

GOOD MORNING

WEATHER

Today: Clouds and a few showers.
Tonight: Partly to mostly cloudy. High of 50, low of 30.
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MAGIC VALLEY



Cold continent: A Twin Falls native has returned from his Antarctica adventure.
Page A4

SCHOOL DAYS



Honoring students: Jerome Middle School holds awards assembly.
Page C6

IMAGE

It's spring: And your nose is off and running.
Page C1

SPORTS



Sweet 16: Duke survived a tough one against Mississippi State.
Page B1

OPINION

Swing and miss: Baseball star McGwire came up the big loser in congressional hearing, today's guest editorial says.
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COMING UP

What now?
OK, so what are you going to do with seven dozen leftover Easter eggs?
Wednesday In The Times-News

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Where will evidence stay?

Material from Johnson case will be stored at Blaine County Court

By Patti Murphy
Times-News correspondent

From the blood-stained bedding and the murder weapon to Sarah Johnson's now-infamous blood-spattered pink bathrobe, about 500 pieces of evidence

were collected for the Johnson murder trial.

Now all of it must be stored indefinitely.

With law enforcement officials and attorneys relying more and more on crime-scene DNA and other evidence, court per-

sonnel are left with mounds of material when the trial ends.

"We never got rid of it," said Stuart Robinson, a 30-year resident of Twin Falls and detective with the Idaho State Police office in Jerome. He said the Johnson evidence will be locked in the Blaine County Court's evidence room at least until all appeals have been exhausted. He cited cases in which appeals were made 20 years after a trial was over, with the outcome

hinging on having the original evidence available.

Robinson said he believes this is the first big DNA evidence collection that will have to be stored in Blaine County.

"This type of thing just doesn't happen up there," he said. "It's something we're going to have to start preparing for because we're going to have more of it."

Sarah Johnson, 18, was convicted Wednesday on two

counts of murder for killing her parents, Diane and Alan Johnson, in their Bellevue home in September 2003. Prosecutors said she was upset that her parents disapproved of her relationship with a 19-year-old man, she shot her mother in the head while the slept and then turned the high-powered hunting rifle on her father as he came out of the shower.

Robinson, who has worked in Blaine County for 20 years, said he sees EVIDENCE, Page A2

PALM SUNDAY IN IRAQ



An Iraq girl lights a candle during Palm Sunday services at the St. Najat Syrian Orthodox Church in Baghdad, Iraq, Sunday. Christians all over the world celebrated Palm Sunday. For festivities in Jerusalem, see page A-10.

Iraq, Jordan pull their ambassadors

U.S. forces kill 24 insurgents south of Baghdad

By The Associated Press

BAGHDAD, Iraq — Iraq and Jordan engaged in a tit-for-tat withdrawal of ambassadors Sunday in a growing dispute over Shiite Muslim claims that Jordan is failing to block terrorists from entering Iraq, while U.S. forces killed 24 insurgents in a clash south of Baghdad.

An American convoy was traveling through the Salman Pak area, 20 miles southeast of Baghdad, when it was attacked, U.S. officials said. The military returned fire and killed 24 mil-

itants. Seven militants and six soldiers were also wounded.

No further details were available about the attack or the conditions of the wounded soldiers.

The clash was among the largest involving insurgents since the Jan. 30 elections, and came on a day of bloody attacks by militants throughout the country.

Sunday's diplomatic row erupted even as a Jordanian court sentenced in absentia Iraq's most feared terrorist—who was born in Jordan—to a 15-year prison term.

As news emerged of the largely symbolic sentencing of Abu Musab al-Zarqawi, whose whereabouts are unknown, his al-Qaida in Iraq organization claimed responsibility for a suicide bombing that killed a top anti-corruption official in north-

ern Mosul. Al-Zarqawi already has been sentenced to death twice by Jordan.

Sunday's events capped a week of rising tensions that included a protest in which Shiite demonstrators raised the Iraqi flag over the Jordanian embassy in Baghdad and claims by the Shiite clergy-backed United Iraqi Alliance that Jordan was allowing terrorists to slip into Iraq.

"Iraqis are feeling very bitter over what happened. We decided, as the Iraqi government, to recall the Iraqi ambassador from Amman to discuss this," Foreign Minister Hoshiyar Zebari told The Associated Press.

Jordan acted first, when Foreign Minister Hani al-Malqi announced his charge d'affaires in Baghdad had been recalled to Amman.

"We are hoping that the Iraqi

police will devise a plan to protect the embassy," al-Malqi said.

"Meanwhile, we have asked the charge d'affaires to come back because he was living in the embassy."

He added that other Jordanian diplomats will remain in Baghdad, because they do not live in the embassy compound.

Both countries said the officials were being recalled for "consultations," leaving open the possibility for their return.

Shiites began holding protests after the Iraqi government on Monday condemned celebrations allegedly held by the family of a Jordanian man suspected of carrying out a Feb. 29 terrorist attack that killed 125 people in Hillah, 60 miles south of Baghdad. Nearly all the victims were Shiite police and army recruits.

SIRCOMM

change will let dispatchers get more sleep

By Amy Ballard
Times-News correspondent

FAIRFIELD — Camas County dispatchers Camie Johnson and Reta McGinnis can now do something most people take for granted: sleep past midnight.

Until recently, the two women alternated weeks of having 911 calls forwarded to their homes after midnight each night.

Now the night emergency calls are forwarded to the Jerome-based Southern Idaho Regional Communications Center, known as SIRCOMM.

The change was made to lower costs and to alleviate the burden on local dispatchers, officials said. Camas County pays SIRCOMM \$500 per month, slightly less than the cost of having local dispatchers on call during the off hours.

Having SIRCOMM take calls will save time. Instead of hanging up because they assume dispatchers know where they live, callers will be more forthcoming with address information, helping respondents arrive more quickly.

The shift out of county removes the personal element from calls—something Johnson said she misses.

"It was hard for me to have it turned over to SIRCOMM because people in the community want to talk to someone who knows their name," she said. "When the calls at night they knew who was on the other side. It was a comfort to know we might know where they lived."

Johnson said in some cases, the SIRCOMM knowledge of the community was what made the difference in saving lives.

Both Johnson and McGinnis said they don't mind getting more sleep. When calls were being forwarded to their homes, the women slept with one eye open.

"A lot of people thought we were going to be MacGinis of the dispatchers' night hours on call. But you don't sleep well when you're responsible for the community," Johnson said.

"Having a newborn baby in the house," Johnson said, "You always listen."

While calls are few on most nights, environmental and law enforcement factors sometimes increased their frequency.

"Whenever it was really snowy and the roads were open we were inundated with calls," Johnson said.

"The one night that I didn't sleep at all was the avalanche," said Johnson, referring to the January 2004 avalanche that took the lives of University of Washington graduate school dean Markas Landolt and her husband, Robert Butsch.

In the days following the avalanche, the Camas County Sheriff's Department was flooded with calls from local and out-of-state outlets requesting information and interviews. It was all the small staff could do to keep up.

"The sheriff's department employs two full-time and three part-time dispatchers in addition to the sheriff and one deputy. Reserve deputies, including some from outside Camas County, are filling in until a second deputy can be hired," Sheriff Dave Sanders said.

Experts see no advantage to reduced-sugar cereals



Cereal manufacturers have introduced reduced sugar versions of some of their more popular breakfast offerings, as shown in Concord, N.H., on March 8. While the reduced sugar cereals do have less sugar, they are virtually nutritionally identical to their full-sugar counterparts.

Experts also warn that while the new cereals do have less sugar, the calories, carbohydrates, fat, fiber and other nutrients are almost identical to the full-sugar cereals. That's because the cereal makers have replaced sugar with refined carbohydrates to preserve the crunch.

Officials at General Mills, Kellogg and Post were unable to explain why the new cereals are a better choice, but noted they

gave consumers more options about how much sugar they eat.

Company officials said they were responding to parents' demands for products with less sugar and that they aren't claiming these cereals are any healthier than the originals.

That may not be any healthier on consumers.

On some boxes, the lower-sugar claim is printed nearly as large as the product's name.

"You're supposed to think it's healthy," said Marion Nestle, a nutrition professor at New York University and author of a book critical of the food industry's influence on public health. "This is about marketing. It is about nothing else. It is not about kids' health."

Only one cereal, General Mills' Chippman Toast Crunch, saw a true calorie reduction, dropping from 130 calories to 120 per three-fourths cup serving.

The reduced-sugar versions of Kellogg's Frosted Flakes and Post's Cocoa Puffs and Post's Fruity Pebbles all have the same number of calories per serving.

Blame the calorie woes on crunch. To preserve cereals' taste and texture, sugar is replaced with other carbs that have the same calories as sugar and are no better for you.

That's also why not even diabetes benefit from these cereals. The body treats all refined carbohydrates the same, whether they are sugars or grains, said Dr. Ellen Cheng of the Harvard School of Public Health.

"The changes don't buy you anything," she said. "From a health point of view, it really can't see the difference."

The new cereals were introduced last year as attention on the nation's obesity epidemic forced food companies to rethink marketing strategies.

Please see CEREALS, Page A2

TWIN FALLS FORECAST

Today: Cloudy and breezy with isolated showers. Highs near 50.
Tonight: Partly to mostly cloudy skies. Lows near 30.
Tomorrow: Cloudy and cooler with occasional rain and snow. Highs in the middle 40s.

BURLEY RUPERT FORECAST

Today: Cloudy and breezy with isolated showers. Highs near 50.
Tonight: Occasional clouds. Lows in the middle to upper 20s.
Tomorrow: Cloudy, cool and showery. Highs in the middle 40s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS.
Cloudy with isolated snow showers. There will be a better chance for snow showers every day. Winds will be brisk at times.

BOISE
Very little to no sunshine is expected over the next several days. There will be a few showers every day. Winds will be brisk at times.

NORTHERN UTAH
Clouds and showers will be common over the next few days. Heavy snow will be possible in the mountains.



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TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges (High 50, Low 30).

ALMANAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure. Includes sunrise and sunset times.

IDAHO'S FORECAST

Table with 4 columns: Yesterday's Low, High, Today's Low, High, Tomorrow's Low, High. Includes record high and low.

MOON PHASES

Table with 4 columns: Moon Phase, Date, Time.

MOONRISE AND MOONSET

Table with 4 columns: Moonrise, Moonset, Moonrise, Moonset.

REGIONAL FORECAST

Table with 4 columns: City, Today, Tomorrow, Yesterday, Today.

NATIONAL FORECAST

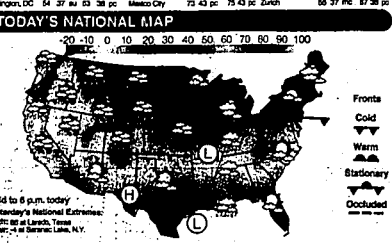
Table with 4 columns: City, Today, Tomorrow, Yesterday, Today.

WORLD FORECAST

Table with 4 columns: City, Today, Tomorrow, Yesterday, Today.

CANADIAN FORECAST

Table with 4 columns: City, Today, Tomorrow, Yesterday, Today.



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Congress passes bill for Terri Schiavo

WASHINGTON (AP) - Congress approved emergency legislation early Monday to let Terri Schiavo's parents call a federal judge to prolong their daughter's life...

The Senate approved the bill Sunday by voice vote. Republican supporters said the bill was a personal compromise...

Many Democrats who opposed the bill said the congressional vote placed lawmakers in the middle of issues best left to state courts and family members.

"She laughs, she cries and she smiles with those around her. She is aware of her surroundings and is responsive to them," he said.

It was not on Terri Schiavo's side, DeLay said. "The remaining objection House Democrats have so far cost Mrs. Schiavo two meals already today."

Cereals

Continued from A1
The \$6.2 billion cold breakfast cereal industry has good reason to pay attention. Nearly 90 percent of children ages 6-12 regularly eat cereal...

Tufts' Friedman School of Nutrition said one possible advantage that a sugar might mean fewer cavities. But she said it's unclear whether the decrease (an average of 7 grams per serving) is enough.

With the toll of Marines killed in Iraq mounting, the Marine Corps is no longer requiring the Marines notifying families of such deaths to wear the Corps' dress blues uniform...

assistance officers, applaud the switch. But others say it smacks of disrespect for the dead Marines and their families.

"We want to keep that positive image of the blues," she said. "The latest casualty count shows there's an overall 11,000 military killed in Iraq, including 463 Marines."

And while overall cereal sales have been sliding, sales of reduced-sugar cereals grew by almost 50 percent last year, according to nearly \$357 million in sales, according to AC Nielsen.

Christine Lovry, vice president of nutrition at Kellogg's, said her company never has marketed its lower-sugar cereals as having fewer calories, and encourages people to watch their calories and read nutrition labels.

Officers and senior enlisted Marines making notification visits are now ordered to wear the Corps' green uniform, known as alphas.

But Gunnery Sgt. Cindy Grubb, operations chief for the Corps' casualty branch, said wearing the dress blues while notifying families has begun to associate the uniform unfairly with "bad news."

The uniform change, announced to Marines last month, is part of an overhaul of the Corps' procedure for notifying families and providing them with emotional and financial support.

However, Post and General Mills replaced some of the sugar with the pricier no-calorie sweetener Splenda, upping the cost per pound by as much as \$1.12 over the full-sugar cereals.

Economos also was critical of the cereal that uses Splenda, saying it keeps children's taste for sugar artificially high and can make it more difficult for parents to cut back.

The switch has caused confusion among notification visits and retired Marines. Some, including recruits and casualty assistance officers, applaud the switch.

"The uniform change, announced to Marines last month, is part of an overhaul of the Corps' procedure for notifying families and providing them with emotional and financial support."

The goal is to make notifications sooner and give more information about the cause of death, then to be able to provide a range of help for family members, including aid in arranging a funeral and burial.

At Post, maker of Half Sugar Fruity Pebbles, spokeswoman Abbe Sephus ultimately said the cereal company is working to develop healthy products, a process that takes time.

Though, her girls, ages 7, 8 and 10, seemed to enjoy the new cereal, Morris said she wasn't sure if it's no better than the full-sugar Frolic Loops they also enjoy.

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Evidence

Continued from A1
homicide since 1996, said that the DNA sample in the Johnson case, the most DNA sample he ever had tested in a homicide was three. For the Johnson murder trial, he had more than 50 items tested. He probably would have done more, he said.

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CIA faces probe by committee

Agency allegedly expanded spy activities inside the U.S.

New York Daily News

WASHINGTON — A secretive government commission recently scrutinized the CIA for expanding its spy activities inside the United States and for failing to share key intelligence with the FBI, the New York Daily News has learned.

The presidentially appointed WMD Commission was created to investigate the CIA's failures on assessing Iraq's weapons of mass destruction, but surfaced more by also probing the agency's post-Sept. 11 intelligence gathering on American soil. Its findings are in a final report due this month,

commission and government sources said.

CIA spying on Americans is strictly limited by law, yet the agency wants a greater role spying on foreigners and potential terrorists inside the United States, sources said. That worries experts, who fear Americans' civil liberties may be violated.

FBI Director Robert Mueller and CIA head Porter Goss met recently to discuss how to resolve the matter, an official said.

A troubling change is that the CIA has withheld intelligence from the FBI. Before the Sept. 11, 2001, terror attacks, the agency failed to tell FBI agents about two al-Qaida operatives living

here, who then hijacked planes.

At least twice since the FBI investigated and arrested terror suspects in the United States, only to learn they were undercover CIA "assets," or sources, top U.S. officials told The News.

"These were terrorism cases — or at least that was the appearance," a senior FBI official said. "We spent a lot of time investigating these people for nothing."

One embarrassing incident involved a CIA asset arrested by the FBI at an airport, officials said. The FBI had asked the CIA about the person but never got a response, officials said.

A retired senior intelligence officer, who maintains close ties to the CIA, said the arrests led to "a battle going on now between the FBI and CIA about running foreign intelligence operations in the U.S."

Since the 2001 attacks, CIA officers from the National Resources Division — once limited to ruminating snippets of intelligence from Americans doing business overseas — are now in 100 tight terrorism task forces nationwide.

