

Buhl wants 'pro' skate park to have a place for newbies, too.

Magic Valley, A4

MOVE OVER, PRINCESSES

Marketers anoint next big things in kiddie characters.

See Image, D1

MONDAY

August 7, 2006

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Times-News

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Risch tax relief plan would give Micron \$2.3 million

BOISE (AP) — Individual Idaho homeowners would see only modest tax relief under Gov. Jim Risch's plan to cut property taxes that go to schools, while businesses including Micron Technology Inc., the state's largest employer, would reap millions, according to a publisher's report.

He'd make up the difference by raising the state sales tax to 6 percent from 5 percent, raising some \$210 million, and by taking \$50 million from Idaho's 2006 budget surplus.

do 31 percent of Idaho taxpayers, because local property taxes are deductible against federal income taxes.

Some believe that's enough to make a difference. "The way I look at it is the sales tax

is going to have more of an impact on the people who are spending all their gobs and gobs of money," said June Nelson, of Post Falls, a 79-year-old retiree. "The property tax is the one that affects retired folks like us."

Iraqi medic testifies about finding burned body of girl

By Ryan Lanz
Associated Press writer

BAGHDAD, Iraq — An Iraqi army medic on Sunday told a U.S. military hearing of the horrific scene that confronted him in a tiny home south of Baghdad where he found the naked and burned body of a 14-year-old girl allegedly raped and murdered by American soldiers.

The medic testified on the opening day of a hearing to determine whether five U.S. soldiers, including one from Idaho, must stand trial in the March 12 rape-slaying of Abeer Qasim al-Janabi and the killing of her parents and sister in the town of Mahmouliya.

The medic, whose name was withheld for security reasons, testified that he was the first responder to enter the house, arriving between 3 p.m. and 4 p.m. on the day of the killings.

The girl was sprawled naked in the house, her torso and head burned by flames, and she had a single bullet wound under her left eye, he said.

He said he found Abeer's 5-year-old sister, Hadeel, in an adjacent room dead from a bullet wound in the head. The children's father, Qasim, and mother, Fahriya, suffered similar deaths, he said. The mother's abdomen and chest were riddled with bullets, he added.

"I was feeling very bad," he said. "I was sick for almost two weeks."

He told the hearing that because Mahmouliya's hospital did not have enough space to store the bodies, they were kept in an air-conditioned ambulance overnight, then buried the following day.

Four soldiers — Sgt. Paul E. Cortez, Spc. James B. Barker, Pfc. Jesse V. Spielman and Pfc. Bryan L. Howard — have been accused of rape and murder and could face the death penalty if the case is passed for a court-martial. A fifth, Sgt. Anthony W. Yribu, from Halley, Idaho, is accused of failing to report the attack but is not alleged to have been a direct participant.

A former private, Steven D. Green, was arrested in North Carolina in June on rape and murder charges in the case. Green, who was discharged from the Army for a "personality disorder," has pleaded not guilty in federal court and is being held without bond.

The commander of the soldiers' battalion in the 502nd Infantry Regiment, 101st Airborne Division, Lt. Col. Thomas Kunk, testified Sunday that he recalled hearing Green say "all Iraqis are bad people."

Sunday's proceeding is referred to as an Article 32 hearing and is the military equivalent of a grand jury session. It is expected to last several days.

Farmers sign up to dry up

Agreeing to step away from land for 15 years a hard decision for some, despite federal money

By Michelle Dunlap
Times-News writer

HAZELTON — After farming this area all his life, Wade Prescott recently decided to dry up half of his land in return for money from the government.

"They're going to push us out sooner or later. We figured this was a good chance to get out before they do."

"They're going to push us out sooner or later," Prescott said. "We figured this was a good chance to get out before they do."

"They" are members of canal companies and irrigation districts who own senior rights entitling them to first dibs on water when supplies run low. Water did run short in 2005, leading surface water users to ask the state to shut down pumpers like Prescott, who dried up 10 percent of his farm last year.

Please see WATER, Page A2



Up to 100,000 acres of farmland across the state, like that pictured behind Wade Prescott, is eligible for CREP, a program to reduce pumping on the aquifer by giving groundwater users incentives to let the land remain fallow.



Wade Prescott performs minor repairs Friday afternoon on his combine that he uses on his farmland outside of Hazelton. Next year, as part of a deal made with the government through the Conservation Reserve Enhancement Program, Prescott will let half of the land go back to its natural state of sagebrush and prairie grass.

Conservation Reserve Enhancement Program

What is it? CREP is a federal-state cooperative conservation program that addresses targeted agriculture-related environmental concerns. Nationwide, landowners on 31,048 farms participate in the program, protecting 807,343 acres, including 88,072 wetlands.

ed one out of the last two years. All or parts of the following counties could be eligible: Ada, Bingham, Blaine, Butte, Carnes, Cassia, Clark, Custer, Elmore, Fremont, Gooding, Jefferson, Jerome, Lemhi, Lincoln, Madison, Minidoka, Owyhee and Twin Falls. In addition, all or parts of Benewah, Bonnevile and Power counties could be eligible.

Study: Explicit lyrics push teens to start having sex

CHICAGO (AP) — Teens whose iPods are full of music with manly lyrics start having sex sooner than those who prefer other songs, a study found.

Whether it's hip-hop, rap, pop or rock, much of popular music aimed at teens contains sexual overtones. Its influence on the teen behavior appears to be on how the sex is portrayed, researchers found.

Exposure to lots of sexually explicit music "gives them a specific message about sex," said lead author Steven Martino, a researcher for RAND Corp. in Pittsburgh. "Boy bands" they should be relentless in pursuit of women and

learn to view themselves as sex objects, he said. "We think that really lowers kids' inhibitions and makes them less thoughtful" about sexual decisions, he said.

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TWIN FALLS FORECAST

Today: Increasing clouds with a few afternoon thunderstorms around. Highs in the middle 80s.
Tonight: An isolated evening thunderstorm, otherwise partly cloudy skies. Lows in the upper 50s.
Tomorrow: Slightly cooler with a few lingering cloudy a.m. Highs in the lower 80s.

BURLEY/RUPERT FORECAST

Today: Partly cloudy and breezy with a chance of afternoon thunderstorms. Highs in the upper 80s.
Tonight: Lingering thunderstorm chances with partly cloudy skies. Lows in the upper 50s.
Tomorrow: A mix of clouds and sun, slight chance of a thunderstorm early. Highs in the upper 80s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS.
The week is going to get off to an unseasoned start. There will be a mix of sun and clouds along with a chance for thunderstorms each day starting today and lasting through Wednesday.

Map of Idaho showing weather forecasts for Boise, Northern Utah, and Twin Falls. Includes text: 'Some scattered clouds will be around for today, but it should remain storm free. Tuesday will be a bit cooler with mostly sunny to partly cloudy skies. Dry weather is expected for much of this week.'

Weather by AL BORDOWICZ, of ID. He has many years of experience. He is a meteorologist and a member of the American Meteorological Society.

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TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges (High/Low).

ALMANAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure. Includes sunrise and sunset times.

REGIONAL FORECAST

Table with 3 columns: City, Today, Tomorrow. Lists various Idaho cities and their forecasted weather and temperatures.

CANADIAN FORECAST

Table with 3 columns: City, Today, Tomorrow. Lists Canadian cities and their forecasted weather and temperatures.

Yesterday's Weather

Table with 2 columns: City, Hi Lo Precip. Lists various cities and their weather from the previous day.

U.V. INDEX

Table with 2 columns: Location, U.V. Index. Shows UV index levels for various locations.

NATIONAL FORECAST

Table with 3 columns: City, Today, Tomorrow. Lists major US cities and their forecasted weather and temperatures.

WORLD FORECAST

Table with 3 columns: City, Today, Tomorrow. Lists major world cities and their forecasted weather and temperatures.

TODAY'S NATIONAL MAP
A map of the United States showing weather fronts, cold, warm, and stationary systems, and cloud cover.

TODAY IN THE MAGIC VALLEY

ARTS AND ENTERTAINMENT

The Sun Valley Summer Symphony, featuring selections from Paganini and Carlson, 6:30 p.m., in the symphony tent at the Sun Valley Resort.

FAMILY

'Youth Options,' activities for young people ages 13-19, 7 to 10 a.m., The Salvation Army, 348 Fourth Ave. N., Twin Falls, 42, call 733-8720.

GOVERNMENT

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., call 735-4068.
Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, call 878-7302.
Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, call 844-2700.
Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. W., call 735-7274.
Ketchum City Council, 5:30 p.m., City Hall, 480 E. Ave. N., 728-3841.
Hay Planning and Zoning Commission, 6:30 p.m., courthouse, 206 First Ave. S., call 788-5570.
Blitch City Council, 7 p.m., City Hall, 103 S. Main, call 544-2102.
Gooding City Council, 7 p.m., City Hall, 308 Fifth Ave. W., call 934-5669.
Hansen Library Board, 7 p.m., library, 120 W. Maple, 423-4122.
Twin Falls County Parks and Waterways Advisory Board, 7 p.m., 450 Sixth Ave. W., call 734-9491.

HEALTH

Flier Arthritis Foundation Exercise Program, range-of-motion and muscle strengthening exercise classes for senior citizens, 1:30 to 2:30 p.m., Flier Senior Haven, 222 Main St. In. Flier, 42 for nonmembers, 737-5946.

Times-News
Publisher: Brad Hurd
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Water

Continued from page A1

Due to changes in irrigation practices, aquifer pumping and drought, water levels in the Eastern Snake River Plain Aquifer have declined over the past 50 years. Unless the trend reverses, Prescott sees an uphill battle ahead for groundwater users.

That's why Prescott elected to put 300 acres in the Conservation Reserve Enhancement Program — a joint state-federal plan to pay farmers to let their lands go dry — for the next 15 years. With a \$238 million price tag, the Eastern Snake Plain Aquifer CREP will take 100,000 acres out of production and reduce pumping on the aquifer by 200,000 acre-feet annually.

That's enough water to cover the same amount of land in water one-foot deep. Announced in May, the program still needs volunteers. "There are several people who came in and said, 'I need to get through harvest and then do this,'" said Wayne Hammon, Idaho's executive director of the USDA Farm Service Agency.

Farmers began signing their names up for CREP at the end of May. As of Aug. 1, Farm Service Agency had 229,658 acres on the list, Hammon said. But not all of those acres qualify for the program. After reviewing about half of the list, FSA staff has submitted 21,020 acres and has disqualified 91,031 acres. About 116,807 acres still need to be evaluated.

"They'll eventually get that, too," Prescott said. Prescott mostly raises feed for his cattle operation. But the war over water has him looking to move his whole farming-cattle operation elsewhere.

For years, surface water users say they've seen less water than they're entitled to while pumpers get a full supply, which goes against Idaho's first in time, first in right principle of water law.

A recent district court ruling strengthened that tenet, putting pumpers in an uncertain position. If approved for CREP, groundwater users "are granted a reprieve from curtailments for enrolled acres. Still, Prescott says, CREP isn't the solution for everyone, especially those who don't own the land they farm.

"If you still have a mortgage,

then it's a break-even deal," Prescott said. Hammon hopes the program still will work for enough farmers to reach that 100,000-acre goal. The agency has until Dec. 31, 2007, to do so.

Reporter Michelle Dunlop covers natural resources for the Times-News. She can be reached at 735-3237 or by e-mail at dunlop@magicvalley.com.

Financial Lesson of the Week

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Take Steps to Avoid Investment Scams

It's unfortunate, but true: Unscrupulous people and companies do try to take advantage of unsuspecting investors. And the Internet has made it a lot easier for these predators to reach a mass audience. To avoid potential pitfalls, you need to be vigilant, and you need to ask questions—lots of them.

While there are many types of fraudulent activities floating around the Internet, one of the most common scams resembles a "pyramid scheme," by which shady operators initially appear legitimate by using money coming in from new recruits to pay off early stage investors. If you participate in such a plan, you might make a little money right away, only to be encouraged—or required—to buy a "membership" so you can boost your earnings. However, when the pyramid gets too big, it will eventually implode, because, at its heart, it is a dishonest arrangement that can never truly be funded enough to reward all investors.

The Securities and Exchange Commission (SEC) has issued guidance for you to defend yourself against "get rich quick" schemes. Here are a few of the SEC's suggestions:

- If it sounds too good to be true, it probably is. This piece of advice has been around a long time, and it's just as valid today as when it was first uttered. If someone promises you a high rate of return, be suspicious. Compare what's being offered with current returns of well-known stock market indexes.
• Investigate a company before you invest. The company that "pitches" you an offer may have an impressive-sounding name, but that doesn't mean much. Before you spend a dollar, contact the secretary of state where the company is incorporated to see if the company is, in fact, a corporation, and whether it is in good standing. You can also call your own state securities regulator to see whether the company, or whoever is promoting the offer, has a history of complaints or frauds. If the company has only a post office box or is unwilling to provide you with information about its location or management, you are looking at a "red flag" already.
• Ignore "testimonials." If a company is fraudulent, it won't have much trouble generating fake testimonials from "satisfied customers."
• Say "no thanks" to "guarantees." When a promoter guarantees you a high rate of return, you can be assured there's something amiss. In the investment world, high returns are typically only achieved by higher-risk vehicles—and they don't offer guarantees. In fact, no reputable financial professional will promise you a specific return on a stock or other variable security.
• Forget about "shortcuts." Most of the schemes you will encounter promise big returns in short periods of time. But in reality, that hardly ever happens. Substantial growth in investments typically occurs over a long period of time—which means that, as an investor, you need patience and discipline above all else.

Ultimately, there is no shortcut to investment success. You need to evaluate each investment opportunity based on your individual goals, risk tolerance, portfolio balance and time horizon. This approach may not provide you with "hot" opportunities—but it won't burn you, either.

Questions:

- 1. True or False—A testimonial means a company is solid and reputable.
2. True or False—If it sounds too good to be true, it is true.

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AROUND THE WORLD

MIDEAST

Dozen Israeli reservists die in rocket strike

JERUSALEM — Israel on Sunday absorbed the heaviest blow of its nearly month-long war with Hezbollah, with a dozen reservists killed in a rocket strike at a military staging area and at least three people killed and dozens hurt by a volley that exploded in the heart of Haifa.

Amid the growing bloodshed, Israel signaled determination to seize the battlefield advantage while U.N. action is pending on a cease-fire proposal crafted by the U.S. and France.

Israeli warplanes struck targets across Lebanon, killing at least 20 people and injuring dozens. Near-constant artillery barrages thundered across the border. Hezbollah guerrillas fired more than 160 rockets into northern Israel and fought Israeli troops in close-quarters combat in a string of villages close to the frontier.

CUBA

Chavez says Castro is out of bed and talking

HAVANA — Cuba's vice president said Sunday Fidel Castro would return to work in a few weeks after intestinal surgery that forced him to hand over power temporarily to his younger brother.

Venezuela's president said Castro was out of bed and talking following his surgery as messages wishing the Cuban leader a quick recovery poured in from Latin America's leading leftists and Eilan Gonzalez.

Vice President Carlos Lage, in Bolivia to attend the country's constitutional assembly, was asked by reporters when Castro would be back at work. "In a few weeks," he replied.

IRAN

Defiant Iran says it will expand nuclear activities

TEHRAN, Iran — Iran vowed Sunday to expand its uranium enrichment, defying a U.N. Security Council deadline for it to suspend its nuclear activities by the end of the month or face the threat of political and economic sanctions.

Top nuclear negotiator Ali Larijani's statement was Tehran's first warning since the resolution passed that it could step up its atomic program. It suggested Iran is feeling emboldened in its main confrontation with the West, over

its nuclear program, as Europe and the United States scramble to deal with the escalating violence between Israel and Lebanon-based Hezbollah militants.

"We will expand nuclear activities where required. It includes all nuclear technology including the string of centrifuges," Larijani said, referring to the equipment Iran uses to enrich uranium, which can be used as fuel for a nuclear reactor or fissile material for an atomic warhead.

Iran also gave its Hezbollah allies a green light to keep fighting in Lebanon, saying that the United States — which put forward a cease-fire plan with France Saturday — can be a mediator in the crisis because of its support for Israel.

ALASKA

Large oil field closed due to corrosion, spill

ANCHORAGE, Alaska — BP Exploration Alaska, Inc. began shutting down the Prudhoe Bay oil field Sunday after discovering unexpectedly severe corrosion and a small spill from a transit pipeline.

Prudhoe Bay represents about half of Alaska's oil production and about 8 percent of U.S. production, according to the U.S. Energy Information Administration.

Company officials said it would take days to shut down the oil field. Once completed, it's expected to reduce oil field production by 400,000 barrels a day.

"We regret that it is necessary to take this action and we apologize to the nation and the State of Alaska for the adverse impacts it will cause," BP America Chairman and President Bob Malone said in a prepared statement.

ARIZONA

Suspected serial killers took turns firing gun

PHOENIX — The gunmen took turns as they drove around the city.

Some nights it was Samuel John Dieleman, a burly electrician with a ragged mop of jet black hair. According to court documents, he'd blast at lone pedestrians from the windows of a silver Toyota Camry in what he called "random recreational violence."

Other nights the trigger was pulled by his roommate, Dale S. Hausner, a baby-faced janitor and freelance photographer, the court documents allege.

After each shooting, the pair would drive slowly away, leaving little evidence other than the victim's body on a sidewalk.

OREGON

Scientists say Oregon coast has 'dead zone'

GRANTS PASS, Ore. — Bottom fish and crabs washing up dead on Oregon beaches are being killed by a recurring "dead zone" of low-oxygen water that is larger than in previous years and may be triggered by global warming, scientists said.

There are signs it is spreading north to Washington's Olympic Peninsula. Scientists studying the 70-mile-long zone of oxygen-depleted water, along the Continental Shelf between Florence and Lincoln City, conclude that it is being caused by explosive blooms of tiny plants known as phytoplankton, which die and sink to the bottom; then are eaten by bacteria which use up the oxygen in the water.

OHIO

John Glenn and wife out of hospital after accident

COLUMBUS, Ohio — Former senator and astronaut John Glenn and his wife, Annie, were discharged Sunday from a hospital where they had been recovering from what he called a "very serious" car accident.

"I do not recommend you go test your air bags the way we did the other night," Glenn said.

Neither Glenn nor his wife was seriously injured, said Dr. Paul Beery. Beery said the former senator suffered a minor

fracture in his sternum. "As far as this being minor, it's not minor to me because it hurts," said the 85-year-old Glenn.

Annie Glenn, 86, is recovering from what her husband called "bumps and bruises."

— Compiled from wire reports

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"Julius Squeezer and Monty the Python are names for boa constrictors that are way overused."

- Nick Peterson, a reptile specialist with the Herrett Center

ONAKES ALIVE

Serpents abound at area college on Creepy Crawly Day

By Will Sites Times-News writer

TWIN FALLS — It was a hands-on experience of the slippery, creepy-crawly kind Saturday at the Herrett Center for Arts and Science on the campus of the College of Southern Idaho.

Sponsored by the center and the Idaho Herpetological Society, Creepy Crawly Day gave the public a chance to learn about a variety of snakes and other exotic creatures.

"It's probably the most popular because of his size," said Herrett Center's Ron Lambert. "He's 85 pounds, but feels like a lot more."

Indeed, it took four people Saturday afternoon to move the large snake from a glass cage to the front lawn.

"Holy cow" said one visitor, while others just stared in amazement as Indi's handlers put him on the grass.

"He just shed last night," said Nick Peterson, a reptile specialist with the Herrett Center. "He now has his Sunday best on."

Although terrifying to some, many kids and adults got down to the snake's level, gently petting the giant reptile as it slid across the grass.

Peterson explained that Indi came to the college campus in 1999 after being rescued during a Boise drug raid.

Burmese pythons, which are native to Southeast Asia, often get a bad rap for being dangerous, says Peterson, but accidents noted in the media are usually caused by human error.

"Usually, accidents happen because the snake is not being properly cared for," Peterson said. A failure to feed or keep the snake warm can lead to disasters. But Indi wasn't the only creature getting attention.

