



### GET DIRTY, GET HAPPY

Tapping into the psychological benefits of gardening.

IMAGE, SEE PAGE D1



### OPENING MOVE

Suns overtake Lakers 95-87 in first-round playoff opener.

SPORTS, SEE PAGE B1

Good Morning



High: 61  
Low: 39

More showers.  
Details: B4

# Times-News

MONDAY  
April 23, 2007  
50 cents

MagickValley.com

## Idaho Power seeks 14.5 percent rate hike

### Not enough runoff means customers could pay about \$6.41 more a month.

By Matt Christensen  
Times-News writer

BOISE — Think it's just farmers who worry about snowpack? If you use electricity, think again.

Idaho Power Co. customers could see their monthly bills rise this summer if the Idaho Public Utilities Commission approves a company request to increase rates, according to statements released by Idaho Power and the IPUC.

A poor winter snowpack means the company will have less water for its hydroelectric facilities, and the company will be forced to rely more on its out-of-state coal-fired power plants or upon wholesale power purchases. A typical residential customer could see rate increases of about \$6.41 per month. That's about a 14.5 percent increase in rates, according to the IPUC.

The company's proposal affects power-cost adjustment, or PCA, and

involves a portion of customers' bills that fluctuates each spring depending on power-supply costs.

"Our PCA filing this year reflects just how bad the winter snowpack was for Idaho Power and ultimately our customers," said Ric Gale, the company's vice president for regulatory affairs, in a statement released to the press. "The forecast runoff from the mountains upstream of Brownlee Reservoir is only 3.3 million acre-feet during the important April-through-July period. That's the time when we count on our low-cost hydroelectric systems to meet our heavy summer loads," he said.

Indeed, snowpacks across the state have been generally below average,

particularly in south-central Idaho — the larger the snowpacks, the more runoff and water for the company's hydroelectric facilities. Last year when snowpacks were large, for example, runoff for Brownlee Reservoir was about 8.4 million acre-feet, and the company reduced rates by about 19 percent. An acre foot is the amount of water needed to cover one acre in water a foot deep.

This year, however, snowpacks are low and the company is requesting permission from regulators to offset its costs. Idaho Power makes no money on PCA fluctuations, according to the IPUC.

The PCA addresses both the strengths and the weaknesses of

hydropower," Gale said. "It passes on the benefits of good water years when we can use our hydro system to its fullest. And in times when hydro generating conditions are poor, the increased costs for power are shared between the company and its customers when we must use other means to supply electricity," he said.

The IPUC is accepting public comment on the proposal until May 14. To share your thoughts, visit the IPUC Web site at <http://www.puc.idaho.gov>. The case number is IPC-E-07-10.

Times-News staff writer Matt Christensen welcomes comments at 735-3243 and at [matt.christensen@lee.net](mailto:matt.christensen@lee.net).

## The health care gap



Debbie Altred, a family nurse practitioner with Family Health Services at the Martin Street Clinic in Twin Falls, talks with a patient Friday.

## Fewer Idaho families are medically insured

By Isabella Palmer  
Times-News writer

TWIN FALLS — Health care has become more of a luxury than a necessity. That is what James Schroeder, CEO of Family Health Services, and several other medical professionals are saying about the current situation regarding health care in Idaho. In terms of families without medical insurance, Idaho has always had more than the national average.

But what most people don't know is that most of those families are employed, and not even below the poverty level. Schroeder said families such as the Kara-Clements

family simply cannot afford the rising cost of health insurance.

"My fiancé (Gary Clements) owns his own landscape business, and I think he earns just enough not to be eligible," said Laura Kara. "Our two daughters are eligible for Medicaid, thank goodness, but we cannot afford any health coverage right now."

Today marks the first day of National Cover the Uninsured Week, which recognizes a situation that is becoming more critical in the nation: More than half of all families are either medically uninsured or underinsured.

Idaho exceeds the national average by about 15 percent.

"We have more than 20,000 patrons who are either uninsured or underinsured, and that number generally is 10 percent to 15 percent higher each year," Schroeder said.

"We have to use creative thinking to find ways to cover these patients because the federal grants don't cover the costs."

Family Health Services, which has 10 offices throughout the Magic Valley area, uses a combination of federal grants, Medicaid and health insurance to cover the costs associated with uninsured patients.

Family Health Services is one of few medical providers in the Magic Valley where

more than half of their clients have little or no insurance. Most providers in Idaho are experiencing similar increases in uninsured patients.

According to statistics provided by Family Health Services, Idaho is about 15 percent higher than the national average in terms of uninsured families.

"The country is already spending the money to pay for health care for the uninsured," Schroeder said. "But what we are trying to promote is spending that money on the front end so that patients are not ending up with larger problems and larger costs."

See HEALTH CARE, Page A3

## Candidate debates could take place in cyberspace this fall

By Beth Foley  
Associated Press writer

NEW YORK — The 2008 presidential contenders may soon be slugging it out in cyberspace, with pioneering online-only debates being planned for early next fall, a new media partnership says.

The political blog Huffington Post, online portal Yahoo and Slate Magazine will host the debates — one for Democratic candidates, one for Republicans — sometime after Labor Day, with PBS host Charlie Rose serving as moderator, the sponsors planned to announce Monday.

Voters will be invited to submit questions, and can blog in real time to share their opinions on the candidates' answers.

Artanna Huffington, founder of the Huffington Post, said the idea for online debates was hatched earlier this year at the World Economic Forum in Davos, which bloggers and citi-

### On the Net

Yahoo: [www.yahoo.com](http://www.yahoo.com)  
Slate: [www.slate.com](http://www.slate.com)  
Huffington Post: [www.huffingtonpost.com](http://www.huffingtonpost.com)

zen journalists had been invited to cover.

"It was clear to me, the 2008 campaign was going to be dominated by what's happening online — new technologies, new media like never before," Huffington said. She then contacted Rose and Slate editor Jacob Weisberg to form a partnership to produce the forums.

Yahoo, the largest provider of online news, will host the debates and provide the technological expertise to produce them.

Candidates will be able to participate from far-flung locations, speaking and interacting with one another before separate video cameras. The video will also appear on the Slate and Huffington Post Web sites.

## Study: Pay gap persists between men and women

### Difference begins 1 year after college, then grows wider

The Associated Press

NEW YORK — Women make only 80 percent of the salaries their male peers do one year after college; after 10 years in the work force, the gap between their pay widens further, according to a study released Monday.

The study, by the American

Association of University Women Educational Foundation, found that 10 years after college, women earn only 69 percent of what men earn.

Even after controlling for hours, occupation, parenthood, and other factors known to affect earnings, the study found that one-quarter of the pay gap remains unexplained.

The group said that portion of the gap is "likely due to sex discrimination."

Please see PAY GAP, Page A3

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## Virginia Tech shooting emphasizes need to protect young TV viewers

By David Bauder  
Associated Press writer

NEW YORK — Any time his 6-year-old son or 5-year-old daughter walks in on Jon Klein watching CNN, he quickly changes the channel.

The CNN U.S. president knows better than most the conflicting agendas of news organizations and parents during tragic, disturbing stories. Seung-Hui Cho's massacre of 32 people at Virginia Tech last week was a

particularly vivid example.

Experts say to not risk emotional damage, it's important to shield youngsters from prolonged exposure to news coverage of events like these.

The Virginia Tech story had two flash points. The first was on the day of the event, as the magnitude and sheer horror of the shootings unfolded on television. Just as the shock was receding, news organizations carried fearsome

### Inside

- Gunman caused more than 100 wounds.
- Students head back to classes today.

Please see TV NEWS, Page A3

See page A10



A television cameraman films a group of students consoling each other on Drill Field at the Virginia Tech campus Wednesday in Blacksburg, Va.

**TODAY'S FORECAST**

**TWIN FALLS**

Today	Tonight	Tuesday
A few additional showers	Gradually becoming partly cloudy	Partly cloudy and pleasant
High 61	Low 39	66 / 40

**MINI-CASSIA**

Today: Lingering clouds and isolated showers. Highs upper 50s.  
 Tonight: Gradually clearing and drying. Lows upper 30s.  
 Tomorrow: Partly cloudy, breezy at times and warmer. Highs low to middle 60s.

Complete weather report: See page B4

**TODAY'S HAPPENINGS**

**ARTS AND ENTERTAINMENT**

The Burley High School music department spring concert, with performances by Burley High School bands and choirs and featured guest, Jerome High School band, 7 p.m., King Fine Arts Center, donations to benefit the school's music programs, 876-8606.

**BUSINESS**

The Welcome Mat monthly meet & greet, for new residents to the Magic Valley within the last three months includes door prizes, refreshments, child care and free bowling for the entire family, Cedar Lanes Bowling Alley, Twin Falls, no cost (receive a complimentary gift bag of local sponsors' coupons and promotional items), 423-4478 to pre-register.

**CLUBS AND ORGANIZATIONS**

The Republican Women night meeting, with speaker Col. Gary Eller, author of "Dash, An Education of an American Soldier," 5:30 to 7 p.m., Red Lion Inn, Twin Falls, 733-5982 for reservations.

**EDUCATION**

Registration for Filer Elementary School kindergarten, for children age 5 by Sept. 1, 2007; proof of all updated immunizations and a legal birth certificate required, 8 a.m. to 3 p.m., at the school, Filer, (208) 326-4369.

Spanish class: 5:30 to 6:30 p.m. Mondays, 125 First Ave., E. Jerome, 353 (includes text book), 324-4286 or 421-2236.

**FAMILY**

A Daughters of Utah Pioneers genealogy class, taught by Captain Wilkuane Winder for members interested in learning more about tracing their pioneer heritage, 2 p.m., the Rupert W. Stake Center, 26 S. 100 W., 436-3055.

Family Fun Night: Cowboy Night, including appearance/performance by cowboy poet Wayne Nelson of American Falls, crafts and games, 7 p.m., at the Burley Public Library, 1300 Miller Ave., no cost (dress in western/cowboy attire), 878-7708.

**GOVERNMENT**

Lincoln County commissioners, 8:30 a.m., courthouse, 111 W. B. Shoshone, 886-2173.

Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, Burley, 878-7302.

Elmore County commissioners, 9 a.m., courthouse, 150 S. Fourth E., Mountain Home, 587-2129.

Gooding County commissioners, 9 a.m., courthouse, 624 Main, 934-4841.

Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.

Mitidicos County commissioners, 9 a.m., courthouse, 715 G St., Rupert, 436-7111.

Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E., 735-7274.

Ketchum Planning and Zoning commission, 5:30 p.m., City Hall, 480 E. Ave. N., 726-7801.

Halley City Council, 6 p.m., city hall, 115 Main St. S., 788-4221.

**HEALTH**

College of Southern Idaho's Over 60 and Getting Fit programs, a guided walking workout with stretching and gentle resistance training, 9 to 10 a.m., at several Magic Valley locations: CSI gym, Jerome Rec Center, Shoshone High (old gym), Rupert Civic Gym and Blaine County campus gym; and 11:30 a.m. to 12:30 p.m. at CSI Burley Outreach Center gym, no cost, 732-6475.

SilverSneakers Fitness Program, innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., Twin Falls, no cost for Humana-insured or YMCA members and \$5 per class for non-insured, 733-4384.

Adult Children Anonymous (A.C.A.) meeting, for individuals recovering from alcoholic or dysfunctional family environment, 6 p.m., Canyon View Psychiatric and Addiction Services, 228 Shoup Ave. W. (use west entrance), no cost, 250-5676.

"Overcoming Addiction and Anger," Theophistic Therapy basic training video, 1 p.m., Miracle Valley Ministry Center, 213 Third Ave. E., donations, 734-9603.

To have an event (including ongoing events) listed in the May monthly calendar, please contact the name of the event, a brief description, time, place, cost and contact number by noon April 24 to Suzanne Browne by email to sbrowne@maglevailley.com or by fax, 734-5538.

**CLARIFICATION**

**Special time for Wal-Mart public hearing**

Information about several components of a Wal-Mart request to the Twin Falls City Council was unintentionally omitted from a story in Sunday's paper. Below is that information, and a reminder about tonight's public meetings on the Wal-Mart proposal.

The Twin Falls City Council will review at 9 p.m. a request by Wal-Mart to change the PUD to allow a drive-through pharmacy, a drive-through garden center, a tire center, special signage and 24-hour retail service.

The meeting will be held in the City Council's chambers, 305 Third Ave. E. in Twin Falls.

**YOUR MORNING BRIEFING**

**MAGIC VALLEY**



**How dirty hands can lead to a clear spirit**

TWIN FALLS — Sharon Buckle knelt at the edge of her flower bed, a trowel in one gloved hand, a Johnny-jump-up cupped in the other. "Gardening is a living work of art and it's always changing," Buckle said. "It marks the seasons, it marks the passage of time." Like many gardeners, Buckle feels at peace when she's among her plants. That psychological benefit has gardeners picking up their spades and bags of compost season after season.

SEE PAGE D1

**Fewer families are medically insured**

TWIN FALLS — Health care has become more of a luxury than a necessity. That is what James Schroeder, CEO of Family Health Services, and several other medical professionals are saying about the current situation regarding health care in Idaho.

SEE PAGE A1

**Idaho Power seeking permission for rate hike**

BOISE — Think it's just farmers who worry about snopack? If you use electricity, think again. Idaho Power Co. customers could see their monthly bills rise this summer if the Idaho Public Utilities Commission approves the company's request to increase rates, according to statements released by Idaho Power and the P.U.C.

SEE PAGE A1

**Schools focus on safety in wake of shooting**

BURLEY — School and law enforcement officials throughout the Magic Valley say the shootings at Virginia Tech have brought a new sense of urgency to their focus on school safety.

SEE PAGE A5

**CASA provides chance to help children**

FILER — Ruth Dawson has reserved a special place in her heart for children. When the former elementary school teacher started looking for projects to fill her retirement time with, the Court Appointed Special Advocate (CASA) guardian program offered the perfect opportunity.

SEE PAGE A5

**Chamber administrative assistant retires**

BURLE — Linda Winn, who for eight years has been the administrative assistant for the Burli Chamber of Commerce, recently announced her retirement. An open house will hold in her honor on Thursday.

SEE PAGE A5

**OBITUARY**

James Alva Scott, 74

SEE PAGE A6

**NATION/WORLD**

**Official: Gunman shot victims over 100 times**

BLACKSBURG, Va. — Virginia Tech gunman Seung-Hui Cho, fired enough shots to wound his 32 victims more than 100 times before killing himself with a bullet to his head, a medical examiner said Sunday. Pathologists have sent blood samples for toxicology testing to determine if Cho was on drugs at the time of his rampage.

SEE PAGE A10

**More than 70 Iraqis killed in latest violence**

BAGHDAD — Gunmen shot and killed 23 members of an ancient religious sect in northern Iraq on Sunday after stopping their bus and separating out followers of other faiths while car bombings in the capital killed at least another 20 people.

SEE PAGE C2

**SPORTS**



**Jones collects his second win at MVS**

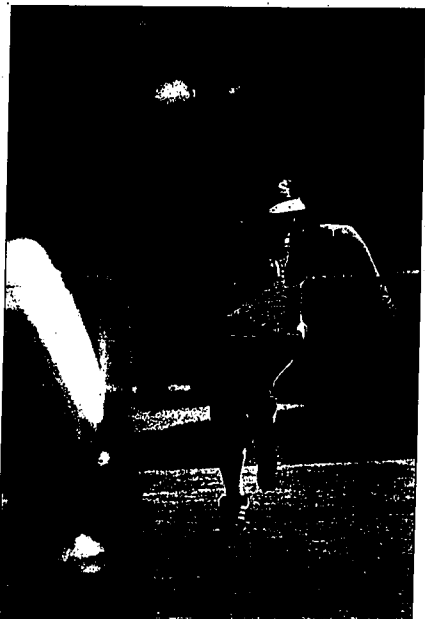
TWIN FALLS — Steve Jones did it again, bringing the gold No. 3 Pepsi Premier Series car to victory lane for the second time in two weeks at Magic Valley Speedway.

The back-to-back wins mirror Jones' 2006 season, when he also won the first two events of the year.

"It's always a good thing when I win races," Jones said. "The competition is coming really fast, though, and it's getting tougher and tougher to pass anybody. The 99 car (TJ Woodhall) and the 70 car (Mike Greco) — they're coming fast."

SEE PAGE B1

**SHOOTER'S GALLERY**



By Megan Thompson Times-News

All Spear beads for issue April 13 during Game 1 of the College of Southern Idaho's sweep of North Idaho College in Twin Falls. I had my lens focused on All as she sprinted, and the NIC catcher just moved forward a bit to cover the plate. I liked the way the catcher's mitt and leg almost frame All. This photo was taken with a Canon EOS-1D Mark II in with a 70-200 mm lens at ISO 400, f/7.1 at 1/1300 sec.

**ON THE AGENDA**

**Tuesday**

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- Blaine County commissioners, 8:45 a.m., courthouse, 206 First Ave. S., Halley, 788-5500.
- Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.
- Burley Public Library Board, 9 p.m., library conference room, 1300 Miller Ave., 878-7708.
- Twin Falls City Planning and Zoning commission, 6 p.m., council chambers, 305 Third Ave. E., 735-7267.
- Glenns Ferry City Council, 7 p.m., City Hall, 110 E. Second St., 366-7418.
- Gooding School Board, 7 p.m., administration office, 507 Idaho St., 934-4841.
- Jerome City Planning and Zoning commission, 7 p.m., council chambers, 100 E. Ave. A, 324-6189.
- Jerome School Board, 7 p.m., Jefferson Elementary School library, 600 N. Fillmore, 324-8137.

- Shoshone Planning and Zoning commission, 7 p.m., City Hall, 207 S. Rail St. W., 886-2030.

**Wednesday**

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- Hayburn City Council, 7 p.m., City Hall, 941 18th St., 679-8158.
- Twin Falls School Board, 7 p.m., administration office, 201 Main Ave. W., 733-6900.

**Thursday**

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- Bellevue City Council, 7 p.m., City Hall, 115 E. Poplar, 788-2128.

**Friday**

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.

**ON THE WEB**

Western's Slide Show of new products  
 878-7708  
 Burley Public Library  
 1300 Miller Ave.  
 878-7708

PRELISSE	ONLINE
Best Deal ..... 735-2345	Online edition Jason Whitlock ..... 735-2007
MEMBERSHIP	CALCULATOR
Editor Chris Storchak ..... 735-3253	Customer service: Twin Falls and other areas ..... 733-0911 ext. 1
News box before 9 p.m. .... 735-3234	Burley-Rupert-Paul Ostey ..... 877-4042
News box after 9 p.m. .... 735-3233	Chapel Hill phone lines are open between 8:30 a.m. and 8 p.m. daily and to 11 a.m. on weekends for general questions about your delivery, including the subscription, vacation, status, and other questions.
Letters to the editor ..... 735-3286	
ADVERTISING	CLASSIFIEDS
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Retail sales manager Janet Fischer ..... 735-3247	Classified Director Irene MacIver ..... 735-3227
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# Ten people swept away by waves after quake causes landslide in Chile

The Associated Press

**SANTIAGO, Chile** — An earthquake in remote southern Chile shook free a landslide of rocks, sending them smashing into a narrow fjord and causing massive 25-foot waves that swept away 10 beachgoers. Two bodies were recovered Sunday. Rescuers were searching the cold Pacific waters for the other missing people from the beach after the 6.2 magnitude quake the day before, authorities said.

