

FREEZING

New treatment offers hope for prostate cancer patients.

SEE IMAGE, PAGE D1



STYLE AND SHUFFLE

Indianapolis Colts and Chicago Bears head to Super Bowl after a wild Sunday.

SEE SPORTS, PAGE B1

Good Morning



High 32
Low 14

Mostly sunny, but still cold.
Details: B6

Times-News

MagicValley.com

MONDAY

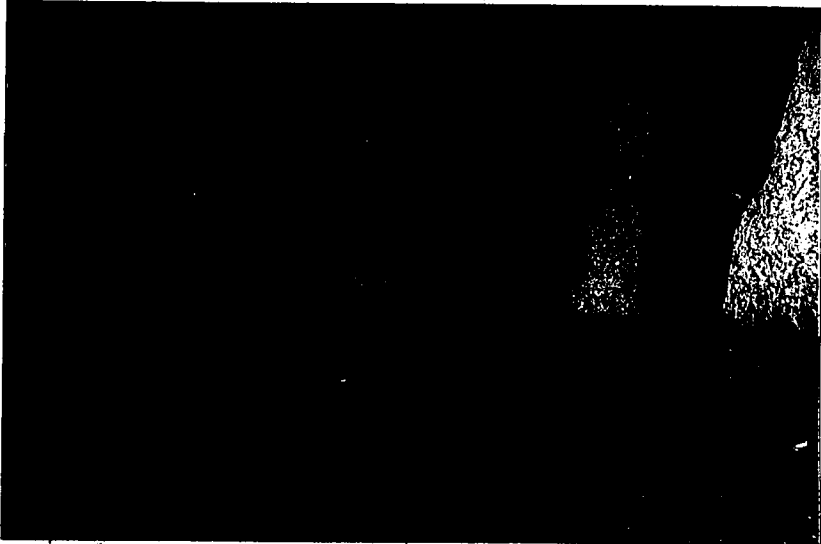
January 22, 2007

50 cents

"I go to work every day. I don't talk to God anymore. She (his wife) invited me to come back home. I did so many strange things."

— John (not his real name), on the effect that mental health court has had on his life.

Putting lives back on track



After years of suffering from a mental illness, a Twin Falls man is finding support through 5th District Judge G. Richard Bevan's mental health court.

Court helps mentally ill felons without risking public safety

By Cassidy Friedman
Times-News writer

TWIN FALLS — The morning of his 46th birthday John woke up agitated, grabbed his wife by the neck and talked to God.

In August 2005, he frequently talked to God, stayed up all night and didn't eat.

"I was in a full-blown psychosis," he said. "I had never been diagnosed. My kids and wife thought I was on drugs."

Grabbing his wife of 25 years led to a trial and eventual conviction in March 2005 of misdemeanor domestic violence and felony attempted strangulation.

That conviction typically leads to a prison sentence.

Instead, the 47-year-old man was sentenced to 5th District Judge G. Richard Bevan's mental health court.

The court, created in December 2005, convenes weekly and seeks to rehabilitate mentally ill felons. John, whose real name the Times-News is not publishing at his request because of the stigma attached to mental illness, is in the third phase of the four-phase program.

The program has helped put his life back on track at a fraction of the cost to taxpayers.

"I go to work every day. I don't talk to God anymore. She (his wife) invited

me to come back home," he said. "I did so many strange things."

Programs like these have only recently been launched in the Magic Valley. The Idaho Supreme Court pays for the mental health court.

But getting into the program is not easy. By mid-January, the fledgling program was half-filled. The court denies three-fourths of its applications, rejecting sex offenders and screening out violent offenders if a psychotic episode did not fuel their crime. And not all mental illnesses qualify.

Of the people accepted in the 5th District, the prosecutor must give the final approval.

Bevan signed up to lead the court

after seeing their success nationwide at reducing recidivism, cutting costs and promoting re-integration of defendants into society without risking the safety of the community.

Bevan hands out Snickers bars for good behavior.

As strange as it sounds, the Snickers bars come to mean a lot to participants, said Richard Neu, who coordinates the mental health court for the 5th District. Bevan, who sat beside Neu during the interview, nodded and added — especially when everybody but you is getting one.

Please see COURT, Page A3

Coal story not over for Idaho

Company foresees three scenarios that could bring facility to Soda Springs

By Matt Christensen
Times-News writer

BOISE — A three-page memo is floating around the Capitol these days that has opponents of coal-fired power plants worried.

It's from an energy company called Mountain Island Energy Holdings LLC that wants to build a 400-megawatt coal-fired power plant in Soda Springs.

The memo is part of a lobbying effort on behalf of MIEH to convince the Legislature that coal power isn't bad for Idaho — it's needed.

"You can't take more than two steps in the Capitol building without being handed (the memo)," said Bill Block, husband of Sharon Block, R-Twin Falls.

In August, after a grassroots effort in part spearheaded by Bill Block to stop California-based Sierra Generation from building a coal-fired plant in Jerome, then-Gov. Jim Risch signed an order that kept Idaho out of a federal cap-and-trade program for mercury emissions.

The federal program puts a limit on the amount of mercury each state can emit, but allows states below the cap to trade their emissions allowances to other states.

In addition, the Legislature passed in the spring a two-year moratorium on coal-fired plants until the state could update its energy plan for the first time since the early 1980s. The moratorium expires in April 2008, and a draft of the energy plan is expected to be ready next month.

Mercury is a neurotoxin known to cause birth defects. Numerous bodies of water in Idaho, including Salmon Falls Reservoir, already contain dangerous amounts of mercury.

MIEH presents three scenarios that could make the Soda Springs facility a reality: first, the Legislature could elect not to approve an Idaho Department of Environmental Quality rule that essentially keeps Idaho out of the program. Second, the state could get back into the program through an executive order from Gov. Butch Otter or through legislation. Lastly, the state could create a state-run mercury management program that allows coal-fired power plants.

Gov. Otter has not expressed publicly his opinion about coal-fired technology.

Please see COAL, Page A3

More students just saying no to junk food in school cafeterias

By Janet Friedman Lurie
Associated Press writer

LODI, N.J. — The cafeteria lunch line at Columbus Elementary School moves quickly as students grab portions of carrots, celery, apples and oranges. French fries and hamburgers, once cafeteria staples, aren't even offered.

"I eat carrots or apples every day," said 10-year-old Alan

Esposito. He said he didn't notice that the bun holding his all-beef hot dog was whole wheat. Even the pizza available in the cafeteria has whole wheat crust.

The school cafeteria looks radically different from those of his parents' generation, and it appears many kids aren't turning their noses up at the new offerings. In fact, according to a survey of food service directors,

French fries are decreasing in popularity and interest in carrots is skyrocketing.

As choices on the lunch line change, many children are accepting them, said Martha Conklin, an associate professor at Penn State University who conducts research about school nutrition programs and school food service.

Please see NUTRITION, Page A3



Alan Caplan, a 10-year-old at Columbus Elementary School in Lodi, N.J., holds his lunch bag containing a hot hot dog on a whole wheat bun, beans, carrot sticks, a bag of apple slices and low-fat milk in the school's cafeteria Tuesday.

Karbala ambush shows new sophistication, resources

By Ernesto Londoño
The Washington Post

BAGHDAD, Iraq — The armored sport-utility vehicles whizzed into a government compound in the city of Karbala with speed and urgency, the way most Americans and foreign dignitaries travel along Iraq's treacherous roads these days.

Iraqi guards at checkpoints waved them through Saturday afternoon because the men wore what appeared to be U.S. military uniforms and badges, and drove cars commonly used by foreigners.

the provincial governor said. Once inside, however, the men unleashed one of the deadliest and most brutal ambushes of U.S. forces in a secure, official area. Five American service members were killed in a hail of grenades and gunfire in a breach of security that Iraqi officials called unprecedented.

The attack, which lasted roughly 20 minutes, came on a day when the United States lost at least 20 other troops, including a dozen in a helicopter crash. Saturday, the third-mortal day for American forces in Iraq, coincided with the

arrival of 3,200 troops of the 82nd Airborne Division's 2nd Brigade Combat Team, the first unit to reach Baghdad as part of a 21,500-troop increase that the Bush administration hopes will restore order in the violent capital.

Soldiers from the 82nd came to us ready to engage in a wide variety of operations in support of the Iraqi Baghdad Security Plan. Lt. Gen. Raymond Odierno, the second-ranking U.S. commander in Iraq, said in a statement. "The brigade adds operational flexibility that will assist in securing the population."

U.S. military officials said Sunday that they could not discuss the attack in Karbala in detail because it remained under investigation. But they said the version of events provided by the governor's office was consistent with their preliminary findings.

After arriving at the Provincial Joint Coordination Center in Karbala, in southern Iraq, the attackers detonated sound bombs, Iraqi officials said. They wanted to create a panic situation, said an aide to Karbala Gov. Alkeel al-Khazali.

inside:

U.S. intelligence helped uncover Iraqi leader to drop protection for anti-American Shiite militia.

Historians offer dramatic outlook for Iraq. See page C1

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TODAY'S FORECAST

TWIN FALLS		
Today	Tonight	Tuesday
Mostly sunny skies and cold	Partly to mostly clear and cold	A little colder than normal
High 32	Low 14	34 / 20

MINI-CASSIA

Today: Dry, mostly sunny and cold. Patchy morning fog is possible. Highs in the upper 20s.
 Tonight: Mostly clear and cold. Lows near 10.
 Tomorrow: Partly cloudy and cold. Highs in the lower 30s.

Complete weather report: See page B6

TODAY'S HAPPENINGS

ARTS AND ENTERTAINMENT

"The Second City," a Chicago-based improvisational comedy troupe, 7:30 p.m., College of Southern Idaho Fine Arts Center auditorium, \$35 for adults and \$11 for children, 732-6288.

GOVERNMENT

Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, Burley, 878-7302.
 Elmore County commissioners, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home, 587-2129.
 Gooding County commissioners, 9 a.m., courthouse, 624 Main, 934-4841.
 Halley City Council, 6 p.m., City Hall, 115 Main St. S., 788-4221.
 Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.
 Ketchum Planning and Zoning Commission, 5:30 p.m., City Hall, 480 E. Ave. N., 726-7801.
 Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B. Shoshone, 886-2173.
 Minidoka County commissioners, 9 a.m., courthouse, 715 G St. N., Rupert, 436-7111.
 Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E., 735-7274.
 Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

HEALTH

TOPS (Take Off Pounds Sensibly) ID No. 3 Chapter of Twin Falls, weigh ins at 11:30 a.m., meeting from 12:30 to 1:30 p.m., Fellowship room, Magic Valley Church of Christ, 2005 Filer Avenue E., no cost to visit, 736-7237 or 736-9282.
College of Southern Idaho's Over Sixty and Getting Fit programs, a guided walking workout with stretching and gentle resistance training, 9 to 10 a.m. at several Magic Valley locations: CSI gym, Jerome Rec Center, Shoshone High (old gym), Rupert Civic Gym, Blaine County Campus Gym and Filer Elementary, 10:30 to 11:30 a.m. at Buhl Middle School and 11:30 a.m. to 12:30 p.m. at CSI Burley Outreach Center Gym, no cost, 732-6475.
SilverSneakers Fitness Program, innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., Twin Falls, no cost for Humana insured or YMCA members and \$5 per class for non-insured, 733-4384.

List your event

To list events (including ongoing ones) in February's monthly calendar, please submit the name of the event, a brief description, time, place, cost and contact number by noon Jan. 24 to Suzanne Browne by e-mail: sbrowne@magicvalley.com; by fax, 734-5538; or by mail, Times News, PO Box 548, Twin Falls, ID 83303-0548.
 To list events in the daily calendar, submit the event's name, a brief description, time, place, cost and contact number using the contact information above. Deadline is noon, four days before the event.

FOUR-DAY PLANNER

Tuesday

Blaine County commissioners, 8:45 a.m., courthouse, 206 First Ave. S., Huley, 788-5590.
 Glens Ferry City Council, 7 p.m., City Hall, 110 E. Second St., 366-7418.
 Gooding School Board, 7 p.m., administration office, 507 Idaho St., 934-4841.
 Jerome City Planning and Zoning Commission, 7 p.m., council chambers, 100 E. Ave. A, 324-8189.
 Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.
 Jerome School Board, 6 p.m., Carter Luther Vocational Ag Building, high school, 104 Tiger Drive, 324-8137.
 Shoshone Planning and Zoning Commission, 7 p.m., City Hall, 207 S. Rail St. W., 886-2030.
 Sun Valley Planning and Zoning Commission, 9 a.m., City Hall, 81 Elkhorn Road, 622-4438.
 Twin Falls City Planning and Zoning Commission, 6 p.m., 305 Third Ave. E., 735-7267.
 Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

Wednesday

Heyburn City Council, 7 p.m., City Hall, 941 18th St., 679-8158.
 Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
 Twin Falls School Board, 7 p.m., administration office, 201 Main Ave. W., 733-6900.

Thursday

Bellevue City Council, 7 p.m., City Hall, 115 Poplar, 788-2128.
 Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

Friday

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

MAGIC VALLEY



Bellevue man pounds way to championship

BELLEVUE — "I used my wrestling to get him down, and once down I used jujitsu to get superior position and I knew I had it," Bellevue resident Lee Anderson said.

SEE PAGE D4

Banker invested in people of Buhl

BUHL — J.P. Hamilton, well-known as chairman of Farmers National Bank and for his dedication to the Buhl community, died Jan. 10. He was 81.

SEE PAGE D4

Quilt reflects 100 years

HOPKIN — Can a quilt tell hundreds of years of history on a 50-square-inch piece of fabric? With a little thought and a lot of creativity, it can.

SEE PAGE D5

Burn victims find freedom on ski slopes

SUN VALLEY — For the first time since being severely burned on missions in Iraq and Afghanistan, two men enjoyed the unfettered freedom of skiing last week in Sun Valley.

SEE PAGE D4

Coal issue still on Idaho horizon

BOISE — A three-page memo is floating around the Capitol these days that has opponents of coal-fired power plants worried.

SEE PAGE A1

Mental health court saves money, lives

TWIN FALLS — In August 2005, amid a full-blown psychotic episode, a Twin Falls man tried to strangle his wife. He was found guilty, but instead of going to prison, he was put into an innovative new program for mentally ill felons.

SEE PAGE A1

OBITUARIES

LaVerda Verina Gee, 91
 See page D5

THIS WEEK AT CSI

Monday

Registration continues for spring semester (Jan. 29 is last day for late registration).
 CSI library is open 7:30 a.m. to 10 p.m. through Thursday and 7:30 a.m. to 6 p.m. Friday.
 CSI Adult Basic Education Center is open 8 a.m. to 4:30 p.m. (also Friday) and 8 a.m. to 9:30 p.m. Tuesday-Thursday, second floor of Meyerboffer building.
 CSI Testing Center is open 8 a.m. to 9:30 p.m. through Thursday and 8 a.m. to 5 p.m. Friday, second floor of Meyerboffer building.
 Arts On Tour presents "The Second City" comedy troupe with "Truth, Justice, or The American Way," 7:30 p.m., Fine Arts Auditorium.

Tuesday

University of Idaho, CSI faculty, staff and student luncheon, 12:30 p.m., Herrett Center for Arts and Science, Rick Allen Community Room.
 Herrett Center for Arts and Science is open 9:30 a.m. to 9 p.m. "Far Out Space Places," 7 p.m., Faulkner Planetarium.

Wednesday

CSI New Student Services Transfer Day, 9 a.m. to 3 p.m., Student Union Building, Eagle's Nest.
 Herrett Center for Arts and Science is open 9:30 a.m. to 4:30 p.m. (also Thursday).
 City chapter of Narcotics Anonymous meeting, 7 p.m., Desert 113.

Friday

Hugge Bears chapter of Narcotics Anonymous meeting, 7 p.m., Desert 113.
 "Far Out Space Places," 7 p.m., Faulkner Planetarium.

Friday-Saturday

Herrett Center for Arts and Science is open 9:30 a.m. to 9 p.m. Friday and 10 a.m. to 9 p.m. Saturday.
 CSI Golden Eagle women's basketball team vs. College of Eastern Utah, 5:30 p.m., Price, Utah (game broadcast on AM 1270 KTFI).
 CSI Golden Eagle men's basketball team vs. College of Eastern

IDAHO/WEST



Children's deaths prompts push against entrenched L.A. gangs

LOS ANGELES — A 14-year-old girl was killed by Hillspace gang members who police say were targeting blacks. A 9-year-old girl died after being hit by a stray bullet as gang members exchanged shots near her home. A cop was wounded in a gunbattle with a suspected gangster.

The soaring violence is prompting police and politicians to promise one of the toughest crackdowns against gangs in city history.

SEE PAGE D6

Interest in SE Idaho oil drilling increasing

POCATELLO — Officials with the Caribou National Forest in southeastern Idaho are working on an environmental impact analysis amid renewed interest for oil and gas exploration in the region. The area had previously been unattractive for such ventures because of a cross-section of faults and other geologic challenges, but increasing energy prices have companies wanting to take another look.

SEE PAGE D5

Drug abuse program helping Idaho inmates

BOISE, Idaho — A year-old drug abuse education program at the Canyon County jail in southwestern Idaho is helping inmates overcome their addictions, particularly meth, program officials said.

SEE PAGE D5

Richardson announces run for White House

WASHINGTON — Democrat Bill Richardson took the first step Sunday toward a bid to become the first Hispanic president, saying the country needs his extensive experience as a governor, cabinet secretary and ambassador.

SEE PAGE D5

NATION/WORLD



Iraq's PM ends help for anti-U.S. cleric

BAGHDAD, Iraq — Iraq's prime minister dropped his protection of an anti-American cleric's Shiite militia after U.S. intelligence convinced him the group was infiltrated by death squads, two officials said Sunday.
 In a desperate bid to fend off an all-out American offensive, the radical cleric Muqtada al-Sadr last Friday ordered the 30 lawmakers and six Cabinet ministers under his control to end their nearly two-month boycott of the government. They were back at their jobs Sunday.

SEE PAGE C1

Sponsors of resolution against the war seeking support

WASHINGTON — Two leading Senate Democrats sought to build support Sunday for a bipartisan resolution opposing President Bush's war strategy in Iraq, cautioning that division over whether it goes far enough could spell defeat.

"The worst thing we can do is to vote on something critical of the current policy and lose it," said Sen. Carl Levin, D-Mich., who chairs the Senate Armed Services Committee. "The public doesn't support his policy, a majority of Congress doesn't support his policy."
 "If we lose it, the president will use the defeat of a resolution as support of his public policy," Levin said.

SEE PAGE C1

Chavez accuses U.S. of meddling

CARACAS, Venezuela — President Hugo Chavez told U.S. officials to "Go to hell!" on his weekly radio and TV show Sunday for what he called unacceptable meddling after Washington raised concerns about a measure to grant Venezuela's fiery leftist leader broad lawmaking powers.

SEE PAGE C1

SPORTS



Manning, Colts finally Super Bowl bound

INDIANAPOLIS — A comeback, a drive, a legacy. And yes — finally — Peyton Manning gets his Super Bowl trip, too.

Football's most prolific 'quarterback put on a show for the ages Sunday, rallying the Indianapolis Colts from 18 points down and driving them 80 yards for the winning score in a wildly entertaining 38-34 victory over the New England Patriots.

In his year in the league, Manning has never played in a game like this AFC championship contest. He threw for 349 yards and one touchdown and brought his team back from a 21-3 deficit.

SEE PAGE B1

Bears roll over Saints to make Super Bowl

CHICAGO — The Chicago Bears know how to make a Super Bowl memorable. They're making this one historic long before it's played.

Dissed all season long, Rex Grossman and Co. are heading to the big game for the first time since 1985 after rolling over the New Orleans Saints 39-14 Sunday, and Da Coach leading them there makes it all the more special.

Lovic Smith's arrival in Miami will make him the first black head coach to reach the marquee game in its 41 years.

SEE PAGE B1

Hings wins in Melbourne Open

MELBOURNE, Australia — Three-time champion Martina Hings advanced to the quarterfinals in the Australian Open, weathering an early challenge from Li Na on Monday before pulling away for a 4-6, 6-3, 6-0 victory.

SEE PAGE B2

Utah, 7:30 p.m., Price, Utah (game broadcast on AM 1270 KTFI).

Saturday

CSI library is open 1 to 5 p.m. (also Sunday).
 CSI Cowboy and Cowgirl Boxing Smoker (CSI Rodeo program fundraiser), doors open at 6 p.m., pre-light entertainment at 7:30 p.m., Eldon Evans Expo Center.
 Faulkner Planetarium shows: "How to Build a Planet," 2 p.m.; "Star Signs," 4 p.m.; "Far Out Space Places," 7 p.m.; and "Pink Floyd: Dark Side of the Moon," 8:15 p.m.

Sunday

James Moulton Memorial Wild Game Feed (CSI Law Enforcement scholarship fundraiser), 4 p.m., Rock Creek Restaurant (for tickets, call 732-6296).

Times-News

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Coal

Continued from page A1

It's most likely the Legislature will let the moratorium expire, and Idaho will make its own mercury-emissions rules that allow coal-fired plants, said Itay Roeder, the company's director.

In its 2006 Integrated Resource Plan, Idaho Power Co. said it could incorporate 250 megawatts from an Idaho-based coal-fired plant if one is available.

Roeder said he hopes at least some of the power from the proposed Soda Springs plant could be sold to Idaho Power Co.

Roeder and another MIEH employee, Mitchell Hart, met recently with county and city officials in Soda Springs. "Our take is that they're welcome among our industry in their town," Hart said.

Roeder and Hart must win hearts and minds at the state level, where legislators or the governor could determine the fate of their project — and all coal-fired projects in Idaho — in the coming weeks.

Times-News staff writer Matt Christensen covers natural resources. Contact him at 735-3243 or at matt.christensen@lee.net.

New company wants coal-fired plant in Idaho

By Matt Christensen Times-News writer

BOISE — Sempra Generation is a company most Idahoans are familiar with.

But now, there's a new energy company on the block that many know little about.

Mountain Island Energy Holdings LLC wants to bring a coal-fired power plant here, and it hopes Idaho will develop a state-run mercury-emissions program so it can build a plant in Soda Springs.

"This company is the new Sempra," said Gale Kleinopf, a former Twin Falls city councilman.

MIEH was formed last summer by Mountain Island Energy LLC and United Fund Advisors LLC to apply for federal coal-project tax cuts.

But MIEH's plans were put on hold shortly afterward when a grassroots effort to block the Sempra plant resulted in a two-year moratorium on coal-fired plants from the Legislature and an executive order from then-Gov. Jim Risch to keep Idaho out of a federal cap-and-trade program on mercury emissions.

MIEH employees have traveled to Boise to meet with legislators. Reynold Roeder is the company's director.

"We've spent a lot of time talking to people to get a flavor for what's going on there," he said.

Roeder said he thinks it is likely legislators will allow the moratorium to lapse, and that Idaho could create its own mercury regulations that allow coal-fired power plants during next year's legislative session.

The proposed plant will use an unusual gasification technology that emits less carbon dioxide than a conventional coal-fired plant and about the same amount of mercury annually as a 2,500-cow brush fire, said Mitchell Hart in the company's Soda Springs office.

Hart said the project, which could be operating by 2013, would employ about 1,500 people during construction and about 120 full-time people when the plant opens.

Times-News staff writer Matt Christensen covers natural resources. Contact him at 735-3243 or at matt.christensen@lee.net.

Court

Continued from page A1

"Positive reinforcement is, extremely effective," said Neu. "A candy bar can be a token of that." Initially, the court appears as a big hammer and now the judge is saying, "What a great week."

John's conviction is helping him reclaim his life. "I've seen him go from being compliant because he had to be to being somebody who's doing this because he appreciates the benefit of the program in his life," Bevan said. "I mean, it's who he is now."

But his drive to succeed in the program was not always so strong.

Recall the nervousness of your first day in kindergarten. Now imagine exposing your vulnerabilities to a robed judge in his courtroom while feeling the effects of new anti-psychotic medication, coming down off years of sleeplessness and talking to God. But over the next few months, Bevan and the man formed a successful mentoring relationship.

But Neu and Bevan said Idaho is just beginning to appreciate the potential at specialized courts.

The Idaho Legislature approved the Idaho Drug Court and Mental Health Court Act to pull the state out of 43rd place in the United

States in its ability to provide mental health services.

The act concluded that mental health courts "have provided a cost-effective approach to addressing the mental health needs of offenders, reducing recidivism, providing community protection, easing the caseload of the courts and alleviating the problem of increasing prison, jail and detention populations."

Statistically, Neu said, someone like John falls after being released from jail.

"Mainstream probation is set up for someone who is rational and capable of making good decisions," Neu said. "And mental illness impairs a person's ability to make good decisions," he said. "Rather than locking them up because they have failed treatment, we support them every step of the way."

Once in the program, few people drop out, Neu said. Participants see the court in a way few other criminals have. "They see a side of me I'm sure few of the defendants see on Mondays," said Bevan, referring to the week's busiest

day for arraignments. "I'm still stern when I need to be stern. I recognize people maybe a little better than I did before."

"The mental disorders this program addresses last a lifetime."

"If we can catch them earlier on, we prevent future escalations," Neu said. "That is the hopeful goal."

Now on medication, John can reflect lucidly on his years of illness and the pain it caused his family. He said he feels lucky the program exists.

