

Boise State football cracks Top 10 in the latest AP Poll.

SEE SPORTS, PAGE B1

Make sure your child's protected with that new Christmas gift.

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Good Morning

High: 38
Low: 21

Colder with a chance of snow. Details: B4

Times-News

MONDAY
November 27, 2006
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MagValley.com

New truce raises hope for peace in Mideast

The Associated Press

GAZA CITY, Gaza Strip — Rocket fire from Gaza died down Sunday after a day-long cease-fire, raising hopes for an end to five months of bloody destruction and a new opening toward peace talks.

The surprise truce was supposed to take effect at 5 a.m., but in the four hours that followed, 11 rockets were fired from Gaza at Israeli towns and villages and some Palestinian militants threatened to keep up the attacks.

Israel did not retaliate, saying it wanted to give the truce a chance.

Rivals Hamas and Fatah, the two main factions in the Palestinian government, also publicly backed the truce and by nightfall, it appeared to take hold. Palestinian Prime Minister Ismail Haniyeh of the ruling Hamas movement said he had contacted the leaders of all Palestinian factions Sunday and they reassured him they were committed to the cease-fire.

Palestinian President Mahmoud Abbas of Fatah, who has been pushing for reopening of peace talks with Israel, ordered his security forces to patrol the Gaza border on Sunday to stop rocket attacks.

Security officers fanned out across northern Gaza, taking up positions at major intersections with orders to stop anyone suspicious and the salvos stopped by the afternoon.

A RACE AGAINST WINTER



Santisha Meads, 10, rakes her yard with friend Macy O'Donnell, 10, Saturday afternoon outside Meads' home in Twin Falls.

Deep impact

Who will pay for the cost of development in Twin Falls?

By Jared S. Hopkins
Times-News writer

TWIN FALLS — There is more to building homes than simply laying brick and putting up Sheetrock. There are water lines to connect, new roads to pave and maybe even some additional police officers to hire.

But who foots the bill? As the West continues to grow, an increasing number of cities are answering this question by adopting impact fees, which developers pay to cover new infrastructure like roads, water lines and schools. Twin Falls — predicted to grow 4 percent this year — will likely follow this trend, and today the City Council will decide whether to pay for a preliminary impact-fee study.

Such changes, however, may be a tricky transition for the city because impact fees — common in growing areas as well as tax-averse regions like New England — often encounter resistance. Supporters, usually governments looking to cover the cost of growth, see them as joint investments between the public and private sector. But private interests — specifically builders and developers — argue the fees stifle economic development and drive jobs to fee-free areas.

"We had lobbyists tell us one time it's the old-time, 'Don't tax me, don't tax me, tax the guys behind the tree,'" said Jeff Gooding, a local developer. "Sounds like the developers are the guy behind the tree."

The debate — and controversy — over impact fees escalates because they are specific

Fee proposal

What: Impact fee presentation
Where: Twin Falls City Council chambers, 305 Third Ave.
Date: 7 p.m.
When: 5 p.m. today

calculations similar to how businesses estimate overhead costs, like rent or electricity, experts say.

"This is the corporate world shifted into the political world," said Christopher B. Leinberger, a visiting fellow in metropolitan policy at the nonprofit, nonpartisan Brookings Institution in Washington, D.C. "How do you allocate the overhead of our society down to housing units and down to fast-food restaurants and down to office space, and what is your rationale for doing it?"

Hitting home

Property taxes typically cover new infrastructure, but in growing communities such revenue is simply not enough. Governments want to avoid taxes and argue that impact fees — which are designed to align with growth — are beneficial in the long run and provide direct funding for infrastructure. Increase the amount of land available for development, promote job growth and help developers predict costs, according to Arthur C. Nelson, a professor of urban affairs and planning at Virginia Tech who has studied impact fees and related issues for more than 20 years.

Please see FEES, Page A3

Researchers seek routes to happier life

By Malcolm Ritter
Associated Press writer

NEW YORK — As a motivational speaker and executive coach, Caroline Adams Miller knows a few things about using mental exercises to achieve goals. But last year, one exercise she was asked to try took her by surprise.

Every night, she was to think of three good things that happened that day and analyze why they occurred. That was supposed to increase her overall happiness.

"I thought it was too simple to be effective," said Miller, 44, of Bethesda, Md. "I went to Harvard. I'm used to things being complicated."

Miller was assigned the task as homework for a master's degree program. But as a chronic worrier, she knew she could use the kind of boost the exercise was supposed to deliver.

She got it. "The quality of my dreams has changed. I never have trouble falling asleep and I do feel happier," she said.

Results may vary, as they say in the weight-loss ads. But that exercise is one of several that have shown preliminary promise in recent research into how people can make themselves happier — not just for a day or two, but long-term. It's part of a larger body of work that challenges a long-standing skepticism about whether that's even possible.

There's no shortage of advice in how to become a happier person, as a visit to any bookstore will demonstrate. In fact, Martin Seligman of the University of

Money can buy happiness — but only to a point

Does money buy happiness? It's sometimes said that scientists have found no relationship between money and happiness, but that's a myth, says the University of Illinois psychologist Ed Diener.

"The connection is complex, he says. But in fact, very rich people rate substantially higher in satisfaction with life than very poor people do, even within wealthy nations, he says.

"There is overwhelming evidence that money buys happiness," said economist Andrew Oswald of the University of Warwick in England. The main debate, he said, is how strong the effect is.

Oswald recently reported a study of Britons who won between \$2,000 and \$250,000 in a lottery. As a group, they showed a boost in happiness averaging a bit more than 1 point on a 36-point scale when surveyed two years after their win, compared to their levels two years before they won.

Pennsylvania and colleagues have collected more than 100 specific recommendations, ranging from those of the Buddha through the self-improvement industry of the 1990s.

The problem is, most of the books on store shelves aren't backed up by rigorous research, says Sonja Lyubomirsky, a psychologist at the University of California, Riverside, who's conducting such studies now. (She's also writing her own book.)

In fact, she says, there has been very little research in how people become happier.

Why? The big reason, she said, is that

Daniel Kahneman, a Nobel Prize winner and Princeton economist, and colleagues recently dispelled that notion that making a lot of money will produce good overall mood is "mostly illusory."

They noted that in one study, people with household incomes of \$90,000 or more were only slightly more likely to call themselves "very happy" overall than people from households making \$50,000 to \$59,999. The rates were 43 percent versus 42 percent, respectively. Members of the high-income group were almost twice as likely to call themselves "very happy" as people from households with incomes below \$20,000.

But other studies, rather than asking for a summary estimate of happiness, follow people through the day and repeatedly record their feelings. These studies show less effect of income on happiness, Kahneman and colleagues said.

— The Associated Press

many researchers have considered that quest to be futile.

For decades, a widely accepted view has been that people are stuck with a basic setting on their happiness thermostat. It says the effects of good or bad life events like marriage, a raise, divorce, or disability will simply fade with time. We adapt to them just like we stop noticing a bad odor from behind the living room couch after a while, this theory says. So this adaptation would seem to doom any deliberate attempt to raise a person's basic happiness setting.

Please see HAPPINESS, Page A3

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A 1-year-old Maltese waits with his owner, Iris Gonzalez, for their bags at Palm Beach International Airport in West Palm Beach, Sunday, as they return from New Jersey.

Most of nation gets warm, dry weather for post-holiday travel

But snow slows traffic in parts of the West

The Associated Press

ATLANTA — The Journey home at the end of the long Thanksgiving weekend was smooth sailing for many travelers Sunday, although snow slowed the journey for some in the West.

In Washington, 15 inches of snow fell near the Canadian

border and traffic slowed to a crawl on the state's main east-west corridor. Farther south, chains were mandatory on vehicles traveling on two major highways linking Sacramento, Calif., to ski resorts in Nevada's Lake Tahoe area.

"It's super slow going because of all the holiday traffic," said Greg Schless, a California Highway Patrol dispatcher in Truckee, Calif.

See TRAVELERS, Page A3

TODAY'S FORECAST

TWIN FALLS

Table with 3 columns: Today, Tonight, Tuesday. Weather conditions and temperatures.

MINI-CASSIA

Today: Colder with snow likely. Light accumulations possible. Highs mid 30s.
Tonight: Gustly winds and passing snow showers. Lows near 20.
Tomorrow: Much colder with gusty winds and a chance of snow. Highs upper 20s.

Complete weather report: See page B4

TODAY'S HAPPENINGS

FESTIVALS

Caring and Sharing Christmas Trees Festival, sponsored by the Alimodka Health Care Foundation with decorated trees, wreaths, gift shop, food court, live entertainment and more.

GOVERNMENT

- List of government meetings including Lincoln County commissioners, Twin Falls County commissioners, Cassia County commissioners, etc.

HEALTH

TOPS (Take Off Pounds Sensibly) ID No. 3 Chapter of Twin Falls. Weigh ins at 11:30 a.m., meeting from 12:30 to 1:30 p.m.

List

Please submit the name of the event, a brief description, time, place, cost and contact information by email: skrowne@timesnews.com

COMING TOMORROW

ANIMALS IN THE ATTIC

Tales of critter invasions. IN COUNTRY ROADS

THIS WEEK AT CSI

- Today: CSI Testing Center is open 8 a.m. to 9:30 p.m. through Thursday and 8 a.m. to 5 p.m. Friday.
Tuesday: CSI Music, all day, Fine Arts 11:19 and 12:1.
Friday: CSI Art Department 'Magic Mud' pottery show and sale, 10 a.m. to 2 p.m.

MAGIC VALLEY



Choosing the right helmet for the sport

TWIN FALLS — Any parent knows that children's occasional bumps and bruises are practically a rite of passage into adulthood. But more serious injuries, specifically to the head, can be significantly reduced with the proper helmet use for common recreational activities.

Gooding man severely burned in collision, fire

JEROME — A man suffered severe burns to his legs after his van collided with and overturned vehicle and then burst into flames.

Kiwanis carries on T.F. Christmas tradition

TWIN FALLS — It was an easy decision to make when Soroptimist International of Twin Falls asked the Kiwanis Club of Twin Falls to take over the annual Christmas in the Park program.

Burley man leaves generous legacy

BURLEY — Truman Bradley, a man who spent most of his life helping others succeed, died Nov. 20. He was 84.

Burley council to try again on bond issue

BURLEY — The City Council will try again to pass a bond issue. The new election will be Feb. 6.

IDAHO/WEST



Honolulu officer hurt during Bush visit dies

HONOLULU — A Honolulu motorcycle officer injured last week while escorting President Bush in the Islands died Sunday, police said. Steve Favela, 30, and two other officers crashed their cycles as the presidential motorcade was traveling across Hickam Air Force Base to meet troops for breakfast early Tuesday.

Ranchers support Crapo wilderness plan

BOISE — The Idaho Cattle Association has come out in support of U.S. Sen. Mike Crapo's proposal to designate new wilderness in southwestern Idaho's Owyhee canyonlands.

Kootenai flood 'could have been prevented'

KALISPELL, Mont. — Flooding that caused some \$10 million in crop damage along the Kootenai River in Idaho could have been prevented had the Army Corps of Engineers followed protocol for releasing water from Libby Dam.

INL workers seal huge storage basins

IDAHO FALLS — Workers at the Idaho National Laboratory have filled huge storage basins with about 6,500 cubic yards of gravel to seal them and prevent radioactive pollution from leaking out.

OBITUARIES

Craig H. Neilson, 65; Sharon R. McKee, 66

NATION/WORLD

Iraqi leaders try to halt sectarian violence

BAGHDAD, Iraq — Sunni, Shiite and Kurdish leaders called on Sunday for an end to Iraq's sectarian conflict and vowed to track down those responsible for the war's deadliest attack.

British minister lashes out at Putin

LONDON — A British Cabinet minister accused Russian President Vladimir Putin of attacks on individual liberty and democracy.

Bush plans week of high-stakes diplomacy

WASHINGTON — President Bush reaches out to allies this week for help in quelling violence in Iraq and Afghanistan and demonstrating support from a Baltic summit of NATO partners.

Thousands denounce papal visit to Turkey

ISTANBUL, Turkey — Tens of thousands of protesters denounced Pope Benedict XVI as an enemy of Islam at a transgender rally.

TV first transgender character on soap

NEW YORK — In a story unusual even for a soap opera and believed to be a television first, ABC's 'All My Children' this week will introduce a transgender character who is beginning to make the transition from a man into a woman.

SPORTS



USC takes No. 2 spot; BSU makes Top 10

NEW YORK — The USC Trojans advanced one spot to overtake Michigan in The Associated Press Top 25 on Sunday, a day after their 44-24 victory over Notre Dame.

Patriots hand Bears second loss of season

FOXBOROUGH, Mass. — The New England Patriots finally quit stopping them. After New England turned the ball over three times inside the Chicago 20-yard line, tight end Benjamin Watson hung onto it when Tom Brady's 2-yard pass found him in the end zone.

Idaho Vandals fall to Gonzaga, 76-51

SPOKANE, Wash. — Derek Raiivo scored 24 points and Josh Heyweil added 16 points and 11 rebounds as Gonzaga beat Idaho 76-51 on Sunday afternoon.



Times-News

Subscription and contact information for Times-News, including phone numbers, website, and address.

Fees

Continued from page A1

"The smart communities will leverage the impact fees to buy a more money," Nelson said. "Impact fees are a way — not the only way but a simple way — to sustain infrastructure quality."

Two weeks ago, the City Council listened to a presentation by a group hoping to do an impact-fee study for Twin Falls. It includes Thomas Pippin of BBC Research & Consulting in Denver, Anne Westcott of Galena Consulting in Boise and JoAnn C. Butler of the Boise law firm Spink Butler.

The study would be in two phases. Phase 1, which would cost \$7,500, would determine whether impact fees are the best way to pay for growth. Phase 2 would be the study itself, with a goal of calculating impact-fee recommendations.

Aside from impact fees, options include raising taxes, passing bonds or having developers and cities negotiate on each deal, like building parks or other amenities for the city, which it practices in Twin Falls and most of the country.

"The more you can do those things, the lower the fee, and in some cases, you can eliminate them," Nelson said. "Impact fees become a kind of last resort."

Councilman David Johnson, who requested the presentation, supports the adoption of impact fees.

"I think Twin Falls is a little

bit behind the curve in accommodating the growth," he said. "The purpose of impact fees is pretty much what it says — to make sure the impact of growth doesn't diminish the level of service in your community. It's structured in a way so that we don't digress."

Money meets development

Not all capital costs are included with the possible impact fees in Twin Falls. Repairing or replacing current facilities at the city level, but some money can be used for "betterment" — like redoing existing roads.

The construction industry has traditionally been opposed to impact fees for various reasons, primarily because builders bear the financial burden.

"I think we should be supportive of alternatives to impact fees," said Cristofini. Gonzales executive director of The Magic Valley Builders Association. "Cities need infrastructure and builders understand that and there are definitely other opportunities and other ways of financing infrastructure besides impact fees."

Despite the use of studies, and precise calculations, the fees are decided by politics because the real estate industry is basically responsible for economic growth, Leinberger said.

"It's not just a prediction, it's not a science, it involves politics and when you're in politics, you have to fight,"

Leinberger said. "(Developers) all got used to it and now the rules are changing. They aren't going to be happy... (Those in the real estate industry) provide the political lubricant to the elected officials, i.e. money."

So far, most Magic Valley developers have been slow to outright oppose possible impact fees.

Brad Willis of Willis Inc. in Twin Falls was unsure because the study has yet to be done and the city's growth is so recent — in 2006, 168 residence permits were issued in 2005, 664 were issued.

"Impact fees are used all over the country," Willis said. "It's a given they're going to be here. It's just a matter of when the city is really going to need them."

David Johnson, the city councilman, said he understands real estate development is responsible for a lot of the growth.

"To me, impact fees are the most fair way to do it," he said. "The good news is we're growing and the bad news is we're growing."

A long-term impact

Experts agree and studies have shown impact fees not only maintain quality of infrastructure, but also in the long run improve the community's overall economic development.

Nelson recommends phasing in impact fees over a year to allow developers to adjust.

Jeff Gooding, the developer, questioned if the fees will be low enough for companies — and jobs — to remain in Twin Falls and how economic development will be affected, but experts say the fees spur economic growth and any travel by the developers is market-driven.

"(Developers) might say one thing but the bottom line is they know where the markets are," Nelson said. "My sense is that developers really operate in the markets that give them the sales they need. If it doesn't have impact fees, it's not growing and there's no infrastructure."

Nelson said that while impact fees might be burdensome to developers, first, they reflect a commitment from the government that economic development is a priority — which might not be the same sentiment in fee-free areas.

"If you can't generate the money to build the road and water and sewer lines and build the schools and parks, you're not going to get economic development," he said. "Impact fees may reduce risk for developers by giving them a reasonably predictable supply of buildable land, studies have found. The impact fees are ultimately reflected in the price of the home and as a result lower the price of land."

"What developers do like about impact fees is it takes a lot of uncertainty out of the system so you know what the rules are," Leinberger said.

"They get a better handle on the costs in the long run."

Times-News reporter Jared S. Hopkins can be reached at 732-3204 or jhopkins@magicvalley.com.

