, lending it \$10 million while the foundation borrowed another \$12 million from a trust it managed and used other score, so hard, a \$5 million ged and used other to back a \$6 million

assets to back a \$6 million commercial loan.
When the economy went south, the overall financing scheme did too. The loans cost University President Robert Hoover and his financial vice president their jobs, and everything but the \$50 million Idaho Water Center was aban-doned.
A six-month investigation

doned.

A six-month investigation costing well over \$600,000 suggested state laws may have been broken and ethical responsibilities breached.

breached.

Prosecutors are still assessing that report.
Hoover is now the president of Albertson College of Idaho.
Only blocks from the site of what is left of University Place, scandal took down the mayor of the state's capitol city. After 10 years in office and a stint as the president of the U.S. Conference of Mayors, H. Brent Coles was indicted for misusing public money.

The investigation was triggered by a questionable side trip Coles and his chief of staff took to New York City for dinner

and a Broadway show with the city attorney and her aide in November 2002. By mid-February, he was forced to resign, and three months later he was indicted. He pleaded guilty to two felonies the day before voters picked State Rep. Dave Bieter as his successor. Coles could go to prison for up to three years when he is sentenced Jan. 9.

Congressman Butch Otter, the sometimes flamboyant libertarian who is expected to run for governor in two years.

As the year

ended, there

were hints that the economy

had bottomed out and was

beginning to

rebound. But

fears of

continued drought haunted many.

to run for governor in two years, grabbed
the attention of many when
he took the lead of the campaign to repeal, or at least
change, provisions of the
USA Patriot Act.
One of just three
Republicans to oppose the
law when it was passed in the
weeks following the 2001 East
Coast terror attacks, Otter's
stand has been welcomed by
most Idaho residents, who
philosophically object to government intrusion in their
lives.

It drew Attorney General

d. But comment intrusion in their lives.
It drew Attorney General John Ashcroft to Boise to give local law enforcement apep talk to support the aw. But the public support Otter generated, including a broad-based coalition of groups called the Boise Patriots, convinced the rest of the congressional delegation to back changes in the law.
U.S. Attorney Tom Moss has defended the law, saying some of the criticized provisions have only been used once in Idaho.

That was apparently while agents were putting together the case against University of Idaho graduate student

# YEAR-END **REVIEW**

# Counting the days...

117 days in session for the Idaho Legislature, the longest in state history, making it No. 1 on state's year-end Top 10 stories list.

# Top 10 stories in Idaho

Here are the top 10 stories in Idaho of 2003 as ranked by newspaper editors and broadcast news directors of The Associated Press

1. The longest legislative session in

history produces a record tax hike.

2. The economy showed only marginal improvements from the worst downturn two decades.

in two decades.

3. University Place project costs president, financial VP their jobs.

4. Congressman Butch Otter defles the Bush administration on the Patriot Act.

5. University of Idaho researchers are first to clone a mule.

6. University of Idaho graduate student charged, linked to terrorists.
7. Legislative attempt to end school

suit declared unconstitutional.

8. Former Boise mayor, top aide con-victed of misusing public money. 9. Drought persisted across Idaho but timely spring rain stretched reservoir supplies

10. Two firefighters die on the Cramer fire in eastern Idaho.

Sami Omar Al-Hussayen of Saudi Arabia, who awaits a Jan. 20 trial on visa fraud charges. Federal agents claim Al-Hussayen has links to terrorists and has funneled money to Islamic chartites suspected of terrorist ties. He has denied the allegations but has been in jail since his arrest last February.

The first deture and service that been in juil since his arrest last February.

Offsetting the publicity generating by Al-Hussayen's case was the international recognition that came to the university in late May when it announced that researchers at Idaho and Utah State University had cloned a mule. It was named Idaho Gem.

Their achievement, repeated two more times through the summer, marked the first time a member of the horse family has been cloned.

The Legislature and school districts battled over financial support for the 13th year in court without resolution. Lawmakers essentially outlawed the lawsuit to unilaterally end the fight only to have 4th District Judge Deborah Bail declare that tectic unconstitutional.

That ruling and her earlier order-declaring-invalid-the-statos-system-of-inancing school buildings only with local property taxes are both on appeal to the Idaho Supreme Court.

# Avalanche

Continued from A4

Continued from A4
Kellam also teaches basic avalanche awareness classes in the
classroom and in the field, teaching people how to determine the
stability of slopes for themselves.
"Often avalanche victims are
very good at what they do. But
their avalanche skills don't match
their skilm or snowmbilline

their avalanche skills don't match their skiing or snowmobiling skills," she said. Hailey snowmobiler Owen Downard concurred: "Even today I see people strapping on an ava-lanche beacon who have no idea how to use them. Yet they feel invincible." Alban half of all avalanche victims are slders and snowboarders. The

About half of all avalanche victims are skiers and snowboarders. The other half are snowmachine users. Many of the fatalities might have been prevented had the victim paid attention to the varining signs, said Kellam, who has been buried in an avalanche herself, on awerage them 23.5 signs of instability whenever there's an accident. Sixty-three percent of snowmobile accidents occur during high-marking, when snowmobilers try to climb as high as they can on slopes. Many of those accidents happened when the high-marker got stuck in the snow and a buddy got stuck in the snow and a buddy rode up to help him. The added stress on the snowpack can trigger a slab avalanche.

# **Avalanche** safety

Janet Kellam, director of the Sawtooth National Forest Avalanche Center, offers these avalanche safety suggestions: Travel on ridgelines, rather than

guillies. Avoid traveling on roads immedi-Avoid traveling on roads immedi-ately below steep slopes. Two snowboarders died a few hundred yrads from Idaho Highway 75 in 1996 when a slab of snow peeled off a steep slope above them as they walked up a snow-covered logging road. Be especially cautious immedi-ately following rapid snowfall and/or rain or a period of high winds. Ditto after a rapid temper-ature increase or prolonged tem-peratures above 32 for two to three nights. Watch for cracks running through

Watch for cracks running through the snow, a whoomping sound caused by snow collapsing as you move along and recent avalanche activity on the slopes around you. Snowmobilers should also beware if they start getting bogged down in sugary snow. Check snow conditions at www.avalanche.erg or by calling www.avalanche.erg or by calling www.avalanche.org or by calling 622-8027.

### Avalanche awareness

The Sawtooth National Forest Avalanche Center has schedule couple of avalanche awareness sessions after the first of the year: A classroom session will be held A classroom session will be held from 6 to 9 p.m. Jan. 6 at The Community School Middle School in Sun Valley. A donation of \$5 is encouraged. A day-long field trip will follow on Jan.-10 for those who have attended the class. A women's basic avalanche awareness session will be held from 6 to 9 p.m. Jan. 13 at The Community School Middle School. The field session will follow on

Jan. 17. Classos also will be held Jan. 23 and 24 in Fairfield. For more infor-mation, call 622-0095.

Western State University College of Law in Fullerton, Calif., may lose its national accreditation, severely jeopardizing student recruitment.
American Bar Association accreditation brings the commercial law sphool prestige and allows its gradulets to take the bar exam anywhere in the United States. If the school goes the designation, few states will allow its graduates to sit for the exam required to practice law.

Western received provisional

Law school may lose accreditation

accreditation from the ABA in 1998, a step toward gaining full accreditation, which usually comes three to five years later.

Don Daucher, Western's lawyer, said the ABA was concerned about the low number of students passing the bar, low LSAT scores and the high number of dropouts.

Daucher said those concerns tidn't make sense because the law school had improved since it was granted provisional accreditation. "I guarantee there are law schools

with worse numbers that are fully approved," he said.
Jackie Muller, a spokeswoman for Western's corporate parent, said it was considering suing the ABA. "We believe we've earned the right to full accreditation status, or at least a two-year extension of provisional status," she said. ia. The ABA declined to comment,

saying in a written statement that details of a law school's accredita-tion application are confidential.

# Vehicles

Fire officials selected 3M Opticom due to their equipment's built-in safety features, reliability and easy connectivity to other city technology.

and easy com-technolog.

"This is the only one we're com-fortable with because of the secu-rity and the tracking software."

Capps said.

Tracking software- allows offi-cials to determine what vehicle went through which intersections and can rell them which intersecwent through which intersections and can tell them which intersec-tions are traveled through the

Security features are an impor-tant consideration because citi-

zens used to be able to buy emitters on the black market and put
them in their whicles, Capps said.
With the technology installed in
authorized vehicles, emergency
responders could get to their destinacion with less chance of accidents en route. And when rushing
to the scene of an accident or
injury, any delay can mean vital
minutes lost.
"This is safety for everybody,"
Capps said, "and better for traffic
altogether."

altogether."
Also on the City Council's agenda:

agenda:

• Annexation consideration =
The council will give a third look

to annexing and rezoning the Candleridge East parcel of land on Eastdand Drive south of Pobe Line Road. During the previous two council meetings, neighbors two council meetings, neighbors woiced opposition to the proposed rezoning from R.1 43,000 to R.1 Variable, which would allow for much smaller lots than the current zoning requires.

The public hearing for this topic. It is scheduled to begin at 6 p.m.

Voting venue – The council will consider whether to change the polling place from Bickel Elementary School to either the City Council Chambers or City Hall Conference Room.

SPORTS

# MORNING LINE

**SPORTSQUOTE** 

His language was as filthy as a Christina Aguilera

music video.

Randy Hill of Foxsports.com, on Bob Knight's recent foul-mouthed interview regarding the media ortraying a rift between the Texas Tech coach and lowa coach and former player Steve Alford

TRIVIA QUESTION:

What is Michigan's record in Rose Bowl game?

# TODAY'S SCHEDULE

High school boys basketball Wendell, Glenns Ferry at New Plymouth tourney

IN BRIEF

# Candleridge offers golf packages

goin patriages
TWIN FALLS - Candleridge
Golf Course is offering all-inclusive
golf packages through Dec. 31:
Untimited golf, unlimited range
balls and use of an electric cart
may be purchased for the 2004 season at rates of \$500 (or one person,
\$750 per couple and \$1,000 for a
family for couple and \$1,000 for a
family for the couple and \$1,000 for a
family for the

Gail 733-6577 for more informa-tion.

## Reserved seats still available for CSI games

available for USI games
TWIN FALLS - Plenty of good
reserved chair-back seats are still
available for the remainder of
basketball home games at the
CSI Gymnasium.
Both the men's and women's
squads will play Salt Lake
Community College Jan. 9 and
10, North Idaho College Jan. 23
and 24, Eastern Utah Feb. 13 and
14, and Snow College Feb. 27 and
28.
For more information, contact

For more information, contact Christi Kaye Ure at 732-6486.

### **Burley team will** be 'Santa's helpers'

BURLEY - Coath Scott Palin and the Burley High School foot-ball team are offering their serv-ices as Santa's helpers this holi-day season. Anyone in need of holiday help taking down decorations and

- taking down decorations and hauling away Christmas trees -can call 678-3903 or 431-4274, or e-mail hondo@pmt.org to ask for

e-mail hondo@pmt.org to ask to assistance.
The fee for help is a donation made to the Bobcat Football Camp Fund.

### Holiday open gym avallable in Twin Falls

TWIN FALLS - The City of Twin Falls Parks and Recreation Department and the Twin Falls School District are sponsoring a free open gym during the holiday break at Robert Stuart Junior

tree open gym during the honday break at Robert Stuart Junior High.

The gym is open 6 p.m. to 9 p.m. tonight and Tuesday. The gym closes for the New Year's holiday and reopens Jan. 3 from noon to 4 p.m. For more information, call 736-2265.

### Ski resort will sponsor free rentals, lessons

HANSEN - From 10 a.m. to 3 p.m. Saturday, Jan 10, the Magic Mountain Ski Resort will sponsor free rentals and lessons for beginning cross country skiers. For more information, call Jack at 837-4505.

TRIVIA ANSWER:

The Wolverines are 8-9, includ-ing a 2-4 record against USC.

# Learning the fundamentals

Times-News writer

TWIN FALLS – Just because classes are out of session for the holiday break doesn't mean some kids aren't still learning.

About 200 young athletes from the ages of 12 to 18 representing 11 states exchanged their pencils and notebooks for ball gloves and bats Saturday at the 23rd annual College of Southern Idaho Youth Baseball Camp, held at the Eldon Evans Expo Center. The camp, designed to teach the fundamentals of hitting, fielding, pitching, catching, base running and outfield play, concludes today.

With various instructional camps available in the northwest, CSI's camp has proven to be one of the most popular with athletes.
"I went to this camp last year and I went to one in Mesquite, New, and I like this camp better because it breaks down the fundamentals a little more," said 15-year-old Colton Kalipetsis of Idaho Falls. "(Instructors) work with you

year-old Colton Kalipetsis of Idaho Falls. "(Instructors) work with you more than other baseball camps." And it's no wonder the athletes are getting quality instruction. In addition to CSI coaching legend Jim "Skip" Walker and his staff, coaches and 'players from various levels of professional baseball also bring their knowledge of the game

to the camp. Some of the guest instructors have been at the camp for as many as 15 years. "If the guys that come in here can't teach they don't come back,"

"Il the guys that come in nere can't teach they don't come back." Walker said.
One of the prestigious instructors is Twin Falls' Jim Horner. Homer is a catcher in the Seattle Mariners' minor-league system. and played for the San Antonio Missions AA team last season.
"Hopefully (the campers) can just pick up one thing. It makes it worth while," Horner said.
"They're young still and they're going to have to learn a lot yet."

Please see CAMP, Page C8



CSI pitching coach David Carter, far right, breaks down the fundamentals of pitching during the College of Southern Idaho Youth Baseball Camp Saturday

# Bengals come up short

to Cincinnati's playoff hopes, 22-14

By Joe Kay Associated Press writer

CINCINNATI - Chad Johnson had nothing to celebrate. The Bengals missed out on that long-angular examples and the play-offs vanished, too.

One last time, can you say

Bungles?
Rookie Lee Suggs ran for 186
yards and two touchdowns Sunday,
leading the Cleveland Browns to a
22-14 victory that eliminated
Cincinnati from playoff con-

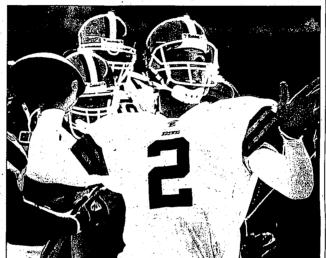
22:14 victory that cumminus clincinnat from playoff contention. Instead, the Baltimore Ravens clinched the AFC North title several hours before playing Pittsburgh in the final regular-season game.

A renaissance season ended in a gut-wrenching disappoinment for the Bengals (8-8), who felt the pressure and reverted to form in their biggest game in 13 years.

"That's the hardest part," Pro Bowl offensive tackle Willie Anderson said. "Knowing what's on the line, we've got to find a way to win these games and not come out and play scared and timid. We did it all year."

out and play scared and timid. We did it all year."
With a chance to stay in contention for at least a few more hours and clinch their first winning record since 1990, the Bengals felt the enormity of the moment and froze up.
The crowd of 65,362 - the largest ever for a Bengals game in Cincinnati – filed out silendly after Jon Kitna's final pass was intercepted by Robert Griffith with 41 seconds left.
The Bengals were in control of the division at 8-6 with two games left, but lost them both.
"We pressed," coach Marvin Lewis said. "That's a growth that we have to go through. Don't get. Fustrated about this and that, just keep playing.
"This was a good year, it wasn't a

frustrated about this and that, just keep playing.
"This was a good year. It wasn't a great year. We've got more to do." Instead of taking advantage of the down-and-out Browns (5-11), the Bengals wero uptight and out



Cloveland Browns quarterback Tim Couch (2) throws against the Cincinnati Bengals in the first half Sunday in Cincinnati. The Browns eliminated the Bengals from playoff contention, 22-14.

of sync. A rookie running back

of sync. A rooke running back with a lot to prove became the undoing of a team with everything on the line.

Suggs, a fourth-round draft pick getting a chance during William Green's suspension, had a 78-yard touchdown run in the first half and a 25-yard run that put the Browns ahead to stay with 7:54 left.

ahead to stay with 7:54 left.

"Teams passed on me 114
imes," said Suggs, the 115th overall pick. "Twe got to prove I'm better than a fourth-round pick, the 11th back taken. I'll carry that with me the rest of my career. On draft day, I was the most disappointed player out there."

"Cloveland's makeshift offensive line punched big holes in the Bengals' defense. The Browns, who lost to Baltimore 350 last week, rustied for a season-high 178 yards in the first half alone.