"I don't know if I had'n gone to mental health court if I would have the wherewithal to take my meds," John said. "Before you go to it, you don't know that that support system is even there."

Nutrition

Continued from page A1

"If you present these healthy offerings to children, they may turn them down the first time, but you can't give up," she said. "Children will adapt. Choice is important, but they can make those selections from healthy offerings."

The School Nutrition Association's annual survey given to food service directors around the country shows just that. Among students in kindergarten through 12th grade, french fries dropped in popularity from 1998 to 2006, while carrots and fresh vegetables

rose in popularity.

"We are dealing with much more sophisticated audiences now, and we working hard to meet their needs in a healthier way," said honey Thornton, the association's president.

More states are enacting nutrition standards to ensure healthy food and beverage options are available to students, said Amy Winterfeld, a health policy analyst for the National Conference of State Legislatures.

A 2004 wellness program requires school districts receiving federal reimbursements for school meal pro-

grams to develop policies that promote the health of students and address the growing problem of childhood obesity.

In 2005, at least 17 states enacted some form of school nutrition legislation and at least 11 more approved them last year.

A New Jersey law requires that, by next fall, snacks and a la carte items sold or served contain no more than 12 grams of total fat per serving and two grams of saturated fat per serving. Candy is banned and so are foods and beverages with sugar as the major ingredient.

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Dear Friend,
If you've ever thought about going to a chiropractor but you've hesitated because you weren't sure it was right for you, please read on...

My name is Dr. Sam Barker. We are celebrating our Opening at 777 Addison Avenue in Twin Falls, just west of Blue Lakes. I have agreed to "give away" to (anyone who asks for it) \$250 of my services for only \$15 that's right, \$15.

In the time since I began my practice, I've helped many people feel better and live healthier, more productive lives through chiropractic care. And now I'd like to introduce even more Magic Valley residents to the many benefits our profession has to offer.

For instance, chiropractic care may be able to help you if you're suffering from any of the following conditions:

- Migraine headaches
- Lower back pain
- Numbness or soreness in your arms or legs
- Constant fatigue, lack of energy
- Muscle spasms, sprains & strains
- And a whole host of other problems ranging from dizziness to ringing in the ear. These symptoms can be caused whenever the vertebrae in your spine are out of alignment because these "misalignments" directly affect your nervous system.

Fortunately, if you are suffering from any of these problems or similar afflictions right now, they can be relieved or eliminated

by proper chiropractic treatment (commonly called adjustment).

So, if you've always wanted to "check out" chiropractic care and see what it can do for you, now is the best time to do so.

For five days only, \$15 will get you all the services I normally charge new patients more than \$250 for!

What does this offer include? Everything.

Take a look at what you will receive...

- An in-depth consultation about your health and well-being
- A complete chiropractic spinal examination
- A full set of specialized X-rays to determine if a misalignment in your spine is causing your pain or symptoms...
- (NOTE: nobody gives these kinds of X-rays away free, they would normally cost you at least \$200)
- An analysis of your X-rays and spinal exam results to see what needs to be done to help relieve your problem
- Helpful literature that shows you how your body works and why you experience pain
- Answers to all your most probing questions about chiropractic care and what it can do for you...

The appointment will not take long at all. And like I said, I normally charge \$250 for this (most of which just cov-

ers the full set of X-rays). But for now, as part of this special offer, you can come in and find out for certain if you need chiropractic care and how it might help you eliminate the pain you are feeling.

Meet the Doctor

Before you come in, though, you will probably want to know a little bit about me. So let me tell you...



I am a Twin Falls native and graduated from the prestigious Logan College of Chiropractic with honors as Valedictorian. I was trained by the chiropractor to the world champion St. Louis Cardinals. I am certified by the National Board of Chiropractic Examiners and I am the only provider of Tinton DTS spinal decompression in the Magic Valley. I have also had extensive training in chiropractic physiotherapy and rehabilitation exercises to speed your recovery time and prevent future injuries.

Does Chiropractic Really Work?

Absolutely! Here are some findings from studies done by chiropractors and orthopedic surgeons.

Harvard Medical School Health Letter

September, 1990

"Chiropractic treatment of low back pain, which affects 75 million Americans, is superior to the standard regimen administered by medical doctors," a major British study has concluded. "Chiropractic almost certainly confers worthwhile long-term benefit in comparison to in-hospital outpatient management," said Dr. T.W. Meade, a British medical doctor who headed the study conducted at eleven hospitals and chiropractic clinics.

Federal Medical Study Endorses Chiropractic For Back Pain - US Agency For Health Care Federal Medical Study Policy and Research

December 8, 1994 - A panel of 23 doctors headed by Dr. Stanley Bigos, M.D., professor of Orthopedic Surgery, studied 3900 medical articles on low back pain. Their conclusions were that "chiropractor's manipulation of the spine was more helpful than any of the following: traction, massage, biofeedback, acupuncture, injection of steroids into the spine, back corsets and ultrasound." Surgery was beneficial in only 1 out of 100 cases!

Would you like even more proof that chiropractic works? Then listen to these comments from a few of my patients...

Patient Success Stories

I suffered from low back pain for over two years and tried other doctors, treatments, medications, and one failed surgery before coming to Dr. Barker. My back problem is now a thing of the past. I no longer need pain pills, I went camping for the first time in years and I woke up in the morning without pain.

Sincerely,
-Patricia Parks

Since birth, my little boy had chronic asthma, a constant "barking" cough, food sensitivities, and was unable to sleep for more than 2-4 hours at a time. We tried prescription drugs, including steroids, and had many emergency room visits. When Tate was 14 months old, we found Dr. Barker. Now he sleeps all night, eats anything and keeps it down. He doesn't get short of breath anymore and is a very healthy and content little boy.

Sincerely,
-Jan Schultz

Guarantee of Great Service

Obviously, I cannot guarantee results. No one can. But there is one guarantee I can give you, and that is a guarantee to give my best effort. Plus, if I do not think I can help you, I will tell you and refer you to another specialist who might be able to help.

Limited Time Offer

This offer runs from January 22nd to the 26th.
If you would like to take me up on my offer to see what chi-

ropractic can do for you, all you have to do is call our office and set up an appointment.

Phone (208) 736-8858
Call this number only

Call anytime between the hours of 9-1 and 3-6 Monday through Friday. Tell the receptionist you would like to come in for the Special Introductory Examination between January 22nd - 26th.

I expect to get flooded with appointments for this event, so please call as soon as possible to assure that you do not miss out!

Thank you very much, and I look forward to trying to help you get rid of your pain so you can start living a healthier and more productive life.

Sincerely,
Dr. Sam Barker

Magic Valley Spine & Joint
777 Addison Avenue
Twin Falls, Idaho

Evening & Weekend Appointments are available.

This offer applies to your consultation, exam, and x-rays. Any further treatment and payments shall be agreed upon in writing by both parties.

NATION

Tough audience awaits Bush's State of the Union

By Julie Hirschfeld Davis
The Baltimore Sun

WASHINGTON — With Congress in Democratic hands for the first time in his presidency, his standing in the polls at a low ebb and even some Republicans criticizing his troop buildup in Iraq, President Bush faces formidable obstacles to promoting his agenda in Tuesday's State of the Union address.

Bush wants to focus on a few key initiatives at home that can attract broad support and build a legacy that reflects well on him. But the smoldering debate over the course of the war — ignited with new intensity by Bush's announcement Jan. 10 that he would send 21,500 more troops to Iraq — has limited his ability to influence Congress with fresh domestic proposals, strategies, analysts and lawmakers say.

"It'll be a major challenge," said Jane Blumstein-Craball, a communications professor at Wilkes University in Pennsylvania. "Almost anything he submits domestically for the agenda is going to be evaluated in the context of the Iraq situation. Everybody's going to be thinking in the back of their mind, 'Yes, but how can we be doing these other things when you are stepping up the commitment in Iraq?'"

The timing of this year's speech has presented a sharp challenge for the White House, which spent most of the past two months consumed with compiling a strategic review on Iraq and drafting a 90-minute television address on the war. Since the president announced his new Iraq plan, he and senior aides have spent



President Bush is applauded as he gives his fifth State of the Union speech on Capitol Hill in Washington in Jan. 30, 2006. File photo. Behind Bush is then Speaker of the House Rep. Dennis Hastert, R-Ill., right, and Vice President Dick Cheney.

hours in meetings with lawmakers, struggling to persuade wary Republicans and Democrats to support it.

White House spokesman Tony Snow said recently that the Iraq speech had delayed some of the "compositional" aspects of the State of the Union — the meticulous drafting and rehearsals — but added that it had not affected the substance.

Bush is aiming for a briefer, more tailored State of the Union address than in the past, aides say. In which he'll spotlight a few themes — such as promoting alternatives to oil, expanding access to health insurance, revising immigration laws and improving education — rather than a "laundry list" of proposals. The White House also is hinting that Bush will signal a new openness to measures to combat climate change, which he has steadfastly resisted in the past.

While he will mention Iraq in the context of discussing the

"war on terror," the president does not plan to use the speech to rebut his critics, said Dana Perino, a White House spokeswoman.

Bush previewed some of his health coverage proposals Saturday in his weekly radio address, saying that he would announce Tuesday a new effort to help governors reduce the number of people in their states who lack private medical insurance.

Democrats have worked hard to focus on Iraq ahead of Bush's speech. Party leaders say they want to work with the

president on measures to develop energy alternatives, tackle climate change and improve education, among other issues.

But they have tapped freshman Sen. James Webb of Virginia — a former Marine who has been a vocal critic of Bush's policy in Iraq — to respond to the president's address Tuesday.

"This war is costing us not only in human life but in missed opportunities to help make America stronger, and so it naturally dominates every debate, and it should," said

Sen. Richard J. Durbin of Illinois, the second-ranking Democrat in the Senate. "There are still important things we need to do in America, and I hope the president will indicate in his State of the Union that he supports some of our goals, but Iraq is hanging over all of this. It has to be acknowledged."

Bush might need to tweak his customary speaking style, with Iraq coloring the public's view of him, said Mark Davis, a former speechwriter for Bush's father.

"Since Sept. 11th, the president has fallen into the role of 'the decider,' this sort of 'coach' style of declarative speaking, where he tells us at halftime what we need to do. We're at a stage right now where people really want to know why we are doing this, what it's going to do and how we get there," Davis said.

"Americans need some hand-holding, and they probably need to see some humility from this president." Bush's challenge is similar to that of past presidents who, in the twilight of their terms, find

that their "perspective gets narrowed to this little pinhole. In Bush's case, he's focused so much on Iraq," Davis said.

Some lawmakers worry that Bush might be so consumed by the war that he will find it difficult to gain traction for his domestic proposals.

"I'm very worried about it. No matter what we do overseas, we lose the war if America doesn't stay on a strong and progressive track back home, so he needs to balance the focus of Congress and the nation on things that we need to do here," said Sen. Jim DeMint, R-S.C., who met with Bush at the White House this month.

Bush wants to "emphasize the areas where you can work together," Snow said. He might have a hard time engendering a spirit of bipartisanship, however, at a time when Democrats are attacking his war policy with abandon and adamantly resisting his goals of more tax cuts and private Social Security investment accounts.

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Better off in than out?

State prisoners outliving people on the outside, government reports

WASHINGTON (AP) — State prison inmates, particularly blacks, are living longer on average than people on the outside, the government said Sunday.

Inmates in state prisons are dying at an average yearly rate of 250 per 100,000, according to the latest figures reported to the Justice Department by state prison officials. By comparison, the overall population of people between age 15 and 64 is dying at a rate of 308 a year.

For black inmates, the rate was 57 percent higher than among the overall black population — 296 versus 484. But white and Hispanic prisoners both had death rates slightly above their counterparts in the overall population.

The Justice Department's Bureau of Justice Statistics said 12,129 state prisoners died between 2001 through 2004.

Eight percent were murdered or killed themselves, 2 percent died of alcohol, drugs or accidental injuries, and 1 percent of the deaths could not be explained, the report said.

The rest of the deaths — 89 percent — were due to medical reasons. Of these, two-thirds of inmates had the medical problem they died of before they were admitted to prison.

Medical problems that were most common among both men and women in state prisons were heart disease, lung and liver cancer, liver diseases and AIDS-related causes.

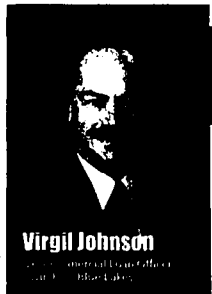
But the death rate among men was 72 percent higher than among women. Nearly one-quarter of the women who died had breast, ovarian, cervical or uterine cancer.

Four percent of the men who died had prostate or testicular cancer.

More than half the inmates 65 or older who died in state prisons were at least 55 when they were admitted to prison.

State prison officials reported that 94 percent of their inmates who died from an illness had been evaluated by a medical professional for that illness, and 93 percent got medication for it.

Two Local Leaders. One Great Idea.

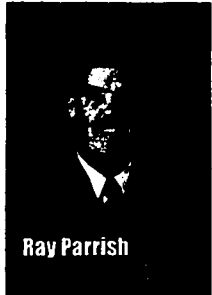


Virgil Johnson
Commercial Real Estate Officer
D.L. Evans Bank

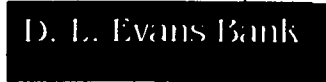
For 2006, Virgil Johnson and Ray Parrish were named RIVDA's SBA 504 commercial real estate leaders of the year.

We would like to congratulate them for this great achievement. Once again, proving that D. L. Evans Bank is committed to helping small businesses grow in the Magic Valley.

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Pelosi showing who's boss

By Erica Werner
Associated Press writer

WASHINGTON — Sworn in just over two weeks ago as the first female speaker of the House, Nancy Pelosi wasted no time showing who's boss. The California Democrat rammed six major bills through the House at breakneck speed, stomped out smoking privileges near the smoking floor, partially sidelined a powerful Democratic committee chairman and decided she liked traditionally Republican office space so much she claimed it for herself.

By Democrats' timekeeping, she did it all far under the 100 legislative hours she had allotted.

"We did what we promised the American people we would," Pelosi declared on Friday, pledging it was "just the beginning."

Pelosi's initial agenda, completed Thursday, included measures with wide popular support: increasing the minimum wage, broadening stem cell research, allowing government bargaining on Medicare drug prices, cutting student loan costs, putting in place terrorism-fighting recommendations from the Sept. 11 commission and rolling back energy company tax breaks.

The bill passed with bipartisan majorities and Pelosi triumphantly gavelled down the votes, at one point banging the gavel so enthusiastically that it left a small dent in the podium.

Now Democrats will have to move on to thornier topics such as reconciling their conflicting views of President Bush's Iraq troop escalation plan, overhauling immigration laws and fixing the alternative minimum tax. That will be the true test of Pelosi's leadership, congressional observers said.

"It's sort of like a meal in which you eat your dessert first and then get the broccoli for the main course," said Rutgers political science professor Ross Baker. "It's a great debut, but it's the overture and there are three or four acts to go."

Still, in the view of many Democrats, Pelosi's opening performance bodes well. She seemed to recover from post-election stumbles such as backing the losing candidate in the contest for House majority leader.

"She also is getting a honeymoon from the public. Pelosi is held in higher regard than the president or her colleagues in the Congress. An AP-AOL News poll taken Jan. 16-18 put her approval rating at 61 percent — much higher than that of Congress (34 percent) or Bush (36 percent)."

Rep. George Miller, D-Calif., a close ally, called Pelosi's performance "spectacular."

"What the Democrats in the caucus are telling me is that this is the best three weeks of their life," he crowed.

Even moderates who are not always aligned with the liberal Pelosi were not complaining.

"I've had no problem chalking down anything she's done to date," said Rep. Dennis Cardoza, D-Calif., a member of the fiscally conservative Blue Dog Democrats. "I think she's done very well in the good old boy halls of Congress. She's been more collegial than some members thought she might be."

Pelosi, who is in her 10th House term, moved quickly to defuse the Democratic potential controversy to boost her speakership, questioning over whether the minimum wage bill gave preferential treatment to a company in her district. She instructed the bill's authors to make sure it did not.

She has been at the forefront of her party's opposition to Bush's proposed troop increase, carefully emphasizing that Democrats will not support any attempt to cut off money for soldiers already in Iraq.

And she has played tough with Republicans and Democrats alike.

Pelosi's move to end smoking in the House Speaker's Lobby came even though House Minority Leader John Boehner, R-Ohio, is a heavy smoker. She angered Rep.

John Dingell, chairman of the House Energy and Commerce Committee and the House's longest-serving member, by creating a special committee to look at global warming, which is under Dingell's committee's jurisdiction.

"I have yet to have it explained to me what good it is," grumbled Dingell, D-Mich., an auto industry ally who has clashed with Pelosi.

Newly demoted Republicans have been able to do little but watch unhappily from the sidelines, echoing the complaint often made by Democrats during their 12 years in the minority: that they are being shut out of the legislative process.

Yet several GOP lawmakers said it hardly is surprising that

Pelosi is flexing her muscles now that she is leading the Democrats' return to power. "Speaker Pelosi worked a long time to earn this opportunity to be elected speaker, and she is totally enjoying her first month on the job," said Rep. Tom Reynolds, R-N.Y. "It's not that she's the first woman, it's her style," he added. "She's a risk taker."



Speaker of the House Rep. Nancy Pelosi, D-Calif., talks to media at the National Press Club in Washington Friday.

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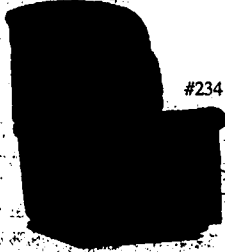
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OTHER VIEWS

Suggested tax creates additional gas pain

Coour d'Alone Press

A few months ago, the Idaho Transportation Department floated the idea of raising the tax on gasoline up to 24 cents a gallon. They had to do something, the department said, or a projected multi-million dollar deficit over the next three decades would cripple essential projects and programs.

On Monday AAA released its telephone survey of 400 Idaho voters in 41 counties that asked what folks thought of increasing the gas tax. Seventy-four percent said they oppose raising the tax to cover the transportation department's budget gap.

We'd like to echo that sentiment, and perhaps turn up the volume just a tad.

Raise the state tax on gasoline? Over our dead gas tanks, they will. First, we steadfastly maintain that government must learn to live within its means. That's not an indictment of ITD over any other state department, but a reminder that before hundreds of millions of dollars in additional revenue is accepted as the only alternative, every single cost-cutting measure has been scrutinized and applied where applicable.

Assuming that's the case, any significant hike in the gas tax should be rejected as a major blow to the state's economy. Just as the work force is adjusting to gasoline prices that have doubled over the past few years, a gas tax increase would take essential dollars out of workers' and employers' pockets and put them in ITD's piggy bank. It is not an exaggeration to suggest that a gas-tax increase of any size would directly lead to the loss of valuable jobs.

One of the biggest problems of raising gas prices is that it would hurt the working poor the most. We know that's somewhat consistent with Idaho tax policy — last year, we raised the state sales tax so hungry families could subsidize homeowners' property taxes — but we object on principle. A hike in the cost of gasoline would push some folks over the fine line between working for low wages and saying the heck with it and going on welfare.

What makes more sense to us is a thorough examination of fees that help maintain and improve Idaho's roads. For instance, in many states, the value of vehicles factored into registration fees. In Idaho, vehicle owners pay a low, flat fee, based on the age of the vehicle.

Example: The owner of a brand new luxury SUV will pay \$64.75 to register that rig in Kootenai County. The owner of a two-year-old model of the lowest-priced economy car on the market will pay the exact same amount for a new registration. In both cases, renewal is about \$9 a year less.

This is delightful news to newcomers to our great, low-tax state, especially for those used to paying several hundred dollars a year to register their vehicle. The current rates are up \$3 from last year's, but we think there's ample room for higher registration fees, particularly for new owners, drivers of expensive vehicles, and especially, commercial vehicles that cause the most wear and tear on the state's highways. Again, increases should be considered only after every department's expenses are scrutinized and justified.

Their view:
This guest editorial by the Coeur d'Alene Press says the state must use all options before raising gas taxes. What do you think? We welcome viewpoints from our readers on this and other issues.

A warning from the garden

Well, so much for our daffodils! They all bloomed in our front yard last week. They now form a nice bright yellow cluster at the bottom of our driveway. Temperatures of 65 degrees in Washington in January will do that. Frankly, daffodils in January do brighten up the lawn. Maybe next year you'll try for roses in February.

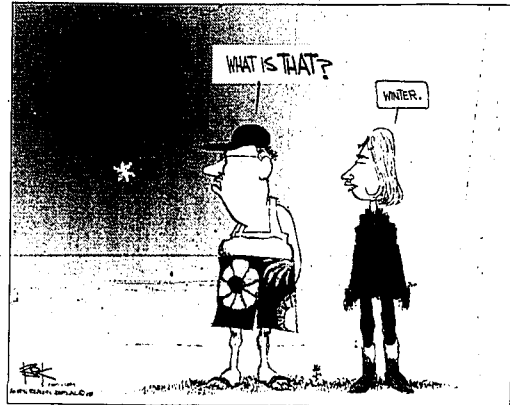
Don't know about you, but when I see things in nature that I've never seen in my life, like daffodils blooming in January, it starts to feel creepy, like a "Whirlwind Zone" segment. I had expect to wake one day and find Rod Serling moving my lawn — in shorts.

Why not? Last December was the fourth warmest on record, and 2006 was the hottest year in America since 1895. It was declared the hottest in Britain since 1659. Even the White House seems to have noticed. Al Hubbard, the president's economic advisor, says Bush will soon unveil an energy independence strategy that will produce "headlines about the fold that will knock your socks off." Since everything the president has done on energy up to now has left my socks firmly in place, I will be eager to hear what Bush says.

Neither the White House nor the Democratic Party seems to grasp that the public and business community are miles ahead of them on this energy/environment issue. The presidential candidate who finally figures that out, though — and comes up with a compelling energy/environment agenda — is going to have a real leg up in 2008.

What would be compelling? I used to think it would be a "Mandate for Progress" on energy. I don't any longer. I've learned that there is no magic bullet for reducing our dependence on oil and emissions of greenhouse gases — and politicians who call for one are usually just trying to avoid asking for sacrifice.

The right talking call is for a "Green New Deal." The New Deal was not built on a magic bullet, but on a broad range



THOMAS L. FRIEDMAN

of programs and industrial projects to revitalize America. If we are to turn the tide on climate change and end our oil addiction, we need more than clean coal and nuclear power — and conservation.

It takes a Green New Deal because to nurture all of these technologies to a point that they really scale would be a huge industrial project. If you have put a windmill in your yard or some solar panels on your roof, bless your heart. But we will only green the world when we change the very nature of the electricity grid — moving it away from dirty coal or oil to clean coal and renewables. And that is a huge industrial project — much bigger than anyone has told you. Finally, like the New Deal, if we undertake the

green version, it has the potential to create a whole new clean power industry to spur our economy into the 21st century.

To spark a Green New Deal today requires getting two things right: government regulations for utilities to work with consumers to use less power — California has held its per-capita electricity use constant for 30 years, while the rest of the nation has seen per-capita electricity use increase by nearly 50 percent, according to the Natural Resources Defense Council. That has saved California from building 24 giant power plants.

Had Ronald Reagan not rolled back the higher fuel efficiency standards imposed on Detroit, we might need no Middle East oil today. High standards force innovation, and innovation leads to conservation at scale.

But prices also matter. I don't care whether it's a federal gasoline tax, carbon tax, BIU tax or cap-and-trade sys-

tem, power utilities, factories and car owners have to be required to pay the real and full cost to society of the carbon they put into the atmosphere. And higher costs for fossil fuels make more costly clean alternatives more competitive.

"The regulated utilities are the most important consumers from the perspective of long-term investment, and if they are not required to value carbon reduction then they will under-invest in energy efficiency and renewable energy," Peter Darbee, chairman of Pacific Gas and Electric, said to me.

Government standards matter. They drive innovation and efficiency.

And prices matter. They drive more and cleaner energy choices. So when the president unveils his energy proposals, if they don't call for higher efficiency standards and higher prices for fossil fuels — take your socks off yourself. It's going to get hot around here.

Thomas L. Friedman is a columnist for The New York Times.

LETTERS

Keep state sales tax; boost tax credits

I agree with Chuck Perry's comments regarding the sales tax on food. In particular his question, "What taxes are going to be raised to offset the loss of this revenue?" We all know that this trend will be raised in some form or fashion through another tax, "fees," elimination of other services or some sort. If anything keep the sales tax on food, or for-

ters, even consider increasing the sales tax but then provide for increasing the property credit for this "food sales tax" on the Idaho income tax returns. Idaho will continue to risk the sales tax revenue from non-residents and those who don't pay state income taxes while the same time granting a refund to some extent for those who do pay state income tax.
KATHLEEN OLSON
Buhl

limit farm costs don't reflect conservatism

Cows, cows equals greed without regard for the environment or neighbors. Bill Cushman is right — save the \$1 billion of taxpayer money.

We already know what the problem is.

Conservate? Why do we keep using this term to try to describe the present administration? What is conservative

about initiating a war and sinking billions and billions into debt?

How does President Bush's reasoning justify no stem cell research because it may end a life, and yet simultaneously declares a preemptive war and drops bombs that end lives?

I know, it does little good to recite these three items, but I feel better now.