Rotten Banana was quite a handful for its 10-year-old handler. "This is Rotten Banana," said Mckayla Lambert, explaining that the Florida king snake's bright yellow and brown coloring is quite befitting of such a despicable name. Mckayla, the daughter of Ron Lambert, is a volunteer at the center. As RB, as he is affectionately known, wound through Mckayla's long blond hair, she answered visitors' questions in a professional, matter-of-fact manner. "You can hold him," she said to a young boy. "But you will have to be careful because he is very wild."

James Gamino, 12, of Carey loves snakes. Expertly handling a large boa constrictor, James said he was having fun looking and handling the snakes Saturday. "I think it's awesome," James said. "Especially when it's around my neck."

He also handled a gopher snake, a milk snake, a Mexican dwarf boa and a corn snake. While keeping snakes and lizards cool under a large canopy in front of the center, Peterson explained the reason behind the name of the fierce-looking lizard perched on his shoulder.

"The bearded dragon can swell its jaw pouch when defending its territory, which makes it look like a beard," said Peterson. With rugged and prehistoric good looks, Zeus seemed like an appropriate name for the spiky lizard. But not all names work for Peterson.

"Julius Squeezer and Monty the Python are names for boa constrictors that are way overused," he said.

Will Sites is the Times-News night city editor. He can be reached at 735-3233 or by e-mail at wsites@magicvalley.com.



One-year-old Tanisha Gamino of Carey plays with a snake Saturday at Creepy Crawly Day outside the Herrett Center on the College of Southern Idaho campus. Creepy Crawly Day is an annual event sponsored by the Herrett Center to educate people about the reptile kingdom and its importance to the environment.

A creative eye and a restless mind

By Jani Whitel Times-News correspondent

BOISE — Darrell Jensen had a creative eye and a mind that never rested. He was a problem-solver who enjoyed helping others through his work and through his community service ventures as well. He died July 28.

At 18, he joined the Army Air Force as a flight engineer. He received several medals, including five Bronze Stars and a World War II Victory Medal.

Remembered

He was in the engineer's seat when flak from a German plane hit his plane and the strap of his oxygen mask was severed; the pilot and co-pilot shared one mask between the three of them until they could land.

He had bouts of amnesia during his recuperation and upon returning home, joined his family at the Idaho Falls farm where he grew up. He later developed an interest in construction work and became a master of the trade.

"He was a master woodworker," his wife, Dee, said. "It was just unbelievable what he could do."

Some of his creations included a Murphy bed, a coffee table with special ports for things like remote controls and drawers that fit just right underneath a staircase.

He also built and eventually became owner of George K's Supper Club, which had a bar, restaurant, dance floor and live music. The restaurant later became Crook Creek.

"He was never behind the scenes," Dee said. "Every job that had his name on it was his."

While living in Twin Falls, he was post commander of the American Legion, a member of the Rotary Club and a Salvation Army volunteer. Dee said he also developed much of the College of Southern Idaho's fitness trail at its cost.

He really liked to help with anything that would better the community, Dee said.

One of his proudest accomplishments was achieving the rank of 33rd degree Mason and his work with Shriner's, members of which told Dee that Darrell was always at the top of the list when it came to needing help with the hospital and fundraisers. He built most of the booths and was Please see JENSEN, Page A5

Darrell W. Jensen



Born: March 20, 1925
Died: July 28, 2006
Survivors: Wife, Dee;
Mark (Colleen) Jensen;
Mary Chaffin, Gary (Paula) Chaffin, Lonnie (Dee) Jones, Starling (Gloria) Jones, Renee (Jim) Oschner and Geneva Volkens son;
Stepchildren, Deron (Mary) Hoffman, Kevin and Eric Jensen.
Memorial Memorial contributions may be made to the Shriner's Hospitall for the Blind, 400 E. 12th Street, 2126 W. 12th St., Boise, ID 83702.

Buhl seeks grant for new skate park

Final phase to add room for newbies

By Blair Koch Times-News correspondent

BUHL — The Centennial Skate Park in Buhl's McClusky Park is an awesome place to tear up the concrete. But for beginner skateboarders, the terrain may be a little scary.

City officials are hoping to get a \$5,000 grant from the Idaho Department of Parks and Recreation to create a space suitable for skateboarding newbies.

Centennial Skate Park opened last year. Visitors from all over the country have made the West End city a destination for world-class skateboarding but there isn't much room for learners amid the ramps, dips and half-pipe.

"The major part of the skate park is challenging," said Mayor Charles Sheridan. "But we are trying to change that."

Sheridan explained that state representatives with the department recently visited the city and gave their nod for the grant's approval.

"The major part of the skate park is challenging, but we are trying to change that."

- Mayor Charles Sheridan

Gletzen oversaw the original construction of the skate park and is excited to see it so close to completion.

"We have money left over from the first phase," Gletzen said. "In all this portion, which will include handicap access for viewing, a drinking fountain and a flat area of concrete for beginners, is going to cost about \$12,000."

Phase One cost about \$150,000, with much of the money being offset by grants. "Getting the park complete is really going to clean up that corner," Sheridan said. "The city is glad to have recreation that continues to draw people from all over. It really enhances the city for both kids and their parents."

Blair Koch lives in Buhl. She can be reached by e-mail at blair_20@hotmail.com or by calling 316-2607.

AROUND THE VALLEY

Ride Idaho comes to Buhl

BUHL — Cuban-born blues harmonica player Carlos del Junco will perform in concert Monday evening at McClusky Park.

The free concert, held in conjunction with the Ride Idaho Bicycle Tour, starts at 7 p.m.

Raised in Canada, Del Junco plays a 10-hole diatonic harmonica - a more sophisticated version of the classic blues harmonica.

Shooting viewed as accident

KETCHUM — Authorities are viewing as accidental the July 26 shooting death of Silver Dan Paucar.

The 20-year-old man was drinking alcohol with his brother when he pulled out a 9 mm Walther semiautomatic handgun. Paucar put the gun to his head and fired. Even though the magazine had been removed, one bullet was in the chamber and it killed him.

The Blaine County Sheriff's Office is continuing to investigate, but believes that Paucar simply did not know the gun was loaded.

Child health screenings

SHOSHONE — Little Wood Head Start and the Shoshone School District are sponsoring a Child Find from 9 a.m. to

Benefit at Phat Eddy's

TWIN FALLS — A dinner and silent auction benefit for Shardai Sabia will be held Saturday at Phat Eddy's Restaurant, 233 Fifth Ave. S.

Dinner will be from 6 to 8 p.m., and the auction will end at 10 p.m. The menu features a choice of steak and crab or steak and chicken with salad, vegetable, potato, bread, chesecanek and a bar drink. Cost is \$25 per person. A dance benefit with raffles and door prizes will follow until 4 a.m.

A teen dance benefit for ages 13 to 17 will be held from 8 to 11 p.m. Friday at Phat Eddy's.

Sabia was injured in a one-vehicle accident south of Hansen. Proceeds from these events will go toward her medical expenses and ongoing therapy.

Child health screenings

For more information about

Wendell school registration

WENDELL — The Wendell School District announced its registration schedule for new and returning students for the Aug. 15. On Aug. 16, sixth grade will register from 9 to 11 a.m., and fifth grade will be from 1 to 3 p.m.

At the middle school, eighth-graders will register from 9 to 11 a.m., and seventh grade will be from 1 to 3 p.m. for juniors, both on Aug. 15, and from 9 to 11 a.m. for sophomores and 1 to 3 p.m. for freshmen on Aug. 16. New student registration will be from 9 to 11 a.m. Aug. 17. Students and parents may come to the school during these hours to pick up schedules and pay fees.

High school registration will be from 9 to 11 a.m. for seniors and 1 to 3 p.m. for juniors, both on Aug. 15, and from 9 to 11 a.m. for sophomores and 1 to 3 p.m. for freshmen on Aug. 16. New student registration will be from 9 to 11 a.m. Aug. 17. Students and parents may come to the school during these hours to pick up schedules and pay fees.

For more information, call Wendell Middle School at 536-5531 or Wendell High School at 536-2100.

- compiled from staff reports

OBITUARIES

For obituary rates and information, call 735-3286 Monday through Saturday. Deadline is 3 p.m. for next-day publication. The e-mail address for obituaries is obits@magicvalley.com. Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magicvalley.com and click on "Obituaries."

Marie F. Biggerstaff

KIMBERLY — Marie F. Biggerstaff, 86, of Kimberly, passed away on Saturday, Aug. 5, 2006, at St. Luke's Magic Valley Regional Medical Center in Twin Falls.

Marie was born on Feb. 18, 1920, in Buhl, Idaho, to Fred B. and Bertha F. Hugler, and attended schools in Buhl.

On Sept. 1, 1937, she married the love of her life, Crosby Biggerstaff in Twin Falls, Idaho, and began a marriage that spanned over 50 years. To this union two children were born, Crosby Bryce Biggerstaff and Linda Bishop.

Marie loved hard work, her

flowers and her yard, and she especially loved her children, grandchildren and her family. "We will miss her very much."

Marie is survived by her son, Crosby Bryce Biggerstaff of Twin Falls; her daughter, Linda Bishop of Kimberly; one sister, Irene Johnson of Burley; four grandchildren; and four great-grandchildren.

Marie was preceded in death

by her husband, Crosby, and her parents.

Funeral services for Marie will be held at 10:30 a.m. on Wednesday, Aug. 9, 2006, at White Mortuary Chapel, 136 4th Ave. E. in Twin Falls, with burial to follow at Sunset Memorial Park in Twin Falls. A visitation for family and friends will be held from 4 to 8 p.m. on Tuesday, Aug. 8, 2006, at White Mortuary. Contributions may be made to the Arrangements and may be given to the funeral home staff. Arrangements are under the direction of White Mortuary, "Chapel by the Park," in Twin Falls.



Joe M. Garcia, Jr.

BURLEY — Joe M. Garcia, Jr., a 50-year-old resident of Burley, died Friday, Aug. 4, 2006, at Cassin Regional Medical Center, from injuries sustained in an automobile/pedestrian accident.

He was born Aug. 12, 1955, in Pocatello, Idaho, to Jose M. Garcia, Sr. and Judith (Mestuz) Cutler. At a young age, he had polioomyelitis and lost the normal function of his legs. He didn't let that slow him down. He served as the student body president of Alameda Junior High School in Pocatello, and he went on to wrestle at Highland High School, taking home the state title for his weight division.

Joe had a knack for the guitar and had played for various establishments in the Mini-Cassia area. He also taught guitar for a time working with Welch Music. In the early '80s, Joe worked at Del Monte, and for the past 15 years, was employed with the Bureau of Land Management in Burley.

Joe's soul mate was his companion, Faith Johns, with whom he had spent the last 24 years. Together, they had three children. He was an excellent and caring father and grandfather to a friend to many.

He is survived by his companion, Faith Johns of Burley; his children, Desiree and David; his daughter, Irene of Heyburn; Joaquin Johns of Burley, and Bryan Garcia of Burley; his parents, Jose M. Garcia, Sr. of Pocatello and Judith (Dr. Clair) Cutler of Burley; five grandchildren, Maria Garcia, David Herrera, Isaac Herrera, Danecia Herrera, and Eric Herrera; his sisters, Cynthia (Ralph) Wren of Burley, Felicia (Scott) Roach of Vernal, CA, Sabrina Descker of Burley, Valorie Garcia of Buhl, Clarissa Cutler of Burley, and Jennifer (Cody) Buerkle of



Rupert; brothers, Jason Garcia of Mesa, AZ, and Orvid Cutler III of Mesa, AZ; a stepbrother, Wiley Cutler of Salt Lake City, UT; and three stepdaughters, Amy Cutler of Idaho Falls, Janet (Dave) Rodenbaugh of Boise, and Marian (Ken) Isaacson of St. Johns, AZ. He was preceded in death by a brother, Joaquin Garcia.

A vigil service with recitation of the rosary will be held at 7:30 p.m. Tuesday, Aug. 8, 2006, at Little Flower Catholic Church, 1601 Oak Ave., in Burley. The funeral Mass will be celebrated at 11 a.m. Wednesday, Aug. 9, 2006, also at Little Flower Catholic Church with the Rev. Father Enrique Terrizquez as celebrant. Burial will follow at Gem Memorial Gardens. Friends and family may call at the church on Tuesday prior to the rosary and on Wednesday prior to the Mass.

Arrangements have been entrusted to the care of Rasmussen Funeral Home in Burley.

Leona Ernestine Maritt

RUPERT — On Saturday, Aug. 5, 2006, Leona Ernestine Maritt peacefully slipped from this world, surrounded by her family and loved ones. We take comfort in knowing that she is free of pain and at rest with her loving Heavenly Father.

Leona's passions included her family, flowers, crocheting and helping others. She loved cooking for her family, and she especially loved to bake her Grandma cookies and Grandma soup. No one's lap was quite like Grandma's when you felt crummy.

Grandma lived a positive life and always placed the needs of others before her own. She was not a complainer, and we all enjoyed the sense of humor that she maintained even when times were tough. She

was the perfect mother and mother-in-law, always supportive without being intrusive.

Leona was born on Feb. 25, 1922, to Christian and Ernestina Neu in American Falls, Idaho. She was preceded in death by her husband, Jewell Maritt; her brothers, Herbert, John, Bill, Emil, Carl, Ted, Otto, and Robert; and her sister, Clara. She is survived by daughters Donna (Mike) Payne, Darlene (Mike) Frazer, Ellen (Dol) Maier, Julie Maritt, Phyllis (Earl) Drake, Sharon Maritt and Carol (Bob) Fields.

as well as sons Gary, (Whitacacallit) and Ron (Norma) Maritt and many grandchildren and great-grandchildren.

The family would like to thank Dr. Michael Klein and the compassionate staff at Parkview Care Center for their kindness and diligence. Services will be held at Hansen Mortuary Rupert Chapel on Tuesday, Aug. 8, 2006, at 2 p.m., with a viewing one hour prior to the service.

Thank you, Mother, for being you. We love you and will deeply miss you.



Patricia Metzler

BUHL — Patricia Louise Osterhoudt Metzler was born Dec. 6, 1930, in Omaha, Neb. She was adopted by Perry C. and Edna Osterhoudt of New Raymer, Colo. The family moved to Buhl, Idaho, in the early 1940s. Pat attended school in Buhl, and remained in the area until the early 1960s. She then embarked upon a remarkable, independent life; living in many different states and holding a variety of jobs. She later moved to Boise and continued her adventures. She worked most recently as a CNA until her own health began to fail. She returned to the Magic Valley area three years ago to be near her family. She passed away in Boise on Aug. 4, 2006.

Pat was a loving mother, grandmother, and great-grandmother. She had a compassionate heart, and was

known to adopt strays both of the four-legged and the two-legged kind. She will be remembered by many dear friends she made along the way.

The constants in her life were her faith in God, her love for her family and her love of music.

She was preceded in death by her parents, her sister, Vera Osterhoudt Jensen, and her brothers Alton and Elmer Osterhoudt. She is survived by a brother, Floyd (Dorothy) Osterhoudt of Newberg, Ore., and two sisters-in-law and many nieces and nephews.

She is also survived by her seven children: Marian Davis



of Buhl; Howard Metzler of the four-legged and the two-legged kind. She will be remembered by many dear friends she made along the way.

The constants in her life were her faith in God, her love for her family and her love of music.

She was preceded in death by her parents, her sister, Vera Osterhoudt Jensen, and her brothers Alton and Elmer Osterhoudt. She is survived by a brother, Floyd (Dorothy) Osterhoudt of Newberg, Ore., and two sisters-in-law and many nieces and nephews.

She is also survived by her seven children: Marian Davis

Jensen

Memories of family campouts in Hagerman are getting to be always as treasured, but family and friends will also remember Darrell as a problem-solver who enjoyed helping others.

He definitely had an engineering type of mind," Mary said. "He was the kind of person that a vehicle might break down and he would stand there and think about it and tinker with it and then rig something up to fix it."

The couple retired in 1990 to run cattle and take care of 40 acres in Hagerman. It was a

special place that will always hold a special place in their hearts.

"It was a very special little town," Dee said, adding that after a stroke paralyzed Darrell's right side, they received all kinds of help and support from Hagerman's "marvelous people."

"A lot of people thought we were just working all the time, but I wouldn't have had it any other way," she said. "We did everything together."

Remembered-story or contact family. She can be reached at fujhied@cablone.net.



SERVICES

Mary Ellen Ward Rasmussen of Burley, funeral at 10 a.m. today at Burley LDS West Stake Center, 2420 Parke Ave.; friends may call from 9 to 9:45 a.m. today at the church (Payne Mortuary).

Viola M. Kinnaman of Wendell, memorial service at 11 a.m. today at the Wendell LDS Church, 605 N. Idaho.

Jean Rae Tate of Rupert, funeral at 11 a.m. today at the Hansen Mortuary Rupert Chapel, 710 Sixth St.

Eloise Miller Bahington of Gooding, service at 2 p.m. today at Denmarry's Gooding Chapel.

Kerry Anne Cartner of Meridian and formerly of Twin Falls, memorial service at 3 p.m. today at Bell Funeral Home, 9661 W. Chinden Blvd in Boise.

Fredrick Lawrence Slater of Twin Falls, memorial graveside service at 10 a.m. Tuesday at Sunset Memorial Park in Twin Falls (White Mortuary).

Elizabeth (Beth) Mary Harkness of Twin Falls, funeral at 10 a.m. Tuesday at the Agape Foursquare Church, 181 Morrison St. in Twin Falls; visitation from 5 to 7 p.m. today at Park's Magic Valley Funeral Home, 2551 Kimberly Road.

Dollie Mae Whaley of Castleford, funeral at 2 p.m. Tuesday at Farmer Funeral Chapel in Buhl; visitation from

3 to 7 p.m. today at the funeral home.

Michael Samac of Twin Falls, celebration of life with a Memorial Mass at 2 p.m. Tuesday at St. Edward the Confessor Catholic Church, 161 Sixth Ave. E. in Twin Falls (Reynolds Funeral Chapel).

Julla Kathryn Grigg Williams of Burley, service at

11 a.m. Thursday at the Burley West Stake Center; friends may call from 6 to 8 p.m. Wednesday at Hansen Mortuary Burley Chapel and one hour before the service at the church.

Leona Maritt, of Rupert, funeral at 2 p.m. Tuesday, Aug. 8, 2006, at the Hansen Mortuary Rupert Chapel, 710 6th St. in Rupert.

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DEATH NOTICES

Shirley Ann French

SHOSHONE — Shirley Ann French, 71, a resident of Shoshone, died Sunday, Aug. 6, 2006, at her home in Shoshone. Funeral arrangements are pending and will be announced by Denmarry Funeral Service in Shoshone.

Shelia D. Hall

HAMMETT — Shelia D. Hall, 52, of Hammett, died Saturday, Aug. 5, 2006, at her home. Arrangements are under the direction of Rest Funeral Home McMurtry Chapel in Mountain Home.

Sharon Lee Piper Black

ALMO — Sharon Lee Piper Black, a 63-year-old longtime resident of Almo, died Saturday, Aug. 5, 2006, at home after courageously battling cancer. The funeral will be at 11 a.m. Thursday, Aug. 10, 2006, at the Almo LDS Ward Church with Bishop Kent R. Durfee officiating. Burial will be in Sunny Cedar Best Cemetery. Friends may call from 6 to 8 p.m. Wednesday at Rasmussen Funeral Home, 1350 E. 16th St., Burley, and from 10 to 10:45 a.m. Thursday at the church. A complete obituary will be in Tuesday's paper.

Thomas Pomante

GOODING — Thomas "Tom" Pomante, 60, of Gooding, died Sunday, Aug. 6, 2006, at the Gooding Rehabilitation and Living Center. Funeral arrangements will be announced by Denmarry Funeral Service.

Thomas Pomante

GOODING — Thomas "Tom" Pomante, 60, of Gooding, died Sunday, Aug. 6, 2006, at the Gooding Rehabilitation and Living Center. Funeral arrangements will be announced by Denmarry Funeral Service.

Bring us your old mercury fever thermometer and exchange it for a new digital thermometer FREE*

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PATIENT SPOTLIGHT

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— Lowell Lytle, Twin Falls

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BARNYARD
7:30 • 9:00 (PG)

PIRATES OF THE CARIBBEAN DEADMAN'S CHEST
7:30 • 10:00 (PG-13)

MONSTER HOUSE
7:30 • 9:00 (PG)

THE ANT BULLY
7:30 ONLY (PG)

LADY IN THE WATER
9:00 ONLY (PG-13)

WIDEX HEARING AID SERVICES
ALL HEARING INSTRUMENTS
OVER THE HEDGE
7:30 • 9:30 (PG)

COMICS

B.C.