"We talked about these situa-

"We talked about these situations all year long, about guest being ready to play in this type of game," Bengals linebacker Kevin Hardy said. "Everybody knew the magnitude of today."
After an opening, drive that led to Rudi Johnson's 5-yard touchdown run, the Bengals' offeatorous up and fumbled around.
Trailing 13-7 late in the half, the Bengals put together a drive reminiscent of their sorry past. They moved to the Cleweland 3-yard line despite three penalties on receiver Chad Johnson - two for pass interference, one for a false start.
With 10 seconds left, the ball on the 6 and the Bengals out of time-outs, Kitma dropped to pass, held the ball too long, then took off and got sacked as the clock ran out and boos filled the stadium.
"Just a poor decision by me at

the end," said Kitna, who had avoided them for most of the season. "Everything is happening so fast. On that play, it was just a mental error."

The Browns then reverted to form, failing to get a first down on three third-quarter possessions. Rudi Johnson's 2-yard run put the Bengals ahead 14-13 with 12:15 left.

Bengals ahead 14-13 with 12:15 left.

Tim Couch, who lost his job to Kelly Holegho hat the season's start and faces an uncertain future, got the Browns rolling again by completing a pair of third-down passes.

Suggs then broke a 25-yard touchdown run, doing a 360-degree spin to avoid Kevin Kaesviharn, for a 19:14 lead. Brett Conway's 18-yard field goal, hit hird of the game, put the Browns up by eight points with 1:13 to go.

# Carlisle, Artest clash over offense

By Jon Krawczynski Associated Press Writer

By Jon Krawczynski
Associated Pross Writer

INDIANAPOLIS — Trouble is
starting to swirl around the
Indiana Pacers, and Ron Artes
is right in the middle of it.

The Pacers started the scason
142, but Saturday night's loss to
New Jersey dropped them to 7-8
in their last 15 games. That
prompted coach Rick Carlisle to
criticize Artest and the team,
saying customers "got gypped"
by the performance.

Artest was benched the entire
second half against the Nets
after an uninspired first half and
a halftime argument with
Carlisle.

Carlisle cited Artest for "conduct detrimental to winning." It
was the first sign of dissent from
Artest this season after he was
suspended for 12 games and
fined \$155,000 last year.

Artest has been frustrated
with Carlisle's structured
offense, which calls for set plays
on most trips down the fluor.

Carlisle was ejected in the
third quarter for arguing with
the officials and delivered as
stem message to Artest and the
team after the game.

"We've got some guys here
who just don't get it," Carlisle
sid. "If nothing else, if we don't
win a game, it's my job more
than anything to make sure that
they get it. And they're going
to."

Otherwise, he said, players
will stay on the bench.

to."
Otherwise, he said, players will stay on the bench.
The Pacers were off Sunday and unavailable for comment. A

and unavailable for comment. A message left at team president Larry Bird's office was not immediately returned.

Among the reasons for Artest's benching was his shot selection. He took three 3-pointers in the first quarter out of the flow of the offense, a move strongly discouraged in Carlisle's scheme.

# Senators too much for Atlanta

The Associated Press

The Associated Press

OTTAWA. — Marian Hossa scored twice and Daniel Alfredsson had a goal and an assist Sunday to lead the Ottawa Senators to a \$2 victory over the Atlanta Thrashers.

Hossa, who scored early in the third period, was awarded his second goal of the game without taking a shot on a power play in the game's final minute. Adanta forward Ilya Kovalchuk threw his stick and knocked the puck from Hossa on an empty-net break-away with 43 seconds left.

Defensemen Karel Rachunek and Chris Phillips also scored and Peter Schaefer had two assists, helping the Senators extend their season-ligh unbeaten streak to six games (40-22). Ronald Petrovicky and Patrik Stefan scored for Atlanta, whose three-game winning streak ended.

The Thrashers are winless in

ended.

The Thrashers are winless in their last seven games (0-6-1) against Ottawa, which has outscored Atlanta 16-8 overall while winning all three meetings



The Atlanta Thrashers' Jeff Cowan, left, fights for control of the puck with the Ottawa Senators' Chris Phillips during NHL action Sunday at the Corel Centre In Ottawa

this season.

Rachunek opened the scoring
15:01 in with his first goal of the
season. The Czech defenseman

received a cross-ice pass from Schaefer and took a sharply angled shot that deflected off Atlanta defenseman Garnet Exelby's sitch and beat goalie Pasi Nurnimen through the legs. Phillips, who hadn't scored since the season opener Oct. 9, put the Seantors up by two 7:23 into the second, beating Nurnimen with a shot through traffic for his second of the season – his first in 34 games.

Alfredson made it 3-0 at 12:47 when he scored on the last of a flurry of Ottawa shots after Nurnimen turned over the puck on a failed clearing attempt along the left boards.

Petrovicky scored with 48.7 seconds left in the period, beating Lalipse for his 11th of the season just six seconds after exiting the penalty box after serving an minor penalty for elbowing.

Hossa made it 4-1 when he scored 143 just whe the bid.

elbowing.
Hossa made it 4-1 when he scored 1:43 into the third.
Stefan got a power-play goal at 5:43 for his sixth goal of the sea-

# Spurrier will toughen

By Joseph White Associated Press writer

ASHBURN, Va. - If Steve Spurrier returns next season as coach of the Washington Redskins, he will attempt to revert to his college ways and demand more discipline and greater accountability. "Hopefully I can get back to my old style a little bit more," said Spurrier, Feerring to his successful 12-year run at the University of Florida. Spurrier's comments came after several Redskins described an atmosphere of lax discipline on the team under the coach, who declined to answer questions about whether he will return. Asked if that means becoming more demanding of his players, Spurrier ralpoid."A little hi more Don't let the immates run the asylum." Spurrier also said there will be announcements regarding "players, coaches and so forth" within he next two weeks as he heads for vacation. He didn't answer questions

ncation.

He didn't answer questions
bout his future, referring to previ-us statements that stop short of a

firm declaration. Two weeks ago he said: "Right now, that's the plan."
The comments came from places taking physicals the day after a 5-11 season ended with Sautrdens and the said of the

# Sunday's NFL leaders

**Passing** 

Jay Fiedler, Dolphins
• was 21 for 29 for a career high 328 yards and a TD

Joey Harrington, Lions
• threw for three touchdowns and 238 yards, con threw for three touch necting on 26 of 36 passes

Rushing

LaDainian Tomlinson, Chargers
• rushed 31 times for a career-high 243 yards and two touchdowns

Lee Suggs, Browns
• ran for 186 yards and two touchdowns

Receiving

Chris Chambers, Dolphins

• made nine catches for 153 yards and a TD

Nathan Poole, Cardinals

• caught a 28-yard pass on the final play for an 1817 victory over Minnesota



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y New England Mismi Buffalo	- 10 6	6	0	.875 .625 .375	348 311 243	238 261 279	8-0-0 4-4-0 4-4-0	620 620 260	11-1-0 3-1-0 7-3-0 -3-1-0 4-8-0 2-2-0	5-1-0 4-2-0. 2-4-0		z Dallas Washington	10		0	.625 .313	289 287	260 372	6-2-0 3-5-0	440 260	840 3-9-0	220 220	5-1-0 1-5-0
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y-Kansas City	W 13	Ę	T	Pct .813	PF 484	PA 332	Home - 8-0-0	Away 5-3-0	APC NPC 10-2-0 3-1-0	Div 5-1-0		v-St. Louis	W 12	L 4	T 0	Pct ,750	PF .	PA 328	Home 8-0-0	Away 4-4-0	NPC 8-4-0	APC 4-0-0	Div 4-2-0
x-Denver Oakland	10	6	0	.625 .250	381 270	301 379	6-2-0 4-4-0	440 080	9-3-0 1-3-0 3-9-0 1-3-0	5-1-0 1-5-0		x-Seattle San Francisco	10 7	6	0	.625 .438	404 384	327 337	8-0-0 6-2-0	2-6-0 1-7-0	840 660	2-2-0 1-3-0	5-1-0 2-4-0
San Diego	4	12	0	.250	313	41	260	2-6-0	2-10-0 2-2-0	1-5-0	<u>.                                      </u>	Anzens	4	12	0 .	.250	225	452	4-10	0-8-0	3-9-0	1-3-0	1-5-0

# Packers slip into playoffs

GREEN BAY, Wis. (AP) – The biggest cheer at Lambeau Field came for a play more than at housand miles away that got the Green Bay Packers into the playoffs.

Ahman Green recled off 38 yard touchdown run and Brett Favre completed a hard week in which he buried his father back in Mississippi to lead Green Bay to a 31-3 rout of the Denver Broncos.

But it was at the 2-minute warning when the Artzona Cardinals completed an amazing last second comeback to beat Minnesota and give Green Bay an improbable NFC-North tide that the place went wild.

The Packers (10-6) who had hittle hope of playing into January only minutes earlier, celebrated wildly on the sideline after their crowd, listening our radios, broke into frenzied elation over the Fourth-down miracle.

Instead of going home, the Packers will host the Seattle Scahawks (10-6) and former coach Mike Holmgren on Sunday. The Packers beat the Seathawks 35-13 at home on Oct. 5.

Green set a franchise record with 218 yards rushing and run for two scores, giving him 20 and breaking Jim Taylor's record of 19 set in 1962.

# Cardinals 18, Vikings 17

Cardinals 18, Vikings 17
TERPE, Ariz. – Arizona knocked
the Minnesota Vikings out of the
playoffs with a fourth-down miracle
that put Green Bay in.
Josh McCown threw a 28-yard
touchdown pass to Nathan Poole on
fourth-and-25 as time expired, rullying the Cardinals to an 18-17 victory.
That left the Vikings at 9-3 and gave
the division title to the Packers, who
beat Denver 31-3.
Had the Vikings-won, Green Bay
(10-6) would have been oliminated on
a series of BCS-type itobreakers.
Poole caught the ball near the sideline in the end zone, where officials
ruled he was forced out by
Minnesota's Denard Walker and
called it a touchdown. A video review
upheld the call. 17-6 with recommenders.

called it a folichlown. A video review upheld the call.

Minnesota led 17-6 with two minutes left.

But Arizona (4-12) cut the lead to 17-12 on McCown's fourth-down 2-yard pass to Steve Bush with 1:54 to

yard pass to Steve Bush with 1:54 to play.

Damien Anderson recovered the onside kick for Arizona, and a 30-yard pass-interference call against Walker put the Cardinals in scoring position.

# Saints 13, Cowboys 7

Saints 13, Cowboys 7

NEW ORLEANS - Donte'
Stallworth's 76-yard touchdown
reception sent Dallas into the playoffs on a down note.

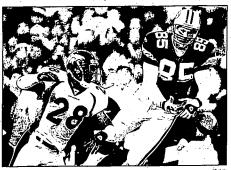
The Saints (8-8), who will miss the
playoffs for the third straight year,
responded to a tongue-lashing from
owner Tom Benson and a team meeting Friday night.

Dallas (10-6) had already clinched
a playoff spot, but the loss dropped
the Cowboys to the sixth seed in the
NFC. They will play at Carolina on
Saturday night.

The real winner was Seattle, which
sneaked into the No. 5 seed under the
NFLS complicated playoff formula.

# Lions 30, Rams 20

LIONS 30, Kams 20
DETROIT – Joey Harrington threw
three touchdown passes as Detroit
knocked St. Louis from the top spot
in the NPC with 20 points in a span of
5.31 in the second half.
The top-seeded team now is
Philadelphia, also 124, but with a
better conference record after beat-



Green Bay Packers tight end Wesley Walls (85) can't hold onto a pa defended by Denver Broncos safety Kenoy Kennedy (28) in the first quarter Sunday in Greeπ Baý, Wis.

ing Washington on Saturday night.
The Eagles can thank the lowly
Lions (5-11) for winning a game they
were expected to lose by double digits.

### Colts 20, Texans 17

HOUSTON — Mike Vanderjagt kicked his NFL-record 41st consecutive field goal, a 43-yarder as time expired, giving the Colts the AFC South title. Vanderjagt went 37-for-37 this season.

South title vanuerjage wen a root of this season.

The Colts (12-4) trailed 17-3 before rallying. Peyron Manning's Syard TD pass to Brandon Stokely tied it following an interception by Donald Strickland.

The Colts will host Denver next Sunday.

## Chiefs 31, Bears 3

CRIETS 31, BEATS 3

KANSAS CITY, Mo. - Priest
Holmes scored twice, erasing NFL
records by Emmitt Smith and
Marshall Fatulk.
The Chiefs (133) were already
locked into the No. 2 seed and guaranteed a first-round bye in the AFC
playoffs. The Bears finished 7-9.
Lidence's no corner staw bin 77 for

playoffs. The Bears finished 7-9.
Holmes' two scores gave him 27 for the season and broke both Smith's record for touchdowns rushing (25) and Faulk's record for total touch-downs (26).

# Titans 33, Buccaneers 13

Titans 33, Buccaneers 13

NASHVILLE, Tenn. — Steve McNair stayed on the sideline, resting his aching legs for the playoffs as Neil O'Donnell threv two touchdown passes to Derrick Mason in his first start since Sept. 23, 2001.

Gary Anderson kicked four field goals for the Titans (124) as Tampa (79) became the first Super Bowl champion to finish with a losing record.

record.

Tennessee will be at Baltimore in a wild-card game on Saturday.

# Dolphins 23, Jets 21

Dolphins 23, Jets 21.

MIAMI – Olindo Mare kicked a 22yard field goal with three seconds left
to give Miami the win.

The Dolphins (10-6) became the
first team since Philadelphia and San
Francisco in 1991 to win 10 games
and miss the playoffs. Their disappointing season has left coach Dave
Wannstedt's job in jeopardy.

The Jets (6-10) closed out their first
losing season since 1996 and their
first under Herman Edwards. They
lost seven games by seven points or
less.

Falcons 21, Jaguars 14

ATLANTA – Michael Vick threw
two touchdown passes, including a
44-yarder to Peerless Price on
Atlanta's first fleaflicker of the season.

son.

Atlanta (5-11) improved to 3-1.
since Vick returned to the starting lineup. After breaking his leg in the preseason, he missed the first 10 games, then played sparingly in a loss to be started.

to Houston.

Fred Taylor rushed for 121 yards for the Jaguars (5-11).

### Panthers 37, Glants 24

Panthers 37, Glants 24
EAST RUTHERFORD, N.J. - Jake
Delhomme threw two touchdown
passes as former Glants assistant
John Fox and his Panthers won in
coach Jim Fassel's final game after
seven seasons in New York.
The Panthers (11-5) will face Dallas
(10-6) in a first-round playoff game
Saturday night.
Steve Smith scored on a 53-yard
punt return, Ricky Manning Jr., talided on a 27-yard interception return
and John Kasay kicked three field
goals. The loss was the eighth straight
for the Giants (4-12).

# Chargers 21, Raiders 14

Chargers 21, Ralders 14

SAN DIECO — LaDainian
Tomlinson rusiled 31 times for a
carcer-ligh 243 yards and two touch
downs to 4-lose an otherwise miserable season for the Chargers (4-12).
Tomlinson now has four career 200yard games, tying him for second
place all-time Jim Brown, Earl
Campbell and Barry Sanders. The
record is six, by 0, J. Simsyon.
The Raiders (4-12) ended a season
of internal strife without cornerback
Charles Woodson and running back
Charles Garner who were inactive
because of a violation of team rules.

# Ravens 13, Steelers 10, OT

BALTIMORE – Jamal Lewis became the fifth player ever to rush for more than 2,000 yards in a season, but fell 39 yards of Eric Dickerson's 19-year-old record of 2 105

Dickerson's 19-year-old record of 2,105.

Matt Stover's 47-yard field goal 328 into overtime gave the win to the Ravens (10-6.) They clinched the AFC North earlier in the day when Cincinnati lost to Cleveland. Lewis finished with 114 yards on 27 carries. Jerome Bettis of Pittsburgh (6-10) ran for 54 yards to move pass Jim Brown into sixth place on the career list with 12,353.

# SUNDAY'S SUMMARIES

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# Camp.

think if you pick up one thing through the camp, whatever it may be that'll help them in the long run." The camp is not just a great instructional tool for the young players, but also a recruiting tool for Walker and his spaff. With players from 11 states attending, the program receives exposure with athletes all over the region.

"It's mainly kids here that want to

be good at baseball so the talent level is pretty high," said camper Tylan Watkins of Prosser, Wash. Plus, several players who have attended the camp in past years have gone on to play with the Golden Eagles later in their careers. Many of the athletes who come to the camp have aspirations of playing at CSI. "It's overwhelmed us." Walker said. "It's good because we'll take a couple

of kids out of this but it's also bad because we'll have to turn kids away when they'd really like to come to CSI."

CSI."
Still, being able to lace up their cleats in the middle of winter isn't a bad consolation for most.
"It's just amazing," Walker said. "A kid will faiss his Christmas vacation to come and get blasted with baseball. These kids are hungry to learn."

