

The Times-News

Twin Falls, Idaho/99th year, No. 12

Monday, January 12, 2004

50 cents

GOOD MORNING

WEATHER

Today: Partly to mostly cloudy with patchy fog early. Tonight, scattered clouds. High of 40, low of 24. Page A2

MAGIC VALLEY

Schedules: School board maps out high school classes tonight. Page A4

SCHOOL DAYS

School spirit: Castleford cheerleaders perform. Page B6

HEALTH & FASHION



Weight and see: A group of Buhl women gets up early three mornings a week to pump iron - and they'd like some company. Page B1

SPORTS

Houston bound: The Indianapolis Colts advance to within one game of the Super Bowl with a 38-31 win over Kansas City. Page A7

OPINION

Keeping power: Idaho shouldn't fiddle with the voters' initiative powers until they misuse them, today's guest editorial says. Page A10

COMING UP

Getting pot-lucky
The Lutherans put together a cookbook.
Wednesday in The Times-News

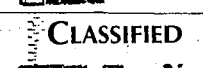
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A precious commodity



A closet overflowed with uniforms, bullet-proof vests and other training and library supplies is one of two such closets used by Twin Falls County Sheriff's Department Lt. Stephen C. Nutting in the basement of the county courthouse. County officials say they are running out of space, especially in the courthouse, and are still looking at buying the old Anderson Lumber building.

County officials want more space

By Sandy Miller
Times-News writer

TWIN FALLS - Closet corners have become archives for the county assessor's inactive files. Cleaning supplies and equipment are tucked away in the boiler room and underneath the stairwells.

A few sheriff's uniform shirts hang from a TV set and a portable air conditioner in front of a bookcase filled to the max with training videos.

Such are the crowded conditions at the Twin Falls County Courthouse.

With growing construction in Twin Falls County, Assessor Gerry Bowden would like to hire a couple more employees. But even if he could, there would be no room to put them.

"We are just packed spot to spot," Bowden said. "We've utilized every inch of this space."

The county's six-person housekeeping staff, which cares for seven county buildings, works out of a narrow hallway in the courthouse basement. Housekeeping Supervisor Kaye Anne Edwards' desk is too small to hold a computer, so she does all her paperwork in long hand. She knows better than to order too many cleaning supplies

Commissioners still eye Anderson Lumber building

By Sandy Miller
Times-News writer

TWIN FALLS - The county's proposed purchase of the former Anderson Lumber property on Eastland Drive is on hold for now, but it isn't dead.

Although commissioners haven't received an answer from the building's owners on their request for an 60-day extension on the owners' offer of a \$1.8 million donation, "we haven't been told no," Commissioner Tom Mikessell said.

County commissioners asked Stock Building Supply, owners of the former Anderson Lumber building, for a 60-day extension on their offer to give the county's legal team more time to look over all the paperwork. The 11.5-acre Eastland Drive property has been appraised at \$5 million. The county is consid-



Tom Mikessell

ering buying it through a 10-year, \$3.2 million lease-purchase agreement, with an interest rate of 4.93 percent through Wells Fargo Bank. If the papers are signed, the county's payments would begin in June, with the county paying \$120,000 every six months - or \$240,000 a year. The 10th and the 16th payments would be balloon payments of \$1-million each, commissioners have said. Renovations are expected to cost about \$700,000 and would be taken out of county reserves. The property's annual tax bill is about \$55,000, which will

come off the tax rolls when the county buys the property. The county is looking into selling eight of its remote office locations, which would bring in about \$1.5 million, money that would be used to pay down the term of the lease. The county estimates it could save 50 percent on utility costs per square foot by putting those services under one roof.

Sale of the remote properties to private-sector buyers would produce about \$38,000 a year in property taxes, almost offsetting the \$55,000 loss.

Commissioners say they're allowed to buy the property without a vote of the people because it would be an "ordinary and necessary" expense, but the chairman of Idahoans for Tax Reform says state law requires commissioners to take the matter before voters.

"We can only safely do eight to 10 people," Johnson said. "We have to schedule more classes, more times to get everyone through."

That need for space is why Twin Falls County commissioners Please see SPAGE, Page A2

because there's no room to put them. "Space is a premium," Edwards said. "You just make do with what you have." Meanwhile, Sgt. Jack Johnson, training coordinator for the sheriff's department, works out of

another small space in the basement. Closets overflow with uniforms, equipment and other law enforcement supplies. When it comes to physical training, Johnson can only schedule as many as the training room can hold.

U.S. finger-pointing irks Canada

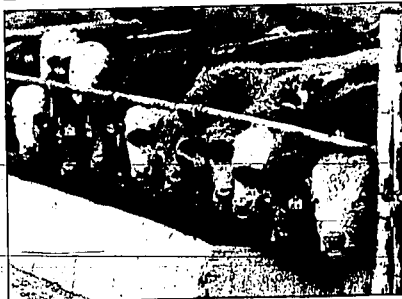
The Associated Press

LETHBRIDGE, Alberta - In the heart of Canada's cattle country, ranchers feel a bond with their American colleagues, one built on a century of trade.

"My area was settled by Texans and Texan cattle, and cattle have been moving back and forth ever since," said rancher Neil Jahnke, who runs 1,200 head near Gouldtown, in southwest Saskatchewan.

He and other Canadian ranchers view the land where they make their living as an uninterrupted range over which cattle, feed and processed beef move back and forth freely between Canada and the United States.

The border is just a line on a map. They insist the North American cattle industry is so intertwined that it makes little sense to differentiate between American and Canadian beef. That's why they're angry about American finger pointing following the discovery last year of mad cow disease, or bovine spongiform encephalopathy, in an Alberta



Feedlots in Canada are overflowing with livestock like these cattle peering out from a pen near Iron Springs, Alberta, Thursday. Rick Paskal runs three feedlots and at the moment has 40,000 head of cattle but says he can only afford to have 10,000.

Black Angus cow and a Washington state-Holstein traced to Alberta. What really steams them are efforts by some in the American cattle industry and politics to distance themselves from Canadian beef, including an ongoing U.S. ban on imports. They say that Please see CANADA, Page A2

Luxury cars come cheap in Baghdad

Los Angeles Times

BAGHDAD, Iraq - There may be few better places in the world to buy a pre-owned luxury car than the rubble-strewn streets of this city.

A 2002 Mercedes-Benz C-class retains for \$200,000, a 1995 E320 with all the extras has an asking price of \$7,000, and stories abound of late-model Land Rovers selling for comparable sums. Of course, the setting is on the other side of the world from the United States.

Down the street from police checkpoints, stores bank shiny, high-end cars scarred with bullet holes. Shoppers are distracted by American helicopters screaming overhead. One huge retailer has hauled in empty, rusting railroad cars to house the dozens of guards who watch over its acres of autos.

That does not bother Sabiha Hasan Ibrahim, a 62-year-old nurse who is fed up with transferring seven times a day on Baghdad's "buses" for her three-hour commute. "Thanks to God," she said as she cruised the Nahdah car market, grilling dealers to make sure their newly discounted cars weren't stolen. "This is the reality now."

As befits the residents of a wide and flat desert country where until recently gasoline was cheaper than water, Iraqis have long been car crazy. Their automotive obsession has reached new heights since the fall of Saddam Hussein, who kept a quota on the number of cars permitted in the country.

Saddam's government had not imported a significant number of vehicles since 1990, consigning most Iraqis to a boxy, rusting existence on the roads. Now the range of newly purchased cars on the streets of Iraq - almost all used and imported on ad hoc truck convoys from neighboring Jordan and Syria or the Persian Gulf states - is the most prominent sign of the nation's shaky steps toward a consumer culture.

Since the end of the war and the 13-year U.N. embargo against Iraq, the nation has been flooded with merchandise from all over the world. Iraqis are marveling at products rarely or never seen under Saddam's scrutiny, from satellite dishes to blenders to Pringles potato chips.

Although the country's newly rampant crime and uncertain future have dampened some consumers' enthusiasm, many who once hoarded money in case they needed to bribe the secret police are now going shopping.

"I'm happy to see them banking for bad days," said Humam al-Shamaan, an economist at Baghdad University. "Now they Please see CAR, Page A2

Mad-cow scare spurs ID systems for cattle

Los Angeles Times

BOWLING GREEN, Ky. - The cow kept losing her ear tag. Again and again, she'd rub against a fence or a tree until the plastic tag, about the size of an index card, fell off.

So rancher David Watson had to improvise when tracking her in his well-thumbed booklet of Herd Production Records. "Big Red," he wrote in the space set aside for her tag number. Then he drew an awkward sketch of the expectant-shaped birthmark on her face.

In much of the country, that's as scientific as cattle identification gets. Millions of wild salmon have microchip IDs implanted in their bellies so biologists can track the fish individually as they navigate hydroelectric dams and Veterans inject similar microchips into dogs and cats and pet birds. Even some teddy bears now come with bar codes embedded in their

furry cars so they can be returned to the right little girl if they're left behind on a swing set.

But the beef industry has never felt much need to keep tabs on each individual animal. Until now.

Responding to last month's discovery of a Holstein infected with mad-cow disease, U.S. Agriculture Secretary Ann Veneman has called for a national livestock identification system. Several promising technologies are being tested around the nation, including one here on Watson's trotting ranch in southwest Kentucky.

Some beef ranchers resent the high-tech chips and sensors as too expensive and even too precise - they're not sure they want consumers to know which farm produced which steak. Many others, however, share federal officials' hopes that a national identification program will allow them to control disease outbreaks, limit Please see ID, Page A2

TWIN FALLS FORECAST

Today: Patchy morning fog, then variable clouds. Highs in the upper 30s to near 40.

Tonight: Decreasing clouds. Lows in the 20s.

Tomorrow: Mostly cloudy skies. Highs in the upper 30s.

BURLEY/RUPERT FORECAST

Today: Areas of morning fog, continued partly to mostly cloudy. Highs near 40.

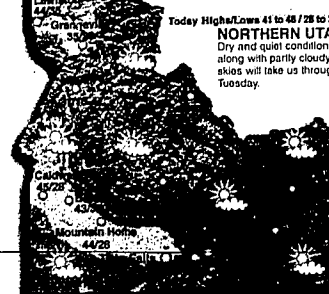
Tonight: Becoming partly cloudy. Lows in the teens to the mid 20s.

Tomorrow: A bit cooler under partly cloudy skies. Highs in the 30s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS. For those traveling over the next couple of days, be prepared for areas of morning fog. This will give way to mostly cloudy skies and perhaps a few flurries through Tuesday.

Today Highs 24 to 38. Tonight's Lows 8 to 18. BOISE Be aware for areas of morning fog through Tuesday. Otherwise the week will start out with plenty of clouds and mostly dry conditions.



Yesterday's State Extremes: 47 at Lowell. Low: 6 at Idaho Falls. weather key: sun=sunny, pc=partly cloudy, m=mostly cloudy, c=cloudy, th=thunderstorms, sh=showers, r=rain, sn=snow, fl=flurries, w=wind, m=mixing

meineke car care center 169 Addison Avenue West 735-8296

Car

Continued from A1 feel the 'bad days will not come again. So they spend on the most important thing for them, which is a car.' After all, added Al Shamma, who bought his son a 1990 BMW immediately after the fall of Saddam, 'Iraqi people have been prevented from buying new cars for almost 30 years.'

Iraqi commerce with other countries virtually ended in 1980 with the start of Saddam's eight-year war against Iran, which was soon followed by the embargo and the 1991 Persian Gulf War. Many Iraqis paid thousands of dollars to

the government to get on lists for cars that never came. Under Saddam's regime, onerous customs duties and taxes jacked up the price of most cars, and only a handful of import licenses were doled out for high fees. This meant that only the well-connected drove luxury vehicles. Perhaps the best-connected was Saddam's son Qadi, whose fleet of Rolls-Royces and other exorbitantly expensive cars were legendary and who would demand that anyone spotted driving a more opulent car hand over the vehicle or face prison - or worse.

grudgingly consider going high-tech. 'It makes sense,' he said. The U.S. Department of Agriculture plan, still sketchy, calls for tagging all 105-million U.S. cattle with the radio and country-identifying of a Social Security number - an electronic code that will stay with the animal as it moves from ranch to feedlot, from state to state, from birth to slaughter. The European Union and Canada use that type of system.

Here in Kentucky the state and the beef industry have each put up \$4 million for a pilot ID program using radio-frequency tags, known as RFIDs. They look like thick buttons punched through the cow's ear, each one emits a unique signal, which can be scanned with a handheld wand.

In Colorado, Idaho and Texas, the huge meatpacking firm Swift & Co. plans to begin identifying its cattle with retinal scans, which measure the one-of-a-kind pattern of blood vessels at the back of the eye.

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TWIN FALLS FIVE-DAY FORECAST

Forecast table with columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes icons and temperature ranges.

ALMANAC - TWIN FALLS

Almanac table including Temperature, Precipitation, Humidity, Barometric Pressure, Sunrise and Sunset, U.V. INDEX, Moon Phases, Moonrise and Moonset.

REGIONAL FORECAST

Regional forecast table listing various cities like Boise, Burley, and their weather forecasts.

NATIONAL FORECAST

National forecast table listing various cities like Atlanta, Baltimore, and their weather forecasts.

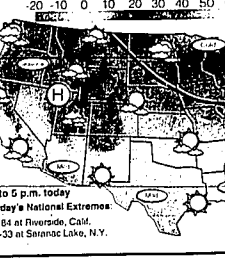
WORLD FORECAST

World forecast table listing various cities like Moscow, Sydney, and their weather forecasts.

CANADIAN FORECAST

Canadian forecast table listing various Canadian cities like Calgary, Edmonton, and their weather forecasts.

TODAY'S NATIONAL MAP



ID

Continued from A1 economic losses - and help them run their ranches more efficiently. Cattle today often are shuttled anonymously through three or four owners before they reach the slaughterhouse. Little, if any, paperwork identifies each animal individually. That's why it took federal veterinarians six days to find the infected Holstein's birth farm in Canada. They still have not been able to locate more than a dozen dairy cows from her birth herd. And, unable to identify the infected Holstein's offspring, they euthanized hundreds of calves to be sure they got the right one. Since that fiasco, 'Everyone's getting more and more used to the idea of having to go to a national ID system,' said Bin Nelson, a cattle auctioneer in Bassett, Neb. He still prefers the old-fashioned way of marking a cow, by branding it on the rump with a red-hot iron. But since the mad-cow scare, he'll

Canada

Continued from A1 appears to blame Canada for the two cases of the brain-wasting disease. 'We've never viewed BSE as a Canadian or U.S. problem, it's a North American problem,' Jahnke said. 'There's a real overreaction and hysteria over minimal risk to human health,' complained Arno Doerkens, a rancher in Gem and chairman of Alberta Beef Producers.

In reality, the border should be opened tomorrow,' said Rick Paskal, a rancher and feedlot operator in nearby Pitcher Butte. Before BSE was found in the Alberta Black Angus in May, cattle and feed moved freely between the United States and Canada. Afterward, the United States banned most Canadian beef. Still unknown is the source of the disease that infected that cow and the Washington state Holstein, which, testing in December also determined had BSE. Scientists believe feed con-

Space

Continued from A1 USDA task force estimates that a high-tech identification tag that costs \$600 million to launch and \$100 million a year to maintain. For ranchers, that could get expensive; electronic scanners and scales can cost thousands of dollars. For consumers, though, the cost should be negligible, just pennies per pound of beef. 'The technology has astounding potential, both for disease containment and for industry efficiency,' Ranchers who now lose track of their cattle when they sell them, six months after birth in the future will be able to get reports from the slaughterhouse two years later, telling them that No. 5189B produced the leanest roasts and No. 32400, the most musciously marbled steaks. The ranchers then can adjust their breeding programs to emphasize the genetic lines that make them the most

Space

Continued from A1 thing in writing because you just can't do business like that.' Sheriff Wayne Tousey understands the need for space, but he said it should fall further down the priority list after filling the need for a new jail and giving raises to deputies and other county employees to bring them in line with salaries at other agencies. 'For three years, we've been telling people about the need for a new jail, and then out of the clear, blue sky they come up with a plan to buy a building,' Tousey said. 'A lot of times, things are done without talking with the employees.' Tousey said county employees and the public need to be more involved in the county's purchase of buildings. Brockman said Mark Brunello, the county's part-time research and development director, conducted an analysis of the square footage, inventories and efficiency of the courthouse building as well as other county buildings. Neither Brockman nor Mikessell would say just which offices would move to the Anderson Lumber building. If the purchase goes through, the county will hire an architectural consultant to do a study to see how the space can be utilized most efficiently, Mikessell said. 'Although there's nothing official,' Bowen said it was his understanding that most courthouse offices, including his office, the main clerk's office and the treasurer's office, would move to the Eastland Drive property. The only offices that would stay at the courthouse would be

Space

Continued from A1 the sheriff, prosecutor and other offices directly related to the courts. 'How would that affect employees of downtown title companies who must make daily trips to the assessor's office?' 'Any time an office moves to a new location, those who utilize it will be affected,' Bowen said. 'But the owners of two of those title companies said it wouldn't be much of a problem. 'Certainly it is really handy to have them down here, but it's not going to be a huge hardship,' said Linda Walker, manager at Alliance Title and Escrow Corporation on Second Avenue North. 'You just have to plan better to be able to record before the close of business.' Dexter Ball, owner of Twin Falls Title and Escrow Co. on Shoshone Street North, agreed. 'I don't see that it would have much effect,' Ball said. 'We have delivery people in cars. It may be more of a convenience because of (more) parking. And as more and more information becomes available online, the proximity isn't as important.' Ball added that in major cities, most title companies aren't located near courthouses, but 'out where their customer bases are. Bowen said the county needs to plan ahead, not just one or two years, but 15 or 20 years ahead. 'I don't want to just take care of today,' Bowen said. 'I really want to look ahead - be ahead of the curve instead of behind it.'

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Yesterday's Weather

Table of weather data for various cities including Boise, Burley, and others, showing high and low temperatures.

Iraqis demanding jobs stone British

Cleric demands an elected parliament

AMARAH, Iraq (AP) — Impatience with Iraq's occupying forces boiled over Sunday as unemployed Iraqis pelted British troops with stones and a top Shiite Muslim cleric demanded the country's next parliament be elected — not chosen by local caucuses, as foreseen by the Americans.

Also Sunday, a U.S.-backed Iraqi politician said an ongoing purge of members of Saddam Hussein's Baath party had pushed 28,000 Iraqis from their jobs, with a similar number expected to follow. In the southern city of Amarah, waves of protesters — some armed with sticks and shovels — rushed British troops guarding the city hall, a day after clashes here killed six protesters and wounded at least 11.

The British drove the crowd back from the compound, which also houses the U.S.-led occupation force and the 1st Battalion of Britain's Light Infantry. Booms and flashes of light from makeshift bombs exploded in the melee.

"We are trying to permit a peaceful protest but prevent loss of life or damage to property," said British Maj. Johnny Bowron.

Tensions in Amarah, 200 miles southeast of Baghdad, erupted Saturday after hundreds of Iraqis gathered to protest that authorities had not kept a promise to give them jobs. On Sunday, demonstrators said they were looking to avenge those killed Saturday. There were no reports



British troops ready themselves to face protesters in the southern Iraqi city of Amarah Sunday.

of injuries on Sunday. Demonstrators sent a representative to talk to British and Iraqi officials, who promised them 8,000 jobs, according to witnesses. But protesters said a similar promise made weeks before had not been fulfilled and the clash ensued. Prior to the U.S.-led invasion of Iraq, Saddam's security forces were the biggest employer

in this city of 400,000.

Sunday's comments by top Shiite cleric, Grand Ayatollah Ali al-Husseini al-Sistani, could complicate American plans to hand over sovereignty to the Iraqis by July 1.

Al-Sistani, whose views are highly influential among Iraq's Shiite majority, said the current U.S. plan to have regional caucuses

select members of a provisional national assembly would give birth to an illegitimate Iraqi government.

"This will, in turn, give rise to new problems and the political and security situation will deteriorate," al-Sistani said in a statement released by his office in the holy Shiite city of Najaf, south of Baghdad.

Dems debate for last time before Iowa caucus

DES MOINES, Iowa (AP) — The Democratic presidential candidates shift focus to minority issues Sunday in the final campaign debate before Iowa opens the nominating season with the Jan. 19 caucuses, considered too close to call.

Eight of the nine Democrats have agreed to participate, with only retired Gen. Wesley Clark staying on the sidelines. Clark is not competing in Iowa.

Former Vermont Gov. Howard Dean, Missouri Rep. Dick Gephardt, Connecticut Sen. Joe Lieberman, Massachusetts Sen. John Kerry, North Carolina Sen. John Edwards, Ohio Rep. Dennis Kucinich, former Ambassador Carol Moseley Braun and Al Sharpton have agreed to attend the two-hour debate, where the format will allow for more and vibrant exchanges among the contenders.

The Iowa Brown and Black Presidential Forum — broadcast by MSNBC and hosted by the network's Lester Holt and Maria Celeste Arraras, of the Spanish-language network Telemundo — is sponsored by black and Hispanic groups to get the candidates' views on minority issues before voters make their decisions next week. Jan. 19 caucus day, also, is the federal holiday honoring slain civil rights leader Martin Luther King Jr.

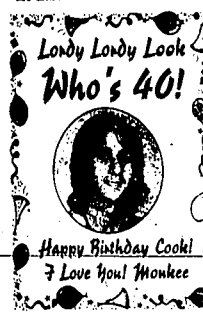
With endorsements last week from former New Jersey Sen. Bill Bradley and Iowa Sen. Tom Harkin, Dean heads into the debate with momentum, but

under continued fire from rivals, some of whom took their cases against him to the Sunday television talk shows.

Dean, who attended Sunday services at a Baptist church near Waterloo, Iowa, is also trying to shift his focus, spending more time talking about his differences with President Bush than about his rivals. He told voters at a pancake breakfast that Bush has been dishonest about the Iraq war.

"On January 19 I need your help," Dean said. "I need your help to become the next commander in chief of the United States military."

In a taped interview broadcast Sunday on ABC's "This Week," Dean said he would propose a cut in the payroll tax to help the middle class.



Teachers use Mars mission to educate students

LOS ANGELES (AP) — Teacher Steven Dworetzky's junior high classroom buzzed with activity — a miniature version of the Mars mission control center at the Jet Propulsion Laboratory in nearby Pasadena.

Teams of teens huddled over computers, downloading the latest images from the red planet, while other students assembled and programmed a model of one of the Mars rovers using Lego blocks and circuit materials.

Along with dozens of other students at Thomas Starr King Middle School, they're creating a replica of the martian landscape with their own miniature, camera-equipped rover to explore it.

"It's fascinating for them to know we're on a planet millions of miles away," said Dworetzky, who also is an educational consultant with NASA. "If I open their eyes to all the possibilities, then it's a good way to keep them in school."

It is just one of many Mars-related educational programs being offered in schools around the world while the real adventure is unfolding.

High school students in this country and others, including Brazil, India and Poland, are working with NASA engineers at JPL during the mission.

