



The Times-News

Twin Falls, Idaho/99th year, No. 222

Monday, August 9, 2004

50 cents

GOOD MORNING

WEATHER



Today: Sunny and warm. Tonight, clear. High of 86, low of 61. Page A2

MAGIC VALLEY



In the backyard: Singer organizes, performs in annual fund-raiser. Page A4

A needed boost: Gooding hospital gets grant for rural health care. Page A4

IMAGE



Stuck in the middle?: How to get past the diet plateau. Page B1

SPORTS

Flat finish: Tire problems punctured the hopes of Jeff Gordon's challengers Sunday at the Brickyard 400. Page A7

OPINION

Bush's bold words: President's enthusiasm doesn't answer all sides of the issues, today's guest editorial says. Page A10

COMING UP



Honoring veterans
Saying thanks at dinner. Tuesday in The Times-News

INDEX

Classified	87-12
Comics	85
Crossword	84
Dear Abby	84
Horoscope	84
Image	81
Magic Valley	A4
Movies	84
Nation	A3, A12
Obituaries	A5
Opinion	A10
Sports	A7
Trivia	84
Weather	A2
West	A5, A6
World	86

Ranch wedding



Above, Theresa Moser, trailed by her step-son Steven Lacroix, 4, walks to meet her wedding party for pictures before her marriage to Eric Mills at Stricker Ranch Saturday. Moser's parents were married at the ranch in 1963, and Moser wanted to recreate that moment.

Top, a wood block with 'Theresa & Eric, August 7, 2004' is adorned with candles and cowboy hats at the altar.

Historic site holds ceremony

By Virginia S. Hutchins
Times-News writer

Coming Tuesday

What's next for the historic Perrine stagecoach?

HANSEN — Theresa Moser's wedding to Eric Mills had the familiar script of vows and rings, and the familiar fumbles of any summer-evening ceremony outdoors — the breeze that toyed with the minister's pages, the wiggly ring bearers who had to be stilled, the inevitable difficulty with stereo equipment that left the singer waiting to begin.

But throughout the Saturday ceremony, a singular sound suggested another century altogether.

Belgian geldings Charlie and Phil, harnessed to a 120-year-old stagecoach, waited for the bride and groom, jingling the antique hame bells hanging above their collars. Charlie, the

lead horse, was responsible for more than his share of the noise.

After walking down the aisle of grass on the arm of her new husband, Theresa faced a rather rare difficulty for a 21st century bride: climbing through a narrow stagecoach door without damage-to-curls-and-bustles.

Pioneer L.B. Perrine's stagecoach lost its steps — if it ever had them — during its long period of neglect, before it was pulled from the weeds and the weather for restoration. A groan escaped Theresa as she hoisted herself into the stagecoach, with bridesmaids lifting portions of her wedding dress.

Please see WEDDING, Page A2



Newly wedded Theresa and Eric Mills exit a stagecoach before heading to their reception.

Twin Falls looks to raise water rates

By Julio Ponca
Times-News writer

TWIN FALLS — With huge improvements in the city water system looming and a need to encourage water conservation, city officials are looking to increase water rates.

The first one in five years, the increase planned for the coming fiscal year beginning Oct. 1 would only affect only about 10

percent of users, or those who use between 50,000 and 150,000 gallons per month.

City officials say they need extra money to build pressurized irrigation systems so residents can use canal water for irrigation. And by no later than 2009, Twin Falls is to have in place a system for filtering out arsenic in order to comply with federal standards.

The city to this point has

charged less for heavier users because there are always delivery costs, no matter how little water someone uses. But to encourage water conservation, the rates of those users will increase to the same rate as those who use less than 50,000 gallons per month — or about 90 percent of the customers on the city water system, said Gary Evans, the city's financial director.

In light of the city's main water

source dropping at the rate of about 3 percent per year over the past five years, the City Council enacted an ordinance earlier this year requiring residents to water their lawns on specified days and only between the hours of 5 p.m. and 10 a.m.

The vast majority of city water customers who use less than 50,000 gallons per month now pay .92 cents per thousand gallon.

Please see WATER, Page A2

'Pocket bikes' create buzz in cities

The Associated Press

PHILADELPHIA — The first sign is a high-pitched screech that rises in intensity to what sounds like a super-sized chainsaw. Then tiny motorcycles appear, weaving through traffic with their riders crouched perilously close to the pavement.

What just buzzed by was the latest summer rage: mini-motorcycles called "pocket bikes."

The little machines provide thrills for people who don't want to shell out big bucks for full-size motorcycles but find that no-peds and scooters make them yawn.

But police across the country say the scale-model racers — mostly Chinese imports whose tiny, two-stroke gasoline or electric engines can take them up to 35 mph or more — cause trouble because riders are often reckless and don't obey the law.

"Fortunately, it hasn't reached the point where people are getting hurt. Not yet," said Philadelphia's Col. Jim Faulcy.

In Philadelphia, the little bikes can be driven on private property but are banned on streets and sidewalks. When riders are stopped, their bikes can be confiscated — and destroyed — if they can't provide proof of ownership.

ship.

That's if they can be stopped. Riding through North Philadelphia atop his pocket bike, 26-year-old Cesecio Oliver swerved in and out of traffic and down alleys, the tiny speedster barely visible underneath his 6-foot-1 frame.

"I'm going to give them a run for their money if they try to catch me," said Oliver, whose souped-up bike can exceed 45 mph. "You can get through tight spots. You can move faster. ... I'm going to swerve through anything."

Please see BIKES, Page A2



A young man sits on a pocket bike for sale at Piloto Auto Sales in North Philadelphia, Aug. 2. Mini-motorcycles called 'pocket bikes' are the latest summer rage.

Iraq issues warrant for former U.S. ally

Los Angeles Times

BAGHDAD, Iraq — The interim government on Sunday issued arrest warrants on murder charges against Salem Chalabi, head of the country's special tribunal, and on counterfeiting charges against former Governing Council member Ahmad Chalabi, adding to the country's political turmoil.

Ahmad Chalabi, a longtime opposition leader, was a Pentagon favorite in the years leading up to the Iraq war but fell out of favor this spring over allegations that his political faction gave flawed intelligence to U.S. agents and leaked U.S. secrets to Iran.

Ahmad Chalabi and Interim Prime Minister Ayad Allawi have clashed as political rivals over issues such as Allawi's moves to partially reverse the country's "de-Baathification" process.

Salem Chalabi, Ahmad's nephew, has been in charge of the effort to try ousted President Saddam Hussein on war-crimes charges.

"They should be arrested and then questioned, and then we should evaluate the evidence, and then if there is enough evidence, they will be sent to trial," Zuhair Maliki, Iraq's chief investigating judge, said Sunday. Ahmad Chalabi had been recognized by President Bush at his most recent State of the Union speech. Spokesmen for the White House and the State Department said the charges were up to the Iraqis to deal with.

Supporters such as Deputy Defense Secretary Paul D. Wolfowitz were not available for comment.

Both Chalabis denied the charges, which they said were politically motivated.

"I'm going to go back to confront those lies," Ahmad Chalabi, head of the Iraqi National Congress, told CNN, speaking from Tehran, Iran. "There is no case here. I will go back to meet those charges head-on. ... This judge should resign himself, because he went on — many times in the American press attacking me personally on political grounds."

Ahmad Chalabi accused Maliki of trying to derail Saddam's trial. "He attacked the court, he attacked the trial of Saddam Hussein in the press," Chalabi said.

The warrant against Ahmad Chalabi reportedly accuses him of counterfeiting old Iraqi dinars. But he told CNN that he was working as head of the Governing Council's Finance Committee to try to stop the circulation of false currency, and that the counterfeiting bills had been in the possession of the committee.

"All this was done under the auspices of the Finance Committee to stop the forgeries and to stop a step to the theft," he said. "Without a doubt, I'm being set up. ... They think they can hurt me by doing this, politically."

Salem Chalabi described the charges as "a political move."

Please see WARRANT, Page A2

TWIN FALLS FORECAST

Today: Sunny skies, continued dry. High in the mid to the upper 80s.
Tonight: Clear skies. Lows in the lower 60s.
Tomorrow: Warmer than average and sunny. High near 90.

TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges.

Yesterday's Weather

Table with 2 columns: City, HI Lo Precip. Lists weather for Boise, Coeur d'Alene, Jerome, Ketchikan, Lewiston, Lowell, Moscow, Pocatello, Shoshone, Teton, Twin Falls, and Yellowstone.

BURLEY/RUPERT FORECAST

Today: Warm and sunny. Highs in the mid 80s.
Tonight: Clear. Lows in the lower 50s.
Tomorrow: Warmer and partly cloudy. Highs in the upper 80s.

IDAHO'S FORECAST

SUN VALLEY SURROUNDING MTS.

With nothing to push out the current weather pattern what you see is what you will get through most of the week. This means more sun and dry conditions.

NORTHERN UTAH

Sunny and dry weather will continue through the week.



Headliner's State Emblem, 50 x 100 mm. Lower: 20 x 30 mm. Weather key: S=sunny, P=partly cloudy, C=clear, M=moderate, A=showers, T=rain, AN=snow, B=burial, W=wind, M=missing.

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ALMAHAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure. Includes icons for sun, clouds, and rain.

Barometric Pressure

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows pressure trends.

Sunrise and Sunset

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows sunrise and sunset times.

Pollen Count

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows pollen counts for various types.

Temperature

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows temperature trends.

Precipitation

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows precipitation trends.

Humidity

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows humidity trends.

Moonsrise and Moonsset

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows moonrise and moonset times.

Regional Forecast

Table with 4 columns: City, Today, Tomorrow, Wednesday. Lists forecasts for various Idaho cities.

National Forecast

Table with 4 columns: City, Today, Tomorrow, Wednesday. Lists forecasts for various US cities.

U.V. INDEX

Table with 4 columns: Today, Tomorrow, Wednesday, Thursday. Shows UV index levels.

World Forecast

Table with 4 columns: City, Today, Tomorrow, Wednesday. Lists forecasts for various international cities.

Canadian Forecast

Table with 4 columns: City, Today, Tomorrow, Wednesday. Lists forecasts for various Canadian cities.

TODAY'S NATIONAL MAP



Water

Continued from A.7. Ions on top of \$5.78 for the first 2,000 gallons. The city is proposing to begin charging the same \$2 cents to the other 10 percent.

Before the rate increase can be passed by the City Council, however, there must be at least one public hearing. Evans said.

Evans said the rate increase is expected to generate about \$76,000. This coming year it will be used to balance the water budget, which is about \$600,000 more than the current year's budget of \$3.8 million.

So far this irrigation season, city residents have used about 20 percent less water than last year, said Gretchen Scott, who is the assistant to the city manager.

The Times-News writer Julie Pence can be reached at 735-3241 or by e-mail at jpence@magicvalley.com.

City: Big water users comply with restrictions

By Julie Pence with Times-News writer

TWIN FALLS - While many city residents have willingly complied in changing their irrigation practices, some of them wonder why certain large water consumers within the city limits appear to have a cavalier attitude toward water use.

City staffers say they get frequent phone calls from residents wanting to know why it appears that the College of Southern Idaho, the Magic Valley Mall, big-box stores located near the mall, and the Twin Falls School District seem to water whenever they want.

They have answers. CSI and the mall, as well as the larger stores across the street from the mall, in reality are adhering to the city's watering schedule. City Manager Tom Courtney said. City staffers have checked to make sure, but the large lawns that go with CSI and the businesses on the north side of town take up enough space to encompass both odd and even addresses.

And they have been diligent in following the city's odd-even day water schedule, he said.

The school district, on the other hand, does not use city water except at two schools - Lincoln and Perrine elementary schools. Because the district is following the city odd-even day schedule, you're going to see brown spots on the lawns at those two schools, said Bob Parr, the district maintenance superintendent.

The school has about 80 acres of irrigates with water from the Twin Falls Canal Co. That means the district is on a "use it or lose it" system, said canal company manager Vince Albert. That's exactly the same system that farmers go by, he said.

Parr said the district is trying to keep irrigation water from going onto pavement and sidewalks. But other kids like to change the sprinkler heads at night, which causes water to shoot where it shouldn't. And the wind comes up sometimes, which can whip water into places where residents don't like to see it going.

Fadhil, who was shot and killed July 25, had been preparing a report on reclaiming government-owned real estate.

According to the source who spoke earlier with the Times, the document concluded that members of the Chalabi family and their political party, the Iraqi National Congress, had illegally seized hundreds of pieces of property after the U.S.-led invasion last year.

The property, the source said, included government offices, mansions and agricultural land.

Subscribe: 733-0991

Bikes

Continued from A.1. Police say they try not to chase the bikes unless it's absolutely necessary because a pursuit could endanger a rider on such a small vehicle.

"There is no policy that says chase, don't chase," said NPT Detective Walter Burns. "In midtown Manhattan at 3 o'clock in the afternoon, you might not want to chase."

New York police ticket riders if their bikes are not insured or they are not licensed, Burns said. To qualify as a legal motor vehicle in New York state, bikes must have mirrors and lights and be registered.

Boston recently passed legislation that says pocket bikes can be ridden only by licensed drivers, who must wear a helmet

and obey the rules of the road. Boston residents had been complaining that the bikes were dangerous and too loud. "In every district, the community groups were screaming about them," said police Lt. Kevin Foley.

Pocket bikes are considered motorcycles under Arizona state law, but there is no way they could ever meet the necessary safety standards, said Phoenix Police Officer Terry Sills, the department's traffic complaint coordinator.

Running Wolf Imports emphasizes safety and warns distributors the bikes are not street-legal, Garecht said.

But all funds eventually come to an end, Garecht said. Running Wolf Imports is already eyeing the next big thing.

"We're slowly getting out of the pocket bike market," said Garecht, whose company is moving toward motor vehicles with more substantial four-stroke engines. "We're trying to stay ahead of the field."

Wedding

Continued from A.1. It required all four attendants to push the gown in after her.

The horses snorted. Their bells jingled. The bride gave a cry of surprise as the stagecoach jolted in motion.

It was all for the sake of history. And family. And good storytelling.

Theresa staged her wedding on the grounds of the historic Stricker home, south of Hansen - where her parents, Fred and Joy Moser of Jerome, were married 41 years ago.

That was in 1963, as the Idaho Territory makes its 100th birthday. The public was invited, and about 3,000 people came. Stricker descendants signed the guest book, and the ceremony got newspaper coverage. Fake tubers held up the stagecoach (not the same one that made an appearance Saturday) carrying Fred, Joy and the minister. Joy Moser doesn't remember what, if anything, was stolen.

"It was quite a deal," she said. An organization of volunteers, the Friends of Stricker Inc., helps maintain the state-owned Rock Creek Station and Stricker home site. The group holds public gatherings there and offers tours.

Before her 1963 wedding, the Mosers had no tie to the

Coming Thursday

Photos of a handful of ivory white Magic Valley brides and grooms.

domestic on the old Oregon Trail where Herman and Lucy Stricker's 1900 two-story home still stands. But since then, the Stricker site and that wedding have figured prominently in Moser family conversations.

When relatives visit, the Mosers take them there. Theresa, who was born in California but spent her early Magic Valley years in the Magic Valley, first saw the historic spot as a grade schooler.

For years, Joy Moser said, Theresa talked about getting married at the Stricker home site. Her fiancé liked the idea, too.

"We are very excited to be a part of the Stricker Ranch's history as well as carrying on my family's history," Theresa said earlier this year from Illinois, where the couple lives. "Family is very important to us. That's the biggest thing."

As the timing of her wedding - the city of Twin Falls celebrates its own centennial - added nicely to the historical theme.

Eric, the groom, wanted his groomsmen to ride in on horseback. But two of the four have scarce experience on horseback - so the bride nixed that idea.

"I just didn't feel comfortable with the whole situation, so I thought we'd better not," Theresa said.

But in approximately historical style, the bridesmaids wore purple gowns with trains and corsaged tops meant to evoke stagecoach days. Horseshoes decorated the guest book table and the unity candles at the altar. Eric wore a Dover jacket and cravat-style tie, and his father-in-law donned a West-corn-cut tuxedo.

"Do I look like the rhinestone cowboy?" Fred Moser asked a photographer before the cere-

mony started.

"This chase a new dress of ivory with a layered, two-tone train."

"It has a very antique look to it," Theresa said. Her gown, as she described it, was bustled like a Victorian dress.

"I call it big-butt dresses," she said.

Before the ceremony, waiting for her first stagecoach ride of the evening, Theresa squinted in August sunlight and heat.

"It's breezy. So I can do this every once in a while," she said, raising one foot and leaning to lift breezes under layer of slips and dresses.

Eric Lee, owner of Charlie and Pat, drove the team, with Jim Brooks at his side. Charlie, purchased from an Amish blacksmith in Ohio, and Pat, from northern Idaho, are part of Lee's six-horse hitch of Belgian geldings.

Lee, who has held the reins at about eight weddings and 14 funerals, was to receive a donation from the stagecoach for account for his services Saturday; the historic stagecoach was loaned for free by Jeanette Meyers, wife of the man who restored it.

With Theresa and her dad inside the stagecoach, Lee drove down a country road away from the waiting guests, looking for a place wide enough to execute a long-radius turn. A car braked to pass, then slowed more as the occupants stared.

Saturday's wedding - the second for both groom and bride - was private, with just friends and family in the white-painted folding chairs on Lucy Stricker's lawn. They turned in their seats to watch the bride's unusual approach, and her long descent from the top of the stagecoach at the end of the grassy aisle.

Sure, it's hard in a big bustle. But she'll have stories to tell, and a photo album to enjoy.

Times-News Centennial Editor Virginia S. Hutchins can be reached at 735-3242 or virginia@magicvalley.com.

Warrant

Continued from A.1. accusation against his uncle as "very weird."

Word of the investigation against Salem Chalabi in connection with the May slaying of Heatham Fadhil, a Finanz

Ministry official who was

Circulation

Daniel Walock, director

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Lottery Information Press 2

Weather Information Press 3

... or check out our website: www.magicvalley.com

Rice: Iran's nukes worry world

WASHINGTON (AP) — With Iran stepping up its nuclear program, a top White House aide said Sunday the world finally is "worried and suspicious" over the Iranians' intentions and is determined to let Tehran produce a nuclear weapon.

National security adviser Condoleezza Rice also said the Bush administration sees a new international willingness to act against Iran's nuclear program. She credited the changed attitude to the Americans' insistence that Iran's effort put the world in peril.

She would not say whether the United States would act alone to end the program if the administration could not win international support.

Iran's foreign minister, Kamal Kharazi, announced a week ago that his country had resumed building nuclear reactors. He said Iran was retreating for the West's failure to force the U.N. nuclear watchdog agency to close its file on possible Iranian violations of nuclear nonproliferation rules.

Kharazi said Iran was not resuming enrichment of uranium, which requires a centrifuge. But, he said, Iran had restarted manufacturing the device because Britain, Germany and France had not stopped the investigation by the International Atomic Energy Agency.

"The United States was the first to say that Iran was a threat in this way, to try and convince the international community that Iran was trying to get under the cover of a civilian nuclear program, to actually bring about a nuclear-weapons program,"



National Security Adviser Condoleezza Rice talks about the Bush administration's concerns over Iran's nuclear program, during her appearance on NBC's Meet the Press, in Washington, Sunday.

Rice said on CNN's "Late Edition."

"I think we've finally now got the world community to a place, and the international

Atomic Energy Agency to a place, that it is worried and suspicious of the Iranian activities," she said. "Iran is facing for the first time real resistance to try

"I think we've finally now got the world community to a place, and the International Atomic Energy Agency to a place, that it is worried and suspicious of the Iranian activities."

— Condoleezza Rice, national security adviser

ing to take these steps."

Bush, in his 2002 State of the Union address, included Iran with North Korea and Iraq in an "axis of evil" dedicated to developing nuclear and other weapons of mass destruction.

Since then, North Korea has publicly resumed its nuclear development program. In Iraq, invading U.S.-led forces have found no such programs after President Saddam Hussein was deposed.

Iran announced in June that it would resume its centrifuge program. Afterward, the U.S. official whose job is to slow the global atomic arms race,

Undersecretary of State John R. Bolton, told Congress that Iran was jabbing "a thumb in the eye of the international community."

Authorities arrest al-Qaida suspect

ISLAMABAD, Pakistan (AP) — In a new blow to al-Qaida, authorities in the United Arab Emirates captured a senior operative in Osama bin Laden's terror network, who trained thousands of militants for combat, and turned him over to Pakistan, the information minister said Sunday.

The man, Qari Saifullah Akhtar, was secretly flown to the eastern city of Lahore, where he was being interrogated, a Pakistani intelligence official said on condition of anonymity.

He is a key ally of the United States in its war on terror, has arrested about 20 al-Qaida suspects in less than a month — including a top figure sought by the United States. The arrests prompted a series of raids in Britain and uncovered past al-Qaida surveillance in the United States.

Akhtar used to run a vast terror camp in Rishkhor, Afghanistan, that was visited by bin Laden and Taliban chief Mullah Mohammed Omar. The camp was a grimy complex of shattered barracks and dusty fields about 10 miles south of the capital, Kabul — trained 3,500 men in combat skills, including assassination and kidnapping.

Akhtar disappeared in the hours before the United States started bombing Afghanistan in October 2001 and had not been heard from since.

"Yes, we can confirm that we have Qari Saifullah," Information Minister Sheikh Rashid Ahmad told The Associated Press.

He said Akhtar was arrested

in Dubai "in the past week" and they turned over to Pakistan, but he would not give any details concerning the arrest.

Officials in Dubai had no comment. In Washington, the head of the White House's office of counter-terrorism said Akhtar's arrest was significant, and that he was believed involved in two December attempts to assassinate President George W. Bush.

"The arrest is very important, particularly for Pakistan," Fran Townsend said on "Fox News Sunday."

"He's wanted in connection with the two assassination attempts on President Musharraf, the training camps in Afghanistan," Townsend said.

Asked if Akhtar is believed to be someone currently operationally active, Townsend said, "Absolutely. Absolutely."

But Ahmed, the information minister, said it was "prematu- re" to link Akhtar to the assassination attempt.

Akhtar is said to have been active in several Kashmiri militant groups, including the Harakat-ul-Jehad-e-Islami, whose Muslim fighters have fought as far afield as Chechnya and Bosnia.

"He had a hand in various cases," Ahmed said of Akhtar, without elaborating.

Pakistan's Geo television reported Sunday that authorities had arrested Kashmiri militant Maulana Fazl-ur-Rahman Khalil on charges he was sending militants to Afghanistan to join the Taliban.

Doctor warned of bioterror dangers

BUFFALO, N.Y. (AP) — Dr. Kenneth Berry was sounding alarms about bioterrorism well before the 2001 anthrax mailings that killed five people, and he advocated gas masks for Americans at a 2001 EPA-sponsored conference.

He called for anthrax vaccines in 1997, the year the emergency room doctor proposed a training program for 200,000 first responders, and he won a patent in March on a tracking device for biological, chemical and nuclear attacks.

"The 21st century is going to be a different place," he said at a terrorism forum in 1997, according to a transcript.

In recent days agents have searched Berry's home and former apartment in Wellsville, his parents' summer home on the Jersey shore and a car Berry reportedly kept at an airport in rural southwestern Pennsylvania, where some of his relatives live. An FBI spokesman said the searches were part of the bureau's investigation of the unsolved 2001 anthrax attacks.

Berry told police that he had nothing to do with anthrax. Point Pleasant Beach, N.J., police Chief Daniel DePaolo said in a news conference Friday.

The FBI said the public was not in immediate danger, but would not say what agents were seeking.

The searches came nearly three years after five people were killed and 17 fell ill when anthrax-laced envelopes were mailed to government offices and news media, triggering even more fear in a country already shaken by Sept. 11. The attacks have baffled investigators, who have turned up no leads.

During the winter, a couple of agents asked about Berry in the small village of Wellsville, where he lives with his wife and children, said resident Gary Barnes.