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Happiness

Continued from page A1

As two researchers put it in 1996, "It may be that trying to be happier is as futile as trying to be taller." But recent long-term studies have revealed that the happiness thermostat is more malleable than the popular theory maintained, at least in its extreme form. "Set-point is destiny," says psychologist Ed Diener of the University of Illinois.

One new study showing change in happiness levels follows thousands of Germans for 17 years. It found that about a quarter changed significantly over that time in their basic level of satisfaction with life. (That's a popular happiness measure some studies sample how one feels through the day instead.) Nearly a tenth of the German participants changed by three points or more on a 10-point scale.

Other studies show an effect of specific life events, though of course the results are averages and can't predict what will happen to particular individuals. Results show long-lasting happiness, as measured with events like serious disability, divorce, widowhood, and getting laid off.

The boost from getting married, on the other hand, seems to dissipate after about two years, says psychologist Richard E. Lucas of Michigan State University.

What about the joys of having children? Parents recall those years with fondness, but studies show childrearing takes a toll on marital satisfaction, Harvard psychologist Daniel Gilbert notes in his recent book, "Stumbling on Happiness." Parents gain in satisfaction as their kids leave home, he said.

"Despite what we read in the popular press," he writes, "the only known symptom of an empty nest syndrome is increased smiling."

Gilbert says people are awful at predicting what will make them happy. Yet, Lucas says,

"most people are happy most of the time." That is, in a group of people who have reasonably good health and income, most will probably rate a 7.5 or so on a happiness scale of zero to 10, he says.

Still, many people want to be happier. What can they do? That's where research by prabensky, Seligman and others comes in.

The think-of-three-good-things exercise that Miller, the motivational speaker, found so simplistic, at first is among those being tested by Seligman's group at the University of Pennsylvania.

People keep doing it on their own because it's immediately rewarding, said Seligman colleague Acacia Parks. It makes people focus more on good things that happen, which might otherwise be forgotten because of daily disappointments, she said.

Miller said the exercise made her notice more good things in her day, and that now she routinely lists 10 or 20 of them rather than just three.

A second approach that has shown promise in Seligman's group has people discover their personal strengths through a specialized questionnaire and choose the five most prominent ones. Then every day for a week, they are to apply one or more of their strengths in a new way.

Strengths include things like the ability to find humor or summer enthusiasts, appreciation of beauty, curiosity and love of learning.

Travelers

Continued from page A1

Yet travelers across most of the nation had dry and relatively mild weather for their drives and flights home. Airports in Boston, Chicago, Dallas, Columbus and Cincinnati reported no major problems or delays.

At midday, "On Time" flights next to most flight numbers on departure boards at Hartsfield-Jackson Atlanta International and security checkpoint lines took less than 10 minutes.

"They're in a pretty happy mood," Bobby Anderson, a 73-year-old shoe shiner, said while watching the largely relaxed crowd at the world's busiest airport.

More than 290,000 travelers were expected to go through the Atlanta airport Sunday.

At Los Angeles International Airport, about 75 members of a city union protested for renewed contract negotiations.

Nearly all flights into and out of San Francisco International Airport were on time Saturday morning, but by early afternoon the airport reported an average 46-minute delay for all inbound and outbound domestic and Canadian flights.

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Financial Lesson of the Week
Brought to You by **Edward Jones**
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Giving Financial Gifts? Know the Rules

The holidays are approaching rapidly, so shopping may be on your mind. Of course, you can find many different types of thoughtful presents that will "make the day" of your loved ones. But why not give a gift that can brighten their entire future? Specifically, why not give a financial gift that has long-term benefits?

Before you give shares of stock or other financial assets, however, you might want to brush up on some of the rules governing financial gift giving.

Understanding gift taxes
When you give someone a "typical" holiday present — clothing, electronics, books, gift certificates, etc. — you normally don't have to worry about any taxes, except sales tax. But if you want to give away stock or other securities, you will have to consider "gift tax" rules, which are basically designed to prevent people from removing most of the assets from their taxable estates through large gifts.

However, gift tax rules are, for most people, quite generous. Consider the following:

- You can give up to \$12,000 to an individual in a tax year without facing any tax consequences. In fact, you can make \$12,000 gifts to as many different people as you'd like in a tax year without incurring gift taxes.
- You can give your spouse a gift of any amount without facing gift taxes.
- You and your spouse can each give the same individual \$12,000, for a total of \$24,000, gift-tax free.

Giving Stocks? Do Your Homework
If you decide to give stocks, you have to keep a few things in mind. Make sure you know what you originally paid for the stock (its "tax basis"), how long you've held it and its fair market value at the date of the gift. The recipients will need this information to determine gains or losses if they decide to sell the stock you've given them.

Both you and your loved ones can gain valuable tax advantages from your gift of stock. When you gave your shares of stock, you also gave away your "holding period" — the amount of time you've held the stock. So, even if the recipients own the stock only a day or so before selling it, they'll just have to pay the long-term capital gains tax rate, which may be considerably lower than their current income tax rate. And by giving shares of stock, you also will benefit — because you'll avoid the capital gains taxes you'd have to pay if you sold the stock yourself. Before taking any action, though, consult with your tax adviser.

Gifts for IRAs
You don't have to actually give stocks to help your intended recipients make progress toward their financial goals. As an alternative, consider giving your loved ones money to add more shares of stock (or bonds or other investments) to an IRA. For 2006, investors can put up to \$4,000 in a Roth or traditional IRA (or \$5,000 if they are 50 or older). If your intended recipients have fully funded their IRAs for 2006, they can apply your gift for 2007, for which the contribution limit is the same.

Long-lasting Gifts
The holidays are only here for a short while — but your financial gifts to your loved ones can make a difference in their lives for years to come.

Questions:
(1) True or False — You can give an individual a gift of up to \$12,000, and your spouse any amount with out facing tax consequences. (2) True or False — If you give a gift of stock, you need to know what you originally paid for the stock.

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Burley man loved seeing success in all

By Jami Whited
Times-News correspondent

BURLEY — Truman Bradley, a man who spent most of his life helping others succeed, died Nov. 20.

He was 84.

While serving in the Air Force, where he flew B-17s and B-24s and trained pilots, he married his high school sweetheart, Elizabeth Haven.

After settling in Burley, Truman succeeded in insurance and real estate sales, always upholding the principle of serving customers well. He also was a founding member of Land Title & Escrow, a business he took great pride in.

"His biggest thing was customer service," said his son, Dave Bradley. "He absolutely

loved that town and the people in it.

The betterment of Burley was something Truman took to heart. He served on a variety of boards and organizations including the Chamber of Commerce, Burley Development Corporation and the Idaho Real Estate Commission. He was also a dedicated member of the Burley Lions Club.

"He was very active in turning out projects and was always looking for new projects and then participated in those as well," said fellow member Kent Fletcher. "He was an all-around great guy and great community supporter."

Dave said Truman always wanted the best for everybody and one way he saw to help

others was to have growth in the community.

"He worked fearlessly on trying to get more businesses in Burley that would create more jobs," Dave said. "He thought a thriving community would benefit everybody."

Truman was there when people needed him and that went a long way with his customers, acquaintances and friends.

"If he saw a need, he addressed it," Fletcher said. "I think that's one of the reasons he was so involved in the City Council and community in general, because he was good at identifying what the community needed."

Truman's "happy-go-lucky" personality and pleasant demeanor also made him an

Truman Bradley

alife remembered

Born: June 3, 1922
Died: Nov. 20, 2006
Survivors: Son, Dave (Trudy); grandchildren Amanda (Josh) Lewis and Travis (Tawny) Bradley; great-grandchildren Justin and Brooklyn; brother Carrel F. (Helen) Bradley; sister-in-law Thelma Bradley; and brother-in-law Graham Daven. Memorial: Funeral at 11 a.m. today at the Burley First Presbyterian Church, 2100 Burton Ave.

easy person to get along with. "I think that his demeanor and his desire to be of service was not only to his clients and his customers but to mankind in general," said friend Newel A. Nelson.

Aside from a good sense of humor and being definite in

his opinions, neighbor and friend Jeanie Snow said Truman loved being with people and was kind of a caretaker for the neighborhood.

Truman and his wife were what neighbors should be, she said. He also was always interest-

ed in new construction in the community.

"He loved going out and riding around the countryside, checking out new developments and seeing what was going on," she said. "He was an extremely concerned citizen."

"I think he believed in the principle that you've got to give something to anything that you're a part of and he was definitely part of the community and wanted to do his share to help (it) grow and be prosperous and be a good place to live," Nelson said. "I think it was just part of his nature to be a good person."

To contact correspondent Jami Whited, e-mail her at jwhited@cableone.net.

Burley council to try again for power bond

Councilman says public needed to be better informed

By Sven Berg
For the Times-News

BURLEY — The City Council unanimously approved an ordinance last week to hold a second bond election to allow the city to invest in Intermountain Power Project Unit 3 (IPP3), a coal-fired power plant proposed in west-central Utah.

The election has been set for Feb. 6 at City Hall.

An identical measure fell short of a two-thirds majority by 37 votes on Nov. 7, but city officials said they believed the public was not sufficiently informed about the issue when voting.

"We need to do a better job of education. That's for sure," Councilman Doug Manning said.

If the measure passes, the plant would provide Burley with 10 megawatts of power at a rate of 3.7 cents per kilowatt hour plus transportation costs, starting in 2013.

Currently, Bonneville Power Administration supplies all of Burley's power on a "Tier 1" status, a rate of 3.2 cents per kilowatt hour. But according to BPA projections, Burley's energy demands in 2012 will exceed the amount of Tier 1 energy BPA can supply. Any extra power the city buys from BPA at that point would be sold at market rates, which are projected between 5 and 6 cents per kilowatt hour and could go as high as 40 cents per kilowatt hour.

Supporters of the measure say that a reliable, inexpensive energy supply is necessary if Burley wants to grow. The city would be committed to buying all 10 megawatts, but any surplus could be resold at market rates to Utah Associated Municipal Power Systems, the company in charge of IPP3's construction.

UAMPMS will begin building the plant in February, leaving Burley little time to prepare an election.

"We still have an opportunity to secure that for our needs, but we need to move quickly," City Administrator Mark Mitton said.

Continuing the tradition



Bart Huhls, left, and Dale Metzger test the sound system Sunday at the first of four Christmas in the Park events.

Kiwanis takes over annual Christmas program

By Joshua Palmer
Times-News writer

TWIN FALLS — A Christmas tradition is not something that's easily forgotten. So it was an easy decision to make when Soroptimist International of Twin Falls asked the Kiwanis Club of Twin Falls to take over the annual Christmas in the Park program.

The Soroptimists organized the lighting of the trees and entertainment for more than 20 years, but after facing some organizational challenges the group called on the Kiwanis to continue the tradition.

After 22 years, the annual Christmas in the Park program has become a community event to sing in the holiday season.

But like most holiday festivities, the program requires a lot of time and energy to put together.

"We're trying not to make it a challenge," said Trent Stimpson, chairman of the program. "But some things are not easy, like putting the lights on the trees and seeing that every light works."

Dennis Bowyer, director of the Twin Falls Parks and Recreation Department, said each of the more than 5,000 light bulbs has to be checked before they are hung on the trees.

"It's not an easy thing to do," he said.

Christmas in the Park

When: 5 p.m., each Sunday through Dec. 17
Where: Twin Falls City Park
What: Music from local performers as well as spoken word from clergy to celebrate the Christmas holiday.

"I remember one lady from the Soroptimists who would do the whole thing herself."

But fortunately, there has always been someone to pick up where others have left off.

On Sunday, that baton was passed to Stimpson as Bowyer showed him how to set up the microphones, stage lights and sound system.

"It's funny because I'm used to the Soroptimists knowing how to do everything," Bowyer said as he handed the microphone to Stimpson.

Over the years, the program has been supported entirely by local groups and community members.

The Nativity scene, which was imported from Italy, as well as the electrical connections that make it possible to light each tree in the park, were all donated.

"It's one of the things that makes Twin Falls unique," Bowyer said. "It's the businesses and community that

"This is a community event, and community is what Kiwanis is all about. After 22 years, we didn't want to see it die."

— Trent Stimpson, chairman of the Christmas in the Park program

come together to make it all possible."

Besides the decorations, the Kiwanis also are responsible for organizing the entertainment that will perform each Sunday for the next four weeks — and that's not a small task. Stimpson said he was nervous about organizing the program because he wants to ensure that the program is similar to programs in the past.

So why would anyone want to take on the responsibility?

"This is a community event, and community is what Kiwanis is all about," Stimpson said. "After 22 years, we didn't want to see it die."

Times-News writer Joshua Palmer covers education. He can be reached at jpalmer@magicvalley.com or at (208) 420-0526.

Area road projects continue

U.S. 93 T.E. Alternate should be complete by mid-December

SHOSHONE — Following is the south-central Idaho highway construction report for this week:

- U.S. 93 Twin Falls Alternate Route Stage 1: Construction on the U.S. 93 Twin Falls Alternate Route from Washington Street to Blue Lakes Boulevard continues.

Over the next few weeks, construction crews will finish the raised concrete medians, landscaping and striping the road. Some lane reductions and short delays can be expected. Truck drivers are encouraged to use Blue Lakes Boulevard to Addison Avenue.

The U.S. 93 Twin Falls Alternate Route Stage 1 project is expected to be complete by mid-December.

- Idaho 75, Basin Creek Bridge: Crews are replacing the Basin Creek Bridge on Idaho 75 (milepost 197), seven miles north of Stanley.

Traffic is reduced from two lanes to one, controlled by a temporary traffic signal. The speed limit is reduced to 35 mph, and delays of up to 10 minutes should be expected. Vehicles are limited to a maximum width of 11 feet in the work zone.

- Idaho 24, Milner Gooding Canal Bridge: Crews continue work on the Milner Gooding Canal Bridge on Idaho 24 (milepost 65) west of Dietrich.

One-way traffic is currently detoured around the bridge, guided by a temporary traffic signal. Motorists should expect delays of up to 15 minutes.

Vehicles are limited to a maximum width of 16 feet through the construction zone, and the speed limit is reduced to 35 mph.

Memories of Zimba: Special cat comforted the dying

By Jared DuBach
For the Times-News

ELKO — Some cats have nine lives. Zimba has hundreds. The hospice cat lives on in the lives of the people he touched.

While the death of a beloved pet isn't necessarily a news item, Zimba's case is a little bit different.

From the day he came into Elk resident Jorinda Macgillivray's life in August 1995, she knew something was

different about him. She said he seemed to have an ability to bring comfort to those around him, especially those experiencing distress or grief.

Zimba, who died Nov. 9, was what Macgillivray refers to as a hospice cat, or a cat who comforts people in nursing homes and hospices.

He was a regular presence at Horizon Hospice until about two years ago when Macgillivray began to have medical problems of her own.

In one instance, Macgillivray recalls Zimba's first meeting with a woman dying from lung cancer. Upon first meeting her, Zimba immediately put his paws on her chest, closed his eyes and produced a deep purr.

Afterward, the woman said she felt much better and after several visits with Zimba, started to improve, at least emotionally until her death.

When Zimba died, an autopsy showed he had an enlarged heart and had 11/2 pints of fluid in his lungs.

Essentially, Zimba's heart had given out. He lived 11 years with Macgillivray, and his life had a dramatic effect on numerous people.

Macgillivray said Zimba taught her a valuable lesson.

"One of the things he taught me through his death is to be present in every moment with whatever I'm doing," Macgillivray said. "Once you've lost that moment, you've lost it."

Snowpack Levels

Seasonal Watershed	percentage	peak	As of Nov. 26
Salmon	78%	14%	
Big Wood	73%	13%	
Little Wood	61%	10%	
Big Lost	56%	9%	
Little Lost	49%	9%	
Henry's Fork/Teton	72%	13%	
Upper Snake Basin	80%	15%	
Oakley	122%	17%	
Salmon Falls	86%	14%	

* A comparison of basin snowpack on this day with a 30-year average.
** An indicator of basin snowpack for the entire snow season, which peaks in spring.

OBITUARIES/IDAHO

Sharon R. McKee

GLENN'S FERRY — Sharon R. McKee left this world to be with her cherished husband, E. H. McKee, on Thursday, Nov. 23, 2006, after a courageous battle with cancer.

A viewing will be held at Rost Funeral Home, McMurtrey Chapel in Mountain Home, on Tuesday, Nov. 28, from 4 p.m. to 6 p.m. A funeral service will be held at the Glenns Ferry VFW Hall on Wednesday, Nov. 29, at 11 a.m. and burial will follow at Glenn Rest Cemetery in Glenns Ferry.

Sharon left this world with the same fight and vigor in which she entered the world. Sharon was born to Donald E. and Maxine M. Haskin in Moscow, Idaho, on Sept. 19, 1940. She was a loving child and was destined to be a mother. She proved that to her parents by promptly moving her nine-month-old baby brother, Jerry Jim, into her bedroom, announcing she would be his mother. Sharon carried that same passion and love for people throughout her life.