Such educational outreach has always been a major component of NASA missions. But with the goal of determining if life has ever existed on Mars, the current effort is one of the most fascinating and appealing for kids.

"We really want to communicate to students that science is amazingly fun," said Michelle Viotti, who does education outreach for

NASA. "We want to inspire the next generation of explorers." President Bush's expected announcement this week of plans for future manned missions to the moon and Mars is expected to create even more interest.

"It's a great time to be a teen because we may be the first people to explore Mars," said Courtney Dressing, one of the high school students who has spent the past week shadowing JPL scientists. "If I were given the chance to go to Mars, I would go in a second."

Dressing, of Alexandria, Va., is one of 16 young people chosen from 500 applicants around the world for a student astronaut pro-

gram sponsored by the nonprofit Planetary Society, co-founded in 1980 by astronomer Carl Sagan.

Each week, a different two-student team gets to work with Mars scientists at JPL. Dressing and Rafael Morozowski of Brazil, both 16, were at the lab last week, attending mission briefings and helping with tasks that included logging readings from Spirit's sundial.

Since the martian day differs from days on Earth, both had to work late nights.

"I think the easy part is adjusting to the martian schedule," Dressing said. "The hard part will be going back to Earth schedule." Elsewhere in the country, 54 stu-

“It’s fascinating for them to know we’re on a planet millions of miles away.”

— Steven Dworetzky, teacher

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BON notice

We're **CLOSED** TUESDAY, JANUARY 13th

In order to conduct our seasonal inventory we will be closed on Tuesday, January 13th. But here's what makes the wait worthwhile: we reopen Wednesday with a storeful of incredible deals during our **BON INVENTORY SALE.**

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AROUND THE VALLEY

Chamber hosts grant-writing event

HAILLEY - "Mastering the Basics," a three-day grant-writing workshop sponsored by the Hailley Chamber of Commerce, will be held Jan. 27, 28 and 29.

The workshop will cover the basics of effective grantmanship. Participants will learn how to develop a solid funding strategy, develop a plan for project ideas, how to write a successful grant application and how to search for possible funding sources through federal and state organizations and other foundations. A resource funding table will be available for participants to look for possible project funding sources. Participants are requested to bring funding ideas to work from, as they will write a proposal as part of the three-day session.

Dana Myers, owner and trainer with Management Solutions in Pocatello, will be the instructor. She has more than 20 years of experience in grant writing, community project facilitation and strategic planning working with nonprofits, community agencies, universities and government.

The cost is \$225 per person. To register or for more information, contact Tom Smith at 788-2700 or internet.com. A detailed brochure is available. Space is limited to 25 participants, so early registration is encouraged.

M.V. Regional board plans to meet today

TWIN FALLS - Magic Valley Regional Medical Center's Hospital Board will meet at 6 p.m. today inside the education center now located at the old Norco building on Addison Avenue just east of the hospital.

The board will hear reports from the hospital's administrative, finance, quality, community relations and medical executive committees.

The meeting is open to the public.

CSI workers put in more hours starting today

TWIN FALLS - Faculty, advisers and other employees at the College of Southern Idaho will be putting in longer hours as the getting ready through Jan. 23 to get ready for spring semester classes that start Jan. 20.

Most offices will be open from 8 a.m. to 6 p.m. Monday through Friday of each week and from 8 a.m. to 4 p.m. Jan. 17.

Longer hours apply to the book store, business advising, financial aid, information and records offices, most of which are located in the new Matrix section of the Taylor Administration building. The CSI Testing Center in the Meyerhoeffer building will be open until 9:30 p.m. Mondays through Thursdays and until 6 p.m. Fridays.

Faculty members also will be available to advise students personally beginning at 1 p.m. Monday and then from 8 a.m. until 6 p.m. each evening the rest of the week. Walk-in advising for students will take place in the CSI cafeteria on the second floor of the Taylor Administration Building. Advisers for each of CSI's programs will be available at computer-equipped tables to help acquaint students with class offerings, the requirements and the opportunities offered in that course of study. Students are also welcome to go to the advising office in the Matrix or to the Center for New Directions on the west side of the campus.

Compiled from staff reports

Snowpack levels

Watershed	% of Avg.	% of 1998
Upper Snake Basin	11%	5%
Salmon Falls	128%	59%
Salmon	104%	49%
Oakley	124%	58%
Big Wood	113%	55%
Little Wood	131%	60%
Henry's Fork/Teton	123%	62%
Big Lost	121%	55%
Little Lost	98%	47%

As of January 11

A comparison of basin snowpack, on this day with a 5-year average.

An indicator of basin snowpack for the entire snow season, which peaks in spring.

Board may pick school schedule today

By Karin Kowalski
Times-News writer

TWIN FALLS - After more than a year of debate and struggle, the Twin Falls School Board may approve a new schedule for the high school at its meeting tonight.

The proposed "blended block" schedule was created by a committee after the first version was shot down by parental opposition in March.

The new proposed schedule combines four 93-minute block periods in a day with options for 4-by-4 classes, which meet every day, but finish year-long classes in single semesters, and A/B classes that meet every other day for a year it

also includes options for 52-minute "skinny" classes that meet all year both before and after school and around the lunch hour. The lunch period is at least one hour and flexible depending on whether students take "skinny" or block periods around it.

Given Jones, a parent and one of the schedule's most vocal critics, said she can accept the proposed version.

"I'm encouraged that they're allowing students and parents to choose how they learn," Jones said. She had proposed a schedule composed entirely of skinnies that could be blocked as a more flexible alternative.

Please see SCHEDULE, Page A6

Meeting tonight

The Twin Falls School Board will meet today at 7 p.m. in the school administration building's board room at 201 Main Ave. W. The meeting is open to the public.

Agenda items

- **Drug testing** - The School Board may approve a grant that would fund two programs combining education and drug testing to prevent steroid use and eating disorders in athletes. The decision was tabled at the last meeting so that Twin Falls High School could have its coaches examine the program's actual curricula.
- **Retention** - Dropout Prevention Specialist Tom Owens will give his first report to the board. Owens was hired with a federal grant last fall to help the

district retain students in an era of increasing standards for graduation, such as the Idaho Standards Achievement test.

- **LIFT program** - The board will receive an update on a program that could allow the district to receive almost \$700,000 in fitness equipment. The Leadership in Fitness Training America program collects confidential fitness data on students in return for paying for the cost of equipment. The district would have to secure a loan for the equipment, then the program would pay it back.

A new way to go?



ASHLEY SMITH/The Times-News

Traffic moves along Eastland Drive South in Twin Falls. Reconstruction of the railroad underpass will be necessary if a proposed truck route is approved.

Twin Falls City Council considers truck route

By Jennifer Sandmann
Times-News writer

TWIN FALLS - The City Council tonight will be asked to give its preliminary support for a proposed truck route on the east side of town.

The Southeast Twin Falls Regional Corridor Study has identified a route that would connect Interstate 84 to U.S. Highway 93 and Nevada from the east side of Twin Falls without driving through the heart of town.

Estimated cost is about \$12 million, said Mike Pepper, planner and public involvement consultant for KMP Planning and Consulting. Funding would likely come from a combination of local and state money and federal grants, he said.

"It's basically the designation of a truck route on existing roads," he said.

That would require improvements to existing roads rather than construction of a new road.

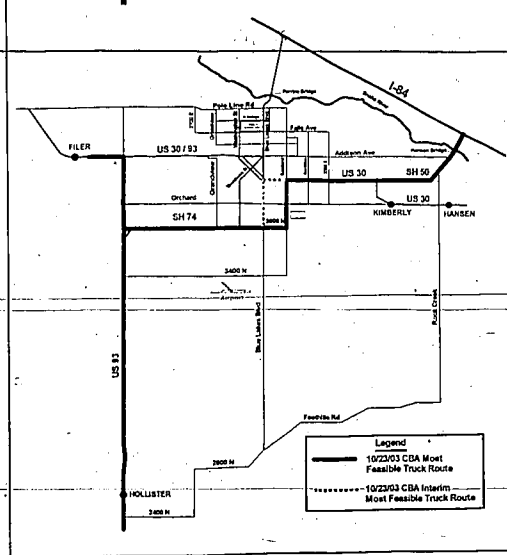
Truckers would exit I-84 at the Traveler's Oasis, cross the Hansen Bridge and head toward Twin Falls on Kimberly Road (U.S. Highway 30). They would turn south on Eastland Drive and then west on 3600 North (Idaho Highway 74), which connects with U.S. 93 southwest of town.

Improvements would be needed in areas that don't meet requirements for heavy truck traffic, such as Eastland Drive where it dips underneath a railroad trestle south of Kimberly Road. The bridge doesn't meet truck clearance requirements.

Roads within the proposed route fall under the jurisdictions of the city of Twin Falls, the Twin Falls Highway District and the Idaho Transportation Department. The participation of all three agencies would be required to create the truck route, Pepper said.

Please see ROUTE, Page A6

Proposed truck route



New mayor looks for input from citizens

By Sandra Wisecaver
Times-News correspondent

HAGERMAN - Citizen input is a priority of the new Hagerman city administration.

So says Todd Bassett, the city's 28-year-old mayor, who was installed this past week after winning the job in an uncontested election.

A town hall meeting will be held sometime during the first two weeks of February, Bassett said.

Residents will be asked to share their concerns and problems they feel exist in the city of Hagerman. Input also will be sought on where residents want for the future of the city. Input from the residents and council members will be prioritized and a comprehensive plan for 5, 10 and 15 years will be developed, Bassett said.

Zero tolerance for those breaking the law is another priority.

Please see MAYOR, Page A6

About Hagerman's mayor

Todd Bassett, 28, is the senior pastor of Valley Baptist Church in Hagerman. Originally from Reno, Nev., Bassett graduated from Marysville High School at Marysville, Calif.

He married his wife, Jennifer, before enlisting in the Air Force. During his 3 1/2 years of military service, he was with the Air Force's Fire Department in Frankfurt, Germany.

Following his military service, he enrolled at the University of Nevada-Reno, majoring in criminal justice administration. While attending school, he also served as a youth director of the First Baptist Church in Sparks, Nev. His church position evolved into youth pastor, and then associate pastor, before he took the ministerial position in Hagerman.

He is completing his last year of his criminal justice studies through Boise State University. This past year, Bassett voluntarily updated the city's police policy manual as part of his BSU criminal justice studies.

Bassett also is a volunteer firefighter in Hagerman.

Bassett's wife, Jennifer, has her degrees in elementary and special education and completed her student teaching at Hagerman. The Bassetts have three sons including Lincoln, 3, and twins Stuart and Sterling, born last November.



Todd Bassett

Cassia County assessor's office gets ready for re-location

The Times-News

BURLEY - The Cassia County Assessor's Office will be closed all day Thursday, Jan. 22, to allow the move from the courthouse into the annex.

The remodeling project at the annex, which is on the northeast corner of Albion and 15th streets, is finally finished.

Cassia County Administrator Kerry McMurray said, Assessor's office employees are starting to move some non-essential materials to the new building. The office must close for a day, McMurray said, in order to make computer connections. The assessor's office is directly linked by computers to Idaho Transportation

Department offices that handle license plates and automobile renewal stickers. That computer connection can't exist in two places at the same time, McMurray said. So, the office must close for a day.

Technicians are scheduled to be in Burley Jan. 22 to take care of all the computer linking quickly.

McMurray hopes that residents can take care of their business with the assessor's office a day early or a day late.

"By letting people know now we hope they can plan before they do and come in before or after the 22nd," McMurray said.

The contract for the annex remodeling project was awarded

to the work was originally supposed to be finished Aug. 29 but the "completion date" was later moved to Oct. 3. The work was completed in late December. County officials still have to decide if they'll assess penalties to contractor Walton Inc. for the late finish, as is allowed by the contract.

Nevada officials hope hearing results in blocking nuke dump

LAS VEGAS (AP) — Nevada officials say a federal appeals court hearing this week on a collection of lawsuits will give the state its best chance to block the government's plans to entomb a nuclear reactor waste under a mountain just 90 miles outside Las Vegas.

"Part of our strategy has always been the court," said U.S. Sen. Harry Reid, D-Nev., a leader of the state's fight against the Yucca Mountain project.

Reid said he hopes the three-judge panel of the U.S. Court of Appeals for the District of Columbia will "kill it, change direction or slow it down."

For 25 years, the state has lacked the political clout to stop the Yucca Mountain project, failing in Congress and with the White House.

The public debate will culminate in oral arguments before the appellate panel Wednesday on a case involving six state lawsuits against the federal government. A ruling is likely this summer.

"This is the state's best chance," said Bob Loux, Gov. Kenny Guinn's top anti-Yucca aide. "There's still the licensing arena if we fail, but the playing field is certainly more level in

the legal arena than in the political arena."

Nevada is challenging Environmental Protection Agency radiation limits for areas around the site. Nuclear Regulatory Commission licensing rules, Energy Department environmental standards for studying and recommending the site, Energy Secretary Spencer Abraham's recommendation, and President Bush's approval.

The nuclear energy industry also is suing the government, saying it missed a 1998 deadline for finding a place to store the spent fuel accumulating at 103 commercial reactors and various industrial and military sites around the country.

The Energy Department would spend 25 years filling tunnels inside the mountain with metal casks containing 77,000 tons of spent nuclear reactor fuel. The site would then be sealed. Scientists expect it would remain radioactive for at least 10,000 years.

Opponents say the Yucca Mountain area is prone to earthquakes, and that even in the desert, enough water would seep through the mountain over 100 centuries to corrode the metal containers and lead deadly

radioactive material escape.

Nevada argues that one state shouldn't have to bear the burden of being the nation's nuclear waste dump.

"The analogy we draw is that it's as if the president decided to wage war in Iraq and only send people from Nevada to do the fighting," said Martin Malsch, a McLean, Va., lawyer representing Nevada.

If the courts uphold the \$58 billion project it would still need a Nuclear Regulatory Commission license. The Energy Department says it will apply for the license this year and open the dump in 2010.

The agency insists Yucca Mountain is safe, and will provide a long-overdue repository for the nation's most highly radioactive spent nuclear fuel.

"If we didn't think so, we would not have made the decision to move ahead," Energy Department spokesman Joe Davis said.

Amid terrorism concerns, it makes more sense to store high-level nuclear waste 1,000 feet below a desert mountain than in aboveground sites that amount to "stationary targets" in 39 states, Davis said.

CSI TODAY

Today
CSI faculty return for spring semester (In-service meetings through Thursday).
Workshop advising with faculty representatives, 1 to 6 p.m., Taylor cafeteria (8 a.m. to 6 p.m. the rest of the week).
CSI Boxing Club, 9 p.m., physical education aerobics room.

Tuesday
CSI alumni meeting, 7:30 a.m., Taylor 276.
"Retro Steel" art show on display (through January), Jean B. King gallery, Herrett Center for Arts and Science.
Twin Falls Canal Company annual stockholders' meeting, 9 a.m. to 12:30 p.m., Fine Arts Auditorium.
Magic Valley Drug Free Workplace employer/community seminar, a.m. to 4:30 p.m., Shields 117/118.
Southern Idaho Economic Development Organization new member orientation, 11 a.m. to 1:30 p.m., Taylor 277.
Idaho Department of Health and Welfare/CSI foster parent/pre-adoption parent training, 6 p.m., Aspen 134.
Sage River Association for Education of Young Children monthly meeting, 6:30 p.m., Aspen 131.
"Ring World," 7 p.m., Faulkner Planetarium.

Wednesday
CSI/Idaho Council on Economic Education training for economic summit, all day.

Thursday
CSI/Idaho Council on Economic Education training for economic summit, all day, Taylor 277.
Southern Idaho Economic Development Organization board meeting, 11 a.m., Taylor 276.
Probation and Parole life skills class, 7 p.m., Shields 107.

Friday
Second annual Sustainable Agriculture Conference, all day, Evergreen building.
CSI Golden Eagle women's basketball against Dixie State College, 5:30 p.m., St. George, Utah.
CSI Golden Eagle men's basketball against Dixie State College, 7:30 p.m., St. George, Utah.
"Led Zeppelin: Maximum Volume 1" 8:15 p.m., Faulkner Planetarium.

Saturday
Church on the Rock weekly services, 11 a.m., Shields 114.

Sunday
CSI Golden Eagle men's basketball against Dixie State College, 7:30 p.m., St. George, Utah.
CSI Golden Eagle women's basketball against Dixie State College, 5:30 p.m., St. George, Utah.
"Ring World," 2 and 7 p.m., Faulkner Planetarium.
"More than Meets the Eye" with live sky tour, 4 p.m., Faulkner Planetarium.
CSI Golden Eagle women's basketball against Dixie State College, 5:30 p.m., St. George, Utah.
CSI Golden Eagle men's basketball against Dixie State College, 7:30 p.m., St. George, Utah.
"Led Zeppelin: Maximum Volume 1" 8:15 p.m., Faulkner Planetarium.

SERVICES

Veronica Ann Madalena of Wendell, Mass. Christian burial at 11 a.m. today at the Immaculate Conception Catholic Church in Buhl; interment at 3 p.m. today at the Wendell Cemetery (Farmer Funeral Chapel, Buhl).

Helen Lanore Lancaster of Wendell, funeral at 10 a.m. today at Demaray's Wendell Chapel; burial at the Wendell Cemetery; family and friends may call from 9 a.m. until service time today at the chapel.

Ruth Sugden Chuffee of Portland, Ore. memorial reception at 11 a.m. today in the Ivy Room at the Grove Hotel in Boise (White Mortuary, Twin Falls).

Willie G. Adams of Burley, service at 11 a.m. today at Rasmussen Funeral Home, 1350 E. 16th St., Burley; burial at the Paul Cemetery; friends may call from 10 to 10:45 a.m. today at the funeral home.

Leona Marie Rasmussen of Pocatello, memorial service at 11 a.m. today at the Highland LDS 6th Ward, 2000 S. Fairway Drive, Pocatello; family will receive friends from 10 a.m. until service time today at the church; burial will follow the service at 3:30 p.m. at the Marion Cemetery near Oakley (Henderson-Cornelson Funeral Home, Pocatello).

Dorothy Grace Hollifield Carlson of Hansen, funeral at 1 p.m. today at White Mortuary in Twin Falls; burial will follow at Sunset Memorial Park.

Robert Alan Busch of Seattle and Gooding, funeral and memorial service at 2 p.m. today at the Gooding United Methodist Church; viewing will be one hour before the service at the church; burial will follow at the Mountain View Cemetery in Fairfield (Demaray Gooding Chapel).

Marsha Lamerle Landolt of Seattle, Wash., funeral and memorial service at 2 p.m. today at the Gooding United Methodist Church; cremation in Seattle, Wash. (Demaray Gooding Chapel).

Terance Martin Hagemann of Portland, Ore., and Eden, grave-side service at 2 p.m. Tuesday at the Trinity Lutheran Cemetery in Eden (Burns Mortuary, Hermiston, Ore.).

Victor "Vic" Martin Cenarrusa of Richfield, service at 11 a.m. Wednesday at Demaray's Funeral Home in Gooding, Idaho.

Alfred W. Kuhn of Jerome, service at 11 a.m. Wednesday at the Howe Robertson Funeral Chapel in Jerome; burial will follow at the Hagerman Cemetery; friends may call from 6 to 8 p.m. Tuesday at the mortuary.

Francis "Frank" William Lamphire of Gooding, service at 2 p.m. Friday at Demaray's Gooding Chapel; burial will follow at the Elmwood Cemetery in Gooding; friends may call from 9 a.m. until service time Friday at the chapel.

DEATH NOTICES

Ina Mae Montoya
HEYBURN — Ina Mae Montoya, a 55-year-old Heyburn resident, died Saturday, Jan. 10, 2004, at her home in Heyburn. Services are pending and will be announced by Hansen Mortuary Burley Chapel.

Lyle N. Thomas
GOODING — Lyle N. Thomas, 76, a resident of Gooding died Sunday, Jan. 11, 2004, at the Magic Valley Regional Medical Center in Twin Falls. Funeral arrangements are pending and will be announced by Demaray's Gooding Chapel.

Betty B. Hoskovec
— HAGERMAN — Betty B. Hoskovec, 79, a resident of Hagerman died Saturday, Jan. 10, 2004, at the Magic Valley Regional Medical Center in Twin Falls. Funeral arrangements are pending and will be announced by Demaray's Wendell Chapel.

Carla Sue Oronos
BURLEY — Carla Sue Oronos, 57, of Burley died Saturday, Jan. 10, 2004, at her home. The funeral is pending and will be announced by Rasmussen Funeral Home, Burley.

ON THE AGENDA

Today
Blaine County commissioners, 8:45 a.m., courthouse, 206 First Ave. S., Halley.
— Buhl City Council, 7 p.m., council chambers, 203 Broadway Ave. N.
Camas County commissioners, 9 a.m., courthouse, 501 Soldier Road, Fossil.
Camas County School Board, 7 p.m., high school, 610 Soldier Road, Fossil.
Cassia County commissioners, 9 a.m., courthouse, 1459 Overland.
Elmore County commissioners, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home.
Gooding County commissioners, 9 a.m., courthouse, 624 Main.
Gooding School Board, 7 p.m., district administration office, 507 Idaho St.
Hagerman School Board, 7 p.m., elementary school, 324 Second Ave. N.
— Halley City Council, 6 p.m., courthouse, 206 First Ave. S., Halley.
— Hansen City Council, 7 p.m., City Hall, 388 Main.
— Hazelton City Council, 7 p.m., city office, 246 Main.
— Hollister City Council, 7 p.m., City Hall, 2492 Main.
— Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
— Ketchum Planning and Zoning Commission, 5:30 p.m., City Hall, 480 E. Ave. N.
— Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B. Shoshone.
— Magic Valley Regional Medical Center Board, 6 p.m., Sage Room, Education Center, 650 Addison Ave. W., Twin Falls.
— Malta City Council, 5 p.m., Raff River Electric Co-op conference room, 153 N. Main.
— Minidoka County commissioners, 9 a.m., courthouse, 715 G St., Rupert.
— Richfield City Council, 7 p.m., city office, 180 W. Lincoln.
— Shoshone School Board, 7:30 p.m., district office, 407 N. Apple.
— Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E.
— Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
— Twin Falls County Parks and Waterways Advisory Board, 7:30 p.m., 450 Sixth Ave. W.
— Twin Falls School Board, 7 p.m., administration office, 201 Main Ave. W.
— Twin Falls Urban Renewal Agency, noon, City Hall, 321 Second Ave. E.
— Valley School Board (Eden-Hazelton), 7 p.m., media center.

882 Valley Road S.
Today
Dietrich School Board, 7:30 p.m., school's business room, 406 N. Park.
Gleason Ferry City Council, 7 p.m., City Hall, 119 E. Second.
Jerome City Planning and Zoning Commission, 7 p.m., council chambers, 100 E. Ave. A.
Kimberly City Council, 7 p.m., community center, 120 Madison W.
Sun Valley Planning and Zoning Commission, 9 a.m., City Hall, 81 Elkhorn Road.
Twin Falls City Planning and Zoning Commission, 7 p.m., 305 Third Ave. E.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Wednesday
Casshead City Council, 7 p.m., J&D Printing Enterprises, 300 Main.
Declo City Council, 7 p.m., City Hall, 116 W. Main.
DeMay Memorial Library Board, 4:30 p.m., 417 Seventh St., Rupert.
Hays City Council, 7 p.m., City Hall, 941 18th St.
Meyburn School Board, 7 p.m., high school library, 500 Boyd W.