General says Guantanamo Bay is humane

The Dallas Morning News

MIAMI — Human rights groups are suspicious of the detention center at Guantanamo Bay, Cuba, where about 585 al-Qaida and other terror suspects are held, but the four-star general who commands U.S. forces in Latin America calls it a model.

"In a situation that is fraught with peril, we have run a disciplined, humane, detention facility and interrogation process that has yielded the United States and the world a great deal of extremely relevant intelligence on the war on terrorism," Army Gen. James T. Hill said.

"And we've done it in a way that the American people can be proud of," the general added in an interview at his Southern Command headquarters in Miami.

Unlike Abu Ghraib prison in Iraq, where abuses of prisoners went unreported for months

and are still under investigation and prosecution, detection and punishment of abuses at Guantanamo have been swift, Hill said.

Some detainees released from Guantanamo have alleged that abuses occurred there as well. The International Committee of the Red Cross has monitored conditions at the base but didn't make its findings public.

Other groups argue that the Bush administration has denied the prisoners even rudimentary legal rights. In response to a Supreme Court ruling, the Pentagon began review hearings last week to determine whether prisoners are being properly held.

The general spoke before a fresh set of allegations of abuse at Guantanamo were leveled last week by three Britons released from the facility in March. Asif Iqbal, Juhad Ahmed and Shaifq Rasul said in a report released by their lawyers that

detainees at Guantanamo were stripped naked and shown videos of other prisoners who had been forced to commit sodomy on one another.

Hill's chief spokesman, Col. David McWilliams, said the allegations were "simply unfounded."

The only Guantanamo incident the Army confirms that is reminiscent of the sexual mutilation of prisoners at Abu Ghraib occurred in April 2003. A sergeant at the time whose name has not been released "overstepped her bounds," Hill said.

The interrogator "took off her uniform blouse and started to do an interrogation in her 'fish shirt,'" he said. She "sat in the detainee's lap and ran her fingers through his hair."

"That's a far cry from photos taken at Abu Ghraib showing Pfc. Lynndie England of the 372nd Military Police Company

holding a leash tied to a naked detainee and giving a thumbs-up as detainees were forced to masturbate.

But the interrogator who played vamp at Guantanamo was stopped by another non-commissioned officer who was observing through a one-way mirror. Then she was reprimanded, suspended from interrogations for 30 days and given extra training.

The woman subsequently returned to interrogations and was deemed so good she was promoted to 2nd lieutenant, said Maj. Gen. Geoffrey Miller, who commanded the Guantanamo facility at the time and handled the case.

"She is an enormously capable leader," Miller said in a telephone interview from Iraq, where he now runs Abu Ghraib and other U.S. detention facilities. "She made a mistake. We fixed it, and she got to move on."

Official says U.S. Capitol makes terror list

Los Angeles Times

WASHINGTON — New intelligence gathered overseas indicated that al-Qaida had set its sights on the U.S. Capitol, in addition to the five financial institutions in Washington, New York and New Jersey revealed last week a White House official said Sunday.

The targeting of the Capitol and members of Congress came up "as part of this continuing threat stream" that led officials on Aug. 1 to raise the terrorism alert, White House domestic security adviser Frances Townsend said on CBS' "Face the Nation."

"There were other targets that we were aware of," she said, adding that intelligence suggests that al-Qaida "practiced in the training camps for assassinations and kidnappings."

Townsend did not reveal what information investigators have seen about a potential attack against members of Congress. Detailed surveillance reports, written in 2001 on the New York Stock Exchange, Citigroup Inc., Prudential Financial Inc., the

World Bank and International Monetary Fund, were found during a raid in Pakistan last month and forwarded to U.S. intelligence.

Townsend, who assumed her post in May after serving as a White House terrorism adviser, Coast Guard intelligence officer and federal prosecutor, said investigators found other, less detailed reports on additional terrorist targets as well, although she did not identify them.

She said the intelligence information "pouring in" to investigators is much better than the chatter picked up in the summer before the Sept. 11, 2001, attacks.

"I think it's much more definitive, clearer and much more detailed. I think it feels sort of more serious, more urgent than it did even then," she said.

Delaware Sen. Joseph R. Biden Jr., the top Democrat on the Senate Foreign Relations Committee, said on CBS that he had been informed of the new threats involving the Capitol and Congress but could not, for security reasons, discuss them.

Biden said he took the information seriously, but was "not impressed by some of the sources," saying they had provided disinformation in the past.

He said there was reason for concern, but not reason "to be alarmed."

"I don't want the American people — or specifically, my wife — listening to this thinking that there's hard data that is incontrovertible from hard sources that has targeted individual officeholders or targeted specific places in Washington, D.C.," he said. "But there is a lot of talk about — there's a whole lot of talk out there."

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Walk! Twin Falls

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Saturday, August 14 - 9:00 am

College of Southern Idaho

Meet in the EXPO CENTER Parking Lot

Walking Clinic & Tips — 8:45 a.m.

Free T-Shirt for All Participants

For more information, Call Janet Keegan at 734-5806

Walk Twin Falls is a community partnership including MVRMC, City of Twin Falls, and College of Southern Idaho



AROUND THE VALLEY

Buhl suffers power outages Sunday

BUHL - Representatives of Idaho Power Co. could not locate the cause of an outage that left approximately 250 residents without power Sunday afternoon.

"They couldn't find a cause," said Russ Jones, a spokesman for the power company. "Sometimes that happens."

The outage affected customers within Buhl as well as some on the outskirts of town (toward Filer, Jones said. Power went out in these areas around 11:44 a.m. and did not return until 1:44 p.m.

Fire damages Cassia-County home

BURLEY - A fire, started by an electrical short in the coat closet, nearly destroyed a Cassia County home on Sunday, said Burley Fire Chief Bruce Alcott.

Firefighters responded to a house fire at 150 West 100 South of Burley around 12:35 p.m., Alcott said. The fire spread quickly due in part to a varnished wood finish in the room where the fire began, he said.

Alcott estimated property damage of about \$100,000. No one was injured during the fire.

T.F. district discusses graduation policy

TWIN FALLS - The Twin Falls School Board will consider altering its graduation policy for students with special needs at its meeting tonight.

The proposal would allow students with Individual Education Plans to either take the required Idaho Standards Achievement Test, or be eligible to take the Idaho Alternative Assessment. Either way, they would receive standard diplomas. Modified diplomas would no longer be available.

The proposal would allow the district to meet a state requirement to have all students pass the 10th grade ISAT or an alternative assessment.

The district also will consider bus routes for the coming school year and a possible agreement with the Filer School District to let Filer buses turn around and pick up some students within the Twin Falls district.

The board will meet at 7 p.m. today in the school administration building's board room at 201 Main Ave. W. The meeting is open to the public.

Planetarium debuts new show Tuesday

TWIN FALLS - The solar system and what we can see beyond it are filled with amazing, beautiful, and mysterious things, many of which are featured in the Faulkner Planetarium's newest show, "The Greatest Wonders of the Universe," which debuts at 7 p.m. Tuesday.

Viewers will move from the seven wonders of the ancient world to the most fascinating things we know about our entire solar system. These include the colorful Great Canyons of Mars — 20,000 feet deep and 3,000 miles long — and a volcano on Jupiter's moon, Io, that shoots lava 200 miles into the sky. Beyond the solar system, recent images from the world's finest telescopes reveal an immense and beautiful star factory in a far-away nebula, star clusters and ominous black holes, said Rick Greenwald, planetarium manager.

Show times will be at 7 p.m. Tuesdays through Saturdays until Sept. 4. Admission is \$4 for adults, \$3 for senior citizens and \$2 for students or \$9 for families of two adults and up to five children.

The Faulkner Planetarium is located on North College Road on the north side of the College of Southern Idaho campus.

Chip sealing begins on T.F. county roads

TWIN FALLS - The Twin Falls Highway District will begin chip sealing a street sweeping county roads beginning today.

Today's project is 5 miles of Salmon Dam Road. Watch for road work signs and flaggers.

Work Ahead Construction Supply is conducting traffic control while highway district crews perform road maintenance.

Chip sealing on various roads will continue through August. Daily updates will be provided in The Times-News.

- compiled from staff reports

City council will consider zoning issues

The Times-News

TWIN FALLS - The City Council will consider two planning and zoning issues today at its regular meeting at 5 p.m.

Council members will consider a request by Julie Crof for approval of her 4.5 acre lot at 379 Grandview Dr. N. The final plan was approved in 1998 with a condition that there be no division of the property until

Meeting today

The City Council will meet at 5 p.m. today in the new City Council chambers at 305 Third Ave. E.

public sanitary sewer service was acquired. So far, no service is available. Crof says she has permission from South Central District Health to place a septic

tank on the lot.

The Council will also consider the final plan of Park View Estates, No. 4, which is approximately 6 acres south of the 400 block of Park Avenue, east of the Parkwood subdivision and west of Harrison Street South.

At 6 p.m., the council will hold two public hearings.

The first one is to hear about a request by Our Savior Luther-

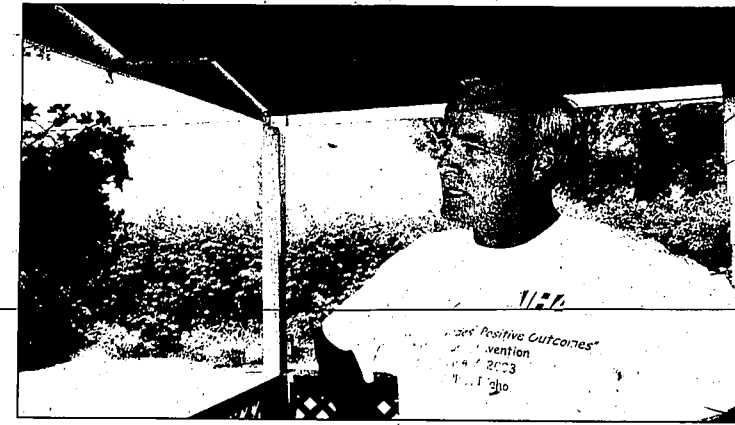
an Church to exempt a group of volunteer builders from an ordinance No. 4, which would forbid a temporary RV park for on-site construction in nonresidential lots.

The group intends to build a new church at Carriage Lane and Filer Avenue East over a period of five months and wants to camp of the site of the site. Church representatives have said they will take care of

sanitation, water and power needs. They also say there is precedent for such an arrangement.

The second hearing is to allow comments on the proposed annexation of 8 acres located at the northwest corner of Harrison Street South and Pleasant Road. The purpose of the annexation is to allow a developer proceed with a subdivision.

Bash in the saddle again



Rob Newman looks over his backyard — the place where the first Backyard Bash was held 12 years ago. The fund-raising event has grown and is now held at the Best Western Burley Inn. This year money made at the event will benefit the Renaissance Arts Center in Rupert and the Mount Harrison Heritage Foundation.

Singer enjoys organizing, performing in annual fund-raiser

By Lorraine Cavener
Times-News correspondent

BURLEY - Rob Newman's parents always told him that the more you give away, the more you get back.

One of Newman's favorite projects to give to is the Renaissance Arts Center Inc., which includes the Wilson Theater.

This is the third year that Renaissance will benefit from the "Idaho Backyard Broadway Bash." The Mount Harrison Heritage Foundation also receives a portion of the money, and in the past the King Fine Arts Center has benefited from the event.

and re-roof," she said. Contractors and the architect are scheduled to walk through the building Aug. 10 and then provide bids.

"We didn't anticipate doing this so soon," Jackson said. "Sometimes you have to shift priorities."

Before drywall is installed, the building needs to get a new roof so the drywall won't get wet, she said.

Tentative completion date for the Renaissance Arts Center is April 2006, in time for Rupert's centennial celebration. But she is not sure if that goal will be met.

"It's all a matter of money," Jackson said.

"The bash will help."

"My goal this year is \$10,000 for the Wilson Theater," Newman said. "What I try to provide is enough of a program that makes people think it's worth it."

He has always had a special place in his heart for the Wilson.

"I ran projectors there when I was in high school," Newman said. "My grandmother popped popcorn there until she was 85."

Newman, who works as a house painter when he is not singing, has not only raised money for the Wilson through the bash, but he has volunteered time. He has stained all the upstairs win-

dows at the theater.

Newman envisions the theater as a place that can be used by many.

"This area needs a 500-seat performing arts venue," he said. "There are all sorts of things I could think of to bring in here that have never been here before."

He explained one of the advantages of performing at the theater.

"The Wilson has such great acoustics," Newman said. "My goal is to be able to sing a concert there when it is finished."

Many people contribute to the success of the bash, said Newman, who praised the Burley Inn for making it "a beautiful experience."

"I call on a lot of the same people every year," Newman said. "They are a godsend. You can't do it on ticket sales alone. We depend on people's generosity."

Newman gave a clue about what type of entertainment will be provided at the event.

"We're going to sing a bunch of songs from 'Camelot' at the bash," he said. The songs are a preview of a possible "Camelot" performance this fall by the Mount Harrison Heritage Foundation.

If the theater group does produce "Camelot," word is out about who would have

If you go...

- What: The Idaho Backyard Broadway Bash, a summer supper and musical gala.
- When: 6:30 p.m. Wednesday.
- Where: Burley Inn Courtyard. The Bash includes a summer supper and musical gala.
- Performers: Soprano Leslie Mauldin and tenor John Mauldin; soprano Emily Gomez and baritone Robert Newman; pianists Alan Hale and Wayne McGill; and the Harper String Trio.
- How much: \$50 per ticket in advance. Seating is limited. Make checks to "Idaho Bash" and send to 1021 I St., Rupert, 83350.
- For more information: Call 438-8446 or 678-3501. Ext. 152.

the starring role of King Arthur. But on Wednesday, Newman's starring role will be as a fund-raiser.

"For years I sang everywhere else but here," he said. "To put my energies into local arts organizations is very satisfying."

Times-News correspondent
Lorraine Cavener can be reached at 438-8446 or lcavener@pmt.org.

Rural health care access gets financial boost

By Tammy Walquist
Times-News writer

TWIN FALLS - Rural Magic Valley residents underserved by medical care can expect greater access thanks to state grant money that will support a mobile clinic and help Gooding attract and hold onto medical practitioners.

Over the next three years, Gooding Memorial Hospital will receive a total of \$30,000 for practitioner recruitment and retention and Family Health Services will receive \$75,000 to support its medical bus.

"We were very pleased to receive this additional funding. It's wonderful," said Patty Klempf, interim chief executive officer of Family Health Services.

It's a nonprofit organization that provides medical care regardless of ability to pay.

The Gooding grant provides the hospital with an incentive fund to help attract and keep primary medical providers such as physicians and physician's assistants. The money will be used to help practitioners pay off medical school debt.

"We want to let the state of Idaho know how much we appreciate this. It's a benefit to the community to provide the quality of care that they deserve in the area," said Linda Wiggins, the hospital's development director.

The medical school debt load carried by young doctors or physician's assistants can be a tremendous amount to pay for, someone with their first job, Wiggins said. This incentive can help them afford to pay rent and meet family obligations.

"Wages in this area aren't as high as other areas," she said. "When doctors and physician's assistants complete their train-

ing, generally the community will lose them to other areas. This grant is a means to help keep them in the area."

And that helps the community provide care close to home so residents don't have to travel as far to see a doctor, Wiggins said.

Family Health Services will use the grant to help provide greater access to a state-of-the-art mobile clinic called the Idaho Children's Health Project that was unveiled in June. The money will allow for stops at group service areas such as Head Start programs and migrant housing sites and resources to get the word out about the service.

The money will go towards general operating costs of the bus including maintenance, gas, staff meals and other expenses, Klempf said.

The grants were awarded through the Rural Health Care

Access Program. The Legislature established the program in 2000 to improve access to medical and dental services in underserved areas. It provides grants to governmental and nonprofit organizations that propose activities and services to improve health care access in qualifying rural communities.

"These grants provide our rural communities with a resource to overcome the barriers that limit health care access in rural Idaho," said Mary Sheridan, director of the State Office of Rural Health and Primary Care that administers the grants.

"The Rural Health Care Access Program allows applicants the flexibility to design activities and programs that work best in their communities."

The process to receive the grants was long, Wiggins said. Letters of support from physi-

ans illustrating the community will lose them to other areas. This grant is a means to help keep them in the area."

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The money will go towards general operating costs of the bus including maintenance, gas, staff meals and other expenses, Klempf said.

The grants were awarded through the Rural Health Care

Smithsonian exhibition explores 'past visions of the future'

By Chip Thompson
Times-News writer

BURLEY - The Smithsonian Institution is coming to the Magic Valley.

An exhibit called "Yesterday's Tomorrows: Past Visions of the American Future" opens today at the Burley Public Library and will run through Sept. 18 during normal library hours.

It's what Americans thought the future was going to be, Librarian Julie Woodford said.

The exhibit is part of the "Museum on Main Street" program, a collaboration between the Smithsonian Institution and the Idaho Humanities Council, which brings exhibits to rural communities.

'Homes of Tomorrow' features futuristic abodes and labor-saving devices predicted in literature and popular culture. A local exhibit will illustrate how technology has changed the way homes are built and various domestic appliances through the years.

In addition to the traveling showcase, local committees have put together activities and presentations to augment several themes explored by the exhibit — "Finding the Future," "Homes of Tomorrow," "Communities of Tomorrow," and "Transportation of Tomorrow."

"Finding the Future" will contrast utopian visions of the future and dark predictions of a dystopically mechanized society. Local additions will include the evolution of sound and the telephone, Woodford said.

"Homes of Tomorrow" features futuristic abodes and labor-saving devices predicted in literature and popular culture. A local exhibit will illustrate how technology has changed the way homes are built and various domestic appliances through the years.

Artwork representing the ideal American community as it was envisioned over the years will constitute the "Communities of Tomorrow" section. Themes explored will include the hope and fear generated during the urbanization of American society.

"Visions for our Community" includes a survey created by library volunteers that is meant to gauge the needs of the community, and feedback may be incorporated into the local government and community organizations, Woodford said. The survey will also serve to prompt discussions of community needs.

"Transportation of Tomorrow" will depict flying cars, including those being developed and used currently, and other visions of futuristic transport. A collage of prototypes will

Fishing restrictions stop season, but thousands of fish given away

IDALIO FALLS (AP) — More than 2,200 chinook salmon that returned to fisheries were given away to area anglers and food banks, while anglers missed out on what would have been the first fishing season on the upper Salmon River since 1978.

"It blows my mind to find out that you can still find endangered salmon by clubbing them on the head and it's OK," Lemhi County Commissioner Joe Proksek said.

Salmon Mayor Stan Davis said while he was glad the fish were not wasted, he wished his community could benefit from a fishing season.

"I think the communities of Salmon, Challis, Stanley and

Clayton have had an economic taking by (the National Oceanic and Atmospheric Administration)," Davis said. "Timber has been almost extinct, mining is almost extinct, and ranching has been affected, too. I fully support getting our salmon back, whatever it takes, but I think NOAA has overreacted to the fish."

Idaho Fish and Game applied to the NOAA to allow sport fishing of surplus hatchery chinook on about 40 miles of river between Salmon and Stanley. Hatchery-raised fish are listed as an endangered species in the upper reaches of the river.

But hatchery fish in the lower areas of the Salmon River are

not classified as endangered.

"It seems like the upper end of the river is picking up the check for the people fishing down river," Lemhi County commissioner Bob Cope said.

Herb Pollard, with NOAA, said he must determine there is no harm to the natural fish before approving fishing on the Upper Salmon River.

He said by May he realized returns did not meet the permit's quota. "Biologists predicted 41,000 wild fish would pass the Lower Granite dam near Lewiston, but only 52 percent of that number returned by the end of May, he said.

"NOAA will review chinook listing in Salmon on Sept. 28."

THIS WEEK AT CSI

- Today**
Fall registration continues (semester begins Aug. 23).
- Tuesday**
South Central Head Start Summer Institute continuing education classes, all day, Shields building.
"Sky Quest," live hosted sky tour, 4 p.m., Faulkner Planetarium.
Snake River Association for the Education of Young Children monthly meeting, 6:30 p.m., Aspen 134.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.
Baptist Campus Ministries "Salt and Light" meeting, 7 p.m., Student Union 214.
Southside-Barryard-Bunch-11 meeting, 7:30 p.m., Evergreen AOB.
"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.
- Wednesday**
Idaho State Board of Education meeting, all day, Herrett Center for Arts and Science, Rick Allen Community Room.
South Central Head Start Summer Institute continuing education classes, all day, Shields building.
Free, public solar viewing, 1 to 3 p.m., Herrett Center Centennial Observatory (weather permitting).
"Sky Quest," live hosted sky tour, 4 p.m., Faulkner Planetarium.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.

- Planetarium.
Styx Narcotics Anonymous meeting, 7 p.m., Desert 113.
"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.
- Thursday**
Idaho State Board of Education meeting, all day, Herrett Center for Arts and Science, Rick Allen Community Room.
Sanzuryu annual martial arts training camp, 8 a.m. to 3 p.m., campus outdoors.
South Central Head Start Summer Institute continuing education classes, all day, Shields building.
Southern Idaho Economic Development Organization executive board meeting, 11 a.m., Taylor 276.
"Sky Quest," live hosted sky tour, 4 p.m., Faulkner Planetarium.
Silver Sage Grotto cave exploration group monthly meeting, 7 p.m., Herrett Center for Arts and Science.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.
"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.
- Friday**
Idaho State Board of Education meeting, all day, Herrett Center for Arts and Science, Rick Allen Community Room.
Sanzuryu annual martial arts training camp, 8 a.m. to 3 p.m., campus outdoors.
South Central Head Start Summer Institute continuing education classes, all day, Shields building.

- Magic Valley Open tennis tournament, all day and evening, west campus courts.
"Sky Quest," live hosted sky tour, 4 p.m., Faulkner Planetarium.
Fathers on Rights for Custody Equality monthly meeting, 7 p.m., Taylor 256.
Narcotics Anonymous weekly meeting, 7 p.m., Desert 113.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.
"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.
- Saturday**
CSI business offices open for fall registration, 8 a.m. to 4 p.m.
Sanzuryu annual martial arts training camp, 8 a.m. to 3 p.m., campus outdoors.
Magic Valley Open tennis tournament, all day and evening, west campus courts.
"Pink Floyd: Nursing Assistant written tests, 9 a.m., Aspen 195.
United Church of God weekly meeting, 10 a.m., Taylor 258.
"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.
"Sky Quest," live hosted sky tour, 4 p.m., Faulkner Planetarium.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.
"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.
- Sunday**
Magic Valley Open tennis tournament, all day and evening, west campus courts.

