

STICKS AND KICKS
Fitness instructor brings ancient
Celtic-martial arts to Twin Falls
See Image, D1

RED CROSS
Behind the scenes, the
office is as busy as ever.
See Magic Valley, C1

MONDAY
July 10, 2006
50 cents

Times-News

Good Morning
High: 94
Low: 62
Partly cloudy, warm to hot
temperatures. Details: A2

A summer on the lake



Stane Willis, 8, of Kimberly plays in Murtaugh Lake Thursday afternoon. Use of the lake and park have increased, and county officials are planning a \$105,000 renovation at Murtaugh Lake Park.

Camp-host watches county park grow

By Nabe Poppino
Times-News writer

MURTAUGH — Jim Campbell was enjoying retirement.

The retired Kimberly police officer had time to pitter around and work with his horses. But his wife had other ideas, he said.

The Murtaugh Lake Park, owned and operated by Twin Falls County, needed a summer camp host and she thought Campbell would be perfect.

That was last year. Today, Campbell is still sitting out at the lake, coordinating campers and keeping an eye on the facilities.

"I haven't regretted it," he said. "It's very fun and very rewarding."

During his time as host, Campbell has been in the perfect place to watch the park's popularity skyrocket. The park has gone from an average of about 12 RVs per night in 2002 to about 22

per night this year, and all 26 RV sites were full over the past three weekends.

"That many people take a toll on the facilities," Parks Director James Gose-Eells said.

Many of the park's current docks are aging and beginning to fall apart, Gose-Eells said. A remodel will extend and rebuild them. When finished, they will accommodate more boats.

The county will also build one 42-foot by 39-foot enclosed dock out in the lake. The dock will keep swimmers separate from boats and other hazards, Gose-Eells said.

Construction will be in three stages. Stage one, set to begin any day now, will expand the dirt parking area and cover it with asphalt. Stage two will remodel a current concrete boat ramp next to a 187-foot pier and add a second one next to it. Stage three will be the docks.

Work on stages two and three won't

begin until October, when the water in the lake will be lowered by the Twin Falls Canal Co.

The money for the venture, about \$92,000, comes from Idaho's Waterways Improvement Grant Program. The program uses state gas tax money to improve waterways and boat facilities. An additional \$23,000 will be contributed by the county in the form of labor.

Campbell will have a front-row seat for stage one. The host between May 1 and Sept. 31, he can be found out at the lake every day except Monday and Tuesday. He receives a small stipend and spends his time arranging camping spaces, enforcing park rules and just visiting with people.

"I meet a lot of nice people from all over," he said. "We're drawing more and more people from outside the county."

He said he has been "inundated"

If you go...
To get to Murtaugh Lake County Park, follow U.S. Highway 30 east out of Twin Falls and turn right on 4475 E at the sportmen's access sign. Take the first or second left. The park charges \$4 per night for tents and \$8 per night for RVs.

with calls from people wanting to come to the park for the weekend. On nice days, he'll see between 10 and 50 boats out on the lake.

The lake's sudden popularity is mostly due to people tired of gas prices and wanting to stay local, Campbell said.

"Murtaugh Lake is relatively close to the five- or six-county area. Consequently, people are coming here," he said.

He now has bookings through August from all across southern Idaho, even as far as Nampa. But he can keep up with the demand.

"It's a challenge," he said. "I don't mind challenges."

Voting on your options

School board to vote on proposed charter school

By Joshua Palmer
Times-News writer

TWIN FALLS — The wheels are now in motion to open the first independent charter school in Twin Falls.

The Twin Falls School Board will vote on Xavier Charter Schools' request during a school board meeting tonight.

If approved, Xavier will open the school by fall of 2007. But if the school board opposes the petition, a lengthy system of appeals could ensue, which would be mediated by the Department of Education.

"Our goal is to work cooperatively with (the) Twin Falls School District, both to fill a need and to create a school that will implement new techniques and methods here in Twin Falls," wrote the Xavier Charter School Board of Directors in its petition to the Twin Falls School Board.

Xavier hopes to open a kindergarten through eighth-grade school, which, according to the petition, would "address the needs of the whole child — body, mind and spirit."

State policy requires charter schools to receive approval from local school boards before opening independent charter schools. In addition, charter schools must also follow any policies outlined by local school districts.

"Charter schools are public schools, but they operate separately from public schools," said Cindy Fulcher, spokeswoman for Xavier. "In public education there is high pressure on academics, so that as well, only we do it in a more specialized way."

Since 1998, more than 25 charter schools have begun operating in Idaho. If approved, Xavier would be the first charter school in Twin Falls.

Charter schools have been a controversial addition to public education in Idaho.

Local school districts, which receive state funding based on enrollment, have lost thousands of dollars as students transfer into charter schools. Administrators also say charter schools are not under the intense scrutiny of state and federal regulations.

But charter school directors say they are simply filling a need, which public schools have not met. They also say charter schools offer students and parents more options to choose from in public education.

Creative computing wins three local students national awards

By Joshua Palmer
Times-News writer

TWIN FALLS — Most of us can only use that little pointer thing on our computer screen to click the search button.

But three Twin Falls High School students aren't like the rest of us — at least not when

it comes to computers.

Mike Keeth, Dane Miller and Tim Blanchetti were awarded first place among more than 4,700 students from across the nation.

The competition was part of SkillsUSA, a national organization for students in trade, industrial and technical occupations.

Keeth won a gold medal in the Computer Maintenance Technology contest, while Miller and Blanchetti earned gold medals for the Web design contest.

The students are part of Twin Falls High School's IT Academy, which works with

Please see **COMPUTER**, Page A2

THE FACE OF ART



Sarah Kinoy, 5, of Jerome sports a new ladybug Sunday afternoon at the annual Junction City Arts Council two-day festival in Shoshone. Sarah's face painting was by Am Lee, of Nampa, one of many vendors attending the event.

NewsTracker

- **Last we knew:** The Twin Falls School Board received an unofficial request from Xavier Charter School to open a kindergarten through eighth-grade charter school in Twin Falls.
- **What we know now:** On Monday, the school board will review and vote on Xavier's request to open a school in Twin Falls.
- **What's next:** If approved, Xavier will open a school by fall of 2007. If the board opposes the request, Xavier will have the opportunity to file an appeal with the State Department of Education.

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Coming tomorrow

THE ART OF NATURE

Jerome woman produces whimsy in a plain setting.

TUESDAY IN COUNTRY ROADS



Official: Suspect in N.Y. tunnels plot visited U.S. in 2000

By Pat Miller
Associated Press writer

The Lebanese man accused of masterminding a plot to destroy Hudson River train tunnels to bring death and flooding to lower Manhattan had visited the United States at least once — a trip to California six years ago, a federal law enforcement official said.

The official, speaking on condition of anonymity because the investigation is ongoing, said 31-year-old Assem Hammoud was in the U.S. on a legitimate visa for a brief stay, and that he was believed to have been visiting either family or friends. The visit occurred long before authorities say the tunnel plot began to unfold.

Authorities are still trying to trace Hammoud's steps during that trip but say they have no record of him going to New York. They have not ruled out the possibility that Hammoud had come to the country using different names.

Meanwhile, a senior Lebanese official said authorities here found maps and bombing plans on the personal computer of the suspect. Acting Interior Minister Ahmed Fatfat described the information found on Hammoud's computer as "very important."

"It contained maps and bombing plans that were being prepared," Fatfat said in a local television interview.

Lebanese security officials told The Associated Press that they obtained "important information" from Hammoud's computer and CDs seized from his office at the

Lebanese International University, where he taught economics.

"This information helped the investigators make Hammoud confess to his role in plotting a terror act in America," one Lebanese official said, speaking on condition of anonymity because of the sensitivity of the case.

Hammoud, who has used the alias Amir Andaloussi, has been in Lebanese custody since April. Two others also are in custody in the case, which U.S. investigators said was disrupted after coordinated efforts with officials in six other countries. Five suspects are at large.

The FBI said the suspects are alleged to have planned to attack trains under the Hudson River using suicide bombers and backpack bombs. The plan, which authorities said the suspects hoped to carry out in October or November, was to flood lower Manhattan by attacking the tunnels — used by tens of thousands of commuters each day.

But the plot was only in the planning stages, and the suspects had not purchased any explosives or traveled to the U.S. as part of the scheme.

"We received information from the FBI in April about an attempt to plot a terror act in New York City through Internet communications in Lebanon," Fatfat said in the interview Saturday. "Based on this information, security forces acted and arrested Mr. Assem Hammoud."

Officials said Hammoud confessed to the plot, and to swearing allegiance to al-Qaida leader Osama bin Laden.

Video could uncover clues to why man drove into crowd at Connecticut festival

NEW LONDON, Conn. (AP) — A video surveillance tape might help police determine what caused a man's car to plow into a crowd and injure 27 people at a festival. The victims, whose injuries ranged from scrapes to severely broken bones, were

treated at a hospital after the crash Saturday and released later that day and early Sunday. The driver, 89-year-old Robert Laine, was uninjured, and no charges have been filed. Police believe the accident, which happened near a train station, was

caught on tape by an Amtrak camera. Police impounded Laine's station wagon and plan to have a mechanic examine it. Capt. Kenneth Edwards said Sunday. A witness said a shaken Laine told her after the crash that his gas pedal had stuck.


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WORLD

Five more U.S. soldiers charged in rape case

By Borzo Dargahi
Los Angeles Times

BAGHDAD, Iraq — Four more U.S. soldiers have been charged with raping a young Iraqi and killing her and three of her family members in March, the U.S. military announced Sunday.

The military said in a statement that the charges had been lodged against four soldiers accused of rape and murder. A fifth soldier was charged with dereliction of duty in the case, although he did not participate in the alleged crimes, he knew about

them but failed to report the incident, the military said.

The charges were lodged Saturday, the military said. The five soldiers face an Article 32 investigation, the military's equivalent of a grand-jury inquest, to see if evidence warrants bringing them before a full-scale military tribunal or courts-martial.

The referral of court-martial charges is merely an accusation, the statement said. "Those accused are presumed innocent until and unless proven guilty beyond a reasonable doubt."

A former U.S. Army private, Steven D. Green, 21, already appeared in federal court last week in Charlotte, N.C., pleading not guilty to rape and murder charges in the case. He could face the death penalty if convicted.

The statement said the five new suspects were charged with conspiring with Green to commit the crimes. The military did not release their names.

Green received an honorable discharge from the military and returned to the United States before the alleged incident in

Mahmoudiya, a south of Baghdad, came to light late last month. An affidavit submitted by an FBI special agent in connection with the request for an arrest warrant said military personnel files showed that a "personality disorder" had led to his discharge.

Green was a member of the 502nd Infantry Regiment, which is attached to the 4th Infantry Division in Iraq.

Unlike most incidents of alleged abuse of Iraqi civilians by U.S. soldiers, the killings of the young Iraqi and her family did not occur in the heat of battle but were planned out

for as long as a week, military officials have alleged.

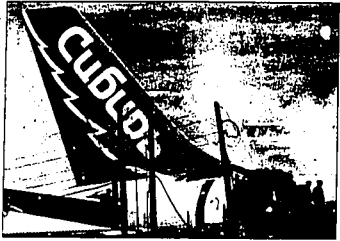
According to the affidavit by Special Agent Gregor J. Ahlers, who said his information came largely from Army investigators who interviewed at least three of the soldiers involved, Green allegedly killed three family members before he and another soldier raped the young woman, whose age is in dispute. Green then allegedly shot the victim to death with an AK-47 found in the house.

Two soldiers allegedly went with Green and his alleged accomplices to the house but

only stood guard. Another soldier stayed at a checkpoint to monitor radio traffic.

Unlike a civilian grand jury, the military investigation allows the accused to attend and, through defense counsel, to cross-examine government witnesses, call witnesses and present evidence, said Army Maj. J. Todd Bressaule, a spokesman for U.S. forces in Iraq.

The five newly accused servicemen remain in Iraq but have been removed from their normal duties and are not allowed to leave their base, Bressaule said.



The wreckage of an Airbus A-310 plane sits smoldering after crashing in Irkutsk, Russia, early Sunday. The Russian passenger plane burst into flames after it crashed on landing, killing at least 124 people.

Brake system is focus of Russia crash probe

By Peter Finn
The Washington Post

MOSCOW — Investigators examining the charred remains of a Russian airliner that skidded off a rain-slicked runway and crashed Sunday in Siberia, killing at least 124 people, are focusing on the possibility that the plane's hydraulic brake system failed upon landing, according to news reports.

Preliminary data indicate that "after landing, the aircraft's brake system failed, causing the failure of the systems' other mechanisms," an unidentified investigator told the Russian news agency RIA Novosti. "As a result, the aircraft became uncontrollable after landing."

The Airbus A-310 operated by 57 Airlines was carrying 204 people, including eight crew members and 14 children younger than 12, when it crashed Sunday morning in the city of Irkutsk, according to the Russian Emergency Situations Ministry.

Officials reported that 58 people were hospitalized, some with severe burns, and that six of the children on board survived. Twelve people were well enough to return home after the crash, officials said. Several people remained unaccounted for and were presumed dead, they said.

Airline officials said 11 firefighters were on Board Flight 778, three from China, two from Germany, two from Poland, two from Moldova and two from South Korea. It was unclear if any of the foreign citizens survived.

Officials said they would begin to identify the bodies

of the dead Monday morning.

Some of the passengers were headed to nearby Lake Baikal, the world's most voluminous freshwater lake and a popular tourist spot. 57, formerly Sibir Airlines, Russia's second-largest carrier, has an extensive network of destinations in Siberia. The company said the plane was manufactured in 1987 and had made more than 10,000 flights.

The crash was the second involving an Airbus in Russia in the past two months. On May 3, a plane operated by the Armenian national carrier, Armavia, crashed as it approached the Russian Black Sea resort of Sochi. The cause of the crash, which killed all 113 passengers and crew members, is still under investigation.

President Vladimir Putin immediately ordered the creation of a commission to investigate Sunday's crash and to provide all necessary assistance to the families of the victims, according to the Kremlin press service. Airbus officials said they would help with the investigation.

Putin declared Monday a national day of mourning.

The plane, which had departed from Moscow, veered off the runway, slammed through a concrete barrier and burst into flames at 7:04 a.m., according to accounts from the scene. Officials said it took two hours to put out the fire, and that 600 workers took part in rescue efforts.

Officials also said that they had recovered the flight data recorders from the plane and that they appeared undamaged.

Sectarian warfare intensifies in Iraq

By J. Michael Kennedy
and Borzo Dargahi
Los Angeles Times

BAGHDAD, Iraq — Shiite militias flooded a Baghdad neighborhood Sunday, setting up checkpoints and singling out and killing at least 36 young Sunni Arab men in a spasm of violence that pushed the city deeper into sectarian warfare.

The execution-style killings also set off a political firestorm. A senior leader accusing the government of negligence, but Iraqi Prime Minister Nouri al-Maliki, a Shiite, denounced the events, insisting that the "situation in Baghdad is under control."

Shut settled, a pair of car bombs, apparently set off by Sunni Arab insurgents, damaged a Shiite mosque in a northern Baghdad neighborhood, killing at least 19 worshippers and wounding 59 others; setting the stage for another round of reprisal killings by Shiite gunmen.

The violence came the same day the U.S. military announced that five more American soldiers had been charged in the alleged rape and killing of a young Iraqi woman and the slaying of her family in March. Four soldiers were charged with rape and murder, a fifth with dereliction of duty. None was named.

Last week, a former U.S. Army private, Steven D. Green, was charged with rape and murder in federal court in Charlotte, N.C. He pleaded not guilty.

The sectarian violence



A mother holds the 4-year-old girl for her daughter Zaman, 8, who suffered chest wounds in crossfire during street fights. Sunday in the Jihad area of western Baghdad, Iraq, gunmen stopped cars in western Baghdad, grabbing people from the street and separating Sunni Arabs from the rest, killing at least 36 people, police said. In a dramatic escalation of sectarian violence in the country.

underscored a dramatic worsening of security in the capital even after the formation of a government in May and the imposition of a massive security operation by Iraqi troops and police. It also raised fears that the beleaguered country might soon dissolve into civil war.

Sunni Arab politicians, who have threatened to pull out of the nascent government, blamed the violence on Shiites, demanding that security forces crack down on militias, which are believed to operate in part out of the security services.

Acts of militias are now being expanded in Baghdad, and they have become a source of concern and harm to people," said Iraqi Vice President Tariq Hashimi, the head of the largest Sunni party, adding that the government needed to "safeguard the lives of the innocent, who have become targets for these militias."

Violence in the religiously

mixed Jihad neighborhood began after a suicide bombing near a Shiite mosque killed at least eight worshippers and passersby officials said.

Sunday morning, militiamen began roaming the neighborhood and setting up checkpoints, asking those trying to pass through to show their identity papers, which gave name and tribe — clues to whether the bearer might be Sunni or Shiite.

One witness, who asked not to be identified, said Shiite gunmen took to the streets about 7 a.m. and established a roadblock a short distance from his home. He said a Sunni neighbor was loaded onto a bus filled with gunmen after he showed his identity papers.

"There have been some problems in this neighborhood," the witness said. "But it never reached killing because you showed the wrong identification card."

By midmorning, a number of bodies were strewn about

the streets and Sunni insurgents set up their own nearby roadblocks in retaliation.

An official of a hospital where bodies were taken said at least 36 young Sunni men were killed, many pulled from their home or vehicles. Also among the dead from the Jihad fighting was a Shiite family of five — another and four children — who were killed when gunmen tossed a grenade into their home, hospital officials said.

At midmorning, Iraqi and U.S. troops sealed off the area, with helicopters whizzing above. The neighborhood is a short distance from the U.S. military headquarters, located next to the Baghdad International Airport.

The Saturday bombing that apparently triggered the attack took place a short distance from the Zuhra Shiite mosque. At least eight people were killed and more than a dozen were wounded, a hospital official said.

Israel vows to press forward with Gaza offensive

The Associated Press

JERUSALEM — Israeli Prime Minister Ehud Olmert said Sunday he would push ahead with the army's widescale offensive in the Gaza Strip, saying the fight to free an abducted soldier and stop militant rocket fire would last for a "long time."

The 12-day-old operation has caused widespread destruction in Gaza, left 51 Palestinians dead and led to international complaints that Israel was using excessive force.

Despite the offensive, militants launched three rockets into Israel on Sunday, wounding one person in the town of Sderot.

Also, militants linked to the Palestinians' ruling Hamas party maintained their refusal to free Cpl. Gilad Shalit, who was captured in a June 25 raid, or even reveal his condition.

An Israeli airstrike Sunday night targeted a car carrying Hamas militants near Gaza City, wounding five people, including an 8-year-old girl, Palestinian health officials

said. The vehicle was filled with explosives, which led to a series of large secondary explosions, the army said.

Israeli aircraft attacked a building early today on the outskirts of Gaza City, setting it on fire, Palestinians said. No injuries were reported. The military said the building was used by Islamic Jihad to make weapons.

Before daybreak today, aircraft fired a missile at a group of militants near Gaza City, killing one and seriously wounding another, Palestinian

hospital officials said.

The military said a missile had been fired at militants who were on their way to "launch a rocket."

Speaking to the Israeli Cabinet, Olmert counseled patience.

"We're talking about a war that will continue for a long time and it is complicated," Olmert said, according to a participant in the meeting. "This is a war for which we cannot set down a timetable and we can't say how long it will continue."

U.S. pushes for unity on N. Korean missiles, but splits widen over sanctions

By Hans Grutmel
Associated Press writer

TOKYO — A top U.S. envoy pushed for a united international front against North Korea's recent missile tests Sunday, but divisions widened over a U.S.-backed Japanese proposal for sanctions against Pyongyang.

U.S. Assistant Secretary of State Christopher Hill was in Tokyo ahead of a possible vote in the U.N. Security Council on the resolution. Despite resistance from China and Russia, Japanese Foreign Minister Tarō Asō vowed Sunday not to compromise on the measure's wording.

South Korea has not publicly taken a position on the resolution, but an Asō aide issued a harsh critique of China's outspoken criticism of the North

Korean missile launches last week.