Thursday
Bellevue Planning and Zoning Commission, 7 p.m., City Hall, 115 E. Poplar.
Kimberly School Board, 7:45 p.m., intermediate school library, 241 Center St. W.
Minidoka County Planning and Zoning Commission, 4 p.m., courthouse, 715 G St., Rupert.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Friday
Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Paul City Council, 7:30 p.m.
city office, 152 S. 600 W.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
Twin Falls Public Library Board, 5 p.m., library building room, 434 Second E.
Wendell City Council, 7 p.m., City Hall, 157 W. Main.

Thursday
Bellevue Planning and Zoning Commission, 7 p.m., City Hall, 115 E. Poplar.
Kimberly School Board, 7:45 p.m., intermediate school library, 241 Center St. W.
Minidoka County Planning and Zoning Commission, 4 p.m., courthouse, 715 G St., Rupert.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Friday
Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

This list is compiled from advance schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

OBITUARY

For obituary rates and information, call 735-3278 Monday through Saturday. Deadline is 4 p.m. for next-day publication. The email address for obituaries is obits@magvalley.com. Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magvalley.com and click on "Obituaries."

Joseph Edwin Holcomb - Kimberly

Joseph Edwin Holcomb, 85, of Kimberly passed away Saturday Jan. 10, 2004, at Mountain View Care Center in Kimberly.

Joe was born March 4, 1918, in Lonewolf, Oklahoma, to Louis Franklin and Anna Mabel Holcomb. Joe married Elvie Scott on March 5th, 1939. With Elvie's help he farmed his whole life, first as a dryland farmer in Hobart, Oklahoma, and then on his farm outside of Hansen. Joe followed his brother John to Idaho in 1959. Joe was known and loved for his dry humor, his love of farming and his hard work ethic. One of his sons once told Joe that if he quit farming his health might fail. Joe said "so I keep working, I'll retire when the good Lord decides my time is up." He farmed until the fall of 2003.

Joe and Elvie were lifetime members of the Nazarene Church and local members of the Kimberly Nazarene Church.

Joe is survived by his wife of 65



years, Elvie; five children, Gerald (DeEtta) Holcomb of Kimberly, John (Betty) Holcomb of Lake Havasu City, Ariz., Marge (Hugh) Branscum of Bethany, Okla., Paul (Janet) Holcomb of Kimberly and Mary McComas of Tetchell, Tenn.; 11 grandchildren; 16 great-grandchildren; and his sister Emma Edge of Bradenton, Fla.

Services will be held at Parke's Magic Valley Funeral Home in Twin Falls at 1:30 p.m. Wednesday, Jan. 14.

Friends may call at Parke's Funeral Home from 5 to 7 p.m. Tuesday, Jan. 13, 2004.

Memorial contributions to the Kimberly Nazarene Church.

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In grateful appreciation for the kindness and sympathy shown us during our recent bereavement. The family of the late Paul M. Aguilar thanks everyone whose messages, cards, flowers and offers of assistance helped to lighten our sorrow. Also a special thank you to Dr. Walter Graham and Boise Cascade.

Carolyn Aguilar
Daniel Aguilar
Christina & Gabriel Villasenor

Hungry?

Then look at
Wednesday's Food & Home section

MAGIC VALLEY/WEST

Legislators may tighten boxing rules

POCATELLO (AP) — Legislators again are taking issue with amateur boxing regulations, citing the Toughman boxing competition as unsafe. Donna Bue, D-Pocatello, and Hal Bunderson, R-Meridian, are leading the initiative...



requiring any boxing event held in Idaho be either amateur or professional. Toughman officials say their event is strictly amateur, but Bunderson wants more definition between the two tournaments.

see amateur events. Bunderson's proposal would require an accredited organization to underwrite any amateur event, ensuring the safety and regulations of bouts held in the state.

New members join Albion City Council

By Mary Lynne Bristol Times-News correspondent

ALBION — It was out with the old and in with the new during the January meeting of the Albion City Council as unfinished business was completed before the council members elected in November were sworn into office.

Mayor Don Danner recognized former Councilmember Brent Stauffer, who was unable to attend the meeting, and Darren Smyer for their years of service on the council.

Enviros predict tough road ahead for bison

Large numbers may wander out of park and be killed



A bison digs under the snow to graze inside Yellowstone National Park, Mont. With a high number of bison roaming Yellowstone National Park, some environmentalists fear that the harsh winter and current political climate could lead to deadly conditions for the animals.

BILLINGS, Mont. (AP) — With Yellowstone National Park's bison population at its highest level in years, some environmentalists fear huge numbers of the beasts will wander into Montana this winter and be killed in the name of controlling disease.

positive are sent to slaughter. If the park's population exceeds 3,000 animals by late winter and early spring each year, bison that stray into Montana can be killed without being tested first, said Rick Wallen, a wildlife biologist at Yellowstone.

So far this winter, one bison has been killed, according to the Montana Department of Livestock. Last season, about 250 bison were sent to slaughter. And in the winter of 2001-02, 199 bison were slaughtered, the department said.

Montana loses its official brucellosis-free status, state ranchers would have to undertake costly screening tests when they sell their cattle.

Karen Cooper, a spokeswoman for the Livestock Department, said decisions will be based on several factors, including weather conditions and the number of bison involved.

Wandering bison concern ranchers and state livestock officials who worry the animals will infect cattle herds with brucellosis—a disease that causes cows to abort their calves and can cause undulant fever in people.

Don Bowden, Jacquie Whiting, and Rick Mahoney were sworn into office by City Clerk Mary Yeaman. The council elected Bowden as council president.

Other council business included: Fire station — Danner reported a construction conference on the fire hall project had to be canceled because of the snowy roads. As soon as weather allows the roof will be placed on the building, he said. The fire hall is scheduled to be finished in February.

Fueling their concerns is a recent spell of harsh weather — hard winters historically have led to more bison leaving the park in search of food — and fears that officials will take a hard line against bison after a Wyoming cattle herd was found infected with brucellosis, a disease also present in the Yellowstone bison herd.

There are now more than 4,200 bison in the park, which park officials say is the highest in nearly a decade.

Josh Osher, a coordinator with the Buffalo Field Campaign, an activist group that tries to protect wandering bison, believes large numbers of bison will leave the park, particularly as spring begins, and that many of them will die.

If Montana cattle were to be infected, it could also have devastating economic effects, said Steve Pildner, executive vice president with the Montana Stockgrowers Association.

"It's not our objective to eliminate bison from Yellowstone National Park. We realize they're a rich part of our history and that's the farthest thing from our mind," he said. "But we feel the park and government have a responsibility to address the disease issue."

Researcher Jim Knight, who's studied bison at the park, agreed. But he said he sees officials making "no real dent" in the brucellosis issue anytime soon. "As long as there are any bison with brucellosis, it will spread," said Knight, an extension wildlife specialist at Montana State University in Bozeman.

Symphony slates first rehearsal

The Times-News

TWIN FALLS — The first rehearsal for the spring 2004 season of the Magic Valley Symphony will be held Tuesday night.

Musicians — string, wind and percussion players — who would like to play symphonic orchestral music are encouraged to contact Music Director Ted Hudley at 733-1079. Both adults and students may participate.

The first rehearsal is scheduled for 7:30 p.m. in the College of Southern Idaho Fine Arts Center auditorium.

The symphony, under the direction of guest conductor Dr. Kevin Call, will present a program of orchestral masterworks including Dvorak's "New World" symphony and Mozart's "Firebird" on Feb. 27. The orchestra's annual pops concert is planned for April 30.

Police, feds call for national anti-gang effort

Conference begins in Los Angeles

Los Angeles Times

LOS ANGELES — A national strategy similar to that used against organized crime and in counterterrorism efforts must be created to fight street gangs, federal and local law-enforcement officials said Sunday at the start of a two-day conference in Los Angeles.

but them. "It's like a cancer that has many different smaller cancers, and it's a growing problem," LAPD Chief William J. Bratton said.

FBI's Criminal Investigation Division. The FBI's participation underscored the goal to make gang violence a matter of national concern, officials said.

The conference, sponsored by the Los Angeles Police Department and the FBI, was organized to help change long-standing perceptions as gangs expand beyond their traditional territories.

Gangs are growing, becoming more sophisticated and 'migrating' into medium- and small-sized cities, officials say.

The bureau has four anti-gang squads in Los Angeles, the largest in any area office, and hopes to increase anti-gang stings across the United States. FBI spokesman Matt McLaughlin said.

cities lack direct contact with anti-gang efforts in big cities such as Los Angeles and Chicago, considered the chief exporters of gang activity nationwide.

In addition, there is no nationally recognized definition of gang crime. Police departments from 11 cities sent representatives to the conference, as did the Department of Justice, Bureau of Alcohol, Tobacco and Firearms, and other agencies. Most of the conference is closed to the public and news media.

Senator leaves hospital after surgery

BILLINGS, Mont. (AP) — Sen. Max Baucus, D-Mont., was released from a hospital Sunday, two days after he had surgery for a head injury, a spokesman said.

Baucus, 62, was released from the Mayo Clinic in Scottsdale, Ariz. County prosecutors asked for the latest delay for more time to process new evidence in the case.

said, adding that the senator hopes to be back at work at least on a limited basis — when Congress goes back in session Jan. 20.

The doctors are saying he's going to have to have quite a bit of rest the next couple of weeks, which for a guy like Max may not be easy to do," Kaiser said.

Reactions vary on capital city convention center

BOISE (AP) — Advocates of a new convention center downtown say a report released this week should encourage voters to pass a \$35.5 million bonding bond next month.

ager Pat Rice. The study by PricewaterhouseCoopers, a global consulting company, said that in comparison to other regional markets, Boise fares well in terms of hotel rooms within a mile of the convention center, area population, low per diem costs and air access.

But Associated Innkeepers of Idaho spokesman Chuck Everett said the report doesn't paint such a rosy picture. He said worried if the projected increase in use does not materialize, taxpayers might somehow shoulder the costs. Everett, the operations manager

for Amentel Inns, said he is concerned with a future increase to what is now the 4 percent room tax if the convention center fails. He said if an expanded convention center is such a money-maker, private industry would be willing to build it and reap the financial gains.

Route

Continued from A4

Learning whether the City Council can lend its support to the project at this preliminary stage will help determine how to proceed.

Improvements to existing road surfaces would vary. Existing surfaces in some areas may be able to handle heavy truck traffic and others may need to be rebuilt, said Devin Rigby, an engineer with the state's District 4 transportation office in Shoshone.

Avenue to north of Borah Avenue West.

Consider approval of a final plan to subdivide the 2.6-acre Turf Plaza No. 2 into four commercial lots. Three lots would be designated for commercial buildings, and the fourth would be for parking and landscaping. The existing vacant property fronts Fillmore Street between the Turf Club and Fred Meyer.

Mayor

Continued from A4 ority, Bassett said. "If you want to cook drugs, use drugs, sell drugs, Hagerman is not going to be the place to be," he said. "If you get pulled over for driving under the influence, if you are going to get cited for it, if you are going for possession, you're going to jail."

The city has had a sewage problem in the recently John Umek, a property owner in the Spring Valley Subdivision, asked the City Council last week to cover for damages his sewer pump sustained during a New Year's Day power outage. The city annexed the subdivision about nine years ago. Although the Hagerman officials said the subdivision system did not meet city standards, the property owners were allowed to hookup to city services.

During the recent power failure, before the city began could be started, sewage backed up into Umek's line because it was not equipped with a shut-off valve. City officials will determine whether the city or the contractor, who installed the lines and pumps, is responsible as soon as possible. There are things that have been done improperly in haste over the last 10 to 20 years that need to be corrected," Bassett said. "If the city did

not accept the lines, why did they annex the subdivision in the first place?" Bassett and councilmen John Mason and Jim Scott were administered the oath of office during last week's council meeting by retiring Mayor Jim Norwood. Mason was re-elected and Wood was elected to fill the position previously held by retiring Councilman Lyle Cornelison. The terms are for four years. Councilman Pete Weir was elected president of the council.

Schedule

Continued from A4

Jones does not like the "blended block" schedule's long lunch period and fears there would not be enough "skinny" classes to accommodate students who need practice in certain subjects, especially math, every day. The schedule committee met last week to continue ironing out the details of the actual class times in the proposed schedule. In

order to keep the late start time on Fridays, the block periods will each be three minutes longer Monday through Thursday. Mike Pepper, the schedule committee's facilitator, approved the final version to be expected. "The response last time was real positive to the work of the committee," Pepper said. If approved, it could be in effect as soon as next fall.

OTHER VIEWS

Idahoans use restraint with initiative powers

The Lewiston Morning Tribune

In 1997, the last time the Idaho Association of Commerce and Industry had legislators pass a law gutting the state's initiative process, the business lobby was protesting, but voters' enactment of term limits. The new law required initiative sponsors to collect signatures from 6 percent of the voters in half the state's 44 counties.

That's a question Idahoans should ask their legislators, who assemble next week in Boise. Initiatives have indeed proved troublesome, even crippling, to good government in some states, including Washington, Oregon and California. But Idahoans have demonstrated remarkable responsibility in their use of the process.

Their view: This guest editorial from the Lewiston (Idaho) Morning Tribune says legislators should not curb the state's initiative power until voters misuse it.

What do you think? We welcome viewpoints from our readers on this and other issues.

They did jump on the term limits bandwagon, but they did so at a time when the limits were a central part of the Republican agenda, and most of Idaho's top Republican officials endorsed them. The same voters—rejected, however, initiatives restricting property taxes to 1 percent of assessed value, scrapping former Gov. Phil

Batt's agreement with the federal government on nuclear waste, declaring gays suitable targets for discrimination, and limiting the ways bears could be hunted.

In light of that, shouldn't legislators wait until voters do something reckless with their initiative power before taking it away from them? And if legislators do not wait for such recklessness, won't they be doing something reckless themselves?

Courts didn't think much of that, because it gave voters in some counties more clout than those in others. But the courts suggested another way of accomplishing the same thing, by substituting legislative districts—which all have about the same number of people—for counties.

IACI now has a constitutional way to deny voters the power to write their own laws. But it has lost its reason. The Legislature repealed term limits in 2002.

So why is IACI again asking legislators to curtail its initiative power? Could it be because IACI finds it easier to get legislators to do its bidding than the people themselves?

Wait for proof on Libya

The Dallas Morning News

President Bush's reversal of economic sanctions against Libya may seem an odd reward for the country's promise to disarm, but it was the right call. The sanctions must stay until it can be verified that Libya has eliminated its nuclear, biological and chemical arsenals. The United States simply can't trust Libyan dictator Moammar Gadhafi to keep his word. It must have proof. Only then should it give him the relief that he so desperately seeks.

est to act as quickly as possible. The sooner Libya disarms, the sooner it can end its many years of isolation and its attendant significant foreign investment for its undercapitalized petroleum sector. Lifting the sanctions before May also would enable families of the victims of Pan American Flight 103 to receive an additional \$6 billion from Libya, on top of the \$4 billion they already have received, according to a lawyer for the families. Libyan agents destroyed the commercial airplane with a hidden bomb in 1988, killing 270 people.

But the United States shouldn't hold itself to any artificial timetables. It shouldn't hurry the lifting of sanctions to ensure that the victims' families receive the rest of their money. Libya first must meet all of its commitments. Anything less would encourage backsliding, as Bush accurately perceives.

Once Libya's disarmament is verified, Bush should immediately lift the sanctions. He should disregard the conservative voices that might urge him to keep them in place, failing to lift them would send a terrible signal. It would tell such countries as Iran and North Korea that there is nothing to be gained from coming clean. It is in both countries' inter-

Write to us

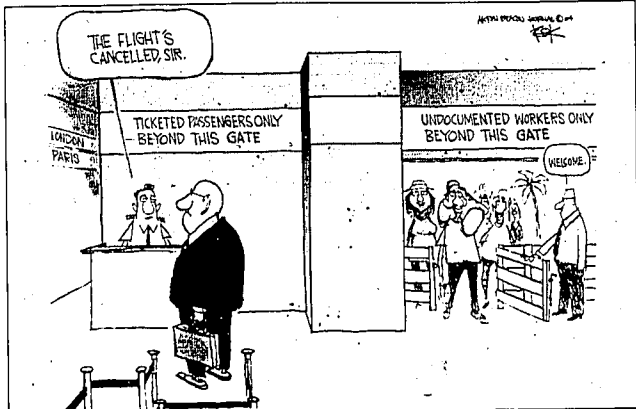
The Times-News welcomes letters from readers on subjects of public interest. Because of space constraints, please limit letters to 400 words. Include your signature, mailing address and telephone number. Writers who sign letters with false names will be permanently barred from publication. Letters may be brought to our Twin Falls or Burley office, mailed to: P.O. Box 548, Twin Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to letters@magicvalley.com.

Gay marriage goes against society's absolutes

This is in regard to the letter written by Danielle Long (Friday, Jan. 2). She had said, "I just want to say that not everyone believes in God, so we really shouldn't use the Bible as a source for whether or not homosexuals should be allowed to get married." Whether one believes in God or not, he still sees the Bible as his moral compass. Even the atheist, when faced with immediate danger, will cry out to God. As for the reasoning to accept the homosexual lifestyle, "because you have friends or family who are homosexuals" doesn't make it right (God said it,

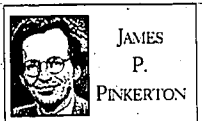
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Mixed motives spur latest U.S. immigration reform

The most obvious point to make about George W. Bush's new immigration initiative is that he didn't have much choice. Political, economic, social, and cultural imperatives have forced the creation of a "guest worker" program—and thus the vast expansion of America's immigrant population. To be sure, the president spoke in the soothing language of "reform." But Mark Krikorian, director of the Center for Immigration Studies in Washington, has seen many such "reforms" in the past, and they have all opened the door to millions of newcomers. "By any name, the Bush proposal is an amnesty for illegal aliens," he says.



employee with any willing employer." And lo and behold, on the very same day, the National Restaurant Association issued a policy document calling for an immigration policy that "matches willing employers with willing employees." Are those identical words, from the public and private sector, the product of coincidence? Or the result of a successful lobbying campaign? Or simply an acknowledgment that restaurants make up a huge industry—\$440 billion a year, employing 12 million people? The fact is, no re-election-minded president wants to tangle with Big Food, not to mention other labor-hungry sectors, such as retailing.

together, as rich white people look around for affordable nurses and attendants to take care of them in their elder years. The fourth imperative is cultural. Today, the American people—at least their elite, in both parties—have elected to pursue globalization. To be sure, Americans want tighter borders, but such homeland securing hasn't changed the dominant view that America must be an active part, from expanded trade to melting-pot cities. Such global-minded folk think of "diversity" as a great idea, and to that end, they like the idea of knowing a little Spanish—if for no other reason than to converse with the help.

The first imperative is economic. All Republicans seeking re-election this year feel the need to cultivate Hispanic voters. And part of that cultivation, of course, is improving relations with Mexico, the mother country of most American Hispanics. If Bush enjoys a harmonious, all-smiles session with President Vicente Fox at the economic summit in Monterrey, Mexico, on Monday, that happy meeting will win him favor with a huge ethnic constituency—just as successful grip-and-grins with the leaders of, say, Ireland, Israel, or Italy help with other ethnic constituencies.

As a consequence of these four imperatives, the United States is launched on a vast experiment—an experiment in population explosion. Today, the population of the United States is almost 300 million, the third-largest in the world. In fact, at a time when many other rich countries are shrinking, America is growing by 3 million a year, further acceleration is coming.

The second imperative is economic. The United States is booming, but more workers are needed to keep it booming, especially in the service sector. Here, a pro-business White House and labor-intensive industries see eye to eye—indeed, word for word. On Dec. 15 Bush said, "We need to have an immigration policy that helps match any willing

So what will happen as America becomes aggrandized, bilingual and multicultural? The history-based answer is that denser populations lead to bigger government; a stronger central government is needed to manage an increasingly elbowy population. Thus, for example, Wyoming is libertarian, and New York City is liberal. And America itself will become more like crowded Europe.

At the same time, the United States grays. The median age here was 36 in 2000, up from 28.1 in 1970. And so the appeal of new immigrant blood—the median age of Hispanic Americans is just 25.9—is readily apparent. Indeed, the two trends—the aging, affluent "Anglo" population and the young, hungry Hispanic population—mesh well

But Bush probably isn't too worried about any of that. Mostly, he just wants to get re-elected.

James Pinkerton is a Newsday columnist.

Why are the sports stats so small?

More comments and questions from readers.

Darell Schlittker of Gooding, a self-described "old duffer," asks: "Why can't the stats for all the local sports be printed normal or with larger print?"

Good question, Mr. Schlittker. As a Baby Boomer entering the outskirts of Bifocallville, I sympathize. So I asked our sports editor, Joe Paisley, game night. Joe and his staff gather the results of a dozen games or more. Deadlines are tight, and space is precious. So they rapidly compile roundups that deliver the key facts; who won, the leading scorers, the area teams' records and their next opponents.

The stats, in a small type below each item, are a bonus for hardcore sports fans.

"It's a detail that's great to have, but the real story is what's in the big type," Joe said.



Newsletters traditionally have used small type for sports stats, stock prices and the like. This "agate" type helps make the most of our space, it's tough I have to admit, it can be thought on as older newsprint.

Joeasketball that enhanced the local basketball stats this year, by adding rebounds and assists. The newest improvement is an explorer box, to help sports-page newbies decipher the arcane numbers.

An anonymous reader sent these furious words: "Could you please explain to me why it is that you and your photographers think that people want to open the paper and look at the face of a frightened, screaming child in pain?"

That wasn't the only complaint we received on our coverage of flu shots.

On Dec. 11 we printed a front-page picture of a child receiving a shot. The same week, an inside page featured a collage of similar photos from around the nation.

News reader Bruce Whiting thought the collage would be a fun, different, quirky thing for readers. I thought so, too.

But a few readers adamantly disagreed. Despite a quarter-century in the news business, I guess I'm still learning this job.

A local rancher called me after the mad-cow story broke. He wanted the news media to "tell our story about beef!"

I don't have much influence over TV networks or metropolitan newspapers. But here at The Times-News, we've worked hard to give the beef and dairy industries a fair shake.

One fine day of mad-cow coverage included comments from beef and dairy groups as well as Idaho's state vet. Our second-day story offered assurances about beef safety.

Since then we've had stories on the downer cow issue, a local organic rancher and the year's first beef auction at the Irwin Falls sale yard. Last week's food section featured beef recipes...

When bad news breaks, we have to cover it. But, as a home-town paper in a country, we understand that any problem—befalling the cattle industry—is a local economic issue.

We aim to give consumers the food-safety information they need, as well as the perspectives of local food producers. I hope the rancher who called me feels satisfied with the job we've done.