# Armstrong named Male Athlete of the Year

Austrian, Texas – For Lance Austrian, 2003 was a year of personal and professional struggles and triumph. Divorce divided his family. A crash, dehydration and some admittedly poor riding nearly toot him a record-tying fifth straight Tour de France title. But just when his dominance of one of world's most grueling sports events teetered near its end, Armstrong fought off Jan Ullrich of Germany by 62 seconds to put himself in position to become the first rider to wis axi na row in 2004.

On Sunday, Armstrong was bronzed as The Astocyant he second straight year he's won the award voted on by sports writers and broadcast-

BASKETBALL

NBA
AT TITUDE MEST
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AND THE DEFINITION

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Harping 5-16, Jan. 2-3-3 Harping 3-16-008, Krisenio 8-20-3-8-21, Obertag 4-6 1-2-9, Sevenano 5-11-2-4-12, Arcyo 5-12-5-8-15, Logar 2-6-2-2-6, Parlove 3-3-0-1-6, Bell-4-9-2-10, Colley 3-2-2-4-4, Walenio 3-1-0-0, Totale 35-85-17-31

85 23. 23. 20. 8-74 20. 22. 22. 22-86 sand 6-18 (Wastern 3-10, Mc em 6-1. Structumer 0-3), Ch

ers.

"It was a tough year and hard Tour," Armstrong said.
"Professionally, it was as successful as any year. Personally, it was very tough year, for more than just myself. I tried to work through it the best I could. The personal stuff is behind now." Armstrong and San Francisco Giants slugger Barry Bonds were the top two finishers for the third straight. A succession of the straight of the str

couldn't hit a baseball."

That Armstrong could fight
through his struggles is no surprise considering his comeback
from testicular cancer that had
spread to his lungs and brain.

He went from having a 50
percent chance to live in 1996

to four straight Tour championships from 199-02. What make the 2003 victory to remarkate he as that for the direct time since his comeback he seemed human again.

As a celebrity, his diwore from wife Kristin, whom he met while taking chemotherapy and the mother of their three children, made headlines.

On the bike, the grimaces he once used to trick his rivals were real. The mountain stages of the Tour were a hardship and the crashes he so often avoided finally snared him in 2003.

Pushing him all the way was Ullrich, a five-time runner-up in the Tour de France whom Armstrong considers his chief rival in 2004.

"He's definitely the biggest threat," Armstrong said. "A lot of people would argue Ullrich was a better rider this year."

The close finish seems to have refocused Armstrong. He feels he has something to prove, not just by winning another Tour, but winning as he used to, with a dominating ride.

"I was just not happy with my performance in 2003 and that's a big motivating factor," he said. "I can be a stronger rider." Armstrong says he wasn't chasing the record book after his early Tour wins, but now he's eyeing his place in cycling history. The only other five-time winners are Eddy Merckx, Miguel Indurain, Bernard Hinault and Jacques Anquetil. Only drmstrong and Indurain won five in a row.

Armstrong and Indurain won five in a row.

"It's not like they suddenly stopped at five," he said. "They all tried and I intend to do the same. I'm excited about it and I'd be very upset if I lost."



Five-time Tour de France cycling race winners Eddy Merckx of Belgium, L mstrong of Austin, Texas, and Miguel Indurain share a light moment after mstrong of Austin, Texas, and Miguel Indurain share a light moment after mstrong won his fifth consecutive Tour in Paris, Sunday July 27, 2003. mstrong was named the 2003 Associated Press Male Athlete of the Year and is seeking a record sixth Tour de France title.

# SCORES AND STATS

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FOOTBALL

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POOL BAL

Playoff schedule

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College bowl schedule
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WHAT'S ON T.V.

Football

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itonio. ESPN.

**Basketball** 

Davidson at Duke, ESPN, 2 p.m. George Washington at Texas. ESPN2, 5 p.m

Nebraska, at San A 7 p.m.

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Phundry, Jan. 1 Outness Bowl At Tamps, Fla. \$265 mBoor londs (5-4) 11 am (ESPII) Gato Bowl Al Jackson-lin, Fla. \$1,825 mBoo. 5 West Vryma (5-4), 12-30

Capital One Bowl Al Orlando, Fla. \$5.1 million Georgia (10-3) 1 p.m. Rose Bowl

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Friday, Jan. 2 Cottin Boul. Al Datas SI million Unsussepti 9 Jivs Octationa State (FOX)

Peach Bout Al Aberta \$2.1 million Femesiare (10.2), 4.30 Feeta Bout Al Temps, Arts. \$14.17 million 31 vs. One State (10.2).

HIGH SCHOOL

HOCKEY

Area ski report

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TRANSACTIONS

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SPORTS IN BRIEF

NFL playoff participants

set for wild-card weekend
NEW YORK - Green Bay got
the last NFL playoff spot thanks
to Arizona's wild comeback victory over Minnesota on Sunday,
while Seattle and Baltimore
took the other spots still open.
Indianapolis clinched the
AFC South, and Phil idelphia
regained home-field advantage
from St. Louis in the NFC when
the Rams lost in Detroit, 30-20.
The Rawens won the AFC
North when Cincinnati (8-8) lost
to Cleveland 22-14.
Seattle (10-6) also made it as
the fifth wild-card team, dropping Dallas to sixth in a complicated BCS-like "strength of victory" tichreaker.
Indianapolis won the AFC
South, leaving Tennessee as a
wild-card team.
St. Louis' loss in Detroit
dropped it to second in the NFC
beluind Philadelphia.

No. 23 Iltah women set for wild-card weekend

No. 23 Utah women defeat Northern Arizona

defeat Northern Arizona
FLAGSTAFF, Ariz. – Kim
Smith went 3-lo-3 from 3-point
range and scored 15 points to
lead four Unah players in double
figures, and the 23rd-ranked
Utes beat Northern Arizona 6945 Sunday.
Utah took control of the game
by opening the second half with
a 15-6 spurt to take a 43-24 lead
with 15-25 left.
The Utes (8-3) led 28-18 at
halftime. It was a sloppy first
half in which the teams combined for 31 turnovers.
Carley Marshall and Kelsy
Stirenan each had 13 points for
Utah.
Alyssa Wahl scored 14 points

Utah.
Alyssa Wahl scored 14 points to lead the Lumberjacks (5-3), and Natalie Metz added eight points and nine rebounds.

Owens a no-show as

Miners wrap up season

SANTA CLARA, Calif. – When
the San Francisco 49ers gathered to clean out their lockers
and say their final goodbyes in a
voluntary team meeting Sunday,
only Terrell Owens declined to

only Terrell Owens declined to attend.

Owens is expected to void the final three years of his contract and leave San Francisco as a free agent, so his absence wasn't suprising. He arrived at the 49ers' training complex later, but had nothing to say to the reporters he has studiously avoided for years.

"I've washed my hands of you all," Owens said.

Giants ask permission to

talk to Patriots' assistants

Glants ask permission to talk to Patriots' assistants

EAST RUTHERFORD, N. J.

The New York Giants asked New England for permission to talk to Patriots assistant coaches Romeo Crennel and Charlie Weis about New York's vacant head coaching job.

The Giants faxed the request on Sunday, before Jim Fassel coached his final game against the Carolina at Giants Stadium.

Giants general manager Emie Accorsi confirmed that the request had been made. Talks between Crennel, the Patriots defensive coordinator, and Weis, the 'offensive coordinator, could take place as early as Monday, provided New England gives the OK.

The Patriots (14-2) have a byethis week because they had the best record in the AFC. The team is off on Monday.

Crennel was a Giants assistant from 1981-92, working under Ray Handley, Weis was an assistant from 1990-92 with Parcells and Ray Handley. Weis have an assistant from 1990-92 with Parcells and Handley.

Seven of the last 10 Giants head coaches have been former

assistants with the team.

New York has already interviewed former Jacksonville coach Tom Coughlin, another former Giants assistant.

Rose, Carter lead

Rose, Carter lead
Raptors past Clippers
LOS ANGELES - Jalen Rose
had 23 points and Vince Carter
scored seven of his 22 points in
the final 344 to help the Toronto
Raptors beat the Los Angeles
Clippers 9488 on Sunday.
Donyell Marshall had 19
points and nine rebounds for the
Raptors, who ended an 18-game
road losing streak against
Western Conference opponents.
Quentin Richardson scored 16
points and Eiton Brand had 14
points and 13 rebounds for the
Clippers, who entered with a
five game home winning streak.
It was the first time this season
that two players had a doubledouble for them in the same
game.

Steinbrenner doing

well after fainting spell
SARASOTA, Fla. - New York
Yankees owner George
Steinbrenner was doing well
Sunday, a day after he fainted at
memorial service, and his doctor
described his health as excel-

described his health as excel-lent.
The 73-year-old Steinbrenner
was expected to be released from Sarasota Memorial
Hospital on Sunday night, Dr.
Andrew G. Boyer, Steinbrenner's personal physician, said in a statement released by Howard Rubenstein, the owner's publi-cist.

Rubenstein, the owner's publicist.

Boyer said Steinbrenner recovered in a few minutes after collapsing during the church service for football great Otto Graham.

Outside Sarasota Memorial Hospital, Boyer said that Steinbrenner had never passed out like this before, and he thinks the stress of being at a friend's memorial service could have been a factor.

U.S. hockey beats

U.S. hockey beats

Slovakia in world juniors

HAMEENLINNA, Finland –

Michigan's Alvaro Montoya

made 18 swes for his second

straight shutout in the United

States' 50 victory over Slovatia

on Sunday in the world junior

championships.

David Booth, Zach, Parise,

championships.
David Booth, Zach Parise,
Braden Murray, Ryan Kesler and
Stephen Werner scored for the
Americans, who opened the
tournament Friday with an 8-0
victory over Austria.
The United States will continue Group A play Tuesday against
Sweden, a 5-3 loser Sunday undefending champion Russia.
In Group B games in Helsinki,
Canada routed Switzerland 7-2,
and Finland beat the Czech
Republic 32.
Ryan Getzlaf and Anthon
Stewart each scored two goals
for the Canadians, and 16-yearold Sidney. Crosby became the
youngest player ever to score for
the Canadian junior team.

No. 1 Connecticut

No. 1 Connecticut
men cruise by Ball State
HARTFORD, Conn. – Emeka
Okafor and Ben Gordon each
scored 25 points, and top-ranked
Connecticut defeated Ball State
101-62 on Sunday.
Okafor also had 14 boards for
his sixth double-double of the
season and the 34th in his three
years with the Huskies (9-1).
Denham Brown added 20
points for the Huskies, Taliek
Brown led UConn with eight
assists.

Compiled from wire reports

# OTHER VIEWS

# Sensible, truthful response is best policy on mad-cow

We welcome viewpoints

from our readers on this

and other issues.

To one wants American food regulators to emulate the British government minister who, in 1990, made his daughter Cordelia eat a hamburger on television to prove that his country's madeow epidemic was harmless to drumans. Nevertheless, it is important that

humans. Neverthimportant that the detection of a single U.S. cow with the illness more correctly known as bovine s p o n g i f o r m encephalopathy (BSE) be put into yersnettive editorials reflect the Washington Post and the Los Angeles Times What do you think?

perspective.

After the disease was first discovered in Britain - and after scientists there first claimed that it could be passed from cows to

could be passed from cows to beef-eating humans – some predicted the onset of a mass epidemic, with tens or even hundreds of thousands of people contracting Creutzfeldt-Jakob disease (CJD), the human version of the illness.

(CJD), the human version of the illness.

But despite the fact that the epidemic proved to be far more widespread among cattle than predicted, affecting some 180,000 animals, the human impact has been far more limited than expected, with about 140 deaths thought to have been related to CJD, and not all of those were for certain. The links between the human and bovine versions of the disease are not well understood: Clearly, not everyone who ate infected meat caught the disease. Some CJD victims are thought to have contracted the lilness from blood transfusions, not beef. not beef.
The means by which the disease spreads among cattle are

not fully understood either. Although it seems clear that the British cattle epidemic was caused by the use of feed that contained ground bone meal—feed that is, now banned in this country—there also seem to be naturally occurring incidences of BSE as well as of scrapie, the cost of the property of th

Our view: These guest opinions of editors at the

of BSE as well as of scrappe, the version that appears in sheep. Until the source of the U.S. case is known, it is important not to jump to conclusions about how widespread the discase might be. The discovery of a single cow with the illness. Gers on this uses in the consumer beyoott of beef or a mass cattle slaughter on the scale that took place in the words, merit a consumer beyoott of beef or a mass cattle slaughter on the scale that took place in Britain. For that matter, foreign boycotts of U.S. beef, while understandable until more facts are known, probably are not warranted either. In Europe, BSE has been used as a thinly veiled exuse to provide extra protection to domestic farmers. It wouldn't be surprising to see a recurrence of that phenomenon.

But the administration also must act quickly to maintain confidence in the industry. Its announcement Wednesday of a recall of 10,000 pounds of meat that passed through the slaughterhouse on the same day as the infected cow was another step in that effort. The British government's big mistake, at the time of that epidemic, was to cover up facts and hide statistics. Official secreey led to increased anxiety.

more facts are revealed, con-sumers will feel safer, and the industry is less likely to suffer permanent damage.



# Not all the talk in 2003 was brilliant

S ay what you want about 2003, a lot of people said what they wanted in it. And some of what they said was memorable for its astonishing supidity, awkward charm, engaing strangeness or remarkable lack of clarity. So I've rounded up some of the year's best quotes and I offer them on the theory that next year people won't say such goofy things. Ha.

things. Ha.

"They are slck in their minds.".
There is no presence of
American infidels in the city of
Baghadd at all." - former Iraqi
Information Minister Mohamuned
Saeed al-Sahadi, my favorite flak
not only of 2003 but of my life.
"Thank you, thank you, Mr.
Bush." - Some looters in Baghdad
at the start of the war You go
down in history if looters start
thanking you.

down in history if looters start thanking you.

""Lying is forbidden in Iraq. President Saddam Hussein will tolerate nothing but truthfulness as he is a man of great thoror and integrity" — my man al-Sahhaf again. Any comment I'd offer about these words would demact from the fabulous wonkiness of them. Maybe Saddam will comment at his trial.

"I speak better English than this villain Bush." hal-Sahhaf. Oh, K, I'll give him This one.

"It's ensier to train someone to fly an F14 than it is to speak Arabic." — Kevin Hendzel, spokesman for the American Translators Association, describing why there aren't enough Arabic-English translators in Iraq. It's also easier to teach someone to fly an F14 than it is to speak or wite English good. Er, well.

"We do have weather in our forecers." Little Proche is Aracia.

• "We do have weather in our forecast." – Julie Broski, a Kansas City television weathercaster.

BILL TANMEUS

How deeply reassuring.

• "This Schulz probably grew • "This Schulz probably grew up taking part in noisy bupping contests after drinking gigantic amounts of beer and gorging himself on fried potatoes." – Stefano Stefani, Italian undersecretary for tourism, describing a German official in the European Parliament with whom he had exchanged insults. What's so bad about Schulz? On lots of college campuses, such guys are heroes.
• "I think that gay m-vrriage is something that should be between aman and a woman." –

between a man and a woman." -Arnold Schwarzenegger. California, he's yours now Keep him.

him.

"I'll do what men do, and she should do what women do." - Fulton Allem, FGA golfer, talking about Annika Sorenstam, who competed against all men in the Colonial PGA tournament this year. Sorrenstam shot a 71 the first day, Allem a 75. Open mouth, insert nutter.

urst day, Allem a 75. Open mouth, insert putter.

"In Beverly Hills, they have real jewely and fake people. In West Virginia, we have fake jewelry but real people." – Cecil B. Roberts, brited Mine Worker, president, talking about. "The Real Bevarly Hillbillies," a proposed CBS reality show. Yes, but one of the fake people out Beverly Hills way is a real governor now.

"I'm making a conscious decision to take this whole Judaism thing seriously. I think the Jews need me right now." – Geraldo Rivera, discussing why he's being married in a synagogue. He's wrong. No group of people is that desperate.

**LETTERS** 

"It think people in Hong Kong are looking better now that they're wearing masks." Jane Chan, a marketing executive, talk-ing about people protecting them-selves from SARS. And many marketing executives look better when you can't see them at all.

• "Johny United Prosection of the West of

Coonage, EIVIS Fresiey, rioward Hughes ...

• "I will not have any disparaging remarks about him except I hate him." – William Schaefer, former Maryland governor, talking about Parris Glendening, his successor. He's right. That remark disparages Schaefer, not Glendening, "There not much air rage on Air Force One." – President Bush. Yeah, it interferes with nap time. "Free nations do not attack their neighbors." – Bush. Right. They try to pick fights outside their neighborhoods.

• "Reoorts that saw that some
• "Reoorts that saw that some-

their neighborhoods.