ON THE AGENDA

- Today**
Blaine County commissioners, 8:45 a.m., courthouse, 206 First Ave. S., Halley.
Buhl City Council, 7 p.m., council chambers, 203 Broadway, Buhl.
Camas County commissioners, 9 a.m., courthouse, 501 Soldier Road, Fairfield.
Carnas County School Board, 7 p.m., high school, 610 Soldier Road, Fairfield.
Cassia County commissioners, 9 a.m., courthouse, 1459 Overland.
Elmore County commissioners, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home.
Gooding County commissioners, 9 a.m., courthouse, 624 Main.
Hagerman School Board, 7 p.m., elementary school, 324 Second Ave. N.
Halley City Council, 6 p.m., courthouse, 206 First Ave. S., Halley.
Hansen City Council, 7 p.m., city hall, 388 Main.
Hazelton City Council, 7 p.m., city office, 246 Main.
Hollister City Council, 7 p.m., city hall, 2922 Main.
Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Ketchum Planning and Zoning Commission, 5:30 p.m., City Hall, 480 E. 1st, Ketchum.
Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B. Shoshone.
Magic Valley Regional Medical Center, 5:30 a.m., 6 p.m., Education Center, 598 Addison Ave., Twin Falls.
Malta City Council, 5 p.m., Raft River Electric Co-op conference room, 155 N. Main.
Minidoka County commissioners, 9 a.m., courthouse, 715 G. St., Rupert.
Richfield City Council, 7 p.m., city office, 180 W. Lincoln.
Richfield School Board, 7:30 p.m., high school, 555 N. Tiger Drive.
- Shoshone School Board, 7:30 p.m., district office, 409 N. Apple, Shoshone.
Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
Twin Falls County Parks and Waterways Advisory Board, 7:30 p.m., 450 Sixth Ave. W.
Twin Falls School Board, 7 p.m., administration office, 201 Main Ave. W.
Twin Falls Urban Renewal Agency, noon, Twin Falls City Hall, 321 Second Ave. E.
Valley School Board (Eden-Hazleton), 7 p.m., media center, 882 Valley Road S.
Tuesday
Dietrich School Board, 7:30 p.m., school's business room, 406 N. Park.
Glenns Ferry City Council, 7 p.m., City Hall, 419 E. Second.
Gooding School Board, 7 p.m., district administration office, 507 Idaho St.
Jerome City Planning and Zoning Commission, 7 p.m., council chambers, 100 E. Ave. A.
Kimberly City Council, 7 p.m., community center, 120 Madison W.
Sun Valley Planning and Zoning Commission, 9 a.m., City Hall, 811 Elk Horn Road.
Twin Falls City Planning and Zoning Commission, 7 p.m., 305 Third Ave. E.
Twin Falls County commissioners, 9 a.m., courthouse, 425 Shoshone St. N.
Wednesday
Castelford City Council, 7 p.m., J&D Printing Enterprises, 300 Main.
Deelo-July-Gain-7 p.m., City Hall, 116 W. Main.
Eden-Hazleton City Council, 7 p.m., library board, 4:30 p.m., 417 Seventh St., Rupert.
Heyburn City Council, 7 p.m., City Hall, 941 18th St.
- Murtaugh City Council, 7 p.m., City Hall, 104 S. Fourth.
Murtaugh School Board, 7 p.m., high school library, 500 Broadway.
Paul City Council, 7:30 p.m., city office, 152 S. 600 W.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
Twin Falls Public Library board, 5 p.m., library board room, 434 Second St.
Thursday
Bellevue City Council, 7 p.m., City Hall, 115 E. Poplar.
Bassia County School Board, 7 p.m., central office, 237 19th St., Bassia.
Fairfield City Council, 7 p.m., City Hall, 407 Soldier Road.
Hagerman Chamber of Commerce, noon, Hagerman Senior Center, 140 E. 1st.
Jackpot Advisory Board, 6 p.m., Jackpot Library 2301 Progressive Drive.
Minidoka City Council, 7:30 p.m., City Hall, 402 Main.
Murtaugh Highway District, 7 p.m., district office, 108 W. Archer.
Murtaugh Planning and Zoning Commission, 7 p.m., City Hall, 104 S. Fourth.
Oakley City Council, 7 p.m., city office, 200 W. Main.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
Twin Falls County Planning and Zoning Commission, 7 p.m., 246 Third Ave. E.
Friday
Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

This list is compiled from advance notices filed. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending.

MINDOKA COUNTY COURTS

- RUPERT** - Recent activity in the 5th District Court in Mindoka County included:
- Misdemeanor dismissals**
Sam Jo Pena, 18; malicious injury to property, pleaded guilty, \$50 court costs, dismissed; Magistrate Judge Michael R. Cahill.
Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B. Shoshone.
Felix Maldonado, 45; assault, interfering with justice, possession of controlled substance, possession of controlled substance, guilty, dismissed; one count violation of protection order/domestic violence, dismissed; Magistrate Judge Michael R. Cahill.
Isaac Ann Jaerez, 22; one count malicious injury to property, dismissed; one count domestic violence/battery, dismissed; Magistrate Judge Rick L. Boller.
Asan Ann Jaerez, 22; one count malicious injury to property, dismissed; one count domestic violence/battery, dismissed; Magistrate Judge Rick L. Boller.
Andy J Vega Sr., 25; two counts insufficient funds check, both counts dismissed; Magistrate Judge Rick L. Boller.
- Misdemeanor sentences**
Stacy A. Garner, 18; inattentive/careless driving, pleaded guilty, \$25 fine, \$62.50 court costs, 30 days in jail, 60 days suspended; Magistrate Judge Larry R. Duff.
Robert C. Blacker, 23; violation of protection order/domestic violence, found guilty, \$125.00 fine, \$73.50 court costs, 90 days in jail, 60 days suspended, two days credit for time served; Magistrate Judge Michael R. Cahill.
Robert W. Dunkel, 20; driving without privileges, pleaded guilty, \$300 fine, \$78.50 court costs, 12 months probation, 30 days in jail, eight days suspended, one day credit for time served; Magistrate Judge Larry R. Duff.
Warren D. Gortage, 51; failure to purchase child driver's license, pleaded guilty, \$60.50 fine, \$63.50 court costs, 30 days in jail, 60 days suspended; Magistrate Judge Larry R. Duff.
David R. Harper, 24; one count driving without privileges, pleaded guilty, \$200 fine, \$25.50 court costs, driver's license suspended 180 days, 12 months probation, 90 days in jail, 80 days suspended, two days credit for time served; Magistrate Judge Michael R. Cahill.
Felipe Martinez Lina, 45; willful contempt, pleaded guilty, \$100 fine, \$63.50 court costs, 30 days in jail, 60 days suspended; Magistrate Judge Rick L. Boller.
Robert L. Jesse, 18; reckless driving, pleaded guilty, \$60.50 fine, \$63.50 court costs, 30 days in jail, 60 days suspended; Magistrate Judge Rick L. Boller.
Felipe Martinez Lina, 45; willful contempt, pleaded guilty, \$100 fine, \$63.50 court costs, 30 days in jail, 60 days suspended; Magistrate Judge Rick L. Boller.
Robert D. Pratt, 34; driving without privileges, pleaded guilty to purchase child driver's license, \$60.50 fine, \$63.50 court costs, 30 days in jail, 60 days suspended, one day credit for time served; Magistrate Judge Michael R. Cahill.
- Felony sentences**
Paul Debrae Morrison, 44; probation violation, pleaded guilty, \$1,000 fine, \$100 restitution, two years determinate time, five years indeterminate time, 182 days credited time, retained jurisdiction, penitentiary suspended; District Judge J. Harry Wood.
Vincee Renee Bantzer, Jr., 20; one count probation violation, probation revoked, suspended, imposed, pleaded guilty, three years determinate time, three years indeterminate time, 412 days credited time, retained jurisdiction, penitentiary suspended; District Judge J. Harry Wood.
Sheila Ann Diaz, 30; one count possession of controlled substance, pleaded guilty, \$50 fine, \$48.50 court costs, \$25 restitution, three years determinate time, five years indeterminate time, 133 days credited time, retained jurisdiction, one count possession of forged check, pleaded guilty, \$50 fine, \$48.50 court costs, \$25 restitution, two years determinate time, 147 days credited time, retained jurisdiction; District Judge J. Harry Wood.
- Driving under the influence dismissals**
Michelle Dee Reyes, 18; one count driving under the influence, dismissed; one count failure to purchase valid driver's license, dismissed; one count malicious injury to property, pleaded guilty, 18 months probation, 90 days in jail, 72 days suspended, 10 days credited time, treatment program; Magistrate Judge Rick L. Boller.
- Driving under the influence sentences**
Alexandro O. Zaquefallez, 23; one count failure to provide proof of insurance, \$75 fine, \$32.50 court costs, one count driving under the influence, found guilty, driver's license suspended six months, 24 months probation, 30 days in jail, 60 days suspended, 23 days credited time; Magistrate Judge Rick L. Boller.
Robert L. Jesse, 18; reckless driving, pleaded guilty, \$60.50 fine, \$63.50 court costs, 30 days in jail, 60 days suspended; Magistrate Judge Rick L. Boller.
Felipe Martinez Lina, 45; willful contempt, pleaded guilty, \$100 fine, \$63.50 court costs, 30 days in jail, 60 days suspended; Magistrate Judge Rick L. Boller.
Robert D. Pratt, 34; driving without privileges, pleaded guilty to purchase child driver's license, \$60.50 fine, \$63.50 court costs, 30 days in jail, 60 days suspended, one day credit for time served; Magistrate Judge Michael R. Cahill.

OBITUARY

For obituary rates and information, call 735-3278 Monday through Saturday. Deadline is 4 p.m. for next day publication. The obituary service is available at a special service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magicvalley.com and click on "Obituaries."

Kristina Swenson - Jerome

Kristina Swenson, 58, of Lakewood, Calif., and former area resident, died Aug. 1, 2004 at her home.

She was born Nov. 1, 1945, at Wendell, the daughter of Paul and Edith Barker Swenson. She was raised and educated at Idaho Falls and then graduated from Brigham Young University with bachelor's degree. Kristina moved to California 35 years ago and began working in the Aerospace Industry and

at the time of her death as a logistics specialist for McDonnell Douglas/Bosch.

She was an active member of the Church of Jesus Christ of Latter Day Saints, served as a worker at the Los Angeles Temple and a member of the Southern California Mormon Church.

Survivors include her brothers, Marvin (Iloana) Swenson of Payson, Ariz., and Marvin (Audrey) Swenson of Las Vegas, Nev.; two aunts, Iola Richard-

SERVICES

- Carolee Parrott of Twin Falls, service at 10:30 a.m. today at White Mortuary in Twin Falls.
- Phyllis Lenora Belita of Shoshone, graveside service at 11 a.m. today at the Shoshone Cemetery, 114 Highway 26 (Hartsworth) Mortuary and Crematory, Jerome.
- Gordon C. Hogan of Twin Falls, celebration of life at 2 p.m. today at the Paul Stake Center Funeral Chapel in Twin Falls; family will greet friends from 10 a.m. until time of the service today at the funeral chapel; graveside service at 4:30 p.m. today at the Hancock Cemetery in Burcroft.
- Wilson Timothy Garner, celebration of life at 2 p.m. today at the Paul Stake Center Funeral Chapel in Twin Falls; family will greet friends from 10 a.m. until time of the service today at the funeral chapel; graveside service at 4:30 p.m. today at the Hancock Cemetery in Burcroft.
- Kristina Swenson, 58, of Lakewood, Calif., service at 10 a.m. Wednesday at the Hove Robertson Funeral Chapel in Jerome.
- Arvel Ernest "Jim" Bassman of Declo, service at 11 a.m. Wednesday at the Declo Stake Center, 213 W. Main St.; friends may call from 6 to 8 p.m. Tuesday at Rasmussen Funeral Home, 150 E. 16th St., Burley, or from 10 to 10:45 a.m. Wednesday at the church.
- Nathan Wyatt Ramsey of Nampa and formerly of Filer, graveside service at 2 p.m. Wednesday at the Filler Cemetery (Zeyer Funeral Chapel, Nampa).
- Jacqueline Lee Conrad of Gooding, celebration of life at 1:30 p.m. Saturday at the Church of the Nazarene in Gooding (Cremation Society of Idaho, Boise).
- Leonard Slegers
JEROME - Leonard Slegers, 58, of Jerome, died Saturday, Aug. 7, 2004 at his home in Jerome.
Services are pending under the direction of the Hove-Robertson Funeral Chapel in Jerome.
- L. Wayne Mitchell
HEYBURN - L. Wayne Mitchell, a 53-year-old Heyburn resident, passed away

at the time of her death as a logistics specialist for McDonnell Douglas/Bosch.

She was an active member of the Church of Jesus Christ of Latter Day Saints, served as a worker at the Los Angeles Temple and a member of the Southern California Mormon Church.

Survivors include her brothers, Marvin (Iloana) Swenson of Payson, Ariz., and Marvin (Audrey) Swenson of Las Vegas, Nev.; two aunts, Iola Richard-

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SPORTS

Red Sox do it the hard way

DETROIT (AP) — Tim Wakefield gave up six homers, matching a modern major league record last set 64 years ago, but wound up with a win because the Boston Red Sox outslugged the Detroit Tigers 11-9 Sunday.

David Ortiz's three-run shot capped a six-run fourth inning, and Kevin Youkilis homered twice to help the Red Sox overcome seven Detroit home runs. Ivan Rodriguez and Eric Munson each connected twice for the Tigers on an unusual day at spacious Comerica Park. The teams combined for 10 homers, the most in the stadium's five-year history. Detroit's seven homers were the most ever hit by one team at Comerica.

Wakefield (8-6) allowed two homers to Rodriguez and one each to Munson, Craig Monroe, Carlos Pena and Dmitri Young. Yet the knuckleballer left after five innings with a 7-2 lead.

He's the sixth pitcher since 1900 to yield six homers in a game, but first since George Caster of the Philadelphia Athletics against the Red Sox on Sept. 24, 1940. In 1886, Charlie Sweeney of the St. Louis Maroons in the National League gave up seven homers in a game, according to the Elias Sports Bureau.

Nate Lohmeier (9-7) gave up eight runs — seven earned — in three-plus innings.

Yankees 8, Blue Jays 2 — NEW YORK — Bernie Williams hit the 10th grand slam of his career, leading the Yankees to their fifth straight victory.

Williams took over fourth place on the Yankees' career grand slam list, one ahead of Mickey Mantle and Yogi Berra, trailing only Lou Gehrig (23), Joe DiMaggio (13) and Babe Ruth (12).

Orioles 11, Rangers 5 — BALTIMORE — Melvin Mora went 3-for-5 with a homer and four RBIs to back a strong pitching performance by a rejuvenated Sidney Ponson.

Ortiz and Berra beat the Rangers for their season-high sixth straight victory.

The Orioles rought up 13-game winner Kenny Rogers and defeated the Rangers for the eighth straight time over two seasons.

Devil Rays 5, Mariners 1 — ST. PETERSBURG, Fla. — Rookie B.J. Upton hit a tiebreaking single in the sixth inning for his first major league RBI, and the Devil Rays earned a run in seven innings for Tampa Bay. Upton, the Devil Rays' top pick in the 2002 draft, went 2-for-4 after sitting the previous two games.

White Sox 3, Indians 2 — CHICAGO — Timo Perez scored all the way from first on Ben Davis' long single in the ninth to give the White the win, snapping a four-game losing streak.

Davis lined a two-out hit to



Tigers catcher Ivan Rodriguez, right, sweeps around to tag out Boston's Orlando Cabrera, left, who was trying to score from third base on a fly-out by Dave McCarty in the ninth inning Sunday in Detroit.

right-center off Cleveland reliever Rafael Betancourt (5-6) after Perez had singled.

Grady Sizemore cut off Davis' shot before it could get to the wall but Perez never hesitated, racing home and sliding in under catcher Victor Martinez's tag.

Athletics 6, Twins 5, 18 Innings — MINNEAPOLIS — Jermaine Dye hit a tiebreaking single in a three-run 18th inning, and the Athletics held on for the win in a game that lasted 4 hours, 57 minutes.

It was the second-longest game in the 23-year history of the Metrodome. Cleveland and Minnesota played 22 innings on Aug. 31, 1993.

Angels 6, Royals 4 — KANSAS CITY, Mo. — Jose Guillen tied it with a leadoff homer in the ninth, and reliever Dennis Reyes' throwing error allowed the go-ahead runs to score in the Anaheim Angels' 6-4 comeback victory over the Kansas City Royals on Sunday night.

National League
Phillies 4, Dodgers 1 — LOS ANGELES — Brett Myers pitched two-hit ball for eight shutout innings and struck out a season-high nine, leading the Philadelphia Phillies over the Los Angeles Dodgers 4-1 Sunday.

Myers (7-8) held the Dodgers hitless until the sixth, allowed only four baserunners and

combined with Tim Worrell on a four-liner.

Cardinals 6, Mets 2 — ST. LOUIS — Edgar Renteria tied his career high with five hits and the St. Louis Cardinals handed Al Lerner his worst loss of the year, completing a three-game sweep of the New York Mets.

Jason Marquis (12-4) pitched six strong innings to win his ninth straight decision for the Cardinals, who have won 16 of 20 and raised their record to a major league-best 72-38.

Expos 5, Astros 2 — HOUSTON — Alex Gonzalez and Brian Schneider hit back-to-back homers and Montreal beat Roger Clemens.

Clemens (12-4) went seven innings and allowed three runs — one earned — on eight hits. He struck out five and walked one, and had his first career two-hit game.

Reds 14, Rockies 7 — DENVER — Wily Mo Pena homered and had a career-high five RBIs before leaving in the sixth inning with cramps and dehydration in the Reds' victory.

Pena, who has 11 home runs and 27 RBIs in his last 26 games, was 3-for-4 with two singles and his career-best 18th homer to help the Reds salvage the finale of the three-game series.

Brewers 2, Marlins 0 — MIAMI — Chris Capuano pitched six shutout innings and the Milwaukee Brewers

ended a five-game losing streak.

Pirates 4, Padres 2 — SAN DIEGO — Randall Simon hit a go-ahead solo homer in the sixth and Oliver Perez pitched into the seventh inning against his former team.

Humberto Cota also hit a solo homer for Pittsburgh, which won consecutive road games for the first time since ending a three-game road winning streak on July 5.

Braves 11, D-backs 4 — PHOENIX — Chip Jones homered and drove in four runs to lead Atlanta to its fifth straight victory.

The Braves have won 10 of 11 and 14 of 16. The Diamondbacks have lost four straight and 41 of 50.

Giants 6, Cubs 3 — SAN FRANCISCO — Rookie Nohel Lowry had another impressive start and Dustin Mohr made a run-saving diving catch in the ninth to end the eighth inning of San Francisco's win over Chicago.

Chicago's Kerry Wood (6-5) worked six innings and failed to get a strikeout for the first time in 152 major league starts.

San Francisco held Sammy Sosa 0-for-12 in the series, and the slugger is hitless in his last 15 at-bats. He's just 2-for-24 (.083) in the last six games.

Flat

Continued from A7

Both complained that NASCAR didn't throw a caution flag to pick it up until it was too late.

"A lot of times you see caution and we can't figure out why — for a piece of dirt or something," Kenseth said.

Hall

Continued from A7

Both Elway and Sanders made a mockery of defenses throughout their record-setting careers, while Brown was one of the premier blockers of his era.

"I'll call him the best ever to play the game," Elway said of Sanders.

"I wish I could have played with Bob Brown, and I am glad I didn't have to play against Carl Eller."

Sanders rushed for more than 1,000 yards in all 10 of his seasons with the Detroit Lions. But at 31, he walked away from the game in 1999 and, Sunday, became the third-youngest Hall of Fame inductee, behind Gale Sayers and Bill Brown.

"I know he's a phenomenal move that led to long, daring runs, Sanders said his one regret about leaving the game so early was not playing in a Super Bowl."

The Lions reached the NFC title game in 1991, but that was as far as Sanders got.

Introduced by his father, William, as "the third-best running back who ever lived,"

"But when there's something like that today — that was a five-pound bullet."

Well on his way to a top-10 finish — a much-needed rest after weeks of poor runs — Earnhardt ended up 27th.

"It's a hell of a comeback to — have a tire cut down on the last lap," Earnhardt said.

Sanders credited his dad for "the great lesson that allowed him to be a great player."

"He said 'Son play the game the way it is supposed to be played,'" Sanders recalled.

"You be afraid to make mistakes. Go out and play the way you are capable of."

Sanders was capable of 76 100-yard rushing performances, 15,269 yards rushing overall and five Pro Bowl seasons.

Eller retired in 1979 after 16 NFL seasons. A five-time All-Pro who played in six Pro Bowls and four Super Bowls, he made a habit of recovering fumbles, grabbing 23 in his career.

Eller, an admitted former substance abuser who became a drug counselor in Minneapolis, stressed the importance of education and of serving as a role model in his strong speech.

"I want to use this platform to help young African-American males to participate fully in this society," he said.

Eller's career direction to be headed to the great universities of our nation, not to the prison and jail cells.

"They must know they are part of the establishment, not separate from it."

"I haven't given up on you.... Be the winners."

Brown, a native of nearby Cleveland, made five All-Pro teams and six Pro Bowls playing for the Eagles, Rams and Raiders. A ferocious run blocker and pass protector, Brown was nicknamed "Boomer" for his hits.

"I brought the need to be the best (and) an uncompromising work ethic," he said.

"I'm proud and privileged to have my name mentioned with such players as Art Shell, Gene Upshaw, Jim Orosi and Ron Mix. Better has not been born yet."

"Then turning to the other 16 players, he added: 'I am thrilled and honored to announce you, my band of brothers.'"

Maddux

Continued from A7

Alou said, "There will be some guys who go to winter ball to get a little rest, but I'm only saying that because Maddux went to winter ball."

Maddux, who improved his career record to 300-170, became the first National League pitcher to notch 300 wins since Philadelphia's Steve Carlton in 1983.

Clemens reached the milestone last June while with the New York Yankees.

Maddux (1-7) did it on his second try — he got a no-decision in his first chance last Sunday against the Phillies.

He just wanted to get it over with, and needed help from the Cubs' potent offense and a strong effort by five relievers as the Cubs rallied from an early 3-0 deficit to beat the San Francisco Giants 8-4.

Maddux had far from his best stuff, allowing three runs, five hits and three walks through three innings. He left with a 6-3 lead after giving up hits to the first two batters in the sixth inning.

In his 19th season, Maddux knows himself well enough to realize when he's losing it.

"That's why he warned pitching coach Larry Rothschild before the sixth to be ready to make a move if Maddux ran into trouble."

crowd, and he never returned to the field to celebrate once Larry Hawkkins struck home. It took time to end the game. In someone else's ballpark, he said that would be bad form.

"The thing that's amazing about Maddux is the way he can pitch regardless of what he has on that day," said teammate Mike Remlinger, who's played five years with Maddux in Atlanta and Chicago.

"It's phenomenal the mental process that he has. It's been a lot of fun watching him. I know he'd much rather just go out and do his job and give his team a chance to win than have the whole nation watching him."

Maddux, who has a major league-record 16 straight seasons with 15 or more wins, got a break when Alou moved across the street to the home of Friday and semi rookie right hander Brad Hennessey to the mound to make his big league debut against the four-time Cy Young award winner.

Maddux is the second Cubs pitcher to reach 300 wins after Grover Cleveland Alexander did it in 1924, also against the Giants.

"The way he goes about his business is an inspiration for everybody," Cubs starter Mark Prior said. "He's taught me a lot of things already."

"Despite reaching 300, Maddux isn't looking to retire — he's still having too much fun."

"It feels good to be able to play this game as long as I have," he said. "It's a good gig when you can pitch every fifth day and have fun every day in between. Trust me, it's good. It really is."

Pampling prevails at The International

CASTLE ROCK, Colo. (AP) — Holouts, eagles and strings of birdies typically decide The International.

Not this year. With the winds swirling and the plus tugged, Rod Pampling pulled off just enough good shots to win his first PGA Tour event.

Pampling curled in a 31-foot eagle putt from the fringe on the 17th hole to move past Alex Cejka and win The International.

"It was just a matter of hanging in there," said Pampling, the sixth first-time winner on the PGA Tour this year.

The difference, as usual, was the 492-yard, 17th hole.

Pampling stepped to the tee trailing Cejka by three points in the tournament's modified Stableford scoring system.



Australia's Rod Pampling celebrates after sinking an eagle putt on Hole No. 17 en route to winning The International golf tournament Sunday in Castle Rock, Colo.

who shared the lead with Becky Morgan of Wales entering Sunday, closed with a 68 and for a 277. Morgan (70) was at 279 and Scotland's Janice Moodie (68) was at 280.

Kite ends drought with victory at 3M tourney
BLAINE, Minn. — Tom Kite put

one stroke ahead of Craig Stadler, who missed a 15-foot eagle putt on the final hole.

Third-round leader Tom Purtzer (75), Larry Nelson and Vicente Fernandez (68) tied for third at 10 under.

Mallon's birdie putt on final hole gives her win
SYLVANIA, Ohio — Meg Mallon stood over the decisive putt and had to steady herself.

Then the U.S. Women's Open champion rolled the 10-foot birdie putt into the middle of the cup on the final hole to touch off a wild celebration, beating Karen Stupples and defending champion Se Ri Pak by a shot Sunday at the Jamie Farr Owens Corning Classic.