Managing Editor Clark Walworth regularly discusses the news business in "Between the Lines." To offer a "column" or to suggest a topic, email him at clarkw@magicvalley.com, or call 735-3255.

Doonesbury



By Garry Trudeau



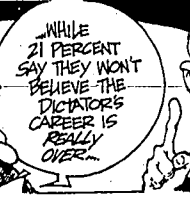
Mallard Fillmore



By Bruce Tinsley



Doonesbury



Mallard Fillmore



OPINION

Pop star wedding goes 'poof' in days

LETTERS

Where is the outrage for casualties from alcohol?

The "hate Bush" theme reminds me of the lula hoop years ago - you saw it, you tried it, you became bored but had not found anything to replace it and didn't want to waste the investment. The condition seems prevalent with the 18- to 40-year-old crowd, the ones in the swirl of the present drug (alcohol) plague who are threatened and even terminated by the drug culture. They have lived and watched the devastation of drug use and abuse and the total unwillingness of the power structure to abandon the alcohol lobby and move to protect the sick and the threatened. On April 10, 2002, it was announced that 1,400 college students had died from alcohol tragedies along with 500,000 injuries and 70,000 date rapes. The cost of underage drinking has been put at \$53 billion, all of the above ignored by the power structure. And it is still going on!

Universal denial precludes discussion or solution to these disasters and perhaps we blame the top man. It is much easier to blame him than to take creative action and so the problems keep going. The shame and the guilt that go with our lack of care and concern have to be dumped somewhere.

For 25 years, I have tried to interest the Idaho Legislature to pass a bill licensing those 21 years and older to purchase alcohol. Why 21? We are told the human brain does not stop growing until then, and alcohol does extreme damage prior to majority. (Columbia University, California Report). With the asinine philosophy of "Right of Passage" (gets the adults off the book), we try to educate the underaged - it has been a disaster.

President Bush is blamed by his opposition for the casualties in Iraq and that is their right, but if casualties are so important to them, why aren't they hating the alcohol lobby that is causing many deaths each day over here? When our access to alcohol is more important than the welfare of children, we are about at the end of the line. Neither leading candidate drinks; perhaps we can get a positive dialogue going.

ARCHIE WALKER
Glenns Ferry
(Editor's note: Archie Walker is one of the founders of the Walker Center, a residential substance abuse treatment program in Gooding.)

Distasteful letter should split Simmons' home

Mrs. Kathryn Simmons' response to the increasing number of critics of her husband's letter, labeling women in general and New York's Sen. Hillary Rodham Clinton in particular, has had a personal tragic consequence, unless, as I suspect, she has with charm and irony added herself as a victim, which turns the issue on its head and now begs the question: Does her husband of 45 years, who fathered her two outstanding children and four beautiful grandchildren, really deserve the "beating" he has taken in letters to the editor from some old grouches devoid of any humor?

So, Mrs. Simmons, as the humorless grouch who laid the first painful psychological feather on you, I say, "Forgive your Mike. Take him back in. He needs you." Not only that, but I would wager that if all of Mike's critics who wrote letters knew that you would throw "the bum out of the house for good," they would not

have written those letters. For heaven's sake, forgive him, and do not, I beg of you, make me a home breaker.

You have to understand, Mrs. Simmons, that I am an unrepentant, Franklin Delano Roosevelt, liberal Democrat, who is opposed to the dismantling of all of our public institutions by devious means, including bad jokes about a senator I think works to keep public institutions alive. So you may understand my vestness. I think you may best understand me if, instead of labeling Sen. Clinton, Mike had substituted your name for hers. Do I imagine an iron skillet in your hands? Childhood's "sticks and stones may break my bones, but words would never hurt me" was later in my life reinforced by the late Republican Sen. S.I. Hayakawa in his book, "Language in Thought and Action: Words are not things." But apparently words do hurt us, probably because we are still at a somewhat primitive stage of development. Thus our words of hurt have put us in a muddle, often lacking in any real sense, meaning that the problems of our country today go far beyond mere jokes, regardless of the political source. We have serious issues to be studied.

Best wishes from this 74-year-old grouch in Hagerman
GRANT UPTAIN
Hagerman

In the midst of all the depressing news of war, terrorism, and natural disasters, it is sometimes a nice respite to hear a story about famous people behaving like idiots and generally embarrassing themselves in front of the whole world. This week it was Britney Spears' turn to provide comic relief to a tense American public as she got married in Las Vegas to a childhood friend and then filed for an annulment just two days later.

Actually this incident was educational for me. Heretofore I was under the impression that annulment was just a synonym for divorce that was invented by people of certain religious persuasions who wanted to end their marriages but would fall into ill favor with their church if they called it a divorce. But no, annulment is a real legal process by which a marriage can be terminated without the pesky community property issues that make divorce such a major bummer. It's not hard to see why Ms. Spears would prefer to go this route rather than give half her stuff to her "dear friend" from Louisiana.

But it's not supposed to be all that easy to attain an annulment. In Nevada, a couple has to meet at least one of six possible criteria to be granted an annulment. Let's take a look at them and try to

BILL FERGUSON

figure out which ones may apply to Britney's situation.

- The participants are related by blood. This one won't work as Britney and her hubby were just good friends. (And I don't want to hear any wisecracks about them being from Louisiana.)

- Either party was already married. Nope. This was the first marriage for both. In Britney's case it will probably be the first of many.

- Either party is under 18. Apparently both are legal adults, and the fact that they were acting like they were 12 doesn't count.

- Either party is insane. I guess a lot of guys would

marry Britney if they got the chance, so the guy is in the clear. And Britney is smart enough to know that kissing another woman on TV will help sell records, so she must have something on the ball.

- Either party is committing a fraud on the other. You could argue that Britney has committed a major fraud against the public by pretending to have talent, but we aren't the ones who married her.

- The couple did not understand their own actions. This is apparently the only standard that can be applied in this case, and was used as grounds for the annulment.

Obviously that last one would apply if the couple was hammered when they got hitched, and that seems to be exactly what hap-

pened: Britney's people, however, have denied that alcohol is to blame for this incident and have said that it was just a "joke" that went too far.

I guess everyone's sense of humor is unique, but I've never thought the act of getting married was inherently humorous. Of course a lot of funny things often happen at weddings, but the mere act of matrimony itself doesn't give most people the giggles.

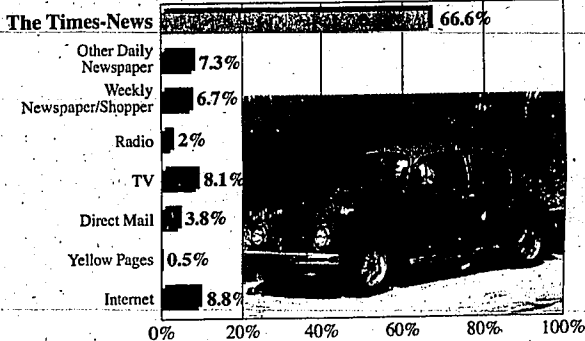
Britney Spears, however, has shown us that she herself is inherently funny. She's a goofy person, and I'm sure the laughs will just keep on coming. Just don't make us listen to her sing. Please.

Bill Ferguson is a columnist for the Macon (Ga.) Telegraph.

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WORLD

Official says Israel, Syria held secret contacts

JERUSALEM - Israel had secret contacts with Syria several months ago - well before recent Syrian overtures - but they broke down after word of the meetings leaked out, Israel's foreign minister said Sunday. Prime Minister Ariel Sharon said he was ready to open negotiations if Syria "stops helping terror."

The secret meetings appeared part of an effort to restart peace talks between Israel and one of its most intractable enemies. Earlier talks broke down in 2000. Syrian President Bashar Assad called last month for a resumption of official talks, but Israel leaders are split over whether to take up his offer.

Sharon said Sunday that Israel would restart negotiations with Syria, once Syria stopped aiding and harboring terrorist groups that continue to attack Israel. The main Palestinian militant groups, as well as the Lebanese group Hezbollah, all operate on Syrian territory.

"Israel is ready and willing to negotiate once Syria of course, stops helping terror," he told a news conference for foreign journalists.

Reformist legislators in Iran hold protests

ISTANBUL, Turkey - Reformist legislators in Iran held angry protests Sunday after a conservative oversight body barred almost a third of them from seeking re-election next month.

The lawmakers first walked out of parliament, then dozens of them staged a sit-in to protest the sweeping decision by the hard-line Guardian Council, which under Iran's complex theocratic system screens all candidates for national office.

"It's meaningless that qualification of prominent figures who have worked for the nation for years is not approved," said President Mohammad Khatami, who was voted into office in 1997 on a reform platform. "I'm against such disqualifications. There are legal ways to fight."

In addition to the incumbents, thousands of other candidates were barred from running for the 290-seat parliament, according to the official Islamic Republic News Agency. The Associated Press cited parliament members as saying that about 900 of the 1,700 hopefuls for seats in Tehran alone had been disqualified.

Pakistan arrests in plot against president

ISLAMABAD, Pakistan - Police arrested nine people believed linked to the planners of last month's assassination attempt against President Gen. Pervez Musharraf, a security official said Sunday.

The suspects, including some students, were detained during a raid Saturday on an Islamic school in the eastern city of Lahore, the official said on condition of anonymity. He refused to give any more details.

Meanwhile, Pakistan toughened its punishments for terror financiers, raising the maximum jail term from five to 10 years, and banning them from posting bail, Information Minister Sheikh Rashid Ahmed said.

The Cabinet approved the changes to Pakistan's 1997 Anti-Terrorism Act on Saturday. Ahmed said terror financiers previously faced a minimum of six months in jail but would now face a minimum of four years.

Colombia seeks extradition of drug lord

PANAMA CITY, Panama - Panamanian police have captured a top Colombian drug kingpin believed responsible for "huge volumes" of narcotics entering the United States, and Colombian officials said Sunday they will seek his extradition.

Panamanian officials "early Saturday reported the capture of Arcangel de Jesus Henao Montoya in a remote part of southern Panama.

Colombia's attorney general said he will seek the extradition of Henao Montoya, believed to be a top leader of one of Colombia's most powerful cartels, the Norte de Valle. The ring operates out of the southwestern Colombian city of Cali.

"He is wanted by the Colombian justice system, and we will make extradition request," Colombia's attorney general, Luis Camillo Osorio, told Colombia's Caracol Radio on Sunday.

- compiled from wire reports

Many Israelis feel Sharon has undergone political conversion

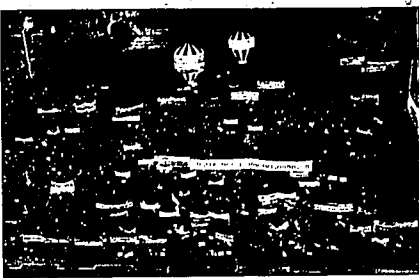
JERUSALEM (AP) - To his critics, Ariel Sharon has not changed; he remains an enemy of Palestinian aspirations and believes in the use of force to hold on to Arab lands.

But to many Israelis, he has come to believe the premier has undergone a startling ideological conversion - one capped last week when he told his hawkish Likud Party that Israel may have to dismantle some of the settlements he helped nurture, and pull back from some of the West Bank and Gaza.

A majority of Israelis, including significant numbers of Likud supporters, back the idea of a pull-back. Analysts say Sharon's apparent turnaround may have been a response to the nation's mood. "Sharon always was a very pragmatic person," said Avraham Diskin, professor of political science at Tel Aviv University.

A strong strain of skepticism remains. Some say Sharon is simply trying to buy time and pacify the Americans and the Israeli public by changing his rhetoric - while settlement construction in the West Bank and Gaza continues, as do military operations.

"The bottom line is ... Sharon has not begun to dismantle settlements or withdraw unilaterally,"



Thousands of protesters demonstrate against possible evacuation of the Jewish settlements at a rally in Tel Aviv's Rabin Square Sunday.

Sharon emerged politically unharmed. Last month, he unveiled a plan that would have Israel pull back from parts of the West Bank and Gaza and impose a boundary on the Palestinians if peace efforts continue to founder.

That would be an abandonment of Likud's ideology of Jewish settlement throughout the West Bank and Gaza based on a belief in Israel's right to control the land from the Jordan River to the Mediterranean Sea.

But even skeptics concede that words have power. Former Likud Cabinet minister Dan Meridor said that whatever Sharon's intentions, his statements could build public pressure on him - or his successors - to follow through. A key threshold was crossed last week when Sharon told Likud leaders that "it is clear that in a permanent peace accord, we will have to give up some of the Jewish settlements."

He was jeered and booed - but

Milosevic's party won't assign him parliament seat

BELGRADE, Serbia-Montenegro (AP) - Former President Slobodan Milosevic, who remains jailed by the U.N. war crimes tribunal, won't get a parliamentary seat despite winning enough votes for one in last month's elections, the deputy leader of his party said Sunday.

The Socialist Party's main board decided not to assign Milosevic a seat because he would not be able to attend the first parliamentary session, which is required for the mandate to be verified, Socialist Party deputy leader Ivica Dacic told The Associated Press.

"However, as soon as he (Milosevic) returns from The Hague, we will vacate one seat for him," Dacic said.

Milosevic, who is on trial in The Hague, Netherlands, still the party's top leader.

The Socialist Party's board also decided to award seats in the 250-member parliament to several moderate party members instead of hardline Milosevic loyalists, Dacic said.

The decision was an attempt to "reform the party, something we needed for quite some time," he added.

Similarly, another war crimes suspect detained in The Hague - ultranationalist Serbian Radical Party leader Vojislav Seselj - will not get the parliament seat he won in the Dec. 28 vote.

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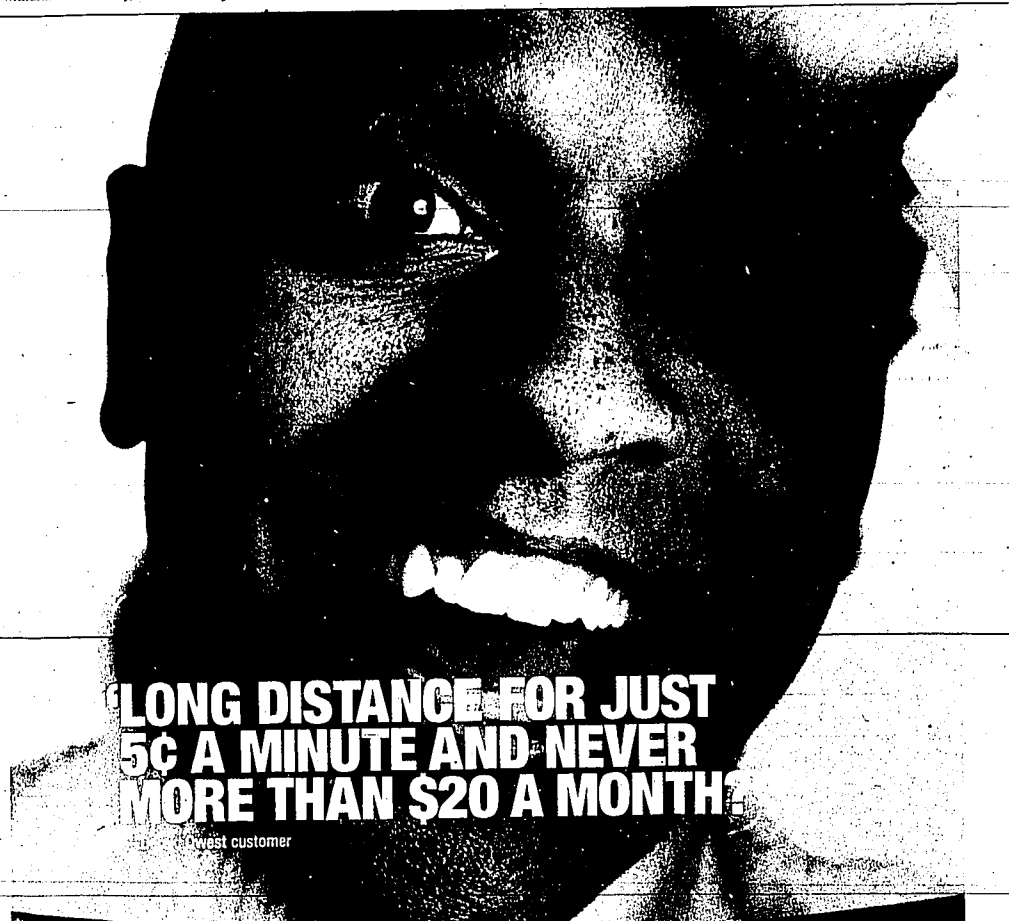
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Turning over a new leaf blower

Have you ever wondered why the entire world runs so smoothly? The answer is: Guys.

Don't get me wrong - I have the deepest respect for women. My own wife is a woman. But when things need to get done, you cannot beat the results you get when guys swing into action.

For an excellent example, we turn now to a news story from the Greenville (S.C.) News, written by John Boyanoski and sent in by alert reader Michael Ester. The story concerns a guy - let's call him Guy A - who had a problem. There were leaves in his yard. So he fired up his leaf blower.

Leaf blowers are the ideal guy tool, because they have engines, they're loud, and they enable you to blast debris, rag-gun-style, from one place to another without having to actually pick it up. I'm willing to bet that somewhere in



HUMOR
Dave Barry

America, there's a guy who, at least once, cleaned his living room by firing up his leaf blower indoors and blasting everything - pizza boxes, beer cans, ancient potato-chip shards, underwear, deceased spiders - into a less-critical area, such as the dining room. (This guy is not married.)

But getting back to our story, which I am not making up: Guy A, taking action, used his leaf blower to blow the leaves off of his property. Problem solved.

"Except that the leaves wound up in the yard of another guy," called Guy B. He now had leaves in HIS yard. What do you think he should have done about this? Should he have asked Guy A, "politely" but firmly, to remove the leaves? Should he have avoided a potential confrontation by asking Guy A to call him? Or should he have decided that life is too short to be bothered by this kind of petty annoyance, and simply ignored the leaves?

If you answered "yes" to any of these solutions, you are, with all due respect, a woman. What Guy A's call to action - the Greenville County sheriff's department report, was the same thing that roughly 175 percent of the guys reading this column would have done: He fired up his leaf blower, and he blew the leaves back onto the yard of Guy A.

So now the leaves were back where they started. This was a crucial moment - a moment when some people, realizing that nothing good was going to come of this situation, would have said the heck with it. But these were not "some people." These were guys. And when guys start a job, guys want to finish it, no matter what. That is how we get the pyramids, the interstate highway system, and World Wars I and II.

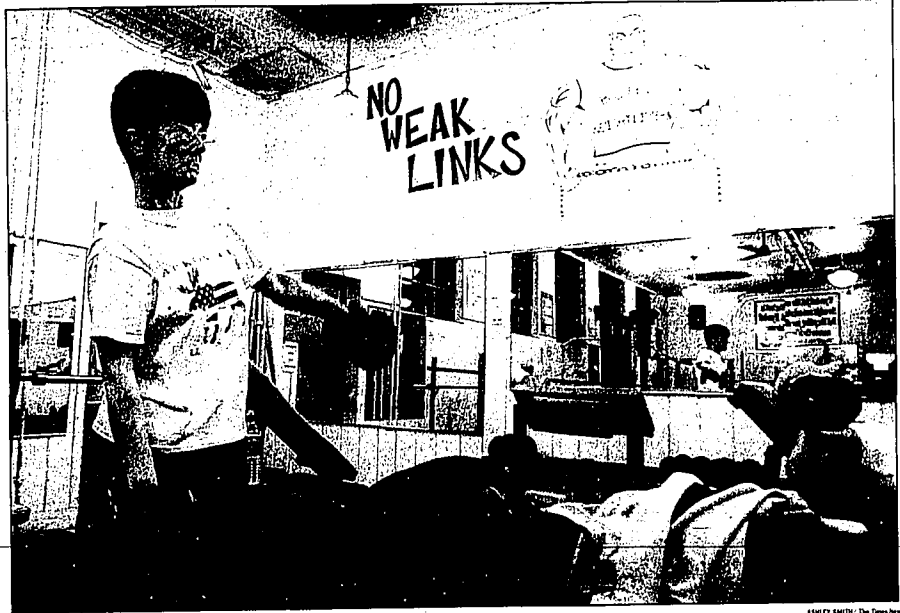
So Guy A blew the leaves back onto Guy B's yard. This left Guy B with a choice: to blow the leaves back onto Guy A's yard, leaving Guy A with no choice but to blow the leaves back into Guy B's yard, and so on. They played leaf-blower tennis for a while, until apparently it dawned on them how silly this was. And so, according to the sheriff's report, as recounted in the Greenville News, "they started blowing air in each other's face."

From there, things went downhill. According to the sheriff's department report, Guy B claimed that Guy A head-butted him. Guy A claimed that Guy B hit his leaf blower with a hammer and knocked his dust mask off, scratching his nose. (Yes: Guy A wore a dust mask. It's important to follow leaf-blower safety guidelines.)

Finally a sheriff's deputy was called to the scene of the dispute; after listening to the two sides, he shot both guys in the head, to improve the gene pool.

No, really, the deputy couldn't determine who was at fault, so he decided not to charge either guy. I don't know what the situation is now, but it would not surprise me to find out that both guys - having learned a valuable lesson about how a stupid little dispute can escalate into a potentially dangerous situation - have purchased bigger leaf blowers.

Dave Barry is a humor columnist for The Miami Herald. Write to him at The Miami Herald, One Herald Plaza, Miami, Fla. 33132.



Kay Black, left, and Patrice Hamilton workout in Buhl Middle School's weight room Friday morning. The two are part of the West Side Women's Weightlifting class in action that meets three times a week.

Powering up

Buhl women's weightlifting class keeps raising the bar

By Steve Crump
Times-News writer

BUHL - The Army used to advertise that it did more before 9 a.m. than most civilians accomplished all day. Mavis Easterday has them trumped by a couple of hours. "On days when we lift weights, we go walking first - four miles," said Easterday, a 47-year-old computer systems manager at Clear Springs Foods. "Then we go lift weights until 7."

Easterday is neither a fitness professional nor an insomniac - she just has a system. It's an ongoing women's weightlifting class at Buhl Middle School, sponsored by the College of Southern Idaho Community Education Center. And she and the dozen other regulars would like some company.

"It's a training circuit with 30 stations with free weights and machines," explained Macey Cline, one of the longstanding participants. "Coach (Gary) Krumm set it up."

Krumm, now the football coach at Twin Falls High School, helped organize circuit training in the weight room for Buhl Middle School students, and thought opening it up to members of the community was a good idea too. The class is scheduled early - 6:30 a.m. - because the weight room is used by classes and individual students for the rest of the day.

"It's really designed for every fitness level," said Cline, 44, who's entering her seventh year with the class. "A lot of the women who've been through the class were beginners."

Easterday, who was a walker before she ventured into the weight room a few years ago, says the experience has made her fitter, given her more endurance - and perhaps most importantly - reinforced her motivation to work out.

"It's become a camaraderie thing," she said. "We go to support each other."

