

# The Times

## GOOD MORNING

### A look back

The Times-News reviews the major events of 2003.

Today Idaho news ..... Page A6

## WEATHER

Today: Snow likely. Tonight, a few snow showers. High of 35, low of 23. Page A2

## MAGIC VALLEY

Green light go: T.F. Council will consider technology that would let emergency vehicles change red lights to green. Page A4

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Dear Abby  
Husband's libido tires wife. Tuesday in The Times-News

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# Beef beef hits the state

## Idaho, Montana could have received meat from infected Holstein, but officials say that there's no danger

The Associated Press

BOISE — Idaho was among states sent meat possibly contaminated with tissue from a Washington Holstein infected with mad cow disease, the U.S. Department of Agriculture said Sunday. Some of the meat from the diseased dairy cow slaughtered Dec. 9 in Washington state could have gone to Idaho, Alaska, Hawaii, Idaho, Montana and Guam, the

USDA said. Earlier, officials had said most of the meat went to Washington and Oregon, with lesser amounts to California and Nevada, for distribution to consumers.

While issuing assurances of food safety, federal officials have taken the precaution of recalling 10,000 pounds of meat from the infected cow and from 19 other cows slaughtered Dec. 9 at Vern's Moses Lake Meat Co., in Moses Lake,

Wash. Because it is not known exactly what portions of the 10,000 pounds slaughtered there that day actually came from the diseased cow, health authorities must work on the possibility that some meat from the diseased cow could have reached any location where any part of the 10,000 pounds was distributed.

State and federal officials say there was little chance that the meat that entered the food supply was dangerous. That was because the parts most likely to carry infection — the brain, spinal cord and lower intestine — were removed before the meat from the infected cow was cut and processed for

Please see BEEF, Page A2

SEEK States that have gotten recalled meat



SOURCE: U.S. Agriculture Department AP

# Mad cow case spurs the debate over feed inspection

## Agency inspects company records, doesn't test feed

The Associated Press

WASHINGTON — Congressional investigators last year sharply criticized federal efforts to keep mad cow disease out of the United States after finding weak enforcement of a ban on certain cattle feed that contained the likely source of such infections.

The Food and Drug Administration, which regulates animal feed, says enforcement has improved so significantly that 99.9 percent of the nation's feed companies comply with the ban.

But the agency acknowledges that statistic is based on inspection of company records — not on independent testing of the potentially infectious feed itself. Such tests are still being developed.

So some lawmakers want more data on the warnings issued in 2002 have been taken seriously. The government's prevention efforts are getting new scrutiny because the nation's first case of mad cow disease was confirmed last week — in a single Holstein in Washington state.

The disease, bovine spongiform encephalitis, is caused by a misshapen protein which attacks the cow's brain, turning it into a sponge. It is linked to a human illness, variant Creutzfeldt-Jakob disease, that people can get from eating meat that contains an infected cow's brain or spinal tissue.

Since 1997, the United States has banned feeding cattle, sheep and goats any feed that contains brain and spinal cord material. That ban is important because consumption of contaminated feed is the only known way the disease spreads. In the current case, investigators are trying to trace the infected cow's feed.

In January 2002, the General Accounting Office found many firms that should have been complying with the feed ban had not been identified or inspected, and that the FDA had no overall strategy for enforcing the ban. Auditors also said the agency's inspection database was too flawed to assess compliance.

The FDA was already fixing problems when the GAO report emerged and has since increased inspections and improved its data collection, Stephen Sundlof, director of the FDA's Center for Veterinary Medicine, said in an interview last week with The Associated Press.

Only two of more than 1,800 feed-handling plants are out of compliance with the ban now, Sundlof said.

A compliance rate that was 75 percent when the ban took effect

## READY TO ROLL



ASHLEY SMITH/The Times-News

Kristi Robertson, a communication specialist with the city of Twin Falls, trains at the new call center in the police station Friday. The call center, which is set to open on Tuesday, will dispatch calls to police, fire and public works personnel throughout the city.

# T.F. dispatchers begin taking 911 calls

By Rebecca Meany  
Times-News writer

TWIN FALLS — Newly issued uniforms arrived on her desk as Kristi Robertson spoke into her headphones.

"Twin Falls call center," she said, answering a call. "Oh, that's all right."

"Wrong number," she said, returning to her training session.

Robertson and communications specialist Tammy Buck were interrupted from conducting mock phone calls in anticipation of the city of Twin Falls Communications Center's opening, set for 3:30 a.m. Tuesday.

Final preparations for the new

call center buzzed around the duo, giving them a hint of the commotion that will come in fits and spurts as calls start lighting up the board.

The call center will provide all emergency and non-emergency communication services for residents of Twin Falls. Residents can call the center with any questions about city services such as water and sewer, animal control and traffic problems.

The city has been getting ready for months to handle 911 calls from within the city, after striking a deal earlier this year to break away from the four-county Southern Idaho Regional Communications Center.

"On my first emergency call I'll probably be nervous," Robertson said. "But I was surprised at the technology. It's user-friendly, and we get a whole day of training on each system."

She and other dispatchers also underwent a three-week training session, to be followed by another session after the first few months of operation.

Most of the 10 dispatchers hired so far — nine full-time and one part-time — were former community service officers at the Twin Falls police station, said Capt. Jim Munn. The CSO position was eliminated and their jobs were redesigned as a dispatchers, he said.

"I enjoy law enforcement," said Robertson, who has worked for both civil and criminal attorneys. "I wanted to go the other route."

Besides drawing on her skills in the legal arena, she'll have to rely on other talents.

"Multi-tasking and patience," she said, explaining what's needed to be an effective dispatcher.

"Being able to stay calm in any situation, emergency or non-emergency," Buck said, adding other necessary qualifications to the list.

For the first few months, new dispatchers will work alongside experienced dispatchers, allowing for a smooth response to problems that arise.

Please see DISPATCHERS, Page A2

# U.S. commander: Forces close in on network of clans leading insurgency

The Associated Press

TIKRIT, Iraq — U.S. forces hunting top and midlevel leaders of the Iraqi insurgency are close to unraveling a network of five powerful clans that have funneled money, weapons and instructions to street gunmen and bombmakers, according to a U.S. Army commander.

A decline in attacks on U.S. forces in recent weeks has allowed troops time to track the top level of the insurgency and the former regime — an effort capped by the arrest of Saddam Hussein earlier in December.

Over months of intelligence gathering that began with the arrest of an outer circle of bodyguards close to Saddam, U.S. forces

Please see IRAQ, Page A2



AP Photo

U.S. Army Sp. Tyrone Bohannon from Arkansas, of 1st Battalion, 22nd Regiment, (1-22) of the 4th Infantry Division, talks to an Iraqi man in Tikrit, Iraq, Sunday.

# Forecasters: Signs point to strong economy in '04

The Associated Press

WASHINGTON — For the U.S. economy, 2004 could turn out to be a banner year.

Forecasters believe things are falling into place to produce the strongest economic growth in two decades. Consumer spending will be bolstered by tax refund checks early in the year. Businesses are finally beginning to invest in new plants and equipment and rehiring some laid off workers, though improvements in the unemployment rate are expected to be modest.

The economy is off and running, and 2004 should be a very good year," said Mark Zandi, chief economist at Economy.com. That should be welcome news

for President Bush and other incumbents who face voters next year. Many analysts believe the overall economy, as measured by gross domestic product, will expand next year by 4.6 percent or more, the biggest gain since 1984, when another Republican president, Ronald Reagan, was running for office.

But analysts believe there will be much less improvement in unemployment as businesses concentrate on boosting productivity so they can expand output without hiring new workers.

For that reason, the current jobless rate of 5.9 percent — down from a high this summer of 6.4 percent — is expected to still be around 5.7 percent when America votes next November.

TWIN FALLS FORECAST

Today: A good chance for light snow with light accumulations possible. Highs in the lower to mid 30s.
Tonight: Cloudy with a few snow showers. Lows in the lower 20s.
Tomorrow: Colder with a few flurries. Highs in the mid 20s.

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature forecasts.

Yesterday's Weather

Table with 3 columns: City, HI, LO, Precip. Lists weather for various cities like Boise, Coeur d'Alene, etc.

BURLEY/RUPERT FORECAST

Today: Light snow likely. Light accumulations possible. Highs in the 30s.
Tonight: Cloudy with a few snow showers. Lows in the lower 20s.
Tomorrow: Colder with a few flurries. Highs in the mid 20s.

ALMANAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure, Sunrise and Sunset.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS. Colder with good chance for light snow and snow showers through Tuesday. Another round of snow will develop late Thursday into Friday.

BOISE Today Highs 20 to 28; Tonight's Lows 0 to 10. Unsettled and cold with a few snow showers possible. Snow likely on Tuesday with some accumulations possible.

NORTHERN UTAH Cold with a good chance for snow showers today. A good chance for snow on Tuesday. A break in the snow Wednesday.



Yesterday's State Extremes: 42 at Loviston; Low: -11 at Stanley...

MOONRISE AND MOONSET

Today Moonrise: 7:24 AM Moonset: 5:24 PM
Tomorrow Moonrise: 7:34 AM Moonset: 5:34 PM

WORLD FORECAST

Today Tomorrow HI LO HI LO HI LO HI LO
Africa 60 38 68 46 Asia 64 41 72 49

U.V. INDEX

Low Moderate High
The higher the index the more sun protection needed

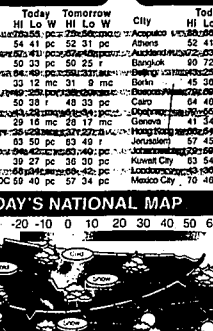
REGIONAL FORECAST

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Lists cities and their forecasts.

NATIONAL FORECAST

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Lists cities and their forecasts.

TODAY'S NATIONAL MAP



CANADIAN FORECAST

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Lists cities and their forecasts.

meineke car care center 169 Addison Avenue West 735-8296

Beef

Continued from A1 human consumption. Leah Clark, executive director of the Idaho Beef Council said consumers should remain confident about commercial meat because the infectious agent has never been found in muscle cuts.

total weight. Jones, a cattle rancher from Edna, expects to lose around \$250 per head for the adult cattle he will finish selling next week.

Nevertheless, the U.S. Department of Agriculture issued a voluntary "Class Two" recall of suspected meat, and local supermarket chains, including Albertson's, Fred Meyer, WinCo and Safeway have participated.

Clark said. Ten percent of U.S. beef is exported. Because the nation now must absorb that market share, the supply is going up, while prices are decreasing, Clark said.

Feed

Continued from A1 every feed facility is inspected at least once a year - a review that allows the FDA to monitor the feed ban perhaps better than any other FDA program, Sundlof said. Still, the agency is pursuing improvement.

Sen. Dick Durbin, an Illinois Democrat who requested the GAO report, isn't satisfied with the response by the FDA or the Agriculture Department, which monitors safety of meat and animal health. Durbin plans to introduce a bill in January to further restrict the use of diseased meat or high-risk tissues in animal feed.

Iraq

Continued from A2 they have reduced the ranks of rebel leaders coming from five powerful families. Those clans have largely directed the insurgency around Tikrit, Saddam's hometown and the hub of a volatile zone to the north and west of Baghdad where most of the attacks on coalition

forces have been launched, said Lt. Col. Steve Russell of the Army's 4th Infantry Division. "We have seen the grip of the enemy on this town slip more and more as the months have gone by," Russell said in an interview Saturday with several news organizations, including The Associated Press.

layers in June with the arrest of Saddam's personal secretary and de facto chief of staff, Abid Hamid Mahmood. No. 4 on the list of 55 top fugitives among the former regime and its supporters. His functions were subsequently divided between about half a dozen brothers among the five extended families. One of those men was captured, too, and eventually led U.S. forces to Saddam's underground shaft dug out in a muddy farm

house yard. His identity has been kept secret. "We have decimated several of these families. A great many have been captured from these families. In some cases they are dead," said Russell, who declined to name the clans. The capture of Saddam was the net result of the trove of uncovered information on these tribes, and it seems to have deprived insurgents of an important symbol to rally around, he added.

Dispatchers

Continued from A1 Getting started The center is managed by Lt. Bryan Krear and will be commanded by him and Munn. "One of us will be here to oversee day-to-day operations of the center, particularly the first 60 supervisors and a battalion chief will have control when the captain or I are not here."

Commanders tracking the insurgents' top support and guidance networks began to peel back the

Who you gonna call? Reasons for calling 311 may include: -Reporting crimes after the fact. -Reporting nuisance animals. -Reporting lingering neighborhood issues or suspicious activities.

time dispatchers as of Friday. This month, the City Council approved a lease agreement for the city's new communications center equipment. The \$750,000, seven-year lease will require \$124,000 in annual payments at an interest rate of 3.8 percent.

A minimum of two dispatchers will be on the lines at all times, Krear said, but three will work during the busier hours between 5 p.m. and 2 a.m. The red-eye opener for the center tonight was scheduled in part because of phone company procedures. "We're opening at that time because that's when Qwest wants to transfer phone lines," Munn said.

- The numbers Starting Tuesday... ■ If you're a Twin Falls resident and call 311 or 911, your call will go to the city of Twin Falls Communications Center. Residents can get city information and emergency services from the center. ■ 911 is the number to call to report all police, fire, medical and public works emergencies. ■ 311 is designated as a non-emergency phone number for Twin Falls city residents who have city service inquiries. ■ If you live outside the city of Twin Falls and in Twin Falls, Jerome, Lincoln or Gooding counties, your 911 call will automatically be directed to the Southern Idaho Regional Communications Center - SIRCOMM - located in Jerome. ■ Non-Twin Falls residents can get Twin Falls city information by calling 735-HELP. ■ What they're for ■ 311 is intended for non-emergency calls from Twin Falls residents only.

■ The other numbers • Staffing for the city's new communications center will cost about \$420,000 a year, including salaries and benefits for nine full-time employees and three part-time employees. The city was still looking for two part-

enhanced by state-of-the-art technology. "Several different things are going on here," said vendor Alvin Gortinsky of Reno-based Executive Information Services Inc. The Geographic Information System, or GIS file, is preconfigured to sort the calls out to whatever agency should respond, based on location. "If someone calls 911, this monitor displays their location, kind of like a fancy Caller ID," he said. This not only allows for a quicker response, but it minimizes human error by checking addresses the dispatchers inputs against data in the system. Increased officer safety is another benefit. "If an officer is at the scene and doesn't call into dispatch for a while, the system sets off an alarm for the dispatcher and they can check up on him," he said, "maybe send a backup unit."

Circulation

Daniel Walock, circulation director Circulation phone lines are open between 7 and 10 a.m. only. If you do not receive your paper by 7 a.m., call the number for your paper: Burley-Rupert: 735-4042 Twin Falls and other areas: 735-0931

Mail information

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Designing the system

One of the things that is unique about the center is the inclusion of public works. The city has been working in conjunction with other city departments to integrate them into the center. "Streets and sanitation, fire

department, City Hall department heads have been involved," Munn said. "Those were instrumental in developing call procedure and policy manual to ensure we meet their needs." The needs of city residents are foremost. "What we discovered is that when people have a sewer problem, it's an emergency to them, and we recognize that," Munn said. "If

you have a public works issue you can call 911, like if your basement fills up with water." Anything that would be significantly damaging to property can be considered an emergency call, he said.

Breaking away The change stems from the city pulling out of the agreement with SIRCOMM's emergency call center. The difference, Munn said, will be the local emphasis. "We wanted to develop a communications center where our dispatchers are all city workers and are stakeholders in the community," he said. "Previously, SIRCOMM served many masters, he said, the new call center seeks to serve the residents of Twin Falls. "They will be the priority here," he said.

The Times-News NEW Information Line

735-3350 Ski, Lottery and Weather Information are just a phone call away! Includes icons for Ski Information, Lottery Information, Weather Information, Press 1, Press 2, Press 3.

Breaking away

The separation from SIRCOMM doesn't sever ties entirely, however. "We'll have to have a very close relationship with SIRCOMM," Munn said. Calls can be transferred among agencies, keeping the flow of communication smooth and fast. Lines of communication are

Times-News telephone directory Circulation (Daniel Walock, Circulation Director) ... 733-0931, Ext. 1 Classified Advertising (Deby Johnson, Manager) ... Ext. 2 News ... Ext. 3 Retail Advertising (Mike Smit, Advertising Director) ... Ext. 4 Ag Weekly (Janet Goffin, General Manager) ... Ext. 5 Publisher Stephen Hartgen ... Ext. 245 Managing Editor Clark Walworth ... 735-3299

NATION/WORLD

# Dean criticizes Cheney's energy task force

## Former Vermont governor had his own secret group



Howard Dean refused to open the task force's closed-door deliberations. In 1999, Dean offered the same argument the Bush administration uses today for keeping deliberations of a policy task force secret.

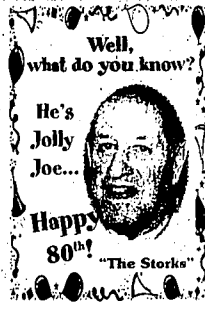
The governor needs to receive advice from time to time in closed session. As every person in government knows, sometimes you get more open discussion when it's not public," Dean was quoted as saying.

that devised a policy for restructuring the state's near-bankrupt electric utilities has escaped national attention, even though he has attacked a similar arrangement used by President Bush.

Dean said his group developed better policy, was bipartisan and sought advice not just from energy executives but environmentalists and low-income advocates. He said his task force was more open because it held one public hearing and divulged afterward the names of people it consulted even though the content of discussions with them was kept secret.

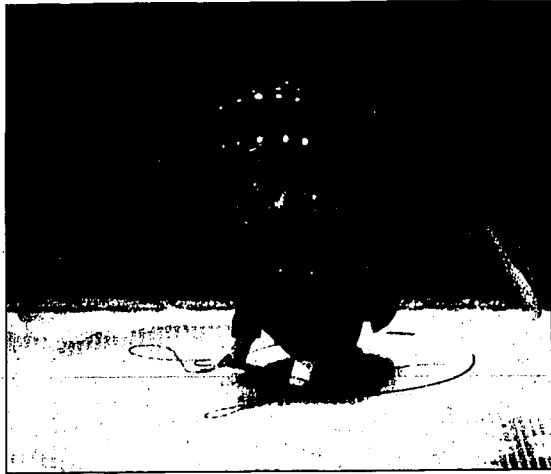
the governor. A candidate who attacks on grounds he is vulnerable is foolish," said Kathleen Hall Jamieson, a University of Pennsylvania professor who manages a Web site that compares candidates' rhetoric to the facts.

**Classifieds**  
733-0931



## DON'T BURST MY BUBBLE

Spanish artist Pop Bou works with soap bubbles during a performance called 'Difan' in the Catalan National Theatre in Barcelona, Spain, Saturday. Bou is an international artist who has been working with soap bubbles for twenty years.



## Hopes of finding survivors of Iran quake grow dim

BAM, Iran (AP) - Hopes of finding more earthquake survivors in Iran's ancient city of Bam faded Sunday as the sharp, foul smell of death permeated the pulverized rubble where mud-brick houses became instant tombs for more than 20,000 people.