WAYNE SKEEM
Twin Falls

saving they were influenced by the celebrity lifestyles they witness through the media. What if, and they weren't seeking fame, but much as distinction, others we celebrities as you live in itself. Said David Morrison of the research firm

twentysomething Inc. "We're seeing a common person become famous for being themselves."

Thanks to Web phenomena such as YouTube, MySpace and Facebook, anyone can be her own self.

Millions of millions post everything from Saddam Hussein's execution to two guys being funny in a dorm room. In some cases, reality

from owners to access private areas. That seems civilized enough, even though recent lawsuits against MySpace's parent company, News Corp., on negligence and other charges related to adults' stalking underage users, suggest that privacy is never absolute.

Other new Internet developments are less respectful of ownership. With the advent of cell phone cameras and video, anyone can be made instantly famous. The advent of being unknown is practically nil, while privacy may be unattainable.

In our brave new world, Big Brother isn't just watching, he's snooping.

The Wall Street Journal recently reported on new snooping sites where people can anonymously post rumors about other people's bodies — everything from littering to bad parking to, well, you know what you do.

And now everyone else can know, too.

Run, don't walk, away from the spotlight this year

Prediction: The news hot thing in our future will be anonymity. To be un-famous — to be ignored — and to not be there. No link. No Wiki. No tube, space or face. No nothing.

It's too late for most adults — anyone with a job, a driver's license or a signature on a public document. But in a world where anyone can be known, what could be cooler than "being known?" In a celebrity-saturated culture, what could be better than not being a celebrity?



KATHLEEN PARKER

famous. Think Fawn Hultine, the most Googled person of 2006.

Thanks to people like Hultine, being anonymous is hot. AAA's Top 100 most popular artists, especially among the 20-something crowd, the so-called millennial generation.

Recently the Pew Research Center polled 18- to 25-year-olds about their generational life goals. Of 777 interviewed by telephone, 81 percent said getting rich is their generation's most important goal, while 51 percent said being famous was most important.

In USA Today's young people elaborated on these findings

Thinking of slipping into a handicapped parking space? You may find yourself posted at a laundromat. Drop your candy wrapper on the ground? You may show up at LetterFest.com. Other sites offer postings of people who don't clean up after flower, who drive badly, talk too loudly on their cell phone or steal others' newspapers.

Stalking is back, say observers of the trend. And while a little shame might be helpful in curbing boorishness, snooping is another level of rude behavior. In democratizing technology, we've also empowered the tiny-minded and the underemployed.

Everyone's a potential paparazzo.

To be truly wanted to live in a world populated by noisy neighbors with nothing better to do? Or who harbor malice toward another? Will cell stalking become the latest made-me-

Anonymous, meanwhile, belongs only to the snoops

and spies, who can blog someone's overheard telephone conversation or capture a couples' quarrel and post it for millions to see. No name, no blame. Only shame for the victims of battleship run amok.

On the plus side, video technology has the potential to effect positive social change. In Los Angeles, Pop Watch solicits pictures of people being abused by the police.

In Iraq, citizens are reporting events that otherwise might go unrecorded.

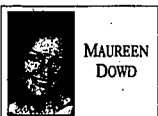
But in the personal realm, the bad may outweigh the good until we find a balance between what we do and what we should do. In the interim, you should assume that wherever you are, whatever you're doing, someone is watching through a lens dark

Here's lookin' at ya, babe!

Readers can e-mail Kathleen Parker at kpark@times.com.

Congress is set to take on bigger part in Iraq war

The change of command in Iraq offers an opportunity to move past the divisive domestic debate over the deployment of more troops to Baghdad, and instead put the pressure where it belongs — on the government of Prime Minister Nouri al-Maliki.



MAUREEN DOWD

When Lt. Gen. David Petraeus, the new commander in Iraq, comes before the Senate Armed Services Committee on Tuesday, lawmakers are likely to hear a very different presentation from what they usually get from the Pentagon.

Rather than ask the senators to grant him free rein to operate as he wishes, Petraeus is ready, I am told, to invite and encourage the closest kind of congressional scrutiny of what is happening on the ground in Iraq.

The suggestion made here last week that Congress require frequent briefings from Petraeus and the embassy in Baghdad, to assure that Maliki is keeping his promises to supply troops and avoid political interference, is one Petraeus is prepared to endorse. The weekly schedule I suggested is too frequent for the general; it would take up too much staff time. But he could manage a biweekly schedule of closed briefings, and it would accomplish the same goal — a

constant reminder to Maliki that if he fails to cooperate with the strategic plan, any remaining support in Congress for his government will disappear.

Petraeus' offer, which I am told will be made in explicit terms unless his civilian bosses in the Pentagon and White House intervene, provides the best avenue yet to appear for dealing with the mess in Iraq.

It will not satisfy those in Congress who would like to block or protest the "surge" of additional troops into Iraq ordered by President Bush. But the resolutions and legislation they are discussing will not keep Bush from carrying out his plan.

In effect, Petraeus is offering a way to convert the opposition to the war that is growing in both Republican and Democratic ranks into leverage on Maliki. Together, they can hold the prime minister to his pledge to go after all the ~~terror~~ ~~battalions~~ — Shiite as well as Sunni — and to provide the



troops for the fight. What makes this possible is the character of the new commander in Iraq, Petraeus, who will get his fourth star with this new assignment, is a tested combat leader, the former commanding officer of the 103d Airborne Division. But Petraeus, who has a Ph.D. from Princeton, also is the author of the Army guide to counterinsurgency warfare, and is a sophisticated student of both Iraq and U.S. politics. He knows what he needs to

do to secure the support of Congress for his mission. And he has a realistic appraisal of the people he is dealing with in Baghdad, and is quite willing to lean hard on them.

In fact, even before the change of command in Iraq, Petraeus has sent a trusted translator to start preparing the Maliki government for the closer monitoring that is lies ahead; he was in the picture when Sen. Hillary Rodham Clinton met with Maliki during her recent visit to Iraq.

In his testimony, the general is expected to tell lawmakers that he believes the "surge" of 21,500 additional soldiers and Marines into Iraq can help suppress the sectarian violence in Baghdad — if Maliki keeps his end of the bargain.

If the stress is safe, it will be easier to insist that the Iraqis working in the ministries do their jobs, without fear of retaliation against their families or themselves. But Petraeus, who spent 18 months trying to organize the

training of Iraqi army and police forces in an earlier phase of the war, knows how tough a challenge it will be to improve either the Iraqi military or its bureaucracy. When then-Secretary of Defense Donald Rumsfeld pulled him out of Iraq to run the Army Combined Arms Center of Fort Leavenworth, Kan., Sen. John McCain, among others, was furious that the ablest American in Iraq had been reassigned.

Returning to an Iraq where the security situation is still far worse, Petraeus is guardedly hopeful about the military mission.

But even if the violence can be quelled, a major concern is whether the other parts of our government — notably the State Department — are prepared for the effort it will take to get the Iraq economy up and running, unemployment down, the oil industry operating and the government ministries delivering the basic services people need and expect.

The challenge is immense, but for a change, there is a chance to get the full weight of our government pulling in the same direction. Congress ought to seize the opportunity.

David Broder's e-mail address is davidbroder@washpost.com.

LETTERS

Words don't lead to action with Speaker Pelosi

Have you ever noticed how politicians seem to talk a lot? But that, in all that talking, not really say anything?

Case in point, Speaker of the House Nancy Pelosi was asked by Bob Schieffer on "Face the Nation" what would happen to Iraq if the United States were to follow her plan to withdraw in the next four to six months. Her reply used up 443 words by my count, but not one of them answered the question. Mr. Schieffer had to ask and re-ask the same question four times, and Speaker Pelosi used 443 words to say absolutely

nothing. Why not, I wonder? CAMERON ROBINSON Jerome

Other sounds more like a redneck than governor

On Jan. 12, I read an extremely disturbing front-page headline. It seems that our governor cannot wait for the opportunity to shoot some beautiful wolves.

Sure, there is a downside to the Idaho wolf population at present; however, this is nature at work. Wolves are a part of a delicate ecosystem that may take decades to balance. These canines are not ours to interfere with. I am disappointed in

Gov. Otter, for he is telling our children to disrespest Idaho's stunning wildlife. In my opinion, we have a barbaric redneck representing our state.

The earth is overpopulated with humans. Should we start shooting people for sport? St. Francis of Assisi stated this truth: "If you have men who will exclude any of God's creatures from the shelter of compassion and pity, you will have men who will deal likewise with their fellowmen."

What kind of man is Butch Otter? I have a pretty good idea. I am sure many readers do as well.

JACQUELINE TAYLOR, PH.D. Twin Falls

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Financial Lesson of the Week

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Do You Know Where Your Investments Are?

You can lose your gloves. You can lose your keys. But you'd never lose track of your investments, would you?

Actually, you might be surprised at just how many people do forget about investments, or leave them behind when they move. Every state maintains unclaimed-property offices to deal with millions of dollars worth of stocks, bonds, bank accounts, un-cashed checks, pensions, 401(k)s and IRAs.

To avoid losing track of your financial assets, follow these suggestions:

- **Keep records of all bank accounts and investments.** It would probably take just a few minutes for you to write up a list of all your bank accounts and investments. And you don't have to go into great detail, either — just include the type of account and where it's currently held. Make sure you share this list with a family member.
- **Inform banks and brokers when you move or change names.** Notify your bank, broker, 401(k) administrator, insurance company and any other financial service agency you work with when you move or if you change your name due to marriage or divorce.
- **Cash checks promptly.** Whenever you receive stock dividends or distributions from a retirement plan, cash the checks promptly. The longer you leave these checks lying around, the greater the likelihood that you'll forget about them. Of course, in the case of dividends, if you don't need the income you are probably better off by automatically reinvesting them, as this builds the number of shares you own, but if you're going to accept the checks, take care of them right away.
- **Don't give up.** Even if you do lose track of investments or bank accounts, it doesn't mean they are gone forever. Try to "retrace your steps" back to where you think you might have held your accounts. Most financial services providers will do what they can to help you. As an alternative, you might want to visit the web site of the National Association of Unclaimed Property Administrators (www.unclaimed.org). There are no guarantees, but this organization can at least help get you started in the process of finding your missing assets.

Consolidate Your Accounts

Apart from the suggestions listed above, there's one more step you can take that can potentially help you keep close tabs on your financial assets. Specifically, you might want to consider consolidating as many of your accounts as possible at one financial services institution. A full-service company can offer you access to investments, banking services, mortgages, credit cards — virtually any financial vehicle you might need. With all your account and tax statements coming from the same place, you should find it relatively easy to keep track of all your holdings.

Furthermore, by consolidating your assets at a single financial institution and working with a single financial professional who knows your needs and goals, you may actually end up improving your overall financial strategy. Why? Because if you maintain several accounts without a central focus or unifying philosophy, you could end up with redundant or inappropriate investments — a costly mistake. At the same time, you could end up paying more than what you need for a variety of services spread out among several providers.

So, keep track of your investments, stay organized and consider consolidating your accounts. You work too hard to build your financial assets to let them slip away.

Questions.
(1) True or False — Consolidating your assets is a good way to help keep track of them.
(2) True or False — You can never reclaim property or assets that are in a state's unclaimed property account.

body & mind

A Times-News Health Supplement

As a new year rolls in, people ask: how can we feel better, and look fresher in 2007? What healthy habits can we develop in January that we'll likely practice in December? On Sunday, February 11th, we'll unveil our new edition of **Body & Mind**, a health-focused supplement. Take a look at some of the articles we'll feature:

- National Wear Red Day honoring Heart Month
- Give Kids A Smile Day: How are local dentists contributing?
- The latest ear, nose and throat treatments
- Money and how it affects your health
- Recipes for quick, healthy meals

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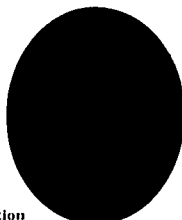
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—Susan Eldredge, Idaho

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—Wayne Brenner, Idaho

"I wouldn't go to anyone else."

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—Gordon Lambert, Utah

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INSIDE: The Dallas Mavericks beat the Miami Heat in a rematch of last year's NBA Finals, B2



INSIDE: NBA & Australian Open, B2 | Scoreboard, B3 | Comics, B4-5 | Weather, B6

SUPER BOWL 41

Bears versus Colts



Chicago Bears running back Cedric Benson (32) dives into the end zone for a 12-yard touchdown run during the fourth quarter of the NFC championship game against the New Orleans Saints Sunday in Chicago.

Smith, Dungy break 41-year color barrier

It took 41 years for a black head coach to make it all the way to the Super Bowl. Love Smith did it Sunday on a snowy afternoon in Chicago. Four hours later, his good pal and mentor Tony Dungy joined him. Not one, but two black coaches meeting in the nation's biggest sporting spectacle. It's historic. And it's about time.

NANCY ARMOUR

Change has come appallingly slow. But now two of the most decent, deserving men have pushed the NFL forward. And that is a very good thing.

"It means a lot," Dungy said after his Indianapolis Colts beat New England 38-34 in the AFC title game. "I'm very proud of being an African-American. I'm very proud of Lovie."

And Smith equally so of Dungy.

"We have to play someone and, in my perfect world, I would like to see the Colts be that team," Smith said after his Chicago Bears pummeled the New Orleans Saints 39-14.

"Tony Dungy has done an awful lot for our game," Smith said. "He hasn't had a chance to coach in the Super Bowl. I would love to see it."

Newly he will.

It wasn't all that long ago that the NFL's best jobs were off-limits to blacks. Never mind that three-quarters of the league's rosters were filled with black players. Or that there were qualified black assistants.

There's been some progress over the last two decades. It's been far slower than it should have been, and it took an active hand by former commissioner Paul Tagliabue to pull it along.

Art Shell and Dennis Green paved the way in the modern era, and Dungy took it a step further. Low key and humble, he would never be the type to grandstand and bluster about injustice. But he was honest about the league's inequalities, and knew that his success would go a long way in opening doors for others.

One of those would be Smith, Dungy's protege in Tampa Bay. He, too, led by example.

When the Bears and Colts take the field in Miami on Feb. 4, men of color who dream of being in the center on the grandest stages will see that the door has been blown wide open. Men of color who have been held back, told in words or deeds that they weren't good enough, will have not one, but two role models as they fight for equal footing.

"Being the first black coach to lead this team, of course our players know about it and they wanted to help us make history," Smith said. "So I feel blessed to be in that position."

"I'll feel even better to be the first black coach to hold up the world championship trophy."

Smith and Dungy know the responsibility they carry. Unlike baseball or basketball, it is still news when a team hires a black coach in the NFL. With every big victory, they remove another thorn of prejudice.

Smith said before his game that he hopes a day will come when the color of a coach's skin is no longer an issue. That day's not here yet.

But by making history together, Smith and Dungy have brought it a little closer.

Just like '85: Bears in Super Bowl

By Barry Wilner
Associated Press writer

CHICAGO — The Chicago Bears know how to make a Super Bowl memorable. They're making this one historic long before it's played.

Dissed all season long, Rex Grossman and Co. are heading to the big game for the first time since 1985 after rolling over the New Orleans Saints 39-14 Sunday, and Da Coach leading them there makes it all the more special.

Lovie Smith became the first black head coach to reach the NFL's marquee game in its 41-year history and roughly four hours later, his good pal and mentor Tony Dungy of the Indianapolis Colts joined him.

"I'll feel even better to be the first black coach to hold up the world championship trophy," Smith said after the Bears won the NFC championship.

This isn't the wild bunch, led by coach Mike Ditka and quarterbacked by Jim McMahon, that paraded down Bourbon Street, then routed New England for the championship 21 years ago. Its defense isn't overpowering, its quarterback isn't a renegade. Its reputation isn't celebrated.

This team, despite its impressive record, was maligned all season and never possessed the overpowering aura of Ditka's gang.

Still, Smith's team did it in true Bears fashion, with big plays on defense and a steady running game in the sleet and snow, ending the Saints' uplifting saga.



Stations rises off the head of New Orleans Saints player Hollis Thomas as he watches from the bench during the fourth quarter.

The Bears (15-3) will play the Colts (15-4) in Miami in two weeks.

Indianapolis beat New England 38-34 for the AFC title.

"I am really into the great tradition we have with the Chicago Bears," Smith said. "I am just trying to get our football team up to that same standard Mike had his team at, especially that '85 team."

We're excited to have the opportunity to kind of put the '85 guys in the background for a little while."

All the worries about how genuine the Bears' outstanding season was disappeared thanks to running back Thomas Jones. All-Pro kicker Robbie Gould and a defense that, while not dominant, made enough decisive plays.

"I hate watching TV," defensive end Adewale Ogundimu said, "but when you see everyone picking the Saints, the thing is we won 14 games, now 15, by playing sound defense and we have been doing a good job all season. We know they are coming in as a No. 1 offense and we stepped up to the plate."

For a moment, though, in the third quarter they seemed to be in trouble.

Reggie Bush's electrifying 88-yard touchdown catch and dash to the end

Please see BEARS, Page B2

Finally Super: Colts rally past Patriots

By Eddie Peck
Associated Press writer

INDIANAPOLIS — A comeback, a drive, a legacy. And, yes — finally — Peyton Manning gets his Super Bowl trip. So does Tony Dungy.

Football's most prolific quarterback put on a show for the ages Sunday, rallying the Indianapolis Colts from 18 points down and driving them 80 yards for the winning score in a wildly entertaining 38-34 victory over the New England Patriots.

In his nine years in the league, Manning has never played in a game like this AFC championship contest. He threw for 349 yards and one touchdown and brought his team back from a 21-3 deficit, the biggest comeback in conference title-game history.

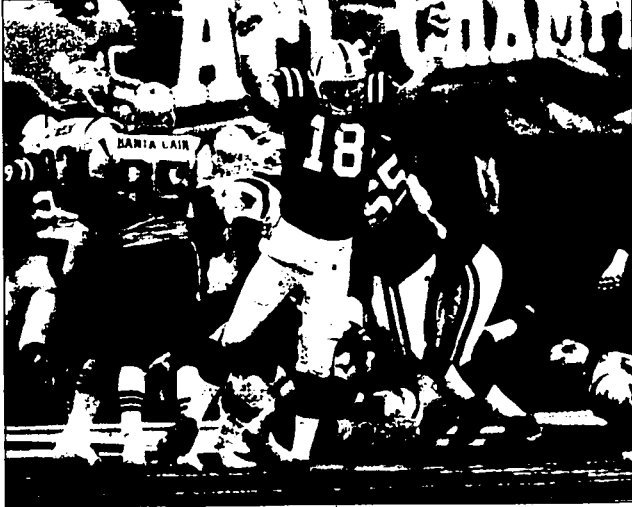
Joseph Addai capped Manning's late drive with the winning score, a 3-yard run with 1 minute left to help the Colts (15-4) complete the rally and send Dungy to his first Super Bowl — and a very special one.

The Colts coach will face the Chicago Bears and his good friend Lovie Smith in Miami in two weeks. Together they are the first black coaches to make the Super Bowl in its 41 years.

"It means a lot," Dungy said. "I'm very proud to be representing African-Americans. I'm very proud of Lovie."

Manning, meantime, wouldn't concede that a monster weight lifted off his shoulders.

"I don't get into monkey and vindication," he said. "I don't play that card. I know how hard I worked this season, I know how hard I worked this week. It's always nice when you can take the hard work, put it to use and come away with a win."



Indianapolis Colts quarterback Peyton Manning (18) celebrates running back Joseph Addai's three-yard touchdown run in the fourth quarter of the AFC Championship game against the New England Patriots Sunday in Indianapolis.

But after Indy's last touchdown, Manning was on the sideline, his head down — he couldn't bear to watch. New England's Tom Brady — he of the three

Super Bowl rings — threw an interception to Martin Jackson, and the RCA Dome crowd went wild. One kneed down later and Manning ripped off his

helmet to celebrate.

"I said a little prayer on that last

Please see SUPER, Page B2

SPORTS

Mavs win NBA Finals rematch

MIAMI — Jerry Stackhouse scored 16 of his 23 points in the final quarter, and the Dallas Mavericks understood a rally by the Miami Heat for a 99-93 win Sunday in the first rematch between the teams since last season's NBA Finals.

Josh Howard had 25 points and Dirk Nowitzki added 22 points and 11 rebounds for Dallas, which improved its NBA-best record to 34-0 and won for the 20th time in its last 24 games.

Dwyane Wade finished with 31 points, six rebounds and six assists for Miami, but missed a potential tying 3-pointer with 5.8 seconds left. Jason Williams had 17 points and 11 rebounds. Heat coach Erik Spoelstra missed his first eight shots — had 15 for the Heat.

The Heat were down by 13 early in the second half and their chances early didn't look good, especially with Shaquille O'Neal inactive for the straight game because of his surgically repaired knee and Wade hobbling around after spraining his ankle by stepping on Nowitzki's foot late in the first quarter.

But Miami somehow pulled into a 90-81 with 3½ minutes remaining.



Dallas Mavericks guard Jerry Stackhouse, left, looks to pass as the Miami Heat's Dwyane Wade (31) defends during the first half of Sunday's game in Miami.

Sixers 99, 76ers 85

PHILADELPHIA — Tim Duncan had 17 points and 15 rebounds, and Brent Barry scored 23 points as San Antonio never trailed and coasted to its sixth win in eight games.

Robert Horry and Manu Ginobili added 12 points apiece for the Sixers.

Andre Iguodala led the Sixers with 20 points and Steven Hunter had 10 points and a career-high 15 rebounds. The

Suns 131, Timberwolves 102

PHOENIX — Shawn Marion had 17 points and 20 rebounds, then sat out the fourth quarter as Phoenix won its 13th straight.

The Suns became the eighth team in NBA history to have two winning streaks of at least 13 games in a season. Phoenix won a franchise-record 15 straight from Nov. 20 to Dec. 19.

Hamblin honored by Rocky Mtn. PGA

Times-News
EAGLE — Mike Hamblin of Twin Falls was selected by the Rocky Mountain Section PGA as the 2006 recipient of the President's Plaque Award. Hamblin, an 18-year member of the PGA of America and the golf pro at Twin Falls Municipal Golf Course for six years, is the second recipient of the award.

2006 Rocky Mountain Section PGA President's Plaque Award winner in May during the Rocky Mountain Section PGA annual meeting.

Late Saturday Wrestling Minico finishes 16th at Tiger-Grizz

The President's Plaque, which became part of the normal yearly National and Section awards process in 2006, is designed to recognize individual PGA member professionals for their extraordinary and exemplary contributions and achievements in the area of player development. This award considers the professional's growth of the game leadership commitment at the section and national levels, plus the impact made at his/her own facility.

IDAHO FALLS — The Minico Spartans finished 16th at the perennially tough Tiger-Grizz Invitational in Idaho Falls on Saturday. The Spartans finished with 77 team points while tournament team champion Weber High (Utah) finished at 190.5. Spartans 112-pound Nate Crane finished third in his bracket, earning a 6-4 decision over Andy McCullay of Rock Springs, Wyo. David Burgess placed fourth at 125 pounds after Bryan Otto of Hometown finished fifth in his bracket, earning a 5-5. Jake Hruza (130) also finished fourth, while Josh Clapier placed sixth at 145 pounds.

Bears

Continued from page B1

zone pulled the Saints within two points, 16-14. But from then on, Urlacher and the Bears' defense took over.

Chicago, which has won 10 of its 11 games but has been an also-ran for much of the last two decades, later won 85 yards in five plays in the worst of the weather. The oft-criticized Grossman had four completions, including a 33-yard pass to tight end Bernard Berrian that clinched it, sending the bundled-up fans in Soldier Field into foot-stomping hysteria and chants of "Super Bowl, Super Bowl."

"We had a great game today," said Grossman, who was 11-for-20 for 144 yards, but made no mistakes. "This is great and all, but we have one more game to go."

The Bears, who led the league with 44 takeaways, forced four turnovers, and when NFC passing leader Drew Brees fumbled less than a minute after Berrian's TD, whatever karma the Saints (11-7) carried this season disappeared.

"I talked a lot about getting back to what we do and that's getting takeaways," Smith said.

Cedric Benson then scored on a 42-yard run, and from there was a matter of searching for the survivors.

Smith and Bears owner Virginia McCaskey, daughter of Bears founder George Halas, accepted the Halas Trophy moments after Grossman tossed the ball deep into the stands after the final kneel-down.

"This is why we play the game, to get to the Super Bowl and win," Urlacher said. "This overshadows everything."

It was a bitter, sloppy conclusion to the Saints' remarkable turnaround from a nomadic 3-13 season in the aftermath of Hurricane Katrina's destruction to this winning season. As their city rebuilds, the team has provided an inspiring respite in the recovery story.

This was the first trip this far into the playoffs for the 10-year-old franchise, previously best known as the Saints, whose fans wore paper bags on their heads because the team was so bad.

PHILADELPHIA

Andre Iguodala led the Sixers with 20 points and Steven Hunter had 10 points and a career-high 15 rebounds. The

zone pulled the Saints within two points, 16-14. But from then on, Urlacher and the Bears' defense took over.

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Clijsters, Hingis to meet in quarterfinals

MELBOURNE, Australia (AP) — Martina Hingis and Kim Clijsters set up their second straight Australian Open quarterfinal showdown with fourth-round victories Monday.

Hingis, the Swiss star who swept the 1997-99 titles and reached the final the next three years before quitting the tour because of nagging foot and ankle problems, weathered an early challenge from China's Li Na before winning 4-6, 6-3, 6-0.

