

GOOD MORNING

WEATHER

Today: A few clouds with increasing winds. High 89, low 58.
Page A2

MAGIC VALLEY



Working to give: Jerome retinee runs church's food pantry.
Page A4

IMAGE



Feeling the pain: New research says fibromyalgia victims are just better at it.
Page D1

SPORTS

Running up the mountain: American man rests after running up Mt. Kilimanjaro in record time.
Page B1

OPINION

The Bush course: President defends Iraq war during Idaho visit, but it's still Iraq's fight, today's guest editorial says.
Page A8

COMING UP



Scrap-happy
Fairgoers can paste up creativity at a new competition. Read more in our Fair Guide.
Tuesday In The Times-News

INDEX

Businesses/Services C9
Classified C4-10
Comics C2
Crossword C7
Dear Abby D4
Horoscope D4
Image D1
Jumble C7
Magic Valley A5
Movies A7
Nation A3,A7,C3
Obituaries A5
Opinion A8
Random facts C3
School Days C1
Sports B1
Weather A2
West A5-6
World A3,A10

'GOD BLESS US'



Outside Surf Burger Restaurant on the coastal highway leading to Pensacola Beach, Fla., general manager Lawrence Tarver holds up a sign advertising free food to passers-by Sunday. Tarver said the food was given to spoil anyway and he wanted to give back during a time of crisis as Hurricane Katrina advanced toward the coast.

New Orleans flees, braces, prays as hurricane bears down

The Associated Press

NEW ORLEANS — With a Category 5 hurricane bearing down on his below-sea-level city, Mayor C. Ray Nagin made what he could to his fellow citizens to flee and then left it in the hands of a higher power.

"God bless us," a grim Nagin said Sunday as Hurricane Katrina's 160 mph winds swirled on a seemingly irreversible course toward the Big Easy.

Nagin ordered a mandatory evacuation for the city's 485,000 residents and opened the Superdome as a shelter of last resort, bluntly warning those who stayed that they would be at the mercy of Katrina's high winds, 28-foot storm surge and 15 inches of rain that threatened to overwhelm the city's protective levees.

"We are facing a storm that most of us have long feared," Nagin said. "This is a once-in-a-lifetime event."

Katrina intensified into a Category 5 giant over the warm

water of the Gulf of Mexico, reaching top winds of 175 mph before weakening slightly on a path to hit New Orleans around sunrise Monday.

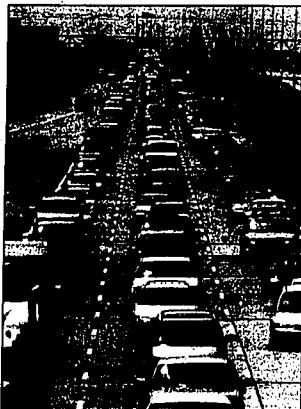
That would make it the city's first direct hit in 40 years and the most powerful storm ever to slam the city.

Forecasters warned that Mississippi and Alabama were also in danger because Katrina was such a big storm — with hurricane-force winds extending up to 105 miles from the center — that even areas far from the landfall could be devastated.

Even as the eye of the hurricane was still more than 100 miles south of the mouth of the Mississippi River, Grand Isle was recording sustained winds of nearly 44 mph and gusts up to 55 mph.

"The conditions have to be absolutely perfect to have a hurricane become this strong," National Hurricane Center director Mix Mayfield, noting that Katrina may not be more powerful than 1992's Hurricane

Please see HURRICANE, Page A2



Hurricane Katrina
Interstate 10 as they come into Slidell, La. from New Orleans on Sunday.

Coffee reported to be a top source of antioxidants

The Associated Press

WASHINGTON — When the Ink Spots sang "I love the java life and it loves me" in 1940, they could not have known how right they were.

Coffee not only helps clear the mind and perk up the energy, it also provides more healthful antioxidants than any other food or beverage in the American diet, according to a study released Sunday.

Of course, too much coffee can make people jittery and even raise cholesterol levels, so food experts stress moderation.

The findings by Joe A. Vinson, a chemistry professor at the

University of Scranton, in Pennsylvania, give a healthy boost to the warming beverage.

"The point is, people are getting the most antioxidants from beverages, as opposed to what you might think," Vinson said in a telephone interview.

Antioxidants, which are thought to help battle cancer and provide other health benefits, are abundant in grains, tomatoes and many other fruits and vegetables.

Vinson said he was researching tea and cocoa and other foods and decided to study coffee, too.

His team analyzed the antioxidant levels in 27,750 students has concluded helicopter parenting has gotten out of hand, undermining the out-of-the-classroom lessons on problem-solving, seeking help and compromise that should be part of a college education.

Those lessons can't be learned if the response to every difficulty is a call to mom and

Iraq finishes new constitution

The Associated Press

BAGHDAD, Iraq — Iraqi negotiators finished the new constitution Sunday and returned it to the voters but without the endorsement of Sunni Arabs, a major setback for the U.S. strategy to lure Sunnis away from the insurgency and hasten the day U.S. troops can go home.

The absence of Sunni Arab endorsement, after more than two months of intensive negotiations, raised fears of more violence and set the stage for a bitter political fight ahead of an Oct. 15 nationwide referendum on the document.

A political battle along religious and ethnic lines threatened to sharpen communal divisions at a time when relations among the Shiites, Sunni Arabs and Kurds appear to be worsening.

Sunni negotiators delivered their rejection in a joint statement shortly after the draft was submitted to parliament. They branded the final version as "illegitimate" and asked the Arab League, the United Nations and "international organizations" to intervene against the document.

Intervention is unlikely, however, and no further amendments to the draft are possible under the law, said a legal expert, Husseini Adhbi.

If this constitution passes as it is, it will worsen everything in the country," said Saleh al-Mutlak, a Sunni negotiator.

President Bush expressed disappointment that the Sunnis did not sign up but pinned his hopes on the referendum, saying it was a chance for Iraqis to "set the foundation for a permanent Iraqi government."

But the depth of disillusionment over the charter in the Sunni establishment extended beyond the 15 negotiators, who were appointed to the constitution.

Please see IRAQ, Page A2

Reaction to constitution as varied as Iraqis.

See page A3

Helicopter parents: Colleges try to contend with parental hovering

The Associated Press

HAMILTON, N.Y. — They're called "helicopter parents," for their habit of hovering — hyper-involved — over their children's lives. Here at Colgate University, they're increasingly bold in recent years, telephoning administrators to complain about their children's housing assignments, roommates and grades.

Recently, one parent demanded to know what Colgate planned to do about the sub-par plumbing her daughter encountered on a study-abroad trip to China.

"That's just part of how this generation has been raised," said Mark Thompson, head of Colgate's counseling services. "You add a \$40,000 price tag for

a school like Colgate, and you have high expectations for what you get."

For years, officials here responded to such calls by biting their lips and making an effort to keep parents happy.

But as freshman orientation here last week, parents heard a different message: Colgate is making educating students a higher priority than customer service. The liberal arts college of 2,750 students has concluded helicopter parenting has gotten out of hand, undermining the out-of-the-classroom lessons on problem-solving, seeking help and compromise that should be part of a college education.

Those lessons can't be learned if the response to every difficulty is a call to mom and

dad for help.

"We noticed what everybody else noticed. We have a generation of students that are heavily involved in their students' lives and it causes all sorts of problems," said Dean of the College Adam Weinberg. College, he said, should be "a time when you go from living in someone else's house to becoming a functioning, autonomous person."

Colgate says it has ample resources to help students. But when parents call, they usually throw a safety risk, it's less than told to encourage their children to seek out those resources themselves.

As for the China inquiry, Weinberg said, "we tried to explain in the 21st century. The

Please see PARENTS, Page A2



Early Turro sorts through items while moving into her dorm room as her parents Flora, left, and Joe take a break Thursday at Colgate University in Hamilton, N.Y.

Schools struggle to teach ESL

By Joshua Palmer
Times News writer

JEROME — Shawn Silva's classroom seems no different than any other in Jerome's Jefferson Elementary School. The walls are decorated with stickers, smiley faces and vocabulary words. The chairs, placed neatly around the tables, are all that is left after 1 p.m. when all the students have returned home.

But the program Silva teaches is frequently misunderstood, not only by the public, but also by the federal agencies responsible for overseeing the nation's education system.

Silva teaches the English as a Second Language class for primary students in Jerome. It is a program designed to help students who cannot speak English develop language comprehension so they can learn in the same classes as their English-speaking peers.

With the release of the state's Adequate Yearly Progress reports, some districts found that they did not meet the federal standard. But the schools that did not meet the standard shared a common statistic: None met the Hispanic-reading or math-proficiency level.

"We needed to have a 72 percent proficiency rate," said Mike Brown, who serves as the ESL and special education director in the Jerome County school district. "But we ended up with about a 70 percent proficiency rate because we came up about two kids short of meeting the requirements."

It is common among schools that have higher populations of Hispanic students to fail AYP and other federal standards. However, it has little to do with faculty or staff efficiency.

According to the 2005-06 state Limited English Proficiency allocations, Jerome received \$169,112 this year to work with more than 700 students who read, write or speak English. This works out to be a little more than \$24 per student. However, the district estimates the actual number of students from kindergarten through grade 12 to be around 900.

Although schools have funds set aside in their yearly budgets for ESL programs, districts are concerned about federal agencies requiring higher standards even though districts are not

Please see ESL, Page A2

TWIN FALLS FORECAST

Today: A low scattered afternoon clouds along with increasing winds. Highs will be in the upper 80s to low 90s...

BURLEY/RUPERT FORECAST

Today: Afternoon clouds along with increasing winds. Highs will be in the mid 80s.

IDAHO'S FORECAST

SUN VALLEY SURROUNDING MTS. An approaching frontal system will bring a chance for showers and isolated thunderstorms today.

BOISE There will be a few scattered clouds around today as a frontal system moves through.

NORTHERN UTAH A cold front moving through the area will bring windy conditions today along with cooler temperatures for tomorrow.



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TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges.

ALMANAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure.

Moon Phase

Table with 4 columns: Sep 3, Sep 11, Sep 18, Sep 25. Includes moon phase icons.

REGIONAL FORECAST

Large table with multiple columns for various cities: Boise, Idaho Falls, Pocatello, etc. Includes today, tomorrow, and weekend forecasts.

CANADIAN FORECAST

Table with 4 columns: City, Today, Tomorrow, High/Low.

Moonrise and Moonset

Table with 2 columns: Moonrise, Moonset.

NATIONAL FORECAST

Table with 4 columns: City, Today, Tomorrow, High/Low.

WORLD FORECAST

Table with 4 columns: City, Today, Tomorrow, High/Low.

TODAY'S NATIONAL MAP



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Iraq

Continued from A1

The country's Sunni vice president, Ghazi al-Yawer, did not show up at Sunday ceremony marking completion of the document. When President Jalil Talabani said that al-Yawer was ill, senior government officials including Deputy Prime Minister Ahmad Chalabi howled with laughter.

ESL

Continued from A1

Silva's class is equipped with a set of Playstation game console purchased through the Lightspan Grant from Lightspan Inc., a company that manufactures learning software for personal computers and Sony Playstations.

ite south, devout Sunnis of Iraq's vast oil wealth concentrated at the opposite ends of the country and open the door to Iranian influence in the Shiite south.

Many key Shiite leaders took refuge in Shiite-dominated Iraq during Saddam's rule. The constitution identifies Iraq as an Islamic - but not an Arab - country, a concession to the Kurds and other non-Arab minorities.

Coffee

Continued from A1

dates, cranberries and red grapes are among the leading fruit sources of antioxidants, he said. The antioxidants in coffee are known as polyphenols. Sometimes they are bound to a sugar molecule, which covers up the antioxidant group, Vinson said.

Parents

Continued from A1

ability to pip down in a foreign country and hit the ground running is a fundamental skill. Heightened parental involvement is one of the biggest changes in college campuses in the last decade, experts say.

Hurricane

Continued from A1

Andrew, and hit with winds of 165 mph, leveled parts of South Florida, killed 43 people and caused \$31 billion in damage.

crails and fiber," Vinson said. Dates, cranberries and red grapes are among the leading fruit sources of antioxidants, he said.

"The antioxidants in coffee are known as polyphenols. Sometimes they are bound to a sugar molecule, which covers up the antioxidant group, Vinson said. The first step in measuring them was to break that sugar link. He noted that chemicals in the stomach do the same thing, freeing the polyphenols.

Parents

Continued from A1

more, says when students walk out of a test, many dial immediately to report how it went. One friend checks in with her mother every night before going to bed to see how she did.

Hurricane

Continued from A1

in spots, the hurricane was a mercy of a network of levees, canals and pumps to keep dry. With Katrina's outer bands of rain and squalls lashing New Orleans early Sunday evening, scientists predicted the levee system would easily be overtake, swamping the city in a cesspool of toxic chemicals.

institute that people who drank coffee daily or nearly every day had half the liver cancer risk of those who never drank it. The protective effect occurred in people who drank one to two cups a day and increased at three to four cups.

Last year, researchers at the Harvard School of Public Health found that drinking coffee cut the risk of developing the most common form of diabetes. Men who drank more than six 8-ounce cups of caffeinated coffee per day lowered their risk of type 2 diabetes by about half, and women reduced their risk by nearly 20 percent, computed with people who did not drink coffee, according to the study in Annals of Internal Medicine.

Parents

Continued from A1

home when they want to talk. At Washington University in St. Louis, upperclassmen help students with healthy transitioning for parents. The University of Vermont hires students as "parent ambassadors" to delicately keep parents from interfering in meetings with advisers.

Hurricane

Continued from A1

Jefferson Parish President Andrew Broussard said some who had hidden out previous storms in the New Orleans area may not be so lucky this time. "I'm expecting that some people who are die-hard will die," he said.

The Times-News Information Line 735-3350. Lottery and Weather Information are just a phone call away! Includes logos for Lottery and Weather Information.

Bomber attacks bus station

BEERSHEBA, Israel (AP) — It looked suspicious to a taxi driver — a man, nervous, perspiring profusely, carrying a heavy bag toward the bus terminal, lowering it to the ground several times in violence-worn Israel, the driver thought "bomber." He was right.



At the same moment, two security guards rushed the man, and he detonated the bomb he was carrying, killing himself. The guards, critically wounded, saved dozens of others from death and injury — they kept the Palestinian suicide bomber out of the crowded bus station during Sunday morning rush hour.

Israeli media said in addition to the two guards, 46 people were treated for shock.

The bombing was the most serious Palestinian attack since Israel removed settlers from Gaza and part of the West Bank last week — but Palestinians linked the bombing to Israel's deadly arrest raid in a West Bank refugee camp last week.

Nearly 12 hours after the attack, an Islamic Jihad official claimed responsibility and said the bomber came from Beit Umar, a village near the southern West Bank city of Hebron, but no official announcement was made.

The bomber crossed into Israel from the southern Hebron hills, the section of the West Bank across from Beersheba. After a double suicide bombing killed 16 in the city a year ago, a security station barrier along the West Bank in that area was to be sped up, but the line there remains largely unfortified.

Palestinian leader Mahmoud Abbas denounced the bombing as a "terror attack" and called on Israel to show restraint. "We condemn such an action because we don't accept them, and we call on everyone to refrain from retaliation," he said.

In a statement, the official West Bank news agency quoted Abbas as linking the bombing to Israel's arrest raid in the Tulkarem refugee camp last week, killing five Palestinians. Abbas said a February trea-

son security officers collect debris following a bombing Sunday in the southern Israeli city of Beersheba. A suicide bomber blew himself up at the central bus station of Beersheba, wounding at least 10 people, two critically, police and rescue workers said.

Israel has taken the necessary steps to further the prospects of peace with the Palestinians," said David Baker, an official in Sharon's office. "This bombing... is another indication that the Palestinian Authority must take proper steps against terror, and without these steps, there will be no progress between both sides."

Sunday's explosion was in a dirt parking lot about 100 yards from the bus station, which was crowded with morning rush-hour travelers. Witnesses said two security guards halted the bomber, preventing a much larger attack. The guards were injured, and Israeli media reported that 46 people were treated for shock. "I had driver Izzak Ohana said he was waiting for customers in the lot when he saw the bomber, a man about 20, who had short hair and was dragging a heavy bag and sweating. Ohana said he told a security guard about the suspicious-looking man and called the police. "While I was talking to the police, there was an explo-

sion," he said. The bomber was killed. After the attack, police raised the alert level across the country.

During Sunday's Cabinet meeting, Defense Minister Shaul Mofaz said the West Bank is becoming the focus for Israel's war against militants. He said Israel has made it clear that the Palestinians must fulfill their pledges to act against violent groups. Despite the bombing, Israel pushed ahead with arrangements to complete its pullout from Gaza.

Israel's Cabinet approved an agreement with Egypt to post 750 Egyptian border guards along the frontier between Gaza and Egypt, Israel's parliament agreed on the accord on Wednesday.

Israel has been patrolling the border, trying to prevent Palestinians from smuggling weapons and other contraband through tunnels under the border into Gaza. Deployment of the Egyptian force would allow for an Israeli pullout, expected by the end of the year.

The Cabinet vote in favor of the arrangement was 20-2. Besides warning that Palestinians could smuggle long-range weapons that could threaten Israel, critics charge that the deal corners terms of the 1979 Israel-Egypt peace treaty demilitarizing Egypt's Sinai desert.

Also Sunday, Israel began transferring 48 graves from the now-empty Gaza settlement bloc to Israel. All the graves were to be moved by the end of the week, the army said.

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Iraqis mixed on draft constitution

By Noam N. Levy
Los Angeles Times

BAGHDAD, Iraq — There were street bands in Basra and fireworks in Baghdad. In Kirkuk, some sneered at it. And in Samawa, some saw relief in it.

Across the country Sunday, Iraqis greeted news of a draft constitution with the same divergent opinions as their leaders had shown with warring for months over the charter's wording.

For Hassan Ali Hussein, a 28-year-old resident of the Shiite Muslim holy city of Najaf in southern Iraq, it was a day of hope.

"This means the end of terrorism and the building of a new Iraq that will be a great example for countries in search of freedom," said Hussein, one of dozens of Iraqis interviewed at random around Iraq.

For 46-year-old Mosul resident Ahmed Jaboori, it was a day to be proud. "This proves the water in Iraq is not stagnant. It is flowing, and we are progressing to a brighter future," he said, taming like many to colorful imagery to describe the historic day.

Al-Iraqiya, the U.S.-funded news channel, broadcast scenes of revelers across Iraq all Sunday evening, featuring dozens of Iraqis congratulating the constitution's framers for completing the draft charter, which will be submitted for the approval of Iraqi voters in a referendum in October.

But it was ominous voices, too, apparently confirming the dire warnings from some opponents of the bitterly debated document that it could further divide Iraq.

In Kirkuk, an oil-rich northern city that some fear will be flashpoint for conflict between Kurds and Sunnis, Ahmed Abdullah, a Sunni Arab, angrily denounced the draft charter Sunday.

"The new constitution does not represent all Iraqis," said Abdullah, a retired army general. "The Shites and the Kurds

wrote it for their own interests and to distribute wealth among themselves, with no consideration for Sunni citizens."

Abdullah predicted that Sunnis, who make up 20 percent of the country's population but virtually controlled the state under Saddam Hussein, would boycott the constitutional referendum in October. Many other Sunnis, however, have predicted they will be deeply involved with the campaign to defeat the charter.

In the south, in the Shiite stronghold of Basra, Lamy Ahmed Amir, a 46-year-old Shiite printer, saw the constitution in bleak terms.

"This constitution has been written to divide the nation," he said. "It is an Iranian American project... These dangerous political tricks will not pass on us."

Samawa resident Ali Al-Tar, a 44-year-old attorney, said he hoped the new constitution would bring Iraqis together. "I hope they will vote for it," he said. "We do not want any differences, no distinguishing between different sects. After all we went through, we would like Iraqis to be able to point at the constitution with pride."

But 51-year-old Abu Saban said a vote for or against the constitution would be immaterial.

"There are many things that are more important to us than the constitution," said the shop owner, complaining of the persistent lack of electricity, water and other services that make life in many Iraqis nearly unbearable.



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Bigger French role in U.S. war on terrorism warns ties

DUBAI, United Arab Emirates (AP) — As the going gets tougher for the U.S. military in Afghanistan and elsewhere in the war on terrorism, a senior U.S. official said despite a recent straining of ties, France.

Paris has significantly boosted its military presence in Central Asia and Afghanistan, plus in nearby seas, as both it and Washington nurture their budding rapprochement after a bitter fallout over the Iraq war.

French fighters have been flying sorties under U.S. command in Afghanistan since Aug. 16, and France took part in a major month of an international naval task force on terrorism-related patrols in the seas between the Horn of Africa and the Red Sea.

France has kept about 900 troops in Afghanistan since 2003, including 200 Special Forces soldiers fighting against the American-led coalition since taking its biggest role in the war's opening

weeks in 2002, when France had 5,500 troops in the region.

"It's France's wish to show that we are cooperating in the fight against terror and in support of you in Afghanistan," said French Air Force Col. Gilles Michel, who oversees his country's air force role in the theater. "We told the Americans, 'If you need some assets, we will provide them.'"

A French Defense Ministry official, speaking on condition of anonymity in line with French custom, said Paris was determined to keep battling terrorism in the wake of the Sept. 11 attacks and was increasing its military cooperation in Afghanistan to support next month's landmark legislative elections.

"We had a very clear position when it comes to Iraq," the Paris-based official said. "That has nothing to do with our fight against terrorism, with France working with our American colleagues on the NATO-led International Security Assis-

tance Force.

Since earlier this month, French Mirage-2000 fighters have been flying alongside U.S. Air Force A-10 Warthogs to assist American and Afghan ground troops near Kabul, Ghazni, Dehrawiz and Qalat, said Capt. David Small, spokesman for U.S. Central Command Air Force in Qatar.

Mirage F1-CR fighters also are handling reconnaissance missions, shooting intelligence video and imagery for targeting purposes, while French cargo planes supply bases in the theater.

A pair of French C-135 tanker planes, a version of the Boeing 707, are running air-to-air refueling for Mirages and Belgian and Dutch F-16s. By month's end, French tankers also will be refueling U.S. A-10s, said Michel.

"From the U.S. side, having their different types of aircraft at our disposal certainly benefits us," Small said. "It relieves some

of the stress on the other aircraft. Having the Mirages there also provides a different skill set."

France's current deployment is its largest since the Afghan campaign's early days, Michel said from Afghanistan's Bagram air base. It includes some 500 French pilots, air controllers and ground crew who are based this month at U.S.-operated bases in Afghanistan, Tajikistan, Kyrgyzstan and Qatar.

But even as it takes a larger role alongside the United States in Afghanistan, France has not diluted its opposition to the U.S.-led invasion of Iraq, a policy that enraged Americans and led to boycotts of French products.

The bad blood even harmed military ties, especially after U.S. Defense Secretary Donald Rumsfeld derided France as part of "old Europe." Now, at the military and political levels, Paris and Washington are dusting off their old friendship, said the Brookings Institution's Michael O'Hanlon.

TV soundman killed in Iraq, cameraman wounded

BAGHDAD, Iraq (AP) — A Reuters television sound technician was killed and a cameraman was injured Sunday while trying to cover a Baghdad gunbattle involving insurgents and U.S. troops. Police said the men were fired on by American forces.

Waleed Khaleel, 35, was killed and cameraman Haider Khadem was wounded while driving to the scene of the clash in the western Baghdad district of Adil, said Alastair MacDonald, Reuters' chief correspondent in Baghdad.



The two appear to have been targeted by a sniper, and Khadem was detained by U.S. troops after being shot, MacDonald said.

Maj. Mousa Abdul Karim of the Ghazaliyah police said U.S. soldiers opened fire on the two men near Umm al-Qura mosque.

A statement from the U.S. Army's Task Force Baghdad said troops responded to an attack on an Iraq police convoy that killed and wounded several officers.

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AROUND THE VALLEY

Valley Schools hold parents' night

HAZELTON — The Valley School District will hold two back-to-school nights for parents or guardians and members of the community this week.