By Johnny Hart



Baby Blues

By Rick Kirkman & Jerry Scott



Baldo

By Hector D. Cantu and Carlos Castellanos



Brevity

By Guy & Rodd



Dilbert

By Scott Adams



Doonesbury

By Garry Trudeau



The Elderberries

By Phil Frank and Joe Trzasek



For Better or For Worse

By Lynn Johnston



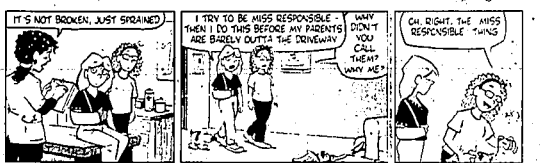
Frank and Ernest

By Bob Thaves



Luann

By Greg Evans



Mallard Fillmore

By Bruce Tinsley



Pearls Before Swine

By Stephan Pastis



Pickles

By Brian Crane



Rose Is Rose

By Pat Brady



Zits

By Jim Borgman and Jerry Scott

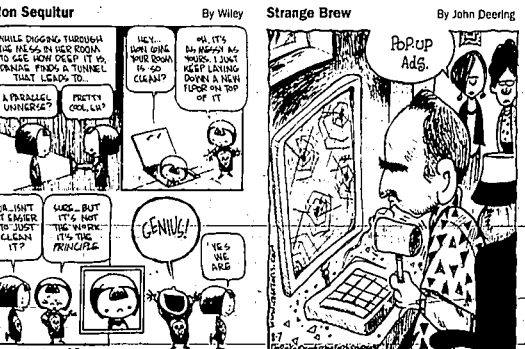


Non Sequitur

By Wiley

Strange Brew

By John Deering



Your fears are phantoms, Gemini

IF AUG. 7 IS YOUR BIRTHDAY: Your formidable charm this year can open almost any door. Underneath that smooth persona, you will have the discipline and grit to make the most of any opportunity that comes your way. Sweet romance should re-ignite if you're in a committed relationship; singles may find exciting times, but the energies may be a bit too intense on occasion.

ARIES (March 21-April 19): Your overall goodness keeps you from pushing others too far. Treat and especially carefully in the romantic arena and let others stay in their comfort zone. Patience is a virtue now, as the stars are unfavorable for new beginnings.

TAUROS (April 20-May 20): Even if you notice a "fated" quality to new meetings now, they should be avoided and will probably come to nothing. Wait another few days to begin anything new at all. Use diplomacy to diffuse romantic misunderstandings.

GEMINI (May 21-June 20): Worry could claim much of your energy—now—and you are phantoms without foundation—let them go. Your overly pessimistic view will clear in just a day or so, and you

HOROSCOPE

Jeraldine Saunders

will be much more able to make good choices.

CANCER (June 21-July 22): Although decisions may clamor for your attention, don't feel pressed to take action now. No matter how right a choice seems today, it is likely to backfire. Waiting until later in the week to decide is the wisest course.

LEO (July 23-Aug. 22): Resolving internal tug-of-war is best left for later this week because right now, you may not make the right choice. All new beginnings should be postponed for a few days awaiting better stars.

VIRGO (Aug. 23-Sept. 22): If communications can be fouled up today, they will be. Take extra care to clarify anything you don't understand, and to keep your own commitments easy to grasp. Postponement is still a wise idea.

LIBRA (Sept. 23-Oct. 22): If a flirtation seems to be brewing, take extra care that it is respected — mixed signals may mislead you. In any case, wait until later this week to move

ahead or make important beginnings.

SCORPIO (Oct. 23-Nov. 21): You have everyone's attention, which you may find to be a mixed blessing. It's great to be in the center of what's happening, but sometimes the scrutiny may feel a bit too intrusive.

If you feel torn, don't force a resolution. Your thinking is unlikely to be clear enough to make good decisions for a few more days. Patience will reward you more than you realize.

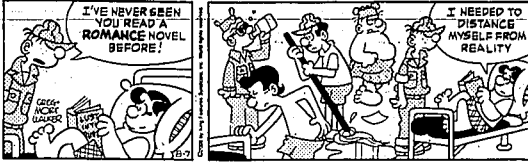
CAPRICORN (Dec. 22-Jan. 19): You may feel beset by conflicting emotions at some point today. Instead of letting yourself be pulled in different directions, just postpone a decision until it all becomes clear.

AQUARIUS (Jan. 20-Feb. 18): Your tendency for a while will be to blindly buck authority. Instead of just being reactive, take time to be very clear about what is worth your cooperation and what is worth resisting.

PISCES (Feb. 19-March 20): Attention and approval are all yours, and you are more protected than most from the less than "perfect" stars ruling the next few days. Delaying new initiatives or new encounters would be a very wise idea for a couple of days.

Beetle Bailey

By Mort Walker



Blondie

By Dean Young & Stan Drake



The Born Loser

By Art Sansom, & Chip



Garfield

By Jim Davis



Hagar the Horrible

By Chris Browne



Hi and Lois

By Chance Browne



Classic Peanuts

By Charles M. Schulz



The Wizard of Id

By Brant Parker & Johnny Hart



Dennis the Menace

By Hank Ketchum



THE FAMILY CIRCUS

By Bill Keane



Mom dumps woes on daughter's shoulders

DEAR ABBY: I am 21 and have a complicated problem. My mother, whom I love very much and who is one of the most wonderful women ever, has, at 41, found herself in a very difficult situation.

She recently confided to me that her marriage of almost 12 years to my stepfather has been extremely unsatisfactory — especially in the bedroom. He has absolutely no interest in the deed at all, and, as a normal, red-blooded woman, she does.

I suggested they seek professional guidance, but they have yet to do so. To further confuse the situation, Mom has found herself attracted to a 28-year-old co-worker who is also very attracted to her and has made his feelings known.

I am not sure how to advise her about this. On the one hand, it's wrong to have an affair. But on the other hand, you only get one life, and I want her to be happy. Mom is a wonderful woman and deserves everything good in life, and I don't know what to tell her. Please help, Abby.

—IN A HOT SPOT IN TUCSON
DEAR IN A HOT SPOT: Your



DEAR ABBY
Jeanne Phillips

mother may be a "wonderful woman," but it was extremely inappropriate of her to try to involve you in her sex life. Please don't give this your blessing, or the person who will get the blame for it later is you.

Tell her again that she needs to resolve this problem with her husband and a marriage counselor. It's the mature way of handling the kind-of problem she's dealing with.

DEAR ABBY: My sister and I are throwing a large 40th anniversary/60th birthday party for my parents and sending them on a trip as our gift to them.

In lieu of gifts, my sister sent out invitations that stated we would instead be graciously accepting donations to help pay for the trip. Because the range of donations will vary from person to person, my sis-

ter has decided to give Mother a list detailing the amount given by each guest. She feels that because some folks may go "above and beyond" what others donate, our mother needs to know who the most generous gifts come from.

I am vehemently opposed to the idea. I feel that any donation that helps to pay for the trip is "above and beyond" any one's obligation, and that being part of the celebration is enough — regardless of how much they give.

I see no reason for my parents ever to know who gives what, and think that my sister sharing the information is in terrible taste. Your thoughts, please?

—EMBARRASSED IN PITTSFORD, N.Y.
DEAR EMBARRASSED: If the party and trip are a gift from you and your sister, I am mystified as to why the guests are asked to make contributions to foot the bill. I agree that any donation that will help to pay for the trip is above and beyond anyone's "obligation," and for your sister to give your parents an accounting of what each guest forks over would be tacky in the extreme.

Founder of Little League disavowed it in 1955

Carl Stotz founded Little League baseball in 1939. However, he became so disgusted with the behavior of parents and coaches that he disavowed it in 1955.

having words, but close Vermont monkeys have a specific warning call for each of their principal predators.

If you hate to practice the piano, you might as well have a

good name for it: misconduct-leidman. The term comes from combining the Greek words, misos (hated) dokime (treasure) and a kleidion (keyhole).



RANDOM KINDS OF FITNESS
Erin Barrett & Jack Mingo

This day in history: On Aug. 7, 1907, Lyne Cox dove into the Herring Straits, determined to become the first person to swim across its icy waters. It's not exactly the same as

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WEDNESDAY, AUG. 9, 11:00am
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US AUCTION
www.usauctioneers.com

FRIDAY, AUGUST 11, 12:00pm
Jerling Living Estate, Hagerman Gem Stone Spheres • Rocks Arrowheads • Petrified Wood
Ad: Times-News 8-9
MASTERS AUCTION SERVICE
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TUESDAY, AUGUST 8, 5:00pm
Household • Tools • Antiques Outrageous Oddities • Jerome
KLAAS AUCTION BARN
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SATURDAY, AUG. 12, 10:30am
Louise Dockett Estate, Paul Car & Riding Mower • TV Appliances • Furniture • Shop
Ad: Times-News 8-9
MASTERS AUCTION SERVICE
www.mastersauction.com

SUNDAY, AUGUST 13, 10:30am
Anderson Living Estate, Filer Antique & Modern Furniture Appliances • Dishes • Sewing
Ad: Times-News 8-15
MASTERS AUCTION SERVICE
www.mastersauction.com

THURSDAY, AUG. 17, 11:00am
Lila Baty, Buhl Appliances • Furniture • Misc Bedroom • Household
Ad: Times-News 8-15
MASTERS AUCTION SERVICE
www.mastersauction.com

FRIDAY, AUG. 18, 11:00am
Faye Rude Living Estate, Buhl Auto • Appliances • Furniture Collectibles • Antiques • Shop
Ad: Times-News 8-17
MASTERS AUCTION SERVICE
www.mastersauction.com

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For More Information, Contact Jill Hollon: 208-735-3222

Times-News magicvalley.com

Opinion Editor David Cooper: 733-0931, Ext. 246

OPINION

EDITORIAL

Otter's collaborative skills are lost in the wilderness

Post Register (Idaho Falls)

Butch Otter tends to keep his mouth shut, apparently hoping to cruise to election victory this year on the strength of his Republican credentials.

Our view: This guest editorial from the Idaho Falls Post Register says Congressman Butch Otter exposed his flaws by turning against Boulder-White Cloud wilderness.

What do you think? We welcome viewpoints from our readers on this and other issues.

With normal sorrow when he gets into trouble. Last week, he lobbed a political grenade at fellow Congressman Mike Simpson's Boulder-White Cloud wilderness bill just as it passed the House.

Otter may not like wilderness as a general rule. So it's no surprise he came out against it (even though he missed the vote). What counts is how he opposed it.

Boulder-White Clouds is Simpson's signature bill, not some obscure budget measure. So you'd think Otter would tell his partner in the House early and brightly if he had problems with the legislation. Presumably they'd find a way to agree—or at least an agreeable way to disagree.

Instead, Otter waits until the eve of the House vote—July 23—to tell a Carter County audience he'd oppose it.

Simpson found out the next day and the voters were told a few days afterward.

Then Otter compounded the damage. His office cited three confusing arguments, each of which was bound to stir up trouble at home voter rights, what to do with lands released from de facto wilderness and grazing-snowmobile use.

Simpson had resolved most of those issues until

Otter stirred them up again. Now Simpson is scrambling to put out the fires just as his measure crosses into the Senate and an as yet uncommitted Sen. Larry Craig's subcommittee. Finally, Otter's office said he wants unanimity from Idahoans who didn't start talking to each other until Simpson's hearing began kicking a compromise.

In the end, Otter wounded Simpson's bill. It split this state's small delegation. And he injured himself politically. Wilderness now is in play as a campaign issue with his Democratic rival Jerry Brady, who supports the idea. Simpson's bill is popular. A GOP pollster last year said 59 percent liked it, 25 percent opposed it. (And most of the opponents are in Brady's base.)

How does this foreshadow the kind of governor Otter might be?

Can he work well with others? If Otter treats Simpson, his lone seatmate, like this, how will he handle 105 legislators? Will he remain rigid on land management issues? Does he, as Simpson put it, foster the paralysis of the past or embrace the promise of the future?

Will he ever make the leap from maverick legislator to pragmatic executive? A congressman can afford to be a purist—534 other members can balance out his views. But there's only one governor, and he must be results-oriented.

Otter has spent four decades in politics. He's no novice. Why does he still act like one?

LETTER

Get Bush to reveal his own revelations

The neo-con government is a study of labyrinthine ways.

Global corporations control the neo-con government. But they did evangelicals the president the corporate neo-con hijack the Republican Party? I mean Jesus would have had nothing to do with Caesar, so why are his followers in bed with the rascals? And why is the president a practicing member of both groups? Talk about strange bed fellows!

Evangelicals' beliefs require a lot of understanding, especially the one that supports Israel. Not to save it against its enemies but to help it in order to hurry up the "end-of-time" biblical prophecy.

It is written that the crucifixion of the state of Israel was fulfillment of biblical prophecy, the beginning of the end of time. So with evangelical help, the "Ezekiel 38 scenario" will come to pass. The Anti-Christ will create a peace treaty between Israel and an Islamic Federation, followed by "Bapture," an event in which Jesus will snatch up the faithful from earth, leaving unbelievers and alien religions to die of his homicidal rage. At that time, 2007-08, Jesus will establish his millennial reign on earth from the state of Israel.

"Bapture" and all it implies come as a shock to many. Many questions: Does it

replace the real politics? Would Bush support Iran and Syria in order help along the evangelical prophecy? Does this mean that Jansen's Theory of Relativity is "kaput"? Is some kind of universal scam in progress?

Don't you believe that President Bush, as a born again evangelical, should come clean with the American public, especially the nonbelievers? Does he believe in "Bapture"? What happens to the Constitution, Bill of Rights in the case of "Bapture"?

Above all, what's to happen to the "religiously uninsured" American? Will he or she or it disappear like today's middle class?

Timely questions!
GRANT UPTAIN
Hagerman

Write to us

The Times-News welcomes letters from readers on subjects of public interest. Because of space constraints, please limit letters to 300 words. Include your signature, mailing address and telephone number. Writers who sign letters with false names will be permanently barred from publication. Letters may be brought to our Twin Falls office, mailed to P.O. Box 2450, Idaho Falls, Idaho, or faxed to (208) 734-5538; or e-mailed to letters@mgj.com/ley.com.

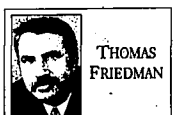
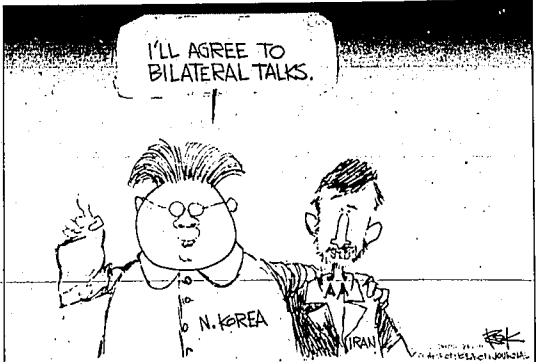
I seriously doubt the Bush team will succeed in curtailing the Iranian or North Korean nuclear programs until it resolves a contradiction that has been at the heart of this administration from the beginning: Is it for a change of regime or a change of behavior in Iran and North Korea? Because the Bush team has refused to make up its mind, it's gotten neither. All it's gotten are two better-armed rogues.

How soft go back to the Iranian deal that the Bush team did pull off in 2003 to get Libya's leader, Moammar Gadhafi, to give up his crude nuclear weapons program. How did that happen? The offer of a Bush narrative that Gadhafi looked at the U.S. invasion of Iraq, got frightened out of his mind, and called Boto-Rooter, aka. the Bush administration, and said, "Oh my god, there are nukes in my basement, get these out of here!"

Wrong argues Robert Litwak, the director of international security studies at the Woodrow Wilson Center, and an expert on rogue states. "What actually brought Gadhafi around was a tacit but clear U.S. security assurance that if he did give up his nuclear program the U.S. would seek to oust him from power," said Litwak. "That is what made the difference. If Libya gave up its unconventional weapons, the U.S. would give up its efforts at regime change."

What has been missing from the Bush approach to Iran and North Korea is that kind of clear choice. For instance, even after the administration agreed to participate in the European-led diplomatic effort to get Iran to abandon its nuclear program, it has continued to seek funding to destabilize the Iranian regime. And the U.S. ambassador to the United Nations, Richard L. Armitage, said May 21: "Iran is a troublemaker in the international system. Security assurances are not on the table."

Both Iran and North Korea



THOMAS FRIEDMAN

have a very high incentive to maintain ambiguity about their nuclear capabilities when we are so ambiguous about our intentions toward them. I have no doubt, I think both are as awful and abusive. You're engaged in "detente" with Moscow, because the trust of U.S. policy in the Cold War was to reduce the Soviets' ability to threaten us through deterrence and arms control agreements, and then let the information revolution and popular disengagement destroy the Soviet Union from within. What was good for the Soviet Union is good for North

Korea and Iran. Let's focus on the diplomacy needed to halt the North Korean and Iranian nuclear programs. That is what threatens us. We don't have the power to change their regimes. Only the people do. We do have the power to limit their capabilities. If the North Koreans want direct talks with the United States and bilateral relations, we can't provide it in return for a verifiable limit on their nuclear program. If Iran's ayatollahs want a tacit security assurance from the United States in return for a verifiable curb on their ability to produce nukes—give it to them.

The fact that the United States had an embassy in Moscow and practical detente didn't save the Soviet Union. It collapsed at the hands of its own people. But the arms control agreements we had with the Kremlin saved the world from a lot of nukes. Iran and North Korea will also collapse from within—but it takes time. And in that time they could build lots of nukes. So we need to end their programs now, even if it means giving them next U.S. security

guarantees, a Libya. "This is not an endorsement of either regime," added Litwak, author of the forthcoming "Regime Change: U.S. Strategy Through the Prism of 9/11." "Rather, it is a pragmatic approach to deal with the fact that the nuclear weapons development timeline is not in synch with the time it takes for regime change to unfold."

Five decades of America's isolating Cuba has produced five decades of Fidel Castro. As long as we maintain our ambiguity vis-a-vis Iran and North Korea—regime change or change in behavior—they will maintain their ambiguity about their nuclear programs. I have no idea if they would give up their weapons now, even if the Bush team gave them security guarantees. It may be that things are too far gone. But we need to test.

If we do not test that proposition, we will never know if there is a peaceful solution to the Iranian and North Korean nuclear challenges—and we will never have allies for a tougher policy if there isn't.

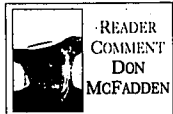
—Thomas Friedman is a columnist for The New York Times.

Water issues go beyond Idaho farms

The Times-News' headline "Who is in charge of aquifer recharge?" goes to the core of much of the problem with the water resource on the Eastern Snake River. It's not just aquifer recharge, but with the entire system of water governance. Aquifer recharge is only part of the answer to a water problem, but that it is a very important part.

The problem in the past is that everyone seems to have had the power of veto over aquifer recharge, but no one seems to have wanted to make recharge happen. No one has been in charge.

Nearly every agency, bureau or company that deals with water supports the concept of managed aquifer recharge. At the same time, they each have to look out for their own responsibilities. For example: Canal companies with issues on timing of recharge water delivery and government contractors, including agencies: Bureau of Reclamation with Endangered Species Act and salmon; Hydropower water rights; Department of Environmental Quality with water quality monitoring, issues; and Idaho Department of Water Resources with all



READER COMMENT DON MCFADDEN

water right issues. There has never been a comprehensive plan for the management of the water resource on the Eastern Snake River Plain. That is why the Idaho Water Resource Board announced intentions to develop a plan is so important.

Those closest to this entire situation agree that Idaho's water resources are in a critical condition, bordering on disastrous, statewide—not just the Eastern Snake River Plain Aquifer.

Idaho citizens need to understand that developing and implementing a plan like the Water Board is contemplating will be a daunting, expensive task requiring the full cooperation of all stakeholders. It will also be critical for the Legislature to clearly define the role the state is willing to play in supporting this plan with the required

funding and personnel. Hopefully, the plan for the Eastern Snake Plain Aquifer can serve as a model in other parts of the state.