Oscar Catalan, the mayor of the nearby town of Puerto Aysen, said six people at the shore pulled away by the current, according to the Chilean newspaper El Mercurio.

A correspondent for television network Chilevision, Orlando Adriaola, also reported seeing a man and his young daughter dragged into the water by a large wave. He said he was at the beach to install an antenna for his station.

The government's Emergency Bureau said two bodies were found washed up on beaches. In the fjord on Sunday, the victims were identified as Ernesto Contreras, 65, and his wife, Elsa Poblete, 54, the agency said.

The bureau said there was no tsunami after the earthquake. The waves were apparently created when several landslides from neighboring hills crashed

into the sea at the bottom of the narrow fjord, causing the water level to rise steeply, said Juan Cayul, a volcanologist investigating the incident for the government.

The inlet is surrounded by high hills, parts of which are covered with a dense forest. At some points, the land drops off into rocky cliffs that fall vertically into the water.

"There were some boats in the area and waves destroyed them," said Cayul, who was also at the beach at the time of the quake and spoke to The Associated Press by telephone. "The boat we arrived in was thrown on top of a tree, partly destroyed."

# Health care

Continued from page A1

According to the Centers for Disease Control and Prevention (CDC), more than 40 percent of all uninsured medical operations could have been avoided through preventative treatment.

The Kara-Clements family was fortunate enough to experience such a preventative treatment.

"When our daughter was one year old, she got something that developed into pneumonia," Kara said. "But we were able to take her to the (Family Health) clinic for treatment before it grew worse."

Many infants who do not receive timely treatment for pneumonia are submitted to intensive care units, and at a much higher cost.

So how much money could be saved if uninsured patients received early treatment?

Schroeder said nobody really knows, even though medical providers regularly treat uninsured patients. But the CDC estimates that nationwide it could be in the billions of dollars.

"The problem is that we frequently turn people away because we cannot provide enough services," Schroeder

said. "But if we were able to pay for many of these services on the front end, we would certainly be able to save more money in the long run."

Times-News writer Joshua Palmer can be reached at [jpalm@magicalvalley.com](mailto:jpalm@magicalvalley.com) or at (208) 420-0526.

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# TV news

Continued from page A1

pictures and video of the killer that he had sent to NBC News on the day of his rampage.

"If you let your kids watch a stuff like this, you're committing child abuse," said Mark McGuire, a pop culture columnist for the Albany Times Union.

He happened upon his upset 5-year-old daughter watching the news in the aftermath of the Sept. 11, 2001, terrorist attacks despite instructions not to. She had turned on the TV and there it was. He changed his television set's settings so a children's channel automatically appears whenever the set is turned on.

Action-packed shots of people crying or screaming, the victims being rushed to ambulances or police moving into place with guns drawn are likely to be most upsetting to children up to age 6, said Joanne Cantor, a University of Wisconsin professor and author of "Mommy, I'm Scared: How TV and Movies Frighten Children and What We Can Do to Protect Them."

The repetitiveness of coverage adds to the distress.

The most frequently seen image on TV while the Virginia Tech story broke was a cell phone taken by a student outside of the academic building where most victims were killed. It didn't show much — a parking lot, police officers — but captured the emotional

"One of the problems is they show the same footage over and over and over again," Cantor said. "Little kids up to age 6 or 7, they think it's happening over and over again. It's one thing to tell the story. It's another thing to retell and retell it."

His daughter's innocent dinner table question shortly after the Sept. 11 attacks — why do they have to keep showing the planes going into the World Trade Center again and again? — led ABC News to a virtual hall of those images, said news chief David Westin. Executives

there carefully consider each use of them. ABC has been a leader in sensitivity toward these issues.

Westin also doesn't have a 24-hour news network with space to fill, a big factor in the repetition.

Studies showed that the more time children watched news coverage in the aftermath of Sept. 11, the more likely they were to show anxiety, sleep disturbance and other signs of post-traumatic stress, Cantor said.

In the Virginia Tech case, children aged 7 to 12 can understand that people were killed in a place that's supposed to be safe and will wonder what that means for their own security.

Parents shouldn't necessarily bring it up, but be ready to answer their children's questions simply, emphasizing how the youngsters have people who love them and are determined to keep them safe. It's a good time to give children extra attention and warmth.

"The most primal fear of all is a loss of attachment," said Donald Siffain, a practicing Seattle pediatrician and chairman of the American Academy of Pediatrics communications committee.

Even if you're tired to keep checking the news for television coverage, recognize that they're likely to be much more aware than you think. They may have overheard conversations, seen the front page of a newspaper. If children see a parent hurriedly changing a channel or hiding a newspaper, it will make them that much more curious.

Cantor was particularly concerned about the impact of Cho's photos on young people.

"Up to this point they can try to imagine what it would be like to be confronted by this guy," she said. "But seeing him in this very menacing pose and spouting this invective, it's much more disturbing."

News executives like Klein and Westin say they consider every day the impact of what they put on the air. They are ultimately news executives, though. Not pediatricians.

"This is not a no-brainer or a black-or-white situation," Klein said. "People closest to these events express concerns and it's completely understandable. It's still our job to bring information to the public."

With the Virginia Tech story, Westin said ABC reporters tried hard to focus on the facts, since the emotion really carried itself. ABC showed portions of Cho's videos when they became available but, like other organizations, buckled off before 24 hours had gone by. "We really don't need to see Mr. Cho anymore," he said.

Ultimately, it's an ugly story. The world can be ugly and so can journalism, when it reflects that world.

"We make these decisions fairly regularly and you have to go back to the mission of a news organization like this," he said. "People who work here are deeply devoted to the idea of getting information out to the public and they are equally devoted to the idea of not sanitizing the news."

Besides less repetition, the childhood experts said they'd like to see an effort by TV news organizations to warn viewers that the images they are showing might be disturbing to children.

For parents, one of many sad aspects of the Virginia Tech story is the reminder to be vigilant about what their children are watching.

Associated Press writer David Baader can be reached at [dbaader@ap.org](mailto:dbaader@ap.org).

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Contest Schedule:

- Pickup application at Kimberly Nurseries.
- Fill out application and return to the Times-News by May 8, 2007.
- Winners announced in the paper Tuesday, May 15, 2007.
- Landscaping work to be done by Tuesday, June 12, 2007.
- Final pictures and story in the Times-News, Tuesday, June 26, 2007.

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Times-News [magicalvalley.com](http://magicalvalley.com)

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# Pay gap

Continued from page A1

"Over time, the unexplained portion of the pay gap grows," the group said in a news release.

Catherine Hill, the organization's director of research, said: "Part of the wage difference is a result of people's choices, another part is employer's assumptions of what people's choices will be. ... Employers assume that young women are going to leave the work force when they have children, and therefore, don't promote them."

The organization found that women's scholastic performance was not reflected in their compensation. Women have slightly higher grade point averages than men in every major, including science and math. But women who attend highly selective colleges earn the same as men who attend minimally selective colleges, according to the study.

"The pay gap is not going to disappear just through educational achievements," Hill said.

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Capturing Memories to Last a Lifetime

# Probe: Katrina contracts given to suspect companies

By Hope Yen  
Associated Press writer

WASHINGTON — FEMA exposed taxpayers to significant waste, and possibly violated federal law — by awarding \$3.6 billion worth of Hurricane Katrina contracts to companies with poor credit histories and bad paperwork, investigators say.

The new report by the Homeland Security Department's office of inspec-

tor general, set to be released later this week, examines the propriety of 36 trailer contracts designated for small and local businesses in the stricken Gulf Coast region following the 2005 storm.

It found a haphazard competitive bidding process in which the winning contract prices were both unreasonably low and high. Moreover, FEMA did not take adequate legal steps to ensure that companies were small and locally operat-

ed, resulting in a questionable contract award to a large firm with ties to the Republican Party.

"Based on our analysis, we concluded that FEMA contracting officials exposed the agency to an unacceptable level of risk," according to the report by the office of inspector general Richard Skinner.

The audit was requested by Sen. Byron Dorgan, D-N.D., chairman of the Democratic Policy Committee. Following

complaints last year by some small-business owners that they were unfairly shut out of the contracting process, it is the latest to detail mismanagement in a multibillion-dollar hurricane recovery effort that investigators say has already wasted more than \$1 billion.

The report also comes after FEMA acknowledged earlier this month that it would not have a federal plan ready for responding to emergencies before the approaching hurri-

cane season, which begins June 1. In response, FEMA in the report disavowed that the wide price variations put taxpayers at risk. The agency contended that it was comfortable with bidders' financial viability based in part on past performance. In cases where contract prices appeared unreasonably high, those would be offset with lower payments later on subsequent work orders, FEMA officials said.

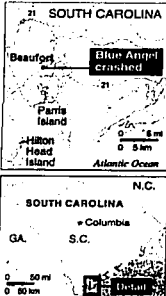
In the immediate aftermath of Katrina, FEMA handed out lucrative no-bid contracts for cleanup work to large, politically connected firms such as Shaw Group Inc., Bechtel Group Inc., CH2M Hill Companies Ltd., and Fluor Corp. Following heavy criticism, FEMA director David Paulison pledged to rebid those large contracts. He ultimately reopened only a portion, awarding 36 contracts which the agency said would be prioritized for small businesses.

## Blue Angel down

A Navy Blue Angel jet went down Saturday during an air show near Beaufort, S.C., plunging into a neighborhood of small homes and trailers and killing the pilot.

The Blue Angels fly F/A-18 Hornets at high speeds in close formations, and their pilots are considered the Navy's elite.

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## NYC proposes fee on cars entering Manhattan to reduce congestion and pollution

NEW YORK (AP) — Driving into the most congested half of Manhattan could become an expensive privilege under a wide-ranging city program unveiled Sunday to cope with the booming population and ease stress on the environment.

The package of proposals outlined by Mayor Michael Bloomberg focuses on the city's transportation, energy, water and housing networks that in some cases already are strained beyond capacity by today's 8.2 million people.

"Let's face up to the fact that our population growth is putting our city on a collision course with the environment, which itself is growing more unstable and uncertain," Bloomberg said.

The most controversial idea in the plan, from the mayor's Office of Long-term Planning and Sustainability, is a proposal to charge motorists for driving into Manhattan below 86th Street on weekdays from 6 a.m. to 6 p.m. Trucks would be charged \$21 a day and cars would be charged \$8, on top of the city's already expensive parking.

Officials say it would reduce traffic and pollution while generating money for other transit projects — nearly \$400 million in just its first year.

It is similar to a system that London has used since 2003, and officials there say it has significantly reduced congestion.

The scheme, known as congestion pricing, is applauded by environmentalists and alternative transportation groups, but is politically tricky for New York City because it would have to be enacted by the state Legislature, and many lawmakers from outer boroughs and the suburbs may not support it.

It is also certain to face a tough fight by organizations like the American Trucking Association.

"It will be a real problem for operations for trucking companies and shippers, including all the retailers in Manhattan, which is substantial," said ATA spokesman Clayton Boyce. "And all the people who get FedEx and UPS deliveries will bear extra expense, so we definitely see problems with it."

The mayor's plan also addresses water conservation, housing, and energy-related proposals including tax rebates for installation of solar panels and retiring the city's most inefficient power plants.

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## Navy identifies pilot killed in Blue Angels crash

By Melissa Nelson  
Associated Press writer

PENSACOLA, Fla. — Investigators looked through wreckage Sunday to determine which caused a Navy Blue Angel jet to crash during a maneuver, while the military identified the fallen pilot as a 32-year-old who was performing one of his first air shows with the team.

Lt. Cmdr. Kevin J. Davis of Pittsfield, Mass., was in his second year with the Blue Angels, the team known for its high-speed, acrobatic demonstrations. Lt. Cmdr. Garrett Kasper said.

Marine Corps Air Station Beaufort, the site of Saturday's crash, a somber crowd watched Sunday as six jets flew overhead in formation. Smoke streamed behind one of the jets as it peeled away from the others to complete the "missing man formation," the traditional salute for a lost military aviator.

"The spirit of the pilot is in the arms of a loving God," said Rob Reider, a minister who was the announcer for the air show.

The crash happened as the team was performing its final maneuver Saturday afternoon during the air show. The team's six pilots were joining from behind the crowd of thousands to form a triangle shape known as a delta, but Davis' jet did not join the formation.

Moments later, his jet crashed just outside Marine Corps Air Station Beaufort, in a neighborhood about 35 miles north-west of Hilton Head Island, S.C. Debris — some of it on fire — rained on homes.

Eight people on the ground were injured, and some homes were damaged.

The squadron's six F/A-18 Hornets routinely streak low over crowds of thousands at supersonic speeds, coming within feet, sometimes inches, of each other. The pilots, among the Navy's most elite, are known for their precision and their routines so practiced that deadly crashes are rare: the last one happened in 1999.

Navysaid it could be at three weeks before it announces what may have

caused the crash. The squadron was scheduled to return to its home base of Pensacola Naval Air Station late Sunday.

Ernie Christensen, a retired rear admiral and former Vietnam fighter pilot who flew with the Blue Angels, said the intense flying leaves no room for human or mechanical error.

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TRAINING, SETUP & SUPPORT

## Guardian program seeks volunteers

By John E. Szegem  
Times-News correspondent

FILER — Ruth Dawson has reserved a special place in her heart for children.

When the former elementary school teacher started looking for projects to fill her retirement time with, the Court Appointed Special Advocate (CASA) guardian program offered the perfect opportunity.

"My whole life has been working for the good of children and this is just an extension of that," she said.

Drawing on more than three years of experience, Dawson recently presented members of the former Civic Club with an overview of what it means to be a CASA volunteer.

The program, which started in 1977, works to assure that the courts make informed decisions about what the best interests are of abused or neglected children who are removed from their homes.

Assigned to each case by a judge, a guardian is responsible for investigating the emotional, mental, physical and educational needs of children and reports back to the court on whether those needs are being met.

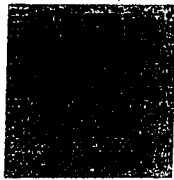
"Our job is to make sure that the children are safe and secure and developing well (while) separated from their family," Dawson said.

Within 48 hours of a child being removed from a household, a shelter care hearing is held to determine if the court is appropriate. At this point a judge assigns a guardian to the case.

"Dawson received her first case in 2003. As case manager, she currently monitors eight cases handled by other guardians and is personally responsible for 24 additional cases in Jerome and Gooding counties that have not been assigned to other volunteers.

"This means that as a manager I keep in contact with the guardians who have cases, but I don't interfere," she said. "A case averages about 20 months and the manager is just there if (the guardian) wants to talk it out with somebody."

CASA volunteer certification requires that candidates pass a criminal background check and complete 32 hours of formal training in topics such as understanding cultural bias, poverty and child development.



## Hagerman plans to destroy inactive school records

HAGERMAN — The Hagerman Joint School District will destroy special education records of students with disabilities who were enrolled during the 2001-02 school year and have since left the district.

The district will destroy the records on or about May 30 unless the school is notified in writing. These records may be needed for Social Security benefits or for other purposes. To review or acquire the file, a request must be made in writing to the administration office within 45 calendar days.

For information, contact the school district administration office at 837-4777 or at 324 N. Second Ave. in Hagerman.

# School safety

## Area schools renew vigilance after Va. Tech shootings

By Sven Berg  
For the Times-News

BURLEY — School and law enforcement officials throughout the Magic Valley say the shootings at Virginia Tech have brought a new sense of urgency to their focus on school safety.

Officials say they have always trained for a wide range of safety issues but critical decisions, such as if or when to evacuate buildings and whether to lock down a campus, must be made at the time of an incident.

"If a shooter were in the school, we'd have a lockdown procedure until we

identify who the shooter is and where he's located," said Minico High School Principal Dan Rogers. "Then we'd have to evaluate from there what to do."

It is easy to look back on a shooter's behavior and detect dangerous patterns, but to identify threats before an incident occurs is difficult, said Cassia County Under Sheriff Cary Bristol.

"The rules are you have to determine if they're going to be harmful to themselves, if they're going to be harmful to others or if they're so incapacitated that they can't take care of themselves," Bristol said.

Doug Maughn, public relations

director for the College of Southern Idaho, said the Virginia Tech shootings serve as a reminder of just how vigilant students and faculty must be.

"There's no doubt that this is on everybody's minds," he said. "We are asking everybody to be observant, to report unusual behavior."

Maughn said CSI last week received an anonymous phone call during which the caller threatened a "Virginia Tech-like" incident would occur soon at the college.

"Like so many other colleges we have now received our own threat," he said. "We took the threat seriously but

we are not going to close down. We have stepped up security recently. If there is any validity to a call like this we want to be ready."

He said countless colleges and universities around the country have received similar threats.

"The theory now is if you have an active shooter you go in with the minimum amount necessary to stop the shooting," said Bristol.

He said his department has been conducting training exercises in school buildings in the county and plans more training during summer months.

## A DAY IN THE PARK



Twins are in full bloom Saturday at Twin Falls City Park as Ainsie Grant, of Padi, satz lunch with her boyfriend Cody Walzlin of Twin Falls.

## A fond farewell

Linda Winn retires from Buhl chamber

By Blair Koch  
Times-News correspondent

BUHL — Some shoes are difficult to fill. Linda Winn's will be one of them.

Winn, who for eight years has been the administrative assistant for the Buhl Chamber of Commerce, recently announced her retirement. An open house was held in her honor on Thursday.

The event came as a surprise to Winn, who had hoped to make her exit without a lot of fuss.

"I don't need all this, it's so much," she said. "I appreciate it, but I didn't need anything special."

Winn said now is the right time for her to retire and looks forward to spending more time with family and her favorite hobby, quilting.

"I'm going to miss everyone here," she said. "It's been fun — a bit busy at times, but it's been fun. I have met so many people from different countries and all over the states. I'll miss meeting new people."

Her husband Gary Winn said he looks forward to his wife being home more.

"It's great," he said, "she can do her own honey-do list that has been sitting the last six years. I'm going to do things together, like camping and fishing and hanging around the house. I'll be nice."

Winn dedicated a lot of time and talent to the growth of member businesses, said Chamber Director Christine Garrison.

"She has been such an important part of the chamber's success and growth. I have learned so much from her, our community has been extremely lucky to have someone like Linda," Garrison said. "I always will be happy to fill. She has been the person who has helped keep the chamber going."

The chamber has narrowed its search for a replacement, and interviews will tentatively happen within the week, with the chamber making its decision shortly thereafter.

"We are definitely going to miss her. Linda has been an integral part in the success of events sponsored by the chamber," said Garrison. "I hope that the person filling her position expresses the dedication Linda has."