The first meeting for kindergarten through fifth-graders will be held from 6 to 7 p.m. today. The evening's events begin with a general overview in the commons area of the Valley School District. For information about this event, call the elementary school office at 829-5568.

An event for sixth through 12th grades will begin at 7 p.m. Wednesday at the school district facilities. Parents/guardians of middle-school (sixth- through eighth-grade) students will meet in the old gym, and those of high school (ninth- through 12th-grade) students will meet in the new gym.

Participants will have an opportunity to follow their students' class schedules, meet all of their teachers and receive information regarding individual classes and instructor and curriculum requirements. The evening concludes with everyone gathering in the commons area for light refreshments. For information about this meeting, call Brian Hardy at 829-5961 (sixth through eighth grades) and Rod Malone at 829-5353 (ninth through 12th grades) during school hours. Translators and baby-sitting will be available for both sessions.

M.V. Symphony needs musicians

TWIN FALLS — The Magic Valley Symphony has commenced rehearsals for its 2005-06 season, themed "Openings." From October through May, the orchestra will present four concerts and celebrate the long-awaited additions to its concert venue, the Fine Arts Center.

Adult amateur musicians from Magic Valley and Wood River Valley have collaborated to perform classical music in Twin Falls for 45 years. A stage full of musicians that care enough to contribute their time, playing the world's most enduringly beautiful compositions — this is music-making at its best," said Symphony Director of Music Theodore Hadley. Additional musicians, especially string players, are needed. No audition is required. Interested musicians should contact Hadley at 733-1079.

Street repairs begin today in Twin Falls

TWIN FALLS — The chip-sealing project on Twin Falls City streets starts today. Expected completion is about Sept. 12.

Emery Brothers Construction received the contract from the city for the chip-sealing, and Road Work Ahead Construction Supply will conduct traffic control. Three days after streets are chip-sealed, a street-sweeping crew will pass over the streets to clean up excess chips. Street sweeping will be conducted at night, and traffic control will be present to make sure the public is aware of any work crews. Signs and flaggers will be present to ensure safety and protection for those using the streets.

Today's schedule:
 Carriage Lane from Addison Avenue East to Stadium
 Cerro Circle from Stadium to the end of the street
 Stadium from 2489 Stadium to Carriage Lane
 Bridlecone Drive from Whispering Pine to Stadium
 White Pine from Woodland to Stadium
 Woodland Drive from Filer Avenue to Bridlecone Drive
 Whispering Pine from Filer Avenue to Carriage Lane
 Boxwood Drive from Filer Avenue to Carriage Lane
 Wildrose Loop from Carriage Lane

— compiled from staff reports

Working to give



Lenny Meyers runs the food pantry at the First Church of God in Jerome. The food pantry is open every other week on Wednesdays and is located at 431 E. Ave. F.

Jerome retiree runs church's food pantry

By Karin Kowalski
 Times-News writer

JEROME — Lenny Meyers has giving hands and a listening ear. He puts both to use by running a food pantry at the First Church of God in Jerome. Meyers said getting to know people is one of the best parts of the work.

"In their lives, there's problems just like mine," Meyers said. "They come in and open up."

Sometimes they'll pray together if the people want to do that.

Meyers, a retired truck driver and longtime member of the church, founded the pantry about three years ago. He got the idea when he found out that his mother was living on less than \$600 per month from Social Security. He saw that others were in similar predicaments.

"There's a need here," Meyers said. He then visited a church in Marsing that ran a bread pantry, and rode with church members to the Idaho Food Bank in Boise. He asked about how to run a food pantry and was quickly in the business.

"I had people come out of the wood-

More information

The First Church of God's food pantry is at 131 E. Ave. F. and is open every other week on Wednesdays. For more information or to donate, call 324-2777.

work trying to get it started," Meyers said.

The pantry has grown from filling one room to taking over several in the church's basement. The congregation has between 60 and 70 members, he said, so several organizations support the pantry.

The pantry has worked with more than 800 families since it started and typically helps between 100 and 130 families every other week.

Meyers and a couple volunteers, including his father-in-law, make two trips to Boise every two weeks to buy food through the Idaho Food Bank.

In order to receive food, people have to meet South Central Community Action Partnership's income guidelines or be sick. Have a lot of prescription payments, have a death in the family or be on Social Security or disability benefits.

People line up as early as 11:30 for the pantry, which opens at 1 p.m., Meyers said.

The church also has a soup kitchen after its services on Sunday because few organizations run soup kitchens that day, Meyers said.

Rose Miller of Jerome said the food pantry has been a great help to her while she has dealt with several illnesses. "If it wasn't for them, I wouldn't be making it," she said.

When she gets better, she hopes to help cook for the soup kitchen.

Ehaine Solano of Jerome, volunteers to keep track of people's usage of the food pantry and translates Spanish as needed. She started out as a food recipient, then became friends with Meyers.

"I was looking for someone to talk to and he was here," Solano said.

In March, Meyers was recognized as a finalist for a Jefferson Award for Public Service. He's lived in Jerome and Wendell his whole life. He hopes to keep the pantry going, and possibly have one of his children take over when he's no longer able to help.

As for himself, Meyers enjoys the giving aspect of the work. "It makes you feel good all over," he said.

'A LIFE WELL-LIVED'

Former Twin Falls resident always fought for greater good

By Jami Whitton
 Times-News writer

TWIN FALLS — To know Ronald Woodrow "Woody" Pierce Sr. is to know a man who never gave up. Whether it was taking care of a new crop or providing a window for doctors, it was important to others, it was important to him.

As part of the hospital board, Filer School Board and American Soil Conservation Services, Pierce fought strongly for the greater good and he always did it with a smile. He died Aug. 21.

He grew up on a farm in Twin Falls and developed a love for the work, animals and land. At a young age, he learned how to take care of sheep and years later, as a leader in 4-H, taught his youngest daughter, Janie Humphrey, how to raise a herd of her own.

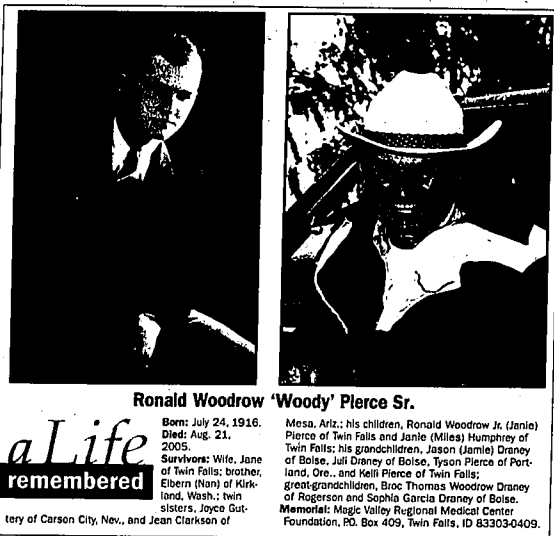
He excelled in football at Twin Falls High School and then at the University of Idaho. In the early 1930s he became state president of the Future Farmers of America and served two consecutive years.

His son, Ron, remembers his dad's stories of an FFA trip to Washington D.C. The group got his photo taken with President Roosevelt. Pierce fondly remembered the trip and often talked about it.

As a Vandal in Moscow, Pierce met his bride-to-be, Janie. The couple moved to Twin Falls and then farmed in Kimberly when their eldest daughter, Sally Anne, was born.

Later, while raising his children on a farm in Filer, the controversial subject of consolidating county schools arose. Pierce was happy to be a part of the merger and joined the Filer School Board.

"They were, one-room



Ronald Woodrow 'Woody' Pierce Sr.

Born: July 24, 1916.
 Died: Aug. 21, 2005.

Survivors: Wife, Janie of Twin Falls; brother, Elberta (Nan) of Kirkland, Wash.; twin sisters, Joyce Gutstiner, Joyce Gutstiner, Mesa, Ariz.; his children, Ronald Woodrow Jr. (Janie) Pierce of Twin Falls and Janie (Miles) Humphrey of Boise, Juli Draney of Boise, Tyson Pierce of Portland, Ore., and Kelli Pierce of Twin Falls; great-grandchildren, Brock Thomas Woodrow Draney of Rogerson and Sophia Garcia Draney of Boise.

Memorial: Magic Valley Regional Medical Center, 800 Box 403, Twin Falls, ID 83309-0409.

a Life remembered

tery of Carson City, Nev., and Jean Clarkson of

schools with maybe six kids in all grades and one teacher," Humphrey said. "Dad didn't think that was the way to go about it ... Lots of people thought that was good enough, but dad thought that change for the sake of change was never good, but if it was for the sake of improving something, he was

all for that."

Many changes came their way when Sally, just 14, was afflicted with polio. Members of the Pierce family immersed themselves into caring for her. Pierce himself seemed to camp out at the hospital and stayed by her side while helping staff with the iron lung machine that

helped her breathe.

Due to his interest with the hospital and his farm-management experience, county commissioners elected him to the board of directors. He served for more than 20 years and was also chairman of the building committee.

Please see LIFE, Page A6

Federal suit filed against local police

Paul woman sues M-C law enforcement agencies, claiming she was illegally arrested

By Renee Wells
 For the Times-News

BURLEY — A Paul woman has filed a lawsuit in U.S. District Court against the Mini-Cassia Drug Task Force and other Mini-Cassia law enforcement agencies, claiming she was illegally arrested and searched two years ago.

Adrienne Woods, 40, has filed the complaint, which claims she was forced to undergo a body cavity search after being arrested for possession of a controlled substance. Charges against Woods were later dismissed on a motion filed by then-Minidoka County Prosecuting Attorney Nick Bolter. Court records do not indicate why the charges were dropped.

In the lawsuit information delivered recently to Mini-Cassia Drug Task Force Supervisor Randy Kidd, Woods maintains she was arrested without cause and forced to undergo an embarrassing and humiliating search at a local hospital because officers believed she had hidden drugs.

According to Woods' claim, male officers were present during the search, which was authorized by a search warrant sought by Minidoka County Sheriff's officer Jan Crowther and a drug task force officer and approved by Minidoka Magistrate Judge Larry Duff.

But Kidd disputed that claim, saying that while his officers did seek the search warrant authorizing the exam, none were present when a local doctor performed the examination at the hospital.

"If Mr. Woods' actions while the officers conducted a search of her Paul home led them to believe she may have concealed drugs in her home," he said.

"Her actions were commonly used by those involved in drugs to conceal evidence," Kidd said. "When she asked to use the restroom, we had a female officer accompany her. Her actions in the bathroom led that officer to believe she may have been doing more than merely performing routine personal care."

A local phone number listed for Woods was not in service.

Kidd said he did not expect the case to be a serious issue. He said he is not concerned about the actions of his officers and is certain documentation in the case is sufficient to absolve them of any wrongdoing.

Idaho exports rise on weakening U.S. dollar

COEUR D'ALENE, (AP) — Idaho exports, such as potatoes and mining equipment, increased to record levels in the first half of 2005 as commerce officials said goods produced in the state were helped by a weak U.S. dollar that made them less expensive for foreign buyers.

Exports from larger states such as California are about 30-fold those of Idaho, but state exporters of potatoes, imaging sensors and truck bodies for mining vehicles still get a boost when the dollar sinks and makes U.S. goods cheaper, compared to those made elsewhere.

In the first half of 2005, the U.S. dollar remained at historically low levels against major currencies including the Japanese yen and the euro — the shared money of most of the European Union.

"International trade continues to offer Idaho a major boost to record levels in expansion," said Roger Madsen, director of the state's Department of Commerce and Labor.

Please see EXPORTS, Page A6

Trial of two former BYU football players resumes Monday in Utah

PROVO, Utah (AP)—The trial of two former Brigham Young University football players accused of raping a 17-year-old girl a year ago resumes Monday with the doctor who conducted the rape exam, the lead detective in the case, the head of BYU's Honor Code office and another former player still to testify.

B.J. Mathis and Ibrahim Bushadi, both 19, are charged with aggravated sexual assault, dealing harmful material to a minor, furnishing alcohol to a minor and obstructing justice.

The charges stem from an Aug. 2004 incident in which a 17-year-old Sandy girl said she accepted an invitation to for-

mer player Karland Bennett's apartment, where she drank vodka and watched a pornographic DVD with several men before passing out. She said when she awoke, she was being raped in the bedroom.

During opening statements on Thursday, Deputy Utah County Attorney Dave Stuggill had cautioned jurors that they should be wary about which parts of Bennett's testimony to believe, as well as the upcoming testimony of former player William Turner Jr.

Bennett and Turner originally faced the same charges as Mathis and Bushadi, but accepted plea deals and agreed to testify, Bennett testified Friday

and Turner has yet to testify. Bennett disputed that the girl was raped.

"There's no way I would've let anything forceful go on. It didn't stop forceful. If it did, I would've stopped it," said Bennett, who pleaded guilty to reduced charges of obstruction of justice and dealing harmful material to a minor.

Bennett did admit to agreeing with the other men to lie to police and BYU Honor Code officials about what happened that night.

Bennett said he and a group of about eight football players met the girl at a mall and invited her to their apartment later that night.

THIS WEEK AT CSI

- Today**
CSI Student Senate weekly meeting, 4 p.m., Student Union 232.
- Tuesday**
Herrett Center for Arts and Science summer hours, 1 to 9 p.m., Tuesday through Saturday.
CSI Ambassadors' weekly meeting, 2 p.m., Student Union 232.
CSI Math and Engineering Club weekly meeting, 4 p.m., Shields 203.
"Sky Quest," followed by live hosted sky tour on planetarium dome, 4 p.m., Faulkner Planetarium.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.
CSI Chi Alpha Club weekly meeting, 4 p.m., Student Union north cafeteria.
"Lynrd Skynrd: Fly On Free Bird," 8:15 p.m., Faulkner Planetarium.
- Wednesday**
Regional coaches meeting, 9 a.m., Taylor 276 and 277.
U.S. Sen. Mike Crapo to present Spirit of Idaho award, 10 a.m., Taylor 248.
Free concert viewing, 1 to 3 p.m., Herrett Center Centennial Observatory.
"Sky Quest," followed by live hosted sky tour on planetarium dome, 4 p.m., Faulkner Planetarium.
- Thursday**
Students Accessing Abilities weekly meeting, 3:30 p.m., Student Union 232.
"Sky Quest," followed by live hosted sky tour on planetarium dome, 4 p.m., Faulkner Planetarium.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.
Centennial Dance Band rehearsal, 7:30 p.m., Fine Arts 121.
"Lynrd Skynrd: Fly On Free Bird," 8:15 p.m., Faulkner Planetarium.
- Friday**
Last day for fall semester late registration.
CSI Golden Eagle volleyball team vs. Dixie State College, 8:30 a.m., Salt Lake City, Utah.
Certified Nursing Assistant written exams, 10 a.m., Aspen 144.
CSI Golden Eagle volleyball team vs. Southwestern Missouri, 11 a.m., Salt Lake City.
CSI Golden Eagle volleyball team vs. Golden West College, 12:15 p.m., Salt Lake City.
"Sky Quest," followed by live hosted sky tour on planetarium dome, 4 p.m., Faulkner Planetarium.
- Saturday**
CSI Golden Eagle volleyball team vs. Indian Hills Community College, 8 a.m., Salt Lake City.
CSI Golden Eagle volleyball team vs. tournament bracket play (time to be announced), Salt Lake City.
CSI Ag Department and Twin Falls Farmers Market, (local produce and crafts), 9 a.m. to 3 p.m., across from Eldon Evans Expo Center.
United Church of God weekly meeting, 10 a.m., Aspen 145.
"Navigating with Lewis and Clark," 2 p.m., Faulkner Planetarium.
"Sky Quest," followed by live hosted sky tour on planetarium dome, 4 p.m., Faulkner Planetarium.
"The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.
"Lynrd Skynrd: Fly On Free Bird," 8:15 p.m., Faulkner Planetarium.

Residents await evacuation orders

SALT LAKE CITY (AP)—The 100 residents of White Rocks were under a one-hour evacuation order Saturday night as a 1,500-acre wildfire burned within one-quarter mile of their homes.

One home was lost in the nearby community of Neola, but the residence was under construction and only piles of lumber and a partially framed house burned. A business was also affected Sunday night.

The fire was reported at 12:12 p.m. along state Route 121, north of Neola, 150 miles east of

Salt Lake City. Uinta Basin Interagency Fire Center Director Cheryl Nelson said.

Strong winds initially pushed the blaze east, but later shifted south toward the cluster of residences that make up the two communities, she said.

"The cause of the fire is under investigation, Nelson said.

Fire officials ordered the highway closed about 121 because too many people were in the area and a look at firefighting efforts, she said.

Volunteer firefighters from Duchesne County were focused

on protecting structures, while wildland crews with tanker trucks were working the fire, with support from a helicopter and three heavy lift cranes.

Meanwhile, fire crews had the 2,574-acre Pelican Point Fire 80 percent contained Saturday night. Northern Utah Fire-Center spokeswoman Teresa Rigby said.

The fire started Wednesday on the suspicious canvas on the west side of Utah Lake near the town of Saratoga Springs, about 45 miles south of Salt Lake City.

ON THE AGENDA

- Today**
Halley Planning and Zoning Commission, 6:30 p.m., courthouse, 206 E. Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Jerome County Planning and Zoning Commission, 7:30 p.m., courthouse, 300 N. Lincoln.
Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
- Tuesday**
Burley Public Library Board, 4 p.m., conference room, 1300 Milliner Ave.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
- Wednesday**
Cassia Regional Medical Center Board, 5 p.m., board room, 1501 Hill Ave., Burley.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
- Thursday**
Bellevue Planning and Zoning Commission, 7 p.m., City Hall, 115 E. Poplar.
Kimberly Public Library Board, 7 p.m., library, 120 Madison W.
- Friday**
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

OBITUARIES

For obituary rates and information, call 733-3278 Monday through Saturday. Deadline is 4 p.m. for next-day publication. The e-mail address for obituaries is obits@magvalley.com. Death notices as a funeral service and can be placed until 4 p.m., every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magvalley.com and click on "Obituaries."

Velma Opal Jacobs Read

TWIN FALLS—Velma Opal Jacobs Read, 88, of Twin Falls, died Aug. 26, 2005, at Sunbridge Care Center in Twin Falls.

Velma was born on July 20, 1917, in Hamilton County, Aurora, Neb., the daughter of George Metle and Gertrude Mac Lewis Jacobs. She grew up and attended schools in Hamilton County, Neb., and graduated from high school at Aurora, Neb., in 1935. After working in New Jersey as a governess, she came to Twin Falls, Idaho in 1938 and was employed at Westwood.

Velma married Amos E. Read on Oct. 12, 1940, at the First Christian Church, Twin Falls. They were blessed to be married for 64 years. She worked as a cashier for J.C. Penney Co. for seven years and then as a bookkeeper for Mayfair, Inc. for five years. She was also employed at the Paris Co. and A.C. Houston Lumber Co.

Velma was a long time devoted member of First Christian Church, being baptized in Aurora, Neb., in October 1926 and continuing her membership in Twin Falls from 1938 until her death. She was a devoted choir member and a charter member and past president of the Sweet Adelines, Twin Falls Chapter.

Velma enjoyed spending time raising her family, needlework, walking, and drafting house plans for her husband's contracting business.

She was preceded in death by her parents, and her husband, Amos Read. Velma is survived by her three children, John Carlton Read of Seattle, Wash.; Bonnie Kay (Warren) Sevenson, also of Seattle, Wash.; and Beckie Jo (Cernald) Hays of Filer; two brothers, Ivan Jacobs of San Jose, Calif., and one sister, Margie Wash., and one niece, Arlene Ilurst of Aurora, Neb. She is also survived by four grandchil-

dren, Corey (Mia) Hays, Kyle (Chelsea) Hays, Serena Severance, and Aleata Severance, all of Seattle, Wash.

In addition, Velma has three great-grandsons, Austin Hays, Aidan Hays, and Alexander Hays, of Seattle.

A Celebration of Velma's life will be held at 2 p.m., Tuesday, Aug. 30, 2005, at First Christian Church, 601 Shoshone St. N. in Twin Falls, with Pastor Jim Tubbs officiating. Inurnment will take place at Sunset Memorial Park. At Velma's request there will be no public viewing.

Services and cremation are under the direction of Reynolds Funeral Chapel, Twin Falls.

The family suggest memorials be given to First Christian Church.

Contributions may be given to funeral chapel staff or to Reynolds Funeral Chapel, P.O. Box 1142, Twin Falls, ID 83403.

Utah Republicans say Matheson hard to beat for U.S. Congressional seat

SALT LAKE CITY (AP)—Republicans say U.S. Rep. Jim Matheson, Utah's lone Democrat in Congress, is becoming increasingly hard to beat—even in a gerrymandered district that loops from Salt Lake City to Utah's southern corner.

Republicans are voting for Matheson, the son of popular former Utah governor who won a third term last November with help from 30,000 Republicans in Salt Lake County alone.

Each election seems to make him stronger, said Frank Galluzzo, a former vice chairman of the Utah Republican Party and head of the political science department at Weber State University.

"Barring a misstep after another win or two, he will have the district for a long, long time," Galluzzo said at an organizing convention for Utah Republicans on Saturday.

Other Republicans discounted their chances of reclaiming the 2nd district seat, and one insider ventured that only Matheson could defeat himself.

"Unless he stubs his toe in a

big way, he's good," said Sen. Scott Jenkins, R-Plain City.

Republican delegates said Matheson has convinced constituents he's fighting for them. State Party Chairman Joe Cannon said he was trying to line up a serious challenger, but joked about trying to get Matheson to switch parties.

GOP leaders say the optimal candidate would have deep pockets or fund-raising savvy, the ability to fend off an exhaustive primary battle and the charisma to win the hearts of Salt Lake County voters.

"Otherwise, Matheson is unbeatable," said Tim Bridgewater, who twice campaigned for the Republican nomination to challenge Matheson only to be beaten out by John Swallow, who couldn't overthrow Matheson.

Among potential challengers for the 2006 election are Jason Chaffetz, chief of staff for Gov. Jon Huntsman; state Rep. LaVar Burton, R-Draper; Salt Lake County Sheriff Aaron Kennard; and KSL radio personality Doug Wright.

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Wendell City Council, 7 p.m., City Hall, 300 Main St.

Friday
Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

"This list is compiled from advertisements schedules. The Times-News suggests that you confirm the information by calling the appropriate clerk's office before attending."

Wright said he was focusing on campaigning for a fifth term as sheriff, but he didn't rule out a run against Matheson. He said negative GOP campaigning against Matheson turned off voters.

Wright said he'd guaranteed a mud-fest race if he entered the fray, though he wasn't ready to announce his candidacy. He is studying the sweep of the 2nd District, which stretches from the east bench of Salt Lake County through eastern Utah and over all of Washington County.

"Budd Weller, who was unsuccessful Saturday in his bid to become the party's vice chairman," summed up GOP concerns about a Republican district that continues to elect a Democrat.

"We have 30,000 Matheson Republicans in Salt Lake County," Weller said. "We need to hold town meetings. We need to talk to these people, listen to them and invite them to come home. They're not voting for our candidates. We need to find out why."

SERVICES

Bette Jane Rountree of Kimberly, graveside service at 10 a.m. today at Sunset Memorial Park in Twin Falls (White Mortuary).

Oscar Marvin Keranen, formerly of Burley, celebration of life at 11 a.m. today at Payne Memorial Chapel, 221 W. Main St., Burley. Friends may call from 9:30 to 10:45 a.m. today at Payne Mortuary.

Charle Nelson Jarvis of Rupert, memorial service at 1 p.m. Tuesday at the Paul Jensen (Hansen Mortuary & Funeral Home).

Velma O. Read of Twin Falls, celebration of life at 2 p.m. Tuesday at the First Christian Church, 601 Shoshone St. N., Twin Falls (Reynolds Funeral Chapel).

Joseph Jacob Froehlich Jr. of Twin Falls and formerly of Hansen, funeral at 2 p.m. Tuesday at Park's Magic Valley Funeral Home, 2551 Kimberly Road, Twin Falls. Friends may call from 6 to 8 p.m. today at the funeral home.

