

The Times-News

Twin Falls, Idaho/100th year, No. 339

Monday, December 5, 2005

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50 cents

GOOD MORNING

WEATHER

Today: Partly to mostly cloudy skies. High 28.

Page A2



ROSE BOWL TITLE TILT

USC and Texas will battle for the national title in the Rose Bowl.

Page D1



FIT AND FALL-PROOF

Exercises can boost seniors' chances of staying upright.

Page C1



FEEDING MULE DEER

Students and wildlife benefit from bitterbrush planting program.

Page B1

COMING UP

Wall of honor

High school honors graduates who became soldiers.

Today in The Times-News

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Shoshone Falls

Height: 212 feet
Rim: 900 feet
River: Snake
Yearly visitors: The falls and Dierkes Lake attract more than 300,000 visitors each year.
Best time: "October through April is the best time to view the falls. During the summer months, the water is retained upstream for irrigation," says www.visitidaho.org.



By Steve/The Journal

Niagara Falls

Height: 176 feet
Rim: 1,060 feet, 2,600 feet
River: Niagara
Yearly visitors: 12 million
Busiest time: July and August

Source:

TALE OF THE DROP: EAST AND WEST NIAGARA

Rediscovering Idaho

“ More often than not, first-time visitors are unaware that the country's deepest canyon is not the Grand Canyon, but Hell's Canyon, or that Shoshone Falls is higher than Niagara Falls. ”

— Dick Kuck, visitor center attendant

Tourism sector growing in Idaho

The Associated Press

COEUR D'ALENE — A new study commissioned by Idaho Commerce and Labor suggests that the tourism industry is providing a growing share of the state's jobs and wages. Travel and tourism accounted for about 5 percent of Idaho's gross state product in 2004 — or

about \$2.1 billion of the \$43.4 billion state total, said a study by Global Insight in partnership with D.K. Shifflet and Associates. Much of that money went to northern Idaho, with Kootenai County bringing in \$287.6 million in tourism dollars during 2004. About 13 percent of the jobs in Kootenai County are in the tourism industry, the study found. In nearby Shoshone County, nearly a quarter of all jobs are in tourism. Mark Hottelville, vice president of tourism at the Coeur d'Alene

Area Chamber of Commerce, said tourism will likely increase as gas prices drop. "We don't see any slowdown. There's a lot more money flowing into Idaho," he told the Coeur d'Alene Press. The Commerce and Labor department has said that spending revenues increased more than 10 percent over the summer to about \$124 million, compared to the summer of 2004 when they were at \$112.2 million.

Photo: — TOURISM, Page A2

FINDING BELL RINGERS



Maria Gabiola, a Salvation Army bell ringer, stands outside Magic Valley Mall Saturday afternoon taking donations. The Twin Falls area Salvation Army placed locks on donation buckets this year to protect against theft.

Volunteers, hired help ring at kettles

By Terry Smith
Times-News writer

TWIN FALLS — On a blustery December day, a bell ringer for The Salvation Army keeps a vigil outside the food court at the Magic Valley Mall. Scores of shoppers pass by, some nod and say "Merry Christmas." Some drop change into the collection kettle. Many seem to pretend she's not there. About the only extended conversation she gets is from an occasional mall worker who steps outside for a cigarette.

Maria Gabiola doesn't seem to mind — this is her 11th year at bell ringing — she's raising money for a good cause and making some money for herself at the same time. Bell ringers are often volunteers, but the Salvation Army hires people on an hourly basis if not enough volunteers come forward.

Gabiola laughs when asked if she's able to stay warm, but adds "sort of" to her answer. As a veteran bell ringer, she knows how to dress for the occasion — hat, gloves, three coats, four shirts and three pair of pants — but it doesn't seem like enough in a cold De-

cember wind, and her shift is five hours long. The collection kettles have padlocks to secure them to the stand, Gabiola said she's not particularly worried about someone trying to steal the kettle.

"I've heard of other places being robbed. We've got hit here a few years ago," she said. "But they caught the guy. This is the first year we've had them padlocked."

According to CNN, four Salvation Army collection kettles were stolen in the past few days in Florida. Security video of one theft shows a car stopping in front of the collection point, a man getting out of the car, grabbing the kettle and driving away.

Local Salvation Army Maj. Dallas Pedersen told *The Times-News* Saturday that he hadn't heard about the Florida robberies but added padlocks this year anyway as a security measure.

"There's always somebody trying to take advantage of a situation," he said. Pedersen said donations seem down a little this year. "People are not in the mood yet," he said. "We'd like to raise \$100,000."

Photo see KETTLES, Page A2

Officials mum about U.S. strike in Pakistan

By Bashirullah Khan
Associated Press writer

MIRAN SHAH, Pakistan — Strapped that appeared to be a four-ton American anti-missile was found Sunday at the house where Pakistan said a top al-Qaida operative was killed in an explosion, although the U.S. defense secretary's national security adviser declined to confirm the death.

U.S. and Pakistan officials declined to confirm an NBC report, citing anonymous officials, that the attack on the house in Pakistan where Hamza Rabia reportedly died was launched by a U.S. drone.

But local residents found at least two pieces of shrapnel at the blast scene inscribed with the designation of the Hellfire missile, which is carried by the

U.S. Air Force's unmanned, remote-controlled Predator aircraft. "The metal pieces bore the designation 'AGM-114,' the words 'guided missile' and the initials 'US,'"

John A. DeLoach, director of the defense intelligence agency, said the Hellfire is a type of missile used by the U.S. military. Al-Qaida operatives could be unlikely to have Hellfire missiles, Pakistan officials said, and the possibility could not be completely discounted.

U.S. national security adviser Stephen Hadley declined to confirm that the blast was among al-Qaida's top leaders and responsible for planning overseas attacks was dead or that the attack was carried out by a pilotless U.S. plane.

Sometimes, identity theft is all too familiar

Parents swiping children's names

By John Diedrich
Milwaukee Journal Sentinel

MILWAUKEE — The 8-year-old boy hopped in his father's car after school and announced he needed \$20 to pay an energy bill that had arrived with his name on it. He figured he had received the bill because he had watched so much television and never paid for it.

What really happened was the boy's mother had fallen behind in her utility bill, had her service disconnected and then put the account in his name, stealing her son's identity, said Kurt Russell, coordinator of

revenue protection for We Energies, who handled the case.

Such children sometimes don't learn that they have been victimized by their parents until they turn 18 and try to get credit cards, rent apartments or take out loans — discovering then that their credit is badly damaged, but still usually reluctant to prosecute their parents.

"It is a huge problem, and it is not going away," said Diane Terry, senior director of the Fraud Victim Assistance Department at FirstUnion, a Chicago-based company that produces credit reports.

"It is a very dangerous time for a young person starting out."

Photo see THEFT, Page A2

Americans hiring pros to put up Christmas lights

By Clarke Canfield
Associated Press writer

ROHLAND, Maine — The last thing John Gendron wants to do during the holidays is climb high on his steep-pitched roof to hang a wreath from his chimney.

These days, he doesn't have to. Instead, he hires a contractor to put one wreath on his chimney and two others high on the house, and to bring Christmas lights on his home and in the crabapple trees in his front yard.

Tens of thousands of Americans this year will do the same. Short on time, leery of ladders and lacking expertise for sometimes-elaborate lighting displays, homeowners are opening their wallets and hiring

others to do the work. This is the third year that Gendron has hired Lucas Tree Experts, a Portland tree service company that installs Christmas lighting and decorations for homeowners and businesses during the holiday season.

When it gets closer to Christmas, Gendron and his family will trim indoor and outdoor trees for the festivity and pleasure of it, while also enjoying the lights and wreaths put up by Lucas Tree.

"These people are professionals at what they do," said Gendron, who owns a commercial real estate firm. "We're not able to do what they do as well as they can do it."

Photo see LIGHTS, Page A2

Crowd throws stones at former Iraqi leader

BAGHDAD, Iraq (AP) — An angry crowd confronted Iraq's former Prime Minister Ayad Allawi at a Shiite shrine south of Baghdad on Sunday, forcing him to flee in a hail of stones and slugs. Allawi called the attack an assassination attempt.

In Baghdad, one of the five judges in the trial of Saddam Hussein stepped down because one of the co-defendants may have been involved in the exe-

cuting of his brother, a court official said Sunday.

Another official said police had uncovered a plot to fire rockets at the courtroom when the trial convenes today for a third session.

The confrontation in Najaf began when about a dozen men, some armed with clubs, tried to block Allawi from entering the Imam Ali mosque, one of the holiest Shiite shrines in

Iraq. Allawi's bodyguards fired shots in the air to disperse the crowd.

Once Allawi and his entourage were inside, the crowd grew to about 60 and as the group left, they were showered with stones and slugs — a sign of contempt in Iraqi culture. Allawi and his security force knocked over barricades as they scrambled to their vehicles and sped away.

Former 9/11 commissioners: U.S. still at risk

WASHINGTON (AP) — The U.S. is at great risk for more terrorist attacks because Congress and the White House have failed to enact several strong security measures, members of the former Sept. 11 commission said Sunday.

"It's not a priority for the government right now," said the former chairman, Thomas Kean, ahead of the group's release of a report today assessing how well its recommendations have been followed.

"More than four years after 9/11... people are not paying attention," the former Republican governor of New Jersey said.

Added Lee Hamilton, the former Democratic vice chairman of the commission: "We believe that another attack will occur. It's not a question of if. We are not as well-prepared as we should be."

The five Republicans and five Democrats on the commission, whose recommendations are now promoted through a privately funded group known as the 9/11 Public Disclosure Project, conclude that the government deserves "more F's than A's" in responding to their 41 suggested changes.

Feds will pay on mortgages for victims of hurricane

WASHINGTON (AP) — The Federal Housing Administration is launching a program to pay the mortgages of up to 20,000 victims of hurricanes Katrina, Rita and Wilma for as much as a year.

The unprecedented mortgage relief will be offered to people who own homes with FHA-insured mortgages in designated hurricane-ravaged parts of Alabama, Florida, Louisiana, Mississippi and Texas.

"These families have been decimated. Not only are they living far from home right now, but many have lost their source of income," Housing and Urban Development Secretary Alphonso Jackson said in remarks prepared for delivery when the program is announced today.

"We want to help end that hopeless feeling for them, by letting them come back home and concentrate on putting their lives in order without having to worry about making mortgage payments,"

Jackson said.

The program is the latest of several steps by the department and its housing administration to address the mortgage woes of hurricane victims. On Nov. 23, Jackson extended a moratorium on foreclosures until Feb. 28, on foreclosures against FHA-insured families damaged by Katrina or Rita. A freeze on foreclosures on FHA-insured Wilma victims lasts until Jan. 22.

In contrast to the plan for federally insured mortgages, much of the private mortgage industry in September voluntarily granted a three-month freeze on foreclosures on mortgages without federal insurance. But that grace period is ending.

Many of these mortgage-holders are being asked to resume payments — even back ones — this month.

The FHA's plan could cost as much as \$200 million if all the estimated 20,000 eligible homeowners apply, federal officials say. But none of that total would be taxpayer funds. The money

would come from FHA insurance reserves funded by premiums paid by borrowers who have FHA-insured mortgages, the officials say.

Ultimately, the homeowners would have to repay the FHA, but under very generous terms. The federal mortgage payments would be interest-free loans not due until the homeowner's original FHA-insured mortgage was paid off.

To obtain the mortgage assistance, the homeowners would have to sign a subordinate, interest-free mortgage payable to the FHA for the amount of assistance, which would cover principal, interest, taxes and insurance for up to 12 months.

Participants would have to be committed to staying in these homes and either able to live in them now or have the money from insurance payments or elsewhere to repair or rebuild the homes within 12 months. In this way, Jackson said, the program "is also an investment in the long-term stability of their neighborhoods."

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Insurance industry names safe cars

WASHINGTON (AP) — Ten 2006 passenger cars won praise from the insurance industry Sunday for offering top-of-the-line protection to passengers in front, side and rear crashes.

The Insurance Institute of Highway Safety announced the new designation, the Top Safety Pick award, based on the performance of vehicles in their crash tests.

Members of the institute's grid award included the Ford Five Hundred and Mercury Montego with optional side air bags; the Saab 9-3; the Subaru Legacy; and the Honda Civic four-door. The Ford Five Hundred and Mercury Montego came with and were considered by the institute to be the same car, for award purposes.

The institute's president, Brian O'Neill, said the awards will help consumers quickly compare vehicles without having to review multiple sets of tests.