There is little dispute that our groundwater resources have been seriously over-allocated. It is highly likely that some curtailment will be necessary in order to bring our supplies into a desirable balance. These may come from voluntary reductions or mandatory curtailments. Another critical issue that will arise is whether policy the state adopts toward those who may be affected by curtailments. The state's active participation in the Conservation Reserve Enhancement Program is ample evidence that the state recognizes the situation and its far reaching impact.

The ongoing litigation between surface and groundwater users is adequate evidence that past and present systems of water governance on the Snake Plain have not done the job. Common sense suggests that conjunctive management of surface and groundwater primarily based on mitigation is doomed for failure.

One critical issue that hasn't received adequate attention is

the question about how looming problems caused by unbridled subdivision will be dealt with. The turbulent water management situations in neighboring states brought on by subdividing, i.e., Bitterroot Valley in Montana, Wasatch Front in Utah and Rocky Mountain Front in Colorado, are a warning to us. These are all examples that support the premise that anytime subdivision is added to the mix of water management anywhere in the arid intermountain west where agriculture is dependent on irrigation, it is a recipe for conflict.

An encouraging development resulting from Judge Wood's decision on conjunctive management of surface and groundwater is the increased interest it has generated among municipalities throughout Magic Valley. All of a sudden there seems to be a realization that our water problems are not just "farmer problems."

Don McFadden of Hagerman is a retired farmer and also chairman of an Idaho Water Alliance Lower Snake River Aquifer Recharge District.

Save the penny and save fat dollars

Usually, I am not a letter writer. This time, however, I was very concerned about it. Idaho is about to pass a 6-cent tax initiative. The government is trying to get rid of gasoline tax money, according to the nearest neighbor. I thought about that and realized, what happens to us if we pass this

initiative and the government passes it? All of a sudden, we will have a 10-cent state tax. It is a rip-off of everyone if this passes. Did anyone else consider what the banks are going to do, too? If they have to take pennies out of their system, they certainly are not going to round up either, so who gets the extra money? I am sure it is not John Q. Public. I would say this is not only a public concern matter but a

definite matter the voters really need to think about twice. This will affect lots of things, including gas prices. Because if that is also rounded up, those pennies add up fast. I can see where big business would go for this initiative, but it hurts all the small business and the regular people like me out there.

Please, if you can, let people know so that they can think about this, too. It is a critical matter if they do get rid of the

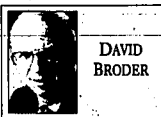
penny, as that is an integral part of the American society and is a balancing factor in the times come, especially with the economy already hurting and many of our farmers hurting because of drought and flood. No one needs the extra bills right now, self included. Greatly appreciated if you can spread the word and make the issue, as it needs to be.

MARALEEN HANSEN
Gooding

LETTER

Chicago makes humane redesign

What I saw here in Chicago on a recent summer weekend was a sight I never imagined. I am referring to two-year-old Millennium Park, the stunning mixture of greenery and architecture that has been built over the old railroad yards east of Michigan Avenue. I am talking about another of Mayor Richard Daley's legacies, the mixed-income townhouse and apartment developments south and west of the Loop that have replaced those 16-story monuments to drugs, despair and degradation that were the landmarks of Chicago's public housing for 50 years.



DAVID BRODER

contain identical units — some public housing, some subsidized, affordable rentals, and some market-rate rentals or owner-occupied. And you can't tell which is which.

On a recent weekend, I visited three of the new neighborhoods with Terry Peterson, the CEO of the Chicago Housing Authority. Peterson, a former alderman who is built like a linebacker and has a linebacker mentality when it comes to bulldozing the bureaucracy, had described the change to me when he was in Washington, testifying to Congress. But I would not have believed it if I had not seen the new homes and neighborhoods myself — and talked with some of the people whose lives have been remade by the change in their living conditions.

At Oakwood Shores, one of the new developments, residents Sandra Young and Bernard Lloyd told me that they and other long-time public housing residents had actively guided the developers on what they wanted in their new buildings — and helped recruit other families. In Oakwood and

in several other developments, the residents themselves demanded drug tests for all families. Clean buildings are one thing, but what makes a neighborhood are the amenities — parks, schools, recreation facilities, police and fire protection. All of them have been supplied by Daley as part of the 1999 agreement that gave him control of the housing agency, so troubled in the past it had been taken over by the feds. Daley cut the deal directly with Bill Clinton, who overrode the objections of Housing and Urban Development Secretary Andrew Cuomo.

Daley told me that his father, the old mayor, was opposed to the high-rise construction from the start, but the design was imposed on the city. Be that as it may, the son is justly proud of having created a much more humane design. He and Peterson are convinced — and living with many scholars of the culture of poverty — that people learn by example. Living among people who go to work every day and seek to improve their families' lives rolls off on welfare mothers.

Already, 174 families that were living in subsidized or public housing units have saved enough to make down payments to purchase their own units. As of last month, the completed mixed-income projects included almost 2,000 units of public housing, almost 1,500

market-rate and 725 affordable housing units. Occupancy rates for all three are at a peak, and no wonder, when one sees the Montessori preschool the city has opened in one neighborhood, the University of Chicago-run charter school in another, and the brand-new recreation center, with an indoor pool and an outdoor water park, a huge gym and day-care center, in a third.

Daley and Peterson say that HUD has been cheering them on since George W. Bush became president. But Bush has let the HOPE VI housing program, which provided much of the outside capital for Daley's initiative, lapse, and he has been trying to get rid of the Community Development Block Grant program that also has been vital to Chicago's success. One measure of that success is that the city's investment of \$242 million in mixed-income housing has triggered more than \$1 billion of private and outside public financing.

For me, a more important measure came when Bernard Lloyd said that people in the projects "used to feel completely cut off from the rest of Chicago. Now you have the freedom to go where you want to go. I go jogging on Promontory Point" — a landmark on the Lake Michigan waterfront. "I never even thought of doing that before."

David Broder's e-mail address is davidbroder@uswest.com.

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David Broder's e-mail address is davidbroder@uswest.com.

Excessive debt grows in all government

As property owners and taxpayers, we should be aware of the escalating national debt. George Bush crowed about how his tax cuts had reduced the national debt. It has gone up \$2.75 trillion during his tenure. As of January 2006, the national debt was \$8.2 trillion. In July 2006, the debt was nearly \$8.4 trillion, an increase of \$200 billion. Fuzzy math? This averages \$33.3 billion per month. The interest alone on the current 2006 debt so far is \$338 billion. This expenditure is the third highest expense in the national budget, with only the departments of Defense and Health and Human Services being higher.

Is it possible with these examples that this could be part of our state and local spending problems? Our new governor wants another penny sales tax for the schools, and we just got hit for \$49 million for the improvement of schools. He also wants a special session of the Legislature to get his proposal through. He has changed 145 people in 56 state agencies, causing extra expense for training the new people. This is a governor that will be in office for less than a year. If he is recalling the Legislature for the tax issue, he may as well include some important things, such as election reforms. If property owners are asked to foot the bill, they should be the only ones able to vote on it. Also, there has been no response from the schools that are using water during the heat of the day and every day of the week. I don't see how the city can proclaim a water shortage and enforce three days a week for homeowners and ignore the

LETTERS

total disregard of the laws by the schools.
DAVID LANCASTER
Twin Falls

Schools need to act on Chinese elm trees

This is an open letter to chairman Brian Duncan and four other members of the school board in Minidoka County: On Sept. 29, 2004, neighbors and a tree specialist, Terry Tracy, requested the former Minidoka County School District superintendent, Nick Hallett, and maintenance personnel, Theo Schui, to cut down nine Chinese elm trees at

the Cassia Opportunity Center (former Purching School) on C Street South in Rupert.

Those trees are more than 100 years old and too tall and most dangerous to people and guilty source of zillions of seeds scattered neighbor food and along with trees everywhere.

New superintendent Scott Rogers first agreed to carry forward with the task.

But now he told me that he will leave two Chinese elm trees for the shade of soccer games. We see there are other trees making shade for them without these two Chinese elm trees. Presently, there is one Chinese elm tree half trimmed

down by the front sidewalk, two trees on the west yard and three trees on the south yard still standing. Top priority is security for people. Someday, these trees will fall down. If the trees injure people, the board members are liable.

KIM E. BELLISTON
Rupert

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ON THE AGENDA

Today

Acequia City Council, 8 p.m., Acequia Automotive, 20602 F St.
 Cassia County commissioners, 9 a.m., courthouse, 1459 Overland.
 Dietrich City Council, 7 p.m., City Hall, 103 S. Main.
 Dietrich City Council, 7 p.m., City Hall, 308 Fifth Ave. W.
 Halley Planning and Zoning Commission, 6:30 p.m., courthouse, 206 First Ave. S.
 Hansen Community Library Board, 7 p.m., library, 120 W. Maple.
 Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
 Ketchum City Council, 5:30 p.m., City Hall, 490 E. Ave. N.
 Ketchum City Council, 5 p.m., council chambers, 305 Third Ave. E.
 Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
 Twin Falls County Parks and Waterways Advisory Board, 7 p.m., 450 Sixth Ave. W.

Tuesday

Blaine County commissioners, 8:45 a.m., courthouse, 206 First Ave. S., Halley.
 Cascla County School Board, 7 p.m., central office, 237 19th St., Burley.
 Dietrich School Board, 7:30 p.m., school's business room, 406 N. Park.
 Glens Ferry City Council, 7 p.m., City Hall, 119 E. Second.
 Glens Ferry City Council, 7 p.m., district administration office, 507 Idaho St.
 Jerome City Planning and Zoning Commission, 7 p.m., council chambers, 100 E. Ave. A.
 Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln.
 Kimberly City Council, 7 p.m., community center, 120 Madison W.
 Sun Valley Planning and Zoning Commission, 9 a.m., City Hall, 81 Elkhorn Road.
 Twin Falls City Planning and Zoning Commission, 7 p.m., 305 Third Ave. E.
 Twin Falls County commis-

sioners, 8:30 a.m., courthouse, 425 Shoshone St. N.

Wednesday

DeMary Memorial Library Board, 4:30 p.m., 417 Seventh St., Rupert.
 Castleford City Council, 7 p.m., J&D Printing Enterprises, 300 W. Main.
 Declo City Council, 7 p.m., City Hall, 116 W. Main.
 Heyburn City Council, 7 p.m., City Hall, 941 18th St.
 Murtaugh City Council, 7 p.m., City Hall, 104 S. Fourth.
 Murtaugh City Council, 7 p.m., high school library, 500 Boyd W.
 Paul City Council, 7:30 p.m., city office, 123 S. 600 W.
 Richfield School Board, 7:30 p.m., high school, 555 N. Tiger Drive.
 Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
 Twin Falls Public Library Board, 5 p.m., library board room, 434 Second E.

Thursday

Belleuve City Council, 7 p.m., City Hall, 115 E. Poplar.
 Fairfield City Council, 7 p.m., City Hall, 407 Soldier Road.
 Hagerman Chamber of Commerce, noon, Hagerman Senior Center, 140 E. Lake.
 Jackpot Advisory Board, 6 p.m., Jackpot Library, 2301 Progressive Drive.
 Miraflores City Council, 7:30 p.m., City Hall, 402 Cherry St.
 Murtaugh Highway District, 7 p.m., district office, 108 W. Archer.
 Oakley City Council, 7 p.m., city office, 200 W. Main.
 Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
 Twin Falls County Planning and Zoning Commission, 7 p.m., 246 Third Ave. E.

Friday

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N.
Times-News suggests confirming meeting times and locations with the appropriate clerk's office before attending.

Today

CSI New Student Services "Abriendo Caminos" summer transition program, all day, all campus (through Aug. 8).
 Magic Valley Tennis Leagues, 6 p.m., tennis courts by Washington Street each Monday through Thursday until Nov. 11.

Tuesday

Abstract paintings by Joseph Kucinski art show, Herrett Center, Jean B. King gallery (on display through Sept. 2).
 High Desert Back Country Horsemen general meeting, 7 p.m., Student Union 248.

Wednesday

Free, weekly solar viewing (weather permitting), 1 to 3 p.m., Herrett Center for Arts and Science.

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Styx Narcotics Anonymous meeting, 7 p.m., Desert 113.

Friday

Certified Nursing Assistant written testing, 9:30 a.m., Aspen 144.
 CSI New Student Services "Invitation to Success," 4:30 p.m., Student Union building.

Saturday

Twin Falls Farmers Market, 9 a.m. to 1 p.m., across North College Road from Eldon Evans Expo Center.
 United Church of God weekly meeting, 10 a.m., Aspen 145.
 "Star Signs," 2 p.m., Faulkner Planetarium.

Planetarium.
 Monthly star party, 9:45 p.m., Herrett Center for Arts and Science (free admission).

Daily, Tuesday-Saturday

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 "Pink Floyd: Dark Side of the Moon," 8:15 p.m., Faulkner Planetarium.

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August 7, 2006

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Sports Editor: Mike
Christensen, 735-3239

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'Buddman' king of Premiers on Saturday

By Lida Brittain
Times-News correspondent

TWIN FALLS — Mike Buddenhagen took the lead on Lap 4 in Saturday's Pepsi Premier Division main event at the Magic Valley Speedway and held on to capture his first win of the season.

Buddenhagen, who drives a modified car in the feature division, notched the fourth in a string of wins put together by modified drivers in as many weeks at MVS. With the win, Buddenhagen propelled his way from fourth to second in the point standings with just three races left in the season.

Steve Jones, on top in the standings going into the Chase for the Championship, finished second with a wounded car after last weekend's contact with the front stretch wall and maintained his lead in the battle for the 2006 Premier Division championship.

Buddenhagen finished third in the qualifying race and earned a starting spot near the front of the field for the main event, directly



Driver of the No. 48 Pepsi Premier Division modified car, Mike Buddenhagen, celebrates his first win of the season on Saturday night at the Magic Valley Speedway.

behind Daryl Wert and qualifying race winner Rick Van Voorhen.

Buddenhagen quickly built a substantial lead for himself, but a hard-charging Bobby Latham was quickly working his way through

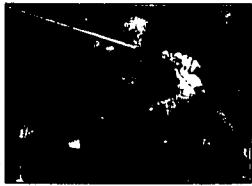
traffic, bringing along the No. 3 car of Jones right along with him. Jones got past Latham at Lap 11 and then began working on reeling in Buddenhagen. Jones made several attempts to get under Buddenhagen, but the win-hungry driver of the No. 48 car kept it together and crossed the finish line more than two seconds in front of Jones.

Even much later after the race was over, Buddenhagen didn't have a hard time describing his emotions on the win.

"Unbelievable. It was great," Buddenhagen said. "It took a while to get out of the car because I didn't know what I was going to say. I haven't gotten the smile off my face since I got out of the car."

Buddenhagen only had to look at the score board to see that Jones was his closest competitor and try and think on his next course of

Please see MVS, Page B2



Tiger Woods watches his drive on the 17th hole at the Buick Open at Warwick Hills Golf & Country Club in Grand Blanc, Mich., on Sunday.

Tiger takes Buick, 50th win

By Larry Lage
Associated Press writer

GRAND BLANC, Mich. — The red shirt was familiar, and so was the result.

Tiger Woods won his 50th PGA Tour title Sunday, shooting his fourth-straight 6-under-66 for a three-stroke victory over Jim Furyk in the Buick Open.

Woods reached a season-low 24 under and made a career-high 28 birdies in the tournament to hold off Furyk — who closed with a 64 — for his fourth win of the year and a check of \$969,000.

Woods became the seventh member of the PGA Tour's 50-win club after improving to 21-for-21 when leading by more than one stroke after three rounds. The 30-year-old Woods beat Jack Nicklaus' record pace to the milestone, which Nicklaus reached in 1973 at the age of 33.

"That's pretty cool to get to 50," Woods said. "Never in my wildest dreams did I think I'd get to 50."

Woods, coming off his emotional victory in the British Open, will get a chance to win his 51st major in two weeks at the PGA Championship in suburban Chicago, where the superstar hopes to close in on the record he covets: Nicklaus' 18 major championships.

Woods has won nearly a fourth of 210 PGA Tour events he has entered since turning pro in 1996. This year, his four victories have come in 11 events.

At Warwick Hills, Woods likely ended any hopes his competitors had when he made four birdies on the front nine to build on the two-shot lead he had at the start of the fourth round.

Woods bogeyed the 12th hole, allowing Furyk to tie him briefly, but took the lead alone for good at 13 when his approach from 105 yards landed close enough for a tap-in birdie. At 15, Woods' birdie gave him a two-shot lead and essentially clinched his second Buick Open victory.

After making a 7-foot par putt at 17, Woods took a two-shot lead into the final hole and was able to enjoy his latest victory stroll up the fairway where an overflow crowd cheered louder each step that got closer to the green. Fittingly, he made a birdie at 18.

Joe Durant (67) finished four shots back, alone in third. Vaughn Taylor (68) and Scott Verplank (69) tied for fourth at 19 under with Sean O'Hair (67) to improve their chances of earning spots on the U.S. Ryder Cup team.

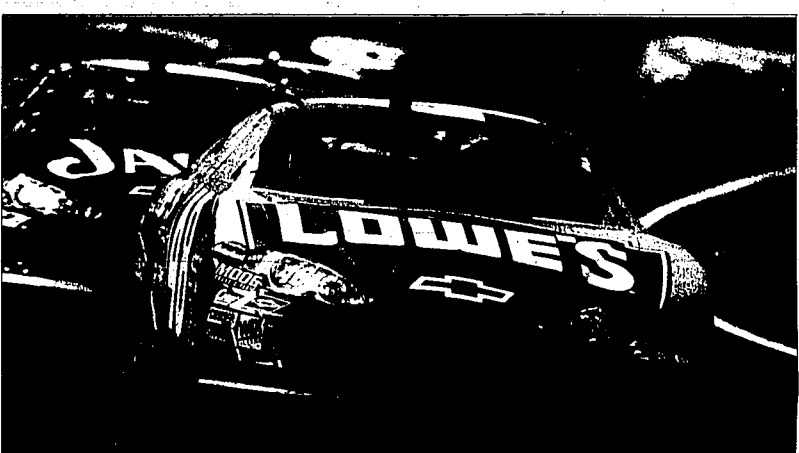
Vijay Singh had a chance to become the first player to win three straight Buick Opens — and four overall — when he started the day three shots back. But Singh closed with a 70 to tie for 11th at 17 under.

"I never got any momentum going," he said. "I swung the ball beautifully, but couldn't make anything."

After winning at Royal Liverpool, Woods sobbed uncontrollably in the arms of caddy Steve Williams and wife Elin because he won for the first time since his father's death in May.

On the scene at Warwick Hills' 18th green is one of the world's has become more accustomed to over the last decade. After making a 10-footer to match the score he had in the three previous rounds, he pumped his fist, punched the air, tipped his cap and smiled as he wiped sweat — not tears — off his face.

"At this course, the goal is to shoot 66 every day," Williams said. "I guess we accomplished that, eh?"



NASCAR driver Jimmie Johnson leads the field during the Allstate 400 at the Brickyard race at the Indianapolis Motor Speedway on Sunday.

Johnson wins at the Brickyard

By Jessa Fryer
Associated Press writer

INDIANAPOLIS — Jimmie Johnson knelt on the Yard of Bricks with a bewildered look on his face, almost oblivious to the celebration going on around him.

His car owner, crew chief and wife were ecstatic, exchanging hugs and high-fives as they eagerly prepared to kiss the famous stretch of track surface at Indianapolis Motor Speedway.

But Johnson stared straight ahead, seemingly unable to grasp Sunday's glory victory that ended a career of frustration at the Brickyard and made him the official favorite to win the Nextel Cup championship.

"I doubted this race (track). I doubted my ability to get around this track," he said. "We've been kicking ourselves for years. So to get over this hurdle, to get past it, I am just so full inside and I just

want to go sit down and reflect and think about it. Just go sit down in a corner and chill out and relax."

This win seemed doubtful from the start.

His radio wasn't working when he climbed into his Chevrolet on the starting grid, and his Hendrick Motorsports team frantically worked to fix it before the race began.

It took him just a handful of laps to figure out his car was stout enough to challenge for the win, but a flat tire 39 laps nearly wiped it out.

