

GOOD MORNING

WEATHER
Today: Get ready for a midweek scorcher. High 97, 65.
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IDAHO
RICO lawsuit: Canyon County is suing businesses over hiring of illegal immigrants.
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MONEY
Bright future: Gooding trailer plant is abuzz.
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FOOD & HOME
It's in the cards: There's a world of flavor in Swan and Mary Javors' recipe box.
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Midway Classic: The 2005 All-star game was held Tuesday night.
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Pu-238 problems: New mission at the Idaho National Laboratory raises more concerns, today's editorial says.
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Wood River Valley trails offer a good start for all levels of biking.
Thursday in The Times-News

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Police: Duncan stalked family

Prosecutor files murder charges against suspect

North Dakota businessman helped Duncan post bail.
See page B4

By Nicholas M. Gernasio
Associated Press writer

told his young prey that he had driven around her neighborhood looking for children, according to court documents released Tuesday.

stalked their home for days, using night-vision goggles to learn its layout before bursting in, subduing their family with a shotgun and a hammer, and abducting the siblings.
The new details of the gruesome attack were in the minutes and in a recording of a closed-door probable-cause hearing before First District Magistrate Judge Scott Wayman on Tuesday, as Duncan was charged with first-degree murder and first-degree kidnapping in the bludgeoning deaths of

three people in the family home.
Duncan is expected to face federal charges in Dylan's death, as the boy's remains were found across state lines in Montana.
According to the minutes, Detective Brad Masket told the judge: "She described how Duncan told her he drove around looking for kids, saw her outside, ... He told her he watched her two or three days and at night would peer inside
Please see DUNCAN, Page A2

'Choking game' likely led to death of Idaho boy

By Rebecca Boone
Associated Press writer

BOISE — A 10-year-old boy who died after hanging himself from a tree is apparently the second Idaho youth killed while playing a choking game.
The Fremont County sheriff's office said Dalton Eby apparently was playing a game known as the "pass-out game," trying to cut off the oxygen supply to his brain to achieve a type of "high."
The boy's mother reported him missing last Thursday night when he failed to return home after visiting a friend. Search and rescue crews found his body Friday, hanging from a tree near his Island Park home, the sheriff's office said in a statement.
Dalton was found with the rope looped around his neck," the sheriff's office said.
"There was no sign of a struggle, nor was there any physical evidence to indicate anyone else had been at the scene."
The statement added, "During the course of the investigation it was learned that there is a game that is common knowledge to many of our youth. A game known as the 'pass-out game,' the 'fainting game,' the 'hanging game,' or the 'something drowning game' — to name a few," the release said.
Dalton's parents had never heard of the game, and
Please see CHOKING, Page A2

Water order impacts hatchery, lake



Steelhead smolts wait to have their adipose fin clipped to mark them as hatchery fish at the Magic Valley Steelhead Hatchery in Buhl on Tuesday. The recent Clear Springs Foods Inc. water order may decrease flows at the hatchery.

Recommended move could have unintended consequences

By Michelle Dunlop
Times-News writer



BUHL — For every action, there is an equal and opposite reaction — even in the world of water.
As a recent water order's effects trickle down, its impacts may land in surprising places, like a convenient fishing hole or a hatchery raising endangered fish.
Crystal Lake and Magic Valley Steelhead Hatchery could see less water as the result of an order issued by the director of the Idaho Department of Water Resources. On Friday, Director Karl Dreher responded to a call for water delivery made by Buhl-based Clear Springs Foods Inc. If executed, the order could reduce water at both the lake and hatchery, said a department spokesman Tuesday.
"There is a potential effect there," said Michael Keckler, of Water Resources. "Just how much, we don't know."
In May, Clear Springs petitioned the department to take action that would fill the trout producers water rights at two of its four fish farms. The company cited a 30 percent decline in historic flows. With priority dates of 1955 and 1969, Clear Springs water rights are senior to many groundwater pumps in the Thousand Springs area, Water District 130.
Groundwater users with rights junior to Feb. 4, 1964,

could face curtailments in order to restore flows to Clear Springs' Snake River Farm. But, groundwater pumpers aren't the only water users that might be affected by Dreher's order.
Rather than implementing groundwater pumping curtailments to benefit the company's Crystal Springs Farm, Dreher suggested that Clear Springs improve its collection system. In doing so, Clear Springs could capture water going to the Magic Valley Steelhead Hatchery, 3,000 feet away.
The hatchery is staffed by the Idaho Department of Fish and Game, but, federally funded through the Lower Snake River Compensation Plan — a plan that mitigates fish and wildlife losses due to the construction

and operation of four dams on the lower Snake River. Magic Valley Steelhead Hatchery raises young steelhead, called smolts. Steelhead is a species considered threatened on the runs of the Snake River.
Decreases in natural flows at the hatchery already impacted smolt production, said Rick Lowell, hatchery manager.
"We have cut back 25 percent in our production," Lowell said.
Tom Rogers, fish hatcheries supervisor for the state, says the agency has been able to shift the production of 100,000 steelhead smolts to another hatchery. However, if production at the Magic Valley Steelhead Hatchery dips lower, Rogers isn't sure that the state will be able to source produc-

tion elsewhere.
Fish and Game releases the smolts raised at the Magic Valley Steelhead Hatchery in the Salmon River drainage upstream from Clayton. The return of adult steelhead to the areas is monitored.
In an interview with The Times-News on Monday, Randy MacMillan, vice-president of research and environmental affairs of Clear Springs Foods Inc., acknowledged that not only the Magic Valley Steelhead Hatchery but also Crystal Lake will be impacted by the director's order, calling the impacts unintended consequences of the company's order.
Crystal Lake's convenience and the large number of donated fish for stocking have made the lake a rainbow trout fishing hot spot of late, said Doug Megargle, regional fishery manager for Fish and Game.
"In the past year, it's been tremendously popular," he said. "It's a nice, easy place to get to."
Depending on the amount of decrease in flows the lake experiences, Crystal Lake could see negative impacts such as a drop in temperature, Megargle said.
Clear Springs is expected to ask Water Resources for a hearing under the director's order.
Times-News reporter Michelle Dunlop can be reached at 725-3237 or by e-mail at mdunlop@magicalvalley.com.

GOP goes on offense in defense of Rove

The Washington Post
WASHINGTON — Republicans mounted an aggressive and coordinated defense of Karl Rove Tuesday, contending that the White House's top political adviser did nothing improper or illegal when he discussed a covert CIA official with a reporter.
With a growing number of Democrats calling for Rove's resignation, the Republican National Committee and congressional Republicans sought to discredit Democratic critics and knock down allegations of possible criminal activity.
"The angry left is trying to smear" Rove, RNC Chairman Ken Mehlman, a Rove protégé, said in an interview.
A federal grand jury is investigating whether anyone in the Bush administration unlawfully leaked the name of a CIA official, Valerie Plame, to news reporters through the White House, as previously said Rove was not
Please see ROVE, Page A2

Are we there yet? Busy families find outdoors time for kids

The Associated Press
ELDORADO SPRINGS, Colo. — Alex Katschie hopped out of her mother's SUV after the drive from nearby Denver, ready to join her friends for a hike through Eldorado Canyon near Boulder.
Though not as fancy as her friend's new hiking boots, her white tennis shoes should work just fine, her mother explained. She frowned as her mother wiped snotan lotion on her face, then made an outdoor stop before bouncing off to join four other children ransacking an oddly shaped rock on the

creak bank.
The hike was organized by a branch of the Colorado Mountain Club that caters to young families who believe an active lifestyle doesn't have to take a back seat once kids come along.
"I thought it does take more planning, gear and patience."
"With kids, you have to keep their minds going and keep them focused on something, otherwise they're going to lose interest pretty quick," Alex's mother, Cheryl Katschie, said as she adjusted her own backpack and picked up



Mark Fahay, left, Britni Rockwell, and Rich Rockwell, right, lead the way as members of the Colorado Wilderness Kids Trail in the Rattlesnake Gulch Trail in Eldorado Canyon State Park in Colorado, on May 21. The hike was organized by Colorado Wilderness Kids, a branch of the Colorado Mountain Club that caters to young families who say an active lifestyle doesn't have to take a back seat once kids come along.

TWIN FALLS FORECAST

Today: Prepare for a mildweek stretch. Highs up to 90s. Tonight: Mostly clear, breezy and mostly dry. Low in the middle 50s. Tomorrow: Hot, partly sunny and mostly dry. Highs low to middle 90s.

BURLEY/RUPERT FORECAST

Today: Extremely hot and sunny today. Highs middle to upper 90s. Tonight: Pleasant with a nice breeze developing. Lows up to 50s. Tomorrow: Another hot day. Breezy and partly cloudy. Highs low 90s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS. Breezy conditions will develop all times today and tomorrow, taking the edge off the heat. Precipitation will remain elusive for the area all week with warm temperatures persisting.

BOISE In planning to work or play outdoors today, be sure to take care for lots of sunshine and heat. Be sure to drink plenty of water and keep the sun off your face. Keep an eye on outdoor pets.

NORTHERN UTAH Scorching temperatures will prevail. Early sunshine is expected to allow the way to afternoon clouds, but precipitation is unlikely.

Yesterday's Low

Boise	57	Twin Falls	54	Idaho Falls	53
Butte	55	Coeur d'Alene	54	Gregg	53
Madison	54	Moose	53	Nampa	52
Pocatello	52	Shoshone	51	Teton	50

Yesterday's State Average: 100 at Boise. Low: 38 at Starley.

TWIN FALLS FIVE-DAY FORECAST

Today	Tonight	Thursday	Friday	Saturday	Sunday	Monday
High 97	Low 65	94/64	90/62	90/58	85/58	

ALMANAC - TWIN FALLS

Temperature	Precipitation	Humidity	Barometric Pressure	Sunrise and Sunset	Pollen Count
Yesterday's Low: 54	64" Month to Date	62%	Yesterday's Maximum: 17%	Yesterday 5:07 P.M.	Thursday 5:07 P.M.

Moon Phases

Jul 14	Jul 21	Jul 28	Aug 5

REGIONAL FORECAST

City	Today	Tomorrow	Friday
	Hi Lo	Hi Lo	Hi Lo
Boise	67 48	69 48	78 49
Butte	61 46	61 40	67 41
Idaho Falls	61 46	61 40	67 41
Nampa	61 46	61 40	67 41

Moonrise and Moonset

Thursday Moonrise: 2:16 P.M. Moonset: 12:54 A.M.

NATIONAL FORECAST

City	Today	Tomorrow	Friday
	Hi Lo	Hi Lo	Hi Lo
Albany, N.Y.	62 80	62 80	71 78
Albuquerque, N.M.	92 66	92 66	92 66
Anchorage, Alaska	72 56	72 56	72 56
Atlanta, Ga.	77 64	77 64	82 69

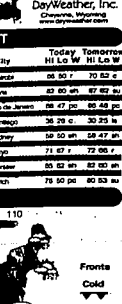
U.V. INDEX

Low Moderate High

WORLD FORECAST

City	Today	Tomorrow	Friday
	Hi Lo	Hi Lo	Hi Lo
Amman, Jordan	82 60	82 60	82 60
Ankara, Turkey	82 60	82 60	82 60
Antananarivo, Madagascar	82 60	82 60	82 60
Ashgabat, Turkmenistan	82 60	82 60	82 60

Today's National Map



CRACKER MANUFACTURER'S CHOICE OF IT'S OWN!

The measure of a man's real character is what he would do if he knew he would never be caught.

CANADIAN FORECAST

City	Today	Tomorrow	Friday
	Hi Lo	Hi Lo	Hi Lo
Calgary	63 43	60 41	61 43
Edmonton	63 43	60 41	61 43
Halifax	63 43	60 41	61 43
Manitoba	63 43	60 41	61 43

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Rove

Continued from A1

involved in the episode, a recently disclosed internal Time magazine e-mail shows that Rove mentioned Plame, albeit not by name, to reporters in recent days. Instructed GOP legislators, lobbyists and state officials to accuse Democrats of dirty politics and argue Rove's guilty of nothing more than discouraging a reporter from writing an inaccurate story, according to RNC talking points circulated Tuesday.

Outside

Continued from A1

her hiking poles. Experts say introducing children to the outdoors early instills confidence, respect and respect for the environment. Plus, it's fun. "I think it's great to expose kids to outdoor activity, but you just need to modify your activity when they're young," said Dr. Matthew Daley, a Denver pediatrician, avid hiker and father of two boys.

Correction

DealerShip address was incorrect. A story in Tuesday's newspaper about an Urban Renewal grant contained an incorrect address for Lake City International Trucks Inc.'s Twin Falls dealership. The correct address is 269 South Ave. W. The Times-News regrets the error.

The Times-News Information Line

735-3350

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Choking

Continued from A1

neither had the parents of his friends, the sheriff's office said. That was also the case three months ago in Nampa, where 14-year-old Chelsea Dunn was found dead after apparently hanging herself in her closet. A police investigation into her death was inconclusive, but Dunn's family believes she died accidentally while playing the game, which was popular with a group of girls at her East Valley Middle School.

Duncan

Continued from A1

the death penalty. State kidnaping charges against Duncan in the abduction of Shasta and her brother will be dismissed, says Attorney Bill Douglas said at a news conference Tuesday. Those crimes will be handled by the federal court system because the youngsters were taken across a state line after their abduction, he said. Duncan likely will appear in court here Wednesday when the state charges against him and to have bail set. Douglas will file with the court that Duncan be held without bail since his July 2 arrest.

Choking

Continued from A1

Young teens and children lack the maturity to understand the meaning of those red lines, but can be fatal, said Connecticut-based child psychologist Dr. Lawrence Shapiro, the author of "Lullaby for the Mad-Dren: How to Understand What Your Kids are Really Saying."

Duncan

Continued from A1

Under federal law, a kidnapping charge results in a death punishable by death, said spokeswoman Jean McNell of the U.S. attorney's office in Boise.

Choking

Continued from A1

he said earlier this year, after being charged with molesting a 6-year-old girl. Police in North Carolina, where Duncan lived, had been looking for him since he failed to check in with a probation agent there in May.

Choking

Continued from A1

He said that results in a death punishable by death, said spokeswoman Jean McNell of the U.S. attorney's office in Boise. "Ultimately I expect we'll bring a battery of charges," O'Neil said. "But we're not a Harry. He's going to stay in state custody and they're going to deal with the murder charges in Couer d'Alene first, so we've got to wait."

Duncan

Continued from A1

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NASA: Discovery is ready to fly

Thunderstorms threaten delay

CAPE CANAVERAL, Fla. — With the countdown to entering its final hours, NASA declared space shuttle Discovery ready to return the nation to space, and the families of the full Columbia astronauts gave their blessing Tuesday.

Thunderstorms, however, threatened to delay the space agency's comeback from the 2003 Columbia disaster. The forecast deteriorated slightly, with the chances of acceptable weather at Wednesday's launch time put at 60 percent, and a more sizeable cloud was spotted near the shuttle landing strip.

Discovery and its crew of seven were set to blast off at 1:51 p.m. EDT. The last few technical concerns were resolved Tuesday afternoon at one final launch review by NASA's managers.

"It is utterly crucial for NASA, for the nation, for our space program to fly a safe mission," NASA Administrator Michael Griffin said on the eve of the launch. "We have done every-



U.S. Air Force Sgt. Kelly Godeby checks the activity around the Air Force weather desk at the press site at Kennedy Space Center in Cape Canaveral, Fla., Tuesday. The weather television shows the present cloud cover over Florida, the thing that we know to do."