"We had to open our files to them," said another senior FBI official. "The complete merger of law enforcement and intelligence is the Orwellian nightmare we've tried to avoid."

Giving the CIA a free hand in the United States is dangerous because it lacks the FBI's system of constitutional restraint, and oversight by Congress is also harder, said Kate Martin of the Center for National Security Studies.

"The CIA breaks the laws of the countries they operate in," Martin said. "The FBI doesn't break the law anywhere."

Suspect in slaying returns to Florida

Family grieves for 9-year-old



John Couey

HOMESASSA, Fla. (AP) — The convicted sex offender who authorities say confessed to kidnapping and slaying 9-year-old Jessica Lunsford returned to Florida in shackles Sunday as her family grieved for the girl who vanished from her bedroom.

John Evander Couey was booked early Sunday on a probation violation and failure to register as a sex offender, officials said. He was being held without bail.

Earlier, Couey appeared before Circuit Judge Stephen Spivey at the Citrus County Detention Center. He was declared "indigent" and was told a public defender would be assigned to his case.

He answered that he was doing "all right" when the judge asked how he was. Couey answered all other questions with either "Yes, sir" or "No, sir" replies.

At the end of the hearing, Spivey wished the man luck. "Thank you," Couey said softly, before turning and shuffling away, his shackles clanging together.

Couey, 46, confessed to kidnapping and killing Jessica after taking a lie-detector test Friday in Georgia, officials said. The girls body was found early Saturday, more than three weeks after she was snatched from her bedroom.

Jessica's father, in an emotional statement, expressed a desire to mete out justice of his own. "I won't get the wish, but I wish I could see him, just one time," said Mark Lunsford, his eyes hidden by dark sunglasses.

Lunsford said he and his relatives would soon begin planning Jessica's funeral.

Couey had not been charged in her death, although that was expected soon.

"If he's not charged today, he probably will be tomorrow," Sheriff's spokeswoman Ronda Hemminger Evan told The Associated Press. "It shouldn't take that long."

At Jessica's church on Sunday, the pastor asked for prayers for the Lunsfords.

Lord, we don't always understand your ways," the Rev. William LaVerie Coats told 175 grieving people during Sunday's services at Faith Baptist Church, where many people saw the girl for the last time on the night she disappeared. "We accept what has taken place here, and ask that you would give us some peace."

Navy SEAL lieutenant's court-martial begins today

SAN DIEGO (AP) — The court-martial of a Navy SEAL lieutenant accused of abusing a prisoner in Iraq in a case full of secrets — even the defendant's name is classified.

The SEAL is accused of punching an Iraqi detainee in the arm and allowing his men to abuse the prisoner, who later died during CIA interrogation at Baghdad's Abu Ghraib prison.



Visitors look at a DeLorean used in the U.S. movie "Back to the Future" at International Classic Cars China Tour, March 5 in Shanghai, China.

He faces a trial set to begin today on charges of assault, dereliction of duty and conduct unbecoming an officer.

The Navy is taking extraordinary precautions to protect the identity of its terrorist-hunting SEALs, members of an elite force named for Sea, Air, Land.

The lieutenant will be referred to only by the first letter of his last name, as will all SEAL personnel in the courtroom — a step experts on military law say is unprecedented.

Carmaker John DeLorean dies

Los Angeles Times

John Zachary DeLorean, the dashing former General Motors executive whose flamboyant lifestyle faded into obscurity after charges that he tried to use drug money to salvage his own fledgling DeLorean Motor Car Co., has died. He was 80.

DeLorean, who created the gull-winged car adapted as Michael J. Fox's time-traveling vehicle in the "Back to the Future" films of the 1980s, died Saturday at Overlook Hospital in Summit, N.J., of complications from a recent stroke, a funeral-home spokesman said.

The innovative carmaker — tall, handsome, charismatic, and for his flashy clothes, his lavish tastes and the beautiful women who accompanied him — was acquired in 1984 of the drug and conspiracy counts against him, but his DeLorean Motor Car was fatally wounded.

Despite being videotaped in the act of apparently buying cocaine — and pronouncing it "better than gold" — DeLorean never admitted guilt in the case that led to his arrest in Los Angeles hotel room Oct. 19, 1982.

He claimed instead, he was the victim of a government frame-up by drug agents and

prosecutors bent on self-promotion, and the jury apparently agreed with him. He later became a self-described born-again Christian during the months while he awaited trial. DeLorean did concede that, over the years, there were some things he had done wrong.

"I think my ultimate sin — and it was really terrible — was that I had this insatiable pride," he told journalist Robert Scheer in a Playboy magazine interview about two years after the acquittal. "Looking back at it, I see that I had an arrogance that was beyond that of any other human being alive."

The SEALs acted as the CIA's weapons squad on dangerous "capture or kill" missions in Iraq, bursting into homes in the middle of the night and carting off suspects. A secret policy governed these missions under the SEAL code of "speed, surprise and violence of action."

During a pretrial hearing in January, a SEAL officer testified that the SEALs were taught that it was OK to use force to get a detainee's attention and were authorized to use deadly force. Prosecutors, however, insist they must be held accountable for a mission that got out of hand.

Rumsfeld: Northern attack would have helped squelch the insurgents

WASHINGTON (AP) — The level of insurgency in postwar Iraq wouldn't be so high if the U.S.-led coalition had been able to invade from the north, through Turkey, Defense Secretary Donald H. Rumsfeld said Sunday.

Rumsfeld told "Fox News Sunday" that if the United States had been able to get its 4th Infantry Division into northern Iraq through Turkey, more of Saddam's "Baathist" regime would have been captured or killed, diminishing the insurgency.

U.S. forces had to enter Iraq from the south, so by the time Baghdad was taken, much of Saddam's military and intelligence services had dissipated into the northern cities, Rumsfeld said. "They're still in a number of instances, still active," he said.

As Iraqi security forces develop, Rumsfeld said, they will take increasing responsibility and the insurgency will diminish over time.

He estimated current Iraqi security forces at over 145,000.

U.S. forces in Iraq are being reduced from 153,000 to 137,000 or 140,000, Rumsfeld said, although it's possible more security will have to be put into place when new elections take place next year.

Rumsfeld told ABC's "This Week" that at least 30 projects are under way to reduce stress on U.S. forces. For example, he said, a new national security personnel system allows for the use of fewer military people in civilian positions, and the Pentagon is rebalancing the active force with the reserve component.

"So far, we've only used in Iraq and Afghanistan something like 40 percent of the Guard and Reserve," he said. "It's not like everything's been used up."

Gen. Richard B. Myers, **NEED HELP WITH QUICKBOOKS?** Call Lisa at 737-0087 TRAINING, SETUP & SUPPORT

chairman of the Joint Chiefs of Staff, told NBC's "Meet the Press" that the all-volunteer force is "working marvelously."

"I've served in the draft force, I've served in the volunteer force," he said.

"The American public should not be at all confused about the volunteer force and how well it's performed."

On Fox, Rumsfeld defended his "old Europe" characterization of nations such as France and Germany that opposed U.S. policy in Iraq.

"That's not haunting me," he said. "I don't think it was a stunning comment, and it certainly wasn't in any way denigrating anything."

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AROUND THE VALLEY

Drive-by shooting injures no one

TWIN FALLS — No one was injured in a drive-by shooting in the South Park area Saturday night. Twin Falls Police officers responded to a call about 9:30 p.m. Three 40-caliber rounds were fired, but only one of the rounds hit a house. Police were still investigating the incident Sunday.

Firefighters tackle greenhouse blaze

GOODING — Three Gooding fire trucks responded to a small blaze in a greenhouse Sunday evening. Crews were called to Gooding Greenhouses at 1891 Floral Ave. about 6:30 p.m. Information about the cause of the fire was unavailable at press time.

Twin Falls City Council meeting is canceled

TWIN FALLS — Tonight's meeting of the Twin Falls City Council has been canceled. The council meets at 5 p.m. Mondays in the City Council chambers at 305 Third E. Meetings are open to the public.

Planning an Easter event? Tell us about it

Planning an Easter egg hunt or an Easter-themed party for kids next weekend? Let us know, and we'll tell your neighbors. The Times-News will publish a roundup of Magic and Wood River valley Easter egg hunts Friday in our WeekEnd section. If you have an event you would like publicized, submit it to us no later than noon on Wednesday. Send it to Steve Crump, The Times-News, P.O. Box 548, Twin Falls 83403, e-mail it to scrump@magicvalley.com or fax it to 734-5338.

Kemphorse appoints former banker to board

BOISE — Gov. Dirk Kemphorse has appointed Jay L. Nielsen to the Idaho Board of Correction. Nielsen, a private financial consultant and former banker, served on the Idaho Commission on Pardons and Parole between 1992 and 1998 and was chairman of that panel in 1994.

Jay's past experience with these issues will bring a fresh, new seasonal perspective to the increasingly complex issues facing our criminal justice system," Kemphorse said. "His expertise will be greatly valued as the board works to find the best solutions to these challenging issues."

Nielsen succeeds Dwight Board, whose resignation from the Board of Correction was effective March 12.

Nielsen is a former president and chief executive officer of Burley-based D.L. Evans Bank and a former chairman of the board, president and chief executive officer of Treasure Valley Bank in Fruitland. He has served as a vice president of the American Bankers Association and the Conference of State Bank Supervisors, chairman of the Cassia Memorial Hospital Board of Directors and treasurer of the city of Albion.

Kemphorse also appointed Mary Marshall of Jerome to the Children's Trust Fund Board and reappointed Leonard Beck of Burley to the Idaho Water Resource Board.

— compiled from staff reports

Snowpack levels

Watershed	% of 1992	% of 1998
Salmon	69%	68%
Big Wood	69%	64%
Little Wood	68%	62%
Big Lost	62%	68%
Little Lost	62%	64%
Herrity Fork/Teton	70%	63%
Upper Snake Basin	69%	63%
Oakley	69%	68%
Salmon Falls	64%	68%

As of March 20, 2005

*A comparison of basin snowpacks on this date with a 40-year average. †Snowpack in the Snake River Basin.

CALL OF THE COLD CONTINENT



Paul Hamlett of Twin Falls works on a snow trench, which he later slept in, during a survival training course in Antarctica.

T.F. man returns from Antarctica

By Karin Kowalski
Times-News writer

TWIN FALLS — Paul Hamlett grew up in Twin Falls in the same house. Now he's found adventure in Antarctica and can't wait to go back.

Hamlett, 23, has returned from a four-month internship at McMurdo Station. The research compound is on Ross Island, on the edge of the Ross Ice shelf, almost directly south of New Zealand. It has about 120 people in the summer and about 250 in the winter, when no one can leave. Hamlett said the joke at McMurdo is that it's a "prison with a college atmosphere."

He worked with hazardous materials and heavy machinery while studying the station's environmental impact. His research will contribute to his senior thesis at the University of Idaho, where he is a senior. Hamlett is earning a double major in wildlife resources and conservation biology. At McMurdo, he studied fuel use, air quality and the soil.



Paul Hamlett
Back from four-month internship at McMurdo Station

Hamlett first tried to go through a Boy Scouts program in 2000, but didn't make it. When he heard about the Raytheon Polar Services and National Science Foundation internship, he applied. Elaine Hamlett, Paul's mother, was a little surprised to hear his plans. "I was leery, very leery," she said. But if that's what he wanted to do, it was OK with her.

Because of its latitude, Antarctica has one long day during its summer and one long night in the winter. Hamlett said some people develop thyroid problems and have trouble sleeping. He lucked out because his room had no windows and he was able to control his schedule by turning off the lights.

The worst weather in the summer can get down to minus 45 degrees Fahrenheit, but on many days it was in the 30s. Hamlett said, for him, that was T-shirt weather. Being at McMurdo can be isolating. For instance, mail delivery is a low priority compared with shipping food and scientific supplies. Hamlett had to draw his own Christmas decorations. Two of his roommates left because they didn't like it.

Elaine Hamlett said she sent her son an e-mail every day at 10 p.m. "I think that kept him going at first," she said. Work takes up most of the time down there, Hamlett said.

For recreation, the station offers walking trails and a small gym with sports leagues and dance lessons. Hamlett played rugby in a league that competed against players from a New Zealand station a few miles away.

Hamlett said his best memory was seeing a penguin. He was outside doing mapping work when he looked over to where the sea ice was melting and saw one swimming in the water. It was about 30 feet from him.

Away from the station, Hamlett got to visit Scott's Hut, Cape Evans and Marble Point, which is on the continent itself. He liked being places where few other people have gone. "It's a pretty cool feeling," Hamlett said.

Part of his training included "snow school," where he learned how to survive on the ice. He built a trench shelter and slept in it all night.

"You weren't supposed to get frostbite or you failed," he said. Food at McMurdo is pretty good. Please see ANTARCTICA, Page A6

Minority commission plans open forum

By Dixie Thomas Reale
Times-News correspondent

JEROME — The city of Jerome Minority Committee got down to business last week to tackle suspicion and mistrust between Hispanic and Anglo members of the community.

Albino Ortega — owner of Radio Fiesta, a Spanish-language radio station — told Jerome Police Chief Dan Hall that Hispanics are frustrated by what they see as a "double standard" when stopped for traffic violations. "If a Hispanic family is out for a drive and gets stopped, everyone in the car has to get out. They're searched and their IDs are checked," Ortega said.

Hall said that without witnessing the event in question, he can't comment on it.

Intercultural forum

An intercultural forum will be held 7:30 p.m. April 12 at Saint Jerome's Parish Hall, 218 Second Avenue East. The public is invited. The city of Jerome Minority Committee will meet at 5:30 p.m. prior to the open forum.

However, he said if people feel they are being treated rudely or unfairly by a police officer, they should get the officer's name, the date, time and place of the stop and the color of the policeman's uniform. With those details, supervisors can track down the officer in question.

"Most people just think a cop is a cop," he said, but in Jerome there are city police, sheriff's department and the state police. All have slightly different policies, supervisors and different uniforms, Hall said.

Roy Villaseñor, director of the Twin Falls office of the Idaho Immigrant Council, told Hall that people are afraid to stand up and to contact the minority relations commission for fear of retaliation. He said he has heard rumors that the police are overly concerned with Hispanic people's immigration status.

Hall said that when making a traffic stop, the city police are concerned with the traffic violation, not the immigration issues of the car's occupants. If the occupants of the car "act suspiciously or give the police officer probable cause," the officer can check the other

occupants of the car or search the car.

Cynthia Martins, who works at Canyon Financial in Twin Falls, said many Hispanic people feel that the "color of their skin is probable cause."

Hall said some of his department's actions may have been wrong about it. "I don't know, but if I don't know about it I can't fix it," he said. "We have to sit down, break down the barriers between us and get acquainted. If I have officers who are overly concerned about immigrant status on routine traffic stops, I want to know about it. ... We give no slack for drunks, drugs or other criminal activities, but we focus on the behavior, not the race. Our primary goal is to create a safe place for everyone."

Baptist conference attendees ski, snowboard at Pomerelle

By Renee Wells
For The Times-News

At nearly 9,000 feet, some 500 Baptists from around the region got a little closer to God this weekend. Attendees of the Utah-Idaho Southern Baptist Conference spent Saturday skiing, snowboarding, playing cards, hanging out and enjoying nature during part of their three-day retreat at Pomerelle Mountain Resort.

Jayen Kochick, 11, from the Blackfoot, Southern Baptist Church, tried skiing for the first time during the Baptist Area Ski and Share event. "We've done this for about eight years now and usually

lunch break in the lodge. "I came because it sounded exciting to learn a new skill, make new friends and get to be out in nature all at the same time," Kochick said. "You can feel kind of close to God up here." Kochick said he would definitely be back when the Baptist conference returns to Pomerelle next year.

The Baptists met at the King Fine Arts Center for their annual conference. As part of the yearly event held in Minn-Cassia, the conference brought 416 winter sports enthusiasts to Pomerelle to enjoy the outdoors and fellowship, said Mark Heath, the conference's "angelism coordinator." "We've done this for about

500 or more young people involved," Heath said as he handed out ski passes to the participants. "We feel like the ski trip is a real good way to get our Christian youth to come the event. Many of them bring friends who do not generally go to church."