Paul W. Matthews of Rupert, funeral at 11 a.m. Wednesday at the Rupert Stake LDS Stake Center. Friends may call from 6 to 8 p.m. Tuesday at Hansen Mortuary, Rupert Chapel and one hour before the service Wednesday at the church.

DEATH NOTICES

Stanley Charles Rugh
TWIN FALLS—Stanley Charles Rugh, 61, of Twin Falls, died Sunday, Aug. 28, 2005, at his home in Twin Falls. Arrangements are pending and will be announced by Park's Magic Valley Funeral Home of Twin Falls.

Clara M. Vanek
TWIN FALLS—Clara M. Vanek, 82, of Twin Falls, died Sunday, Aug. 27, 2005, at Twin Falls Care Center in Twin Falls. Arrangements are pending and will be announced by Park's Magic Valley Funeral Home of Twin Falls.

Edwin Clarence "Eddie" Iverson of Buhl, funeral at 11 a.m. Tuesday at the Buhl Church of the Nazarene, 300

James Darrell Schutte
TWIN FALLS—James Darrell Schutte, 63, of Twin Falls, died Sunday, Aug. 28, 2005, at his home in Twin Falls. Arrangements are pending and will be announced by Park's Magic Valley Funeral Home of Twin Falls.

Clifton Pete Smith
RUPERT—Clifton Pete Smith, 87, of Rupert, passed away Sunday, Aug. 28, 2005, at his home. Arrangements are pending and will be announced in an obituary to follow by the Hansen Mortuary-Rupert Chapel.

Man allegedly kills his ex-wife and wounds her father
BOUNTFUL, Utah (AP)—A man allegedly shot his ex-wife to death and wounded her father Sunday in front of the couple's two children, police said.

The man was tackled by neighbors, who took away his gun and held him in a ditch until police came.

The shooting took place at the entrance to the suspect's condominium, police said.

The mother had arrived to take custody of the boys, about 4 and 6. She brought along her father, because she feared a confrontation, authorities said.

Police told KSL-TV that the shooter tried to kill himself, but the gun jammed. As he ran away, trying to clear the weapons, neighbors pursued him and grabbed him.

The man was booked for involuntary manslaughter and attempted murder.

Man allegedly kills his ex-wife and wounds her father

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MAGIC VALLEY/WEST

FOR SALE

Former Aryan Nations headquarters to go on auction block

'HAYDEN' (AP) — The swastikas are gone. So are the racist parades that snaked their way through Coeur d'Alene...

FBI agent Norm Brown, supervisor of the Inland Northwest Joint Terrorism Task Force, told the Spokesman-Review newspaper in Spokane, Wash. 'As a result of his death, we've seen a marked decrease in Aryan Nations activity in the Inland Northwest.'

In the fall of that year, millionaire racist Vincent Bertolini moved Butler and the Aryan Nations operation into this house at 10137 N. Sunview Lane in Hayden. The late group continued its operations from the home, largely through the Internet, and conducted weekly church services in the suburban rancher.

has relocated to Scottsboro, Ala., near the Southern Poverty Law Center, the group that helped drive the civil rights lawsuit against Butler in 2000. It's set to start Sept. 16 and run for three days.

Blue-collar workers debate over mine

SANDPOINT, (AP) — On one side of a proposed silver and copper mine in the rugged Cabinet Mountains between Idaho and Montana, there are jobs. On the other, there are concerns about grizzlies and clean water.

Instead of a single person to rally around, the leadership of the group is now split between Clark "Laslo" Patterson, of Talladega, Ala., Jonathan Williams, of Conyers, Ga., who is Web master and communications director, and a longtime Butler confidant, Rick Spring, of London, Ark., the group's security director.

familiar flashpoint: The grizzly bear. While healthy populations exist in Glacier National Park and Yellowstone National Park to the east, only 15 of the giant bears are estimated to live in the Cabinet Mountains, a corridor that connects bear populations in Canada with those in the U.S.

The difference between the two sides came into focus one evening last week. In Sandpoint, real-estate agents, upscale retailers and interior designers met at a wine-and-cheese reception to criticize Revett Minerals Inc.'s Rock Creek Mine, which first surfaced in 1987 and remains the subject of a legal battle in federal court.

Mirror nearly sets antiques ablaze in shop

COEUR D'ALENE (AP) — Firefighters say sunny weather, a shaving mirror and a cardboard box nearly made a devastating combination at an antiques shop this week.

had not been moved for about a week, said shop owner Martin Davis, but the sun's path is more southerly each day. At just the right angle, the sunlight's reflection was transformed into a concentrated beam that burned a track through a \$5 tablecloth and cardboard box placed nearby.

After he died, he left an unpaid balance of \$91,486 on the home that, if cleaned of the waist-deep weeds and a broken front yard tree, could yield up to \$220,000 in today's market, real-estate appraisers said.

"It's something that's rarely seen," said Lauper. "Paper ignites at 451 degrees Fahrenheit. Lauper said, but he does not know how hot the tablecloth got before it burned.

Utah lieutenant governor takes driver's seat on traffic problems

PROVO, Utah (AP) — Travel on Utah roads is growing twice as fast as the population, stretching the state's ability to pay for new roads.

Searches during the week failed to locate Burns, who was believed to have gone hiking. Rangers mounted a large-scale search Saturday including teams with search dogs, a copy, a patrol boat and rangers on foot and horseback.

DEALING WITH GRIDLOCK

Utah lieutenant governor takes driver's seat on traffic problems

Transportation planners say an extra 1.5 lane in Utah County would alleviate traffic but won't solve the big problem.

The meeting last Thursday was the first of seven Herbert meetings about the state with local associations of government. They'll take the information they gather to a transportation summit planned for Oct. 14. Then they'll draft a plan for legislative action in January.

the gasoline tax or indexing it to inflation; ending fuel tax exemptions; raising the sales tax on gas, and enlisting private developers to build roads and share toll revenue with the state.

portation department to collect tolls on future roads. The governor is the leading candidate for an electronic tollway is the 33-mile Mountain View corridor, which will run along Salt Lake County's fast-developing western hub, picking up traffic from new housing developments, from the Salt Lake airport to Utah County's Pleasant Grove.

Seasonal employee found dead in Grand Teton National Park

MOOSE, Wyo. (AP) — The body of a seasonal worker, reported missing on Tuesday, was found Saturday morning near the shore of Jackson Lake in Grand Teton National Park.

Searches during the week failed to locate Burns, who was believed to have gone hiking. Rangers mounted a large-scale search Saturday including teams with search dogs, a copy, a patrol boat and rangers on foot and horseback.

Exports

Continued from A4. Whether it was air conditioning in the operating room or an expansion of hospital wings, if staff felt it would help them do their job better, Pierce worked hard to fit it into their budget.

Once, standing at the canyon with the Pillar Falls at his back, Humphrey remembers Pierce looking at her with a smile and saying "I'm proud of you." It was and he was telling her stories of playing in the canyon.

demand for semiconductors — Micron Technologies Inc., Idaho's biggest employer and the world's No. 2 maker of computer chips — following Sept. 11, 2001.

man from other countries such as China, which in 2004 replaced Hong Kong as Idaho's sixth-largest trading partner. For instance, rising prices for precious metals helped exports from companies such as Coeur d'Alene Mines, with mines in northern Idaho's Silver Valley.

Life

Continued from A4. "He had a very level-headed, common-sense approach to decisions," said Arline Egbert, the administrative secretary at the time Pierce was on the board. "He always had the best interest of the people in the community and the county in mind."

duary truck bodies for huge earth-moving vehicles that roll in the interiors of large open-pit mines around the world. About half of the Post Falls-based company's revenue comes from exports, Chambers said.

Times-News writer Jami Whitely can be reached at 735-3278, or write to her at jwhitely@magicvalley.com

Your guide to life in Magic Valley. Read The Times-News every day.

Mel Maenelli is finally doing it! Old friends and customers, please join in celebrating Mel's retirement. We will be hosting an open house with refreshments all day at Franklin Building Supply in Gooding on August 31.

GOT CASH. CENTURY CINEMA 5 & BURLEY THEATRE. BROTHERS GRIMM. MUST LOVE DOGS. RED EYE. SKELETON KEY. VALIANT. DUKES OF HAZZARD. MADAGASCAR.

OTHER VIEWS

Bush vows to fight, but it's up to Iraq

The Idaho State Journal (Pocatello)

It seems no coincidence that President Bush came to Idaho, the most Republican state in the nation, to rebut critics who want the United States to leave Iraq. The president repeated his vow that "we will stay, we will fight and we will win the war on terror."

But what happens to U.S. forces in Iraq depends not so much on what Bush says, but on what Iraqis are able to accomplish as they go through the torturous process of adopting a national constitution. Intense U.S. pressure is being exerted to be sure that happens, not only to advance the cause of democracy in Iraq, but to quiet critics who want the United States to get out.

The president was generous in his praise of Idaho, noting the state has the highest percentage of National Guard troops in Iraq - more than 1,700.

Even speaking to military families in Idaho, following a talk before a similarly friendly audience of VFW members in Utah, there was the shadow of anti-war protests in the background. Bush said he sympathizes with those who have lost family members, though he does not share the anti-war view of Cindy Sheehan, the California woman who lost a son in Iraq and who has given momentum to the peace movement by setting up a vigil near the Bush ranch at Crawford, Texas.

It is grossly unfair to suggest, as Sheehan has done, that the president has been less than moved by the deaths of American soldiers in Iraq. He has made extraordinary efforts to meet with and comfort those families in Idaho and elsewhere. And it is an equally cheap shot to suggest that Bush should send his daughters to fight in Iraq.

The United States entered this war at least partly on the basis of faulty intelligence; Saddam Hussein did not have weapons of mass destruction, although some in this country continue to insist he was developing them.

But our forces are there, and it would be disastrous, as Bush repeats, to cut and run now - or even in the foreseeable future. That is why it is crucial that Iraq pieces together a constitution which is acceptable to all factions - recognizing that even when that occurs, there are likely to be amendments and accommodations necessary in days ahead.

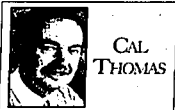
Oct. 15 is a crucial date. That is when Iraqi citizens are scheduled to vote on adopting the constitution, a milestone of nationhood. And it is when the future role of the United States may be largely determined. It is possible to anticipate an end to the violence being waged by insurgents, and it could signal the beginning of the end of America's role there.

Then, we hope, the president could come to Idaho and enjoy the visit much more.

Critics are blowing in the wind

The following lyrics should be sung to the tune of "Blowin' in the Wind."

How many times can this nation draw down,
When faced with a difficult issue,
Haven't we seen what retreat has produced,
Whenever we tried it before?



CAL THOMAS

With polls showing a decline in public support for the effort to establish stability and self-determination in Iraq, aging hippies from the '60s and their anti-war progeny have surfaced and are picketing and singing their protest songs at President Bush's ranch and at venues where he speaks.

What do those favoring a pullout of American troops from Iraq think would happen if the president followed their advice? Do they seriously believe the United States would be safer and no longer a target of fanatical religious zealots, who believe it is their mandate from heaven to forcibly wipe out all things Western, secular, Jewish and Christian? If they believe peace would then be given a chance, they are naive at best, and idiots at worst.

Since the American Revolution, there have been those among us who, when faced with tyranny, preferred accommodation to confrontation. There were many at our founding who wished to remain under British rule and accept whatever benefits they believed came from such a relationship. They chose not to fight in the revolution, but were happy to accept the results of independence produced by those who did.

During the Civil War, Abraham Lincoln received advice to give in to the Southern rebellion. If he had done so, the Union would have divided and



During the Civil War, Abraham Lincoln received advice to give in to the Southern rebellion. If he had done so, the Union would have divided and history changed forever.

history changed forever. In the last century, both world wars had opponents who preferred elder not to be involved, or to "settle" with the tyrants seeking to subjugate Europe and America to their totalitarian rule.

Recent history - from Vietnam, to Lebanon, to Mogadishu - has shown that quitting before the job is done means more, not less, trouble for the United States and for those it promised to help. Those retreats emboldened the likes of Osama bin Laden, who has stated that America does not have the stomach for protracted warfare. Why shouldn't he believe that when he has witnessed examples of the U.S. choosing to cut and run, not stand and fight?

This war and its peace is America's to win or lose. If the U.S. withdraws from Iraq, it will have been wasted and we

will invite more war. Our enemies cannot be pacified by outreach programs. They won't be mollified by allowing them to build mosques and schools among us that preach and teach sedition. Their religion does not reflect diversity and tolerance of other faiths - political or doctrinal - in any nation where the most radical strain dominates.

Pulling out of Iraq before the job is done is not an option. Victory is our only option. In his address before the Veterans of Foreign Wars in Utah on Monday, President Bush courageously stated his strategy and part of that strategy is they're trying to shake our will and "a policy of retreat and isolation will not bring us safety. The only way to defend our citizens where we live is to go after the terrorists where they live."

Why is this difficult for the president's opponents to un-

derstand? There is no going back. We would not be "safer" (whatever that means) had the president chosen not to liberate Iraq from Saddam Hussein. Do the 8 million people who, as the president said, "defied the car bombers and killers and stood in free elections" deserve to be abandoned at this crucial moment? Only if America's word means nothing and the blood of our brave volunteer soldiers is without value.

It took the United States from 1776 to 1789 to compose and ratify a Constitution and form a new government. There were intense debates over the role of religion, federalism, states' rights and many other issues. These were not unlike some of the subjects being debated now among Iraqis.

The president has repeatedly stated his objective in Iraq and in the wider war against terrorists. What is the objective of his critics and what is their forecast of what would occur following a precipitous U.S. withdrawal? They have an obligation to tell us, unless they are just blowing in the wind.

Cal Thomas accepts mail at Tribune Media Services, 2225 Kenmore Ave., Suite 114, Buffalo, N.Y. 14207. Readers may also leave e-mail at www.calthomas.com.

A greater mistake in Iraq

The Seattle Times

President Bush said in Idaho, "I think immediate withdrawal from Iraq would be a mistake." Immediate withdrawal might well be a mistake. But withdrawal will come, and the greater mistake is in delaying it too long.

The occupation of Iraq has been fraught with mistakes, from the failure to stop looting and the order to disband the Iraqi army to setting the size of the occupation force too low. But to send more troops, as some Democrats suggest, would compound mistakes. The president argued in Salt Lake City that the deaths of 1,864 American soldiers in Iraq was an argument to keep fighting. He said, "We owe them something. We will finish the task that they gave their lives for."

To our dead we owe honor and respect. To the living we owe good judgment. To send

our soldiers to Iraq is to tell them their risk is America's gain - that exposing them to death is necessary. That is now doubtful. There is little evidence to back up the president's claim that if we don't kill the Iraqi insurgents there, we will face them here.

In Salt Lake City the president said, "Our military strategy is straightforward: As Iraqis stand up, Americans will stand down."

This formula lets the Iraqis set the timetable for the United States. That's backward. The United States sets the timetable for what it does. The date should be far enough in the future to give the Iraqi government a chance to extend its authority and stand strong enough so that it will not waste time.

Setting a date means that some opponents will wait us out, but they will outlast us anyway. Iraq is theirs, not ours.

Israel draws the line at Gaza Strip

The world has noted - though it will not credit, and will soon forget - those deeply moving scenes of the Israeli evacuation of Gaza: the discipline and self-control of the Israeli army; the cohesion of a society torn over palace intrigues; the belief in the dictates of democracy; and the deep, abiding attachment of Israelis to every inch of soil they have reclaimed from sand and swamp.

But there was one detail noticed: the manner of the evacuation of the great menorah from the last synagogue of the last settlement to be evacuated, Netzarim. This menorah is not the nine-branched Hanukkah thingie that shows up on an equal-time basis by the shopping-mall reindeer display at Christmas time. It is the seven-branched candelabra - like the one that was in the ancient temple in Jerusalem and is today the official seal of the state of Israel.

The Gaza menorah was carried off in a very remarkable and significant way, perched on a horizontal rod borne on the shoulders of men walking one behind the other. Seen in profile, that image has a shocking familiarity. If you go to the eastern entrance of the Roman Forum today, you will see the huge triumphal Arch of Titus erected in A.D. 81 to commemorate the conquest



CHARLES KRAUTHAMMER

of the Jews and the destruction of the Jewish state - Judea - in A.D. 70.

One of the friezes shows the seven-branched menorah they were carrying out of the temple in Jerusalem - as booty and symbol of the conquest of Judea - perched on a long horizontal staff borne by Roman soldiers walking one behind the other.

No one steeped in Jewish history could fail to see the intended resemblance. The intended message was that the Gaza evacuation was a replay of the Roman conquest - made all the more cruel and ironic because this time it was carried out by fellow Jews.

In my view, the religious messianists who are saying this are totally wrong in their strategic assessment. Gaza was a necessary retreat in order to hold higher, more defensible and more critical ground elsewhere.

Nonetheless, the parallel images carried an unintended truth. It is not the Gaza withdrawal itself, but what follows that could lead to another and

final extinction of Jewish independence, this time not just for 2,000 years but forever.

What follows is the world saying almost in unison, that the Gaza evacuation is just the beginning of a total Israeli retreat, one Dunkirk to be followed by many more. What follows is Condoleezza Rice declaring that "it cannot be Gaza only," a thrilling encouragement to the Palestinians (feeling the Israeli withdrawal with chants of "Gaza today, Jerusalem tomorrow.")

Is this what the Bush administration wants? More unilateral concessions to an implacable enemy, Mahmud Abbas, declares that "we will not rest until they leave from all our land" - when Palestinian maps show "our land" as nothing less than all of British Palestine with Israel totally eradicated?

This is a prescription for Israel's suicide. Or rather murder, because the Israelis are not prepared to march blindly into further unrequited concessions. The final concession will be getting into boats and sailing back to where? Poland?

In his policy-setting Rose Garden speech of June 2002, President Bush explicitly endorsed a Palestinian state and said that to achieve it, the next step was up to the Palestinians. Since then the only thing the

Palestinians have done is to bury Yasser Arafat, an act of reverence but not exactly initiative.

In the interim, the Israelis have withdrawn from Gaza, destroyed four West Bank settlements to create geographic contiguity for Palestinian territory in the northern West Bank, and once again repeated their support of a Palestinian state. The Palestinian response has been Karyusha rockets into Sderot, promises of renewed terrorism and chants for total Victory.

The Arabs are a great people. They have 21 states stretching from the Atlantic to the frontier of Persia. They will soon have a 22nd state called Palestine. The only question is whether its establishment will be on the grave of the world's only Jewish state.

What is at stake is whether the world, led by the United States, will demand Arab acceptance of that single Jewish state, or whether the United States will continue to push Israel from one concession to another until one day another arch is erected, this time in Jerusalem itself, commemorating the destruction of history's third and last Jewish commonwealth.

Charles Krauthammer's e-mail address is letters@charleskrauthammer.com

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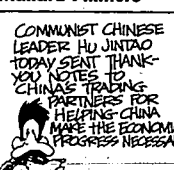
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Mallard Fillmore



LETTERS

Lies continue while the young keep dying

What a very sad thing in this country that our politicians have us in such a foreign policy mess. The politicians I love happy and in prosperity in and around D.C., and our fine young men go out in harm's way. Our politicians are not going to enforce their ideas of freedom on the people of the Middle East. The people of that area wouldn't know freedom if it hit them in the face.

Some protesters have themselves situated in Crawford, Texas. My supposition is that they think their protests will do some good. Even if the politicians do "meet" with any of them, it will just be platitudes which they will be fed almost by spoon.

The politicians lie to the citizens of this country. It just depends on the degree and/or severity of the lie.

And, in the meantime, our fine young men are out there in harm's way.

ANN RIDGELY
Twin Falls

Government owes answers on Iraq war

It is heart-breaking to witness fellow Americans who react with anger toward other Americans who desire governmental accountability and truthfulness. Some of us believe that to truly support our troops, American citizens must be careful to only ask our military to risk their lives when it is in our vital national interest to be engaged in hostilities and all other reasons have been exhausted. In addition, Americans should demand that guidelines be established for the mission (including clear exit strategies), that there be support of the mission by the U.S. Congress and the American people, and that our forces will be commanded only by U.S. officers who are acknowledged as superior military leaders.

We have an obligation to protect our troops by demanding that our government provide all required resources to our troops — including proper ethical, honest, and intelligent leadership. That is the least we can do as our military has sworn its allegiance to protect American citizens and is willing to sacrifice all in their efforts.

If you disagree with the position of those of us who are asking for accountability and truthfulness from the administration, please at least consider the following:

"To announce that there must be no criticism of the President, or that we are to stand by the President, right or wrong, is not only unpatriotic and servile but is morally treasonable to the American public" (Theodore Roosevelt, May 7, 1918).

DIANA ROWE PAULS
Gooding

A smell much stronger than money

And then worry turns to fear. I fear some will be swayed by the prospect of promised monies and will allow the pollution our state. The pollutants from burning coal are well documented. They are varied and plentiful; they are also deadly. Breathing coal dust alone can cause lung damage. Many a coal miner has died from Black Lung Disease caused by coal dust. Granted, this does not occur in mining operations, but working for prolonged periods in close proximity to coal is still reason for concern.

I also fear the harm to our vulnerable population in Idaho. We have many people with respiratory problems in Idaho that will be aggravated by these pollutants. Asthmatic problems are already on the rise in the United States, including Idaho. There are a lot of working poor and people living on marginal incomes in Idaho that relied on Medicaid for help with medical needs. The federal government has cut funding for Medicaid and may very well cut it more. The state of Idaho can ill afford a large increase in Medicaid funding, so where does this leave these vulnerable people, or do they matter?

I fear we might be blinded by the prospect of large amounts of money and not see the cost of the money until it is too late. It is not as though we are dealing with an unknown quality. The ill effects of burning coal have been known for decades. Early on they were accepted because there was little alternative. That is not true today; there are many alternatives. Burning coal is all about consumption of a commodity for the sake of profit not because of a need. Remember, the clean part of coal-fired electrical generation is the electricity. The electricity, or the clean part of this process, will go elsewhere; Idaho will be the pollution dump. If it is such a clean process, why isn't it where the need is or where the coal is? I don't remember any coal deposits near Jerome.

I fear we may not hear about



The hundreds of tons of dust carrying harmful metal particles of metals and acids to be speared over this great land until we can see them. I have missed something; is there something wrong with having clean air to breathe? Does it have to be dirtied just because it is clean? Is money more important than health?

ERNEST RAMEY
Rupert

Teachers can't cater to all young readers

Censorship and accommodations: Where do we draw the line?

I find it impossible not to respond to the recent letters dealing with "inappropriate literature" being taught in public schools.

First and foremost, it's important to understand that honors and advanced placement classes are never required. As a matter of fact, students must apply and be accepted to attend these classes. The curriculum is geared primarily for college-bound students who choose to take a more rigorous class for fulfilling their required English credit. Students understand that the curriculum is different from the regular English class. These classes purposely select books recommended for students preparing for college, which naturally in-

cludes the time-honored classics, such as "The Great Gatsby." The curriculum is not a secret, and students can easily find out what books are required reading before they apply for the course. It's not possible for teachers to custom-design classes for every individual student. How can a student participate in class activities with fellow students if they have a different curriculum?

Discussing and analyzing the language used by a particular author to depict a character often contributes to the overall theme. As a teacher, I do not promote profanity. I do not use it in my everyday conversation and would prefer that others not use it as well. However, I don't believe that I have the right to impose my values on others. Nor do I have the right to point a finger at those who have different views than I do and pass judgment on their character. There is a terrific need not only in our schools but in our world in general for people to be more accepting,

understanding and tolerant of differences. That's the joy of teaching in a public school: the wide variety of backgrounds, experiences and interpretations that are brought into the classroom on a daily basis.

I'm proud to be a teacher. The job becomes increasingly more demanding, and I know teachers feel pulled in too many directions all at once in an effort to please everyone. It's impossible to please everyone, but I'm content in knowing that my standards are high and so are my expectations of students.