"I was set over that putt and I was thinking, 'I've won the U.S. Open. I don't get nervous.' But I'll tell you what, I was nervous," Mallon said after closing with a 3-under 68 for a 7-under 277.

"My hands were shaking, I was breathing hard. But that's exactly what you play for. For all that was going on, it's all about controlling your nerves."

Stupples and Pak narrowly missed birdie putts at the 18th that would have forced a play-off.

Stupples, coming off a win at the Women's British Open, had a 2-over 73, and Pak, trying to become the second LPGA player to win an event five times, closed with a 68.

He finished at 113-under 203,

his recent Sunday struggles behind him.

One week after squandering a lead, final-round lead, Kite made three birdies over the last seven holes Sunday for a one-stroke victory at the 3M Championship and his first Champions' Tour victory in 21 months.

He finished at 113-under 203,

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OTHER VIEWS

Bush's confidence was enough for GOP faithful

Quad-City Times (Davenport, Iowa)

I f Davenport's LeClaire Park was the extent of our nation's borders, there would be no need for an election. Coronate President George Bush and every park citizen would be ecstatic. The president ascended the stage like a smiling, waving, shining, waving, shining figure in his hands. He called the Quad-Cities "the heart and soul of America."

He opened his rally with an honest, heartfelt homage to First Lady Laura Bush. He ended his visit with a brilliant move, making an unscheduled stop to buy Iowa sweet corn from the farmer's market vendors displaced to Bettendorf from Davenport by the presidential visit.

In the park, he delivered short, declarative sentences, touching clear-cut accomplishments. He doesn't passively say Medicare has been reformed. He actively said "four million seniors signed up for drug discount cards." Done. Finished. Mission accomplished.

Crowds cheer. Beyond the borders of LeClaire Park, we know those four million are only about 10 percent of the 41 million who are eligible. Inside the park, Bush used nearly a third of his appearance to address terror, war and security.

The world is safer, he declares, so it must be so. But for whom? Behind him stand bleachers 10-rows high, holding approximately 500 cheering individuals. That's just short of the number of U.S. troop casualties in Iraq. Neither U.N. inspectors nor U.S. troops could find weapons of mass destruction, but Bush finds them easily, referring definitively to Saddam's use of such weapons on his own people. True enough, 16 years ago, it wasn't enough for his father to pursue 13 years ago after he quickly beat back Saddam's threat in Kuwait.

Their view: This

guest editorial from the Quad-City Times in Davenport, Iowa, says the president's visit to Iowa was high on spirit but low on details.

What do you think?

We welcome viewpoints from our readers on this and other issues.

That rise is lifted by \$4.5 billion in American aid and 20,000 U.S. troops. Afghan president Hamid Karzai told Bush in June he needs even more NATO troops for this rising democracy to pull off its first election, already postponed once until September. That didn't come up, Wednesday.

"Because we acted," Bush declares inside the park, "Iowa's unemployment rate is 4.3 percent." Another cheer. Outside the park, we know Iowa's unemployment rate was 2.5 percent the year before he took office.

The cheers from Davenport's LeClaire Park rose for a decisive, plain-speaking leader whose reliance on confidence won the support of the 10,000 ardent fans. Confidence is good. On Wednesday in Davenport, it seemed to be enough.

Kerry's three-faced foreign policy

I f I read the tea leaves at the Democratic convention correctly, it seems that John F. Kerry served in Vietnam. But seeing as how Vietnam vets run the gamut from doves like Ron Kovic to hawks like Oliver L. North, Kerry's four months "in country" don't tell us much about what he would do in the next four years as president.

Max Boot

Figuring out in advance what any potential president will do is a difficult undertaking in the best of circumstances, because political rhetoric often has little in common with actual policy. Witness George W. Bush's transformation from skeptic to champion of nation-building. Or Bill Clinton's transformation from China-basher to China-booster.

But prognostication is especially tough in Kerry's case. There are three main schools of thought — in favor of: isolationism, idealism and realism. At various points in his career — sometimes at various points in the same speech — Kerry has championed all of them.

Kerry first strode onto the national stage with his 1971 congressional testimony against the Vietnam War. He called the conflict "barbaric," accused U.S. soldiers of atrocities — "reminiscent of Genghis Khan" — and beseeched Americans to "conquer the hate and the fear that have driven this country these last 10 years and more." Anyone who thinks America is guilty of such terrible crimes obviously would not support military action unless the United States suffered a major attack — something that's happened only twice in recent history (Dec. 7, 1941, and Sept. 11, 2001). This is the definition of an isolationist, and that's exactly what Kerry sounded like early in his career.

After winning election to the Senate in 1984, he was a vocal critic of support for the Contras fighting to free Nicaragua from the Sandinista dictatorship; he even journeyed to Managua to shake hands with strongman Daniel Ortega. He consistently voted against defense spending and in favor of a nuclear freeze. He opposed the 1983 invasion of Grenada ("a bully's show of force against a weak Third World nation") and the 1991 Persian Gulf War ("a war for pride, not for vital interests"). It did not matter to Kerry that the U.N. Security Council had voted unanimously to authorize military action to free Kuwait; at that point, isolationism was more important to him than multilateralism.



Kerry changed his tune with Clinton's election in 1992. He supported all of Clinton's military actions — in Bosnia, Haiti, Iraq and Kosovo — although these were manifestly wars of choice, not necessity. He chided Republican realpoliticians who opposed using force for humanitarian ends, warning them in 1999 "of the human price the world suffers when we avert our eyes from international atrocities." In keeping with his support for humanitarian interventions, Kerry has repeatedly criticized President Bush for not doing more in Liberia, Haiti and Darfur. This would seem to make Kerry a Wilsonian idealist who is willing to promote human rights at gunpoint if necessary.

Except that during the last year he's also developed a realist criticism of Bush's foreign policy. In discussing the war on terror, he seems to have adopted the Kissingerian view that we should defend only our vital strategic interests, not try to promote our "ideology" (a.k.a. our ideals). One of his aides told the Atlantic magazine that there would be "a lot of similarities" between his foreign policy and the cautious, status quo approach pursued by the first Bush administration. This was once roundly criticized by Democrats, including Kerry, for being amoral. So which course would Kerry adopt as president? Idealist, realist or isolationist? His convention acceptance speech was no help. "I will never hesitate to use force when it is required," he proclaimed, yet he offered no criteria to suggest when that would be, save when "we have to."

He didn't say whether Iraq qualified. He criticized Bush for "misleading" us into the war and not doing enough to win the peace, without explaining his own votes in favor of the resolution to use force and against the \$86 billion needed for reconstruction. He promised "to bring our

allies to our side" while attacking one notable ally — Saudi Arabia. He talked about making "America once again a beacon in the world," but had nothing to say about the need to promote democracy in Afghanistan or Iraq. How brightly would America's beacon shine if we left either country prematurely without an elected government in place? Kerry was silent on that score. He stressed, instead, the need for "retention" of American taxpayers, reduce the risk to American soldiers.

This Middle raises the question of whether Kerry has a worldview, or whether he merely goes wherever the political winds blow. Surely it's no coincidence that his stances track precisely mainstream Democratic opinion, which was isolationist in the 1970s and 1980s, idealistically interventionist in the 1990s and coldly realist since 2001. When the Democrats were split, as they were over Iraq in 2002 and 2003, he usually sided to appease both hawks and doves. Where he will wind up nobody knows — not even, I suspect, him.

Max Boot is a senior fellow at the Council on Foreign Relations.

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Getting in touch

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Access Simpson's e-mail through his Webpage: http://www.house.gov/simpson

Kerry's spouts promises with boring splendor

For 50 long minutes on Tuesday, July 29, I sat in my couch in front of the TV, my heart pounding, my eyes fixed on the screen, my mind wild with anticipation.

At last, I say to myself, Monster John Kerry, savior of the American people, id of our universe will reveal to us commoners his master plan, the blueprint of his grandiose scheme to save the people from themselves, to tell Dick Cheney emphatically to shove it and urge George W. to head up the National Association of Abortion Clinics to avoid unemployment come Nov. 9.

He would tell the American people how he would confiscate all of our SUVs to trade to the terrorists in exchange for their guns and munitions; how he would hug Herr Schroeder and Monsieur Chirac to endorse them to defend our northern border against the hate monger promote Kofi Annan from the minor league United Nations to chief operations officer of the World Bank; how he would double-hug Ariel Sharon and his neighbor Arafat to bring eternal peace to the Middle East, the Bronx Ghetto and Miami at election time.

As I sat there in front of the screen, my receptive facilities were on high alert for the revelation of the details of how he would bring about this transformation of the humdrum American people's lives into the now anticipated Utopia with three spaceships in every homestyle residential hangar.

Bull trout listing makes a charade of science

On Monday, July 26, the U.S. Fish and Wildlife Service made a presentation at the Nevada Folklife Center regarding the bull trout. Few people attended because no public speakers were supposed to be allowed. The speaker was Bob Williams, head of the Nevada office of the Fish and Wildlife Service and the agent involved in getting the Jarbidge River bull trout listed as a "threatened species."

The listing was illegal because it was not substantiated by scientific evidence (a requirement of the Endangered Species Act). Instead, it was a conspiracy scheme designed solely to prevent repair of the South Canyon road.

The Fish and Wildlife Service was subsequently sued by The Alliance for the Wild Rockies and by The Friends of the Wild Swan. The agency lost the suit because it had not designated a "critical habitat" at the time of listing. As a concession, they have now embarked on a \$20 million restoration program. To restore what? We don't know. There is nothing to restore.

Williams created this whole mess by his refusal to accept scientific evidence in his ardor to help the Fish and Wildlife Service try to close the Jarbidge

LETTERS

South Canyon road, which is still open, now, his bungling has cost the taxpayers another \$6 million. He does not take responsibility for the costs, nor does he even seem to care.

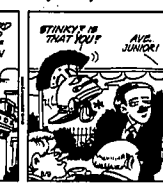
The dilemma we are now faced with is this: When Congress decides whether or not to retain the bull trout listing, will it listen to the expert scientists (fish biologists) from the Nevada Fish and Wildlife Service or will it listen to the misleading evidence provided by its own incompetent agent?

We think it should replace Williams, accept the factual evidence and delist the bull trout. The \$25 million of your money and mine could surely be put to better use.

The hidden agenda here creates more federal control over ranching, farming, mining, timbering and recreational uses in Nevada and Idaho. We don't need that. Nearly 10 million taxpayer dollars have now been spent by combined manipulations of the U.S. Forest Service and the U.S. Fish and Wildlife Service, but not one dime on the road.

It all could have been avoided if the Forest Service had simply repaired the road as promised. Please stop wasting our money!
JAMES V. MUTH
Elko, Nev.
(Editor's note: James Muth is a self-employed consultant specializing in groundwater)

By Garry Trudeau



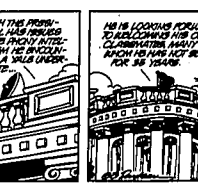
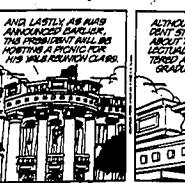
Mallard Fillmore



By Bruce Tinsley



Doonesbury



LETTERS

Fish and Game grows greedy with permits

To the sportsmen of this great state of Idaho: You have done a terrific job of keeping the outdoor traditions alive. But we are subject to the undermining hand of the Idaho Fish and Game Department and its sly fund-raising practices that continue to cost Idaho sportsmen more money. In March, the department published a big game regulation that allowed hunters to apply to a cost of \$6.50 for a chance to draw on a "\$6.50 permit" in areas that we love to hunt. Unfortunately, as they have submitted to the Legislature a request to raise the cost of the permit that we applied for by \$1. This increase will go into effect on July 1 after the drawing. Sportsmen, we applied for that "\$6.50 permit" and, after the deadline that we had to meet on May 31, we waited for the luck of the draw, not knowing that because we drew we were penalized an additional \$1 on top of the permit. If this was a private business, I am sure that the attorney general and his office looking into this scam, but where it was a state agency, it could do nothing about it. The raise in fee came only a few days after the notification of the draws which in some cases, especially for those on fixed incomes and seniors, may not have fit into their budgets to meet the July 1 deadline. A dollar does not sound like very much, but for sportsmen that were drawn, Fish and Game raised more than \$33,000. Along with the permit increase, Fish and Game also asked the Legislature to reduce the application fee by \$51. That didn't go into effect until the first of July, which was after the application deadline. More than 58,000 applications for deer and antelope combined were sent in that netted the Fish and Game an additional \$49,000. Way to go, Fish and Game. You picked up nearly \$82,000.

When Fish and Game set a budget at the end of each year for the next year, submit it to the Legislature for approval and send it in before it is published instead of sticking us with it after the fact? The sportsmen of Idaho need to come together, take a stand and put the Fish and Game back in its place — working for the sportsmen of Idaho. JOHN LYNN WESTON SR. Jerome

Don't close off road access to the outdoors

To Gov. Kempthorne, congressmen and representatives: I'm writing this letter to express my concern over the encroachment upon our rights as Americans to enjoy and access public lands. Everybody has the right to access public land, not just a few people in the back woods. Open up lots of time to spend walking on the trails and fire roads. Most of these trails have been developed through the efforts of trail riders and associations that have seen a lot of time to spend walking on the trails and fire roads. Many of these trails have been developed through the efforts of trail riders and associations that have seen a lot of time to spend walking on the trails and fire roads. Further, any hiker who is not directly from the city knows that if you want a real nature trail, you all have to do it walk on a draw or two and find a game trail that will lead you to all kinds of ridges and natural scapes. Go on a little farther and you could lose yourself in the forest for days and never see another person. Opportunities for a hiker are, for all practical purposes, endless. Access by the limited number of roads and trails on machines, on the other hand, is the only way many people, including seniors, elderly or the handicapped, are able to enjoy many areas. Many of these people have contributed and sacrificed more to this country than the elitist trying to lock them out. I'm in favor of carefully limiting the building of new roads or trails in sensitive areas, but I'm totally against closure of existing access. Please don't succumb to the demands of these ill environmental groups. I know they make a lot of noise, but they are in no way representative of the vast majority of Idahoans. HARVEY PENDELTON Twin Falls

'Singing Janitor' performed like a pro

Showmanship and professionalism were exhibited by Mr. Thom Simpson as 'The Singing Janitor,' on Thursday, July 29, at the Lincoln County Fair. Mr. Simpson had been asked to perform at the fair and when he arrived to do his show, he had nowhere to perform or sound equipment to use, due to an apparent breakdown in communication or passing of responsibilities. From an outsider's view and being able to overhear some conversations, Mr. Simpson went out of his way to perform. He was treated inappropriately by what I will call fair staff members both in action and words. The program planned by Mr. Simpson was cut short three times during the show mentioned. His performance was admirable even under the situation. Observing other performers in the world, I would have expected Mr. Simpson to have packed his bags and gone home under the saying, "Thanks but no thanks." Instead, he kept his commitment and did his show. Thanks, Thom, for being professional! PHOEBETILLY Burley

Gravel job on TF streets was shabby

I want to write in agreement with Mr. Larry Udey who wrote regarding the terrible job the city of Twin Falls did repaving and repairing our streets also in the northeast area of the city.

They spread the little rocks, left them for a month (which, of course got on everyone's nerves), as they never bothered to return and clean anything up and finally, last Thursday (July 29), they covered the rocks with a layer of black stuff, failing to advertise or notify any of the residents when they planned to do this. And, consequently, many cars were parked on the street, and they had to be towed away. This looks awful and is a totally unsatisfactory job done by the city and is an eyesore to our neighborhood, in our opinion. There are many streets in dirt and mud in our town and they go on and on being totally ignored.

Unlike Mr. Udey, we did not have any material damage to our property, but our question is: With the expensive property taxes we pay here in Twin Falls, why do we not receive better services from the city? PEGGY WILFORD Twin Falls

Thanks for keeping Walworth in the paper

We recently heard that Cathy Walworth writer of the "Green Thumbs" column every Wednesday, was moving to Wyoming and would not be submitting her weekly gardening column. This was not good news, as she has always had very pertinent advice for our Magic Valley gardeners. Not only is she knowledgeable but she also wrote with a keen sense of humor. I am writing now to thank the editor for his excellent decision in having Cathy continue to publish her column, even if she will be living out of this area. She still knows our local climate and special weather conditions, thus making her an authority with valuable information to relate to members of our community. Some people in our area may not be familiar with the fact that Cathy has the designation of "Consulting Botanist." In fact, she is the only person with this distinction in the state of Idaho. In 1991, she helped to form the Magic Valley Rose Society. Thanks to her efforts and foresight, the present Rose Society still flourishes and actively supports our downtown area by establishing and maintaining the beautiful rose garden next to the county courthouse. Through the years, many volunteers have helped to preserve this commemorative garden without any financial assistance. Thank you, Cathy, and thank you, Mr. Editor, WICK KOOP Twin Falls (Editor's note: Vicki Koop is the membership chairman and a past president of the Magic Valley Rose Society.)

Warning fatigue sets in for United States

It's tempting to be triumphant about the nation's calm response to the most recent terrorist warning. People showed up for work in the targeted buildings in Washington and New York. The stock market didn't plunge. Life went on largely undisturbed.

JILL PORTER

New York City is not going to be cowed by terrorists," Mayor Michael Bloomberg boasted on Monday.

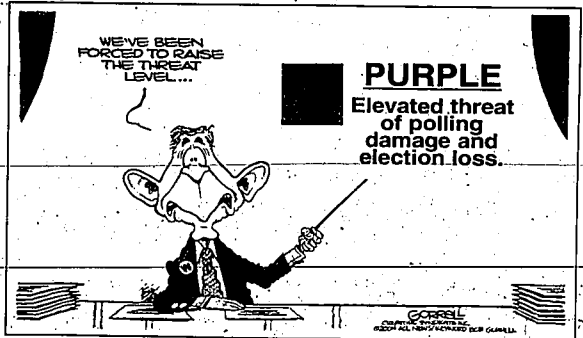
The terrorists haven't won! Nonsense. The truth is we've been forced to adjust to the constant threat to our safety, so much so that we have no choice but to go about our business. That's to be accepted as a realistic necessity, not misconstructed as a symbolic defeat of our enemies. Yes, the human spirit is remarkably resilient.

And yes, we've shown spunk in resisting emotional collapse in the face of a constant threat to our lives. But it's tragic that the unthinkable has become the routine, that perpetual danger is a dark thread woven into our daily lives, so much so that "peace" isn't even considered an option.

The cowboy code espoused by our politicians makes sure of that.

"The terrorists want to scare us," New York Sen. Charles Schumer said in a speech outside the New York Stock Exchange on Monday, shaking hands with arriving workers. "We feel it's almost a moral imperative to tell everybody to go about their lives."

Anyone who chose to stay home from work, even in a building specifically targeted for



destruction, would be considered of questionable character. To succumb to the real fear of a real threat has come to be seen as tantamount to treason.

"If every time they made a threat we stopped doing what we're doing, they win," Schumer said.

Not only can't we protect ourselves from an attack — at an unknown time at an uncertain location by unseen enemies — we can't even try, for fear of being considered un-American. So sure, we trudge to our workplace even when we're told our building has been targeted by al-Qaeda. But the truth is, we yield to the threat of terrorism in countless ways every day of our lives.

We go through metal detectors, submit our packages to bomb-sniffing dogs, encounter permanently locked entrances, wear identification cards, mentally profile our fellow airline passengers.

The heightened security of the last few days in Washington and New York — where traffic was diverted and trucks were searched and machine-gun toting guards patrolled targeted buildings — only seems like an incremental change.

Then, too, we're victims of what a New York Times story called "warning fatigue." Since 9/11 we've been subjected to occasional vague, unspecific warnings from the Department of Homeland Security — all accompanied by an admonition to "tighten our belts." Of course, the timing of some of the warnings appeared politically suspicious. And since none was followed, thank God, by an attack, we developed a numb indifference.

And to some extent, the counterterrorism measures that we've adopted may have made some of us feel safer than before — despite pronouncements to the con-

trary by security experts and by the 9/11 commission. For all these reasons — the silence, resignation, numbness, denial, bravado — we absorbed the news of the targeting of our financial institutions this week without appearing to flinch. If it was a test, we clearly passed. And that's good, of course. But don't mistake it for a "triumph over terrorism." Don't pretty it up with reassuring platitudes that don't apply.

We've done a laudable job of adapting to horrible new circumstances.

That's not to be celebrated, but accepted with angry resignation.

Jill Porter is a columnist for the Philadelphia Daily News. Readers may write to her at the Daily News, 400 North Broad Street, Philadelphia, Pa. 19130, or via e-mail at porterj@phillynews.com.

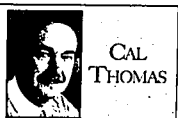
The nation's news media also slept before 9/11

Among the responsibilities a free press should meet is alerting people to danger. It has done so in the past, retaining a sense of duty and die, but it failed to sufficiently warn the public of the growing terrorist threat in the years leading up to 9/11.

In its well-written report, the 9/11 commission noted that it had become "conventional wisdom" prior to 9/11 that terrorism was not as big a threat to Americans as would soon prove to be. As one example, it cites an April 1999 New York Times story that "sought to debunk claims that (Osama) bin Laden was a terrorist leader."

The commission notes that terrorism was not a central intelligence agency's campaign, mostly because "the media called little attention to it." When Jordan arrested 16 terrorists, including two American citizens, for planning bombings in that country, the New York Times, in a July 22 story for Editor and Publisher magazine, claimed that the commission also offered an interesting media-related insight regarding pressures on the CIA. In its evaluation of the intelligence agency, the commission reports that starting in the 1990s, the CIA found it had to move more quickly in response to, and then reflecting, the culture of the newsroom. During the 1990s, the rise of around-the-clock news shows and the Internet reinforced pressure on analysts to pass along fresh reports to policymakers at an even-faster pace, trying to add context or supplement what their customers were receiving from the media. This led to weaknesses "in all-source and strategic analysis."

Links to the media also hurt intelligence gathering, according to the commission report. The commission said that after a leak to The Washington Times in 1998, al-Qaida's senior leadership ceased a particular form of communication, making it more difficult to intercept bin Laden's conversations. That's the past. What about future threats? According to journalist and author Paul Williams in his new book, "Osama's Revenge: The Next 9/11," bin Laden associates could possess suitcase nuclear bombs capable of killing millions of Americans and exposing millions more to deadly radioactive fallout. While the media have reported on some of this, they have not "put all the pieces together," as Williams attempts to do in his book. Bin Laden associates are only waiting, according to Williams, "for the right opportunity to launch an apocalyptic attack against the 'Great Satan' of America."



CAL THOMAS

There are at least two reasons behind media reluctance to devote more and better coverage to this story. One is money. The networks and many newspapers have either closed down foreign bureaus or cover little foreign news. Americans, they believe, don't care much about events overseas.

The second reason is political correctness. Extremist infiltrators call anyone who sounds a warning about what they're up to "Islamophobes" and demand, through mass e-mailings and sometimes demonstrations, the censoring or sanctioning of journalists who sound the alarm. It was political correctness that led Transportation Secretary Norman Mineta, just 10 days after 9/11, to institute a suicidal policy that bans profiling of air passengers based on race. John Lehman, a 9/11 commissioner, stated during commission hearings last April: "It was the policy before Sept. 11 and I believe remains the policy today to fine airlines if they have more than two young Arab males in secondary questioning because that's discriminatory."

The Washington Times writes, "In the three years following September 11, United Airlines, American Airlines and Continental Airlines settled dis-

crimination cases with the Department of Transportation for a combined \$3.5 million."

According to Audrey Hudson of The Washington Times, "Flight crews and air marshals say Middle Eastern men are staking out airports, probing security measures and conducting test runs aboard airplanes for a terrorist attack."

Annie Jacobson, a writer for Women's World Street Journal, described a chilling personal experience on a recent flight from Detroit to Los Angeles during which she said 14 Middle Eastern men behaved strangely and frightened the crew and a number of passengers. Our borders are not secure. Our normally commendable attitude of tolerance and the welcome that we have put out to the world have allowed people who hate America as well as those who love us to come in.