• "Reports that say that some-thing hash' happened are always interesting to me because, as we know, there are known knowns; there are things we know we know we also known there are some things we do not know. But there are also unknown unknowns, the don't know we don't know we don't know." — Defense Secretary Donald Rumsfeld. Finally, someone in the administration who understands things.

Bill Tammens is an editorial page columnist for The Kansas City Star. Readers may write to him at: The Kansas City Star, 1729 Grand Blvd., Kansas City, Mo. 64108-1413. Or e-mail him at tammens@kcstar.com.

# Numbers : show paper's strengths, weak spots

Sometimes, the more you learn, the more you want to know.

I just learned, for example, in the same are especially faith.

know.

I just learned, for example, that women are especially faithful The Times-News readers on Sundays – far more than other days. So I, along with Sigmund Freud and every bachelor in history, am left to wonder:
What do women want?
Specifically, how can the newspaper entice those Sunday-only women to spend more time with us on weekdays?
The data about female readers comes from a recent market survey by Belden Associates, a media research firm. Mostly, Belden gathered data for the newspaper's advertising department, but the newsroom got some useful tidbits.



THE LINES Clark Walworth

Examples:
College – In a seven-county survey area, fewer people are college graduates than in other markets Belden has surveyed – 19 percent vs. 31 percent. But more Magic Valley residents have 'some college' – 39 percent vs. 31 percent in other markets.
Stay-home moms – Women here are somewhat less likely to have full-time jobs than women in other Belden markets.
Minorities – About 13 percent of the people in the seven surveyed counties are Hispanic.
Earnings – Our area has a lower median household income than other Belden markets – about S34,500 vs. 545,000.
Housing – Magic Valley homeowners are far more likely to read the paper than renters are.
Housing – Magic Valley homeowners are far more likely to read the paper than renters are.
Voung adults – The Himes-News is more successful than many other papers at reaching readers in the 18-34 age group.
Older adults – But we fall a little short with readers age 55 and older.
Day of rest – On any day of the reader shout half of Magic Valley

Day of rest - On any day of the week, about half of Magic Valley men read The Times-News. But fewer women - about 45 percent read us on weekdays. And more women - about 55 percent - read us on Sundays.

All this data suggests several opportunities for The Times-News to improve

How can we do a better job of covering Latino issues?

of covering Latino issues?

• How can we persuade more women to fit the paper into their weekday schedules?

• How can we report more news that interests renters and lower-income people.

• Why is The Times-News doing so well with Generations X and Y How can we keep that up—while also reaching out to AARP members?

Our staff will work on those questions in the months to come. In the meantime, look at those higher education statistics again. It's easy to guess why so many Magic Valley residents have started college but so few have finished; We have no four-year university.

The Belden study confirms my

versity.

The Belden study confirms my conviction that Magic Valley's diploma gap is a key local issue,

Managing Editor Clark Walworth regularly discusses the news business in "Between the Lines." To Offer a comment or to suggest a topic, email him at clarkw@magicialley.com, or call 735-3255.

By Bruce Tinsley

# Putting snowmobiles on ice

From the Los Angeles Times

I or nearly three years, the administration went through contortions trying to prove that snowmobiles were compatible with the winter environment in Yellowstone and Grand Teton national parks. Finally last week, a federal district judge in Washington, D.C., cut through the sham and restored a Clinton administration ban on the noisy, polluting machines. The ruling is being challenged by the Wyoming state attorney general, the Snowmobile Manufacturers Assn. and a vehicle recreation advocacy group. The Bush administration is considering an appeal. If it stands, however, park service employees at entry gates can take off the respirators they've had to wear because the average snownobile emits many times the overall pollution of a car engine.

The National Park Service imposed a ban that, was to begin in 2001 after years of study and public comments.

mobiles on ice

The public was overwhelmingly in favor of the ban. But the new administration overturned the rule by arguing that it was based on bad science.

In fact, the U.S. Environmental Protection Agency had determined that the newer machines remained unacceptable for their noise and pollution. U.S. District Judge Emmet Sullivan said in his decision that "the prospect of the new technology is not new" and the overturning of the ban was "completely politically driven."

The phase-out begins this year with a limit of 490 snow mobilers daily in Yellowstone and 50 in neighboring Grand Teton. The total ban is to go into effect a year from now.

Snowmobile enthusiasts can still roam over millions of acres of national forest adjacent to the two parks. There will still be snow-coach trus inside Yellowstone and Grand Teton. Skiers and snowshoers will be able to trek in peace. Life will go on, and be better for both the parks and most of the people who visit.

# The Times-News

The members of the editorial board and writers of editorials are Stephen Hartgen, Clark Walworth, Steve Crump, David Cooper and Shelley Ridenour.

# Reckless drivers should lose driving privileges

lose driving privileges

An outstanding man, Trent
Davis of Wendell, was killed
when another driver ignored a
stop sign. How many people have
been killed just recently because
of someone running a stop sign.
Why can't courts treat driving
as a privilege and not a given
right? If you abuse the privilege,
what is wrong with saying,
"For X number of years, every
time you receive a paycheck, we
will deduct 10 percent to give to
the victim's family"? The above
should also apply to drunken
drivers, those who pass on double lines, etc. You have to be held
responsible for your own actions.
My sympathy goes out to all
the families who have lost loved
ones through no fault of their
own but because of another drivers' irresponsible actions.

JESSE POSEY
Kimberly

### Trade pact will crush Idaho's sugar industry

Idaho's sugar industry

The sugar beet and agriculture industries in Idaho and the nation are in grave danger of being destroyed by the Central American Free Trade Area and Free Trade Area of the Americas agreements. President Bush and his internationalist, world government friends are pushing hard for these economic and sovereignty destroying agreements.

Sugar prices under these agreements will cause the total climination of our \$843 million sugar beet industry, foreing-farmers out of business and 11,000 job losses in diaday and the sugar beet price to growers to drop from \$41 per ton in 2020 to \$35 per ton this year. This is a grower loss of more than \$160 per arce (his profit) or \$33 million for 208,000 acres of sugar beet the sugar beet price to growers to drop from \$41 per ton in 2020 to \$35 per ton this year. This is a grower loss of more than \$160 per arce (his profit) or \$33 million for 208,000 acres of sugar beets.

These trade agreements hold little benefit for American farmers

and much to be lost. Before the North American Free Trade Agreement, our trade deficit with Canada and Meedro was only \$9.1 billion. In 2002, it was \$97 billion. We need fair trade, not free trade. We cannot compete with countries that have cheap slave labor, few environmental regulations and subsidized agriculties prediction. Hot can we well and the summer of the

# Doonesbury









By Garry Trudeau

### Mallard Fillmore





# **Castleford School helps** families at Christmas



Castleford School collected food to make Christmas merrier for local families.
Connie Kinyon, FCCLA adviser, announced that the Castleford FFCLA (Family, Career and Community Leaders of America) Chapter conducted a food basket contest throughout the school. Enough was donated to provide food for 12 Castleford families.
The Christmas basket committee members included Jessica Bobango, Laura Zavala, Janet Hurley, Angela.
Carett and Amanda Draper.
Mike Graybeal, Castleford First Baptist Minister, said the Buhl Ministerial Association was short by about one-third of the food that was ceeded and the FFCLA donation really helped families in our area.
A competition was held on the amount of food collected and how it was displayed. The contest was really close with the fourth-grade class were guests at the Twin Falls Rotary Club Dec. 17. The students presented the program. "Yankee Doodle Dandy's Christmas Musical." Our third-through sixthergands students had a science professor from the University of Idaho present grade-appropriate chemistry lessons throughout the day on Dec. 18.
Dec. 17, Castleford Schools became the first school in Idaho to have a solar power system installed and functioning. This project will help us teach students about renewable energy sources. This is an Idaho Power foren Power Project and had many people involved in making it happen at Castleford School District, Customer of Idaho Powers Green Power Program, Idaho Power, Idaho Rural Council, Idaho State Department of



Castleford students collected food to bein families this hol-

Building Services and Windpower Unlimited.
Instrumental throughout this project was Bill Chisholm.
A final note, we would like to recognize and congratulate one of our staff members, Jana Rodgers, kindergarten teacher/reading specialist, who received a master's in English as a second language from Boise State University graduation Dec. 19.

Our Christmas vacation is Dec. 22 through Jan. 2nd.

Andy Wiseman is principal of Castleford School.

# SNACKING AND WRAPPING =



On Dec. 15, the Buhl High School On Doc. 15, the Buhl High School chapter of the Family, Career and Community Leaders of America met to 'snack and wrap.' Wrapping gifts for children in Buhl was the purpose of the after-school activity. These gifts were provided by club memgifts were provided by club mem-bers. Snacks also were provided by club members and produced a holi-day atmosphere for this December project. Members participating were Catarina Marques, Anthony Avelar, Senia Avelar, Cameron Supp, Yelena Gelever, Sara Seal, Alicia Parsons, Liz Bettencourt and Rachel Linderman.



# SCHOOL NEWS

### **RSU** admissions reps visit Twin Falls area

visit Twin Falls area

TWIN FALLS - Admissions representatives from Boise State
University will visit the Twin Falls
area at 7 p.m. Jan. 7 at the
AmeriTel Inn on Blue Lakes
Boulevard North. Students considering applying to Boise State for
the fall 2004 semoster and their
parents are invited to "Preview
the Possibilities." They will
receive information on admissions and registration, scholarships and financial aid, more than
180 programs of study and numer-

ous internship opportunities, campus housing and clubs and organizations
For more information on Boise State or the visit, contact Boise State's New Student Information Center at 1-800-824-7017, Ext. 4 or e-mail bsuinfo@boisestate.edu.

# T.F. students earn honorable

mention in essay contest TWIN FALLS – Two Twin Falls students earned honorable men-tion in the Idaho Forest Products Commission's eighth annual Forest Products Week Essay Contest.

Students who earned honorable mentions include Brandon Carter and Sumry Leavitt, both of Morningside Elementary in Twin Balls. Their teacher was Carolyn Johnson.
Students wrote about how forest products touch their lives and what they would do if they were in charge of ensuring healthy productive forests for generations to come, the commission reported. They shared their ideas about how forests should be cared for to pride not only tangible products, but also clean air and water, wildlife habitat and other benefits. also clean air and water, wildlife habitat and other benefits.

# RESOLVING CONFLICTS =



Twenty fourth and fifth grade students at Big Valley Elementary School in Rupert were trained as per mediators for this school year. Their peers and teachers selected the students for their trustworthiness, rapport with other students, communication skills, great behavior record and outstanding academic achievements. The new mediators' role in the school setting is to help students who are in conflict find fair and workable solutions to their conflicts. Each year peer school setting is to help students who are in commict into tair and workable solutions to their commicts. Each year, it mediates are traffied and supervised by mediation coordinates Vickle Melwert and Stain Brians. From left are, front: Brandl Helher, Emily Searle, Susle MeHan, Sugey Ambriz, Raymond Rodriguez and Jeremy Castaneda; center: Briana Cruz, Dakota Rupard, Suede Denker, Cody Wilson, Dayna Phillips, Melissa Rivera and Sarah Webster; back: Sonny MeHan, Kattheen Yanez, Holly Mayer, Lucero Labra, Daniel Daylor, Jovanni Guaderrama and Garett Christensen.

# = AND THE WINNERS ARE... =



Lincoln Elementary School in Twin Falls named the winners of the Einstein Award for the month of November. The students had a party where parents were invited to celebrate. Students in grades one through three are, from left, top row: Kelly Admire,Robert Cuellar, Samantha Jackson, Breenna Balley, Jazmyn Garner, Carlos García and Mikelle Farguson,middle row: Sayer Conrad, Monique Dearden, Dyafa Castro, Dantel Hermandez and Zlatko Novakovic; bottom row; Tyler Anderson, Huntington Coats, Danny Lewis, Katle Jackson and Logan Hansen.



Einstein award winners in grades four through six are, from left, top row: Michaile Dotson, Caleb Faulkner, Erick Saldivar and Chase Smith; middle row; Ebrahim Ansari, Stevie Hauskins, Gilvia Humberger, Nichole Montano, Dir Hukle and Sald Salazar; bottom row, Luke Young, Anthony Massle, CJ Schwenson, Vanessa Cortes, Brittanie Fairbanks, Daisy Hulzar and Maria Sanchez

## SOLVING PUZZLES =



Debi Fil helps kindergartners at Memorial Elementary School in Rupert as they learn the names of the letters of the alpha-bet and work on putting together an alphabet train puzzle to reinforce letter order. From left are Salvador

# MORNING BREAK

Track lipsters At the stern Light wood Rolling Stones

34 Saucy ...
34 Saucy ...
spirited
35 Grippe
36 Pick a field?
37 Spinning toys
39 Repair
41 Pot sweetene
44 Tange teams
46 Final profit
2 Sleuth Wolfe

11 Butterflies and moths
12 "Wall Street" co-star James
13 After all this time
18 Kind of switch
22 Simon Says

57 Chores 62 Bigwig's letters 64 Court 65 Mine deposit 66 Sultry singer Peggy Pacotrack

# Order of birth determines ability to keep secrets Q. Which is the flercest fighter, the female tiger or the male? A. Female, evidently. When she has a litter, the male oftentimes tries to kill the cubs. But can't. Not with her there. Suppose you'll never guess who invented the mimeograph. Yes, you will. Thomas A. Edison.

Q. Women are better than men at keeping secrets, are they not?

A. Gender has nothing to do with it, say the psychologists. What counts is order of birth. Older children learn to keep secrets from younger children who learn to tell secrets to get attention. That back. Who was the tattletale in your family?

the tattletale in your family?
Q. This book says "steruphilia" is "fove of a sneeze?
Why would anybody love a sneeze?
A. Pretty farfetched, what?
Goes back to

Reviernan L.M. Boyd

Goes back when people couldn't tell wheth

when people couldn't tell whether the iner human body was dead or alive. If it sneezed, hooray. Flames are hollow. One who feels the compelling urge to look into the windows of other people's homes is also known as a "crytoscopophiliac". Q. What proportion of people over 60 are "problem drinkers". A. Maybe 10 percent. That's suggested by one study Statistics are untrustworthy, though. So many retired people don't have to answer to anyone that heavy drinkers among them create a hidden group of unknown size. Gets mighty hot in Siberia. More than 100 degrees F sometimes.

Robert Fulton's famous steam-boat was described as "... rude-

built... 125 feet long... 20 feet wide... side paddle wheels... a sheet iron boiler. She could make about 6 miles an hour. He named it "Katherine of Clermont." In honor of his wife. It's said she didn't feel all that honored. She and everybody else just called it the "Clermont."



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# Aries – Feelings come out in open

your idea. GEMINI (May 21-June 20): Feelings and thoughts are at odds. You may find it difficult to balance seriousness with lightness. Your determination is at an all-

Your determination in time high.

CANCER (June 21-July 22):
Lie low in your career today, and keep a rein on ill-advised discussions. Work for the bene-

HOROSCOPE Jeraldine Saunders

fit of others and you win too.
LEO (July 23-Aug. 22); Curiosity
broadens your world and leads
you to something exciting. You
could be irritable by evening.
One-to-one relationships, both
romantic and professional, will

romantic and professional, will settle down soon.
VIRGO (Aug. 23-Sept. 22): Intense feelings crop up and it may be difficult to reason them through. Wait to take action until the emotions abate and you're thinking clearly; it may be a few

thinking creatily is a many days.

LIBRA (Sept. 23-Oct. 22.): With evening comes less sensitivity but greater focus on relationships. Be your typical gentle Libra self. Your desire to communicate verbally or in writing takes tangible form.

SCORPIO (Oct. 23-Nov. 21): Be sure to consider the cost of

amusements realistically; you may be judging things from an extreme perspective. Home beau-tification will come later - be varient.

patient.
SAGITTARIUS (Nov. 22-Dec. patient.

SAGITARIUS (Nov. 22-Dec. 21): It's hard to understand your feelings from a rational view-point. Excess egocentricity or competition will probably prove useless. Don't let blowups with children pull you off track.

CAPRICORN (Dec. 22-Jan. 19): You'd probably prefer to stay home today. Constraints on love or ideals are difficult to take. Love is maturing, but possibly the hard way.

AQUARIUS (Jan. 20-Feb. 18): Thoughts and feelings don't jive today. You want to be cautious, but you're feeling impulsive. It's a great day to present a creative idea.

PISCES [Feb. 19-Mun. 20): As

iea. PISCES (Feb. 19-Mar. 20): As PISCES (Feb. 19-Man. 20): as this day progresses, self-pity ceas-es and you begin to feel more assertive. Money concerns come to the forefront. Apply your cre-ative power to work situations.