## Roadside bombs kill two U.S. soldiers

Los Angeles Times

BAGHDAD, Iraq - Roadside bombs, which have become the most lethal threat to American troops in Iraq, killed two more U.S. soldiers Sunday, one in the capital and another in the volatile Sunni Muslim town of Fallujah, 30 miles to the west. The Baghdad attack also claimed the lives of two Iraqi children.

eastern outskirts of Baghdad, which killed a member of the 2nd Armored Cavalry Regiment, wounded five U.S. soldiers, their Iraqi interpreter and eight members of the Iraqi civil defense force, said military spokesman Capt. Jason Beck.

very heavily trafficked area, and it was a really big bomb." Roadside bombs - "improved explosive devices," as the military calls them - have become the weapon of choice for Iraqi insurgents taking aim at U.S. troops. The bombs are concealed in trash piles, empty cans, cardboard boxes, old piping, even dead chickens.

## Protester's shooting spurs debate about Israeli troops' use of force

Chicago Tribune

JERUSALEM - An army shooting of an Israeli protester during a demonstration against a barrier in the West Bank set off a heated debate in Israel on Sunday about whether troops have become trigger-happy during more than three years of violent conflict with the Palestinians.

in the West Bank, and it focused public attention on the army's use of live gunfire against protesters there, a common practice in confrontations with Palestinians that usually attracts little scrutiny.

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Additional 20% off clearance shoes!

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### Maglo Valley Mall Holiday Hours

|                      | MON                         | TUE                         | WED                         | THU                         |
|----------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| Mall Stores          | 10-9                        | 10-9                        | 10-4                        | 10-6                        |
| Santa (Center Court) | 10-9<br><small>open</small> | 10-9<br><small>open</small> | 10-4<br><small>open</small> | 10-6<br><small>open</small> |

### Storewide Customer Appreciation After-Christmas Sale

Saturday 12/27 through Wednesday 12/31  
Markdowns in every department!

## CHRISTIAN BOOK STORE

In the Heart of Downtown Monday-Friday 9-7  
125 Main Ave. W Saturday 9-6

### CONSUMER NEWS:

#### IF YOU READ NOTHING ELSE IN TODAY'S PAPER... READ THIS!

## CHEVROLET CADILLAC OF TWIN FALLS IS HOLDING ITS FIRST EVER "MILEAGE AMNESTY" EVENT

By: Scott Munroe

(Twin Falls) - They say there's nothing new under the sun and that's been true, until now! This Fri. Sat. Sun. Dec. 26th thru 31st Chevrolet Cadillac of Twin Falls will have possibly the most unique savings event ever. For these 5 days only, they'll be appraising trade-in cars as if they had 15,000 fewer miles than is shown on the odometer!

"That's the really exciting part," said Lynch, "we've rolled back prices on our entire excess inventory and rightly posted the discount price right in the window. These savings are huge!"

"I toured the Chevrolet Cadillac of Twin Falls lot and was distracted by what I saw. Mr. Langdon showed me 2003 Chevy Cavalier for only \$8,999 or 2003 Chevy Malibu for only \$10,995. Impressed, I asked them to show me exactly how the sale would work. Mr. Lynch walked me through it. "Let's say your trade in is pretty good shape for a vehicle of that age. Your mileage is 42,650 so when I check the book value it should be worth around \$15,900. Now, let's see what happens when we take 15,000 miles off the odometer reading. The value goes up by \$17,150 for these 6 days only." It's important to remember that the overall condition and marketability of your vehicle are factors that contribute to the determination of the actual trade in value of your car that this incredible opportunity actually applies to customers trading in their old car on the purchase of a new or used vehicle.

So, now it's easy to see with these trade-in values, fantastic discounts prices, huge rebates and low interest rates why this weekend is the best chance of the year to get the vehicle you want at a payment you can afford. "Looking at all these factors, we predict that we'll have customers come in whose payments may actually be lower on their new car than on the car their driving now." Langdon added. "... this truly is an opportunity that a smart customer just can't pass up."

Chevrolet Cadillac of Twin Falls is located on the corner of Elve Line Rd. and Blue Lakes Blvd. North. Sale hours are on Mon. thru Sat. 8:00am - 8:00pm, and Sunday 10:00am. to 5:00p.m.

208.733.3033

### CHEVROLET Cadillac OF TWIN FALLS

A LITVIA Store

Cavalier S1K # P5173, #P6134, #P6135  
Malibu S1K # P7172, P7173, P7174

(Something to do while you wait.)

Word Search

1. dog  
2. cat

↓

That was fast.

## AROUND THE VALLEY

### Planning under way for Wilson bash

**RUPERT** - The 2004 Wilson Theatre Ball will revolve around a Mardi Gras theme. The event is scheduled for Feb. 28 at the Burley Inn. It features a dinner, dance, live auction and a silent auction. Tickets are \$40 a person. The ball is the major fund-raising event for the theater, Renaissance Arts Center Director Chris Jackson said. Last year's event raised about \$20,000 for the ongoing theater renovation project.

### T.F. K-9 Unit seeks volunteers, dogs

**TWIN FALLS** - An all-volunteer K-9 search and rescue group is looking for volunteers, with or without dogs, to aid their efforts in the Magic Valley. Snake River K-9 Rescue Unit needs members of the public to "hide" for mock searches during dog training. People can volunteer once or many times. Dog owners can get their pets involved, but owners and pets must demonstrate a commitment to learning search and rescue techniques. Any dog breeds are welcome. Interested persons may call the Unit's cell phone at 731-0540 for more information.

### Share your heritage recipes with Times-News

**TWIN FALLS** - It seems each family has a special tradition that centers around food - especially this time of year. Grandma's sourdough pancakes on Christmas morning. That special soup to warm your insides after a morning of working cattle in the blowing snow. The way your mother's homemade bread scented the kitchen. The Times-News hopes you'll share your memories and open your recipe box for the newspaper's special look at the Magic Valley's heritage recipes - recipes from the families that helped settle the land and made this valley grow. If your family homesteaded here and you have a traditional family recipe to share, call writer Karma Fitzgeral at 735-3353 or send e-mail to karmawrites@velocitus.net.

### SNRA proposes beetle planin Sawtooth Forest

**KETCHUM** - The U.S. Forest Service is proposing to conduct a single environmental analysis to prescribe treatment for mountain pine beetle infestations in developed areas of the Sawtooth National Recreation Area. "The mountain pine beetle epidemic that is currently killing thousands of trees on the SNRA is of such a scale and intensity that it leaves us with very little time to respond to attacks in new areas," Dave Flutsch, project team leader, said in a news release. "Many of the trees in the developed recreation sites ... are extremely valuable to maintain scenic values and a quality recreational experience. The window to treat these trees is very short," he said. A single analysis can be used to guide treatment throughout the SNRA, rather repeating analyses for each new treatment, he said. Written comments on the proposal should be submitted by Jan. 20. Send them to the SNRA, HC 64, Box 8241, Ketchum, ID 83340, to Flutsch's attention. For information about treatments that have been used, contact him at 208-727-5101. They have included tree removal; treatment of high-value trees in campgrounds with the insecticide Carbaryl; and Verbenone, which imitates a natural chemical produced by the pine beetle to discourage other insects from attacking the same tree. Compiled from staff reports

## THE POWER OF SNOW



### Avalanche experts encourage safety

By Karen Bossick  
Times-News correspondent

**SUN VALLEY** - Thanks to increased education and awareness, fatalities due to avalanches haven't kept pace with the explosion in winter backcountry use or technological advances in snowmobiles and other equipment that allow people to go farther and higher on the slopes. Still, the number of avalanche fatalities has more than doubled during the past decade. Ten years ago there were 12 avalanche fatalities a year in the United States on average. Now there are 30. And three of those occurred last year in Idaho, one of them involving a snowmobiler playing in the Trinity Mountains north of Mountain Home. In all, avalanches kill more people on national forest land than do floods and other natural catastrophes, said Doug Abromcic, national director for the Forest Service avalanche centers, which are located throughout the West and New Hampshire. One of those centers is located in Ketchum. Its two full-time and one part-time avalanche specialists go out daily during winter in the mountains between Hailey and Galena Summit looking for clues that indicate whether the snow is stable or risky to play in. They trudge back into the office at 5 the next morning, filing their findings on an avalanche Web site and hotline. The Web site and hotline got 50,000 hits last year, more than double what they got a few years earlier. "I know they're getting used," said Janet Kellam, director of the Sawtooth National Forest Avalanche Center. "Last year when we kept reporting that the south slopes were stable and the north slopes were not, there were tracks all over the south sides. No one put a toe on the north sides."

Please see AVALANCHE, Page A6



Above, Janet Kellam jumps up and down on a snow block in an attempt to see how much force it takes to cause a break in the snow. The test is one of several backcountry recreationists can use to determine how stable the snow is on a given day. Top, Pam Arno practices probing for a pretend victim during an avalanche drill.

## Council eyes light-changing technology

Red lights could be switched to green by emergency vehicles.

By Rebecca Meany  
Times-News writer

**TWIN FALLS** - Red lights shouldn't always mean "stop." New technology being considered by the Twin Falls City Council would allow some vehicles to circumvent traffic signal rules - and it could mean saving a life. The council will hear a request tonight from the Twin Falls Rural Fire Protection District that would allow for one company to provide technology that, during emergencies, would change traffic signals in authorized vehicles' paths to green, while turning cross-traffic lights to red. Emergency vehicle traffic signal pre-emption equipment uses an infrared signal to communicate between fire trucks or patrol cars, for instance, with the signals in their direction of travel. "This is not new technology but would be new to Twin Falls," said battalion chief Dick Capps. Previously, the cost had been prohibitive. But the price has come down considerably, he said. The funds for supplying and installing the equipment, approximately \$238,000, would come from the Twin Falls Rural Fire Protection District. The technology would cover 32 intersections and include 50 emitters for vehicles. The city must give its approval because the technology would be installed in city-owned traffic lights. Capps said he hopes the equipment could be obtained by late January. Installation would be put to bid once the equipment arrives.

Please see VEHICLES, Page A6

## F&G hosts open house regarding hunting rules

The Times-News

**JEROME** - Allowing muzzleloaders and bow hunters to use new enhancement equipment will be just two among many proposed changes to 2004 hunting rules up for public review at an Idaho Department of Fish and Game open house in the New Year. The department also will be asking hunters what they think about a number of other proposed rule changes. They include:

- Allowing muzzleloaders to use 209 primers that provide a more dependable ignition source than equipment that has been allowed.
- Allowing archery hunters to use bows with greater than 65 percent let-off. Let-off is the amount of pressure on the string when the bow is at full draw.
- Removing travel restrictions from traditional muzzleloader hunts (there are just a few in Idaho). Muzzleloaders would then adhere to the travel restrictions adopted last year by the Fish and Game Commission and be under the same restrictions as all other hunters.
- Allowing hunters to buy more than one leftover non-resident deer or elk tag.
- Treating nonresident junior, mentor hunting licenses the same as hunter graduate licenses and 10- to 11-year-old small game licenses by requiring accompaniment of a licensed adult in the field. "Accompanied" is defined as being within normal talking distance without the aid of electronic equipment.
- Making it illegal to kill wild big game animals within a fenced enclosure.
- Clarifying the rules to say that hunters checking in a lion must allow the removal of a premolar tooth, the same rule that applies to bear.
- Allowing people to cancel their controlled hunt application at regional offices and reapply for a different hunt in case they change their mind or the initial application was in error.
- Dropping the requirement for transporting the lower jaw of elk and deer for check stations.

### Open house

The Idaho Department of Fish and Game will hold an open house from 8 a.m. to 5 p.m. Jan. 5 at 868 E. Main St. in Jerome. Hunters unable to attend may voice comments until Jan. 8 to the regional office by calling 324-4359. Individuals with disabilities may request meeting accommodations by contacting the regional office of the Idaho Relay Service at 1-800-377-2529 for the hearing impaired.

### Snowpack levels

| Watershed          | % of Avg. | % season peak** |
|--------------------|-----------|-----------------|
| Upper Snake Basin  | 98%       | 35%             |
| Salmon Falls       | 116%      | 34%             |
| Salmon             | 95%       | 32%             |
| Oakley             | 110%      | 31%             |
| Big Wood           | 100%      | 29%             |
| Little Wood        | 100%      | 32%             |
| Henry's Fork/Teton | 113%      | 38%             |
| Big Lost           | 98%       | 33%             |
| Little Lost        | 79%       | 29%             |

As of Dec. 28

\*A comparison of basin snowpack on this day, with a 30-year average.  
\*\*An indicator of basin snowpack for the same snow season, which peaks in spring.

## Drug education seminars scheduled at Mini-Cassia schools

### Narconon initiates seven local lectures

The Times-News

**BURLEY** - About 2,500 Mini-Cassia students are expected to hear drug education lectures next week through a Narconon program. Narconon Idaho Executive Director Bill Jensen said lectures are planned at seven

schools in Mini-Cassia and one evening presentation for the public also is planned. That session runs from 7 to 8 p.m. Wednesday, Jan. 7 at the Narconon Idaho office, 1316 Overland Ave. in Burley. The lectures will be delivered by Tony Bylsma, executive director of Narconon Drug Prevention and Education Inc. of Los Angeles. In the past 23 years Bylsma has lectured about drugs to about 200,000 students, Jensen said.

Bylsma uses an interactive style in his presentations, Jensen said. He talks about how drugs affect someone's body, how addictions get started and how addictions affect people. Bylsma talks about specific drugs "to some degree," Jensen said. Jensen would like to have some sort of follow-up programs after Bylsma visits, but nothing specific has been planned. School officials may order drug information kits through the Narconon office, he said. There is

a charge for those kits and other Narconon drug information booklets. Jensen would also like to bring Bylsma back to Mini-Cassia, possibly before the end of the school year, but he pointed out there is a fee to bring Bylsma to the area. A fund-raiser for next week's lectures is planned for Tuesday. The lunch and raffle runs from 11 a.m. to 2 p.m. at the Ambulatory Surgery Center of Burley at 1338 Hilland Ave.

### School sessions

Jan. 5 - Burley Junior High School  
Jan. 6 - Minico High School  
Jan. 7 - West Minico Middle School  
Jan. 8 - Mini-Cassia Opportunity Center and East Minico Middle School  
Jan. 9 - Cassia Education Center and Bar River High School

Raffle tickets may be purchased in advance by calling 312-0398 or 878-2600.

THIS WEEK AT CSI

Today
Campus is closed for Christmas break.
CSI winter baseball camp continues, Eldon Evans Expo Center.

Tuesday
'Retro Steel' art show on display (through January 2004).
'Ring World' debuts at 7 p.m., Faulkner Planetarium.

Wednesday
'The Christmas Star,' 1 and 3 p.m., Faulkner Planetarium.
'Steamrolling Through the Holidays,' 2 p.m., Faulkner Planetarium.

Thursday
Narcotics Anonymous meeting, 7 p.m., Taylor 276.
Friday
Huggie Bears Narcotics Anonymous weekly meeting, 7 p.m., Desert 113.

Saturday
United Church of God International weekly meeting, 10 a.m., Aspen 145.

Sunday
Church on the Rock weekly services, 11 a.m., Shields 114.

Planerarium.
Styx Narcotics Anonymous meeting, 7 p.m., Taylor 276.

Friday
Huggie Bears Narcotics Anonymous weekly meeting, 7 p.m., Desert 113.

Saturday
United Church of God International weekly meeting, 10 a.m., Aspen 145.

Sunday
Church on the Rock weekly services, 11 a.m., Shields 114.

ON THE AGENDA

Today
Jerome City commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E.

Tuesday
Jerome City Planning and Zoning Commission, 5:30 p.m., council chambers, 100 E. Ave. A.

Today
Jerome City commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E.

Tuesday
Jerome City Planning and Zoning Commission, 5:30 p.m., council chambers, 100 E. Ave. A.

This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

Search crews find one body of three missing avalanche victims

PROVO, Utah (AP) - The body of one of three men missing since Friday after a series of avalanches in northern Utah's backcountry was recovered Sunday night in four feet of snow.

Mike Hebert, 19, of Orem, was identified by his driver's license and cell phone, which were with the body when it was found around 5:20 p.m., Utah County Sheriff Jim Tracy said.

The body was found within a foot stuck into the snow just above an area where two hats, a backpack and a snowboard were found earlier in the day.

Herbert's family was at the scene were notified shortly after the body was discovered. Rescuers workers kept poking and prodding the deep snowpack, hoping to find the two other bodies or another sign that they may be nearby.

The group was snowboarding in a remote area where there is no avalanche control, about a mile north of Sundance ski resort and about 25 miles northeast of Provo. They were swept a half mile down a narrow chute above Aspen Grove.

The snow was packed so tight, aluminum poles were breaking and had to be replaced by ones made of steel. Workers remained on the mountainside Sunday night, but were not to return Monday because of an approaching storm that was expected to dump 12-18 inches of fresh snow on the area.

Hebert, Rod Newberry, 20, and Adam Metz, 18, were lost Friday afternoon, when one of several avalanches swept over them and two friends, who survived. A day of extensive searching over 10 acres on Saturday found no sign of the missing men.

"I want to go up and help find my friends. That's all I want to do," Settle said before Hebert's body was found. "I thought I was gone. That third one, I thought it was going to bury me because I had just my head poking out of the snow and that's it."

OBITUARIES

For obituary rates and information, call 735-3278 Monday through Saturday. Deadline is 4 p.m. for next-day publication. The e-mail address for obituaries is obits@magvalley.com. Death notices are a free service and can be placed until 4 p.m. every day.

Walter Wataru Sanada - Burley

Walter Wataru Sanada, 90, of Burley died Sunday, Dec. 28, 2003, at Park View Care & Rehabilitation Center.
Walter was born at Selma, Calif., on July 31, 1913, the third of five children. His father, Misugoro Sanada, and his mother, Tori Yoshikita, emigrated from Kumamoto prefecture in Japan to Hawaii and later to California.



Initially, Mr. Sanada worked as a landscaper, then as a fountain pen and appliance repairman at Saterstrom's for many years until the J.R. Simplot Processing Plant in Heyburn hired Walt as a journeyman electrician and mechanic for 11 years preceding his 65th birthday.

Master gardener. He also enjoyed bowling and doted on his grandchildren and great-grandchildren. Mr. and Mrs. Sanada have made their home in Burley for nearly a half century.

Mr. Sanada is survived by his wife, Michi of Burley, their three children, five grandchildren and three great-grandchildren. Walt's children are Marilyn Sanada Rosmann who lives with her husband Michael at Harlan, Iowa; Neil Sanada who lives with his wife Sharon at Rupert; and Donald Sanada who lives with his wife Linda at Pewaukee, Wis.

The funeral service will be held at 11 a.m. Wednesday, Dec. 31, 2003, at the seventh-day Adventist Church, 1250 21st St. in Heyburn with Pastor James Parmelee officiating. Burial will be in Gem Memorial Gardens.

Friends may call from 6 to 8 p.m. Tuesday at Rasmussen Funeral Home, 1350 E. 16th St. in Burley, and from 10 to 10:45 a.m. Wednesday at the church.