Radical Islamic groups are supporting the congressional candidacy of Cynthia McKinney, who claims a shot in over her Republican opponent as she seeks to regain the seat in Congress she lost in 2002. McKinney may be the "Manchurian Candidate" of Islamic terrorism. The American Muslim Task Force on Civil Rights and Elections has a hospitality suite at the Democratic Convention. The Arab TV network al-Jazeera, which might properly be named "the voice of bin Laden," has been given a booth at the NewCenter to broadcast its version of events to the Arab world. The Arab press understands that the media are an important weapon in the clash between civilizations, and so do others

who hate us. Why don't the U.S. press? Perhaps they're busy covering Martha Stewart, missing or dead women, and other stories that satisfy sponsors interested in certain demographics. In doing so, the big media are again ignoring their responsibility to sound an alarm.

Cal Thomas is a nationally syndicated columnist and Fox News Channel commentator.

AUCTION CALENDAR
Throughout August 15

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General Sale, Twin Falls
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Furniture • Table Coverings
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www.auctionidaho.com

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Games • ShopSmith
KLAAS AUCTION BARN
208-224-5521

THURSDAY, AUG. 12, 5:00PM
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Collectibles • Lawn, garden • Shop
Times-News Ad: 8-10
MASTERS AUCTION SERVICE
www.mastersauction.com

SATURDAY, AUG. 14, 10:00AM
Betty Harrison, Jerome
Complete Household Moving Sale
Furniture • Furnishings
Times-News Ad: 8-12
MUSSER BROS. AUCTIONEERS
www.mbauction.com

SATURDAY, AUG. 14, 11:00AM
Lucille Schroeder, Buhl
Autos • Sporting • Guns • Lawn
Garden • Shop • Trophy Mounts
Times-News Ad: 8-12
MASTERS AUCTION SERVICE
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SATURDAY, AUG. 14, 10:00AM
Final Samuel Osgood Estate
Auction, Heyburn
Jewelry • Gemstones, Fished & Polished
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SUNDAY, AUG. 15, 1:00PM
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Garden • Shop • Appliances
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NATION

Former ambassador runs for Senate

Chicago Tribune

CHICAGO — Two-time presidential candidate Alan Keyes on Sunday officially entered the race for U.S. Senate as the Republican nominee to run against Democrat Barack Obama — the first Senate race in which the two candidates from both major parties are black.

Keyes, a former ambassador to the United Nations under Ronald Reagan, accepted the nomination from the Illinois

Republican State Central Committee to replace primary winner Jack Ryan, who dropped out amid a sex scandal.

At a press conference, Keyes, who is from Maryland, took a significant amount of time explaining why he was deciding to run. One of the biggest reasons, he said, "was because of Obama's support for abortion rights, especially so-called partial-birth abortions. Barack Obama abandons

the principles of our Declaration of Independence and destroys the foundation of our national union," Keyes said.

Keyes conceded his lack of knowledge of Illinois and spoke a great deal about his love of Maryland, where his father is from.

"I might not know the streets yet and the neighborhoods and all the things that go to make up the everyday life of the people," Keyes said. "But if in fact, the people of Illinois still stand together on the American

creed, still assert their right of self-government, still have the sense of responsible citizenship, then I believe I know their spirit and their conscience and their heart."

Keyes mounted two quibzotic runs for president, in 1996 and 2000. He still owes \$524,000 for his failed presidential bids, according to Federal Election Commission documents. He also was defeated twice in races for the U.S. Senate seat from Maryland in 1988 and 1992.

Police arrest four in slayings

The former cable-TV and radio talk-show host is known for a rousing speaking style steeped in Christian moral philosophy.

He has a built-in base among conservatives and the Christian right.

"We do face an uphill battle, there's no doubt," Keyes told supporters at a rally. "So I'm not going to stand here and with tremendous ease promise you a victory. But I'll tell you what I will promise: I will promise you a fight."

DAYTONA BEACH, Fla. (AP) — An ex-convict who blamed a young woman for taking his video game system and clothes recruited three teenagers to stab and beat her and five others to death, investigators said Sunday.

The 25-year-old woman was singled out for an attack so vicious that even dental records were useless in trying to identify her. Some of the victims were attacked in their sleep, according to authorities.

The victims' bodies were found Friday in a blood-spattered home.

All four suspects have been charged with first-degree murder and armed burglary, the Volusia County sheriff's department said.

Suspected ringleader Troy Victorino, 27, of Deltona, was "very guarded" during questioning, Sheriff Ben Johnson said. Three 18-year-olds were also arrested Saturday: Robert Cannon of Orange City and Jerome Hunter and Michael Solas, both of Deltona.

All four were jailed in Daytona Beach while awaiting bail hearings Monday. Johnson wants prosecutors to seek the death penalty, saying, "These families will never get over this."

Police said the attack was the culmination of a events revolving around a recently vacant home owned by one of the victims' grandparents and used by Victorino and other squatters as a party house. The four men and two women who were slain had reported being harassed by the alleged assassin.

"Officials struggling to come up with a motive for the crime believe the killings were committed over the theft of some clothes and an Xbox game system owned by Victorino," a statement from the sheriff's office said.

All four suspects were armed with titanium bats when Victorino was killed in the locked front door, according to arrest records.

The group, who wore black clothes and had scarves on their faces, grabbed knives inside and beat the victims in different rooms of the three-bedroom house, authorities said.

The victims, some of whom were sleeping, did not put up a fight or try to escape, Johnson said. All had been stabbed, but autopsies determined the cause of death was the beating injuries.

Kerry: Americans must train against terrorism

TRINIDAD, Colo. (AP) — Americans should do more to protect themselves against terrorism by setting up neighborhood watch groups, Democratic presidential candidate John Kerry says.

"If we do that to protect ourselves against vandals or a burglary, why would we not do it to protect ourselves against a terrorist?" Kerry asked during a Saturday interview with reporters aboard his campaign train.

Kerry, who was joined on the train by his running mate John Edwards, said that the current system of nationwide, color-coded alerts is confusing.

"We need a neighborhood watch kind of system so that we have a way to notify people, they know what they're supposed to do," Edwards said.

"We shouldn't have millions of Americans, or hundreds of thousands, trying to figure out at 3 o'clock in the morning what they are supposed to do. They ought to know what they're supposed to do."

Kerry also said that he would continue research on a program to develop weapons to shoot down incoming missiles if he is elected.

"I believe in pursuing and researching and developing missile defense. I've supported missile defense research,"

Kerry said. But "I don't believe in rapid deployment of a system that hasn't been adequately tested. I will continue missile defense research. I will continue missile defense work, because it's important for the country."

The two Democrats also criticized the Bush administration's record.

"I think they have done a number of things that are troublesome. They have rolled back protections for the quality of our air. They have lowered the standards and the regulatory requirements that have been in place for over 25 years. It's damaging not only to the environment, it's damaging to the health of our kids who have asthma, to seniors who have respiratory problems. I think it's an enormous issue," Edwards said.

Kerry said he would consider putting a Republican in charge if the person was a "thoughtful, balanced person."

"It might be a Republican, it might be a Democrat, I don't know. I'm not looking for an ideology," Kerry said.

"I think that we have a false choice put before voters, that voters are made to believe it's a choice of either the environment or jobs. That's wrong. Protecting the environment is jobs."



Democratic presidential nominee Sen. John Kerry, D-Mass., shakes hands as he leaves San Felipe de Neri Catholic Church in Albuquerque on Sunday.

Many see Bush's re-election bid in stronger position than father's

The Chicago Tribune

KENNEBUNKPORT, Maine — A little more than a mile away from the Bush family estate here on Walker's Point, a dozen or so hazy Democrats have opened a storefront designed to send a message that they hope President Bush suffers the same re-election fate as his father.

On the first floor of a yellow clapboard house, beyond the blue "Kennebunkport for Kerry and Edwards" banner, volunteers worked Sunday to restock the shelves from a bustling weekend along the Ocean Drive shopping district. The stacks of campaign literature for Democratic candidates John Kerry and John Edwards were running low, and the T-shirts had nearly sold out.

"I don't think of this as Bush country," explained Jackie McKim, a 67-year-old retired teacher who helped set up the new Democratic headquarters last month in a town where they are outnumbered 2-to-1 by Republicans. "I think of it as Kerrybunkport."

It may be tempting for some Democrats to draw comparisons between the two Bush re-election drives, especially after the current and former president spent a rare weekend fishing together off the Maine coast. But three months before Election Day, the condition of the father and the son's political campaigns are strikingly different.

Twelve years ago, President George H.W. Bush endured a painful August, with more than three-quarters of the electorate disapproving of how he was handling the economy. Heading

into the Republican convention polls showed him with a 20-point deficit to Bill Clinton, an approval rating of 30 percent and four out of five Americans believing the nation was headed in the wrong direction.

While George W. Bush's onerous popularity has gradually fallen amid doubts over the war in Iraq and an unconvincing economic recovery, Republicans and Democrats agree his political health is far better than his father's at the same point of his presidency. Not only did the younger Bush start aggressively planning for a second term nearly a year sooner, he has attempted to address the economic dilemma head-on even as his campaigns as a wartime president.

The elder Bush's punishing defeat, according to Republicans close to the Bush family, serves as a driving force of this campaign.

"It stands a constant lesson and a model of what not to do. They have been talking and thinking about that since the day the father lost," said Bruce Buchanan, a University of Texas political scientist who carefully follows the Bush political legend. "It's been a huge issue and a pre-occupation of this. It has created an intense motivation to avoid mistakes and be aggressive."

The tight race with Sen. John Kerry of Massachusetts worries

many of the president's admirers. Conversations with more than a dozen supporters at campaign stops last week, half of those interviewed expressed at least some concern about a race that seems to be unusually influenced by factors beyond either candidate's control.

"I think it's a tough race for him," said Avery Weaver, a Republican county commissioner from Coahoma, Miss. "He's more committed and he's more focused than his dad was, but this is a different time. On the world issues and the security, it's a different situation today than it was when his father was in office."

But after listening to Bush address a rally one evening late last week in Saginaw, Mich., Weaver said he felt more passionate about the president's re-election than he had all year. The lingering threat of terrorism is second enough to give Bush a second term, he said, a rationale that echoes one of the campaign's top arguments.

The president has undertaken an aggressive August travel schedule, deciding against taking a traditional summer break in favor of spending the majority of the month campaigning in battleground states. As he addressed audiences last week in Iowa, Ohio and Michigan, the war on terrorism and the duty to safeguard America emerged as a dominant theme.

"A very important lesson of September the 11th, one this nation must never forget, is that when we see threats, we must deal with them before they fully materialize," Bush told an applauding crowd in Columbus. "That's one of the vital lessons of that fateful day."

NYC grumbles over upcoming convention

The Washington Post

New York, New York, the city so big they had to name it twice, is not sure it's big enough to handle a swarm of Republican delegates and an even larger swarm of journalists at the party's national convention later this month.

Eighty-three percent of New Yorkers said they don't want the Republican convention in town, according to a survey taken by SW Public Relations. When a sample of 836 adults was asked whether they were happy that the Republicans are coming to town, even most

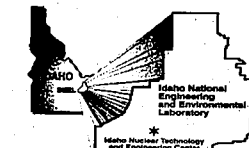
self-identified Republicans said no.

The firm ranked the reasons for this lack of enthusiasm: Fifty-three percent were worried about traffic, closed streets and security hassles; 27 percent said "too many out-of-towners"; and 13 percent in this city with a Republican mayor but a traditionally Democratic electorate said it was because "I hate Republicans."

Nearly 70 percent said they were afraid to go to work that week starting Aug. 30, because of security concerns. All the more reason to head to the Hamptons.

Read the sports pages to see how your favorite team is doing.

NOTICE OF AVAILABILITY Agencies propose removing water from old INEEL spent fuel basin to remove potential risk to aquifer



Idaho Nuclear Technology and Engineering Center.

The agencies are proposing the work as a non-time critical removal action under the federal Comprehensive Environmental Response, Compensation and Liability Act (CERCLA, otherwise known as Superfund).

The proposal for closing the 603 basins evaluates several alternatives. The alternatives range from a No Action alternative to complete removal of the basin structure. Some alternatives include sludge removal or treatment in-place through grouting, with pumping the water to the IGF evaporation ponds. The preferred alternative includes removal and disposal of the basin water and sludge, while grouting debris in place. Grout would be pumped in as water is removed to maintain the water level. Doing so eliminates the risk of residual contamination on the basin wall becoming airborne.

Written comments on DOE's plan can be submitted online at <http://cleanep.inel.gov> or mailed to:

Kathleen Hain
U.S. Department of Energy
P.O. Box 1625 MS 1222
Idaho Falls, Idaho 83415-1222
haink@id.doe.gov

The U.S. Department of Energy, in cooperation with the U.S. Environmental Protection Agency and the Idaho Department of Environmental Quality, is seeking public comment through September 3 on a proposal to empty 1950's-era spent nuclear fuel basins at the Idaho National Engineering and Environmental Laboratory. Removing the water and sludge would remove a potential threat to the Snake River Plain Aquifer.

An Engineering Evaluation and Cost Analysis document available on the Web at cleanep.inel.gov describes the proposal to remove more than 1.5 million gallons of water from three interconnected basins at the

Detailed information is available in the Administrative Record file for Operable Unit 3-13. The Administrative Record is located at the DOE Reading Room of the INEEL Technical Library in Idaho Falls. Copies can be found at Albertsons Library on the Boise State University campus. The Administrative Record can also be accessed via the Internet at <http://arin.inel.gov/>.

A public meeting is currently planned for 7 p.m. August 19 in the Idaho Falls Room at the Shilo Inn on Lindsay Boulevard in Idaho Falls.

Under the DOE's Performance Management Plan for accelerating cleanup at INEEL, the department is working to reduce risk and complete the majority of remaining cleanup work from past INEEL missions by 2012. The project is managed by Bechtel BWXT Idaho for the U.S. Department of Energy.

Honoring veterans
Saying thanks at dinner.
Tuesday in Community

BACK FOR MORE IN 2004
Make Me A MILLIONAIRE III
CLIP BID SAVE WIN
STARTS SEPTEMBER 6





Bandages galore:
They do more than
look pretty these days.
Page B3

IMAGE

INSIDE
To do for youB3
ComicsB5
ClassifiedB7-12

Features Editor: Steve Crump - 733-0931, Ext. 223

The Times-News

Monday, August 9, 2004

Section B

I'd rather bleed to death

When I got into journalism, I expected to do many things. None of them involved standing on a colleague's grin.

But recently I learned that I might be called upon to do exactly that. I learned this in Fright School, which is known formally as Hostile Environment Training. This is a course, taught by corporate security consultants, that teaches you what to do if you find yourself in a situation involving dangerous elements such as terrorists, kidnapers, robbers, rioters, or fans of the Oakland Raiders.

I didn't think I needed this training, because I've lived for the past 20 years in a hostile environment, namely, Miami, where virtually everybody, including nuns, is packing heat.



DAVE BARRY

But along with many other journalists, I was ordered by my company to attend Fright School because this summer I'm going to the Olympics and both political conventions. I'm writing this column before leaving for those events, and I sincerely hope that, by the time summer's over, we'll all be heaving large sighs of relief from knowing that nothing bad happened, and nobody had to actually stand on anybody's grin.

But in case you ever find yourself in a hostile situation or, God forbid, a Raiders home game, today I'm going to pass along the lessons I learned in Fright School, as recorded in my notes.

My first note says "pants pants," because that's what the instructor was wearing. He was a muscular, military-looking British guy who was quite knowledgeable. He had ended roughly every fourth sentence with: "And if THAT happens, you're going to die."

The instructor began by reviewing the various kinds of hostile situations we, as journalists, might encounter. The three main points I got were:

1. A lot of things can happen.
2. All of those things can kill you.

3. So don't panic.
Among the specific threats we discussed were "dirty bombs," germ warfare, mines, and booby traps. The instructor said that his company had the world's foremost authority on booby traps, and "he does a presentation that's quite entertaining."

The way to avoid these threats, according to the instructor, is to remain alert, use common sense, be inconspicuous, and avoid dangerous areas, such as the planet Earth. He also recommended that we carry the following items at all times: water, food, protective eyewear, protective headgear and "escape hood" for gas attacks. He didn't say how you could look inconspicuous while carrying all these items: Maybe you could put them in your car pants and just pretend to have enormous thighs.

In first-aid training, we learned about the Trimodal Death Distribution, with the three Modes of Death being: instant, Late and Delayed. The instructor said: "We're interested in the delayed dies."

I missed a lot of what he said next, because he was showing graphic slides of injuries, and one of them, entitled "Impaled Object," required me to put my head between my knees for several minutes. But I definitely recall hearing the instructor say several times, that if your colleague is bleeding profusely from the femoral artery, you should stop it by standing on his groin.

This may be solid advice, but before I follow it, I intend to confer with the colleague.

ME: Do you mind if I stand on your groin?
COLLEAGUE: Thanks, but I'd rather bleed to death.

ME (relieved): OK, then!
But we're talking worst-case scenarios, here. Maybe I'll earth see you at the conventions or Olympics! Assuming there are eye holes in my escape hood.

Dave Barry is a humor columnist for the Miami Herald. Write to him on The Miami Herald, One Herald Plaza, Miami, Fla. 33132.

Stuck on a diet PLATEAU?

By Joan Bean
Times-News correspondent

TWIN FALLS. — The diet plateau. It's a place where dieters often find themselves after taking off a fair chunk of weight. They're stuck there, with their goal still out of reach.

Linda McKinlay of Twin Falls has been on such a plateau for a month now, after following a sensible weight-loss program since April. She's not discouraged, though.

"I've been told that sometimes it just takes a little while for your body to adjust," she said. "I'll sit somewhere for a while."

McKinlay has, after all, lost 21 pounds since attending Magic Valley Regional Medical Center's Adult Weight Management Class.

Plateaus are common and a normal part of the weight-loss process, says Heather Shaw, a licensed and registered dietitian who facilitated the class along with physical therapist Coreen Keller.

"If your body doesn't know if you are trying to fit into a size 6 jeans or if you're being starved to death. It gets pretty good at slowing itself down when it thinks it's starving."

"As you lose weight, your body actually needed fewer calories to function," Shaw said. "So when you get to a certain point you actually start to overfeed your body again, even though you're on a reduced-calorie diet, because your body does need less to do what it did before."

She thinks most people lose track, or don't acknowledge, what they've actually eating. So when the dieter hits a plateau, keeping a food diary helps. It provides insight into eating habits, and helps identify some things that need to be changed.

"It's easier to maintain a weight loss with exercise. It's hard or impossible to do without it."

"And a lot of times our bodies get used to the exercise that we're doing," she said. "So we need to increase the duration or the intensity of the exercise, or even try a new exercise that is more challenging."

Walking serves a dual purpose for McKinlay. She used to come home, fix dinner and then want to eat all evening.

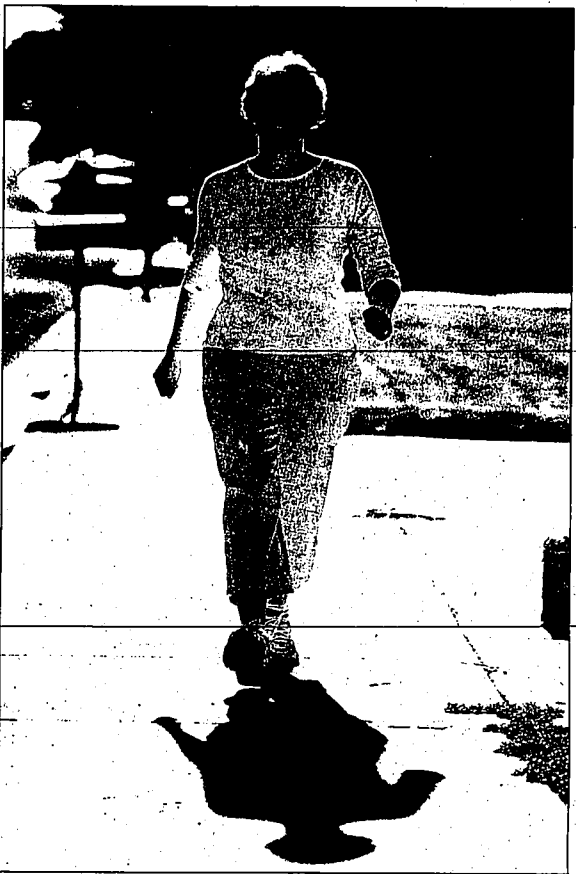
"And so I thought, 'Well, I don't want to think about food, so I'll take a walk...,' and I've really enjoyed the walking," she said. "I've been walking two miles at least five or six times a week, sometimes seven."

Christine Kerlin of Twin Falls was stuck on a plateau for almost a month before she dropped six pounds. In all, she's lost more than 40 pounds since March.

"She's not starving herself, Kerlin says, but trying to eat right and not eat junk food. She stays away from food made with white sugar and flour, although every now and then she allows herself a piece of cake."

Kerlin grew up having to eat everything on her plate at mealtimes, and it's a hard habit to break.

Please see PLATEAU, Page B2



Linda McKinlay is participating in a weight management class at Magic Valley Regional Medical Center and says walking most days is an integral part of her diet. Since April, McKinlay has lost 21 pounds by eating more fruits and vegetables, drinking more water, as well as watching her daily calorie intake.

Take your weight-loss up a notch

The Times-News

TWIN FALLS. — Have you stopped losing weight in spite of exercising along with dieting? You might benefit from increasing the weight or intensity of your activity.

Do this, says physical therapist Coreen Keller, and you'll burn more calories. And change activities to work different muscle groups that have previously been neglected.

In order to achieve weight-loss and fitness goals, Keller says it's best to do a combination of three types of exercise: aerobic at least 30 minutes 5-6 days a week; strength training of all major muscle groups 3-4 times a week, and flexibility, as part of a warm-up and cool-

down for all major muscle groups with all workouts.

"Lifting weight as part of a strengthening program is necessary to increase muscle mass," she said. "Increased lean muscle mass increases a person's basal metabolic rate, increasing the number of calories burned with any activity, and can therefore increase a person's ability to take off weight."

Anybody performing a weight-lifting program, Keller says, should lift enough to cause muscle fatigue, which for beginners is 8-12 repetitions.

Walking for aerobic activity should be fast enough for a person to reach his or her target heart rate, she says.

He or she should be some-

what short of breath while trying to carry on a conversation. This is commonly known as a "talk test."

Other walking during the course of the day helps increase the number of calories burned and improves general activity tolerance.

Keller says the biggest risk with exercise is not to start. Once your doctor has OK'd an exercise program, it's best to begin with something you enjoy and art good at.

"They will be more likely to continue with their program if they are having fun," she said.

"Group activities are also very motivational." It requires that you have someone else to answer to, also someone else to enjoy the activity with.

Sneakers go back to cool Moisturizer doesn't always do a body good

The Washington Post

Back-to-school means spanning new notebooks, clothes and shoes. Clogs, boots,

Mary Janes, moccasins and loafers are all school-worthy.

Attitude — But this time, pick the sneaker for its good looks and comfort.

This season's sneaker is prettier and more stylish than those of the past and certainly not meant for a hard run on the playground. It can be paired with pants, skirts or dresses. Many are suede—with color (lots of metallic), mesh, embroidery or a mix-and-match combination.

Consumers are more sophisticated and savvy to designers," says Lou Wedler, U.S. manager for Adidas Originals footwear. They are looking for clean looks and the sneaker version of the low-heeled, point-toe pump: Whimsical and sensible.

Adidas Originals—they make old hip again—has turned its Okapi into an everyday shoe. "You'd never know that it's a 1973 track shoe," says Wedler. Unless you are running late for class.



Sneakers make a comeback for back-to-school this fall.

Moisturizer doesn't always do a body good

DEAR PAULA: Thanks for your discussion of eye cream needs vs. face cream and what our skin needs. However, if "skin is skin," then why not use a body moisturizer all over, including the face? I'm asking because I've been trying this lately and wonder if it shouldn't be doing it.