# Need Advice? See Abby on B-4



Put a Free Turkey or Ham on Your Table or presents under the tree!

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Steve Grump - 733-0931, Ext. 223

The Times-News

# Writing about bras is hard work

litor's note: Dave Barry is on vaca-this week. This column was first ished on Oct. 4, 1999.

As a professional newspaper columnist with both medical anddental benefits, I receive many letters from people who would like to get into my line

efits, I receive many letters from people who would like to get into my line
of work.

"Dear Dave," they write. "I'm sick of
my boring dead-end job as a (lawyer,
teacher, office worker, President). How
do I develop the skills I need to obtain
a job like yours, where you have an
opportunity to make a difference,
even though you never actually do?"

OK, then: Today I'm going to take
you "behind the scenes" here at Dave
Barry Inc., and reveal, step-by-step,
exactly how I write a column:
Step One is to come up with a topic.
I'm always thinking about possible



HUMOR Dave Barry

topics, from the moment my alarm goes off at 6 a.m., through the moment lactually get out of the bed, at around 10.15. During that period, I take a series of decompression naps while monitoring the morning TV news shows to find out what the news is. Unfortunately, the morning news shows no longer show the news: They're too busys showing the crowd of people who stand around outside the TV studie for hours on end waving at the camera and holding signs that say: "HII"

IV studio for house of end waring at the camera and holding signs that say: "HI!"

Evidently these people are too stupid to operate telephones, and this is the only way they have to communicate with their families or ward attendants back home. Sometimes the TV personalities go outside, I always hope that they'll point firearms at the sign-holders and yell, "go home," but instead they ask the sign-holders where they're from.

The fascinating answers never fail to amaze and delight everybody ("Ohio?" Genzill"). So I have no column topic when I emerge from the bedroom to fix myself a hearty breakfast of coffee with extra coffee.

My next step is to look through the daily newspaper, which I have found to be an invaluable and amazingly rich source of advertisements for women's underwear. Every other page has an ad featuring female models in lingeric; you get the impression, from newspapers, that at least 80 percent of the Gross National Product is brassieres.

Why? Do women really need to be

the Gross National Product is brassieres.
Why? Do women really need to be sold on the concept of underwear? Do they smack their foreheads and go, "that's what I need! Something under my clothing!"? But you can't write a professional column about women's underwear. You need a topic with some "meat" to it, such as the U.S. Trade Deficit, which is an important issue that the newspaper often puts next to the brassiere ads.
And so, with this topic in mind, I head for my home office, which is an area that I would estimate, for tax purposes, covers 94 percent of the total square footage of my home.
I work at home because, as a professional writer, I find that a solitary environment enables me, whenever the muse strikes, to clip my toenalis.
This particular muse strikes more often than a French labor union. I'l be pondering the Trade Deficit, and I'll glance at my toenalis and think, "Hey! Those babies have grown at least three-thousandths of an inch since I last clipped them!"
After lunch, it's time to get back to thinking about the Trade Deficit. The key, with a complex issue like this, is: research. A professional newspaper column has to be 800 words long, which is why I cannot say it enough; research, research, research, research, and the "Trade Deficit."
For this kind of technical detail, I get on the telephone to my Research, assistant, Judd Smith, who is a wealth of information. "Judd," I say "How come there are so many newspaper ads for women's underwear?"
"It hink because men like and a different and the professional newspaper and for women's underwear?"
"It hink because men like and and all the other ball of the professional newspaper and for women's underwear?"
"It hink because men like and and all the document there is only makes me wonder if this cold be a contributing factor to the Tade Deficit. Somebody should think about the professional many and the sound the professional many and the professional ma

this.

Id do it, but these toenails are not getting any shorter.

Dave Barry is a humor columnist for the Miami Herald Write to him clo The Maini Herald, One Herald Plaza, Maini, Fla. 33132.

# Wake up rested



Antelope Valley High School in Lancaster, Calli,, moved the start of school back to 8:30 a.m. because so many students overslept and were tardy

# Try these nine ways to jump start your day

Knight Ridder Newspapers

If you are not a tired person, read no further.

If you are a tired person, you're not going to like the dreaded phrase coming next:

Lifestyle change.

Sorry, somebody had to say it. A lifestyle change is the only way you're going to get more sleep. It might be a small lifestyle change (cutting out "The Late Late Show") or it might be a big lifestyle change (cutting out the 32-ounce Cokes). But if you count yourself among the 53 percent of Americans who regularly wish for a pillow and dark corner to crawl into during midaltermon, the sleep doctors say you need to something different.

There is hope. And today we present it in the form of nine ways to wake up from that walking coma. Once you've made friends with your pillow again, say the experts, you may view sleep the same way you currently view a double expresso: indispensable.

1 Eight ho Eight hours

Here are suggestions on how to luse your body clock to achieve maximum health (adopted from "The Body Clock Culde to Better Health-by Lynne Lamberg and Dr. Michael Smolensky).

- Exercise at a regular time each 4xy. This keeps the body clock run-ning on time and serves as a cue for meets and serves.

most of us are tired because we don't sleep enough. But just how much sleep do we need? The answer varies, but uite vast majority of adults require seven to nine hours a night to stay healthy, happy and alert. Surveys by the National Sleep Foundation, or NSF, show that sleep complaints have worsened over the past decade and, as of 2002, Americans averaged 6.9 hours of sleep a night. Fifty-eight percent of those surveyed experience symptoms of insomnia (trouble falling asleep) a few nights a week or more.

Resetting the body clock Exposure to bright morning light helps keep the body clock function-

helps keep the body clock functioning raperly.

• Gat consistent sleep. Avoid long and properly, which throw the body clock out of sync and make it difficult to fall asleep at night.

• Avoid the post-timeh dip, or feeling of lethargy, by taking a short walk.

• If you take medication, consult your doctor about timing. Talk about

when your symptoms occur, and ask whether chronotherapies are available for your tilesss.

- Milmlank bet effects of jet lag by starling to adapt to a new time zone while you're still at home. Changes of even an hour or two can make adjusting much easier. In addition, try to shift meal times, medication and other daily routines.

Source: The Baltimore Sun

Source the ballmore Sun bearing down on you," says former sleep researcher Dr. Suzanne Griffin, a clinical assistant professor of psychiatry at Georgetown University Medical Center. "But not the way you want to go through life."

A chronic lack of sleep means that adrenaline levels remain high, which, in turn, causes further sleep disruption, among other things.

Drowsy drivers cause 100,000 accidents per year, according to the National Highway Traffic Safety Administration (New Jersey just passed the first state law against driving drowsy). Tired workers result in \$18 ballion in lost productivity for the U.S.

# While you weren't sleeping

By Steve Crump Times-News writer

TWIN FALLS – She's a strict-constructionist on the issue of daytime sleepiness:
"Someone who experiences daytime sleepiness on a consis-tent basis may very well have a sleep disorder," says Nila Christensen, clinic director of the Idaho Diagnostic Sleep Center. "That's one of the pri-mary symptoms."

Please see DISORDERS, Page B2

economy, according to the NSF's calculations.
Solution: Make sleep a priority. For Griffin, sleeping well is part and parcel of a slower, saner itiestyle. "Perhaps we need to step back and do less and live more and enjoy what we're doing more including enjoying sleeping."

# a night," says Dr. Philip Becker, medical director of the Sleep Medicine Institute Presbyterian Hospital of Dallas. "We are currently functioning on adrenaline, and this is going to have potential long-term health effects." On adrenaline? Yep. Too little sleep stresses the body and activates the well-known "fight of light" reflex in humans. The adrenal system switches on and puts the major organs into alarm mode: Blood pressure rises, lungs expand, and hlood is diverted to the muscles, all in preparation for major physical exertion. "Which is exactly the way it should be if there's a freight train **Becoming Donna Karan**

more.
In reality, a third of Americans
"try to get by on six hours of sleep

NEW YORK — One day, designer Donna Karan walked into her Madison Avenue boutique — a shop so grand that it wraps around a small pond — and bumped into a customer who took advantage of the serendipity to Attitude aggressively declare herself a devoted fan. Karan was with her daughter and stepson, and it was one of those moments that Karan says exemplify how difficult it is to maintain "that kind of balance." There on the sales floon, she says, all aspects of her life converged: The designer had to juggle an overexcited customer and a fussy grandchild who was demanding a bottle. Karan, \$5, does not claim that she's unusual in feeling the pull of both the business world and domesticity. But she is unique in that, for a time, she was able to make a convincing argument that personal tumult, gender inequity and working-mother guilt could all be lessened with a few yards of luxuirious black cashmere.

nere. e woman, Karan recalls, was

Please see ATTITUDE, Page B2



the body, Donna Karan savs Despite

corporate changes over the years, Karan's ilne retains a sensual.

sophisti-cated style.

Interest in quilting also continues to grow, as do expenditures on this hobby. It's a \$1.8-billion industry now.

Empty-nesters and retiring boomers, with some time and money, look for ways to express themselves through sewing for their homes. Demographics noted by the Kiplinger Letter just a

# Sewing, quilting draw on younger population

During the 20 years that I've been writing, about sewing and needlework, many changes have taken place. Among them: In the '90s, sewing and quilting re-emerged as an art form. Surveys revealed that a younger, more educated segment of the population was driving this trend.

In 1997, the New York Times wrote that despite so many women in the workplace, "nearly moethird of the country's adult female population are revving up their sewing machines."

The reasons? Relaxation and creativity were at the top of the country's adult female population are revving up their sewing machines."

The reasons? Relaxation and creativity were at the top of the country's adult female population are revving up their sewing machines. The reasons for the renewed interest. Technological advances in machines and spiles were of accomplishment were other reasons for the renewed interest. Technological advances in machines and spiles were of course, helpfulp in making sewing easier, faster and more enjoyable. Interest in quilting also continues to grow, as de expenditures on this hobby. It's a \$1.84.billion



SEWING Barbara Gash

year ago showed a gradual rise in "household formation," too, with an expected increase in doi-yourself projects.

As for the future, Joyce Perhac of the Home Sewing Association sees younger children (ages 7-10) "becoming involved in activities that challenge them to be creative.

arine.

"The sewing industry," she adds, "hopes to present sewing as a fun and creative life skill that can also be cool."

And I'll do my part, too, writing every week to help keep readers of all ages informed and enlightened!

Barbara Gash writes about for the Detroit Free Press. W her at the Free Press, P.O. Bo Detroit, Mich. 48231, or send

# HEALTH & FASHION

# Nicotine patches may help 'senior moments'

For many years, doctors have been trying to harness the memory-enhancing powers of nicotine without exposing poople to the carcinogenic chemicals in cigarette smoke. A nicotine patch could be the answer. Several studies have shown that nicotine can improve attentiveness among patients with attention deficit disorders, schizophrenia, Parkinson's disease and mild to moderate Alzheimer's, Now, a

nia, Parkinson's disease and mild to moderate Alzheimer's. Now, a small study from Duke University researcher's suggests that low-dose nicotine patches might relieve the mildest form of memory loss, a common condition called age-associated memory impairment—often referred to as "senior moments."

ment-often reterred to as senior moments."

The study of 11 nonsmoking patients ages 60 to 90 found that four weeks of wearing a nicotine patch halved the time it took them to make decisions on a standard memoral test. Thou them to make decisions on a standardized memory test. They scored better on standard measures of mental focus and attentiveness, while reporting improved memory. The low-dose nicotine patch worked without such side effects as increased heart rate, blood pressure and weight loss, all of which are associated with higher doses. One participant dropped out because of nausea.

natisea.

Nicotine, the study demonstrated, can improve memory and attention even at the earliest stages of memory loss, said coauthor Edward D. Levin, a behav-

Nicotine patches, approved for smoking cessation, appear to have a positive effect on age-associated memory loss.

ioral pharmacologist. It might even slow mental decline. But people having difficulty recalling simple facts, such as names or phone numbers, should-n't rush out to buy the patch experts say. Nicotine is only FDA-approved for smoking cessation,

and the long-term safety of nico-tine patches hasn't been proven in large studies.

Levin also cautioned against smoking because cigarettes' health risks far outweigh nico-

ne's benefits.
The findings, published in an

online edition of the journal Psychopharmacology and awaitonline edition to the fourier Psychopharmacology and await-ing publication in the printed ver-sion, suggest that nicotine-like drugs being developed by several pharmaceutical companies might provide a similar memory-boost-ing benefit.

# Fragrance-free facial cleansing cloths make sense

DEAR PAULA: Most of the facial cleansing cloths I've been trying are so fragranced they make my eyes water. I would love to find one that isn't loaded with wafting fragrance. If someone knows you do.

SILANNON, PALM.
SPRINGS, CALIF.
DEAR SHANNON, Fragrance is a problem for lots of women because it is such a strong aller-

Attitude\_

Continued from B1

a "definitive size-12 customer," which in the dimensions of designer garments means her figure was significantly flawed. She was also from Detroit, and in the fashion industry, that is the equivalent of being from the middle of a cornfield. The woman began to pepper Karan, who recently lost a significant amount of weight, with questions about her fitness routine and diet. She also wanted Karan's opinion on the wardrobe shed just purchased.

"She puts on the clothes, and I have to tell you I did not like her in them at all," Karan says. "I said to her, This is going to be a little risky, but I'm going to be a little risky, but I'm going to do a coinplete changeover on you. Are you prepared to handle this? I think you're buying all the wrong clothes for your body."

"I'm going to give you a body dress," a cashmert body dress," a cashmert body dress," and! Pick up your skirt. Let me see you from your knees to your too. I'm going to be your uniform right now. I said. 'Pick up your skirt. Let me see you from your knees to your toes. You have brilliant legs, and all you're doing is hiding your body."

"S minutes, in all my years, have never seen such a trunsformation," Karan says. "I wish! Con the

COSMETICS O&A Paula Begoun

gen or sensitizer. Olay's new Daily Facials Express Wet Cleansing

Continued from B1

There are more than 80 recognized sleep disorders, and tens of millions of Americans will suffer from them in their lifetimes. The most common, insomnia, has 30 potential causes.

People with sleep disorders generally don't get enough deep sleep: the slow-wave sleep that rests the body and/or the rapid-eye-movement (REM) sleep that rests the brain.

The most prevalent problem nowadays is obstructive sleep apnea, which is a blockage of the airway at the back of the throat that happens when soft tissue collapses and closes during sleep. In addition to the many health consequences of insomia, it has been linked to heart disease.

"With sleep apnea, your sleep."

Disorders

Continued from B1

Cloths Sensitive Skin (\$5.99 for 30 cloths) is probably what you've been looking for and the price is right too. These pre-moistened cloths are ready to cleanse right out of the package and they contain no fragrance or drying cleansing agents. While you're at the Olay section of the drugstore, consider trying Olay's Regenerist Enhancing Lotion SPF 15 (\$16.59 for 2 1/2 ounces). It is a great

option for daytime a dry moistur-izer that also has excellent sun protection, a powerful combina-tion any time of year.

Paula Begoun is the author of "Don't Go to the Cosmetics Counter Without Me (6th edition)" (Beginning Press, \$27.95). Write to her at 13075 Gatewoy Drive, Suite 160, Seattle, Wy 98168 or check out her Web site: www.cosmeticscop.com

# Class discusses caesarean childbirth

Cesarean childbirth class will be offered from 6:30-9 p.m. Tuesday in the Sage Room of the Education Center at Magic Valley Regional Medical Center in Twin Falls.

Falls.
The class will include informa-tion on cesarean deliveries, post-partum care, hospital procedures and non-conforming labors.
Cost is \$20. Preregistration is

not required. For more informa-tion, call 737-2166.

### Diabetes education

µJabetes education

A free community education
class, foot care and diabetes, will
be offered from noon to 2 pm.
Jan. 5, 2004, in the lower level conference room at the Magic Valley
Regional Medical Center's downtown campus, 660 Shoshone St. E.,
Twin Falls.

The class will include information on foot care to weard. He

The class will include informa-tion on foot care to prevent dia-betes complication. Free foot exams will be provided. Preregistration is required. To register, call 737-2166.

To do for you

# Weight loss support

Weight loss support
New Beginnings of Magic
Valley, a weight loss surgery support group, will meet from 7-9
p.m. Jan. 5, 2004, in the doctors'
meeting room on the lower level
at Magic Valley Regional
Medical Center in Twin Falls. The
support group is for those interested in learning more information about weight loss surgery of
for patients who have undergone
the surgery.

the surgery.

For more information, call
Gale Carlock at 733-4407.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Mondays Health & Fashion. Mail notices to: The Times-News, P.O. Box 5-twin Falls, ID 33303, or deliver to our office at 132 Third St. W.