She attended elementary school at Emerson and high school at Rogers in Spokane, Wash. She was active in basketball during her high school years. She graduated in 1959 and worked at the Bon Marche for a short period of time until she married Guy Russell Shaw in August of 1959. They lived in Spokane and moved to Downey, Idaho, in 1960. Two wonderful children were born to this union. Ted Russell and Kimber Lee Shaw.

Sharon, Guy and their children settled in Glenns Ferry in 1968. Sharon worked at Southside, the Mure, and spent 25-plus years serving the residents of Glenns Ferry at Pioneer Federal Credit Union. She was active in the

Women of the Moose, Beta Sigma Phi, and belonged to several bowling and pool leagues. She was preceded in death by Guy Russell Shaw in June 1979. She worked hard to provide for her family during that time and worked multiple jobs.

She met E.H. "Mac" McKee in early 1983. They immediately fell in love and they were married in August 1983. Sharon would say of her 17 most wonderful years of her life were spent with "Mac" and they were inseparable. Even when they went to work, they were a great team. With "Mac," she was able to finally enjoy a true vacation and together they loved to attend Boise State football games.

"Mac" passed away in October 1999, leaving a huge void in Sharon's life. Sharon's hobbies included yard work, watching Boise State football and playing pool. She was also an accomplished seamstress and she enjoyed crocheting and knitting. She had many wonderful gifts for her friends.

Sharon was preceded in death by an infant son, two brothers, her parents and her beloved "Mac."

Sharon was survived by her daughter, Kimber Shaw of Boise; son, Tad R. Shaw of Twin Falls; grandson, Rusty Shaw of Twin Falls; and many, many friends.

Sharon led a fairly quiet life and didn't do many public things, but impacted people with her caring and compassion, even when she did not realize it. She loved her friends dearly and cherished the time she had with them.

In lieu of flowers, memorials can be made to the Chase Swenson and Glenn Sellers Memorial Fund, Pioneer Federal Credit Union, 250 W. Third S., Mountain Home, ID 83617.

Arrangements are under the direction of Rost Funeral Home, McMurtrey Chapel in Mountain Home.

Craig H. Neilsen

LAS VEGAS — It is with great sorrow and loss that the family of Craig H. Neilsen announces his passing on Sunday, Nov. 19, 2006, in Las Vegas, Nev. He was Chairman and Chief Executive Officer of Ameristar Casinos, owner of Neilsen & Company and founder of The Craig H. Neilsen Foundation.



Craig Hart Neilsen was born in 1941 in Logan, Utah, and moved with his family to Twin Falls, Idaho, as a child. Following graduation from Twin Falls High School, he earned a bachelor's degree in political science at Utah State University, then went on to complete his master's in business administration at the University of Utah.

Shortly after that, he joined his father, Ray L. Neilsen, in his construction and real estate development firm in Twin Falls. Tragically, after only one year, Ray L. Neilsen passed away suddenly. At that time, Craig started Neilsen & Company, which soon became the largest and most successful construction and real estate development company. Neilsen & Company was responsible for the construction of many of the city's major buildings, as well as the renovation of the Lynwood Shopping Center and creating the Breckenridge residential subdivision. Most recently, Neilsen & Company has been involved with the upscale Canyon Park lifestyle center. Future development plans at Canyon Park include a hotel and convention center.

Through his father's estate, the family held one-third interest in Cactus Petes and The Horseshoe casinos. At first, the family was a passive investor; however, in the early 1980s, Craig became more involved in casino operations, and the entrepreneur in him envisioned the two properties becoming major resorts. That vision started to become a reality shortly after Craig became president of Cactus Petes, Inc. in 1984.

In early November 1985, as Craig was driving to Twin Falls from Jackson, he was involved in a serious car accident that left him paralyzed. By mid-1986, he was back on the job — if possible, with even more determination than ever. In 1993, he took the Company public to help fuel his growth.

Since that time, Ameristar has expanded outside of Nevada to five other properties in four additional states, and truly has established a reputation as a premier gaming entertainment company.

Another important part of Craig's legacy was his wonderful generosity and community spirit. He established the Craig H. Neilsen Foundation in 2003, and since then has contributed millions of dollars, primarily toward spinal cord injury research at the nation's leading institutions. In addition, he led the way for the Company's charitable giving programs, and supported its workplace giving program through matches both from the Company and his Foundation.

In 2002, he was honored as "Best Performing CEO" by the American Business Gaming Association, and in 2003 he was inducted into the American Gaming Association's Gaming Hall of Fame. In 2006, he was named Outstanding Business Leader by the Bioniconic Fund to Cure Paralysis. Craig also served on the Board of Directors of the American Gaming Association.

Everyone who knew Craig respected him tremendously as a business leader with inexhaustible passion for Ameristar. He was an entrepreneur with an impact on the lives of so many others through his generosity and community spirit.

Craig is the son of the late Ray Neilsen and Gwen Hart Neilsen Amerson. He is survived by his son, Ray (Nancy) Neilsen; and stepdaughters, Jaime Stam and Amanda (Howard) Byrd.

A viewing will be held Nov. 28 from noon to 7 p.m. at Palm Mortuaries and Cemeteries, 6701 N. Jones Blvd., Las Vegas. On Nov. 29, there will be a public celebration of Craig's life and reception at 4 p.m. in the Mandalay Bay Convention Center, Ballroom E. Funeral and burial services will be private.

The family requests that in lieu of flowers, memorials be made to The Craig H. Neilsen Foundation, 550 Blue Lakes Blvd. N., Twin Falls, ID 83301-4033. Atttn: Tributes or to the St. Alphonsus Foundation, 1070 N. Curtis Road, Suite 240, Boise, ID 83706.

Spanish cycling champion dies after crash Saturday

BRUSSELS, Belgium (AP) — World track cycling champion Isaac Galvez of Spain, a runner-up in a Tour de France stage last summer, died after crashing during a six-day track race in Ghent. He was 31.

Galvez died Saturday night after crashing against the railing during the next-to-last day of the Madison competition, event organizer Rob Discart said. Galvez, who was elected for the Calse d'Epargne team, was pronounced dead on arrival at the hospital. Discart told VRT radio.

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COME ONE, COME ALL. Mike and Marlene Parke and the staff of Parkes Magic Valley Funeral Home respectfully request your presence at the Ninth Annual Lighting of the Memorial Christmas Tree Saturday, December 16, 2006 - 7:00 P.M. Parkes Magic Valley Funeral Home 2551 Kimberly Road, Twin Falls, ID (208) 735-0011

PATIENT SPOTLIGHT

"Don't wait any longer - I urge you to call them now!" -Merle Stoddard, Twin Falls

Now Celebrating Our 20th Anniversary! WIDEX PROFESSIONAL HEARING AIDS. Free Holiday Center Place with every demo this week! Fritz Kippes, H.I.S. Hearing Instrument Specialist. Twin Falls 734-2900 678-7600. 260 Falls Ave. 1301 E. 16th Suite A Suite 103. Across from CSI Inside Farmers Insurance. Honest Service • Reasonably Priced Hearing Aids Complete Hearing Healthcare

SERVICES

Catherine Laughlin of Twin Falls, celebration of life at 11 a.m. today at Reynolds Funeral Chapel, 2466 Addison Ave. E. in Twin Falls.

Truman Bradley of Burley, funeral at 11 a.m. today at the Burley First Presbyterian Church, 2100 Burton Ave. (Rasmussen Funeral Home in Burley).

Marlon Jensen Kyle of Jerome, funeral at 1 p.m. today at Farnsworth Mortuary Chapel, 1343 S. Lincoln in Jerome.

Doris "Maxine" Meyer of Jerome, memorial service at 2 p.m. today at the Howe-Robertson Funeral Chapel in Jerome.

in Jerome.

Ruth Anderson Walters of Boise, celebration of life at 2 p.m. Tuesday at Cloverdale Funeral Home, 1200 N. Cloverdale Road in Boise; viewing from 6 to 8 p.m. today at the funeral home.

Rosa Elizabeth Nelson Trenz, formerly of Burley, viewing for family and friends from 9 to 9:45 a.m. Saturday at the Hansen Mortuary Burley Chapel.

Robert D. Rigen of Halley, celebration of life at 11 a.m. Saturday at St. Charles Catholic Church in Halley (Wood River Chapel in Halley).

For obituary rates and information, call 735-3266 Monday through Saturday. Deadline is 3 p.m. for next-day publication. The e-mail address for obituaries is obits@magvalley.com. Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magvalley.com and click on "Obituaries."

DEATH NOTICES

Lula Mae Freeborn. TWIN FALLS — Lula Mae Freeborn, 78, of Twin Falls, passed away Sunday Nov. 26, 2006, at St. Luke's Magic Valley Regional Medical Center. Funeral arrangements will be announced by White Mortuary "Chapel by the Park."

Lyle W. MacNicoll. BUHL — Lyle W. MacNicoll, of Buhl, passed away Nov. 26,

2006 at his home in Buhl. Arrangements are pending and will be announced by Farmer Funeral Chapel of Buhl.

Edward Kelly. BUHL — Edward Kelly, of Buhl, passed away Nov. 26, 2006, at Snake River Rehabilitation Center in Buhl. Arrangements are pending and will be announced by Farmer Funeral Chapel of Buhl.

IDAHO'S UNIVERSITY PRESIDENTS

Vailas brings medical background to ISU

By Jesse Harlan Alderman Associated Press writer

Idaho State, Vailas, 55, says Pocatello feels like home. "New Hampshire is a lot warmer like Idaho," he said in his first floor office overlooking Idaho State's tree-lined quad. "It very much reminds me of home. It's beautiful. The people are great. The values here and it's much better climate than New England." Vailas (pronounced VAY-less) was chosen from a nationwide pool of candidates largely on the back of his medical credentials. Idaho State was chartered with the state's health science mission, meaning the school focuses on nursing, dentistry, pharmacology and other medical fields. One of two post-medical school residency programs in Idaho is based at the university. Administrators are pushing for the legislature to consider boosting medical training at Idaho State with the hope that the state will someday build Idaho's first medical school in Pocatello. To many, Vailas

medical background brings gravitas to the campaign. Vailas has diverse background in medicine — in Valley Regional Medical Center, an expert on weightlessness at NASA; a professor of physiology at University of California-Los Angeles; and a vice chancellor at the University of Houston where he oversaw the 68,000-student school's hospital affiliations. "I know that background was an attraction, but as to the magnitude, I couldn't say," he said. Vailas concedes that starting a medical school is not as simple as buying stethoscopes and adding a few classrooms. First, the school needs to groom research faculty, expand residency programs and bolster partnerships with state hospitals. Vailas is asking the

legislature to pay for a feasibility study to determine the costs of laying that infrastructure.

POCATELLO — Without knowing that Arthur Vailas is a former NASA researcher and National Institute of Health fellow, Pocatello residents would be forgiven if they thought the new president of Idaho State University got off at the wrong stop on the Union Pacific train running through town. The son of Greek immigrants who arrived in textile mills on the Merrimack River in Manchester, N.H., Vailas is a first generation American and high school graduate. He was delivered with more than a trace of the famous New England accent. But after four months at

Quality Anyone? FREE HEARING EVALUATION. Call Today! 760-7600. 260 Falls Ave., Twin Falls (Across from CSI) 878-7600. 1301 E. 16th St. Burley (Snake River Insurance Bldg.)

OTHER VIEWS

What's needed in successor to retiring wildlife director?

Idaho State Journal (Pocatello)

Steve Huffaker is retiring as director of the Idaho Department of Fish and Game to generally positive assessments of his five-year tenure. Fish and Game Commission Chairman Camen Wheeler, of Hirtle, is quoted: "Steve took the reins of the department at a very difficult time."

"He changed the attitude of the employees in the department and re-established positive working relationships with sportsmen's groups and farmers and

ranchers throughout the state." Those people skills are important, especially given the stormy relationship which two previous directors experienced with legislators and sportsmen's groups. But it seems fair to ask if Idaho's wildlife, especially big game and trout and salmon fisheries, are in better shape than they were five years ago.

Deer and elk hunters especially might say that is not the case. Whether the director bears direct responsibility for expanding the number of game animals is arguable; certainly Huffaker can take credit for overseeing the popular Access

Yes! program that pays private landowners who allow hunting and fishing on their property. And the department also implemented programs to improve habitat and populations of mule deer and pheasants.

But is Idaho doing everything possible to enhance opportunities for hunters, and especially trout fishermen? Other states such as Montana have recognized the large economic benefits of having terrific outdoors resources.

Wheeler says Fish and Game commissioners will be looking for a director who has a background in both fisheries and wildlife, as well as experience managing

employees. That is important, but outdoorsmen would like also to find an individual committed to job one — maximizing opportunities for hunting and fishing.

"We want to find somebody who can build up what we already have and take it even beyond," Wheeler says. Amten to that.

It's significant that the department has an annual budget of about \$74 million, none of it paid by Idaho taxpayers, and 535 full-time employees.

That ought to be enough for a first-class operation, with another first-class director in charge.

If Bush won't act, why not let Pelosi go ahead?

Memo From: Spikaker of the House Nancy Pelosi.
To: President Hu Jintao of China.



THOMAS FRIEDMAN

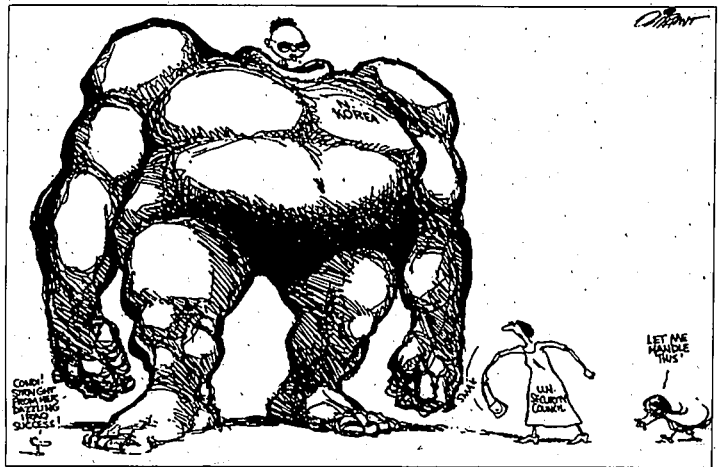
Dear President Hu: I am sure you thought that your first letter from me would be about trade and human rights. These issues still animate my party. But I'm convinced that we have a better chance of making progress on them if we can first build a partnership to address the urgent issues of energy and climate change, which affect us both.

President Hu, President Bush promised the world when he spurned the Kyoto Protocols that he would offer an alternative. He never did. So I will. I want to propose a "New Shanghai Communiqué." The 1972 Shanghai Communiqué fogged an understanding between China and the U.S. to defuse the most destabilizing issue of that day: the struggle over Taiwan. The New Shanghai Communiqué would defuse the most destabilizing issue of our day: the world's unsustainable appetite for energy.

What should a New Shanghai Communiqué include? First, China has committed to a 20 percent reduction in energy consumption for every 1 percent of GDP growth by 2010 — a courageous commitment that Mr. Bush has also failed to meet. I will see you and raise you. I am going to propose that the U.S. as a whole match the 4 percent annual improvement in energy efficiency already undertaken by California. That would mean at least a 25 percent improvement by 2012.

China has also just imposed a national renewable energy requirement, setting a target of generating 10 percent of its energy from renewables — wind, hydro, solar power and biofuels — by 2020. I will see you and raise you again. I want to require our power grid operators to purchase 20 percent of their energy from environmentally sound renewables by 2020.

President Hu, if we can hit these targets we would put our countries — the two largest emitters of carbon dioxide — on a much more sustainable growth path and set an example that would change the world. We would create less dependence on despotic oil states, encourage everyone to use energy efficiently and climate friendly, and create more room in the energy market for big emerging economies, like China, to grow without competing head-on with America for oil and gas. Instead of fighting over a shrinking pie of fossil fuels, let's create a huge new energy pie — from renewables and efficiency savings.



the 21st century. We have some great technologies. You have \$1 trillion in reserves because of your trade surplus with us. Nothing would improve China's standing in America more than using its reserves, as Japan did, to create good U.S. jobs and profits for Chinese companies — all while advancing the clean power industry.

Third, I propose we send over a "Green Corps" of U.S. engineers to travel across China and demonstrate something many Chinese officials do not understand: being

green is profitable. Too many of your local officials think green is a luxury you can't afford. You will never break out of your cycle of environmental degradation until those officials understand that pollution is wasted energy and wasted money. Our best companies, like GE and DuPont, consistently find that operating "green" costs much less than they anticipate and saves much more.

President Hu, we both know that the millions of cars now choking your streets are only the beginning. Your biggest

concern is the 800 million Chinese living in the countryside, who need transportation to better their lives but who can't afford even the cheapest car. Every year they buy more than 30 million motorcycles and farm vehicles, which have the advantage of being cheap but which use the most rudimentary, polluting motors — blackening your skies.

We need to bring our U.S. engineers, who know how to clean up small engines, together with your manufacturers, who know how to mass produce them cheaply, to

force companies that will not only clean up the air in developing countries but make money for both of us. If that happens, President Hu, China has the potential not just to have a "Green Olympics" in 2008, but to offer the developing world a whole new model of sustainable growth.