"There is no reason to fuss over this from the break of dawn like Japan, but every reason to do the opposite," a statement from President Roh Moo-hyun's office said, suggesting that Tokyo was helping to heighten tensions on the Korean Peninsula.

North Korea also issued fresh threats. The North's state-run Korean Central Broadcasting Station, monitored by South Korea's Yonhap news agency, cited a previous statement by leader Kim Jong Il vowing "to answer to an



Christopher Hill

enemy's retaliation with retaliation and to an all-out war."

China and Russia, two of North Korea's traditional allies, remained the two veto-wielding permanent members of the Security Council who have voiced opposition to the resolution, which Japan hopes to put to a vote on Monday.

Despite the divisions, a top U.S. diplomat voiced optimism about forming a common strategy and urged China to put pressure on North Korea to end its launches and to return to international nuclear disarmament talks.

Undersecretary of State Nicholas Burns, on CNN's News Edition, said Sunday — the United States hopes Beijing will exert some pressure on the communist regime to get it to come back to the six-party

talks and end these missile tests.

Hill, who arrived in Japan after stops in Beijing and Seoul, denied any deep split over North Korea or the Japanese resolution.

"I don't see any splintering. On the contrary, I see a very clear message," Hill said in Tokyo, where he was expected to hold talks with Asō on Monday. "All countries are showing resolve in the ways that they can."

Song Min-soon, South Korea's presidential security adviser, however, told The Associated Press that Seoul was not convinced sanctions would stop North Korea's missile efforts, adding more work was needed to see whether that was the best step to take.

Hill's office followed that with a statement defending its

calm approach and suggesting that Japan's reaction was too shrill.

"It is not any good to heap, to ten tensions on the Korean Peninsula" or aggravate the South-North relations and neither does it help to solve the nuclear issue of the missile issue," the statement said.

Amid the divisions over sanctions, China's idea for an informal gathering of the countries involved in the six-party talks appeared to be gaining traction. North Korea has been boycotting the formal six-nation talks to protest a U.S. crackdown on its alleged money-laundering and other financial crimes.

"An informal gathering could allow Pyongyang to technically stand by its boycott, but at the same time meet with the other five parties — South Korea,

China, the U.S., Japan and Russia. Hill backed the proposal on Sunday, and said Washington could meet with the North on the sidelines of such a meeting.

Japan, which sits within easy range of North Korean missiles, said Sunday it won't commit to a financial promise on the U.N. resolution, which prohibits nations from procuring missiles or missile-related items, materials, goods and technology from North Korea, or from transferring financial resources connected to the North's program.

"To compromise because of one country which has veto power, even though most other countries support us, sends the wrong message," Asō told national broadcaster NHK. "We can't alter our stance."

Congressman criticizes Bush on undercover activities

By Jim Pezanghera and T. Christian Miller
Los Angeles Times

WASHINGTON — A high-ranking Republican lashed out at President Bush on Sunday, suggesting that the White House may have broken the law by failing to inform Congress of a "major" intelligence program and other undercover activities.

Rep. Peter Hoekstra, R-Mich., chairman of the House Permanent Select Committee on Intelligence, complained that he had received a briefing from the Bush administration on several intelligence programs only after learning of them from a whistle-blower.

"It is not optional for this president, or any president or people in the executive community, not to keep the intelligence committees fully informed of what they are doing," said Hoekstra, who revealed no details of the intelligence efforts during an appearance on "Fox News Sunday."

Alex Conant, a White House spokesman, declined to comment on the programs, but said the administration would "continue to work closely with the chairman and other congressional leaders on important national-security issues."

Hoekstra's charges follow months of controversy over the public disclosure of key administration intelligence efforts in suspected terrorism cases, such as the National Security Agency's warrantless wiretapping of people in the United States and the monitoring of international bank transfers.

Although Hoekstra had been informed of those initiatives, he wrote a letter to Bush in May in which he complained of being kept in the dark on several undisclosed programs.

A close White House ally, Hoekstra told the letter that the failure to disclose the information "may represent a breach of responsibility by the administration, a violation of law, and just as importantly, a direct affront to me and the members of this committee."

"The U.S. Congress simply should not have to play Twenty Questions to get the information that it deserves under the constitution," Hoekstra wrote in the letter, which was first disclosed by The New York Times.

Hoekstra also used the letter to complain about the selection of the new No. 2 official at the CIA, Stephen R. Kappes, and about the growing size of the office of the Director of National Intelligence, which is supposed to coordinate U.S. intelligence-gathering activities.



Tai Shan, right, and his mother Mei Xiang, take a close look at a frozen treat that was made for him on his first birthday Sunday in the outdoor panda exhibit at the National Zoo in Washington.

National Zoo observes 1st birthday of panda Tai Shan

By Derrill Holly
Associated Press writer

WASHINGTON — One year ago, he was nearly hairless, pink and weighed about four ounces, less than most bagels. On Sunday, his first birthday, giant panda Tai Shan is an active, 56-pound cub and the star attraction of the National Zoo.

"It's like a rambunctious little toddler that loves to get into everything," said Dr. Suzan Murray, the zoo's chief veterinarian.

Murray has monitored every developmental benchmark for the black and white panda since his birth on July 9, 2005. Those included the opening of his eyes, the development of his distinctive markings, his heartbeat, his mobility, and

even the frequency of his squeals, grunts and barks.

The cub still nurses, but he has advanced from milk provided by his mother, Mei Xiang, to eating bamboo. The woody perennial grass is the staple of adult pandas' diets, accounting for more than 90 percent of their nutrition.

"My next challenge is weaning Tai Shan from his mom," said Lisa Stevens, the zoo's curator of pandas and primates.

For his birthday, staffers prepared a giant fruitcake for the cub, a frozen mélange of apples, yams, carrots and fruit juices. That is a favorite of Mei Xiang, but this was the first prepared for the growing cub.

Tai Shan, whose name means peaceful mountain, routinely awakens before day-

break. After a meal, the mother and cub are often seen wrestling. Tai Shan also rolls around in the outdoor paddock and climbs trees, delighting zoo visitors.

More than 1.2 million have visited the panda exhibit since the cub went on display last December, and more than 21 million people have linked to the panda cam Web site.

Tai Shan is aware of the scent of his father, Tian Tian, in a separate exhibit, and they are often in visual proximity of each other, but they do not look at each other at all, said Stevens.

"In the wild males play no role in the rearing of cubs, so there's no reason for there to be any recognition of who this strange neighbor's scent mark belongs to," said Stevens.

Advocates quietly push for repayment for slavery

By Erin Kazura
Associated Press writer

Advocates who say black Americans should be compensated for slavery and Jim Crow aftermath are quietly chalk- ing up victories and gaining momentum.

Fueled by the work of scholars and lawyers, their campaign has morphed in recent years from a fringe-group rallying cry into sophisticated, mainstream movement. Most recently, a pair of churches apologized for their part in the slave trade, and one is studying ways to repay black church members.

The overall issue is hardly settled, even among black Americans. Some say that focusing on slavery shouldn't be a top priority or that it doesn't make sense to compensate people generations after a historical wrong.

Yet reparations efforts have led a number of cities and states to approve measures that force businesses to publicize their historical ties to slavery. Several reparations court cases are in progress, and international human rights officials are increasingly spotlighting the issue.

"This matter is growing in significance rather than declining," said Charles Ogletree, a Harvard law profes-

sor and a leading reparations activist. "It has more vigor and vitality in the 21st century than it had in the history of the reparations movement."

The most recent victories for reparations advocates came in June, when the Moravian Church and the Episcopal Church both apologized for owning slaves and promised to battle current racism. The Episcopalians also launched a national, yearlong probe into church slavery links and into whether the church should compensate black members. A white church member, Katrina Browne, also screened a documentary focusing on white culpability at the denomination's national assembly. Also in June, a North Carolina commission urged the state government to repay the descendants of victims of a violent 1898 campaign by white supremacists to strip blacks of power in Wilmington, N.C. As many as 60 blacks died, and thousands were driven from the city. The commission also recommended state-funded programs to support local black businesses and home ownership.

The modern reparations movement resolved an idea that's been around since emancipation, when black leaders argued that newly freed slaves deserved compensation.



Katrina Browne poses for a photograph June 30 outside her office in Cambridge, Mass. Browne's ancestors were the biggest slave traders in U.S. history, and she has been working for the past seven years on a documentary film about their trade.

A quick look at slavery reparations efforts

- Every year since 1989, Rep. John Conyers, D-Mich., has pushed unsuccessfully for a federal law ordering a study of reparations.
- Disclosure laws have prompted companies including health provider Aetna Inc. and financiers Lehman Brothers and Wachovia Corp. to apologize for slavery ties. After JPMorgan Chase reported that two of its predecessor banks owned more than 1,200 Louisiana slaves taken as collateral in the 1800s, the bank established a \$5 million scholarship fund for Louisiana blacks.
- Several lawsuits against 19 insurance, textile, railroad, financial services and tobacco companies with similar ties are making their way through federal courts.
- Advocates are calling for boycotts until such companies make reparations, said Nabki Tyeibeha, co-chair of the National Coalition of Blacks for Reparations in America, or NCOBRA.

Do-little Congress even having trouble with sure things

By Laurie Keimann
Associated Press writer

WASHINGTON — Could a Republican-controlled Congress couldn't pass a bill to protect the words "under God" in the Pledge of Allegiance from court challenges?

No problem, especially if proposed during the patriotic season leading up to the Fourth of July, Republican leaders thought.

The bill, the first item on the GOP's trumpeted election-year "American Values Agenda," could not make it past the House committee.

Even worse for the Republicans was that they could not blame Democrats. One of the GOP's very own, Rep. Bob Inglis of South Carolina, told no. Seven other Republicans skipped the committee meeting entirely. So it goes this year for House Republicans, their majority in jeopardy for the first time in

Congressional trouble

Voted down: A Republican-controlled Congress couldn't pass a bill to protect the words "under God" in the Pledge of Allegiance, even though they proposed it during the patriotic season leading up to the Fourth of July.

Party problems: Even worse for the Republicans was that they could not blame the Democrats.

Continuing trend: So it goes this year for House Republicans, their majority in jeopardy for the first time in more than a decade.

More than a decade. Take an unpopular president, factor in deep divisions in the GOP ranks and add to that

Democrats determined to regain control. It all means a Congress having trouble doing its most basic job: passing legislation.

Republican leaders tried to shrug off the setbacks. "We're not having trouble," Majority Leader John Boehner, R-Ohio, insists. "This is your typical legislative 'meat grinder.'"

Privately, many are frustrated. Democrats have pounced on the lack of progress with a "we can do better" election theme. "I wish the election were today," House Democratic Leader Nancy Pelosi of California said last week, summing up a list of "Republican failures."

An election-year session of Congress with little major legislation turned into laws is nothing new. Lawmakers traditionally are loath to vote on contentious legislation so close to the start of campaigning, when they might be called

to account for such votes. One president, Harry Truman, ran against the "do-nothing Congress" during his 1948 re-election campaign.

For some, debating proposals that have little chance of passage is a legitimate use of the full House and Senate.

"Passing bills isn't the end-all and be-all of Congress," said Brian Darling of the Heritage Foundation, a conservative think tank. "There's also some value in debating these issues and using Congress to air out issues that are important to the American people."

Democrats ridicule as political plays Republican decisions to bring up legislation doomed to fail, such as the constitutional amendments to ban flag desecration and gay marriage. Congress? Politicians? "They're politicians," Darling said.

Republicans point out that Democrats are not above bringing up proposals just for

political gain. They note that Democrats have insisted on bringing up a proposal to raise the minimum wage, which has failed for nine years.

With two-thirds of the 2006 legislative calendar over, Congress has passed and sent President Bush only two major pieces of legislation. One renewed the terrorist-fighting USA Patriot Act; the other extended \$70 billion in tax cuts, roughly divided evenly between investors and middle-income families.

Lawmakers still have high hopes of sending Bush bills to bolster pension protections for 44 million workers and extending the historic Voting Rights Act. Republicans would like to protect multimillionaires from getting sacked by high inheritance taxes after a one-year reprieve from those taxes in 2010.

Senate Majority Leader Bill Frist, R-Tenn., also has broken a deadlock over legislation to allow the government to pay

Discovery space shuttle cleared for return home

By Seth Rosenstain
Associated Press writer

HOUSTON — Space shuttle Discovery's astronauts got some happy news Sunday: It's safe to fly home.

Mission Control informed the crew of six that the ship's thermal shielding is "100 percent cleared for entry" in another week.

"Boy, that's great news. That's fantastic," shuttle commander Steve Lindsey said. "And to get all that done by the end of flight day six ... is just amazing."

"Everyone here around the room, as you can imagine, is most happy." Mission Control replied.

Only one heat shield issue remained going into the late afternoon mission management meeting — a 2-inch-long piece of fabric filler sticking out about an inch from thermal tiles on Discovery's belly. Engineers determined it wasn't necessary to have an astronaut pluck the strip out during a spacewalk and that it posed no concern for the space-

ship's return to Earth on July 17. So managers gave the heat shield an official bill of health.

Officials had already decided that several other nicks and spots — ranging from bird droppings to fried fish — were no big deal.

Deputy shuttle program manager John Shannon, chairman of the mission management team, said the healthy shuttle — and the crew's accomplishments in orbit so far — paved the way for the next mission in just

over 114 months. That's when assembly will resume at the international space station; construction was halted by the 2003 Columbia disaster. Sandwiched between a daring spacewalk Saturday and a crucial but more routine spacewalk Monday, Discovery's crew had an easy day Sunday, said pilot Mark Kelly. They were scheduled to work only 15 hours, instead of 16 hours.

"Today has been a relatively light day compared to the others," Kelly said in the news conference. "Those first five days of the mission were so busy we had to take our meals on the run," Lindsey said.

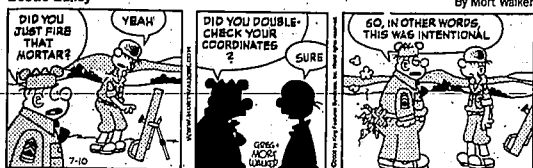
Saturday's spacewalk, during which astronauts Piers Sellers and Michael Fossum stood on the end of 100 feet of sometimes-oscillating shuttle robotic arm and extension boom, proved that emerging robotic repair work can be done from that unusual vantage point, the astronauts said. But they said the feeling of being out there at the end of the boom was a little unusual.

"You find yourself lying sideways when you think you're standing up," Sellers said. "It's an unnatural feeling, but not really very unpleasant."

The second spacewalk, which begins at 8:17 a.m. EDT today, is much like past international space station repair spacewalks. The bulk of the scheduled 1 1/2-hour spacewalk will concentrate on finishing repairs on the station's railcar-like mobile transporter.

Beetle Bailey

By Mort Walker



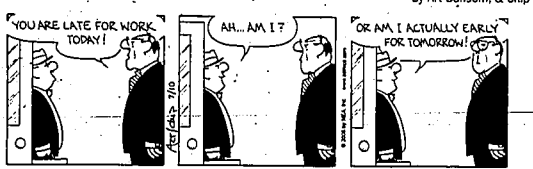
Blonde

By Dean Young & Stan Drake



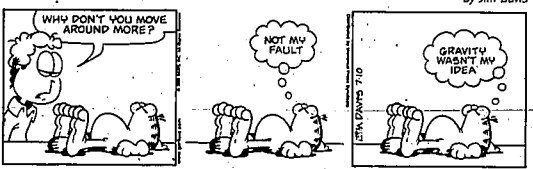
The Born Loser

By Art Sansom & Chip



Garfield

By Jim Davis



Hagar the Horrible

By Chris Browne



Hi and Lois

By Chance Browne



Classic Peanuts

By Charles M. Schulz



The Wizard of Id

By Brant Parker & Johnny Hart



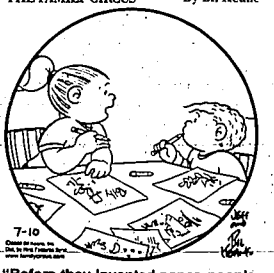
Dennis the Menace

By Hank Ketcham



THE FAMILY CIRCUS

By Bill Keane



High school hunk loses his looks but gains consideration



DEAR ABBY
Jeanne Phillips

DEAR ABBY: When I was 16 I fell in love with the handsomest man I had ever seen. I'll call him "Todd." Apparently everyone else thought so, too. Todd loved the women and they loved him, and our relationship ended.

After many years we were reunited. We have been together for three years now. Todd has changed a lot since high school. His personality is every woman's dream now. He is thoughtful, considerate, and tells me he loves me every day. He has apologized repeatedly for his past.

The problem is, he's no longer as attractive as he used to be. Over the years he has neglected his body, teeth, skin and hair. He is a diletant mechanic, and his hands and fingernails are embedded with grease. We no longer look like we belong together, and I'm embarrassed to introduce him to friends. (They chuckle under their breath when they see him.)

My friends and I like to go to fancy places, and even when Todd is dressed up, he doesn't look right. Forgive me if this seems shallow. I have kept my youthful looks. I still wear a size 8, and no one can believe I have three grandchildren.

How do I deal with this? I love Todd. I love being with him and talking to him. But I can't seem to overcome these feelings.

—CONFUSED IN NEW JERSEY
DEAR Confused: Alcoholics Anonymous has something called the "Serenity Prayer." Commit it to memory, and use it as the need arises, because it can be a helpful tool for living.

"God, grant me the serenity

to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

If you really love Todd, it is within your power to "encourage" him to exercise and eat healthfully, to see a dentist and a barber regularly, and groom himself more carefully. If you love Todd, you will tell your friends that you do — and if you still feel they look down on this thoughtful, considerate and affectionate man, you will cultivate friends who are more accepting.

DEAR ABBY: "Rita" and I first became close in junior high. We ate lunch in our mid-20s and currently live about two hours apart. We spent many hours together as teens. However, her demanding nature did always grate on me.

One year, when we were living on opposite coasts, I sent Rita an expensive birthday gift and card, but forgot to call her until the next day. Instead of

thanking me, she pouted and accused me of not valuing our friendship.

A few months ago, Rita sent me an angry e-mail because I had made plans with my boyfriend for two nights during her week-long stay in my town. (She was here for the wedding of a couple I do not know.) I wrote her back explaining that I love her, but I am now a busy woman and I don't have time for her childish behavior. I told her she expects a degree of attention that I cannot give her. We haven't spoken since.

Because Rita e-mailed me and invited me to lunch, I have not responded. I simply have no desire to see her, as I have not enjoyed our relationship for years. Do I owe Rita anything besides wishing her the best? Should I see her?

—FEELING GUILTY IN PALO ALTO
DEAR FEELING GUILTY: Because you have no desire to see her, politely refuse the invitation. Friendship is supposed to be mutual, and you are in no way obligated to continue this one. Sometimes people simply grow apart, and this appears to be the case with you and Rita.

Scopes trial had its start on this day in 1925

This day in history: On July 10, 1925, teacher John T. Scopes was prosecuted for teaching his students that there were other human origin theories besides the Biblical one. After a sensational trial, Scopes was found guilty of breaking Tennessee law and fined \$100 (about \$1000 in today's money).



RANDOM KINDS OF FACTSNESS
Eric Barrett & Jack Mingo

It's dangerous to be shot out of a cannon, but it's not quite what it appears to be in circus. It's compressed air that shoots the person out, but the explosion is just a firecracker set off simultaneously for effect.

The jaws of certain large tropical ants never release their tight grip, even if killed. Very early medical practitioners used them as sutures. Assistants would hold the wound shut while the doctor brandished a big ant over its edges. When the ant bit, the doctor quickly decapitated it and went on to the next ant until the wound was secured.

Reader Charles Anderson disputes our item about there being a survivor among Custer's men at the Battle of Little Big Horn. After looking further at the evidence, we find that the proof is not fully conclusive whether the Indian scout known as Shuy-Sheeh-Atah or Curly was actually in the thick of battle. His purportedly firsthand accounts of the battle were published afterward, but there is also some belief he and three other Indian scouts were sent away from the battlefield before fighting started. Whatever the case, Curly received an army pension for his service to the 7th Cavalry, and after his death in 1923 was buried in Custer National Battlefield.

Eric Barrett and Jack Mingo can be reached at factmongers@mingo-barrett.com.