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# nia, it has been linked to heart disease. "With sleep apnea, your sleep is disturbed repeatedly," Christensen said. "So the next morning, you're tired." Depression and sleep disorders also go hand in hand, Christensen said. "If you're depressed, you often have sleep disturbances, and if you can't sleep, you're often depressed," she said. Alcohol - prevalent this time of year - is a major trigger of insomnia, she says. "Alcohol disrupts normal sleep patterns," she said. "As a result, in many cases, you sleep less at night and are tired the next day." Not surprisingly, Christensen is In 25 minutes, in air my years, I have never seen such a transformation," Karan says. "I wish I had a video camera for the before and after. ... She went from a very nice lady to a hip New Yorker. FOOD

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no fan of caffeine.

"Caffeine can stimulate you, but it doesn't solve the underlying problem," she said. "But it can cause sleep disorders in itself, never use it after 6 o'clock ar sight." throat collapse during sleep, clos-ing the airways. The test also watches for "arousals," when a person goes from deep sleep to watches for "arousals," when a person goes from deep sleep to light sleep.
Sleep disorders are treatable, Christensen says, and daytime sleepiness isn't destiny.
"If you can't wake up, it means you're not sleeping at night," she says. "You can change that."
— The Fort Worth, Texas, StarTelegram contributed to this report

can cause sleep disorders in itself, never use it after 6 o'clock at night." The same applies to eating a heavy meal and its frequent consequence — heartburn, or esophageal reflux.
"Eating too close to bedime isn't a good idea," she said.

If you have problems waking up, Christensen might recommend a sleep evaluation, which consists of examining your sleep history and doing a sleep study. The latter involves spending a night in a sleep lab, wired, strapped and miced. Tests monitoring brain waves, eye movement and chin-muscle tone tell medical staff which of the five stages of sleep the person is experiencing. A microphone measures storing, a probe on the finger gauges oxygen levels and bands around the belly and chest note movement.

A special device around the

pands around the belly and chest note movement.

A special device around the nose and mouth measure air intake, especially important for diagnosing sleep apnea, a disorder in which the muscles in the

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G. Adrian Dean, M.D. Q. I will be 62 next month and whenever my blood pressure is taken it is called

Times News writer Steve Crump can be reached at 735-3223, or write to him at scrump@magicval-ley.com

borderline or prehypertensive. What does this mean and is it dangerous to my health?

A. According to the enidelines. of the National Heart, Lung, and Blood Institute.
"prehypertension" is common to 45 million Americans or

about 22% of us.
Prehypertensive individuals
include those with a systolic
blood pressure of 120-139 or a dastolic pressure of 80 to 89. Blood pressures rise steadily with age, in the U.S., as does the mortality rate from heart attacks, strokes and other ascular diseases when the vascular diseases when the blood pressure goes up. Also, the risk of dementia in the elderly apears to be reduced by lowering the blood pressure. Thus the NHLBI recommends close monitoring of your blood pressure, with special attention to lowering salt in the diet and weight reduction. Treatment by your family doctor should not be neglected.

Mountain View Care Center for the Elderly 500 Polk St. E. Kimberly, 10 83334 208-423-5591

# Sleep

Continued from B1 2 Deep breaths
and bubble baths.

Deep breaths

and bubble baths.

Tired bodies are already physically stressed, Add to that the barrage of daily mental stressors: complicated relationships, bad customer service, the specter of terrorism. Mental stress triggers the same biologic "fight or flight response, putting that much more demand on our bodies. It's exhibitanting, er, exhausting. Actually, it's both. "The first 24 hours after a person is sleep-deprived, the adrenalmust may make them a bit more focused," Griffin notes. "But if her continue to be sleep-deprived, all the data tells us they will become less and less effective, less and less productive and their anxiety will go up."

Solution: Take a short break from a stressful environment. Ask for other people's help. Postpone saying yes immediately to every request. These are good suggestions from Diane Sieg, a former emergency-room nurse and author "Stop Living Life Like an Emergency Rescue Strategies for the Overworked and Overwhelmed."

Build some time into your evenings to de-stress, she says. "Some people can just hit the pillow and turn it off, and those people are blessed. But I have to have a trust winding-down period." Ten minutes (or more) of quiet time and ow onders to prepare for a good night's sleep.

An apple a day (hold

# An apple a day (now the caramel, please). Here's something you haven't heard before: The American diet

heard before: The American diet stinks.

It's not just our affection for fast food, super-sized portions and mega "big burp" sodas, says Dr. Jacob Teitelbaum, author of "From Fatigued to Fantastic. It's also the fact that the processed foods we rely on have been sucked dry of so many nutrients.

"We have a unique situation in this country." Teitelbaum says, "and it's called high-calorie malnutrition."

with the body running on so lit-tle fuel, it's no wonder we're slug-gish.

With the body running on so the fuel, it's no wonder were sluggish.

And then there are those familiar sugar cravings, triggered by a lack of sleep, feiterbaum explains. Tired people have, as we know, decreased adrenal function and suppressed immune systems, both of which lead the body to crave aligar. Respondents to the sleep, foundation's survey report eating more when they haven't gotten enough sleep.

Solution: You don't need us to tell you that Krispy Kremes and curly fries are not doing your body any good. Smaller, more frequent meals five times a day are better than fewer, big meals, says Jon Gordon, a Florida restaurateur and author of "Become an Energy Addict." Nuts, fruits, low-fat yogur – even natural or low-sugar peanut butter – are better snacks than thips and candy.

And there's no excuse for skipping breakfast, stresses Gordon (who signs off his phone conversalons with "Go get that energy!"). Hard-boil some eggs and cut up yome fruit the night before, he suggests, and grab it on your way out the door.

### Dread not the ■ treadmill.

The last thing most of us want to do when we're tired is exercise. But we inevitably feel more energized and mentally sharper after we do 't. That's because exercise incress oxygen consumption and releases hormones that make us happier (ie. less stressed.) There's always been anecdotal evidence that peo-

ple who exercise regularly sleep better, but only recently have stud-ies proven a significant connection. "Tm always full of energy," says Annette Perez. "People think I'm a

But when Perez first appeared at David Dubail's Miami fitness center, she was sleeping so poorly that four workouts per week nearly killed her. Now she's 60 pounds lighter and juggling her own accounting business – on top of working full time for an eye-care center.

center.

And she still gets her rest. Perez, the mother of a 17-year-old, will switch off the lights at 8:30 p.m. if she knows she has to fit in a 5 a.m.

switch off the lights at 8:30 pm, if she knows she has to fit in a 5 a.m. workout the next day. Another thing to consider: Obesity is a risk factor for sleep pnnea, a potentially dangerous sleep disorder.

Solution: Just do it. "All you need is a pair of shoes and a place to walk," says Gordon. "If you can't get 20 or 30 minutes in, just do 10." Early-morning workouts can jump start a day for some people. But for individuals with sleep problems, the sleep foundation recommends exercising after moon and least three hours before bedtime, according to sleep disorders specialist Dr. Richard Simon.

### Resist the 5. quick fix.

"I drink a lot of those energy drinks called Red Bull. I pop those like shots," says Terrence Edwards,

drinks called Red Bull. I pop those like shots, "says Terrence Tedwards, 33, Grand Prairie, Texas.

The sleeplfiness/nurrition professionals are all in agreement about the negative nutritional value of calfeinated drinks and sugary pickemeups. In fact, caffeine and sugar are "loan sharks or energy," says Teitelbaum.

People tend to feel increased energy in the hour after they have ingested those things, but two to five hours later they tend to feel worse than they did originally.

Overthe-counter medications are OK for occasional sleeplessness, says Dr. David Ostransky, medical director of the North Texas Lung and Sleep Clinic. But if the sleep problem has been ongo; "for more than several weeks," he recommends that individuals begin exploring the underlying cause of their poor sleep with health professional.

Solution: You wouldn't need the quick fix if you were getting enough sleep to begin with!

Not that it's a solution, but catching up on the weekends can bailed by most of the time. But we all live on Sautralays if that's one of the rare evenings that you have to socialize.

The most important thing is "to get the appropriate duration of sleep," Ostransky says, and if that means sleeping in on the weekends, or sneaking in a nap, then fine.

# Quit your job! (OK, just 6 take a vacation day.)

War falke a Vacation day, Work falls under the stress cate-gory, to be sure, but it's also worthy of its own heading when it comes to sleep. That's because Americans work more hours than people in any other industrialized nation. In 2002, Americans averaged 1,978 hours of work annually, com-pared with 1,942 in 1990. Forty per-cent of us work more than 50 hours a work.

a week.

But it may be more stressful, and tiring, to be "out" of work in the current economy: Businesses have laid off more than a million work-

ers since November 2001.

Solution: There is a movement afoot to slow the frenetic pace of work in America - to cure what author Joe Robinson has called our "wacation-deficit disorder." Robinson, whose "Work to Live" book and campaign have touched a national nerve, calls for congressional action to institute a paidleave law: three weeks vacation after one year on the job and four weeks paid vacation after an employee's third anniversary at work.

employee's third anniversary at work.

"This law would insure that all Americans are protected against the stalling, chilling and canceling of vacation time," says Robinson's Web site, "and it would legitimize time away from task so that people who are on vacation don't have to fear that their jobs are in jeopardy while they're gone or feel guilty that they're not on the job This way Americans can actually begin to enjoy themselves when they're not working. What a concept!"

For tired people who can afford to cut back their hours or take a Jess-stressful position, Griffin (who did so herself) encourages it. "We're trying to cram more into our day," she says, "and I think at the same time we're not really living."

# 7 Slow down the kids.

"In general, when you have children, the total amount of time you have to sleep is markedly less," Ostransky says. "The younger the children, the more impact it does

Ostransky says. "The younger the children, the more impact it does have."

No offense to the precious kiddos, but you half-pints are wearing your parents out Infants that wake every few hours, toddlers with nightmares, older children that still like to sleep in mom and dash bed. Sleeping is hard enough for parents, but then there's also the drain of daytime activities: carpool, homework, debate club, base-ball team, birthday parties, sibling squabbles, etc. A Harris Interactive survey found 44 percent of parents saying they wake up earlier than usual to prepare kids for school. Not to deter anyone planning to have kids, of course. But it's stressful and time (le. sleep) consuming to be a parent. "When you're dealing with family and young kids, there's always something to do," says Kelvin LaFond, a 42-year-old Fort Worth fireflighter and father of two kids, 8 and 10.

For Vipha Phimphrachanh, a

Haltom City, Texas, single mother of two, finding time to relax during the day means staying up later than she would it she were chiles. "It work from 8:30 to 5:30, pick up my kids from my grandmas house and help them with their homework," she says. "Then there's, of course, dinner and when I'm done putting them down to bed by 9 p.m. I want some time to myself."

Solution: The answer for David Kirkpatrick, a Colleyville father of four (including '11-year-old triplets), was cutting back on after-school activities.

Some experts have recommend-

school activities.

Some experts have recommended no more than seven hours of aftereschool activities per week. Helping kids wind down in the evening by avoiding computer, television and phone use close to beditime will probably help parents wind down, too.

# 8 Unplug

■ your modem.

Researchers are curious to know the role our 24-hour, high-tech, multimedia society plays in sleep deprivation. Anecdorally, it would seem like a big one all inght grocery stores and restaurants, around-the-clock cable television and Internet access; a global economy, notes Becker, that relies on markets 10 time zones away, are the human is modely desired.

relies on markets a unitary away.

"The human is poorly designed to try and work at night," Becker says. "The internal biologic clock, the circadian rhythms, are at their very lowest ebb in the middle of the night. It's not that you're just getting sleepy, your whole body is trying to slow down.

"You're really intended to be in a quiet, dark, comfortable place at that time, so you can get your rest."

that time, so you can get your rest."
Solution: Ostranksy believes that individuals who are genetically more susceptible to sleep disorders are, indeed, "more prone to be affected by external influences." But there are simple, "common-sense" solutions to unplugging from the modern world. "If you're really having trouble falling asleep at night, you don't need to be answering a lot of emails" right before bedtime and "watching "Terminator 3" at 11 o'clock." he saws.

e-mails" right before bedtime and "watching "Terminator 3" at 11 o'clock," he says. Other suggestions include removing computers, televisions and other distractions from bed-rooms, and making sure the room is sufficiently dark.

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Admit your denial.

There are people who are simply loathe to say they're tired. One colleague told me (and then quickly ducked for cover) that he thought being tired was a "woman thing." Several women interviewed suggested that men equate being tired with being weak.

Whatever the gender lines, there remains a "general sense that sleeping less makes you a more productive person, a more efficient person, a stronger person," says Griffin. "People say, 'I don't need that much sleep, I can get by on six hours,'" notes Sieg. "I think they're

deluding thenselves."
Griffin concurs, "They are 'getting by,' But also remember that in getting by,' But also remember that in getting by they are running around with elevated levels of stress hormones, possibly on a more chronic basis, and we do know that there are health effects, not least among, them are reduction in immunity. Solution: Be honest with yourself about how much sleep you need adjust your work schedule, start eating breakfast, or make up your mind, like Griffin did, "that my house is not going to be the nicest, neatest, prettiest, best decorated home on the block."
You won't be Martha Stewart But you won't be tired, either.



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Liver disease Heart abnormalities Impotente

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# TREATMENT

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ferrini levels to use low-keep time interest membranes should no People with hemocrateriasus should no ake into supplements. Thate who have leve damage should not drivi alcohor ceverage bedause linely further damage the inver-hibiting the state of the state of the Although treatment cannot, cure the conditions—a systociated—with hemocrateriasus statements which goe

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# Elder Law Forum

Straight Talk on Elder Law and Estate Planning

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QUESTION: Is my will the sole document to govern where all my property goes at the time of my death?

of my death?

Probably not. That used to be the case, but it is increasingly not the case today. In your grandparents' day, all their property may have consisted of a farm, cattle, horses, money in the bank, and personal effects. They would have had no lede what you were talking about if you used the terms: 401(k), annuity, IRA, qualified pension plan, or universal life insurance policy. Today, these are household terms and their provisions often-times govern whore undistributed assets go at the time of your death. Beneficiary clauses in these modern-day assets operate Independently of wills and trusts and control delivery of assets owned by a decedent at time of death. The lesson here is to understand the offect of beneficiary clauses and to assure that they are privated properly so that your property is distributed in a coordinated fashion, according to your wishes.

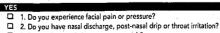
You can choose to have benefits paid to your estate. In that event, our will would govern the disposition of assets. However, it is rarely vise to have IRA or qualified plan monies paid to your estate. Planning tip: check your beneficiary clauses. Make sure they are cur-nt and coordinated with your overall estate plan.

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# Woman wonders if man is trustworthy

DEAR ABBY: I was physically and emotionally abused by my parents. Mother left home when I was 11. When I was in my early 20s. I was attacked and raped by a tranger. I have been through many abusive relationships and several failed marriages. My last two boyfriends were sexually abuseve. Now I'm afraid of men, and especially afraid of sex. About a month ago, I met a man who seemed nice. He gave me his number. A week later when I lost my job, I called him to see if he knew of any openings. He invited me over to look at my resume, and I went. We began a deep friendship. I told him things about my past that gave me low self-esteem. He told me he had studied counseling and asked if he could work with me. I agreed.

His helo has brought back

gave me low sen esteem. The warm me he had studied counseling and asked if he could work with me, agreed.

His help has brought back many painful memories, and we are dealing with them together. He says things to improve my self-esteem. He believes in me and wants me to have a better future. He even hinted he'd like to be part of that future. His tenderness is incredible, and I find myself melting into his arms.

Now for the bad part: He told me that he spent 125 years in prison. Although he is no longer the same person who committed those crimes, he was incarcerated once for rape and two years later for sexual assault. He now has erectile defysiunction, so I know he couldn't do it again, even if he wanted to. I am starting to care for him a lot, but at the same time I'm scared him. I don't believe he would ever harm me, but ever since he told me the truth, I've been having nightmares about someone chasing me and trying to hurt me.

Should I stop seeing him? He does everything he can to reassure that he work hurt me, and I want to believe him. Please help.

—SCARED IN FLORIDA

DEAR SCARED: Your subcon-

DEAR SCARED: Your subcon-



ABBY Abigall **VanBuren** 

ing you. He is not a licensed therapist. He is a serial perpetrator of sex crimes. Sexual assaults are sometimes less about sex than they are about control. In other words, rape is not always physica; it can also be emotional. Although you may be infatuated, you have only known this man for a month. That's not long enough to make rational judgments. You may have placed yourself in the hands of a skilled manipulator as well as a sexual deviate.

Do not allow an amateur to doe

Do not allow an amateur to doodle with the strudel in your noodle. If you want to conquer your problems, consult a qualified, licensed therapist.

P.S. Did he help you find a job, or were you lured to his dwelling to be seduced? Only you can answer that.