"I really deflated me," he admitted. Stressed that his fender has been damaged and the car had been reduced to junk, Johnson was subdued when he headed to pit crew.

His team changed the tire, crew chief Chad Knuss gave him a quick pep-talk and Johnson was off.

One by one he was in 38th place. He still sliced his way through the field and aggressively powered

to the front with about 100 miles to go.

The race was his to lose — until a late caution for debris with 19 laps to go almost took it from him.

Johnson pitted for four fresh tires and was in eighth when the race resumed with 14 to go, stuck behind four cars that didn't pit, two that took only two new tires and Mark Kenseth.

But the traffic was never an issue, and Johnson was back out front for the final 10.

He crossed the finish line ahead of Kenseth moments before a final caution for a last-lap accident involving Chase for the Championship contenders Casey Kahne and Greg Biffle.

It was his fourth victory of the season, third in a major NASCAR event. Now he'll have to see if he can translate his Indy win into a championship.

The winner of the Brickyard automatically becomes the

favorite to win the title, and five of the past eight went on to do it.

"This has been the critical time leading into the championship, but this track has been an emotional disaster or some sort of disaster for us," Johnson said. "I'm just speechless."

Kenseth, who has been sitting in second behind Johnson the past nine weeks and is 107 points out of the lead, said he had no chance to run down Johnson for the win.

Kevin Harvick was third and Clint Bowyer, his rookie teammate at Richard Childress Racing, was fourth.

Mark Martin was fifth and Dale Earnhardt Jr. stole a sixth-place finish by not pitting on the final caution to salvage a horrible day and reclaim the 10th spot in the Chase for the championship standings.

Kyle Busch was seventh, followed by Tony Stewart, Carl Edwards and Kurt Busch.

Brandon Riehl takes NW Series Platt Electric 200

Burley's Lynch fourth, Latham fifth in final series race at MVS

By Lida Brittain
Times-News correspondent

TWIN FALLS — Brandon Riehl of Boring, Ore., took home the final trophy presented at the Magic Valley Speedway in an AutoZone Northwest Series race after landing in the winner's circle in the Platt Electric 200 on Saturday night.

Riehl, who qualified second with a time of 14.185 seconds

around the one-third-mile track, started ninth thanks to a 10-car invert format for the start of the main event.

Garrett Evans, who has raked in four previous victories at MVS, took the lead from pole sitter Troy Trammel of Yakima, Wash., on Lap 3 and held on to the lead position until Lap 32 when Pete Harding of Surrey, British Columbia, Canada took over.

Evans re-took the lead at Lap

50, but at Lap 68, Harding decided he really liked being up front.

"This time he wanted to make sure he kept Evans and the next 53 laps, but in the meantime Riehl, who had been working his way

through the field, muscled his way past the No. 64 car of Evans for second and quickly began setting his sites on the leader.

It was just four laps later in the 200-lap main event that Riehl took over the first position and never gave it up despite two-cautions that bunched up the field for the restarts.

Riehl was able to get a good jump on the field both times however, and was first to the checked flag when the one-hour and twelve-minute event

ended. Both Evans and Latham put up impressive fourth- and fifth-place finishes, respectively on the scoreboard at the conclusion of 56.66-mile race, while hometown drivers John Newhouse and Eddy McKean did not fair as well.

McKean ended up finishing 22nd and Newhouse finished in the 24th position out of the 26 cars that started the main event.

Both Evans and Latham

Newhouse suffered mechanical problems that kept them out of contention.

In qualifying, Lynch qualified fourth with a time of 14.122, and took the race in seventh while Latham qualified thirteenth with a time of 14.371.

Newhouse qualified 15th with a time of 14.405 and McKean put in a qualifying time of 14.483.

Platt Electric 200 AutoZone

— Northwest Series

— Magic Valley Speedway

Brandon's results — J. Brandon Bink, Doug Orr; 2. Pete Harding, Barry R. Daniels; 3. Carl Lynch; 4. Steve Smith; 5. Mike Lynch, Darryl, Ian & Bob; 6. Mike Lynch; 7. Troy Trammel; 8. J. Brandon Bink; 9. Mike Lynch; 10. Steve Smith; 11. Mike Lynch; 12. Steve Smith; 13. Mike Lynch; 14. Steve Smith; 15. Mike Lynch; 16. Steve Smith; 17. Mike Lynch; 18. Steve Smith; 19. Mike Lynch; 20. Steve Smith; 21. Mike Lynch; 22. Steve Smith; 23. Mike Lynch; 24. Steve Smith; 25. Mike Lynch; 26. Steve Smith.

SPORTS



Philadelphia Eagles quarterback Donovan McNabb (5) drops back to pass against the Oakland Raiders in the first quarter of the Hall of Fame game on Sunday in Canton, Ohio. McNabb played one series and led his team to a touchdown.

Welcome back, NFL

CANTON, Ohio (AP) — At least the placekickers were in good form.

Sebastian Janikowski made field goals of 50, 51 and 24 yards Sunday night, lifting the Oakland Raiders past the Philadelphia Eagles 16-10 in the Hall of Fame game to open the NFL preseason.

Philadelphia's David Akers set a game record with a 55-yarder in the second quarter. Eagles RB Bruce Perry was carried off on a stretcher with 1:14 remaining, his head immobilized. He was tackled by rookie Tim Wussu on a running play. Players from both sides stood silently or knelt in prayer before Perry was removed. Perry gave a thumbs-up as he was wheeled to an ambulance and taken to a hospital.

It was a sloppy performance by everyone on offense except Philadelphia's starters. As usual, the defenses were in control early in the preseason; the Raiders forced five turnovers in Art Shell's return as coach.

Shell was retired a dozen years after being hit as Oakland's coach. "His mission: bringing back the glory of the franchise for which he was a Hall of Fame tackle.

In front of former Raiders coach John Madden, who was enshrined Saturday, Shell got off to a winning start.

Had the starters played longer for Philly, though, the night might not have been successful for Oakland.

In his one-series appearance, Donovan McNabb hit all three passes for 29 yards on a 61-yard drive to Brian Westbrook's 1-yard touchdown run. McNabb is returning from sports hernia surgery that cut short his 2005 season, a major reason the Eagles finished 6-10.

"We came with a different attitude," McNabb said. "This is something that's serious for us. We were prepared to come out and have a good showing."

Westbrook, coming back from a foot sprain that cost him the final four games of 2005, had 32 yards rushing and a 14-yard reception in his short night.

"I think as an offensive unit we're out there trying to prove we can run the ball," Westbrook said. "We certainly committed a lot of time to the running game and we did it out there in the first preseason game."

Steinhauer takes third Women's British Open title

LYTHAM ST. ANNES, England (AP) — Sherril Steinhauer shot an even-par 72 to win the Women's British Open for the third time, and the first since it became a major.

The 43-year-old American finished at 7-under 281 at Royal Lytham for her second major title. She also won in 1998 at Royal Lytham and 1999 at Woburn.

Cristie Kerr (71) and Sophie Gustafson (72), the 2000 winner, tied for second at 4 under, and Jill Inkster (73) and Lorena Ochoa (74) finished at 3 under.

Michelle Wie shot her third straight 74 to finish at 6-over 291.

Annika Sorenstam, who won last month's U.S. Open for her 10th major victory, shot a 4 on the back nine and finished with a 73 for 4-over 295 total.

MVS

Continued from page B1

"I saw Steve (Jones) was coming up and I knew I just had to play my game and try to drive the throttle and beat him down the straightaway, and then into the turns and hope the car holds. I saw him try and put his nose under a couple of times but I thought, 'No tonight, dude. Tonight is mine,'" said Kristi Fehringer. Fehringer in both the Premier and Northwest Series races Saturday night, came from the last starting position in the field to finish third in the race. Budweiser Grand National Division driver Jerry McKean hauled the race car into the pits Saturday night knowing that in order to keep his championship hopes alive, he had to keep Luis Lopez and Jerry Bice behind him in the main event.

McKean did even better than that, winning the race by more than three seconds while Lopez and Bice finished second and third, respectively.

"We need three more of them now," said McKean of the win.

The Grand Nationals will be off this weekend, but have three races to go in the championship run.

"But now we stand a chance," McKean added. "At least it will make it more interesting. We're trying to get everyone to run well and they're making it more challenging, too."

Edwards wins 3M Championship

BLAINE, Minn. — David Edwards won the 3M Championship for his third Champions Tour title, birdieing five holes in a six-hole stretch en route to a 6-under 67 and a two-stroke victory over Craig Stadler and Brad Bryant.

Edwards, making his 11th start on the 50-and-over tour, birdied Nos. 8, 9, 11, 12 and 13 to reach 11 under, added four pars and closed with another birdie for a 12-for-20 total on the TPC Twin Cities.

Stadler finished with a 69 for his third straight runner-up finish in the event, while Bryant closed with a 67.

The 50-year-old Edwards, who earned a career-best \$262,000, won three times on the PGA Tour, the last time in 1993 in the MCI Heritage.

with a ninth-place finish and another disappointing Saturday night.

Thunder Stock drivers Craig Nutbak and Jim Shirley delivered one of the most exciting races to the checkered flag of the night. Nutbak at one point had a quarter-track lead over the field but Shirley, who won last weekend's main event, caught up to Nutbak by Lap 23 and immediately started applying the pressure to Nutbak's rear bumper. Shirley actually came across the finish line ahead of Nutbak on Laps 23 and 24, but it was Lap 25 that counted and Nutbak out-gunned Shirley to the checkered flag by just 0.047 seconds.

Magic Valley Speedway Saturday results: 1. Mike Robertson, 2. Steve Jones, 3. Tim McLean, 4. Darrin Johnson, 5. J. Woodard, 6. Steve Grimes, 7. Dan Aron, 8. Tom McLean, 9. Rick von Steiner, 10. Dan Price. Qualifier: 1. Mike Robertson, 2. Steve Jones, 3. Tim McLean, 4. Darrin Johnson, 5. J. Woodard, 6. Steve Grimes, 7. Dan Aron, 8. Tom McLean, 9. Rick von Steiner, 10. Dan Price. Main Event: 1. David Edwards, 2. Craig Stadler, 3. Brad Bryant, 4. Steve Grimes, 5. J. Woodard, 6. Tom McLean, 7. Dan Aron, 8. Rick von Steiner, 9. Dan Price, 10. Darrin Johnson.

Soccer Meeting for Referees & Coaches

High School Soccer Referee State Rules Clinic Monday, August 7, 2006 at 7 p.m. Twin Falls High School 1615 Flair Ave. E. - Twin Falls Go to the Main Doors Registration fee: \$35 to ISSAA, \$5 to District 4 Soccer Association. For more information call (208) 734-4555

Dodgers take ninth straight

MIAMI (AP) — Mark Hendrickson earned his first win in seven starts since the Dodgers acquired him from Tampa Bay and the Los Angeles Dodgers extended their winning streak to nine games Sunday with a 7-3 victory over the Florida Marlins.

Los Angeles rallied off Scott Olsen (9-5) in a six-run sixth inning that included three consecutive walks, two with the bases loaded.

Hendrickson (1-4) allowed three runs and six hits in six innings for the Dodgers, who lost 13 of 14 games following the All-Star break. Los Angeles climbed over .500 at 56-55.

Cardinals 7, Brewers 1

ST. LOUIS — Jeff Suppan (9-6) matched his season high with seven strikeouts and allowed four hits in 7 1-3 innings.

Juan Encarnacion hit a three-run homer — Chris Capuano (10-8), and Scott Rolen added a two-run homer for the Cardinals, who have won two straight after their second eight-game losing streak of the season. They lead the NL Central by 3 1/2 games entering a four-game series at second-place Cincinnati.

Braves 6, Reds 4

CINCINNATI — Jeff Francoeur hit a two-run triple in the eighth against Gary Majewski (4-0) to tie it and scored the go-ahead run on Adam LaRoche's sacrifice fly to help.

Andrew Jones and Matt Diaz homered for the Braves, who avoided a three-game sweep and ended a three-game losing streak. Macay McBride (3-1) pitched a perfect seventh, and Bob Wickman worked the ninth for his fifth save.

Ken Griffey Jr. hit his 559th career homer.

Cubs 6, Pirates 1

CHICAGO — Ronny Cedeno hit a three-run homer and Rich Hill (2-5) had a career-high nine strikeouts in seven innings, allowing one run and five hits.

Chicago finished an 11-game homestand with an 8-3 record, the first time it has won eight games on a homestand since May 1998.

Giants 6, Rockies 2

SAN FRANCISCO — Matt Cain (8-8) had a career-high 12 strikeouts in seven innings, and Pedro Feliz drove in two runs as San Francisco won for just the second time in 13 games.

Mark Sweeney, Feliz and Cain each drove in a run with bases-loaded singles in the sixth — Cain's was the first RBI of his major league career.

Padres 3, Nationals 2

SAN DIEGO — Brian Giles hit a two-run homer and singled home Dave Roberts with the winning run in the 10th off Mihael Bowie (0-1).



the Royals on June 19, 2003. Jason Tyner had four singles, and Michael Cuddyer had three hits, including a two-run homer. Luis Castillo, Torii Hunter and Mike Redmond also had three hits apiece for the 30th time in 39 times overall.

Yankees 6, Orioles 1

BALTIMORE — Derek Jeter hit the first of four solo homers against Rodrigo Lopez (8-12), and the Yankees opened a season-high two-game lead over second-place Boston in the AL East.

Jason Giambi hit his 32nd home run, matching his total from last year, and finished 3-for-3 with a walk and two RBIs. Johnny Damon and Melky Cabrera also connected for the Yankees, who took two of three from Baltimore and are 11-1 in their last 13 series.

Devil Rays 7, Red Sox 6

ST. PETERSBURG, Fla. — Grege Morton hit solo homer in the 10th off Julian Tavarez (2-4) as Tampa Bay rallied from a 5-1 deficit to overcome David Ortiz's major league-high 40th homer.

Jose Navarro's solo homer off Red Sox closer Jonathan Papelbon completed a two-run eighth that tied it at 6. Papelbon entered with one out after Travis Lee's homer against Mike Timlin.

Boston had threatened in the top of the 10th when Coco Crisp singled with one out off Brian Meadows and stole second. Mike Loretta flied out, Ortiz was intentionally walked, Shawn Green (4-0) relieved, and Manny Ramirez flied out.

American League

Tigers 1, Indians 0

DETROIT — Wilfredo Ledezma struck out five in 5 2-3 innings as the replacement starter for Justin Verlander, and the Tigers took advantage of an error by C.C. Sabathia to beat the Indians 1-0 and complete a three-game sweep.

Making his first major league start since June 4, 2005, Ledezma (2-1) allowed six hits and two walks. Jason Grilly, Jamie Walker, Fernando Rodney and Todd Jones finished, with Jones getting three outs for his 31st save in 34 chances.

Verlander (14-4), who has a tired arm, is scheduled to start Friday against the White Sox.

With their major league-leading 13th shutout of the season, the Tigers completed their 11th series sweep of the year.

Twins 11, Royals 5

KANSAS CITY, Mo. — Jason Bardett had a career-high five hits as the Twins completed a four-game sweep and tied a Minnesota record with their eighth consecutive road win.

The Twins, who overcame a 4-1 deficit, had 22 hits, their most since getting 23 against

the Royals on June 19, 2003. Jason Tyner had four singles, and Michael Cuddyer had three hits, including a two-run homer. Luis Castillo, Torii Hunter and Mike Redmond also had three hits apiece for the 30th time in 39 times overall.

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Atlantics 7, Mariners 6

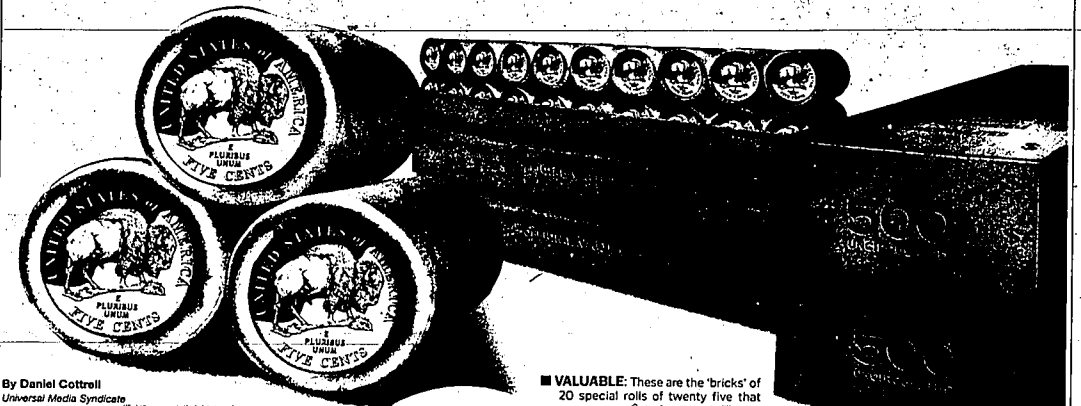
SEATTLE — Frank Thomas hit a three-run homer and drove in four runs as Oakland beat the Mariners for the 12th straight time and completed its first sweep in Seattle since Sept. 24-26, 1993.

Thomas homered with a 0-2 count and two outs in the third against Gil Meche (9-6), connecting on a 95 mph fastball for his 24th homer.

Magic Valley Realtors Online advertisement featuring Bonnie Ross, Paul DeMeule, Mark E. Jones, Connie Herbert, and Ray Sabala. Includes contact information for magicvalley.com and Times-News Online.

New Buffalos being handed over to Public

Local residents only have 72 hours to walk away with the 20 roll 'bricks' of money



By Daniel Cottrell
Universal Media Syndicate

It's like a run on the banks. The phones just keep ringing off the hook. That's because the U.S. Mint only made these new Buffalo Nickels for a few months and then forever stopped production. There will never be any more.

"Now, everyone wants them. It's a miracle we have them. And for only the next 72 hours we are handing them over to everyone who calls the National Order Hotline beginning at 8:30 a.m. this morning," confirmed Timothy Milton, Chief of Coin Operations for the World Reserve Monetary Exchange.

"I took the full power of this non-government agency to come through with the mammoth U.S. Mint ballistic bags of nickels shown in these private world exclusive photos," he said.

"First issue coins like these are highly sought after, but we've never seen anything like this. Coin values fluctuate dramatically and there are never any guarantees so it's like comparing apples to oranges, but a forty coin bankroll of 1913 Buffalo nickels are now worth up to \$26,000.00."

Even more impressive are the new nickels just minted in 2004. In only 2 years these new nickels have already increased in value by an astonishing 1,098%," Milton said.

"So just imagine what these special twenty five coin rolls of new Buffalos could bring someday. These are not ordinary commercial forty coin bankrolls. You can't find them at the U.S. Mint, at the Federal Reserve or at any local bank. You can't get them rolled this way anywhere," he said.

In fact, these twenty five coin rolls are so special because they remain sealed in the Official Vault Boxes. Each sealed vault box contains a 'brick' of 20 rolls of new Buffalo Nickels in Brilliant, uncirculated condition, 500 coins in all.

And here's the best part. "We are giving up all the rolls for just \$7 each. The full Vault Boxes weigh more than a heavy solid bar of .999 pure silver. So be careful, you'll need both hands to pick them up," he said.

"Remember they are uncirculated and have never been in the hands of the public. Uncirculated coins are the only ones likely to increase the most in value," said Milton.

These full Vault Boxes of special Uncirculated Rolls are the most impressive gifts to hand out to children or grandchildren, family members or anyone special that you want to impress. You just won't believe the expression on people's faces when you hand them out. It's like you just gave them a Million Dollars.

"The most impressive way to give them is in the full sealed Vault Boxes, but we can't stop people from breaking the boxes open and handing them out individually. So, to keep that from happening we are paying out a tremendous discount for each full vault box. That's why everybody seems to be taking at least 4 full boxes while they still have time to call to get them," Milton said.

"Just think if you had saved several rolls of the 2004 Nickels. Right now you'd be tempted to cash them all in for a huge jackpot. So for heaven's sake, don't ever get left out like that again," urged Milton.

Beginning today at 8:30 a.m., the National Order Hotline opens to the public. For only 72 hours—they'll be handing the large number of calls. Readers must dial 1-800-239-2432 ask for Dept. BN5517. If the lines are busy, keep trying.