Clijsters, the Belgian player in her final season on the tour, edged No. 15 Daniela Hantuchova 6-1, 7-5. Law, best of the quarterfinals, Clijsters ended Hingis' first run at a major after three seasons in retirement, winning 6-3, 2-6, 6-4.

"It's always a pleasure to play her again here," Clijsters said. "She's just a great champion. We get along on and off the court as well."

Hingis has reached the quarterfinals in her last nine trips to Melbourne Park, two since coming back from retirement.

The 23-year-old Clijsters was up 6-1, 3-0 when Hantuchova faltered and got back on serve in the second. Clijsters wasted two match points in the 10th game and had to break serve to finish off the match in 1 hour, 19 minutes. She lost only nine games in three previous matches.

Hingis, coming off three two-set victories, was taken aback by heavy pressure from Li's strong ground strokes in the first set.



Martina Hingis volleys during her match against Li Na at the Australian Open in Melbourne. Monday, Hingis won in three sets 4-6, 6-3, 6-0.

"She came out on fire. I've never played her before. I knew it was going to be a difficult match," Hingis said. "I knew I had to come up with the best ... and after the first set I started playing better."

Later Monday, top-seeded Maria Sharapova was set to play Vera Zvonareva. The winner will play Russia's Ana Chakvetadze, a 6-4, 6-1 winner over No. 8 Patty Schnyder.

On the other side of the draw, Serena Williams became a big threat for the women's title after defending champion Andre Agnelli and No. 3 Svetlana Kuznetsova were toppled in the fourth

round Sunday.

"Yeah, I have it in me," Williams said. "I believe in my game, and more than anything I believe in me. It doesn't matter what people say or people write. At the end of the day, I'm my biggest fan."

Williams will face Shahar Peer, who beat 2004 U.S. Open champion Kuznetsova 6-4, 6-2. Peer is in the quarterfinals at a major for the first time.

Second-seeded Mauresmo, who also won Wimbledon and spent most of 2006 at No. 1, fell 6-4, 3-0 to 70th-ranked Lucie Safarova. In six previous majors, Safarova had only won one match.

Safarova will play fellow Czech player Nicole Pietrangola, who at No. 10 is the highest-ranked player remaining in the bottom half of the draw.

On the men's side, defending champion Roger Federer stayed on track for a 10th Grand Slam with a 6-2, 7-5, 6-3 win over 14th-seeded Novak Djokovic.

Andy Roddick beat No. 9 Mario Ancic 6-3, 3-6, 6-1, 5-7, 6-4 to set up a quarterfinal against friend and former housemate Manny Pacquiao. The unseeded fish, who lived with Roddick's family for a year in 1999, made the last eight for the first time at a major, beating No. 16 David Ferrer.

Ferrer is still a big favorite to claim his 10th Grand Slam title, with No. 2 Rafael Nadal and No. 15 Andy Murray — the only two men to beat him last year — meeting Monday in the fourth round.

Super

Continued from page B1

drive." Manning said. "I don't know if you're supposed to pray for stuff like that, but I said a little prayer."

Not only was it a win off Manning, the All-Pro, All-Everything son of Archie. It was a riveting, back-and-forth showcase of two of the NFL's best teams, best quarterbacks, and yet another example of why football is America's favorite sport.

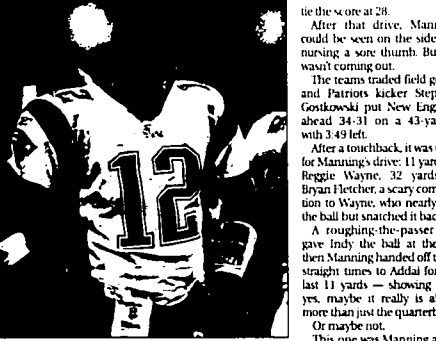
"It could still be. Can he win a Super Bowl?" and then if he does, everyone will shut up," Duncy said. "But Peyton's a great player, and anyone who doesn't know that doesn't know much about football."

It was anything but a by-the-book game, and that started becoming obvious when New England left guard Logan Minkus opened the scoring by punting on a fumbled handoff and Laurence Maroney that squirted into the Indy end zone midway through the first quarter.

It got worse from there for Manning, who telegraphed a throw to the sideline that Patriots cornerback Asante Samuel snatched and took 39 yards into the end zone for a 21-3 lead.

Then, the game plan changed because it had to, and the game morphed from another Manning meltdown into something much more.

He led the Colts on an 80-



New England Patriots quarterback Tom Brady (12) stands on the sidelines in the closing moments of the AFC Championship game.

yard drive late in the first half for a field goal that he hit 21-6. In the third quarter, he was at his cruel best, directing an exhausted Patriots defense for a pair of long drives and scores.

The first came on a 1-yard quarterback sneak. The second was capped by a 1-yard pass to Dan Klecko, a defensive tackle who came in as a supposed decoy at the goal line. A circus catch by Marvin Harrison for the 2-point conversion tied the game at 21.

licking, back-and-forth, and Manning never let up.

The Patriots answered with an 80-yard kickoff return by Ellis Hobbs, which set up a 6-yard touchdown pass from Brady to Jabar Gaffney. Officials awarded the score to Gaffney after ruling he was forced out of the back of the end zone by an Indy defender.

Manning came right back with his handoff to Dominic Rhodes misfired. The ball scooped forward and center Jethro Sauter got this touchdown to tie the score at 28.

After that drive, Manning could be seen on the sideline, nursing a sore thumb but he wasn't coming out.

The teams traded field goals, and Patriots kicker Stephen Gostkowski put New England ahead 34-31 on a 43-yarder with 3:49 left.

After a touchdown, it was time for Manning's drive: 11 yards to Reggie Wayne, 32 yards to Bryan Fletcher, a scary completion to Wayne, who nearly lost the ball but snatched it back.

A roughing-the-passer call gave Indy the ball at the 11, then Manning handed off three straight times to Addai for the last 11 yards — showing that, yes, maybe it really is about more than just the quarterback. Or maybe not.

This one was Manning at his best.

He was 0-2 in the playoffs against New England, and the storyline all week was what a break the Colts got to get the Patriots at home, and what a sensational feeling it would be to finally knock off the team that bedeviled them most.

Manning conceded during the week that he could hear the clock ticking as his career entered its prime, especially as the appointments mounted. "My family is dead, it is now Manning's turn to take a shot at history. Of course, with his performance Sunday — many think he has already

Beetle Bailey



Blondie



The Born Loser



Garfield



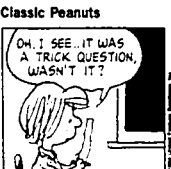
Hagar the Horrible



Hi and Lois



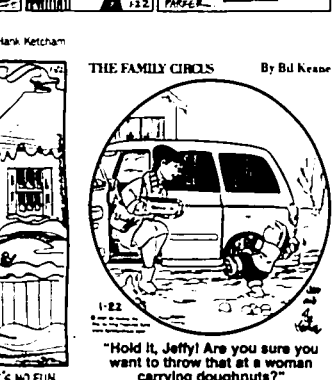
Classic Peanuts



The Wizard of Id



Dennis the Menace

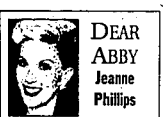


"CAN WE WILSON COME OUT? IT'S NO FUN THROWN SNOWBALLS AT A TREE."

"Hold it, Jeffy! Are you sure you want to throw that at a woman carrying doughnuts?"

Woman with unstable home life looks for some direction

DEAR ABBY: My roommate, "Jeff" and I got into a huge fight last week and he kicked me out. My mother took me in and said if I ever moved back in with him, she'd "disown" me.



tion called Parents Without Partners that has been around for a long time. The membership is largely female. Contact it by logging onto www.parentswithoutpartners.org, or by calling the toll-free phone number (800) 627-9194, for the location of a chapter near you.

While I was living with my mother, I had trouble finding employment. While I was with Jeff, I received offers of employment from no less than three companies.

pendent, able to stand on your own two feet, and beholden to no one.

I have spoken with Jeff since the incident. He apologized and wishes I'd move back in. He realizes he acted like an idiot. I would like to move back with him so that I can have a job, but I don't want to make my mother angry. Also, I don't think that living with her is healthy; for me right now. Please advise ASAP.

DEAR ABBY: I lost my wife, "Vicki," six months ago. She was the love of my life, and I was unexpected. I am raising our two children, ages 5 and 8, by myself. I now understand why so many women say the color was stamped out, but today I had to go back to work after my appointment and one of my co-workers pointed it out.

—"PAMELA" IN CLEVELAND

—MR. LONELY IN DETROIT

DEAR "PAMELA": While it may not be "healthy" to live with your mother right now, moving back in with a roommate who kicks you out when he loses his temper does not seem like a wise move either.

DEAR MR. LONELY: Please accept my deepest sympathy for the loss of your wife. I'm sure she won't be easily replaced. The first thing to do is start from square one and remember that dating is a hit-and-miss proposition, and few people hit the jackpot the first time.

You did not make clear why you can't take the job(s) you were offered and live with her. If the problem is geographic, perhaps you should explore what other arrangements you can manage, but since you have no guarantee that Jeff would not evict you repeatedly, the goal to aim for is to be inde-

You will find a special someone in places where nice people congregate. In your case, it might be doing kids' activities at school or church, or the PTA. There is also an organiza-

I don't want to change hair-dressers because she gives me a great cut and style. Isn't taking the hair color off the skin a normal part of this procedure?

DEAR BING: It certainly isn't don't know whether your hair-dresser was rushed, ran out of tint-remover or was having a bad day, but part of the service is to make sure the customer leaves without any telltale traces of "overs" being done. You should definitely speak to her about it, because her work was substandard.

Roe vs. Wade decision came today in 1973

This day in history: The Supreme court ruled on Jan. 22, 1973, that a woman had a constitutional right to have an abortion. The "Wade" in the Roe v. Wade case was Henry Wade, district attorney of Dallas. "Roe" was Norma McCorvey, who was already a mother of three. Justice moves slowly. Ms. "Roe" ended up giving birth and putting the baby up for adoption before the ruling came down.



dikes of Holland, and the Pyramids of Egypt.

"Cheerful" is the Hindi word for "spotted one."

Your body may continue to grow, but your eyes have reached their full size before puberty. As a matter of fact, your retina finishes growing by about age two.

If you're typical, you'll be exposed to about 1,000 ads today.

When playing a CDD, the three-laser beam tracks a player's level part of microscopic music. With a double-layer DVD, it's more like 15 miles.

While most bats use sound to navigate and locate prey, not all generate the high-pitched sound the same way. The long-eared bat uses its mouth. The horseshoe bat uses its nose.

Erin Barrett and Jack Mingo can be reached at factmon@gersmango.com

An old Chinese proverb states, "A child's life is like a piece of paper on which every passively leaves a mark."

ground standard, too.

considering how many trials there are in the United States legal system, it's staggering to realize that only 3 percent of all cases ever actually make it to the courtroom.

You may already know that a group of frogs is called a "choir." Did you know, though, a group of toads is called a "knott"?

The longest continuous part of China's Great Wall is about 1,400 miles long. Despite what you may have heard, it is not the only human-made object you can see from outer space. Astronauts have picked out airports, highways, dams, the

Before canvas and leather, golf bags were made of wicker. As players began carrying more and more clubs, though, the wicker just wouldn't do the trick.

"Tug of War" was an Olympic event from 1900 to 1920. Since even badminton qualifies these days, we'd like to know why they haven't revived this play-

EMMALEE BAUER, 25, of Litchfield, was employed by the Sheraton hotel company as a sales coordinator in Des Moines, while on the job, she kept a handwritten journal. A supervisor told her to stop writing on company time, but instead, Bauer wrote her journal, all 300 single-spaced pages, on her work computer.

Administrative Law Judge Susan Ackerman denied Bauer's request for unemployment last week, saying she the journal demonstrated a refusal to work, as well as Bauer's "amusement at getting away with it."

"Blind" man caught speeding in motor vehicle

MADRID, Spain — A Spanish court has ruled that a man caught speeding in a car while being legally classified as blind can keep an insurance payout made for the accident in which he lost his sight, Spanish media reported.

Domingo Merino, 57, was stopped by police while at a Web site where the car had been detected traveling at 90 miles per hour. El Pais newspaper reported on Thursday.

Insurance company Mapfre, which had agreed a payment of \$76,550 to Merino as compensation for losing his sight in an accident two years previously, canceled the payment and took him to court for fraud, Spanish media reported.

A Barcelona regional court ruled that Merino was entitled to compensation because the accident had left him deaf in one ear, with no sense of taste and blind except for 10 percent vision in one eye.

The court said in a statement that Merino had asked

hus wife if he could take the wheel of his car briefly on a straight section of highway when he was stopped. El Mundo newspaper said.

Bidders bypass gold thread left over from experiment

MADISON, Wis. — Looking for a ball of gold thread leftover from an university space experiment?

Apparently, nobody else is either.

A Thursday night deadline passed with nobody bidding the minimum \$4,500 for the shiny, 99.99 percent pure gold left over from equipment University of Wisconsin scientists made that traveled into space in 2005.

The school's Space Science and Engineering Center is auctioning off 12.5 Troy ounces of 99.99 percent pure gold for a Web site where the university has surplus property — everything from dorm refrigerators to computers — is sold to the highest bidder.

Mark Mulligan, a project manager at the space center, said the \$4,500 price tag, which reflects the going rate for gold, was probably too high. He said he would lower the price and put the gold back up for bid early next week.

Mulligan said he's considered the risk, but he's received a handful of people inquired but were scared away in the past, he said.

"We just got to get the pricing right," Mulligan said. "It's gold. You can do with it what you would like."

— The Associated Press

INSIDE: Classifieds, C2-8 | Sudoku, C3 | Crossword, C7 | Business and Service Directory, C7

Historians offer dismal forecast for Iraq

By Charles J. Hoxby
Associated Press writer

To historians and others pondering Iraq, forecasting a final outcome for that sad land is like finding your way through one of its "shamal" sandstorms. You may not know where you're headed, but you know it's going to be dark.

The Middle East historian David Fromkin sees a breakup of the Jerry-built nation. Phebe Marr, doyenne of Iraq scholars, sees "distrust and suspicion" too deep to overcome. "Black," concludes Baghdad University's Saad al-Fadhil.

"At the moment," said the British historian Niall Ferguson, "a happy ending has a 1-in-100 look about it."

In interviews with The Associated Press, few experts see much chance that President Bush's plan to add 21,500 troops to the U.S. force in Baghdad and western Iraq will suppress either the anti-U.S. insurgency or the bloody underground warfare between Sunni and Shiite Muslims, or induce a political settlement among the Sunni, Shiite and Kurdish factions.

"The Senate this week is expected to begin action on a nonbinding resolution repudiating the Bush troop buildup. The measure was introduced by the Democratic-majority but has attracted some Republican support.

Mohamed el-Sayed Said, of Cairo's al-Ahram Center for Political and Strategic Studies, said he expects the growing U.S. political opposition to the war will lead at some point to a redeployment of American troops to northern Iraq's Kurdistan and to elsewhere in the Gulf region.

After that, said this Arab

scholar, "events will take their own course, which is basically generalized civil war."

Harvard University's Ferguson, a leading analyst of modern wars, said history suggests "a kind of critical mass of violence can be reached in a multi-ethnic society after which it's really hard to stop." That seems the case in Iraq, he said.

"The only way this kind of thing ends is that one side wins," he said. "It's increasingly hard to imagine a happy power-sharing agreement among Shia, Sunni and Kurds. This one is going to run and run."

That winning side is likely to be the Sunnis, according to Said, who believes that the majority's background of military and political leadership in Iraq better equips them for a fight. They can "easily triumph," he said, "unless there's extensive Iranian intervention," that is, on behalf of Iran's fellow Shites in Iraq.

That kind of regional "spillover" has worried

Mideast analyst W. Andrew Terrill, of the U.S. Army War College, since the conflict took on a sectarian look.

"Saudi Arabia, for example" — a Sunni kingdom — "would be hard-pressed to do nothing if the Shias in the Iraqi government were waging a war of conquest against the Sunni areas," he said. If not Saudi troops, "they would at least provide money, arms and other support."

Ferguson sees turmoil possible as the war winds through the Middle East as religious and ethnic groups finally sort themselves out, almost a century after Turkey's vast Ottoman Empire broke apart at World War I's end and the British and French rearranged the pieces to suit their interests.



Iraqi fire fighters hose a main bus after it blew up in central Baghdad, Iraq, Sunday. A bomb struck a small bus headed to a predominantly Shiite area in Baghdad on Sunday, killing six passengers and wounding 10, police said.

Iraqi officials: U.S. intelligence on militia causes prime minister's change of course

By Steve R. Hart
Associated Press Writer

BAGHDAD, Iraq — Iraq's prime minister has dropped his protection of an anti-American cleric's Shiite militia after U.S. intelligence convinced him the group was infiltrated by death squads, two officials said Sunday.

In a desperate bid to fend off an all-out American offensive, the radical cleric Muqtada al-Sadr last Friday ousted the 30 lawmakers and six Cabinet ministers under his control to end their nearly two-month boycott of the government. They were back at their jobs Sunday.

Al-Sadr had already ordered his militia fighters not to display their weapons. They have not, however, ceded control of the formerly mixed neighbor-

hoods they have captured, killing Sunnis or forcing them to abandon their homes and businesses.

Saturday's U.S. death toll climbed significantly to 25 after the military reported Sunday that six more troops had died in the deadliest day in two years for American forces.

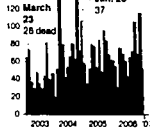
The latest military reports said four soldiers and a Marine had died during combat Saturday in Anbar province and one soldier was killed in a roadside bombing northeast of Baghdad.

Nineteen of the deaths were reported Saturday, 12 in a Black Hawk helicopter crash, five in an attack on a security meeting in the Shiite holy city of Karbala and two others in roadside bomb attacks elsewhere. It was the third-highest

Deadly days in Iraq

At least 25 U.S. troops were killed Saturday, one of this country's deadliest days in the Iraq war.

U.S. casualties, monthly since March 2003, deadliest days in bold



SOURCE: AP Research

daily toll for U.S. forces since the war began in March 2003.

Prime Minister Nouri al-Maliki's turnaround on the Mahdi Army was puzzling because as late as Oct. 31, he

had intervened to end a U.S. blockade of Sadr City, the northeast Shiite enclave in Baghdad that is headquarters to the militia. It is held responsible for much of the sectarian bloodshed that has turned the capital into a battle zone over the past year.

Shiite militias began taking revenge after more than two years of incessant bomb and shooting attacks by Sunni insurgents.

Sometime between then and Nov. 30, when the prime minister met President Bush, al-Maliki was convinced of the truth of American intelligence reports which contended, among other things, that his protection of al-Sadr's militia was isolating him in the Arab world and among moderates at home, the two government officials said.

Sponsors of resolution against war seeking support

By Hope Yu
Associated Press writer

WASHINGTON — Two leading Senate Democrats sought to build support for a bipartisan resolution opposing President George W. Bush's strategy in Iraq, cautioning that division over whether it goes far enough could spell defeat.

"The worst thing we can do is to vote on something critical of the current policy and lose it," Sen. Carl Levin, who chairs the Senate Armed Services Committee, said Sunday. "The public doesn't support its policy, a majority of Congress doesn't support its policy."

"If we lose it, the president will use the defeat of a resolution as support of his public policy," Levin said.

The new Democratic-led Congress has generated some division among Democrats who

with the Senate Foreign Relations Committee beginning debate Wednesday on a resolution condemning Bush's proposal to send 21,500 more troops to Baghdad and Anbar province. A vote could come as early as that same day.

The proposed non-binding resolution, which is largely symbolic and would have no effect on money for troops, states that "it is not in the national interests of the United States to deepen its military involvement in Iraq, particularly by escalating the United States military force presence in Iraq."

It has generated some division among Democrats who

want to go farther by cutting funding for new troops, moderates in both parties who want softer language and Republican leaders who have vowed to filibuster.

On Sunday, Levin and Sen. Joseph Biden, who sponsored the resolution along with Republicans Chuck Hagel and Olympia Snowe, called their proposal a first step that would send a "powerful message" that Bush must change course.

Other congressional steps, such as limiting federal appropriations for the war, could come later if Bush were to continue pushing forward with additional troops in defiance of the resolution,

they said.

Biden, who chairs the Senate Foreign Relations Committee, downplayed the notion that support could splinter over how far lawmakers should go to restrain the president's power to wage war. He said he expected the half-dozen competing proposals to oppose the war each would get an airing.

"I don't think there's any hidden message here," Biden said. "They'll all get a chance to be voted on, with some discussion."

The proposals to limit the war vary.

Democratic Rep. John Murtha and Sen. Edward Kennedy say they want to cut funding for new troops to prevent the deployments. Democratic Sen. Christopher Dodd has a proposal that would cap troops at existing levels.

Chavez to U.S.: 'Go to hell, gringos!'

By Christopher Toothaker
Associated Press writer

CARACAS, Venezuela — President Hugo Chavez told U.S. officials to "go to hell, gringos" on his weekly radio and TV show Sunday when he called unacceptable meddling after Washington raised concerns about a measure to grant Venezuela's fiery leftist leader broad law-making powers.

The National Assembly, which is controlled by the president's political allies, is expected to give final approval this week to what it calls the "enabling law," which would give Chavez the authority to pass a series of laws by decree during an 18-month period.

On Friday, U.S. State Department deputy spokesman Tom Casey said Chavez's plans under the law "have caused us some concern."

Chavez rejected Casey's statement in his broadcast, saying "Go to hell, gringos! Go home!"

Chavez, who was re-elected by a wide margin last month, has said he will enact sweeping reforms to remake Venezuela into a socialist state. Among his plans are nationalizing the main telecommunications company and the electricity and natural gas sectors.

The president's opponents accuse him of using his political strength to expand his powers.



Venerable priestesses hold an olive tree branch as she participates in a rare ceremony honoring Zeus, the king of the ancient Greek gods, at the temple of Olympian Zeus in central Athens Sunday. Devotees gathered to watch a ceremony by ancient worshippers who follow a calendar marking time from the first ancient Olympiad in 776 B.C.

Zeus honored at ancient Athens temple

By Paris Aylomantis
Associated Press writer

ATHENS, Greece — A clutch of modern pagans honored Zeus at a 1,800-year-old temple in the heart of Athens on Sunday — the first known ceremony of its kind held there since the ancient Greek religion was outlawed by the Roman empire in the late 4th century.

Watched by curious onlookers, some 20 worshippers gathered next to the ruins of the temple for a celebration organized by Ellinism, a year-old Athens-based group that is campaigning to revive old religious practices from the era when Greece was a fount of education and philosophy.

The group ignored a ban by

the Culture Ministry, which cleared the site off limits to any kind of organized activity to protect the monument. But participants did not try to enter the temple itself, which is closed to everyone, and no officials sought to stop the ceremony.

Dressed in ancient costumes, worshippers standing near the temple's imposing Corinthian columns recited hymns calling on the Olympian Zeus. "King of the gods and the mover of things" to bring peace to the world.

"Our message is world peace and an ecological way of life in which everyone has the right to education," said Kostas Stathopoulos, one of three "high priests" overseeing the event, which celebrat-

ed the nuptials of Zeus and Hera, the goddess of love and marriage.

To the Greeks, ecological awareness was fundamental. Stathopoulos said after a priestess, with arms raised to the sky, called on Zeus "to bring rain to the planet."

A herald holding a metal staff topped with two snake heads proclaimed the beginning of the ceremony before priests in blue and red robes released two white doves as symbols of peace. A priest poured libations of wine and incense burned on a tiny copper tripod while a choir of men and women chanted hymns.

"Our hymns stress the brotherhood of man and do not single out nations," said priest Giorgos Alexakis.

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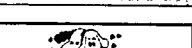
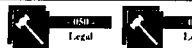
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REQUEST FOR QUALIFICATIONS

The American Falls Free Library District requests qualifications from general contractors to construct an addition and remodel to the existing building with a total construction of 13,500 sq ft. For further information and to request a copy of the Request for Qualifications, please contact Harriet Nornell or Ann Chaney, 208-226-2335. Qualifications are due by 12 p.m. February 2, 2007.

PUBLISH January 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, February 1 and 2, 2007

LEGAL NOTICE

South Locust Mini Storage, 197 S. Locust, Twin Falls, Idaho 83401 will sell entire contents of a storage units by sealed bids. Bids will be accepted 02/20/07 through 02/20/07. Stored items to be removed 02/20/07 by 6:00 PM. Brian Elliott, Unit 25, last known address 237 Sycamore Street, Twin Falls, ID 83401.
Howard and Ami Zimmerman, Unit 28, last known address 399 4th Avenue West, Twin Falls, ID 83401.
Jason Moore, Unit 95, last known address 202 Fairview Avenue, P.O. Twin Falls, ID 83401.
Miranda Shields, Unit 182, last known address 950 Spauls Road, Apt 1, Twin Falls, ID 83401.