The walk that Easterday and other members of the class

take earlier isn't actually part of the class, but she reckons it's a good way to combine resistance training and aerobic exercise. It starts in the neighborhood of 5 a.m.

"We have a regular route that we follow around Buhl," she said.

Cline says the weightlifting class, which technically begins on Jan. 26, actually runs year-round.

"We've got 10 or 15 people participating now," she said. "But we can accommodate up to 30."

Circuit training - usually but not always a combination of resistance and aerobic exercise - is designed to work on different parts of the body. The stops at each of the stations are intentionally brief - 30 seconds in this case - to add variety to a fitness routine without making any particular exercise too grueling - or too boring.

Its purpose is to tone muscles and improve strength and to speed up

the rate at which the body burns calories.

"We encourage people to participate as much as they can, but you don't have to be there every Monday, Wednesday and Friday to get some benefit from the class," Easterday said.

And you don't have to ever have hoisted a barbell to start.

"Most of the women who've been in the class have been about my age, but we've had them as old as 75," she said. Adult women of any age and physical ability are welcome.

"It's early, but it's fun," Cline said. "We keep each other motivated."

Times-News writer Steve Crump can be reached at 733-3223, or write to him at scrump@magiclevel.com

How American women work out

Number of American women who participated more than once in a fitness activity in 2002, 7 years and older, and percentage of women participating in each sport:

Activity	Total female participation	% female
Exercise walking	51.6 million	62.8%
Swimming	29.2 million	53.4%
Exercising with equipment	27.1 million	54.0%
Camping	26.7 million	48.1%
Bowling	21.5 million	48.9%
Aerobic exercise	21.3 million	73.2%
Bicycle riding	18.9 million	45.7%
Hiking	18.2 million	49.6%
Fishing	15.0 million	33.6%
Boating	13.7 million	39.0%
Running	11.4 million	46.0%
In-line skating	9.8 million	54.0%
Mountain biking	9.8 million	40.3%
Weightlifting	9.7 million	34.6%
Basketball	9.6 million	33.9%
Darts	6.9 million	36.0%
Softball	6.7 million	49.4%
Backpacking	6.0 million	38.8%
Golf	5.8 million	20.7%
Soccer	5.5 million	37.8%
Tennis	4.8 million	43.5%
Shooting	4.6 million	24.3%
Baseball	4.1 million	25.2%
Canoing	3.3 million	43.8%
Hunting	3.0 million	12.2%
Downhill skiing	2.9 million	33.9%
Water skiing	2.8 million	42.0%
Archery	1.8 million	21.2%
Cross-country skiing	1.1 million	23.0%
Winter sports	1.0 million	46.5%
Archeology	1.0 million	23.1%

Source: National Sporting Goods Association

To learn more

The next session of Ladies' Weightlifting on the West Side, sponsored by the College of Southern Idaho Community Education Center, will run Jan. 26 through May 31 - Mondays, Wednesdays and Fridays - from 6:30-7 a.m. in the Buhl Middle School weight room. Registration is \$100. For more information, call the Community Ed office at 732-6288 or 732-6290.

Analyzing the skin you're in

DEAR PAULA: I've heard of a machine that measures how much potential skin damage you have before it shows up on your face. I was wondering if you knew anything about it.

- TERESA, HOUSTON

DEAR TERESA: You are probably talking about Procter & Gamble's new machine called the VISIA Complexion Analysis System (licensed for marketing and distribution to Canfield Clinical Systems). I

t is a unique photographic imaging tool that analyzes the condition of skin at the surface and just below the surface. After taking a series of digital, super magnified photographs, the machine scrutinizes exact details of your skin.

It measures and counts everything from the exact number of



COSMETICS
Q&A
Paula Begoun

pores on your face to the number and depth of wrinkles, and the amount and type of bacteria present.

With that information, the Complexion Analysis System then compares your results to an extensive database and finally grades your skin with a comparative score.

This information is meant to allow you and your physician to understand the true status of your skin beyond what the eyes can see.

But this may be a closer look

than anybody really wants or ought to see.

Marketing the machine to physicians began last year. Ranging in price from \$12,000 to \$17,000, it doesn't seem to be the next skin care fad everyone is looking for, but it just may become the diagnostic tool of choice the next time you see your dermatologist or plastic surgeon.

For more information about VISIA visit www.canfieldsci.com, special/visia.html or www.visualcommunication.info/Procter-Gamble.htm.

Paula Begoun is the author of "Don't Go to the Cosmetics Counter Without Me (6th edition)" (Beginning Press, \$27.95). Write to her at 13075 Gateway Drive, Suite 160, Seattle, Wash. 98168 or check out her Web site: www.cosmeticscop.com

Happy shoe year

The Washington Post

Instead of making resolutions you can't keep, this year we've focused on the obtainable. We promise in 2004 not to go for the same-old but to make our shoes count. To start off the new year on the right foot, so to speak. Even with a champagne hugover, our feet will look good.

We'll stray from bland black and brown boots and focus on all things patent leather. Or quilted. We love kitten-heeled pumps. And the more embellishments the merrier: bows, buckles, flowers. Polka-dotted is a definite do.

"We love our shoes because they have the ability to transform an outfit as well as an attitude," says Jennifer Marino, owner of Shoefly in Arlington, Va. "You want to be sassy? Put on a pair of



strappy stilettos that wrap around the ankle. You want to be in charge? Wear a pair of red high polished leather cowboy boots with cropped pants."

We act slightly more practical: \$65 Aerosoles. We go online (llovehollywood.com) for flirty pumps and slides. Says Sarah Cannova, co-owner of the Sassanora shoe boutique in Washington, "If you don't love your shoes there is no point in leaving the house."

HEALTH & FASHION

People with arthritis can exercise for free

People with Arthritis Can Exercise class will be offered from 1:30-2:30 p.m. Mondays, Wednesdays and Fridays at the Twin Falls Senior Center, 530 Shoshone St. S.

The free exercise class is sponsored by South Central District Health, Bridgeview Estates, Twin Falls Senior Center and the Arthritis Foundation.

Tami Pearson, a certified PACE instructor, will lead participants through a series of range of motion and muscle strengthening exercises.

New participants can register at the first class. For more information, call Susie Beem at 734-Central District Health at 204-5900, Ext. 246.

CPR class

Cardiopulmonary resuscitation class will be offered from 4-8 p.m. Tuesday in the doctors' meeting room on the lower level floor at Magic Valley Regional Medical Center in Twin Falls.

The class will include emergency procedures for mouth-to-mouth resuscitation, chest compression and choking for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$25. Preregistration is required, call 737-2007.

CPR for babies

Infant safety and cardiopulmonary resuscitation class will be offered from 6:30-9 p.m. Tuesday in the Sage Room of the Education Center at Magic Valley Regional Medical Center in Twin Falls.

The program is offered as part of the prepared childbirth course. New parents, grandparents and children are encouraged to attend to learn about infant CPR, choking, child safety and prevention of injury.

The class is free. Preregistration is not required. For more information, call 737-2166.

'Baby and Me'

St. Benedict's Family Medical Center will offer Baby and Me classes from 10:30-11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome.

This week's topic will be "Developmental Milestones."

The session is for parents of children from infancy through toddler years.

The class is free. For more information, call 324-7262.

Refresher class

A childbirth refresher course will be held from 7-9:30 p.m. Tuesday at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome.

Topics will include labor, breathing and coping skills. Participants are asked to bring two pillows and a blanket to the

To do for you

class, which will be taught by a registered nurse.

The class is free for those who will be delivering at St. Benedict's Family Medical Center.

For more information or to register, call 324-1122, Ext. 3361.

Eating disorder support

Eating disorder and food addiction support group will meet at 6:30 p.m. Tuesday at the third floor east conference room of the Transitional Care Unit at Magic Valley Regional Medical Center in Twin Falls.

The support group is for those who have suffered from anorexia, bulimia, compulsive overeating, and compulsive diet and exercise. For more information, call Erin Erickson at 735-2728.

Program for families

Choose to Move, a class for parents and children, will be offered in an eight-week session from 7-8:30 p.m. Tuesdays, beginning Tuesday, at the Sawtooth Elementary School gymnasium, 1771 Stadium Blvd., Twin Falls.

The class is designed to teach parents and children about exercise, nutrition and healthy eating habits.

Cost is \$25 per family. To preregister and for more information, call Jamie Tigue at 732-6479.

Alzheimer's support

Holley Homes will hold an Alzheimer's Support Group meeting at 1 p.m. Wednesday at Philo House, 525 16th Ave. E., Jerome.

The support group is open to Jerome County area residents who have family members with Alzheimer's Disease. For more information, call Cary Crist at 324-8524.

About childbirth

Prepared childbirth classes will be offered from 6:30-9 p.m. Wednesdays, beginning Wednesday through Feb. 11, in the Sage Room of the Education Center at Magic Valley Regional Medical Center in Twin Falls.

The class will include classroom instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother, care of the newborn including breast and bottle feeding, and a tour of the Women's and Infant Center.

Cost is \$50. Preregistration is required, call 737-2166.

Parenting class

St. Benedict's Family Medical Center will offer 1 2 3 4 Parents, a class for parents with children ages 1-4. The classes will be held from 7-9 p.m. Wednesdays, beginning Wednesday through Jan. 28,

at the Health Education Center, 115 Fifth Ave. W., Jerome. To register or for more information, call 324-1122, Ext. 3361.

About C-sections

A cesarean childbirth class will be offered from 6:30-9 p.m. in the Sage Room of the Education Center at Magic Valley Regional Medical Center in Twin Falls. The third class of each prepared childbirth program will focus on cesarean deliveries, pain management, hospital procedures and non-conforming labors.

For the class date nearest your scheduled cesarean, call 737-2901. The class is free. Preregistration is not required.

Refresher course

Childbirth refresher course will be offered from 6:30-9 p.m. Thursdays in the Sage Room of the Education Center at Magic Valley Regional Medical Center in Twin Falls.

The class is for those who have previously taken childbirth classes. Childbirth preparation and procedures will be reviewed, and will include a tour of the Women's and Infant Center.

Cost is \$20. Preregistration is required, call 737-2166.

Learn CPR

Cardiopulmonary resuscitation class will be offered from 8 a.m. to noon Saturday in the doctors' meeting room on the lower level floor at Magic Valley Regional Medical Center in Twin Falls.

The class will include emergency procedures for mouth-to-mouth resuscitation, chest compression and choking for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$25. Preregistration is required, call 737-2007.

Parenting program

NoParent, a parenting program, will be held from 5:30-7 p.m. every Tuesday, beginning Jan. 20, in the Fireside Room at the Episcopal Church of the Ascension, 371 Eastland Drive N., Twin Falls.

The program provides time in each session for a parent and child activity, a knowledge building exercise and a parent support group. Topics will include safety, nurturing, infant development and coping with crying.

Cost is \$25, and scholarships are available. Preregistration is required, call 737-2166.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Third St. W.

Some fear that women lack facts about mammograms

The Washington Post

Nancy J. Newman didn't give it much thought when her doctor suggested she get a mammogram at age 40. But after it led to a needle biopsy, a lumpectomy and finally a mastectomy, Newman now wonders whether she should have gotten the exam in the first place.

"I'll never know," she reconciled to wondering whether I went through that whole experience unnecessarily," Newman said.

Since her mammogram three years ago, Newman has learned a lot. She now knows that the abnormality she was found in her breast might never have threatened her life, and that there is intense debate about whether getting mammograms regularly in her forties will really decrease her chances of dying of breast cancer. And she has heard from many women who are getting sucked into the medical vortex through mammography—but aren't convinced that they are benefiting from this more than they're hurt by it.

Experiences such as Newman's are at the center of an intense new debate about mammography. A vocal cadre of patients, cancer specialists, advocates and health experts argue that women are blithely undergoing mammograms without knowing nearly enough about them.

"Nobody wants to go against the standard dogma—we have accepted the concept of early detection and of mammography screening as the way to do it, hook, line and sinker uncritically, and we do so at our peril," said Susan M. Love, a University of California at Los Angeles breast cancer surgeon who has published best-selling, influential books on the disease.

"The medical establishment needs to give women the information they need to make an informed choice," Newman said.

Women ought to go into the mammography experience realizing they are much more likely to be treated for something because

“
What I'm certain about is there are lots of women who are not getting the information they need.”

— Nancy Newman, breast cancer survivor

cialists, advocates and health experts argue that women are blithely undergoing mammograms without knowing nearly enough about them.

"Nobody wants to go against the standard dogma—we have accepted the concept of early detection and of mammography screening as the way to do it, hook, line and sinker uncritically, and we do so at our peril," said Susan M. Love, a University of California at Los Angeles breast cancer surgeon who has published best-selling, influential books on the disease.

"The medical establishment needs to give women the information they need to make an informed choice," Newman said. "Women ought to go into the mammography experience realizing they are much more likely to be treated for something because

they have gotten a mammogram, but it is not clear that they will be able to live any longer because of it."

The new debate is the latest chapter in a long, bitter controversy over mammograms, especially for younger women. Although there is strong evidence that routine mammography for women in their forties and older reduces the breast cancer death rate, the benefit of screening women in their forties remains the subject of intense dispute. Nevertheless, leading cancer organizations recommend that women routinely undergo the procedure beginning in their forties in the hopes of catching cancer at its earliest, most treatable stages.

"The pros vastly outweigh the cons," said Robert Smith of the American Cancer Society. "Breast cancer is an important disease and one of the leading causes of death, and an especially important cause of premature mortality. We can't tell you who is and who isn't going to get breast cancer. So regular mammograms are a good idea." But many experts argue that women often grossly overestimate their risk of dying of breast cancer and have too much faith that mammograms can reduce that risk. Moreover, they say, many women do not realize how frequently mammograms produce false positives and find abnormalities that may not be dangerous, nor do they understand the test's shortcomings, including how often it misses cancers.

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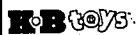
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Quiet the mind, heal the body

Los Angeles Times

LOS ANGELES - Inside a church community room, beginning meditators close their eyes, straighten their spines in their folding metal chairs and try to rein in, for just 10 minutes, the thoughts that race like wild horses through their minds.

A woman in the back row yawns. The woman next to her fidgets. Another student sneaks a peek.

"My mind still wanders," Jeremy Morelock, 33, says of the Buddhist meditation class he has attended for three months in search of stress relief and spiritual growth. "I have these imaginary conversations with people, and then I think, 'Whoa, whoa, whoa concentrate!'"

Regular meditation practice is supposed to quiet the mind and allow the body to tap into its own innate healing mechanisms. Yogis and monks have preached the powers of meditation for thousands of years, and the counter-culture generation of the '60s embraced transcending meditation - a still-traveling form of internal mantra-chanting - as a method to alter consciousness.

"But many people today are taking up meditation for reasons that have little or nothing to do with spiritual enlightenment and a lot to do with improving their health. Scientists are using MRI and other advanced technologies to study the physiological changes



Meditation has surprisingly broad medical uses, science is finding. It takes discipline though, to reap the benefits.

that occur in meditating Buddhist monks. These researchers are starting to demonstrate, with the type of laboratory science that can influence even skeptical physicians, what those who engage in this ancient practice have believed for many centuries: Meditation works.

A growing body of research has shown that meditation has clear benefits. Now, doctors and other health-care professionals are recommending it as a way to treat a variety of ills, from depression to high blood pressure and hyperactivity. In some cases, meditation - or as it's sometimes called, "relaxation techniques" -

is prescribed when other treatments, such as prescription drugs, haven't worked, or as a complement to drug therapy. Recent research has shown that meditation can help reduce the risk of heart disease and stroke, as well as reduce pain and enhance the body's immune system.

Meditation is free, accessible and portable. It has no negative side effects - a fact that makes doctors feel comfortable recommending it. Meditation requires only that you be able to sit quietly for 10 minutes or more, while focusing on your breath or a word or phrase. Anyone can do it. And while millions of Americans

already are meditating in some fashion, many more would likely benefit.

"I believe that meditation is the most important thing a person can do for their health," said Dr. David Simon, medical director and chief executive of the Chopra Center at La Costa Resort and Spa in Carlsbad, Calif., the wellness clinic founded by New Age author and physician, Dr. Deepak Chopra.

As with many lifestyle changes, most notably diet and exercise, getting started and sticking with meditation can be difficult. Meditation takes time and discipline. Desperately seeking health or sanity, many stressed-out people yearn for some quiet time amid the chaotic frenzy of their daily lives. Finding 10 uninterrupted minutes and a quiet place to sit down and shut your eyes can be a stumbling block. It's problematic to zone out in a cubicle at work, or at a restaurant during lunch, and home life can be hectic in these wired and wireless times.

No one knows for sure how many of those who begin meditating continue the practice. Gen Kelsang Lekma, a Buddhist nun who has taught meditation for a decade in Los Angeles, said the dropout rate is fairly high. Only about half the students who begin a typical 13-class series will complete it, she estimates, and perhaps two out of 10 students who begin meditating - will still be doing so after a couple of years.

VOTROUBEK-ORR

JEROME - Terry and Sue Votroubek of Jerome announce the engagement of their daughter, Sonya Sue Votroubek, to David Shawn Orr, son of Daniel and Peggy Orr of Twin Falls.

Votroubek is a graduate of Concordia University in Portland, Ore., with a bachelor of arts degree in biology with emphasis in pre-medical studies. She plans to attend medical school in the future.

Orr is attending the College of Southern Idaho to obtain an associate's degree. He has received a certificate in the diesel mechanics program at CSI.

The wedding is planned for 5 p.m. Saturday, Jan. 17, at the Living Waters Christian Community Church in Twin Falls.



David Orr and Sonya Votroubek. A reception will be held immediately following the ceremony at The White House in Twin Falls.

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'Sex and the City' gives high style a leg up

The Washington Post

In its six seasons, the HBO series "Sex and the City" has served as the fashion industry's most successful runway show. It has been able to regularly accomplish what myriad fashion magazines and catwalk presentations only rarely achieve. "Sex and the City" forged a connection between the typical woman and the fashion industry's most esoteric styles.

The show, which will air its final episode next month, chronicles the love lives of four women living in Manhattan. It has also served as a premier advertising vehicle for high-end brands that previously were known only to those perched on the top rungs of the social ladder. Thanks to "Sex and the City," a lot of people without the wherewithal to spend \$450 on a pair of shoes or Manolo Blahnik and Jimmy Choo.

In the show's second season, Carrie Bradshaw, the sex columnist played by Sarah Jessica Parker, wore a namelap necklace and a Playboy bunny charm. Viewers followed suit. In Season 3, Carrie pinned oversized silk flowers to her lapel, and women across the country adopted the trend. And for all of the buzz about Fendi baguette handbags among fashion's inner circle, the pricey, bejeweled bags didn't become the subject of Starbucks coffee chatter until "Sex and the City's" third season, when the hunt for fake Fendis was a subplot. In Sunday's episode, Carrie pulled a pink crystal-encrusted cell phone from her handbag and, if the show's Web chatroom is any indication, viewers across America will soon be turning their Nokias into craft projects.

The show caused a host of trends to burn white hot, but it may also have led to their burning

Carrie has my favorite wardrobe on the show because she mixes totally schlubby clothes with couture and manages to pull it off.

- Elizabeth Rafferty, 31-year-old viewer of 'Sex and the City'

out faster, says Peter Marx, president of Saks Jandel in Chevy Chase, Md. And there are customers, he says, who don't want an item precisely because it is so popular. But most retailers, notably those west of the Hudson River where the most forward fashions can be a difficult sell, have nothing but praise for the sales magic the show has worked over the years. "I've had men coming in and saying, 'My wife can't stop talking about this show; this dress, this bag worn by one of the girls on 'Sex and the City.''" says Ikrum Goldman, owner of Ikrum in Chicago. "Women who would never dream of spending that kind of money on clothes were coming in."

On the show, the women mix designer merchandise with everything from vintage fashion to kitsch. It is as though a fashion magazine has come to life with amusing characters, compelling plotlines and emotion. "Sex and the City" is a runway presentation with a twist.

"For one, as a retailer, will be sorry to see the show go off the air because it's done so much for our business," says Karen Daskas, co-owner of Tender, a boutique in Birmingham, Mich. The show's characters "are always dressed up and pulled together. No one is running out of the house in a sloppy T-shirt and jeans.

watch the show, the trends are right there in front of them," Daskas says. "These girls are in fashion every week."

Recently, while sitting in the annual Linens showroom placing her spring orders, Daskas watched as a company representative set aside several items for use on the show. Daskas quickly added those items to her own order. It's not that customers are coming simply because a garment is featured on the show. They are intrigued by the way it is worn, by the context and because they have a relationship with the characters.

"We see even the most outrageous outfit as something we can maybe pull off. Maybe not the entire outfit ... but it somehow gives us just that little extra courage to pull out the hot pink bag with polka dots," Chanel Eaton writes in an e-mail. Eaton, 27, is one of the many women who log into the "Sex and the City" fashion forum on the Web, where everything from costly Christian Louboutin shoes (Season 4) to Krispy Kreme doughnuts (Carrie has a logo mug) is discussed.

"I can honestly say that without inspiration from SATC, I would not wear some of the things that I wear. For example, accessories. I love different coats, handbags and jewelry," writes Eaton. "I have definitely stepped out of my

comfort zone with coats. I have blue, tweed, black leather. I seem to buy about three coats a season!"

"Sex and the City" has demonstrated great faith in the fashion savvy of non-Manhattanites, as the show is one of the few places where runway fashion meets a kind of virtual reality without all of the explanatory captions and artificial empathy over high prices. "People are relating to these women," Daskas says. "They're very understandable, and they're doing scary things." Carrie and her friends Samantha, Miranda and Charlotte have become virtual girlfriends who, every week, answer the fashion question: Where on Earth are you going to wear that?

"Carrie has my favorite wardrobe on the show because she mixes totally schlubby clothes with couture and manages to pull it off," e-mails Elizabeth Rafferty, 31. "One show, she wore a bandanna on her head, haufrau-style, with a sheer Chanel top, leggings and stilettos. I guess she also made it OK to dress up a little more for casual events. She is always wearing a dress or skirt, even just to lunch or shop with the girls. I never did that until after seeing SATC. I always felt too dressy if I did that ... I definitely try to be more adventurous with my clothes."

"Sex and the City" may be remembered as helping to sell horseshoe necklaces, pink shearing coats and Hermes scarves for use as do-rags. But its lasting impact will be in the way that it used fashion as such a telling element in the lives of its characters. Fashion helped to define Carrie, Samantha, Miranda and Charlotte. It also gave them great pleasure. And it reminded audiences that it can do the same for them.

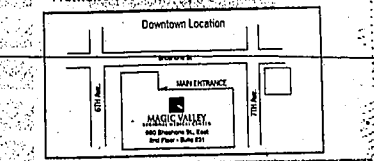
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Elder Law Forum

Straight Talk on Elder Law and Estate Planning

PROPERTY TAX CRUNCH

QUESTION: I just moved my aging mother to town. She purchased a modest home but on a limited income she will have trouble paying ongoing housing expenses. Any ideas?

First, make sure she signs up with the county assessor for the homeowner's exemption. This will lower her real property taxes. Do this by April 15. If she purchased after that date she may still have the benefit of the exemption if the seller did not "move" the exemption to a new residence.

