

### GOOD MORNING

### WEATHER

Today: Morning fog, then clear. High 36, low 18.  
Page A2



### MOTOWN SHOWDOWN

The Seattle Seahawks and Pittsburgh Steelers advance to the Super Bowl.  
Page B1



### STRETCHING LIVES

Check in on our fitness followers' progress.  
Page A7

### CLOSE TO HOME

To curb property tax increases be vigilant with local government, today's guest editorial says.  
Page A10

### COMING UP



Old Bibles  
There are some surprisingly venerable family Bibles in Idaho.  
Saturday in  
The Times-News

### INDEX

Businesses/Services	.....B11
Classified	.....B6-12
Comics	.....B4-5
Crossword	.....B10
Dear Abby	.....B5
Horoscope	.....B4
Image	.....A7
Jumble	.....B10
Magic Valley	.....A4
Movies	.....A9
Nation	.....A3,B8
Obituaries	.....A5
Opinion	.....A10
Random facts	.....B5
School Days	.....A11
Sudoku	.....B8
Sports	.....B1
Weather	.....A2
World	.....A5,B7
West	.....A3,B6



## Local Marine takes turn for worse

### Greene develops acute respiratory distress syndrome

By Sandy Miller  
Times-News writer

**TWIN FALLS** — The Marine seemed to be doing so well Friday night.

Then on Saturday morning, Marine Cpl. Travis Greene took a turn for the worse.

His parents, Terry and Sue Greene, were in their motel room near the National Naval Medical Center in Bethesda, Md., Saturday when their cell phone rang a little after 7.

"He had a real turn for the worse," Terry Greene said Sunday in a phone interview from Bethesda. "He's got acute respiratory distress syndrome and he's back on the ventilator."

He said everything seemed to

be looking up when they left their son's bedside Friday night.

"On Friday night, we chatted about him coming home and what his plans for the future were. On Saturday morning, it just fell apart," Terry Greene said.

Greene, 24, a 1999 Twin Falls High School graduate and a star on the Bruin track and field team, lost both of his legs in an explosion Dec. 7 in Al Rumadi, Iraq, just west of Baghdad. One Marine was killed and three other Marines and one Navy corpsman were badly injured and are recovering at the same hospital as Greene.

According to the American Lung Association, acute respiratory distress syndrome is the

rapid onset of respiratory failure due to an inability to oxygenate the blood. Several things can trigger acute respiratory distress syndrome, including extensive lung inflammation and infections. It can also be associated with multiple blood transfusions. Greene has been fighting infections and he's required well over 100 blood transfusions since he was injured.

"He's had bad reactions to the antibiotics and they suspect the respiratory distress syndrome is a result of the antibiotics," Terry Greene said.

Greene said they took his son off the antibiotics Friday morning and all the infection seemed to be gone.

"On Saturday morning they

### To learn more about Greene's condition



As Marine Cpl. Travis Greene recovers at the National Naval Medical Center in Bethesda, Md., friends and strangers alike have written teaching messages of support in his guestbook on the family's CaringBridge Web site. Greene's parents also provide daily updates on their son's condition. To read more, or to leave a message yourself, go to the Web site at www.caringbridge.org and click on "visit." In the first box type in "travisgreene" and click again on "visit."

rested and the preliminary results showed all kinds of stuff going on," Terry Greene said. "He said his son had at least two bacterial infections and is

now back on the antibiotics. "However, these really aren't strong enough to get this bug that he's got," he said. "The

Please see GREENE, Page A2

## Battle over books



Jodi Croder peruses a stack of books Saturday at the Twin Falls Library in search of a topic for a speech class assignment. Voters will decide Feb. 7 whether or not to support a \$5.2 million bond referendum to expand the library.

### Voters to decide fate of library expansion

By Bob Kirkpatrick  
Times-News writer

**TWIN FALLS** — Residents of Twin Falls will go to the polls Feb. 7 to cast their vote on a proposed expansion of the Twin Falls Public Library.

If approved, the \$5.2 million bond referendum will add 20,000 square feet to the existing library structure. Library Director Susan Ash said the remodel and renovation is needed to serve the city's growing population over the next 20 years. Increased property taxes will fund the general bond obligation. According to Ash, the estimated cost on a \$100,000 home would be \$18.70 a year, with the term of the bond obligation set at 15 years.

**Voting requirements:**  
Must be a registered voter.  
Must live within the city limits.

"We need more space to expand our book collection," Ash said. "We also need to keep up with new technology."

Ash said the expansion would allow the library to add more computers and install a wireless network. Space is also needed to separate the young adult and children sections, and to move the Idaho and Pacific Northwest History Room out of the basement.

"We'd like to expand the program room, too, from a 40- to 100 person capacity," Ash said. "That would allow a larger meeting area and for the library to hold some cultural

events. There are also plans for a coffee bar and a common area for family and friends to mingle."

She said the mission of the library is to purchase 13 to 14 percent of published books in the U.S. each year, which would expand the library's current collection from 170,000 to 241,000 items.

According to Ash, the Twin Falls Public Library is the largest library between Boise and Pocatello and possibly the sixth or seventh largest library in Idaho. But she said the current facility is outdated and will not adequately serve the residents of Twin Falls over the next two decades. More than 600 people currently visit the library on a daily basis.

"There are a lot of things happening in the city," Ash said. "It's exciting to see the growth. It'd like to see the library as a part of it."

Ash said a super majority requiring two-thirds voter approval is needed to pass the referendum. The last expansion in 1990 passed by a 72 percent margin. Ash said she "hopes for strong support this time, too."

## U.S. Navy seizes suspected pirate ship

### The Associated Press

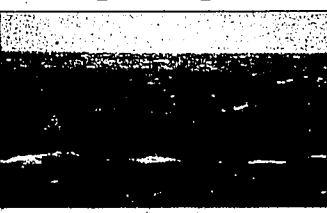
**DUBAI, United Arab Emirates** — U.S. sailors boarded a suspected pirate ship in the Indian Ocean and detained 26 men for questioning, the Navy said Sunday.

The 16 Indians and 10 Somali men were aboard a traditional dhow that was chased and seized Saturday by the U.S. guided missile destroyer USS Winston S. Churchill, said Lt. Leslie Hull-Ryde of U.S. Naval Central Command in Bahrain.

The dhow stopped 54 miles off the coast of Somalia after the Churchill fired warning shots, the Navy said. U.S. sailors boarded the ship and seized a cache of small arms.

Sailors aboard the dhow told Navy investigators that pirates hijacked their vessel six days ago near Mogadishu and used it to stage attacks on merchant ships.

The crew and passengers were being questioned aboard the Churchill Sunday to determine which were pirates and which were legitimate crew



In this photo released by the U.S. Navy, crew members assemble on deck aboard a ship suspected of piracy after being intercepted by the U.S. Navy destroyer USS Winston S. Churchill in the Indian Ocean. U.S. sailors boarded the suspected pirate ship and detained 26 men for questioning, the Navy said Sunday.

members, Hull-Ryde said.

The Churchill is part of a multinational task force patrolling the western Indian Ocean and Horn of Africa region to thwart terrorist activity and other lawlessness during the U.S.-led war in Iraq.

The Navy said it captured the dhow in response to a report from the International Maritime Bureau in Kuala Lumpur on Friday that said pirates had fired on a bulk carrier off the central eastern coast of Somalia.

## 33RD ANNIVERSARY OF ROE V. WADE



Pro-choice supporters hold a candlelight vigil in front of the Supreme Court Building on Sunday in Washington. It was 33 years ago Sunday, that the Supreme Court decision of Roe v. Wade made abortion legal.

## Groups rally over abortion law at Boise

### The Associated Press

**BOISE** — Hundreds of people rallied at the Idaho Statehouse over the weekend, marking the 33rd anniversary of the U.S. Supreme Court decision legalizing abortion.

On Saturday, nearly 400 abortion protesters participated in a march sponsored by Right to Life of Idaho. On Sunday about half that number rallied in support of abortion rights.

The abortion protesters contend that since the Roe v. Wade decision, nearly 50 million abortions have been performed in the United States. Many are hoping the decision could be overturned as new justices are appointed to the nation's highest court by the Bush administration.

"One child is being killed every 20 seconds. That is a holocaust," Kerry Olenkowitz, Right to Life of Idaho, told the crowd the first day. "We should be very hopeful the Supreme Court will move in a pro-life direction."

Five-year-old Allie Zebley, attending the rally with her stepfather Reid Richardson, carried signs with her ultrasound photo and the words, "This is me at 16 weeks."

Richardson told The Idaho Statesman that he's talked with Allie about abortion.

"She is very aware ... it is the killing of unborn babies in the womb's safe."

At the Sunday rally, speakers called for improved access to emergency contraception, increased sex education and other measures to reduce the need for abortion. They also urged attendees to be unwavering in their support for abortion rights.

"When American women are barred from accessing health services at the whim of a politician's religious beliefs, we are not in a democracy at all," said Bree Herndon-Michael, a member of the Idaho Women's Network.

Herndon-Michael told the crowd that pharmacists should

### Demonstrators around nation mark milestone

### The Associated Press

**ST. PAUL, Minn.** — Thousands of abortion opponents massed outside Minnesota's Capitol on Sunday in one of several protests nationwide celebrating the 33rd anniversary of the Roe v. Wade ruling, amid heightened hopes and fears over what a new face on the Supreme Court will mean for the decision establishing abortion rights.

A crowd of sign-wavers clad in mittens and winter boots to call for a ban on public funding of abortion.

"We must stop abortion in our state," said Scott Fischbach, head of Minnesota Citizens Concerned for Life. "Things are changing in this country."

Many abortion opponents

Please see ABORTION, Page A2

## Man robs Twin Falls store

### The Times-News

**TWIN FALLS** — A male subject armed with a handgun robbed a clerk at Video Mexico in the 1900 block of Kimberly Road at approximately 2:30 p.m. Sunday, reported the Twin Falls Police Department.

According to Staff Sgt. John Wilson, the female store clerk

said that a man entered the store, displayed a handgun and demanded money. The clerk complied and the man fled the store. He was last seen in a red vehicle traveling west on Kimberly Road.

Anyone with information concerning the robbery should contact the Twin Falls Police Department at 734-9484.

TWIN FALLS FORECAST

Today: Partly to mostly sunny with areas of fog in the morning. Highs in the middle 30s.

Tonight: Partly cloudy and cool. Lows in the upper teens. Tomorrow: Mostly sunny skies. Highs in the upper 30s.

BURLEY/RUPERT FORECAST

Today: Partly cloudy skies. Highs in the lower 30s. Tonight: Partly cloudy with areas of patchy fog developing. Lows in the middle teens.

Tomorrow: Partly cloudy in the morning, becoming mostly sunny later in the day. Highs in the 30s.

TWIN FALLS FIVE-DAY FORECAST

Forecast table with columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperatures.

Yesterday's Weather

Table with columns: City, Hi Lo Precip. Lists weather for various cities.

ALMANAC - TWIN FALLS

Table with columns: Temperature, Precipitation, Humidity, Moon Phases, Moonrise and Moonset.

Barometric Pressure

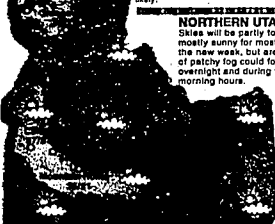
Table with columns: Barometric Pressure, Sunrise and Sunset.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS. City and valley weather will be over the area for the start of the new week. Locations in the higher elevations will have partly to mostly sunny skies while some of the valleys could see areas of fog at times.

BOISE Although no precipitation is expected to fall through at least the middle of the week, skies will be partly to mostly cloudy and areas of light rain and morning fog will be likely.

NORTHERN UTAH Skies will be partly to mostly sunny for most of the new week, but areas of patchy fog could form overnight and during the morning hours.



Yesterday's State Extremes: 43 at Lewiston. Low: -15 at Drayton. Weather key: light cloud, heavy cloud, heavy snow, heavy rain, heavy snow, heavy rain, heavy snow, heavy rain, heavy snow, heavy rain.

REGIONAL FORECAST

Table with columns: City, Today, Tomorrow, Wednesday. Lists weather for various regional cities.

NATIONAL FORECAST

Table with columns: City, Today, Tomorrow, Wednesday. Lists weather for various national cities.

WORLD FORECAST

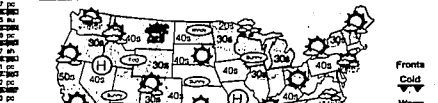
Table with columns: City, Today, Tomorrow, Wednesday. Lists weather for various world cities.

meineke car care center advertisement with address and phone number.

CANADIAN FORECAST

Table with columns: City, Today, Tomorrow. Lists weather for various Canadian cities.

TODAY'S NATIONAL MAP



The Times-News

Publisher Brad Hurd. News Editor Chris Steinhack. Advertising Director Janet Goffin. Online manager Greg Taylor.

Four kids among the latest dead in Iraq

BAGHDAD, Iraq — Insurgents fired rocket-propelled grenades at a policeman's home northeast of Baghdad on Sunday, killing his four children and his brother and raising to at least 23 the number of Iraqis killed in attacks this weekend.

World in brief

Sympathy for al-Qaida surges in Pakistan

DAMADOLA, Pakistan — Sympathy for al-Qaida has surged after a U.S. airstrike devastated this remote mountain hamlet in a region sometimes as hostile to the Pakistani government as it is to the United States.

Bolivia's first Indian president takes office

LA PAZ, Bolivia — Evo Morales, Bolivia's first Indian president, took office on Sunday with a promise to lift his nation's struggling indigenous majority out of centuries of poverty and discrimination.

Group: 150 deaths make 2005 record year for media casualties

BRUSSELS, Belgium (AP) — Relentless targeting of the press in Iraq and the loss of dozens of journalists in an Iranian plane crash pushed the number of media professionals killed around the world to a record 150 in 2005, an international media rights group said Monday.

"killed in the line of duty, singled out for their professional work." Other journalists died in accidents or natural disasters during the year, including the 48 Iranian journalists killed in the Dec. 6 plane crash in Tehran.

Abortion

Continued from A1 said they were heartened by President Bush's choice of Samuel Alito to replace Justice Sandra Day O'Connor, a moderate who was often the courts' swing vote.

World in brief

"Abortion rights have been slowly whittled away while we haven't even been looking," said Kitty Striker, 22, who decorated her hair with small coil hanger replicas for the counter-protest.

Continued from A1

infected disease people are working on his cultures to see what's best going to treat that." He said doctors also put him on steroids to help with the fluid around his lungs, swelling and skin redness.

Greene

Continued from A1 Infectious disease people are working on his cultures to see what's best going to treat that." He said doctors also put him on steroids to help with the fluid around his lungs, swelling and skin redness.

other Marines and Navy corpsman are doing gives him hope. "I'm really happy for those boys doing as well as they are." Terry Greene said.

Spice up your life with the Food & Home section,

every Wednesday in The Times-News. The Times-News (UPS 631-080) is published daily at 132 Fairfield St. W. Twin Falls, by Lee Publications Inc.

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Advertisement for The Times-News Information Line (735-3350) and Lottery & Weather information.

CORRECTION

The Idaho State Chess Championships will be held February 16-20 at the Idaho State University Student Union Building in Pocatello, not Boise as earlier published.

Greene could take a month of convalescent leave before heading off for therapy. But his father said his son will probably stay that long.

NATION

U.S. troops were exposed to contaminated water in Iraq, Halliburton documents say



Sen. Byron Dorgan, D-N.D., speaks to the North Dakota House of Representatives in Bismarck, N.D., in January 2005. Dorgan is scheduled to chair a senate Democrats hearing today on the possible exposure of U.S. troops to contaminated water in Iraq.

WASHINGTON (AP) — Troops and civilians at a U.S. military base in Iraq were exposed to contaminated water last year and employees for the responsible contractor, Halliburton, couldn't get their company to inform camp residents, according to interviews and internal company documents. Halliburton, the company formerly headed by Vice President Dick Cheney, disputes the allegations about water problems at Camp Junction City, in Ramadi, even though they were made by its own employees and documented in company e-mails. "We exposed a base camp population (military and civilian) to a water source that was not treated," said a July 15, 2005, memo written by William Granger, the official for Halliburton's KBR subsidiary who was in charge of water quality in Iraq and Kuwait. "The level of contamination was roughly 2x the normal content of untreated water from the Euphrates River," Granger wrote in one of several documents. The Associated Press obtained the documents from Senate Democrats who are holding a public inquiry into the allegations today. Sen. Byron Dorgan, D-N.D., who will chair the session, held a number of similar inquiries last year on contracting abuses in Iraq. He said Democrats were

able for drinking, the contaminated water was used for virtually everything else, including handwashing, laundry, bathing and making coffee, said water expert Ben Carter of Cedar City, Utah. Another former Halliburton employee who worked at the base, Ken May of Louisville, said there were numerous instances of diarrhea and stomach cramps — problems he also suffered. A spokeswoman for Halliburton said its own inspection found neither contaminated water nor medical evidence to substantiate reports of illnesses at the base. The company now operates its own water treatment plant there, spokeswoman Melissa Norcross said. A military medical unit that visited Camp Ramadi in mid-April found nothing out of the ordinary in terms of water quality, said Marine Corps Maj. Tim Keefe, a military spokesman. Water-quality testing records from May 23 show the water within normal parameters, he said. "The allegations appear not to have merit," Keefe said. Halliburton has contracts to provide a number of services to U.S. forces in Iraq and was responsible for the water quality at the base in Ramadi. Granger's July 15 memo said the exposure had gone on for

"possibly a year" and added, "I am not sure if any attempt to notify the exposed population was ever made." The first memo on the problem — written by Carter to Halliburton officials on March 24, 2005 — was an "incident report" from tests Carter performed the previous day. "It is my opinion that the water source is without question contaminated with numerous micro-organisms, including Coliform bacteria," Carter wrote. "There is little doubt that raw sewage is routinely dumped upstream of intake much closer than the required 2 mile distance." Therefore, it is my conclusion that chlorination of our water tanks while certainly beneficial is not sufficient protection from parasite exposure." Carter said he resigned in early April after Halliburton officials did not take any action to inform the camp population. The water expert said he told company officials at the base that they would have to notify the military. "They told me it was none of my concern and to keep my mouth shut," he said. On at least one occasion, Carter said, he spoke to the chief military surgeon at the base, asking him whether he was aware of stomach problems afflicting people. He said the surgeon told him he would look into it.

Coming up in The Times-News

Hip-hop dance

FLY brings its fancy steps to Twin Falls. Thursday in TNT

Advertisement for Twin Falls Wheel & Brake, now Twin Falls Automotive, located at 261 Locust Street South, offering complete automotive service and repair.

Advertisement for Jackson Hewitt Tax Service, offering a refund faster than you can spend it, with SuperFast Refunds and free electronic filing.

Calls for safer mines gather steam after deaths of 14 in West Virginia

CHARLESTON, W.Va. (AP) — In death, 14 West Virginia coal miners have achieved something that just a month ago seemed an unlikely goal: Labor, industry and lawmakers are united in demanding that a dangerous subterranean occupation be made safer. Hours after the bodies of two mining miners were found Saturday in Armoren Coal's Alma No. 1 mine at Melville, Gov. Joe Manchin and West Virginia's congressional delegation called for a major overhaul of state and federal mine safety laws. Both the National Mining Association and the United Mine Workers of America said Sunday that they, too, will press for change. "This is a time for all of us who share responsibility for mining safety to come together and look for ways to make mining safer," said Carol Raulston, spokeswoman for the National Mining Association in Washington. The bodies of Don I. Bragg, 33, and Elley "Elvis" Hatfield, 47, were found Saturday, two days after a conveyor belt caught fire inside the Alma mine in southern West Virginia. Their deaths came just weeks after a Jan. 2 mine explosion that led to the deaths of 12 other miners exposed to carbon monoxide inside the Sago Mine in the northern part of the state. UMW president Cecil Roberts said Congress and state legislators must take steps to

ensure existing regulations are strictly enforced. "We must also develop new initiatives that will give every miner a vastly improved chance to walk out of a mine after an accident, alive and well and safe in the arms of their loved ones," he said. A Senate Appropriations subcommittee schedules hearings on mine safety today, and Sen. Mike Enzi, R-Wyo., who chairs the Senate Health Education Labor and Pensions Committee, which oversees mine safety, also planned a hearing. Nationally, there were 22 mine deaths in 2005, a record low. Three of those were in West Virginia, the nation's second-largest coal producer. Manchin said he would ask West Virginia lawmakers today to pass three bills being written over the weekend to improve rapid response to mine emergencies and set up electronic tracking technology for lost miners and reserve oxygen stations underground. He also plans to meet with federal lawmakers in Washington. "We must put into place common-sense proposals like these that will provide improved safety and security for miners and their families," said Sen. Jeff Bingaman, a Democrat from New Mexico, which has

the nation's fifth-largest underground coal mine by tons produced. If Manchin's effort results in federal action, it could be the third time that a West Virginia tragedy has had nationwide ramifications. The Mine Health and Safety Act was written a year after a 1966 explosion at Farmington that killed 78 miners, including Manchin's uncle. Federal laws governing the construction of mine drainage settling ponds were adopted after 125 people were killed when an impoundment gave way in 1972 and flooded communities along Buffalo Creek, less than 20 miles from the Alma mine. "When people get mad, they're more likely to do something," said Sen. John Rockefeller, D-W.Va., who was with Manchin when the families of the Alma miners were told the men were dead. "What I go back to Congress — what's happened at Sago and what's happened here, there's got to be a lot of mad people."