DEAR ABBY: My cousin, "Debbie," will be married next October. We have never been close. She was supposed to be in my wedding, but she never showed up for the fitting, so I replaced her with a friend.
My dilemma: She told me my husband is not invited to her wedding because the dinner is \$100 a plate and no spouses or boyfriends are allowed.

plate and no spourare allowed.

What do you think I should do?

- INSULTED IN OHIO

DEAR INSULTED: Politely inform cousin Debbie, that you will be unable to attend her wedding, and send a small token gift instead. She is obviously ignorant of the fact that a married couple, unlike boyfriends and girlfriends, are officially one unit, and that it is a breach of eftiquette to invite one and exclude the other.

# Party allied to Milosevic makes gain in elections

BELGRADE, Serbia-Montenegro (AP)—An extreme nationalist party allied to former strongman Slobodan Milosevic won Serbia's rucial parliamentary elections. Sunday but failed to get the majority needed to govern on its own, according to exit polls. The Serbian Radical party won 27 percent, said the independent Center For Free Elections and Democracy, whose exit polls have been highly accurate in the past The moderate nationalist Democratic Party of Serbia came second with 17 percent, while the governing processor of the party of Serbia came second with 17 percent, while the governing processor of the party of Serbia came second with 17 percent, while the governing processor of the party of Serbia came second with 17 percent, while the governing processor of the party of Serbia Radical Party. That would enable the pro-democratic parties that toppled Milosevic in 2000 and extradited Milosevic in 2000 and extradited Milosevic in 1000 and extradited M

rom four wars fomented by Milosevic and his loyalists in the 1990s.

Millipsevic and 1990s.

The Center for Free Elections and Democracy reported final turnout of about 60 percent, the highest since parliamentary elections defeated Millosevick Socialists three years ago, when 70 percent voted.



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community residents who have made significant contributions to our quality of life in the

Please include the information listed below (that applies to the nominee), to help the Ambassadors make their decision.

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  • Biographical information

  • Chamber of Commerce volunteer work
- Club or service work Volunteer work
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Nominations for both awards must be received at the Chamber office by December 31, 2003

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# U.N. inspectors visit nuclear sites in Libya

The Washington Post

The Washington Post

TRIPOLI, Libya – U.N. weapons inspectors visited four nuclear facilities in Libya on Sunday for the first time, in keeping with a recent Libyan promise to give up its nuclear arms program.

The director of the International Atomic Energy Agency, Mohamed Elkardei, and a team of inspectors toured the facilities, including the small experiental Tajuar reactor, which has been identified by Western diplomats as the heart of the Libyan program.

The inspections at the sites, all in the Tripoli area, kided off a process that IAEA officials said would be long and laborious, and would include an accounting of Libyas efforts to build an atomic bomb, the dismantling of equipment deemed usable for weapons production and ongoing monitoring.

"They promised us access and delivered," Mark Gwozdecky, an

IAEA spokesman, said of the initial outing.

ElBaradei also met with the chief of Libya's nuclear program, Matouk Mohammed Matouk, Jacques Baute, who heads the IAEA's Nuclear Prollieration Verification Office, and Pierre Goldsmith, the IAEA deputy director and veteran inspector in Iran, also attended the meeting. In the evening, the IAEA team worked with Libyan officians on a long-term inspections scheme. ElBaradei is scheduled to leave Monday. Three inspectors will remain behind and three more will join them soon, Gwozdeely said.

The inspections followed months of secret talks among Libyan, U.S. and British officials in which the Libyans decided to reveal their program. The United States had accused Libya of trying to produce nuclear weapons in volation of the Nuclear Non-

to produce nuclear weapons in violation of the Nuclear Non-Proliferation Treaty.

Need a puzzle? See Morning break on A-12.

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Cinema #9 - Dolby Digital 12:00 - 4:15 - 8:30
Bad Santa (8) Today 7:40 - 9:50

# THE ODYSSEY 5 Inside Magic Valley Mail 1F 734:2400 Adults 55 00 before 5:15 pm on Matinees

Love Don't Cost Thing (1)
Today 2:40 - 7:00
Missing (2) Today 12:45 - 3:45 - 6:45 - 9:30
Looney Tunes (16) Today 12:30 - 2:40

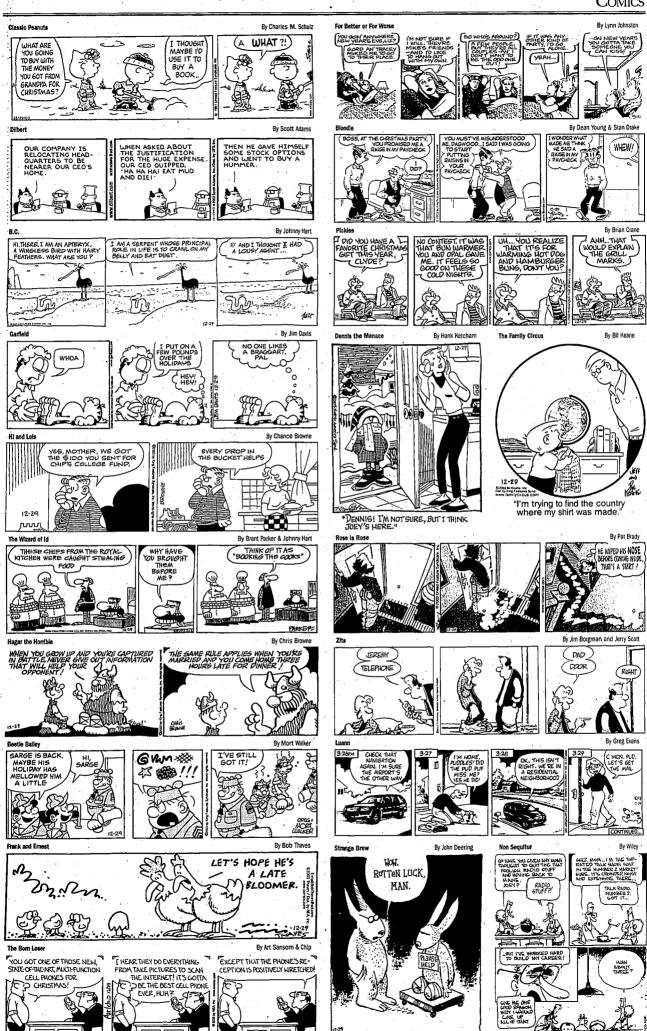
# PEROMIC CORETY A 955 West Main Jerome 134 2400 Agusts 54 50 before 5 15 pm on Makness

ord of Rings 3: Return of the King

Cheaper by the Dozen (PG) Today 12:30 - 2:40 - 4:50 - 7:15 - 9:11 Paycheck (13) Today 1:30 - 4:30 - 7:15 - 9:45



# Comics



www.magicvalley.com

# 155

733-0931 Extension 2 Twin Falls 1-800-658-3883, Ext. 2

677-4042 Burley

An Aci

SUNDAY MONDAY TUESDAY WEDNESD

To Place By Phone

THURSDAY

Line Ad Doordings 4 PM 4 PM 2 PM 2 PM 2 PM FRIDAY
FRIDAY
MONDAY
TUESDAY
WEDNESDAY

Policies: All advertising is subject to the newspapers' standards of acceptance. The Times-News reserves the right to edit, abbreviate, decline or properly classify any ad. Receipt of capy via remote entry (fax, e-mail, etc.) does

not constitute final acceptance by this newspaper. The advertiser, not the newspaper, assumes full responsibility for the truthful content of their advertiser message.

HESE FINE CARDS, CASH, CHECK AND MONEY ORDERS ARE ACCEPTED FOR PRE-PAYMENT.











By Fax

Lost & Found 101 102

Card of Thanks 103 Dietary Aids 104 Personals

Happy Ads 106 Special Notices Abortion Alternatives 107

108 Professional Services Health & Wellness Home/Health Care 111 Entertainment Service

# 200 EMPLOYMENT

Employment Wanted 214 Employment Opportunities

FINANCIAL

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305 Contracts & Mortgages

306 Financial Services EOLICATION

401 Schools/Instruction 402 Music Lessons

SOO REAL ESTATE FOR SALE

501 Open House Homes for Sale 510 Out-Of-Area Homes 511

Out-Of-State Homes 549 Fame/Ranchae/Dairiae 513 Acreages and Lots Income Property

Commercial Property 515 Vacation Property/ 516 Time Shares

Condominiums

519 Cemetery Lots Real Estate Wanted 521 Manufactured Homes

600 REAL ESTATE RENTALS

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By E-mail

601 Furnished Houses Unfurnished Houses Fumished Apts/Duplexes

Unfumished Apts/Duplexes 605 Rooms For Rent Mobile Homes Office & Retail Rentals 714 607

Commercial Rentals Condominium/Time Shares Storage/Warehouse

Rental Wanted To Rent Mobile Home Space 616 Roommates Wanted

700 AGRICULTURE

Livestock & Poultry 702 Dairy Cattle & Horses & Tack 704 Pets & Pet Supplies

Seed & Fertilizer 709 Hay, Grain & Feed Crops/Produce 711 Custom Farming

705 Farm Equipment

706

708

**In Person** 

Famt/Ranch Supplies

water is

813 Jewely

811 Heating & Air

815

A17

819

821

823

827 Garage Sales

810 Furniture/Carpet

Conditioning

Auctions/Auctioneers

Lawn & Garden

Miscellaneous

For Sale

Bicycles

Exercise Equipment

Musical Instruments

Office Equip./Supplies

Tools & Machinery

Variety Food/Svcs.

Medical Supplies

Camping & Hunting

Sporting Equipment

RECREATION

Guns & Rifles

Equipment

712 Farms For Rent Pastures For Rent Pastures Wanted

715 Farm Auctions AG Business & 716 Service Directory

MERCHANDISE

801 Antiques & Collectibles 802 Appliances Bazaars & Crafts

804 **Building Materials** Hot Tubs & Pools 806

807 Clothing & Furs 808 Computers 809 Firewood ALCOHOLIC: ANONYMOUS 208-733-8300 & 721-0

**FAX** 

YOUR

AD

TIMES-NEWS CLASSIFIED DEPARTMENT

208-734-5538 208-677-4543

(Burley)\*

REMEMBER

ATVs & Motorcycles

902 Boats & Accessories

**BUSINESS HOURS:** 

MONDAY - FRIDAY 8:00 AM TO 5:30 PM

903 Campers & Shells

904 Motor Homes & RVs Snow Vehicles 906 Travel Trailers

907 Utility Trailers

TRANSPORTATION

1001 Aviation 1002 Auto Parts 8 Accessories

1003 Autos Wanted 1004 Antiques & Collectibles

1005 Semis & Heavy Equipment

1006 Trucks

1007 Truck Parts & Accessories 1008 SUV's

1009 Vans & Busses 1010 Autos for Sale 1011 Imports & Sports Cars

1012 Stock Cars 1013 Auto Services & Repairs

3000 Service Directory

# LEGALS

NOTICE
NOTICE
NOTICE
Volve of Hansen Planning &
Zoning Commission that a
public he aring will be a
hold at City Hall (388 Main
\$1.0 n Monday January
12, 2004 at 6:30 p.m. to
are a request from Jim
are for a special

PUBLISH: December 29,

PUBLISH: December 29, 2003

NOTICE
The Bureau of Reclamation (Ricciamation) announces requests of roposals for a pilot water rights leasing program for 2004. Roclamation will-administed applicants who are wiling to place their Snake River water rights or a portion of their water right will be died, and appurenant to the leason water right will be died, priority dates of 122076 or and appurenant of their water register of their water register of their water register of the property of their water register. For more information or an application contact fluth Page of Reclamation's Facilic Nomhwesia Sognal Office at 208-379-5390-302.

PUBLISH: December 29. 2003 through January 16.

ng, on A. Meyerhoeffer tary

PUBLISH; December 29, 2003 and January 5, 2004

Avenue North, Twin Falls, Id 83301, First American Title Insurance Company, as a voltee on Sential of Landson, and the Company of the Company of the Company of the United Will sell at Util money of the United Will sell at the lime of sale, the following of the United Will sell at the lime of sale, the following of the Company of the United Will sell at the lime of sale, the following of the Company of the United Williams of sale, the following the Company of the Comp

# LEGALS

DATE OF NOTICE: December 24, 2003 DATE OF MEETING: January 22-23, 2004 A public hearing will be held beginning at 7:00 pm MST on January 21. The Commission meeting will convene at 8:00 am MST January 22 and 10:30 am MST Lezenus 22 MST January 23. PLACE OF HEARING/ MEETING

LEGAL ADVERTISINO
The Times Nows
PO Box 548
Twin Falls, ID a3303-0548
Deadline for legal ade: 3
days prior to publication,
days prior to publication,
for Monday, noon on Thursday
for Monday, noon on Monday
for Thursday and noon
on Tuesday for Friday and
vednesday, noon on Monday
for Thursday and noon
on Tuesday for Friday and
and thursday, Hollday deadany questions call Pubby at
735-3324.

PUBLISH: December 22 29, 2003, January 5 and 12, 2004

female, golden, silve chain, well mannered Call 208-543-5651.

660-F Loan No: 2920 G: 2038325 NOTICE OF TRUSTEE'S SALE April 5, 2004, at 11

PUBLIC MEETING

Na miles 209-540-6053.

LOST Great Dano Sinck and white, female, North East of Jeroms, Call 209-540-510.

LOST Great Dano Sinck and Wiley Sinck Sinck

tound, Call 208-423-5212.\*
LOST set of golf clubs,
Near Clear Lakes Golf
Course. Black traveling
case. Cobra Irons, Taylor
made driver, Callaway 7
wood. 208-317-8498\*

wood. 209-317-8498\* 東京東京東京東京 REWARD \$100 LOST Pointing Griffin, wired haired, near Blg Sky Dairy, brown, male, collar witags, friendly, Call 733-2113 or 731-6578.

LOST white short haired male cat, cream colored ears/tail, blue eyes, 5 months old, 423-5604.\*

FOUND dog, brown, long hair, by Victory Bridge, call 208-733-6736'
LOST Boxer, spayed lemale, brindle, answers to Dalsy, Call 208-735-5151.
LOST Dachshund older male, with tags, Lost 6 12 miles south of Buhl, Call 208-543-6083. ATTENTION CLASSIFIED ADVERTISERS Please check your ad on the first day If you find an error

A FRIENDLY REMINDER It is against Twin Falls

City Ordinance to top trees that are in the City's right-of-ways

For more information call 736-2265.\*

nat birthday ab you place some time ago in *The Times-News*? Now is th time to come pick up you pictures. Stop by the Clas silled Dept. today!

PREGNANCY CRISIS CENTER FREE TESTS. Always Confidential. 734-7472 One call - we'll do it all Classified 733-0931 ext. 2.

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Accidents, divorce & criminal matters. BANKRUPTCY

# 200 EMPLOYMENT

CLERICAL
The Times-News has the following full-time community clerk job opening in late December.

Send res

patm@magicvalley.com

# Your Magic Valley Connection. år ... www.magicvalle

# PUBLISH: December 29, 2003, January 5 and 12, 2004 PUBLIC NOTICE PUBLIC NOTICE Actions planned and taken by your government are contained in public notices. They are part of your right to know and to be informed of what your government is doing. As self-government of the public notices, was self-government informed, this newspaper urges overy citizen to read and study these notices. We advise these clitizens who seek further informalion to exercise their right to access public records and public meetings. public meetings IMPORTANT ase address all legal ndvertising to: LEGAL ADVERTISING The Times Name

ASKING QUESTIONS 1

USTOMER SERVICE

# v Year Openings \$10.50 Base

208-733-6080

CUSTOMER SERVICE REPRESENTATIVE

Init phone presence string customer service string customer service string customer service with others. State experience and boing a self stater is a plus Scheduli is Monday - Friday, Ban to noon, All Interestic individuals should fill out noon, All Interestic individuals should fill out noon, All Interestic individuals should fill out noon, All Interestic individuals should fill on the noon publication of the property of the

DAIRY Exp. milker in Jerome. Call Paul 358-1031\* DENTAL

DENTAL
Dental assistant needed
for prograssive, busy
office. Applicant must be
eager to learn and willing
to cover all areas of practice. Call Drs. Roberts & Hall at 208-733-5346\*

at 208-733-5346\*

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OTR exp. Operate in 11

'west states. Exc. pay &

bonefits. Home regularly

'' 800-453-2227\*

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classes. Job placement.
\$30,000-\$40,000/yr.
208-737-9272

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Company
Toll honelits.