Second, have her apply for what is known as the "circuit breaker exemption." It is available to low-income aged and disabled homeowners. Sign up by April 15. In very low-income circumstances it can result in complete property tax relief. Those eligible include, but are not limited to low-income individuals who are disabled, age 65 or older, former POWs, blind, or widower(s) - without regard to age. Annual applications are required to verify income eligibility, but the effort is worthwhile, and assistance in preparation and filings is available to needy individuals.

As in the case of a homeowner's exemption, in purchasing a home after April 15 from a seller who is qualified for the circuit breaker exemption will have the benefit of the exemption for that year unless the seller "moves" the circuit breaker exemption to another residence. Money in the bank is no bar to eligibility, although interest earnings factor into a determination of income eligibility. Various deductions from taxable income are made in determining eligibility. There is a sliding scale of relief so that the lower the income the greater the reduction.

On a low, fixed income every dollar saved is a dollar available for securing other necessities.

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MORNING BREAK

ACROSS 1 U.A.E. world... 10 Lobster... 14 Japanese... 17 Musical murder... 18 Mashed by... 19a. Reconcile... 20a. Reconcile... 21a. Reconcile... 22a. Reconcile... 23a. Reconcile... 24a. Reconcile... 25a. Reconcile... 26a. Reconcile... 27a. Reconcile... 28a. Reconcile... 29a. Reconcile... 30a. Reconcile... 31a. Reconcile... 32a. Reconcile... 33a. Reconcile... 34a. Reconcile... 35a. Reconcile... 36a. Reconcile... 37a. Reconcile... 38a. Reconcile... 39a. Reconcile... 40a. Reconcile... 41a. Reconcile... 42a. Reconcile... 43a. Reconcile... 44a. Reconcile... 45a. Reconcile... 46a. Reconcile... 47a. Reconcile... 48a. Reconcile... 49a. Reconcile... 50a. Reconcile... 51a. Reconcile... 52a. Reconcile... 53a. Reconcile... 54a. Reconcile... 55a. Reconcile... 56a. Reconcile... 57a. Reconcile... 58a. Reconcile... 59a. Reconcile... 60a. Reconcile... 61a. Reconcile... 62a. Reconcile... 63a. Reconcile... 64a. Reconcile... 65a. Reconcile... 66a. Reconcile... 67a. Reconcile... 68a. Reconcile... 69a. Reconcile... 70a. Reconcile... 71a. Reconcile... 72a. Reconcile... 73a. Reconcile... 74a. Reconcile... 75a. Reconcile... 76a. Reconcile... 77a. Reconcile... 78a. Reconcile... 79a. Reconcile... 80a. Reconcile... 81a. Reconcile... 82a. Reconcile... 83a. Reconcile... 84a. Reconcile... 85a. Reconcile... 86a. Reconcile... 87a. Reconcile... 88a. Reconcile... 89a. Reconcile... 90a. Reconcile... 91a. Reconcile... 92a. Reconcile... 93a. Reconcile... 94a. Reconcile... 95a. Reconcile... 96a. Reconcile... 97a. Reconcile... 98a. Reconcile... 99a. Reconcile... 100a. Reconcile...

Saturday's Puzzle Solved... 46 For (to) begin with... 47 Barn door... 48 Pencil... 49 Pencil... 50 Pencil... 51 Pencil... 52 Pencil... 53 Pencil... 54 Pencil... 55 Pencil... 56 Pencil... 57 Pencil... 58 Pencil... 59 Pencil... 60 Pencil... 61 Pencil... 62 Pencil... 63 Pencil... 64 Pencil... 65 Pencil... 66 Pencil... 67 Pencil... 68 Pencil... 69 Pencil... 70 Pencil... 71 Pencil... 72 Pencil... 73 Pencil... 74 Pencil... 75 Pencil... 76 Pencil... 77 Pencil... 78 Pencil... 79 Pencil... 80 Pencil... 81 Pencil... 82 Pencil... 83 Pencil... 84 Pencil... 85 Pencil... 86 Pencil... 87 Pencil... 88 Pencil... 89 Pencil... 90 Pencil... 91 Pencil... 92 Pencil... 93 Pencil... 94 Pencil... 95 Pencil... 96 Pencil... 97 Pencil... 98 Pencil... 99 Pencil... 100 Pencil...

Woman's small-claim case becomes big family quarrel

DEAR ABBY: I received a small settlement because of my work as a teller at my bank, asked if she could borrow \$300. I agreed. She took \$400 instead and promised to pay me back out of her income tax refund. Over the next several months, without my consent, she transferred \$2,000 from my account to hers. She always had an excuse and promised to repay me. After a year and a half, I told her if she didn't arrange to pay me back, I would have to take her to court. She and her husband stopped talking to my husband and me, so I filed a claim. To my amazement, I was invited to present my case on television in a courtroom show. Well, my husband refuses to go with me. He agrees that I am right, but he will not publicly take my side against his own daughter. Abby, I need his support. He's the only witness I have. I didn't want things to turn out this way, but they did. What do you think? -FOOL FOR FAMILY



DEAR ABBY: I received a small settlement because of my work as a teller at my bank, asked if she could borrow \$300. I agreed. She took \$400 instead and promised to pay me back out of her income tax refund. Over the next several months, without my consent, she transferred \$2,000 from my account to hers. She always had an excuse and promised to repay me. After a year and a half, I told her if she didn't arrange to pay me back, I would have to take her to court. She and her husband stopped talking to my husband and me, so I filed a claim. To my amazement, I was invited to present my case on television in a courtroom show. Well, my husband refuses to go with me. He agrees that I am right, but he will not publicly take my side against his own daughter. Abby, I need his support. He's the only witness I have. I didn't want things to turn out this way, but they did. What do you think? -FOOL FOR FAMILY

Buckle up and get ready for a rough ride, Gemini

IF JANUARY 12 IS YOUR BIRTHDAY... you are highly energetic and may have trouble remaining focused at times. Try to stick to your plan and avoid scattering your energies. Talkative, likable and energetic, you excel in anything requiring patience and artistic ability. Less conservative than many other Capricorns, you offer both maturity and a fun-loving attitude to those around you. ARIES (Mar 21-Apr. 19): You're able to devote yourself to career beautifully today, making points where they're most needed. A partnership or alliance is strengthened. Aries strivers are pulling you sharply at home; try to balance priorities. TAURUS (Apr. 20-May 20): Strong desires early in the day may start the ball rolling toward an interesting meeting later on. Deep thoughts may swirl just out of reach; it will be easier for you to touch them as Mercury moves on in a day or two. GEMINI (May 21-June 20): Lightning may strike in your career at any time now, so buckle up and don't be surprised if it's a rough ride at first. Don't worry - it will smooth out in time. Home should be comforting and comfortable now. CANCER (June 21-July 22): You're starting to feel a strong desire to broaden your world. Travel and study both offer opportunities to experience more of what is out there. Unusual places and subjects are the most fascinating to you. LEO (July 23-Aug. 22): Your focus remains on getting the job done - and in that, you're all business. You are in the process of actualizing your career destiny in terms of both achievement and earning power - so keep going strong! VIRGO (Aug. 23-Sept. 22): The moon stays in your sign until late

HOROSCOPE
Jeraldine Saunders
this evening, possibly making you more picky than usual. Don't let the petty details of life derail good things; make your assessments based on the big picture. LIBRA (Sept. 23-Oct. 22): Both home and work responsibilities pull at you now. Even a master of balance, like you has had trouble reconciling the two lately. Talk it out with someone you trust. SCORPIO (Oct. 23-Nov. 21): Another day for happy times with friends. Do keep your gripes with just distant duties could still erupt. SAGITTARIUS (Nov. 22-Dec. 21): Keep a rein on your "honesty"; it can be lethal, and hurting Sag really doesn't want to hurt anyone. If you have kids, hang in there. Things will be less argumentative as Mars moves out of your house of children early in February. CAPRICORN (Dec. 22-Jan. 19): If the home front is creating too much irritation, plan actively to create a more workable dynamic, expanding your world, get with it. There are countless things to learn, and many of them can have a practical benefit. AQUARIUS (Jan. 20-Feb. 18): It's a time to solidify the home front; build your roots strong and deep. You're yearning for some quiet time; do your best to get some. It's also a good time to enjoy friends. PISCES (Feb. 19-Mar. 20): Relationships blossom and so does your love of humanity. You're being asked by the universe to clarify your issues regarding sharing of attention. What is the right balance for everyone?

Neutered tomcats may get more than nine lives

Its two new years neutered on average than those not so sterilized, longevitized, demilitarized, whatever. The spayed females don't live longer than the unspayed females, though. Curious. Sir, did you ever tell your wife she looked like an angel? How'd she take it? Was she aware biblical angels are always referred to as masculine? Among proboscis monkeys, the larger the male's nose, the more attractive he is to females, say the naturalists. Q. Who said, "Time is money"? A. Who but Ben Franklin? Did I mention he was frequently overdrawn at his bank? Swift swimmers, those squid. Must be. Some have been seen to pop out of the water and glide through the air for quite some distances. Serious researchers say nobody really knows the original meaning of "Kentucky." When westerners know little about Japan, they know about the historic Japanese baths, tradition knows the reasons: Japan has about 20,000 hot springs. No, ma'am, what makes a pig squeal is distress, never delight. Where heavy rains flood tropical places, some use make chains of their bodies to float ropes of themselves. Curiosity is "those ropes roll on the water so all the ants; now under, now over, have their chances to breathe. The beluga whale can wiggle like a bird, squeal like a pig, baa like a sheep, whinny like a horse and growl like a dog. The great Louis Armstrong in 1928 was doing the vocal of "Heebie Jeebies" when he dropped his word sheet. He improvised. That, it's claimed, was the start of scat singing.



REVISITED
L.M. Boyd
The ground under Turkey is rising. Question arises as to why so many women get stuck with the weeding of gardens. Maybe because they're better at it. In sports, women often win when endurance means most. Long-distance swimming. Dogged racing. In a garden-weeping marathon, but on the woman. Greenland sharks eat reindeer. That has been witnessed. When the ice cracked as many people are afraid of flying as are afraid of mice, researchers aver. A hoodie hole looks like hardly anything. But it may go deep into the hillside. And be inherited by many generations. To last 100 years.

Alive and cookin'

The Lutherans publish a cookbook.

Wednesday
In Food & Home

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Tuesday in Computers & Technology

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Orpheus
Mona Lisa Smile (w/ 7:00 - 9:20)
Chasing Liberty (w/ 7:00 - 9:30)
Cleopatra (w/ 7:00 - 9:15)
Lord of the Rings (w/ 7:30 - 9:45)
The Beach (w/ 7:15 - 9:45)
Odyssey 5 Theatre (w/ 7:00 - 9:45)
My Darling Clementine (w/ 7:00 - 9:45)
The Untouchables (w/ 7:00 - 9:00)
The Muppet Christmas Carol (w/ 6:45 - 9:30)
Patched (w/ 7:15 - 9:45)
Twin Cinema 12 (w/ 7:00 - 9:30)
Stuck on You (w/ 7:00 - 9:30)
Chicago by the Dawn (w/ 7:40 - 9:45)
Café Society (w/ 7:40 - 9:50)
Chicago (w/ 7:40 - 9:50)
Humint! (w/ 7:30 - 9:45)
Sunshine in the Grass (w/ 7:00 - 9:30)
Mystery and Commandments (w/ 6:45 - 9:45)
Lord of the Rings (w/ 7:30 - 9:45)
Cold Mountain (w/ 7:45)
Bar Santa (w/ 7:40 - 9:50)
Big Fish (w/ 7:15 - 9:50)

NEW WRINKLES ON OLD PROBLEMS

G. Adrian Dean, M.D.
Q: My Dad has been depressed off and on all his life. Now he's 75 years old and has some depression and his doctor told us he also has Alzheimer's Dementia. How do we tell the difference?
A: Both disorders can cause memory disturbances and orientation problems. Both can bring about loss of appetite and poor sleeping. Both can cause lack of motivation and reduced functioning around the home. There is also no rule that says a person can only have one or the other. Therefore, from the family's standpoint, rather than trying to make some fine line distinction between them, both of these disorders should be looked at as treatable. He should be tried on an antidepressant medication to relieve any depression and help his quality of life. He should also be tried on one of the medications which can improve the functioning of people with dementia. While Dementia can't be cured, its progression can be slowed and the quality of life often improved. Depression can definitely be relieved which can be very helpful to your father.

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CIRRHOsis OF THE LIVER PART II

Ted L. Rea M.D., F.A.C.G.
GASTROENTEROLOGY • GASTROINTESTINAL ENDOSCOPY
BOARD CERTIFIED
Fellow of the American College of Gastroenterology

In cirrhosis of the liver, scar tissue replaces normal, healthy tissue, blocking the flow of blood through the organ and preventing it from working as it should. Cirrhosis is the eighth leading cause of death by disease, killing about 25,000 people each year.

TREATMENT
Liver damage from cirrhosis cannot be reversed. But treatment can stop the delay further progression and reduce complications. Treatment depends on the cause of cirrhosis and any complications - a person's diet, for example. Cirrhosis caused by alcohol abuse is treated by abstaining from alcohol. Treatment for hepatitis-related cirrhosis involves medications used to treat the different types of hepatitis. Cirrhosis caused by Wilson's disease, in which copper builds up on organs, is treated with medications to remove the copper. When complications are not controlled or when the liver becomes so damaged from scarring that it completely stops functioning, a liver transplant is necessary.

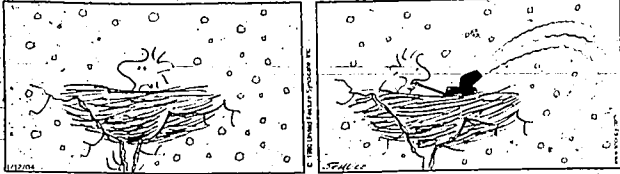
SYMPTOMS
Many people with cirrhosis have no symptoms in the early stages of the disease. However, as scar tissue replaces healthy cells, liver function starts to fail and a person may experience the following symptoms: Nausea, Fatigue, Loss of Appetite, Itching, Swelling, Weight Loss.

DIAGNOSIS
The doctor may diagnose cirrhosis on the basis of symptoms, laboratory tests, the patient's medical history, and a physical examination. If looking at the liver is necessary to check for signs of disease, the doctor might

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Classic Peanuts

By Charles M. Schulz



For Better or For Worse

By Lynn Johnston



Dilbert

By Scott Adams



Blondie

By Dean Young & Stan Drake



B.C.

By Johnny Hart



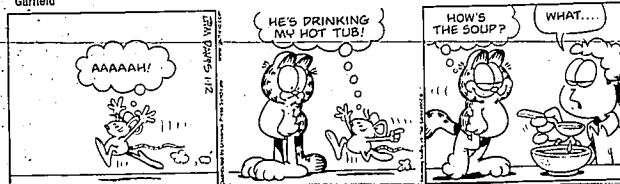
Pickles

By Brun Crane



Garfield

By Jim Davis



Dennis the Menace

By Hank Ketcham



The Family Circus

By Bil Keane



Hi and Lois

By Chance Browne



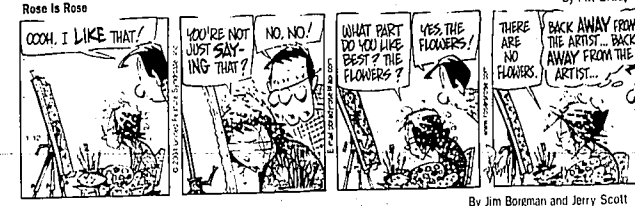
The Wizard of Id

By Grant Parker & Johnny Hart



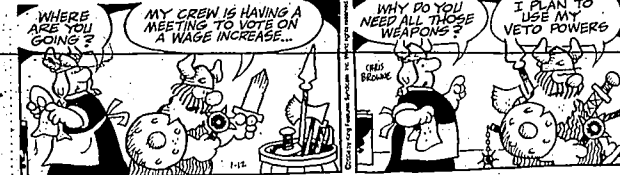
Rose Is Rose

By Pat Brady



Hagar the Horrible

By Chris Browne



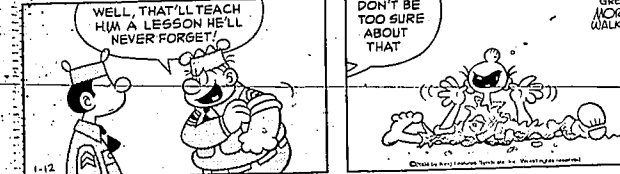
Zits

By Jim Borgman and Jerry Scott



Beetle Bailey

By Mort Walker



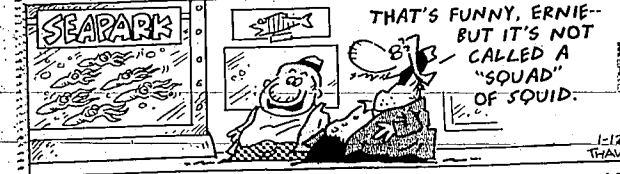
Luann

By Greg Evans



Frank and Ernest

By Bob Thaves



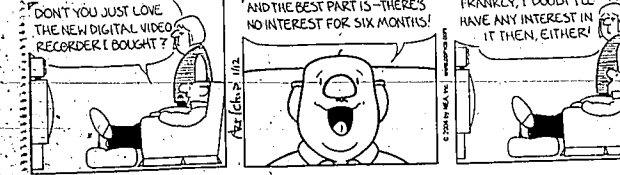
Strange Brew

By John Deering



The Bom Loser

By Art Sansom & Chip



SCHOOL DAYS

Community Editor: Pat Marantonia - 735-3288

BPA club is one of the most active at BHS

One of the most intriguing aspects of Buhl High School is the degree of student participation in clubs.

Almost every day of the week students are actively involved in projects. This not only allows students to fill their free time, but also creates a positive environment.

Students give to others and help make the community of Buhl a better place. Business Professionals of America, otherwise known as BPA, is one of the best examples of clubs at BHS and one of the most active.

Led by senior president, R.C. Sisson, and adviser, Don Black, this club oversees many functions throughout the school year. Other officers are vice president, Jennifer Lyday; secretary, Jaime Nicholson; treasurer, Tamara Pack; historian, Tyler Mink; and



BUILH BEAT
Joe Popplewell

parliamentarian, Chris Ahlm.

BPA is a business-oriented club. Its main priority is furthering the knowledge of the business world to its members.

"Our main goal is to promote a fun, yet educational atmosphere for all of our members," Sisson says. "We try to have at least two successful activities during each month, with a goal to reach out to the whole student body."

So far this year, BPA has had fund-raisers and activities for their club and BHS. One was the selling of "Tribute Pride" socks to

the community. This fund-raiser went over successfully with everyone wearing socks inscribed with the word "INDIANS."

Throughout the year BPA also participates in many competitions between area schools that involve all aspects of the business world, from the stock market to the price of grain. In the spring, Buhl's BPA club also participates in a conference held annually in Boise where state competitions are held. Also at this conference, business professionals from across America offer advice or teach their jobs to more than one thousand eager high school students.

BPA has been instrumental in building school pride within Buhl High School.

We expect more top news from them in the second half of the year.

In Buhl High School's first annual "Club of the Year" race, clubs are doing all they can to garner the award. This award sponsored by student council takes into account participation, activities and school involvement when awarding points. Three National Honor Society, Key Club and BPA. All three exemplify what a club should truly be. The award, which includes a wooden plaque and an undisclosed amount of money, will be awarded in May.

If you haven't been out to a wrestling match or basketball game, yet, make it a point to attend. Students appreciate your support and interest!

Joe Popplewell is the student body president at Buhl High School.

CAUGHT BEING GOOD



Seventh-grade students at Robert Stuart Junior High receive tickets when they are 'Caught Being Good' by following the agreements of mutual respect, attentive listening, appreciations and responsibility. CBG winning ticket holders for November and December are, from left, back row: Chase Chute, Amanda Keebler, Dusti Morse, Echo Hoskins, Theresa Simons and Stephen Thomas; second row: Marleigh Merkle, Amanda Breen, Julia Silva, Teresa Chavez and Kevin Wakley; front row: Jessalca Jacobs, Clyde Lynch, and Raymond Banyol. Shelby Hyde and Shawn Cochran are not pictured.

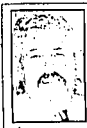


The Castleford School cheerleaders will perform at half-time varsity basketball games. The high school cheerleaders are, from left, Jordie Schorman, Anna Lopez, Kelly Tabet, Lauren Kline, Janet Hurley and Amanda Draper.

Castleford cheerleaders perform this month

Castleford cheerleader adviser Brenda Thomson invites the community to two half-time performances of the elementary/high school cheerleaders on Jan. 19 and Jan. 22.

Presently, more than 35 girls are preparing to perform at the half-time of the varsity basketball games. Norma Chandler, hot lunch supervisor, announces that several upgrades in the kitchen have been completed, including: a new dishwasher, a state-of-the-art serving bar and a computer record-keeping data base. Mrs. Chandler and her staff do an excellent job of working with and for our students, staff members and parents.



CASTLEFORD ROLL CALL
Andy Wiseman

Our first semester ends Thursday. We will have semester tests on Wednesday and Thursday and a teacher workday on Friday.

Remember, to see our monthly calendar check out the following Web page: castlefordschools.com.

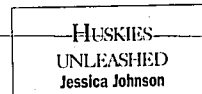
Andy Wiseman is principal of Castleford School.

Hansen student earns honor, school plans event

Congratulations to Krystal Kenyon, who has received the honor of the United Dairymen Student of the Week.

Krystal received a \$100 award for Hansen High School.

The student body at Hansen successfully raised more than \$460 for the Red Cross last month. The seventh-grade class



HUSKIES UNLEASHED
Jessica Johnson

was responsible for the largest portion of the funds generated.

As a reward, each seventh-grader attended a movie free of charge.

A basketball homecoming is in the works! The Huskies have set Jan. 19-22 for the event. In honor of Martin Luther King Jr., Hansen High School is planning a Heritage Day. This theme will kick off the week with a posi-

tive message. During Heritage Day, students will dress in clothing from their country of origin, ancestral descent, which portrays a bit about their family heritage.

Hansen High School student Jessica Johnson initiated and publishes the school newspaper.

Gooding High students get ready for finals week

Next week is finals week at Gooding High School and the conclusion of the first semester.

With icy cold winter comes the first trial of the high school student, finals!

But Gooding High School students are prepared to flaunt their skills and prove their excellence during finals week. This is the new beginning—a chance to either turn things around or to hang another A up on the refrigerator.

Finals will begin Monday and



SENATOR SCENE
Paul Sebastian

continue through the week, coming to a conclusion on Friday.

We have had our break, and it was glorious, and now it is time to return back to our learning. Finals week is the springboard

into the next semester, and Gooding High School is ready to dive in.

Upcoming events at GHS include the annual cheer clinic that will be held on Jan. 17. GHS cheerleaders spend the day instructing elementary-aged students who are curious about the sport of cheerleading.