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Financial Lesson of the Week. Brought to You by Edward Jones. www.edwardjones.com • Member SIPC

Investing for Short-term Goals — and Long-term Success. OVER THE PAST SEVERAL YEARS, the phrase "multi-tasking" has gained popularity. And you know just what this expression means if you constantly juggle work and family demands. But you might not realize that you might have to use your skills at managing different outcomes in another area of your life: investing. Specifically, you will likely need to invest for both short-term and long-term goals. And you'll have to do it at the same time. Your first step toward achieving this two-part investment strategy is to identify your short- and long-term financial goals. Your short-term goals will change over time. For example, when you're first starting out in your working life, you may want to make a down payment on a house. In the middle of your career, you may want to take your whole family on a round-the-world trip. And then, as you near retirement, you might decide to purchase a vacation home. Your long-term goals, by definition, will likely remain fairly fixed. So, when you first have children, you might decide that you will save and invest for 18 years to help pay for college. And your biggest long-term goal will be to build resources for a comfortable retirement. Can you work to achieve both short- and long-term goals—without hurting your progress toward one or another? Yes—but you will need to follow different investment strategies for different goals. Let's suppose you're at the beginning of your career. You want to save for a down payment on your home, but you also want to start a retirement savings plan. What should you do? For your down payment, you'll need to rely on investments that you can fairly certain will provide you with the money you'll need in a relatively short period of time—perhaps three to five years. Consequently, you may want to consider certificates of deposit (CDs) or investment-grade bonds that mature at exactly the time you'll want to make your down payment. You'll receive regular interest payments, but even more importantly, you'll get your principal back—just when you need it. During these same years, you may be contributing to your 401(k) at work, and, if you can afford it, to an IRA as well. And, since you are investing for retirement, which is likely many decades away, you need to take quite a different approach to the one you used when saving for a down payment. In short, you can afford to be a much more aggressive investor. That means you should include a mix of high-quality, growth-oriented stocks in your 401(k) or IRA. Will these stocks fluctuate in value over the years? Certainly. But the longer you hold these stocks, the greater the likelihood that you will overcome the short-term "down" periods and potentially achieve significant gains. So, there you have it: One point in your life, two different goals, two different investment strategies. And you will find that that you may need to follow this "dual-track" approach many times over the years. To coordinate your different investment approaches, you may want to work with an investment professional who can help you draw up a comprehensive financial plan for your financial future. By choosing the right investments, you can move toward your short- and long-term goals at the same time. That's a "win-today," "win-tomorrow" situation.

Magic Valley Realtors Online

Advertisement for Magic Valley Realtors Online, featuring photos of realtors: Beeky Kukul, Lynn Rasmussen, Ian Hultchison, and Chris Bather.

## AROUND THE VALLEY

### Sempra opponents meet Wednesday

**TWIN FALLS** — Keep Magic Valley Magic, a group which opposes Sempra Generation's construction of a 600-megawatt coal-fired generation plant in Jerome County, will meet in the new City Council chambers on Wednesday, Jan. 25, at 7 p.m.

The chambers are located at 3053 3rd Ave. E in Twin Falls.

### T.F. library to hold final expansion meeting

**TWIN FALLS** — The Twin Falls Public Library, 201 Fourth Ave. E., is having its last informational meeting regarding the proposed addition and renovation of the library. The meeting will be held at 7 p.m. Thursday in the library's program room.

Brian Bolton, a library trustee and member of the Library Expansion Advisory Panel, will present information and lead the discussion. A brief review of the planning process and a discussion of the community's expectations for future library service will be included.

For more information, call the library at 735-2364.

### Watershed Advisory Group meets Tuesday

**SHOSHONE** — The Wood River Watershed Advisory Group will meet at 7 p.m. Jan. 24 at the Big Wood River Canal Co., 112 S. Apple St.

The local working group works with the Department of Environmental Quality to improve water quality on surface waters in the area.

### Mini-Cassia plans spring break trip

**RUPEIT** — Sign up now for a Spring Break Trip to New York and Boston departing March 19.

Denise Dietz, a teacher at West Minico Middle School in Paul, just returned from a New York City convention with information on the six-day, five-night trip for adults and students from the Mini-Cassia area. Interested persons must sign up and pay by the Feb. 1 deadline.

All-inclusive tour fee includes round trip air and transportation, quality hotels, tickets for the play, dining, a Broadway show and entrance fees. The cost for students is \$1,331 and \$1,516 for adults.

An informative meeting will be held at 7 p.m. Monday, Jan. 23 in the library at West Minico Middle School in Paul.

For more information, call Denise Dietz at 439-5474.

### T.F. Citizens Police Academy sets dates

**TWIN FALLS** — The Twin Falls Police department will hold a Citizens Police Academy beginning in March.

The Citizens Police Academy is designed to increase community awareness and involvement and give community members a well-rounded, realistic view of the police department.

Space is limited to 15 participants in a series of 10, two-hour classes, tentatively scheduled for 7 to 9 p.m. Tuesdays and Thursdays, beginning March 7.

Applicants must live or work in Twin Falls, be over 21, have no felony convictions and have no misdemeanor arrests in the past six months. Applicants must pass a background check.

Applications are available at the police department and must be turned in by Feb. 20.

— compiled from staff reports

### Snowpack levels

Watershed	% of Avg.	% Above
Salmon	130%	71%
Big Wood	149%	84%
Little Wood	161%	91%
Big Lost	142%	78%
Little Lost	113%	61%
Henley Fork/Teton	132%	74%
Opportunity Basin	127%	73%
Oakley	109%	90%
Salmon Falls	143%	80%

As of Jan. 22

A comparison of basin snowpack, as measured by the Boise area, and the snowpack in the Magic Valley. The snowpack in the Magic Valley is generally 10 to 20 percent less than the Boise area. An indicator of basin snowpack for the Boise area is the Boise area snowpack index. This index is based on the snowpack in the Boise area.

## Jim Norwood



## MARINE TO THE CORE

### Ex-Hagerman mayor had a clear sense of duty

By Julie Pence  
Times-News correspondent

**HAGERMAN** — The people who were lucky enough to surround Jim Norwood in his life say he was a no-nonsense, action-speak louder-than-words kind of person.

"He was John Wayne. He was a man's man," said close friend Brett Silver. "You always knew where you stood with him, and you always knew where you were going if you were with him."

Whatever he said, that's the way it was," said Pete Weir, who served with Norwood on the Hagerman City Council.

Norwood, a career Marine and former mayor of Hagerman, died at the age 75 on Jan. 13. He was a veteran of the Korean and Vietnam wars and recipient of the Purple Heart. He was such a passionate defender of the National Rifle Association that he had asked people to donate to the group rather than spend money on flowers for his funeral.

"Yes, that's the way he was. Protection of Second Amendment rights was huge for him," said daughter Debra Kovar. "The right to bear arms, that was part of what this country was founded on. That was his desire — to donate to the NRA. Flowers will wilt and die, so he said you might as well put that money to good use."

But though Norwood displayed the toughness and self-discipline that is characteristic of career Marines, he was also thoughtful and caring.

"He had a strong sense of fair play," Kovar said.

Said Weir, "I could have a huge argument with him on prudent subjects, and he'd be firm. I wouldn't be able to move him. But an hour later, we'd be getting along as nothing had ever happened. He never held a grudge."

Kovar emphasized that a Marine never retires. So when her father left the Corps, he merely traded in his military dress-blues for cowboy boots and denim upon returning to southern Idaho. He then began working cattle in Owyhee County.

"Hunting is part of our heritage," Kovar said.

**aLife**  
**remembered**

### He will be missed

Jim Norwood is survived by sister, Virginia "Ginger" Finson of Oakland, Calif.; and four children, David Norwood of Winchester, Tenn.; Debra Kovar of Twin Falls; Catherine (Lude) Anderson of Twin Falls and Scott (Anna) Norwood of Hagerman; six grandchildren, Schandy Sellers of Tennessee, Autumn Haynes of Boise, Zachary (Janella) Norwood of Tennessee, Shane (Brina) Norwood of Filer, Rebecca (Shane) Strickland of Twin Falls and Jenny (Sonny) Larn of Texas and 12 great-grandchildren.

Norwood became the mayor of Hagerman in 1995 and served for two and a half terms until he retired in 2004.

Weir said Norwood was a strong leader for the city.

"He was so highly motivated. He would give anything for his community. He had absolutely nothing to gain by being mayor," Weir said.

Part of Norwood's legacy as mayor was in seeing to it that the dilapidated Hagerman Hotel was demolished and a new parking lot and supermarket constructed in its place, Weir said.

That was one of his crowning achievements," Weir said.

Norwood set a fine example in service to community and country, but those who knew him, say his family always remained his main priority.

"First he loved his family, then his friends, his country and his community," said Hagerman City Councilman Jim Scott. "That's the way I saw him."

Julie Pence lives in Marquette and can be reached by e-mail at [mpence@magickint.com](mailto:mpence@magickint.com).

## Center offers refugees wealth of opportunities

### CSI program eases adjustment to Magic Valley

Mark Galicia  
Times-News correspondent

**TWIN FALLS** — Sabriyia Makhmudova is very glad to be here. She is a Afhaskan Turkish refugee who is new to the Twin Falls area.

When she originally arrived in America she resided in Pennsylvania, but because she has family here in Idaho, she was moved with her family to Twin Falls. She came with her husband and two sons. She came as part of a service of the College of Southern Idaho Refugee Services Center.

The CSI Refugee Service Center was established in the early 1980s to help individuals establish a safe home in the Magic Valley, far away from persecution. This year there are over 70,000 refugees entering the United States, and last year 105 of them arrived at the CSI Refugee Center in Twin Falls.

"They leave because of per-

secution in their own country, for ethnic, religious and gender reasons," said Jeanette Lytle, an English teacher at the center. To be considered a refugee, a person must go through the United Nations and the U.S. State Department.

The refugees come to Twin Falls and other areas of the country for a better life.

"It helps them that we are a nation of immigrants and we don't persecute them because of their ethnicity," said CSI Refugee Service Center Director Ron Black.

But the center helps more than just refugees.

"For the community, it brings certain diversity and individuals an opportunity to start their lives for a second time," said Black. It also introduces hard workers to the local economy.

Those workers learn English in the language lab at the CSI Refugee Services Center.

Lyle's job as an English teacher includes overseeing the language lab and teaching an English class.

"The computers are very nice (and) we have a state-of-the-art

Please see **REFUGEES**, Page A6

## Burley teacher recognized for creativity in classroom

### Award will go to educator who most inspires kids

For The Times-News

**BURLEY** — Ross Barson, a band teacher at Burley Junior High School, is being recognized for his creativity and success in the classroom as a Disney Teacher Award nominee, according to a recent press release.

Barson joins an elite group of teachers from across the country who have been recognized by their communities. As the next step in the awards process, Barson is now submitting an application to be considered for the 2006 award.

"I wish I could personally thank the person who nominated me for this award, but (Disney informed me that the nomination was anonymous)," Barson

said. "They know only that it was either a student or parent. I must therefore express my thanks to my community."

Since 1989, Disney Teacher Awards have been presented to teachers who construct learning environments in which students pursue their education. The award encourages teachers whose approaches exemplify creativity in teaching and who inspire a joy of learning in their students.

"I know speak for all teachers when I say that public education is like parenting," Barson said. "Often it is a thankless job and can be very frustrating. After all, we can only lead the students as well as we can. We make that all worthwhile. I'll never become independently wealthy by teaching. Yet I'll have been able to teach someone to have fun working hard; then I

Please see **BARSON**, Page A6

## Water windfall is two-edged sword for Carey farmers

### Eighty-year-old Fish Creek dam is in need of repairs

By Jamey Colter  
Times-News correspondent

**CAREY** — The issue in this small Blaine County community is inevitably water. Usually not enough of it. So it shouldn't be any surprise when coffee-shop owner Kimball turns to the possibility of having a surplus.

"Our guys are some of the best in Idaho at conserving water," said Fish Creek Watermaster Lawrence Kimball.

Kimball, who farms 1,800 acres on a gravity-flow system, produces mostly grass hay. But as Carey sees more and more water, Kimball, as well as the rest of the Fish Creek crew, are not having to think about conserving as much as they are having to cope with the possibility of flood.

"The Fish Creek dam was completed sometime around 1922 or 1923," said Fish Creek Irrigation President Doug Surenius.

Because of age and wear, the dam is in need of some repair. Last year shareholders paid \$50,000 to repair a 70-foot hole that was carved into the dam. Also, just since the first of the year, a hole no wider than a coffee cup had to be repaired. This improvement ran share-

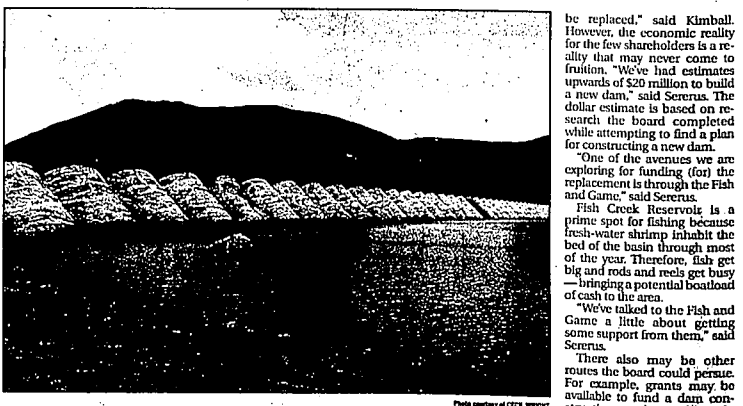


Photo courtesy of CCCC, Weir.

The Fish Creek Dam is more than 80 years old and in need of repairs. Replacing the dam could cost as much as \$20 million.

holders \$7,000.

With these numbers in mind, administrators of the Fish Creek Reservoir are starting to release some of the water from the basin to prevent more damage to the structure — and also to try to curtail the threat of flooding.

"The snowpack level is about 160 percent of normal this year,"

said shareholder and second-generation farmer Bryan Wood.

The windfall of snow will help drought-stricken farms because as many experts believe — there is a lot of water under snowpack. And the calculation of snow to water is pretty basic.

"I think the figure is like every 6 to 8 inches of snow equals 1 inch of water," said Wood.

That arithmetic explains why Carey residents in the Fish Creek floodplain may encounter some water close to home this year.

"We are letting about 1,500 inches of water a day out of the reservoir," said Kimball. But flooding isn't the only concern facing farmers.

"The dam really does need to

be replaced," said Kimball. However, the economic reality for the few shareholders is a reality that may never come to fruition. "We've had estimates upwards of \$20 million to build a new dam," said Serenus. The dollar estimate is based on research the board completed while attempting to find a plan for constructing a new dam.

"One of the avenues we are exploring for funding (for) the replacement is through the Fish and Game," said Serenus.

Fish Creek Reservoir is a prime spot for fishing because fresh-water shrimp inhabit the bed of the basin through most of the year. Therefore, fish get big and rods and reels get busy — bringing a potential bonanza of cash to the area.

"We've talked to the Fish and Game a little about getting some support from them," said Serenus.

There also may be other routes to the board pool of funds. For example, grants may be available to fund a dam construction project. Although, such as federal grants are privately distributed to agricultural companies.

Therefore, Fish Creek Irrigation has filed a petition to form their own district.

"The only real benefit to constructing our own district would be the availability of funds," Serenus said.

Jamey Colter lives in Carey and can be reached by e-mail at [coltjrn@swisshlan.net](mailto:coltjrn@swisshlan.net).

MAGIC VALLEY/IDAHO

OBITUARY

For obituary rates and information, call 738-3269 Monday through Saturday... Deadline is 4 p.m. for next-day publication.

Loucinda Elizabeth 'Betty Lou' McMurdie

TWIN FALLS — Loucinda Elizabeth "Betty Lou" McMurdie, born Feb. 17, 1937, in Birmingham, Ala., to John Reginald and Lena Mae Tidmore Farmer, passed away peacefully on Jan. 22, 2006, at her home, surrounded by her loving family.



Betty Lou was reared in Birmingham, Ala., where she attended Blessed Sacrament Academy and John Carroll High School... She then entered Auburn University where she pledged Delta Zeta Sorority.

Italy, she had the privilege of shaking hands and being blessed by His Holiness, Pope John Paul II. Betty Lou was preceded in death by her devoted and loving husband of 49 years, Larry; three daughters, Julie (Shane) Klundt, Patti (Tom) Keene and Theresa Pamez (Rod Priest); 11 grandchildren and 15 great-grandchildren; her sister, Charlotte; her former Eros, of Marietta, Ga.; brother-in-law and sister-in-law, Wayne and Betty McMurdie, of Jerome, Idaho, and numerous nieces and nephews.

Betty McMurdie, Shirley Klassen, her sister, Charlotte, and Magic Valley Regional Hospice for their tender care. We will miss her gentle smile, her touch and voice. We love you darling Betty Lou now and forever more. A prayer service with rosary will take place at 7 p.m. Tuesday, Jan. 24, at Reynolds Funeral Chapel, 2466 Addison Ave. E. in Twin Falls.

DEATH NOTICES

RoxAnn R. Glasson — RoxAnn R. Glasson, 52, of Twin Falls passed away at her home on Jan. 21, 2006.

Wash. passed away Jan. 18, 2006, in Graham, Wash. A graveside service will be held at 9 a.m. Thursday, Jan. 26, at the West End Cemetery in Buhl. A memorial service will be held at 10:30 a.m. Thursday at Farmer Funeral Chapel in Buhl. People may visit from 4 to 7 p.m. Wednesday at Farmer Funeral Chapel.

Chapel of Buhl. Shirlee Busche. FILER — Shirlee Busche, 62, of Filer passed away Jan. 21, 2006, at Magic Valley Regional Medical Center in Twin Falls. Funeral services will be announced by Farmer Funeral Chapel of Buhl.

Frank Thomas — Frank Thomas, 75, of Buhl passed away at his home in Buhl.

Avery Kirkham — Avery Kirkham, 90, of Buhl passed away Jan. 22, 2006, at Magic Valley Regional Medical Center in Twin Falls. Funeral services will be announced by Farmer Funeral Chapel of Buhl.

Dorothy Ireton — Dorothy Ireton, 46, of Buhl died only Sunday, Jan. 22, 2006, at Snake River Rehab Center in Buhl. Funeral arrangements will be announced by Reynolds Funeral Chapel of Twin Falls.

James Craner — James Craner, 79, of Hazelton passed away Jan. 21, 2006, at the Twin Falls Care Center in Twin Falls.

Patrick Wilde of Pocatello and Montpelier, funeral at noon today at the Montpelier Tabernacle; friends may call with family from 9:45 to 11:45 a.m. today at the west side of the tabernacle (Matthews Mortuary).