—LIZ VIA E-MAIL

DEAR LIZ: Whether or not you should be using a product anywhere on your body—whether it is from the neck up or the neck down—basically depends on the product. As a rule, skin with the most sun damage requires more help than skin that's been protected from the sun. Skin on the backside, thighs, or inside of the arm is almost always healthier than skin on those parts of the body that see the sun on a daily basis. It is actually typical for people over 35 to have some amount of wrinkling, skin discolorations, and loss of elasticity on their face, hands, and chest, but none on the other parts of their body that are exposed to the sun far less often.

When it comes to skin care, what skin (other than protection with an effective sunscreen), especially sun-damaged skin, needs is products with lots and



lots of antioxidants, water-binding agents, anti-inflammatory agents, and ingredients that mimic the structure of skin itself. Most body products are not as elegantly formulated as face products. Many contain only minute amounts, if any, of the important ingredients skin needs for protection and to help it function normally. So what really matters is not the label indicating where you are supposed to use a product, but rather what the product contains. If the body product you are using has lots of the ingredients I mentioned, then you can indeed use it anywhere if you like the texture, but I would check the label carefully.

Write to Paula Begoun at 13075 Gateway Drive, Suite 160, Seattle, Wash. 98168 or check out her Web site: www.cosmeticsqa.com

IMAGE

Obesity: Balancing the scales of a weighty issue

Los Angeles Times

In the midst of the federally declared obesity epidemic, Paul Campos is savoring a plate of seared and tuna in ginger-garlic marinade...

He looks slim enough—but it is quick to point out that at 5-foot-8 and 165 pounds, he is officially "overweight" according to the National Institutes of Health...

"Does he care? Not a bit. He snorts at the notion of a fat "crisis," that a little spare tire could be the end of him...

"Junk science," he says. "That's the real epidemic."

Campos and a minority of other scholars and researchers are challenging the science behind ever-more-shill pronouncements on the hazards of a hefty, they say, wayward obesity feeding frenzy.

Two-thirds of Americans are now deemed overweight, with the number climbing steadily according to the government. In March, the U.S. Centers for Disease Control and Prevention declared that obesity was killing at least 400,000 Americans a year...

Obesity deaths say this is the latest in a long string of exaggerations.

"There's this tremendous cultural hysteria about this issue which is really not justified at all by the scientific and medical literature," said Campos...

Campos and others contend that study after study—including those of 1.8 million Norwegians and 115,195 Massachusetts nurses—have found that people who are overweight have a lower risk of death than those who are lean...

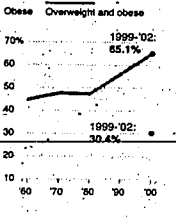
Mainstream obesity researchers object strenuously to this analysis, and say the skeptics are quibbling, misreading the data or cherry-picking medical facts.

They say that hundreds of studies show beyond reasonable doubt that there is a link between obesity and unhealthy

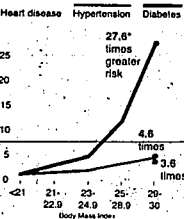
Obesity kills... or does it?

The science of obesity is filled with complex and sometimes contradictory studies. Some scientists and others challenge the assertion that being fat is especially unhealthy.

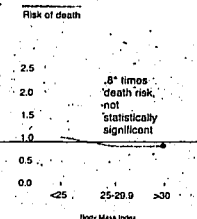
Over the last four decades, Americans have gotten fatter...



...and studies report the risk of death and some diseases increases when people are overweight...



...but some studies suggest that being overweight is not harmful.



Source: Centers for Disease Control and Prevention

Source: Nurses Health Study

Source: Steven Blair Cooper Institute

conditions such as high blood pressure, diabetes, heart disease and certain cancers, as well as a higher overall risk of death.

"There are hundreds of people who've spent their careers studying obesity," said James Hill, director of the center for human nutrition at the University of Colorado, Denver.

Plumpness status is measured using an estimate of body fat called body mass index—a person's weight in pounds multiplied by 703, divided by the square of one's height in inches.

People are classed as obese if they have a BMI of 30 or above, a cutoff chosen because studies suggest that health risks are significantly heightened beyond this point.

Until 1998, this overweight threshold was 27, but as the studies on health risks piled up, the National Institutes of Health lowered the cutoff down to that already in use by the World Health Organization.

Overnight, about 30 million Americans became an unacceptably plump.

"It would seem reasonable that scientists and doctors could at least agree on the basics—such as whether the nation as a whole was really ballooning in size. But even this point is up for debate."

Jeffrey Blumhagen, an obesity geneticist at Rockefeller University, said the apparent weight rise of Americans was in large part an illusion. Very fat people have certainly gotten a lot fatter, he said, presumably because their genes make them especially prone to gain weight in today's food- and leisure-rich environ-

ment. Nearly everyone else has stayed more or less the same, or gained just a few pounds.

The national obesity crisis is actually a problem for a narrow group of people, he said. Targeting the entire population with an exercise-and-eat-less public health campaign won't solve the problem.

Obesity skeptics say that there is ample evidence that overweight and obese people live longer than the thin.

For example, a 1984 population study of Norwegians reported people who were moderately overweight (with a BMI of 26 to 28) and even obese (with a BMI of 30 to 35) lived longer on average than the ideally lean (with a BMI of 18 to 20).

What drives the skeptics crazed is what they term the tweaking of data to exaggerate the risks from extra weight. They say such shabby methodology pervades the body weight literature.

The most egregious recent example of this, they say, was the CDC's pronouncement in March that obesity was killing 400,000 Americans a year. The study, which was used in the kickoff of a federal anti-obesity campaign, came with its estimate by taking the death risk of young people who were obese and applying it to the whole population.

At a slushy of scientists, including some at the CDC itself, later took issue with the study. One of them, Stanton Glantz, professor of medicine at University of California, San Francisco, commented that the methodology made no sense because the death risk from obesity for young people was

known to be high, and the risk for the elderly was tiny. The result was a highly inflated death estimate.

Dr. Walter Willett, professor of epidemiology and nutrition at Harvard School of Public Health, said that being overweight and obese clearly raises health risks—and a risk of death.

One 1995 study of 115,195 nurses reported the risk of death was raised 60 percent in even slightly overweight women, although the results have been sharply contested by obesity skeptics, such as Campos, who accuse the researchers of statistical "hanky panky."

Some studies show that being overweight causes a five- to ten-fold increase in diabetes risk compared with someone really lean, Willett said. Being obese triples the risk of coronary heart disease and endometrial cancer; it doubles the risk of hypertension and stroke.

Losing even a little weight leads to significant improvements in blood fats, blood pressure and blood sugar control.

"Every 10 years we get somebody like this who comes along and thinks they've discovered fatal problems in the relationship between body mass index and mortality," Willett said. "But it's always somebody who doesn't understand medicine and human disease processes and epidemiology."

Even with this abyss of disagreement there are some areas where both sides agree. Diets work very poorly: Most people can lose only about 10 percent of their body weight, and most tend to gain back their weight over time.

Lasers join the healing arsenal of acne fighters

Knight Ridder Newspapers

COLUMBIA, S.C.—When it's time for hot weather and skimpy clothes, which part of your body are you most reluctant to bare in public? If you have acne, you might say "my face."

It's hard to confront the world while coping with the blackheads, whiteheads, bumps and cysts of acne. It's especially challenging to get the fresh-faced look that goes with summer's straw hats and beach gear.

But doctors say prompt treatment should enable most people to put a stop to acne—ideally, before it does lasting damage.

"The aim is to prevent scarring, which you carry with you the rest of your life," said Dr. Jon Morgan, dermatologist with Carolinas Dermatology Group in Columbia, S.C.

Dermatologists treat acne internally and externally, with medications, cleansers, lotions and gels. During the past year, Morgan also has been using a laser to treat acne as well as the scars it leaves.

It's not about vanity, Morgan said. It's about helping people to have the poise and self-assurance they need to be successful in their occupations and personal lives.

"When you have bad skin, it affects your confidence," he says. "And it also affects the way people see you."

Acne develops when the skin's oil glands become clogged, which leads to bacterial growth and inflammation. It

often develops during puberty, when sex hormones work overtime and produce more oil.

Hormone changes during a woman's menstrual cycle also can cause acne, and some people are more prone to problems because acne runs in their families. Keeping your face clean won't necessarily prevent acne, and eating greasy food doesn't cause it.

But working in a greasy environment—a fast food preparation, for example—can aggravate it, said Dr. Amie Shannon, a dermatologist with the Medical University of South Carolina.

And especially during warm, humid weather, she said, acne can develop in an area where there is friction, such as beneath the strap of a bicycle helmet.

Most common on the face, neck, chest and back, acne symptoms are mimicked by some other conditions. These include the redness and breakouts of rosacea, and acne-type breakouts on the back that are treated with antifungal medication.

Shannon said that as acne heals, pigment-producing agents in the skin are stimulated and inflammation results. This stage can be especially troubling to those with dark skin, such as blacks and Asians, who may be doited with darker spots.

Even a small-scale acne breakout can be serious to a person whose confidence and self-esteem are affected, Morgan said.

"My definition of 'serious' is that it bothers you."

Vending machines begin to carry healthier snacks

WASHINGTON (AP) — The typical vending machine fare consists of chocolate bars and potato chips, leaving few options for people seeking low-calorie or low-salt snacks.

That is changing now as companies develop markets for products they expect to satisfy both nutritionists and consumers. Imagine peeled baby carrots—instead of candy—or crispy baked pita bread in place of fries.

Healthy products, relegated to a few trays or maybe a row or two, if they were sold at all, are starting to take over entire ma-

chines. These offerings account for a small but growing share of the \$3.3 billion business.

Companies hope to attract adults who have avoided vending machines because of the diet-busting temptations. Another focus is on schools, where parents and administrators would prefer that students munch on raisins rather than powdered doughnuts.

A vending machine without candy bars and regular soda is a big step, said Mike Kiser, chief executive officer of Compass Vending Services, an industry leader based in Charlotte, N.C.

Plateau

"I used to make myself eat it all," she said. "But you just have to learn to cut back what you eat."

Shaw doesn't advise anyone to lose more than two pounds a week.

"Of course, in the beginning of that weight-loss process, you'll lose a little bit faster than that with water weight," she said. "But over time if you lose more than two pounds a week, the tendency is to lose muscle mass, or lean body mass, instead of fatty tissue."

Shaw likes to start the diet with losing 10 percent of current body weight over six months. That's not what most people think of as rapid weight loss, but it's realistic.

She encourages folks to drink at least 64 ounces of water a day. "That's an important, and often neglected, part of our diet," she says, and it can fill you up.

Not recommending fad diets, Shaw finds the best approach to nutrition in general is just keeping things in balance. Carbohydrates, protein and fat are needed at each meal.

"Adding extras, no matter where they come from, whether they're carbohydrates, protein or fat will add to your weight," she said. "The thing that I find is that people aren't eating enough fruits and vegetables, and so just focusing on the deficiencies of their diet, trying to bring those up, is important."

In her class, people are always

surprised to see how much food she puts on their plan, and what a balanced diet looks like. But it's just a matter of getting all the food groups in the amounts needed.

And what surprises people most is the dairy products that are recommended. Shaw thinks that one of the first things people get rid of on their diets when they're trying to lose weight, but there's quite a bit of new research that shows increasing intake of dairy products helps weight loss.

"I would start having low-fat milk and water be your main beverage," she said. "Try to get rid of the refined and processed foods in diet and get back to whole grains and fresh fruit and vegetables."

Theoretically, Shaw says, eating six small meals a day is a good plan. But it's been her experience that people start putting doing well with this for 2-3 weeks, then over time the size of the meals grows.

"Soon they're having six medium meals, then six regular-sized meals, and they wonder why they're not losing weight," she said. "So I guess it really depends on the person's personality—if they can keep their portion sizes where they need to be that really is a good approach to take. But you have to be really careful."

Times-News correspondent Joan Bezan can be reached at 733-0630.

ENGAGEMENT

HUBBARD-DENAUGHEL

HEYBURN — Randy Hubbard of Declo and Audrey Green Hubbard of Burley announce the engagement of their daughter, Danielle Hubbard, to Jeffrey Jay DeNaughel, son of Kenneth and Billie Rae DeNaughel of Heyburn.



Jeffrey DeNaughel and Danielle Hubbard

Hubbard is a graduate of Burley High School.

DeNaughel is a graduate of Minico High School.

He served an LDS mission in Colorado Springs, Colo., and is currently employed at Wal-Mart in Burley.

A reception to honor the couple will be held from 6:30 to 8:30 p.m. Friday, Aug. 13, at the Star Ward LDS Church, 96 S. 200 W., Burley.

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Now bandages can stop bleeding and aid healing

The Hartford Courant

It used to be so simple. You were a kid. You fell down, and you skinned your knee. You cried.

Mom came to the rescue, washed off your wound — let's use the technical term, which is, "debrided" or "twiced" — and applied hydrogen peroxide or mercurochrome. You cried again.

She opened the little can that holds the adhesive bandages, and depending on the extent of your boo-boo, selected the wide kind, or the skinny little one or the dot, and stuck it on. When it started to peel off the bandage, it hurt. You cried some more.

But today if mom needs to reach for a bandage, her choices go far beyond just size or shape. For consumer markets for adhesive bandages has exploded in the past decade or so, driven, say industry spokesmen and medical professionals, by technological advances.

Lisa Corbett, an advanced-practice registered nurse with the Center for Wound Healing and Hyperbaric Medicine at Central Hospital in Hartford, Conn., says the improved treatment of chronic nonhealing wounds, those that persist longer than 30 days, has spun off new products now available to the public.

So mom now is faced with store shelves jam-packed with products: liquid and spray-on bandages, ionized-silver bandages or waterproof or moist-environment-promoting or easy-to-remove bandages. Or anti-itch, anti-bleeding or antibacterial bandages. Not to mention bandages shaped to fit fingers or knuckles, or medicated to minimize scars or ecological to heal blisters. There are eye-catching bandages for kids, decorated with licensed cartoon characters or tattoo designs, and clear ones that appeal to adults because they don't catch the eye.

"At first, it seems like a challenge to navigate" among all these choices, says Todd Andrews, a spokesman for CVS Corp. "But it's a real benefit to consumers."

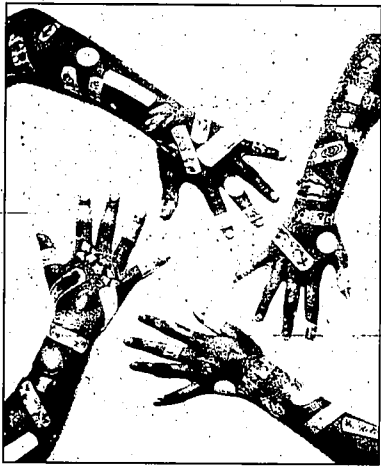
Just as there have been advances in treating heart disease, Andrews says, there have been "leaps forward in technology in wound care and management products." The diversity "seems endless" but he cautions, noting that as hospital stays grow shorter, postoperative wound care is increasingly being managed at home.

Josephine, a spokesman for Johnson & Johnson's Nexcare line, says that while different products offer different benefits, the most important is their performance, such as whether they are easier to use, longer-lasting or more waterproof.

Liquid-bandage products are among the newest to catch the interest of consumers, he says, and while they may be more expensive per application, they last longer, which helps bring their cost closer to that of strip bandages. Further refinements will make such innovations more convenient and affordable, Sweeney says.

The choices can seem overwhelming, he says, and that is why Nexcare has recently redesigned its packaging as "a simplification to help consumers find what they need."

Fred Russell, product director for Johnson & Johnson's Band-Aid Brand Adhesive Bandages, says industry research shows that mothers continue to be the primary purchasers of bandages for the whole family. He says older consumers, a growing group, are buying bandages that



Consumer photo

Many different types of bandages are available today, are gentle to the skin, such as the liquid type or Band-Aid's Hurt-Free line.

We've come a long way from the birth of the first Band-Aids, which company lore says were invented in 1920 by Earle Dickson, a cotton buyer for Johnson & Johnson, whose new bandage, Josephine, was prone to acquiring cuts and burns while cooking. He fashioned bandages for her from cotton gauze and adhesive strips, which soon were marketed by the company. At first made by hand and 3 inches wide by 18 inches long, they were not an immediate success, but smaller strips soon caught on and Dickson became a vice president. By now, more than 100 billion Band-Aids have been made, and the company's trademarked name soon caught on and Dickson became a vice president. By now, more than 100 billion Band-Aids have been made, and the company's trademarked name soon caught on and Dickson became a vice president.

According to a report posted on MarketResearch.com, 60 percent to 70 percent of adhesive bandages in the United States are used on children, and those with licensed images account for 15 percent to 20 percent of the entire market. Among other popular innovations:

Hydrocolloid or hydrogel bandages, such as Johnson & Johnson's Adaptic and Curad's Hydro-Her, brands. They have particles that absorb fluids from the wound and form a gel that provides a moist environment.

That is most helpful, says Corbett, because it helps tissues heal faster with less scarring. Some of these bandages are semipermeable, allowing air to reach around the wound that helps trap healing cells.

"We tell our clients to think rain forest," not desert," Corbett says of the emphasis on covering wounds and keeping the environment moist.

Letting a wound dry out and form a scab lengthens the time it takes to heal and increases the possibility of scars or infection, says Marcia Thomsch of Johnson & Johnson.

Liquid and spray-on bandages offer aesthetic appeal, flexibility, good waterproofing and the ability to cling to the wound. They are useful for

hard-to-cover areas and slough-off when the wound heals.

Scar-reducing bandages can minimize the appearance of raised or red scars over a period of weeks and can be used on fresh or old scars.

Bandages containing ionized silver—tiny bits that leech-out over time, offer a natural antibacterial effect. Their use has shaken up hospital care of chronic wounds, says Corbett.

"Silver is a very potent antimicrobial," she says, but adds that for minor cuts likely to heal within a few days, less-expensive traditional bandages will do the job well.

Anti-blisther bandages use hydrocolloid technology to generate a gel cushion that stays in place for several days, seals out water and germs, and are flexible.

Anti-itch bandages contain a topical analgesic that dulls pain and throbbing, lessening the urge to scratch an insect bite or minor wound, which can lead to infection.

Anti-bleeding bandages use fibers or gels to stop bleeding quickly. They may be of use to people who take anti-coagulant drugs.

But a little bleeding can be a good thing, says Corbett. "We like it when wounds bleed. It's the first phase in the cascade of healing," when blood platelets migrate to the wound and attract growth factors for new tissue, she says. Just as a mild fever is a natural part of fighting infection, bleeding plays an important role in healing.

Whatever product you choose, Corbett says, here is the procedure to follow:

Sponge the wound with cold water alone to remove dirt and debris.

Do not use products such as hydrogen peroxide or strong antiseptics, which can kill the baby cells that will form new healthy tissue. No one would even consider using mercurochrome, which contains mercury, anymore, she adds.

Then apply just a dab of an antibacterial ointment and cover the wound with a bandage that will create the moist environment crucial for healthy healing.

Hospital offers baby care classes

St. Benedict's Family Medical Center will offer Baby and Me classes from 10:30-11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome. This week's topic will be "Beginning Discipline."

The session is for parents of children from infancy through toddler years.

The class is free. For more information, call 324-7262.

Learn infant care

Infant care class will be offered from 7-9:30 p.m. Tuesday at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome.

The class will be taught by a registered nurse. Topics will include infant care and beginning parenting. Participants are asked to bring two pillows and a blanket to the class.

The class is for those who will be delivering at St. Benedict's Family Medical Center. To register, call 324-1122, Ext. 3361.

Alzheimer's support

Holley Homes will hold an Alzheimer's Support Group meeting at 7 p.m. Wednesday at Philo House, 525 16th Ave. E., Jerome.

The support group is for Jerome County residents who have family members with Alzheimer's.

For more information, call Cary Crist at 324-8524.

Refresher class

A childbirth refresher course will be held from 7-9:30 p.m. Wednesday at the St. Benedict's

To do for you

Health Education Center, 115 Fifth Ave. W., Jerome.

Topics will include labor, breathing and coping skills. Participants are asked to bring two pillows and a blanket to the class, which will be taught by a registered nurse.

The class is free for those who will be delivering at St. Benedict's Family Medical Center. For more information or to register, call 324-1122, Ext. 3361.

Refresher course

Childbirth refresher course will be offered from 6:30-9 p.m. Thursday at the main floor conference room at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class is for those who have previously taken childbirth classes.

Childbirth preparation and procedures will be reviewed, and will include a tour of the Women's and Infant Center.

Cost is \$20. Preregistration is required. Call 737-2900.

About C-sections

A cesarean childbirth class will be offered from 6:30-9 p.m. at the main floor conference room at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The third class of the prepared childbirth program will focus on cesarean deliveries, pain management, hospital

procedures and non-conforming labors.

For the class date nearest your scheduled cesarean, call 732-3148.

The class is free. Pre-registration is not required.

Learn CPR

Cardiopulmonary resuscitation class will be offered from 8 a.m. to noon Saturday in the Sage Room of Magic Valley Regional Medical Center's Education Center, 598 Addison Ave. W.

The class will include emergency procedures for mouth-to-mouth resuscitation, chest compression and choking for adults and infants.

The program includes classroom instruction and hands-on practice.

Cost is \$25. Pre-registration is required. To register, call 737-2007.

Smoking cessation

Free smoking cessation classes will be offered by South Central District Health.

For more information on class schedules or to register, call the district health office at 734-5900.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Health & Fashion. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

Cooling down can be a breeze

Knight Rider Service

The good news: When you're just too hot and steamy, it's that a big log of ice in the right place can do you a world of good.

The bad news is where you have to put it for maximum cooling effect.

That would be the armpits and the groin, according to Vincent Hayes, a staff physician in the emergency medicine department at the University of Kansas Hospital.

That may not be a problem if you're relaxing on a chaise longue in the privacy of your back yard. But if, say, you're at an outdoor music festival, it's going to stinge you some 'funny looks."

The principle at work here, Hayes says, is that cooling your blood cools your body. And the best place to do that is where

the most blood is moving just beneath the skin. When people arrive at the emergency department suffering from heat stroke, Hayes said, the staff there pull away their clothes, turn a fan on them and put ice packs in their groin and armpits.

Within about a minute, nearly all of a person's five liters of blood will have passed one of those spots, Hayes said. "A person who's not severe would... be more comfortable."

But there are less drastic alternatives.

A person who's just uncomfortable, rather than sick from the heat, might find a cold wet towel around the neck to be helpful, he said.

"The neck is pretty good because you have a lot of blood flow to your brain."

Portable hand-held fans work as long as the air temperature is lower than your body temperature, he said. What helps even more is blowing a mist at yourself. In fact, water in almost any form is one of the best antidotes to heat.

You can think of water as a sink. It can hold a lot of heat," Hayes explained.

Whether in the form of sweat or a mist spritzed in your face, water uses heat to convert it to water vapor.

In moving from a liquid to a gas, it dissipates heat, making summer that much more bearable.

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Blue Lakes Law Firm

Straight Talk on Elder Law and Estate Planning

HOMEMADE WILLS

QUESTION: Is there anything wrong with doing a fill-in-the-blank form will?

It is possible for a homemade will to accomplish what a person would want to have happen in his estate at death. The problem is that the issue of whether the homemade will worked does not get decided until after the person making the will dies. At that point it is too late to change the will if things do not get distributed the way the deceased person would have wanted.

The most common reason for people creating homemade wills are a concern about cost or a distrust of lawyers. These concerns need to be weighed against the risk that valuable property will land in the hands of the wrong person.

Voorhees LaMure LLP
Key Bank Building - 2nd Floor • 208.736.6000
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*Certified Estate Planning Law Specialist by the Estate Law Specialist Board, Inc.