President Hu, over 40 years ago your country tried to make a Great Leap Forward alone — to make China. This time, let us make a Great Green Leap Forward together — and change the world. Best wishes, Nancy.

'Baghdad Jim' comes into real power in Congress

Over 36 years in politics, Jim McDermott has taken on those in power — from a bicycle-riding gubernatorial campaign to bearing anti-Bush statements from Baghdad — only to turn around at times and become a deal maker in the corridors of power.

The politician who struts himself is about to give reason a workout. "Our job as a majority is to get ideas up there and deal with 'em," said McDermott, 69, a man whose seniority in the U.S. House means clout in a new Democratic majority.

McDermott has traveled the world and raised hell during the era of one-party rule. He is reviled as "Baghdad Jim" by those on the bitter right, the compilers of left-wing devil-finger lists, who will never forget his statement that President Bush would lie to get America into a war.

In Seattle, just re-elected with 78 percent of the vote, McDermott is a hero to the city's enduring anti-war left. He has been booed out of nodding-head audiences at Town Hall.

What's forgotten, however, is that McDermott was a deal-making politician and skilled budget writer as a

state senator in Olympia. He is about to attain real power as fourth-ranking Democrat on the tax-writing House Ways and Means Committee.

Rep. Charles Rangel, D-N.Y., will head the panel. And Rep. Pete Stark of California — who once put a giant peace symbol on his bank — is in charge of the health care subcommittee.

The next two subcommittees are trade and human resources. Rep. Sander Levin, D-Mich., has indicated he will head the trade panel. And that leaves McDermott with human resources — a subcommittee that oversees the nation's unemployment, welfare and children's programs.

"It's really the nation's social safety net outside of Social Security and Medicare," he said.

Ways and Means has been the fiefdom of Rep. Bill Thomas, R-Calif., once voted both the "brainiest" and "meanest" member of Congress in Washingtonian magazine's poll of Capitol Hill stars.

In one dispute, McDermott refused to leave the Ways and Means hearing room. Thomas called in the U.S. Capitol Police to throw them out. McDermott tried to offer an

amendment to remove a \$700 million oil industry tax break from a pending bill. Thomas would not allow a vote.

Being in the majority makes a world of difference. In the 1980s, liberal Rep. Mike Lowry represented Seattle in Congress. No state Republican fundraising mailing was complete without a glowering, bearded Lowry photo.

Lowry was, however, working across party and ideological lines to care for Women, Infants and Children (WIC) — one major social program enacted during Ronald Reagan's presidency.

"Reagan wasn't nearly as conservative as Bush," McDermott said in an interview Tuesday.

Still, he has hopes. McDermott wants the subcommittee to examine how a social safety net deals with dislocations caused by the global economy.

"Unemployment now revolves around globalization," he said. "If you are between 50 and 65, what the hell do you do for health care if you lose your job? We ought

In the past few years, McDermott has acquired an unwanted nickname — "congressman for life" — from this column, and been tweaked for his journeys abroad and not paying enough attention at home.

The man's windmill-tilting seems over, and his talk is encouraging. But now for the walk.

to look at giving people the option of buying into Medicare. We ought to have an unemployment program that works in favor of going to college and learning a new profession."

McDermott wants to examine how care in America and see whether a "kinship care" system can support relatives who take over the raising of children.

He aims to introduce, with bipartisan backing, legislation to require one year of national service for young people. It could be out-of-doors in parks, in the military, or in health facilities.

"We've now raised two generations since the draft who feel no obligations to give anything back to the country," McDermott said. A national service program "would mix people," he argued, bringing together those from different backgrounds, regions and income levels.

"We do serious damage to America when we do not understand one another," McDermott added.

McDermott was the lone Washington congressman to back House Speaker-elect Nancy Pelosi when she was elected party whip in 2001. He stood with Pelosi last week as she tried to elect Rep. Jack Murtha, D-Pa., as House majority leader.

He sees no lasting wounds from Murtha's defeat at the hands of Rep. Steny Hoyer, D-Md.

"One-day story," McDermott said. "Tomorrow we gotta get up and fix the truck."

He is pushing to have a select committee named to explore ways to get the U.S. out of Iraq, with Murtha, an ex-Marine, as its chairman.

McDermott is still embroiled in a nine-year legal battle with House Republican leader John Boehner over the leaking of an illegally taped

conversation among GOP leaders. The case was recently heard by the U.S. Court of Appeals in Washington, D.C.

But McDermott is touting bipartisanship. Once aloof from such dealings, he wants Washington's delegation to revive regular meetings.

He wants to bring in newly re-elected GOP Rep. Dave Reichert. He has the ability to go down to the White House," said McDermott.

In the past few years, McDermott has acquired an unwanted nickname — "congressman for life" — from this column, and been tweaked for his journeys abroad and not paying enough attention at home.

The man's windmill-tilting seems over, and his talk is encouraging. But now for the walk.

Joel Connelly is a staff reporter for the Seattle Post-Intelligencer.

Let's at least talk about reinstating the draft

Not a soul on Capitol Hill or in the Bush administration rushed to endorse Rep. Charles Rangel's call for a resumption of the military draft, which ended with the bitter reaction to the Vietnam War in 1973.

The New York Democrat, who will soon head the powerful House Ways and Means committee, was not surprised. He has been trying to stir the pot on this issue for years, with no success. Politicians view the subject as something akin to an incurable disease to be avoided at all costs. The public does not like the idea.

Rangel is no liberal nutcase. He thinks the military relies too much on underprivileged youth to volunteer to do its fighting and if troop makeup were more equitable, presidents would not be as carefree about going to war as President Bush has been.

Rangel may not be right. Yet with the military currently stretched to its limits, the concept of an all-volunteer army is a legitimate subject for review.

The new Democratic congressional leadership reacted with horror; incoming Speaker Nancy Pelosi, D-Calif., told Rangel to butt out. She has enough other problems.

"Mr. Rangel will be very busy with his work on the Ways and Means Committee, whose jurisdiction (taxes) is quite a different jurisdiction (than the military)" she said tartly.

Rep. Ike Skelton, D-Mo., who will chair the House Armed Services committee, acknowledged problems in military recruitment and manpower shortages but suggested that the answer was to disengage from Iraq. He also dumped on the idea that a

MARIANNE MEANS

draft would be fair, noting that a system of exemptions allowed the sons of better-off and politically connected families to escape the rules applied to others.

The president, Vice President Dick Cheney and former President Bill Clinton used those very loopholes to avoid service. But that only highlights the importance of re-examining our military recruitment system in the present context of the increasing demands for more troops and the unexpected pressures on the National Guard, men and women who have been called repeatedly from jobs and families at considerable personal and financial sacrifice.

Among Republicans, only Sen. Chuck Hagel of Nebraska is on record as suggesting that it would be valuable to at least discuss the idea of a draft. And Sen. Joe Biden, D-Del., has said he would join such a national debate. That's it.

Two years ago, in House hearings into the topic, Pentagon officials declared that the Bush administration would not support a draft. There is no reason to believe they have changed their minds. There are arguments on all sides here. You can't get a great military by forcing people to serve against their will.

On the other hand, you can't get a great military if you don't ask patriotic people to serve in the first place. And how about paying them well and not deceiving them about how many rotations they will be asked to serve? For all his posturing about patriotism, Bush has never

The idea is that in return for minimum wages and college prospects, young people would give two years to community service of some kind — tutoring, library service, whatever. It would be here at home and it wouldn't require being faced with guns. But it would be useful, and it would benefit both the country and the volunteer.

asked any sacrifice from our young, or from anybody. What Rangel is really trying to get at here is that it is high time to do that. He does include some references to other national service in his pitch for a draft, but it is not nearly enough to capture public attention. And that is where the future may lie.

The concept of AmeriCorps, which was a Clinton favorite and which Bush originally

promised to retain, still exists but has languished for lack of interest and money. The idea is that in return for minimum wages and college prospects, young people would give two years to community service of some kind — tutoring, library service, whatever. It would be here at home and it wouldn't require being faced with guns. But it would be useful, and it would benefit both the country and the vol-

unteer. It's a great program but without the spotlight it doesn't grab the imagination. Bush could give it that, if he would. But he won't.

Perhaps Rangel will, if he stops using the scary word "draft" and shifts to "service" instead.

Marianne Means is a columnist for *Hearst Newspapers*. Write to her at means@hearsid.com.

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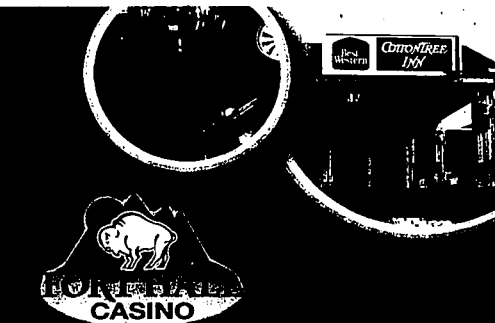


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AROUND THE WEST

HAWAII

Police officer injured during Bush's visit dies

HONOLULU — A Honolulu motorcycle officer injured last week while escorting President Bush in the islands died Sunday, police said.

Steve Favella, 39, and two other officers crashed their eyes as the presidential motorcade was traveling across Hickam Air Force Base to meet troops for breakfast early Tuesday. The other officers were treated at The Queen's Medical Center and released.

Favella, an eight-year veteran of the Honolulu Police Department and father of four, had suffered internal injuries and had been listed in critical condition at the medical center.

Light rain had been falling on the partly cloudy morning, and slick roads on the base were slick.

The Blood Bank of Hawaii reported an increase in donations after an appeal was sent out for the officer.

Members of the White House medical team — including an ambulance — were cut loose from the motorcade to help. Local ambulance and fire units also responded.

MONTANA

Report says flooding could have been avoided

KALISPELL, Mont. — Flooding that caused some \$10 million in crop damage along the Kootenai River in Idaho could have been prevented had the Army Corps of Engineers followed protocol for releasing water from Libby Dam, the agency acknowledges in a new report.

That protocol called for increasing releases from the dam in mid April, but the agency said it chose to delay that in an effort to refill Lake Kootenai — behind the dam — and manage water levels to benefit fish.

"To meet multiple objectives, a decision was made to

continue releasing 4,000 cfs rather than those recommended in the April — refill guidance," the corps said in its report.

Managers of Libby Dam said record heat in May that increased evaporation, combined with heavy rains in June, threw off calculations as to when the reservoir behind the Minnana dam would fill. The reservoir filled by June 18, forcing the corps to release water over the dam's spillway for nearly three weeks, raising the level in the Kootenai river to about 2 feet above flood stage.

Angry residents around Bonners Ferry earlier blamed federal dam managers for the flooding, which also damaged about 40 miles of flood-control levees.

Angry residents around Bonners Ferry earlier blamed federal dam managers for the flooding, which also damaged about 40 miles of flood-control levees.

Gas-bubble tissue damage could have exposed fish to secondary infections or there could be other unknown effects, he said.

"We won't be able to say what it did to the fish population until we repeat the sampling at the same time next year," Maroz said. "If there is high mortality in one age group, that will show up."

BOISE

Cattle association backs Crapo's wilderness bill

BOISE — The Idaho Cattle Association has come out in support of U.S. Sen. Mike Crapo's proposal to designate new wilderness in southwestern Idaho's Owyhee canyons.

But association support for the Idaho Republican's plan could have little effect in Congress' lame-duck session. Some environmental groups hope to get better wilderness

protection in the new year, when Democrats take control of the Senate and House.

The Wilderness Society and the Idaho Conservation League have expressed support for Crapo's bill, as well as another from Rep. Mike Simpson, R-Idaho, that would create a new wilderness in central Idaho's Boulder and White Clouds mountains.

But since the Nov. 7 elections shifted the balance of power on Capitol Hill, a coalition of 80 other environmental organizations have asked that support.

If approved, the proposed 807-square-mile wilderness in the Owyhee Mountains would provide ranchers \$15 million in cash and federal land in exchange for giving up 2,919 acres of private land and grazing rights on 54,000 acres of public land. Crapo's bill would

offer 75,000 acres of federal land for ranchers to select in trade.

IDAHO FALLS

Radioactive residue sealed in storage basins

IDAHO FALLS — Workers at the Idaho National Laboratory have filled huge storage basins with about 6,500 cubic yards of grout to seal them and prevent radioactive residue from leaking out, and now plan to remove water filtration systems and piping that were used to keep the basins clean.

The storage basins, built in the 1950s, were used to hold spent nuclear fuel from INL reactors and from other locations until 2000.

In 2003, cleanup work began. Workers removed 1.2

million gallons of contaminated water and 110,200 pounds of radioactive sludge from the storage basins, called the Fuel Receiving and Storage Facility CFP-603 basins.

"If the basins were to ever

breach, the water could provide a mechanism to transfer pollutants into the environment," Diane Croson, senior project manager, told the Post Register.

— The Associated Press

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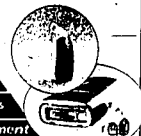
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INSIDE: The Gonzaga Bulldogs handled the Idaho Vandals men's basketball team on Sunday, B3



INSIDE: NFL, B2 | Golf, B3 | Scoreboard, B3 | Weather, B4

BSU, USC get what they want



Southern California head coach Pete Carroll celebrates after USC beat Notre Dame 44-24 in Los Angeles on Saturday.

AP Poll puts Broncos at No. 10

The Associated Press

NEW YORK — Southern California is the new No. 2.

The Trojans advanced one spot to overtake Michigan in The Associated Press Top 25 on Sunday, a day after their 44-24 victory over Notre Dame. USC, the sixth team to be ranked No. 2 this season behind No. 1 Ohio State, leads the Wolverines by 36 points in the poll.

Michigan, which completed its season with a 42-39 loss to Ohio State on Nov. 18, fell to No. 3. The Wolverines (11-1) are 63 points

ahead of No. 4 Florida, which beat Florida State 21-14 to improve to 11-1.

Ohio State (12-0) was a unanimous No. 1 for the second consecutive week and third time this year. The Buckeyes received 65 first-place votes from the media panel.

Boise State (12-0), which beat Nevada 38-7 to complete an unbeaten regular season, cracked the top 10 for the second time in school history at No. 10. The Broncos were also 10th late in the 2004 season. For the latest complete AP Poll, see Page B3.

Fans hoist Boise State running back Ian Johnson after Boise State's 38-7 victory over Nevada Saturday in Reno, Nev.

Trojans No. 2 in BCS, Broncos jump to eighth

By Ralph D. Russo
Associated Press writer

NEW YORK — Southern California is a win away from returning to the national title game.

The Trojans moved into second place in the Bowl Championship Series standings Sunday, passing idle Michigan on the strength of a 44-24 victory over Notre Dame and closing in on a matchup with undefeated Ohio State in the title game.

USC plays crosstown-rival UCLA on Saturday and a victory would likely lock up the Trojans' third consecutive

appearance in the BCS title game. The Trojans have already locked up the Pac-10's automatic BCS bid, but playing in the Rose Bowl would be a let-down for USC this season.

"I think we're a pretty good team right now," USC coach Pete Carroll said after beating Notre Dame. "We'll play anybody, anywhere."

First-place Ohio State has already sealed up its trip to Glendale, Ariz., for the Jan. 8 national championship game. The final BCS standings and bowl pairings will be announced next Sunday.

Michigan managed to hold onto second place after losing

42-39 to Ohio State, but the Wolverines' lead over USC was razor thin.

USC's convincing victory over the Fighting Irish helped the Trojans increase their cushion over Michigan in the coaches' poll and Harris poll, and boosted USC's computer rating ahead of the Wolverines'. USC's BCS average was 946, Michigan's was 822.

The polls make up two-thirds of a BCS average and the computer ratings account for the other third.

Florida, which plays in the Southeastern Conference

title game against Arkansas on Saturday, is in fourth place with an average of .890. The Gators need a win and USC to stumble against UCLA, but even then it will be a close call between them and Michigan for the second spot in the title game.

LSU is fifth, followed by Louisville and Wisconsin.

Unbeaten Boise State moved up to eighth place and will become the second team from outside the original BCS conferences to play in one of the four big-dollar bowl games. The Broncos will likely receive a bid to the Fiesta Bowl.

Arkansas is ninth and can earn the SEC's automatic bid

by beating Florida.

Notre Dame dropped five spots to 10th place, which means the Fighting Irish are no longer in position to earn an automatic BCS bid. They needed to be in the top eight for that to happen. However, Notre Dame remains eligible to receive an at-large bid by finishing in the top 12. And if the Irish are eligible, they're in a great bet to get picked by either the Rose, Sugar or Orange.

USC lost last year's championship game 41-38 to Texas at the Rose Bowl and won the 2004 national championship with a 55-19 victory over Oklahoma in the Orange Bowl.

Three years ago, the Trojans missed out on the BCS cham-

ionship game, but won the AP's part of the national title by beating Michigan 28-14 in the Rose Bowl.

That three-year run, during which the Trojans lost only two games, was powered by quarterback Matt Leinart and tailbacks Reggie Bush and LenDale White. Those guys, and a host of other Trojans from last season's team, are in the NFL now.