Donna M. Ward of Nampa and formerly of Buhl, funeral at 2 p.m. today at the Nampa General Home, Yngwie Chapel, 415 12th Ave. S.; graveside burial at 1 p.m. Tuesday at the Buhl Cemetery.

Grace Allen — Grace Allen, an 89-year-old Rupert resident, passed away Saturday, Jan. 21, 2006, at her home.

Mary Darlene "Peggy" Mendenhall of Kimberly, funeral at 1 p.m. today at White Mortuary. Friends may call from 11:45 a.m. to 12:45 p.m. today at the mortuary.

Velva Margaret Duffin Moller of Rupert, funeral at 11 a.m. Tuesday at the Rupert LDS West Stake Center, 26 S. 100 W.; viewing for family and friends from 6 to 8 p.m. today at Hansen Mortuary Chapel, 710 Sixth St., and one hour before the service Tuesday at the church.

Amanda F. Climer — AMCO — Amanda F. Climer, 62, of Moate, Idaho, and formerly of Jerome, died Jan. 21, 2006, in Arco.

Doyle Laval Wood of Buhl, service at 2 p.m. today at Farmer Funeral Chapel in Buhl.

Catherine "Peggy" M. Pohlman of San Juan Capistrano, Calif., and formerly of Hollister, graveside service at 3 p.m. Wednesday at Sunset Memorial Park in Twin Falls. (White Mortuary).

John Phillip Healy — GRAHAM, Wash. — John Phillip Healy, 82, of Graham.

N. Idaho man gets windfall by guessing snowfall

COEUR D'ALENE — Customers at Clark's Diamond Jewelers are getting special gifts this winter after the owner won a \$500,000 insurance policy that guaranteed everyone who made purchases between Nov. 25 and Dec. 23 would get their money back if it snowed between noon and midnight Dec. 30 at the Schweitzer ski area.

Clark took the snow prediction from local climatologist Cliff Harris — and the bet paid off for his customers, the Coeur d'Alene Press newspaper reports.

There were whoops, crying, sometimes dead silence for a while, then a scream, said Ned Bodner, a sales representative. "There was a lot of giggling."

Spate of shootings worries Nampa police — Nampa — A recent series of drive-by shootings, graffiti and drug busts here is a sign to police that gang numbers are rising.

If someone, an out-of-state gang member, is coming through ... and we contact them, they meet the criteria, then they're documented as a gang member," Vincent told Kinney in Boise.

THIS WEEK AT CSI

- Today: Spring semester registration continues (through Monday, Jan. 30); CSI Student Senate weekly meeting, 4 p.m., Student Union 232.
Thursday: Twin Falls School District and CSI math and science grant to the St. Edward's Catholic Church building fund.
Saturday: Scholastic Aptitude Test, 7:30 a.m., Meyerhoeffer classrooms.

ON THE AGENDA

- Today: Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, Burley.
Tuesday: Blaine County commissioners, 8:45 a.m., courthouse, 206 First Ave. S., Halley.
Wednesday: Cassia Regional Medical Center board, 5 p.m., hospital board room, 1501 Hilland Ave., Burley.

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# MAGIC VALLEY



Burley Junior High School band teacher Steve Copmann conducts his students earlier this week. Barson has been nominated for a 2006 Disney Teacher Award for creativity and success in the classroom.

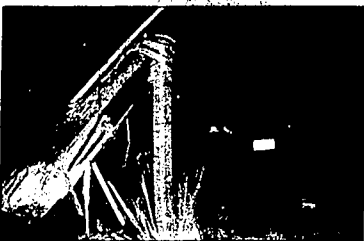
## Barson

Continued from A4  
 "an truly rich."  
 Burley Junior High Principal Steve Copmann said Barson is an asset to the faculty.  
 "Ross is one of those people that you come across once in a great while," Copmann said. "He is dedicated to his students and operates an outstanding program. One of his goals is to help his students shine. Ross sets high standards and helps his students achieve them."  
 But Barson's contributions aren't limited to the music classroom. "Along with his band instructor duties, Ross works in our office and helps with discipline," Copmann said. "He is always fair and willing to listen. He works hard to let the kids know he cares, but also communicates that there are rules that must be followed. Parent involvement is a big part of what he is all about. His work ethic and high energy make him a great candidate for this award."  
 Terry Wick vice president of Disney Worldwide Outreach said the award is meant to recognize the often overlooked achievements of educators.

"Sixteen years ago, we started celebrating local heroes by establishing the annual (awards) to finest educators," Wick said. "This nomination process shows thousands of teachers across the country how much their work means to their students, colleagues and communities."  
 Barson will submit an application that includes several professional reflection essays describing his classroom and approach to teaching, the impact of high-stakes testing, how he approaches collaboration in his school and career and an event that shaped him as a teacher, the release said.  
 A committee comprised of education experts from around the country will then review the nominee applications and select the 2006 honoree, to be announced in late spring.  
 The honoree will be celebrated at a red-carpet Awards Gala in July during the Gala, four honorees will be selected as Outstanding Teachers and one will be named the 2006 Teacher of the Year.

Honorees each receive \$10,000, a \$5,000 grant for their schools and a six-day stay at a professional development institute with their principals at the Walt Disney World Resort. At the institute, teachers share ideas to refine their innovative teaching approaches and learn how to engage other teachers to build an effective collaborative teaching culture at their schools.

## CRASH CUTS OFF POWER IN PART OF T.F.



A single-vehicle accident involving a car hitting an electrical pole late Saturday night on Falls Avenue a block west of Washington Street in Twin Falls severed power to nearby residents until early Sunday. According to Staff Sgt. John Wilson of the Twin Falls Police Department, the driver suffered minor injuries in the 10:45 p.m. accident.

WILL GETZ/THE TIMES-NEWS

## Refugees

Continued from A4  
 network with some great English learning programs," said Lytle.  
 "The computers also allow refugees to learn with ease."  
 "The nice thing is the students can work at their own pace, not like in a classroom setting," said Lytle.  
 Makhumudova came to America because there was no work for her, or her family, in Russia. In America there are jobs, but they all need something.  
 "In Twin Falls, lots of jobs, but jobs need language," said Makhumudova.  
 One of Makhumudov's sons is 20 and currently looking for a job, and her younger son, who is 16, is currently attending Twin Falls High School.

"I really like sick people, I like to help people," said Makhumudova. She hopes to someday have an occupation in the medical field.  
 "I see Pepsi-Cola, cheese company, but I need language," she said.  
 Though the jobs in the area need language, Lytle says that they are still able to place people pretty well.  
 Lytle speaks seven different languages that include German, French, Spanish, Hungarian, Italian, Portuguese and Nahuatl — which is a Mexican tribal language. She speaks German, French, and Spanish fluently.  
 Though she speaks so many

languages, it sometimes doesn't matter.  
 "It doesn't help if you can speak their language, you can have a variety of languages," said Lytle. "The more they can hear English, the better it is for them."  
 Makhumudova hopes to return to Turkey to visit with family. "In two years, I take my Green Card," and say "hello mom," she said.  
 Makhumudova would also like to say thank you.  
 "America invites all Turkish people. For many years we look for homeland, we find homeland in America; thank you America," said Makhumudova.



### The Twin Falls Police Department

is holding a Citizens Police Academy beginning March 7, 2006. The academy is designed to increase community awareness and involvement, and give citizens a realistic overview of the police departments function. The academy will be limited to 15 participants and will consist of ten 2-hour classes, two nights each week.

If you are interested, you can obtain an application from the Twin Falls Police Department, or by contacting Officer Michelle Wiyat at 736-5000, ext. 374. The application process will begin January 20th, and all applications must be turned in by February 20th. Topics that will be covered in Citizens Academy are History of Law Enforcement, Traffic and DUI Enforcement, Domestic Violence, Crime Scene Investigation, Bomb Squad, SWAT, Building Searches/ K9 Deployment, Drug Awareness, Community Policing/Crime Prevention and Firearms.

The eligibility requirements are as follows:  
 - Applicants must live or be employed in the City of Twin Falls  
 - Applicants must be over the age of 21  
 - Applicants must have no prior felony convictions  
 - Applicants must have no misdemeanor arrests within six months of application  
 Applicants applying for admission to the Citizens Police Academy must successfully pass a criminal history background investigation.

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**LEGEND OF ZORRO**  
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## Stretching legs,



Jan Salisbury pumps iron in the College of Southern Idaho gym, where she works out five days a week. Salisbury began a cardio and weight-training program in October and has since dropped two clothing sizes.

## stretching lives

### Episode III: Magic Valley residents chase fitness goals

By Matt Christensen  
Times-News writer

**T**WIN FALLS — When four Magic Valley residents set out last October to improve their physical fitness, they knew they would encounter obstacles. And they did.

Ed and Diana Wright battled injuries. Jan Salisbury struggled to stay motivated. And Donna Stalley tussled with her busy schedule.

Nevertheless, each exerciser persevered — to varying degrees. Ed's sore foot eventually healed, and he and his wife were back on track. Salisbury varied her workouts and renewed her focus. And Stalley improvised to include more tennis time in her schedule.

But it wasn't just fitness habits that changed for these exercisers. They gained confidence, awareness, happiness. They learned to overcome setbacks and enjoy success.

And most of all, each one said, they delighted in sharing their stories. These exercisers hope that by reading about their struggles — and their triumphs — you have been inspired to pursue your own fitness goals.

This is the final installment of "Stretching legs, stretching lives."

Times-News features writer Matt Christensen can be reached at 735-3243 or matt.christensen@lee.net.

**2.** **Now:** Still walking strong, staving off old age.

**Diana and Ed Wright** **Start:** Walked a few miles a day on an indoor track. **Goal:** Feel like they did a year ago.



Diana and Ed Wright: Age gracefully

The Wrights, both in their 60s, aren't out to lose weight, build lots of muscle or win marathons. They just want to feel good as they age. So far, they've succeeded.

They walk a few miles several times a week. Sometimes it's along the canyon rim in Twin Falls, sometimes it's in their mobile home park, sometimes it's in the College of Southern Idaho gym. When the Wrights visited Diana's family in California recently, they walked there, too.

"Walking," she said, is the best way to stay fit because you can do it anytime, anywhere — even in rainy California. But like other aging exercisers, they find it takes longer for them to recover from injuries and setbacks. In the previous installment of this series, you read that Ed's injured foot was keeping the Wrights out of their walking shoes. His foot healed eventually, but now Ed has a bad head cold he just can't seem to shake.

"I'm up and around," he said. "But I'm just feeling like crap." Ed's cold prevented the couple from attending their first exercise class for seniors since the holiday break.

Nevertheless, they do their best to walk when they can. Ed even jogs in place for a few minutes when he doesn't feel up to going outside. "It just feels good to breathe hard sometimes," he said.

As soon as Ed feels better, they'll be walking again, promised Diana. "I think it's a good lifetime goal to keep walking."

You can't argue with results. "I'm about where I was fitness-wise when we started," Ed said. "And to my mind, that's pretty good."

**Now:** Losing weight, feeling great. **Start:** Out of shape; clothes fit tightly. **Goal:** Fit into size 10 jeans.



**Jan Salisbury**

Jan Salisbury: Dodge family health problems

When Salisbury, a single mother, started her cardio program in the fall at the College of Southern Idaho, she worried that being overweight — combined with a family history of health problems — could leave her children worried.

Now, she's worried about buying a new wardrobe.

In the past three months, Salisbury has dropped several clothing sizes.

"My belly isn't as big, my tush isn't as big, and my arms are more muscular," she said.

But it's her boost in energy Salisbury is most excited about. A single mother needs all the pep she can muster.

"I'm not as tired, I have more energy — I'm

happier. I don't feel so weighted down," she said. Salisbury is a different person emotionally — as well as physically — than when she started working out at the CSI gym five days a week. Now, she lifts heavier weights, runs longer on the treadmill. She started a pilates class last week.

Salisbury is committed to living a new lifestyle, and nutrition is the next step. She recently bought a popular cookbook and hopes to consult a nutritionist soon.

And even if she manages to slim down for those size 10 jeans, she'll never stop working out.

"I heck yeah, even after I lose the weight, I want to keep going. I've changed a lot."

**3.** **Now:** Renewed commitment to a structured exercise program.

**Donna Stalley** **Start:** Regular tennis player. **Goal:** Build muscle mass.



Donna Stalley: Improve tennis game

Stalley's original plan to begin a structured exercise program never got off the ground, due to her busy work schedule. She tried to adapt.

Stalley did leg kicks in her hot tub, parked the car far from the entry at shopping centers, rode a home stationary bike and tried to squeeze in more tennis at the YMCA.

But in reality, tennis was the only regular activity she could muster.

"Have I made lots of progress? Probably not," Stalley confessed.

However, she hasn't lost hope.

"I think this (Times-News series) has made me think about changes I need to make and what I need to do to make these changes," she said. "Saying I will go to the YMCA weight room whenever doesn't work. I need to be on a regular program."

Stalley consulted a personal trainer at the Y who designed a custom workout for

her. She starts today.

"I should have done this in the beginning," Stalley admitted.

But it's never too late to start.

And like Jan Salisbury, she has a new focus on nutrition. More veggies, smaller portions and fewer desserts, carbs and fats. That means eating fewer fast-food fries — "one of my weaknesses."

However, Stalley plans to stick with one favorite: tennis. She plays about three hours each week.

"I don't want to be skinny — I was skinny all my life — but I do want to be fitter and healthier."

Stalley said she gained a few pounds over the holidays, so beginning her program now may be even more beneficial.

"My main goal now is still to lose a few pounds and firm up," she said.

Let's hope she can find the time.

## Can personality make you sick?

*"At the heart of each of us, whatever our imperfections, there exists a silent pulse of perfect rhythms, a complex of wave forms and resonances which is absolutely individual and unique and yet which connects us to everything in the universe."*  
—George Leonard

There's got to be a theory about personality and your preference for the perfect egg. It might go something like this: The extroverted optimist loves eggs sunny side up, while the shy, sensitive introvert prefers poached eggs on toast.



**ALIVE & WELL**  
Jan Mitteldecker

There are all kinds of personality trends from hotheads with heart attacks to wallflowers with winny limousine systems. Some of these theories, needless to say, could be swallowed with a healthy dose of skepticism.

We do know, though, that temperament can spell trouble. The slow accretion of damage from some traits — hostility, social isolation and pessimism — plays a significant role in half of the deaths in the United States, according to Dr. Oakley Ray from Vanderbilt University.

Ray recently reviewed 100 years of research on how personality affects health. Most experts agree that much of our personality is genetically determined. "Our thoughts, feelings, beliefs and hopes are nothing more than chemical and electrical activity in the cells of our brains," says Ray. "As experiences change our brains and thoughts, we are changing our biology."

Personal emotional coping styles can really affect your health adversely, especially if you are perpetually steamed up or stressed out.

"Unmanaged hostility can be a real cardiac troublemaker," says medical research specialist Dr. Redford Williams. "A hostile personality is defined not just by anger but also by cynicism and aggression — by the attitude that other people can't be trusted."

The level of a stress hormone called cortisol typically rises and falls in a regular pattern throughout the day. But in someone with a hostile personality who typically experiences a heightened reaction, it can depress the immune function, raise blood pressure and clog vessel-clogging cholesterol.

In addition to people with unbridled hostility, the shyest of introverts may be more vulnerable to disease. "People are born with a propensity to shyness or social ease," says Dr. Jerome Kegan. "Shyness is easy to wipe out, but you can't wipe out that internal feeling of tight tension."

A cold virus that was planted into volunteers' nostrils showed shy types are more likely to end up sick. Even timid rats don't fare as well as their more outgoing counterparts in the science lab.

The explanatory style for every day things can be more important than you know. The optimist — a person who starts a crossword puzzle with a pen — typically experiences more success in relationships, work and life, in general.

It's not exactly clear how it happens, but seeing through rose-colored glasses may sharpen the flexible optimist's view of the world. Optimists are more likely to take action and be successful.

No matter how grim the circumstances, the flexible optimist tends to express anxiety, fear and frustration in a face-saving way that takes the stress out of failure.

Helplessness, hostility, cynicism or despair can depress the immune system and increase the potential for illness. In contrast, a sense of personal control, adaptability to change and a strong sense of community can increase resiliency, regardless of genetic predisposition.

Health educator Jan Mitteldecker is coordinator of the Over 60 and Getting Fit Program at the College of Southern Idaho.

IMAGE

# Breast Cancer Support Group meets

The Breast Cancer Support Group will meet at 7 p.m. today in the reception area at St. Luke's Mountain States Tumor Institute Twin Falls Cancer Center, 656 Addison Ave. W., Twin Falls.

The free support group is open to breast cancer survivors or patients (male or female) and their families and friends.

For information, call Lydia at 732-3242 or Mary at 734-1766.

## Suicide survivors support group meets

A support group for survivors of family members and friends who have committed suicide will meet from 7 to 8:30 p.m. Tuesday at the Sage Room at Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls.

The free support group is open to anyone who has been affected by the suicide of a family member or friend. The group will be facilitated by Matthew Geske.

For information, call Geske at 735-0090.

## Breast-feeding 101

St. Benedict's Family Medical Center will offer a "Breast-feeding 101" class from 7 to 9 p.m. Tuesday at the St. Benedict's Health Education Center, 115W. Fifth St., Jerome.

The class is for expectant mothers, fathers, grandparents and other support people; first-time parents; mothers who haven't breast fed their babies; and other parents as a refresher course.

A registered lactation consultant will teach the class.

## To do for you

Organizers encourage parents to attend the class within two months of the baby's due date.

The class is free. To register, call 324-4301, ext. 3361.

## Baby and Me

St. Benedict's Family Medical Center offers "Baby and Me" classes from 10:30 to 11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome. This week's topic will be "Is Baby Sick?"

The session is for parents of children from infancy through toddler years.

The class is free. For information, call 324-7262.

## Learn CPR

A Heartsaver cardiopulmonary resuscitation class will be offered from 6 to 10 p.m. Wednesday in the Sage Room at Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls.

The class is offered under the guidelines of the American Heart Association and includes emergency procedures for mouth-to-mouth resuscitation, chest compression and choking response for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$25. Pre-registration is required; call 737-2007.

## Refresher course

A childbirth refresher course will be offered from 6:30 to 9 p.m. Wednesday in the lobby at

Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class is for those who have previously taken childbirth classes. Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Pre-registration is required; call 732-3148.

## CPR for babies

An infant safety and cardiopulmonary resuscitation class will be offered from 6:30 to 9 p.m. Thursday in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The program is offered as part of the prepared childbirth class. Organizers invite new parents and grandparents to attend to learn about infant CPR, choking, child safety and prevention of injury.

The class is free. Pre-registration is required; call 732-3148.

## About childbirth

Prepared childbirth classes will be offered from 6:30 to 9 p.m. Tuesdays, Jan. 31 through March 7, in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls. No class will be held Feb. 14.

The class will include instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn including breast feeding and bottle feeding, and a video tour of the Women's and Infant Center.

Cost is \$50. Pre-registration is required; call 732-3148 or go online at www.mvmmc.org.

## About back injuries

Back School, a course on preventing and treating back injuries, will be held from 5 to 7 p.m. Feb. 1 at Magic Valley Regional Medical Center's Rehabilitation Services, 560 Shop Ave. W., Twin Falls.

The class will include information on basic spine anatomy, common injuries and diseases that lead to back pain, along with instructions in posture and body mechanics to protect the spine and prevent injury. The class is offered on-site at local businesses, if desired.

Cost is \$25. To register, call 737-2125.

## About C-sections

A Cesarean childbirth class will be offered from 6:30 to 9 p.m. Feb. 1 in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class is offered as part of the prepared childbirth course. Topics will include Cesarean deliveries, pain management, hospital procedures and non-conforming labors.

The class is free. Pre-registration is required; call 732-3148.

"To do for you" is a listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Image section. Mail notices to: The Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

# Though alternatives exist, ear dryer has some pluses

By Jodi Mailander Farrell  
Knight Ridder News Service

Product: Sahara DryEar, \$99.99, www.dryear.net.

What it is: A portable ear dryer powered by a rechargeable lithium ion battery.

The pitch: Removes trapped water from swimmer's ear and moisture from the ear canal after showers and exercise. Also helpful for hearing aid users who perspire in their ears.