Judge makes decision in Attica uprising settlement

ROCHESTER, N.Y. — Thirty-four years after the deadly prison uprising in the nation's history, a federal judge proposed a formula Tuesday for dividing a

\$12 million settlement among survivors and relatives of prison employees caught in the violence at Attica.

About 150 claims were submitted after New York state made a settlement offer this year to Forgotten Victims of Attica, a group representing state employees killed, wounded or

taken captive during the four-day ordeal in 1971.

Two families that lost loved ones receive the biggest awards, \$550,000 each, while the families of eight severely wounded men will receive \$500,000. The smallest awards, \$100,000, will go to those held hostage who didn't suffer significant injuries.

Hurricane Dennis victims deal with heat, no power

GULF BREEZE, Fla. — The outlook was improving Tuesday along the storm-battered Gulf Coast, where signs of normal life were everywhere just two days after Dennis pummeled the region. Power was starting to come on, stores were opening their doors, and lines for ice and water were getting shorter.

Gulf Power spokesman John Hutchinson said fewer than 200,000 homes and businesses were without power in Florida on Tuesday — a marked improvement from a day earlier. Most of those still without power were in Florida's two westernmost counties, Escambia and Santa Rosa. Hutchinson said the company would likely have 95 percent of the power back on within a week — except on Santa Rosa Island.

— compiled from wire reports

Guard chief says the danger faced by soldiers in Iraq is exaggerated

WASHINGTON (AP) — The dangers faced by American troops in Iraq have been exaggerated, adding to the difficulty of recruiting soldiers at home, the Army general in charge of National Guard forces said Tuesday.

"The casualty rate for Guardsmen is low compared with any previous armed conflict," said Lt. Gen. Steven Bitan.

He said he recognizes that every death is a tragedy for that person's family. "But I lose, unfortunately, more people through private automobile accidents and motorcycle accidents over the same period of time," he added.

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Survey says hormone pills don't prevent menopausal symptoms

CHICAGO (AP) — Judy Smith says she had five blissful years without hot flashes while participating in a landmark study of hormone supplements. But then she quit taking them after results showed the pills could cause more harm than good.

The symptoms returned for Smith — and many other participants in a new survey, suggesting that the pills might postpone but not prevent menopausal symptoms. "You can't necessarily expect to just skip that stage" by taking hormones, said Dr. Judith Oakone of the University of Massachusetts Medical School, the survey's lead author.

The survey, which appears in Wednesday's Journal of the American Medical Association, also found that menopause

symptoms can last longer than many women thought. More than one-third of women who reported symptoms after stopping the study pills were in their 60s and 70s — at least 10 years older than the average age of menopause.

Researchers conducting the Women's Health Initiative study said in July 2002 that estrogen-progestin pills sold as Prempro could increase risks for heart attacks, breast cancer and strokes. Hormone supplements once were prescribed for millions of women for menopausal symptom relief and other aging ills. Use plummeted after the Women's Health Initiative released its results.

The long-standing belief has been that symptoms subside a few years after women have their

last period and that taking hormones might help women avoid symptoms, although strong scientific evidence about the duration has been lacking, Oakone said.

Researchers, she said, "would have assumed that 5.5 years, which is the average length in this study, would have been enough time to see them not return."

Smith, of Fitchburg, Mass., said she started having menopausal symptoms at age 49, with hot flashes so severe that they steamed up car windows. They disappeared during the study.

"Within a month they were back again. Not quite so bad, but I still woke up at night with a good one," Smith, 73, said recently.

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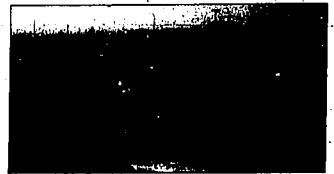
The Twin Falls Public Library Foundation wishes to thank the Twin Falls Community for celebrating



on its visit to Twin Falls on July 6.

Thousands of people jammed the streets of Historic Downtown, cheered the racers as they crossed the finish line, talked with the drivers and navigators as they showed their cars along Main Avenue, and wished them a safe and speedy journey as they left Downtown that night.

Thanks to this generous community spirit and hospitality – and the support of the following sponsors – the Library Foundation will receive a \$10,000 donation from the Great Race and Twin Falls is named a “Great American City” as the best overnight stop for the Great Race 2005.



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WORLD

BULLED OVER



A reveler is pushed over by a young bull in the bullring after the bull run through the streets of Pamplona, Spain, on Tuesday. Spain's most famous fiesta, the San Fermín bull-running festival, was popularized internationally by Ernest Hemingway's 1926 novel 'The Sun Also Rises.'

Police probe fate of London bombers

LEEDS, England — Police are investigating whether four attackers — possibly suicide bombers — died in last week's London subway and bus explosions and have arrested one suspect after a series of raids Tuesday in Leeds, a northern city with a strong Muslim community.

At least three of the suspected bombers came from the West Yorkshire region, which includes Leeds, said Peter Clarke, head of the Metropolitan Police anti-terrorist branch.

Closed-circuit TV video showed that all four had arrived at King's Cross station by 6:30 a.m. on Thursday, about 20 minutes before the blasts began that killed at least 52 people, Clarke said.

Meanwhile, the BBC reported that explosives were found in a car at a rail station in Luton, 30 miles north of London. Police said earlier they carried out a controlled explosion on a car that was parked at the station and believed linked to the attacks. Metropolitan Police officers from London examining the car carried out the controlled explosion, Bedfordshire police said.

In a Scotland Yard news conference, Clarke said police had strong forensic and other evidence "that the man believed to have carried a bomb onto the subway train that exploded between the Aldgate and Liverpool Street stations died in the blast, and they were awaiting confirmation from the coroner. Police were trying to determine whether the other three also died in the explosions.

Police, who had been saying there was no evidence of suicide bombings, indicated that there had been a breakthrough in their inquiry.

Bomb kills one, wounds Lebanon defense minister

BEIRUT, Lebanon — A car bomb blasted the motorcycle of Lebanon's outgoing pro-Syrian defense minister Tuesday, wounding him and killing one person in an attack that deepened fears of increasing violence.

Murr was driving his own car in his motorcycle through the

World in brief

northern Nagash district — a neighborhood of embassies and diplomatic residences — when a van packed with up to 132 pounds of explosives detonated next to it.

The blast knocked a crater in the pavement, shredded one vehicle in the motorcycle and damaged several others. The attack vehicle was hauled over a stone wall into a nearby village. Murr staggered out of his damaged vehicle, bloodied and leaning on passers-by who rushed to help, witnesses said. Twelve other people were wounded and one charred body was removed from one of the cars.

Iraqi official rejects timetable for withdrawal

BAGHDAD, Iraq — Iraqi troops are ready to take control of some cities as a first step toward sending home American and other foreign soldiers, Iraq's prime minister said Tuesday. But he rejected any timetable for a pullout.

Underscoring the ongoing security crisis, gunmen killed four Iraqi human rights activists in Baghdad, a car bomb killed at least three people in the northern city of Kirkuk, and a U.S. soldier died of wounds suffered in a land mine explosion.

Prime Minister Izzat al-Maliki warned against setting a timetable for foreign troops to leave "at a time when we are not ready" to confront the insurgents.

But he said security in many of Iraq's 18 provinces — notably in the Shiite south and the Kurdish-controlled north — has improved so that Iraqi forces could assume the burden of maintaining order in cities there.

"We can begin with the process of withdrawing multinational forces from these cities to outside the city at a first step that encourages setting a timetable for the withdrawal process," al-Maliki said at a news conference with U.S. Deputy Secretary of State Robert Zoellick.

— compiled from wire reports

Hospital blaze claims at least 18

SAN JOSE, Costa Rica (AP) — A pre-dawn fire swept the top floors of a hospital in Costa Rica's capital Tuesday, killing at least 18 people as it engulfed the central staircase of a building without adequate fire exits or a sprinkler system.

Medical personnel smashed their way through windows as they tried to help patients escape, while some of the sick fled on their own. People could be seen on live television climbing onto ledges of the five-story building or tying bed sheets to window frames to lower themselves to safety.

One of the victims was identified as nurse Patricia Fallas,

42, who was helping patients evacuate the fifth floor when she died of smoke inhalation. She was holding a lit flashlight when her body was found. Fire Chief Hector Chavez said.

The fire — the second this year at the 62-year-old Calderon Guardia Hospital — raised questions about safety precautions in other medical facilities throughout the Central American country.

The 2:20 a.m. blaze broke out on the fifth floor and quickly spread, consuming the top three stories until it was brought under control three hours later, the fire chief said.

Modern prince, bachelor takes throne of Monaco

MONACO (AP) — Prince Albert II accepted to the throne Tuesday of a 700-year-old dynasty, a bachelor prince coming into his own as a modern ruler who wants to clean up the image of his Riviera tax haven and has unblushingly acknowledged fathering a child.

After a lifetime in the shadow of his father Prince Rainier III,

who died in April, Albert emerged as an assured leader in his first speech to his subjects, hours after a solemn Mass to mark his ascension to the throne.

Albert outlined plans to promote the banking industry in the principality and stressed that money laundering would not be tolerated.

Extremist admits to killing filmmaker

AMSTERDAM, Netherlands (AP) — The Muslim extremist on trial for the slaying of filmmaker Theo van Gogh admitted his guilt in court Tuesday, declaring he acted out of religious conviction and would do it again if given the chance.

Mohammed Bouyeri also turned to Van Gogh's mother, Anneke, in court and told her:

"I don't feel your pain." "I can't feel for you because I think you're a non-believer," he said.

Bouyeri, 27, faces life imprisonment in the Nov. 2 killing of Van Gogh, who was found shot and stabbed. He has not mounted a defense.

"I did it out of conviction," Bouyeri said. "If I ever get free, I would do it again."

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EDITORIAL

INL plutonium mission needs more disclosure

All goes as planned, Americans will look to the heavens today and see Space Shuttle Discovery roar once again into the deep beyond.

government users. Under the new proposal, the INL would be the one-stop location for all three stages.

Learn more about it

Public meetings about the proposed consolidation of plutonium operations are planned for the following dates and locations:

July 20 - Sun Valley, Sun Valley Inn
July 27 - Twin Falls, CSI, Taylor Room 276
July 28 - Coles, Red Lion Hotel Downtowner

By producing 11 pounds of waste a year, the INL will have approximately 20 cubic feet of radioactive waste

INL officials are confident the waste will go to the Waste Isolation Pilot Plant near Carlsbad, N.M. But they have no guarantee, since all WIPP waste must be declassified.

What about concerns expressed by the Defense Nuclear Facilities Safety Board in regard to contamination filters, and workers handling Pu-238?

How far does a national security mission go? Assurances that the material won't be used in defense weapons are rather tepid

The Times-News

Brad Hurd... Publisher Chris Steinback... Editor
The members of the editorial board and writers of editorials are Brad Hurd, Chris Steinback, Steve Crump, Eleanor Burkhardt, Ramona Jones and David Cooper.

Write to us

The Times-News welcomes letters from readers on subjects of public interest. Because of space constraints, please limit letters to 400 words.

with false names will be permanently barred from publication. Letters may be brought to our Twin Falls or Burley office; mailed to P.O. Box 548, Twin Falls, ID 83303; faxed to (208) 734-8530; or e-mailed to letters@timenews.com.

When fear stalks, just tune out

Tony Blair was as eloquent as ever when he faced the press at the G-8 summit meeting Friday, but what was most impressive was what he didn't say.



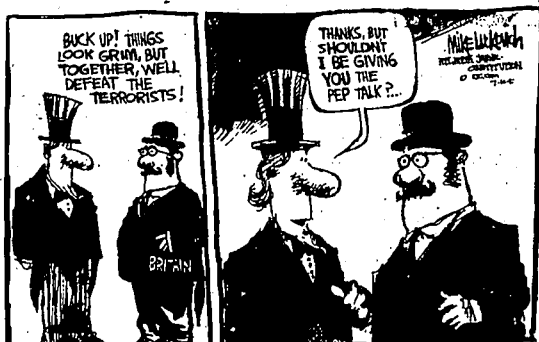
JOHN TIERNEY

Instead of giving murderers publicity on worldwide television, he talked about poverty in Africa and global warming.

Where will this waste go? It could be a definite answer for this proposal is to have any chance of taking.

Television and print editors rushed to assign what is known in the business as the "Fear Stalks" story as in "We need a Fear Stalks suburban bus riders."

I don't mean to minimize the bloodshed in London. I lived in New York in 2001 and later in Baghdad during months of car bombings.



I could have written a Fear Stalks story about myself as I walked home from the subway the evening after the spree began.

It was inconvenient because politicians like to promise a cure for any problem in the news, especially if the cure means dispensing money to constituents and campaign contributors.

look more like a small group of loosely organized killers who are less like an army than like lightning bolts - scary but rarely fatal.

It may seem cold-blooded to think in probabilities after a tragedy, but contemplating those odds made my walks home a lot easier during the snipers' spree.

Washington obviously has a role in hunting terrorists and protecting the borders, but it can't stop small-scale attacks like the ones in London.

Subway riders like me in Washington and New York want to pay for better security in the hope that terrorists will attack someone else instead, we should pay for it ourselves.

But I think that we'd be better off reconsidering our definition of victory in the war on terror. Calling it a war makes it sound like a national fight against a mighty enemy threatening our society.

The other strategy that helped in turning off the television whenever the police and politicians held press conferences detailing everything they were doing to protect the public.

Occasionally one of those officials urged people to keep their perspective and go on with life, but there was no one quite like Tony Blair. Instead of promising security at home, he discussed problems overseas he could do something about.

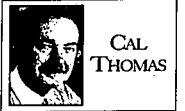
John Tierney is a syndicated New York Times columnist. His e-mail is tierney@nytimes.com.

The affluent roots of global terrorism

PORTSTEWART, Northern Ireland - British politicians and much of the U.K. media are engaged in a familiar Western practice following a terrorist attack.

Many Americans blamed the race riots of the 1960s on racism and unemployment, which contributed to a hopeless, which they said, only equality and prosperity could solve.

Now it is unemployment and hopelessness among Muslims that are the root cause of terrorism. Finding jobs for them so they can drive nice cars, live in upscale flats and attend West End theaters



CAL THOMAS

with "technical and professional" qualifications.

These are not Muslims without a future. These are bright and educated students who, if they wished, could be productive and prosperous members of British society. But many are embracing a false theology and a god who requires them to kill "infidels."

The newspaper reported on leaked Whitehall documents that show "Al Qaeda is secretly recruiting affluent, middle-class Muslims in British universities and colleges to carry out terrorist attacks" in Britain.

No amount of G8 aid to the 'Palestinians,' nor a resolution of the Arab-Israeli conflict, will pacify these current and potential killers.

Not only is the entire non-Islamic world is under their control. This is not the belief of an "Islamophobic" bigot. This is what they say in their newspapers and teach in their schools, and believe in their hearts.

It matters a great deal that most terrorists are Muslims. The sooner Westerners and Western media begin stating what is obvious to most people, the quicker the real root cause can be dealt with.

It matters a great deal that most terrorists are Muslims. The sooner Westerners and Western media begin stating what is obvious to most people, the quicker the real root cause can be dealt with.

More than 25 years ago, then-British Prime Minister Margaret Thatcher famously noted that we in the West make a mistake when we transpose our morality on those who do not share it.

There will be no detente, entente or peace treaty between the forces of darkness and those of light.

It is obvious to most people, the quicker the real root cause can be dealt with. The sooner Westerners and Western media begin stating what is obvious to most people, the quicker the real root cause can be dealt with.

Cal Thomas is a nationally syndicated columnist.

