

BAD RAP FOR DRUG?

Hormone replacement therapy may not be as risky as was once feared.

SEE IMAGE, D1



FOOTBALL'S BACK

NFL kicks off preseason with Hall of Fame Game.

SEE SPORTS, B1



PLAYING FOR LIFE

Burley youth uses video games to aid recovery.

SEE IMAGIC VALLEY, A1

Good Morning

High: 86
Low: 58

Warm, partly cloudy.
Details: B4

Times-News

MONDAY
August 6, 2007
50 cents

MagicValley.com

Obama visits Elko, calls for change

By Doug McMurdo
Special to the Times-News

ELKO, Nev. — The wildfires that have plagued southern Idaho and northern Nevada in recent years are a top priority for presidential candidate Barack Obama. Talking with reporters after a campaign stop in Elko, Nev., the Illinois senator said he would look at current grazing and environmental policies regarding invasive species to mitigate the problem. Climate change and conservation issues would play into those plans. "In

On the Net:
Watch a video of Democratic presidential candidate Barack Obama's visit to Elko. At MagicValley.com terms of public land management, we would have to ensure we're not creating conditions that increase the frequency and intensity of wildfires." Obama's comments on wildfires were aptly timed. The candidate launched his Rural Issues Town Meeting drive in Elko

on Sunday to discuss issues close to the hearts of rural Americans. Other issues he addressed:
• **Health care:** Proclaiming the country's health care system broke, the Democrat said fully one-half of bankruptcies filed by Americans are due to an inability to pay their medical bills, especially in rural areas. Drug and insurance companies over the past 10 years, he said, have co-opted the American public through huge campaign donations.

Please see OBAMA, Page A3



Presidential hopeful Sen. Barack Obama, D-Ill., addresses more than 800 people Sunday in Elko, Nev., to launch his Rural Issues Town Meeting drive.



DANGEROUSLY DRY

Parched plants allowed fire to spread quickly

By Matt Christensen • Times-News writer

TWIN FALLS — Idahoans learned to point fingers last month in the aftermath of an unrelenting fire. The Murphy Complex blaze burned more than 1,000 square miles, killed livestock and wildlife and burned numerous structures. Officials called it one of the worst fires in Idaho history. Who was to blame?

Ranchers pointed at environmentalists; environmentalists pointed at ranchers; politicians pointed at the Bureau of Land Management. Now, the BLM is pointing at Mother Nature. Abnormally high temperatures, low precipitation and humidity and record-low fuel-moisture content in rangeland grasses were the major con-

tributors to the Murphy fire, said Brandon Brown, a district fuels specialist for the BLM. "It's really, really dry," he said. "To say the least. Twice a month during fire season, Brown gathers plant samples at eight sites across southern Idaho and measures their moisture content in a lab at the BLM's Twin Falls office.



New and archived fire coverage, including stories, photos and video, online at magicvalley.com

Brown tallied new record moisture lows in sagebrush at every site this summer, many

recorded just one day before the fire started. In short, the Murphy blaze burned through the driest fuels measured since the BLM began sampling about 15 years ago. BLM critics cite restricted grazing and environmental laws as reason for the fire's scope. Please see MURPHY, Page A3

Montana declares wildfire emergency

By Sarah Cooke
Associated Press writer

HELENA, Mont. — A state of emergency was declared in Montana on Sunday because of several large wildfires, including one that has crept to within a mile of several homes and destroyed at least one. Higher humidity and clouds were helping firefighters contain that nearby, 28-square-mile blaze, which began Friday and rapidly grew leading to evacuation orders for residents of about 200 homes. In addition to the destroyed home, another one was damaged, as well as a commercial building and seven other structures. The wind was largely blowing the blaze back onto itself Sunday. Weather was expected to favor firefighters Monday. "Tomorrow is supposed to be much like today, with a little more cloud cover," Cross said. "The fire should behave again. It should be fairly quiet and lay down." Wind-blown embers were still sparking spot fires up to 2 miles ahead of the main blaze near the popular getaway spots of Seeley and Placid Lakes, authorities said. Cross estimated containment at zero percent, "only because there isn't a lower number."

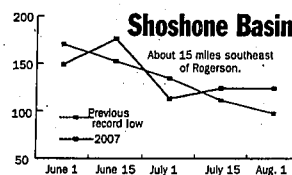
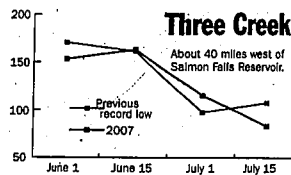
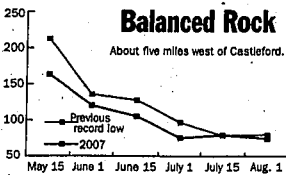
More inside:

Three more wildfires start in south-central Idaho. Winds, dry conditions hinder Idaho firefighters.

See page A5

Fuel moisture percentage in Idaho sagebrush

Moisture weight as a percentage of dry plant weight.



See MONTANA, Page A3

Wendell Cemetery disputes allegations of reselling flowers

By Blair Koch
Times-News correspondent

WENDELL — Amanda Revels said she was appalled to learn that the Wendell Cemetery refurbishes flowers for use by other visitors. A couple of years back, she brought flowers to place on her daughter's grave only to find out that someone had taken them. "I'm upset and think it is wrong if they are taking flowers that don't belong to them. I got those flowers for my daughter's grave and nobody should take them," Revels said. "Problems with the appearance of the cemetery is another

complaint heard recently by the cemetery board, but its chairman, Harry Surplus, says everything is on the up and up. Improvements include new flower beds and grass along the entrance to the cemetery, which should be complete by next Memorial Day. "We certainly don't sell used flowers and are doing all we can to keep up the appearance of the cemetery. We recently finished a project to pipe in the irrigation ditches running through the cemetery and are working to fill in the pond," Surplus said.

"It's not like we are taking flowers off the grave and selling them." — Wendell Cemetery sexton Paul Isaacson

That isn't to say the cemetery isn't recycling flowers from the previous year's Memorial Day. In fact, they keep whatever is salvageable and put it in storage. At any time, people can come and claim what is theirs, say cemetery officials. Please see FLOWERS, Page A3



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Sudoku B8

TODAY'S FORECAST

TWIN FALLS

| Today | Tonight | Tuesday |
|---------|---------|---------|
| | | |
| High 86 | Low 58 | 87 / 56 |

MINI-CASSIA

Today: Warm temperatures with passing clouds. Highs in the middle 80s.
 Tonight: Another mild night on tap. Lows in the middle 50s.
 Tomorrow: Partly cloudy with seasonal temperatures. Highs in the 80s.

Complete weather report: See page B4

TODAY'S HAPPENINGS

ARTS AND ENTERTAINMENT

The Sun Valley Summer Symphony performing, 6:30 p.m., in a tent on the esplanade of Sun Valley Resort, no cost, 622-5707.

CHURCH EVENTS

First day of Tumbleweed Dutch Vacation Bible School, for children ages five to 12, 6:30 to 9 p.m., Kimberly Church of the Nazarene, 3550 E. 3750 N., transportation available, 423-5290.

FAMILY

Family Caregiver Support Group, with group basics and discussion of stages of caregiving (based on Denise Brown's "The Caregiving Years"), 1 to 2:30 p.m., South Central Health Department Clark conference room (west side), CSI campus, Twin Falls, 736-2122 or 800-474-8658.

GOVERNMENT

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- Cassia County commissioners, 9 a.m., courthouse, 1459 Overland, 878-7302.
- Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.
- Twin Falls City Council, 5 p.m., council chambers, 305 Third Ave. E., 735-7274.
- Ketchum City Council, 5:30 p.m., City Hall, 480 E. Ave. N., 726-3838.
- Gooding School Board, 6 p.m., administration office, 507 Idaho St., 934-4321.
- Halley Planning and Zoning Commission, 6:30 p.m., courthouse, 206 First Ave. S., 788-5570.
- Dietrich City Council, 7 p.m., City Hall, 103 S. Main, 544-2102.
- Gooding City Council, 7 p.m., City Hall, 308 Fifth Ave. W., 934-5669.
- Twin Falls County Parks and Waterways Advisory Board, 7 p.m., 450 Sixth Ave. W., 734-9491.
- Acquila City Council, 8 p.m., Acquila Automotive, 20602 F St., 436-6775.

HEALTH AND RECOVERY

SilverSnakers Fitness Program, innovative exercise program designed specifically for Medicare beneficiaries' unique health and physical needs, 11:15 a.m. to noon, Twin Falls YMCA, 1751 Elizabeth Blvd., no cost for Humana-insured or YMCA members and \$5 per class for non-insured, 733-4384.
 "Overcoming Addiction and Anger," Taopostic Therapy basic training video, 1 p.m., Miracle Valley Ministry Center, 213 Third Ave. E., Twin Falls, donations, 734-9603.
 Adult Children, 7:30 p.m., support meeting, for individuals recovering from alcoholic or dysfunctional family environment, 6 p.m., Canyon View Psychiatric and Addiction Services, 228 Shoup Ave. W. (west entrance), Twin Falls, no cost, 250-5676.
 Prism Weight Loss Program introductory class, 6 p.m., Gooding Christian Church, 334 Fourth Ave. W., Gooding, no cost, 934-8508.

To have an event listed, submit the name of the event, a brief description, time, place, cost and contact number to Suzanne Browne by e-mail at sbrowne@magvalley.com; by fax, 734-5538; or by mail, Times-News, PO Box 548, Twin Falls, ID 83303-0548. Deadline is noon, four days in advance of the event.

ON THE AGENDA

Tuesday

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- Blaine County commissioners, 9 a.m., courthouse, 206 First Ave. S., Halley, 788-5500.
- Jerome County commissioners, 9 a.m., courthouse, 300 N. Lincoln, 644-2700.
- Sun Valley Planning and Zoning Commission, 9 a.m., City Hall, 81 Elk Horn Road, 622-4438.
- Twin Falls City Planning and Zoning Commission, 6 p.m., council chambers, 305 Third Ave. E., 735-7267.
- Albion City Council, 7 p.m., community center, 124 S. Main, 673-9352.
- Burley City Council, 7 p.m., City Hall, 1401 Overland Ave., 878-2224.
- Jerome City Council, 7 p.m., council chambers, 100 E. Ave. A., 324-8189.
- Kimberly Zoning Commission, 7 p.m., community center, 120 Madison W., 423-4151.
- Rupert City Council, 7 p.m., City Hall, 624 F St., 436-9600.
- Shoshone City Council, 7 p.m., City Hall, 207 S. Rail St. W., 886-2030.
- Filer City Council, 7:30 p.m., City Hall, 300 Main, 326-5000.
- Twin Falls County Historic Preservation Commission, 7:30 p.m., Twin Falls Mediation and Arbitration Center, 163 Second Ave. W., 733-3974.

Wednesday

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- DeMary Memorial Library Board, 4:30 p.m., 417 Seventh St., Rupert, 436-3874.

MAGIC VALLEY



Computer games aid in Burley youth's recovery

BURLEY — While recovering from heart surgery recently, Ian Blackburn, 18, didn't spend his time complaining or laying around. He spent the month of downtime practicing — enough to beat more than 50 competitors in a Madden NFL 07 tournament. SEE PAGE A4

Parched plants allowed fire to spread quickly

TWIN FALLS — The Murphy Complex blaze burned more than 1,000 square miles, killed livestock and wildlife and burned numerous structures. Officials called it one of the worst fires in Idaho history.

OBITUARIES

- Edna Julia Muffley, 88
- Lyle Illa, 68
- Dora Packham Lee, 97

SEE PAGE A5

THIS WEEK AT CSI

All week

Fall registration continues; semester begins Aug. 27.
 CSI library is open 7:30 a.m. to 4:30 p.m. today, Thursday and Friday; 7:30 a.m. to 8 p.m. Tuesday and Wednesday; and 1 to 5 p.m. Saturday.
 CSI Adult Basic Education Center is open 8 a.m. to 4:30 p.m. today and Friday; and 8 a.m. to 9:30 p.m. Tuesday through Thursday, Meyerhoeffer second floor.
 CSI Testing Center is open 9 a.m. to 4:30 p.m. today, Tuesday and Friday; and 8 a.m. to 9:30 p.m. Wednesday and Thursday, Meyerhoeffer second floor.

Tuesday

Jim Jeffers art display, Herrett Center, Jean B. King Gallery, through August.
 Southern Idaho Economic Development Organization board meeting, 7 a.m. to 5 p.m., Herrett Center, Rick Allen Community Room.
 Herrett Center for Arts and Science is open 9:30 a.m. to 9 p.m., also Friday.
 Faulkner Planetarium shows: "Sky Quest" with live sky tour, 2 p.m., through Saturdays; "Mysteries From the Depths of Space," 7 p.m., also Friday and Saturday; and "Altruistic Rock," 8:15 p.m. also Friday and Saturday.
 "Mingle in the Jungle," free reptile review, 6 p.m., Herrett Center rain forest.
 Idaho Association of County Treasurers annual conference, 6:30 p.m., CSI grounds across from Herrett Center.

Wednesday

South Central Head Start all-staff training, 9 a.m., Shields building, through Friday.

Thursday

- Twin Falls Public Library Board, 5 p.m., library board room, 204 Fourth Ave. E., 733-2964.
- Castleford City Council, 7 p.m., J&D Printing Enterprises, 300 W. Main, 537-6544.
- Duoce City Council, 7 p.m., City Hall, 116 W. Main, 654-2124.
- Heyburn City Council, 7 p.m., City Hall, 941 18th St., 679-8158.
- Murtaugh City Council, 7 p.m., City Hall, 104 S. Fourth, 432-6822.
- Murtaugh School Board, 7 p.m., high school library, 500 Boyd W., 432-5451.
- Paul City Council, 7:30 p.m., city office, 152 S. 600 W., 435-4101.
- Richfield School Board, 7:30 p.m. high school, 555 N. Tiger Drive, 487-2755.

Friday

- Twin Falls County commissioners, 8:30 a.m., courthouse, 425 Shoshone St. N., 736-4068.
- Hagerman Chamber of Commerce, noon, Hagerman Senior Center, 140 E. Lake, 837-9131.
- Jackpot Advisory Board, 9 p.m., Jackpot Library, 2301 Progressive Drive, (775) 755-2956.
- Belleuve City Council, 7 p.m., City Hall, 115 E. Poplar, 788-2128.
- Fairfield City Council, 7 p.m., City Hall, 407 Soldier Road, 764-2333.
- Murtaugh Highway District, 7 p.m., district office, 108 W. Archer, 432-5469.
- Oakley City Council, 7 p.m., city office, 200 W. Main, 862-3313.

YOUR MORNING BRIEFING

TODAY IN HISTORY

Today is Monday, Aug. 6, the 218th day of 2007. There are 147 days left in the year.

Today's highlight:

On Aug. 6, 1945, during World War II, the United States dropped an atomic bomb on Hiroshima, Japan, resulting in an estimated 140,000 deaths in the first use of a nuclear weapon in warfare.

On this date:

In 1806, the Holy Roman Empire went out of existence as Emperor Francis II abdicated.

In 1825, Bolivia proclaimed its independence from Peru. In 1890, convicted murderer William Kemmler became the first person to be executed in the electric chair as he was put to death at Auburn State Prison in New York.

In 1890, Cy Young gained the first of his 511 major league victories as he pitched the Cleveland Spiders to a win over the Chicago Colts. (However, the score is a matter of dispute, with some sources saying 6-1, and others saying 8-1.)

In 1926, Gertrude Ederle of New York became the first American woman to swim the English Channel, arriving in Kingsdown, England, from France in 14 1/2 hours.

In 1926, Warner Brothers premiered its Vitaphone sound-on-disc movie system in New York with a showing of "Don Juan" featuring music and sound effects.

In 1962, Jamaica became an independent nation within the British Commonwealth.

In 1965, President Lyndon Johnson signed the Voting Rights Act.