Heath said the purpose of the three-day retreat is to strengthen their own as Christian believers and help others to draw nearer to Christ. "I think we had 50 or more young people commit to Christ in our Friday night meeting," Heath said. "But I don't know that we'd have as many in attendance without the ski trip. It is a good drawing card for the youth."

The youngsters came out in droves to enjoy the ski hill. Some took lessons and others, who were more experienced, headed out to conquer the mountain.

Many had never been on skis or a snowboard. As part of the event, participants were given a group lesson, so yellow-coated instructors dotted Cottonwood Run, where beginners are taught the basics. "How do you stand up on this thing?" one snowboarder asked, while another queried, "How do you stop this thing?" There was also a buzz of excitement surrounding a Pizza Blast, planned for later in the day at Burley's First Baptist Church. The conference featured Jilly Lowder, a speaker from Wichita Falls, Texas, who was scheduled to address the group today at a worship service at the fine arts center.



Frank Herbert Briggs II

Born: March 18, 1931
Died: March 18, 2005
Survivors: Wife, Olga Christine, Twin Falls; daughters Barbara (Herb) Jensen, Cordova, Alaska, and Susan Zadolny, Gilbert, Ariz.; son, Frank Herbert Briggs III (Marla), Anchorage, Alaska; granddaughter, Alicia Jensen Madison (Scott), Cordova, Alaska; grandsons, Kenneth and Jesse Briggs, Anchorage, Alaska; great-granddaughters, Raven and Marina Madison, Cordova, Alaska; brothers, Kenneth S. Briggs, Eugene, Ore., and Robert E. Briggs (Mila), Filer, Idaho; and one sister, Carolyn Briggs Baker (Ken) of Filer, Idaho.
Memorial funeral at 2 p.m. today at White Mortuary, 136 Fourth Ave. E. Burial will follow at Sunset Memorial Park.

A big kid with a big heart

By Janet Whitted
Times-News writer

TWIN FALLS — Frank Briggs II was a natural out for an adventurer. He could often be found hunting in the Alaskan mountains or fishing in streams, even if just for the experience.

Briggs died March 16 in Kingman, Ariz., while visiting his daughter, Susan Zadolny, a 73-year-old war veteran was a family man with a zest for life. After graduating from Twin Falls High School in 1949, Briggs was drafted into the U.S. Army and served in the Korean War.

The young private was honorably discharged in October 1951.

aLife remembered

Briggs married Olga "Chris" Guggelin in 1952 and they started their family in Idaho. Several years later they moved to Alaska, where he worked for Safeway and enjoyed the mountains and remarked it as "The land of opportunity."

"The call of the wild" called to him," said Robert Briggs, an older brother. "He had a chance to go to Alaska and he went." A fisher and hunter from an early age, Briggs taught his son the patience and care it took when hunting an animal.

When his son was 9 years old, Briggs took him on his first moose hunting trip and patiently explained where to place the critical shot.

"It took three shots to get him down, but dad was real patient and stood right next to me the whole time," Frank Briggs III recalled.

Whether learning to drive a standard automobile or starting Please see BRIGGS, Page A6

Sheriff, rescue team end boat, payment dispute

SANDPOINT (AP) — A brouhaha over donated boats and payments to Priest Lake Search & Rescue for work in the Hunt Creek fire in 2003 has been declared over.

Bonner County Sheriff Elaine Savage and Priest Lake Search & Rescue Inc. issued a joint statement Friday saying there were no criminal violations.

"This is way overdue," said Mike Nielsen, president of the search and

rescue group. Former Sheriff Phil Jarvis asked the Idaho State Police last year to conduct a possible criminal misappropriation of funds. Savage, who was under sheriff at the time, forwarded to the ISP a letter from a deputy prosecutor suggesting that Nielsen may have committed fraudulent representation by accepting donated boats on behalf of the sheriff's office.

In turn, Nielsen claimed the group was being harassed by the sheriff's office because it had not supported Republican Savage in her bid to succeed Jarvis as sheriff. She was opposed by Democrat Tony Lamanna and independent James Johnston.

ISP investigator Fred Swanson wrapped up his investigation of the misappropriation claim on Oct. 29 and sent Robinson a report suggesting the dispute was a "civil matter between

two entities." County Prosecutor Phil Robinson issued a memorandum one day before the election saying Nielsen's allegations of harassment were "totally without merit," and that the sheriff's office request for an investigation had been appropriate. Robinson never filed any charges against Priest Lake Search & Rescue. The joint statement on Friday said, "It is clear that neither Priest Lake

Search & Rescue, Inc. nor any of its individual members, committed any crime regarding questions raised by the former Bonner County Sheriff that led to the ISP investigation." The dispute was over whether the search and rescue unit properly kept state reimbursement of 2003 firefighting costs that were due the sheriff and whether Nielsen improperly handled the titles for two boats donated to the unit.

OBITUARIES

For obituary rates and information, call 735-3278 Monday through Saturday. Deadline is 4 p.m. for next-day publication. The e-mail address for obituaries is obits@magvalley.com. Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magvalley.com and click on "Obituaries."

Sandy K. Murphy



BURLEY — Our beloved daughter, sister, mother and grandmother, Sandy K. Murphy, passed away peacefully on Saturday, March 19, 2005, in Burley, Idaho.

Sandy was born Oct. 20, 1951, in Rupert, to Tom and Era Reynolds. As a young girl she attended St. Nicholas Catholic School and Milico High School.

Sandy was blessed with four children, Madona Clark, Hank Clark, Levi Murphy and Tucker Murphy. She was always interested in her children's activities as she frequently coached baseball and served as H level parent as she has always been very proud of her children and grandchildren. Sandy taught her children the value of hard work as she held various jobs throughout her life. She worked at Mindoko Memorial Hospital, The Drift Inn, and was a well-known self-employed housekeeper. She loved collecting elephants and had a knack for decorating.

Sandy enjoyed the outdoors especially horse riding, camping, hunting and fishing as long as she was spending time with her family. She always had a big heart and was there for those in need. Sandy will always be remembered as a loving mother, grandmother, sister and daughter.

Sandy is survived by her parents, Tom and Etta

Reynolds, of Rupert; two brothers, George Reynolds of Wendover, Nev., and Doug (Darlene) Reynolds of Pauli; and two sisters, Paige (William) DeNaught of Rupert, and Debi (Jim) Hondo of Burley. Also surviving her are her children, Madona (John) Hadel of Driggs, Hank (Madona) Clark of Declo, Levi (Lisa) Murphy of Declo, and Tucker Murphy of Burley; and several aunts, uncles and cousins. She will be greatly missed by her grandchildren Elicia Florese, Dustin Cotton, Brylle Murphy, Cameron and Kambrie Clark.

She was preceded in death by her grandparents, a "nephew," Jerry Reynolds, and a nephew, Mark Reynolds.

A vigil service will be held at 7 p.m. Tuesday, March 22,



2005, at St. Nicholas Catholic Church, 802 F Street in Rupert. The funeral mass will be celebrated at 11 a.m. Wednesday, March 23, 2005, also at St. Nicholas Catholic Church with the Rev. Father Gabriel Vargas as celebrant. Burial will follow at Rupert Cemetery.

Friends may call at the church from 6 p.m. until the time of the vigil service on Tuesday, and one hour prior to the funeral mass on Wednesday.

Arrangements are under the direction of Rasmussen Funeral Home, 1350 E. 16th St., Burley.

The family suggests memorials be directed to the Sandy K. Murphy Memorial Fund in care of any First Federal Savings Bank.

Kenneth H. Joe



TWIN FALLS — Kenneth H. Poe, 84, of Twin Falls, Idaho, died on March 19, 2005, at Bridgeview Estates, of a long illness.

Kenny was born in Twin Falls on March 16, 1921, in the family home on his parents' farm. He grew up and attended school in Twin Falls, graduating from Twin Falls High School in 1939. On May 20, 1942, he married Marjorie Lee Slack, also of Twin Falls.

Kenny attended Long Beach Junior College and worked at Lockheed Aircraft Factory building P-38 airplane for the war effort, until he was called into WWII. He served his country in the Philippines and Okinawa, Japan, as a supply sergeant in the U.S. Army, and was decorated with the Bronze Star and a Purple Heart. Upon his discharge in February 1946, Kenny and Marge resumed farming the land, where they raised their three sons, Raymond, David and Leslie. For the rest of his life, Kenny was used to live in the same house in which he was born.

Kenny was a devoted family man and a meticulous farmer. He was very active in the community and throughout his life he held numerous positions with the Twin Falls Grange and acted as chairman of the Twin Falls Highway District from 1946. He was also an active member of the local Kiwanis Club, the Farm

Bureau and the First United Methodist Church. Other interests and hobbies included Chess Club and driving his 1941 Chevrolet Special Deluxe Club Coupe, identical to the one that he and Marge owned as their first car. In his extended family, particularly as young children, the John Deere tractor was synonymous with Kenny, who happily gave rides on his tractors.

In addition to his loving wife, Marge, Kenny is survived by his three sons, Raymond (Barbara) of Pocatello, David (Mary) of Santa Rosa, Calif. and Leslie (Karen), Twin Falls. He is also survived by eight grandchildren: Alan Poe of Omaha, Neb., Eric Poe of San Diego, Deena Warner of Meridian, John Mills of Phoenix, Brad

Poe of Spokane, Wash., Jennifer Ferguson of Nampa, Stefanie Poe of Spokane, Wash., and Diana Poe of Pocatello. He is also survived by 10 great-grandchildren.

Kenny's legacy lives on in all who knew him. His strength of character, work ethic, integrity, loyalty, sense of humor and love has enriched many others, especially his children, grandchildren and nieces and nephews, who adored him and treasured the time with him. He will long be remembered as a humble and truly great man.

Kenny was preceded in death by his parents, William Archie Poe and Alice (Trager) Poe. Kenneth was the only survivor of five siblings, all of whom died in early childhood.

A funeral will be held at 2 p.m. on Tuesday, March 22, 2005, at the First United Methodist Church, followed by a reception at the church to celebrate his life. A visitation will be held for family and friends at White Mortuary "Chapel by the Park" from 4 to 8 p.m. with the family greeting friends from 6 to 8 p.m. on Monday, March 21, 2005.

Memorial donations may be made in his name to the First United Methodist Church, or a charity of choice. A sincere and special thank you to the nurses and staff of Bridgeview Estates for their faithful and caring service.

Galvan, Three brothers, Jesus (Jaylene) Galvan of Buhi, Juan (Victoria) Galvan and Manuel (Marie) Galvan, all of Sullias, Calif.; sisters, Rosa Galvan, Marisol (Ricardo) Galvan, and Maria-Luisa (Jesus) Galvan, all of Chicago, Ill.; Rebecca (Salvador) Galvan, Lupe Galvan, Erika (Roman) Galvan, all of Mexico.

He was preceded in death by his father Jose Luis Galvan.

Friends and family can view Antonio from Monday, March 21, from 10 a.m. to 5 p.m. and Tuesday, March 22, from 10 a.m. to 2 p.m. at Farmer Funeral Chapel 130 N. 9th Ave., Buhi. A funeral mass will be held 2 p.m. Tuesday, March 22, at Farmer Funeral Chapel. Interment will take place in Mexico.

Antonio Galvan Gonzolez



BUHI — Antonio Galvan Gonzolez, 40, of Buhi, passed away peacefully Friday, March 18, 2005, at the Magic Valley Regional Medical Center in Twin Falls, due to asthma complications.

He was born Aug. 3, 1964, in Guanajuato, Mexico, the son of Jose Luis and Belen Galvan. He worked for Jack Pettey until the time of his death.

Antonio spent much of his time enjoying riding horses, taking care of all the other animals around his family farm, as he called it. He also worked on cars, he was good at taking them apart, but in the process of being a mechanic, he would sometimes mix up parts. He was a very loving and caring man when it came to his family and friends. He will

be greatly missed by everybody who knew him.

Antonio is survived by the love of his life, his girlfriend, Gladys Carra of Buhi; mother, Belen Gonzolez, of Mexico; one daughter, Bertha Galvan; grandson, Victor Antonio; two sons, Jose and Francisco,

Boise School District tackles ISAT with a new program

BOISE (AP) — Four instructors have begun a program aimed to prep Boise School District high school students for the Idaho Standards Achievement Test — a mandatory requirement for high school graduation.

The ISAT test encompasses reading, language arts and math. Focus is on a mastery requirement for high school graduation. The ISAT test encompasses reading, language arts and math. Focus is on a mastery requirement for high school graduation. The ISAT test encompasses reading, language arts and math. Focus is on a mastery requirement for high school graduation.

School District 25 in Pocatello has begun the only district to submit a plan for review.

Soon, high school seniors in Boise's school district who have not passed the test after several attempts at the ISAT may be given an alternative to assess their abilities. The district has developed a program, christened Focus, to test students what they haven't learned. The program also tests the students using a multiple-choice GED exam, which

includes a five-paragraph essay. District officials will try their proposal to the Boise School Board for approval next month.

The alternative test will align itself with the ISAT to ensure students can meet the state's education standards, district curriculum director Don Coberly said.

If approved, the program could be implemented across the district's five high schools by this fall. It would cost the district \$350,000 annually.

SERVICES

Peggy Joyce Ross of Jerome, funeral at 10:30 a.m. today at Jerome Bible Baptist Church, 132 Second Ave. E.; visitation will be one hour before the service at the church (Farnsworth Mortuary Chapel).

Rosabel "Rose" Gray of Rosabel, funeral at 11 a.m. today at Paul First Baptist Church, 25 N. Fourth St., Paul; friends may call from 10 to 10:45 a.m. today at the church (Payne Mortuary).

Jerry W. Moore of Kimberly, celebration of life 11 a.m. today at Reynolds Funeral Chapel, 2466 Addison Ave. E., Twin Falls.

Billy Clinton (Bill) Houser of Lynden, Wash., and formerly of Buhi, graveside service at 11 a.m. today at West End Cemetery; friends may call from 9 to 10:30 a.m. today at Farmer Funeral Chapel in Buhi.

John William Hanks of Burley, graveside service at 2 p.m. today at Gen Memorial Gardens in Burley (Rasmussen Funeral Home).

Frank Herbert Briggs II of Twin Falls, funeral at 1:36 p.m. today at White Mortuary, 236 Fourth Ave. E.

Mary Lou Zagata of Meridian and formerly of Twin Falls, memorial service at 2:30 p.m. today at Cloverdale Funeral Home in Boise.

Marvin C. Clark of Twin Falls, open house from 5 to 8 p.m. today at the Garden Cafe Banquet room, 221 Addison Ave. E., Twin Falls.

Jessie A. Juarez Jr. of Yuma, Ariz., and formerly of Rupert, vigil service at 7 p.m. today at

Ninth Ave., Buhi; viewing from 10 a.m. to 5 p.m. today at the funeral chapel.

Donald Scott Erwin of Richfield, graveside service at 3 p.m. Tuesday at Richfield Cemetery (Demaray's Shoshone Chapel).

Guy M. Kimball of Buhi, graveside service at 1 p.m. Wednesday at Filer Cemetery; visitation for family and friends from 10 a.m. to noon Wednesday at White Mortuary in Twin Falls.

DEATH NOTICES

Bonnie B. Dayley

TWIN FALLS — Bonnie B. Dayley, 74, of Twin Falls, left this earthly life on Saturday, March 19, 2005, at her home. To be united with her Lord, her family and her friends in Heaven. Friends may call from 2 to 8 p.m. Wednesday, March 23, 2005 at Serenity Funeral Chapel, 2158 4th Ave. East, Twin Falls.

A reception and meal will be at 11 a.m. Thursday, March 24, 2005, at the Seventh-day Adventist School cafeteria on Grandview Drive, followed by funeral services at 12:30 p.m. at Rock Creek Community Church/Seventh-day Adventist Church on Grandview Drive. Pastor Dale Metzger will officiate. Services are under the direction of Serenity Funeral Chapel, Twin Falls.