VERLIE STANGER
Twin Falls

Many sides to divorces made in wartime

There's two sides to every story.

I am a Twin Falls resident. I am responding to Robert Woody's letter, "Marriages: the latest casualties from Iraq." Robert Woody is the father of my 7-year-old daughter. I am

the mother that has sole custody of his first child. In my opinion, it is not the stress of the war or the fact that they are deployed that is causing divorces.

There are two sides to every story. Love, respect one another is a big part of a relationship. The idea that a spouse or loved one would find another to comfort them while they are away — there is usually a reason for that. Soldiers also find it OK to have online relationships with someone else while their loved ones are waiting for their safe return.

Let me end by stating I, too, have friends and co-workers who have family members serving there. I understand the hardships it can place on each family and respect those that are here continuing to maintain the home front for a safe return of their loved ones protecting us. God bless each and everyone serving our country here and afar.

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WORLD

Jackson offers support

U.S., Venezuela must work their differences out

CARACAS, Venezuela (AP) — The Rev. Jesse Jackson offered support for President Hugo Chavez on Sunday, saying a call for his assassination by a U.S. religious broadcaster was a criminal act and that Washington and Venezuela should work out their differences through diplomacy.

The U.S. civil rights leader condemned last week's suggestion by Pat Robertson that American agents should kill the leftist Venezuelan leader, calling the conservative commentator's statements "immoral and illegal." Jackson urged U.S. authorities to take action, and said the U.S. government must choose "diplomacy over any form of sabotage or isolation or assassination."

"We must choose a civilized policy of rational conversation," he told reporters at a news conference.

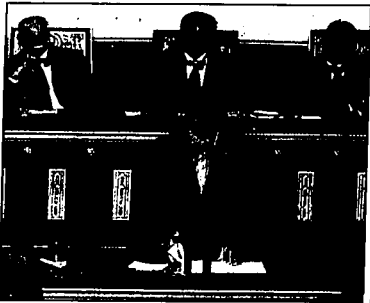
Chavez, a self-styled "revolutionary," has repeatedly accused President Bush's government of planning to overthrow him. He warned Friday that some American leaders have considered killing him.

U.S. officials have repeatedly denied such claims. Robertson's comments last week have increased already tense relations between Caracas and Washington.

He called for Chavez's assassination on his TV show "The 700 Club," saying the United States should "take him out" because the Venezuelan leader poses a danger to the world.

Robertson, founder of the Christian Coalition of America and a supporter of Bush's re-election bid, later apologized.

The U.S. Federal Communications Commission "must



The Rev. Jesse Jackson, delivers a speech to members of the Venezuelan National Congress while Venezuelan's Vice President Jose Vicente Rangel, left, Congress President Nicolas Maduro, center, and the President of the Supreme Court Omar Mora look on Sunday in Caracas, Venezuela.

prohibit such threats on their waves," said Jackson, who arrived Saturday for a visit along with members of his Rainbow/PUSH Coalition.

"I hope the FCC does not remain silent regarding what Robertson said," Jackson added.

Representatives of the U.S. government have expressed concern that Chavez, and his close ally, Cuban leader Fidel Castro, are fomenting instability in Latin America.

Chavez and Castro deny it, instead blaming the United States for meddling in the affairs of Latin nations.

"In a speech to Venezuela's National Assembly, Jackson said every country has a right to self-determination, and touched on subjects from poverty to Martin Luther King Jr.'s role in the civil rights struggle of American blacks.

"Though our histories are burdened with pain and often bitter memories, we must

have the strength to get ahead and not just get even," Jackson said in a rousing applause from Venezuelan lawmakers.

Jackson later met and shook hands with Chavez during the Venezuelan leaders' weekly radio and television program.

"Reverend Jackson, you can be sure that we will continue fighting for the ideas of Martin Luther King, for Christ the Redeemer's idea of loving one another and building a society of equals through our peaceful and democratic revolution," said Chavez.

He told Jackson he wanted to discuss the possibility of sending oil at preferential terms to poor communities in the United States.

Since taking office in 1999, Chavez has survived a 2002 coup, a 2003 strike and a recall referendum last year.

He is up for re-election next year, and recent polls suggest he has a 70 percent approval rating.

Afghan president optimistic on elections

KABUL, Afghanistan (AP) — Afghanistan's president said Sunday he is optimistic that next month's legislative elections will be peaceful, but ongoing pre-vote violence left one candidate dead and three American troops wounded.

Hamid Karzai's comments followed a major offensive by U.S.-led coalition and Afghan troops against militants intent on subverting the Sept. 18 polls. The operation has led hundreds of suspected rebels dead.

"We are very sure the election will take place peacefully," Karzai told reporters in Kabul. "There will be threats ... but that would not deter the Afghan people from participating. We will soon have a parliament."

But other Afghan officials, as well as U.S. authorities, have warned that the violence may worsen ahead of the elections, the next key step toward democracy after a quarter century of fighting.

American military commanders have prepared elaborate security plans to safeguard the voting, saying Taliban rebels are throwing all their resources into disrupting the polls.

In the latest anti-American violence, militants attacked a U.S. military convoy on Friday 25 miles east of Kabul, wounding three American soldiers, a U.S. military statement said. An attack helicopter rushed to the site, but the rebels had fled.

The wounded were in stable condition after being evacuated to Bagram, the main U.S. base in Afghanistan, about an hour's drive north of Kabul, it said.

Attacks on the U.S. military so close to Kabul are rare and Friday's assault occurred less than a week after a roadside bomb in the capital exploded near a convoy of U.S. Embassy vehicles, wounding two American staff members.

Two U.S. senators held at Russian airport, released

MOSCOW (AP) — A plane carrying two U.S. senators was detained for several hours Sunday while trying to leave Russia, before being permitted to leave the country for Ukraine, according to spokesmen for the lawmakers.

Sens. Richard Lugar, R-Ind., and Barack Obama, D-Ill., who had been visiting storage sites for weapons of mass destruction, were held at an airport in the Ural Mountain city of Perm for several hours but were allowed to leave after talks between U.S. and Russian officials.

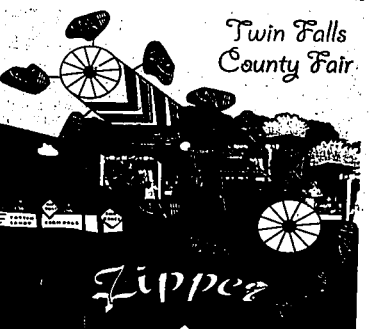
"I am in Ukraine with Sen. Lugar," Intelligence Committee Chairman Richard Lugar's spokesman, Andy Fisher, said

in a message sent from a personal messaging device Sunday afternoon.

He said Russian officials refused to let the plane take off for three hours and insisted on boarding it. "They did not. The border patrol finally got orders to let us go," Fisher said.

"We were treated just fine," he said. A spokesman for Obama also confirmed the plane's arrival in Ukraine.

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Thai elephant gets temporary prosthesis years after mine blast

LAMPANG, Thailand (AP) — A Thai elephant that attracted worldwide attention when its foot was amputated after it stepped on a land mine has been fitted with a temporary prosthesis, a wildlife conservation worker said Sunday.



The 44-year-old female elephant, Motola, is expected to wear the lightweight, canvas shoe-like device for five to eight months until her leg is strong enough to carry a heavier, permanent one, said Soraida Salwala, founder of the Friends of the Asian Elephant hospital in northern Thailand.

Motola was injured in 1999 while working at a logging camp near the border with neighboring Myanmar, a region peppered with landmines after a half-century of insurgency. Her mangled, left front foot was subsequently amputated, and she has hobbled on three feet since.

"Veterinarians have been attaching the sawdust-filled prosthesis to Motola daily since Aug. 10 as a therapeutic measure to help prepare her for a permanent prosthesis made from fiberglass and silicone, she said.

Motola, a Thai elephant that attracted worldwide attention after being maimed by a land mine six years ago and having a leg amputated, is fitted with a prosthetic limb Sunday at an elephant conservation center in Lampang province, northern Thailand.

"We have to mold her leg," Soraida said. "If it doesn't fit, then it doesn't stay."

In the meantime, the current prosthesis may be replaced by a heavier one, perhaps filled with sand, to further exercise and strengthen the elephants

leg muscles and tendons before veterinarians attempt to attach the permanent one, she added.

The number of working elephants in Thailand has declined from about 10,000 in the 1970s to about 2,000.

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The Times-News

Monday, August 29, 2005

MORNING LINE

SPORTSQUOTE

The kids are on campus, getting ready for the season. I know because there's a big 'Back to School' sale at the local bail bondsman's.

Bob Hill in the Sporting News on the return of college football

TRIVIA

QUESTION:

Which college basketball team won both Final Fours played at the Metrodome?

...answer below

TODAY'S SCHEDULE

High School Boys Soccer

Highland at Minico, 4:30 p.m.
Burley at Twin Falls, 4:30 p.m.
Girls Soccer

IN BRIEF

Minico Boosters meet tonight

RUPERT — The Minico Booster Club will meet at 5:30 p.m. tonight in the Minico High School Library. Parents with students in Grades 9-12 are urged to attend. Call 438-5260 for more information.

Gooding boosters also meet tonight

GOODING — The Gooding Booster Club will meet at 7 p.m. tonight in the Gooding High School multi-use room. Parents of high school students are urged to attend.

Magic Valley Am set for Sept. 3-5

TWIN FALLS — The Press-Box Sports Bar Magic Valley Amateur golf tournament will be held at the Twin Falls Municipal Golf Course Sept. 3-5.

The individual entry fee is \$100, which includes three rounds, tee prizes, a daily closest to the pin contest and dinner Saturday night at the mural.

The 152-hole event is limited to 162 players with a maximum handicap of 25.

All flights will be paid off gross except the last flight which will have both gross and net.

The deadline to sign up is 5 p.m. Thursday, Sept. 1. Call 733-3326 for more information.

OHS golf fundraiser is set for Sept. 10

OAKLEY — The Oakley High School booster club and golf team will hold a fundraiser golf scramble at the Burley Golf Course on Saturday, Sept. 10. Check-in is at 9:30 a.m. with a 10 a.m. shotgun start. Lunch follows at 1 p.m. Anyone interested in lunch only can pay only \$5.

The cost for greens fees and lunch is \$25 a person or \$100 for a four-person team. Register by Sept. 7 by calling Trent or Terisa Robinson at 862-9224.

Fairfield's Mike Wokershen hits ace

FAIRFIELD — Mike Wokershen hit a hole in one on the par-3 No. 16 at the Soldier Mountain Country Club and Resort from 185 yards out using a 4-iron. The witness was Jody Ivic.

Compiled from staff reports

TRIVIA ANSWER:

Duke, in 1992 and 2001.

American relaxing after setting Kilimanjaro record

By Joseph White Associated Press writer

OAKTON, Va. — As he neared the end of his record-setting run to the top of Mount Kilimanjaro, Sean Burch got so excited that he decided to sprint the final few yards at top speed. That was a big mistake. "I threw up," Burch said, "because I had run so fast to the summit."

Then his legs locked up. The cramps were so bad he could barely move for an hour or so.

So there he was, sitting on top of a gloriously beautiful African mountain, having made it to the top in 5 hours, 29 minutes, 48 seconds — and in no mood to celebrate.

"I sit there," Burch said, "and I think, 'You know, I've got to stop doing this.'"

It's doubtful he will anytime soon. The fitness maven already claims the world record for jumping rope at altitude, having done it on Mount Everest, and last year he won the North Pole Marathon. His next goal is a marathon at the South Pole. But, first, Burch took some time this summer to relax in his Virginia home and reflect on the thrills and agonies of his Kilimanjaro record, which he set June 7.

Unlike other grand mountains such as Everest or the Matterhorn, Kilimanjaro doesn't require special mountain climbing skills to get to the top. Top of the summit is basically a trek up a very long trail.

Oh, but, what a trail. The 20.4-mile journey goes through five ecosystems, starting in a tropical rain forest and ending on a glacier. The vertical gain is near-

ly 15,000 feet, steep enough at times to slow Burch to a walk. Oxygen gets in very short supply when approaching the summit at 19,341 feet above sea level, the highest point in Africa. Only 40 percent of the people who attempt the climb are successful, and they usually take days, not hours, to do it. Burch began his run in shorts and a short-sleeve shirt — and finished in a subfreezing temperatures wearing a jacket and long pants.

"When I started, it was raining," Burch said. "It cleared up. I actually got sunburn. I got into windstorm in an area called the saddle."

Burch tried to limit his stops to once an hour, usually to drink water he kept in a backpack that weighed about 10 pounds. The pack also carried the warm clothes he knew he would need as he gained altitude. Guides and park rangers were stationed along the way to keep time and help verify the record, but he was not allowed to receive any assistance. In the end, he clipped nearly eight minutes off the mark set last year by Christian Stangl of Austria.

After the sickness and cramps at the summit, Burch had one more scare. During what was supposed to be a leisurely descent, he had a buildup of fluid in his lungs.

"When you breathe, it's like you're gargling, but it's in your lungs," said Burch, who took his way to a rest area at a lower altitude until the condition passed.

Beyond the sheer joy of accomplishment, Burch's motives for his adventurous exploits are twofold. First, they are a validation of his unique conditioning regimen for average people, a program he calls hyperfitness.

"You can take anybody and make them into an athlete," Burch said, "or help them. Please see KILIMANJARO, Page B2

Vest takes second chase victory at MVS Gooding

By Linda Brittain Times-News writer

TWIN FALLS — Rob Vest knows it's not where you start, but where you finish that counts. The Premier Series point leader began Saturday night's main event at the Magic Valley Amateur golf tournament at the rear of the field, but quickly worked through traffic to win his second race of the championship chase.

Dan Dean and David Patrick bantled for the lead through several cautions through the first 14 laps, but it was a caution on lap 15 helped Vest take the outside lane on a restart and quickly capture the lead.

Vest wasn't in the clear yet, as Steve Jones — trailing by only one point in the standings coming into the race — got away up to the No. 2 spot and threatened Vest's lead. Vest was able to keep Jones at bay, but Jones slipped left in a turn, lapped traffic began to enter into

the picture. Vest kept his cool to make a successful pass and to cross the finish line with his lead intact, just over a half-second ahead of Jones.

Steve Jones is a tough competitor, but I love racing against him," Vest said. "I think we drive harder against each other than anyone else on the track."

"We were faster at the beginning of the race, so the yellows didn't get away from me. But my car is 100-percent legal, just like always."

Rice hoped to have put in a better performance but settled for the second place showing. "I didn't have any problems with him (Lopez) tonight," said Rice. "I thought we had a better car tonight, but I still had a good time out there."



Sean Burch jumps rope during an hourly jump rope training session as the sun rises at Uhuru Peak, the summit of Mt. Kilimanjaro, in Tanzania on June 3.

event. Coming from the rear of the field, Lopez took the lead on Lap 8, leaving Rice and Pohlman half-a-track behind to battle for second most of the race.

With the dominating win Saturday night, Lopez has now widened his lead over Rice and Pohlman with the final event set for September 10. With much on the line, tension is running high in the pits as Lopez found himself answering questions about the legality of his ride from fellow drivers.

"Unfortunately, unsportsmanship has reared its ugly head tonight in the Grand National division," Lopez said after his win. "But my car is 100-percent legal, just like always."

Rice hoped to have put in a better performance but settled for the second place showing.

"I didn't have any problems with him (Lopez) tonight," said Rice. "I thought we had a better car tonight, but I still had a good time out there."

Thunder Stock driver Jim Shirley won the main event over a hard-charging Jason Todd. Bruce Henry — second in points — was involved in an accident early in the race and was not able to make it back onto the track to finish.

Super-6 driver Patrick Quinn held on to a big lead over the rest of the field of 15 entrants in the main event race for his second win at the Magic Valley Speedway this season.

The Twin Stop "Trailer Race of Destruction" was another huge hit with the fans as the 22 trailer race drivers delivered nonstop action with some spectacular wrecks along the way. Jeremy Morris was voted the race winner after his John Deere car and trailer survived the debris-filled laps around the speedway.

Results: Race 1 — Rick Hill, 2 — Steve Jones, 3 — Bobby Buchanan, 4 — Dan Dean, 5 — Jason Todd, 6 — Jerry Rice, 7 — Magic Valley Pro Trailer Race — Jim Shirley, 2 — Jason Todd, 3 — Steve Jones, 4 — Dan Dean, 5 — Mark Sorenson, 6 — Dan Dean, 7 — Jason Todd, 8 — Dan Dean, 9 — Dan Dean, 10 — Dan Dean, 11 — Dan Dean, 12 — Dan Dean, 13 — Dan Dean, 14 — Dan Dean, 15 — Dan Dean, 16 — Dan Dean, 17 — Dan Dean, 18 — Dan Dean, 19 — Dan Dean, 20 — Dan Dean, 21 — Dan Dean, 22 — Dan Dean.

Memea's homer lifts Hawaii to Little League title

By Genaro C. Armas Associated Press writer

SOUTH WILLIAMSPORT, Pa. — Michael Memea rounded third with his right hand held high, bawling toward his jubilant teammates after his home run in the bottom of the seventh capped a late-inning comeback to give West Oahu of Ewa Beach, Hawaii, the Little League World Series title.

Memea lived a pitch over the center-field wall with nobody out to finish the 7-6 win Sunday over the defending champions from Wilkes-Barre, Pa. The homer completed the rally from a three-run deficit in the previous inning.

Down 6-3 with runners of second and third on base, out on Vonn Fesao scored from third on a bunt base hit by Ty Tripp. Zachary Rosette then hit an RBI single to left close the gap to 6-5.

Three batters and one out later, Alaka'i Agelipay hit a bouncer to second that looked like it would be an easy double play, but he beat out the throw to first, allowing Rosette to score the tying run.

Stark Liberia had broken open a 3-3 game in the fifth with a two-run homer that soared beyond a short ball past the left-field wall. Darren Seferina

added a solo shot to give Curacao its three-run lead.

The homers drew loud cheers from the small contingent of Curacao fans holding the country's blue and yellow flag and wearing hats of the same color.

Braves slugger Andruw Jones was hooked to the game on television in Milwaukee after hitting his major league-leading 41st and 42nd home runs during Adianta's 5-2 win over the Brewers.

Jones is also from Willemstad, and most of Curacao players at the Little League World Series call him their favorite pitcher.

"It's great to see" Jones said in between yelling at the TV and playfully taunting his teammates. "There's a lot of talent down there."

The Curacao team from the Pabao Little League was trying to become the first repeat winners in youth baseball since 1960 since Long Beach, Calif., won back-to-back titles in 1992-93.

Down a run with two outs in the third, Curacao held a 3-1 lead thanks in part to a confusing play that started with an RBI single to right by Jurickson Proffer.



Willemstad, Curacao, Netherland Antilles third baseman Rudmicheall Brando (13) watches as Ewa Beach, Hawaii's Michael Memea heads home after hitting a walk-off game-winning solo homer off Curacao pitcher Christophe Garis in the Little League World Series Championship game on Sunday.

Curacao appeared to miss the tag at home. Profar moved to third amid the confusion, then was singled home by Liberia.

Please see LLWS, Page B2

Gooding looks to reload

By Nathaniel Garbrandt Times-News writer

GOODING — The pivotal moment in 2005 South Central Idaho Conference volleyball competition might have occurred some three months before practice even began. When Gooding's Ashley Abramowski, Cady Coates, Karyn Pereira, and Teri Lehr accepted their diplomas, challenging the Senators after a 2004 8-0 conference run suddenly seemed a lot more possible from the perspective of the SCIC's other four teams.

But despite having lost four all-conference players, Gooding co-head coach Jenny Kasik thinks otherwise. "I think we're going to be alright," said Kasik, whose team took second at the 3A state tournament last season. "We've got six seniors and I think if we work hard, we'll be there in the end. I feel strong about what we can do in District 1."

The team is bolstered by the return of senior Brittanee Toome, who garnered 2004 all-conference honors from the outside hitter position. Toome recorded 275 kills, served 96 percent with 640 service points, and led her team in passing accuracy.

The biggest surprise might come from the bottom of last year's SCIC field. After closing out the 2004 with a 1-7 conference record, the Deelo Hornets enter this season as upstarts, at least on paper.

The Hornets return six starters including seniors Nicole Darrington and Alisha Zollinger. The 5-6 Darrington has hopes from the outside hitter position and should be one of the SCIC's biggest offensive threats. Zollinger is an excellent setter whose role this season greatly expanded to include hitting duties as head coach Sheila Williams switched to a 6-2 setup from a 5-1.

"I think this year could be anybody's game," said Wheeler. "It's whoever pulls it together by the end of the season." After looking forward to proving from last season's Please see VOLLEYBALL, Page B4

SPORTS

Mariners shell Garcia, down sagging White Sox

SEATTLE — (AP) Freddy Garcia gave up a season-high eight runs in 4 1/3 innings and Seattle beat Chicago.

After flirting with a no-hitter in his previous start, Garcia (11-7) made his shortest outing of the season, leaving after the first place Mariners scored three runs in the fifth to take an 8-2 lead.

Garcia, who pitched with Seattle from 1999-2004, dropped to 0-3 with an 8.35 ERA against his former team this year. He made his first start at Safeco Field since being traded June 27, 2004.

Jamie Moyer (11-5) improved his record at home to 8-0 this season and reserve Dave Hansen came off the bench for Richie Sexson to hit a home run as the Mariners avoided getting swept at home by the AL Central leaders for the first time since July 30-Aug. 1, 1993.

Yankees 10, Royals 3

NEW YORK — Jason Giambi broke out of a 4-for-38 slump with a pair of home runs and drove in seven runs Sunday, leading the New York Yankees to a 10-3 victory and a sweep of their weekend series with the Kansas City Royals.

Giambi's 23rd home run came in the third inning against loser Zack Greinke (3-16), and gave him 1,000 RBIs for his career.

Two innings later, he connected again for his 23rd homer and 1,500th career hit, this time after another hit by Rodriguez. It was the 10th homer of the game of the season for Giambi and the 29th of his career.

In the sixth, the Royals walked Rodriguez intentionally to load the bases, and Giambi followed with a two-run single to give him seven RBIs in a game for the third time in his career. Bernie Williams added a run-scoring single and drove in three runs.

All three (4-3) earned his third straight win, limiting his losses to two hits in six innings. He struck out six, walked three and threw 112 pitches after reaching 75 after three innings.

Athletics 10, Orioles 3

BALTIMORE — Danny Haren (11-10) pitched seven innings of three-hit ball, and Oakland hit three home runs to beat Baltimore for its fifth straight victory.

Scott Hatteberg, Marco Scutaro and Mark Ellis homered to help the A's move into first place in the AL West ahead of the Los Angeles Angels, who lost to Tampa Bay 2-1.

Chicago has outscored the Orioles 26-7 in the first three games of the series, will seek his first four-game sweep and hitting an RBI on Sunday.

Melvin Mora homered twice and David Newhan also connected for the Orioles, who have the right of nine to all a season-high seven games under

500 (61-69). Rookie John Maine (1-1) took the loss.

Indians 4, Blue Jays 1

TORONTO — Casey Blake and Aaron Boone homered off left-hander Tim Lincecum, and Jake Westbrook pitched into the seventh inning to lead surging Cleveland over Toronto.

The Indians have won nine of 11 and are a major league-best 19-7 since July 31. Cleveland is one game behind the New York Yankees and a half-game back of the Los Angeles Angels in the wild-card race.

Reed Johnson drove in the lone run for the Blue Jays, who have lost eight of 10 to fall to 65-65.

Red Sox 11, Tigers 3

BOSTON — David Wells pitched seven strong innings, and Boston had its third consecutive offensive outburst against Detroit.

The Red Sox were led by David Ortiz's 33rd homer and three RBIs, Bill Mueller's homer and three hits and Johnny Damon's two hits and three RBIs.

Wells (11-6) gave up three runs, two earned, and nine hits with a season-high seven strikeouts. He didn't walk a batter for the sixth time in his last seven starts.