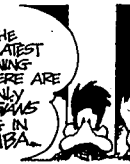
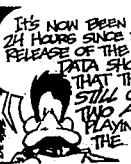
Doonesbury



By Garry Trudeau

Mallard Fillmore

By Bruce Tinsley



LETTERS

Eminent domain ruling shames high court

The eminent domain ruling handed down by our highest court epitomizes the absolute takeover of privately owned property. The confiscation of our houses and land will be implemented by village, city, county or state bureaucracies so long as it is "for the public use."

The court's definition of those words is now all-encompassing. It means that for whatever reason Big (or Little) Brother chooses, you must give up your home. Essentially all private property is now controlled by a government entity. It is the law.

This adulterated judgment was designed with evil intent to destroy another chunk of American culture. It has raised the specter of tyranny in America to a new level.

Given the track record of many of our protectors in Washington, is it surprising that the jackboots fascists are also worn by five Supreme Court justices?

Stephen Breyer, Ruth Bader Ginsburg, Anthony Kennedy, John Paul Stevens and David Souter have trampled on a basic way of life. They have shamed the very institution in which they serve.

They should be impeached. But they will not be. Our congressmen don't have the belly for it.

The law can be changed. Does Congress have the belly for that? Let us hope so.
JACK LINTELMANN
Buhl

Variety of op-ed views enriches the discussion

As a student of history (an avocation) and one with an interest in politics, I have come to the conclusion that one of the most important characteristics of a successful country is the free and open exchange of ideas by its populous. It seems to me that healthy debate from all sides of an issue most often results in better ideas coming to the surface.

As a trained mediator who has a great deal of "practical experience," I find all disputes have more than one perspective.

I also find there is a big difference between discussion

and argument. In an argument, one listens or hears their opponent, and when it is over, no one says, "I can see your point." This doesn't mean that the parties have to agree but that they have heard each other and understand the other's perspective.

With this as a backdrop of my own perspective for your readers, I would like to comment on the recent appearances of op-ed pieces by Thomas Friedman that *The Times-News* has been running.

I find these articles by Friedman have given me a different perspective of globalization and the Muslim problem. After reading some of these articles, I went out and bought Friedman's latest book because I wanted to see a different perspective of the world I live in.

This book is not easy reading, and my various reactions to the book ranged from anger, frustration, "I told you so," to hope.

Reading it gave me a different perspective of my world and on what I was seeing during my recent month stay in the Republic of Kazakhstan. While I was in Kazakhstan, one of the articles in *The Kazakhstan Monitor* on April 22, 2005, was headlined: "Turkman Hit by Library Ban."

reporting on the recent closing of all libraries in the Republic of Turkmenistan, except the National Library in its capital city.

The president of Turkmenistan was quoted as saying that all his people need to read is books written by him.

I applaud *The Times-News* for allowing different perspectives and possible controversial opinions to be printed on its editorial page.

Thank you for doing your job and, in the process, opening up a new perspective for me.
JOHN C. HAIGHT
Twin Falls

Extra effort for fireworks show was worth it

I have watched in vain to see the response from the citizens of Magic Valley on the awe-some fireworks we witnessed on the night of the Fourth of July.

I, for one, was truly impressed with the beautiful

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display we had the opportunity to see. Perhaps, like a lot of things in this modern world, we take too many things for granted.

I want to give special recognition to all who gave or in anyway brought about this spectacular show.

The camaraderie of those all around us, clapping, awing and sighing told me that they, too, were enjoying the evening.

Thanks so much for the extra effort that was made to present our great Fourth of July for us.
ETHEL FERRY
Twin Falls

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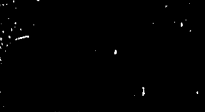
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MAGIC VALLEY/WEST

DEATH NOTICES

Lowell Raymond Smith

GLENNIS FERRY — Lowell Raymond Smith, 60, of Glennis Ferry, died Sunday, July 10, 2005, at his residence. A memorial service will be held at 10:30 a.m. Friday, July 15, 2005, at Summers Funeral Home, McMurry Chapel, in Mountain Home. A reception will follow.

Fern Ambrose

JEROME — Fern Ambrose of Jerome, died Saturday, July 9, 2005, at her home in Jerome. A memorial service will be conducted at 2 p.m. Saturday, July 16, 2005, at the Jerome First Presbyterian Church with the Rev. Ronald Matheny officiating. No viewing is planned. A full obituary will appear in a later edition. Services are under the direction of the Robertson Funeral Chapel in Jerome.

Ruth Delis

HEYBURN — Ruth Delis, 82, of Heyburn, died Monday, July 11, 2005, at Minidoka Memorial Hospital. A funeral will be held at 11 a.m. Saturday, July 16, 2005, at the Little Flower Catholic Church with Father Juan Garatea as celebrant. A gathering will be held from 6 to 8 p.m. Friday, July 15, 2005, with a

rosary to be recited at 7 p.m. Services are under the direction of the Hansen Mortuary Rupert Chapel.

Hortencia Mejia

BURLEY — Hortencia Mejia, a 62-year-old Burley resident, died Monday, July 11, 2005, at her sons' home in Burley. A graveside service will be held at 11 a.m. Friday, July 15, 2005, at Pleasantview Cemetery, with Pastor Benicio P. Sanchez officiating. A viewing will be held from 5 to 7 p.m. Thursday at the Hansen Mortuary Burley Chapel, 321 E. Main St.

Elizabeth Newman

BURLEY — Elizabeth Newman, a 78-year-old Burley resident, died Tuesday, July 12, 2005, at Rosetta Assisted Living Center in Burley. Arrangements will be made by Payne Mortuary in Burley.

William K. Bower

POCATELLO — William K. Bower, 78, of Pocatello, died Wednesday, July 6, 2005, in Pocatello. Arrangements will be made by White Mortuary in Twin Falls.

SERVICES

Roy McDonald of Shoshone, celebration of life at 11 a.m. today at Agape Foursquare Church, 181 Morrison, Twin Falls (Parke's Magic Valley Funeral Home).

William E. Neale of Pocatello, memorial service at 2 p.m. Thursday at the First Presbyterian Church, corner of Seventh Avenue and Lewis Street, Pocatello. The family will receive friends one hour before the service at the church (Cornelson-Henderson Funeral Home).

Norman Wylie Propst of Ketchum, celebration of life at 3 p.m. Thursday at the Presbyterian Church of the Big Wood (Wood River Chapel of Holy).

Eleanor J. Edwards formerly of Boise, service at 11 a.m. Monday at St. Michael's Episcopal Cathedral, 518 N. Eighth St., Boise. A graveside service will follow at 3:30 p.m. at Sunset Memorial Park in Twin Falls.

Marjorie Evelyn Olearin of Twin Falls, memorial service at 10 a.m. Thursday at Parke's Magic Valley Funeral Home, 2551 Kimberly Road.

Court dismisses challenge to Bush administration on roadless rule

DENVER (AP) — After a four-year court battle that overturned a ban on road-building in unlogged national forests, environmental groups buried their sights Tuesday on new rules that could open those areas to logging and other development. The Denver-based 10th U.S. Circuit Court of Appeals dismissed an attempt by environmental groups to restore the Clinton administration's ban, ruling Monday that their appeal became irrelevant when the Bush administration adopted a new rule in May.

The Clinton rule, which put 58.5 million acres of roadless national forests off-limits to logging and other development, had been upheld by the San Francisco-based 9th Circuit Court of Appeals on similar grounds. The state of Wyoming challenged the ban in Wyoming federal court, which was not bound by the 9th Circuit ruling. The Wyoming judge ruled that the Clinton administration overstepped its authority in effectively creating wilderness

areas on U.S. Forest Service lands. The Wyoming Outdoor Council and seven other environmental groups appealed, and on May 5, the day after the 10th Circuit heard oral arguments, the Forest Service issued a new roadless rule to replace the one that had been overturned. "Adoption of the new rule has rendered the appeal moot," a three-judge appeals court panel said. "The portions of the roadless rule that were substantively challenged by Wyoming no longer exist."

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Judge rips agency over lost royalties

WASHINGTON (AP) — The Interior Department was ordered Tuesday by a judge who called it a "pathetic outpost" to admit it can't provide accurate information about lost royalties owed to American Indians.

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In a scathing condemnation of the government's treatment of American Indians, U.S. District Judge Royce Lamberth directed the department to disclose notices in its correspondence saying information provided on trust assets may not be credible.

WHITE Mortuary & Crematory "Cared by the Park"

The notices also are meant to alert people that they may be members of the class-action lawsuit brought by lead plaintiff Eloise Cobell in 1996 on behalf of more than 300,000 American Indians. Under Lamberth's order, the notices must say: "Evidence introduced in the Cobell case shows that any information related to (Indian trust accounts) ... from the Department of the Interior may be unreliable."

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Kenneth Ray Ballantyne

MESE, Ariz. — Kenneth Ray Ballantyne of Mesa, Ariz., entered into Heaven on July 10, 2005, after a courageous battle with Alzheimer's and Parkinson's diseases. Ken was 84 years old. Ken was born on Sept. 21, 1921, in Twin Falls, Idaho, and graduated from Twin Falls High School in 1940. Ken married Louise Campbell, also of Twin Falls, and had a beautiful marriage of 65 years. Ken attended Idaho State University. Ken proudly served his country during World War II, participating as an officer in the Southern Philippine battles. After the

war, Ken served in the Army Reserve until his military retirement and obtained the rank of major. After 25 years with Allstate Insurance, Ken and Louise moved to Eugene, Ore., to be near family and later to Springfield, Ore. In 1990, they relocated to Arizona.

lantyne of Meridian, Idaho. Diana Gierhart of Gilbert, Ariz., Jeff Ballantyne of Minneapolis, Minn., and Curt Ballantyne of Eugene, Ore.; nine grandchildren and five great-grandchildren. He will be greatly missed by all.

Ken was an avid fisherman and hunter for many years and also enjoyed golfing, skiing and traveling. He was active in several volunteer and enjoyed his organization work with Habitat for Humanity and Meals on Wheels.

In lieu of flowers, the family suggests donations be made to the Alzheimer's Foundation in Ken's name. A memorial service was held July 12, 2005, at South-east Valley Baptist Church, Gilbert, Ariz., and interment was held at the National Memorial Cemetery of Arizona.

Ivan A. Squires

BEAVERTON, Ore. — Ivan A. Squires, of Beaverton, Oregon, formerly of Twin Falls, went to be with our Lord on May 6, 2005, at age 81. Mr. Squires was born May 10, 1924, in Kallispell, Montana, during World War II. He served in the U.S. Army. He graduated from Jamestown College and received a master's degree from the University of Montana. In 1949 he married Martha Gray, where Ivan was a social security field representative and where they raised five children. In 1967 Ivan was transferred to Beaverton, Ore.,



where they have since resided. Although the Squires

moved to Portland a number of years ago, they kept in contact with many friends in Twin Falls, where they were both very active in their Church and in the community. Ivan was the choir director here for the Church of the Brethren. Diligent member of the Magic Valley members, a musical theatre group, will remember him as "Bois" in "Cats" and "Billie" in "South Pacific; "Mayor Shin" in "The Music Man" and "Finian" in "Finian's Rainbow." Survivors include his wife, two daughters, three sons, eight grandchildren and two great-grandchildren.

Arnaufo Miramontes

BUHL — Arnaufo Miramontes, 50, of Buhl, passed away July 9, 2005. Arnaufo was born on May 27, 1955, to Nestor and Soledad (Sacido) Miramontes. He married Blanca L. Flores on Oct. 28, 1980. Arnaufo will always be remembered as that working man who enjoyed traveling with his wife, Blanca, to Mexico to visit his mother, and many other relatives. He is survived by his wife of 25 years, Blanca; three children, son, Hector (Aly) Miramontes and their children, Alejandra and Hector Jr.; son, Alonzo Miramontes; and

daughter, Cynthia Miramontes; his mother, Soledad Salcido; five brothers and five sisters. Arnaufo was preceded in death by his father, Nestor, and a sister, Arselita. A Mass of Christian burial will be held at 11 a.m. Thursday, July 14, 2005, at the Immaculate Conception Catholic Church in Buhl, Idaho. Burial will follow at West End Cemetery. Visitation will be from 1 p.m. to 9 p.m. with a rosary recited at 7 p.m. Wednesday, July 13, 2005, at Farmer Funeral Chapel, 130 Ninth Ave. N., Buhl, Idaho.



Marjorie Justice Thomas

HAGERMAN — Marjorie Justice Thomas, born and raised in Hagerman, Idaho, passed away peacefully at the age of 90 on March 29, 2005, at her home in California. Marjorie was born Dec. 16, 1914, the fifth and youngest child of William and Villa Justice. Preceded in death by her

husband of 48 years, Daniel Thomas. Marjorie is survived by her two daughters, Christine Jullis and Danielle Signorella, their husbands, Steve and Jim; six grandchildren and three great-grandchildren, as well as many beloved nieces and nephews and their families. Family and friends are invit-

ed to join in a celebration of Marjorie's life to be held at 11 a.m. Saturday, July 16, 2005, at the Hagerman United Methodist Church. The service will be officiated by Marjorie's niece, the Rev. Eleanor Swoboda, with musical accompaniment provided by granddaughters Diane Bell, Nancy Gossi and Catherine Daily.

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IDAHO

N.D. businessman helped murder suspect make bail

FARGO, N.D. (AP) — A businessman wrote checks for sex offender Joseph Duncan, a \$15,000 personal check to help Duncan make bail after he was charged with child molestation in Minnesota, police say.

Joe Cray of Fargo wrote the check to Duncan on April 5, the same day a Becker County judge set his bail at \$15,000, said Chad Juz, a police investigator in Detroit Lakes, Minn. Duncan had moved to Fargo in 2000 after his flight from a Washington state prison.

A couple of weeks after posting bail, Duncan disappeared.

He was charged Tuesday in Idaho with murder and kidnapping in the bludgeoning deaths

Duncan charged on three murder counts

See page A1

of three family members at their home near Coeur d'Alene State. Kidnapping charges in the abduction of children from the home — Shasta Greene, 8, and Dylan Greene, 9 — were dismissed, to be handled by federal prosecutors.

Duncan was arrested July 2 at a Coeur d'Alene restaurant, where he appeared with Shasta. The body of Dylan Greene was found later near a Montana campground.

Cray, 51, a former executive member of the Fargo-Cass County Economic Development Corp., explained his connection to Duncan in a statement he faxed Monday night to The Forum.

"I was both employed biking on the bike trails in Fargo and we became acquaintances," Cray

wrote to the newspaper. "In my contact with him, I saw him like many others apparently did — he was polite, soft spoken, and seemed sincere in turning his life around."

Duncan was also having financial problems, Cray wrote. "I was trying to help him get things straightened out, just like I have tried to help many others over the years," he told The Forum.

Duncan mentions a "Joe" in a Jan. 30 post to his Web journal, Blogging the Fifth Nail.

"My friend Joe has agreed to take me by the hand financially and show me how to spend my money constructively. Now that is a good friend! I've been out of prison for almost five years now and I'm still living from paycheck to paycheck."

Juz, the police investigator, said a subpoena of Duncan's bank records by the Detroit Lakes police revealed the connection with the Fargo businessman.

N. Idaho group sues to stop plan to route traffic around Sandpoint

SANDPOINT (AP) — A northern Idaho group has sued the Federal Highway Administration and Idaho Transportation Department, asking a judge to halt work on a \$70 million highway bypass around the town of Sandpoint.

The North Idaho Community Action Network says the agencies failed to consider other reasonable alternatives to the Sand Creek Bypass route, which the group maintains will harm downtown Sandpoint's waterfowl and Columbia Basin bird habitat, and wreak havoc on local businesses.