Arrangements will be announced by Demaray's Shoshone Chapel.

Bewelb Irene "Jackie" Thompson BUHI — Bewelh Irene "Jackie" Thompson, 87, of Buhi, passed away at her home in Buhi. Arrangements will be announced by Farmer Funeral Chapel of Buhi.

Virginia Jones RUPERT — Virginia Jones, 85, of Rupert, passed away March 20, 2005, in Ogden, Utah. Arrangements will be announced by the Hansen Mortuary Rupert Chapel.

House OKs wind-power generation tax exemption

IDAHO FALLS (AP) — The Idaho House passed a bill today to give a sales-tax exemption to wind-power developers for their equipment purchases. The exemption would sunset in five years, unless renewed by the Legislature.

Wind-power developers have said tax incentives are offered in surrounding states and are crucial if Idaho wants to land such projects.

"It's a great start," Steve Voorhees, chief executive officer of Ridgeline Energy, said of Thursday's passage in the House. "The game isn't over yet. We're running out of time and hopefully it will pass the Senate."

Rich Rynhill, vice president of Ridgeline Energy, which plans a 100-megawatt wind farm along the Bonneville-Bingham county line, said the bill would knock 6 percent off wind energy contracts.

Without the exemption, generating wind power in Idaho would cost more than in other states — including all Idaho's neighboring states.

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Options emerge for Social Security

President Bush's open-ended invitation for anyone to come forward with ideas on Social Security reform has brought a response from a number of Republican legislators. Some, such as Sen. Lindsey Graham of South Carolina, have won deserved praise for acknowledging that rescuing the endangered retirement, survivor and disability fund from the fiscal effects of the baby-boom wave may require sacrifice from taxpayers and beneficiaries alike.



DAVID BRODER

But, because of its source, another new idea on the bargaining table is entitled to more attention than it has received so far. It is the handiwork of Republican Rep. Clay Shaw of Florida, a 24-year veteran who served as chairman of the House Ways and Means subcommittee on Social Security until term-limited out at the beginning of this year. I have been covering Shaw since the 1970s, when he was editor of Fort Lauderdale and I know him to be a serious legislator. If you assume, as most knowledgeable people do, that any solution to the Social Security problem will require a bipartisan agreement, then your gaze naturally falls on people like Shaw. Nine years ago, when he headed the subcommittee with jurisdiction over the bill, he successfully brokered the bill that has dramatically reduced the welfare rolls in that country.

In that instance, he had to negotiate agreements with governors of both parties and the White House. The first two bills he passed drew presidential vetoes, but Shaw persisted and in 1996, President Clinton signed the third version. This is the guy who is patient enough to wait for powerful people to embrace his ideas.

When I interviewed Shaw last week, he began by saying



— as do almost all Republicans — that it is impossible to close the gap between promised Social Security benefits and current Social Security taxes unless younger workers are allowed to create individual retirement accounts invested in stocks and bonds.

Political reality, said this House veteran, is that Democrats are adamantly opposed to financing these private accounts by diverting 4 percent of the current 12.4 percent Social Security tax to that purpose. Shaw also says that drastically reducing future benefits by changing the formula by which they are indexed for inflation will be rejected by Democrats — and by enough Republicans to block legislation.

"The only way to get a bipartisan bill passed," he argued, "is to make the private accounts an add-on to the existing system."

How to pay for them? Shaw's answer is to have the government pre-fund them from general revenues, without a tax increase. Under his plan, every

worker who chooses could sign up to receive a tax credit of 4 percent of his or her wages, up to \$1,000 a year. The tax credit would be deposited in the worker's account, and could be invested, as the worker wishes, in one of three approved index funds with varying mixes of stocks and bonds. Proceeds would accumulate tax-free but could not be touched until the worker retires or is disabled.

At that point, the worker would receive 5 percent of the accumulated savings as a lump sum, and the rest would revert to Social Security, which would then calculate a monthly life-time payout. The government would guarantee that, whatever the size of the savings account, the monthly check would not be smaller than the promised Social Security benefit, but if the account has grown large enough, it could be higher. Workers who die before collecting benefits or who decide to forego Social Security could leave their accounts to their heirs tax-free.

Shaw emphasizes the "security" aspect of this plan, with a guarantee that no one would

see any reduction in benefits, higher Social Security taxes or later retirement age.

How would it be financed? By borrowing \$3.4 trillion from the Treasury. That is a staggering sum, he concedes, but he says that Social Security actuaries calculate that no people begin to cash in their accounts later this century, the money the Treasury had advanced would come back, and in 75 years, all that debt will be repaid and excess cash will be generated each year — which he would insist be used to retire other government debt.

Shaw's object that Shaw would be creating a new entitlement program, but he argues that it should, instead, be considered a way to eliminate what is now an unfunded government obligation to future retirees. He is just beginning to walk the idea around Capitol Hill, looking particularly for Democratic cosponsors. A patient man, he, ... seems confident that his plan, ... will come.

David Broder's e-mail address is davidbroder@vaipost.com.

Western views

A weekly roundup of editorial viewpoints from newspapers around the West.

From champ to chump in steroid investigation

The San Diego Union-Tribune

It's a shame that the congressional committee examining the use of steroids in Major League Baseball couldn't hear from Edwin Marrero. The young man from Venezuela didn't play baseball in the big leagues. He played football in high school. To enhance his game, he used steroids. And, he realized, he wasn't the only one.

According to Marrero's parents, when they confronted him about his steroid use last October and warned him steroids were dangerous, he said: "But Barry Bonds does it!"

Typically, Marrero wasn't available. He died late last year of a self-inflicted gunshot wound. Less than a month after that conversation, the 19-year-old put a .22 caliber bullet in his head after his parents say, he stopped using steroids.

Hooten's father, Donald, did get a chance to testify at Thursday's hearing. He said baseball players are often idolized by young people and they had a special responsibility to make sure they set the proper example.

That's key. Major League Baseball players live a boy's life, and they owe it all to the fans. That includes young people who look up to them. It's with those young people that the boys of summer — and in-

deed all professional athletes — have a sacred compact. The fans promise to keep buying tickets, and the players pledge to conduct themselves in ways that don't soil the game. Some of the players have violated the deal. Players like home-run slugger Mark McGwire, who appeared before the committee as part of a star-studded line-up of major league players who were summoned to subpoena to testify about steroid use. The man who broke Roger Maris' record for the most home runs in a single season gave lip-service to the important work of the committee, but he refused again and again to answer specific questions about whether he or any other players had ever used steroids. In fact, on the advice of his lawyers, he took the Fifth Amendment.

When the players were asked by Rep. Patrick McLenny, R-N.C., if they thought using steroids amounted to cheating, McGwire said it wasn't his place to comment. He said the same thing when McLenny asked if players who use steroids should have their records counted. In fact, there was only one question he answered definitively and without hesitation. When McLenny asked if he considered himself a role model, McGwire said "yes."

Sorry Mark. You just stunk out.

A fantasy field burning solution for farmers

The Lewiston Morning Tribune (Idaho)

An alien spaceship crashes just outside Rupert.

Sifting through the wreckage, University of Idaho researchers find an unassuming device that operates grass without any harmful environmental side effects.

"This revolutionizes Idaho agriculture and does away with the need for field burning. Technically, the field burning bill before the Legislature is more fantasy than science fiction, but it is still a fun and fanciful tale — especially if you have a field you would like to burn."

Here's how it works. The Legislature, ... wholeheartedly endorses field burning until University of Idaho researchers discover an "economically viable alternative." This is scheduled to happen shortly after they develop a flying pig.

So ends any serious search for

an alternative to field burning. Farmers may, legally, toss their trash in the air and the people who breathe it.

Of course, farmers breathe too. Some of them even have respiratory problems.

Residents in areas smoke blows into — such as Sandpoint and Lake Pend Oreille — will continue to stink in smog.

Yes, the grass seed industry is important. Yes, it supports not only individual farmers, but entire communities.

If, however, this is a classic conflict between short-term economic interest and long-term viability, the agricultural industry needs increased pressure to find an alternative to field burning.

But don't worry. It won't happen. Expect the Legislature's fantasy to become a reality. It's only a Senate vote and governor's signature away. Some air lovers might take the issue to court, but that would give farmers enough time to keep burning until they can sell their farms to developers.

When it all comes together at Times-News

The success experienced in recent weeks by one of our newest correspondents made me think of *The A-Team*, the campy '80s action TV series.

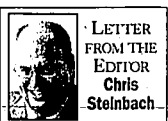
Remember how actor George Peppard, who played Col. John "Hannibal" Smith, was known for the line: "I love it when a plan comes together."

He would say this with a smirk and a grin, hitting it off with his mouth after a tough battle in which he had made everything work. This always happened right before his team

of "A" men — Bananas, "Faceman" Peck and "Howling Mad" Murdock — did not commit

to a crime they did not commit would escape in time to fight again in the next episode. Like Hannibal, editors love it when a plan comes together. Few of my plans, however, have ever been more successful than those we completed this past week with the conclusion of Sarah Johnson's double-murder trial in Boise. And *The Times-News* owes a big debt for this success to Patti Murphy, the freelance writer who covered the trial for us from beginning to end.

Because of Murphy, *The Times-News* was the only daily newspaper in Idaho that covered every day of the trial, a



LETTER FROM THE EDITOR Chris Steinbach

trial that attracted national attention from Court TV and other cable news networks. If you heard a story about this trial on the radio, watched one on television or read one in another newspaper, you were likely hearing, watching or reading Murphy's work, which the Associated Press shared with other news organizations.

What makes this so remarkable is that Murphy had never before written for a newspaper or worked as a reporter. Having covered lengthy murder trials myself, I worried about how she would do, but figured whatever she wrote would be better than nothing. What I did not know then and have learned since is that Murphy has been reporting in her blood. Her father, Pat Murphy, who lives in Sun Valley, is the retired publisher of the *Arizona Republic* in Phoenix. He worked for many years as a reporter and editor at the *Miami Herald*.

Patti Murphy says her father has told her for years that she was missing her calling as a reporter. After talking with her for the past six weeks, the title of another old television show comes to mind: *Father Knows Best*.

Her work isn't unique, however. For decades, *The Times-News* has hired freelance writers across the Magic Valley. Another of our newest correspondents who has enjoyed immediate success is Candace Baltz-Smylie. Since leaving KMTV-TV as a full-time reporter in January, she has written more than 30 stories for *The Times-News*.

The work of writers such as Baltz-Smylie and Murphy enhance the efforts of our full-time reporters and add a great deal to our daily reports. We wouldn't be the same newspaper without them.

... I could have used the A-Team's past week to help save me from a plan that didn't work.

Earlier this year *The Times-News* added *Brevity*, a new panel to our daily lineup of comics. The change has been welcomed by some readers and criticized by many others.

The cartoonists who draw and write our daily features, Guy Endore-Kaiser and Rody Perry, added fuel to the fire with a cartoon on Tuesday that did not belong in *The Times-News*.

Many readers have let us know they found the cartoon offensive. I agree with the many readers with whom I have discussed this and I want everyone to know the rest of the story.

I spoke Tuesday with the representative I deal with from the syndicate that sells *Brevity*. He

assured me *The Times-News* was not the only newspaper whose readers were unhappy with Tuesday's cartoon.

In a follow-up e-mail, he said: "Be assured, if we have another cartoon remotely 'by raising' an alternative will be provided. Our company is rather conservative and won't tolerate intended offensive content."

A few moments later I received an e-mail from Guy Endore-Kaiser, who writes the jokes for *Brevity*.

"When I wrote jokes, and when Rody draws them, we know exactly what we are supposed to be, so it's easy to overlook how someone else might see it," he wrote. "We look at it now, and it's easy to see why people could take it to the next level."

"We do like to push the boundaries a little bit, but we certainly don't want to break them. Please accept our sincere apologies to any of your readers who were offended. We promise to be more diligent in future."

I am also sorry this cartoon was published Tuesday. We have made some changes in our newsroom regarding how this page is put together. If our readers, the comic editors and the cartoonists themselves are all more vigilant, this problem should not be repeated.

Chris Steinbach is editor of *The Times-News*. He can be reached at 733-3255 or chris.steinbach@magicalvalley.com.

Getting in touch

Want to make your feelings known to your representatives in Congress? Here's how:

Sen. Mike Crapo
In Twin Falls, call or write: Heather Tilt, regional director
202 Falls Ave., Suite 2
Twin Falls, ID 83301
734-2915; fax 734-9014

Sen. Larry Craig
In Twin Falls, call or write: Mike Mathews, regional director
202 Falls Ave., Suite A
Twin Falls, ID 83301

734-6780, Fax 734-3905
In Washington:
520 Hart Senate Office Building
Washington, D.C. 20510
(202) 224-2752
e-mail: <http://craig.senate.gov/email>

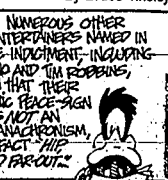
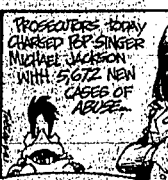
Rep. Mike Simpson
In Twin Falls, call or write: Charlie Barnes, agriculture field director
1201 Falls Ave., Suite 25
Twin Falls, ID 83301
734-7210; Fax 734-7244

Rep. Greg Walcott
1339 Longworth Building
Washington, D.C. 20515
Phone: (202) 225-5531
Fax: (202) 225-8216
Access: Simpson's e-mail through his Webpage
<http://www.house.gov/simpson>

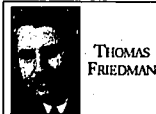
By Garry Trudeau

Mallard Fillmore

By Bruce Tinsley



High risks over energy policy



THOMAS FRIEDMAN

Bush officials have always been eager to pose as the tough guys willing to make the tough decisions. And if you look at all these issues, the Bush team has not only been steadily eroding America's leverage and room for maneuver vis-a-vis its biggest long-term competitor—China—but it has actually been making us more dependent than ever on Beijing. Indeed, if the Bush policies were wrapped into a single legislative bill it could be called "The U.S.-China Dependence Act."

The excessive tax cuts for the rich, combined with a total lack of discipline on spending by the Bush team and its Republican-run Congress, have helped China become the second-largest holder of U.S. debt, with a little under \$200 billion. No, I don't think China will start dumping its T-bills on a whim. But it's not that easy as China buys up more and more of our debt—and that is the only way we can finance the tax holiday the Bush team wants to make permanent—it won't limit our room to maneuver with Beijing should it take aggressive steps toward Taiwan.

National security is about so much more than just military deployments. It is also about our tax, energy and competitiveness policies. And if you look at all these issues, the Bush team has not only been steadily eroding America's leverage and room for maneuver vis-a-vis its biggest long-term competitor—China—but it has actually been making us more dependent than ever on Beijing. Indeed, if the Bush policies were wrapped into a single legislative bill it could be called "The U.S.-China Dependence Act."

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technology and thereby reduce the amount of money going to Sudan, Saudi Arabia and Iran for oil. It would also reduce our dependence on China to finance our debt and the chances that we will end up in a global struggle with China for energy.

Finally, on competition policy, the Bush team and Congress cut the budget of the National Science Foundation for this fiscal year by \$105 million. I could not put it better than congressman Vern Ehlers, one of the few dissenting Republicans, who said: "This decision shows dangerous disregard for our nation's future at a time when other nations continue to surpass our students in math and science and consistently increase their funding of basic research. We cannot hope to fight jobs lost to international competition without a well-trained and educated work force."

Moreover, at a time when China is encouraging its new companies to offer employees stock options to get Chinese investors to stay at home and start new firms, the Bush team has been musing going along with a change in accounting standards that will force U.S. companies to expense stock options by June 2005. This is likely to dampen the growth of our own high-tech companies and encourage U.S.-educated Indian and Chinese techies to go back home.

I am not a China basher. We need to engage China, and help accommodate its rising power with the world system, but the only way to do that is from a position of strength. But everything the Bush team is doing is ensuring that it will be from a position of weakness.

Thomas Friedman is a columnist for *The New York Times*.



Judge's decision could reward Bush

Politics is a funny game. A win can turn out to be a loss, or sometimes you can lose by winning.