At the evening basketball game (Gooding versus Buhl) the kids will perform dances under the instruction of GHS cheerleaders at half-time. There is no

school on Jan. 19 and Jan. 20, and the following week, Jan. 26-30 is Gooding High's spirit week.

January is packed with action, and the Senators are ready to bring in the new year with school spirit with boys and girls basketball and wrestling this week. The wrestling also will be looking for a championship at the Wendell tournament starting Saturday.

Good luck Senators!
Paul Sebastian is Gooding High School student body president.

It's time for parent/teacher conferences at JHS

A note from Principal Patti O'Dell: It's time for parent/teacher conferences.

Don't let the cold keep you away from this important activity. Conferences will be held from 4-8 p.m. Wednesday and Thursday. Teachers will have mid-term grades, ISAT scores and each student's course request list for the 2004-2005 school year.

Ms. O'Dell, assistant principal Ty Jones and counselors Landon Marlor and Joni Smith will be available to answer any questions. See you there!

JHS students are dedicated to service. Recently, many of our clubs, students and staff mem-



TIGER PRINTS
Kayla Earle

bers have taken part in giving back to our community.

Thanks to Debbie Walsh, the counselor at Central Elementary, JHS students will have the opportunity to be involved in the Lunch Buddy Program. This program pairs high school students and elementary

students to the benefit of both. The high school students will go to the elementary school to enjoy lunch with their buddies twice each month. This gives the older students the chance to serve as a role model to younger children, while the younger children develop a healthy bond with the high school mentor.

Also at JHS, Todos Unidos, a new club at JHS, uniting students of different cultures, will help out at the JHS Career Fair. At the fair, club parents will provide lunch for the business people in attendance.

The food will be served by the club members.

The Career Fair will take place on the morning of Feb. 4 at Jerome High School.

Students will get to look into career opportunities in the Magic valley, as well as check out some of the extra curricular opportunities at JHS. Thanks to the many Magic Valley businesses who take the time to make the career fair successful. Thanks also to Work-based Learning coordinator, Linda Arrbsa, for organizing this fair and many other world of work opportunities for the students.

Kayla Earle is a Jerome High School senior.

SCHOOL NEWS

T.F. High School students will sing in All-State Choir

TWIN FALLS—Twin Falls High School choir students selected to the 2004 All-State Choir slated for Coeur d'Alene in March were Yelena Bagdasarova, Tracie Buttars, Lindsay Chandler, Dunae Crowley, Sadie Hafer, Ashley Naylor, Sierra Seaman, Chelsea Wasden, Carlie Atkins, Whitney Browning, Laurie Burgemeister, Judith Castagno, Melissa Dadds, Heather Dadds, Niki Magill, Cindy Neilson, Shami-Shuss, Ewan Allison, Brian Scott, Collin Allan, Kempton Cox, Chad Harris, Patrick Harris and Jeremy Roberts.

GALC begins fourth block, time to register

GOODING—The Gooding Accelerated Learning Center will start its fourth block on Thursday, running through Feb. 26.

To accommodate all students, as well as to prevent delays in registering students, students are asked to register this week at 906 Main St., Gooding or call 934-4214.

The following courses will be offered:
9:10 a.m. to 12:10 p.m. - English 11, English 12, U.S. history

IV and accelerated math 12:30 to 3:30 p.m. C A D, accounting-and-sewing 3:30 to 5:10 p.m. Accelerated math, online course and ISAT skills.

For more information, call Michelle Owen at 934-4214.

School will serve up multi-cultural food fair

JEROME—Central Elementary will host the fifth annual Multi-Cultural Food Fair at 5 p.m. Jan. 30 in the Jerome High School cafeteria.

The evening will start with a flag ceremony conducted by the Girl Scouts from Jerome. The Central Elementary students will sing at various times throughout the night.

The menu will include baked potato, chili, tortilla chips and salsa, salad, assorted breads, cookies and soda. Donations will be accepted at the door. Suggested donations are \$15 per family, \$5 for adults, and \$3 for children under 12.

For more information, call the school at 324-3396.

Brunette dancer chosen Dancer of the Month

TWIN FALLS—Kalece Crider, daughter of Lora and Matt Crider of Twin Falls, has been

selected as the Twin Falls High School Dance Team's Dancer of the Month.

Kalece, Brunette dancer, was chosen based on her attendance record and her leadership skills.

The announcement was made by Julie Wright, coach, and Joyce Thompson, assistant coach.

Dietrich schools chooses outstanding students

DIETRICH—Dietrich School announced January's Students of the Month.

Academic honors went to Djassini Bouin and Nicki Miller; most improved went to Shanelle McDaniel and Cierra Divine; and citizenship went to Kassandra Whitaker and Lindsey Shaw.

Buhl dinner-theater offers 'Shakespeare' play

BUILH—The Buhl High School Drama department will present "The Complete Works of William Shakespeare, abridged" with dinner starting at 6:30 p.m. Friday and Saturday at the Eighth Street Center in Buhl.

Tickets are \$25 a couple, \$15 for singles, and \$12 for senior citizens; reservations are required. For reservations or more information, call David Blaszkiewicz at Buhl Middle School, 543-8292.

O'Leary seeks memorabilia, photos for birthday

TWIN FALLS—To celebrate its 25th birthday on Jan. 30, O'Leary Junior High is seeking the help of former students and staff members.

If you attended O'Leary at its current location anytime between 1979 and 2004, the celebration planners would like to borrow or display any memorabilia or photos you may have. For more information, call Geanna Davis at 733-4713.

Big Valley holds Family Reading Night Thursday

RUPERT—Family Reading Night will be held from 6:30 to 8 p.m. Thursday at Big Valley Elementary School, 202 18th St., Rupert.

This will be the second family reading night of the school year. Computers for Accelerated Reader tests will be available. Guest readers for the evening will be Big Valley principal Alan Cardon, Mini-Cassia Opportunity Center principal John Contos, fifth-grade teacher Susan Paul and local radio personality Benjamin Reed.

There will be door prizes and refreshments.

For more information, call 436-9707.

Hagerman students win school geography bees

HAGERMAN—Jake Emerson, a seventh-grader, is the winner of the Hagerman Junior High competition of the National Geographic Bee.

The elementary school bee winner is Sergio Motezuma, a fifth-grader.

Both students took the National Geographic-qualifying written test and are waiting to learn if they will qualify for the State Bees in April, reported Ray Hoffman, counselor.

The school-level bee, where students answered oral questions on geography, was the first round in the 16th annual National Geographic Bee. The bee is sponsored by the National Geographic Society and ING Americas—one of the world's largest integrated financial services companies.

The kickoff for this year's bee was the week of Nov. 17, with thousands of schools around the United States and in the five United States territories participating.

Up to 100 of the top scorers in the written test in each state will be eligible to compete in their state Bee April 2.

National Geographic will provide an all-expenses-paid trip to Washington, D.C., for state champions and teacher-escorts to par-

ticipate in the national championship on May 25-26. The first-place winner will receive a \$25,000 college scholarship and a lifetime membership in the Society.

Jeopardy! host Alex Trebek will moderate the national finals on May 26. The program will air on the National Geographic Channel and afterward on PBS stations.

Anyone can brush up on geography with GeoBee Challenge, an online geography quiz at www.nationalgeographic.com/geobee, which poses five new questions a day from previous National Geographic bees.

The National Geographic Society is the world's largest not-profit scientific and educational organization. The 114-year-old Society offers magazines, books, maps, television and interactive media. National Geographic magazine, the official journal of the Society, has a circulation of about 10 million. National Geographic Channel, a daily television cable network that launched in the United States in January 2001, is available in more than 34 million homes. The Society has funded more than 7,000 scientific research projects and supports an education program combating geographic illiteracy.

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MAJOR BREAKTHROUGH New pill targets fat and water in the abdomen that cause the pot belly

Developed from studies at the Universities of Yale, Pittsburgh, UCLA, and California

You can say good-bye to your pot belly

By John Whitehead, Media Services

A major new breakthrough pill with ingredients that target abdominal fat and water that cause the pot belly has been announced by BioTech Research. The brand name of this pill is AbGONE™. It is now available to the public.

AbGONE™ was developed from concepts in research conducted at the Universities of Yale, Pittsburgh, UCLA, and California. It was found in this research that fat in the abdomen is different than the rest of your body. And, there are 2 types of abdominal fat, outer fat and intestinal fat.



AbGONE™ lead developer Rehan Jalali is a nationally recognized nutritionist and author who has appeared in NEWSWEEK, Muscle & Fitness, Oxygen, Men's Fitness, Muscle Media and many other magazines and scientific journals. He has developed over 100 cutting edge products for the nutritional supplement industry.

Certain factors cause fat to collect in the abdominal area in excess.

But what makes abdominal fat different from the rest of the fat in the body also provides researchers with a way to reduce it with a number of natural substances which reduce both types of abdominal fat. They also found a way to reduce excess abdominal water.

The lead developer of this remarkable new pill, AbGONE™, with these ingredients that reduce abdominal fat and water, was Rehan Jalali, nationally recognized nutritionist and author for BioTech Research.

Here is my eye-opening interview with Mr. Jalali. Research studies are noted and referenced in this interview.

Q. Mr. Jalali, how did you develop this remarkable AbGONE™ pill with ingredients that target fat and water in the abdomen?

A: I took five years to develop the AbGONE™ pill. We started out by reviewing large volumes of research that had been done on why so much fat is disproportionately stored in the abdomen. This research was conducted at Yale University.

This research found that abdominal fat was different than in the rest of the body.

From this initial research, we knew we could develop a pill to reduce abdominal fat.

We also found that there were harmful effects of abdominal excess fat and excess retained water. These included the fact that people with a pot belly had a greater tendency to certain health problems. We also found that they had social difficulties and had greater rates of unemployment and divorce.

Q. It has always been thought in the scientific community that you could not spot reduce fat. Is that not true?

A: The ingredients in AbGONE™ do not spot reduce ordinary fat. They help reduce ordinary fat uniformly over the entire body. The ingredients in AbGONE™ enable the body to reduce excess water and fat in the abdomen that the body could not reduce before. And they help inhibit the excess collection of abdominal fat in the future. Therefore, the abdomen is reduced in size much better than before.

Q. How is abdominal fat different from other fat in the body?

A: Abdominal fat is much more sensitive to a certain hormone which enlarges the fat. I will elaborate on this two different types of fat in the body. The first is outer fat found under the skin surface. The second is intestinal fat which is deep in the abdomen.

Now, this is important. It is possible to reduce the

surface fat in the body but still have significant abdominal intestinal fat.

That is why, even when people become super thin and have no visible fat on their body, they often still have a pot belly. That is because the intestinal fat is still collected deep in the abdomen.

Q. How do the ingredients in AbGONE™ help reduce abdominal surface and intestinal fat?

A: We found in a number of research studies on laboratory animals, later confirmed in human studies, a substance called Conjugated Linoleic Acid (CLA). Studies of CLA suggest that CLA decreases body fat in three ways: 1.) CLA decreases body fat mass by decreasing the amount of fat that is stored after eating; 2.) CLA increases the rate of fat breakdown in fat cells; and 3.) CLA increases the rate of fat metabolism which decreases the total number of fat cells. You can think of CLA as a match that lights the fuse in fat. This fuse increases the metabolic rate of fat that can result in subsequent fat loss.

Studies have shown that you can reduce abdominal fat within 4 weeks. AbGONE™ contains a good dose of CLA.

There are also a number of other beneficial effects to CLA that help decrease the future storage of fat.

Q. How can CLA help decrease the future storage of fat?

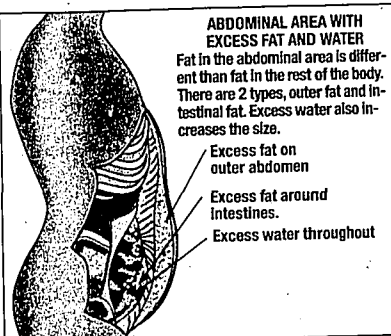
A: CLA interferes with an enzyme called lipoprotein lipase (LPL). LPL is an enzyme that helps store fat in the body.¹ So, by inhibiting this fat-storing enzyme LPL, CLA can help reduce the re-accumulation of fat. CLA also helps the body use its existing fat for energy, thereby increasing fat oxidation and energy expenditure.

Q. What is the hormone that causes fat to accumulate disproportionately in the body?

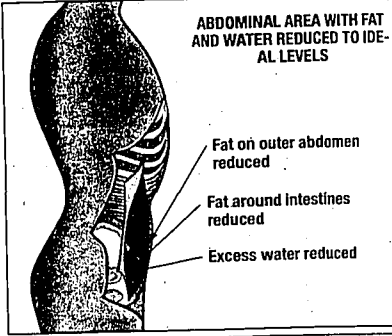
A: The hormone Cortisol has been found in studies at UCLA, Yale and many other universities to directly contribute to the collection of fat in the abdomen.² Cortisol is a catabolic hormone that breaks down dead or damaged tissues so they can be eliminated by the body. Lower levels of Cortisol have some functional effects. Higher levels of Cortisol are harmful.

These university studies found that stress directly increases Cortisol levels to the point of being harmful.³

These stress-induced Cortisol level increases have been linked to increasing abdominal fat.⁴ The reason for this is that there are 4



ABDOMINAL AREA WITH EXCESS FAT AND WATER
Fat in the abdominal area is different than fat in the rest of the body. There are 2 types, outer fat and intestinal fat. Excess water also increases the size.



ABDOMINAL AREA WITH FAT AND WATER REDUCED TO IDEAL LEVELS

times more Cortisol receptors in abdominal fat than there are in fat in the rest of the body.¹⁰ This is why abdominal fat is much more sensitive to the fat accumulating effects of Cortisol.

Abdominal fat responds to circulating Cortisol levels by further increasing in size.¹⁰ And, these large central fat deposits in the abdomen can contribute to problems and promote other risk factors like high cholesterol levels.¹¹

According to research at the University of California in San Francisco, higher levels of Cortisol and stress can actually increase appetite, especially cravings for sweet foods.¹² So it's a cascading effect causing people to get fatter and fatter.

Therefore, it is imperative to stop high levels of Cortisol in its tracks if you want to reduce abdominal fat.

Q. So how do you control Cortisol levels?

A: The simplest way is to eliminate stress in your life. However, with modern life, eliminating stress is virtually impossible. The alternative is to use nutraceuticals that studies indicate reduce Cortisol levels. We also put these all natural nutraceuticals in AbGONE™.

Q. Can you tell me more about these nutraceuticals in AbGONE™ shown to reduce Cortisol?

A: Yes I can. There are certain vitamins and minerals that have been shown to reduce Cortisol levels in high stress situations.¹³ But you can't just take a multiple vitamin to reduce Cortisol because there's a lot of other things that you need to have in order for them to work.

One of these critical nutrients that you need is Phosphatidylserine (PS). Several studies at the University of Naples in Italy and at Cal State University in the U.S. indicate that PS can lower Cortisol levels. PS has another good side effect in that it is also a brain power booster. The stopping of excessive Cortisol is also important for your psychological condition. It may help improve mood and reduce anxiety.^{14,15}

These synergistic nutrients in AbGONE™ helps reduce abdominal fat as aforementioned. Fat in the abdomen also has more Cortisol receptors than does fat in the rest of the body as aforementioned. So lowering Cortisol levels can help reduce fat in the abdomen.

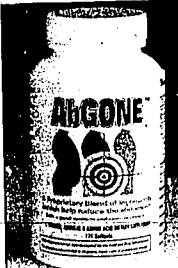
Eating too much sugars also affect abdominal fat which is also addressed in the AbGONE™ ingredients.

Q. How are blood sugars addressed in the AbGONE™ ingredients?

A: AbGONE™ contains a highly absorbable form of chromium, a trace mineral shown to have powerful benefits in regulating blood sugar levels. Chromium works by helping the body store less sugars as fat.

Q. Are there any other benefits to the AbGONE™ ingredients?

A: The answer to the ques-



tion is yes. Not only do the ingredients generally help reduce abdominal fat, but they also have a multitude of health and other benefits. These include anti-oxidant effects, supporting healthy blood sugar levels, neurological boosting effects, preserving lean body mass, and supporting optimal water balance.

A lot of the excess pounds that people carry is excess water which is not needed by the body and can be harmful. AbGONE™ also contains an exotic herb, Dandelion Root, that studies have shown can help decrease excess water in the body.¹⁶ This can really help reduce and show a firm abdomen because large amounts of the excess water is in the abdomen. Men can show the "six pack" and women can get that smooth, firm, flat abdomen.

Therefore, AbGONE™ has triple action ingredients that help support abdominal fat loss and a healthy body.

Q. Can you summarize these 3 components of the AbGONE™ ingredients?

A: Yes, I would like to preface that by the fact that you need all 3 of these components working to properly reduce abdominal fat, reduce the overall size of the abdomen and maximize the appearance of the abdomen. These 3 mechanisms of action are:

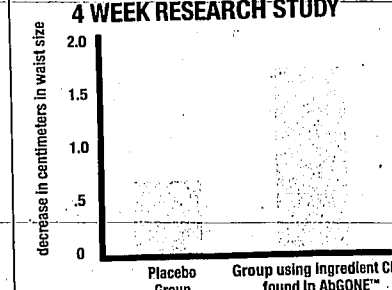
1. The AbGONE™ ingredients increase the rate of fat metabolism, which reduces both surface and intestinal abdominal fat and helps inhibit future formation of these abdominal fats.

2. AbGONE™ ingredients help lower harmful high Cortisol levels which have been linked to increasing both surface and intestinal abdominal fat and causing binge eating. Therefore, they help reduce both surface and intestinal abdominal fat.

3. AbGONE™ ingredients help support optimal body water balance. Therefore, you are not carrying all of those excess pounds caused by excess body water. Excess body water can increase the size of the abdomen and hide your abdominal muscles as well as other muscles and make you look puffy and flabby.

Q. Does AbGONE™ contain Ephedra or other harmful stimulants?

A: Absolutely not. The ingredients in AbGONE™ are non-stimulant. The only side ef-



Clinical Research conducted at Uppsala University in Sweden and published in the prestigious International Journal of Obesity clearly shows that using the ingredient CLA in AbGONE™ had a stunning 2-14 times greater reduction in waist circumference and a significant lowering of abdominal adipose tissue (abdominal outer and intestinal fat) as compared to a placebo.

Today readers of the publication can get AbGONE™ at a major discount if they order in 10 days from the date of this publication. The price of a 30-day supply of AbGONE™ is \$39 plus \$3.95 shipping and handling for a total of \$42.95. But, for this 10 day sale, readers can get a \$10 discount and pay only \$29. For readers who want to obtain a 30-day supply of AbGONE™ at this 10 day sale price please see the Readers Discount Coupon on this page. There is a strict limit of 3 bottles at this discount price - no exceptions please. Those readers ordering after 10 days from the date of this publication must pay regular price.

Effects of the ingredients you should see in AbGONE™ are a better appearance, better mental function, and better health. Proper eating and exercise can further potentiate the effects of AbGONE™.

AbGONE™ pills come in a 30-day supply bottle. University studies show people can reduce their abdominal fat in 30 days. AbGONE™ will not be in stores for an extended period until we can get enough AbGONE™ ingredients, which are costly and time consuming to produce, in high quantity for store inventories. In the meantime, readers can order direct from BioTech Research.

End of interview.

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The price of a 30-day supply of AbGONE™ is \$39 plus \$3.95 shipping and handling. People reading this publication get a \$10 discount and pay only \$29 delivered get free shipping and handling with this coupon if you order within 10 days. There is a strict limit of 3 bottles at this discount price with no additional shipping and handling.

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.
†Diet and exercise are important in achieving long-term goals.

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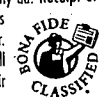
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715 Farm Auctions
716 AG Business & Service Directory

810 Furniture/Carp

- 811 Heating & Air Conditioning
812 Auctions/Auctioneers
813 Jewelry
814 Lawn & Garden
815 Exercise Equipment
816 Miscellaneous

903 Campers & Shells

- 904 Motor Homes & RVs
905 Snow Vehicles
906 Travel Trailers
907 Utility Trailers

500 REAL ESTATE FOR SALE

- 501 Open House
502 Homes For Sale
510 Out-Of-Area Homes
511 Out-Of-State Homes
512 Farms/Ranches/Dairies
513 Acreages and Lots
514 Income Property
515 Commercial Property
516 Vacation Property/Time Shares

200 EMPLOYMENT

- 214 Employment Wanted
217 Employment Opportunities

300 FINANCIAL

- 301 Business Opportunities
302 Money to Loan
304 Investments

800 MERCHANDISE

- 801 Antiques & Collectibles
802 Appliances
803 Bazaars & Crafts
804 Building Materials
805 Electronics
806 Hot Tubs & Pools
807 Clothing & Footwear
808 Computers
809 Firewood

900 RECREATION

- 901 ATVs & Motorcycles
902 Boats & Accessories

1000 TRANSPORTATION

- 1001 Aviation
1002 Auto Parts & Accessories
1003 Autos Wanted
1004 Antiques & Collectibles
1005 Semis & Heavy Equipment
1006 Trucks
1007 Truck Parts & Accessories
1008 SUVs
1009 Vans & Buses
1010 Autos for Sale
1011 Imports & Sports Cars
1012 Stock Cars
1013 Auto Services & Repairs
1099 Auto Dealers
1000 Service Directory

50 LEGALS

IN THE DISTRICT COURT FOR THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO AND IN FOR THE COUNTY OF...

50 LEGALS

Office at 208-370-5382. PUBLISH: December 29, 21 or 22, 2003, 9:12-11:4 and 10:00-11:4

50 LEGALS

We advise those citizens who seek further information to exercise their right of access to public records and public meetings...

50 LEGALS

Trustee's Sale: 61666-F Loan No. 20929070 TSG-200383

100 PROFESSIONAL SERVICES

BANKRUPTCY Competitive rates on Chapter 7 bankruptcies. Advertiser's Fee \$34-95/2.

200 EMPLOYMENT

ASKING QUESTION ASKING public opinion polls over the telephone. ABSOLUTELY NO SALES!!!

100 SPECIAL NOTICES

A FRIENDLY REMINDER It is against Twin Falls City Ordinance to top trees that are in the City's right-of-way.

100 SPECIAL NOTICES

ALPHABETICALLY AND ANONYMOUS 208-733-8300 & 721-0565

100 SPECIAL NOTICES

REMEMBER If you used the Cholesterol drug BAYCOL between 1997 to 2001 and required hospitalization, you may be entitled to compensation.

Advertisement for Sesame Street Sun newspaper. Features a penguin character and text: 'Read a newspaper to find out what's new in the neighborhood! Reading together can foster a lifetime love of learning. Share some fun stories and pictures with your child!'

LEGAL NOTICES: INVITATION TO BID: All sealed bids will be received and opened on January 27, 2004 at 2:00 P.M., MST, at the Idaho Transportation Department Purchasing Service located at 3311 West State Street, Boise, ID 83725.