Auction Calendar

Through July 20th

MONDAY, JULY 10, 6:00PM
Antiques & Collectibles, T.F. Furniture • Household • Coins • Antiques • Tools • Wheelchair • Van • 734-1635 • 731-4562 • www.auctionsidoaho.com

IDAHO AUCTION BARN

TUESDAY, JULY 11, 5:00PM
Household • Tools • Antiques • Outrageous Oddities • Jerome • **KLAAS AUCTION BARN** • 208-324-5521

WEDNESDAY, JULY 12, 11:00AM
• Day-Dry and Doxy Drilling & Construction • Draper, Utah Construction & Dairy Equip. • www.us-auctioneers.com

THURSDAY, JULY 13, 11:00AM
Faye & Dick Roberts, Jerome • Trucks • Motorbikes • Shop Antique Bicycles • Machinery • www.us-auctioneers.com

FRIDAY, JULY 14, 11:00AM
Norm & Allen Meier, Twin Falls • Collectible Glassware • Books • Antiques • Appliances • Furn. • www.us-auctioneers.com

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www.mastersauction.com

THURSDAY, JULY 20, 11:00AM
Faye & Dick Roberts, Jerome • Trucks • Motorbikes • Shop Antique Bicycles • Machinery • www.us-auctioneers.com

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OPINION

Opinion Editor David Cooper: 733-0931, Ext. 246

OTHER VIEWS

Property tax system will need serious work

Idaho State Journal

When 3,000 people in one county appeal their property valuations, as is happening in Kootenai County, that's a problem that's unlikely to be solved in a two-day special session of the Idaho Legislature.

But it clearly needs fixing. The way state law now stands, your house is valued for taxing purposes partly on what your neighbor's similar house may have recently sold for.

As county assessors are required to appraise properties for market value at least every five years. As long as real estate prices were stable, that system worked pretty well. But when soaring population and hot money from speculators combined to inflate housing prices, people who have been living in their homes for years or even decades suddenly are finding themselves being

taxed out of them. That may be fine if you want to sell, but not if you want to stay put. The Legislature could change the law on assessing property, should it choose to enact that tax thickener, perhaps by limiting annual increases to the same owner. But that eventually leads to tax inequities between new buyers and old owners.

Gov. Jim Risch, reportedly leaning toward calling a special session to deal with the property tax issue, must be aware that such a task will take time. It would be smarter to prepare to deal with the issue in regular session next January, except that the thousands of people crowding into offices of county commissioners in North Idaho are in no mood to be put off.

"It was nuts, really nuts," said Kootenai County Assessor Mike McDowell. He was talking about the long lines of tax protesters, but he might just as well have been describing the present system.

Victims of Enron will still struggle on after Lay's death

Dallas Morning News

Enron victims should be forgiven if they feel that in some way, Ken Lay's abrupt death before serving a single day in jail means he got away with something.

But the man is dead, and dignifies no one to dance on his grave. That said, it is fair to remember what ordinary people — 20,000 former Enron employees, as well as shareholders and creditors — will face for the rest of their lives.

Lay passed away in his Colorado vacation home, amid the relative luxury in which he continued to live even after the collapse of his Enron empire. Not so Bill Peterson, an Enron employee undergoing cancer treatment when the company's demise ended his health insurance. He and his wife lost everything, including their house. The widow Peterson told ABC News, "My husband was not allowed the dignity of

dying in his own home." Retired power plant worker Charles Prestwood, who lives in a small house in Conroe, survives on Social Security and prayer. The \$1.3 million he socked away for retirement evaporated when Enron's house of cards collapsed, leaving him holdings worth just over \$5,000. He's got very little left to live on and nothing to leave to his children.

Roy Rinard, 58, is an Oregon-based lineman who saw his retirement nest egg vanish when his Enron holdings tanked. He told CNN he expects to have to climb electric poles until he's 67, just to be able to retire with a pittance. "What we do is hard, hard work," he said. "But what keeps you going is the fact that you can retire and finally get some rest." Rinard will not be resting anytime soon. The Enron chairman's rise and fall was a tragedy. But not nearly as great a tragedy as befell those victimized by his company's crimes.

LETTERS

Flags fly high thanks to Monarch Lions

The Monarch Lions Club of Twin Falls puts forth an effort that needs no mention. Every patriotic holiday, American flags are placed throughout Twin Falls by the club.

The past several years, it has so generously loaned flags to the Rotary clubs to place at Centennial Park during Jazz in the Canyon. The flags caught in the breeze with the bridge and canyon in the background, really add color and patriotism to the festivities.

Jazz in the Canyon occurs between Flag Day and the Fourth of July, the Saturday before Father's Day. They drop this flag to us after Flag Day then pick them up to use after the event.

Big kudos to the Monarch Lions Club for sharing the "Spirit of Our Country." When

they come to your business to ask for support to care for and purchase flags, please help them financially and don't forget to thank them.

MARY SHAW
Twin Falls

Stories lifted those who fight depression

I have found your recent articles concerning depression to be very familiar and interesting. I have experienced bouts of depression off and on all my life. A doctor told me recently I may have to deal with a certain degree of depression the rest of my life.

I'm thankful for the mental health support systems we have here in the Magic Valley.

Yes, suicidal thoughts can be very real at times.
DAVE SHAW
Twin Falls



War powers eroded by high court

Our big wars — and the war on terror ranks with the big ones — have a way of starting on the first day of a decade: 1861, 1911, 2001. Supreme Court decisions which historically have been loath to intervene against presidential war powers in the midst of conflict, have tended to give the president until mid-decade to do what he wishes to the Constitution in order to win the war.

During the Civil War, Lincoln suspended the writ of habeas corpus — trashing the Bill of Rights or exercising necessary emergency executive power, depending on your point of view. But he got the whole troublesome business done by 1865 and the Supreme Court stayed away.

During World War II, FDR interned Japanese-Americans. He, too, was left unmoored by the court. But Roosevelt also got his war wrapped up by 1945. Had the current war on terror followed course and ended in 2005, the sensational just-decided Hamdan case concerning military tribunals for Guantanamo prisoners would have either been rendered moot or drawn a yawn.

But, of course, the war on terror is different. The enemy is infinitely elusive and there are more likely to survive and keep the war going for years. What the Supreme Court essentially did in Hamdan was



CHARLES KRAUTHAMMER

to say to the president: Time's up. We gave you the customary half-decade of emergency powers, but that's as far as we go. From now on, the emergency is over, at least judicially, and you're going to have to operate by peacetime rules.

Or as Justice Anthony Kennedy, the new Sandra Day O'Connor, put it, Guantanamo (and by extension, war-on-terror) jurisprudence must henceforth be governed by "the customary operation of the Executive and Legislative Branches." This case may be "of extraordinary importance," but it is to be "resolved by ordinary rules."

All rise: The Supreme Court has decreed a return to normalcy. A lovely idea, except that Osama has other ideas. The war does go on. One can sympathize with the court's desire for a Harding-like restoration to normalcy. But the rebel emminences are pre-mature. And even if they weren't, they really didn't have to issue a ruling this bad. They declared illegal Bush's military tribunals for the

of Salim Ahmed Hamdan, Osama bin Laden's driver and bodyguard. First, because they were not established in accordance with congressional authority. And second, because they violated the Geneva Conventions.

The first rationale is an odd but feeble misreading of congressional intent. The second is a grotesque and unflexible misreading of the Geneva Conventions.

The court feels that the president slighted Congress by unilaterally establishing military commissions. What is odd about this soliticoousness is the powers of the legislature is that Congress, which is populated entirely by adults, had explicitly told the judiciary just six months ago that when it comes to Guantanamo prisoners, the judiciary should bug off.

The Detainees Treatment Act in December 2005 not only implicitly endorsed what the administration was doing with prisoners, it explicitly told the judiciary to leave the issue to Congress and the president to resolve, as they have historically.

The court's wanton overriding of Congress and the president is another in a long string of executive acts of judicial arrogance. But it is fixable. The Republican leadership of the Senate responded to the court's highhandedness by

immediately embarking on writing legislation establishing military tribunals.

The unflexible part of the Hamdan ruling, however, is the court's reading of Common Article 3 of the Geneva Conventions. The Geneva Conventions, which were designed to protect civilian populations and those combatants who respect them, were never intended to apply to unlawful combatants, terrorists of the al-Qaida kind. The court tortures the reading of Common Article 3 to confer upon Hamdan — and by extension the man for whom he rode shogun, bin Laden — the kind of elaborate legal protections that one expects from "civilized peoples."

This infinitely elastic concept will allow courts to usurp from Congress and the president the authority to fashion the procedures for military tribunals — an arrogation that mocks the court's previously expressed soliticoousness for congressional authority.

But no matter. Logic has little force here. The court has decreed: There is no war — or we will pretend so — and henceforth it shall be conducted by the court. God save the United States. (This honorable court can fend for itself.)

Charles Krauthammer's e-mail address is letters@charleskrauthammer.com.

LETTERS

America worth celebrating every day

In response to James W. Cimino's letter which appeared on Tuesday, July 4, Mr. Cimino explains that he won't be celebrating Independence Day this year due to the disgrace the current administration has brought upon this country.

Unfortunately, he neglects to share any specific examples of this disgrace, only saying his health won't allow him to be so stressed.

How convenient. As it turns out, it's infinitely easier to complain about how horrible something is and stop there than it is to back up claims with actual facts.

I wonder when Bush's "self-serving values and leadership" began to destroy this country. Was it when he pledged to annihilate those behind 9/11? Since that day, how many more terrorist attacks has this country sustained? How about when Saddam Hussein was removed from power after committing the most heinous acts of murder in genocide since Adolf Hitler's time?

Maybe Bush started ruining America the day Al Zarqawi was killed; that certainly seems self-serving.

In every national address ever spoken by our president,

God has been mentioned and even thanked. I'd hope God isn't one of Bush's disgraceful values. I'd continue with more examples of evil by our president, but I can't. It's not for health reasons — just the 300-word limit.

Even if Al Gore, John Kerry or even Hillary Clinton were president of the United States, I'd still be proud to live here. No Democrat or liberal can make me ashamed of this great nation because no single individual makes up this country, we, all of us, do.

Mr. Cimino signs off by saying "God Bless (and save) America."

Lucky for us, God already has. He's given us a country where we can say and do what we choose — even if what we choose to do is make unfounded (and fact-free) claims against the very man keeping our nation safe. I celebrated America yesterday, I will today and I'll do it again tomorrow.

To everyone who's made our country what it is today and to everyone who's fighting to keep it that way, thank you, you, in my prayers.

To all those who side with James Cimino's views and are not proud to be Americans: Move out; you won't be missed.

NICK BARRY
Twin Falls

Bush tackled terrorism with time, fortitude

I was recently reading a letter to the editor by George Neumann of Kimberly.

I must admit President Bush's tour of duty has been scary — if you listen to the liberal left's spin. This country (USA) is truly hated for its standard of living and world-wide influence by the Middle Eastern Arabs. They excel in tourism. They have the funds and expertise to train killers and ways of securing necessary explosives and chemicals to perform the acts.

Think about prior terrorist attacks that killed thousands of innocent Americans, some before the Bushes' time in office. A U.S. embassy in Jordan was attacked, killing many U.S. Marines and civilians. An attack by a terrorist ship loaded with explosives into one of our U.S. naval ships providing safety in the Mediterranean Ocean to oil transporting ships. More innocent Navy personnel killed. A ground attack on the World Trade Center and subway system, again killing more innocent people in New York City. Then the big one in September 2001 at the World Trade Center and the Pentagon, killing thousands of more innocent people right here in the USA. Brutally

killed. Now think about this, George. Since President Bush was "tricked into war" in Iran and Iraq, have the Taliban and other Middle Eastern terrorist organizations been able to plan and carry out attacks in this country? Thank God, No. We are now at war against terrorism. Where do you want to fight this war, George? Here in the USA or in the Middle East where it originated? Or do you just want to surrender and give up?

I think President Bush has taken an oath to protect this country and yours and my freedoms. This war is how he sees it being done. It may be a while, if it is ever completed.
JOHN H. WILSON
Kimberly

Write to us

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Immigration: The answer to an aging work force

MARK TRAHAN¹

A doughnut shop seems like a good place for talk about the future of work.

President Bush visited a Dunkin' Donuts/Baskin Robbins in Alexandria, Va., last week and met with four immigrants who own and manage the business.

"These people remind me that one of the great features of our country is that people are able to come here and realize dreams," the president said. "One of the problems we have because our economy is strong is that small-business owners have trouble finding workers. People come here to work."

In Philadelphia, at a Senate hearing, New York City Mayor Michael Bloomberg was more direct. He told The Washington Post that "the economy is very fragile. We need more workers than we have."

Ronald Bird, an economist at the Department of Labor, said immigrants are a significant and growing part of the U.S. work force. But in Philadelphia, at a Senate hearing, New York City Mayor Michael Bloomberg was more direct. He told The Washington Post that "the economy is very fragile. We need more workers than we have."

"We should be talking about immigration in that context — the increasing scarcity of qualified workers. Bird told last week's Senate hearing that the foreign-born labor force represents nearly 40 percent of labor force growth since 2002 — and it is a key reason why the country has the "capacity to maintain growing national output."

Two years ago — when Bird talked about the dramatic shift in employment rates — our political discourse raised the threat of "outsourcing." Foreign call centers and other such ventures were taking "our" jobs. And it was a big deal: I did a quick database survey of 2004 stories in the P-I and 172 cited "outsourcing" as an issue, while only 24

the overall U.S. labor force, or about 7.2 million workers. Of those, nearly 20 percent work in construction-related jobs.

"Unauthorized migrants make up a larger share of all workers in a few more detailed occupational categories," Pew reports. "For example, the unauthorized were 36 percent of all insulation workers and 29 percent of all roofers and dry-wall installers."

These numbers — and the prospects of what is to come — are the reason why Bush favors some sort of system that incorporates those workers into any legislation. Back at the dough-

nut shop, Bush said he didn't favor amnesty. "But I'm also realistic to tell you that we're not going to be able to deport people who have been here, working hard and raising their families." People come here to work, the president said. "Five powerful words. And, as a middle-age baby boomer, hoping to one day retire, I certainly hope people continue to come here to work."

Mark Trahan, formerly an editor at the *Shoshone-Bannock* newspaper, is a columnist for the *Seattle Post-Intelligencer*.



The second worst paper in NYC

It was nice to see The New York Times commemorating Independence Day this week with a tribute to its favorite Revolutionary War hero, Benedict Arnold. Times editor Bill Keller spent the day attending Revolutionary War battle re-enactments, where he passed the Continental Army's secret battle plans to the British.

This week I plan to reveal my own top secret information: an interview I did with the New York Post's week my current No. 1 best seller, "Godless," was released. On an account of an important breaking story on Angelina Jolie's new tattoo, the Post never found room to run the long interview I wasted my time writing for the Post's Larry Getten.

Once considered a legitimate daily, the Post has been reduced to tabloid status best known for Page Six's breathless accounts of Paris Hilton's latest outings, and headlines like "Vampire Teen — H.S. Girl Is Out for Blood."

How crappy a newspaper is the Post? Let me put it this way: It's New York's second-worst newspaper. Maybe the Post's constant harassment of me is an attempt to shake me down for protection money like they did with billionaire businessman Ron Burkle. I have sold a LOT of books — more books, come to think of it, than any writers at the New York Post.

Here's Part 1: NY POST: Vitriol aside for a moment, how would you define a liberal, politically speaking?

A: Naive, misinformed fanatical Mother Earth-worshippers and fervent America-haters — and those are their good traits.

NY POST: In "Godless," you lump many views you disagree with under the banner of a liberal religion. But many Democrats (as with liberals) disagree amongst themselves on many of these issues. Do you consider all Americans who vote Democrat to be liberals?

A: Of books.

NY POST: How many liberals do you think there actually are in this country?

A: Way too many, but that's just a rough estimate. You know, somewhere in the ballpark of "way too many."

NY POST: Your books, like Bill O'Reilly's, generally go to No. 1. But so do Miralza Moore's and Al Franken's. What do you think this says about the real nature of what Americans believe, politically and ideologically?

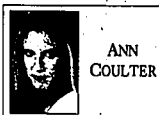
A: Judging by your list, that half of them are patriotic.

NY POST: In the last two presidential elections combined, the number of people who voted for the Democrat and the number who voted for the Republican were pretty close to even. Isn't it safe to say that the country is seeing somewhere in the middle of conservatism and liberalism?

A: Yes, I think the results of the last "American Idol" vote pretty much proved that.

NY POST: Your characterization of liberals paints them as extremists. But with people like Pat Robertson telling us how God keeps telling him who He's angry at, isn't it fair to say that there are extremists on both sides?

A: Pat Robertson opposes capital punishment, opposed the impeachment of Bill Clinton and supports trade with China, just for starters. Seems like a pretty mixed bag to me. So what makes you call him extreme? That he believes he has dialogue with the Lord? Do liberals now call anyone who thinks this is a "LORD?"



ANN COULTER

sides. Contrary to what you've heard, it's actually more important to stand for something than it is for everybody to "just get along."

NY POST: You speak in the book of "Muslims' predilection for violence," accepting it as a given. But many would argue that many Muslims, in this country and others, lead average, everyday lives, and denounce violence. How is painting all Muslims as violent any different than looking at the Crusades, or at any of the Christian extremist groups around today, and saying, "All Christians are murderers?"

A: Quite obviously, referring to "Muslims' predilection for violence" is not the same as saying, "All Christians are murderers." It would be the same if I had said, "All Muslims are murderers." You didn't do too well on the analogies section of the SATs, did you?

NY POST: You say that "without a fundamental understanding of man's place in the world" (by which you mean God), we risk being lured into, among other things, slavery. But weren't the American slaveholders devout Christians?

A: They may have been devout Christians, but they weren't being good Christians by holding slaves. That's the point: Any Christian slaveholder had to violate Christianity to own slaves. This, and obviously — the abolitionist movement was fueled by Christians, much as the anti-abortion movement is today.

I'm sure in the year 2106 some future Ann Coulter will be asked to explain why some Christians had abortions 100 years earlier. Christians sometimes lapse into the church of liberalism by doing bad things, just as others sometimes lapse into our church by doing good things. (To be continued later this summer...)

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IDAHO/WEST

Tiny Preston is flush with tourist dollars 2 years after hit film

PRESTON (AP) — A hit film about this sleepy farm town on the Utah border has generated \$1 million for Preston, according to the town's chamber of commerce.

"Napoleon Dynamite," a low-budget, feel-good comedy centered around the title character, an awkward teenager played by Jon Heder, has costed more than 100 extras from Preston High School and prominently displays the town's stolid landmarks.

The film cost \$400,000 to make in 2004, but has grossed \$40 million in the United States, and spawned a cottage industry of "Napoleon Dynamite" memorabilia in Preston.

The second-annual Napoleon Dynamite festival wrapped up this weekend. The event featured a Napoleon look-alike contest, as well as a moon boot dance and Happy Hands club performance at Preston High School — the mimicking scenes from the movie.

About 400 people attended

this year's festival, down from 6,000 in 2005, the Idaho Statesman reported.

The Preston Chamber of Commerce was one of the first organizations to bill the town as a destination for "Napoleon Dynamite" aficionados.

The chamber has also marketed the popular "Vote for Pedro" ringed T-shirts that replicate a shirt worn by Heder in the film to promote a long-shot bid for the school presi-

dency by Napoleon's friend, Pedro, played by Efron Ramirez.

The chamber's merchandise line has since expanded to include hats, homemade key chains copying the handcrafts that also figure into the film's plot and many re-printings of the "Vote for Pedro" shirts.

Sales in 2005 allowed the chamber to donate \$13,000 to the Preston School District Education Foundation, plunk

\$25,000 into its annual Festival of Lights event Thanksgiving weekend and pay for last weekend's Napoleon Dynamite Festival.

"People started coming through here wanting stuff, and we didn't have anything," said Pennie Christensen, executive director of the chamber.

Now, a slew of entrepreneurs is hawkling Napoleon wares, she said. "Businesses caught on that

we were making money," Christensen said.

On State Street, the town's central artery, everyone from Big J Burgers to The Gingerbread Shoppe are pitching their role — however small — in the runaway success of "Napoleon Dynamite."