PUBLISH January 22 and 29, 2007

NOTICE OF TRUSTEE'S SALE

T.S. No. 06-9235-F Loan No. 06-94782704 A.P.N. RP8724112301110A Notice is hereby given that First American Title Insurance Company the duly appointed Successor Trustee, will on 4/22/07 at 11:00 AM (recipient's time) at the entrance to First American Title Company, a California Corporation will sell at public auction to the highest bidder, for cash, in lawful money of the United States, all of the following described real property and personal property, situated in the County of Twin Falls, State of Idaho, and described as follows: Lots 11 and 12 in Block 123 of Bull Townsite, Twin Falls County, Idaho. The Trustee has no knowledge of any more particular description of the above referenced real property, but for purposes of compliance with Section 60-113 Idaho Code the Trustee has been informed that the address of 212 5th St. File, ID 83338 is sometimes associated with the said real property. Said sale will be made without covenant or warranty regarding the possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in the Deed of Trust executed by Brad Lynch a single man, as grantor to First American Title, as Trustee, for the benefit and security of Mortgage Electronic Registration Systems, Inc., as Beneficiary, dated 6/20/03, recorded 6/20/03, as Instrument No. 2003-014092. The default for which this sale is to be made is the failure to pay when due under Deed of Trust and Note dated 6/20/03. The monthly installment payments for principal, interest and impounds (if applicable) of 409.18, due per month for the months of 7/1/2006 through 4/2/2007, and all subsequent payments until the date of sale or reinstatement. The principal balance owing as of this date on the obligation secured by said Deed of Trust is \$ 47,886.30, plus accruing interest at the rate of 6.75% per annum from 6/1/2006. All delinquent amounts are now due, together with accruing late charges, and interest, unpaid and accruing taxes, assessments, trustee's fees, attorney's fees, and any amounts advanced to protect the security associated with this foreclosure. The Beneficiary elects to sell of cause the trust property to be sold to satisfy said obligation. Dated November 30, 2006 First American Title Insurance Company, a California Corporation, authorized signatory, Executive Trustee Services, LLC 15455 San Fernando Mission Blvd. 4006, Mission Hills, CA 91345. Phone (818) 337-1200. Sale Date (818) 361-6998 ASAP# 805691

PUBLISH January 22, 29, February 5 and 12, 2007

Loan No. XXXXXX8862

T.S. No. 1023172-09

Patrol No. RPH0518E147840A

NOTICE OF TRUSTEE'S SALE

On April 18, 2007, at the hour of 11:00am, of said day, at the front entrance of First American Title Company, 260 Third Avenue North, Twin Falls, Idaho, First American Title Insurance Company, as trustee, will sell at public auction, to the highest bidder, for cash, cashier's check drawn on a State or National Bank, a check drawn by a State or Federal Credit Union, or a check drawn by a State of Federal Savings and Loan Association, Savings Association, or Savings Bank, all payable at the time of sale, the following described real property, situated in the County of Twin Falls, state of Idaho, and described as follows, to wit: Township 10 south, range 18 E, B.M., Twin Falls county, Idaho section 14, a parcel of land located in the SE 1/4 of section 14, a check drawn by a State or Federal Credit Union, or a check drawn by a State of Federal Savings and Loan Association, Savings Association, or Savings Bank, all payable at the time of sale, the following described real property, situated in the County of Twin Falls, state of Idaho, and described as follows, to wit: Township 10 south, range 18 E, B.M., Twin Falls county, Idaho section 14, a parcel of land located in the northeast corner of said section 14, then south 00' 00"45" east along the northeast east boundary of section 14 for a distance of 896.81 feet to the intersection with the centerline of state highway no. 50, thence south 38°29'42" west along the centerline of state highway no. 50 for a distance of 3205.41 feet, thence south 51°30'17" east for a distance of 95.0 feet to a point on the easterly right of way boundary of state highway no. 50, thence south 89°18'09" east for a distance of 150.00 feet to the true point of beginning, thence north 70°59'25" east for a distance of 172.93 feet to a point on the east boundary of the W1/2SE1/4 of section 10 00'42" east, thence north 68°45'18" west a distance of 479.85 feet to the true point of beginning. Commonly known as 277 C Highway 50 Hansen ID 83334. Said sale will be made without covenant or warranty, express or implied, regarding the possession or encumbrances to satisfy the obligation secured by and pursuant to the power of sale conferred in the Deed of Trust executed by Timothy L. Kuhn and Sandra L. Kuhn, Husband And Wife, as Grantor, to First American Title, as Trustee, for the benefit and security of Ameriquest Mortgage Company as Beneficiary, recorded 07/02/2002, as Instrument No. 2002-013497. Mortgage records of Twin Falls County, Idaho. THE ABOVE GRANTORS ARE NAMED TO COMPLY WITH SECTION 45-1500(b)(1), IDAHO RECYCLING AND REUSE SENTATION IS MADE, THAT THEY ARE, OR ARE NOT, PRESENTLY RESPONSIBLE FOR THIS OBLIGATION. The default for which this sale is to be made is the failure to make the monthly payments of said debt, plus principal, interest and impounds and subsequent installments due thereat, plus late charges, together with all subsequent sums advanced by beneficiary pursuant to the terms and conditions of said deed of trust. The trustee's fees and/or reasonable attorney's fees as authorized in the promissory note secured by the aforementioned Deed of Trust, First American Title Insurance Company, a California Corporation, as Beneficiary, recorded December 16, 2006. First American Title Insurance Company. Signature:By Kathleen M. Myer, Asst. Sec. R-133678

PUBLISH January 8, 15, 22 and 29, 2007

103 Lost and Found

FOUND car keys behind Tangles & Nails in the back of my car. Call 326-8646. Prg Center in Burley. Call 208-678-4640.

FOUND cat bedded, white with orange and brown spots. Call 208-733-0152.

FOUND cat, gray male in Dodo. If not claimed within 10 days, free 206-554-2181.

FOUND dog, black lab in Shebe, at 400 S. Heyburn. Make about year old, heavy blue collar. 208-678-1564 or 208-312-4225.

FOUND dog, older male, black lab, around 12/07. If not claimed within 10 days, free 206-554-2181.

FOUND Lab adult black male 7th Ave. E. street of Jerome. Call 208-324-1271 to identify.

FOUND Lab black male down in 2008 area between Wendell & Bunl. Call 539-3863.

101 Lost and Found

FOUND Pac Coalball in Fier. Rewarding and loving. Call 326-8646.

LOST aluminum tool box near 100 south of Wendell. Rewarding and loving. Call 208-413-8256.

LOST Canine Goose, in Kimberly area. Female, very tame. Call 423-4268.

LOST cat, gray & white long haired female in Jerome on Sunday 1/12/07. REWARD 324-3718 or 320-12119.

LOST Cedar/River puppy, 4 mo. old, gold w/ black snout. Make, was last seen on 7/12/06 near 2nd and 2nd in Jerome on Sunday 1/12/07. REWARD 324-3718 or 320-12119.

LOST dog, small 5 lb, brown, round, in the vicinity behind Lowes. In need of grooming and training. Call 208-743-2121.

LOST Lab, yellow male on Bob Barton Rd. between Wendell & Bunl. Call 539-3863.

101 Lost and Found

LOST Men Schnauzer 3 year old, black & silver. Rewarding and loving. Call 326-8646.

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PEOPLE FOR PETS
420 Victory Ave. PO Box 11663
736-2299
Twin Falls, Idaho

- FOUND**
1. Chow Cross sable male. 3431 North 2700 East.
 2. Pit Cross black & white female. 2th Ave. West.
 3. Pit Cross black male, Western Farm Service.
 4. Lab yellow male adult. 3035 North 3500 East.
 5. Spaniel Cross ivory male neutered & older adult. 7th Ave. East.
 6. Lab/Weiler Cross yellow female adult, 5th & Addison.
 7. Akita/Border Collie Cross black & white female pup. Anderson Lumber.

ADOPTIONS

1. Aussie Cross white & tan male adult.
2. Lab/Vizsla cross chocolate female, big pup.
3. Boxer/Pit X brindle & white female adult.
4. German Shepherd/Rottweiler Cross black & tan adult male.
5. Coon Hound tri neutered male.
6. Border Collie black & white spayed female adult.
7. Lab Cross (2) black female adult.
8. Aussie Cross (2) blue merle female pups.
9. Border Collie/Pyrénées Cross black & white neutered male, large adult.
10. Aussie Border Collie X (2) female pups.
11. Lab/Golden Retriever Cross black fluffy female pup.
12. Sheep Dog Terrier Cross grayish female adult.
13. Lab (2) pups black, male & female.
14. Border Collie Cross black & white female big pup.
15. Catahoula Cross brindle male adult.
16. Heeler/Rottweiler (2) cross sable pups.
17. Lab Cross black female, big pup.

DON'T FORGET US!

Many cats/thers for adoption!
www.magiclink.com/web/petsonline
Hours: Mon-Fri.
10:00 am-5:30 pm
Saturday
10:00 am-2:00 pm
Closed Sundays and Holidays
We can only keep animals 48 hours.
They are then sold or DESTROYED.
Please check daily

BIRTHDAY PHOTOS

Have you forgotten to pickup your birthday photos? We have some photos we are sure you don't want us to lose. These can be picked up at The Times-News Classified Dept

GENERAL
Clearwater Care Center is seeking self motivated, caring, and energetic people to work with developmentally disabled individuals. No experience necessary. Excellent training. Day shift 7/7hr to start, 59hr after completion of training. Swing shift 5/9hr to start, \$10hr after training. Graveyard 5/9hr to start, \$11hr after training. Benefit package available. Full and part-time available. Background check required.
 Apply at:
Center for Independent Living
 156 Blake Street N
 Twin Falls

ADMINISTRATIVE
Administrative Assistant/ Care Manager
 Come Join Our Team. A fast-growing company franchised nationally seeks someone in the Twin Falls area who excels in multi-tasking and thrives in a fast-paced environment. Staff and client management/reception, answering phones, scheduling. Great personality, professional presence, self-starter. Important. Outstanding management, communication & people skills, MS Office. Excel, e-mail and a team player. Important. Sales/Marketing and public speaking experience is a plus. Benefits, mileage and bonus program.
 E-mail resume & salary requirements to southcentral@comfortkeepers.com or fax to 208-346-1970
 www.comfortkeepers.com

COMPUTERS

IT Administrator
 Seeking a professional IT administrator for busy office. Requirements: 3 years experience working with PCs, LANs, WANs. Knowledge of all Microsoft Office products, database administration, e-mail server administration, Crystal Reports, Current MSN, CCHA, or A+ certifications desired. Send resume to Webb Landscape, Inc., 162 Glendale Rd., Bellevue, ID 83313. Attach Christine or e-mail to Christine@webband.com

How is the Time to Get Out A Career With Success Express?
Sunrise Express 1-800-635-0925
COMPANY DRIVERS
 Owner/Operators (New Rates)
 Deluxe Late Model Equipment
 Weekly Settlements
 Holiday & Vacation Pay Health Insurance - 481K

GENERAL
 The City of Twin Falls is accepting applications for a part-time (30-hrs/week) **RECREATION AIDE**. Beginning monthly wage is \$11.54 with pro-rated benefits. Responsibilities include: coordination of on-site adult and youth recreation programs, facility scheduling, field preparation, training and scheduling seasonal officials and field staff. Required: High School Diploma or GED, 2 years experience in recreation with some supervisory experience, valid driver's license. You may obtain more information and a city employment application at www.tfd.org, the Personnel Office, located in City Hall, 321 2nd Avenue East, or by phoning (208) 735-7258. The City of Twin Falls is an Equal Opportunity Employer. Drug Free Work Place. Closing date is 01-26-07.

LANDSCAPE
IMMEDIATE OPPORTUNITY!
 Trugreen Chemlawn Service offers Great Base Pay 450.00 per week + Commissions
 If you have a strong desire to succeed and increase your income, are self-motivated and hard working, working outdoors, we have an opportunity for you! We are a growing and the leader in our industry. We need energetic, goal oriented Lawn Technicians who want to reap the benefits of our success! Dept. of Agriculture licenses a plus, but we will train the right candidate.
 We offer:
 • Weekly Base Salary of 450.00 + Commissions
 • Comprehensive Paid Training
 • Medical, Dental, Vision & Prescription Plans
 • Paid Vacation Time & Holidays
 • 401(k) and Stock Purchase Plan
 • Tuition Reimbursement
 • Advancement Opportunities!
 If you are interested in joining our team, please come in and fill out an application between the hours of 10 and 2 at: 3785 N. 3381 E., Kimberly ID 83341. We are located behind Windsor's Nursery on Kimberly Road.
 Or email your resume to scoatesw@trugreenmail.com
 Qualified candidates will be able to successfully pass a criminal background check, MVR and a drug screen.

Qualified candidates will be able to successfully pass a criminal background check, MVR and a drug screen.
 Drug Free Workplace
 EOE AA/M/F/D/V

DISPATCH
 The City of Twin Falls is accepting applications for **COMMUNICATIONS SPECIALISTS/DISPATCH**. Beginning monthly salary \$2233. The typing responsibility is to take, prepare, process and dispatch both emergency and non-emergency calls for service. Must be willing to work a rotating shift to cover 24hr, 7-day/week operations. Apply immediately. A job description and employment application are available at www.tfd.org. A typing certificate is required within the last six (6) months which shows a typing proficiency of at least 35 wpm must be submitted with application. For additional information you may contact the Personnel Office 321 2nd Ave E, Twin Falls, ID 83301 (208) 735-7258, or direct email to perne@tfd.org


DRIVER
 Swire Coca-Cola, USA has an opening for a **Route Driver**
 Responsibilities Include:
 • Delivering product
 • Driving shovels & coolers
 • Invoicing
 • Frequent lifting
 Swire Coca-Cola offers:
 • Base + commission, non-profit
 • Full benefits package
 • Paid vacation
 • Opportunities for advancement
 Qualified applicants will have:
 • Good driving record
 • CDL (class A or B)
 • High School Diploma
 • Ability to pass a background check and drug test
 Apply in person with a current 3 year Swire Coca-Cola, USA 398 West 1st Ave. Twin Falls, ID (208)733-3833 EOE/AA

GENERAL
 The United Way of the Great Basin, located in Elko, Nevada, a non-profit organization focused on creating lasting change in the communities of Elko, Eureka, Humboldt, Lander and White Pine counties, is accepting applications for an Executive Director.
Position Summary:
 The Executive Director:
 1. Serves as the primary professional resource to the Board of Directors and advises in matters of policy formulation, interpretation and implementation.
 2. Coordinates vital resources to provide and maintain the quality of life in the community through the support of non-profit services by planning, organizing and managing an effective Fund Raising Campaign.
 3. Assesses community needs, identifies appropriate actions and makes recommendations to the board.
 4. Is responsible for carrying out the programs, goals, policies, objectives, and decisions formulated by the board for the operation of the United Way of the Great Basin.
 5. Serves as primary spokesperson for the agency.

PhonBase Research
 PhoneBase Research currently has immediate openings in our interviewing department. This position involves conducting public opinion polls over the telephone.
 PhonBase Research offers:
 • Flexible evening, day and weekend hours
 • \$7-\$9 an hour
 • Casual work environment
 • Monthly interviewer incentives
 • Absolutely no sales or soliciting
 To apply stop by our office at 840 Meadows Dr. Ste #2 in Twin Falls or call us at 208-735-2851

PhonBase Research
 All advertising is subject to the newspaper's standard of acceptance. The Times-News reserves the right to edit, abbreviate, decline or properly classify any ad. Receipt of copy via remote entry (i.e., e-mail, etc.) does not constitute final acceptance by this newspaper. The newspaper assumes full responsibility for the final content of their advertiser message.
 Trying to find a good used automobile? Check out the classifieds for the great selection available in your area today. 733-0001

Preferred Experience / Competencies
 Five or more years experience in all facets of nonprofit management and administration.
 Possess a combination of relevant training and education in marketing, communications, accounting, finance and personnel administration.
 Preferred progressively responsible United Way experience, paid or volunteer.
 Ability to work a flex schedule including evening and early morning.
 Annual salary range: \$38,000 to 60,000
 Applications should be submitted to **Executive Committee**
 249 Third Street, Elko, Nevada 89601
 Applications must be received by January 23, 2007.

GENERAL

Don't Underestimate Your Potential...
 Career Opportunities and Advancement await you in the following areas:
 • Production
 • Operations
 • Custodial
 • Automation
 • Manager & Supervisory Training
 • Maintenance
 • Warehouse
 • Sanitary Welder
 • Electrical
 • Lab
 • Micro Biology
 Some of the Many Benefits:
 • Direct Deposit
 • Paid Double Time (Sundays & Holidays) 401k
 • 12 hour shifts: 3 days on, 3 days off, 4 days on 4 days off
 • Medical Insurance
 • Profit Sharing
 • Education Assistance
 Jerome Cheese Company
 47 W 100 S
 Jerome, ID 83338
 208-324-8806 office 208-324-8892 fax
 E-mail resumes to JCCHR@Daviscofoods.com

Professional Services
 Personal Assistant/ Nanny position. Excellent references. 808-472-1621
Child Care Services
ADVENTURELAND DAYCARE Now has openings. Meals included, learning activities. 734-3718
AGAPE CHILD CARE has full-time openings for 3 year olds and up. Licensed, CPR and ICCP with large fenced playground. PO Box 548 Twin Falls, ID 83303

Classified Private Party Ads
 Requires pre-payment prior to publication. Major credit cards, cash and check processing over the phone.
 733-0931
 The Times-News
CHILD CARE CPR Certified. Non-smoking, meals included. Call 208-731-5678.
CHILD CARE CPR, First Aid & ICCP Certified. Fully fenced. No smoking, no smoking assistance. 208-733-3397
CHILD CARE Infant to 5 years. Meals provided. \$15 per day. Immediate openings. Mon-Fri 6am-6pm. Call 208-948-5609
CHILD CARE licensed, food program, teaching degree, ICCP. Call 208-735-0880
CHILD CARE NEEDED for 2 and 4 year old days, nights, and weekends. Both parents doing shift work. Needs to be flexible and loving. 733-8556, 731-6521

PhonBase Research
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 Trying to find a good used automobile? Check out the classifieds for the great selection available in your area today. 733-0001

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200 Employment
Automotive
 Experience. The person needed. Retail Sales, some computer experience. Apply in person at Morrison Tire 208-736-1100
BOOKKEEPER
 Local Trucking company looking for **Safety Director** Bookkeeper. Quickbooks & prophy with trucking background. No exp. Please send resume to Box 93443 C/O Times News PO Box 548 Twin Falls, ID 83303

Classified Private Party Ads
 Requires pre-payment prior to publication. Major credit cards, cash and check processing over the phone.
 733-0931
 The Times-News
CHILD CARE CPR Certified. Non-smoking, meals included. Call 208-731-5678.
CHILD CARE CPR, First Aid & ICCP Certified. Fully fenced. No smoking, no smoking assistance. 208-733-3397
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su do ku
 © Puzzles by Pappocom

4	8		3	7	
7		5	3	2	
1	3	9	1	6	8
1	4	6			9
5		2	4		
8	2	6	1	7	8
8	3	9			5
7	8				2

V. EASY #29
 Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. Find the answers for todays puzzle on page C8.

200 Employment
DAIRY
 Experienced Milker needed for Twin Falls. Call 208-731-4060.
DRIVER
 Driver wanted. Flying Local OTR Flatbed 33/mile plus load/unload and tarp pay Medical insurance Start immediately 208-731-5505

DRIVERS
 Burley, Paul and Paul
 Twin Falls, ID
 Class A CDL DRIVERS needed. Plan or Full-time year round local hauling. Home every night. Benefits include medical, 401k vacation pay. Express 208-478-4625, 208-438-8888 or 208-733-6657

DRIVERS
 CDL-A Truck Drivers Van/Trailers 45 states, walking floors 11 western states. 32 cent/mile. Per diem. Annual pay increases. Paid vacation. Medical insurance. 208-731-0234
DRIVERS
 John Drake in Trucking in Battle Mountain, NV has several openings for the following positions:
 • CDL, Class A with doubles and triples endorsements
 • CDL, Class B
 • Maintenance Mechanics
 Call to inquire about our new 2007 pay and benefits package! Please call 866-635-2805 or fax resume to 733-635-8017

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200 Employment
DRIVER
 Truck driver needed, Class A CDL. Call 208-731-9943
DRIVER
 Now Hiring Bus Drivers Grad Training Western States Bus Call 208-733-8003

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 Trying to find a good used automobile? Check out the classifieds for the great selection available in your area today. 733-0001

200 Employment
DRIVERS
TOP GUN
 Truck drivers Academy Class "A" CDL Instruction 735-6556
GENERAL DISCOVERY
 Need money for the holidays? Immediate Positions Available!
 • No Sales Involved!
 • Base Pay Up To \$11.00 an hour!
 • All Paid Training!
 • Flexible Scheduling - You Pick the Days You Want to Work!
 • Shift Start Times Conclude with School Schedules!
 • Bonuses offered on monthly basis!
 • Fun, Positive work environment!
 • Great for first time job or career!
 Please apply at 840 Meadows Dr #1 Twin Falls or please call (208) 733-8601 and mention this ad for bonus opportunity! Working distance from CSR

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 Trying to find a good used automobile? Check out the classifieds for the great selection available in your area today. 733-0001

Intermountain
 Cassia Regional Center
 The following positions are posted:
 Full-Time/12 Hour/Vacation Shifts:
 Ambulance Coordinator
 Advance EMT
 Basic EMT
 Additional Opportunities:
 Per-Diem OR Tech
 (Receive additional compensation for this position)
 For a complete listing of our jobs and to apply online, please visit our website at www.intermountainhealthcare.com or contact Human Resources at 208-617-6420 for more information.
 1501 Hilland Ave., Burley, ID: 83318 EOE/AA

SALES
Swire Coca-Cola, USA has an entry level position in their Sales Merchandising Department.

Duties include:
-Stocking shelves
-Building displays
-Customer service

Swire Coca-Cola offers:
-Full benefits package
-Paid vacation
-Opportunities for advancement

In order to apply, you must bring:
-High School Diploma
-Proof of auto insurance
-Current 3 year driving record

Apply in person:
Swire Coca-Cola, USA
398 Victory Ave.
Twin Falls, ID
(208)733-3833
EOE/AA

Midwest AUTO MALL

JOIN OUR GROUP NOW!
We are a leading car dealer seeking a few good people to join our fast growing team. We offer training and development help you reach your goals, both professional and financial.

LET'S TALK!
✓ Up to 30% Commission
✓ Up to \$2500 Monthly Bonus
✓ Paid Vacation
✓ Guaranteed Monthly Salary

ARE YOU READY?
If you are a people person, self-motivated, success-driven and looking for a career reward just another job.

TAKE THE NEXT STEP!
CALL TIFFANEE FOR AN APPOINTMENT
208-736-2480

INSURANCE
Some insurance companies hold you back.
We don't!
AAA Idaho seeks Insurance Sales Professionals to join our dynamic and growing organization on the Twin Falls AAA office. AAAs respected brand and reputation provide a great foundation for a skilled sales professional to succeed. We write property & casualty insurance for a number of the best carriers in the business. With our reputation, leads are abundant. All you have to do is apply your sales expertise to excel. While a Property and Casualty license required. We are looking for people who enjoy the thrill of selling. Make great money and enjoy our competitive benefits package while working for a strong organization that has been in business for nearly a century. And let someone else pick up the overhead if you meet the above criteria but you're not the AAA Idaho family!

Please apply in person at: AAA Idaho, 1445 Filmore St, Suite 1100, Twin Falls 83401.
Or fax resume to: (208) 734-0443.
Or email: recruiter@aaasoregon.com
AAA Idaho is proud to promote and maintain a drug free workplace and pre-employment drug screening is required. EOE.
AAA Idaho. We offer more.

200 Employment
GENERAL
Operation Support 1:
-Full-time position
-Knowledge of skid steers, hydraulics, light maintenance and CDL required.
-Minimum Class B.
-Apply in person at: Spletter Grower Solutions - 230 S. 200 W., Rupert

GENERAL
-Part-time, Need 3 people to install restroom deodorizing systems. Must have reliable transportation, insurance & drivers license. Begin immediately, \$10/hr + car allowance. Call 866-567-1544

GROCERY
Ridleys has openings in the Magic Valley, and Rupert areas. Journeyman Meat counter & Full-time Meat Manager. Experience a must. Bonuses & bonuses. Competitive Wages. Call 208-320-2074.