Dorothy Hilda Rice - Wendell

Dorothy Hilda Rice, 87, a resident of Wendell, died Friday, Dec. 26, 2003, at St. Benedict's Family Medical Center in Jerome.
Dorothy was born on Oct. 24, 1916, in Conrad, Mont., the daughter of Virgil and Katie Voss Beem. She was raised and educated in Twin Falls and Wendell.

Wendell. Dorothy was a member of Jerome Historical Society (Farm and Country), and the Hill and Dale Club in Wendell. Dorothy was always a very hard worker and was a very special lady. She was loved by all.

Dorothy was preceded in death by her husband (1995); a son, Robert Chester Rice (1999); her parents; a brother, Fred; and a sister, Anja Beem.

Memorial services will be held at 2 p.m. on Tuesday, Dec. 30, 2003, at the Wendell United Presbyterian Church. Services will conclude at the church. Private burial services will follow at Wendell Cemetery.

Family members and friends may call at Demaray's Wendell Chapel from 5 to 7 p.m. Tuesday and from 10 a.m. to noon Tuesday.

SERVICES

Norman Moore Miranda of Wendell, memorial service at 1:30 p.m. today at the Wendell United Methodist Church (Demaray's Wendell Chapel).

Wanda Ione Haskins McKinney of Twin Falls, service at 11 a.m. today at the First Christian Church in Twin Falls; interment will follow the service at the Twin Falls Cemetery (Parke's Magic Valley Funeral Home, Twin Falls).

Andrew Leonard Emerson of Twin Falls, graveside service at 11 a.m. today at Sunset Memorial Park (White Mortuary, Twin Falls).

David Michael Bybee of Twin Falls and formerly of Idaho Falls, service at 1 p.m. today at Buck-Miller-Hann Funeral Home, 825 E. 17th St., Idaho Falls; friends may visit with the family one hour before the service at the funeral home; burial at Fielding Memorial Park in Idaho Falls.

Mary Marjorie Hale of Gooding, service at 2 p.m. today at the First Christian Church in Gooding; burial will be at Elmwood Cemetery in Gooding (Demaray's Gooding Chapel).

Mary Isabelle Gallant of Burley, vigil service with rosary at 7:30 p.m. today at Saint Nicholas Catholic Church, 802 F St., Rupert; funeral Mass at 11 a.m. Tuesday at Saint Nicholas Catholic Church; burial will be at Pleasant View Cemetery; friends

and family may call from 4 to 6 p.m. today at Rasmussen Funeral Home, 1350 E. 16th St., Burley, and from 7 p.m. until time of the service at the church and before the funeral Mass Tuesday at the church.
Gary Bengochea of Meridian, service at 10 a.m. Tuesday at Cloverdale Funeral Home in Boise; viewing will be from 4 to 6 p.m. today at the funeral home.

Newell Dee Barzee of Gooding, service at 11 a.m. Tuesday at the Gooding LDS Church; friends may greet the family from 10:30 a.m. until time of the service Tuesday at the church (Demaray's Gooding Chapel).

Ann Field Johnson of Twin Falls, celebration of life and a showing of her artwork at 11 a.m. Saturday at our Savior Lutheran Church, 1708 Heyburn Ave. E., Twin Falls (Parke's Magic Valley Funeral Home, Twin Falls).

Helen Kaczmarzki
GOODING - Helen Kaczmarzki, 85, a resident of Gooding died Saturday, Dec. 27, 2003, at Gooding County Memorial Hospital in Gooding.

Graveside funeral services will be held at 1 p.m. Wednesday, Dec. 31, 2003, at the Filer Cemetery in Filer. Friends may call from 11 a.m. until noon Wednesday at Demaray's Gooding Chapel.

James Robert Barnhart
TWIN FALLS - James Robert Barnhart, 89, of Twin Falls passed

Mildred 'Millie' A. Springman of Gooding, service at 3:30 p.m. Wednesday at the First Christian Church in Gooding. Burial will be in Elmwood Cemetery in Gooding; family and friends may call from 1 to 7 p.m. Tuesday at Demaray's Gooding Chapel.

Kenneth Duane 'Kenny' Leazer of Twin Falls, memorial service at 11 a.m. Friday at White Mortuary in Twin Falls.

Betty Royce
TWIN FALLS - Betty Royce, 64, of Twin Falls, died Saturday, Dec. 27, 2003, at her home in Twin Falls.

Arrangements are pending and will be announced by Parke's Magic Valley Funeral Home of Twin Falls.

Five die in Utah crash

DRAPER, Utah (AP) - Five people died Sunday afternoon when the motor home they were traveling in went out of control and crashed off Interstate 15 in suburban Salt Lake City, the Utah Highway Patrol said.

The vehicle was northbound just before 2 p.m. MST when it crashed and came to a stop on a hill between the two lanes, Utah Highway Patrol spokesman Chris Kramer said.

Kramer said initial reports had six of the 10 people in the motor home were confirmed dead, but the total was actually five. Three people were flown to area hospitals in critical condition, Kramer said, one more was in serious condition and a fifth survivor was considered to have moderate and non-life threatening injuries.

Patrol Lt. Steve Meyer, who was at the accident site about 15 miles south of downtown Salt Lake City, said the passengers may have been part of a single family, but with so many involved it was not clear. He said children were among the victims, but could not say how old they were.

The vehicle appeared to have crashed through the guard rail at the front of the overpass, then landed on or beyond the road that the motor home spans before coming to a stop on a hill. The motor home remained on its side more than an hour after the crash.

Traffic in both directions was resumed slowly two hours after the accident. Northern Utah has been hit by the hardest winter storm of 2003 the past few days. I-15 was clear and dry at the time of the accident, but windy.

The large, white vehicle with blue trim was visibly bowed as road crews prepared to tow it.

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THE LONGEST STRETCH

YEAR-END REVIEW

Counting the days... 117 days in session for the Idaho Legislature, the longest in state history, making it No. 1 on state's year-end Top 10 stories list.



State Rep. David Langhorst, D-Boise, takes photos of colleagues inside the house chambers at the Idaho Statehouse in Boise, Idaho, on May 2. The day marked the 117th day the legislature has been in session, the longest in state history.

Money matters dominated headlines in Idaho in 2003

By BOB FICK  
Associated Press Writer

BOISE (AP) — Money was at the heart of the news that covered Idaho's front pages and filled its air waves in 2003.

A sluggish economy kept employment opportunities in check across the state, forcing a record tax increase to erase a huge government deficit and undermining the University of Idaho's showcase project in the state's largest city. That cost the school's top two officials their jobs.

Misuse of public funds left the state's leading municipal official facing a stretch in prison, and a judge overturned the Legislature's attempt to force property tax hikes on local school district residents unwilling, or unable, to pay for building improvements.

As the year came to a close, money was still on the minds of Idaho's policy-makers. Few expected any quick return to the years of strong growth that marked the last decade.

It was the collapse of that expansion that left lawmakers, frustrated from a record tax cut in 2001, facing waves of red ink. The state slipped through 2002 by draining every reserve it had and slashing budgets by \$200 million.

But the economy continued sliding. Unemployment hovered near a 15-year high and drought persisted as 2003 began, stripping the last shred of optimism from Gov. Dirk Kempthorne and many lawmakers that they could ride out the downturn without making a politically dicey decision.

By February jobs began disappearing, and tax collections remained short of even the drastically scaled-back estimates. It would only take five months for nearly 10,000 jobs to disappear. Kempthorne immediately took the

initiative. The Republican governor braved the anger of conservatives by opening the legislative session with a call for a cent-and-a-half increase in the sales tax.

The overwhelming GOP majority in the House was slow to accept his view that the state's financial crisis could not be solved by spending cuts alone. While few wanted to raise taxes, there was no significant support for the dramatic cuts required in education and other programs without a tax hike.

It took weeks, in fact a record number of weeks, before a majority grudgingly agreed to the two-year, penny increase in the sales tax and the two-year, 29-cent-a-pack hike in the cigarette tax.

It was 118 days before the final gavel banged. Eight months later, many lawmakers say they have yet to recover and head into this winter's session with little enthusiasm.

As the year ended, there were hints that the economy had bottomed out and was beginning to rebound. But fears of continued drought haunted many. While timely spring rains stretched water supplies through the past year's growing season, there was nothing left in reserve for next year. Only a good winter snow pack could extend the relatively profitable year farmers had in 2003 into 2004.

Wildfires also hit the state's pocketbook, running up a record bill of over \$12 million that lawmakers will have to pay this winter.

But the real price was even higher. Two firefighters, Jeff Allen, 24, of Salmon and Shane Heath, 22, of Melba, died in the Cramer fire in eastern Idaho.

The economy was partly responsible for the hot water the University of Idaho finds itself in today because of the financial maneuvering on its botched University Place complex in Boise.

Rather than reinforce the school's standing as the state's leading university, the fiasco eroded its reputation in the face of the rising influence of Boise State University, where new President Robert Kustra's political and academic savvy could give the school yet another leg up.

Proposed when the economy still seemed strong, the multi-building \$136 million University Place project hit several financial bumps. To keep it going, the university used its foundation to handle some upfront financing, lending it \$10 million while the foundation borrowed another \$12 million from a trust it managed and used other assets to back a \$6 million commercial loan.

When the economy went south, the overall financing scheme did too. The loans cost University President Robert Hoover and his financial vice president their jobs, and everything but the \$50 million Idaho Water Center was abandoned.

A six-month investigation costing well over \$600,000 suggested state laws may have been broken and ethical responsibilities breached.

Prosecutors are still assessing that report.

Hoover is now the president of Albertson College of Idaho.

Only blocks from the site of what is left of University Place, scandal took down the mayor of the state's capitol city. After 10 years in office and a stint as the president of the U.S. Conference of Mayors, H. Brent Coles was indicted for missing public money.

The investigation was triggered by a questionable side trip Coles and his chief of staff took to New York City for dinner

and a Broadway show with the city attorney and her aide in November 2002.

By mid-February, he was forced to resign, and three months later he was indicted. He pleaded guilty to two felonies the day before voters picked State Rep. Dave Bieter as his successor. Coles could go to prison for up to three years when he is sentenced Jan. 9.

Congressman Butch Otter, the sometimes flamboyant libertarian who is expected

to run for governor in two years, grabbed the attention of many when he took the lead of the campaign to repeal, or at least change, provisions of the USA Patriot Act.

One of just three Republicans to oppose the law when it was passed in the weeks following the 2001 East Coast terror attacks, Otter's stand has been welcomed by most Idaho residents, who philosophically object to government intrusion in their lives.

It drew Attorney General John Ashcroft to Boise to give local law enforcement a pep talk to support the law. But the public support Otter generated, including a broad-based coalition of groups called the Boise Patriots, convinced the rest of the congressional delegation to back changes in the law.

U.S. Attorney Tom Moss has defended the law, saying some of the criticized provisions have only been used once in Idaho.

That was apparently while agents were putting together the case against University of Idaho graduate student

Top 10 stories in Idaho

Here are the top 10 stories in Idaho of 2003 as ranked by newspaper editors and broadcast news directors of The Associated Press.

1. The longest legislative session in history produces a record tax hike.
2. The economy showed only marginal improvements from the worst downturn in two decades.
3. University Place project costs president, financial VP their jobs.
4. Congressman Butch Otter defies the Bush administration on the Patriot Act.
5. University of Idaho researchers are first to clone a mule.
6. University of Idaho graduate student charged, linked to terrorists.
7. Legislative attempt to end school suit declared unconstitutional.
8. Former Boise mayor, top aide convicted of misusing public money.
9. Drought persisted across Idaho but timely spring rain stretched reservoir supplies.
10. Two firefighters die on the Cramer fire in eastern Idaho.

Sami Omar Al-Hussayen of Saudi Arabia, who awaits a Jan. 20 trial on visa fraud charges.

Federal agents claim Al-Hussayen has links to terrorists and has funneled money to Islamic charities suspected of terrorist ties.

He has denied the allegations but has been in jail since his arrest last February.

Offsetting the publicity generating by Al-Hussayen's case was the international recognition that came to the university in late May when it announced that researchers at Idaho and Utah State University had cloned a mule. It was named Idaho Gem.

Their achievement, repeated two more times through the summer, marked the first time a member of the horse family has been cloned. The Legislature and school districts battled over financial support for the 13th year in court without resolution. Lawmakers essentially outlawed the lawsuit to unilaterally end the fight only to have 4th District Judge Deborah Bail declare that tactic unconstitutional.

That ruling and her earlier order declaring invalid the state's system of financing school buildings only with local property taxes are both on appeal to the Idaho Supreme Court.

As the year ended, there were hints that the economy had bottomed out and was beginning to rebound. But fears of continued drought haunted many.

of the congressional delegation to back changes in the law.

U.S. Attorney Tom Moss has defended the law, saying some of the criticized provisions have only been used once in Idaho.

That was apparently while agents were putting together the case against University of Idaho graduate student

Avalanche

Continued from A4

Kellam also teaches basic avalanche awareness classes in the classroom and in the field, teaching people how to determine the stability of slopes for themselves.

"Often avalanche victims are very good at what they do. But their avalanche skills don't match their skiing or snowmobiling skills," she said.

Hayley snowmobiler Owen Downard concurred: "Even today I see people strapping on an avalanche beacon who have no idea how to use them. Yet they feel invincible."

About half of all avalanche victims are skiers and snowboarders. The other half are snowmachine users.

Many of the fatalities might have been prevented had the victim paid attention to the warning signs, said Kellam, who has been buried in an avalanche herself. On average there are 3.5 signs of instability whenever there's an accident.

Sixty-three percent of snowmobile accidents occur during high-marking, when snowmobilers try to climb as high as they can on slopes. Many of those accidents happened when the high-marker got stuck in the snow and a buddy rode up to help him. The added stress on the snowpack can trigger a slab avalanche.

Avalanche safety

Janet Kellam, director of the Sawtooth National Forest Avalanche Center, offers these avalanche safety suggestions:

- Travel on ridgelines, rather than gullies.
- Avoid traveling on roads immediately below steep slopes. Two snowboarders died a few hundred yards from Idaho Highway 75 in 1996 when a slab of snow peeled off a steep slope above them as they walked up a snow-covered logging road.
- Be especially cautious immediately following rapid snowfall

- and/or rain or a period of high winds. Ditto after a rapid temperature increase or prolonged temperatures above 32 for two to three nights.
- Watch for cracks running through the snow, a whooping sound caused by snow collapsing as you move along and recent avalanche activity on the slopes around you.
- Snowmobilers should also beware if they start getting bogged down in sugary snow.
- Check snow conditions at www.avalanche.org or by calling 622-8027.

Avalanche awareness

The Sawtooth National Forest Avalanche Center has scheduled a couple of avalanche awareness sessions after the first of the year:

- A classroom session will be held from 6 to 9 p.m. Jan. 6 at the Community School Middle School.
- A daylong field trip will follow on Jan. 10 for those

- who have attended the class.
- A women's basic avalanche awareness session will be held from 6 to 9 p.m. Jan. 13 at the Community School Middle School. The field session will follow on Jan. 17.
- Classes also will be held Jan. 23 and 24 in Fairfield. For more information, call 622-0095.

Law school may lose accreditation

Western State University College of Law in Fullerton, Calif., may lose its national accreditation, severely jeopardizing student recruitment.

American Bar Association accreditation brings the commercial law school prestige and allows its graduates to take the bar exam anywhere in the United States. If the school loses the designation, few states will allow its graduates to sit for the exam required to practice law.

Western received provisional

accreditation from the ABA in 1998, a step toward gaining full accreditation, which usually comes three to five years later.

Don Daucher, Western's lawyer, said the ABA was concerned about the low number of students passing the bar, low LSAT scores and the high number of dropouts.

Daucher said those concerns didn't make sense because the law school had improved since it was granted provisional accreditation. "I guarantee there are law schools

with worse numbers that are fully approved," he said.

Jackie Muller, a spokeswoman for Western's corporate parent, said it was considering suing the ABA. "We believe we've earned the right to full accreditation status, or at least a two-year extension of provisional status," she said.

The ABA declined to comment, saying in a written statement that details of a law school's accreditation application are confidential.

Vehicles

Continued from A4

Fire officials selected 3M Opticom due to their equipment's built-in safety features, reliability and easy connectivity to other city technology.

"This is the only one we're comfortable with because of the security and the tracking software," Capps said.

Tracking software allows officials to determine what vehicle went through which intersections and can tell them which intersections are traveled through the most.

Security features are an important consideration because citi-

zens used to be able to buy emitters on the black market and put them in their vehicles, Capps said.

With the technology installed in authorized vehicles, emergency responders could get to their destination with less chance of accidents on route. And when rushing to the scene of an accident or injury, any delay can mean vital minutes lost.

"This is safety for everybody," Capps said, "and better for traffic altogether."

Also on the City Council's agenda:

- Amencation consideration - The council will give a third look

to annexing and rezoning the Candlestick East parcel of land on Eastland Drive south of Potts Line Road. During the previous two council meetings, neighbors voiced opposition to the proposed rezoning from R-1 43,000 to R-1 Variable, which would allow for much smaller lots than the current zoning requires.

The public hearing for this topic is scheduled to begin at 6 p.m.

- Voting venue - The council will consider whether to change the polling place from Bickel Elementary School to either the City Council Chambers or City Hall Conference Room.

The Utah Jazz look to continue their winning ways against the Philadelphia 76ers.

## MORNING LINE

### SPORTSQUOTE

His language was as filthy as a Christina Aguilera music video.

Randy Hill of Foxsports.com, on Bob Knight's recent foul-mouthed interview regarding the media portraying a rift between the Texas Tech coach and Iowa coach and former player Steve Alford

### TRIVIA

**QUESTION:** What is Michigan's record in the Rose Bowl game?  
...answer below

### TODAY'S SCHEDULE

High school boys basketball  
Wendell, Glenns Ferry at New Plymouth tourney

### IN BRIEF

#### Candleridge offers golf packages

TWIN FALLS - Candleridge Golf Course is offering all-inclusive golf packages through Dec. 31. Unlimited golf, unlimited range balls and use of an electric cart may be purchased for the 2004 season at rates of \$500 for one person, \$750 per couple and \$1,000 for a family. Call 733-6577 for more information.

#### Reserved seats still available for CSI games

TWIN FALLS - Plenty of good reserved chair-back seats are still available for the remainder of basketball home games at the CSI Gymnasium. Both the men's and women's squads will play Salt Lake Community College Jan. 9 and 10, North Idaho College Jan. 23 and 24, Snow College Feb. 13 and 14, and Eastern Oregon Feb. 27 and 28. For more information, contact Christie Kaye Ure at 732-6486.

#### Burley team will be 'Santa's helpers'

BURLEY - Coach Scott Palin and the Burley High School football team are offering their services as Santa's helpers this holiday season. Anyone in need of holiday help - taking down decorations and hauling away Christmas trees - can call 678-3903 or 431-4274, or e-mail hondo@pnt.org to ask for assistance. The fee for help is a donation made to the Bobcat Football Camp Fund.