The betting here is a California judge's decision to legalize gay marriage there will eventually fall into that category.

In the long run, those unhappy with the ruling may come to view it as a catalyst that advanced their overall agenda—and not just when it comes to same-sex marriage.

Gay-rights proponents may well wonder, as they did after last November's election, whether court victories are worth the political cost.

That's because the decision likely will help President Bush win the upcoming war on judicial confirmations about to engulf Washington, D.C. Such a victory could tilt the national verdict on many issues.

The nation's political polarization has created consolidated agendas among Republicans/conservatives and Democrats/liberals that cut across single-issue constituencies.

First of all, the California Supreme Court may overturn this decision. If not, a state constitutional amendment taking the matter out of court hands by banning gay marriage would seem quite possible.

After all, voters in 11 states last fall banned gay unions. California is unlikely to be any different if the question is on the ballot.

However, the decision could help the anti-gay marriage crowd on the other side of the country. In politics, everything is interrelated, and the impact of this lawmaking by judicial fiat will be felt in Washington, D.C.

For the most part, Republicans who oppose gay marriage also don't like abortion, tax increases, business regulation, too much government spending, the United Nations and efforts to restrain U.S. power.

The left's mantra is almost



PETER BROWN

exactly opposite, so that the notion of two teams fighting each other on a variety of matters is a largely accurate metaphor.

It doesn't matter that it was a California state judge appointed by a Republican who ruled on gay marriage. It could not have come at a better time for the GOP team arguing that confirming federal judicial appointments is worth spending serious political capital.

That is obviously true for both parties, but the GOP has the edge because it controls the Senate, where the war over the judiciary is about to be fought.

Supreme Court Justice William Rehnquist has cancer. Bush will almost certainly have at least one high court appointment this year, perhaps more.

At the same time, he has resubmitted seven appointments to the U.S. Courts of Appeals for Senate confirmation. Democrats stopped them from getting up-or-down votes through use of the filibuster last year.

Historically, both parties have used their majority power to reject court appointments in the Senate. But never before has a minority prevented confirmation by refusing to stop talking. Under current Senate rules, 60 of the 100 senators are needed to cut off debate, and the Democrats have 45. That has been enough to sustain a filibuster, but not to win up-or-down votes.

—The Republicans are threatening to change Senate rules to make it impossible to filibuster judicial nominees, a possibility dubbed "the nuclear option" because Democrats have said

in response they will use procedural rules to stop the Senate from conducting business.

The threats to go nuclear over the current seven nominees are a dress rehearsal for the real show: the Supreme Court. So far, this battle over the appeals-court appointments has been like the National Basketball Association regular season. The basketball public only becomes engaged once the playoffs begin, and that will be the case in spots when the high-court nomination is made.

Democrats are daring the president and the Republican Senate to eliminate the filibuster and take them on in an exceptionally high-stakes public fight that could have enormous consequences at the ballot box.

Democrats will argue, as they did during last year's campaign when they warned re-electing Bush would create judicial Armageddon, that they should use any means possible to stop Bush's nominees.

Bush will say he wants only judges who will follow the law and let the people decide political questions. He'll dare the Democrats to act like sore losers and question, as he did successfully last fall, whether they have any ideas of their own or are just reflexively against anything the GOP favors.

In campaigning for a federal constitutional amendment to ban gay marriage, which also might get some help from the California decision, Bush has derailed activist judges who legislate from the bench.

That's why the ruling in California can't do anything but help confirm the kind of nominees who could help his team's agenda for years to come.

Peter A. Brown is an editorial page columnist for the *Orlando Sentinel*. Readers may write to him at pbrown@orlandosentinel.com.

LETTER

Another problem with the death penalty
 Scott Peterson was sentenced to death. Won't that hurt his self-esteem?
JACK LINTELMANN
 Buhl

MARCH						
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8	9	10	11	12	13	14
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29	30	31				

This week in *The Times-News*

IT'S SPRING
 ... and your nose is off and running.
 Monday in Image

What now?
 OK, so what are you going to do with seven dozen leftover Easter eggs?
 Wednesday in Food & Home

BEST CARE AVAILABLE

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WORLD

Thousands re-enact Christ's return to Jerusalem

JERUSALEM — Thousands of Christian pilgrims from around the world gathered for a traditional Palm Sunday procession in Jerusalem, re-enacting Jesus' triumphant return to his birthplace.

In Jesus' birthplace, Bethlehem, Palestinian Christians turned their Palm Sunday procession into a demonstration against Israel's West Bank separation barrier.

Palm Sunday marks the beginning of Holy Week, leading up to Good Friday, which marks the crucifixion of Jesus, and Easter Sunday celebrating the resurrection.

Christian pilgrims walk down the Mount of Olives in Jerusalem, some holding palm leaves, during the traditional Palm Sunday procession, Sunday, 22 April.



Pilgrims walked in the sunshine down the Mount of Olives and up the hill across from it into the Old City of Jerusalem.

The large crowd reflected a restoration of calm in the region after four years of Palestinian-Israeli violence. Tourists from around the world joined local Christians for the walk of about an hour.

Annan asks world leaders to adopt big U.N. changes

UNITED NATIONS — Secretary-General Kofi Annan called on world leaders Sunday to approve the most sweeping changes to the United Nations since it was founded 60 years ago, so it can tackle conflicts and terrorism, fight poverty and put human rights at the forefront of its work in the 21st century.

After a year of scandals over corruption in the U.N. oil-for-food program in Iraq and sex abuse by U.N. peacekeepers in Congo, Annan's report also sets out plans to make the world body more efficient, open, and accountable — including strengthening the independence of the U.N.'s internal watchdog.

The report to the 191 members of the U.N. General Assembly was released six months before world leaders meet at U.N. headquarters for a summit called by Annan. In its introduction, he urged the leaders to "act boldly" to adopt "the most far-reaching reforms in the history of the United Nations."

Rice asks China to press North Korea on nuke talks

BEIJING — Secretary of State Condoleezza Rice on Sunday asked Chinese Premier Wen Jiabao to intensify diplomatic efforts to get North Korea back to talks on giving up its nuclear weapons program.

Rice met with Hua and Premier Wen Jiabao at the Great Hall of the People on Tiananmen Square, and then drove a few minutes away to a government-controlled Protestant church to attend a Palm Sunday service.

China is the largest source of food and energy to North Korea, and Rice had been saying throughout her trip to Asian countries last week that she would be urging China to do all it can to persuade its communist ally to return to negotiations. She said she says what she hopes China will do, noting that was up to China's leaders.

The United States and the others in the six-party talks with North Korea have started to talk about other steps to take if Pyongyang continues to refuse to return to negotiations, said a senior State Department official, who briefed reporters on condition of anonymity about what went on in the closed-door talks between Rice and the Chinese leaders.

World in brief

Israel, Palestinians deadlock on handover

TULKAREM, West Bank — Israeli and Palestinian commanders met Sunday to work out the last details of a handover of the West Bank town of Tulkarem to Palestinian control, but the session ended without agreement, a new hitch for fledgling peace efforts.

Earlier, Israel's defense minister said the handover would take place Monday, making it the second of five West Bank towns to be transferred to Palestinian control. Palestinian officials said the two sides would reconvene Monday.

As with the earlier handover of Jericho, the main issues concerned control over surrounding territory and removal of Israeli roadblocks.

The handovers were part of a truce announced at a summit last month in Egypt by Palestinian leader Mahmoud Abbas and Israeli Prime Minister Ariel Sharon and reinforced last week at a meeting of Palestinian factions in Cairo.

Pilgrims flee shrine after bombing kills at least 30

FATEHPUR, Pakistan — Frightened pilgrims crammed into buses leaving a remote village in southwestern Pakistan on Sunday after a bombing at a Shiite shrine left 30 dead, and relatives sited bloodied caps and shoes for signs of loved ones.

The blast Saturday night prompted anger and disbelief among the thousands who gather here 500 miles southwest of the capital, Islamabad, for an annual festival that bridges sectarian and religious divides.

"Everyone comes here, even Hindus. There is no distinction here between a Shiite and a Sunni," said the shrine's caretaker, Syed Sadiq Shah. "God's curse be on those who did this. They have killed innocent people."

The explosion carved out a 2-foot deep crater and added to security fears in restive Baluchistan province, hit last week by fighting between government forces and renegade tribesmen.

No one claimed responsibility for the attack.

Qatar blames Egyptian for suicide car bomb

DOHA, Qatar — Qatari authorities on Sunday blamed an Egyptian national for the suicide car bombing of a theater that killed one Briton and injured 12 other people in a rare attack in the tiny Gulf state.

The car bombing came days after a man purporting to be al-Qaida leader in the Gulf called for attacks on Western interests. It also occurred on the second anniversary of the U.S.-led invasion of Iraq, but it was not clear if the two events were linked.

Qatari authorities identified a charred body at the site as the suicide bomber, Omar Ahmed Abdullah Ali. They said the Egyptian owned the car used in Saturday's attack on the northern suburb of Faraf Kebab.

Nobody claimed responsibility for the attack on the theater, which is popular with Westerners and close to the Doha English Speaking School.

— compiled from wire reports

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The CSI basketball national tournament previews.

NBAB2
GolfB2
ClassifiedsB48

Sports Editor: Joe Pinsky, 735-3239 (Hours: 2-11 p.m.)

MORNING LINE

SPORTSQUOTE

It actually is an honor. I remember as a youngster, going to the stores, seeing all those greats like Kareem and Magic on the box and then saying to my mother and father, 'I'm going to be on the cover of that one day.' And then they'd smack me and say, 'Shut up.'

- Shaquille O'Neal, who will appear on the Wheaties cereal box

TRIVIA

QUESTION:

Name the only player to win the MVP Award in both the American and National Leagues.

IN BRIEF
Bruins dominate all-region honors

TWIN FALLS - Senior Mike Smith of Twin Falls High School was named the District Four-Five-Six District 5A boys basketball player of the year.

Smith was joined by teammates Mitch Smith and Tanner Hazelbaker along with Highland's Gif McComb and Tyler McKee with D.J. Collette of Idaho Falls on the first team.

Senior Todd Cook and junior Brady Jardine of Twin Falls headed up the second team along with Travis Martin, Anthony Martin, and Will Carter of Highland.

Honorable mentions were: Brett Wiesman of Twin Falls; Barret Jones of Skyline; Jo Mower of Highland; and Tony Carmack of Idaho Falls.

T.F. Park & Rec needs soccer officials

TWIN FALLS - The Twin Falls Parks and Recreation Department is looking for soccer officials for their recreational spring soccer league.

The league is for Kindergarten through seventh grade and will be played after 5:30 p.m. weekdays.

Training will be provided for all successful applicants. Applications may be picked up at 136 Maxwell Avenue or call 736-2265 for more information.

KYA league signups are next week

KIMBERLY - The Kimberly Youth Association will hold registration for its T-ball, baseball, and softball summer leagues for players ages 9-15 on Tuesday, March 29 and Thursday, March 31 from 6-8:30 p.m. at the old gym (James gym) in Kimberly.

For more information, call Jamie at 423-6173 in the evening.

Sawtooth Relay set for June 18

KEFCHUM - The 14th annual, 62-mile Sawtooth Relay is set for June 18. Six person, running or walking teams start in Stanley and finish in Ketchum. Each athlete completes two legs averaging five miles each. See www.sawtoothrelay.com or call 653-1221 for more information.

Compiled from staff reports

TRIVIA ANSWER:

Frank Robinson, first with the Cincinnati Reds in 1961, then with the Baltimore Orioles, in 1966.

Federer defends Indian Wells title

The Associated Press

INDIAN WELLS, Calif. - Roger Federer is all alone at the top - by several notches.

The world's top-ranked player, looking virtually unstoppable these days, rolled to a straight-sets victory over Lleyton Hewitt on Sunday to successfully defend his Pacific Life Open title.

Federer broke the second-ranked Australian's serve in the opening game and was in control the rest of the way in a 6-2, 6-4, 6-4 victory.

Federer is on a roll that has carried him to 42 wins in his last 43 matches, and seven victories in eight tournaments. He has another streak going in finals, where he's won 17 in a row.

"It's always been my dream to be the best. Now I am and I am enjoying it," the 23-year-old Swiss star said. "The more victories you get, the better you feel."

Although Hewitt was slowed by sore toes, he gave Federer credit for playing a great match.

by sore toes, he gave Federer credit for playing a great match.

"That's sort of the standard that he's put himself in week in and week out," Hewitt said. "It's not like he's doing something freaky out of the blue."

"If you want to be the best player in the world, you've got to look at where the benchmark is. And he's set it pretty high."

Hitting powerful, accurate groundstrokes that kept his Australian opponent scrambling back and forth at the baseline, Federer mixed in winning volleys, drop shots and the occasional overhead.

Hewitt said both his big toes began hurting the previous night, when he beat Andy Roddick in a grueling semifinal that went three sets and three tiebreakers.

"I probably wouldn't have won anyway," Hewitt said of the final. "But I wasn't moving 100 percent."

Federer said Hewitt normally would prefer to get him into long rallies, but instead he often went for quick winners this time.

would prefer to get him into long rallies, but instead he often went for quick winners this time.

There still was one memorable, 45-shot rally, when Federer was holding 'break point in the second set.

Toward the end of the rally, Federer chased down a shot near the net, sprinted back and across the court to return a lob, came up again to hit another shot, then scurried back once again to flick the ball over his shoulder to return another lob.

Hewitt then hit a drop shot just over the net for Federer's tight. It looked to be a winner, but Federer raced forward, stretched as far as he could and hit the ball back. Hewitt went sprawling to his right and volleyed for a winner - finally.

Both players were out of breath, but smiled broadly. The crowd roared its approval, then gave the players a standing ovation.



Roger Federer of Switzerland holds the Pacific Life Open men's singles championship trophy at Indian Wells, Calif., Sunday.

Coach K snaps Dean Smith's tourney win mark

The Associated Press

CHARLOTTE, N.C. - The celebration was muted, emotions checked. Never mind that Mike Krzyzewski had just passed Dean Smith for the most wins in NCAA tournament history with a victory that moved Duke into the round of 16.

The tears will come only when this unlikely team plays its final game.

The top-seeded Blue Devils assured themselves of at least one more game with a 63-55 victory over Mississippi State in the second round of the Austin Regional on Sunday.

Coaches don't win games, players do," Krzyzewski said. Daniel Ewing handled the offense and Sheldon Williams took care of defense to get Coach K his record 66th tournament victory, moving him ahead of Smith at the top of the list. It took a reminder from J.J. Redick for the Blue Devils (27-5) to get the milestone win.

The victory sent Duke into the regional semifinals for the eighth consecutive year, the longest current streak in the nation. The Blue Devils will play fifth-seeded Michigan State.

But it wasn't easy. Duke was embarrassed after squeaking out a 57-46 win over 16th-seeded Delaware State in the first round, and the Blue Devils held their hands full with ninth-seeded Mississippi State (23-11).

"This was a very tough game, especially for the second round," said Williams, who had 13 points and 15 rebounds. "This was the kind of game you see in the Elite Eight, or maybe even the Final Four."

Duke shot just 38 percent, had 16 turnovers and, almost lost what should have been a top-Duke crowd when the game was tied at 50 with under 5 minutes to play.

Michigan State 72, Vermont 61

WORCESTER, Mass. - An afterthought during the regular season and sentimental second choice in the NCAAs, Michigan State finally is stepping out of the shadows.

The Spartans advanced to the Austin Regional semifinal on Sunday with a 72-61 victory over 13th-seeded Vermont, the plucky school with the wacky coach that upset Syracuse for its first NCAA tournament victory.

Michigan State, which finished second to top-ranked Illinois in the Big Ten, reached the round of 16 for the sixth time in eight years.

Syracuse Regional North Carolina State 65, Connecticut 62

WORCESTER, Mass. - Saw Rudy Hodge looked up and Julius Rudy Goy smiling with the game on the line. There was no way Hodge would let the Connecticut freshman stand there, smirking as the final seconds ticked away.



Duke's Sheldon Williams (23) battles for a rebound against Mississippi State's Lawrence Roberts during the second half of the second-round NCAA Tournament game Sunday in Charlotte, N.C. Duke won 63-65.