Nate Robertson (6-11) struggled after two starts in which he allowed a total of three runs and four hits in 16 innings. He gave up eight runs and nine hits in 5 2/3 innings.

Boston maintained its 1.5-game lead in the AL East over the New York Yankees, who beat Kansas City 10-3.

Devil Rays 2, Angels 1

ST. PETERSBURG, Fla. — Mark Hendrickson extended his personal winning streak to four games and Aubrey Huff hit a two-run homer off Jarrod Washburn (7-8) to help Tampa Bay knock Los Angeles out of the AL West lead.

Otmaro Cabrera homered for the Angels, who were swept in the series and have lost four straight heading into a three-game set against Oakland that begins Tuesday.

Hendrickson (8-7) gave up one run and five hits in 7 2/3 innings. He is 4-0 in his last six starts. Danys Baez pitched the final 1 1/3 of his career-best 31st save.

Tampa Bay finished its 13-game stretch at Tropicana Field more than a franchise record for wins during any homestand.

Rangers 2, Twins 1

ARLINGTON, Texas — Pinch-hitter Hank Blalock hit a field single drove in the winning run in the ninth inning, giving the Texas Rangers a 2-1 victory over the Minnesota Twins on Sunday.

Phil Nevin had a one-out single in the ninth off Jesse Crain (6-9) and went to second when pinch-hitter David

Delucci walked. Todd Barajas reached on catcher's interference to load the bases and Blalock, held out of the starting lineup by manager Buck Showalter because he was in a 13-for-63 slump, hit a dribbler that shortstop Jason Bartlett was unable to field as Nevin crossed the plate.

Doug Brocail (5-2) pitched a scoreless ninth for the win. Rangers starter Chris Young gave up three hits in seven shutout innings. Johan Santana gave up one run and three hits in seven innings.

National League Reds 7, Pirates 2

PITTSBURGH — Ken Griffey Jr. hit his 334th career home run to tie Jimmie Foxx for 13th place on the all-time list, and the Cincinnati Reds beat the Pittsburgh Pirates, 7-2 Sunday for their fourth straight win.

Griffey went deep against Pittsburgh starter Kip Wells (7-14) in the fourth inning for his 33rd homer of the season and fourth in as many games, then doubled down the right-field line in the sixth for the 1,000th extra-base hit of his career.

Griffey also extended his hitting streak to 14 games. The 12-time All-Star has hit .458 (27-59) during the stretch, with 10 multihit games.

Braves 5, Brewers 2

MILWAUKEE — Andruw Jones hit two home runs, increasing his major league-leading total to 42, and Tim Hudson pitched his second straight complete game for Atlanta.

Jones also took over the NL lead with 102 RBIs with his eighth multihomer game of the season. His three-run shot in the fifth in the third inning against Chris Capuano gave Atlanta all the runs it needed.

Hudson (11-7) scattered seven hits, including homers to Brady Clark and Chad Mottola.

Cardinals 6, Nationals 0

WASHINGTON — Cal Eldred made his first start since 2001 and combined with four St. Louis relievers to stretch Washington's scoring drought to 21 innings.

John Halama (0-1) turned in five strong innings but took the loss after St. Louis scored three runs in the sixth. He left after allowing two runs on three hits in 5 1/3 innings.

Eldred filled in despite 15-game winner Mark Kiedler was scratched again with a stiff neck. Eldred allowed two hits over three-plus innings. He was followed by Brad Thompson (2-0), who gave up one hit in three innings.

David Eckstein had two doubles for the Cardinals and Brad Lidge drove in two with a bloop single.

Cubs 14, Marlins 3

CHICAGO — Carlos Zambrano scattered six hits over eight innings, and the Cubs scored



Seattle Mariners outfielder Ichiro Suzuki swings at a pitch in the fifth inning against the Chicago White Sox in Seattle during Sunday's 9-2 win.

Evangelista pitched the ninth for his 33rd save in 35 chances.

Jamey Wright allowed four runs after seven hits in six innings, tying Kansas City's Zack Greinke (3-16) for the major league lead in losses.

Giants 4, Mets 1

SAN FRANCISCO — Pedro Feliz hit a debuting two-run homer in the sixth and J.T. Snow also connected in the ninth, rallying the Giants to help Noah Lowry win his fifth straight start.

Lowry (11-11) completed an unbeaten August, winning all five of his starts and going at least seven innings in each outing. He allowed five hits and one run, struck out six and walked one in eight innings.

Armando Benitez worked the ninth for his seventh save. Kris Benson (9-6) gave up seven hits in six innings, struck out two and walked two.

Dodgers 1, Astros 0

LOS ANGELES — Roger Clemens again got no run support from the Astros, and Jeff Weaver and Danier Sanchez combined on an eight-hit effort, to lead the Dodgers.

The 43-year-old Clemens allowed two hits and struck out five in six innings, but the

Dodgers scored in the eighth on Oscar Robles' RBI single off Chad Qualls (4-3).

This was the eighth time in Clemens' 27 starts this season the Astros were shut out, and the fifth time by a 1-0 score — including three games that went extra innings.

Weaver (13-8) allowed seven hits over eight innings, struck out 10 and walked none. Sanchez got three outs for his fourth save.

D'backs 10, Phillies 5

PHOENIX — Shawn Green, gone for two days for the birth of his daughter, returned to hit a grand slam and the Arizona Diamondbacks won their first series in nearly a month by beating the Philadelphia Phillies 10-5 Sunday night.

Troy Glaus added a three-run homer to help Arizona take two of three from the Phillies and end a string of seven consecutive series losses since taking three of four from the Cubs in Chicago from July 28-31.

Pat Burrell hit his 25th and 26th home runs for Philadelphia, both of them solo shots. Howard and Mike Lieberthal also hit solo home runs, but the Phillies squandered a chance to widen their lead in the wild card chase.

Faxon takes Buick Championship in playoff

CROMWELL, Conn. (AP) — Brad Faxon rolled in a 3-foot birdie putt on the first playoff hole Sunday to win the Buick Challenge over Tiger Woods and Walt, his first victory since 2001.

Faxon drove into the left fairway bunker and had 169 yards to the hole and stuck his 7-iron approach 3 feet from the cup. Van der Walt, unflappable all week at the TPC at River Highlands, drove it right down the middle to within 134 yards. His approach banded off the flag and rolled 10 feet from the cup. The players high-fived each other as they walked up the 18th fairway to an ovation.

Van der Walt pushed his birdie putt right, then Faxon rolled his in for the win.

Howell wins BMW Open

NORD-EICHENRIED, Germany — David Howell won his first title in six years, shooting a 7-under 65 to hold off John Daly by a stroke at the BMW International Open.

Daly closed with a 64 and missed a 6-foot birdie attempt on the last hole that would have

Roberts tops at Tradition

ALOHA, Ore. — Loren Roberts bogeyed the second playoff hole but still won the Tradition, beating Dan Outley, who double-bogeyed the par and failed again to win his first major. Quilley's 3.5-off par put for bogey on No. 17 at Reserve Vineyards & Golf Club lipped out, while Roberts' fell.

Mollari takes U.S. Am.

ARDMORE, Pa. — Italy's Edoardo Molinari made a 25-foot birdie putt at the 33rd hole to beat American Dillon Dougherty 4 and 3 and win the U.S. Amateur championship at Merion Golf Club.

Molinari joined Charles "Chic" Evans (1916), Bobby Jones (1924), Sam Snead (1966) and Chris Putnam (1989) as amateur champions at Merion, which hosted its 17th U.S. Golf Association championship.

Kerr best at Wendy's Championship

DUBLIN, Ohio — Cristie Kerr



Brad Faxon, from Barrington, Ill., celebrates his win after a sudden-death playoff with Tiger van der Walt at Sunday's final round of the Buick Championship in Cromwell, Conn.

won the Wendy's Championship for Children, closing with a 3-under 69 shortly after Pat Hume fell from a tie for the lead with a

double-bogey on the last hole. This was Kerr's second victory of the year and sixth of her career.

Kilmanjaro, he visited a Tanganyika school to promote an environmental education program in connection with the World Wildlife Fund. He was troubled with what he saw atop the great mountain, where the famed ice cap is vanishing as the planet gets warmer. "He's extraordinary," said Bob Becker, who used Burch's program to prepare for the 150-mile Marathon des Sables through Morocco's Sahara Desert this year. "He's the most devoted athlete I've ever trained with."

LLWS

Continued from B1. Aguilaf led off the bottom half of the third with consecutive homers.

West Oath had a tournament-leading 10 home runs coming into the game but relied on two singles and a wild pitch to score his first run.

Also on Sunday, Ivan Gura lined an RBI single with one out

in the bottom of the sixth inning to break a tie and lift Bancho Buena Vista of Vista, Calif., over Chiba City, Japan, 5-4 in the consolation game.

Johnny Dee started the winning rally with a one-out walk. Daniel Glabez blooped a single into left field just out of the reach of Yusuke Taira before Gura hit the game winner.

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SPORTS

No. 1 ranking up for grabs in U.S. Open

NEW YORK (AP) — Women's tennis and the February have one thing in common: injuries galore.

Tennis seems a tame game compared with football violence, but there's no shortage of aches among the women trooping into the U.S. Open on Monday with their bandages and painkillers, physical therapists and chiropractors.

Kim Clijsters, one of the few top players completely healthy at the moment, has been sizing this summer and is favored to win her first Grand Slam championship after racking up her four-leading sixth title. She's rated a better bet than No. 1 seed Maria Sharapova (returning from a strained chest after surgery) and the woman set to reclaim the No. 1 spot in the WTA Tour rankings on Monday, Lindsay Davenport (returning from a back injury).

Yet Clijsters, all of 22, spoke Sunday of retiring in two years because of the toll tennis has taken on her body. She's weary of injuries and worried about how they will affect her life away from tennis in the future.

She's most serious problem last year was a torn tendon in her left wrist, which led to surgery and cost her most of the season, as well as the start of this year. She made a strong

comeback when she returned to the tour in February, despite a knee injury in May.

"I know how my body is feeling now and that, for me, is the main reason," Clijsters said of her thoughts of retirement. "For the next two years ... I'll just have to look after my body, make sure I have massages every day to my knee exercises, my shoulder exercises and my core exercises.

"There's so much I need to do all those things if I want to be able to play as well as I have been. That's why after the U.S. Open, I'm going to have a long break. Just to make sure that everything is right again and that I recover well."

Retirement plans can, of course, change.

Davenport, 29, spoke last year about retiring. She, too, was having enough of foot and back injuries among others, along with repeated rehab.

But she got a second wind in her career, finished last year No. 1 and has occupied the top spot most of this year, albeit without winning a Grand Slam title since the Australian in 2000. She's come close twice this year, reaching the finals of the Australian and Wimbledon.

"A couple of wins there (on the WTA Tour) gave me a lot of confidence to keep going, and

I've kind of sustained that confidence," she said. "I work way harder now than at any point in my career, off the court, and I feel like that, all of a sudden, came into play quite a bit. I enjoy it more now. I don't know if that's because I came to the realization that I might be without it soon, or came to the realization that I better enjoy the last few years, however long they last."

Clijsters' fellow Belgian, Justine Henin-Hardenne, 23, is not thinking quite yet about retirement but certainly can empathize with her about all the health issues.

A blood virus kept Henin-Hardenne off the court much of last year, a right knee fracture during practice in December delayed her return to court until March, then a right hip flexor strain set her back in April.

"Amazingly, she overcame all that to win the French Open in June, though a right hamstring injury in July hampered her again."

"I'm much better," she said Sunday. "It's been hard to come back again after an injury in the last couple of weeks. It hasn't been once, not twice, but three times in a year."

"I'm not probably going to play as much as I did the last



Maria Sharapova, from Russia, stretches to return a serve against compatriot Anna Chakvetadze during the third round of JP Morgan Chase Open, recently. The top-seeded Sharapova is listed among the favorites to win this year's U.S. Open.

few years because I need to stay healthy for a couple of more years. I want to play for a long time. I'm not going to retire in two or three years, for sure."

Serena and Venus Williams have had more than their share of injuries the past few years but both will playing in Arthur Ashe

Stadium on Monday. Tournament officials want to feature the former two-time champions, seeded eighth and 10th, respectively, early on — since they could clash in the fourth round.

French Open champion Rafael Nadal of Spain, seeded

No. 2 in the men's draw behind Wimbledon champ Roger Federer, also will play on the main stadium court during the afternoon. The night belongs to Sharapova and Andre Agassi.

Federer, Andy Roddick and Davenport will play their first matches on Tuesday.

Volleyball

Continued from B1

fourth place SCIC showing, the Bull Indians found the task a lot harder after losing 4-0 to middle blocker Cassie Tipton to injury.

The loss will likely have big consequences, but the Indians do have some tools to work with.

They return a pair of good outside hitters in senior Abbe Rye and junior Miranda Juker and enjoy some height at the middle blocker position with 5-10 junior Jaime VanPatten.

With six returning seniors and lots of height, Kimberly will be gunning for a playoff run after finishing eighth out of the pack in last year's standings.

Senior Lucy Hays and junior Kessie Newberry—both 5-10—should provide the Bulldogs with solid defense from the middle blocker position.

Also returning will be 2004 all-conference honorable mention senior Morgan Stradley at outside hitter.

Flier joins Gooding as a team in search of new leadership after also graduating four senior all-conference players.

The Wildcats came in second in the conference last season at 5-3 and took to do even better this time around in spite of the departures.

The team's biggest advantage is height, boasting an average of 5-10 across the net. Coach Ed Richards has a lot of confidence in what he's seen so far in terms of offensive capability.

"We will run a 6-0 multiple attack offense," he said, "which, by the end of the season, will be as good as any team that I've ever coached."

In a conference as competitive as this year's SCIC, it will need to be. Don't be surprised if the conference title isn't decided until the season's final matches.

2A Canyon Conference

The Valley Vikings ran the table in last year's Canyon Conference, capping off their 4-0 run with a trip to state.

If good things are to continue, the Vikings are going to have to do it without the contribution of six graduated seniors.

A pair of the conference's best outside hitters in seniors Lindsay Wood and Jennifer Strucek are probably the Vikings' best hope of keeping Wendell and Glenns Ferry at bay.

Cash Italian Escobedo, who enters his 11th season, feels that if his players can pass the ball and set well, they'll be competitive.

Distributing the ball will be

Class 3A

Sawtooth Central Idaho Conference

Gooding Seniors
Last year's record and finish: 21-3 (8-0), SCIC champions, second at State 2A

Head coaches: Julien Toone, and Jenny Koski, 23rd year

Assistant coaches: Melissa Martin and Emily Riggs

Offense: Sr. Brittain Toone, 5-5, hitter; Sr. Amy Trnhot, 5-6, hitter; Sr. Lesley Silman, 5-5, setter; Sr. Haley, 5-6, opposite.

Defense: Sr. Eliza Scher, 5-3, defensive specialist; Sr. Samantha Hobbes, 5-3, defensive specialist.

Newcomers: Jr. Casey Nelson, 5-6, defensive specialist; Nico Randall, 5-9, middle; Sr. Kaci Abramowski, 5-5, middle; Jr. Halley Robinson, 5-9, middle.

Strengths: You name it: passing, competitiveness, quickness, camaraderie, post-season experience, etc. After picking up all-conference honors in 2004, senior Brittain Toone will be the likely centerpiece.

Areas of concern: With Gooding having graduated four all-conference players, there are some big shoes that need filled. With three juniors and a sophomore moved up to varsity, the Senators are going to have to redevelop continuity.

Flier Wildcatters
Last year's record and finish: 5-3 (SCIC, second in conference, second in district)

Head coach: Ed Richards, 13th year
Assistant coaches: Megan Mill-

junior setter Sarah Callen, Jennifer outside hitter Jennifer Strucek will also start.

Both the Vikings' conference rivals have made improvements from last year, particularly Wendell.

Junior middle blockers Brooke Egbert and Erica Cox will make the Trojans tough along the net.

Returning seniors include Rylee Scott, Jesse Lancaster, Hallie Kelsey, and Heather Cameron.

Glenns Ferry didn't pick up a conference win last season, but with four returning seniors and some height in last year's junior varsity players, that could change. Middle blockers Yezmin Soto, Allisha Crane, and Carl Noble all measure over 5-10 and should provide problems for their shorter Canyon Conference opponents.

2005 Class 3A/2A Volleyball Capsules

Class 3A

can, Jenia Brown, Katy Hinkle, Kandra Young, Shawn Pulman.

Offense: So. Natalie Hoyt, 5-10, outside hitter; Jr. Kelly Newton, 6-0, middle blocker; Sr. Allison Ko, 5-11, middle blocker; Jr. Shaane Astle, 5-7, outside hitter; So. Emma Wiesma, 5-10, outside hitter; So. Jessica Starley, 5-10, outside hitter.

Defense: Jr. Kendra Koyle, 5-3, outside hitter; Sr. Angela Brown, 5-3, outside hitter; Sr. Maureen Hoyt, 5-4, defensive specialist; Sr. Sarah Haney, 5-6, defensive specialist.

Newcomers: Jr. McKenzie Hinkle, 5-4, setter; Jr. Emily Wilgots, 5-7, setter.

Strengths: Height. The Wildcats have more of it than anybody in the conference. They'll be tough to deal with along the net.

Areas of concern: Coach Richards feels his team's serve-receive passing needs work. The defense looks good, but also has room for improvement.

Kimberly Bulldogs
Last year's record and finish: 3-5 (SCIC, third in conference)

Head coach: Jan Hill, fourth year
Assistant coaches: Kally Young, Lawrence Pfeiffer

Offense: Megan Stradley, Stacey Walters, 5-9, setter/outside hitter; Defense: Sr. Lucy Hays, 5-10, middle blocker; So. Kessie Newberry, 5-10, middle blocker.

Newcomers: Jr. Jessica Reeves, defensive specialist; Newberry, Strengths: A lot of experience in six returning senior meids with some talented juniors.

Areas of concern: Coach Hill worries about keeping the team

Class 2A

health, down the stretch.

Suhl Indians
Last year's record and finish: 3-5 (SCIC, fourth in conference)

Head coach: Chrissy Waitley, second year
Assistant coaches: Denny Moreto and Angie Schroeder

Offense: Sr. Abbe Reynolds, 5-8, outside hitter; Jr. Miranda Juker, 5-8, outside hitter; Jr. Jaime Van Patten, 5-10, middle blocker; So. Leslie Hunter, 5-6, middle blocker.

Defense: Sr. Morgan Peterson, 5-6, defensive specialist; Sr. Heather Scoen, 5-4, opposite; Jr. Cheryl Geiger, 5-5, setter.

Newcomers: Jr. Amanda Combe, 5-9, middle blocker; Jr. Brittany Harp, 5-8, outside hitter.

Strengths: Senior leadership is strong.

Areas of concern: The loss of 5-8 middle blocker Cassie Tipton to injury is a big blow to a team already hurting for size.

Declo Hornets
Last year's finish: 1-7 (SCIC, 5th in conference)

Head coach: Sheila Wheeler, fifth year
Assistant coach: Heather Howard

Offense: Sr. Nicole Darrington, 5-8, outside hitter; Sr. Allisha Zollinger, 5-7, setter; Sr. Zenna Wardle, 5-5, outside hitter; Sr. Whitney Erickson, 5-8, outside hitter.

Defense: Jasheli King, 5-4, opposite; So. Delea Leary, 5-8, middle blocker; Sr. Brianna Webb, 5-8, middle blocker; Sr. Jerica Zollinger, 5-8, middle blocker.

Strengths: The Hornets enjoy a nice combination of experience, skill, and athleticism. Lots of abili-

Class 2A

ty at the setting positions will lead to strong hitting. Also, the younger players have taken quick

ly to the varsity intensity, which has resulted in greater intensity from returning starters.

Areas of concern: This team has experienced difficulty in staying focused and finishing games. Consistency in hitting and serving is also something to be worked on.

Canyon Conference
Valley Vikings
Last year's record and finish: 4-0 (Canyon Conference, 1st in conference, qualified for state)

Head coach: Julian Escobedo, 11th year
Assistant coach: Jennifer Ostin, Holly Hill

Offense: Sr. Lindsay Wood, 5-8, outside hitter; Sr. Jennifer Strucek, 5-8, outside hitter; Jr. Sarah Cullen, 5-7, setter.

Defense: Not available.

Newcomers: Jr. Natalie Hanson, 5-7, middle blocker.

Strengths: The Vikings have great outside hitters and quickness. If the team can pass the ball and set, they will be very competitive this year.

Areas of concern: The loss of six seniors will hurt.

Wendell Trojans
Last year's record and finish: 2-2 (Canyon Conference, second in conference)

Head coach: Beth Andrus, 12th year
Assistant coaches: Kalli Jasper, Tiffany Davis

Offense: Sr. Tori Hurst, 5-4, outside hitter; Sr. Orleneila, 5-4, setter; Sr. Sarah Swain, 5-7, outside hitter; Sr. Yezmin Soto, 5-10, middle blocker; Jr. Allisha Crane, 5-10, middle blocker; Jr. Carl Noble, 5-11, middle blocker; Jr. Rachel Anchestegui, 5-10, outside hitter.

Defense: Anchestegui, Swain, Hurst.

Strengths: Coach Crum is pleased with the teamwork her players have demonstrated.

Areas of concern: Crum is concerned with developing greater cohesiveness.

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SCHOOL DAYS

Community Editor: Pat Murrantano • 735-3288

The Times-News

Monday, August 29, 2005

Section C

What did you do during the summer?

Educators around the Magic Valley spend their break in many ways

OFF TO THE LAND OF THE RISING SUN



Blaine County Schools Assistant Superintendent Mary Gervase, left, sits with two Tibetan women waiting to watch monks debate at the Sera Monastery in Lhasa, Tibet, earlier this summer.



Above, Lelle Poppleton rolls buckwheat dough for soba noodles, while in Murayama, Japan. Top, Lelle Poppleton, a Twin Falls teacher, visits with her host family and their friends in Murayama, Japan, during a trip there in June.

Scholarship sends T.F. teacher to Japan

By Karin Kowalski
Times-News writer

TWIN FALLS — Japanese high school students can't wait to get a set of wheels when they turn 15.

Unlike students in Twin Falls, Japanese teens aren't allowed to drive a car until age 18, so a set of wheels means a bicycle and they aren't allowed to ride them on the street until they turn 15.

That's what Twin Falls High School teacher Lelle Poppleton learned when she went to Japan in June, thanks to an all-expenses-paid Fulbright Memorial Fund Teacher Program. She was one of 200 teachers chosen for an educational tour put on by the Japanese government. Their mission: "To learn about the culture, people and education system, then bring that knowledge back to the United States."

"They just treated us like royalty," Poppleton said. "It was really first class."

Poppleton and a teacher from the Treasure Valley represented Idaho. "It was fun sharing with the

other teachers, too," she said. For example, she discussed advisory groups with a teacher from Mito.

The first part of the trip was in Tokyo where they had excellent speakers and learned about pens and art education, and traditional Kabuki theater, Poppleton said. They had a panel discussion with members of the Diet, Japan's equivalent of Congress.

After five days, the visitors split into small groups. Poppleton's went to the city of Murayama, which is about three hours north of Tokyo, by bullet train. The city is in the cherry growing region.

While up north, Poppleton spent a day at a university, a high school, junior high and an elementary school. The structure of Japanese schools mirrors that of the United States because Americans helped Japan redesign its schools after World War II. School is only required until ninth grade, but almost all students continue on to high school.

Poppleton was surprised at

how clean the school buildings were. Every day at 2:30 p.m., the students do all the cleaning — even mopping floors and cleaning toilets. The high school also had a nurse's office that resembled a miniature hospital.

Poppleton met the city's mayor and president of the parent teacher association. She found that Japanese schools have problems with students using cell phones and chewing gum.

"They have some of the same problems that we do," she said. She doesn't think Japan's schools are better than those in the United States, she adds. But there's so much pressure on students to pass exams that it's really unhealthy. The country has a high suicide rate and the majority of those deaths are high schoolers.

School administrators there are trying to find a way to relieve the pressure, perhaps by having different tiers of college entrance exams for the higher and lower level institutions.