The World Reserve has just announced that it is also giving away 6 free uncirculated rolls of the new Buffalos to everyone who beats the order deadline for the Official Vault Boxes.

"We have to put limits on dealers. But everyone else who calls within the next 72 hours, should be able to get what they need," Milton said.



VALUABLE: These are the 'bricks' of 20 special rolls of twenty five that everyone is trying to get. They are heavier than solid bars of .999 pure silver. Values of all coins fluctuate and there are never any guarantees, but in only two years, new nickels just minted in 2004 have already increased in value by an astonishing 1,098%. So, to get in on this one readers better hurry, because the first 10,000 callers are getting 6 Free Rolls with each full vault box.

HOW TO GET FREE ROLLS

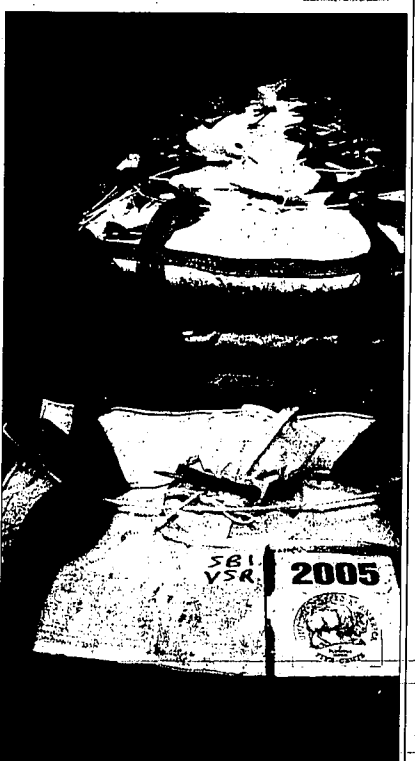
The World Reserve has just announced that it is also giving away 6 free uncirculated rolls to everyone who beats the order deadline for each Vault Box.

Those who beat the deadline and cover delivery will get the new Buffalo rolls for only \$7.

Each sealed Vault Box contains a 'brick' of 20 special-sized rolls of twenty five Buffalos in brilliant, uncirculated condition, that's 500 coins in all.

Beginning at 8:30 a.m. today readers can get them immediately by calling the National Order Hotline toll-free at 1-800-239-2432 and asking for Dept. BN5517.

All shipments are backed by the power of the World Reserve Monetary Exchange with a money back guarantee up to \$10,000.00. If you miss the deadline you will be turned away and required to wait for future public announcements if authorized by the World Reserve in this or other publications.



WORLD EXCLUSIVE: These are the never-before-seen photos that show brilliant uncirculated coins like the ones now being released to the general public in a special effort by the World Reserve. The 'bricks' of 20 rolls can not be found from the U.S. Mint, the Federal Reserve or from any local bank. You can't get them in the twenty five coin rolls anywhere. Only those who beat the 72 hour deadline can get them, along with six rolls free with each official Vault Box.

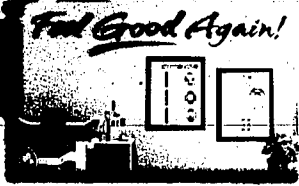


REHABAUTHORITY

Physical Therapy • Back & Neck Specialists



MedX Technology



IF YOU HAVE NECK OR BACK PAIN, WE HAVE THE ANSWER.



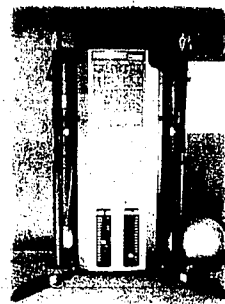
Bryan Wright, Doctor of Physical Therapy

RehabAuthority Physical Therapy specializes in the treatment of spine pain, injury, disease and dysfunction. Our patients experience the highest level of medical care and spine expertise available. This includes immediate service, a scrupulously clean and attractive environment, convenient hours and efficient care provided by compassionate, well-trained, fun people.

RehabAuthority's clinical staff receives the highest levels of training in the McKenzie method of evaluation and treatment for spinal problems. This method has been proven to be one of the most effective evaluation and treatment systems for back and neck pain available today. RehabAuthority is also the exclusive provider for MedX technology in the Magic Valley. MedX technology isolates low back or neck movements with a unique system of stabilization. The technology is unique and well-researched and has not been available in Twin Falls until now. Chronic neck and back pain can stem

from a variety of sources and problems. New research suggests that one source is significant weakness of the low back musculature. Most people with chronic back pain learn to compensate with

abnormal postures and movements, which compounds the problem over time. MedX eliminates these abnormal postures and movements, isolating the neck or low back musculature; by



isolating these muscles, we can accurately measure range of motion, strength and endurance in a precise way that nothing else can.

MedX rehabilitation is effective because it truly isolates and strengthens specific areas of the spine. By training

specific movements and not allowing abnormal compensations the patient not only regains needed strength, but also learns to move their spine properly again. MedX exercise machines are precisely adjusted to each individual patient during the first therapy session. The back or neck muscles are gradually strengthened, leading to long-term success for the patient. The precision of MedX machines have undergone significant scientific study and have been compared against a variety of other methods of strength training.

Time and time again MedX has been demonstrated to be superior, because of its unique methods of muscle isolation and the ability to custom tailor the exercise range of motion, resistance and repetition to the individual needs of the patient. This leads to fewer symptom flare-ups and a much easier rehabilitation process. This program is available exclusively at RehabAuthority in Twin Falls and Boise.



Call today for an appointment.

For more information, visit our website: rehabauthority.com

208-736-2574 • 1411 Falls Avenue East, Twin Falls

The Times-News

Classifieds

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LINE AD DEADLINES

Publication Day...Deadlines

Sunday	4 pm Friday
Monday	4 pm Friday
Tuesday	2 pm Monday
Wednesday	2 pm Tuesday
Thursday	2 pm Wednesday
Friday	1 pm Thursday
Saturday	1 pm Friday

100 Employment

200 Employment

300 Financial

400 Education

500 Real Estate for Sale

600 Real Estate Rentals

700 Agriculture

800 Merchandise

900 Recreation

1000 Transportation

Business Hours

Monday - Friday
8 a.m. to 5:30 p.m.



NOTICE OF PUBLIC HEARING

Budget for Fiscal Year 2006 - 2007
City of Hansen, Idaho

NOTICE IS HEREBY GIVEN that the City Council of the City of Hansen, Idaho will hold a public hearing for the consideration of the proposed budget for the fiscal period October 1, 2006 to September 30, 2007 pursuant to the provisions of Section 50-1002, Idaho Code. Said hearing will be held at the City 388 Main Street, Hansen at 6:30 PM on Monday, August 14, 2006. At said hearing all interested persons may appear and show cause, if any, why said proposed budget should not be adopted.

The following is an estimate of the proposed budget of the revenues and expenditures of the City of Hansen for the fiscal period October 1, 2006 through September 2007 and is shown below as Proposed 2006-2007.

REVENUES	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
GENERAL			
Property Tax	101,316.00	101,316.00	113,177.00
Sanitation	43,600.00	43,600.00	43,600.00
State Liquor	12,000.00	16,000.00	16,000.00
Liability Insurance	12,500.00	12,500.00	12,500.00
Police Fees	4,600.00	4,600.00	4,600.00
Building Permits	1,500.00	1,500.00	10,000.00
Animal Control	1,000.00	1,000.00	1,000.00
City Liquor	725.00	725.00	725.00
Contingency Fund	37,638.00	39,000.00	33,077.00
TOTALS	\$215,077.00	\$220,810.00	\$234,139.00

REVENUE	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
Water	54,960.00	54,960.00	54,960.00
Sewer	67,440.00	67,440.00	67,440.00
Water Hook Up	2,000.00	2,000.00	7,500.00
Police Department	3,000.00	2,000.00	2,000.00
Contingency Fund	75,000.00	75,000.00	6,772.00
TOTALS	\$201,400.00	\$201,400.00	\$114,172.00

STREET	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
State of Idaho	39,000.00	36,900.00	37,400.00
County Tax	2,400.00	2,400.00	2,400.00
Contingency Funds	10,600.00	27,200.00	26,500.00
TOTALS	\$52,000.00	\$66,500.00	\$66,300.00

REVENUE SHARING	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
State of Idaho	21,000.00	24,000.00	27,000.00
TOTALS	\$21,000.00	\$24,000.00	\$27,000.00

SUMMER IRRIGATION	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
Collectible Funds	7,620.00	7,620.00	7,620.00
TOTALS	\$7,620.00	\$7,620.00	\$7,620.00

TOTAL REVENUES	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
TOTAL REVENUES	\$497,097.00	\$520,330.00	\$479,231.00

EXPENDITURES	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
GENERAL			
Payroll Taxes	32,500.00	32,500.00	32,500.00
Sanitation	43,632.00	43,632.00	45,632.00
Liability Insurance	12,500.00	12,500.00	12,500.00
Police Department	4,000.00	4,000.00	4,000.00
Group Insurance	10,000.00	10,000.00	10,000.00
Utilities	9,000.00	9,000.00	9,000.00
Legal Fees	5,400.00	6,600.00	6,800.00
Vehicle Expense	2,000.00	2,000.00	2,000.00
Office Expense	2,800.00	5,800.00	5,800.00
Postage	1,500.00	1,500.00	1,500.00
Advertising	13,000.00	13,000.00	10,000.00
Building Inspections	1,800.00	1,800.00	1,800.00
Publishing Fees	1,500.00	2,500.00	2,500.00
Accounting Fees	2,500.00	2,000.00	2,000.00
Police Department	34,450.00	35,478.00	37,607.00
Seminars/Training Fees	1,500.00	2,500.00	2,500.00
Dues/Memberships	1,000.00	1,000.00	1,000.00
Property Acquisition	15,000.00	15,000.00	00.00
Capital Improvements	15,000.00	15,000.00	30,000.00
Econ/Comm Develop.	3,500.00	3,500.00	3,500.00
TOTALS	\$215,077.00	\$220,810.00	\$234,139.00

REVENUE	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
Salaries	7,000.00	7,000.00	7,000.00
Payroll Taxes	500.00	500.00	500.00
Field Payment	17,525.00	17,525.00	00.00
D.E.O.	1,280.00	1,280.00	00.00
Operating Contract	87,675.00	87,675.00	90,312.00
Repairs/Maintenance	12,420.00	12,420.00	15,000.00
Capital Improvements	7,000.00	8,000.00	30,000.00
TOTALS	\$201,400.00	\$201,400.00	\$144,172.00

REVENUE SHARING	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
July/Children	1,000.00	1,000.00	1,000.00
August/Children	1,000.00	1,000.00	1,000.00
4 th July/Fireworks	00.00	00.00	00.00
Utilities	100.00	100.00	100.00
Cont. Improve & Activities	15,900.00	18,900.00	21,900.00
TOTALS	\$21,000.00	\$24,000.00	\$27,000.00

SUMMER IRRIGATION	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
Water	500.00	500.00	500.00
Twin Falls Canal Co.	2,500.00	2,500.00	2,500.00
Operation/Maintenance	4,620.00	4,620.00	4,620.00
TOTALS	7,620.00	7,620.00	7,620.00

EXPENDITURES	ACTUAL 2004-2005	ACTUAL 2005-2006	PROPOSED 2006-2007
EXPENDITURES	\$497,097.00	\$520,330.00	\$479,231.00

AGAPE CHRISTIAN SCHOOL AND CHILD CARE

Notice of Nondiscriminatory Policy as to Students

Agape Christian School and Child Care, admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students of the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, student aid and other school-administered programs.

PUBLISH: August 7, 2006

AD FOR INFORMATION BIDS

Information bids will be received by the Division of Public Works, State of Idaho, 502 N 4th St. Boise, Idaho, until 2:00 pm, local time on August 14, 2006, for DPW Project 07090 Road/Roadway Rehabilitation Contract of Southern Idaho, Twin Falls, Idaho. Further information, including information regarding availability of documents for review and bid requirements, is at: <http://iamh.idaho.gov/pubs/bids/contracts.htm> or contact Kathleen Smith Architects PC (208) 338-1212

Estimated Cost: \$55,000

Jan P. Frow, Deputy Administrator, Division of Public Works

PUBLISH: August 7, 2006

NOTICE OF TRUSTEE'S SALE

On November 01, 2006, at the hour of 11:00am, of said day at the front entrance of the American National Bank, 260 Third Avenue North, Twin Falls, Idaho, First American Title Insurance Company, as trustee, will sell at public auction to the highest bidder, for cash, cashier's check drawn on a State or National Bank, a check drawn on a State or Federal Credit Union, or a check drawn on a State or Federal Savings and Loan Association, Savings Association, or Savings Bank, all payable at the time of sale, the following real property, situated in the County of Twin Falls, state of Idaho, and described as follows: to wit: Part of lot 3 of Eastland Estates Subdivision, Twin Falls county, Idaho, according to the plat thereof, recorded in book 9 of deeds, page 36, in the office of the county recorder of said county, being more particularly described as follows: Commencing at the southeast corner of said lot 3 and being the true point of beginning; thence north 88°42'48" west along the south boundary of said lot 3 for a distance of 420.00 feet; thence north 00°06'48" west parallel with the west boundary of said lot 3 for a distance 104.25 feet; thence south 88°45'24" east parallel with the south boundary of said lot 3 for a distance of 417.84 feet to a point on the east boundary of said lot 3; thence south 02°30'00" east along the east boundary of said lot 3 for a distance of 48.00 feet to an angle point on the east boundary of said lot 3; thence south 00°34'14" east along the east boundary of said lot 3 for a distance of 58.31 feet to the true point of beginning. Subject to utility easements and buried gas line easement as shown on the plat of the Eastland Estates Subdivision. Commencing at the southeast corner of said lot 3 of Idaho 83301. Said sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances to satisfy the obligation secured by said deed pursuant to the power of sale conferred in the Deed of Trust executed by Samuel Baseline & Kathleen Baseline, Husband & Wife as Grantors, to Alliance Title & Escrow Corp., as Trustee, for the benefit and security of First Horizon Home Loan Corporation, as Beneficiary, as recorded November 18, 2002, as Instrument No. 2002-02429, Mortgage records of Twin Falls County, Idaho. THE GRANTEE'S OBLIGATION TO COMPLY WITH SECTION 45-1506(4)(a), IDAHO CODE, NO REPRESENTATION IS MADE BY THE GRANTEE OR GRANTERS. GRANTEE PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. The default for which this sale is to be made is: Failure to pay a monthly payment on the obligation secured by said deed of trust of \$96,993.48, including interest, costs and expenses actually incurred in enforcing the obligation pursuant to the power of sale conferred as authorized in the promissory note secured by the aforementioned deed of trust. First American Title Insurance Company P.O. Box 22004 El Centro CA 92529-0004 (951) 231-1200. July 01, 2006 First American Title Insurance Company Signatory By Marisa Sejar, Asst. Secretary. R-125701

NOTICE OF TRUSTEE'S SALE

TS No. 06-12655 Doc ID #0001031799132005N Title Order No. 6010528 Parcel No. RPT00561002001B The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States, in the lobby of Alliance Title & Escrow located at 1411 Falls Ave East, Suite 1315, Twin Falls, ID 83301, on 11/16/2006 at 11:00 am. (recognized local time) for the purpose of foreclosing that certain Deed of Trust recorded 07/18/2002 as Instrument Number 2005-015695, and executed by Patrick R. Andrew, an unmarried man, as Grantor(s), in favor of Mortgage Electronic Registration Systems, Inc. as Beneficiary, to ReconTrust Company, N.A., the Current Trustee of record concerning the following real property located in Twin Falls County, state of Idaho: Lot 1 and the north 9 foot lot of lot 2 in Block 2 of Canyon Creek subdivision, Twin Falls County, Idaho, according to the plat thereof, recorded in book 8 of plats, page 49, in the office of the County recorder of said County. Excepting therefrom the west 10.0 foot lot 1 and the west 10.0 foot of the north 9 foot lot 2 of Block 2 of Canyon Creek subdivision. The Trustee has no knowledge of a more particular description of the above referenced real property, but for purpose of compliance with Idaho Code, Section 60-113, the Trustee has been informed that the street address of 2222 East Canyon, Twin Falls, ID 83301 is sometimes associated with the following property. Bidders must be prepared to tender the trustee the full amount of the bid at the sale in the form of cash, or a cashier's check drawn on a state or federally insured savings institution. Said sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances to satisfy the obligation secured by and pursuant to the deed of trust recorded in that certain Deed of Trust. The default for which this sale is to be made is: Failure to pay the monthly payment due 04/01/2006 of principal, interest and impounds and subsequent installments due thereafter; plus late charges, with interest, costs and any other amount advanced to protect said security, as authorized in the promissory note secured by the aforementioned Deed of Trust. Therefore, the Beneficiary elects to sell, or cause said trustee to sell, to satisfy said obligation. Notice is hereby given that this firm is attempting to collect a debt and any information obtained will be used for that purpose, and that the debt may be disputed. The above grantor has named to comply with Section 45-1506(4)(a) Idaho Code. No representation is made that they are, or are not, presently responsible for this obligation. Dated 08/04/06 Name and Address of the Current Trustee: ReconTrust Company, N.A., 1757 TAP CANYON ROAD, S.W. 88 SILVER VALLEY, CA 90029-1821 Phone: (800) 281-8219 ReconTrust Company, N.A. Successor Trustee Suzanne Tapp, Assistant Secretary ASAPP 781508

PUBLISH: August 14, 21, 28 and 2006

LEGAL NOTICE

TO: ROSCOE RICHARD SAUER

You are being sued for divorce by Tawna Clark. A summons and complaint were filed in the District Court of the Fourth District Court, 160 N. Main Street, Nephis, Utah 84948 and to serve upon Tawna Clark, 160 N. Main Street, Nephis, Utah 84948 a copy of said answer, within 30 days after the service of this publication. Failure to do so will result in a default judgment against you.

PUBLISH: July 17, 24, 31 and August 7, 2006

LEGAL NOTICE

Honors Strife will sell contents of Randi Oneda, Unit #72, Jason Torres, Unit #25, Amy Cash, Unit #74, Rhonda Jackson/Carol Herrickson, Unit #53 for payments due.

Do-It-Yourself Ideas

Race Car Bed
Do-it-yourselfers will have the little one racing off to sleep with this sleek race car bed project. Built from a power window, the bed is inexpensive, sturdy and easy to build—in fact, it's a fun project for parents and kids to build together.

The finished race car bed is 86 inches long by 48 inches wide by 20 inches tall, although two sets of specifications allow it to be built for either a junior or twin-size mattress.

The plan includes step-by-step instructions with photos, full-size traceable patterns, a materials list and a color-coded cut list.

Race Car Bed Plan (No. 303)...\$9.95
Kids' Beds Package (No. C76)...\$9.95
Four projects incl. 502...\$24.95
Catalog (pictures hundreds of projects)...\$2.00
Please add \$4.00 shipping charge (outside the US add \$5.00).

To order, circle item(s). Please be sure to clip & send w/ check to: Include your name, US-Bill address and address and the name of the business. Allow 3-4 weeks for delivery.
Van Ness, CA 94105
Or call 800-82-U-BUILD
or 800-82-U-BUILD
Moore Book Guarantee

101 Lost and Found

FOUND Younger dog, possibly pit dog, found on Edson road, maybe 6 months old. Good natured. Call 208-924-4151.

LOST Border Collie female, mostly black, long haired, white chest, white socks, answer to 'Pickles'. 208-655-4448.

LOST cat in the Mini-Cassia area on July 31st. Female, white with tabby spots, front paws docked. Born 1995. Very friendly. \$100 reward. Call 208-431-7387.

FOUND FURNITURE

- 1. Yellow Lab cross female young adult.
- 2. Collie cross black and brown female adult.
- 3. Black Lab cross female young adult.
- 4. Highland Angus.
- 5. Grey and tan male young adult.
- 6. 7th Avenue East.
- 7. Lab/Greyhound cross chocolate & brindle female adult. 3503 East 3985 North.