Sue Ciske, Ford's vice president for environmental and safety engineering, said Volvo engineers helped design the structure of the Five Hundred and Montego. The collaboration with Volvo, part of Ford's Premier Automotive Group, leveraged "our technical and intellectual resources to create this outstanding vehicle architecture," Ciske said.

The awards, which consider a vehicle's overall safety, replace the institute's previous practice of providing "best pick" designations for vehicles in each of the three tests.

The institute's president, Brian O'Neill, said the awards will help consumers quickly compare vehicles without having to review multiple sets of tests.

Fred Adcock of Subaru of America Inc. said the award was "further validation of our commitment to overall occupant safety."

Missing kids' family plans visit to Ohio site where bodies were found

CONCORD, N.H. (AP) — The mother of two children who were shot to death and buried by their father 25 years ago plans to visit the shallow Ohio grave where their bodies were finally found last week.

The remains of Sarah Gehring, 14, and her brother Philip, 14, were identified Saturday by the medical examiner's office in Summit County, Ohio. The discovery of their wrapped bodies, each marked with a clay top, a cross as their father had said, ended Iren Knight's long search but renewed her mourning.

Her new husband, Jim Knight, said Sunday that the couple would decide in the next few days when to leave for Ohio, probably to have the children's bodies cremated there and then return home to New Hampshire with their ashes.

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Newspaper in Education

Financial Lesson of the Week

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Each Monday, Learn about the Basics of Finance

What Do Those Economic Indicators Mean, Anyway?

If you follow the news regularly, you will see many different reports on the state of the economy. Government officials and economists closely watch these reports — and, as an investor, maybe you should, too.

- Here are a few of the most important economic indicators to consider:
- Employment Situation Report** - This monthly report, issued by the Bureau of Labor Statistics, shows the unemployment rate, new jobs created, the average weekly hours worked and the average hourly earnings. Economists and policymakers watch this report closely because employment drives consumer spending — a key factor in economic growth. Furthermore, low employment figures can cause the Federal Reserve to lower interest rates, while high employment figures can signal an overheated economy, which may lead the Fed to raise rates. Higher interest rates can have an effect on all your investments. When rates rise, it's more difficult for companies to borrow to expand their businesses, which can hurt their stock prices. Also, higher interest rates will likely cause the value of your bonds to drop.
 - Housing Starts** - Around the middle of every month, the Commerce Department releases a report on housing starts for the previous month. Economists consider housing starts to be a leading indicator of recessions and recoveries — and both those events can have an impact on interest rates.
 - Advance Monthly Retail Sales** - Each month, the Census Bureau reports on retail sales for the previous month. This indicator tracks the merchandise sold by companies, large and small, within the retail industry. Each month's report shows the percent change from the previous month. This indicator can affect some important areas of the financial markets, particularly retail stocks.
 - Consumer Price Index (CPI)** - Released mid-month by the Bureau of Labor Statistics, the CPI is considered the most widely used measure of inflation. Basically, the CPI tracks the monthly change in price of a "basket" of consumer goods and services. Generally speaking, the financial markets anticipate the CPI will rise at an annual rate of 1 percent to 2 percent; any larger increase is seen as a signal of inflation heating up too much. (Keep in mind that the "core rate" of inflation excludes food and energy prices, which are often volatile.)
 - Producer Price Index (PPI)** - Generated each month by the Bureau of Labor Statistics, the PPI is not as commonly used as the CPI, but it is also considered a reasonably good indicator of inflation. The PPI is essentially a basket of various indexes covering a wide range of industries, including manufacturing and agriculture. Because the PPI includes goods being produced, it is often seen as a "forecast" of future CPI reports.

When it comes to investing, no one has a "crystal ball." But by paying close attention to these and other economic indicators, your investment professional can acquire valuable information that may help you make the right moves at the right time.

- Questions:
- True or False — Low employment causes the Federal Reserve to raise interest rates.
 - True or False — The Consumer Price Index is a good indicator of Inflation.

Newspaper in Education

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SCHOOL DAYS

Community Editor: Pat Marcantonio - 735-3288

Page A-4

Monday, December 5, 2005

The Times-News

SCHOOL NEWS

Garage sale raises money for new track

WENDELL — A multi-family garage sale to raise funds for a new community track facility at Wendell High School will be held from 8 a.m. to 4 p.m. Saturday in the Wendell High School Gymnasium foyer.
Refreshments will be also available.
For more information, call Jennifer Goodbody at the high school, 536-2100.
Donated items and cash donations are welcome.

Trendsetters perform free Christmas concert

DECLO — The Declo Trendsetters Show Choir will present its annual Christmas concert at 7 p.m. Wednesday at the Declo High School auditorium.
Admission is free. Donations will be accepted.

Buhl High School choir will carol on Saturday

BUIH — Buhl High School choir will go caroling after the Buhl Night Light Parade Saturday.
Cocoa and cookies will be served at the Eighth Street Center, 200 N. Eighth Ave., after the parade, then the Select and jazz choir will lead songs. Admission is free.

Hagerman school sells gift baskets

HAGERMAN — Hagerman Elementary School staff members put together gift baskets to be auctioned to raise funds for end-of-school parties in May.
The 12 baskets reflect various themes, including "Family Game Night," "Fodor's Bed and Bath" and "Movie Night."
The silent auction will be held on the stage of the multipurpose room at the grade school and will be open now until Dec. 14, when final bids can be made at the Christmas concert. Winners can pick up their baskets on Dec. 15 at the grade school, 324 Second Ave. N.
For more information, call 477.

Wendell school announces events

WENDELL — Wendell Elementary and Middle School Honor Choir will perform at 7 p.m. Thursday at the Wendell High School auditorium, 750 E. Main.
The second and third grades will perform a Christmas program, 7 p.m. Dec. 13 at the high school auditorium and a band Christmas concert at 7 p.m. Dec. 15 at the high school auditorium.

Elementary students visit Santa Store

SHOSHONE — Shoshone Elementary students can visit the Santa Store on Dec. 12 to 14.
Students can shop for Christmas gifts, and all proceeds will go to the school.
For more information or to help with the store, call Janet Russell at 898-2561.

Murtaugh school recognizes students

MURTAUGH — Murtaugh schools has recognized its students of the month and star students.
Middle school: September, Hayley Bridges and Manuel Pacheco; October, Guadalupe Gomez and Alexa Stanger; and November, Cassie Bishop and Josh Oliverson.
Elementary school: September, Kadi Barry, Ethan Brizuela, Rylee Funk, Brantzen Romander and Jordan Meyer; October, Lotenia Amezcua, Gabriela Mendez, Adrian Gil and Zeke Alcalá; November, Brayden West, Brendon Kaufman, Wesley Jones and Kaitlyn Stanger.
Parents are also asked to help celebrate the End of the Year by organizing Reader auction and to solicit donations from local businesses and individuals. The auction is held for students who have met their individual AR goal.
To help with the committee, call 432-5451.

Hagerman schools put student progress online

ParentConnect

By Joshua Palmer
Times-News writer

HAGERMAN — "Parents love it, and students hate it."

That is what Mark Kress, principal of Hagerman Junior-Senior High School, said about the school district's online program where parents can view their student's academic progress.
The online program — called ParentConnect — allows parents in all Hagerman schools to view their students' grades, class assignments and even course subjects with the instructor's name. The program will also send warnings about academics and absences or other notices to the parent's personal e-mail.
As well as holding students accountable for their academic progress, ParentConnect also holds teachers accountable for maintaining up-to-date grades and feedback on their students. Parents can view a list of assignments, as well as the student's grade they received on the respective assignment. Kress said the assignment calendar eliminates the "What do you have to work on tonight?" question.
"It's designed to break down communication barriers," Kress said. "It's meant to be used by everyone, and we recommend that parents allow their students to access this information so they know where they are."
Teachers log grades and student information into a computerized grade book which is read by the ParentConnect software and displayed on the site. The site automatically updates itself each day at midnight — providing the most current information. Kress said that ideally, parents would see the updated information at least every other day.
"It keeps the parents informed," said elementary school teacher, Ted Nasman. "But the problem is, how many parents have a computer at home?"
Nasman said the state did provide computers for parents for \$37, in a program to promote an educational software, so there are opportunities for everyone to have a computer in their home where they can access ParentConnect.
The online site is a read-only program — meaning that changes cannot be made to the material posted on the site and therefore, it is not possible for unauthorized people to make changes. It also requires parents to provide information for a login name and password

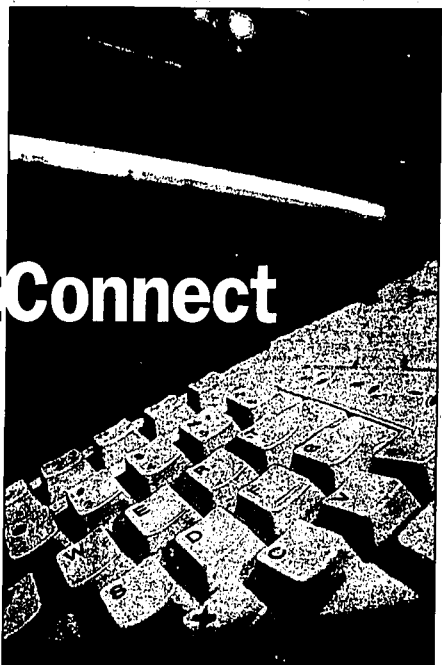


Photo illustration by ADLEY SMITH and CHRISTIAN DRAPER/The Times-News

To log on

To sign up for ParentConnect, go to <http://parentconnect.hagerman.k12.id.us/31> or visit the Hagerman School District, or for more information, call the school district at 837-4777.

that the district matches with its current information.
The district has been using the program for about three years, but Kress said it has only been active for about two years. He estimates that 50 percent of the parents actively use it.
"Usually we see that the parents who use the site regularly have students who are advancing academically," Kress said.

Program aims to show 'Knowledge is Power'

Hansen schools' Christmas spirit has arrived and is being shown at annual holiday concerts.

Students put together a medley of traditional holiday songs, as well as a "Jamaican Noel" piece. High and middle school students will perform at 7 p.m. Monday in the high school gym. The elementary students' Christmas program will be held at 7 p.m. Dec. 13. Come relax and enjoy.
The day before Thanksgiving, high school and middle school students participated in a "Knowledge is Power" program to address teen concerns.
Student Allie Anderson, a stu-



plus county health services available to students through the health department. Sessions also focused on cooperation, teamwork, the importance of future planning, how to empower oneself and more.
Laurie Gerens, a counselor at Hagerman, discussed depression and suicide, stressed self-worth and how to set boundaries for oneself, and helped students recognize who was available when they felt they needed help.
Chelsea Rahtz, who is in Natural Helpers, put together a demonstration about how many students in the United States

would die or be hurt in an alcohol-related accident. Students were randomly selected, their faces painted and a sign hung on their neck indicating they had been killed in an alcohol-related accident. They were then ignored for a time as a wake-up call for some students involved, and a reality check for others.
Organizers hoped that through "Knowledge is Power," students were given tools to combat depression, peer pressure and low self-esteem.

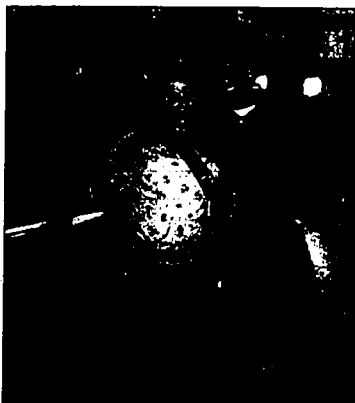
This column is written by Hansen High School's 'Husky Writers.'

MVHS celebrates National Mix It Up Day

Magic Valley High School returned to kick in to gear and finish his/her year.
A dance celebrating National Mix It Up Day was a success, largely in part to Anderson Mobile Music and DJ Ivan Smith. Additional sponsors of Mix It Up this year that were omitted from the last article were La Casita, La Fiesta and Garibaldi's. Thank you for your support of our school.
After successful participation in the District Drama Festival, The Main Street Players bid "break a leg" to Alicia Dumas and Kristy Kauffisch, who qualified in ensemble pantomime with "Puppet Pair Parted." Alicia also qualified in solo pantomime with her piece, "Women Drivers, No Survivors," Brock Pfool, Randi Dawson, Jessica Bethke, Cory Bryan and Kevin Adams also participated in the tournament, all receiving



superior recognition in the pantomime division.
Superstars this week are Stephanie Dutt, Geri Garcia, Joyce Scott, Amanda Gonsors, Alyce Creech, Brenda Gonzales, Theo Gray, Jo Silva, Mitch Livingston and Robert Parrish.
A big thank you to the East End Providers for the donation of baby clothes to the mothers and expecting mothers at MVHS. It was greatly appreciated.
Jennifer Miller is the English and speech teacher at Magic Valley High School in Twin Falls.