How it works: A computer chip directs the heater and fan to blow warm air into the ear canal. The earpiece channels the warm air into the outer ear canal and exhausts the airflow from the ear canal along with the evaporating moisture.

Pros: Medical articles emphasize the importance of keeping the outer ear canal dry. The American Academy of Otolaryngology even suggests using a hair dryer to dry your ears. A 13-month study by the doctor who created the Sahara DryEar found that people with chronic middle ear disease and other ear canal problems stopped having trouble with ear moisture and using the device. Patients with hearing aids reported no more difficulty wearing the aids resulting from moisture. The dryer takes only a little more than a minute to use and includes color-coded earpieces so each family member can use his or her own. It works about 50 times before it needs to be recharged.

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# HAD ENOUGH OF WINTER? Bag it!

By Janelle Erlichman Diamond  
The Washington Post

Even as spring fashions get shoved down our (sulfur-wrapped-in-a-scarf) throats, it's OK to still be hunting for the perfect winter bag. (In fact, chances are it's probably on sale.)

The bags are all about the embellishments, aka heavy-duty details, says Gina Kelly, Seventeen magazine's fashion director. This season's bags aspire to grow up and be their own version of the perfect Marc Jacobs quilted bag with heavy chain handles.

"These aren't light bags — they all have really interesting ornate details like hardware,

studs, grommets and chains," Kelly says. The look is rich and lux with colors ranging from navy and black to rich jewel tones.

If you're willing to spend a little more money, buy a bag with an expiration date (winter white was so last season), stick with browns like coffee and toffee, says Kelly. "It's very on-trend."

When choosing a bag, look no further than your favorite designer, Kelly suggests. Chloé bags, like the line, are slouchy, slightly French and very bohemian. Louis Vuitton is more fanciful and rich looking.

And your wallet, brush, lipstick, checkbook, iPod and Palm rejoice: Oversize bags are in.

Winter involves so much bundling, a big, black coat and matching hats, gloves and earmuffs, says Kelly. So,

have a little fun with your purse.

"It's nice to have a fun, pretty bag because, really, in the winter that's all you see."

A Lauren Merkin leaf print suede Charlotte clutch, \$240 at laurenmerkin.com.



Photo by Jeff Cook/Washington Post



Oversize bags are in. Here, a Mixx canvas tote bag (about \$30); see www.mixx.us for details.



Left, if you don't want a winter bag with an expiration date, stick with browns such as coffee and toffee. Here, a Joella hobo made with Italian leather, \$275 at jubilee-designs.com.

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February 12-18 is Child Passenger Safety Week



# To sharpen the brain, first hone the body

By Shari Roon  
Los Angeles Times

A faster mile, bigger biceps, more stamina — all are proof that exercise hones the body. Less tangible, but no less important, is the effect on the mind.

Over the last decade, neuroscientists have been churning out an abundance of data pointing to changes in the brain following physical activity. Some researchers have even suggested that the type of exercise matters — as does the age at which it begins.

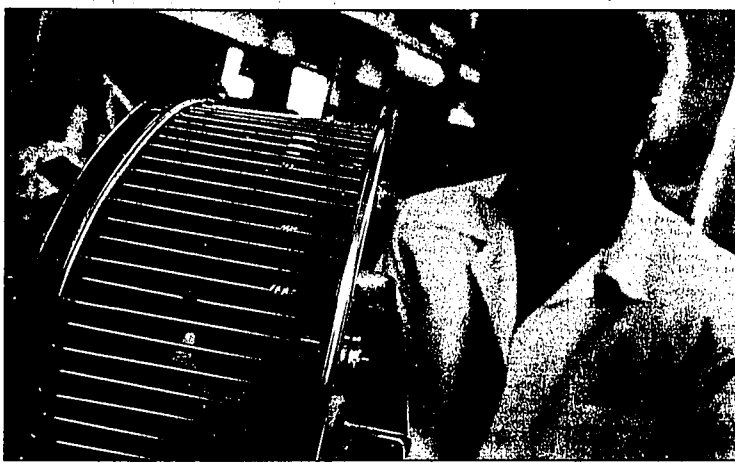
"I would absolutely recommend people exercise for the mental benefits — especially the elderly," says Henriette van Praag, a staff scientist at the Salk Institute for Biological Studies in San Diego. "People don't care about whether they're a size 4 or a size 6 as they get older. But they do care where their car keys are and whether they'll have the ability to play their card games and enjoy life."

Movement appears to enhance memory, learning, attention, decision-making and multitasking among other mental functions. It also may slow or even reverse age-related decline.

"The proof comes in two forms. The first is research showing that people who exercise do better on mental tests than those who don't. Most of this research has been on older people. The second is research showing that exercise prevents structural changes in the brain of mice, spurring the growth of new nerve cells and connections between those cells.

While admittedly a far cry from human studies, the finding that new neurons can be formed later in life — called neurogenesis — is a revelation. Scientists had long assumed that we have about all the nerve cells we'll ever have, losing them as we age.

"Neurogenesis is probably a very important contributor to the ability of our brains to learn and memory," van Praag says.



Carl Cotman of University of California, Irvine's Institute for Brain Aging and Dementia says combining exercise with a mental challenge and a social component can be effective.

A study published in September in the *Journal of Neuroscience* by van Praag and the Salk researchers showed that the new neurons in older mice who began exercising were twice those of young, sedentary mice. The older, exercising mice were also better able to learn new tasks.

Exercise seems to enhance brain performance in three basic ways. One, it increases the flow of oxygen to the brain and may help build tiny blood vessels that pave the way for the growth of new cells.

Two, it boosts substances called growth factors, including one called brain-derived neurotrophic factor that is critical to

the survival of new nerve cells. Finally, physical activity increases chemicals in the brain called neurotransmitters, such as dopamine, serotonin and norepinephrine, which play roles in cognition.

"The way I think about it is that fitness changes the building blocks — the structure and function — that support numerous cognitive abilities," says Dr. Arthur Kramer, director of the Biomedical Imaging Center at the University of Illinois.

Exercise may even help stall the progression of dementia. In a study published recently in the *Journal of Neuroscience*, Carl Cotman and his colleagues took mice that were predis-

posed to develop Alzheimer's disease and gave them running wheels for exercise. After several months of exercise, the mice showed improved cognitive behaviors and less amyloid-beta plaque, a substance that accumulates in the brains of Alzheimer's patients.

"What we found is that levels of the amyloid in these exercising mice went down," says Cotman, director of the Institute for Brain Aging and Dementia at the University of California, Irvine. "Instead of a drug, it was a natural behavior that translated to a reduction of Alzheimer's-like pathology developing in the brain."

The animal studies are im-

portant because they suggest reasons why humans also demonstrate enhanced mental performance after starting an exercise program.

Consider walking daily with a group of friends to blend the workout with socialization, says Kramer. Or take a fitness class that prompts you to learn something new, suggests Cotman. Dance classes, for instance, combine exercise with social interaction and a mental challenge.

"We don't have to wait for a wonder drug," says Kramer. "We know there are several things that are neuro-protective: diet, intellectual stimulation and exercise. There is enough evidence to act on this."

## Adjusting to allergies

They're not just peanuts — they can be deadly

By Cary Loider Vogrin  
The Gazette

**COLORADO SPRINGS, Colo.** — Riley Mers and Shaylyn Porela have severe food allergies — the kind that could kill them. Many nuts, all medicines and walkie-talkies accompany the two kindergartners wherever they go to school.

Riley can't be anywhere near the cafeteria if she's allergic not just to peanuts, but also to walnuts, pistachios and almonds. Even being close to the foods can trigger a rash or a more dangerous respiratory reaction.

Teachers at Colorado's Klinger Elementary School have been trained to recognize symptoms in the girls and to administer an EpiPen, an injector that stops medicine to stop a potentially deadly reaction.

The walkie-talkies offer assurance that teachers can quickly call for help.

Educators are seeing increasing numbers of students like Riley and Shaylyn, and they're having to come up with plans to safeguard them.

No one knows why food allergies are becoming more severe and more common, said Steve Taylor, a food scientist at the

University of Nebraska's Food Allergy and Resource Program. Some, he said, attribute it to the "hygiene hypothesis" — the idea that Americans live too clean, and their immune systems no longer are developing tolerance to certain allergens.

Food allergies kill 150-200 people a year in the United States and account for 29,000 emergency room visits, Taylor said. "More people die from food allergies every year than die from bee stings," he said.

It's estimated that 2 million children have some sort of food allergy — 600,000 of them to peanuts, says Anne Munoz-Furlong, founder and CEO of the Food Allergy and Anaphylaxis Network (FAAN). The nonprofit organization in Virginia works to raise awareness of the seriousness of such allergies.

Peanut allergies alone doubled from 1997 to 2002, she said. Some schools, such as Klinger, have designated "peanut-free" tables in the school cafeteria. Klinger has also taken steps to ensure the girls' classrooms are not contaminated.

Procedures to protect students with peanut allergies include removing peanut products from the lunch menu in schools with highly allergic students and designating a table for cold-lunch children who might bring peanut butter and jelly sandwiches or other foods containing peanuts.

"Peanuts is the big one, but I've been in this business 15 years, and we're seeing more and more allergies that are becoming more prevalent," said Rick Hughes, director of food and nutrition services in D11. He said some districts are experimenting with a sunflower spread to replace peanut butter. Alicia Fordis takes a few chances with what's on the menu or with what might be in classmates' sack lunches.

"My daughter is forbidden to enter the cafeteria," she said. Other common allergens at Klinger — the office, the gym, the music and art rooms, for instance — have been designated "peanut-free" and warning signs posted at each entrance.

The girls' kindergarten teacher, Lois Caverna, said learning she

would have two students with severe allergies was frightening.

"She spent part of the summer educating herself. 'It did throw me into kind of a panic because it is so serious,' Caverna said. "All of it is new to me. It was scary, I wondered if I could handle it if something really bad were to happen."

Before school started this year, Caverna's classroom was scrubbed clean. Old peanut butter jars being used to store craft items were tossed.

Her students wash their hands as part of their routine start of the day, and Caverna read the children's book "Allie the Allergic Elephant" to them to help explain why Riley and Shaylyn might be treated a bit differently.

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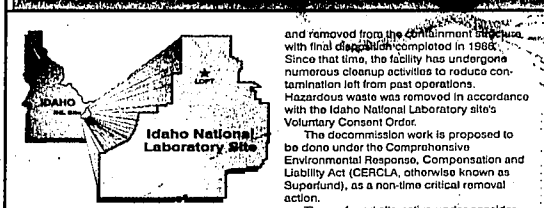
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## DOE-Idaho releases plan to dismantle old reactor facility



The U.S. Department of Energy, in cooperation with the state of Idaho and the U.S. Environmental Protection Agency, is seeking public comment through Feb. 20, 2006 on a proposal to decommission a reactor facility at Test Area North at the Idaho National Laboratory. The facility is comprised of two buildings, the TAN-630 Control Building and TAN-650 Containment Building which supported the Loss-of-Fluid Test reactor in the 1970s and 1980s.

An Engineering Evaluation and Cost Analysis document is available for review and comment at [www.idahooleanupproject.com](http://www.idahooleanupproject.com). The document describes three alternatives to decommission the two reactor support buildings.

The Loss-of-Fluid Test reactor was started in 1973. It was a scale-model version of a commercial pressurized-water power plant built chiefly to explore the effects of loss-of-coolant accidents. The reactor was used by scientists and engineers for 58 nuclear power tests on various safety tests including the Three Mile Island accident. Reactor operations were shutdown in July 1985.

The LOFT reactor vessel was inactivated and removed from the containment building with final decommission completed in 1988. Since that time, the facility has undergone numerous cleanup activities to reduce contamination left from past operations. Hazardous waste was removed in accordance with the Idaho National Laboratory site's Voluntary Consent Order.

The decommission work is proposed to be done under the Comprehensive Environmental Response, Compensation and Liability Act (CERCLA, otherwise known as Superfund), as a non-time critical removal action.

The preferred alternative under consideration for both facilities is protective of human health and the environment and includes final disposition of both buildings.

Written comments on DOE's plan can be submitted online at [www.idahooleanupproject.com](http://www.idahooleanupproject.com) or mailed to:

R. Mark Shaw  
The Department of Energy  
P.O. Box 1625 MS 1222  
Idaho Falls, Idaho 83415-1222  
Shawrmr@id.e.doe.gov

The document, as well as an electronic comment form, is available at [www.idahooleanupproject.com](http://www.idahooleanupproject.com). Detailed information is available in the Administrative Record file for the Test Area North (Waste Area Group 1), the Administrative Record is located at the DOE Reading Room of the INEL Technical Library in Idaho Falls. Copies can be found at Albion State University campus. The Administrative Record can also be accessed via the Internet at <http://ac.inel.gov>.

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Needs and circumstances vary from one estate to the next. An informed decision on whether to probate a deceased spouse's estate must take into account the type and amount of property and debt involved; whether there was a will and what it said; and whether parties other than the surviving spouse might gain financial advantage in the absence of a probate proceeding.

As with other of life's more important decisions, a careful assessment of relevant circumstances makes the best answer fairly obvious.

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## OTHER VIEWS

### Property tax solutions should begin at home

The Court d'Alene Press

live within strict budgets.

**T**hey aren't the words of a governor hoping to be re-elected. Then again, Dirk Kemphorne is in the final year of his reign as Idaho's leader, so he doesn't need to be too concerned about political fallout.

We've criticized numerous governmental entities for failing the fundamental economic law of living within their means, and will continue to scrutinize Kootenai County, North Idaho College, the county's cities and others in the way they collect and spend tax dollars.

In a meeting with this newspaper's editorial board last week, the governor said our state or even federal taxes, but what it comes down to, the governor said, is decision-making at the local level.

But we should all take a deep breath and look in the mirror for the root cause of tax problems. The cause looks awful lot like us.

**Their view:** This guest editorial from the Coeur d'Alene Press says inaction by the public is what allows excessive local government.

**What do you think?** We welcome viewpoints from our readers on this and other issues.

If you want to see a critical process that doesn't draw even a wisp of interest from the general public, check out the meetings where budgets are set. There are more than four dozen taxing districts in Kootenai County, and every one of them is required to conduct their budgeting business openly and allow input from the public. It's not unusual for these meetings to be attended only by the officials conducting them. It is unusual for those officials to receive zero comment in writing from the people who think they're too busy to attend the meetings in person.

The truth is, too many of us are much more willing to complain than we are to avoid the problem in the first place. We want someone else to make sure we've got all the services we want, and then we gripe when the bill arrives. We have only ourselves to blame.

That's a harsh dose of medicine that most politicians won't ask you to take, but it's the only way to long-term financial health.

## High court sends message on wiretaps

**I**f there is a message for Attorney General Alberto Gonzales in last week's 6-3 Supreme Court decision, rejecting the claim by his predecessor, John Ashcroft, that the federal government has the authority to override Oregon's assisted-suicide law in its nonlegal opinion. It casts serious doubt on Gonzales' effort to defend President Bush's longstanding wiretapping of domestic residents without a court order.



DAVID BRODER

Here's why. As the majority opinion by Justice Anthony Kennedy in the Oregon case makes plain, that decision does not go to the merits of the constitutionality of the state's unique law, permitting physicians to give prescriptions for lethal doses of drugs to terminally ill patients who prove their mental competence and who wish to avoid the possible pain of protracted death. Instead, the court asked a straightforward question of interpreting the extent of the power Congress had granted the attorney general when it passed the Control Substances Act (CSA) in 1970.

Ashcroft cited that law in 2001 when he ruled that, notwithstanding the "Death With Dignity" measure twice approved by Oregon voters, any physician who gave a patient prescriptions for drugs that could be used for suicide would be subject to federal prosecution. Ashcroft wrote a regulation, borrowing language from the 1970 statute, that said that assisting suicide was not a "legitimate medical purpose" and was "inconsistent with the public interest."

As Kennedy noted, Ashcroft, in his earlier role as a senator, had supported legislation in 1997 to give exactly that prosecutive power to the attorney general, but the bill never became law. In 2001, operating with the approval of President Bush, Ashcroft found that the authority could be found in that



1970 statute. Supporters of the Oregon law went to court and, in succession, a district court, the 9th U.S. Circuit Court of Appeals and now the Supreme Court have found that Ashcroft overstepped his authority. The courts have consistently ruled that a statute written to control drug trafficking may not be used to regulate medical practice, traditionally a province of the states.

In affirming that judgment, Justice Kennedy said several things about interpreting the will of Congress that could be a little on how the courts will treat Bush's claim that he has the power to authorize warrantless wiretaps. Years ago, Congress explicitly barred such wiretaps except as authorized by a special court created by the Foreign Intelligence Surveillance Act. But Gonzales says that statute was, in effect, amended and substantially broadened — to include warrantless wiretapping — when Congress after 9/11 empowered the president to "use all necessary and appropriate force against those nations, organizations or persons he determines planned, authorized, committed or aided

the terrorist attacks that occurred on Sept. 11, 2001."

The issues are different, but in the Oregon case, only three of the nine justices — John Roberts, Antonin Scalia and Clarence Thomas — took an expansive view of the kind of executive authority the Bush administration has claimed for itself.

In his opinion, Justice Kennedy took a distinctly skeptical attitude toward the claim of implied congressional authority. "It would be anomalous for Congress to have so painstakingly described the attorney general's limited authority to deregister a single physician or schedule a single drug, but to have given him, just by implication, authority to declare an entire class of activity outside the course of professional practice and therefore a criminal violation of the CSA," Kennedy wrote. "The idea that Congress gave the attorney general such broad and unusual authority through an implicit delegation in the CSA's registration provision is not sustainable."

And then Kennedy added a quotation from a 2001 Supreme Court decision in the

case of Whitman v. American Trucking Associations that surely will be noted at the White House and the Justice Department: "Congress, we have held, does not alter the fundamental details of a regulatory scheme in vague terms or ancillary provisions — it does not, one might say, hide elephants in mouseholes."

When it comes to warrantless wiretaps, it looks to me as if the administration is trying to hide, an elephant in a violation of civil liberties in the mousehole of a vague anti-Qaida resolution passed by Congress without a single reference to its impact on the Foreign Intelligence Surveillance Act.

Ashcroft was on sound procedural and constitutional grounds when, as a senator, he sought to write into law a provision that would override the Oregon law. The right way for Bush to have gone was to ask Congress for authority to expand wiretapping as an anti-terrorism tool, not just assert such a power himself. I think the Supreme Court will send him that message.

David Broder's e-mail address is davidbroder@usaipost.com.

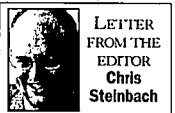
## Two new faces join the opinion party

**T**his column represents an attempt to begin anew.

Before January ends, I'd like you to know my New Year's Resolution for 2006 was to write this column more often. As you can tell, I've done well. The *Times-News* regularly publishes this column, I've already failed at this resolution, which is why I'm overdue in telling you about them. Thanks to Bliss and Blitzenburg.

About this time last year we invited Ramona Jones, *Times-News* librarian, to join our editorial board, along with Eliza Burkhardt, a retired Twin Falls teacher. We wanted to diversify the group — which previously consisted of me, Publisher Brad Hurd, Opinion Editor David Cooper and Steve Crump, an editor and columnist in the newspaper — responsible for forming the editorial opinions of *The Times-News*.

Bliss and Burkhardt brought great additions. They helped us to look at many issues of the past year with a fresh perspective. Bliss agreed from the beginning to impose a term limit so that we could bring different community members on board each year. Cooper led the effort to invite Bliss and Burkhardt. I had asked him to pick someone by Jan. 1. After inviting readers to apply, we were equally impressed with Bliss and Blitzenburg, so we



LETTER FROM THE EDITOR Chris Steinbach

asked both of them to join us in our newly editorial board meeting.

Bliss, an associate professor of education at Idaho State University, in 2004 became the first full-time ISU tenured professor at the College of Southern Idaho. She coordinates the ISU-CSI collaborative teacher education program, working with a number of Magic Valley districts where ISU students complete teaching internships. Her various activities for ISU have included serving as chairman of the Campus Planning and Cultural Affairs Council, along with the Academic Standards Council. She has also served on the university's Athletics Advisory Board and as a representative to the NCAA Compliance Committee.