MORNING BREAK

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
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40	41	42	43	44	45	46	47	48	49	50	51	52
53	54	55	56	57	58	59	60	61	62	63	64	65
66	67	68	69	70	71	72	73	74	75	76	77	78

ACROSS

1 Bacon unit
6 1970 comedy
9 Where's my sign
14 "Butterfield 8" author
15 Maria swan
16 Charming rhetoric
19 Reverence
21 Bayliffations
21 Harplike
25 Instruments
29 Organic food shoring
30 Open to
38 Fruit drink
28 Roadside resta
31 Supply of BB's
32 Tallies
35 Embellishes
38 List for
39 Curving
40 Curving
41 Babely
41 Do another take
43 Writer Unit
44 Connection
46 "I'm a Braut
47 Slender
52 Security cash
51 Juggler
52 Flavored drink
53 Ms Du
57 Maurer
57 Man in a scull
58 Taka-soda
59 Any person
60 Any son
61 Sincere
65 Easy dessert?
67 Dourly
68 Tedium
69 Took beats
70 Topped
71 "Death on a Pale Horse" painter
DOWN
1 1st unit
2 Definitio antic
3 Greek leader
4 Trench nativ
5 Modernic
6 Precious
7 Eyes doctor
8 Now media
9 9th unit
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11 "I'm a Sea
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8/9/04

42 Splash with
43 Laced
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50 Canor and
Lupino
52 Let's fall
53 Ancient reggon
54 Chicken call
56 Conn
59 Oboe or
bassoon
60 Oboe or
bassoon
62 Tangelo
64 Tangelo
65 Military
address?

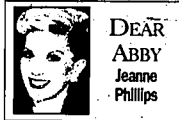
Saturday's Puzzle Solved

ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS	ACROSS
DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN

Daughter's appetite becomes alarming

DEAR ABBY: I am the mother of three — ages 10, 9 and 6. My parents are both gone, so I can't ask them about a problem I am having with "Ashley," my 6-year-old. Since she learned to walk at about 10 months, Ashley has eaten just about anything she could get her hands on.

She prefers things like hair-spray makeup, cleansers, soaps, baby oil — and has even tried bleach. I am scared that my child is going to do permanent damage to herself or even die. I watch her like a hawk; however, last night we were at a Daisy Girl Scout meeting, and Ashley went to the restroom and was caught spraying air freshener into her mouth.



DEAR ALARMED: The first thing you should do is contact another pediatrician. Meanwhile, lock up the products that are a danger to her. Your daughter needs a medical evaluation, and you must ensure that she gets one as soon as possible. Her problem may be caused by some sort of nutritional deficiency, or she may have an emotional problem.

I respect Milt's choice to be friends with Jack, but when he comes to visit I quietly disappear into other parts of the house and avoid his company. Milt told him I am like this with all his friends. He said to spare Jack's feelings, I do not run and hide from any of Milt's other friends.

My daughter says I'm being rude to Jack. Is she right? I swear, Abby, after five minutes of listening to him talk, I want to pull my hair out and run screaming from the room. Must I sit there and endure it for my husband's sake? Milt thinks it's funny, but my daughter thinks my behavior is wrong. Who's right?

I see no reason why you should be hostage to a boor who dominates the conversation to the point that you're ready to scream. Continue to make your exit quiet and unobtrusive.

DEAR ABBY: I have a question about birthday etiquette. When there's leftover birthday cake from a party, isn't it true that the honoree should be allowed to take it home, or does the remainder belong to the person who paid for the cake?

— **BIRTHDAY GIRL**

DEAR BIRTHDAY GIRL: The leftover cake should go home with the birthday girl, if she wants it. However, if the generous person who paid for it would like some, the birthday cake should be willing to share it. Consider this: Your hostess may have wanted to be sure you didn't eat your cake and have it, too. (On your hips, I mean.)

I have called her pediatrician and left messages, but he has not returned my calls. I used to think she was just extremely curious; now I'm beginning to think she is obsessed and can't resist the urge.

— **ALARMED**
IN TOPEKA, KAN.

PEACE LOVER
IN SOUTH CAROLINA

DEAR PEACE LOVER: It appears that Jack doesn't want company; he craves an audience. Since your husband and daughter enjoy him, let them continue to do the entertain-

Fire ants bunned ride from South America to U.S.

This day in history: On Aug. 9, 1974, a disgraced Richard Nixon announced his intention to resign from the presidency.

People have been hunting with boomerangs for about 15,000 years.

Lobsters are not red when alive. It's just that the red pigment in their shells is the most heat-resistant so the color remains as the browns, grays and greens cook away.

"Acid rock," "country rock" and "hard rock" are all geological terms years before they became musical genres. Likewise, "heavy metal" came first from chemists.

Their skin glistening with olive oil, athletes in ancient



RANDOM KINDS OF FACTINESS

Greece competed in the nude. Our words "gymnasium" and "gymnastics" come from the Greek word "gymnos," which means "naked."

Fire ants aren't native to the United States. They hitched a ride from South America to Mobile, Ala. In 1930, and the nasty critters have since taken over much of the South.

In an average year, fire ants sting 9 million Americans. Of these, 25,000 require medical attention, and 12 die from anaphylactic shock.

The Roman Coliseum, built solely for the "sport" of watching people get killed, seated 50,000 people.

One theory about the bizarre Salem witchhunts has it that unusual dampness that year promoted the growth of barley ergot. Ergot is a fungus from LSD is extracted and, in pre-industrial society, hallucinations from ingesting it was not uncommon.

Ever been to George, Washington? The town is a planned community created in 1957. Founder, developer and first

mayor Charles Brown decided to name all of the main streets after varieties of cherries like Bing, Nanking, Ducon, Windsor and Royal Anne avenues. Apparently Brown hadn't gotten word that young George Washington didn't really chop down his dad's cherry tree.

A study a few years back suggests that there are about 110,000 pieces of space junk measuring a half-inch or more traveling at speeds of 17,500 mph in low-earth orbit. This includes things like screws, rubber sealing rings, pieces of satellites, fuel tanks and hundreds of trash bins accidentally dumped from the Mir Space station.

Capricorn: Plan ahead and devise strategies

IF AUGUST 9 IS YOUR BIRTHDAY ... you are ambitious and proud, and work and career may take up much of your time — but surely you can take a few minutes for birthday cake. The muted whispers in the background could be plans for a surprise just for you. Turn a blaise eye with a smile. You have the discipline and persistence to follow through on any goal you set for yourself, so this is a good time to resolve to start a diet or exercise program.

ANCES (Mar. 21-Apr. 19): It is better to be considered reliable than to give way to impulsiveness. Inadequacies that are illuminated now may be important to your success, so solve old problems if they pop up.

TAURUS (Apr. 20-May 20): If you want a job done right, sometimes it is best to do it yourself rather than wait for the other guy to do it for you. Check to see that promises are being fulfilled where your pocketbook is concerned.

GEMINI (May 21-June 20): Scouting your energies can be counted productive. A brief period of hurry and flurry could deter you from important tasks. Use your imagination to promote yourself in public.

CANCER (June 21-July 22): Sudden changes in schedule or crossed signals could cause distractions. Concentrate on solidifying your financial position by formulating wise strategies, but may also attention to rules and regulations.

LEO (July 23-Aug. 22): You might start off the work week on the wrong foot if you oppose authority figures. Temporary gloom makes this a poor day to push your private agenda.

VIRGO (Aug. 23-Sept. 22): Problems from the past may arise, so deal with them immediately. It could require extra discipline to keep your mind on

HOROSCOPE

Jeraldine Saunders

LIBRA (Sept. 23-Oct. 22): Make an effort to take care of loose ends, and honor your responsibilities, especially those from the past. It is easy to take people for granted.

SCORPIO (Oct. 23-Nov. 21): Pay heed to small warnings. The criticisms that land on your desk now may be critical to your success and require your attention. Tend to business before things unravel.

SAGITTARIUS (Nov. 22-Dec. 21): People will take you at your word, so honor it. Do not slung off deadlines or push your luck. Look for the bottom line in business dealings, but be prepared to be flexible.

CAPRICORN (Dec. 22-Jan. 19): Being told "no" may only increase your ambitions. Be exacting, as precision is your best friend. Lay out strategies to achieve your aims.

AQUARIUS (Jan. 20-Feb. 18): You have a zillion ideas running through your mind, but those in control will be better pleased if you offer just the facts. Companies may be under pressure to perform.

PISCES (Feb. 19-Mar. 20): Good communication between you and others helps grease the wheels. If you run into an obstacle, take the time to clear it away rather than simply going around it.

Koko, gorilla who speaks sign language, calls for the dentist

WOODSIDE, Calif. (AP) — When Koko the gorilla used the American Sign Language gesture for pain and pointed to her mouth, two specialists, including three dentists, sprang into action.

The result? Her first full medical examination in about 20 years, an extracted tooth and a clean bill of health.

About a month ago, Koko, a 300-pound ape who became famous for mastering more than 1,000 signs, began telling her handlers at the Gorilla Foundation in Woodside she was in pain. They quickly constructed a pain chart, offering Koko a scale from one to 10.

When Koko started pointing to nine or 10 too often, a dental appointment was made. And because anesthesia would be involved, her handlers used the opportunity to give Koko a head-to-toe exam.

"She's quite articulate," volunteered John Slater, volunteer. "She'll tell us how bad she's feeling, how bad the pain is. It looked like it was time to do something."

Three specialists volunteered to help.

Announcing the retirement of **L.M. Boyd**

L.M. Boyd has retired. The Times-News is pleased to announce a new column entitled "Random Kinds of Factiness" by Jack Mingo and Erin Barrett

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7:00 - 9:30

SHREK 2

Today 1:00 - 4:00
7:00 - 9:30

THE NOTEBOOK

Today 12:30 - 2:45
5:00
7:15 - 9:30

The Clearing

Today 12:30 - 2:45
7:15 - 9:30

DodgeBall

Today 1:00 - 4:00
7:00 - 9:30

De-Lovely

Today 12:30 - 2:45 - 5:00
7:30 - 9:45

THUNDERBIRDS

Today 12:30 - 2:45 - 5:00
7:30 - 9:45

Twin Cinema 12
160 Eastland Drive • Twin Falls 734-2400

All Adults \$5.00 before 5 15 p m

Today 1:15 - 4:15 - 7:15 - 9:15

FAHRENHEIT 9/11

Today 1:15 - 4:15 - 7:15 - 9:15

SPIDER-MAN 2

Today 12:15 - 3:15 - 6:15 - 9:15

ROBOT

Today 12:15 - 3:15 - 6:15 - 9:15

THE MANTALIAN

Today 12:15 - 3:15 - 6:15 - 9:15

THE MANTALIAN

Today 12:15 - 3:15 - 6:15 - 9:15

IT STARTED OUT LIKE ANY OTHER NIGHT

TOM CRUISE JAMIE FOXX
Today 12:15 - 3:15 - 6:15 - 9:15

Collateral

Today 12:15 - 3:15 - 6:15 - 9:15

littleBLACKBOOK

Today 12:15 - 3:15 - 6:15 - 9:15

VILLAGE

Today 12:15 - 3:15 - 6:15 - 9:15

CATWOMAN

Today 12:15 - 3:15 - 6:15 - 9:15

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COLLATERAL

Daily 7:00 - 9:10
Fri - Sun 12:30 - 2:40 - 4:45 - 7:00 - 9:10

THE MANTALIAN

Daily 7:00 - 9:15
Fri - Sun 12:15 - 3:15 - 6:15 - 9:15

VILLAGE

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SHOWS NIGHTLY 9:15

CATWOMAN

CO-HIT SHOWS NIGHTLY 10:45

ROBOT

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All Adults \$4.50 on Sunday Nights

SHOWS NIGHTLY 9:15

SPIDER-MAN 2

CO-HIT SHOWS NIGHTLY 10:45

WHITE

OPEN 7 NIGHTS - ADULTS \$5.50 KIDS \$1.50

COMICS

Classic Peanuts

By Charles M. Schulz



For Better or For Worse

By Lynn Johnston



Dilbert

By Scott Adams



Blonde

By Dean Young & Stan Drake



B.C.

By Johnny Hart



Pickles

By Brian Crane



Garfield

By Jim Davis



Dennis the Menace

By Hank Ketcham



THE FAMILY CIRCUS

By Bil Keane



Hi and Lois

By Chance Browne



The Wizard of Id

By Brant Parker & Johnny Hart



Rose is Rose

By Pat Brady



Hagar the Horrible

By Chris Browne



Zits

By Jim Borgman and Jerry Scott



Beetle Bailey

By Mort Walker



Luann

By Greg Evans



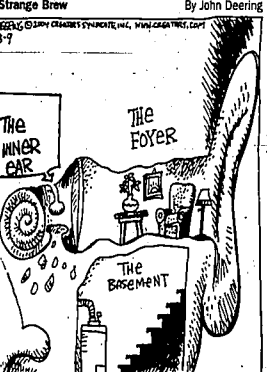
Frank and Ernest

By Bob Thaves



Strange Brew

By John Deering



Non Sequitur

By Wiley



The Born Loser

By Art Sansom & Chip



WORLD

BRING ON THE PASTA AND BREAD

Europeans still shun low-carb products

ROME (AP) — Continental low-carb? No thanks. We'll have slabs of black bread for breakfast, rigatoni with broccoli and hot pepper sauce for lunch and a plate of shrimp paella for supper.

While recipe books for diets like Atkins and South Beach are gospel for many in the United States, the American craze for low-carb versions of brownies, breads and pasta hasn't crossed the Atlantic to the Continent.

Only Britain, where junk-food habits aren't as rampant, often mirror those of their American cousins, it's turning into an island of low-carb fans.

"The Atkins Diet, craze that has gripped the Americas, will not result in Germans eating more sausage and less potatoes," said Dr. Volker Pudel, director of nutrition psychology and research at the University of Goettingen in Germany.

"Just think about German breakfast. You cannot just have eggs without the bread, and you cannot eat butter without bread. It is not bread. It just won't work in Germany, this diet," said Pudel in a telephone interview.

One reason for Europe's snub of low-carb diets like Atkins and South Beach might be need — or lack of it.

Europeans like to walk, even when they have no place to go. An entire European family could sit at a picnic of canapés from the staggering high pile of cold cuts in just one New York deli sandwich. Italians return from abroad stunned by churros and U.S. dining habits like all-you-can-eat restaurants and doggy bags for all you can't eat.

"To give up a plate of pasta for a diet is, in my view, blasphemous," said Andrea Pargallo, a waiter in the Venetian town of Piazza Venezia, as he served customers their morning cappuccino and cornetto (brioche).

"The Mediterranean diet is the best in the world. Indeed, we don't have all so many obesity problems like our friends across the ocean," said Pargallo, 31.

He was referring to Italy's staple diet, praised by nutritionists as a health booster around grains like rice and pasta and fruit and vegetables.

In France, where natives walk dogs with one hand and clutch a white-flour baguette in the other, pharmacists like Lynn Wallah said she was unfamiliar with the cutting-carbs approach to weight loss.

"But with the level of obesity that we have in this country, it doesn't surprise me that people



Imma, 29, from Italy, grins as she is about to take a bite of her spaghetti all'amatriciana at a restaurant in Rome, July 30. While recipe books for diets like Atkins and South Beach are gospel for many in the United States, the American craze for breads, brownies and pasta stings in carbs hasn't crossed the Atlantic to the Continent.

are going to such lengths to diet," said Wallah, who runs a pharmacy off the Champs-Élysées in Paris.

With Europeans so loyal to their lingerie and so faithful to their pommes frites, European food manufacturers and supermarket chains haven't been plunging into low-carb product lines.

"We don't have low-carbohydrate products," said Omar Pignatti, a spokesman for Conad, a chain of supermarkets in Italy. "There isn't any on the Italian market and we don't foresee any such initiatives."

"Surveys seem to bear out his assessment.

"We've seen low-carb to be an entirely U.S. phenomenon," said Lynn Dornblaser, director of consulting services for London-based Mintel International Group Ltd.

Dornblaser was among those presenting a country-by-country survey of low-carb products at a food industry meeting in Las

Vegas, Nev., earlier this month.

In the United States, the number of new low-carb products ballooned from two in 1999 to 1,329 so far this year, the survey found.

Continental Europe saw few such products being introduced until this year, when a U.S.-based company which sells low-carb bagels, buns, cheesecakes and other products began offering its fare via the Internet to Europe.

In Britain, new low-carb products sharply rose from five last year to 159 in 2004.

Among the items are "no-bread" sandwiches sold by a popular sandwich chain, Pret a Manger.

"We did this very much in response to basically the low-carb fever that was sort of coming over here," Nellie Nichols, Pret a Manger's head of food, said in a square boxes to resemble sandwiches. "They

are going down very, very well."

"Carbs have become the devil's work, haven't they?" said Matt Lind, 25, a trainee lawyer buying his lunch in central London. "I think people are always looking for quick fixes when it comes to weight."

With obesity a matter for mounting concern in Britain, the tabloids there sprinkle their pages with names of celebrities going low-carb, including, reportedly, singer Robbie Williams, former Spice Girl Geri Halliwell, actress Minnie Driver and food writer/celebrity chef Nicola Lawson.

Asked why low-carbs haven't caught on in most of Europe, Dornblaser, who works out of Mintel's Chicago office, said Europeans "have got a better understanding of portion control," as well as balance and variety in diet.

"In the U.S., rightly or wrongly, we like to have a magic pill."

Iraqi officials reinstate capital punishment

BAGHDAD, Iraq — Iraq reinstated capital punishment for people guilty of murder, endangering national security and distributing drugs, the government announced Sunday, saying the death penalty was necessary to help put down the country's persistent insurgency.

The announcement came a day after the government offered an amnesty to Iraqis who committed minor crimes since the fall of Saddam Hussein's regime last year. The two laws were part of a carrot-and-stick approach by the government to try to put down the 15-month-old campaign of violence.

Capital punishment was suspended during the U.S. occupation. Under Saddam's regime, some 114 offenses could garner the death penalty. The new law was more restrictive than that had been.

"This is not an open door to execute anyone and everyone, or people whom the government dislikes. This is not Saddam's law," Minister of State Adnan al-Jarrah said.

Marjolis also wanted the death penalty reinstated so it could be applied to Saddam, who faces trial on war crimes charges. It was not immediately clear how the new law would affect Saddam.

Sharon moves closer to bolstering Gaza pullout

JERUSALEM — The opposition Labor Party reported progress Sunday in stop-and-go coalition talks with Prime Minister Ariel Sharon, saying negotiators have produced a joint paper on the terms of a planned Gaza withdrawal.

However, the two sides remain far apart on what Labor denounced as the government's "clearly unrealistic" demands.

Sharon alienated much of his pro-settlement constituency and lost his majority in parliament when he decided to withdraw from all of Gaza and the West Bank settlements by late next year.

He is seeking to bring Labor and other parties into his government to reinforce his coalition and secure a Cabinet majority for the pullout, key to carrying out his plan of "unilateral disengagement" from the Palestinians.

Labor, which favors steps more cautious than Sharon's withdrawal plan, is the main piece in the puzzle. Other parties might give Sharon a slim majority, but no other combination assures Cabinet approval of all stages of the pullout.

Labor leader Shimon Peres confirmed Sunday that negotiators have reached agreement on the terms of the Gaza pullback.

Arabs urge for more time on resolving Darfur crisis

CAIRO, Egypt — The Arab League chief said Sunday that the Sudanese government needs more time to end the crisis in its troubled Darfur region, where reportedly state-backed Arab militias are accused of killing thousands of African villagers.

Amr Moussa's call made at an emergency meeting of the 22-member Arab League on the Darfur crisis, came as Nigerian President Olusegun Obasanjo urged for host peace talks to resolve what has been called the world's worst humanitarian crisis.

Obasanjo invited the Sudanese government and rebel negotiators to hold talks in Nigeria starting Aug. 23, a spokesman for the African Union said. Previous talks fell apart July 17 after rebels walked out, saying the Sudanese government had ignored existing peace agreements.

The 18-month conflict began when black African factions in Darfur rose up against the Su-

World in brief

dane government, claiming discrimination in the distribution of the large, arid region's scarce resources.

Russia may eliminate many Soviet-era benefits

MOSCOW — Russia's upper house of parliament approved a controversial social reform bill Sunday ending an array of Soviet-era benefits, including free transportation and medicine, for some of Russia's most impoverished and vulnerable people, including World War II veterans.

The measure, which now goes to President Vladimir Putin for his signature, sparked protests in Moscow and around the nation. Police cordoned off the Federation Council building Sunday but the large protests that marked other key votes on the measure were absent.

The 179-seat Federation Council, which usually rubber-stamps legislation for the Kremlin, approved the government-backed legislation 156-5 on Tuesday.

The measure would cut the per house of parliament, which is dominated by the pro-Kremlin United Russia party, approved the measure Thursday.

The bill replaces many longstanding benefits for an estimated 30 million people — Russia's elderly, disabled and World War II veterans — with monthly payments ranging from \$5.10 to \$53.

Party of apartheid welcomed under ANC

CAPE TOWN, South Africa — President Thabo Mbeki welcomed on Sunday a decision by the New National Party to fight all future elections under the banner of his African National Congress.

The decision was announced Saturday by Marthinus van Schalkwyk, head of the NNP — the successor to the National Party that led apartheid — at the party's federal council meeting in Johannesburg.

While the NNP is not formally disbanding, van Schalkwyk said he would be joining the ANC — his party's chief for during close to half a century of white-minority rule — within a few weeks and urged his followers to do the same.

Van Schalkwyk serves as minister of environmental affairs and tourism in Mbeki's government.

Journeys from island lead to tragedy

AGUADILLA, Puerto Rico — Jaime Francisco Mota Motla is one of thousands of Dominicans who has risked death on rough seas to join a huge wave of illegal migrants trying to reach Puerto Rico and escape their country's worst economic crisis in decades.

At least 60 have died this year, and authorities say the number is probably higher. But Mota, 25, says he wasn't deterred by danger when he left his home town of San Pedro de Macoris.

"Things are hard there," said Mota, leaning against a chain-link fence at the U.S. Border Patrol headquarters in this northwestern coastal town where he was being held. "I wanted to find a better life."

At least 60 people have been confirmed dead in the Mona Passage, a shark-infested 100-mile-wide channel where strong Atlantic and Caribbean currents meet. There were nine confirmed migrant deaths in the Mona Passage in 2003, said Lt. Eric Willis, a U.S. Coast Guard spokesman.

— compiled from wire reports

Ethnic bloodletting over oil has Nigeria reeling

OMADINIG, Nigeria (AP) — A decade of sporadic attacks on the otherwise calm rural areas was enough to send villagers fleeing.

"They were afraid. They just ran away," said Gabriel Walter, 42, a Nigerian journalist who no one stayed to meet journalists and soldiers visiting the oil-rich swamps of Nigeria's volatile Niger Delta. Thirteen families fled into surrounding forests with last year's oil spilling on the line and pots gurgling on cooking fires.

Walter would not say whether it was Nigerian security forces or ethnic militants that his townspeople feared. Both groups are known to go on killing rampages.

Nigeria's oil industry — Africa's largest and the fifth-biggest in the world — imports — is likewise concerned for its future. A yearlong spree of bloodletting has killed more

than 1,000 people in the delta — unrest comparable in scale to Chechnya and Colombia.

The growing insecurity in Nigeria's most lucrative industry comes as oil prices briefly hit a record intraday trading high "today" of \$44.24 a barrel on the New York Mercantile Exchange following a heightened U.S. terror alert and supply concerns in Russia and OPEC, of which Nigeria is a key member.

Major oil companies hope to double production in West Africa's Gulf of Guinea, estimated to hold up to 10 percent of the world's oil reserves. The United States, Europe and Asia are increasingly looking to the region's oil as an alternative to crude from the Middle East.

Yet residents of Nigeria's southern oil-producing delta complain that elected leaders have failed to fight poverty in the region. Tensions over oil revenues have aggravated ethnic

strife. Kidnappings and sabotage have escalated, forcing costly shutdowns by companies pumping crude.

The Nigerian subsidiary of San Ramon, Calif.-based ChevronTexaco Corp. is among the companies hit hardest by Nigeria's worsening oil-related violence, suffering an estimated \$750 million in costs from sabotage to its wells, pipelines and other facilities since March 2003.