#### Holiday open gym available in Twin Falls

TWIN FALLS - The City of Twin Falls Parks and Recreation Department and the Twin Falls School District are sponsoring a free open gym during the holiday break at Robert Stuart Junior High. The gym is open 6 p.m. to 9 p.m. tonight and Tuesday. The gym closes for the New Year's holiday and reopens Jan. 3 from noon to 4 p.m. For more information, call 736-2265.

#### Ski resort will sponsor free rentals, lessons

HANSEN - From 3 to 5 p.m. Saturday, Jan. 10, the Magic Mountain Ski Resort will sponsor free rentals and lessons for beginning cross country skiers. For more information, call Jack at 837-4505.

Compiled from staff reports

### TRIVIA ANSWER:

The Wolverines are 8-9, including a 2-4 record against USC.

## Learning the fundamentals

By Kevin Colbert  
Times-News writer

TWIN FALLS - Just because classes are out of session for the holiday break doesn't mean some kids aren't still learning. About 200 young athletes from the ages of 12 to 18 representing 11 states exchanged their pencils and notebooks for ball gloves and bats Saturday at the 23rd annual College of Southern Idaho Youth Baseball Camp, held at the Eldon Evans Expo Center. The camp, designed to teach the fundamentals of hitting, fielding, pitching, catching, base running and outfield play, concludes today.

With various instructional camps available in the northwest, CSI's camp has proven to be one of the most popular with athletes. "I went to this camp last year and I went to one in Mesquite, Nev., and I like this camp better because it breaks down the fundamentals a little more," said 15-year-old Colton Kalipetsis of Idaho Falls. "Instructors work with you more than other baseball camps." And it's no wonder the athletes are getting quality instruction. In addition to CSI coaching legend Jim "Skip" Walker and his staff, coaches and players from various levels of professional baseball also bring their knowledge of the game

to the camp. Some of the guest instructors have been at the camp for as many as 15 years. "If the guys that come in here can't teach they don't come back," Walker said. One of the prestigious instructors is Twin Falls' Jim Horner, Horner is a catcher in the Seattle Mariners' minor-league system and played for the San Antonio Missions AA team last season. "Hopefully (the campers) can just pick up one thing. It makes it worth while," Horner said. "They're young still and they're going to have to learn a lot yet. I



CSI pitching coach David Carter, far right, breaks down the fundamentals of pitching during the College of Southern Idaho Youth Baseball Camp Saturday.

Please see CAMP, Page C6

### NFL WEEK 17

## Bengals come up short

Browns put an end to Cincinnati's playoff hopes, 22-14

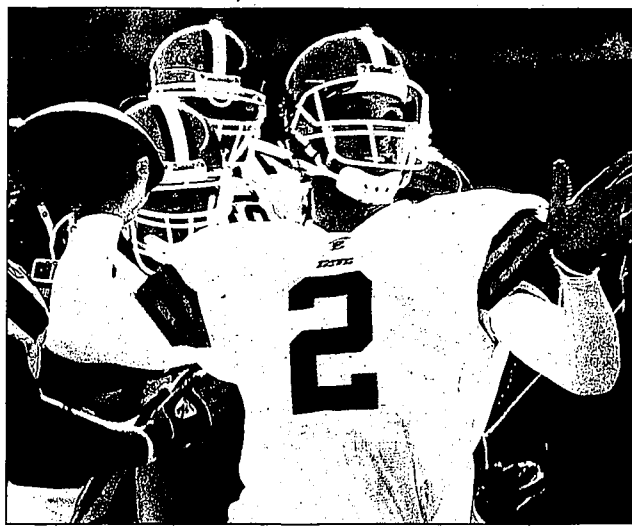
By Joe Kay  
Associated Press writer

CINCINNATI - Chad Johnson had nothing to celebrate. The Bengals missed out on that long-awaited winning record. The play-offs vanished, too.

One last time, can you say Bengals? Rookie Lee Suggs ran for 186 yards and two touchdowns Sunday, leading the Cleveland Browns to a 22-14 victory that eliminated Cincinnati from playoff contention. Instead, the Baltimore Ravens clinched the AFC North title several hours before playing Pittsburgh in the final regular-season game. A renaissance season ended in a gut-wrenching disappointment for the Bengals (8-8), who felt the pressure and reverted to form in their biggest game in 13 years. "That's the hardest part," Pro Bowl offensive tackle Willie Anderson said. "Knowing what's on the line, we've got to find a way to win these games and not come out and play scared and timid. We did it all year."

With a chance to stay in contention for at least a few more hours and clinch their first winning record since 1990, the Bengals felt the enormity of the moment and froze up. The crowd of 65,362 - the largest ever for a Bengals game in Cincinnati - filed out silently after Jon Kitna's final pass was intercepted by Robert Griffith with 41 seconds left. The Bengals were in control of the division at 8-6 with two games left, but lost them both. "We pressed," coach Marvin Lewis said. "That's a growth that we have to go through. Don't get frustrated about this and that, just keep playing."

"This was a good year. It wasn't a great year. We've got more to do." Instead of taking advantage of the down-and-out Browns (5-11), the Bengals were uptight and out



Cleveland Browns quarterback Tim Couch (2) throws against the Cincinnati Bengals in the first half Sunday in Cincinnati. The Browns eliminated the Bengals from playoff contention, 22-14.

of sync. A rookie running back with a lot to prove became the undoing of a team with everything on the line. Suggs, a fourth-round pick getting a chance during William Green's suspension, had a 78-yard touchdown run in the first half and a 25-yard run that put the Browns ahead to stay with 7:54 left.

"Teams passed on me 114 times," said Suggs, the 115th overall pick. "I've got to prove I'm better than a fourth-round pick, the 11th back taken. I'll carry that with me the rest of my career. On draft day, I was the most disappointed player out there."

Cleveland's makeshift offensive line punched big holes in the Bengals' defense. The Browns, who lost to Baltimore 35-10 last week, rushed for a season-high 178 yards in the first half alone.

"We talked about these situations all year long, about guys being ready to play in this type of game," Bengals linebacker Kevin Hardy said. "Everybody knew the magnitude of today."

After an opening drive that led to Rudi Johnson's 5-yard touchdown run, the Bengals' offense froze up and fumbled around. Trailing 13-7 late in the half, the Browns put together a drive reminiscent of their sorry past. They moved to the Cleveland 3-yard line despite three penalties on receiver Chad Johnson - two for pass interference, one for a false start.

With 10 seconds left, the ball on the 6 and the Bengals out of timeouts, Kitna dropped to pass, held the ball too long, then took off and got sacked as the clock ran out and boos filled the stadium. "Just a poor decision by me at

the end," said Kitna, who had passed for most of the season. "Everything is happening so fast. On that play, it was just a mental error."

The Browns then reverted to form, falling to get a first down on three third-quarter possessions. Rudi Johnson's 2-yard run put the Bengals ahead 14-13 with 12:15 left. "Tim Couch, who lost his job to Kelly Holcomb at the season's start and faces an uncertain future, got the Browns rolling again by completing a pair of third-down passes.

Suggs then broke a 25-yard touchdown run, doing a 360-degree spin to avoid Kevin Kaesviharn, for a 19-14 lead. Brett Conway's 18-yard field goal, his third of the game, put the Browns up by eight points with 1:13 to go.

## Carlisle, Artest clash over offense

By Jon Krawczynski  
Associated Press writer

INDIANAPOLIS - Trouble is starting to swirl around the Indiana Pacers, and Ron Artest is right in the middle of it.

The Pacers started the season 14-2, but Saturday night's loss to New Jersey dropped them to 7-5 in their last 10 games. That prompted coach Rick Carlisle to criticize Artest and the team, saying customers "got gypped" by the performance. Artest was benched the entire second half against the Nets after an unsportsmanlike first half and a halftime argument with Carlisle.

Carlisle cited Artest for "conduct detrimental to winning." It was the first sign of dissent from Artest this season after he was suspended for 12 games and fined \$155,000 last year. Artest has been frustrated with Carlisle's structured offense, which calls for set plays on most trips down the floor. Carlisle was ejected in the third quarter for arguing with the officials and delivered a stern message to Artest and the team after the game.

"We've got some guys here who just don't get it," Carlisle said. "If nothing else, if we don't win a game, it's my job more than anything to make sure that they get it. And they're going to." Otherwise, he said, players will stay on the bench. The Pacers were off Sunday and unavailable for comment. A message left at team president Larry Bird's office was not immediately returned.

Among the reasons for Artest's benching was his shot selection. He took three 3-pointers in the first quarter out of the flow of the offense, a move strongly discouraged in Carlisle's scheme.

## Senators too much for Atlanta

The Associated Press

OTTAWA - Marian Hossa scored twice and Daniel Alfredson had a goal and an assist Sunday to lead the Ottawa Senators to a 5-2 victory over the Atlanta Thrashers.

Hossa, who scored early in the third period, was awarded his third goal of the game without taking a shot on a power play in the game's final minute. Atlanta forward Ilya Kovalchuk threw his stick and knocked the puck from Hossa on an empty-net breakaway with 43 seconds left. Defensemen Raul Kharin and Chris Phillips also scored and Peter Schaefer had two assists, helping the Senators extend their season-high unbeaten streak to six games (4-0-2).

Ronald Petrovicky and Patrik Stefan scored for Atlanta, whose three-game winning streak ended. The Thrashers are winless in their last seven games (0-6-1) against Ottawa, which has outscored Atlanta 16-8 overall while winning all three meetings



The Atlanta Thrashers' Jeff Cowan, left, fights for control of the puck with the Ottawa Senators' Chris Phillips during NHL action Sunday at the Core Centre in Ottawa.

received a cross-ice pass from Schaefer and took a sharply angled shot that deflected off Atlanta defenseman Garnett Exelby's stick and beat goalie Pasti Nurminen through the legs.

Phillips, who hadn't scored since the season opener Oct. 9, put the Senators up by two 7:23 into the second, beating Nurminen with a shot through traffic for his second of the season - his first in 34 games.

Alfredson made it 3-0 at 12:47 when he scored on the last of a flurry of Ottawa shots after Nurminen turned over the puck on a failed clearing attempt along the left boards.

Petrovicky scored with 48:7 seconds left in the period, beating Lalime for his 11th of the season just six seconds after exiting the penalty box after serving a minor penalty for elbowing. Hossa made it 4-1 when he scored 1:43 into the third. Stefan got a power-play goal at 5:43 for his sixth goal of the season. The Czech defenseman

## Spurrier will toughen

By Joseph White  
Associated Press writer

ASHBURN, Va. - If Steve Spurrier returns next season as coach of the Washington Redskins, he will attempt to revert to his college ways and demand more discipline and greater accountability.

"Hopefully I can get back to my old style a little bit more," said Spurrier, referring to his successful 12-year run at the University of Florida.

Spurrier's comments came after several Redskins described an atmosphere of lax discipline on the team under the coach, who declined to answer questions about whether he will return. Asked if that means becoming more demanding of his players, Spurrier replied: "A little bit more. Don't let the inmates run the asylum."

Spurrier also said there will be announcements regarding "players, coaches and so forth" within the next two weeks as he heads for vacation.

He didn't answer questions about his future, referring to previous statements that stop short of a

firm declaration. Two weeks ago he said: "Right now, that's the plan."

The comments came from players taking physicals the day after a 5-14 season ended with Saturday night's 31-7 loss to Philadelphia. Linebacker Jeremiah Trotter spoke at length about discipline being a "big time" problem. "Our problems go way beyond the field," Trotter said.

"It starts with guys walking in late, cell phones ringing, all that type of stuff. We play the same way we practice. If we practice half-speed, then we get out there and play half-speed. We makes mistakes in practice; we get out there and make mistakes in the game. If you don't make the corrections during the week, it's going to carry over 'til Sunday. There's got to be some type of structure."

Trotter said he was surprised that it took 16 games before there was a significant crackdown. Darrell Russell and Zeron Flemister were made inactive for Saturday's game for arriving late for the Christmas Day practice, and Antonio Pierce was also inactive after breaking an unspecified team rule.

SPORTS

Sunday's NFL leaders

Passing

Joy Fiedler, Dolphins was 21-for-29 for a career-high 328 yards and a TD.

Joey Harrington, Lions threw for three touchdowns and 238 yards, connecting on 26 of 36 passes

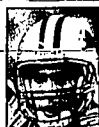
Rushing

LaDainian Tomlinson, Chargers rushed 31 times for a career-high 243 yards and two touchdowns

Lee Seuss, Browns ran for 186 yards and two touchdowns

Chris Chambers, Dolphins made nine catches for 153 yards and a TD

Nathan Poole, Cardinals caught a 28-yard pass on the final play for an 18-17 victory over Minnesota



Joey Harrington



LaDainian Tomlinson

American Conference standings

Table with columns for AFC East, AFC North, AFC South, and AFC West, listing teams, wins, losses, ties, and points per game.

National Conference standings

Table with columns for NFC East, NFC North, NFC South, and NFC West, listing teams, wins, losses, ties, and points per game.

Packers slip into playoffs

GREEN BAY, Wis. (AP) - The biggest cheer at Lambeau Field came for a play more than a thousand miles away that got the Green Bay Packers into the playoffs.

Ahman Green reeled off a 98-yard touchdown run and Brett Favre completed a hard-earned drive in which he buried his father back in Mississippi to lead Green Bay to a 31-3 rout of the Denver Broncos.

But it was at the 2-minute warning when the Arizona Cardinals completed an amazing last-second comeback to beat Minnesota and give Green Bay an improbable NFC-North title that the place went wild.

The Packers (10-6) who had little hope of playing into January only minutes earlier, celebrated wildly on the sideline after their crowd, listening on radios, broke into a state of elation over the fourth-down miracle.

Instead of going home, the Packers will host the Seattle Seahawks (10-6) and former coach Mike Holmgren on Sunday. The Packers beat the Seahawks 35-13 at home on Oct. 5.

Green set a franchise record with 218 yards rushing and ran for two scores giving him 20 and breaking Jim Taylor's record of 19 set in 1962.

Cardinals 18, Vikings 17

TEMPE, Ariz. - Arizona knocked the Minnesota Vikings out of the playoffs with a fourth-down miracle that put Green Bay in.

Josh McCown threw a 28-yard touchdown pass to Nathan Poole on fourth-and-25 as time expired, rallying the Cardinals to an 18-17 victory. That left the Vikings at 9-7 and gave the division title to the Packers, who beat Denver 31-3.

Had the Vikings won, Green Bay (10-6) would have been eliminated on a series of BCS-type tiebreakers.

The Vikings caught the ball near the sideline in the end zone, where officials ruled the ball was forced out by Minnesota's Denard Walker and called it a touchdown. A video review upheld the call.

Minnesota led 17-6 with two minutes left.

The Cardinals (4-12) cut the lead to 17-12 on McCown's fourth-down 2-yard pass to Steve Bush with 1:54 to play.

Damien Anderson recovered the outside kick for Arizona, and a 30-yard pass-interference call against Walker put the Cardinals in scoring position.

Saints 13, Cowboys 7

NEW ORLEANS - Donte Stallworth's 76-yard touchdown reception sent Dallas into the playoffs on a down note.

The Saints (8-8), who will miss the playoffs for the third straight year, responded to a tongue-lashing from owner Tom Benson and a team meeting Friday night.

Dallas (10-6) had already clinched a playoff spot, but the loss dropped the Cowboys to the sixth seed in the NFC. They will play at Carolina on Saturday night.

The real winner was Seattle, which slipped into the No. 5 seed under the NFL's complicated playoff formula.

Lions 30, Rams 20

DETROIT - Joey Harrington threw three touchdown passes as Detroit knocked St. Louis from the top spot in the NFC with 20 points in a span of 15:31 in the second half.

The top-seeded team now is Philadelphia, also 12-4, but with a better conference record after beat-



Green Bay Packers tight end Wesley Waley (85) can't hold onto a pass while being defended by Denver Broncos safety Kenny Kenney (28) in the first quarter Sunday in Green Bay, Wis.

Colts 20, Texans 17

HOUSTON - Mike Vanderjag kicked his NFL-record 41st consecutive field goal, a 43-yarder as time expired, giving the Colts the AFC South title. Vanderjag went 37-for-37 this season.

The Colts (12-4) trailed 17-3 before rallying. Peyton Manning's 5-yard TD pass to Brandon Stokely tied it following an interception by Donald Strickland.

The Colts will host Denver next Sunday.

Chiefs 3, Bears 3

KANSAS CITY, Mo. - Priest Holmes scored twice, erasing NFL records by Emmitt Smith and Marshall Faulk.

The Chiefs (13-3) were already locked into the No. 2 seed and their opted a first-round bye in the AFC playoffs. The Bears finished 7-9.

Holmes' two scores gave him 27 for the season and broke both Smith's record for touchdowns rushing (25) and Faulk's record for total touchdowns (26).

Titans 33, Buccaneers 13

NASHVILLE, Tenn. - Steve McNair stayed on the sideline, resting his aching legs for the playoffs as Neil O'Donnell threw two touchdown passes to Derrick Mason in his first start since Sept. 23, 2001.

Gary Anderson kicked four field goals for the Titans (4-13) at Tampa (7-9) became the first Super Bowl champion to finish with a losing record.

Tennessee will be in Baltimore in a wild-card game on Saturday.

Dolphins 23, Jets 21

MIAMI - Olindo Mare kicked a 22-yard field goal with three seconds left to give Miami the win.

The Dolphins (10-6) became the first team since Philadelphia and San Francisco in 1991 to win 10 games and miss the playoffs. Their disappointing season has left coach Dave Wannstedt's job in jeopardy.

The Jets (6-10) closed out their first losing season since 1996 and their first team since Herman Edwards. They lost seven games by 14 points or less.

Ravens 13, Steelers 10, OT

BALTIMORE - Jamal Lewis became the fifth player ever to rush for more than 2,000 yards in a season, but fell 39 yards of Eric Dickerson's 19-year-old record of 2,105.

Matt Stover's 47-yard field goal 3:28 into overtime gave the win to the Ravens (10-6). They clinched the AFC North earlier in the day when Cincinnati lost to Cleveland.

Lewis finished with 114 yards on 27 carries. Jerome Bettis of Pittsburgh (6-10) ran for 54 yards to move past Jim Brown into sixth place on the career list with 12,353.

Falcons 21, Jaguars 14

ATLANTA - Michael Vick threw two touchdown passes, including a 44-yarder to Peeples Price on Atlanta's first fleaicker of the season.

Atlanta (5-11) improved to 3-1 since Vick returned to the starting lineup. After breaking his leg in the preseason, he missed the first 10 games, then played sparingly in a loss to Houston.

Fred Taylor rushed for 121 yards for the Jaguars (5-11).

Panthers 37, Giants 24

EAST RUTHERFORD, N.J. - Jake Delhomme threw two touchdown passes and former Giants assistant John Fox and his Panthers won in coach Jim Fassel's final game after seven seasons in New York.

The Panthers (11-5) will face Dallas (10-6) in a first-round playoff game Saturday night.

Steve Smith scored on a 53-yard punt return, Ricky Manning Jr., tallied on a 27-yard interception return and John Kassar kicked three field goals. The loss was the eighth straight for the Giants (4-12).