At Big J, which was featured in the movie (though at a different location in Richmond, Utah, about 15 miles south), the marquee exclaims, "Gosh!

Come in and get your own dang tot! Napoleon Dynamite stuff here!"

Tourists who sample Napoleon's favorite snack often leave with shirts that read "Big J: Where your wildest dreams come true."

"We started doing our own shirts but didn't think much would happen," said manager Dave Johnson. "They really went better than we had anticipated."

State aims to boost grizzly population in western Montana

By Becky Bohrer
The Associated Press

BILLINGS, Mont. — State wildlife officials want to move grizzly bears to northwestern Montana in a bid to help speed recovery of a small, struggling grizzly population there.

The proposal to place bears in the Cabinet-Yaak ecosystem is part of the state's latest seven plan for managing federally protected grizzlies on suitable habitat across western Montana — and beyond the borders of designated grizzly habitat in the state.

The plan envisions at least 500 bears in and around Glacier National Park. It also anticipates grizzlies moving into an area of extreme western Montana — an area the U.S. Fish and Wildlife Service says has not had a verifiable grizzly sighting in more than 40 years — and an increase in public tolerance of bears there.

"The truth is, for us to be successful we have to have public support," said Arnie Doope, endangered-species coordinator for the Montana Department of Fish, Wildlife and Parks.

Public hearings on the plan are scheduled for September and the public has until Oct. 3 to comment. A final decision by Fish, Wildlife and Parks could come this year.

For 31 years, grizzly bears in the contiguous states have been listed as a threatened species. Currently, the largest U.S. grizzly populations outside of Alaska are in and around Yellowstone and Glacier national parks. Wildlife biologists estimate hundreds of bears roam each ecosystem.

The Fish and Wildlife Service has proposed ending Yellowstone-area bears' protection under the Endangered Species Act. Researchers are trying to get a better determination of the size and health of the Glacier area's population.

Populations in the other recovery areas — in Montana, Idaho and Washington — are far smaller. The largest population is estimated to have perhaps several dozen bears.

Fish, Wildlife and Parks cites a conservative estimate of 30 to 40 grizzlies in the Cabinet-Yaak, an ecosystem that includes part of northern Idaho, and says the population appears to be in decline.

The agency wants an eventual population of 90 to 125 grizzlies in the Cabinet-Yaak. In trying to reach that goal, officials would accelerate Montana's current efforts to transfer bears of reproducing age from the Yellowstone or Glacier areas, or from Canada.

The plan calls for transferring 10 to 15 bears over three to five years, then evaluating whether to continue.

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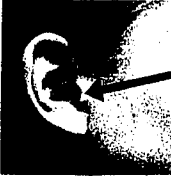
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INSIDE: Local Sports, B2 | MLB, B2 | NASCAR, B3 | Golf, B4

The Italian Job



TOP: Italy's Fabio Cannavaro lifts the trophy after defeating France 5-3 in a shootout in the final of the soccer World Cup between Italy and France in the Olympic Stadium in Berlin on Sunday. BOTTOM LEFT: Referee Horacio Elizondo shows the red card to France's Zinedine Zidane. BOTTOM MID: Italy's Fabio Grosso (3) celebrates with teammates Gianluigi Buffon after scoring the winning penalty kick. BOTTOM RIGHT: France goalkeeper Fabien Barthez sits dejected after the final.

Italy stalls in second half, shines in shootout victory

By Barry Wheeler
Associated Press writer

BERLIN — The beautiful game turned vicious, even venomous Sunday.

It was all still beautiful to Italy.

The Azzurri-outlasted France to win their fourth World Cup 5-3 in a shootout after a 1-1 draw marred by French cap-

tain Zinedine Zidane's ejection in the 110th minute of his farewell game for a nasty head butt to the chest of Marco Materazzi.

Never masters of the penalty kick, the Italians made all five, setting off an hour of hugging, dancing and fist-pumping celebrations.

"This squad showed great heart," Genaro Gattuso said.

"Maybe it wasn't pretty, but we were hard to beat."

They were impossible to beat and gave up only one goal actually scored by an opponent. And no, it was not pretty.

Outplayed for an hour and into extra time, the Italians won it after Zidane committed the ugliest act of a tournament that set records for yellow and red cards, diving and, at times,

outright brutality.

And it was the last move for Zidane, who is retiring.

Asked if French soccer would miss Zidane, coach Raymond Domenech said:

"Yes, well, he was missed in the last 20 minutes tonight. It weighed heavily in the outcome."

Without their leader for the shootout, the French only

missed once. But Italy, rarely strong in such situations, was perfect. Fabio Grosso clinched the Azzurri's fourth championship, and his teammates had to chase him halfway across the pitch to celebrate.

"It's incredibly emotional, words can hardly describe it," Grosso said. "Maybe we still don't realize what we have achieved. We really wanted to

win and in the end we made it."

Only Brazil has more World Cups, five.

Until now, no team since the last Azzurri champions in 1982 had to endure the stress and anguish of a soccer scandal. Rather than be disrupted by the current probe ripping apart the national sport back

— Please see ITALY, Page B2

Federer wins Wimbledon

By Howard Federich
Associated Press writer

WIMBLEDON, England — When Roger Federer stepped onto Centre Court, dressed for success in his creamy white, custom-made blazer, one thought was prominent as he prepared to face Rafael Nadal in the Wimbledon final.

He absolutely had to beat this guy — after all, how could Federer make the case he's the best tennis player ever if he's not even the best of 2006?

Untouchable early, steady enough late, the No. 1-ranked Federer did indeed vanquish his nemesis, No. 2 Nadal, 6-0, 7-6 (5), 6-7 (2), 6-3 Sunday for a fourth consecutive Wimbledon championship and eighth Grand Slam title.

Federer is 55-0 this year when he plays anyone other than Nadal, but the Swiss star entered Sunday with a 1-4 career mark against Nadal, 0-4 this season, when all four losses came in tournament finals, including last month's French Open.

"I'm very well aware of how important this match was for me. If I lose, obviously, it's a hard blow for me — he wins French, Wimbledon back-to-back," Federer said. "It's important for me to win a final against him, for a change, and beat him, for a change. At Wimbledon, I knew it was going to be the place for me to do it the easiest way."

The keys to the grass-court kingdom have



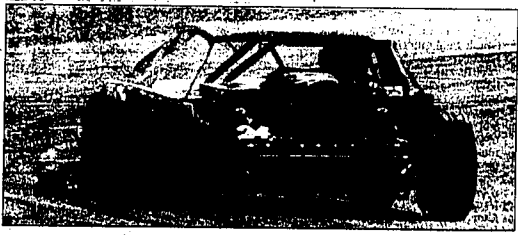
Defending champion Roger Federer kisses the winner's trophy after his 6-0, 7-6, 6-7, 6-3 victory over Spain's Rafael Nadal in the Men's Singles final on the Centre Court at Wimbledon on Sunday.

been passed from Bjorn Borg to Pete Sampras to Federer, who joins that duo as the only men since World War I to win this Grand Slam title four years in a row.

"This is Roger's backyard," his coach, Tony Roche, said. "It was played on his terms."

Federer sure strode in as though he owned the place, wearing the jacket his sponsor made especially for him. It features a crest on the breast pocket with three rackets to represent his previous three Wimbledon titles; Federer wants

— Please see FEDERER, Page B2



Shelby "Cupcake" Stroebel brought his No. 24 modified car to the winner's circle at the Magic Valley Speedway in only his 18th career start Saturday night in the Pepsi Premier division main-event race.

Stroebel puts frosting on win

By Linda Brittain
Times-News correspondent

TWIN FALLS — Combining patience and perseverance, Shelby "Cupcake" Stroebel cooked up his first main-event win in the Pepsi Premier division Saturday night at the Magic Valley Speedway.

Stroebel, who resides in Boise, did not begin making the trip to Twin Falls until June 10, but has had no problem whipping up good finishes at the Twin Falls track. Stroebel finished second in the July 1 Pepsi Premier race after

running solid races in his previous showings at MVS. It seemed to be only a matter of time before Stroebel would be making the trip to the winner's circle.

But even more surprising, Saturday night's feature division event was only the 18th race of his career. Stroebel ran his first race less than a year ago, August 6, 2005, at Meridian, but has obviously quickly picked up a knack for the track.

The driver of the No. 24 modified car patiently worked his way through the field after starting ninth in a field of 15 cars, but his

— Please see STROEBEL, Page B2

SPORTS

White Sox best Boston in 19th

CHICAGO (AP) — Tadahito Iguchi hit a bases-loaded single in the bottom of the 19th inning to give the White Sox a 6-5 win in the longest game in history in U.S. Cellular Field history.

Rudy Seanez (2-1), the eighth Boston pitcher, got the loss. Huff Politte (2-2), the eighth White Sox pitcher, helped the top of the 19th for the win. It was the longest game by both innings and time (6 hours, 19 minutes) in the majors this season.

Jermaine Dye hit a two-out homer in the ninth off Boston closer Jonathan Papelbon — the first run the rookie has given up on the road all season — to tie it at 3.

Devil Rays 6, Yankees 5

ST. PETERSBURG, Fla. — Jorge Cantu and Aubrey Huff homered and drove in three runs apiece Sunday, helping the Tampa Bay Devil Rays rally from a five-run deficit to beat the New York Yankees 6-5.

Cantu's two-run homer off Ron Villone erased a 5-3 New York lead in the eighth. Cantu broke the tie in the seventh when he singled after Rocco Baldelli doubled and Scott Proctor (2-2) walked Huff intentionally.

Orioles 5, Indians 4

CLEVELAND — Corey Patterson scored on a passed ball in the eighth inning and Baltimore rallied to beat Cleveland in a mistake-filled game.

Rangers 5, Twins 2

ARLINGTON, Texas — Mark Teixeira and Gary Matthews Jr. hit two-run homers off All-Star left-hander Johan Santana and Texas defeated Minnesota.

Teixeira's first homer in 13 games put the Rangers up 3-2 in the sixth.

Blue Jays 11, Royals 3

KANSAS CITY, Mo. — Roy

Halladay became the majors' 12th 12-game winner. Aaron Hill had four hits for the second consecutive game and Toronto beat Kansas City.

Mariners 3, Tigers 2

SEATTLE — Gil Meche held Detroit to four hits in seven innings and Yuniyky Betancourt's elusive single drove in the tie-ahead run and snapped Seattle's six game losing streak.

Meche (8-4) was helped by a two-run homer by seldom-used catcher Rene Rivera.

Angels 4, Athletics 2

OAKLAND, Calif. — Kendry Morales hit a go-ahead, two-run triple to help Los Angeles beat Oakland in his sixth straight decision.

National League

Mets 7, Marlins 6

NEW YORK — David Wright hit a go-ahead three-run homer in the eighth inning to help the New York Mets beat the Florida Marlins 7-6 Sunday.

Braves 8, Reds 3

ATLANTA — Andrew Jones hit a two-run homer, and Atlanta roughed up Cincinnati's All-Star Bronson Arroyo.

Padres 10, Nationals 9

WASHINGTON — Mike Piazza hit a ninth-inning, pinch-hit home run to lift the Padres over Washington.

The NL West-leading Padres overcame a 7-1 deficit with four runs in the

sixth, one in the eighth and four in the ninth to finish their winning streak to five games. Phillies 8, Pirates 3

PHILADELPHIA — Cole Hamels pitched five solid innings to win for the first time in over a month, and Philadelphia took its first series win in that span.

Expected to be the next Pity Phenom, Hamels (2-4) hadn't won since June 6.

Cubs 11, Brewers 4

MILWAUKEE — Glendon Rindell pitched five solid innings and Chicago beat Milwaukee for its third straight win.

Prior was scratched before the game with a strained right hamstring, but he pitched well in his left side, sustained while he was taking batting practice Saturday.

D'backs 8, Rockies 5

DENVER — Orlando Hudson and Luis Gonzalez homered, and Arizona scored five runs in the seventh inning to complete a three-game sweep of Colorado.

Craig Counsell went 3-for-4 and Chase Utley had three hits and two RBIs for the Diamondbacks, who finished with 13 hits.

Dodgers 3, Giants 1

LOS ANGELES — Aaron Sele pitched six strong innings, Nomar Garciaparra extended his hitting streak to 21 games, and Los Angeles defeated All-Star Jason Schmidt and San Francisco.

Cardinals 7, Astros 5, 12 innings

HOUSTON — Aaron Miles doubled in two runs in the 12th inning to give the St. Louis Cardinals a 7-5 victory over the Houston Astros on Sunday night.

Houston's Cardinals' second straight extra-inning win after taking Saturday's game 7-6 on a 10th-inning home run by Albert Pujols.

game to break, blocking back a 12th mph serve and eventually flipping a running forehand shot that caught a corner to make it 2-0.

Federer broke Nadal again in the matches' fourth and sixth games, closing a masterful first set with a cross-court backhand passing shot.

The message in Federer's play was unmistakable: This is a whole new ballgame, kid.

"The start was absolutely perfect. I played fantastic, didn't miss any shots," Federer said. "It was over in a hurry."

Republic and Ghana. Then it beat Australia on a controversial penalty in the second-half extra time that Francesco Totti converted.

Italy's Ukraine 3-0 before depressing the host nation with two stunning goals in the final minutes of extra time for a semifinal win over Germany.

Gianluigi Buffon made the save of the final match in the 104th minute as the ever-dangerous Zidane fed Willy Sagnol on the wing and then slipped into the area. Sagnol's cross was headed into the top of the net with the Italian keeper

hand right to knock it over.

By then, the sea of blue supporters for both teams seemed as exhausted as the players. The crowd let out a short gasp, and then it was back to the tense and tentative search.

Zidane used his head again in the 110th, albeit the wrong way, and almost got away it. Argentine referee Horacio Elizondo did not see his, and he impeding Elizondo to seek help.

The ref finally asked his assistant on the sideline, then pulled out the red card.

For the remaining extra time, the fans whistled their displeasure.

"We prepared exactly how we needed to be at the top. You could see that in the second half," Zidane said.

Domenech said, "Once again we were largely superior to our opponents."

Terror U-16 takes state

Three-News

POCAETEAL — Twin Falls has a new state champion to brag about.

The Twin Falls Terror U-16 softball team took Sunday's state championship game with a 3-2 victory over the Northwest Wildfire of Coeur d'Alene. Starting pitcher Amber Peterson worked seven innings of solid ball and went 3-for-3 at the plate to lead the Terror, and got a little help from Katelyn Fjeld, who turned a rally-ending double play in the seventh inning before Peterson garnered a strikeout to end the threat.

In head coach Ken Johnson's absence, assistant Ken Petersen was aided by former Twin Falls standout Justine Williams in taking over the coaching duties.

"The girls could have folded a couple times this weekend and they didn't do that," Petersen said. "A lot of the credit goes to Ken Johnson. We're putting together a program that they are really buying in to."

The Terror finished the tournament with a 5-0 record to take the program's first state title and will head to continue their winning ways in two weeks in regional tournament action.

Minor League Baseball

Carr 2-0 for Kingsport Mets

KINGSPORT, Tenn. — Former Twin Falls High School and College of Southern Idaho standout right-handed pitcher Nick Carr started his professional baseball career with a bang, compiling a 2-0 record with a 0.59 ERA and 15 strikeouts in 15.1 innings pitched for the Kingsport (Tenn.) Mets of the Appalachian League, the New York Mets' rookie league affiliate.

Former CSI lefty hurler Todd Privitt is also on staff for the Mets, but struggled early, going 0-1 with a 9.39 ERA in 7.2 innings pitched for 8-8

Stroebel

Continued from page B1

toughest challenge was taking on the No. 9 car of Bobby Latham, who took the lead at Lap 20 after the Kingsport Club men's member/guest invitational tournament.

The duo edged out Casey Perkins and Ed Coats by one stroke, while Jeff and Lynn Lacro took the championship flight net honors at 119. The four-man team of Ed Coats, Ted Pierson, Jim Hill and Ted Shibley won Saturday's four-man derby elimination tournament. Results follow:

Kingston, which currently sits two games out of first place in the Appalachian League's West Division.

Amateur Golf

Armstrong and Delbo win in Gooding

GOODING — The team of Dan Armstrong and Mike Delbo carded a 133 to finish first in championship flight gross scoring at Saturday's Gooding Country Club men's member/guest invitational tournament.

The duo edged out Casey Perkins and Ed Coats by one stroke, while Jeff and Lynn Lacro took the championship flight net honors at 119. The four-man team of Ed Coats, Ted Pierson, Jim Hill and Ted Shibley won Saturday's four-man derby elimination tournament. Results follow:

Gooding Country Club Men's Member/Guest Invitational Summary Results

Gooding Country Club Men's Member/Guest Invitational Summary Results

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SPORTS

Immelman holds off Tiger



Trevor Immelman of South Africa pumps his fist after winning the Western Open at Cog Hill Golf Club in Leawood, Ill. on Sunday with a 13-under-par 271 total.

LEWIS, Ill. (AP) — Trevor Immelman birdied the 18th hole and held off Tiger Woods and Matthew Goggin to win the Western Open on Sunday for his first PGA Tour victory. Immelman needed to par the 18th to win. Instead, he knocked in a 32-foot putt for a birdie, putting him at 13-under 271 for the tournament — two strokes ahead of Woods and Goggin.

Vijay Singh, the leader through three rounds, was 2 over for the day to fall out of contention. Singh and defending champion Jim Furyk finished at 9 under, along with Tim Clark, Stephen Leaney, Stewart Cink and Carl Peterson.

Phil Mickelson shot 71 and finished 3 over in his first tournament since the U.S. Open, where a double-bogey on the final hole cost him the championship.

Called the Western Open since 1899, the second-oldest tournament in the U.S. will get a new name — the BMW Championship — and become part of the PGA Tour's season-ending series next year. It will be played at Cog Hill in 2007, then rotate out of the Chicago area on alternate years.

Immelman birdied the 13th and 16th holes to go to 15

under. He let out a grin after hitting a 10-foot putt on 16. The South African, who has four European tour victories, bogeyed 17 but made up for it on the 18th and finished at 4-under-par 67 for the day.

Woods bogeyed the first hole Sunday and was 1 over through nine, but got it going after the turn. His tee shot on the par-3 12th landed within 2 feet of the hole, and Woods tapped it in for his second straight birdie. He was at 10 under and within a stroke of the lead after a birdie on the par-3 14th.

His second shot on the par-5 15th sailed wide right into the crowd, but Woods managed to save par. A chip shot from the rough rolled past the hole, and he made a 15-foot putt. Woods sank a 23-foot putt for birdie on No. 16, putting him at 11 under. The crowd roared, and he pumped his right arm after the ball fell into the cup. But it wasn't enough to catch Immelman.

Woods charged into contention with a good second round and a better third round after opening the tournament at 1 over. He shot 4 under on Friday and made a big jump with a 5 under Saturday. This was Woods' first tournament since the U.S. Open.

Doyle edges Watson for U.S. Senior Open

HUTCHINSON, Kan. (AP) — Allen Doyle outdueled playing partner and gallery favorite Tom Watson with a steady 2-under 68 Sunday to win his second straight U.S. Senior Open.

Watson had a two-stroke lead over Doyle heading into the final round. But Watson, the popular Kansas City native whom many in the crowd hoped would win, three-putted for bogey on two of the last three holes and never recovered. His 2-over 72 gave him a four-day total of 274, two shots behind Doyle, who finished at 8 under for the tournament.

Doyle, whose quick, choppy swing makes it look as if his clubs are too short, is the first back-to-back U.S. Senior Open winner since Gary Elger in 1987-88. A year ago, the 56-year-old Doyle came out of nowhere with a closing-round 63 in Kettering, Ohio, to win his first U.S. Senior Open.

After Watson made a great recovery shot out of the thick rough to within 2 feet of the cup on No. 17, Doyle made a tough, curling 15-foot birdie putt to maintain a two-stroke lead with one to play.

Several others spent the day charging

into contention and then dropping out of the short-but-narrow Prairie Dunes layout. D. A. Weirbig, who bogeyed the last two holes at last year's U.S. Senior Open and finished one stroke behind Doyle, took the lead with seven birdies on his first 12 holes to get to 7 under for the day and the tournament.