Japan also has problems with fathers working long hours to

keep up with the high cost of living, the teacher said.

Poppleton had her own homework — to write a paper to apply for the trip. A big part dealt with how she would use the experience in her teaching and the community.

Poppleton is taking the next semester off teaching, but hopes to do things with Twin Falls' art and theater departments. She teaches food science, career and personal development, adult living and occupational food service. So she might incorporate Japanese food into classes. She also plans to put together computer presentations on the Japanese culture and education system.

"I learned quite a bit," Poppleton said.

She is no stranger to other countries. She's visited Europe, Cuba and spent a month in Africa and climbed Kilimanjaro. Twin Falls High School Principal Ben Allen said Poppleton was well deserving of the trip. "It's an outstanding program," Allen said. "It's an outstanding opportunity."

Global classrooms

Educator visits China and Tibet

By Karin Kowalski
Times-News writer

find the Forbidden City surrounded by skyscrapers.

HAILUO — While visiting Beijing this summer, Mary Gervase and her husband rode with a taxi driver who was angry.

Gervase, assistant superintendent for Blaine County Schools, said the English-speaking driver was angry about the fact that he did not have the right to vote and he wanted the Americans to know it.

"He just hit that point over and over again," Gervase said. She spent three weeks in China and Tibet in late June and early July. She said the experience made her appreciate the rights and privileges of the United States. It also gave her a better appreciation of how schools need to educate children for roles in a global economy.

Gervase took part in the Fifth International Conference on Diversity in Organizations, Communities and Nations in Beijing. The conference, put on by an Australian organization called Common Ground, drew about 300 people from all over the world.

She gave a presentation on the Blaine County School District's mileage program, which tracks students meeting various academic benchmarks and helps them if they fall behind. The district is starting its second full year of the program.

"It was a nice personal challenge for me," Gervase said.

The event was held at the Institute for Ethnic Administrators, a campus where leaders from all over the country go for training. She said it was really interesting hearing their observations in second full year of the program.

"That was pretty fascinating," Gervase said. She felt Beijing polluted, was sad to see old buildings being torn down for new development and was surprised to

Tibet

From Beijing, the Gervases went to Tibet for two weeks, an experience she called sobering. The majority population there is now Chinese, and construction goes on day and night in Lhasa, the region's capital.

A lot of the Tibetan people are very poor, but they don't let it get them down.

"They're just the warmest, most gracious people that I've ever been in contact with," Gervase said.

They did have to be careful to not talk about the Dalai Lama, the region's exiled spiritual leader, but some people were eager to share their thoughts about him.

At the Jokhang Temple in Lhasa, an old Tibetan woman showed her a pocket with the Dalai Lama's picture on it, then hid it again.

A Tibetan guide was amazed when they told him the Dalai Lama would visit the Wood River Valley for the anniversary of the terrorist attacks on Sept. 11, 2001. They promised to e-mail him about the visit.

Earlier, a rumor was spreading that the Dalai Lama had died, the tour guide said. Hundreds of people filled the streets trying to find out information. Gervase said the Chinese government was trying to see how much support there is for the exiled leader.

She saw inequality. Tibetan people are shut out of good jobs and many eke out a living through primitive farming. At the same time, she never saw a poor Chinese person while she was in Tibet, Gervase said.

She was moved by her trip. "It's been hard to process it all."

This fall, Gervase will travel to Japan through the Fulbright Memorial Fund Teacher Program, which brings in teachers to tour the country. She's especially interested in meeting with women who are school administrators.

Teacher goes to D.C. to study Constitution

TWIN FALLS — Lincoln Elementary fifth-grade teacher Lorri Hazen spent part of her summer on a 10-day trip to Washington, D.C., and Harrisburg, Va., studying the U.S. Constitution and Bill of Rights.

The trip was sponsored by the Center for Civic Education and called "We the People." Teachers from across the country were chosen on merit of an essay describing their interest in constitutional studies related to teaching fifth-grade U.S. history and on recommendations from their administrators.

The trip began June 20 in Washington, D.C., with a site-seeing tour of the Capitol, the Supreme Court and many of the city's historic monuments and memorials. The group of almost 40 teachers moved to James Madison University in Virginia on June 21 and began a week

of lectures and intensive team and individual constitutional examination. Constitutional scholars, several of whom have served as consultants to emerging democracies in eastern Europe, spoke on a variety of topics, including the history and principles of the Constitution and the responsibilities of citizens.

As a culminating activity, a mock Congressional hearing was held where teams of teachers were questioned on their constitutional knowledge by judges.

The Center for Civic Education provided all participants with a set of "We the People" text books for their students. Teachers who attended are required to teach the content and prepare their students for a similar mock congressional hearing.

Hazen said she looked forward to putting the program to use in her classroom this year



Lincoln Elementary fifth grade teacher, Lorri Hazen, with a group of educators who studied the U.S. Constitution in Washington, D.C. and knows her students will use in her classroom this year.

Minico HS cheerleaders return from camp

RUPIERT — The Minico High School cheerleaders returned from the National Cheerleaders Association summer camp at Treasure Valley Community College in Ontario, Ore.

The varsity cheerleaders were the National Championship Bid Winners, won the championship chant and received the Best Cheer, Done That award, and the Stunt Tech award. The freshmen received the most improved award and both were spirit stick winners.

Filer schools offers reduced price meals

FILER — The Filer School District has announced its free and reduced price meals for children unable to pay full price.

Application forms were sent to all homes. Additional copies are available from the principal's office in each school.

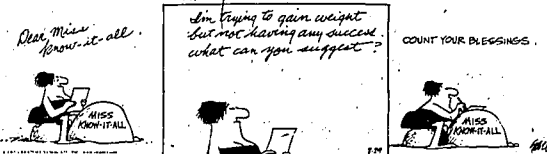
For households receiving food stamps, Temporary Assistance for Families in Idaho or Food Distribution Program on Indian Reservations, families must list the child's name, their food stamp, case number and the signature and name of an adult household member. Households not receiving the above assistance families must list the names of all household members, the name and Social Security number of the primary wage earner or their household member who signs the application and the entire household income with the amount and source of the income received by each household member.

For more information, call 326-5381.

COMICS

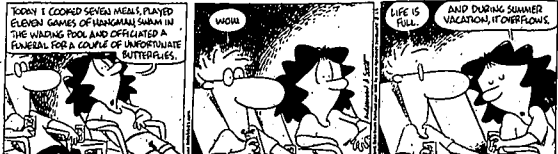
B.C.

By Johnny Hart



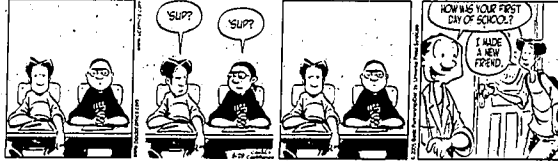
Baby Blues

By Rick Kirkman and Jerry Scott



Baldo

By Hector D. Cantu and Carlos Castellanos



Bottle Balley

By Mort Walker



Blonde

By Dean Young & Stan Drake



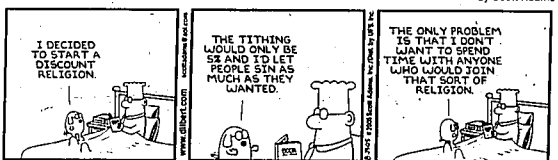
The Born Loser

By Art Sansom & Chip



Dilbert

By Scott Adams



The Elderberries

By Phil Frank and Joe Troise



For Better or For Worse

By Lynn Johnston



Garfield

By Jim Davis



Hagar the Horrible

By Chris Browne



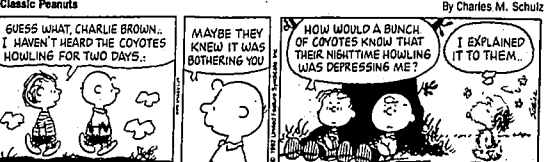
Hi and Lois

By Chance Browne



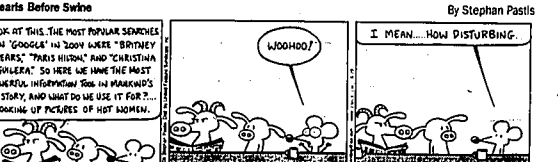
Classic Peanuts

By Charles M. Schulz



Pearls Before Swine

By Stephan Pastis



Pickles

By Brian Crane



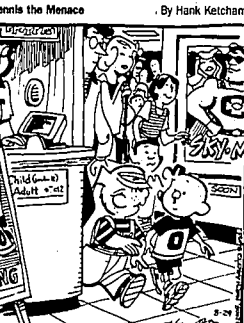
Zits

By Jim Borgman and Jerry Scott



Dennis the Menace

By Hank Ketcham



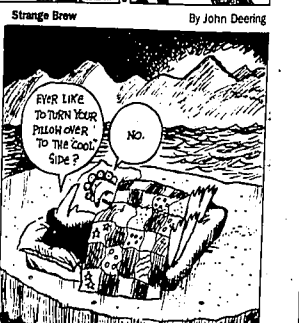
Non Sequitur

By Wiley



Strange Brew

By John Deering



*I HAFTA ADMIT... THAT MOVIE WAS ALMOST AS GOOD AS THE POPCORN.

ROCK ON

MTV Video Music Awards splash down in Miami

MIAMI (AP) — Rock was re-splendid at the MTV Video Music Awards on Sunday night, as veteran rockers Green Day took home seven trophies and newcomers The Killers and Fall Out Boy won one each.

Green Day, who arrived at the venue in the vintage green convertible from their gritty "Boulevard of Broken Dreams" video, won best rock video and video of the year for the city — two of their leading eight nominations.

In previous years, hip-hop or pop acts have dominated the show, especially in the major categories. Not this year. My Chemical Romance and Coldplay were the showcase performers, while rockers were well represented in the trophy section.

"It's great to know that rock music still has a place at MTV," said Green Day lead singer Billie Joe Armstrong.

The Killers won for best new artist. Fall Out Boy won the MTV2 award for their song "Sugar, We're Going Down," beating out artists like Mike Myers' My Chemical Romance and Diddy Yankee.

But Pete Weinz of Fall Out Boy downplayed the "rock is resurgent" angle. "Whatever is going to happen is going to happen organically," he told The Associated Press backstage. "The return of rock doesn't mean anything else is going away."

Before the awards began, MTV dodged two major disasters — one from nature, the other from the barrel of a gun.

The annual bash was briefly overshadowed by Hurricane Katrina, which hit southern Florida on Thursday and killed several people. As the storm passed, a celebratory mood "took over the city" until early Sunday morning, when rap mogul Suge Knight was targeted by gunfire at a Kanye West party. Knight was shot in the leg and set to undergo surgery at a Miami hospital.

MTV vowed that neither event would affect the ceremonies — and they didn't.

"The theme of tonight is, anything can happen," proclaimed host Diddy, whose entrance included dancers, pyrotechnics and a cascading waterfall — a spectacle that rivaled the show's actual performances.

Ludacris managed to turn his hedonistic "Pimpin' All Over the World" into a multi-



Singer 50 Cent performs at the MTV Awards at the American Airlines Arena on Sunday.

cultural Mardi Gras-like extravaganza, complete with steel drummers, African dancers and, of course, around-the-way booty-shaking girls. Miami booby king Lake of 2 Live Crew fame brought a bevy of girls for his cameo appearance, but one of the biggest surprises was MC Hammer, recapturing some of his glory while shaking to his '90s hit, "U Can't Touch This."

Another flashback came in a tribute to Diddy's protégé, the late Notorious B.I.G., that featured Diddy "conducting" a string orchestra as the legendary rapper's songs played. Snoot Dog came out at the end and delivered a verse on the B.I.G.'s hit "Warning."

West and Kelly Clarkson were among the early winners. Clarkson's "Since U Been Gone" for best female video; West's "Justa Ghetto Boy" for best male video.

"I guess they're saying, 'We're going to give him his award early so we don't have to worry about nothing,'" said West, referring to his infamous American Music Awards tantrum last year.

The evenings' most inexplicable moment may have come from R. Kelly, who remains a chart-topper while awaiting trial on child pornography charges.

On a bedroom set that looked like a scene from a away-from-Broadway play, Kelly deliberately lip-synched highlights of his five-part soap opera infidelity song "Topped In The Closet," then debuted a new chapter involving a cheating wife, a cheating husband and his boyfriend.

Some of the night's more decadent moments came during the pre-show arrivals. Lil Jon came by sea on what looked to be a three-story, pimp-my-yacht contraption. The prison-bound Lil' Kim arrived on the white carpet in a Bells Beaze Phantom, though she looked somewhat demure in her low-cut mauve dress — no pasties or dangling appendages this year from the diminutive rapper.

"I might show some leg," teased the star, who is due to start serving a year-and-a-day sentence in September on a perjury conviction. When MTV personality Sway delicately asked if she had anything to say to fans who "might not see you for a while," Lil Kim said: "You can write me letters."

"Entourage" star Jeremy Piven couldn't help but tease Kim as she presented best rap video, which was won by Ludacris.

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"Entourage" star Jeremy Piven couldn't help but tease Kim as she presented best rap video, which was won by Ludacris.

Winners of the 2005 MTV Video Music Awards

- Video of the Year: Green Day, "Boulevard of Broken Dreams."
- Best Male Video: Kanye West, "Jesus Walks."
- Best Female Video: Kelly Clarkson, "Since U Been Gone."
- Best Rock Video: Green Day, "Boulevard of Broken Dreams."
- Best R&B Video: Alicia Keys, "Karma."
- Best Dance Video: Missy Elliott with Ciara & Fat Man Scoop, "Lose Control."
- Best Rap Video: Ludacris, "Number One Spot."
- Best Hip-Hop Video: Missy Elliott/Ciara & Fat Man Scoop, "Lose Control."
- Best Pop Video: Kelly Clarkson, "Since U Been Gone."
- Best New Artist: The Killers, "Mr. Brightside."
- Viewer's Choice Award: Green Day, "Boulevard of Broken Dreams."
- Best Group Video: Green Day, "Boulevard of Broken Dreams."
- Best Editing: Green Day, "Boulevard of Broken Dreams."

D.B. Cooper: Hunting for a legend within a river

By Tomas Alex Tizon
Los Angeles Times

VANCOUVER, Wash. — Some people spend their summer days lounging on beaches or hiking up mountains. Others retreat into movie houses and bookstores.

For California lawyer and former FBI agent Richard Tosaw, summer means trekking to the Columbia River and continuing his 24-hour search for the legendary skyjacker known as D.B. Cooper.

Cooper, 34 years ago, stole this southwest Washington town.

parachuted from a jetliner with \$200,000 — and into folk-hero stardom. He was never seen or heard from again.

The FBI calls his crime the only unsolved skyjacking in the country, and the agency continues to keep the cap on.

Tosaw (pronounced TOO-saw) believes that the skyjacker's remains lie somewhere in the river. This month he hired a team of divers to scout a stretch of the river where a small portion of the ransom money was found. It was Tosaw's second trip to the river this summer. He's made the journey often enough to call it a tradition.

"I know guys who go elk hunting every year," said Tosaw, 60, who lives in the Modesto area. "I look for Mr. Cooper. It's my hobby."

It's an expensive hobby, but Tosaw's bachelor with no children, said he "can afford to have a little fun." He paid the three-man dive team \$2,500 a day for four days, searching an area on the Washington side of the river about five miles west of Vancouver. The team used a barge, pushed by a tugboat, as a command center. Tosaw, in jeans and a sweatshirt, manned the barge like a captain, overseeing the activity and occasionally offering direction.

With the searchers wearing camera-equipped helmets, Tosaw watched the search as it happened, seeing what the divers saw in real time.

The river is about 400 feet across and 40 feet deep at that location. The divers concentrated on the shallows, going no deeper than 30 feet along the bank. They found all kinds of debris, including a 2,000-pound anchor believed to be about 100 years old — but no sign of Cooper.

The hope was to find something sticking out of the log boom or bull bucket or walkie. Tosaw said the water in the Columbia was cold enough that Cooper's body probably would be preserved if it was down there.

"He could also be under 5 feet of sand," Tosaw said. "It's a needle in a haystack. I know. You'd have to be a lot lucky to find him."

What drives him, he said, is plain curiosity and stubbornness. "The way we liked solving mysteries, and this is a big mystery," he said. "How can a person in America in the 20th century jump out an airplane with \$200,000 in ransom money and nobody knows who he is or where he is? That doesn't sit well with me. There's got to be an answer."

On his own time, he interviewed the crew and passengers of the skyjacked plane and eventually wrote and published in 1984 a book titled "D.B. Cooper: Dead or Alive?" At one point, Tosaw offered a \$25,000 reward for the fugitive. Each year he uses the latest in high-tech search equipment to search the Columbia River, which is calm and clear during the summer.

The skyjacking happened on Thanksgiving eve 1971. A white man wearing a white shirt, brown, black tie, dark suit, raincoat, sunglasses and carrying a briefcase boarded Northwest Airlines Flight 305 in Portland, Ore. The flight, he informed the crew that his briefcase contained a bomb and that he would detonate it if he was not given the \$200,000 in ransom money and four parachutes.

Cooper, 34, was seen by 727 landed in Seattle, where the passengers were released and authorities complied with Cooper's demands. The plane took off for Portland with only Cooper and 45 minutes later, Cooper offered the flight attendants \$2,000 each as a tip and then opened a door in the back of the plane and jumped out — into darkness and a driving rainstorm.

That was the last anybody saw of Cooper. Authorities don't even know whether that was his real last name. The name he provided when he bought his airline ticket was Dan Cooper. After the skyjacking, a newspaper reported that police had interviewed an Oregon man named D.B. Cooper, who turned out to be the wrong man, but the name stuck.

Cooper made it to the FBI's 10 Most Wanted list.

"This is a guy who tweaked Uncle Sam's nose and appears to have gotten away with it," said retired FBI agent Ralph Himmelsbach, trying to explain Cooper's folk-hero status. Himmelsbach, who once headed the investigation, said that although Cooper broke the law, he didn't hurt anyone — except probably himself.

Himmelsbach said Cooper jumped from 10,000 feet into a minus 7 degree temperature — 69 degrees below zero with wind chill — while wearing a business suit and slip-on loafers. . . . It's a long shot he survived."

In February 1988, an 8-year-old boy plicking with his family along the Columbia River found a muddy wall of \$20 bills totaling \$5,800. Authorities confirmed the money had been part of Cooper's loot. The find corroborated the theory that Cooper probably was dead at the bottom of the river, but others speculated that he was clever enough to have placed the money in the river as a diversion.

It is near this spot — an area where debris naturally collects — where Tosaw has concentrated his efforts over the past several summers.

"People want to believe he got away with it. They want to believe he's alive somewhere," Tosaw said. "I just want to find his wallet, so the world will know who the hell D.B. Cooper really was."

Armadillos prefer walking to swimming

Armadillos aren't normally buoyant. In fact, they normally sink like a stone. Still, armadillos can swim. They float themselves on the surface by inflating their intestines with air and other gases and then paddling with their feet. For small waterways, though, most armadillos prefer to hold their breath and crawl across the bottom.



by Boston-area bankers, and the trials continued.

Between 1965 and 1996, teenagers' consumption of milk decreased 36 percent and their consumption of soda increased by 200 percent. They also got significantly fatter. Calcium helps regulate weight gain; sugar, of course, has the opposite effect.

The oldest Supreme Court

justice was Oliver Wendell Holmes. He was 90 when he retired in 1932.

When the female hornbill is nesting, her mate seals her up in a hollow tree trunk with mud, chowd food and his own droppings, leaving a small hole to feed her through.

This is to protect her from snakes and monkeys. When the eggs hatch, she breaks out and reveals her chicks inside the tree trunk, allowing both parents to hunt food for their young.

Zanesville, Ohio, wasn't called that to honor its native son, Western writer Zane Grey. Both the town and the man were named after Zanesville's founder, Ebenezer Zane.

"Hooker in the Scrum" is not an unpublished novel by J.D. Salinger, but a position in rugby.

There are about 50 million dog owners in the United States. More than half buy presents for their dog on holidays; 41 percent take them on vacation.

Most Americans take 13 to 16 vacation days in a year — fewer than any other workers in the developed world.

In the five years that he's been president, George W. Bush has spent nearly a year of it at his estate in Texas.

Erin Barrett and Jack Minigo can be reached at factmongers@ningo-barrett.com.

The Times News Classified

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LABORER Full-time General Labor positions available in Twin Falls and Twin Falls. No experience necessary. Forklift experience great. Fax 733-2277 for more information.

FINANCE The loan office in Jerome is seeking a bilingual Loan Clerk. Call 208-731-6255.

MAINTENANCE Full-time available full-time on-call with benefits and 401k. Please apply at the Holiday Inn Express.

MANAGER For new Motel Java opening soon at Ketchikan. Nurses/PT & PT positions available. Apply at 2862 Addison Ave. E.

DRIVER Wanted ten wheel driver for small or medium sized facility. 209-734-4445 5 days/week. Call 333-8801 at night or by Deborah.

PROFESSIONAL Psycho-Social Rehabilitation Specialist. Call 208-734-7148.

RECEPTIONIST Receptionist for small office in Garding, Idaho. Large company with advancement opportunities for the right candidate. Must have accurate typing and computer skills. Duties include answer and direct all incoming calls, greet customers, keep office equipment in operating condition and control office tasks to normal daily business. Please send resume or letter of introduction to: Post Mails, P.O. Box 363, Gooding, ID 83330.

PLUMBER Service plumber needed. Call 208-341-4128.

GENERAL Full-time Systems national health club management firm, now expanding into Twin Falls. Now accepting resumes for the following positions: Management, Sales & Group Exercise. Please email to: twinfalls@systems.net or FAX to: 928-962-0143.

STYLIST PT/FT in busy salon. Hourly wage \$7-\$12. Bonuses, Commissions, Paid Vacation, Medical/Dental, 401k, Holidays, Loan reimbursement. All clientele provided. Call 734-8235. Leave name & number for callback interview.

LAW ENFORCEMENT The City of Twin Falls is seeking applications for POLICE OFFICER. Applications will be accepted until 10/1/05. Application packet, including job description, qualifications, testing dates and procedures are available at www.tlfd.org. For additional information, call 733-2277 for more information. Personnel Office located in City Hall, 321 2nd Avenue East, or phone (208)735-7251. Closing date is 9/16/05.

MANUFACTURING Floor Crew Position \$9 an hr. Full-time. 11 positions available starting ASAP. 7am-7pm. Fax 733-2277 every 28 days.

MECHANICAL Idaho Home Health care is seeking a Home Health Aide for a full-time position. Minimum 2 yrs RN experience. Call 208-731-6255.

MISCELLANEOUS Lot attendant needed 5 days/week. Must have valid driver's license. Contact Doug Albertsen at Hertz of Magic Valley 636-2255. No Phone calls. Drug Free Workplace.

RESTAURANT The Casino seeking motivated friendly people for the following positions: Lunch waitress 11:30-2:00 M-F. Must be 19 yrs of age. Evening dishwasher 5-9pm or 10pm. Evening Cook 5-9pm or 10pm. Apply in person at: 111 South Park W and ask for Ken.

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GENERAL We are Pain & Equipment Supply. Have inside and outside Sales and delivery Driver positions open in: Boise, ID, Salt Lake City, UT, Twin Falls, Pocatello and Idaho Falls. Excellent benefits. Wages D.O.E. Fax resume to: 424-778-1917 or e-mail to P.O. Box 5003, Lynnwood, WA 98048.

LABORER Fish Labor Full-time permanent in Filer, Twin Falls and Wendee. No experience necessary. Fax resume to: 733-2277 for more information.

MAINTENANCE Experienced Maintenance person needed for the Batmore Apartments, 192 1st St. Experience must include plumbing, electrical, HVAC, drywall patch, window repair. Computer skills a plus. Salary DOE. Fax resume with salary requirements to: 490 W. 105 S. Ref# M1007.

MECHANIC General local mobile mechanic needed. FT position available. Truck provided. Wage \$15-\$20 DOE. Please contact Eric for more info. at 731-3386.