Chargers 21, Raiders 14

SAN DIEGO - LaDainian Tomlinson rushed 31 times for a career-high 243 yards and two touchdowns to close an otherwise miserable season for the Chargers (4-12).

Tomlinson now has four career 200-yard games, tying him for second place all-time Jim Brown, Earl Campbell and Barry Sanders. The record is six, by O.J. Simpson.

The Raiders (4-12) ended a season of internal strife without comebacker Charles Woodson and running back Charlie Garner who were inactive because of a violation of team rules.

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SUNDAY'S SUMMARIES

Grid of game summaries including scores, key plays, and statistics for various NFL games.

Olson's Ski & Snowboard Tuning advertisement with contact information and services listed.

Camp

think if you pick up one thing through the camp, whatever it may be, that'll help them in the long run.

be good at baseball so the talent level is pretty high," said camper Tylan Watkins of Prosser, Wash.

of kids out of this but it's also bad because we'll have to turn kids away from them when they'd really like to come to CSI.

Still, being able to lace up their cleats in the middle of winter isn't a bad consolation for most.

"It's just amazing," Walker said. "A kid will miss his Christmas vacation to come and get blasted with baseball. These kids are hungry to learn."

Continued from A7



SPORTS

Armstrong named Male Athlete of the Year

By Jim Vertuno Associated Press writer
AUSTIN, Texas — For Lance Armstrong, 2003 was a year of personal and professional struggles and triumph.

It was a tough year and hard to say, Armstrong said. "Professionally, it was successful as any year. Personally, it was just very tough. I tried to work through it the best I could. The personal stuff is behind now."

The close finish seems to have refocused Armstrong. He feels he has something to prove, not just by winning another Tour, but winning as he used to — with a dominating ride.

The only other five-time winners are Eddy Merckx, Miguel Indurain, Bernard Hinault and Jacques Anquetin. Only Armstrong and Indurain won five in a row.



Five-Time Tour de France cyclist winner Eddy Merckx of Belgium, Lance Armstrong of Austin, Texas, and Miguel Indurain share a light moment after Armstrong won his fifth consecutive Tour in Paris, Sunday July 27, 2003.

SCORES AND STATS

BASKETBALL

Table with columns for NBA, ABA, and WNBA games, listing teams and scores.

WHAT'S ON T.V.

Table listing TV programs for Basketball and Football, including dates and times.

Area ski report

Area ski report detailing conditions and events at various ski resorts like Snake River and Teton.

NFL playoff participants

New York has already interviewed former Jacksonville coach Tom Coughlin, another former Giants assistant.

Rose, Carter lead Raptors past Clippers

LOS ANGELES — Jalen Rose had 23 points and Vince Carter scored seven of his 22 points in the final 3:44 to help the Toronto Raptors beat the Los Angeles Clippers 94-88 on Sunday.

Stainbrenner doing well after fainting spell

SARASOTA, Fla. — New York Yankees owner George Steinbrenner was doing well Sunday, a day after he fainted at memorial service, and his doctor described his health as excellent.

Utah women defeat Northern Arizona

FLAGSTAFF, Ariz. — Kim Smith went 3-for-3 from 3-point range and scored 15 points to lead four Utah players in double figures, and the 23rd-ranked Utes beat Northern Arizona 69-45 Sunday.

Slovakia in world juniors

HAMELINNA, Finland — Michigan's Alvaro Montoya made 18 saves for his second straight shutout in the United States' 5-0 victory over Slovakia on Sunday in the world junior championship.

Giants ask permission to talk to Patriots' assistants

EAST RUTHERFORD, N.J. — The New York Giants asked New England for permission to talk to Patriots assistant coaches Romeo Crennel and Charlie Weis about New York's vacant head coaching job.

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Utah women defeat Northern Arizona

FLAGSTAFF, Ariz. — Kim Smith went 3-for-3 from 3-point range and scored 15 points to lead four Utah players in double figures, and the 23rd-ranked Utes beat Northern Arizona 69-45 Sunday.

Slovakia in world juniors

HAMELINNA, Finland — Michigan's Alvaro Montoya made 18 saves for his second straight shutout in the United States' 5-0 victory over Slovakia on Sunday in the world junior championship.

Giants ask permission to talk to Patriots' assistants

EAST RUTHERFORD, N.J. — The New York Giants asked New England for permission to talk to Patriots assistant coaches Romeo Crennel and Charlie Weis about New York's vacant head coaching job.

U.S. hockey beats Slovakia in world juniors

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TRANSACCIONS

Table listing various transactions, including player movements and team news.

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# SCHOOL DAYS

Community Editor: Pat Marzantonia - 735-3288

## Castleford School helps families at Christmas

Castleford School collected food to make Christmas merrier for local families.

Connie Kinyon, FCCLA adviser, announced that the Castleford FCCLA (Family, Career and Community Leaders of America) Chapter conducted a food basket contest throughout the school. Enough was donated to provide food for 12 Castleford families.

The Christmas basket committee members included Jessica Bobango, Laura Zavala, Janet Hurley, Angela Garrett and Amanda Draper.

Mike Graybeal, Castleford First Baptist Minister, said the Buhl Ministerial Association was short by about one-third of the food that was needed and the FCCLA donation really helped families in our area.

A competition was held on the amount of food collected and how it was displayed. The contest was really close with the fourth-grade class "Heliump Balloon basket" placing first followed by closely by the sixth grade "Christmas Sleigh basket."

Carolyn Kohntopp, Castleford School music teacher, and our fifth-grade class were guests at the Twin Falls Rotary Club Dec. 17. The students presented the program, "Yankee Doodle Dandy's Christmas Musical." Our third- through sixth-grade students had a science professor from the University of Idaho present grade-appropriate chemistry lessons throughout the day on Dec. 18.

Dec. 17, Castleford Schools became the first school in Idaho to have a solar power system installed and functioning. This project will help us teach students about renewable energy sources. This is an Idaho

Power's Green Power Project and had many people involved in making it happen at Castleford. Project partners include: Balanced Rock Electric, Bonneville Environmental Foundation, Castleford School District, Customer of Idaho Power's Green Power Program, Idaho Power, Idaho Rural Council, Idaho State Department of

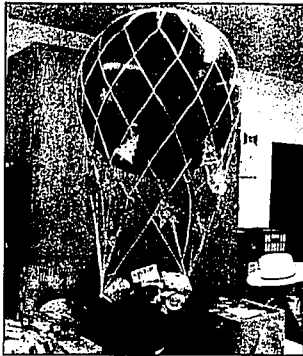


Photo courtesy of Castleford School

Castleford students collected food to help families this holiday season. This was the fourth grade's winning display.

Building Services and Windpower Unlimited. Instrumental throughout this project was Bill Chisholm.

A final note, we would like to recognize and congratulate one of our staff members, Jana Rodgers, kindergarten teacher/reading specialist, who received a master's in English as a second language from Boise State University graduation Dec. 19.

Our Christmas vacation is Dec. 22 through Jan. 2nd.

Andy Wiseman is principal of Castleford School.



CASTLEFORD ROLL CALL  
Andy Wiseman

## SNACKING AND WRAPPING



On Dec. 15, the Buhl High School chapter of the Family, Career and Community Leaders of America met to 'snack and wrap.' Wrapping gifts for children in Buhl was the purpose of the after-school activity. These gifts were provided by club members. Snacks also were provided by club members and produced a holiday atmosphere for this December project. Members participating were Catarina Marques, Anthony Avelar, Sofia Avelar, Cameron Supp, Yelena Gelevar, Sara Seal, Allie Parsons, Liz Bettencourt and Rachel Linderman.

Photo courtesy of HELEN CUTLER



## SCHOOL NEWS

### BSU admissions reps visit Twin Falls area

TWIN FALLS - Admissions representatives from Boise State University will visit the Twin Falls area at 7 p.m. Jan. 7 at the Ameritel Inn on Blue Lakes Boulevard North. Students considering applying to Boise State for the fall 2004 semester and their parents are invited to "Preview the Possibilities." They will receive information on admissions and registration, scholarships and financial aid, more than 180 programs of study and numer-

ous internship opportunities, campus housing and clubs and organizations.

For more information on Boise State or the visit, contact Boise State's New Student Information Center at 1-800-824-7017, Ext. 4 or e-mail bsuinfo@boisestate.edu.

### T.F. students earn honorable mention in essay contest

TWIN FALLS - Two Twin Falls students earned honorable mention in the Idaho Forest Products Commission's eighth annual Forest Products Week Essay Contest.

Students who earned honorable mentions include Brandon Carter and Sunny Leavitt, both of Morningside Elementary in Twin Falls. Their teacher was Carolyn Johnson.

Students were asked how forest products touch their lives and what they would do if they were in charge of ensuring healthy productive forests for generations to come, the commission reported. They shared their ideas on how forests should be cared for to provide not only tangible products, but also clean air and water, wildlife habitat and other benefits.

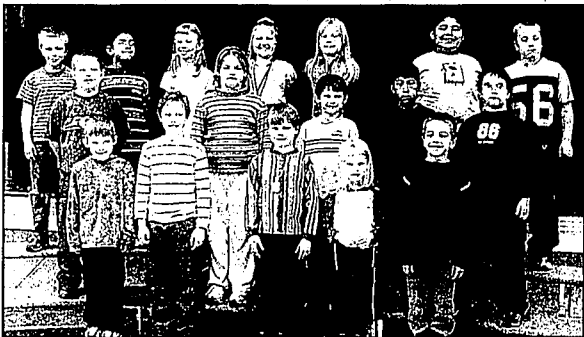
## RESOLVING CONFLICTS



Photo courtesy of the Valley Elementary School

Twenty fourth and fifth grade students at Big Valley Elementary School in Rupert were trained as peer mediators for this school year. Their peers and teachers selected the students for their trustworthiness, rapport with other students, communication skills, great behavior record and outstanding academic achievements. The new mediators' role in the school setting is to help students who are in conflict find fair and workable solutions to their conflicts. Each year peer mediators are trained and supervised by mediation coordinators Vickie Nelwert and Stan Bruns. From left, front: Brandi Helmer, Emily Suede, Susie McHan, Sugely Amritz, Raymond Rodriguez and Jeremy Castaneda; center: Brianna Cruz, Dakota Rupard, Suzette Denker, Cody Wilson, Dayna Phillips, Melissa Rivera and Sarah Webster; back: Sonny McHan, Kathleen Yanez, Holly Mayer, Lucero Labra, Daniel Dayley, Jovanni Guadarrama and Garrett Christensen.

## AND THE WINNERS ARE...



Lincoln Elementary School in Twin Falls named the winners of the Einstein Award for the month of November. The students had a party where parents were invited to celebrate. Students in grades one through three are, from left, top row: Kelly Admire, Robert Cuellar, Samantha Jackson, Breonna Bailey, Jazmyin Garner, Carlos Garcia and Mikelle Ferguson; middle row: Sayer Conrad, Monique Dearden, Dylan Castro, Daniel Hernandez and Zlatko Novakovic; bottom row: Tyler Anderson, Huntington Coats, Danny Lewis, Katie Jackson and Logan Hansen.

## SOLVING PUZZLES



Debi Filbert helps kindergartners at Memorial Elementary School in Rupert as they learn the names of the letters of the alphabet and work on putting together an alphabet train puzzle to reinforce letter order. From left are Salvador Tafuya, Fil and Vanessa Gomez.

Photo courtesy of Memorial School

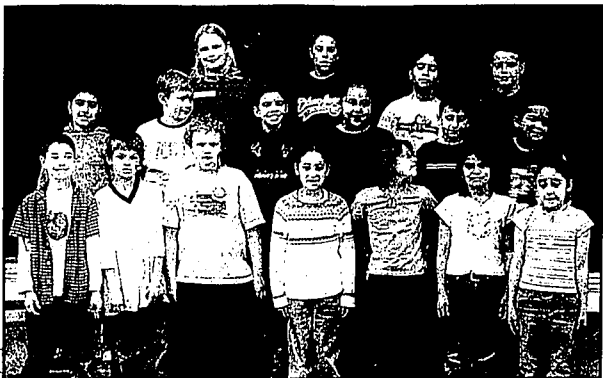


Photo courtesy of Lincoln Elementary

Einstein award winners in grades four through six are, from left, top row: Michelle Dotson, Calob Faulkner, Derek Saidivar and Chase Smith; middle row: Ebrahim Ansari, Stevie Hauskins, Olivia Humberger, Nichole Montana, Dino Hukic and Said Salazar; bottom row, Luke Young, Anthony Masilo, CJ Schwenson, Vanessa Cortes, Brittanie Fairbanks, Dalay Hutzler and Maria Sanchez.

MORNING BREAK

**ACROSS**

- Track listers
- At the start
- Light wood
- Rolling Stones
- Pub choice
- Proficient
- Spiny Atlantic
- Katmandu's country
- Hungry lifer
- Woe lad
- Neighbor of Wash.
- Enough foolish talk!
- Mineral spring
- Some French
- Spoken
- In place of company
- Saucy and spirited
- Grippe
- Pick a field?
- Spinning toys
- Repair
- Sweeteners
- Tango teams
- Final profit
- Slouch Walle
- Thebes, today
- Self-out leaders
- Winter Amber
- West-egg letters
- Shoonly
- Supervisor
- N.T. book
- Inc. in the U.K.
- Medical shot?
- Martin of "L.A. Story"
- Jelly dessert
- Event of tennis
- Lengthy period
- Divided country
- Wine
- Calches
- Cabin material
- Use the broom

**DOWN**

- Mahal
- Lambert's lava
- Word of disgust
- Hollywood
- City on the Meuse
- Terminator eater
- Travel by plane
- Tries out
- Indonesian arm of the Pacific
- Fruity cooler
- Butterflies and moths
- "Wall Street" co-star James
- After all this time
- Kind of switch
- Simon Says player
- Facsimile
- Sandwich
- Partner of Peter Pan
- Chorus
- Gray of Moran
- Top of hop
- "SNL" piece
- Excursions
- Cherry brandy
- Respect singer Frank
- Ford lemon
- Bigwig's letters
- Court
- Mine deposit
- Sultry singer
- Paggy
- Racetrack circuit

Saturday's Puzzle Solved  
12/29/03

AGLEED FLEOT GAMER  
BARRE ROVE OPEO  
DARBS OVEN DRAG  
APPETIZERS AIGED  
PLOUIN CRICK  
EMERY GOONIT PJA  
TEEN GROWE JAIL  
END OULLD OULLY  
GASITC TWOWE NALER  
EXIT TWOWE NALER  
NINE TOME NALIVE  
ROAN ERNE ESSIN  
EMIT SKIT DEARIT

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Order of birth determines ability to keep secrets

Q. Women are better than men at keeping secrets, are they not?  
A. Gender has nothing to do with it, say the psychologists. What counts is order of birth. Older children learn to keep secrets from younger children who learn to tell secrets to get attention. Think back. Who was the tattletale in your family?



REVISITED  
L.M. Boyd

Q. This book says "sterophilin" is "love of a sneeze." Why would anybody love a sneeze?  
A. Pretty far-fetched, what? Goes back to when people couldn't tell whether the inert human body was dead or alive. If it sneezed, hooray.

Q. One who feels the compelling urge to look into the windows of other people's homes is also known as a "crytoposphilliac."  
A. Maybe 10 percent. That's suggested by one study. Statistics are untrustworthy, though. So many retired people don't have to answer to anyone that heavy drinkers among them create a hidden group of unknown size.

Q. What proportion of people over 60 are "problem drinkers"?  
A. Maybe 10 percent. That's suggested by one study. Statistics are untrustworthy, though. So many retired people don't have to answer to anyone that heavy drinkers among them create a hidden group of unknown size.

Gets mighty hot in Siberia. More than 100 degrees F sometimes.

Q. Which is the fiercest fighter, the female tiger or the male?  
A. Female, evidently. When she has a litter, the male oftentimes tries to kill the cubs. But can't. Not with her there.

Q. What was the name of that tavern in Deadwood, S.D., where Wild Bill Hickok was murdered?  
A. "Number Ten Saloon."

Q. Pygmies of the Ituri Forest in Central Africa average 8.6 pounds at birth.  
A. Robert Fulton's famous steamboat was described as "... rude-

built... 125 feet long... 20 feet wide... side paddle wheels... a sheet iron boiler. She could make about 6 miles an hour." He named it "Katherine of Clermont." In honor of his wife. It's said she didn't feel all that honored. She and everybody else just called it the "Clermont."

Q. What was the name of that tavern in Deadwood, S.D., where Wild Bill Hickok was murdered?  
A. "Number Ten Saloon."

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Aries - Feelings come out in open

IF DECEMBER 29 IS YOUR BIRTHDAY... your Capricorn reliability and determination are tempered by a sensitive and intuitive side. This combination of strength and gentleness that you possess makes you a wonderful mate. Learning to build inner harmony is a valuable pursuit.

HOROSCOPE  
Jeraldine Saunders

fit of others and you win too.

LEO (July 23-Aug. 22): Curiosity broadens your world and leads you to something exciting. You could be irritable by evening. Older romantic relationships, both romantic and professional, will settle down soon.

VIRGO (Aug. 23-Sept. 22): Intense feelings crop up and it may be difficult to reason them through. Wait to take action until the emotions abate and you're thinking clearly; it may be a few days.

LIBRA (Sept. 23-Oct. 22.): With evening comes less sensitivity but greater focus on relationships. Be your typical gentle Libra self. Your desire to communicate verbally or in writing takes tangible form.

SCORPIO (Oct. 23-Nov. 21): Be sure to consider the cost of

amusements realistically; you may be judging things from an extreme perspective. Home beautification will come later - be patient.

SAGITTARIUS (Nov. 22-Dec. 21): It's hard to understand your feelings from a rational viewpoint. Excess eccentricity or competition will probably prove useless. Don't let blowups with children pull you off track.

CAPRICORN (Dec. 22-Jan. 19): You'd probably prefer to stay home today. Constraints on love or ideals are difficult to take. Love is maturing, but possibly the hard way.

AQUARIUS (Jan. 20-Feb. 18): Thoughts and feelings don't jive today. You want to be cautious, but you're feeling impulsive. It's a great day to present a creative idea.

PISCES (Feb. 19-Mar. 20): As this day progresses, self-pity ceases and you begin to feel more assertive. Money concerns come to the forefront. Apply your creative power to work situations.

Need Advice? See Abby on B-4



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## Writing about bras is hard work

Editor's note: Dave Barry is on vacation this week. This column was first published on Oct. 4, 1999.

As a professional newspaper columnist with both medical and dental benefits, I receive many letters from people who would like to get into my line of work.

"Dear Dave," they write. "I'm sick of my boring dead-end job as a (lawyer, teacher, office worker, President). How do I develop the skills I need to obtain a job like yours, where you have an opportunity to make a difference, even though you never actually do?"

OK, then: Today I'm going to take you "behind the scenes" here at Dave Barry Inc., and reveal, step-by-step, exactly how I write a column:

Step One is to come up with a topic. I'm always thinking about possible



topics, from the moment my alarm goes off at 6 a.m., through the moment I actually get out of the bed, at around 10:15. During that period, I take a series of decompression naps while monitoring the morning TV news shows to find out what the news is.