John David Booty has stepped in at quarterback, receiver Dwayne Jarrett has developed into an offense's biggest star and USC's defense has been one of the best in the country.

And if the Trojans can make it eight consecutive wins against UCLA, it's USC vs. Ohio State for the national title.

Patriots pass Bears

The Associated Press

FOXBOROUGH, Mass. — The New England Patriots finally quit stopping themselves.

After New England turned the ball over three times inside the Chicago 20-yard line, tight end Benjamin Watson hung onto Tom Brady's 2-yard pass in the end zone, giving the Patriots a 17-13 win Sunday over the NFL leader in takeaways.

The Patriots cornerback Asante Samuel put an abrupt end to the Bears' comeback hopes with his third interception with 1:46 to play.

Playing on their new artificial turf, the Patriots (8-3) persevered against the Bears (9-2), who had allowed 120 points this season, the fewest in the league. But New England's was the second stingiest defense coming into the game, having given up just 131.

The Bears capitalized on the fourth of their five takeaways — and Charles Tillman's second interception — and led the game 10-10 just 7 seconds into the fourth quarter on Cedric Benson's 2-yard run.

The Patriots then moved 73 yards after the kickoff and went ahead with 6:22 left. Brady provided the dramatics with a scrambling 40-yard completion to Watson and an 11-yard run for a first down.

That put the ball at the Chicago 14, and Watson scored five plays later.

The Bears began the day with a chance to clinch the NFC North title. But Minnesota's win



New England Patriots quarterback Tom Brady passes Chicago Bears linebacker Brian Urlacher during the fourth quarter of Sunday's game at Gillette Stadium in Foxborough, Mass.

over Arizona earlier Sunday ended that. Fittingly for a game with nine turnovers, Chicago committed the final one when Samuel intercepted Rex Grossman's 40-yard pass intended for Rashied Davis.

Nuggets win fifth straight

The Associated Press

DENVER — Carmelo Anthony had 33 points, J.R. Smith added 23 and Denver Nuggets beat the Los Angeles Clippers 103-88 Sunday night for their fifth straight win.

Denver, the NBA's highest-scoring team, started strong in the first and third quarters against the fired Clippers, shooting 51 percent and getting 27 assists for its second win in its last nine games against Los Angeles. Andre Miller had 14 points and 10 assists, and Anthony, the NBA's leading scorer, went over 30 points for the ninth time in 12 games.

Corey Maggette had 22 points to lead Los Angeles, which shot 36 percent to lose its fourth straight. The Clippers dropped to 0-5 on the road.

behind after the first quarter in 11 of 14 games this season.

Spurs 98, SuperSonics 78

SEATTLE — Tony Parker scored 12 of his 20 points in the fourth quarter, and the Spurs, improved upon the best road start in franchise history with a 98-78 win over the SuperSonics.

The Spurs improved to 7-0 on the road and are the only unbeaten road team left in the NBA. San Antonio is the fourth team in the last 10 years to start 7-0 or better on the road. The Spurs will be tested twice more on their current three-game road trip — Monday night at Golden State and Wednesday in Utah. Tim Duncan added 18 and 16 rebounds for the Spurs. Ray Allen led Seattle with 21 points and Nick Collison added 15 off the bench.

Suns 119, Blazers 101

PORTLAND, Ore. — Raja Bell had a season-high 30 points, including seven 3-pointers, and the Suns beat the Blazers 119-101.

The Suns led by as many as 25 points, and all five of their starters scored in double figures in the team's fourth straight win after a slow start to the season.

Amare Stoudemire, coming back from surgery on his left knee that forced him to miss all but three games last season, had 20 points and 11 rebounds.

Steve Nash had 23 points and 10 assists.

Raptors 92, Pacers 83

TORONTO — Chris Bosh had 17 points and 11 rebounds and four other Raptors reached double figures in scoring as Toronto led from buzzer to buzzer.

Andrea Bargnani — the No. 1 overall pick in the draft — had 14 points for Toronto. He made 2 3-pointers and was 5-for-11 from the field.

Stephen Jackson and Danny Granger each scored 18 points for the Pacers, who have been



SPORTS

Ravens' comeback against Steelers wins Pittsburgh's playoff hopes

BALTIMORE — Any chance the Pittsburgh Steelers had of returning to the Super Bowl was seemingly laid to rest by the Baltimore Ravens.

Roethlisberger nine times Sunday as he crisscrossed to their fifth straight victory, a 27-0 blowout that left the Steelers with only a mathematical chance of reaching the playoffs.

Baltimore (9-2) limited Pittsburgh (5-7) to 26 yards in the decisive first half. The nine sacks, which totaled 73 yards and matched a Ravens franchise record,

included a vicious hit by Bart Scott that forced Roethlisberger out of the game in the second quarter. Roethlisberger missed only one play, but for the

rest of the afternoon he was harassed by a relentless rush. It was the second time this year that the Steelers were shut out in the late Pittsburgh was blanked at least twice in a season was in 1989.

The Steelers (1-7) had won two straight following a 2-6 start, but their resurgence was emphatically squelched by the hated Ravens, who led Pittsburgh by a game with five games left to play.

After piling up yardage during extended garbage time in the fourth game behind the Browns (5-8) had only 167 yards — 21 rushing — after three quarters. By then, they were down 30-0 and on their way to dropping to 1-5 at home.

Rams 20, 49ers 17

ST. LOUIS — Marc Bulger threw a 5-yard touchdown pass to Kevin Curtis with 27 seconds to go and St. Louis snapped a five-game skid.

St. Louis missed 49ers game. Bulger was 9-of-9 for 66 yards during a 12-play, 80-yard drive for the winning score. He finished 23-for-34 for 201 yards and one interception.

Frank Gore had 134 yards on 21 carries for the 49ers, who missed a field goal in the second-half rally to give the AFC West-leading Chargers (9-2) their fifth straight win.

Tomlinson, in the midst of a MVP-type season, rushed for two touchdowns and threw for another. He has 24 touchdowns this season, needing five in the last five games to break NFL record of 28 set by Shaun Alexander during his MVP season of 2005.

The Rams (5-6) rebounded after the Dallas (5-6) punished the NFLs weakest run defense to take a 17-13 lead.

Redskins 17, Panthers 13

LANDOVER, Md. — Chris Cooley's 66-yard touchdown reception was the key to Washington's win over Carolina.

The victory broke a two-game losing streak for the Redskins (4-7) and gave quarterback Jason Campbell his first win in his second NFL start. The team returned to running the ball and stopping the run. David Garrard hit Matt Groves for 110 yards, but a 3-yard touchdown.

Lozman, who finished 21-of-28 for 169 yards, led the Bills. After a 6-Coolley interception at the Washington 34, Parrish, the quarterback stepped up in the pocket and threw to the left side for Parrish, who kept both sides in bounds.

Jets 26, Texans 11

EAST RUTHERFORD, N.J. — Chad Pennington had his best passing day since he took over as the Jets' first good game, holding the Panthers to 264 total yards. The much maligned second-year limited Smith to 34 yards on the fourth drive. Pennington, who left after the third quarter after an injury, finished 22-of-31. He connected with Laveranues Coles nine times for 111 yards, including a 12-yard touchdown pass in the third quarter. Jericho Cocheary had seven catches for 110 yards.

Pennington, who left after the third quarter after an injury, finished 22-of-31. He connected with Laveranues Coles nine times for 111 yards, including a 12-yard touchdown pass in the third quarter. Jericho Cocheary had seven catches for 110 yards.

Mike Nugent tied a career high with four field goals, including a 49-yarder for the Jets. Pennington was 5-of-9 for 89 yards on the Jets' first possession of the third quarter. He found Chris Baker for 20 yards and Cocheary for 35 to get to the 12. Pennington then lofted a pass to the left corner of the end zone, as Coles leaped for the score.

Vikings 31, Cardinals 26

MINNEAPOLIS — Brad Johnson threw for 271 yards and three touchdowns in Minnesota's victory against Arizona.

Chester Taylor added 136 yards rushing and a four-game leading streak. The Cardinals (2-9) got a 89-yard kickoff return for a touchdown by J.J. Arrington on the opening drive of the first half, leading New Orleans past stumbling Atlanta.

New Orleans bounced back from losing three of four, boosted its playoff hopes with a career-crushing blow to an NFC West rival. The Saints (7-4) won without rookie star Marques Colston, who did play because of a sprained ankle.

Bengals 30, Browns 0

CLEVELAND — Cincinnati picked off Cleveland quarterback Charlie Frye four times in his first shutout win since 1989 and Carson Palmer threw three touchdowns rally for the Bengals. Palmer finished 25-of-32 for 275 yards and connected with Chris Henry for two TD passes in the AFC playoff race by beating Cleveland for the fifth straight time.

National Football League

AFC Standings table with columns for team, W, L, T, Pct, PF, PA, Home, Away, AFC, NFC, Div.

NFC Standings table with columns for team, W, L, T, Pct, PF, PA, Home, Away, AFC, NFC, Div.

Week 12 Standings

Week 12 Standings table for AFC and NFC divisions.

Week 13 Standings

Week 13 Standings table for AFC and NFC divisions.

Week 14 Standings

Week 14 Standings table for AFC and NFC divisions.

Week 15 Standings

Week 15 Standings table for AFC and NFC divisions.

Week 16 Standings

Week 16 Standings table for AFC and NFC divisions.

Week 17 Standings

Week 17 Standings table for AFC and NFC divisions.

Saints 31, Falcons 13 Standings table.

Titans 24, Giants 21 Standings table.

Week 12 Standings

Week 12 Standings table for AFC and NFC divisions.

Week 13 Standings

Week 13 Standings table for AFC and NFC divisions.

Week 14 Standings

Week 14 Standings table for AFC and NFC divisions.

Week 15 Standings

Week 15 Standings table for AFC and NFC divisions.

Week 16 Standings

Week 16 Standings table for AFC and NFC divisions.

Week 17 Standings

Week 17 Standings table for AFC and NFC divisions.

Week 12 Standings table for AFC and NFC divisions.

Week 13 Standings table for AFC and NFC divisions.

Week 14 Standings

Week 14 Standings table for AFC and NFC divisions.

Week 15 Standings

Week 15 Standings table for AFC and NFC divisions.

Week 16 Standings

Week 16 Standings table for AFC and NFC divisions.

Week 17 Standings

Week 17 Standings table for AFC and NFC divisions.

Week 18 Standings

Week 18 Standings table for AFC and NFC divisions.

Week 19 Standings

Week 19 Standings table for AFC and NFC divisions.

Week 12 Standings table for AFC and NFC divisions.

Week 13 Standings table for AFC and NFC divisions.

Week 14 Standings

Week 14 Standings table for AFC and NFC divisions.

Week 15 Standings

Week 15 Standings table for AFC and NFC divisions.

Week 16 Standings

Week 16 Standings table for AFC and NFC divisions.

Week 17 Standings

Week 17 Standings table for AFC and NFC divisions.

Week 18 Standings

Week 18 Standings table for AFC and NFC divisions.

Week 19 Standings

Week 19 Standings table for AFC and NFC divisions.

SCOREBOARD

BASKETBALL

Team	Points	
	W	L
Boise State	10	0
Idaho	9	1
Idaho State	10	0
Utah	9	1
Utah State	10	0
Wyoming	10	0
Wyoming State	9	1

Game	W	L	W-L
Boise State vs Idaho	10	0	10-0
Idaho vs Idaho State	9	1	9-1
Idaho State vs Utah	10	0	10-0
Utah vs Utah State	9	1	9-1
Utah State vs Wyoming	10	0	10-0
Wyoming vs Wyoming State	9	1	9-1

GAME PLAN

High school boys basketball: ESPNU — Michigan at N.C. State 8 p.m.
High school girls basketball: ESPN — Green Day at Seattle 6:30 p.m.
NHL football: ESPNU — Dallas at Detroit 8 p.m.
College basketball: VERSUS — New Jersey at Las Angeles

TV SCHEDULE

Men's College Basketball: ESPN2 — Michigan at N.C. State 8 p.m.
ESPN — Green Day at Seattle 6:30 p.m.
ESPN — Dallas at Detroit 8 p.m.
VERSUS — New Jersey at Las Angeles

SKI REPORT

Event	W	L	W-L
Alta	10	0	10-0
Big Hole	9	1	9-1
Idaho	10	0	10-0
Idaho State	10	0	10-0
Utah	10	0	10-0
Utah State	10	0	10-0

Event	W	L	W-L
Alta	10	0	10-0
Big Hole	9	1	9-1
Idaho	10	0	10-0
Idaho State	10	0	10-0
Utah	10	0	10-0
Utah State	10	0	10-0

College Football Schedule

Nov. 27

Boise State vs Idaho, 8 p.m., KSNV-TV
Idaho vs Idaho State, 8 p.m., KSNV-TV
Idaho State vs Utah, 8 p.m., KSNV-TV
Utah vs Utah State, 8 p.m., KSNV-TV
Utah State vs Wyoming, 8 p.m., KSNV-TV
Wyoming vs Wyoming State, 8 p.m., KSNV-TV

Saturday's LBA News

Nov. 25

Boise State vs Idaho, 8 p.m., KSNV-TV
Idaho vs Idaho State, 8 p.m., KSNV-TV
Idaho State vs Utah, 8 p.m., KSNV-TV
Utah vs Utah State, 8 p.m., KSNV-TV
Utah State vs Wyoming, 8 p.m., KSNV-TV
Wyoming vs Wyoming State, 8 p.m., KSNV-TV

College Football Schedule

Nov. 27

Boise State vs Idaho, 8 p.m., KSNV-TV
Idaho vs Idaho State, 8 p.m., KSNV-TV
Idaho State vs Utah, 8 p.m., KSNV-TV
Utah vs Utah State, 8 p.m., KSNV-TV
Utah State vs Wyoming, 8 p.m., KSNV-TV
Wyoming vs Wyoming State, 8 p.m., KSNV-TV

High School Football

Nov. 27

Boise State vs Idaho, 8 p.m., KSNV-TV
Idaho vs Idaho State, 8 p.m., KSNV-TV
Idaho State vs Utah, 8 p.m., KSNV-TV
Utah vs Utah State, 8 p.m., KSNV-TV
Utah State vs Wyoming, 8 p.m., KSNV-TV
Wyoming vs Wyoming State, 8 p.m., KSNV-TV

High School Football

Nov. 27

Boise State vs Idaho, 8 p.m., KSNV-TV
Idaho vs Idaho State, 8 p.m., KSNV-TV
Idaho State vs Utah, 8 p.m., KSNV-TV
Utah vs Utah State, 8 p.m., KSNV-TV
Utah State vs Wyoming, 8 p.m., KSNV-TV
Wyoming vs Wyoming State, 8 p.m., KSNV-TV

NBA Scores

Nov. 26

Boise State 100, Idaho 95
Idaho 100, Idaho State 90
Idaho State 100, Utah 90
Utah 100, Utah State 90
Utah State 100, Wyoming 90
Wyoming 100, Wyoming State 90

NBA Development League

Nov. 26

Boise State 100, Idaho 95
Idaho 100, Idaho State 90
Idaho State 100, Utah 90
Utah 100, Utah State 90
Utah State 100, Wyoming 90
Wyoming 100, Wyoming State 90

USA Today Top 25

Nov. 26

Boise State 100, Idaho 95
Idaho 100, Idaho State 90
Idaho State 100, Utah 90
Utah 100, Utah State 90
Utah State 100, Wyoming 90
Wyoming 100, Wyoming State 90

USA Today Top 25

Nov. 26

Boise State 100, Idaho 95
Idaho 100, Idaho State 90
Idaho State 100, Utah 90
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Utah State 100, Wyoming 90
Wyoming 100, Wyoming State 90

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Idaho 100, Idaho State 90
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Utah 100, Utah State 90
Utah State 100, Wyoming 90
Wyoming 100, Wyoming State 90

Gonzaga tramples Vandals behind Raivio's 24 points

SPokane, Wash. — Derek Raivio scored 24 points and Josh Heyvlyd added 16 points and 11 rebounds as Gonzaga beat Idaho 76-51 on Sunday afternoon.
Raivio sank four of six 3-point attempts and all six of his free throws as the Bulldogs (6-1) streaked to the nation's longest home winning stretch to 43 games.
Kevon Watson and Mario Mackey led Idaho (1-1) with 11 points apiece. Watson hit just five of 17 shots and missed all five his 3-point attempts. Mackey went 4-for-10, including 3-for-7 on 3-pointers.
Matt Bouldin hit a 3-pointer from the right corner at the buzzer to give Gonzaga a 45-28 lead at the half. The Vandals, much smaller and less experienced than the Bulldogs, never threatened in the second half.
Gonzaga shot a season-low 44.4 percent from the field, but held Idaho to 38.5 percent. The Bulldogs converted 18 of 23 free throws compared with 3 of 8 for Idaho.
Point guard Jeremy Pargo added 11 points, six assists, two steals and no turnovers in 33 minutes for Gonzaga.
Idaho has lost seven straight to Gonzaga, and 11 of the last 12 meetings. The Vandals still lead the all-time series, which dates back to 1969, 67-62.