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Company
in Malta, Full benefits,
401k plan, insurance,
208-845-2221
ConAgra Cattle Feeding
Company

DISPATCH Dispatch and sales. Call 1-800-858-6179.\*

DRIVERS s drivers:\$8-\$13 per call 208-644-9447\*

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Advocate for victims of
crime. Must be learn
player, have good people
and communication skill
Will train the right
candidate, Billingual
desired but not required
\$5/hr DOE. Send resum
to P.O. Box 2444, Yuli
Falls Idaho 83303\*

Falls idaho 83303\*
INSURANCE PROCESSOR
We are looking for a bright, energetic individual to be part of our insurance team. Duties include the processing of personal lines insurance policies and providing support to account managers. Recursors of the processing support of account managers. Recursors of the processing support of the processing support of the processing of un-time. Excellent working conditions and benefit ackage. Mail resume or Starley-Leavitt surance, P.O. Box 1947, Twin Falls, ID 83303.\*

Looking for a great job?

RESUMES PLUS and professional

208-324-3576\*

MECHANIC TI, diesel mechanic ler local rucking company Must nave own tools. Beneliss. Wage DCE. Sord resume to DE Sord resume to DE Sord resume to DE SOR THE TIMES NEWS PO BOX 548

TWIN FAILS, Idaho 83303\*
MEDIA MAR KETING SUPPORT

The Times-News /

SUPPORT
The Times-News /
Ag Weekly is accepting
applications for a full-time
support person.
This position will be
responsible for updating
visual projection elements
and in putting news
releases for AG Weekly
as well as managing
multiple mailing tilsts and
databases.

This is a great entry-level position for someone interested in media distribution and marketing.

bullon and marketing.

Ideal candidates will possess a working knowledge of basic malling unles and regulations and 
released regulations and 
kikila. The y will have 
good attention to detail 
and work wall independently. Il interested, please 
and resume to: 
Janet.goffin@ios.net

Drug Free Workplace\*

MEDICAL Idaho Home Health & Hospice wants you to be part of our team!

We are now accepting applications for Full-time or part-time RN case managers.

Please contact Director of Branch Operations, Nancy Strand, for more information, 734-4061, EOE\*

Are you looking for a great opportunity to work for a great place?

### PARKE VIEW CARE & REHABILITATION CENTER is now hiring for

Part-Time Activity Assistant.

Approximately 24 hours per week, work every other weekend and some evening hours. Must be a Certified Nurses Aide, be willing to go that extra mile and have an enthusiastic utilitude. The right person will also be organized, able to be a self-significant starter, work as a team player and have exceptional communication skills in order to meet the needs required by the Activity Department.

Apply in Person: 2303 Parke Ave., Burley, ID EOE

Don't delay in expanding your career!

We have terrific benefits and salary ranges.

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# MIDDLEKAUFF DOWNTOWN

is looking to expand their sales force to sell their top-of-the-line Lincoln, Mercury and Honda automobiles. Must have good people skills & work ethics.

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 Bonus Program • Paid Vacation

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Twin Falls, ID 83301

MEDICAL. Part-time X-ray techni-

MILL OPERATOR 's ha

mill. Individual form a variety of including ope bagging equi-fork lift, load/ product, maint and climb ladders, Must be willing to work varied shifts including Saturdays and overtime. Please apply in person at WSI, 1001 W. Main St., Burley ID. Women and minorities are ancouraged to apply. Prempley ment drug screen required.\*

CIRCULATION

The Times-News is accepting applications accepting applications and applications are applied to the time of times of tim

RESTAURANT Waitperson needed. Apply at Peking Restura 824 Blue Lakes Blvd. Must be 19 vec-Aing Resturar
4 Bluo Lakes Blvd.
Must be 19 years old.

RESTAURANT
Waltperson

all shifts, ... 837-6227 ask for Carol\*

fer new Jerome location. Managers, Supervisors, Kitchen, Cashiers & Drivers, Salary DOE. Call 208-941-7830\*

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The Health Food Place
has a full-time position
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customer oriented, selfmotivated person. Retail
oxp. a must. Apply at
1111 Blue Lakes Blvd.
Centre Pointe Plaza.
Resumes required.

Centre Points Pizza.
Resumes required.

SALES
BUICK GMC is socking and individuals is join our seles team. Applicants must have reliable transportation & must be available to plan t

SECRETARIAL SECRETARIAL Administrative secretary /bookkeeper for victim advocacy group. Full-time proficient with Quick Books, Windows, Excol, and knowledge of fund accounting. Must have great organizational, efficiency & correspondence skills. \$10/hr DOE. Sond resume to:

dence skills . \$10/hr DO Send resume to: P.O. Box 2444 Twin Falls, ID, 83303\*

For free information about avoiding employment sor-vice scams, write to the Federal Trade Commis-sion, Washington, D.C. 20580, or call the Nation-al Fraud Information Center, 1-800-876-7060.



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MESSAGE ederal employment information is free Remember, no one ca





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BELLEVUE/ HAILEY KETCHUM Both Carrier & Substitute needed

you live in these are carrier
Please contact
Kathy, District Mgr.
735-3348\*



CURRENT WALKING ROUTES AVAILABLE

BUHL RT. 547 200-1000 9th Ave N. 900 Holly St. RT. 548 400-900 7th Ave N. 400-900 8th Ave N.

TWIN FALLS

TWIN PALSA RT. 883 400-700 Ridgeway Driv 900-1300 Wendell Stre RT. 887 1000-2000 Park Meadows 1000-2000 Twin Parks Dr. RT. 890 H1. 890 400-600 Park Terrace 1150-1250 Parkview Dr

JEROME RT. 518

HT. 518 200-400 5th Ave E. 100-800 6th Ave E. RT. 520 100-700 1st Ave E. 300-700 2nd Ave E. S00-700 West Ave. B. 200-700 West Ave. F. RT. 526 100-200

To you have a construction of the construction

### REMEMBER



WIN FALLS 1.702 100-2100 Can

0-2200 Candlewo

2000-2200 Candilewo Avo. HT. 729 1100-1500 4th Avo. E 1100-1500 Ash St. RT. 835 100-499 Tylor St RT. 835 100-499 Flilmor St RT. 830 100-499 Flilmor St RT. 722 100-400 Elm St. N. 100-150 Plores St. No.-500 Plores St. Obs



ROUTES AVAILABLE Mini-Cassia Area Burley and Rupart We are currently accepting applications for independent carriers

Stop by our Burley offic and fill out an application. 1263 Overland Ave.



The Times-News is currently looking to Independent

OSHONE you live in these area and are interested in being a newspaper carrier ... Please contact Kathy, District Mgr. 735-3348 \*



RUPERT ROUTES

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# WATCH YOUR INCOME RISE EVERY MORNING!



# **Business Opportunities**

The Times-News has always dedicated itself to enhancing our delivery service for our customers. If you are very organized, self motivated, and enjoy working unsupervised, then we have the perfect business opportunity for you. We invite individuals who reflect our commitment to customer service and circulation growth to apply. Papers are early morning delivery.

The Times-News has independent contractor opportunities in many areas throughout the Magic Valley.

Call Jeni at 208-733-0931 ext. 302.

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THE TIMESNEWS CLASSIFIED

Twin Falls 208-734-5538 Burley

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homes in Filer. Call Tor
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208-737-9169\*
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and people securing

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GODDING South side '97 manufactured home, w/ull bsmt, 3/4 of bsmt, unfinished, 3600 sq. ft., 4 bdrm., 2 bath, on 5 acres. \$120,000 or make offer, 934-4514 or 961-0027\*

HOME INSPECTIONS 2000 + since 1993, Bill Baker, 208-326-5115."





JEROME Beautiful nev home, 3 bdrm., 2.5 bath w/jacuzzi tubs, living family, diping, office family, dlning, office porch, deck. 2300 sq.tt Special \$179,999, Call 208-308-3366\*

JEROME great neighbor-hood, 5 bedroom, 2.5 bath, 2300 sq. ft., \$98,900 fireplace, work rm. 1471 Rainer Dr. 208-543-6805. NO DOWN PAYMENT?

Own a brand new Home without the BIG down payment. If you're motivated w/\$40,000+income

TWIN FALLS

Home sellers, find out the home down the street sold for, Free List, 1-888-453-4177 ID #1041 Home sellers, 27 Ouick and 1-888-453-4177 ID #1041 Home sellers, 27 Outek and Easy tips belore you sell Free Report. 1-888-453-4177 ID #1023 Home sellers, 7 Costly mistakes to avoid when you sell, 1-888-453-4177 ID #1000 Bryan Newberry TWIN FALLS 2 bedroom home, lenced yard, bsmt., natural gas. \$49,500,344 Van Buren. 208-735-8530

TWIN FALLS 3 bdrm., 2 bath, new appl, 1600 sq, ft., shed, fenced yd, 361 3rd. Ave W. \$65,000/offer. Call Dan @ 208-761-2284\*

Gall Dan © 208-761-228+1
TWIN FALLS 3 bedroom,
2 bath, w/den, 2800 sq.
ft., older home, remodeled, custom cabinets,
hardwood floors, fenced
yard w/deck, Walking distanco to H.S., & Sawtooth,
\$115,000, 208-731-0402\*

TWIN FALLS 3 bedroom, 2 bath, 1500 sq.ft., 3 car garage, new home, Desirable Stoneybrook Subdivision, For Sale B Owner, Call 208-309-0309

Subdivision. For Sale By Owner. Cal 280-309-0307
TWIN FALLS
COUNTRY HOMES!

2.19 Acrea - 4 bedrooms. 2 baths, great room, master suite with jetted tub. Fenced for horses. Only 3.5 miles south of Twin. \$215,900

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South of Twin. \$39,900.

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/ 33-0-10-7
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TWIN FALLS Foreclosure! 4 bdrm., 2 bath. - \$54,900 Call 800-319-3323 ext. H792 for listings. TWIN FALLS Must see, remodeled 3 bdm, 1 bath, bsmt. w/office., rv park-ing, storage sheds. 404-6583. TWIN FALLS newer 3 BUHL KANAKA RAPIDS morel \$122,000,734-6481 \$85,900 Wonder

WENDELL \$71,900 3 bdrm, 1 bath

WILLING TO ASSUME

ress, & phone numb P.O. Box 5144 Twit alls, Idaho 83303.\* THE TIMES-NEWS Classified Departmer Office hours are 8:00 am to 5:30 pm Monday thru Friday.

We are open to all walk-customers to assist yo in building your ad . Or call one of our Classified Sales Representatives.

733-0931 ext. 2 1-800-658-3883 132 3rd St. W Twin Falls Office

677-4042 1263 Overland Ave or Burley Offico\*

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BLACKFDOT cattle ranch Eastern Idaho. 1,960 total deeded acres, 500 acres state 1,960 Total deede acres. 500 acres state Ag lease. 1,700 acre formable. 10,000 acre ange. 1,500 AUM. Early Agnis spring range 900 weed acre allotment. 390 acres CRP. 3 irrigation wells. 2 circles and handlines. Good patential for expansion or dairy. \$1,300.000. Owner linancing with 1/3 down

CASSIA 337 acres, eas stope Burley Butte, potato ready, 2 pivots, no rock 208-678-5733/431-0832

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acros on Mud Creek at Kanaka Rapids. Premier g ated community: Geothermal water to lot. Access to the Snake River. Abundant wildlife River. Abundant wildlife and trees. Great lishing and golf course across the river. Call Dorothy to see, 737-3903. MLS#10-8641 PC#2381

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finance. 208-539-7426\*
JEROME
\$19,900 Beautiful building
fot with views of the Magic
valley. 1 plus acros. Just
across Pertrina Bridge.
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GEN STATE REALTY, IN 208-734-0400

514 INCOME PROPERTY

WIN FALLS "Tired o stocks?" Check return on new 4 piexes. Call Chuck 733-8207"

MOBILE HOMES

EDEN 12' x 50' 2 bdrm, bath mobile home. \$600. Call 208-825-5234 or 308-1125'

308-1125\*
PAUL '82 Skyline 14x52, lurn., 2 bdrm., 1 bath, all elect, swamp cooler: W/D. S9500, 438-5383 eves. TWIN FALLS mtg. home 3 bdrm., 2 bath \$500 down space rent \$205. Own payment \$250, 733-8841

ALL MAGIC VALLEY Area I will buy/lease your home Any price. Any condition. Call Dave @ WILLING TO ASSUME

Morgages Please send name, address, & phone numb to P.O. Box 5144 Twin Falls, Idaho 83303.\*



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located year.
LOCATION 3 bedroom,
4 C. gas forced air,
10 monday 3-18-607 or Susan
at Irwin Reathy 734-6500.
TWIN FALLS RE New,
4 bdrm. 2 bath No part
TWIN FALLS RICE, 10-can
pages, family m., garage
SE25, fiveplaces, 734-3110
S450 + \$355 dap. No
S450 + 3000ING 3 bdrm., 2 bath. 2 car garage, close in, 5500 + water & dep. no pets/smoking, 934-8190\* pels/smoking 934-8190\*
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3 bdrm., 2 bath, manufactured on 1 acre, horse
pins. sm. pasture, auto
waters, all vinyl fencing,
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CONNECT WITH

the Service Directory 733-0931 ext. 2 Monday, Dec. 29, 2003

"Test yourself on mankind. It is something that makes the doubter doubt, the believer be-lieve."

All of my readers, a literary bunch I am sure, will be familiar with the concept of a shibboleth. (If not, I urge you to consult the last of the last of you too lazy to do so should know that the word "shibboleth" was a pronunciation trap, used by the Israelites to test whether an unknown was a friend or foe. The above hand came up in the 1998 Macallan invitation Pairs event, and might have been used to test the eight expert Souths in the field—I osee whether their technique was good enough. Why not test yourself too?

whether their technique was good enough. Why not test yeurself too?

If you play four hearts as South, you receive a trump lead. Yes, a club lead works better, but since North had bid the suit, a trump looks more passive.

The successful declarers (there were five in all) followed the same careful line. They won the trump in dummy, cashed the spade ace, drew a second trump with dummy's queen, and played a second spade. East had to discard, and they won the spade king and ruffed a spade low in dummy. East was helpless. The best he can do is discard, whereupon declarer draws the last trump and gives up a spade. Now West can play one club through to East's king, but with both diamond honors right and clubs 5-2, the defense cannot set up a force effectively, and declarer gets a diamond trick in the ending for his contract.

# THE ACES ON BRIDGE®

— Franz Kafka

NORTH ↑ 42 ♥ A Q 75 ♦ K J ↑ Q 7632 7632

Bobby Welff

EAST \$ 7 \$ 9 8 3 \$ 9 4 3 2 \$ A K 10 9 8 WEST ♠ Q 10 9 5 ♥ J 10 ♠ A Q 10 8 7 ♣ 5 4 SOUTH A A K J 8 6 3 V K 6 4 2 6 5 J

Vulnerable: Both Dealer: South

The bidding:

 South
 West
 North
 East

 1 ♠
 Pass
 2 ♠
 Pass

 2 ♥
 Pass
 4 ♥
 All pass

Opening lead: Heart lack

LEAD WITH THE ACES

South holds: 

South West North East Pass 6♥ All pass

ANSWER: Lead the spade eight. Declarer has an unexpected heart loser — but he does not know about it! If you lead a spade, you hope declarer will go up with dummy's ace rather than risk ruff. With any luck, you'll end up scoring a trick in both majors.

If you would like to contact Bobby Wolff, e-mail him at http://www.bridgetrix.com. Copyright 2001, United Feature Syndicate, Inc.

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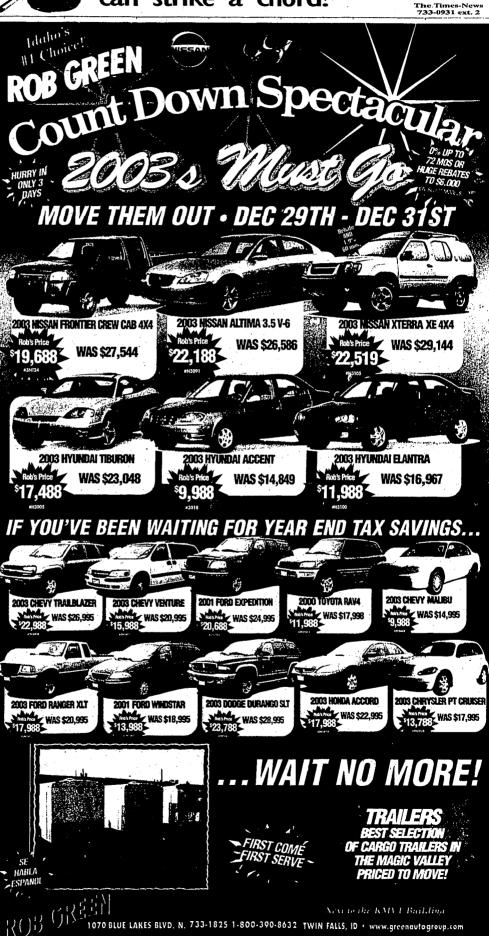
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