In 1970, Pope Paul VI died at Castel Gandolfo at age 80.

In 1986, William J. Schroeder died after having 520 days on the Jovis VII artificial heart.

Ten years ago: Korean Air Flight 801 crashed into a hillside a short distance from Guam International Airport, killing 228 of the 254 aboard the Boeing 747. Ending years of impassioned rivalry, Apple Computer and Microsoft agreed to share technology in a deal giving Microsoft a stake in Apple's survival.

Five years ago: One-year-old Guatemalan twins joined at the head were separated at the UCLA Medical Center. President George W. Bush signed legislation restoring to U.S. presidents broad authority in negotiating end patents.

One year ago: Oil giant BP announced an indefinite shutdown of the biggest oil field in the U.S., at Prudhoe Bay in Alaska, after finding a pipeline leak (BP was able to maintain partial operations); Sherri Steinhilber shot an even-par 72 to win the Women's British Open for the first time.

It became a major Tiger Woods won his 50th PGA Tour title with a three-stroke victory over Jim Furyk in the Buick Open.

Herrett Center for Arts and Science is open 9:30 a.m. to 4:30 p.m., also Thursday.
 Summer solar session (free, safe solar viewing), 1 to 3 p.m., Herrett Center Centennial Observatory.
 Styx Narcotics Anonymous meeting, 7 p.m., Desert 113.

Thursday

Idaho State Board of Education annual meeting, all day, Herrett Center, Rick Allen Community Room, also Friday.
 CSI Adult Basic Education back-to-school meeting, 9 a.m. to 4 p.m., Meyerhoeffer.
 CSI Multicultural Student Services, "Abriendo Caminos" (Winding Pathways), all day, all campus, through Saturday.

Friday

Huggle Bears chapter, Narcotics Anonymous meeting, 7 p.m., Desert 113.

Saturday

Twin Falls Farmers Market (fresh local produce; arts and crafts), 9 a.m. to 1 p.m., North College Road across from Expo Center.
 Monthly star party, 9:30 p.m., Herrett Center Centennial Observatory, free admission.
 "Far Out Space Places" 4 p.m., Faulkner Planetarium.
 IDTA Tennis Senior Women's League, 10 a.m., tennis courts, through Aug. 25.

Sunday

Sabbath Rest Advent Church, "Force and Religion, (What Does God Have to Say About Global Warming?)" 6:30 p.m., Taylor 276 and 277, also Aug. 13.

Times-News

| | | |
|-------------------------|-----------------------------------|----------|
| PUBLISHER | Burley-Hopert-Paul Kelly | 877-4042 |
| Executive Editor | Christine Preece | 735-3343 |
| MANAGER | Debra L. Smith | 735-3343 |
| ADVERTISING | Advertising Director John Collins | 735-3343 |
| CLASSIFIEDS | Classifieds manager Chris Mastor | 735-3287 |
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Murphy

Continued from page A1
 But grazing may not have played a major role in the blaze, Brown said, because the fire swept through grazed land as well as un-grazed areas.
 Last week, Gov. Gil "Butch" Otter said environmental laws that may have slowed the BLM's response also contributed to the fire.
 But with fuels so dry, grazing and response time may not have mattered much.
 A look at the BLM's Fire Handbook may help explain why the Murphy fire grew so quickly. The handbook classifies fuel-moisture numbers into six categories. Two of the BLM's eight measurements fall into the most severe category, where advanced fire behavior is typical, large amounts of land are usually consumed quickly and fires tend to burn out of control.
 Most of Brown's other measurements fall into the next-severe category, where fires are still usually too powerful to attack directly and are likely to spread at extreme rates.
 Combine low fuel moisture and record-high temperatures to reach the most severe categories and the recipe for a perfect firestorm.
 "July was the hottest July we've had on record," said Megan Thimmesch, a Boise-based meteorologist with the National Weather Service. Southern Idaho temperatures were higher this July than in any month since 1940, she said.
 Precipitation that could have moistened fuels was virtually nonexistent. Humidity was lower than normal.
 The area needs significant snowfall this winter to increase fuel moisture next fire season, Brown said. Otherwise, expect another summer of major devastation.

Times-News staff writer Matt Christensen covers the environment. He welcomes comments at 735-3243 and matt.christensen@tcn.net.

Obama

Continued from page A1
 He said Beltway insiders set the nation's agenda. "I don't mind they have a seat at the table," he said of drug and insurance companies, "I just don't want them to buy all of the chairs."
 • **Education:** Next month the Senate Committee on Health, Education, Labor and Pensions, on which Obama is a member, will meet to discuss the reauthorization of President Bush's No Child Left

Behind education initiative. He said he couldn't support the act without making "fundamental changes." Obama said the federal government "left the money behind" when it implemented No Child Left Behind, widely considered Bush's most effective domestic policy.
 The act is further flayed on several fronts, including a lack of resources for teachers and students, and the incorrect assumption every child starts

at the same level, he said.
 • **Energy:** Obama said energy is a key issue people he meets on the campaign trail want to discuss. He said the energy debate in Washington, D.C., is dominated by Big Oil, which protects its turf. "We're funding both sides in the war on terror," he said.
 • **The war:** The comment that elicited the loudest applause dealt with Obama's position on the war in Iraq: "We never should have author-

ized the war ... It was used as an excuse to diminish our civil liberties. No wonder people are frustrated." Obama said the war in Iraq has to end so the military can "focus on those that killed 3,000

Americans on Sept. 11." He said al-Qaida is stronger now than before 9/11.

Doug McMurdy is the associate editor of the Elko Daily Free Press.

Flowers

Continued from page A1
 Cemetery sexton Paul Isanson explains that the artificial flowers reused are those left at the cemetery long after they are supposed to be picked up.
 More often than not, live flowers left on graves die and are discarded. Artificial bouquets are usually caught by wind and tossed about the 12-acre cemetery. Those that are in good shape are placed in a box.

"It's not like we are taking flowers off the grave and selling them," Isanson said.
 "On Memorial Day, we have a hospitality booth with cookies, punch, coffee and historical information. The flowers there are given away to people who can't afford to buy any. They are the ones that blow off the grave or aren't picked up. According to cemetery rules and regulation, any decorations brought for Memorial Day are supposed to be picked up by the following Monday," he said.
 The practice of letting others take unclaimed flowers is one that the West End Cemetery District of Buhl allows as well.
 "We can't store them all year, but we place the decorations in an area so visitors can take and reuse. The ones that are still left are usually taken

to the dump," clerk Michelle Pato said. "We encourage families to come and pick up their decorations."
 Other cemeteries simply discard or burn leftover floral arrangements and decorations.


"We don't have any regulations or anything, but decorations and flowers put on the graves for Memorial Day are supposed to be claimed by the following Monday. Usually, we have five to nine truckloads full of live and artificial flowers and decorations," said Dan Olmstead, sexton for the Minidoka Acequia Rupert Cemetery.
 "Those are dumped in a pile and people can come out and take what they want. After a few weeks, because we simply don't have the room to store it all, we take whatever is left to the landfill," Olmstead said.

Both the Twin Falls Cemetery and neighboring Sunset Memorial Park just throw away unclaimed items.
 "Families have paid for those flowers and decorations. They aren't ours to give away to anyone else," said Courtney Bugoyne, office manager for Sunset Memorial Park.

Times-News correspondent Blair Koch can be reached at blairkoci@gmail.com or 316-2607.

Can I Prevent Varicose Veins?

Not prevent, but perhaps delay. Unfortunately, the regular use of compression stocking. That's even more important during pregnancies. But gravity never quits!



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Montana

Continued from page A1
 Montana Gov. Brian Schweitzer declared the state of emergency on Sunday, and the Federal Emergency Management Agency authorized federal money to help fight the blaze. FEMA will pay 75 percent of eligible state fire-fighting costs for the fire, except as the fire camp, equipment and supplies, agency officials in Denver said. The money does not cover damage to homes or other buildings.
 In northwestern Montana, about 50 homes ahead of a fire in the Flathead National Forest remained evacuated, and crews had to move their fire camp because the blaze burned to within 2 miles. Residents of the Good Creek area to the north may also be evacuated if the fire continues to grow, officials said.
 In California, crews battling an 88-square-mile wildfire roughly 100 miles northwest of Los Angeles in Santa Barbara County were getting about 50 additional fire engines Sunday, on top of the more than 100 already on the scene, after Gov. Arnold Schwarzenegger declared a state of emergency.

More than 2,300 people were fighting the blaze.
 The wildfire continued to grow Sunday, spreading to more than 66,000 acres, but officials were hopeful the blaze would move farther away from homes. It was 70 percent contained Sunday but full containment isn't expected until Sept. 7, officials said.
 The month-old wildfire had changed direction Saturday, moving away from hundreds of rural homes and heading into an unpopulated area of dense vegetation, officials said. Evacuation orders remained in effect for about 650 people in the hamlet of Paradise and a camp for delinquent boys.
 Elsewhere, Michigan officials said Sunday that a wildfire in a remote area of the Upper Peninsula had pushed past fire lines and grown to about 10,000 acres, or more than 15 square miles, in dry, hot and windy weather.

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ALBION Mayor recall set in motion

By Sven Berg
For the Times-News

ALBION — A group of residents have begun the process to force a recall of Mayor Don Bowden, citing "long-standing" dissatisfaction with his performance.

Resident Woody Woodland said he had gathered 15 of the 20 signatures necessary to circulate an official petition to force a recall. He said he expected to secure the remainder within a few days.

If the required signatures are collected, City Clerk Mary Yeaman must verify the signatures and approve the form of the prospective petition.

From the date of approval, supporters of the recall will be allowed 75 days to collect signatures from 20 percent of the voters registered for the city's November 2008 election.

Woodland declined to comment on specific reasons he's pushing for a recall, but said it has nothing to do with Bowden's handling of negotiations between the city and the group of investors who recently bought the campus of the former Albion State Normal School.

Bowden said he had heard rumors a petition would be circulated, but did not know why there was dissatisfaction with his work.

"I heard... that somebody was thinking about doing it," he said. "I can't imagine what it can be for."

Twin Falls City Council meeting tonight

By Jared S. Hopkins
Times-News writer

TWIN FALLS — Among the items scheduled for tonight's Twin Falls City Council meeting:

- Presentation by the Magic Valley Arts Council of a landscape award to Curquest Auto Parts.

- Appointment of Ron Yates to the Historic Preservation Commission.

- Approval of memorandum of agreement from the State Historic Preservation Office's certified local government grant and how the funds are spent.

- Adoption of two ordinances: annexation of about 13 acres at the northeast corner of Kenyon Road and 3600 North Road; and annexation of more than two acres at the southeast corner of Harrison Street South and Orchard Drive.
- An extension of the final plat of the 40-acre Grandview estate subdivision to develop 133 residential lots, and two tracts at the southeast corner of Grandview Drive North and Federation Road.

SUPER SUNSET



The sun sets over Twin Falls on Tuesday. The colors in sunsets have been magnified recently because of all the smoke in the air from wildfires in the region. In this sunset, the contrast of the light seemed to change every few seconds.

Video game paves way to recovery

Practice during recuperation leads to Madden NFL 07 tournament victory

By Nick Coltrain
Times-News writer

BURLY — Ian Blackburn walked into Hollywood Video with confidence. He didn't trash-talk other competitors and didn't get nervous.

If not for heart surgery a month before, no way would he have that kind of confidence behind a joystick.

Blackburn, 18, didn't spend his recuperation complaining or laying around. He spent the month of downtime practicing — enough to tackle and win over 50 competitors in a Madden NFL 07 tournament.

Toward the end of the July 28 tournament, Blackburn's mom, sister, grandpa and aunt cheered him on. His mom, Stacy McCoy, said they didn't cheer for his success at the video game, but because Blackburn could finally leave the house after a month and was succeeding at something.

"He's active — he likes sports, so laying in bed was real rough for him," McCoy said. "I was just happy for him to get up and out of the house, the heck with winning."

His victory came only weeks after surgery to close a quarter-sized hole in his heart. Doctors told Blackburn the surgery will help the migraines that plagued him through his life. The pain struck hard enough to drive him from a regular high school to a Web-based school for his final two years.

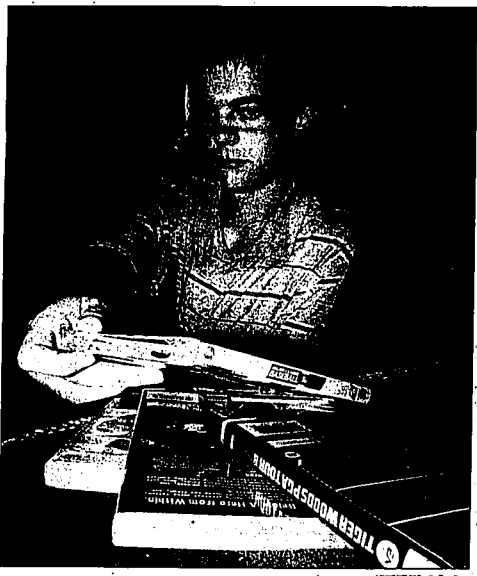
"He got to the point where he was so sick he didn't leave the house," McCoy said. "It's lucky to be alive."

The June 28 surgery left Blackburn confined to his home and unable to raise his heart rate. He couldn't lift heavy objects, much less play basketball.

"I've just been playing video games because of my surgery," Blackburn said. "I couldn't run or play sports or anything like I normally do."

He found an outlet shortly after the surgery in the form of Madden. He could have spent the time moping, but didn't. He honed his skills at the game when he learned of the tournament.

"It gave him something to get up for in the morning instead of just lying around



Ian Blackburn, recovering from a heart transplant operation, spends Thursday afternoon playing video games at his Burley home.

thinking, 'Oh, I don't feel good,'" McCoy said.

Blackburn rented the Madden NFL game that day and rented it again and again until the tournament. He would play for three or four hours a day and learn tips from online competitors. He said no one believed him when he told them he would win.

"What gave me all the confidence was all the practice," he said.

Blackburn said he faced a few tough games on his way to victory — including a

championship bout against his cousin — but a steady approach and control of the clock sealed his spot on top.

Blackburn is so confident he said he is thinking about entering an ESPN-sponsored Madden tournament. But pre-game practice could suffer when Blackburn's doctor gives the OK for some light jogging and weightlifting.

Times-News staff writer Nick Coltrain can be reached at 735-3371 or ncoltrain@magicvalley.com.

Former dairy owners open new store in Shoshone

By Almee Durand
Times-News correspondent

SHOSHONE — For some people, selling baubles, trinkets and other collectibles can be fun. But what's even more fun is meeting the people who purchase the items. At least that's how it is for Scott and Nina Ward, who run the Bear Claw Trading Post.

Managing the store at 1560 N Highway 75 in Shoshone — they don't own it — is a

lifestyle change for the Wards, who gave up their Richfield dairy business about 10 years ago. Now, they are working together again.

"We do everything together," said Scott Ward.

Their shop has an array of authentic southwestern and Indian items, including stones, jewelry, pottery, knives and swords.

Surprisingly, the store's most popular items are its incense and beads.

The Wards, who also manage an RV park, agree that meeting and helping customers is the highlight of their daily work experience. Each helps their forte. Nina regularly helps customers who want to look at jewelry, while Scott assists those interested in the knives and swords.

Beside customer service, the couple said they enjoy getting new items to stock in the store. Their motto: "If we don't have it, you probably

didn't need it."

The Bear Claw, open daily from 8 a.m. to 8 p.m., is closed only on Thanksgiving and Christmas.

"This proves there is life after the dairy," said Scott Ward, reflecting on the busy holiday season yet to come. Maintaining the Bear Claw is not just a job, he said, but a lifestyle.

For more information about the Bear Claw, call (208)-886-7123.

Corn covers costs

Boy Scout troop sells sweet corn for winter trip

By Blair Koch
Times-News correspondent

BUHL — Boy Scouts, as it has been said, are to be prepared.