Theo Gray and Miguel Vazquez were crowned Ms. and Mr. Diversity at a dance as part of the National Mix It Up Day celebration.

Time for report cards at JHS

First trimester is over, grades are posted and report cards will be mailed to parents this week.



TIGER PRINTS
Patti O'Dell

Along with the report card, parents will receive an Idaho State Achievement Test (ISAT) report which contains their student's test history on the state required exam. A letter is included to explain the options for extra help available toward proficiency on the ISAT. If parents have questions or concerns, they should contact a school administrator, Clark Muscat, assistant JHS principal, and Principal Patti O'Dell will host an informational meeting for parents about the ISAT at 7 p.m. Dec. 14 in the high school auditorium.
The JHS drama team, the Tiger troupe, competed at the state competition in Twin Falls last weekend with an all time high of 17 qualifiers. Results will be available for next week's Tiger Prints.

This year's Natural Helper's Retreat at Cathedral Pines brought kudos to the JHS students as the Cathedral Pines management sent a letter noting that, "Jerome was out of most of the schools, the cleanest, most polite and well-mannered." Our staff and community can be very proud of our students as ambassadors for Jerome.
The girls and boys basketball teams are both off to exciting seasons. Staff members and students at JHS invite everyone to join us in supporting our teams and to catch some Tiger Pride.

Patti O'Dell is principal of Jerome High School.

Kimberly HS is in the spirit of giving

Kimberly High School students have come back from Thanksgiving with the spirit of the holidays, and have set the mood by giving.



BULLDOG BUSINESS
Lacey Haye

Leeta Willoughby will receive an award from the Twin Falls Police Department for her quick action during Thanksgiving break. She recognized that a man was trying to return stolen items, and detained him until the police came. She sets an example for all KHS students and our community to follow.
KHS will hold a canned food drive for the East End Providers, which helps families in need. Anyone interested in donating may bring food to the boys basketball game at Kimberly High School on Friday.
There will also be a dance that night at 9 p.m. until midnight, and for any student who brings canned food items, the admission price will be reduced from \$4 to \$3. The dance is sponsored by the Mona Foundation, and the money will be donated to Louisiana to help the hurricane effort.

Lacey Haye is Kimberly High School student body president.

Foundation funds classroom needs

TWIN FALLS — The Twin Falls Education Foundation distributed more than \$22,000 to 223 certified elementary teachers to help with classroom purchases.

The Twin Falls Education Foundation was founded on July 31, 1991, and calls itself an independent corporation that serves to benefit the Twin Falls School District No. 411 for educational programs and services. Previous projects have included IT Academy Scholarships, senior music scholarships, \$1,000 grants to each school in the

Twin Falls School District, dance team support, tennis court renovation, the Roper Auditorium building project, swim team support, computer lab support, Twin Falls High School debate and speech programs and numerous other educational projects.

The foundation is a 501 (c) (3) public, nonprofit organization, allowing all contributions to be tax deductible. For more information or about ways of giving, contact the Twin Falls Education Foundation office at P.O. Box 1182, Twin Falls, ID 83303.

Twin Falls Education Foundation Board Member Mike Hagl presents a \$100 honorarium to Sawtooth Elementary School second grade teacher, Susan Whitney.



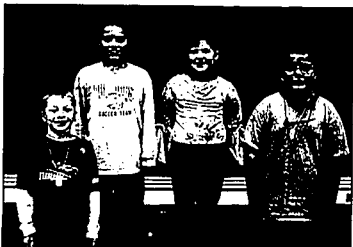
Photo courtesy of Twin Falls Education Foundation

LINCOLN EINSTEINS



Photo courtesy of Lincoln Elementary

Lincoln Elementary School in Twin Falls announced its September Einsteins, from left to right, Mason Hamilton, Daniel Hernandez, Delaney Bergen, Madison Dahlquist and Kayla Thompson.



Lincoln Elementary School announced its October Einsteins, from left to right, Colton Bledenk, Huntington Coats, Kennedy Bell and Oren Sedlacek.



Photo courtesy of Castleford High School

Castleford FFA Greenhand contest participants were, from left, front row: Danielle Baird, Lupa Maye, Nick Howard and David Zavala; second row: Katie Eastman, Callie Wiggins, Sam Chavez and Jayson Wheeler; third row: Katelynn DeVries, Allison Rodgers, Courtney Allred, Jessica Schlund, Michael Wiseman, Oscar Vargas, Storm Brito, Jacob Pryor and Chase Routt.

Castleford FFA grabs honors at contest

CASTLEFORD — The Castleford High School FFA chapter participated in contests Nov. 9 and returned with honors.

The eighth-grade members placed first in the Greenhand test contest. The top high individual was Allison Rodgers.

The Greenhand test is comprised of questions pertaining to the history of the FFA, according to Jessica Bobango, Castleford FFA reporter.

In the Creed-speaking contest, Samantha Guinn placed second. Members are asked to recount important dates and



Samantha Guinn



Allison Rodgers

important people of the organization.

The Castleford FFA officer team also placed first in the Opening Ceremonies contest.

Opening Ceremonies contest participants were, from left, front row: Angie Gonterman, Lauren Kline, Jessica Elmer, Anna Lopez and Melissa McCoy; back row: David Wiseman and Jessica Bobango.

Twin Falls HS honors students of the month

Twin Falls High School has named its students of the month: Amber Peterson, sophomore of the month; Andrew Jolt, junior of the month; and Scott Hyatt, senior of the month.

Employee of the month is Michelle Felereno.

Progress reports went home last week. This semester is a fourth of the way over, and tests are becoming more frequent. Student council is getting started on its big December project. It's called "Change for Change" and is a huge competition between classes. All the students are encouraged to bring in all the change they have to help make a little change in the community.

As students find out what class is in the lead, they bring in more and more. But what keeps students bringing in more and more money? The grand prize is an extra day of spring break for the class with the most money collected.

When all the money is counted, the student council uses it to better the community. Any donations are greatly appreciated.



BRUN BUZZ Deldre Edmunds

Student council is also getting ready for the Winter Ball on Dec. 17. The night before, Dec. 16, the council is holding a Winter Ball for the adults in the community. Tickets are \$30 a couple, or \$20 a person. It will be held downtown, food will be served, baby-sitting is available for free at Twin Falls High School, and the dress is formal. Tickets are available from any student council member and we are looking forward to seeing you at the ball.

Winter sports are starting up. Come watch the Bruins in basketball and wrestling.

Hope everyone is enjoying the winter season and loving the snow!

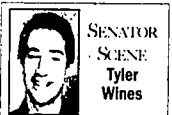
Deldre Edmunds is the Twin Falls High School junior class vice-president.

Gooding students are knee deep in activities

After a nice break last week, students at Gooding High School are busy at work.

Seniors find themselves knee deep in their senior projects, and the rest of the school is collecting canned foods, coats, mittens and scarves, along with money to go toward turkeys that will be given to people in need. If you have any items that you would like to donate please drop them by the high school. The drives will close on Dec. 21. Other Christmas activities will be a Winter Ball put on by the cheerleaders on the night of Dec. 17.

On Dec. 21, students will also be able to taste food from all around the world. Each club will pick a country and serve a dish from that corresponding country to the students at lunch.



SENATOR SCENE Tyler Wines

On Saturday, the Academic Decathlon held its first meet of the year, along with the boys basketball teams who had their first game Friday against Shoshone.

After the game was over, the Business Professionals of America held a winter dance for the students. On Friday, students and staff also met in advisory groups to vote on November Students and Staff of the Month.

Tyler Wines is Gooding High School student body secretary.

Filer HS mixes it up so kids meet new people

Filer High School held its annual "Mix-it-up Day" on Nov. 30.

"Mix-it-up Day" is a chance for students to sit and converse with new people during the lunch hour. When students lined up for lunch they were given a colored mark on their hand and ate with someone they didn't know or who wasn't in their grade. Toward the end of lunch, they received a questionnaire of ice-breaker questions to ask other students they didn't know. It was lots of fun for all those who participated and were able to meet new people.

Congratulations to Ely Siler for being chosen as KMTV's Distinguished Student of the Week. She is actively involved in many clubs such as Travel Club, Art Club, FOCUSA and National



WILDCAT WORD Allison Ko

Honor Society. As the Distinguished Student, Ely was given \$100 to give to a school organization of her choice. Don't miss her TV debut on Wednesday and Thursday.

During the last week in January, Boise will be visited by Filer's All-State Choir qualifiers. Those musically-inclined students are Jared Johnson, Skylar Patterson and Richard Larson. Great job!

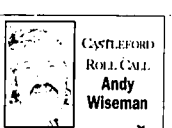
Allison Ko is Filer High School student body president.

School invites community to music program

Music teacher Carolyn Kohn-topp invites the community to attend the school-wide music program at 1:45 p.m. Friday.

Students kindergarten through fifth will sing, and the sixth-grade band and junior high band will perform, also. The fifth grade class will be featured this year as they present the "Littlest Reindeer."

Bonnie Mahannah and Lori Hale will have an information



CASTLEFORD ROLL CALL Andy Wiseman

booth at the music program. They will be handing out information about the P.Y.O. and trying to establish a list of serv-

ices parents can provide to classroom teachers. Mrs. Kinyon, Family, Career and Community Leaders of America adviser, announces that her students are organizing a Christmas Basket Contest. The baskets will be provided to people in the community who are in need during the holidays.

The school technology personnel would like families to know that the parent-link

phone system will be operational in the near future. Also, the school will still provide grade reports every three weeks, however, we will soon have the ability for parents to view their child's grades and information via the internet.

If you would like this option, please contact the school at 537-6611 to sign up.

Andy Wiseman is Castleford School principal.

SCHOOL NEWS

East Minico Builders Club contributes to needy

RUPEIT — The East Minico Middle School Builders Club is donating to the Heifer International Foundation, which helps families around the world. The club is donating \$25 to help purchase a water buffalo for Indonesian families to increase rice production.

Members are also sending \$30 to buy bees for families in Kentucky to earn money

Murtaugh school announces several events

MURTAUGH — Murtaugh school is holding several events this month. An elementary school Christmas will be held at 6:30 p.m. Dec. 12 at the Hulise Gymnasium with a P.S.O. raffle. Delanee Hopworth was featured in the December edition

of the Future Farmers of America New Horizon Magazine as a Member Making a Difference. She has attended the national FFA convention, served as chapter treasurer and received the Star Greenhand Award. She has started her Supervised Agricultural Experience program and has competed in the dairy judging-career development event.

The athletic department's annual Holiday Basketball Tourney will be held Friday and

Saturday. Varsity boys and girls teams will come from Valley, Dietrich and Carey to compete. Games will start at 6 p.m. Friday in both gyms. Consolation games will be at 6 and 7:30 p.m. in the old gym and championship games will be held in the new gym. Champions will receive a T-shirt with the holiday logo on it.

Tickets are \$4 for adults and students without an activity card and \$3 for senior citizens and students with activity cards.

Photo courtesy of K2TV K2DPMAT

Ryan Hondo, right, and Michael Gebhart, left, tied for the title of Mr. BHS at Burley High School. Proceeds went to the Special Olympics. Other winners include Thaddeus Jones, Mr. Best Sports wear and second runner-up; Jesse Jones, Mr. Personality; Michael Kelsy, first runner-up; and Braxton Greener, Best Talent.

SCHOOL NEWS

Parents are invited to plan Buhl senior unparty

BUIH — Parents of the Buhl High School class of 2006 are invited to a planning meeting for

the senior unparty at 7 p.m. Monday at the high school auditorium.

For more information, call counselor Angela Hoops at 513-6262.

COMICS

B.C.