Sports Shorts

National and Magic Valley briefs

Moos to be successful over the next decade.
Frohnmayer said, "Together we reached the decision that now was the appropriate time to make this change."
The 55-year-old Moos has been athletic director since 1995, and guided the expansion of Auburn Stadium and the construction of the department's Moshsky Center.
During his tenure, Oregon's athletic department budget rose from \$18 million to \$40 million, and added two women's sports.
"I owe so much to this place and I will reflect with fond memories on my years at the University of Oregon," Moos said. "I am extremely grateful to my coaches and staff and to the many donors who believed in the vision and helped to build the blueprint that has made Oregon one of the premier athletic programs in the country."

Ames tops Couples in playoff for Skins Game title

Couples wins Skins Game
STEPHEN AMES rolled in a 3-foot birdie putt on the third playoff hole Sunday for \$270,000 and a winning total of \$590,000.
Fred Couples, who has won the Skins Game five times in 13 appearances, finished second with \$305,000 to run his career Skins earnings to \$3.9 million. Couples played the best golf of the foursome, with 10 birdies and an eagle over 20 holes. John Daly won \$25,000 on the first hole of the two-day, 18-hole event, then didn't win another skin. Fred Frank, who took the title with a rookie record of \$325,000 last year, was shut out in his second try.
Rose wins Australian Masters
MELBOURNE, Australia — England's Justin

SKI REPORT

Big Hole — Sun 7:30a packed powder machine groomed 39-38 base 7 of 22 trails, 8 of 9 lifts, 81% open. Mon-Fri 9a-6p. Sat 9a-6p. Sun 9a-6p.

Silver Mountain — Sun 8:10a w partly cloudy 19 degrees 2 new powder machine groomed 38-55 base 46 of 67 trails, 6 of 7 lifts, 69% open. Mon-Fri 9a-6p. Sat 9a-6p. Sun 9a-6p.

Silver Mountain — Sun 8:10a w partly cloudy 19 degrees 2 new powder machine groomed 38-55 base 46 of 67 trails, 6 of 7 lifts, 69% open. Mon-Fri 9a-6p. Sat 9a-6p. Sun 9a-6p.

Sea Valley — Sun 8:00a thru 25 degrees packed powder machine groomed 11-11 base 6 of 90 trails, 4 of 19 lifts, 22% open. Mon-Fri 9a-4p. Sat 9a-4p. Sun 9a-4p.

Sea Valley — Sun 8:15a thru 25 degrees 19 degree 2 new powder machine groomed 12-12 base 12 of 88 trails, 3 of 10 lifts, 50% open. Mon-Fri 9a-6p. Sat 9a-6p. Sun 9a-6p.

ECHL

Nov. 26

Boise State 100, Idaho 95
Idaho 100, Idaho State 90
Idaho State 100, Utah 90
Utah 100, Utah State 90
Utah State 100, Wyoming 90
Wyoming 100, Wyoming State 90

USA Today Top 25

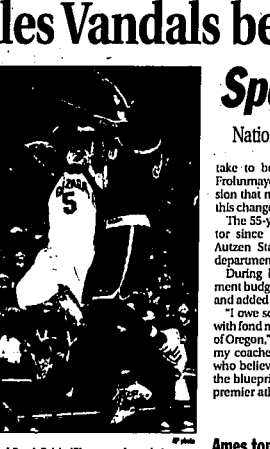
Nov. 26

Boise State 100, Idaho 95
Idaho 100, Idaho State 90
Idaho State 100, Utah 90
Utah 100, Utah State 90
Utah State 100, Wyoming 90
Wyoming 100, Wyoming State 90

FOOTBALL

Source: Arizona State fires Koetter

TEMPE, Ariz. — Arizona State fired Dirk Koetter, who led his team to a bowl the last three seasons but rarely beat the best in the Pac-10.
Athletic director Lisa Love was expected make the announcement Sunday after the team's annual awards banquet Sunday night in Scottsdale, a source close to the program said. The source asked not to be identified because the announcement is expected to come in the next 24 to 36 hours. Koetter went 40-33 in six seasons at ASU. There was no word on whether Koetter would coach the team in a bowl game.
The Sun Devils completed a 7-9 regular season with a 28-14 victory over rival Arizona in



Gonzaga guard Derek Raivio (5) goes for a shot against Idaho forward Dick Johnson (32) during the first half of Gonzaga University's 76-51 win Sunday at McCarty Athletic Center in Spokane, Wash.

Gonzaga guard Derek Raivio (5) goes for a shot against Idaho forward Dick Johnson (32) during the first half of Gonzaga University's 76-51 win Sunday at McCarty Athletic Center in Spokane, Wash.
Tucson on Saturday, clinching their third consecutive postseason berth. He went 4-2 against the Wildcats.
The firing was first reported by the East Valley Tribune on its Web site.
Bill Moos resigns as AD at Oregon
EUGENE, Ore. — Bill Moos is resigning as Oregon's athletic director, school president Dave Frohnmayer said Sunday.
Moos will remain in the position until March 2007.
"Bill and I agreed, this was a good time to reflect on that progress and look closely at what will

Transactions

WYOMING
Big Hole — Sun 7:30a packed powder machine groomed 39-38 base 7 of 22 trails, 8 of 9 lifts, 81% open. Mon-Fri 9a-6p. Sat 9a-6p. Sun 9a-6p.

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GOLF

Ames tops Couples in playoff for Skins Game title
STEPHEN AMES rolled in a 3-foot birdie putt on the third playoff hole Sunday for \$270,000 and a winning total of \$590,000.
Fred Couples, who has won the Skins Game five times in 13 appearances, finished second with \$305,000 to run his career Skins earnings to \$3.9 million. Couples played the best golf of the foursome, with 10 birdies and an eagle over 20 holes. John Daly won \$25,000 on the first hole of the two-day, 18-hole event, then didn't win another skin. Fred Frank, who took the title with a rookie record of \$325,000 last year, was shut out in his second try.
Rose wins Australian Masters
MELBOURNE, Australia — England's Justin

TWIN FALLS FORECAST

Today: Colder with a decent chance of snow in the morning, tapering some in the afternoon. Highs upper 30s. Tonight: A chance of passing snow showers. Lows near 20. Tomorrow: Much colder with a chance for a few snow showers. Highs near 30.

BURLEY/RUPERT FORECAST

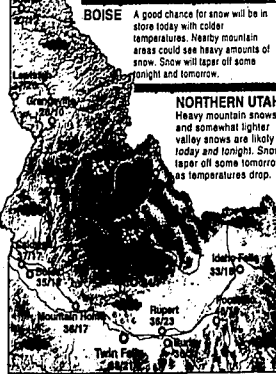
Today: Colder with snow likely. Light accumulations possible. Highs mid 30s. Tonight: Gusty winds and passing snow showers. Lows near 20. Tomorrow: Much colder with gusty winds and a chance of snow. Highs upper 20s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS.
A major storm system will bring moderate valley snows to the region today. Snow will taper off some tonight, but remain in the forecast through Wednesday as temperatures tumble.

BOISE
A good chance for snow will be in store today with colder temperatures. Nearby mountain areas could see heavy amounts of snow. Snow will taper off some tonight and tomorrow.

NORTHERN UTAH
Heavy mountain snows and somewhat lighter valley snows are likely today and tonight. Shows taper off some tomorrow as temperatures drop.



Weather's State Extremes: 50 at Twin Falls. Low: 7 at Dono. Windy day: 62 at Idaho Falls. Heavy snow: 16 in. Light snow: 8 in. Heavy rain: 2.5 in. Heavy snow: 16 in. Heavy snow: 16 in. Heavy snow: 16 in.

TWIN FALLS FIVE-DAY FORECAST

Today	Tonight	Tuesday	Wednesday	Thursday	Friday
Colder with a decent chance of snow	A chance of passing snow showers	Much colder, a few snow showers	Colder still, slight chance of snow	Decreasing clouds and cold	Partly cloudy and a bit warmer
High 38	Low 21	31/11	24/18	31/12	36/16

Yesterday's Weather

City	Hi	Lo	Precip
Boise	49	18	0.00
Coeur d'Alene	30	27	0.07
Idaho Falls	30	28	0.07
Jerome	26	21	0.07
Lewiston	35	31	0.07
Malheur	49	28	0.07
Redmond	44	28	0.07
Twin Falls	36	21	0.07
Starke	32	6	0.07

ALMANAC - TWIN FALLS

Temperature	Precipitation	Humidity	Barometric Pressure	Sunrise and Sunset
Yesterday's Low: 21	Month to Date: 0.96"	Yesterday's Minimum: 2%	Yesterday's High: 31	Yesterday's Sunrise: 7:45 AM Sunset: 5:07 PM
Record High: 66 in 1990	Year to Date: 1.83"	Today's Minimum: 6%	Today's High: 31	Today's Sunrise: 7:47 AM Sunset: 5:08 PM

Temperature & Precipitation valid through 5 pm yesterday

REGIONAL FORECAST

NATIONAL FORECAST

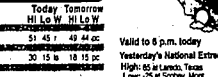
WORLD FORECAST

City	Today	Tomorrow	Hi	Lo	Hi	Lo	Hi	Lo
Boise	38	28	15	9	14	2		
Coeur d'Alene	30	28	20	17	17	7		
Idaho Falls	34	12	24	15	22	5		
Jerome	26	22	33	12	26	18		
Lewiston	40	22	33	12	26	18		
Malheur	41	20	34	10	27	17		
Redmond	43	23	34	10	27	17		
Twin Falls	38	28	15	9	14	2		
Starke	32	6	18	5	18	5		

CANADIAN FORECAST

City	Today	Tomorrow	Hi	Lo	Hi	Lo
Calgary	21	16	6	31	45	49
Edmonton	21	16	6	31	45	49
Ottawa	14	21	6	31	45	49
Regina	19	14	4	19	16	20

TODAY'S NATIONAL MAP



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WASHINGTON

Bush plans week of high-stakes diplomacy

WASHINGTON — President Bush reaches out to allies this week for help in quelling violence in Iraq and Afghanistan, in a burst of diplomacy from a Baltic summit to NATO partners to Mideast talks with Iraq's prime minister.

Just back from an eight-day trip to Asia, Bush was leaving today on another overseas trip as pressure builds at home for a change in his administration's Iraq strategy amid deepening tensions and violence in that country.

The president stops first in Estonia en route to a NATO summit in neighboring Latvia where a debate over peacekeeping operations in Afghanistan is expected to dominate.

Estonia and Latvia have sent troops to both Iraq and Afghanistan and the U.S. considers the two former Soviet republics important allies.

From Latvia, the president heads to Amman, Jordan, for two days of talks with Iraqi Prime Minister Nouri al-Maliki. Jordan was deemed a less dangerous setting for the meeting than Baghdad.

White House aides said the meeting, a late addition to Bush's itinerary, was part of the president's process of sounding out various parties as he ponders how to proceed in Iraq.

AROUND THE WORLD

IRAQ
Leaders try to halt Iraq's sectarian violence

BAHGHAD, Iraq — Sunni, Shiite and Kurdish leaders called Sunday for an end to Iraq's sectarian conflict and vowed to track down those responsible for the war's deadliest attack.

But as they went on national television to try to keep Iraq from sliding into an all-out civil war, fighting between Iraqi security forces and Sunni Arab insurgents raged for a second day in Baquba, the capital of Diyala province north of Baghdad.

By the end of the day, the province's latest casualty figures were a microcosm of the brutality in Iraq: 17 insurgents killed, 15 detained, 20 civilians kidnapped and three bodies found. The mayor of a municipality also narrowly escaped an assassination attempt that killed one of his guards and wounded three.

During Saturday's fighting in Baquba, police killed at least 36 insurgents and wounded dozens after scores of militants armed with assault rifles and rocket-propelled grenades attacked government buildings in the city center, police said. The fighting raged for hours in the city,

about 35 miles northeast of Baghdad.

Also Saturday, a U.S. soldier was killed and two were wounded when a roadside bomb exploded near their vehicle in Diyala province, the military said.

ENGLAND

British minister criticizes Putin

LONDON — A British Cabinet minister accused Russian President Vladimir Putin of "attacks on individual liberty and on democracy" and said Sunday that relations with Moscow were strained after a former KGB agent was poisoned to death in London.

Peter Hain, the government's Northern Ireland Secretary, said Putin's tenure had been clouded by incidents "including an extremely murky murder of the senior Russian journalist" Anna Politkovskaya.

"They were the strongest convictions leveled at Moscow since Alexander Litvinenko died Thursday from poisoning by the radioactive element polonium-210. In a dramatic statement, dictated from his hospital bed and read outside the hospital after his death, the Kremlin critic accused the "barbaric and ruthless" Putin

of ordering his poisoning.

"His success in binding what is a disintegrating nation together with an economy that was collapsing into Mafioso style chaos, his success in that must be balanced against the fact there have been huge attacks on individual liberty and on democracy," Hain said of Putin. "And it's important that he rakes the democratic road in my view," he told British Broadcasting Corp.

TURKEY

Thousands denounce planned papal visit

ISTANBUL, Turkey — Tens of thousands of protesters denounced Pope Benedict XVI as an enemy of Islam at a rally Sunday that underlined deep divisions in the country ahead of the pontiff's visit this week.

Officials hoping to promote closer ties with the West urged calm, but Islamic groups wary of Western ways are united in anger over a speech Benedict gave two months ago in which he quoted a medieval text that linked Islam to violence.

Chants of "No to the pope" rose among nearly 25,000 demonstrators at every mention of his remarks on violence and the Prophet Muhammad. Many protesters wore head-

bands with anti-pope slogans and waved placards that included a depiction of Benedict as the grim reaper.

The protest, organized by an Islamist political party, was the largest mass gathering so far against Benedict's four-day visit scheduled to begin Tuesday — his first papal journey to a mostly Muslim nation. The outcry also was designed to rattle Turkey's establishment.

ECUADOR

Economist leads banana baron in election

QUITO, Ecuador — A leftist nationalist who is friendly with Venezuela's anti-U.S. president held a commanding lead over a Bible-toting banana tycoon in Sunday's runoff presidential election in Ecuador, exit polls showed.

The tall and charismatic Rafael Correa received nearly 57 percent of the vote, compared to 43 percent for Alvarez Noboa, according to an exit poll conducted by CEDAOT-Gallup. The pollster said it interviewed 40,000 voters, and the survey had a margin of error of 2 percentage points.

Correa also led with 58 percent of the vote in a second poll conducted by the firm Market. It interviewed 75,000

voters, with a similar margin of error of 2 percentage points.

Noboa immediately rejected the exit polls, saying he would wait for the official count to be completed. Results were not expected until after 11 p.m.

NEW YORK

TV first: transgender character on soap opera

NEW YORK — In a story unusual even for a soap opera and believed to be a television first, ABC's "All My Children" this week will introduce a transgender character who is beginning to make the transition from a man into a woman.

The character, a flamboyant rock star known as Zart, kisses the lesbian character Blanca and much drama ensues. The storyline begins with Thursday's episode of the daytime drama.

— The Associated Press

Magic Valley HomeSeller

TOP AGENTS

 Jason McCurdy Red Door Realty	 Bonnie Ross Canyonside Realty	 Rich Whitescarver Century 21 Greater Valley Properties	 Kilah M. Wilkinson Century 21 Greater Valley Properties	 Debra Requa Nelson Realty
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For more information about online advertising opportunities on magicvalley.com call Jason Woodside at the Times-Herald, 208-735-3207 or email woodside@magicvalley.com.

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Maintenance Specialist for commercial & residential properties. Must have own tools. Fax resumes & salary requirements to 734-8458

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Now Hiring Class A & B CDL drivers. Call 208-886-7192.

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MRI Technologist, ARRT registered or registry eligible, for part-time work in an attractive, modern outpatient facility. Day time hours & no call. Call Daniela Swearingin at 208-734-8688 and/or fax resume to 208-734-8899

200 Employment

MEDICAL
Registered Assisted Living in Burley is seeking a qualified administrative to manage and operate an elderly care facility. LPN's are encouraged to apply. Previous experience preferred. E-mail resume and references to: ahill@rosettahomes.com or fax 208-537-5445

MEDICAL
Searching for quality Review RN. Need skilled nursing experience to coordinate quality measures at 3 Nursing Home in Magic Valley. Call May Tam at 208-251-2573

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Electrician Journeyman & Apprentice Elite Electric 208-735-5482

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Need Extra Holiday Cash? Consider the benefits of a Times-News delivery route. You can earn extra income early in the morning and still have your days and evenings free. We offer bonuses and rewards for excellence in customer service and a sign on bonus on some routes. To see if routes are available in your area call 208-735-3348 today or visit us online www.magicvalley.com

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Ag-Bag Bagger Operator needed. Experience & refs REQUIRED. Call 208-886-7162

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Psycho-Social Rehabilitation Specialist in Burley. Start \$15-\$17 hour. BA degree. Call 208-877-3350

200 Employment

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Federal Employment information is free. Remember, no one can promise you a federal job. For free information about federal jobs, Call Career America Connection, 478-157-3000

COOPER NORMAN
BUSINESS OPPORTUNITIES
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For more information call (208) 733-6581 www.enbba.com

PUBLIC SERVICE MESSAGE
Big profits usually mean big risks. Before you do business with a company, check it out with the Better Business Bureau. For free information about avoiding investment scams, write to the Federal Trade Commission, Washington, D.C. 20580 or call the National Fraud Information Center 1-800-876-7060

501 Open House

PUBLIC SERVICE MESSAGE
Selling Property? Don't pay any fees until it's sold. For free information about avoiding time-consuming and real estate scams, write to: Federal Trade Commission, Washington, D.C. 20580 or call the National Fraud Information Center, 1-800-876-7060.