ADOPTIONS

- 1. Terrier Kelpie cross neutered male pup.
- 2. Chowie Collie cross, female pup.
- 3. Red Heeler/Corgi cross, male pup.
- 4. Terrier cross black male young adult.
- 5. Beagle cross male pup.
- 6. Shepherd Chesky cross, male adult.
- 7. Spinel Aussie cross neutered male, young adult.
- 8. Black Lab cross spayed female 7 years old.
- 9. Border Collie Hoelzer cross, male adult.
- 10. Redbone Hound cross female young adult.
- 11. American Bull Dog, male, adult.
- 12. Weimaraner Shep dog, female, adult.
- 13. Lab Boxer cross female pup.

DON'T FORGET US!

Many cats/Animals for adoption!
www.magicvalley.com/pet/bestofnews
Hours: Mon-Fri. 10:00 am-2:00 pm
Saturday 10:00 am-2:00 pm
Closed Sunday and Holidays
We can only keep animals as long as they are then sold or DESTROYED.
Please check daily

BIRTHDAY PHOTOS

Have you forgotten to pickup your birthday photos? We have some photos we are sure you don't want to toss. These can be picked up at The Times-News Classified Dept

FOUND Poole, small. To identify call 734-2939.

LOST Cat, male, neutered, dark gray, long hair with red collar with bell, lost in Wiseman area. Call 734-3969 or 734-7300.

LOST CAT, REWARD white, with brown patches, male, neutered, light blue eyes. Very friendly answers to: Leticia Kuty. Lost around exit 168-Cali 324-3306 or 530-4504.

LOST Change Purse on Aug 2. Black with gold coins on it. Lost at Sholi on Washington St. Please call 209-738-7493.

LOST Golden Retriever, female, named Sassy. Red collar with blue tags. Dog out on July 29. Answer to Mike, apartment in color. Please call 208-431-1407.

LOST Poole in Hagler Canyon on July 29. Answers to Mike, apartment in color. Please call 208-431-1407.

LOST wedding ring - 14 gold 3 bands with diamonds around Mc Donalds in Jerome on 7/25. Call 732-5381

CHILD CARE 6 days a week, 1st year. Mountain School District, 5am-7pm. Call Lianna 208-736-7018.

GREENWOOD FAMILY DAY CARE immediate openings. Licensed and reg. Through the state. 11 A.M. and CPR certified. Low child to provider ratio. Call now 208-324-5527.

WANTED Reliable baby-sitter, casual baby-sitter for our 2 year son, at least 14 hours old. refs. And interview required. Great job for teen or in Jerome 208-593-5939.

114. Miscellaneous Services

RESIDENTIAL/COMMERCIAL UTILITY LOCATOR

MV Private Locator Local customer service. Pre-construction design. Licensed, sewer/rates, power, well lines, phone, gas. wncr. 208-308-3531

200. Employment

ACCOUNTING Fast paced, growing CPA firm seeking a Staff CPA with 3-5 years experience in public accounting. Financial statement preparation knowledge and tax preparation experience a must. In-depth or technical specializations are a plus. Excellent benefits. Send your resume, references and salary requirements to Stevens Pierce & Associates CPAs, P.O. Box 145, Twin Falls, ID 83303 or fax to 208-734-8685

Abbreviations can lead to confusion. Make sure readers will understand your ad completely. Set it out. Ozonefile. 733-9331

200. Employment

ACCOUNTING Local accounting firm is seeking Staff Accountant. Candidate must be a CPA & have exp. in public accounting & tax preparation. Applicant should desire a small firm atmosphere. Exc. compensation and benefits. Send resume to Neal & Associates 1445 Filmore St Suite 1106 Twin Falls, ID 83301

ADMINISTRATIVE ASSISTANT Part-time swing/grave administrative assistant 5-20 hours week. Varied days/weekends. Bilingual a plus. Please apply at 805 Staffing Services 863 N Blue Lakes Twin Falls

All advertising is subject to the newspaper's standard of acceptance. The Times-News reserves the right to edit, abbreviate, decline or properly classify any ad. Receipt of copy via remote entry (fax, e-mail, etc.) does not constitute final acceptance by this newspaper. The advertiser, not the newspaper, assumes full responsibility for the truthful content of their advertiser message.

BUY IT! SELL IT!

A TIMES-NEWS CLASSIFIED WILL FILL EVERY NEED BUY IT! SELL IT!

AGRICULTURE Scale people needed must have own vehicle. Apply at A-C Customers 1887 Highland Ave. Twin Falls Drug Free Workplace

Asking Questions? Send your public opinion polls over the telephone. Absolutely NO SALES!! Slightly research, \$7.00 to \$9.00hour Casual work environment. Flexible evening, day, and night hrs. 15-30 hours/week. Great part-time job or second job. Close to CSI campus For more information call 208-732-2183 *****

BOOKKEEPER Burley position, full-time/full charge book-keeper, needs previous 5-5 years experience with accounts payable/receivable, payroll and all required reports, ledger entries, computer skills and other associated accounting functions. Pay DOE. Send resume: Attn. Shanna, PO Box 808 Burley, ID 83316

BOOKKEEPER Local accounting firm is seeking exp'd Bookkeeper. Applicant should have positive customer service skills, be proficient with computer and Quickbooks. Flexible schedule during summer season. Good salary and benefits. Send resume to Neal & Associates 1445 Filmore St Suite 1106 Twin Falls, ID 83301

CARPET CLEANING Tech. Exp. preferred but will train. Career oriented. Pay base \$8-\$15/HR DOE w/ commission. Drug Free Workplace. Call 208-735-0388

CHILD CARE Seeking loving dependable care givers. PT positions available. Responsibilities include: planning and implementation of daily program for children. Apply in person at ILDCDC 2055 Filer Ave. E. Twin Falls or call 208-734-1100. No phone call please.

Classified Private Party Ads

Requires pre-payment prior to publication. Major credit/debit cards, and cash accepted. Check processing over the phone. 733-9331 The Times-News

CERLICAL General office position computer experience necessary, parts experience helpful. Shoehone 888-2828.

CERLICAL Idaho Assoc. for the Education of Young Children seeks bilingual office asst. for Twin Falls area. More info call 208-734-2183 www.idahoeyc.org

CERLICAL Lead View Fertilizer is hiring for Corporate Support. Needs good telephone skills, communication skills, experience in payroll knowledge of Excel and Word. Send resume to P.O. Box 88 Minidoka, ID 83343.

CERLICAL Office Assistant hiring for Corporate Support. Needs good telephone skills, communication skills, experience in payroll knowledge of Excel and Word. Superior customer service & phone etiquette. Attention to detail. Fax resume to Kathy, 208-578-0753

CERLICAL Office Clerical full-time or part-time, flexible. Typing & computer knowledge. 810-511-5111 pay per hour. Call 208-278-1118

CAREGIVERS Caregivers needed for Rosetta Assisted Living. Apply at 1819 Highland, Burley

CERLICAL Part-time Receptionist/Scale person needed to work evenings and Saturdays. Must be computerized & detail-oriented. Writing to train. Apply at 1817 E. Eden.

CERLICAL Standtime Hay Co. is looking for Clerk. Part-time A/P Clerk, anticipated hours will be Mon-Wed-Fri from 8-5 pm. The successful candidate will manage inventory time management, and organizational skills with the ability to work in a fast-paced environment. To apply e-mail cover letter and resume to: tgerard@standtime-hay.com

COLLECTIONS Looking for full-time, bilingual Collector. Must have experience and good communication and telemarketing skills. Call 208-732-2128 for good information.

CONSTRUCTION Cannon Builders hiring experienced Concrete Construction workers in the Burley and Twin Falls area. Wage \$12-\$25/hr. DOE. Fax resumes to 208-785-4775 or call 208-785-8281. EOE

CONSTRUCTION Carpenter needed minimum experience of 3 years, must have own tools & transport. Call Jim 420-0120

CONSTRUCTION Grade Carpenter for project in eastern Cassia County. Must have own tools, once around earth moving equipment, good communication skills & feel comfortable using a computer. GPS experience a plus. Must be self-motivated, able to work independently without supervision & have reliable transportation. Call 533-7808

su do ku

© Puzzles by Pappocom

	7		9	5	6	3	
2	4						8
		5			8	3	7
	3					2	1
7			4		1		6
1			6				2
6					2	9	5
4	2		3			8	5
			7	1	4	9	2

V. EASY # 83

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. Find the answers for today's puzzle on page C-10.

200 Employment

DAIRY Full-time milkers, experience required. Must speak English. Salary and housing. Call 541-473-2977

DENTAL Dental Assistant needed for local dental, experience helpful, will train. Please bring resume to: 1010 East Main St., Burley, Idaho 83318

DENTAL Dental office Patient Care Coordinator. Requires excellent communication skills. Full-time. Bring resume to 808 Harrison Street, East, Twin Falls.

DESIGN Field/Designer. Phis Flowers. Gooding. Call 533-3535, 358-0792

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MONDAY

August 7, 2006

IMAGE

YOUR BODY • YOUR HEALTH • YOUR STYLE

INSIDE: Technology and hands, D2 | To do for you, D3 | Tower promotes fitness, D4

BACK-TO-SCHOOL FASHION

Move over, princesses

Marketers anoint 'next big things' in kiddie characters

By Samantha Critchell
AP fashion writer

NEW YORK — All the cool girls will be wearing Tinker Bell on their backs when they show up at school this year, at least if The Walt Disney Co.'s market researchers got it right.

Disney is putting Tinker Bell, who just happens to be starring in her own feature film in 2007, front and center on fashion-forward denim jackets, backpacks, sweat shirts and nightgowns. She's getting prime real estate in Disney stores, at the expense of some other Disney characters.

Tinker Bell and her fairy friends have a certain cachet with grade-school girls, an important demographic in the world of kiddie clothes. Some of those girls, who've been wearing Cinderella or Sleeping Beauty togas for years, might feel they've somewhat outgrown the princesses.

"Girls 6 and up — they want to be Tinker Bell's friend," maintains Jim Fielding, executive vice president of retail, sales and marketing for Disney Consumer Products. "She's a little sassy and has a fuller life. She has an aspirational lifestyle."

Tinker Bell will have competition, though. Hasbro is going after the same 6- to 9-year-old girl with its Littlest Pet Shop characters, who are featured on Journals and T-shirts being sold at a new retailer Limited Too. And Mattel continues to find

new ways to put Barbie on products. This year, Barbie will be on snowboards, and the newest Barbie backpack, on display at the recent Licensing 2006 international trade show in New York, included two walkie-talkies styled as mobile phones.

Disney's elevation of Tinker Bell to licensed product superstar was a calculated move. The supporting character from "Peter Pan" was ripe for stardom, Fielding says, because she's been off the radar for 50 years, yet people had a favorable opinion of her when asked.

"We track character equity. We analyze questions like unaided recall and 'Who do you want on a product?' When you look at the top 20 and someone new comes in at 17 or 18, we galvanize," he says.

So it started with chapter books last year, apparel and accessories this year, and then Tinker Bell, as voiced by Brittany Murphy, hits the big

screen next year. Disney uses a seeding tool to generate excitement for the movie — which, in turn, should fuel more retail sales.

In an industry that often depends on a new movie, book or TV show to sell a product, Barbie has an advantage, says Richard Dickson, senior vice president of media and entertainment marketing for Mattel Brands. She's already considered a fashion icon. "Now we have grandmas that reference Barbie, and those grandmas want their granddaughters to experience the same friendship," he says.

Some 17- and 18-year-olds still think Barbie's cool, according to Dickson, and that has an effect on younger girls.

Similar strategy was behind Hasbro's relaunch of My Little Pony in 2003.

"We asked about the girls who grew up with My Little Pony in '83-'87: 'Where are they now?'" says Bryony Bouyer, senior vice president of marketing for Hasbro Properties group. Turns out they're moms and aunts now.

Today's grade-schooler, however, is looking for something a bit edgier — and that's where Littlest Pet Shop comes in. The characters look like average household pets seen through the eyes of a Japanese manga animator, and Bouyer says Hasbro works hard to keep them cool and trendy.

So far, it seems to be working. Since their relaunch last year, 40 million Littlest Pet Shop toys have been sold.

That came after a so-so launch of the product in the late 1990s. Bouyer says Hasbro now is taking its time, waiting for the characters to



All the cool girls will be wearing Tinker Bell at school this year, at least if The Walt Disney Co.'s market researchers got it right. Disney is putting Tinker Bell, who stars in her own feature film in 2007, front and center on denim jackets, backpacks, shirts and nightgowns.

More back-to-school news

Next up: Packing for college dorms, the home away from home.

In Food & Home on Wednesday.

build a relationship with the target audience — which for most licensed products taps out at about age 10. First, the company introduces a toy, then Journals and diaries, then T-shirts and eventually books — in this case, because the girls will be a little older, horoscope books or fashion guides.

For teenage girls, Disney has had unexpected success with merchandise from the made-for-TV movie "High School Musical." Disney rushed to get the products into stores in May, although the show only debuted in January.

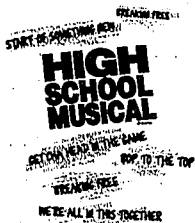
What about boys, some of whom also are fans of "High School Musical?"

They're not the ones who are going to splash it across their chests, Fielding says. Boys, he says, are conscious of wearing characters after age 6, and tend to turn to sports and games, not role play or collectible dolls.

A property like the new movie "Cars" will create a lot of merchandise and presumably sales, from boys and girls, Fielding says, but most boys would rather have a "Pirates of the Caribbean: Dead Man's Chest" videogame. "It's what they spend their money on," he says.



Girls who grew up with My Little Pony in 1983-87 are moms and aunts now. Today's grade-schooler, however, is looking for something a bit edgier — and that's where Littlest Pet Shop comes in.



Disney has had unexpected success with merchandise from the made-for-TV movie "High School Musical."

Lookin' alike

At more and more schools, the kids match

By Anne Wallace Allen
For The Associated Press

BOISE — This fall, uniforms are coming to a public school in this city for the first time, and have created a stir. My family, however, has been through this before.

While spending a year in the coastal Mexican city of Zihuatanejo last year, our kids, now 6 and 7, wore uniforms at their private school. And to us — as to many Boise residents now — the idea took a little getting used to.

The uniforms in Mexico were red plaid, with puffy white blouses trimmed with more plaid, and reminded me of old pictures of British boarding schools. There was even a red, blue and gold bathing suit, with matching cap — bearing the school crest.

The many other small public and private schools around town required similar outfits, only in different colors. In Mexico, it sometimes seems as if everyone wears a uniform — even the workers at the smallest taco stand often have a company logo on their T-shirts.

But for us, as Americans, it was a bit of a jolt. In the United States, school uniforms seem to be one of those education trends that come and go. Catholic schools often have them. Many private schools do, too.

As it turns out, however, more and more U.S. public schools have been adopting them in the last decade or so. At Boise's South Junior High School, as in many places, the decision to introduce uniforms was made in an effort to tone down social divisions and steer

adolescents away from belying shirts and microscopic minis. Principal Kathleen McCurdy settled on maroon polo shirts and khaki or black skirts, skirts or pants for the school's 750 students.

Compared to Mexico, it's a pretty laidback dress code.

"We already kind of like dress that way," said Cody Bird, 14, who starts eighth grade at South next year.

Still, a few parents have responded by moving their children to another school, McCurdy said, while some others are complaining that their rights are being abridged.

Pauline Dial, whose fifth-grader will attend South in another year, supports the move, citing skimpy clothing and clothing-label competition in the past.

"Most people who are

against it probably haven't walked down the halls of a junior high in a while," she said.

No public school district in Idaho has had uniforms before. Boise school officials said, This tranquil city, which has grown rapidly in size and diversity over the last several years, was unusual among cities its size — in about 250,000 population — in not having any public school kids in uniforms, McCurdy said.

At South, where more than half of students qualify for free and reduced lunch, "a very unequal system" had developed, the principal said, noting a recent influx of immigrants from places like Bosnia, Africa and Mexico.

Uniforms were just one of many changes at South, she

Please see UNIFORMS, Page D2

Grant Darrington, 12, left, and his friend 14-year-old Cody Bird show off their new school uniforms in front of their school, South Junior High in Boise. The upcoming school year will be the first time that the public school will require students to wear color-matched clothing.



IMAGE

Technology brings pain to hands

BlackBerrys, iPods may take a toll

By Curtis L. Taylor
Newsday

Punching BlackBerrys, scrolling iPods and clicking video game controllers is keeping a new generation of hands hard at work and play.

But as students, professionals and video gamers tap away, hand specialists say aging users are more likely to experience pain in joints and digits.

At 30, Justin Silberberg is part of the generation that spent countless hours outside of work surfing the Web, scrolling an iPod, text messaging on a BlackBerry and playing video games.

"I started out as a sore right wrist, but then I couldn't touch my palm with my thumb — that's how inflamed it had gotten," said Silberberg, who had successful surgery last year to restore motion to his right thumb. "I used video games, the Blackberry ... but the cell phone and text messaging was a major problem. On the cell phone, in order to get the letter C, you have to strike it three times, so you are hitting anywhere from three to four keys,

which is significant." While experts don't agree on how widespread the problem is, they do agree there has been an increase in office visits by adults.

Dr. Mark Pruzansky, a Manhattan-based hand surgeon, said that overuse of the popular hand-held devices can cause thumbs and wrists to throb, and in some cases irritate existing arthritic ailments and tendinitis.

"The trend does seem like there is an increase, with most people using BlackBerrys, iPods, PlayStations and keyboards," said Pruzansky, assistant clinical professor of orthopedic surgery at Mount Sinai School of Medicine in Manhattan. "We are seeing more injuries with all the electronic gadgets where you have a lot of digital manipulations. And, with the pain, there is reduced productivity and the increased likelihood of surgery."

But Dr. Keith Raskin, a hand surgeon at NYU Medical Center and Silberberg's doctor, said it was too early to determine what the long-term impact

would be on the wrists, hands and fingers of the first generation of people to grow up in the information age. Logging thousands of hours of use even before entering the workforce.

Raskin said he rarely sees young patients suffering from "BlackBerry thumb," trigger finger or carpal tunnel syndrome.

"Normally joints are covered in a healthy, viscous fluid called synovial fluid, which acts as a lubricant and shock absorber, but with aging, the fluid thins and is less effective," Raskin said. "The kids are more tolerant. The kids are less common, but the adults have older joints."

In 2004, there were 402,700 musculoskeletal disorders, averaging about 10 lost work days a year, an increase from 398,722 in 2001, according to the Bureau of Labor Statistics.

Raskin said he believes "the frequency and duration of use is causing us problems in our hands." Glenn Pankov, 38, an investment banker who uses a BlackBerry, said that he had pain in his arms and wrists for several years before opting for endoscopic carpal tunnel surgery, when physical therapy

didn't alleviate the numbness in his fingers. He had operations on both wrists in 2004 and last year to relieve pressure on the median nerve. He also had surgery in each arm for cubital tunnel syndrome, which causes numbness and tingling in fingers.

"It is my understanding that this stuff came from a genetic predisposition, but using devices may have complicated the situation," Pankov said. "Whether there could have been some therapy early on to mitigate the problem, maybe, but I didn't address it for too long to know. I feel great, and absolutely I will continue to use my BlackBerry."

Dr. Robert Szabo, a California-based hand surgeon, said most people affected already have arthritis or some predisposed medical ailment that using the fingers in certain ways can irritate.

"The BlackBerry does nothing to create disease or the medical problem and neither does the computer," said Szabo, professor of orthopedics at the University of California at Davis. "If you had back pain and you sit in a big, low, soft sofa and try to get up, your back hurts more; but the sofa didn't cause the problem."

The anxious may judge too quickly

By Hilary E. MacGregor
Los Angeles Times

He smiled when he saw the house. "He likes it," she thought. Then the smile faded, and a string of other thoughts flitted through her mind. "Oh, he thinks it's too modern." "Maybe he hates this part of town." "This is awful. We never agree." "The relationship isn't working."

Such reactions — triggered by a simple change of expression — might seem bizarre to the secure and well-adjusted. But over-interpretation of a slight shift in expression can be all too familiar to the hypersensitive.

Highly anxious people read others' facial expressions faster than less anxious people, a new study has found.

But they are also more likely to misread them. "It's as if they have the skills to judge others' emotional state accurately," said R. Chris Fraley, a professor of psychology at the University of Illinois, Urbana-Champaign, and a co-author of the study.

"But they do it so quickly that they actually end up getting it wrong." The errors then can create problems of their own, creating conflict when none originally existed.