Boy Scouts also believe in thriftiness and that you must work to pay your way through life and, at times, help others to do the same.

Buhl's Boy Scout Troop 106 is learning just that.

The troop is relatively small, just 15 boys are on the roster but it's size didn't deter them from being chosen to work with the Buhl Kiwanis Club to manage its corn cart sales in the Valley Country Store parking lot.

"This is a great opportunity for our troop to raise money," said Valerie Macias, troop leader. "We have been bringing in \$300 to \$400 a day, and we'll get 60 percent of the profit." The remaining funds will be used by the Kiwanis Club.

Valerie Macias and her four sons worked the most shift Saturday and said that business was booming.

"We've had a steady flow of people since we started," she said.

The funds raised, she said, will help pay for costs associated with becoming a Boy Scout.

"It can cost a lot to join. There are the registration fees, the shirt, bandanna and patches to buy, and it adds up. We want to make sure that every boy who wants to be a scout can," she said.

Money will also be put aside for the troop's junior scouting trip to Yellowstone National Park this winter. The scouts said they are eager to make a memorable trip.

"I want to see the bears and buffalo. We are looking forward to fishing and hiking, and swimming and snowshoeing," said Scout Isaac Macias, 11. "It's been fun selling corn here."

The experience is teaching the boys customer service and money-handling skills.

"The oldest is running the cash register, and the younger ones help customers with their bags," Valerie Macias said.

Angel Macias, 7, said his specialty is picking out the good ears of corn for customers.

"You don't want an ear with stuff on the corn. You pull back on the (husks) and look at it inside," he said. "It's good corn to eat, too. It tastes real good."

The corn is brought fresh to the cart from Seneca Foods in Buhl, and will be available for sale through October.

"The community has been really supportive of what we are doing here," Valerie Macias said.

Times-News correspondent Blair Koch can be reached at blairkoch@gmail.com or 316-2607.

Want to help local Boy Scouts?

Buhl's Boy Scout Troop 106, in conjunction with the Buhl Kiwanis Club, will sell ears of corn 9 a.m. to 6:30 p.m. Monday-Thursday through October in the Valley Country Store parking lot, 708 East Highway 30 in Buhl. Prices start at six for \$2.

OBITUARIES/MAGIC VALLEY/IDAHO

Edna Julia Muffley

GOODING — Edna Julia Muffley, 88, of Gooding, died Aug. 4, 2007, at the Gooding County Memorial Hospital.

Edna, the daughter of Julius and Katie Schmitt, was born Aug. 26, 1918, on a farm north of Gooding. She grew up and went to school and spent most of her life in her beloved hometown. She met Jim Muffley, her life partner and soul mate, while he attended Gooding College. They married in 1935 and shared 52 years together.

Jim and Edna made their first home in Fairfield, where a daughter was born. A second daughter came after a move to Boise. When Jim joined the Navy in World War II, Edna stayed in Boise and took in boarders to make ends meet. Their son was born after the war and they returned to Gooding.

Edna spent most of her time nurturing her family, but also served on the Gooding School Board, was active in the Hospital Auxiliary and was committed to her Christian faith. Edna loved and was adept at woodworking and ceramics. She also loved the outdoors and spent many summer days camping and fishing with her husband, children and grandchildren. She especially enjoyed catching perch in Mormon and Magic Reservoirs. A special joy for the grandchildren was Papa and Nana's backyard swimming



pool where they spent many happy summers. Edna is survived by her children, Joan (Jerry) Mowery of Wendell, Lois Mintun of Gooding and Bob (Mari) Muffley of Wendell; 11 grandchildren, 22 great-grandchildren and 14 great-great-grandchildren. She was preceded in death by her husband, parents, sister Mary, brother Jim and son, Good Ed Mintun.

Funeral services will be held at 10 a.m. on Wednesday at Demaray Funeral Service — Gooding Chapel with Harry Johnson and Russ Shurrock officiating. Burial will be in the Elmwood Cemetery in Gooding. Family members and friends may call from 4 to 7 p.m. on Tuesday at the chapel. Memorial contributions may be made to Gooding County Memorial Hospital Auxiliary or Carolyn DeWitt, P.O. Box 300, Gooding, Idaho 83303; Giddons International, P.O. Box 155, Jerome, Idaho 83338; or the Gooding Southern Baptist Church, 2245 California Street, Gooding, Idaho 83330.

For obituary rates and information, call 735-3268 Monday through Saturday. Deadline is 3 p.m. for next-day publication. The email address is obituaries@magvalley.com. Death notices are a free service and can be placed until 4 p.m. every day. To view or submit obituaries online, or to place a message in an individual online guestbook, go to www.magicvalley.com and click on "Obituaries."

Dora Packham Lee

FAIRFIELD — On Friday, Aug. 3, 2007, Dora Packham Lee, a longtime resident of the Camas Prairie, passed away of cause incident to her age.

She was born on Nov. 18, 1909, in Pleasant View, Utah, the third child of William John Packham and Luella Hickenlooper. Her brothers and sisters were Lula, Thelma, Charles William, John Earl, Edward Leroy, Anita Emily, Don Everett, Geneva, Meryl, Nolan and Willis Arthur. She came to the Camas Prairie on July 19, 1917. She attended grade school at the Manard School and high school at Fairfield. She was married to Harold

Dixon Lee and had eight children: Norrene, Harold B. (Ann), Gordon (Alice), Jay Allen (Kathleen), Kenneth William (Nancy), Richard Lamar (Cherily), Molly and Peggy (Deen) Tedi. She had 23 grandchildren and 14 great-grandchildren.

She was preceded in death by her husband, Harold, and children, Norrene, Molly and Harold B. She lived her life as best she could and gave of herself to her friends, family, and children. I have labored for a long time trying to think of fitting words to describe her life, but it is a fool's errand. How can anyone hope to capture all she

was to her family? We will all sorely miss her, and look forward to the day when, through the grace of our Savior Jesus Christ, we will greet her again in a place free from pain and sorrow. Until that time, goodbye mother, we love you more than we can say, and thank you for all you did and the love you freely gave to us all.

We would like to thank Shoshone Rehab and Home Hospice for their care of Dora. A viewing will be from 4 p.m. to 7 p.m. Tuesday at Demaray Funeral Service — Gooding Chapel. Graveside inurnment services will be held at 11 a.m. on Thursday at the Manard Cemetery.

CENTURY STADIUM 5 & BURLEY THEATRE IN BURLEY
BOURNE ULTIMATUM
 7:30 • R-13 (PG-13)
SIMPSON MOVIE
 7:30 • R-13 (PG-13)
UNDERDOG
 7:30 • R-13 (PG-13)
HARRY POTTER
 ORDER OF THE PHOENIX
 7:30 • R-13 (PG-13)
CHUCK & LARRY
 7:30 • R-13 (PG-13)
 BURLEY THEATRE
 ALL SEATS \$2.00 EXCEPT ORCHESTRA SEATS \$20.00
SPIDER-MAN 3
 7:30 ONLY (PG-13)

SERVICES

Stacey Lee Turner of Meridian and formerly of the Mini-Cassia area, funeral at 11 a.m. today at Rasmussen Funeral Home, 1350 E. 16th St. in Burley; friends may call one hour before the service today at the funeral home.

Jerred Lee Heck in Twin Falls, service at 11 a.m. today at Parke's Magic Valley Funeral Home in Twin Falls.

Matthew 'Matt' Herman of Twin Falls, celebration of life at 2 p.m. today at Sunset Memorial Park (Reynolds Funeral Chapel in Twin Falls).

Mabel Stevens of Burley, memorial service at 7 p.m. today at the Crossroads Bible Church, 1550 Parke Ave. in Burley (Payne Mortuary in Burley).

Mary A. Bell of Bulli, funeral Mass at 11 a.m. today at Immaculate Conception Catholic Church in Bulli; rosary at 7 p.m. today at the church. Viewing will be from 3 to 5:30 p.m. today at Farmer Funeral Chapel in Bulli.

Joan Marie Bailey of Salt Lake City, Utah, and formerly of Murraingh, graveside service at 2 p.m. Tuesday at Sunset Memorial Park in Twin Falls.

Michael Charles McSweeney of Twin Falls, celebration of life at 11 a.m. Friday at St. Edward's Catholic Church in Twin Falls; a meal will follow

at the parish hall, and a gathering at the Klover Klub in Twin Falls will follow the meal (Serenity Funeral Chapel in Twin Falls).

Gary Paul Miller of Twin Falls, celebration of life at 2 p.m. Friday at Reynolds Funeral Chapel, 2466 Addison Ave. E. in Twin Falls.

Jesse F. Crawford of Burley, memorial service at 10 a.m. Saturday at the Burley First Baptist Church, 2262 Hilland Ave. (Payne Mortuary in Burley).

Norman Stedwell 'Wag' Wood of Declo, funeral at 11 a.m. Saturday at the Declo LDS Stake Center, 213 W. Main St.; friends may call from 6 to 8 p.m. Friday at Rasmussen Funeral Home, 1350 E. 16th St. in Burley, and from 10 to 10:45 a.m. Saturday at the church.

Robert Henry Dobrinski of Ketchum, celebration of life at noon Saturday at the Sun Valley Campground in Sun Valley (6.5 miles east on the Sunny Road, heading towards Trail Creek).

Robert 'Bob' 'Shammy' of Kent, Wash., and formerly of Twin Falls, celebration of life at 3 p.m. Sunday at the Adventure Community Church in Duval, Wash.; reception will follow at Deann Coppers' home in Duval.

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DEATH NOTICES

Leonard J. Huber
 JEROME — Leonard J. Huber, 83, of Jerome, died Aug. 5, 2007, in Jerome. Funeral arrangements will be announced by Farnsworth Mortuary of Jerome.

Violet Reiman
 TWIN FALLS — Violet Reiman, 83, of Twin Falls, died Aug. 4, 2007, at her home. Burial will be from 6 to 8 p.m. Monday, Aug. 6, at the Wilke-Clay-Fish Funeral Home, 2620 S. Congress in Austin. The funeral will be at 2 p.m. Tuesday, Aug. 7, at Christ Lutheran Church, 300 E. Monroe St. in Austin. Memorial contributions, in lieu of flowers, can be made to the American Cancer Society.

Three more wildfires start; cause unknown

By Kate Poppen Times-News writer

TWIN FALLS — After a few days of quiet, three new wildfires erupted in the central Idaho Sunday. The biggest of the three, the Walcott Fire, started around 12:30 p.m. and covered 1,500 acres near Lake Walcott in Sunday afternoon, said Heather Tiel, spokeswoman for the Bureau of Land Management.

Firefighters weren't sure what caused the blaze, Tiel said, though one possibility was a lightning bolt that moved through the area on Saturday. No structures were threatened by the blaze, which started on private land but moved to BLM land, as of Sunday afternoon. The agency had eight engines,

several single-engine tanker aircraft and a bulldozer on-site. The other two fires, both on U.S. Forest Service land in the South Hills, were much smaller. Forest Service fire information officer Julie Thomas said. The Dead Eye Fire encompassed 80 acres and attracted five engines, a Forest Service helicopter and eight smoke-jumpers, she said. The Kelsey

Fire covered 15 acres and was being fought by two engines and a bulldozer. Two type-2 hand crews were on their way to help with both fires as of Sunday afternoon. Again, no structures were threatened by either fire, though Thomas said she had received several phone calls from worried homeowners nearby.

Gusting winds and dry conditions cause problems for Idaho firefighters

By Keith Ridler Associated Press writer

BOISE — Wind-whipped flames jumped a fire line and two other fires merged as firefighters on Sunday prepared for the Zena/Loon Fire to reach the dry mountain town of Warren in north-central Idaho. "You can't really put crews on the ground in front of a fire that's being driven like this," said Rudy Evenson, fire information officer for the East Zone Complex, of which the Zena/Loon is a part. "There's a pretty high likelihood that it will arrive down around Warren within the next 48 hours," he said Sunday evening.

The lightning-caused East Zone Complex, burning about 25 miles northeast of McCall, is about 78 square miles and was 15 percent contained. It has destroyed one outbuilding. Evenson said fire managers have anticipated the fire reaching Warren and have been clearing brush around buildings and that some structures have been wrapped in protective material designed to protect them from flames. He also said pumps have been set up to draw water from a creek. "We feel confident that the measures are what we need for when the fire arrives," he said. He said 97 structures are being protected, including wood bridges, but didn't know how many of the structures are residences. He said no evacuations have been ordered for the town. The East Zone Complex is also threatening 388 structures in the community of Seeseh some 30 miles to the south-

west of Warren. Evenson said. Crews are also doing protection work there. Nearly 800 managers and firefighters are working on the blaze, along with five helicopters. There have been no serious injuries to firefighters, Evenson said.

Management of the Horton Fire, burning 15 miles north of McCall and which jumped a fire line Saturday in the Payette National Forest, has been added to the East Zone Complex that is being managed by a federal team. Evenson said the East Zone Complex is difficult to fight because embers sent out ahead of the fire are almost certain to ignite more fires when they land because of the dryness of the area. Elsewhere, the Cascade Complex of fires burning about 16 miles northeast of Cascade in the Boise National Forest was 81 square miles in size and 22 percent contained, according to the Boise-based National Interagency Fire Center.

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OTHER VIEWS

Impact fees should cover building new schools

Idaho Statesman, Boise

If growth is going to pay for itself, then growth needs to pay for new schools. It's time for the Legislature to allow school districts to impose impact fees — before large, far-flung planned communities place an unfair burden on school districts and their taxpayers.

Impact fees would require homebuyers to pay for new schools in new neighborhoods, a fair and well-established concept.

Treasure Valley cities already collect impact fees for emergency services, traffic signals and parks. The city of Boise collects impact fees for parks; this fall, the City Council may vote on an ordinance expanding fees to police and fire. In conjunction with an ordinance in the works in Ada County, The Ada County Highway District collects impact fees for roads.

Growth exerts the same budgetary pressure on public school districts. For a vivid illustration, look no further than the foothills north of Eagle.

If the foothills build out to the eye-popping extent contemplated by the Eagle City Council — up to 20,000 homes in the next 35 years — the Meridian School District says it would need 16 to 17 new schools. The building costs alone would run from \$190.7 million to \$317.8 million.

Who should pay? Every property owner in the district? Or the property owners who create the new need? The answer is as obvious as it is equitable.

The status quo strains every taxpayer — and the state's dysfunctional method of paying for schools.

School building costs are now borne almost entirely through property taxes, consistently voted the state's least fair tax in Boise State University's annual public policy survey. By design, it's difficult to pass a school bond issue; the Idaho Constitution still requires an antiquated two-thirds majority.

If districts have to keep going to this same source — for all building needs — at some point, taxpayer fatigue is inevitable. For many voters will say no to new schools in new neighborhoods, a recipe for overcrowding.

Or, perhaps, they'll say no to needed repairs and upgrades, creating hives and hives within the same school district. Neither outcome is acceptable.

Treasure Valley districts have put off this day of reckoning by using their bonding power with care. Districts have crafted recent bond issues to make sure the schools' tax rate stays the same — spreading building costs across an expanding tax base. Voters have responded by voting yes.

In a sense, this means that growth has paid for new schools ... However, it's an ineffect way of taxing growth; a homeowner in an older Meridian neighborhood still pays a share toward a school in a brand-new subdivision. If growth is going to occur in large planned communities, let's isolate the cost of schools at the neighborhood level.

Meridian School District Superintendent Linda Clark ... envisions a balanced funding act because there is a startup cost for building schools and a cost to maintain and upgrade in the future. All homeowners have the obligation to pay for ongoing costs. She would fund new schools with a combination of impact fees and passing bonds.

She is concerned that if the total cost to start up a school was saddled on new development, those same homeowners won't later vote for a bond. An impact fee, she said, would never be high enough to pay the total amount anyway.