Even though the group wishes her well, it's difficult for them to say goodbye.

"I have threatened to chain her to the desk and have begged her to stay, even though I support her decision," Garrison said. "It's been a fun co-worker relationship and I'll miss that."

## WARNING: ADULT CONTENT

### ISU officials say art exhibit warrants warning signs

POCATELLO (AP) — Nude photographs included in an exhibit entitled "God's Art" have prompted Idaho State University officials to cover the art gallery featuring the display with paper and black drapes and post signs warning of adult content.

A portrait of the artist's very pregnant 22-year-old daughter, wearing a white shirt but exposing her bare stomach, was also removed from the Transitions Gallery's window before the opening last Monday in the Pond Student Union building.

"The whole premise behind God's Art was to show the beauty of the human form," photographer Nick Hornburg, of Idaho Falls, told the *Idaho State Journal*. "There's no sexual content."

"We have to balance the artist's right to expression with the public's right to not view the photos if they choose not to."

— Lee Krehbiel, ISU's interim vice president for student affairs

Hornburg, who is also a student at the university studying anthropology and mass communication, used four models and members of his own family for the art show.

"People are kind of my fans," he said.

Jason Schlegal, ISU program board administrator, said officials chose to cover over the art show because it is near the Early Learning Center for children.

"There was the potential for young children to see it,"

Schlegal said.

Lee Krehbiel, interim vice president for student affairs, said university administrators did not know the content of the art show until it was about to open.

"ISU is a public university where freedom of expression is cherished," Krehbiel said. "But we have to balance the artist's right to expression with the public's right to not view the photos if they choose not to."

The gallery is also near a video arcade.

"They are covering up something that's beautiful," said Mary Anne Benner, one of several students who wrapped themselves in black drapes during a protest demonstration supporting the gallery.

"Yet there are violent video games a few feet from the gallery. In view of what's happened with the shootings at Virginia Tech, they should be more concerned about them."

The demonstration included covering some of the more violent video games in the arcade with black sheets.

On Monday, a lone gunman killed 32 students and a faculty member in the deadliest shooting spree in U.S. history on Virginia Tech's Blacksburg campus.

## Minidoka schools moving to trimester schedule

By Sven Berg  
For the Times-News

RUPERT — Minidoka County School Board trustees last week approved a resolution that will shift its elementary and middle schools to a trimester calendar in the coming school year.

Assistant Superintendent John Fennell recommended the change, saying it would help to align the school year calendars of elementary and middle schools to those of the high school.

"We've discussed this with the middle school and elementary school principals, and we haven't come up against any obstacles there," he said.

Fennell said the calendar change will also help avoid graduation scheduling conflicts with other districts, especially Cassia Joint School District.

Superintendent Scott Rogers agreed on the importance of coordinating graduation ceremonies with other districts, but conceded that with the number of schools in Minidoka and surrounding districts it would be impossible to avoid conflicts.

"There's no way to stay off everybody's graduation night," he said. "We've got grandparents who have a grandchild at Minico and a grandchild at Burley, and they want to go to both."

Also approved by the board was a high school promotion and retention policy. Controversy within the district had cen-

tered on how to handle the promotion or retention of high school students who have not satisfied criteria for advancing from one grade level to the next.

Current school policy promotes even those students who do not satisfy advancement criteria, though no student is allowed to graduate without finishing the minimum number of credits required.

Critics of the current policy have said promoting students who have not earned advancement is counterproductive to their education.

But others said they feared loss of morale among students who were held back, possibly leading to higher dropout rates.

**OBITUARIES**

**CSI recognizes residents for their volunteerism**

TWIN FALLS — A total of 825 Magic Valley residents are being recognized as part of National Volunteer Week, which ended Saturday.

Our...volunteers perform countless acts of service and are one of the Magic Valley's most valuable assets," said Bruce Stevens, manager of the Senior Volunteer Program at the College of Southern Idaho Office on Aging.

"During the past year, senior adult volunteers have continued to reach out to their neighbors both near and far, especially during the aftermath of the hurricanes on the Gulf Coast," Stevens

said. "National Volunteer Week is the ideal time for us to honor our senior adult volunteers throughout the Magic Valley and all across our nation."

National Volunteer Week began in 1974 when President Nixon signed an executive order establishing an annual celebration of volunteering.

If you are a senior adult in the Magic Valley area and would like to volunteer in the CSI RSVP Program, contact Stevens at 736-2122 Ext. 2393. In the Mini-Cassia area, contact Kitty K. Andrews at (208) 679-4872 Ext. 2.

**THIS WEEK AT CSI**

**Monday**

- CSI library is open 7:30 a.m. to 10 p.m. through Thursday and 7:30 a.m. to 6 p.m. Friday.
- CSI Adult Basic Education Center is open 8 a.m. to 4:30 p.m. (also Friday) and 8 a.m. to 9:30 p.m. Tuesday through Thursday, second floor of Meyerhoeffer building.
- CSI Testing Center is open 8 a.m. to 9:30 p.m. through Thursday and 8 a.m. to 5 p.m. Friday, second floor of Meyerhoeffer building.
- CSI Golden Eagle Boosters luncheon, noon, Taylor 277.
- Disney World College Program recruiter, 2 and 5 p.m., Taylor 277.
- CSI Board of Trustees meeting, 5:30 p.m., Student Union 248.

**Tuesday**

- Idaho State University student recruiters, 9 a.m. to 1 p.m., Student Union.
- CSI Music Department music Juries, 9 a.m. to 5 p.m., Fine Arts building.
- Herrett Center for Arts and Science is open 9:30 a.m. to 9 p.m.
- CSI and Times News Southern Idaho Career Fair 10 a.m. to 5 p.m., gym (free and open to the public).
- CSI Student Art Show, Herrett Center, Jean K. King Gallery, through May 12.
- CSI Foundation Board meeting, 11:30 a.m., Taylor 276.
- "Family Wellness Fair," (CSI Child Care and Head Start), 5 p.m., Taylor 276 and 277.
- "The Greatest Wonders of the Universe," 7 p.m., Faulkner Planetarium.

**Wednesday**

- Idaho Office on Aging annual service providers training meeting, 8:30 a.m. to noon, Taylor 277.
- Herrett Center for Arts and Science is open 9:30 a.m. to 4:30 p.m. (also Thursday).
- Styx chapter, Narcotics Anonymous meeting, 7 p.m., Desert 113.
- Free alternative health seminar with Dr. Richard Powell, "Hidden Toxins," 7 p.m., Taylor 276.

**Thursday**

- Idaho Council on Economic Education training for elementary and middle school teachers, 8 a.m. to 4:30 p.m., Evergreen C93.
- Idaho State University student recruiters, 9 a.m. to 1 p.m., Student Union.
- CSI Salt and Light Campus Ministry Bible study meeting, noon, Student Union 247.
- General Motors technician education clinic, 6 p.m., Taylor 276.
- CSI Hosteurs Club spring dinner, 6 p.m., Desert 113.

**Friday**

- Idaho Association of Naturopathic Physicians annual meeting, 9 a.m. to 5 p.m., Taylor 276 and 277 (also Saturday).
- Canyon Rim Dance Class, "Dancers Fight Cancer," 2 to 10 p.m., gym (also all day Saturday).
- Student Disability Services Interpreter training, 3 p.m., Student Union 248.
- "Far Out Space Places," 7 p.m., Faulkner Planetarium.
- Huggie Bears chapter, Narcotic Anonymous meeting, 7 p.m., Desert 113.
- Magic Valley Symphony presents "Movie Magic," 8 p.m., Fine Arts Auditorium.

**Friday-Saturday**

- Herrett Center for Arts and Science is open 9:30 a.m. to 9 p.m. Friday and 1 to 5 p.m. Saturday.
- CSI Golden Eagle baseball vs. Southern Nevada, 1 p.m.
- Friday and noon Saturday, Henderson, Nev.
- Snake River Council Boy Scouts Scout-O-Rama, 5 p.m. Friday and 7 a.m. to 5 p.m. Saturday, Eldon Evans Expo Center.

**Saturday**

- Dental sealant clinic for children (CSI dental assistants and area dental hygienists), 9 a.m. to 1 p.m., Aspen building.
- Magic Valley Credit Union Board of Directors work day, 9 a.m. to 4 p.m., Taylor 211.
- CSI libraries, 10 a.m. to 5 p.m. (also Sunday).
- Faulkner Planetarium shows: "Far Out Space Places" at 2 p.m.; "WSKY: Radio Station of the Stars" at 4 p.m.; "The Greatest Wonders of the Universe" at 7 p.m.; and "Led Zeppelin Maximum Volume I" at 8:15 p.m.

**Sunday**

- CSI Music Department "Spring Sing," 3 p.m., Fine Arts Auditorium.

**For obituary rates and information**

Call 735-3266 Monday through Saturday. Deadline is 3 p.m. for next day publication. The e-mail address for obituaries is [obitmag@magicvalley.com](mailto:obitmag@magicvalley.com). Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to [www.magicvalley.com](http://www.magicvalley.com) and click on "Obituaries."

**James 'Jim' Alva Scott**

RUPERT — James "Jim" Alva Scott, 74, died peacefully Saturday, April 21, 2007, at home surrounded by his family after a long and lingering illness. Jim was born May 9, 1932, in Rupert, the third child born to Alva and Estella Scott.

When he was 1 year old he moved from Rupert to Dietrich. He graduated from Dietrich High School in 1952, after which he went to work for UPRIL. He retired in 1995. Jim married Karen McCowan on July 25, 1952, and then moved to Shoshone.



He is survived by his wife, Karen, and four children, Ron (Charity), Brenda (DeWayne), Debi (Jill) Ruth, and Brad (Becky). He is also survived by one sister, Donna Lee

(William) Morschhauser, 10 grandchildren and 10 great-grandchildren.

Jim loved the outdoors, whether it was gardening, farming, camping, hunting or fishing. His greatest love was enjoying it all with his family.

He was preceded in death by his parents and three brothers, Leonard, Russell and Gary.

Funeral services will be conducted at 11 a.m. Tuesday April 24, 2007, at Shoshone LDS Church with Bishop Gale Roberts presiding.

Viewing for the family and friends will be from 5 until 7 p.m. on Monday, April 23rd, 2007, at Demary's Shoshone Chapel.

Grave dedication will be at Shoshone Cemetery. In lieu of flowers, donations may be made to First Choice Hospice, 2007, at Demary's Shoshone Chapel. We would like to thank them for their outstanding, loving care.

**DEATH NOTICES**

**Helen Slater**

TWIN FALLS — Helen Slater, 90, of Twin Falls, died April 21, 2007, in Twin Falls. Funeral services are pending and will be announced by Parke's Magic Valley Funeral Home of Twin Falls.

**Louise Poultin Jones**

BURLEY — Louise Poultin Jones, an 89-year-old resident of Burley, died Saturday evening, April 21, 2007, at Parke View Care & Rehabilitation Center. The funeral is pending and will be announced by Rasmussen Funeral Home of Burley.

**Leo Toshio Aizawa**

FILER — Leo Toshio Aizawa, 82, of Filer, died late Friday evening, April 20, 2007, at his home in Filer. A celebration of Leo's life will be held as a graveside service at 11 a.m. Saturday, April 28, 2007, at Sunset Memorial Park, Lakeview Columbarium with Pastor Gary Bendix of Peace

**Wilbur Jackson Trout**

TWIN FALLS — Wilbur Jackson Trout, 93, of Twin Falls, died at his home on April 19, 2007. Graveside services will be held on Monday, April 23, 2007, at 3 p.m. at the Twin Falls Cemetery. Arrangements are under the direction of Parke's Magic Valley Funeral Home of Twin Falls.

**Calif. Democratic House member Millender-McDonald dies of cancer**

By Peter Paganas  
Associated Press writer

LOS ANGELES — Rep. Juanita Millender-McDonald, a seven-term congresswoman from southern California, died early Sunday of cancer. She was 61.

Millender-McDonald died at her home in Carson, said her chief of staff, Bandede McQueen.

The congresswoman had asked for a four- to six-week leave of absence from the House last week to deal with her illness. McQueen couldn't immediately provide details on what form of cancer Millender-McDonald had, but said she had been receiving hospice care.

She represented a heavily Democratic southern California district that includes Compton, Long Beach and parts of Los Angeles.

She was a champion for the consumer and fought injustice wherever she saw it. She always valued public service and served her state and nation with grace and honor, said California Democratic Party Chairman Art Torres, who served with her in the California state Legislature.

Millender-McDonald is the second member of Congress to die this year of cancer. Republican Rep. Charles F. Wicks Jr. of Georgia died in February after battling cancer and lung disease.

"Many of us are very sad-

dened by her death, and in some respects stunned by it," said state Sen. Mark Ridley-Thomas, who has worked with Millender-McDonald in different capacities for over two decades. "She knew about the issues of justice and injustice, and carried that banner wherever she went."

The congresswoman's son, R. Keith McDonald, had received "temporary emergency release" from a 41-month prison term after his mother had surgery in May 2005, according to the Los Angeles Times. The former Los Angeles water district official was convicted of extortion in a contracts case. Millender-McDonald was never implicated.

The congresswoman, a native of Birmingham, Ala., worked on former Los Angeles Mayor Tom Bradley's unsuccessful 1982 gubernatorial campaign and other local races as a volunteer before getting elected to the Carson City Council in 1990.

She went on to serve in the California state Assembly.

**SERVICES**

Alpha Ruth Rice of Twin Falls, funeral at 1 p.m. today at the 18th Ward LDS Chapel, 824 Casswell Ave. W. in Twin Falls; friends may call from 11:45 a.m. to 12:45 p.m. today at the church (White Mortuary in Twin Falls).

family and friends one hour before the service today at the chapel.

Russell E. Sheridan Sr. of Filer, celebration of life at 1 p.m. today at Reynolds Funeral Chapel, 2466 Addison Ave. E. in Twin Falls.

Stanley L. "John" Johnson of Jerome, memorial service at 3 p.m. Tuesday at the Howe-Robertson Funeral Chapel in Jerome

Jeremie Scott Easter of Wendell, funeral at 1 p.m. today at Demary Funeral Service, Gooding Chapel.

Walter Calvin Hankins of Boise and formerly of Twin Falls, funeral at 2:30 p.m. Thursday at Summers Funeral Home, 1205 W. Bannock St. in Boise.

Shannon Lee Sigglin of Bellevue, memorial service at 2 p.m. today at the Cole Community Church in Boise (Wood River Chapel of Italey).

Charles William Packham of Fairfield, funeral at 11 a.m. Friday at the Gooding LDS Church (Demary Funeral Service, Gooding Chapel).

Oscar Robert Winks of Burley, funeral at 2 p.m. today at the Hansen Mortuary Burley Chapel; viewing for

Beth Blamires of Jerome, celebration of life for family and friends from 2 to 4 p.m. Sunday at the Blamires home, 36 S. 100 W. in Jerome (Parke's Magic Valley Funeral Home in Twin Falls).

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# Lawmakers target DWT: 'Driving while texting'

By Sam Howe Verhearn  
Los Angeles Times

SEATTLE — While talking to a high school social studies class last fall, state Rep. Joyce McDonald noticed students sending each other text messages on their cell phones. That she was really, sparked a discussion.

"I was really a bit shocked to learn just how much these kids text each other, including when they are driving," says McDonald, 54. "I mean, I'm a talker. I can't understand why in the world you would send your friend a text message rather than just calling up to say hello."

There are plenty of reasons, of course — with the ability to communicate covertly during a social studies class high up the list, the Republican concedes with a laugh.

But she decided then and there that she would write a bill making DWT — Driving While

Texting — a crime.

The campaign gained momentum a month later when, in a widely publicized incident, a Mercer Island, Wash., man was accused of causing a five-car pileup after he was distracted by a message on his BlackBerry.

Last week, McDonald's bill gained final passage, which would make Washington the first state to impose a specific ban on reading or sending text messages while driving, according to the Denver-based National Conference of State Legislatures.

The milestone is not quite as singular as it sounds: Three states — New York, New Jersey and Connecticut — and Washington, D.C., all have de facto bans on "DWT" under broader laws that prohibit drivers from using a cell phone in any fashion, other than talking on it via a hands-free speaker device.

California is imposing a simi-

## 15-year-old Pennsylvania teen wins \$25,000 prize in New York text-messaging contest

NEW YORK (AP) — OMC's 15-year-old Morgan Progar, of Clayburg, Pa., was crowned National Texting champion on Saturday after she wrote the "most brilliant and original" docu-story from "Mary Sweeney's Perspective."

"I'm going to be sleeping and buy lots of clothes," the teen said "I'm wearing a ban, \$25,000 prize from the electronics company OMC."

Progar defeated nearly 200 other competitors at the contest in Ballroom in Manhattan to become East Coast champion and then beat West Coast champion Eli Trough 21, of Los Angeles.

"She estimated that she sends more than 8,000 text messages a month to her friends and family."

larly broad ban, effective in July 2008.

Nonetheless, Washington state's measure, which Democratic Gov. Chris Gregoire is expected to sign into law, brings attention to the practice of texting while driving, which many lawmakers say is more

dangerous than talking while driving.

"It is just so obviously not an acceptable thing to do," McDonald says.

In Arizona, Democratic state Rep. Steve Farley has proposed a bill to ban DWT, though he says it has been bottled up by a

"very libertarian dude" of a committee chair who opposes government regulation of such behavior.

Farley says he was particularly moved by an incident last summer in Phoenix, when a teenage driver who was reportedly texting slammed into a stalled truck. The driver was OK, but two of his passengers suffered severe brain and spinal injuries.

At least one other state, Connecticut, has a DWT bill under consideration. The state already has a ban on any handheld cellphone use while driving, but the new measure would impose a \$300 fine.

Under the California law, state residents will risk receiving a minimum \$20 fine for using a cell phone, unless they have speakerphone or an in-ear device that keeps both hands free.

Many states have debated broad bans on cell phone use, but have rejected them in favor

of bans for young drivers only, says Matt Sundeen, a transportation analyst for the National Conference of State Legislatures. At least 13 prohibitive laws or any new bills from using cell phones.

There are no reliable statistics on how many accidents have been caused by people attempting to send or receive text messages while driving. But it is clear that plenty of people do it.

According to a study released in January by Nationwide Mutual Insurance, about 37 percent of drivers in their late teens or 20s admitted to having sent or read text messages while driving. By comparison, 17 percent of drivers in their 30s and 40s admitted doing so; 2 percent of drivers in their 50s and 60s did.

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Meet the Robinsons 11:30 - 9:15

## Leviston looking at appealing developers

LEVISTON (AP) — Officials in this northern Idaho city are considering changes in how the city approves development requests following disputes between entrepreneurs and city planners.

"It's a far too contentious development environment in this community, and that could be related to real issues or it could be related to culture," John Krauss, Leviston's city manager, told The Leviston Tribune.

He said city staffers are examining a 26-day period required for plan review and the possibility of hiring more employees.

"The goal with the city is to facilitate rather than regulate development," Krauss says.

"We have laws and codes, but we need to be sensitive to how we can promote development."