Blitzenburg and his family farm about 1,000 acres south of Twin Falls, where they raise hay, grain, beans, peas and silage corn. He is a 49-year-old Twin Falls County resident. His wife, Audrey, works for DaimlerChrysler Sugar Co. Their daughter,



Traci Bliss

Hannah, is a senior at Boise State University, where she is majoring in secondary education. Their son, Cole, is a freshman at Albion School of Idaho.

Blitzenburg graduated from Filer High School and attended Boise State University, CSI and Idaho Falls School District. He was appointed by Gov. Dirk Kemphorne to the Idaho Bean Commission in 2003. He is a member of the Twin Falls Soil and Conservation District's board of supervisors, and is attending Leadership Idaho Agriculture. Some of his past involvements include the Salmon River Canal Co., CSA and Filer School District 413 board on which he served six years, three of those as chairman. His hobbies are hunting, reading and motorcycle riding.

Bliss and Blitzenburg joined us earlier this month, and both recently sat in on our meeting with Kemphorne. They have been quick to share their opinions.

Thanks to Cooper's efforts, we have picked two worthy successors to Burkhardt. I'm looking forward to getting to know them this year, and I'm confident their contributions will help set an even higher standard for our editorials.

Here's a score you didn't read in our Sports section: 35-0.

It's hard to write about a game in which about a dozen of our reporters, photographers and editors participated. But I can tell the rest of the story since I don't need my still-rose right ankle to write this column. On Jan. 4, we took on KMYT in a tough football game at Robert Stuart Junior High. It was a rematch, since the broadcasters actually won an earlier game a few weeks ago. But they weren't ready the second time for reporter Matt Christensen's touchdown tosses to the Oregon Ducks duo of Ashley Smith and Jason Smith.

Rumor has it the teams will square off again in about a month — assuming our sore ankles, knees and muscles are healed in time — to make it a best-of-three series.

Like the rest of the news in the *Magic Valley*, you'll need about as fast in *The Times-News*.

Chris Steinbach is editor of *The Times-News*. He can be reached at [chris.steinbach@magicvalley.com](mailto:chris.steinbach@magicvalley.com) or 733-3255.

## The Times-News

Brad Hurd ... Publisher Chris Steinbach ... Editor  
The members of the editorial board and writers of editorials are  
Brad Hurd, Chris Steinbach, Steve Crump, Traci Bliss,  
Bill Blitzenburg, Ramona Jones and David Cooper.

## LETTER

### Traditional marriage solidifies society, kids

I wanted to respond to John White's letter stating that I shouldn't restrict homosexuals from getting married. I do agree with him that it would be great if people had to take some sort of "marriage test" to ensure a healthy marriage for both parents and children. However, I do believe that it is in society's best interest to deny marriage rights to homosexuals.

The primary reason is for children. The maxim, "as goes the father, so goes the nation," has been demonstrated for millennia and is supported by mountains of social research. Children need to be raised by a mother and father because mothers and fathers bring very different skills and abilities to their children.

Granting them are some how mothers and fathers put there who make a terrible home for their children. However, just because they are terrible parents doesn't mean that the traditional family is toxic. Traditional marriage between a loving mother and father provides the best environment for children to grow, learn and explore.

Volumes of research have shown that male homosexual relationships are very unstable and stability is exactly what

### Write to us

**T**he *Times-News* welcomes letters from readers on subjects of public interest. Letters may be brought to our Twin Falls or Burley office; mailed to P.O. Box 549, Twin Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to [letters@magicvalley.com](mailto:letters@magicvalley.com).

children need. Lesbians have more stable relationships but their relationship lacks the father figure. Research has shown that children with fathers are more likely to have academic problems, intellectual deficits, trouble adjusting and be at a higher risk for risky sexual behavior.

The social decay we see today is precisely the result of the disintegration of the traditional family unit. Children need a loving mother and father because society needs healthy individuals.

If we grant homosexuals the right to marry, where will it end? Once we cross the line of marriage only being between one man and one woman, where does it stop? Recently in a foreign country, there was a news story of a woman marrying a female dolphin and a man who married two women. This is the by-product of the weakening of traditional marriage. It may not seem like a big deal, but marriage between a man and woman is the best for society.

LANCE GRIFF  
Twin Falls

### Expect serious health defects from mercury

I am writing in opposition to the coal-fired power plant proposed for Jerome County by Sempra Energy. I will highlight one of the negative health effects of this proposed boondoggle.

Coal-fired plants are the single largest source of mercury pollution in the United States. The metallic form is converted into the neurotoxic methylmercury form by bacteria in rivers or lakes. Methylmercury is a

potent toxin which affects pregnant women and children most severely, resulting in lower IQ, learning disabilities and developmental delays.

I am the regional medical consultant to the Child Development Center in Twin Falls, and as such, I see numerous developmental or learning-impaired children every week. The Centers for Disease Control and Prevention have documented that between 316,558 and 637,233 children born each year live in areas of elevated mercury levels greater than 5.8

micrograms/liter — enough to result in diminished IQ. This will inevitably result in poorer jobs and poorer wages on productivity over their work-life.

The Center for Children's Health and the Environment at Mount Sinai School of Medicine estimates that this will cost us at least \$8.7 billion annually. At least \$1.3 billion of this cost is linked to American coal-fired power plants. Southern Idaho already has a large mercury problem, with fish advisories in effect at Upper Salmon Falls and C.J. Strike reservoirs.

Whether the mercury is released into the air or dumped above the aquifer on our porous lava, it will still add to the Magic Valley's problems. Economic alternatives to coal exist, such as conservation and wind power.

I see this as a conflict between corporate greed and the health of our community.

Please join other concerned citizens in opposing this mistake. DR. JAMES IRWIN Jerome

## SCHOOL NEWS

### Jerome Rec, school offers computer class

**JEROME** — The Jerome Recreation District in conjunction with the Jerome High School Tech Club will offer "Computers For All Ages."

The class is to introduce new computer users to word processing, e-mail and Internet use. The class will be held from 5 to 7 p.m. Jan. 31 and Feb. 7 at Jerome High School. The fee is \$10.

Sign up at the Recreation District, located at 2032 S. Lincoln St., or by calling with your debit card at 324-3389.

### Horton Elementary names Citizens of the Month

**JEROME** — Horton Elementary School named its Citizens of the Month for December: Kindergarten — Jordan Yunker, Tony Bahena, Lacey Peterson, Connor Bradley, Brielle Young, Madalene Aragon, Ketch Southwick and Yesenia Rios.

**First grade** — Heidi Madera, Elizabeth Vega, Michelle Ricketts, Andrea Rosales, Faith Ann Johnson, Adam Thompson, Maria Pardo and Nicole Beck.

**Second grade** — Brianna Meyers, Koby Shane, Courtney Argyle, Cassidy Thurber, Johnny Moore, Isis Ramirez and Rachel Tollett.

**Third grade** — Drew Williamson, Jamison Burton, Patrick Williamson, Seth Millage, Junior Beltran and Robert Latta.

**Fourth grade** — Darlene Phillips, Daniel Martinez, Sarah King and Megan Tappan.

**Physical education** — Haley Mendillo, Luis Millillo, Megan Peters and Dennis Eldred.

**Library** — Ethan Drain and Daniel Pizano.

**Music** — McKinley Ostrom, Leslie Orozco, Iovanic Meneses, Marina Gough and Jeanette Vazquez.

**Playground** — Veronica Alvarez, Alexia Yula, McKinley Ostrom, Andrew Ayala, Michael Humbach, Anna Hankins, Bryson Gardner, Marine Sandoval, Victor Campos, Chris Gonzalez, Robert Brown, Nick Evans, Florencio Torres and Jose Granados.

### Students support spirit week

Brin Week is over, and second semester is getting into gear.



Brin Week ended with an assembly to remember with class competitions of Human Surfing, Box Building and Tag-O-War. The peanut butter contest and "cheer studs" were a huge hit. Thanks to everyone who participated in events, from dressing up to lunch activities.

Five had its annual Winter Showcases on Saturday. It was an amazing show full of singing and dancing. The group will now prepare for five Night on 21st and 22.

"Pack the Gym" night for the Boosters and those who supported the basketball team by going to the game. Both events were huge successes.

At advisory last Thursday, the schools' new plans for next year were introduced to the students. Next year at the high school, everyone will be split up into small learning communities. Students will pick their community, depending on which career path they intend to follow.

Report cards also went home last Thursday.

This week, selected students will participate in the All-State choir in Boise. Students from all over Idaho will participate in either a mixed choir or in a women's chorus. There were several students from Twin Falls High School selected for both choirs, and we wish them the best of luck.

Deldre Edmunds is the Twin Falls School junior class vice president.



Dietrich FFA members put finishing touches on their new school by painting handrails in two stairways. Students in the ag fabrications class contributed by building gates for the stairwells.

### Dietrich FFA has busy year

**DIETRICH** FFA has had a busy year so far. Its theme is "Second to None — Git 'R Done!"

"We are focusing our year on the last line of the FFA motto 'Living to Serve' and are planning to help others through community service," said vice president Nicki Miller.

Among their activities: Painting the high school football goal posts and scoreboard posts, planning a Christmas canned food drive, working on the football field announcer's booth and finding ways to help beautify school grounds with plants grown in their greenhouse, said Kellie Whitaker and Jackson Hill, chapter reporters.

In September, the forestry team placed second in the district run-off in Fairfield, with Kelli Fenelon first individual. They also placed second in the Solis Evaluation Event in Jerome.

The Dietrich members did well in three leadership contests in November in Glens Ferry. As a result, Valary Fenelon will participate in the state run-off for ninth-graders in the Creed Speaking competition in April. The Greenhand team, consisting of Dakota Astle, Luke Hubert, Valary Fenelon, G.W. Bailey and Scott Perron, took second place in their contest. The Dietrich officers received a

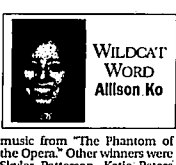
silver award for their presentation in the ceremonies event.

In the North Magic Valley District Parliamentary Procedure Contest, Dietrich FFA came out on top, with a team consisting of Kelli Fenelon, Nicki Miller, Tatiana Weber, Jackson Hill, Tyrell Porter and Valary Fenelon, and will represent the district at state convention in April.

At the food science competition, high-individual Tatiana Weber placed first in the district. Other Dietrich officers are Kelli Fenelon, president; Nicki Miller, vice president; Tatiana Weber, secretary; Tyrell Porter, treasurer; and Jeramie Heitsley, sentinel. The adviser is Jeff Gerard.

### Filer students show many talents

Last Wednesday, the Filer High School yearbook class held its first talent show. It was such a success that the yearbook staff hopes it will become an annual event. High school students, as well as eighth-graders, were invited to participate, producing the talented musical talents of Chalis Hanson, an eighth-grader at Filer Middle School. She stole the show, taking first place with



music from "The Phantom of the Opera." Other winners were Sklyer Patterson, Katie Peters

and Kristin Peters.

The winners of the state music competitions (Jared Johnson, Rachael Larson and Sklyer Patterson) will travel to Boise on Wednesday and Thursday. They will meet up with all those other talented musicians to perform in an All-State Choir. Congratulations and have fun!

Allison Ko is Filer High School student body president.



Jasica Jackson, from Jennifer Milley's speech class, reads to a group of Lincoln Elementary kindergartners. The experience was enjoyed by students at both schools, with plans for future visits already in the works, Miller reports.

### LEARNING THE LEGACY: MVHS focuses on civil rights message

Last week, Magic Valley High School students recognized and celebrated Martin Luther King Jr.'s legacy, and continued that focus throughout the week.

The school watched King's "I Have a Dream" speech, followed by Robert Kennedy's speech, "On the Death of Martin Luther King."



Melanie Hutchinson's government class also held a civil rights activity, and several of their students attend the College of Southern Idaho open microphone poetry reading, which centered on civil rights. The class also registered to vote during the week.

Students of voting age had the opportunity to hear Twin Falls School District Superintendent Wiley Dobbs' presentation on the upcoming proposed bond levy. The levy will be voted on in March. Thank you to Dr. Dobbs, and his team for the presentation.

Jennifer Miller is the English and speech teacher at Magic Valley High School in Twin Falls.

### Several Hansen students travel during holidays

A few Hansen students enjoyed traveling during the holidays.

Shelby and Kalee Bull, accompanied by their grandmother, flew to Germany to visit their uncle and his family. They enjoyed Christmas villages, shopping and eating at McDonald's.



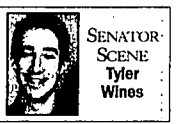
They were quick to notice that, although traffic is heavy, many people travel more often by plane or foot, and not get their driver's license until they are 18. A side trip to Paris, the Louvre, Eiffel Tower and many castles and them both concluding that although it was cold, she loved her experiences.

Almi Tamano, a Hansen exchange student from Japan, traveled extensively with her exchange family.

### GHS Spirit Week features activities and recognition

This week will mark Gooding High School's annual Spirit Week.

The focus is to heighten school spirit and recognize student athletes. The student council also wants to focus on academics. Students who maintain a 4.0 average for this semester and those who received the highest final grade on their final exams will be recognized in front of the school.



Other activities during the week include a parent basketball game during the half-time of the boys basketball game on Tuesday. Thursday night will be the girls last home game of the year, along with senior night. During half-time, the outcome of Ms. and Mrs. GHS will be announced. Students who maintain a 4.0 average for this semester and those who received the highest final grade on their final exams will be recognized in front of the school.

Senior boys can be seen going around town Thursday afternoon dressed as a lady Viking asking for donations. The person who collects the most money will be named the VIKING

The cheerleaders are holding a Rowdy Competition. Each class will be judged on their prospective rowdiness and spirit. Friday and Saturday night will allow drama stars to shine. Their version of "Burning of the Shrew" will be performed at 8 p.m. in the multi-use room.

Along with all the activities, students will participate in dress-up days. Today is Bright as You Can Be Day, Tuesday is Super Hero Day, Wednesday is Bad Hair Day.

Thursday is Will you still be my friend if I dress like this Day and Friday is Imitate a Staff Member Day.

The evening benefit dinner will be held at 6:30 p.m. today.

Tyler Wines is Gooding High School student body secretary.



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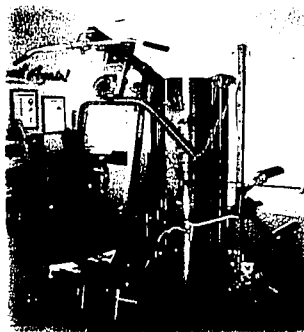
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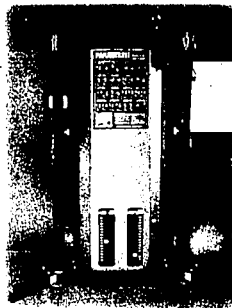
Bryan Wright,  
Doctor of Physical Therapy

RehabAuthority Physical Therapy specializes in the treatment of spine pain, injury, disease and dysfunction. Our patients experience the highest level of medical care and spine expertise available. This includes immediate service, a scrupulously clean and attractive environment, convenient hours and efficient care provided by compassionate, well-trained, fun people.

RehabAuthority's clinical staff receives the highest levels of training in the McKenzie method of evaluation and treatment for spinal problems. This method has been proven to be one of the most effective evaluation and treatment systems for back and neck pain available today. RehabAuthority is also the exclusive provider for MedX technology in the Magic Valley. MedX technology isolates low back or neck movements with a unique system of stabilization. The technology is unique and well-researched and has not been available in Twin Falls until now. Chronic neck and back pain can stem



from a variety of sources and problems. New research suggests that one source is significant weakness of the low back musculature. Most people with chronic back pain learn to compensate with abnormal postures and movements, which compounds the problem over time. MedX eliminates these abnormal postures and movements, isolating the neck or low back musculature; by isolating these



muscles, we can accurately measure range of motion, strength and endurance in a precise way that nothing else can. MedX rehabilitation is effective because it truly isolates and strengthens specific areas of the spine. By training specific movements and not allowing abnormal compensations the patient not only regains needed strength, but also learns to move their spine properly again. MedX exercise machines are precisely adjusted to each individual patient during the first therapy session. The back or neck muscles are gradually strengthened, leading to long-term success for the patient. The precision of MedX machines have undergone significant scientific study and have been compared against a variety of other methods of strength training. Time and time again

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MORNING LINE

SPORTSQUOTE

66

Did you see where a billionaire booster will donate \$165 million to the Oklahoma State athletic department? That's almost as much as Alabama boosters pay for a good defensive lineman.

99

— Orlando Sentinel columnist Mike Blanchi

TRIVIA

QUESTION: The Super Bowl trophy is named after Vince Lombardi. How many NFL titles did Lombardi win with the Green Bay Packers?

...answer below

TODAY'S SCHEDULE

High School BOYS BASKETBALL: Burley at Declo, 7:30 p.m. Glenss Ferry at Parma, 7:30 p.m. GIRLS BASKETBALL: Lighthouse Christian at Oakley, 6 p.m. Hagerman at Hansen, 7:30 p.m. Middle Valley Christian at Caldwell, 7:30 p.m. Rockdale at Murtaugh, 7:30 p.m.

IN BRIEF

CSI-booster luncheon is today

TWIN FALLS — The College of Southern Idaho booster luncheon will be held today at noon in Taylor Building Room 277. Golden Era coaches and athletes will be in attendance to give updates on their respective programs. Anyone interested is invited to pick up lunch from the cafeteria and bring it to the event.

Skating competition this weekend

SUN VALLEY — The Sun Valley Figure Skating Club will be hosting the figure skating events of the 2006 Winter Games of Idaho. Competition will take place on Jan. 28-29. There will be practice ice available Friday, Jan. 27 from 5-9 p.m. For more information, contact the Sun Valley Figure Skating Club office at svfsc@sunvalley.net or call (208) 622-8020.

Gooding co-ed volleyball touney set

GOODING — A co-ed adult volleyball tournament is scheduled for Saturday, Feb. 4 at the Gooding High School and Gooding Middle School gyms. Competition will begin at 8:30 a.m. in A, B and C divisions. An entry fee of \$80 per team is due by Jan. 25. For more information, contact Jenny Keist at 539-0135 or Joleen Toone at 539-1313.

Snowboard competition slated

TWIN FALLS — Magic Mountain ski resort will hold a snowboard air contest on Saturday, Jan. 28. For more information, contact Terry Miller at (801) 372-9090.

NFL speaker comes to Twin Falls next Saturday

TWIN FALLS — Joe Jackson, a former NFL player with the New York Jets and Minnesota Vikings, will speak at the Sportsman's Reception at 10 a.m. Saturday, Jan. 28 at the Twin Falls High School cafeteria. Price is \$5 for students and \$10 for adults. Call 733-5349 to purchase tickets.

Compiled from staff reports

TRIVIA ANSWER:

Five — 1961 season, 1962, 1965, 1966, 1967.

NFL CONFERENCE CHAMPIONSHIPS

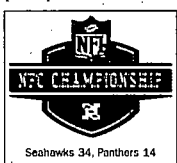
Drought? What drought?

Seattle will make first trip to Super Bowl in team's 30-year history

By Barry Wilner Associated Press writer

SEATTLE — With their MVP back in business, a fierce defense and all the comforts of playing at home, the Seattle Seahawks had everything they needed to get to their first Super Bowl.

And they did, easily. Shaun Alexander came back from last week's concussion to rush for a team playoff-record 132 yards and two touchdowns Sunday, and Seattle pressured Carolina stars Jake Delhomme and Steve Smith into oblivion in a 34-14 rout for the NFC championship.



Seahawks 34, Panthers 14

The Seahawks picked off three passes, winning their 12th straight home game and shattering the fifth-seeded Panthers' stunning postseason road run.

They have an unbelievable team, an unbelievable group of fans," Alexander said. "Prayer works. I get knocked out and guys step up. One guy goes down and another guy steps up."