Although the research was designed to assess how attachment styles affect how people perceive emotional cues, it also suggests that highly anxious people overall may "react" similarly. The

report appears in the August issue of the Journal of Personality.

Participants first filled out an online questionnaire designed to evaluate how anxious they were about their emotional relationship between themselves as infants and their caregivers — a concept known as attachment. Infants who do not bond well can turn into anxious adults, psychologists say, and Fraley was especially interested in how that can affect their ability to read emotional cues.

In four separate studies, participants were asked to view movies in which an actor's face morphs from an expression of happiness, sadness or anger to a neutral one, or vice versa.

The researchers found that adults who were highly anxious were quicker than more secure adults to detect the point at which the actor was no longer expressing the original emotion and to say they detected emotional change before it had actually happened.

But when forced to be more deliberative, they were also more likely to read the emotional cues correctly.

"If you put highly anxious people in a situation where they can't make a judgment quickly," Fraley said, "they are more likely to get it right." In other words, anxious people have the innate empathy to read others' emotions, they just need to remember not to jump to conclusions.

No sponge left behind

By Susan Brink
Los Angeles Times

In the leap of faith that is surgery — counting backward from 100 to oblivion, winking to the faces of kindly strangers — one can only hope everyone in the operating room gets the sponge count right.

In a rare but distasteful complication in about 3,000 of the 40 million surgeries performed in the United States each year, somebody forgets something inside someone. The majority of forgotten items, about two-thirds, are surgical gauze sponges.

A new study holds the promise of a technology that can help doctors and nurses, with the wave of a wand, make sure they have taken everything out of a patient's surgical cavity that they brought in — including the gauze pads that don't show up on a post-surgical X-ray.

In the study, published in the journal Archives of Surgery, eight patients undergoing abdominal or pelvic surgery at Stanford University School of Medicine agreed to have surgeons use gauze sponges tagged with radio-frequency identification chips during their procedures.

After the operation was complete, and before the patient's wound was closed, one surgeon turned away while another placed a tagged sponge inside the cavity.

When the first surgeon then passed a hand-held wand, like scanning device over each patient, he or she could correctly pinpoint the location of the tagged sponge left behind. Within three seconds, the sponges were found and removed.

The study shows that the solution to this particular medical mistake is likely to be technological, says Dr. Atul Gawande, surgeon at Boston's Brigham and Women's Hospital who has studied surgical mistakes. Operating room personnel are supposed to count every instrument and sponge three to four times before and after surgery.

"At first, you think, 'How stupid could nurses and doctors be? This is a problem of negligence,'" he says. "But if you've ever had to count 52 cards in a deck, you know that once in a while you get it wrong."

There's an especially high chance someone will get the count wrong — or skip it altogether — after a catastrophe such as a car accident, when seconds count in saving lives. In a landmark 2003 study in the New England Journal of Medicine, Gawande reviewed 54 malpractice cases involving closed foreign objects. He found that when outpatients at risk are emergency situations, mid-surgery changes in the operating plan, and obesity.

"In an obese patient, with a standard opening, things can go further away inside," he said.

Classroom couture



Parents shopping for school uniforms can count on spending between \$76-134 for a single basic outfit, not counting shoes and socks. Buy three to five blouses or shirts for every pair of pants. Fingers should fit between the neck and fastened collar.



A sampling of costs:

Boy	Girl
\$4-16	\$3
\$49-80 Blazer	\$15-80
Long-sleeve Oxford shirt	Short-sleeve Peter Pan collar blouse
\$9-11	\$7-18
Flat front pants	Pleated skirt
\$13-27	\$7-30
\$76-134 Total	\$32-131

SOURCES: French Toast; Land's End; Althaus90ids.com

Janel Hamlin - AP

Uniforms

Continued from page D1 said, which had the lowest test scores in the district when she started there as principal four years ago, and no longer does.

David Brunnsma, a sociologist at the University of Missouri, estimates that as many as a quarter of U.S. public elementary schools now have uniforms, a significant increase from the 1990s. Uniforms are making their strongest comeback, he says, in the upper grades.

Brunnsma, editor of "School Uniforms: A Decade of Research and Debate" (Haworth & Littlefield Education, 2006), said there's

no evidence that uniforms affect school attendance or performance, or things like crime or drug use.

As for why so many school officials are giving them a try, he speculated: "These kinds of policies, which don't actually have any effect, seem to be rooted largely in fear, and a desire to control a growing diversity of the student body."

As for my family, we ultimately found the school uniforms in Mexico to be practical.

Yes, we had to make sure they were always clean and ready for the coming school day, but I was spared debates

with my daughter over what she would wear — and she avoided the bother of worrying about it.

She knew what everyone else would have on.

Our kids, in fact, didn't seem to mind the uniforms at all. They couldn't wait to put on whatever was necessary to get onto the school playground. And uniforms helped them feel they fit into a place with a foreign language and culture.

Even teachers wore versions of the uniform. At assemblies, the whole group looked like a giant gathering of bagpipers under the palms.

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Whom can you trust for financial Guidance?

You're always set your own course. But is your financial planning leading you astray?

Whether personal or professional, the success you've achieved in your life has come from numerous factors. Hard work. Unfailing dedication. Necessary sacrifices. Smart choices.

When you've come this far, though, there's one factor that cannot be overlooked, but often is: prudent financial guidance.

It's unfortunate, but women are particularly vulnerable to financial uncertainty. In the workplace, they earn less than men. They take more time away from their successful careers to concentrate on their families. Most will also outlive their husbands.

It's because of these reasons that women especially need trustworthy, attentive, and personal financial guidance.

You may prefer taking an active involvement in your financial affairs. Or you may wish to let someone else handle the details. Whatever your preference, you need a financial professional who will help you devise a sensible strategy to navigate the sometimes uncertain waters of your financial future.

Keep an eye on the lookout for the next question.

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Jean B. Hanson, CFP, CLU
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Wishes Last Forever
Straight Talk on Elder Law and Estate Planning

STOCK TRANSFERS AT DEATH

QUESTION: Is it wise to use brokerage account beneficiary provisions to avoid probate and transfer securities at death?

Idaho permits transfers of stocks, bonds, and mutual funds at death to the next generation by means of a transfer-on-death (TOD) agreement between you and your broker. They work best with small families and simple estate plans. Here is why:

The larger the family the greater the likelihood that a child will predecease a parent. Then the question is — what happens to the deceased child's share?

Some TOD agreements are flexible enough to address this contingency-to-your-understanding-and-satisfaction. Others are not. Brokers like simple forms. They're easier to explain and fill out.

Tip: When considering whether to use a TOD agreement make sure you understand how the arrangement will operate under a variety of contingencies. Make sure it meshes with the terms of your will or trust.

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St. Luke's offers Heartsaver CPR class

A Heartsaver cardiopulmonary resuscitation class will be offered from 4 to 8 p.m. Tuesday in the Sage Room at St. Luke's Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls.

The class is offered under the guidelines of the American Heart Association and includes emergency procedures for mouth-to-mouth resuscitation, chest compression and choking response for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$25. Pre-registration is required; call 737-2007.

'Baby and Me'

St. Benedict's Family Medical Center offers "Baby and Me" classes from 10:30 to 11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome. This week's topic will be nutrition and eating habits.

The session is for parents of children from infancy through toddler years.

The class is free. For information, call 324-7262.

Learn Emotional Freedom Technique

Emotional Freedom Technique Workshop will be held from 6 to 8 p.m. today and Tuesday at Magic Valley Hypnosis, 114 Locust St. N., Suite 212, Twin Falls.

A practitioner of Emotional Freedom Technique, a version of acupuncture except without needles, stimulates the energy meridian points on the body by tapping them with fingertips. The technique has been used as a treatment for pain management, headaches, anxiety, bulimia, neuropathy, phobias, weight loss, smoking cessation and fibromyalgia, the workshop organizer said.

To do for you

Cost is \$65 per person and includes all materials. To register, call Curtis Johnson at 731-3895.

Refresher course

A childbirth refresher course will be offered from 6:30 to 9 p.m. Wednesday in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 650 Shoshone St. E., Twin Falls.

The class is for those who have previously taken childbirth classes. Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Pre-registration is required; call 732-3148.

Childbirth class

The second class of the prepared childbirth class series will be offered from 7 to 9:30 p.m. Wednesday at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome.

Topics will include the birth process and breathing techniques. Participants are asked to bring two pillows, a blanket and one or two support people.

The suggested fee is \$5. To register, call 324-1122, ext. 3361.

Alzheimer's support

Bridgeview Estates will hold an Alzheimer's Support Group meeting from noon to 1:30 p.m. Wednesday in the Great Room at Bridgeview Estates, 1828 Bridgeview Blvd., Twin Falls.

The support group is for Twin Falls County residents who have family members with Alzheimer's.

A free lunch will be provided.

ed. Reservations are required; call Bridgeview Estates at 736-3933.

For information, call Maureen Bierley at 736-3933.

About Alzheimer's

Holley Homes will hold an Alzheimer's Support Group meeting at 1 p.m. Wednesday at Philo House, 525 16th Ave. E., Jerome.

The support group is for Jerome County residents who have family members with Alzheimer's.

For information, call Carey Crist at 324-8524.

More Alzheimer's support

Rosetta Hiland will hold an Alzheimer's Support Group meeting from 6 to 7 p.m. Wednesday and from 3 to 4 p.m. Saturday at the center, 1919 Hilland Ave., Burley.

The support group is for Mini-Cassia residents who have family members with Alzheimer's.

For information, call Lisa Junod at 677-5451.

Learn CPR for babies

An infant safety and cardiopulmonary resuscitation class will be offered from 6:30 to 9 p.m. Thursday in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 650 Shoshone St. E., Twin Falls.

The program is offered as part of the prepared childbirth course. Organizers invite new parents and grandparents to attend to learn about infant CPR, choking, child safety and injury prevention.

The class is free. Pre-registration is required; call 732-3148.

About childbirth

Childbirth education class-

es will be held from 6 to 9 p.m. Friday and 9 a.m. to 3 p.m. Saturday in the board room at Cassia Regional Medical Center, 1501 Hilland Ave., Burley.

The classes will discuss all phases of childbirth.

Cost is \$35. Pre-registration is required; call the medical center at 678-4444.

Picnic for cancer survivors

A picnic for all cancer survivors will be held at 6 p.m. Aug. 14 at the Heider Pavilion at Rock Creek Park in Twin Falls.

The picnic will be held instead of the Breast Cancer Support Group's regular August meeting.

Reservations are required by Friday; call Mary at 734-1766.

C-sections

A cesarean childbirth class will be offered from 6:30 to 9 p.m. Aug. 16 in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 650 Shoshone St. E., Twin Falls.

The class is offered as part of the prepared childbirth course.

Topics will include Cesarean deliveries, pain management, hospital procedures and nonconforming labors.

The class is free. Pre-registration is required; call 732-3148.

"To do for you" is a listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's Image section. Mail notices to Times-Herald, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

The look: vested interest

By Suzanne D'Amato
The Washington Post

A natural extension of fashion's current love affair with tiny toppers like shrugs and capeslets, the vest has come a long way since Diane Keaton sported one in "Annie Hall."

For Liza Pisano, 19, of Pacific Palisades, Calif., "you can wear it with anything, which is kind of what I like about it—it just adds something extra."

"It's a trend, but it's not too trendy so I know I'll wear it next year," said Rickita Perry,

24, of Fairfax, Va. How to wear yours? Take a tip from fans of the trend like Kate Moss and Mischa Barton: Balance out the piece's structured feel with a softer element, such as a ruffled blouse. Restraining your pudette to a minimalist trio of black, white and gray is another good way to keep this layered look in line.

And be sure to relegate other menswear-inspired items to the back of your closet. With all due respect to Keaton's character, this time around a tie is definitely not required.

Bicycle riders


Who are they, and where are their cars?

NEXT WEEK IN IMAGE


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IMAGE

A TOWER OF FITNESS POWER

Seven-foot-high exerciser works itself into U.S. fitness centers

By Janet Crowley
Los Angeles Times

Working out on the nearly 7-foot-high "tower" and rack-like bench — all pulleys, weights and cables set in a hand-hewn wooden frame — requires a certain willingness to embrace compromising positions.

Despite the fact that it looks more like King Arthur's universal home gym than a piece of modern exercise equipment, the Gyrotonic Pulley Tower Combination Unit is working its way into dance and fitness centers across the nation.

Gyrotonic exercises is "about where Pilates was 10 years ago," says Donna Place, a master trainer and co-founder of Peaceful Waves Healing Center in Long Beach, Calif.

The tower is the cornerstone of the Gyrotonic Expansion System, which also includes four smaller machines, for targeted workouts, and a system of floor exercises, called Gyrokinesis. The system is designed to build flexibility, strength, control and body awareness with continuous, fluid, circular motion. The resulting catlike stretching of the joints and muscles is referred to by trainers as simply expansion.

"It looks like torture," says Monica Burnatay, a Gyrotonic trainer at Beach Cities Health District—Pilates Center—in Redondo Beach, Calif., of the "workout," but it feels great. "Since 2000, the number of trainers and facilities offering the system has quadrupled, to an estimated 3,000 trainers and 1,200 facilities worldwide.

There are about 2,500 tower units in circulation, several times as many as the hand-built by the system's inventor. A home version, the Gyrotonic Transformer 1500 (introduced in 2003), is available in catalogs and at the Gyrotonic website for \$395.

Although developed elsewhere, in spirit the tower is pure Southern California — invented by a charismatic ballet dancer-turned-fitness guru, Julia Horvath, who was born and raised in Romania but isn't interested in geographical boundaries. "We are all universal beings," he says.

Proponents swear that Gyrotonic exercise increases flexibility, coordination and posture and relieves back and muscle pain. Some say it can even improve a golf swing.

"Gyrotonics has helped me



Monica Burnatay, back, a Gyrotonic trainer at Beach Cities Health District Pilates Center in Redondo Beach, Calif., works with client Ramona Clifford, 72, on a Gyrotonic Pulley Tower Combination Unit.

move in ways I haven't been able to move in years," says Laurie Barbarosh, a 38-year-old small-business owner in Tustin Ranch, Calif. She did Pilates for two years before switching to Gyrotonic exercises in September, she says. "Pilates made me stronger, but Gyrotonics has given me flexibility. I move like a kid again."

Suzanne Crawford, a 49-year-old fire restoration contractor in Southern California, turned to Gyrotonic exercises about seven years ago when weekly chiropractic treatments failed to relieve her aches and pains.

"It's made-me-much-more-nimble," she says. "I can move better. I'm more flexible, and my posture has gotten 100 percent better. It gets into your deep tissue, and your body hums."

Gyrotonic equipment is used in Europe for rehabilitation of orthopedic injuries as well as fitness, and some U.S. therapists have adopted the machines.

Horvath conceived the idea in the late 1970s after a ruptured Achilles tendon derailed his career as a ballet dancer.

Living at the time in St. Thomas in the U.S. Virgin Islands, he developed a yogalike system of stretching exercises that he later named Gyrokinesis.

"It was based on hours and hours of observations" of how the body moves, he says. Horvath is a little fuzzy on the timeline — "I'm no good with

dates, don't ask me about dates" — but sometime in the early '80s he moved to New York, where he began building the smaller units and finally the Tower Unit, which some believe was introduced around 1984. Right? "Could be," he says.

The machines were intended to take the movements performed in Gyrokinesis one step further.

The most important feature of the various pieces of Gyrotonic equipment is that unlike most exercise machines,

which are based on the idea of lifting weights on a straight line to a natural endpoint, the Gyrotonic wheels and pulleys allow for continuous fluid motion. "Thus, instead of pulling a steadily increasing weight, then releasing it, there is constant tension throughout the movement.

And just as important, says trainer Place, the system allows for circular movement for maximum rotation and extension of a joint and surrounding muscles.

Sugar slowdown: Skip energy drink

The Washington Post

Want to avoid the dead afternoon slump? Then skip that energy drink, suggests a study in the Human Psychopharmacology: Clinical and Experimental. An hour after lunch, researchers gave 10 healthy, sleep-deprived adults either a high-sugar, low-calorie energy drink or a similar-tasting zero-carb, decaf beverage, then subjected them

to a monotonous 90-minute test that assessed sleepiness and ability to focus.

Those who downed the energy drink were sleepier and less focused 50 minutes after consumption than those who drank the sugar-free drink, suggesting that the sugar rush had a soporific effect. If you have to beat the sleep, a higher-calorie, low-carb drink may be better, say the scientists. How about a siesta instead?

For fat kids, 'play TV'

The Washington Post

Using TV as a reward for exercise may help overweight children move more and snack less, according to a study in the Journal Pediatrics.

Researchers found that when TV privileges were made contingent upon exercise time, overweight chil-

dren increased their physical activity by 65 percent, reduced TV time by almost two hours a day and lowered their overall caloric intake every day.

The findings support the belief that excessive TV time can contribute to weight gain in kids by increasing sedentary behavior and snacking.

Waking up takes time

The Washington Post

Researchers at the University of Colorado apparently have become the first scientists to actually measure something called "sleep inertia," which is the period that people remain

less than fully alert after waking from sleep.

A small study found that while the most serious effects are gone by 10 minutes after waking, people do not perform at peak level for up to two hours after waking.



Anna Hawker, FNP is now accepting new patients.

Twin Falls Orthopedics is proud to announce the addition of Anna Hawker, Family Nurse Practitioner to their practice. Anna will be providing general family medical care for patients of all ages. Anna is native to the Magic Valley area. Her husband is a teacher at a local high school. They are the proud parents of a busy 6 month old. Previously, Anna worked as a Registered Nurse for 10 years with 7 years experience in orthopedic care. After obtaining her Family Nurse Practitioner degree and completing her Masters degree, she rejoined the Twin Falls Orthopedic family. Anna now utilizes her orthopedic experience as well as her family practice education to provide comprehensive medical care at Twin Falls Orthopedics. New services will include management of general medical conditions, i.e. Hypertension, diabetes, depression, wellness exams, i.e., annual pap/pelvic exams, DOT physicals, Sports Physicals, well child checks), as well as acute illnesses.

Anna is pleased to be providing these expanded services at Twin Falls Orthopedics. Call 734-3455 to set up an appointment with Anna.

Twin Falls Orthopedics, P.L.L.C.
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R. Tyler McKee, D.O. is now accepting new patients.

Dr. McKee has experience in many aspects of general orthopedics including: arthritis, arthroscopic surgery, joint replacement, sports medicine and fracture care.

He and his family are happy to return to Idaho and are looking forward to making their home in the Magic Valley.

Please call Twin Falls Orthopedics at 734-3455 to make an appointment with Dr. McKee today. For more information, visit his web site at <http://OrthoDoc.aaos.org/TylerMcKeeDO>

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The Center for Plastic Surgery is pleased to announce...

Tyler Wayment, M.D.

started seeing patients on July 17th, 2006.

Dr. Wayment received his medical training from North East Ohio University College of Medicine and completed his residency at their Summit Health System. He has also completed a hand fellowship at Christine M. Kleiner Institute of Hand and Micro Surgery.

Dr. Wayment was raised in Ogden, Utah and is an avid outdoorsman. Please join us in welcoming Dr. Wayment, his wife Brea and their family to our community.

Please call to make an appointment with Dr. Wayment today.

735-8386



Looking good in dresses

By Suzanne D'Amico
The Washington Post

A floral dress is a summertime classic, but if you're looking for something a bit less saccharine, consider a crisp, graphic-printed frock instead. As fashion continues to recover from its love affair with all things boho, such simple, clean prints look especially new.

And you won't need to stash them — come September, either. Pair yours with a chunky cardigan and ankle boots, and these cheeky

checks and fine lines can easily weather the transition to fall.

Lola Ostleski, 18, of New Carrollton, Md., bought her pretty-plaid dress at Forever 21. To her, it had everything: the right colors, design — and price. "I'm a bargain hunter," she said.

Pretty and casual was the look that Sierra Arko, 17, was going for. She found her rainbow-striped sundress at a boutique. "I liked that it was nice and casual," said Arko, of Hyattsville, Md. "Not too dressy"



Left, Hope Webbe, 17, of Vall, Colo., wears her mother's dress, which was bought in Newport, R.I. Right, Lola Ostleski, 18, of New Carrollton, Md., bought hers at Forever 21.