MECHANIC
AGL
Auto & Light Trucking Inc.
Diesel Mechanic
Full-time Position
Must have tools, exp in Preventive Maintenance
Wago DOE
Benefits include medical, dental & paid vacation
Apply at 257 S 100 E Jerome, Idaho (208) 324-5053 Ask for Leroy
www.agltruck.com

SALES CONSULTANT
Excellent Benefits:
-Motivated & Outgoing
-Incentive Based Pay
-Training
-Health & Vision Plan
-Paid Vacation
-401K Retirement Plan
-Drug Free Workplace - EOE
Call Bob Cheney at 208-10-1000 or come into 901 South Lincoln, Jerome

SALES
CABLE ONE
Direct Sales Representative
Cable One is currently accepting applications for an enthusiastic individual to sell Cable TV, High Speed Internet and Telephone services door to door in the Pocatello area. Must have a professional appearance, be self-motivated, and possess good communication and public relation skills. Base salary, commissions, and bonuses place compensation in the range of \$30,000 - \$45,000. Outstanding benefits include major medical, dental, 401k, holidays, flex and vacation time, plus free Cable TV, High Speed Internet, and Phone service. Must have own transportation and valid driver's license. All offers of employment are dependent upon a pre-hire physical, drug screen, background check, and DMV screen.
Send resume to:
Attn: Marketing Manager
Cable One Inc
204 W. Alameda Rd
Pocatello, ID 83201 or apply online at www.cableone.net/jobs
No phone calls please
Cable One is an Equal Opportunity Employer

200 Employment
GENERAL
Professional applicator for lawn & tree spraying \$200/8hr on job
Call 208-734-4131

200 Employment
MANAGER
Manager needed to operate food court facilities. Must have 2-3 yrs current exp. Strong personality, great communication skills, and proper working knowledge of restaurants. Send resume to twintimesnews.com
Attn: Darick

200 Employment
MEDICAL
LMSW/SW or RN to direct services at an outpatient mental health clinic.
Call 208-312-1957

200 Employment
MEDICAL
Mental Health Tech 21 years; valid drivers license. Pick up application 9:30 Mon-Fri 1408 Kimberly Rd

200 Employment
MEDICAL
Office Manager needed for a single physician office. Bilingual, good phone & people skills as well. Medical benefits. Full-time. Fax resume to 208-732-8484

200 Employment
PLUMBER
Apprentice & Journeyman Plumbers needed.
Call 208-326-4128

200 Employment
PROFESSIONAL
Organized individual who bachelors degree in human service field to work with disabled adults. Benefits avail
Wago DOE. Send resume to P.O. Box 1882 Twin Falls, ID 83403
Professional PRB needed. Start \$17-16/hr. good phone & people skills as well. Medical benefits. Full-time. Fax resume to 208-878-3350

WELDERS
Local metal fabrication company seeking welders. Job description includes: Stainless steel, carbon steel, and structural welding, ARC/TIG and sanitary welding experience a plus. Milwright and all around general contractor experience preferred. Applicant must be a team player, reliable, hardworking & quality oriented. Pay DOE. Full benefits package. Experience in Drug Testing. Premier Technology is an Equal Opportunity Employer

Send Resume to HR Dept.
Premier Technology
305 Hankins Road South Unit 1C
Kimberly, Idaho 83441
Ph 208 735 9164
Fax 208 735 3321
ncramer@ptplus.net

Careers at Glanbia
As one of the largest American-style cheese and national dairy products producers in the United States, we are looking for key people to join our fast-paced, high tech production environment in Idaho's Magic Valley. We currently have the following immediate openings:
• Utilities Tech • Controls Tech
• IT Tech • Operators • Drivers
For these and other opportunities, please send out an e-mail or apply directly to the site you are interested in Corporate Office 1373 Filmore St. TF TF Cheese Plant 236 Washington St Gooding Cheese and Why Plants 1728 South 2300 East. Gooding
Richfield Why Plant 1572 East Highway 26, Richfield
Transportation: 1728 South 2300 East. Gooding

glanbia
"where the food"™

200 Employment
DRIVER
CDL Class A (flatbed trailer) experience. Call 208-644-8387

200 Employment
MEDICAL
Growing practice seeks skilled Biller/Coder to fill permanent opening. Flexible environment, good benefits. Call Kathy 670-3130

200 Employment
MEDICAL
LSW/SW or RN to direct services at an outpatient mental health clinic.
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ncramer@ptplus.net

glanbia
"where the food"™

Are you looking for a Challenge, an Adventure, a New Career?
Are you Reliable, Safe, Driven, Outgoing?
The industry's Leader is seeking qualified people with these characteristics!
For the following positions:
• Driller's Assistants • Mechanics
Must be able to lift 100 pounds, be drug free, and able to obtain a commercial driver's license and enjoy working outdoors at our various drilling locations throughout the Western U.S.
If this opportunity for growth and a career interests you, call our INFO-LINE at 775-783-7772 and indicate the position you are applying for. Also leave us your name, address and phone number. You may also apply online at www.boatlongyear.com careers
You'll need the following information:
Region=America's, Country=USA, Location=Idaho, Nevada
Boat Longyear offers a complete benefit package including:
• 401(k) w/Company Match • Life Insurance • Pension
• Holiday/Vacation • Medical, Vision and Dental • Per Diem
Boat Longyear also offers a Safety Incentive Program.
Boat Longyear is an Equal Opportunity Employer

BOAT LONGYEAR
Drilling Services

GRAPHICS
The Wood River Journal is looking for a talented and experienced Graphic Designer with photography skills to join our design team. This multi-faceted full time position will begin in January and carry the responsibilities of page layout and design, advertising design and photojournalism. Candidates must have experience with print media in a fast-paced environment and have excellent proof-reading and grammatical skills. Proficiency in Quark, Photoshop and Illustrator is a must. Candidate must have excellent customer service skills and be able to work amicably in a small office alongside other employees.
The Journal offers paid vacations without blacked out pay periods, 401k, paid insurance after 30 days, stock options, profit sharing and a pleasant work environment. Salary is commensurate with experience.
Send resume, references, three examples of design work, and cover letter to publisher@woodriverjournal.com, Fax 208-736-0983 or mail to 507 South Main Street, Haysley, ID 83333.
The Journal is a drug-free workplace and applicants must pass a drug test prior to hiring.
EOE

DELIVER A BUNDLE AND MAKE ONE, TOO!
Make over \$800 every 2 weeks!
Bundle Hauler needed for Twin Falls to Burley run
The Times-News is now accepting applications for available independent contractors to haul bundles of newspapers to our carriers & vending machines.
Dependable truck w/helpt, or a van needed. Valid driver's license and insurance required.
To apply:
Fall out an application at the Times-News office, 132 Fairfield St. West, Twin Falls, or email resume to apc@tmn.com or mcgovey@tmn.com

MAKE MONEY NOW!

Times-News
magicvalley.com

BURLEY Newly remodeled house with great kitchen, hardwood floors, laundry room, 2nd bath, room to grow in the barn! 2 bdrm, 1 bath, 1100 sq ft. \$76,900. Call 420-2010

BURLEY Just Listed! \$107,800. Cozy 4 bed 1 bath home, 1,800 sq ft. One carport & 1000 sq ft. Large family room. You MUST SEE the one at 5410 N. D. Call Joanne at 312-9600

FAX YOUR CLASSIFIED AD
TIMES-NEWS CLASSIFIED DEPARTMENT
208-734-5538

FILER
FRESH AS spring time in January! This 3 bdrm, 2 bath home is bright & cheerful with a beautiful lot and only minutes away from Twin Falls. Now \$107,000. Call Crystal now!

BARKER
REALTORS
Call 943-4371

FILER New Construction! 1200 sq. ft. 3 bedroom 2 bath, vaulted ceilings, double garage on 1 acre. \$136,000. Call 208-448-0731

FREE Real Estate Search. No Obligation. Over 12,000 listings. www.twinfalls4sale.com. Rotamstein Real Estate Co.

GOODING New home for sale in Willow Sage Subdivision. 4 bdrm, 2 1/2 baths, 1.75 ac. ft. Living room + family room. \$205,000. Call 208-308-6804

HOLLISTER Enjoy Country Living on half an acre! 4 bdrm, 2 bath, 1500 sq. ft. mg. home. Easy commuting to Twin or Jackson. NEW PRICE! \$114,900.

BUHL 7 acre mini ranch with 2 bdrm, 2 bath mg. home, walkout basement. Quiet country living, ideal for horses or cattle. \$179,000.

KIMBERLY New 1590 sq. ft., 3 bdrm, 2 bath mg. home at Friendly Village. \$67,000!

Home Inspections 3000+ since 1993. For buyers & sellers. Bill Barker & Associates

JEROME (2) 2 bed-room homes large lots 177' Ave E. \$20,000. Call 208-234-9413

JEROME HARD TO FIND (GREAT) Very Nice 3 bdrm, 2 bath in 13 acres with full water/sewer; 24x36 insulated shop, riding arena and more!

GREAT HOME PROPERTY! \$150,000. Call 208-316-1828

JEROME new 3 bdrm 2 bath, 2 car garage, 1600 sq. ft. lot, 916 17' Ave E. \$26-1829

JEROME New construction, 3 bdrm, 2 bath, 1500 sq. ft. available for immediate occupancy. \$129,900. Jerome Homes. 324-2288 or 539-3613

JEROME New construction, 1 acre with water, 4 bdrm, 2 bath, 1500 sq. ft. For sale. Price \$189,900. Jerome Homes. 324-2288 or 539-3613

RUPERT Very nice 3 bedroom, 1 1/2 bath with large garage. Lots of new. Large fenced yard. \$179,500. Call 208-316-3404

TWIN FALLS 2 3 bdrm, 2 bath, new remodel. 627 Shop Ave. Best home or rental at this price in Twin. See photos: www.netml.net/5277. Call 208-316-1828

TWIN FALLS "ONCE IN A LIFETIME" IN A URGENT! For sale by owner. Newly remodeled, 3 bdrm, 2 bath, lg fenced backyard. \$112,500. See below appraised value! Contact Jim or Alex 208-733-1231

TWIN FALLS Built in 2004. North Pointe. 4 bdrm, 2 bath, gas heat & fireplace. 2 car garage. For sale or lease with option 100' x 321' 500'. Call 208-733-4571 or 208-420-1077

TWIN FALLS For Sale By Owner 2003 Parade of Homes Remodel. 2104 sq. ft. split floor plan w/bonus room. 2 bdrm, 2 bath. Custom deck w/built in hot tub, fire pit, vegetable garden, 2038 Longbow Drive, 208-735-4076

TWIN FALLS Free MLS Search www.homesearch.com Free list of foreclosure.com What's your home worth? www.magnificoliving.com

TWIN FALLS No money down homes www.homesearch.com Call 208-735-4076

TWIN FALLS in Present Street, 2 bdrm w/optional 3rd or office, 1144 sq. ft. Completely remodeled/built by owner with warm cedar and pine. Lots of built in storage. Orig. hardwood floors. Petlet stove, all kitchen appls, mild steel siding with Nordic windows. HOT TUB, granite top, 24x24 steel sided garage and shop. RV parking. Call 208-734-7901/208-631-1397

TWIN FALLS 2087 Stadium Blvd. \$225,900. Call 208-316-0918

Equal Housing Opportunity All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. Family status includes offspring under the age of 18 living with parents or legal custodian; pregnant women and people securing custody of children under 18.

Equal Housing Opportunity The newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are informed that all advertising advertised in this newspaper are available on an equal opportunity basis. To complete a discrimination claim HUD toll free number is 800-669-9777. The Toll Free number for the hearing impaired is 800-927-8275

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TWIN FALLS Brick home, 2 bdm, posp. 1/2 bath, 1718 sq. ft. m/w/c. Larkspur Dr. #1050. Call 208-316-1393

TWIN FALLS Free MLS Search www.homesearch.com Free list of foreclosure.com What's your home worth? www.magnificoliving.com

TWIN FALLS No money down homes www.homesearch.com Call 208-735-4076

TWIN FALLS in Present Street, 2 bdrm w/optional 3rd or office, 1144 sq. ft. Completely remodeled/built by owner with warm cedar and pine. Lots of built in storage. Orig. hardwood floors. Petlet stove, all kitchen appls, mild steel siding with Nordic windows. HOT TUB, granite top, 24x24 steel sided garage and shop. RV parking. Call 208-734-7901/208-631-1397

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BLISS 39 residential lots for sale. Can purchase all or part. Call Joyce 212-6554

BUHL \$59,000 Fantastic views from your private 5 acre parcel with views of Snake River. Call Keith Schmidt 208-731-0819 or go to kalschredr.com MLS #828-0900 PC#571

TWIN FALLS Wanted 40-50 Acres south of Twin Falls, must have water, bare ground. Call 208-539-3412

JEROME New party furnished, 3 bdrm, 2 bath, \$600 month. Call Dave 707-21-8993

BURLEY 22 acres subdivision or commercial, 678-5300 acres of 219-9544

Commercial JEROME 240 South Lincoln, 3000 sq. ft. corner lot, good parking, \$100,500. Call 208-420-0799 John

JEROME Brand new office and warehouse building available. 208-404-4345

WHO can help you Sell your property? Classifieds 733-0931 ext. 2. www.magnificoliving.com

BUHL 2 bdrms, 1 Bath \$400-4334

BUHL 2 bedroom, 1 bath, mobile home, no pets, long term. \$450 month + deposit. Call 208-543-8343

EDEN CITY home for rent, 7 miles east of TF, 3 bedroom, 1 bath, basement \$550. Call 208-733-5096

EDEN Nice 2 bdrm With appliances & full bath. \$475 month. No pets. 208-423-5104

JEROME 1993 Geo-truck with water mobile home, 1800 sq. ft. Very good cond with upgrades. \$208-5177

Observations can lead to confusion. Make sure readers will understand your ad completely. 733-0931 ext. 2

Mobile Homes WANTED UGLY or NICE 1000 sq. ft. Call Joyce 212-6554

Real Estate Wanted TWIN FALLS Wanted 40-50 Acres south of Twin Falls, must have water, bare ground. Call 208-539-3412

Furnished Homes JEROME New party furnished, 3 bdrm, 2 bath, \$600 month. Call Dave 707-21-8993

Classified Department Classified Sales Representatives are available from 8:00 am-5:00 pm. Monday-Friday. Call our office in Twin Falls 733-0931 ext. 2

Unfurnished Homes BUHL 2 bdrms, 1 Bath \$400-4334

BUHL 2 bedroom, 1 bath, mobile home, no pets, long term. \$450 month + deposit. Call 208-543-8343

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Unfurnished Homes JEROME small 2 bed-room, 1 bath house. \$400 month + deposit. 513 7th Ave. W. #101. Call 208-543-8343

KIMBERLY near school, 4 bedroom, 2 baths. \$750 mo. + \$500 deposit. Call 208-543-8343

SHOSHONE 4 bdrm, 1 bath, all appls, shop. \$650. 2 bdrm, 2 bath. \$450. No pets/smoking. Call 208-866-2630

SHOSHONE Mobile home, 2 bdrm, 2 bath + stove/refrig, no pets. \$400 mo. + \$300 security deposit. 208-866-7573

TWIN FALLS 1 bdrm, 1 bath, \$375 mo., 2 bath, \$550. No pets/smoking. Call 208-420-2830

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Unfurnished Homes TWIN FALLS 5 bdrm, 2 bath, brick home on 1.1 acre with large yard, \$925 month + deposit. Call Greg 208-316-1802

TWIN FALLS A spacious clean 1 bdrm, appls, incl., W/D. Very nice neighborhood. \$500 + dep. No dogs. 733-8820 or 420-0110

TWIN FALLS Clean 3 bdrm, 2 bath, 2 car garage. No pets/smoking. Call 208-316-0435

TWIN FALLS Clean new 3 bdrm, 2 bath central air, attached garage, \$875 month. 208-536-4813

TWIN FALLS Like new, quiet, 3 bdrm, 2 bath home in NW area of Twin Falls. Single level, 2 car garage, fenced yard, 1.5 acres. No smoking. \$985 mo. + \$300 deposit. Call 208-444-4345

TWIN FALLS New home 3 bdrm, bath, central air, fenced yard, \$895 + deposit. 731-9242

TWIN FALLS Nice 3 bdrm, 2 bath, 2 car garage, lgd floors, gas heat, fireplace, behind Anderson Lumber. \$900 month + deposit. 733-8658 after 4 PM

TWIN FALLS nicely remodeled home, 3 bdrm, 2 bath, water, incl., \$750. 733-8658 after 4 PM

TWIN FALLS NW brand new 3 bdrm, 2 bath, 2 car garage, gas heat, AC, split garage. No pets/smoking. Call Denise at 208-420-8770

TWIN FALLS Remodeled 2 bdrm, 1 bath, AC & heating, carpet, 2 car garage, \$675 mo. \$600. Call 208-543-8263 or 733-6260

WHO can help you Rent your rental? Classifieds 733-0931 ext. 2. www.magnificoliving.com

TWIN FALLS 2 bdrm 1 bath apt. \$435 New 3 bdrm home for \$850. Call 733-5342

TWIN FALLS 2 bdrm, 1 bath, \$575 month + \$575 deposit. No smoking. 735-1321

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JEROME 2 bdrm, 1 bath, nice area, \$450/mo + dep. Call Brent 173-11-0262

K&G Property Buy or sell! Many locations & sizes avail. Where I want to live, call me together. Call 208-732-5570

KIMBERLY TWIN FALLS TAX REFUND! MOVE IN NOW! 3 bdrm, manufactured homes. 208-212-6554

The Office at Cain 647 Fawnbrook Ave. Handicap accessible. Housing Opportunity. Fawnbrook Apartments 734-1600

TWIN FALLS 1 bdrm apt., appliances, water, garbage. No smoking! Call 208-316-1816

TWIN FALLS 1 bdrm, appls, \$485 + \$465 deposit. No smoking. 208-733-5410, or 208-420-5415

TWIN FALLS 2 1/2 Bedrooms. Twin Falls

Monday, Jan. 22, 2007

THE ACES ON BRIDGE

Bobby Wolff

"What are those blue remembered hills, What spirit, what farms are those?"

—A.E. Houseman

The author Ron Klimer claims that "Better Bridge With a Better Memory" will improve a player's performance through mnemonics to enhance long-term memory. When West leads the club two against four hearts and dummy's jack holds, the mnemonic Klimer recommends here is AITCH to decide which king to play.

A: Analyze the lead. The club two is almost certainly fourth highest from queen-fourth. Generally this is not a hasty attraction lead, so why is it chosen? The answer is probably that other leads were less attractive. Therefore, West does not hold both the ace and king of diamonds, the ace and king of clubs, or even the diamond king and queen, also a good combination. So, West must have the diamond king, since with a sequence in spades, leading the top of that suit would have been preferable.

It: Review the bidding. West opened one spade and East passed, showing that he has fewer than five points. C: Count the high-card points. North-South has a combined total of 23. That leaves 17. East has four. Therefore, West has 13. How will you play? As West must have the heart king for his opening bid, the only way to avoid a trump loser is if it singleton. Play the ace, and cross your eyes.

As the cards lie today, this is the winning line. But even if the king did not fall, you would at least have known that you had fulfilled your only practical line for the contract.

NORTH 612 24

♠ A K 6 3
♥ 10 9 13
♦ 9 7 3
♣ A K J

EAST

♠ Q 10 9 5 4
♥ A J 5 2
♦ A K 10 6 4 2
♣ Q 10 7 2

SOUTH

♠ 8 7 2
♥ A Q J 7 6
♦ A 10 8 7
♣ A 8 3

cutting edge

TWIN FALLS
Office & warehouse space for lease

TWIN FALLS
Old Town, 4,000 sq. ft., overhead door, rot/water/wash, gas heat. \$1,500/731-0670

LEAD WITH THE ACES

South holds:

♠ A 7 3
♥ Q 9 3
♦ Q 7 6
♣ J 8 4 2

West Pass
North Pass
East Pass

ANSWER: On an auction that tells you that dummy is going to be very short in hearts and that declarer will be ruffing hearts in dummy, what should you lead? A trump will make declarer's life more difficult and will necessarily cost your side a trick.

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

MIGRY

NULCE

LOAFFY

DILBER

WHAT SCRAMBLED WORD GAME by Henri Arnold and Mike Arigton

On the fly, guess the words from the clues.

WHAT THE HOSTESS EXPERIENCED WHEN HER CAKE FELL APART.

How arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Ans: A "GROOMING VAN"

Saturday's Answers: GROOMING VAN, FIDDLE PAIRHOE, A GOOD way to better your KICK, SELL IT FOR MORE.

604 Unfurnished Apts. And Duplex

TWIN FALLS Avail Feb 1 3 bedroom/2 1/2 bath duplex located near CSI. Single car garage, fenced yard, fireplace, kitchen appliances, W/D, new carpet, \$795 per month plus \$500 security deposit. Call 208-734-4728

604 Unfurnished Apts. And Duplex

TWIN FALLS 3 bed/2 bath duplex, 2003 Sunlite, Call 208-731-3386

605 Rooms For Rent

TWIN FALLS 1/2 day After clean rooms, cable TV, reli. microwave, free W/D. Call Walter 208-733-4330

606 Mobile Homes

BUNL 2 bedroom no pets, references. Call 208-734-4728

607 Office And Retail

TWIN FALLS 1/2 day After clean rooms, cable TV, reli. microwave, free W/D. Call Walter 208-733-4330

608 Storage/Warehouse

JEROME 200 sq. ft. Cimale controlled storage, 12 overhead doors, All or part. Call 208-681-0572

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608 Commercial Property

JEROME Brand new office and warehouse space available soon. 208-640-4345

609 Commercial Property

Offices, Shop, Warehouse 5120 West 1st Twin Falls Rentals 734-4334

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703 Horse and Tack

GELBINA 14 year old, brood mare, gentle, good ranch, trail or kids horse, \$2,200.00. Call 208-731-0103

704 Pets And Puppies

FREE full blooded English Bulldog, male, 10 weeks old, \$1,200.00. Call 208-308-7783

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709 Hay Grain & Feed

HAY 3 cuttings, good quality, call to Twin Falls, call 208-733-2520.

710 Hay Grain & Feed

HAY 3 grass hay mix, call to Twin Falls, call 208-733-2520.

711 Hay Grain & Feed

HAY 3 alfalfa 25% top good quality #1 at \$90. 100 lb of exc quality #2 at \$100. Call 425-5278 or 539-7804.

712 Hay Grain & Feed

STRAW for sale, small bales, \$1.50 per bale, Hazelton. Call 208-420-3452.

713 Hay Grain & Feed

SUPREME horse hay (Ray Bros. Equi-Farm Equi-Bio), for quality consistent horse hay. 50 ton trucks covered (\$135-155). Small straw bales. Glenns Ferry. Call 208-428-7484

714 Hay Grain & Feed

YAC Relieving Call Con at: 208-208-0839

715 Custom Farm Services

CUSTOM MANURE SPREADING. No job to big. Call 431-2017 or 208-1088 for info.

716 Farms/Pastures

RUPERT .90 acres for rent. Boats last year. Call 208-532-6090 or 208-431-4899

717 Pastures Wanted

SUMMER PASTURE for 175 head black breeding heifers. Call 208-324-8543

718 AG Business And Service Directory

BOGS FOR SALE Crowned Natural No Antibiotics Delivery Available 208-312-2122

719 Antiques And Collectibles

VENDO 30 Cok Mats, 48-55, 39-60, 48-55, 39-60, 20 precolored, 200 precolored, 200 precolored, 200 precolored. Call 208-428-5339

720 BIRTHDAY PHOTOS

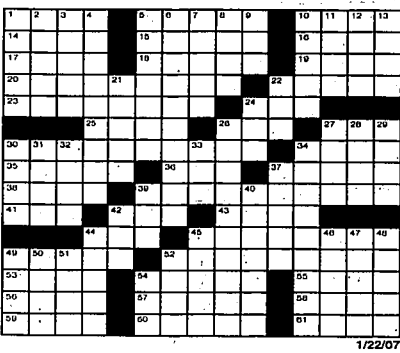
Have you forgotten to pick up photos? We have photos we are sure you don't want us to be picked up at the Times News Classified Dept.

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APPLIANCES All types and models Starting price \$65. We have appliances

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 16 Turner of films
 17 Muscetta's place
 18 Frightens away
 19 Cartoonist
 20 Peter
 20 Quiz programs
 22 Rand McNally book
 23 Reef-explorers' devices
 24 Nat'l. TV network
 25 Broadcasts
 26 Org. with maps
 27 Goody mass
 30 20A participant
 31 Golf
 35 Zodiac sign
 38 NYC clock
 39 settling
 37 Philosopher
 38 Kierkegaard
 39 Eye part
 39 Winded
 41 Storage name
 42 Duration
 43 Felias
 44 PC key
 45 Some masts
 49 Milking parlors
 52 Hart chamber
 53 Scads
 54 Imminent danger
 55 "Mystery" star
 56 Big name in sound systems
 57 Wipe out
 58 Yale alumni
 59 Those in favor
 60 Disney and Whitman
 61 Fill past full

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 2 Drolling Stones bassist Bill
 3 San Antonio landmark
 4 Gives rise to
 5 Harsh critics
 6 Covers with fabric
 7 Hillcrest's
 8 Ghostly greetings
 9 Quas. response
 10 Louvers
 11 Folner or Sagan
 12 Kourikova or Paquin
 13 Western art colony
 14 Overcast and blue, e.g.
 15 Lawyers' grp.
 16 Hip of dog
 17 Adversary
 21 Pierce with a horn
 22 Pindar's output
 23 Prohibits
 30 Composed
 31 Hydrox rival
 32 Five after four
 33 Sweet drink
 34 Twice yearly events
 37 More timid
 39 However
 40 Shelled reptiles
 42 Capp and Goro
 44 Chips in chips
 45 Wild again
 46 Florida city
 47 Brand of hair
 48 Peel
 49 Infant
 50 Vera
 51 Petrarch diva
 52 Designer Wang
 54 Church bench



Saturday's Puzzle Solved

A	I	M	A	T	G	L	A	R	E	M	A	M	A		
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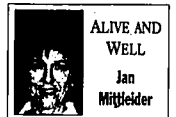
GUN SHOW Jan 27



Dump your plump with mindful eating

My snugly fitting jeans just got tighter. This is not a good sign. Those holiday-induced pounds hug a midriff like festering mold in a wet basement. Of course, I could buy a bigger pair of jeans, but, frankly, I'd rather have a real meal. So, it's time to address the real problem — mindless munchies.

Dr. Brian Wansink, director of the Food and Brand Lab at Cornell University and author of *Mindless Eating: Why We Eat More Than We Think*, reports that more than 90 percent of the participants in hundreds of food experiments in the food lab didn't realize that the words on a label, the size of the package or plate or the lighting in a room had any effect on how much they consumed.