502 Homes For Sale

BURLEY 1450 Miller. Corner lot, newly remodeled, 2 bedroom, 1 bath, 1 car garage, deck, oak cabinets, berber carpet, wood stove. 208-436-0498 even 312-0947 days.

TWIN FALLS 3 bdrm 2 bath. By Owner. New carpet, appls, RV access. \$102,800. 1550 Aspen. Call 208-328-5117 or 539-1342

TWIN FALLS 3 bdrm, 1 bath, 1550 sq. ft., on 2.6 acres. Land split or build options. 9432 E. Falls. \$212,000. Call 208-410-9657

TWIN FALLS brand new 3 bedroom 2 bath home in Pleasant Meadows. Has extras. 1,216 sq. ft. Call 208-298-5561

TWIN FALLS Country living, 2000 sq. ft., 4 bdrm, 2 bath 1 acre, 7 miles SW of TF. 2662 E 3500 N. \$189,000. Call 308-5048 or 734-8033

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Pre-Employment drug screening will be required.

RETAIL

Western Stockmen's (WS) has openings for the following positions in their Jerome animal health and feed retail store:

- Office Coordinator/Counter Sales
- Delivery Driver/Warehouse Workers

Animal health or related ag background is highly preferred, with experience in customer service a plus. Store position requires basic computer skills. Go to www.simplot.com to apply. Driver position requires valid drivers license with good driving record. Apply direct at store, 1100 Main St in Jerome

Both are full-time positions with benefits. Pre-employment drug/alcohol and background screen is required. Women and minorities are encouraged to apply.

218 Times-News Carriers

South Idaho Press
Currently taking applications for the Minn-Cassia area. **WALKING ROUTES** (Mon-Sat. Delivery) **RT. 27, Burley** Bundle haul to Burley Business N. of W. 19° - W. 21°.

RT. 218, Burley W. 5° to W. 5° Main St. & Overland to Park

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RT. 312, Burley Bundle haul to Burley Business N. of Main St.

RT. 89, Heyburn W to S I & River Rd to Allensio Rd

RT. 181, Rupert G to K St. & 6° to 11° S.

RT. 188, Rupert Oneida to S. F St & 1° to 9° S.

RT. 181B, Rupert Oneida to S. A St to 1° S.

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FORD '99 Tauros, SE, 4 door, V6, 3.0L, auto, F.W.D. \$3,986. **208-736-2480**

HONDA '04 Civic Hybrid, 4 door, V6, 3.0L, auto, exc cond 26K, \$19,500 offer. 208-420-8884

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Vim and trim with vinegar?

For most people, vinegar is strictly a culinary item that adds zest to our most cherished condiments like ketchup, mustard and barbecue sauce or to a favorite potato salad. But some people who will do anything to drop a few pounds are sipping vinegar through a straw. Admittedly, it's an acquired taste.

Nutrition researcher Carol Johnson from Arizona State University found that this common household staple can blunt post-meal spikes in blood sugar in pre-diabetics or people with insulin resistance. In addition, participants who drank two tablespoons of vinegar in a glass



ALIVE AND WELL
Jan Mitteldecker

of water twice daily for four weeks lost one pound every two weeks with no changes in other diet or exercise patterns.

Researchers speculate that vinegar may interfere with enzymes that break down carbohydrates for absorption as a plausible explanation for the weight loss.

Whether or not a vinegar elixir takes off as a popular weight loss tool as more research becomes available does not diminish its historical reputation as a versatile cure-all. Even Hippocrates wrote about the value of vinegar as a medicinal in the 5th century B.C. Today various folk remedies using one of the lightest and least expensive vinegars, made from apple cider, is recommended for its curative effects as an insect repellent, in sunburn relief and, yes, even for postnasal drip.

Although wine's health-enhancing value, in moderation, may bring wine vinegars into the forefront as an antioxidant powerhouse, most folks simply understand the benefits in the culinary department beyond creating a vinaigrette over greens.

Try adding a dash of aged balsamic or raspberry vinegar to a fresh fruit salad.

Punch up the flavor profile in hearty soups and sauces with a boldly flavored vinegar.

Splash a flavored vinegar over steamed veggies.

Add a thimble full of vinegar to a pot of beans to curb the flatulence potential.

If you shy away from swallowing any form of the sour stuff, then, at least, consider vinegar as a natural cleaning product and disinfectant. It's cheap and free of chemicals that can provoke adverse health reactions in susceptible people. Americans are becoming increasingly sensitive to chemicals, according to the National Academy of Science, and some of the chemicals in commercial cleaners may have a sobering connection to cancer, allergies, birth defects and other disorders.

Among its most common uses in the household are cleaning surfaces like floors and countertops; removing stains like wine, barbecue sauce or coffee drips from clothing; polishing brass, chrome or glass surfaces; and dissolving wax, glue or baked-on grease.

In the garden, vinegar will clean tools, kill weeds and terminate some garden pests during summer. Vinegar extends the life of cut flowers, aids in germinating seeds and cleans mildew and fungus off plant leaves.

Frankly, there is almost nothing that vinegar won't clean, shine, fix or enhance throughout the house or yard, including you. In fact, if you were really going to use all the vinegar applications, you might want to buy the stuff by the case.

Health educator Jan Mitteldecker is coordinator of the Over 60 and Getting Fit Program at the College of Southern Idaho.

Think ahead



Seven-year-old Robbie Bowles perfects skateboard moves recently at the Twin Falls skateboard course at Harmon Park. Robbie's grandmother Lou McManiman says she will not bring Robbie or his 9-year-old sister, Asym, to skateboard without their helmets.

Helmets offer protection from injury, but choose the right one for the sport

By Linda Brittan
Times-News correspondent

TWIN FALLS — Any parent knows that children's occasional bumps and bruises are practically a rite of passage into adulthood.

But more serious injuries, specifically to the head, can be significantly reduced with the proper helmet usage for common recreational activities — a practice which, begun early, can be carried throughout life.

And this is a perfect time of year for a helmet to accompany that shiny new bike or board under the Christmas tree.

According to Safe Kids USA — a global network of organizations founded in 1987 whose mission is to prevent accidental childhood injury — experts say nearly half of the children hospitalized for bike-related injuries suffer from traumatic brain injury. But the good news is that the use of a helmet during wheel-related activities can reduce that risk up to 88 percent.

Helmets are required when taking the field in high school football or before stepping into the batter's box for a softball game, but when it comes to recreational activities such as bicycling, skiing, snowboarding, skateboarding or horseback riding, it is often up to the individual — youth or adult — to make the decision to strap on a helmet.

Besides bicycle shops, sporting good stores, dealerships and other retail outlets, Magic Valley Safe Kids in Twin Falls carries a variety of helmets for many sports for both youngsters and adults.

Page Geske, director of the Twin Falls office, said helmet sales tend to go hand in hand with winter activities as popular for the time of year. But the holidays add to those numbers with parents or grandparents purchasing helmets to go along with that new snowboard, bike, skateboard or even a new snow machine in the family.

"A lot of it is seasonal," she said. "We're entering into the season now where a lot of people are going to be looking for snow helmets, skateboards helmets and ATV helmets."

Do it smart

But pay attention when you buy. Each helmet is tested and approved for a particular use, Geske said. Not all helmets will give adequate protection for every sport — and the difference is especially significant between hel-

This is a perfect time of year for a helmet to accompany that shiny new bike or board under the Christmas tree.

meets designed for use with motorized or non-motorized activities.

"One of the things that is confusing to people is that they don't realize that you can't use a bike or skiing helmet for snowmobiling," Geske said. "They're all created with different crash impacts. For instance, a bike helmet is tested for a bike crash; therefore, it's made with a different plastic, foam, mounting and padding. A bike helmet wouldn't protect you in those (motorized) activities, because that is not what they're intended for."

For adequate protection, Geske advised checking for damage to the helmet before starting out on a bike ride or hitting the slopes. Look for cracking in the frame on both the exterior and interior of the helmet. Check for excessive wear in the straps, and make sure the plastic rings on the straps are intact.

Geske cautioned against purchasing a helmet at a secondhand store or garage sale because the history of the helmet will be questionable.

While football, baseball and other team-sport helmets are designed to protect against multiple head impacts — and generally can continue to be used after such impacts — helmets for individual activities do not have the same use span.

"Those helmets are usually one-crash items," Geske said. "In addition, because helmets are made of materials which deteriorate with age, they have a limited life span and must be replaced after five years (sooner if the manufacturer recommends)."

Just do it

In Idaho, people younger than 18 are required to wear a helmet which has been approved by the national Department of Transportation — more commonly known as DOT compliant — while riding motorized vehicles such as ATVs, snowmobiles or motorcycles on public roads or recreation areas.

Get the right gear

Fit the helmet to the wearer. The helmet should be both comfortable and snug. It should be level on the head and not move in any direction — back-and-forth or side-to-side. The chin strap should also be securely buckled so the helmet doesn't shift or slip off during a fall or collision.

Helmets can be purchased at a variety of locations; prices listed below — with the exception of motorcycle and auto racing helmets — were provided by Magic Valley Safe Kids.

1. Bike helmet — All bicycle helmets manufactured after 1999 must meet the U.S. Consumer Product Safety Commission (CPS) standards. Helmets meeting these standards provide substantial head protection when used properly. Price: \$10.

2. Ski/snowboard helmet — Helmet extends down farther on the back of the head, giving that area additional protection in higher-speed impacts. Many come with stickers that can be filled out with personal information to help identify an unconscious person. For use with non-motorized snow sports. GIRO brand price: \$30 to \$40.

3. Equestrian helmet — ASTM (American Society for Testing Materials) and SEI (Safety Equipment Institute) approved helmets are often required for competition jumping and riding. These helmets are tested to withstand the impact of the side of a jump or a horse's hoof.

4. Multi-sport helmet — This can be used in various non-motorized activities such as roller skating, skateboarding and scooters. If CPSC-approved, it is also acceptable for bike riding. Price: \$20.

5. ATV/snowmobile helmet — Full-face helmet is designed to withstand impacts which may occur with motorized vehicles. Price: \$50

6. Motorcycle helmet — Styles vary from half-shell, 3/4 to full-face but must be Department of Transportation approved. Idaho law requires a rider younger than 18 years old to wear an approved helmet. Price: \$50 and up.

7. Auto racing helmet — Often required to be Snell-approved. The Snell Memorial Foundation was formed in 1957 to promote research, education, testing and development of standards to improve effectiveness of auto racing helmets. Named after William "Pete" Snell, who died in a racing event in 1956 when his then state-of-the-art helmet failed to protect him. Price: \$138 and up.



Helmets generally available at dealerships or online:

COMICS

B.C. By Johnny Hart

LIVING ON THE EDGE

HUMPTY DUMPTY'S LAST KNOWN ADDRESS

Baby Blues By Rick Kirkman & Jerry Scott

TODAY I OVERHEARD PAZ AND HANNAH GIBBERING ABOUT THE PERFECT CHRISTMAS.

WHAT'S THE PERFECT CHRISTMAS?

IT'S WHEN THERE'S NO END TO THE PRESENTS' BOUNTY BRINGS—WHEN THE PRESENTS KEEP MULTIPLYING BY THEMSELVES.

THEY DON'T ASK ABOUT THE PRESENTS FOR THAT.

I CAN MAKE THAT WISH COME TRUE BY BUYING A COUPLE OF GUFFEY.

Baldo By Hector D. Cantu and Carlos Castellanos

I WONDER WHERE THIS TRAIN IS GOING? I'M SURE IT'S ON A LONELY JOURNEY.

A LOSE SOUL TAKES THE PATH TO AVOID IT TAKES IT IN AN UNKNOWN DIRECTION FOR MANY. I PLACE ONLY THE TRAIN STEERING GEAR KNOWS FOR SURE.

TRAIN STEERING GUY?

LET'S. PHOLOSOPHERS DON'T HAVE TO MAKE SENSE.

Brevity By Guy & Rodd

OH DON'T WORRY, WE HAD HIM DEFANGED.

Dilbert By Scott Adams

DID YOU TELL ASOK TO GET OUR CLIENT A 'LITTLE BIT PREGNANT'?

YES.

WELL, HE DOESN'T UNDERSTAND ALL OF OUR AMERICAN SAYINGS.

I DON'T KNOW WHAT THIS IS ALL ABOUT, BUT I'M IN.

Doonesbury By Garry Trudeau

MY BABY GIRL HASN'T AND I ASK DOUG TO SEE HER FOR YOU!

AM I MEANT TO SAY 'I'M SURE SHE'S A GREAT GIRL'?

I'M FILING TWO COPIES AND DON'T EVEN FIND THE TIME TO LET AND YOU GUYS CAN JUST GO TO A MOVIE?

JUST IF IT'S DONE! I'M WORRY! JUST GET SOME PICTURES AND I'LL BE IN MY BUSINESS AND SHE'LL BE A MOTHER!

DO YOU KNOW FILE FOLDERS? I'M SURE I'LL BE A MOTHER!

NO ONE LIES! I'M DYING HERE!

The Elderberries By Phil Frank and Joe Troise

Here's a picture I draw of you, Foster Grandpa.

Let me have a look at that, huckaroo.

Whoa! What're all them squiggly lines all over mah face?

Umh, those are wrinkles.

You're mistaken, pardner. Those are character lines.

Maybe that's why my mama says lots of characters live at Elderpark!

For Better or For Worse By Lynn Johnston

YOU DID A GREAT JOB IN THERE! IN YOUR CLASS, WITHIN!

WHAT DID YOU WANT TO SAY? I'M SURE YOU DID A GREAT JOB IN THERE!

YOU DID A GREAT JOB IN THERE! I'M SURE YOU DID A GREAT JOB IN THERE!

YOU DID A GREAT JOB IN THERE! I'M SURE YOU DID A GREAT JOB IN THERE!

Frank and Ernest By Bob Thaves

ERNIE, WHAT'S AN EIGHT-LETTER WORD FOR "VICIOUS, BITING WIT"?

"SHARKASM!"

Luann By Greg Evans

WHERE'S MOM 'N' DAD?

AT HOME DEPOT, GETTING STUFF TO FIX UP MR. HOBBS'S 1 1/2 ROOM CLEAN HOUSE.

WALLPAPER AND POTTED PLANTS?

DELIVER DOLL SET AND 12-PIECE ROUTER KIT?

Mallard Fillmore By Bruce Tinsley

A MALLARD SAYS "MATTY LEAD FOR THE GOP."

LOTS OF CONSERVATIVE VOTERS STAYED HOME... JUST TO MAKE THE POINT... THAT YOU SHOULD TAKE ANYBODY BRING YOU... OR ELSE LEAVE THE JOINT. YOU FOLKS WERE REAL "BIG SPENDERS". NON-YOU'RE ALL ALONE SLEEPING OFF YOUR BENDERS. HOPE YOU'VE GOT CAB FARE HOME.

Luann By Greg Evans

You wanted sex with Master Carbon??

YEAH, LISTEN. I'M THINKING OF SENDIN' YOU ALL OFF ON A SECRET MISSION AROUND THE COUNTRY.

Secret mission? I like! But why? I thought so many of us?

WELL, I REALLY ONLY NEED ONE OR TWO OF YOU, BUT AT THE RATE YOU GOVS YOU'VE GOT TO BRING I'D BRING EXTRA.

Which one of us extra?

Oh! (You're not!) (You're not!) (You're not!)

Pickles By Brian Crane

I READ SOMEWHERE THAT TWO OUT OF EVERY FIVE PEOPLE ARE PHYSICALLY UNABLE TO WINK.

IT COULD BE TRUE. I'VE NEVER BEEN ABLE TO WINK, HOW ABOUT YOU?

ME? SURE, I CAN WINK LIKE NOBODY'S BUSINESS.

OH GREAT! NOW I'VE GOT AN EYE SPASM!!

Rose Is Rose By Pat Brady

DON'T FEEL OBLIGATED TO KEEP ME FROM ENJOYING MY VISIT, ROSE.

I'M PERFECTLY FINE. I'M GOING OUT TO HAVE SOME TIME WITH MYSELF.

EVEN AN ACTER EGO WANTS FOR SOME TIME WITH HIMSELF.

Zits By Jim Borgman and Jerry Scott

I READ SOMETHING THAT TWO OUT OF EVERY FIVE PEOPLE ARE PHYSICALLY UNABLE TO WINK.

ACTUALLY NO.

'ACTUALLY NO'??

WHAT DOES 'ACTUALLY NO' MEAN?

ACTUALLY YES.