"The project's overall impacts on the area's economic future and on environmental, historic and aesthetic resources have not been considered or disclosed to the public," said Liz

Sedler, director of the grassroots organization.

The lawsuit was filed Monday in U.S. District Court in Boise. The case has been assigned to Judge Edward I. Lodge. Transportation officials had no immediate comment on the complaint, which asks Lodge to declare the plans in violation of the National Environmental Policy Act, and to prohibit the agencies from awarding construction contracts or proceeding with land acquisition until a new study has been completed on the environmental impacts of the plan.

Idaho transportation officials first proposed in the 1950s bypassing the three 90-degree turns that U.S. 95 makes through downtown Sandpoint with a separate route west of the city.

City officials protested moving through traffic so far from downtown businesses.

Plans since that time have focused on siting the bypass along Sand Creek, which rims downtown Sandpoint along the shoreline of Lake Pend Oreille.

The current bypass design would require extending the east shoreline of the creek with dirt and gravel fill about 100 feet into the channel to allow room for the roadway, bike lanes and landscaping.

The state Transportation Department submitted an application Friday to the U.S. Army Corps of Engineers for a permit to dredge sediment from Sand Creek that would otherwise be discharged into the lake when the fill is placed in the channel.

Joseph Duncan

Latah law officer files \$1M suit

He claims retaliation after supporting opponent of sheriff

MOSCOW (AP) — A former Latah County sheriff's officer has filed a tort claim against the county, seeking \$1 million compensation because he says he was forced to leave his job after retaliation by Sheriff Wayne Rausch for supporting a political opponent.

Former sheriff's Lt. Richard D. Kramer has accused Sheriff Wayne Rausch of wrongful discharge, violation of rights, breach of contract, age discrimination, retaliation and intentional infliction of emotional distress in the claim, which was received by county officials Monday.

Tort claims are required by law to be submitted to a government entity for consideration prior to filing a lawsuit in court, Latah County

Commissioner Paul Kimmell said the commission would not comment on Kramer's allegations.

Kramer, a 14-year employee of the sheriff's office, maintains Rausch had a vendetta against him because he supported former Latah County Sheriff Jeff Crouch in an unsuccessful reelection bid in November. Rausch, a Latah County sheriff's sergeant at the time, defeated Crouch to become sheriff.

"During their first face-to-face meeting, the sheriff stated to Mr. Kramer that he could not tell him what he was going to do with him, except that he was not going to fire him as he did not support the litigation right now," according to the tort claim.

Rausch said Kramer resigned from the department and is showing up for work following Rausch's election victory.

"I wish I could tell you more, but I really can't, nor with a pending lawsuit," Rausch told the Lewiston Tribune newspaper.

Kramer maintains that Crouch had approved his request for family and medical leave prior to Rausch's election and that Rausch retrospectively denied the leave and subtracted his absence from his accumulated vacation time and sick leave. His tort claim also says Rausch demoted Kramer from lieutenant to contract patrol deputy, stripping him of all command authority.

Tip of the Week
Dinaa Rolly

Have fun with our geography questions. The latest news releases from Lifestyle Travel & Tourism!

CATSOULS AUCTION

Friday, July 15, 2005

Located: Burley, Idaho • 1726 Miller Avenue
From I-84 Exit 208, go south on Overland to 17th Street, west 2 blocks to Miller, then south to sale site.

Sale Time 1:00pm Lunch served by AJ & Debbie

CAR

1997 Ford Crown Victoria with auto transmission, AC, PL, PW, cruise control, combination entry. This car is in real good condition and only has 79,000 miles.

FURNITURE AND APPLIANCES

2 queen size beds with matching chest of drawers
2 queen lovettes - 2 matching end tables and coffee table - beige leather rocker recliner - wooden display table - VCR - Beta machine - RCA 32" color TV with remote - ottoman - wooden TV stand with 3 shelves
2 matching end table - matching wing back chairs - dietette table with leaf and 4 chairs - matching tall glass hutches with 5 shelves - 3 bar stools - 3 year old Kenmore Frost Free refrigerator with the freezer on the bottom - computer desk - computer chair on wheels - bamboo end table - futon couch - Kenmore heavy duty washer and dryer set - wicker chair - 2 tall home made night stands

ANTIQUE AND COLLECTIBLES

Greek ceramic doll liquor bottles - Swedish copper Ale pitcher with 4 mugs - ceramic teapots - homemade wool hooded rugs - East Lake style ladies writing desk from the 1890's - bustle bench

SHOP AND YARD

Numerous electrical cords - aluminum extension ladder - 6ft aluminum step ladder - small shop mate - clamps - 1/2 hp bench grinder - shovels - hole - takes - electric supplies - 3/4" concrete brick sander - new breaker box (6 spaces, 12 circuits) - soldering wire - Makita hand saw - plastic saw horses - 4 tool boxes - trouble light with interchangeable tool - Romex cable - 2 electric hand drills - 40 drawer organizer box - Shop vac - electric 2 hp chain saw - Black and Decker hand drill - Montgomery Ward 10" radial arm saw on 3 drawer stand on wheels - 3 saw blades - hand brace drill - wood hand drill bits from 1/8" to 1" - like new hand push lawn mower - hammers - several electric hand drills, 1 is a 3/8" industrial Craftsman in case - stud sensor - drill bits - Craftsman power hand saw - plumbing supplies - pipe wrenches - shop vacuum - mallet ball-saw - Sears 1/4 hp table saw - grinding helmet - roof snow removal shovel with 2 extensions - crow bars - voltage meter - caulking gun - nails - screws - socket sets - hand wrenches - wood chisels - screw drivers - levels

MISCELLANEOUS

Motor oil - transmission fluid - Armor All - aluminum trash cans - 500 watt electric typewriter - Christmas decorations - many boxes - 2 ironing boards - glass sets - sand paper - large floor rug - lawn chairs - craft items - lots of patterns - decorative cans - lots of yarn - cassette player radio - wood chest - Singer sewing machine in cabinet - lots of books, some signed - wheat grinder - pasta maker - sausage maker - 2 Kitchen aid mixers - cassettes - CD's - numerous clocks - 4 drawer metal filing cabinet - 2 drawer metal filing cabinet - 2 pans - Tupperware - crock pot - pots and pans - hand mixers - lots of knick knacks - lots of wall pictures in frames - 4 phones - 2 are cordless - some live plants in pots - wooden hat rack - table lamp - and other miscellaneous items

NOTE: Carlene has sold her home and is going to travel and isn't taking much with her. This will be a nice clean sale with lots of good items.

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5

On Bastille Day, vive la difference!

In 1789, the common French citizenry were involved in the French Revolution against Louis XVI, the reigning king. On 14 July — 216 years ago Thursday — they stormed the Bastille, a Paris prison used for housing political enemies and considered a symbol of tyrannical power.

After overpowering the king's guards, seizing a large cache of gunpowder and killing the warden, the revolutionaries began to dismantle the hated structure. Two days later, Louis was forced to recognize the revolutionary forces and cede power to their Republican government.

BO'S KITCHEN Bo Carl

Every year on July 14, the French celebrate Bastille Day, their version of the American Fourth of July. They will throw parades, host carnivals with fireworks displays and basically make merry. For them, this festive day symbolizes liberty, democracy and the struggle against all forms of oppression.

So what does this mean to the average American? A great excuse for a theme party.

What I'm talking about is a potluck gathering or friendly cooking competition, to share and compare the wondrously diverse foods from the land of Napoleon. After all, how often do you get a chance to assemble your friends to sample the intricacies of French cuisine?

French foods are surprisingly diverse, depending on what area you happen to be in. In Alsace — a region in northeastern France with strong German influences — you will find hearty meat dishes, braised with sauerkraut, potatoes and sausage.

Burgundy is a region famous for its red wines. There you'll find meat — usually beef — braised in red wine and garnished with pearl onions and mushrooms. *Boeuf Bourguignon* is a classic example of this style of cuisine.

Bretandy is a coastal region with a fishing heritage. Typically, dinner consists of fish (usually sole) garnished with shells (oysters, shrimp and mussels), mushrooms and truffles. This rich recipe is normally served with a fish stock-based sauce, which involves cooking up to six kinds of fish or shellfish with onions, tomatoes, herbs such as bay leaves, saffron and thyme, then serving the rich, colored liquid with toast and a spicy sauce known as *rouille*, which is either spread on the soup.

The Pyrenees mountains of southern France. Three signature dishes in Basque cuisine all begin with the letter "p." *Piperade* is an omelet with tomatoes, chiles and Bayonne ham mixed in so that it looks more like scrambled eggs. *Piquillos* are sweet red peppers stuffed with either meat or shell and *cabillaud* (cod). *Poulet basquaise* is chicken broiled in pork fat then casserole in a tomato, chile, onion and white wine sauce.

This is just a sampling of what you would encounter if you conducted your own Tour de France — and it's not just restricted to main dishes. Desserts can be equally diverse, as you travel from region to region. Just by traveling a short distance you will go from light pastries and cream puffs, to croques and Galettes (fruits), to soufflés, mousses and parfaits.

Regional French cuisine — *cuisine des regions* or *cuisine campésienne* — literally translates as "country cuisine." The secret to successful regional cooking is the exclusive use of fresh local produce and age-old techniques that have been jealously guarded secrets for many years.



Mary and Swan Jering share lifetime collection of handwritten recipes.

By Dixie Thomas Reale
Times-News correspondent

TWIN FALLS — They were born on different continents and found each other by meandering and circuitous routes. But now that Swan and Mary Jering are together in their golden years, friends and acquaintances can't imagine them married to anyone else.

Swan Jering, born in Sweden in 1908, came to America in 1928 and worked on a dairy farm in Illinois. In 1936 he heard a rumor of jobs in Gooding, picking tomatoes for \$3 a day. Jering and a friend decided to try their luck, packed up and moved from Illinois to Idaho. In Gooding they found that all they could manage to pick in one day was \$1.25 worth of tomatoes.

Jering did odd jobs around Gooding — picking spruce and pitching hay until 1942. He joined the Coast Guard and served with the Seabees in the South Pacific during World War II and survived the battle of Iwo Jima.

After the war, Jering worked summers in mines around Stanley. In winter, he worked as a plumber in Gooding. He married a woman who already had children and helped her raise her family. His first wife died in the 1970s.

Mary Jering was born in 1919 in Grona, Kan., where she grew up and married. She and her first husband had a family and eventually moved to California where Mary worked in a Mattel toy factory and in a pottery plant. After the children were born, Mary and her first husband moved to Gooding to be near their grandchildren. Her first husband died in the 1970s.

Both Swan and Mary enjoyed tramping the hills, camping, and hunting rocks. They met while on a field trip with the Northside Gem and Hobby Club after they'd both been widowed.

Mary was sitting on a large boulder taking a break from digging when Swan climbed up a hill and stopped to talk to her. The rest is history. They married in January 1978 and have continued to hike the hills around the western United

States, camp out and look for that perfect rock — collecting friends and recipes along the way. When they find the perfect rock, Swan cuts and polishes it into a gemstone and Mary fires up her silversmithing torch and fashions it into a piece of sterling silver jewelry.

They also love to cook together and fall into place in the kitchen instinctively without discussion of who will do what. Some days Swan reads the recipe while Mary stirs the pot. Other days Mary measures the ingredients while Swan digs out and operates the electric mixer.

The Jerings lived in Gooding since their wedding in 1978 until last fall when they sold their home and retired to a double-wide located in Lazy Ranch, a Twin Falls mobile home park.

On a recent morning Swan and Mary reminisced while sorting through boxes filled with their collection of handwritten 3- by 5-inch recipe cards. Each recipe card holds cooking instructions and a memory of the friend who served that particular dish at a picnic, camp out or potluck supper and shared the recipe with them.

Here are a few of Swan and Mary's collected kitchen gems:

CALICO BEANS

- 1/2 lb. ground beef, cooked and crumbled
- 1/2 lb. bacon cooked and chopped in small pieces
- 1 cup chopped onion, add to the above meat mixture, brown then drain off the fat. Mix together 1/2 cup white sugar
- 1/2 cup brown sugar
- 1/2 cup catsup
- salt and pepper to taste
- 1 tsp. dry mustard
- 2 tbs. vinegar
- 1 No. 2 can pork and beans
- 1 No. 2 can lima beans
- 1 No. 2 can red kidney beans
- Mix everything together and put into a casserole dish. Bake at 350 degrees for about 30 minutes. It tastes better cooked in a Dutch oven. Swan said.

It's in the Cards

A WORLD OF EXPERIENCE LIES
IN FAMILY'S RECIPE FILE BOX

SWEDISH CHEESECAKE

- 2 cups cottage cheese
- 1/4 cup flour
- 3 eggs
- 1/4 cup sugar
- 1/2 cup light cream
- 1/2 cup coarsely chopped almonds
- Stir cottage cheese by hand till granular, add flour, eggs, sugar and cream.
- Mix well and pour into an 8-inch pan. Sprinkle almonds over top.
- Bake in a 350 degree oven for 50 to 60 minutes or until a toothpick inserted into the center comes out clean.

PISTACHIO CAKE

- Lemon cake mix
- 1 package instant pistachio pudding
- 3 to 4 eggs
- 1 cup sour cream
- 1/2 cup water
- Mix everything together and beat on medium speed for about 2 minutes.
- Spray a bundt cake pan with Pam.
- Bake at 350 degrees for 40 to 50 minutes. Turn upside down on a cake plate.
- "If the cake wants to stick to the pan wrap the pan in a damp dish towel to help it release," Mary said.
- Dust the cake with powdered sugar or drizzle icing over the top.

SWEDISH SPRITE COOKIES

- Makes 24 cookies
- 1 cup butter
- 3 egg yolks
- 1 cup sugar
- 1 tsp. baking powder
- 2 1/2 cups flour
- 1 tsp. salt
- 1 tsp. almond extract
- Cream butter, sugar and egg yolks till creamy.
- Add dry ingredients and the extracts.
- Mix well.
- Shape using a cookie press or gun.
- Bake at 375 degrees for about 10 to 12 minutes.

Mary likes to use a small measuring spoon to make indentations in the top of the bundt cake and pour runny powdered sugar icing over it, allowing the frosting to drip down the sides where the bundt cake shapes are interesting.

Then fill the little indentations in the top with green decorative sugar and sprinkle the top of the cake with the shiny, colorful decorative sugar beads.

Times-News correspondent Dixie Thomas Reale can be reached at 324-3570.

Tasting the rainbow — for real

It's the right season to make fresh fruit salad

Knight-Ridder/News Service

COLUMBIA, S.C. — Blueberries are almost ripe for the picking, and fresh watermelons soon will follow. And don't forget the cantaloupes.

Add in all the delicious, colorful fruits available from around the country and you have plenty of material to work with to create fabulous fruit salads.

"Fruits are nutrient-dense foods. They provide a substantial amount of vitamins and minerals with relatively few calories," said Teresa Hill, nutrition coordinator for the Division of Obesity Prevention and Control with the South Carolina Department of Health and



Fruit salad is a great quick fix. It requires little extra effort beyond washing and chopping. If you buy ready-cut fruit, which is available in most grocery stores, you really have easy prep work on your hands.

Environmental Control.

They're also rich in fiber, which is crucial to maintaining a healthy digestive system.

Hill notes that recent studies show it eating fruits and veg-

etables) can help maintain a healthy weight and fight diseases such as heart disease, high blood pressure, Type 2 diabetes, stroke and some cancers.

They're also rich in vitamins A and C, folate, potassium and fiber — all which are generally low in a typical American's diet," Hill said.

For children the recommended daily amount of fruit is seven servings. It's seven servings for older children, teens and active women; and nine servings for teenage boys and active men.