ALIVE AND WELL

Jan Mittlefelder

Wansink is convinced that our indiscriminate munching is a key to curbing the obesity epidemic that's ready to swallow us whole.

He targets the little things that can morph into big things — the bag of chips munchied without notice while you watch television, the 12-inch plate that you load whether you are hungry or not, the second handful of nuts dipped in dark chocolate. Not even dark chocolate's disease-fighting antioxidants can save us from ourselves.

Too often we simply don't know when we're not hungry. In a study, moviegoers who had just consumed a meal were given a free bucket of popcorn. Half of the participants were given two-week-old popcorn in either medium or giant-sized containers; the other half got freshly popped corn.

Those with larger buckets consumed significantly more, even if they had the stale batch. "Cues can short-circuit a person's hunger and taste signals, leading them to eat even if they're not hungry and even if the food doesn't taste good," Wansink says.

Little things

Overweight people typically eat a mere 100 calories more a day than their lean counterparts. That's half a tablespoon of ranch dressing or one small chocolate-chip cookie.

Wansink believes you can lose weight as thoughtlessly as you gain it.

Add or subtract 250 calories a day, and that's half a pound (more or less) each week, or 26 pounds a year. One less soda — chock-full of 8 to 12 teaspoons of sugar — a day equals a weight loss of almost 14 pounds a year.

Walking one extra mile a day — a few minutes here, a few minutes there — can burn as much as 100 extra calories, a 10-pound weight loss in a year. Give up your daily stash of M&Ms and you've lost about 40 pounds by this time next year.

If we knew why we eat the way we do, we could eat a little less, eat a little healthier and enjoy it a lot more. So, will it be a Butterfinger or a hug? What do you really want?

"Physical hunger builds gradually," says Wansink. "Emotional hunger develops suddenly." Perhaps we need to eat less and spend more "real time" with family and friends without food as the central focus.

As Anne Morrow Lindbergh once said: "Good communication is as stimulating as black coffee and just as hard to sleep after."

Health educator Jan Mittlefelder is a coordinator of the *One-on-One Getting Fit Program* at the College of Southern Idaho.

Treatment for prostate cancer simple, effective

By Sandy Miller
Times-News writer

TWIN FALLS — Compared to other medical treatments for cancer, this one is based on some very simple science.

Get cancer cells down to -40°C and they'll die. They literally freeze to death.

"You're killing the cells by disrupting them," said Dr. Donald Weese, a local urologist. "The inside of the cell stretches and ruptures the cell membrane."

It's called cryoblation, or cryo-ocare. And it's being used in Twin Falls to treat prostate cancer.

The portable technology is less expensive than radiation treatment or surgery to remove the prostate, said Dr. David Bowyer, the local urologist who brought the treatment to Twin Falls in 2003 after training at the University of Southern California.

"All you need are a few cylinders of argon gas," Bowyer said.

Using ultrasound images to guide the way, the physician places six to eight slender probes into the prostate gland. Inside each probe is argon gas cold enough to freeze the entire prostate. The urethra is protected by a warming catheter. The patient can, choose between general or spinal anesthesia and can go home the same day.

Although the treatment has been used in major metropolitan areas for a number of years, it was not-existent in Idaho until Bowyer brought it here and trained Weese.

Bowyer performed the first local procedure in the winter of 2003, and then trained Weese, who began using the treatment the following year. Together, they've had more than 100 cryotherapy patients, a number of them coming from as far away as Boise, Utah, Oregon and Wyoming.

Bowyer said it was only recently that a group of doctors in Boise began to look into bringing cryotherapy into their practice.

Gene Sinnett of Twin Falls is one of Weese's patients. He discovered he had prostate cancer during a routine annual physical in the spring of 2005.

"I thought, 'Oh man, not me,'" said Sinnett, whose PSA test came back a 12. "PSA, or prostate-specific antigen, is a protein produced by the cells of the prostate gland, and increased levels may be found in the blood of men who have prostate cancer." A PSA greater than 10 puts a patient in the high-risk prostate cancer group, meaning the cancer has probably spread throughout the prostate and possibly to other parts of the body. By comparison, a score less than 7 means the cancer is probably small and isolated in the prostate.

"These people (high-risk prostate cancer patients) do poorly with radiation and surgery," Bowyer said. "We had no modality to effectively treat



Robbie and Gene Sinnett gather their belongings Jan. 16, at the end of the Good Samaritan Twin Falls Trainers Meeting, a senior citizen's group that meets monthly at the Twin Falls Senior Citizens Center. Gene had cryoblation to treat his prostate cancer.

high-risk disease until cryotherapy."

Sinnett, now 76, said the prostate cancer diagnosis didn't surprise him. "If you live long enough, you get it," Sinnett said. "But if you catch it, you're OK."

Weese agreed. "In terms of treatment, it's a disease of older men," Weese said. "If you're looking at men over 80, there's an 80 percent chance you'll find cancer."

But younger men get it, too, and it tends to be more aggressive. According to the American Urological Foundation, men over 50 should have annual PSAs and digital exams. If there's a family history, they should start at 45. Both Weese and Bowyer recommend they start testing at 40. And both said it's important to have both a PSA test and a digital exam.

"I've seen a number of prostate cancer patients who didn't have elevated PSAs," Weese said. "That's why it's important to do both — you can't just hang your hat on the PSA."

Cryoblation is not only less expensive than radiation treatment and surgery, it also has fewer side effects, Bowyer and Weese said. There's less chance of damage to healthy tissue, less pain and less risk of rectal injury. And in some men where the cancer is isolated in a small area of the prostate, cryoblation

About cryoblation

- Targeted cryoblation of the prostate is a minimally invasive procedure that uses ice to destroy prostate cancer. A 40°C temperature is instantly lethal to cancer, resulting in immediate cancer cell death.
 - Cryoblation is approved by Medicare as a primary treatment for prostate cancer. It's also approved for prostate cancer that returns after any type of radiation.
 - The physician inserts 6 to 8 slender probes into the prostate gland. Contained within each probe is argon gas cold enough to freeze the entire prostate. A warming catheter protects the urethra from the very cold temperatures. Ultrasound images allow the doctor to guide the probes to the best possible positions for destroying the cancer. Temperature sensors carefully monitor the process and precisely determine when target temperatures have been reached.
 - Recent studies have shown that for some men cryoblation may be performed with minimal damage to the nerves necessary for sexual function.
- Advantages of cryoblation
- Minimally invasive procedure, not major surgery
 - No radiation beams, no permanent radiation seeds, no radiation exposure
 - Choice of general or spinal anesthesia
 - Outpatient or overnight hospital stay
 - Fast return to normal lifestyle
 - Low risk of potential side effects (such as incontinence)
 - Covered by Medicare and most insurance plans
- Recent published studies have demonstrated good long-term outcomes from doctors performing the Cryocare procedure.

Source: Cryocare TCAIP

tion can be targeted so it preserves the nerves necessary for sexual function.

"It will also kill normal cells, but the beauty of cryoblation is that you can limit the killing field," Weese said. "You can treat one part of the prostate."

Still, both Weese and Bowyer said patients should weigh all the options and decide which one is best for them.

"The take home message is most prostate cancers are slow growing

Please see PROSTATE, Page D2

Surgery necessities from women who know

Project helps women recovering from mastectomies

By Mary Waldman
The Hartford Courant

When Maureen Lutz had her mastectomy, the doctor did a great job performing the surgery.

But everybody seemed to forget about the little things afterward — such as her arms being too sore to reach the water cup on the hospital bed tray.

Or that her lips would be dry and cracked, and her feet might swell, making it difficult to wear anything but slippers home from the hospital.

A planner by nature and by



Katie Greenberg, left, and Maureen Lutz operate Masteccare Inc., a non-profit organization that provides a bag of information and post-operative supplies free of charge to mastectomy patients.

vocation, Lutz had prepared for her hospital stay. She brought nightgowns, books and audiotapes to keep her busy. She never opened her overnight bag.

What she needed, she discovered, was a water bottle she could tuck near her pillow so she didn't have to reach for a cup. She needed men's white-cotton ribbed undershirts that would protect her clothing and secure her drain tubes. She needed lip balm and a folder in which to stow the countless instruction sheets she was given. And she could have used a notepad to keep track of phone calls and write down everything the doctors and nurses were telling her.

"If someone had just told me the right underwear to take to the hospital ...," Lutz says now, her two-night stay and homecoming might have been simpler.

She complained to her sister. She complained to her surgeon. And she started a list.

Five months after her surgery, the 58-year-old Ridgefield, Conn., woman was still trying to figure out how to share her experience with other women.

Then her plastic surgeon called. He had a patient who was considering the same mastectomy and breast-reconstruction procedure Lutz had just undergone and was looking to meet someone who had been through it.

Lutz agreed to have lunch with the patient, Katie Greenberg, the next day. The night before, she raced around town gathering for Greenberg the items she wished she had brought to the hospital.

Lutz packed a white shopping bag with a water bottle, lip balm, a white men's under-

Please see SIBLING, Page D2

IMAGE

The look: A classic carryall

By Suzanne D'Amato
The Washington Post

Nicole Richie may sport a slouchy Balenciaga bag one day, Chiwetel Ejiofor satchel the next, but the rest of us need a tote that's stylish and versatile.

One option: the cavernous, coffee-colored carryall — proof that basic is not synonymous with boring. Yannei Xie, 27, of Arlington, Va., had been looking for a bag that was "comfortable, but fashionable." She found the answer at Macy's. "I like accessories," she says. "I have about 15 bags in all."

Visiting from New York, Jemil Warner, 49, said he bought his carryall at J. Crew. "When I travel, everything fits right in there," he says.

Seong-Hyo Baek, 30, of Seoul, South Korea, purchased her Tommy Hilfmer bag at Filene's Basement in Washington.



Left, Jemil Warner of New York found his cavernous, coffee-colored carryall at J. Crew. Right, Yannei Xie of Arlington, Va., bought hers at Macy's.

Smart kids less clumsy as adults, study suggests

By Christopher Lee
The Washington Post

A lack of intelligence can really hurt you.

Adults who were smart children apparently are less likely to be hospitalized for accidental injuries than those who did not do as well on childhood intelligence tests, according to a study in the *American Journal of Public Health*.

British researchers drew that conclusion after studying hospital admissions among 11,292 people in Scotland who took part in a child-development study in the 1950s and '60s. Back then, intelligence tests were routinely given to

A link between intelligence scores and injury risk later in life held up even after controlling for socioeconomic factors.

Scottish children at ages 7, 9 and 11.

Adults who had scored lower on the childhood IQ tests were more likely to be among the 1,043 who wound up in the hospital at least once with accidental injuries, the study found. The link between intelligence scores and injury risk later in life held up even after controlling for socioeconomic factors.

Education made a difference, however. The link

between intelligence and injury risk weakened the more educated a person was, researchers found.

"This might mean that improvements in education could result in lower injury rates in adulthood," said Debbie Lawlor, a professor of epidemiology at the University of Bristol and lead author of the study.

The researchers offered several possible explanations for the connection between intel-

ligence and injury risk. Children who score poorly on intelligence tests typically leave school earlier than their counterparts, making them more likely to end up in a job with a risk of physical injury. Also, less-intelligent children are more likely to suffer injuries in childhood; in the case of head injuries, that may make them more prone to accidents as adults.

Finally, it may be that children with low intelligence become adults who simply cannot process information from their surroundings to avoid injury as well as their more intelligent counterparts.

Prostate

Continued from page D1

and there are a lot of treatment options," Weese said.

Weese performed the cryotherapy treatment on Stimmitt twice, the second time just six months ago. So far, things look good. Stimmitt will have his six-month checkup later this month.

Surgery

Continued from page D1

shirt, tissues, a roll of Life Savers, an empty folder and a newspaper. She also brought the right bandages for dressing changes at home.

"She said, 'I want you to have this. It will make your ordeal a little better,'" Greenberg recalled. "It was like my goodie-bag in a weird way."

The gift sparked a close friendship and a crusade in which Lutz and Greenberg have become partners.

Since their first date a little more than a year ago, Lutz has distributed 270 "Necessities Bags" to women heading for mastectomies in hospitals across Connecticut and Westchester County, N.Y.

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Sarah Baccan, the breast cancer nurse practitioner at the University of Connecticut Health Center, distributed the first bags to patients last summer.

She said they allowed her to offer care that she could not otherwise deliver.

"Although we are educated in the care, diagnosis and treatment, the reality is that

Stimmitt said the treatment never slowed him down.

"I had minimal pain with a very quick recovery," he said.

That's good, because he and his wife, Robin, are always on the road, whether it's hitting the road in their travel trailer for get-togethers with the Good Sam Twin Falls Travelers, tending to

their large vegetable garden, planning a high school reunion, going to the grandkids' graduations and weddings or just spending time with their two miniature bulldog terriers, Rockefeller and Ross Perot. They even had to plan Gene's treatment around an Alaskan cruise.

Both Gene and Robin feel confident his six-month checkup will give him a good bill of health. "It's like a new lease on life after the C-ward," Robin said.

Times-News writer Sandy Miller can be reached at 734-4264 or by e-mail at smiller@magicalvalley.com

Are there errors in your hospital bill?

Newsday

A hospital stay is no fun. But don't let the relief you feel when you are sent home prevent you from one more onerous task: examining the bill.

AARP The Magazine says billing errors are common. The only way to make sure you are not being overcharged is to go over the bill with a fine-tooth comb — especially since patients are sometimes charged for personal items such as combs and toothbrushes that should be included in the room charge. Other billing items AARP sug-

gests you look for:

- Room and board errors. If you requested a semi-private room but were put in a private room because the semi-private wasn't available, you shouldn't be charged extra.
- Medicines. You shouldn't be charged for drugs you declined or didn't receive.
- Duplicate items. If you see two or more charges for the same procedure, it could be a double-billing error. In the case of a procedure done again because the hospital made an error, you should not have to pay twice.

Cushioning the blow of whiplash

By Shari Roan
Los Angeles Times

Whiplash is one of the most common injuries resulting from automobile crashes, affecting about 1 million Americans each year. But adjusting your car's head restraint properly can minimize the risk of injury, according to a new study.

Using a computer model, researchers at the Medical College of Wisconsin have shown that positioning the head restraint close to the back of the head — no more than 2.4 inches away from it — provides the best protection.

Brian Stempier, an assistant professor of neurosurgery at the college and lead author of the study, says researchers only recently have begun to learn more about how whiplash injuries occur. More recent video and computer analysis

shows that, as a vehicle is struck from behind, the chest initially moves forward while the head is stationary. This shearing motion between head and chest causes injury to the ligaments and discs of the spine.

Positioning the head restraint to within 2.4 inches minimizes the shearing motion between head and chest while within a range that would prevent injury, reported the study, published in the journal *Accident Analysis and Prevention*.

"You want to raise it so the center of the back of your head can contact it," Stempier says. "And you want to minimize the distance."

Unfortunately, he adds, studies show that most people don't have their head restraints positioned correctly. "Most of the time people don't adjust their head restraint at all," he says.

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unless you have walked the shirt, tissues, a roll of Life Savers, an empty folder and a newspaper. She also brought the right bandages for dressing changes at home.

"She said, 'I want you to have this. It will make your ordeal a little better,'" Greenberg recalled. "It was like my goodie-bag in a weird way."

The gift sparked a close friendship and a crusade in which Lutz and Greenberg have become partners.

Since their first date a little more than a year ago, Lutz has distributed 270 "Necessities Bags" to women heading for mastectomies in hospitals across Connecticut and Westchester County, N.Y.

Lutz, who raised two children before starting her career as a fundraiser for small charities, tapped her experience to start her own nonprofit, called Necessities Launch, which distributes bags with the most useful supplies. The project's goal is to provide every woman facing a mastectomy in Connecticut with a "necessities bag" before the check-in to the hospital.

Sarah Baccan, the breast cancer nurse practitioner at the University of Connecticut Health Center, distributed the first bags to patients last summer.

She said they allowed her to offer care that she could not otherwise deliver.

"Although we are educated in the care, diagnosis and treatment, the reality is that

patients can wear a seat belt comfortably on the ride home from the hospital. An emergency board was added to the hospital-supply packet at Greenberg's suggestion.

The supplies now are packed into a white canvas bag with subtle silver trim and a lavender logo. The bags

Elder Law Forum
Straight Talk on Elder Law and Estate Planning

REVERSE MORTGAGING
Part 2: The Cautions

QUESTION: Would a reverse mortgage be an advisable way for my grandmother to cope with the high costs of maintaining her home?

Last week's column discussed the basic elements of reverse mortgages and how they serve seniors wanting to stay at home in the face of rising costs and decreased income. However, top risks and bad deals await the unwary shopper. Forwarned is forewarned.

Keep these three things in mind: (1) Some "independent" mortgage counselors are, in fact, closely allied with one lender. (2) Loan costs and borrower fees can vary widely, and (3) Contract benefits and options differ from one lender to the next.

Good news: A reverse mortgage counselor is available to make mortgage shopping easier and more economical. AARP can connect you with its 20 National HECM (Home Equity Conversion Mortgage) Counseling Network. They will provide you with a list of counselors and lenders who have qualified for its "AARP Preferred" designation by adhering to a specified code of ethics and disclosure standards.

Call AARP at 800-279-8085 and for reverse mortgage counseling (Monday, Friday from 7 AM to 12 midnight Eastern time) call 1-800-854-2424. You may also want to read thousands of dollars by using it sensibly.

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Childbirth classes set at St. Luke's

Prepared childbirth classes will be offered from 6:30-9 p.m. Tuesday, this week through Feb. 20, in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 660 Shoshone St. E., Twin Falls.

The class will include instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn including breast feeding and bottle feeding, and a video tour of the Women's and Infant Center. Participants should wear comfortable clothing and bring two pillows. A support person is encouraged to attend each class. Cost is \$50. Pre-registration is required; call 732-3148 or go online at www.mvrmc.org.

'Baby and Me'

St. Benedict's Family Medical Center offers "Baby and Me" classes from 11 a.m.-noon Tuesdays at the Jerome Recreation District, 2032 S. Lincoln. This week's topic is "Is Baby Sick?"

The session is for parents of children from infancy through toddler years. The class is free. Call 324-7262.

About Asian Diagnosis

An "Intro to Asian Diagnosis" class will be offered from 7 to 9 p.m. Tuesday in Room 116 of the Shields Building at the College of Southern Idaho in Twin Falls.

Participants will learn how to identify common health problems using the face, hands and feet, and also learn what colors indicate when they appear on your skin and what moles, dots or marks mean.

According to a press release, Asian Diagnosis is among the oldest medicines in the world and what it teaches can be practically applied to your

To do for you

well being and make you aware of potential health issues in their early stages.

Health counselor Jill Sherman Skeem will instruct the class.

Cost is \$39. To register, call the CSI community education program at 732-6290.

Learn CPR for babies

An infant safety and cardiopulmonary resuscitation class will be offered from 6:30-9 p.m. Wednesday in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 660 Shoshone St. E., Twin Falls.

The program is offered as part of the prepared childbirth course. Organizers invite new parents and grandparents to attend to learn about infant CPR, choking, child safety and injury prevention.

The class is free. Pre-registration is not required. Call 732-3148.

Refresher course

A childbirth refresher course will be offered from 6:30-9 p.m. Thursday in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 660 Shoshone St. E., Twin Falls.

The class is for those who have previously taken childbirth classes. Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Pre-registration is required; call 732-3148.

Health fair

A health fair with lab tests will be held at 7-10 a.m. Saturday at the Holy Trinity Episcopal Parish Hall, 909 Maple St., Buhl. Free blood pressure read-

ings will be available.

Interpath Laboratory of Twin Falls will provide technicians to draw blood and analyze blood. Lab results will be mailed within one to two weeks.

Cost for a basic cholesterol/triglyceride test is \$5; complete metabolic profile of the blood is \$5; PSA test for men is \$10; and thyroid stimulating hormone test is \$10. Fasting for 12 hours is recommended before the lab tests.

Free coffee, juice and muffins will be available after the blood draw.

The event is open to the public. For information, call 543-4995.

Celiac support

Celiac Support Group of Magic Valley will meet at 7 p.m. Jan. 30 in the doctors' meeting room at St. Luke's Magic Valley Regional Medical Center, 665 Addison Ave. W., Twin Falls.

The meeting is open to the public. For information, call

Pat at 731-9079.

About metabolic weight loss

The Twin Falls Parks and Recreation Department is offering a Metabolic Weight Loss seminar from 6-9:30 p.m. Feb. 5 at Miracle Hot Springs.

The seminar is for anyone 18 or older who is interested in learning about calorie intake versus metabolic rate, health concerns surrounding obesity, diet/fats; proper food choices and how to increase activity.

The fee is \$25. To register, call 736-2265 or stop by the Parks and Recreation office at 136 Maxwell Ave.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's Image section. Mail notices to: Times-News, P.O. Box 548, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W.

THE BALDUS BEARD PROJECT

The many faces of a T-N staffer. NEXT WEEK IN IMAGE



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The numbers game

- 5:** Percentage of pharmacists who believe that generic drugs are more likely to produce unwanted side effects than are brand-name drugs
- 10:** Percentage of consumers who have this impression
- 27:** Percentage of physicians who believe this

Source: A telephone survey of 2,000 consumers, 300 doctors and 450 pharmacists conducted for Medco Health Solutions, a prescription benefits manager, which said the results revealed a need to correct physicians' misconceptions about generics.

Interstate Amusement Inc. January 22-25, 2007	
ORPHEUS	Dreaming (M) Daily 7:00 - 9:30
JIBONI	We Are Marshall (M) Daily 8:45 - 9:15
	Pursuit/Happiness (M) 11:15 - 1:30
	Eragon (M) 7:00 - 8:15
	Night at Museum (M) 11:15 - 1:30
Twin 12	
	Apocalypse (M) Daily 8:45 - 9:30
	Happy N'Ever After (M) 7:15
	Flag/Father (M) 9:15 AM Sees 3:30
	Charlotte's Web (M) 7:30
	Primeval (M) 7:30 - 8:45
	Night at Museum (M) 7:00 - 9:30
	Rocky Balboa (M) 9:45
	Eragon (M) 7:15 - 8:45
	Happy Feet (M) 7:15 - 9:45
	The Queen (M) 7:30 - 8:45
	We Are Marshall (M) 8:45 - 9:30
	Arthur/Invisibles (M) 7:30 - 8:45
	Freedom Writers (M) 8:45 - 9:30
	Stomp the Yard (M) 8:45 - 9:30
ODDS 1/6	
	Pursuit/Happiness (M) 7:00 - 9:30
	The Hitcher (M) 7:30 - 8:45
	Blood Diamond (M) 7:45
	Pari's Labynth (M) 7:00 - 8:30
	Good Shepherd (M) 7:45

Does your health coverage Need a checkup?

It seems hard to believe, but health benefits have only been around in the United States since the 1940s. While few people would suggest that going without them is wise, there are lower and lower people who can actually afford the increasing costs associated with medical coverage.

Securing your health out of a flurry of reform-minded initiatives across the country, in both the public and private sectors. Many states are working to reform their largest systems and move toward a universal system.

Employers are contracting with major insurance carriers to offer comprehensive health care solutions to their workforces, reevaluating their current level of coverage. The most common, and generally least expensive, medical care option is group insurance.

Your options may expand pursuant to new legislation, but the fact remains that health insurance is an important part of your overall financial and personal well-being. Whether you are a business owner, a full or part-time employee of an organization, or a salaried contractor, you may want to consult with a licensed professional about your options. Choosing an incorrect plan for your situation may have an unfortunate impact on your bottom line.

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"I think I'm equally as competitive as any kid in this sport, if not better."

— XFS Lightweight World Champion Lee Anderson of Bellevue

Bellevue man makes mark with his fists

By David Larson
For the Times-News

BELLEVUE — "I just my wrestling to get him down, and once down I used jujitsu to get superior position and I knew I had it," Bellevue resident Lee Anderson said. "And I started to strike and I was hoping for stoppage. I used the cage to get to my feet again and take him down with a slam. I used jujitsu again to get on top and finished him with strikes."

No, these aren't lines from a martial arts movie, this is real-life and the person saying it is the new XFS Lightweight World Champion Lee Anderson. The style of fighting is known as mixed martial arts or submission fighting.

Anderson, who trains at Twisted Genetics in Boise and graduated from Wood River High School as a wrestler and football player, now can add one more achievement to his resume: world champion.

"A lot of people were saying I was too old," Anderson said. "I definitely picked up the pace on this one."

Fighting in Boise in front of a large Wood River Valley contingent, Anderson beat his opponent Eddie Belin faster than you can count to 100. Anderson laid it down in exactly two minutes while remaining a gentleman fighter.

"There was a point in the fight where he was in trouble — I



Lee Anderson of Bellevue brings the pain on his way to the extreme fighting lightweight world championship.

looked at the ref, it's not my goal to hurt anybody — the ref didn't stop in and so I continued to deliver strikes."

In fact, Anderson threw more strikes than Nolan Ryan in a no-hitter. He didn't let up, remained

composed, and pummeled Belin on his way to a world title.

"The guy was tough, super tenacious," Anderson said. "So I didn't want to give him the option of getting up."