Legislators talk a lot about trying to lower the property tax on homes, and nearly a year ago, they approved a heavy-handed \$260 million tax shift in the name of property tax relief. By allowing impact fees for schools, they can provide much-needed help to homeowners in growing school districts.

Their view: The Idaho Statesman said that the Legislature should allow school districts to levy impact fees, which would require homebuyers to pay for new schools.

What do you think? We welcome viewpoints from our readers on this and other issues.

Throning that woman: Judith Giuliani

The topic for this year's dog days seems to be: Just how awful is the future White House spouse? Vanity Fair has set a new standard for catnip with Judy Buchach's portrait of aspiring first lady Judith Giuliani. Forget asking who would want to be president. Who in her right mind would ever want to be the first lady?



KATHLEEN PARKER

Or the first gentleman, as the case, indeed, may be. Retired judge Kathleen Parker says Bill Clinton can't wait for his Vanity Fair cover — he'll be wearing an apron and baking cookies, no doubt. But there isn't much left to learn about the former president. We know everything from the cut of his drawers to the angle of his reppé. "TMI" (too much and too intimate) was coined for the Clinton White House and the Star Inquisition.

We are equally thorough in our inspection of potential first ladies, applying the same in different ways. Dirty little secrets have less to do with alleged sexual peccadilloes than with more subtle indicators of class and taste. We love the working class, just as long as they don't try to use the gold silver.

Buchach's piece cut close to the pedicle. Not only was Mrs. Giuliani portrayed as using husbands to advance her personal socio-economic agenda, but her squarely middle-class upbringing was put on snobbish display. Hint: her parents' porch is carpeted. Or, as an old friend described her childhood lifestyle: "They ate dinner every night at 5 p.m. Salad was not something they knew much about. Hoagies and



pointes and corn they knew about.

Ah, where would we be without our 'old friends'?

In any case, the young Judith's culinary experiences closely parallel those of most Americans, the majority of whom are not as concerned as, say, Barack Obama is with the high cost of arugula.

Speaking recently at a Rural Issues Forum in Adel, Iowa, the Illinois senator expressed solidarity with the state's corn and soybean farmers by noting that crop prices hadn't risen even though grocery store prices had.

"Anybody gone into Whole Foods lately and see what they charge for arugula?" the senator asked. "I mean, they're charging a lot of money for that stuff."

Um, that would be a 'no.' For starters, Iowa doesn't have a Whole Foods store. And chances are good that most Iowans are more interested in the cost of, oh, corn and soybeans.

It's just a hunch, but I'm guessing the wily and studious Mrs. Giuliani wouldn't have made that slip — or allowed

her husband to Mrs. Giuliani, who wore a diamond — and pearl-studded tiara to her wedding, is nothing if not attentive to detail.

That she is ambitious, meanwhile, is no secret to anyone who has met the woman. With one very firm handshake, Mrs. Giuliani conveys three things: Labrador devotion to her husband, cultivated intelligence and noble ambition. That is, she would sleep on a bed of nails to get "there" — whatever and wherever "there" is.

For some, "there" is a well-written book or a Babettes' feast. *L'art pour l'art*. For others, nothing less than the White House will do. Put Mrs. Giuliani in the latter category, but then ask: Is she more ambitious than other aspiring first ladies?

Does Elizabeth Edwards want the office less? Or are her reasons more palatable by virtue of her style? Is Michelle Obama similarly inoculated? Not so fortunate is the "trophy wife," as Fred Thompson's younger, blond wife has been dubbed. Can a good-looking blonde ever get a fair shake? Is

she too slappily for an oval office? Passionate and intelligent as she has been described by a mutual friend, But she's got cleavage! How much is too much? Hillary Clinton's office wants to know. Or was that Nancy Pelosi?

The tits just keep a-comin'. One thing we know: Women are scrutinized in ways men never are — and usually by other women. As the fabled scorpion said to the frog that was ferrying it across a stream — right after inserting its stinger and dooming them both to death — *It's our nature*.

Americans are suspended, meanwhile, in a time warp of traditional expectation and contemporary reality: Women are liberated as never before. They enjoy sex without marriage, get divorced, raise kids by themselves, and speak up when they've got something to say.

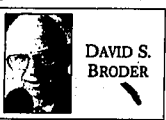
They enjoy sex without marriage, get divorced, raise kids by themselves, and speak up when they've got something to say. Judith Giuliani, in other words, is a mirror on our times. It would seem we don't much like our reflection.

Kathleen Parker at kparker@kparket.com

One thing we know: Women are scrutinized in ways men never are — and usually by other women.

Polarized politics blooms on Capitol Hill

The distinguishing characteristic of this Congress was on vivid display the other day when the House debated a bill to expand the federal program that provides health insurance for children of the working poor.



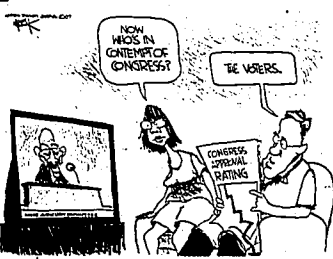
DAVID S. BRODER

Even when it is performing a useful service, this Congress manages to look ugly and mean-spirited. So much blood has been spilled, so much bile stockpiled on Capitol Hill that no good deed goes un tarnished.

The State Children's Health Insurance Program, a 10-year-old proven success. Originally a product of bipartisan consensus, passed by a Republican Congress and signed by President Bill Clinton, it was one of the last domestic achievements before Monica and impeachment fever seized control.

It is up for renewal this year, and suddenly has become a bone of contention. President Bush under-funded it in his budget; the \$4.8 billion extra he threatened spending in the next five years would not finance insurance even for all those who are currently being served.

But when the Senate Finance Committee proposed boosting the funding to \$35 billion — financed by a hefty boost in tobacco taxes — Bush threatened veto and he raised the rhetorical stakes by claiming that the measure



was a step toward "government health insurance."

That was surprising news to Republican Sens. Chuck Grassley of Iowa and Orrin Hatch of Utah, two staunch conservatives who had joined in sponsoring the Senate bill, which enjoyed a 17-4 margin in the Finance Committee.

But rather than meet the president's unwise challenge with a strong bipartisan alternative, the House Democratic leadership decided to raise the partisan stakes even higher by bringing out a \$50 billion bill that not only expanded SCHIP, but also would curtail the private Medicare health delivery system that Bush favors.

To add insult to injury, the House Democratic leaders then took a leaf from the old Republican playbook and brought the swollen bill to the floor with minimal time for debate and denied Republicans any opportunity to offer amendments.

The result was undisguised fury — and some really ugly exchanges on the floor. The worst given voice by former Republican Speaker Dennis

Hastert, among others, was the charge that the Democrats were opening the program to illegal immigrants. The National Republican Congressional Committee distributed that distortion wholesale across the country, in a flurry of press releases pointing to the same kind of nativist prejudice that sank the immigration reform bill. In fact, governors of both parties support the certification system included in the bill for assuring that families meet citizenship requirements; the governors know that too many legal residents have been wrongly disqualified because they could not locate their birth certificates.

In the end, the House bill passed on a near-party-line vote, 225-204, far off from the margin that would be needed to override the promised Bush veto. That means the program will probably have to be given a temporary renewal before the Sept. 30 deadline, and eventually, Democrats and the White House will negotiate an agreement.

So it will go down as another more example of an unsuccess-

ful conflict. No rational human being could explain why a program that both parties support and both want to continue could ignite such a fight.

But that is Washington in this era of polarized politics. As Congress heads out for its August recess, it has accomplished about as much as is usually the case at this stage. It passed an overdue increase in the minimum wage and an overdue health care package of ethics reforms. It moved some of the routine legislation.

But what the public has seen and heard is mainly the ugly sound of partisan warfare. The Senate let a handful of dissident Republicans hijack the Immigration bill, its Democratic leadership marched up the hill and back down on repeated futile efforts to circumvent American involvement in Iraq, then shamefully pulled back from a final vote when a constructive Republican alternative to the Bush policy was on offer.

The less-than-vital issue of the firing of eight U.S. attorneys has occupied more time and attention than the threat of a terrorist enclave in Pakistan — or the unchecked growth of long-term debts that could sink Medicare and Social Security.

And when this Congress has an opportunity to take a relatively simple, incremental step to extend health insurance to a vulnerable population, the members managed to make a mess of it.

It's no wonder the approval ratings of Congress are so dismal.

Reach David Broder at davidbroder@washpost.com.

LETTER TO THE EDITOR

Wildfires need fuel to burn, so take it away

Regarding the fire story about Bert Brackett on July 25: Remember the old adage, "Adding fuel to the fire" or possibly, "throw another log on the fire."

Grass and brush are flammable, consequently they are fuel. It doesn't take a rocket scientist to discover that if you take away the fuel, the fire will go out.

I believe instead of producing evidence, our common sense should prevail.

SHAWN FULLER
Twain Falls

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Get in your two cents

ONLINE: At MagValley.com, you can respond to any of the local opinions or stories in today's edition. First register online for free and then give us your two cents.

ON PAPER: The Times-News welcomes letters from readers on subjects of public interest. Please limit letters to 300 words. Include your signature, mailing address and telephone number. Letters may be bought to the Twain Falls office, mailed to P.O. Box 548, Twain Falls, ID 83303; faxed to (208) 734-5538; or e-mailed to letters@magvalley.com.

To add insult to injury, the House Democratic leaders then took a leaf from the old Republican playbook ... and denied Republicans any opportunity to offer amendments.

LETTERS TO THE EDITOR

Environmentalists to blame for our big wildfires

How big is the Jarbridge fire? The size of Twin Falls? ... Add Piccoteo and Idaho Falls, then add Mountain Home, Harley, Rupert, Jerome and Buhl. Now multiply by 20. You're getting close!

reason for so many more huge range fires is environmentalists' cause 'em! Their motto: "No cow left behind!" Get 'em all off our land! These monster fires are actually a blessing. They expose the insanity of the whacko agenda in real time.

...have developed an "allergy" to all that is "of man," they are in part to rationally dismisses of the past. Sadly, their duty in too often becomes our law.

Perhaps this fire season will pit a hollow victory by the Idaho and show the BLM (in real time) that its success story is a failure and show — that putting a halter on ranchers is far preferable to a fable.

PHIL AUBER Berger

Politicians mean-spirited as we spin the wildfires

As we spin the older, wilder of us have learned that the only consistency in the public pronouncements of elected officials is their inability to tell the truth. When speaking for the public record, all elected officials

are much more concerned with manipulating public opinion than in truthfully informing the public. ... But it has always been around.

This total lack of decency was evident these past few days in the public statements by Gov. Otter and Sens. Craig and Crapo regarding the Murphy Complex fire. Their attempt to place blame for this fire upon Bureau of Land Management management policies was political polemic of the highest order — if it wasn't so patently mean-spirited, it would actually have seemed to pass up an opportunity to trot out their Just-Us-Not-Rebellion credentials and use them to stir up the angst of all

of those Idahoans living out in the clearest grass and harboring smoldering resentments toward the federal government.

And Rep. Bert Brackett went them all one better by attempting to lay the blame for this fire directly at the feet of Jon Marvel and Western Watersheds. Whatever one thinks of Marvel and Western Watersheds, Brackett's swift heat-style character assassination and blatant low-road political tactics are unworthy

of any elected representative. He should be publicly chastised by his constituents and his party.

It would be refreshing if Idaho's elected officials and our governor got around to addressing some of the huge issues that confront all Idahoans, instead of expending their energy and good offices on promoting all of these needless "we-they" political animosities.

PETER REMMEN Hagerman

Did I miss the 'hip' part of the debate?

CNN commentators keep telling us how young and hip the audience was for the recent YouTube Democratic debate, apparently unaware that the audience occasionally panned across the audience, which was the same oddball collection of teachers' union shills and welfare recipients you see at all Democratic gatherings.



ANN COULTER

So Hillary was dying to send Chelsea to the D.C. public schools, but "unfortunately" did not do so only because of the press? Did she also agonize over whether to allow Chelsea to play in traffic?

She was not dying to send Chelsea to D.C. public schools. And no Democrat cared about "education" or "the poor."

Democrats care about social service bureaucrats who make their living allegedly working on behalf of the poor — the famed "public schools." The Democrats always drone on about — jobs that would disappear if they ever eliminated poverty. That's why Democrats keep coming up with policies designed to create millions and millions more poor people.

Democrats fight tooth and nail against any measures that would actually help the poor, such as allowing schools to fire bad teachers. Their children in the rotten D.C. public schools to take money out of the public school system so their kids could go to Sidwell Friends like Chelsea.

More than that, Democrats resolutely refuse to tell the poor the secret to not being poor: Keep your knees together until marriage.

There is no class size, not preschool, not even vouchers, though vouchers would obviously improve the education of all students. You could have bonuses running the schools — and often do — and if the kids live with married parents, they will end up at good colleges and will lead happy, prosperous lives.

...dutive lives 99 percent of the time.

But Democrats don't care about the poor. They don't care about the children. They care about government teachers and other government bureaucrats — grumpy, dowdy women who "woo" at political debates. Or, as CNN calls them, the young "hip" crowd.

Not counting talking snowmen, the main difference in the YouTube debate audience and the audience for the earlier CNN Democratic debate is that the YouTube debate had 173,000 fewer viewers in the 18-49 demographic. So it was probably not young and, on the basis of casual observation, definitely not hip.

As usual, the audience consisted mostly of public school teachers. According to CNN, the highest reading achieved on the CNN feelings-knob was for Richard King talking about public school teachers.

B. Hussein Obama said he was for slavery reparations in many forms, but the only one that got applause was for more "investment" in schools. In Obama's defense, the precise question was: "But is African-Americans ever going to get reparations for slavery?" So a switch to the subject of education was only natural.

Moreover, a question on reparations has got to be confusing when you're half-white and half-black. What do you do? Demand an apology for slavery and money from yourself? I guess bicultural reparations would involve sending yourself money, then sending back a portion of that money to yourself, minus 50 percent in processing fees — which is the same way federal aid works.

It was fun to hear the Democratic candidates give

heart-rending reasons for not sending their own kids to public schools. Except John Edwards. He got a "woo" for sending his kids to public schools from all those "young hip" Democrats whose greatest concern is how to transfer more money to public school teachers while reducing their workload.

The candidates all managed to come up with good reasons for sending their kids to private schools — with extra points for reasons that involved family tragedy or emergency — but it didn't seem to occur to any of them that ordinary families might have good reasons, too. In her first risible lie of the debate, Hillary said Chelsea went to public schools in Arkansas. But when they moved to Washington, they were advised that "if she were to go to a public school, the press would never leave her alone, because it's a public school. So I had to make a very difficult decision."

"Unfortunately," she said, it was "good advice."

Was it really that difficult a decision not to send Chelsea to public schools in Washington, D.C.?

This is how The New York Times recently described the schools in Washington, which it called "arguably the nation's most dysfunctional school system."

Intestate Asset Protection Trust ORPHEUS JUBILEE BOUNCES BACK MERRY 6

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Financial Lesson of the Week Brought to You by Edward Jones www.edwardjones.com • Member SIPC Are You Prepared to Help Aging Parents? If you have your parents during much of your adult life, consider yourself fortunate.

nie Newspaper in Education In dealing with various matters relating to your parents — and particularly financial matters — the key is open and frequent communication. ... You can start by finding out if your parents have a simple will drawn up. ... And, speaking of incapacity, you may want to encourage your parents to create a durable general power of attorney, which allows them to appoint another person to conduct their business affairs if they are physically or mentally unable to manage them yourself.

Why are hearing aids so expensive and what can be done about it?



by Weston Harris
BC-HIS

As the price of technology plummets, the price of hearing aids should come down as well.

Today's digital technology is good and inexpensive. Hearing aids should be the same.