Robert Jupp, cardiovascular dietitian and diabetes educator with Palmetto Health Heart Hospital, tells her patients to gauge serving size by committing to memory the size of a peach.

"So a serving of fresh fruit would be a piece of fruit the size of a peach. If you have a smaller fruit — plums or kiwi — two would be considered a serving," Jupp said. "If you have grapes, about 15 to 20 grapes would be

a serving.

For folks who like eating in volume, Jupp recommends fruits that are higher in water content, such as grapes and melons.

Jupp also is a big fan of berries, which she considers "one of the best classes of fruits to choose from."

Berries contain antioxidants that suppress the aging process and cancer development.

"Sounds pretty good, doesn't it?" Jupp said.

Citrus is another powerful category of fruit. Oranges, lemons, limes, grapefruits — all help fight joint inflammation, allergies and cancers.

It's true that fruits contain sugars, but it's important to understand that these are natural sugars, which are different from those in processed foods.

"Added sugars in processed foods and sugar-sweetened

Please see FRUIT, Page C5

FOOD & HOME

Real lawns look a lot like yours

Summer is tough on lawns: The sun scorches them day after day and water is dear.

When that happens, grass pretty much stops growing while the weeds don't. On top of that, you've probably been watching too many golf tournaments on the television and gotten that image in your head of perfect stretches of green grass, uninterrupted by dandelions or dead spots.

Get over it. Real lawns don't look like that.

Real lawns get stomped on when the in-laws come over for a barbecue and the kids get a game of ball going. They are attacked by crane fly larvae and countless other critters and we won't even mention what dogs do on them.

Real lawns are less than perfect. And the yard always looks



GREEN THUMBPRINTS
Cathy Walworth

worse the day before company comes.

When your lawn develops a dead spot (you don't remember walking through that RoundUp that day, do you?) it can be fixed.

Run over to your friendly nursery and buy just one yard of sod. A person doesn't have to buy a whole truckload of the stuff. Nope, you can buy just enough to take home and patch the dead spot(s) in your lawn. Here's how:

1. Cut around the dead spot

with a sharp knife. Cut a shape with straight lines so it's easier to cut the patch to fit. Scoop out about an inch of soil below the dead grass with a straight-edged shovel.

2. Mess up the soil with a rake.

3. Measure the hole and cut a patch from the sod. Lay it in place.

4. Push the new sod down. Put a small board on top and walk across it once.

5. Hose the area down until the water begins to rise to the surface or run off. Stop for an hour, Repeat.

6. Water every day for the next week.

DEAR CATHY: I did not get my roses pruned when they should have been. They were cut back to about two feet tall last fall. What will do the least damage to them in the long run

— just letting them go this year since there is so much growth already, or pruning as I should have this spring?

— BRAMBLES: Go in the house and have some iced tea. Roses survive for years without us, and yours will do just fine this year. They might look terrible, but they'll survive.

Cut them back to knee high about Thanksgiving to keep the wind from rocking their moorings loose. Then, in the spring, do your "hard pruning." You'll have a lot more debris to haul out of the rose garden next spring, but you and your roses will be fine. I promise.

What's bugging your garden? Write to Cathy in care of this newspaper or e-mail her at: cwvalworth@aol.com.

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Air conditioning isn't always a necessity

Knight Rider News Service

CHARLOTTE, N.C. — Betty Bost used to work in air conditioning. But she has never lived in it.

Nor does she intend to. "We just don't live it," she says.

She'd miss bird songs in the morning, the crickets at night. "The first thing I notice when I go into someone else's house," Bost says, "is the silence."

Betty Bost, 62, and her husband, Jim, 65, live on 20 acres in Kannapolis, N.C. They have lots of shade trees. They use an attic fan to pull in night air from the woods. Their house is airy, with a cool front porch.

Brian Hardy of Gastonia, N.C., also prefers fresh air, as opposed to "living in a closed-in box with recirculated air." He calls air conditioning "an unnecessary evil" and designed his house to stay cool naturally.

Most people wouldn't even think of living in a home without air conditioning. But some insist summer is better with the windows open—even if you have to alter your home and lifestyle.

Forty years ago, only 10 percent of U.S. homes were air-conditioned. Now, at least in the South, only 10 percent of homes don't have air conditioning. The history of air conditioning goes back to 1902, when Willis Carrier designed his first air-conditioning system for a New York printer who complained that changes in heat and humidity messed up his color images.

Carrier patented his device — "An Apparatus for Treating Air" — in 1906.

Southern textile mills were among the first users of Carrier's new system, according to a company Web site. A lack of moisture in the air at the Chronicle Cotton Mill in Belmont, N.C., created static electricity that made cot-

- Install awnings or insulated window shades. Don't open the shades until the sun has moved away.
- Close ventilation fans. Keep the house closed during the heat of day, ventilate in the evening when it's cool.
- Use window and ceiling fans to create breezes.
- Replace incandescent light bulbs with cool fluorescent ones.

Tips for beating the heat

- Ventilate the attic.
 - Keep the house dry. Use exhaust fans in the bathrooms.
 - Plant shade trees and vines.
 - Avoid opening and closing the refrigerator since it puts out more heat when it works harder.
 - Turn off computers and other electronic equipment when not in use.
 - Cook outside, or use the microwave. Don't boil foods.
 - Take tepid baths or showers.
 - Apply cold cloths or run cool water over your wrists.
 - Dress in light, loose clothing. (Drink lots of water and eat small, light meals.)
- Source: The Charlotte Observer

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France

Chef's from CA.
Other types of French cuisine that we often hear about are *nouvelle cuisine*, which means "new cooking." This type of cuisine was especially popular in both France and abroad during the 1970s and 1980s when people became conscious of their diets and were choosier about what they ate.

The portions are generally small — a far cry from pie and chips — and served with a light sauce.

The idea is to accentuate the natural colors and textures of the food through its preparation and presentation.

Cuisine bourgeoise is home cooking at its finest, so you will be unlikely to sample it unless you have friends or friends who can invite you to a top-notch dinner.

Haute cuisine comes from the magnificent banquets served to the French kings of yore who sat at high table (hence *haute*, which means high) and it entails rich, elaborate food that is superbly presented over many courses.

French cooking ranges from the olives and seafood of Provence to the butter and roses of Tours, from the simple food of the bistro to the fanciful concoctions of the Tour d'Argent.

However, it all shares a seriousness — about — food. Throughout the country, French cuisine involves a large number of techniques — some extremely complicated — that serve as basics.

Any cook will tell you that French food will not tolerate shortcuts in regard to these fundamentals.

Because mastery of sauces or pastry dough is the center of the culinary arts, recipes themselves remain classic and constant.

So, if you hold a Bastille Day pollack, you have a wondrous collection of delectable recipes from which to choose. *Bon appetit.*

1/4 teaspoon dried thyme
1 pound skinned, boned chicken breast, cut diagonally into 1-inch-wide strips
4 bacon slices, chopped
1 1/4 cups thinly sliced carrot
1/2 cup frozen pearl onions, thawed
2 cups sliced mushrooms
1 cup dry red wine
1 cup chicken broth
1 tbs. tomato paste
1/2 tsp. garlic puree
7 cup hot cooked wide egg sauce

Combine flour, parsley, rosemary and thyme in a shallow bowl. Dredge chicken in flour mixture; reserve remaining flour mixture.
Cook bacon in a large non-stick skillet over medium heat until crisp. Remove bacon from pan.
Add chicken to bacon drippings in pan; cook 3 minutes on each side or until lightly browned.
Remove chicken from pan; keep warm. Add reserved flour mixture, chopped bacon, carrot, onions and mushrooms to pan; saute 2 minutes.
Add wine, broth, tomato paste and garlic; cook 5 minutes or until vegetables are tender.
Return chicken to pan; cook 5 minutes or until chicken is done. Serve over noodles.
Calories 412; Carbs 42.9g; Total Fat 7.8g

cook 20 minutes, stirring frequently. Increase heat to medium-high, and saute for 5 minutes or until onion is golden brown. Stir in wine, and cook for 1 minute. Add broth, soy sauce and thyme; bring to a boil. Cover, reduce heat, and simmer 2 hours.
Preheat broiler. Place bread in a single layer on a baking sheet; broil 2 minutes or until toasted, turning after 1 minute.
Place 8 ovenproof bowls on a jelly-roll pan.
Ladle 1 cup soup into each bowl. Divide bread evenly among bowls; top each serving with 1 cheese slice. Broil 3 minutes or until cheese begins to brown.
Calories 345; Carbs 31.9g; Total Fat 12.6g

BEEF BOURGIGNONNE WITH EGG NOODLES
Serves 6
1/2 cup all-purpose flour
2 tsp. salt, divided
3/4 tsp. freshly ground black pepper, divided
2 1/4 lb. beef stew meat
3 bacon slices, chopped and divided
1 cup chopped onion
1 cup sliced carrot
4 garlic cloves, minced
1 1/2 cups dry red wine
1 1/2 cup beef broth
1/4 cup Worcestershire sauce
8 cups halved mushrooms (about 1 1/2 lb.)
2 tbs. tomato paste
2 tsp. chopped fresh thyme
2 bay leaves
2 cups pearl onions
7 cups hot cooked medium egg noodles (about 6 cups uncooked noodles)
3 tbs. chopped fresh flat-leaf parsley
Combine flour, 1 teaspoon salt, and 1/4 teaspoon pepper in a large zip-top plastic bag. Add beef; seal and shake to coat.
Cook half of bacon in a large Dutch oven over medium-high heat until crisp. Remove bacon from pan with a slotted spoon; set aside.
Remove from heat. Cool.
Beat egg whites with a mixer at high speed until foamy. Add remaining 3 tablespoons sugar, 1 tablespoon at a time, beating until stiff peaks form. Gently fold one-fourth of egg white mixture into chocolate mixture; repeat procedure with remaining egg white mixture, one-fourth at a time. Spoon into prepared ramekins; sprinkle each serving with 1 teaspoon nuts. Bake at 375 for 20 minutes. Serve immediately.

Remove from heat. Cool.
Beat egg whites with a mixer at high speed until foamy. Add remaining 3 tablespoons sugar, 1 tablespoon at a time, beating until stiff peaks form. Gently fold one-fourth of egg white mixture into chocolate mixture; repeat procedure with remaining egg white mixture, one-fourth at a time. Spoon into prepared ramekins; sprinkle each serving with 1 teaspoon nuts. Bake at 375 for 20 minutes. Serve immediately.

Add half of beef mixture to drippings in pan; cook 5 minutes, browning on all sides. Remove beef from pan; cover and keep warm.
Repeat procedure with remaining bacon and beef mixture.
Remove beef from pan; cover and keep warm.
Add chopped onion, sliced carrot, and minced garlic to pan; saute 5 minutes. Stir in wine, Worcestershire sauce and broth, scraping pan to loosen browned bits.
Add bacon, beef, remaining 1

teaspoon salt, remaining 1/2 teaspoon pepper, mushrooms, tomato paste, chopped thyme, bay leaves, and pearl onions; bring to a boil.
Cover, reduce heat, and simmer 45 minutes.
Uncover and cook 1 hour or until beef is tender. Discard bay leaves.
Serve beef mixture over noodles; sprinkle with parsley.
Calories 557; Carbs 57.8g; Total Fat 21.2g

Bo Carl is a chef who lives in Burley.

CHOCOLATE SOUFFLES WITH HAZELNUT
Serves 4
7 tbs. plus 1 tsp. sugar, divided
1 oz. semi-sweet chocolate
1/2 tsp. butter
2 tbs. unsweetened cocoa powder
2 tbs. all-purpose flour
1/8 tsp. salt
1/2 cup cream
3 large egg whites
4 tsp. chopped hazelnuts
Coat 4 (6-oz.) ramekins or custard cups with cooking spray, and dust each ramekin with 1 teaspoon sugar. Place on a baking sheet.
Combine chocolate, butter, and 3 tablespoons sugar in a small saucepan. Cook over low heat until melted. Add cocoa, flour, and salt, stirring with a whisk until blended.
Gradually stir in cream; cook over medium heat until mixture thickens (about 3 minutes), stirring constantly.

FRENCH ONION SOUP
Serves 8
2 tsp. olive oil
4 cups thinly vertically sliced Vidalia onions
4 cups thinly vertically sliced red onion
1/2 tsp. sugar
1/2 tsp. freshly ground black pepper
1/2 tsp. garlic puree
1/4 cup dry white wine
8 cups beef broth
1/4 cup soy sauce
1/4 tsp. chopped fresh thyme
8 (1-oz.) slices French bread, cut into 1-inch cubes
8 (1-oz.) slices Swiss cheese
Heat olive oil in a deep skillet over medium-high heat.
Add onions to pan; saute for 5 minutes or until tender.
Stir in sugar, pepper, and 1/4 teaspoon garlic.
Reduce heat to medium;

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1 tbs. Parmesan cheese
1 teaspoon chopped parsley
1/2 teaspoon rosemary

1/4 cup flour
1 tbs. Parmesan cheese
1 teaspoon chopped parsley
1/2 teaspoon rosemary

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FOOD & HOME

Hennebery is solid, warm, unpretentious

If the Hennebery doesn't remind you of your childhood home, perhaps it looks like one you wish you'd grown up in. Its appearance is at once solid, warm and comfortably unpretentious.

Brick supplies that sense of solidity. It covers the exterior walls on both ends, along with brick bases that underlie the tapered porch supports. Two wide banks of gridded windows sparkle across the recessed front porch, creating a sense of openness.

Inside, the living room and dining room are traditionally located to the left and right of the foyer, while a window-rich and spacious family room is directly ahead.

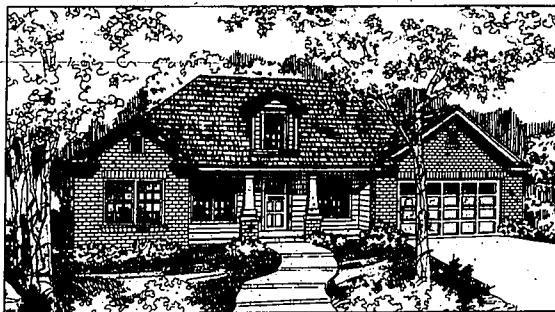
A gas fireplace nestles into one rear corner, but the rest of the rear wall is a row of windows, not walls, as does the nook.

Standing at the kitchen sink, you can see almost everywhere in the family room and nook. And you have only to lift your eyes a bit to survey the patio and back yard landscape as well.

The raised eating bar offers a natural area for family and friends to settle in for a chat with kitchen workers, and for children to receive support while doing homework.

A roomy walk-in pantry adds to the storage space. Laundry appliances, along with a deep sink, are just around the corner in the utility room.

Direct access to the garage allows this space to double as a mudroom and pet sleeping area. Stairs to the lower level room are in the same hallway.

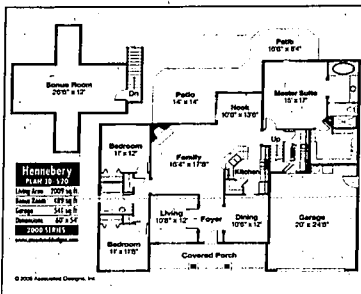


View across from the door to the master suite.

The Hennebery's master suite boasts a deep soaking tub, plus a separately enclosed shower and toilet. Secondary bedrooms and a bathroom are on the other side of the family room.

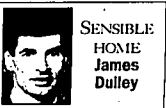
For a review plan, including scaled floor plans, elevations, section and artist's conception, send \$25 to Associated Designs, 1100 Jacobs Dr., Dept. W, Eugene, OR 97402.