Anderson trained for more

than six weeks for the fight, exclusively at Twisted Genetics. He likes the place because of the competition it offers (there are many former collegiate wrestlers and Thai boxers) and because occasionally he gets beat, Anderson says this is good because it elevates his fighting ability, a reason he gives for his recent success.

However, Anderson says he went at it a little harder in this fight, as he thinks it's a step in the right direction for his goal of reaching the Ultimate Fighting Championship (UFC).

"I was a little more aggressive. I pressed the action a little more," Anderson said. "I didn't want to get hit."

At 35 years old, Anderson still feels he has what it takes, especially after his latest world championship.

"I think I'm equally as competitive as any kid in this sport, if not better," he said.

So what's next for Anderson? "I look forward to defending the title," he said. "Also, after I won I made a challenge. I challenged the welterweight champion. I'll stay at my natural weight of 135 pounds. If I beat him, I would have both titles: the welterweight and lightweight. He accepted the offer so now it's just up to the promoters."

And after that, Anderson hopes the next step is the UFC. "I hope that with this victory, I get that call."

Slopes of hope Two soldiers injured in the line of duty learn to ski and snowboard at special program

By Karen Bostick
For the Times-News

SNOWVALLEY — I was all set to spend the week-end complaining about the cold.

How I could open a skiwear shop with all the clothes I was wearing to save off the minus-32 degree wind chill atop Baldy.

How I had to hold my pen in my mouth to keep the ink from freezing while taking notes.

How I was going to have to toilet-train my dog because she refused to go outside to pee.

Then I met Joe Barclay and John Chrzanoski and realized I had nothing to complain about when it came to the cold.

Temperatures hovering around zero are merely an annoyance for most people. But for Barclay and Chrzanoski, cold can quickly become something akin to Homeland Security's red alert.

The men were burned badly on missions in Afghanistan and Iraq. And, consequently, what is merely annoying for the rest of us borders on life-threatening for them.

But that didn't prevent them from joining fellow servicemen and women to spend a week learning to ski and snowboard with Marc Mast's Wood River Ability Program.

"I've been shot at," Barclay said. "I'm not worried about the cold."

Sun Valley hosted nearly two dozen disabled veterans who have been undergoing rehabilitation at Brooke Army Medical Center in San Antonio.

Chrzanoski, a machine gunner in the Army, was treated for head injuries and burns over 80 percent of his body last year after the Hummer in which he was transporting captured insurgents was hit by a remote-detonated bomb.

"It was like being in the devil's living room," said the 24-year-old DePout name, who doused himself in a nearby canal. "I watched the flames consume my body. But I didn't think I was hurt until a few hours later. I had so much adrenaline going all I wanted to do was go back out and fight."

learning to ski—something he's always wanted to try.

"In the hospital they teach us the idea of 'no fear,'" he said. "Something like this helps our recovery. And it's good for morale. If we can do this, we can do anything. And getting out exercising like this helps with our muscles and balance."

An anniversary to remember

Barclay, meanwhile, looks barely old enough to shave let alone to go through what he's gone through.

The son of Brig. Gen. James Barclay, who himself spent 18 months in Iraq, young Joe possessed the gang-bro attitude of a soldier's son who couldn't wait to go to Afghanistan and find Osama bin Laden and win the war against terrorism.

But last August while his platoon was hunting the Taliban in the mountains of Afghanistan, his vehicle was hit by a roadside bomb.

Three soldiers were killed. Barclay and another were injured. It was the anniversary of his marriage and six days before his child would be born.

Like Chrzanoski, Barclay spent the next few months in the burn ward at Brooke undergoing skin grafts and receiving physical therapy to stretch his scarred body.

Today, his arms and hands are shod in protective wrapping and gloves to protect against blisters.

If he even bumps something, he can get a blister.

"It's a good thing for the guys," said Capt. Travis Hedman, who traveled with the group from the burn center at Brooke.

"The itching, burning pain these guys experience often keeps them from using their limbs and muscles. And they get weak. Something like this opportunity to get out in the snow and try a new sport — it's a real motivator to help them get well."

Scarred but determined

Chrzanoski endured excruciating pain over the next six months as nurses scrubbed the charred skin off his body.

His nerves, glands, blood vessels and organs were thrown into chaos. His immune system was compromised. His resistance to infection was all but gone.

Today he has no ears. His hands are scarred with scar tissue.

His glands are no longer able to produce oil to moisten his skin. He sometimes itches so badly it's maddening.

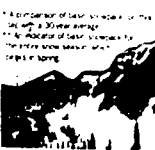
And his body temperature no longer works properly. He's susceptible to heat stroke in summer because he can't sweat. And he's more susceptible to frostbite and hypothermia in winter.

But Chrzanoski wasn't about to let fear of frostbite or hypothermia stop him from



Snowpack Levels

Station	Jan 22	Jan 15	Jan 8
Sawtooth	86%	82%	78%
Big Wood	77%	64%	54%
Little Wood	74%	39%	30%
Big Lost	72%	58%	54%
Little Lost	72%	41%	41%
Hemlock Falls	58%	43%	43%
Upper Slide Basin	57%	44%	44%
Oakley	52%	51%	51%
Sawtooth Falls	43%	45%	45%



WHAT DO YOU WANT TO KNOW? International date line was moved to put entire island on the same side

Q: An astute reader called about our Jan. 8 answer on who entered 2007 first. He asked: Was our answer wrong or has the international date line moved?

A: Actually, a part of the international date line was moved east in 1995 so the entire nation of Kiribati, a collection of islands and atolls, would be on the same side of the international date line, according to the U.S. Naval Observatory Web site. Some sources say the move was 1997, however.

Regardless, if you go by the clock, the first permanently populated place to see the new year is Kiritimati, also known as Christmas Island.

Now, technically speaking, the first place on the globe to enter 2007 was Antarctica, accord-

ing to the Naval Observatory Web site.

Q: Has the Magic Valley Speedway been sold? A: No. Eddy and Lynette McKean approached Steve York about buying Magic Valley Speedway before the 2006 season. While details of a buy-sell agreement have been worked on throughout the past year, the transaction has not taken place.

Since the city of Twin Falls owns the property, any sale would require the approval of the City Council.

Magic Valley Speedway will open its 22nd season on April 14 regardless of who the owner of record is at that time.

— Steve York, Magic Valley Speedway promot-

aLife remembered FNB owner cared for customers, community

By Jami Whitel
Times-News correspondent

BUHL — J.P. Hamilton, well-known as chairman of Farmers National Bank and for his dedication to the Buhl community, died Jan. 10. He was 83.

Hamilton was a simple man who loved giving back to others and wasn't afraid of hard work.

As his son Tim Hamilton stated in his father's eulogy, "He was very much a part of the 'Greatest Generation,' a generation of people that dedicated themselves to making this a better world, a generation of people that took nothing for granted and always gave back more than they took."

Before he became fully invested in the already family-owned bank, Hamilton served in the Marines during World War II as an aerial gunner instructor and then a navigator. While he remained stateside during his service, it brought many lasting memories.

Among the highlights of his service, he was on the Marine's baseball and basketball teams and played a game with baseball legend Joe DiMaggio and later was able to give famous pilot Charles Lindbergh a tour of the base.

After an honorable discharge in 1946, Hamilton enrolled at the University of Idaho and earned his business and agriculture economics degree in 1951. He then began his career at Farmers National Bank, where he was president for 33 years and was chairman of the board until his death.

"He always wanted to help people and help their money grow," said his son Vince Hamilton. "He really did care for his customers."

"Banking was one point that he really could help people," added Pat Hamilton Jr., another son. "It really didn't matter to him different economic groups. There were a lot of times people didn't qualify for the bank, so he'd personally lend them the money."

Not only was he involved in several organizations throughout the years, he was president of the Buhl Recreation Association, Buhl Chamber of Commerce and the Buhl Economic Council. He also was a strong supporter of ball teams, school functions and a variety of community activities, including starting the Youth Baseball Pancake Breakfast and was very influential in Buhl's Light the Way fund in the early 1970s to get lights on the football and baseball fields.

Hamilton had many business ventures throughout his life. From delivering certified mail at ages 16 and 17 to selling Times-News papers when it was an afternoon publication and selling popcorn at the local theater and county fairs, it seems Hamilton was always an entrepreneur. He also was a freelance photographer while attending the University of Idaho. His classmates joked that he was the only student in college to actually send money home, which he then used to buy stock in the bank and even buy a house out of college. In recent years, he bought the Moon (Go Village in Buhl).

"Gathering the money wasn't the issue," Pat said. "It was the challenge and the adventure I put him into. He has always been an entrepreneur. It was just in his nature."

With all the success Hamilton had in his own life, he remained a humble and down-to-earth man who enjoyed helping others.

"He was always just a real hard-working, honest guy," Vince said.

As Tim stated, "I.P. judged those around him not by the car they drove or the clothes they wore or the thickness of their wallet, but by their character, their honesty, their hard work and their desire to do the right thing. He always demanded the very best effort from those who worked or played for him, but never did he demand more from others than he was willing to give himself. Nobody put more energy or effort into doing the right thing than our dad."

To suggest a Life Remembered story or contact Jami, she can be reached at jamil@cablone.net.

John Patrick 'J.P.' Hamilton Sr.

Born: Dec. 18, 1923

Died: Jan. 10, 2007

Survivors: Wife, Margaret

Hamilton; sister Margaret

Giese of

Two Falls; children,

Mike

Hamilton

Pat

(Leslie)

Hamilton

Jr. of Buhl,

Kevin Hamilton of Park City,

Utah, Kathy (Gary) Amoth of

Buhl, Steve (Patrice)

Hamilton of Buhl, Tim (Sue)

Hamilton of Hailey and Ann

(Mark) Lively of Buhl; and 17 grandchildren.

Memorial: Buhl American

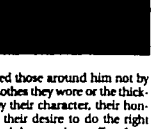
Leg. Co. Bazaar in care of

Lee Close, P.O. Box 392,

Buhl, ID 83316.



Photo courtesy of the Hamilton family. J.P. Hamilton Sr.'s entrepreneurial spirit showed at an early age. As a boy he sold popcorn at the movie theater (above) and county fair, and in college he started a photography studio (below).



LaVerda Verina Gee

OKALEY — LaVerda Verina Gee, a 91-year-old Okaley resident, passed away Friday, Jan. 13, 2007, at the Cassia Regional Medical Center in Burley on Oct. 18, 1915, in Marion to John and Alice Mabey. She married Darvel Harold Gee on Nov. 27, 1933. LaVerda lived in Okaley, Rupert, and Seattle before she settled in Okaley.

She worked in various positions through her life including her father's farm, cooking at the church, working for Dr. Sutton and 12 years cooking for the Senior Citizens Center. LaVerda was a member of the Church of Jesus Christ of Latter-day Saints and enjoyed Relief Society, Quilting, Bees, and the Cannery. She also enjoyed gardening, canning, collecting dolls, fishing, camping, hunting and vacationing with her family.

She is survived by two



daughters, Gloria V. Vermet and Lorna L. Dueterhaus; four grandchildren, Jody Lingafelter, Wendell Archibald, Julie Thomas, and Dean Dueterhaus; three great grandchildren, Sarah Dueterhaus, Erin Dueterhaus, and Jaldyn Lingafelter; two brothers, Charles and Clyde Mabey and two sisters, Laraine Jones and Beulah Gould. She was preceded in death by her husband, her parents, two brothers, and four sisters.

Funeral services will be at 11 a.m. on Tuesday, Jan. 23, at the Okaley LDS Stake Center with Bishop Gary Lloyd officiating. Burial will follow at the Basin Cemetery. A viewing for family and friends will be held from 6 to 9 p.m. today, at the Hansen Mortuary, Burley. Chapel and one hour prior to the services on Tuesday at the church.

The family would like to thank the staff of Cassia Regional Medical Center, Dr. Joe Peterson and Dr. Matthew DeTemple for the care given to LaVerda.

SERVICES

Elma Peacock Van Wagener Miller of Jerome, funeral at 11 a.m. today at the Jerome LDS 1st Ward Chapel, 825 E. Ave. B; visitation from 10 to 10:45 a.m. today at the church (Hartman's Mortuary in Jerome).

Floyd Howard "Tubby" Hagerman, funeral at 1 p.m. today at the Hagerman LDS Church; friends and family may call one hour before the service today at the church (Demaray's Gooding Chapel).

Leonard Wilkinson Morris of Heyburn, funeral at 11 a.m. Tuesday at the Burley First Baptist Church, 2262 Hilland Ave.; friends may call from 6 to 8 p.m. today at the Payne Mortuary, 227 W. Main St. in Burley; and one hour before the funeral Tuesday at the church.

Francis R. Moseley Houser of Heyburn, funeral at 1 p.m. Tuesday at Rasmussen Funeral Home, 1350 E. 16th St. in Burley; friends may call from 6 to 8 p.m. today and before the funeral Tuesday at the mortuary.

Eleanor Hanks Toone of Blackfoot and formerly of Burley, funeral at 10:30 a.m. Wednesday at the Blackfoot 7th Ward LDS Chapel; viewing from 6 to 8 p.m. Tuesday at the Hawker Funeral Home in Blackfoot.

DEATH NOTICES

Herman E. Compton
BUHL — Herman E. Compton, 85, formerly of Buhl, passed away Jan. 21, 2007, in Meridian. Funeral services will be announced by Farmer Funeral Chapel of Buhl.

Albert Clarke Bennett
HANSEN — Albert Clarke Bennett, 70, of Albert, died Saturday, Jan. 21, 2007, at his home in Hansen. Services are pending and will be announced by White Mortuary, "Chapel by the Park" in Twin Falls.

Albert A. Denny
WENDELL — Albert A. Denny, 88, of Wendell, died Saturday, Jan. 20, 2007, at the Hospice Home in Jerome. Funeral arrangements at

pending and will be announced by Demaray Funeral Service in Wendell.

Sylvia Mary Beck
BURLEY — Sylvia Mary Beck, a 92-year-old resident of Burley, died Sunday, Jan. 21, 2007, at Highland Estates in Burley.

The funeral is pending and will be announced by Rasmussen Funeral Home of Burley.

Donald Labrum
TWIN FALLS — Donald Labrum, 83, of Twin Falls, died Jan. 21, 2007, at Sunbridge Care & Rehabilitation Center in Twin Falls. Arrangements are pending and will be announced by Park's Magic Valley Funeral Home of Twin Falls.

Centennial quilt will grace lobby of Rupert City Hall

For the Times-Herald

RUPERT — Can a quilt tell 100 years of history on a 50-square-inch piece of fabric? With a little thought and a lot of creativity, it can.

Carleen Clayville from Carleen's Fabrics & Crafts etc. in Heyburn designed and made the Rupert Centennial Quilt, which was presented to the city and Mayor Audrey Neiverth during last week's City Council meeting.

The quilt represents sites around Minidoka County that were instrumental in the founding and growth of Rupert.

The left corner has stars of red, white and blue representing the fireworks from the Fourth of July celebrations and the arrival of Santa Claus each year.

It also has a train and a bit of the railroad the town was built around. The top right shows photo transfers of the

Wilson Theatre, courthouse and water tower. The bottom right shows the Minidoka Dam and the importance of the water for irrigation.

The bottom left represents the fields of crops and buttes surrounding Rupert. The center shows Rupert Square, with trees, streets and businesses surrounding the square.

The Idaho shape is for the Idaho Flower garden on the square, with a gold star where Rupert is located. The quilt took many months of planning and scouting for the right fabric.

Clayville completed it with the help of several people. Marcia Hallett helped with the stars on the corner of the square, Phyllis Dorey, Marianne Bohon, The Gathering Place and others contributed fabric for the prints. Kay Dawn Anderson of Kay's Long-arm Quilting, donated the quilting that completed the project.

N.M. governor takes first step toward seeking Democratic nomination for president in 2008

By Jennifer Talheim Associated Press writer

More online:

WASHINGTON — Democrat Bill Richardson took the first step Sunday toward a bid to become the first Hispanic president, saying the country needs his extensive experience as a governor, cabinet secretary and ambassador.

The 59-year-old New Mexico governor announced in a video posted on his Web site that he would set up an exploratory committee that will allow him to begin raising money and assembling his campaign organization.

His candidacy would make history as the field of Democratic candidates would be the most diverse ever. On Saturday, New York Sen. Hillary Rodham Clinton said she wanted to be the first female president. Last week, Sen. Barack Obama of Illinois jumped in, a formidable contender who would be the first black commander in chief.

Richardson, whose father was an international banker from Boston and whose mother was Mexican, said he believes the country "has changed enough" that voters are ready for a woman or minority president.

"The country is looking for somebody who, one, brings the country together — a unifier, a healer," Richardson told The Associated Press. "And two, somebody who gets things done. Those two quests by Americans override any other concerns."

A former U.N. ambassador, Energy Department secretary and U.S. ambassador to Congress, Richardson stressed his experience. He said he wanted U.S. troops to return quickly from Iraq and urged a change of leadership in Washington that would work to bridge a wide partisan divide.

"What this country needs is bipartisanship and to bring back civility" in government, he said. "I've actually done what a lot of candidates give speeches on."

Richardson ran into trouble as energy secretary for his handling of a scandal at New Mexico's Los Alamos National Laboratory over computer equipment with nuclear secrets that went missing.

Some have said Richardson's position in the race — running behind Clinton, Edwards and Obama — makes him an ideal vice presidential candidate. But Richardson said he is "not in this race to be vice president."

Other Democratic contenders include former Iowa Gov. Tom Vilsack; Connecticut Sen. Chris Dodd; and Ohio Rep. Dennis Kucinich. Delaware Sen. Joe Biden has said he will run and plans to formalize his intentions.

Massachusetts Sen. John Kerry, the party's 2001 candidate, also contemplates another run.

PROFILE Richardson eyeing the White House

New Mexico Gov. Bill Richardson took the first step toward running for president in 2008.

Bill Richardson 59, born November 15, 1947, in Pasadena, Calif. He spent his early childhood in Mexico City. 1982: Elected to the House where he was reelected seven times. 1996: Named Presidential Clinton's ambassador to the United Nations. 1998: Energy secretary to President Clinton. 2002: Elected Governor of New Mexico where he still serves.



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Drug abuse program helps southwest Idaho inmates

BOISE (AP) — A year-old drug abuse education program at the Canyon County jail in southwestern Idaho is helping inmates overcome their addictions, particularly meth, program officials said.

And inmates are equally in favor of the program.

"I didn't even know who I was," said Elizabeth Busco, an inmate from Nampa who told the Idaho Statesman that she lost her children, her teeth and control of one eye through meth use. "I didn't know what choices to make for myself."

"I've come to recognize it's not all about me. I can be the

daughter to my parents; I can be the mother to my kids that I should be; I can be who I was before. They should have had this program a long time ago."

Canyon County Sheriff Chris Smith started the program a year ago by hiring Dana Schuck, a part-time substance abuse educator.

The Twin Falls County Jail has Narcotics Anonymous and Alcoholics Anonymous, a system similar to what Canyon County used before starting its current program.

Before the hiring, Smith said a six-month survey found 159 of 289 inmates

were under the influence of drugs when arrested, and that 77 percent of those were on meth.

"Such a high percentage were either using or had used, it became obvious: We had to tap the problem," Smith said. Schuck also has support groups outside of jail for the families of inmates and offenders who have been released from jail.

"All of us are working on our fix or our freedom every day," Schuck said. "That's the message. At some point in your life, there's enough pain that you've got to change. Some are in that process."

High oil prices boost interest in southeast Idaho drilling

POCATELLO (AP) — Officials with the Caribou National Forest in southeastern Idaho are working on an environmental impact analysis aimed at renewed interest for oil and gas exploration in the region.

The area had previously been unattractive for such ventures because of a crisscross of faults and other geologic challenges, but increasing energy prices have companies wanting to take another look.

Steve Robinson, a Forest Service geologist, said it's been 15 years since southeast Idaho underwent a serious energy exploration, when holes were

drilled and capped. Paul Link, a geology professor at Idaho State University, said high energy prices are now driving recent interest.

"What we're observing is what you would expect would happen given the price of oil is three times what it was when these holes were drilled," Link said.

He said the area likely has oil and gas. "We know the right conditions exist in western Wyoming in a number of places and in northern Utah in the province we call the Idaho-Wyoming Thrust Belt," he said. That province continues west into

southeast Idaho. The same conditions very well could exist here, as evidenced by the 125 wells that have been tested in southeast Idaho for oil and gas.

But those wells haven't produced much so far.

"Generally, the reasons that Idaho has not produced oil and gas are because of two things," Link said. "One is the structural geology is more complicated than Wyoming, and second because there's more heat flow, related to the volcanic rocks in the Snake River Plain. It's more likely for the oil or gas to be overmature and basically be cooked out of

the trap." A trap is a formation that captures oil or gas as it rises through porous rock.

Some people are concerned that drilling in the area could hurt wildlife. Dave DeBartny, assistant professor of biology at Idaho State University, said oil and gas exploration could hurt the sage grouse population in the area.

"The species faces a great many threats, with one of the most serious being habitat degradation," DeBartny said. "I would say we need to nurture our remaining wildlands, particularly at lower elevations."

WEST

Killing of children prompts latest push against entrenched LA gangs

By Jeremiah Marquez
Associated Press writer

LOS ANGELES — A 14-year-old girl was shot and killed by Hispanic gang members that police say were targeting blacks. A 9-year-old girl died after being hit by a stray bullet as two gang-bangers exchanged fire near her home.

A cop was wounded in a gunbattle with a suspected gangster.

After another bloody run in America's gang capital, Los Angeles police and politicians are promising one of the toughest crackdowns against gangs in city history.

"This is the monster, this is what drives people's fears," said police Deputy Chief Charles Beck, who oversees a South Los Angeles district where gang-related crime jumped 24 percent during the year ending in November.

The effort, however, has met skepticism in the city that gave birth to some of the nation's most notorious gangs, including the Crips, Bloods and Mara Salvatrucha, or MS-13, and currently has some 700 gangs with 40,000 members — about four for every cop.

"It's too big, it's too entrenched, it's too intimately connected with the urban set up here," Malcolm Klein, a gang expert at the University of Southern California, said of the gang problem.

"You can reduce it. But the idea you can somehow eliminate it is ridiculous," he said.

Gangs have thrived for generations in Los Angeles, but the especially violent year caught Police Department brass off guard. As citywide crime rates continued to fall in 2006, gang-related offenses increased 14 percent — the first hike in four years.

In the San Fernando Valley, a center of growing violence, gang murders, assaults, robberies and other crimes jumped 42 percent.

As part of the offensive, Mayor Antonio Villarreal has appealed to U.S. Attorney General Alberto Gonzales for millions of dollars in anti-gang funds and for more federal prosecutors to pursue racketeering and other charges mostly used in the past against organized crime. Gonzales has dubbed gangs one of the country's greatest threats.

The mayor is also working with FBI Director Robert Mueller, who has assigned agents to an anti-gang task force in the San Fernando Valley to work alongside cop-deputized as federal officers.

The LAPD, meanwhile, is creating a list of the 10 to 20 gangs believed to be responsible for most of the violence. Authorities vow to increase enforcement in afflicted neighborhoods, either by reassigning cops or paying overtime.

The officers will be armed with court injunctions forbidding gang members from assembling in certain areas. Misdemeanor suits aimed at shutting down gang hangouts, and probation orders barring gang members from returning to their neighborhoods after their release from prison.

In some ways, the approach mirrors a multi-agency Boston campaign in the 1990s that resulted in a dramatic decline

in gun violence and murder rates that became known as the Boston Miracle.

Past efforts in Los Angeles, however, have produced mixed results, leaving some residents leery about the new offensive.

In the 1980s, an operation involving an anti-gang unit known as Community Resources Against Street Hoodlums, or CRASH, swept up thousands of suspects in South Los Angeles.

But many of those arrested in Operation Hammer were never charged. The unit itself was later disbanded after scandals alleging police corruption.

Residents are demanding renewed action while trying to stay out of the line of fire.

Esteban Martinez, 41, who lives in the San Fernando Valley with his wife and four small children, is frightened by the gunshots he hears at night.

"Everybody is afraid, but they don't speak (to police) because they are afraid to get into trouble with the gang

members," Martinez said. "I'm worried about my family."

Esteban lives in a working class district of the valley known as Panorama City, where gangs are suspected of everything from murder to intimidating witnesses.

Two weeks ago, an officer searching a house in the area for wanted gang members was shot and wounded in the leg when a gang-banger opened fire through a closed

bedroom door.

Nothing has outraged the city more than the gang slayings of innocent children. Last month, 9-year-old Charupha Wongwisesitri was standing in her family's kitchen when she was struck by a stray round from gang crossfire in Angelino Heights near downtown.



Los Angeles Mayor Antonio Villarreal, left, talks to Joana Ponce, 12, niece of Arturo Ponce, who was killed last December, during a news conference Thursday in Wilmington, Calif.

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Parents Names: _____ Address: _____

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Will Pick-up photo include a SSAE if you wish photo mailed to you.

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Entry Deadline: February 6 @ 5 pm. All mailed entries must be postmarked by Wed. Feb. 6th 2007. Price \$20. These fees will be donated to the NIE Program. Late entries will not be accepted.

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Visit our local office for more information. We are located in the Evergreen Building Room B-40 on the College of Southern Idaho main campus. Call (208) 736-2101 or e-mail vaagchri@isu.edu.



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7:30

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STOMP THE YARD
7:30 • 9:30 (PG-13)

FLUSHED AWAY
7:30 • 9:30 (PG)