But he collapsed on the back nine with bogles on 13 and 14 and a double-bogey on the par-4 16th after driving into the rough. He finished with a 68 to finish the tournament at 2 under.

LPGA Tour

Lincome wins match play title

GLADSTONE, N.J. — Brittny Lincome spoiled Michelle Wie's bid for her first professional victory — and took most of the drama out of the finale, too.

The long-hitting Lincome won the HSBC Women's World Match Play Championship on Sunday for her first LPGA Tour victory, beating Juli Inkster 3 and 2 in the final after edging Lorenna Ochoa on the first extra hole in the morning semifinals.

The 20-year-old Lincome, a 4-and-3 winner over Wie in the quarterfinals Saturday, had a 5-up lead after eight holes against the 46-year-old Inkster and ended the match with a conceded par on the par-4 16th.

In the morning semifinals, Lincome edged Ochoa with a 20-foot birdie putt on the 19th hole, and Inkster beat Solheim Cup teammate Paula Creamer 5 and 4. The third-seeded Ochoa beat the fifth-seeded Creamer 3 and 2 in the third-place match.

Lincome, seeded 30th, earned \$500,000 for her breakthrough victory after making \$32,258 in 33 previous LPGA Tour starts the last two seasons.

With her father carrying her bag in hot afternoon conditions on the hilly Hamilton Farm course, Lincome took the lead on the 533-yard, par-5 second hole, reaching the front edge of the green in two and two-putting for a birdie. The former junior star won the par-3 third and par-4 fifth with pars, halving the par-4 sixth with a birdie — holding out from 16 feet after Inkster made a 20-foot — and took a 4-up lead with a par on the par-3 seventh.

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<p>'05 CHEVROLET CAVALIER Hertz Gold Certified Hertz Price \$9,995</p>	<p>'06 TOYOTA CAMRY LE Hertz Gold Certified Hertz Price \$16,995</p>

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INSIDE: Obituaries, C2 | Classifieds, C3-C10

The Cat comes back

Show combines modern themes, real-life situations

The Times-News

TWIN FALLS — The Cat's out of the bag. Junior Musical Playhouse's production of "Seussical The Musical" stars The Cat in the Hat, Horton the Elephant, and Jo Jo, a small boy from Whoville.

Stories written by Dr. Seuss are tied together as The Sour Kangaroo, Gertrude McFuzz, and Amaying Mayzie come to life in the show, which will open at 8 p.m. Tuesday at Twin Falls High School in the Roper Auditorium.

The music in the Broadway production of Seussical was composed by Stephen Flaherty and the lyrics were written by Lynn Ahrens. A fun-loving adventure for the whole family, Seussical is not just a show about Dr. Seuss' books; it also combines contemporary themes and real-life situations.

"It's a show everyone will enjoy," said Robin Parker, the production's director. "Since this show has never been performed in Twin Falls, we want people to know that it is not just a kid's show; adults and kids will love it."

Parker has been joined by music director Lori Chandler and vocal coach Serena Clark to add musical expertise to the production. The ensemble will play on the stage, which will create a unique chance to watch instrumentalists in action.

Parker returned to Twin Falls to direct this show because she believes that the young actors in Twin Falls have more energy than in other places she has directed. She lives in Los Angeles, and has directed shows in Los Angeles.

The cast consists of 50 members ages 12 to 18, who have been practicing six days a week since the beginning of May.

"This show has been one of the most rewarding — and at the same time, challenging experiences I have ever had," said Jordan Stanley, who plays the role of The Cat in the Hat.



Jordan Stanley stars as the Cat in the Hat in "Seussical the Musical," which Junior Musical Playhouse will present at 8 p.m. Tuesday at Twin Falls High School in Roper Auditorium.



From left: McKay Nield, one of the Wickersham Brothers, performs in a chorus number in "Seussical the Musical," with Yelena Bagdasarova, the Sour Kangaroo; Deldre Hegstrom, a Bird Girl; Jordan Stanley, the Cat in the Hat; Bryson Hatfield, Jo Jo, a little boy from Whoville; Luke Chandler, a Wickersham Brother; Megan Johnson, a Bird Girl; and Jonathan Sweet, a Wickersham Brother.

On with the show

"Seussical The Musical" opens Tuesday and plays through Saturday at Twin Falls High School in Roper Auditorium.

Curtain rises at 8 p.m. Tickets available at the door.

The players

Members of the cast include: Jordan Stanley, Bryson Hatfield, Jared Johnson,

Karlee Hatfield, Yelena Bagdasarova, Sarah Bevan, Ben McMurry, Cody Hater and Danl Moisee.

Also in the cast are: Kable Bernhart, Sydney Bergen, Lex Bemhiesel, Kallie Bevan, Brenae Boesiger, Loring Brock, Blakee Casse, Sedie Champin, Lauren Chandler, Luke Chandler, Alan Drummond, Lauren Drummond, Chris Harris, Deldre Hegstrom, Elizabeth Hegstrom, Jessica Hendry, Julie Hirsch,

Mackenzie Johnson, Megan Johnson, Tyler Jones, Peter Massimo, Jim Martinez, Challas McArthur, Mikaela McMurry, Ashton Nevils, Kelsey Nebecker, Matt Newkie, Kamrie Nield, McKay Nield, Kevin O'Connell, Emily Plew, Shelby Roberts, Kayla Southwick, Annie Stanger, Jonathan Sweet, and Madeline Young.

Ryan Jones is stage manager; Linz Hansen is assistant choreographer.

Jerome man was known for building friendships and long-lasting legacy

By Jani Whitte
Times-News Contributor

JEROME — Integrity, good values, a sense of humor and trust in a handshake shaped the man that many Jerome citizens respected and honored.

Clive Glendon "Glen" Capps died July 1 at 78. His daughter, Kathy Bartholomew, describes him as a man who treated congressmen and senators the same as he would a migrant worker.

Growing up during the Depression left a deep impression on Glen, and throughout his life Kathy said he had a real appreciation for the simple things. His parents divorced and he went to live with his grandparents; he often credited his grandmother for saving him.

In high school he was an honors student, excelled in

many sports and served as student body president.

His mother married John Falk, a man who taught him the values of loyalty, self-worth and confidence. He sheared sheep with him and later worked for a portable sheep shearing company.

It was then that he met Mary Green, a 14-year-old who traveled with her mother cooking for the companies.

They had to wait three years before their relationship blossomed. They were married Aug. 5, 1948. In business, he became owner of Glen Capps Hay and Grain.

Glen dedicated most of his time to the business which later included his sons. He instilled that work ethic in his kids as well.

"He had a great sense of humor," said longtime friend Leroy Craig. "He was

always light-hearted and concerned that others did well."

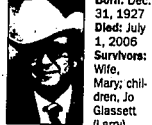
In 1980, Kathy said he started a two-term service for the Jerome City Council. He helped improve Fillmore Street, put in a truck route, started the school resource program and served as police commissioner.

"They really did a lot of things," Kathy said. "Dad wasn't afraid to be confrontational in what he thought was right."

One thing that remained most important in Glen's life was his family. He loved watching his kids and grandkids grow up. "His last words were, 'Well, I'd better get going.' Kathy said, "He always said that and at his funeral I was saying how great it would be if we could all get going" on repairing relationships and taking care of business. How proud he would be of us all."

a Life remembered

Clive Glendon "Glen" Capps



Born: Dec. 31, 1927
Died: July 1, 2006
Survivors: Wife, Mary; children, Jo Giassetto (Larry), Dennis Capps (Sandra), Mike Capps (Jill), Kathy Bartholomew (Kent), David Capps (Charlene) and Brian Capps (Ranae); brothers Charles and Doug Capps, 31 grandchildren and 27 great grandchildren.



Red Cross service and delivery administrator Lori Stokes helps some final items from American Red Cross offices on Falls Avenue in Twin Falls. The new American Red Cross office is at 253 Fourth Ave. N. in Twin Falls.

After the move

Red Cross is getting back to normal and is as busy as ever.

By Nate Poppino
Times-News writer

TWIN FALLS — A move to a smaller office may seem like a bummer, but Whitney Beem couldn't be happier.

After someone broke into the Red Cross office in January and dug through its files, Beem, the organization's district director, had enough. "That was the last in a lot of things," said Beem, who added a broken ceiling and high rent to the list of reasons the organization moved from its Falls Avenue location to a building downtown owned by McDonald's owners Bill and Donna Kyle.

Now located at 253 Fourth Ave. N., the organization is also dealing with other changes. It is attracting more volunteers and has started offering classes on health and safety issues again.

A big focus is on getting the organization's name out. Beem said the organization's services are constantly being used, just not always in the most public ways or in situations reported in local media. "We helped six families last week alone," she said.

And it can cost a lot to help out the community. Beem is trying to recoup \$7,000 spent helping the victims of a recent apartment fire in Hatley.

The organization has 15 to 20 active volunteers and 50 total on its list, but Beem said they still need more.

"When four or five volunteers are called all the time for fires, it gets hard on them," she said.

One of those volunteers is Collin Randolph, financial aid director for the village of Southern Idaho. Randolph said he has volunteered in various ways for about 30 years.

"It's the price you pay for being on this earth, the rent you pay," he said, paraphrasing a phrase he had heard before.

How you can get involved

The Red Cross is looking for volunteers for its disaster team, health and safety classes, office work and leadership council. To volunteer, visit the Twin-Falls office located across from the DMV, or call 733-8484 or (800) 853-2570.

Around his full-time job, Randolph serves on the organization's disaster relief team and does fundraising. He also gives blood and will hit the 16-gallon mark with his next pint. He attends two meetings a month and gets disaster relief calls about six times a year.

The work, he said, is satisfying.

"When you give to others, you truly give more to yourself," he said. "It feels good because you really did make a difference."

The organization has found it hard to make that difference in the Magic Valley in recent years, something that Beem attributed to high administrative turnover.

"You have one person in as director and then they leave, and then another person and they leave," she said. "It's hard to volunteer then."

The other problem, Randolph said, is most donations end up going out of town.

"People said, 'I want my check to go to the Red Cross.' That's the International Red Cross," he said. "The local Red Cross does not get money ... unless they write in the bottom left corner 'local.'"

Now Twin Falls is growing, and Beem said she doesn't see why the Red Cross can't grow with it.

"We're only as good as Twin Falls is going to support us," Beem said.

Candidates offer mixed views on Risch's tax plan

BOISE (AP) — The two major candidates vying to be Idaho's next governor offered mixed reviews on incumbent Gov. Jim Risch's push for a special session of the Legislature this summer to slash property taxes.

The governor has said he will likely call such a session with an eye toward revamping the state's property and sales-tax system before his successor takes office in January.

Risch — who was elevated to governor after Dirk Kempthorne's appointment as U.S. secretary of the interior and is seeking re-election as lieutenant governor — wants to scrap the state's \$250 million annual property-tax levy that pays for public school maintenance.

Under his plan, money for schools would come from a sales-tax increase and the state's budget surplus. "Everywhere I go, people are concerned about their property taxes and I think it's important enough to warrant

a special session," U.S. Rep. C.L. "Butch" Otter, the Republican candidate for governor, told The Spokesman-Review newspaper in Spokane.

"However, if Gov. Risch and the Legislature are unable to come to agreement on the issue, Idahoans and legislators can expect real, tangible property-tax relief to be the first bill I propose as governor."

Otter's Democratic opponent, former newspaper executive Jerry Brady, said Risch's tax-relief proposal is misguided because it will transfer more of the state's tax burden to the middle class.

"I don't favor the solution that they are bottling and packaging and preparing to get through, because it is simply a shift of taxes," he said. "Middle-class people, ordinary families are going to end up paying the same or more under a sales tax than they are under property taxes, and we're not addressing the issues long-term."

OBITUARIES/MAGIC VALLEY

DEATH NOTICES

Donald Capps

TWIN FALLS — Donald Capps, 66, of Twin Falls, died Sunday, July 9, 2006 at his home in Twin Falls. Services are pending and will be announced by White Mortuary, "Chapel by the Park" in Twin Falls.

Edith Marchant Dunn

DECLO — Edith Eunice Marchant Dunn, 95, of Declo, died Saturday, July 8, 2006, at Parke View Care & Rehabilitation Center. The funeral is pending and will be announced by Rasmussen Funeral Home in Burley.

Lois Stuhlberg

JEROME — Lois Stuhlberg, 82, of Jerome, died Saturday, July 8, 2006 at Magic Valley Regional Medical Center in Jerome. Funeral services will be conducted — 1 p.m., Wednesday, July 12, 2006, at the Howe-Robertson Funeral Chapel in Jerome with Rev. Lawrence Vedder officiating. Friends may call Tuesday evening from 6 p.m. until 8 p.m. at the Howe-Robertson Funeral Chapel. Burial will follow in the Jerome Cemetery. Services are under the direction of the Howe-Robertson Funeral Chapel in Jerome.

Marty C. Allen

TWIN FALLS — Marty C. Allen, 49, of Twin Falls, died Sunday, July 9, 2006 in Twin Falls. Services are pending and will be announced by White Mortuary, "Chapel by the Park" in Twin Falls.

Anne Patterson

GOODING — Anne Patterson, 73, a resident of Shoshone and formerly of Gooding, died Sunday, July 9, 2006 at the Shoshone Rehabilitation & Living Center. Funeral arrangements are pending and will be announced by Demaray Funeral Service in Gooding.

Funeral Service in Gooding.

Norva Stanger

BURLEY — Norva Lynn Fisher Stanger, 71, of Burley, died Sunday, July 9, 2006, at her home. The funeral is pending and will be announced by Rasmussen Funeral Home in Burley.

Bessie E. Moseley

TWIN FALLS — Bessie E. Moseley, 86, of Jerome, passed away Sunday, July 9, 2006 at Twin Falls Care Center. Funeral arrangements will be announced by Reynolds Funeral Chapel.

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Menford L. Marlow of Burley, funeral at 11 a.m. Tuesday at the Burley United Methodist Church, 450 E. 27th St.; friends may call from 6 to 8 p.m. Monday at Rasmussen Funeral Home, 1350 E. 16th St., Burley, and one hour before the service Tuesday at the church.

Robert Keith "Bob" Majer of Spokane, Wash., and formerly of Twin Falls, graveside service at 11 a.m. today at the Shoshone Cemetery in Shoshone.

Guy ValRoy Baugher of Burley, funeral at 11 p.m. today at the Rasmussen Funeral Home, 1350 E. 16th St.; friends may call one hour before the funeral today at the mortuary.

Thelma A. "Sid" Dickinson of Fairfield, memorial service at 11 a.m. today at the Fairfield

Community Church; graveside service at 3 p.m. at Goodvale Cemetery in Boise.

Velda Hodgson of Burley, funeral at 11 a.m. today at the Howe-Robertson Funeral Chapel, 710 Sixth St. In Rupert; friends may call one hour before the funeral today at the mortuary.

James Reed Simmons of Gooding, memorial service at 11 a.m. today at the Gooding High School Multipurpose Room (Demaray Shoshone Chapel).

Kimi Kay Mletzger of Buhl, funeral at 1 p.m. today at the Buhl LDS Church, 501 S. Main St.; viewing from 10:30 a.m. to 12:30 p.m. today at the church (Bell Funeral Home in Boise).

Janet Jean Grisham Waits of Star, funeral at 1 p.m. today at

the Star 1st Ward building, 484 S. Main in Star; graveside service at 10 a.m. Tuesday at Sunset Memorial Park in Twin Falls (Summers Funeral Homes, Ustick Chapel in Meridian).

Calvin Floyd Bateman of Jerome, memorial service at 3 p.m. today at the Jerome LDS 2nd Ward Chapel, 50 E. 100 S. (Farnsworth Mortuary).

Howard W. Runk of Twin Falls, funeral at 11 a.m. Tuesday at the Twin Falls United Methodist Church; viewing from 7 to 9 p.m. today at White Mortuary.

Donald N. Pearson of Boise and formerly of Burley, funeral at 2 p.m. Tuesday at the Burley First Presbyterian Church, 2100 Burton Ave.; friends may call from 6 to 7 p.m. today at Rasmussen Funeral Home,

1350 E. 16th St., Burley, and from 1 to 1:45 p.m. Tuesday at the church.

Donald Lee East of Hagerman, memorial service at 2 p.m. Wednesday at the Hagerman Christian Center, 748 S. 900 E. in Hagerman.

James Matthew "Brick" Beglan of Twin Falls, celebration of his life at 2 p.m. Wednesday at Reynolds Funeral Chapel, 2466 Addison Ave. E. in Twin Falls.

Eldon Crisp of Gooding, memorial service at 11 a.m. Saturday at the First Shoshone Baptist Church of Gooding (Demaray's Funeral Home).

Nancy A. Major of Buhl, funeral at 2 p.m. Sunday at the Buhl Methodist Church (Valley Funeral Home and Crematory in Wasilla, Alaska).

SERVICES

ON THE AGENDA

Today

- Buhl City Council, 7 p.m., council chambers, 203 Broadway Ave. N.
- Camas County commissioners, 9 a.m., courthouse, 501 Soldier Road, Fairfield.
- Camas County School Board, 7 p.m., high school, 610 Soldier Road, Fairfield.
- Cassia County commissioners, 9 a.m., courthouse, 1459 Overland.
- Richfield City Council, 7 p.m., city hall, 103 S. Main.
- Elmore County commissioners, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home.
- Gooding County commissioners, 9 a.m., courthouse, 624 Main.
- Hagerman School Board, 8 p.m., elementary school, 324 Second Ave. N.
- Hulley City Council, 6 p.m., courthouse, 206 First Ave. S., Halley.
- Hansen City Council, 7 p.m., city hall, 388 Main.
- Hazelton City Council, 7 p.m., city office, 246 Main.
- Hullister City Council, 7 p.m., city hall, 2392 Main.
- Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
- Ketchum Planning and Zoning Commission, 5:30 p.m., city hall, 480 E. Ave. N.
- Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B. Shoshone.
- Malta City Council, 5 p.m.,

- Raft River Electric Co-op conference room, 155 N. Main.
- Minidoka County commissioners, 9 a.m., courthouse, 715 G St., Rupert.
- Richfield City Council, 7 p.m., city office, 180 W. Lincoln.
- Shoshone School Board, 7:30 p.m., district office, 409 N. Apple.
- Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E.
- Twin Falls County commissioners, 8:00 a.m., courthouse, 425 Shoshone St. N.
- Twin Falls County Parks and Waterways Advisory Board, 7 p.m., 450 Sixth Ave. W.
- Twin Falls School Board, 7 p.m., administration office, 201 Main Ave. W.
- Valley School Board (Eden-Hazleton), 7 p.m., media center, 882 Valley Road S.

Tuesday

- Blaine County Commissioners, 8:45 a.m., courthouse, 206 First Ave. S., Halley.
- Burley City Council, 7 p.m., city hall, 1401 Overland.
- Cassia County School Board, 7 p.m., central office, 237 19th St., Burley.
- District School Board, 7:30 p.m., school's business room, 406 N. Park.
- Glenns Ferry City Council, 7 p.m., city hall, 119 E. Second.
- Gooding School Board, 7 p.m., district administration

- office, 507 Idaho St.
- Jerome City Planning and Zoning Commission, 7 p.m., council chambers, 100 E. Ave. A.
- Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
- Kimberly City Council, 7 p.m., community center, 120 Madison W.
- Sun Valley Planning and Zoning Commission, 9 a.m., city hall, 81 Elkhorn Road.
- Twin Falls City Planning and Zoning Commission, 7 p.m., 305 Third Ave. E.
- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Wednesday

- Castletown City Council, 7 p.m., J&D Printing Enterprises, 300 W. Main.
- Deer Creek City Council, 7 p.m., city hall, 116 W. Main.
- DeMary Memorial Library Board, 4:30 p.m., 417 Seventh St., Rupert.
- Hayden City Council, 7 p.m., city hall, 941 18th St.
- Murtaugh City Council, 7 p.m., city hall, 104 S. Fourth.
- Murtaugh School Board, 7 p.m., high school library, 500 Boylston.
- Paul City Council, 7:30 p.m., city office, 152 S. 600 W.
- Richfield School Board, 7:30 p.m., high school, 555 N. Tiger Drive.