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Explore the variety of outdoor solar lights

DEAR JIM: I plan to add some outdoor security and decorative lighting around my deck and deck. My home center store has many models and types of solar lights. Are they really effective and which are best?



SENSIBLE HOME
James Dulley

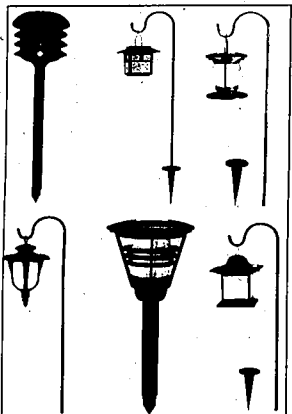
DEAR JOE: Most solar-powered outdoor and landscaping lighting is designed to create a low, but adequate, level of light intensity. These are led for marking paths, highlighting landscaping, safety on decks/stairs (mounting brackets for walls and decks are included), and subtle background lighting. Some of the newer solar-powered lights provide light bright enough to read by at night.

The brightest ones are motion-sensing security lights which have powerful batteries and bright halogen bulbs. They stay on only as long as there is motion so they don't run down the batteries as fast.

Floodlights, which use a remote solar cell panel, also produce bright, focused light. The obvious advantage of solar-powered lights is ease of installation. Just open the box, assemble the mounting post or hook and they are ready to use. You do not have to run wiring, and the batteries should last for several years.

After the sun shines on the solar panel to fully charge the batteries, the lights should provide about 12 to 15 hours of light. They all have electronic eyes, so they come on automatically at night. They are particularly effective during summer when there are more hours of daylight for charging. If you tried solar lights years ago and were not satisfied, you will like the newer ones. Some models now use white LED light sources instead of amber ones.

LED's are a very efficient source of light from electricity. For brief light, some use a battery LED in one fixture. Battery and solar cell technology is also



Outdoor solar lights can be effective and decorative.

slowly evolving for more power. Intermatic makes the most ornate ones with hand-cut art or marbled glass, architectural bronze colors, and art-deco styling. Some lighting effects can be created only with solar lights. There is a floating night light for pools, spas and ponds.

Other round, path-marker lights are driven into the ground. A clear acrylic cover will support foot traffic. Tall (36-inch) driveway markers are convenient for guest on driveways. Decorative garden animals and figurines have glowing LED eyes or bodies. Since you mentioned security, install solar-powered house numbers. If you ever need

help, these make it easier for emergency personnel to find your home. It also helps the delivery guy so your pizza is delivered still hot. The following companies offer solar-powered yard lights: Brinkmann, (800) 489-2232, www.brinkmann.net; Desa/Heath Zenith, (866) 672-6040, www.desaint.com; Intermatic, (815) 675-2321, www.intermatic.com; Solar Masters, (877) 917-6527, www.solar-masters.com; and Sun-Mate, (818) 700-0572, www.sun-mate.com. Send inquiries to James Dulley, The Times-News, 6906 Royalgreen Dr., Cincinnati, Ohio 45244 or visit www.dulley.com.

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Eight Essential Don'ts for a Healthy Garden

1. Don't fertilize trees, shrubs, or other landscape plants during the late summer. Fertilizing landscape plants encourages new growth. And new growth is extremely susceptible to freeze damage (especially if you live in an area where frosts suddenly occur), which may not be apparent until the following spring.
2. Don't fertilize your lawn with products that are high in nitrogen. It's best to fertilize your lawn while the grass is still green, especially in late summer to early fall. But don't use products high in nitrogen, because turf grasses do not need much nitrogen that time of year. Instead, use a balanced fertilizer with an NPK ratio of 3-1-2 such as 6-2-4 or 12-4-8. So by springtime, the grasses have all the nutrients they need to produce a lush, green lawn.
3. Don't scalp a lawn, even if it's homegrown Contractor Equipment.
4. Don't stake trees. Staking actually makes trees weaker. The trunks of unstaked trees are allowed to sway or bend in the wind, which makes them stronger.
5. Walk in garden beds as little as possible. Walking compacts the soil, and plants can't grow well in compacted soil. Since it's impossible to avoid constant walking on a board, it will distribute your weight evenly and reduce compaction.
6. Don't work the soil while it's wet. Doing so destroys its structure, and it may take months or even years before the soil has a chance to recover. Good garden soil should contain a range of particle sizes and have a fairly coarse texture (not because of its high content of organic matter. This type of soil doesn't compact as easily, drains a lot faster yet has more water-holding capacity, contains more nutrients and oxygen, and is easier to dig in).

FOOD & HOME

Fruit

Continued from C4.

beverages really are the main culprit to be concerned about because they're calorie-dense instead of nutrient-dense," Hill said.

In other words, processed sugars "just add excessive calories to our diet without providing the wonderful nutrient benefits from fruits."

In today's fast-paced culture, fruits also offer a great quick fix. They require very little extra effort beyond washing and chopping.

If you buy ready-cut fruit, which is available in most grocery stores, you really have easy prep work on your hands.

You can experiment with fruit combinations or dressings, too.

Vinaigrettes, yogurt toppings or chopped nuts are great options.

Jupp especially recommends adding nuts if you have a fruit salad for your entire meal. The protein in the nuts will balance the carbohydrates in the fruit.

The recipe photographed this week combines avocados with bananas, kiwi, mango, papaya and coconut. Another recipe we provide this week is one Charleston, S.C., culinary expert Nathalie Dupree adapted from the London Cordon Bleu.

The recipe combines chunks of cantaloupe and cucumber with tomatoes. Sprigs of freshly grown mint and a tasty vinaigrette give the unusual combination further complexity of flavor.

Both salads fit what Jupp describes as the rainbow test.

"Just in general, the more of a rainbow of color you have, the better," she said.

CHERRY-BERRY SALAD

6 servings

2 cups pitted Northwest fresh Rainier cherries
2 cups pitted Northwest fresh red sweet cherries

1 cup fresh blueberries
1 cup cored diced apples
For honey-lime dressing:
2 tbs. olive oil

1 tbs. each fresh lime juice and honey
2 tsp. minced fresh mint
1/2 tsp. shredded lime peel

1/8 tsp. salt
For dressing, combine all ingredients and mix well.
For salad, combine fruits and

dressing and refrigerate until served.

Note: You may substitute blackberries, raspberries or halved strawberries for blueberries.

Fresh pineapple or orange also may be added.

Calories, 141.3; protein, 1.3 gram; carbohydrates, 25.6 grams; total fat, 5 grams; cholesterol, 0 milligrams; saturated fat, 0.7 grams; dietary fiber, 2.7 grams; sodium, 121.2 milligrams; sugar, 18.4 grams; vitamin A, 137.9 retinol equivalents; vitamin C, 16.6 milligrams; calcium, 23.4 milligrams; iron, 0.6 milligram; alcohol, 0 grams

SPINACH & APPLE SALAD WITH LIME DRESSING

6-8 servings

2 10-oz. packages fresh spinach, washed, drained and patted dry
4 tbs. vegetable oil
2 tbs. lime juice

3 red eating apples, chilled, cored, quartered and chopped into small pieces
Salt and black pepper

Remove any thick spinach stalks; finely shred the leaves.

In a small bowl, whisk oil and lime juice together.

In salad bowl, mix spinach and apples; add dressing and salt and pepper to taste. Toss well.

Calories, 104.9; protein, 2.1 grams; carbohydrates, 10.1 grams; total fat, 7.2 grams; cholesterol, 0 milligrams; saturated fat, 0.6 gram; dietary fiber, 2.9 grams; sodium, 346.7 milligrams; sugar, 6.3 grams; vitamin A, 477.9 retinol equivalents; vitamin C, 22.9 milligrams; calcium, 73.7 milligrams; iron, 2 milligrams; alcohol, 0 grams

POPPY SEED FRUIT SALAD

8 servings

For the dressing:
1/4 cup honey
1/4 cup frozen (thawed) limeade concentrate

2 tsp. poppy seeds
For the salad:
1 cup strawberries, cut in half
1 cup cubed pineapple
1 cup fresh blueberries
1 cup cubed watermelon
1/4 cup silvered almonds,

toasted, if desired
1. Mix honey, limeade concentrate and poppy seeds in medium bowl.

2. Carefully toss fruit with honey mixture. Sprinkle with almonds.

PINEAPPLE FRUIT SALAD

6 servings

For the dressing:
1/2 cup apple cider vinegar
1 tbs. minced jumbo yellow onion

1/4 cup sugar
1/2 tsp. salt
1/2 tsp. black pepper
1 tsp. paprika
1/2 tsp. dry mustard
1/2 tsp. curry powder
1 cup vegetable oil
1 tsp. poppy seeds

For the salad:
3 cups fresh pineapple, cut into chunks
12 leaves bib lettuce arranged gyro per plate

To make dressing, combine vinegar, onion, sugar, salt, pepper, paprika, dry mustard and curry powder in a blender. Slowly add oil in a thin stream. Add in poppy seeds.

Refrigerate overnight to let flavors meld.

Dressing will keep refrigerated for several days.

To make salad, arrange lettuce on plates.
Add 1/2 cup pineapple per plate.

Drizzle with dressing.
Calories, 152.5; protein, 0.4 gram; carbohydrates, 8 grams; total fat, 13.8 grams; cholesterol, 0 milligrams; saturated fat, 1 gram; dietary fiber, 0.7 gram; sodium, 79 milligrams; sugar, 6.7 grams; vitamin A, 13.9 retinol equivalents; vitamin C, 4.3 milligrams; calcium, 14.2 milligrams; iron, 0.4 milligram; alcohol, 0 grams

TROPICAL FRUIT SALAD

8 servings

For the almond dressing:
1/3 cup chopped almonds, toasted

1/3 cup orange juice
1/3 cup vegetable oil
3 tbs. packed brown sugar
2 tbs. light rum

1/4 tsp. salt
1/4 tsp. paprika
For the salad:
3 bananas, peeled and sliced
2 avocados, peeled, pitted and sliced

2 kiwi, peeled and sliced
1 mango, cut lengthwise in half, pitted and cut up

1 papaya, peeled, seeded and sliced
1/4 cup flaked coconut, toasted

First, make dressing.
In large bowl, gently mix remaining ingredients except coconut.

Just before serving, sprinkle with coconut. Serve with dressing.

Get into the outdoors

Every Thursday in the Outdoors section, The Times-News guides Magic Valley residents to recreational opportunities.

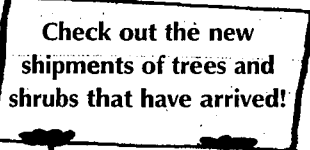
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FOOD & HOME

Holy mackerel! The magic is back

Los Angeles Times

Even out of the water they have a commanding presence. Their skin is shiny silver and midnight blue, and their eyes are hard as garnets. These are wild fish fresh from the ocean, and it shows, even trapped in their plastic trays, their bodies flex as if interrupted in mid-swim.

Their flavor is equally remarkable, rich and full in a way you might have forgotten fish could be.

Yet these are not high-priced appetition-labeled salmon (in fact, they are quite likely to be used as salmon bait). They are mackerel, an unsung star of the sea. And in many places they can be had for a pittance.

Especially at this time of year, America should be paying close attention. Mackerel is a fatty fish with very moist flesh, so it takes particularly well to the grill. Salt it and rub it lightly with oil, and you're ready to go. To get a little fancy, marinate it first with lemon juice, olive oil, garlic and a pinch of dried thyme leaves for an hour. This is about as good as summer grilling gets.

But with a fish this fully featured, there are all kinds of options. Although mackerel shares a common ancestry with tuna, it is probably closer in flavor to fresh sardines, particularly the texture of the flesh.

As this should tell you, mackerel is a fish that does best in boisterous company. It is made not for nuanced palates. Forget shallots and cream; mackerel is all about capers, garlic and lemon — lots of lemon.

Japanese chefs, for their part, mackerel is often served simply grilled and accompanied by some sharp, grated fresh radish. It can also be sliced or megared and is frequently broiled after being marinated in miso paste.

Another classic treatment is the French appetizer "mackerel au vin blanc," mackerel fillets pickled in a court bouillon made with white wine and basically whatever seasonings happen to be on hand. Exact recipes vary widely. Still, two great food writers recommend it as among their favorite dishes. Jane Grigson particularly liked it served with butter and whole-wheat bread. Liane David said it with a sauce made by stirring together the slightly jellied pickling liquid with capers, snipped chives and freshly squeezed lemon. This is wonderful served with a salad of slightly bitter greens and a crisp, tart white wine.

Mackerel also does well when bathed in "charmolula," the forceful Moroccan herb paste. Made with parsley and cilantro, garlic and green onions, cumin, paprika and cumin, this would overwhelm most fish but not our intrepid mackerel. Bake it on a bed of sliced onions, and the fish comes out aromatic and almost meaty. You could add green peppers to the onions, or mix in some chopped tomatoes; or how about green olives?

Sometimes the greatest company can come from the simplest of combinations. Cut a couple of slices in each side of a whole mackerel, going mostly but not completely through the flesh. Slip a sliver of fresh bay leaf in each slice. Lay the fish on a bed of thinly sliced lemons. Bake it in aluminum foil and bake it. You won't believe the depth of aroma and flavor from such a simple preparation.

However you prepare it, be extra picky when selecting mackerel. These are high-energy fish with oily flesh, so they spoil very quickly. This is one reason fillets are frequently sold frozen.

BAKED MACKEREL IN 'CHARMOULA'

Serves 4
2 cloves garlic, coarsely chopped
1/3 cup chopped green onions



Los Angeles Times photo

Mackerel pickled in white wine.

1/3 cup chopped cilantro
1/3 cup chopped parsley
2/3 cup oil
1 tsp ground cumin
1/2 tsp salt
3/4 tsp paprika
1/4 cup lemon juice
1 medium onion, sliced 1/4-inch thick

4 Atlantic mackerel fillets ("saba"), about 1 1/2 pounds
Heat the oven to 400 degrees.
In a blender, grind the garlic, green onions, cilantro and parsley to a paste; if needed, add oil. With the machine running, gradually add the oil through the feed tube. Season with cumin, salt and paprika and pulse to mix. Add the lemon juice and pulse again. The mixture should be a fairly coarse, full-flavored puree. Adjust the seasonings with salt and lemon juice.

Remove the side fin and bones if necessary. Scatter the onion slices in a single layer in a large earthenware baking dish. Generously coat both sides of each fillet with the herb paste and place on top of the onions, skin-side up. Cover with aluminum foil and bake 20 minutes.

Remove the foil and continue baking until the skin begins to turn golden, 15 to 20 minutes. Serve on a bed of onions.

MACKEREL BAKED WITH BAY AND LEMON

Serves 4
4 (1/2-lb.) Spanish mackerel ("jill")
4 fresh bay leaves
Salt
Red pepper flakes
Olive oil
2 lemons, 1 sliced paper-thin and 1 cut into wedges for garnish
Clean the fish, removing the

fin and cutting away the bony little triangle just behind the gills that contains the side fin. Rinse well in cold water and pat dry. Cut two diagonal slices angling from head to tail in both sides of each fish, cutting almost but not entirely through the flesh.

Cut each bay leaf in half lengthwise, then into quarters. Slip a piece of bay leaf into each of the slits in the fish. Season with salt and a few flakes of dried red pepper on both sides and brush lightly with olive oil.

Cut 4 squares of aluminum foil big enough to hold the fish. Lay 4 slices of lemon in an overlapping line down the center. Place the fish on top. Seal the aluminum foil by crinkling the edges over to form a package. Refrigerate until ready to use.

When ready to cook, heat the oven to 350 degrees. Place the packages on a jellyroll pan and bake 20 minutes. Mackerel is done when the flesh is firm and slightly dense, not flaky. Place each package on a plate with lemon wedges and let the diners open them themselves.