The NFL's best team during the season, the Seahawks (15-3) will have to wait yet another week for the Pittsburgh Steelers, in the Super Bowl in Detroit on Feb. 5. Pittsburgh beat Den-



Seattle Seahawks halfback Shaun Alexander (37) holds up the Vince Lombardi trophy after his team beat the Carolina Panthers 34-14 to win Sunday's NFC championship game in Seattle.

ver 34-17 earlier in the day. "We're not done yet," said quarterback Matt Hasselbeck, who was a precise 20-for-28 for 219 yards and two scores. "We've got another game we've got to go win."

While Alexander paced the ball-control offense, it was the defense that really carried the Seahawks. It yielded only 62 yards, three first downs and no

real threats in the first half. Then, with Carolina desperate, Seattle allowed virtually nothing until it had a 20-point lead. Mike Holmgren, only the fifth coach to lead two franchises to the Super Bowl — he won in 1997 and lost in 1998 with Green Bay — praised his defense this week for the enormous pressure applied to opponents all season. That defense led the league in

sacks and was always in Delhomme's face, helping force two first-half interceptions that were decisive. "I don't know if we ran out of gas," Panthers coach John Fox said. "I'm not sure what the problem was. Their defense played tremendous. We knew we'd have our hands full with their offense."

See SEAHAWKS, Page B2

Steelers bludgeon Broncos, 34-17

By Eddio Pells Associated Press writer

DENVER — Big Ben, The Bus and all those Terrible Towels sure are traveling well this postseason. Next stop, the Super Bowl, the final destination of a Pittsburgh road trip the Denver Broncos were powerless to deter.

Ben Roethlisberger had a brilliant afternoon, throwing for 275 yards and two scores, and Jerome Bettis extended his career one more game, lifting the Steelers to a dominating 34-17 victory in the AFC title game Sunday. Bettis said, "We're going home" as the game wore down and he celebrated on the sideline. He is, indeed, back to his hometown of Detroit for Pittsburgh's first appearance in the Super Bowl since 1995.

"I thought we could get there. It's come true," he said. "Detroit, watch out. Here we come!" Outscored, outplayed and pushed around all day, the Broncos (14-4) shuffled off to their locker room, heads down, after their first home loss in 10 tries this season.

"They had a great game plan," said Broncos coach Mike Shanahan, now 2-1 in AFC title



Pittsburgh Steelers receiver Cedrick Wilson (80) pulls in a 12-yard touchdown pass ahead of Denver Broncos cornerback Champ Bailey (24) during Sunday's AFC Championship football game in Denver.

games. "They played big on the road, very well-coached game, very well-played game."

Though Pittsburgh's next game, against either Seattle or Carolina, will be a homecoming for Bettis, the Steelers (14-5) have looked extremely comfortable on the road.

They became the first team to win three away games to make it to the Super Bowl since the 1985 New England Patriots.

Some might look at that as a surprise. Anyone who has watched the Steelers over the past decade — and especially the last two months — certainly wouldn't.

They came out passing, not running much the same way they did when they upset Indianapolis last week. Roethlisberger called pass plays on seven of Pittsburgh's first 11 snaps and threw completions

on five of those. The first drive resulted in a field goal. On Denver's next possession, Pittsburgh's Joey Porter blitzed to force a Jake Plummer fumble. Five plays later, Roethlisberger hit Cedrick Wilson for a touchdown and a 10-0 lead, ending the Invesco Field crowd music as the Steelers did in Indy last week and Cincinnati the week before.

After a Denver field goal, the Steelers essentially sailed this game with a 14-play, 80-yard drive that ate up nearly 7.5 minutes and had the Broncos defense totally off balance and gasping for air. The Steelers converted six of seven third downs in the first half.

Bettis capped it by bulging in from the 3 for a 17-3 lead to put him well on his way to the Super Bowl. Just-laundered coach Bill Cowher smiled widely for that one, remembering Bettis' near disaster on the goal line last week in Indy.

"This is a great group of guys, how we got here, we're a different team," Cowher said. "We're a focused team, no matter what's happened, we've stayed together. We've got a resilient group."

The Broncos trailed by two See STEELERS, Page B2

Another major, another early exit for Roddick

By John Pye Associated Press writer

MELBOURNE, Australia — Andy Roddick thought he'd get it right at the Australian Open.

Stung by a first-round exit at the U.S. Open last August, Roddick skipped the Masters Cup in November to give himself extra weeks to peak for the season's first major.

What he did not figure on, while running miles and pumping iron, was a guy like Marcos Baghdatis stepping into serves and smacking returns past him with menacing regularity.

Baghdatis, a live-wire former junior world champion from Cyprus, hit 63 winners in a 6-4, 6-3, 6-4 four-round win,

Australian Open

Sunday, advancing to a Grand Slam quarterfinal for the first time, where No. 7 Ivan Ljubicic awaits.

When one return winner zipped by him in the last set, Roddick turned to the crowd and asked, "What can I do?"

"It's disappointing when you feel like you've put in the work and there are no unanswered questions in my eyes as far as preparation," he said. "You're kind of left searching a bit — that's an uneasy feeling."

"I don't know if it's easy just to shrug off. Roddick's loss left fourth-

seeded David Nalbandian as the highest-ranked man in the bottom half of the draw, and a likely opponent for top-seeded Roger Federer in the final.

"Most of the losses are big opportunities missed — I don't know how to grade one against another," he said. "They're all not fun when you're in this situation."

Baghdatis gave his best to Roddick, swinging at everything and sparking celebrations in Cyprus, where he had people dived themselves in downtown town.

"I'm just in my own world and playing great tennis," said Baghdatis, who is ranked 54th. "I think it's one of the best matches of my life."

The hyperactive Baghdatis, with his idiosyncratic between-the-legs ball bounces before each serve and the heavily scuffed face, has been embraced by Melbourne.

To beat Andy in Rod Laver Arena in front of 11,000 fans, how many people... it's a big experience," said 20-year-old Baghdatis, who lost in the fourth round last year to Federer and won a junior title in Australia in 2003.

It's only the second time since the Australian Open moved permanently to Melbourne Park in 1988 that no American men are in the quarterfinals — the last was in 2002, when Thomas Johansson won the title.

Fine line between genius and mediocrity

SEATTLE — Somewhere along the way, through six long years in this gray caffeine-fueled city, Mike Holmgren was supposed to have lost it. He wasn't a coaching genius anymore, just another coach of a very mediocre franchise.

Holmgren was always supposed to take the Seahawks to a Super Bowl, as he did twice with the Green Bay Packers.

It just wasn't supposed to take him this long to do it.



TIM DAHLBERG

That's why it meant so much to Holmgren Sunday night to get a pat on the back from Seattle owner Paul Allen on a makeshift podium at Qwest Field. Mount almost as much as the NFC championship trophy Allen handed him next.

Because if the elusive billionaire hadn't had his back over the years, the moment may never have come. Coaches don't usually get seven years to prove themselves. That's true even if they have won Super Bowls and been proclaimed geniuses somewhere else.

Holmgren did, and he finally delivered for a very grateful city. "Thank you Paul Allen for being patient with me," Holmgren said. "In a rather volatile business to allow your coaches to build something... you don't always see it."

If Allen was patient, Seahawks fans weren't always so forgiving as Holmgren led a succession of, so-so teams, never winning a playoff game until last week against the Washington Redskins.

But they came dressed and painted in blue Sunday and roared so loudly that all the talk about the 12th-man flag flying over downtown suddenly made sense. They did it because they were starving for a winner after three decades of futility.

They did it because they believed in this team, and they believed in their coach once again.

And their coach, after admitting he had some doubts along the way, says he now believes again. "I see it."

"This kind of makes me think for sure I can coach a little bit," Holmgren said.

Holmgren wasn't so sure about that during the last year after he was lured from Green Bay with an unprecedented eight-year contract filled with incentives and control. Three years ago his ego took a hit when his general manager tide was withdrawn, and he thought about quitting after last season ended with a blundering disappointing playoff loss to St. Louis.

Holmgren had plenty of money, two grandchildren and the motorcycle he loves to ride. He had a Super Bowl ring from Green Bay and didn't need the aggravation.

But coaches seldom leave unless they're forced out. Holmgren was no exception.

He came back, and soon found that there was something different about this group of

See DAHLBERG, Page B2

SPORTS

Bryant pumps in 81 points in Lakers win

LOS ANGELES (AP) — Kobe Bryant scored a staggering 81 points ... the second-highest total in NBA history ...

With the fans at Staples Center chanting "MVP MVP" Bryant made two free throws with 43.4 seconds remaining for his final points, putting him behind only Wilt Chamberlain ...

Chamberlain scored 100 points for Philadelphia against the New York Knicks at Hershey, Pa., on March 2, 1962. His second-highest total was 78 against the Nets ...

Bryant left to a standing ovation with 4.2 seconds remaining, shooting 22 of 35 from the floor and 18-of-20 from the foul line ...

Elgin Baylor held the previous franchise record of 61 points in a New York on Nov. 15, 1960. Michael Jordan's career high was 69 points ...

Mavericks 95, Trail Blazers 89, OT PORTLAND, Ore. — Jerry ...

Georgia women outlast LSU, 65-64

ATHENS, Ga. (AP) — Seimone Augustus scored 24 points, including the winning shot with 13 seconds remaining ...

Georgia (13-5, 3-2) had a couple of chances to win the game, but never got the ball to Whitney ...

No. 4 North Carolina 68, Florida State 51. CHAPEL HILL, N.C. — Elena ...

No. 16 Minnesota 80, Iowa 68. IOWA CITY, Iowa — Liz Podominick had 13 points and Jamie Broback and Natasha Williams ...

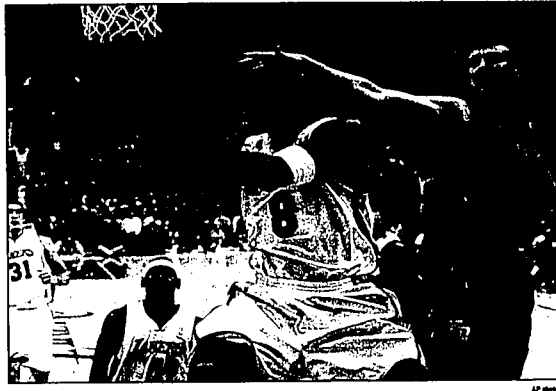
No. 7 Ohio St. 67, No. 12 Michigan St. 65. EAST LANSING, Mich. — Jessica Davenport scored 31 points ...

Dahlberg

Continued from B1 Seahawks. This wasn't the same team that bickered and pouted the year before ...

Seahawks

Continued from B1 "We didn't play well enough in all three phases to win," he said ...



Toronto Raptors forward Matt Bonner can't stop Los Angeles Lakers guard Kobe Bryant from getting to the basket in the first half of Sunday's NBA game in Los Angeles.

Stackhouse scored 29 points to lead the Dallas Mavericks to a 95-89 overtime victory over the Portland Trail Blazers on Sunday night ...

76ers 86, T'Wolves 84 MINNEAPOLIS — Andre Igoudala's follow of Chris Webber's missed layup narrowly beat the buzzer ...

Minnesota Timberwolves 86-84 on Sunday. Allen Iverson scored 39 points for the 76ers ...

Massachusetts 55, No. 25 G. Washington 53

AMHERST, Mass. — Kate Mills had 13 points, 11 rebounds and the winning free throws to lift Massachusetts ...

No. 21 Temple 67, Xavier 62 CINCINNATI — Candice Dupree had 22 points, eight rebounds and five blocks to help Temple overcome Tara Boothe's 30-point performance ...

lead Longwood (6-13). BC opened a 20-5 lead and was never challenged. Massachusetts 55, No. 25 G. Washington 53

Men No. 24 North Carolina 81, Florida State 80

TALLAHASSEE, Fla. — Reyshawn Terry made two free throws with 23 seconds left to lift No. 24 North Carolina to an 81-80 victory over Florida State on Sunday night ...

No. 22 B.C. 85, Longwood 29 BOSTON — Brooke Quisenberry scored 18 points and Kathrin Riss had 17 to lead Boston College to its most lopsided victory ...

Men No. 24 North Carolina 81, Florida State 80 TALLAHASSEE, Fla. — Reyshawn Terry made two free throws with 23 seconds left to lift No. 24 North Carolina to an 81-80 victory over Florida State on Sunday night ...

Florida 73, NY Vanderbilt 59

GAINESVILLE, Fla. — Marsha Dotson scored 17 points to help Florida ...

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Wild wings Blackhawk

CHICAGO (AP) — Brian Rolston scored two goals and Manny Fernandez made 20 saves to lead the Minnesota Wild to their third straight win, 3-2 over the Chicago Blackhawks on Sunday night ...

Wild wings Blackhawk CHICAGO (AP) — Brian Rolston scored two goals and Manny Fernandez made 20 saves to lead the Minnesota Wild to their third straight win, 3-2 over the Chicago Blackhawks on Sunday night ...

Wild wings Blackhawk CHICAGO (AP) — Brian Rolston scored two goals and Manny Fernandez made 20 saves to lead the Minnesota Wild to their third straight win, 3-2 over the Chicago Blackhawks on Sunday night ...

Steelers

Continued from B1 touchdowns, but they had escaped worse predicaments in the past ...

That made it 24-3. Rolston's run to the sideline and celebrated by pretending to fire six-shooters from his hip. Yep, he was on target all day in his one-on-one yards to Heath Miller, 17 more to Wilson, 21 to Ward and 18 to Wilson again, all after being given ample time against Denver's ill-starred blitz ...

Continued from B1 touchdowns, but they had escaped worse predicaments in the past ...

Clippers 105, Warriors 92

LOS ANGELES — Cuttino Mobley had 22 points and Steve Nash scored 21 points, and Los Angeles beat Golden State ...

Clippers 105, Warriors 92 LOS ANGELES — Cuttino Mobley had 22 points and Steve Nash scored 21 points, and Los Angeles beat Golden State ...

Clippers 105, Warriors 92 LOS ANGELES — Cuttino Mobley had 22 points and Steve Nash scored 21 points, and Los Angeles beat Golden State ...

SuperSonics 152, Suns 149, 2OT

PHOENIX — Ray Allen made a 30-footer at the second-over-time buzzer to break the NBA record for most combined 3-pointers in a game ...

SuperSonics 152, Suns 149, 2OT PHOENIX — Ray Allen made a 30-footer at the second-over-time buzzer to break the NBA record for most combined 3-pointers in a game ...

SuperSonics 152, Suns 149, 2OT PHOENIX — Ray Allen made a 30-footer at the second-over-time buzzer to break the NBA record for most combined 3-pointers in a game ...

Pistons 99, Rockets 97

AUBURN HILLS, Mich. — Chauncey Billups and Richard Hamilton each scored 24 points, and Detroit overcame Tracy McGrady's season-high 43 to win its seventh straight game ...

Pistons 99, Rockets 97 AUBURN HILLS, Mich. — Chauncey Billups and Richard Hamilton each scored 24 points, and Detroit overcame Tracy McGrady's season-high 43 to win its seventh straight game ...

Pistons 99, Rockets 97 AUBURN HILLS, Mich. — Chauncey Billups and Richard Hamilton each scored 24 points, and Detroit overcame Tracy McGrady's season-high 43 to win its seventh straight game ...

Heat 119, Kings 99

MIAMI — Shaquille O'Neal scored 30 points and Dwyane Wade added 22 to lead Miami. Jason Williams had 19 points, going 10-of-10 from the free throw line, as Miami snapped a two-game losing streak ...

Heat 119, Kings 99 MIAMI — Shaquille O'Neal scored 30 points and Dwyane Wade added 22 to lead Miami. Jason Williams had 19 points, going 10-of-10 from the free throw line, as Miami snapped a two-game losing streak ...

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Grizzlies 93, Wizards 82

WASHINGTON — Sixth man Mike Miller scored a season-high 30 points, and Memphis without another big game ...

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Grizzlies 93, Wizards 82 WASHINGTON — Sixth man Mike Miller scored a season-high 30 points, and Memphis without another big game ...

SCORES AND STATS

SPORTS IN BRIEF

WHAT'S ON T.V.

- BASKETBALL
-Syracuse at Pittsburgh, ESPN, 8 p.m.
-Oklahoma St. at Texas, ESPN, 7 p.m.
-Utah St. at Nevada, ESPN, 10 p.m.
-Hockey at Duke women, ESPN2, 8:30 p.m.
-Crystals at Capitals, OLN, 9 p.m.
-Mighty Ducks at Kings, OLN, 8:30 p.m.
TENNIS
-Australian Open, round of 16, at Melbourne, Australia (same-day tape), ESPN2, noon
-Australian Open, men's and women's quarterfinals, at Melbourne, Australia, ESPN2, 7:30 p.m.

BASKETBALL

Table with columns for Eastern Conference and Western Conference, listing teams and scores.

BASEBALL

Table with columns for National League and American League, listing teams and scores.

FOOTBALL

Table with columns for AFC and NFC, listing teams and scores.

Area ski report

1000' of snow, 1000' of snow, 1000' of snow... [Detailed ski report text]

NFC Championship

Table with columns for Team, Points, and other stats for NFC Championship.

AFC Championship

Table with columns for Team, Points, and other stats for AFC Championship.

National Hockey League

Table with columns for Team, Points, and other stats for NHL.

Regional Statistics

Table with columns for Region, Team, and various statistics.

Baseball

Table with columns for Team, Points, and other stats for baseball.

Tennis

Table with columns for Player, Points, and other stats for tennis.

Football

Table with columns for Team, Points, and other stats for football.

Baseball

Table with columns for Team, Points, and other stats for baseball.

Hockey

Table with columns for Team, Points, and other stats for hockey.

Pacquiao knocks out Morales in showdown

LAS VEGAS — Manny Pacquiao was sure of two things after his eighth-round knockout of Juan Manuel...

Campbell scrambles for Bob Hope victory

PALM DESERT, Calif. — Chad Campbell started a scrambling bid to outspit Scottie Scheffler and tie for the lead...

Jauron arrives in Buffalo ready to accept Bills job

ORCHARD PARK, N.Y. — The Buffalo Bills were close to hiring Jack Jauron as head coach...

Sorenstam, Sweden take Women's World Cup

SUN CITY, South Africa — Annika Sorenstam eagled the par-3 14th hole and offset a poor round...

Denver's Gary Kubiak will be Texans coach

HOUSTON — The Houston Texans will hire Denver offensive coordinator Gary Kubiak...

Chris Dimarco wins at Abu Dhabi

ABU DHABI, United Arab Emirates — Dimarco won the Abu Dhabi Golf Championship...

Olympic champion Vidal wins slalom

KITZBUHEL, Austria — Olympic champion Jean-Pierre Vidal of France captured his first World Cup title...

Loren Roberts first on Champions tour

KAUPELEHU, Hawaii — Loren Roberts made a 30-foot birdie putt on the final hole...

The Tin Man Takes San Marcos Stakes

ARCADIA, Calif. — Eight-year-old gelding The Tin Man won his first stakes race...

COMICS

**B.C.** By Johnny Hart

HALF-COCKED

A ROOSTER THAT WAKES YOU AT 2 AM INSTEAD OF 4 AM

**Baby Blues** By Rick Kirkman and Jerry Scott

HAPPY BIRTHDAY MOMMY!

WE MADE YOU BREAKFAST IN BED! CEREAL, BANANA CAKE JUICE...

ANY FLOWER IN A VASE?

YAWN! I'M THOUGHTFUL!

I WAS IN CHARGE OF THE GUILDS OF SERVING THE BLANK FOOD AND I'M ASHAMED I WAS IN CHARGE OF SERVING THE BLANK SO WE WOULD WAKE UP EARLY!

I DIDN'T EVEN KNOW I DOG!

I DON'T EVEN KNOW I DOG!

I DOG!

**Baldo** By Hector D. Cantu and Carlos Castellanos

GOV'S BEEN ASKING FOR A PET AGAIN.

A PET IS A BIG RESPONSIBILITY. WELL, IT NEEDS TO BE A PET THAT'S EASY TO TAKE CARE OF.

CHIA PET?

**Brevity** By Guy & Rodd

BECAUSE SHE'D ALWAYS HAD A CRUSH ON THE HANDSOME BUT STUPID PROFESSOR, SOMETIMES AT NIGHT SHE'D FIND SOME OF HIS MORE ADVANCED COMPUTATIONAL ERRORS.