Non Sequitur By Wiley

WELCOME TO THE FIRM, SON. I THINK YOU'LL FIND THAT THE CHAIRS OF GRANDMA HERE IS PRETTY BASIC...

TELL US AGAIN ABOUT THE GREAT STAMPEDE OF '09 GRANDPA!

Draw the line somewhere, Aries

IF NOV. 27 IS YOUR BIRTHDAY: Take advantage of any opportunity in February and heed advice, no matter how minor it seems at the time. It merely takes a little acorn to sprout a mighty oak. You are likely to increase your knowledge and grow in wisdom in the months ahead. This might be a good year to take up a study, travel abroad or seek advancement credentials by taking certification exams. People who have your best interests at heart will be drawn closer to you and may even offer some very beneficial help, especially between June and September. Those who inadvertently block your way will have a tough time getting close to you for most of the year to come.

ARIES (March 21-April 19): Draw the line somewhere. It might be difficult to get up the steam to complete tasks you handle obligations. This isn't the day to take on extra duties or press for a commitment.

TAURUS (April 20-May 20): When nobody has a chance of winning it is best to "draw the line." Outside forces may prod you to take action when there is no move left on the board.

GEMINI (May 21-June 20): frustrating situations cause tensions.

SCORPIO (Oct. 23-Nov. 21): Reassessment and seething hostility only serve to hinder progress. Efforts to get ahead using the most straightforward tactics could meet with roadblocks under these stars.

SAGITTARIUS (Nov. 22-Dec. 21): Walk on water. Your soothing presence can make all the difference. Make important phone calls or contacts while celestial winds blow with approval on your projects.

CAPRICORN (Dec. 22-Jan. 19): Life isn't a hockey game and there is no penalty box. If people rub you the wrong way there is no need to decide who broke the rules. Keep heading for the goal regardless of obstacles.

AQUARIUS (Jan. 20-Feb. 18): Don't be oblivious to the steady resolve of someone you must deal with. Charm others by offering to discuss matters of deep concern.

PISCES (Feb. 19-March 20): Listen with all your senses. Be completely receptive to the ideas and thoughts of a significant other. Discuss key plans, proposals or tentative agreements — but wait to put them into action.

HOROSCOPE
Jeraldine Saunders

Get down to brass tacks. Tune in to precise balancing of the checklist and calculating the minute details of key strategies. Tune out controversial issues and flights of imagination.

CANCER (June 21-July 22): An overabundance of optimism is just as problematic as too much pessimism. Extra demands on your piggy bank could cause mild dissension.

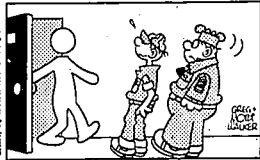
LEO (July 23-Aug. 22): Show you mean what you say. The best way to win trust is to do exactly what you say. Win kudos, keep the peace or bolster loyalty by showing your commitment to an ideal.

VIRGO (Aug. 23-Sept. 22): This is a day when the words you speak ring with sincerity and others will listen. Make sure that what you have to say is worthwhile. Make presentations or phone calls.

LIBRA (Sept. 23-Oct. 22): Reserve judgment. You could assume a certain someone is better or worse than they really are. Remain an oasis of calm even if tight schedules and

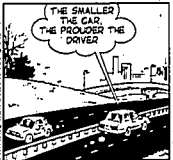
Beetle Bailey

By Mort Walker



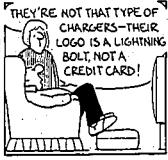
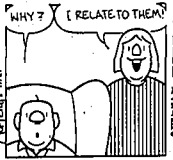
Blondie

By Dean Young & Stan Drake



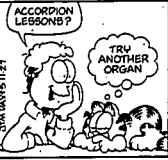
The Born Loser

By Art Sansom & Chip



Garfield

By Jim Davis



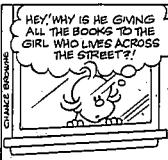
Hagar the Horrible

By Chris Browne



Hi and Lois

By Cifance Browne



Classic Peanuts

By Charles M. Schulz



The Wizard of Id

By Brant Parker & Johnny Hart



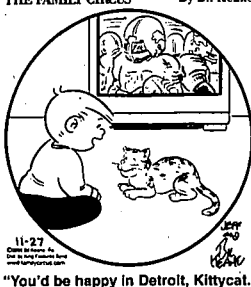
Dennis the Menace

By Hank Ketcham



THE FAMILY CIRCUS

By Bil Keane



Cell phone battleground pits Mom against teens

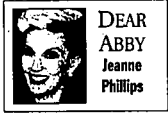
DEAR ABBY: I have been married to a wonderful man for two years. We both have daughters the same age, born the same year. They will be 17 next March.

My husband works all day and I stay home and take care of the kids. It also has two other girls, both under 10. My problem is the 16-year-olds sneak around and do things behind my back when they are told they cannot do them.

One big issue is that although my ex has custody of my daughter, she stays with me because she cannot be trusted alone at his house. My husband and I bought the oldest girls cell phones to keep tabs on them when they are not at home. But the cell phones have caused so much arguing in the house that it's unreal.

Both girls have been told they cannot talk after midnight, but every time I get the bill, there are calls after midnight. I'm talking about 1 a.m., 2 a.m. — even 4 a.m. They say I am wrong not to let them talk after 12 because they are adults. I am a mean mother, and I just want to prevent them from having a life. Now my daughter is saying that as soon as she's 17, she is moving out because she cannot stand it here. What should I do?

— STRESSED MOTHER
IN MICHIGAN
Confiscate the cell phones at bedtime. Your daughter may be 16, but she's acting like a 10-year-old. The person who pays



DEAR ABBY
Jeanne Phillips

for the cell phone makes the rules. It's up to you to enforce them.

DEAR ABBY: I'm a 13-year-old girl in the eighth grade. I get treated like a slut every day. Boys keep coming up to me asking me to have sex with them and be their little slave girl. I say no, but they won't stop!

About five months ago I almost committed suicide. I try to ignore them, really I do. Abby, could you please help me? Please!

— NOT A SLUT IN S. CAROLINA

DEAR NOTE: There's a name for what these boys are doing — it's called sexual harassment. It is very important that you tell a teacher what has been going on, because by law, the school administration can — and must — put a stop to it.

These boys think they are being sophisticated, clever and funny when in reality they are none of the above. They need to be punished. And you, my dear, may need professional counseling to get over the trauma and depression their foulness has caused.

Please clip this and show it to your parents and the teacher you confide in. Your

problem is serious and needs to be dealt with immediately.

DEAR ABBY: I have lost three friends, and I'm hoping you can tell me where I went wrong. If this had happened just once, I would suspect that I was overly sensitive. But three times?

These three friends are now widows. When they lost their husbands, my husband and I sent condolences, attended the funerals and attempted to be supportive. Since losing their husbands, Friend No. 1 has been exceptionally cool, Friend No. 2 left me abruptly in the middle of a sentence, and Friend No. 3 snipes at me at what seems every opportunity. What is wrong?

— PUZZLED IN WISCONSIN

DEAR PUZZLED: Your friends may simply be grieving, or they may be envious that you still have your husband. Or each could have a different reason. I don't know these women.

Frankly, your letter is unusual, given the fact that more often I hear from widows who tell me they are sad because the middle of a sentence, and Friend No. 3 snipes at me at what seems every opportunity. What is wrong?

Make another attempt to include these friends in a social outing or invite each over for a home-cooked meal. If they refuse — or accept, yet still seem cool or unfriendly — then leave them alone, and rest assured that you made the effort to reach out to them.

Mussolini was once a substitute teacher

Benito Mussolini was once a substitute teacher before he became the fascist dictator of Italy. Many school kids will tell you this makes perfect sense. Each of your eyeballs weighs about an ounce.

In 1777, most of the world was skeptical about the effec-

Random kinds of factness

tiveness and safety of vaccina-

tions. Still, George Washington had the entire Continental Army vaccinated against smallpox. He had only 4000 men at the time and couldn't afford to lose any to sickness.

Walter Law & Hanson
Straight Talk on Elder Law and Estate Planning

PRYING EYES

QUESTION: I am the trustee and current income beneficiary of a trust created by my late husband. His children by a prior marriage become trust beneficiaries at my death. Do I have to keep them informed of trust activity?

Yes. Idaho law requires a trustee to keep both current and future trust beneficiaries reasonably informed of trust activity. Upon request, beneficiaries must be given a copy of the trust terms which describe or affect their interest.

This can seem like a gross intrusion into the privacy of a surviving spouse's affairs. However the purpose of these disclosure requirements is to inform all concerned of their rights as they arise.

If future beneficiaries are not made aware of their rights, they have no way of monitoring trust activity and making sure their interests are not improperly diminished.

The central concept is "trust". It is one person — a trustee — looking out for the rights and interests of others — beneficiaries. Communication is imperative.

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"MR. WILSON, DO YOU HAVTA PAY AS MUCH AS PEOPLE WITH ALL THEIR HAIR?"

South Central District Health slates flu shot clinics

South Central District Health will participate in National Influenza Vaccination Week today through Friday and will hold clinics in several locations as well as clinics during December.

The Centers for Disease Control and Prevention organized the nationwide event and encourages those at high risk for serious complications from influenza to receive a vaccination. According to the district health office, people in high-risk categories include those with chronic illnesses (heart disease, lung disease, kidney disease and diabetes), pregnant women, health care personnel and healthy household contacts and caregivers of high-risk persons.

This year CDC recommends children age 24 months to 59 months be vaccinated, as well as children age 6 months to 23 months.

Cost for the vaccine is \$19; Medicare, Medicaid and private insurance can be billed. To schedule an appointment, contact the district health office: Bellevue, 117 E. Ash St., 788-4335; Burley, 2311 Park Ave., Unit 4, Suite 4, 678-8221; Gooding, 145 Seventh Ave. E., 934-4776; Jerome, 951 E. Ave. H., 324-8838; Rupert, 1219 Ninth St., Suite 15, 436-7185; and Twin Falls, 1020 Washington St. N., 737-5900.

'Baby and Me'

St. Benedict's Family Medical Center offers "Baby and Me" classes from 10:30 to 11:30 a.m. Tuesdays at the Health Education Center, 115 Fifth Ave. W., Jerome. This week's topic is pediatric dentistry. The session is for parents of children from infancy through toddler years. The class is free. Call 324-7252.

Celiac support

Celiac Support Group of Magic Valley will meet at 7 p.m. Tuesday in the doctors' meeting room at St. Luke's Magic Valley Regional Medical Center, 656 Addison Ave. W., Twin Falls. Lynda Walker of Haley will give a gluten-free cooking demonstration. Anyone is welcome. Call Pat at 731-9079.

About C-sections

The fourth class of the prepared childbirth series will be offered from 7 to 9:30 p.m. Tuesday at the St. Benedict's Health Education Center, 115 Fifth Ave. W., Jerome. The class will discuss cesarean birth and will include a tour of the hospital. Participants are

Helmets

Continued from page D1
T.J. Woodhall, sales manager at Snake Harley-Davidson in Twin Falls, said that although adults are not required by law to wear a helmet while riding a motorcycle, customers who purchase a motorcycle at the dealership are always informed of the variety of protective equipment available.

"We offer everyone a selection of leathers, helmets and other gear," Woodhall said. "Some people will be interested in purchasing those things, but some people will shrug it off immediately. Some people are concerned about looking 'cool' and just aren't interested."

Among those who do purchase motorcycle helmets, Woodhall said, half-shell helmets are probably the most popular. They fit on just the top of the head and are lighter and less bulky than the larger, heavy-

To do for you

asked to bring two pillows, a blanket and one or two support people.

The suggested fee is \$5 per class. To register, call 324-1122, ext. 3361.

Prepare for childbirth

Prepared childbirth classes will be offered from 6:30 to 9 p.m. Tuesdays, this week through Dec. 26, in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 656 Shoshone St. E., Twin Falls. The class will include instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn including breast feeding and bottle feeding and a video tour of the Women's and Infant Center.

Cost is \$50. Pre-registration is required; call 732-3148 or go online at www.mvrmc.org.

Breast-feeding 101

St. Benedict's Family Medical Center will offer a Breast-feeding 101 class from 7 to 9 p.m. Wednesday at the St. Benedict's Health Education Center, 115 W. Fifth St., Jerome.

The class is for expectant mothers, fathers, grandparents and other support people; first-time parents; mothers who haven't breast-fed their babies; and other parents as a refresher course.

A registered lactation consultant will teach the class. Organizers encourage parents to attend the class within two months of the baby's due date.

The class is free. To register, call 324-4301, ext. 3361.

Learn CPR

A Heartsaver cardiopulmonary resuscitation class will be offered from 6 to 10 p.m. Wednesday in the Sage Room at St. Luke's Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls.

The class is offered under the guidelines of the American Heart Association and includes emergency procedures for mouth-to-mouth resuscitation, chest compression and choking response for adults and infants. The program includes classroom instruction and hands-on practice.

Cost is \$25. Pre-registration is required; call 737-2007.

Big Kids Klub

The Big Kids Klub will meet from 10 to 11:30 a.m. Saturdays in the Sage Room at St. Luke's Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls.

The class is designed to help prepare siblings for a new baby. Cost is \$10 per family with one child, or \$15 per family with two or more children. Pre-registration is required; call 732-3148.

Learn CPR/first aid

Adult cardiopulmonary resuscitation and adult first-aid classes will be offered from 8 a.m. to noon Saturday at the American Red Cross office in Twin Falls.

The course trains participants to prevent, respond to and respond to breathing emergencies. The first-aid class also includes proper care for broken bones, burns and bleeding.

Cost ranges from \$31 to \$45. Prepayment is required. To register or for information, call 1-800-853-2570; go online at www.redcrossidaho.org or stop by the Red Cross office, 853 Fourth Ave. N., Twin Falls.

About infant CPR

Infant cardiopulmonary resuscitation and pediatric first-aid classes will be offered from 1 to 4:30 p.m. Saturday at the American Red Cross office in Twin Falls.

Cost is \$35 for the infant and child CPR class only, or \$45 with pediatric first aid. Prepayment is required. To register or for information, call 1-800-853-2570; go online at www.redcrossidaho.org or stop by the Red Cross office, 853 Fourth Ave. N., Twin Falls.

Cancer survivors party

A Christmas party for cancer survivors will be held at 7 p.m. Dec. 4 in the Sage Room at St. Luke's Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls. Hors d'oeuvres will be provided. Bring a side dish to share and an ornament for a gift exchange.

For information, call Mary at 734-1766.

Refresher course

A childbirth refresher course will be offered from 6:30 to 9 p.m. Dec. 5 in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 656 Shoshone St. E., Twin Falls.

The class is for those who have previously taken childbirth classes. Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Pre-registration is required; call 732-3148.

About diabetes

Bayer Diabetes Care is sponsoring a diabetes education program, "Know Your Resistance," at 6 p.m. Dec. 7 at Kurt's Pharmacy, 1203 Elfer Ave. E., Twin Falls.

Maxine Schroeder, registered dietitian from St. Luke's Magic Valley Regional Medical Center, will present the program. Participants will receive a free blood glucose meter.

The program is free. Reservations are encouraged but not required; call 1-800-900-9666, ext. 9493. For information, call Kurt's Pharmacy at 734-8177.

About weight control

A new program dubbed "Ending the Diet Roller Coaster" will begin in January with discussion on how to make peace with food, and chronic and yo-yo dieting, enhance body image and manage weight naturally.

The group will meet from 6:30 to 9 p.m. Mondays, beginning Jan. 8 and continuing for 10 weeks. In the conference room at the old Times-News building, 184 Gooding St. W.

Megan Osborne, licensed professional counselor and national board certified counselor, will instruct. Cost is \$20 per week including materials. Space is limited. To register, call Osborne at 734-0022 or e-mail megan@peacewithfood.com. The deadline to sign up is Jan. 5.

"To do for you" is a listing of health-related activities, events and education. Information should be submitted by Thursday for publication in the following Monday's issue sections. Mail notices to: Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

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 Monday, Nov. 27 to 30, 2006

ORPHEUM
 Bobby 7:15-10:30

JEROME 4
 950 West Main Street
 Dec. 14-15: 7:15-11:15
 Happy Deck 7:15-11:15
 Dec. 16-17: 10:15-11:15
 Casino Royale 7:15-11:15

ODISSEY 6
 Magic Valley Mall
 Twin Falls
 Dec. 18-19: 7:15-11:15
 For Your Consideration 7:15-11:15
 Tennessee D 7:15-11:15
 Dec. 20-21: 7:15-11:15
 Foundation 7:15-11:15
 Prizes of the Caribbean 7:15-11:15

TWIN 12
Cinema
 1800 E. 19th Street
 TWIN FALLS
 Dec. 22-23: 7:15-11:15
 Santa Claus 7:15-11:15
 Dec. 24-25: 7:15-11:15
 The Grinch 7:15-11:15
 Dec. 26-27: 10:15-11:15
 The Grinch 7:15-11:15
 Dec. 28-29: 10:15-11:15
 The Grinch 7:15-11:15

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A Financial Myth?

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Keep on the Look out for the next Question.

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