By Johnny Hart



Baby Blues

By Rick Kirkman and Jerry Scott



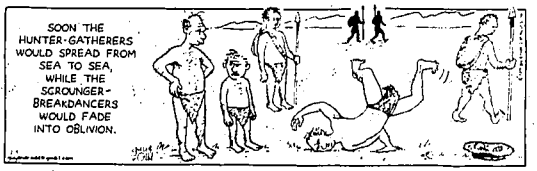
Baldo

By Hector D. Cantu and Carlos Castellanos



Brevity

By Guy & Rodd



Dilbert

By Scott Adams



Doonesbury

By Garry Trudeau



The Elderberries

By Phil Frank and Joe Toiso



For Better or For Worse

By Lynn Johnston



Frank and Ernest

By Bob Thaves



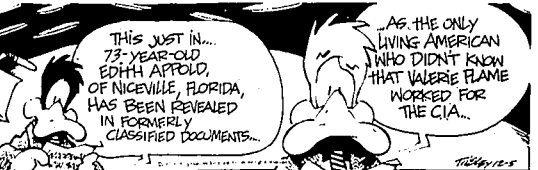
Luann

By Greg Evans



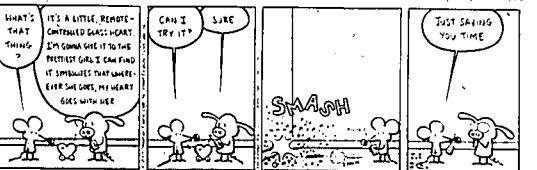
Mallard Fillmore

By Bruce Tinsley



Pearls Before Swine

By Stephan Pastis



Pickles

By Brian Crane



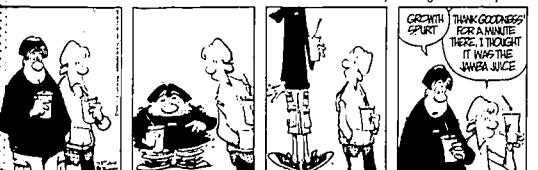
Rose is Rose

By Pat Brady



Zits

By Jim Borgman and Jerry Scott



Non Sequitur

By Wiley



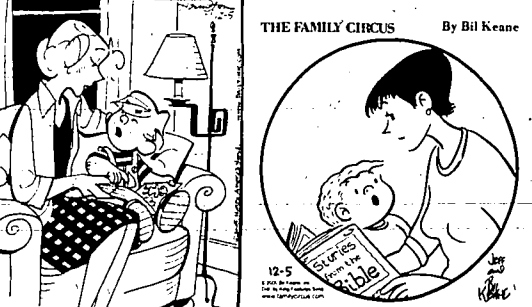
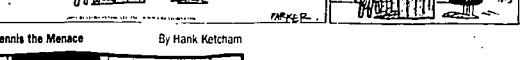
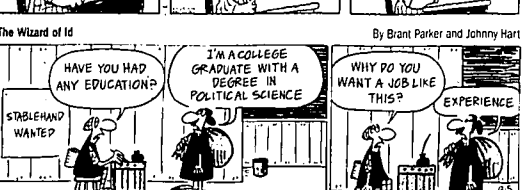
Strange Brew

By John Deering



Virgo: Listen to your intuition

IF DEC. 5 IS YOUR BIRTHDAY: Although the year ahead may offer a somewhat bumpy ride, you have the resilience to navigate a challenging career. In April look for opportunities to advance yourself through a new job or personal connections... HOROSCOPE: Jeraldine Saunders... improves. Finger-pointing won't help. SCORPIO (Oct. 23-Nov. 21): Take some time out... SAGITTARIUS (Nov. 22-Dec. 21): Nobody's perfect... CAPRICORN (Dec. 22-Jan. 19): No man is an island... AQUARIUS (Jan. 20-Feb. 18): Tell it like it is... PISCES (Feb. 19-March 20): Rise above minor emotional ups and downs... GEMINI (May 21-June 20): Sometimes being rational and

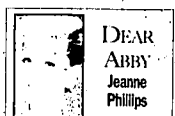


"Was Noah's last name Zark?"

Tantrums in stereo ruin a birthday celebration

DEAR ABBY: What is the official Dear Abby position on screaming children in restaurants? My husband took my mother and me to a family restaurant to celebrate our birthdays, and two children from different families were screaming their lungs out. One of them, a child about 3, alternately screamed, begged, whined and threw tantrums the whole time. The other child was much younger, but seemed to enjoy our noise because of the piercing shrieks coming from both sides of the restaurant. Had I done that when I was little, my mother would have taken me outside if only to make the atmosphere more pleasant for the other diners. The family with the older child ignored his behavior. This seems to happen more and more often, I've noticed.

The family finally left, but both my husband and I had splitting headaches from the noise. What, if anything, could we have done? The other diners were as uncomfortable as we were.



feels it's a romantic gesture that couples do for each other when one is away for more than a few days. Personally, I prefer getting to and from the airport by taxi, but if you prefer to go by myself, I don't care if he meets me at the airport, although he wants to.

Don travels three or four times a year, but often arrives at night. Driving to the airport is a stressful burden for me even during the day. I absolutely hate driving at night.

Don was recently gone for two weeks. I refused to meet him because he was landing at night and he lives closer to the airport than I do. (Three subway stops and a cab ride.) He said it was the principle of the thing, and if I didn't want to drive, it would mean a lot to him if I took a cab or the subway and met him at the baggage claim.

How do I bring this in the future and not feel like a bad person, because I strongly disagree with my boyfriend on this subject.

DEAR ABBY: What is the official Dear Abby position on screaming children in restaurants? My husband took my mother and me to a family restaurant to celebrate our birthdays, and two children from different families were screaming their lungs out. One of them, a child about 3, alternately screamed, begged, whined and threw tantrums the whole time. The other child was much younger, but seemed to enjoy our noise because of the piercing shrieks coming from both sides of the restaurant. Had I done that when I was little, my mother would have taken me outside if only to make the atmosphere more pleasant for the other diners. The family with the older child ignored his behavior. This seems to happen more and more often, I've noticed.

The family finally left, but both my husband and I had splitting headaches from the noise. What, if anything, could we have done? The other diners were as uncomfortable as we were.

STRESSED-OUT CITY DRIVER
DEAR STRESSED-OUT: Because this is important to him, if you love your boyfriend and care about his feelings, extend yourself and make the effort. It's called "giving." If you can't bring yourself to do so, tell him it's a deal-breaker and see if he is willing to lower his expectations. [Frankly, I agree with him. It is a romantic gesture.]

WISH I'D HAD EARPLUGS, DECATUR, ALA.
DEAR WISH: Your party should have canceled your orders and celebrated the

DEAR ABBY: I have a problem with my boyfriend, "Don." We can't settle. We both travel for work. It's happy to drive me to or from the airport, although I never ask him to. He

Stranglings, poisonings are more common in December

In what month is a person most likely to get poisoned, shot or strangled? Well, yourself, because it's December.

This day in history: Drink a toast to the state of Utah today. On Dec. 5, 1933, it became the first Amendment, making alcoholic beverages legal again.

In the 1820s, a "Quincy" was slang for a toilet. It came from John Quincy Adams, who installed the first indoor toilet in the White House.

The absolutely No. 1 computer error of all "admin." That's because a lot of equipment shipped with "admin" as the default password and many users are too inexperienced (or lazy) to change them.

It's called "the Mile High Club" but not all of Denver is a mile high. If you want to find a spot that is, climb up to the 16th step of the state building; surveys say it's exactly 5,280 feet above sea level.

Who was the Battle of Gettysburg about? You could say "shoes" and not be too far off. A Confederate soldier found a discarded newspaper that mentioned a local shoe warehouse, Maj. Gen. Henry Heth decided that too many of his men were mired, and so he marched his troops toward town to take possession of some shoes. On the way, though, his barefoot battalion snubbed its toe on a brigade of Union soldiers and a battle began. Other generals joined in, and Gettysburg became the bloodiest battle ever fought on



American soil. It was Leonardo da Vinci who first deduced that that faint light shining off the dark part of the moon comes from light reflected by Earth.

Indoor pollution has become a problem as people spend more time inside, in sealed buildings. The Mount Sinai School of Medicine tested 2,500 people for more than 200 industrial substances. They found 161 chemicals, 53 of which can cause cancer and others linked to a gamut of health problems. The average volunteer had 91.

The busiest highway in the nation runs across the George Washington Bridge, and from New York City.

Which state gets the most per capita for anti-terrorist funds? It's Wyoming.

RANXOM KINCSOF EXCINNESS
Jack Mingo
Erin Barrett

Erin Barrett and Jack Mingo can be reached at factum@gosmimgo-barnett.com

Tina Turner gets Kennedy Center honor

Robert Redford and Tony Bennett are also recognized



WASHINGTON GAP — The Tina Turner who showed up at the White House on Sunday was subdued in comparison with the performer who has been electrifying concert stages since the 1960s.

Still, she lit up a reception celebrating her and the four other recipients of this year's Kennedy Center honors: Robert Redford, Tony Bennett, Suzanne Farrell and Julie Harris.

"I'm very excited," Turner told reporters.

President Bush drew some laughs when he noted of Turner, "People stand in wonder at the natural skill, the energy and sensuality, and the most famous legs in show business."

The legendary performers joined the president and first lady Laura Bush at the White House on Sunday afternoon.

"Each of these honorees, in a lifetime of achievement, has set a standard of excellence that is admired throughout the world," the president said.

Later Sunday, artists from around the world were gathered at the John F. Kennedy Center for the Performing Arts to pay tribute to the 20th annual class of honorees.

They are:

- Turner, 66, has earned seven Grammy awards for hits such as "Rough Magic," "What's Love Got to Do With It" and "Better Be Good to Me."
- Redford, 68, has starred in dozens of films, including "Butch Cassidy and the Sundance Kid," "The Way We Were," "The Natural" and "Out of Africa." He also created the

The 2005 Kennedy Center honorees, actress Julie Harris, lower left, dancer and teacher Suzanne Farrell, lower right, singer Tony Bennett, right, singer Tina Turner, center, and director and producer Robert Redford, pose for a photo after the State Department dinner hosted by Secretary of State Condoleezza Rice on Saturday in Washington.

Sundance Institute to foster independent filmmaking.

- Bennett, 79, is best known for songs such as "I Left My Heart in San Francisco" and "The Best Is Yet to Come." He has won 11 Grammys and has enjoyed success with a younger audience in recent years.
- Farrell, 60, was the lead dancer in such performances as "Meditation" and "The Nutcracker," both choreographed by George Balanchine at the New York City Ballet. She is now an instructor.
- Harris, 80, has had a long acting career on stage and screen, winning a record six Tony awards. Her films include "The Member of the Wedding," "East of Eden" and "Reflections in a Golden Eye."

The Kennedy Center Honors will be broadcast Dec. 27 on CBS.

OPINION

LETTERS

Legislators are to blame for Idaho's bad air

Facilitating the pollution of our air has long been the theme of the Idaho Legislature. Why do we have bad air quality in Idaho that is getting worse every day? We are adding coal-fired power plants and industrial dairies at an exponential rate. Who is to blame?

Let's see specifically who is to blame. HCR025-2003 was a resolution by the Idaho House to stop a set of scientific air quality rules drafted by the Department of Environmental Quality from even being considered by the Legislature. Only three representatives from the whole state of Idaho voted to consider these air quality regulations. From my District 23, Francis Field and Doug Jones voted against even considering these air quality rules. Reps. Jaquet and Block also voted against considering these air quality rules, and now they are handicapped in stopping coal-fired power plants. As a postscript, the director of the DEQ at the time no longer has that job!

What was the final nail in the air quality coffin? H0230-2005 was a bill passed by the Idaho Legislature to restrict the stringency of air quality standards passed in Idaho to only the minimum federal government clean air standards. The Federal Clean Air Act was deliberately drafted to provide few effective restrictions on air quality but rather to allow the individual states to have responsibility for air quality standards. By passing H0230, Idaho is guaranteed at least the worst air quality standards in the United States. The only legislators from Magic Valley with enough guts to vote against this bill were Rep. Jaquet, Sen. Stennett and Sen. Colner. From my District 23, Sen. Gannon, Rep. Fields and Rep. Jones all voted for this irresponsible legislation just as instructed by the Idaho Association of Commerce and Industry.

Idaho is controlled by the federal government and the interstate interests in the Idaho Association of Commerce and

Industry. If you don't vote based on specific issues, inform yourself about pending legislation and monitor your legislator, the IACI will continue to control your legislators, the legislature and your destiny. Did you know how your legislator voted on these bills? Did you even know these bills existed and what they have done and will do to your air? Did you mistakenly blame the DEQ for coal-fired power instead of yourself?

Pollution comes to Idaho because there are no people and the laws are friendly.

MAX HATFIELD
Dallas, Texas

Floating holiday is a great morale-booster

First off, shame on you, Times-News and Richard Schaller, for your attitude regarding Minidoka County commissioners' decision to keep the floating holiday for employees.

As a retired Minidoka County employee, I can tell you this has been a long-standing tradition that the employees can choose either the day before or after Thanksgiving or Christmas as a floating day off. How nice to have that day before if you are cooking for family and have a little more time to prepare or if you have company, the day after was nice to have a little extra time to visit or to travel if you were going out of town.