**Dilbert** By Scott Adams

DID YOU EVER COME TO WORK ON MONDAY AND REALIZE THAT YOU FORGOT HOW TO DO YOUR JOB?

ONLY A TOTAL MORON WOULD FORGET OVER THE WEEKEND HOW TO DO HIS JOB.

O-O-O-KAY. I'M STARTING TO REMEMBER WHO YOU TWO ARE.

**Doonesbury** By Garry Trudeau

NO COLLEGE. I'D LOVE TO GO TO COLLEGE BUT I DON'T HAVE THE MONEY.

I ASKED FOR A SCHOLARSHIP BUT I DON'T HAVE THE MONEY.

WELCOME TO COLLEGE! YOU'VE GOT TO GET USED TO THE WAY WE DO THINGS HERE!

NO COLLEGE. I'D LOVE TO GO TO COLLEGE BUT I DON'T HAVE THE MONEY.

I ASKED FOR A SCHOLARSHIP BUT I DON'T HAVE THE MONEY.

WELCOME TO COLLEGE! YOU'VE GOT TO GET USED TO THE WAY WE DO THINGS HERE!

**The Elderberries** By Phil Frank and Joe Trosle

Why am I hearing the tone "Don't Fence Me In"?

That's me! It's comin' from my cell phone!

I got me a genuine cowhide cell phone holster with silver trim.

Got a rawhide tie-down for fast-draw action.

One of you hombres told enough to call me? C'mon! I dare ya!

Whoa, Dude? We don't want no trouble!

**For Better or For Worse** By Lynn Johnston

AWH... SLEEP I LOVE YOU! BUT I'M WORRYING ABOUT THE MORNING SCHEDULE ON YOUR CHECK.

DREAMING... FEELING LIKE I'M BEING DRAGGED AWAY BY THE REINS OF AN UNFAMILIAR HORSE.

AS I FLY OVER GREEN MOUNTAINS I'M REMINDING MYSELF OF OUR OLD HOME IN THE MOUNTAINS.

I HEAR RAIN IN THE VALLEY... THE SOUND OF RUSHING WATER... IT'S LIKE I'M BACK IN THE MOUNTAINS.

THAT... THE DRINK SHELL... I'M GOING TO SAY SOMETHING NOW... I'M HURRYING... I'M HURRYING... I'M HURRYING...

**Frank and Ernest** By Bob Thaves

I DON'T CONSIDER IT "MULTITASKING" WHEN YOU HAVE TO DO THE SAME TASK OVER AND OVER TO GET IT RIGHT!

**Luann** By Greg Evans

YOU GOT SOME IMPORTANT LOOKING MAIL FROM THE FIRE DEPARTMENT, BOZO.

REALLY?

WHA! YOU AND I ARE GOING TO BE HONORED AT THE FIRE DEPARTMENT AWARDS BANQUET FOR OUR WORK ON THE STUFFED ANIMAL DRIVE!

THAT'S TERRIFIC! CONGRATULATIONS!

YOU... TONIL... FANCY BANQUET... THAT'S YOUR BIG CHANCE, BOZO.

I'M GOING TO SAY SOMETHING NOW... I'M HURRYING... I'M HURRYING... I'M HURRYING...

**Mallard Fillmore** By Bruce Tinsley

WASH WOTON, D.C. GRANNALS' New Year's Resolution:

We resolve to keep praying on people... Here in D.C., where our lives are chained... Causes, while we sure don't obey UN LAWS... OUR VICTIMS BY LAW, ARE UNARMED!

**Pearls Before Swine** By Stephan Pastis

WHO ARE THESE GUYS?

THE FIVE DEATHISTS. YOU KNOW HOW ON THE COMMERICAL, IT ALWAYS SAYS FOUR OUT OF THE DEATHIST RAZORS. THIS IS THEM.

WHY'D YOU BRING THEM?

THEY LOVE IT.

IT'S GREAT.

SURE, PERKS.

THIS PLACE BITES.

**Pickles** By Brian Crane

IT'S ALMOST SCARY HOW WELL ROSCOE KNOWS ME.

FOR EXAMPLE, HE KNOWS THAT AT THIS TIME OF DAY I LIKE HIM TO BRING ME THE NEWSPAPER.

ISN'T THAT RIGHT, BOY?

BUT HE KNOWS, BUT HE DOESN'T PARTICULARLY CARE.

**Rosa Is Rosa** By Pat Brady

WE'VE GOT TO STOP AND GET MY MATH BOOK! OKAY, BUT MAKE IT QUICK!

YOU'VE GOT TO STOP AND GET MY MATH BOOK! OKAY, BUT MAKE IT QUICK!

IT ALSO ACTIVATES THE SOUND SYSTEM AND TENDRILLY FOUNTAIN LOCKER?

**Zits** By Jim Borgman and Jerry Scott

EARLY TO BED AND EARLY TO RISE.

HAVES A MAN HEALTHY AND WISE.

PUS! IT KNOWS THE GUY OUT OF HIS KID.

**Non Sequitur** By Wiley

I CAN SEE SOMETHING BOTHERING YOU MAVIS. I JUST DON'T KNOW WHAT IT IS.

## Don't waste valuable celestial assets

**HOROSCOPE: Jeraldine Saunders**

putting up a Web site.

**SCORPIO** (Oct. 23-Nov. 21): Offer tea and sympathy. Your home could be the safe haven that someone uses to escape from the hard cruel world. Generous acts could be repaid three times over in days to come.

**PISCARIUS** (Nov. 22-Dec. 21): Sometimes the tail wags the dog. Don't be vague about ways to help someone in need — instead, show a firm commitment. Be utterly sincere in whatever you say or do.

**CAPRICORN** (Dec. 22-Jan. 19): Do a Tom Sawyer. If what you are doing looks like fun, everyone else will want to be there by your side. You could attract a bevy of devoted admirers who add to financial success.

**AQUARIUS** (Jan. 20-Feb. 18): Emit an aura of enchantment. It is a good day to meet new people whom you wish to impress. Get arguments hammered into shape while communications are clear as a bell.

**PISCES** (Feb. 19-March 20): Whistle while you work. A cheerful attitude will keep you at the top of your game and promote a positive team spirit. Watch out for time-wasting activities if there is a deadline looming.

**JAN. 23 IS YOUR BIRTHDAY:** Your reputation is enhanced by an attractive aura while Chiron travels through your segment of the zodiac pie. Don't waste valuable celestial assets as this is the time to ask for a raise or follow through with an important career move. If a new love has recently landed on your doorstep, it might be Mr. or Ms. Right. Make decisions quickly as by mid-February extra responsibilities could weigh you down and opportunities could evaporate. Late May is another time to guard against unwise agreements and decisions. Then rest easy, as the rest of your unfolds without a hitch and next January an unexpected and very helpful opportunity could make your path easier.

**ARIES** (March 21-April 19): All you have to do is ask. Big jobs get smaller quickly when you bring along a helpermate. Small frustrations can make time fly pleasantly, so don't make the mistake of trying to go it alone.

**Taurus** (April 20-May 20): Push off your public enemy. This is a good day to promote your wares in the marketplace — but let the buyers come to you. Romantic chemistry can be intoxicating once you get home.

**GEMINI** (May 21-June 20): Watch for the light bulbs that go



Beetle Bailey

By Mort Walker



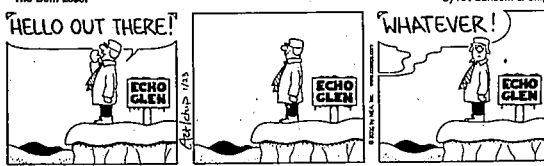
Blondie

By Dean Young & Stan Drake



The Bom Loser

By Art Sansom & Chip



Garfield

By Jim Davis



Hagar the Horrible

By Chris Browne



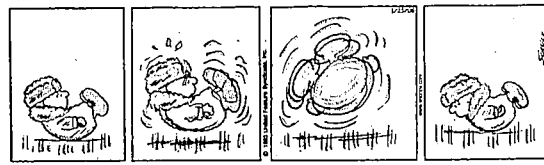
Hi and Lois

By Chance Browne



Classic Peanuts

By Charles M. Schulz



The Wizard of Id

By Brant Parker and Johnny Hart



Dennis the Menace

By Hank Ketchum



THE FAMILY CIRCUS

By Bil Keane



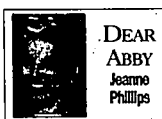
# Face shoved in cake leaves boy in tears, guest aghast

DEAR ABBY: Not long ago, I attended a birthday party for a 5-year-old boy. After the cake was brought out and the birthday boy, as if that wasn't enough, his 3-year-old brother was also smeared with the cake and frosted. He, too, burst into tears.

I have seen the same scenario at a 90-year-old's birthday party. Please give me your thoughts on this. There are other children's birthday parties I will be attending.

**—DISMAYED GRANDMA, LAREDO, TEXAS**

DEAR DISMAYED: I'm glad to oblige. I have never found humor at the expense of others to be funny. I consider it to be cruel, hostile, and a form of bullying. That a parent would tolerate, much less participate in, the humiliation of his or her child is an appalling breach of trust. If you truly believe that you will be seeing a repeat performance at another child's birthday party, I wouldn't blame you for not attending — and clearly stating the reason why.



DEAR ABBY: I have been dating "Neil" for two years. It has been an emotional roller-coaster, mostly because of his former fiancée. They broke up more than five years ago. She has since married and gone on with her life.

Last March, I finally felt I had a right to ask him to dispose of it, but he still has it. He tells me he is "trying" to get rid of it, but I have seen no real effort. He said he has offered it for sale, but has had no takers.

I just want it gone! Neil feels I'm overreacting. He insists he wants the money back that he spent on it. I say no one will pay what he originally paid, and he should cut his losses. I even offered to buy it and donate it to charity. All I got was a smile and, "I'll think about it."

Abby, I feel Neil is holding on to a past that's not there. I

know he loves me and not her. But I'd feel better if that "re-minder" was gone already. Am I wrong?

**—DESPERATE GIRLFRIEND**

DEAR DESPERATE: If I were you, I'd drop the subject for now because you are needlessly turning this into a power struggle. You might succeed in bullying him into getting rid of this sad memento, but what I think you really resent is the emotional investment it represents. Please believe me when I tell you that the more you nag the further you'll drive him away — and I don't mean geographically. If and when the romance moves to the next level — a formal engagement or marriage — ask him to "store" the dress elsewhere if it means too much to get rid of.

DEAR ABBY: My question concerns wedding etiquette. If my co-workers give me a wedding shower at work, am I obligated to invite them to my wedding?

**—ANOTHER CONFUSED BRIDE IN MARTINSBURG, WVA.**

DEAR CONFUSED BRIDE: If someone hosts or attends a shower for you, in my opinion, good manners dictate that the person be invited to your wedding.

# Not suitable for landfills: Old smoke detectors just keep going and going

This day in history: Say "blue cheese." On Jan. 23, 1930, the planet Pluto was first photographed by astronomer Clyde Tombaugh.

The radioactive stuff inside your smoke detector is americium, a human-made element discovered in 1945 by scientists working on the atom bomb. Since americium is made from spent plutonium from nuclear reactors and has a half-life of 432 years, your old smoke alarms shouldn't be dumped into landfills.

We thought you'd like to know that scientists once believed that glass was a supercooled liquid. Now most of them say it's an amorphous solid. Unlike most substances, molten glass solidifies as it cools without forming crystals. Glass may be a solid, but it's not a very dense solid. There's enough space between molecules to let light pass through.

Where did the expression "highbrow" come from?



Blame Francis Joseph Gall, a German physician in the 18th century. He founded the "science" of phrenology, which was based on the now-discredited theory that you could tell people's personality and intelligence by measuring their heads. One of his conclusions was that people with big foreheads were more intelligent than average.

The Gideon Society leaves Bibles in hotel rooms, jails, hospitals, airports, and bus stations. The group says that it places 86 books every minute of the day worldwide.

Francis Scott Key started the "Star Spangled Banner" poem

on the back of an envelope while watching the battle for Baltimore's Fort Mifflin. Although he had a long time to make up verses — the battle raged on for 25 hours before the British gave up — he didn't finish the poem until a few days later in the Indian Queen Hotel.

Eliza Minnelli made her screen debut at the end of "In the Good Old Summertime." Her parents missed it, because she was the 2 1/2-year-old who appeared for a few seconds at the end. It wasn't talent that got her the job — her mother, Judy Garland, started in the movie; her father, Vincente Minnelli, directed.

Ever hear of the Primes and the Primeates? They were the Motown groups that became the Temptations and the Supremes.

Erin Barrett and Jack Bingo can be reached at [facinners@erin-jack.com](mailto:facinners@erin-jack.com)

# NBC pulls the plug on 'The West Wing'

PASADENA, Calif. (AP) — The new president on "The West Wing" will be a real short-timer: NBC announced Sunday it was pulling the plug on the Emmy-winning political drama in May after seven seasons.

NBC, struggling to regain its footing after the worst season in its history, also outlined the moves of popular dramas "Law & Order" and "Las Vegas."

"The West Wing" announcement wasn't much of a surprise. Although this season's story line with a presidential campaign involving a Democrat played by Jimmy Smits and Republican portrayed by Alan Alda has been strong critically, ratings have sunk with its move to Sunday nights.

The decision to cancel it was made before actor John Spencer, who played former

presidential chief of staff Leo McGarry, died of a heart attack Dec. 16, said Kevin Reilly, NBC entertainment president.

"There's a point when you look at the ratings and say, it feels like it's time," Reilly said.

The series finale will be May 14, preceded by a one-hour retrospective. The campaign to replace the fictional Josiah Bartlet as president will be set, NBC said.

## Can We Help You With Your Medical Questions?

You have questions, We have answers!

**Dr. Byrnes**  
St. Benedict's Medical  
Diabetes & General Wellness

**Dr. Kelly**  
St. Benedict's Diabetes & General Wellness

### ASK The Expert

Log on to [www.mountainvalley.com](http://www.mountainvalley.com) to ask Dr. Kelly the expert questions on diabetes, eye care, and general wellness. We'll answer it for you with ease and speed!

[www.mountainvalley.com](http://www.mountainvalley.com)

Mountain West  
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Eyeglasses & Optometry

NATION

STATE PEN 'PEACEKEEPERS'

Investigators look at California prison system's use of inmates to keep order

SACRAMENTO, Calif. (AP) — The California prison system's use of some of its toughest, most feared inmates to help keep order behind bars has led to the slaying of a guard, state investigators say. And the FBI is looking into whether the practice contributed to a guard killing.

Although the practice is banned in some states, California's top corrections officials defend the limited use of "peacekeepers." These influential inmates are entrusted to help the staff, smooth racial tensions and in some cases control fellow prisoners.

Critics worry that the freedom accorded peacekeepers lets them run drugs, order inmate assaults and commit other crimes. Now the practice has come under scrutiny following two California slayings in which high-ranking gang members serving as peacekeepers are alleged to have played a role.

Last January, a peacekeeper who had been released from his cell to mediate following a race riot stabbed a guard to death in China, said Brett Morgan, chief deputy for the prison system's inspector general.

Just weeks before, a peacekeeper behind bars in an area prison ordered an assault that ended with a guard killing an inmate, according to confidential Corrections Department reports obtained by The Associated Press.

The peacekeeper in that case had a long history of alleged crimes behind bars. But investigators suspect his peacekeeper status gave him access to the

yard when the killing occurred, according to a prison source familiar with the investigation. The official spoke on condition of anonymity because the official is not authorized to speak publicly.

Federal prosecutors have asked the FBI to look into both killings and whether the inmates' peacekeeper status contributed to them, U.S. attorney's spokeswoman Fatty Pontello said. The prison system is conducting its own investigation of the Sacramento death, and the warden said he is trying to rein in peacekeepers.

In an interview, California's corrections chief acknowledged that prison officials use peacekeepers to pass messages and get feedback and likened the practice to street cops' use of informants. He also conceded that the practice has its hazards.

There's a role there for peacekeepers," said Roderick Q. Hickman, a 25-year corrections veteran. "The problem becomes when people make errors in their own processes."

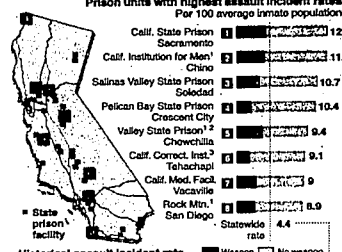
With about 168,000 inmates, California's prison system is the nation's largest and has suffered several recent setbacks. Poor medical care and living conditions prompted a federal takeover of health services.

Peacekeeping is neither new nor unique to California. For decades, trustees, or trusted inmates, have helped manage prison work gangs.

Forms of peacekeeping are outlawed in Mississippi, Alabama and other states, said Steve J. Martin, a corrections consultant

Violent prisons endanger staff, inmates

Units at state prisons in Sacramento and China have the highest rates of inmate assaults against staff, visitors and other prisoners.



SOURCE: California Department of Corrections and Rehabilitation J. Garner • AP

and former leader within Texas' prison system. In Texas, the practice led to assaults and other crimes before being shut down in the 1980s following a lawsuit.

"Reputable corrections people agree it is a very bad idea for prisoners to have influence over others," said David Fathi, a lawyer with the American Civil Liberties Union's National Prison Project.

California law prohibits inmates from having "control over" one another. But in practice,

policies can differ from prison to prison and guard to guard.

Some officers interviewed for this story said inmates must have a role, though it can be a devil's bargain.

Are inmates part of a fist? Absolutely," said Chuck Alexander, vice president of California's prison guards union. "But to send an inmate out as a quasi-United Nations representative... Who's controlling that? Who's running the damn place when you're using peacekeepers?"

Heart Association says soy has no significant effect on cholesterol

DALLAS (AP) — Veggie burgers and tofu might not be so great at warding off heart disease after all.

An American Heart Association committee reviewed a decade of studies on soy's benefits and came up with results that are now casting doubt on the health claim that soy-based foods and supplements significantly lower cholesterol.

The findings could lead the Food and Drug Administration to reevaluate rules that currently allow companies to tout a cholesterol-lowering benefit on the labels of soy-based food.

The panel also found that neither soy nor the soy component isoflavone reduced symptoms of menopause, such as "hot flashes," and that isoflavones don't help prevent breast, uterine or prostate cancer. Results were mixed on whether soy prevented postmenopausal bone loss.

Based on its findings, the committee said it would not recommend using isoflavone supplements in food or pills.

It concluded that soy-containing foods and supplements did not significantly lower cholesterol, and it said so in a statement recently published in the journal Circulation.

Nutrition experts say soy-based foods still are good because they often are eaten in

place of less healthy fare like burgers and hot dogs. But they don't have as much direct benefit as had been hoped on cholesterol, one of the top risk factors for heart disease.

"We don't want to tell people into a false sense of security that by eating soy they can solve the problem (with cholesterol)," said Dr. Michael Crawford, chief of clinical cardiology at University of California San Francisco Medical Center.

If they are radically altering their diet where they're only eating soy in the hopes that this is going to bring their cholesterol down, they're deluding themselves," said Crawford, who was not on the panel that issued the new statement.

The FDA in 1999 started allowing manufacturers to claim that soy products might cut the risk of heart disease after studies showed at least 25 grams of soy protein in a diet lowered cholesterol. A year later, the Heart Association recommended soy be included in a diet low in saturated fat and cholesterol.

Soy isn't a magic bullet, but it can be a valuable contributor to a heart-healthy diet," said Jo Ann Carson, a professor of clinical nutrition at the University of Texas Southwestern Medical Center at Dallas who was not part of the panel.

Study finds day laborers are mostly family men

LOS ANGELES (AP) — The immigrant day laborers who wait for work on street corners across the United States have families and attend church regularly, and the people who hire them are more likely to be individual homeowners than construction contractors.

The first nationwide study of day laborers also found that one in five has been injured on the job and nearly half have been cheated out of pay.

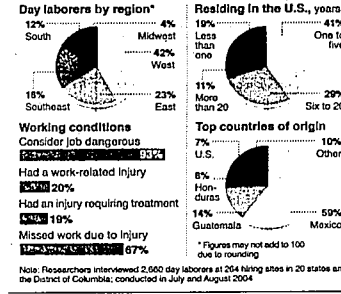
The study, the most detailed snapshot to date of the mostly Hispanic and often undocumented immigrants who have become a focal point in the immigration debate, was based on interviews of 2,660 workers at 254 hiring sites in 20 states and the District of Columbia.