MECHANIC Experienced mechanic with trucks and farm machinery for large custom farming operation. Call 324-7146.

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CASSIA REGIONAL MEDICAL CENTER A Division of International Health Care. Housekeeper - CURR. (<20 hours/week). Performs general housekeeping tasks according to detailed instructions in order to maintain the hospital in a sanitary, clean and attractive condition. Previous housekeeping experience in a healthcare setting is a definite plus.

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SALES Training classes begin September 8th. \$2500 per month guaranteed. \$500 Sign on Bonus. Start a New Career in Automotive sales.

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Apply online at www.ihc.com Human Resources: 208-677-6420 for more information. 1501 Hill Ave, Burley, Idaho 83318

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NEWSPAPER The Casper Star-Tribune, located in Casper, Wyoming is seeking a Circulation Director with proven leadership experience and the ability to organize and implement successful sales and marketing programs to grow home delivery and single copy sales, while also managing NIE and retention efforts. We are the only statewide daily newspaper in Wyoming with a circulation of over 30,000 subscribers. You will be responsible for developing and implementing a strategic circulation plan. The ideal applicant will be a high-energy, experienced circulation professional, who has great organizational and communication skills and a strong commitment to excellent customer service. An attention to detail and the ability to interact with others and manage multiple objectives and time lines, and stress related situations is necessary. We offer an attractive salary, benefits package, and bonus opportunities. The Casper Star-Tribune is a Lee Enterprises newspaper. Visit our website at www.casperstartribune.net and our parent company at www.lee.net. To apply send cover letter, resume and salary requirements to: August 31, 2005 to: Human Resources-CD Casper Star-Tribune, P.O. Box 80, Casper, WY 82602

NEWSPAPER Wyoming's only statewide newspaper, the Casper Star-Tribune, is seeking a State Area Manager for Riverton/Platte and the Big Horn Basin from Thermopiles to Cody and Lovell. Successful candidate needs to be able to sell and to relocate within the described service area. The Area Manager supervises the business operations within the assigned area and provides orientation to independent contractors in sales, service and collections, identify and develop a single copy sales locations, locate and manage vending machine locations, and provide excellent customer service. Must be able to work without direct supervision. One to two nights of overnight travel is required each week. Company car is provided and travel expenses are reimbursed. College education preferred. Proven experience in business operations, including sales and customer service, is necessary. We offer a competitive salary, excellent benefits package and bonus opportunities. The Casper Star-Tribune is an equal opportunity employer. To apply, send cover letter and resume by August 31, 2005 to: Human Resources SAM Casper Star-Tribune, P.O. Box 80, Casper WY 82602 hr@casperstartribune.net

NEWSPAPER CIRCULATION The Times-News is accepting applications for a full-time District Manager. In our Twin Falls Office the successful candidate must be able to work weekends, be dependable, have good driving record, have excellent time management skills, and enjoy working with youth. An outgoing personality is a plus. This entry level management position includes responsibilities in managing youth and adult campers, staff promotions, and providing excellent customer service. For consideration interested applicants need to submit a completed application to: The Times-News Attn: Dan Walock P.O. Box 548 Twin Falls, ID 83303 Drug Free Workplace.

GRAPHIC DESIGN The Times-News is looking for an individual with experience in computer graphic design to work in our Twin Falls office. The successful candidate will design advertisements and possess the ability to maintain quality control of ad production from start to finish, strong creative and design skills are essential. Qualified applicants will have an Associate degree in Computer Applications, Computer Graphics, Graphic Arts or the equivalent. Experience with Macintosh computers using Adobe/Design, Adobe Illustrator and Photoshop is preferred. Position with benefits including: 401k, Health Insurance, Paid Vacation, Competitive Pay. Qualified candidates send resume to: The Times-News P.O. Box 548 Twin Falls, ID 83303 or e-mail resume and cover letter to: ken@magvalley.com

EMPLOYERS have you registered?? The 3rd Annual Southern Idaho Career Fair is to be almost here! Register now! Registration fee: \$208-735-3267 or for more information go to www.magvalley.com and click on Career Fair

THE ACES ON BRIDGE

Bobby Wolff

"Moderation is a fatal thing; nothing succeeds like excess."
— Oscar Wilde

On today's deal South was beguiled by his intermediates into opening his 14-count with a strong no-trump, exciting his partner to dreams of higher things. Indeed, when North found the heart fit and heard his partner admit to the diamond ace, he was hard-pressed not to explore for the grand slam.

However, on the lead of the club jack, South had to tread rather carefully; but he found the virtually guaranteed line to 12 tricks. Can you do the same?

The natural line seems to be to draw trumps after ruffing a couple of clubs and hope for a favorable line of the diamonds, or to try to cash three rounds of spades early and play for a crossruff. But neither of those lines would succeed today.

South spotted that his best play was to ruff clubs in dummy, but his entry position back to hand was rather fragile. So he won trick one with the club ace and carefully ruffed a club with the ace of trumps, crossed to the diamond ace, ruffed another club high, came to the spade ace to ruff a third club high, then drew trumps in four rounds, pitching diamonds from dummy. Now he went over to the spades in dummy to run that suit.

The last spade in dummy was not high, of course, so he had only 12 tricks, but declarer had overcome unfortunate lies of the cards in trumps and diamonds to make his slam.

WEST
 ♠ J 9 8 7 3
 ♥ 6
 ♦ K 10 J 4
 ♣ J 10 7 6

EAST
 ♠ 6 5
 ♥ 7 4 3 2
 ♦ Q 7 2
 ♣ K Q 5 3

SOUTH
 ♠ A 10
 ♥ J 10 9 8
 ♦ A J 9
 ♣ A 9 8 4

Vulnerable: East-West.
 Dealer: South

The bidding:

South	West	North	East
1 NT	Pass	2 ♣	Pass
2 ♥	Pass	4 ♣	Pass
3 ♠	Pass	4 ♠	Pass
5 ♠	Pass	6 ♠	All pass

*Agreeing hearts, with short clubs

Opening lead: Club jack

LEAD WITH THE ACES

08-29-05

South holds:

♠ 9 3 2
 ♥ Q 7 5 4
 ♦ K Q 4
 ♣ 10 9 7

South	West	North	East
Pass	1 ♠	Pass	1 NT
Pass	2 NT	All pass	

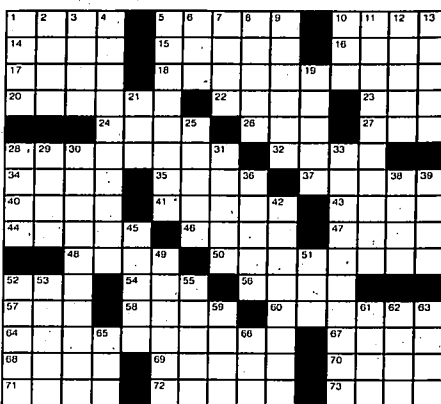
ANSWER: Lead the club 10. The opponents' auction sounds unconvincing, and the location of your diamond honors looks good for your side, so I would passively defend rather than an active heart lead. Switch my spades and diamonds and I'd lead a heart, thinking I needed to get active.

If you would like to contact Bobby Wolff, e-mail him at bobbyw@msn.com or write to him at 2900 S. Main St., Suite 100, Twin Falls, ID 83403.

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ACROSS

- 1 Chilled
- 5 Say without saying
- 10 Ms. Fitzgerald
- 14 Innermost part
- 15 Dimero
- 16 Demeanor
- 17 Frigg's mate
- 18 Entreated, pressingly
- 20 Can skip
- 22 "Auld lang —"
- 23 Arid
- 24 Horse of a different color
- 26 Iniquitous location
- 27 Pack animal
- 28 — acid (vitamin C)
- 32 Toy person
- 34 Christmas in Paris
- 35 Shakespearean king
- 37 Keen!
- 40 Kind of list
- 41 Success in spades.
- 43 Enthusiastic
- 44 Hitches
- 46 Eastern ruler
- 47 Expired
- 48 Irene or Meg
- 50 Allowances
- 52 Gradual bend
- 54 Cut off, as branches
- 56 Skier's lift
- 57 Bleacher bleat
- 58 "Star —"
- 60 Two dots over a vowel
- 64 Tax
- 67 Consequently
- 68 Screen material
- 69 Civic maker
- 70 Market
- 71 Concerning
- 72 Baseball theft?
- 73 Port —, Egypt



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FORD '02 Sonoma, 75K, ZR2, 4WD, camper shell, 100K miles. \$13,000/offer. 208-431-6288.

GM '04 Sierra Duramax, 4x4, crew cab, short bed, many extras, excellent condition. \$20,000. Call 208-530,500. Call 208-420-6841 or 736-4574

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CHEVY '97 Blazer 4WD, great cond., 100K miles. 306-3319 or 208-1092.

FORD '81 Bronco full size 4x4, 400 V-8, auto trans, good condition, runs well. Asking \$2000/offer. Call 431-2653.

FORD '83 Bronco, Eddie Bauer Edition, Single owner, 125K, great condition. Loaded. "A" Rancho suspension lift, Flomaster exhaust. Sins sound system, traffic brakes, new tires. Clean, well maintained. Great deal at \$5500. Call 404-4022.

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FORD '78 F-150, 4x4, AT, PS, 400 engine, good cond., \$1,800. Plesco call 734-5870.

FORD '89 F-150 with camper shell. Rebuilt motor good condition. Price is \$11,000. Farm or ranch vehicle. \$1,000. 208-731-9827

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FORD '02 Sonoma, 75K, ZR2, 4WD, camper shell, 100K miles. \$13,000/offer. 208-431-6288.

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Aging just isn't what it used to be

One of the finest storytellers on television was the late Charles Kuralt of CBS News, who could captivate an audience with his poignant, often hilarious stories about ordinary people who accomplished extraordinary things. All of Kuralt's stories celebrated characters who would most politely be considered "chronologically advanced."



ALIVE & WELL
Jan Mittelelder

A young public radio reporter joined him for lunch one day and, in his best FM voice, demanded, "How come all your stories are about old people. What's up with that?"

Kuralt, over a spoon-sized swallow of soup, explained, "That's easy. I tell stories about old people because old people are interesting. I tell stories about young people, too, if only they were interesting. But since they are not, I don't." And he returned to his soup.

There have never been more interesting older people living than now in the United States, there are an estimated 35 million people over the age of 65—due to amazing advances in medical technology, health care, nutrition and sanitation.

The baby boomers, just by the sheer force of numbers, are reinventing growing older and, frankly dragging their collective heels into old age.

Dr. Thomas Perls, director of the New England Centenarian Study at Harvard Medical School, has catalogued the lives and habits of nearly 200 Americans over the age of 100. "The key to preserving health and vitality lies not in learning how people stay young, but in understanding how they age well," he says.

Perls admits that his healthy "posse of 100-plusers" do share some excellent genetic wiring. Even though we don't have the luxury of choosing our parents, we can pay more attention to lifestyle patterns that promote living healthy lives.

The Centenarian Lessons for Aging, or AGELESS, are listed at any age in adulthood. In brief, they look like this:

• **ATTITUDE.** Centenarians look at life with at least a cautiously optimistic view. If the door of opportunity closes, they are the ones who find the open window and they crawl through. They rarely consider age as a limitation.

• **GENES.** The vast majority of people have genes that allow them to live into their 80s or beyond. Good health practices can maximize the disease-free portion of life and minimize debilitating factors attached to managing a chronic condition.

• **EXERCISE.** We know that weight gain and declining physical activity has more to do with inability than the aging process itself. With older age, resistance training, in particular, becomes increasingly important in maintaining muscle mass, movement efficiency, balance and improved quality of life.

• **INVESTIGATE** new challenges. Feel the thrill of being a beginner at something new, even at the risk of failure; invest in intergenerational relationships, explore different corners of the neighborhood — in the world.

• **NUTRITION.** Eat a wide variety of foods in moderation with an emphasis on fruits, vegetables, grains and protein-rich beans, nuts and seeds. All minimize intake of saturated and hydrogenated or bad-boy trans fats.

• **GET rid of stress.** The centenarians are stress-shedders. Humor, social connections, prayer or meditation, physical activity and, yes, seeing the magic in the mundane are all shown up as important factors in living a purposeful life.

As we find out more about the aging process itself, its potential has never appeared more promising. Aging simply isn't what it used to be — and that's a good thing.

Jan Mittelelder is a health educator and coordinator of the award-winning On the Edge Getting Fit Program at the College of Southern Idaho.



Yoga is part of 28-year-old Lauren Armistead's treatment plan for fibromyalgia. Before she was diagnosed with the condition, she sometimes took up to 15 over-the-counter pain pills a day.

The FIBROMYALGIA PUZZLE

A new theory on a painful problem

Los Angeles Times

For years, pain, stiffness and fatigue clung to Lauren Armistead like an invisible shroud. It was tough enough to live with fibromyalgia — but the skepticism she encountered when she discussed her condition was intolerable.

"Throw out a word like fibromyalgia and you'll get this blank stare," the 28-year-old said recently, sitting in her Santa Monica, Calif., apartment. "For so long, it was my own private battle."

Today, however, Armistead is slowly, tentatively opening up about a disease that is simultaneously emerging from its own mysterious black box.

A groundswell of research has begun to expose the underpinnings of the baffling disorder that affects an estimated 6 million to 10 million Americans, most of them women.

Not only do the findings have the potential to ease the condition's stigma, they also may provide clues to other illnesses for which there is no clear cause. Fibromyalgia, experts now believe, is a pain-processing disorder — arising in the brain and spinal cord — that disrupts the ways the body perceives and communicates pain.

"There was a time when it was thought to be psychosomatic," said Dr. Robert Bennett, a fibromyalgia expert at Oregon Health & Science University in Portland. "We now understand the pain in fibromyalgia is an abnormality in the central nervous system in which pain sensations are amplified."

Now doctors are more likely to acknowledge fibromyalgia as a real illness. Because patients are being diagnosed and referred to specialists more quickly, they're finding relief, and acceptance, easier to come by.

Pharmaceutical companies have jumped on the new theory of the disorder, too. The first prescription drug approved specifically for fibromyalgia will likely be approved late next year or early in 2007, and at least half a dozen

pharmaceutical companies are developing other treatments. Meanwhile, the federal government is funding 10 studies of the disease.

"It's very rewarding," said Dr. Stuart Silverman, medical director of Cedars-Sinai Medical Center's Fibromyalgia Rehab Program in Los Angeles.

"I was seeing patients before because no one else wanted to see them. Patients would tell me, 'Everyone has told me there is nothing I can do.'"

Fibromyalgia typically is defined as unremitting pain in multiple areas of the body — at least 11 of 18 specific tender points — accompanied by fatigue, difficulties with concentration and other vague physical discomforts. The illness is called a syndrome because the cluster of symptoms lacks the clear markers of disease, such as changes in the blood or organ function.

Because patients often look healthy, doctors have sometimes diagnosed fibromyalgia as a muscle problem or an autoimmune disorder. It can also be a "wastebasket" diagnosis, attached to people with inexplicable pain problems. Some have even dismissed it as the complaints of emotionally troubled women.

Many fibromyalgia patients spend years seeking help for their symptoms — even after receiving a diagnosis. Always athletic, Armistead first experienced back pain when she was a child, but she assumed the discomfort was a part of playing sports.

By the time she had joined the UCLA volleyball team in the mid-'90s, however, Armistead knew something was seriously wrong. After games, she would be racked with pain. She sometimes took as many as

15 over-the-counter pain pills a day.

Coaches and trainers, alarmed at her use of painkillers, insisted she undergo medical tests. Over a year, Armistead saw numerous doctors but got no answers.

"Eventually everyone started doubting whether or not I was really in pain," she said. "My coach couldn't understand how I could play one day and be bedridden the next."

Debilitated by pain and fatigue, Armistead quit the team and began to cut back on classes. She lost 35 pounds in eight months. It was a time in her life "so painful, I've tuned a lot of it out."

In 1996, however, a doctor diagnosed her problem as ankylosing spondylitis, a type of arthritis affecting the spine, and fibromyalgia.

Today Armistead takes an arthritis medication, two sleep medications, vitamins and herbs. She undergoes acupuncture, exercises moderately and works only a few hours each day doing freelance marketing.

"With each passing year, I've accepted the cards I've been dealt," she said. "I'm not giving up. I keep trying new treatments."

Armistead, like many fibromyalgia patients, is a long way from being pain-free. But the new research on fibromyalgia's causes offers a blueprint for more effective treatments.

Fibromyalgia is now thought to arise from miscommunication among nerve impulses in the central nervous system. In other words the brain and spinal cord.

This "central sensitization" theory is described in detail this month in a supplement of the Journal of Rheumatology. The neurons, which send messages to the brain, become excited, exaggerating

New options for treatment

As understanding of fibromyalgia has grown, so too has the options for treating the condition. These medications are under study:

- **Pragabalin (brand name Lyrica):** This antiepileptic drug, also approved for diabetic nerve pain, may prove to be effective in reducing pain and disturbed sleep in fibromyalgia patients. If late-stage trials prove successful, Pfizer plans to ask the FDA to approve the drug for fibromyalgia.
- **Milnacipran:** Marketed outside the United States as an antidepressant, this drug increases the brain chemicals norepinephrine and serotonin. Early studies showed it to be successful in reducing fibromyalgia pain, and data from the first phase-three trial is due out this fall. Cypress Bioscience and Forest Laboratories hope to seek FDA approval late next year.
- **Duloxetine (brand name Cymbalta):** This antidepressant, already on the market, increases the activity of serotonin and norepinephrine. It was successful in reducing fibromyalgia pain in early-phase studies, and plans for a phase-three study are under way later this year. It's made by Jazz Pharmaceuticals.
- **Xyrem:** Approved for narcolepsy with the complication of weak or paralyzed muscles, the drug might be able to increase deep sleep in people with fibromyalgia. The results of an initial study on fibromyalgia are due later this year. It's made by Jazz Pharmaceuticals.
- **Provigil:** Approved for daytime sleepiness associated with narcolepsy and shift-work disorders, or sleep problems in those who work nights or on changing schedules, the medication might help treat fatigue related to fibromyalgia. The manufacturer, Cephalon Inc., has no plans to seek approval for the drug for that purpose, but it can be used off-label.
- **Mirtazapine:** Approved for Parkinson's disease, this drug works by increasing the neurotransmitter dopamine. The manufacturer, Boehringer Ingelheim, has no plans to study the drug for use in fibromyalgia, but it can be used off-label. An independent study showed it was promising for reducing fibromyalgia pain.

Source: The Los Angeles Times

IMAGE

Hospital offers class on C-sections

A cesarean childbirth class will be offered from 6:30 to 9 p.m. Wednesday in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class will include information on cesarean deliveries, pain management, hospital procedures and non-conforming labors.

Cost is \$20. Pre-registration is required. To register or for more information, call 732-3148.

To do for you

Center, 588 Addison Ave. W., Twin Falls.

At Parent's Structure provides time in each session for a parent and child activity, a knowledge-building exercise and a parent support group. Topics will include safety, nurturing, infant development and coping with crying.

Pre-registration is required. For information on the date of the next series, call 737-2092.

About childbirth

Prepared childbirth classes will be offered from 6:30 to 9 p.m. Tuesdays, beginning Sept. 6 through Oct. 4, in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class will include classroom instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother, care of the newborn including breastfeeding and bottle-feeding, and a video tour of the Women's and Infant Center.

'Baby and Me'

St. Benedict's Family Medical Center will offer "Baby and Me" classes from 10:30 to 11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome. This week's topic will be "Infant Massage."

The session is for parents of children from infancy through toddler years.

Class is free. For more information, call 324-7262.

Parenting program

NuParent, a parenting program, will be offered from 5:30 to 6:30 p.m. Tuesdays in the Sage Room at Magic Valley Regional Medical Center's Education

Cost is \$50. Pre-registration is required. To register, call 732-3148 or online at www.nvrmc.org.

Childbirth classes

Prepared childbirth classes will be offered from 7 to 9:30 p.m. Tuesdays, beginning Sept. 6 through Oct. 11, at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome.

The six sessions, taught by a registered nurse, emphasize preparation for labor and birth, postpartum care and newborn care. Individual classes may be taken as refresher courses.

Participants are asked to bring two pillows, a blanket and one or two support people to each class.

The suggested fee is \$30 for the class series or \$15 for one class.

To register, call 324-1122, ext. 3361, and leave a message with your name, address, phone number, doctor's name, due date and the month of the class. Registration also can be completed by mailing the same information to St. Benedict's Family Medical Center, Attention: Anita, 709 N. Lincoln,

Jerome, ID 83339.

About back injuries

Back School, an educational course on preventing and treating back injuries, will be held from 5 to 7 p.m. Sept. 7 at Magic Valley Regional Medical Center's Rehabilitation Services, 560 Shoup Ave. W., Twin Falls.

The class will include information on the basic anatomy of the spine, common injuries and diseases that lead to back pain, along with instructions in posture and body mechanics to protect the spine and prevent injury. Participants will be provided with written materials. The class is offered on-site at local businesses, if desired.

Cost is \$25. To register, call Magic Valley Regional Medical Center's Physical Therapy Department at 737-2126.

To do for you is a calendar listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's huge section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

ENGAGEMENT

KOUTNIK-MUCHOW

TWIN FALLS — Gary and Debra Koutnik of Twin Falls announce the engagement of their daughter, Jessica Lynn Koutnik, to Scott Robert Muchow, son of Craig and Patricia Muchow of Gooding.

Koutnik is a 2001 graduate of Twin Falls High School and a 2005 graduate of Diablo Valley College in Pleasant Hill, Calif. She is employed at Pacific States Aviation in Concord, Calif.

Muchow is a 1980 graduate of Gooding High School and attended the University of Southern California in Los Angeles, Calif.

He is employed at Neighbor-



Jessica Koutnik and Scott Muchow hold Real Estate in Martinez, Calif.

The wedding is planned for Saturday, Sept. 3. A reception will be held at 5 p.m. Sept. 3 at the Turf Club in Twin Falls.

ANNIVERSARY

THE ALLREDS

KIMBERLY — Mr. and Mrs. Joe Allred of Kimberly will be honored at a picnic-style reception for their 50th wedding anniversary. Friends and family are invited to attend from 4 to 8 p.m. Saturday, Sept. 3, at the home of Jeb and Pam Allred, 3207 N. 3470 E., Kimberly.

Allred and Loah Fancher were married Sept. 3, 1955.

They moved their family of seven from Boise in 1973 and spent the next 30 years in the Teton Valley. They were the owners of two of the best Places in Driggs for 26 years. They retired in 1999 to live, play and work part-time near Kimberly on the Pleasant Valley Golf Course.



Joe and Loah Allred The event is hosted by their children, Jeb (Pam) Allred of Kimberly, Lissa (Dave) Neiers of Pocatello, Stacy Hastings of Cross Bay, Ore., Leslie (William) Allred of Springfield, Ill., and Dani Allred of Driggs, and many grandchildren and great-grandchildren.

Craving that tan: Vanity or addiction?

The Hartford Courant

As warm days continue, researchers in Texas are trying to shed light on what they say is a previously undiscovered addiction — the tan.

A large percentage of sunbathers at Galveston beaches responded to questions about sunbathing or tanning salons the way alcoholics or addicts answer diagnostic questions about drugs or alcohol, according to a study published recently in the online edition of the Archives of Dermatology. They seem to crave the rays even if they know their harmful effects, said Dr. Richard Wagner, a professor of dermatology at the University of Texas Med-

ical Branch in Galveston and senior author of the study.

"Even people with severely damaged skin say they can't stop," Wagner said. "The behavior observed was similar to that of smokers."

There is no nicotine gum or Betty Ford Clinic for sunbathers, but Wagner suggests that a substantial number of sun worshippers could use help.

Despite widespread educational warnings about the role of ultraviolet rays in causing skin cancer, some people aren't willing to give up sunbathing or tanning booths, he said.

Wagner said he began to suspect addictive properties of tanning in a previous survey

when he and his colleagues asked sunbathers what they would do if they could not go to the beach.