I can tell you there was never an office that was understaffed, nor was there ever anyone extra hired to replace employees that were off.

What a morale booster this courtesy is. Kudos to the Minidoka County commissioners for taking a stand on behalf of the employees, and continuing a long-standing tradition. Maybe some of you had better review "Scrooge" this holiday season. I say, if it isn't broke, why fix it?

SYLVIA NEIWERT
Rupert

Editor's note: Sylvia Neiwert was the chief deputy clerk in the Magistrate Court in Minidoka County.

Class helps seniors become 'fallproof.' See page C1



Olson's Ski & Snowboard Tuning

Jim Olson with 40 plus years in the ski business offers his expertise in the finest ski and snowboard tuning, binding adjustments, delaminations and edge repairs plus base welding and hot waxing.

NEW LOCATION NOW LOCATED INSIDE RIVERRAT ADVENTURE & TOYS
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Chris Baldus, a Minnesota native, became the new Times-News business editor on Nov. 22. He's been with Lee Enterprises since December 2001, when he was named assistant local news editor at the La Crosse (Wis.) Tribune. Prior to joining Lee, he was the managing editor of the Stillwater (Minn.) Gazette for five years. He's a graduate of Augsburg College in Minneapolis, Minn., where he met his wife Dawn, a licensed special education teacher. They have four children, three at age 4 and one 2 year old.

CHRISTOPHER D. BALDUS
Times-News business editor
Office: (208) 735-3259 • Fax: (209) 734-5538 • E-mail: chris.baldus@lee.net

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SEBOTEK HEARING SYSTEMS

I can hear people much clearer. Before voices were muffled. Now I can hear individual voices.
-La Joy Gustafson

I like my new hearing aids because I don't know they are in my ears, and everything sounds like it used to. Sometimes I have to get out of bed because I have forgotten to take them out.
-Henry Reihart

I can hear better. That's the important thing. They do much better than the ones I had.
-Ruth Knight

First time I've had hearing aids. After 10 years I can hear and talk to people again. I can hear the birds and the leaves when I walk and see a world I never had before. I can hear my computer and my TV.
-Barbara Dayley

Purchasing a Sebotek hearing aid from Hearing Counselors was one of the best decisions I ever made.
-Harold Morris

First time Hearing Aid user. Works Great. Can turn down TV that I wasn't used to. Can hear my wife in the kitchen.
-Lenn Baker

The hearing aids I received are in the ears of the present. They are sound. More like my own hearing. Not only hearing but also the taste of the food.
-Bryan Shupe

I'm a first time wearer. Changed my world. Hearing Counselors was the best place I ever wanted to be and the best place I've ever been.
-Arden Walker

I never hear them out. I can hear what they're saying. I love them.
-Kathy Poley

I have worn hearing aids for 20 years. After 10 years I can hear and talk to people again. I can hear the birds and the leaves when I walk and see a world I never had before. I can hear my computer and my TV.
-Colleen Allen

First time use of hearing aids. These are the only ones I could wear. Very comfortable. Other hearing aids bothered my ears. Sometimes I forget to take them out to go to bed or take a shower.
-Theaia Robben

First hearing aids we had. I can go to church and sit in the back and hear the sermon. Before I got my hearing aids, I could sit in the front with the hearing system and still not be able to hear with the PA system.
-Wayne Baker

First time hearing aid user. Can hear a lot better with the new hearing aid.
-Malcolm Robbins

First time use of hearing aids. After 10 years I can hear and talk to people again. I can hear the birds and the leaves when I walk and see a world I never had before. I can hear my computer and my TV.
-Harold Decker

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NEW SCIENTIFIC BREAKTHROUGH!

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The unique design does something no other hearing aid can do. Because the speaker is smaller, it fits deeper and more comfortably in the ear than traditional hearing aids, and maximizes the sound quality. This means a much more brilliant, richer sound quality.

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December 6th, 7th, 8th, 9th

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CCC-A
Clinical Audiologist

Richard Hall
B.S., M.T.S.

Steve Larratt
BC-HLS

WORLD

Volunteers help rebuild lives ruined by tsunami

KHLO LAK, Thailand (AP) — Four months after the tsunami struck, Anny Chaggar gave up engineering job in England and returned to Thailand to help rebuild houses near where his girlfriend was swept to her death.

"It seemed irrelevant to go back to my old job and work for a profit-making company," said Chaggar. So now he manages a housing project for some 180

Thais in the village of Thap Tawan, in the Khao Lak resort area 360 miles south of Bangkok.

The killer wave that struck on Dec. 26 killed 5,400 people in Thailand; 2,436 were foreigners. There are 2,800 people still missing, in 11 countries affected by the earthquake and tsunami; more than 176,000 people died. The disaster left 50,000 missing and hundreds of

thousands homeless across the region.

Since the disaster, thousands of people from around the world have used vacation time or interrupted careers to help out. There's Scott Carter of Georgetown, N.C., making fishing boats; and Ioa Keis, from Corvallis, Ore., teaching English. Diving enthusiasts are scouring the seabed for debris.

Others comb the beaches. The visitors make everything from playgrounds with brightly colored swings to furniture for newly rebuilt homes.

The Tsunami Volunteer Center says it has found work for more than 3,500 volunteers aged 19 to 67 from countries as diverse as Canada, Singapore,

Malaysia, South Africa, Saudi Arabia, France, Germany and the United States — 51 countries in all since the center opened in January.

Militants fire rockets at village

JEHUSALIM — Palestinian militants fired two rockets from Gaza into an Israeli village Sunday evening, despite Israeli airstrikes earlier in the day launched in response to previous attacks.

There were no serious injuries, but the exchanges carried the danger of sudden escalation. The rockets hit an Israeli village four miles from the Gaza fence, demonstrating a longer range than usual for the homemade rockets.

The Israeli airstrikes Sunday were the first since Oct. 27, the military said.

After Israel withdrew from Gaza in September, destroying all 21 Jewish settlements there, Israeli leaders pledged to retaliate for any

Palestinian attacks from the territory. The military moved artillery to the Gaza-Israel border and has been pounding areas used by militants to launch rockets.

Early Sunday, Israel stepped up its attacks, sending its air force to blast Gaza targets three times. Palestinians said a bystander was slightly wounded in one of the strikes.

Face transplant recipient doing well, says doctor

PARIS — The recipient of the world's first partial face transplant was thriving medically and psychologically a week after her groundbreaking surgery, one of her doctors said Sunday.

The woman, whose face had been partially disfigured by a dog, appeared relatively normal after the operation and doctors were pleased with her initial state. Dr. Jean-Michel Dubernard said in a telephone interview. Doctors had been worried about the potentially negative psychological effects of receiving part of someone else's face.

"She is perfect," Dubernard said. "Psychologically, she is doing very well."

Dubernard, one of the woman's two lead surgeons, said that the 38-year-old would remain hospitalized in the southern city of Lyon for four to six weeks. She must take drugs to prevent her body from rejecting the donated facial parts, which Dubernard has said carry "a slightly more elevated risk of cancer."

Myanmar will resume drafting constitution

YANGON, Myanmar — Myanmar's military junta is gearing up for a key national constitutional convention Monday, calling on its citizens to support the meeting it considers a step toward democracy in the politically isolated Southeast Asian nation.

But in the tea shops and markets of the rambunctious capital — and in much of the international community — the convention is being largely dismissed. "Most of the delegates are not representative of the people, and most of them are hand-picked," said Khin Maung, an 80-year-old retired government employee.

The junta is portraying the constitution-drafting convention, held intermittently since 1993, as a first step toward democracy and free elections. More than 1,000 delegates — including politicians, leaders of ethnic groups, workers, businessmen and government employees — are expected to meet at a convention center about 25 miles north of the capital to resume work.

However, some see the convention as a ploy by the junta to stay in power by guaranteeing the military a leadership role in any future government. Critics argue it cannot reflect the desires of the people when the main opposition party, Nobel laureate Aung San Suu Kyi's National League for Democracy, and other sectors of society are not participating.

— compiled from wire reports

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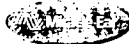
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AROUND THE VALLEY

Highway district meeting changed

JEROME — Due to a scheduling conflict, the Jerome Highway District will hold its December meeting on Wednesday rather than Thursday.

Two flown to Boise after car accident

JEROME — Two people were flown to St. Alphonsus Regional Medical Center in Boise Saturday night following a two-vehicle accident in Jerome, according to a news release from the Idaho State Police.

Just before 8 p.m., Jose Diaz, 30, of Las Vegas, Nev., was driving north on 400 West in a Toyota pickup when he failed to yield to a stop sign at 300 North, the news release said.

Both drivers and their passengers had to be extricated from their vehicles. Olga Garza-Rockstahl, 54, a passenger in the minivan, and Maria Varraquin, 33, a passenger in the pickup, were flown to St. Alphonsus where they remained in critical condition.

Mingle in the Jungle takes place Tuesday

TWIN FALLS — Family Night at the Herrett Center for Arts and Science on Tuesday will include free and low-priced family activity.

"Mingle in the Jungle" starts at 6 p.m. in the rain forest exhibit. The reptile specialist, Nick Peters will feature an inch, the Herrett's largest snake, longer than 13 feet and weighing 75 pounds, the Burmese python, which is not yet full grown.

Concurrent with the reptile shows will be the family activities in the Herrett's Center for Observatory. Beginning at 4 p.m., visitors can come upstairs to the observatory where the 24-inch telescope will seek out various sky targets if it's not cloudy.

For more information, call 732-6555 or visit the Web site at www.csl.edu/herrett.

— compiled from staff reports

Snowpack levels

Table with 3 columns: Watershed, % of Avg., snowpack. Rows include Salmon, Big Wood, Little Wood, Big Lost, Little Lost, Henrys Fork/Titon, Upper Snake Basin, Galley, Salmon Falls.

*A comparison of basin snowpack, on this day, with a 30-year average. **No snow pack at Snake Reservoir.



RESTORING habitat

Students, wildlife benefit from bitterbrush program

By Michelle Dunlop Times-News writer
TWIN FALLS — Holding a small green plant upright, Melissa Jones adds handfuls of rich soil into a gallon-sized black pot while in the confines of the College of Southern Idaho greenhouses Friday morning.

"I like playing with dirt," Jones said. Last week, the CSI freshman joined college and high school students around Magic Valley in potting 8,000 bitterbrush plants for the Idaho Department of Fish and Game.

Fish and Game officials estimate that about half as many mule deer live in the state today as during the 1960s. The species' habitat has been reduced due to a variety of factors including fire, drought, development and grazing.

Mule deer isn't the only species that lives in areas composed of bitterbrush. The same ecosystem supports both sage and Columbian sharp-tailed grouse. Although the U.S. Fish and Wildlife declined listing either grouse under the Endangered Species Act, both are considered sensitive species.

In return for their efforts, students get the opportunity to learn more about bitterbrush and the plant's role in providing habitat for wildlife. For instance, the survival rate for bitterbrush starts has been fairly low, said Dave Kiesig, assistant professor of horticulture at CSI.

"Nobody really knows how to get them to grow well," he said. Therefore, Kiesig and his students will be looking at ways to best equip the plants to adapt to native soils and surroundings.

By enlisting the help of schools



Above, Gene Wright, a reservist with Fish and Game, adds newly potted bitterbrush seedlings to a batch that rests on the floor of a greenhouse at CSI. Left, a newly potted bitterbrush seedling sits among thousands of other seedlings at a CSI greenhouse.



Reservists and volunteers for the Idaho Department of Fish and Game pot bitterbrush seedlings Friday morning at CSI greenhouses in Twin Falls. CSI students will care for the plants until next spring when they will assist Fish and Game with planting seedlings in mule deer migration areas.

around the valley, Fish and Game will save money on bitterbrush plants. Hatch said. For a one-gallon potted bitterbrush plant, the department typically pays \$3 to \$4. The agency will spend only 50 cents for the bare bitterbrush root, soil mix and pot; the students will provide the labor by potting and raising the plants.

Times-News reporter Michelle Dunlop can be reached at 735-3237 or by e-mail at mdunlop@magicvalley.com.

Warm Springs developer to move bridge

Says elk will be relocated in January

By Susan Bailey For The Times-News

KETCHUM — After Warm Springs Ranch received approval in October for two bridges across Warm Springs Creek in Ketchum, they changed their mind on one of them.