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Twin Falls Public Library Board, 5 p.m., library board room, 434 Second E.

Thursday

- Bellefleur City Council, 7 p.m., city hall, 115 E. Poplar.
- Fairfield City Council, 7 p.m., city hall, 407 Soldier Road.
- Hagerman Chamber of Commerce, noon, Hagerman Senior Center, 140 E. Lake.
- Jackpot Advisory Board, 6 p.m., Jackpot Library, 2301 Progressive Drive.
- Minidoka City Council, 7:30 p.m., city hall, 402 Cherry St.
- Murtaugh Highway District, 7 p.m., district office, 108 W. Archer.
- Oakley City Council, 7 p.m., city office, 200 W. Main.
- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
- Twin Falls County Planning and Zoning Commission, 7 p.m., 246 Third Ave. E.

Friday

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
- The Times-News suggests that you confirm this information by calling the appropriate clerk's office before attending.

THIS WEEK AT CSI

Today

- CSI Volleyball Camp, all day, gym (through Aug. 2).
- CSI Law Enforcement Week programs, all day, Shields 118 (through Friday).
- "Space Science: CVII: Earth and Space Through Art and Science" conference, all day, Rick Allen Community Room, Herrert Center for Arts and Science (through Friday).

Tuesday

- Division of Environmental Quality and Brown Environmental wastewater certification review, 8 a.m. to 4 p.m., Taylor 276.
- "Mysteries From the Depths of Space," 4 p.m., Faulkner Planetarium.
- "Journey to the Edge of Space and Time," 7 p.m., Faulkner Planetarium.
- "Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.
- Abstract paintings by Joseph Kucinski, art show, Herrert Center, Jean B. King gallery (on display through Sept. 2).
- "Journey to the Edge of Space and Time," 7 p.m.,

Faulkner Planetarium.

"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.

Wednesday

- Division of Environmental Quality and Brown Environmental wastewater certification review, 8 a.m. to 4 p.m., Taylor 276.
- Free, weekly solar viewing (weather permitting), 1 to 3 p.m., Herrert Center for Arts and Science.
- "Mysteries From the Depths of Space," 4 p.m., Faulkner Planetarium.
- "Journey to the Edge of Space and Time," 7 p.m., Faulkner Planetarium.
- "Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.

Thursday

- "Mysteries From the Depths of Space," 4 p.m., Faulkner Planetarium.
- Silver Sage Grotto cave explorers monthly meeting, 7

p.m., Taylor 276.

"Journey to the Edge of Space and Time," 7 p.m., Faulkner Planetarium.

"Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.

Friday

- "Mysteries From the Depths of Space," 4 p.m., Faulkner Planetarium.
- "Journey to the Edge of Space and Time," 7 p.m., Faulkner Planetarium.
- "Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.

Saturday

- Twin Falls Farmers Market, 9 a.m. to 1 p.m., across North College Road from Eldon Evans Expo Center.
- United Church of God weekly meeting, 10 a.m., Aspen 145.
- "Star Signs," 2 p.m., Faulkner Planetarium.
- "Mysteries From the Depths of Space," 4 p.m., Faulkner Planetarium.

"Journey to the Edge of Space and Time," 7 p.m., Faulkner Planetarium.

"Pink Floyd: Dark Side," 8:15 p.m., Faulkner Planetarium.

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~ Kent Lee, Jerome

Fritz has always done a wonderful job of taking care of me and making sure my hearing aids are just right. "Thanks to my hearing aids from Professional Hearing Aid Services, I can hear better now than I ever did. And the hearing aids are so small; no one even knows I wear them. They're virtually invisible. They're so easy to take care of, and when I need service, Fritz and his staff are always willing to help me out quickly. I'm sold on Professional Hearing Aid Services!"

WIDEX PROFESSIONAL HEARING AID Services

Fritz Kippes, H.I.S. Hearing Instrument Specialist

Twin Falls 734-2900
260 Falls Ave. Suite A

Burley 678-7600
1301 E. 16th Suite 103

Across from C/I Inside Farmers Insurance

Honest Service • Reasonably Priced Hearing Aids Complete Hearing Healthcare

Legal

PUBLIC NOTICE
Actions planned and taken by your government are contained in public notices. They are part of your government's duty to be informed of what your government is doing...

LEGAL ADVERTISING
Times-News
PO Box 648
Twin Falls, Idaho
83303-0648

Deadlines: Legal ads: 3 days prior to publication, noon on Wednesday for Friday on Thursday for Monday, noon on Friday for Tuesday and Wednesday, noon on Monday for Thursday and noon on Tuesday for Friday and Saturday. Holiday deadlines may vary. If you have any questions call Ruby, legal clerk, at 208-735-5324.

ADVERTISEMENT FOR BIDS

Proposals will be received by Twin Falls Rural Electric District, Twin Falls, Twin Falls, Idaho, at the Twin Falls Fire Department Offices, 345 2nd Avenue East, Twin Falls, Idaho, 83301 until 1:30 p.m., prevailing local time, on Thursday, July 13, 2006 for:
Twin Falls Fire Station #3
Equipment for fire station facility
Twin Falls, Idaho

A description of the work of this project can be summarized to include a complete 2,000 ft. metal equipment storage building and site modifications.
Plans, specifications, proposal forms and other information are on file for examination at the following locations:
McCure Engineering, Inc.
507 Main Avenue West
Twin Falls, Idaho 83301
PH: 208-734-9015

Assoc. General Contractors
1411 Falls Street, Ste. 703A
Twin Falls, Idaho 83301
PH: 208-734-1831

A bid bond in the amount of 5% of the total bid amount including any add alternates is required.
One set of documents may be obtained by licensed general contractors and by licensed mechanical and electrical subcontractors from the Engineer for a refundable fee of \$50.00. Others may obtain documents at cost, non-refundable.

A pre-bid conference will be held at Twin Falls Fire Station #3, corner of Orchard and Washington.

Proposals are due on Wednesday, July 12, 2006 starting at 9:00 a.m. Bidders are encouraged to attend. Cost: \$186.00
Les Poo, Chairman
Twin Falls Rural Fire District

PUBLISH: July 5, 10 and 17, 2006

NOTICE OF TRUSTEE'S SALE
TO: No. 06-09184 Doc ID # 00071027842005N
Trust No. 06-10, 681 ID No. 0611072104 The following described property will be sold at public auction to the highest bidder, payable in two (2) installments...

Office Space
apartments
Office Space
apartments
Office Space
apartments
Office Space

Real Estate
The Times-News
208-735-5324

Do-It-Yourself Ideas
Camp Kitchen
As camping season approaches, wouldn't it be great to have an easy way to bring slickers supplies to the great outdoors? Modeled after the "chuck boxes" used by the pioneers, this table-top camp kitchen is just the ticket for families and groups. It's easy to build and holds everything but the kitchen sink: pots, pans, dishes, cups, silverware, utensils and canned goods. It also features a top that opens up for access to frequently used items and a front panel that swings down to provide counter space.

Camp Kitchen plans (No. 313) ... \$9.95
Three projects incl. 213 ... \$19.95
Catalog (pictures hundreds of projects) ... \$2.00
Please add \$3.00 s/h.s. (except catalog only) - \$2.00

BIRTHDAY PHOTOS
Have you forgotten to pickup your birthday photos? We have some photos you are sure you don't want to toss. These can be picked up at:
The Times-News Classified Dept

Legal

IN THE DISTRICT COURT OF THE FOURTH JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF ADA, MAGISTRATE DIVISION

Case No. CV AT 060723
LEGAL NOTICE SUMMONS
THIS ACTION IS REPRESENTED BY THE MADISON TAYLOR THOMAS, Minor Child, BENJAMIN ARON RAGAINS, Natural Father, In the matter of the Adoption of Madison Taylor Thomas, By Jerry Mack Sims, Petitioner.

NOTICE: YOU HAVE BEEN SUED BY THE ABOVE-NAMED PETITIONERS THE COURT MAY ENTER JUDGMENT AGAINST YOU WITHOUT FURTHER NOTICE UNLESS YOU RESPOND TO THE PETITION FILED IN THIS ACTION WITHIN TWENTY (20) DAYS. PLEASE READ THE INFORMATION BELOW.

NOTICE: THE COURT HAS SCHEDULED A HEARING TERMINATING THE PARENTAL RIGHTS OF BENJAMIN ARON RAGAINS ON THE 24TH DAY OF JULY, 2006 AT 11:00 AM, BEFORE THE HONORABLE JUDGE JAMES W. HANCOCK, 200 WEST FRONT STREET, BOISE, IDAHO 83702. YOU HAVE THE RIGHT TO REPRESENT YOURSELF AT THE HEARING. IF YOU CANNOT AFFORD AN ATTORNEY THE COURT WILL APPOINT AN ATTORNEY TO REPRESENT YOU AT PUBLIC EXPENSE.

TO: BENJAMIN ARON RAGAINS, all in care of the Office of District Court Clerk, YOU ARE HEREBY NOTICED that, in order to defend this lawsuit, an appropriate written response must be filed with the above-captioned Court within twenty (20) days after service of this Summons on you. If you fail to so respond, the court may enter judgment against you as demanded by the Petitioners in the Petition. A copy of the Petition is served with this Summons. If you desire to seek the advice or representation of an attorney in this matter, you should do so promptly so that your written answer, if any, may be filed in time and your legal rights protected.

An appropriate written response requires compliance with Idaho Rule 10(a) Procedure, and shall include the following:
1. The title and number of this case.
2. If your response is an Answer to the Petition, it must contain admissions or denials of the separate allegations of the Petition and other defenses you may claim.
3. Your signature, mailing address and telephone number, or the signature, mailing address and telephone number of your attorney.
4. Proof of mailing or delivery of a copy of your response to the Petitioners' attorney as designated above.

To determine whether you may pay a filing fee with your response, contact the Clerk of the above-named Court. The claim against you, as enumerated in the Petition, is in the nature of a Petition for Termination of Parental Rights and Petition for Adoption. DATED this 18th day of April, 2006.
J. Mack Navaro
CLERK OF THE DISTRICT COURT
By Deputy

PUBLISH: July 3, 10 and 17, 2006

Lost and Found
FOUND duck, white, female, in the vicinity of Highway 24 in TF. Fairly young. Call 208-733-8100

FOUND Game Show herd in the southeast area of Burley. Very friendly, wearing collared, red tags. Call 208-678-3384 or 312-3902

FOUND Go-kart Call with location lost and found information to identify. Call 208-837-8042 or 208-309-0641

FOUND male Chi-huahua in the vicinity of Blue Lakes & Ave. East. 733-2919

FOUND mixed breed dog, small, found in Gooding, female, light coffee colored, white paws & tummy, black and on stem. 288-2382 or 308-0383

FOUND PH Bull north of Rupert. 3 1/2 year old female. Call 208-436-7029 or 431-4028

FOUND PH Bull, brindie found very friendly. Call 208-436-7029 or 431-4028

FOUND PH Bull, brindie found very friendly. Call 208-436-7029 or 431-4028

FOUND Golden Retriever, female, 3 years old, black and white, in 1800 block Falls Ave. East, Twin Falls, Idaho. 735-1517 or 358-1516

FOUND Polish, black and white, collar, liver and white, last seen in Highway and in front of Fireworks across her. Reward: 734-2903.

FOUND White male Cocker Spaniel, cinnamon coated spots, 2500 lbs. 208-431-2824

FOUND West Highland -Yanmer, white, 13 lbs., answers to Moggio, on 621 on Monarch St. just W of CSt. 3300 Reward. Call 208-732-6372

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Employment

ALYS CHILD CARE
3 1/2 time openings.
CCLC Certified
First Aide Certified.
Call 208-735-1877

CHILD CARE in home, now has openings.
CPR certified.
Call Amanda 733-0680.

ADMINISTRATIVE
Local newspaper is currently accepting applications for a full time Administrative Assistant at the Jerome Patrol Office. This position includes a complete salary survey and great benefits. Apply online by July 12 noon.
EEO/DFW
Veterans Preference

ALL advertising is subject to the newspaper's standard of acceptance. The Times-News reserves the right to edit, abbreviate, decline or properly classify any ad. Payment of copy fee is non-refundable. Advertiser assumes full responsibility for the accuracy of their advertiser message.

Employment

DELIVERY - Driver-wanted to deliver concrete construction supplies in the Twin Falls area. \$15 DOE. Email resumes to:
KESKONC@comcast.net
OR fax them to 208-854-8162

Employment

DELIVERY - Produce Delivery Driver
Must have good driving record be 21 yrs old, and be "drug free", Good attitude and quick learner is a plus. Apply in person 820 Locust St. S. Twin Falls

Employment

DENTAL - Hygienist 2-3 days a week. Send resume or bring in to: Dr. Roberts & Hall 256 Main St. Twin Falls, ID 83301

FIRST FEDERAL logo

COMPLIANCE ASSISTANT.
First Federal Bank is currently seeking applications for the position of Compliance Assistant in Twin Falls

The Compliance Assistant provides support to the bank's Compliance Officer in all areas of the administration and oversight of the bank's Compliance Policy/Program. The Compliance Assistant will be involved in research, reviews, compliance-related monitoring, training and communication with all staff. Candidate should have 2-4 years banking experience.

To be considered for this position please obtain an Employment Application which are available at any First Federal branch location.
First Federal is an Equal Employment Opportunity/M/F and Drug Free Workplace.

BANKING

FIRST FEDERAL logo

MORTGAGE PROCESSOR/CLOSER/ UNDERWRITER
First Federal Bank is currently seeking applications for the position of Mortgage Processor/Closer/Underwriter in Twin Falls

The Processor/Closer/Underwriter performs all duties related to the processing, closing and underwriting of FHA, IFHA, RD, VA and conventional mortgage applications, working with various loan programs in accordance with regulatory and bank policies/procedures.

The successful candidate will have 1-2 years experience as a Loan Processor/Closer/Underwriter and have a good understanding of real estate lending policies, procedures and regulatory requirements and have the ability to work under pressure in a fast paced environment.

To be considered for this position please obtain an Employment Application which are available at any First Federal branch location.

First Federal is an Equal Employment Opportunity/M/F and Drug Free Workplace.

BANKING

FIRST FEDERAL logo

MORTGAGE LOAN PROCESSING MANAGER
First Federal Bank is currently seeking applications for the position of MORTGAGE LOAN PROCESSING MANAGER in Twin Falls

The Mortgage Loan Processing Manager manages the processing/closing/underwriting staff related to all types of mortgage lending including: FHA, IFHA, RD, VA and Conventional loans and related activities of Mortgage lending. This position requires that the candidate have 2-3 years experience as a Processor/Closer/Underwriter, have an excellent understanding of all types of mortgage loans products, real estate lending policies, procedures and regulatory requirements. Excellent supervisory skills in the training and management of staff and have the ability to work under pressure in a fast paced environment.

To be considered for this position please obtain an Employment Application which are available at any First Federal branch location.

First Federal is an Equal Employment Opportunity/M/F and Drug Free Workplace.

PHOTOGRAPHER
For Hire.
Call 208-324-6533

Therapeutic Touch
Massage Therapy
\$65/HR for Kinesiology.
Call 208-733-8627.

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Therapeutic Touch
Massage Therapy
\$65/HR for Kinesiology.
Call 208-733-8627.

su do ku

© Puzzles by Pappocom

		3	4		
6			9	8	
2	5	3	4	6	7
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		6	5		2
8	3		9		5
	8	5	2	3	1
	1	7			9
4			1		8
					6

V. EASY #75

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. Find the answers for todays puzzle on page C-10.

200 Employment 200 Employment 200 Employment

CONSTRUCTION
Carpenters, Framers needed. Some experience required. Call 208-280-8833 via msg.

DRIVER
Class A Drivers for Service Corn Season Starts 8/1 12 hour shifts Days of Night avail. Drug Free Workplace Applicants at 4 & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

DRIVER
Wanted Long Haul Driver for Idaho to California, out 3-4 days. Freight will be frozen foods and fresh produce. Pay rate \$3 per mile. Call Stan or Scott 734-0579

DRIVERS
NOW HIRING
Class A CDL tankers, local milk haul. Benefits offered.

Taylor Trucking Inc.
208-316-1130, 208-543-0044 or 208-316-1090

CONSTRUCTION
Framers needed. Pay DOE. Call 308-6107

DRIVERS
Need Brothers needs experienced Truck Drivers for local and regional. CDL required. Excellent benefit package. 401k. Salary DOE. Please apply at: 902 Elm, Burley, Idaho or call 208-543-4300

DRIVER
Wanted Long Haul Driver for Idaho to California, out 3-4 days. Freight will be frozen foods and fresh produce. Pay rate \$3 per mile. Call Stan or Scott 734-0579

BANKING
D. L. Evans Bank
Are you ready to advance your career with a proven and progressive Idaho company? D.L. Evans Bank, Idaho's Hometown Community Bank for over 101 years, has an opening in **Twin Falls for a Loan Processor**

The ideal candidate will possess excellent customer service and PC skills as well as the ability to handle multiple tasks. Duties include scanning and reviewing loan files. Position offers a competitive salary and benefits package including medical, dental and vision coverage, FSA, 401k and employee stock ownership plan participation. Applications for employment are available at any D.L. Evans Bank locations EOE

DRIVER
Wanted Long Haul Driver for Idaho to California, out 3-4 days. Freight will be frozen foods and fresh produce. Pay rate \$3 per mile. Call Stan or Scott 734-0579

DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

DRIVERS
AGL
Arla G. Lott
Now hiring Drivers
Late Model Trucks A/B Trains, Cords, Curtains, & Flatbeds.
Regional & National positions available.
Great Pay Incentives Benefits.
Must have a Class A CDL & 2 years experience
Contact Us @ (208) 324-5053 (800) 443-5568 www.agltrucking.com
Equal Opportunity Employer

DRIVERS
Positive Attitude
A Sense of Humor
Team Player

Flexible
Want to Have Fun?
No Experience Necessary!

Are YOU The Right Person?

SCHOOL BUS DRIVER
CALL: 733-8003
Or Stop By 21320 Hwy 30 Pocatello, ID

Come Drive or Attend on a School Bus
Impact the Children of Our Community!
HIRING BONUS FOR RIGHT PERSON!
Call 733-8003

DRIVER
Wanted Long Haul Driver for Idaho to California, out 3-4 days. Freight will be frozen foods and fresh produce. Pay rate \$3 per mile. Call Stan or Scott 734-0579

DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

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DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

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DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

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DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

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DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

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DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

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DRIVERS
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DRIVER
Feedlot NW of Paul is seeking Year-round semi drivers to haul farm and feedlot commodities. Call for app 208-431-5371

DRIVERS
Wanted for weekly dedicated refrigerated runs to California. We offer:
•Healthlife insurance
•Company paid relocation
•Paid vacation
•Late model equipment
•Hop on average 2-3 days a week
Apply at: Dennis Clark Inc. Truck Rtr. Birch St. Burli, ID 83316

EDUCATION
Cover Trinity Lutheran School accepting applications for Part-Time Teaching Preschool/Early Childhood Center preferred. Send resume to 3552 N. 1825 E., Twin Falls, ID 83316 or call 328-5198

EDUCATION
Gooding JT Sch. Dist. is now hiring for the 08-09 Year Teacher Secondary (PT) Health/PE at the Middle School. Food Servers, & the following coaching positions: Girls Basketball, Volleyball, Asst. Wrestling, (MS) Boys Basketball, Girls Basketball, Track, Football, Soccer. For an application please visit our web site: www.gjtsd.org or visit us at 507 Idaho St. Gooding, ID 83330.

EDUCATION
Immediate Availability for Day and Swing Shift Positions! No Sales/Commission, Survey Research Calls only! •Base Salary \$17,250. Starts after 1st 30 days. •Tuition Reimbursement - up to \$3316 or call 328-5198

EDUCATION
Placing you in a NEW LOCATION across from the 845 Meadows Drive, Suite 1, Twin Falls, ID 83301. •208 735-6601.

DRIVER
Wanted Long Haul Driver for Idaho to California, out 3-4 days. Freight will be frozen foods and fresh produce. Pay rate \$3 per mile. Call Stan or Scott 734-0579

DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

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DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
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Team Player

Flexible
Want to Have Fun?
No Experience Necessary!