He said, he said, the problem was all with the city.

"There is a segment of the development community that is unaccepting of codes," Krauss said.

Some businesses said the city is less helpful than it could be.

Gary Rennehausen wanted to put a winery into part of a 20,000-square-foot building that was on Main Street. He said it took three meetings before he learned he would have to put in a protective wall separating the winery from other businesses in the building that would prevent a fire from spreading for at least three hours.

"They're willing to tell me how I can't do it three times, but they're not willing to tell me how I can do it once," he said.

In another dispute, a company wanted to distribute purified water from a building that was once used to repair cars. But the city said that would require a change in the zoning and comprehensive plan, which could take months.

"This was for a much less intensive use than what was there," said developer Marshall Clark of Spokane.

## University of Idaho students send balloon into upper atmosphere

COEUR D'ALENE (AP) — A University of Idaho team of students designed and launched a NASA-sponsored balloon carrying cameras and electronic equipment that climbed to 90,000 feet before bursting and parachuting back to Earth.

"This has been the most successful one that I've been a part of," said 24-year-old Austin Howard, a mechanical engineering graduate student who leads the group. "This has been very exciting."

The Vandal Atmospheric Science Team of 17 students launched the balloon Saturday in eastern Washington. It remained aloft for about two hours, broadcasting live video and taking hundreds of still digital images of the curvature of the Earth and space.

The program encourages students to design aerospace projects, and team members earn class credit.

The team used two large helium tanks to fill the balloon and loaded it with student-designed communica-

tion equipment and computers.

All the equipment had to withstand a near-vacuum at the highest point and then the fall through the atmosphere on the way down. During the experiment, sensors measured acceleration, temperature and humidity.

The devices measured a low of minus-50 degrees Fahrenheit. The (Spokane, Wash.) Spokesman-Review reported.

"It's really fun because of the pictures and stuff you get at altitude," said 21-year-old Nathan Blake, a senior computer engineering and mathematics major.

He said he's hoping to use the program to launch his own career in the aerospace industry.

The equipment sent up weighed about 8 pounds, a reduction from earlier plans to avoid more strict Federal Aviation Administration regulations.

The group also called the FAA to let the agency know the balloon was being

launched just before it was released on Saturday.

Once launched, Howard said, the balloon likely expanded as air pressure decreased. Team members located the payload in a field where computer models predicted it would land.

"You can literally see the different layers of the atmosphere," said Blake after examining the images.

## Late-season storm comes too late for Sierra ski resorts

RENO, Nev. (AP) — Winter lingered in the Sierra on Sunday as a storm left up to 18 inches of snow and delayed mountain motorists.

"Looking out the window, it seems more like Christmas. It's definitely a winter wonderland," said Juanita Hallett, spokeswoman for the California Department of Transportation's Kingsvale, Calif., station along Interstate 80 near Donner Summit.

The potent storm came too late for most Lake Tahoe ski resorts after a disheartening ski season that saw less than half the usual snowfall.

But the fresh snow caused excitement at the few ski areas

still open, and was welcome for more reason than one.

"The new snow is great for diehard skiers and snowboarders, and will provide good conditions for the rest of spring," said Alpine Meadows spokeswoman Rachael Woods.

"The moisture is also crucial for area lake and stream levels," as well as summer water supplies.

The Heavenly and Mount Rose resorts closed for the season on Sunday.

Alpine Meadows and Kirkwood plan to shut down April 29, while Squaw Valley and Mammoth Mountain are aiming for at least Memorial Day weekend.

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## OTHER VIEWS

### Abortion decision wise despite dark omens

Lexington Morning Tribune

Advocates of legal abortion are right. The Supreme Court upholding a ban on late-term abortions is bad news.

The court is leaning to the right, giving abortion foes a foot in the door that could erode women's reproductive rights. Could a wholesale rejection of Roe vs. Wade and legal abortion be next? Anyone concerned about desperate women returning to wire hangers and back-alley abortionists can be forgiven for biting his or her nails.

Still, justices made the correct decision. Society has a legitimate interest in drawing a line between abortion and infanticide. When exactly does that point come?

That's the danger of the court's decision. Abortion opponents argue that if a fetus is a human life in the later stages of pregnancy, why not in the first 12 weeks? Drawing a line anywhere admits that there truly is a point of no return when a fetus becomes a person.

And who are we mere mortals to decide when life begins? The fact is that we mere mortals — with our various philosophical and theological beliefs — can never answer that question. Both sides of this debate tend to see compromise as surrender, but when rights are in conflict, legal lines must be drawn. The law must step in and perform its delicate balancing act.

That act may soon become less delicate. Wednesday's decision signals a sharp right turn for the court, led by Justice Anthony Kennedy, who provided the crucial vote in the 5-4 decision. Kennedy will be the justice to watch in upcoming decisions. Never mind Chief Justice John Roberts. This could be more the Kennedy court than the Roberts court.

However, reading justices' minds is difficult. Appointed for life, they often defy partisan expectations. Conservatives can't depend on Kennedy to make their dreams come true.

Wednesday's ruling doesn't even cover all late-term abortions, only a specific procedure where the fetus is removed intact from the woman's uterus and its skull is crushed or cut to complete the abortion. An alternative method — dismembering the fetus in the uterus — is still available and much more common.

Conservatives got a foot in the door. So what? It was a good decision.

As for the future, stay tuned and stay calm.

Grief, horror, sorrow and sympathy — after a tragedy like the shootings at Virginia Tech, these are the appropriate first responses from not only typical Americans but the nation's political leaders. Part of any president's job is helping the nation grieve, and President Bush did his best before, assumed that responsibility gracefully with his appearance at Tuesday's memorial for the young people senselessly slaughtered the day before.

RONALD BROWNSTEIN

But in the face of tragedy, the responsibility of political leaders is not just to look back in sorrow. Their job is to look forward toward practical steps that might reduce the risk of repeating the awful experience.

It's too early to say conclusively what lessons public policy should take from the rampage. But it's not too soon to say that is the question Washington should be asking once the immediate shock has passed.

That may seem obvious, but it's not. In these circumstances, the understandable first instinct of many Americans is to focus on the private factors that shaped the shooter's character — family, friends, religious institutions. Confronted with such chilling evil, most Americans would probably agree with William Faulkner, who said that we cannot legislate what is in men's hearts.

That is likely Bush's first instinct as well. In 1999, when he was governor of Texas, I interviewed him eight days after two students slaughtered classmates at Columbine High School in Colorado.

Without much enthusiasm, Bush outlined through his positions on gun control, school safety and other relevant policies. But he came to life when he spoke about the limits of the law.

Of course there are going to be reactions — pass a law,



Bush said, "The big law is the universal law: If you're a mother and a dad, do their jobs? The fundamental question is going to be: Can America reeducate itself to parenting as better ways to reduce the threat of random violence. The issue isn't whether we might have prevented the Virginia Tech attack if we had closed a particular legal loophole last month. It may be that no combination of plausible policies would have deterred this rampage. And it is almost certain that the next horrific attack will present different facts.

The better question is whether we are doing enough to diminish the overall risk of violence since 1991, according to FBI statistics. And, yes, President Clinton's response to the Columbine shootings as White House domestic policy adviser, strikes the right balance. "It doesn't have to be about going back in the time machine with a policy that would have prevented this specific crisis," Reel said Tuesday. "It's taking the crisis to heart to see what we can do to stop future ones. In the wake of Sept. 11, we didn't just look at policies to stop planes from flying into World Trade Center."

We looked at how vulnerable we were to foreign attack. And we didn't... say if someone is crazy enough to fly a plane into a building, they will find a way to kill us somehow. If we approached the Virginia shootings in the expansive spirit we summoned after 9/11, we would explore broadly. We would assess the availability of counseling for troubled young people.

We would question Bush's decision to de-fund the Clinton program that subsidized the hiring of more local police — especially since the nation's violent crime rate increased last year for the first time since 1991, according to FBI statistics. And, yes,

we would reopen a discussion that both parties have silenced about access to guns.

In the shadow of Monday's killings, Washington won't ignore these questions, but whether either party will grapple with them more seriously than Bush did at a perfunctory conference on school safety last fall is another question.

The redefining grace of tragedy is that, throughout American history, it has sparked reform.

The 1911 Triangle Shirtwaist Co. fire, which killed almost 150 workers in a New York City sweatshop, inspired workplace safety breakthroughs in the Progressive Era. The 1989 attack on a Stockton, Calif., elementary school by a drier armed with an AK-47 provoked outrage that led to the important gun control laws of the 1990s.

The intractability of evil ensures that we will never be free from terrible acts like Monday. But we will compound this tragedy if we fail to learn from it.

Ronald Brownstein is the Los Angeles Times' national affairs columnist.

## LETTERS TO THE EDITOR

### Wal-Mart's project is all about cooperation

The people who don't want Wal-Mart need to leave Wal-Mart alone. They have worked well with the city. They are going to put in lots of landscaping, trees, and benches, even along Pine Line Road. There is going to be a row of trees that will look very nice.

The Planning and Zoning Commission has given the Wal-Mart permission to build with 24 hours, a tire shop, a drive-through prescription window and a drive-through garden center.

Tonight is the City Council's turn to vote for Wal-Mart. I am pleading, City Council, please vote yes for Wal-Mart.

Also, for the people who don't want Wal-Mart, if you don't like Wal-Mart, then don't shop there.

TRAE BECKER  
Twain Falls

### Smokers deserve dignified treatment from hospital

I see where St. Luke's Magic Valley Regional Medical Center, in all its wisdom, has joined the crowd and banned smoking on the hospital property. It will, no doubt, eliminate the little glass houses on hospital grounds made for smokers and give them a little dignity.

I drive shuttle at Yuma Regional Medical Center in the winter as I do here at St. Luke's in what we call summer. Yuma Regional bans smoking on the grounds. So patients and employees alike get off the grounds along the street to smoke. Patients in their beds get some pushing their stands with bot-

ties and bags jangling, go to the street to smoke. So watch again Martin and Addison. You will see what I am saying.

Non-smokers have no idea the power of the nicotine habit. I saw starving American soldiers trade their messer rations for cigarettes. They died. I don't smoke, but I did from childhood and many years after.

DWIGHT SHAW  
Twain Falls

### Rutgers coach responded to slur with class

There was a special broadcast from the Rutgers University earlier this month. This was in response to a racial slur from a broadcast of Imus in the Morning. I was so completely overwhelmed by the coach, C. Vivian Stringer. She never hurled harsh remarks back at Imus but chose to speak as a valiant American. She chose to speak about how this team became winners. What a great American she is and what an honor it must be as a team to learn great lessons in life from such a distinguished coach.

It is time for all of us to make a stand. Someone once said, "If we do not stand for something, we stand for nothing." Our nation is judged by what it hears in the news and on our television broadcasts. Too often, we hear from the negative potty mouths of perhaps well-meaning Americans who spew out their hatred for the ideals and standards of this great nation. They always speak from the negative. I don't care if you disagree with me, but don't let your language of hate discredit your

point of view. On, and to our American politicians running carnage, please read notes from C. Vivian Stringer's speech and stand up and tell me where you stand on the issues and what you will do as president, not what you would like to do, or negative views others may have. Once again, I applaud C. Vivian Stringer and all Americans who have learned to state their cause without putting others down or spewing out such hatred and disrespect. I have sent for a copy of this great speech that I might put in my journal for future generations to know what a really great American is and how to make a point without mentioning knocking the opposite side.

GLORIA CHOCKER  
Twain Falls

### Tossing out school lunches may be illegal

I am writing concerning the "dumping" of good school lunches and brown bags being substituted instead. Some good comments have been made, but I have a question concerning the legality of such an action. Schools receive commodities from the U.S. Department of Agriculture. As a former site manager of a school nutrition center, I am concerned that this could be a legal violation considering that all commodities must be inventoried and accounted for.

It would certainly be interesting to know how they plan to account for all they wasted by dumping it and who authorized the action.

DOROTHY PORTER  
Jerome

## Elk farm restrictions were based on myths, fears

In response to the latest editorial regarding Idaho's domestic elk industry, I would like to set the record straight. Referring as "failure" that the Legislature chose not to add more burdens on a legitimate, fledgling agricultural pursuit is an interesting spin.

The Legislature looks at the facts/truth related to a specific issue when making its decisions on public policy. If an issue has always been handled in the same manner. When the opposition's outright lies and misinformation fail to convince legislators, they are then used to educate the public by creating false fears and opinions. Knowledge is power, and when we do not educate the public accurately and honestly on an issue, we are making uneducated decisions are made that may negatively affect the livelihoods of fellow Idahoans.

Equally interesting is the opposition continues to refer to the eastern Idaho domestic elk escape as some sort of "natural disaster." The majority of the hype surrounding this incident was created by the same groups that are now trying to destroy this industry. This misinformation resulted in more than 43 privately owned livestock being slaughtered by Idaho Department of Fish and Game officers. These animals were all found to be free of chronic wasting disease, tuberculosis and brucellosis and contrary to what the opposition states, all animals

### READER COMMENT KRISTY STERNES

were found to be pure elk, not deer hybrids.

The issue of ethics and fair chase is questioned in regard to elk hunting ranches, so one may ask, "what is fair chase?" There is no "correct" answer. The definition of fair chase is in the eye of the beholder. If one begins to question the ethics of this type of hunting, then using blinds, scents, camouflage, etc. in the pursuit of game could also be under fire. There is no law that says you have to use the above methods in hunting, and there are no laws that state that you have to initiate the private hunting ranch either. If we begin to attack one type of hunting, then all hunting is at risk.

The Idaho Sportsman Council's Advisory Council claims to represent thousands of Idaho sportsmen against elk ranching. In January, ISCAC joined efforts with animal rights groups protesting elk ranching at the Capitol. Despite their misinformation campaign, a mere 100 attended. The anti-wolf rally had at least 300 to 400 people attend. On the subject of wolves, many of the same people who are slandering the health-certified domestic elk industry were behind the re-introduction of Canadian (non-native) wolves to Idaho, such as

David Langhorst. They want you to believe that wolves have had no significant impact on Idaho's big game either. Once again, the misinformation campaign continues.

SB-1074 would have required the licensing of livestock. If we were to license one form of livestock, we would be opening the door to license all livestock in the state.

It within our right in Idaho to raise privately owned domestic elk. A license turns ownership into a revocable privilege. Therefore, by forcing an industry already heavily regulated by both domestic elk and livestock statutes. We have proven time and time again that our domestic elk are not at threat to Idaho's wild elk.

In conclusion, SB-1074 failed because it was ultimately masterminded by the same people who initiated the livestock slaughter campaign in regard to the eastern Idaho escape. SB-1074 was very broad with too much gray area, adding unnecessary regulations to an industry already heavily regulated by both domestic elk and livestock statutes. We have proven time and time again that our domestic elk are not at threat to Idaho's wild elk.

Kristy Sternes of Emmett is an Idaho elk rancher and president of Idaho Elk Breeders Association.



# Society's soft underbelly needs a flak jacket

Our civilization is under attack from a new kind of weapon: the suicide killer.

Sometimes these killers explode bombs, sometimes they crash airplanes into buildings, sometimes they go on shooting rampages — as happened at Virginia Tech on April 16.

Technology has made each individual potentially more of a menace to society, here and around the world. Not only do people have access to explosives and rapid-firing guns, but the specter of future inventions haunts us further. What new methods of mayhem will be concocted? The forces of peace and order are not equipped to



JAMES P. PINKERTON

deal with oncoming threats. In the United States specifically, presumptions about civil liberties and the right to privacy have greatly constrained our ability to deal with possibly dangerous individuals.

On Wednesday's "Today" show, Lucinda Roy, a creative writing professor at Virginia Tech, recalled her interaction with Cho Seung-Hui, the

No civilized person wants to live in such trying times. But here we are. So we must learn new ways of protection, rededicating ourselves to the proposition that our civilization is worth defending.

mass killer, describing him as "incredibly bizarre ... one of the most disturbed students I have ever seen."

And while authorities seemed alert to the ominous implications of Cho's behavior, they also seemed to have been thwarted from taking any intervening action.

At a news conference in Blacksburg, Va., Virginia Tech Police Chief Wendell

Flinchum itemized a string of incidents reaching back two years in which two students had reported Cho as a stalker. Flinchum and other authorities cited the privacy provisions contained within the federal Health Insurance Portability and Accountability Act of 1996 as the reason they couldn't act more decisively. Did Congress and the president really intend, 11 years ago, to elevate Cho's "right to privacy" to such an absurd level?

The police chief said he was having trouble gaining access to records on the previous incidents even now. Even after Cho murdered 32 people, if not a reworking, at least a reinterpretation of the accountability law, as well as other privacy statutes, is surely needed.

Today, a tension exists between the privacy of the individual and the security of the collective. Yet, if someone in our midst has the capacity

to kill a great many people, a thorough rethinking of prevention procedures is needed.

We can learn from other countries, too.

Israel, for instance, confronted a slave of Palestinian suicide bombings that killed hundreds in 2002-03. But through stern countermeasures — including profiling, roadblocks and a wall sealing off much of the Palestinian population — the Israelis managed to stop the killing onslaught.

Meanwhile, in Iraq, Afghanistan and Sri Lanka, suicide bombers — perhaps better called "homicide bombers" — are still on the rampage. In other words, countermeasures are still ineffective.

Fortunately, the United States doesn't face the same sort of challenge at home as in the Middle East, although phrases such as "shooting spree" and "going postal" are commonly heard, for grimly good reasons.

To put it bluntly, America, with a few exceptions, is mostly one big "soft target." So if we want to protect ourselves, we need a nationwide "hardening." We must have a new architecture — legal, physical and psychic.

Take a look at each: First,

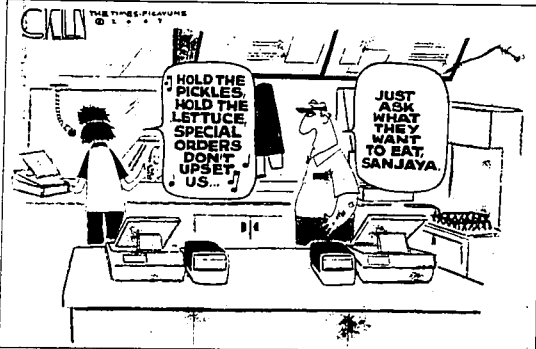
legal. Obviously, procedures for dealing with Cho-like figures need to be streamlined. If human nature in the 21st century includes more mass killers — and sicko hoaxers, who have been numerous in recent days — we have to be ready for them with stern law enforcement.

Second, physical. Are public places secure? Do we need more surveillance cameras? More police? More gates, and checkpoints? More security-like panic rooms? More protective walks around facilities? It's not pleasant to think about fortresses, but it's worse to think about more acts of terrorism.

Third, psychic. What's the best way to react to a shooter? Run? Barbecue the doer? Fight back, like the "let's roar" passengers of United Flight 93? Should more people be carrying tools for self-defense?

No civilized person wants to live in such trying times. But here we are. So we must learn new ways of protection, rededicating ourselves to the proposition that our civilization is worth defending.