"The neighbors were concerned the replacement bridge to the golf course would increase traffic on Bald Mountain Road and we were inclined to agree," said Henry Dean, project manager for Sun Valley Ventures, developer of Warm Springs Ranch.

As a solution, developers recently proposed to Ketchum Planning and Zoning, moving the replacement bridge 415 feet downstream, away from Bald Mountain Road and closer to Warm Springs Restaurant.

Ketchum Planning and Zoning Commission agreed. The new bridge will replace an old railroad car style bridge from Gezeer Alley to the Warm Springs Golf Course with a new arched stone bridge. A similar stone arch bridge will be constructed by developers to access an 18.26-acre parcel currently for sale across the creek from Warm Springs Ranch townsite.

Commissioner Greg Strong said in October he believed both bridges should be wide enough to encompass future needs for Warm Springs Ranch. The replacement bridge, likely to be the only available public access (if public access were allowed), was a particular concern for Strong.

"We don't want them to have to rebuild," Strong said. "I think it would be unwise to ask them to narrow this bridge."

Commissioner Anne Garneck said she was concerned with approving a bridge without knowing plans for the golf course it would access, but in

Please see ELK, Page B4

Moo over Horse trainer favors buffalo over cows

By Jamey Colter For The Times-News

CAREY — Move over cows. Horse trainers are finding it better to work with buffalo.

Leta West, of the James E. West Memorial Ranch (named for her late husband) in Dry Creek, is doing just that.

West has 13 head of buffalo that she keeps on her ranch, using them primarily for working her many horses.

"Buffalo are better than cows to work the horses on, because cows get sour and won't move," West said. "But a buffalo is very smart, they love to run, and really seem to enjoy the exercise."

West attributes their tenacity and intelligence to thousands of years of survival on the frontier. "They are very hardy and have a really good immune system," said West.

Please see TRAINER, Page B4

'Quiet strength' Alfred Sandy was important part of Hagerman

By Jami Whitte Times-News writer

HAGERMAN — Driving into town, Cheryl Sandy saw candy canes decorating the city of Hagerman and the businesses that lined the streets. She was reminded of the movie "It's a Wonderful Life" and how different Hagerman would have been if her father hadn't been born.

William Alfred Sandy died Nov. 29 at his home in Hagerman. He was 90 years old. He grew up in Shoshone and graduated from high school there. After attending Henager Business College in Salt Lake City, Sandy and his brother formed and ran cows north of Shoshone.

There, Sandy served on the Shoshone Highway District, the Lincoln County Extension Agency and the Shoshone Sale Yard, where he got his practice at auctioneering when the regular auctioneer got tired.

In 1941, he enlisted in the U.S. Navy and served as an aviation radioman first class. His experiences there stayed with him his whole life. Once, he was scheduled to be on a plane for a simulated practice for firing at enemy aircraft.

AWAVE, Margaret Smith, asked if she could take his place and she did. The plane crashed, killing the pilot and Smith. The tragedy had a deep effect on Sandy and he often shared the story. His daughter Lora Sandy Silver remembers him getting a tear in his eye every time he thought of Smith.

Obituary for William Alfred Sandy. Includes photo of him and his wife, and text: "a Life remembered", "William Alfred Sandy", "Born: July 6, 1915. Died: Nov. 29, 2005. Survivors: Wife, Florence Mary; sons, John (Robin) and Robert Sandy; daughters, Cheryl Sandy and Lora Sandy Silver; grandchildren, Lee, Chad and Anna Silver; stepgrandchild, Alex McConville; sister, Ellen Slutzman; many nieces and nephews; and his loving caregiver, Lynette Robinson. Memorial: Donations may be made to Hagerman United Methodist Church, the Idaho Youth Ranch and the Hagerman Quick Response Unit."

Please see LIFE, Page B4

MAGIC VALLEY/WEST

Professor loses weight, keeps it off by eating whatever he wants

SALEE LAKE CITY (AP) — When Steven Hawks is tempted by ice cream bars, M&M's and toffee-covered almonds at the grocery store, he doesn't pass them by. He fills up his shopping cart.

It's the no-diet diet, an approach the Brigham Young University health science professor used to lose 50 pounds and to keep it off for more than five years.

Hawks calls his plan "intuitive eating" and thinks the rest of the country would be better off if people stopped counting calories, started paying attention to hunger pangs and ate whatever they wanted.

Instead of intuitive eating, Hawks surrounds himself with unhealthy foods he especially craves. He says having an overabundance of what's taboo helps him lose his desire to gorge.

There is a catch to this no-diet diet, however: Intuitive eaters only eat when they're hungry and stop when they're full.

That means not eating a box of chocolates when you're feeling blue or digging into a big plate of nachos just because everyone else at the table is.

The trade-off is the opportunity to eat whatever your heart desires when you are actually hungry.

"One of the advantages of intuitive eating is you're always

eating things that are most appealing to you, not out of emotional reasons, not because it's there and tastes good," he said. "Whenever you feel the physical urge to eat something, accept it and eat it. The cravings tend to subside. I don't have anywhere near the cravings I would as a 'restrained eater.'"

Hawks should know. In 1989, the Utah native had a job at North Carolina State University in Raleigh and wanted to return to his home state. But at 210 pounds, he didn't think a fat person could get a job teaching students how to be healthy, so his calorie-counting began.

He lost weight and got the job at Utah State University. But the pounds soon came back. For several years his weight fluctuated, until he eventually gave up on being a restrained eater and the weight stayed on. But he resisted biological pressures is ultimately doomed," Hawks said.

Several years later and still overweight at a new job at BYU, Hawks decided it was time for a lifestyle change.

He stopped feeling guilty about eating salt-and-vinegar potato chips. He also stopped eating when he wasn't hungry. Slowly and steadily his weight began to drop. Exercise helped.

His friends and co-workers soon took notice of the slimmer

Hawks. "I astonished me, actually," said his friend, Steven Peck. "We were both very heavy. It was hard not to be struck."

After watching Hawks lose and keep the weight off for a year and a half, Peck tried intuitive eating in January.

"I was pretty skeptical of the idea you could eat anything you wanted until you didn't feel like it. It struck me as odd," said Peck who is an assistant professor at BYU.

But 11 months later, Peck sometimes eats mini chocolate chip ice cream for dinner. He is 35 pounds lighter and a believer in intuitive eating.

"There are times when I overeat. I did at Thanksgiving," Peck said. "That's one thing about Steve's ideas, they're sort of forgiving. On other diets if you slip up, you feel you've blown it and it takes a couple weeks to get back into it. ... This sort of has this built-in forgiveness factor."

The one thing all diets have in common is that they restrict food, says Michael Goran, an obesity expert at the University of Southern California. Ultimately, that's why they usually fail, he said.

"At some point you want what you can't have," Goran said. Still, he said intuitive eating makes sense as a concept "if you know what you're doing."

Life

Continued from B1
County Farm Bureau board of directors, the Hagerman Chamber of Commerce and was in the Wood River Grange for more than 70 years.

Grammar and education, especially for young people, also was important to Sandy. Florence Mary said one young man in particular wouldn't have graduated if Sandy hadn't influenced him to do so.

His uncanny spelling ability amazed his family and they remember trying to stump him on words. "They never could. He raised even the dictionary for relaxation and in later years, it sat beside his Bible and easy chair."

He was an active leader of the Iggly Scouts, served in the American Legion and on the Memorial Day firing squad, was an honorary member of the Hagerman Future Farmers of America and even became an auctioneer for school and community fundraisers.

His children remember him announcing bids when no one else would bid to get them to bid higher. It was going so fast people couldn't tell what was going on and got caught up in the excitement.

Even their mother joined in

trying to get bids higher - unbeknownst to the crowd.

Sometimes Sandy had to give her a signal to stop because once in a while she would bounce with the bid. But, sometimes she actually wanted to buy the item and wouldn't stop, so Sandy would ignore her until she waved her arms. Lora remembered.

Through it all, Sandy put his heart and soul into helping the Hagerman community he loved so much.

People loved to hear the funny stories and clean jokes he could tell about each senior as emcee of the high school senior banquet.

With his quiet, positive nature and ability to get people's attention with "humble authority," he was able to accomplish a lot in his service.

"He had a quiet strength," Lora said. "His family said that community member and real estate agent Connie Herbert told them, 'He seemed so quiet and steady. He didn't seek to bring attention to himself. However, he still got the job done and accomplished so much in the Hagerman Valley.'"

Perhaps most notable was his involvement with the popular

Hagerman Fossil Days Parade. While serving on the chamber of commerce, he was instrumental in helping start the annual event and his children said that for 11 years he worked as chairman and chief organizer around the clock for two months every year to organize it and get people involved.

Even though much of his spare time was spent working for the community, he always made time for his family.

Christmas Eve was faithfully spent at his mother's house in Shoshone and all extended relatives would join in to exchange gifts and eat a goose dinner, homemade rolls and fresh pie in her small home.

His undying love and support for his friends, family and community was something he took to heart, and it showed.

One time, when his father was under a lot of stress during the parade, Robert asked why he put so much into it.

"He said that every town needed a celebration," Robert said. "That's what helps give a town life."

Times-News writer Jami Whited can be reached at 735-3278, or write to her at jwhited@magicvalley.com

Elk

Continued from B1

darstod developers wouldn't want to build a narrow bridge and end up rebuilding.

The replacement bridge will be 30 feet wide, an adequate width for a subdivision access road with sidewalks, if needed. Ketchum fire code seeks street widths of 26 feet for fire equipment. As far as the use of the bridge, it remains unclear as to the use of the Warm Springs Ranch parcel.

Developers go before Planning and Zoning Dec. 12 with plans to subdivide land in the Tourist Zone around the existing restaurant into 10 townhouse lots. Dean said the bridge replacement is needed immediately because the railroad car bridge has collapsed on one end.

Elk habituated to the golf course will be trapped and hauled out of Warm Springs Canyon by truck this winter, making the bridge necessary in the near future for truck travel. Beyond that, developers don't have plans.

Trainer

Continued from B1

Traditionally, a horse trainer will use cows for this practice, West said. "There are a lot of people moving to buffalo for training working cow horses."

West has mostly bulls, some of which will wag their head and snort at her when she approaches them. This can be a bit unnerving because a buffalo could easily charge a horse and take it down if the horse isn't agile. So West has decided to sell some of her buffalo for their

meat. "They are a great source of protein, they are fed exactly the same stuff a cow would be fed. Only the buffalo are totally organic," West said. "We can't run them in a chute, or rope them to doctor them, so they pretty much have to be self-sustaining."

They sell for about the same prices as cows do.

"I sell them on the hoof, and then I haul them down to the butcher, and the buyer and the butcher get together to

figure out cuts and wraps," said West.

Between helping to train horses and showing up on the dinner table, buffalo are helping West make ends meet.

"It's getting harder and harder to stay on top of the small, family-style ranch. A person has to be lucky and patient in order to be able to make a living at this," West said. "But I want to try and leave this legacy as I found it. The rural lifestyle means a great deal to me."

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What's your eating style?

Taylor Youngstrom, a student at the College of Southern Idaho, lost 100 pounds in a year's time — without ever going on a diet.

Taking a dare for a week initiated a major change in eating style that stuck. When his friends challenged the chunky 265-pound teenager to give up soda and his fast food regimen for one week, he complied. Instead of his usual daily doses of liquid candy, he drank water. He ignored his comfort with fast food and loaded his plate with grains, fruits and vegetables exclusively.

Not only did he win the week-long bet, but his effort became the catalyst that changed his life. Before, Taylor sat on the sidelines because it was simply too much effort to lug around that extra weight. But no longer.



ALIVE AND WELL
Jan Mittelder

Taylor's change in eating patterns may be just as important as the number of calories he consumed, according to Dr. Larry Scherwitz and Deborah Keeton, author of "The Healing Secrets of Food." The researchers launched what some call a pioneering study that isolated common eating styles which contribute to over-consumption and obesity.

The results were recently published in the peer-reviewed medical journal *Explore*. Dr. David Riley, editor in chief, claims that these eating styles and their link to obesity could provide a fresh perspective that could signal a paradigm shift in the field of nutrition. A brief review:

1. **Food fretting.** If you fret over food, your eating style — good food, bad food, legal food, illegal food — becomes an obsession. Too often your projected moral judgments about food consumption spill over and taint your self-worth, as well. You shortchange any compassion you might hold for yourself and the pleasure of not being perfect.

2. **Task snacking.** The French call it *vagabond eating*, while others refer to it as multitasking. You are a "snacker on task" if you eat meals or snacks while working, driving or watching television. Too little attention to each bite can lead to indiscriminate and automatic eating attached to the task at hand.