The Way Things Were... The Way Things Are

In 1967 it took a computer that filled a whole room and cost literally millions of dollars to have the computing power you now hold in your \$49 cell phone.

During the same year, hearing aids were bulky, uncomfortable things that didn't work very well, made everything sound strange and cost thousands of dollars.

Over time technology has improved as well as miniaturization techniques. It soon became possible to fit all of the electronics inside a device custom-molded to the patient's ear.

Sound quality was better and the device was not quite as obtrusive. These new hearing aids fit entirely inside the ear, but were still quite bulky. Time consuming custom fitting and adjustments were still required. This was an improvement over the past, but the cost remained high.

Improvements in instruments... not in price

As time passed, the ability to miniaturize circuitry continued to improve and hearing instruments got smaller and smaller. Meanwhile features like quality of sound, adjustability and fit improved. But the process never changed. You were still stuck with testing, molding, custom manufacturing, fitting and adjustments. And at the end of the day, the patient often experienced a plugged-up feeling while wearing the hearing aids, that just wasn't comfortable.

The price remained at \$6,000 - \$10,000 a pair, and sadly, after making such a substantial investment, many devices just wound up in the nightstand drawer. Today's hearing aids are highly miniaturized, nearly invisible, provide high-fidelity natural sound and can be as comfortable to wear as eyeglasses. But for the most part they still cost thousands of dollars to buy.

Why?

Today's high prices are ridiculous. It doesn't have to be that way. Now you can hear much better for half the money--or less.

Unfortunately, there is no legitimate reason for the cost of hearing aids to have remained so high.

These devices can now be manufactured far more inexpensively and quickly than ever before with no sacrifice in quality whatsoever.

So why have prices remained so high? Because the major hearing aid manufacturers want them to remain high. That's why.

Think about it. If you could cut your production costs in half, but didn't need to lower your prices, all that extra profit would go directly in your pocket. No wonder the current manufacturers continue to maintain today's high hearing aid pricing.

Enter digital technology and a quantum leap in hearing technology

With the dawn of the digital age, hearing aids took a major leap forward. Now hearing specialists can provide hearing aids that work better than ever and are so small they're virtually invisible--and the quality has never been better.

But even with these dramatic changes, most manufacturers and retail outlets are still charging \$6,000 - \$10,000 for a new pair of hearing aids.

National Brand commits to direct-to-consumer sales program and instant hearing-enhancement technology

At least one national manufacturer of hearing aids threatens to topple the industry's

house of cards. Harris Hearing, one of the country's top manufacturers is now providing its products direct to the public and to retail hearing centers, without a middle-man. Direct-from manufacturer pricing is allowing hearing impaired people to get custom-fit hearing aids for roughly half of traditional pricing.

With the Harris Hearing Symphonia Micro Open Ear™, you can walk into a hearing center, be tested and fitted and within a few days have a custom programmed device to help you hear better than you have in years. In addition, this new technological breakthrough enables the wearer to hear natural sound, without the plugged-up feeling that has been characteristic of traditional hearing aids. What's more, these new instruments are as easy and comfortable to wear as eyeglasses.

With this revolutionary development, hearing clinics are opening up all over the nation, including within many existing pharmacies and other major retail locations. These centers are providing this new generation of products at unheard of prices, to people who could never have considered getting help with their hearing before. These new products are being made available at open houses at these centers, usually in an area near you.

The new hearing technology will allow you to hear better, closer to the way you used to years ago. Your friends and family won't even know you're wearing a hearing instrument except that you will be hearing them much better. You'll avoid much of the time-consuming fitting and re-fitting processes of the past and begin hearing better quickly. In addition, you'll be able to do it all about half of what it would have cost you, just a year or two ago.

So all of the reasons you may have given yourself to not get help for your hearing have now been eliminated. Why not make an appointment to get back this incredibly important, life-enriching facet of your life right now?

For more information about this new technology, log on to www.harrishearing.com

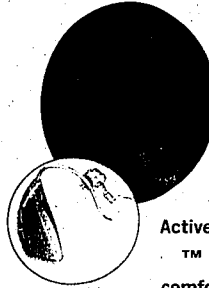
Get 2 Hearing Aids for the Price of 1

Monday August 6 - Friday August 10

As A Premier manufacturer of nationally distributed hearing aids, Harris Hearing offers the most popular styles direct to the public at wholesale prices. This means you'll save thousands on the revolutionary technology that provides comfort, improved quality of life and the most natural hearing you can get with a hearing aid.

Micro Open Ear

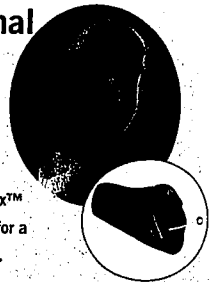
- Nearly invisible design
- No more plugged ear sensation
- Hear natural sound of your own voice
- Eliminates telephone feedback
- Rapid adjustment period - in minutes not months



ActiveEAR's Micro Open Ear Technology™ instantly enhances your hearing comfortably without plugging your ears.

Micro Comfort Canal

- Completely invisible design
- Easy to insert and remove
- Comfortable, clear-hearing solution
- Eliminates telephone feedback
- Effective even in background noise



ActiveEAR's breakthrough Harmonix™ Technology blends sound precisely for a richer fuller listening experience.

Save an additional

\$400 off

on our premium technology

with parts & service *1 yr. batteries

All Programmable and Analog Technology**

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FULL SHELL

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300
INSIDE: Tom Glavine wins his 300th game, B2

INSIDE: MLB, B2 | Golf, B2 | Scoreboard, B3 | Weather, B4 | Nation/World, B4

Latham lights up MVS Platt Electric 200

By Linda Brittain
Times-News correspondent

TWIN FALLS — After 199 laps, Bobby Latham III and John Newhouse went into the final turn side-by-side, but it was Latham who got the edge over Newhouse by 1/16 second at the finish line Saturday night at Magic Valley Speedway.

The Platt Electric 200 was divided into three segments and at the end of the first segment at lap 75, James Eaton of

West Jordan, Utah, went into the first break in the lead followed by Bryan Wärf of Meridian, and then Newhouse and Latham.

The second segment, a 50-lap contest, began based on the finishing order of the first segment, but it only took five laps for Newhouse to assume the lead. The segment ended with Craig Bell, Zan Sharp, Latham and Tom Hill rounding out the top five.

The final segment — with the top eight finishers inverted

for the start — included David Minegar on the pole alongside Tyler Monroe. Behind the leaders were Chris Ratterree, Tom Hill, Latham, Sharp, Bell and Newhouse.

Latham and Newhouse came into the night tied in the point standings and they were just as close throughout the final 30 laps of the main event race.

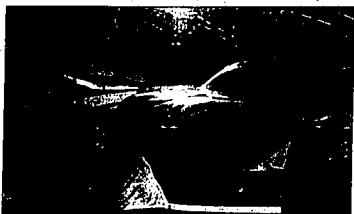
"That was fun. I love racing good buddies like him," Latham said. "He raced me clean and it just came down to

the wire." Newhouse was the big winner in the all-important points standings battle, having collected bonus points for the fastest qualifying time along with passing points and points for a segment win.

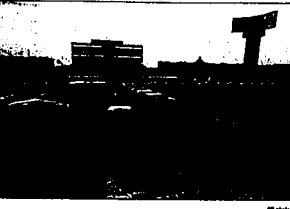
"Our point's night was good, but we just needed one more lap for the win," Newhouse said.

Unofficially Newhouse has taken over the points lead with

Please see MVS, Page B2



Crew members make adjustments to the front of Bobby Latham III's Rocky Mountain Challenge Series car at Magic Valley Speedway after completion of segment one of the unique Platt 200 Saturday night.



NASCAR driver Kurt Busch crosses the finish line, winning the Pennsylvania 500 NASCAR auto race last Long Pond, Penn., at Pocono Raceway on Sunday.

Busch snaps winless streak at Pocono

By Dan Geston
Associated Press writer

LONG POND, Pa. — Kurt Busch dominated from the opening lap and reced his way back into championship contention, cruising to his first victory in 51 races Sunday at Pocono Raceway.

The race didn't include Robby Gordon, who was suspended by NASCAR early Sunday morning for his conduct at the Busch Series race in Montreal a day before.

The win lifted Busch into the 12th and final spot of the Chase for the Nextel Cup standings — one ahead of Dale Earnhardt Jr. — with five races left until the championship races start. Busch hadn't been in the top 12 in points since a 100-point penalty for reckless driving in June knocked him six spots down to 17th.

Now he's back and on his biggest roll of the season.

"I feel like a newborn," Busch said. "I'm ready to run for the Chase."

Busch, who had surged to 13th in the standings entering the Pennsylvania 500, led all but 25 laps and made his second career Pocono victory look easy. The 175 laps led was a Pocono record.

Not even a lug nut problem on pit road under caution late in the race and a hard-charging Earnhardt in the very much. His No. 2 Dodge was clearly the car to beat all day.

Busch fell to ninth on the restart on the 143rd lap, but quickly made up ground and passed the revitalized Earnhardt for the lead with 47 laps left.

The 2004 series champ-

on needs to keep his hot streak going, three top 10s in four races — if he wants to keep his spot for the 10-race Chase for the Nextel Cup championship. It was Busch's first win since March 26, 2006, at Bristol, and he was second in both Pocono races last year.

Earnhardt was second and Denny Hamlin, who swept both races at Pocono last year, finished third. Points leader Jeff Gordon and Jimmie Johnson rounded out the top five.

"Basically we're racing for team morale and wins right now," said Hamlin, second in the standings. "We're racing to try and get the guys pumped up and ready for the Chase."

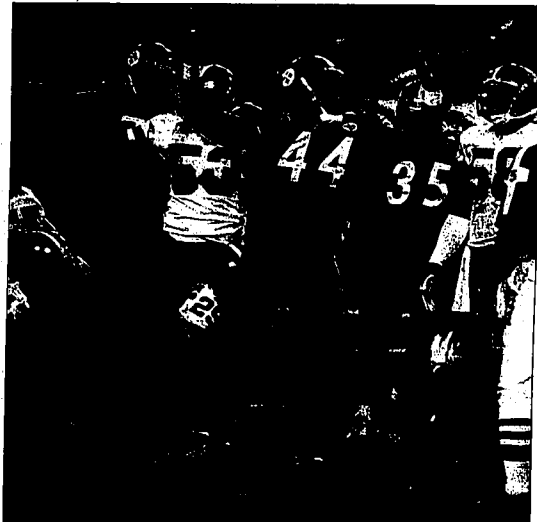
Drivers often complain that the 2.5-mile triangle track with the longest straightaway in NASCAR often leads to one of the most boring races of the season. This one was no exception as Busch led nearly the entire race except for a short stretch near the end, when Earnhardt shook off early trouble with the No. 8 Chevrolet and temporarily took the lead.

Certainly the 500-mile race wasn't as wild or controversial as the Busch Series race Saturday in Montreal. Robby Gordon stepped the debut weekend for the series in Canada with his antics on the track, including his refusal to pull off the track as ordered and celebrating the same time's race winner Kevin Harvick.

NASCAR suspended Gordon for Sunday's race, and additional disciplinary action could come this week. P.J. Jones drove Gordon's car and finished 37th.

Football's back

NFL kicks off preseason with Hall of Fame Game



Pittsburgh Steelers' Najeh Davenport (44) celebrates after scoring a touchdown against the New Orleans Saints in the first quarter, at the Pro Football Hall of Fame football game, Sunday in Canton, Ohio.

The Associated Press

CANTON, Ohio — Moments before Mike Tomlin's debut as Steelers coach, wind-blown rain was pelting the field. Suddenly, the skies cleared, the rain ceased and the stands filled.

Less than three minutes into the game, the Steelers made it feel like a warm, sunny summer afternoon for the man replacing the retired Bill Cowher.

A dominant first half made

Tomlin a winner, 20-7 over the New Orleans Saints on Sunday night in the preseason opener. Just the third head coach in the last 38 years in Pittsburgh, Tomlin had to be thrilled about his team's quick getaway in the Hall of Fame game.

Ben Roethlisberger was sharp in his only series, completing two of his three throws for 73 yards to Cedrick Wilson. On a 55-yard play, Wilson got behind safety Kevin Kawthorn, but he beat New Orleans' top cornerback, Mike

McKenzie, on an 18-yard crossing pattern.

"He came up to me at practice," Wilson said of Roethlisberger, "and told me he was going to be looking for me. I appreciate that and can be thankful for that. I just want to go out and make plays for him and make sure he is one of the best quarterbacks in the league."

Najeh Davenport, starting for 1,400-yard rusher Willie Parker, bulled in from a 47 to a 7-0 lead.

LEGION A Wood River stays alive at state

By John Derr
Times-News writer

HAILLEY — No matter what, Wood River can find a way to win. Either ugly or clean they get it done.

That was the story Sunday. In a three-hour marathon featuring multiple errors and walks, the Wranglers outlasted Centennial 15-14. In the second game, an efficient Wood River squad bested Lewiston 7-2 to stay alive at the American Legion A State tournament Sunday.

Much of the offensive credit goes to Michele Brunker, who finished the day going 7-8, knocking in five RBIs, scoring four runs and smacking five doubles.

In first game of the day Lewiston eliminated Area C champ Blackfoot, 7-6.

Action continues on today at 10 a.m. with the loser of the late game between Bear Lake and Mountain Home taking on Wood River with the first championship game to follow at 1 p.m.

Wood River 15, Centennial 14 — Wood River pounded out 11 hits and scored 11 runs in the first three innings as they appeared to be in cruise control. Not so fast.

Courtesy of nine errors and 10 free passes, the Centennial Cannons climbed back into the game, tying it with a run in the sixth when taking the lead with a pair in the seventh.

Not to worry, the Wranglers have done this all year.

"It has been that way all year. We go to bed, rain it then battle back. We can't do that anymore," said Brunker, who led the Wranglers going 5-5 with three doubles.

Despite the deficit, Wood River was confident in the bottom of the seventh. Sean Bunce singled then came home on Tyler Israel's double to left center.

Brunker led down the perfect bunt to put runners on first and third.

Wood River coach Matt Nelson gave the signal to Trent Seamon's for a suicide squeeze to tie the game.

A pair of walks loaded the bases. Kenny Cardona slapped a grounder to short, but the pitcher was unable to get the out and Brunker scored the winning run.

"No matter what happens these guys don't think they are out of it. When they came up in the bottom of the seventh, they knew they were going to win. You can't teach that," added Nelson.

In the first, it was the opponent who got on the board first. An RBI double by Sean Hill put the Cannons up early.

Wood River responded as Drew Anderson singled while Brunker smashed a double. A passed ball brought home a run while Eric Jacobson's single and an outfield error scored two more. Pat Patterson, limping slightly from an ankle injury, smacked

Please see STATE, Page B2

Bonds' record-tying home run beginning to sink in

By Jamie McCauley
Associated Press writer

SAN DIEGO — Barry Bonds isn't ready to call his next history-making shot.

A day before taking his quest for the record back home to San Francisco, Bonds sat back and took a deep breath to enjoy his 755th home run.

"There's no pressure on me to do this right away. If I keep my mechanics right, I'll keep

won't be around long," Bonds said Sunday. "I'd love to do a lot of things, but a lot of good fortunes have to come with that, too. I'm going to do my best."

Tying Hank Aaron's record on the home run led up Bonds to be crowned the home run king in his 14th year in California comfort zone.

He'll get his first chance at 756 tonight, in the opener of a four-game series with the Washington Nationals. Bonds

said he had heard of Washington's starter for the first game, rookie left-hander John Lannan, but that's about it.

The game, which begins at 7:15 p.m. PDT, will be televised on ESPN2. It's the ninth game the network has added during Bonds' chase for the home run record.