James Pinkerton is a columnist for *Newsday*. His e-mail address is [jpinkert@ix.netcom.com](mailto:jpinkert@ix.netcom.com).



## WALMART®

### An Open Letter from Wal-Mart to the Magic Valley and Twin Falls community

Dear Magic Valley Residents:

Wal-Mart Stores, Inc. is proud to be nearing completion of a long-time plan to bring a new Wal-Mart Supercenter to the Twin Falls community, at a premier location at the intersection of Washington St. North and Pole Line Road.

We are excited to serve you with a store that we've designed specifically for the community of Twin Falls. We believe that customers will be pleased with the offerings, convenience and the every day low prices our customers have come to expect.

The Twin Falls Planning & Zoning Committee has already approved the plan for the site. The Twin Falls City Council will consider approval on April 23rd, at 6:00 PM, at the Council chambers at 305 Third Avenue East. We invite all interested citizens to come to the meeting to show their support for this expanded shopping opportunity in the Magic Valley.

Along the way, we've listened to community concerns and modified this proposal in many ways. The store will face south, with modest signage appropriate to its low profile. Our signage is well within the Twin Falls city sign standards. The back of the store, set along Pole Line Road, will be screened by a row of trees and an earthen berm topped by a barrier wall. A modest drive-in pharmacy window will face east, screened from Washington St. North. Lighting from the parking lot has been designed to reduce glare to protect the integrity of the "dark skies."

Access to Wal-Mart will be from Washington St. on the East, and from a new Cheney Rd. on the South, of which we have agreed to participate in the construction. This street will also provide access for the new Canyon Ridge High School, planned further to the South, and to the new St. Luke's Magic Valley Regional Medical Center, to the West. A cross street, Parkview, has been moved further away from residential areas in order to address neighborhood concerns. Our auto tire and Lube Express shop, on the Northwest side of the store, will be fully indoors and will not operate after 9:00 PM. We're also providing a traffic light at Washington and Cheney. The estimated infrastructure improvements in the area are more than \$1 million, costs which otherwise would fall mainly to the Twin Falls School District and St. Luke's.

We expect to hire 300 to 500 employees to serve our customers in the Magic Valley. Our average wage for full-time, hourly associates in Idaho is more than \$10 per hour. Both our part-time and full-time associates are eligible for health benefits. In the continental United States, every eligible associate — both full- and part-time — has access to individual coverage starting at less than \$23 per month and \$0.50 more per day for children. Family coverage starts at \$65 per month.

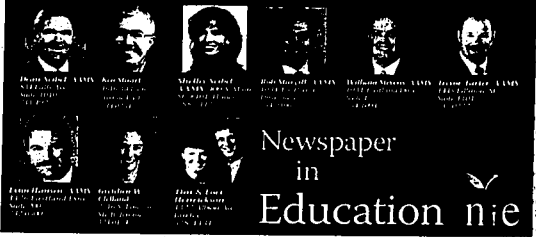
Wal-Mart strives to ensure the community that we will be a good neighbor, a good citizen of Twin Falls County and a positive benefit to the community in every regard. This has been our commitment at our 21 existing stores throughout Idaho, including those in Jerome, Burley and Mountain Home. We hope this new store will provide the best shopping experience possible for our thousands of customers from throughout the Magic Valley.

We welcome your comments, your input and your support, and we invite you to go to [www.walmartfacts.com](http://www.walmartfacts.com), and click on the "Idaho" location button for more information on our Idaho operations.

Sincerely,  
Karianne Fallow

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### Financial Lesson of the Week

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### To Build Wealth, Look at Both Sides of Balance Sheet

To achieve your financial goals, you need to be a diligent saver and investor. But you need to do more than just build your assets—you also must do a good job of managing your debts. If you let your debts get out of control, they will eventually erode your savings and investments—and when that happens, the road to financial success can get pretty bumpy.

Unfortunately, your fellow Americans are doing a poor job of saving money and staying out of debt. Here are some telling statistics:

- **Debt is rising.** By September 2006, household debt had reached 130.9 percent of disposable income, according to the Center for American Progress. In plain English, that means we owe about a third more than we have available to spend after we've paid our taxes and met our expenses.
- **Savings have fallen.** For most of 2005 and all of 2006, the personal savings rate was negative, according to the U.S. Commerce Department. Previously, we haven't had a negative savings rate since the Great Depression. In short, we've gotten into the habit of spending more than we save. These grim figures foretell a discouraging financial future for many of us. Every dollar you pay for debt is a dollar you can't use to invest. Furthermore, if you have too little in savings, you may well be forced to dip into your existing investments to pay for short-term needs, such as a car repair or an expensive new appliance. And the more you take from your investments today, the less you will have available tomorrow—when you might need the money to help pay for retirement or your children's college tuition.

So what can you do to protect your savings and investments against the demands of debt? You probably already are familiar with some steps you can take to cut costs: Extend the life of your old car, eat out less often, look for cheaper phone and cable service, etc. In short, review your entire lifestyle, and try to separate the "nice to have" items from the "must have" ones. If you can reduce your expenses, you can start whittling away at your debt.

While you're taking steps to cut your costs, you can still add to your investments. How? For starters, increase your contributions to your 401(k) or other employer-sponsored retirement plan every time you get a raise. Until you retire, you generally won't be able to access this money without taking a big tax hit, so you won't be tempted to "raid" your 401(k) to pay off debts. [You can, however, typically take loans from a 401(k) or similar account.]

You also may want to "pay yourself first." Each month, before you pay the mortgage, the utility companies and your other obligations, set aside an amount for your investments. It's easier if you set up a bank authorization to move the money directly into the investment you choose. By having the money taken out this way, you are less likely to "miss" it—and, hopefully, you'll be less likely to look at it as a source of funding for your daily life.

By cutting your debts, boosting your 401(k) contributions and paying yourself first, you can help yourself get a firmer grip on your financial situation—today and tomorrow.

Questions:  
(1) True or False—You should review your life style, get rid of some "nice to have" expenses and start whittling away at your debt. (2) True or False—Americans save more than they spend.  
Answers to last week's questions: (1) True (2) False.

NATION

# Va. Tech gunman died of gunshot wound to head

## Seung-Hui Cho caused more than 100 wounds

**The Associated Press**  
**BLACKSBURG, Va.** — Virginia Tech gunman Seung-Hui Cho fired enough shots to wound his 32 victims more than 100 times before killing himself with a bullet to his head, a medical examiner said Sunday.

Dr. William Massello, the assistant medical examiner based in Roanoke, said pathologists have sent blood samples for toxicology testing to determine if Cho was on drugs at the time of his rampage. It could take as long as two weeks to get the results of those tests, he said.

Cho was not especially accurate with his shots, Massello said, but hit many of the victims several times. His shots caused more than 100 wounds. Many of the victims had defensive wounds, indicating they tried to shield themselves from Cho's fire, but there was no evidence in the autopsies

that Cho struggled with any of the people he killed.

Cho died from a gunshot to his temple, Massello said. Even if his brain had been intact, doctors would not have been able to tell whether he had any sort of brain abnormality. Those are usually neurological or chemical disorders that are not detectable during an autopsy, he said.

Massello said autopsy reports are being typed, and he was unsure when they would formally be completed and released.

Authorities had to return to the victims' dorm rooms and homes to collect fingerprint information so they could make identifications, according to an official close to the investigation who spoke on condition of anonymity because the investigation is

ongoing. Several of the victims had gunshot wounds to the head, the official said.

Many of the victims' bodies left the medical examiner's office on Thursday, the official said, adding that several major airlines offered to transport the bodies back to their families for free.

The official was not sure if Cho's body was among those that had been released.

## University's students return to campus after massacre, prepare for classes to resume

**By Paula Pope**  
**Associated Press writer**

**BLACKSBURG, Va.** — How much can change so quickly. Paul Deyerle stood outside Virginia Tech's West Ambler Johnston Hall on Sunday. A week ago the dormitory was still the home of his friend, resident adviser Ryan Clark. Then it became the site of the worst shooting rampage in modern U.S. history, and Clark was one of the first victims.

After six days of shock and grief, Deyerle and his fellow students took the first tentative steps to restart the life of the university. Classes resume today, and many students who left after the massacre returned to campus to try to finish out the semester, draw comfort from their fellow students.

"I want to go back. It's just really strange to just stop going," he said, struggling for words. "It seems like every other facet of my life is different now, so I have to."

The scene on campus Sunday resembled move-in day in late summer. Parents helped their children carry suitcases into dormitories. There were tears and hugs. But there was little joy or excitement, just determination to make it through the year.

University officials say their top priority is the victims' families, and they have given each of them a private e-mail address and direct phone number for Virginia Tech President Charles Steger.

Administrators have canceled big events such as the spring football game and postponed the launch of a fundraising campaign. The goal is to begin restarting academic life but without pushing the university's 26,000 students too hard.

"I don't know what else you could do," said John Rossi, chairman of the math department. "A student, I don't know how much they're going to be able to learn at this point. Maybe some can. But I think some students are just not going to be able to come, so why would you penalize them? There's going to be some faculty dealing with that, too."

On Sunday, many students stopped by the main campus lawn to visit memorials to the victims, sign posters of remembrance, and reconnect with friends. The lawn has been the main gathering spot for impromptu memorials since the shootings.

As Tommy McDearis told his congregation at Blacksburg Baptist Church on Sunday, "If God ever took a day off, it was last Monday." McDearis had been called on to notify 20 families they had lost loved ones.

But he recounted telling a devastated professor that he had to come back to work for the sake of the victims.

"There is no way that any of them would ever look at us and want us to give up," McDearis said. "We owe them more than to just throw in the towel."

University officials say their top priority is the victims' families, and they have given each of them a private e-mail address and direct phone number for Virginia Tech President Charles Steger.

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A memorial visits the makeshift memorial to the slain students and faculty on the campus of Virginia Tech in Blacksburg, Va., Sunday. Student Seung-Hui Cho shot and killed 32 people before committing suicide on April 18.

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## Steve Jones collects his second win at MVS

By Linda Brittan  
Times-News correspondent

TWIN FALLS — Steve Jones did it again, bringing the gold No. 3 Pepsi Premier Series car to victory lane for the second time in two weeks at Magic Valley Speedway.

The back-to-back wins mirror Jones' 2006 season, when he also won the first two events of the year.

"It's always a good thing when I win races," Jones said. "The competition is coming really fast, though, and it's getting tougher and tougher to pass anybody. The 99 car (TJ Woodhall) and the 70 car (Mike Greco) — they're coming fast. TJ went to the back twice and still got second. So, I'm scared if he doesn't get spun out."

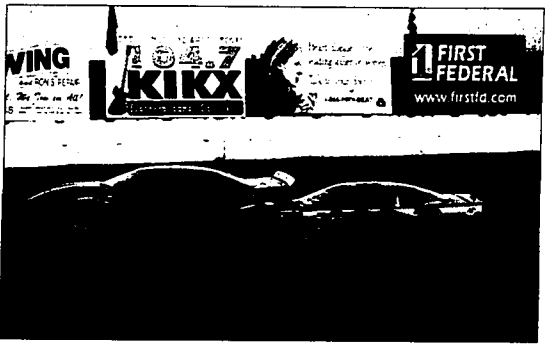
Rick Van Vooren took the early lead of the feature series main event race from the pole position and held on for seven laps until Stevie Fisher was able to make the outside pass on the No. 6 car. Fisher quickly began to pull away from the rest of the field while Van Vooren stubbornly held on to second, keeping a herd of cars behind him. At lap 20, David Patrick was the one who finally made it around Van Vooren, but then found himself having to contend with Jones, who came along with him for the ride.

As Patrick and Jones fought for second — with Jones the eventual winner of the battle — Fisher saw his 15-car length advantage erased when the first caution of the main event came out as Mike Buddenhagen and TJ Woodhall collided in turn four.

Buddenhagen and Woodhall were sent to the back of the field while Jones and Fisher lined up side-by-side in front for the restart. Jones was able to pull away from Fisher, and by lap 34 Jones had developed his own 15-car-length lead over Fisher and the rest of the field. But what goes around comes around, and several more cautions placed the Fisher and Jones cars next to each other for restarts, with Jones taking the high line each time.

Jones was eventually able to retake his big lead over the field, while Fisher got loose and ended up with a seventh-place finish for the night. TJ Woodhall finished in the runner-up position for the second time in as many weeks and knows what he has to do to land himself in the winner's circle.

"Beat Steve, that's what it's going to take," Woodhall said. "I just need to get to the front sooner."



Steve Jones (3) and TJ Woodhall placed one-two for the second week in a row Saturday at Magic Valley Speedway.

Please see JONES, Page B2

### NBA PLAYOFFS

# Suns outlast Lakers

By Bob Baum  
Associated Press writer

PHOENIX — The "Brazilian Blue" breathed life into the Phoenix offense, and Kobe Bryant went from awesome to awful.

The result was a second-half rally that gave the Suns a 95-87 victory over the Los Angeles Lakers in their first-round playoff opener on Sunday.

Leandro Barbosa scored 19 of his 26 points in the second half, including 15 consecutive Phoenix points in one stretch, to match his career playoff scoring high. Amare Stoudemire, back in the postseason after missing last year's while recovering from two knee surgeries, added 23 points and 12 rebounds.

Bryant scored 39, but only 11 in the second half. The NBA's scoring champ was 1-for-10 shooting in the fourth quarter, when Phoenix pulled away.

Steve Nash had 20 points and 10 assists and Shawn Marion 16 points and 16 rebounds for a Phoenix team struggled mightily until Barbosa provide the spark, highlighted by a 31-footer at the third-quarter buzzer that cut the Lakers' lead to 77-74 entering the fourth.

Lamar Odom had 17 points and 16 rebounds for Los Angeles.

Game 2 is Tuesday night in Phoenix in the rematch of last year's first round series. The Suns won the opener then, too, but lost the next three, then regrouped to win the last three and advance.

Barbosa's personal scoring surge erased a 77-71 deficit. His driving layup on an ultra-fast break put Phoenix ahead 79-77 with 10:29. It was the Suns' first lead since it was 13-11 midway through the first quarter.

The Phoenix run reached 16-4 after Boris Diaw made one of two free throws to give the Suns an 87-81 lead 6:27 from the finish. With Bryant missing, Phoenix stretched it to 91-83 on Stoudemire's dunk after a pass from Barbosa, who had tumbled to the floor, with 3:32 left.

Bryant's lone field goal in the fourth quarter was a layup.

A 14-2 run brought the Suns temporarily back from a 12-point second-quarter deficit. Phoenix tied it at 37 on Nash's 3-pointer with 3:09 left in the half.

Then Bryant took over, outscoring the Suns 11-2 the rest of the half, the last three on 3-pointers. His final 3 came from 27 feet with two defenders in his face and one second on the clock.

In all, Bryant scored the Lakers' final 15 of the half and Los Angeles led 46-33 at the break.



Phoenix Suns' Amare Stoudemire (1) puts an elbow in the face of Los Angeles Lakers' Tony Tarz (21) during the first quarter of an NBA playoff basketball game Sunday in Phoenix.



Washington Wizards' Antonio Daniels (6) looks toward an official as he runs into Cleveland Cavaliers' Anderson Varejao, from Brazil, in the third quarter of a first-round NBA playoff basketball game Sunday in Cleveland.

## Cavaliers, with injured James, overcome Wizards

By Tom Whites  
Associated Press writer

CLEVELAND — Flat on his back, LeBron James grimaced as he looked toward the arena rafters, where giant banners spelled out his team's playoff motto: "RISE UP!"

And he did. Ignoring a sprained left ankle, James stayed in the game to score 23 points and Larry Hughes added 27 Sunday, lifting the Cleveland Cavaliers over the depleted Washington Wizards 97-82 in the opener of this Eastern Conference series.

James turned his ankle on a drive in the third quarter but refused to come out, adding nine rebounds and seven assists in 44 minutes.

"I had no intention of not coming back," he said. "First game of the playoffs, we've got to set a tone. If I was able to limp on it, I was going to be in there."

The Cavaliers were expected to blow through their second straight first-round matchup with the undermanned Wizards, missing All-Stars Gilbert Arenas (knee surgery) and Caron Butler (broken hand).

However, Game 1 was no walk in the park for the Cavs on a beautiful, sunny spring day in Cleveland.

Antawn Jamison scored 28 points with 14 rebounds and Jarvis Hayes had 18 points for Washington, which was still within 10 points with more than seven minutes remaining.

That's when the Cavaliers, much more playoff savvy than they were a year ago, moved their attack inside and pounded the ball to 7-foot-center Zydrunas Ilgauskas. He scored seven straight points to help Cleveland push its lead to 89-74 with five minutes left.

Ilgauskas, bothered by a sore ankle when the Cavs beat the Wizards in a six-game series a year ago, scored 11 of his 16 points in the fourth period.

When the big fella is feeling good and he wants it, you have to give it to him," James said.

Cleveland also clamped down on the Wizards in the fourth, holding them to 5-of-20 shooting and making Jamison go 1-of-7 for his only three points in the last 16 minutes.

James appeared as if his second postseason as a pro might be in jeopardy when he crumpled to the floor with 8:03 left in the third.

On a drive, James rose for a floater from about 10 feet. As the ball dropped in, James came down on Evan Thomas' right foot, twisting his ankle and falling in obvious pain.

The injury looked severe and the fired-up Cleveland crowd moaned when James began slapping his hand on the floor. But after about a minute, James popped up and walked to the bench with hardly a limp.



Los Angeles Lakers' Lamar Odom, left, and Phoenix Suns' Amare Stoudemire battle for a rebound during the second quarter of a first round of Western Conference NBA basketball playoff game Sunday at U.S. Airways Center in Phoenix. The Suns won 95-87.

SPORTS

Tigers rally over White Sox

DETROIT — Marcus Thames hit a tying homer with two outs in the ninth inning... Detroit Tigers rallied to beat the Chicago White Sox 6-5 on Sunday.



Detroit Tigers' Brandon Inge slides in head first for a lead-off double in the 10th inning of their baseball game against the Chicago White Sox Sunday in Detroit. Inge was left at second. The Tigers beat the White Sox 6-5.

Thames hit a two-run shot off David Aardsma to tie the score at 5 and help the Tigers avoid a three-game sweep against their AL Central rivals.

Willfredo Ledezma entered in the ninth and pitched three scoreless innings before Scotty Griffith (1-1) worked a perfect 12th. Detroit ended a season-worst three-game skid.

Ivan Rodriguez drew a lead-off walk, his first of the year. In the 12th against loser Nick Masset (1-1).

The Tigers lost their previous three extra-inning games at home this year and hadn't won one in Detroit since June 24 against St. Louis.

Rangers 3, Athletics 3

ARLINGTON, Texas — Hank Blalock hit a two-run single and Texas scored three times in the eighth to beat Oakland.

Eric Gagne got one out in the ninth for the Rangers before leaving with a strained right hip. He landed awkwardly after throwing a pitch to Mark Ellis.