Sixteen months later, the company still can't restart production at pipeline pump stations and wells considered unusable or unsafe, resulting in production losses estimated at more than \$1 billion.

Royal Dutch/Shell, Nigeria's largest oil operation, which produces half the 2.5 million barrels Nigeria exports daily, also is reeling. A confidential 93-page security report commissioned by

Shell in December 2003 and obtained by The Associated Press and other news organizations warns that mounting attacks by criminals and ethnic militants could force the oil giant to abandon its onshore operations in the delta by 2008.

Buerk rejects the possibility of a company pullout.

"We don't agree with that conclusion. We are committed to our operations in Nigeria," Buerk told the AP.

Other company officials concede, however, that the firm is increasingly turning its attention to offshore oil fields because it considers them safer from attack by bandits and activists.

Buerk declined to discuss the confidential report's other conclusions: that Shell "exacerbates conflict" in the way it gives cash advances to delta residents and offers "stay-at-home pay" to disgruntled youths.



This image taken from video posted on an Islamic website, June 15, shows an unidentified militant associated with a group calling itself al-Qaida in the Arabian Peninsula. The leader of the group, Abduktalib al-Moqin, was believed killed in a raid in the capital June 18, hours after his group claimed the beheading of an American engineer, Saudi security officials said.

Experts: Threat to West is not just al-Qaida but its 'franchise' followers

BEIRUT, Lebanon (AP) — The groups are small, little known and highly militant, with ideologies like al-Qaida. They have struck around the world, carrying out suicide bombings in Morocco, kidnapping civilians in Iraq and attacking Western residential compounds in Saudi Arabia.

The emergence of these groups is making the fight against terrorism more challenging, instead of targeting one enemy — just al-Qaida — the West and its allies now face many more militant groups that pose a "catastrophic threat" to the United States.

"The enemy is not just 'terrorism,' some generic evil," said the report. "The catastrophic threat at this moment in history is more specific. It is the threat posed by Islamic terrorism — especially the al-Qaida network, its affiliates and its ideology."

"The second enemy is gathering, and will menace Americans and American interests long

after ... Bin Laden and his cohorts are killed or captured," the report said.

Two recent sweeps have dealt a further blow to bin Laden's network. At least 20 people have been detained in Pakistan in the past month, and Britain arrested more than a dozen men in raids this past week. British police on Thursday announced the arrest of another man, wanted in the United States for allegedly helping finance terrorist activity.

Yet bin Laden is still able to rattle the United States. That was highlighted Aug. 1, when Homeland Security Secretary Tom Ridge warned of possible terrorist attacks against "Islamic" financial institutions in New York City, Washington and Newark, N.J. That is consistent

with bin Laden's strategy of striking at U.S. financial targets.

The different "franchises" act under different names. For instance, the group behind last month's abduction of four Jordanians in Iraq called itself "Mujahadeen of Iraq, the Group of Delta." Al-Qaida in the Arabian Peninsula is the umbrella group for militants active in the kingdom.

Some attacks have been blamed on one group or person, such as Abu Musab al-Zarqawi, a former commander for bin Laden who has links to terror groups from North Africa to the Caucasus. Zarqawi is suspected in about a dozen high-profile attacks in Iraq, including last year's bombing of the U.N. headquarters.

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LEGALS
IN THE DISTRICT COURT FOR THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO AND IN FOR THE COUNTY OF TWIN FALLS
Case No. CV-2004-3593
NOTICE OF HEARING IN RE: KAYDEN DARIEN MATHEW FAUGHT
Date: 12/12/2002
A Petition by Kayden D M Faught born on December 18, 2002 in Twin Falls, Idaho now residing at 1740 Hoyburn Avenue in Twin Falls, Idaho, proposing a change in name to Kayden Darion Mathew Faught has been filed in the above entitled court, the reason for this change in name being Brent Faught is not the biological father of this child. The petitioner's father is Brent Faught. Such petition will be heard at 2:00 o'clock PM on August 9th, 2004 at the Twin Falls County Courthouse. Objections may be filed by any person who can, in such objections, file with the court a good reason against

response in the proper form, including the case number and paid any required filing fee to the Clerk of the Court at 427 State Street, Twin Falls ID 83301 208 735-7274 and I served a copy of your response on the plaintiff, whose mailing address is 2087 W. 2nd, room number 890 3rd Ave W, Twin Falls, Idaho 83301 208-734-0385.
A copy of the Summons and Complaint can be obtained by contacting either the Clerk of the Court or the Plaintiff. If you wish legal assistance you should immediately retain an attorney to advise you on this matter.
Dated: 7-22-2004
Twin Falls County District Court
/s/ G. V. Law
Deputy Clerk

BIRTHDAY PHOTOS
Have you forgotten to pick up your birthday photos? We have computer photos we are sure you would want. These can be picked up at The Times-News Classified Dept.
I will no longer be responsible for any debts other than my own. John Egliby.

DELIVERY
The Times-News is accepting applications for both a contracted and a hauler to transport newspaper bundles every day from Twin Falls to the towns of Wendell, Gooding, and Bliss and for individuals interested in substitution sporadically on bundle hauls. Both situations require use of your own vehicle.
Interested parties should fill out a contractor information form at The Times-News, 132 Fairfield St. W, Twin Falls, ID.

LEGALS
IN THE DISTRICT COURT OF THE FIFTH JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF TWIN FALLS
Case No. CV 04-2375
A MENDED NOTICE OF HEARING IN RE: PETITION FOR PARENTAL RIGHTS AND ADOPTION
In the Matter of the Petition of the Parental Rights and Adoption of MICHAEL ALEXANDER FLECHING, do b 09/23/1998
TO JOSHUA H. FLECHING
TAKE NOTICE that a hearing on the petitioners' Petition for Termination of Parental Rights and Adoption, filed in this matter has been rescheduled to commence on the 9th

Place your ad Online...
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ADVERTISING SALES REPRESENTATIVE
Position Open
Ag Weekly
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Has an immediate opening for an Advertising account sales representative in the Mini-Casita Twin Falls territory. The ideal candidate has sales experience and an agricultural background.
Candidates with college degrees in business, agriculture or advertising will be preferred. If you would like to work for the International West's largest agricultural newspaper.
Send your resume to: Ag Weekly, Attn: Janet Goffin, PO Box 548, Twin Falls, ID 83305-0548
janet.goffin@twi.net

DRIVERS
Bus driver for Jerome School District for '04-'05 school year, CDL required. Will train for CDL. Must have good driving record and be able to obtain DOT medical card. Position is FT. Apply at 47 S. 100 W, Jerome, Idaho. Call 208-734-4426 between 8-4pm, Monday-Friday.
DRIVERS
Immediate openings FT for exp. drivers. Local work transporting hay, straw, and other farm commodities. Double endorsements preferred. Jerome, Idaho 334-3004.
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Relay runs for Jerome, Idaho to Calgary/Edmonton, Alberta. Dedicated runs available. Graduates with 1 year OTR accepted. Home weekly. Insurance, fuel and salary bonuses.

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Conduct public opinion polls over the telephone. ABSOLUTELY NO SALES!!
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Car Wash/Detailer. Car Wash/Detailer. Twin Falls has an immediate opening for a Car Wash/Detailer person. We are looking for confident hard-working individuals with a commitment to excellence. We offer a full benefit package that includes 401(k) with immediate eligibility and paid vacation. Call Jan to schedule your interview. 733-3033. EOE

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Franklin Building offers mechanical and competitive wages and benefit packages. Please apply at 515 W. Main Jerome. No phone calls.
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CONSELER
Alcohol counselor, for Life-style Changes counseling. Must have CADC certification. P/T. Call 734-5230

AMENDED TRUSTEES NOTICE OF SALE
Reference is made to that certain trust deed made by GORDON ROBERT A. MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY as grantor(s) to FIRST AMERICAN TITLE, a company, in favor of MORTGAGE RIGHTS REGISTRATION SYSTEMS, INC., as beneficiary, recorded June 13, 2003 as no. 2003-015318 in book XX, page XX of the public records of TWIN FALLS COUNTY, Idaho, covering the following described real property situated in said county and subdivision, to wit:
TWIN FALLS LOCK 5 OF NORTH POINTE RANCH SUBDIVISION, S. W. TWIN FALLS COUNTY, IDAHO, RECORDED IN BOOK 18 OF PLATS PAGE 304
Commonly known as: 688 SARAH AVENUE TWIN FALLS, ID 83301
There is a default by the grantor(s) or other persons owing an obligation, the performance of which is secured by said trust deed, or by their successors in interest. The donor(s) or other persons failing to pay the monthly payment due September 1, 2003 of principal, interest and impounds and subsequent installments due thereon at the above charges, together with all subsequent sums advanced by beneficiary pursuant to the terms and conditions of said trust deed.
Monthly Payment \$946.65
Monthly Late Charge \$47.34
TWIN FALLS, ID 83301 the beneficiary or the beneficiary's successor in interest has declared all obligations secured by said trust deed immediately due and payable, said sums being the following: \$1,200.00 as of 12/03 together with little expenses, costs, trustee's fees and attorneys fees incurred herein by reason of said default; and any sums advanced by the execution of said trust deed by the beneficiary's successor in interest for protection of the above-described real property and its interest in.

100 SPECIAL NOTICES
ACTIVE LADY 60+, who enjoys sporting events, fun & adventure seeking retired, gentleman 65+ with sense of humor & joy of life. Send letters in P.O. Box 20878, CIC, The Times News, P.O. Box 548, Twin Falls, ID 83303.
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ADMINISTRATIVE
New broadcast radio station is seeking a Administrative Assistant. Person will be required to learn a new computer program. Must be computer literate, detail-oriented, and have a flexible personality. Previous office experience required. Applicants MUST be available to start on August 12 and Friday, August 13 for interview. \$25,000/year to start. Position starts Aug. 23. Apply in person with resume at 1025 Shoshone St. #3 below 3:00pm.

FOUND Black Lab
1 year old, black, choker chain, has been trained. Found in Kendall by Shaw-Bar. Call 208-388-5332.
FOUND Green Shepherd
male, on Ritchie Road. No tags or collar. Call 208-388-5332.
FOUND Male Chazotte
lab in Hazelton. Found on Sunday July 11th. Call 208-388-5332.
FOUND Set of keys w/
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FREE Black Lab, Tricolor
good to accept or reject any and all bids. No bidder may withdraw his bid after the hour set for the opening thereof, or before the award of the contract. If a bid is delayed for a period exceeding thirty days. Cathryn Thompson Clerk

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LEGALS
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A MENDED NOTICE OF HEARING IN RE: PETITION FOR PARENTAL RIGHTS AND ADOPTION
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Full-time & Relief Drivers for regional runs. Home every 3-4 days. New pay scale. Owner/Operators come join us. Run primarily West and Upper Midwest. Home every 7-10 days. Pay is % of load.
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DRIVER
Truck drivers needed for the harvest season. Call 208-438-8254.

DRIVERS
Ready mix Drivers wanted. CDL required. Pay DOE. Full benefits. Idaho Concrete Co. 1294 Addison Ave. W. Drug Free workplace.

DRIVERS
Local week haul, CDL required. Days, evenings or nights. Nelt Ring Trucking. 543-6539.

EDUCATION
Gooding J. School District has an opening for an Aide at the High School level for the English as a Second Language program. An Associate Degree or Para Professional Certification is recommended. Applications may be requested at 208-934-4321 or by mail to 507 Idaho Street, Gooding ID 83330. Positions open until filled. EOE.

EDUCATION
Idaho School for the Deaf and Blind is accepting applications for an Interpreter. Duties include interpreting in-classroom, meetings, mainstream classes, student activities and provide interpreting services for deaf staff members. The interpreter must be fluent in American Sign Language, English, and conceptually accurate Signed English.

To apply, send letter of interest, resume, copies of transcripts, three letters of recommendation and copies of certification. In addition send regular VCR tape, "C" or a Mini-DV Cassette (IDB's website) to:
Dept. of Human Resources, ISDB, 1450 Main Gooding, ID 83330. For more information go to website www.idb.state.id.us or contact Sherry Hann at 208-934-4457.

EDUCATION
Buhl School District is accepting applications for Two (2) Special Education Para Professionals. Application materials are available at 920 Main St., Buhl, Idaho, or by calling 543-8436. Drugfree workplace. EOE.

EDUCATION
Kimberly School district needs a full-time bilingual Spanish/English teaching assistant for preschool-grade 12 second language learners and their families. Please Call 423-4170 ext 3908 for an application.

EDUCATION
Morning Pre-school Aide needed at Acom Learning Center. Call 208-730-7000.

EDUCATION
South Central Head Start invites applications for the following:
PT Classroom Assistant in Buhl. \$6.86-\$7.20/hr DOE.
PT Bus Driver in Twin Falls. \$6.56-\$6.99/hr DOE.
PT Supervisor Service Aide in Twin Falls. \$6.85-\$7.20/hr DOE.

324 Hansen St. E. Twin Falls, closes August 13, 2004.
PT Bus Driver in Buhl. \$6.56-\$6.99/hr DOE.
PT Supervisor Service Aide in Twin Falls. \$6.85-\$7.20/hr DOE.

ELECTRICIAN
Journeymen electricians & experienced apprentices needed. Apply at J & L Electric 437 E. 5th St. N. Burley, ID 83318.

FARM
Full-time applicant must have exp. with all aspects of large row crop operation. Pivot experience a plus. Call for apt. 431-3278.

FARM
Nonparell Corporation is seeking an experienced farm manager to oversee operation including: grain and hay crops.

Must be proficient and experienced in farm operation including: budgeting and planning process, mechanical and electrical maintenance of all equipment including irrigation systems and supervision of employees. Positions offers a competitive compensation package including excellent benefits. This is a great opportunity for an outstanding leader to join a top-notch company in the agricultural industry.

Please send resume and application to:
Farm Manager Position
Nonparell Corporation
Personnel,
40 N. 400 W.
Blackfoot, ID 83221.
EOE.

GENERAL
Immediate Opening at:
* Homekeeping
* Construction
* Clerical
* Forklift Drivers
* Irrigator
* Mechanic Helper
* PERSONNEL
No application fee.
www.personnel.com
1111 E. 7th St.
733-3000
735 Overland
878-4049

GENERAL
Want A Good Income?
* No start.
* Full-time, Part-time
* \$300-\$500
* Average pay per week
* No experience needed, we train
* 735-2644 ext. 103.

KITCHEN HELP
Twin Falls Care Center is looking for a Part Time Aide. Must be dependable, able to work in a fast paced kitchen. Prior some-while experience in therapeutic diets, and sanitation. Will train the right person.
Please apply at:
Twin Falls Care Center
474 Eastland Dr.
Twin Falls, Idaho
or call Cindy at
734-4242. EOE.

MAINTENANCE
Immediate opening for an experienced Industrial maintenance technician at modern food plant in Gooding, Idaho.
Mechanical & electrical background preferred. Competitive pay, DOE. Plus excellent benefit package.
Apply in person on Mon. 2-4pm, at
Clement Foods,
1728 S. 2300 E.
Gooding, ID
or call 735-1111 for interview appointment.
AA/EOE Drug Free Workplace.

GENERAL
GEN STATE STARTING
DAILY WORK
DAILY'S PAY'S
870 Blue Lakes Blvd. N. Ste. 4
735-5999
Se Habla Español
Never a Foe!

GENERAL
Caretaker/Handyman, for 300 acre B185 Ranch, 3 adm., 2 bath home provided. Salary & other benefits included. Knowledge of AG, Irrigation and heavy equipment operation req. Send resume to Box 8506, P/O The Times-News, P.O. Box 548, Twin Falls, ID 83303.

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FARM
Truck driver and tractor operator wanted. 2100 S. Lincoln. 208-350-2266

FARM
Wanted experienced tractor operators. Call 208-324-7148

MAINTENANCE
Spear's Manufacturing Company is accepting applications for full-time maintenance mechanic. Experience in one or more of the following required:
* Welding, machine electric/electronic, hydraulic, metal fabrication. Wages DOE. Benefits: employee health, dental, life insurance, vacation, paid holidays, and 401(k) plan. Applications available at:
Spear's Mfg. Plant Security Office
2100 S. Lincoln
Jerome, ID 83338
208-324-8101

MANAGEMENT
Retail management position available for ambitious individual who has previous management experience, knowledge of computers and enjoys working with the public. 401k, individual health insurance and profit sharing.
2100 S. Lincoln
D.O.E. Send resume to:
Manager,
P.O. Box 730,
Burley ID 83318.

MANAGER
A National Finance Company.
Due to rapid expansion we are expanding our staff.
Assistant Manager
JEROME LOCATION
We Offer:
Paid Vacation
Paid Holidays
Sick Leave
Personal Days
Bereavement Leave
Paid Health and Life Insurance
Dental benefits
Profit Sharing
401k Plan
Company will provide all training
Bilingual, a plus
English/Spanish
Preferred
Send Resume to:
Continental Loans
2718 S. Lincoln St
Jerome, ID 83338
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HEALTH & FITNESS INSTRUCTORS
Must be knowledgeable in Personal Training, all areas of health & fitness. Please send resume or inquire to:
Leslie Martin
803 15th Ave E.
Jerome, ID 83338.

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Continental Loans
2100 S. Lincoln St
Jerome, ID 83338
or fax to 208-678-1793 or apply in person

MANAGER
WANTED!
CONTINENTAL LOANS
A National Finance Company.
Due to rapid expansion we are seeking a qualified individual to fill the position of Assistant Manager.
BURLY LOCATION
We Offer:
Paid Vacation
Paid Holidays
Sick Leave
Personal Days
Bereavement Leave
Paid Health and Life Insurance
Dental benefits
Profit Sharing
401k Plan
Company will provide all training
Bilingual, a plus
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EMPLOYMENT

PLUMBERS Journey men apprentices, service, & office. 208-328-4122

RESTAURANT Counter Person Must be 19 yrs. old. Twin Falls, EOE

RESTAURANT Dishwasher/Delivery Flexible hours. Apply in person

RESTAURANT La Carita Mexican Restaurant seeking person for cook position, 5 shifts perwk, 4 nights 1 day

RESTAURANT OUTBACK STEAKHOUSE INC. Kitchen positions. Must be punctual

MEDICAL Physical RN's or Health Professionals. Please apply at 147 Main E. Twin Falls

MEDICAL Private manager with recovery experience. Send resume to The Worker Center

MISCELLANEOUS Developmental Specialist needed to supervise staff and provide developmental services

ROUTES SALES Seeking motivated Salesperson to sell water to service convenience stores

WAREHOUSE Kimberly Seeds Int'l is looking for 3 people to work in warehouses

WOODWORKING Allied Precision Millwork in Carey, ID seeks full-time lead, salary negotiable

SALES A Community Partner Locally owned for 25 years

SALES Sell motivated person to sell equipment in the Treasure Valley

SECRETARIAL Word processor/receptionist for legal office must be experienced

PRESS OPERATOR The Times-News is looking for a press worker with experience

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RETAIL Part-time receiving clerk/yard person. Heavy lifting & work outdoors. Apply at D & B Supply

SECURITY Officers needed in Burley and Twin Falls. Call Kenji at 208-319-9182

SPORTSWRITER If you enjoy high school sports... we have the opportunity for you

TECHNICIAN Immediate opening for Field Tech at our Full Service Truck Shop

WAREHOUSE Kimberly Seeds Int'l is looking for 3 people to work in warehouses

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NEWSPAPER Earn extra \$\$ in your spare time. If you are a highly motivated self-starter

TWIN FALLS RT 705 400-99 Aspenwood Dr. 400-600 Cypress Way

TWIN FALLS RT 706 2600-2800 4th Ave E 2700-2800 Paintbrush Drive

TWIN FALLS RT 722 2700-3000 Elizabeth 2600-2900 8th Ave E

TWIN FALLS RT 732 100-400 Elm St. N 1100-1300 Heyburn Ave. E

TWIN FALLS RT 781 1800-2000 8th Ave E 1900-2000 Poplar Ave.

TWIN FALLS RT 789 2000-2150 Concordia Way 1900-2199 Elder Pl. Ave. E

TWIN FALLS RT 770 800-1100 Aspenwood Lane 800-1000 O'Leary Way

TWIN FALLS RT 778 2100-2200 Alta Vista Dr 900-1000 Mark Dr Mar

TWIN FALLS RT 834 600-899 Capt Dr. 1500-2199 100-500 Taylor St. 100-500 Polk St.

TWIN FALLS RT 834 100-500 Polk St. 100-500 Taylor St. 200-499 Fillmore St.

TWIN FALLS RT 834 200-499 Fillmore St. 300-499 Taylor St. RT 100-499 Pierce St.

TWIN FALLS RT 842 700-800 Filer Ave. If you live near one of these areas & would like to be a courier

TWIN FALLS RT 842 400-600 Falls Ave. W 400-600 Rosewood Ave. W 400-600 Fairview Drive

TWIN FALLS RT 882 100-200 Blake St. N 100-200 Cas Grande 100-200 Bluffs St. N

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FOR SALE Cathy's Ceramics includes 6000+ molds, kilns, mixers (2), pouring table, call for more information

REAL ESTATE FOR SALE Selling property? Don't pay any fees until it's sold

BIZADVOCATES.COM Sales, Mergers & Acquisitions 888.644.5219

305 CONTRACTS/MORTGAGES \$5 SELL DIRECTLY Receiving payments on real estate? We pay more for all types of loans

DRACO INVESTMENT CORP. Deeds of Trust, Mortgages and Real Estate Contracts

EQUAL HOUSING OPPORTUNITY All real estate advertising in this newspaper is subject to the Fair Housing Act

EDUCATION Not knowing or not knowing if you are a child under 18 with parents or legal custodian

CLASSIFIEDS It pays to read the fine print. Call Twin Falls 733-0931 or Burley 677-4042

SCHOOLS/INSTRUCTIONS 60 East 100 South Jerome, ID

CANYONSIDE CHRISTIAN SCHOOL Bible based, Christ Centered Curriculum

BUHL SWEETEST LITTLE There's no better home for the money than this

BARKER REALTORS Only \$39,900. HURRY! Call 208-543-4371

LIBERTY CHRISTIAN ACADEMY 821 E. Astor, ID 208-324-1100

Message Training Basic Swedish training. Fri, 7-10pm & Sat, 10-12pm

OPEN ENROLLMENT The Story Garden Preschool - Where small ideas & creative minds grow

ST. EDWARD'S CATHOLIC SCHOOL 139 6th Ave. E. Twin Falls

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BUHL 3 bdrm, 2 bath, 3400 sq. ft. Melton Valley Bluff. Great location

JEROME For sale by owner 3 bdrm, 2 bath, 2.5 garage. 735-9810

SHOSHONE 2 bdrm, 1 bath home to be moved. 419 N. Alta St. 208-888-2348 info.

TWIN FALLS \$129,400 in a fine country subdivision close to town, this is the "cheapest house on the block"

BURLEY Manufactured Home 2 bedrooms 2 baths, storage shed covered porch

GOODING 4 bdrm, 2 bath, custom built home in country with great pasture

HOLLISTER new listing 3 bdrm, 2 bath on over 1 acre, cost of home new over \$55,000

HOMES INSPECTIONS 2000 - since 1993. Bill Baker, 208-326-1115

IBUY HOMES ANY PRICE, any condition. Call Dave @ 208-532-0734

JEROME 3 bdrm, 2 bath home, patio, garage. 735-9810

JEROME 4 bdrm, 2 bath, steel siding walk in closet, large 2 car garage

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JEROME brand new, custom built home, 1.5 acres, 3 bdrm, 2 bath, formal dining, granite counters

JEROME By Owner 3500 sq. ft. brick home, brick, 6 bedroom, 2.5 bath, 2.5 acres

JEROME Over Carry 3 bdrm, 2 bath double wide on 1 acres, trees, ponds, great location

JEROME 3 bdrm, 1.5 bath, \$107,000. Built in 1976, updated home

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