Are YOU The Right Person?

SCHOOL BUS DRIVER
CALL: 733-8003
Or Stop By 21320 Hwy 30 Pocatello, ID

Come Drive or Attend on a School Bus
Impact the Children of Our Community!
HIRING BONUS FOR RIGHT PERSON!
Call 733-8003

DRIVER
Wanted Long Haul Driver for Idaho to California, out 3-4 days. Freight will be frozen foods and fresh produce. Pay rate \$3 per mile. Call Stan or Scott 734-0579

DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

EDUCATION
Filer School District is seeking Year-round semi drivers to haul farm and feedlot commodities. Call for app 208-431-5371

DRIVERS
Wanted for weekly dedicated refrigerated runs to California. We offer:
•Healthlife insurance
•Company paid relocation
•Paid vacation
•Late model equipment
•Hop on average 2-3 days a week
Apply at: Dennis Clark Inc. Truck Rtr. Birch St. Burli, ID 83316

EDUCATION
Cover Trinity Lutheran School accepting applications for Part-Time Teaching Preschool/Early Childhood Center preferred. Send resume to 3552 N. 1825 E., Twin Falls, ID 83316 or call 328-5198

EDUCATION
Gooding JT Sch. Dist. is now hiring for the 08-09 Year Teacher Secondary (PT) Health/PE at the Middle School. Food Servers, & the following coaching positions: Girls Basketball, Volleyball, Asst. Wrestling, (MS) Boys Basketball, Girls Basketball, Track, Football, Soccer. For an application please visit our web site: www.gjtsd.org or visit us at 507 Idaho St. Gooding, ID 83330.

EDUCATION
Immediate Availability for Day and Swing Shift Positions! No Sales/Commission, Survey Research Calls only! •Base Salary \$17,250. Starts after 1st 30 days. •Tuition Reimbursement - up to \$3316 or call 328-5198

EDUCATION
Placing you in a NEW LOCATION across from the 845 Meadows Drive, Suite 1, Twin Falls, ID 83301. •208 735-6601.

DRIVER
Wanted Long Haul Driver for Idaho to California, out 3-4 days. Freight will be frozen foods and fresh produce. Pay rate \$3 per mile. Call Stan or Scott 734-0579

DRIVERS
Class A & B CDL drivers needed immediately. Pay DOE. Call 886-1192, Mon-Fri, 9am-4pm.

DRIVERS
Immediate Opening in Class A & B Drivers. Excellent Benefits Available! Drug Free Workplace Applicants at J & C Custom 1987 Highland Avenue East 8am-5pm Mon-Fri.

DRIVERS
Positive Attitude
A Sense of Humor
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HORSE 10 year old... HORSE 5 year old... HORSE 10 year old...

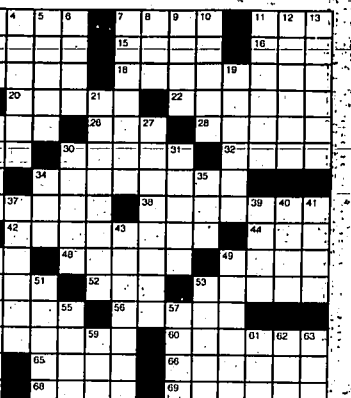
DOG BOARDING and... ENGLISH MASTIFF AKC pup...

GERMAN SHORT-HAIRED POINTER... GOLDEN RETRIEVER... JACK RUSSEL TERRIERS...

WIREHAired Fox Terrier, female... WOLF/MALMUTE puppy...

Farm Equipment... ALLIS-CHALMERS '51 'WD' tractor...

3 Nautilus yes... 4 Universal... 5 Remove stitiches...



HORSES 131 Older kid broke mare... HORSES Dun bay yearlings...

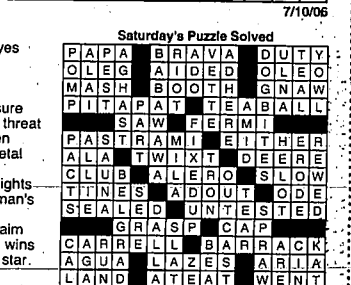
FREE Border Collie cross puppy... FREE Border Collie x pup...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

6 Gray and tan... 7 Imagined threat... 8 Back when it was waste...



HORSES Dun bay yearlings... HORSES Dun bay yearlings...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

9 Piece of man's jewelry... 10 Underdog wins 'Ecstasy' star...

41 Tips... 43 Honesty... 45 Reseal a package...

QUARTER HORSE LG stud... QUARTER HORSE LG stud...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

11 Piece of man's jewelry... 12 Underdog wins 'Ecstasy' star...

JUMBLE! UNSCRAMBLED WORD GAME. Includes a grid and instructions.

SADDLE Ben Terrell team ropers... SADDLE Ben Terrell team ropers...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

DOWN 1 Ruckus... 2 Huffalump...

ALFALFA SEED... CORN SILAGE... Includes product descriptions and prices.

COCKATIEL birds... COCKATIEL birds...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

CUSTOM HAY... CUSTOM SEEDING... Includes contact information for various services.

PUG STUD SERVICE... PUG STUD SERVICE...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

ANTIQUE AND SERVICE DIRECTORY... BIRTHDAY PHOTOS... Includes various business listings.

AUSTRALIAN Terrier (Aussie)... AUSTRALIAN Terrier (Aussie)...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

APPLIANCES... WASHERS... Includes appliance listings and prices.

BEAGLES, 2nd to 1st... BEAGLES, 2nd to 1st...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

FAX YOUR CLASSIFIED AD... TIMES-HERALD CLASSIFIED DEPARTMENT... Includes contact info for classified ads.

BORDER COLLIE... BORDER COLLIE...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

FAX YOUR CLASSIFIED AD... TIMES-HERALD CLASSIFIED DEPARTMENT... Includes contact info for classified ads.

CANARIES for sale in Twin Falls... CANARIES for sale in Twin Falls...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

FAX YOUR CLASSIFIED AD... TIMES-HERALD CLASSIFIED DEPARTMENT... Includes contact info for classified ads.

CAVALIER King Charles spaniel... CAVALIER King Charles spaniel...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

FAX YOUR CLASSIFIED AD... TIMES-HERALD CLASSIFIED DEPARTMENT... Includes contact info for classified ads.

CHIHUAHUA pupa... CHIHUAHUA pupa...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

706 Farm Equipment... 707 Seed and Fertilizer...

FAX YOUR CLASSIFIED AD... TIMES-HERALD CLASSIFIED DEPARTMENT... Includes contact info for classified ads.

COCKATIEL with cage... COCKATIEL with cage...

FREE Golden Retriever... FREE Golden Retriever...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

LAB AKC black, big puppies... LAB AKC black, big puppies...

WASH/WRYER set, Kenmore, 1 year old, perfect cond., \$550. Call 208-736-8787.

JET SETTER hot tub good condition \$500 Call 208-553-1148 for more information.

WOOD SPLITTER hydraulic, single axle \$400.00. Cords of Wood 385/60rd. Blazo King Wood Blazo, 535/671, 731-6940.

BEDROOM SET 5 pc., solid wood, new never used. L295. Will sell for \$499. 420-6350. Can deliver.

MATTRESS SET \$119 full orthopedic, new in plastic, can deliver. 420-6350.

Upcoming Auctions... Check Out The Magic Valley Section of The Times-News for the auction calendar, everyday and on line 24/7 www.magicvalley.com

AI ROTOTILLING Well mottling, blades work, dump truck and loader. 208-329-4631

PIANO Late 1800's Tiger-oak upright good condition. \$500. Call 208-324-4177.

WANTED: old unit. For sale. Call 208-324-4177.

RAILROAD TIE for sale. 7 1/2 foot lengths, pine and oak, quantity discounts avail. Call 208-512-5561 or 208-645-3261

WEDDING DRESS size 10, all white, LDS temple ready. Has been stored in garment bag. \$350. Can email picture. Call 208-553-6148

BABY FURN. Beautiful 4-Cr. 4-Kids, 7-10 baby furn set, incl. crib, changing table, dresser, 2 end tables & shelf. White w/pink w/neutral colors 734-9472

COUCH, almost new. 200 Washers, 205/ each. Dryers, 220/ each. Water softener, \$35. Coffee table, 206-330, Lamps, etc. 206-4321, Burley.

MATTRESS SET memory foam, conforms to body. New never used. List \$1499. Super Soft \$399. 420-6350. Can deliver.

Upcoming Auctions... We're here to help! Call 733-0931 to place your ad in Classifieds today.

WELDER Lincoln Classic II, diesel, 250 amp, 1500 lbs, like new \$2900. 208-293-5587

WOOD CHIPPER Snapper L5500, 5 hp. Biggs/Stratton engine. \$400. Call 208-734-8356

WORK STATION factory built, 2x4x8. 6. Bench 24 x 18, 4x4 peg board, 4 drawers, 8 file storage space. Wired for electricity and internet. \$275. Work Bench steel with 2 storage compartments and 10 drawers. \$199. Swivel vice, \$250. Call 208-423-5212

SUBWOOFERS (2) Kenwood Exciton KFC-11000SD 10 in. 1000W, new. (1) Kenwood Exciton KFC-10025 12 inch, 700W, new. (2) used Kenwood 10" cyclone. 208-876-1789, evans.

FAX YOUR CLASSIFIED AD TIMES-NEWS CLASSIFIED DEPARTMENT 208-734-5538

RED KING PILLOW-TOP 229 mattress, new set, never used. Factory warranty. Can deliver. 420-6350

Using our GREAT Advertising your ads in Classifieds. Call 733-0931.

Call DOWNS AUCTION SERVICE (208) 487-1712 www.downsauction.com

DODGE 99 D-50 shel (bad motor), 95 Sat-urn, 2002 needs work, Buick King stone, rock top desk. Make offers. 404-406 after 4pm.

FOOSBALL TABLE Set with regulation, 1000. Grandkids moved 208-733-5892

HITACHI 52 inch, ultravision projection TV, 2002. 1500 Henderson upright piano, \$350. 208-543-5318

Block Mill 20 10mm, \$400. S&W Chicago Special 30 snubny, \$275. Rem-UMC 300 Winchester Carbine rifle, \$275. Martin 70007 Competition, \$250. Call 208-423-5212

To advertise call classifieds 733-0931 ext. 2. Business & Service Directory

ART GALLERY Professional artists including Archie Turner, James Scott, Ted Peters, Tucky Keenan, Leanne Meyer and Heidi Smith. Lions Gate Gallery 2191 Main. Phone 513-645-9890

CONCRETE Moller Concrete All types concrete including flatwork, foundations, etc. Licensed & bonded. 208-737-0000

HANDYMAN Will do a royal job at budget price! General repairs, drywall, painting, & much more. 208-734-4004

HVAC SERVICES SAWTOOTH SHEET METAL General repairs, commercial and residential. 208-733-6648

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SKIDSTEER CAT RENTAL Hourly, daily, and weekly. Operator Available! No job too big or small. Call 208-731-1008

HOT WALKER for horse and telephone pole line work. Call for info at 208-436-1357.

KITCHEN CABINETS \$250 set. Sink, DW, and other miscellanea. 208-733-3850

Block Mill 20 10mm, \$400. S&W Chicago Special 30 snubny, \$275. Rem-UMC 300 Winchester Carbine rifle, \$275. Martin 70007 Competition, \$250. Call 208-423-5212

ART SCHOOL OIL PAINTING-Traditional Training for Dedicated Artists. ACEVEDO MASTERY with MARLA SMITH at The Artists Atelier in Twin Falls. Call 825-1119

CONSTRUCTION Remodels, additions, roofing, roof repair, decks, porches, siding, building maintenance, framing and finish carpentry. 208-734-8508

HANDYMAN & CLEANUP Salazar Solutions We fix problems. Free Estimates odd jobs, remodeling, removal of debris. 208-734-6506

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WANTED Old gas pumps or gas station fixtures. Top money paid. 208-868-0274

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CONSTRUCTION Griffin Decks and Fencing Free Estimates. Licensed & Insured. 208-490-0945

HANDYMAN WORK General home repairs. Interior painting, plumbing, painting, & drywall. 208-735-5178

INSTALLATION Carpeting, laminates, ceramic tile, vinyl and repairs. Since 1966. Licensed & Bonded. 208-324-4688

MOBILE RV REPAIR Magic Valley Mobile RV We come to you! 20+ years exp. 208-316-9700

STORAGE Magic Valley Storage (Behind Side Inn) 208-736-0083

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CONSTRUCTION Right-A-Way Construction Roofing, windows, roofing, siding, concrete, tile & sidewalks. 208-734-8361

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PAINTING LUPHER PAINTING INC. Painting, Remodeling and Texturing. 208-478-3476

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CONSTRUCTION Create Space in your life In clutter crowding you out? I can help with cleaning out and organizing. 208-734-8361

HANDYMEN General Home improvement, repairs and clean up. Shingling, painting, drywalling and more. 208-735-6886

KITCHEN AND BATH H & S INC. Kitchen and bath remodeling. 208-732-6618

PAINTING LUPHER PAINTING INC. Painting, Remodeling and Texturing. 208-478-3476

REMODELING A & P Rito-Way Remodeling 208-1911, Insured. Old and New Construction. 208-732-3858

RECEIVER HITCH & 6" drop. \$150. Diamond plate running boards for ext. cab. \$175. 208-736-0083

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COMPUTER REPAIR In-home repair and service. Guaranteed to fix your problem or service call for free. 208-428-4786

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REMODELING A & P Rito-Way Remodeling 208-1911, Insured. Old and New Construction. 208-732-3858

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WANTED Old gas pumps or gas station fixtures. Top money paid. 208-868-0274

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Check The Times-News Classifieds and The Magic Valley sections, and log on to www.magicvalley.com

The Times-News magicvalley.com

INSIDE: To do for you, D3 | Exercise classes, D3 | Salt proposal sparks debate, D4



Photos by ASHLEY SMITH/Times-News

Twin Falls fitness trainer Kaylan Vialpando brings Celtic martial arts to Magic Valley in her bala (Irish stick fighting) class. Four years ago, she developed a series of exercise moves called Sunnlan that are based in Celtic traditions. Sunnlan is growing in popularity throughout the West since Vialpando recently began offering certification in the technique.

Sticks & kicks

Fitness instructor brings ancient Celtic martial art to Twin Falls

By Matt Christensen
Times-News writer

TWIN FALLS — Kaylan Vialpando speaks softly and carries a big stick. Two of them, in fact.

Vialpando is a Twin Falls fitness instructor who incorporates an ancient Celtic martial arts weapon, the bata, into exercise classes

at Body IQ, a gym she owns. Although batas (Gaelic for fighting sticks) have been used for thousands of years as weapons, Vialpando adapted the gnarly staffs to serve as resistance bars in her fitness classes.

But Vialpando's modifications of Celtic traditions don't stop at weaponry. Borrowing from yoga, Pilates, weight training and, of course, Celtic martial arts, Vialpando invented her own exercise

Please see **CELTIC**, Page D2

SUNNLAN



Kaylan Vialpando invented Sunnlan, combining yoga, Pilates and Celtic martial arts, shortly after she was injured. Sunnlan, she says, incorporates movements that are safe for the body. Here, she demonstrates diamond kicks, touching her extended leg to four points in space to form a diamond.



Vialpando demonstrates Sunnlan leg lifts. Sunnlan is based in seven rules for safety. Rule 4 dictates the shin should stay in alignment with the thigh to protect the cartilage and ligaments of the knee.



Like other Sunnlan moves, the side bala is based on common Celtic shapes and forms — in this case, an 'X.' It may look difficult, but Vialpando says even beginners can successfully practice Sunnlan.

BATA



Twin Falls fitness instructor Kaylan Vialpando demonstrates the cross using modified batas, or Irish fighting sticks. This move, Vialpando says, simulates a block that was used during ancient Celtic battles.



This jab move would have caused serious damage to any opponent, but here, Vialpando's arms are the only thing feeling pain. The heavy bata strengthens arms, shoulders, backs and even legs.



Vialpando demonstrates a Fasic bala fighting stance. From here, she can jab, block or sweep the legs of an imaginary opponent. In bata exercise classes, participants never strike one another. Instead, the batas are used as strength-training tools.

IMAGE

Technology helps dieters track foods

By Erica Orden
Special to Newsday

It's no secret that the fat diet is both the friend and foe of the weight-loss set. From the Atkins diet to the South Beach diet to that old classic, the grapefruit diet, quitters for weight loss are irresistible and around every corner.

But as most dieters will tell you, the only nearly foolproof way to drop the pounds is the time-tested method of calorie counting. Recording every bite of pizza and dollop of whipped cream in a food log, they say, is dieter's best bet.

"Now, many dieters are finding there's an update to that old-fashioned technique: an army of convenient, portable, high-tech ways to help them document their descent.

Among these new toys is MyFoodPhone, a service offered through Sprint that allows dieters to photograph meals and snacks with their camera phones before they eat. They instantly upload the pictures to their online MyFoodPhone accounts. Every two weeks a "nutritional advisor" checks the account and delivers feedback about portion sizes, nutritional content and general eating habits in the form of a video clip or notes.

"Though the service, which costs \$9.99 per month in addition to the cost of the existing phone plan, has been around since late 2004, its Quebec-based distributor only established a partnership with Sprint in the United States in February. But through MyFoodPhone, according to a spokesman for the company, is the first service to use mobile phone cameras as a diet aid, it's the latest addition to a growing number of mobile

services that offer food logging and nutritional encyclopedias.

Weight Watchers was in the forefront of the trend, offering a version of its point-tracking system for use on Palm Inc. handheld devices as early as 2004, through a service called Weight Watchers "on-the-Go."

"We surveyed our customers, and they made clear that they wanted to carry something with them to make smart choices," says Scott Patel, director of product development for Weight Watchers.com. On-the-Go contains a list of point values for foods as well as for products at dining establishments such as Subway, Starbucks and Cold Stone Creamery.

And though the company doesn't release user data, it says On-the-Go's success has sparked plans for alternative technologies.

In addition to the Weight Watchers application, Palm also hosts "Diet & Exercise Assistant" (\$19.99 for a one-time download), one of the company's most popular downloadable applications, which calculates a daily food budget in addition to allowing users to track their food intake. And MyFoodPhone isn't the only service to seize upon the popularity of downloadable software for cell phones.

VerizonWireless hosts two different applications, Diet Fitness Assistant (\$5.99 per month) and Diet TinyAssist (\$5.49 for a one-time download), both of which allow users to track every last cheese puff they pop in their mouths through encyclopedic databases of nutritional information.

Although the latest mobile diet devices offer certain obvious advantages, namely convenience, low cost relative to

personal nutrition counseling and the ability to record reams of information, they're not exactly worry-free. Nutritionists and dietitians have mixed reactions to the services and say there may be some hidden drawbacks to these tools.

"Most pressing is the health risk associated with programs that need to be self-administered and don't involve direct contact with a certified nutritionist, nurse or doctor. (Though the MyFoodPhone nutritional advisers are trained by the company in portion control and general nutrition information, they aren't certified nutritionists.)

As a result, some experts say the programs should be supplemented with professional care. "As people lose weight, some conditions, such as diabetes, can be affected by dieting, and may require a diet that's tailored to them," says Emily Marcus, a nutritionist at the North Shore-Long Island Jewish Health System's Center for Weight Management in New Hyde Park, N.Y.

Marcus says a handful of her patients have inquired about the new applications. "Before anyone starts any type of weight loss program, they should visit their physician," she advises.

But the less obvious pitfall is that such programs ignore a crucial component of dropping pounds: overcoming the emotional and mental barriers to success. "Discussing food issues and relationships with food is a challenge and an intimate thing," says Rebecca Appleman, a nutritionist with Bauer Nutrition in Manhattan, "so sometimes there's a benefit to speaking to a real human being, face-to-face."

Exercise lifts cancer patients

By Jeanette Stain
Los Angeles Times

Among the growing list of people who can benefit from exercise, add another group: cancer patients in the midst of radiation treatment.

A new study has found that women and men undergoing radiation for breast and prostate cancer felt less fatigued, had improved quality of life, and missed fewer treatment sessions when they engaged in a six-week routine of moderate exercise.