So the flashy North Carolina State senior made his move. He darted past Goy - leaving him sprawled on the floor - and scored on a slashing drive with 4.3 seconds left to break a 62-all tie and send the Wolfpack past the defending national champions 65-62 Sunday in the second round of the NCAA tournament.

"He started clapping his hands and smiling," said Hodge, who finished with 17 points and six assists. "I just felt like there was no way I was going to be denied."

Hodge was fouled on the play by Ed Nelson and completed the three-point play. The Wolfpack survived after Marcus Williams missed a desperation 3-pointer from the top of the key at the buzzer.

North Carolina State (21-13), the 10th seed in the Syracuse Regional, advances to the regional semifinals for the first time since 1989.

North Carolina 92, Iowa State 65

CHARLOTTE, N.C. - Sean



North Carolina State's Julius Hodge celebrates after his team upset No. 2 seed Connecticut 65-62 in an NCAA Tournament second-round game Sunday in Worcester, Mass.

May and sixth man Marvin Williams bullied North Carolina back to the round of 16, leaving Iowa State's six-man rotation gasping along the way.

May had 24 points and 17 rebounds.

Williams finished with a career-high 15 rebounds and the

Please see GRABS, Page B2

Wildcats edge out Sooners

The Associated Press

KNOXVILLE, Tenn. - Arizona proved it belonged in the NCAA tournament, winning a first-round game for the first time in five years with clutch shooting and tough defense.

Dee-Dee Wheeler scored 16 points, Jessica Arnold added 15 and the ninth-seeded Wildcats advanced to the second round of the Chattanooga Regional with a 72-69 win Sunday over eighth-seeded Oklahoma.

Arizona (20-11), unsure of getting an invitation to the NCAAs after losing to Southern California in the quarterfinals of the Pac-10 tournament, looked in control with about 6 minutes left, but Oklahoma (17-13) would not back down.

The Sooners trailed 61-54 when Leah Rush hit a 3 to start a 10-3 run to tie it at 64 with 3:44 remaining.

Arizona's Natalie Jones had a 3-pointer, and Rush answered with another to tie again. Shawntinika Polk, who was held to nine points, scored inside with 38.4 seconds left to give the Wildcats a 69-67 lead. They never trailed again.

The Sooners cut the lead to 71-69 when Dionnah Jackson made two foul shots with 6.5 seconds left, but it proved to be too late.

Jones made the first of two free throws at the other end with 5.6 seconds left, and Oklahoma's Chelsea Welch missed a 3-pointer at the buzzer.

Danielle Adelfio scored 10 points for Arizona, which shot 37 percent (24-of-64). The Wildcats made up for their poor shooting with defense. They had seven steals and Oklahoma finished with 14 turnovers.

The loss spelled a great game by the Sooners' tallest starter, 6-foot-1 Leah Rush, who finished with a career-high 25 points on 11-of-16 shooting from the field.

Duke 80, Conslus 48

CHAPEL HILL, N.C. - Mistie Williams had 21 points and nine rebounds Sunday to lift Duke past Conslus 80-48 in the first round of the NCAA tournament.

Monique Currie added 18 points and 10 rebounds for the Blue Devils (23-4), seeded second in the Chattanooga Regional. Duke stayed unbeaten in 12 first-round games and advanced to face the Boston College-Houston winner Tuesday.

Becky Zak scored nine points to lead the 15th-seeded Golden Griffins (21-10) in their first NCAA tournament game.

LSU 70, Stetson 36

KNOXVILLE, Tenn. - LSU quickly edged Stetson when the Lady Tigers were the top seed overall in the NCAA tournament.

Tameka Johnson scored 35 points. Sabrina, Augustus added 14 and LSU took its first win.

Please see WOMEN, Page B2

SPORTS

SPORTS IN BRIEF

Woman makes pro bowling history.

WYOMING, Mich. — Liz Johnson made bowling history Sunday afternoon, but still was disappointed.

Chickawasha, Okla., became the first woman to advance to the championship match of the Professional Bowlers Association tour event.

Johnson spent eight seasons on the Professional Women's Bowling Association tour, winning 11 Open titles.

On Sunday afternoon, Johnson edged Wes Malott of Round Rock, Texas, by seven pins to advance to the final against Jones, who had defeated Steve Jaros in the other semifinal.

A split and subsequent open frame in the third set Johnson in her bid to become the first woman to win a PBA Tour event.

Johnson, who collected \$200,000 for her runner-up finish, earned the final tournament berth Wednesday in the PBA Tour Qualifying round, then finished 11th overall.

Johnson qualified once previous during the PBA Tour's Unofficial Tour Classic in Wickliffe, Ohio, in November, but did not advance past the round of 64.

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SCORES AND STATS

Area ski report

Area ski report: Snow conditions, temperatures, and lift operations at various resorts including Snake River, Teton, and Yellowstone.

Snake River - Set 6:50 a.m. to 11:00 p.m. Snow depth 12-18 inches. Temperatures in the 20s.

Teton - Set 6:30 a.m. to 11:30 p.m. Snow depth 10-15 inches. Temperatures in the 30s.

Yellowstone - Set 6:00 a.m. to 10:00 p.m. Snow depth 8-12 inches. Temperatures in the 40s.

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WHAT'S ON T.V.

Baseball

Pressession, Boston vs. Los Angeles, ESPN, noon

Basketball

NCAA Women's Division I tournament, second round, ESPN, 8 p.m.

NIT second round, ESPN2, 5 p.m.

Hawks at Bulls, NBA TV, 8:30 p.m.

NCAA Women's Division I tournament, second round, ESPN2, 7 p.m.

NIT second round, ESPN, 7 p.m.

NCAA Women's Division I tournament, second round, ESPN2, 9 p.m.

AUTO RACING

NASCAR Cup Series: Nextel Cup Old Dominion 500

At Atlanta Motor Speedway, Hiram, Ga. ... Race 1: Matt Kenseth, Dale Earnhardt Jr., Kevin Harvick.

BASKETBALL

NBA EASTERN CONFERENCE

Table with columns for team, W, L, Pct, GB. Includes Boston, Philadelphia, New Jersey, New York, etc.

NBA WESTERN CONFERENCE

Table with columns for team, W, L, Pct, GB. Includes San Antonio, Dallas, Houston, Phoenix, etc.

BASEBALL

Spring Training All-Time HIT

Table with columns for player, H, R, RBI. Includes Tommie Lincecum, Los Angeles Angels.

NATIONAL LEAGUE

Table with columns for team, W, L, Pct, GB. Includes New York, San Francisco, San Diego, etc.

Baseball's Gaps

Arizona Diamondbacks: 1-19, 10-11, 2-16, 1-15, 1-11, 1-11, 1-11, 1-11, 1-11, 1-11.

NFL

Arizona Cardinals: 1-19, 10-11, 2-16, 1-15, 1-11, 1-11, 1-11, 1-11, 1-11, 1-11.

Baseball

Arizona Diamondbacks: 1-19, 10-11, 2-16, 1-15, 1-11, 1-11, 1-11, 1-11, 1-11, 1-11.

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FOOTBALL

NFL AFC WESTERN

Table with columns for team, W, L, T, Pct, GB. Includes Denver, Oakland, San Diego, etc.

NFL AFC NORTH

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Compiled from wire reports

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By Henri Arnold and Mike Argon
C'mon, buy a broom. Why are you so cheep?

ACROSS
1 American buffalo
6 Ken or Lena
10 Castro's bell

1 2 3 4 5 6 7 8 9 10 11 12 13
14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63

FREE Golden Retriever Irish Setter X male...

LEROD
WAKTE
HASFIM
FORFET

WHY THE DOOR-TO-DOOR SALESMAN WAS SPURNED
Now arrange the circled letters to form the surprise answer...

31 Hatfield's foe
32 Actress
33 Angelina
34 Lennon's Yoko

Saturday's Puzzle Solved
WHEN ACRE BAGEL
HAVE IRON ORATE
ONE ANDAL WAYNE
MARTY BLACK BEAR

GOLDEN LAB MIA-1
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Manual rock picking
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SERVICES
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on our web site...

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16 2x4 nicks peg
17 Water pitcher

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males, (1) female. Call
208-731-9283.

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19 2x4 nicks peg
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males, (1) female. Call
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males, (1) female. Call
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40 Chow chow
41 From Here to
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'Natural' doesn't mean label is telling the truth

DEAR PAULA: With more and more medicines being prescribed in transdermal form, it is apparent that the skin is an amazingly absorptive organ. I am worried about the things we slather on our bodies in the name of beauty and I find myself on a quest to purchase the most "natural," perhaps nutritional-grade skin treatments with minimal preservatives or no preservatives other than those occurring in the natural world, such as vitamin E. Will you please comment?

HELEN, VIA E-MAIL
DEAR HELEN: Simple because an ingredient grows from the ground or is found in nature doesn't make it automatically good for skin; moreover, the reverse is also true - just because it is synthetic doesn't make it bad.



COSMETICS
Paula Begoun

Food-grade ingredients are not necessarily the best for skin either, because often some fraction of the plant that has the most benefit for skin or is the most stable must be synthetically derived or extracted.

Think about it this way: A plant in its pure form isn't stable in the least, especially in skin-care products. Lettuce holds up fine for awhile in your refrigerator, but then its time is up - and that would happen a lot faster if it were sitting on the counter in your bathroom.

Another difficulty, is that natural or plant-based preservatives have extremely poor antimicrobial or antifungal properties. Complicating this is that products that result from using a product that's contaminated are serious considerations when it comes to how a product is preserved.

Most of the research nowadays on skin aging and wrinkles is about inflammation, and there are lots of products that contain natural ingredients that can cause irritation, and result in an inflammatory response, such as peppermint, menthol, eucalyptus, citruses, alcohol and so on.

I wish I could simply say use "natural" skin-care products, but that wouldn't be helping your skin because of the misleading marketing claims being made about these products. "Natural" doesn't guarantee you're getting the truth about a product really contains.

DEAR PAULA: I read an article in the Dermatology Times that stated that Differin is just as effective for sun-damaged skin as Retin-A and that Differin was less irritating to boot. I have been considering the Differin route because my health insurance won't pay for anything they consider "cosmetic" and Differin is less expensive than Retin-A. What is your recommendation?

DIANA, VIA E-MAIL
DEAR DIANA: Differin is not approved for the treatment of sun-damaged skin or wrinkles by the FDA. Nonetheless, many dermatologists feel that Differin (active ingredient adapalene) would have similar if not identical effects on sun-damaged skin as Retin-A or Retin-A (active ingredient tretinoin). Both adapalene and tretinoin are retinoids and have a similar chemical structure, although Differin has been shown to be less irritating than Retin-A and Retin-A. If Differin proves to be a better option for you, it is worth trying to see what kind of an effect it will have for you. Plus, like Retin-A, Differin is now available in a cream base.

Paula Begoun is the author of "Don't Go to the Cosmetics Counter Without Me (6th edition)" (Bantam Press, \$27.99). Write her at 13075 Greenway Drive, Suite 160, Seattle, Wash. 98168 or check out her Web site: www.cosmeticoop.com

'Tis the season for the

It's spring, and your nose is off and running

By Loretta Burkhardt
Times-News writer

TWIN FALLS - Experiencing spring fever? In south-central Idaho, it's only going to get worse.

While "it's kinda early," allergy symptoms caused by the pollen from budding trees and blooming flowers are already manifesting themselves in the Magic Valley, said Dr. Richard Henry of Asthma & Allergy of Idaho, a Twin Falls allergy clinic.

In this part of America, the first day of spring - it arrived Sunday - unofficially ushers in the allergy season, all the more so in drought years.

If you're already experiencing the urge to scratch those watery, itchy eyes, you can blame it on the elm.

Or the weather.

"We've already started taking pollen counts - and with the nice weather we're having, the elm count is multiplying," said Vicki Stewart, practice manager at the allergy clinic.

The count last week from a pollen measuring device located atop Magic Valley Regional Medical Center registered pollen at 286 on Friday - up from a reading of 4 on the previous Monday, Stewart says.

But they're not the only culprits, she adds. Ash, aspen and grass are beginning to make a show.

And wind is also a factor in causing allergy symptoms to flare up in spring. Allergies are triggered by pollen or mold spores, and many trees, grasses and weeds contain those small and light pollens that are easily carried by the wind, according to Stewart.

Nevertheless, that potent lineup had little effect recently on allergy-sufferer Shane Remer.

Remer has suffered from allergies most of his life. Now 31, they're still "pretty severe."

He remembers his first real bout with allergies being a four-alarm case.

"I was sic," he said.

When his baby sister was born, Remer's grandparents took him with them to the hospital so he could meet the new addition. By the time they arrived, he was miserable.

While his misery had nothing to do with taking a back seat in the family hierarchy, Remer recalls it being no less painful.

On that day, his eyes were "red and swollen" from aller-

SNEEZIN'



The most famous sneeze in history, by Thomas Edison's assistant Fred Ott, captured on Edison's invention, the kinetoscope, in 1894. It was the first movie ever.

Please see SNEEZIN', Page C2

What works (usually)

Twin Falls allergist Dr. Richard Henry offers the following tips for managing spring allergies:
Do a thorough spring cleaning. Windows, book shelves and air-conditioning vents collect dust and mold throughout the winter that can provoke allergy symptoms.
Stay indoors as much as possible when pollen counts are high.
Take allergy medications at least 30 minutes before an outdoor activity.

Shut windows on days when pollen counts are high.
Wash bedding in hot water.
Dry laundry indoors.
Keep pets off of furniture.
Keep car window and air-conditioning vents pointed away from your face.
Use filter masks when doing lawn work.
Peak pollen information in your area go to <http://www.allergid.com>.



Dr. Richard Henry talks with Yolanda Meclas about her allergies at Henry's office in Twin Falls Thursday. Sunday was the first day of spring and the unofficial start of allergy season.

COURT WITZEL/The Times-News

Aircraft mechanic cashes in on Napoleon Dynamite's wardrobe

Knight Ridder News Service

GRAPEVINE, Texas - As Napoleon Dynamite would put it, a sweet deal has fallen into Randall Sova's lap.
For four summers in the 1980s, Sova hawked T-shirts with a helicopter image on them designed by a pal, Phil Goettl.

Each summer there was a different design, and each summer Sova sold a couple of hundred shirts to the rough-and-tumble guys who explored - with dynamite - for oil and natural gas in remote areas of the American West.

Two decades later, the geeky,

Attitude

quirky, tetherball-loving Napoleon, the hero of the wildly popular cult movie set in Preston, Idaho, showed up onscreen wearing these same shirts.

Now Sova, 51, a Grapevine resident who works in aircraft maintenance at Fort Worth Meacham Airport, figures he'll soon be able to buy all the tater tots he wants.

Since the film's release last spring, his family has sold several thousand of the Napoleon helicopter tees online. And now

the shirts are for sale in 600 Hot Topic stores in malls in all 50 states and Puerto Rico.

Flippin' sweet!

"I'm into this as long as I want to be because it's not going anywhere for a long time," said Sova, who runs www.nordieshirts.com with his wife, Sharon, and daughter Emily, 15.

"It just dropped into my life. It's so much fun."