The authors said they were surprised by the level of community involvement among men often thought of as transients.

"The day laborer is not as disconnected from society as people think. It's seen as a cash economy, but that's really not the case," said professor Nik Theodore of the University of Illinois at Chicago, one of three study authors. The others were from the University of California, Los Angeles, and New York's New School University.

Standing outside a Home Depot store in suburban Burbank on Sunday, 33-year-old Raul Sanchez said that when he's not working, or waiting for work, he's involved in a church and tried to start a soccer league for fellow day laborers. The na-

A study reveals the origins and working conditions of day laborers, a majority of which considered their jobs to be dangerous.



SOURCE: "On the Corner: Day Labor in the United States" AP

tive of Mexico has been in the United States seven years and lives with his wife and two children, ages 13 and 14.

Sometimes he worries about small work sites with little safety equipment.

"We know nobody is going to help us out if we get hurt," Sanchez said. "There are risks, but what are we going to do — not work?"

garden, with 43 percent getting jobs from construction contractors. Two-thirds said they are hired repeatedly by the same employer.

Based on their interviews and counts at each hiring site, the researchers estimate there are about 117,600 day laborers nationwide, but say that number is probably low. They said it would be impossible to count the number of hiring sites nationwide, since some spring up spontaneously.

Among the other findings based on the interviews conducted in July and August 2004: • Three-fourths were illegal

immigrants and most were Hispanic: 59 percent were from Mexico and 20 percent from other Central American countries.

• Just over half said they attended church regularly. 22 percent reported being involved in sports clubs and 26 percent said they participated in community centers.

• Nearly two-thirds had children, 36 percent were married and seven percent lived with a partner.

• More than 80 percent rely on day labor as their sole source of income, earning close to the 2005 federal poverty guideline of \$12,830 for a family of two.

• Of the 20 percent who reported on-the-job injuries, more than half said they received no medical care because they couldn't afford it or their employer refused to cover them.

Cesar Martinez, 45, another of the people waiting for work at the Home Depot in Burbank, is a Guatemalan native who has been in the United States for 15 years without legal documentation. He said he sends \$300 to \$500 home every month to support his six children, ages 2 to 14, but that sometimes an employer rips him off.

"I couldn't complain because I'm not here legally, but I was so angry because I need every cent," he said. "I'm always thinking 'Are they going to pay me, am I going to get to work 8 hours on this job, will I get hurt doing it?'"



Wonder Bread has added to their lineup of breads with two containing whole grains. From left, Wonder White Bread Fane, is made of 100 percent whole grain, Wonder Whole Grain White is part whole grain and part white flour and the original Wonder Bread.

Icon of American white bread to offer whole-wheat

By J.M. Hirsch Associated Press writer

But will kids still be able to bud it up into sticky, glutinous balls and throw it across the cafeteria?

Wonder Bread, that icon of squishy, oh-so-American white bread, turns a nutritional corner Monday with the launch of two whole-wheat versions intended to look, taste and feel just like the spongy original.

It's part of a plan to reanimate Wonder Bread's baker, the bankrupt Interstate Bakeries Corp., also the maker of Hostess Twinkies — which has struggled as consumers revolt from rejecting carbs outright to demanding they be whole grain.

The launch comes as concerns about skyrocketing obesity rates and the preponderance of highly processed foods in the American diet (such as white bread) has fueled

campaigns by government and health officials to get consumers to eat more whole grains.

Stan Osman, vice president of marketing at the Kansas City, Mo.-based Interstate Bakeries, said his company aims to make it easier for people to do that by turning whole wheat into something more easily stomachied by fans of white bread.

"These are soft breads. They don't have any grains or stuff in them that you can see," he said recently. "You couldn't find anything in them. They don't have any toppings on them. They're very much like what you would expect from Wonder Bread."

The change is made possible with white whole-wheat flour, which has a milder taste, texture and color than traditional wheat, but a similar nutritional punch. The new breads contain 2 grams of fiber per slice, the original Wonder Bread has none.

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Legal Legal Legal Legal Legal Legal

NOTICE OF TRUSTEES SALE
TS No. 05-16833 Doc ID 0004947022005N The Order No. 5610682
Perual No. 16833000040 The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States...

LEGAL NOTICE
ALL-RITE STORAGE under provisions of Idaho Code 28-27-10 will dispose of stored items of Bobby Therman, last known address: PO Box 940, Twin Falls, Idaho 83301...

LEGAL NOTICE
TWIN FALLS STORAGE under the provisions of Idaho Code 28-27-10 will sell or dispose of stored items ASAP. Amy Jones, last known address: 1108 Twin Falls Dr., Twin Falls, ID 83301...

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NOTICE IS HEREBY GIVEN that sealed bids will be received by the Board of Trustees of the Richfield School District No. 316...

NOTICE OF PUBLIC HEARING
Notice Correction
February 9, 2006
NOTICE IS HEREBY GIVEN that a Public Hearing will be held before the Twin Falls County Planning and Zoning Commission on said requests:

NOTICE OF HEARING
ON NAME CHANGE
A Petition to change the name of Jon Anderson Verdugo, born 06/01/2000 in Twin Falls, Idaho residing at 1212 1/2 Loca Dr has been filed in the Twin Falls County District Court, Idaho. The name will change to Andrea Caballo, because we want same family name as the child's mother is living...

FOUND (2) dogs by Kloeber Contract in Paul Cell 312-2023
FOUND dog, female, border collie, reddish brown & white, SA17 on Blue Lakes near Hwy. 200 near Jerome, Call 208-538-6212.

FOUND Black Lab puppy, male, 2-3 months old. Needs his family. Courtside Mall, Jerome, Call 208-538-6212.

FOUND Lab, yellow, female + Boxer/Tenter cross, black & white, near 500 North in Jerome, Call 208-538-9592.

FOUND male Border Collie puppy, near Harmon Park area on the 18th, Call 208-738-0003 to identify.

LOST Binoculars Swarovski EL10x42, 1 1/2 miles South of Curry Crossing or down Hwy. 83, Large Reward Offered! Call 208-734-5092 or 208-331-5000.

LOST Shih Tzu puppy 4 month old male. Wearing black collar (rhinestone), Black/white, Pioneer Court area, Call 733-2200-REWARD!

LOST dog, 8 months old, male Shih Tzu, white with black & tan spots on back & ears. On Carnation Lane and Flair Ave. E. on 12/25, is missed very much! REWARD! Please call 208-420-6883

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TS No. 05-20440 Doc ID 000537200205N The Order No. 5610635
Parcel No. RFB7501007007A The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States...

NOTICE OF TRUSTEES SALE
UNDER DEED OF TRUST Trustee's Sale No. T06-19884-D Loan No. Fidelity National Title Insurance Co. Town and Country, the duly appointed Successor Trustee, will on 05-19-2006 at 10:30am, of said day, at AT THE OFFICE OF THE TRUSTEE, 100 South Range 14 East, BIG STREET NORTH, TWIN FALLS, IDAHO 83301, sell at public auction, to the highest bidder, for cash, in lawful money of the United States, all payable at the time of sale, the following described property...

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NOTICE OF PUBLIC HEARING
Notice Correction
February 9, 2006
NOTICE IS HEREBY GIVEN that a Public Hearing will be held before the Twin Falls County Planning and Zoning Commission on said requests:

PRELIMINARY PLAT by Idaho Trust Deeds LLC and Center Construction on property consisting of approximately 1.0000 +/- acres located in Section 22, Township 10 South, Range 16 East B. M. Flair, Idaho. Also known as being addressed approximately 3750 North 2500 East, Flair, Idaho in the Rural Residential Zone. The intended use is to rezone the property to Rural Residential Zone.

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PUBLISHED: Monday, January 23, 2006

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**FREE** Ratnower Chow mix, 2-3 year old spayed female. Good disposition. 431-8172.

**FREE** Blue Heeler Mix puppies, 12 in all. Come by our house and see us from 3-10pm. 513 Ave. Buhl. 208-212-5913

**FREE** cat, gray long hair, cat with white markings. Excellent mouzer. 735-7041

**FREE** German Shepherd 2 1/2 year old female, purebred with AKC papers. \$1,450. Spayed with all shots. Call 734-4560

**FREE** kittens, (2) females, 8 weeks old. Longer hair. Call 208-423-5226.

**FREE** kittens. We love free kittens. We need a good home and we need a good home. Call 208-734-3893

**FREE** Lab/Husky cross puppies. Make nice pets and companions. Call 208-689-5785.

**GERMAN WIREHAIR** puppies, registered, AKC registered. \$200. Call 208-431-4687

**GERMAN WIREHAIR** puppies, registered, AKC registered. \$200. Call 208-431-4687

**HUSKY/WOLF** puppies, 1st shots, dewormed, \$200. Mom & dad on premises. Call 733-0755 N. msq.

**GUANA** male 9 years old, 4.5 lbs, comes with all accs. \$400/offer. 208-543-5337

**JACK RUSSELL** puppies, UKC, 5 females, 1 male, 1st shots, ready 01/20. Call 208-645-2254 or 208-312-1188.

**JACK RUSSELL TERRIERS**, paraded, papers, 1st shots, wanted. \$250. Call 639-1950

**LAB AKC** registered pup, black, males, \$100, females \$200. Call 208-255-5019

**LAB** puppies, AKC registered, dewclaws removed, and national champion bloodlines. Chocolate, yellow and black. Please call 208-678-6877 or 208-431-7722.

**LAB** purebred puppies, 9 weeks old, shots, 1st male, black, 1st male, \$150. Call 208-532-8424.

**MINI DACHSHUND** 13 week old, 2 months, \$350/offer. Must sell soon. 208-428-8028

**MINI SCHNAUZER** AKC, full vet check, tails docked, dewclaws removed. Females only. 208-311-0290 or 431-0707

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**ACROSS**  
 1 Deep gorge  
 2 Cow's knife  
 10 Mine car  
 14 "Giant" ranch  
 15 Final passage  
 16 Tortoise rival  
 17 Remove sail supports  
 18 Voiced  
 19 As soon as  
 20 Derision  
 21 Offensive barrage  
 23 Most on edge  
 25 Tax agony  
 26 Brian Mike  
 29 Divotous  
 33 Associate familiarity  
 37 Team cheer  
 39 Genesis man  
 40 Opera song  
 41 Architect Jones  
 43 Comic Carvey  
 44 Ciacritz  
 45 Lofting tennis shot  
 46 SSS word  
 48 Angel hair or ziti  
 50 Small songbird  
 52 Pioneer TV-movie channel  
 54 Socky pallor  
 59 Good dishes, perhaps  
 64 Good measure  
 65 Balm of Gilead  
 67 Madonna movie  
 68 Trunk spare  
 69 Tear apart  
 70 Happen again  
 71 Son of Seth  
 72 Under sail  
 73 Palm blows

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1/23/06

**Saturday's Puzzle Solved**

A	B	C	S	H	R	A	B	A	L	K
R	A	R	A	L	E	A	S	E	A	R
C	R	O	P	I	C	L	E	C	E	D
S	K	I	L	E	K	S	P	O	N	G
A	B	S	E	N	T	O	W	N	T	O
S	L	A	N	G	C	O	N	E	S	T
L	O	N	A	M	I	T	E	D	A	B
A	C	T	I	V	A	T	E	D	A	N
I	K	E	S	I	N	G	E	S	T	
A	C	C	U	S	E	S	D	O	S	
P	H	A	S	E	S	L	O	D	E	S
R	A	S	H	P	H	I	L	I	S	T
E	S	T	E	A	U	D	E	N	A	V
S	E	E	R	H	O	D	E	B	E	N

1/23/06

**TWIN FALLS** large 2 bdrm, range & refrigerator included, \$400 deposit, \$415 month + \$300 deposit. Call 208-458-1469 or 208-320-0288.

**TWIN FALLS** large 2 bedroom, 1 bath, 2 place, appls, W/D, hookups, cable, wood water furnished. No smoking/pets. \$590 mo. \$500 deposit. Call 208-734-5518

**TWIN FALLS** lovely, spacious duplex, 2 bdrm, 2 bath, large family room. All kitchen appls. W/D hook-up. AC, gas, lawn mowing incl. No smoking/pets. \$275/mo. Applications taken. 208-732-8338.

**TWIN FALLS** New carpet 2 bdrm, appls, W/D, hook-up. From yard, no pets allowed. \$550. COZY 2 bdrm, units. Appliances. Off street parking. \$450-\$500. Call 208-732-8338.

**TWIN FALLS** small, clean studio apt. No smoking. Some utilities included. \$250 + \$200 deposit. 208-309-4028

**TWIN FALLS** studio apt, range, refrigerator. Water & sanitation included. \$275/mo. deposit. 733-6169

**WENDELL** Lovely new, built 1/2 m. 1 bdrm, in large, triplex, major appliances. \$2100. 424-3812

**WENDELL** New 2 bdrm duplex apt. \$575 mo. \$600 deposit. Call 208-934-4250.

**FREE** (10) Lamas. Possibly bred. Mom's dead. We all need good homes. 208-338-4561

**FREE** cats (2), gray tiger striped female, black & tan male, 6 months old. \$200/offer. Call 208-334-1583

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**QUEEN PILLOWTOP** \$100, mattress and box set brand new, factory warranty. Call 208-420-6360.

**RECLINER**, small feet, blue \$50. Call 208-735-3572.

**SLEIGH BED** solid wood, brand new, still in box. List \$699, sale \$249. Can deliver. Call 208-420-6360.

**TABLE & CHAIRS** solid oak, 6 chairs, oval 48x64. Beautiful quality, custom built by Engberg. Local production. Chairs, \$265 or best offer. 734-7901.

**TABLE**, oak, claw foot with 6 pressed back chairs. \$400. Call 208-735-0949.

**BOVIFLEX Power Pro** \$120,000/offer. Please call 731-1772. If no answer leave msg.

**WELBO** soft chamber. Paid \$125, will sell for \$65/lin. Call 208-539-4766 before 9pm

**MEGA SAUCER** Eventro, \$15. Barrera stroller wheelbarrow model \$50. Graco pack and play washbasin toilet, \$55. Graco pack and play top swing, \$65. Little Tikes toddler car seat with wipers and seat proof cover, \$100. 734-5560 or 420-2301

**MISCELLANEOUS** From a refugio, a pair 324-2433 or 420-1183

**PROPANE** space heater \$150.00 BTU \$100 or best offer. Call 208-280-3688.

**REFRIGERATOR** Frigidaire, \$100. Couch, leather, \$200. Teleshair set, \$50. Call 208-424-4152

**SECURITY SYSTEM** stand alone pedestal system for retail store, with alarm, \$200. Call 208-733-7036.

**SKIRTING** Professional manufacturer, home, rock design, 27' long, 80' lineal feet, black and gray in color, with 40' x 20' rug. \$500. Call 208-438-5818 or 678-7337

**WANTED** Old gas pump or gas station burner. Top money paid. Tony 208-866-0274

**WANTED TO BUY** 1 or 2 good heavy duty snowblowers. Call 208-423-5634.

**WANTED TO BUY** hardwood and/or fruit wood. Multiple cords. Call 208-721-2113.

**WANTED TO BUY** Older items, antiques, complete office furniture. 208-324-3456.

**WANTED TO BUY** roofing, nailing, Porter Cable or Bosch. Call 208-423-6181

**WANTED TO BUY** book! I pay cash for old books. Western history, Children's, Literature, LDS, Military, etc. I travel to buy. 908-920-9124.

**WANTED TO BUY** Dodge '90 1/4 ton 4x4 for parts. Needs auto trans, with overdrive. Call 208-721-2113.

**WANTED TO BUY** new excellent condition side-alder pop up camper for short bed F-150. 208-423-4638

**WANTED TO BUY** tractors running or needing; repair/salvage; roller/harrow; plows, grain drills, hammers, etc. Bob Brown, Plow Service 208-312-3746.

**WANTED TO BUY** Used Lantata. Paying fair price. Call 208-236-8627.

**WANTED TO BUY** used Pinnos. Call 88 Keweenaw. 208-677-7700-730-7001

**WANTED TRAILER** 42 ft., with 30' or larger ball. Call 208-609-6777 or 208-454-2109

**WANTED** Any old oysters, pottery, jewelry, quilts, tools, toys, etc. 208-324-4271 or 539-4271

**WANTED** large dock mouth bull. Sioek wedding dress, size 4-6. Oriental 8'x10' rugs. 208-829-5554

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**Sudoku Answers:**

3	2	6	4	5	1	7	9	8
7	8	5	9	6	2	4	3	1
9	4	1	7	3	8	2	6	5
1	5	7	8	4	6	3	2	9
4	6	3	5	2	9	1	8	7
2	9	8	1	7	3	5	4	6
6	1	2	3	9	5	8	7	4
5	7	9	2	8	4	6	1	3
8	3	4	6	1	7	9	5	2

**Auto Auctions**

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Check out The Magic Valley Section of The Times-News for the auction calendar, everyday and on line at 2477 at www.magicvalley.com

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Jill Mellan  
208-735-3222  
jhm@magval.com

**CEILING FAN** new, \$75. Running blades, new, \$50. Pressure cooker, \$35. Bowflex XLT, \$95/offer. Call 208-735-0949

**COUCH** burgundy, very good condition, \$150. Washer, Maytag, new motor, like new, \$160. Call 208-735-5894

**DRYER**, Maytag, \$75. 1 Barbecue, never used, \$100. 12 piece Thomas Kinkadee Christmas figurines, \$500. 1 Panasonic camcorder, \$150. Call 208-657-4877.

**FREEZER** Kenmore 12 cu. ft. \$125. Beautiful china dresser secretary \$175. 1900 Wheeler motor like new \$160. Whetstone chime \$175. \$443-8437

**MUSICAL INSTRUMENTS**

**GRAND PIANO** model KG-2D, Kawai, excellent condition, new one cost \$10,000 buy this one for \$3,500. Call 734-2121

**CLASSIFIEDS** It pays to read the fine print. Call The Times-News to price your ad. 208-735-3222

**WANTED TO BUY** roofing, nailing, Porter Cable or Bosch. Call 208-423-6181

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**WANTED** Old gas pump or gas station burner. Top money paid. Tony 208-866-0274

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**WANTED TO BUY** Used Lantata. Paying fair price. Call 208-236-8627.

**WANTED TO BUY** used Pinnos. Call 88 Keweenaw. 208-677-7700-730-7001

**WANTED TRAILER** 42 ft., with 30' or larger ball. Call 208-609-6777 or 208-454-2109

**WANTED** Any old oysters, pottery, jewelry, quilts, tools, toys, etc. 208-324-4271 or 539-4271

**WANTED** large dock mouth bull. Sioek wedding dress, size 4-6. Oriental 8'x10' rugs. 208-829-5554

**WANTED** Old gas pump or gas station burner. Top money paid. Tony 208-866-0274

**WANTED TO BUY** 1 or 2 good heavy duty snowblowers. Call 208-423-5634.

**WANTED TO BUY** hardwood and/or fruit wood. Multiple cords. Call 208-721-2113.

**WANTED TO BUY** Older items, antiques, complete office furniture. 208-324-3456.

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**WANTED TO BUY** book! I pay cash for old books. Western history, Children's, Literature, LDS, Military, etc. I travel to buy. 908-920-9124.

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Auction Advertising  
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208-735-3222  
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**CEILING FAN** new, \$75. Running blades, new, \$50. Pressure cooker, \$35. Bowflex XLT, \$95/offer. Call 208-735-0949

**COUCH** burgundy, very good condition, \$150. Washer, Maytag, new motor, like new, \$160. Call 208-735-5894

**DRYER**, Maytag, \$75. 1 Barbecue, never used, \$100. 12 piece Thomas Kinkadee Christmas figurines, \$500. 1 Panasonic camcorder, \$150. Call 208-657-4877.

**FREEZER** Kenmore 12 cu. ft. \$125. Beautiful china dresser secretary \$175. 1900 Wheeler motor like new \$160. Whetstone chime \$175. \$443-8437

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