"Quite a few said they would sit out in the back yard or go to a pool in order to maintain their tan," Wagner said.

The researchers modified a substance dependence survey adopted by the American Psychiatric Association and a second alcohol-screening questionnaire to see if they could identify problem tanners.

The 145 sunbathers in the study were asked questions such as "Do you try to cut down on the time you spend in the sun but still find yourself sunbathing?" and "Do you think

you need more and more time in the sun to maintain your perfect tan?"

Using criteria adopted by the psychiatric association, 53 percent of the participants were labeled "ultraviolet light tanners." Under the terms of the alcohol screening criteria, 26 percent were identified as tanning addicts.

Wagner theorizes that tanning produces endorphins or neurotransmitters with properties similar to morphine, that produce the so-called "runner's high."

That may help explain why educational efforts don't seem to work "in keeping people out of the sun and tanning booths," he said.

Inside lung cancer: What you can do to prevent it

Knight Ridder News Service

It's the leading cancer killer in both men and women in the United States. It costs more deaths than the next three most common cancers combined — colon, breast and prostate. In that order, the United States kills more than 163,000 people this year alone.

It's lung cancer — a savage disease that kills about one of 10 people within one year of diagnosis. Between seven and eight die within two years. Legions of new "superman" lung-funerals, a former smoker, recently lost his fight with lung cancer at age 67, 140 days later.

David, the widow of "Superman" developer, Stephen Recve, announced she was being treated for the same disease. She, however, has never lit up a cigarette.

Then came news that Barbara Bel Geddes, best known as Miss Ellie Ewing in the TV show "Dal-

las," died of lung cancer. Bel Geddes, a longtime smoker, was 82.

While most lung cancer cases occur in smokers, the disease does not discriminate, striking about 10 percent of men and 20 percent of women who have never smoked.

There are two major types of lung cancer: non-small-cell lung cancer and small-cell lung cancer. Non-small-cell lung cancer, the more common of the two, typically spreads to different parts of the body more slowly than small-cell lung cancer, which accounts for about 20 percent of all lung cancer. Though lung cancer takes many years to develop, changes in the lungs can begin almost as soon as a person is exposed to cancer-causing substances. Soon after exposure, a few abnormal cells may appear in the lining of the bronchus, which are the main breathing tubes. If a person continues to be exposed to the

cancer-causing substance, more normal cells will appear and could become cancerous and form a tumor.

The No. 1 cause is smoking. The Cigarette smoke contains more than 4,000 different chemicals, many of which are proven carcinogens. Smoking cigars or pipes also increases the risk of lung cancer. Other smoking-related diseases include heart disease, stroke, emphysema and chronic bronchitis.

If you stop smoking, the risk of lung cancer decreases each year. After 10 years, the risk drops to a level that is 1/3 to 1/2 the risk for regular smokers.

Nonsmokers still are at risk if they are around smokers and are inhaling their smoke — this is commonly referred to as second-hand smoke, which causes approximately 3,000 lung cancer deaths each year.

While 87 percent of lung cancer cases are caused by

smoking, the second-leading cause in the United States is radon. Radon gas can come up through the soil under a home, seep into your building and enter through cracks in the foundation or insulation, as well as through pipes, drains, walls or ceiling openings. Radon causes between 15,000 and 22,000 lung cancer deaths each year in the United States — 12 percent of all lung cancer deaths.

The only way to tell if you've been exposed to radon gas — which you cannot see or smell — is to measure radon levels. The American Lung Association, along with the EPA and the U.S. Surgeon General, recommends testing homes below the third floor by radon testing and long-term testing can be done. Also, there are inexpensive do-it-yourself radon test kits available through the mail, in hardware stores and other retail locations. Look for tests labeled "Meets EPA Requirements."

Edwin Law Resources
Straight Talk on Elder Law and Estate Planning

SEPARATE PROPERTY PLANNING

QUESTION: What is separate property and what should be kept in mind about this type of property when planning an estate in a community property state?

Separate property is any property a married person brought into the marriage or received as a gift or inheritance during the marriage. In contrast, community property is all other property a person receives directly or indirectly during marriage.

If a married person dies without a will or trust, the separate property passes to the surviving spouse and — in some cases — to the decedent's children. Whether and how much the decedent's children receive depends on the value of the separate property and whether they were children of the decedent by a prior marriage or relationship.

Another planning factor is the tax concept known as stepped-up basis. It's too complicated for a paragraph's discussion but here's a start: at a spouse's death the decedent's separate property can be sold without having to pay capital gains tax on accrued appreciation. However, unlike the separate property of the decedent, the separate property of the survivor does not receive a stepped-up basis at the death of the first spouse.

Planning tip: If the parties had converted their separate property to community property during their joint lifetimes, all property would receive a stepped-up basis at the death of the first spouse and could then be sold without incurring a capital gains tax on accrued appreciation.

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Trampoline use injures kids

Knight Ridder News Service

There has been a big bounce in injuries from trampolines, according to the Academy of Orthopaedic Surgeons.

In 2003, hospital emergency rooms, doctors' offices and clinics treated 211,646 trampoline injuries suffered by children younger than 19, the academy reports. The estimates include medical, legal, insurance and disability costs and other expenses in 2001 was more than \$9 million.

Schools and parks departments are advised that trampolines "have no place in outdoor playgrounds." Finally, the organization says that, as far as it's concerned, trampolines should never be regarded as play equipment.

The academy says that children ages 5 to 10 are at greater risk of injury on a trampoline, citing 102,017 injuries in this age range in 2001, at a cost of more than \$2 billion annually.

The most common trampoline injuries are sprains and fractures, usually from falling. Severe injuries, though not common, do occur and can result in paralysis and sometimes death. When a trampoline is used by more than one child at a time, the risk of injury increases dramatically. Not only do "catapulting" of jumpers off the trampoline are the primary problems.

The American Academy of Pediatrics feels so strongly about the dangers that it has recommended that trampolines not be used at home. Period. Not indoors. Not outdoors. The organization also advises schools that they should not use trampolines in their physical education classes.

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ANKLE INJURIES

Question: My son sprained his ankle yesterday while playing basketball. Today, it is very swollen. What should we do?



Answer: Ankle and foot sprains are very common among athletes. Usually, the sprain is simple, and responds well to R.I.C.E. (Rest, Ice, Compression and Elevation). Medications such as Ibuprofen or Aleve can also help.

Sometimes the sprain can be so severe that the ligaments are torn or small fractures can occur. These may require x-rays, casting, crutches or even surgery.

Please call your foot specialist if the sprain is severe or if symptoms don't subside in a few days.

Redheads more vulnerable to skin cancer

WASHINGTON (AP) — Redheads sunburn easily, but that may not be the only reason they are at high risk of skin cancer. New research suggests the pigment that colors their skin may set them up for cancer-spurring sun damage even if they do not burn.

More than 1 million Americans develop some form of skin cancer each year. Among those most at risk are people with light skin, hair and eyes, a combination frequent in redheads.

They are particularly prone to sunburns, a risk factor for anyone, especially if the burns occur in childhood. Scientists long have wondered if something else played a role in redheads' high risk. One theory focuses on melanin, the skin pigment that darkens with sun exposure to provide either a tan or freckles.

People with red hair have a

chemically different type of melanin than people with dark hair.

Duke University researchers on Sunday reported the first direct evidence that those melanin differences indeed may be a culprit.

It turns out that redheads' melanin is most vulnerable to a type of DNA-damaging stress from the sun's ultraviolet rays.

To study the question, Duke chemistry professor John Simon turned to hair. It is very difficult to pull melanin from human skin, but the pigment is the same in hair.

He bought naturally red and black hair from wig makers and, for a broader sample, offered to pay for red-haired Duke students' haircuts in return for the clippings.

Using a special laser and microscope, Simon analyzed how the pigments either ultraviolet B

rays associated with sunburn, or ultraviolet A rays, which can penetrate and damage skin, even without a burn.

Both UVA and UVB light caused a photochemical reaction with the redheads' pigment, called pheomelanin.

The reaction creates oxidative stress, which oxygen molecules called free radicals are formed that damage DNA and cells in ways that, over time, can accumulate to spur cancer.

In contrast, only UVB light caused that oxidative reaction with the pigment from black hair, called eumelanin, Simon reported.

His research, funded by the government and Duke, was presented at a meeting of the American Chemical Society.

"There has been speculation for years that pheomelanin, the pigment in redheads' skin cancer formation, said Dr. Mar-

lin Weinstein of Brown University, a spokesman for the American Cancer Society. "The thought is that eumelanin does a reasonable job of protecting against UV and pheomelanin might, in fact, aggravate damage."

While more research is needed, Simon said in an interview that his study reinforces some practical advice: Slather on sunscreen that promises to protect against both UVA and UVB rays.

All sunscreens work against UVB, but it can be hard to tell how much UVA protection "broad-spectrum" ones offer.

The Food and Drug Administration is working on long-delayed labeling guidelines that promise to one day help consumers figure that out.

And what about blondes? They harbor some of the same core issues as redheads, Simon said.

Woman's pregnancy could have wide impact

By Tracy Wheeler
Knight Ridder News Service

CANTON, Ohio — Ann Dauers' pregnancy is joyous news. And not just for the 33-year-old and her husband, Greg.

Her pregnancy — possibly the second of its kind in the world — represents hope for tens of thousands of women each year who face infertility. Her cancer treatment, which was as for women who plan to delay childbirth until their biological clocks are ticking the loudest.

Just three years ago, she seemed to be in her announcements and baby showers would never come for the Dauers.

In March 2002, Dauers — then living in Buffalo, N.Y. — was diagnosed with non-Hodgkin's lymphoma, a cancer of the lymph nodes.

She had two choices. She could start chemotherapy and a bone-marrow transplant right away, which would cause ovarian damage, push her into menopause and end the Dauers' plans for a family. Or she could delay treatment a couple of months to allow either her ovaries could be removed and frozen for future use.

She chose to have an ovary removed. Then in August 2004, after a year of chemotherapy, the ovary, which had been cut into strips, was thawed and

reinserted into her lower abdomen, just under the skin.

The expectation was that within three months, the transplanted ovarian tissue would grow blood vessels and produce eggs, which it did.

"We started to feel little bumps under the skin," said Dauers. "That was the sign in Canton. "Those were the eggs."

The next step would have been to harvest the eggs, fertilize them with Greg's sperm and implant an embryo in Dauers' uterus, a procedure known as in-vitro fertilization.

"But we couldn't go down that road," she said, "we were pregnant."

Her remaining ovary, which had not been removed and had ceased to function, had come back to life, allowing her to become pregnant naturally.

Her doctors are calling it a miracle.

Only one other woman — who lived in Belgium — had become pregnant after an ovarian stem cell transplant, but there have been questions about whether that woman experienced spontaneous recovery of ovarian function, which is known to happen, or whether her return from menopause was because of the implantation of ovarian tissue.

It is not clear how Dauers has reached this point, either.

Considering that she began

to show signs of coming out of menopause within weeks of the tissue implantation, Dr. James H. Wilson, her Canton obstetrician/gynecologist, suspects that it was not a case of spontaneous return of ovarian function.

"What snapped her body out of menopause, I don't know for debate, he said. It could be that the implanted ovarian tissue — jump-started her endocrine system to begin functioning again. Or it could be that stem cells in the bone-marrow transplant used to treat her lymphoma caused the ovary to produce new eggs."

A study earlier this summer showed that bone-marrow stem cells can restart failed ovaries in mice.

Dr. Kudruk Oktay, a world leader in ovarian tissue preservation at Cornell University's Weill Medical College, performed Dauers' tissue implantation. He could not be reached for comment.

"It was fascinating," he said. "Very fascinating." Now, though, Dauers is just a normal pregnancy, with all signs pointing to a healthy delivery on Sept. 17.

The repercussions of her pregnancy, however, will be anything but normal. "It really opens a door of opportunity for young girls who get a diagnosis of cancer but still hope to have a family someday," Wilson said.

Fibromyalgia

Continued from D1

the pain sensation, researchers have found.

As a result, fibromyalgia patients feel intense pain when they should feel only mild fatigue or discomfort — such as after handling bags of groceries. They sometimes feel pain even when there is no cause.

"The pain of fibromyalgia is not occurring because of some injury or inflammation of the muscles or joints," said Dr. Daniel Clauw, a fibromyalgia researcher and director of the Center for the Advancement of Clinical Research at the University of Michigan. "There is something wrong with the way the central nervous system is processing pain from the peripheral tissues. It's over-amplifying the pain."

Recent studies show multiple triggers for that ramped-up response to pain. Fibromyalgia patients have, for instance, elevated levels of substance P, a neurotransmitter found in the spinal cord that is involved in communicating pain signals.

They also appear to have lower levels of substances that dampen pain sensation, such as the brain chemicals serotonin, norepinephrine and dopamine. Growth hormone, which helps promote bone and muscle repair, is also found in lower levels in fibromyalgia patients.

Medications approved specifically for fibromyalgia will dramatically change treatment, Silverman predicts.

"Fibromyalgia will get a lot more respect," he said. "People will think there must be a disease if there is a medicine for it. It must be treatable."

Others aren't so sure, however. Many question the central pain disorders remain, including why some people are afflicted and not others; why symptoms can vary so widely among patients; and whether the emerging chemical markers — high levels of substance P and low levels of serotonin and norepinephrine — are the exaggerated pain or are its result.

The central sensitization

theory hasn't convinced everyone that fibromyalgia is a real illness, said Dr. North M. Hadler, a professor of medicine, microbiology and immunology at the University of North Carolina.

It's possible that fibromyalgia patients simply have a different mind-set, he said. They tend to "catastrophize" small burdens, exaggerate minor discomforts and quickly lose hope. This psychic despair, he said, can alter neurotransmitters and influence other central nervous system functions.

"Is central sensitization something we want to label as a pathological process or is this something we are all capable of doing if we prepare ourselves intellectually?" he said.

This perception of fibromyalgia, while falling out of favor among many doctors, nevertheless strikes a nerve in patients and among doctors specializing in its treatment.

Fibromyalgia patients are difficult to treat, Bennett said, requiring much time and attention. Some patients never get better, although about 80 percent improve with a dedicated treatment plan and lifestyle modifications, he said. "There is no recipe for treating fibromyalgia patients. The treatments have to be fully individualized, and that takes a lot of time," Bennett said. "Most patients aren't getting the treatment they need."

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Required immunizations help rein in disease

By Joan Morris
Knight Ridder News Service

You'd never guess it looking at the 11- and 12-year-olds with their backpacks slung over their shoulders, and the college freshmen wearing "what happens next" t-shirts. But today's students are almost invincible.

Thanks to a series of vaccinations that started as early as the average student has the ability to fight chickenpox, measles, mumps, tetanus, hepatitis B, diphtheria and polio, all without missing a day of school.

But it turns out that, like most superheroes, they have a weakness. And this year, in addition to the other serious diseases, inoculations that school districts and most universities require, the National Centers for Disease Control and Prevention and health care experts are recommending two additional shots to boost that protection.

While there are concerns that college freshmen receive meningitis vaccination and that 11- and 12-year-olds receive both the meningitis and tetanus booster against whooping cough.

Dr. Walter A. Orenstein, director of vaccine policy and development at Emory University's Vaccine Center in Atlanta, says both vaccinations will go a long way to ensure not only the health of students but that of the community as a whole.

Orenstein, speaking at a recent media briefing, says a number of serious diseases have been reined in or eradicated through this country's immunization program. While it was once a part of the curriculum to contract a variety of diseases, immunization has made it more of a rarity.

While certain diseases are on the decline, the one exception is whooping cough, Orenstein says. The disease, medically known as pertussis, has been rising in recent years.

There were more than 18,000 cases of whooping cough last year, with reports of a 40-year high. And while many consider whooping cough a glorified cold, the illness devel-

School administrators and health officials offer these suggestions for parents:

- Check with your child's school and doctor about what immunizations are required.
- If you've misplaced the immunization record, check with the child's physician. The doctor should have a record of what shots have been given.
- If you've moved or are unable to obtain proof of immunizations,

ops into pneumonia in about half the cases, Orenstein says.

Researchers believe Orenstein says, that because most of the cases were in older teens, there is a need to include a booster shot for 11- and 12-year-olds. Children have stopped receiving booster shots against whooping cough after age 12, which may leave them vulnerable as they enter their late teens.

The meningitis vaccine is relatively new, and researchers believe it will go a long way in reducing the number of cases reported in pre-adolescents and among college students, a segment of the population that

TIPS

a blood test can detect the presence of antibodies. In some cases, vaccinations will have to be repeated to ensure immunization.

• Keep your child's immunization records with other important information, such as birth certificates and Social Security cards.

• Many doctors' offices go extremely busy at the start of a new year, so next year, schedule

appointments well in advance of the first day of school.

• If you can't afford your child's immunizations, check with the doctor or the county health department. Programs are in place to provide free shots for those who can't afford them.

• Parents may seek a medical exemption if there is a physical reason the child cannot be immunized. A doctor must substitute the exemption.

has been hit hard by the disease in recent years.

A new letter to the New England Journal of Medicine, Oktay wrote that implanting frozen ovarian tissue "offers a new al-

ternative for women who face ovarian failure due to surgery, chemotherapy or radiation therapy."

However, an article in the July 7 issue of the journal said that using ovarian implantation for women who have chosen to delay motherhood "is contro-

versial and should be considered experimental."

There are also concerns that implanted ovarian tissue could transmit any existing cancer cells, which could spread once implanted.

The procedure has not been tested in a large clinical trial.

Wilson said that the television crew from NBC's "Today" show was in Wilson's Canton office Wednesday as part of a series on infertility that is to air this week.

Before Dauers entered Wilson's office in late 2004, he had heard of this type of ovarian tissue transplantation only in passing. He certainly had never seen another patient like Dauers. Few doctors have.

"It was fascinating," he said. "Very fascinating." Now, though, Dauers is just a normal pregnancy, with all signs pointing to a healthy delivery on Sept. 17.

The repercussions of her pregnancy, however, will be anything but normal. "It really opens a door of opportunity for young girls who get a diagnosis of cancer but still hope to have a family someday," Wilson said.

Psychiatric Services is pleased to have John Wakefield, M.D., a general psychiatrist, join our practice on September 6, 2005. Dr. Wakefield is also Board Certified in Environmental Medicine and is a past President and Fellow in the Academy of Environmental Medicine. He has special interests and expertise in psychiatry associated with endocrinology, immunology, alternative medicine, and infectious disorders.

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MORNING BREAK

Fake ring still sparkles in wife's eyes

DEAR ABBY: My husband gave me a beautiful diamond and sapphire ring for our anniversary. Because it was too large, I took it to a jeweler who has worked on many pieces for me. After looking at the ring, he asked me where it came from. I told him it was a gift from my husband.

When I asked the jeweler why he asked, he informed me that the sapphire was synthetic and the "diamonds" were, in fact, cubic zirconia. I was shocked, and now I don't know what to do. I'm not certain whether or not to tell my husband.

I don't want him to think I don't like the ring, in case he knew what he was purchasing. It is beautiful, and I will love wearing it, regardless. However, if he bought the ring thinking it was the real McCoy, he may have spent a lot more on it than it is worth.

Because my husband has always given me exquisite jewelry, I suspect he doesn't know. Should I share this information with him or keep my mouth shut?

—STUCK IN STONE MOUNTAIN, GA.
DEAR STUCK: Tell your husband that you took the ring to the jeweler to have it sized and what he told you. Assume him that you love it and want to keep it "regardless." He may have bought it from the Home Shopping Network, or he may



DEAR ABBY
Jeanne Phillips

have been taken advantage of by a jeweler. Either way it will clear the air.

DEAR ABBY: Over the past few years, I have noticed an increased number of restaurants putting the silverware in a napkin and then setting the rolled napkin on a bare table. I have seen this at both casual dining restaurants and even some fine dining establishments.

I was taught to place my napkin on my lap as soon as I sit down, but I don't like leaving my silverware on the bare table. I have tried placing the silverware on the bread plate, creating an awkward pile that is not conducive to eating bread, especially when butter gets involved.

When there is no bread plate, I have resorted to placing my silverware on a sugar packet—a faux pas, but I'd prefer that to leaving my silverware on a bare table.

What should I do the next time I encounter this situation?
—GERM-PHOBIC IN SAN DIEGO

DEAR GERM-PHOBIC: Ask

your server for some extra cloth napkins so you can "create" your own placemat. If you (nicely) express your concerns to your server, most restaurants will happily accommodate your request. Alternatively, you can bring your own disposable paper placemat with you. (Buy a package at the supermarket and keep it in your car.)

DEAR ABBY: Next week I go back to school. I'm only 11, and I'm scared to go to middle school. I miss everyone at my old school. I miss my best friend. We met when we were 6. She isn't going to middle school.

I feel so sad, like everything has changed. Did it ever happen to you when you were little?

—GOING TO MIDDLE SCHOOL

DEAR GOING: Yes, as a matter of fact, it did. I was a couple of years older than you when my parents left the Midwest and moved to California. Let me share with you what I learned from the experience. Although changing schools can be scary, it can also be the start of a great adventure.

Change is a fact of life. Please don't let it make you sad, because it usually for the better.

Trust me.
P.S. And just because you aren't at the same school doesn't mean you won't spend time with your friend anymore.

Take some time to unwind tonight, Scorpio

IF AUG. 29 IS YOUR BIRTHDAY: Important changes of view are in the works this year, so be poised to accept whatever is thrown in your path. It's out with the old and in with the new, so settling down into a comfortable groove may be difficult in the month of this or in January. Stable relationships will withstand changes, but if you and a partner grow apart, maybe it is for the best. Important friendships may open up some lucrative doors for you in late January - and you will be able to develop new routines as life settles into more predictable patterns during the months that follow.

ARIES (March 21-April 19): Authentic security comes from being able to depend on others, not from the amount of money you have. Someone close may display the intuitive touch that stars passionate bells ringing.

TAUROS (April 20-May 20): Let go of worries and anxieties and refuse to cling to the past. True love will appear in a more romantic light under this evening's stars. Try a little togetherness with a special someone.

GEMINI (May 21-June 20): Consciousness-raising is on the agenda. There is a tendency to rebel against the status quo or

HOROSCOPE
Jeraldine Saunders

take an opposing viewpoint just to stir up awareness, so make sure you have a valid point to make.

CANCER (June 21-July 22): Something old, something new. Interests lie in the unique and unusual today. If you don't satisfy the urge to break up the monotony, someone might stir up excitement in other ways.

LEO (July 23-Aug. 22): Be comfortable with ambiguity. "The more things change, the more they stay the same" might be the key words for the next few days. A refusal to go along with the crowd could be necessary.

VIRGO (Aug. 23-Sept. 22): You're a bit too brilliant for words. There is a tendency to bait others if you catch them making idiotic errors. Be divinely gentle with others and your romantic fantasies can come true.

LIBRA (Sept. 23-Oct. 22): Don't be looking for love in all the wrong places. Especially, don't mistake friendship for love or vice versa. If you have already found your soul mate,

this is a perfect night to express affection.

SCORPIO (Oct. 23-Nov. 21): Stress is not good for your health, so maybe the surgeon general should put a warning label on life. Plan to take some time out to enjoy simple pleasures with a loving partner tonight.

SAGITTARIUS (Nov. 22-Dec. 21): Be willing to explore. Columbus sailed off merrily hoping he wouldn't fall off the edge of the earth. Don't be afraid to follow your instincts and take a chance on a new venture.

CAPRICORN (Dec. 22-Jan. 19): Choose wisely. This might be a good time to purchase furnishings or items that require good taste. Love is in the air, so do your best to bring a smile to that special someone's face.

AQUARIUS (Jan. 20-Feb. 18): Situations could force you to change an opinion. Follow your heart where love is concerned and you can't go wrong. It's a perfect night for sweet surrender and thrilling snuggles.

PISCES (Feb. 19-March 20): Absence makes the heart grow fonder. Having a little time to yourself might make a special relationship all the sweeter. Romantic moments with a certain someone are highlighted.

More Morning break can be found on page C-3 today.

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