The film, made in 2003 by the husband-and-wife team of Brigham Young University students Jared and Jerusha Hess, has grossed more than \$45 million in theaters alone and sold more than a million DVDs in

Please see ATTITUDE, Page C2

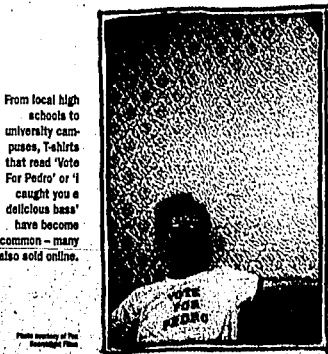


Photo courtesy of Phil Goettl/Phil Hess

IMAGE

Set your nose by it

Three-year averages for pollen and mold counts in grains per cubic meter, Twin Falls, for selected dates (the averages are for the years 1997-99; actual conditions on any given date may vary):

Date	Pollen count	Typical type	Level*	Mold count	Level*
March 27	22	Elm, cottonwood	Moderate	Incomplete data	N/A
April 3	5	Cottonwood, Juniper	Low	Incomplete data	N/A
April 10	2	Cottonwood, aspen	Low	Incomplete data	N/A
April 17	15	Aspen	Moderate	Incomplete data	N/A
April 24	13	Cottonwood, elder	Low	1,030	Moderate
May 1	43	Cottonwood	Moderate	1,394	Moderate
May 8	25	Juniper, pine	Moderate	Incomplete data	N/A
May 15	32	Juniper, cottonwood, alder	Moderate to high	831	N/A
May 22	65	Grass, juniper, pine	Moderate	1,944	Moderate
Memorial Day	41	Pine, grass	Moderate to high	1,691	Moderate
June 5	37	Pine, grass	Moderate to high	1,863	High
June 12	28	Grass, mulberry	Moderate to high	5,380	High
June 19	21	Grass, pine, locust, nettle	Moderate to high	22,224	High
June 26	31	Grass, pine	Moderate to high	15,305	High
Independence Day	72	Grass, pine	Moderate to high	120,130	Very high
July 10	24	Grass, nettle	Moderate to high	49,415	Very high
July 17	144	Pine, grass, stinging nettle	High	4,681	High
July 24	60	Grass, stinging nettle	Moderate to high	5,349	High
July 31	16	Stinging nettle, grass, chenopods	Low to moderate	9,963	High
Aug. 7	11	Kochia, grass, nettles	Low	21,887	High
Aug. 14	9	Kochia, rabbitbrush	Low	3,508	High
Aug. 21	43	Kochia, nettles	Moderate	27,735	Very high
Aug. 28	33	Kochia, nettles, sagebrush, mulberry	Moderate	3,027	High
Labor Day	49	Kochia, sagebrush, nettles, march elder	Moderate	3,705	High
Sept. 11	33	Sagebrush, kochia, nettles	High	Incomplete data	N/A
Sept. 18	24	Sagebrush, kochia, nettles	Moderate	1,346	High
Sept. 25	57	Sagebrush, kochia	High	3,652	High
Oct. 2	128	Sagebrush, kochia	High	3,404	High
Oct. 9	52	Sagebrush, kochia	High	3,202	High
Oct. 16	12	Sagebrush, kochia	Moderate	1,710	Moderate

*Levels are based on the Aeroallergen Network's rating scale for weeds, grasses, trees pollens and molds. Source: Asthma and Allergy of Idaho data, as published in The Times-News

Sneezin'

Continued from C1
 fect, said Remer, now a Blackfoot resident who works statewide as a land surveyor in partnership with the Idaho Transportation Department.
 And while this year's early dose of pollen didn't affect him the way it has in the past, he'll still continue taking his allergy shots.
 For allergy-sufferers, spring can be a difficult time," said Henry, and the reactions this time of year can be sobering.
 Still, there's a sunny side to spring allergies.
 The misery — compared to

that of late summer and early fall — is generally a shorter-lived malady, according to Henry.
 In Idaho, the pollen associated with allergies is grass and rabbitbrush "lasts longer," therefore, later in the year, "people suffer longer," he said.
 And they don't suffer alone.
 In Idaho, the pollen associated with allergies is grass and rabbitbrush "lasts longer," therefore, later in the year, "people suffer longer," he said.
 According to the American Academy of Allergy, Asthma and Immunology, more than 20 percent of Americans are affected by seasonal allergic rhinitis, commonly referred to as hay fever.
 One way to combat the effects of pollen is preventive doctoring.

Start taking medication prescribed by your allergist about a week before your area's peak allergy season begins (check with an allergist for those times), then seek proper treatment before and during those peak allergy seasons.
 The family physician is qualified, but an allergist is specially trained to manage the prevention, diagnosis and treatment of allergies and asthma, Stewart says.
 Times-News writer Loretta Burkhardt can be reached at 735-3243, or write to her at lburkhardt@magicvalley.com

Attitude

Continued from C1
 just over three months.
 The unexpected success of the film has meant that numerous lines of dialogue have become pop culture nuggets loved by teens and college students.
 From local high schools to university campuses, T-shirts that read "Vote For Pedro" or "I caught you a delicious bass" have become common — many also sold online.
 Scott Morton, men's T-shirt buyer for Hot Topic, said he assumes Sova's helicopter shirt will be in demand.
 "Napoleon Dynamite stuff has been a phenomenon for us," he said.
 So how do these old helicopter shirts factor in?
 Jerusha Hess picked up one of the Sova/Goettl shirts at a thrift store in Salt Lake City while shopping for the wardrobe that the actor playing Napoleon, Jon Heder, would wear.
 Sova and Goettl had no idea any of this was happening until July, when a friend from the 1980s called him and told him he saw Napoleon wearing one of the shirts.
 Sova, being no fool, put together a Web site and began selling the shirts, some to soldiers in Iraq and to fans of the movie from as far away as Alaska.
 He says he's had to warn two competitors against copying the artwork, which he and Goettl copyrighted.
 "I went to the movie to see

the T-shirt, and I loved it," Sova said. "It's a funny movie. And I knew there would always be kids who would want to go see it. It's fallen into the culture of young people."
 Sova and Goettl say the shirts began as nothing more than a way to earn a little extra money. In the early 1980s, they both worked for the company whose logo is the basis for the design, Air Services International. Sova was a mechanic, and Goettl drove fuel trucks.
 At the time, oil and natural gas in states such as Montana, Wyoming, Utah and Colorado was a way to earn a little extra money. The guys doing the exploring were called "juggies."
 Juggies would conduct seismic exploration in remote areas. As a result, they went to and from work in helicopters.
 The juggies were a proud bunch, and they wanted their own T-shirts. So Goettl designed them.
 My artwork has always had a lot of attention stuff," said Goettl, now a graphic artist and cartoonist in Vancouver, Wash. "We just wanted something the guys working the seismic could relate to and get their attention. And the logo promoted the company."
 Over the four summers, only about 1,000 shirts were sold. The name of one of them showing up in a thrift store where Jerusha Hess was looking for wardrobe is, give or take, a billion to one.
 But it happened, and the two guys that made them all those

years ago are as surprised as anyone.
 Goettl said he has asked his 16-year-old daughter, Julia, exactly why Napoleon Dynamite is so popular.
 "They like the dialogue and the funny scenes," he said. "It's hard to explain. Her friends talk about it at school, and even the grade-school kids around here think it's funny. They can quote the dialogue just like the older teens and re-enact scenes. It's happened before — fads happen."
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Experts link laughter, health




The Washington Post
 According to the Bible, "a merry heart doeth good like a medicine." Now, modern science may be validating that Old Testament proverb — a good laugh may actually help fend off heart attacks and strokes.
 "We believe laughing is good for your health," said Michael Miller, of the University of Maryland School of Medicine in Baltimore, who led the research. "And we think we have evidence to show why that's the case."
 A growing body of other evidence has suggested that negative emotions, particularly depression and stress, can be harmful, making people more prone to illness, more likely to experience suffering from their ailments and less likely to recover as quickly, or at all. One recent study even found sudden emotional shock can trigger life-threatening heart
 Please see LAUGHTER, Page C3

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 Sharon Hanson, EEG Technician
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Migraines: There is now relief from the debilitating symptoms of migraines. One of the remarkable findings of the past few years is that migraine headaches respond really to EEG biofeedback training. Indeed it is a solidly established fact in alternative and complementary medicine that migraines can be relieved or eliminated with biofeedback. It has been found that EEG biofeedback (neurofeedback) is even more effective than peripheral biofeedback in reducing or eliminating migraines.
 The procedure is painless and easy, in practice many people with migraines become migraine-free with only twenty to forty training sessions. If migraines should recur, an occasional booster session may be all that is necessary to put the person back on track.
 One of the most startling findings is that we are routinely able to abort, or at least diminish, an ongoing migraine within a single neurofeedback 30-minute training session. Neurofeedback can be very helpful for migraines associated with the menstrual cycle, as well as those precipitated by substances or environmental factors. Migraines are most challenging when they are part of more complex conditions, such as fibromyalgia. However, even in these cases, we find neurofeedback to be helpful for headaches as well as other associated symptoms.

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Infant CPR class will be offered

Infant safety and cardiopulmonary resuscitation class will be offered from 6:30 to 9 p.m. Tuesday in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The program is offered as part of the prepared childbirth classes. New parents, grandparents and children are encouraged to attend the class to learn about infant CPR, choking, child safety and prevention of injury.

The class is free. Pre-registration is not required. For more information, call 737-2900.

To do for you

copal Church of the Ascension, 371 Eastland Drive N., Twin Falls.

NuParent's structure provides time for instruction for a parent and child activity, a knowledge-building exercise and a parent support group. Topics will include safety, nurturing, infant development and coping with crying.

Cost is \$25. Pre-registration is required. To register, call 733-4343, ext. 175.

Parenting of teens

St. Benedict's Family Medical Center in Jerome will offer parenting classes, Active Parenting of Teens, from 7 to 9 p.m. Mondays, beginning today through April 25, at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome.

The class is free. For more information, call 324-1122, Ext. 3361.

'Baby and Me'

St. Benedict's Family Medical Center will offer "Baby and Me" classes from 10:30 to 11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome. This week's topic will be "Pediatric Dentistry."

The session is for parents of children from infancy through toddler years.

The class is free. For more information, call 324-7262.

Parenting program

NuParent, a parenting program, will be offered by Magic Valley Regional Medical Center from 5:30 to 7 p.m. Tuesdays in the Fireside Room at the Epis-

About childbirth

Prepared childbirth classes will be offered from 6:30 to 9 p.m. Wednesdays, beginning Wednesday through April 20, in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class will include classroom instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and newborn, including breastfeeding and bottle-feeding. Participants will be given a tour of the Women's and Infant Center.

Cost is \$50. Pre-registration is required, call 732-3148.

Breast-feeding 101

St. Benedict's Family Medical Center will offer a Breast-feeding 101 class from 7 to 9 p.m. Wednesday at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome.

The class is for expectant mothers, fathers, grandparents and other support persons. The class will be taught by a regis-

tered lactation consultant. Parents are encouraged to attend the class within two months of the baby's due date. The class is free. To register, call 324-4301, ext. 3561.

Learn CPR

Cardiopulmonary resuscitation class will be offered from 6 to 10 p.m. Thursday in the Sage Room at Magic Valley Regional Medical Center's Education Center, 598 Addison Ave. W., Twin Falls.

The class will include emergency procedures for mouth-to-mouth resuscitation, chest compression and choking for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$25. Pre-registration is required. To register, call 737-2007.

First aid CPR classes

The South Central District of the American Red Cross will offer standard first aid and infant and child cardiopulmonary resuscitation courses in March and April in Twin Falls and Burley. Participants must register in advance.

In Twin Falls, the classes will be held at the Red Cross office, 1139 Falls Ave. E., Suite B, and will include:

- Standard first aid and infant and child CPR review, 6 to 10 p.m. Thursday and April 7 and April 21.

- Standard first aid and infant and child CPR, 8 a.m. to 6 p.m. April 2 and April 16.

In Burley, the class will be held at the Civil Air Patrol building, 2100 Airport Road, and will include:

- Standard first aid and infant

and child CPR, 8 a.m. to 5 p.m., April 16.

No classes are scheduled for March or April in Ketchum.

For more information on the cost or to register for a class, call the American Red Cross office at 733-6464, ext. 300 or (800) 853-2570, ext. 300.

Breast cancer support

The Breast Cancer Support Group will meet at 7 p.m. March 28 in the reception area of St. Luke's Mountain States Tumor Institute Twin Falls Cancer Center, 656 Addison Ave. W., Twin Falls.

The meeting is open to breast cancer survivors or patients (male or female) and their families and friends.

For more information, call Lydia Gilman at 737-2979 or Mary Howard at 734-1767.

Refresher course

Childbirth refresher course will be offered from 6:30 to 9 p.m. March 30 in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class is for those who have previously taken childbirth preparation and procedures will be reviewed, and a tour will be given of the Women's and Infant Center.

Cost is \$20. Pre-registration is required, call 737-2900.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Image section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

ANNIVERSARY

THE MERCHANTS

Jerome - Curt and Shirley Merchant will celebrate their 50th wedding anniversary on Saturday, March 26.

They graduated from Kimberly High School in 1954. They have lived in California, Kansas and Arizona during their 50 years, but came home to Idaho in 1999. They reside north of Jerome, where they spend time growing flowers and producing art and craft creations.

They have four daughters, 12 grandchildren and 17 great-grandchildren.

A small family celebration will



Curt and Shirley Merchant be held at their home, hosted by their daughters, Terry Van Zante and Thel Bryan.

ENGAGEMENT

CAPSON-WATSON

Burley - Denis and Cindy Capson of Burley announce the engagement of their daughter, Britney Ann Capson, to Cody Ryan Watson, son of Gene and Janene Watson of Burley.

Capson is a graduate of Burley High School and is currently attending the College of Southern Idaho. She is employed at Perkins in Burley.

Watson has attended schools in Cassia County. He is employed at Wal-Mart in Burley.

The wedding is planned for 3 p.m. Saturday, March 26, at the LDS Institute Building, 1649



Brittney Capson and Cody Watson Parke Ave., Burley. A reception to honor the couple will be held from 3:30 to 5:30 p.m. Saturday, March 26, at the church.

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Laughter

Continued from C2

symptoms that many doctors mistake for a classic heart attack. Miller himself, along with his colleagues, had done a study that found people who have a negative reaction to social situations tend to be more prone to heart disease.

But far less has been done to examine whether positive emotions can reduce the risk and complications of illness.

"The focus is always on the negative aspects," he said. "We thought, 'Why not look at the opposite?'"

So they decided to examine the ability of blood vessels to expand-known as vasodilation. Four vasodilation can increase the flow of blood to the heart and strokes by making the passages prone to being blocked, cutting off vital blood flow.

The researchers asked 20 healthy men and women to watch clips of two movies - either the violent opening battle scene in the 1998 film "Saving Private Ryan" or a humorous scene from a comedy, such as the 1996 "Kingpin."

The researchers tested the subjects' vasodilation, before

and after the movie, by constricting and releasing an artery in their arms with a blood pressure cuff and then using ultrasound to measure how the blood vessels were functioning.

The researchers discovered striking differences depending on which movie the volunteers had watched. Blood flow was actually reduced in 14 of the 20 volunteers who saw the stressful film. In contrast, blood flow markedly increased in 19 of the 20 volunteers after watching the funny movie, the researchers reported last week at a meeting of the American College of Cardiology in Orlando, Fla.

Overall, blood flow decreased by about 35 percent after entertaining stress but increased 22 percent after laughter - an improvement equivalent to that produced by a 15- to 30-minute workout.

"It was a pretty dramatic difference," Miller said.

Previous research has indicated that stress hormones may be the primary culprit by which negative emotions harm health. When a person is under stress, the body pumps out hormones such as adrenalin and cortisol.

That is designed to prime the body for a fight or a flight, but the hormones can have detrimental effects on the body, including suppressing the immune system and constricting blood vessels.

Miller and his colleagues may

have a contrasting effect, causing the body to release other natural chemicals known as endorphins - pleasure-producing agents best known for producing the "runner's high" - that may counteract the effects of stress hormones and cause blood vessels to dilate.

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Second, have her apply for what is known as the "circuit breaker exemption." It is available to low-income aged and disabled homeowners. Sign up by April 15. In very low-income circumstances it can result in complete property tax relief. Those eligible include but are not limited to low-income individuals who are disabled, age 65 or older, former POWs, blind, or widowed - without regard to age. Annual applications are required to verify income eligibility, but the effort is worthwhile and assistance in preparation and filing is available to needy individuals.

In the case of a homeowner's exemption, those purchasing a home after April 6 from a seller who qualified for the circuit breaker exemption will have the benefit of the exemption for that year unless the seller "moves" the circuit breaker exemption to another residence. Money in the bank is no bar to eligibility, although interest earnings factor into a determination of income eligibility. Deductions from taxable income are made in determining eligibility. There is a sliding scale of relief so that the lower the income the greater the reduction.