3. **Emotional eating.** If this style fits, you use comfort foods to soothe feelings such as sadness, anxiety, depression or frustration. This complicated response may be more about what's eating you rather than what you are eating.

4. **Lack of sensory or spiritual nourishment.** Grabbing food on the run without savoring aroma, color, taste and texture can be a contributing factor to overeating. Lack of awareness for the moment and fast eating characterize this style.

5. **Negative eating atmosphere.** Eating in a tense or hectic atmosphere — rather than a pleasing place or, at least, a neutral surrounding — is a trigger for over-consumption.

"I'm our poster boy for successful weight loss without dieting, offers some food for thought for those of us who would love to shed a few pounds:

- Make food your friend and not your enemy. Enjoy all foods but in moderate portions.
- Learn to listen to your body's signals to let you know when you're hungry and when you are full, rather than reacting to emotional pitfalls. Don't go hungry or eat so much you feel stuffed.
- Reach for fresh foods over highly processed foods and fast food.

- Eat in a relaxing atmosphere, not while doing something else.
- Take time to enjoy your food with family and friends.

Or, adopt the French attitude which views food as a pleasurable experience to be savored rather than a guilt-inducing encounter — everything in moderation.

Jan Mittelder is a health educator and coordinator of the award-winning *Over 60 and Getting Fit Program* at the College of Southern Idaho.

FALL PROOF



Norene Phillips does an exercise to improve movement in the elbows and shoulders while walking in a circle with the class.



Janet Coons, a certified instructor with the Idaho Department of Health and Welfare, leads a class on avoiding falls Wednesday at the Kimberly senior center.

Classes help seniors stay upright

By Joan Bean
Times-News correspondent

TWIN FALLS — Falls are a risky matter, especially among people 65 years and older. But certain exercises can boost seniors' chances of staying upright.

South Central District Health obtained a federal grant last year to start "Fit and Fallproof" classes around Magic Valley.

The free classes are in progress in Kimberly, Wendell and Hagerman, but new participants can still join. And a new round of classes will start in Eden and perhaps in Twin Falls in January. For details, call 737-5988.

Elvia Caldera, health education specialist with the health department, said the program promotes exercises to improve strength, balance and flexibility. Trained volunteers lead the classes with low-impact exercises.

Caldera gets the classes started, then makes site visits to make sure everything is going well. She said she has noticed a difference in some participants' posture, and in how they walk.

She does a six-week evaluation called a "get up and go" test. At the first class, participants are asked to sit on chairs, then they get up and walk three meters, and their time is recorded.

At the end of six weeks, the test is repeated and the results compared.

"Most of the time all the people that have attended these classes have decreased their time," Caldera said. "So that shows it has helped them some way to walk better, have better balance and feel better about themselves."

Leroy Olsen, 58, of Kimberly said he was still better off he's been attending the classes almost a year ago.

"I think it's doing me good," he said. "Instead of sitting around, you've got to get up and move and do something." The classes are also occasions for socializing. Friends and couples attend together, while others go alone, meet people and develop friendships.



Mary Anna Ball, 85, left, uses a resistance band to stretch ligaments and tendons while strengthening muscles. During the workout Ball says jokingly, 'Everything is creaking. Is it supposed to?'

"I made a lot of new friends," she said. "I think it's a big part of it for me."

Jim Fields, director of the College of Southern Idaho's Office on Aging, said falls in the elderly are enough of a recognized problem that his office wanted to help promote the program.

"We said, 'We'd love to be involved in the Office on Aging, and to encourage the senior centers as they could to get involved with it,'" he said.

Judy Gerard, manager of home- and community-based services for the Office on Aging, said older people's falls at home are the cause of some hospitalizations and some stays in institutions for recovery.

"Often things that precipitate falls in the homes are people stringing extension cords across a walk path, and things like throw rugs and footstools," she said. "Often as we age we don't necessarily pick our feet up as well as we did at one time, due to arthritis and things of that sort."



A class participant completes a dance called the grapevine, which helps with fall-proofing skills by better coordinating the body and mind.

and risk falls. But much of the cause falls is due to poor or decreasing balance that can come with age.

Gerard said she thinks older people tend to conduct themselves as they did when they were young, without recognizing that their balance is compromised.

"We tend to jump up like we always did," she said. "Or like when we were more mobile and were able to get around items we left on the floor, and

Upcoming 'Fit and Fallproof' classes

EDEN

- **When:** Classes will begin at 11 a.m. Jan. 10 and will continue on Tuesdays and Thursdays.

- **Where:** The old fire department building.

- **For information:** Call Elvia Caldera at 737-5988.

TWIN FALLS

- **When:** Classes will begin in January.

- **For information:** For date, time and location, call Caldera at 737-5988.

The classes are free.

we still continue to think of ourselves like we always were."

Some 80- or 90-year-olds say they feel inside like 40. But as they age, people need to take more time, and they need to put things away so they don't trip over them in the dark, Gerard said. And they shouldn't continue to climb up on chairs when the fall and/or decreases.

Waldia Fischer, 77, of Kimberly said that last July she caught her foot, lost her balance and fell. The incident left her with a bruised hip and sore arm.

But the "Fit and Fallproof" class has helped her balance. And Fischer said the muscles in her legs are stronger now.

Until recently, she used to climb the steps into her house by leading with one foot on each step, then bringing the other up. Then one day she moved a dresser.

"Unconsciously I went up three steps like a normal person does, and I was so surprised at myself," Fischer said. "And so then I tried it a couple of times after that and went up one by one. Then I made a conscious effort, and I go up like a normal person now."

Times-News correspondent Joan Bean can be reached at 733-0831.

IMAGE



Clockwise from top left, Jucy Couture tea-dye cashmere wrap with gold lurex (\$220) and ballet-neck shirt with lace and chiffon sleeves (\$92) at Helman Marcus; Charlotte Tarantola 'Preebird' cardigan (about \$108) and camisole (about \$80); two-pocket cardigan (\$19.50) at Old Navy; Wellesley cropped cable-knit cardigan (\$78) at J. Crew. Camisoles with bottom cardigans (about \$62 each) by Charlotte Tarantola.

The cardigan sheds its button-down look

The Washington Post
 Mister Rogers did not take exclusive rights to the cardigan with him.
 Now the venerable sweater is less fuzzy-wuzzy and more attractive-cozy.
 "The cardigan is definitely a new style staple in that it's se-

quined, it's striped, it's belted," says Jorge Ramon, Teen People's fashion director. "It's not your granny's sweater.
 Totally the opposite of that. But you've gotta follow the Cardigan Rules.
 First, says Ramon, it's got to be a little oversized. "And you can't be too precious about it." It's not a

letterman sweater or a '50s sweater set. "It's the next step up from the boyfriend sweater. It's feminine. It's fitted. It's romantic, and it's neat things up for fall."
 Also, the cardigan works well with others. Try pairing it with a brightly patterned fall dress—to help break up design overkill. Or wear it with a voluminous skirt

to give yourself some shape. It's also a great way to update an old tee. Ramon says. "And wear knee boots. It's a totally rad outfit."
 Remember, warns Ramon, if you're wearing a coat over your cardigan and tee, make sure there is plenty of room for each item. You don't want to be a "little stuffed sausage," he says.

Sweaters take their turn in the limelight

By Kathryn Wöslar Knight Ridder News Service

Sweaters have long occupied a lovely step on the sartorial ladder, a poor stepsteeper to the almighty jacket.
 Carelessly tossed over shoulders, they were an afterthought—good for comfort and not much more.
 If sweaters were the equivalent of a meek shrug, jackets were a self-righteous stomp.
 Suit jackets got credit for adding polish to the office. Suede jackets gave coffee shops their funkiness. And evening silk jackets brought elegance to soirees.

But pay the sweater no more. A new era has dawned for those pliable body huggers. Designers have created fabulous fall/winter sweaters for all looks, be it work play or even glam.
 Sweaters are the new jackets. Here's how to do justice to their suddenly lofty status.
 For the office:
 • If you choose the most nondescript sweater you can find, you will look like you forgot your

- Some tips.**
- If the sweater is a solid, bright color, choose an outfit with an undertone of the same or similar color. Pick up the sweater color in a pinstripe, for instance.
 - Do not try to match the sweater with a large swath of color in your outfit. It's bound to look mismatched.
 - Pair a busy, multicolored sweater with an outfit that ties on solids and neutrals, like ivory, beige or brown.
 - A long neckline is a nice echo to a long sweater.

jacket and got cold.
 • Make your sweater the centerpiece of your outfit. Get one with conservative pizzazz.
 There are sweaters out there with collars lined with fur, faux or real. Others have toggle clasps or gold buttons. Some are ruffled with ruffles.
 • Next consider the structure. You might look for a sweater that's tapered at the waist or closes with a tie or belt. Some


have sharply defined shoulders that give them a formal edge.
 • Go for a handbag with a rigid frame, rather than a mushy one. And add strong jewelry, like big pearls or a long necklace.
 • Putting on the ritz:
 • Put down the wrap. Pick up the sweater.
 Yes, the sweater. No, that was not a misprint.
 You can be an absolute fashion standout in a haute gown swaddled in a sweater—provided it's the right gown and the right sweater.
 You'll need a dress whose bottom half is so striking, it makes a statement all its own. Then you'll need a sweater endowed with something glitzy, such as beads, spangles or crystals on the tie or collar, or metallic threads woven through the body.
 • Don't be afraid to mix fabrics. We paired an angora sweater with an organza dress.
 "If you want to Vogue it, don't put a black sweater over a black dress," advises stylist Lisa Cera, with Agency Gerard. "Choose another color, like a neutral."

Coming next week ...
Festive fashion
 Why wear the reindeer earrings, the Santa vest?
 Image in The Times-News

Randal Wraalstad, DPM
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HEEL PAIN

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Answer: The most common cause of heel pain in adults is planter fasciitis, which is a fancy way of saying inflammation of a ligament on the bottom of the foot. It's often confused with heel spurs. This condition can be mildly painful or it can ruin your whole day. Treatments range from stretching, arch supports, medication, physical therapy, steroid injections, or rarely surgery. Contact your foot specialist if you have additional questions or need help.



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9 8 4 7
5 1 2
6 7 2 8 4
4 1 6 3 9
3 5 9 7 6
1 2 7 8 6
2 2 7 5 9 3 8 7

V. EASY # 23
Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. Find the answers for today's puzzle on page C-9.

104 Personals

REWARD!!!
\$1,000 for the return of my ruby ring taken from residence in the Glens Ferry area. Mail responses to: Box 97498, c/o The Times-News, P.O. Box 52, Twin Falls, ID 83303.

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Monday, Dec. 5, 2005

THE ACES ON BRIDGE® Bobby Wolff

"We'll jump off that bridge when we come to it."
— Lester B. Pearson

Fred Gitelman is one of the few bridge players who excel in two different areas of the game. He is widely considered to be the guru of organizing bridge on the Internet, and a decade after winning a silver medal for Canada he has just represented the United States in the world championships this fall. Moreover, he has only just turned 40.

Fred (South) played the normal contract of four spades here, and with a club trick to lose, the play was all about negotiating the trump suit. On the initial diamond lead, he had little option but to play to ruff a diamond in dummy. After ruffing, he led the spade four from dummy, and when East played low, he went up with the queen, felling the jack and bringing home his contract.

Why did he do that? Fred appreciated that with no trumps left in the North hand, this would be his last chance to lead the suit from dummy. If spades were 2-4, his play would be immaterial, and if East had a singleton, his fate would already be sealed. But what if West had the singleton? If so, the only singleton he could pick up would be the jack. If West had a singleton ace or king, Fred could play low from hand and force the honor, but he would still have three trump losers whatever he did after that.

Since most of the distributions did not allow any wiggle room, he had to take advantage of the ones that did.

NORTH 12-5-A
♠ Q
♥ K J 8 4
♦ 3
♣ K 10 8 6 5

WEST
♠ J
♥ S 3 2
♦ K 8 7 5 4
♣ A 7 3 2

EAST
♠ A K R
♥ Q 10 6
♦ Q 10 9 6 2
♣ J 9

SOUTH
♠ Q 10 9 7 6 5 2
♥ A 7
♦ A J
♣ Q 4

Vulnerable: Both
Dealer: South

The bidding:

South	West	North	East
1 ♠	Pass	1 NT	Pass
3 ♠	Pass	4 ♠	All pass

Opening lead: Diamond five

LEAD WITH THE ACES

South holds:
♠ 7 3 2
♥ 10 4 2
♦ A 10 8 7
♣ A 3 2

South	West	North	East
1 ♥	Pass	1 ♠	Pass
2 ♥	Pass	2 ♠	Pass
4 ♠	All pass		

ANSWER: Lead the diamond ace to have a look at dummy. It sounds as if you may have to cash out quickly. After holding the lead, you can decide whether to continue diamonds, underlead the club ace, or start clubs from the top.