Unfortunately, the morning news shows no longer show the news: They're too busy showing the crowd of people who stand around outside the TV studio for hours on end waving at the camera and holding signs that say: "Hi!"

Evidently these people are too stupid to operate telephones, and this is the only way they have to communicate with their families or with attendants back home. Sometimes the TV personalities go outside; I always hope that they'll point firearms at the sign-holders and yell, "Go home," but instead they ask the sign-holders where they're from.

The fascinating answers never fail to amaze and delight everybody ("Ohio?? Great!"). So I have no column topic when I emerge from the bedroom to fix myself a hearty breakfast of coffee with extra coffee.

My next step is to look through the daily newspaper which I have found to be an invaluable and amazingly rich source of advertisements for women's underwear. Every other page has an ad featuring female models in lingerie; you get the impression, from newspapers, that at least 50 percent of the Gas National Product is brassieres.

Why? Do women really need to be sold on the concept of underwear? Do they smack their foreheads and go, "What's what I need! Something under my clothing!" But you can't write a professional column about women's underwear. You need a topic with some "meat" to it, such as the U.S. Trade Deficit, which is an important issue that the newspaper often puts next to the brassiere ads.

And so, with this topic in mind, I head for my home office, which is an area that I would estimate, for tax purposes, covers 94 percent of the total square footage of my home.

I work at home because, as a professional writer, I find that a solitary environment enables me, whenever the muse strikes, to clip my toenails.

This particular muse strikes more often than a French labor union. I'll be pondering the Trade Deficit, and I'll glance at my toenails and think, "Hey! Those babies have grown at least three-hundredths of an inch since I last clipped them!"

After lunch, it's time to get back to thinking about the Trade Deficit. The key, with a complex issue like this, is research. A professional newspaper columnist has to be 800 words long, which is why I cannot say it enough: research, research, research. Among the questions that need to be answered are: "What, exactly, is the 'Trade Deficit'?"

For this kind of technical detail, I get on the telephone to my Research Assistant, Judi Smith, who is a wealth of information. "Judi," I say, "How come there are so many newspaper ads for women's underwear?"

"I think because men like to look at women in brassieres," she replies.

Both my wife and Judi agree that nobody ever buys a bra from an ad. It frankly makes me wonder if this could be a contributing factor to the Trade Deficit. Somebody should think about this.

To do it, but these toenails are not getting any shorter.

Dave Barry is a humor columnist for the Miami Herald. Write to him c/o The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

# Wake up rested



Antelope Valley High School in Lancaster, Calif., moved the start of school back to 8:30 a.m. because so many students overslept and were tardy.

## Try these nine ways to jump start your day

Knight Ridder Newspapers

If you are not a tired person, read no further:

If you are a tired person, you're not going to like the dreaded phrase coming next:

Lifestyle change. Sorry, somebody had to say it. A lifestyle change is the only way you're going to get more sleep. It might be a small lifestyle change (cutting out "The Late Late Show") or it might be a big lifestyle change (cutting out the 32-ounce Cokes). But if you count yourself among the 53 percent of Americans who regularly wish for a pillow and dark corner to crawl into during mid-afternoon, the sleep doctors say you need to do something different.

There is hope. And today we present it in the form of nine ways to wake up from that walking coma. Once you've made friends with your pillow again, say the experts, you may view sleep the same way you currently view a double espresso: indispensable.

1. **Eight hours or bust.** It's fairly obvious to say that

Here are suggestions on how to nuse your body clock to achieve maximum health (adapted from "The Body Clock Guide to Better Health" by Lynne Lambert and Dr. Michael Smetolensky).

- **Exercise at a regular time each day.** This keeps the body clock running on time and serves as a cue for meals and sleep.
- **Get light - natural or fluorescent.**

### Resetting the body clock

Exposure to bright morning light helps keep the body clock functioning properly.

- **Get consistent sleep.** Avoid long naps, which throw the body clock out of sync and make it difficult to fall asleep at night.
- **Avoid the post-lunch dip,** or feeling of lethargy, by taking a short walk.
- **If you take medication,** consult your doctor about timing. Talk about

when your symptoms occur, and ask whether chronotherapies are available for your illness.

- **Minimize the effects of jet lag** by starting to adapt to a new time zone while you're still at home. Changes of even an hour or two can make adjusting much easier. In addition, try to shift meal times, medication and other daily routines.

Sources: The Baltimore Sun

most of us are tired because we don't sleep enough. But just how much sleep do we need? The answer varies, but the vast majority of adults require seven to nine hours a night to stay healthy, happy and alert. Surveys by the National Sleep Foundation, or NSF, show that sleep complaints have worsened over the past decade and, as of 2002, Americans averaged 6.9 hours of sleep a night. Fifty-eight percent of those surveyed experience symptoms of insomnia (trouble falling asleep or trouble staying asleep) a few nights a week or more.

In reality, a third of Americans "try to get by on six hours of sleep

a night," says Dr. Philip Becker, medical director of the Sleep Medicine Institute at Presbyterian Hospital of Dallas. "We are currently functioning on adrenaline, and this is going to have potential long-term health effects."

On adrenaline? Yep. Too little sleep stresses the body and activates the well-known "fight or flight" reflex in humans. The adrenal system switches on and puts the major organs into alarm mode: Blood pressure rises, lungs expand, and blood is diverted to the muscles, all in preparation for major physical exertion.

"Which is exactly the way it should be if there's a freight train

bearing down on you," says former sleep researcher Dr. Suzanne Griffin, a clinical assistant professor of psychiatry at Georgetown University Medical Center. "But not the way you want to go through life."

A chronic lack of sleep means that adrenaline levels remain high, which, in turn, causes further sleep disruption, among other things.

Drowsy drivers cause 100,000 accidents per year, according to the National Highway Traffic Safety Administration (New Jersey just passed the first state law against driving drowsy). Tired workers result in \$18 billion in lost productivity for the U.S.

## While you weren't sleeping

By Steve Crump Times-News writer

TWIN FALLS - She's a strict constructionist on the issue of daytime sleepiness:

"Someone who experiences daytime sleepiness on a consistent basis may very well have a sleep disorder," says Nita Christensen, clinic director of the Idaho Diagnostic Sleep Center. "That's one of the primary symptoms."

Please see DISORDERS, Page B2

economy, according to the NSF's calculations.

Solution: Make sleep a priority. For Griffin, sleeping well is part and parcel of a slower, saner lifestyle. "Perhaps we need to step back and do less and live more and enjoy what we're doing more . . . including enjoying sleeping."

Please see SLEEP, Page B3

## Becoming Donna Karan

The Washington Post

NEW YORK - One day, designer Donna Karan walked into her Madison Avenue boutique - a shop so grand that it wraps around a small pond - and bumped into a customer who took advantage of the serendipity to aggressively declare herself a devoted fan. Karan was with her daughter, granddaughter and stepson, and it was one of those moments that Karan says exemplify how difficult it is to maintain "that kind of balance." There on the sales floor she says, all aspects of her life converged: The designer had to juggle an overexacted customer and a fussy grandchild who was demanding a bottle.

Karan, 55, does not claim that she's unusual in feeling the pull of both the business world and domesticity. But she is unique in that, for a time, she was able to make a convincing argument that personal tumult, gender inequity and working-mother guilt could all be lessened with a few yards of luxurious black cashmere.

The woman, Karan recalls, was



'It is about the body,' Donna Karan says of her garments' distinctiveness. Despite corporate changes over the years, Karan's line retains a sensual, sophisticated style.

## Sewing, quilting draw on younger population

During the 20 years that I've been writing about sewing and needlework, many changes have taken place. Among them: In the '90s, sewing and quilting re-emerged as an art form. Surveys revealed that a younger, more educated segment of the population was driving this trend.

In 1997, the New York Times wrote that despite so many women in the workplace, "nearly one-third of the country's adult female population are revving up their sewing machines."

The reasons? Relaxation and creativity were at the top of the list. Personal choices in styles and colors, fit, uniqueness and a sense of accomplishment were other reasons for the renewed interest. Technological advances in machines and supplies were, of course, helpful in making sewing easier, faster and more enjoyable.

Interest in quilting also continues to grow, as do expenditures on this hobby. It's a \$1.8-billion industry now.

Empty-nesters and retiring boomers, with some time and money, look for ways to express themselves through sewing for their homes. Demographics noted by the Kiplinger Letter just a



year ago showed a gradual rise in "household formation," too, with an expected increase in do-it-yourself projects.

As for the future, Joyce Perach of the Home Sewing Association sees younger children (ages 7-10) "becoming involved in activities that challenge them to be creative."

"The sewing industry," she adds, "hopes to present sewing as a fun and creative life skill that can also be cool."

And I'll do my part, too, writing every week to help keep readers of all ages informed and enlightened!

Barbara Gash writes about sewing for the Detroit Free Press. Write to her at the Free Press, P.O. Box 828, Detroit, Mich. 48231, or send email to compusera@aol.com. Letters can not be answered personally.



HEALTH & FASHION

# Nicotine patches may help 'senior moments'

Los Angeles Times

For many years, doctors have been trying to harness the memory-enhancing powers of nicotine without exposing people to the carcinogenic chemicals in cigarette smoke. A nicotine patch could be the answer.

Several studies have shown that nicotine can improve attention in people with attention deficit disorders, schizophrenia, Parkinson's disease and mild to moderate Alzheimer's. Now, a small study from Duke University researchers suggests that low-dose nicotine patches might relieve the mildest form of memory loss, a common condition called age-associated memory impairment—often referred to as "senior moments."

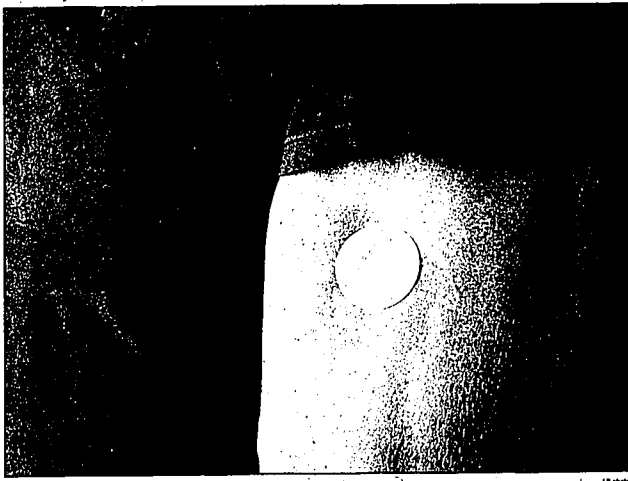
The study of 11 nonsmoking patients ages 60 to 90 found that four weeks of wearing a nicotine patch halved the time it took them to make decisions on a standardized memory test. They scored better on standard measures of mental focus and attentiveness, while reporting improved memory. The low-dose nicotine patch worked without such side effects as increased heart rate, blood pressure and weight loss, all of which are associated with higher doses. One participant dropped out because of nausea.

Nicotine, the study demonstrated, can improve memory and attention even at the earliest stages of memory loss, said co-author Edward D. Levin, a behavioral pharmacologist. It might even slow mental decline.

But people having difficulty recalling simple facts, such as names or phone numbers, shouldn't rush out to buy the patch, experts say. Nicotine is only FDA-approved for smoking cessation, and the long-term safety of nicotine patches hasn't been proven in large studies.

Levin also cautioned against smoking because cigarettes' health risks far outweigh nicotine's benefits.

The findings, published in an online edition of the journal *Psychopharmacology* and awaiting publication in the printed version, suggest that nicotine-like drugs being developed by several pharmaceutical companies might provide a similar memory-boosting benefit.



Nicotine patches, approved for smoking cessation, appear to have a positive effect on age-associated memory loss.

lial pharmacologist. It might even slow mental decline. But people having difficulty recalling simple facts, such as names or phone numbers, shouldn't rush out to buy the patch, experts say. Nicotine is only FDA-approved for smoking cessation,

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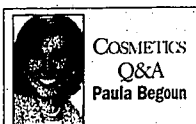
The findings, published in an online edition of the journal *Psychopharmacology* and awaiting publication in the printed version, suggest that nicotine-like drugs being developed by several pharmaceutical companies might provide a similar memory-boosting benefit.

# Fragrance-free facial cleansing cloths make sense

DEAR PAULA: Most of the facial cleansing cloths I've been trying are so fragranced they make my eyes water. I would love to find one that isn't loaded with waxy fragrance. If someone knows you do.

—SHANNON, PALM SPRINGS, CALIF.

DEAR SHANNON: Fragrance is a problem for lots of women because it is such a strong aller-



gen or sensitizer. Olay's new Daily Facials Express Wet Cleansing

Cloths Sensitive Skin (\$5.99 for 30 cloths) is probably what you've been looking for and the price is right too. These pre-moistened cloths are ready to cleanse right out of the package and they contain no fragrance or drying cleansers. While you're at the Olay section of the drugstore, consider trying Olay's Regenerist Enhancing Lotion SPF 15 (\$16.99 for 2 1/2 ounces). It is a great

option for daytime a dry moisturizer that also has excellent sun protection, a powerful combination any time of year.

Paula Begoun is the author of "Don't Go to the Cosmetics Counter Without Me (6th edition)" (Beginning Press, \$27.95). Write to her at 13075 Gateway Drive, Suite 160, Seattle, WA 98168 or check out her Web site: [www.cosmeticscop.com](http://www.cosmeticscop.com)

# Attitude

Continued from B1

a "definitive size-12 customer," which in the dimensions of designer garments means her figure was significantly flawed. She was also from Detroit, and in the fashion industry, that is the equivalent of being from the middle of a cornfield.

The woman began to pepper Karan, who recently lost significant amount of weight, with questions about her fitness routine and diet. She also wanted Karan's opinion on the wardrobe she'd just purchased.

"She puts on the clothes, and I have to tell you I did not like her in them at all," Karan says. "It is going to be a little risky, but I'm going to do a complete changeover on you. Are you prepared to handle this? I think you're buying all the wrong clothes for your body."

"I'm going to give you a body dress, a cashmere body dress," Karan told her. "Everything else that will go over it is going to complement it. And this is going to be your uniform right now. I said, 'Pick up your skirt. Let me see your own your knees to your toes. You have brilliant legs, and all you're doing is hiding your body.'"

"In 25 minutes, in all my years, I have never seen such a transformation," Karan says. "I wish I had a video camera to film the before and after..." She went from a very nice lady to a hip New Yorker.

# Disorders

Continued from B1

There are more than 80 recognized sleep disorders, and tens of millions of Americans will suffer from them in their lifetimes. The most common, insomnia, has 30 potential causes.

People with sleep disorders generally don't get enough deep sleep: the slow-wave sleep that rests the body and/or the rapid-eye-movement (REM) sleep that rests the brain.

The most prevalent problem nowadays is obstructive sleep apnea, which is a blockage of the airway at the back of the throat that happens when soft tissue collapses and closes during sleep. In addition to the many health consequences of insomnia, it has been linked to heart disease.

"With sleep apnea, your sleep is disturbed repeatedly," Christensen said. "So the next morning, you're tired."

Depression and sleep disorders also go hand in hand, Christensen said. "If you're depressed, you often have sleep disturbances, and if you can't sleep, you're often depressed," she said.

Alcohol—prevalent this time of year—is a major trigger of insomnia, she says.

"Alcohol disrupts normal sleep patterns," she said. "As a result, in many cases, you sleep less at night and are tired the next day." Not surprisingly, Christensen is

no fan of caffeine.

"Caffeine can stimulate you, but it doesn't solve the underlying problem," she said. "But it can cause sleep disorders in itself; never use it after 6 o'clock at night."

The same applies to eating a heavy meal and its frequent consequences—heartburn, or esophageal reflux.

"Eating too close to bedtime isn't a good idea," she said.

If you have problems waking up, Christensen might recommend a sleep evaluation, which consists of examining your sleep history and doing a sleep study.

The latter involves spending a night in a sleep lab, wired, strapped and miced. Tests monitor brain waves, eye movement and chin-muscle tone. Medical staff which of the five stages of sleep the person is experiencing. A microphone measures snoring; a probe on the finger gauges oxygen levels; and bands around the belly and chest note movement.

A special device around the nose and mouth measure air intake, especially important for diagnosing sleep apnea, a disorder in which the muscles in the

throat collapse during sleep, closing the airways. The test also shows when you goes from deep sleep to light sleep.

Sleep disorders are treatable, Christensen says, and daytime sleepiness isn't destiny.

"If you can't wake up, it means you're not sleeping at night," she says. "You can change that."

—The Fort Worth, Texas, Star-Telegram contributed to this report

Times-News writer Steve Crump can be reached at 735-3223, or write to him at [scrump@magicvalley.com](mailto:scrump@magicvalley.com)

# Class discusses caesarean childbirth

Cesarean childbirth class will be offered from 6:30-9 p.m. Tuesday in the Sage Room of the Education Center at Magic Valley Regional Medical Center in Twin Falls.

The class will include information on cesarean deliveries, postpartum care, hospital procedures and non-reforming labors. Cost is \$20. Preregistration is not required. For more information, call 737-2166.

## Diabetes education

A free community education class, foot care and diabetes, will be offered from noon to 2 p.m. Jan. 5, 2004, in the lower level conference room, at the Magic Valley Regional Medical Center's downtown campus, 660 Shoshone St. E., Twin Falls.

The class will include information on foot care to prevent diabetes complication. Free foot exams will be provided.

Preregistration is required. To register, call 737-2166.

## To do for you

### Weight loss support

New Beginnings of Magic Valley, a weight loss surgery support group, will meet from 7-9 p.m. Jan. 5, 2004, in the doctors' meeting room on the lower level at Magic Valley Regional Medical Center in Twin Falls. The support group is for those interested in learning more information about weight loss surgery or for patients who have undergone the surgery.

For more information, call Gale Carlock at 733-4407.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's *Health & Fashion*. Mail notices to: *The Times-News*, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

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**NEW WRINKLES ON OLD PROBLEMS**

**G. Adrian Dean, M.D.**

Q. I will be 62 next month and whenever my blood pressure is taken it is called borderline or prehypertensive. What does this mean and is it dangerous to my health?

A. According to the guidelines of the National Heart, Lung, and Blood Institute, "prehypertension" is common to 45 million Americans or about 22% of us. Prehypertensive individuals include those with a systolic blood pressure of 120-139 or a diastolic pressure of 80 to 89. Blood pressures rise steadily with age, in the U.S., as does the mortality rate from heart attacks, strokes and other vascular diseases when the blood pressure goes up. Also, the risk of dementia in the elderly appears to be reduced by lowering the blood pressure. Thus the NHLBI recommends close monitoring of your blood pressure, with special attention to lowering salt in the diet and weight reduction. Treatment by your family doctor should not be neglected.

Mountain View Care Center for the Elderly  
500 Park St. E.  
Ketchikan, ID 83324  
208-423-5591

Sleep

Continued from B1

2. Deep breaths and bubble baths.

Tired bodies are already physically stressed. Add to that the barrage of daily mental stressors...

Actually, it's both. "The first 24 hours after a person is sleep-deprived, the adrenaline burst may make them a bit more focused," Griffin notes...