Bonds had a strong feeling

Please see BONDS, Page B2

Bonds hits 755

| | | | |
|--------|-------|-------|-------|
| 13,384 | 2,298 | 2,085 | 0,767 |
| AL | AL | AL | AL |
| 2,297 | 1,979 | 1,979 | 1,979 |
| 16 | 16 | 16 | 16 |
| 1 | 1 | 1 | 1 |
| 308 | 308 | 272 | 272 |
| 47 | 47 | 47 | 47 |
| 8 | 8 | 8 | 8 |

BOUNCES: MLB, Espo Sports Bureau

SPORTS

Glavine gets 300th career win as Mets top Cubs 8-3

CHICAGO (AP) — Tom Glavine joined pitching's most prestigious club with a vintage performance...

The stylish left-hander earned his 300th victory Sunday night with nervous family and friends looking on from near the Mets' dugout on the first-base side.

Glavine left with a five-run lead after 6 1/3 innings and New York's bullpen held on for a 8-3 victory over the Chicago Cubs.

Wife Christine Glavine wiped tears from her eyes as Billy Wagner retired Mike Foutenot on a grounder for the final out...



New York Mets starting pitcher Tom Glavine, second from right, celebrates with manager Willie Randolph, left, as Guillermo Mora replaced Glavine during the seventh inning Sunday during their game against the Cubs in Chicago.

Diamondbacks 3, Dodgers 0

LOS ANGELES — Brandon Webb displayed his Cy Young form in a marquee matchup with two-time All-Star Brad Penny, pitching his fifth career shutout on Sunday...

The NL West-leading Diamondbacks to a 3-0 victory that polished off a three-game sweep of the Los Angeles Dodgers.

Webb (11-8) went up seven hits and struck out four in winning his third straight start. Last season's NL Cy Young winner recorded his first shutout this season and 10th complete game in 153 career starts...

Braves 6, Rockies 5, 10 innings

ATLANTA — Iliquoel Yanez Escobar hit the game-winning single in the 10th for Atlanta. The liner to left easily scored Jeff Francoeur, who had doubled into the left field corner off Taylor Buchholz (6-4)...

Chipper Jones went 3-for-4 with a two-run homer, his 18th of the season. Oscar Villareal (2-1), the Braves' sixth pitcher, earned the win with a scoreless tenth.

Phillies 8, Brewers 6, 11 innings

MILWAUKEE — Wes Helms hit a two-out, two-run double in the 11th inning, and Philadelphia came back from a 6-0 deficit. The Phillies needed five runs in the ninth — including three off Brewers closer Francisco Cordero — just to tie the game...

Padres 5, Giants 4

SAN DIEGO — While Barry Bonds sat to enjoy the record-tying 755th career homer he hit the night before, San Diego finished off a sweep of the slugger team. The Padres tied with injuries and the Giants had to struggle as Barry Zito for one inning. It was the first career relief appearance for the 28-year-old lefty, who retired the Padres in order in the seventh.

tightness in his left forearm after three innings and the game tied at 1. He allowed one run and two hits in three innings, struck out one and walked three.

Marlins 6, Astros 5

MIAMI — Scott Olsen won for the first time in three starts since his DUI arrest, allowing two of Houston's first three hits to score before settling down and retiring 14 of 15 batters during one stretch. Olsen (9-9) struck out eight, limiting the Astros to six hits and three runs in 7 1/3 innings.

National 6, Cardinals 3

WASHINGTON — Ryan Zimmerman hit a tiebreaking single in the eighth inning, and the Nationals' host the Cardinals for their first six-game winning streak in more than a year. With the score 3-3, Nook Logan led off the eighth with a bunt single off Ryan Franklin (4-2)...

Pirates-Reds Ppd.

PITTSBURGH — The Pirates and Reds had their game rained out, and it will be made up as part of a doubleheader Aug. 20.

American League White Sox 3, Tigers 1

DETROIT — All six of the White Sox hit for extra bases, including three RBI doubles, as Chicago beat the reeling Detroit Tigers 3-1 Sunday to complete a three-game sweep. The Tigers, who had the best record in baseball on July 21,

have lost five in a row and nine of their last 10. They stayed a half game behind Cleveland in the AL Central after Minnesota beat the Indians 4-0. White Sox manager Ozzie Guillen said Gavin Floyd might stay in the rotation if he fared well against the Tigers, and the right-hander made a strong case for himself.

Yankees 8, Royals 5

NEW YORK — Hideki Matsui hit his 100th major league home run and Mike Mussina won his third straight start for the surging New York Yankees. Bobby Abreu went 3-for-4 with two RBIs and Melky Cabrera also went deep for the Yankees, who wrapped up a 5-1 homestand and improved to 10-7 since the All-Star break. They moved 11 games over .500 for the first time this year.

Matsui's homer came one day after New York's Alex Rodriguez became the youngest player in major league history to reach 500. A relaxed A-Rod got a rare start at designated hitter in the series finale and went 0-for-1 with a sacrifice fly.

Orioles 11, Devil Rays 3

ST. PETERSBURG, Fla. — Erik Bedard overcame a slow start to win his career-best eighth consecutive decision, as the Orioles improved to 14-8 since the All-Star break. Miguel Tejada, Aubrey Huff and Melvin Moni homered for Baltimore. Bedard (12-4) is 8-0 in his last 10 starts since losing to Oakland on June 10. He allowed three runs in the first three innings but didn't allow another one until leading with two outs in the seventh. He scattered 11 hits and struck out 11, extending his major league-leading total to 192 this season.

Twins 1, Indians 0

MINNEAPOLIS — Scott Baker and Alex Casilla helped the Minnesota Twins gain some ground on their AL Central rivals. Baker (6-4) struck four hits in eight innings, allowing four and walking two. He retired 19 of his last 22 batters as the Twins closed within 4 1/2 games of first place for the first time since May 10. As recently

as July 25, Minnesota was 9 1/2 games back.

Joe Nathan finished the five-hitter for his 26th save in 28 chances, allowing a two-out single to Casey Blake before retiring Victor Martinez on a groundout. Cleveland did not get a runner past second base.

Blue Jays 4, Rangers 1

TORONTO — Matt Stairs doubled three times and drove in two runs, and Dustin McGowan won his third straight decision as the Blue Jays completed a three-game sweep.

Toronto won its eighth consecutive home game and swept a three-game series from the Rangers for the first time since August 3-5, 2000.

McGowan (10-5) allowed one run and eight hits over eight-plus innings, walking one and striking out six. Jeremy Accardo closed it off for his 20th save in 24 chances.

Angels 4, Athletics 3

OAKLAND, Calif. — Garret Anderson and Dustin Pedroia, including the game-tying run in the seventh inning, as the Angels rallied past Oakland to salvage a series split.

Casey Kotchman singled three times and drove in the go-ahead run in the seventh for the Angels, who remain atop the AL West for the 102nd consecutive day. John Lackey (14-6) moved into a tie for the major league lead in wins after giving up three runs on nine hits over 6 2/3 innings. He walked two and struck out five. Lackey has won 11 of his 14 career decisions against the As, his most against any team.

Red Sox 9, Mariners 2

SEATTLE — Manny Ramirez homered and drove in two, Josh Beckett struck out nine and Boston won for the fourth time in five games to remain seven games ahead of the New York Yankees atop the AL East. Manny Ramirez hit his 19th home run on ground on their AL Central rivals. Baker (6-4) struck four hits in eight innings, allowing four and walking two. He retired 19 of his last 22 batters as the Twins closed within 4 1/2 games of first place for the first time since May 10. As recently

— The Associated Press

GOLF ROUNDUP

Ochoa wins Women's British Open

ST. ANDREWS, Scotland — Splashed with champagne, Lorena Ochoa won her first major victory at the home of golf.

She completed a runaway four-stroke victory in the Women's British Open on Sunday following a 1-over-par 74.

Woods wins third straight Bridgestone

AKRON, Ohio — Firestone always seems the perfect place for Tiger Woods to show his best stuff.

This year, the timing could not have been better. In the final event before the final major of the year, Woods buried Rory Sabbatini and the rest of the field Sunday at the Bridgestone Invitational for an eight-shot victory, his third at the tournament.

Weibring passes Haas for 3M Championship title

BLAINE, Minn. — D.A. Weibring birdied the last three holes to overtake Jay Haas and win the 3M Championship by one stroke Sunday. Weibring shot a 5-under 67 for a three-day total of 18-under 198.

Flesch gets third career victory at Reno-Tahoe Open

RENO, Nev. — Steve Flesch shot an even-par 72 in blustery conditions to hang on for a five-stroke victory at the Reno-Tahoe Open, his third career win on the PGA Tour and first in more than two years.

MVS

Continued from page B1 Two events remaining in the 2007 IHMS season.

Pepsi Premier

Steve Jones captured his 10th major win Saturday night but not before a hard-fought closing hole. Jones runs a run for his money. Cautious at laps 42 and 43 in the 50-lap main event race gave Vest a good chance to get around Jones. In his attempt, Vest chose the low line for the first restart and the high line for the latter. But Jones proved once again he is having this season.

Manker's Landscaping Teen Bees

Anthony Avalos looked to have the most event in under control until an aggressive Lane Buddenhagen muscled his way around the No. 7 car with five laps remaining in the main event race. Avalos held on to second, with Lane Albright finishing just ahead of Anthony Meyer and Lyndsey Dentry.

NAPA Four Points

Jonathan Gomez got his first taste of redemption Saturday night after he held off Josh Pitz for the final laps of the 30-lap race and made his way into the winner's circle.

State

Continued from page B1 An RBI single and the route was on. Buncce smashed one to left that hit the base of the wall and played a couple more, chasing Centennial's pitcher with one out in the first.

Wood River 7, Lewiston 2

Despite an injured ankle and a sluggish first inning, Patterson went the distance to earn the victory. "The ankle kind of hurt, but my adrenaline was flowing and we didn't want to lose," said Patterson, who scattered five hits and struck out five.

Wood River 5, Centennial 14

Three free passes gave Lewiston a run in the first. Wood River threatened in the second with three singles, but couldn't get a run across. Brunker smashed his fourth double of the day to get the Wranglers going in the third. Jacobson singled in a run while Condans had

American Legion Class A State Tournament

Table with 2 columns: Game, Date/Time, Location. Games include Wood River 3 vs Lewiston 7, Blackfoot 7 vs Centennial 3, Mountain Home 3 vs Orofino 1, Bear Lake 20 vs Lewiston 1, Wood River 5 vs Emmett 3, Centennial 4 vs Orofino 3, Lewiston 11 vs Emmett 4, Min. Home 8 vs Blackfoot 3, Bear Lake vs Wood River 3, Lewiston 7 vs Blackfoot 6, Wood River 15 vs Centennial 14, Lewiston 7 vs Lewiston 7, Mountain Home vs Bear Lake, late.

Bonds

Continued from page B1 he was headed for history as ball after ball hit his bat and flew over Petero Park's faraway fences during his early batting practice Saturday. Five hours later, Bonds hit an opposite-field drive of 382 feet to left-center to match Aaron's 33-year-old record.

TWIN FALLS FORECAST

Today: A warm and partly cloudy Monday. Flights in the upper 80s.
Tonight: Mild overnight temperatures with a few scattered clouds. Lows in the upper 50s.
Tomorrow: High clouds overcast with overcast readings with partly cloudy skies. Highs in the upper 80s.

BURLEY/RUPERT FORECAST

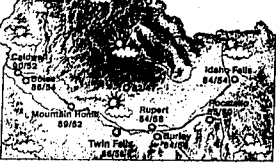
Today: Warm temperatures with passing clouds. Highs in the middle 80s.
Tonight: Another mild night to top. Lows: in the middle 50s.
Tomorrow: Partly cloudy with seasonal temperatures. Highs in the 80s.

IDAHO'S FORECAST

SUN VALLEY, SURROUNDING MTS.
Vents will be busy today and temperatures will be warm. Conditions will maintain this week with partly cloudy skies and warm temperatures.

BOISE
Partly cloudy and another hot day in store for today. There will be little change in the weather pattern this week as temperatures will remain very warm and skies will be partly cloudy.

NORTHERN UTAH
Most locations will have a chance for thunderstorms today. Temperatures will be warm today and tomorrow.



Yesterday's State Extremes: 90 at Boise, 80 at Elk City.
Today's State Extremes: 90 at Boise, 80 at Elk City.
The weather bureau has issued a heat advisory for the Twin Falls area. High temperatures are expected to reach 90 degrees or higher.

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TWIN FALLS FIVE-DAY FORECAST

Table with 5 columns: Today, Tonight, Tuesday, Wednesday, Thursday, Friday. Includes weather icons and temperature ranges (High 68, Low 66, 87/56, 88/57, 91/63, 90/61).

Yesterday's Weather

Table with 2 columns: City, Hi Lo Precip. Lists cities like Boise, Burley, and other Idaho locations with their respective weather conditions.

ALMANAC - TWIN FALLS

Table with 4 columns: Temperature, Precipitation, Humidity, Barometric Pressure. Includes sunrise and sunset times.

Table with 2 columns: Moon Phases, Moonrise and Moonset. Shows moon phases for August 12, 19, 26, and 31.

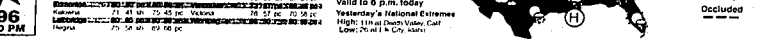
NATIONAL FORECAST

Table with 4 columns: City, Today, Tomorrow, Wednesday. Lists major cities across the US with their forecasted weather and temperatures.

WORLD FORECAST

Table with 4 columns: City, Today, Tomorrow, Wednesday. Lists major world cities with their forecasted weather and temperatures.

TODAY'S NATIONAL MAP



CANADIAN FORECAST

Table with 4 columns: City, Today, Tomorrow, Wednesday. Lists major Canadian cities with their forecasted weather and temperatures.

MINNESOTA

High-tech tools help probe of bridge collapse

MINNEAPOLIS — A helicopter with a camera like those used to film Hollywood movies will soon peer into the wreckage of a collapsed Bridge. Laser-guided surveying equipment has already helped produce a detailed map of the debris. Software re-creating the disaster on a computer screen may even pinpoint the exact piece of bridge that gave way.

Even with the water still filled with debris, investigators are already using this powerful technological arsenal to get answers about why the bridge collapsed into the Mississippi River last week. It is a quantum leap ahead of investigators of previous eras, when crews literally had to put the pieces of fallen bridge back together.

AROUND THE WORLD

EGYPT

Al-Qaida threatens diplomats in video
CAIRO — An American member of al-Qaida threatened foreign diplomats and ambassadors across the Islamic world in a new video Sunday, saying they would be targeted as "spy dens."

IRAQ

Commander links Shiite militiamen to attacks
BAGHDAD — Rogue Shiite militiamen with Iranian weapons and training launched three-quarters of the attacks that killed or wounded American forces in Baghdad, according to a U.S. commander Sunday.

AFGHANISTAN

Bush, President Karzai discuss surging violence

CAMP DAVID, Md. — President Bush and Afghan President Hamid Karzai on Sunday began a search for answers to the deteriorating security and sporadic rule of law in Afghanistan.

INDIA

Sun shines after weeks of flood devastation

BARABANKI — Floodwaters are ebbing as sun beams over the city Sunday, offering a moment of relief to people suffering from waterborne diseases and deliver medicine to prevent the outbreak of epidemics.

ISRAEL

Boy rescued after floating in Dead Sea for 6 hours

JERUSALEM — An 8-year-old Israeli boy spent six hours floating in the Dead Sea alone at night after his father left him there by accident during a family trip, police said Sunday.

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VIRGINIA

Oliver Hill, who argued Brown v. Board, dies

RICHMOND — Oliver W. Hill, a civil rights lawyer who was at the front of the legal effort that desegregated public schools, has died at age 100, a family friend said.