If you would like to contact Bobby Wolff, e-mail him at bobbyw@earthlink.net
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AFC Standings table with columns for team, W, L, T, Pct, PF, PA, Home, Away, AFC, MFC, Div.

NFC Standings table with columns for team, W, L, T, Pct, PF, PA, Home, Away, AFC, MFC, Div.

Week 13 Results table with columns for game, score, location, and date.

Panthers 24, Falcons 6 Standings table with columns for team, W, L, T, Pct, PF, PA.

Week 13 Standings table with columns for team, W, L, T, Pct, PF, PA.

Week 13 Standings table with columns for team, W, L, T, Pct, PF, PA.

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Week 13 Standings table with columns for team, W, L, T, Pct, PF, PA.

Dolphins 24, Bills 23 Standings table with columns for team, W, L, T, Pct, PF, PA.

Week 13 Standings table with columns for team, W, L, T, Pct, PF, PA.

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Houston 16, Texans 15 Standings table with columns for team, W, L, T, Pct, PF, PA.

Week 13 Standings table with columns for team, W, L, T, Pct, PF, PA.

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Week 13 Standings table with columns for team, W, L, T, Pct, PF, PA.



Kansas City Chiefs wide receiver Edle Kennion (87) catches a pass ahead of Denver Broncos cornerback...

Chiefs edge Broncos, 31-27

KANSAS CITY, Mo. (AP) — With a little help from instant replay, the AFC West race suddenly got a lot tighter.

The Kansas City Chiefs received a favorable ruling when they challenged the spot on a run that appeared to give Denver a first down near midfield on a fourth-and-one play with 2:01 left.

Then the Chiefs (8-3) ran the clock down to a couple minutes left on the 31-27 victory that put them in tie within one game of the Broncos (9-3), who had won four in a row.

Green threw two touchdown passes and Larry Johnson rushed for 140 yards and two more scores, but one of the biggest plays was Mike Anderson's 100-yard run on the right side of the line on fourth down.

Officials on the field gave the first down a couple minutes left on the 50. But coach Dick Vermeil threw the challenge flag and the officials overruled the spot.

Denver got the ball back with 3 seconds left, Jake Plummer — who threw two costly interceptions — had time for nine passes without an interception until the Dallas Cowboys got one last week.

Plummer, who went 229 passes without an interception until the Dallas Cowboys got one last week, was held off by Kawika Mitchell on his first throw of the second half.

He also threw an interception to Patrick Surtain in the first half on fourth-and-goal from the 1. Following Mitchell's interception, Lawrence Lynch kicked a 34-yard field goal to put Kansas City up 24-21, but Jason Hunt led the game with a 22-yard field goal a few minutes later.

After Barrett Williams intercepted a pass from the Chiefs' next possession, Edle Kennion (87) catches a pass ahead of Denver Broncos cornerback...

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SCORES AND STATS

SPORTS IN BRIEF

Area ski report

Big Lost Lake - Set 8:45 a.m. to 4:30 p.m. ... Snow Falls - Set 8:00 a.m. to 4:00 p.m. ... Sun Valley - Set 8:00 a.m. to 4:00 p.m. ...

THUNDERBOLT ... Thunderbolt ... Thunderbolt ... Thunderbolt ... Thunderbolt ...

Champion ... Champion ... Champion ... Champion ... Champion ...

Challenge in a four-year play ... Furlyk, who earned \$1.2 million ... Myazato earns PGA Tour Q-School card ...

WHAT'S ON T.V.

- Football
Seahawks at Eagles, ABC, 7 p.m.
Hockey
WJD at Rangers, OLN, 5 p.m.
Rodeo
PRCA National Finals, fourth round, at Las Vegas (some pay)
Basketball
Jimmy V Classic, North Carolina at Connecticut women, ESPN2, 3:30 p.m.

Good ... Good ... Good ... Good ... Good ...

Champion ... Champion ... Champion ... Champion ... Champion ...

Bonnie Fields of Oklahoma City won the steer wrestling ...

BASKETBALL

NATIONAL BASKETBALL ASSOCIATION ... Table with columns for team, P, W, L, and other stats.

WESTERN CONFERENCE ... Table with columns for team, P, W, L, and other stats.

USA Today Top 25 ... Table with columns for player, Pts, Reb, Ast, and other stats.

Challenge in a four-year play ... Furlyk, who earned \$1.2 million ... Myazato earns PGA Tour Q-School card ...

SUNDAY'S COLLEGE BASKETBALL

Table with columns for team, P, W, L, and other stats.

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Challenge in a four-year play ... Furlyk, who earned \$1.2 million ... Myazato earns PGA Tour Q-School card ...

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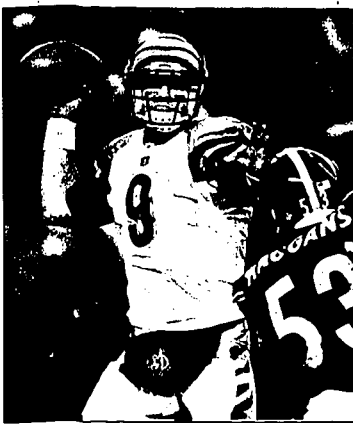
SPORTS

Bengals claw past Steelers

PITTSBURGH (AP) — Cincinnati went into Pittsburgh in December, stood up to the team in muddy beats and all but secured their first division championship in 15 years, riding Carson Palmer's three touchdown passes and a defense that forced four turnovers.

Huddi Johnson ran for Cincinnati's final two scores as the Bengals (9-3) seized a two-game lead in the AFC North. The Steelers (7-5) got a gutsy effort from Ben Roethlisberger (23-of-41, 380 yards, three touchdowns, three interceptions) despite a right thumb injury, but dropped their third in a row.

Palmer threw scoring passes of 43 and 16 yards to T.J. Heston and Mautz and 1 yard to Reggie Kelly. The 6-yarder to Houstimautzadeh put the Bengals up 21-14 midway through the second quarter and followed with linebacker Brian Simmons' interception of a wobbly Roethlisberger pass.



Cincinnati Bengals quarterback Carson Palmer gets off a pass under pressure from Pittsburgh Steelers linebacker Clark Hagglans in the fourth quarter of the Bengals' 38-31 win in Pittsburgh on Sunday.

Giants 17, Cowboys 10

EAST RUTHERFORD, N.J. — A week after blowing three potential game-winning kicks against Seattle, Jay Feely changed a 33-yard attempt off the crossbar with 5:18 left. But New York's defense held on, and the Giants beat the Cowboys to take sole possession of first place in the NFC East.

The Giants (8-4) had four sacks, forced two fumbles — including one returned for a touchdown by linebacker Antonio Pierce — and intercepted three Cowboys passes. The Giants gained 115 yards on 30 carries for the Giants.

Dolphins 24, Bills 23

MIAMI — Chris Chambers outjumped cornerback Jabari Greer for his 15th reception of the game, a 4-yard score on fourth down with 6 seconds left to help the Dolphins rally for the victory.

Chambers set Miami records for catches and yards receiving with 28. Miami (7-5) beat a division rival for the first time in four tries to remain in playoff contention in the woeful AFC East. The stunned Bills (4-8) were all but eliminated from the postseason race.

Panthers 24, Falcons 6

CHARLOTTE, N.C. — DeShaun Foster scored two touchdowns and became the first Carolina back to go over 100 yards this season while helping the Panthers (9-3) snap a six-game losing streak against Atlanta (7-5).

Michael Vick finished 17-of-35 for 171 yards in the air. He was sacked five times, and intercepted twice. Foster finished with 131 yards on 24 carries, and another 49 yards on three catches.

Bears 19, Packers 7

CHICAGO — Charles Tillman returned one interception of Brett Favre 95 yards to set up a field goal, and Nathan Vasher carried a fourth-quarter pick 45 yards for a clinching touchdown as the Bears ended Green Bay's domination at Soldier Field.

On a day when their offense relied on four field goals by Robbie Gould, Chicago prevented Favre from throwing a TD pass against him — he'd done so in an NFL-record 26 straight games.

Redskins 20, Browns 14

CLEVELAND — David Garrard threw two touchdown passes in the second half and made a crucial scramble for a first down in the final minutes as the Jaguars (9-3) have put their playoff hopes in the hands of Garrard, a four-year veteran with no big-game experience in the pros. But he came through in the clutch against the Browns (4-8), tossing two TDs as Jacksonville overcame a 14-3 halftime deficit. He finished 11-of-20 for 116 yards and one interception.

Browns' rookie quarterback Charlie Frye, making his first career start in place of injured Trent Dilfer, threw two touchdown passes in the first half to Braylon Edwards.

Wildings 21, Lions 16

DETROIT — Brad Johnson threw two touchdowns passes, Michael Bennett scored twice, and the Vikings (7-5) won their fifth straight.

Detri (4-8) has lost five of six and didn't seem to be sparked by Dick Jauron in his debut as interim coach.

Buccaners 10, Saints 3

BATON ROUGE, La. — Honda Barber intercepted Aaron Brooks three times and Chris Simms hit Joey Galloway for the only touchdown Tampa Bay (6-4) needed.

On New Orleans' final drive, Brooks threw for the end zone on what could have been a tying score when Barber picked off the pass.

Ravens 16, Texans 15

BALTIMORE — Matt Stover kicked a 38-yard field goal with 6 seconds left.

Kris Brown's fifth field goal with 1:08 to go put Houston in position for its second win of the season. But for the second straight week, the Texans (1-11) led a seemingly certain victory get away.

BCS

Continued from D1

Ohio State (9-2) out of the Big Ten was assured of an at-large bid by finishing fourth in the final standings released Sunday.

That led to room for Oregon, which had a better record than both the Buckeyes and Irish and lost only to USC.

Last season, California was 10-1 but got bumped out of the Rose Bowl by Texas, a slight that caused an outcry from the Pac-10 and elsewhere.

The Ducks won't get as much sympathy this season.

And for once the BCS gets to play.

SPORTS LETTER

Thanks to CSI volleyball

As a long-time, although not long-suffering, supporter and fan of the College of Southern Idaho women's volleyball program, I sincerely thank all of those who attended the matches, supported and cheered for this year's volleyball team.

One person in particular I extend a sincere thank you to is Dr. Jerry Beck.

Your recognized attendance at regular season matches and the fact that you chose to attend the national tournament in West Plains, Mo., during a very

busy first year as president at CSI clearly demonstrates an administrative endorsement and support of this fine athletic program.

The coaching staff, past and present team members and a core of volleyball program "behind the scenes" supporters have worked very hard together to develop a program which will, and has brought recognition, honor and success to the College of Southern Idaho. Eight national championships are certainly a validation of that

ANDY BOPP
Twin Falls

Dietrich downs Raft River Saturday in OT

The Times-News

DIETRICH — Anthony Pitman finished with a game-high 19 points, while teammate Tyrel Porter added 10 points and nine rebounds. Doug Hurst led the Trojans with a 17-point, 11-rebound double-double, while Paden Baker added 16. The Blue Devils head to Richfield Wednesday.

"The kids scrapped really hard," Dietrich head coach Wayne Dill said. "It was our first game and we looked like a first-game team. They handled us pretty well and we didn't respond well, but we kept pecking away at it. It was a

Late local sports and we

Dietrich 54, Raft River 49, OT
12:28:55 — 41
12:31:27 — 41
Full News
SNT NEWS (98)
Foster Bates 71-18, Gary Powers 55-68, Steve Durso 55-68, Greg Huff 41-17, Jacob Wash 1-31, Todd Zanger 1-6,27 Team 21-42-49
Astoria Vikings 21-8, Duane Hurst 22-28, Kyle Hurst 10-8
21-5, Anthony Porter 21-13, Nate 23-24-34
Salem Hawks 21-20, Brent Carter 3-19
21-10, Nate — Sam 1-11 Donny 17-18 out — Full News, Kase Scholz News — News

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New York Dolls 11:30, 12:00
Detailed 1:00, 1:30
The Museum 1:00, 1:30
Jerome 4 (PG) 10
Walk The Line 11:30, 12:00
Harry Potter Goblet of Fire 4:30
Yoey, Mima & Ours 9:30, 10:00
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Zathura 9:30, 10:00
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