"To have their fatigue dissipate was really great," says Karen Mustian, assistant professor of radiation oncology at the University of Rochester School of Medicine, who presented the 2005 study at the annual meeting of the American Society of Clinical Oncology. Fatigue is not only a common side effect of radiation treatment, but can get worse as treatment continues, she says.

The study included 39 sedentary men and women who were undergoing radiation therapy for cancer. Half were encouraged to engage in a daily program that included moderate walking and conditioning workouts using elastic bands. The other half were assigned to a control group that did no exercise. At the start and end of the study, as well as three months later, participants filled out surveys rating their levels of energy and strength.

The control group reported higher levels of fatigue as the study progressed, and showed a decline in muscle strength. But the exercise group showed significant improvement. They were able to walk farther and faster as time went by and do routine daily activities without problems. Some of the participants even exceeded

the 10,000 steps a day recommended for adults by the Centers for Disease Control and Prevention. Mustian doesn't advocate that all cancer patients undergoing radiation follow this program, but she does encourage them to speak to their oncologists about what exercise, if any, they can do.

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Twin Falls Orthopedics is pleased to announce...
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will start seeing patients July 10th, 2006.
Dr. McKee has experience in many aspects of general orthopedics including: arthritis, arthroscopic surgery, joint replacement, sports medicine and fracture care.

Celtic

Continued from page D1

form she calls Sunnlan. Beginning next month, you'll have the chance to master both techniques — which Vialpando guarantees will get you in shape — when she returns to resume bata and Sunnlan classes.

Vialpando, whose maiden name is McKinney, discovered Celtic fighting styles several years ago when she was researching her Irish ancestry. The fitness instructor — also a certified personal trainer, kickboxing instructor, Pilates master, yoga teacher and fitness counselor — realized that the bata and the fighting motions used to control the weapon could be modified for fitness.

"After Internet research, library time and a few phone calls to an Irish martial arts expert at the University of Missouri, Vialpando knew enough about Irish stick fighting to develop a 40-minute class at her gym.

Problem was, traditional bata are made from blackthorn wood and are knotty enough to inflict serious damage. For safety's sake, Vialpando bought custom-made, foam-covered metal bata for her class. The modified bata are of various lengths and weights, ranging from 24 to 30 inches and from 3 to 5 pounds.

"The fitness factor comes from simulating various fight positions while controlling the heavy bata. And although most of the motions look menacing, class members never strike each other.

Instead, they work together. "We try to imagine ourselves as part of a clan when we work with the bata," Vialpando said last week as she demonstrated a few moves.

She swung a metal rod out at shoulder length and held it

Sign up
To master the ancient Celtic martial art of stick fighting — and get in shape doing it — call Body IQ in Twin Falls at 733-0600 to reserve a space in next month's bata class.

SEE IT ONLINE
mugbyvalley.com
Watch a demonstration of Irish stick fighting and Sunnlan moves.

there, her arm trembling to maintain the position. Then, when her imaginary attacker advanced at she whipped a second rod from behind her head and crushed the villain's leg.

In a typical group session, a class member would call out to the others to strike the attacker.

Participants are encouraged to be active. "I'm the leader," Vialpando said, "but other people control what happens in the class. It's about being part of a group and building confidence."

And strengthening your body while learning a few deadly moves.

"We're trying to mimic a battle — and battle fatigue." Bata training, she said, works the whole body, though it primarily targets the upper body. Throw in a few kicks, which happens in every class, and it's a cardio workout, as well.

Around the same time Vialpando was mastering the bata, she suffered an unrelated injury that limited her exercise

capabilities. With Celtic martial arts still on her mind, she began experimenting with yoga and Pilates motions combined with bata fighting positions as part of her recuperation. The result: a stick-butt fitness style safe enough to practice while injured. She called her technique Sunnlan — a combination of two Gaelic words meaning joy and defiance.

"I took the best parts of yoga, Pilates, weight training and Celtic martial arts, threw out all the moves that could get you hurt, and ended up with Sunnlan," she said.

Vialpando trademarked the technique and began offering classes immediately. As a traveling fitness expert for a nationwide exercise company, she also started offering certification in Sunnlan to gym trainers across the country. Now Sunnlan is taught by more than 20 instructors from Washington to Minnesota.

And the classes are catching on here, as well. Vialpando said space is limited and available only by reservation. Same goes for the bata classes. And space fills up fast.

To all, who wouldn't want to learn a few deadly moves and get in shape doing it?

Times-News features writer Matt Christensen can be reached at 735-3243 or matt.christensen@tnc.net.

Prostate problems
Local men deal with the cancer.
NEXT WEEK IN IMAGE

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OBSTETRICS AND GYNECOLOGY / MVWH P.C.

Parkinson's patients can exercise at church

Magie Valley Regional Medical Center offers an ongoing exercise program for people with Parkinson's disease from 11 a.m. to noon Tuesdays and Thursdays at the Episcopal Church of the Ascension, 371 Eastland Drive N., Twin Falls.

The program emphasizes increasing flexibility, strength, balance and coordination, improving communication by developing vocal strength and clarity of speech; helping individuals meet daily challenges; and improving symptoms of tremors, rigidity, poor balance and reduced range of motion.

Tammy Dimond, certified occupational therapy assistant, will instruct.

Organizers encourage spouses and caregivers of those with Parkinson's disease to attend.

The class is free. To register, call 737-2126.

'Baby and Me'

St. Benedict's Family Medical Center offers "Baby and Me" classes from 10:30 to 11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome. This week's topic will be developmental milestones.

The session is for parents of children from infancy through toddler years.

The class is free. For information, call 324-7262.

Learn CPR

A Heartsaver cardiopulmonary resuscitation class will be offered from 4 to 8 p.m. Tuesday in the Sage Room at Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls.

The class is offered under the guidelines of the American Heart Association and includes emergency procedures for mouth-to-mouth resuscitation, chest compression and choking response for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$25. Pre-registration is required; call 737-2007.

Refresher course

A childbirth refresher course will be offered from 6:30 to 9

To do for you

p.m. Tuesday in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class is for those who have previously taken childbirth classes. Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Pre-registration is required; call 732-3148.

Weight management for diabetics

An adult weight management class for people with diabetes will be offered in a 10-week session from 7 to 8:30 p.m., Tuesdays, this week through Sept. 12, in the lower-level conference room at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

A registered and licensed dietitian and ADA-certified consultant in weight management will conduct the class.

Cost is \$65. Pre-registration is required; call 732-3012 or e-mail healthers@mvmrc.org.

Tobacco-cessation program

South Central District Health and Magic Valley Regional Medical Center are offering two classes of the American Cancer Society's "Fresh Start" program to help adults quit using tobacco.

The first class will be held at 5:30 p.m. Tuesdays, this week through Aug. 15, in the Sunflower Room of Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W.

The second class will be held at noon Thursdays, July 27 through Aug. 31, also at Magic Valley Regional's Education Center.

The Fresh Start cessation program is designed to build skills and knowledge to help reduce and eventually end tobacco use. Participants will learn skills to communicate better, handle stress, make decisions, set goals, eat healthily and exercise.

The class is free, but space is limited. Pre-registration is encouraged; call Tammi Pearson, tobacco program

coordinator for the health department, at 737-5945.

Alzheimer's support

Bridgeview Estates will hold an Alzheimer's Support Group meeting from noon to 1:30 p.m. Wednesday in the Great Room at Bridgeview Estates, 1628 Bridgeview Blvd., Twin Falls.

The support group is for Twin Falls County residents who have family members with Alzheimer's.

A free lunch will be provided. Reservations are required; call Bridgeview Estates at 736-3933.

For information, call Maureen Bierley at 736-3933.

About Alzheimer's

Holley Homes will hold an Alzheimer's Support Group meeting at 1 p.m. Wednesday at Philo House, 525 16th Ave. E., Jerome.

The support group is for Jerome County residents who have family members with Alzheimer's.

For information, call Carey Crist at 324-8524.

More Alzheimer's support

Rosetta Hilland will hold an Alzheimer's Support Group meeting from 6 to 7 p.m. Wednesday at the center, 1919 Hilland Ave., Burley.

The support group is for Mini-Cassia residents who have family members with Alzheimer's.

For information, call Lisa Junod at 677-5151.

About infant care

The sixth class of the prepared childbirth classes will be offered from 7 to 9:30 p.m. Wednesday at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome.

Topics will include infant care and early parenting.

Participants are asked to bring two pillows, a blanket and one or two support people to each class.

The suggested fee is \$5 per class.

Learn CPR for babies

An infant safety and cardiopulmonary resuscitation

class will be offered from 6:30 to 9 p.m. Wednesday in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The program is offered as part of the prepared childbirth course. Organizers invite new parents and grandparents to attend to learn about infant CPR, choking, child safety and injury prevention.

The class is free. Pre-registration is required; call 732-3148.

About childbirth

Prepared childbirth classes will be offered from 6:30 to 9 p.m. Thursdays, this week through Aug. 10, in the lobby at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

The class will include instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn including breast feeding and bottle feeding and a video tour of the Women's and Infant Center.

Cost is \$50. Pre-registration is required; call 732-3148 or go online at www.mvmrc.org.

Weight management

An adult weight management class will be offered in a 10-week session from 7 to 8:30 p.m. Thursdays, this week through Sept. 14, in the lower-level conference room at Magic Valley Regional Medical Center's Downtown Campus, 660 Shoshone St. E., Twin Falls.

A registered and licensed dietitian and ADA-certified consultant in weight management will conduct the class.

Cost is \$65. Pre-registration is required; call 732-3012 or e-mail healthers@mvmrc.org.


"To do for you" is a listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's image section. Mail notices to: Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

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Physical activity classes for people with arthritis continue

Times-News

TWIN FALLS — Physical activity can alleviate some arthritis pain, South Central District Health says, and summer is a great time to get moving.

Regular moderate physical activity can help people with arthritis feel less pain, move more easily and do more activities, and feel more energetic and positive," the district said in a statement.

"It also helps keep muscles, bones, and joints healthy. Low impact activities are best such as walking, swimming and biking."

Three physical activity classes in Magic Valley are

offered specifically for people with arthritis.

The Arthritis Foundation Exercise Program (formerly called PACE) is offered at the Twin Falls Senior Center, at 530 Shoshone St. S. in Twin Falls, and at the Filer Senior Haven, at 222 Main St. in Filer.

South Central District Health, Bridgeview Estates, Twin Falls Senior Center, Filer Senior Haven and the Arthritis Foundation partner to offer the free-to-seniors classes.

The Twin Falls class meets from 1:30 to 2:30 p.m. on Wednesdays and Fridays, and the Filer class is held from 1:30 to 2:30 p.m. on Mondays,

Wednesdays and Fridays. New participants can register on-site at their first class.

The classes are free for active senior center members, and nonmembers will pay \$2 per class in Filer.

As a third option, the Arthritis Foundation Aquatic Program is offered in Twin Falls at the YMCA/City Pool, at 756 Locust N.

This class — which has a fee of \$3 per class for nonmembers or \$1.50 for City Pool pass holders and is free to YMCA members — is held from 9 to 10 a.m. on Mondays, Wednesdays and Fridays.

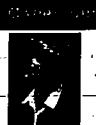
New participants can register


on-site at their first class. Certified aquatic instructors teach the class.

During both types of class, instructors lead participants through a series of specially designed range-of-motion and muscle-strengthening exercises.

Increased flexibility, reduced pain and stiffness, increased muscle strength and a better sense of well-being are among the benefits reported by participants, the health district said.

For information, call Susie Beem, arthritis program coordinator at South Central District Health, at 737-5946.

What is systematic investing?
We've been told our whole lives that in order to build our nest egg, we have to scrimp, save, and sacrifice. But these days, believe it or not, saving for your retirement is a lot easier and more pleasant than it sounds.
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Systematic investment plans do not assure a profit or protect against a loss in declining markets. Systematic investing involves continuous investment regardless of market conditions. You should consider your ability to continue purchases through periods of varying price levels.
Keep on the look out for the next question.

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Elder Law Forum
Straight Talk on Elder Law and Estate Planning

PICKING YOUR TEAM!
QUESTION: I recently learned that I can make a written designation saying who I would want as my guardian and conservator should I need one in the future. Shouldn't I suppose that my spouse will assume these roles without my prior written authorization?
Yes. In the usual case a healthy spouse assumes the roles of guardian and conservator for an incapacitated spouse.
A guardian is responsible for looking after the well-being of the person of another. A guardian can direct where the incapacitated person resides. A conservator is responsible for looking after the financial affairs of an incapacitated person.
A troublesome situation arises when there is no spouse surviving or well enough to assume guardianship or conservatorship functions. Sometimes quarrels can develop among competing family members regarding who should have what responsibilities.
Fortunately, Idaho law recognizes your right to pick your team of guardian and conservator. You can designate alternatives. The same person does not have to occupy both positions. In some instances a non-family member — such as a bank trust company — is an excellent choice for conservator.
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300 N. Main Street, Twin Falls, Idaho 83301

IMAGE

On health: A log of notes and observations

By Jeffrey G. Chasseau
The Washington Post

A heavy side to lights

Analyzing data from the 2000 National Health Interview Survey, a University of Pittsburgh researcher has found that those who smoked "light" cigarettes — which are

lower in tar and nicotine — were "about 50 percent less likely to quit than those who smoked non-light cigarettes."

The study suggests that smokers have less motivation to quit when they believe that light cigarettes are less hazardous than standard ones, a misperception that may increase their lifetime risk of

After one drink, look out

Can a single stiff drink affect your vision? According to research published in Applied Cognitive Psychology, people intoxicated to half the legal blood-alcohol limit were less likely to notice an unexpected

visual object when concentrating on another task, a phenomenon called "inattention blindness." Researchers gave study participants either an alcoholic beverage or a placebo and then played a 25-second video clip of two teams passing a basketball. Midway through the clip, a person in a gorilla suit briefly appeared on

screen and beat his chest. Those who were mildly drunk were twice as likely to miss the gorilla. Something to think about before you hit the road.

After one call, look out

Motorists who talk on cell-phones are as impaired as drunk drivers, report psychol-

ogists from the University of Utah.

Their study, published in the journal Human Factors, found that users of both hands-free and handheld cellphones were 5.36 times more likely to crash than undistracted drivers. This risk is similar to the one affecting drivers with a 0.08 blood-alcohol level.

AMA proposal seeking salt regulations sparks debate

By Frank R. Roylance
The Baltimore Sun

Americans who push their salt shakers away at home, only to be swarmed by salt in take-out and restaurant fare, may get some help cutting back on the condiment. That's important, because we need salt to live — but in high doses, salt can worsen high blood pressure and increase the risk of heart disease and stroke.

The American Medical Association has adopted four recommendations seeking federal regulation of the salt in processed foods and restaurant meals. The doctors group is also calling for new public-education efforts and a new label — a red salt shaker — to warn consumers when food portions are high in salt.

The AMA wants the Food and Drug Administration to revoke salt's status as a food "generally recognized as safe," opening the door to regulation.

It also hopes to work with the food industry to cut the salt in processed, take-out and restaurant food by at least 50 percent, but gradually, over 10 years.

The reason: An estimated 80 million Americans have high blood pressure, which can be triggered and worsened by high-salt diets, leading to increased risks for cardiovascular disease and death.

"That's almost half the population that (has) a condition that can be helped by industry doing things that are right, like letting consumers know how much of a potentially harmful substance is in the food they're buying and consuming in restaurants," said Dr. J. James Rohack, a Temple, Texas, cardiologist and immediate past chairman of the AMA's board of trustees.

Not everyone agrees. The Salt Institute, representing the nation's salt industry, says there is no scientific evidence that cutting everyone's salt intake will reduce overall mortality from cardiovascular disease — and the organization refers to some evidence that some people may be harmed.

"Following the AMA recommendation is scientifically unjustified and a waste of time and money," said Richard L. Hanneinan, the

institute's president. He called instead for carefully controlled studies of the health outcomes of dietary salt reductions.

Some salt is essential to human health. Chemically, table salt is sodium chloride (NaCl), composed of 40 percent sodium and 60 percent chlorine by weight. In nutritional discussions, however, salt and sodium are used almost interchangeably.

Mark Kurlansky, the author of "Salt: A World History," calls it "the only rock we eat." And we eat it because we have to. Salt is vital to the body's regulation of water, acidity and the pressure within our cells. It's critical to nerve and muscle function, digestion and blood pressure.

Humans have long valued salt as a food preservative, flavoring and even currency. It also tastes good, which helps ensure that we get enough.

The United States is the world's largest salt producer, according to the Salt Institute. The industry sold 32 million tons last year, worth a record \$1.47 billion.

Most of that went to the chemical industry, or was used to de-ice highways. But nutritional salt production in 2005 totaled a record 1.6 million tons, worth \$242.4 million.

Based on clinical studies, the federal government recommends that adults consume less than 2,300 milligrams of sodium per day. That's the sodium in just one fifth of an ounce of salt.

The AMA report referred to studies suggesting a "substantial benefit" from reducing sodium intake to 1,500 milligrams per day.

But more than 95 percent of Americans men ages 31 to 50 (and three quarters of the women) consume more than the recommended upper limit of 2,300 milligrams, the AMA said.

Seventy-five percent to 80 percent of our salt intake comes from the processed foods, take-out and restaurant food that Americans have turned to increasingly as the pace of our lives has picked up.

And we are paying dearly for it, Rohack said. He treats patients with hypertension and congestive heart failure every day, and nearly always starts by telling them to cut their sodium intake.

"Sodium is my life," he said. Processors add salt to commercial foods to prevent spoiling and enhance flavor. As the salt enters the bloodstream, Rohack explained, the body retains water in order to maintain a proper salt/water balance.

"The simple way to know they got a lot of salt is when, a couple of hours after they eat the meal, they get thirsty," he said. That's your body saying it needs more water because "you've got too much salt on board."

Many of his patients will arrive home from a Texas barbecue and notice their feet and lower legs look puffy. That's "salt-induced" water retention.

For short periods, it's not an issue, Rohack said. The body will eventually rid itself of the extra salt and water. But a steady, high-salt diet "overloads the kidneys' ability to filter and get rid of the extra water," he said. The water increases blood volume, which increases blood pressure.

Hypertension is the most common cardiovascular ailment in the nation. In fact, after age 55, Americans have a 90 percent lifetime risk of developing high blood pressure.

High salt intake is especially troublesome in congestive heart failure, which is a weakening of the heart muscle and retention of fluids that can cause breathing difficulties. It's the No. 1 diagnosis among hospitalized Medicare patients.

Although there are many other risk factors to address — such as smoking, inactivity and obesity — Rohack says cutting salt intake gets results. They wind up, many times, not requiring as many medications to control their condition. Especially for the heart failure patients, they don't have the 2 a.m. visits to the emergency room because they can't breathe.

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Dr. Lisa McKay

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In addition to your FREE lunch and valuable information, our staff will be available to answer any questions. All attendees will have the opportunity to arrange for a FREE DEMONSTRATION of the benefits that these advanced hearing aids can provide.

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Please RSVP at the numbers below.
For Twin Falls Location: 732-0506
For Burley Location: 678-9369
Please respond by July 17th

Steven B. Lerohl
D.S., D.C.M.S., M.A.
Audioprosthologist

James K. Gibson
D.O., F.H.S.
Hearing Specialist

Annette Ringer
Office Manager



Call NOW! Make your appointment! 732-0506

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Offer expires July 19, 2006. Up to \$1,000 off original purchase price of the hearing aids. All financing on approved credit at 9.9% interest for 60 months. Interest rate & terms may vary. See store for details.

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NEW F.A.C.E.S

R. Tyler McKee, D.O.
will start seeing patients July 10th, 2006.

Dr. McKee has experience in many aspects of general orthopedics including: arthritis, arthroscopic surgery, joint replacement, sports medicine and fracture care.

He and his family are happy to return to Idaho and are looking forward to making their home in the Magic Valley.

Please call Twin Falls Orthopedics at 734-3455 to make an appointment with Dr. McKee today. For more information, visit his web site at <http://OrthoDoc.ans.org/TylerMcKeeDO>

Twin Falls Orthopedics, P.L.L.C.
Orthopedic & Fracture Surgery