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Now arrange the circled letters
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6. Heeler Rod female, 3400 N.
7. Lab cross, female found at Super 7.
8. Lab Collie cross, yellow and black female, found on Tyler Street.
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Twin Falls, ID 83303
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To apply, please send a cover letter and resume to:
Standlee Hay Company
Attn: Teresa Gerrard
428 S 1700 E,
Eden, Idaho 83325
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209 General
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211 Medical
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| • Borah Avenue East • Maplewood Drive • Sophomore Boulevard TWIN FALLS | • VanBuren • Tyler Street • Harrison Street TWIN FALLS | • Motor Route \$1000-1200 every 4 wks BELLEVOE / HAILEY | • Fremont Street • Lynwood Drive • Walnut Street TWIN FALLS |
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5 Hollow tooth
9 Accumulate
14 Archibald of the NBA
15 Happiness
16 Kind of ivory
17 Leathernecks' org.
18 Roll-call answer
19 Sing sentimental songs
20 Pumps and loafers
22 Sought advice from
24 Singer Phoebe
26 Final authority
27 Kangaroo's first name?
30 least
34 Stadium cheer
35 Transfusion substance
38 Large int. show
39 Exist
40 Mistakes
42 Actor Carney
43 Scrabble creation
45 Crystalline
46 I told you so
47 Stargazer
49 Mexican shawls
51 Requisites
54 Father of a foal
55 Big play in the NBA
59 Land parcels
62 Come to pass
63 Lingerie pieces
65 Angelle aura
66 "A Rage to Live" author
67 Bring under control
68 List-shortening abbr.
69 Ancient harps
70 Front of a calf
71 Mail or broadcast
DOWN
1 Wildbeests
2 Whip strike

14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33
34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61
62 63 64 65 66 67 68 69 70 71

Saturday's Puzzle Solved

HELMS ADAM SMOG
AVAIL LARA ANA
HANKY PANKY EGOS
ASEA ESA OPEN
UNCOUPLED PEICOS
PEA PELLET SAPS
MARS RALPH TREE
OGRS SMITHS TINT
SLIPS ASSAILANT
TEETHES ASS TRY
DEER AIR NAGS
PLOT UNSTEADILY
GOUT POTS LODEN
ANTE TROY INANE

- 3 Earth's envelope
4 Respectable
5 E-connection
6 Guinness of "Star Wars"
7 Peter and Franco
8 Actress Davis
9 Point a finger at
10 Chandler's private eye
11 Oodles
12 gin fizz
13 Hourglass
27 Birds' "The Waltons"
28 Slugger Hank
29 Spike or brad
31 Vix greatly
32 Binge
33 Shopping bags
36 Public hot spring
37 Touse, as hair

993 Motor Homes & RVs

MIDLAND '79, clean, bed, goose rack, fan heater, etc.
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DOGGE '98 Durango White, 4x4, Durango best offer.
Call me 208-280-1403.

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Travel Trailers
907
BELL '78 21 ft. sleeps 6, electric, 11000 lbs.
\$1500/offer. Call 208-280-0576

1001 Aviation

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Travel Trailers
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BELL '78 21 ft. sleeps 6, electric, 11000 lbs.
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906 Snow Vehicles

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Travel Trailers
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31 Earth's envelope

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11 Oodles
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901 ATVs

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WANTED: Golf set, clubs, bags, etc.
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WANTED: 3 wheel scooter, like a Vespa.
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RECREATION

901 ATV
902 Motorcycle
903 Boats & Motors
904 Campers & RVs
905 Snow Vehicles
906 Utility Trailers
907 Other Trailers

RECREATION

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902 Motorcycle
903 Boats & Motors
904 Campers & RVs
905 Snow Vehicles
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906 Utility Trailers
907 Other Trailers

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902 Motorcycle
903 Boats & Motors
904 Campers & RVs
905 Snow Vehicles
906 Utility Trailers
907 Other Trailers

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INSIDE: Don't leave dogs in hot cars either, reader tells Dear Abby, D3



INSIDE: Comics, D2-3 | Horoscope, D2 | Today in history, D3 | To do for you, D4

Younger women, less risk

Is age the key to hormone replacement therapy?

Los Angeles Times

Hormones seemed like the answer for Nancy Adams when her flashes began disrupting her sleep seven years ago. The little pill that she got from her doctor solved the night sweat problem and she slept like a baby once again.

All went well — "until," the Los Angeles resident says, "the study came out." The study that the 58-year-old Adams is talking about was part of the landmark Women's Health Initiative that tracked 16,000 women and tracked doctors and patients alike in 2002 with the news that women taking estrogen and progestin had a higher risk of heart attacks, strokes and breast cancer than women who didn't take hormones.

"It terrified me and everybody else," Adams says. "An estimated 15 million U.S. women were taking hormones at the time, and within a year more than 40 percent of them, Adams included, quit taking turkey. In Adams' case, it was only for a while. Her hot flashes faded, but other bothersome symptoms — vaginal dryness and the frequent urge to urinate — cropped up. After dealing with this duo for some months, she opted for the hormones once again.

"I still have concerns about using hormone replacement therapy — the increased risk of heart attacks, stroke, breast cancer, all those things," she says. "The doctors are still learning about what the effects are, and we are helping them learn. And that is frustrating." But for women like Adams — those younger than 60 who have troublesome menopausal symptoms — hormone therapy recently has been given something of a reprieve. A new analysis of the Women's Health Initiative data suggests that the hormone story is actually two stories — one for women near the age of menopause and one for women age 60 and older who are a decade past that life change.

For older women, the story appears to be written:

Hormones aren't for you.

For younger women who are bothered by menopausal symptoms, the story is more encouraging. Hormones may be a bit kinder to the heart than scientists said back in 2002 when directors of the Women's Health Initiative announced that the risk of heart attack, stroke and breast cancer was increased in women "irrespective of age." Stroke risk is slightly increased for all women on hormones, and breast cancer risk is slightly elevated in women taking estrogen plus progestin. But the risk of heart attack does not, after all, appear raised in younger women — and may even be lowered.

Especially in light of these new data, many doctors and scientists think the wide-scale tossing away of hormone pills five years ago was an overreaction and that many who could have been helped suffered needlessly.

Some things haven't changed. Very few doctors today would suggest women take hormones for anything other than moderate to severe menopausal symptoms — and only for a few years, at that. And there are nuances to the hormone decision based on a woman's health, family history and personal lifestyle.

Despite the uproar and confusion it caused, the Women's Health Initiative revealed important facts, experts say. It reversed a popular theory permeating women's health in the 1980s that hormones benefited every woman. This so-called "forever young" hypothesis suggested that hormones would stave off heart disease, osteoporosis and dementia and keep women looking and feeling young well into old age.

Instead, the study showed that, except for controlling menopausal symptoms and helping prevent osteoporosis, hormones appear to have few preventive benefits for the average woman in the study.

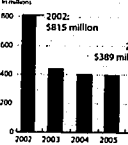
But that average woman in the study was past the age when most women go through menopause.

Because of the age of the

Hormones

Data from two health information companies suggest that women remain wary of the risks of hormone replacement therapy despite research in recent years suggesting hormones may be safer for younger menopausal women.

Total sales of estrogen/progestins (million)



Declining sales
This chart reflects women members of Medco, a leading pharmacy benefit manager, who filled at least one hormone replacement therapy prescription in the first five months of the specified year.

| | |
|----------------------|---------|
| 2006, ages 50-59 | 566,456 |
| 2007, ages 50-59 | 533,705 |
| 2006, ages 60 and up | 408,308 |
| 2007, ages 60 and up | 392,972 |

Source: IMS Health, Medco Health Solutions, Inc.
Lizette Carlson, Los Angeles Times

women in the group, many scientists and doctors have maintained that the 2002 WHI announcement may have done younger menopausal women — particularly those who suffer severe menopausal symptoms, such as hot flashes, night sweats and vaginal dryness — a disservice. Two recent studies analyzing data of younger women in the Women's Health Initiative, with an average age of 55, suggests a different risk-benefit profile.

One study, published in April in *The Journal of the American Medical Association*, Please see **HORMONES**, Page D4

The tam hormone is derived from the Greek *hormain*, meaning "to set in motion." It refers to a chemical substance that has a regulatory effect on a certain organ or organs. There are sex hormones such as estrogen and progesterone, thyroid hormones, insulin, adrenal cortical and pituitary hormones and growth hormones.

Estrogens (estradial, estrone, and estrin) promote the growth and development of the female reproductive system — the vagina, uterus, fallopian tubes — and breasts. They are responsible for the development of secondary sex characteristics — growth of pubic and axillary hair, pigmentation of the nipples and genitals — and contribute to bone formation. The decrease in estrogen after menopause contributes to bone demineralization and osteoporosis, and hormone replacement therapy is often recommended to counteract this problem. Postmenopausal estrogen also prevents atrophic vaginitis, a condition in which the vaginal mucosa becomes thin. Estrogens can be administered only through the skin, vaginally, and intramuscularly.

Progestins combined with estrogens comprise the oral contraceptives that inhibit ovulation by affecting the hypothalamus and pituitary. Progesterone pills and injectives are also effective contraceptives that work by forming a thick cervical mucus that is relatively impermeable to sperm. Although the mortality associated with oral forms of birth control is less than that associated with childbirth, this is not true for women older than the age of 35 years who smoke cigarettes. Their risk of stroke, heart attacks, and other cardiovascular problems is greatly increased. Levonorgestrel (a synthetic progestin) that is implanted beneath the skin of the upper arm in six Silastic capsules and provides birth control for five years.

Androgens consist of testosterone and its derivatives, the anabolic steroids. Testosterone is produced in the testes in males, and small amounts are produced by the ovary and adrenal cortex in females. Testosterone is used to stimulate sexual organ development in androgen-deficient males and to initiate puberty in boys with delayed growth.

The anabolic steroids are testosterone derivatives that provide anabolic activity with less stimulation of growth of the genital organs. The use of anabolic steroids to increase muscle strength and endurance has been universally deplored by the medical community. This practice may have associated long-term effects such as the development of coronary artery disease because of effects on the blood lipids, especially the lowering of high-density lipoproteins. Their use in young athletes can cause premature ossification of the growth zone of bones, stunting growth.

Human chorionic gonadotropin (HCG) is a hormone produced by cells of the placenta that can be extracted from the urine of pregnant women days after fertilization and thus is used in the early detection of pregnancy. It is also used to stimulate descent of the testicles in boys with prepubertal cryptorchidism and to treat infertility in men with underdeveloped testicles. Because it can stimulate the thyroid, it was inappropriately thought to be useful in treating obesity; there is no clinical proof of its effectiveness in this application.

Growth hormone, produced by the pituitary gland, stimulates linear growth and regulates metabolic functions. Inadequate secretion of this hormone by the pituitary will impair growth in children, which is evidenced by their poor rate of growth and stunted bone development. A synthetic preparation of the hormone is used to treat children who have a congenital deficiency of growth hormone.

Adrenal corticosteroids are any of the steroid hormones produced by the adrenal cortex except for the sex hormones. These include the mineralocorticoids (aldosterone) and glucocorticoids (cortisol), the secretion of which is regulated by the adrenocorticotropic hormone (ACTH) produced in the anterior pituitary. Overproduction of ACTH leads to excessive secretion of glucocorticoids (Cushing's syndrome), which also can result from an increased concentration of corticosteroids secreted by tumors of the adrenal gland; conversely, the production of an insufficient amount of adrenal corticosteroids results in primary adrenocortical insufficiency (Addison's disease).

The glucocorticoids are used primarily for their potent anti-inflammatory effects in rheumatic disorders, collagen diseases, dermatologic diseases, allergic disorders, and respiratory diseases and for the palliative management of leukemia and lymphoma. Cortisone and hydrocortisone are less potent than prednisone and triamcinolone, but dexamethasone and betamethasone have the greatest anti-inflammatory potency. Disadvantages of corticosteroid use include the masking of signs of infection; an increase in the risk of peptic ulcers; and the development of swelling and muscle weakness.

Insulin, secreted by the pancreas, is the principal hormone governing glucose metabolism. Insulin preparations were extracted from beef or pork pancreas until recombinant DNA technology made it possible to manufacture human insulin. Three preparations are available: regular (Regular), Semilente (intermediate-acting [NPH]), and Ultralente (long-acting [PZI, Ultralente]). Other antidiabetic agents are available for treating noninsulin-dependent diabetes mellitus (NIDDM), also referred to as adult-onset diabetes, or type II diabetes. The sulfonylureas are oral hypoglycemic agents used as adjuncts to diet and exercise in the treatment of NIDDM.

Thyroid hormones include thyroxine and triiodothyronine, which regulate tissue metabolism. Natural desiccated thyroid produced from beef and pork, and the synthetic derivatives levothyroxine and liothyronine are used in replacement therapy to treat hypothyroidism that results from any cause.

— Source: Encyclopedia Britannica



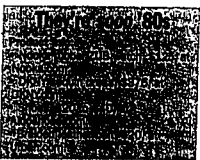
The wide world of hormone therapy

Don't call this fashion a comeback

The Washington Post

It's no surprise when the fashion pack looks to music for inspiration — after all, models have been dating rock stars for years. So, with the return of the synthesized sounds of the 1980s, here come the bright colors and severe shapes of the decadent decade. Proenza Schouler's spring/summer collection, with references to '80s greats Herve Legier and Azzedine Alaïa, epitomized the look with patchwork racer-back tanks in Ellsworth Kelly-inspired stripes or shrunk-in suede wind-breakers with zipper trim.

The look continues into the fall with loud, oversize accessories and such collections as DKNY, in

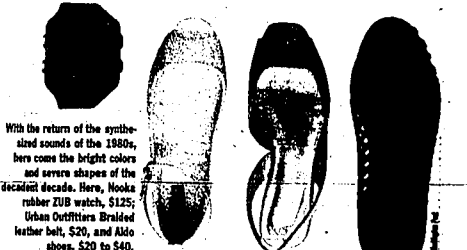
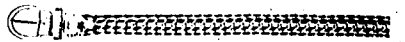


which a boxy tee was reworked into a hot-pink chiffon party piece with graphic sequins.

"It was such an era of confidence. It was punk but romantic, and everything had this edge to it. So the clothing reflects that," says Stacy DiTata, owner of the Remix

The look continues into the fall with loud, oversize accessories and such collections as DKNY, in which a boxy tee was reworked into a hot-pink chiffon party piece with graphic sequins.

vintage boutique in Washington. "And fashion, of course, runs on this 20-year cycle. I mean, Cyndi Lauper was just knocking off the '60s, wasn't she?"



With the return of the synthesized sounds of the 1980s, here come the bright colors and severe shapes of the decadent decade. Here, Mooka rubber ZUB watch, \$125; Urban Outfitters Braided leather belt, \$20, and Aldo shoes, \$20 to \$40.

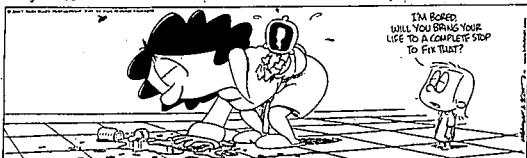
COMICS

B.C.