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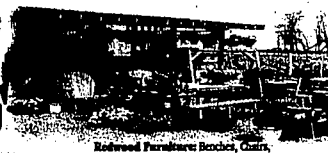
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Herbie Fully Loaded (n) Daily 7:00-1:00
Fantasic 4 (n) Daily 7:10-1:20
War of the Worlds (n) Daily 7:30-1:40
Bewitched (n) Daily 7:15-1:25
Charlie & Chocolate Factory Friday
Summer Movie Series Week 7
New! The Year - \$6.95 (1.50 on video)

DARK WATER Daily 7:00-9:20

Twin Cinema 12
Dancey Herbie Fully Loaded (n)
Fantasic 4 (n) Daily 7:10-1:20
Lone Star (n) Daily 7:15-1:25
Magagascar (n)
Today 12:30-2:45-4:50-7:00-9:15
Star Wars Episode 3 (n)
Today 12:30-2:45-4:50-7:00-9:15
Mr. & Mrs. Smith (n) Daily 7:15-9:15
Elation Begins (n)
Today 12:30-2:45-4:50-7:00-9:15
War of the Worlds (n) 3 Shows
Daily Movie (12) 6:15-7:15-8:45
Daily Digital (12) 6:30-7:30-8:15
OTR Digital (12) 3:45-7:00-8:30

Fantasic Four (n) 3 Shows
Daily Digital (12) 6:15-7:15-8:45
Daily Digital (12) 6:30-7:30-8:15
Summer Movie Series Week 7
Newest This Week - \$6.95 (1.50 on video)

Wedding Crashers
Here Next Week

Jerome Cinema 4
Herbie Fully Loaded (n) Daily 7:00-1:00
Fantasic 4 (n) Daily 7:10-1:20
War of the Worlds (n) Daily 7:30-1:40
Bewitched (n) Daily 7:15-1:25
Charlie & Chocolate Factory Friday
Summer Movie Series Week 7
New! The Year - \$6.95 (1.50 on video)

Odyssey 6
Hot Bedroom Dancing (n)
Today 12:30-2:45-4:50-7:15-9:30
North Lawrence (n) Hallowed (n)
Today 12:30-2:45-4:50-7:15-9:30
Rascal Creek (n) Cinderella Man (n)
Today 11:45-3:15-6:45-9:15
Monster in Law (n)
Today 11:45-3:15-6:45-9:15
Moore Kidman (n) Fame Bewitched (n)
Today 11:45-3:15-6:45-9:15
The Perfect Man (n)
Today 12:30-2:45-4:50-7:15-9:30

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Fantasic 4 (n) Daily 7:00-9:20
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Lb.

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Spaghetti Sauce**

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Ea.

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**Fred Meyer
Butter**

2 for \$4

Your First 2 • With This Coupon
Additional at Everyday Low Price
1lb. Cubed, Salted or Unsalted.
Customer: One coupon per purchase.
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Organic Lemonade**

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Ea.

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32 oz. Assorted varieties.
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**Slim-Fast
Ready-to-Drink**

2 for \$9

Your First 2 • With This Coupon
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or Ready-to-Drink Shakes.
Customer: One coupon per purchase.
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SCORES AND STATS

SPORTS IN BRIEF

WHAT'S ON T.V.

- Baseball**
• AA Astor Game, ESPN2, 8 p.m.
- Cycling**
• Tour de France, stage 11, OLN, 4:30 a.m.

BASEBALL

AMERICAN LEAGUE
Astros 11, Yankees 7
Blue Jays 3, Mariners 1
Cardinals 2, Cubs 1
Cleveland 5, Indians 3
Detroit 3, Tigers 1
Houston 3, Rangers 1
Kansas City 4, Royals 0
Los Angeles 5, Angels 3
Minnesota 5, Twins 1
New York 1, Yankees 7
Oakland 3, Athletics 1
Seattle 1, Mariners 1
Texas 5, Rangers 2
Toronto 3, Blue Jays 2

MAJOR LEAGUE
Astros 11, Yankees 7
Blue Jays 3, Mariners 1
Cardinals 2, Cubs 1
Cleveland 5, Indians 3
Detroit 3, Tigers 1
Houston 3, Rangers 1
Kansas City 4, Royals 0
Los Angeles 5, Angels 3
Minnesota 5, Twins 1
New York 1, Yankees 7
Oakland 3, Athletics 1
Seattle 1, Mariners 1
Texas 5, Rangers 2
Toronto 3, Blue Jays 2

NATIONAL LEAGUE
Brewers 10, Cardinals 3
Dodgers 5, Padres 3
Giants 2, Phillies 1
Mets 4, Marlins 1
Pirates 5, Braves 1
Rangers 3, Astros 1
Reds 1, Pirates 0
Royals 1, Athletics 1
Tigers 1, Cubs 1
Twins 1, Brewers 1
Yankees 7, Astros 1

GOLF

BESTBALL OPEN
1. Fred Couples, USA, 64 (27)
2. Tiger Woods, USA, 65 (28)
3. Sergio Garcia, Spain, 66 (29)
4. Ernie Els, South Africa, 67 (30)
5. Retzlaff, USA, 68 (31)

PGA TOUR
1. Tiger Woods, USA, 65 (28)
2. Fred Couples, USA, 66 (29)
3. Sergio Garcia, Spain, 67 (30)
4. Ernie Els, South Africa, 68 (31)
5. Retzlaff, USA, 69 (32)

Russia's Petrov expelled after falling blood test
— GRENOBLE, France — Russia's Evgeny Petrov was expelled from the Tour de France after failing a blood test for banned substances.

Parish makes 100th start
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Texas 5, Rangers 2
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BASEBALL

NATIONAL LEAGUE
Brewers 10, Cardinals 3
Dodgers 5, Padres 3
Giants 2, Phillies 1
Mets 4, Marlins 1
Pirates 5, Braves 1
Rangers 3, Astros 1
Reds 1, Pirates 0
Royals 1, Athletics 1
Tigers 1, Cubs 1
Twins 1, Brewers 1
Yankees 7, Astros 1

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Minnesota 5, Twins 1
New York 1, Yankees 7
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Texas 5, Rangers 2
Toronto 3, Blue Jays 2

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New York 1, Yankees 7
Oakland 3, Athletics 1
Seattle 1, Mariners 1
Texas 5, Rangers 2
Toronto 3, Blue Jays 2

RODEO

PRO RODEO
1. Duane R. Carter, USA, 15.5
2. Cody Dekker, USA, 15.0
3. Mike McLeod, USA, 14.5
4. Ryan Decker, USA, 14.0
5. Travis Mills, USA, 13.5

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Page E4

MONEY

INSIDE

Morning break E4
Classified E4-14

Business Editor: Virginia S. Hutchins 733-0931, Ext. 242

The Times-News

Wednesday, July 13, 2005

Section E

Notes on the economy

More boardings

Passenger boardings for SkyWest Airlines — a charter Connection carrier — are still falling at the Twin Falls airport.
This year's 6 percent from the 2,760 SkyWest boardings in June 2004. For comparison, June boardings totaled just 2,525 in 2003.
Year-to-date 2005: 17,720 That's a 5 percent increase from the 16,908 boardings in the first half of 2004. At that point last year's boardings were running 19 percent above 2003 levels.
(These calculations exclude both passengers on flights diverted from the Wood River Valley because of bad weather, and passengers on charter flights.)

Source: Twin Falls airport

BRIEFLY IN MONEY

CSI offers tech training workshop

TWIN FALLS — Interested in technical training at the College of Southern Idaho?
The college is offering a free "Technical Career Planning" workshop at its Center for New Directions, for people interested in entering a technical program. Participants will learn more about technical careers, the labor market and wage potential. They'll also identify their interests, investigate various technical careers and make plans for success.
The center is offering the free workshop in two parts: from 1 to 3 p.m. Tuesday and from 1 to 3 p.m. July 21. Free career tests are included.
To sign up, call 732-6680 or 1-800-680-0274, ext. 6680. Register by Monday.

Event aims to boost job-seeking skills

TWIN FALLS — Need to upgrade your job-seeking skills? People interested in finding a new job or moving up in current employment, or simply building confidence to get the job they always wanted, may attend a free "Job Seeking Skills" workshop offered by the College of Southern Idaho's Center for New Directions.
Participants will learn the basics of job seeking from a career facilitator. Some of the skills are application processes, resume formats, cover letter impact, interview techniques and follow-up with a potential employer.
The free workshop is for anyone who feels a little shaky about their job-search skills. It's scheduled from 1:30 to 4:30 p.m. Monday.
Students must call 732-6680 or come to the center to sign up. Space is limited.

Twin Falls dance club, bar sets grand opening

TWIN FALLS — Hot Rocks will hold a grand opening at 7 p.m. Tuesday at the bar, 170 South Park Ave.
Hot Rocks was formerly a bikini bar but is now a dance club with a full bar and restaurant.
The business can be reached at 735-8555.

Revive yourself as workday winds down

Do you get to work brimming with energy, or find you're more productive later in the day? Most of us wane as the day winds down, according to a survey from staffing firm Accountemps, that polled senior executives on employee productivity.
So how best to cope? Max Messmer, author of "Managing Your Career for Dummies," and CEO of Accountemps, offers a few tips:
Get fresh air. Eat lunch outside, or take a short walk. A few minutes away from your desk can make a large difference.
Take a break. Step outside to get some fresh air and clear your mind.
Plan. Don't defer difficult tasks until the end of the day, when you're tired and rushed to leave.
Compiled from staff and web reports

Trailer maker says future is bright

Gooding plant churns out about one trailer per day

By Megan Hinds Myers Times-News writer

GOODING — Seven months after Iowa-based Kiefer Built LLC announced its intent to open an Idaho manufacturing facility, the company's Gooding plant is abuzz with activity.

Kiefer Built makes steel, steel-framed and aluminum trailers for hauling horses, livestock and cargo. The 37 employees at the Gooding plant are now cranking out about one trailer per day. Joyce Madison, Kiefer

Built's owner, said Tuesday. Since Kiefer Built started full production in April, workers have built a total of 56 trailers in four model designs.

"We're progressing," Madison said. The Gooding plant serves as Kiefer Built's Western regional manufacturing plant, and the company's 14 dealers in the West have seen their freight costs drop by \$1,000 per trailer as a result of the plant's production. Madison says. She said for the company have been "very solid" this year, she said.

Grand opening this week

Kiefer Built will hold a grand opening and ribbon-cutting ceremony from 12:30 to 3:30 p.m. Thursday at its plant at 1045 Agri Lane in Gooding. Area economic development leaders will be on hand, and Gov. Dirk Kempthorne will be present for the ribbon-cutting at 2:30 p.m.. The event is open to the public.

About Kiefer Built LLC

Company History: Livestock and cargo trailer manufacturer Kiefer Built LLC was founded in 1973 in Kewanee, Iowa, by Arden Kiefer. The privately owned company started as a small welding repair shop and quickly grew into a full-fledged trailer manufacturing business.
Operations: Kiefer Built operates a 150,000-square-foot headquarters and main manufacturing plant in Kewanee. The company also operates a manufacturing plant in Sneedville, Tenn. Kiefer Built's trailers are sold at dealerships throughout the United States and Canada. The company also ships trailers overseas.
Annual revenues: Not available.

"We expect to increase sales because our freight costs have dropped," Madison said. While Kiefer Built's trailers are designed to carry mainly livestock and cargo, the trailers can also be revamped to carry people as well. Another business that does just that has set up shop near the Gooding plant. RC Conversions now has three employees who add living quarters to Kiefer Built's trailers.
Adding a camper portion to a cargo trailer can dramatically increase a trailer's retail price

and value, Madison said. The company's top-of-the-line all-aluminum Genesis model has a retail price of \$18,000, and adding living quarters can increase that to a high of \$30,000, she said.
Please see TRAILER, Page E3

Changing face of an industry When children come back

How to deal with grown kids who return home to live

By Marshall Loebe MarketWatch



NEW YORK — "Boomerang Kids" is the popular name for adult children who return home to live with their parents. The U.S. Census Bureau estimates that an adult child lives with his or her parents in 80 million households.

The reasons range from an uncertain job market to high real estate prices. But while it may be wonderful to have your children around again, the goal should be to help them achieve financial independence and eventually move out to start their own lives.

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The reasons range from an uncertain job market to high real estate prices. But while it may be wonderful to have your children around again, the goal should be to help them achieve financial independence and eventually move out to start their own lives.

Trucking looks to Hispanics to fill void

READING, Pa. — Jose Frias scrubbed a chicken-processing plant for six years, never earning more than \$8.50 an hour. The latest of Tomas Rodriguez' three layoffs came in December when he lost his factory job making downpipes and tools. And Alfonso Lua left his native Mexico 26 years ago to pick fruit and vegetables in the United States for \$10,000 a year.
Nowadays, Frias and Rodriguez are learning to be long-haul commercial truck drivers while Lua has been driving big rigs for seven years, making six times what he brought home from the orchards.
"This is easier, this is better," Lua said, standing beside his bright red rig one recent morning at a company terminal in York, Pa. "I don't work outdoors in the hot weather or the cold weather. I'm in my truck. I have air conditioning and I have heat."
Their quests for more job security and better wages led them down a road that driver-stunned trucking companies are hoping more Hispanics will follow.
Beset by an aging work force and high turnover, trucking companies that traditionally relied on drivers from middle America are recruiting in urban Hispanic communities, advertising in Spanish, appealing to high-school students and setting up booths at job fairs.
Truck-driving schools also are responding to demand

While it may be wonderful to have your children around again, the goal should be to help them achieve financial independence.

haul truckers in nearing retirement and driver recruitment is lagging industry growth. The ranks of long-haul truck drivers expanded by 1.6 percent last year, according to federal data, while industry expansion is projected at 2.2 percent a year over the next decade. If those trends hold, a current 20,000-driver shortfall will balloon to 110,000 by 2014, a figure that doesn't include the approximately 219,000 truckers expected to retire during that period, according to a study commissioned by the American Trucking Associations, an industry group based in Alexandria, Va.
To close the gap, companies want trucking to be attractive to Hispanics, who are joining the broader U.S. work force.
Please see TRUCKING, Page E3

Corporate overload

Some executives ditch corporate life for balance

CHICAGO — The epiphany for Rudy Bourgeois came in the form of a stinging rebuke from his daughter during a weekend when, as always, she was preoccupied with her job.
"Mommy, I don't want to be like you when I grow up," the frustrated sixth-grader told the shocked executive. "All you do is work, work, work, and you're always stressed."
Bourgeois' career and life turned for the better on that painful moment — she resigned her high-level position to run a business out of her Duluth home. So did John Gates when he left a corner office for a farm and tractor, and Jim Modica when he turned his back on Madison Avenue to open a pet boutique.
Forsaking corporate jobs may not yet be a trend, but if boomers made it one it wouldn't be surprising for a generation known for shattering barriers and doing things in its own unconventional way.
Due largely to boomers' insistence, work-life balance is becoming more of a priority for a U.S. population getting older and wealthier.
Kathleen Christensen, director of a program sponsored by the Alfred P. Sloan Foundation

examining the work-force and working families, says research
Please see BUSINESS, Page E2



Rudy Bourgeois, CEO of Center for Workforce Excellence, is seen in her home office Wednesday in Plano, Texas. Formerly a vice president with a Fortune 100 company, Bourgeois, 48, resigned her high-level position to run a consulting firm out of her home and bring some balance into her life.

MONEY

Business

Continued from E1
Clearly shows American employees want flexibility in their jobs and more control over their working hours.