Akinori Otsuka came on for his second save. Blalock's third hit of the game came on an 0-2 pitch from Oakland closer Huston Street with the bases loaded.

Shannon Stewart hit a two-run homer in the fifth to give Oakland a 3-1 lead.

Angels 6, Mariners 1

ANAHEIM, Calif. — Ervin Santana allowed one run over seven innings and Los Angeles completed a three-game sweep by handing Seattle its sixth straight loss.

Santana (2-2) scattered six hits, struck out five and walked one. The only run against him came in the fifth when Adrian Beltre led off with a tape-measure homer into the rock formation in left-center.

Jeff Weaver (0-3), facing the Angels for the first time since they traded him to St. Louis last July, allowed three runs and seven hits over three innings — and actually lowered his ERA from 15.75 to 13.91.

Royals 3, Twins 1

KANSAS CITY, Mo. — Jorge De La Rosa pitched a career-high eight innings and retired 16 in a row during one stretch to lead Kansas City over Minnesota for its first series victory of the year.

Mike Sweeney had three hits and an RBI for the Royals.

Ross Gioia hit a two-run homer

De La Rosa (2-1) allowed five hits, struck out four and walked one. Joakim Sorria earned his second save.

Indians 6, Devil Rays 4

ST. PETERSBURG, Fla. — Ryan Garko hit a go-ahead, three-run homer in the ninth inning and Cleveland rallied past Tampa Bay to overcome an outstanding pitching performance by James Shields.

Shields matched a Devil Rays record with 12 strikeouts and B.J. Upton hit a tiebreaking single in the eighth to help Tampa Bay take a 4-2 lead. But in the ninth, Victor Martinez made it a one-run game with a one-out RBI single off Brian Stokes (1-3).

Garko sent a 2-2 pitch into the left-field stands to put the Indians up 6-4. Stokes got the chance for his first career save because closer Al Reyes, who is 6-for-6 in save opportunities, had pitched in the previous two games.

Tom Mastny (1-0) got his first major league win and Joe Borowski earned his seventh save. Johnny Peralta hit a two-run homer for the Indians.

Borowski earned his seventh save

De La Rosa (2-1) allowed five hits, struck out four and walked one. Joakim Sorria earned his second save.

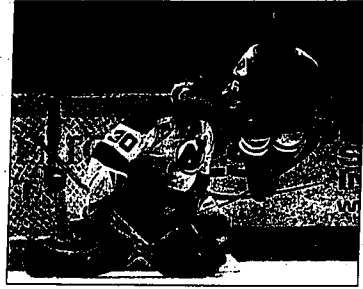
Orioles 7, Blue Jays 3

BALTIMORE — Nick Markakis and Miguel Tejada each had three RBIs, and Baltimore beat Toronto to complete its first three-game home sweep of the Blue Jays in 13 years.

Siege Trachsel (1-1) allowed one run in 5 1/3 innings to earn his first victory with the Orioles, who have won four straight and eight of nine. It's Baltimore's second four-game winning streak of the season; the Orioles won four in a row only once last year.

Jay Payton contributed three hits and scored twice in his first start with Baltimore. He topped the first 2 1/2 weeks of the season on the disabled list with a strained left hamstring. Aaron Hill homered for the Blue Jays, who have lost five straight. Toronto was outscored 17-9 in its first three-game sweep at Baltimore since May 9-11, 1994.

— The Associated Press



New Jersey Devils goaltender Martin Brodeur, left, makes a save despite Tampa Bay Lightning's Martin St. Louis' attempt to block his vision during an NHL Eastern Conference quarterfinal hockey game Sunday in Tampa, Fla.

Brodeur, Devils take lead over Lightning

By Fred Goodall Associated Press writer

TAMPA, Fla. — The New Jersey Devils insisted all along that Martin Brodeur wouldn't let them down.

Brodeur stopped 32 shots and Brian Gionta scored two goals Sunday to lead the Atlantic Division champions into the second round of the NHL playoffs with a 3-2 victory over the Tampa Bay Lightning.

Brian Rafalski also scored and Patrick Elias assisted on all three of New Jersey's goals to ensure the best-of-seven series would end in six games. The Devils advanced to play the Ottawa Senators.

Brad Richards scored two power-play goals for Tampa Bay, which was shutout by Brodeur in Game 5 after scoring three goals against the three-time Stanley Cup champion in each of the first four games.

Brodeur's performance in the first three games raised questions about his vulnerability. He rebounded from squandering a two-goal lead in the second period of Game 4, which New Jersey won in overtime, then stopped 31 shots for his 22nd career playoff shutout Friday night.

Brodeur's 93rd postseason win moved him ahead of Grant Fuhr and into second place on the career playoff list behind Patrick Roy's 151.

Despite being shutout in Game 5, the Lightning outshot the Devils 31-14 and carried the same mind-set into

Sunday. They dominated early again, making Brodeur work to keep New Jersey from falling behind.

Gionta's power-play goal snapped a scoreless tie with 5:31 remaining in the opening period and Rafalski's second goal of the playoffs made it 2-0. Gionta's shot from the left circle gave the Devils a 3-1 lead. Late in the first period, Brodeur broke through against Brodeur for the first time since the second period of Game 4.

Gionta, who had five goals in the series, was aided when Lightning defenseman Filip Kubsa got tangled up with Elias in front of the net and wound up knocking over goalie Johan Holmqvist, who was sprawled on the ice when the shot whizzed past.

Richards, who teamed with Vincent Lecavalier and Martin St. Louis to score 11 of Tampa Bay's 14 goals in the series, trimmed the Lightning's deficit to 3-2 with his second power-play goal with just over nine minutes remaining in the second period.

Tampa Bay outshot the Devils 10-7 in the third, but was unable to capitalize on its only power-play opportunity of the period to finish 2-for-6 with a man advantage. New Jersey scored its first two power-play opportunities and finished 2-for-4.

Holmqvist made 23 saves, including stops on point-blank shots by Elias, Zach Parise and Jay Pandolfo, but kept the outcome in doubt until the final horn.

Jones

Continued from page B1 "We're still making some changes to the car, but I'm pretty happy with it so far," Woodhall said. "I just need to finish one spot ahead of where I finished tonight."

Rookie Rick Fowble had a great run finishing third, and Mike Greco continues to hang in there with a fourth-place finish Saturday night. David Patrick had one of his best ever in his sights until a collision with Rick Van Vooren in the backstretch meant a trip to the pits for repairs. He just barely made it out on the track for the green-flag restart at lap 35.

In other news, the Rocky Mountain Challenge Series race included eight cautions in the 75-lap main before Bryan Ward took the checkered flag on the opening lap of the season. Ward battled James Eaton for the lead at lap 35, and by lap 37 Ward held the cards for the remainder of the race. Bruce Jones, who qualified with a fast time of 14.623, made his way through the pack into third place with less than 15 laps remaining in the race. And a caution at lap 67 gave Quale a chance to improve his position, as the leaders had gained a lot of ground over the rest of the field.

However, Ward got a great jump on the restart, and the five laps remaining in the race were not enough for Quale to work on the two cars in front of him. "I was hoping for more laps for a change," Quale said. "Usually I'm hoping for the race to be over, but tonight I was sure hoping I could go a few more. We might have got

past Jimmy (Eaton), but Bryan was pretty fast."

The Magic Valley Pipe Thumper Stocks were out in force for their debut race of the season, putting 21 cars on the track for the main event.

Jason Todd took the early lead in the race and looked to have a strong car when Alan Jackson hit the turn-four wall at lap seven, bringing out the caution flag and delaying the race while the safety crew gathered up the tires that were once in front of the wall but were now strewn across the track after Jackson smacked into them.

At the restart Todd had Jim Howard on a tight line in hot pursuit behind him, and at lap 14 Howard strong-armed his way around Todd in the backstretch, sending him to the infield.

However, Todd quickly got back on track and managed a fourth-place finish in the race. The fight for first became a Jim-and-Jim show in the final laps, with Howard edging out Shidler at the finish line as he captured the first main-event win of the season.

The Quale's Electronics Hornets broke in the new one-lap, six-lap race, and put on a great show for the fans. Altham Gross was the main event winner.

Final Results: 1. Ryan Jones, 2. Jim Howard, 3. Mike Greco, 4. Alan Jackson, 5. Rick Fowble, 6. Alan Eaton, 7. David Patrick, 8. Alan Eaton, 9. Dan Parsons, 10. Dan Parsons, 11. Dan Parsons, 12. Dan Parsons, 13. Dan Parsons, 14. Dan Parsons, 15. Dan Parsons, 16. Dan Parsons, 17. Dan Parsons, 18. Dan Parsons, 19. Dan Parsons, 20. Dan Parsons, 21. Dan Parsons.

Bonds knocks out No. 740 in win Sunday

SAN FRANCISCO — Barry Bonds is beginning to close in on Hank Aaron — fast.

Bonds hit his 740th home run Sunday, overtaking for the second consecutive game and helping Matt Cain earn his first win of the season in the San Francisco Giants' 2-1 victory over the Arizona Diamondbacks.

Cain (1-1) pitched a three-hitter for his third career complete game and first since a one-hitter last May 21 at Oakland. He struck out four and walked four.

Bonds moved within 15 homers of Aaron's record. With two outs in the fourth inning, he sent the first pitch from Nesterio Pettit (0-1) into the seats in the right-field arcade for his sixth homer of the season. The 42-year-old Bonds walked out to left field in the doubles to join a crowd of fans ovating, tipping his cap as he made his way to his spot. Fans bowed over the left-field fence.

Marlins 12, Nationals 6

MIAMI — Dan Uggla homered twice and drove in six runs, and Miguel Cabrera hit a drive into the upper deck for Florida.

Wes Obermueller earned his first major league victory in almost two years and Josh Willingham also homered for the Marlins. Uggla had two hits. Obermueller (1-0) allowed two runs and four hits in six-plus innings. He walked four and struck out five. Kevin Gregg pitched three innings to earn his first save.

Obermueller had not pitched in the majors since Sept. 17, 2005, with Milwaukee and his previous win came on May 17, 2005, at Washington.

Phillies 9, Reds 3

CINCINNATI — Phillies slugger Ryan Howard drove red in his first game back from an injury to help Freddy Garcia earn his first National League victory.

Howard missed the last three games with a sprained



San Francisco Giants' Barry Bonds, center, fans past third base coach Joe Lefebvre, left, after Bonds' 740th career home run off Arizona Diamondbacks pitcher Nesterio Pettit in the fourth inning of a baseball game in San Francisco, Sunday.

ligament just below his left knee. The NL MVP hit his second homer of the season, a two-run shot in the ninth, and knocked in three runs.

Garcia (1-1), who was acquired from the White Sox for two players in December, went five innings in his second start since opening the season on the disabled list with tendinitis. He didn't walk butter and allowed four hits and two runs with three strikeouts.

Braves 9, Mets 6

NEW YORK — Kelly Johnson started the day with a home run against Tom Glavine and finished off the Mets with another homer off Aaron Hillman (1-2).

Johnson homered on the first pitch of the game, then hit a tiebreaking, three-run drive in the eighth inning for Atlanta. A sellout crowd of 55,671 came out on a sunny spring afternoon to watch Glavine face John Smoltz, his golfing buddy and former teammate. Jose Reyes' three-run triple in the sixth put the Mets ahead, but Edgar Renteria erased a 3-3 deficit in the seventh with a three-run homer off Scott Schoeneweis.

It was the first career multi-homer game for Johnson, who struck out four times Saturday against Oliver Perez.

Brewers 4, Astros 3

MILWAUKEE — Dave Bush pitched into the ninth inning in another strong performance against Houston.

Bush (2-1) allowed three runs and five hits in eight-plus innings to improve to 3-0 in his career against the Astros. He struck out seven and walked one.

Bush came out for the ninth inning with one out, and Adam Everett walked with the bases loaded to get the Astros within one.

Cordero then retired two straight pinch hitters, striking out Orlando Palmeiro and getting Cabel Beggio to foul out to pick up his seventh save in seven chances this season.

Cardinals 12, Cubs 9, 10 innings

CHICAGO — Albert Pujols hit a three-run homer in the 10th inning. Scott Rolen had a career-best five hits and St. Louis beat the Cubs after blowing a two-run lead in the ninth.

Preston Wilson singled to start the 10th against Ryan

Dempster (0-1). One out later, David Eckstein singled off Aramis Ramirez's glove at third. Pujols then drove a long homer to center field, his fifth of the season.

The Cubs tied it in the ninth on Mark DeRosa's two-out, two-run bloop single off closer Jason Irahinghausen (1-0). It was Irahinghausen's first blown save in five chances.

Ramirez's three-run homer off St. Louis starter Adam Wainwright tied the score at 7 in the sixth.

Rockies 4, Padres 2

DENVER — Jason Hirsch outpitched Greg Maddux for the second time this season to lead the Rockies to the win.

Hirsch (2-1) went seven innings, giving up two runs and four hits and striking out three.

He also beat Maddux and the Padres on April 6 in San Diego's home opener. In that game, Hirsch went 6 2/3 innings and had a career-high eight strikeouts.

Maddux (1-2) left after pitching seven innings. Maddux, who has 334 career victories, allowed four runs, scattered seven hits and struck out four.

Khalil Greene hit his fourth home run for the Padres.

Pirates 7, Dodgers 5

LOS ANGELES — Adam LaRoche homered and Pittsburgh snapped a four-game losing streak.

Chris Duffy had three hits, stole two bases and scored two runs, and Tom Gorzelanny allowed three runs in six innings for the Pirates. Pittsburgh avoided a three-game sweep a day after falling to capitalize on three wild pitches and a throwing error by the Dodgers in a 7-3, 10-inning loss Saturday.

— The Associated Press







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WORLD/NATION

# Sarkozy, Royal in a French presidential runoff

By Molly Moore and John Ward Anderson  
The Washington Post

PARIS — French voters Sunday chose ruling party candidate Nicolas Sarkozy and Socialist Segolene Royal to compete in the French presidential runoff in two weeks, with a massive voter turnout backing a generational shift of the country's leadership.

Sarkozy, the tough-talking former interior minister and candidate of the Union for a Popular Movement, won 30 percent of the vote, and Royal, who has cast herself as a maternal protector vying to be France's first female president, received 24 percent, according

to preliminary official returns. Eighty-four percent of the 44.5 million eligible voters cast ballots — an apparent record in a first-round presidential ballot in France — reflecting the urgency of an election that centered on the country's fear of economic decline at home and diminishing influence abroad. The huge turnout also underscored voter enthusiasm for the more modern, personality-driven, American-style campaigns to replace outgoing two-term President Jacques Chirac.

The election results indicate that French voters want a clear choice in the decisive May 6 runoff, which will be a classic right-left showdown pitting the hard-line, pro-business, pro-

American Sarkozy, 52, against Royal, 53, who advocates greater spending for social welfare programs and supports more multipolar global relations. Royal, a mother of four, is the first woman to advance to the second round in a French presidential race.

"I want to tell all the French who are scared, who are scared of the future, who feel fragile, vulnerable, who find life harder and harder, I want to tell them that I want to protect them," Sarkozy said in a victory speech to supporters at a concert hall near the Champs Elysees.

The comments clearly were aimed at those voters who tell pollsters they find Sarkozy too tough and divisive.



LEFT: French Socialist presidential candidate Segolene Royal leaves a polling booth in Melle, western France, Sunday. ABOVE: French conservative candidate Nicolas Sarkozy and his wife Cecilia smile after voting in Neully sur Seine, outside Paris, Sunday.

## 70 years later, a town bombed in Spanish Civil War holds secrets and symbolism

By Paul Hovan  
Associated Press writer

GUERNICA, Spain — Itzhar Arzanegi can still hear the roar of the German warplane overhead, and see the old woman shaking her fists at the foreigners destroying her town. She remembers the look of horror on the woman's face as the plane swooped low, opened fire and cut her down.

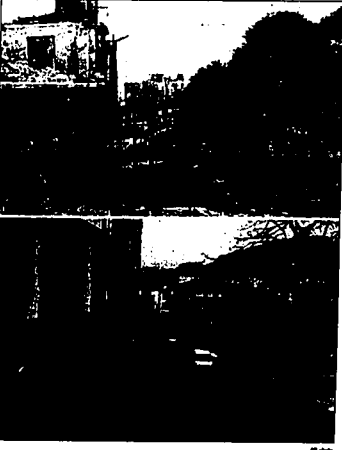
It has been nearly 70 years since German and Italian fighter planes backing the fascist forces of Gen. Francisco Franco in the Spanish Civil War leveled this historic Basque town on April 26, 1937.

Myths and misinformation have shrouded the bombing from the outset, starting with the death toll, which historians have gradually revised downward for decades. But Guernica has come to be seen as a forerunner of the aerial blitzes of World War II, immortalized in Pablo Picasso's "Guernica," one of the most iconic paintings of the 20th century.

But while the images of destruction are etched indelibly in the world's consciousness — and in the minds of a dwindling number of survivors — the 70th anniversary is causing barely a ripple in Spain itself. Little is planned to mark the event on a national level, and no major Spanish politicians are expected to attend a Mass, concert and wreath-laying ceremony for the dead in Guernica's town cemetery.

It is symptomatic of a country that has never come to grips with its Civil War past, Spain has become a cultural and economic powerhouse in recent years, but critics say its success has been built — quite literally — over the ruins of its greatest disaster.

"In Spain, we have changed on the outside — we've built new highways, shopping centers and successful multinational companies — but to change people's mentality on the inside has proven much more difficult," said Familla Silva, president of an organization that leads efforts to cleanse the bodies of civilians killed by Franco's forces in the 1936-9 war. Half a million people are believed to have died



This composite photo shows the destroyed center of the Basque town of Guernica, top, shortly after German and Italian fighter planes backing the fascist forces of Gen. Francisco Franco in the Spanish Civil War leveled the historic Basque town with splintered and incendiary bombs. Below is a view of how the same location looks nearly 70 years later.

live through in our lives, and some of the details we forget, but that bombardment I cannot forget, not even for a single day," said Arzanegi. "As long as I live, the sight of that plane dropping down and machine-gunning that woman will be with me. It was so cruel, so unimaginable."

Only about 200 survivors are known to be alive today, according to Remembering Guernica, a non-governmental peace group based in the town. But the stories they tell of that day in their childhood are captivating and terrifying in their detail.

Luis Iriondo, 84, says he was separated from his family and hid in a bomb shelter in the center of town.

"There was no light, no ventilation, and there were so many people pressed together that it was impossible to breathe. I was frightened that a bomb would hit us and I would be buried alive," he said. In the end, he decided to take his chances on the streets: "Better to be machine-gunned than buried alive."

Pedro Ballano, 65, at the train station with a friend when he

heard the sirens cry and saw the first plane fly overhead. The pair fled to the hills above town and watched the bombing from there. When it was over, he came down to find his family.

"After the bombing we came down from the hills, and at the entrance to Guernica we found eight or 10 boys who were dead or dying. One was missing his leg; the other had no arm," said Ballano. "Some of them I knew. They were young people, maybe 15 or 16 years old."

Why was a small, nonmilitary town picked for destruction?