BOOKKEEPER SECRETARY Part-time. Must have knowledge of QuickBooks & Excel. Send resumes to 2584 Bari Ave Twin Falls, Idaho 83301-1

CONSTRUCTION General construction labor & E.I.F.s applicator. Must be able to do things like drivers license required. Apply by phone, 8am-4:30pm. Tel: 208-747-1514. Contact Work and Consulting, Inc.

DRIVERS A TOP GUN TRUCK DRIVING AGENCY Class A CDL training. Low interest financing. \$30,000 to \$35,000 first year. Call 733-8656. No Hobbies. 208-730-7307

GENERAL Soldier Mtn. Ski Resort is looking for Lin. Food Service. Call 208-764-2526. ask for Larry?

MANAGEMENT UNITED WAY OF SOUTH-CENTRAL Seeking proven leader. Candidate must demonstrate ability to manage, develop and work with non-profit and for-profit organizations. The successful candidate will demonstrate a commitment to health and human services and be an enthusiastic community leader who has utilized volunteerism to make a wide range of people with diverse backgrounds. Candidates should possess a minimum of 5 years of relevant experience. Must have excellent communication skills. Please submit resume with cover letter to P.M.B. 656 25 West Lakes Blvd. N. Twin Falls, ID. 83301. Application Deadline 1-24-04. Hiring starts 1-30-04. No Phone Calls Please.

MEDICAL The Dept. of Health & Welfare is seeking applicants for the classification of Psychosocial Rehabilitation Specialist to work on the Community Stabilization Team in our Twin Falls Adult Mental Health Program. The person in this position will be responsible for working with adults with severe and persistent mental illness and assist these clients in achieving independent community treatment and rehabilitation goals by teaching independent living skills and community based self-help strategies. The available position is full-time days with limited overtime. Applications are to be completed through the Idaho Division of Human Resources website www.dhr.state.id.us and will be accepted through January 21, 2004. Questions concerning the application process may be directed to Stan Ferlic, HR Specialist at 733-2620. P.O. Box 548, Twin Falls, Idaho 83303.

PLUMBER Pipefitters & plumbers 326-4126. www.mont.com PROFESSIONAL Psycho-Social Rehab Specialist To work in Gooding area, must have degree in psychology, social work, or 21 credit hours in related course work. Call Debbie @ 208-733-3338.

SALES/MARKETING Product sales/marketing Customer service w/ various media, follow up, etc. entry, meeting sales & quotas, proficient in Word & Excel. Send resume to P.O. Box 2347, Twin Falls, ID 83301-1

DRACO INVESTMENT CORP. CASH/FR Deeds of Trust, Mortgages and Real Estate Contracts. Call today for a free, no-obligation quote. (208)733-3821

CLERICAL Young & Young of Idaho is currently seeking an experienced Farm Clerk. Please apply in person at 350 E 350 N, Rupert, ID. For more information call Brad at (208) 436-7550

Administrative Asst.- Customer Service Representative; Web Design; Landscaping, inc. is looking for a Ketchum office assistant, to operate service calls, manage dispatch board & provide general office support. Experience preferred. Year round, full-time. Excellent benefits, pay DOE. Apply in person at company. Contact Lindsay 208-786-2066.

DRIVERS Full-time/Part-time. Western states & Alberta. Home weekly, rider program, health insurance, fuel and safety bonuses. Call 888-895-7600

DRIVERS Motor Coach Operators. Twin Falls based for line haul & charters. FT, PT or call avail. Great pay, bonus & benefits. Strong safety record, knowledge of DOT regs, and exc. customer service skills. Must. Call 208-733-8657 to schedule interview.

MECHANIC FT, class A mechanic for local trucking company. Must have own tools. Benefits. Wage DOE. Please submit resume to Box 97925 in c/o The Times News P.O. Box 548, Twin Falls, Idaho 83303

SALES COMBINED INSURANCE NOW HIRING Will you earn \$30,000-\$40,000 International Company in its 8th decade of growth needs sales representatives in the Twin Falls area. Are you: * Spontaneous? * Outgoing? * Of legal age? * Bondable with good credit? If you qualify, these positions will offer excellent compensation, benefits and growth opportunities for personal growth & advancement. For a confidential interview call 1545-45-1224.

WELDER Welder/Welder, experience. Call 208-454-9371. 208-324-5858

WELDER Experience welder needed. Call for appointment, M-F 8am-5pm. 208-478-7102

STOP FORECLOSURE! Save your home! Real Estate Contracts. Call today for a free, no-obligation quote. (208)733-3821

CLERICAL Magic Valley Tire/Los Schab has a full-time sales/administrative position open. Basic bookkeeping, basic computer knowledge and customer service skills required. Benefits and 401k avail. Pay DOE. Drug-free workplace. Apply in person only 30 West 100th, Jerome. 208-336-687

DRIVERS Full-time/Part-time. Western states & Alberta. Home weekly, rider program, health insurance, fuel and safety bonuses. Call 888-895-7600

FEED MILL WORKER FT. must be able to lift 50 lbs. repeatedly. Must have own tools. Apply in person at 163 Atlantic, Twin Falls, ID.

MECHANIC Full-time/Part-time. Western states & Alberta. Home weekly, rider program, health insurance, fuel and safety bonuses. Call 888-895-7600

SALES General sales/marketing Customer service w/ various media, follow up, etc. entry, meeting sales & quotas, proficient in Word & Excel. Send resume to P.O. Box 2347, Twin Falls, ID 83301-1

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ATTENTION CLASSIFIED ADVERTISERS Please check your ad on the first day. If you find an error we will correct it. We are not responsible for errors in the first 48 hours of publication.

Are you looking for a great opportunity to work for a great place? PARKE VIEW CARE & REHABILITATION CENTER is now hiring for Central Supply Parke View Care and Rehabilitation Center has an opportunity for a highly motivated individual to manage the Central Supply Department. The right candidate will have health care experience with accounting/bookkeeping knowledge and have good attention to detail. Apply in Person: 2303 Parke Ave., Burley, ID 83402

FOOD PRODUCTION Need experienced employees for food production plant. Light duties, fast pace, nice working conditions. Day, evening shifts avail. Bilingual a plus. Apply in person. Green State Staffing, 870 Blue Lakes Blvd. N. So. Hobo Espanol

GENERAL CIRCLE THIS Are you looking for a new career? Local factory distributorship looking for you. Fast growth and expansion. Rapid advancement potential. Entry level positions available with great starting income and job security. No experience required. Call Erik for interview. 733-2644.

RECEPTIONIST Busy law firm in Twin Falls seeks candidate for full-time receptionist/clerical position. Requires excellent communication skills, the ability to multi-task and handle several phone lines. Computer literacy & basic bookkeeping skills a must. Salary DOE + benefits. Send resume to Family Health Services, 794 Eastland, Twin Falls, ID, 83301 or for inquiries call 208-734-3312. ask for James Schroeder.

PROFESSIONAL Developmental Disability Agency now hiring: Intensive Behavior Interventionists - "Psychiatric Rehabilitation Specialists in S1350 per hour Call 208-733-3398 or 208-426-4911

RECEPTIONIST Busy law firm in Twin Falls seeks candidate for full-time receptionist/clerical position. Requires excellent communication skills, the ability to multi-task and handle several phone lines. Computer literacy & basic bookkeeping skills a must. Salary DOE + benefits. Send resume to Family Health Services, 794 Eastland, Twin Falls, ID, 83301 or for inquiries call 208-734-3312. ask for James Schroeder.

SALES WERE LOOKING FOR SOMEONE SPECIAL... To be a part of our team. We are accepting applications for a friendly and creative sales associate in our exciting new store and gift store. RUDY'S A COOK'S PARADISE 157 Main Ave. W. Twin Falls. Equal Opportunity Employer

BUHL COUNTRY 1.2 acres with 3 bdrms, 2 1/2 bath, mngl. home! Call Jim. NOW \$69,900

Accountant We're looking for a talented Staff Accountant to join our team in Twin Falls. Primary responsibilities include: month-end process, reconcile financial statements; manage daily accounting systems (A/R and A/P entries); assist in the development of budgets; forecasts and variance reports; support regulatory audits and rate reviews; assist in the oversight of administrative costs, complete monthly sales and fuel tax returns. Bachelor's degree in Accounting, Finance, Economics or closely related field desired. One year related work experience required, including general ledger experience. Waste or service industry experience a plus. Proficient MS Office skills required. PSI Waste Systems of Idaho is a dynamic and growing company that offers a competitive salary and benefits package. Please submit resume with salary requirements and/or history by January 16, 2004. PSI Waste Systems of Idaho P.O. Box 2399 • Twin Falls, ID 83303 Fax 208-733-3987 EOE/M/F/V/D

GENERAL Head Start Program Assistant needed in Twin Falls \$7.95-\$8.35/hr DOE. Computer experience not required. Apply 324 2nd E. Twin Falls, closes January 14, 2004 EOE

MECHANIC Full-time RN or LPN graveyard shift 6pm-6am. Contact Wanda Holt. 208-733-3398 or 208-426-4911

RECEPTIONIST Busy law firm in Twin Falls seeks candidate for full-time receptionist/clerical position. Requires excellent communication skills, the ability to multi-task and handle several phone lines. Computer literacy & basic bookkeeping skills a must. Salary DOE + benefits. Send resume to Family Health Services, 794 Eastland, Twin Falls, ID, 83301 or for inquiries call 208-734-3312. ask for James Schroeder.

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BUHL AREA 1.25 acres, 2400 sq. ft., lg. kitchen, gas fireplace, AC, lg. fenced back yard, 5 car garage, 30x72 ft. truck shop, \$165,000. Call 208-563-8539

BUHL AREA 1.25 acres with 3 bdrms, 2 1/2 bath, mngl. home! Call Jim. NOW \$69,900

Accounts Payable Clerk - We're looking for a talented AP clerk to join our team in Twin Falls. Primary responsibilities include: input all AP related documents; manage daily accounting systems; answer all vendor calls; develop and maintain purchase order system; maintain filing. Accounts Receivable Clerk - We're looking for a talented AR clerk to join our team in Twin Falls. Primary responsibilities include: input AR related documents; manage daily accounting systems; answer customer calls; maintain aging and make collection calls; maintain filing system. Associate's degree in Accounting, Finance, Economics or closely related field desired. Three years related work experience required, including general ledger experience. Waste or service industry experience a plus. Proficient MS Office skills required. PSI Waste Systems of Idaho is a dynamic and growing company that offers a competitive salary and benefits package. Please submit resume by January 16, 2004. Salary will be \$12.00 to \$15.00 per hour DOE. PSI Waste Systems of Idaho P.O. Box 2399 • Twin Falls, ID 83303 Fax 208-733-3987 EOE/M/F/V/D

Upward Mobility. Your new career could start here. You'll get the type of advancement you can experience as a Route Manager for the Schwann's team. A leader in food markets and delivery for over 50 years, we're seeking motivated people to help us continue our growth. If you're a self-starter and ready to take your career to the next level, we want you. We offer paid training, medical/dental/insurance, 401(k), paid vacation and more! Get the story on all the details by calling 1-800-EMPLOY (1-800-354-5515) Ext. 1032. Qualified candidates must be at least 21 years old and have a good driving record. EOE M/F/D/V

WATCH YOUR INCOME RISE EVERY MORNING! Business Opportunities The Times-News has always dedicated itself to enhancing our delivery service for our customers. If you are very organized, self motivated, and enjoy working unsupervised, then we have the perfect business opportunity for you. We invite individuals who reflect our commitment to customer service and dedication growth to apply. Papers are early morning delivery. The Times-News has independent contractor opportunities in many areas throughout the Magic Valley. Call Jeni at 208-733-0931 ext. 302.

HOME INSPECTIONS
2004 - since 1993
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PROBLEM CHECKER?
Own a new home without the BIG down payment!

TWIN FALLS for sale/rent
lease, almost completed custom 2+ bath, southwest of town approx. 1.5 acres, w/extra...
TWIN FALLS - For sale/rent
4 bdrm, 2 bath, 554,900
Call Don 819-3833 ext. 4792 for listings.

BUHL Close to School, 2 bdrm, 1 bath, attached hoodup, No apps. Nice size yard, Pkts OK, \$375.
HAZELTON Spacious corner lot, 2 bdrm, hoodup, W/D hoodup, appls. Outside pet possible. Electric hook, \$450, mo. + deposit.
TWIN FALLS Close to GS, 3 bdrm, 1 bath home w/garage, W/D hoodup, stove, pet possible, \$750.

JEROME Clean 3 bdrm, 2 bath, 1 bath, attached hoodup, No apps. Nice size yard, Pkts OK, \$375.
JEROME south 2 bdrm, country home, \$208-3137
JEROME Very nice 2 bdrm, \$500, extra clean, no apps. Call 543-8605.

TWIN FALLS spacious 3 bdrm, 2 bath, \$555 rent, Call 208-733-1359.
603 FURNISHED APTS/DUPLEXES
TWIN FALLS 1 bdrm, upstairs, All appls, pet no. No smoking, Call 208-734-9261.

JEROME 2 bdrm, 1 1/2 bath, includes all appls, \$495 + dep 208-358-1370
RUPERT Taking applications for waiting list, 1, 2 bdrm, Valley Park Apts, 208-436-5882.

TWIN FALLS 2 bedroom duplex, W/D hood up, \$400, call 208-733-1359.
TWIN FALLS 2 bedroom, clean, quiet location, car port, storage, no pets \$475, close to C.S.I. Call 208-733-1359.

TWIN FALLS 2 bedroom duplex, W/D hood up, \$400, call 208-733-1359.
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RENT TO OWN
4 bdrm, 2 bath in Rupert, Call Dave at 208-532-0734
STOP FORECLOSURE!
Save Credit Twin Falls area, 500-733-4645 Enc.

GEM STATE REALTY, INC.
208-324-8652
THE TIMES-NEWS Classified Department
Office hours are 9:00 am to 5:30 pm Monday thru Friday.

BUHL KANAKA RAPIDS \$65,900 Wonderful 6.22 acres on Mud Creek at Kanaka Rapids. Premier gated community. Geothermal water to lot. Access to the Snake River. Abundant wildlife and trees. Great fishing and golf course access.
Call Don 819-3833 ext. 4792 for listings.

BUHL Newly renovated 2 bdrm, 1 bath, appls. Hallowes Property Mgmt. 734-4334
twinfallsrentals.com
BUHL nice 1/2 - 2 bdrm, 1 bath, hood up, \$750.
-112 South Blvd - 738-0515

RUPERT 4 bdrm, 4 bath, horro carport, w/d, \$550,000. Call 601-224-5678.
CARE OF RENTERS?
Call Ken at Secure Property Management & Real Estate.
Call 208-733-1359.

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CARRIAGE LANE
SPACIOUS 2 & 3 BDRM, 2 FULL BATHS
Garage, W/D Hoodup, Air Conditioning, Playground, Community and Exercise Rooms

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603 FURNISHED APTS/DUPLEXES
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605 ROOMS FOR RENT
GODDING Cottage Inn, Rooms & kitchenettes, \$113/159 weekly, Monthlies \$425, Call 208-733-1359.
JEROME Holiday Motel Daily \$30 single, \$400 monthly, \$234-2361

KIMBERLY (female) roommate wanted to share home, \$300 mo. Includes brm., walk in closet, meals, telephone w/long distance, car, \$200. Call 208-423-0998.
TWIN FALLS "HBO" Call for prices, no pets. Capri Motel, 733-6452

TWIN FALLS 3 bedroom, 2 bath, \$500 rent, Call 208-733-1359.
TWIN FALLS 2 bedroom, 2 bath, \$500 rent, Call 208-733-1359.

GEM STATE REALTY, INC.
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HAGERMAN 1/2 acre lot in Northview subdivision, \$18,000 or trade, owner finance, 208-539-7426

BUHL 2 bdrm, 1 bath, hood up, \$750.
-112 South Blvd - 738-0515
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PROBLEM CHECKER?
Own a new home without the BIG down payment!

GEM STATE REALTY, INC.
208-324-8652
THE TIMES-NEWS Classified Department
Office hours are 9:00 am to 5:30 pm Monday thru Friday.

BUHL KANAKA RAPIDS \$65,900 Wonderful 6.22 acres on Mud Creek at Kanaka Rapids. Premier gated community. Geothermal water to lot. Access to the Snake River. Abundant wildlife and trees. Great fishing and golf course access.
Call Don 819-3833 ext. 4792 for listings.

BUHL Newly renovated 2 bdrm, 1 bath, appls. Hallowes Property Mgmt. 734-4334
twinfallsrentals.com
BUHL nice 1/2 - 2 bdrm, 1 bath, hood up, \$750.
-112 South Blvd - 738-0515

RUPERT 4 bdrm, 4 bath, horro carport, w/d, \$550,000. Call 601-224-5678.
CARE OF RENTERS?
Call Ken at Secure Property Management & Real Estate.
Call 208-733-1359.

BRAND NEW APARTMENTS APPLY NOW
CARRIAGE LANE
SPACIOUS 2 & 3 BDRM, 2 FULL BATHS
Garage, W/D Hoodup, Air Conditioning, Playground, Community and Exercise Rooms

604 UNFURNISHED APTS/DUPLEXES
TWIN FALLS 2 bedroom, 2 bath, \$550 rent, Call 208-733-1359.
603 FURNISHED APTS/DUPLEXES
TWIN FALLS 1 bdrm, upstairs, All appls, pet no. No smoking, Call 208-734-9261.

605 ROOMS FOR RENT
GODDING Cottage Inn, Rooms & kitchenettes, \$113/159 weekly, Monthlies \$425, Call 208-733-1359.
JEROME Holiday Motel Daily \$30 single, \$400 monthly, \$234-2361

KIMBERLY (female) roommate wanted to share home, \$300 mo. Includes brm., walk in closet, meals, telephone w/long distance, car, \$200. Call 208-423-0998.
TWIN FALLS "HBO" Call for prices, no pets. Capri Motel, 733-6452

TWIN FALLS 3 bedroom, 2 bath, \$500 rent, Call 208-733-1359.
TWIN FALLS 2 bedroom, 2 bath, \$500 rent, Call 208-733-1359.

GEM STATE REALTY, INC.
208-324-8652
HAGERMAN 1/2 acre lot in Northview subdivision, \$18,000 or trade, owner finance, 208-539-7426

BUHL 2 bdrm, 1 bath, hood up, \$750.
-112 South Blvd - 738-0515
BUHL Small 2 bdrm, hood up, \$750.
-112 South Blvd - 738-0515

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THE ACES ON BRIDGE

Bobby Wolff

The skillful nymph reviews her force with care. Let spades be trumps, she said, and trumps they were.

Alexander Pope

NORTH: G 6 5, A K 10 5 3, K Q 7 6 3, WEST: K 9 7, 9 8 6, J 9 2, 10 9 5 2, EAST: A 2, K Q J 10 7 5 4, A 2, 10 9 5 2, SOUTH: Q 10 8 4 3, K 9 7 4, K 4

Vulnerable: Both Dealer: East

The bidding: South West North East

1 Pass 2 Pass 3 Pass 4 Pass 5 Pass 6 Pass

Opening lead: Heart six

LEAD WITH THE ACES

South holds: A 3, K 5, 10 9 6 4 3 2

South West North East Pass Pass Pass Pass

ANSWER: Lead the club 10. A double by partner who pre-empted should suggest to you that he has a club void - how else could he double? Your high club is suit preference so that you can be put back in with a heart rather than a diamond, to arrange a second ruff for your partner.

If you would like to contact Bobby Wolff, e-mail him at http://www.bridgetimes.com Copyright 2003, United Feature Syndicate, Inc.

808 COMPUTERS: CHECK THE SERVICE DIRECTORY DAILY, Advertise in the Service Directory 733-0931 ext. 2, 809 FIREWOOD: COAL, LUMP & STOKER, 810 FURNITURE & CARPETS: BED, super single knotty pine captain's pedestal w/ 6 drawers, bookcase headboard, 811 HEATING & A/C CONDITIONING: FIREPLACE: Fibroc, wood burning, approx. 15 ft. KEROSENE, 128 Eddy St. WIN FALLS, 208-734-2631, 812 AUCTIONS & AUCTIONEERS: BILL DOWNS AUCTION SERVICE, 813 MISCELLANEOUS: ART: Gary Stone woodcut country scene, 814 MUSICAL INSTRUMENTS: GUITAR CASE Taylor 410 hard guitar case, 815 EXERCISE EQUIPMENT: NORDIC TRACK: Air-Ride ski machine, \$45. Air-Ride elliptical bike, \$35. Health Rider, \$35, 816 BUILDING MATERIALS: BOB'S BEST DRYWALL: Acoustical & Drywall, 817 ROOMMATES WANTED: BUHL: Tomato roommate wanted for conservative, 818 ROOMMATES WANTED: ROOMMATE wanted \$200 /month + utilities, 819 ROOMMATES WANTED: TWIN FALLS: Close to CUL, furnished home, includes utilities, 820 TOOLS AND MACHINERY: AIR COMPRESSOR, CFM Gardner Denver, 821 WANTED TO BUY: SHOP TOOLS: Table saw, 822 WANTED TO BUY: SHIP, pneumatic

616 ROOMMATES WANTED: BUHL: Tomato roommate wanted for conservative, 818 ROOMMATES WANTED: ROOMMATE wanted \$200 /month + utilities, 819 ROOMMATES WANTED: TWIN FALLS: Close to CUL, furnished home, includes utilities, 820 TOOLS AND MACHINERY: AIR COMPRESSOR, CFM Gardner Denver, 821 WANTED TO BUY: SHOP TOOLS: Table saw, 822 WANTED TO BUY: SHIP, pneumatic

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ACQUACUSTICAL & DRYWALL: Repair, Texturing & Advanced Painting, ACQUACUSTICAL & DRYWALL: Why call the rest? You deserve the best BOB'S BEST DRYWALL, AIR DUCT CLEANING: Air Quality Services, AUTOMOTIVE PARTS: We have the right part at a low price, BUSINESS SERVICES: TWIN FALLS: TWIN FALLS PLAN ROOM, CARPENTRY: Magic Valley Design & General Contractors, CLEANING SERVICE: White Glove Cleaning Commercial & Residential, CONTRACTOR: Magic Valley Design & General Contractors, EMPLOYMENT SERVICES: Temporary/Permanent, FENCING: Fence Family Fencing, FIREPLACE SERVICE AND REPAIR: Natural gas - Pellet - Propane, HANDYMAN: Clean-up - carpeting - rooming - 20 years experience, HOME REPAIRS: Tony's HOME REPAIRS & Landscaping, PAINTING: Garr's Painting Interior/Exterior, HANDYMAN WORK: General home repairs, interior/exterior, HANDYMAN PAINTING, INC.: Painting, Remodeling, HOME REPAIRS: Tony's HOME REPAIRS & Landscaping, TREE SERVICE: Triple A Tree Topping, stump removal, and cleanup, TREE SERVICE: A+ Jim's Tree Service, TREE SERVICE: Ray's Tree Service, TREE SERVICES: TREES & STUMPS OF MAGIC VALLEY, TRUCK DRIVING SCHOOL: R & A Truck Driving School, WATER HEATERS: Entero Magic Valley, WEDDING & BRIDESMAIDS: Wedding Shop