By Johnny Hart

Baby Blues

By Rick Kirkman & Jerry Scott

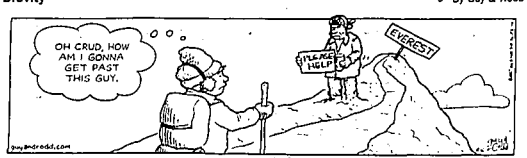


Baldo

By Hector D. Cantu and Carlos Castellanos

Brevity

By Guy & Rodd



Dilbert

By Scott Adams

Doonesbury

By Gary Trudeau



The Elderberries

By Phil Frank and Joe Tropea

For Better or For Worse

By Lynn Johnston



Frank and Ernest

By Bob Thaves

Luan Platter

By Greg Evans

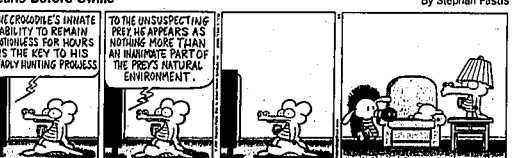


Mallard Fillmore

By Bruce Tinsley

Pearls Before Swine

By Stephan Pastis



Pickles

By Brian Crane

Rose Is Rose

By Pat Brady



Zits

By Jim Borgman and Jerry Scott

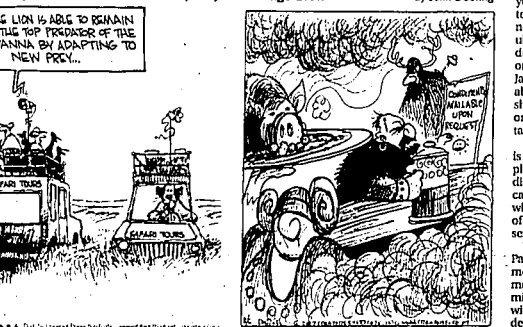


Non Sequitur

By Wiley

Strange Brew

By John Deering



Don't slam door on the way out, Aquarius

IF AUG. 6 IS YOUR BIRTHDAY... HOROSCOPE Leralaine Saunders... GEMINI (May 21-June 20): Check your karma level... AQUARIUS (Jan. 20-Feb. 18): Star-crossed lovers seem to be the norm...

task. Informal working conditions may cause you to rub shoulders with the opposite sex. SCORPIO (Oct. 23-Nov. 21): Dig your teeth into your latest passion... AQUARIUS (Jan. 20-Feb. 18): Star-crossed lovers seem to be the norm...

task. Informal working conditions may cause you to rub shoulders with the opposite sex. SCORPIO (Oct. 23-Nov. 21): Dig your teeth into your latest passion... AQUARIUS (Jan. 20-Feb. 18): Star-crossed lovers seem to be the norm...

COMICS

Beetle Bailey



Blonde



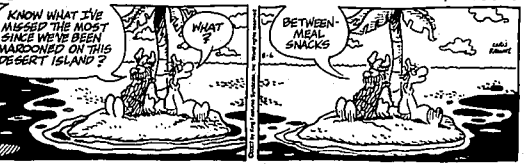
The Born Loser



Garfield



Hagar the Horrible



Hi and Lois



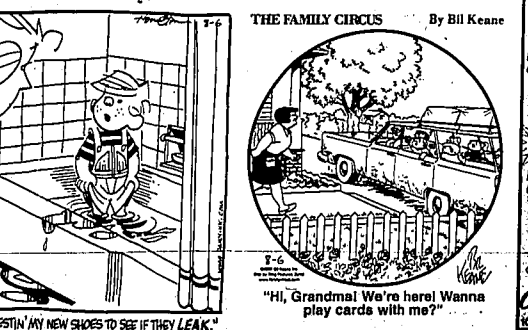
Classic Peanuts



The Wizard of Id



Dennis the Menace



Notify the police immediately if you see dog left in a hot car

DEAR ABBY: For the second time this week, I saw a dog left in a car while its owner went shopping. Please remind your readers that anything over 70 degrees — or even 65 on a sunny day — can mean that the inside of a car will quickly climb to more than 100 degrees!

The dog today, an adorable pug, was panting desperately against the window, which had not even been cracked a couple of inches in an attempt to do the right thing. Abby, the car had a couple of doggie decals on it, as if the owners believe themselves to be animal lovers!

Please also let your readers know it's OK to leave a polite note on a car, telling the owner that it's too hot to leave a dog in a car, and to alert the manager of the store (if they know which one) so an announcement can be made that there is a dog in distress. It's worth the extra minute to try to courteously educate and alert the careless animal owner.

NO DOGS IN THE CAR AFTER MEMORIAL DAY
DEAR NO DOGS: Thank you for your important message. I spoke with Capt. David Howard of the Los Angeles SPCA, who kindly provided the following information: "Leaving a dog in a car can be considered neglect or abuse. There are laws governing cruelty to animals, and enforcement of those laws would fall under local jurisdiction."

So, readers, if you see a pet left in a parked car, the first thing to do would be to alert security personnel for the parking lot. And if the lot has no security personnel on duty, notify the police. Leaving a note on the offender's car is not enough, because the poor animal could be dead by the time the owner returns.

BIRTHDAYS

Actress-singer Abhey Lincoln is 77. Jazz musician Charlie Haden is 70. Actor-director Peter Onorzi is 69. Actor Michael Anderson Jr. is 64. Actor Dorian Harewood is 57. Actress Catherine Hicks is 56. Rock singer Pat MacDonnell (Timbuk 3) is 55. Country musician Mark DuFresne (Confederate Railroad) is 54. Actress S. E. Hagan is 51. Actress Faith Prince is 50. Rhythm-and-blues singer Randy DeBarge is 49. Country singers Patsy and Peggy Lynn are 43. Actor Jeremy Burchard is 42. Country singer Lisa Stewart is 39. Movie writer-director M. Night Shyamalan is 37. Actress Merrin Dungey is 36. Singer Geri Halliwell is 35. Singer-actor David Campbell is 34. Actress Ever Carradine is 33. Actress Soleil Moon Frye is 31.



DEAR ABBY
Jeanne Phillips

DEAR BAFFLED: Announce your engagement. That may be what your parents — and his — are waiting for.

DEAR ABBY: I have been with my boyfriend for two years. He has met my parents and I have met his, but our parents have never met each other.

Every time we try to get them together, they seem to have some excuse not to. My boyfriend and I recently moved in together and threw a small housewarming party. We invited both of our families, and, of course, like we knew they would, one family showed up and then left before the other arrived.

I want us all to know each other because I can definitely see myself spending the rest of my life with this man, but I don't know how to get it to happen!

What should I do?

— **BAFFLED IN LOUISVILLE**

DEAR ABBY: Last year, for our 13th anniversary, I bought my wife a pair of diamond earrings (about 1 total carat). The only thing I did not mention was that they were man-made diamonds and cost only about one-fourth of the real thing.

Abby, she lost the earrings on a recent trip and is heartbroken. I hate to see her feel this guilty. I want to tell her the truth, but I'm toru because I don't want her to think I'm cheap for getting her man-made diamonds instead of real ones.

— **TO TELL OR NOT TO TELL IN HOUSTON**

DEAR TO TELL OR NOT TO TELL: There is a way for you to expiate your guilt. Buy your wife another pair of earrings — and this time make them the real thing.

(PS: Because of your wife's record, be smart and insure them.)

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Welcome Dr. Fall!

Magic Valley Women's Health welcomes Dr. Laura Fall to our practice. Dr. Fall joins us from Family Health Services and has many years of experience in women's health care. She is now scheduling appointments to see patients with women's medical issues.

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TO DO FOR YOU

About childbirth

Prepared childbirth classes will be offered from 6:30 to 9 p.m. Tuesdays, this week through Sept. 4, in the lobby at St. Luke's Magic Valley Regional Medical Center's downtown campus, 660 Shoshone St. E., Twin Falls.

The class will include instruction on wishes of the mother, labor and delivery process with relaxation and breathing techniques, care of the postpartum mother and care of the newborn including breast feeding and bottle feeding and a video tour of the Women's and Infant Center.

Wear comfortable clothing and bring two pillows and, if possible, a support person.

Cost is \$50. Preregistration is required; call 732-3140.

Bariatric support

The Bariatric Support Group for patients who have undergone bariatric surgery will meet at 7 p.m. today at St. Luke's Magic Valley Regional's Education Center, 588 Addison Ave. W. in Twin Falls.

For information, call 200-1337.

'Baby and Me'

St. Benedict's Family Medical Center offers "Baby and Me" classes from 11 a.m. to noon Tuesdays at the Jerome Recreation District, 2032 S. Lincoln.

The session is for parents of children from infancy through

toddler years. The class is free. Call 324-7262.

Alzheimer's support

Bridgeview Estates will hold an Alzheimer's Support Group meeting from noon to 1:30 p.m. Wednesday in the Great Room at Bridgeview Estates, 1828 Bridgeview Blvd. in Twin Falls.

The group is for Twin Falls County residents who have family members with Alzheimer's.

A free lunch will be provided. Reservations are required; call Maureen Brierley at 736-3933.

About Alzheimer's

Rosetta Estridge will hold

Alzheimer's Support Group meetings from 6 to 7 p.m. Wednesday and from 2 to 3 p.m. Saturday at the center, 1177 Estridge Court in Twin Falls.

The group is for Twin Falls County residents who have family members with Alzheimer's.

Call Lisa Jomed at 734-9422.

About childbirth

St. Benedict's Family Medical Center will offer the second class of the prepared childbirth series from 6 to 8:30 p.m. Wednesday at the Jerome Recreation District, 2032 S. Lincoln.

Topics will include the birth process and breathing techniques. Bring two pillows, a blanket and, if possible, a sup-

port person. The suggested fee is \$5 per class. To register, call 324-1122, ext. 3361.

Refresher course

A childbirth refresher course will be offered from 6:30 to 9 p.m. Thursday in the lobby at St. Luke's Magic Valley Regional's downtown campus, 660 Shoshone St. E. in Twin Falls.

Childbirth preparation and procedures will be reviewed, along with a video tour of the Women's and Infant Center.

Cost is \$20. Preregistration is required; call 732-3140.

Picnic for cancer survivors

A picnic for cancer sur-

vivors will be held at 6 p.m. Aug. 13 at the Heider Pavilion at Rock Creek Park in Twin Falls.

The picnic will be held instead of the Breast Cancer Support Group's regular August meeting. Free admission. For reservations, call Mary at 734-1766 or Lydia at 933-4053.

"To do for you" is a listing of health-related activities, events and education. Submit information by Thursday for publication in the following Monday's issue section. Mail notices to the Times-News, P.O. Box 549, Twin Falls, ID 83303, or deliver to our office at 132 Fairfield St. W. or e-mail ramona@magicvalley.com.

Hormones

Continued from page D1

reported that although the risk of heart attacks is increased in those who initiate therapy more than 10 years after menopause, the risk is not increased in women who start hormones less than 10 years after.

This analysis of more than 27,000 women combined data from the women in the study who took only estrogen with those who took estrogen and progestin. It found the risk of stroke was higher for all ages but the risk of death from any cause was lower in women who were 50 to 59 when they started taking hormones, either estrogen alone or estrogen with progestin.

And in June, an analysis published in the *New England Journal of Medicine* reported that among younger women, whose goal goes through menopause after having hysterectomies, those who took estrogen alone had a faster buildup of calcium plaque in their coronary arteries compared with women who hadn't taken estrogen. Calcium plaque is a risk factor for heart disease.

The study looked at 1,064 women who were ages 50 to 59 when they started taking estrogen and who took the hormones for an average of five years. Although the study examined only estrogen, some experts say women ages 50 to 59 taking estrogen plus progestin might also see similar benefits. That's because it is the estrogen that is thought to slow the early stages of plaque buildup in coronary arteries.

But no one knows for sure if younger menopausal women taking estrogen plus progestin might experience this benefit, says Morcin Stefanick, a professor of medicine at the University's Prevention Research Center who chaired the WHI steering committee.

Women who still have a uterus must take progestins to protect themselves from a raised risk of uterine cancer that comes from taking estrogen. "The data don't apply to that group," Stefanick says. "They apply to women who specifically had a hysterectomy and had their ovaries removed. These weren't women who started hormones at the time of menopause. I think it would be a mistake to extrapolate that." Nonetheless, the addi-

A brief history

- **Before the Women's Health Initiative**, hormone replacement therapy was widely prescribed for women at menopause and (increasingly) beyond. Here's a timeline of some key events.
- **19th century**: Scientists observe that extracts of ovaries can alleviate hot flashes.
- **1930s**: Hormone therapy begins for menopause symptoms.
- **1942**: Premarin, a mixture of estrogens, is approved by the U.S. Food and Drug Administration. Numbers of women taking hormones increases.
- **1988**: "Feminine Forever," a best-seller by New York gynecologist Robert A. Wilson, promotes hormones as a way to avoid "the tragedy of menopause." Numbers taking hormones, for longer periods of time, rise further.
- **1970s onward**: Studies build,

tional data are still evidence that cardiovascular effects of hormones differ in women depending on age, says Dr. Jacques Rossouw, chief of the Women's Health Initiative Branch at the National Heart, Lung and Blood Institute. "Linking those studies together, we can say it doesn't appear to be any increased risk for cardiovascular disease in younger women," he says. "And that is reassuring for women who want to use it for four to five years."

Although scientists "don't know for sure why the effects of hormones on the heart would be different for younger and older women, they do have theories based on animal and human experiments. Lab studies show that estrogen increases levels of nitric oxide in blood vessels, which protects the heart, and limits free radicals, which can damage blood vessels. Estrogen also improves blood cholesterol profiles (although progestins seem to blunt this effect).

For these reasons, many doctors now think hormones may have beneficial effects in women whose arteries are still healthy. Age may be key here, says Dr. C. Noel Bairey Merz, medical director of the Preventive and Rehabilitative Cardiac Center at Cedars-Sinai Medical Center in Los Angeles.

By the time women reach the average age of those in the

suggesting hormone therapy protects bone, heart and brain but raises the risk of breast cancer and stroke.

- **1978**: Study reports rise in cases of endometrial cancer in women taking estrogen after menopause. Progestins are added to hormone therapy to protect the uterus.
- **1992**: Acknowledging a dearth of studies on women's health, the federal government launches the \$340 million Women's Health Initiative. Among other things, the study explores risks and benefits of hormone therapy. One arm tracks 16,808 women taking either estrogen and progestin or a placebo.
- **Another**, on women who've had hysterectomies, studies estrogen alone.
- **2002**: The National Institutes of Health stops one arm of the WHI: the estrogen-plus-progestin study, after an increased risk of breast cancer, coronary heart disease, stroke and pulmonary embolism is seen in partici-

WHI, may well have begun to develop heart disease, such as the accumulation of atherosclerotic plaque. Once that has happened, other actions of the hormones, such as the ability to promote blood clots, may contribute to the increase of heart attacks and stroke.

What this means is that age

is a strong guide to whether taking hormones will be harmful or not, although not an absolute one, Bairey Merz says. "It's possible there may be 70-year-olds with pristine arteries — no plaque — and they would be able to use hormones with no risk," she says.

- **2004**: NIH stops the estrogen-only arm of the WHI study, because the hormone increases the risk of stroke. Later findings show there is no heart disease protection benefit.
- **2006**: Analysis shows there is no increased breast cancer risk for women taking estrogen alone.
- **April 2007**: Analysis of WHI data shows that the risk of heart attack may not be increased in women who start hormones less than 10 years after menopause. Risk of stroke is increased regardless of years since menopause.
- **June 2007**: Study shows that women ages 50 to 59 taking hormones have significantly less calcium plaque in coronary arteries; a risk for heart disease.

— **Sources**: National Heart, Lung and Blood Institute, Los Angeles Times

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You might well have concluded that you needed an expert's help. So you met with your travel agent. After being apprised of your needs and desires, she no doubt spent considerable time putting together an itinerary including known cost and applicable insurance to cover unforeseen circumstances.

Financial planning is a process just like planning for your vacation. The hope for this series on financial strategies is to help you realize: Retirement may be the longest vacation you will ever have.

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PRIMARY THERAPY SOURCE

Zeke Kelsey joined the Primary Therapy Source staff this summer after receiving a Master of Science in Speech-Language Pathology from Utah State University in May. He is a member of the National Speech-Language and Hearing Association and his educational and clinical areas of emphasis include pediatric oral motor feeding, fluency, language, articulation, motor speech disorders, and augmentative communication. He completed clinical internships in school settings, a pediatric outpatient clinic, adult inpatient rehab, ICU and acute care settings. Zeke enjoys working with both adults and children.

Zeke is a graduate of Kimberly High School. He and wife Jill are parents to a daughter and son. The Kelseys are excited about making their home in the Magic Valley. They look forward to spending time with extended family and getting connected in the community.

Zeke Kelsey, MS
Speech-Language Pathologist

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