The most popular theory is that it was sacred to the Basques, who had rejected Franco's overtures to join him and whose independent streak was detested by the Spanish general.

Here Spanish kings would travel to stand under an oak tree and vow to respect an ancient code giving the Basques special rights.

The tree was not targeted and stood in one of the few places in town that survived the bombing. It finally succumbed to disease in 2005, replaced by a sapling from the original tree's acorn that stands today.

Today Guernica is a town of 15,000 nestled in a lush valley at the southern tip of an estuary that opens into the Bay of Biscay.

France denied any German or Italian planes were in Spain at the time of the attack, and claimed the Basques had destroyed the town themselves.

When his troops took the town a few days after the bombing, they immediately set out to conceal all traces of the air attack, removing bullets and the castings of the incendiary and fragmentation bombs.

"There are many things we live through in our lives, and some of the details we forget, but that bombardment I cannot forget, not even for a single day."

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## Interfaith love said to be behind bloodbath

By Karla Brullman  
The Washington Post

BAGHDAD, Iraq — The bad blood began to rise a few months ago in northern Iraq with the kind of interfaith love so reviled by Iraq's religious extremists: A Muslim woman eloped with a member of a tiny religious sect called Yazidi.

It erupted in a massacre Sunday, police said, when Sunni gunmen in Mosul hijacked a busload of mostly Yazidi workers from a nearby town and shot and killed 23 of them, one by one.

The mass murder was the latest attack on religious minorities in Iraq, where human rights groups say Christians, Jews and members of other smaller sects are often killed, persecuted or forced to convert by Muslim extremists.

Last month in Kirkuk, two elderly Chaldean Catholic nuns were killed by armed men who stormed into their house as they slept.

But police said Sunday that the Mosul killings appeared to

be rooted not just in religious differences, but also in revenge.

Four months ago, the Muslim woman eloped with the Yazidi man, who was from Shikhan, a Yazidi-minority village outside Mosul, said Mohammed Abdul Aziz al-Jabouri, the city's deputy police chief in Mosul. Muslims responded by torching some Yazidi homes in Shikhan, he said.

A few days ago, a Yazidi woman from Besliqa, another nearby village populated mostly by Yazidis, eloped with a Muslim man and converted to Islam. To punish her, al-Jabouri said, the woman's family stoned her to death.

On Sunday afternoon, workers from a Mosul textile factory were heading home to Besliqa when gunmen stopped their bus, police said. After checking passengers' identifications, the gunmen drove to an isolated Mosul suburb, then lined up 23 of them and shot them to death, said Abdul Karim Khalaf al-Kinani, a spokesman for the Interior Ministry.

## Al-Maliki orders halt to construction of barrier around Sunni neighborhood

By Qasim Abdul-Zahra  
Associated Press writer

CAIRO, Egypt — Iraq's prime minister said Sunday that he has ordered a halt to the U.S. military construction of a barrier separating a Sunni enclave from surrounding Shiite areas in Baghdad after fierce criticism over the project at home.

The challenge to the U.S. initiative came as Prime Minister Nouri al-Maliki began a regional tour to shore up support from mostly Sunni Arab nations for his Shiite-dominated government as sectarian violence persists despite a nearly 10-week-old security crackdown.

The U.S. military announced last week that it was building a three-mile-long and 12-foot-tall concrete wall in Azamiyah, a Sunni stronghold in northern Baghdad whose residents have often been the victims of retaliatory mortar attacks by Shiite militants following bombings usually blamed on Sunni insurgents.

U.S. and Iraqi officials

defended plans for the barrier as an effort to protect the neighborhood, but residents and Sunni leaders complained it was a form of discrimination that would isolate the community. A large protest was scheduled for Monday in the area.

In his first public comments on the issue, al-Maliki said Sunday that he had ordered the construction to stop.

"I oppose the building of the wall and its construction will stop," al-Maliki said during a joint news conference with the secretary-general of the Arab League. "There are other methods to protect neighborhoods, but I should point out that the goal was not to separate, but to protect."

He did not elaborate but added "this wall reminds us of other walls that we reject, so I've ordered it to stop and to find other means of protection for the neighborhoods." He wasn't more specific but apparently was referring to the Berlin Wall during the Cold War and Israel's construction of a barrier in the West Bank to keep out suicide bombers.

## Study shows dieting fails in the long run; lifestyle changes needed

By Alicia Chang  
Associated Press writer

LOS ANGELES — Roberta Perry has tried it all to lose the pounds — organized diet programs, prescription pills, psychotherapy, even hypnosis.

Those efforts worked for a while for the Pennsylvania woman, but the weight inevitably crept back up. After years of yo-yo dieting, Perry realized it was time to take more than gimmicks to slim down.

"As much as I would like to have a magic bullet, I knew the only way to lose weight was eat less and exercise more," said the 39-year-old public

relations consultant.

Her experience is a common one. Researchers at the University of California, Los Angeles, examining 31 weight-loss studies found long-term dieting doesn't keep the pounds off. While people can lose weight initially, many relapse and regain the weight they shed.

The findings confirm what many scientists have been saying all along: Losing weight is easy. Keeping it off is another story.

"If dieting worked, there would be a bunch of skinny people walking around," said obesity researcher Dr. David

Katz, head of Yale University's Prevention Research Center, who did not participate in the latest study.

Since the 1970s, the ranks of overweight and obese Americans have risen with two-thirds of adults in that category. Obesity raises the risk of heart disease, diabetes and some cancers. Being overweight increases blood pressure and cholesterol levels, which can lead to heart disease.

Many factors can conspire against successful weight reduction, health experts say. Diets can be boring and there's always a temptation to return

to old habits. Serial dieters may also become discouraged and give up when their weight plateaus. People who lose too much too soon don't learn to make the overall lifestyle changes — eating healthier foods and exercising regularly — that are necessary to keep their weight stable.

"It's just plain difficult to modify your diet and turn away from the pleasures of eating," said Michael Goran, an obesity researcher at the University of Southern California. "We're driven to eat."

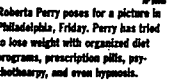
The UCLA researchers analyzed 31 diet studies that followed people two to five years

after they went on diets. Between one-third and two-thirds gained back the weight they lost. A small number were able to successfully maintain their weight loss.

The UCLA study did not compare individual fat diets or organized weight-loss programs.

"We're not saying don't make some kind of effort," said Tracy Mann, the UCLA psychologist who led the study. "It means that people should be quite clear that a diet is a temporary fix."

The study appeared in the April issue of *American Psychologist*.



Roberta Perry poses for a picture in Philadelphia. Friday, Perry has tried to lose weight with organized diet programs, prescription pills, psychotherapy, and even hypnosis.





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## Trying to hold the pollen down

By Annie Groer  
The Washington Post

Pollen season — leaving its telltale yellow film on windoville, tabletops and cars — is upon us with a sneezing, itchy-eyed vengeance. There is no way to avoid the stuff completely moving to Antarctica might help — but there are ways to fight back inside our homes.

The closest thing to universal advice from experts is to keep doors and windows shut, especially during the peak pollen hours of 5 to 10 a.m., says Thomas Casale, president of the American Academy of Allergy, Asthma & Immunology, based in Milwaukee.

Beyond that, here are some options for clearing the air.

### Air filtration

• Filters that fit over window screens are another low-tech approach to keeping out the allergens. These reusable filters — some are made of wire mesh, others of plastic — come in frames up to 11 inches tall that expand sideways for a snug fit. Manufacturers claim they block 90 percent of pollen from entering the home. They start at about \$19 for a seven-inch-tall opening and can cost as much as \$28 for an 11-inch model ([www.achooallergy.com](http://www.achooallergy.com), [www.ahg.com](http://www.ahg.com)).

• Until you need to turn on the air conditioning, you can use the fan-only mode on window units or a central system to circulate air, says Mark Connelly, Consumer Reports magazine's senior director of appliances and home improvement. The fan will bring in fresh air while filtering particulates from outdoors.

• For more protection, install HEPA (high-efficiency particulate air) filters in window air-conditioning units or central air and heating systems. These filters, made with glass fibers, are designed to trap more than 99 percent of pollen, dust and tobacco smoke.

A one-inch-thick HEPA filter for HVAC units costs much more than a conventional model. Retrofitting a central air ventilation system with larger HEPA filters can also be costly.

To remain at peak effectiveness, HEPA filters must be changed at least every month, perhaps more often because they trap more pollutants than standard filters. "If you don't (change them), the furnace or the blower motor can overheat or the air conditioner can ice up," says Bob Nibert, service manager at Academy Heating and Air Conditioning in Rockville, Md.

• Room air purifiers, about the size of dehumidifiers, filter air within a closed space. They use HEPA filters or other technology to clean air before recirculating it. Larger spaces need larger units; most specify the maximum area they can handle. For best results, they should circulate the air about six times an hour. Prices range from about \$40 for a Honeywell model suitable for a 10-by-10-foot room ([www.home-depot.com](http://www.home-depot.com)) to \$259 for a Hunter purifier that can remove pollen from a 21-by-23-foot room ([www.lowes.com](http://www.lowes.com)).

"If you are going to focus on a particular room, focus on the bedroom, because it's where you spend the most time," allergist Casale says. But Connelly of Consumer Reports has done a double-blind, single-room approach to air. Please see **POLLEN**, Page D4

# For the love of a garden

## How dirty hands can lead to a clear spirit



Master gardener Sharon Buckle touches a honeysuckle plant near one of her favorite spots to sit and drink a cup of coffee in the morning. Like many plants, honeysuckle takes up a lot of space, and Buckle advises gardeners to plan ahead when planting it.

By Ariel Hassen  
Times-News writer

TWIN FALLS — Sharon Buckle kneels at the edge of her flower bed, a trowel in one gloved hand, a Johnny-jump-up cupped in the other. Having grown beyond their boundaries, the small purple and gold blooms nestled in green leaves along the edge of her lawn, waiting for the hand of the gardener to come along and restore order.

"Gardening is a living work of art, and it's always changing," Buckle said Tuesday. "It marks the seasons, it marks the passage of time."

Buckle, a University of Idaho Extension-certified master gardener who lives along the rim of the Snake River Canyon in Twin Falls, said she finds gardening to be mentally and spiritually satisfying, from digging into bare dirt to picking a



Spring blossoms pop open in Sharon Buckle's garden at her home on the Snake River Canyon rim in Twin Falls. Buckle says she finds gardening to be mentally and spiritually satisfying.

ripe vegetable or admiring a blooming flower.

"It's touch, it's fragrant, it touches a lot of your senses," she said. "It's difficult to talk about; it's very spiritual."

Like many gardeners, Buckle feels at peace when she's among her plants. She loves to see the results of her labors, but the process of gardening is equally important — it is a

time to think, a time to reconnect with nature, a time to find herself again during a busy day. Those psychological benefits have gardeners picking up their shovels and bags of com-

## Studies show benefit of gardening

Ask almost any passionate gardener, and she'll be quick to say how digging in the dirt makes her feel good. Academic studies back up this positive psychological impact of gardening.

• The oldest in one study published by the International Society for Horticultural Science, two groups of elderly individuals in long-term care facilities were evaluated, then one group gardened indoors once a week for seven weeks, while the other did not. The study found a significant increase in psychological well-being among the group that gardened, and a slight decrease in the group that did not.

• The young: Another study published by a Malaysian technological university reported that hospitalized children who spent time in gardens or gardened were more peaceful, cooperative toward medical staff, active and cheerful, and obedient to caregivers — and cried less — than children without exposure to gardens. This study concluded that gardens help sick children heal more quickly.



### See it online

For a slide show of more photos from Sharon Buckle's garden, visit [Maglevalley.com](http://Maglevalley.com).

post season after season. Buckle grew up on a farm, and many of her childhood memories include working the ground beside her mother and sisters. Today, when she dons colorful plastic gloves and leather gardening clothes and steps out her door, she is brought back to those moments and familial pleasures.

"It just calms your spirit. It makes the outside, crazy world go away," she said. "It refocuses you on your world and takes away all that outside world that you can't control anyway." For many gardeners, flower pots and vegetable beds are a chance to control a small part of their world, to nurture a sense of peace within even as they nurture the growth of a plant.

"There's just something about digging in the dirt that's calming, and then the joy of having the plants grow and bloom and succeed," said Kathie Stewart of Twin Falls, vice president of the Magic Valley Rose Society. "We just find a real happiness, it gives us pride."

Stewart and her husband both garden, and the experience can be both communal and individual, she said.

"A lot of times when you're digging in the dirt, you solve your problems," she said. "That monotony of digging and working gives you time to think."

Like Buckle, Stewart has a family history of gardening, and she often grows the same species her parents and grandparents grew, giving her a sense of historical connection through a living thing.

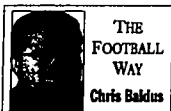
Please see **GARDEN**, Page D4

# Tag, jump rope keep youngsters moving

Aging ballplayers, too

The little blonde in a Twinkie Little Star jacket bounced in a wide arc around us. Three-year-olds tend to bounce more than run, and she was on the run from the troll — that's me.

Her older siblings, frozen by the troll's tag, yelled to her for freedom. "Bunch me!" The game was afoot. And, unbeknownst to my four little



THE FOOTBALL WAY  
Chris Baldus

playmates, it was also a football drill and a way to meet American Heart Association standards.

"It's all part of my master plan to get into football shape by

this fall — and to be a dad. My kids have exercised with me since I started this training project. I was content to let them climb around at the playground while I ran laps or did sprints, but they joined in. That worked me a little. How long should you let 5- and 3-year-olds run?

So, I asked a Twin Falls pediatrician, Dr. Kathryn Reese. "As long as they have access to water and they look comfortable they'll be OK,"

Reese said. "They self regulate. They can set their own limits."

And they do. One jog around the track and they each tend to wander off to something else. So, I've brought them into my workouts, which is right in line with American Heart Association recommendations.

"All children age 2 and older should participate in at least 30 minutes of enjoyable, moderate-intensity physical activities

Please see **FOOTBALL**, Page D4

## Keep track

News Editor Chris Baldus, 37, a former college lineman, is in training of player alumni football games that will be at Augsburg College in Minneapolis. Read his blog, "The Football Way," at [maglevalley.com](http://maglevalley.com) to track his progress and to read about some of the drills and games he uses. And watch this page for Baldus' monthly updates in print.



# COMICS

**B.C.** By Johnny Hart

**Baby Blues** By Rick Kirkman & Jerry Scott

**Baldo** By Hector D. Cantu and Carlos Castellanos

**Brevity** By Guy & Rodd

**Dilbert** By Scott Adams

**Doonesbury** By Garry Trudeau

**The Elderberries** By Phil Frank and Joe Troise

**For Better or For Worse** By Lynn Johnston

**Frank and Ernest** By Bob Thaves

**Luann** By Greg Evans

**Mallard Fillmore** By Bruce Tinsley

**Pearls Before Swine** By Stephan Pastis

**Pickles** By Brian Crane

**Rose is Rose** By Pat Brady

**Zits** By Jim Borgman and Jerry Scott

**Non Sequitur** By Wiley

**Strange Brew** By John Deering

## Hold your head high, Scorpio

**BIRTHDAY:** Your good business sense will help you lay the groundwork for the future in the next several weeks. You will be able to relax and take some time out to smell the proverbial roses if you wait until the end of the year to launch pet projects and personal plans. In September maintain a low profile and don't start anything of importance, as your judgments might be off center. Remain alert during December and early January for a helping hand or wise advice that can be of great benefit to your future.

**ARIES (Mar. 21-Apr. 19):** Warmth and enthusiasm will greet your efforts on the social scene. Overcome bashfulness and be direct because a fresh new face may be just the one you have been looking for.

**TAURUS (Apr. 20-May 20):** You don't want sing of wasted days and wasted nights. Find ways to be energetic and enthusiastic. Pry yourself away from daydreams, the lounge chair and the TV set.

**GEMINI (May 21-June 20):** Magpies leave a big mess behind. Too much chatter during the midday hours can cause confusion or simply

**HOROSCOPE**  
Jeralaine Saunders

waste valuable time. Concentrate efforts on hard facts, not emotional issues.

**CANCER (June 21-July 22):** Scatteriness is caused by too much up and down motion. You won't need anti-nausea pills if you stick to the facts. Avoid decision-making or key discussions in the middle of the day.

**LEO (July 23-Aug. 22):** Remember that it takes two to tango - or to tangle. Just like spring, you needn't always come in like a lion. Focus on family, home and personal relationships.

**VIRGO (Aug. 23-Sept. 22):** Spend quickly and repent at leisure. Money might be scattered to the four winds, but you are sure to enjoy every penny spent. Don't let a minor misunderstanding stand in your way.

**LIBRA (Sept. 23-Oct. 22):** Give the best impression. Focus on being the best that you can be. If you evade an issue it is almost certain to cause a misunderstanding. It is best to be sincere, direct and to

the point.

**SCORPIO (Oct. 23-Nov. 21):** Hold your head high. If you ignore moichills beneath your feet, you won't imagine they are mountains. Remain sensitive to the moods of the "poppers that be" or the guy in charge.

**SAGITTARIUS (Nov. 22-Dec. 21):** Step away from conflicts under these stars. This isn't the time to begin a new romantic relationship as you may be enticed by the idea of being in love rather than the person.

**CAPRICORN (Dec. 22-Jan. 19):** Use your skills to organize your belongings. You have a mind for figures and cold, hard facts. You may have a body of love, but that can wait until tomorrow.

**AQUARIUS (Jan. 20-Feb. 18):** Shrinking violets need not apply. Sometimes to get what you want, you have to do what you like the least. Glory in your accomplishments; don't whine about what could have been.

**PISCES (Feb. 19-March 20):** You may be so dazzled by a potential amorous conquest that you accidentally overlook certain detrimental facts. Hold off on making a deal or a proposal.



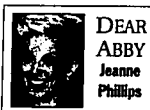
# Eating behind the wheel is unsafe at any speed

**DEAR ABBY:** You asked readers to share their pet peeves with you. Mine is careless drivers. I am a single mother who supports her children and can't afford to be killed or maimed on the road.

This afternoon I was behind a woman who was driving erratically. She rolled through stop signs, sped up and slowed down for no apparent reason, and switched from lane to lane. When I was finally able to safely pass her, I saw that she wasn't wearing a seat belt — but was driving her van down the crowded freeway with her elbows on the wheel because she was using both hands to hold the hamburger she was eating. Abby, the woman was doing 70 miles an hour. All she needed to do was sneeze once to lose control of her vehicle.

I am angry with people who drive while talking on a cell phone, eating, applying makeup, reading, searching through purses or briefcases, or playing with pets on their laps. People who are behind the wheel have the power to end not only their own lives and the lives of their passengers, but also the lives of every driver, passenger and pedestrian they encounter in the blink of an eye.

Please, America! Clean up your act. If you don't have both hands on the wheel and



**DEAR ABBY**  
Jeane Phillips

your full attention on the road, then you are not driving responsibly. Maybe your family doesn't need you alive and healthy, but my kids need me!