Solution: Take a short break from a stressful environment. Ask for other people's help. Postpone saying yes immediately to every request...

Another thing to consider: Obesity is a risk factor for sleep apnea, a potentially dangerous sleep disorder.

3. An apple a day (hold the caramel, please).

Here's something you haven't heard before: The American diet stinks. It's not just our affection for fast food, supersized portions and mega "big burp" sodas...

We have a unique situation in this country's high-calorie malnutrition. "With the body running on so little fuel, it's no wonder we're sluggish."

And then there are those familiar sugar cravings, triggered by a lack of sleep, Teitelbaum explains. Tired people have, as we know, decreased adrenal function and suppressed immune systems...

Solution: You don't need us to tell you that Krispy Kremes and curly fries are not keeping your body happy. Smaller, more frequent meals five times a day are better than fewer, big meals, says Jon Gordon...

And there's no excuse for skipping breakfast, stresses Gordon (who signs off his phone conversations with "Go get that energy!"). Hard-boiled eggs and cut up beefsteak the night before, he suggests, and grab it on your way out the door.

4. Dread not the treadmill.

The last thing most of us want to do when we're tired is exercise. But we inevitably feel more energized and mentally sharper after we do it. That's because exercise increases oxygen consumption and releases hormones that make us happier (i.e. less stressed). There's always been anecdotal evidence that peo-

ple who exercise regularly sleep better, but only recently have studies proven a significant connection. "I'm always full of energy," says Annette Perez. "People think I'm a freak."

When Perez first appeared at David Dubal's Miami fitness center, she was sleeping so poorly that four workouts per week nearly killed her. Now she's 60 pounds lighter and juggling her own accounting business - on top of working full time for an eye-care center.

And she still gets her rest. Perez, the mother of a 17-year-old, will switch off the lights at 8:30 p.m. if she knows she has to fit in a 5 a.m. workout the next day.

Obesity is a risk factor for sleep apnea, a potentially dangerous sleep disorder.

Solution: Just do it. "All you need is a pair of shoes and a place to walk," says Gordon. "If you can't get 20 to 30 minutes in, justional walk for 10 minutes. Early-morning workouts can jump-start a day for some people. But for individuals with sleep problems, the sleep foundation recommends exercising after noon and at least three hours before bedtime. Less-fit individuals might even want to start exercising six hours before bedtime, according to sleep disorders specialist Dr. Richard Simon.

5. Resist the quick fix.

"I drink a lot of those energy drinks called Red Bull. I pop those like shots," says Terrence Edwards, 33, Grand Prairie, Texas. The sleep/fitness/nutrition professionals are all in agreement about the negative nutritional value of caffeinated drinks and sugary pick-me-ups. In fact, caffeine and sugar are "loan sharks for energy," says Teitelbaum.

People tend to feel increased energy in the hour after they have ingested those things, but two to three hours later they tend to feel worse than they did originally.

Over-the-counter medications are OK for occasional sleeplessness, says Dr. David Ostransky, medical director of the North Texas Lung and Sleep Clinic. But if the sleeplessness persists for more than several weeks, he recommends that individuals begin exploring the underlying cause of their poor sleep with a health professional.

Solution: You wouldn't need the quick fix if you weren't getting enough sleep to begin with. Not that it's a solution, but catching up on the weekends can be helpful, says Ostransky. "You should have a pretty regular sleep-wake cycle that you can abide by most of the time. But we all live our lives," Ostransky notes. It would be silly to try and get to bed by 10 p.m. on Saturdays if that's one of the rare evenings that you have to socialize.

The most important thing is "to get the appropriate duration of sleep," Ostransky says, and if that means sleeping in on the weekends, or sneaking in a nap, then fine.

6. Quit your job! (OK, just take a vacation day.)

Work falls under the stress category, to be sure, but it's also worthy of its own heading when it comes to sleep. That's because Americans work more hours than people in any other industrialized nation. In 2002, Americans averaged 1,978 hours of work annually, compared with 1,942 in 1990. Forty percent of us work more than 50 hours a week.

But it may be more stressful, and tiring, to be "out" of work in the current economy. Business hours laid off more than a million work-

ers since November 2001.

Solution: There is a movement afoot to slow the frenetic pace of work in America - to cure what author Joe Robinson has called our "vacation deficit." Robinson, whose "Work to Live" book and campaign have touched a national nerve, calls for congressional action to institute a paid-leave law: three weeks vacation after one year on the job and four weeks paid vacation after an employee's third anniversary at work.

"This law would insure that all Americans are protected against the stalling, chilling and canceling of vacation time," says Robinson's Web site, "and it would legitimize time away from work so that people who are on vacation don't have to fear that their jobs are in jeopardy while they're gone or feel guilty that they're not on the job. This way Americans can actually begin to enjoy themselves when they're not working. What a wonderful thing."

For tired people who can afford to cut back their hours or take a less-stressful position, Griffin (who did so herself) encourages it. "We're trying to cram more into our day," she says, "and I think at the same time we're not really living."

7. Slow down the kids.

"In general, when you have children, the total amount of time you have to sleep is markedly less," Ostransky says. "The younger the children, the more impact it does have."

No offense to the precious kids, do you half-pints are wearing your parents out! Infants that wake every few hours, toddlers with nightmares, older children that still like to sleep in mom and dad's bed. Sleeping is hard enough for parents, but then there's also the drain of daytime activities: carpool, homework, debate club, baseball team, birthday parties, sibling squabbles, etc. A Harris Interactive survey found 44 percent of parents saying they wake up earlier than usual to prepare kids for school.

Not to deter anyone planning to have kids, of course. But it's stressful and time (i.e. sleep) consuming to be a parent. "When you're dealing with a family and young kids, there's always something to do," says Kelvin LaFond, a 42-year-old Fort Worth firefighter and father of two kids, 8 and 10.

For Vipha Phimpichachan, a

Haltom City, Texas, single mother of two, finding time to relax during the day means staying up later than she would if she were childless. "I work from 8:30 to 5:30, pick up my kids from my grandma's house and help them with their homework," she says. "Then there's, of course, dinner and when I'm done putting them down to bed by 9 p.m. I want some time to myself."

Solution: The answer for David Kirkpatrick, a Colleyville father of four (including a 11-year-old triplets), was cutting back on after-school activities.

Some experts have recommended no more than seven hours of after-school activities per week. Helping kids wind down in the evening by avoiding computer, television and phone use close to bedtime will probably help parents wind down, too.

8. Unplug your modem.

Researchers are curious to know the role our 24-hour, high-tech, multimedia society plays in sleep deprivation. Anecdotally, it would seem like a big one: all-night grocery stores and restaurants around-the-clock cable television and Internet access; a global economy, notes Becker, that relies on markets 10 time zones away.

"The human is poorly designed to try and work at night," Becker says. "The internal biologic clock, the circadian rhythms, are at their very lowest ebb in the middle of the night. It's not that you're just getting sleepy, your whole body is trying to slow down."

"You're really intended to be in a quiet, dark, comfortable place at that time, so you can get your rest."

Solution: Ostransky believes that individuals who are genetically more susceptible to sleep disorders are, indeed, "more prone to be affected by external influences." But there are simple, "common-sense" solutions to unplugging from the modern world. "If you're really having trouble falling asleep at night, you don't need to be answering a lot of e-mails' right before bedtime and 'watching 'Terminator 3' at 11 o'clock," he says.

Other suggestions include removing computers, televisions and other distractions from bedrooms, and making sure the room is sufficiently dark.

9. Admit your denial.

There are people who are simply loathe to say they're tired. One colleague told me (and then quickly ducked for cover) that he thought being tired was a "woman thing." Several women interviewed suggested that men equate being tired with being weak.

Whatever the gender lines, there remains a "general sense that sleeping less makes you a more productive person, a more efficient person, a stronger person," says Griffin. "People say, 'I don't need that much sleep. I can get by six hours,'" notes Sieg. "I think they're

deluding themselves." Griffin concurs. "They are 'getting by.' But also remember that in getting by they are running around with elevated levels of stress hormones, possibly on a more chronic basis, and we do know that there are health effects, not least among them are reduction in immunity."

Solution: Be honest with yourself about how much sleep you need. Adjust your work schedule, start eating breakfast, or make up your mind, like Griffin did, "that my house is not going to be the nicest, neatest, prettiest, best-decorated home on the block."

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MORNING BREAK/WORLD

# Woman wonders if man is trustworthy

**DEAR ABBY:** I was physically and emotionally abused by my parents. Mother left home when I was 11. When I was in my early 20s, I was attacked and raped by a stranger. I have been through many abusive relationships and several failed marriages. My last two boyfriends were sexually abusive. Now I'm afraid of men, and especially afraid of sex.



**DEAR ABBY**  
Abigail VanBuren

About a month ago, I met a man who seemed nice. He gave me his number a week later when I lost my job. I called him to see if he knew of any openings. He invited me over to look at his resume, and I went.

We began a deep friendship. I told him things about my past that gave me low self-esteem. He told me he had studied counseling and asked if he could work with me. I agreed.

His help has brought back many painful memories, and we are dealing with them together. He says things to improve my self-esteem. He believes in me and wants me to have a better future. He even hinted he'd like to be part of that future. His tenderness is incredible, and I find myself melting into his arms.

Now for the bad part: He told me that he spent 25 years in prison. Although he is no longer the same person who committed those crimes, he was incarcerated once for rape and two years later for sexual assault. He now has erectile dysfunction, so I know he couldn't do it again, even if he wanted to.

I am starting to care for him a lot, but at the same time I'm scared of him. I don't believe he would ever harm me, but ever since he told me the truth, I've been having nightmares about someone chasing me and trying to hurt me.

Should I stop seeing him? He does everything he can to reassure me that he won't hurt me, and I want to believe him. Please help.  
—SCARED IN FLORIDA

**DEAR SCARED:** Your subconscious may be warning you. A synonym for "chased" is "pursued," and in a sense, this man is pursu-

ing you. He is not a licensed therapist. He is a serial perpetrator of sex crimes. Sexual assaults are sometimes less about sex than they are about control. In other words, rape is not always physical; it can be emotional.

Although you may be infatuated, you have only known this man for a month. That's not long enough to make rational judgments. You may have placed your self in the hands of a skilled manipulator as well as a sexual deviate.

Do not allow an amateur to dabble with the strudel in your noodle. If you want to conquer your problems, consult a qualified, licensed therapist.

P.S. Did he help you find a job, or were you lured to his dwelling to be seduced? Only you can answer that.

**DEAR ABBY:** My cousin, "Debbie," will be married next October. We have never been close. She was supposed to be in my wedding, but she never showed up for the fitting, so I replaced her with a friend.

My dilemma: She told me my husband is not invited to her wedding because the dinner is \$100 a plate and no spouses or boyfriends are allowed.

What do you think I should do?  
—INSULTED IN OHIO

**DEAR INSULTED:** Politely inform cousin Debbie that you will be unable to attend her wedding, and send a small token gift instead. She is obviously ignorant of the fact that a married couple, unlike boyfriends and girlfriends, are officially one unit, and that it is a breach of etiquette to invite one and exclude the other.

# Party allied to Milosevic makes gain in elections

**BELGRADE, Serbia-Montenegro (AP)—**An extreme nationalist party allied to former strongman Slobodan Milosevic won Serbia's crucial parliamentary elections Sunday but failed to get the majority needed to govern on its own, according to exit polls.

The Serbian Radical party won 27 percent, said the independent Center For Free Elections and Democracy, whose exit polls have been highly accurate in the past. The moderate nationalist Democratic Party of Serbia came second with 17 percent, while the governing pro-Western Democratic Party was third with about 13 percent.

The moderate nationalists have previously ruled out a coalition with the Serbian Radical Party. That would enable the pro-democratic parties that toppled Milosevic in 2000 and extradited him to the U.N. war crimes tribunal in 2001 to form a coalition government — if they can set aside their deep differences.

"The official (election) results may differ slightly but the general trend will remain," said Zoran Lucic of the Center For Free Elections.

Voters were choosing between ultranationalists and the pro-democracy parties that ousted the Serbian autocrat in 2000 but failed to fulfill expectations.

Both Milosevic and ultranationalist ally Vojislav Seselj of the Serbian Radical Party were candidates — despite being held for trial by the U.N. war crimes detention unit in The Hague, Netherlands. Two other indicted war crimes suspects from other parties were also running.

entire Balkans, still recovering from four wars fomented by Milosevic and his loyalists in the 1990s.

The Center for Free Elections and Democracy reported final turnout of about 60 percent, the highest since parliamentary elections defeated Milosevic's Socialists three years ago, when 70 percent voted.



## 2003 "Lifetime Achievement Award" and 2003 "Person of the Year Award"

The Chamber's 2003 *Lifetime Achievement Award* is given to an exceptional member of our community. This person has been a resident of our community for at least ten years and has done an outstanding job of serving our Magic Valley Community. This individual should have shown the volunteerism, service and dedication that have significantly added to our area's quality of life in his or her business and personal life.

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- Biographical information
- Club or service work
- Church activities
- Volunteer work

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Nominations for both awards must be received at the Chamber office by December 31, 2003

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# U.N. inspectors visit nuclear sites in Libya

The Washington Post

TRIPOLI, Libya — U.N. weapons inspectors visited four nuclear facilities in Libya on Sunday for the first time, in keeping with a recent Libyan promise to give up its nuclear arms program.

The director of the International Atomic Energy Agency, Mohamed ElBaradei, and a team of inspectors toured the facilities, including the small experimental Tajura reactor, which has been identified by Western diplomats as the heart of the Libyan program.

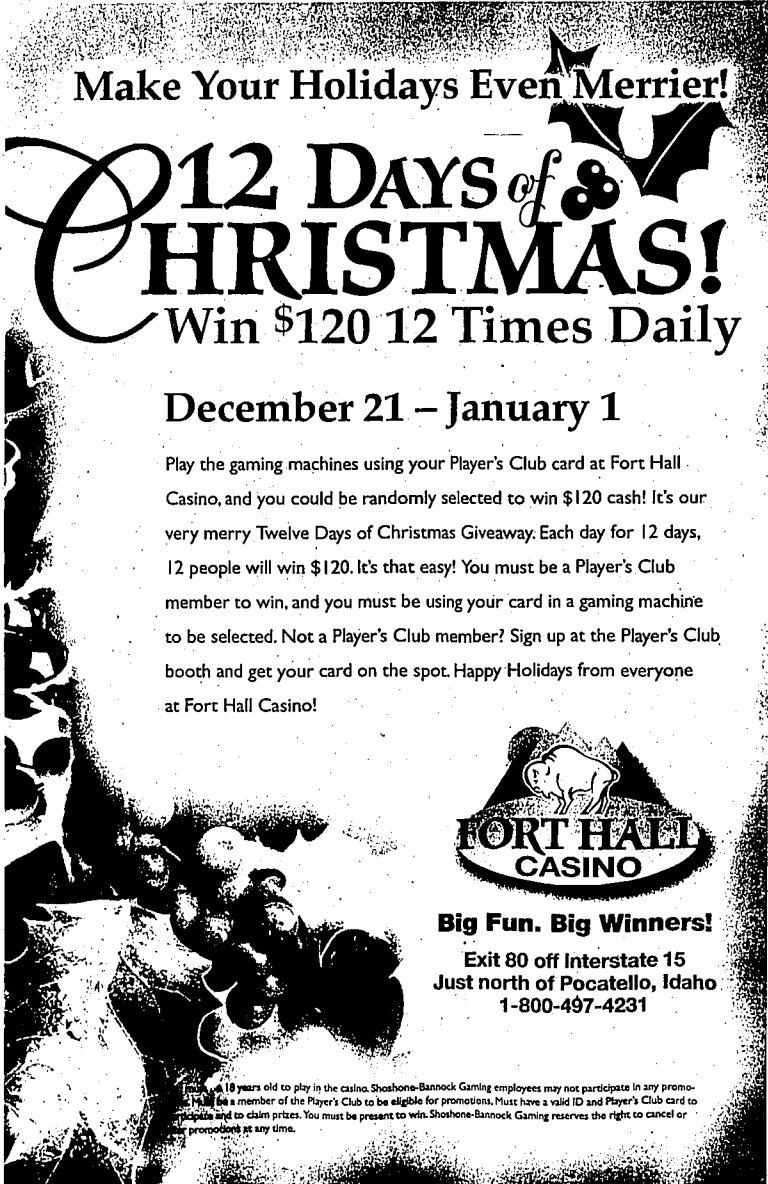
The inspections at the sites, all in the Tripoli area, kicked off a process that IAEA officials said would be long and laborious, and would include an accounting of Libya's efforts to build an atomic bomb, the dismantling of equipment deemed usable for weapons production and ongoing monitoring.

"They promised us access and delivered," Mark Gwozdecky, an

IAEA spokesman, said of the initial outing.

ElBaradei also met with the chief of Libya's nuclear program, Matouk Mohammed Matouk. Jacques Baute, who heads the IAEA's Nuclear Proliferation Verification Office, and Pierre Goldsmith, the IAEA deputy director and veteran inspector in Iran, also attended the meeting. In the evening, the IAEA team worked with Libyan officials on a long-term inspections scheme. ElBaradei is scheduled to leave Monday. Three inspectors will remain behind and three more will join them soon, Gwozdecky said.

The inspections followed months of secret talks among Libyan, U.S. and British officials in which the Libyans decided to reveal their program. The United States had accused Libya of trying to produce nuclear weapons in violation of the Nuclear Non-Proliferation Treaty.



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Need a puzzle? See Morning break on A-12.