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PROPERTY TAX CRUNCH!

Question: I just moved my aging mother to town. She purchased a modest home but on a limited income she will have trouble paying ongoing housing expenses. Any ideas?

First, make sure she signs up with the county assessor for the homeowner's exemption. This will lower her real property taxes. Do this by April 15. If she purchased after that date she may still have the benefit of the exemption if the seller did not "move" the exemption to a new residence.

Second, have her apply for what is known as the "circuit breaker exemption." It is available to low-income aged and disabled homeowners. Sign up by April 15. In very low-income circumstances it can result in complete property tax relief. Those eligible include but are not limited to low-income individuals who are disabled, age 65 or older, former POWs, blind, or widowed - without regard to age. Annual applications are required to verify income eligibility, but the effort is worthwhile and assistance in preparation and filing is available to needy individuals.

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Classic Peanuts

By Charles M. Schulz



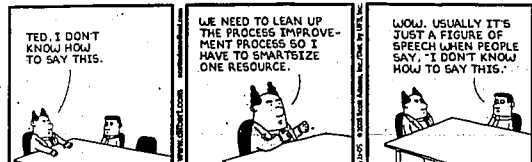
For Better or For Worse

By Lynn Johnston



Dilbert

By Scott Adams



Blondie

By Dean Young & Stan Drake



B.C.

By Johnny Hart



Pickles

By Brian Crane



Garfield

By Jim Davis

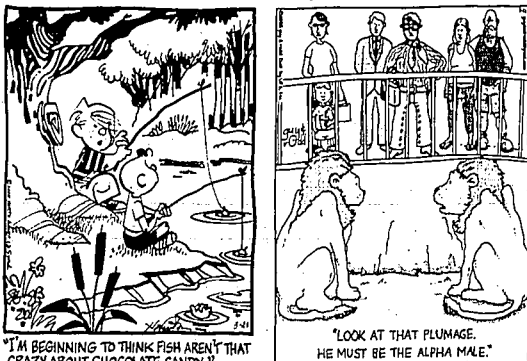


Dennis the Menace

By Hank Ketcham

Brevity

By Guy DeLoof



Hi and Lois

By Chance Browne



The Wizard of Id

By Brant Parker & Johnny Hart



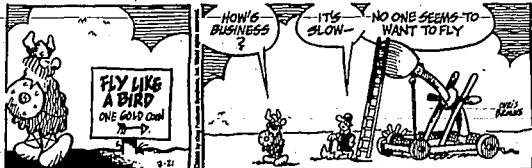
Rose Is Rose

By Pat Brady



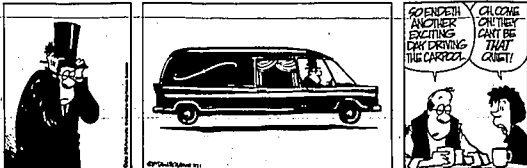
Hagar the Horrible

By Chris Browne



Zits

By Jim Borgman and Jerry Scott



Beetle Bailey

By Mort Walker



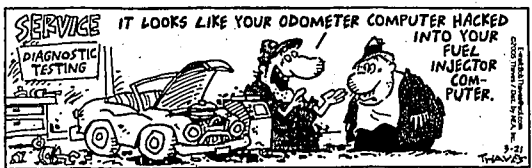
Luann

By Greg Evans



Frank and Ernest

By Bob Thaves

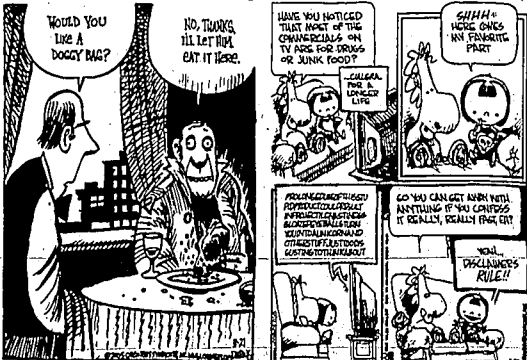


Strange Brew

By John Deering

Non Sequitur

By Wiley



The Boni Loser

By Art Sansom & Chip



Woman's thievery irks sister



DEAR ABBY
Jeanne Phillips

DEAR ABBY: My sister, "Pam," constantly steals things that belong to me. It can be anything from underwear to jewelry. When I catch her wearing whatever she "borrowed," she always acts missing. Pam always claims that she returned them. I have to be gay, cry, and finally search her room and car to find them. Most of the time they'll be ruined.

This is causing a great strain on my life and our relationship. It has reached the point that I have told my sister I no longer want anything to do with her because she's deceitful, hurtful and selfish. I honestly think she has some case of OCD or does it for the thrill.

Oh, we are not teenagers. I am 26 and Pamela is 24. We are both adults with master's degrees and full-time jobs.

DEAR FIVE IN QUEBEC: **DEAR FEU UP:** Excuse me, but how is Pamela able to take possession of your property? If you're living under the same roof, have a deadbolt lock in-

stance woman. My problem is that her mother expected us to be best friends throughout our lives. She and Muffy can't seem to understand that I have a husband, a son, and other responsibilities that include work.

My mother and Muffy's mothers are best friends, and Mom often comments to me that I should remain friends with Muffy. It seems Muffy's mother won't let the subject drop.

I think they both need to get on with their lives and Muffy should be free to make new friends. In the end, she is the one who has been hurt by not learning how to live independently and take care of herself. She should not be a prisoner of her childhood.

—INDEPENDENT IN KANSAS

DEAR INDEPENDENT: I get the feeling that you somehow resent your childhood friend, and that's sad. Not only did Muffy's mother encourage her

daughter's physical dependence, it appears she nurtured her daughter's emotional dependence as well.

I agree that Muffy "should" learn to live independently and "should" be free to make new friends. However, at this point in her life she may not have the tools to do either. It would be a kindness to encourage her to get professional help so she can figure out where her mother ends and she begins. Only then will your childhood friend be able to truly get on with her life.

DEAR ABBY: What do you think of men in kilts? I want to buy and try one. My wife is undecided, but trusts your judgment. Your thoughts, please?

—GRANDSON OF SCOTLAND

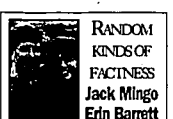
DEAR GRANDSON: As a person proud Scottish descent, you are entitled to wear a kilt if you wish, but please refrain from doing high kicks on the dance floor.

Easter Island was discovered on Easter

There are about a thousand of those giant carved heads on Easter Island. And yes, the island got its name because Jacob Roggeveen, a Dutch explorer, sailed there on his three-masted island on Easter Sunday, 1722.

This day in history: James T. Kirk, future captain of the Starship Enterprise, will be born on May 21, 2225, in Riverside, Iowa. No, we didn't make this up — it's right there in his official biography.

These famous, jewel-encrusted Easter eggs by the House of Fabergé? Between 1885 and the Russian Revolution, members of the Russian royal family commissioned them as gifts. Only 50 were ever



made-of-them, 28 are in museums and 14 are in private hands (including nine that had been owned by the late publisher, Malcolm Forbes). The other six are missing.

Burrowing owls have come up with an interesting survival strategy. When threatened in their burrows, they give off a rattling buzz that sounds like a rattlesnake. Not surprisingly, it

does a pretty good job of scaring off predators.

Henry David Thoreau's first book sold only 294 copies out of 1,000 printed. When his publisher sent him the remainder, he bragged ruefully to a friend, "I now have a library of nearly 900 volumes, over 700 of which I wrote myself."

What starts as a weaner and ends as a weiner? A pig of course.

According to the U.S. State Department, there are about 45 to 50 million unexpelled land mines buried worldwide from past and present wars. They kill and maim 10,000 to 26,000 civilians every year.

If you're thinking of decorating ostrich eggs for the season,

better get boiling — it takes about four hours to hard boil an ostrich egg.

In a game of Scrabble, which five letters show up on only one tile? Q, Z, K, and X. In response to recent spate of beer commercials, reader Jim Snotknaker asks when beer first became available in cans. Credit the now-defunct Kneeger Brewery for being the first in early 1935. Cans' back then were different than what we have now — they were more like metal bottles with a twist-off top. Like quart bottles of paint thinner.

You can reach Erin Barrett and Jack Mingo at factmings@ingobarr.com.



Rebecca Seefan, 13, of Brooklyn, N.Y., celebrates after winning the 70th annual National Spelling Bee in Washington, May 29, 1997. "Spelling bees are a boost of self-esteem and help students reach high standards," said Ed Walsh, deputy press secretary at the U.S. Department of Education.

Spelling bees find place in pop culture

LINCOLN, R.I. (AP) — When school district officials canceled their annual spelling bee, what emerged was an eight letter word for controversy — b-r-o-u-h-

Suddenly, local newspapers started receiving letters urging a reversal of the decision. Talk radio picked up the story, and school and community leaders got phone calls and e-mails.

"I was surprised by all the attention," said new schools superintendent John Tindall Gibson, who soon reinstated the bee.

But national educators and spelling bee coordinators weren't. They said the mini-outcry was another example of the popularity of bees which have expanded substantially over the past decade and have been celebrated in film, television, books and theater.

"It's like apple pie in America," said Paige Kimble, director of the Scripps National Spelling Bee, the nation's largest and most prestigious bee. "Bees are just part of the school experience."

The Lincoln School District dropped the bee initially because of concerns that it was damaging to children who lost and it did not meet the goals of the federal No Child Left Behind Act. Parents argued that the bee taught proud study habits and provided students who might not excel in sports or theater a place to shine in front of their peers.

Many people in education agree which may be contributing to the bee's sustained growth despite budget woes that have landed many extracurricular activities on the chopping block.

"Spelling bees can boost self-esteem and help students reach high standards," said Ed Walsh, deputy press secretary at the U.S. Department of Education.

"I want schools to incorporate creative ways to teach students."

The 70th annual National Spelling Bee, which will take place in Washington from May 31 to June 2, will have more participants than ever. At least 271 children from all 50 states and several other countries are expected to attend.

Kimble said that since the 1980s, participation has more than doubled in the national bee. She credits the popularity to contemporary television dramas and unpredictability.

"They're like apple pie in America. Bees are just part of the school experience."

— Paige Kimble, director of the Scripps National Spelling Bee

Springfield Middle School in the Rhode Island state-wide spelling bee this month. "Even if you don't win, you've learned a lot."

The English language, with its complex word construction and bendable rules, makes spelling particularly difficult. Kimble said "All it takes is one letter and you're out," she said. "There's nothing like it in sport."

That drama was a big reason why ESPN began to air the national competition live in 1994. Kimble credits the sports network's decision to boosting the bee's popularity.

"It got the ball rolling," Kimble said. Since then, spelling bees have been the focus of the Academy Award-nominated documentary "Spellbound" and the current off-Broadway musical hit "54th Annual Putnam County Spelling Bee."

Bees are also the subject of two movies expected to be released later this year. One, based on the best-selling novel "Bees on the Edge" by author Gene Steinhilber, stars Richard Gere. The other, titled "Akeelah and the Bee," stars Angela Bassett and Laurence Fishburne and tells the story of an inner-city girl's journey to the national bee.

ESPN spokesman MacNwaha said the appeal of bees is obvious: competition.

"It was really television before you really saw reality television," he said. "These kids come from all walks of life, and they have great spirit."

For example, Nwaha asked, who can forget 13-year-old Rebecca Sealton of New York City who euphemistically spelling the word that earned her a National Spelling Bee victory in 1997? The home-schooled girl selected each vowel, and consonant in the word "eunonym," then pumped her fists in the air and screamed again.

"It's your best unscribed moments," Nwaha said.

Interslate Amusement Movies
Historic Orpheum
Twin Cinema 12
The Ring Two
Phantom of the Opera

Jerome Cinema 4
Robota
The Ring Two
Hitch
Curious George
Million Dollar Baby
Oceania

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POSTAGE
Now at the Orpheum Theatre
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Repair for the Adventure of a Lifetime
ROBOTS
Now at the Twin & Jerome Cinema

Spring Break Malinees In Twin Falls & Jerome
Big Things Happen to Those Who Dream Big
Ice Princess
Now at the Twin Cinema
Fear Comes Full Circle!
The Ring Two
Now at the Twin & Jerome Cinema

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Bride & Prejudice
Now at the Odyssey 6 Theatre
RACING STRIPES
All Seats Only \$1.00 Every Day
Now at the Twin Cinema
TOM HANKS
THE POLAR EXPRESS
All Seats Only \$1.00 Every Day - Now at the Twin Cinema

Scorpio: Keep your cool today

IF MARCH 21 IS YOUR BIRTHDAY: As the incoming Cole Porter sang, "You're the Top," and pals may equate your charms to the Louvre museum or the Coliseum in the year ahead. You are sitting at the height of success now, as well as in July and December, so you could meet your destiny in the form of Mr. or Ms. Right — or make your mark in the career department. In late July or early August, demands could test your character, but other than that, you have smooth sailing in 2005.

HOROSCOPE
Jeraline Saunders

ARIES (March 21-April 19): When love doesn't go as expected it is best to throw your energies into business and calculate extra dollars may save your suit so search for helpful contacts to pave the way to riches.

TAURUS (April 20-May 20): Recent abrasiveness of the Sagittarius compass may indicate that it is time to play it cool. A more cautious approach and a diplomatic demeanor will serve your purposes well.

GEMINI (May 21-June 20): A major change of opinion or an exciting brainstorm could stir up the day and place you in temporary opposition with a valuable ally. Let common sense be your guide for the best success.

CANCER (June 21-July 22): Fill the ground running where finances are concerned. There is a brief period today when head and emotions are in perfect harmony and you can make sensible, practical and intelligent decisions.

LEO (July 23-Aug. 22): Even if you expect to be treated in a royal way it is best to set a good example by treating those loyal subjects with concern. Your common sense where finances are concerned is better than acting whims.

VIRGO (Aug. 23-Sept. 22): You may be called upon to dig deep into your pockets to find

money to share. Make sure you get things off flat in business deals but where personal generosity is required act big hearted.

LIBRA (Sept. 23-Oct. 22): Find a congenial companion to share your joys so that all that excess energy has a suitable outlet. During the next few days you may need to concentrate on business and work on your own.

SCORPIO (Oct. 23-Nov. 21): Big passions standing out like a red hot fuse will only trip you up and set off alarm bells. Remain cool, guarded and professional when dealing with others to meet with the highest level of success.

SAGITTARIUS (Nov. 22-Dec. 21): Incision could be a good thing at this juncture, so let others get a feel for your attitudes while you remain sensitive to theirs. Get more organized about finances and economize where possible.

CAPRICORN (Dec. 22-Jan. 19): Saturn, the planet that confers discipline, is in third house today and this can mark the beginning of the end for long-standing problems. Keep your ear to the ground for helpful news.

AQUARIUS (Jan. 20-Feb. 18): Spur-of-the-moment conversations make the day exciting, but acting on new ideas could upend the day. Where money is concerned, remember it was the tortoise that won the race.

PISCES (Feb. 19-March 20): Conflict disappear as attention shifts to vibrant new contacts. Welcome new ideas and find ways to incorporate them into traditional situations. Avoid taking drastic measures without forethought.

Web sites keep tabs on language

No book, periodical or wood-pulp-based dictionary can expect to keep up with the flurry of newly minted terms that surface in the zeitgeist or bioglossphere daily. The only hope you have is to head to the Web, where scores of sites monitor our ever-changing language.

Nowadays included are "blog" (an online journal or diary) and "webinar" (a seminar on the Web). In the aftermath of a bitterly contested presidential election, "blue states/red states" made headlines as did the phrase from the realm of presidential politics that got the most nominations — "and I approve this message." Pop culture was no slouch in spinning hot phrases that the list would like to cool off. The Donald's "You're fired," hip-hop's "tizzle-speak" and last year's Super Bowl "wardrobe malfunction" are among the dubious honorees.

Started by Lake Superior State's public relations director to get attention for the university, the list this year also includes "body wash." The comment accompanying that entry reads, "also known as soap."