— **CINDY**  
**IN MINNEAPOLIS**  
**DEAR CINDY:** Something as simple as paying attention and observing the traffic laws would prevent many injuries and deaths. To do anything less is to invite a tragedy. Every evening there are news reports about perfectly healthy people in the prime of life who lost their lives because of the carelessness of another driver. When commuters are behind the wheel, it is vital that they keep both hands on the wheel, their eyes on the road and their minds 100 percent on the task at hand.

**DEAR ABBY:** I recently bought a couple of items in the dollar store here in town. I had \$2 in change to pay for them. The owner of the store refused to accept the dimes and told me to go back to the bank and get paper money. I was under the impression

that dimes are legal tender and should have been acceptable. It was a humiliating experience. Am I wrong?

— **MISS J. IN WHITING, N.J.**  
**DEAR MISS J.:** You're not wrong. Coins are legal tender, and the store owner should have accepted them. By not doing so, the store owner was telling you that your business was not welcome. I wouldn't blame you if you never set foot in that establishment again.

**DEAR ABBY:** We have a ring controversy at the office. Someone says the engagement ring should be worn on the ring finger of the left hand before marriage. Others insist it should be worn on the ring finger of the right hand until after the ceremony. Which is correct?

— **FRANK**  
**IN MILFORD, N.H.**  
**DEAR FRANK:** In the United States the engagement ring is worn on the third finger of the left hand — next to the little finger. Although in some foreign countries it's worn on the right hand. It is removed for the wedding ceremony, when the wedding ring is placed on the bride's finger. It is replaced immediately after the ceremony outside the wedding ring. (The wedding band is always worn "closest to the heart.")

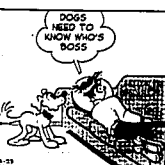
**Beetle Bailey**

By Mort Walker



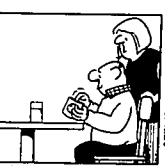
**Blondie**

By Dean Young & Stan Drake



**The Bom Loser**

By Art Sansom & Chip



**Garfield**

By Jim Davis



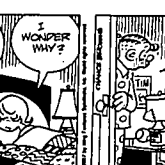
**Hagar the Horrible**

By Chris Browne



**Hi and Lois**

By Chance Browne



**Classic Peanuts**

By Charles M. Schulz



**The Wizard of Id**

By Brant Parker & Johnny Hart



**Dennis the Menace**

By Hank Ketchum



**THE FAMILY CIRCUS**

By Bill Keane



**THE ACES ON BRIDGE** Bobby Wolff

"You can observe a lot just by looking."  
— Yogi Berra

Once in a while, a "real" textbook deal comes along. Look at this layout from the HIP pairs at Dallas last spring (all the deals this week come from that tournament and assume the best many pairs in the field found the defense to beat three no-trump.

Indeed, would you have done so? Put yourself in the East seat and cover up the South and West cards so you can weigh yourself in the balance, and hopefully not be found wanting.

At two of the tables where the defenders were on the ball (Bruce Rogoff and Jim Krekorian occupied the East seats), North-South reached three no-trump after a strong no-trump opening from South. Yes, inflation strikes pretty much everywhere these days, but this is certainly a 14-count that could reasonably be upgraded, particularly at this vulnerability, where one no-trump tends to act as a pre-empt.

Both Wests, confronted with an uninformative Stayman auction, led a revealingly high heart spot. Both Easts won the heart ace and drum out — shifted to the spade queen, knowing from the auction that partner had four spades. Tat.

At many tables East shifted to a low spade at trick two. Declarer could then duck, preserving his king as a stop. Not he had many successful routes to nine tricks whatever the defenders did, the easiest and safest being a club finesse to keep East out of play for what would have been a fatal spade continuation.

**NORTH** ♠ 10 3 2 A  
♥ 8 7  
♦ K J 5 2  
♣ A K 10 9 4

**WEST** ♠ A J 10 9  
♥ 7 6 4 1  
♦ Q 7  
♣ 9 2

**EAST** ♠ Q 4 3 2  
♥ 2 3  
♦ 8 3 2  
♣ J 6 5 4

**SOUTH** ♠ K 6 5  
♥ 10 9  
♦ 6 5  
♣ A K Q 10

Vulnerable: East-West  
Dealer: South

The bidding:  
South West North East  
1NT Pass 2♠ Pass  
2♦ Pass 3NT All pass

Opening lead: Heart eight

**LEAD WITH THE ACES** ♠ 10 3 2 A  
♥ 8 7  
♦ K J 5 2  
♣ A K 10 9 4

South holds:  
♠ Q 6 3  
♥ 3 3  
♦ A 7 4 2  
♣ 10 9 7 3

South West North East  
1♦ Dbl.  
2♠ Pass Pass 2♥  
All pass

**ANSWER:** Leading an ace, or away from an ace, is generally a bad idea, particularly with a really strong hand on your right. This looks like the right moment to go passive, and my best guess here would be, though the choice is quite close.

You would like to read Bobby Wolff's column from last Monday's edition of the Times-News. Write to: Bobby Wolff, c/o The Times-News, P.O. Box 1000, Twin Falls, Idaho 83401.

**TODAY IN HISTORY**

By The Associated Press  
Today is Monday, April 23, the 113th day of 2007. There are 252 days left in the year.

**Today's highlight**  
April 23, 1564, is believed to be the birthdate of English poet and dramatist William Shakespeare; he died 52 years later, also on April 23.

**On this date**  
In 1791, the 15th president of the United States, James Buchanan, was born in Franklin County, Pa.

In 1896, the Vitascopes system for projecting movies onto a screen was publicly demonstrated in New York City.

In 1899, Russian-American author Vladimir Nabokov was born in St. Petersburg.

In 1940, about 200 people died in the Rhythm Night Club Fire in Natchez, Miss.

In 1954, Hank Aaron of the Milwaukee Braves hit the first of his record 755 major-league home runs, in a game against the St. Louis Cardinals.

In 1968, the Methodist Church and the Evangelical United Brethren Church merged to form the United Methodist Church.

**See Fredericksons for these**

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**Do you worry that you won't be able to retire as you have planned?**

If you answered "yes" to this question, your current investment course may not correspond accurately with your current personal circumstances. One way to determine this is to have a complete and objective analysis done on your portfolio. A financial second opinion can help you feel more in control of your situation or help reassure you that you're still on the right course to pursue your goals.

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# IMAGE

## Tell us about diabetes and periodontal disease

Periodontal disease — inflammation and infection of the gums and bone that form the supporting structure for the teeth — can be a silent companion of diabetes.

The Times-News is preparing an article on that link and wants to hear from diabetics who have been affected by periodontal disease. To share your story, call corresponding Jo Bean at 733-0830.

## Garden

Continued from page D1

"We feel like we're carrying on a tradition," Stewart said. "We go out there and it's a lot of remembering, and a lot of calming."

In contrast to, say, a bubble bath, the relaxation that Stewart and Buckle find in gardening comes not from rest but from hard work.

"It's physical labor, you have to like that about it," Buckle said. "You have to like getting your hands dirty."

Buckle, who is also a landscape designer, said she has created garden plans for the elderly and people with disabilities who want to continue to garden but need special accommodations. That might mean beds raised high enough for someone in a wheelchair to work in, or a layout that allows a gardener with multiple sclerosis to drag herself from plant to plant.

"What speaks more to how much they want to garden?" Buckle said. "It's something that's in your soul."

Gardens and gardening are that important to Anne Carney of Filer. When she moved into a new house a few years ago that was run down and had only weeds and garbage in the yard, Carney immediately set about to grow a garden, despite her reliance on a walker.

"The first year I didn't have a garden, I was so sad I couldn't handle it," Carney said. "I started buying just a few plants at a time."

Though her small monthly allowance limits what she can buy, she could buy flowers and other materials, Carney sought free plants where she could, including hundreds of iris bulbs she dug out and transplanted herself.

"I could knit or crochet, but that's just sitting in the house," she said. "Outside is where I like. As soon as the sun comes up, and sometimes even before the sun comes up, I'm outside."

Carney has transformed an unkempt, trash-filled yard into a garden she is pleased with. If the cars that slow as they approach her house are any indication, she said, the rest of Filer is impressed with her yard too.

"There's been people coming by; when they get to my house, I can see them hit their brakes and drive by real slow," she said. "That's how I met some of my closest friends, by them stopping and looking."

Carney is proud that she has been able to improve her little corner of the world, to make it bright and cheery and full of life. Through gardening, she has kept herself full of life as well.

"It's something to improve the city with, and it's something I like doing," she said. "I don't have anything else I can do to keep me going, and it's something I feel responsible for when I put it out there."

Times-News features writer Ariel Hansen can be reached at 735-3376 or ariel.hansen@lee.net.

## Prevention first

Center opening and campaign will focus on women's health. NEXT WEEK IN IMAGE

# Cancer support group to meet

Breast Cancer Support Group will meet at 7 p.m. today at St. Luke's Magic Valley Regional Medical Center's Education Center, 588 Addison Ave. W., Twin Falls. Deborah Burr, doctor of pharmacy at the hospital, will discuss "Safe Use of Top 10 Herbal Medications and Supplements." The group is open to breast cancer survivors (male or female) and their families and friends. The meeting is free. Call Lydia at 733-3242 or Mary at 734-1766.

## To do for you

**Shoshone St. E., Twin Falls.**  
Topics will include cesarean deliveries, pain management, hospital procedures and non-complying labors. Wear comfortable clothing, and bring two pillows and, if possible, a support person. The class is free. Preregistration is required; call 732-3148.

## Breastfeeding 101

St. Benedict's Family Medical Center will offer a "Breastfeeding 101" class from 7 to 9 p.m. Wednesday at the Jerome Recreation Center, 2032 S. Lincoln. The free class is for expectant mothers, fathers and support people; first-time parents; and mothers who feel their last breastfeeding experience wasn't successful. The class can be taken as a refresher course. To register, call 324-4301, ext. 3361.

## About diabetes

A series of diabetes education classes will be offered from 10 a.m. to noon Wednesday and May 9 and May 23 at St. Luke's Magic Valley Regional's Diabetes and Nutritional Center, 526-D Shoup Ave. W., Twin Falls. Topics will include diet therapy, medication administration, foot care, hypoglycemia treatment, home monitoring of blood sugar, sick-day management and prevention of complications. The cost varies, and insurance companies can be billed. Cash-paying participants will be charged the Medicare rate. Preregistration is required; call 736-6218.

## About childbirth

Prepared childbirth classes will be offered from 6:30 to 9 p.m. Thursdays this week through May 24, in the lobby at St. Luke's Magic Valley Regional's downtown campus, 660 Shoshone St. E., Twin Falls. The class will include instruction on wellness of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn including breast feeding and bottle feeding, and a video tour of the Women and Infant Center. Bring comfortable clothing and bring two pillows and, if possible, a support person. Cost is \$50. Preregistration is required; call 732-3148.

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## Learn CPR

Adult, child and infant cardiopulmonary resuscitation classes will be offered from 5:30 to 9:15 p.m. Wednesday at the American Red Cross office in Twin Falls. Cost is \$44. Preregistration is required. To register, call 1-800-852-5275 or online at www.redcrossidaho.org or stop by the Red Cross office, 853 Fourth Ave. N., Twin Falls.

## Learn CPR/first aid

A first aid and cardiopulmonary resuscitation class will be offered from 8 a.m. to 1 p.m. Saturday in the Bag Room at St. Luke's Magic Valley Regional's Education Center, 588 Addison Ave. W., Twin Falls. "Break Through the Toxins," will be from 7 to 9 p.m. Thursday at the Main Street Plaza, 132 Main Ave. S., Twin Falls. Dr. Troy Crane, doctor of chiropractic, and Marlon Wallace, registered nurse, will discuss the Standard Process Purification program. The presentation is free. For information, call 420-0488.

**Avé W., Twin Falls.**  
The class combines first aid and CPR training under the guidelines of the American Heart Association and includes emergency procedures for mouth-to-mouth resuscitation, chest compressions and choking response for adults and infants. The program includes classroom instruction and hands-on practice. Cost is \$30. Preregistration is required; call 737-2007.

## About childbirth

St. Benedict's Family Medical Center will offer prepared-childbirth classes from 6 to 8:30 p.m. Wednesdays, May 2 through June 6, at the Jerome Recreation Center, 2032 S. Lincoln. The six sessions, taught by a registered nurse, will prepare the mother and her labor companion for labor, birth, postpartum care and newborn care. Individual classes may be taken as refresher courses. Bring two pillows, a blanket and, if possible, a support person. The suggested fee is \$30 for the series or \$5 per class. To register, call 324-1122, ext. 3361.

## About kinesiology

The College of Southern Idaho's Community Education Center will offer "Introduction to Energy and Kinesiology" from 7 to 9 p.m. Wednesdays, May 2 through June 13, at the Healthy Way, 1431 Washington St. S., Twin Falls. Topics include muscle response testing (kinesiology), introduction to herbs and oils (herbology and aromatherapy), the body's pressure points (acupuncture) and how to utilize color in the healing process. Instructor Brenda Grogan has been involved in health care for more than 30 years, including 15 years as a licensed practical nurse. Cost is \$85. To register, call 732-6442 or go online at www.csid.edu/communityed.

## Arthritis education

South Central District Health, Magic Valley Regional, Cassia Regional Medical Center and Twin Falls Physical Therapy and Wellness Clinic will offer an Arthritis Education Day to help people who have arthritis learn how to manage their condition. The seminar will be from 9 a.m. to 12 p.m. May 5 at South Central District Health, 1020 Washington St. N., Twin Falls. Speakers are Dr. Joseph Petresen, pharmacist; Kent Jensen, physical therapist; Pegrine, dietitian Wendy Rice and occupational therapist Todd Williams. Topics will include medical and surgical options for arthritis management; what is new in arthritis medications; physical therapy and the importance of good nutrition; and helpful self-care hints for managing arthritis. The seminar is free; space is limited. Lunch will be provided. Preregistration is required; call Elva Calderon, arthritis program coordinator for South Central District Health, at 737-5988.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's Image section. Mail notices to: Ariel Hansen, P.O. Box 548, Twin Falls, ID 83403, or deliver to our office at 132 Fairfield St. W.

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## Personal hygiene

If you are particularly sensitive to pollen, shower and wash your hair before bedtime every night to remove allergens you may have brought indoors. If you have been outside for a while and you don't shampoo your hair, the pollen will stick to your pillow and be inhaled or get in your eyes, Casale says. "Though it may not be practical to give pets with spend time outdoors a nightly bath, their outdoors should be brushed regularly, ideally by someone who doesn't have allergies."

It's about building relationships with your kids, Reese said. When they're teenagers, it gives them a venue to talk over things with you as well. "It's really important for parents to exercise with their children," said Reese, who bikes and roller skates with hers.

News Editor Chris Balduz can be reached at cbalduz@magvalley.com or

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Modern Law Forum  
Straight Talk on Elder Law and Estate Planning  
FREE FOR ALL  
QUESTION: My frail aging aunt is being tossed about on a sea of insistent, conflicting demands by her children. Her vulnerability is such that she is in constant turmoil. Any ideas?  
It's as if there's no hope in getting her children to put their differences aside and stop making demands on their mother - assistance is available through a very effective legal procedure known as a limited guardianship. Modern Law has changed the operation of guardianships so that they help rather than hinder quality of life for one's loved ones. In the case of your aunt, it seems that she is well able to do much of what she wants to do in life even though she cannot set and maintain respectful boundaries between herself and her children. The role of a trusted third person serving as guardian would be limited to that of assuring that no one imposed his or her will on your aunt. The actual mechanics of how a limited guardian accomplishes that vary from case to case. Oftentimes the underlying dispute between children is not what type of care a parent should receive or how assets should be invested, but rather who is in charge of making these decisions. Moreover, it's not uncommon to find that a child's unstated goal is to make sure that another sibling does not take care of the parent. A neutral, trusted third party with legally recognized authority and only the best interests of the protected person in mind, can cut to the chase, minimize conflict and let a more normal parent-child relationship take form. As the needs of the protected person increase the scope of the limited guardian's authority can increase as well.  
The Voorhes Law Firm  
Key Bank Building - 2nd Floor 208.736.6000  
Certified Elder Law Attorney by the National Elder Law Foundation  
Certified Estate Planning Law Specialist by the Estate Law Specialists Board, Inc.

## Health fair

St. Benedict's Family Medical Center will hold its health fair in two segments at the Jerome Recreation Center, 2032 S. Lincoln. The first segment will be for lab tests from 6 to 10 a.m. Tuesday, Wednesday and Thursday. Blood tests will be available for lipid panel, \$15; thyroid test, \$10; HgA1c test, \$20; blood count, \$5; metabolic panel, \$10; and prostate test, \$15. Fasting is required for 10 to 12 hours before testing. The second segment will be from 10 a.m. to 2 p.m. May 12. Lab results will be available. The event includes free blood pressure checks, height, weight, body mass index and more. For information, call 324-0138.

## 'Baby and Me'

St. Benedict's Family Medical Center offers "Baby and Me" classes from 11 a.m. to noon Tuesdays at the Jerome Recreation Center, 2032 S. Lincoln. This week's topic is "Travel with Baby." The session is for parents of children from infancy through toddler years. The class is free. Call 324-7262.

## About C-sections

St. Benedict's Family Medical Center will offer the fourth class of the prepared childbirth series from 6 to 8:30 p.m. Tuesday at the Jerome Recreation Center, 2032 S. Lincoln. The class will discuss cesarean birth and tour the hospital. Bring two pillows, a blanket and, if possible, a support person. The suggested fee is \$5 per class. To register, call 324-1122, ext. 3361.

## Celiac support

Celiac Support Group of Magic Valley will meet at 7 p.m. Tuesdays in the doctors' meeting room at St. Luke's Magic Valley Regional, 656 Addison Ave. W., Twin Falls. Anyone interested in a gluten-free diet is welcome. Call Pat at 761-9079.

## Pollen

Continued from page D1  
filtration. "If you have pollen as an issue, it makes more sense to get a whole-house cleaner" in the HVAC system.

## Housekeeping

Remove pollen regularly from household surfaces by dusting with a microfibre cloth or a slightly damp rag, says Phillip Doyle, owner of a MaltPro franchise in Washington. Clean "top to bottom" to keep particles from flying around.

## Football

Continued from page D1  
every day that are developmentally appropriate and varied. Reese says the AHA Web site, Reese said it's time to break into smaller time increments, though two 15-minute sessions, three 10-minute.

stressed by Jesse Houdeshell, head coach of our Rocky Mountain Football League team, the Magic Valley Bulldogs. Jumping rope helps you get used to moving your feet quickly and reacting on the field. Houdeshell suggests at least three sets of three minutes of jumping rope a day. "I'm trying to learn the right rhythms now. And this is about more than

exercise. It's about building relationships with your kids, Reese said. When they're teenagers, it gives them a venue to talk over things with you as well. "It's really important for parents to exercise with their children," said Reese, who bikes and roller skates with hers.

News Editor Chris Balduz can be reached at cbalduz@magvalley.com or