Sorry -- We No Longer Accept Checks at ALL Interstate Amusement Theatres  
Your Movies from December 26 to 31

**the ORPHEUM** 164 Main Avenue Twin Falls 738-2400  
Adults \$5.00 before 5:15 pm on Weeknights

**Mona Lisa Smile (13)**  
Daily at 7:00 - 9:20 Sat - Sun 2:20 - 4:40 - 7:00 - 9:20

**Twin Cinema 12** 169 Easting Twin Falls 738-9400  
Adults \$5.00 before 5:15 pm on Weeknights

**Washu Elf (PG)**  
Today 12:15 - 2:30 - 4:45 - 7:30 - 9:45

**Cold Mountain (R)** Today 1:30 - 5:45 - 9:15

**Stuck on You (PG)** Today 1:00 - 4:00 - 7:00 - 9:30

**Surviving Santa Claus (G)**  
Today 1:00 - 4:00 - 7:00 - 9:30

**Lord of Rings 3: Return of the King (13)**  
Cinema #6 - Dolby Digital 1:00 - 7:30  
Cinema #8 - Dolby Digital EX 2:00 - 7:15  
Cinema #9 - DTS Digital 12:00 - 4:15 - 8:30  
**Bad Santa (R)** Today 7:40 - 9:50

**the ODYSSEY 6** Inside Magic Valley Mall TE 734-2400  
Adults \$5.00 before 5:15 pm on Weeknights

**The Last Samurai (R)**  
Today 12:30 - 4:00 - 5:45 - 7:30 - 9:15

**Gothika (PG)** Today 12:30 - 4:50 - 9:15

**Peter Pan (PG)** All New Live Action  
Today 1:00 - 4:00 - 7:00 - 9:30

**Love Don't Cost a Thing (13)**  
Today 2:40 - 7:00

**Missing (R)** Today 12:45 - 3:45 - 6:45 - 9:30

**Looney Tunes (G)** Today 12:30 - 2:40

**Faycheck (13)** Today 1:15 - 4:15 - 7:15 - 9:45

**Jerome Cinema 7** 915 West Main Jerome 734-9400  
Adults \$5.00 before 5:15 pm on Weeknights

**Mona Lisa Smiles (13)**  
Today 1:00 - 4:00 - 7:00 - 9:30

**Lord of Rings 3: Return of the King (13)** Today 2:00 - 7:30 - DTS Digital

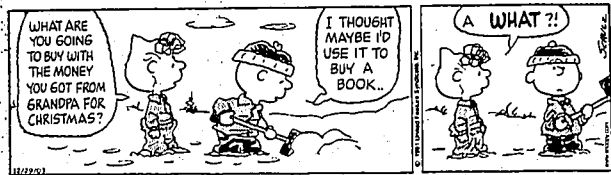
**Cheaper by the Dozen (PG)**  
Today 12:30 - 2:40 - 4:50 - 7:15 - 9:15

**Faycheck (13)**  
Today 1:00 - 4:00 - 7:00 - 9:45

18 years old to play in the casino. Shoshone-Bannock Gaming employees may not participate in any promotion. Must be a member of the Player's Club to be eligible for promotions. Must have a valid ID and Player's Club card to participate and to claim prizes. You must be present to win. Shoshone-Bannock Gaming reserves the right to cancel or postpone at any time.

Classic Peanuts

By Charles M. Schulz



For Better or For Worse

By Lynn Johnston



Dilbert

By Scott Adams



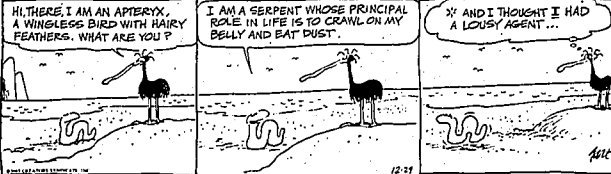
Blonde

By Dean Young & Stan Drake



B.C.

By Johnny Hart





CLASSIFIEDS

733-0931 Extension 2 Twin Falls 1-800-658-3883, Ext. 2 677-4042 Burley

www.magicvalley.com

To Place An Ad By Phone By Fax By E-mail In Person BUSINESS HOURS: MONDAY - FRIDAY 8:00 AM TO 5:30 PM

Line Ad Deadlines table with columns for Publication Day and Deadline.

Policies: All advertising is subject to the newspaper's standards of acceptance. The Times-News reserves the right to edit, abbreviate, decline or properly classify any ad.

THESE FINE CARDS, CASH, CHECK AND MONEY ORDERS ARE ACCEPTED FOR PRE-PAYMENT.

- 100 ANNOUNCEMENTS 050 Legals 101 Lost & Found 102 Card of Thanks 103 Dietary Aids 104 Personals 105 Happy Ads 106 Special Notices 107 Abortion Alternatives 108 Professional Services 109 Health & Wellness 110 Home/Health Care 111 Entertainment Service 113 Child Care Services

- 400 EDUCATION 401 Schools/Instruction 402 Music Lessons 403 Tutoring 500 REAL ESTATE FOR SALE 501 Open House 502 Homes for Sale 510 Out-Of-Area Homes 511 Out-Of-State Homes 512 Farms/Ranches/Dairies 513 Acreages and Lots 514 Income Property 515 Commercial Property 516 Vacation Property/ Time Shares 517 Condominiums 518 Mobile Homes 519 Cemetery Lots 520 Money to Loan 521 Real Estate Wanted 522 Real Estate Wanted

- 600 REAL ESTATE RENTALS 601 Furnished Houses 602 Unfurnished Houses 603 Furnished 604 Apts/Duplexes 605 Unfurnished 606 Apts/Duplexes 607 Rooms For Rent 608 Mobile Homes 609 Office & Retail Rentals 610 Commercial Rentals 615 Farm Auctions 616 AG Business & Service Directory 617 Pastures For Rent 618 Pastures Wanted 619 Farm Auctions 620 AG Business & Service Directory 800 MERCHANDISE 801 Antiques & Collectibles 802 Appliances 803 Bazaars & Crafts 804 Building Materials 805 Electronics 806 Hot Tubs & Pools 807 Clothing & Furs 808 Computers 809 Firewood

- 810 Furniture/Carpet 811 Heating & Air Conditioning 812 Auctions/Auctioneers 813 Jewelry 814 Lawn & Garden 815 Exercise Equipment 816 Miscellaneous For Sale 817 Musical Instruments 818 Office Equip./Supplies 819 Bicycles 820 Tools & Machinery 821 Variety Food/Svcs. 822 Wanted To Buy 823 Medical Supplies 824 Guns & Rifles 825 Camping & Hunting Equipment 826 Sporting Equipment 827 Garage Sales 828 Flea Markets 900 RECREATION 901 ATVs & Motorcycles 902 Boats & Accessories 903 Campers & Shells 904 Motor Homes & RVs 905 Snow Vehicles 906 Travel Trailers 907 Utility Trailers 1000 TRANSPORTATION 1001 Aviation 1002 Auto Parts & Accessories 1003 Autos Wanted 1004 Antiques & Collectibles 1005 Semis & Heavy Equipment 1006 Trucks 1007 Truck Parts & Accessories 1008 SUV's 1009 Vans & Buses 1010 Autos for Sale 1011 Imports & Sports Cars 1012 Stock Cars 1013 Auto Services & Repairs 1009 Auto Dealers 1000 Service Directory

LEGALS NOTICE Notice is hereby given that the City of Hanson Planning & Zoning Commission that a public hearing will be held at City Hall (388 Main St.) on Monday, January 12, 2004 at 6:30 p.m. to hear a request from Jim Bartholome for a special use permit to build and maintain a storage yard at 257 Rock Creek Road. Residents are encouraged to attend and comment on this matter.

LEGALS NOTICE The Board of Reclamation (Reclamation) announces requests of proposals for a pilot water rights leasing program for 2004. Reclamation will lease water rights for flow augmentation from qualified applicants who are willing to place their Snake River water rights or a portion of their water rights into the Idaho State Water Supply Bank. Proposals must be received in writing by January 16, 2004. Under this program, land appurtenant to the leased water right will be titled. Only water rights with a priority dates of 12/20/76 or earlier are eligible. For more information or an application contact Ruth Page of Reclamation's Pacific Northwest Regional Office at 208-378-5382.

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FOUND dog, brown, long hair, by Victory Bridge, call 208-733-8766

ATTENTION CLASSIFIED ADVERTISERS Please check your ad on the first day. If you find an error we will correct it. We are not responsible for errors after the first day of publication.

FAX YOUR AD TIMES-NEWS CLASSIFIED DEPARTMENT 208-734-5538 or 208-677-4543 (Burley)

PROFESSIONAL SERVICES BANKRUPTCY Competitive rates on Chapter 7 bankruptcies. Jeff Stoker at 734-8452

EMPLOYMENT CLERICAL The Times-News has the following full-time community clerk job opening in late December.

NOTICE OF ANNUAL MEETING You are hereby notified that the Annual Meeting of the First Federal Savings Bank of Twin Falls will be held at the Main Office of First Federal Savings Bank, 383 Shoshone Street North, Twin Falls, Idaho on Wednesday the fourteenth day of January, 2004, at 2:00 p.m., for the purpose of electing three Directors - each to serve a term of three years, the presentation of the Management's Annual Report, and for such other business that may properly come before such meeting.

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REWARD \$100 LOST Pointing Griffin. Sky Dairy, brown, male, collar w/ tags. Friendly. Call 208-213-7145

A FRIENDLY REMINDER It is against Twin Falls City Ordinance to top trees that are in the City's right-of-way.

REMEMBER That birthday ad you placed some time ago in The Times-News? Now is the time to come pick up your pictures. Stop by The Classified Dept. today!

CHILD CARE SERVICES EXPERIENCED day care & pre-school. Days/Weeks. Licensed/CCP. 324-6462

Send resumes to Pat Marcantonio, Community Editor The Times-News, PO Box 548 Twin Falls, ID 83303. Email: patm@magicvalley.com

NOTICE OF TRUSTEE'S SALE T.S. No. 20020225-14835 Loan No. 306818 On 02/24/2004 at 11:00 a.m. (recognized local time), at the following location in the County of Twin Falls, State of Idaho: In the lobby of First American Title Company, 260 Third Avenue North, Twin Falls, ID 83301.

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IMPORTANT Please address all legal advertising to: The Times News, PO Box 548, Twin Falls, ID 83303-0548

FOUND German shorthair, brown, has some white on his muzzle, wearing collar. We can't keep him. Please call 208-224-2427

FOUND set of 4 keys at Kimberly Nurseries. Please call to identify. 208-733-2717

FOUND Tarric mix, young female, golden, silver chain, well mannered. Call 543-5651

LOST LABORER HELMETS REWARD. West of Buhl on 12/08/03 PM. Both neckered males, 1 adult chocolate, 1 young or black with collars & tags. Call 208-543-5341

NOTICE OF PUBLIC MEETING Pursuant to Idaho Code § 67-2343, notice is hereby given of an open public meeting of the Twin Falls, Idaho Planning Commission.

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**COAL, LUMP & STOKER**  
Delivered or U-Haul  
Moon's, Inc. 208-224-5633  
FIREWOOD dry hardwood  
split, delivered & stacked.  
\$130. Call 326-5495.

**610 FURNITURE & CARPETS**

**BEDROOM SET** 5 piece,  
Brand new, still in box.  
Bed, rails, dresser, mirror,  
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sacrifice \$399. Can  
deliver. 208-420-6350

**BUNK BEDS** for sale.  
Wood, form an L-shape.  
208-324-9143, ask  
for Stephanie.

**CANOPY**, black iron WITH  
QUEEN MATTRESS &  
BOX. New, still in plastic.  
Sacrifice \$299. 420-6350

**ENTERTAINMENT CENTER**  
Large oak, holds up to  
35". 55" H. \$1500. Offer,  
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**MATTRESS AND BOX SET FULL**. New still in  
plastic, 1st \$329 sacrifice  
\$99. 208-420-6350

**MATTRESS**, Queen pillow  
top and box set, new,  
still in plastic, sacrifice  
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**SLEIGH BED** \$249. Solid  
wood, brand new still in  
boxed. Lat. \$800. Sacrifice  
\$249. 208-420-6350

**TWIN MATTRESS & BOX SET FULL**, new condition, \$75  
sacrifice. Black from future  
\$100. Call 208-732-8222

**EARTH STOVE** with Oak-  
lay stone hearth. \$800. Offer  
for Call 208-349-9528 or  
208-312-5529

**PELLET STOVE** Wood-  
field Advantage, great  
condition. \$425.  
208-823-4473.

**SHOP HEATERS**  
suspended gas, outside  
vent. (1) 260,000 BTU  
\$500 (1) 220,000 BTU  
\$450 (1) 60,000 BTU  
\$300. Call 208-539-4520

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Committed to  
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Select consignments  
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Serving the Magic Valley

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The Times-News  
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calendar, everyday  
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**616 MISCELLANEOUS**

**A FRIENDLY REMINDER**  
It is against Twin Falls  
City Ordinance to top  
trees that are in the  
City's right-of-ways  
For more information  
call 736-2265

**TINGEY'S RAINBOW FARM AND ORCHARD**  
Garden and orchard design,  
planting, maintenance.  
Booking now for  
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friendly. 423-4888.

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Circa 1800's, fully restored  
hump back & flat top,  
various sizes & prices.  
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**COMPUTER DESK**, \$45.  
Bumper pool slate, \$55.  
Pine mt table, L-shape,  
\$145. TV, \$35. 320-2510

**FREE 3 room Direct TV**  
system including installation.  
FREE 3 months HBO  
movie package w/subscription.  
Access 225+ channels.  
Digital quality picture/sound.  
Conditions apply. Limited time offer.  
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**FREEZER**, chest, \$125.  
Pool table, \$175. Washer  
& S55. Display case, old oak,  
\$275. 208-320-2510

**HAIR SALON**  
Equipment & Furniture  
Call 208-543-6030.

**SWEDA cash register**,  
good cond., \$50. Fax machine  
99 Swinick, SF1210,  
\$20. Call 736-2039.

**817 MUSICAL INSTRUMENTS**

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DEPARTMENT  
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OR  
208-677-4543  
(BURLEY)

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**ACOUSTICAL & DRYWALL**  
Repair, Texturing  
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LaBarbera. Phone  
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Chuck's Custom  
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We have the right part  
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Daily-weekly-monthly  
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OR  
208-677-4543  
(BURLEY)

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Custom wood storage  
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We do what you can't.  
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Complete restoration for  
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Call Steve 208-732-0960\*

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We will pack & load.  
Move you from home to  
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Reasonable Rates.  
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25 years experience.  
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Wall repair, painting, wall  
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Free Estimates  
Also include new items.  
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Where our clients are our  
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Service  
Topping, shaping,  
removal, shrubs &  
stumps. Spraying  
fertilizer, lawn aeration  
& seeding.  
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**TREE SERVICE**  
Ray's Tree Service  
Removal, Trimming,  
Topping, Shrubs,  
Stumps  
Call 208-736-2571\*

**TREE SERVICES**  
TREES & STUMPS OF  
MAGIC VALLEY  
ISA Certified Wood lot  
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Tim Abbott 734-7919  
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**TRUCK DRIVING SCHOOL**  
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Truck Driving School  
Come get your Class  
A CDL with the best  
Call today  
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|---|---|
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| <b>2001 Ford Ranger S.C. 4x4</b><br><br>6 Cyl, Automatic, Cruise, CD Player, Power Locks, Power Windows, Tilt Wheel #R5101A<br><b>YOUR PRICE \$13,489</b>  | <b>2003 Ford Mustang Coupe</b><br><br>AC, Cruise, Power Seat, Power Locks, Power Steering, Power Windows #R5084A<br><b>YOUR PRICE \$11,595</b>                      |
| <b>2003 Ford Windstar LX</b><br><br>AC, Cruise, Power Seat, Power Locks, Power Steering, Power Windows, Rear Defrost #R5091A<br><b>YOUR PRICE \$14,499</b> | <b>2002 Ford Escape XLT 4x4</b><br><br>AC, Auto, Cruise, Power Seat, Power Locks, Power Steering, Power Windows, Rear Defrost #R4950A<br><b>YOUR PRICE \$15,995</b> |

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Burley  
GOOD MOTOR AUTO GROUP  
BURLEY



Classified Line Ads

# 4 LINES \$14

10 DAYS

For items under or adding up to \$1000 (Maximum of 4 items)  
\$2 each additional line. Private Party only. Merchandise only.

Call 733-0931 Ext.2 or 677-4042

**REMEMBER** that birthday ad you placed some time ago in *The Times-News*? Now is the time to come pick up your pictures. Stop by The Classified Dept. today!

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**POLARIS** '00 800 RMK, 0 miles on new motor, 151" track 2000 mi., exc. cond., \$4395/offer. 731-1002

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When purchasing a vehicle, make sure that the title is in the name of the seller. Under Idaho motor vehicle code, a vehicle cannot be sold unless the title is in the name of the seller (exception: Idaho licensed dealer). The seller shall provide the new purchaser a signed bill of sale showing the following: Full description of the vehicle, vehicle identification number, amount paid and name(s) and address of the new purchaser. The bill of sale must be signed, dated and show actual mileage at the time of sale. If you have any questions, please contact your local assessor's office.

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Rob's Price \$22,188 WAS \$26,586

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Rob's Price \$22,519 WAS \$29,144

**2003 HYUNDAI TIBURON**  
Rob's Price \$17,488 WAS \$23,048

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Rob's Price \$11,988 WAS \$16,967

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**2003 CHEVY MALIBU** Rob's Price \$9,988 WAS \$14,995

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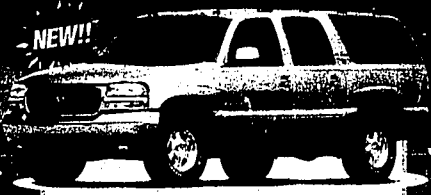
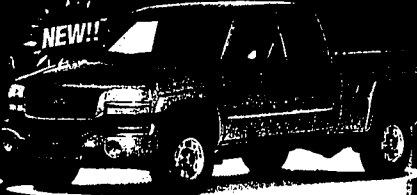
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 Green Disc. \$5,825  
 msrp \$41,570  
 Stock #02022  
**Rob's Price \$32,045**

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 Rebate \$3,000  
 Green Disc. \$4,537  
 msrp \$30,720  
 Stock #02370  
**Rob's Price \$23,483**

**2003 GMC YUKON XL**  
 Rebate \$4,000  
 Green Disc. \$7,009  
 msrp \$49,694  
 Stock #02020  
**Rob's Price \$38,685**



**2003 PONTIAC GRAND PRIX**  
 Rebate \$3,000  
 Green Disc. \$2,871  
 msrp \$27,350  
 Stock #02022  
**Rob's Price \$21,479**

**2003 PONTIAC GRAND AM GT**  
 Rebate \$3,000  
 Green Disc. \$4,668  
 msrp \$25,450  
 Stock #02020  
**Rob's Price \$17,782**

**2003 BUICK REGAL**  
 Rebate \$3,000  
 Green Disc. \$5,681  
 msrp \$28,835  
 Stock #02020  
**Rob's Price \$20,154**

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- |  |  |  |  |   |  |
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| <br>1998 FORD MUSTANG<br>Rob's Price \$9,998       | <br>2001 CHEVROLET METRO<br>Rob's Price \$4,998        | <br>2003 FORD EXPEDITION<br>Rob's Price \$26,640     | <br>1999 FORD EXPEDITION<br>Rob's Price \$15,440     | <br>2003 DODGE STRATUS<br>Rob's Price \$12,130    | <br>1999 CHEVROLET SUBURBAN<br>Rob's Price \$15,100  |
| <br>2003 DODGE CARAVAN<br>Rob's Price \$16,100     | <br>2002 FORD WINDSTAR<br>Rob's Price \$13,337         | <br>1999 CHEVROLET SUBURBAN<br>Rob's Price \$13,657  | <br>1998 CHEVROLET LUMINA<br>Rob's Price \$5,400     | <br>2003 OLDS ALERO<br>Rob's Price \$9,624        | <br>2000 JEEP GRAND CHEROKEE<br>Rob's Price \$16,160 |
| <br>1998 FORD WINDSTAR<br>Rob's Price \$5,900      | <br>1997 PLYMOUTH GRAND VOYAGER<br>Rob's Price \$5,760 | <br>1999 FORD F-350 CREW CAB<br>Rob's Price \$27,998 | <br>2003 CHRYSLER PT CRUISER<br>Rob's Price \$14,698 | <br>1999 GMC 1500 REG CAB<br>Rob's Price \$11,349 | <br>1998 CHEVROLET 3500 CREW<br>Rob's Price \$12,798 |
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