Instead of waiting for the boss to suggest something, she recommended employees propose flexible schedules that offer demonstrable benefits for their employers. Someone working a highly cyclical business, for example, could offer to work a part-year schedule where their time off would correspond with the slow periods in order to cut labor costs; even an office assistant might be able to demonstrate how coming in earlier and leaving earlier would get more phone calls answered while addressing his or her personal needs.

"Companies are seeing that flexibility can be a means to encourage productivity, improve retention and in some cases increase productivity," Christensen said. "I think any company that is losing critical human capital is going to step back and say 'We are losing not only money but the investment we made in our assets.' This person has an enormous amount of institutional knowledge about our organization over a long period of time."

Employers that don't adjust for those needs, or can't, risk losing top talent, says Christensen. At 45, she said that after getting what amounted to a wakeup call at home six years ago.

One of the first black female vice presidents in the consumer goods industry, she managed a \$3 billion business unit for a multinational conglomerate. The company was recalled by her "fabulous," she recalled, but they were endless 80-hour weeks and travel. Lost in



Jim Modica works at Asbury Bark, his pet boutique and pet bakery, Friday in Asbury Park, N.J. Modica worked in advertising in New York City, but after feeling trapped by a routine that demanded working nights, quit last year to open the shop.

the shuffle were her two children, and her daughter finally erupted one Saturday.

Compelled to fire out just one more e-mail, Bourgeois risked making her daughter miss a volleyball tournament. "It's a burden for you to take me to my game," she told her accusingly — something her mother couldn't truthfully deny.

"I concluded that my life was out of control," Bourgeois said from her home in Plano, Texas. "I was defined by my job. I WAS the rat race."

It wasn't easy to abandon the race. Two years and many tears later, she started a training and consulting firm in her home called the Center for Workforce Excellence.

Today she works out of a "little bit" part of the house and still experiences work stress running her business. But her work week is down to 40 hours and the 10-second commute is hard to beat.

Some of her newly found work time is spent in writing books on career strategy called "Her Corner Office." Her own best move, though, turned out

to be juggling of the traditional ladder altogether.

"You've got to follow your heart," she said. "Easy words to say, but hard to live up to."

Like Bourgeois, Gates quit in order to move up in the business world, accumulating power and perks along the way. After 20 years in various senior management jobs, he had risen to president of a Fortune 500 company's Canadian unit.

Offered a promotion, he quit instead at age 49 and bought a farm in his native Missouri, putting away his business suit to raise dairy cows.

Not every fed-up business person has the option to chuck it all or can afford a 200-acre farm, of course. But Gates said he paid a big personal toll over the years — bad hours, heavy stress related health problems and a lack of family time — that had begun to more than offset his monetary gains.

"I left for work before the sun came up and came home after the sun went down," he said. "Either that or I was on a plane," he said. When his house was being remodeled, he and his wife had to be on the job every day doing administrative work or writing and the other half driving a tractor, fixer-upper, or otherwise providing the farm.

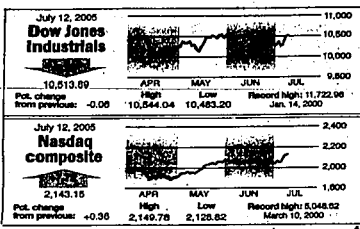
Gates plotted his escape for three or four years, finally moving in 2002 with his wife, Sally, to near Helena, Mont. Now he spends half his day doing administrative work or writing and the other half driving a tractor, fixer-upper, or otherwise providing the farm.

While acknowledging that the corporate grind paid off for him financially, he asked "Is it really important to have a Mercedes? The things that are important are the love of the family, and I got such a change of seeing a lot of trees and animals."

Modica, 50, wasn't miserable in a career as a marketing and advertising agency exec. He was, but he felt boxed in and somewhat trapped by a routine that demanded working nights, weekends, and 50 to 75 hours a week, along with constant meetings, frequent travel and "sometimes being around people in the corporate environment who have no life."

So last fall, the animal lover and budding entrepreneur opened his pet boutique and bakery on the New Jersey shore — a bakery and boutique for dogs and cats. "Asbury Bark" enables him to use his marketing and marketing skills and have fun merchandising the store's whimsical assortment of items from gourmet butters, gingerbread low-fat biscuits to "pupcakes," cat cards and dog jags.

"You can always go back but you may not always have the opportunity to try something new," he said. "The chance may be gone."



S&P nears four-year high in mixed trading

NEW YORK (AP) — Stocks meandered to a mixed finish Tuesday as higher oil prices pressured the market, but the chairman and CEO of a major oil company near a four-year high in a sign of Wall Street's underlying bullishness.

While there was little news to give the markets a clear direction, the stock market held on to the gains of the past three sessions, which saw the major indices tumble roughly 3 percent. Strong earnings from PepsiCo Inc. and other helped investors remain positive.

That helped Wall Street crude-futures trade with a gain. Oil prices rose above \$60 per barrel as traders worried about a possible hurricane season in the Gulf of Mexico. A barrel of light crude was quoted at \$60.62, up \$1.70, on the New York Mercantile Exchange.

"On balance, things are going well, but the mood is still very, very guarded," High Johnson, chief investment officer of Johnson Illingard Ad-

visors, said of stocks. "Confidence in the market is improving, but it's improving in very small steps because there's still a lot of uncertainty out there, like oil prices."

The S&P rose 2.77, or 0.23 percent, to 1,222.11, just 3 points shy of its four-year high of 1,225.31, reached March 7. The index briefly surpassed that level before edging back to the last hour of trading.

The Dow's day was unsurprising given the higher price of oil and the average's bent toward energy-sensitive industrial companies.

The Russell 2000 index of smaller companies was down 0.35, or 0.14 percent, at 670.79, its lowest since its all-time high set Monday.

NEW YORK STOCK EXCHANGE

Table with columns: Name, Div, Last, Chg. Lists various stocks like AAPL, AMZN, MSFT, etc. with their respective prices and changes.

MARKET SUMMARY

Summary table for NYSE, AMEX, and NASDAQ. Includes columns for Most Active, Gainers, Losers, and Diaries.

NASDAQ NATIONAL MARKET

Table listing various NASDAQ national market stocks with columns for Name, Div, Last, Chg.

INDEXES

Table showing various market indices like S&P 500, Dow Jones, etc. with columns for High, Low, Last, Chg, YTD % Chg, and 52-Week High/Low.

STOCKS OF LOCAL INTEREST

Table listing stocks of local interest with columns for Name, Div, PE, Last, Chg, YTD % Chg, and 52-Week High/Low.

HOW TO READ THE MARKET REPORT

Text explaining how to read the market report, including symbols for market status and volume.

AMERICAN STOCK EXCHANGE

Large table listing American Stock Exchange stocks with columns for Name, Div, Last, Chg.

Trucking

Continued from E1
An eye-popping rate and filling of trucks are being reported, according to the federal Bureau of Labor Statistics.

In connection to the growth of Hispanic population, we're not reaching out as fast as we should," said Larry Johnson, president of the Nebraska Trucking Association.

Johnston's organization has sought to establish a presence in heavily Hispanic south Omaha, where it sponsors stay-in-the-city program to train traditional recruiting ground's family farming communities.

At 13, Lua joined his father's trucking company, oranges lemons and lemons trucking in Lexington and Pennsylvania where he found his way to the trucking industry with the help of a senior dispatcher who trained him in low-income farmworkers.

New 39, Lua has driven a truck for J.P. Donmyer Inc. for seven years, hauling limestone, ash and building materials across the eastern United States.

He listens to Spanish-language radio stations or CDs of Hispanic musicians like Fernandez to pass the time on the road, keeps a photograph of his two children next to the steering wheel, and earns \$60,000 a month or a year driving 60 hours a week.

And banks pay attention if he wants a credit card or a loan, he said.

Continued from E1
"Some of them even have fireplaces," Madison said. Kleifer Bull has been placed with the quality of Magic Valley's available work force.

Madison also commended state, regional and local economic development leaders for their work to recruit Kleifer Bull's Gooding's Urban Renewal Agency.

Kleifer Bull is paying property taxes on the building and will have the option to buy the property with lease options.

"The business community of Gooding has been wonderfully welcoming," Madison said.

Times-Herald business writer Megan-Hinds-Myers can be reached at 733-3238 or megan.myers@t-h.net.

Something missing?
We are able to customize our market reports. If you're interested in a stock, mutual fund or commodity that's not in our report, give us a call and we'll try to include it.

Please call Ramona Jones at 733-0931, Ext. 262, with your suggestions.

CLOSING FUTURES

Table with columns: Commodity, High, Low, Change, Close. Includes items like Soybean, Corn, Wheat, and various oil products.

MARKETS

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NEW YORK BOARD OF TRADE TRADING

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Table listing various mutual funds with columns for fund name, share price, and other details.

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MAUSER 83 Spanish, 5125, 7425 Standard Arms M7 30 30 \$250, rare Leo Enfield Mark II .303, \$100. French .303, 1936, like new, \$150.

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BKS rifle 30 round magazine, ammo and hardware included. \$150. 200-404-6299 or 208-595-4391.

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MOUNTAIN HOME Thursday - Saturday 10am-7pm. Robert's Estate. Complete household furniture & appls. all in equipment.

TWIN FALLS Friday 7-2. Clean & in good condition. Clothes, linens, household items, & furniture.

TWIN FALLS Thursday 7-14 & Friday July 15. 9:5. Vintage jewelry sale. Donations accepted.

ATVs. Yamaha Blazer 4 wheeler. 200cc, exc. cond. good tires, new plastic, new seat. \$1,500/offer. Call 208-410-0995.

ATV CARRIER, HMS, mounts in pickup bed, storage underneath, like brand new. \$500. 439-8250.

HONDA 100 Shadow. AC, black chrome, less than 900 miles. Tricked out. \$1,200. Call 208-312-8237.

HONDA '93 Shadow 750cc AC. 12,500 mi., burgundy/cream, saddle bags, wind shield, accessories. \$400/offer. Call 208-312-8237.

LEM '00 LX3 Factory. 50cc dirt bike, super clean, never ridden. \$1,200. Call 208-731-9748.

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BAYLINER '90 18' drive, 100 hp, 1000 lbs. ballast, rebuilt, low hours, 17 hr. open bow. \$3,500. Call 208-734-8632.

BOAT '78, Fordy new 360 hp motor, 2000, trailer included. \$3,500/offer. 439-8539. 208-312-8237.

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CAR-LITE '84 24 ft. 6th wheel, sleep 6, AC, awning, microwave, shower, refrigerator, range, very clean. \$6,000. Call 208-984-8484.

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KIT '78 Road Ranger, 16 foot. Good condition. \$2,500. Call 208-733-8554.

NOMAD '78 19ft. self-contained, sleeps 6. \$2,000. Call 208-438-5538.

PALOMINO '90 Stallion, tent trailer, 20' long, \$1,000. Call Robert 308-7608.

ROADRANGER '92 5th wheel, 28 ft. good condition. \$4,000. Call 543-9023 or 731-3818.

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SCOTSMAN '83 12' camp trailer, sleeps 4, 2nd air, no rust. \$550. Call 208-424-5519.

WILLYS '83 wagon, all original, drives good. In good condition. Call 208-734-4468.

FORD '78 LN9000, with 20" hydraulic drive, chain, slide bed, 3rd. \$10,500/offer. Call 208-324-8237.

FRIEHLINGER '89 430 Detroit 10-speed, 70 hp incher, 2 slide, approx. 800K, factory rebuilt engine. \$4,100. Call 208-324-8237.

WILDMAN '90 48102 California side load. \$2,500. Call 48102 California side load. 712-475-5226.

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CHEVY '06 Silverado 1500, 27,282 miles. \$18,025. Call 208-324-3900.

CHEVY '98 Trailblazer LS 4x4, v6, expect to pay over \$34,000. Call 208-324-3900.

CHEVY '70 4x4, custom camper pickup, 2WD, new rebuilt engine. \$2,700 or best offer.

CHEVY '81 4x4, 2WD, with camper shell, 18 ton. \$2,700 or best offer.

CHEVY '82 4x4, 3.0L 2WD, with camper shell, 18 ton. \$2,700 or best offer.

CHEVY '82 4x4, 3.0L 2WD, with camper shell, 18 ton. \$2,700 or best offer.

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CHEVY '82 4x4, 3.0L 2WD, with camper shell, 18 ton. \$2,700 or best offer.

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Additional services listed in the bottom right corner of the directory page.

Wednesday, July 13, 2003

THE ACES ON BRIDGE® Bobby Wolff

"Not being able to control events, I control myself, and I adapt myself to them, if they do not adapt themselves to me."
— Michel de Montaigne

On today's challenging deal most pairs would reach six no-trump, a contract with only 11 tricks unless hearts split. Can playing in the 4-3 club fit produce an extra trick?

Well, if declarer draws trump and then finds hearts not spilling, he will be short at least one trick. While declarer can usually ruff low cards in a suit he wants to establish, this hand is an exception: the combined trump holding for North-South is too delicate. For the same reason, and because of the poor communications, ruffing two spades in dummy looks unlikely to succeed.

How about a completely different approach? Win the opening lead with dummy's spade king and immediately duck a heart. Win the spade return, ruff a spade with the club queen, and now draw trump. After doing that, you can run dummy's good hearts. All in all you take four hearts, five trumps, and three other top tricks.

The idea behind ducking the heart at trick two is that all the suits remain under control. By contrast, if you had to give up a heart after ruffing a spade in dummy, West would win and be able to cash a spade winner. By ducking a heart, you keep your fragile trump holding intact while catering to a possible 4-2 split in hearts.

The recommended line succeeds when neither defender has a singleton in clubs, hearts or spades (not too much to ask, surely), far better than playing for a 3-3 heart split, which happens only about one time in three.

NORTH 07-13-A
♠ K 2
♥ A K Q 4 2
♦ A 7 5
♣ Q 6 5

WEST
♠ Q 3 10 6 3
♥ J 8 7 3
♦ K 8
♣ 7 3

EAST
♠ 9 5
♥ 10 6
♦ Q 10 6 3 2
♣ 9 8 4 2

SOUTH
♠ A 8 7 4
♥ 9 5
♦ J 9 4
♣ A K J 10

Vulnerable: North-South
Dealer: South

The bidding:
South West North East
1♠ Pass 2♥ Pass
2♠ Pass 3♠ Pass
3NT Pass 4NT* Pass
6♣ All Pass
Quantitative, not Blackwood

Opening lead: Spade queen

BID WITH THE ACES

South holds:
♠ Q 7 10 6 3
♥ J 8 7 3
♦ K 8
♣ 7 3

South	West	North	East
1♠	Pass	2♥	Pass
2♠	Pass	3♠	Pass
3NT	Pass	4NT*	Pass
6♣	All Pass		

ANSWER: Rebid two hearts, not as a game try, but to offer a choice of partials. Many responders with this hand would use New Minor Forcing, a conventional inquiry at their second turn to promise a good hand and to look for an eight-card fit in a major. But even without this, it is normal to play that two hearts here is not constructive, but looking to bail out at the two-level.

If you like to contact Bobby Wolff, e-mail him at bobbywolff@midwestcard.com.
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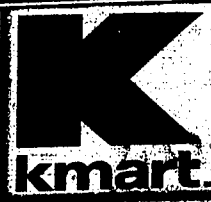


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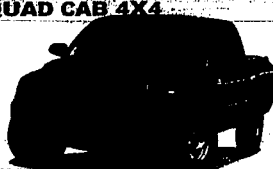
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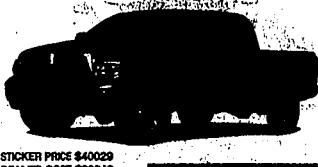
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